Auroville
NEWS & NOTES

No 1113 - A weekly bulletin for residents of Auroville

19 February 2026

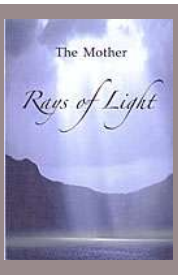
PONDERING

The power of division is unsteady and impermanent.

Union works for a steady power and a harmonious future.

The Mother, 25 April 1969, Human Unity, Words of the Mother III
https://motherandsriaurobindo.in/The-Mother/books/words-of-the-mother-III/#human-unity

Auroville
NEWS
&NOTES
COMMUNITY EDITION



First Edition 1997, Fifth Impression 2011
© Sri Aurobindo Ashram Trust, 1997
Published by Sri Aurobindo Ashram Publication Department, Pondicherry, 605002

Web https://www.sabda.in/

Printed at Sri Aurobindo Ashram Press, Pondicherry

THE BASES OF YOGA

SELF-GIVING

page 30

Above all words, above all thoughts, in the luminous silence of an aspiring faith give yourself totally, unreservedly, absolutely to the Supreme Lord of all existences and He will make of you what He wants you to be.

5 March 1966

SERVICE TO THE DIVINE

There is no greater joy than to serve the Divine.

14 May 1954

*

Whatever you do in life must be done as a service to the Divine and nobody else.
Whatever you are, think or feel, you are responsible for it to the Divine and to nobody else.
He is the sole Master of your being and your life. If in all sincerity you surrender entirely to Him He will take charge of you and your heart will be in peace.
All the rest belongs to the world of Ignorance and is governed by ignorance which means confusion and suffering.

1966

page 31

SURRENDER

The path is long, but self-surrender makes it short; the way is difficult, but perfect trust makes it easy.

*

To surrender to the Divine is to renounce your narrow limits and let yourself be invaded by It and made a centre for Its play.

*

Surrender: the decision to hand over the responsibility of your life to the Divine. This is done either through the mind or the

emotion or the life-impulse or through all of them together.

*

Detailed surrender means the surrender of all the details of life, even the smallest and the most insignificant in appearance. And this means to remember the Divine in all circumstances; whatever we think, feel or do, we must do it for Him as a way of coming close to Him, to be more and more what He wants us to be, capable of manifesting His will in perfect sincerity and purity, to be the instruments of His Love.

page 32

True surrender enlarges you; it increases your capacity, it gives you a greater measure in quality and in quantity, which you could not have had yourself.

TO WILL WHAT GOD WILLS

To will what God wills - that is the supreme secret.

*

The Divine's will is that we should be like channels always open, always more wide, so that His forces may pour their abundance into the mould.

16 October 1954

*

We must lie before the Divine always like a page perfectly blank, so that the Divine's will may be inscribed in us without any difficulty or mixture.

20 November 1954

Curiosity
If we want to be exceptional, let it be through our qualities. - *The Mother*

Holmskioldia sanguinea Retz., Verbenaceae.
Cup and saucer plant, Mandarins-hat, Chinese- hat plant, Parasol flower

NEWS & NOTES GUIDELINES

DEADLINE FOR SUBMISSIONS:

TUESDAY 5PM

The content of News & Notes is a reflection of the growth process of this community towards its ideals of Harmony, Goodwill, and Truth. Editing of submissions, mainly for reasons of space and clarity, is done according to an established policy.

RA NEWS & NOTES - A QUICK GUIDE

What We Publish

- Working group announcements and reports
- Residents' voices and personal sharings
- Free cultural events open to all residents
- Information from essential services
- Content that strengthens community-building in Auroville

Working Groups & Foundation Office Content

- All RA Working Group announcements will be included
- Links to Foundation Office content will be provided without duplication
- Direct submissions from Foundation Office groups will be included as regular content

What We No Longer Publish

- Commercial activities and paid workshops
- Non-community-focused events
- Content from "Activities & Events," "Food, Goods & Services," and "Classes, Workshops and Healing Arts" sections

Exceptions

We may consider including content that falls outside these guidelines if:

- It is submitted exclusively to RA News & Notes
- It has significant community benefit
- It aligns with our service-oriented focus

Submission Guidelines

- Deadline: **Tuesdays at 5pm**
- Email: newsandnotes@auroville.services
- Content must be community-building focused:
  - Open and accessible to all community members
  - Not profit-oriented
  - Contributing to collective growth or well-being
  - Promoting Auroville's ideals and values

- For further information, please **click here** 🙂 to view our complete FAQ document.
- For past issues or to subscribe, visit: auroville.media/newsandnotes

We thank you for your collaboration and understanding.

DISCLAIMER:

Please note that the opinions and views expressed on these pages are solely those of the respective authors or work groups and do not necessarily reflect the position of the editors or the larger Auroville community. The News & Notes aims to provide a platform for the publication of diverse perspectives and voices from multiple sources within Auroville.

While our editors strive to ensure the accuracy of the information presented, we cannot guarantee that all information is free from error or omission. Additionally, we cannot be held liable for any alleged misinformation provided or offence caused by the content published.

In the event of any dispute, we encourage readers to consult with the Auroville Council, and we reserve the right to suspend the publication of disputed material. Our commitment to providing an open and inclusive platform for dialogue and exchange of ideas remains steadfast.

The News & Notes Team
newsandnotes@auroville.services

LIST OF ACRONYMS:

- **AVF** (Auroville Foundation),
- **AVFO/FO** (Auroville Foundation Office),
- **GB** (Governing Board),
- **RA** (Residents' Assembly)

The following groups are divided in two categories: The groups selected by the Residents' Assembly through Community decision making Processes and the groups put together by the GB and the FO *(not recognised by the Residents' Assembly).*

Working groups selected by the Residents' Assembly:

- Working Committee (RA WCom)
- Funds and Assets Management Committee (RA FAMC)
- Budget Coordination Committee (RA BCC)
- Town Development Council / L'avenir d'Auroville (RA TDC)
- Auroville Council (AVC)
- Entry Service (ES)

GB groups:

- Working Committee (GB WC)
- Funds and Assets Management Committee (GB FAMC)
- Budget Coordination Committee (GB BCC / GB BCS)
- Auroville Town Development Council (GB ATDC)
- Housing Service (GB HS)
- Land Board (GB LB)

NOTE FROM THE EDITORS

Dear Community,

Here is some important information:

- If you would like to support the RA N&N, please send us an e-mail at **newsandnotes@auroville.services**.
- Content sent through ***@auroville.org.in*** mail ID will only reach us if you use this **FORM** to submit your content.
- The mail ID to submit content is: **newsandnotes@auroville.services**

Thank you for reading and for your continued support!

In community,
The RA Community Edition News & Notes Team

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WORKING GROUPS NEWS

FROM THE WORKING COMMITTEE

NEW WORKING COMMITTEE

Dear community,

Greetings from the new Working Committee selected by the Residents' Assembly, following the recent one-time selection process.

Please welcome the new members for a 2 year interim term:

- **Anita Gaur** (Prarthna)
- **Elvira Klein** (Pitchandikulam)
- **Jayavel Pargunan** (Acceptance)
- **Krishnaraju Subrayan** (Grace)
- **Valli Senthilkumar** has been selected for a second term (interim), and **Matthieu Gardelle** and **Prashant Hedao** are the two ongoing members.

You can reach us via **workingcom@auroville.services** or office mobile No. **95142 16250**.
We remain at the service of the Residents' Assembly and look forward to the work ahead.

We also thank the Light for Unity team for its work, and wish it strength in its commitment to fostering unity, inclusiveness and collective responsibility within the community.

We extend our heartfelt gratitude to Bharathy, Chali and Aravinda, who have stood by the community and held fast to the principles and responsibilities of the RA in these very trying times. Please let them know you do too!

In service, the Working Committee selected by the Residents' Assembly,
Anita, Elvira, Jayavel, Matthieu, Prashant, Raju, Valli

WORKING COMMITTEE
of the Residents' Assembly
AUROVILLE FOUNDATION

LEGAL UPDATES

Dear Community,

We wish to share with you information on a new and ongoing court cases –

New Writ Petition against the "Residence Criteria":
As per information received by an Aurovilian who has submitted a Writ Petition in the Madras High Court against the Residence Criteria: The matter was discussed for admission on Friday, 13th February, and the High Court has granted an interim stay against these criteria until the next hearing scheduled for 13th March. The Madras High Court order was published on Monday, 16th February, and is available at this link. The Residence Criteria that were announced through a Standing Order in December 2024 are therefore not applicable until there are different orders from the High Court.

Functioning of Residents' Assembly, Working Committee, TDC & ROR:
We take this opportunity to also inform the community that in this month of February the Madras High Court is, after a long period of time since the last hearing in this case, hearing an appeal made by the Auroville Foundation against a verdict by the Hon'ble Justice

Quddhose in August 2022 concerning the Working Committee, the TDC, the functioning of the RA and the RoR.

This case initially received a ruling that the three statutory authorities of the Foundation, namely the GB, the IAC and the RA, should work in mutuality. This ruling also quashed a letter of the OSD of the Auroville Foundation that suspended all Residents' Assembly Decisions.

The Secretary of the Auroville Foundation immediately filed an appeal against this ruling and got an interim stay. The interim stay was later modified by the Chief Justice who stated in his order that "The statutory body [the Residents' Assembly] may not be restrained from functioning." His order also stated that "The Residents Assembly may function as provided under Sections 18 to 20 of the Auroville Foundation Act, 1988."

On Tuesday, 10th February, a hearing on this case took place in the Madras High Court. Only one old petition concerning an office order of TDC issued in 2022 was discussed and disposed of since it is now obsolete in view of the Judgement of the Supreme Court in this matter in March 2025. Another old petition concerning a previous Standing Order for the TDC has been left pending for the next hearing. The remaining part of the appeal concerning the main topic of the functioning of the Residents' Assembly may be discussed in the coming days.

We will keep the community updated about further developments.

The Working Committee selected by the RA
Anita, Elvira, Jayavel, Matthieu, Prashant, Raju, Valli

WORKING COMMITTEE
of the Residents' Assembly
AUROVILLE FOUNDATION

FO GROUPS NEWS

(not selected by due Residents' Assembly process)

FROM THE FO N&N 1118

Please click HERE to read the FO groups' news

COMMUNITY NEWS

COMMUNITY SHARING

ANNOUNCEMENT OF THE NEW RESIDENTS' ASSEMBLY WORKING GROUPS

Auroville, 3rd February, 2026

Dear community,

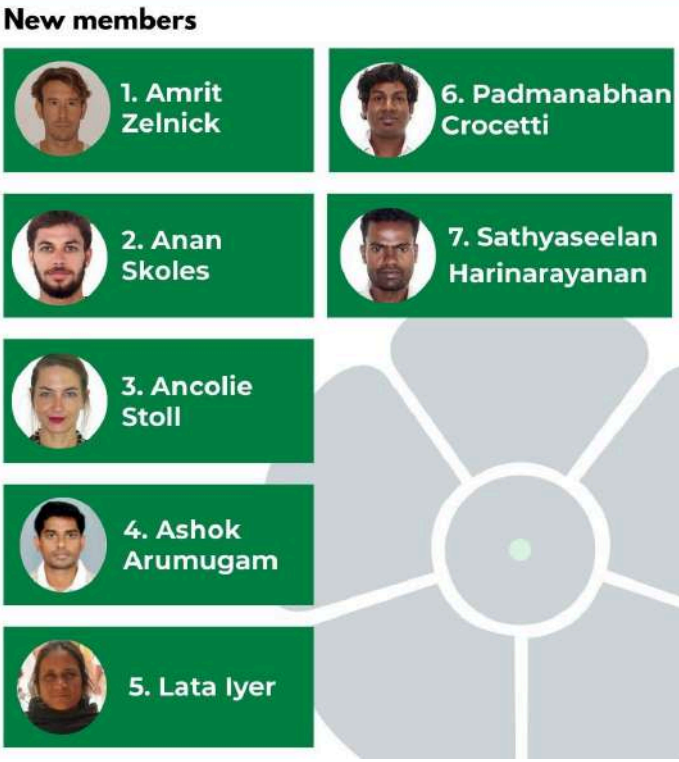
We are pleased to announce that we have successfully selected twenty-five Aurovilians needed to take on responsibility for the Working Committee, the Auroville Council, the Land Board, and the Funds and Assets Management Committee. The FAMC is normally 9 members; however, we have selected 7 Aurovilians to serve at this time.

Here are the selected Aurovilians:

5 new members to join the ongoing members, Matthieu and Prashant, for a complete 7-member Working Committee:

6 new members to join the ongoing members, Ramesh, Sathiya, and Martin L., for a complete 9-member AVC:

Land Board with 7 new members:



Funds and Asset Management Committee with 7 new members:

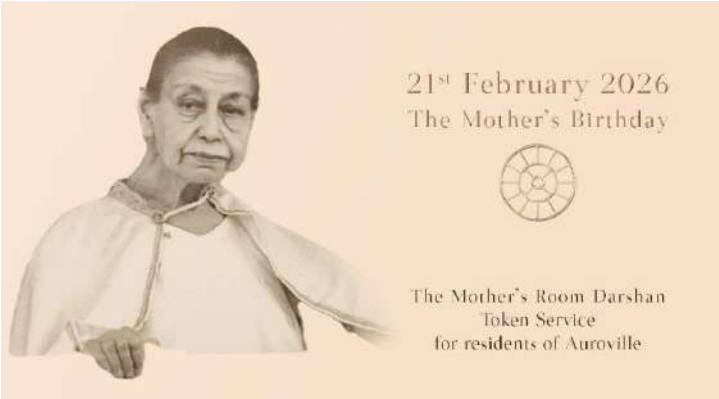
There was rich discussion and not all decisions were unanimous.

We are sharing these results to all the Aurovilians who are being appointed and who gave us their consent to serve the community.

Sincerely,

Amy B., Claudine B., Guna P., Juergen P., Mita R., Rakhal, Shivaya, Suriyagandhi, and Suzie
Temporary Selection Committee

THE MOTHER'S BIRTHDAY
SATURDAY 21ST FEBRUARY, MOTHER'S ROOM



Dear Friends,

To celebrate the Mother's Birthday, the Sri Aurobindo Ashram will open both the Mother's Room and Sri Aurobindo's Room on Saturday, February 21st for a Darshan.

Everyone is welcome.

Below we share with you the options and guidelines for attending the Darshan:

1. **Options for a Room Darshan**

a. **Early Morning Darshan (No tokens required):**
- Join the general Darshan queue from 4am onwards.
- No tokens will be needed until the meditation at the Samadhi begins.

b. **Post-Meditation Darshan (Tokens required):**
- From **6:40am onwards**, tokens will be required for entry.

2. **How do you obtain a token for the Room Darshan?**

- **Volunteers and Guests** of Auroville may collect their tokens directly from the Ashram at the booth near the Ashram Post Office and on the day itself.
  - Please note: You may need to wait or return later at the time indicated on your token.
- **Aurovilians and Newcomers** have the opportunity to pre-register for a token during the timings mentioned below. The Room Darshan with pre-registered tokens will be available from 12pm onward only.

3. **How can residents pre-register a token?**

This goes in two steps:

a. Please come for registration on:
Tuesday, February 10th, and Wednesday, February 11th.
- **Venue: Pitanga**
- **Morning: 9am – 12pm**
- **Afternoon: 3pm – 5pm**

Important Notes:
- Please come in person to register your token. If you are not known to the organisers, please identify yourself as a resident.
- If you are unable to register personally, please send a representative with a written request stating the name(s) and number of tokens required.
- Unfortunately, we cannot accommodate requests made via email, WhatsApp, or telephone. – Sorry for the inconvenience.

b. Please collect your registered tokens on:

Thursday, February 19th, and Friday, February 20th .
- **Venue: Pitanga**
- **Morning: 9am – 12pm**
- **Afternoon: 3pm – 5pm**

- Please note: Tokens that are not collected by 5pm on the 20th will be given to persons on the waiting list.

4. **Transportation:**

The Darshan day falls on a Saturday**.** Please check below for updates regarding the SAIIER bus transport.

We are deeply grateful to the Sri Aurobindo Ashram for their continued collaboration with Auroville in facilitating these Darshan days.

With love,
From Pitanga's team.

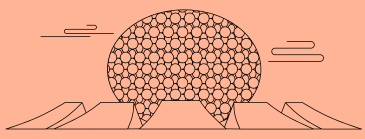
SAIIER BUS ON DARSHAN DAYS
SATURDAY 21ST FEBRUARY

For those using the Auroville bus to have darshan in Mother's room on her birthday, February 21st, the bus will leave from Matrimandir at 3 pm and return from Pondy at 6 pm.

Tokens are required.

The SAIIER bus is for Aurovilians and newcomers going for darshan. All others can board the Auroville Accessible bus, leaving at the same time and following the same Auroville route.

Paulette



BIRTHDAY WEEK AT THE MATRIMANDIR

Almost they saw who lived within her light
Her playmate in the sempiternal spheres
Descended from its unattainable realms
In her attracting advent's luminous wake,
The white-fire dragon-bird of endless bliss
Drifting with burning wings above her days:

Savitri, p.16

21.2.2026

The Mother's Birthday

Morning meditation at the **Amphitheatre, 5:45 – 6:30 am**
Entrance from the Second Banyan Gate (Viewing Point) only.
Open from 5 am
All are requested to be seated by 5:40 am.
Access will be limited to the Amphitheatre and up to 7 am only.

Cellphones, Cameras, Tablets and other recording devices are not allowed in and around the Amphitheatre. All are requested to leave them at home or in their vehicle. Those in possession of such items will have to deposit them at the 'Custody Facility' outside the Park of Unity. Matrimandir Management will try to take utmost care of these items, but will not be responsible for theft or existing damage of items deposited at the "Custody Facility'.

Your goodwill and cooperation are essential in maintaining an atmosphere of peace and silence all through the meditation. Volunteers will be on duty to guide and assist.

Please do not bring your pet to the meditation.

Evening Program

Savitri music
Amphitheatre, 5:30 - 6 pm
Entrance from the Office Gate at 5:15 pm.
Guests are requested to bring along their Aurocard.
Last entry for guests at 5:30 pm.

28.2.2026
Auroville's Birthday

Collective Meditation with Dawnfire
5 to 6 am at the Amphitheatre
Entrance from the Second Banyan (Viewing Point) Gate only.
Open from 4 to 5 am and after 6 am.
All are requested to come early and be seated by 4:50 am.

Please note that during the meditation, from 5 to 6 am the gates will remain closed. Latecomers may join in after 6 am. Access is limited to the Amphitheatre and up to 7 am only. **Cellphones, Cameras, Tablets and other recording devices are not allowed in and around the Amphitheatre.** All are requested to leave them at home or in their vehicle. Those in possession of such items will have to deposit them at the 'Custody Facility' outside the Park of Unity. Matrimandir Management will try to take utmost care of these items, but will not be responsible for theft or existing damage of items deposited at the "Custody Facility'.

Your goodwill and cooperation are essential to maintain an atmosphere of peace and silence all through the meditation. Volunteers will be on duty to guide and assist.

Please do not bring your pet to the meditation.

Evening Program
5:30 to 6 pm at the Amphitheatre

Collective Chanting of Aum
An offering by the school children of Auroville and the outreach schools
All are welcome to participate.

Entrance from the Office Gate at 5:15 pm.
Guests are requested to carry their Aurocard with them.
Last entry for guests at 5:20 pm.

Bonne Fête to all!

HEALTH FUND NOTICE

Dear Health Fund Members, 03-02-2026

The end of the Financial year is approaching and like we do every year, we request you to please submit your medical bills from **April 2025** onwards. If you have any laying around that is.

We need them before or on the 31st of March 2026! That is our last working day for the month of March. **Medical bills from March 2026 can be refunded in April 2026, but only the bills from March!**

Please don't wait till the last day, and do us the courtesy of submitting them as soon as possible.

We would also like to request our members to please submit your medical bills in the month the treatment is received or medicines purchased, and latest in the first week of the next month.
We will start this request from the 1st of April 2026.

We would like the members who have long term/life time medicine prescriptions to please submit us a copy or renew the prescription every 6 months.

In general a prescription should present when submitting medical/medicine bills.

We will be publishing this message every week until March to inform everyone as well as hang them at PTDC and PTPS.

We thank you dearly for your cooperation.

Best,
Auroville Health Fund Team

ASSISTANCE TO AMERICAN SOCIAL SECURITY RETIREES AND APPLICANTS

Greetings,
I am Gary, a Friend of Auroville, from America whose career was with the Social Security Administration, the primary USA retirement and disability system.
Should any in Auroville be potentially eligible or receiving its benefits and have questions I would be happy to volunteer my assistance. Its Supplemental Security Income (SSI) program may also be of interest should future US residence be contemplated.

Please first email me a synopsis of your concerns at gary@ionet.net as well as your WhatsApp number. **Put *Auroville/SSA* as the subject line of your email.**

I will be in Auroville till mid-April but can also respond remotely once back in the US.

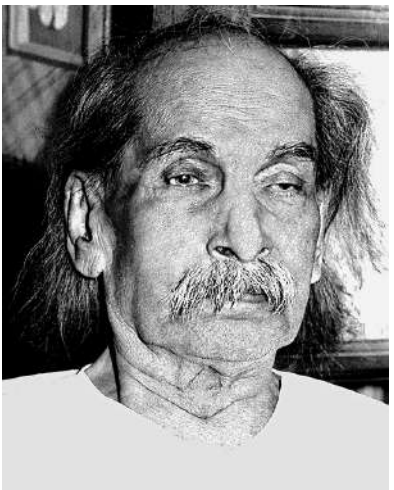
Thank you.

MATRIMANDIR NEWSLETTER - FEBRUARY 2026

RESIDENTS SPEAK

"PARADISE ON EARTH"

Sri Aurobindo Ashram, 1973. An unknown woman of a regal beauty (Mother's granddaughter) walks straight to me; two hours later she escorts me to Nolini Kanta Gupta's room, whom Sri Aurobindo saw as the third one on the supramental path. He asks what I have read of Sri Aurobindo, I reply "The Doctrine of Passive Resistance" (Alipore Conspiracy Case exhibit). Our eyes meet, I see the Infinite… Never again was I able to speak to him; daily, at 5 pm, he did pradakshina around the samadhi, I waited there with a flower taken from the Samadhi; we looked into each other's eyes without exchanging a word. Their Path is real.



Non-material initiation. The highest satsang is silence, as in Dakshinamurti's teaching, the guru of gurus. In one's soul's vastness the psychic threads the Path: one's only guide.

In the wordless, luminous presence of great sadhaks I tangibly felt the Masters. Indra Sen, professor of psychology at Delhi University, the foremost Jungian in India. He introduced the concept of integral psychology even before joining the Ashram. Sri Aurobindo asked Nolini to read him every page the professor wrote; but when Sen settled in Pondy, for ten years the Mother made him water plants and look after the Ashram Press's machines. Birendra, freshly graduated at Calcutta University; the Mother made him sweep and count bananas for the next sixteen years. Fiery-eyes Parichan, in charge of the Ashram gardens; weeds grew all over his yard, by the end of the day his white clothes turned red: he had no time for his person, the place where he lived. Kishor Gandhi, whom the Mother appointed as the sole editor of Sri Aurobindo's "Letters on Yoga", three volumes; he lived in a tiny room he never changed for a better one, from there he could glimpse Mother's room.

Her sadhaks are this.

Rishabchand wrote a biography on Sri Aurobindo nationalist and a fantastic compendium on Integral yoga for the American audience; both on Mother's request, still are reprinted – but his day-to-day job was to look after the carpentry department. Isn't this the place where doctor Nirod, Savitri's scribe, commenced his yogic career? Rishabchand gave up family and most successful business to live in a few square meters room padded with books. Every afternoon I entered it, to type on Rishabchand's typewriter notes from his biography; he was no more, but his towering presence was everywhere. He had a friend, Purod-da, small, with a child-like face and enchanting smiling eyes: a sweeper, like Birendra. They met every evening to read "Savitri"; when this reached a peak, Rishabchand turned to his friend... invariably asleep, after a full day work for the Mother...

Integral Yoga is an irreversible call that makes drop everything, whatever one's owns and has achieved. Watering plants, working with machines, counting bananas, sweeping the Ashram

compound, looking after the carpentry workshop, just anything the Mother asks. The Italian countess Marta Avogadro lived in one room and worked at the Ashram Press's binding section. "After wasting all my life playing bridge and canasta, only now I am learning to live" the grand lady once commented, laughing.

No priests and classes. No 'teachers', 'counsellors', 'lecturers'. No one can give you clothes if you can't make your own, warned the Mother. Everything is within, no need for external crutches. Utterly alone: the Divine – and oneself. Eternal, immortal, Jivatman!

My only teachings, those magic years, were Sri Aurobindo's "Last Poems", Mother's "Prayers and Meditations" – and the love, empathy, compassion, ineffable peace her sadhaks exuded. Teaching by silent example loyalty, humility, unconditional surrender.

No need to speak: everything is within. Who can define the Eternal, give classes about the Ineffable? We are, the One.

Sat-chit-ananda.

There is but one's daily offering, year in and year out. The yearning and ecstasy of untamed psychic beings is all one needs, the fragrance of flowers growing by humbly serving the Mother.

The great sadhaks and scholars, irreplaceable, are no more. When the few of us, initiated into that world, will be gone as well, who will tell our children and grandchildren what the Sri Aurobindo Ashram was, and the Auroville of the pioneers? How real they were? And that this is the inescapable future?

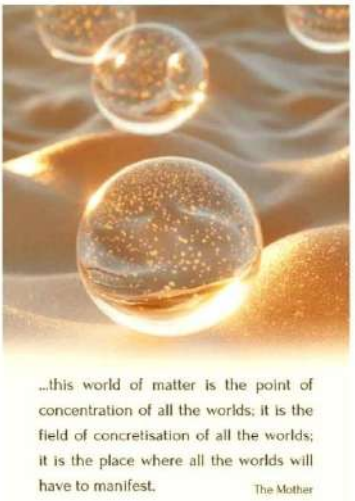
Paulette

UNDERSTANDING THE EXPONENTIAL SURGE OF AI

Chapter One:

On demonstrating and understanding the powerful intense transformative impact of the explosive progress of our AI InfoComm Assistants from the vantage point of the Integral Supramental Yoga, I submitted to Google Gemini for analysis a comment I gave to another Aurovilian's post in our internal Auronet social platform. Look carefully at how it crawls and deep-dives into all the sources of information and delivers a commentary, in 3 seconds: https://g.co/gemini/share/16c881901f10

Always remember, this world of Matter, with all its manifest forms including AI/AGI and robotics and our own Homo sapiens body, are visible and tangible tools of expression and engagement of all sorts of beings-consciousness-forces...



Note: To continue with the full post and easily access the links, please scan the QR Code or go to this blogsite and open the post with the same title: https://zechjoya.blogspot.com/

Zech

THE AVATAR'S MODEL TOWN

"...The work of achieving a continuity which permits one to go up and down and bring into the material what is above, is done inside the consciousness. He who is meant to do it, the Avatar, even if he were shut up in a prison and saw nobody and never moved out, still would he do the work, because it is a work in the consciousness, a work of connection between the Supermind and the material being. He does not need to be recognised, he need have no outward power in order to be able to establish this conscious connection. Once, however, the connection is made, it must have its effect in the outward world in the form of a new creation, beginning with a model town and ending with a perfect world."

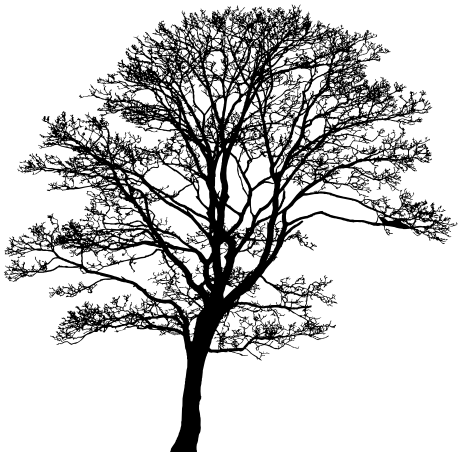
THE MOTHER, *The Supramental Realisation, 1930-1931*

With this quote commenced, forty years ago, my work of research and documentation on what city, Matrimandir, lifestyle and guidelines the Mother determined for Auroville. Alain Bernard and Bhagavandas, in charge of SAIIER, used a leftover budget of Rs.25,000 (at the time, quite a sum) to distribute to the entire community my first compilation, " The Avatar's model town", photocopied and abundantly illustrated.

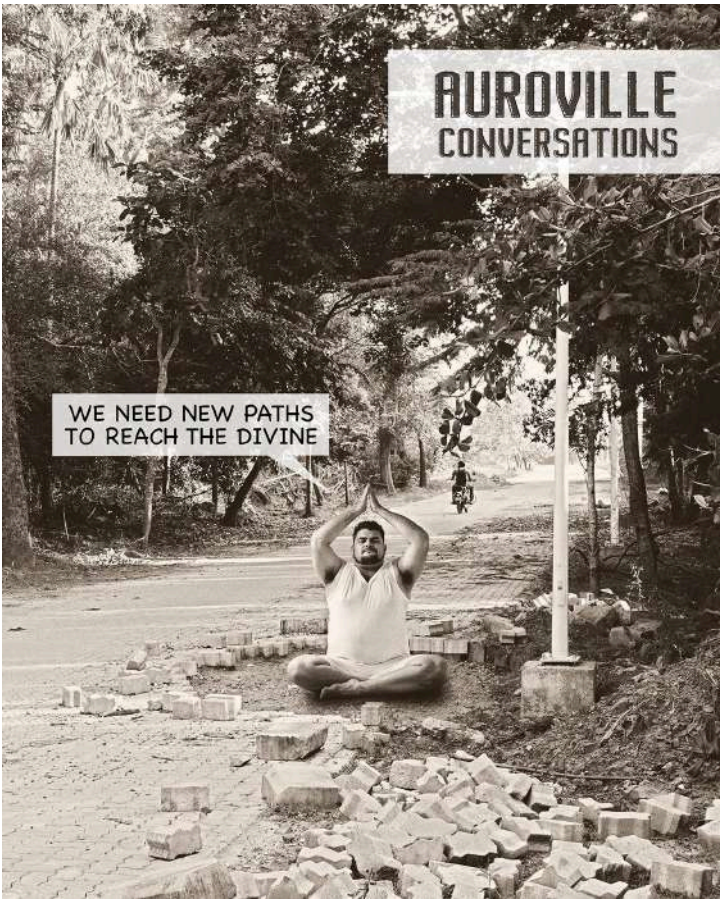
The umbrella was the Laboratory of Evolution/Centre for Human Unity, instituted by Kireet Joshi and funded by the GOI; but my occult inspirer and model was Shyam Sunder, Mother's secretary for Auroville, who used to meet her daily for this purpose and received over 4000 letters and messages from her. He was her last hope, Mother wrote to him. We had never met, but on request of Abey Patel ("Sri Aurobindo's Action") Shyam Sunder granted me the visa so that on Mother's Centenary Day, on the roots of the samadhi tree, I consecrated my life to Integral Yoga and Mother's Auroville. Shyam Sunder, the very embodiment of Mother's guidelines, occultly knew what role I would play in Auroville. He set my svadharma.

"The Avatar's model town" – Mother's announcing the supramental realisation in 1930-1 – is the most perfect definition of Auroville. The Avatar and its circle: these are the builders.

Paulette



AUROVILLE CONVERSATIONS



Submitted by an Aurovilian

FRENCH NEWS & NOTES

NOUVELLES D'AUROVILLE

Auro – Traductions

19 Février 2026

Click on date or scan the QR code to read the **French** News&Notes.

INNER JOURNEY

INTRODUCTION TO THE INTEGRAL YOGA OF SRI AUROBINDO AND THE MOTHER

Tuesday 24th February, 9 am - 12 noon
Focus: The Supermind

Led by Ashesh Joshi

Place: Mirabelle Education Centre, Auromodele
Ph/Whatsapp: 94891 47202 (Please register)

All are Welcome

SAVITRI SATSANG WITH NARAD

EVERY TUESDAY, 04:30 - 05:15PM

In this deep exploration of Savitri we will study:

1. The mantric basis of Savitri
2. The importance of iambic pentameter in epic poetry
3. The wealth of definitions in Savitri from Sri Aurobindo and Mother
4. Music and alliteration in Savitri
5. Words defined from the 'Lexicon of the Infinite Mind'
6. The Mother's Words on Savitri

At Savitri Bhavan - Square Hall.

All are welcome to join.

Narad

OM CHOIR WITH NARAD

EVERY TUESDAY, 05:30 - 06:15PM

Please join us in this collective aspiration, in the form of united prayer.

No prior singing experience is required.

At Savitri Bhavan - Square Hall

AMPHITHEATRE - MATRIMANDIR

MEDITATIONS AT SUNSET WITH SAVITRI

Every THURSDAY
from 5:30 to 6:00pm

(weather permitting)

Savitri, Sri Aurobindo's long mantric poem, read by Mother to Sunil's music are *on* weekly for everyone to concentrate in this beautiful open space in the very center of Auroville.

- **Reminder to all:** The Park of Unity is a place for silence, meditation, and inner work and is to be used only as such. We request everyone: please do not use cameras, tablets, cell phones, etc. No photos.
- **Guests with Aurocard** wishing to attend must book at https://bit.ly/savitri-reading one or two days in advance or the very day before 11am. Please bring your Aurocard with you.
- **Access by Office Gate** for the Amphitheatre only from 5:15pm. Guests are requested to bring along their Aurocards. Last entry for guests at 5:30pm. Access limited for guests to the Amphitheatre.
- **Last exit for guests** at 6:15pm.

Velmurugan for the Access Team

VIBRATIONAL SOUND BATH

SOUL NURTURING MEDITATIVE EXPERIENCE WITH THE ORIGINAL RUSSIAN SINGING BELLS

These are sounds of the Beginning
These are sounds that cradled the worlds

Harmonious play of rich powerful tones and strongly resonating overtones invokes a profound state of inner peace, tranquility and self-healing, bringing deep physical and psychological relaxation.

Open Group - Everyday 3:00 - 4:30pm

At Mirabelle Education Center, Auromodele, Kuyilapalayam

Led by Vera (Instagram - Vera.Auroville) and Ashesh Joshi

Please register in advance

Ph/WhatsApp: +91 94891 47202, +91 94862 47202

(Private sessions on request at other timings)

HEALING PRACTICES FOR TRAUMA FROM THE PERSPECTIVE OF INTEGRAL YOGA

WHAT IS TRAUMA?

In the light of Integral Yoga, trauma can be seen as a deep imprint left on our being by experiences that overwhelm our ability to assimilate, integrate, or respond harmoniously. More generally, trauma refers to the physical, psychological, and emotional response to deeply distressing or disturbing events that exceed a person's capacity to cope. It is the lasting impact of experiences that threaten one's safety, identity, or wellbeing, or that fall outside the range of typical human experience.

Causes of Trauma

Life events causing trauma may be personal or collective: sudden shocks, long-term stress, abuse of power or authority, violence of any type (physical, emotional, or psychological), extreme pressure, painful relationships (personal or professional), political abuse, threats, displacement, loss of loved ones, loss of home or work, forced changes, witnessing violence, accidents, illness of oneself or others, diagnosis of a serious disease, and many other situations.

Healing Practices for Trauma from the Perspective of Integral Yoga

There are a few ways, inspired by Integral Yoga, to approach trauma with gentleness and the Mother's presence. These are not quick fixes, but steady movements of consciousness that invite healing and transformation over time.

#15 A soothing night Practice after experiencing Trauma

Before sleep: lie comfortably, relax the body with slow breaths. Place your hands on your heart or sides. Turn inward to the Mother, feeling Her as light or presence. Whisper:
"Mother, I give myself to You for the night. May Your peace protect and heal me."

Review the day without judgment and place all burdens in Her hands:
"Mother, I give You this day. Please transform all that was troubled into peace and light."
Visualize Her light descending like a veil over you, surrounding body, nerves, and mind. Fall asleep repeating: *"Mother, I rest in You."* Over time, this practice brings peace to the subconscious, calms dreams, and lessens inner burdens.

This series was a weekly offering by an Aurovilian therapist, to help people to engage with their personal healing.

ANNOUNCEMENTS

SEED SAVING - WHY & HOW, A SHORT COURSE

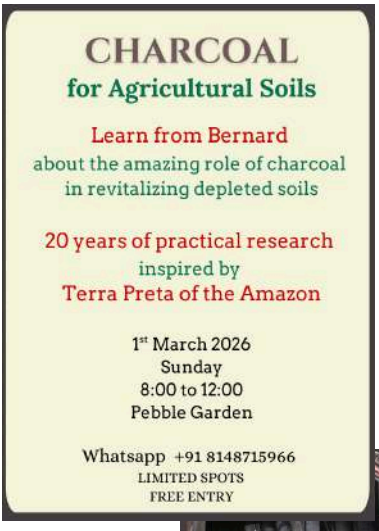
SUNDAY 22ND FEBRUARY, PEBBLE GARDEN

Seed Saving - Why and How - learn from Deepika about why seeds concern us all today and everything about practical seed saving.

Sunday 22nd February 2026, 8:00 to 12:00, Pebble Garden, WA 81487 15966 to Register

CHARCOAL FOR AGRICULTURAL SOILS

SUNDAY 1ST MARCH, PEBBLE GARDEN



Charcoal for Agricultural Soils - Learn from Bernard's 20 year study and practice.

Sunday 1st March 2026, 8:00 to 12:00, Pebble Garden, WA 81487 15966 to Register

THE INNERBEING PROJECT: SACRED COUPLE: THE FIRST STEP TOWARDS HUMAN UNITY

Dear friends,

The "Sacred Couples" series, initiated by The InnerBeing Project, aims to highlight how the complementarity between two beings — in affective intimacy as well as in work — becomes sacred when it gives birth to a new space from which they can draw knowledge and inspiration in return.

Although this new "organism" has been created by the presence of both, through their benevolence, their love, and the understanding of their own individual mechanisms, it no longer belongs to either of them: it exists and manifests autonomously, for the benefit of both. In this space — far superior in quality, power, and magic to the mere addition of their individualities — they draw at will new abilities for their own spiritual path.

Thus, to the extent that the couple constitutes the first social cell after the isolated individual, this new collective body could well prefigure a larger collective. A collective where individuals would come together and work with mutual love and attention, until creating a new subtle organism that would belong to no one in particular, but would exist for the benefit of all — a space from which each could freely draw their inspirations.

Discover how each of us, in a conscious relationship with our partner, contributes to the building of this larger collective that will lead humanity toward its new reality.

https://innerbeing.world/couples/

Since these 2 videos are in French, please, activate your preferred language subtitles in your parameters

Dan, for the InnerBeing Project

JIVA AUROVILLE

A platform of Aurovilles therapists for therapy, workshops, classes, webinars and professional training.

Regular offers

- Natural Horsemanship & Horse Assisted Therapy : Daily 8 - 10 am, 4 - 6pm
- Sunday JIVA Breathwork: Sundays with Sigrid: 3:30 - 7pm
- Cosmic Dance Wave: Saturdays with Sandyra: 5 - 6:30pm
- Integral Regression Therapy Sessions with Sigrid.

Upcoming workshops

- **22nd February** Flow Game with Sandyra
- **21st, 22nd February** Inner Child Work Workshop with Sigrid, 9:30am – 12:30pm
- **7th & 8th March** Transforming Trauma with Sigrid, 9am - 12:30pm, 2- 3:00pm

Stay with us, by joining our Webinars !

contact@auroville-jiva.com / WA 96260 06961
www.auroville-jiva.com Your journey in healing and transformation

AUROVILLE STORIES: 2068 – THE FIRST 100 YEARS

- SIX-WEEK STORYTELLING PROJECT (TUESDAYS FROM 27TH JAN - 3RD MARCH, SUNLIT PATH)

AUROVILLE STORIES: 2068 – THE FIRST 100 YEARS

PUBLIC SHARING/SCREENING (SUNDAY 8TH MARCH, MMC, TOWN HALL)

The **Auroville Stories: 2068** storytelling project has begun! Over the coming weeks, a diverse group of participants will craft **short, realistic, and hopeful "future memories"** from Auroville's 100th anniversary in 2068.

These stories will explore how we might grow through today's challenges and more fully embody Auroville's aspiration of **human unity and a city the Earth needs**. The project is intentionally **apolitical** and focused on imagination, listening, and possibility rather than debate.

Please...

- **Save the date and help spread the word** about the public sharing and screening of selected stories from the project on *Sunday, March 8 | 10:00–12:00 | MMC Cinema.*
- **Join our WhatsApp Community** to receive updates and announcements at *https://bit.ly/AVStories26 or QR code.*
- **Contact Daniel Greenberg** at daniel@ic.org or +91 92172 52447 if you'd still like to participate — it's not too late!

Let's keep imagining — and remembering — and building — our future together.

ASHTANGA YOGA CLASSES WITH MONICA

MONDAY TO SATURDAY, PITANGA

Ashtanga Yoga

with Monica Marinoni

KPJAYI Authorised
Level 1 & 2 teacher

Monday - Friday
9am — 11am (self paced)

Saturday
9.40am — 11.10am
(led primary series)

NO classes on:
Sundays,
New & Full Moon days,
Public holidays

Ashtanga Yoga, practiced in its correct sequential order, gradually leads the practitioner to rediscovering his or her fullest potential on all levels of human consciousness: physical, psychological, and spiritual.
Through the practice of correct breathing (Ujjayi Pranayama), postures (Asanas), and gazing point (Driste), one gains control of the senses and a deep awareness of oneself. By maintaining this discipline with regularity and devotion, one acquires steadines of body and mind.

Classses with prior registration only. No drop-ins.
Booking with the teacher only:
marinonimonica@gmail.com — QR code

More information:
www.monicamarinoniashtangayoga.com
or WhatsApp +39 3917254083

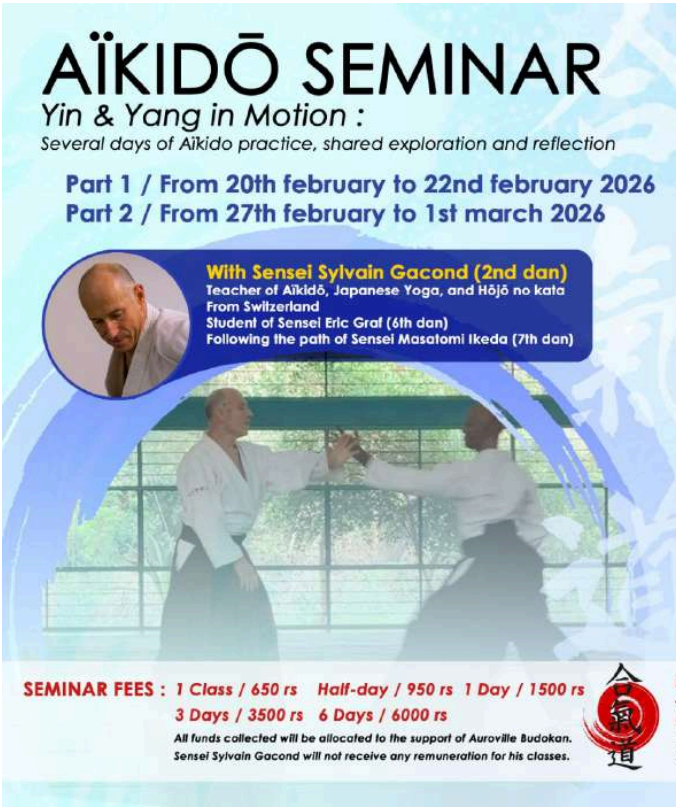
Pitanga Cultural Centre, Samasti, Auroville 605 101 | info@pitanga.in | 0413 - 2622403, 9443902403
A service unit of the Auroville Foundation, Health and Healing Trust branch, | GSTIN: 33AAATA0037BY3N

JAPANESE YOGA

16TH FEBRUARY - 1ST MARCH, BUDOKAN, DEHASHAKTI

AÏKIDŌ SEMINAR - YIN & YANG IN MOTION

- PART 1: 20TH - 22ND FEBRUARY
- PART 2: 27TH FEBRUARY - 1ST MARCH, BUDOKAN, DEHASHAKTI



Friday 20th February & Friday 27th February

- 6 to 7:30 AM / Aïkido
- 8 to 9 AM / Aïkitaiso

// Lunch Break

- 2:30 to 3:30 PM / Japanese Yoga
- 3:50 to 4:50 PM / Children class / Teacher training
- 5 to 6:30 PM / Aïkido

Saturday 21st February & Saturday 28th February

- 6 to 7:30 AM / Aïkido Advanced (21st only)
- 8 to 9 AM / Weapon class(21st only)
- 7:30 to 9 AM / Aïkido & Weapons (28th only)

- 9 to 10 AM / Aikitaiso

// 12 to 1:30 PM / PotLuck

- 2 to 3 PM / Aïkido Advanced
- 3 to 4:30 PM / Aïkido
- 4:30 to 5:30 PM / Japanese Yoga

Sunday 22nd February & Sunday 1st of March

- 8 to 10 AM / Aïkido
- 10 to 11:30 AM / Japanese Yoga

// Lunch Together

(For every class, please come 10mn earlier)

Where?
Auroville Budokan, Dehashakti
Auroville, Tamil Nadu, 605101, India.

More info and registration:
with Philippe: **+91 83 006 43963**
Murugan: **+91 99 528 12843**
or Michael: **+33 6 220 53932** (WhatsApp)
by e-mail: **budokan@auroville.org.in**

Auroville Budokan

THE COLOURS OF NATURE GUIDED TOURS, WORKSHOPS & DISCOUNT SALES

30-minute guided tours in the mornings before 11:30 AM or at 4:30 PM. The fee is 1000 INR per person.

Workshops are hands-on textile sessions where you create beautiful patterns with your own hands—relaxed, friendly, and full of discovery.

- 💚 **Shibori + Indigo (Resist & Dye)** - Fold, bind, wrap, and stitch your fabric to create resist patterns—then you will dye your finished piece in an indigo vat, revealing bold blues and unexpected details. Every result is unique.
- 💚 **Batik + Indigo (Wax Resist & Dye)** - Learn the basics of wax-resist: draw and build your design with wax, create layers, and prepare your cloth—then you will dye your batik piece in indigo to bring your pattern to life with depth and contrast.
- 💚 **Embroidery Workshops** - Slow down and enjoy the rhythm of the needle. Learn foundational stitches and techniques to add texture, detail, and personality to fabric—perfect for beginners and for anyone who loves craft.

Important note:
For now, we are not offering workshops on how to prepare dyes from raw plants (those processes take many days—sometimes weeks—and we're still developing the right format to teach them properly).

Beginners are very welcome—no experience needed. Come with curiosity, leave with something you made.

Reserve your spot. Limited places per session: mob: 63796 61916 / https://northwestauroville.cynergy-software.com 🌱

SOLITUDE FARM CAFÉ – 20 YEARS OF LIVING FOOD CULTURE

FREE GUIDED FARM TOURS EVERY SATURDAY

For over 20 years, Solitude Farm Café has been a living example of local and traditional food systems in Auroville. Rooted in cultural and nutritional heritage, the café prepares food using a wide diversity of edible weeds, tubers, flowers, leaves, roots, stems, seeds and seasonal vegetables, all grown through natural, non-interventional farming practices.

The food is deeply nutritious and full of distinctive flavour, while also addressing the ecological cost of industrial agriculture—monocropping, long food miles and heavy carbon footprints—by growing and cooking what truly belongs to this land.

Solitude serves breakfast and lunch daily, offers a daily local food thali lunch as an alternative lunch venue, and offers a Lunch Scheme for Aurovillians not on city service maintenance. A small farm shop on site sells Ayurvedic powders, jams, pickles and fresh farm produce.

Free guided farm tours take place every Saturday at 11:30 am, sharing the narrative of natural farming and the reclaiming of cultural nutritional heritage.

We look forward to receiving more Aurovillians at the farm.

Team Solitude Farm Café
98433 19260
solitudepermaculture@gmail.com

HIVE COWORKING SPACE

OPEN HOUSE EVERY FRIDAY, AUROMODE

Are you looking to work, study, create or simply connect with like-minded professionals in a serene place? Step into Hive and experience the Cosy workspace with super-fast Internet, Coffee -

-**All for FREE** on our Open House.

- Venue: Hive, Auromode
- Time: 9 am - 7 pm
- Visit us at www.auromode.in/hive-coworking for more details on our plans and facilities.
- For inquiries: auromodehive@auroville.org.in / +91 90427 59540 (WA) / +91 70921 97375 (WA) or drop by.

All are Welcome!!!

FREE AI MASTERCLASS FOR ALL

EVERY SATURDAY, HIVE, AUROMODE

Are you looking to transform your future and career with AI? Come Join our **Free AI Masterclass** at Hive Coworking Space facilitated by S M Pandi Subramanian, founder of Enthiram.AI, with over 20 years of pioneering work in AI innovation and solutions.

Open for all, no prior experience needed.

Contact: +91 98867 40850 / auromodehive@auroville.org.in

WHAT'S HAPPENING AT COFFEE IDEAS (FORMER MARCS CAFE)

- We are **open every day throughout January and February**, including **Pongal holidays**, from **8:00 am to 8:00 pm**.
- We are **resuming our Friday music evenings** on the **rooftop**.
- Our **rooftop is open for self-service from 8:00 am to 8:00 pm**, with **fast internet**, making it a great space to work or simply relax.
- We are hosting **Fermentation Classes every Saturday from 10:00 am to 12:00 pm**. *Pre-booking is mandatory.*
- **Tuesday Morning (8-12) Special 50% discount for AV and NC** on selected products!
- Some coffees always at cost price, check out which ones !

Coffee Ideas (former Marcs Cafe) Team

SUPPORT NEEDED

BE PART OF THE STORY : SUPPORT THE MULTIMEDIA CENTRE AUDITORIUM - CINEMA PARADISO

Keep Cinema Paradiso's Magic Alive – Join Us!

Multimedia Center Auditorium – Cinema Paradiso (MMC-CP)

Community cinemas like ours thrive on the passion of audiences like you. At Cinema Paradiso, core funding barely covers basic maintenance—we pour our hearts into everything else, from fuel to vital upgrades. Post-COVID, budgets vanished, costs skyrocketed, and fewer events slashed our income. Even generator expenses, once externally funded, now land squarely on us.

To sustain the screenings that light up our nights, we're aiming for 8 Auroville units. **Thrilled to share: FIVE units are already championing us with ₹3,000/month or more each!** We warmly invite **THREE more units** to join this vital circle. Film lovers and individuals, your support counts too—every contribution fuels the magic.

Indian nationals and Auroville unit holders (any nationality) can donate easily via recurring or one-time gifts through the Unity Fund at our Financial Service—straight to MMC – Cinema Paradiso (FS Account #105106). Skip direct payments to avoid our 18% GST burden (though they're welcome if easier). Non-Indian nationals in or beyond Auroville, reach out to AV Unity Fund at Financial Service for seamless guidance.

Your gift keeps the reels turning, sparks joy, and weaves stronger community bonds. **Be the hero in our next chapter—what's your story?**

With deepest gratitude,

Thanking you
MMC-CP Team

AVAILABLE

SKILLFUL HOUSEWORKER AVAILABLE

Due to circumstances beyond her control, Eshama, a very capable houseworker from Kottakarai, is looking for work for three afternoons per week.
Eshama has been working long years for the late Janet Fearn as well as for other long-term Aurovilians, and lately also for some Mahalakshmi Home residents.
She is a swift worker, has a pleasant presence, has a bike and phone, and has picked up quite some English throughout the years. Can recommend.

If you need an 'amma' for Tuesday, Thursday or Saturday afternoon, get in touch with Mauna, 94431 68323, phone & WA. Thanks!

COFFEE GROUNDS TO SHARE

Dear all,

We have plenty of coffee grounds to share with anyone who would like to use them for adding to compost.

Please bring your own plastic container or bucket, and we'll be happy to fill it for you.
All you need to do is drop it off and pick it up a few days later.

Just send a word to let me know,

Matilde
matilde@coffeeideas.in

LOOKING FOR

AUROVILLE BIRTHDAY WEEK IN MATRIMANDIR - SEEKING VOLUNTEERS

Dear friends,

We are about to celebrate both Mother's birthday (21/02) and Auroville Birthday (28/02). To manage the people coming for these events, Matrimandir is in need of at least **12 volunteers** each time to help guide the people attending the morning meditations and bonfire.

If you are willing to contribute to these events by volunteering, please write to matrimandir@auroville.org.in and give:

- the date(s) you plan to volunteer
- your phone number.

Thanking you in advance for your contribution,

Warm regards,
Matrimandir Executives

A 3/4 SIZE CLASSICAL GUITAR

Dear friends,
By chance, does anyone have a 3/4 size, classical guitar they're not using looking to borrow or buy.

Please let me know on 80720 53484
Thanks very much, Yours *Krishna*

Official site - http://www.emergencetheband.com
Links - http://about.me/emergencemusic

I have no doubt, Emergence and all they represent, will in the next couple of years becomes a leading name on the international stage."

- Eddie Scott (former-promoter Pink Floyd)

YEAR LONG HOUSING

Dear Community,

Devna here :)
To *finally* get on with my Newcomer process (yes, I know, it only took me 8 years of being in AV to reach this stage), I am seeking a year long housing agreement ideally in the **Residential Zone**.

As a single woman, with only a cycle for transportation, I would very much need to find a furnished home (with a private kitchen) close to my place of work (the Library) and other amenities. A very organised/fastidious, clean, responsible, and domesticated person that likes to be at home quite a bit, one can be sure that a space will be very much appreciated and cared for. (I have many references over the 8 years/20+ spaces I've stayed in, please don't hesitate to ask!)

If you know/hear of something, do contact me at danjummy@gmail.com

In hope for a suitable year long roof to thrive better/stay in Auroville,

Thank you in advance! ☺️

A SECOND HAND LADIES BICYCLE

I would like to purchase a second hand ladies bicycle in good condition.
Please contact me via sigridauroville@gmail.com or Whatsapp 96260 06961,

Thank you, *Sigrid*

TAXI SHARING - AUROVILLE TO CHENNAI

SATURDAY 21ST MARCH 2026

To stay ECO FRIENDLY am very willing to share a taxi from **Auroville to Chennai airport** on **Saturday 21st March 2026**.
Departure from Auroville Town Hall at around 8:030PM (20:30).

Please contact via WhatsApp +34685673777 or email: srimaa221@gmail.com

LOOKING FOR THE BLONDE MAN (3 ENCOUNTERS)

I am looking for a blonde man with long hair on a motorcycle/scooter. We crossed paths three times last week: twice on the road and once in the Matrimandir Inner Chamber.
I really want to find you before I leave.

If you see this or if anyone knows him, please contact me: WhatsApp +905464867134, telegram @tamara_kyrychenko, email tamara.kyrychenko@gmail.com.

LOST & FOUND

LOST - MOBILE

My name is Olga from Russia.
I am a traveler and staying in Auroville for 1 month.

I lost my mobile phone **OPPO White on Tuesday 13th January at 1430 pm on the kuilapalayam main road.**
Please contact : +9195005 08768. *Olga*

Thanks in advance.

WORK OPPORTUNITY

🎬 JOB OPENING: CINEMATOGRAPHER & FILMMAKER (PART-TIME)

AURORA'S EYE FILMS | AUROVILLE, TAMIL NADU

Aurora's Eye Films is an independent film studio based in **Auroville**, creating documentaries, web series, and visual stories rooted in **conscious living, sustainability, community, and human connection**. We are looking for a **skilled and sensitive Cinematographer & Editor** to join our team on a **part-time basis**.

This role is ideal for someone who enjoys working on meaningful, real-world stories and is comfortable in both collaborative and self-directed environments.

🌿 **Role Overview**

As a Cinematographer & Filmmaker, you will be involved in the visual creation of films from concept to completion — including shooting, visual storytelling, and occasional editing support. Projects may include documentaries, interviews, community films, social impact stories, and web series.

🎥 Key Responsibilities

- Cinematography for documentaries, interviews, and short films
- Operate camera, sound, and basic lighting setups
- Collaborate on visual storytelling and shot design
- Assist in pre-production planning (locations, framing, mood)
- Occasionally support editing, colour grading, or post-production workflows
- Must have own camera

🛠️ Skills & Experience

- Strong cinematography and camera operation skills
- Experience in documentary or independent filmmaking
- Basic knowledge of sound recording and lighting
- Familiarity with editing software Premiere Pro
- Ability to work independently and as part of a small creative team
- A good visual eye, patience, and attention to detail

📩 How to Apply

Please send:

- A short introduction about yourself
- Links to previous work or showreel

Email: serena_aurora@auroville.org.in
Website: www.auroraseyefilms.com

love and light
Serena

Aurora's Eye Films

WORKSHOPS

CREATIVE VOICE SOUND HEALING

EVERY THURSDAY, HALL OF LIGHT, CREATIVITY

INTEGRATING VOICE SOUND WITH SPIRIT

SATURDAY 21ST FEBRUARY, HALL OF LIGHT, CREATIVITY

🌿 How Singing Heals

1. **Nervous System Regulation**

Singing naturally slows and deepens your breathing. This activates the parasympathetic nervous system (your "rest and restore" mode), reducing stress and anxiety.

- Longer exhales calm the heart rate
- Steady rhythm stabilizes emotions
- Humming stimulates the vagus nerve

Even 5–10 minutes can shift your state.

2. **Emotional Release**

Your voice is directly connected to emotion. When you sing:

- You give feelings a safe outlet
- You process grief, anger, or joy through sound
- You reduce emotional suppression

Many people notice they cry or feel lighter after singing deeply — that's release.

3. **Hormonal & Brain Benefits**

Research shows singing can:

- Increase endorphins (natural painkillers)
- Boost oxytocin (bonding hormone)
- Lower cortisol (stress hormone)

Group singing especially strengthens connection and reduces loneliness.

4. **Vibrational Healing**

Sound is vibration. When you sing, your body physically resonates.

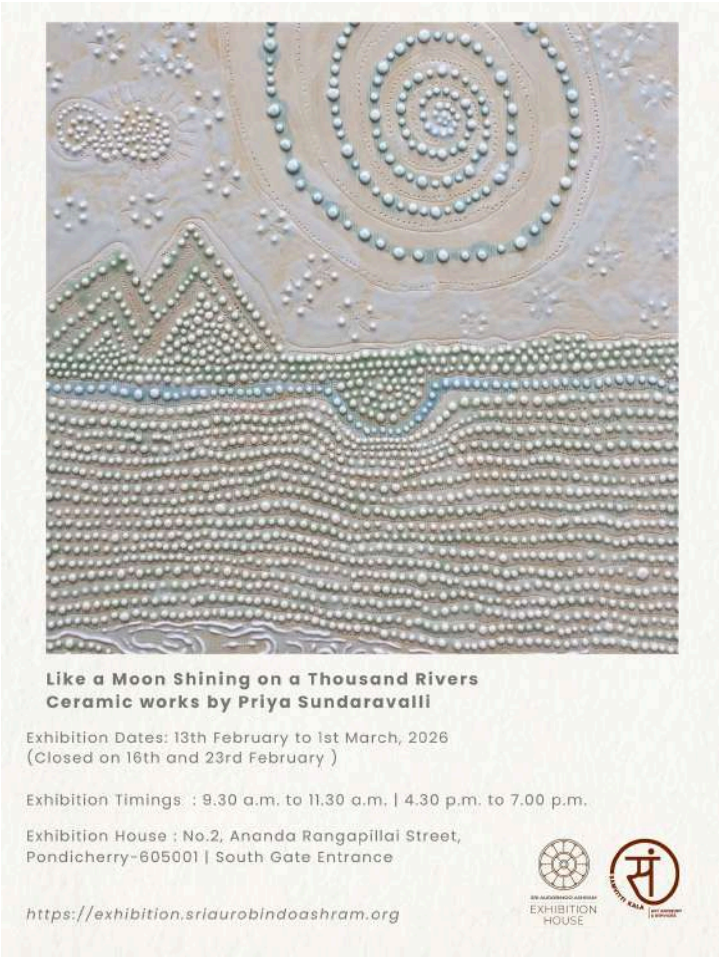
- Chest tones stimulate the heart area
- Humming vibrates the sinuses and skull
- Deep tones ground the body

Practices like mantra chanting in traditions such as **Buddha's**

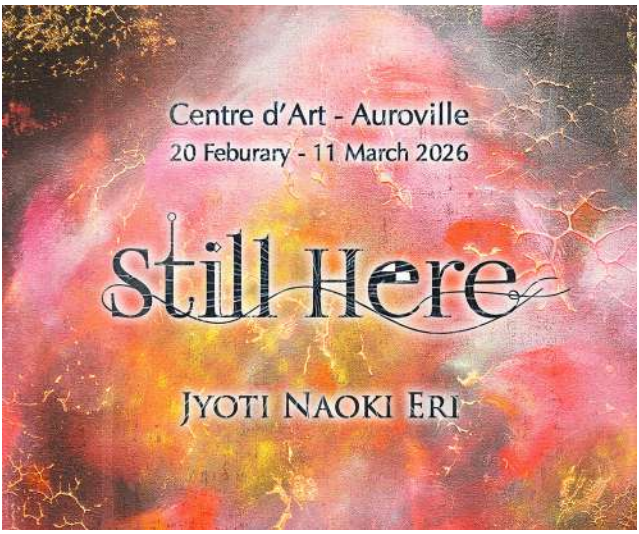
teachings, Gregorian chant, and indigenous song traditions use this principle intentionally.

CULTURAL ANNOUNCEMENTS

LIKE A MOON SHINING ON A THOUSAND RIVERS
CERAMIC WORKS BY *PRIYA SUNDARAVALLI*
13TH FEB - 1ST MARCH, ANANDA RANGAPILLAI STREET



STILL HERE BY *JYOTI NAOKI ERI*
OPENING ON FRIDAY 20TH FEBRUARY, CENTRE D'ART



Time, in the physical world, is one of the few universally shared dimensions—beyond ownership or control, at least for the time being. Spiritually, however, I experience time as neither linear nor fixed, but as multidimensional and all-encompassing. It often feels supple and fluid. In my artistic practice, time functions as a fundamental medium, shaping conception, process, and creation. Establishing a conscious relationship with time is essential to transforming inspiration into form. My ongoing series, A Time Trilogy, explores and visualizes these layered perceptions of time.

Drawing from Eastern landscape traditions such as *Sansui* (山水), my paintings dissolve the boundary between subject and background. Nature dominates the frame, while human presence is minimal or symbolic, emphasizing inner nature and spiritual connection. These landscapes reflect my inner states and invite the viewer into the work, rather than positioning them as a distant observer.

This approach is central to Archaeology of Transcending Light (A.O.T.L.), in which I reimagine landscape through contemporary abstraction, inspired by introspection and an inward process of concentration. The act of finding the Self feels like an archaeological excavation—as if uncovering ancient treasures. In this sense, past and future appear fluid and, ultimately, interchangeable.

The Japanese concept of *Ma* (間)—the space between—also deeply informs my practice. I understand Ma as a realm where duality comes to rest, where silence, space, and subtle perception allow meaning to emerge. In Tibet, the intermediate state between life and death is called *Bardo*—a realm in which different forms of life force are encountered and engaged. I find these cultural connections deeply resonant. This sensibility extends into my sound installations, which focus on atmosphere, frequency, and silence rather than structure, inviting deep listening and introspection.

Rooted in Eastern philosophy and informed by modern science, my work seeks a meeting point between spirituality and contemporary thought. This exhibition offers a contemplative space in which viewers may encounter stillness, expanded awareness, and unseen dimensions of reality.

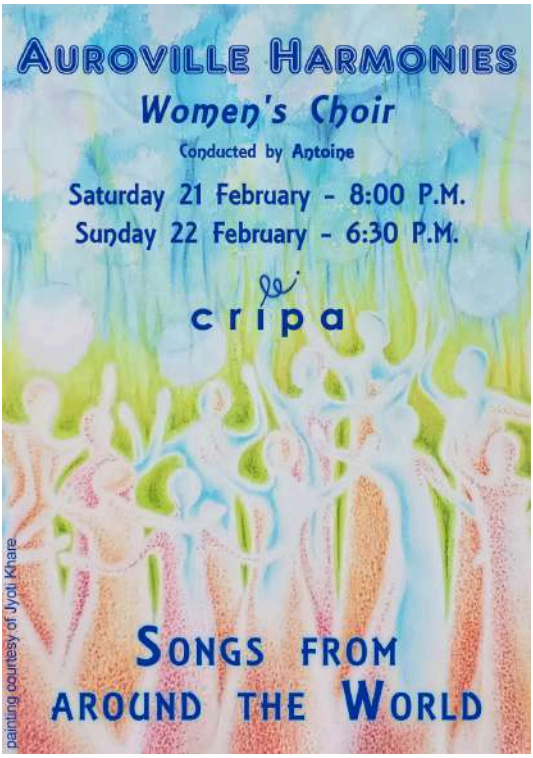
Jyoti Naoki Eri

- From **Friday 20th February to Wednesday 11th March 2026**
- Tue to Fri 2-5.30, Sat 10-12.30 / 2-5.30
- Morning by appointment
- Centre d'Art Auroville

AT CRIPA

AUROVILLE HARMONIES (WOMEN'S CHOIR) CONCERT

SATURDAY 21ST + SUNDAY 22ND FEBRUARY, CRIPA



The Auroville Harmonies choir invites you once again to travel around the world through singing.

Please park vehicles in the designated area outside the CRIPA compound.

We look forward to sharing this special moment with you!

- Saturday 21st February 8:00pm
- Sunday 22nd February 6:30pm
- @CRIPA

JOIN A NEW CHOIR IN AUROVILLE

EVERY TUESDAY

Simple but powerful polyphonies - high and low voices meeting in harmony.
Sing if you wish, laugh, feel, and let yourself be carried by the beauty of voices weaving together.

We'll open with a voice warm-up, moving through the rhythms of our bodies and breaths, connecting with self and others.

Feel free to talk about it to anyone who likes to sing.
Prior experience in singing is not required!
See you soon 🌷

📅 **: Tuesdays**
🕒 **: 8 - 10pm**
📍 **: Cripa, Auroville**

For more information contact Jonas on WhatsApp at: +49 176 45775378

FOR YOUR EARS ONLY - V&J JAZZ

FRIDAY 20TH FEBRUARY

For your ears only 🎶
Presenting an evening of jazz standards, ballads, and a little magic ⭐
We'd love to see you there!

Free entry, contributions welcome 😊

📅 **: Friday 20th February**
🕒 **: 7pm**
📍 **: Cripa, Auroville**

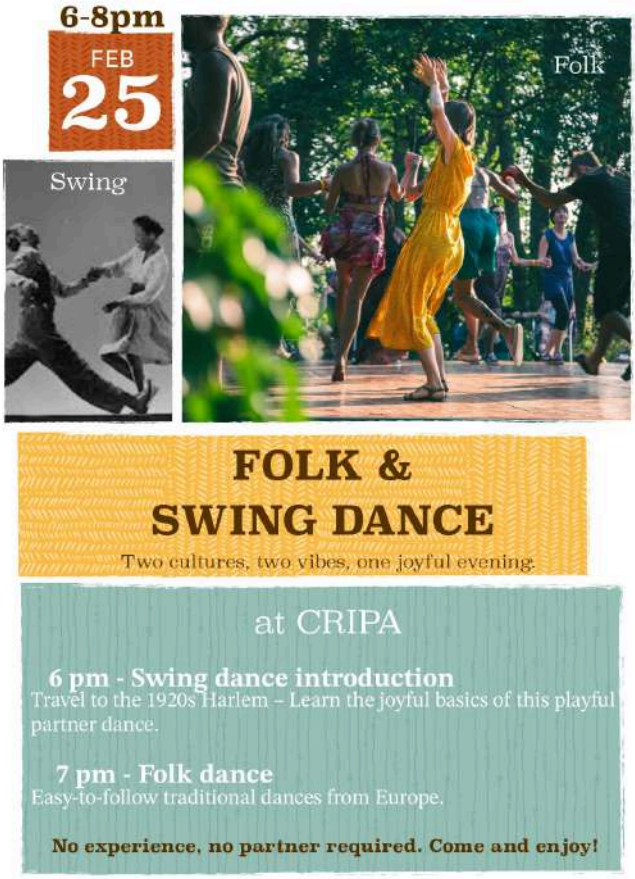
FOLK & SWING DANCE CLASS WITH LUCILE

WEDNESDAY 25TH FEBRUARY

Join us for a special one-off dance class, first exploring the styles of 1920s Harlem and then traditional European dances.
Two cultures, two vibes, one joyful evening 😄

📅 **: Wednesday 25th February**
🕒 **: 6 - 8pm**
📍 **: Cripa, Auroville**

Open to all, free entry, contributions welcome.



FOR THE BOOKWORMS

WEEKLY READINGS OF THE LIFE DIVINE

EVERY FRIDAY, AUROVILLE LIBRARY

Weekly Readings of The Life Divine
with Balvinder, at AUROVILLE LIBRARY

Fridays, 4:30 - 5:30pm
(from 23 January 2026)

All are welcome.

AUROVILLE LIBRARY FREE SHELF IS UP AND RUNNING!

The AV Library has set up a shelf of free books (formerly at the Freestore) for anyone to take and enjoy. It is outside the main library and anyone is welcome to take or drop off books or magazines at their convenience.

We kindly request you to only bring publications in decent condition, and NO waste paper.

Please note that this service is only available during library working hours from 9:00-4:30pm Mon-Sat, except on Tuesdays, when we are open in the evenings from 4-6:30pm.

Come visit us!

The AV Library is a treasure trove of amazing books.

FOOD

FOOD FOREST TOUR & SUNDAY BRUNCH
EVERY SUNDAY, LA FERME COMMUNITY

POETRY

A realistic painting

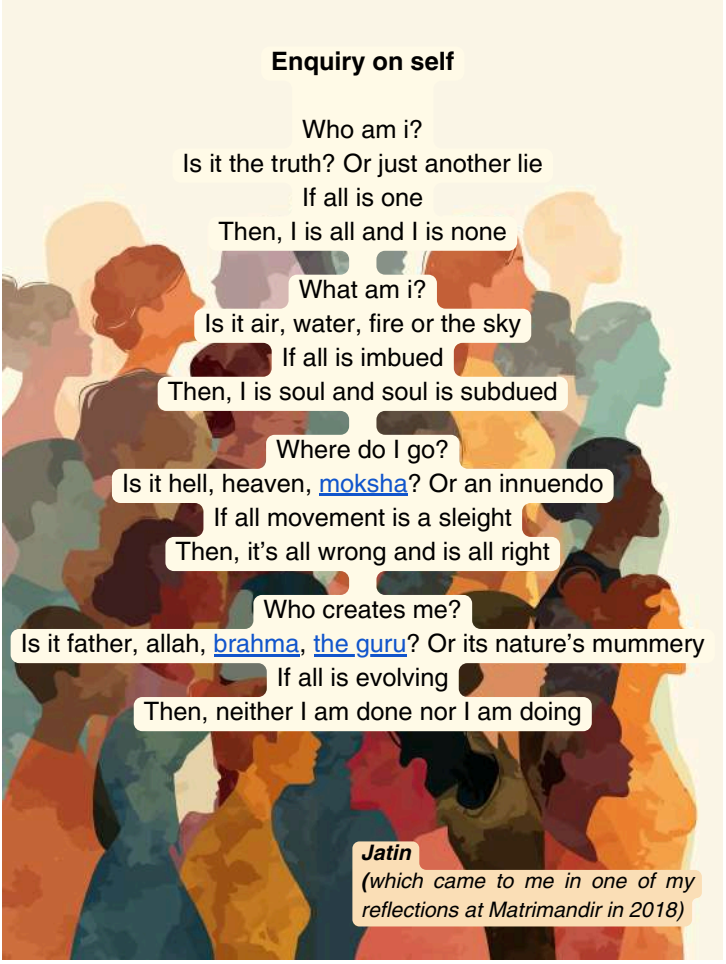
A golden rice field
Perfectly framed
Lives in memory
Alone

For long I stay close,
Staring at it,
Wondering
How far I have wandered
Round the globe,
Away from my hometown,
In search of a space
I could finally feel home.

That longing to belong
Takes me on
All these winding journeys,
Crossing paths with countless lives,
Till one day, not so long ago,
Seeking felt suddenly pointless;
In its place settles—
Every detour leads Home.

Then, every encounter felt like
A replay, a relay, a reunion—
A reconfirmation.

Anandi Z



AUROVILLE RADIO

Dear Aurovilians,

Your favourite radio is always working for you. Stay tuned!

- **Marlenka's weekly Offering – Ep.164** **(Literature)**
- **Savitri - Ep.36 : Introductory Comments in Tamil | சாவித்ரி காவியம் ஓர் அறிமுக விளக்கம் by Dhanalakshmi** **(Spirituality)**
- **Sri Aurobindo's "The Life Divine" read by Deepti Tewari-B 1, C 24: "Matter"** **(Sri Aurobindo)**
- **"Humanity 2.0" by Aviram Rozin with Jazz-A Book Read by Shalev-Introduction** **(Society & Conscious Living)**
- **Une série hebdomadaire de lectures par Gangalakshmi – Ep.525** **(Integral Yoga)**

Latest Youtube Videos

- **Five Centuries of Choral Music Presented by The Auroville Choir | Day 2 | Live from Cripa**
- **Five Centuries of Choral Music Presented by The Auroville Choir | Day 1 | Live from Cripa**
- **Sri Aurobindo's The Life Divine read by Deepti Tewari | Book 1 - Chapter 8**

Live Streaming

- **Auroville's 58th Birthday - Dawn fire Meditation 2025 - Live stream from Matrimandir Amphitheater**

....and more! on www.aurovilleradiotv.org.
For more information write to radio@auroville.org.in

Peace and love

Regards,
Sai Priya for Auroville RadioTV

CINEMA

CINEMA PARADISO PRESENTS:
THE GREAT SHAMSUDDIN FAMILY

MONDAY 23RD FEBRUARY, MMC AUDITORIUM

Cinema Paradiso Presents

On Monday, 23 February 2026 @ 8pm @ MMC Auditorium, Auroville

Anusha Rizvi's

The Great Shamsuddin Family

India, 2025, Writer-Dir. Anusha Rizvi w/Sheeba Chaddha, Shreya Dhanwanthary, Kritika Kamra, and others, Comedy-Drama, 97mins, English-Hindi-Urdu w/ English subtitles, Rated: U/A (PG-13)

Bani Ahmed faces her most critical writing deadline when her home erupts into chaos. One by one, family members arrive with urgent problems, forcing her to juggle a 12-hour sprint of creativity and domestic drama. A witty, award-winning dramedy - heartfelt, hilarious portrait of everyday family madness. **We thank the filmmakers for sharing this film with us.**

The writer-director will be with us on this very special day for a brief online Q&A post screening.

Your generous support to help sustain and grow this community space.
EVERY CONTRIBUTION COUNTS!

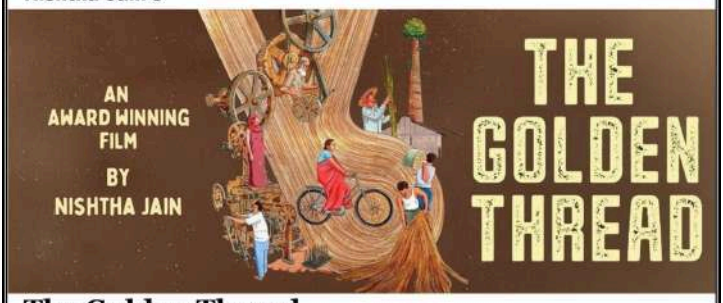
CINEMA PARADISO PRESENTS: THE GOLDEN THREAD

THURSDAY 26TH FEBRUARY, MMC AUDITORIUM

Cinema Paradiso Presents

On Thursday, 26 February 2026 @ 8pm @ MMC Auditorium, Auroville

Nishtha Jain's



The Golden Thread

India-Neatherlands-Bosnia and Herzegovina-Norway, 2022, Writer-Dir. Nishtha Jain w/ Maqsoood Alam, Babujaan, SC Chandra, and others, Documentary, 90mins, Hindi-English-Bengali w/ English subtitles, Rated: NR (PG)

Outside Kolkata, century-old jute mills still pulse with steam, sweat, and rhythm. Workers like Maqsood Alam and Babujaan embody resilience as machines thunder on. This internationally acclaimed documentary — hailed as "mesmerising, a masterpiece of industrial and human storytelling" — captures the fragile beauty of labor, light, and survival.

The director, known for her sensitive films and strong social stands, has previously won at the AVFF. We thank her for sharing this much-awarded film, and she will join us for a brief Q&A after the screening. ***An extraordinary evening of cinema and conversation — not to be missed.!***

Your generous support to help sustain and grow this community space.
EVERY CONTRIBUTION COUNTS!

Cinema Paradiso

Multimedia Center (MMC) Auditorium

Film program : 23rd February - 1st March 2026

Cinema Paradiso programs at the MMC warmly welcome the community. Doors open 15 minutes before showtime and close once the film begins, so please arrive on time.
For everyone's enjoyment, kindly avoid crossing in front of the screen or using mobile phones when lights are off. Food and beverages are not permitted inside the hall.

INDIAN - MONDAY 23 FEBRUARY, 8:00 PM:

- **THE GREAT SHAMSUDDIN FAMILY**

India, 2025, Writer-Dir. Anusha Rizvi w/ Sheeba Chaddha, Shreya Dhanwanthary, Kritika Kamra, and others, Comedy-Drama, 97mins, English-Hindi-Urdu w/ English subtitles, Rated: U/A (PG-13)
Bani Ahmed faces her most critical writing deadline when her home erupts into chaos. One by one, family members arrive with urgent problems, forcing her to juggle a 12-hour sprint of creativity and domestic drama. A witty, award-winning dramedy - heartfelt, hilarious portrait of everyday family madness. We thank the filmmakers for sharing this film with us. *The writer-director will be with us on this very special day for a brief Q&A.*

POTPOURRI - TUESDAY 24 FEBRUARY, 8:00 PM:

- **LE MÉPRIS (CONTEMPT)**

France-Italy, 1964, Dir. Jean-Luc Godard w/ Brigitte Bardot, Jack Palance, Michel Piccoli, and others, Drama, 102mins, French English-German-Italian w/ English subtitles, Rated: NR (R)
In this award-winning film, Paul Javal, a French screenwriter, is hired by producer Jeremy Prokosch to reshape Fritz Lang's vision of The Odyssey. As Paul compromises for ambition, his wife Camille grows increasingly resentful, and their marriage fractures. A gripping exploration of love, art, and betrayal unfolds against the backdrop of cinema itself.

SELECTION - WEDNESDAY 25 FEBRUARY, 8:00 PM:

- **THE PEANUT BUTTER FALCON**

USA, 2019, Writer-Dir Tyler Nilson & Michael Schwartz w/ Zack Gottsagen, Ann Pierce, Dakota Johnson, and others, Comedy Drama, 97mins, English w/ English subtitles, Rated: PG-13
Zak, a young man with Down syndrome, escapes his care facility to pursue his dream of becoming a wrestler. Along the way, he befriends Tyler, a troubled drifter, and Eleanor, a caring ally. This award-winning story shows that dreams don't follow rules, they follow courage, unfolding with adventure, humor, and heart.

INTERESTING - THURSDAY 26 FEBRUARY, 8:00 PM:

- **THE GOLDEN THREAD**

India-Netherlands-Bosnia and Herzegovina-Norway, 2022, Writer Dir. Nishtha Jain w/ Maqsoood Alam, Babujaan, SC Chandra, and others, Documentary, 90mins, Hindi-English-Bengali w/ English subtitles, Rated: NR (PG)
Outside Kolkata, century-old jute mills still churn with steam, sweat, and relentless rhythm. Workers like Maqsood Alam and Babujaan embody resilience as machines thunder on. This internationally acclaimed documentary, hailed as "mesmerising, a masterpiece of industrial and human storytelling," captures the fragile beauty of labor, light, and survival. *The director is known for her sensitive films and strong social stands. Her other work has won at the AVFF. We thank her for sharing and presenting this much awarded film.*

Your generous support to help sustain and grow this community space.
EVERY CONTRIBUTION COUNTS!

INTERNATIONAL FILM - SATURDAY 28 FEBRUARY, 8:00 PM:

- **MARS EXPRESS**

France, 2023, Writer-Dir.Jérémie Périn w/ Léa Drucker, Mathieu Amalric, Daniel Njo Lobé, and others, Adult-Animation, 88mins, French w/English subtitles, Rated: NR ®

This film is being brought to you in collaboration with Alliance Française. "On Mars, every secret has a price". In the 23rd century, private investigator Aline Ruby and her android partner Carlos Rivera are hired to track down a notorious hacker. Their mission plunges them into a cyber-noir world of conspiracies, AI, and moral dilemmas. With stunning animation and gripping tension, this award-winning thriller keeps viewers absorbed. *This film offers philosophical reflections on technology, identity, and humanity's future, which is why we share it with you today.*

CHILDREN'S MATINEE – SUNDAY 1 MARCH, 4:00 PM:

- **ALADDIN**

USA-UK-Singapore-Canada-Czech Republic-Serbia-China, 2019, Writer-Dir Guy Ritchie w/ Will Smith, Mena Massoud, Naomi Scott, and others, Fairy-Tale, 128mins, English-Arabic w/ English subtitles, Rated: PG

In Agrabah, kind-hearted Aladdin discovers a magical lamp and befriends the witty Genie, who helps him win the love of Princess Jasmine. But the ruthless Jafar schemes to seize the lamp's power. With dazzling adventure, romance, and music, this award winning live-action spectacle reimagines a beloved tale for a new generation.

CLASSIC WORLD CINEMA @ CINÉ-CLUB
CINÉ-CLUB SUNDAY 1 MARCH, 8:00 PM:

- **PERSONA**

Sweden, 1966, Dir. Ingmar Bergman w/ Bibi Andersson, Liv Ullmann and others, Drama-Thriller, 83mins, Swedish w/ English subtitles, Rated: R

A young nurse, Alma, is put in charge of Elisabeth Vogler: an actress who is seemingly healthy in all respects, but will not talk. As they spend time together, Alma speaks to Elisabeth constantly, never receiving any answer. Alma eventually confesses her secrets to a seemingly sympathetic Elisabeth and finds that her own personality is being submerged into Elisabeth's persona.

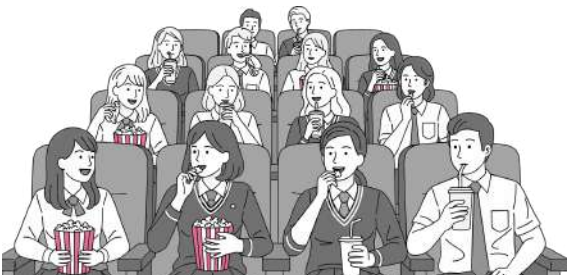
Rating codes we often use are from Motion Picture Association of America (MPAA): G= General Audiences, PG= Parental guidance suggested, PG-13= Parents strongly cautioned, R= Restricted (equivalent to Indian rating: A i.e., for Adults), NR= Film Not Rated, Rating awaited.

To organize a seminar/program at MMC Auditorium, kindly email us at mmcauditorium@auroville.org.in.

Support MMC-CP: Every Contribution Counts: *Like cultural spaces worldwide, MMC-CP relies on local financial support to thrive. If you value the films and programming we offer, consider a one-time or recurring donation via the Unity Fund to Account #105106.*

If you have an innovative fundraising idea and are willing to take it forward, we'd love to hear from you. Email and share your proposal and let us know how you'd like to be involved.

Thanking You,
MMC/CP Group
Account# 105106 | Email: mmcauditorium@auroville.org.in



COMMUNITY SERVICES

ESSENTIAL SERVICES

AUROVILLE'S FINANCIAL SERVICES (AVFS)

- **Timings:** Monday to Saturday, 9am - 12:30pm, and 3pm - 4:30pm
- **Phone:** 0413 2622171
- **Email:** financialservice@auroville.org.in

ELECTRICAL SERVICE (AVES)

- **Timings:** Monday to Saturday, 8am - 4:30pm
- **Phone:** 0413 2622132 / 94888 68747 for fault works, repair works and job works
  0413 2622264 for clarifications reg. electricity bills, job and repair works bills
- **Email:** aves@auroville.org.in

GAS BOTTLE SERVICE

- **Timings:** Monday to Saturday, 9am - 1pm and 2pm - 4pm
- **Phone:** 0413 2622452
- **Email:** avgasservice@auroville.org.in

WATER SERVICE

- Monitors water lines and supply within AV, undertakes water-related jobs.
- **Timings:** Monday to Saturday, 8am - 12pm and 2pm - 4:30pm
- **Phone:** 0413 2622877, 89035 53246
- **Email:** avwaterservice@auroville.org.in

ECO SERVICE (WASTE COLLECTION/MANAGEMENT)

- **Timings:** Monday to Saturday, 8:30am - 12:30pm, and 1:30pm - 4:30pm
- **Phone:** 63796 69034
- **Email:** ecoservice@auroville.org.in

POUR TOUS DISTRIBUTION CENTRE (PTDC)

- **Timings:** Monday to Saturday, 9am - 5pm
- **Phone:** 0413 2622746 / 2622796
- **Email:** ptdc@auroville.org.in

POUR TOUS PURCHASING SERVICE (PTPS)

- **Timings:** Monday to Saturday, 8:30 am - 5pm
- **Phone:** 0413 2622152

AUROVILLE LIBRARY

Timings:

Mornings:

- Monday to Saturday : 9am - 12:30pm

Afternoons:

- Mon, Wed, Thurs, Fri & Sat: 2pm - 4:30pm
- Tuesday : 4pm - 6:30pm

Children's Storytime! All ages welcome!

- Every **Saturday** between 10am - 11am.

- **Phone :** 0413 350 9191
- **Email:** avlib@auroville.org.in
- **Website:** http://library.auroville.org.in/

Chinese Proverb

HEALTH

SANTÉ SERVICES IN JANUARY 2026

Working Hours:
Monday - Saturday: 9:00 - 12:30pm & 2:00 - 4:30pm

Tests and Sample collection:
Monday - Friday: 8:30am - 12:00pm
No sample collection on Saturday

For emergencies, contact:

Auroville Ambulance (24/7) - Phone: **+91 94422 24680**
Government Ambulance (24/7) - Phone: **108**

Appointment
Please call Santé (0413) 262 2803 during working hours for an appointment.

Doctor Consultation with Dr. Joseph, Dr. Pavan & Dr. Sana Monday to Saturday	**Nurse Care - Thilagam, Ezhil, Archana & Sandhya:** Daily: no appointment needed
Ayurveda with Dr. Berengere: Mon / Tues / Wed / Fri	**Homeopathy with Michael:** Monday / Wednesday / Saturday
Physiotherapy & Massage with Galina: Monday to Friday	**Physiotherapy with Arun:** Monday to Friday
Midwifery & GYN Care with Paula: Monday & Wednesday	**Integrative Psychotherapy with Juan Andres:** Monday to Friday
Holistic Therapy with Louis Patric: Monday to Friday	**Soundbed Session with Sandhya / Thilagam:** Monday to Saturday
Bio-Well Assessment (Evaluation of your well-being) with Helena – inquiry email adminsante@auroville.org.in	

In Santé, we value our patient's confidentiality and make every effort to ensure their privacy.

In case of cancellation or to reschedule, it is necessary to inform us in advance.

A short introduction of the Doctors team:

Dr Pavan is a Consultant General Physician, Integrative Medicine Specialist (Holistic Approach) trained under Dr. Andrew Weil (USA), Longevity Doctor (helps people live healthier, stronger, longer), Lifestyle Medicine Specialist at Sante since 1.5 years

addressing Auroville's General Health needs & strongly impacting preventative health, longevity. In many people, he had proven success in reversing Prediabetes, Type 2 Diabetes, High Blood Pressure, Insulin resistance, High Cholesterol, Hormonal Imbalance, Mental Health with his approach empowering the community which he thinks is already a Blue Zone.

Dr. Sana provides general medical care, chronic illness support, and preventive health consultations at the clinic and via home visits four days a week (booked through reception), and is working with an intention to deepen her engagement in palliative care.

Dr Joseph, studied medicine at State University Moscow and has a private practice in the rural area in Tamil Nadu, Trichy for the last 18 years. Attracted to Auroville to explore a different approach to life and health. He has a certification in diabetology (CCD) and Family Medicine & trained to attend pediatric cases. He is familiar with ultrasound therapeutic equipment for pain relief and is able to perform minor surgeries using the Surgitron (radio wave surgery devise).

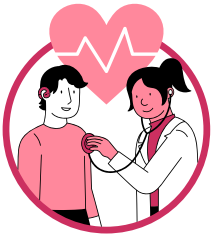
HEALTH CENTER - KUILAPALAYAM

Contact: 0413 291 0005
Pharmacy:

- 8:00am - 5:30pm Monday to Saturday

Doctor Consultation:

- 8:30am - 5:00pm Monday to Friday
  (1 - 2pm Lunch Break)
- 8:30am - 1pm (Saturday)



DENTAL CLINIC - KUILAPALAYAM

- **Timings:** Monday to Saturday, 9am - 5pm daily
- **Phone**: 0413 2622007 / 2622265
- **Email:** aurodentalcentre@auroville.org.in

SPRING AND LIVER SUPPORT WITH AYURVEDA AND HEALTHY PLANTS

The sun comes back to the northern hemisphere and days are warmer but nights are still chilly. The change of season makes the body vulnerable. Spring is part of a 3-season period (late winter, spring, summer) where the sun becomes stronger and sap the energy we regenerated during monsoon and early winter.

In winter, Kapha (water and earth elements) accumulated in the body to protect us from the cold. With the warmer days, Kapha starts moving, cheerful with good energy, waking up from a restful winter and wants to get rid of its layer of fat that is no longer in need to keep warm.
A healthy Kapha shows in the body with lots of strength and stamina, a strong immune system and a steady and stable mind with a sense of duty, Kapha has goodwill, is warm hearted, generous and receptive, accommodating.

If Kapha is imbalanced, it becomes stagnant and heavy, it shows lethargy, fatigue, loss of appetite or low digestive power leading to colds, cough with mucus, slight fever, tonsillitis, sore throat, lung congestion, allergies, hayfever, frontal dull headaches, sinusitis, cravings for sweet, heaviness/overweight...
And in the mind, Kapha feels sad, confused, dull, lazy, feeling of not being loved/cared/heard, greedy…

Kapha characteristics (gunas) are cold, heavy, oily, sticky, dense, stable (imbalanced, it changes to stagnant). To rebalance Kapha,

we need to give the opposite characteristics: hot/warm, light, dry, mobile and fluid in the food (to stimulate the digestive power Agni) and the activities to decongest Kapha and to help the liver to remove the stagnation:

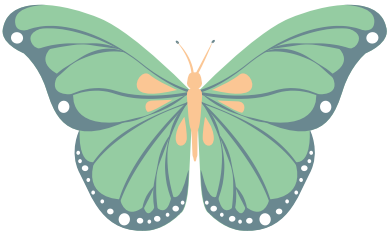
With the food:

- Most beneficial: Fasting a day a week
- Eat warm, cooked, easy to digest with predominantly bitter, astringent and spicy tastes
- **Proteins:** Black beans, chickpeas, lentils, mung dal, dals, dried peas, dried beans, pinto beans, red beans (rajma), soya beans (green gram), tempeh, cooked tofu, horse gram, white meat, eggs, small fishes, pumpkin seeds, goat milk
- **Vegetables:** Bitter vegetables: bittergourd, fenugreek (mehti), green leafy vegetables (cabbage, steamed green salads, lettuce, rucola, spinach), artichokes, ashgourd, beetroots, bottlegourd, broccoli, carrots, cauliflower, celery, chow-chow, drumstick (moringa: leaves of drumstick tree), eggplant, green beans, leeks, peas, peppers, pumpkin, radish, cooked tomato, zucchini
- **Good source of sweet taste:** in the cereals (amaranth, barley, buckwheat, red rice, millets, dry oats), in the fruits (pomegranate, apple, dry apricot or raisin, chiku, papaya, grape, pear, figs)
- **Spices:** all the spices are good, red chilli with moderation
- Ghee or cold pressed sesame/olive/sunflower oils
- **Beverages:** herbal teas (camomile, cinnamon, fennel, ginger, peppermint, tulsi, karpooravali, yerba mate, roiibos), warm water with honey, cranberry juice, barley grain coffee, grape juice, pomegranate juice, warm and spiced soya milk, masala tea (without milk), green tea
- **Ayurvedic plants and preparations:** Neem, Tulsi, Amla, Triphala, Karpooravali, Panchakola (ayurvedic digestion booster), Trikatu (ginger, black pepper, pippali), Sitopaladi churna (for cold, coughs), Talispatradi Vayam (for chest congestions, coughs with mucus), Mix powders of ginger, turmeric, black pepper, all above can be mixed with honey
- **Liver support:** Bhumyamalaki (Keezhanelli) decoction – 20-30ml in the morning before breakfast. Apple Cider vinegar (1tsp) + grated fresh turmeric (1/2tsp) + sip of water: before lunch for 3 weeks
- **Walk 100 steps after lunch**.

Daily routine:

- **Great principle:** keep the stamina strong
- Early morning, clean the nasal cavity and sinuses with Anu Tailam (2-3 oil drops in each nostril)
- Shower or bath with warm water
- Keep body warm (especially at night)
- Physical exercise: min 30 minutes per day
- Yoga (sun salutation, forward bends, chest openers, and backward bends as well as poses that stretch, compress, stimulate, and cleanse the solar plexus)
- Pranayama (Kapalabhati, Bhastrika)
- Fumigation: eucalyptus, neem, sage.

Wishing you a cheerfull Vasanta
Be @ Santé Clinic



MATRIMANDIR ACCESS INFORMATION

IMPORTANT ANNOUNCEMENT REGARDING THE CHANGE IN TIMINGS EFFECTIVE FROM 1 FEB 2026.

Access to the Park of Unity

- The Matrimandir, the Petals, the Lotus Pond and the Banyan Tree are areas of silence.
- The Park of Unity is open to Aurovilians and registered Newcomers daily, 6am-7:30pm.
- Aurovilians may bring close family and friends (maximum 3) to the Gardens only daily, 9am-3:30pm.
- **Aurovilians bringing children under the age of 10 to visit the Gardens may do so only after 11.30am except Tuesday when they can come from 9am to 11am.**
- Aurovilians wishing to bring close family to the Gardens at any other time should inform mmconcentration@auroville.org.in before 11am on the day of the proposed visit.
- Registered Volunteers and Donors require a pass to enter the Park of Unity. Timings will be indicated on the pass.
- Published events in the Park of Unity are open to Aurovilians, Registered Newcomers, Volunteers, Pass holders and Guests. Guests should bring their Aurocards.
- Savitri Readings on Thursday evenings: Guests holding only Aurocards wishing to attend should book by filling in the form at https://bit.ly/savitri-reading one or two days in advance.
- Visits to the Park of Unity and Inner Chamber should not be included in the program of any conference or workshop. Participants should be directed to the Viewing Point.

Access to the Inner Chamber of the Matrimandir for Aurovilians, Newcomers and registered Volunteers

The Matrimandir is a place for silent individual concentration

- The Inner Chamber is open to Aurovilians and registered Newcomers:

  Monday – Saturday 6:00 am - 8:00 am, 4:30 pm - 7:30 pm
  Sunday 6:00 am - 12:00 pm, 4:30 pm - 7:30 pm

- The Inner Chamber is open to **registered Volunteers**:
  - Every day, 4:30pm - 6:00pm.
  - Volunteers are requested to come and get their revised passes between 10:00 am to 10:30 am from the Matrimandir office with prior booking at matrimandir@auroville.org.in
  - **It is obligatory for the volunteers and pass holders to carry the pass with them.**
- **The Inner Chamber is open to Aurovilians wishing to accompany a maximum of 3 close family members and friends no more than once in two weeks, with booking 3 to 5 days in advance to mmconcentration@auroville.org.in:**

  Any day except Tuesday & Sunday, 8:00 am - 8:25 am
  Arrival at 7:45 am at the Office Gate

- The Inner Chamber, the Petals and the Gardens are open to the Children of Auroville and the Outreach Schools:

  Tuesday 9:00 am - 11:00 am

- Auroville units can bring their staff to the Inner Chamber with a prior booking at mmconcentration@auroville.org.in:

  Tuesday 8:00 am - 8:30 am

Petals of the Matrimandir

- The Petals are open to Aurovilians, registered Newcomers, and Pass holders

  Daily 7:00 am - 8:00 am, 5:00 pm - 6:00 pm

Access to Matrimandir for Visitors and Guests

Matrimandir Viewing Point: The Viewing Point is open to the general public on presentation of a Pass. Visits to the Matrimandir Viewing Point are free of charge. Free passes can be obtained at the Auroville Visitors Centre.

The Viewing Point lies south of the Park of Unity and offers visitors a panoramic view of the Matrimandir and the Gardens and the Lake.

Starting from the Visitors Centre.
Daily, 9:00 am - 5:30 pm

The Inner Chamber of the Matrimandir is open to Visitors and Guests by prior booking only. Visitors and Guests seeking to concentrate in the Inner Chamber are requested to inquire at the Information Desk of the Visitors Centre after first visiting the Viewing Point, or to go to the website: auroville.org

- Prior booking is required to access the Inner Chamber at least one or two days in advance. Bookings for concentration are given for the following or the first free day as per availability and are accepted only up to one week in advance. Minimum age 10 years.
- The Petals are open to Visitors on the morning of their Inner Chamber visit.

Security

Please note that it is not permitted to

- Swim in any of the ponds, the channel and the Lake except the Children's ponds in the Garden of Youthfulness
- Throw pebbles into the ponds and fountains
- Pick flowers in the Gardens
- Climb to the very top of the Petals.

Parents, please supervise your children at all times.

Bags, cameras and cell phones should be left in the lockers or the Access office.

Please no photography, videos or drones without prior permission. For permission, please write to matrimandir@auroville.org.in.

Antoine for Matrimandir Executives Team

ACCESSIBLE AUROVILLE PUBLIC BUS

avbus@auroville.org.in / +91 94430 74825

Auroville TO PONDICHERRY			
	Trip 1	Trip 2	Trip 3
Svaram Musical Center	7:00	8:50	14:50
Vérité Guest House - Junction	7:02	8:52	14:52
Town Hall - Main Parking	7:06	8:56	14:56
Solar Kitchen (Ex Round About)	7:10	9:00	15:00
Certitude Entrance	7:12	9:02	15:02
New Creation Road	7:17	9:07	15:07
SBI Bank—Kuilapalayam	7:19	9:09	15:09
ECR Junction—Aroma Guest House	7:23	9:14	15:14
Quiet Healing Center—Junction	7:26	9:17	15:17
Lotus Hotel—S.V Patel Salai	7:36	9:30	15:30
Ashram Road Junction	7:38	9:33	15:33
Ashram Dining Hall	7:40	9:35	15:35

Pondicherry TO AUROVILLE			
	Trip 1	Trip 2	Trip 3
Ashram Dining Hall	8:00	12:15	18:10
Ashram Road Junction	8:02	12:17	18:12
Lotus Hotel—S.V Patel Salai	8:07	12:22	18:17
Quiet Healing Center—Junction	8:17	12:32	18:27
ECR Junction—Aroma Guest House	8:20	12:35	18:30
SBI Bank—Kuilapalayam	8:25	12:40	18:35
New Creation Road	8:27	12:42	18:37
Certitude	8:32	12:47	18:42
Solar Kitchen (Ex Round About)	8:34	12:50	18:44
Town Hall - Main Parking	8:38	12:54	18:48
Vérité Guest House - Junction	8:42	12:58	18:52
Svaram Musical Center	8:45	13:00	18:55

- Single Trip = ₹100 per person
- Monthy Scheme (Students + AV Workers) = ₹1200
- Monthly Scheme (Students + AV Workers) = (One Way) ₹850

Auroville Vehicle Service
Town Hall, Auroville, 0413 2623302

Join our WhatsApp group of Auroville Bus to get regular updates:
https://chat.whatsapp.com/Lt43wBCBno1E6CTwoaUt2x

EMERGENCY NUMBERS

Ambulance (24/7):		
Auroville 94422 24680	PIMS 0413 2656271	
Security (24/7):		
Auroville Police Station 0413 2677318	Kottakuppam Police Station 0413 2236148	Vanur Fire Station 0413 2677368
Health:		
Health Center 0413 3509942 & 3509943	Santé 0413 2622803	Farewell 89038 36246
Mental Health 24/7 Support:		
Vandrevala Foundation +91 99996 66555		
India Emergency Response Service (24/7): 108		