

Auroville

NEWS & NOTES

No 1119 - A weekly bulletin for residents of Auroville

2 April 2026

RA EDITION



PONDERING

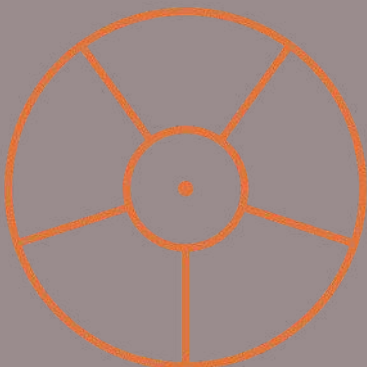
When difficulties besiege you, know that the Divine Grace is with you.

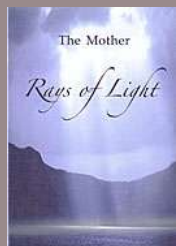
People believe that the Grace means making everything smooth for all your life. It is not true.

The Grace works for the realisation of your aspiration and everything is arranged to gain the most prompt, the quickest realisation.

The Mother, 26 May 1967, The Divine Grace and Difficulties, Words of the Mother II

<https://motherandsriaurobindo.in/The-Mother/books/words-of-the-mother-II/#the-divine-grace-and-difficulties>





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THE BASES OF YOGA

DIVINE LOVE AND HUMAN LOVE

page 46

Self-love is the great obstacle.
Divine love is the great remedy.

*

You feel lonely because you feel the need to be loved.
Learn to love without demand, to love just for the joy of loving
(the most wonderful joy in the world!) and you will never again
feel lonely.

11 April 1966

THE RUNGS OF LOVE

At first one loves only when one is loved.
Next, one loves spontaneously, but one wants to be loved in
return.
Then one loves even if one is not loved, but one still wants
one's love to be accepted.
And finally one loves purely and simply, without any other need
or joy than that of loving.

15 April 1966

*

There is a love in which the emotion is turned towards the
Divine in an increasing receptivity and growing union.
What it receives from the Divine it pours out on others,

page 47

but truly without demanding a return. If you are capable of that,
then that is the highest and most satisfying way to love.

*

Once one has found divine Love, all other loves, which are
nothing but disguises, can lose their deformities and become
pure - then it is the Divine that one loves in everyone and
everything.

6 May 1967



Integral love for the Divine
Pure, complete, irrevocable, a love
that gives itself for ever. - *The Mother*
Rosa L., Rosaceae.
Rose

Divine Love, true love, finds its delight and its satisfaction in
itself; it has no need to be received and appreciated, nor to be
shared - it loves for the sake of loving, as a flower blooms.
To feel this love in oneself is to possess an immutable
happiness.

21 June 1971

page 48

LOVE AND SEXUAL DESIRE

Love is not sexual intercourse.
Love is not vital attraction and interchange.
Love is not the heart's hunger for affection.
Love is a mighty vibration coming straight from the One, and
only the very pure and very strong are capable of receiving and
manifesting it.
To be pure is to be open only to the Supreme's influence and to
no other.

*

Sexual desires do not come from eating well but from *thinking*
wrongly and concentrating on that. The less you think about it,
the better it is. You should not concentrate on what you do not
want to be, but on the contrary on what you want to become.

7 June 1964

*

Sexual relations belong to the past, when man was closer to the
animal than to the Divine. All depends on what you expect from
life, but if you sincerely want to do the Yoga, you must abstain
from all sexual activities.

23 March 1968

NEWS & NOTES GUIDELINES

DEADLINE FOR SUBMISSIONS:

TUESDAY 5PM

The content of News & Notes is a reflection of the growth process of this community towards its ideals of Harmony, Goodwill, and Truth. Editing of submissions, mainly for reasons of space and clarity, is done according to an established policy.

RA NEWS & NOTES - A QUICK GUIDE



What We Publish

- Working group announcements and reports
- Residents' voices and personal sharings
- Free cultural events open to all residents
- Information from essential services
- Content that strengthens community-building in Auroville

Working Groups & Foundation Office Content

- All RA Working Group announcements will be included
- Links to Foundation Office content will be provided without duplication
- Direct submissions from Foundation Office groups will be included as regular content

What We No Longer Publish

- Commercial activities and paid workshops
- Non-community-focused events
- Content from "Activities & Events," "Food, Goods & Services," and "Classes, Workshops and Healing Arts" sections

Exceptions

We may consider including content that falls outside these guidelines if:

- It is submitted exclusively to RA News & Notes
- It has significant community benefit
- It aligns with our service-oriented focus

Submission Guidelines

- Deadline: **Tuesdays at 5pm**
- Email: newsandnotes@auroville.services
- Content must be community-building focused:
 - Open and accessible to all community members
 - Not profit-oriented
 - Contributing to collective growth or well-being
 - Promoting Auroville's ideals and values

• For further information, please [click here](#) to view our complete FAQ document.

• For past issues or to subscribe, visit: auroville.media/newsandnotes

We thank you for your collaboration and understanding.

DISCLAIMER:

Please note that the opinions and views expressed on these pages are solely those of the respective authors or work groups and do not necessarily reflect the position of the editors or the larger Auroville community. The News & Notes aims to provide a platform for the publication of diverse perspectives and voices from multiple sources within Auroville.

While our editors strive to ensure the accuracy of the information presented, we cannot guarantee that all information is free from error or omission. Additionally, we cannot be held liable for any alleged misinformation provided or offence caused by the content published.

In the event of any dispute, we encourage readers to consult with the Auroville Council, and we reserve the right to suspend the publication of disputed material. Our commitment to providing an open and inclusive platform for dialogue and exchange of ideas remains steadfast.

The News & Notes Team
newsandnotes@auroville.services

LIST OF ACRONYMS:

- **AVF** (Auroville Foundation),
- **AVFO/FO** (Auroville Foundation Office),
- **GB** (Governing Board),
- **RA** (Residents' Assembly)

The following groups are divided in two categories: The groups selected by the Residents' Assembly through Community decision making Processes and the groups put together by the GB and the FO (*not recognised by the Residents' Assembly*).

Working groups selected by the Residents' Assembly:

- Working Committee (RA WCom)
- Funds and Assets Management Committee (RA FAMC)
- Budget Coordination Committee (RA BCC)
- Town Development Council / L'avenir d'Auroville (RA TDC)
- Auroville Council (AVC)
- Entry Service (ES)

GB groups:

- Working Committee (GB WC)
- Funds and Assets Management Committee (GB FAMC)
- Budget Coordination Committee (GB BCC / GB BCS)
- Auroville Town Development Council (GB ATDC)
- Housing Service (GB HS)
- Land Board (GB LB)

NOTE FROM THE EDITORS



Dear Community,

Here is some important information:

- If you would like to support the RA N&N, please send us an e-mail at newsandnotes@auroville.services.
- Content sent through [@auroville.org.in](https://www.auroville.org.in) mail ID will only reach us if you use this [FORM](#) to submit your content.
- The mail ID to submit content is: newsandnotes@auroville.services

Thank you for reading and for your continued support!

In community,
The RA Community Edition News & Notes Team

FROM THE WORKING COMMITTEE

STATEMENT ON THE INCIDENT IN THE YOUTH CENTRE (YC) ON FRIDAY MARCH 20TH 2026

Dear Community,

It has come to our attention that there is a lot of misinformation being circulated in, and around Auroville, about the violence and dismantling at YC on Friday 20th March, as well as false narratives on social media propagated by those working closely with and for the Foundation Office.

There was indeed a specific violent altercation at the Youth Centre, when persons from Auroville Foundation Office arrived to clear the area and dismantle the current assets of the Youth Center without any due community process nor any authorization, paperwork or a clear prior notice to vacate before 20th March.

It is not clear who ordered this destruction of the Youth Centre and the eviction.

The events of the day were witnessed and experienced not just by the residents and representatives of the YC but also by other residents who had gathered in support of the youth.

Considering the gravity of the situation, we find it important to share with you a more balanced account of what transpired there.

From the accounts of multiple eyewitnesses we have spoken to who were at the YC the incident involving Dingbawi, Swati, Sindhuja, Antim and Joel was an escalating sequence of actions from all involved, rather than a one-sided act of deliberate provocation or attack by the YC residents, as claimed.

Both parties are pursuing police complaints.

Furthermore, we see the attempts to characterise the dismantling of the YC throughout the day as entirely calm and restrained; this is not supported by eyewitness testimonies, nor by multiple videos, which show the tense atmosphere replete with verbal and physical provocation and several instances of violence on the side of those enforcing the destruction.

We strongly condemn and stand against the use of violence by anybody and everybody.

And we condemn the impunity with which these persons representing the Foundation Office continue to threaten, aggress and evade any responsibility for their unacceptable and violent actions under the guise of representing a Governing Board whose term has expired in October 2025.

For the future: We request everyone who answers a call for presence or participation to maintain calm (we know it can be challenging!), stay rooted in peaceful presence, support each other and document as much as possible!

This is paramount to counter the rampant misrepresentation and manipulation.

All documentation and eyewitness statements can be sent to us at: workingcom@auroville.services

With regards,

The Working Committee selected by the Residents' Assembly of the Auroville Foundation
Anita, Elvira, Jayavel, Matthieu, Prashant, Raju, Valli

25th March 2026

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FROM THE AUROVILLE COUNCIL

UPHOLDING AUROVILLE VALUES: NON-VIOLENCE AND CONSTRUCTIVE DIALOGUE

Dear Community,

As you may be aware of recent events that took place at Youth Center, the Auroville Council would like to take this opportunity to share a reminder that we do not condone the use of - or incitement to - violence in any form, which are against the spirit of Auroville.

We would like to emphasise that, in cases of conflict, goodwill from all concerned parties is indispensable in order to reach a resolution, and we would encourage genuine and sincere dialogue between all parties before resorting to enforcement of any demands. This is surely the minimum that is expected of us, as members of the Auroville community, seekers of human unity, and aspirants in integral yoga.

The Auroville Council

Divya, Dyuman, Isabelle, Martin, Mouttou, Muni, Ramesh, & Sathiya

RESPONSE TO THE BLACKLIST LETTER TO GRS, GUESTHOUSES AND ASES

It has come to our attention that a letter signed only by “the Working Committee”- without names - is circulating, publishing a list of people assumed to be guests who are to be “blacklisted” in Auroville. Please note that this group has not been selected by the Residents’ Assembly as its Working Committee, but is self appointed.

The letter states that the individuals listed (with photographs taken at the Youth Center on March 20th, 2026), have been “officially blacklisted by the Working Committee”.

The letter is addressed to the Guest Registration Service (GRS), the Auroville guest houses and the Auroville Safety and Emergency Services (ASES) and instructs these entities to cooperate and help implement three actions against the “blacklisted” people:

- Cancelling their C-form
- Removing them from their guest accommodations
- Refusing them entry into Auroville

The action of blacklisting individuals does not represent any decision from the Residents’ Assembly, it does not follow any established internal procedures or legal processes, nor does it follow any principles of natural justice.

Two of the “blacklisted” people are young adults of Auroville who grew up here and are part of our community. They were present on Friday 20th of March, 2026 to witness the unannounced continuation of the dismantling of the Youth Center, the illegal cutting of the Youth Center’s water supply, and the eviction of residents without legal notice of the relevant authorities.

The people named in this public manner have not been informed of this action against them, they have not been presented with any allegations which could lead to these actions being taken against them, nor have they been given a chance to present their version of events.

We urge the GRS, guest house executives, Guest House Trust trustees, and the ASSES:

- to cross-check the legal and ethical validity of these instructions, and
- to refrain from taking action until there is a written order by the relevant Indian authorities signed by name(s)

We also request the community at large to refrain from circulating the list any further as it contains names and images of people with unfounded allegations that were published without due process or their consent. All this contributes to people feeling unsafe and threatened in Auroville - a place founded on the very principle of human unity and not belonging to any one in particular, but to humanity as a whole.

With regards,

The Working Committee selected by the Residents' Assembly
Anita, Elvira, Jayavel, Matthieu, Prashant, Raju, Valli



FO GROUPS NEWS

(not selected by due Residents’ Assembly process)

FROM THE FO N&N 1124

Please click [HERE](#) to read the FO groups’ news

COMMUNITY NEWS

COMMUNITY SHARING

FOOD SYSTEM ENVISIONING PART 3



For the past year, a group of Aurovilians have been meeting regularly in order to address the challenges on Auroville’s food system that became more visible in the recent years, and to envision **a new system that improves the interconnectedness between the community, the food and the farmers of Auroville.** We believe Auroville can nurture a new paradigm where food can be truly valued as sacred for the body, grown with care and respect for natural processes and recognized as a need and not as a commodity.

Auroville’s food system holds a wide range of diversity in its stakeholders (farmers, distribution centers, community kitchens) and consumers (individuals, units/services, schools). We are also aware that owing to our multi-cultural fabric, we have different understandings, approaches and references to food in its production, distribution and consumption. How do we envision a system that honors and leverages this diversity while uplifting the quality and standard of food for the community as a whole? How can we build more transparency and accountability in food production and distribution, while offering our active participation and support?

We are exploring different ways to address these questions with some key actors. If you are interested in working towards this endeavor or have any questions, you can reach out to us at avfoodsystemenvisioning@gmail.com.

The below article is the first in a series of our reflections and aspirations that we will be sharing with you in the coming months to nurture a space for conversations on food and farming in Auroville.

In community,

Food System Envisioning

Amy, Anshul, Arul, Aumurto, Deven, Isabelle, Manas Arvind, Nicole, Nidhin, Pavan, Priya, Tanisha, Tomas, and Elisa (facilitator)

WHY IS AGRICULTURE IMPORTANT IN AND FOR AUROVILLE?

Continued from last issue :

Dimensions of an integral approach to Auroville's food system:

3. The Mental (Scientific) Dimension

With the rapid advancement of artificial intelligence, mechanisation in agriculture is becoming increasingly inevitable. Much of agricultural work is likely to become more mentalised in the future, driven by robotics, automated systems, and data management. In the outside world, the trend is towards efficiency at the cost of ecological sustainability and social fairness.

Care farms exist in different parts of the world, where people with different kinds of issues work on farms to connect with nature and it's a healing thing. Organic farming is being recognised as a healing activity in other parts of the world. In Auroville we can invest in this perspective a bit more especially for people with mental health issues or neurodivergence.

If Auroville wishes to influence how agriculture evolves in the future aligned with its values and aspirations, Auroville farmers will need to actively cultivate mental and technical capacities related to emerging technologies. Without this shift, there is a real risk that Auroville farmers may fall behind—becoming inefficient and losing economic competitiveness in relation to the larger market. Additionally, if there is a case to be made for conscious utilization of advanced technologies integrated with Artificial Intelligence (AI), Auroville is well poised to pioneer this discovery, as a community aspiring for the evolution and integration of diverse consciousness frameworks.

4. The Interconnectedness Dimension

Human unity is a central pillar of Auroville's purpose. However, the aspect of human unity that gets discussed the most is the communal unity, the unity between humans. Agriculture is the praxis of unity of humans not only with other humans but also with all beings. We, as a community, are all anchored in this land, and our work with the land goes beyond material sustenance— it is an opportunity to develop a new relationship with the land- the physical body of Auroville. The spiritual dimension of agriculture ties us all (farmers or not) in the culture of the land (agros: land) and requires us to synchronise ourselves with the rhythms of nature and re-establish our lost connection with the Earth mother. This makes agriculture— spirituality in action, one of the unique ideas of Integral Yoga and the core of Auroville's purpose. Agriculture offers an antidote to our currently excessive and ungrounded mental culture— an embodied spiritual experience, a closer contact with the 'deeper self', and offers opportunities for education and learning to farm beyond the techniques of growing

food. Agriculture in Auroville is important for the newcomers to re-live the spirit of Auroville- of spiritual manifestation in the matter.



In conclusion

The externalities of our current world and the breakneck speed of our lives and communication keep us away from any opportunity to recognise our predicament and articulate a response to it, and in this rush, we are experiencing a pandemic of inner disconnect, loss of meaning, relationships and purpose. It seems that more and more people are turning to Auroville for experiments in sustainable community solutions, and more importantly for the ecological and social environment to reflect deeply on their own lives and journey. Many of these people eventually commit to the community. Auroville farms have been a fertile space for many such people to connect back with the land, with the soil, with food and their bodies.

Auroville agriculture cannot only be about the tonnage of food and organic certifications. Through agroecology and ethical stewardship, the conscious partnership with Nature that Mother envisioned can be a tangible reality, and developing our food system offers a way to ensure that our bodies are nourished by food grown consciously, inviting it to grow into an increasingly refined instrument to hold an ever-vast consciousness. Auroville's history of land regeneration and its unique diversity of soil profiles and farming techniques offer an unparalleled laboratory to experiment with this essential evolution. Auroville farming is both a study and an experiment in discovering how this can be realised.

This is an offering from Food System Envisioning
14 March 2026

To read the full article, click [here](#).

AV BAKERY & CAFE CLOSED ON SUNDAY

NOTICE:

AV Bakery & Café will be **closed on Sundays** only due to the LPG (gas) shortage.



ASSISTANCE TO AMERICAN SOCIAL SECURITY RETIREES AND APPLICANTS

Greetings,

I am Gary, a Friend of Auroville, from America whose career was with the Social Security Administration, the primary USA retirement and disability system.

Should any in Auroville be potentially eligible or receiving its benefits and have questions I would be happy to volunteer my assistance. Its Supplemental Security Income (SSI) program may also be of interest should future US residence be contemplated.

Please first email me a synopsis of your concerns at gary@ionet.net as well as your WhatsApp number. Put ***Auroville/SSA*** as the subject line of your email.

I will be in Auroville till mid-April but can also respond remotely once back in the US.

Thank you.



RESIDENTS SPEAK

NOTHING BUT BEAUTY: ONE'S LIFE STORY

My painter grandfather, three years junior to the Mother, born one day earlier and like her a Pisces, jumped straight into Montmartre's Futurism; the rival camp was Montparnasse's Cubism. Paris's avantgarde, the years preceding WW1, was the top of the world. Russian Constructivism will follow, out of the 1917 Revolution; De Stijl, Bauhaus, Expressionism, Dadaism, Surrealism – each of them, in their own way, blowing up the straitjackets of a senescent world, heralding the future.

A profound mystic, my grandfather was also a fairy-tales illustrator. He painted on cardboards all the personages I dreamed of; I cut them and played for hours, creating my own stories. For a renown publishing house, La Scala d'Oro (The Golden Ladder), he illustrated fairy tales with delicate pastel colors, psychic being's reveries. He was offered for free all newly published fairy-tales and I set the alarm clock at 5 am to read them until 7 am, before going to school. Published by the Golden Ladder was a book that fascinated me for its incredible images. I was about three and asked my mother to read it to me. I was thus introduced to Perceval, the pure immaculate knight who found the Grail; in that book there was no mention of Blanchefleur or any other damsel, it purely concerned the quest of the Holy Grail. Thus Perceval became my hero and model for life.



Reading the Mother as a young woman, I realised that my destiny had been settled then, with that book...

“... YOUR STORY WILL TEND TO ORGANISE YOUR LIFE...”

... that depends on the candidness of a child, upon its trust in things that come to him, upon the absence of the mind's critical sense, upon heart's simplicity, upon a young and active energy – it depends upon all that – upon a kind of vital generosity within. And one must not be too egoistic, too greedy and one must not be too

practical, too utilitarian – yes, there are all kinds of things that one must not be, as children are not. And then one must have a power of living imagination, because (I seem to tell you foolish things, but it is absolutely true) there is a world where you are a supreme maker of forms, it is your own world of the vital. You are a supreme maker of forms and you can make a marvel of your world. If you know how to make use of it, if you have the consciousness of an artist, of a poet, if you love harmony and beauty, you will build there a wonderful thing that will tend to come into the material manifestation.

When I was a child, that was what I used to call telling stories to myself. It is not at all telling stories through words, but in the head: it means going to a spot yet virgin and build there a wonder story. And when you know how to tell a story like that and it is truly beautiful and harmonious, truly strong and coordinated, it will realise itself in your life – perhaps not exactly in the form you created, but as a physical expression, more or less deformed of what you might have done.

That perhaps will take years, but your story will tend to organise your life. But there are very few people who know how to tell a beautiful story and then they mix up always horrors which they regret afterwards.

If one could create a fine story with no horrors in it, nothing but beauty, that could have a considerable influence upon the life of everybody and that one does not know.

If one could utilise this power, this creative power in the world of vital forms, if one knew to utilise that when yet a child, a little child! Because it is then that one builds up one's material destiny. But generally the people who are around you, sometimes even your little comrades, but especially the parents and teachers meddle there and spoil everything, to such an extent that there are very few cases where it succeeds wholly.

Otherwise, if it were done like that, with the spontaneous candour of a child, you could organise for yourself a wonderful life. I am speaking to you of the physical world.

THE MOTHER, *Bulletin*, April 1962, pp. 65-67



GLOIRE AUX COURAGEUSES FEMMES D'AUROVILLE

Auroville, le 01 Avril 2026

Gloire aux courageuses femmes d'Auroville, celles qui, à l'image de Mère, sont sans relâche à Son service dans l'acte et dans l'action, afin qu'éclate la vérité et se réalise la transformation.

Célébrons leur force et leur énergie, elles sont tous les jours la vivante preuve qu'un monde meilleur est possible.

Mues par l'idéal de Mère, elles avancent sans peur, courageuses femmes, pour que rayonne sur le monde l'avenir qu'Elle a insufflé.

Leurs mains ne tremblent pas, leurs pas sont assurés, leurs paroles sont puissantes et leurs murmures bien plus encore.

Tu as montré l'exemple et placé Ta foi en elles pour se hisser au-dessus du chaos ici-bas, enlisé dans des jeux de pouvoir et d'ego.

Elles avancent comme une seule femme, tête haute, des sœurs que personne n'arrêtera.

Portée à jamais dans leurs cœurs, c'est Toi qui ouvres la voie.

Ainsi soient-elles, à Ton service.

AUROVILLE CONVERSATIONS



Submitted by an Aurovillian



FRENCH NEWS & NOTES

NOUVELLES D'AUROVILLE



Auro - Traductions

2 Avril 2026

Click on date or scan the QR code to read the **French News&Notes**.



INNER JOURNEY

INTRODUCTION TO THE INTEGRAL YOGA OF SRI AUROBINDO AND THE MOTHER

Tuesday 7th April, 9 am - 12 noon

Focus: **Self-realisation**

Led by Ashesh Joshi

Place: Mirabelle Education Centre, Auromodele
Ph/Whatsapp: 94891 47202 (Please register)

All are Welcome



SAVITRI SATSANG WITH NARAD

EVERY TUESDAY, 04:30 - 05:15PM

In this deep exploration of Savitri we will study:

1. The mantric basis of Savitri
2. The importance of iambic pentameter in Savitri's poetry
3. The wealth of symbolism in Savitri, Sri Aurobindo and Mother's Words
4. Music and Savitri
5. Words of Savitri from the 'Lexicon of the Infinite Mind'
6. The Mother's Words on Savitri

**On summer break.
To resume in July.**

At Savitri Bhavan - Square Hall.

All are welcome to join.

Narad

OM CHOIR WITH NARAD

EVERY TUESDAY, 05:30 - 06:00PM

Please join in the form of a choir. No prior singing experience is required.

At Savitri Bhavan - Square Hall

**On summer break.
To resume in July.**



AMPHITHEATRE - MATRIMANDIR

MEDITATIONS AT SUNSET WITH SAVITRI

Every **THURSDAY**
from 5:30 to 6:00pm

(weather permitting)



Savitri, Sri Aurobindo's long mantric poem, read by Mother to Sunil's music are *on weekly* for everyone to concentrate in this beautiful open space in the very center of Auroville.

- **Reminder to all:** The Park of Unity is a place for silence, meditation, and inner work and is to be used only as such. We request everyone: please do not use cameras, tablets, cell phones, etc. No photos.
- **Guests with Aurocard** wishing to attend must book at <https://bit.ly/savitri-reading> one or two days in advance or the very day before 11am. Please bring your Aurocard with you.
- **Access by Office Gate** for the Amphitheatre only from 5:15pm. Guests are requested to bring along their Aurocards. Last entry for guests at 5:30pm. Access limited for guests to the Amphitheatre.
- **Last exit for guests** at 6:15pm.

Velmurugan for the Access Team

VIBRATIONAL SOUND BATH

SOUL NURTURING MEDITATIVE EXPERIENCE WITH THE ORIGINAL RUSSIAN SINGING BELLS

*These are sounds of the Beginning
These are sounds that cradled the worlds*

Harmonious play of rich powerful tones and strongly resonating overtones invokes a profound state of inner peace, tranquility and self-healing, bringing deep physical and psychological relaxation.

Open Group - Everyday 3:00 - 4:30pm

At Mirabelle Education Center, Auromodele,
Kuyilapalayam

Led by Vera (Instagram - [Vera.Auroville](https://www.instagram.com/Vera.Auroville)) and Ashesh Joshi

Please register in advance

Ph/WhatsApp: +91 94891 47202, +91 94862 47202

(Private sessions on request at other timings)

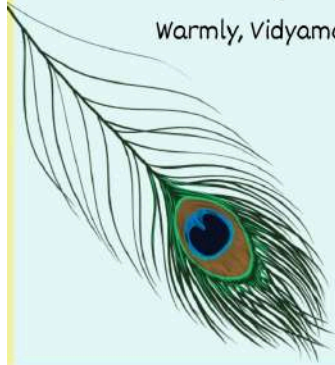
Bhagavad Gita in Daily Life

Welcome to a collective learning journey with practices and reflections to integrate the wisdom from the Bhagavad Gita into day-to-day living.

29th March to 24th April, 2026

Details and Registration: tinyurl.com/gitainlife

Warmly, Vidyamandir Auroville Team



"All can be done
 if the god-touch is there."
 Sri Aurobindo, Savitri 1.17

On **29th March, 1914**, The Mother met Sri Aurobindo for the first time in Pondicherry, recognizing him from her spiritual visions as "Krishna." **24th April, 1920**, marked The Mother's final arrival in Pondicherry when she returned to settle permanently and work with Sri Aurobindo on their Integral Yoga sadhana. She later called this date a "tangible sign of the sure Victory over the adverse forces."

Some of us are embarking on a **collective learning yajna** to integrate the wisdom from Bhagavad Gita in our day-to-day life. We will be referring to all 700 shlokas of the Gita in Sanskrit along with daily practices, reflections and reading excerpts from Sri Aurobindo's Essays on the Gita and The Mother's writings.

All are welcome.

Dates: 29th March to 24th April, 2026

Time: 5 am to 6 am (Everyday)

Place: Online Zoom Call

For more details and registration click: tinyurl.com/gitainlife
 Feel free to also write to us on: vidyamandir@auroville.org.in

Grace and Gratitude,
Deven, Shaalini and many others
 On behalf of Vidyamandir, Auroville



ANNOUNCEMENTS

TAI CHI HALL @ SHARNGA

Daily class timings are

- Mondays and Saturdays: 7:30 - 9:30am
- Tuesdays to Fridays: 7:30 - 9am

No classes on:

- 6th - 16th April

Contact: taichi.auroville@gmail.com



Ashtanga Yoga

with Monica Marinoni

KPJAYI Authorised
 Level 1 & 2 teacher

Monday - Friday
 9am - 11am (self paced)

Saturday
 9.40am - 11.10am
 (led primary series)

NO classes on:
 Sundays,
 New & Full Moon days.

ONGOING WITH TIME CHANGE
FROM APRIL 7.30-9.30

Ashtanga Yoga, practised in its correct sequential order, gradually leads the practitioner to rediscovering his or her fullest potential on all levels of human consciousness: physical, psychological, and spiritual. Through the practice of correct breathing (Ujjayi Pranayama), postures (Asanas), and gazing point (Driste), one gains control of the senses and a deep awareness of oneself. By maintaining this discipline with regularity and devotion, one acquires steadiness of body and mind.

Classes with prior registration only. No drop-ins.

Booking with the teacher only:
marinonimonica@gmail.com

More information:
www.monnicamarinoniashtangayoga.com
 or WhatsApp +39 3917254083



Pitanga Cultural Centre, Samasti, Auroville 605 101 | info@pitanga.in | 0413 2622403, 9443902403
 A service unit of the Auroville Foundation, Health and Healing Trust branch, | GSTIN: 33AAATA0037BY3N



STORY OF THE LAND - WALK + TALK

SATURDAY 4TH APRIL 2026, PEBBLE GARDEN

PEBBLE GARDEN

Story of the Land



Join us for a walk + talk
 Discover the story of 32 years of land regeneration
 from bare pebble land to thriving biodiversity.
 Learn about the ecological history of the bioregion -
 evidence of past landscapes of abundance
 & how the land became a desert.

4th April 2026
SATURDAY
9:30 am to 12:00 noon

LIMITED SPOTS
 Whatsapp 8148715966 for Registration Link

FREE ENTRY

Story of the Land - Walk + Talk, Pebble Garden, Saturday 4th April 2026, 9:30 am to 12 noon.

WA 81487 15966 for Registration link



JIVA AUROVILLE

A platform of Aurovilles therapists for therapy, workshops, classes, webinars and professional training.

Regular offers

- Natural Horsemanship & Horse Assisted Therapy : Daily 8 - 10 am, 4 - 6pm
- Sunday JIVA Breathwork: Sundays with Sigrid: 3:30 - 7pm
- Cosmic Dance Wave: Saturdays with Sandyra: 5 - 6:30pm
- Integral Regression Therapy Sessions with Sigrid.

contact@auroville-jiva.com / WA 96260 06961
www.auroville-jiva.com Your journey in healing and transformation.

AUROVILLE STORIES: 2068 : HOW TO STAY INVOLVED



We've just completed our **second annual Auroville Stories event**, where 15 storytellers and many children shared stories and images of hopeful futures. More than 150 people joined the two screenings, and the exploration is just beginning. If this project inspires you, here are **three ways to stay involved**:

1. **Watch and share the stories** (www.youtube.com/@AurovilleStories/playlists)
 - Please "like", share, and leave comments on stories that resonate with you.
2. **Join the conversation** (bit.ly/avstories)
 - Connect with others through our **WhatsApp community** (announcements + discussion groups)
3. **Create your own "Future Memories"** (bit.ly/future-memories)
 - Imagine a moment in a hopeful future that really matters to you and we'll help visualize it.

Each story.... Each image.... Each idea.... Is a piece of our puzzle. Let's see what happens. It's a beautiful mystery!

Contact daniel@ic.org (+1 978-394-1711) with questions. Thanks!!!

Daniel Greenberg, Ph.D. | He/Him
Director of Partnerships & Networking
Foundation for Intentional Community

FROM COFFEE IDEAS (FORMER MARC'S CAFE)



- Every Wednesday we are open from 8:00 AM to 8:00 PM.
- Fermentation classes are held every Saturday from 10:00 AM to 12:00 PM, and are also available on demand.
- For coffee learning at CLC, please check the website for specific classes and schedules.
 - <https://coffeeideas.in/product-category/master-classes/>

Thank you!

Coffee Ideas (former Marcs Cafe) Team

HIVE COWORKING SPACE

OPEN HOUSE EVERY FRIDAY, AUROMODE



Are you looking to work, study, create or simply connect with like-minded professionals in a serene place? Step into Hive and experience the Cosy workspace with super-fast Internet, Coffee -


-All for FREE on our Open House.

- Venue: Hive, Auromode
- Time: 9 am - 7 pm
- Visit us at www.auromode.in/hive-coworking for more details on our plans and facilities.
- For inquiries: auromodehive@auroville.org.in / +91 90427 59540 (WA) / +91 70921 97375 (WA) or drop by.

All are Welcome!!!

SUPPORT NEEDED

KEEP CINEMA PARADISO'S MAGIC ALIVE!



Cinema Paradiso:
Fuel Our Magic – Last 3 Pledges!
Multimedia Center Auditorium – Cinema Paradiso (MMC-CP)

MMC-CP – FY 2025-26 Ends Soon. Your Gift Keeps Stories Alive!

Heartfelt thanks to 5 heroes at ₹3,000+/month! We urgently need 3 more units at ₹3,000, or several at ₹1,000+ to reach ₹9,000. This will restore our pre-COVID heartbeat. We can then chase external funds for vital equipment upgrades.

How to Give:
Auroville Units/Activities:

Easiest. Set up recurring specified contribution via FS to MMC-CP #105106.

Individual Contributions

Indian Nationals (Aurovilian or not):
FS Transfer, cheque, or NEFT to Unity Fund (A/c 10237876031). **Get guidance at Unity Fund, FS.** Write "MMC-CP general purpose". Please inform us by email at mmcauditorium@auroville.org.in

Foreign Nationals (Aurovilian or not):
Overseas cheque to Auroville Foundation (A/c 40106120526) **facilitated by the Unity Fund at FS:** In the form at Unity Fund write for recipient "MMC-CP", purpose "general". Inform us at mmcauditorium@auroville.org.in! Allow clearance time.

Pledge today—spark joy!
Grateful,
MMC-CP Team

LOOKING FOR

LOOKING FOR A PART TIME JOB

Parthipan, who works at PTDC, is looking for a part-time job.

He is a reliable and responsible person, willing to do various kinds of work such as errands, deliveries, and assisting elderly people (he helped care for Giuseppe, who recently passed away).

You can contact him at 80987 40882.

Marco

1 - BORROW A CAR

Would like to borrow a car for a month or so to do some trips to Kodai and back.

It will be driven by my partner who is an ace driver and has been driving in many countries since a young age.

Thank you for considering.

2 - SEEDS



Thinking of planting a small garden in a cool place.

Thus, if you have seeds (lettuce, tomatoes, moringa etc) for winters, pls share.

It could also be saplings (basil etc).

Thank you for sharing.



3 - CONTACT LENS SOLUTIONS

Looking for contact lens solutions even if its expired.

Thank you for looking into your forgotten drawers for this one.

Thank you for sharing.

4 - HEADLAMP WITH A USB CHARGER

Looking for a head lamp with a usb charger. Happy to offer a contribution / my abundant skills in exchange.

Thank you for sharing.

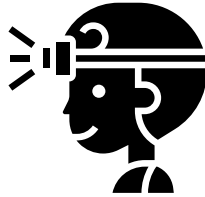
Regards,

Deepa

98115 74667 (no wa),

stigmatad@gmail.com,

[@nomadicdeepa](https://www.instagram.com/nomadicdeepa)



LOST

SMALL BROWN WALLET WITH GIRAFFE IMAGE

Lost - Small Brown wallet with giraffe image.

In the Sharanga Miracle area.

Contact Jed, WhatsApp- +61400577678

Thank you!



ACTIVITIES AT SERENDIPITY

SERENDIPITY CLASSES

(Ex. Joy Community in front of Center GH)

Center Field, Auroville - 605101, Tamil Nadu, India

Landline: +91 (0)413 350 9950

Mobile/Whatsapp: +91 93856 23342

Email: serendipityauroville@gmail.com

<https://serendipity.auroville.org>

<https://www.facebook.com/serendipityauroville>



REGULAR CLASSES FOR APRIL :

Hatha Yoga with Ramesh

- Monday and Thursday from 5:30 - 6:45pm and Saturday 7:30 - 8:45am - drop in class

Ramesh offers hatha yoga classes with some vinyasa flow and include pranayama, traditional sanskrit mantra chanting, and meditation. The style is gentle, adaptive and progressive where passive, gravity-assisted poses are mingled with dynamic vinyasa-style flow as needed. He places a lot of focus on breathing and body-mindfulness during the practice. It is ideal for beginners to intermediate-level practitioners. You will be exposed to authentic Sanskrit terms and their correct pronunciation. The practice will be rejuvenative and restorative. These specific classes will be on donation basis even for guests.

Traditional Sanskrit Mantras with Sonia

- Friday from 5 - 6pm (Regular Students only)

In the recitation of Sanskrit Mantras the sound is very important and the specific pitches and strict rules of intonation and syllabic length should be learned according with the tradition of the great masters of the past, who figured out how to use the voice to calm the mind and attune the practitioner to the more subtle levels of the "sadhana" or spiritual path. Through the harmonic rhythm, repetition and participation in the singing, the mind reaches more clarity, concentration and tranquility.

Mandala for Children with Rosalba

- Tuesday from 9 - 11am (prior registration required at +91 90475 69721)

THE MAGIC CIRCLE: A CREATIVE JOURNEY FOR KIDS

Discover the fun of mandalas.

Is your child a little explorer of colors and shape? Join our Mandala Art Workshop, where every child creates their own unique world inside a circle!

It is not just coloring; it is an adventure in imagination.

What your child will enjoy:

- Coloring & Creating: Designing beautiful, one of a kind mandalas.
- Finding Focus: A playful way to build concentration and patience.
- Self-Expression: Every circle tells a story. What will you say?

Mandala for Adults with Rosalba

- Wednesday from 2:30 - 5 pm (prior registration required at +91 90475 69721)

SOUL, SIMMETRY & STILLNESS

An appointment with yourself for creative mindfulness for the modern seekers.

TURN YOUR INNER DIALOGUE INTO A VISUAL MASTERPIECE

Join us for an elegant exploration of the Self.

We invite you to spend a couple of hours mastering the art of Mandala – a timeless tool used for centuries to bring the parts of our being into one harmonious whole.

You will enjoy:

- An introduction to the psychology of the circle
- A guided session in intuitive symbols
- Quiet reflection in a sophisticated, supportive atmosphere.

Come for the art. Stay for the insight.



THERAPIES :

Bach flowers treatment - counseling session with Rosalba

- By appointment +91 90475 69721

RETURN TO YOUR ESSENCE

"Health depends on being in harmony with the soul" Dr Edward Bach

Are you ready to shed the layers that no longer serve you? My counselling sessions combine the wisdom of Bach Flowers with an integral path toward self-awareness. It is more than just a remedy, it is a journey back to who you truly are.

WORKSHOPS

FAMILY CONSTELLATION WITH SHANTI SATURDAY 4TH APRIL, TIBETAN PAVILION



Dear community,

Family Constellations will be offered in the Tibetan Pavilion from. The sessions are facilitated by Shanti and organized by YouthLink.

The workshop will be offered from 10 am - 12:30 pm. Please arrive by 9:30 or 9:45

latest, so that you have time to find your way, settle, and start together. It is quite challenging to find the location due to the road

constellation. Down the hill to the Visitors Center there is a road. Turn right on it and go around 100

metres. We regret to announce that this week's Family Constellations in the Tibetan Pavilion, Saturday 4th April will be cancelled, due to health reasons affecting the facilitator, Shanti.

We hope to resume sessions after the summer.

Family Constellation is a process that helps people resolve family trauma and ancestral wounds. It uses the facts of the family history to create a new narrative.

Warm Regards,
YouthLink Team

Family Constellation work, it asks us to include those we don't belong to the family: for example, an ex-partner of a parent. Participants in the workshop will stand as "representatives" in the constellation.

EULOGY PROCESS

DEEPENING CONNECTION THROUGH NVC

SATURDAY 4TH APRIL, TIBETAN PAVILION



Join us for a guided workshop to explore what truly matters in our relationships.

Through a powerful reflection on death, we are invited to ask:
If this were the last time we spoke, what would I want to say?

In a safe and supported space, you will:

- Reflect and journal on what truly matters in a relationship
- Express unspoken truths, appreciations, and regrets
- Practice deep, honest sharing in pairs
- Connect more meaningfully with yourself and others.

This process can bring clarity, healing, and a renewed sense of connection.

Location: Tibetan Pavilion

Date: Saturday 4th April

Time: 10 am to 1 pm

Facilitator: Monica Matsumoto (NVC Certification Candidate)

- No prior NVC experience needed
- Contribution based (donate as you can)
- Confidential and supportive space

Contact Monica on WhatsApp at +91 93634 55711 to register

CULTURAL ANNOUNCEMENTS

ROADKOLAMS BY KATHRIN H

FROM MONDAY 2ND MARCH, AUROVILLE LIBRARY

The Auroville Library invites everyone to see an exhibition of roadkolams by Kathrin.



Inspired by Andy Goldsworthy and Marc Pouyet, I have enjoyed making these from what I find in nature by the road, and am happy to share them with you.

Timings:

Mornings:

- Monday to Saturday : 9am - 12:30pm

Afternoons:

- Mon, Wed, Thurs, Fri & Sat: 2pm - 4:30pm
- Tuesday : 4pm - 6:30pm

MANNIN MANDHIRAM (MAGIC OF THE EARTH) BY KRIPA

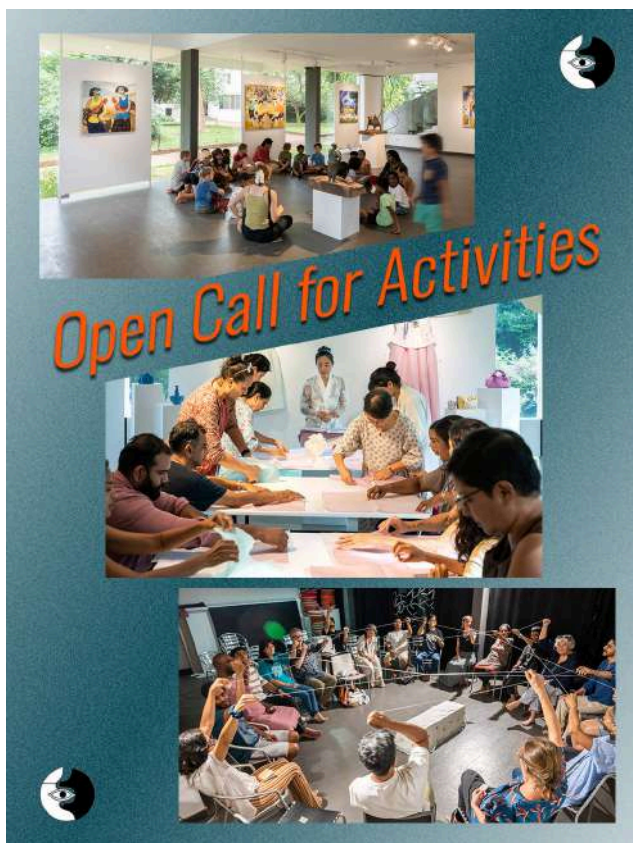
OPENING FRIDAY 3RD APRIL, PITANGA

MANNIN MANDHIRAM
(Magic of the earth)

A photo documentary about the making of terracotta votive forms in Auroville,
by Kripa

Opening
Friday 3rd April 2026 from 4-5:30 pm
Exhibition from Fri 3rd to Sat 25th April 2026

Exhibition timings: Daily, except Sundays & holidays 8.30 - 12.00pm & 2.30 - 5.00pm
Pitanga Cultural Centre, Samasthi, Auroville 605-101 | info@pitanga.in | 0413-2622403, 9443902403
A project of the Auroville Foundation, Health and Healing Trust (branch) | GSTIN: 33AAAT0037BY2N



Centre d'Art would like to open its gallery to new Activities for the 2026/27 Season. It could be a participatory project, a workshop, a lecture, a performance, ...

We are looking for events that share the joy of creation, spark curiosity, ignite creativity, and connect people, for adults and children alike.

If you are interested please send your submission before **30/04/26** to centredart@auroville.org.in and write "Activity submission" as the subject of the email.

The email should contain:

- Contact details
- A short biography of the artist / facilitator
- The title of Participatory / Workshop project and its explanatory text
- Images of some work in jpg or pdf (max 20 images) in low definition.

Looking forward to seeing your proposals
Centre d'Art Team

THE AUROVILLE HARMONIES RECRUITS



After the recent success of its performances (21, 22 and 26 February), the women's choir *Auroville Harmonies* continues its exploration of worldwide songs.

If you are interested, please contact Antoine for an audition:
antoine@auroville.org.in

FOR THE BOOKWORMS



WEEKLY READINGS OF THE LIFE DIVINE
EVERY FRIDAY, AUROVILLE LIBRARY

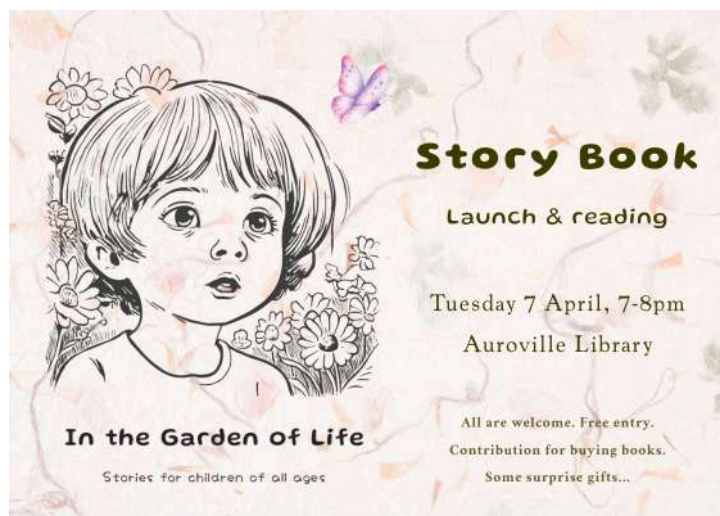


Weekly Readings of The Life Divine
with Balvinder, at AUROVILLE LIBRARY

Fridays, 4:30 - 5:30pm
(from 23 January 2026)

All are welcome.

IN THE GARDEN OF LIFE
STORY BOOK LAUNCH & READING
TUESDAY 7TH APRIL, AUROVILLE LIBRARY



A small collection of poetic stories by Anandi Zhang, written in Auroville, exploring themes of shyness, inner journeying, the passage of time, new birth and eternal youth.

Contents

Born in a land of flowers
Shaily is shy
When it rains...
Life is an invitation
Time flies
How young are you?
Make a wish...

For children of all ages.
All are welcome. Free entry.
Books available with contribution.
Some surprise gifts...

Time: Tuesday 7th April, 7-8pm
Venue: Auroville Library



FROM SOLITUDE FARM

1. Farm Basket from Solitude Farm

We grow a beautiful diversity of local food at Solitude Farm — pumpkins, lemons, cucumbers, bananas, sweet potatoes, many kinds of spinach and salads, herbs, and spices. Each week we harvest what the land gives and prepare a fresh farm basket for our community.

Our basket service brings this richness directly to you. The contents change with the seasons and reflect the living diversity of the farm.

Signing up is simple. You can receive a basket once a week or more often. Longer subscriptions receive a lower rate, and many families choose to sign up for a full year.

This service works best for people who value local food and enjoy taking the time to cook with fresh seasonal ingredients.

For us, this basket service is an act of love for Mother Nature. Its value is not only in profit, but in nutrition, medicine, ecology, community, and culture.

Many people who began with a one-year subscription have continued receiving baskets for years.

And if you receive something unfamiliar — for example banana stem — we are always happy to show you how to prepare and enjoy it.

- Contact:
- Phone / WhatsApp: 98433 19260
 - Email: Solitudepermaculture@gmail.com

Solitude farm & café | Auroville



2. Lunch at Solitude Farm

At Solitude Farm we have been working with local food, farming and culture for more than 30 years. One of the simplest ways to experience this work is by coming for lunch at the farm.

Our meals are prepared with ingredients grown right here in the food forest — seasonal vegetables, greens, herbs and fruits that reflect the richness of local food traditions. It is fresh food, food whose origins you can recognise, and food that reconnects us with the cultural knowledge of this region. Many of these traditions also resonate with the principles of Ayurveda. In many ways, the meal tells the story of a journey from farm to plate.

For Auroville residents, there is the option to join the Lunch Scheme at exactly the same price as Solar Kitchen. Please contact Nico at Financial Service and he will help you arrange it.

If you have not yet had lunch at Solitude Farm, it is really something you should try at least once. What is happening here is quite unique — bringing together farming, culture, nutrition and ecology through everyday food.

Lunch is served **Monday to Saturday**. Breakfast begins at 9:00 AM, and lunch continues through the afternoon until 3:30 PM.

Every Saturday at 11:30 AM we also host a farm tour. Usually Krishna McKenzie will take people around the farm and share the story of what has been unfolding here over the last three decades — the emergence of a food forest, the reclamation of cultural nutritional heritage, and the many forms of value that local food carries: ecological resilience, climate awareness, nutrition, medicine and culture. When we recognise these shared values —

that this land is our Mother Nature and these foods are part of our collective heritage — something deeper emerges. Ultimately, the most beautiful profit of local food is empathy, because it brings people together around a shared understanding of life.

There is also a small shop at the farm where we offer products made here, including herbal powders, dried flowers, and seasonal fruits and vegetables. The nursery also has plants, fruit trees and some vegetables available.

We look forward to welcoming you at Solitude Farm.

With love,
The Solitude Farm Team

FOOD FOREST TOUR & SUNDAY BRUNCH
EVERY SUNDAY, LA FERME COMMUNITY



FOOD FOREST TOUR & SUNDAY BRUNCH

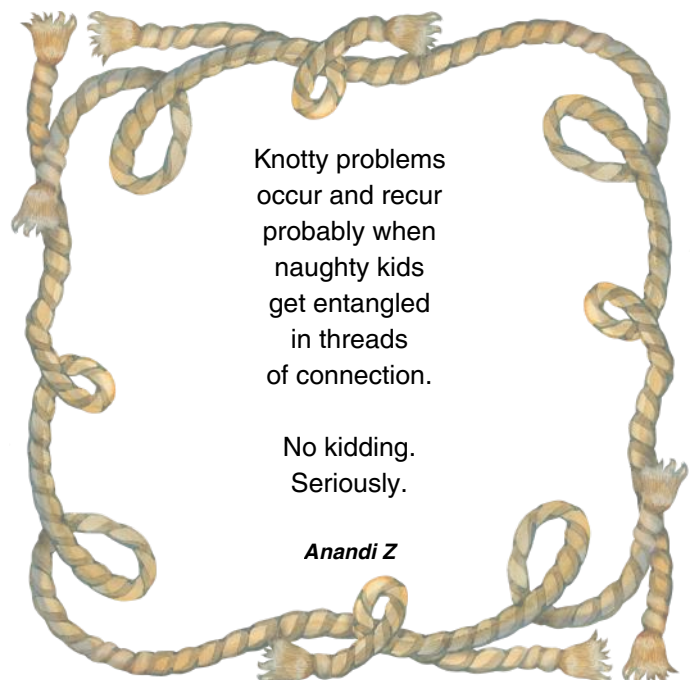
Living Foods & Vegan Ice Cream Making

Every Sunday, 9–11 AM
La Ferme Community
(5 min from AV Bakery)

WhatsApp Sarah: 9047421044 www.myfoodforest.in



POETRY



Knotty problems occur and recur probably when naughty kids get entangled in threads of connection.

No kidding. Seriously.

Anandi Z

Cinema Paradiso

Multimedia Center (MMC) Auditorium

Film program: 6th - 12th April 2026



At the Multimedia Center Auditorium for Cinema Paradiso screenings, doors open 15 minutes before showtime and close once the film begins. Please arrive on time, avoid crossing in front of the screen or using mobile phones, and note that food and drinks are not permitted.

We begin a new financial year this week. Until last week we screened 50 weeks of films, 350 titles, and hosted the weeklong 9th Auroville Film Festival for the community. This was achieved without a running budget. To continue we need you, those of us here in Auroville, to step up and help complete our recurring funding goal. We are close, we just need you!

INDIAN - MONDAY 6 APRIL, 8:00 PM:

• SABAR BONDA (CACTUS PEARS)

India-UK-Canada, 2025, Writer-Dir. Rohan Kanawade w/ Bhushaan Manoj, Suraaj Suman, Jayshri Jagtap, and others, Drama-Romance, 112mins, Marathi w/ English subtitles, Rated: NR (PG-13)

Two young men, Sabar and Bonda, discover a tender connection that quietly defies the traditions of their village. Their journey of intimacy and resilience unfolds against cultural pressures, revealing love's quiet strength. This much acclaimed and award-winning film offers a moving portrait of courage, tenderness, and the human spirit's defiance in unexpected places.

POTPOURRI - TUESDAY 7 APRIL, 8:00 PM:

• UMBERTO D.

Italy, 1952, Dir. Vittorio De Sica w/ Carlo Battisti, Maria Pia Casilio, Lina Gennari, and others, 89mins, Italian w/ English subtitles, Rated: NR (PG)

A man, a dog, a fight for dignity. Umberto D. an elderly pensioner in Rome, struggles to keep his modest room as his landlady Antonia threatens eviction. With only his loyal dog Flike and housemaid Maria offering solace, he confronts loneliness and despair. This award-winning neorealist masterpiece captures human dignity, resilience, and the quiet courage of survival against indifference.

SELECTION - WEDNESDAY 8 APRIL, 8:00 PM:

• VOR DER MORGENRÖTE (STEFAN ZWEIG: FAREWELL TO EUROPE)

Austria-Germany-France, 2016, Writer-Dir. Maria Schrader w/ Josef Hader, Barbara Sukowa, Aenne Schwarz, and others, Biography-Drama, 106mins, Russian-German-English-Portuguese French-Spanish w/ English subtitles, Rated: NR (PG-13)

Exiled author Stefan Zweig, traveling with his wife in South America, faces the collapse of Europe and displacement. Haunted by war and the loss of home, he struggles between despair and dignity. This award-winning film delivers a gripping portrait of exile, resilience, and the human cost of belonging.

INTERESTING - THURSDAY 9 APRIL, 8:00 PM:

• LOST QUEEN

India, 2025, Dir. Saumya Sengupta w/ Indranil Biswas and others, Documentary, 68mins, Hindi-English w/ English subtitles, Rated: NR (PG)

Sultana Begum, descendant of India's last Mughal emperor Bahadur Shah Zafar, lives in poverty while fighting to reclaim her family's ancestral right to Delhi's iconic Red Fort. A forgotten crown, an unyielding spirit—this film reveals resilience, dignity, and history's quiet defiance. *This screening is made possible due to the generous sharing by the director, the film's producer and Theatre Play Entertainment. The director and the producer will be available for a brief online Q&A after the screening.*

Your generous support to help sustain and grow this community space.

EVERY CONTRIBUTION COUNTS!

INTERNATIONAL FILM - SATURDAY 11 APRIL, 8:00 PM:

• HAMNET

UK-USA, 2025, Writer-Dir. Chloé Zhao w/ Jessie Buckley, Paul Mescal, Zac Wishart, and others, Epic-Drama, 125mins, English w/ English subtitles, Rated: PG-13

Agnes, a gifted healer, and her husband William endure the devastating loss of their son Hamnet. Grief reshapes their love and inspires William's timeless creation, echoing the tragedy behind Hamlet. Adapted from Maggie O'Farrell's celebrated novel, this moving drama captures resilience, family bonds, and the transformative power of art born from sorrow. *We thank Amy, a member of the community, for sharing the film with us.*

CHILDREN'S MATINEE - SUNDAY 12 APRIL, 4:00 PM:

• CLOUDY WITH A CHANCE OF MEATBALLS 2

USA-Canada, 2013, Dir. Cody Cameron & Kris Pearn w/ Bill Hader, Anna Faris, Will Forte, and others, Adventure-Animation, 95mins, English-Chinese w/ English subtitles, Rated: PG

Flint Lockwood returns to Swallow Falls with Sam Sparks, Earl, Brent, and Steve the monkey to stop his food-replicating machine. Instead of shutting down, it has created living food creatures like tacodiles and shrimpanzees. Together, they must save their town in a colorful, hilarious adventure full of imagination and fun.

CLASSIC WORLD CINEMA @ CINÉ-CLUB

CINÉ-CLUB SUNDAY 12 APRIL, 8:00 PM:

• JULES ET JIM (JULES AND JIM)

France, 1962, Dir. François Truffaut w/ Jeanne Moreau, Oskar Werner, Henri Serre, and others, Drama-Romance, 105mins, English w/ English subtitles, Rated: R.

In pre-WWI Paris, two friends, Jules and Jim, fall in love with the same woman, Catherine. But Catherine loves and marries Jules. When they meet again in Germany after the war, Catherine starts to love Jim. This is the story of three people in love, a love that doesn't affect their friendship, and about how their relationship evolves with the years.

Rating codes we often use are from Motion Picture Association of America (MPAA): G= General Audiences, PG= Parental guidance suggested, PG-13= Parents strongly cautioned, R= Restricted (equivalent to Indian rating: A i.e., for Adults), NR= Film Not Rated, Rating awaited.

To organize a seminar/program at MMC Auditorium, kindly email us at mmcauditorium@auroville.org.in.

Support MMC-CP, Every Contribution Counts: Like cultural spaces worldwide, MMC-CP relies on local financial support to thrive. If you value the films and programming we offer, consider a one-time or recurring donation via the Unity Fund to Account #105106.

If you have an innovative fundraising idea and are willing to take it forward, we'd love to hear from you. Email and share your proposal and let us know how you'd like to be involved.

Thanking You,
MMC-CP Group
Account #105106 | Email: mmcauditorium@auroville.org.in



*The fragrance of flowers spreads
only in the direction of the wind.
But the goodness of a person
spreads in all direction.*

Chanakya

COMMUNITY SERVICES

ESSENTIAL SERVICES

AUROVILLE'S FINANCIAL SERVICES (AVFS)

- **Timings:** Monday to Saturday, 9am - 12:30pm, and 3pm - 4:30pm
- **Phone:** 0413 2622171
- **Email:** financialservice@auroville.org.in

HOUSING SERVICE

- **Public Timing:** Access without appointment only Wednesday 3 - 4:30 pm
- **Phone:** (0413) 2622658
- **General Email:** housing@auroville.org.in

ELECTRICAL SERVICE (AVES)

- **Timings:** Monday to Saturday, 8am - 4:30pm
- **Phone:** 0413 2622132 / 94888 68747 for fault works, repair works and job works
0413 2622264 for clarifications reg. electricity bills, job and repair works bills
- **Email:** aves@auroville.org.in

GAS BOTTLE SERVICE

- **Timings:** Monday to Saturday, 9am - 1pm and 2pm - 4pm
- **Phone:** 0413 2622452
- **Email:** avgasservice@auroville.org.in

WATER SERVICE

- Monitors water lines and supply within AV, undertakes water-related jobs.
- **Timings:** Monday to Saturday, 8am - 12pm and 2pm - 4:30pm
- **Phone:** 0413 2622877, 89035 53246
- **Email:** avwaterservice@auroville.org.in

ECO SERVICE (WASTE COLLECTION/MANAGEMENT)

- **Timings:** Monday to Saturday, 8:30am - 12:30pm, and 1:30pm - 4:30pm
- **Phone:** 63796 69034
- **Email:** ecoservice@auroville.org.in

POUR TOUS DISTRIBUTION CENTRE (PTDC)

- **Timings:** Monday to Saturday, 9am - 5pm
- **Phone:** 0413 2622746 / 2622796
- **Email:** ptdc@auroville.org.in

POUR TOUS PURCHASING SERVICE (PTPS)

- **Timings:** Monday to Saturday, 8:30 am - 7pm
- **Phone:** 0413 2622152

AUROVILLE LIBRARY

Timings:

Mornings:

- Monday to Saturday : 9am - 12:30pm

Afternoons:

- Mon, Wed, Thurs, Fri & Sat: 2pm - 4:30pm
- Tuesday : 4pm - 6:30pm

Children's Storytime! All ages welcome!

- Every **Saturday** between 10am - 11am.

- **Phone :** 0413 2622 894
- **Email:** avlib@auroville.org.in
- **Website:** <http://library.auroville.org.in/>



HEALTH

SANTÉ SERVICES IN 2026

Working Hours:

Monday - Saturday: 9:00 - 12:30pm & 2:00 - 4:30pm

Tests and Sample collection:

Monday - Friday: 8:30am - 12:00pm

No sample collection on Saturday



For emergencies, contact:

Auroville Ambulance (24/7) - Phone: **+91 94422 24680**
Government Ambulance (24/7) - Phone: **108**

Appointment

Please call Santé (0413) 262 2803 during working hours for an appointment.

Doctor Consultation with Dr. Joseph, Dr. Pavan & Dr. Sana Monday to Saturday	Nurse Care - Thilagam, Ezhil, Archana & Sandhya: Daily: no appointment needed
Ayurveda with Dr. Berengere: Mon / Tues / Wed / Fri	Homeopathy with Michael: Monday / Wednesday / Saturday
Physiotherapy & Massage with Galina: Monday to Friday	Physiotherapy with Arun: Monday to Friday
Midwifery & GYN Care with Paula: Monday & Wednesday	Integrative Psychotherapy with Juan Andres: Monday to Friday
Holistic Therapy with Louis Patric: Monday to Friday	Soundbed Session with Sandhya / Thilagam: Monday to Saturday
Bio-Well Assessment (Evaluation of your well-being) with Helena – inquiry email adminsante@auroville.org.in	

In Santé, we value our patient's confidentiality and make every effort to ensure their privacy.

In case of cancellation or to reschedule, it is necessary to inform us in advance.

HEALTH CENTER - KUILAPALAYAM

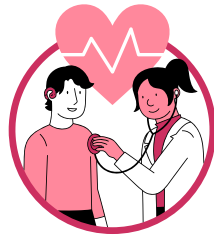
Contact: 0413 291 0005

Pharmacy:

- 8:00am - 5:30pm Monday to Saturday

Doctor Consultation:

- 8:30am - 5:00pm Monday to Friday
(1 - 2pm Lunch Break)
- 8:30am - 1pm (Saturday)



DENTAL CLINIC - KUILAPALAYAM

- **Timings:** Monday to Saturday, 9am - 5pm daily
- **Phone:** 0413 2622007 / 2622265
- **Email:** aurodentalcentre@auroville.org.in

TIME TO SUMMERNATE

AYURVEDA HEALTHY TIPS



According to Ayurveda, the qualities of summer are hot, sharp, and penetrating. That's why our *pitta dosha* - the subtle fire that controls metabolism and transformation - can cause us to overheat. The sun saps the energy from the body, from the plants and the earth, increasing heat and dryness.

Pitta needs to be looked after to maintain a good energy, mental clarity, joyfulness, good digestion and blood circulation, a beautiful glow on the skin and a sound sleep.

When Pitta is out of balance it will give skin problems, hot flashes, exhaustion, indigestion or loose stool. Emotionally, excess Pitta manifests through irritation, short-temper, impatience, judgement/criticism, perfectionism...

Before Pitta reaches uncontrollable heights, remain cool, calm and pamper the liver:

With the food: As Agni (digestive fire) weakens, it is better to eat light, unctuous (slightly oily), cooling food such as salads and juices.

- Favorable taste: Bitter taste, Sweet taste (to take moderately in case of diabetes and high triglycerides). Salty taste should be taken reasonably
- Drink water stored in earthen pot
- Raw food/salads are taken at lunch mainly
- Proteins: mungdal, chickpeas, beans, sprouts, nuts and seeds, non-veg: white meat, fish, seashell, dairies for breakfast or lunch, eggs
- Cereals for energy: jasmine rice, barley, red rice, millet (fermented ragi)
- Vegetables: pumpkin, bittergourd, bottlegourd, snakegourd, ashgourd, cucumber (taken separately), salads, green leafy vegetables, broccoli, cabbage, celery, carrots, drumstick (moringa), zucchini, plantain
- Fruits: amla, pomegranate, banana, ramphala, chiku, papaya, apple, grape, date, watermelon and melon (to be taken separately), coconut
- Beverages: buttermilk, sweet lassi, coconut water, mint, lemongrass, cardamom, chamomile, nannari (sarsaparilla), amla juice, watermelon juice, vegetable juice, cucumber milk (blend ½ cup of peeled cucumber in 1 cup of milk - cow or other veg milk - with a pinch of sugar), electrolyte (1 lemon juice + 1tsp of sugar + 1 pinch salt in a glass of water),
- Lipids: ghee, olive or sunflower or coconut oil
- Spices: cumin, coriander, black pepper, turmeric, fennel seeds, fresh aromatic herbs (dill, coriander, fennel, mint, parsley, saffron).

Avoid:

- Pungent and sour tastes (especially for people who are Pitta dominant)
- Pitta increasing items: chillies, fermented food (apart from idli and dosai), deep-fried, sour buttermilk or curd, red meat, alcohol (strong liquor, red wine), coffee ...
- Drinking beverages coming from the fridge or freezer during meals
- Ice-cream at the end of a meal (best to be taken when the digestion is finished, around 4pm).

Routine to favour:

- Avoid direct sun contact specially between 11am and 4pm, and protect from the heat by keeping a humid towel/cap on the head
- A nap of half an hour after lunch is allowed
- Body massage with coconut oil – if there's no time every day to apply oil on the body, then massage ears, hands and feet + pour 4-5 drops of coconut oil on the fontanelle
- Bath with cool water and apply a paste of sandalwood on the face, heart and lower abdomen (these are the 3 main parts that should remain fresh to maintain the coolness in the whole body); foot bath in the evening with vetiver roots, rose water or hibiscus flowers
- Swimming, aquagym, any water activities. Qi-Gong, Tai Chi, light running: max 30 minutes early morning or late evening; walks in green environment, forest
- Soft yoga, pranayama (Sheetali, Sheetakari, ida nadi inhalation-left nostril inhalation), meditation with Gayatri mantra
- Walk under the moonlight, full moon bath
- Wear loose and comfortable cotton or linen clothes (white, blue, green, gray colours)
- Cooling jewellery: sandalwood beads, jade, pearl, amethyst crystals, moonstone, silver, aquamarine
- To refresh the ambiance use lemon or orange peel, jasmine flowers, lavender, wet cloth hanging at the open window, vetiver curtains.

Cooling plants for the summer:

- **Amalaki – Amla:** refrigerant and full of Vitamin C, rejuvenating fruit
- **Aloe vera:** rejuvenates blood and tissues
- **Aegle Marmelos – Bael fruit:** make juice from the pulp and decoction with leaves, it calms body and mind. It is slightly laxative, do not take during pregnancy
- **Coriander:** seeds soaked in water for urinary infections, kidney weakness
- **Red Hibiscus:** leaves and flowers for shampoo and conditioner; flowers for herbal tea
- **Manduka parni – Centella asiatica** leaves: rejuvenating and tonic for brain and nerves
- **Pudina – Mint** leaves: herbal tea or dishes
- **Radha consciousness – Clitoria Terneata** flowers: herbal tea or juice
- **Sarsaparilla – Nannari** syrup: soothing and cooling
- **Shataavari – Asparagus racemosus:** cooling, calming Pitta, very good for Vata women to harmonize hormones
- **Vetiver** roots: for bathing
- **Yashtimadhu – Licorice:** to refresh the body and to calm irritation, inflammation or ulcer in the digestive tract.

Wishing you a beautiful summer

Be @ Santé Clinic

PS: all these recommendations are more elaborated in my book "Take care of yourself with Ayurveda", available at Maroma in Aspiration, the bookshop of Visitor Centre and Auroville Press Publishers in Aspiration



MATRIMANDIR ACCESS INFORMATION

IMPORTANT ANNOUNCEMENT REGARDING THE CHANGE IN TIMINGS EFFECTIVE FROM 1 FEB 2026.

Access to the Park of Unity

- The Matrimandir, the Petals, the Lotus Pond and the Banyan Tree are areas of silence.
- The Park of Unity is open to Aurovilians and registered Newcomers daily, 6am-7:30pm.
- Aurovilians may bring close family and friends (maximum 3) to the Gardens only daily, 9am-3:30pm.
- Aurovilians bringing children under the age of 10 to visit the Gardens may do so only after 11.30am except Tuesday when they can come from 9am to 11am.**
- Aurovilians wishing to bring close family to the Gardens at any other time should inform mmconcentration@auroville.org.in before 11am on the day of the proposed visit.
- Registered Volunteers and Donors require a pass to enter the Park of Unity. Timings will be indicated on the pass.
- Published events in the Park of Unity are open to Aurovilians, Registered Newcomers, Volunteers, Pass holders and Guests. Guests should bring their Aurocards.
- Savitri Readings on Thursday evenings: Guests holding only Aurocards wishing to attend should book by filling in the form at <https://bit.ly/savitri-reading> one or two days in advance.
- Visits to the Park of Unity and Inner Chamber should not be included in the program of any conference or workshop. Participants should be directed to the Viewing Point.

Access to the Inner Chamber of the Matrimandir for Aurovilians, Newcomers and registered Volunteers

The Matrimandir is a place for silent individual concentration

- The Inner Chamber is open to Aurovilians and registered Newcomers:

Monday – Saturday 6:00 am - 8:00 am, 4:30 pm - 7:30 pm
 Sunday 6:00 am - 12:00 pm, 4:30 pm - 7:30 pm

- The Inner Chamber is open to **registered Volunteers:**

- Every day, 4:30pm - 6:00pm.
- Volunteers are requested to come and get their revised passes between 10:00 am to 10:30 am from the Matrimandir office with prior booking at matrimandir@auroville.org.in
- It is obligatory for the volunteers and pass holders to carry the pass with them.**

- The Inner Chamber is open to Aurovilians wishing to accompany a maximum of 3 close family members and friends no more than once in two weeks, with booking 3 to 5 days in advance to mmconcentration@auroville.org.in:**

Any day except Tuesday & Sunday, 8:00 am - 8:25 am
 Arrival at 7:45 am at the Office Gate

- The Inner Chamber, the Petals and the Gardens are open to the Children of Auroville and the Outreach Schools:

Tuesday 9:00 am - 11:00 am

- Auroville units can bring their staff to the Inner Chamber with a prior booking at mmconcentration@auroville.org.in:

Tuesday 8:00 am - 8:30 am

Petals of the Matrimandir

- The Petals are open to Aurovilians, registered Newcomers, and Pass holders

Daily 7:00 am - 8:00 am, 5:00 pm - 6:00 pm

Access to Matrimandir for Visitors and Guests

Matrimandir Viewing Point: The Viewing Point is open to the general public on presentation of a Pass. Visits to the Matrimandir Viewing Point are free of charge. Free passes can be obtained at the Auroville Visitors Centre.

The Viewing Point lies south of the Park of Unity and offers visitors a panoramic view of the Matrimandir and the Gardens and the Lake.

Starting from the Visitors Centre.
 Daily, 9:00 am - 5:30 pm

The Inner Chamber of the Matrimandir is open to Visitors and Guests by prior booking only. Visitors and Guests seeking to concentrate in the Inner Chamber are requested to inquire at the Information Desk of the Visitors Centre after first visiting the Viewing Point, or to go to the website: auroville.org

- Prior booking is required to access the Inner Chamber at least one or two days in advance. Bookings for concentration are given for the following or the first free day as per availability and are accepted only up to one week in advance. Minimum age 10 years.
- The Petals are open to Visitors on the morning of their Inner Chamber visit.

Security

Please note that it is not permitted to

- Swim in any of the ponds, the channel and the Lake except the Children's ponds in the Garden of Youthfulness
- Throw pebbles into the ponds and fountains
- Pick flowers in the Gardens
- Climb to the very top of the Petals.

Parents, please supervise your children at all times.

Bags, cameras and cell phones should be left in the lockers or the Access office.

Please no photography, videos or drones without prior permission. For permission, please write to matrimandir@auroville.org.in.

Antoine for Matrimandir Executives Team



ACCESSIBLE AUROVILLE PUBLIC BUS

avbus@auroville.org.in / +91 94430 74825

Auroville TO PONDICHERRY

	Trip 1	Trip 2	Trip 3
Svaram Musical Center	7:00	8:50	14:50
Vérité Guest House - Junction	7:02	8:52	14:52
Town Hall - Main Parking	7:06	8:56	14:56
Solar Kitchen (Ex Round About)	7:10	9:00	15:00
Certitude Entrance	7:12	9:02	15:02
New Creation Road	7:17	9:07	15:07
SBI Bank—Kuilapalayam	7:19	9:09	15:09
ECR Junction—Aroma Guest House	7:23	9:14	15:14
Quiet Healing Center—Junction	7:26	9:17	15:17
Lotus Hotel—S.V Patel Salai	7:36	9:30	15:30
Ashram Road Junction	7:38	9:33	15:33
Ashram Dining Hall	7:40	9:35	15:35

Pondicherry TO AUROVILLE

	Trip 1	Trip 2	Trip 3
Ashram Dining Hall	8:00	12:15	18:10
Ashram Road Junction	8:02	12:17	18:12
Lotus Hotel—S.V Patel Salai	8:07	12:22	18:17
Quiet Healing Center—Junction	8:17	12:32	18:27
ECR Junction—Aroma Guest House	8:20	12:35	18:30
SBI Bank—Kuilapalayam	8:25	12:40	18:35
New Creation Road	8:27	12:42	18:37
Certitude	8:32	12:47	18:42
Solar Kitchen (Ex Round About)	8:34	12:50	18:44
Town Hall - Main Parking	8:38	12:54	18:48
Vérité Guest House - Junction	8:42	12:58	18:52
Svaram Musical Center	8:45	13:00	18:55

- Single Trip = ₹100 per person
- Monthly Scheme (Students + AV Workers) = ₹1200
- Monthly Scheme (Students + AV Workers) = (One Way) ₹850

Auroville Vehicle Service
 Town Hall, Auroville, 0413 2623302



Join our WhatsApp group of Auroville Bus to get regular updates:

<https://chat.whatsapp.com/Lt43wBCBno1E6CTwoaUt2x>

EMERGENCY NUMBERS

Ambulance (24/7):

Auroville 94422 24680	PIMS 0413 2656271
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Security (24/7):

Auroville Police Station 0413 2677318	Kottakuppam Police Station 0413 2236148	Vanur Fire Station 0413 2677368
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Health:

Health Center 0413 2910005	Santé 0413 2622803	Farewell 89038 36246
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Mental Health 24/7 Support:

Vandrevala Foundation +91 99996 66555

India Emergency Response Service (24/7): 108