

Auroville NEWS & NOTES

No 1116 - A weekly bulletin for residents of Auroville

12 March 2026



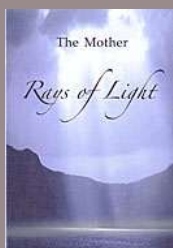
PONDERING

To break away from the old traditions and not to obey the old rules is good—but on condition that one discovers in oneself a higher and truer consciousness which manifests Harmony, Peace, Beauty and a superior Order, vast and progressive.

The Mother, 26 August 1967, The New Age Association, Words of the Mother II
<https://motherandsriaurobindo.in/The-Mother/books/on-education/#the-new-age-association>



RAYS OF LIGHT



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Web <https://www.sabda.in/>

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THE BASES OF YOGA

TRUST IN THE DIVINE GRACE

page 37

Nothing can be compared to the peace that comes from a total trust in the Grace.

page 38

Leave all care to the Divine's Grace, including your progress, and you will be in peace.

5 May 1958

*

For one who has total trust in the Divine, in His wisdom and mercy, there are no more problems.

THE DIVINE GRACE AND DIFFICULTIES

It is only by remaining perfectly peaceful and calm with an unshakable confidence and faith in the Divine Grace that you will allow circumstances to be as good as they can be. *The very best happens always* to those who have put their entire trust in the Divine and in the Divine alone.

9 February 1930

*

There are two complementary aspects of the liberating action of the Divine Grace upon earth among men. These two aspects are equally indispensable, but are not equally appreciated.

The sovereign immutable peace that liberates from anxiety, tension and suffering.

The dynamic all-powerful progress that liberates from fetters, bondages and inertia.

page 39

The peace is universally appreciated and recognised as divine, but the progress is welcomed only by those whose aspiration is intense and courageous.

24 April 1958

When, in your life, you meet with a hardship, take it as a Grace from the Lord and, indeed, it will become so.

1962

*

All depends on what you want. If you want Yoga, take *all* that happens as the expression of the Divine Grace leading you towards your goal, and try to understand the lesson that circumstances give.

23 April 1964

*

People believe that the Grace means making everything smooth for all your life. It is not true.

The Grace works for the realisation of your aspiration and everything is arranged to gain the most prompt, the quickest realisation.

26 May 1967

page 40

Of one thing we must be convinced - all that happens is exactly what must happen in order to lead us and the world as quickly as possible to the goal - the union with the Divine and ultimately the manifestation of the Divine.

And this faith - sincere and constant - is at once our help and protection.



Right use of the granted Grace

No deformation, no diminution, no exaggeration, a clear sincerity. - *The Mother*

Saponaria officinalis L., *Caryophyllaceae*.

Soap-Wort, Bouncing bet

NEWS & NOTES GUIDELINES

DEADLINE FOR SUBMISSIONS:

TUESDAY 5PM

The content of News & Notes is a reflection of the growth process of this community towards its ideals of Harmony, Goodwill, and Truth. Editing of submissions, mainly for reasons of space and clarity, is done according to an established policy.

RA NEWS & NOTES - A QUICK GUIDE



What We Publish

- Working group announcements and reports
- Residents' voices and personal sharings
- Free cultural events open to all residents
- Information from essential services
- Content that strengthens community-building in Auroville

Working Groups & Foundation Office Content

- All RA Working Group announcements will be included
- Links to Foundation Office content will be provided without duplication
- Direct submissions from Foundation Office groups will be included as regular content

What We No Longer Publish

- Commercial activities and paid workshops
- Non-community-focused events
- Content from "Activities & Events," "Food, Goods & Services," and "Classes, Workshops and Healing Arts" sections

Exceptions

We may consider including content that falls outside these guidelines if:

- It is submitted exclusively to RA News & Notes
- It has significant community benefit
- It aligns with our service-oriented focus

Submission Guidelines

- Deadline: **Tuesdays at 5pm**
- Email: newsandnotes@auroville.services
- Content must be community-building focused:
 - Open and accessible to all community members
 - Not profit-oriented
 - Contributing to collective growth or well-being
 - Promoting Auroville's ideals and values

- For further information, please [click here](#) 😊 to view our complete FAQ document.
- For past issues or to subscribe, visit: auroville.media/newsandnotes

We thank you for your collaboration and understanding.

DISCLAIMER:

Please note that the opinions and views expressed on these pages are solely those of the respective authors or work groups and do not necessarily reflect the position of the editors or the larger Auroville community. The News & Notes aims to provide a platform for the publication of diverse perspectives and voices from multiple sources within Auroville.

While our editors strive to ensure the accuracy of the information presented, we cannot guarantee that all information is free from error or omission. Additionally, we cannot be held liable for any alleged misinformation provided or offence caused by the content published.

In the event of any dispute, we encourage readers to consult with the Auroville Council, and we reserve the right to suspend the publication of disputed material. Our commitment to providing an open and inclusive platform for dialogue and exchange of ideas remains steadfast.

The News & Notes Team
newsandnotes@auroville.services

LIST OF ACRONYMS:

- **AVF** (Auroville Foundation),
- **AVFO/FO** (Auroville Foundation Office),
- **GB** (Governing Board),
- **RA** (Residents' Assembly)

The following groups are divided in two categories: The groups selected by the Residents' Assembly through Community decision making Processes and the groups put together by the GB and the FO (*not recognised by the Residents' Assembly*).

Working groups selected by the Residents' Assembly:

- Working Committee (RA WCom)
- Funds and Assets Management Committee (RA FAMC)
- Budget Coordination Committee (RA BCC)
- Town Development Council / L'avenir d'Auroville (RA TDC)
- Auroville Council (AVC)
- Entry Service (ES)

GB groups:

- Working Committee (GB WC)
- Funds and Assets Management Committee (GB FAMC)
- Budget Coordination Committee (GB BCC / GB BCS)
- Auroville Town Development Council (GB ATDC)
- Housing Service (GB HS)
- Land Board (GB LB)



NOTE FROM THE EDITORS

NEWS & NOTES

COMMUNITY EDITION

Dear Community,

Here is some important information:

- If you would like to support the RA N&N, please send us an e-mail at newsandnotes@auroville.services.
- Content sent through @auroville.org.in mail ID will only reach us if you use this [FORM](#) to submit your content.
- The mail ID to submit content is:
newsandnotes@auroville.services

Thank you for reading and for your continued support!

In community,

The RA Community Edition News & Notes Team

CONTENTS

Rays of Light

Guidelines / Quick Guide / Acronyms

Note from the Editors / Table of Contents

WORKING GROUPS NEWS

From the Working Committee

COMMUNITY NEWS

Community Sharing

Residents Speak

Food for Thought

Auroville Conversations

French News & Notes

Inner Journey

ANNOUNCEMENTS

Support Needed

Looking For

Activities at Serendipity

Workshops

CULTURAL ANNOUNCEMENTS

At Cripa

For The Bookworms

Food

Poetry

Auroville Radio

Cinema Paradiso

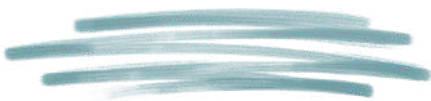
COMMUNITY SERVICES

Essential Services

Health

Matrimandir Access Information

AV Public Bus / Emergency Numbers



WORKING GROUPS NEWS

FROM THE WORKING COMMITTEE

OBSERVATIONS ON 69TH AND 70TH GB MINUTES

Dear Community,

We share with you here the [observations of the 69th meeting minutes](#) and the [observations 70th meeting minutes](#) prepared by the previous Working Committee on the minutes of the Governing Board's [69th](#) and [70th](#) meetings held on July 8th 2025 and October 1st 2025. These observations have been shared with the previous Governing Board, previous International Advisory Council, and various officials in the Ministry of Education. These minutes were obtained only because a Right To Information request (RTI) was made; they have not been posted on the Foundation Website to date.

We hope you will take the time to read the meeting minutes and these observations, as they contain a number of points of concern.

We once again call for true collaboration between all, to uphold the vision and spirit of Auroville.

The Working Committee selected by the Residents' Assembly
Anita, Elvira, Jayavel, Matthieu, Prashant, Raju, Valli



WORKING COMMITTEE
of the Residents' Assembly
AUROVILLE FOUNDATION

COMMUNITY NEWS

COMMUNITY SHARING

PEACE AND SOLIDARITY WALK

FRIDAY 13TH MARCH, FROM MATRIMANDIR 2ND GATE

PEACE AND SOLIDARITY WALK

Dear Community,

The Light for Unity Core Group, along with the RA WGs, are organizing a Peace and Solidarity Walk. We warmly invite all residents of Auroville and well-wishers to join the walk.



Starting Point: Matrimandir 2nd Gate - Town Hall - Youth Center - Kalabhumi - Sante - Kalpana - Kindergarten - MM Gate 1 - Savithri Bhavan - Auroville Language Lab - MM Nursery - back to Matrimandir 2nd Gate.



When:
Friday, 13th March



Time:
5:00 PM

Let's all come together.
All are welcome.

Kind regards,
The Light for Unity



Dear Community,

The Light for Unity Core Group, along with the RA WGs, are organizing a **Peace and Solidarity Walk**. We warmly invite all residents of Auroville and well-wishers to join the walk.

- **When: Friday 13th March**
- **Starting Point: Matrimandir 2nd Gate**
- **Route:** Matrimandir 2nd Gate - Town Hall - Youth Center - Kalabhumi - Sante - Kalpana - Kindergarten - MM Gate 1 - Savithri Bhavan - Auroville Language Lab - Nursery - back to Matrimandir 2nd Gate.
- **Time: 5:00 PM**

Let's all come together.

All are welcome.

Kind regards,

The Light for Unity



ONE YEAR LATER: AUROVILLE IN CRISIS & THE WAY FORWARD



Dear Aurovilians,

For Auroville's 58th anniversary, we would like to present you with our comprehensive follow-up report, 'One Year Later: Auroville in Crisis & the Way Forward.' The report updates and builds upon the report published by the Auroville Global Fellowship in January 2025. In this new report, we examine five critical ways in which the situation deteriorated in 2025 and early 2026, and conclude with constructive practical approaches to resolving the crisis. It is our sincere hope that this report may, in some small way, serve Auroville's deeper purpose and help renew the spirit on which it was founded and with which it has grown and progressed since its beginning in 1968.

This follow-up Crisis Report is extensively researched and documented, with specific sources referenced from government reports, national journal articles, legal filings, interviews, newsletters, and publications from Auroville.

Access to the full report:

- [English version](#)
- [French version](#)

Two-page executive summary (also found below):

- [English version](#)
- [French version](#)

We warmly encourage you to share this report within your networks, as its thorough analysis and proposed solutions could contribute to resolving Auroville's current challenges.

In gratitude and aspiration,

The report subgroup of the Auroville Global Fellowship

Email: AurovilleGlobalFellowship@gmail.com

ONE YEAR LATER:

Auroville in Crisis & the Way Forward

Executive Summary · Auroville Global Fellowship Subgroup Report · 28 February 2026

This executive summary accompanies the full report produced by a subgroup of the Auroville Global Fellowship and released on 28 February 2026, Auroville's 58th birthday. Every topic documented in its 2025 Crisis Report has since intensified and accelerated, placing Auroville's future at extreme risk. This new report distills key findings across five critical areas, presents the landmark recommendations of India's Parliamentary Standing Committee on Autonomous Bodies (December 2025), and calls on the Government of India to act urgently.

I. AUROVILLE ON THE BRINK

Founded on 28 February 1968, Auroville was inaugurated as an experiment in human unity, rooted in Sri Aurobindo's philosophy and the Mother's vision of a community dedicated to unending education and the material and spiritual realisation of an "actual human unity." (Auroville Charter) For over 50 years, it has served India and the world as a living laboratory for social, cultural, ecological, and spiritual innovation, attracting recognition from UNESCO as well as national and international partners and entities worldwide.

Since 2021, a new Governing Board and Secretary have spent more than four years denying Auroville's achievements, bypassing the Auroville Foundation Act (1988), and actively working to disable and dismantle it. Unless this trajectory is reversed, Auroville will

become a hollow shell, which would be an incalculable loss to India and to the world. The Auroville Foundation Act is not the problem. Its three statutory bodies (Governing Board, Residents' Assembly, and International Advisory Council) were designed to work in balance and collaboration. The problem is the current administration's assertion of "supreme authority" for the Governing Board alone, while ignoring and actively rejecting the role of the other two statutory bodies. The solution is not to rewrite the Act or reclassify Auroville, but to restore, renew, and reaffirm the Act's essential principles along with those of the Auroville Charter, which the Act was designed to preserve and protect.

In December 2025, India's Parliamentary Standing Committee on Autonomous Bodies, comprising 30 members including 16 from the ruling party, submitted Report No. 371 to both houses of Parliament. Its findings validate and reinforce the detailed recommendations of the Fellowship's original Crisis Report and align with appeals from the Residents' Assembly, the International Advisory Council, and Auroville International centres. This cross-party parliamentary committee endorsement presents a clear, actionable roadmap for resolution.

II. ONE YEAR LATER: INTENSIFICATION AND ACCELERATION

Every issue documented in the 2025 Crisis Report has intensified. The 2026 report examines five critical areas in detail:

- **Dismantling the Rule of Law.** The administration selectively invokes narrow legal rulings to assert absolute authority while ignoring the broader statutory framework, court guidance, and the rights of the Residents' Assembly.
- **Undermining Auroville's Economy.** A thriving, largely self-sufficient community economy is being systematically dismantled through opaque land deals, closure of income-generating units, forced outsourcing, and financial coercion against residents and working groups.
- **Suppressing and Manipulating Information.** All communications have been brought under centralised control, independent publications have been shut down, and a sustained disinformation campaign has been used to vilify residents and misrepresent Auroville's history, achievements and legal framework.
- **Militarising the Culture.** Paramilitary personnel, a new security complex, a military training academy, and a counter-terrorism night drill by the National Security Guard have normalised coercion and fear in a community the Mother envisioned as a place of peace, concord, and harmony.
- **Re-Engineering the Population.** Long-term residents who embody Auroville's founding spirit are being expelled or forced to leave, while new arrivals unfamiliar with its history and values are recruited and taught to accept centralised control as normal.

The full report presents each of these areas in rigorous detail, with specific dates, legal references, and documented incidents. Together, they reveal a pattern of autocratic governance that is antithetical to Auroville's ideals. We invite you to read it and share it widely. You can find it here: aurovilleglobalfellowship.org/report-2/

III. THE WAY FORWARD: RESTORE, RENEW, REBUILD

The Parliamentary Committee's roadmap fully aligns with the detailed recommendations in the Fellowship's January 2025 Crisis Report. These are specific, practical measures grounded in law:

- *Restore collaborative governance:* the Governing Board must resume consultation and collaboration with the Residents' Assembly and the International Advisory Council before key decisions.

- *Re-establish community autonomy:* as the Committee states, "an empowered Residents' Assembly is critical" as the only statutory body capable of representing residents.
- *Reconstitute the Governing Board* with members who meet the Act's criteria, namely those who have rendered valuable service to Auroville, not special interest appointees.
- *Implement the Master Plan consultatively; conduct land transfers transparently; ensure a swift and impartial visa process; and appoint a full-time Secretary* (the current Secretary holds an additional full-time post in Gujarat).

The report calls for three immediate actions: CEASE all coercion, threats, and intimidation; RESTORE the Residents' Assembly's statutory powers and participatory governance; REESTABLISH the foundational values of the Auroville Foundation Act and the Auroville Charter.

IV. FULFILLING AUROVILLE'S PROMISE TO INDIA AND THE WORLD

Auroville is India's gift to the world: a living embodiment of Sri Aurobindo's vision of conscious human evolution and the ancient Vedic ideal of *vasudhaiva kutumbakam*, "the world is one family." Its Charter calls Auroville "the bridge between the past and the future," evoking the spirit of Taxila and Nalanda, while seeking to manifest that spirit in a new way suited to a new era. The principles Sri Aurobindo articulated throughout his work – *Free Progress, Inner Self-Governance, Participatory Governance, and authentic Human Unity* – form the bedrock values of the Auroville Charter and the Mother's founding intention. The current administration has violated every one of them.

By supporting Auroville as a diverse international experiment in human unity, as it has done since its inception in 1968, India has a singular opportunity to demonstrate global leadership. But this will be lost unless the Government appoints a new Governing Board and Secretary who truly understand Auroville's unique character: people committed to the Auroville Foundation Act and the Auroville Charter, ready to work collaboratively with residents and the International Advisory Council to restore what has been damaged and build the inspiring future that Auroville represents for India and for the world.

This report was produced by a subgroup of the Auroville Global Fellowship, with contributions from more than 20 Global Fellows and collaborators, and with Fellow David Wickenden as primary author. The Auroville Global Fellowship is an independent network of more than 50 individuals who share a deep connection to Auroville and have contributed across diverse fields aligned with its evolutionary ideals.

[Read the Full Report](#)



HEALTH FUND NOTICE

Dear Health Fund Members, 03-02-2026

The end of the Financial year is approaching and like we do every year, we request you to please submit your medical bills from **April 2025** onwards. If you have any laying around that is.

We need them before or on the 31st of March 2026! That is our last working day for the month of March. **Medical bills from March 2026 can be refunded in April 2026, but only the bills from March!**

Please don't wait till the last day, and do us the courtesy of submitting them as soon as possible.

We would also like to request our members to please submit your medical bills in the month the treatment is received or medicines purchased, and latest in the first week of the next month.

We will start this request from the 1st of April 2026.

We would like the members who have long term/life time medicine prescriptions to please submit us a copy or renew the prescription every 6 months.

In general a prescription should present when submitting medical/medicine bills.

We will be publishing this message every week until March to inform everyone as well as hang them at PTDC and PTPS.

We thank you dearly for your cooperation.

Best,
Auroville Health Fund Team



ASSISTANCE TO AMERICAN SOCIAL SECURITY RETIREES AND APPLICANTS

Greetings,

I am Gary, a Friend of Auroville, from America whose career was with the Social Security Administration, the primary USA retirement and disability system.

Should any in Auroville be potentially eligible or receiving its benefits and have questions I would be happy to volunteer my assistance. Its Supplemental Security Income (SSI) program may also be of interest should future US residence be contemplated.

Please first email me a synopsis of your concerns at gary@ionet.net as well as your WhatsApp number. **Put *Auroville/SSA* as the subject line of your email.**

I will be in Auroville till mid-April but can also respond remotely once back in the US.

Thank you.



VOICES OF AUROVILLE - ISSUE 10 (FEBRUARY 2026)



ISSUE 10
FEBRUARY 2026

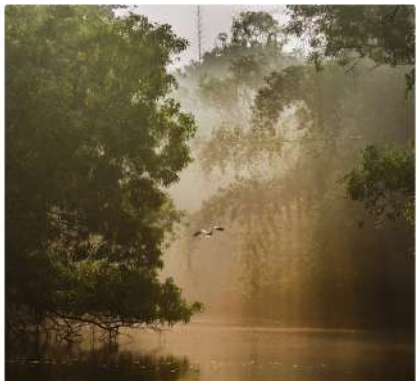
Voices of Auroville

News & Highlights from the Auroville Community

- **Short newsletter:** [click here](#)
- **Full issue:** [click here](#)
- **Earlier issues:** [click here](#)

To subscribe [click here](#), and to share feedback write to voa@auroville.services.

In community,
The Voices of Auroville
Editorial Team



This is an independent publication, written by a team of web writers committed to transparency, honest reporting, and giving voice to the residents of Auroville.

In partnership with
AUROVILLE
Media Liaison



RESIDENTS SPEAK

CLEANING CLAMPS IN THE MATRIMANDIR'S CHAMBER TO BE

Working at the roof's 'stars' of Matrimandir, I liaised particularly with Giovanni; he taught contemporary history at Trieste university and we had interminable discussions. With Piero and Gloria, I recalled C. G. Jung's 'psychology of the depths', antipsychiatry (Laing, Cooper etc.), Stanislav Grof (transpersonal psychology and research into the use of non-ordinary states of consciousness); what most fascinated Piero was Arthur Janov's primal scream. Elated to work with such companions, I felt on top of the world; the same way I felt during my Ashram's years, bathing in the atmosphere of Sri Aurobindo's and Mother's great scholars and sadhaks.

Didn't Mother tell Roger that Auroville is for an elite? Here I was, plunged into *medias res*. Tea-time gathered all those working at the Matrimandir's construction, current issues were discussed. Ruhud Lohman – ex Franciscan monk, sociologist, theologian, scholar – was the major coordinator. The future SAILER's head, Sanjeev, also worked there. General Krishna Tewari participated too. I was a newcomer and had no idea of what role those personages would play, and how will I interact with them.

This came to a halt at monsoon time, when the roof and scaffolding turned dangerously slippery and the construction work was suspended. A new adventure commenced: removing the rust and cement from mountains of clamps piled up in the Matrimandir's future Chamber. I performed with two exceptional companions: Edith and Joy. At their advanced age, the two grand ladies of AVI UK never missed a working day; Sanjeev ferried them. Tools and construction materials scattered all over the place, rough cement walls, an improvised table made of planks: this was the daily display. The cement's patches on the clamps had abstract shapes, delicate nuances. Facing the beauty and divinity of matter, I felt inebriated as when sitting in the hollow of the samadhi tree writing poems; working in Auroville with advanced sadhikas of Integral Yoga was as thrilling as working with the sadhaks of the Ashram Press. Service to the Divine, the same one Path. The feeling of sacredness and awe were unfathomable. For two months I lived beyond space and time.



I had glimpses of such state entering the cave of the Cuman Sybilla at Naples' outskirts, the most famous oracle of the Latin world; I lived nearby, every time I got the complete experience. I entered it again in Egypt, passing from the blinding blue sky over the desert to the mystery of the pharaohs' tombs; on the plane back to Italy I cried, aware that Europe was no longer my only continent. Wondering alone in Persepolis, the grand ceremonial complex of the ancient Iranian Empire, I was overwhelmed by the feeling of eternity. It happened again in Afghanistan, riding a horse contouring the Band-e Amir lakes, at nearly 3,000 m above sea level. When I moved to Rome, the same feeling took over whenever I entered the Pantheon. I knew, then, that all of these were but a preparation for the real thing: the Matrimandir's Chamber, those days unbuilt, whose empty space was a concentration of power pulling me irresistibly. The pilgrim's journey, commenced twelve years earlier on the top of the Mount Blanc when, merging into that vastness, a call arose, "India!", had reached destination.

The Matrimandir's construction plunged me right away amidst those who the next decades would make Auroville's history. I had entered through the main gate, the Avatar's circle commenced from that elite. In 1986, in that same scenario, I met Roger Anger. The bond is for life.

Paulette

THE TRUE MISSION OF MAN

"To those whose work is to govern or to lead. When you want to please the people, you let things go as they are, waiting for Nature to impose her progress upon man. But this is not the truth of the creation. The true mission of man is to impose his progress on Nature." ¹ — The Mother

In the context of this conscious, willed progress, this talk on the **Resurgence of Mother India** is a must-watch: <https://youtu.be/UN8mIVLrUoM>

We can clearly see from current developments the unfolding of the avataric vision-goal of our founders, Sri Aurobindo and The Mother. From even before its material inception, Auroville has progressed as laid down in our **Integrated Core Guiding Documents: A Dream, The Auroville Charter, and To Be a True Aurovilian** ².

We also recognize the necessity of the full participation of the Government of Mother India through the Auroville Foundation Act. This ensures the legal protection and national support required for the Divine Advent in this designated City of Dawn, regardless of how many generations it takes. **As a synthesis of Spirit and Matter, our Prime Directive remains:**

"The whole earth must prepare itself for the advent of the new species, and Auroville wants to work consciously to hasten this advent." ³ — The Mother, *To Be a True Aurovilian*

Consciously, we continue on with our progressive perfection.

1. <https://incarnateword.in/cwm/15/government-and-politics>
2. <https://auroville.org/page/core-documents>
3. <https://auroville.org/page/a-true-aurovilian>



To easily access the links, please scan the QR Code or go to this blogspot and open the post with the same title: <https://zechjoya.blogspot.com/>



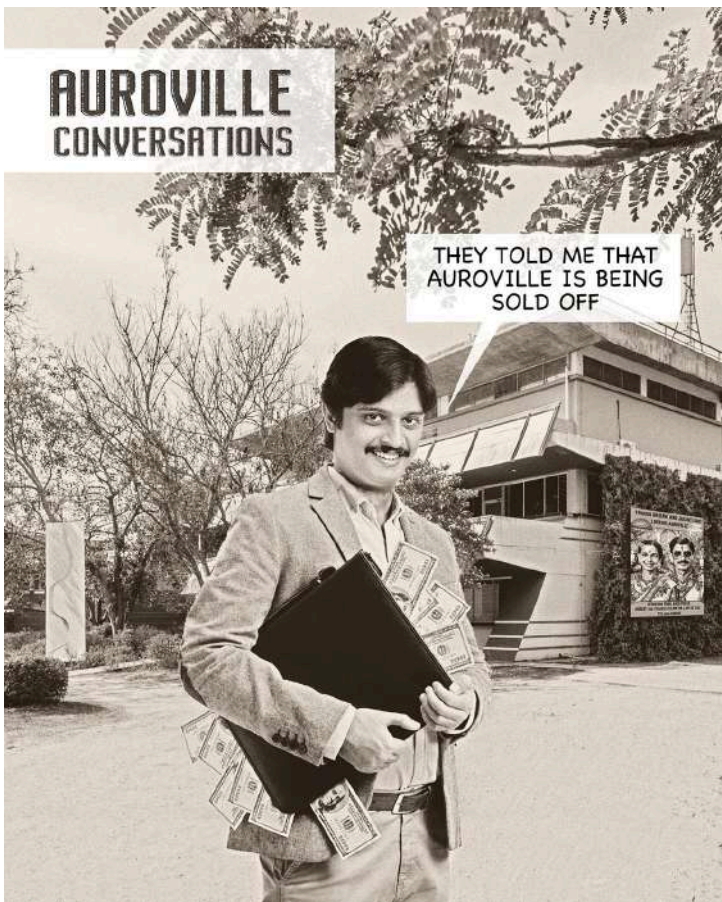
Zech

FOOD FOR THOUGHT



<https://www.instagram.com/p/DSBIOOFkrx3>

AUROVILLE CONVERSATIONS



Submitted by an Aurovillian

FRENCH NEWS & NOTES

NOUVELLES D'AUROVILLE



Auro – Traductions

12 Mars 2026

Click on date or scan the QR code to read the **French News&Notes**.



INNER JOURNEY

INTRODUCTION TO THE INTEGRAL YOGA OF SRI AUROBINDO AND THE MOTHER

Tuesday 17th March, 9 am - 12 noon

Focus: Practice – the Sunlit Path

Led by Ashesh Joshi

Place: Mirabelle Education Centre, Auromodele
Ph/Whatsapp: 94891 47202 (Please register)

All are Welcome



SAVITRI SATSANG WITH NARAD

EVERY TUESDAY, 04:30 - 05:15PM

In this deep exploration of Savitri we will study:

1. The mantric basis of Savitri
2. The importance of iambic pentameter in epic poetry
3. The wealth of definitions in Savitri from Sri Aurobindo and Mother
4. Music and alliteration in Savitri
5. Words defined from the 'Lexicon of the Infinite Mind'
6. The Mother's Words on Savitri

At Savitri Bhavan - Square Hall.

All are welcome to join.

Narad

OM CHOIR WITH NARAD

EVERY TUESDAY, 05:30 - 06:15PM

Please join us in this collective aspiration, in the form of united prayer.

No prior singing experience is required.

At Savitri Bhavan - Square Hall



AMPHITHEATRE - MATRIMANDIR

MEDITATIONS AT SUNSET WITH SAVITRI

**Every THURSDAY
from 5:30 to 6:00pm**

(weather permitting)



Savitri, Sri Aurobindo's long mantric poem, read by Mother to Sunil's music are *on* weekly for everyone to concentrate in this beautiful open space in the very center of Auroville.

- **Reminder to all:** The Park of Unity is a place for silence, meditation, and inner work and is to be used only as such. We request everyone: please do not use cameras, tablets, cell phones, etc. No photos.
- **Guests with Aurocard** wishing to attend must book at <https://bit.ly/savitri-reading> one or two days in advance or the very day before 11am. Please bring your Aurocard with you.

- **Access by Office Gate** for the Amphitheatre only from 5:15pm. Guests are requested to bring along their Aurocards. Last entry for guests at 5:30pm. Access limited for guests to the Amphitheatre.
- **Last exit for guests** at 6:15pm.

Velmurugan for the Access Team

VIBRATIONAL SOUND BATH

SOUL NURTURING MEDITATIVE EXPERIENCE WITH THE ORIGINAL RUSSIAN SINGING BELLS

*These are sounds of the Beginning
These are sounds that cradled the worlds*

Harmonious play of rich powerful tones and strongly resonating overtones invokes a profound state of inner peace, tranquility and self-healing, bringing deep physical and psychological relaxation.

Open Group - Everyday 3:00 - 4:30pm

At Mirabelle Education Center, Auromodele, Kuyilapalayam

Led by Vera (Instagram - [Vera.Auroville](https://www.instagram.com/Vera.Auroville)) and Ashesh Joshi

Please register in advance

Ph/WhatsApp: +91 94891 47202, +91 94862 47202

(Private sessions on request at other timings)



ANNOUNCEMENTS

COMMUNITY GATHERING

FRIDAY 20TH MARCH, YOUTH CENTRE



Dear Sisters and Brothers,

We did our best. Maybe we don't care enough, maybe we care too much or maybe we don't care the right way but, anyway, we have reached our limits. Marie will leave on March 25th and the rest of us in April and May.

We would like to celebrate those intense years spent with you all with a special pizza party on Friday 20th at Youth Center. Please, be our guests. Food will be served from 6:30pm. We'll have Révélation's secret mixed citrus juice, a bonfire, a fundraising table for Mélusine (who is going to volunteer in Japan with AVI), maybe some music and everything you would like to organize/offer for this community gathering.

With Vast Gratitude,

Hug you soon,

Julien, Marie, Mélusine, Célestin, Félicien and Valentin.

OPEN CALL TO PERFORMERS - AUROVILLE'S GOT TALENT

SATURDAY 28TH MARCH, YUVA SANGHA (KAILASH)



Auroville's Got Talent is an open mic for anyone young, old, or in-between to come and express what they love. Music, dance, poetry, stand-up, movement, or something completely your own... It's all welcome.

It's a warm, lively space where the crowd is on your side, cheering for you as you try something, share something, or simply step onto a stage for the first time.

To register, please scan the QR code provided.

We're gathering on **Saturday, 28th March, 6:30–8:30 PM at Yuva Sangha (Kailash)** to celebrate expression, confidence, and creativity together.

If you feel it, try it!

— *YouthLink Team*

JIVA AUROVILLE

A platform of Auroville's therapists for therapy, workshops, classes, webinars and professional training.



Regular offers

- Natural Horsemanship & Horse Assisted Therapy : Daily 8 - 10 am, 4 - 6pm
- Sunday JIVA Breathwork: Sundays with Sigrid: 3:30 - 7pm
- Cosmic Dance Wave: Saturdays with Sandhya: 5 - 6:30pm
- Integral Regression Therapy Sessions with Sigrid.

Upcoming workshops

- **22nd, 23rd, 24th March** 3 day JIVA Breathwork workshop

Stay with us, by joining our Webinars !

contact@auroville-jiva.com / WA 96260 06961

www.auroville-jiva.com Your journey in healing and transformation.

TAI CHI HALL @ SHARNGA

Daily class timings are

- Mondays and Saturdays: 7:30 - 9:30am
- Tuesdays to Fridays: 7:30 - 9am

No classes on:

- 6th - 16th April

Contact: taichi.auroville@gmail.com



AUROVILLE TANGO FESTIVAL #13

SUNDAY 15TH MARCH, SAWCHU, BHARAT NIVAS



This week holds the 13th Auroville Tango Festival, bringing together 200 dancers from across India as well as a international artists for 5 days of intense study, dance and deepening.

Sunday 15th March @ SAWCHU 7:30pm

Will be our last milonga and the performance by our visiting artists. For those who have enjoyed these Tango journeys of the last decade and a half, please join us.

With Sincere Gratitude,
The Auroville Tango Team.



AUROVILLE STORIES: 2068 - SECOND SCREENING

FRI 13TH MARCH, MMC - CINEMA PARADISO, TOWN HALL

A poster for the movie 'Auroville Stories: 2068'. The main image shows a futuristic city with a large, golden, dome-shaped structure. Three smaller images at the top show scenes from the movie: a family, a cityscape, and a couple dancing. A QR code is in the top right corner with the text 'Add Your Future Memory'. The bottom right corner has the text 'Second Screening' and 'Friday, Mar. 13 7-9pm Cinema'. The bottom of the poster has the text 'Let's Weave Our Futures... Together!'.

Come enjoy a **second screening** of the stories from last Sunday, when 70–80 of us gathered to witness hopeful stories and images of the future.

And, if you're willing to go further, here's a small experiment! Take a minute to imagine a meaningful moment in the future — perhaps in the midst of transcending our current polarities. Then, follow the QR code or visit bit.ly/future-memories to complete the short form by Friday at noon. If willing, we will use your words as prompts to generate AI images of both **individual and collective futures**. We hope to share some during the gathering.

The big experiment is learning how to cohere our most hopeful visions in inclusive and non-coercive ways. **This is Divine Anarchy in action**. If not here, then where? If not us, then who? If not now, when?

FRIDAY, MARCH 13 • 7-9pm • CINEMA (MMC)

ASHTANGA YOGA CLASSES WITH MONICA

MONDAY TO SATURDAY, PITANGA

Ashtanga Yoga

with Monica Marinoni

KPJAYI Authorised
Level 1 & 2 teacher

Monday - Friday
9am – 11am (self paced)

Saturday
9.40am – 11.10am
(led primary series)

*NO classes on:
Sundays,
New & Full Moon days,
Public holidays*



Ashtanga Yoga, practiced in its correct sequential order, gradually leads the practitioner to rediscovering his or her fullest potential on all levels of human consciousness: physical, psychological, and spiritual.

Through the practice of correct breathing (Ujjayi Pranayama), postures (Asanas), and gazing point (Driste), one gains control of the senses and a deep awareness of oneself. By maintaining this discipline with regularity and devotion, one acquires steadiness of body and mind.

Classes with prior registration only. No drop-ins.

Booking with the teacher only:
marinonimonica@gmail.com — QR code

More information:

www.monnicamarinoniashtangayoga.com
or WhatsApp +39 3917254083



Pitanga Cultural Centre, Samasti, Auroville 605 101 | info@pitanga.in | 0413 - 2622403, 9443902403
A service unit of the Auroville Foundation, Health and Healing Trust branch, | GSTIN: 33AAATA0037BY3N

FROM COFFEE IDEAS (FORMER MARC'S CAFE)



- Every Wednesday we are open from 8:00 AM to 8:00 PM.
- Fermentation classes are held every Saturday from 10:00 AM to 12:00 PM, and are also available on demand.
- For coffee learning at CLC, please check the website for specific classes and schedules.
 - <https://coffeeideas.in/product-category/master-classes/>

Thank you!

Coffee Ideas (former Marcs Cafe) Team

HIVE COWORKING SPACE

OPEN HOUSE EVERY FRIDAY, AUROMODE



Are you looking to work, study, create or simply connect with like-minded professionals in a serene place? Step into Hive and experience the Cosy workspace with super-fast Internet, Coffee -

-All for FREE on our Open House.

- Venue: Hive, Auromode
- Time: 9 am - 7 pm
- Visit us at www.auromode.in/hive-coworking for more details on our plans and facilities.
- For inquiries: auromodehive@auroville.org.in / +91 90427 59540 (WA) / +91 70921 97375 (WA) or drop by.

All are Welcome!!!

SUPPORT NEEDED

KEEP CINEMA PARADISO'S MAGIC ALIVE!



Final Call: Secure Cinema Paradiso's Heartbeat – 3 Pledges Needed Now!

Multimedia Center Auditorium – Cinema Paradiso (MMC-CP)

Our beloved Cinema Paradiso isn't just a screen—it's Auroville's beating heart for shared stories, laughter, and connection under the stars. But our core budget covers only basics. Post-COVID, costs exploded, events dwindled, and even generator fuel now falls on us. Our heavily used projectors, sound systems, and seats are aging fast—without support, the magic fades.

We've secured 5 vital pledges at ₹3,000/month each. Now, we need just 3 more units or individuals to pledge ₹3,000/month. This gets us to a minimal pre-COVID running budget—no inflation, just survival. (Non-recurring upgrades? We'll fundraise separately.)

Pledge less than ₹3,000/month or make a one-time gift? Every rupee helps—join the circle however you can!

Easy for all:

- Indian nationals & Auroville units (any nationality): Recurring or one-time via Unity Fund at Financial Service (FS Account #105106, MMC – Cinema Paradiso). Direct payments via FS are possible but requires us to pay a 18% GST.
- Non-Indians in/outside Auroville: Contact AV Unity Fund at FS / write to us for guidance.

Be one of the 3 heroes who keeps the reels spinning and our community alive—or add your spark today. Your gift writes the next chapter—what's yours?

With deepest gratitude,

Thanking you
MMC-CP Team
mmcauditorium@auroville.org.in



LOOKING FOR

A SECOND HAND LADIES BICYCLE

I would like to purchase a second hand ladies bicycle in good condition.

Please contact me via sigridauroville@gmail.com or Whatsapp 96260 06961,

Thank you, *Sigrid*



TAXI SHARING - AUROVILLE TO CHENNAI

SATURDAY 21ST MARCH 2026

To stay ECO FRIENDLY am very willing to share a taxi from **Auroville to Chennai airport on Saturday 21st March 2026.**

Departure from Auroville Town Hall at around 8:030PM (20:30).

Please contact via WhatsApp +34685673777 or email: srimaa221@gmail.com



YEAR LONG HOUSING

Dear Community,

Devna here :)

To *finally* get on with my Newcomer process (yes, I know, it only took me 8 years of being in AV to reach this stage), I am seeking a year long housing agreement ideally in the **Residential Zone, or close to.**

Help?



As a single woman, with only a cycle for transportation, I would very much need to find a furnished home (private kitchen + WiFi a *MUST*) close to my place of work (the Library) and other amenities. A very organised/fastidious, clean, responsible, and domesticated person that likes to be at home quite a bit, one can be sure that a space will be very much appreciated and cared for. (I have many references over the 8 years/20+ spaces I've stayed in, please don't hesitate to ask!)

If you know/hear of something, do contact me at danjummy@gmail.com

In hope for a suitable year long roof to thrive better/stay in Auroville,

Thank you in advance! 😊

ACTIVITIES AT SERENDIPITY

SERENDIPITY CLASSES

(Ex. Joy Community in front of Center GH)

Center Field, Auroville - 605101, Tamil Nadu, India

Landline: +91 (0)413 350 9950

Mobile/Whatsapp: +91 93856 23342

Email: serendipityauroville@gmail.com

<https://serendipity.auroville.org>

<https://www.facebook.com/serendipityauroville>



REGULAR CLASSES FOR MARCH :

Hatha Yoga with Ramesh

- **Monday and Thursday from 5:30 - 6:45pm and Saturday 7:30 - 8:45am - drop in class**

Ramesh offers hatha yoga classes with some vinyasa flow and include pranayama, traditional sanskrit mantra chanting, and meditation. The style is gentle, adaptive and progressive where passive, gravity-assisted poses are mingled with dynamic vinyasa-style flow as needed. He places a lot of focus on breathing and body-mindfulness during the practice. It is ideal for beginners to intermediate-level practitioners. You will be exposed to authentic Sanskrit terms and their correct pronunciation. The practice will be rejuvenative and restorative. These specific classes will be on donation basis even for guests.

Tibetan Bowls - Sound Healing with Pratik

- Friday from 5 - 6:30pm - drop in class

Tibetan singing bowls are crafted from a blend of metals, each carefully tuned to produce unique harmonic sounds. When played, these bowls generate vibrations that interact with the body's energy field, encouraging a meditative state and fostering overall well-being. The practice is based on the principle that everything in the universe, including the human body, is in a state of vibration. Disruptions or imbalances in these vibrations can lead to stress, illness, and discomfort. By aligning the body's frequencies through sound, Tibetan bowl healing seeks to restore harmony and vitality.

WORKSHOPS

MIRACLE OF SOIL REGENERATION

SUNDAY 15TH MARCH, PEBBLE GARDEN



MIRACLE
of Soil Regeneration

How to
REBUILD & REVIVE
agricultural soils

An intensive
Hands-On Workshop
with
Bernard & Deepika

15th March 2026
Sunday
8:30 to 11:30
Pebble Garden

Whatsapp +91 8148715966
LIMITED SPOTS

Miracle of Soil Regeneration - How to Rebuild and Revive Agricultural Soils

A Hands-on Intensive workshop with Bernard and Deepika.

Pebble Garden, Sunday 15th March 2026, Sunday, 8:30 to 11:30
WA 81487 15966 to Register.



CULTURAL ANNOUNCEMENTS

THE AUROVILLE HARMONIES RECRUITS



After the recent success of its performances (21, 22 and 26 February), the women's choir *Auroville Harmonies* continues its exploration of worldwide songs.

If you are interested, please contact Antoine for an audition:
antoine@auroville.org.in

ROADKOLAMS BY KATHRIN H

FROM MONDAY 2ND MARCH, AUROVILLE LIBRARY

The Auroville Library invites everyone to see an exhibition of roadkolams by Kathrin.



Inspired by Andy Goldsworthy and Marc Pouyet, I have enjoyed making these from what I find in nature by the road, and am happy to share them with you.

Timings:

Mornings:

- Monday to Saturday : 9am - 12:30pm

Afternoons:

- Mon, Wed, Thurs, Fri & Sat: 2pm - 4:30pm
- Tuesday : 4pm - 6:30pm



AT CRIPA

YOUTH CHOIR END OF SEASON CONCERT

SATURDAY 14TH & SUNDAY 15TH MARCH



Join us for a special evening of music as our Youth Choir celebrates the end of the season with a beautiful and inspiring concert.

- : Saturday 14th & Sunday 15th March
- : Show starts at 7:30pm
- : Food & drinks served from 6:30pm
- : Cripa, Auroville



Limited seating available, please book your free tickets in advance by scanning the QR code or by following the link: <https://buytickets.at/cripa/2077592>.

VOCAL & BODY RHYTHM WORKSHOP

MON 16TH, TUES 17TH & WED 18TH MARCH

VOCAL & BODY RHYTHM 3 DAYS WORKSHOP

"Flow with Your Body Rhythm and Sing with Your Real Voice"

CRIPA (Small Hall)

16, 17, 18 of March 9.00 am–1.00 pm with a break of ½ hour



Workshop Flow Highlights

- Day 1: Build rhythm awareness + vocal foundation.
 - Day 2: Deepen vocal technique + ensemble harmony.
 - Day 3. Balance: Playful games, technical exercises, creative group work.
- Outcome: Participants connect with their body rhythm, discover their authentic voice, and experience collective music-making.
- Workshop is designed for no less than 8 ppl.

Organizer Shakti Arts and Sakthi Kalaigal Studio, Kalabhumi.



The fee for the Workshop of 3 days is RS 3000.

For AV, newcomers, volunteers 50% discount.

Please register at shakti@auroville.org.in

WhatsApp +91 6380948930

Flow with your body rhythm and sing with your real voice.
Contribution for 3 days is Rs. 3000.

For Aurovillians, newcomers & volunteers: 50% discount.

Workshop designed for no less then 8 ppl.

17 : Mon 16th, Tues 17th & Wed 18th March

🕒 : 9am - 1pm

📍 : Cripa, Auroville (Small Hall)

Please register via:

📞 : 63809 48930 (WhatsApp)

✉ : shakti@auroville.org.in

UNSPEAKABLE

SATURDAY 21ST MARCH

UNSPEAKABLE
DANCE PERFORMANCE WITH VOCAL ACCOMPANIMENT
AND VIDEO PROJECTIONS
CARO & SHALINI

cripa
Auroville, Tamil Nadu

21 MARCH
7:30 PM
CRIPA, AUROVILLE

Food by Conscious Food
served from 6:30 pm


free entry - open to all - contribution welcome

Dance/movements expression of human emotions. Hidden behind the intellectual understanding. Is there a possibility to feel only anger? Is the anger a result of disappointment? Or attachment? Can we feel only one emotion? The body speaks...

Dance/movements by Caro with vocal live accompaniment by Shalini and video projections.

 : Saturday 21st March

 : 7:30pm (food & drink by Vishnu served from 6:30pm)

 : Cripa, Auroville

Free entry, open to all, contributions welcome.

BHRIGU SAHNI LIVE: BEFORE THE BLOOM


SUNDAY 29TH MARCH




Before the Bloom is an intimate solo evening of original songs in Hindi and English, shared in a space of transition.

Having recently completed his third album, Bhriugu finds himself in the stillness before it meets the world. This concert brings together songs from earlier chapters alongside newer, unreleased pieces - music shaped by reflection, love, presence, and change. The evening invites you to listen closely, soften a little, and leave feeling slightly more open than when you arrived.

Genres: Singer-songwriter/ Ethereal Folk / Acoustic

 : Sunday 29th March

 : 7pm (food & drink by Vishnu served from 6pm)

 : Cripa, Auroville

Free entry, open to all, contributions welcome.

FOR THE BOOKWORMS

WEEKLY READINGS OF THE LIFE DIVINE

EVERY FRIDAY, AUROVILLE LIBRARY



Weekly Readings of The Life Divine
with Balvinder, at AUROVILLE LIBRARY

Fridays, 4:30 - 5:30pm

(from 23 January 2026)

All are welcome.



FROM SOLITUDE FARM

1. Farm Basket from Solitude Farm

We grow a beautiful diversity of local food at Solitude Farm — pumpkins, lemons, cucumbers, bananas, sweet potatoes, many kinds of spinach and salads, herbs, and spices. Each week we harvest what the land gives and prepare a fresh farm basket for our community.

Our basket service brings this richness directly to you. The contents change with the seasons and reflect the living diversity of the farm.

Signing up is simple. You can receive a basket once a week or more often. Longer subscriptions receive a lower rate, and many families choose to sign up for a full year.

This service works best for people who value local food and enjoy taking the time to cook with fresh seasonal ingredients.

For us, this basket service is an act of love for Mother Nature. Its value is not only in profit, but in nutrition, medicine, ecology, community, and culture.

Many people who began with a one-year subscription have continued receiving baskets for years.

And if you receive something unfamiliar — for example banana stem — we are always happy to show you how to prepare and enjoy it.

Contact:

- Phone / WhatsApp: 98433 19260
- Email: Solitudepermaculture@gmail.com

Solitude farm & café | Auroville

2. Lunch at Solitude Farm

At Solitude Farm we have been working with local food, farming and culture for more than 30 years. One of the simplest ways to experience this work is by coming for lunch at the farm.



Our meals are prepared with ingredients grown right here in the food forest — seasonal vegetables, greens, herbs and fruits that reflect the richness of local food traditions. It is fresh food, food whose origins you can recognise, and food that reconnects us with the cultural knowledge of this region. Many of these traditions also resonate with the principles of Ayurveda. In many ways, the meal tells the story of a journey from farm to plate.

For Auroville residents, there is the option to join the Lunch Scheme at exactly the same price as Solar Kitchen. Please contact Nico at Financial Service and he will help you arrange it.

If you have not yet had lunch at Solitude Farm, it is really something you should try at least once. What is happening here is quite unique — bringing together farming, culture, nutrition and ecology through everyday food.

Lunch is served **Monday to Saturday**. Breakfast begins at 9:00 AM, and lunch continues through the afternoon until 3:30 PM.

Every Saturday at 11:30 AM we also host a farm tour. Usually Krishna McKenzie will take people around the farm and share the story of what has been unfolding here over the last three decades — the emergence of a food forest, the reclamation of cultural nutritional heritage, and the many forms of value that local food carries: ecological resilience, climate awareness, nutrition,

medicine and culture. When we recognise these shared values — that this land is our Mother Nature and these foods are part of our collective heritage — something deeper emerges. Ultimately, the most beautiful profit of local food is empathy, because it brings people together around a shared understanding of life.

There is also a small shop at the farm where we offer products made here, including herbal powders, dried flowers, and seasonal fruits and vegetables. The nursery also has plants, fruit trees and some vegetables available.

We look forward to welcoming you at Solitude Farm.

With love,
The Solitude Farm Team 🌱

FOOD FOREST TOUR & SUNDAY BRUNCH

EVERY SUNDAY, LA FERME COMMUNITY



FOOD FOREST TOUR & SUNDAY BRUNCH

Living Foods & Vegan Ice Cream Making

Every Sunday, 9–11 AM

La Ferme Community
(5 min from AV Bakery)

📞 WhatsApp Sarah: 9047421044



www.myfoodforest.in

POETRY

Dream-Vision

11/29/03

I saw you bride eternal on the stairs
Connecting living forms to seeming death
Descend in a translucency of blue.
Almost a dress of powdered light I thought,
Angelic yet the living form of you.

So sweetly did you smile that I mistook
The symbol self for the goddess that I knew
And yet within and perhaps moving through
I recognized a headdress and a look
That fills the heavens of our solitude
With radiance eternal, ever new.

Why did you come to me my slumber cease,
Or was it you or visionary dream,
And why did I react with such unease
And speak the pain-filled words my heart denies?
It hurt my soul so deep the tears still stream
To see the wounded beauty in your eyes.

If I find the place where we again can meet
Escaping once this bound mortality
I shall go and kneel before your feet
O Mère divine, my life, my destiny!



Narad



The cat walks
Down the avenue,
Each step a stately gait,
A wordless statement.

Beware
Of the copycats.

Anandi Z



AUROVILLE RADIO



Dear Aurovilians,

Your favourite radio is always working for you. Stay tuned!

Last published Podcasts

- [Gangai Amaran in Conversation with Arivan : Music, Devotion, and The Mother \(in Tamil\) \(Interview\)](#)
- [Marlenka's weekly Offering – Ep.166 \(Literature\)](#)
- [Sri Aurobindo's "The Life Divine" read by Deepti Tewari - B 1, C 27: "The Sevenfold Chord of Being" \(Sri Aurobindo\)](#)
- ["Mother's Chronicles: Mirra" by Sujata Nahar, Read by Fif - Book 1 - Introduction & Prologue](#)
- ["Humanity 2.0" by Aviram Rozin with Jazz -A Book Read by Shalev - P1, C2 : "Natural Immunity" \(Society & Conscious Living\)](#)
- [Une série hebdomadaire de lectures par Gangalakshmi – Ep.528 \(Integral Yoga\)](#)

Latest Youtube Videos

- [Cognitive Transformation and Psychology for Healing Mental Health with Geshe Dorjee Damdul](#)

(Note : The above link leads to a playlist with all the sessions of the 3-day teaching Programme)

- [Savitri Ep 12: Introductory Comments in Tamil | சாவித்ரி காவியம் ஓர் அறிமுக விளக்கம் by Dhanalakshmi](#)

Upcoming Video - Join Us Live

- [End of Season Concert by Auroville Youth Choir | Live from Cripa | 2026 | Day1](#)
- [End of Season Concert by Auroville Youth Choir | Live from Cripa | 2026 | Day 2](#)

...and more! on www.aurovillerradiotv.org.

For more information write to radio@auroville.org.in


Peace and love

Regards,

Sai Priya for Auroville RadioTV

Cinema Paradiso & Auroville Film Festival presents
Auroville Film Festival 2026 Winning Films
at the Multimedia Center (MMC) Auditorium, Auroville

Film program: 16th - 21st March 2026


 Cinema Paradiso, in collaboration with the Auroville Film Festival (AVFF), presents the winning films Monday to Saturday — a chance to catch, revisit, and reflect on festival highlights. Some screenings feature filmmaker introductions, others include brief online Q&As. A rare opportunity to see films you may have missed during the festival. **Cinema Paradiso's regular program resumes Sunday, 22 March 2026.**

 **AVFF WINNER - MONDAY 16 MARCH, 8:00 PM:**

• **FARMING THE REVOLUTION**

India, 2024, Dir. Nishtha Jain, 105min, NR (R).

In 2020, Gurbaz Sangha, a young Punjabi farmer, led thousands to Delhi to protest new Farm Laws. Joined by over half a million people from diverse backgrounds, they remained at the borders through COVID lockdowns, vowing to stay until repeal. **Awarded a Special Mention in the category of films on human unity.** *Jury: said the film shows how a shared purpose can become a unifying force. The filmmaker will join online for a brief Q&A after the screening.*

 **AVFF WINNER - TUESDAY 17 MARCH, 8:00 PM:**

• **LĀ ARḌ UKHRÁ (NOWHERE ELSE)**

Norway, 2024, Dir. Adra w/ Ballal, Abraham, Szor, Documentary, 95min, Arabic-Hebrew-English w/ English subtitles, NR (R).

Recorded between 2019 and 2023, the film documents the destruction of a community in an occupied zone resisting forced displacement after their land was declared a 'firing zone.' **Winner of over 40 international awards and the Jury Award for films on human unity.** *Jury: praised its immersive portrayal of villagers' daily lives, revealing their humanity, resilience, and moments of joy and laughter amid hardship and brutality.*

 **AVFF WINNER - WEDNESDAY 18 MARCH, 8:00 PM:**

• **REFLEKT**

India, 2025, Dir. Santosh Manik, 11min, NR G.

Chronicles a film-making residency at the Auroville Film Institute. Produced by Auroville Film Institute. **Winner: Award for films about Auroville/Pondy/Bioregion.** *Jury: A tribute to cinema's transformative power, tracing the director's journey from student of technique to artist in Auroville's vibrant spiritual landscape.*

• **AGENT OF HAPPINESS**

Bhutan, 2024, Dir. Arun Bhattarai w/ Dorottya Zurbó, 94min, NR

Amber, a government agent, measures happiness across remote Himalayan communities. **Winner: Jury Award for films on human unity.** *Jury: Highlights happiness as complex and personal, shaped by inner states and external conditions.*

 **AVFF WINNER - THURSDAY 19 MARCH, 8:00 PM:**

• **BLOOMING HOUR/மலரும் நேரம்**

India, 2025, Dir. Logeswaran M, Documentary, 14min, Tamil w/ English subtitles, NR (G).

Trust grows between morning birds and the man who feeds them. Produced by Auroville Film Institute. **Winner: Jury Award for films on Auroville/Pondy/Bioregion.** *Jury: An honest, lyrical exposition of the beauty of mornings.*

• **NOTES FOR THE SELF**

India, 2025, Dir. Jahnvi Pradeep, 11min, NR (G).

A portrait of the filmmaker's mother and herself. Produced by Auroville Film Institute. **Winner: Wisdom Award for films on Auroville/Pondy/Bioregion.** *Jury: Uses Auroville's landscape to depict tensions and harmonies of a mother-daughter relationship as a poignant visual poem. Jahnvi will be present to introduce her film.*

- **PATROL**

Nicaragua, 2023, Dir. Camilo de Castro w/ Brad Allgood, 80min, NR (R). Indigenous rangers and conservationists expose the dark world of “conflict beef” destroying rainforests. **Winner: Wisdom Award for films on human unity.** *Jury: Shows deep love for nature and humanity’s dependence on the rainforest’s health.*

 **AVFF WINNER - SATURDAY 21 MARCH, 8:00 PM:**

- **EARLY YEARS IN AUROVILLE 1969-1976**

India, 2025, Dir. Lisbeth Nusselein, Documentary, 9min, English, NR (G). Lisbeth’s 1970 journey from the Netherlands to Auroville told through archival photos. **Winner: Jury Award for films by Auroville/Pondy/Bioregion residents.** *Jury: Blends archival images with autobiographical narrative, inviting reflection on journeys that built Auroville. Lisbeth will introduce her film.*

- **ECM 2024**

India, 2024, Dir. Nefertiti Chakrabarti, 4min, NR (G). Highlights the Endangered Craft Mela, celebrating craftsmanship. **Winner: Wisdom Award for films by Auroville/Pondy/Bioregion residents.** *Jury: A sensitive, complex tribute conveying the transformative experience of learning and apprenticeship.*

- **MORIBUND: AN ART PROJECT**

India, 2025, Dir. Birgitta Volz, 6min, NR (G). Dedicated to Auroville under pressure, symbolizing environmental vandalism. **Winner: Mongbra Award for films by Auroville/Pondy/Bioregion residents.** *Jury: Highlights resilience and creativity of the Auroville community facing ecological and other challenges. Birgitta will introduce her film.*

- **SOUND OF AIR**

India, 2025, Dir. Rishi Vengadesan, Documentary, 14min, English-Hindi w/ English subtitles, NR (G). Explores Indian classical music’s changes after the harmonium and the bond between makers and musicians. **Winner: Award for films by Auroville/Pondy/Bioregion residents.** *Jury: Stands out for its treatment of sound and image reinforcing an engaging subject.*

- **30 YEARS OF KEEPING THE MUSIC FLOWING – AUROVILLE CHOIR**

India, 2024, Dir. Serena Aurora, Documentary, 38min, English, NR (G). Auroville’s choir unites diverse singers across ages and disciplines. **Winner: Jury Award for films by Auroville/ Pondy/ Bioregion residents.** *Jury: Inspiring effort to harmonize diverse notes into one voice — a metaphor for the community. Serena will introduce her film.*

CHILDREN’S MATINEE – SUNDAY 22 MARCH, 4:00 PM:

- **MAJO NO TAKKYÛBIN (KIKI'S DELIVERY SERVICE)**

Japan, 1989, Writer-Dir. Hayao Miyazaki w/ Minami Takayama, Rei Sakuma, Mieko Nobusawa, and others, Hand-drawn Animation Fantasy, 103mins, Japanese-English w/ English subtitles, Rated: G
A young witch and her cat settle in a seaside town, building a delivery service. Through trials and friendships, she discovers independence, resilience, and the true magic of growing up.

CLASSIC WORLD CINEMA @ CINÉ-CLUB

CINÉ-CLUB SUNDAY 22 MARCH, 8:00 PM:

- **THE STATION AGENT**

USA, 2003, Dir. Tom McCarthy, w/ Peter Dinklage, Patricia Clark son, Bobby Cannavale, and others, Comedy–Drama, 90mins, English w/ English subtitles, Rated: R.
After his only friend dies, a young man with dwarfism moves to an abandoned New Jersey train depot. Seeking solitude, he becomes entangled with an artist facing tragedy and an overly friendly Cuban hot-dog vendor.



Rating codes we often use are from Motion Picture Association of America (MPAA): G= General Audiences, PG= Parental guidance suggested, PG-13= Parents strongly cautioned, R= Restricted (equivalent to Indian rating: A i.e., for Adults), NR= Film Not Rated, Rating awaited.

To organize a seminar/program at MMC Auditorium, kindly email us at mmcauditorium@auroville.org.in.

We need your support to maintain and bring quality films to you. Set up a recurring or one time donation at Unity Fund for our Account # 105106, or you can contribute at the venue.

Thanking You,
MMC/CP Group

Account #105106 | Email: mmcauditorium@auroville.org.in

COMMUNITY SERVICES

ESSENTIAL SERVICES

AUROVILLE'S FINANCIAL SERVICES (AVFS)

- **Timings:** Monday to Saturday, 9am - 12:30pm, and 3pm - 4:30pm
- **Phone:** 0413 2622171
- **Email:** financialservice@auroville.org.in

ELECTRICAL SERVICE (AVES)

- **Timings:** Monday to Saturday, 8am - 4:30pm
- **Phone:** 0413 2622132 / 94888 68747 for fault works, repair works and job works
0413 2622264 for clarifications reg. electricity bills, job and repair works bills
- **Email:** aves@auroville.org.in

GAS BOTTLE SERVICE

- **Timings:** Monday to Saturday, 9am - 1pm and 2pm - 4pm
- **Phone:** 0413 2622452
- **Email:** avgasservice@auroville.org.in

WATER SERVICE

- Monitors water lines and supply within AV, undertakes water-related jobs.
- **Timings:** Monday to Saturday, 8am - 12pm and 2pm - 4:30pm
- **Phone:** 0413 2622877, 89035 53246
- **Email:** avwaterservice@auroville.org.in

ECO SERVICE (WASTE COLLECTION/MANAGEMENT)

- **Timings:** Monday to Saturday, 8:30am - 12:30pm, and 1:30pm - 4:30pm
- **Phone:** 63796 69034
- **Email:** ecoservice@auroville.org.in

POUR TOUS DISTRIBUTION CENTRE (PTDC)

- **Timings:** Monday to Saturday, 9am - 5pm
- **Phone:** 0413 2622746 / 2622796
- **Email:** ptdc@auroville.org.in

POUR TOUS PURCHASING SERVICE (PTPS)

- **Timings:** Monday to Saturday, 8:30 am - 5pm
- **Phone:** 0413 2622152

AUROVILLE LIBRARY

Timings:

Mornings:

- Monday to Saturday : 9am - 12:30pm

Afternoons:

- Mon, Wed, Thurs, Fri & Sat: 2pm - 4:30pm
- Tuesday : 4pm - 6:30pm

Children's Storytime! All ages welcome!

- Every Saturday between 10am - 11am.

- Phone : 0413 2622 894

- Email: avlib@auroville.org.in

- Website: <http://library.auroville.org.in/>



HEALTH

SANTÉ SERVICES IN JANUARY 2026



Working Hours:

Monday - Saturday: 9:00 - 12:30pm & 2:00 - 4:30pm

Tests and Sample collection:

Monday - Friday: 8:30am - 12:00pm

No sample collection on Saturday

For emergencies, contact:

Auroville Ambulance (24/7) - Phone: +91 94422 24680

Government Ambulance (24/7) - Phone: 108

Appointment

Please call Santé (0413) 262 2803 during working hours for an appointment.

Doctor Consultation with Dr. Joseph, Dr. Pavan & Dr. Sana Monday to Saturday	Nurse Care - Thilagam, Ezhil, Archana & Sandhya: Daily: no appointment needed
Ayurveda with Dr. Berengere: Mon / Tues / Wed / Fri	Homeopathy with Michael: Monday / Wednesday / Saturday
Physiotherapy & Massage with Galina: Monday to Friday	Physiotherapy with Arun: Monday to Friday
Midwifery & GYN Care with Paula: Monday & Wednesday	Integrative Psychotherapy with Juan Andres: Monday to Friday
Holistic Therapy with Louis Patric: Monday to Friday	Soundbed Session with Sandhya / Thilagam: Monday to Saturday

Bio-Well Assessment (Evaluation of your well-being) with
Helena – inquiry email adminsante@auroville.org.in

In Santé, we value our patient's confidentiality and make every effort to ensure their privacy.

In case of cancellation or to reschedule, it is necessary to inform us in advance.

Do your little bit of good where you are; it's those little bits of good put together that overwhelm the world.

Desmond Tutu

HEALTH CENTER - KUILAPALAYAM

Contact: 0413 291 0005

Pharmacy:

- 8:00am - 5:30pm Monday to Saturday

Doctor Consultation:

- 8:30am - 5:00pm Monday to Friday
(1 - 2pm Lunch Break)
- 8:30am - 1pm (Saturday)



DENTAL CLINIC - KUILAPALAYAM

- **Timings:** Monday to Saturday, 9am - 5pm daily
- **Phone:** 0413 2622007 / 2622265
- **Email:** aurodentalcentre@auroville.org.in



SPRING AND LIVER SUPPORT WITH AYURVEDA AND HEALTHY PLANTS



The sun comes back to the northern hemisphere and days are warmer but nights are still chilly. The change of season makes the body vulnerable. Spring is part of a 3-season period (late winter, spring, summer) where the sun becomes stronger and sap the energy we regenerated during monsoon and early winter.

In winter, Kapha (water and earth elements) accumulated in the body to protect us from the cold. With the warmer days, Kapha starts moving, cheerful with good energy, waking up from a restful winter and wants to get rid of its layer of fat that is no longer in need to keep warm.

A healthy Kapha shows in the body with lots of strength and stamina, a strong immune system and a steady and stable mind with a sense of duty, Kapha has goodwill, is warm hearted, generous and receptive, accommodating.

If Kapha is imbalanced, it becomes stagnant and heavy, it shows lethargy, fatigue, loss of appetite or low digestive power leading to colds, cough with mucus, slight fever, tonsillitis, sore throat, lung congestion, allergies, hayfever, frontal dull headaches, sinusitis, cravings for sweet, heaviness/overweight...

And in the mind, Kapha feels sad, confused, dull, lazy, feeling of not being loved/cared/heard, greedy...

Kapha characteristics (gunas) are cold, heavy, oily, sticky, dense, stable (imbalanced, it changes to stagnant). To rebalance Kapha,

we need to give the opposite characteristics: hot/warm, light, dry, mobile and fluid in the food (to stimulate the digestive power Agni) and the activities to decongest Kapha and to help the liver to remove the stagnation:

With the food:

- Most beneficial: Fasting a day a week
- Eat warm, cooked, easy to digest with predominantly bitter, astringent and spicy tastes
- **Proteins:** Black beans, chickpeas, lentils, mung dal, dals, dried peas, dried beans, pinto beans, red beans (rajma), soya beans (green gram), tempeh, cooked tofu, horse gram, white meat, eggs, small fishes, pumpkin seeds, goat milk
- **Vegetables:** Bitter vegetables: bittergourd, fenugreek (mehti), green leafy vegetables (cabbage, steamed green salads, lettuce, rucola, spinach), artichokes, ashgourd, beetroots, bottlegourd, broccoli, carrots, cauliflower, celery, chow-chow, drumstick (moringa: leaves of drumstick tree), eggplant, green beans, leeks, peas, peppers, pumpkin, radish, cooked tomato, zucchini
- **Good source of sweet taste:** in the cereals (amaranth, barley, buckwheat, red rice, millets, dry oats), in the fruits (pomegranate, apple, dry apricot or raisin, chiku, papaya, grape, pear, figs)
- **Spices:** all the spices are good, red chilli with moderation
- Ghee or cold pressed sesame/olive/sunflower oils
- **Beverages:** herbal teas (camomile, cinnamon, fennel, ginger, peppermint, tulsi, karpooravali, yerba mate, roibos), warm water with honey, cranberry juice, barley grain coffee, grape juice, pomegranate juice, warm and spiced soya milk, masala tea (without milk), green tea
- **Ayurvedic plants and preparations:** Neem, Tulsi, Amla, Triphala, Karpooravali, Panchakola (ayurvedic digestion booster), Trikatu (ginger, black pepper, pippali), Sitopaladi churna (for cold, coughs), Talispatradi Vayam (for chest congestions, coughs with mucus), Mix powders of ginger, turmeric, black pepper, all above can be mixed with honey
- **Liver support:** Bhumyamalaki (Keezhanelli) decoction – 20-30ml in the morning before breakfast. Apple Cider vinegar (1tsp) + grated fresh turmeric (1/2tsp) + sip of water: before lunch for 3 weeks
- **Walk 100 steps after lunch.**

Daily routine:

- **Great principle:** keep the stamina strong
- Early morning, clean the nasal cavity and sinuses with Anu Tailam (2-3 oil drops in each nostril)
- Shower or bath with warm water
- Keep body warm (especially at night)
- Physical exercise: min 30 minutes per day
- Yoga (sun salutation, forward bends, chest openers, and backward bends as well as poses that stretch, compress, stimulate, and cleanse the solar plexus)
- Pranayama (Kapalabhati, Bhastrika)
- Fumigation: eucalyptus, neem, sage.

Wishing you a cheerfull Vasanta

Be @ Santé Clinic



MATRIMANDIR ACCESS INFORMATION

IMPORTANT ANNOUNCEMENT REGARDING THE
CHANGE IN TIMINGS EFFECTIVE FROM 1 FEB 2026.

Access to the Park of Unity

- The Matrimandir, the Petals, the Lotus Pond and the Banyan Tree are areas of silence.
- The Park of Unity is open to Aurovilians and registered Newcomers daily, 6am-7:30pm.
- Aurovilians may bring close family and friends (maximum 3) to the Gardens only daily, 9am-3:30pm.
- **Aurovilians bringing children under the age of 10 to visit the Gardens may do so only after 11.30am except Tuesday when they can come from 9am to 11am.**
- Aurovilians wishing to bring close family to the Gardens at any other time should inform mmconcentration@auroville.org.in before 11am on the day of the proposed visit.
- Registered Volunteers and Donors require a pass to enter the Park of Unity. Timings will be indicated on the pass.
- Published events in the Park of Unity are open to Aurovilians, Registered Newcomers, Volunteers, Pass holders and Guests. Guests should bring their Aurocards.
- Savitri Readings on Thursday evenings: Guests holding only Aurocards wishing to attend should book by filling in the form at <https://bit.ly/savitri-reading> one or two days in advance.
- Visits to the Park of Unity and Inner Chamber should not be included in the program of any conference or workshop. Participants should be directed to the Viewing Point.

Access to the Inner Chamber of the Matrimandir for Aurovilians, Newcomers and registered Volunteers

The Matrimandir is a place for silent individual concentration

- The Inner Chamber is open to Aurovilians and registered Newcomers:

Monday – Saturday	6:00 am - 8:00 am, 4:30 pm - 7:30 pm
Sunday	6:00 am - 12:00 pm, 4:30 pm - 7:30 pm
- The Inner Chamber is open to **registered Volunteers**:
 - Every day, 4:30pm - 6:00pm.
 - Volunteers are requested to come and get their revised passes between 10:00 am to 10:30 am from the Matrimandir office with prior booking at matrimandir@auroville.org.in
 - **It is obligatory for the volunteers and pass holders to carry the pass with them.**
- **The Inner Chamber is open to Aurovilians wishing to accompany a maximum of 3 close family members and friends no more than once in two weeks, with booking 3 to 5 days in advance to mmconcentration@auroville.org.in:**

Any day except Tuesday & Sunday,	<u>8:00 am - 8:25 am</u>
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Arrival at 7:45 am at the Office Gate
- The Inner Chamber, the Petals and the Gardens are open to the Children of Auroville and the Outreach Schools:

Tuesday	9:00 am - 11:00 am
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- Auroville units can bring their staff to the Inner Chamber with a prior booking at mmconcentration@auroville.org.in:

Tuesday	8:00 am - 8:30 am
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Petals of the Matrimandir

- The Petals are open to Aurovilians, registered Newcomers, and Pass holders

Daily	7:00 am - 8:00 am, 5:00 pm - 6:00 pm
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Access to Matrimandir for Visitors and Guests

Matrimandir Viewing Point: The Viewing Point is open to the general public on presentation of a Pass. Visits to the Matrimandir Viewing Point are free of charge. Free passes can be obtained at the Auroville Visitors Centre.

The Viewing Point lies south of the Park of Unity and offers visitors a panoramic view of the Matrimandir and the Gardens and the Lake.

Starting from the Visitors Centre.
Daily, 9:00 am - 5:30 pm

The Inner Chamber of the Matrimandir is open to Visitors and Guests by prior booking only. Visitors and Guests seeking to concentrate in the Inner Chamber are requested to inquire at the Information Desk of the Visitors Centre after first visiting the Viewing Point, or to go to the website: auroville.org

- Prior booking is required to access the Inner Chamber at least one or two days in advance. Bookings for concentration are given for the following or the first free day as per availability and are accepted only up to one week in advance. Minimum age 10 years.
- The Petals are open to Visitors on the morning of their Inner Chamber visit.

Security

Please note that it is not permitted to

- Swim in any of the ponds, the channel and the Lake except the Children's ponds in the Garden of Youthfulness
- Throw pebbles into the ponds and fountains
- Pick flowers in the Gardens
- Climb to the very top of the Petals.

Parents, please supervise your children at all times.

Bags, cameras and cell phones should be left in the lockers or the Access office.

Please no photography, videos or drones without prior permission. For permission, please write to matrimandir@auroville.org.in.

Antoine for Matrimandir Executives Team

Auroville TO PONDICHERRY

	Trip 1	Trip 2	Trip 3
Svaram Musical Center	7:00	8:50	14:50
Vérité Guest House - Junction	7:02	8:52	14:52
Town Hall - Main Parking	7:06	8:56	14:56
Solar Kitchen (Ex Round About)	7:10	9:00	15:00
Certitude Entrance	7:12	9:02	15:02
New Creation Road	7:17	9:07	15:07
SBI Bank—Kuilapalayam	7:19	9:09	15:09
ECR Junction—Aroma Guest House	7:23	9:14	15:14
Quiet Healing Center—Junction	7:26	9:17	15:17
Lotus Hotel—S.V Patel Salai	7:36	9:30	15:30
Ashram Road Junction	7:38	9:33	15:33
Ashram Dining Hall	7:40	9:35	15:35

Pondicherry TO AUROVILLE

	Trip 1	Trip 2	Trip 3
Ashram Dining Hall	8:00	12:15	18:10
Ashram Road Junction	8:02	12:17	18:12
Lotus Hotel—S.V Patel Salai	8:07	12:22	18:17
Quiet Healing Center—Junction	8:17	12:32	18:27
ECR Junction—Aroma Guest House	8:20	12:35	18:30
SBI Bank—Kuilapalayam	8:25	12:40	18:35
New Creation Road	8:27	12:42	18:37
Certitude	8:32	12:47	18:42
Solar Kitchen (Ex Round About)	8:34	12:50	18:44
Town Hall - Main Parking	8:38	12:54	18:48
Vérité Guest House - Junction	8:42	12:58	18:52
Svaram Musical Center	8:45	13:00	18:55

- Single Trip = ₹100 per person
- Monthly Scheme (Students + AV Workers) = ₹1200
- Monthly Scheme (Students + AV Workers) = (One Way) ₹850

Auroville Vehicle Service
Town Hall, Auroville, 0413 2623302



Join our WhatsApp group of Auroville Bus to get regular updates:

<https://chat.whatsapp.com/Lt43wBCBno1E6CTwoaUt2x>

EMERGENCY NUMBERS



Ambulance (24/7):

Auroville 94422 24680	PIMS 0413 2656271	
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Security (24/7):

Auroville Police Station 0413 2677318	Kottakuppam Police Station 0413 2236148	Vanur Fire Station 0413 2677368
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Health:

Health Center 0413 3509942 & 3509943	Santé 0413 2622803	Farewell 89038 36246
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Mental Health 24/7 Support:

Vandrevala Foundation +91 99996 66555

India Emergency Response Service (24/7): 108