

Auroville NEWS & NOTES

No 1123 - A weekly bulletin for residents of Auroville

30 April 2026

RA EDITION



PONDERING

When one has work to do for a community, to take a decision for personal motives and to abandon one's work is a serious mistake.

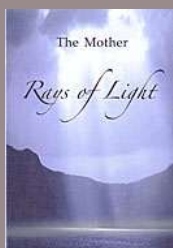
You mention faults committed which cannot be corrected: this is wrong. Any fault can be corrected if you sincerely set to work to *correct yourself*. To run away from the progress to be made is an act of cowardice and I cannot approve of it.

First of all make a sincere and complete confession of faults committed. Afterwards I shall see what is to be done.

The Mother, 30 May 1953, [Collaboration and Harmony in Work](#), Words of the Mother II



RAYS OF LIGHT



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THE BASES OF YOGA

SIMPLICITY

page 57

To express Harmony, of all things Simplicity is the best.

*

There is a great beauty in simplicity.

*

Spirituality is supreme simplicity.

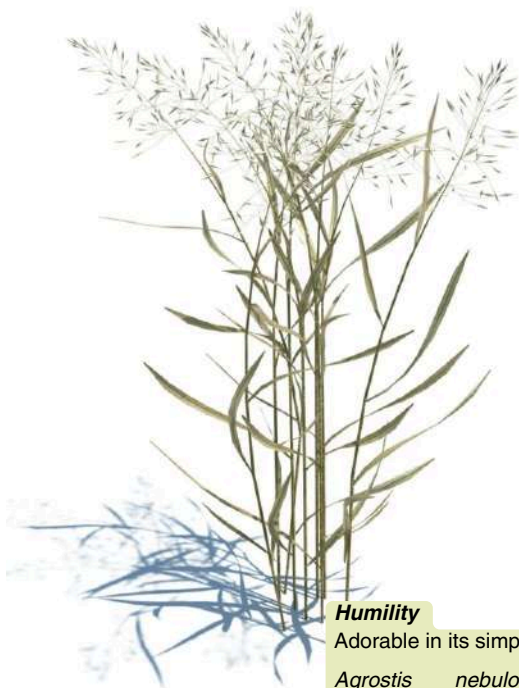
6 March 1971

*

True spirituality is very simple.

6 March 1971

HUMILITY AND MODESTY



Humility

Adorable in its simplicity. - *The Mother*

Agrostis nebulosa (*Sporobolus capillaris*), Gramineae.

Dropseed

The greater beings are always the most simple and modest.

*

The more we advance on the Path, the more modest we become and the more we see that we have done nothing in comparison to what remains to be done.

4 June 1956

page 58

Do not think yourself big or small, very important or very unimportant; for we are nothing in ourselves. We must only live to become what the Divine wills of us.

*

You are becoming very wise and approaching the realisation that we are nothing, we know nothing and we can do nothing; only the Supreme Divine knows, does and *is*.

*

True humility consists in knowing that the Supreme Consciousness, the Supreme Will alone exists and that the I *is not*.

*

In truth, sincere humility is our safeguard - it is the surest way to the indispensable dissolution of the ego.

*

Whatever is your personal value or even your individual realisation, the first quality required in yoga is *humility*.

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GRATITUDE

Gratitude: it is you who opens all the closed doors and lets the Grace which saves penetrate deeply.

*

Gratitude:

A loving recognition of the Grace received from the Divine.

A humble recognition of all that the Divine has done and is doing for you.

The spontaneous feeling of obligation to the Divine, which makes you do your best to become less unworthy of what the Divine is doing for you.

NEWS & NOTES GUIDELINES

DEADLINE FOR SUBMISSIONS:

TUESDAY 5PM

The content of News & Notes is a reflection of the growth process of this community towards its ideals of Harmony, Goodwill, and Truth. Editing of submissions, mainly for reasons of space and clarity, is done according to an established policy.

RA NEWS & NOTES - A QUICK GUIDE



What We Publish

- Working group announcements and reports
- Residents' voices and personal sharings
- Free cultural events open to all residents
- Information from essential services
- Content that strengthens community-building in Auroville

Working Groups & Foundation Office Content

- All RA Working Group announcements will be included
- Links to Foundation Office content will be provided without duplication
- Direct submissions from Foundation Office groups will be included as regular content

What We No Longer Publish

- Commercial activities and paid workshops
- Non-community-focused events
- Content from "Activities & Events," "Food, Goods & Services," and "Classes, Workshops and Healing Arts" sections

Exceptions

We may consider including content that falls outside these guidelines if:

- It is submitted exclusively to RA News & Notes
- It has significant community benefit
- It aligns with our service-oriented focus

Submission Guidelines

- Deadline: **Tuesdays at 5pm**
- Email: newsandnotes@auroville.services
- Content must be community-building focused:
 - Open and accessible to all community members
 - Not profit-oriented
 - Contributing to collective growth or well-being
 - Promoting Auroville's ideals and values

- For further information, please [click here](#) 😊 to view our complete FAQ document.
- For past issues or to subscribe, visit: auroville.media/newsandnotes

We thank you for your collaboration and understanding.

DISCLAIMER:

Please note that the opinions and views expressed on these pages are solely those of the respective authors or work groups and do not necessarily reflect the position of the editors or the larger Auroville community. The News & Notes aims to provide a platform for the publication of diverse perspectives and voices from multiple sources within Auroville.

While our editors strive to ensure the accuracy of the information presented, we cannot guarantee that all information is free from error or omission. Additionally, we cannot be held liable for any alleged misinformation provided or offence caused by the content published.

In the event of any dispute, we encourage readers to consult with the Auroville Council, and we reserve the right to suspend the publication of disputed material. Our commitment to providing an open and inclusive platform for dialogue and exchange of ideas remains steadfast.

The News & Notes Team
newsandnotes@auroville.services

LIST OF ACRONYMS:

- **AVF** (Auroville Foundation),
- **AVFO/FO** (Auroville Foundation Office),
- **GB** (Governing Board),
- **RA** (Residents' Assembly)

The following groups are divided in two categories: The groups selected by the Residents' Assembly through Community decision making Processes and the groups put together by the GB and the FO (*not recognised by the Residents' Assembly*).

Working groups selected by the Residents' Assembly:

- Working Committee (RA WCom)
- Funds and Assets Management Committee (RA FAMC)
- Budget Coordination Committee (RA BCC)
- Town Development Council / L'avenir d'Auroville (RA TDC)
- Auroville Council (AVC)
- Entry Service (ES)

GB groups:

- Working Committee (GB WC)
- Funds and Assets Management Committee (GB FAMC)
- Budget Coordination Committee (GB BCC / GB BCS)
- Auroville Town Development Council (GB ATDC)
- Housing Service (GB HS)
- Land Board (GB LB)

NOTE FROM THE EDITORS



Dear Community,

Here is some important information:

- If you would like to support the RA N&N, please send us an e-mail at newsandnotes@auroville.services.
- Content sent through @auroville.org.in mail ID will only reach us if you use this [FORM](#) to submit your content.
- The mail ID to submit content is: newsandnotes@auroville.services

Thank you for reading and for your continued support!

In community,
The RA Community Edition News & Notes Team



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WORKING GROUPS NEWS

FROM THE AUROVILLE COUNCIL

FAMC DIRECTIVE REGARDING SAIER MAINTENANCES: AVC COMMUNICATION

Dear Community,

Please find below an email sent by the Auroville Council to the FAMC about their directive regarding teachers' maintenances for your kind information:

Subject: Teachers' maintenances

To: FAMC <famc@auroville.org.in>

Cc: SAIER <saiier@auroville.org.in>

Dear FAMC,

The Auroville Council has been made aware of the recent directive to SAIER regarding teachers' maintenances. Whilst we understand that the FAMC wishes to encourage all Aurovilians towards full-time work, we strongly urge you to consult with SAIER and schools and work out a way together that would actually benefit everyone instead of impeding on the schools' valued work.

Indeed, each school has a budget allocation for a certain amount of maintenances. The budget available to the schools is already limited, and these allocations are known to be barely adequate for the running of the schools concerned. Many teachers work full-time whilst receiving half-maintenances out of their spirit of goodwill. Others work part-time at school and part-time elsewhere, receiving maintenances from two different sources. Although these arrangements may sometimes not be ideal, they allow schools to function with very limited budgets, relying on the goodwill of the teachers and the flexibility of the school administration. It is clear that if your directive is strictly applied, many schools may be unable to retain sufficient teachers, and much needed teaching staff would need to seek work elsewhere.

Thus, we would like to encourage you to genuinely consult with the teachers, schools, and SAIER executives in order to fully understand the implications of this directive and to find the best way forward. We fully support the move towards providing full-time maintenances for all Aurovilians, and encourage everyone to work for the community. However, we believe that this needs to be done in the right way, both by providing the resources needed, and by encouragement given to work in the spirit of Karma Yoga, whilst being sensitive to individual needs and aspirations.

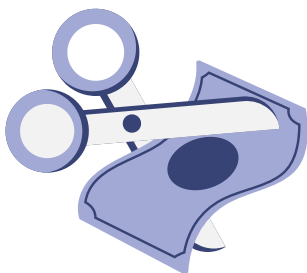
We would be happy to meet with you to discuss a way forward.

Please note that we are writing from our individual email addresses because the AVC email in the auroville.org.in domain has been blocked for several years now.

Sincerely,

The Auroville Council

Divya, Dyuman, Isabelle, Martin, Mouttou, Muni, Ramesh, & Sathiya



AVC REPORT - 10TH MARCH 2026

Dear Community,

It has been several months since the recent forming of new working groups, and the Auroville Council would like to share an update on the activities we have been conducting since then:

- Addressing 3 cases of conflict amongst residents. The Council is responsible for assisting residents in finding solutions for internal conflicts. However, the Council has no power to impose solutions and can only provide guidance.
- Exploring Auroville's core principles and how to best share them with all concerned, as well as hearing residents' views on self-governance and other common issues; please refer to our recent [communication](#).
- Assessing a new voting platform proposed by the RAS intended to simplify the voting process for RA decision-making processes.
- Exploring the Entry process in light of ATR and ATSC, and looking at the issues caused by the imposition of their process after the completion or partial completion of the RA-approved Newcomer process.
- Hearing about the Youth Center situation. The Council has met with the youth who are presently involved in the Youth Centre and heard their stories and their aspirations for the future. We were touched by their sincerity and their genuine wish for a solution which cares for Auroville youth. To maintain partiality by always hearing both sides to a conflict, the Council invited the GB-appointed Working Committee to hear their perspectives on the issue, but so far have had no response. A [note](#) was shared with the community against the use of violence following the last incident at the Youth Centre.
- Meeting regularly with all the RA-selected working groups and exploring ways to work together, see N&N [publication](#). Our most recent meeting had us exploring this angle: How can we, as Aurovilians and members of working groups, respond meaningfully to residents in need? The current climate, marked by fears around visas, safety, work, and housing, calls for a conscious shift out of isolation and into presence.

This begins with meeting people where they are, listening to their concerns, and fostering networks of mutual support. We believe that we have a responsibility to communicate clearly with the community, including through shared reports that affirm our availability and roles.

Actions grounded in sincerity and the right spirit can generate constructive ripple effects, strengthening trust and reinforcing a culture of care. Supporting existing initiatives, and enabling new ones to emerge, remains essential to sustaining the collective well-being.

The Auroville Council would like to add that we are a team composed mostly of members who have full-time occupations apart from our commitment to the Council, and we strive to do our best in fulfilling our Council roles.

Additionally, it is our understanding that each working group exists to support the community in its functioning, in accordance with its designated role.

Sincerely,

The Auroville Council

Divya, Dyuman, Isabelle, Martin, Mouttou, Muni, Ramesh, & Sathiya



STATUS OF AUROVILLE RESIDENTS AFFECTED BY VISA ISSUES



Recent visa difficulties are affecting a growing number of Auroville residents. In several cases, individuals have left Auroville without their visas being renewed because they were not provided with the required letter of recommendation. As a result, they may be unable to demonstrate possession of a valid visa, which is normally required to return to India as an Auroville resident, and may only be able to enter on a tourist visa.

According to the Auroville Foundation Act, the responsibility for determining whether a person is an Aurovillian rests with the Residents' Assembly, not with the Governing Board or the Secretary of the Auroville Foundation Office.

In this context, the Auroville Council and the Working Committee of the RA wish to reaffirm that those concerned continue to be considered Aurovillians by us.

While this does not resolve the immediate visa constraints or prevent some residents from having to leave India, we hope that it helps maintain clarity regarding their status within the community and preserves the possibility for them to return in the future. We would also like to express our solidarity and support for those currently affected by this situation.

If you have been experiencing visa issues, please contact the WCom of the RA at workingcom@auroville.services

The Auroville Council

(Divya, Dyuman, Isabelle, Martin, Mouttou, Muni, Ramesh, Sathiya)

The Working Committee

(Anita, Elvira, Jayavel, Matthieu, Prashant, Raju, Valli)



FO GROUPS NEWS

(not selected by due Residents' Assembly process)

FROM THE FO N&N 1128

Please click [HERE](#) to read the FO groups' news

COMMUNITY NEWS

COMMUNITY SHARING

FROM FOODLINK: AUROVILLE MILK AVAILABLE



Dear Residents & Units,

We have about 20L of raw cow milk available on Sunday afternoons and we're looking for **regular orders** with a minimum quantity of 500ml.

You can place your order via e-mail (foodlink@auroville.org.in) or WhatsApp (+91 83002 68804) and collect the milk in your own container(s) at our office next to PTDC between 3-4pm.

Thanks, *Aumurto*

INFORMATION ON THE SERVICING OF SEPTIC TANKS

Septic tanks function as settlers for biowaste solids in wastewater. They are sealed at the bottom and on the sides and have an overflow outlet to the next part of a sewage treatment system. The bacterial breakdown of the settled sludge is the first step in sewage treatment.



The settled sludge needs to be removed at regular intervals (to permit continuous settling of solids), that is between a few months and a few years dependent on septic tank size, wastewater volume and number of wastewater generating users. When sludge sediment fills about half the height of the tank, suspended solids get less time to settle and increasingly flow above the sediment into the next treatment modules - where they inhibit subsequent treatment functions.

The operation of sludge removal does not need to empty a septic tank from all wastewater - this would be a waste of work and of costs; it is only meant to remove the sludge sediment. A small mass of sludge left at the bottom of the tank serves as a starter for optimum performance, as it contains the microbiota that decompose the biowaste. -- Please avoid dropping non-biodegradable waste into toilets and drains.

The dry months of the year i.e. the current season till late July is the best time for this service; monsoon times and heavy rains will make it difficult or impossible.

Please call Pour Tous Water Team, who can arrange for the service, at 2622899 or 98436 44308.

In case of questions, please contact ecopro@auroville.org.in.

Lucas, EcoPro (2622469)

SUMMER TIMINGS - THE AUROVILLE LIBRARY

Summer at the Auroville Library

Closed FRIDAY 1st May 2026

Our summer timings begin on
Saturday 2nd May - Tuesday 30th June 2026

Open 9am - 12.30pm Monday to Saturday

Open 4pm - 6.30pm Tues, Thurs & Sat

Wishing everyone a cool summer!



A SUMMARY OF EVENTS HAPPENING IN AUROVILLE TODAY (APRIL 26)

YOUTH CENTER NEARLY DISMANTLED

In the [1116th issue](#) of the RA News and Notes, a French family of six announced they would be leaving Auroville shortly, stating they had “reached [their] limits”, and invited fellow residents to a [farewell gathering](#) at the Youth Center (YC) on 20th March evening. The family had been subject to ongoing housing, visa and financial pressure by the residents in the AVFO-aligned groups.

On the morning of 20th March, a group of approximately 30 AVFO-appointed individuals arrived unannounced with a JCB and several trucks to dismantle the YC, later [describing](#) the operation as the “clearing of an unauthorized and long-standing encroached settlement”. The group was led by Sindhuja, Antim, Joel, Muriel, Kaliananda and Selvaraj — closely associated residents who hold several concurrent postings within the AVFO. (For example, Sindhuja is a member of the GB 'ATDC', the AVFO 'Head of Town Planning', the AVFO 'HRS', the AVFO 'Media Vetter' and 'Official Spokesperson', as well as the AVFO 'Legal Coordinator').

The AVFO appointees began removing items from the kitchen, cutting the YC water pipes, and destroying assets. A call for support was circulated, and a number of residents came to the site to bear witness and stand in support of the YC. An altercation subsequently took place between Antim, Sindhuja and Joel, and two YC inhabitants, Dingbawi and Swati. The altercation escalated : one YC occupant was pushed to the ground by Joel for filming the scene, following which the other occupant struck Joel. Both parties attended a local hospital and filed police complaints. A first-hand account by an external witness is available [here](#), as is a report by the AVFO appointees [here](#). The YC inhabitants did not publish an account of the events publicly.

Two days later, the RA WCom published a [massbulletin](#) acknowledging “a specific violent altercation at the Youth Centre”, and stating that “false narratives” had been circulated “by those working closely with and for the Foundation Office”. Presenting what it described as “a more balanced account”, the RA WCom characterized the incident as “an escalating sequence of actions from all involved”, in which there is documented evidence of “verbal and physical provocation and several instances of violence on the side of those enforcing the destruction”. The massbulletin further condemned “the use of violence by anybody and everybody” and “the impunity with which these persons representing the Foundation Office continue to threaten, aggress and evade any responsibility for their unacceptable and violent actions under the guise of representing a Governing Board whose term has expired in October 2025.” The RA WCom requested that any residents answering future calls for presence maintain calm and document proceedings.

Following the incident, the AVFO filed a police complaint against 27 individuals “involved in the obstruction of clearing operations at the Youth Centre”. The AVFO 'WCom' also sent a list of eight people who had been present at the YC, including two young adults who grew up in Auroville, to the Guest Registration Service, guest houses and AVFO Security services, informing them that these eight individuals had been “blacklisted”. The AVFO 'WCom' instructed these services to cancel their C-Forms and to deny them entry into Auroville. The RA WCom responded via [massbulletin](#), noting that “the people named in this public manner have not been informed of this action against them, they have not been presented with any allegations which could lead to these actions being taken against them, nor have they been given a chance to present their version of events”.

The RA WCom further instructed the Guest Registration Service, guest houses and AVFO Security services “to refrain from taking action until there is a written order by the relevant Indian authorities signed by name(s)”.

On 2nd April, the AVFO ‘WCom’ published their own update via [massbulletin](#), characterizing the space as “a hangout and party venue for guests and tourists”, stating that “efforts” had been undertaken “to clean and prepare the Old Youth Centre area to facilitate harmonious development”, and that “approximately 90% of the clearing work has been completed”. They also mentioned that “a new Youth Learning & Training initiative is currently being developed with support from the Government of India”.

On 27th March, an anonymous account identifying itself as “Auroville Child & Youth Protection” sent an [email](#) about the YC incident to Indian authorities, AVFO appointees and media outlets. The email requested for an independent investigation, a safe testimony mechanism for residents, urgent intervention, and a review of the Secretary’s reappointment. This email prompted replies by Sindhuja and the AVFO ‘WCom’, among others. The full email thread is available [here](#). The Auroville Child & Youth Protection account later sent follow-up communications, on [30th March](#) (formal complaint “to the responsible decision-maker”), [9th April](#) (evidential statement), [14th April](#) (record of events) and [20th April](#) (direct appeal to Dr Jayanti Ravi).

A YC “Record of Events” was prepared by the Auroville Child & Youth Protection account and can be [found here](#). You can also watch [here](#) a documentary movie on the YC, published in September 2023.

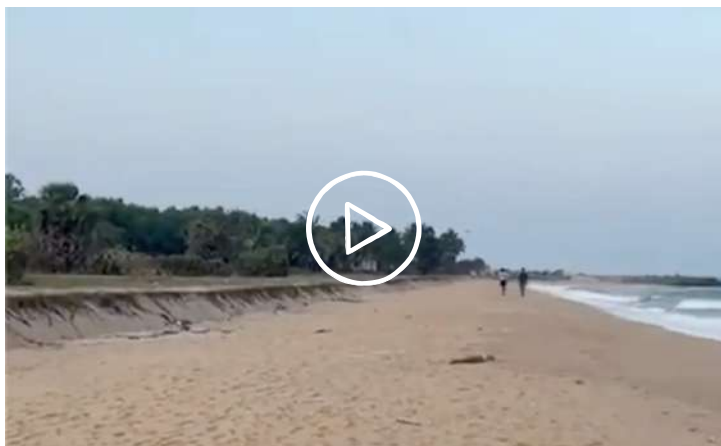
UPDATE ON ETERNITY LAND EXCHANGE

In December 2025, Eternity residents were informed through the AVFO ‘WCom’ that a land exchange was planned for the entirety of the Eternity community, starting with a first exchange of 7.5 acres. Between mid- and end-February, the AVFO made several attempts to enter the land without the agreement of Eternity residents, who requested documentation and procedural clarity that had not been provided. On 22nd February, Eternity residents published a report in the RA News and Notes (available [here](#), page 2 onwards).

On 28th February, the matter was brought by Eternity residents before the Madras High Court. On 6th March, a community update with more details was shared via [massbulletin](#). On the same day, Sindhuja, the AVFO ‘Legal Coordinator’, published an [announcement](#) stating that the High Court had dismissed the Eternity petition. On 9th March morning, Eternity residents filed a police complaint with the Superintendent of Police of the Villupuram district. In the afternoon, the Eternity case [Court Order](#) was finally published, revealing that the residents’ petition was dismissed on the grounds of them being only “permissive occupants”. Shortly after, approximately 30 members of the AVFO and their ‘working groups’ came to the site, broke the lock, and started clearing the ground for fencing purposes. On 14th March, the AVFO ‘Land Service’ returned to the land to finish clearing and fencing the exchanged parcel (find a [video here](#)).

On 16th March, Eternity residents received a 14-day notice for relocation, with alternate housing allocated without prior consultation and without addressing residents’ earlier requests for information. A reminder was sent by OSD G. Seetharaman on 21st March. An appeal has been filed before the Madras High Court, and the matter remains unresolved. A rough timeline of events is available [here](#).

Residents organized a potluck gathering on 24th April at Eternity, from 4 to 7 pm, to “come together in community” and “honour the spirit of the forest and the ocean”. A video of the event can be found [here](#).



Eternity is home to a biodiverse forest restored by the family residing there since 1986. The land obtained in exchange is of lesser value, with some parcels located outside of the Master Plan area. The primary beneficiary of the exchange is the son of T. Kannan, the politician and real estate developer that had highly benefitted from an earlier AuroOrchard land exchange (and has subsequently bought land along the Matrimandir). One resident raised these concerns last December [on Auronet](#): “Why are we now trying to do yet another land exchange with the same real estate person? Are we going to allow him again to buy more land in the city area and then exchange it with Auroville?”

‘PROSPERITY’ & MAINTENANCE CUTS

Changes to AVFO ‘FAMC’ membership

On 2nd March, Margarita wrote to the Secretary, announcing she would resign from her positions [as member of the AVFO ‘FAMC’](#) and [as Trustee of the Kattida Kalai Trust](#), effective 1st April, due to health issues. On 7th April, a [massbulletin](#) named Chandresh and Kalya as members of AVFO ‘FAMC’. Both were initially appointed by an AVFO [Office Order](#) in June 2022, and their term expired in May 2025. However, less than a year after being appointed, Kalya reportedly left the group for undisclosed reasons. Residents have questioned why their names were included in recent communications since, to date, no new Office Order has been published by the AVFO regarding the membership of its ‘FAMC’.

‘Prosperity’

In December 2025, the AVFO ‘BCC’ announced in an [email](#) that they would soon become ‘Prosperity Services’. They requested that all residents fill up a form with personal information such as place and nature of work and weekly work hours. On 19th March 2026, the ‘Towards Prosperity Facilitation Team’ shared by [massbulletin](#) that there would be a series of focused group conversations on: Education & Research, Income Generating Services (IGS), Youth & Elders and Collective Services, which were slated to happen at the end of March. These sessions were presented as “a space for dialogue and reflection on the current situation and a plan towards a more coherent and collective approach aligned with Auroville’s purpose”. No explanation was offered as to how the ‘Towards Prosperity Facilitation Team’, a group who has not been selected by the RA and whose membership is unknown, has determined what constitutes “alignment with Auroville’s purpose”.

On 9th March, an [email](#) from AVFO ‘FAMC’ was sent to Unit executives. It announces a change of the way units contribute to the collective pot, routing their agreed share through AVFO ‘BCC’, and the sustenance components for individuals then routed through the Prosperity system.

A [Toward Prosperity presentation](#) draft was shared for review and reflection. This document sets out a plan that is both highly ambitious and vague, outlining a transition towards prosperity, abundance and shared participation. It refers to very general theories without ever providing any figures or details.

Aurovilians were later invited by AVFO 'FAMC' via [massbulletin](#) to a meeting on 11th April to present what emerged from the survey, conversations and interviews. It announced that AWARE would present the key findings from the process and ten concrete directions that have been proposed in response. The feedback on that day would shape the final report before it is made public and submitted to the AVFO 'FAMC', with the intention that implementation begins on 24th April. The meeting was [cancelled](#) by the AVFO 'FAMC', invoking the need for greater clarity, but it eventually went ahead on 18th April. A short and informal account of the meeting can be found [here](#).

Schools and SAIER units face maintenance cuts again

On 10th April, the AVFO 'Budget Planning Team' (a subgroup of the AVFO 'BCC' and AVFO 'FAMC') sent [an email](#) to the SAIER Administrative Executives, stating "that there should be no provision for half or partial maintenance across schools and all SAIER sub-units" and that "only full maintenance allocations are to be considered", starting in June 2026. No reason was given in the mail. Some residents have expressed concern that this policy may soon be extended beyond SAIER to other units across Auroville.

One year prior, SAIER's budget was cut by one crore. At that time, a number of full-time educators agreed to accept reduced pay in order to keep schools operational. Many Auroville schools also rely on part-time teachers, who contribute to the diversity and quality of their curricula. Several educational and cultural units fall under the umbrella of SAIER, including the Auroville Library and the Centre for Research in the Performing Arts (CRIPA), and others who rely on part-time maintenances to function.

Should this directive be implemented, it would affect the continuation of schools and several other educational and cultural units under SAIER. Please write to the AVFO 'FAMC' (famc@auroville.org.in), 'BCC' (bcc@auroville.org.in) and SAIER (saiier@auroville.org.in) to ask questions on the reasons behind this decision, and express your concerns about this plan.

NEW REPORT BY THE AUROVILLE GLOBAL FELLOWSHIP

On 28th February, a subgroup of the Auroville Global Fellowship released a follow-up report titled [One Year Later: Auroville in Crisis & the Way Forward](#). The report builds on the Fellowship's January 2025 earlier publication, and examines five areas in which the situation in Auroville has deteriorated during 2025 and early 2026, concluding with proposed approaches to resolving the crisis. According to the authors, the report draws on government reports, national journal articles, legal filings, interviews, and publications from Auroville.

The full report is available in [English](#) and [French](#), with a two-page executive summary also available in [English](#) and [French](#). Enquiries or feedback may be directed to AurovilleGlobalFellowship@gmail.com.

PEACE AND SOLIDARITY WALK



The Light For Unity core group, together with RA Working Groups, organized a [‘Peace and Solidarity Walk’](#) on 13th March. According to the organizers, about 250 to 300 people attended the walk.

MISCELLANEOUS NEWS

- RA WCom observations on 69th & 70th GB minutes: on 11th March, the RA WCom published via massbulletin its [observations](#) on the GB’s [69th meeting minutes](#), and its [observations](#) on the GB’s [70th meeting minutes](#). These were the last meetings held by the GB before the end of its term.
- Update of RoR status: on 1st April, the AVFO ‘HRS’ sent an [email](#) to many residents asking them to mention whether they were in or out of Auroville, in order to update their RoR status. Many residents who are currently TOS reportedly did not receive the email.
- Visitors Center cafe change of management: at the beginning of April, the executives of the Visitors Center Right Path Cafe were suddenly changed by the GB ‘FAMC’. The consequences on the functioning of the unit, and the continuation of the service it provided to the community, are currently unknown.
- Appointment of S Bascarane as ‘community coordinator’: the AVFO has recently appointed S Bascarane, retired Superintendent of Police, as community coordinator. One of his first interactions with the community was a [curious massbulletin](#), sent on 4th March to all residents on the occasion of Holi, a major Hindu festival.
- Food system envisioning: a group of Aurovilians have been meeting regularly to “envision a new system that improves the interconnectedness between the community, the food and the farmers of Auroville”. On 17th March, they published [this article](#), “the first in a series of [their] reflections and aspirations”. You can contact them at avfoodsystemenvisioning@gmail.com
- Email to schools restricting youth driving: on 18th March, the AVFO ‘ATDC’ sent an [email](#) to SAIER, the School Board and Auroville schools, reporting that children below 18 have been driving vehicles without a valid license and instructing specific parents to implement specific measures. Among other elements, the email mentions that there will be “special counselling and corrective guidance” in case of “repeated violations” from the children and their parents. This wording was omitted in the [announcement](#) submitted to AVFO ‘News & Notes’.
- Final TSC report: the ‘Temporary Selection Committee’, who selected members for the RA working groups in January 2026, published its final report on 20th February. You can find it [here](#).

SOME QUESTIONS TO THE WORKING GROUPS APPOINTED BY THE GOVERNING BOARD OF THE AUROVILLE FOUNDATION

A 'significant sampling' of questions submitted on invitation by the Working Committee of the Foundation office, on 23.4.2026.

Listed NOT in order of importance!



Annapurna farm, ecology and food security:

Considering the disastrous ecological consequences of the secretly concluded deal with IIT Madras, and the acute threat it poses to farming and food security of the whole of Auroville – an element given primary importance by the Mother! – and in the absence of any reasonable benefit to Auroville, can you please share what is being done to prevent the planned destruction of Auroville's biggest and most productive farm?

Land exchanges:

As you will be aware, there are widespread, grave concerns about the exchange of Auroville lands, many of them purchased or donated with Mother's approval and blessings, and the massive loss of value that Auroville has incurred through these opaque deals that do not follow established procedures. Kindly share with us

- the results of the enquiry ordered when the land deals were questioned in Lok Sabha
- updates on how the Foundation's Working Groups intend protecting Auroville against further dismembering of its physical body and massive, irreversible loss of land, value and assets
- whether the land donors (through the fundraising campaigns) are informed that their donations enable these land exchanges by providing the registration fees?

PKS case:

Can you please update the community of the status of the legal appeal by the Auroville Foundation to regain the possession of the lands grabbed by PKS in Evergreen?

Visa issues, disruption of human lives, and loss of Auroville's international character:

The community remains extremely concerned about numerous visas pending, and some denied, as a result of the Secretary's delay in signing the recommendation letters, or of negative remarks added by her. This has resulted in acute hardship for many families, separating children from their parents, uprooting life-long devoted members of Auroville, and generated generalised insecurity among the community. We observe a shrinking of Auroville's non-Indian population, and hesitancy among potential newcomers, skewing the demographics away from Auroville's purpose of being an international township devoted to unity in diversity.

Please shed some light on these recent changes, and how you see the trend developing in foreseeable future?

Can you please share if and how these concerns are being addressed?

RoR accessibility:

Kindly inform how community members can access the list of Aurovilians as per the RoR. To our knowledge, maintaining an updated RoR is the one responsibility of the Secretary of the Auroville Foundation defined by the Auroville Foundation Act. Having access to a current list of its members is a natural requirement of any community.

Incidentally, a new Auroville phone and email directory would be timely and welcome.

Loss of Auroville enterprises; state of economy:

Many units and activities have been forcibly closed over the last 4 years, while others have had their founders or long-serving executives replaced. Kindly provide an update on how these changes have affected Auroville?

Maintenance cuts and Silver Fund:

Kindly provide some details regarding the number of maintenances (including students and children) that have been cut since 2021, in which fields of activity, whether reasons were provided and alternative means of sustenance offered?

Please also update on the status of the Silver Fund, how many elderly Aurovilians are affected by the non-availability of this community prosperity scheme?

Membership of the GB/Secretary-appointed various Working Groups

Kindly update the community on who are the current members of the various Working Groups appointed by the GB/Secretary?

RoR and Working Group selection:

During the last meeting we were given to understand that the updating of the RoR has been pretty much completed. This - if we understood correctly - was the major obstacle to initiate the process as laid down in the Auroville Act of selecting a seven member Working Committee. Please confirm that the completion of the RoF validates the recent Selection Process for Auroville's working groups, or if there is any concern, how it is to be resolved.

Parallel Working Groups and ATR:

Recently the Secretary of the AF has remarked that the existence of parallel Working Groups is not desirable. Presently the Foundation-appointed ATR has taken over the Entry process of aspiring Aurovilians, and even Aurovilians who had completed their Entry process in early 2025 have been forced to restart the process. Since the Auroville Foundation Act clearly stipulates that the power to admit and terminate names from the RoR is the exclusive domain of the Residents' Assembly, can you give an indication as to when this will be duly returned to the RA?

'Competent Authority':

The Auroville Community and its members have recently received a number of written directives and office orders 'issued with the approval of the Competent Authority' but without any name associated with it. This non-transparent and disempowering practice is detrimental to the spirit of openness and collaboration expressed in invitations to community meetings. Can the community please be informed who is the 'competent authority' responsible for the respective decisions?

Violence by members of Foundation office Working Groups:

Members of GB-selected WGs have been reported to have had an active role in incidents of physical violence behaviour during the attempted destruction of the Youth Centre on 20th March, which has resulted in FIRs being issued against them. Kindly inform the community

- whether the persons involved are currently under investigation by the Foundation Office
- whether those associated with the Foundation office working groups will step back from their roles while inquiries are ongoing
- what measures are being taken to ensure accountability and aiming at building basic trust

Youth Centre:

Auroville's Youth Centre has been subjected to prolonged and extreme pressure from FO-appointed working groups, even after the buildings that had stood in the way of the Crown Road were demolished and the road built!

These pressure tactics include cutting off basic supplies like water and electricity, closing their financial accounts etc.

The Auroville community has always appreciated and supported its Youth Centre as a vital key for the unfolding of Auroville in accordance with its Charter. What is needed at this point it is not brutal and unlawful demolition and eviction, but sincere goodwill to allow the Youth Centre the necessary healing and a new start. We invite the FO working groups along with the residents to support this process through spirit of respect, mutual trust and collaboration.

Tree cutting and compensatory tree planting:

Considering the massive, whole-sale felling of trees over the past 4+ years, many of them mature, including protected species and landmark trees, can you please clarify the following, repeatedly asked questions:

- Was permission sought and obtained by the TN Forest Department prior to the cutting?
- Why were the directives of the NGT and of the Joint committee appointed by the same tribunal (which worked with the Secretary of the Auroville Foundation) not followed in the case of Darkali?
- Has a list been maintained by ATDC of the number, species and maturity of trees cut, and can that list be accessed?
- Please update the community about the implementation of the compensatory tree planting, which was emphatically assured by the Foundation office. (Where, when, what kind and how many trees?)

Forest workers:

When Auroville's foresters had their budgets cut, many loyal workers who had served for decades in planting and protecting Auroville's forests had to be dismissed. In spite of all efforts, their gratuities are still pending. Please update the community as to when these workers will received their legally and ethically due gratuities.

Environmental impact of re-landscaping Auroville:

There are environmental and especially hydrogeological concerns relating to recent man-made changes of Auroville's topography, notably the Matrimandir lake excavation, the disruption of Darkali's water catchments, as well as Crown road engineering. Please share with the community any studies done of the impact of these changes on the bioregion's surface and groundwater supply, and how the affected villages in our neighbourhood are informed and involved in the respective planning.

Participatory Planning as a key element for building Auroville:

In view of the importance of community-based, participatory planning and building of the Auroville township, as emphasised by Mother's chief architect Roger Anger himself, the Crown Road construction had been preceded by a broadly-based Dreamweaving process, which was an impressive achievement yielding valuable results. As we all know, none of its outcomes found implementation in the building of the Crown Road which excluded any community participation.

What measures are being prepared to place the planning and building of Auroville back into the hands of the residents in a collaborative spirit, as intended by its chief architect?

Meeting venue for the Residents' Assembly:

Since several years, the Residents' Assembly, one of the three pillars of the Auroville Foundation without which there is no Auroville, has lacked an adequate venue for its meetings. The Unity Pavilion, which used to regularly host community meetings, has consistently refused to welcome RA and community-based gatherings. Please update on efforts to restore to Auroville's collective a duly sheltered and appropriate meeting space?



Cinema Paradiso:

Kindly inform the community of the reason for changing the executives of Auroville's community cinema. What is expected to be the future of Cinema Paradiso? Any action taken from your side, or any advice?

Visitors Centre / Cafeteria:

Can you please explain to the community why the executives of the Visitors' Centre, and most recently, of the Right Path Cafeteria were dismissed and replaced without due process or transparent explanation?

Afsanah's Guest House:

Kindly provide the community an understanding of the removal of the executives of this very successfully conducted guest house, and update on its current condition.

Files on individual residents:

There are widespread rumours, as well as residents' accounts, that the Foundation office is keeping detailed files on Auroville residents. Can you please shed light on this subject, and let the residents know how they can access their respective files, for the sake of trust and transparency, and for restoring some of the health and integrity of our community's fabric?



RESIDENTS SPEAK

VOCABULARY DESTINED TO INNOCENT NEWCOMERS

- **Administration:** An imaginative and prolific group, issuing—at machine-gun pace—multitudinous instructions, rules and regulations, declarations, permissions to be sought, prohibitions to be observed, information to be provided; forms to be filled, show-cause notices to be replied urgently, the ultimate goal being to induce you to incriminate yourself in an act of perfect surrender.
- **Competent Authority:** An Authority whose competence and authority remains unknown. Always use with capital letters. And do address it with the utmost respect. Do not, however, confuse it with the Supreme Consciousness.
- **Auroville:** A word no longer to be used. Instead, say: the Auroville Foundation.
- **Aligned Aurovilians:** It is not entirely clear what exactly they are aligned with, but the important thing is that they are good Aurovilians; they do not make waves, ask no questions, expect no answers, and "comply with applicable rules and policies."
- **Applicable Rules and Policies:** Everything that has been promulgated since July 2021.

- **Aurovilians working in Services:** Petty crooks.
- **Aurovilians working in Commercial Units:** Major crooks.
- **Aurovilians working for the current Administration:** Pure-hearted heroes, knights rushing to the rescue of widows and orphans—renowned for their truly Gandhian non-violence, their manifold missions and their multiple maintenances.
- **Auroville Charter:** No longer exists. Replaced either by Chartergalaxy or by Galaxycharter. Anyway the original version of the text is highly controversial. Better use the shortened version as used by the administrators.
- **To Collaborate:** To obey blindly the Competent Authority.
- **Accounts:** By far the most important activity in Auroville—second only to road construction—as is constantly reiterated by the sovereign currently reigning over "Zorro". Shortcut to the Supramental.
 - **Note:** Everyone is accountable—even those who don't count for much.
- **Corruption:** Exists only among belligerent Aurovilians—especially the foreigners.
- **Land Exchange:** Officially, a transaction indispensable to the "consolidation of the city's land". Incidentally, a lucrative business benefiting an indeterminate number of individuals.
- **Foreigners:** All wealthy, neo-colonialist, and racist.
- **FAMC:** A group with a fluctuating membership, but resembling the primordial egg from which Brahma was born: the source of all sub-departments, sub-sub-departments, and sub-sub-sub-committees (Section 19 of the Governing Board), thereby having power of life and death over all Aurovilians. Their message is instantly recognizable, as it always begins with "URGENT" and always ends with: "Boldly-Striving-Towards-Future-Realizations." Although... recently, they've been striving a bit less boldly...
- **Young Aurovilians:** A category to be wary of.
- **Old Aurovilians:** A category to be wary of; after all, they are merely former young people.
- **Master Plan:** The magic word that explains everything. See Molière and his line: "The lung! The lung, I tell you!"
- **Maintenance:** Subsidies (increasingly scarce) intended to keep you from starving to death.
 - **Note: Care Package:** Subsidies intended to let you starve to death.
- **Residents' Meeting:** A gathering to which residents are invited, but during which not a single one of them is permitted to speak—nor to leave before the end without a valid excuse that has been duly recorded and officially stamped. It is widely assumed that, before the year is out, attendance will become mandatory—under penalty of visa revocation or the loss of one's Maintenance allowance.
- **"Belongs to no one in particular":** Belongs to the entire administration as a whole.
- **Participating in the city's development:** walking behind bureaucrats and VIPs on a wide concrete road toward an unknown objective.
- **Permissive occupants:** Aurovilians whom the administration—in a gesture of magnificent generosity and tolerance—allows to live in the houses they built themselves, but only until someone more important needs the space, or until a radial road happens to require that specific route.

- **Pioneers:** a highly suspect category. It is possible that they arrived with good intentions. However, they quickly went astray—and led everyone else astray—from the righteous path. In public, one must always extol their heroic efforts; in practice, however, one should do whatever is possible to ensure they clear out as quickly as humanly possible. Fortunately, their numbers can now be counted on the fingers of one hand.
- **Prosperity:** The radiant future to which the Crown Road will lead us.



- **Crown Road (also known as the Way of the Cross):** A 25-meter-wide thoroughfare intended for expiatory ceremonies, during which repentant Aurovilians—barefoot and with nooses around their necks—are required to walk at high noon, prostrating themselves before every streetlamp. Be careful not to exceed the mandatory speed limit of 20 km/h.
- **Willing servitor of the Divine Consciousness:** unpaid employee in the service of handsomely paid bureaucrats. He is duty-bound to bow one's head and glorify their decrees. For ease of purpose, the expression may be shortened to Willing Servitor.
- **Silver Fund:** A fund accessible to those who reached a respectable age prior to 2021. Since 2021, no one is supposed to age anymore; consequently, no new individuals are entitled to benefit from this fund.
- **50,000:** Magic number; it will bring peace, bliss, and the reign of the Supramental to all. One must have eyes gleaming with passion whenever this figure is mentioned.
- **50:** An evil number. This represents the minimum number of years during which the so-called Aurovilians lounged about in hammocks. Do not forget to adopt a look of disdain when citing this figure. And be sure to add this remark: "They were all bourgeois types from the Old World."
- **Zamindar:** Aurovilians—specifically those residing in the Green Belt. To understand what a true zamindar is, watch Hindi films depicting the colonial era: the pot-bellied zamindar is sprawled in an armchair on his veranda, a glass of liquor at his side. He insults the farm laborers—sometimes beating them if they fail to pay their dues on time—and rapes their wives. Be sure to roll your eyes heavenward whenever speaking of those arrogant, lazy Aurovilians.
- **Visas:** In official discourse, they are never—absolutely never—denied to foreign Aurovilians.
 - **Caution:** do not confuse visas with the highly coveted Letter of Recommendation, which is granted only to obedient Aurovilians—and even then, only after they have spent months begging profusely for it.
- **Youth Center:** A center so named by adults—designed and built by and for adults—to throw a wrench in the Crown road's works.

THE LAST FIVE USERS OF THE AURONET MUSEUM

BY AN AUROVILIAN WITH A PEN

Congratulations are in order. After years of dedicated effort, Auronet has finally achieved something remarkable: it has become the internet's most perfectly preserved echo chamber. A digital amber, trapping the same voices, the same grievances, the same righteous declarations in an eternal loop that even the laws of thermodynamics have agreed to leave undisturbed.

The new version is out, we are told. New interface. Same fossils.

For those who haven't visited recently — and that would be most of you, because you stopped going, because there is simply nothing there for you — let me paint a picture. Imagine a very serious forum, populated by a rotating cast of approximately the same five people, furiously running in circles and reminding each other about how right they are. Every couple of days, one of the Secretary's loyal champions will drop by to inform everyone that progress is proceeding smoothly, that the dissidents are dissenting wrongly, and that Auroville's future has never looked brighter from the window of the Foundation Office. Then back to the loop.



But to be fair, the echo chamber did not form by censorship alone. It formed because everyone else left. There is simply nothing to read. No real debate, no surprise, no encounter with a thought you hadn't already had. The platform became so predictable, so airless, that most people stopped opening it — not out of protest, but out of boredom. The fossils did not drive everyone away. They just stayed behind after everyone else found somewhere more interesting to be.

Free speech, you ask? Oh, Auronet has free speech. Very carefully curated free speech. The kind where comments that fail to align with the approved narrative might simply be edited or removed, where accounts belonging to people with inconvenient opinions are quietly discontinued, and where the Terms of Service are apparently a living document that evolves in real time depending on who is writing. It's remarkably efficient. Why debate an idea when you can simply doctor it?

The latest guidelines, updated 14th November 2025, helpfully clarify that content "encouraging violation of Indian law or orders of the Auroville Foundation" may be edited or removed. One notes, with interest, that the orders of the Auroville Foundation now sit alongside Indian law as a protected category. One also notes that disagreement, in certain administrative vocabularies, has a way of becoming violation. But no matter. The guidelines are clear, and clarity is a virtue.

The result is a platform that achieves what authoritarian regimes have always dreamed of and democratic societies have always feared: genuine consensus. Everyone agrees! (Everyone who remains, that is.)

And what do the faithful discuss in this consecrated space? They discuss, at considerable length, how rightful they are. They compose elaborate assessments of the moral failures of those who no longer participate. They relitigate the past, and every subsequent year in which their vision of Auroville — apparently unchanged since sometime in the mid-sixties — was not fully implemented. They are, in the truest sense of the word, dedicated.

Meanwhile, Auroville itself continues to exist in magnificent indifference to the Auronet conversation. Life still happens in gardens, in workshops, in kitchens, in classrooms, in the forest paths that have not yet been bulldozed. It happens in the plurality of languages that Aurovilians across the world actually speak. It happens between people who do not agree on everything, which is to say: between Aurovilians.

Auroville was never a place where one voice echoes until the walls give back only that voice. It was dreamed as something far more uncomfortable and far more magnificent: a city of human unity, which is another way of saying a city of human difference, held together not by enforced harmony but by genuine encounter. Diversity is not a complication to be managed. It is the point.

A fossil is not a lesser thing than a living organism. It is, in its way, beautiful. A record of something that once moved, once breathed, once had something urgent to say about the world it inhabited. We study fossils. We learn from them. We display them with appropriate reverence.

In museums.

Auronet, in its current form, is doing important curatorial work. It is preserving, with remarkable fidelity, a worldview that has calcified. One must respect the commitment. One must simply decline the invitation to mistake the exhibit for the living city outside its walls.

The youth of Auroville is not on Auronet. The future of Auroville is not on Auronet. And increasingly, Auroville itself is not on Auronet.

A platform that cannot contain multitudes is not a community platform. It is a monument.

And monuments, however impressive, do not breathe.

— *An Aurovillian with a pen, April 2026*

THE PENINSULA ON FIRE: WHY SAPLINGS AREN'T SOLUTIONS



India is at a crossroads.

While we claim "Development" is the goal, we are effectively designing a future defined by stifling, inescapable heat.

With 72.7 million hectares of forest cover (as of 2025), India ranks 9th globally, yet this figure is deceptive. We are trading ancient, high density carbon sinks for scattered saplings that may never reach maturity.

The 10-Year Survival Gap

A tree isn't a "plant it and forget" asset. Biological facts show that a newly planted tree sapling requires 5 to 10 years of intensive nourishment just to establish a root system capable of independent survival.

- The Maintenance Myth: In highway projects, maintenance contracts often expire long before a tree is "self-sufficient." Without a decade of consistent watering and protection from cattle and heat, the survival rate of compensatory afforestation remains dismal.
- The 50-Year Catch-Up: A sapling absorbs roughly 10–25 lbs of CO2 annually. In contrast, a mature tree the kind we routinely fell for highway expansion can sequester over 100 lbs per year and provide exponentially more cooling through transpiration. It takes 50 to 100 years for a new tree to match the air purifying "burden" handled by the giant it replaced.

The Highway Heat Trap

India's highway network has surged to over 1.46 lakh km. While the National Highways Green Cover Index (NH-GCI) monitors these corridors, the ecological math doesn't add up. Cutting a 50 year old banyan to plant ten saplings is an ecological deficit, not a trade. We lose the immediate cooling and air filtration today for a promise of shade that won't arrive until 2075.

A Constitutional Breach

Article 51-A (g) of the Indian Constitution makes it the duty of every citizen to protect and improve the natural environment. By allowing the "Development" narrative to prioritize speed over shade, we are failing this fundamental mandate.

"India, oh India, what have they done to you?" is no longer just a lament; it's a warning. If we continue to value the axe over the 50-year growth cycle, we aren't just building roads we are paving a path toward the hottest peninsula on Earth.

True progress requires the patience to let a tree grow old.

*Written with help from Gemini Ai
Muniandi Radhakrishna*

RESEARCHERS AT THE CENTRE FOR HUMAN UNITY: LOFTY IDEALS, MINIMAL NEEDS

In 1984 Kireet Joshi instituted two bodies: SAIER (Sri Aurobindo International Institute of Educational Research), culture and education – and the Auroville Development Scheme, public relations and information on Mother's Auroville and lifestyle. The Laboratory of Evolution, under SAIER's umbrella, pursued research on Yoga and Integral Yoga; the Centre for Human Unity, under the Auroville Development Scheme, promoted Mother's town, Matrimandir and guidelines. As I published the previous week, Bhaga, Helene and myself were the three researchers. The unabridged article can be read on the Auronet, <https://auroville.org.in/blog/view/284569/researcher-at-the-centre-for-human-unity-1986-1990>.

Here I wish to describe the minimalist conditions under which we operated. In the eighties Auroville, still fighting for independence from the Sri Aurobindo Society, was so basic that the joined venture of the Laboratory of Evolution/Centre of Human Unity had not a physical place. The first two years we were hosted by the Centre for Indian Culture, along with the Library. This is also where our general meetings were held, for years.

The Bharat Nivas compound was meant to host the pavilions of the Indian states; only a few were commenced, but left unfinished. When, finally, we were allocated a small pavilion, half of it was partially underground; it was flooded at every monsoon and buckets were our spade. The Centre for Indian Culture was flooded too; the day my exhibition on the flowers' spiritual significance was to start, we had to first evacuate 40 cms of water from the hall.

Our furniture consisted of discarded items, piled up in a pavilion with no walls, nearby, which anyone could access. Made by Ben, an Auroville carpenter and designer, they were chipped but extremely elegant; this included my stylish long table and chairs, of

which I was proud. The same could not be said of the Bharat Nivas shared toilets, two cubicles: one with a tap, the other with a squat toilet; spotlessly clean but looking quite miserable. Having no tiles, the lower portion of the walls was varnished red and the dark floor was unevenly plastered, with crevices. Outside was a couple of tiny basins to wash one's hands. We heralded "the town of the future", but this is how we worked and lived...

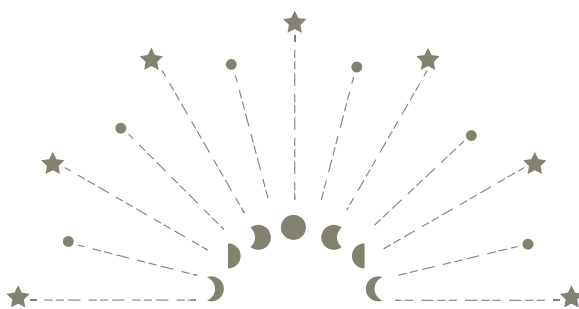
That Auroville had no money was evident wherever one casted the eyes. There was something moving in all this: while heralding the new world and society – "the Avatar's model town" and its futuristic architecture – we scavenged furniture. As soon as we got some extra money from the Government of India, to display our exhibitions we could finally order fifteen large plywood panels, suspended within a metal frame. For each of them I selected a different shade of pastel colours; it was a beautiful display and we took great care of them. When not in use we shared them with the offices in the Bharat Nivas compound, as poor as us.



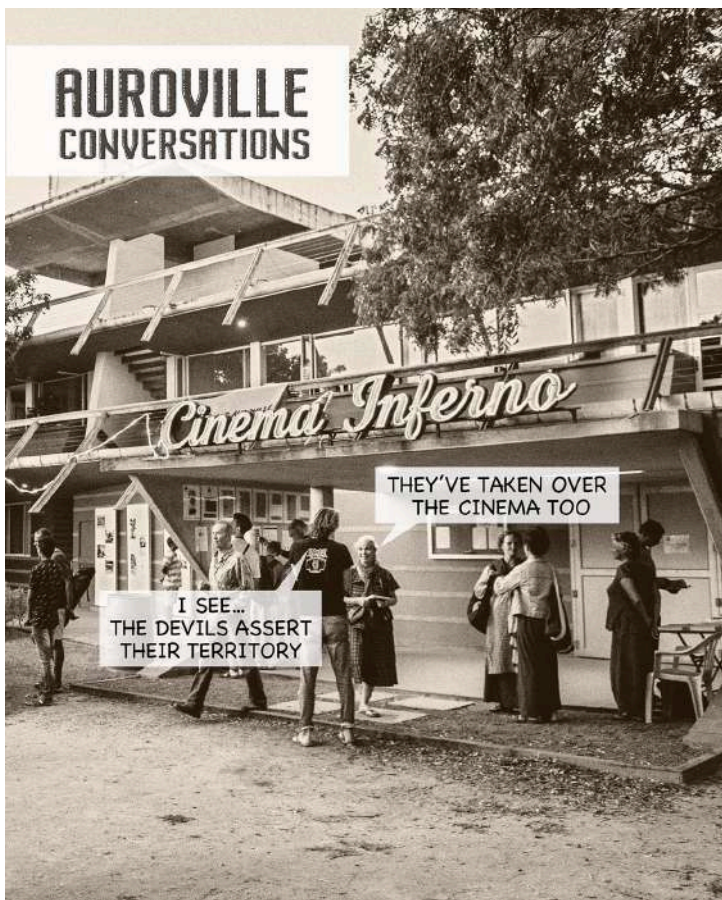
Bhaga had been living for years at the Matrimandir Camp, before relocating near Helene's functional hut on Repos Beach. I lived fourteen years in a hut in the green belt, with no electricity; the first eight years, without a bathroom. On the occasion of special programs at the Bharat Nivas I slept on a mattress at our working place; to return home in the night was risky. The joy of electricity and a shabby bathroom, even if outside (but safe, a watchman patrolled) was a thrilling experience: to appreciate the inconspicuous gifts life may offer one has to live with nothing, this was the lesson of those glorious years. Totally merged in this new existence, the first twenty-nine years I never left India, losing all sense of the world outside my microcosm by the force of the radically new identity I assumed.

We felt living on top of the world, the three of us – Bhaga, Helene and myself – where only the Dream was real, exactly as the Mother had described it and nothing else existed. It was impossible to deny it and it was not just us: the certainty was collective. I will never forget those roaring years. Auroville was real and we had come to build it, closing for good with all that we had been and owned. One day Bhaga, radiant, told us that she could not leave Auroville not even for one day, not to miss the wonder of the experiment. She spoke for all of us.

Paulette



AUROVILLE CONVERSATIONS



Submitted by an Aurovillian

FRENCH NEWS & NOTES

NOUVELLES D'AUROVILLE



Auro - Traductions

30 Avril 2026

Click on date or scan the QR code to read the **French News&Notes**.



INNER JOURNEY

INTRODUCTION TO THE INTEGRAL YOGA OF SRI AUROBINDO AND THE MOTHER

Tuesday 5th May, 9 am - 12 noon

Focus: The Collective Yoga

Led by Ashesh Joshi

Place: Mirabelle Education Centre, Auromodele
Ph/WhatsApp: 94891 47202 (Please register)

All are Welcome



AMPHITHEATRE - MATRIMANDIR MEDITATIONS AT SUNSET WITH SAVITRI



Every THURSDAY
from 5:30 to 6:00

**Savitri reading -
Summer time is ON**

Savitri, Sri Aurobindo's epic poem, read by Mother to Sunil's music weekly for everyone to concentrate in this beautiful open space in the very center of Auroville.

- **Reminder to all:** The Park of Unity is a place for silence, meditation, and inner work and is to be used only as such. We request everyone: please do not use cameras, tablets, cell phones.
- **Guests:** **From this month onwards, up to next September, SAVITRI READING timings are now from 6:00 to 6:30pm.** Please book at <https://www.auroville.org/> in advance or the very day before. Bring your Aurocard with you.
- **Access by:** **Reporting, no later than 5:45pm.** The Amphitheatre only from 5:15pm. Last entry **Leaving, no later than 6:45pm.** Last entry to the Amphitheatre. Last entry to the Amphitheatre. Last entry to the Amphitheatre.
- **Last exit for guests** at 6:15pm.

Velmurugan for the Access Team

SAVITRI SATSANG WITH NARAD

EVERY TUESDAY, 04:30 - 05:15PM

OM CHOIR WITH NARAD

EVERY TUESDAY

Please join

in the form of

No prior singing experience is required.

At Savitri Bhavan - Square Hall

**On summer break.
To resume in July.**



VIBRATIONAL SOUND BATH

SOUL NURTURING MEDITATIVE EXPERIENCE WITH THE ORIGINAL RUSSIAN SINGING BELLS

*These are sounds of the Beginning
These are sounds that cradled the worlds*

Harmonious play of rich powerful tones and strongly resonating overtones invokes a profound state of inner peace, tranquility and self-healing, bringing deep physical and psychological relaxation.

Open Group - Everyday 3:00 - 4:30pm

At Mirabelle Education Center, Auromodele,
Kuyilapalayam

Led by Vera (Instagram - [Vera.Auroville](https://www.instagram.com/Vera.Auroville)) and Ashesh Joshi

Please register in advance

Ph/WhatsApp: +91 94891 47202, +91 94862 47202

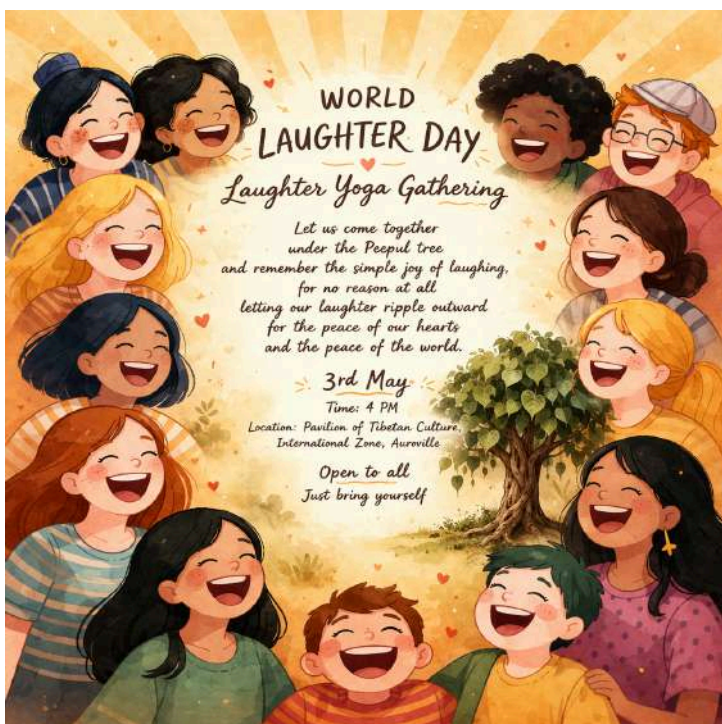
(Private sessions on request at other timings)



ANNOUNCEMENTS

WORLD LAUGHTER DAY GATHERING

SUNDAY 3RD MAY, TIBETAN PAVILION



FILM SCREENING IN LAST SCHOOL ON INTERNATIONAL DAY OF THE MIDWIFE

TUESDAY 5TH MAY, LAST SCHOOL

Born Remembering showing at Auroville's Last School!

We warmly invite you to a community screening of the film 'Born Remembering.

A story of conscious birth.'

(Duration: 45 Mins)

An endeavour of love for the world.

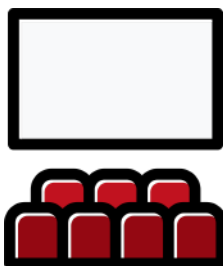
Where:

- **Location:** Last School Multi Media Room
- **Date:** Tuesday 5th May 2026, International Day of the Midwife
- **Time:** 5:30PM

To be followed by reflections and Q&A.

We welcome one and all warmly with all our hearts.

For queries: 97515 13906



THE LIFE DIVINE ON EARTH

Om Namo Bhagavate 🙏

OM Satyatmene Namaha OM Janatmene Namaha OM Brahmanandatmene Namaha

Birth of Satya Yuga Golden-Age in Auroville Universal Township
Auroville Universal Township in Eternal Time, Sri Mahakaleshwar Temple, Irumbai

Presence of four Supramental Mothers Mahalakshmi, Mahasaraswati, Maheswari and Mahakali in Matrimandir
Matrimandir Banyan Tree - The Symbol of Immortality, Presence of Sri Dakshinamurthy, Sri Adhi Guru

The presence of Peepal Tree / Aswatha Tree in Matrimandir as Universal Divine Cosmic Manifestation

Respected Aurovillians and Community Members,

I have started a YouTube channel The Life Divine on Earth to share my spiritual realisation of Individual-Self, Cosmic-Self and Transcendental-Self with Auroville community and to reach out to the Global Community about the Supramental Sadhana of Sri Aurobindo and The Mother in taking forward the Evolution of present Human Race Consciousness into a Divine Race Consciousness as envisaged by Sri Aurobindo and The Mother in the context of Auroville Universal Township. On this auspicious day of Divine Mother's final arrival in Pondicherry 24th April I am sharing with you all my spiritual realisations.

Please [watch, download, subscribe and share](#) with the Global Community.

We invite full time or part time volunteers to work with us in taking forward this work. Our Ancient Rishis have codified their spiritual realisation Prayatakara, Dharana, Manasic Puja basically Inner Yajna to realise the Individual Self, Cosmic/Universal Self and Transcendental Self, the Silent Self / the Silent Parabrahman which would ultimately lead to Supramental Manifestation Upon Earth with the Descend of Seven Suns of the Supermind. I would like to pass on this knowledge for those who would like to take it and transform the world.

The Great Bhrigu Maharishi have realised all the Lights of the Supreme Being thru Sun, the burning Sun is only a physical manifestation of The Supreme Being ParaBrahman but Suksuma Sun contains all the lights of The Supreme Being/ Parabrahman. That's why Sri Krishna Paramathma says in the Gita I am Rishi Bhrigu among Great Rishis.

I have taken a completely new Divine birth Vijnana or Gnosis. So I am changing my name to the present state of consciousness for communication with the human world.

If you have any questions please write to us supramentalsadhana@gmail.com

With Divine Grace,

Sri Ananda Brahma Rishi formerly G Gunadaran (Guna) Aurovillian and Permanent resident since 1997. An Enlightened Being of Auroville Universal Township. Om Namoh Bhagavate 🙏

POETRY & STORY READING & RELAY, BOOKMARK MAKING

Dear community,

I'm staying here in Auroville for the summer, and I would like to offer poetry & story reading & relay, and bookmark-making events at schools, cafes, art & communal spaces, and at your / our homes in and around Auroville.

Open to co-creative ideas and energies, and open to barter, exchange, voluntary and suggested contributions, to make it sustainable.



Anandi Zhang

Email: ourhome@auroville.org.in

Whatsapp: +91 93856 23511

ORACLE CARD READING WITH CHLOÉ

Oracle card *reading*

Intuitive guidance on your present and future.

Kindly book a session by
whatsapp with Chloé :
+91 8111 094 202



thank you

An activity under Abhaya, a unit of Artisana Trust, Aurville

What to expect? 😊

The One-on-one Clarity Session, is a precious time for yourself, where cards are put on the tables, and we both make space for your divine guidance to come. This session helps you feel supported, and reconnected to what is serving you best at the moment !

Please contact Chloé by WhatsApp +91 811109 4202 to book a session and for more information 👍

Thank you

ASHTANGA YOGA CLASSES WITH MONICA

MONDAY TO SATURDAY, PITANGA

Classes will now pause for 2 months. Welcome again from July 🙏

Ashtanga Yoga

with Monica Marinoni

KPJAYI Authorised
Level 1 & 2 teacher

Monday - Friday

7:30 / 9:30 AM (self paced)

Saturday

7:30 AM

NO classes on:
Sundays,
New & Full Moon days,
Public holidays



ON SUMMER BREAK

PAUSED UNTIL JULY
Ashtanga Yoga, practiced in its correct sequential order, gradually leads the practitioner to rediscovering his or her fullest potential on all levels of human consciousness: physical, psychological, and spiritual. Through the practice of correct breathing (Ujjayi Pranayama), postures (Asanas), and gazing point (Dristi), one gains control of the senses and a deep awareness of oneself. By maintaining this discipline with regularity and devotion, one acquires steadiness of body and mind.

Classes with prior registration only. No drop-ins.
Booking with the teacher only:
marinonimonica@gmail.com — QR code



More information:

www.monnicamarinoniashtangayoga.com
or WhatsApp +39 3917254083



TAI CHI HALL SCHEDULE

16th April - 31st May: **Tuesdays and Thursdays from 7:30 - 8:30am**

Contact: taichi.auroville@gmail.com



JIVA AUROVILLE



A platform of Aurovilles therapists for therapy, workshops, classes, webinars and professional training.

Regular offers

- Natural Horsemanship & Horse Assisted Therapy : Daily 8 - 10 am, 4 - 6pm
- Sunday JIVA Breathwork: Sundays with Sigrid: 3:30 - 7pm
- Integral Regression Therapy Sessions with Sigrid.

Join our WhatsApp group for all updates ! / WA 96260 06961

contact@auroville-jiva.com

www.auroville-jiva.com Your journey in healing and transformation.

FROM COFFEE IDEAS (FORMER MARC'S CAFE)



- Every Wednesday we are open from 8:00 AM to 8:00 PM.
- Fermentation classes are held every Saturday from 10:00 AM to 12:00 PM, and are also available on demand.
- For coffee learning at CLC, please check the website for specific classes and schedules.
 - <https://coffeeideas.in/product-category/master-classes/>

Thank you!

Coffee Ideas (former Marcs Cafe) Team

HIVE COWORKING SPACE

OPEN HOUSE EVERY
FRIDAY, AUROMODE

NEED A PLACE TO WORK?

OPEN HOUSE | **Hive**
COWORKING SPACE

FREE ON EVERY FRIDAY

More Info : +91 90 42 75 95 40 | www.auromode.in

Are you looking to work, study, create or simply connect with like-minded professionals in a serene place? Step into Hive and experience the Cosy workspace with super-fast Internet, Coffee -

-All for FREE on our Open House.

- Venue: Hive, Auromode
- Time: 9 am - 7 pm
- Visit us at www.auromode.in/hive-coworking for more details on our plans and facilities.
- For inquiries: auromodehive@auroville.org.in / +91 90427 59540 (WA) / +91 70921 97375 (WA) or drop by.

All are Welcome!!!

ACTIVITIES AT SERENDIPITY

SERENDIPITY CLASSES

(Ex. Joy Community in front of Center GH)

Center Field, Auroville - 605101, Tamil Nadu, India

Landline: +91 (0)413 350 9950

Mobile/Whatsapp: +91 93856 23342

Email: serendipityauroville@gmail.com

<https://serendipity.auroville.org>

<https://www.facebook.com/serendipityauroville>



REGULAR CLASSES FOR MAY :

Hatha Yoga with Ramesh

- Yoga class with Ramesh ended 30th April will restart at the end of July

Traditional Sanskrit Mantras with Sonia

- Friday from 5 - 6pm (Regular Students only)

In the recitation of Sanskrit Mantras the sound is very important and the specific pitches and strict rules of intonation and syllabic length should be learned according with the tradition of the great masters of the past, who figured out how to use the voice to calm the mind and attune the practitioner to the more subtle levels of the "sadhana" or spiritual path. Through the harmonic rhythm, repetition and participation in the singing, the mind reaches more clarity, concentration and tranquility.

Mandala for Children with Rosalba

- Tuesday from 9 - 11am (prior registration required at +91 90475 69721)

THE MAGIC CIRCLE: A CREATIVE JOURNEY FOR KIDS

Discover the fun of mandalas

Is your child a little explorer of colors and shape? Join our Mandala Art Workshop, where every child creates their own unique world inside a circle!

It is not just coloring; it is an adventure in imagination.

What your child will enjoy:

- Coloring & Creating: Designing beautiful, one of a kind mandalas.
- Finding Focus: A playful way to build concentration and patience.
- Self-Expression: Every circle tells a story. What will you say?

Mandala for adults with Rosalba

- Wednesday from 2:30 - 5 pm (prior registration required at +91 90475 69721)

SOUL, SYMMETRY & STILLNESS

An appointment with yourself for creative mindfulness for the modern seekers.

-TURN YOUR INNER DIALOGUE INTO A VISUAL MASTERPIECE-

Join us for an elegant exploration of the Self.

We invite you to spend a couple of hours mastering the art of Mandala – a timeless tool used for centuries to bring the parts of our being into one harmonious whole.

You will enjoy:

- An introduction to the psychology of the circle
- A guided session in intuitive symbols
- Quiet reflection in a sophisticated, supportive atmosphere.

Come for the art. Stay for the insight.



THERAPIES :

Bach flowers treatment - counseling session with Rosalba

- **By appointment +91 90475 69721**

RETURN TO YOUR ESSENCE

“Health depends on being in harmony with the soul” Dr Edward Bach.

Are you ready to shed the layers that no longer serve you? My counselling sessions combine the wisdom of Bach Flowers with an integral path toward self-awareness. It is more than just a remedy, it is a journey back to who you truly are.

LOOKING FOR

VOLUNTEERS

A laughter yogini is looking for volunteers to join a laughter parade in Auroville for World Laughter Day on May 3rd!

Please contact: auroancolie@gmail.com
or Ancolie Dove @+91 97915 80197



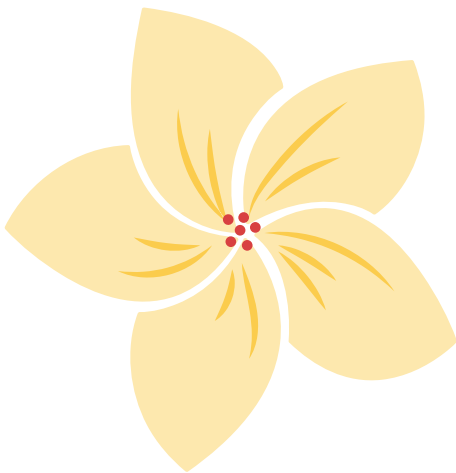
RESPONSIBLE HOUSESITTER

Housesitting Opportunity

- Wanted: responsible housesitter
- Must be tidy and quiet (no parties)
- 2 Aurovillian references, please
- From 2nd June to end of August
- Call: 809-873-6448 in the morning



Miki (Arya)



AVAILABLE

12 VOLT BULBS, HOLDERS AND TABLE FANS

Recently I changed all my lights, and plugs for appliances to 220 volts.

I offer second hand bulbs, holders and 2 fans for free to Aurovillians that still run their house with a 12 volt system, or have battery powered emergency lighting.

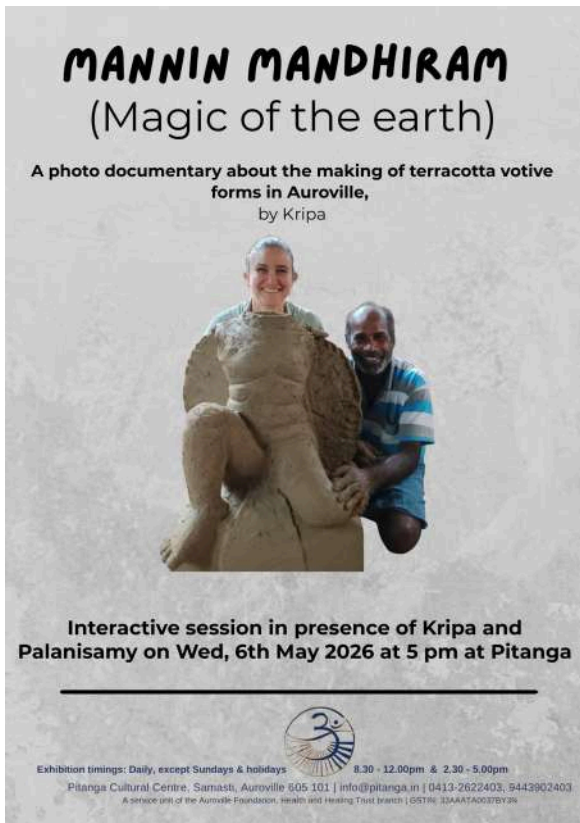
If you are interested, contact me by whatsapp or phone, 94896 01312

Greetings,
Shivaya

CULTURAL ANNOUNCEMENTS

MANNIN MANDHIRAM


WEDNESDAY 6TH MAY, PITANGA



MANNIN MANDHIRAM
(Magic of the earth)

A photo documentary about the making of terracotta votive forms in Auroville,
by Kripa

Interactive session in presence of Kripa and Palanisamy on Wed, 6th May 2026 at 5 pm at Pitanga



Exhibition timings: Daily, except Sundays & holidays 8.30 - 12.00pm & 2.30 - 5.00pm
Pitanga Cultural Centre, Samasti, Auroville 505 101 | info@pitanga.in | 0413-2622403, 9443902403
A service unit of the Auroville Foundation, Health and Healing Trust branch | GSTIN: 33AAATA0037BY2K

ROADKOLAMS BY KATHRIN H

FROM MONDAY 2ND MARCH, AUROVILLE LIBRARY

The Auroville Library invites everyone to see an exhibition of roadkolams by Kathrin.



Inspired by Andy Goldsworthy and Marc Pouyet, I have enjoyed making these from what I find in nature by the road, and am happy to share them with you.

FOR THE BOOKWORMS

WEEKLY READINGS OF THE LIFE DIVINE
EVERY FRIDAY, AUROVILLE LIBRARY



Weekly Readings of The Life Divine
with Balvinder, at AUROVILLE LIBRARY

Fridays, 4:30 - 5:30pm

(from 23 January 2026)

All are welcome.

POETRY

A flying fish
hooked on a bamboo branch,
its fins still waving—
a greeting or a goodbye
to a kite's dream
of scaling the sky.

The thin thread
broke, just like that,
in the wayward wind.

The child might cry
for a little while,
then crave and create
another dream game.



Anandi Z

AUROVILLE RADIO



Dear Aurovilians,

Your favourite radio is always working for you. Stay tuned!

Last published Podcasts

- [Marlenka's weekly Offering – Ep.170](#) (Literature)
- [Jumpa's Joyous Journey with Fif - Ep.12 "The Day the New Year Refused to Begin"](#) (Stories)
- ["Mother's Chronicles : Mirra" by Sujata Nahar, Read by Fif - B 1 C 7 - "Square du Roule"](#) (The Mother)
- ["Humanity 2.0" by Aviram Rozin with Jazz - A Book Read by Shalev P 2 , C 9 : "Development as Community Building"](#) (Society & Conscious Living)
- [Une série hebdomadaire de lectures par Gangalakshmi – Ep.535](#) (Integral Yoga)

....and more! on www.aurovillerradiotv.org.

For more information write to radio@auroville.org.in

Peace and love

Regards,

Sai Priya for Auroville RadioTV



Collaboration has no hierarchy. The Sun collaborates with soil to bring flowers on the earth.

Amit Ray

COMMUNITY SERVICES

ESSENTIAL SERVICES

AUROVILLE'S FINANCIAL SERVICES (AVFS)

- **Timings:** Monday to Saturday, 9am - 12:30pm, and 3pm - 4:30pm
- **Phone:** 0413 2622171
- **Email:** financialservice@auroville.org.in

HOUSING SERVICE

- **Public Timing:** Access without appointment only. Wednesday 3 - 4:30 pm
- **Phone:** (0413) 2622658
- **General Email:** housing@auroville.org.in

ELECTRICAL SERVICE (AVES)

- **Timings:** Monday to Saturday, 8am - 4:30pm
- **Phone:** 0413 2622132 / 94888 68747 for fault works, repair works and job works
0413 2622264 for clarifications reg. electricity bills, job and repair works bills
- **Email:** aves@auroville.org.in

GAS BOTTLE SERVICE

- **Timings:** Monday to Saturday, 9am - 1pm and 2pm - 4pm
- **Phone:** 0413 2622452
- **Email:** avgasservice@auroville.org.in

WATER SERVICE

- Monitors water lines and supply within AV, undertakes water-related jobs.
- **Timings:** Monday to Saturday, 8am - 12pm and 2pm - 4:30pm
- **Phone:** 0413 2622877, 89035 53246
- **Email:** avwaterservice@auroville.org.in

ECO SERVICE (WASTE COLLECTION/MANAGEMENT)

- **Timings:** Monday to Saturday, 8:30am - 12:30pm, and 1:30pm - 4:30pm
- **Phone:** 63796 69034
- **Email:** ecoservice@auroville.org.in

POUR TOUS DISTRIBUTION CENTRE (PTDC)

- **Timings:** Monday to Saturday, 9am - 5pm
- **Phone:** 0413 2622746 / 2622796
- **Email:** ptdc@auroville.org.in

POUR TOUS PURCHASING SERVICE (PTPS)

- **Timings:** Monday to Saturday, 8:30 am - 7pm
- **Phone:** 0413 2622152

Summer at the Auroville Library
 Closed FRIDAY 1st May 2026

Our summer timings begin on
 Saturday 2nd May - Tuesday 30th June 2026

Open 9am - 12.30pm Monday to Saturday
 Open 4pm - 6.30pm Tues, Thurs & Sat

Wishing everyone a cool summer!



Children's Storytime! All ages welcome!

- Every **Saturday** between 10am - 11am.
- **Phone** : 0413 2622 894
- **Email**: avlib@auroville.org.in
- **Website**: <http://library.auroville.org.in/>

HEALTH

SANTÉ SERVICES IN 2026



Working Hours:

Monday - Saturday: 9:00 - 12:30pm & 2:00 - 4:30pm

Tests and Sample collection:

Monday - Friday: 8:30am - 12:00pm

No sample collection on Saturday

For emergencies, contact:

Auroville Ambulance (24/7) - Phone: **+91 94422 24680**

Government Ambulance (24/7) - Phone: **108**

Appointment

Please call Santé (0413) 262 2803 during working hours for an appointment.

<p>Doctor Consultation with Dr. Joseph, Dr. Pavan & Dr. Sana Monday to Saturday</p>	<p>Nurse Care - Thilagam, Ezhil, Archana & Sandhya: Daily: no appointment needed</p>
<p>Ayurveda with Dr. Berengere: Mon / Tues / Wed / Fri</p>	<p>Homeopathy with Michael: Monday / Wednesday / Saturday</p>
<p>Physiotherapy & Massage with Galina: Monday to Friday</p>	<p>Physiotherapy with Arun: Monday to Friday</p>
<p>Midwifery & GYN Care with Paula: Monday & Wednesday</p>	<p>Integrative Psychotherapy with Juan Andres: Monday to Friday</p>
<p>Holistic Therapy with Louis Patric: Monday to Friday</p>	<p>Soundbed Session with Sandhya / Thilagam: Monday to Saturday</p>

Bio-Well Assessment (Evaluation of your well-being) with Helena – inquiry email adminsante@auroville.org.in

In Santé, we value our patient's confidentiality and make every effort to ensure their privacy.

In case of cancellation or to reschedule, it is necessary to inform us in advance.

HEALTH CENTER - KUILAPALAYAM

Contact: 0413 291 0005

Pharmacy:

- 8:00am - 5:30pm Monday to Saturday

Doctor Consultation:

- 8:30am - 5:00pm Monday to Friday
(1 - 2pm Lunch Break)
- 8:30am - 1pm (Saturday)



DENTAL CLINIC - KUILAPALAYAM

- **Timings:** Monday to Saturday, 9am - 5pm daily
- **Phone:** 0413 2622007 / 2622265
- **Email:** aurodentalcentre@auroville.org.in

TIME TO SUMMERNATE AYURVEDA HEALTHY TIPS



According to Ayurveda, the qualities of summer are hot, sharp, and penetrating. That's why our *pitta dosha* - the subtle fire that controls metabolism and transformation - can cause us to overheat. The sun saps the energy from the body, from the plants and the earth, increasing heat and dryness.

Pitta needs to be looked after to maintain a good energy, mental clarity, joyfulness, good digestion and blood circulation, a beautiful glow on the skin and a sound sleep.

When Pitta is out of balance it will give skin problems, hot flashes, exhaustion, indigestion or loose stool. Emotionally, excess Pitta manifests through irritation, short-temper, impatience, judgement/criticism, perfectionism...

Before Pitta reaches uncontrollable heights, remain cool, calm and pamper the liver:

With the food: As Agni (digestive fire) weakens, it is better to eat light, unctuous (slightly oily), cooling food such as salads and juices.

- Favorable taste: Bitter taste, Sweet taste (to take moderately in case of diabetes and high triglycerides). Salty taste should be taken reasonably
- Drink water stored in earthen pot
- Raw food/salads are taken at lunch mainly
- Proteins: mungdal, chickpeas, beans, sprouts, nuts and seeds, non-veg: white meat, fish, seashell, dairies for breakfast or lunch, eggs
- Cereals for energy: jasmine rice, barley, red rice, millet (fermented ragi)
- Vegetables: pumpkin, bittergourd, bottlegourd, snakegourd, ashgourd, cucumber (taken separately), salads, green leafy vegetables, broccoli, cabbage, celery, carrots, drumstick (moringa), zucchini, plantain
- Fruits: amla, pomegranate, banana, ramphala, chiku, papaya, apple, grape, date, watermelon and melon (to be taken separately), coconut
- Beverages: buttermilk, sweet lassi, coconut water, mint, lemongrass, cardamom, chamomile, nannari (sarsaparilla), amla juice, watermelon juice, vegetable juice, cucumber milk (blend ½ cup of peeled cucumber in 1 cup of milk - cow or other veg milk - with a pinch of sugar), electrolyte (1 lemon juice + 1tsp of sugar + 1 pinch salt in a glass of water),
- Lipids: ghee, olive or sunflower or coconut oil
- Spices: cumin, coriander, black pepper, turmeric, fennel seeds, fresh aromatic herbs (dill, coriander, fennel, mint, parsley, saffron).

Avoid:

- Pungent and sour tastes (especially for people who are Pitta dominant)
- Pitta increasing items: chillies, fermented food (apart from idli and dosai), deep-fried, sour buttermilk or curd, red meat, alcohol (strong liquor, red wine), coffee ...
- Drinking beverages coming from the fridge or freezer during meals
- Ice-cream at the end of a meal (best to be taken when the digestion is finished, around 4pm).

Routine to favour:

- Avoid direct sun contact specially between 11am and 4pm, and protect from the heat by keeping a humid towel/cap on the head
- A nap of half an hour after lunch is allowed
- Body massage with coconut oil – if there's no time every day to apply oil on the body, then massage ears, hands and feet + pour 4-5 drops of coconut oil on the fontanelle
- Bath with cool water and apply a paste of sandalwood on the face, heart and lower abdomen (these are the 3 main parts that should remain fresh to maintain the coolness in the whole body); foot bath in the evening with vetiver roots, rose water or hibiscus flowers
- Swimming, aquagym, any water activities. Qi-Gong, Tai Chi, light running: max 30 minutes early morning or late evening; walks in green environment, forest
- Soft yoga, pranayama (Sheetali, Sheetakari, ida nadi inhalation-left nostril inhalation), meditation with Gayatri mantra
- Walk under the moonlight, full moon bath
- Wear loose and comfortable cotton or linen clothes (white, blue, green, gray colours)
- Cooling jewellery: sandalwood beads, jade, pearl, amethyst crystals, moonstone, silver, aquamarine
- To refresh the ambiance use lemon or orange peel, jasmine flowers, lavender, wet cloth hanging at the open window, vetiver curtains.

Cooling plants for the summer:

- **Amalaki – Amla:** refrigerant and full of Vitamin C, rejuvenating fruit
- **Aloe vera:** rejuvenates blood and tissues
- **Aegle Marmelos – Bael fruit:** make juice from the pulp and decoction with leaves, it calms body and mind. It is slightly laxative, do not take during pregnancy
- **Coriander:** seeds soaked in water for urinary infections, kidney weakness
- **Red Hibiscus:** leaves and flowers for shampoo and conditioner; flowers for herbal tea
- **Manduka parni – Centella asiatica** leaves: rejuvenating and tonic for brain and nerves
- **Pudina – Mint** leaves: herbal tea or dishes
- **Radha consciousness – Clitoria Terneata** flowers: herbal tea or juice
- **Sarsaparilla – Nannari** syrup: soothing and cooling
- **Shataavari – Asparagus racemosus:** cooling, calming Pitta, very good for Vata women to harmonize hormones
- **Vetiver** roots: for bathing
- **Yashtimadhu – Licorice:** to refresh the body and to calm irritation, inflammation or ulcer in the digestive tract.

Wishing you a beautiful summer

Be @ Santé Clinic

PS: all these recommendations are more elaborated in my book "Take care of yourself with Ayurveda", available at Maroma in Aspiration, the bookshop of Visitor Centre and Auroville Press Publishers in Aspiration



MATRIMANDIR ACCESS INFORMATION

IMPORTANT ANNOUNCEMENT REGARDING THE
CHANGE IN TIMINGS EFFECTIVE FROM 1 FEB 2026.

Access to the Park of Unity

- The Matrimandir, the Petals, the Lotus Pond and the Banyan Tree are areas of silence.
- The Park of Unity is open to Aurovilians and registered Newcomers daily, 6am-7:30pm.
- Aurovilians may bring close family and friends (maximum 3) to the Gardens only daily, 9am-3:30pm.
- **Aurovilians bringing children under the age of 10 to visit the Gardens may do so only after 11.30am except Tuesday when they can come from 9am to 11am.**
- Aurovilians wishing to bring close family to the Gardens at any other time should inform mmconcentration@auroville.org.in before 11am on the day of the proposed visit.
- Registered Volunteers and Donors require a pass to enter the Park of Unity. Timings will be indicated on the pass.
- Published events in the Park of Unity are open to Aurovilians, Registered Newcomers, Volunteers, Pass holders and Guests. Guests should bring their Aurocards.
- Savitri Readings on Thursday evenings: Guests holding only Aurocards wishing to attend should book by filling in the form at <https://bit.ly/savitri-reading> one or two days in advance.
- Visits to the Park of Unity and Inner Chamber should not be included in the program of any conference or workshop. Participants should be directed to the Viewing Point.

Access to the Inner Chamber of the Matrimandir for Aurovilians, Newcomers and registered Volunteers

The Matrimandir is a place for silent individual concentration

- The Inner Chamber is open to Aurovilians and registered Newcomers:

Monday – Saturday	6:00 am - 8:00 am, 4:30 pm - 7:30 pm
Sunday	6:00 am - 12:00 pm, 4:30 pm - 7:30 pm
- The Inner Chamber is open to **registered Volunteers**:
 - Every day, 4:30pm - 6:00pm.
 - Volunteers are requested to come and get their revised passes between 10:00 am to 10:30 am from the Matrimandir office with prior booking at matrimandir@auroville.org.in
 - **It is obligatory for the volunteers and pass holders to carry the pass with them.**
- **The Inner Chamber is open to Aurovilians wishing to accompany a maximum of 3 close family members and friends no more than once in two weeks, with booking 3 to 5 days in advance to mmconcentration@auroville.org.in:**

Any day except Tuesday & Sunday,	<u>8:00 am - 8:25 am</u>
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Arrival at 7:45 am at the Office Gate
- The Inner Chamber, the Petals and the Gardens are open to the Children of Auroville and the Outreach Schools:

Tuesday	9:00 am - 11:00 am
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- Auroville units can bring their staff to the Inner Chamber with a prior booking at mmconcentration@auroville.org.in:

Tuesday	8:00 am - 8:30 am
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Petals of the Matrimandir

- The Petals are open to Aurovilians, registered Newcomers, and Pass holders

Daily	7:00 am - 8:00 am, 5:00 pm - 6:00 pm
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Access to Matrimandir for Visitors and Guests

Matrimandir Viewing Point: The Viewing Point is open to the general public on presentation of a Pass. Visits to the Matrimandir Viewing Point are free of charge. Free passes can be obtained at the Auroville Visitors Centre.

The Viewing Point lies south of the Park of Unity and offers visitors a panoramic view of the Matrimandir and the Gardens and the Lake.

Starting from the Visitors Centre.
Daily, 9:00 am - 5:30 pm

The Inner Chamber of the Matrimandir is open to Visitors and Guests by prior booking only. Visitors and Guests seeking to concentrate in the Inner Chamber are requested to inquire at the Information Desk of the Visitors Centre after first visiting the Viewing Point, or to go to the website: auroville.org

- Prior booking is required to access the Inner Chamber at least one or two days in advance. Bookings for concentration are given for the following or the first free day as per availability and are accepted only up to one week in advance. Minimum age 10 years.
- The Petals are open to Visitors on the morning of their Inner Chamber visit.

Security

Please note that it is not permitted to

- Swim in any of the ponds, the channel and the Lake except the Children's ponds in the Garden of Youthfulness
- Throw pebbles into the ponds and fountains
- Pick flowers in the Gardens
- Climb to the very top of the Petals.

Parents, please supervise your children at all times.

Bags, cameras and cell phones should be left in the lockers or the Access office.

Please no photography, videos or drones without prior permission. For permission, please write to matrimandir@auroville.org.in.

Antoine for Matrimandir Executives Team

Auroville TO PONDICHERRY

	Trip 1	Trip 2	Trip 3
Svaram Musical Center	7:00	8:50	14:50
Vérité Guest House - Junction	7:02	8:52	14:52
Town Hall - Main Parking	7:06	8:56	14:56
Solar Kitchen (Ex Round About)	7:10	9:00	15:00
Certitude Entrance	7:12	9:02	15:02
New Creation Road	7:17	9:07	15:07
SBI Bank—Kuilapalayam	7:19	9:09	15:09
ECR Junction—Aroma Guest House	7:23	9:14	15:14
Quiet Healing Center—Junction	7:26	9:17	15:17
Lotus Hotel—S.V Patel Salai	7:36	9:30	15:30
Ashram Road Junction	7:38	9:33	15:33
Ashram Dining Hall	7:40	9:35	15:35

Pondicherry TO AUROVILLE

	Trip 1	Trip 2	Trip 3
Ashram Dining Hall	8:00	12:15	18:10
Ashram Road Junction	8:02	12:17	18:12
Lotus Hotel—S.V Patel Salai	8:07	12:22	18:17
Quiet Healing Center—Junction	8:17	12:32	18:27
ECR Junction—Aroma Guest House	8:20	12:35	18:30
SBI Bank—Kuilapalayam	8:25	12:40	18:35
New Creation Road	8:27	12:42	18:37
Certitude	8:32	12:47	18:42
Solar Kitchen (Ex Round About)	8:34	12:50	18:44
Town Hall - Main Parking	8:38	12:54	18:48
Vérité Guest House - Junction	8:42	12:58	18:52
Svaram Musical Center	8:45	13:00	18:55

- Single Trip = ₹100 per person
- Monthly Scheme (Students + AV Workers) = ₹1200
- Monthly Scheme (Students + AV Workers) = (One Way) ₹850

Auroville Vehicle Service
Town Hall, Auroville, 0413 2623302



Join our WhatsApp group of Auroville Bus to get regular updates:

<https://chat.whatsapp.com/Lt43wBCBno1E6CTwoaUt2x>

EMERGENCY NUMBERS



Ambulance (24/7):

Auroville 94422 24680	PIMS 0413 2656271	
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Security (24/7):

Auroville Police Station 0413 2677318	Kottakuppam Police Station 0413 2236148	Vanur Fire Station 0413 2677368
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Health:

Health Center 0413 3509942 & 3509943	Santé 0413 2622803	Farewell 89038 36246
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Mental Health 24/7 Support:

Vandrevala Foundation +91 99996 66555

India Emergency Response Service (24/7): 108