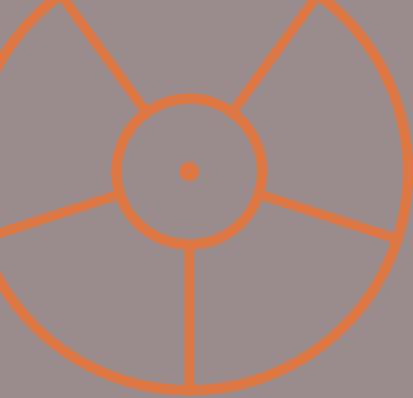




Auroville NEWS & NOTES

No 1132/33 - A weekly bulletin for residents of Auroville

9 July 2026

RA EDITION



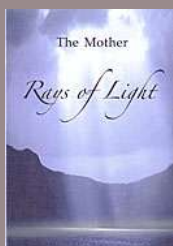
PONDERING

Everybody and everything can always progress and I am always working in view of a possible improvement, knowing that the greatest difficulty brings always the greatest victory and I trust that you are with me for that.

The Mother, Progress, Words of the Mother III



RAYS OF LIGHT



First Edition 1997, Fifth Impression 2011

© Sri Aurobindo Ashram Trust, 1997

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Web <https://www.sabda.in/>

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THE BASES OF YOGA

TRUTH AND FALSEHOOD

page 76

Truth is stronger than falsehood. There is an immortal Power that governs the world. Its decisions always prevail. Join with it and you are sure of the final victory.

★

When men will be disgusted with the falsehood in which they live, then the world will be ready for the reign of the Truth.

14 August 1971

★

Before dying falsehood rises in full swing.

Still people understand only the lesson of catastrophe.
Will it have to come before they open their eyes to the truth?

So I ask an effort from all so that it has not to be.

It is only the Truth that can save us; truth in words, truth in action, truth in will, truth in feelings. It is a choice between serving the Truth or being destroyed.

26 November 1972

★

For those who are eager to get rid of falsehood
here is the way

Do not try to please yourself, do not try either to please

page 77

others. Try only to please the Lord.

Because He alone is the Truth. Each and every one of us, human beings in our physical body, is a coat of falsehood put on the Lord and hiding Him.

As He alone is true to Himself, it is on Him that we must concentrate and not on the coats of falsehood.



Absolute Truthfulness

Must govern one's life if one wants to be close to the Divine. - *The Mother*

Solandra maxima (Sesse & Moc.) P.

Green., Solanaceae

Chalice vine

There is only one solution for falsehood:

It is to cure in ourselves all that contradicts in our consciousness the presence of the Divine.

31 December 1972

★

Let us offer our falsehood to the Divine so that He may change it to joyous Truth.

TRUTH IS ABOVE MIND

The Truth is not linear but global; it is not successive but simultaneous. Therefore it cannot be expressed in words: it has to be lived.

page 78

Truth cannot be formulated in words, but it can be lived provided one is pure and plastic enough.

★

To come closer to the Truth, you must often accept not to understand.

25 November 1961

★

The truth is neither in separation nor in uniformity.

The truth is in unity manifesting through diversity.

NEWS & NOTES GUIDELINES

DEADLINE FOR SUBMISSIONS:

TUESDAY 5PM

The content of News & Notes is a reflection of the growth process of this community towards its ideals of Harmony, Goodwill, and Truth. Editing of submissions, mainly for reasons of space and clarity, is done according to an established policy.

RA NEWS & NOTES - A QUICK GUIDE



What We Publish

- Working group announcements and reports
- Residents' voices and personal sharings
- Free cultural events open to all residents
- Information from essential services
- Content that strengthens community-building in Auroville

Working Groups & Foundation Office Content

- All RA Working Group announcements will be included
- Links to Foundation Office content will be provided without duplication
- Direct submissions from Foundation Office groups will be included as regular content

What We No Longer Publish

- Commercial activities and paid workshops
- Non-community-focused events
- Content from "Activities & Events," "Food, Goods & Services," and "Classes, Workshops and Healing Arts" sections

Exceptions

We may consider including content that falls outside these guidelines if:

- It is submitted exclusively to RA News & Notes
- It has significant community benefit
- It aligns with our service-oriented focus

Submission Guidelines

- Deadline: **Tuesdays at 5pm**
- Email: newsandnotes@auroville.services
- Content must be community-building focused:
 - Open and accessible to all community members
 - Not profit-oriented
 - Contributing to collective growth or well-being
 - Promoting Auroville's ideals and values

-
- For further information, please [click here](#) 😊 to view our complete FAQ document.
 - For past issues or to subscribe, visit: auroville.media/newsandnotes

We thank you for your collaboration and understanding.

DISCLAIMER:

Please note that the opinions and views expressed on these pages are solely those of the respective authors or work groups and do not necessarily reflect the position of the editors or the larger Auroville community. The News & Notes aims to provide a platform for the publication of diverse perspectives and voices from multiple sources within Auroville.

While our editors strive to ensure the accuracy of the information presented, we cannot guarantee that all information is free from error or omission. Additionally, we cannot be held liable for any alleged misinformation provided or offence caused by the content published.

In the event of any dispute, we encourage readers to consult with the Auroville Council, and we reserve the right to suspend the publication of disputed material. Our commitment to providing an open and inclusive platform for dialogue and exchange of ideas remains steadfast.

The News & Notes Team
newsandnotes@auroville.services

LIST OF ACRONYMS:

- **AVF** (Auroville Foundation),
- **AVFO/FO** (Auroville Foundation Office),
- **GB** (Governing Board),
- **RA** (Residents' Assembly)

The following groups are divided in two categories: The groups selected by the Residents' Assembly through Community decision making Processes and the groups put together by the GB and the FO (*not recognised by the Residents' Assembly*).

Working groups selected by the Residents' Assembly:

- Working Committee (RA WCom)
- Funds and Assets Management Committee (RA FAMC)
- Budget Coordination Committee (RA BCC)
- Town Development Council / L'avenir d'Auroville (RA TDC)
- Auroville Council (AVC)
- Entry Service (ES)

GB groups:

- Working Committee (GB WC)
- Funds and Assets Management Committee (GB FAMC)
- Budget Coordination Committee (GB BCC / GB BCS)
- Auroville Town Development Council (GB ATDC)
- Housing Service (GB HS)
- Land Board (GB LB)



NOTE FROM THE EDITORS



Dear Community,

Here is some important information:

- If you would like to support the RA N&N, please send us an e-mail at newsandnotes@auroville.services.
- Content sent through @auroville.org.in mail ID will only reach us if you use this [FORM](#) to submit your content.
- The mail ID to submit content is: newsandnotes@auroville.services
- Due to limited funding, please understand that we only provide printed copies to **public/shared spaces**.

Thank you for reading and for your continued support!

In community,

The RA Community Edition News & Notes Team 🌸

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WORKING GROUPS NEWS

FROM THE AUROVILLE COUNCIL

UNDERSTANDING THE DIMENSIONS OF THE AUROVILLE CRISIS: AVC INVITATION TO AVFO AND FO-WGS

The challenges Auroville has faced since 2021 are often discussed through specific events: the felling of trees, the construction of roads, changes in governance, legal disputes, restrictions on participation, and the growing divisions within the community. Yet these events are only the visible manifestations of a much deeper conflict.

Conflict-resolution theory identifies five dimensions through which complex conflicts can be understood. The situation in Auroville contains elements of all five.

A structural conflict exists when there is disagreement about systems, authority, and decision-making processes. Many residents have expressed concern over the increasing centralisation of power and the erosion of long-established participatory mechanisms. The question is not only what decisions are being made, but who is making them and through what process.

An instrumental conflict concerns the methods used to achieve shared goals. While many stakeholders agree that Auroville must continue to develop and evolve, there are profound disagreements regarding how this development should take place. Infrastructure projects, road construction, environmental interventions, and planning decisions have become flashpoints because people hold fundamentally different views on the means by which Auroville's future should be built.

An interest conflict emerges when groups compete over resources, influence, access, or control. Questions surrounding land, finances, information, governance, and the ability to shape Auroville's future have created tensions between different actors. These conflicts are intensified when people feel excluded from decisions that directly affect their lives and work.

A value conflict touches the deepest layer of the crisis. For many, the present situation is not simply about roads, trees, or administrative procedures. It is about the meaning of Auroville itself. Different interpretations of stewardship, participation, human unity, environmental responsibility, and fidelity to the founding vision have led to profound disagreements about what Auroville should become.

Finally, **personal conflict** has also developed over years of unresolved tensions. Relationships have been strained. Trust has been damaged. Communication has deteriorated. Disagreements that began over policies and procedures have become intertwined with feelings of hurt, frustration, fear, and betrayal.

Recognising these different dimensions does not solve the conflict. It does, however, help us understand its complexity. The crisis in Auroville is not a single disagreement that can be resolved through a single action. It is a multi-layered conflict involving structures, methods, interests, values, and relationships. Any lasting resolution will need to address all of these dimensions with honesty, openness, and a genuine willingness to listen to one another.

Auroville was conceived not as a place where one side prevails over another, but as a place where humanity learns to transcend conflict itself. That aspiration remains possible only if the causes of conflict are no longer reinforced, and if every effort is directed

towards rebuilding trust, restoring participation, and rediscovering the spirit of human unity that gave birth to this experiment.

Warmly,

The Auroville Council

Divya, Dyuman, Isabelle, Martin, Muni, Ramesh, & Sathiya



FO GROUPS NEWS

(not selected by due Residents' Assembly process)

FROM THE FO N&N 1137 + 1138

Please click [HERE](#) to read the FO groups' news

COMMUNITY NEWS



OBITUARY

ODE TO PETER – BROTHER IN SPIRIT (TRANSLATION)



I would like to join you in remembering our dear Peter, the one-of-a-kind „Peter Pan“, as some of you probably know him.

Twenty-six years ago, in the year 2000, when I first visited Auroville, he roared up one evening on his impressive Enfield, accompanied by a mutual friend, to the house where we were staying at the

time. We hit it off straight away and have remained in touch ever since.

Our shared familiarity with Rudolf Bahro and his lectures on Social Ecology, as well as my studies of this very one subject in an American college, immediately made us kindred spirits with a keen interest in this philosophy and an unwavering belief in a deeper understanding of a more wholesome way of human coexistence.

We spent hours philosophizing about the sense and nonsense of the Auroville project, its “raison d’être” and the limitations of a more bourgeois way of life in general.

Peter distanced himself from the latter throughout his life, which did not always necessarily bring him advantages; instead, I experienced him as a highly sociable figure with great openness to ever-new experiences and most unimaginable encounters and situations.

As a child of the '68 generation and later as a deeply involved witness to the period of political upheaval during the 90ties, particularly in and around Berlin, his life principles were shaped by the spirit of new beginnings and change, and by the conviction, born of experience, that much that seems impossible was, in fact, achievable – most of you who knew him here are surely familiar with the wonderful story of the birth and development of Auroville in all its many facets.

He was always drawn to young people and their power to bring about change through their unspoiled, idealistic way of approaching things.

I would like to describe Peter first and foremost as an idealist.

From that perspective, I found it rather difficult for him to be able recognize and accept his own dark sides, or rather those of life itself, although he was constantly busy examining them honestly.

As an extremely ethereal being – that is how I perceived him – it did not seem easy for him at times to find his way back into his body, as he was mostly engaged in the mental realm, in the spirit and in theory. As a result, I often found myself having long conversations with him about his physical ailments and offering him advice, and indeed also now and then helping him get organized in managing his day-to-day life. Fortunately, I wasn't alone in this!

Peter was always surrounded by an impressive number of 'Gopis' and 'Ganeshis' who delighted him, energized him and also cleared obstacles out of his way; I had the pleasure of getting to know a few of them, heard about others more frequently, and all the rest were always there too!

Peter moved through the world like a feather, gently, beautifully, lightly.

Just like a dandelion seed, which, much like a feather, moves through the world, yet is part of a rounded whole that comes into being and exerts its influence through its entirety.

In this spirit, I would like to conclude with this image, with the awareness that a harmonious whole can exist, if only one perceives it.

Peter Pan, that fabulous fairy-like creature!



*Franzi from Düsseldorf,
13 June 2026*

Translated with DeepL.com (free version). Original in German published in RA N&N N°1131.

IN MEMORIAM: MANFRED

Manfred (Manfred E. Lehnert) was a German physics engineer. He came to Auroville in the early 1990s having grown disillusioned with the lack of care for the environment during his time of work in Germany. In Auroville he settled in Petite Ferme on the invitation of Peter A. (who recently passed away as well). Together with Rolf B.,

a friend who arrived along with him, he acquired a piece of land there and built a guest-house, where both of them lived until they had built their own houses. His main interest was to build with environment-friendly materials.



According to Dorothee of Certitude, Manfred was a man with many ideas, pursuing them even if they couldn't quite materialise. He did experiments with a solar water distiller, and with making biodiesel from various oils, including pongamia oil. A project that did succeed was a much needed incinerator for the Auroville Health Centre that functioned well for a long time. Over the years, Dorothee (as an architect) and Manfred worked together a number of times on several projects, the last and most important being the Mahalakshmi Home for assisted living. Manfred was very aware of the difficulties facing elderly Aurovilians, and so he had earlier started working for, and further developing, the Auroville Health Services, located at Aurelec. The Mahalakshmi Home was inaugurated in 2019, by Dr. Karan Singh, the Chairman of the Auroville Foundation at the time. Permission to build it was already granted in 2014, but funding the project was quite a challenge. Another challenge faced by Manfred during the construction of the Mahalakshmi Home was of a personal nature: an old illness suddenly flared up and severely affected his health. He never fully recovered from that.



*Manfred and Dr. Karan Singh at the inauguration of Mahalakshmi Home
(photo by Dorothee)*

For the last few years, Manfred lived fairly isolated, being looked after by his wife Girija. He passed away on 22nd June 2026 at his home at the age of 84, and his burial took place two days later, at the Auroville Burial Ground.



COMMUNITY SHARING

VOICES OF AUROVILLE - ISSUE 11 (JULY 2026)



ISSUE 11
JULY 2026

Dear community,

The 11th issue of *Voices of Auroville* is out.

The past four months have brought further forcible expulsions, violent confrontations at the Youth Centre and the Town Hall, and court rulings that have narrowed residents' legal standing. They have also brought new acts of solidarity, wider national attention, and voices from

within and without the community speaking with clarity and conviction. It is all documented here, as always with fact-based reporting.

Since the closure of *Auroville Today* in late 2025, the need to give space to community voices has only grown. This issue features three exclusive interviews and one personal reflection.

We invite you to read the newsletter, the magazine, and to share both freely.

- **Short newsletter:** [click here](#)
- **Full issue:** [click here](#)
- Earlier issues: [click here](#)

To subscribe [click here](#), and to share feedback, write to voa@auroville.services.

Our deep gratitude goes again to all who contributed content and photographs to this issue, and to our readers for their continued support and trust.

In community,

The Voices of Auroville Editorial Team

YUVA SANGHA IS OPEN!



Dear Community,

Yuva Sangha (formerly Kailash) has reopened its doors a few months ago and is already taking shape, with four residents currently calling it home!

We know that many young people have been struggling with housing in Auroville, and we want the youth of our community to know that Yuva Sangha is here for them.

If you're between 18–26 and feel like contributing your energy, ideas & presence, we'd love for you to be part of shaping this community with us ❤️

News & Highlights from the Auroville Community



This is an independent publication, written by a team of Auroville residents and well-wishers committed to transparency, honest reporting, and giving voice to the residents of Auroville.

In partnership with
AURVILLE
Media Liaison

Open to volunteers, newcomers, and Aurovilians.

If it resonates, here's the form:
<https://forms.gle/Jr5Lhgcvx5iTakS99>

For any queries, contact us via email at
yuvasangha@auroville.org.in

Ivy
for the YouthLink Team



FROM THE AV DOCUMENTATION TEAM

Dear Community,

A form has been created by documentation@auroville.services for members of the Auroville community to confidentially report instances of injustice, misconduct, abuse of power, or unethical behaviour and practices occurring within Auroville since June 2021.

The purpose of this form is to document concerns relating to individuals serving in registered working groups, services, offices, committees, or other positions of responsibility within Auroville.

All submissions will be treated with sensitivity and confidentiality throughout the review process.

Please use the link below to access the form and submit your entries: <https://forms.gle/fkXfX8UdyLzPoAkk8>

Sincerely,
AV Documentation Team



FOR YOUNG PEOPLE LIVING AND WORKING IN AUROVILLE

***To interns, young volunteers and professionals in Auroville,
And curious youth of Auroville, this is for you***

Many of you have likely arrived through a particular project, internship, apprenticeship, volunteer programme, or field of work; or as youth of Auroville, are involved today in one or two particular areas of work. Yet Auroville itself is much larger than any single unit, profession, or area of activity.

Alongside your work placement, SAIER would like to invite you into [a complementary learning journey](#) shared with other young people currently living and working in Auroville.

We propose to explore the deeper context from which Auroville emerges.

This will include:

- **Weekly or bi-weekly Exploration of the context and *raison d'être* of Auroville, Sri Aurobindo's and The Mother's works, and the ancient Indian quest for meaning and purpose of life.**
- **Consolidated information on and strong encouragement of a regular physical education practice during their stay in Auroville.**

- **A weekly moment for reflection, dialogue, and self-assessment among interns from different units and fields of study.**

The intention is to create a space within your work schedule, in which these questions can be explored and the practical work of daily life can be placed within a wider scope.

An [email has been sent to units of Auroville](#) to invite them to explore this possibility. And ensure that if you are interested you will be supported in this exploration.

If this resonates with you, we invite you to fill out [this short form](#).

And we will reach out to you for a first meet next week.

We look forward to meeting you.

Aurevan
for SAIER



RESIDENTS SPEAK

TOREC OFFER DOUBLE OF IIT-M BID FOR FERTILE ANNAPURNA

100 acres of Auroville's Annapurna farm have been given to IIT-M with the Lease Deed reflecting a market value of ₹1/-. This is for some type of sustainability research.

The Tamil Organic Rice Eaters Coop (TOREC) is aghast at the removal of this super-fertile land from the small amount of productive source of premium organic food. TOREC is doubling IIT-M's offer for Annapurna. It is even ready to quadruple the bid.

"Industrial activity cannot take over food production activity. Batteries cannot provide the health that organic food does" said Narasimha A, one of the six trustees of TOREC.

Annapurna produces about 28 tons of paddy annually. "I do not feed my children anything other than brown or red rice from Annapurna. They eat all organic and are so healthy, never have to go to the doctor", said Durga M, another trustee.

"We know that IIT-M does not teach anything about organic food and land regeneration. The professors nor the students care about organic food—they do not understand the linkage between organic food, human health, health of the soil, and health of the planet", explained trustee Parasurama A.

TOREC is ready to take over the land and will not introduce any walls or barbed wire fencing. If the Auroville farmers are tired of farming, TOREC will take over cultivation and continue to grow varieties of native Tamil rice in an organic and bio-dynamic way. Auroville farmers will be compensated as consultants far more than IIT-M would.

Trustee Saraswati M exclaims: "Why are we continuing to move towards a jobless economy? Organic food needs labour and

provides good conditions for the workers and good results for the consumers. Increasing the status of farmers and labour should be a priority for the state and country.”

IIT-M has assigned 10 acres for very luxurious housing for few. This translated to 10 paise for the land, which is absolutely ridiculous. TOREC has been informed that a plan for a vipassana centre housing 60 students in simple dormitory conditions requiring far less than 5 acres of land was rejected by the Auroville Foundation. TOREC is ready to give 5 acres for a vipassana centre, which will be in the midst of green, just like in Buddha's time. The meditation will provide a vital and different source of energy which will improve the agricultural output.

The problem TOREC faces is who to present their bid to. There is no active person or committee at the Auroville Foundation's office who has the authority to review bids.

TOREC is therefore also trying to reach CM Vijay to request his help on the matter of loss of healthy food for healthy Dravidians.

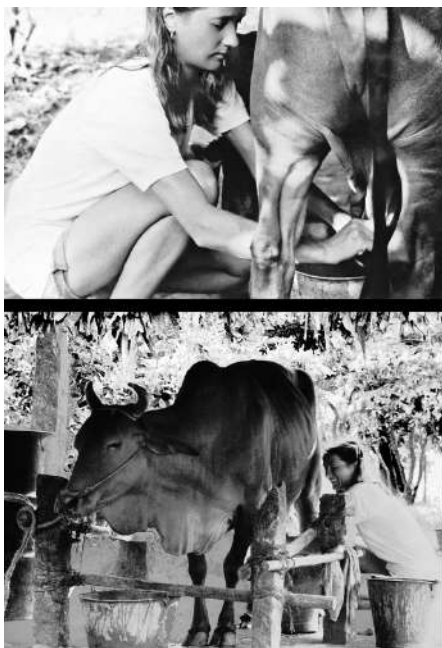
If anyone has a way to get the Auroville Foundation to accept a higher bid, or a way to interest the CM, please reach out to TOREC.

By Aurosatire



MOTHER'S AUROVILLE: THE SPIRITUAL KIBBUTZ

Contrarily to a certain narrative, Auroville was not founded with moneyless hippies on drugs. Quite the opposite. Auroville could only be born out of the self-offering of pioneers who settled, alone or with some companion, in a deserts spot, with no water and no infrastructure whatsoever; youths who physically worked hard, even 12 hours a day; using their bodies and personal money to make the place livable and expand, teaching by example more idealists to join. There was no other chance to settle in Auroville, and anyhow no reason: a spot where to live in full the 1968 revolution.



My first fourteen years in Auroville's green belt, where I lived until 1999, are the most precious apprenticeship to Auroville's consciousness. Like my close neighbors, I was financially self-sufficient; none of us would take away Auroville's precious money, the simple idea was repulsive to us. We came to give, not to take! But for physical survival we depended on mutual solidarity; "human unity" was an impelling necessity, we lived it day in and day out.

Still free from genocidal Zionism, in the seventies and eighties the kibbutzim's ideology appealed to youth all over the planet; it was normal for idealists to freely move between Auroville and some Israeli kibbutz, sharing goals and lifestyle. The Matrimandir Camp, with no servants and no paid workers, was run along a similar principle; working both at the construction site and at the same time in the kitchen, the residents lived spontaneously Mother's essential teaching: **the only hierarchy in Auroville is spiritual; the more advanced one is, the less the material needs, till they shrink to nothing.** The same rules applied to people like me and friends who, cycling from Pondy once a month for the full moon concreting lasting a few days, worked on shift, on the Matrimandir roof and scaffolding but also at the kitchen, same as the residents. And like them, we too were lodged and fed for free in exchange of our work. It was in fact same as if living in a kibbutz, as Mother wished for the whole Auroville: a perfect organisation based on ethics, idealism and goodwill.

A major difference with the Sri Aurobindo Ashram (and an obvious one) is that, there, Mother accepted servants and paid workers; she commented that the ashramites are too lazy, but she did expect the best from the young, energetic Auroville residents and rejected servants and paid workers. She specified, though, that these can be hired exceptionally, for not more than one year, the time to train some resident to do the same job.

In the name of an effectively lived human unity, Mother wished full integration as Aurovilians of ALL the paid workers. In the meantime, their children went to the same free schools along with the Auroville children and, if they accepted, instead of wages the parents received the same identical Auroville Prosperity as the residents [who worked and had no other financial means, the one condition the Mother set to disburse it].

Didn't Mother tell Satprem, in the famous conversation on 31 December 1967, that Auroville is an adaptation of the communist system? In saying so, honouring her own mother, a Marxist and a strict disciplinarian whom she thanked for the ethical education she received, the backbone and true lighthouse that percolates throughout her entire Auroville creation. Is it by chance that both were Jew, and Mother set guidelines evoking a kibbutz's organisation?

The absence of such ethics, guiding from deeply within, is the one source of incomprehension and failures, for the past three decades making people overturn Mother's detailed, well-articulated instructions; incapable to acknowledge that Mother's Auroville is the ideal society, a first signpost heralding the transition towards the supramental society of gnostic beings.

Nothing less than Mother's complete set of well-articulated guidelines will do. The catch is the ideal society – not our petty selves.

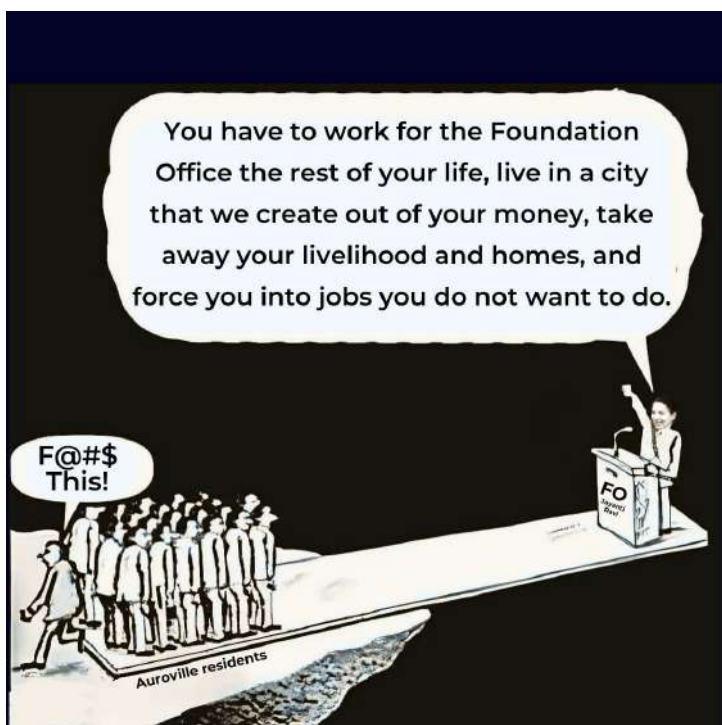
Paulette



FOOD FOR THOUGHT



https://www.instagram.com/p/DLy2_yyO4lw/



FRENCH NEWS & NOTES

NOUVELLES D'AUROVILLE



Auro - Traductions

2 Juillet 2026

Click on date or scan the QR code to read the **French** News&Notes.



AUROVILLE CONVERSATIONS



Submitted by an Aurovillian

INNER JOURNEY

INTRODUCTION TO THE INTEGRAL YOGA OF SRI AUROBINDO AND THE MOTHER

Tuesday 14th July, 9 am - 12 noon

Led by Ashesh Joshi

Place: Mirabelle Education Centre, Auromodele

Ph/WhatsApp: 94891 47202 (Please register)

All are Welcome



AMPHITHEATRE - MATRIMANDIR

MEDITATIONS AT SUNSET WITH SAVITRI

**Every THURSDAY
from 5:30 to 6:00pm**

(weather permitting)



Savitri, Sri Aurobindo's poem, read by Mother to Sunil's music, is a daily for everyone to concentrate in this beautiful open space in the very center of Auroville.

- **Reminder to all:** The Park of Unity is a place for silence, meditation, and inner work and is to be used only as such. We request everyone: please do not use cameras, tablets, cell phones.
- **Guests:** From this month onwards, up to next September, SAVITRI READING timings are now from 6:00 to 6:30pm. Get a book at the Centre in advance or the day before. Bring your Savitri card with you.
- **Access:** Reporting, no later than 5:45pm. Leaving, no later than 6:45pm. Access is only from the Centre only from 5:15pm. Last entry for guests to the Amphitheatre.
- **Last exit for guests** at 6:15pm.

Velmurugan for the Access Team

SAVITRI SATSANG WITH NARAD

EVERY TUESDAY, 04:30 - 05:15PM

In this deep exploration of Savitri we will study:

1. The mantric basis of Savitri
2. The importance of iambic pentameter in epic poetry
3. The wealth of definitions in Savitri from Sri Aurobindo and Mother

**Both resumed on
Tuesday 7th July**

OM CHOIR WITH NARAD

EVERY TUESDAY, 05:30 - 06:15PM

Please join us in this collective aspiration,
in the form of united prayer.

No prior singing experience is required.

At Savitri Bhavan - Square Hall



INTEGRAL CONSCIOUSNESS - NEW YOUTUBE CHANNEL



Artistic insights can be a powerful tool to explore the deeper concepts of spirituality.

'Integral Consciousness', a YouTube channel is launched to introduce Sri Aurobindo's vision artistically (Youtube handle, [@integralconsciousness](#)). The first video is an animation, "[Sri Aurobindo's Teaching](#)", and presents a letter by the Lord. Sri Aurobindo wrote it to a disciple in 1934. It briefly outlines his vision.

The video is available in 4K (2160p). Subtitles are available in over 24 languages and soon various language Audios will be available as well. The text of this video with all its translations is available on the website: <https://integralyoga-auroville.com/> The following videos will cover Sri Aurobindo's philosophy, insights on life and guidance on the practice of his yoga.

Ashesh Joshi

VIBRATIONAL SOUND BATH

SOUL NURTURING MEDITATIVE EXPERIENCE WITH THE
ORIGINAL RUSSIAN SINGING BELLS

*These are sounds of the Beginning
These are sounds that cradled the worlds*

Harmonious play of rich powerful tones and strongly resonating overtones invokes a profound state of inner peace, tranquility and self-healing, bringing deep physical and psychological relaxation.

Open Group - Everyday 3:00 - 4:30pm

At Mirabelle Education Center, Auromodele,
Kuyilapalayam

Led by Vera (Instagram - [Vera.Auroville](#)) and Ashesh Joshi

Please register in advance

Ph/WhatsApp: +91 94891 47202, +91 94862 47202

(Private sessions on request at other timings)

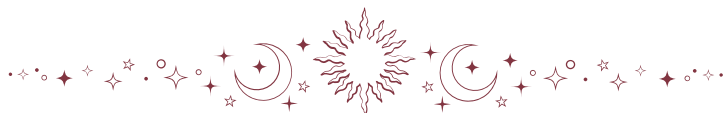
EXPLORING SRI AUROBINDO AND MOTHER IN LAST SCHOOL

Exploring Sri Aurobindo and Mother in Last School

Last School is happy to open its doors and welcome all those who are interested in exploring Mother and Sri Aurobindo's works.

If you are interested in being part of this initiative and collective learning exploration please register:

Whatsapp +447515377896 or
email misha@auroville.org.in



ANNOUNCEMENTS

WOMEN CHOIR RESTARTS

The women choir "**Auroville Harmonies**" is restarting its rehearsals to prepare a new program.

If you are interested and want to join our musical trip around the world, contact Antoine for an audition:

antoine@auroville.org.in

89407 40529



TACO NIGHT UPDATE

FRIDAY 10TH JULY, YOUTHLINK

Hello everyone,

Due to some administrative requirements that we're currently working through, we won't be serving food this Friday.

But the gathering is still happening! Come by for an evening of community, karaoke, board games, conversations, music, and good company.

We're working to complete all the necessary requirements so Taco Nights can return as soon as possible. Thank you for your patience and support as we get everything in place.

Friday | 7 PM | YouthLink

See you there! 🧡



📅 Every Friday • 7 PM • YouthLink

Guests coming from outside Auroville (limited spots): please register using the form below. This helps us coordinate with Auroville Security and Vehicle Service, making entry through the checkpoints smooth and ensuring we can welcome everyone comfortably.

🔗 <https://forms.gle/MUayFk8wiqCHY3Jn6>

THE IDEA KITCHEN:

WHERE DO YOU GO WHEN YOU'RE NOT A CUSTOMER?

Lots of new fancy spaces are opening around us. But many of them aren't built for the locals who are a part of keeping this community alive, the people who live and work here.

Across Auroville and its surrounding villages, we see more and more beautiful, fancy spaces opening up. But do we also notice that many of these spaces are inaccessible to a lot of common folks?

We don't have an answer to making every space accessible to everyone.

But we do have the energy to build spaces that are.

Welcome to The Idea Kitchen.

Every week, we host a taco night with food, music, and games. Anyone can come, eat, and enjoy.

There is no fixed price. Instead, contributions are generosity-based.

If you are able to contribute, it helps us cover food, setup, and other basic costs. If you are able to contribute more, it helps keep the space accessible to those who cannot contribute.

Our intention is not to generate large profits, but to generate something much more valuable: **community**.

In a time when many spaces are becoming increasingly commercial, this is an experiment in accessibility, trust, and community.

If you believe spaces like this matter, we invite you to become a monthly supporter of this initiative.

Every donation, regardless of size, helps sustain this vision.

To support

Please fill out the form linked below or stop by the YouthLink office:

<https://forms.gle/TyeFfHjrcHTzJNa87>

With gratitude,
YouthLink Team

MODERN & CONTEMPORARY DANCE CLASSES FOR CHILDREN AGES 8-12

EVERY WEDNESDAY, NEW CREATION

For children ages 8–12

Join our ongoing Modern & Contemporary Dance group, led by two teachers. We are looking for committed and enthusiastic new students who are excited to explore the world of dance together!

 **Every Wednesday**

 **4:00–5:30 PM**

 **New Creation**

Classes include:

- Warm-up games
- Creative movement improvisation
- Strong group-building activities
- Dance technique
- Plenty of opportunities for self-choreography and creative expression



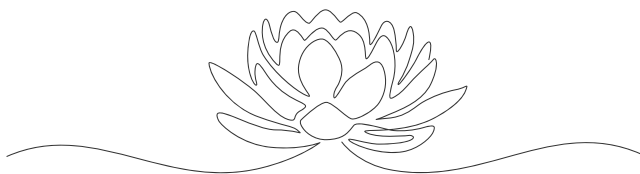
Interested?

We'd love to hear from you!

For more information, contact us on WhatsApp:

+49157 53563369

Malia & Leela



ASHTANGA YOGA WITH MONICA

STARTING FROM MONDAY 13TH JULY, PITANGA

Ashtanga Yoga

with Monica Marinoni

KPJAYI Authorised
Level 1 & 2 teacher

Monday to Friday
7am – 10am (self paced)

Saturday
7am – 8.30am
(led primary series)

*NO classes on:
Sundays,
New & Full Moon days,
Public holidays*



Ashtanga Yoga, practiced in its correct sequential order, gradually leads the practitioner to rediscovering his or her fullest potential on all levels of human consciousness: physical, psychological, and spiritual. Through the practice of correct breathing (Ujjayi Pranayama), postures (Asanas), and gazing point (Dristi), one gains control of the senses and a deep awareness of oneself. By maintaining this discipline with regularity and devotion, one acquires steadiness of body and mind.

Classes with prior registration only. No drop-ins.
Booking with the teacher only:
marinonimonica@gmail.com — QR code



More information:

www.monicamarinoniashtangayoga.com
or WhatsApp +39 3917254083



Pitanga Cultural Centre, Samasti, Auroville 605 101 | info@pitanga.in | 0413 - 2622403, 9443902403
A service unit of the Auroville Foundation, Health and Healing Trust branch, | GSTIN: 33AAATA0037BY3N

ASHTANGA YOGA IN PITANGA starting again from Monday 13th July. Contact details for registration and sign in on the flyer

AVAILABLE

GARDENER AVAILABLE – HALF TIME POSITION

We would highly recommend our gardener or farm worker, **Hom Prasad**, who is currently looking for a half-time position following the departure of some of his previous employers.

Hom Prasad is a hardworking and thoroughly reliable individual with good gardening experience, and we have been very happy with his work. If you are looking for dependable gardening help, please do get in touch and we would be happy to provide further details.

Contact details: +91 94984 59594



500G HONDASHI POWDER



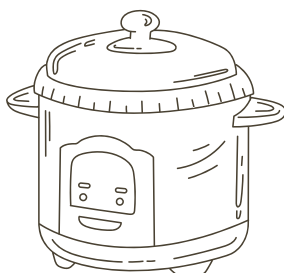
Anyone wants to share some excellent non-veg Hondashi powder with me? I have a half kg extra!

- Mauna, WA 94431 68323

SLOW COOKER (NOT A PRESSURE COOKER)

Electric, 2.5 litre capacity, use to make broth over a 24 hour period

Contact 94863 63525



LOOKING FOR

SOUGHT: WORK THAT SEEKS ME BACK

Work always found me in Auroville, rather than the other way around. In April, an office order found me instead, removing me from my responsibilities at MMC-Cinema Paradiso after twenty years. I have duly filled the HRS form to access a few months of bridging fund, and have been advised to find something soon, or else.

The Work: Work at MMC-CP was, by any reasonable measure, a two-in-one. Keeping a community venue functional, booked, technically sound, and financially prepared for the inevitable large repairs, while simultaneously curating films, which if done properly is a 24x7 occupation with little budget and no off switch. Add weekly announcements, finance tracking, budgeting, and reporting. To my knowledge, it is the only non-emergency service in Auroville that ran with just 2 official off days per year, zero expenditure on holidays or social expenses, and still delivered 360+ films and 900+ hours of programming per year. That is not nothing.

The Beginning: The Beginning: It really began with Marco, who envisioned it, and me. Anand came daily from the first screening in 2004 for over 1.5 years without any maintenance support. Laxmanan helped with handyman work and logistics in those early years. It ran on goodwill and some inexplicable magic. Over the years people joined, contributed, and collaborated, and the network of filmmakers that began in my university days expanded. My role grew as we learned, streamlined, and regularized, though my maintenance came from elsewhere. I was formally added to MMC for maintenance only around 2018. Luckily, Ramesh had already joined the team. Post-Covid, as we transitioned to a trust, the work expanded further. We managed, and more than that, we sailed.

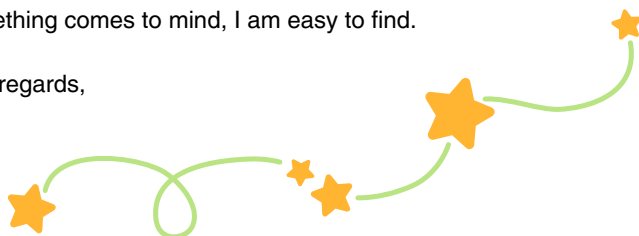
What I Left Behind: When the office order arrived in April, MMC-CP had an adequate running budget, an expensive sound system replaced (Rs. 5 lakhs+) through an AVI-USA donation, a new projector (Rs. 5 lakhs) and laptop (Rs. 74K) purchased from funds we had set aside, Rs. 6 lakhs+ still in reserve for further equipment work that is always expensive, and a recurring donation stream generously pledged by the community that more than replaced the monthly budget we had lost. It was a community theatre. It was supported and held by the community.

What I Also Bring: Turning to the other side of the experience ledger, I am an ecologist and wildlifer by training, MS with Dr. Rauf Ali (you may remember him fondly), and PhD from the USA, with expertise in forest and natural habitat assessments. I also hold a PDC (permaculture), with training in organic horticulture and experience in community gardens. More relevantly, I have substantial experience in the development sector including development banks, that enables me to take up project and program evaluation, grant review, monitoring, management, and advisory roles.

What I Am Looking For: Full maintenance, ideally flexible hours, independence, and work that is needed and that needs me. Available from 1 August. The arrangements, however, need to start soon.

If something comes to mind, I am easy to find.

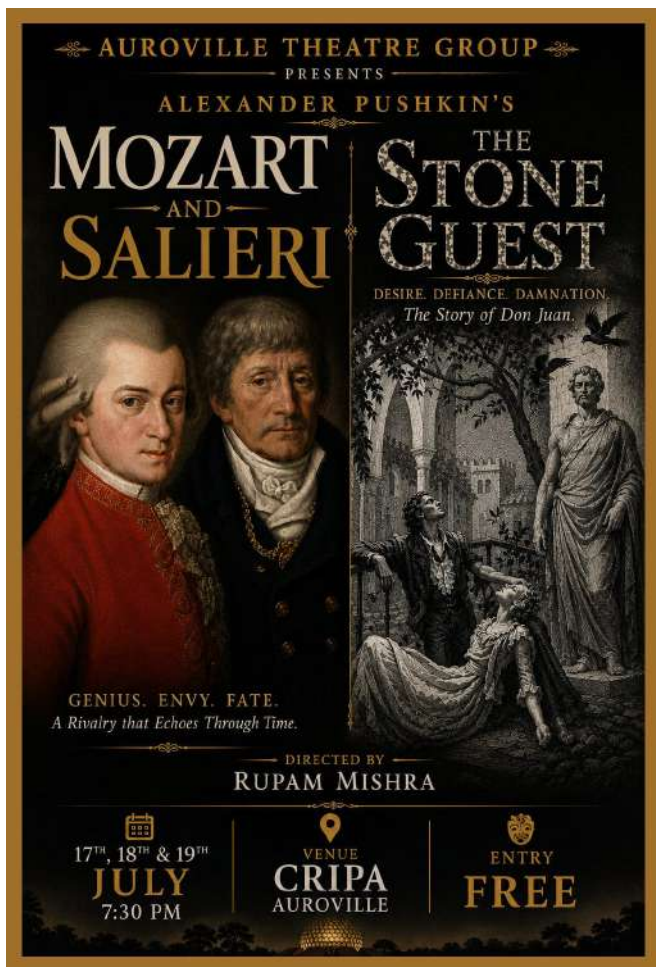
Warm regards,
Nina



CULTURAL ANNOUNCEMENTS

THE AUROVILLE THEATRE GROUP PRESENTS PUSHKIN'S MOZART AND SALIERI AND THE STONE GUEST

17TH, 18TH, AND 19TH JULY, CRIPA



The Auroville Theatre Group presents:

Part 1: “Mozart and Salieri” – Pushkin’s gripping look at artistic jealousy. It follows the bitter composer Salieri, who is driven to madness as a result of his jealousy of Mozart’s effortless, divine genius.

Part 2: “The Stone Guest” – Pushkin’s dark humour applied to the infamous seducer Don Juan, his legend, and his fate.

- Fri 17th, Sat 18th, and Sun 19th July, 2026
- 7:30 pm @Cripa, Kalabhumi, Auroville
- Entrance is Free. Contributions are Welcome!

Cast: Otto, Valentin Hoyla, Rajesh Sam R, Monica Pradhan, Priyanka Sunkesula, Vibhore, Abishek P, Bala, Kumud Baliyan, Rupam, Christopher

Set Design: Kumud Baliyan, Vivek Yadav.

Lights: Dr. Binu Kumar L

Sound and recording: Corpas Christy CC

Props and Costume: Vibha, Rajni, Mahaniya

Dramaturgy: Alexander Pereverzev

Musicians: Hartmut Von Lieres, Holger Jetter

Director: Rupam Mishra

Alexander Pushkin (1799-1837): the renowned Russian lyrical poet is the most outstanding representative of the Golden Age of Russian poetry and the creator of the modern Russian literary

idiom. While he is mostly remembered for his lyric and romantic poems and long narrative pieces like “Eugene Onegin”, he also authored a number of prose works and plays, of which “The Little Tragedies” are a good example.

FOOD

MANGOES AVAILABLE AT BARAKA

FRESHORGANIC

BARAKA
MANGOES



SUPPORT LOCAL HARVESTS

8:30AM - 4PM
MONDAY - SATURDAY

LOCATION
BARAKA COMMUNITY

Mango season has started at Baraka. Please pass by to get some.
We also have spicy pickles and soon mango jam.

With abundance,
Baraka

FOOD FOREST TOUR & SUNDAY BRUNCH
EVERY SUNDAY, LA FERME COMMUNITY



FOOD FOREST TOUR
& SUNDAY BRUNCH

Living Foods & Vegan Ice Cream Making

Every Sunday, 9-11 AM
La Ferme Community
(5 min from AV Bakery)



 WhatsApp Sarah: 9047421044

www.myfoodforest.in



AUROVILLE RADIO



Dear Aurovilians,

Your favourite radio is always working for you. Stay tuned!

Last Published Podcasts

- [Marlenka's weekly Offering – Ep.172](#) (Literature)
- ["Mother's Chronicles : Mirra" by Sujata Nahar, Read by Fif - B 1 C 10- "Musical Waves"](#) (The Mother)
- [Une série hebdomadaire de lectures par Gangalakshmi – Ep.539](#) (Integral Yoga)
- [Marlenka's weekly Offering – Ep.171](#) (Literature).

Latest Youtube Video

- [Sri Aurobindo's The Life Divine read by Deepti Tiwari - Book 1 - Chapter - 10](#)
- [Savitri - Ep.13 : Introductory Comments in Tamil | சாவித்ரி காவியம் ஓர் அறிமுக விளக்கம் by Dhanalakshmi](#)

....and more! on www.aurovilleradiotv.org.

For more information write to radio@auroville.org.in

Peace and love

Regards,

Sai Priya for Auroville RadioTV



FOR THE BOOKWORMS

STORYTIME AT THE AUROVILLE LIBRARY

EVERY SATURDAY
MORNING

Children of all ages (and
adults) are welcome!

Every **Saturday**,
10 - 11am,
Auroville Library.



CELEBRATE THE CHILD - BOOK LAUNCH AND READING
MONDAY 13TH JULY, AUROVILLE LIBRARY



Celebrate the Child

Book launch and reading

6:45-7:45pm, Monday 13 July @Auroville Library

Bring your inner child.
Contribution for the book,
if you happen to like it.

Anandi Z



to know yourself when
it's right for you. So
it go and go with the
is falling behind
inhibition. Lido!

POETRY

A line of ants,
disturbed, dispersed
in random haste.

Sensing another ahead,
each paused at a distance
and steered aside
to avoid collision.

An instinct of self-preservation
playing out on a larger scale,
coping with a chaos
perhaps not of their own making.

Tuition fees in Earth School
soar skyward—

Clouded by the sense of separation,
each pays the price
of our in-humanity.

What feeds it?
What freezes?

Where is the intuition
that sets us free?

A Deeper Sleep

I slept, a deeper sleep than death itself.
It seemed but a brief moment in all time
Or time dissolved and space collapsed in me.
Then I awoke and saw the world anew,
A symbol of unfolding unity.
I slept again and in my dreams I saw
The one called Hitler in a drawing room
He bade me sing and bend to his dark will
But I refused the fast approaching doom
And found myself in an unholy place.
I said to my friend, 'It is too silent here'.
As we watched a scene of horror through a glass;
Men in sorrow's robes walked solemnly,
For evil's hour now had come to pass.
Shouldering coffins, each with their dead child
In grief so still it kept all sound away.
And then I saw a woman dressed in grey,
Who leaned her head against the final man,
The procession of the dead had just begun
As I recognized the woman Incarnate,
The Madonna of Sorrows grieving for mankind.
I prayed the dream to end, had I not seen
The wounded earth to loveliness returned?
And now Death's fingers closed around the pure,
The beautiful, the saintly, and I yearned
To see again the world in wonder grown,
Nations, men, the scars of battle healed
And never more the soul to darkness yield.
Before our eyes there is held up a veil
That we be not blinded by His blinding light,
But some to enter day must pass through night.
When next I sleep I shall see in my dreams
A new creation rise on the frontiers
Of consciousness, appearing as a flame
And know that all shall be the sages claim.
There is a truth behind this false-front world,
Emerging fully formed from death's cocoon
By the Will of the Creatrix of the Dawn
Man shall to his diviner state transform.

Narad



Light, Only Light



I have wandered through shadow and flame,
Through veils of gold and veils of dust.
I have searched for the Face behind the light,
For the silence where whispers turn to trust.

But what is this thirst, this hunger, this ache?
A wound that is fire, yet never burns?
A cry that is music before it is sung?
A longing that curves, but never returns.

O Light, not distant, not apart,
Not a lamp upon the mountain's crest,
But a fire in which I yearn to walk,
A cave where I long to rest.

I seek You not as sun or moon,
Not as vision, nor as sign,
But as the fire that consumes the self,
As the spark that undoes me and mine.

Let me fall into Your roaring depths,
Let me be burned, let me be blind—
Until I see with the Awakened Eye,
Until I am Light, undefined.

What world, what grain of sand remains,
When the seer and the seen are One?
What name remains, what form endures,
When the river dissolves into the sun?

The flute, the breath, the music merge,
The silence sings, the song is free.
No seeker now, no sought remains—
Only Light.
Only Thee.

Sehdev Kumar

CINEMA

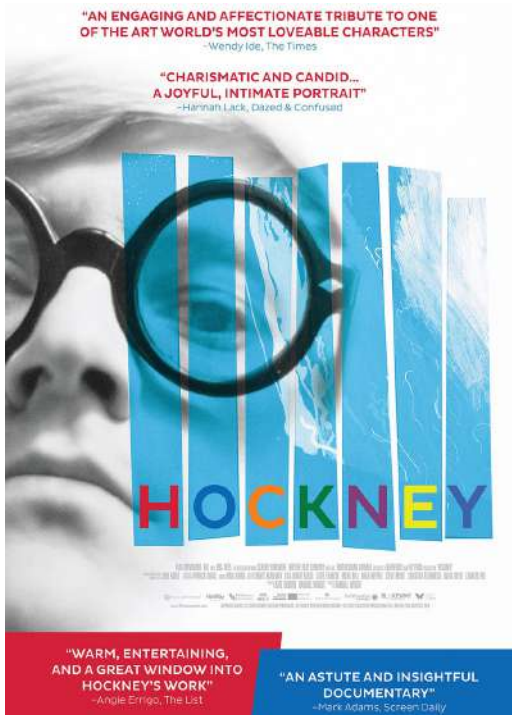
NEW MOON MOVIE - HOCKNEY

WED 15TH JULY, MULTIMEDIA ROOM, CENTRE D'ART, CITADINES

Every New
Moon day, Art
movie
screening at
Centre d'Art,
Citadines.

This month it
will happen on
**Wednesday 15
July at 5pm**, in
the Multimedia
room.

Everybody is
welcome.



HOCKNEY by Randall Wright - 2014, 112 min, original version in English with English subtitles.

The film chronicles Hockney's vast career, from his early life in working-class Bradford, where his love for pictures was developed through his admiration for cinema, to his relocation to Hollywood where his life long struggle to escape labels ('queer', 'working class', 'figurative artist') was fully realised.

"It's been said that there was something of the holiday about David Hockney, that, despite personal loss, he sees the world with holiday eyes, as if for the first time. I wanted to capture this attitude without taking away the mystery and magic of a great artist." Randall Wright.

FLICKERS FILM CLUB AND AUROVILLE FILM INSTITUTE FILM DISCUSSION CIRCLE

SUNDAY 12TH JULY, 1ST FLOOR, 1, OUTER RING ROAD

Film Discussion Circle

Movie: Neeraj Ghaywan's *Juice*

Venue: Auroville Film Institute

Date: 12th July, Sunday

Time: 3:00 - 5:00 PM

Languages: Tamil & English

Age: Strictly 18+ **Entry:** Free



- **Screening + Discussion**
- No Prior Registration Required
- Limited Seating - First Come First Served



Flickers Film Club and Auroville Film Institute are excited to invite you all to the latest session of our Film Discussion Circle!

For this session, we'll be taking up Neeraj Ghaywan's short film 'Juice'. Following the events of an evening while Manju and other wives work in the kitchen, their husbands booze and joke in the living room, this impactful short explores the questions of gendered labour, misogyny, and casteism, among others. Join us for a screening and discussion on these themes and more.

Event Details

- **Film:** Juice (2017)
- **Date:** 12-7-2026
- **Time:** 3:00 – 5:00 PM
- **Venue:** 1st floor, 1, Outer Ring Road, Auroville, Kulapalayam, Bommayapalayam, Tamil Nadu - 605 101.
- **Language/Medium of Discussion:** Tamil and English
- **Entry:** Free (only people above the age of eighteen will be admitted)
- **Seating:** Limited (first-come, first-served basis)

***Important Notice:** Though we do not usually do it, as this is a short film, we will be doing a screening before our discussion session. You can also watch the film for free on YouTube.*

YAY!

Cinema Paradiso

Multimedia Center (MMC) Auditorium

Film program : 13th - 19th July 2026



Cinema Paradiso programs at the MMC warmly welcome the community. Doors open 15 minutes before showtime and close once the film begins, so please arrive on time.

For everyone's enjoyment, kindly avoid crossing in front of the screen or using mobile phones when lights are off. Food and beverages are not permitted inside the hall.

INDIAN - MONDAY 13 JULY, 8:00 PM:

• KATRIN MOZHI

India, 2018, Dir. Radha Mohan, w/ Jyotika, Vidharth, Lakshmi Manju and others, Drama-Comedy, 148mins, Tamil w/ English subtitles, Rated: PG.

The story revolves around Vijayalakshmi, a talkative home-maker who is often belittled by her family for failing her Class 12 exams. Seeking to carve out her own purpose, she accidentally lands a job as a late-night relationship advice radio jockey. The film humorously and sensitively explores her rise to popularity, while balancing the subsequent insecurities it causes in her husband.

POTPOURRI - TUESDAY 14 JULY, 8:00 PM:

• L'ENFANT LOUP

France, 1998, Dir. Pierre-Antoine Hroz w/ Natalie Carter, Jean Curtelin, and others, Drama, 90mins, French w/ English subtitles, Rated: PG.

Poppy is a marketing specialist whose life is turned upside down when she fakes an engagement with her boss's handsome new client Milo, to win over her strict building manager and get Milo the penthouse suite.

SELECTION - WEDNESDAY 15 JULY, 8:00 PM:

• IP MAN

China, 2008, Dir. Wilson Yip, w/ Donnie Yen, Simon Yam, and others, Drama-Martial Arts, 106mins, Chinese w/ English subtitles, Rated: PG.

During the Japanese invasion of China, a wealthy martial artist is forced to leave his home when his city is occupied. With little means of providing for themselves, Ip Man and the remaining members of the city must find a way to survive.

INTERESTING - THURSDAY 16 JULY, 8:00 PM:

• HOW OUR BRAIN JUDGES PEOPLE IN A SPLIT SECOND

Germany, 2026, Dir. Dorothee Kaden, w/ Angelina Kohler, Prof. Hans-Jochen Menzel and others, Documentary, 49mins, English w/ English subtitles, Rated: PG.

Our brains form first impressions of people in as little as 100 to 250 milliseconds, relying heavily on the amygdala and the hippocampus. This split-second processing evaluates faces and body language for trustworthiness, competence, and dominance before we are even consciously aware of what we are seeing and psychological studies on this phenomenon reveal how these snap judgments shape our social realities.

INTERNATIONAL FILM - SATURDAY 18 JULY, 8:00 PM:

• FOREVER YOUNG

USA, 2023, Dir. Henk Pretorius, w/ Bernard Hill, Diana Quick, and others, Romance-Thriller, 100mins, English w/ English subtitles, Rated: R.

A thought-provoking sci-fi drama exploring the psychological and moral dilemmas of de-aging. It centers on Robyn, a 70-year-old woman who takes an experimental formula that reverses aging, and her husband, who declines because he cherishes their shared history with zero regrets.

CHILDREN'S MATINEE - SUNDAY 19 JULY, 4:00 PM:

• RIO 1

USA, 2011, Dir. Carlos Saldanah, w/ Jesse Eisenberg, Anne Hathaway and others, Animation-Family, 96mins, English w/ English subtitles, Rated: PG.

After meeting each other, two blue macaws are kidnapped by bird smugglers and must work together, and with new friends, to return home. Along the way, they get to know one another and realize that they have more in common than they originally thought.

CLASSIC WORLD CINEMA @ CINÉ-CLUB

CINÉ-CLUB SUNDAY 19 JULY, 8:00 PM:

• THE OTHER SIDE OF HOPE

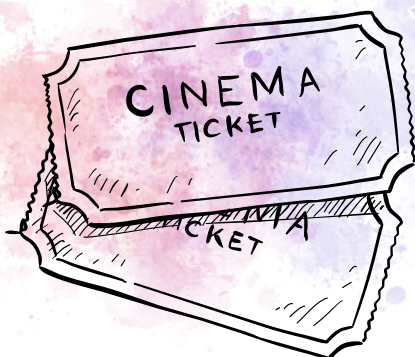
Finland, 2017, Dir. Aki Kaurismaki, w/ Sherwan Haji, Sakari Kuosmanen and others, Comedy-Drama, 86mins, Finnish w/ English subtitles, Rated: PG.

Displaced Syrian Khaled lands in Helsinki as a stowaway; meanwhile, middle-aged salesman Wikström leaves behind his wife and job and buys a conspicuously unprofitable seafood restaurant. After Khaled is denied asylum, he decides not to return to Aleppo, and the two men's paths cross fortuitously.

Rating codes we often use are from Motion Picture Association of America (MPAA):

- G = General Audiences,
- PG = Parental guidance suggested,
- PG-13 = Parents strongly cautioned,
- R = Restricted (equivalent to Indian rating: A i.e., for Adults),
- NR = Film Not Rated, Rating awaited.

To organize a seminar/program at MMC Auditorium, kindly email us at mmcauditorium@auroville.org.in.



*Pride divides the men,
humility joins them.*

Socrates

COMMUNITY SERVICES

ESSENTIAL SERVICES

AUROVILLE'S FINANCIAL SERVICES (AVFS)

- **Timings:** Monday to Saturday, 9am - 12:30pm, and 3pm - 4:30pm
- **Phone:** 0413 2622171
- **Email:** financialservice@auroville.org.in

HOUSING SERVICE

- **Public Timing:** Monday to Friday, 09:30am - 12:30pm / 02:30pm - 04:30pm. Saturday, 09:30am - 12:30pm
- **Phone:** 0413 2622658
- **General Email:** housing@auroville.org.in

ELECTRICAL SERVICE (AVES)

- **Timings:** Monday to Saturday, 8am - 4:30pm
- **Phone:** 0413 2622132 / 94888 68747 for fault works, repair works and job works
0413 2622264 for clarifications reg. electricity bills, job and repair works bills
- **Email:** aves@auroville.org.in

GAS BOTTLE SERVICE

- **Timings:** Monday to Saturday, 9am - 1pm and 2pm - 4pm
- **Phone:** 0413 2622452
- **Email:** avgasservice@auroville.org.in

WATER SERVICE

- Monitors water lines and supply within AV, undertakes water-related jobs.
- **Timings:** Monday to Saturday, 8am - 12pm and 2pm - 4:30pm
- **Phone:** 0413 2622877, 89035 53246
- **Email:** avwaterservice@auroville.org.in

ECO SERVICE (WASTE COLLECTION/MANAGEMENT)

- **Timings:** Monday to Saturday, 8:30am - 12:30pm, and 1:30pm - 4:30pm
- **Phone:** 63796 69034
- **Email:** ecoservice@auroville.org.in

POUR TOUS DISTRIBUTION CENTRE (PTDC)

- **Timings:** Monday to Saturday, 9am - 5pm
- **Phone:** 0413 2622746 / 2622796
- **Email:** ptdc@auroville.org.in

POUR TOUS PURCHASING SERVICE (PTPS)

- **Timings:** Monday to Saturday, 8:30 am - 7pm
- **Phone:** 0413 2622152

AUROVILLE LIBRARY

Timings:

Mornings:

- Monday to Saturday : 9am - 12:30pm

Afternoons:

- Mon, Wed, Thurs, Fri & Sat: 2pm - 4:30pm
- Tuesday : 4pm - 6:30pm

Children's Storytime! All ages welcome!

- Every **Saturday** between 10am - 11am.

- Phone** : 0413 2622 894

- Email**: avlib@auroville.org.in

- Website**: <http://library.auroville.org.in/>



HEALTH

SANTÉ SERVICES IN 2026

Santé

Working Hours:

Monday - Saturday: 9:00 - 12:30pm & 2:00 - 4:30pm

Tests and Sample collection:

Monday - Friday: 8:30am - 12:00pm

No sample collection on Saturday

For emergencies, contact:

Auroville Ambulance (24/7) - Phone: **+91 94422 24680**

Government Ambulance (24/7) - Phone: **108**

Appointment

Please call Santé (0413) 262 2803 during working hours for an appointment.

Doctor Consultation with Dr. Joseph, Dr. Pavan & Dr. Sana Monday to Saturday	Nurse Care - Thilagam, Ezhil, Archana & Sandhya: Daily: no appointment needed
Ayurveda with Dr. Berengere: Mon / Tues / Wed / Fri	Homeopathy with Michael: Monday / Wednesday / Saturday
Physiotherapy & Massage with Galina: Monday to Friday	Physiotherapy with Arun: Monday to Friday
Midwifery & GYN Care with Paula: Monday & Wednesday	Integrative Psychotherapy with Juan Andres: Monday to Friday
Holistic Therapy with Louis Patric: Monday to Friday	Soundbed Session with Sandhya / Thilagam: Monday to Saturday

Bio-Well Assessment (Evaluation of your well-being) with
Helena – inquiry email adminsante@auroville.org.in

In Santé, we value our patient's confidentiality and make every effort to ensure their privacy.

In case of cancellation or to reschedule, it is necessary to inform us in advance.

HEALTH CENTER - KUILAPALAYAM

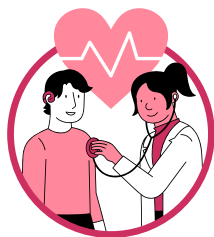
Contact: 0413 291 0005

Pharmacy:

- 8:00am - 5:30pm Monday to Saturday

Doctor Consultation:

- 8:30am - 5:00pm Monday to Friday
(1 - 2pm Lunch Break)
- 8:30am - 1pm (Saturday)



DENTAL CLINIC - KUILAPALAYAM

- **Timings:** Monday to Saturday, 9am - 5pm daily
- **Phone:** 0413 2622007 / 2622265
- **Email:** aurodentalcentre@auroville.org.in

TIME TO SUMMERNATE AYURVEDA HEALTHY TIPS



According to Ayurveda, the qualities of summer are hot, sharp, and penetrating. That's why our *pitta dosha* - the subtle fire that controls metabolism and transformation - can cause us to overheat. The sun saps the energy from the body, from the plants and the earth, increasing heat and dryness.

Pitta needs to be looked after to maintain a good energy, mental clarity, joyfulness, good digestion and blood circulation, a beautiful glow on the skin and a sound sleep.

When Pitta is out of balance it will give skin problems, hot flashes, exhaustion, indigestion or loose stool. Emotionally, excess Pitta manifests through irritation, short-temper, impatience, judgement/criticism, perfectionism...

Before Pitta reaches uncontrollable heights, remain cool, calm and pamper the liver:

With the food: As Agni (digestive fire) weakens, it is better to eat light, unctuous (slightly oily), cooling food such as salads and juices.

- Favorable taste: Bitter taste, Sweet taste (to take moderately in case of diabetes and high triglycerides). Salty taste should be taken reasonably
- Drink water stored in earthen pot
- Raw food/salads are taken at lunch mainly
- Proteins: mungdal, chickpeas, beans, sprouts, nuts and seeds, non-veg: white meat, fish, seashell, dairies for breakfast or lunch, eggs
- Cereals for energy: jasmine rice, barley, red rice, millet (fermented ragi)
- Vegetables: pumpkin, bittergourd, bottlegourd, snakegourd, ashgourd, cucumber (taken separately), salads, green leafy vegetables, broccoli, cabbage, celery, carrots, drumstick (moringa), zucchini, plantain
- Fruits: amla, pomegranate, banana, ramphala, chiku, papaya, apple, grape, date, watermelon and melon (to be taken separately), coconut
- Beverages: buttermilk, sweet lassi, coconut water, mint, lemongrass, cardamom, chamomile, nannari (sarsaparilla), amla juice, watermelon juice, vegetable juice, cucumber milk (blend ½ cup of peeled cucumber in 1 cup of milk - cow or other veg milk - with a pinch of sugar), electrolyte (1 lemon juice + 1tsp of sugar + 1 pinch salt in a glass of water),
- Lipids: ghee, olive or sunflower or coconut oil
- Spices: cumin, coriander, black pepper, turmeric, fennel seeds, fresh aromatic herbs (dill, coriander, fennel, mint, parsley, saffron).

Avoid:

- Pungent and sour tastes (especially for people who are Pitta dominant)
- Pitta increasing items: chillies, fermented food (apart from idli and dosai), deep-fried, sour buttermilk or curd, red meat, alcohol (strong liquor, red wine), coffee ...
- Drinking beverages coming from the fridge or freezer during meals
- Ice-cream at the end of a meal (best to be taken when the digestion is finished, around 4pm).

Routine to favour:

- Avoid direct sun contact specially between 11am and 4pm, and protect from the heat by keeping a humid towel/cap on the head
- A nap of half an hour after lunch is allowed
- Body massage with coconut oil – if there's no time every day to apply oil on the body, then massage ears, hands and feet + pour 4-5 drops of coconut oil on the fontanelle
- Bath with cool water and apply a paste of sandalwood on the face, heart and lower abdomen (these are the 3 main parts that should remain fresh to maintain the coolness in the whole body); foot bath in the evening with vetiver roots, rose water or hibiscus flowers
- Swimming, aquagym, any water activities. Qi-Gong, Tai Chi, light running: max 30 minutes early morning or late evening; walks in green environment, forest
- Soft yoga, pranayama (Sheetali, Sheetakari, ida nadi inhalation-left nostril inhalation), meditation with Gayatri mantra
- Walk under the moonlight, full moon bath
- Wear loose and comfortable cotton or linen clothes (white, blue, green, gray colours)
- Cooling jewellery: sandalwood beads, jade, pearl, amethyst crystals, moonstone, silver, aquamarine
- To refresh the ambiance use lemon or orange peel, jasmine flowers, lavender, wet cloth hanging at the open window, vetiver curtains.

Cooling plants for the summer:

- **Amalaki – Amla:** refrigerant and full of Vitamin C, rejuvenating fruit
- **Aloe vera:** rejuvenates blood and tissues
- **Aegle Marmelos – Bael fruit:** make juice from the pulp and decoction with leaves, it calms body and mind. It is slightly laxative, do not take during pregnancy
- **Coriander:** seeds soaked in water for urinary infections, kidney weakness
- **Red Hibiscus:** leaves and flowers for shampoo and conditioner; flowers for herbal tea
- **Manduka parni – Centella asiatica** leaves: rejuvenating and tonic for brain and nerves
- **Pudina – Mint** leaves: herbal tea or dishes
- **Radha consciousness – Clitoria Terneata** flowers: herbal tea or juice
- **Sarsaparilla – Nannari** syrup: soothing and cooling
- **Shataavari – Asparagus racemosus:** cooling, calming Pitta, very good for Vata women to harmonize hormones
- **Vetiver** roots: for bathing
- **Yashtimadhu – Licorice:** to refresh the body and to calm irritation, inflammation or ulcer in the digestive tract.

Wishing you a beautiful summer

Be @ Santé Clinic

PS: all these recommendations are more elaborated in my book "Take care of yourself with Ayurveda", available at Maroma in Aspiration, the bookshop of Visitor Centre and Auroville Press Publishers in Aspiration



MATRIMANDIR ACCESS INFORMATION

IMPORTANT ANNOUNCEMENT REGARDING THE
CHANGE IN TIMINGS EFFECTIVE FROM 1 FEB 2026.

Access to the Park of Unity

- The Matrimandir, the Petals, the Lotus Pond and the Banyan Tree are areas of silence.
- The Park of Unity is open to Aurovilians and registered Newcomers daily, 6am-7:30pm.
- Aurovilians may bring close family and friends (maximum 3) to the Gardens only daily, 9am-3:30pm.
- **Aurovilians bringing children under the age of 10 to visit the Gardens may do so only after 11.30am except Tuesday when they can come from 9am to 11am.**
- Aurovilians wishing to bring close family to the Gardens at any other time should inform mmconcentration@auroville.org.in before 11am on the day of the proposed visit.
- Registered Volunteers and Donors require a pass to enter the Park of Unity. Timings will be indicated on the pass.
- Published events in the Park of Unity are open to Aurovilians, Registered Newcomers, Volunteers, Pass holders and Guests. Guests should bring their Aurocards.
- Savitri Readings on Thursday evenings: Guests holding only Aurocards wishing to attend should book by filling in the form at <https://bit.ly/savitri-reading> one or two days in advance.
- Visits to the Park of Unity and Inner Chamber should not be included in the program of any conference or workshop. Participants should be directed to the Viewing Point.

Access to the Inner Chamber of the Matrimandir for Aurovilians, Newcomers and registered Volunteers

The Matrimandir is a place for silent individual concentration

- The Inner Chamber is open to Aurovilians and registered Newcomers:

Monday – Saturday	6:00 am - 8:00 am, 4:30 pm - 7:30 pm
Sunday	6:00 am - 12:00 pm, 4:30 pm - 7:30 pm
- The Inner Chamber is open to **registered Volunteers**:
 - Every day, 4:30pm - 6:00pm.
 - Volunteers are requested to come and get their revised passes between 10:00 am to 10:30 am from the Matrimandir office with prior booking at matrimandir@auroville.org.in
 - **It is obligatory for the volunteers and pass holders to carry the pass with them.**
- **The Inner Chamber is open to Aurovilians wishing to accompany a maximum of 3 close family members and friends no more than once in two weeks, with booking 3 to 5 days in advance to mmconcentration@auroville.org.in:**

Any day except Tuesday & Sunday, <u>8:00 am - 8:25 am</u>
Arrival at 7:45 am at the Office Gate
- The Inner Chamber, the Petals and the Gardens are open to the Children of Auroville and the Outreach Schools:

Tuesday 9:00 am - 11:00 am

- Auroville units can bring their staff to the Inner Chamber with a prior booking at mmconcentration@auroville.org.in:

Tuesday 8:00 am - 8:30 am

Petals of the Matrimandir

- The Petals are open to Aurovilians, registered Newcomers, and Pass holders

Daily	7:00 am - 8:00 am, 5:00 pm - 6:00 pm
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Access to Matrimandir for Visitors and Guests

Matrimandir Viewing Point: The Viewing Point is open to the general public on presentation of a Pass. Visits to the Matrimandir Viewing Point are free of charge. Free passes can be obtained at the Auroville Visitors Centre.

The Viewing Point lies south of the Park of Unity and offers visitors a panoramic view of the Matrimandir and the Gardens and the Lake.

Starting from the Visitors Centre.
Daily, 9:00 am - 5:30 pm

The Inner Chamber of the Matrimandir is open to Visitors and Guests by prior booking only. Visitors and Guests seeking to concentrate in the Inner Chamber are requested to inquire at the Information Desk of the Visitors Centre after first visiting the Viewing Point, or to go to the website: auroville.org

- Prior booking is required to access the Inner Chamber at least one or two days in advance. Bookings for concentration are given for the following or the first free day as per availability and are accepted only up to one week in advance. Minimum age 10 years.
- The Petals are open to Visitors on the morning of their Inner Chamber visit.

Security

Please note that it is not permitted to

- Swim in any of the ponds, the channel and the Lake except the Children's ponds in the Garden of Youthfulness
- Throw pebbles into the ponds and fountains
- Pick flowers in the Gardens
- Climb to the very top of the Petals.

Parents, please supervise your children at all times.

Bags, cameras and cell phones should be left in the lockers or the Access office.

Please no photography, videos or drones without prior permission. For permission, please write to matrimandir@auroville.org.in.

Antoine for Matrimandir Executives Team



ACCESSIBLE AUROVILLE PUBLIC BUS

avbus@auroville.org.in / +91 94430 74825

Join our [WhatsApp](#)
group of Auroville Bus
to get regular updates:

Auroville TO PONDICHERRY

	Trip 1	Trip 2	Trip 3
Svaram Musical Center	7:00	8:50	14:50
Vérité Guest House - Junction	7:02	8:52	14:52
Town Hall - Main Parking	7:06	8:56	14:56
Solar Kitchen (Ex Round About)	7:10	9:00	15:00
Certitude Entrance	7:12	9:02	15:02
New Creation Road	7:17	9:07	15:07
SBI Bank—Kuilapalayam	7:19	9:09	15:09
ECR Junction—Aroma Guest House	7:23	9:14	15:14
Quiet Healing Center—Junction	7:26	9:17	15:17
Lotus Hotel—S.V Patel Salai	7:36	9:30	15:30
Ashram Road Junction	7:38	9:33	15:33
Ashram Dining Hall	7:40	9:35	15:35

Pondicherry TO AUROVILLE

	Trip 1	Trip 2	Trip 3
Ashram Dining Hall	8:00	12:15	18:10
Ashram Road Junction	8:02	12:17	18:12
Lotus Hotel—S.V Patel Salai	8:07	12:22	18:17
Quiet Healing Center—Junction	8:17	12:32	18:27
ECR Junction—Aroma Guest House	8:20	12:35	18:30
SBI Bank—Kuilapalayam	8:25	12:40	18:35
New Creation Road	8:27	12:42	18:37
Certitude	8:32	12:47	18:42
Solar Kitchen (Ex Round About)	8:34	12:50	18:44
Town Hall - Main Parking	8:38	12:54	18:48
Vérité Guest House - Junction	8:42	12:58	18:52
Svaram Musical Center	8:45	13:00	18:55

- Single Trip = ₹100 per person
- Monthly Scheme (Students + AV Workers) = ₹1200
- Monthly Scheme (Students + AV Workers) = (One Way) ₹850

Auroville Vehicle Service, Town Hall, Auroville, 0413 2623302

EMERGENCY SERVICES

Ambulance (24/7):

Auroville 94422 24680	PIMS 0413 2656271
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Security (24/7):

Auroville Security & Emergency Services (ASES) 94430 90107	Auroville Police Station 0413 2677318
Kottakuppam Police Station 0413 2236148	Vanur Fire Station 0413 2677368

Health:

Health Center 0413 2910005	Santé 0413 2622803
Farewell 89038 36246	

Mental Health 24/7 Support:

Vandrevala Foundation **99996 66555**

India Emergency Response Service (24/7): 108