

Auroville

NEWS & NOTES

No 1103 - A weekly bulletin for residents of Auroville

11 December 2025

RA EDITION



PONDERING

Consciousness is a state and a power.

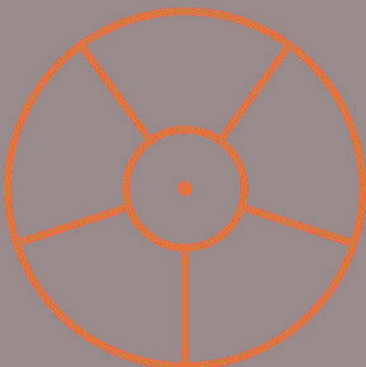
Love is a force and an action.

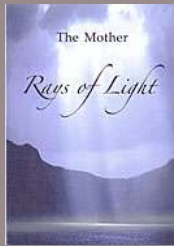
The Divine has an equal love for all human beings, but the obscurity of consciousness of most men prevents them from perceiving this divine love.

Truth is wonderful. It is in our perception that it is distorted.

The Mother, 26 November 1971, Divine Love, Words of the Mother II

<https://motherandsriaurobindo.in/The-Mother/books/words-of-the-mother-II/#divine-love>





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MAN'S RELATIONSHIP WITH THE DIVINE

page 7

Human beings are capable of withdrawing from the Divine - and they often do it; but for the Divine to withdraw from human beings, that is an impossibility.

page 8

The Divine may very well lean down towards you, but to understand Him rightly you must come up to Him.

*

To understand the Divine one must become the Divine.

24 May 1972

*

RELATIONSHIP WITH THE DIVINE

All is relative except the Supreme. The Supreme alone is absolute; but as the Supreme is at the centre of each being, each being carries in himself his absolute.

Dignity of the Emotions

Not to allow one's emotions to contradict the inner Divinity. - The Mother

Dahlia Cav. Spp., Compositae
 Dahila



After all, it is very simple, we have only to become what we are in the depths of our being.

18 May 1954

*

None can say to the Divine, "I have known Thee", and yet all carry Him in themselves, and in the silence of their soul can hear the echo of the Divine's voice.

13 November 1954

page 9

As we progress and purify ourselves of our egoism, our friendship with the Divine becomes more and more clear and conscious.

*

Closeness to the Divine will always grow with the growth of consciousness, equanimity and love.

*

God cannot be taken by violence. It is only through love and harmony that you can reach God.

13 July 1966

*

To give oneself to the Divine, to receive and be the Divine, to transmit and spread forth the Divine: these are the three simultaneous movements which constitute our total relation with the Divine.

page 10

THE DIVINE IS WITH YOU

Never forget that you are not alone. The Divine is with you helping and guiding you. He is the companion who never fails, the friend whose love comforts and strengthens. The more you feel lonely, the more you are ready to perceive His luminous Presence. Have faith and He will do everything for you.

27 September 1951

*

It is in the Divine that we shall always find all that we need.

17 April 1954

*

In the Divine's light we shall see, in the Divine's knowledge we shall know, in the Divine's will we shall realise.

1 October 1954

NEWS & NOTES GUIDELINES

DEADLINE FOR SUBMISSIONS:

TUESDAY 5PM

The content of News & Notes is a reflection of the growth process of this community towards its ideals of Harmony, Goodwill, and Truth. Editing of submissions, mainly for reasons of space and clarity, is done according to an established policy.

RA NEWS & NOTES - A QUICK GUIDE



What We Publish

- Working group announcements and reports
- Residents' voices and personal sharings
- Free cultural events open to all residents
- Information from essential services
- Content that strengthens community-building in Auroville

Working Groups & Foundation Office Content

- All RA Working Group announcements will be included
- Links to Foundation Office content will be provided without duplication
- Direct submissions from Foundation Office groups will be included as regular content

What We No Longer Publish

- Commercial activities and paid workshops
- Non-community-focused events
- Content from "Activities & Events," "Food, Goods & Services," and "Classes, Workshops and Healing Arts" sections

Exceptions

We may consider including content that falls outside these guidelines if:

- It is submitted exclusively to RA News & Notes
- It has significant community benefit
- It aligns with our service-oriented focus

Submission Guidelines

- Deadline: **Tuesdays at 5pm**
- Email: newsandnotes@auroville.services
- Content must be community-building focused:
 - Open and accessible to all community members
 - Not profit-oriented
 - Contributing to collective growth or well-being
 - Promoting Auroville's ideals and values

- For further information, please [click here](#) 😊 to view our complete FAQ document.

- For past issues or to subscribe, visit: auroville.media/newsandnotes

We thank you for your collaboration and understanding.

DISCLAIMER:

Please note that the opinions and views expressed on these pages are solely those of the respective authors or work groups and do not necessarily reflect the position of the editors or the larger Auroville community. The News & Notes aims to provide a platform for the publication of diverse perspectives and voices from multiple sources within Auroville.

While our editors strive to ensure the accuracy of the information presented, we cannot guarantee that all information is free from error or omission. Additionally, we cannot be held liable for any alleged misinformation provided or offence caused by the content published.

In the event of any dispute, we encourage readers to consult with the Auroville Council, and we reserve the right to suspend the publication of disputed material. Our commitment to providing an open and inclusive platform for dialogue and exchange of ideas remains steadfast.

The News & Notes Team

newsandnotes@auroville.services

LIST OF ACRONYMS:

- **AVF** (Auroville Foundation),
- **AVFO/FO** (Auroville Foundation Office),
- **GB** (Governing Board),
- **RA** (Residents' Assembly)

The following groups are divided in two categories: The groups selected by the Residents' Assembly through Community decision making Processes and the groups put together by the GB and the FO (*not recognised by the Residents' Assembly*).

Working groups selected by the Residents' Assembly:

- Working Committee (RA WCom)
- Funds and Assets Management Committee (RA FAMC)
- Budget Coordination Committee (RA BCC)
- Town Development Council / L'avenir d'Auroville (RA TDC)
- Auroville Council (AVC)
- Entry Service (ES)

GB groups:

- Working Committee (GB WC)
- Funds and Assets Management Committee (GB FAMC)
- Budget Coordination Committee (GB BCC / GB BCS)
- Auroville Town Development Council (GB ATDC)
- Housing Service (GB HS)
- Land Board (GB LB)

NOTE FROM THE EDITORS

Dear Community,

Here is some important information:

- If you would like to support the RA N&N, please send us an e-mail at newsandnotes@auroville.services.
- Content sent through @auroville.org.in mail ID will only reach us if you use this [FORM](#) to submit your content.
- The mail ID to submit content is: newsandnotes@auroville.services
- To request a **PRINTED COPY**, send us your name and community to our email!

Thank you for your continued support!

In community,
The RA Community Edition News & Notes Team



IMPORTANT UPDATE ON PRINT EDITION



Dear Community,

Thank you for your continued support over these past three years. The RA News & Notes was born from a need to provide residents and their duly-appointed representatives a space to express themselves beyond arbitrary censorship. We are proud to have sustained this work and intend to continue as long as it remains necessary and meaningful.

However, we now face a challenge. Due to some constraints, **we may not be able to continue printing the RA News & Notes from January 2026 onwards.**

If you currently receive a print copy and are concerned about this possible discontinuation, please reach out to us at newsandnotes@auroville.services.

If you would like to support our work, we welcome you to contact us at the same address.

The online version will keep being published. You can find all issues here: www.auroville.media/newsandnotes

At the service of the community,
The RA News & Notes team

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WORKING GROUPS NEWS

FROM THE WORKING COMMITTEE

REPORT OF PARLIAMENTARY STANDING COMMITTEE

Dear Community,

A report by a "Department-Related Parliamentary Standing Committee on Education, Women, Children, Youth and Sports" regarding a Review of Autonomous Bodies and Institutions under the Department of Higher Education in the Ministry of Education has been submitted to both houses of Parliament on the 8th of December and is now widely circulating. The Auroville Foundation, as an autonomous body created by an Act of Parliament, was part of the review process, and observations and recommendations are included in the [full report](#) (starting at page 36).

We have read the final report and we are glad to note that the Committee has made a thorough and balanced assessment of the reality of Auroville - past, present and future. We note with particular appreciation the recommendations made by the Committee, which we welcome as a way forward towards a

collaborative spirit and changing the authoritarian and destructive approach taken by the AVF administration over the last four years. The Report is advisory in nature but we hope that it will be considered by all who read it as a reasonable, positive and appropriate way forward, to which we are ready to extend our full support and collaboration.

Here's a brief summary of the 16 points in the "Recommendations" section (our emphasis in bold). The committee:

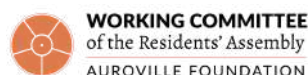
- Recognizes "the many achievements of Auroville since its inception and since the passage of the Auroville Foundation Act, 1988"
- Expresses appreciation for the contributions made by past Chairmen of the Foundation, Dr Karan Singh and Dr Kireet Joshi
- **Notes that "the Auroville Foundation Act (1988) is unique in that it governs a community, not just an institution."**
- Emphasizes that the Governing Board, the International Advisory Council and the Residents' Assembly must work together in close coordination and harmony
- States that, "The Governing Board should continue the practice of consultation and collaboration with the International Advisory Council and the Residents' Assembly before making any key decisions."
- Observes that the objectives of the Auroville Foundation and the ideals of human unity can only be pursued with such an environment of constructive engagement
- Emphasizes the distinctive nature of Auroville as a community
- **Notes that "Auroville is meant to have an autonomous character and that an empowered Resident Assembly is critical to the same since it is the only statutory body capable of representing the residents of Auroville."**
- States that the practice to assign additional charge to the Secretary should be avoided
- Welcomes the MoU with IIT Madras but noting that it would come at the expense of Annapurna Farm. Therefore it recommends that **Annapurna Farm should not be disturbed and alternative sites should be found**
- Expresses the view that **all land transfers in service of the Master Plan should be implemented in full transparency and consultation with all stakeholders, including the Residents' Assembly and the International Advisory Council**
- Recommends that **the Master Plan be implemented in close consultation with the Residents' Assembly and stakeholders in Auroville, with changes as may be required**
- Recommends that "any amendments to the Auroville Foundation Act 1988 and the Auroville Foundation Rules 1997 should be developed through a consensual process, with the unanimous support of all the three statutory bodies - the Governing Board, the International Advisory Council and the Resident's Assembly."
- Recognizes the achievement of Auroville in self sufficiency and recommending this spirit of self direction and "self-sustenance" to continue and the involvement of the Central Public Works Department and other bodies should be minimized
- **Notes that the international character of Auroville is not just a matter of pride, but is the very intent of Auroville**
- Emphasizes that **"the Auroville Foundation's role in the visa process must be speedy and independent of any considerations, and that the Foundation should continue to keep the five year visa as the norm for all residents."**

- Recommends consideration of an amendment to the Act in order to recognize Auroville as an Institution of National Importance
- Considers that the Term of the Secretary should be co-terminous with that of the Governing Board
- Feels that instead of an annual Grant from the Government of India, the Foundation should receive enough funding to sustain itself in future.

Some members of the Auroville community, including members of this Working Committee selected by the Residents' Assembly, had the opportunity to interact with the Chairman of the Parliamentary Standing Committee during his visit to Auroville and Annapurna Farm. We are grateful for his time and attention. We extend our gratitude to him and the entire Committee for the understanding they have shown regarding Auroville's complexity and its unique character and intention.

With hope and faith,

Aravinda, Bharathy, Chali, Matthieu, Prashant, Valli
The Working Committee selected by the RA



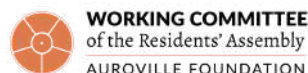
NOTE ON RECENT LAND EXCHANGES

Dear Community,

Please find [here](#) a note on several recent land exchanges, which is self-explanatory.

In service,

Aravinda, Bharathy, Chali, Matthieu, Prashant, Valli
The Working Committee selected by the RA



COMMUNITY NEWS

OBITUARY

YOUNG HE PASSES AWAY

This is to inform the community that Young He passed away in Marika home on 3rd December 2025.

The remains of Young He were buried on Sunday 7th December at the Auroville Burial and Cremation Ground.

IN REMEMBRANCE OF RICARDO MARTINEZ



In remembrance of Ricardo Martinez who left his body on 26th of July 2025 in France, there will be a ceremony on Sunday 21st of December 3:30 pm at the Auroville Burial Ground in Adventure.

Emmanuel, Ricardo's son will be present, as well as Caroline, Ricardo's partner, and her son Noé.

Help with flower arrangement is most welcome from 2 pm.

N&N 1103 - 11 December 2025

A SUMMARY OF EVENTS HAPPENING IN AUROVILLE TODAY (DEC 25)

AV TODAY CLOSING DUE TO GB MEDIA POLICY



Auroville's monthly news magazine 'Auroville Today,' which has been operating since 1988, has stopped operations immediately due to the recently released Auroville Foundation Media Policy. While the Policy was approved in the GB meeting of December 2024, it was only made available to Aurovilians in November 2025, in a slightly revised version. You can find the [original 2024 version here](#); the revised and [released version here](#); and a document detailing the differences between the two documents [here](#).

In their statement (see above), the editorial team notes that they were called into a meeting and told that all Auroville media is henceforth to function under one 'Media Hub' which seeks to "unify how Auroville represents itself to the world and to foster a 'positive image.'" The current editors of Auroville Today, who are widely respected for their long-lasting nuanced reporting on events in Auroville, stated that they cannot continue to function under the current policy as honestly reporting on the 'messiness' of Mother's experiment is part of their core values. They also note that a substantial donation earmarked for Auroville Today has not been released since some time, hampering their operations and interfering with their responsibilities towards their donors.

Please read their full statement, available [here](#), as it reflects the painful clash between the corporatisation of Auroville by the AVFO, with the experimental and dynamic approach of our collective experiment. Decades old, foundational and important community services are increasingly suppressed, extinguished, and forced underground by those who seek to recast Auroville as a government project that obeys AVFO diktats. The editors have made the final issue freely available. You can [find it here](#).

AVFO 'FAMC' member Chandresh shared a [statement](#) on Aurnet about the closure of AV Today. At the same time as asserting that "Claims of censorship or persecution are unfounded" he also stated that "Alignment is essential to coherence. Auroville's media landscape must move toward a unified umbrella of communication. [...] Fragmented messaging harms Auroville's credibility and purpose".

The statement that "claims of censorship and persecution are unfounded" are not supported by the reality of the situation for residents, who have seen in the past four years the takeover of Aurnet, of the [auroville.org](#) platform and of the News and Notes. Even some Facebook groups which had been functioning under the administration of residents have been forced to hand over admin rights to Sindhuja, who claimed she had a right to do so in her role of 'AVF Media Vetter'.

Although alternative, RA-controlled platforms have been put in place by residents, they have to operate in secrecy and without the funding given to the AVFO controlled media, and in many cases with their email IDs being blocked from sending to [auroville.org.in](#) addresses, meaning that many residents are digitally unreachable. Additionally, many residents have been personally targeted for expressing views that differ from the AVFO's official discourse. Arun Ambathy, whose story is featured below, is one such example.

'Auroville Uncensored': A new video channel reporting on Auroville's situation has come up on Youtube. Three videos have been released so far - detailing the overall issues in Auroville, the plan to handover Annapurna Farm to IIT Madras, and the latest video is regarding AVFO media censorship. You can find [the channel here](#).

AUROVILIAN DEEMED 'PERSONA NON GRATA' BY AVFO

A [letter](#) that terminates the Aurovilian status of Major Arun Ambathy (retired from the Indian Army) was released on 28th October 2025. The letter, signed by the Secretary of the Auroville Foundation, declares him a 'persona non grata' in Auroville. It appears that Arun is the first person to have his status revoked by the AVFO under the newly implemented [Residence Criteria Standing Order 2024](#). While Arun was confirmed as an Aurovilian by the RA Entry Board in April 2025, this process is not recognized by the AVFO, and their letter refers to Arun as a Newcomer whose status has been revoked.

AVFO 'WCom' shared a [massbulletin](#) which stated that "This decision has been made in view of repeated conduct deemed inconsistent with the ideals, values, and Residence Criteria of Auroville." The massbulletin further instructed that "Mr. Arun Ambathy is not permitted to enter or reside within Auroville premises, and no resident, service, or unit shall engage, employ, or otherwise entertain him in any capacity henceforth", further instructing "all security personnel ... to ensure strict compliance with this directive." This represents an unprecedented turning point in the use of coercion and force in the AVFO's management of Auroville in recent years.

Since he came to Auroville in 2018, Arun has been involved in reafforestation at Revelation forest. He has also been an outspoken supporter of Auroville's Residents' Assembly and has repeatedly questioned the legality of the AVFO's actions over the past few years.

He has personally confronted AVFO 'ATDC' members about multiple unauthorised works under the guise of "Government Work," including illegal soil mining, illegal inter-state soil transportation, and the cutting of roadside trees, which was done without the necessary permission from the Highway Department (see below for more information), as well as the cutting of protected species like Palmyra trees, Red Sanders, and Teak trees without permission. Arun stepped in when there was unauthorised tree cutting on village common land (poromboke), soil excavation on poromboke land, and a change made to the course of water streams - to the detriment of surrounding villages. Thanks to his proactive work in speaking out against illegal acts by the AVFO, 3 FIRs against these unauthorised works have been filed at the Auroville Police Station, which have led to strong strictures from the Collector's office.

Arun also supported the many workers who were employed for years in Auroville's forests to claim the gratuity owed to them by Auroville, after their employment was illegally terminated with no notice and no compensation, when the AVFO 'FAMC' fired all of the forest caretakers en masse.

A petition has been launched by residents against the AVFO's decision to terminate Arun Ambathy's status and declare him a 'persona non grata'. You can [sign it here](#).

COUNCIL ROOM SEIZED AFTER 3+ YEAR VIGIL

For almost 3.5 years, the AV Council meeting room in Town Hall has been kept safe for the use of the RA and its Working Groups by a dedicated group of vigil keepers who have coordinated to hold a continuous 24/7 presence inside the space. The first attempt to take over the room came on 1st July 2022. Since then, there have been periodic efforts to claim the room by AVFO-aligned Aurovilians, including one particularly [violent incident](#) in August 2022.



Watch the video of the council takeover [here](#).

On 14th November 2025, the lone Aurovillian who was holding the room for the community was asked by AVFO 'WCom' member Selveraj to leave the room to discuss an unrelated matter with him. The Aurovillian tried to get him to come inside the room instead, but he wouldn't, so she left the room to speak to him. She was then ambushed by a group of around 10 people, who then entered the room and claimed the space. The AVFO 'WCom', in an unsigned Auronet post, [claimed](#) that the repossession of the space was 'peaceful'.

The AVFO 'WCom' also erroneously stated that AV Council is "a group which has not been formally recognised under the current governance framework of the Auroville Foundation." This claim was strongly refuted by both the AV Council in their [massbulletin](#), and the RA WCom in [their communication](#). WCom stated that "The Auroville Council was created at the insistence of then Chairman of the Auroville Foundation, Shree Kireet Joshi, and is a committee formally constituted under Section 19 of the Auroville Foundation Act ... This statement shows shocking ignorance of the basic tenets of the Governance of the Auroville Foundation by people who persist in claiming to be the 'Working Committee of the Residents' Assembly.'"

ANNAPURNA FARM UPDATE

Annapurna Farm representatives met, for the second time, with the AVFO 'FAMC' and other Governing Board (GB) appointed group members, on the 21st October 2025. Key points from the meeting include:

- Annapurna is expected to shift in a timeframe of approximately 6 months.
- There is no area of Auroville farmland available for them to shift to, that meets Annapurna's basic farm relocation requirement - namely, 50 acres of contiguous land.
- In the meeting notes of Chandresh (AVFO 'FAMC') it is mentioned that events will unfold "as soon as the lease is signed," however the meeting summary created by Annapurna Farm representatives note that near the end of the meeting it was asserted that a lease has been signed with IIT Madras for the Annapurna land and that "...we [AVFO 'FAMC'] are handing it over today".
- The Annapurna team have now themselves taken on the work of trying to identify suitable land, as the Farm Service, assigned the task to assist, did not come up with any viable suggestions.

Please find the meeting notes of the Annapurna Farm team [here](#), and those of the AVFO 'FAMC' [here](#), for comparison.

Annapurna Farm is Auroville's most productive farmland, producing around 30% of all of the food that is produced in Auroville. If the plan to lease this land to IIT Madras goes ahead, the community will significantly fall short of its goal to have food sovereignty and sustainable agricultural practices within Auroville.

The change.org petition is still open; please [sign here](#) if you have not already done so.

AFSANAH'S GH UPDATE

Large scale tree clearing has taken place in and around Afsanah's Guest House for the completion of a second Vêrité radial. Buildings inside the guest house area have also been demolished. Although the guest house currently remains open, some guests who had long standing reservations have reported that their stays were cancelled without warning. It was also [announced](#) that Aurovilians may no longer use the swimming pool, citing an unnamed 'security issue'.



As shown in the picture below, this new piece of road is just a few meters away from, and runs parallel to, the old radial, which remains in good condition and continues to function effectively. The destruction of this community asset and the clearing of trees raises concerns around allocation of community time, resources, and funds. Instead of functioning roads, and an operational guest house, there are now cleared areas, demolished buildings, and a guest house of significantly reduced value to the community.



An [article](#) on the Hindi-language news site [amarujala.com](#) (see [here](#) for the English translation) made a number of unsubstantiated claims about ‘financial irregularities’, including; *“An investigation revealed that the guest house had been the victim of serious mismanagement for several years. The audit revealed numerous financial irregularities, including unverified cash transactions, unaccounted income, and serious deficiencies indicating possible embezzlement of guest revenue”*.

These extremely serious allegations are not based on facts. The former AGH management team have been open and transparent about all the events surrounding the takeover, and have shared a complete [timeline](#), which includes a large number of emails from them to the AVFO ‘working groups’ regarding claims of financial mismanagement by the Guest House Trust. The article was later updated to include a response from RA WCom, who had written to the editors of [amarujala.com](#) to object to this framing of events.

Following the [statement](#) that was shared on Auronet by the AVFO ‘FAMC’ after the forcible takeover of AGH, Auradha and Rosy sent a [massbulletin](#) to the community, which disputed several aspects of their statement, in particular the claims that the repossession was “peaceful” and that they were “unauthorized occupants” who “grossly mismanaged” the guest house.

‘CROWN TRAM’ PLANS IN THE MEDIA

Articles in The Hindu indicate a new agreement between the Auroville Foundation and Indian Railways to create a “low speed, electric commute facility” for Auroville. While this plan is not new - a piece of railroad was even laid down in Aurovelo many years ago as a test site - it now includes a ‘Toy Train’ to service the Kindergarten zone, as well as a ‘Crown Tram.’ Details on funding have not yet been clarified, and there are also open questions about how a tramway could be implemented in the near future, given that several privately owned plots still prevent completion of the Crown Road.

You can find the articles in The Hindu [here](#) and [here](#). A reel showcasing the proposed tram, made with Artificial Intelligence, was shared on Facebook by the account ‘Pondicherry City’ and can be found [here](#).

LEGAL UPDATE

Admission and Termination Regulations Case

The legal status of the Auroville Foundation (Admissions & Terminations of Persons in the Register of Residents) Regulations, 2023 remains contested. The RA WCom [reported](#) on 26th October that the case, which had concluded its debate in August, is being reconsidered after the main judge was transferred. Despite the 2023 Regulations having been challenged in court, no stay or interim order has been granted against them.

Working Committee Legitimacy

Multiple court cases concerning the legitimacy of the Working Committee remain pending in the Madras High Court. The RA WCom [has stated](#) that all three cases are still open, contrary to a recent [communication](#) from the AVFO ‘legal coordinator’ (Sindhuja) suggesting the matter has been definitively resolved. An October 2024 judgement in a ‘quo warranto’ case dismissed the petition on technical grounds but did not pronounce on which Working Committee holds legitimate authority. A Court Order from 4th September 2023 had stipulated that the Residents’ Assembly may function under specified conditions, with certain limitations also applying to the Governing Board.

Land Exchange Court Cases

On 28th October 2025, the Madras High Court dismissed a Writ Appeal challenging the AVFO’s land exchange transactions. The appeal, filed by an Auroville resident, had sought to halt land exchanges and cancel registrations dating from 2021. Please find the court order attached [here](#). The High Court upheld an earlier judgement from 4th March, which had found that the AVFO followed due process in conducting land exchanges. According to that ruling, the transactions were conducted in consultation with statutory bodies (i.e. they consulted the AVFO ‘working groups’, they were aligned with the Auroville Master Plan, and resulted in net gains for the Foundation. The court also determined that land exchanges do not require prior government sanction, as they differ from outright sales.

ROADSIDE TREES CUT

The AVFO ‘Green Services’ cut six trees, including two mature Kaya trees, which were providing shade to the roadside just outside Edayanchavadi, in order to make way for the expansion of the outer ring road (ORR). Although Auroville holds the patta of the roadside land, once you permit a state highway to be built on it, the road including buffer zones on both sides and trees on both sides become part of the highway infrastructure. Thus, any tree cutting on the roadsides needs clearance of the Highway Department.

It is important to note that this new piece of ORR has three connecting roads from the main highway, thereby increasing traffic into Auroville, which is against the original intent and design of the Masterplan.



Watch the video [here](#).

The cutting of the trees was initially halted by local people who were surprised by the action and demanded that the AVFO workers show the paperwork to prove that they had permission. The police were called and, as the workers were unable to prove that they had permission to cut the trees, their work was initially stopped. However, workers hired by the AVFO returned later to cut the remaining trees.

A police complaint has been filed by the Highway Department and has been taken up as a [CSR](#). The events were covered in the local news ([here](#) in Tamil and [here](#) for an English translation).

ERRATA RE DR KARAN SINGH

In the last report, an article was shared about Dr Karan Singh comments to AV Today, regarding a false and misleading article in The Hindu newspaper. Due to an editing mistake, the 94th edition was sent without including Dr Singh's correct title. The editors extend their apologies for this oversight.

MISCELLANEOUS

- Change.org Auroville petition concluded: A [petition](#) that was launched in December 2021 in the wake of the destruction of the Youth Centre and the attempts to destroy Darkali Forest has been concluded with a total of nearly 59,000 signatures. The final petition was submitted to the Hon'ble Prime Minister of India for his consideration.
- Auroville 'Alignment Program': The AVFO 'HRS' sent out an unsigned massbulletin which announced that "FAMC, HRS, ATR, and the Visitors Centre" were launching the "[Auroville Alignment Program](#)" which they claimed "is a collective effort to help each one of us ... live the ideals and purpose of Auroville in a more conscious, practical way". The program for Aurovilians is named '[consecration](#)'.
- AVFO CoC for pet owners: The AVFO 'Working Committee' sent out an unsigned massbulletin (apparently a 'draft') containing a '[code of conduct for pet owners](#)' which claimed to be in line with the Mother's guidelines for Auroville. The massbulletin was accompanied by a [selection of the Mother's quotes](#) regarding animals in Auroville, in which it was noted that she was against having a zoo in Auroville. The closest thing that Auroville has to a zoo is "Le Paradise D'Auro", an animal park located near Irumbai which was heavily supported by the AVFO 'WCom' member Arun.
- RRU Cyber Psychology course: The first offering from the "RASTA (RRU-Auroville Security Training Academy) initiative" is a '[Cyber Psychology](#)' course that was shared with the community by "Dr. S. Bascarane, Community Coordinator cum Cyber." Dr. S. Bascarane is a Superintendent of Police (SP) for Wireless/Cyber Crime in Puducherry. Cyber crime does not appear to be a pressing issue for the Auroville community so this appointment raises a number of questions regarding the use of community funds for outside consultants, particularly at a time that many Aurovilians are being denied access to community resources.

MEDIA & OTHER LINKS

- 23rd November 2025, The Scroll: [Eco India: How a citizen science lab Tamil Nadu is unlocking the potential of the mighty fungi](#). The video includes interviews with Aurovilians Milla and Nadja and volunteer Ishaan, and documents their ongoing citizens' science work to understand the fungi in Auroville's environment.

- November 2025, Tragi-Comik Newsletter N° 14: "The Descent into the Night": A Contemporary Moment? Find [the English version here](#), [French version here](#).
- 7th March 2025, The Inder: [Auroville: Ein Traum von Gemeinschaft am Scheideweg](#) [Auroville: A Dream of Community at a Crossroads].
- 28th October 2025, The Hindu: [Auroville gallery hosts show by three women artists](#). Artists mentioned are Tejaswini Mistri Kapoor, Clara Sevilla, and Tosha Parmar. You can find an unlocked pdf of the article [here](#).
- 20th November 2025, Times of India: [Three Auroville athletes in Indian team that won World Beach Ultimate Championships](#). The article mentions Aurovilians Amarsakthi Sivaraj, Harsha Vardhan, and Gothainayagai Bala Murugan, and wrongly attributes their achievements to Jayanthi Ravi. You can find a pdf of the article [here](#).



COMMUNITY SHARING

● [LAST MINUTE CALL] PETITION AGAINST THE TERMINATION NOTICE ISSUED TO AN AUROVILIAN / NOV. – DEC. 2025

"Show your solidarity now!"

Dear Auroville community and well-wishers,

We would like to thank the 670+ people who have already shown their support for Major Arun Ambathy, who recently received a "termination notice", as well as the 39 residents who have received "show-cause notices".

Your voice is especially important at a time when the world faces increasing divisions and controls. Auroville, in its foundational conception, stands for unity and respect for diversity, dedicated to collective harmony and progress. We cannot allow people to be silenced or excluded from this shared adventure.

If you have not yet signed the petition, please do so, and help spread the word among your family and friends who may resonate with our appeal.

Please find the petition link below:

<https://forms.gle/9jbkh1F9ttCgjRwg6>

On Monday, 8th December, signatures will be verified and then be sent to the Ministry of Education (the administrative parent body of the Auroville Foundation) and other relevant authorities.

Your confidentiality will be maintained.

Sincerely,

Concerned Residents of Auroville

NOTE: Please do not submit your signature more than once.

If you prefer to submit your signature via email, please send your name, your community name or city/country of residence, your response to the petition, and the title of the petition to: the.city.the.earth.needs@gmail.com

Questions of Scope and a Website

SAIER was founded in 1984. In the last few years, we have revisited old documents and past work to ask: why was SAIER created? What is its scope? What could its role be in the context of Auroville today?

Perhaps the scope is in its name: Sri Aurobindo International Institute of Educational Research.

It begins with **Sri Aurobindo**, and his gift to the world, the force in action he represents in our current evolutionary crisis. And so the question: how do we remind ourselves of His work? Realign perhaps with a direction we may at times have shunned as too far off, so “let’s do this for now...”

International: if we look around ourselves, we may find we are missing some representation from nations where the young people of the world find themselves today – the Global South – full of enthusiasm and seeking and urgent need to find new paths... would it not be interesting to reach out in these directions, and see what bridges we might build?

Institute: it’s a word perhaps our Auroville society is a little weary of, since it’s very beginning... for life itself must find a way, and imposed structures tend to suffocate the flame. And yet, it’s here... this word. Part of our work and quest. What if we sought to find what institute could mean? An attempt to find an approach, even in today’s context, which shifts away from the hierarchical institutions we do not wish to recreate, into perhaps a more Subjective form of evolving networks? A something new, finding its way so as to simultaneously hold a sense of continuity and accountability and offer space for the New Consciousness to breathe, and to seep into our collectivities.

Education: an unending education and constant progress ... it’s been a 50-plus-year journey for Auroville education, often dancing between extremes of structure and freedom. As AI arrives, as numbers grow, as we question the education systems we have so carefully erected, is it time, finally, to zoom out of the context of schooling and imagine perhaps a gradual shift towards more flexible learning environments with the inner quest at the very centre?

Research: Auroville is a living laboratory, experimenting in all fields of human life and endeavour. Yet much of these experimentations remain unwritten. What could research mean in the context of Auroville? What could the research of tomorrow look like? Is it an exercise we are ready to undertake, to jot down and organise, the questions we seek to answer, the attempts, the falls, the learnings.

These are some of the questions which have been raised, some of the discussions we have been having. And in an effort to understand what works SAIER may take up, the first tiers of a website have been born—saiier.org. It is still under development, and hopes to offer soon a window into SAIER’s ongoing initiatives: research projects, educational resources, reflections on practice, and opportunities for collaboration.

RESIDENTS SPEAK

SYSTEMS ENGINEERING GALAXY: ROGER ANGER’S LETTER RE THE FORD FOUNDATION

Some people pretend that the Mother never approved a master plan. To debunk the tale, I replied that a preliminary master plan was submitted to the Ford Foundation for partly financing

(\$ 430,000) a feasibility study for the Galaxy to be built in five years via systems engineering. This was the outcome of a one-week long conference, held in November 1968 in Roger’s studio in Paris, with Mother’s blessings.

In 1987 Suresh Indocha, the *deus ex machina* of the entire operation, gave me a copy of Mother’s letter, along with the complete archival documentation of what transpired, and which no one in Auroville had seen so far. We kept the whole at the Centre for Human Unity/Laboratory of Evolution where I worked, and afterwards passed it to the Auroville Archive. I have a soft copy (PDF or jpeg) of the original massive folder.

I attached the following files, which on request I can forward to others as well:

- Mother’s 15-page letter to the Ford Foundation, 13th March 1969. The jpegs files are also available.
- Roger Anger’s letter to André Morisset (Mother’s son) apropos the Mother contacting the Ford Foundation. Original French, and English translation.
- On behalf of the Government of India, in 1971 the United Nations requested Dr. Sidney Firstman, already approved by the Mother (Planning Research Corporation, Los Angeles – cooperating with NASA) to submit a feasibility study. PDF file attached.
- The preliminary master plan, of which I have an original copy, and its maps. The Foundation has abundantly photocopied it.

The complete story can be read at <https://overmanfoundation.org/the-systems-engineering-galaxy-of-auroville-as-approved-by-the-mother-by-paulette-hadnagy/>

I also have a recording of the speech that Suresh Hindocha gave at the Town Hall in 2009; also attended by Kailash Jhaveri, Mother’s secretary to UNESCO. A lively interaction followed. Sauro, at that time in the planning section, had welcomed my request and the Auroville radio did the recording.

“The Systems Engineering Galaxy and Mother’s guidelines” may be my fourteenth book, presenting the entire documentation. An Aurovilian has offered to sponsor it.

History cannot be subverted.

Sadly, Roger’s letter to Mother’s son on 25th January 1969 tells a lot:

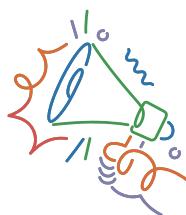
My dear André,

I met with Mother this morning regarding the Ford Foundation. She had asked me to summarize its main points, which had remained pending until, I believe, its content, purpose, and consequences were clearly explained to her.

Mother gave her initial approval for it to be sent to Delhi as soon as possible, after making a few remarks and suggestions that we will, of course, strive to incorporate into the final document to be prepared for the final presentation to the Ford Foundation in New Delhi before February 8th.

With Mother’s agreement, I requested that a copy of the document presented to her be sent to you so that you could provide your feedback and identify any points you find debatable. It is therefore urgent that you inform me of your opinion as soon as possible.

I found in Auroville a level of disarray rarely seen and a complete waste of goodwill, disorienting some and pushing others towards actions and initiatives detrimental to the project’s success. Once the facts have been analyzed, I will speak to Mother. With her help, new organizational and coordination methods should, I hope, allow for greater efficiency and, at the very least, rectify a financial situation that appears to be, to say the least, confusing. The



interpersonal issues and the dynamics of the relationships among the Aurovillians must also be brought to Mother's attention. I sincerely regret that you are not here to help with the organization.

I will try to keep you informed. I hope the Auroville association is progressing and that you can keep a watchful eye on it. All is well. Everyone is in excellent health. My warmest regards.

Roger

Submitted by Paulette

A THANK YOU NOTE

Dear Solar Kitchen team,

My heart is deeply grateful for your teamwork and dedication in cooking and serving such healthy, delicious meals—with varied ingredients and flavors, delivered with such regularity.

It is truly a gift to nourish so many while maintaining your commitment to quality service, always with warmth and humanity.

I love your gentle reminders to eat, not to waste, and the focus and smiles you bring to your work.

I feel my body and spirit nourished and happy. I feel at home and inspired.

I come to Solar Kitchen to nourish both my stomach and my heart, experiencing the sacred connection through a sweet exchange of gazes, without the need for many words.

With warmest thanks,
Anandi Zhang



PERHAPS SOONER

"One must have an absolutely transparent sincerity. Lack of sincerity is the cause of the difficulties we meet at present. Insincerity is in all men. There are perhaps a hundred men on earth who are totally sincere. (This was 57 years ago in 1968... hopefully there are more now circa 2025)

Man's very nature makes him insincere—it is very complicated, for he is constantly deceiving himself, hiding the truth from himself, making excuses for himself. Yoga is the way to become sincere in all parts of the being. (Oopsies... no choice really. "Only by an entire change" beyond the human being is the solution)

It is difficult to be sincere, but at least one can be mentally sincere; this is what can be demanded of Aurovillians. The force is there, present as never before; man's insincerity prevents it from descending, from being felt. The world lives in falsehood, all relations between men have until now been based on falsehood and deceit. Diplomatic relations between nations are based on falsehood. They claim to want peace, and meanwhile they are arming themselves. Only a transparent sincerity in man and among nations can usher in a transformed world.



To continue reading, please scan the QR Code to access the links or go to this blogsite and open the post with the same title:
<https://zechjoya.blogspot.com/>

FO GROUPS NEWS

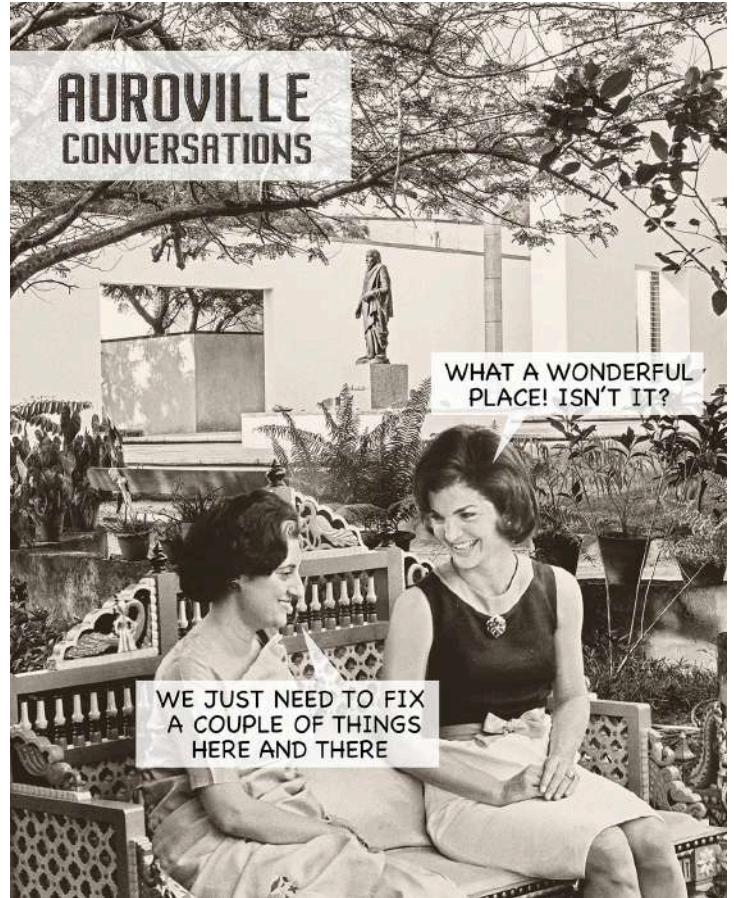
(not selected by due Residents' Assembly process)

FROM THE FO N&N 1107/8

Please click [HERE](#) to read the FO groups' news



AUROVILLE CONVERSATIONS



Submitted by an Aurovillian

FRENCH NEWS & NOTES

NOUVELLES D'AUROVILLE



Auro - Traductions

11 Décembre 2025

Click [here](#) or scan the QR code to read the French News&Notes.



INNER JOURNEY

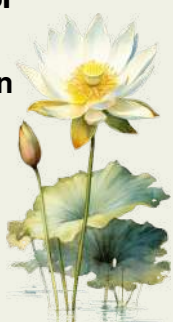
INTRODUCTION TO THE INTEGRAL YOGA OF SRI AUROBINDO AND THE MOTHER

Tuesday 16th December, 9 am - 12 noon
Focus: The Vision and the Way.

Led by Ashesh Joshi

Place: Mirabelle Education Centre, Auromodele
Ph/Whatsapp: 94891 47202 (Please register)

All are Welcome



SAVITRI SATSANG WITH NARAD

EVERY TUESDAY, 04:30 - 05:15PM

In this deep exploration of Savitri we will study:

1. The mantric basis of Savitri
2. The importance of iambic pentameter in epic poetry
3. The wealth of definitions in Savitri from Sri Aurobindo and Mother
4. Music and alliteration in Savitri
5. Words defined from the 'Lexicon of the Infinite Mind'
6. The Mother's Words on Savitri

At Savitri Bhavan - Square Hall.

All are welcome to join.

Narad



OM CHOIR WITH NARAD

EVERY TUESDAY, 05:30 - 06:15PM

Please join us in this collective aspiration, in the form of united prayer.

No prior singing experience is required.

At Savitri Bhavan - Square Hall



AMPHITHEATRE - MATRIMANDIR

MEDITATIONS AT SUNSET WITH SAVITRI

**Every TUESDAY
from 5:30 to 6:00pm**

(weather permitting)



Savitri, Sri Aurobindo's long mantric poem, read by Mother to Sunil's music are *on weekly for everyone to concentrate in this beautiful open space in the very center of Auroville.*

- **Reminder to all:** The Park of Unity is a place for silence, meditation, and inner work and is to be used only as such. We request everyone: please do not use cameras, tablets, cell phones, etc. **No photos.**
- **Guests with Auocard** wishing to attend must book at <https://bit.ly/savitri-reading> one or two days in advance or the very day before 11am. Please bring your Auocard with you.
- **Access by Office Gate** for the Amphitheatre only from 5:15pm. Guests are requested to bring along their Auocards. Last entry for guests at 5:30pm. Access limited for guests to the Amphitheatre.
- **Last exit for guests** at 6:15pm.

Velmurugan for the Access Team

VIBRATIONAL SOUND BATH

SOUL NURTURING MEDITATIVE EXPERIENCE WITH THE ORIGINAL RUSSIAN SINGING BELLS

*These are sounds of the Beginning
These are sounds that cradled the worlds*

Harmonious play of rich powerful tones and strongly resonating overtones invokes a profound state of inner peace, tranquility and self-healing, bringing deep physical and psychological relaxation.

Open Group - Everyday 3:00 - 4:30pm

At Mirabelle Education Center, Auromodele, Kuyilapalayam

Led by Vera (Instagram - [Vera.Auroville](https://www.instagram.com/Vera.Auroville)) and Ashesh Joshi

Please register in advance

Ph/WhatsApp: +91 94891 47202, +91 94862 47202

(Private sessions on request at other timings)

ANNOUNCEMENTS

BEFRIENDING DEATH

THURSDAY 25TH DECEMBER, LIBRARY, CREATIVITY

Time: 10:45am - 11:45am

Venue: Creativity Library, Creativity community, Auroville (not AV library)

- Open for all.
- No registration / fee required.
- Phones on airplane mode.
- No entry after 10:45am.
- Donations welcome.

Hosted by Deepa.

More about Deepa's work- life- travels

<https://tinyurl.com/v9nwba2>



AUROVILLE'S GOT TALENT

FRIDAY 12TH DECEMBER, YUVA SANGHA (KAILASH)



Join us for an evening of Auroville's own talent, rap, stand-up, live music, poetry, dance, a fire show, and more.
 AGT is a warm, lively space where our community comes together to share their expressions and cheer each other on.

- **Friday 12th December**
- **6:30 – 8:30 PM**
- **Yuva Sangha (Kailash)**

Guests coming from outside of Auroville, please register at <https://forms.gle/sMAKQy8mQxU8WLbK7>

— YouthLink Team

CELEBRATING 30 YEARS OF STUDIO NAQSHBANDI IN AUROVILLE

MON 15TH - SAT 20TH DECEMBER

It's been 30 years since I started practicing in Auroville as a bright-eyed, idealistic young architect, ready to begin an adventure!

And what a great privilege it has been to build and design for and in Auroville. The journey has had its ups and downs - from the joy of seeing a building take shape to often facing challenges typical to Auroville's planning processes... but mostly it has been a humbling experience, one of learning to unlearn and getting to know oneself better.

I have been thinking how to share this moment with the larger community and have the idea to have an **OPEN HOUSE of 7 different projects** created by me, from **15-20 December 2025**.

This way you can have a glimpse into the world of architects and architecture - how a concept drawn as a sketch becomes a built creation and takes a life of its own; of all the different agencies that come into play to birth a building. Our gestation period from the first sketch to starting the construction is typically about 2-4 years if we are lucky !

Following are the buildings and their locations, days and timings. We have got special permissions to show everyone around and the users (in most cases), contractors of the building and our team at Studio Naqshbandi will be present to explain, answer and have some documentation ready for you.

30 YEARS OF STUDIO NAQSHBANDI			OPEN HOUSE AUROVILLE
SCHEDULE	15 DECEMBER/ MONDAY	12:30-03:30	BUDOKAN martial arts center Dehashakti Sports Ground
	16 DECEMBER/TUESDAY	03:30-05:30	WHITE PEACOCK ceramic Studio Kinderqarten campus (entrance opposite Nandanam)
	17 DECEMBER/WEDNESDAY	03:30-05:30	MORNING STAR birthing center (under construction behind Sante)
	18 DECEMBER/THURSDAY	10:30-12:30	NATURELLEMENT staff unit (Udyogam)
	19 DECEMBER/FRIDAY	02:00-03:30	UTSAV second floor Svaram atelier & Naqshbandi Apartments
	19 DECEMBER/FRIDAY	03:30-05:30	STUDIO NAQSHBANDI, Yantra Visit our studio
	20 DECEMBER/SATURDAY	03:30-05:30	DEEPANAM SCHOOL Near Solar Kitchen
ALL ARE WELCOME. NO REGISTRATION REQUIRED.			

All are most welcome. It is free. (Registration not required)

Mona (Architect, Yantra)

JIVA AUROVILLE



A platform of Aurovilles therapists for therapy, workshops, classes, and professional training.

Regular offers

- Natural Horsemanship & Horse Assisted Therapy : Daily 8 - 10 am, 4 - 6pm
- Sunday JIVA Breathwork : Sundays 4:30 - 8pm
- Cosmic Dance Wave Saturdays : 5 - 6:30pm.

Upcoming workshops

- **4, 5, 6 Dec** - Online Module Integral Trauma Therapy Introductory Webinar
- **6 & 7 Dec** - Transforming Trauma (9am - 12:30pm , 2 - 3:30pm)
- **13 & 14 Dec** - Inner Child Work (9:30am – 12:30pm, 2 mornings)
- **12 Dec** - Quantum Energy Upgrade (9am - 5pm)
- **13 Dec** - Intro to Regression Therapy (9:30am – 12pm)
- **14, 15, 16 Dec** - Breathwork (9 - 6pm, 9am - 4:30pm, 9am - 2:30pm)
- **14 Dec** - Ancestral Lineage Healing (9am - 5pm)

www.auroville-jiva.com contact@auroville-jiva.com

WA 96260 06961

THE POTENTIAL OF KINDNESS - BOOKLET LAUNCH AND SHARING OF RESEARCH FINDINGS

TUESDAY 16TH DECEMBER, CREATIVITY HALL OF LIGHT

Over the past year we have been exploring how kindness activities affect peoples' wellbeing, social connections, and self-compassion.

We sought to better understand how kindness varies across different cultures and what obstacles might prevent us from giving and receiving kindness. We were also curious about the contagious nature of kindness - how it can create a ripple effect.

Our action research saw around 80 community members take part in activities including sharing of Kindness Stories, Film Screenings, Acts of Kindness, and Loving Kindness Meditation then share feedback on the impacts they noticed.

We are delighted to share the findings from the research and also launch the Kindness Booklet, which captures some of the personal stories we heard from Aurovilians about their experiences of kindness along with beautifully captured portraits.

We warmly invite you to join us in this final session of the project, to discuss the key research findings, explore the research outcomes together and celebrate the stories.

This event is open to everyone. We look forward to sharing this work on kindness with you.

Helen & Nikethana



KINDERGARTEN OPEN HOUSE

FRIDAY 19TH DECEMBER, KINDERGARTEN



The Kindergarten at Center Field invites you to an open house on

- Friday 19th from 1:15 p.m. to 2:30 p.m.
- and Saturday 20th from 9:00 a.m. to 12:30 p.m.

Come to visit all the classrooms and the Painting and the Blocks rooms where the work and photos of the children will be displayed.

SOLITUDE FARM CAFÉ – 20 YEARS OF LIVING FOOD CULTURE

FREE GUIDED FARM TOURS EVERY SATURDAY



For over 20 years, Solitude Farm Café has been a living example of local and traditional food systems in Auroville. Rooted in cultural and nutritional heritage, the café prepares food using a wide diversity of edible weeds, tubers, flowers, leaves, roots, stems, seeds and seasonal vegetables, all grown through natural, non-interventional farming practices.

The food is deeply nutritious and full of distinctive flavour, while also addressing the ecological cost of industrial agriculture—monocropping, long food miles and heavy carbon footprints—by growing and cooking what truly belongs to this land.

Solitude serves breakfast and lunch daily, offers a daily local food thali lunch as an alternative lunch venue, and offers a Lunch Scheme for Aurovillians not on city service maintenance. A small farm shop on site sells Ayurvedic powders, jams, pickles and fresh farm produce.

Free guided farm tours take place every Saturday at 11:30 am, sharing the narrative of natural farming and the reclaiming of cultural nutritional heritage.

We look forward to receiving more Aurovillians at the farm.

Team Solitude Farm Café

98433 19260

solitudepermaculture@gmail.com



THE COLOURS OF NATURE

NEW POPUP/PRODUCT SALE

Looking for Christmas gifts?



Visit our new Popup at our Production site. All old stock at 50% and an additional 5% off for Aurovillians. Also some new stock and cheaper reject sales.
www.thecoloursofnature.com



The Colours of Nature
Production HQ
Next to Isai Amabalam Annex GH
Auroshipam, Auroville, Tamil Nadu
Contact: colnature@gmail.com

ASHTANGA YOGA WITH MONICA

MONDAY - FRIDAY, PITANGA

Ashtanga Yoga

with Monica Marinoni

KPJAYI Authorised
Level 1 & 2 teacher

Monday - Friday
9am – 11am (self paced)

Saturday
9.40am – 11.10am
(led primary series)

NO classes on:
Sundays,
New & Full Moon days,
Public holidays



Ashtanga Yoga, practiced in its correct sequential order, gradually leads the practitioner to rediscovering his or her fullest potential on all levels of human consciousness: physical, psychological, and spiritual. Through the practice of correct breathing (Ujjayi Pranayama), postures (Asanas), and gazing point (Dristi), one gains control of the senses and a deep awareness of oneself. By maintaining this discipline with regularity and devotion, one acquires steadiness of body and mind.

Classes with prior registration only. No drop-ins.

Booking with the teacher only:
marinonimonica@gmail.com – QR code

More information:
www.monica-marinoni-ashtangayoga.com
or WhatsApp +39 3917254083



Pitanga Cultural Centre, Samasti, Auroville 605 101 | info@pitanga.in | 0413 - 2622403, 9443902403
A service unit of the Auroville Foundation, Health and Healing Trust branch, | GSTIN: 33AAATA0037RY3N

SRI AUROBINDO AND MOTHER'S THOUGHT IN LAST SCHOOL

Sri Aurobindo and Mother's Thought in Last School

Last School is happy to open its doors and welcome all those who are interested in exploring Mother and Sri Aurobindo's works.

If you are interested in being part of this initiative and collective learning exploration please register:

Whatsapp +447515377896 or email misha@auroville.org.in

CREATIVE VOICE SOUND HEALING
EVERY THURSDAY,
HALL OF LIGHT, CREATIVITY

HALL OF LIGHT CREATIVITY COMMUNITY AUROVILLE

CREATIVE VOICE SOUND HEALING

EVERY THURSDAY FROM 5 TO 6,30 PM

Experience vocal techniques, breathing, toning, singing, dancing, etc
To promote relaxation, self discovery, emotional release, free expression and happiness.
We discover our heart voice through singing.
Exploring our different voices and small instruments.

NO EXPERIENCE NEEDED
NO REGISTRATION
AUROVILIANS AND NEWCOMER FREE CONTRIBUTION
300 Rs FOR GUEST

CONTACT: Iola 9443069335.

HIVE COWORKING SPACE
OPEN HOUSE EVERY FRIDAY, AUROMODE

NEED A PLACE TO WORK?

OPEN HOUSE

Hive
COWORKING SPACE

FREE ON EVERY FRIDAY

More Info : +91 90 42 75 95 40 | www.auromode.in

Are you looking to work, study, create or simply connect with like-minded professionals in a serene place? Step into Hive and experience the Cosy workspace with super-fast Internet, Coffee -

-All for FREE on our Open House.

- Venue: Hive, Auromode
- Time: 9 am - 7 pm
- Visit us at www.auromode.in/hive-coworking for more details on our plans and facilities.
- For inquiries: auromodehive@auroville.org.in / +91 90427 59540 (WA) / +91 70921 97375 (WA) or drop by.

All are Welcome!!!

FREE AI MASTERCLASS FOR ALL
EVERY SATURDAY, HIVE, AUROMODE

AI CLASSES ARE BACK!
Restarting with fresh energy

FREE

• Prompt Engineering
• Generative AI (GenAI)
• AI Development,
• Data Science

Every Saturday: 10am to 11am
Location: Hive, Auroville

Registration: RSVP to +91 9886740850
Join us on this journey once again

Hive COWORKING SPACE

Are you looking to transform your future and career with AI? Come Join our **Free AI Masterclass** at Hive Coworking Space facilitated by S M Pandi Subramanian, founder of Enthiram.AI, with over 20 years of pioneering work in AI innovation and solutions.

Open for all, no prior experience needed.

Contact: +91 98867 40850 / auromodehive@auroville.org.in

SUPPORT NEEDED

APPEAL TO SUPPORT THE MULTIMEDIA CENTRE AUDITORIUM - CINEMA PARADISO

Be Part of The Story: Support
Multimedia Center Auditorium – Cinema Paradiso (MMC-CP)

Community cinemas worldwide thrive on support from their audiences. At Cinema Paradiso, our core funding now covers only basic maintenance. We handle everything else ourselves, from fuel to upgrades. Since COVID, operational budgets dried up, costs rose, and fewer events mean less income. Generator expenses once covered outside the budget now fall on us.

To cover ongoing expenses, we set a goal of 8 Auroville units. Three units already contribute ₹3,000/month each, and we are grateful for their support. We now invite 5 more units to join them. Individuals and film lovers are also welcome to contribute as well. Every bit of support helps.

Indian nationals and unit holders in Auroville (from any nation) can donate by setting up recurring or one-time contributions via the Unity Fund at our Financial Service. This ensures your support goes straight to MMC – Cinema Paradiso (FS Account #105106). Direct payments to our FS Account are not considered donations and will incur 18% GST for us. However, if that works better for you, please go ahead. Non-Indian nationals (from within Auroville or elsewhere) are welcome to contribute by contacting AV Unity Fund at Financial Service for guidance.

Your contribution helps keep screenings alive and strengthens community spirit. Be part of the story.

Thanking you
MMC-CP Team

LOOKING FOR

TAXI SHARING - CHENNAI TO AUROVILLE

MONDAY 15TH DECEMBER

To stay ECO FRIENDLY am very willing to share a taxi **from Chennai airport to Auroville on Monday 15th of December 2025 around 4:00PM (16:00).**

Please contact via WhatsApp +34685673777 or email: srimaa221@gmail.com

Many thanks, Sunny



STOLEN MOTORBIKE



Hero Passion X Pro, Grey color, Registration No. PY 01 CM 0556.
Stolen from Realization community garage, Auroville.
Reward for information leading to recovery.

LOST KEYS

I lost on the road of large door key plus three smaller lock keys.

If found pl contact

Frederick

94864 75457

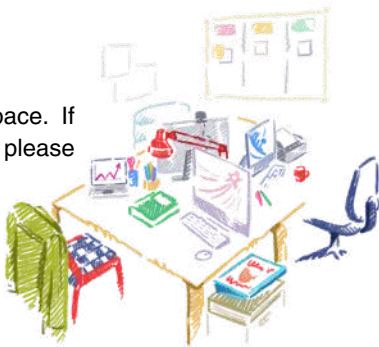


OFFICE SPACE

I am looking for an office space. If you have a room I can use, please let me know.

Krishna D

98841 20010



TRANSLATORS AND PROOFREADERS

Looking for translators and proofreaders for questions (written in English) on conscious dying.

- **Proofreaders** needed for:

Gujarati, Kashmiri, Kannada, Bengali, Marathi, Sindhi, Tamil, Portuguese, Turkish, Japanese, Spanish, Chinese, English.

- **Translators** needed for

Indian / foreign languages not mentioned above.

- No prior experience required. Just enthusiasm and interest in this topic

Regards, Deepa,

stigmatad@gmail.com

More about Deepa's work- life- travels

- <https://tinyurl.com/v9nwba2>



AVAILABLE

BIG WOOLLEN CARPET



approx, measures 3'40 by 2'40.

Joan, joan@auroville.org.in

WORKSHOPS

CO-CREATING THE DREAM WORKSHOP SERIES

SATURDAY 13TH
DECEMBER,
VÉRITÉ



A few Aurovilians have taken online ProSocial courses based on Nobel Laureate Elinor Ostrom's research, in which she identified eight core principles based on communities around the world that help them work successfully. These include clarifying shared purpose and values, fair decision-making, transparency, and constructive conflict resolution. The ProSocial training also included listening, communication and other internal skills. Seeing the relevance of these discoveries for Auroville, we are offering a series of flowing, engaging, and explorative workshops to bring awareness to these principles and practice useful skills for enhancing interpersonal relationships, working in units, and collective life.

Each workshop is a stand-alone experience.

The series continues on **Saturday 13th December from 9:15 - 12:15** in Verite with our sixth workshop:

"Integral Making"

Decision

How do we choose—within ourselves and together as a group? This experiential workshop invites curiosity about the ways we make decisions, exploring both our inner processes and collective methods such as voting, consensus, and consent. Through guided activities and reflection, we'll observe how awareness and participation shape intelligent, harmonious choices. Together, we'll deepen our understanding of what it means to decide with integrity and wholeness.



Register at [Verité](https://www.verite.org/) through Whatsapp: +91 93636 24083.

EXPLORE THE MAHABHARATA WITHIN JANUARY 2026



Explore The Mahabharata Within

Since the beginning of 2023, a small group of Auroville residents have been working with Raghu Ananthanarayanan on the "Heartweaving" process and to deepen our work we are exploring a 6-day, residential program in January 2026 called the **Mahabharata Immersion**. We'd like to know if there are more Auroville residents who'd like to join this program and the Heartweaving process. If it interests you, kindly fill this form: <https://tinyurl.com/avmahabharata>

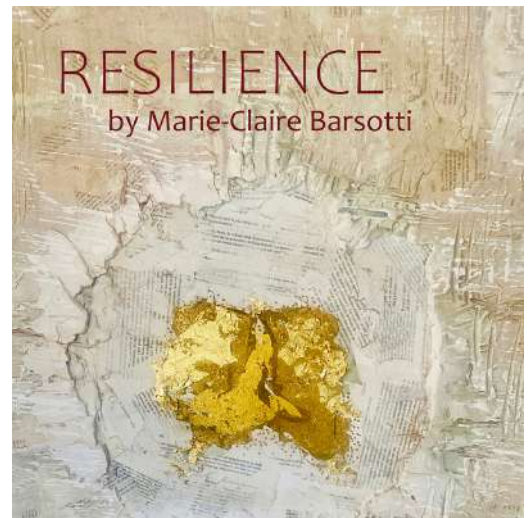
Feel free to share your questions and suggestions on: deven@auroville.org.in or heartweaving.auroville@gmail.com



CULTURAL ANNOUNCEMENTS

RESILIENCE BY MARIE-CLAIRE BARSOTTI

28 NOV - 17 DEC 2025, CENTRE D'ART



- Friday 28th Nov - Wednesday 17th Dec 2025
- Centre d'Art Auroville
- Tue - Fri : 2 - 5:30pm
- Sat : 10am - 12:30pm, 2 - 5:30pm
- Morning by appointment

EXHIBITION AT THE AUROVILLE LIBRARY BY CLAUDINE

We are happy to exhibit artworks by Claudine from Minati. All are welcome during opening hours.

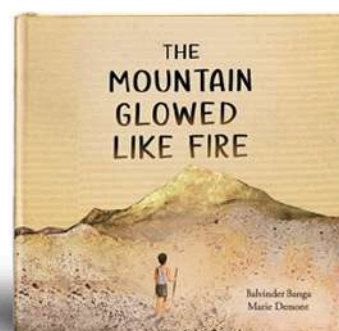


THE MOUNTAIN GLOWED LIKE FIRE - EXHIBITION

1ST - 15TH DECEMBER, AUROVILLE LIBRARY

THE MOUNTAIN GLOWED LIKE FIRE

Balvinder Banga - Marie Demont



Mornings:

- Mon - Sat: 9am - 12:30pm

Afternoons:

- Mon, Wed, Thurs, Fri & Sat: 2pm - 4:30pm
- Tues: 4pm - 6:30pm

PHOTO CIRCLE

FRIDAY 12TH DEC, MULTIMEDIA ROOM, CENTRE D'ART



Photo Circle meets again on **FRIDAY 12TH DECEMBER at 5pm** in the Centre d'Art multimedia room, at Citadines.

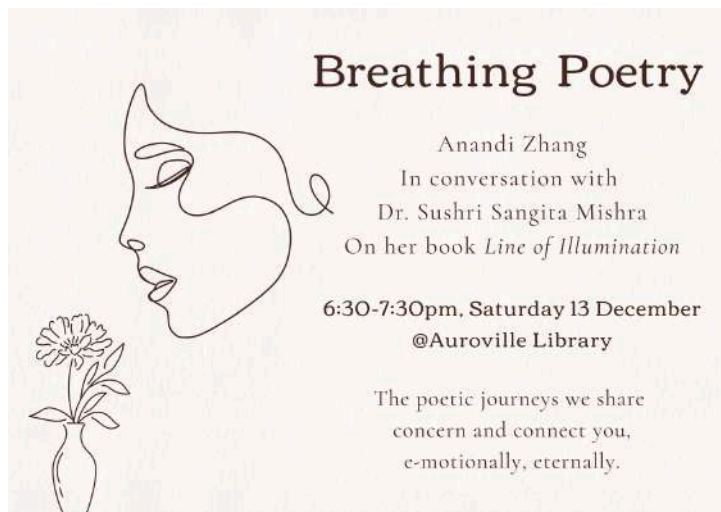
The Photocircle brings together Auroville's photographers and amateurs.

We share our own work, show the work of global photographers we admire, discuss the history of photography, and share techniques. Anybody can bring and screen a small selection of images.

Everybody's welcome.

BREATHING POETRY

SATURDAY 13TH DECEMBER, AUROVILLE LIBRARY



Anandi Zhang in conversation with Dr. Sushri Sangita Mishra, on her book *Line of Illumination*.

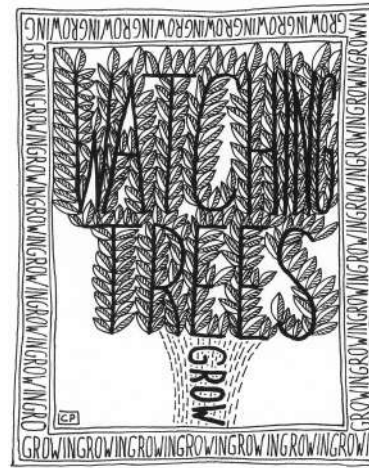
The poetic journeys we share concern and connect you, e-motionally, eternally.

- 6:30 - 7:30pm
- Saturday 13th December
- Auroville Library



WATCHING TREES GROW EXHIBITION

OPENING SAT 20TH DECEMBER, AUROVILLE LIBRARY



WATCHING TREES GROW EXHIBITION

AT THE AUROVILLE LIBRARY

13 BLACK & WHITE TREE DRAWINGS
INSPIRED BY MADHUBANI
AND THE AUROVILLE FORESTS

OPENING: SATURDAY, DECEMBER 20

6.30 PM

ON DISPLAY UNTIL JANUARY 17, 2026

CHRISTOPH

13 black and white tree drawings inspired by Madhubani and the Auroville forests.

OPENING: SATURDAY 20th DECEMBER, 6:30pm

On display until 17th JANUARY 2026.

Christoph

AT CRIPA

PRESENTING: KOOKURAL

SATURDAY 13TH DECEMBER



Kookural is an experimental verbatim theatre piece built from survivor testimonies and legal records of the 2011 Keezsathamangalampet violence.

It exposes the gap between lived experience and institutional language, using silence, fragmentation and repetition to question how we listen — and what it means to witness.

Dramaturgy, design & direction by [@dir balan](#)

17 : Saturday 13th December

7:30pm

: Cripa, Auroville

+91 90921 79209

DIONYSIA: A FESTIVAL OF STORYTELLING
SUNDAY 14TH DECEMBER



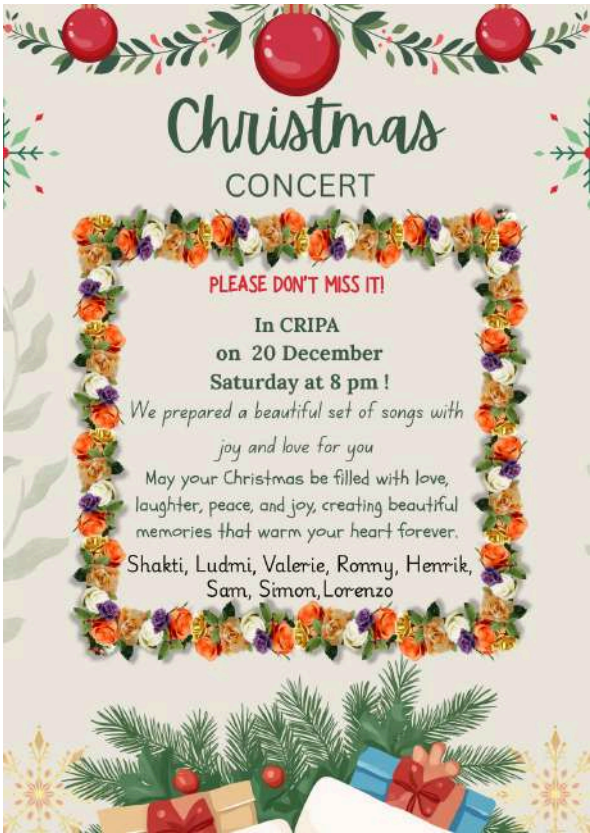
You're invited to an evening celebrating storytelling.

A curated set of poets, painters, sculptors, performers, musicians and more will showcase their works and share how they tell stories through their mediums.

Language: Tamil with occasional English.

17 : Sunday 14th December
🕒 : 3:30pm - 7:30pm
📍 : Cripa, Auroville

★CHRISTMAS CONCERT INVITATION★
SATURDAY 20TH DECEMBER



Join us for a joyful Christmas Concert. We've prepared a beautiful program of songs, filled with love and joy, just for you. May this Christmas bring laughter, peace, and cherished memories that warm your heart forever.

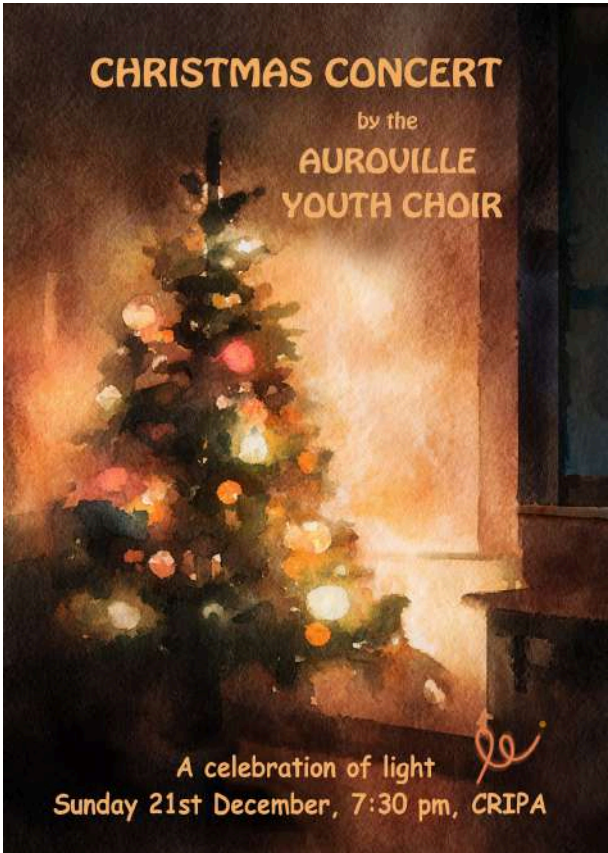
Arrive at 7:30pm to enjoy delicious pizza and wraps from Vishnu of Off Grid Bakery before the concert begins.

With love,
Shakti · Ludmi · Valerie · Ronny · Henrik · Sam · Simon · Lorenzo

17 : Saturday 20th December
🕒 : 8:00pm
📍 : Cripa, Auroville



CHRISTMAS CONCERT BY THE AUROVILLE YOUTH CHOIR
SUNDAY 21ST DECEMBER



Thank you for joining us in this celebration of Light through Music. We will present carols, folk melodies, and choral treasures from England, Germany, France, America and beyond. Through these songs, we hope to share not only melodies, but also the warmth, joy and stillness of this special season.

The Auroville Youth Choir - forty dedicated young singers - will be accompanied by Carel on piano and conducted by Núria.

17 : Sunday 21st December
🕒 : 7:30pm
📍 : Cripa, Auroville

★CHRISTMAS ANNUAL EVENT★

MONDAY 22ND DECEMBER




For Children and Adults


Come join us for an evening filled with joy, singing, and dancing! Bring your family and friends to celebrate the magic of Christmas together.

- Enjoy heartwarming performances
- Dance to festive tunes
- Meet Santa Claus – he's waiting just for YOU!

Let's make this Christmas unforgettable with laughter, music, and cheer.

 : Monday 22nd December

 : 4:30pm

 : Cripa, Auroville



FOR THE BOOKWORMS

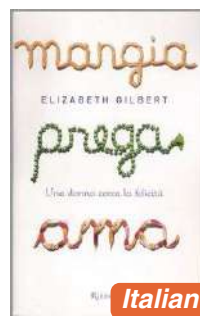
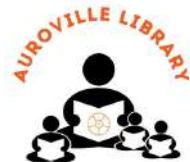
AUROVILLE LIBRARY

New Arrivals!

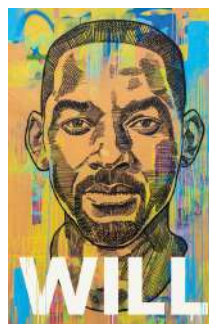
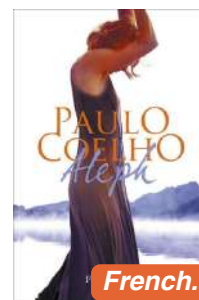
Dear Friends,

The Auroville Library invites you to come check out our **latest arrivals**.

In addition to books in English, French, Italian and German (See some examples below), we are happy to introduce **new works** from **fellow Aurovilians**, Mother, Sri Aurobindo, and disciples.



NEW!



And we didn't forget the children! There are plenty of fresh reads in the kids' room as well.

The Library also offers an assortment of **jigsaw puzzles** for borrowing. It's a wonderful way to while away wet, windy weekends.

Come visit us!



TIBETAN PAVILION LIBRARY

Dear all,

We have vast collection of books on **Tibetan history, Buddhism, medicine, environment and etc**, and also a section of books on **India, China, Bhutan and spiritual books on Sri Aurobindo and the Mother**.



Our opening hours are:

- Monday, Tuesday Wednesday mornings
- Open from 09:00am to 12:30pm.

All reader's are invited.

We will be closed on the national holidays.

We look forward of seeing you in Tibetan pavilion,

Submitted by Kalsang

On behalf of Pavilion Of Tibetan Culture International zone

FOOD

FOOD FOREST TOUR & SUNDAY BRUNCH

EVERY SUNDAY, LA FERME COMMUNITY



FOOD FOREST TOUR & SUNDAY BRUNCH

Living Foods & Vegan Ice Cream Making

Every Sunday, 9-11 AM

La Ferme Community

(5 min from AV Bakery)

WhatsApp Sarah: 9047421044

www.myfoodforest.in



AUROVILLE RADIO



Dear Aurovilians,

Your favourite radio is always working for you. Stay tuned!

Last published podcasts:

- [Marlenka's weekly Offering – Ep.160](#) (Literature)
- [Savitri - Ep.30 : Introductory Comments in Tamil | சாவித்ரி காவியம் ஓர் அறிமுக விளக்கம் by Dhanalakshmi](#) (Spirituality)
- [Sri Aurobindo's "The Life Divine" read by Deepti Tewari- B 1, C15: "The Supreme Truth-Consciousness"](#) (Sri Aurobindo)
- [Menstrual Well-Being-Ep.6 | மாதவிடாய் நன்னலம் - "A Guide to Period Products & Care" with Kalvikarasi](#) (Health & Wellness)
- [Une série hebdomadaire de lectures par Gangalakshmi – Ep.518](#) (Integral Yoga)

Latest Youtube Videos

- [Inner Awakening & Outer Expression | Art for Land | Unity Pavilion, Auroville](#)

....and more! on www.aurovillerradiotv.org.

For more information write to radio@auroville.org.in

Peace and love

Regards,

Sai Priya for Auroville RadioTV

POETRY

For Mona Pinto

Golconde Portrait

Dec. 11, 2003

The street dogs bark, the moon is full
And lorries belch their poisoned fumes,
The world is now a crucible
In which an unseen flower blooms.

Mystic, rising on its stem,
A lotus of divine surprise,
The supramental diadem
Of children born with sun-gaze eyes.

I live in Golconde near the sea
And walk its glowing black-stone floors,
An oasis of tranquillity
That leads to occult corridors

And trance-like caves of harmony.
The outside world intrudes not here
Though a vain and rude cacophony
Impinges on the outer ear.

In an unstained radiance of peace
With gratitude I come and go,
The soul content, the heart at ease,
While deep within the sacred rivers flow.

Narad

Cling to the vine,
Commune with the Divine.

Dive in,
Savour the soma—
The sacred wine.

Stay sober,
See if you still can.

Anandi Z

Cinema Paradiso

Multimedia Center (MMC) Auditorium
Film program: 15th - 21st December 2025



Cinema Paradiso–Multimedia Center is open to the community.

Entry begins 15 minutes before showtime and closes once the film starts—please arrive on time.

Kindly refrain from running in front of the screen or using mobile phones when lights are off.

Food and beverages are not permitted inside the hall.

INDIAN - MONDAY 15 DECEMBER, 8:00 PM:

• KANTARA: A LEGEND - CHAPTER 1

India, 2025, Writer-Dir. Rishab Shetty w/ Rishab Shetty, Rukmini Vasanth, Jayaram, and others, Action-Epic, 165mins, Kannada w/ English subtitles, Rated: U/A (PG-16)

The title stands for mystical *forest or sacred wilderness*. At the beginning of the 20th century, Kaadubettu Shiva and his family confront destiny in the forests of the Kadamba dynasty. Their struggles intertwine with ancestral rituals, divine forces, and the clash between tradition and power. This enthralling prequel to the celebrated film we screened in 2023 immerses viewers in myth, ritual, and discrimination, revealing resilience and legend. *Where myth awakens, legends are born.*

POTPOURRI - TUESDAY 16 DECEMBER, 8:00 PM:

• TSUMA YO BARA NO YÔ NI (WIFE BE LIKE A ROSE)

Japan, 1935, Writer-Dir. Mikio Naruse w/ Sachiko Chiba, Yuriko Hanabusa, Toshio Itô, and others, Drama, 74mins, Japanese w/ English subtitles, Rated: NR (G)

Kimiko grows up with her poetic but lonely mother Etsuko, believing her father Shunsaku abandoned them for a geisha. On her quest to find him, she meets him and his partner Oyuki. The truth she discovers challenges her understanding of abandonment, duty, and love. It is among the earliest Japanese sound films; the first from Japan to be released theatrically in the USA.

SELECTION - WEDNESDAY 17 DECEMBER, 8:00 PM:

• INTERDIT AUX CHIENS ET AUX ITALIENS (NO DOGS OR ITALIANS ALLOWED)

France-Belgium-Switzerland-Italy-Portugal, 2022, Writer-Dir. Alain Ughetto w/ Ariane Ascaride, Alain Ughetto, Stefano Paganini, and others, Animation-History, 70mins, French-Italian-German w/ English subtitles, Rated: NR (R)

This film is being brought to you in collaboration with Alliance Française. At the beginning of the 20th century, Luigi Ughetto, Cesira, and their family leave their Italian village, crossing into France in search of hope. Through hardship, war, and discrimination, their journey shines with resilience and love. *This moving tale of migration has won several major awards.*

INTERESTING - THURSDAY 18 DECEMBER, 8:00 PM:

• FAMOUS LAST WORDS: DR. JANE GOODALL (FAMOUS LAST WORDS)

USA, 2025, Dir. Ivan Dudynsky w/ Brad Falchuk & Jane Goodall, S1.Episode-1, 55mins, English w/ English subtitles, Rated: NR (PG)
This is a series that intends to preserve the last interview of cultural icons, released only after their death. In its first and only episode so far, presents the interview of Dr. Jane Goodall, the world-renowned primatologist, who shares intimate memories and unpublished stories about her life, thoughts, and scientific work. She passed away on October 1st at age 91, leaving a legacy of wisdom and hope.

CAN YOU/YOUR UNIT DONATE ₹3000/MONTH?

INTERNATIONAL FILM - SATURDAY 20 DECEMBER, 8:00 PM:

• THE MAN WHO INVENTED CHRISTMAS

Ireland-Canada-USA-UK, 2017, Dir. Bharat Nalluri w/ Dan Stevens, Mark Schrier, Patrick Jseph Byrnes, and others, 104mins, English Italian w/ English subtitles, Rated: PG

Behind every classic lies a journey of redemption. In this award-winning tale, Charles Dickens, weighed down by debt and doubt, discovers inspiration in his father John, his wife Kate, and the haunting figure of Scrooge. As imagination collides with reality, he crafts A Christmas Carol, rekindling hope, spreading joy, and forever reshaping holiday spirit.

CHILDREN'S MATINEE - SUNDAY, 21 DECEMBER, 4:00 PM:

• MAYA, DONNE-MOI UN TITRE (MAYA, GIVE ME A TITLE)

France, 2024, Writer-Dir. Michel Gondry w/ Maya Gondry, Peierre Niney, Miriam Matejovsky, and others, Adventure-Animation, 61mins, French-English w/ English subtitles, Rated: NR

This film is being brought to you in collaboration with Alliance Française. Little Maya invents magical titles each night, and her father Michel transforms them into playful animated adventures where she becomes the hero. Even across distance, their imagination keeps them close. This heartwarming, awarded film celebrates family bonds, creativity, and the joy of storytelling.

CLASSIC WORLD CINEMA @ CINÉ-CLUB

CINÉ-CLUB SUNDAY 21 DECEMBER, 8:00 PM:

• LA VÉRITÉ (THE TRUTH)

France, 1960, Dir. Henri-Georges Clouzot w/ Brigitte Bardot, Paul Meurisse, and others, Crime-Drama, 127mins, French w/ English subtitles, Rated: R

Dominique Marceau moves into a cramped Parisian apartment with her violin student sister, Annie, to flee from a suffocating life in the province. However, instead of finding liberty in the bohemian city of light, the liberated Dominique will find herself accused of a hideous and shocking crime.

EVERY CONTRIBUTION COUNTS

Rating codes we often use are from Motion Picture Association of America (MPAA): G= General Audiences, PG= Parental guidance suggested, PG-13= Parents strongly cautioned, R= Restricted (equivalent to Indian rating: A i.e., for Adults), NR= Film Not Rated, Rating awaited.

To organize a seminar/program at MMC Auditorium, kindly email us at mmcauditorium@auroville.org.in.

Support MMC-CP: Every Contribution Counts: Like cultural spaces worldwide, MMC-CP relies on local financial support to thrive. If you value the films and programming we offer, consider a one-time or recurring donation via the Unity Fund to Account #105106.

If you have an innovative fundraising idea and are willing to take it forward, we'd love to hear from you. Email and share your proposal and let us know how you'd like to be involved.

Thanking You,
MMC/CP Group

Account# 105106 | Email: mmcauditorium@auroville.org.in

COMMUNITY SERVICES

ESSENTIAL SERVICES

AUROVILLE'S FINANCIAL SERVICES (AVFS)

- **Timings:** Monday to Saturday, 9am - 12:30pm, and 3pm - 4:30pm
- **Phone:** 0413 2622171
- **Email:** financialservice@auroville.org.in

ELECTRICAL SERVICE (AVES)

- **Timings:** Monday to Saturday, 8am - 4:30pm
- **Phone:** 0413 2622132 / 94888 68747 for fault works, repair works and job works
0413 2622264 for clarifications reg. electricity bills, job and repair works bills
- **Email:** aves@auroville.org.in

GAS BOTTLE SERVICE

- **Timings:** Monday to Saturday, 9am - 1pm and 2pm - 4pm
- **Phone:** 0413 2622452
- **Email:** avgasservice@auroville.org.in

WATER SERVICE

- Monitors water lines and supply within AV, undertakes water-related jobs.
- **Timings:** Monday to Saturday, 8am - 12pm and 2pm - 4:30pm
- **Phone:** 0413 2622877, 89035 53246
- **Email:** avwaterservice@auroville.org.in

ECO SERVICE (WASTE COLLECTION/MANAGEMENT)

- **Timings:** Monday to Saturday, 8:30am - 12:30pm, and 1:30pm - 4:30pm
- **Phone:** 63796 69034
- **Email:** ecoservice@auroville.org.in

POUR TOUS DISTRIBUTION CENTRE (PTDC)

- **Timings:** Monday to Saturday, 9am - 5pm
- **Phone:** 0413 2622746 / 2622796
- **Email:** ptdc@auroville.org.in

POUR TOUS PURCHASING SERVICE (PTPS)

- **Timings:** Monday to Saturday, 8:30 am - 5pm
- **Phone:** 0413 2622152

AUROVILLE LIBRARY

Timings:

Mornings:

- Monday to Saturday : 9am - 12:30pm

Afternoons:

- Mon, Wed, Thurs, Fri & Sat: 2pm - 4:30pm
- Tuesday : 4pm - 6:30pm

Children's Storytime! All ages welcome!

- Every **Saturday** between 10am - 11am.

- **Phone :** 0413 2622 894
- **Email:** avlib@auroville.org.in
- **Website:** <http://library.auroville.org.in/>



HEALTH

SANTÉ SERVICES IN DECEMBER 2025

Sante

Working Hours:

Monday - Saturday: 9:00 - 12:30pm & 2:00 - 4:30pm

Tests and Sample collection:

Monday - Friday: 8:30am - 12:00pm

No sample collection on Saturday

For emergencies, contact:

Auroville Ambulance (24/7) - Phone: **+91 94422 24680**

Government Ambulance (24/7) - Phone: **108**

Appointment

Please call Santé (0413) 262 2803 during working hours for an appointment.

Doctor Consultation with Dr. Joseph, Dr. Pavan Monday to Saturday	Nurse Care - Thilagam, Ezhil, Archana & Sandhya: Daily: no appointment needed
Ayurveda with Dr. Berengere: Mon / Tues / Wed / Fri	Integrative Psychotherapy with Juan Andres: Monday to Friday
Physiotherapy & Massage with Galina: Monday to Friday	Homeopathy with Michael: Monday / Wednesday / Saturday
Midwifery & GYN Care with Paula: Monday & Wednesday	Soundbed Session with Sandhya / Thilagam: Monday to Saturday
Holistic Therapy with Louis Patrick: Monday to Friday	Bio-Well Assessment (Evaluation of your well-being) with Helena – inquiry email adminsante@auroville.org.in

In Santé, we value our patient's confidentiality and make every effort to ensure their privacy.

In case of cancellation or to reschedule, it is necessary to inform us in advance.

Welcoming **Louis Patrick:** Holistic Balance & Energy Work

Sante is delighted to expand our offerings with the introduction of **Louis Patrick** and his unique approach to Holistic Therapy.

Louis aims to restore deep balance within the body's energy and physiological systems. His sessions integrate precise ancient modalities, such as Acupuncture, with a highly **intuitive approach to energy work**. This combination helps address the root cause of imbalances, promoting profound healing and well-being.

HEALTH CENTER - KUILAPALAYAM

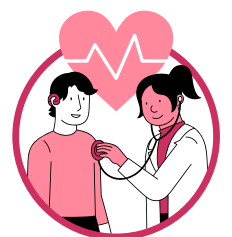
Contact: (0413) 3509942 / 3509943

Pharmacy:

- 8:00am - 5:30pm Monday to Saturday

Doctor Consultation:

- 8:30am - 5:00pm Monday to Friday
(1 - 2pm Lunch Break)
- 8:30am - 1pm (Saturday)



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Welcoming **Louis Patrick:** Holistic Balance & Energy Work

Sante is delighted to expand our offerings with the introduction of **Louis Patrick** and his unique approach to Holistic Therapy.

Louis aims to restore deep balance within the body's energy and physiological systems. His sessions integrate precise ancient modalities, such as Acupuncture, with a highly **intuitive approach to energy work**. This combination helps address the root cause of imbalances, promoting profound healing and well-being.

HEALTH CENTER - KUILAPALAYAM

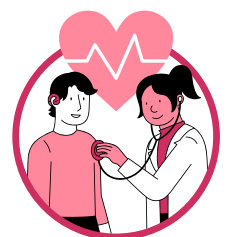
Contact: (0413) 3509942 / 3509943

Pharmacy:

- 8:00am - 5:30pm Monday to Saturday

Doctor Consultation:

- 8:30am - 5:00pm Monday to Friday
(1 - 2pm Lunch Break)
- 8:30am - 1pm (Saturday)



DENTAL CLINIC - KUILAPALAYAM

- **Timings:** Monday to Saturday, 9am - 5pm daily
- **Phone:** 0413 2622007 / 2622265
- **Email:** aurodentalcentre@auroville.org.in

NURSE SERVICES

My name is Madhi and I'm 27 years old. I was born and brought up in AV.

I have done my bachelor degree in B.SC (Nursing) and I have more than three years experience as a Staff Nurse in hospital (one year in psychiatric ward, six months in ICU and six months in emergency) and giving care for elderly people in AV for the past 2 years.

Services:

- Patient assessment and care plan.
- Medication administration.
- Vital signs monitoring.
- Wound care.
- To provide blood and lab test .
- Personal care assistance.
- Patient education.
- Fall prevention strategies.
- Providing assistance with bathing, dressing, grooming, and toileting needs.
- Communication and collaboration with physicians.
- Documentation of medical reports.
- End-of-life care.



If you need any assistance please do contact the below mentioned email or contact number.

Contact: 95972 22826 (Madhi) call/WhatsApp

E-mail Id: madhiashagan014@gmail.com

MONSOON WITH AYURVEDA AND LOCAL PLANTS



During monsoon, the climate is cold and humid, rains and little sunlight increase drastically the moisture in the air and on the ground leading to a more acidic environment, sour taste prevails. The body struggles to keep warm and dry, the digestive power can also be less.

VATA gets cold and gives joint pain, **PITTA** keeps fermenting, **KAPHA** bloats and retains water.

An extra focus will be given to Vata imbalances, as it is the right season to reduce or expel Vata toxins (in body: stiffness, bloating, coldness, pain and inflammation in the joints; in the mind: anxiety, anguish, fear, dismay, confusion, doubts).

This is a period to slow down and care for AGNI – digestive fire

IN THE FOOD :

- All meals are warm, cooked in a sauce-pan, easy to digest, light, spicy
- **Proteins:** Mung dal, beans, chickpeas, lentils (all of these cooked with asafetida to prevent bloating), white meat, egg, peanut
- **Vegetables:** amaranth, green leaves, carrot, beetroot, cauliflower, bitter-snake-bottlegourd, moringa (drumstick), chow-chow, radish, pumpkin – all should be well washed to avoid contamination
- Sweet taste with old grains - barley, rice, millet, oat, wheat
- **Fruits:** apple, pomegranate, banana, papaya, grape, guava, pear

- **Spices:** ginger, pepper, long pepper (pippali), turmeric, cumin, clove, asafoetida, mustard seeds, ajwain, cinnamon, fennel seeds, fenugreek seeds, onion, garlic
- Ghee or sesame/olive/sunflower oil (cold pressed)
- **Drinks:** herbal teas, warm or boiled water, with honey or jaggery
- **Ayurvedic formulas to take after meals:** Panchakola, Trikatu, Hingwashtak churna... with honey.

AVOID :

- All food with yeast/baking powder, cheese, yogurt, curd, lassi, beer
- Drinking too much liquid during or straight after meals
- Uncooked vegetables and salads
- Heavy and difficult to digest (fried food, pizza at dinner, etc)
- Milk coffee, ice cream
- Carbonated soft drinks.

IN ACTIVITIES :

- Be regular in the daily routine, especially in taking meals and going to bed
- Time to keep Vata balanced with Abhyanga (oil massage + steam bath), Shirodhara (warm oil on forehead), Basti (warm oil enema)
- Foot bath with warm salty water
- Wash with warm water (shower or bath)
- Keep body warm: neck and feet especially
- Soft physical exercise: 30 minutes a day
- Yoga, Pranayama, Meditation-concentration, Qi-Gong...
- Fumigation with eucalyptus, neem, sage
- Nasya (oil drops in the nose) with Anu Tailam at bedtime or in the morning to clear the sinuses.

AVOID :

- Siestas and day naps
- Intense physical sport or work
- Moist and cold air, wind, fan
- Staying humid after being in the rain
- Long hours in front of the computer
- Skipping meals or fasting
- Staying awake late at night
- Too many travels.



Most of the above aggravate Vata.

HERBS AND MEDICINAL PLANTS FOR THE RAINY SEASON :

- Moringa – Moringa Oleifera: to balance Vata and Kapha by increasing the digestive power
- Bhunimba (Nilavembu) – Andrographis paniculate: in feverish condition
- Guduchi (Giloy) – Tinospora cordifolia: natural immunoregulator
- Haritaki – Terminalia chebula with a little of rock salt: to balance Vata and ease bowel movement
- Dashamoolarishtam – for joint pain and inflammation, to balance Vata.

Enjoy the rain and stay warm and cosy!
Be @ Sante Clinic



MATRIMANDIR ACCESS INFORMATION

Access to the Park of Unity

- The Matrimandir, the Petals, the Lotus Pond and the Banyan Tree are areas of silence
- The Park of Unity is open to Aurovilians and registered Newcomers daily, 6am - 7:30pm.
- Aurovilians may bring close family and friends to the Gardens only daily, 9am - 3:30pm.
- Aurovilians bringing children under the age of 10 to visit the Gardens may do so only after 11:30am except Tuesday when they can come from 9am to 11am.**
- Aurovilians wishing to bring close family to the Gardens at any other time should inform mmconcentration@auroville.org.in before 11am on the day of the proposed visit.
- Registered Volunteers and Donors require a pass to enter the Park of Unity. Timings will be indicated on the pass..
- Published events in the Park of Unity are open to Aurovilians, registered Newcomers, Volunteers, Pass holders and Guests. Guests should bring their Aurocards.
- Savitri Readings on Tuesday evenings: Guests holding only Aurocards wishing to attend should book by filling in the [form](#) one or two days in advance.
- Visits to the Park of Unity and Inner Chamber should not be included in the program of any conference or workshop. Participants should be directed to the Viewing Point.

Access to the Inner Chamber of the Matrimandir for Aurovilians, Newcomers, and registered Volunteers

The Matrimandir is a place for silent individual concentration

- The Inner Chamber is open to Aurovilians and registered Newcomers:

Monday – Saturday 6:00 am - 8:00 am
4:30 pm - 7:30 pm
Sunday 6:00 am - 12:00 pm
4:30 pm - 7:30 pm

- The Inner Chamber is open to **registered Volunteers**:

Wednesday - Monday 8:00 am - 8:35 am
Arrival at 7:45am at the Office Gate.

- The Inner Chamber is open to Aurovilians wishing to accompany a maximum of 3 close family and friends, no more than once in two weeks, with booking 3 to 5 days in advance at mmconcentration@auroville.org.in:**

Any day except Tuesday & Sunday
8:00 am - 8:35 am
Arrival at 7:45 am at the Office Gate

- The Inner Chamber, the Petals, and the Gardens are open to the Children of Auroville and the Outreach Schools:

Tuesday 9:00 am - 11:00 am

- Auroville units can bring their staff to the Inner Chamber with a prior booking at mmconcentration@auroville.org.in:

Tuesday 8:00 am - 8:30 am

Petals of the Matrimandir

- The Petals are open to Aurovilians, registered Newcomers, and Pass holders

Daily 7:00 am - 8:00 am
5:00 pm - 6:00 pm

Access to Matrimandir for Visitors and Guests

Matrimandir Viewing Point: The Viewing Point is open to the general public on presentation of a Pass. Visits to the Matrimandir Viewing Point are free of charge. Free passes can be obtained at the Auroville Visitors Centre.

The Viewing Point lies south of the Park of Unity and offers visitors a panoramic view of the Matrimandir and the Gardens and the Lake.

Starting from the Visitors Centre.
Daily, 9:00 am - 5:30 pm

The Inner Chamber of the Matrimandir is open to Visitors and Guests by prior booking only. Visitors and Guests seeking to concentrate in the Inner Chamber are requested to inquire at the Information Desk of the Visitors Centre after first visiting the Viewing Point, or to go to the website: auroville.org

- Prior booking is required to access the Inner Chamber at least one or two days in advance. Bookings for concentration are given for the following or the first free day as per availability and are accepted only up to one week in advance. Minimum age 10 years.
- The Petals are open to Visitors on the morning of their Inner Chamber visit.

Security

Please note that it is not permitted to

- Swim in any of the ponds, the channel and the Lake except the Children's ponds in the Garden of Youthfulness
- Throw pebbles into the ponds and fountains
- Pick flowers in the Gardens
- Climb to the very top of the Petals.

Parents, please supervise your children at all times.

Bags, cameras and cell phones should be left in the lockers or the Access office.

Please no photography, videos or drones without prior permission. For permission, please write to matrimandir@auroville.org.in.

Antoine for Matrimandir Executives Team



ACCESSIBLE AUROVILLE PUBLIC BUS
avbus@auroville.org.in / +91 94430 74825

Auroville TO PONDICHERRY

	Trip 1	Trip 2	Trip 3
Svaram Musical Center	7:00	8:50	14:50
Vérité Guest House - Junction	7:02	8:52	14:52
Town Hall - Main Parking	7:06	8:56	14:56
Solar Kitchen (Ex Round About)	7:10	9:00	15:00
Certitude Entrance	7:12	9:02	15:02
New Creation Road	7:17	9:07	15:07
SBI Bank—Kuilapalayam	7:19	9:09	15:09
ECR Junction—Aroma Guest House	7:23	9:14	15:14
Quiet Healing Center—Junction	7:26	9:17	15:17
Lotus Hotel—S.V Patel Salai	7:36	9:30	15:30
Ashram Road Junction	7:38	9:33	15:33
Ashram Dining Hall	7:40	9:35	15:35

Pondicherry TO AUROVILLE

	Trip 1	Trip 2	Trip 3
Ashram Dining Hall	8:00	12:15	18:10
Ashram Road Junction	8:02	12:17	18:12
Lotus Hotel—S.V Patel Salai	8:07	12:22	18:17
Quiet Healing Center—Junction	8:17	12:32	18:27
ECR Junction—Aroma Guest House	8:20	12:35	18:30
SBI Bank—Kuilapalayam	8:25	12:40	18:35
New Creation Road	8:27	12:42	18:37
Certitude	8:32	12:47	18:42
Solar Kitchen (Ex Round About)	8:34	12:50	18:44
Town Hall - Main Parking	8:38	12:54	18:48
Vérité Guest House - Junction	8:42	12:58	18:52
Svaram Musical Center	8:45	13:00	18:55

- Single Trip = ₹100 per person
- Monthly Scheme (Students + AV Workers) = ₹1200
- Monthly Scheme (Students + AV Workers) = (One Way) ₹850

Auroville Vehicle Service
Town Hall, Auroville, 0413 2623302



Join our WhatsApp group of Auroville Bus to get regular updates:

<https://chat.whatsapp.com/Lt43wBCBno1E6CTwoaUt2x>

EMERGENCY NUMBERS

Ambulance (24/7):

Auroville 94422 24680	PIMS 0413 2656271	
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Security (24/7):

Auroville Police Station 0413 2677318	Kottakuppam Police Station 0413 2236148	Vanur Fire Station 0413 2677368
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Health:

Health Center 0413 3509942 & 3509943	Santé 0413 2622803	Farewell 89038 36246
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Mental Health 24/7 Support:

Vandrevala Foundation +91 99996 66555

India Emergency Response Service (24/7): 108