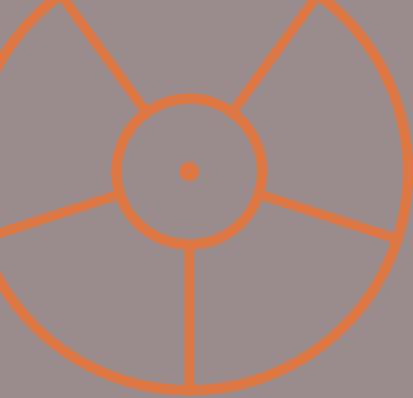




Auroville NEWS & NOTES

No 1135 - A weekly bulletin for residents of Auroville

23 July 2026



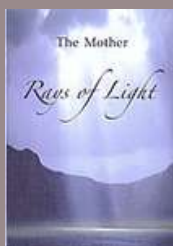
PONDERING

A new world is born, said the Mother. At present, we are in the midst of a transitional period in which the two are intermingled: the old world hangs on, still very powerful, still controlling the ordinary consciousness, but the new one is slipping in, so modest and unobtrusive that, externally, it doesn't change too much, for the moment.... But it is working, growing, and one day it will be strong enough to assert itself visibly.

The Mother/Satprem, Conclusion, Sri Aurobindo or the Adventure of Consciousness



RAYS OF LIGHT



First Edition 1997, Fifth Impression 2011

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Published by Sri Aurobindo Ashram Publication Department, Pondicherry, 605002

Web <https://www.sabda.in/>

Printed at Sri Aurobindo Ashram Press, Pondicherry

THE BASES OF YOGA

CONTROL OF SPEECH

page 81

The world is deafened with useless words.

*

You must always do what you say, but it is not always wise to speak about everything you do.

When you speak, you must always speak the truth; but sometimes it is better not to speak.

18 December 1951

*

When speaking of physical things one should have a lively, pleasant, witty style.

When speaking of vital things the style should be eloquent.

When speaking of mental things the style should be clear, precise, exact.

When speaking of psychic things one must be inspired.

23 January 1953

*

Boasting, boasting - one of the greatest obstacles to progress. It is a foolishness one must carefully avoid if one aspires to true progress.

page 82

It is always a sign of strength to be able to say things gently and it is always weakness that bursts out into unpleasantnesses.

18 April 1956

*

Anger has never made anyone say anything but stupidities.

When, in ignorance, one speaks ill of others, he debases his consciousness and degrades his soul.

A respectful and modest silence is the only attitude befitting a disciple.

*

To cure a critical sense that manifests by incontinence of speech:

- 1) When you are in this state, absolutely refuse to speak - if need be, make it physically impossible for yourself to speak.
- 2) Study yourself without pity and realise that you carry in yourself precisely all the things that you find so ridiculous in others.
- 3) Discover in your nature the opposite way of being (benevolence, humility, goodwill) and insist that it develop to the detriment of the contrary element.

11 October 1958

page 83

True strength and protection come from the Divine Presence in the heart.

If you want to keep this Presence constantly in you, avoid carefully all vulgarity in speech, behaviour and acts. Do not mistake liberty for licence and freedom for bad manners. The thoughts must be pure and the aspiration ardent.

26 February 1965



Spiritual speech

All-powerful in its simplicity. - *The Mother*

Asparagus densiflorus (Kunth.) Jessop.

'Sprengeri', Liliaceae.

Sprenger asparagus, Sprengeri, Emerald fern,
Emerald feather

NEWS & NOTES GUIDELINES

DEADLINE FOR SUBMISSIONS:

TUESDAY 5PM

The content of News & Notes is a reflection of the growth process of this community towards its ideals of Harmony, Goodwill, and Truth. Editing of submissions, mainly for reasons of space and clarity, is done according to an established policy.

RA NEWS & NOTES - A QUICK GUIDE



What We Publish

- Working group announcements and reports
- Residents' voices and personal sharings
- Free cultural events open to all residents
- Information from essential services
- Content that strengthens community-building in Auroville

Working Groups & Foundation Office Content

- All RA Working Group announcements will be included
- Links to Foundation Office content will be provided without duplication
- Direct submissions from Foundation Office groups will be included as regular content

What We No Longer Publish

- Commercial activities and paid workshops
- Non-community-focused events
- Content from "Activities & Events," "Food, Goods & Services," and "Classes, Workshops and Healing Arts" sections

Exceptions

We may consider including content that falls outside these guidelines if:

- It is submitted exclusively to RA News & Notes
- It has significant community benefit
- It aligns with our service-oriented focus

Submission Guidelines

- Deadline: **Tuesdays at 5pm**
- Email: newsandnotes@auroville.services
- Content must be community-building focused:
 - Open and accessible to all community members
 - Not profit-oriented
 - Contributing to collective growth or well-being
 - Promoting Auroville's ideals and values

-
- For further information, please [click here](#) 😊 to view our complete FAQ document.
 - For past issues or to subscribe, visit: auroville.media/newsandnotes

We thank you for your collaboration and understanding.

DISCLAIMER:

Please note that the opinions and views expressed on these pages are solely those of the respective authors or work groups and do not necessarily reflect the position of the editors or the larger Auroville community. The News & Notes aims to provide a platform for the publication of diverse perspectives and voices from multiple sources within Auroville.

While our editors strive to ensure the accuracy of the information presented, we cannot guarantee that all information is free from error or omission. Additionally, we cannot be held liable for any alleged misinformation provided or offence caused by the content published.

In the event of any dispute, we encourage readers to consult with the Auroville Council, and we reserve the right to suspend the publication of disputed material. Our commitment to providing an open and inclusive platform for dialogue and exchange of ideas remains steadfast.

The News & Notes Team
newsandnotes@auroville.services

LIST OF ACRONYMS:

- **AVF** (Auroville Foundation),
- **AVFO/FO** (Auroville Foundation Office),
- **GB** (Governing Board),
- **RA** (Residents' Assembly)

The following groups are divided in two categories: The groups selected by the Residents' Assembly through Community decision making Processes and the groups put together by the GB and the FO (*not recognised by the Residents' Assembly*).

Working groups selected by the Residents' Assembly:

- Working Committee (RA WCom)
- Funds and Assets Management Committee (RA FAMC)
- Budget Coordination Committee (RA BCC)
- Town Development Council / L'avenir d'Auroville (RA TDC)
- Auroville Council (AVC)
- Entry Service (ES)

GB groups:

- Working Committee (GB WC)
- Funds and Assets Management Committee (GB FAMC)
- Budget Coordination Committee (GB BCC / GB BCS)
- Auroville Town Development Council (GB ATDC)
- Housing Service (GB HS)
- Land Board (GB LB)



NOTE FROM THE EDITORS



Dear Community,

Here is some important information:

- If you would like to support the RA N&N, please send us an e-mail at newsandnotes@auroville.services.
- Content sent through [@auroville.org.in](https://auroville.org.in) mail ID will only reach us if you use this [FORM](#) to submit your content.
- The mail ID to submit content is: newsandnotes@auroville.services
- Due to limited funding, please understand that we only provide printed copies to **public/shared spaces**.

Thank you for reading and for your continued support!

In community,

The RA Community Edition News & Notes Team 

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FO GROUPS NEWS

(not selected by due Residents' Assembly process)

FROM THE FO N&N 1140

Please click [HERE](#) to read the FO groups' news

COMMUNITY NEWS

COMMUNITY SHARING

MICHAEL DANINO IAC MEMBER SPEAKS ABOUT AUROVILLES' CURRENT SITUATION



Michel Danino came to India in 1977 and spent five years in Auroville. A scholar of ancient India, author and educationist, he taught courses on Indian civilization at several institutions such as IITs and an IIM. As a member of the last International Advisory Council of Auroville Foundation, he was interviewed when he visited the exhibition "Auroville, an experiment under threat" held in Puducherry on 12th July 2026. His testimony offers a candid view of the last Governing Board failure to understand Auroville.

[You can find the video here.](#)

VOICES OF AUROVILLE - ISSUE 11 (JULY 2026)



ISSUE 11
JULY 2026

Dear community,

We are sharing with you the 11th issue of *Voices of Auroville* magazine. All links have been repaired

The past four months have brought further forcible expulsions, violent confrontations at the Youth Centre and the Town Hall, and court rulings that have narrowed residents' legal standing. They have also brought new acts of

Voices of Auroville

News & Highlights from the Auroville Community



This is an independent publication, neither by citizens of Auroville nor by the Auroville Foundation. It is committed to transparency, honest reporting, and giving voice to the residents of Auroville.

in partnership with
AUROVILLE
Media Union

solidarity, wider national attention, and voices from within and without the community speaking with clarity and conviction. It is all documented here, as always with fact-based reporting.

Since the closure of *Auroville Today* in late 2025, the need to give space to community voices has only grown. This issue features three exclusive interviews and one personal reflection.

We invite you to read the newsletter, the magazine, and to share both freely.

- **Short newsletter:** [click here](#)
- **Full issue:** [click here](#)
- Earlier issues: [click here](#)

To subscribe [click here](#), and to share feedback, write to voa@auroville.services.

Our deep gratitude goes again to all who contributed content and photographs to this issue, and to our readers for their continued support and trust.

In community,
The Voices of Auroville Editorial Team

AUROVILLE LIBRARY - BACK TO REGULAR SCHEDULE FROM 1ST JULY



Auroville Library is back to its regular schedule
from 01st July 2026.

Our working hours are:

Mornings: 9am - 12:30pm Monday to Saturday

Afternoons: 2pm - 4:30pm Monday to Saturday
(except Tuesday: 4pm - 6:30pm)



YUVA SANGHA IS OPEN!



Dear Community,

Yuva Sangha (formerly Kailash) has reopened its doors a few months ago and is already taking shape, with four residents currently calling it home!

We know that many young people have been struggling with housing in Auroville, and we want the youth of our community to know that Yuva Sangha is here for them.

If you're between 18–26 and feel like contributing your energy, ideas & presence, we'd love for you to be part of shaping this community with us ♥

Open to volunteers, newcomers, and Aurovilians.

If it resonates, here's the form:
<https://forms.gle/Jr5Lhgcvx5iTakS99>

For any queries, contact us via email at
yuvasangha@auroville.org.in

Ivy
for the YouthLink Team



FOR YOUNG PEOPLE LIVING AND WORKING IN AUROVILLE

To interns, young volunteers and professionals in Auroville, And curious youth of Auroville, this is for you

Many of you have likely arrived through a particular project, internship, apprenticeship, volunteer programme, or field of work; or as youth of Auroville, are involved today in one or two particular areas of work. Yet Auroville itself is much larger than any single unit, profession, or area of activity.

Alongside your work placement, SAIER would like to invite you into [a complementary learning journey](#) shared with other young people currently living and working in Auroville.

We propose to explore the deeper context from which Auroville emerges.

This will include:

- **Weekly or bi-weekly Exploration of the context and raison d'être of Auroville, Sri Aurobindo's and The Mother's works, and the ancient Indian quest for meaning and purpose of life.**
- **Consolidated information on and strong encouragement of a regular physical education practice during their stay in Auroville.**
- **A weekly moment for reflection, dialogue, and self-assessment among interns from different units and fields of study.**

The intention is to create a space within your work schedule, in which these questions can be explored and the practical work of daily life can be placed within a wider scope.

An [email has been sent to units of Auroville](#) to invite them to explore this possibility. And ensure that if you are interested you will be supported in this exploration.

If this resonates with you, we invite you to fill out [this short form](#).

We have already had a first meeting this week and the exploratory sessions are beginning.

We look forward to meeting you.

Aurevan
for SAIER



Super School
Initiative





RESIDENTS SPEAK

VISION DOCUMENT : REVITALISING AUROVILLE : 2026 - 2035



VISION DOCUMENT : REVITALISING AUROVILLE : 2026 - 2035

*Grounding the Evolving Galaxy Plan
through National Collaboration & Harmonious Self-Governance*

EXCERPT

1. Visionary Framework: The Call of Universal Oneness

ॐ सह नावतु। सह नौ भुनक्तु। सह वीर्यंकरवावहै।
तेजस्विनावधीतमस्तुमा विद्विषावहै॥
ॐ शान्तिः शान्तिः शान्तिः ॥

"May we be protected together. May we be nourished together. May we work together with great energy. May our study be vigorous and effective. May we never foster animosity among ourselves. Om Peace, Peace, Peace." — Taittiriya Upanishad

This timeless Vedic invocation of collective aspiration, mutual respect, and shared progress serves as the foundational light for the development of the Auroville Universal Township. It directly mirrors the evolutionary truth sung by Sri Aurobindo in his epic poem, *Savitri*:

"Heart feels for heart, limb cries for answering limb; All strives to enforce the unity all is."

Auroville was conceived not as a static historical settlement, but as a dynamic focal point where humanity could learn to live from the soul rather than the ego. To build a township that physically manifests this consciousness, the original, highly visionary **Galaxy Plan** must be transitioned from a conceptual sketch into a grounded, living reality. In its early formulation, the layout lacked the concrete socio-economic and modern infrastructure mechanisms necessary for an urban centre. As one of the world's oldest, most enduring intentional communities, Auroville represents a living laboratory for human evolution and environmental stewardship. From its inception in 1968, when youth from 124 nations poured soil into a lotus-shaped urn, the township has evolved into a uniquely diverse collective of over 3,000 residents from more than 50 countries. This grand experiment has succeeded not in isolation, but through the consistent, active support of the Government of India, which has uniquely recognised its potential to model the future of human habitation. Historically, Auroville holds an unmatched institutional legacy in turning barren, severely eroded wasteland into a thriving, self-sustaining tropical ecosystem. This history of eco-restoration provides an active template for addressing today's global climate crisis. By pioneering decentralised water harvesting, indigenous afforestation, and zero-waste networks, the township demonstrates how dense urban populations can coexist regeneratively with nature.

[***Read the full document here***](#)

MASTER POLICY REPORT ON STRUCTURAL REFORMS FOR THE AUROVILLE ECONOMIC ECOSYSTEM

AUROVILLE FOUNDATION

AUROVILLE ECONOMIC ECOSYSTEM

JULY 2026



MASTER POLICY REPORT ON STRUCTURAL REFORMS FOR THE AUROVILLE ECONOMIC ECOSYSTEM

EXCERPT

To,
The Governing Board &
Funds & Assets Management Committees of the Auroville
Foundation: FAMC: *Comprehensive Economic Reforms,
Institutional Credit Mobilisation, Asset Tenancy Systems, and
Livelihood Standardisation*

1. Introductory Preamble: The Metaphysics of Material Organisation

The fiscal and administrative optimisation of the Auroville Universal Township cannot be divorced from its core evolutionary trajectory. As Sri Aurobindo delineates in *The Life Divine*, true spiritual realisation does not reject the material matrix, but rather insists upon its radical transfiguration:

"The spiritual life findeth not its full sense in a lonely wilderness or a secluded cell, but in a life lived in the world, a life of action, a life of relation, a life of expression, which is yet lived from within outward."

To treat the economic administration of the township as a purely utilitarian, secular mechanism is to misunderstand the integration required for an intentional township. Economics, in this paradigm, is the outer orchestration of a deeper, harmonious collaborative force. It is the conscious alignment of material resources to support human progress. On the execution of work and the cultivation of an efficient, professional, yet inner-driven collective capacity, Sri Aurobindo's writings on action and organisation provide a foundational principle:

"To do work in a close, corporate harmony, without friction, without egoistic self-assertion, with a single mind dedicated to the common object, is the first necessity of a successful collective endeavour."

Sri Aurobindo's sociological exposition in *The Human Cycle* cautions against the rigid, mechanised systems that stifle organic community growth:

"A society that is secure, stable and comfortable, but static, uniform and unprogressive, is a prison, not a true field for the soul's development."

The foundational mandate of the township is anchored within the **Charter of Auroville (1968)**, which explicitly establishes that

"Auroville will be a site of material and spiritual researches for a living embodiment of an actual Human Unity."

It further commands that

"Auroville will be the place of an unending education, of constant progress, and a youth that never ages."

This dynamic evolution requires the township to continually learn

from and integrate the best operational, financial, and organisational practices of India and the world, serving as a scalable laboratory for social innovation. Conversely, the township's internal breakthroughs are intended to offer practical models back to the global community.

Read the full document [here](#)

BY DUSTUDIO / DVJ

WHAT KEEPS SINCERITY SINCERE?

Before You Read

This reflection arose from a question that has stayed with me throughout the ongoing crisis in Auroville.

Many people on opposing sides sincerely believe they are serving the Mother's vision. Yet they often arrive at profoundly different conclusions, and the wake they leave behind is marked by conflict, mistrust and division.

If sincerity is, as Sri Aurobindo writes, an indispensable condition of the Integral Yoga, how do we understand this? Is sincerity alone enough? Or can it become mixed without us realising it?

Drawing on Sri Aurobindo's writings on sincerity, aspiration, rejection, surrender and the Intermediate Zone, this essay explores what it might mean to preserve sincerity rather than merely possess it. It also reflects on one practical way of recognising these inner movements through the wake we leave behind as they find expression in our cognisance, communication and conduct.

It does not attempt to determine who is right or wrong. Rather, it invites a question that I have found increasingly difficult to ignore:

What keeps sincerity sincere?

"There is one indispensable condition, sincerity."

— Sri Aurobindo, Letters on Yoga II, CWSA Vol. 29, Chapter 4, The Meaning of Sincerity.

Anyone following the ongoing crisis in Auroville will clearly see that two broad sides have emerged over the past five years. One is broadly aligned with the Secretary and her administrative office; the other comprises many concerned residents.

One of the most confusing aspects of this ongoing crisis, however, is not its legal, administrative or political dimensions. It is that people on both sides sincerely believe they are serving the Mother's vision and protecting the future of Auroville. Yet they have found themselves on opposite sides of a profound divide, and their words and actions often stand in direct opposition to one another.

This has led me to sit with a question that feels far more important than deciding which side is right.

It left me wondering whether sincerity, indispensable though it may be, could by itself be enough to claim that one is doing Their work or is a fit instrument of Their Will.

If there are sincere people on both sides of this divide – people who sincerely believe they are serving the Divine's work – then sincerity, indispensable though it may be, cannot by itself be enough. Can it?

For if sincerity alone were enough, would the absence of harmony between the two sides, the suffering, destruction, division, mistrust, injustice, loot and polarisation that so many experience today also have to be accepted as natural expressions of sincere spiritual work?

This didn't make sense to me.

Which led me to wonder: What if sincerity itself becomes mixed? What enables us to become sincere enough to recognise when our aspiration remains true, and when it has become mixed with something else?

What keeps sincerity sincere, and how do we discern?

Sri Aurobindo writes:

"Sincere is simply an adjective meaning that the will must be a true will. If you simply think "I aspire" and do things inconsistent with the aspiration, or follow your desires or open yourself to contrary influences, then it is not a sincere will."

— Sri Aurobindo, Letters on Yoga II, CWSA Vol. 29, Chapter 4, "The Meaning of Sincerity."

Perhaps the greatest danger, then, is not insincerity. It is being sincerely mistaken.

Perhaps what is required is a deeper discernment, not distinguishing truth from falsehood, but discerning the forces moving within ourselves.

Sri Aurobindo gives us a glimpse of what such discernment looks like:

"When you have reached the stage of clear discernment where the highest Light is turned on all things that come, then experiences of many kinds may be safely faced, but now a strict vigilance must be exercised and all diversions rejected."

— Letters on Yoga III, CWSA Vol. 30, Experiences: Subtle Physical, Vital and Mental

Sincerity now takes on a much deeper meaning. It is no longer merely honesty of intention; it is a dynamic state to be actively preserved. It asks us to be vigilant and notice when our aspiration has become mixed with desire, preference, ego or contrary influences.

How?

As any sincere Sadhak knows, the practice of Integral Yoga rests on three simultaneous movements: **Aspiration. Rejection. Surrender.**

Aspiration

Our aspiration is the steady call towards the Divine Truth — not towards victory, vindication or the fulfilment of our own ideas, but towards Light, Peace, Truth and the Divine Consciousness itself.

Rejection

Rejection is the vigilant refusal of everything that clouds our consciousness: ego, desire, ambition, fear, pride, self-righteousness, preference, resentment, falsehood, and every influence that seeks to replace the Divine's guidance with its own.

Surrender

Surrender is the willingness to consecrate every part of ourselves to the Divine — not to insist on one's ideas, desires, habits etc.

As these deepen in sincerity, they gradually cultivate the discernment needed to distinguish the movements of Truth from those of the ego and the lower nature.

Everyone speaks of aspiration. Surrender too finds its rightful place in our conversations.

But I sometimes wonder whether it is rejection that receives the least attention, even though Sri Aurobindo returns to it again and again throughout his letters. Perhaps it is because rejection is the least celebrated of the three movements, yet the one that quietly keeps the other two true.

Aspiration turns us towards the Divine. Surrender offers ourselves to the Divine. But it is rejection that continually clears away everything that quietly seeks to stand in between.

It is with rejection that one can preserve sincerity.

But what happens when rejection weakens?

When Falsehood Wears the Garments of Truth - *This is precisely why Sri Aurobindo warns of what he calls the Intermediate Zone.*

The danger here is not obvious evil when rejection weakens. It is falsehood appearing as truth. The seeker becoming increasingly convinced that he is carrying out the Divine's Will, while the very movements that should have been rejected have merely taken on subtler disguises.

Sri Aurobindo writes:

"...nothing is easier than for the powers of these zones or hostile powers to imitate the guiding Voice or Image and deceive and mislead the sadhak or for himself to attribute the creations and formations of his own mind, vital or ego to the Divine."

— Sri Aurobindo, Letters on Yoga III, CWSA Vol. 30, Section 4, Chapter 1 -
"The Intermediate Zone."

And earlier in the same letter:

"...all that comes from above can be mixed, perverted, taken hold of for their purposes by lower, even by hostile Powers."

— Sri Aurobindo, Letters on Yoga III, CWSA Vol. 30, Section 4, Chapter 1 -
"The Intermediate Zone."

Perhaps the responsibility of every sincere seeker is not simply to be sincere, but to remain open to the possibility that sincerity itself can become mixed, and to cultivate the discernment needed to discover where.

So how to cultivate this discernment and ensure that our sincerity has not become mixed?

The Wake We Leave Behind: Moving from Theory to Application

Sri Aurobindo and the Mother left us these teachings not merely to understand, admire or quote, but to apply. If the Integral Yoga is a living yoga, then these questions are not abstract; they ask something of us.

This has led me to wonder whether one practical mirror lies not merely in our intentions, but in the wake we leave behind — a way of grounding these inner movements in something observable and lived.

If these inner movements — aspiration, rejection and surrender — are sincerely taking place, how might we recognise their effects, not in theory, but in life?

Many years ago, my father shared with me a simple way of looking at how spirituality finds expression in everyday life. He planted three seeds that have stayed with me ever since: the Three Cs — Cognisance. Communication. Conduct. It is in these three Cs that the effects of our inner movements find expression in outer life.



**Cognisance – How do I perceive?**

Am I becoming more capable of seeing the whole, or only the part that confirms what I already believe? Is my awareness expanding, or narrowing?

Communication – How do I communicate?

Do my words illuminate or inflame? Do they invite enquiry or demand agreement? Do they build bridges where possible, or deepen divides unnecessarily? Are they marked by humility, respect and clarity, or by certainty, dismissal and reaction?

Conduct – How do I conduct myself?

How do I exercise responsibility? How do I respond when challenged? How do I treat those with whom I profoundly disagree? Does my conduct reflect patience, fairness, compassion and restraint? Or does it reveal fear, hostility, impatience or the need to prevail?

To me, these are not merely ethical questions. They are questions of applied spirituality, not merely of understanding the inner movements, but of living them.

For if aspiration and surrender are sincere, and rejection too is meaningfully taking place, should we not expect their effects to become increasingly visible in the wake we leave behind: in our understanding, in the way we speak, and in the way we conduct ourselves?

Perhaps one way is to consciously use the wake we have left behind, at any given moment, as a mirror for our own discernment.

For it may be there, in the quality of our cognisance, our communication and our conduct, that we begin to glimpse whether we are truly clinging to Truth and rejecting the pull of the adverse forces, or whether the ego has quietly clothed itself in the garments of spiritual aspiration while we remain convinced we are serving the Divine.

...

If, while reading this, we find ourselves thinking primarily of someone else, we may already have missed Sri Aurobindo's point. The discernment that emerges from his writings is first directed towards the movements within our own consciousness. Only from that foundation can we hope to read another's wake with understanding, empathy and humility rather than judgement.

To me, the greatest danger, then, is not insincerity. It is being sincerely mistaken.

"What if I, too, could be sincerely mistaken?"

...

Perhaps that is not a question to fear.

Perhaps it is where discernment begins.

In solidarity,
Mandakini

THE ADMISSION FORM TO BE SUBMITTED TO THE MOTHER – 1971

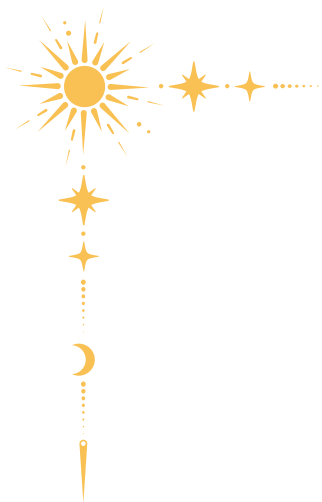
This is the key-document on which the “willing servitors of the divine consciousness” structure rests. I have an original copy; several others are kept at the Auroville Archive.

Mother’s Form opens, page 1, with the text “*To be a true Aurovilian*” pointing to the awakening of the psychic being. This should happen before coming to Auroville; when meeting on shift the residents of Aspiration, the Mother replied to Christoph that, without this, to live in Auroville would prove very difficult. The realisation of Auroville, or its faltering, depends entirely on the group-soul taking the lead, or its being hijacked. This is the kernel of all our problems, past and present; there are no others.

Page 2 of Mother’s Form lists eight points:

ADMISSION TO AUROVILLE

1. The first condition for living in Auroville is "to be convinced of the essential unity of mankind and the will to collaborate in the material realisation of that unity.
2. The admission to Auroville is subject to Mother's approval.
3. Once approved, in the beginning the individual is taken for a probationary period of one year, which may be lengthened or shortened, during which he can see for himself how far he fits into the Auroville life. During this period he is expected to meet his own expenses, but in certain cases Auroville bears the expenses. The amount needed per month will be roughly Rs. 200/- to Rs. 300/- per person.
4. One is expected to work for Auroville at least 5 hours a day, including Sundays. The nature of work and other details are decided individually for each case.
5. When Auroville meets the individual's needs and requirements, one is expected to offer to Auroville all that he has and can in respect of material possessions.
6. 'Drugs' are prohibited in Auroville.
7. Climatic conditions: Tropical near the sea.
8. It should be remembered that in all matters the final decision rests with The Mother.”



Mother’s policy prompts several considerations. Preliminary to all, the Mother did not introduce newcomers’ fees; in 1985, when I left the Sri Aurobindo Ashram for Auroville, no fee was asked from newcomers; schooling for my child was also free. NO ADMISSION FEE is *conditio sine qua non* to allow young, committed idealists to join; still in 1991 (eighteen years after Mother’s passing!) no fees were mentioned, in an Auroville International document informing about the newcomers’ procedure.

It should be noted that in the Systems Engineering Galaxy plan, which Mother submitted to the Ford Foundation on 13 March 1969, one third of the 50,000 inhabitants was scheduled to be below 20; youth of that age have no money. But this was no problem, as to raise the capital needed to build the town the Mother did approve an economic scheme focusing on Hi Tech industries and bonds; once the town was built, she would have selected the inhabitants, but also what industries to retain, in order to keep making Auroville economically self-sufficient. After this plan was sabotaged, Mother passed a policy where all productive units transferred the entire proceeds to the Central Fund; but she also foresaw industries or economic activities in other locations, whose agreements with Auroville would be worked out case by case.

According to Mother's Form, people had to support themselves the first year. However, if they could not afford it and yet worked proficiently for the community, they were taken in charge right away. At par with those already accepted, they were granted the Auroville Prosperity, in kind, similar to that successfully in vigour at the Sri Aurobindo Ashram. This meant a basic accommodation, the simple items necessary to one's day-to-day life plus some pocket money for extras.

To be accepted as an Aurovilian, in 1985 I was asked to sign a pledge as a honorary voluntary worker. **FREE WORKING FOR AUROVILLE (NO WAGES, NO PRIVATE PROFITS!)**, **ALONG WITH NO PROPERTY AND NO MONEY**, are the cardinal principles the Mother set, the backbone of the Avatar's ideal society. One more essential condition, in Mother's Admission Form, is indeed listed as n. 5: *"When Auroville meets the individual's needs and requirements, one is expected to offer to Auroville all that he has and can in respect of material possessions"*. Highlighting that people will be taken in charge by Auroville **EXCLUSIVELY** if

a. they have no other means

b. alternatively, have entirely surrendered them. To receive the Auroville Prosperity all pensions, bank accounts, lands, properties, all other possible incomes have to be passed to Auroville.

After the applicant signed the admission form, it was submitted to the Mother, who would decide their acceptance. In 1986 Roger Anger gave me a copy of a major document complementing Mother's Admission Form, along with his first report on the town (7.9.1965); these were the first two documents I received from Mother's architect, and which I translated from French. The initiatory journey had begun. This pivotal document concludes so:

"RESIDENT OF AUROVILLE STATUS

After the probationary period Auroville will support to the extent of its means all the people accepted by the Mother, and for whom an individual caution-money will be given.

Needless to say, from that date onward the duties of the selected people must conform to the agreement with Auroville, freely accepted by them. These agreements are sufficiently specified in all the definitions, all the teachings and goals pointed out by Mother, so as to be known by everyone and put into practice. No rule, law or constraint is necessary at Auroville, if the members of the community agree to replace these outdated methods by an active sincerity.

STATUS OF AUROVILLE CITIZEN

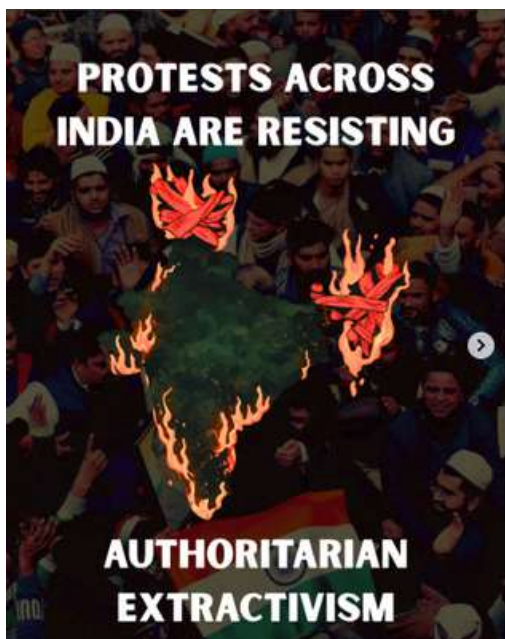
The Mother Herself will decide when a member of the community will become an Aurovilian – which implies that he has acquired the Auroville consciousness.

So far, there are no Aurovilians."

Today, as during Mother's years, loyalty to her vision and will is all we need.

Paulette

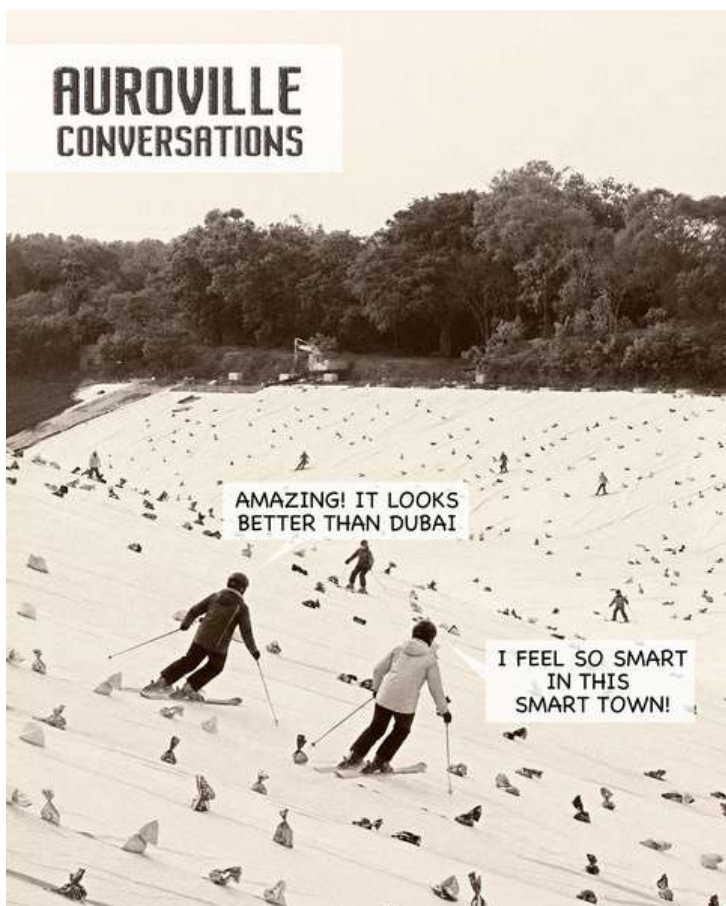
FOOD FOR THOUGHT



<https://www.instagram.com/p/Da7rPIEDMFg/>



AUROVILLE CONVERSATIONS



Submitted by an Aurovillian

FRENCH NEWS & NOTES

NOUVELLES D'AUROVILLE



Auro – Traductions

2 Juillet

No News until further notice...

On can scan the QR code
and the **French News&Notes**.





INNER JOURNEY

INTRODUCTION TO THE INTEGRAL YOGA OF SRI AUROBINDO AND THE MOTHER

Tuesday 28th July, 9 am - 12 noon

Led by Ashesh Joshi

Place: Mirabelle Education Centre, Auromodele
Ph/WhatsApp: 94891 47202 (Please register)

All are Welcome



AMPHITHEATRE - MATRIMANDIR MEDITATIONS AT SUNSET WITH SAVITRI

**Every THURSDAY
from 5:30 to 6:00pm**

(weather permitting)



Savitri, Sri Aurobindo's epic poem, read by Mother to Sunil's music, is a daily for everyone to concentrate in this beautiful open space in the very center of Auroville.

- **Reminder to all:** The Park of Unity is a place for silence, meditation, and inner work and is to be used only as such. We request everyone: please do not use cameras, tablets, cell phones. **From this month onwards, up to next September, SAVITRI READING timings are now from 6:00 to 6:30pm.**
- **Guests:** Please bring a copy of the book at <https://oily.com> in advance or the very day before. Bring your Aurocard with you.
- **Access:** Entry to the Amphitheatre only from 5:15pm. **Reporting, no later than 5:45pm. Leaving, no later than 6:45pm.** Last entry for guests to the Amphitheatre.
- **Last exit for guests** at 6:15pm.

Velmurugan for the Access Team

SAVITRI SATSANG WITH NARAD

EVERY TUESDAY, 04:30 - 05:15PM

In this deep exploration of Savitri we will study:

1. The mantric basis of Savitri
2. The importance of iambic pentameter in epic poetry
3. The wealth of definitions in Savitri from Sri Aurobindo and Mother

Narad

OM CHOIR WITH NARAD

EVERY TUESDAY, 05:30 - 06:15PM

Please join us in this collective aspiration, in the form of united prayer.

No prior singing experience is required.

At Savitri Bhavan - Square Hall



INTEGRAL CONSCIOUSNESS - NEW YOUTUBE CHANNEL

Sri Aurobindo's Teaching

Artistic insights can be a powerful tool to explore the deeper concepts of spirituality.

'Integral Consciousness', a YouTube channel is launched to introduce Sri Aurobindo's vision artistically (Youtube handle, [@integralconsciousness](#)). The first video is an animation, "[Sri Aurobindo's Teaching](#)", and presents a letter by the Lord. Sri Aurobindo wrote it to a disciple in 1934. It briefly outlines his vision.

The video is available in 4K (2160p). Subtitles are available in over 24 languages and soon various language Audios will be available as well. The text of this video with all its translations is available on the website: <https://integralyoga-auroville.com/> The following videos will cover Sri Aurobindo's philosophy, insights on life and guidance on the practice of his yoga.

Ashesh Joshi

VIBRATIONAL SOUND BATH

SOUL NURTURING MEDITATIVE EXPERIENCE WITH THE ORIGINAL RUSSIAN SINGING BELLS

*These are sounds of the Beginning
These are sounds that cradled the worlds*

Harmonious play of rich powerful tones and strongly resonating overtones invokes a profound state of inner peace, tranquility and self-healing, bringing deep physical and psychological relaxation.

Open Group - Everyday 3:00 - 4:30pm

At Mirabelle Education Center, Auromodele,
Kuyilapalayam

Led by Vera (Instagram - [Vera.Auroville](#)) and Ashesh Joshi

Please register in advance

Ph/WhatsApp: +91 94891 47202, +91 94862 47202

(Private sessions on request at other timings)

EXPLORING SRI AUROBINDO AND MOTHER IN LAST SCHOOL

Exploring Sri Aurobindo and Mother in Last School

Last School is happy to open its doors and welcome all those who are interested in exploring Mother and Sri Aurobindo's works.

If you are interested in being part of this initiative and collective learning exploration please register:

Whatsapp +447515377896 or
email misha@auroville.org.in

ANNOUNCEMENTS

WOMEN CHOIR RESTARTS

The women choir "**Auroville Harmonies**" is restarting its rehearsals to prepare a new program.

If you are interested and want to join our musical trip around the world, contact Antoine for an audition:

antoine@auroville.org.in

89407 40529



GATHERING @YOUTHLINK

FRIDAY 24TH JULY, YOUTHLINK

Hello everyone,

Join us this Friday for an evening of community, connection, and good company.

Whether you'd like to sing your heart out at karaoke, challenge someone to chess or board games, get creative with art & craft, dance to the music, or simply relax and catch up with friends, there's a place for you.

Come as you are.

Friday | 7 PM | YouthLink

See you there! 🧡



THE INNERBEING PROJECT

LATEST REPORT IN THE "SACRED COUPLES" SERIES

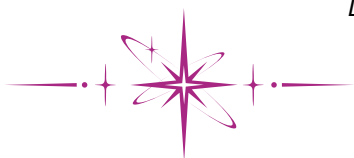
The Innerbeing Project is delighted to present its latest report in the "Sacred Couples" series: Gwendoline and Jean-François.

<https://youtu.be/fq7bpWbGvLE?is= vxrYxQcDnBrBiRn>

This series illustrates how the couple, the human organization situated immediately after the isolated individual, is sometimes capable of creating a new living organism, belonging to none of its individual components, and yet from which each partner freely draws inspiration, knowledge, and a new range of emotions. This new field of consciousness and activity could well prefigure the formation of a larger organism, the group, made up of individuals who love each other while working together.

For more information on the InnerBeing project, please send an email to innerbeing.world@pm.me

Dan, for the InnerBeing Project



THE IDEA KITCHEN:

WHERE DO YOU GO WHEN YOU'RE NOT A CUSTOMER?

Lots of new fancy spaces are opening around us. But many of them aren't built for the locals who are a part of keeping this community alive, the people who live and work here.

Across Auroville and its surrounding villages, we see more and more beautiful, fancy spaces opening up. But do we also notice that many of these spaces are inaccessible to a lot of common folks?

We don't have an answer to making every space accessible to everyone.

But we do have the energy to build spaces that are.

Welcome to The Idea Kitchen.

Every week, we host a taco night with food, music, and games. Anyone can come, eat, and enjoy.

There is no fixed price. Instead, contributions are generosity-based.

If you are able to contribute, it helps us cover food, setup, and other basic costs. If you are able to contribute more, it helps keep the space accessible to those who cannot contribute.

Our intention is not to generate large profits, but to generate something much more valuable: **community**.

In a time when many spaces are becoming increasingly commercial, this is an experiment in accessibility, trust, and community.

If you believe spaces like this matter, we invite you to become a monthly supporter of this initiative.

Every donation, regardless of size, helps sustain this vision.

To support

Please fill out the form linked below or stop by the YouthLink office:

<https://forms.gle/TyeFfHjrcHTzJNa87>

With gratitude,
YouthLink Team

JIVA



A platform of Auroville's therapists for therapy, workshops, classes, webinars and professional training.

Regular offers

- Natural Horsemanship & Horse Assisted Therapy : Daily 8-10 am, 4 – 6pm
- JIVA Breathwork : Sundays with Sigrid 3:30 – 7pm
- Integral Regression Therapy Sessions with Sigrid

Upcoming workshops

- 1st & 2nd Aug : Inner Childwork in the perspective of Integral Yoga Workshop

Webinars

- 24th, 25th, 26th July - Inner Child Work in the context of Integral Yoga : 7.30 – 9pm
- 12th, 13th, 14th Aug - Exploring past lives : 7:30 – 9pm

Join our WhatsApp group for all updates !

www.auroville-jiva.com contact@auroville-jiva.com WA 96260 06961



MODERN & CONTEMPORARY DANCE CLASSES FOR CHILDREN AGES 8-12

EVERY WEDNESDAY, NEW CREATION

For children ages 8-12

Join our ongoing Modern & Contemporary Dance group, led by two teachers. We are looking for committed and enthusiastic new students who are excited to explore the world of dance together!

 **Every Wednesday**

 **4:00-5:30 PM**

 **New Creation**

Classes include:

- Warm-up games
- Creative movement improvisation
- Strong group-building activities
- Dance technique
- Plenty of opportunities for self-choreography and creative expression

Interested?

We'd love to hear from you!

For more information, contact us on WhatsApp:

+49157 53563369

Malia & Leela



ASHTANGA YOGA WITH MONICA

FROM MONDAY 13TH JULY, PITANGA

Ashtanga Yoga

with Monica Marinoni

KPJAYI Authorised
Level 1 & 2 teacher

Monday to Friday
7am - 10am (self paced)

Saturday
7am - 8.30am
(led primary series)

*NO classes on:
Sundays,
New & Full Moon days,
Public holidays*



Ashtanga Yoga, practiced in its correct sequential order, gradually leads the practitioner to rediscovering his or her fullest potential on all levels of human consciousness: physical, psychological, and spiritual.

Through the practice of correct breathing (Ujjayi Pranayama), postures (Asanas), and gazing point (Dristi), one gains control of the senses and a deep awareness of oneself. By maintaining this discipline with regularity and devotion, one acquires steadiness of body and mind.

Classes with prior registration only. No drop-ins.

Booking with the teacher only:

marinonimonica@gmail.com - QR code



More information:

www.monicamarinoniashtangayoga.com

or WhatsApp +39 3917254083



Contact details for registration and sign in on the flyer

AVAILABLE

GARDENER AVAILABLE - HALF TIME POSITION

We would highly recommend our gardener or farm worker, **Hom Prasad**, who is currently looking for a half-time position following the departure of some of his previous employers.

Hom Prasad is a hardworking and thoroughly reliable individual with good gardening experience, and we have been very happy with his work. If you are looking for dependable gardening help, please do get in touch and we would be happy to provide further details.

Contact details: +91 94984 59594



AURELEC SPACES AVAILABLE

35.12 sqm. and 18 sqm. closed spaces available inside Aurelec Premises. Both the spaces are ideal for workshop or office or storage with generator back-up, 24 hours security, parking, provision to put air-conditioners, high speed fibre internet access (BSNL), canteen and sports facilities.



AND

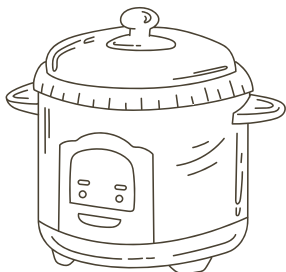
A well protected 47 sqm building, opposite Aurelec, northern side, is available. This space is ideal for office or show room, with generator back-up, 24 hours security, parking, provision for air-conditioners, high speed fibre internet access (BSNL), canteen and sports facilities.

Interested people may contact Mr. Siva at Aurelec in person, or by phone to 2622293 / 2622294 or e-mail adps@auroville.org.in

SLOW COOKER (NOT A PRESSURE COOKER)

Electric, 2.5 litre capacity, use to make broth over a 24 hour period

Contact 94863 63525



LOOKING FOR

TAXI SHARE - CHENNAI AIRPORT TO AUROVILLE

THURSDAY 30TH JULY

Dear Community,

I aim to take a taxi from Chennai Airport (MAA) on **Thursday 30th July around 0130am/2am** to Auroville (residential zone 😊)

To share the cost, and for some company, anyone wanna share this taxi with me?

Let me know! :)

Devna, danjummy@gmail.com



SECONDHAND LADIES BICYCLE

I am looking for a **secondhand lady bicycle in good condition.**

Please whatsapp me at 96260 06961.

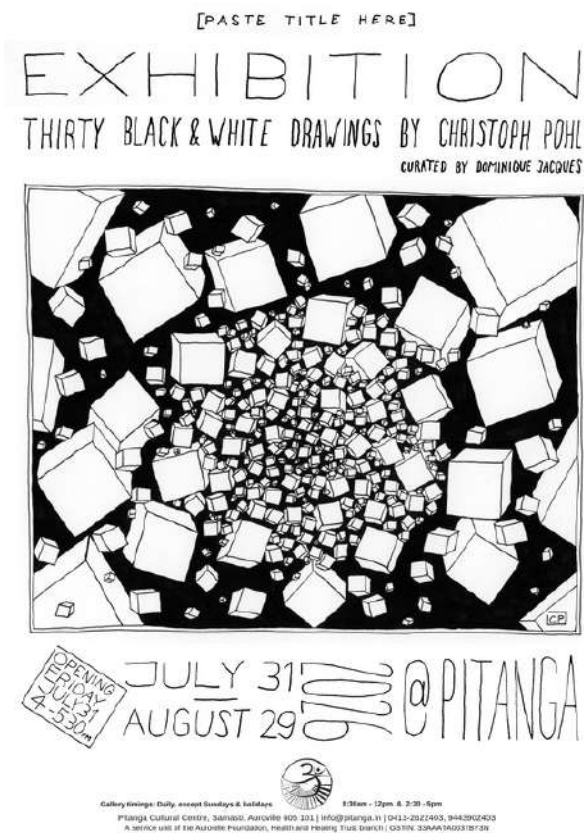
Thank you,
Sigrid



CULTURAL ANNOUNCEMENTS

“THIRTY BLACK & WHITE DRAWINGS” BY CHRISTOPH POHL (CURATED BY DOMINIQUE JACQUES)

31ST JULY - 29TH AUGUST, PITANGA



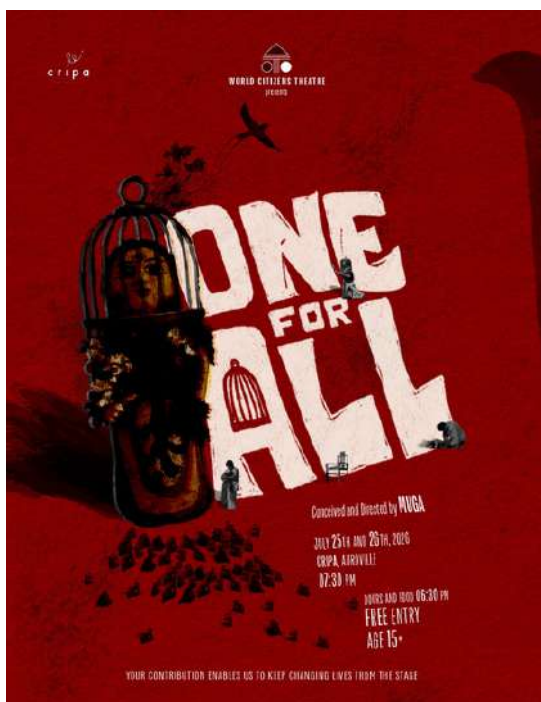
After an initial series of tree drawings, Christoph’s work began to transform and diversify. He draws pixels, geometric patterns that sometimes resemble microscopic structures and abstract landscapes that evoke the physics and geometry of space. He creates optical illusions and intricate interwoven letters that resemble encrypted messages, inviting viewers to actively engage in deciphering them. Each of these small compositions possesses a formal and poetic beauty that makes it unique.



AT CRIPA

WORLD CITIZEN'S THEATER PRESENTS: ONE FOR ALL

SATURDAY 25TH & SUNDAY 26TH JULY



A man living in both an imaginary world and the real world often blends fantasy, ritual and love, drama, psychological thrillers, or delves into themes of alternate realities and escapism. A searing metaphysical exploration of collective guilt, systemic patriarchy, and the dark architecture of human worship.

It exposes a global truth: dominant societies often destroy the vulnerable, only to build grand monuments over their graves to cleanse their own hands.

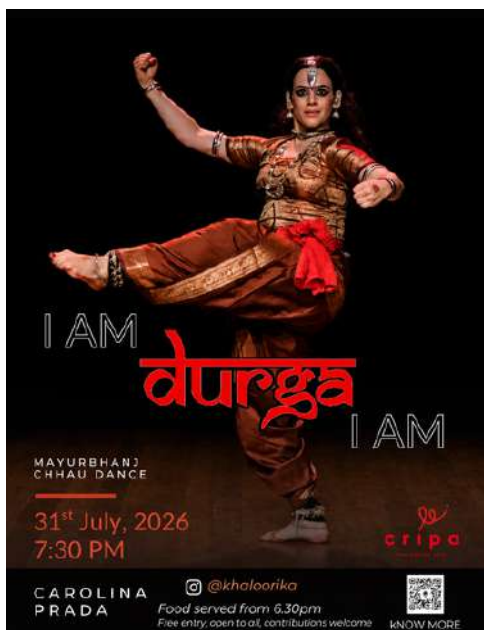
Dialogue in Malayalam | Songs in Kannada, Tamil, and English

-  **Age 15+ only**
-  : **Saturday 25th & Sunday 26th July**
-  : **7:30pm, food served from 6:30pm**
-  : **Cripa**

Free entry, open to all, contributions welcome

PRESENTING: I AM DURGA, DURGA I AM - MAYURBHANJ CHHAU DANCE

FRIDAY 31ST JULY



Inspired by Devi Mahatmam, but resonates with every Woman, Man and Sadhak. Just how Durga and her avatars fought the adversaries. We all face the same invisible forces in our life, which pulls us down, where we encounter the doubt, the exhaustion, the forgetting, and the stubborn return.

This story is narrated through Mayurbhanj Chhau, tradition born from warriors who danced with their bodies as instruments, who knew that the fiercest battles are fought inward, in the battlefield of ordinary life. They believed when the body is trained to its edge, it becomes a site of revelation, a recognition that you were never separate from what you were seeking. Until the moment arrives, not as revelation but as recognition. Durga. I am.

-  : Friday 31st July
-  : 7:30pm (food served from 6:30pm)
-  : Cripa, Auroville

Open to all, entry free, contributions welcome

PRESENTING: GAUTAM MENON QUARTET
SATURDAY 1ST AUGUST



Gautam Menon Quartet

CONTEMPORARY JAZZ.
INDIAN ROOTS.
TRUE EXPRESSION.





1ST AUG
SATURDAY



7:30 PM



CRIPA,
AUROVILLE



ENTRY FREE
FOR ALL

ALL ARE WELCOME. MUSIC UNITES.

An evening where Carnatic tradition meets the spirit of modern jazz.

Featuring Gautam Menon (drums), Akhilesh Subramaniam (bass), Divyam Mehrotra (keyboards), and Vivek Ayer (guitar), this quartet creates genre-blending ethno-jazz that weaves together the melodic richness of Carnatic music with the improvisational freedom of jazz.

Expect raga-inspired melodies, intricate rhythmic cycles, spontaneous interplay, and immersive grooves that are expressive, cinematic, and alive in the moment.

This isn't simply fusion. It's a meeting of two improvisational worlds, brought together with soul, precision, and a deep love of musical storytelling.

Join us for an unforgettable evening of musical discovery.

 : Saturday 1st August
 : 7:30pm (food served from 6:30pm)
 : Cripa, Auroville

Open to all, entry free, contributions welcome

AUROVILLE RADIO



Dear Aurovilians,

Your favourite radio is always working for you. Stay tuned!

Last Published Podcasts

- ["Mother's Chronicles : Mirra" by Sujata Nahar, Read by Fif - B 1 C 12 - "Mira and Mirra" \(The Mother\)](#)
- [Jumpa's Joyous Journey with Fif-Ep.15 "Lungta, The Little Blue Prayer Flag" \(Stories\)](#)
- [Sri Aurobindo's "The Life Divine" read by Deepti Tewari - Book 2, P 1, C 1: "Indeterminates, Cosmic Determinations and the Indeterminable" \(Sri Aurobindo\)](#)
- [Une série hebdomadaire de lectures par Gangalakshmi – Ep.541 \(Integral Yoga\)](#)

Latest Youtube Video

[Auroville Web TV Launch | Inauguration by Governor of Puducherry, Thiru. K. Kailashnathan](#)

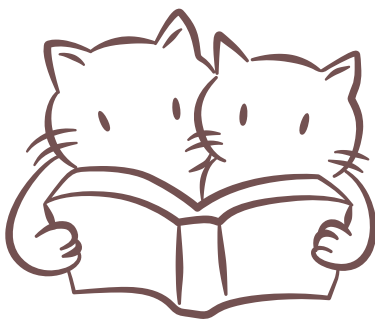
....and more! on www.aurovilleradiotv.org.

For more information write to radio@auroville.org.in

Peace and love

Regards,

Sai Priya for Auroville RadioTV



FOR THE BOOKWORMS

**STORYTIME AT THE
AUROVILLE LIBRARY**
EVERY SATURDAY
MORNING



Children of all ages (and adults) are welcome!

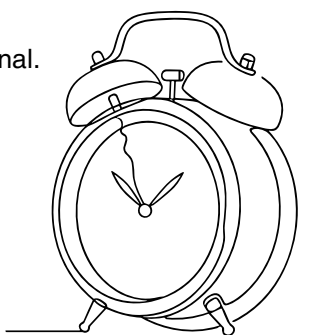
Every **Saturday**,
10 - 11am,
Auroville Library.

POETRY

Time will tell
How the scroll of life
Unfolds itself.

Time will tell
Whether we drift apart
Or come together
In the flow of the Eternal.

Time will tell
That all secrets
Invite us to revel
In peeling the shell.



Anandi Z

A Birthing Day

When you are graced with humility
You see yourself in unity

With living things and hopefulness.
In this world no cleanliness

Is found among the vain elite
Who would humanity defeat

And the Titan hoax to rule
The ignorance of man the fool.

Yet greater gods countermand
As the sea consumes the sand

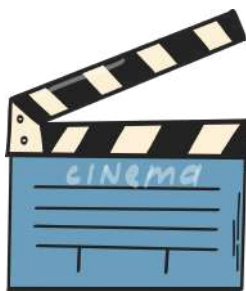
And washes ego's tides away
Bringing to earth a birthing day.

Narad

Cinema Paradiso

Multimedia Center (MMC) Auditorium

Film program : 27th July - 2nd August 2026



Cinema Paradiso programs at the MMC warmly welcome the community. Doors open 15 minutes before showtime and close once the film begins, so please arrive on time.

For everyone's enjoyment, kindly avoid crossing in front of the screen or using mobile phones when lights are off. Food and beverages are not permitted inside the hall.

INDIAN - MONDAY 27 JULY, 8:00 PM:

• MAKAL

India, 2022, Dir. Sathyan Anthikad, w/ Jayaram, Meera Jasmine, Devika Sanjay and others, Drama, 142mins, Malayalam w/ English subtitles, Rated: PG.

A relatable story for many about the hurdles in connecting or reconnecting with a parent after the ties are severed for whatever reason.

POTPOURRI - TUESDAY 28 JULY, 8:00 PM:

• SHANA: LE SOUFFLE DU LOUP (THE WOLF'S MUSIC)

France, 2014, Dir. Nino Jacusso w/ Alana Aspinall, Marty Aspinall Palii, and others, Drama, 96mins, French w/ English subtitles, Rated: PG.

The coming-of-age story about a Canadian First Nations girl who triumphs over obstacles in her young life. Her new teacher discovers her extraordinary gifts as a violinist. When Shana goes on a spiritual journey, she befriends a wild wolf who guides her and she reconnects with her ancestors, including her mother.

SELECTION - WEDNESDAY 29 JULY, 8:00 PM:

• THE SWORDSMAN

Korea, 2020, Dir. Jae-Hoon Choi, w/ Jang Hyuk, Kim Hayeon-Soo, and others, Drama-Action, 100mins, Korean w/ English subtitles, Rated: PG.

A swordsman Tae-yul living in seclusion and slowly going blind, is forced to raise his sword once again in order to save his daughter after she is captured and taken away by a ruthless slave trader Gurutai. At the same time Tae-yul is confronted by a master swordsman Jung Man-sik from the past responsible for the blindness.

INTERESTING - THURSDAY 30 JULY, 8:00 PM:

• UNCOVERING THE SECRET OF THE SUN

USA, 2020, Dir. Duncan Copp and Clive North, Documentary, 49mins, English w/ English subtitles, Rated: PG.

Humanity's quest to understand the Sun has evolved from ancient mythologies to cutting-edge science. Today, space probes actively "touch" our star to solve mysteries like the baffling heat of its corona, the origins of space weather, and the inner mechanics of its magnetic dynamo.

INTERNATIONAL FILM – SATURDAY 1 AUGUST, 8:00 PM:

• SURVIVAL FAMILY

Japan, 2016, Dir. Shinobu Yaguchi, w/ Fumio Kohinata, Eri Fukkatsu, and others, Family-Comedy-Adventure, 117mins, Japanese w/ English subtitles, Rated: PG.

When a blackout occurs an ordinary family in Tokyo believes power would be restored shortly. As the lack of power persists and all sources of energy show no sign of returning to functionality the family heads out south to reunite with the parents of the wife and mother. The family learns and bonds as it treks south on its bicycle, which is the only alternative to being on foot.

CHILDREN'S MATINEE – SUNDAY 2 AUGUST, 4:00 PM:

• RATATOUILLE

USA, 2007, Dir. Brad Bird, w/ Brad Garrett, Lou Romano and others, Animation-Family, 111mins, English w/ English subtitles, Rated: PG.

A young male rat who loves food and cooking teams up with a young male human after he is separated from his clan. They work together to work in a famous restaurant in Paris, France, and improve its status to make it greater and more popular, and continue the legacy of its head chef who passed away.

CINÉ-CLUB – SUNDAY 2 AUGUST, 8:00 PM:

• DEAD MAN WALKING

USA, 1995, Dir. Tim Robbins, w/ Susan Sarandon, Sean Penn and others, Drama, 122mins, English w/ English subtitles, Rated: R.

A caring nun receives a desperate letter from a death row inmate trying to find help to avoid execution for murder. Over the course of the time to the convict's death, the nun begins to show empathy, not only with the pathetic man, but also with the victims and their families. In the end, that nun must decide how she will deal with the paradox of caring for that condemned man while understanding the heinousness of his crimes.

Rating codes we often use are from Motion Picture Association of America (MPAA):

- G = General Audiences,
- PG = Parental guidance suggested,
- PG-13 = Parents strongly cautioned,
- R = Restricted (equivalent to Indian rating: A i.e., for Adults),
- NR = Film Not Rated, Rating awaited.

To organize a seminar/program at MMC Auditorium, kindly email us at mmcauditorium@auroville.org.in.



To give real service you must add something which cannot be bought or measured with money, and that is sincerity and integrity.

Douglas Adams

COMMUNITY SERVICES

ESSENTIAL SERVICES

AUROVILLE'S FINANCIAL SERVICES (AVFS)

- **Timings:** Monday to Saturday, 9am - 12:30pm, and 3pm - 4:30pm
- **Phone:** 0413 2622171
- **Email:** financialservice@auroville.org.in

HOUSING SERVICE

- **Public Timing:** Monday to Friday, 09:30am - 12:30pm / 02:30pm - 04:30pm. Saturday, 09:30am - 12:30pm
- **Phone:** 0413 2622658
- **General Email:** housing@auroville.org.in

ELECTRICAL SERVICE (AVES)

- **Timings:** Monday to Saturday, 8am - 4:30pm
- **Phone:** 0413 2622132 / 94888 68747 for fault works, repair works and job works
0413 2622264 for clarifications reg. electricity bills, job and repair works bills
- **Email:** aves@auroville.org.in

GAS BOTTLE SERVICE

- **Timings:** Monday to Saturday, 9am - 1pm and 2pm - 4pm
- **Phone:** 0413 2622452
- **Email:** avgasservice@auroville.org.in

WATER SERVICE

- Monitors water lines and supply within AV, undertakes water-related jobs.
- **Timings:** Monday to Saturday, 8am - 12pm and 2pm - 4:30pm
- **Phone:** 0413 2622877, 89035 53246
- **Email:** avwaterservice@auroville.org.in

ECO SERVICE (WASTE COLLECTION/MANAGEMENT)

- **Timings:** Monday to Saturday, 8:30am - 12:30pm, and 1:30pm - 4:30pm
- **Phone:** 63796 69034
- **Email:** ecoservice@auroville.org.in

POUR TOUS DISTRIBUTION CENTRE (PTDC)

- **Timings:** Monday to Saturday, 9am - 5pm
- **Phone:** 0413 2622746 / 2622796
- **Email:** ptdc@auroville.org.in

POUR TOUS PURCHASING SERVICE (PTPS)

- **Timings:** Monday to Saturday, 8:30 am - 7pm
- **Phone:** 0413 2622152

AUROVILLE LIBRARY

Timings:

Mornings:

- Monday to Saturday : 9am - 12:30pm

Afternoons:

- Mon, Wed, Thurs, Fri & Sat: 2pm - 4:30pm
- Tuesday : 4pm - 6:30pm

Children's Storytime! All ages welcome!

- Every **Saturday** between 10am - 11am.

- Phone** : 0413 2622 894

- Email**: avlib@auroville.org.in

- Website**: <http://library.auroville.org.in/>



HEALTH

SANTÉ SERVICES IN 2026

Santé

Working Hours:

Monday - Saturday: 9:00 - 12:30pm & 2:00 - 4:30pm

Tests and Sample collection:

Monday - Friday: 8:30am - 12:00pm

No sample collection on Saturday

For emergencies, contact:

Auroville Ambulance (24/7) - Phone: **+91 94422 24680**

Government Ambulance (24/7) - Phone: **108**

Appointment

Please call Santé (0413) 262 2803 during working hours for an appointment.

Doctor Consultation with Dr. Joseph, Dr. Pavan & Dr. Sana Monday to Saturday	Nurse Care - Thilagam, Ezhil, Archana & Sandhya: Daily: no appointment needed
Ayurveda with Dr. Berengere: Mon / Tues / Wed / Fri	Homeopathy with Michael: Monday / Wednesday / Saturday
Physiotherapy & Massage with Galina: Monday to Friday	Physiotherapy with Arun: Monday to Friday
Midwifery & GYN Care with Paula: Monday & Wednesday	Integrative Psychotherapy with Juan Andres: Monday to Friday
Holistic Therapy with Louis Patric: Monday to Friday	Soundbed Session with Sandhya / Thilagam: Monday to Saturday

Bio-Well Assessment (Evaluation of your well-being) with
Helena – inquiry email adminsante@auroville.org.in

In Santé, we value our patient's confidentiality and make every effort to ensure their privacy.

In case of cancellation or to reschedule, it is necessary to inform us in advance.

HEALTH CENTER - KUILAPALAYAM

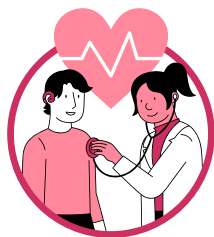
Contact: 0413 291 0005

Pharmacy:

- 8:00am - 5:30pm Monday to Saturday

Doctor Consultation:

- 8:30am - 5:00pm Monday to Friday
(1 - 2pm Lunch Break)
- 8:30am - 1pm (Saturday)



DENTAL CLINIC - KUILAPALAYAM

- **Timings:** Monday to Saturday, 9am - 5pm daily
- **Phone:** 0413 2622007 / 2622265
- **Email:** aurodentalcentre@auroville.org.in

TIME TO SUMMERNATE AYURVEDA HEALTHY TIPS



According to Ayurveda, the qualities of summer are hot, sharp, and penetrating. That's why our *pitta dosha* - the subtle fire that controls metabolism and transformation - can cause us to overheat. The sun saps the energy from the body, from the plants and the earth, increasing heat and dryness.

Pitta needs to be looked after to maintain a good energy, mental clarity, joyfulness, good digestion and blood circulation, a beautiful glow on the skin and a sound sleep.

When Pitta is out of balance it will give skin problems, hot flashes, exhaustion, indigestion or loose stool. Emotionally, excess Pitta manifests through irritation, short-temper, impatience, judgement/criticism, perfectionism...

Before Pitta reaches uncontrollable heights, remain cool, calm and pamper the liver:

With the food: As Agni (digestive fire) weakens, it is better to eat light, unctuous (slightly oily), cooling food such as salads and juices.

- Favorable taste: Bitter taste, Sweet taste (to take moderately in case of diabetes and high triglycerides). Salty taste should be taken reasonably
- Drink water stored in earthen pot
- Raw food/salads are taken at lunch mainly
- Proteins: mungdal, chickpeas, beans, sprouts, nuts and seeds, non-veg: white meat, fish, seashell, dairies for breakfast or lunch, eggs
- Cereals for energy: jasmine rice, barley, red rice, millet (fermented ragi)
- Vegetables: pumpkin, bittergourd, bottlegourd, snakegourd, ashgourd, cucumber (taken separately), salads, green leafy vegetables, broccoli, cabbage, celery, carrots, drumstick (moringa), zucchini, plantain
- Fruits: amla, pomegranate, banana, ramphala, chiku, papaya, apple, grape, date, watermelon and melon (to be taken separately), coconut
- Beverages: buttermilk, sweet lassi, coconut water, mint, lemongrass, cardamom, chamomile, nannari (sarsaparilla), amla juice, watermelon juice, vegetable juice, cucumber milk (blend ½ cup of peeled cucumber in 1 cup of milk - cow or other veg milk - with a pinch of sugar), electrolyte (1 lemon juice + 1tsp of sugar + 1 pinch salt in a glass of water),
- Lipids: ghee, olive or sunflower or coconut oil
- Spices: cumin, coriander, black pepper, turmeric, fennel seeds, fresh aromatic herbs (dill, coriander, fennel, mint, parsley, saffron).

Avoid:

- Pungent and sour tastes (especially for people who are Pitta dominant)
- Pitta increasing items: chillies, fermented food (apart from idli and dosai), deep-fried, sour buttermilk or curd, red meat, alcohol (strong liquor, red wine), coffee ...
- Drinking beverages coming from the fridge or freezer during meals
- Ice-cream at the end of a meal (best to be taken when the digestion is finished, around 4pm).

Routine to favour:

- Avoid direct sun contact specially between 11am and 4pm, and protect from the heat by keeping a humid towel/cap on the head
- A nap of half an hour after lunch is allowed
- Body massage with coconut oil – if there's no time every day to apply oil on the body, then massage ears, hands and feet + pour 4-5 drops of coconut oil on the fontanelle
- Bath with cool water and apply a paste of sandalwood on the face, heart and lower abdomen (these are the 3 main parts that should remain fresh to maintain the coolness in the whole body); foot bath in the evening with vetiver roots, rose water or hibiscus flowers
- Swimming, aquagym, any water activities. Qi-Gong, Tai Chi, light running: max 30 minutes early morning or late evening; walks in green environment, forest
- Soft yoga, pranayama (Sheetali, Sheetakari, ida nadi inhalation-left nostril inhalation), meditation with Gayatri mantra
- Walk under the moonlight, full moon bath
- Wear loose and comfortable cotton or linen clothes (white, blue, green, gray colours)
- Cooling jewellery: sandalwood beads, jade, pearl, amethyst crystals, moonstone, silver, aquamarine
- To refresh the ambiance use lemon or orange peel, jasmine flowers, lavender, wet cloth hanging at the open window, vetiver curtains.

Cooling plants for the summer:

- **Amalaki – Amla:** refrigerant and full of Vitamin C, rejuvenating fruit
- **Aloe vera:** rejuvenates blood and tissues
- **Aegle Marmelos – Bael fruit:** make juice from the pulp and decoction with leaves, it calms body and mind. It is slightly laxative, do not take during pregnancy
- **Coriander:** seeds soaked in water for urinary infections, kidney weakness
- **Red Hibiscus:** leaves and flowers for shampoo and conditioner; flowers for herbal tea
- **Manduka parni – Centella asiatica** leaves: rejuvenating and tonic for brain and nerves
- **Pudina – Mint** leaves: herbal tea or dishes
- **Radha consciousness – Clitoria Terneata** flowers: herbal tea or juice
- **Sarsaparilla – Nannari** syrup: soothing and cooling
- **Shataavari – Asparagus racemosus:** cooling, calming Pitta, very good for Vata women to harmonize hormones
- **Vetiver** roots: for bathing
- **Yashtimadhu – Licorice:** to refresh the body and to calm irritation, inflammation or ulcer in the digestive tract.

Wishing you a beautiful summer

Be @ Santé Clinic

PS: all these recommendations are more elaborated in my book "Take care of yourself with Ayurveda", available at Maroma in Aspiration, the bookshop of Visitor Centre and Auroville Press Publishers in Aspiration



MATRIMANDIR ACCESS INFORMATION

IMPORTANT ANNOUNCEMENT REGARDING THE
CHANGE IN TIMINGS EFFECTIVE FROM 1 FEB 2026.

Access to the Park of Unity

- The Matrimandir, the Petals, the Lotus Pond and the Banyan Tree are areas of silence.
- The Park of Unity is open to Aurovilians and registered Newcomers daily, 6am-7:30pm.
- Aurovilians may bring close family and friends (maximum 3) to the Gardens only daily, 9am-3:30pm.
- **Aurovilians bringing children under the age of 10 to visit the Gardens may do so only after 11.30am except Tuesday when they can come from 9am to 11am.**
- Aurovilians wishing to bring close family to the Gardens at any other time should inform mmconcentration@auroville.org.in before 11am on the day of the proposed visit.
- Registered Volunteers and Donors require a pass to enter the Park of Unity. Timings will be indicated on the pass.
- Published events in the Park of Unity are open to Aurovilians, Registered Newcomers, Volunteers, Pass holders and Guests. Guests should bring their Aurocards.
- Savitri Readings on Thursday evenings: Guests holding only Aurocards wishing to attend should book by filling in the form at <https://bit.ly/savitri-reading> one or two days in advance.
- Visits to the Park of Unity and Inner Chamber should not be included in the program of any conference or workshop. Participants should be directed to the Viewing Point.

Access to the Inner Chamber of the Matrimandir for Aurovilians, Newcomers and registered Volunteers

The Matrimandir is a place for silent individual concentration

- The Inner Chamber is open to Aurovilians and registered Newcomers:

Monday – Saturday	6:00 am - 8:00 am, 4:30 pm - 7:30 pm
Sunday	6:00 am - 12:00 pm, 4:30 pm - 7:30 pm
- The Inner Chamber is open to **registered Volunteers**:
 - Every day, 4:30pm - 6:00pm.
 - Volunteers are requested to come and get their revised passes between 10:00 am to 10:30 am from the Matrimandir office with prior booking at matrimandir@auroville.org.in
 - **It is obligatory for the volunteers and pass holders to carry the pass with them.**
- **The Inner Chamber is open to Aurovilians wishing to accompany a maximum of 3 close family members and friends no more than once in two weeks, with booking 3 to 5 days in advance to mmconcentration@auroville.org.in:**

Any day except Tuesday & Sunday, <u>8:00 am - 8:25 am</u>
Arrival at 7:45 am at the Office Gate
- The Inner Chamber, the Petals and the Gardens are open to the Children of Auroville and the Outreach Schools:

Tuesday 9:00 am - 11:00 am

- Auroville units can bring their staff to the Inner Chamber with a prior booking at mmconcentration@auroville.org.in:

Tuesday 8:00 am - 8:30 am

Petals of the Matrimandir

- The Petals are open to Aurovilians, registered Newcomers, and Pass holders

Daily	7:00 am - 8:00 am, 5:00 pm - 6:00 pm
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Access to Matrimandir for Visitors and Guests

Matrimandir Viewing Point: The Viewing Point is open to the general public on presentation of a Pass. Visits to the Matrimandir Viewing Point are free of charge. Free passes can be obtained at the Auroville Visitors Centre.

The Viewing Point lies south of the Park of Unity and offers visitors a panoramic view of the Matrimandir and the Gardens and the Lake.

Starting from the Visitors Centre.
Daily, 9:00 am - 5:30 pm

The Inner Chamber of the Matrimandir is open to Visitors and Guests by prior booking only. Visitors and Guests seeking to concentrate in the Inner Chamber are requested to inquire at the Information Desk of the Visitors Centre after first visiting the Viewing Point, or to go to the website: auroville.org

- Prior booking is required to access the Inner Chamber at least one or two days in advance. Bookings for concentration are given for the following or the first free day as per availability and are accepted only up to one week in advance. Minimum age 10 years.
- The Petals are open to Visitors on the morning of their Inner Chamber visit.

Security

Please note that it is not permitted to

- Swim in any of the ponds, the channel and the Lake except the Children's ponds in the Garden of Youthfulness
- Throw pebbles into the ponds and fountains
- Pick flowers in the Gardens
- Climb to the very top of the Petals.

Parents, please supervise your children at all times.

Bags, cameras and cell phones should be left in the lockers or the Access office.

Please no photography, videos or drones without prior permission. For permission, please write to matrimandir@auroville.org.in.

Antoine for Matrimandir Executives Team



ACCESSIBLE AUROVILLE PUBLIC BUS

avbus@auroville.org.in / +91 94430 74825

Join our WhatsApp

group to get

regular updates:

Auroville TO PONDICHERRY

	Trip 1	Trip 2	Trip 3
Svaram Musical Center	7:00	8:50	14:50
Vérité Guest House - Junction	7:02	8:52	14:52
Town Hall - Main Parking	7:06	8:56	14:56
Solar Kitchen (Ex Round About)	7:10	9:00	15:00
Certitude Entrance	7:12	9:02	15:02
New Creation Road	7:17	9:07	15:07
SBI Bank—Kuilapalayam	7:19	9:09	15:09
ECR Junction—Aroma Guest House	7:23	9:14	15:14
Quiet Healing Center—Junction	7:26	9:17	15:17
Lotus Hotel—S.V Patel Salai	7:36	9:30	15:30
Ashram Road Junction	7:38	9:33	15:33
Ashram Dining Hall	7:40	9:35	15:35

Pondicherry TO AUROVILLE

	Trip 1	Trip 2	Trip 3
Ashram Dining Hall	8:00	12:15	18:10
Ashram Road Junction	8:02	12:17	18:12
Lotus Hotel—S.V Patel Salai	8:07	12:22	18:17
Quiet Healing Center—Junction	8:17	12:32	18:27
ECR Junction—Aroma Guest House	8:20	12:35	18:30
SBI Bank—Kuilapalayam	8:25	12:40	18:35
New Creation Road	8:27	12:42	18:37
Certitude	8:32	12:47	18:42
Solar Kitchen (Ex Round About)	8:34	12:50	18:44
Town Hall - Main Parking	8:38	12:54	18:48
Vérité Guest House - Junction	8:42	12:58	18:52
Svaram Musical Center	8:45	13:00	18:55

- Single Trip = ₹100 per person
- Monthly Scheme (Students + AV Workers) = ₹1200
- Monthly Scheme (Students + AV Workers) = (One Way) ₹850

Auroville Vehicle Service, Town Hall, Auroville, 0413 2623302

EMERGENCY SERVICES

Ambulance (24/7):

Auroville 94422 24680	PIMS 0413 2656271
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Security (24/7):

Auroville Security & Emergency Services (ASES) 94430 90107	Auroville Police Station 0413 2677318
Kottakuppam Police Station 0413 2236148	Vanur Fire Station 0413 2677368

Health:

Health Center 0413 2910005	Santé 0413 2622803
Farewell 89038 36246	

Mental Health 24/7 Support:

Vandrevala Foundation 99996 66555

India Emergency Response Service (24/7): 108