

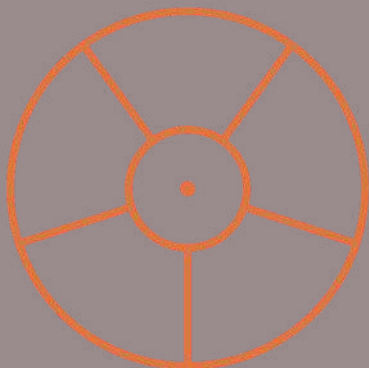
Auroville

NEWS & NOTES

No 1097 - A weekly bulletin for residents of Auroville

30 October 2025

RA EDITION



PONDERING

Violence is never a good way to make a cause triumph.
How can anyone hope to obtain justice by injustice, harmony by hatred?

The Mother, 9 October 1951, War and Violence, Words of the Mother III
<https://motherandsriaurobindo.in/The-Mother/books/words-of-the-mother-III/#war-and-violence>

THE MOTHER ON AUROVILLE



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Pondicherry, India.
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behalf of
Vak Trust, Pondicherry - 605002
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Pondicherry - 605001

GUIDANCE IN YOGA

Page 104

... when the inner state is ready for the next step, you will guide it directly or indirectly the way you wish.

The next step is finding your psychic being and uniting with it.
10.8.1972*

*

Any advice?

Be steady and confident.
3.9.1972*

*

The Divine is everywhere and in everything; and we are created to discover the Divine and to unite with the Divine for his manifestation.
17.9.1972*

*

(Regarding a problem)

One should read Sri Aurobindo and know the answer.
19.10.1972*

*

(About premonitions)

They come to warn us. If one is quiet, one can understand the things to come, and try to prevent them.
+12.11.1972*

*

Everybody is imperfect and has to progress. Keep firm and confident.
17.12.1972*

*The city the earth
needs.*

Page 105

The mind does not know truly; aspire sincerely to the supermind.

Jan, 1973*

*

It is not what you do but the spirit in which you are doing it that makes Karmayoga.

+5.2.1973

*

How to learn to receive a solution for problems?

I cannot give it mentally; it is to be received inwardly.
17.2.1973*



The Auroville Flower

- END OF BOOK -

NEWS & NOTES GUIDELINES

DEADLINE FOR SUBMISSIONS:

TUESDAY 5PM

The content of News & Notes is a reflection of the growth process of this community towards its ideals of Harmony, Goodwill, and Truth. Editing of submissions, mainly for reasons of space and clarity, is done according to an established policy.

RA NEWS & NOTES - A QUICK GUIDE



What We Publish

- Working group announcements and reports
- Residents' voices and personal sharings
- Free cultural events open to all residents
- Information from essential services
- Content that strengthens community-building in Auroville

Working Groups & Foundation Office Content

- All RA Working Group announcements will be included
- Links to Foundation Office content will be provided without duplication
- Direct submissions from Foundation Office groups will be included as regular content

What We No Longer Publish

- Commercial activities and paid workshops
- Non-community-focused events
- Content from "Activities & Events," "Food, Goods & Services," and "Classes, Workshops and Healing Arts" sections

Exceptions

We may consider including content that falls outside these guidelines if:

- It is submitted exclusively to RA News & Notes
- It has significant community benefit
- It aligns with our service-oriented focus

Submission Guidelines

- Deadline: **Tuesdays at 5pm**
- Email: newsandnotes@auroville.services
- Content must be community-building focused:
 - Open and accessible to all community members
 - Not profit-oriented
 - Contributing to collective growth or well-being
 - Promoting Auroville's ideals and values

- For further information, please [click here](#) 😊 to view our complete FAQ document.

- For past issues or to subscribe, visit: auroville.media/newsandnotes

We thank you for your collaboration and understanding.

DISCLAIMER:

Please note that the opinions and views expressed on these pages are solely those of the respective authors or work groups and do not necessarily reflect the position of the editors or the larger Auroville community. The News & Notes aims to provide a platform for the publication of diverse perspectives and voices from multiple sources within Auroville.

While our editors strive to ensure the accuracy of the information presented, we cannot guarantee that all information is free from error or omission. Additionally, we cannot be held liable for any alleged misinformation provided or offence caused by the content published.

In the event of any dispute, we encourage readers to consult with the Auroville Council, and we reserve the right to suspend the publication of disputed material. Our commitment to providing an open and inclusive platform for dialogue and exchange of ideas remains steadfast.

The News & Notes Team

newsandnotes@auroville.services

LIST OF ACRONYMS:

- **AVF** (Auroville Foundation),
- **AVFO/FO** (Auroville Foundation Office),
- **GB** (Governing Board),
- **RA** (Residents' Assembly)

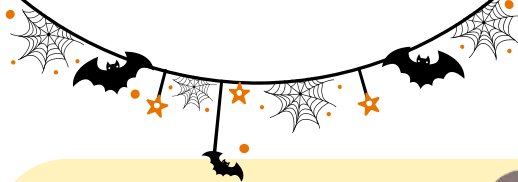
The following groups are divided in two categories: The groups selected by the Residents' Assembly through Community decision making Processes and the groups put together by the GB and the FO (*not recognised by the Residents' Assembly*).

Working groups selected by the Residents' Assembly:

- Working Committee (RA WCom)
- Funds and Assets Management Committee (RA FAMC)
- Budget Coordination Committee (RA BCC)
- Town Development Council / L'avenir d'Auroville (RA TDC)
- Auroville Council (AVC)
- Entry Service (ES)

GB groups:

- Working Committee (GB WC)
- Funds and Assets Management Committee (GB FAMC)
- Budget Coordination Committee (GB BCC / GB BCS)
- Auroville Town Development Council (GB ATDC)
- Housing Service (GB HS)
- Land Board (GB LB)



NOTE FROM THE EDITORS

Dear Community,

Here is some important information:

- If you would like to support the RA N&N, please send us an e-mail at newsandnotes@auroville.services.
- Content sent through @auroville.org.in mail ID will only reach us if you use this [FORM](#) to submit your content.
- The mail ID to submit content is: newsandnotes@auroville.services
- To request a **PRINTED COPY**, send us your name and community to our email!

Thank you for your continued support!

In community,

The RA Community Edition News & Notes Team

NEWS
&NOTES
COMMUNITY EDITION

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WORKING GROUPS NEWS

FROM THE WORKING COMMITTEE

BRIEF UPDATE RE COURT CASE ON ADMISSION AND TERMINATION REGULATIONS

Dear Community members,

We would like to give you an update regarding the case pending in the Madras High Court on the Admission and Termination Regulations. The debate was formally concluded in August and the case was reserved for judgement by the two judges on that bench. However, the final verdict was not issued.

Recently our lawyers were informed that the main judge has been transferred and the case will be discussed all over again. The matter therefore is still sub-judice.

We will update you again when there is some significant development to report.

In service,

Aravinda, Bharathy, Chali, Matthieu, Prashant, Valli

The Working Committee selected by the RA



WORKING COMMITTEE
of the Residents' Assembly
AUROVILLE FOUNDATION

VOICE OF AUROVILLE - ISSUE 09 (MARCH - SEPTEMBER 2025)



VOICE OF AUROVILLE

Dear Community,

We hope this message finds you well.

We are happy to share with you the ninth issue of our quarterly journal, *Voice of Auroville*, which aims to inform well wishers and friends of Auroville across India and the globe on the current unfolding events with factual updates and articles. We apologise for the delay in publication of this issue but as an entirely volunteer-run initiative with no budget, the VoA team struggles to balance limited resources with its commitment to independent community-based communication.

As with previous issues, this ninth edition focuses on the crisis Auroville is going through, **reporting on events between March through September 2025.**

- Please see the pdf attachment for the full edition, or download the pdf [here](#).
- In case you may have missed them, the earlier issues of *Voice of Auroville* are accessible [here](#).

Please feel free to forward and share this email with friends and well wishers of Auroville. This is how the news can spread and Auroville's voices can be heard. **Everyone's actions count.**

People who wish to be added to the subscribers list or be removed from it can email voiceofauroville@auroville.services. Please also feel free to share any feedback or suggestions to voiceofauroville@auroville.services.

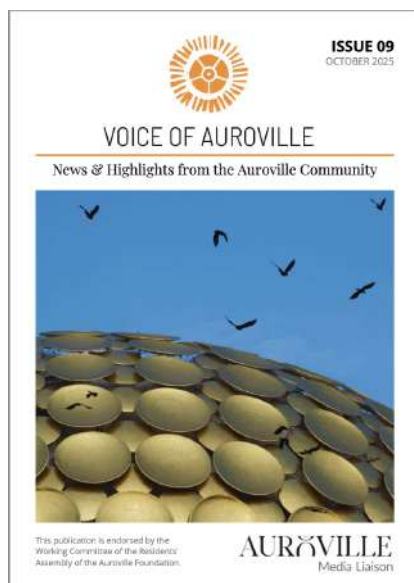
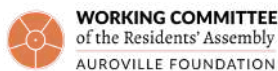
As usual, we take this opportunity to express our gratitude to the *Voice of Auroville* editorial team, as well as to all those who provided us with contents and pictures to illustrate this issue.

Thank you!

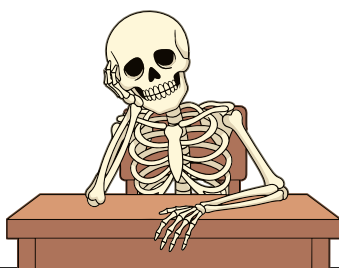
In community,

Aravinda, Bharathy, Chali, Matthieu, Prashant, Valli

The Working Committee of the RA



**DOWNLOAD
ISSUE 09 HERE**



FO GROUPS NEWS

(not selected by due Residents' Assembly process)

FROM THE FO N&N 1102

Please click [HERE](#) to read the FO groups' news

COMMUNITY NEWS

COMMUNITY SHARING

STATEMENT FROM AURADHA AND ROSY IN RESPONSE TO AURONET POST BY GB FAMC RE AFSANAH GUEST HOUSE (SEE FO GROUPS NEWS ABOVE)



Dear Aurovilians, dear Friends,

We write in response to the announcement posted on AuroNet on October 18th by the GB FAMC regarding Afsanah Guest House. The characterization of events presented there is deeply misleading and we feel it is important to share the truth with our community.

The takeover of Afsanah Guest House on October 16th was not "peaceful" as claimed. What actually occurred was a violent and traumatic event involving approximately 15 people who forcibly entered the premises, broke open multiple doors, and committed physical assault. Auradha was struck in the throat by Giacomo

Colomba, causing injury that has been documented by a Medico-Legal Certificate. This assault was witnessed by multiple people. We were intimidated, our neighbors and friends were physically blocked from entering, and the entire event created an atmosphere of fear and coercion.

The announcement claims we were "unauthorized occupants" who "grossly mismanaged" the Guest House. This is simply untrue. We were duly appointed as executive and manager of Afsanah Guest House and were never lawfully dismissed from our positions. Under our three-year management:

- Income more than doubled
- Staff wages and benefits were substantially increased
- We consistently contributed Rs. 1-3 lakhs per month to City Services
- The Guest House operated professionally and successfully.

We were never given proper notice, never shown any proof of the allegations against us or provided an opportunity to respond to them, and never granted a fair hearing—all fundamental requirements of natural justice, the Code of Conduct and the spirit of Auroville.

When the takeover occurred, we explicitly requested an official handover of all accounts, assets, computers, and records. This request was refused and dismissed as "unnecessary" by those present. The Guest House computers and external hard drive—containing all the complete accounting data—were removed and loaded into a personal vehicle without any inventory or documentation. If they truly believed in transparency and proper processes and accounting, why would they refuse an official handover?

We want to be clear: we never treated Afsanah Guest House as private property. We always understood it as a collective Auroville asset that we were honored to manage in service to the community. Our track record demonstrates this commitment. We have consistently insisted on following proper procedures and community processes, as outlined in the Code of Conduct—and it is precisely this insistence that has been met with threats, intimidation and force.

The allegations of financial mismanagement are unsubstantiated and were never communicated to us through any fair process. They have been made publicly only after violent acts were committed against us, in what appears to be an attempt to justify those acts retroactively.

We are pursuing our response to the criminal acts committed against us on October 16th. We share this with you not to create more division, but because we believe our community deserves to know the truth. We continue to stand for transparency, proper process, and the values that Auroville was founded upon.

With love and in truth,
Rosy Shankar and Auradha Markus

Editor's note:

Please find here a [video](#) showing the so-called "peaceful takeover" which has been done with violence.

THE AUROVILLE LIBRARY - PHONE NUMBER CHANGE

Please note that our phone number for the Auroville Library has been changed back to **0413 2622 894** !



On Growth and Renewal of Teachers, and Rotation of Executives

At IEPG 6, one of the most engaged discussions centred around two interconnected questions:

- *How do we grow together as teachers and as those holding responsibility in our schools and units?*
- *And how can we bring clarity and continuity without losing the organic spirit of Auroville's collective work?*

Two working documents framed the conversation — “*Welcoming and Growing and Letting Go of Teachers in Auroville Schools*” and “*Review and Rotation of Executives in SAIER Units*.” Both explore the similar movement: the need for clarity with accountability, support and mentoring, disciplined reflection and progress, renewal and continuity.

This article focuses on Review and Rotation of Executives in SAIER Units:

“In this place, titles and positions would be replaced by opportunities to serve and organise; the bodily needs of each one would be equally provided for, and intellectual, moral and spiritual superiority would be expressed in the general organisation not by an increase in the pleasures and powers of life but by increased duties and responsibilities.”

The Mother, “A Dream”

We are facing a generational shift in Auroville at large where we want young people to step up and take the roles responsibly allowing for continuity, change and progress. Knowing this, do we recognise that one of the central responsibilities of an executive in any unit is to identify, mentor, and prepare others to take up responsibility and leadership of the unit and so that the work continues and grows?

If this is not taken up consciously, we find ourselves in difficulty. When an executive steps away or is no longer available, the work risks slowing or even stopping in some smaller units, the spirit changes in some way – perhaps a breath of fresh air, perhaps a complete degradation into mediocrity.

One of the things that this conversation has brought forward is a need for clarity on the role of an executive of a SAIER unit. That there may be a distinction between how this role is perceived from the point of view of members of a SAIER unit and SAIER itself. Of course, these need to be in line with financial compliance and accountability expected of an executive of any unit in Auroville. We are working on the synthesis of the role of an executive for SAIER units.

Simultaneously, the feedback we received from the document circulated and discussed at IEPG brought up the need for a term of an executive to be up to 10 yrs and for it to be staggered for the two executives of a unit. The proposition is to have up to three terms of three years each with a review and renewal. The goal of this is to have both short and long term approaches to the work we do. When the role of the SAIER executive had a specified time period (with the possibility of renewal) I had a sense of urgency of what my contribution in that time would be and what I could do to support the continuity of what was accomplished.

Most of us are stretching in our roles as executives. There may be a concern that any form of assessment, feedback, and policy of rotation may not be in line with the spirit of Auroville. However, since our aspiration is continuous progress this is an opportunity we can look to embrace and find ways to set goals and meaningfully review our progress. We are working on a policy that meets this aspiration.

KARAN SINGH CHALLENGES AVFO INCORRECT CLAIMS REGARDING HIS VISIT

“Has Mother left Auroville? Or is Auroville in one of those ‘Hours of God’ as Sri Aurobindo has so eloquently described? I have been told that they [the Aurovilians] keep firm, believing that whatever happens is The Mother's will. I hope they will sustain. As Sri Aurobindo wrote, ‘Being pure cast aside all fear, for the hour is often terrible, a fire and a whirlwind and a tempest ... but trust and go forward’”

- Karan Singh, September 2025

In August 2025, [the Hindu](#) reported on Dr. Karan Singh's visit to Auroville referencing a misleading and incorrect AVFO press statement, and claimed that Dr. Singh “has commended the progress made on the Crown Road project and the Matrimandir lake redevelopment.” When asked to comment on the article in an interview with Auroville Today, Dr. Singh said:

“I was amazed to read it, for it is not true. I did visit Auroville on 14 August as I wished to make a flower offering to Sri Aurobindo at his statue at Savitri Bhavan. [...] I was on the point of leaving when I was told that the Secretary was on the way to greet me. I waited, she came, we had a cup of tea, and I left. That was all.”

In the interview, Dr. Singh expresses a different view: “I have a concern. Building the city is important, but not when it is only done by the Public Works Department. Trying to build Auroville without the cooperation of the Aurovilians is prima facie a contradiction which goes against the *raison d'être* of Auroville. Auroville can only be built in collaboration with its residents.” You can find the full interview [here](#).

The RA WCom sent [a letter](#) to the Hindu editor, asking them to correct the article, however as of October 2025 no corrections have been made.

AVFO TAKES OVER AFSANAH GUESTHOUSE

One of the most iconic Auroville guest houses, Afsanah Guesthouse (AGH), was forcefully taken over by the AVFO on 16th October 2025. The AVFO and its appointed groups have been attempting to take over the management of the guesthouse since 2023. This asset was financed privately and has never received any GOI funding. There are suspicions in the community that AVFO's interest mainly stems from the fact that AGH, due to its luxury and beauty, is a prime place to host the ever-increasing numbers of visiting politicians and other VIPs. Auradha Markus, who was appointed as executive first by the RA FAMC and later confirmed by the AVFO ‘FAMC’, has been managing the place with Rosy Shankar since mid-2022. Under their management, AGH has flourished and doubled its income in the last 4 years, as per their [financial overview](#).

While envoys of the AVFO came several times to the site before in an effort to take over the space, Auradha and Rosy were, until now, able to resist with the help of community members on site. A full timeline of events [can be found here](#). During the 16th October takeover, members of the AVFO-appointed Security Service were on site, namely Giacomo and Shenbagam. As Auradha attempted to retrieve her personal belongings from the office, Giacomo struck out at her.

Auradha and Rosy's personal belongings were not given back, and the computers and files were removed from the premises. The takeover was facilitated by several other AVFO-supporting Aurovilians including Antim and Sindhuja, as well as Malar and Kaliananda who are set to take over the running of AGH as per a recent [Office Order](#).

Auradha and Rosy shared via [massbulletin](#) their shock and anger at recent events, and gratitude to those who have supported them over the last few, intense years.



A [post](#) was shared on Auronet by the AVFO 'FAMC' regarding the takeover. It is important to note that no information has been shared with the community about the current membership of the AVFO 'FAMC' since the end of their tenure in May 2025, at which point Torkil and Geeta resigned.

In the statement, they claimed that there had been 'gross mismanagement' of the guesthouse however no evidence of this has ever been shared, in contrast with the former AGH management team who have shared AGH's balance sheets and been fully transparent with the community about all matters arising during their time running the guest house.

AVFO FORMS 'APPELLATE COMMITTEE'

The GB has formed an 'Appellate Committee' via an [Office Order](#) shared with the community on 30th September 2025. An appellate committee is a group of authority formed to consider appeals, in this case based on terminations of Auroville status and removal from the Register of Residents (RoR).

Recent emails from the 'ATSC' and 'ATR' sent to residents, mostly long-term Aurovilians, many of whom are 60+ years of age, make a series of unsubstantiated allegations and threaten to remove them from the RoR.

The RA WCom [shared an extract](#) of these emails with the community, expressing that "These letters are filled with baseless accusations, written in a tone that is hostile, intimidating, and devoid of humanity. The language and the attitude is aggressive, accusatory, and completely against the spirit of Auroville's Charter and our aim of human unity". An open letter was written by residents in response, and it is still available for signing ([here](#) in English and [here](#) in Tamil).

The formation of an 'Appellate Committee' made entirely of members of the GB, whose actions throughout their term has been overtly hostile to the RA, has led to suspicions that the decision to remove the targeted Aurovilians is a fait accompli. The IAC shared a [letter](#) in which they stated "We cannot resist the conclusion that the show-cause notices list convoluted accusations couched in dramatic language so as to build a case for termination against those Residents whom the current administration, for whatever reasons, happens to be unhappy with". Since the current GB is now at the end of their tenure (please see below for more information), it is not clear how this will affect the formation of this committee.

'Show Cause Notices' from the AVFO 'ATSC' and 'ATR' continue to be sent out to community members. If you receive one, please email workingcom@auroville.services.

69TH & 70TH GOVERNING BOARD MEETINGS

70th Meeting 'concludes term' of GB

According to [media reports](#), the 70th GB meeting was held in Auroville on Saraswati Puja, 1st October 2025. This was apparently an extra meeting in order to "review four years of governance and development" at the end of the four year term of this GB. It is not clear if there will be any extension to their term, or if a new GB will be constituted.

In line with the secrecy that has been apparent throughout the GB's tenure, there was no communication to the community about the meeting, before or after it took place. According to an [article](#) on newsx.com, "Discussions throughout the session addressed a variety of significant topics, leading to several crucial decisions that will enhance administrative clarity and advance Auroville's vision ... The visit ended with a tour of the Ganesh Temple at Auro Orchard, showcasing Auroville's integration of spirituality, sustainability, and cultural heritage".

NOTE: The Ganesh Temple has been cut off from Auro Orchard since the AVFO exchanged the land in 2023.

69th Meeting Minutes released

The full 69th GB meeting minutes were released recently, please find them [here](#).

Other topics not previously announced include:

- A sub-group was constituted to examine AVFO 'ATDC' projects and provide recommendations for streamlined execution.
- The GB approved allocation of 10 hectares of (as yet unnamed) land to AHMSA (Association for Human Integrated Massive Social Action) for three years to "enhance agricultural productivity".
- The Chairperson suggested formation of an 'Elders Committee' composed of long-standing residents to provide "advice related to manifesting Auroville's vision and mission." A "suitable group" may be selected with GB approval.
- The GB was apparently briefed on the distinction between "Children of Auroville and Guest Children of Aurovilians". It is not clear who the latter category refers to.
- In another example of the GB attempting to control the flow of information about Auroville, the GB approved establishing 'Auroville Integral Information Centres' to disseminate information through various media and outreach events. They seemingly "highlighted the need for comprehensive review of existing Auroville Integral International Centres, many of which operate independently of the Auroville Foundation". This is possibly referring to AVIs.
- The GB deliberated on articles and videos released by The News Minute, perceived as defamatory toward the Auroville Foundation. The GB advised that legal action may be considered if the outlet "continues repeated and targeted defamatory campaigns".
- The GB was "apprised of a report circulated by an entity operating under the name 'Auroville Global Fellowship (AGF)', which has no affiliation with the Auroville Foundation". The GB directed that a public clarification be issued on the Foundation's official website, stating the AGF is not connected to the Foundation. Threats of "appropriate action after obtaining legal opinion" is also mentioned, with no further details.
- The GB approved removal of AVFO 'ATDC' member Mr. Govind Ranjan due to continuous failure to attend meetings.

- As shared in in last report, the GB “approved removal” of AVFO ‘WCom’ member Tine due to “consistent non-cooperation, unilateral decision-making, and sending emails without approval of other Working Committee members”. It is important to note that as per the Auroville Foundation Act, the GB has no role in the selection or removal of WCom members.

MATRIMANDIR LAKE DEVELOPMENT CONTINUES AMID CONTROVERSY



Despite ongoing concerns, the Matrimandir executives and the lake team, led by donor Michael Bonke, are proceeding with the full-scale construction of the Matrimandir Lake — abandoning the earlier phased approach. This decision follows the failure of the “Lego” block-built dam during Cyclone Fengal in November 2024. Phased construction, as originally pursued by the previous team, would have allowed for technical studies and course correction. This is no longer being considered.

However, whether built in phases or as a single project, many technical and environmental issues remain unresolved:

Technical Concerns

- **Leakage risks:** The test lake consistently leaked, yet the lake team failed to address the problem. With the proposed single water body, detecting leaks in the HDPE lining — covered by granite chips — will be virtually impossible. Repairs would also be unfeasible. And HDPE foil imports from Europe are restricted.
- **Excavation and soil disposal:** The lake is designed to be 100 meters wide and 10 meters deep, raising major questions about managing excavated soil. Some soil was already transported to the hillsite in the northern Green Belt without the legally required clearances from local authorities, resulting in the arrest of a driver in mid-March 2025. With no official permissions granted, further soil movement has been halted.
- **Water source:** No clear solution exists for filling the lake. The option of using water from the proposed desalination plant is defunct, as the project is stalled. Yet, Michael Bonke continues to push the idea of submerged balloons filled with potable water to artificially raise lake levels.
- **Water quality and climate impacts:** Concerns about water quality, temperature stratification, evaporation, and the resulting effects on the local microclimate remain neither acknowledged nor addressed.
- **Flood risks:** The problem of undersized overflow weirs — which could cause lake wall failure with downstream flooding during heavy rains — has been ignored, even after the “Lego” dam collapsed 10 months ago.

Tree Removal at Lake Site

Nearly 450 trees have been removed from the lake site. The Matrimandir executives claimed an 80% transplantation success rate, but two years later very few have survived. Recently, many more trees were cut in the third section of the lake (near the west gate), where some scheduled plant species had been recorded.

EVERGREEN FOREST AS THE SITE FOR NEW ECOSERVICE

In August 2025, the AVFO ‘ATDC’ [announced their intention](#) to allocate almost 5 acres of Evergreen land in an effort to expand the Ecoservice operations. Ecoservice, which currently functions out of a 0.75 acre plot and sorts Auroville’s waste in an effort to reduce landfill, is seeking a larger plot of land for “sorting, baling, shredding and storage, plus 1 acre for a sanitary-waste incinerator. Modern conveyor lines, balers, and a heated press will turn hard plastics into tiles and panels, while a 500 kg/hour incinerator handles unavoidable sanitary scraps. The larger site allows safer traffic flows, volunteer housing, training rooms, and fire-safety systems, positioning Auroville to cut landfill reliance below 5 percent.”

While the efforts to extend the Ecoservice’s capacities are largely welcomed, they come at the cost of denuding another 4.75 acres of carefully planted Evergreen forest - a community that already lost one acre of forest to ‘PKS,’ in a landgrab that the AVFO failed to properly contest in court. For the land in question and to see the extent to which it will destroy the Evergreen forest, please see the map below:



WATER CONTAMINATION CASES IN THE RESIDENTIAL ZONE

As shared by the Auroville Water Service (AWS) in a [massbulletin](#) dated 12th June 2025, cross-contamination occurred when grey water (waste water that is not sewage) and drinking water had been connected together to irrigate the ongoing “garden project” along the Crown, opposite Humanscape and Kalpana. An AVFO ‘ATDC’ member was reportedly involved in this incident and did not inform the residents. The same person had already been involved in a similar error in 2019 within the Kalpana community. After this error, AWS found low levels of E-coli bacteria in the water of several nearby communities, although it can’t be conclusively proved whether the cross-contamination was the cause. A number of residents have since become sick from E-coli infection. Despite the efforts of AWS to eliminate the presence of the bacteria, it has still not been fully removed.

Some community volunteers are now forming a group to track and map contaminated areas within Auroville. Any further reports, test results, or assistance regarding this issue would be deeply appreciated. Please [see here](#) for three recent communications from AWS related to this topic.

LATEST AVFO COLLABORATIONS

More collaborations and visits between Auroville and outside parties were announced through the media, without involving the residents of Auroville. These include:

- Sindhuja and Antim, who are highly involved and represented in most of the constituted AVFO groups, met with the Villupuram District Collector S. Shiek Abdul Rahman to showcase alternative construction methods developed in Auroville. Visits included the showcasing of Compressed Stabilised Earth Blocks, which were originally developed by Satprem Maini of the Earth Institute. (NOTE: Satprem's visa was taken away after more than 30 years by the same AVFO representatives. He is no longer able to reside in Auroville.) A news report on the visit [can be found here](#).
- A hospitality sector delegation visited Auroville, according to [this report](#) in the Hindu, dated 24th June 2025.
- Auroville received a delegation from AURO University, Gujarat, a Private University "inspired by the Vision and teachings of Sri Aurobindo and the Divine Mother." Their vision is "to be a premier University of Integral and Transformational Learning for Future Leaders." The visit was announced on [Instagram](#).
- The deepening collaboration with Pondicherry University is noted in the [Tamil Indian Express](#) (translation [here](#)), which states that "A new educational exchange program is being developed, allowing Auroville children to experience the outside world and children from outside to experience Auroville." The article also mentions that the AVFO is planning to set up information centers across India and globally, to "spread Auroville's values" throughout the world.
- On PM Modi's birthday, [Auroville hosted a global Sanskrit conference](#) in Auroville, facilitated by Central Sanskrit University. The event is said to have taken place at Auroville's 'Vedic Vidya Kendra.' (Location unknown, although pictures show the SAIER conference room as the main platform.)
- A [Taiwanese delegation](#) met with SAIER Executives to discuss collaborations based on "technological innovation and potential collaboration opportunities, especially given Taiwan's advanced semiconductor industry".
- Gujarat Governor Acharya Devvrat visited Auroville in September 2025, welcomed by Antim and Sinduja, among others. [News X](#) reports that "The visit, simple yet profound, reaffirmed state leadership's faith in Auroville's rare experiment—a universal city striving to turn ideals into lived reality."

MISCELLANEOUS NEWS

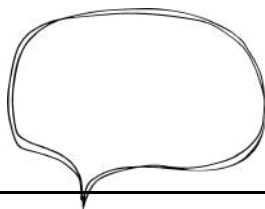
- **Report on fungi in threatened AV forests:** Aurovilian Milla, together with the teams from Pitchandikulam Forest & Kanchi Mamunivar Govt. Institute for Postgraduate Studies has researched Auroville's fungal biodiversity. Over the course of the year, she found and photographed the rich world of Auroville's mushrooms. The teams discovered a hitherto unclassified type, now named as *Agaricus Auroviliensis*. The final report is a beautifully crafted piece that showcases this often-unnoticed part of the natural world. You can find the final report [here](#).
- **IAC shares statement at the end of their tenure:** The four year tenure of the IAC has come to a close, leading them to share [a statement](#) with the community. Their approach is a stark contrast to the GB who has not communicated with the RA regarding the end of their tenure, instead sending out a press release (see above article for more information). The announcement stated "we attempted to be a bridge between

- [the RA] and the Governing Board ... Throughout this time, we advocated for an inclusive and transparent process, for greater communication, for dialogue and open, respectful exchange... Unfortunately, we cannot say that our own voice has been heard".
- **Ninth edition of Voice of Auroville released:** You can download the pdf [here](#). In case you may have missed them, the earlier issues of Voice of Auroville are accessible [here](#).
- **AVFO/JIPMER medical course 'shelved':** A proposal, [originally announced](#) in the 67th GB meeting minutes, and prepared by the AVFO, for a medical course that would integrate allopathic and ayurvedic practices has been 'shelved' a few months after it was announced "with great fanfare" by the Union Minister of State for Health and Family Welfare and [AYUSH](#) in May 2025. The announcement caused [an outcry](#) amongst the allopathic medical community and it [later emerged](#) that regulatory bodies had not been consulted prior to the announcement. The plan has now been shelved with JIPMER [stating that](#) "The Institute hereby categorically clarifies that there is no move to introduce any such programme at JIPMER as of now."
- **RA WCom letter to GB re Annapurna Farm:** The RA WCom shared [their letter](#) to the GB, laying out objections to their plan to lease the land to IIT Madras for a 'Sustainability Campus'. There has been no recent update shared with the community regarding this proposal.

MEDIA & OTHER LINKS

- 30th September 2025, RA Forest Caretakers Newsletter No 13: English Version [HERE](#), French Version [ICI](#)
- 5th October 2025, Vikatan: [Auroville Residents Concern About Upcoming IIT Madras Project](#) (in Tamil) English AI translation [here](#)
- 20th September 2025, Ameesagra.blogspot: [It is the journey that matters](#)
- 17th September 2025, Nakkheeran: Part 1, [250 crore scam in Auroville](#) (in Tamil), English AI translation [here](#)
- 20th September 2025, Nakkheeran: Part 2, [Annapurna farm](#) (In Tamil), English AI translation [here](#)
- 24th September 2025, Nakkheeran: Part 3, [Is RSS trying to take over Auroville?](#), English AI translation [here](#)
- 2nd August 2025, scanx.trade: [Gujarat Industries Power Company Appoints Dr. Jayanti S. Ravi as Additional Director and Chairperson](#)
- 29th September 2025, Youtube: [Mallika Sarabhai: Life Through Invisible Cities | Dance, Politics & Resistance](#) Former GB member talks about Auroville between 1:25:55 - 1:28:30
- 3rd July 2025, The Hindu: [Auroville's push for transformative engagement with schoolchildren](#)





RESIDENTS SPEAK

DIVINE LOVE AND HUMAN LOVE

Just to make sure that Divine Love and human love are properly understood:

- <https://incarnateword.in/cwm/14/divine-love-and-human-love>
- <https://incarnateword.in/cwm/14/love-and-sexual-desire>
- <https://incarnateword.in/cwm/14/love-for-the-divine>

And here it is more specific, more appropriate for aspiring True Aurovilians (all the invited rest and unwitting engagers beware):

- <https://incarnateword.in/cwsa/29/divine-love-psychic-love-and-human-love>

"The human form is naturally unable to bear the Divine Love or contain it, because it is itself a creation of the ignorance, weak and impure. It must be transformed in order to be capable of that; it must become strong and pure. First of all, it must have the strength to love the Divine alone and turn away from all other ties. But besides that a new consciousness must be created in it—first a consciousness of pure and purifying Divine Peace from above which must take hold of all down to the most physical—then in that peace an increasing inner strength pure and unegoistic—then the Divine Light and Knowledge transforming all the consciousness and movements. When this has been done, then the human form can contain the Divine Love and Ananda. Till then the touches of the Divine Love and Ananda are usually momentary or brief, they cannot remain. In an impure consciousness the Divine Love if it came in would create a perturbation and possibly be attacked by a mixture which would make it impossible for it to stay. It is therefore that touches only can come."

Zech



FOOD FOR THOUGHT



<https://www.instagram.com/p/DQI-s8kCdTY/>

AUROVILLE CONVERSATIONS



Submitted by an Aurovillian



INNER JOURNEY

SAVITRI SATSANG WITH NARAD

EVERY TUESDAY, 04:30 - 05:15PM

In this deep exploration of Savitri we will study:

1. The mantric basis of Savitri
2. The importance of iambic pentameter in epic poetry
3. The wealth of definitions in Savitri from Sri Aurobindo and Mother
4. Music and alliteration in Savitri
5. Words defined from the 'Lexicon of the Infinite Mind'
6. The Mother's Words on Savitri

At Savitri Bhavan - Square Hall.

All are welcome to join.

Narad

OM CHOIR WITH NARAD

EVERY TUESDAY, 05:30 - 06:15PM

Please join us in this collective aspiration, in the form of united prayer.

No prior singing experience is required.

At Savitri Bhavan - Square Hall



AMPHITHEATRE - MATRIMANDIR

Meditations at sunset with SAVITRI,

Every THURSDAY
from 5:30 to 6:00pm

(weather permitting)



Savitri, Sri Aurobindo's long mantric poem, read by Mother to Sunil's music are *on* weekly for everyone to concentrate in this beautiful open space in the very center of Auroville.

- **Reminder to all:** The Park of Unity is a place for silence, meditation, and inner work and is to be used only as such. We request everyone: please do not use cameras, tablets, cell phones, etc. No photos.
- **Guests with Aurocard** wishing to attend must book at <https://bit.ly/savitri-reading> one or two days in advance or the very day before 11am. Please bring your Aurocard with you.
- **Access by Office Gate** for the Amphitheatre only from 5:15pm. Guests are requested to bring along their Aurocards. Last entry for guests at 5:30pm. Access limited for guests to the Amphitheatre.
- **Last exit for guests** at 6:15pm.

Velmurugan for the Access Team

VIBRATIONAL SOUND BATH

SOUL NURTURING MEDITATIVE EXPERIENCE WITH THE ORIGINAL RUSSIAN SINGING BELLS

These are sounds of the Beginning
These are sounds that cradled the worlds

Harmonious play of rich powerful tones and strongly resonating overtones invokes a profound state of inner peace, tranquility and self-healing, bringing deep physical and psychological relaxation.

Open Group - Everyday 3:00 - 4:30pm

At Mirabelle Education Center, Auromodele,
Kuyilapalayam

Led by Vera (Instagram - [Vera.Auroville](https://www.instagram.com/Vera.Auroville)) and Ashesh Joshi

Please register in advance

Ph/WhatsApp: +91 94891 47202, +91 94862 47202

(Private sessions on request at other timings)



TATTVA BODH (WISDOM OF THE DIVINE)

BOOK READING CIRCLE & MEDITATION MARATHON

Weekly Event. Different Days, Different Authors
At **Harmony Hall** (Bharat Niwas) and Online

It gives me immense joy to finally conceive and put to action, book reading circles with embodiment practices. More sessions per week, more wisdom literature, more meditation tools. Includes *interactive book reading, live sound bath, pranayama, yoga, meditation, wisdom audibles, OM chanting, Perception building through Art, journaling and many more activities.* A high **intense spiritual state** is what we need, without any day off. Otherwise, we are bound to get lost in lower worldly consciousness, and inevitably invite pain in our lives. The daily program was the missing plug, and now it's been found. (More books will be added in future).

Program schedule

MONDAYS 6 PM - 7:30 PM	TUESDAYS 5 PM - 7 PM	THURSDAYS 5 PM - 7 PM	SATURDAYS 5 PM - 6:30 PM	SUNDAYS 5 PM - 6:30 PM
Online Ask for the link	Bharat Niwas Harmony Hall	Bharat Niwas Harmony Hall	Online Ask for the link	Online Ask for the link
SYNTHESIS OF YOGA Sri Aurobindo	BE AS YOU ARE Ramana Maharshi	BASES OF YOGA Mother's Talks	THE POWER OF NOW Eckhart Tolle	A NEW EARTH Eckhart Tolle
FOLLOWED BY				
 Meditation Breathwork	 Live Sound Bath	 Meditation Visualization	 Present Moment Meditation	 Book Meditation

Please note -

- Embodiment practice will happen in last 30 minutes of 2-hour session.
- Please wear loose comfortable outfits.
- Get notebook/pen to take notes/learnings/journaling.

Minimum contribution -

- Per session - INR 200
- One week Enrollment (4 sessions) - INR 600
- One Month Enrollment (16 sessions) - INR 2500

(This is minimum contribution to meet the Program expenses, more is welcome).

(Aurovilians/ Newcomers excluded, but can donate as per their discretion).

Please contact **Debashish (+91) 76782 08825** for queries. Direct walk-in permitted.

Prior registration needed for online sessions.

Warmly, Debashish

HEALING PRACTICES FOR TRAUMA FROM THE PERSPECTIVE OF INTEGRAL YOGA

WHAT IS TRAUMA?

In the light of Integral Yoga, trauma can be seen as a deep imprint left on our being by experiences that overwhelm our ability to assimilate, integrate, or respond harmoniously. More generally, trauma refers to the physical, psychological, and emotional response to deeply distressing or disturbing events that exceed a person's capacity to cope. It is the lasting impact of experiences that threaten one's safety, identity, or wellbeing, or that fall outside the range of typical human experience.

Causes of Trauma

Life events causing trauma may be personal or collective: sudden shocks, long-term stress, abuse of power or authority, violence of any type (physical, emotional, or psychological), extreme pressure, painful relationships (personal or professional), political abuse, threats, displacement, loss of loved ones, loss of home or work, forced changes, witnessing violence, accidents, illness of oneself or others, diagnosis of a serious disease, and many other situations.

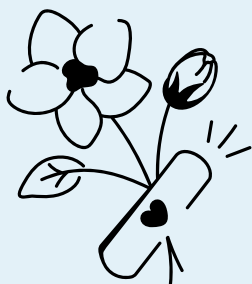
Healing Practices for Trauma from the Perspective of Integral Yoga

There are a few ways, inspired by Integral Yoga, to approach trauma with gentleness and the Mother's presence. These are not quick fixes, but steady movements of consciousness that invite healing and transformation over time.

#2 Offering the Pain of Trauma

Instead of resisting the wound, offer it inwardly to the Divine. This can be done in words or in a silent gesture of the heart: *"Mother, here is my pain. I give it to You. May Your light enter and transform it."* With sincerity, this lightens the burden and opens the wound to healing.

There will be a healing practice shared each week in the News & Notes. This series is a weekly offering by an Aurovillian therapist, to help people to engage with their personal healing.



ANNOUNCEMENTS

BEFRIENDING DEATH

THURSDAY 6TH NOVEMBER, LIBRARY, CREATIVITY

Time: 10:45am - 11:45am

Venue: Library, Creativity community, Auroville

Open for all. No registration/ fee required.

Hosted by Deepa.

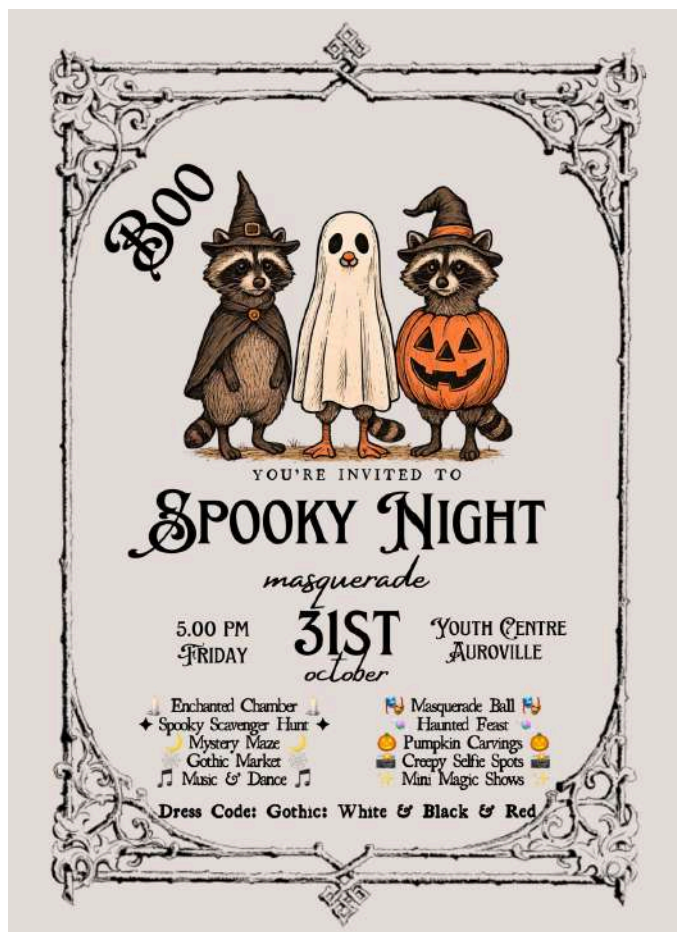
More about Deepa's work- life- travels

<https://tinyurl.com/v9nwb2>



SPOOKY NIGHT MASQUERADE

FRIDAY 31ST OCTOBER, YOUTH CENTRE



Boo 🎃 Get your costumes ready!

Spooky Night Masquerade is coming on Friday 31st October at Youth Centre, Auroville 🎃

Gothic vibes • Music & Dance • Magic • Mystery • Pumpkin Fun 🎃
Dress Code: 🖤 🖤 🖤 White, Black & Red

🌟 Plan your look early — it's going to be a night to remember!

#SpookyNight #AurovilleEvents #MasqueradeBall #Halloween2025

HALLOWEEN

SATURDAY 1ST NOVEMBER, YUVA SANGHA (KAILASH)



Dear Community,

YouthLink is happy to invite you and your kids to our Halloween Celebration on **Saturday 1st November**, from **3:00 to 7:00 pm** at **Yuva Sangha (Kailash, Near SK)**.

Join us for an afternoon filled with fun activities including a haunted house, ghost bowling, art and craft, board games, quidditch, spooky snacks, a costume fashion show, and more.

This is a small local gathering for Aurovilians, Newcomers, and Volunteers only. For parents, kids, and friends to enjoy together.

Please note that the event is **not open to guests** this time, as we have limited space. We look forward to welcoming everyone once our new venue is ready.

If you would like to volunteer for decorations, food, or games, or if your child would like to set up a small stall, please message Ivy (91761 22030) on WhatsApp.

Warm regards,
The YouthLink Team



LE PAVILLON DE FRANCE VOUS INVITE À PARTICIPER AUX DISCUSSIONS

FRIDAY 31ST OCTOBER, FRENCH PAVILLON

Un rendez-vous **en français**, ouvert à tous, pour réfléchir ensemble à des questions de société, d'identité ou de sens.

- Chacun est invité à partager son point de vue,
- Ecouter celui des autres
- Et nourrir une discussion profonde,
- Dans un cadre bienveillant.

Un espace de parole libre, dans l'esprit d'Auroville : ouverture, respect et quête de sens.

Après les discussions sur la religion et la propriété, cette fois questionnons :

« **La sécurité** »

Rendez-vous ce vendredi 31 octobre 2025

à 17h

au Pavillon de France

Cécile et Marie pour le Pavillon de France



DISCUSSIONS

Un échange ouvert sur des questions de sens.

Ce vendredi explorons ensemble le thème de :

La sécurité



VENDREDI 31 OCT 2025
17H - 18H30
PAVILLON DE FRANCE, AUROVILLE

INDIVIDUAL SOUND BATH

PITCHANDIKULAM FOREST

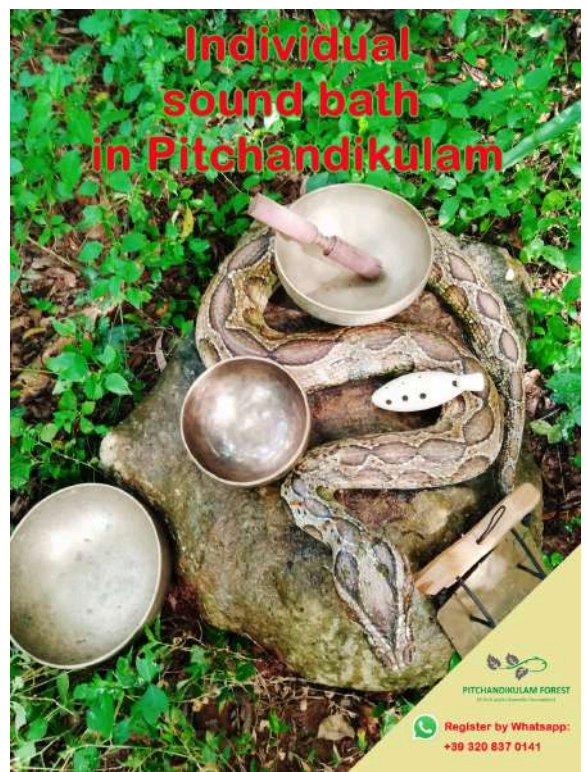
There is a little house in the heart of one of Auroville's oldest and best-preserved forests, where you can enjoy a very special sound bath.

The sound of birdsong and insects, the rustling of leaves will be the only background.

A certified sound facilitator will perform a personalized session, just suitable for you, according with your needs and desires.

And in the end a meditative walk in the forest will be, if you like, the perfect ending to the experience

Book your session now by texting to Whatsapp +39 3208370141



CREATIVE VOICE SOUND HEALING

EVERY THURSDAY, HALL OF LIGHT, CREATIVITY

HALL OF LIGHT CREATIVITY COMMUNITY AUROVILLE

CREATIVE VOICE SOUND HEALING

**EVERY THURSDAY
FROM 5 TO 6,30 PM**

Experience vocal techniques, breathing, toning, singing, dancing, etc
 To promote relaxation, self discovery, emotional release, free expression and happiness. We discover our heart voice through singing. Exploring our different voices and small instruments.

**NO EXPERIENCE NEEDED
NO REGISTRATION
AUROVILIANS AND NEWCOMER FREE
CONTRIBUTION
300 Rs FOR GUEST**

CONTACT: Iola 9443069335.



HIVE COWORKING SPACE

OPEN HOUSE EVERY FRIDAY, AUROMODE



NEED A PLACE TO WORK?

OPEN
HOUSE

Hive
COWORKING SPACE

FREE ON EVERY FRIDAY

More Info : +91 90 42 75 95 40 | www.auromode.in

Are you looking to work, study, create or simply connect with like-minded professionals in a serene place? Step into Hive and experience the Cosy workspace with super-fast Internet, Coffee - **All for FREE** on our Open House.

- Venue: Hive, Auromode
- Time: 9 am - 7 pm
- Visit us at www.auromode.in/hive-coworking for more details on our plans and facilities.
- For inquiries: auromodehive@auroville.org.in / +91 90427 59540 (WA) / +91 70921 97375 (WA) or drop by.

All are Welcome!!!



SUPPORT NEEDED

APPEAL TO SUPPORT THE MULTIMEDIA CENTRE AUDITORIUM - CINEMA PARADISO



Appeal to Support MMC-CP

Multimedia Center Auditorium - Cinema Paradiso

Community cinemas worldwide thrive on support from their audiences. At Cinema Paradiso, our core funding now covers only basic maintenance—everything else, from fuel to essential upgrades, we manage together. Since COVID, operational budgets dried up, costs rose, and fewer events mean less income. Generator expenses once covered outside the budget now fall on us.

We need at least 5 more Auroville units to join the two already contributing ₹3,000/month each, seven contributors total. **Individuals and film lovers are welcome to support too.**

Indian nationals and unit holders can easily donate by setting up recurring or one-time contributions via the Unity Fund at our Financial Service. This ensures your support goes straight to Cinema Paradiso (MMC-CP FS Account #105106). Direct payments to our FS Account are not considered donations and will incur an 18% GST—but if that works better for you, please go ahead.

Every contribution counts. It helps keep screenings alive and strengthens community spirit. Be part of the story!

Thanking you
MMC-CP Team

WORK OPPORTUNITIES



PART-TIME VIDEO EDITOR - AURORA'S EYE FILMS, AUROVILLE

Aurora's Eye Films is looking for a **creative and skilled video editor** to join our team on a **part-time basis** in Auroville. We create documentaries, web series, and short films that explore **human stories, spirituality, and transformative experiences**.

What You'll Do:

- Edit interviews, web series, short films, and documentary footage
- Collaborate closely with the director to shape compelling visual narratives
- Add graphics, subtitles, and basic motion design as needed
- Ensure videos are optimized for multiple platforms (YouTube, Instagram, Facebook)
- Manage project files and deliver timely edits.

Who We're Looking For:

- Proficient in **Adobe Premiere Pro, Final Cut Pro, or similar editing software**
- Strong sense of storytelling, pacing, and emotion
- Attention to detail and high-quality visual aesthetics
- Ability to work independently and meet deadlines
- Previous experience with short documentaries, interviews, or web series
- Based in or able to work from **Auroville**.

Why Join Us:

- Work on **meaningful, inspiring projects**
- Flexible part-time schedule
- Be part of a **creative and collaborative team** in the heart of Auroville
- Opportunity to **grow your skills** and gain exposure to international audiences.

How to Apply:

Send your **CV, showreel, or sample edits** with the subject line:

"Part-Time Video Editor Application" –

serena_aurora@auroville.org.in

SOCIAL MEDIA MANAGER - AURORA'S EYE FILMS, AUROVILLE

Aurora's Eye Films is looking for a **Social Media Manager** to help us share our stories with the world. We create films, documentaries, and web series that explore consciousness, community, and the spirit of Auroville. We're seeking someone creative, organized, and passionate about digital storytelling to grow our online presence and engage with our audience.

Role:

- Part-time, based in Auroville (remote collaboration possible for the right candidate)
- Focus on content strategy, posting, engagement, and growth across platforms (Instagram, YouTube, Facebook, LinkedIn, etc.).

Responsibilities:

- Develop and implement a social media strategy aligned with our creative projects
- Create and schedule engaging posts, captions, and stories

- Edit short-form video content (Reels, Shorts, trailers) for maximum reach
- Track analytics and optimize content for growth and engagement
- Engage with our online community and respond to comments/messages
- Collaborate with the film team to capture behind-the-scenes and promotional material.

Requirements:

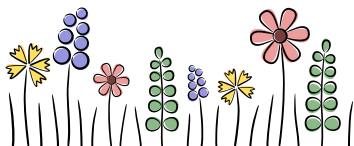
- Experience managing social media accounts for brands, projects, or creative organizations
- Strong writing and communication skills
- Basic video/photo editing skills (Canva, Premiere Pro, CapCut, or similar)
- Understanding of trends, hashtags, and algorithms across major platforms
- Passion for storytelling, film, and conscious media.

What we offer:

- Opportunity to shape the voice of a growing independent film studio
- Creative freedom to experiment with new ideas and formats
- A chance to work on projects rooted in meaning, community, and awareness
- Collaborative, international work environment in Auroville.

How to Apply:

Send your CV, portfolio/links to previous work, and a short note about why you'd like to join us to serena_aurora@auroville.org.in



LOOKING FOR

A NEW HOME FOR THIS ABANDONED DOG!



The dog from la Terrace is still waiting for a home. He is vaccinated, dewormed, gets food everyday from Angelika and Rita. But this abandoned really nice dog needs a home.

To know more or if interested, contact 63846 93167

HOUSE SITTING

Dear Community,

I am Enzo, Aurovilian, originally from Italy and I am looking for a house sitting, if possible a long-term one. Starting from now or from October on.

I am a single, neat, clean, quiet, reliable and respectful person.

Please reach out on +91 86676 48515 or solespazio@gmail.com

With love,
Enzo



ACTIVITIES AT SERENDIPITY

SERENDIPITY CLASSES

(Ex. Joy Community in front of Center GH)

Center Field, Auroville - 605101, TN, India

Landline: +91 (0)413 350 9950

Mobile/Whatsapp: +91 93856 23342

Email: serendipityauroville@gmail.com

<https://serendipity.auroville.org>

<https://www.facebook.com/serendipityauroville>



REGULAR CLASSES FOR OCTOBER :

Hatha Yoga with Ramesh

- Monday and Thursday from 5:30 - 6:30pm

Ramesh offers hatha yoga classes with some vinyasa flow and include pranayama, traditional sanskrit mantra chanting, and meditation. The style is gentle, adaptive and progressive where passive, gravity-assisted poses are mingled with dynamic vinyasa-style flow as needed. He places a lot of focus on breathing and body-mindfulness during the practice. It is ideal for beginners to intermediate-level practitioners. You will be exposed to authentic Sanskrit terms and their correct pronunciation. The practice will be rejuvenative and restorative. These specific classes will be on donation basis even for guests.

Traditional Sanskrit Mantras with Sonia

- Friday from 5 - 6pm (Regular students only)

In the recitation of Sanskrit Mantras the sound is very important, and the specific pitches and strict rules of intonation and syllabic length should be learned according with the tradition of the great masters of the past, who figured out how to use the voice to calm the mind and attune the practitioner to the more subtle levels of the "sadhana" or spiritual path. Through the harmonic rhythm, repetition and participation in the singing, the mind reaches more clarity, concentration and tranquility.

Private Classes on request (for groups or individuals)

- Hatha Yoga with Ramesh - for more details contact Ramesh at: +91 98451 68490
- Traditional Sanskrit Mantras with Sonia - for more details contact Sonia at: +91 89402 88090



ACTIVITIES AT JOI - ANITYA COMMUNITY

JOURNEY TO INNER PEACE :

HOLISTIC HEALING SERVICES JOI ANITYA



Located in the peaceful environment of Auroville's Centerfield, the Joy of Impermanence—Anitya Community Project offers a variety of holistic services to support your body, mind, and spirit. Our experienced practitioners provide a range of practices to help you relax, heal, and grow, guiding you toward balance and well-being.

- **Location:** Anitya Community, Centerfield, Auroville (500m after Center GH). Road work is ongoing so follow the sign after Nandanam School.
- **Bookings:** For more information or to schedule a session, please contact the practitioners directly (preferably via WhatsApp messages).
- **WhatsApp Group:** we have created a new WhatsApp group for those interested to know what activities we offer - [join here!](#)

Thai Yoga Bodywork with Andres

- **Contact:** +91 97516 07501

Combining elements of yoga, acupressure, and assisted stretching, Thai Yoga Bodywork is designed to release tension, improve circulation, and enhance flexibility. This therapeutic practice helps restore balance to your body and mind through gentle, rhythmic movements.

Andres is also a **Hatha Yoga** teacher with over 15 years of teaching experience. Trained in Ashtanga, Dharma Yoga, Breath-Based Yoga, and Bhakti Yoga, he now focuses on Vinyasa Flow, connecting movement with breath in a smooth, energizing way. He can design a class just for you, whether you seek strength, flexibility, inner calm, or spiritual connection. Session can also include pranayama (breathing practices) and mantras for a deeper experience. Contact him for more info.

Integral Unfoldment Coaching with Dave

- **Contact:** +44 75641 19728

A transformative life coaching approach blending Internal Family Systems (IFS), Focusing, and the Diamond Approach to explore your inner world, integrate all parts of yourself, and unfolding your unique potential for personal transformation.

Dave is also offering **Sacred Song Circles: Singing from the heart** and **Authentic Relating: Relational Group Games**. Contact him for more info.

Relationships as a Spiritual Practice with Prem Shakti

- **Contact:** +91 94892 44823

Prem Shakti guides individuals and couples to explore connection not just as an emotional exchange, but as a sacred journey. Drawing upon tools like Nonviolent Communication (NVC), Authentic Relating, circling, and embodiment practices, she supports participants in cultivating deep listening, emotional intelligence, presence, and compassionate connection.

Prem Shakti also focus on **Spiritual Weddings & Ceremonies**, creating spiritually rich, non-religious ceremonies such as conscious weddings, vow renewals, engagement rituals, and bridal blessings. She is also a **Dances of Universal Peace** leader. Contact her for more info.

Re-turn to your (Flower) Essence with Louise Rose

- **Contact:** +91 73053 73562

Flower medicine ceremonies (for individuals or groups). Blending Naturopathy, Dance & Somatic therapy, and Sonic Healing. Through a holistic Naturopathic approach; you will be guided to work with plant oversouls as allies, to explore your subtle, emotional and physical landscape. These sessions support reconnection to Inner and outer Nature.

*Tailor-made tinctures, herbal teas and aromatherapy blends provided for both group circles and 1 on 1 sessions.



FAMILY CONSTELLATION WITH SHANTI

SATURDAY 15TH NOVEMBER, ANITYA



Dear community,

Family Constellations will again be offered in Anitya. Shanti is the facilitator for the constellations, and Louise Rose the organizer.

The workshop will be offered from **10 am - 12:30 pm** in Maloka Hall in Anitya community on these dates:

- **Saturday 18th October**
- **Saturday 15th November**
- **and Saturday 20th December**

Family constellation is a process which helps people resolve family traumas and heal ancestral wounds. It uses the facts of the family history. Since it is systemic work, it asks us to include those we don't usually consider as belonging to the family: for example, an ex-partner of a parent. Participants in the workshop will stand as "representatives" in the constellation.

It is not essential that you have experienced Family Constellations before -- just that you have the inner feeling to bring your full presence and that you understand that by coming you will be part of the field in which the work happens. Shanti will give an overview of what is important in this work and teach us how to be a representative.

About the facilitator:

Shanti found this work in 1999 and took many trainings with Bert Hellinger -- the originator of this work -- and with several of his long-time students over the years, both in India and in Germany.

Shanti is offering this work as her gift to the community. Donations for the space in Anitya are appreciated.

Contact them to register:

- Louise for WhatsApp: +91 73053 73562
- Shanti for email: anandshanti@proton.me and landline: (0413) 2623314

NATURAL CRAFTS FOR AGES 4 - 7

EVERY WEDNESDAY - FOR NOVEMBER



PLAYCIRCLE

EVERY THURSDAY



Are you ready to explore a new way of connecting with yourself and others? To move, play, and express yourself freely in a safe and welcoming space?

PLAYCIRCLE invites you to rediscover the joy of play through games, gentle body interactions, and moments of connection with your inner child.

Camille (WhatsApp: +33 6 77 79 35 14), a trained practitioner, will guide you safely through this fun and mindful experience.

Guidelines:

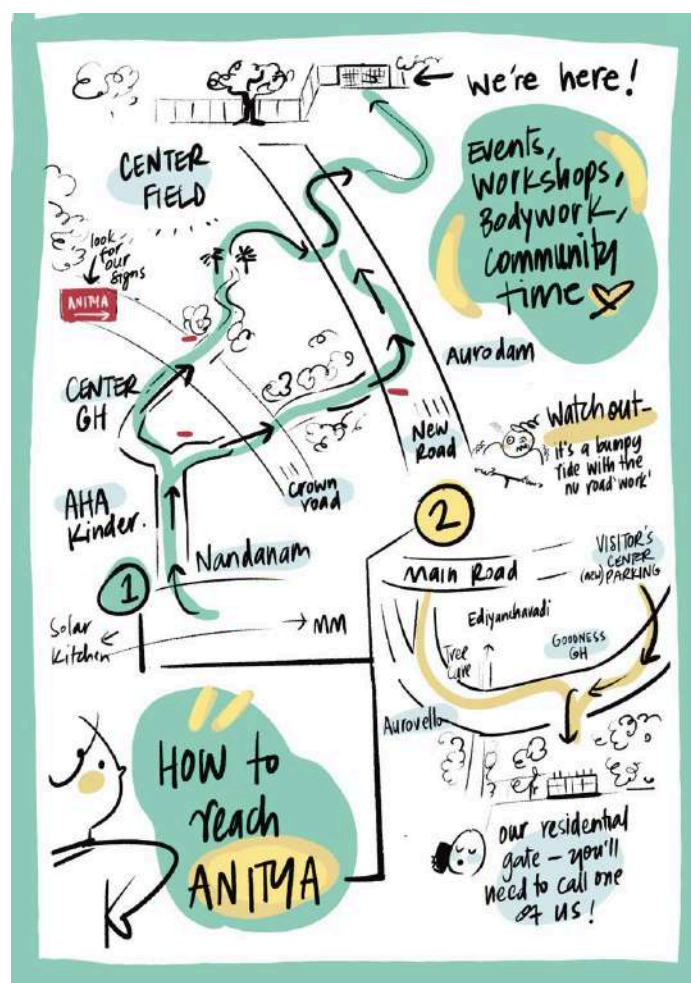
- Wear comfortable sports clothes
- Open to everyone aged 15 and above
- No previous experience needed
- Location: Joy of Impermanence – Anitya Community
- Contribution for JOI Anitya:
 - Guests – 100 Rs
 - Volunteers, Newcomers, and Aurovilians – free / donation welcome.

Join the WhatsApp [group](#) for regular updates.

Come and rediscover the simple joy of playing together, feeling your body, and reconnecting with your inner child!



HOW TO REACH ANITYA!



CULTURAL ANNOUNCEMENTS

DOUBLE EXHIBITION AT CENTRE D'ART

FRI 31ST OCTOBER - SAT 15TH NOVEMBER



DECOLLAGES by Foulax

Graduation day in Transition School is the last day for the 8th grade students before they move on to high school. It is always an emotional moment for Foulax as he greets his students goodbye after teaching them for two years. It's a similar feeling than when your own child leaves home.

Foulax decided to prepare photos and collage for each of them. Originally, it was just a little gift, some funny pictures taken with his first digital camera and some computer effects. But after some years, it slowly became more refined, more detailed.

These collages were always trying to be a bit wild and out of mind to take a break from the more serious field of mathematics. That is why the title is about flying collages, "Décollage" in French means taking off.

THE OTHER SIDE by Rishi

Rishi's paintings seek to break through the veil of perception, exploring the hidden layers of psychology and spirituality. He creates a made-up language of symbols and abstraction, driven by a longing to unveil what lies beyond illusion. Each brushstroke is a step toward the unknown, inviting viewers to confront their inner landscapes and question what's behind the curtain of reality.

His brushstrokes are instinctive and fluid, shaping movement and depth in a way that feels more channeled than planned. He welcomes unpredictability, often scraping, erasing, and reworking the surface to uncover hidden forms and emotions. This meditative process allows him to access a deeper state of consciousness, where painting becomes a bridge between the tangible and the unknown.



SACRED FROST FLOWERS

DESCEND UPON THE CITY OF DAWN

SAT 11TH OCT - MON 10TH NOV, TIBETAN PAVILION



PHOTO CIRCLE MEETS AGAIN

FRIDAY 7TH NOV, CENTRE D'ART MULTIMEDIA ROOM, CITADINES

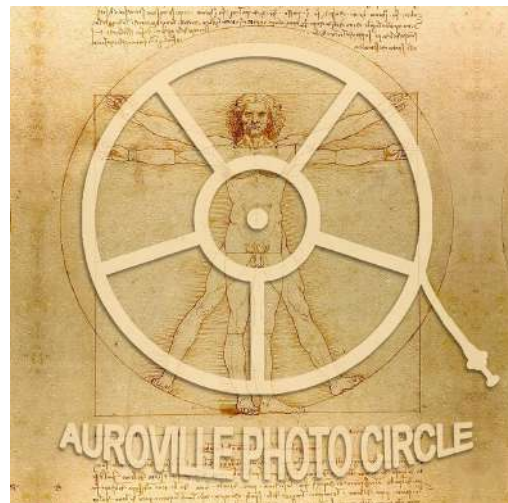


Photo Circle meets again on **FRIDAY 7th NOVEMBER at 5pm in the Centre d'Art multimedia room, at Citadines.**

The Photocircle brings together Auroville's photographers and amateurs.

We share our own work, show the work of global photographers we admire, discuss the history of photography, and share techniques.

Anybody can bring and screen a small selection of images.

Everybody's welcome.

FOR THE BOOKWORMS

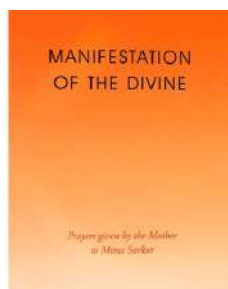
AUROVILLE LIBRARY

New Arrivals!

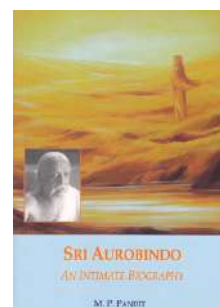
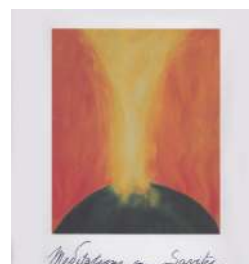
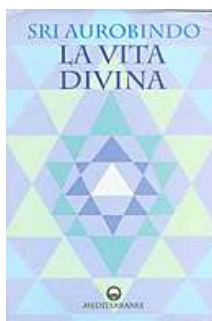
Dear Friends,

The Auroville Library invites you to come check out our **latest arrivals**.

In addition to books in English, French, Italian and German, we are happy to introduce **new works** from **fellow Aurovilians, Mother, Sri Aurobindo, and disciples**. (See some examples below!)



NEW!

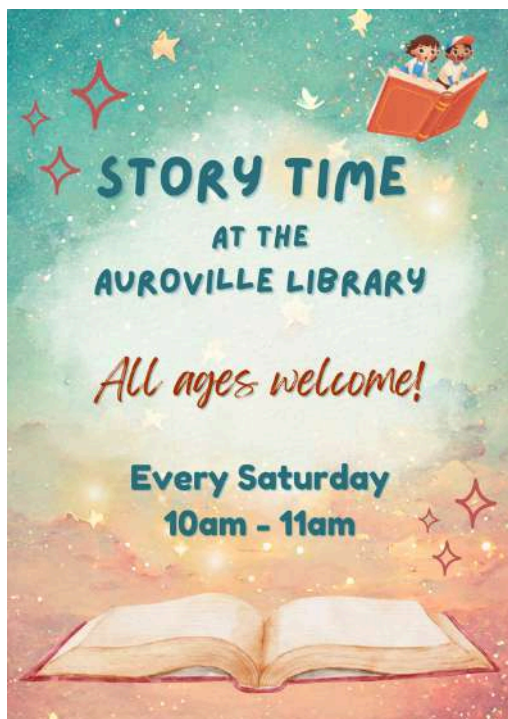


And we didn't forget the children! There are plenty of fresh reads in the kids' room as well.

The Library also offers an assortment of **jigsaw puzzles** for borrowing. It's a wonderful way to while away wet, windy weekends.

Come visit us!

**STORY TIME
AT THE
AUROVILLE
LIBRARY
EVERY
SATURDAY**



THEME OF THE MONTH

Every month, we choose a topic and set up a display of books from our collection.

This month's theme is
HAVE YOU RE(a)D THESE?

Come by to check out our selection!



TIBETAN PAVILION LIBRARY

Dear all,

This is to your information that we are going to open the library to the readers we have vast collection of books on **Tibetan history, Buddhism, medicine, environment and etc**, and also a section of books on **India, China, Bhutan and spiritual books on Sri Aurobindo and the Mother**.

Our opening hours are:

- Monday, Tuesday Wednesday mornings
- Open from 09:00am to 12:30pm.

All reader's are invited.

We will be closed on the national holidays.

We look forward to seeing you in Tibetan pavilion,

Submitted by Kalsang

On behalf of Pavilion Of Tibetan Culture International zone



THE MOUNTAIN GLOWED LIKE FIRE :

BOOK LAUNCH, SAT 1ST NOVEMBER

& EXHIBITION, SAT 1ST - SAT 15TH NOVEMBER, PITANGA



THE MOUNTAIN GLOWED LIKE FIRE

Balvinder Banga - Marie Demont

**BOOK LAUNCH & EXHIBITION
at Pitanga**

EXHIBITION
1ST TO 15TH
NOVEMBER 2025

BOOK LAUNCH
SATURDAY
1 NOVEMBER
3 - 5 PM

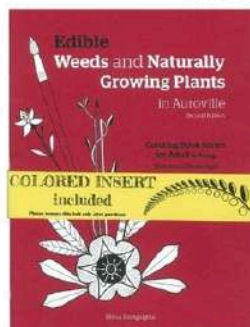
Book Launch: Saturday 1st November 2025, 3 - 5pm in Pitanga Cultural Centre

Exhibition: 1st – 15th November 2025 in Pitanga Cultural Centre
Monday to Saturday, 8.30am - 12pm and 2.30pm - 5.30pm.



EDIBLE WEEDS AND NATURALLY GROWING PLANTS COLORING BOOK : 2ND EDITION

Edible Weeds and Naturally Growing Plants Coloring Book : 2nd Edition



Following the closure of Freeland Bookstore, many have asked about the book. It's available by writing to edibleweedwalk@gmail.com.

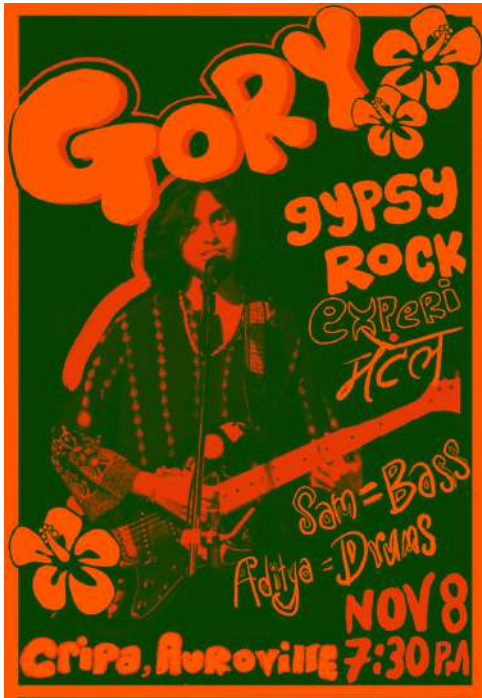
In Auroville and the bioregion, copies can be picked up—after payment—from designated spots like Town Hall or PTDC. Price: ₹600 (pickup) / ₹750 (with S/H).

Hand-bound with a handmade paper cover, this is an artisanal production. Now a project under Prani, The Living (Service Trust), the book offers special discounts for schools and groups ordering 20+ copies. To avail, just reach out.

Thank you,
Nina

edibleweedwalk@gmail.com | FS Account # 251937

PRESENTING GORY: GYPSY ROCK EXPERIENCE

SATURDAY 8TH NOVEMBER

Gory believes each song writes itself born from experience, stitched together by memory and melody. Her music is for those who know love, who honor the art of listening, who are hungry for words that mean something that change something

Join her as stories unfold in sound with Aditya on drums and Sam on bass straight from the 60s. Raw, real, and unguarded.

Saturday 8th November

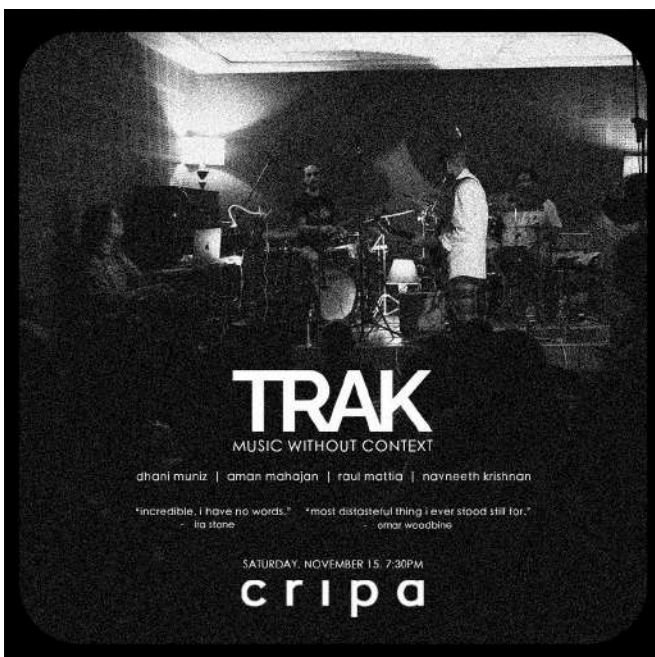
7:30pm

Cripa, Auroville

Entry free, contributions welcome 😊



TRAK: MUSIC WITHOUT CONTEXT

SATURDAY 15TH NOVEMBER

Dhani Muniz's new group is a field for artistic horseplay with some of India's most exciting musicians, as the leader's brash, feral guitar playing and skeletal compositions (taken from his 2024 debut album Chimu Fiesta) fuel keyboardist Aman Mahajan's endlessly imaginative, often disembodied reveries and the percussive octopus that is the dual-drummer team of Raul Mattia and Navneeth Krishnan. Playing wildly intense, often humorous sets that tease a merry-go-round of musical genres and worlds, TRAK takes the concepts behind improvisational music return to their original purposes- creating for the individual listener a feeling of weightlessness, a sense of being removed from time altogether, and the urge to listen not only with the ear, but with the entire body.

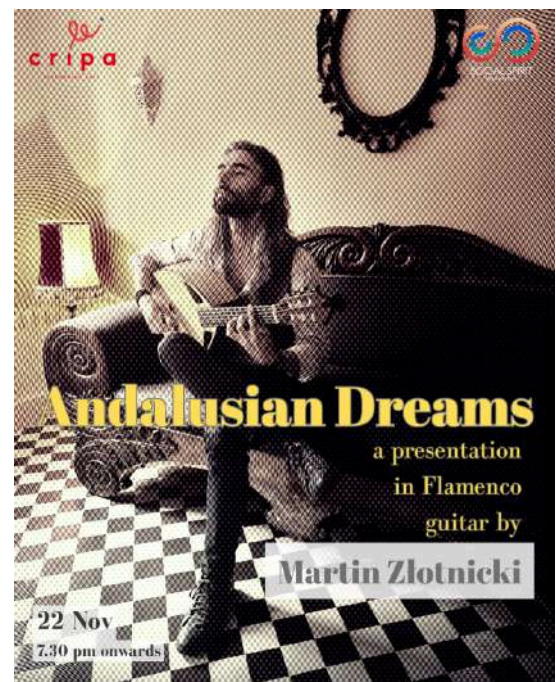
Saturday 15th November

7:30pm

Cripa, Auroville

Entry free, contributions welcome 😊

ANDALUSIAN DREAMS - A PRESENTATION IN FLAMENCO GUITAR BY MARTIN ZLOTNICKI

SATURDAY 22ND NOVEMBER

Martin Zlotnicki brings to life the soul of flamenco through his dynamic and heartfelt guitar performance. Drawing from the deep traditions of Andalusian music, his playing weaves together rhythmic intensity, melodic grace, and the emotional rawness that lies at the heart of Flamenco.

With a background that bridges classical technique and contemporary expression, Martin explores the guitar as both a percussive and lyrical instrument - his interpretations move seamlessly from intricate falsetas to moments of quiet reflection. His repertoire ranges from traditional palos to original compositions that reflect his own journey through the art form.

This performance invites listeners into the intimate dialogue between rhythm and emotion - a meeting point of passion, discipline, and improvisation that defines Flamenco at its core.

Saturday 22nd November

7:30pm

Cripa, Auroville

Entry free, contributions welcome 😊



FOOD

FOOD FOREST TOUR & SUNDAY BRUNCH

EVERY SUNDAY, LA FERME COMMUNITY



Living Foods & Vegan Ice Cream Making

Every Sunday, 9-11 AM

La Ferme Community
(5 min from AV Bakery)

WhatsApp Sarah: 9047421044

www.myfoodforest.in



RIGHT PATH CAFE, VISITOR'S CENTRE



AUROVILLE RADIO



Dear Aurovilians,

Your favourite radio is always working for you. Stay tuned!

Last published podcasts:

- [Marlenka's weekly Offering – Ep.155](#) (Literature)
- [Savitri - Ep.25: Introductory Comments in Tamil | சாவித்ரி காவியம் ஓர் அறிமுக விளக்கம் by Dhanalakshmi](#) (Spirituality)
- [Sri Aurobindo's "The Life Divine" read by Deepti Tewari-B 1, C 9: "The Pure Existent"](#) (Sri Aurobindo)
- [Une série hebdomadaire de lectures par Gangalakshmi – Ep.512](#) (Integral Yoga)
- [Marlenka's weekly Offering – Ep.154](#) (Literature)
- [Savitri - Ep.24 : Introductory Comments in Tamil | சாவித்ரி காவியம் ஓர் அறிமுக விளக்கம் by Dhanalakshmi](#) (Spirituality)
- [Sri Aurobindo's "The Life Divine" read by Deepti Tewari-B 1, C 8: "The Methods of Vedantic Knowledge"](#) (Sri Aurobindo)
- [Une série hebdomadaire de lectures par Gangalakshmi – Ep.511](#) (Integral Yoga)

Latest Youtube Video

- [Days of Beauty - Ola Gjeilo | Cover performed by The Auroville Choir](#)

....and more! on www.aurovillerradiotv.org.

For more information write to radio@auroville.org.in

Peace and love

Regards,

Sai Priya for Auroville RadioTV

POETRY

O Mother

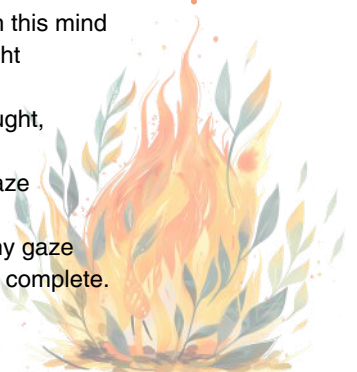
O Mother raise this body from its sleep,
For the night of unremembering is long
And I a sacred rendezvous must keep
With One who is the author of my song.

O Mother lift the veil that shades these eyes,
Reveal Thy golden luminosity
That my soul may wake and waking swiftly rise
To break the karmic shackles binding me.

O Mother tear the knowledge from this mind
And all its faulty certitude of thought
Illusive peace so difficult to find
Instil in me and calm so vainly sought,

For I have seen the sacred fire blaze
And meditated at Thy lotus feet.
I bore the diamond brilliance of Thy gaze
And in Thy presence know my life complete.

Narad



Cinema Paradiso

Multimedia Center (MMC) Auditorium
Film program: 3rd - 9th November 2025



Cinema Paradiso—Multimedia Center is operating at full seating capacity. Entry begins 15 minutes before showtime and closes once the film starts—please arrive on time.

Kindly refrain from using mobile phones during the screening and note that food and beverages are not permitted inside the hall.

INDIAN – MONDAY 3 NOVEMBER, 8:00 PM:

• KOMAL GANDHAR

India, 1961, Writer-Dir. Ritwik Ghatak w/ Supriya Choudhury, Abanish Banerjee, Anil Chatterjee, and others, Drama, 134mins, Bengali w/ English subtitles, Rated: U (G)

Anusuya, torn between personal longing and collective purpose, navigates strained ties within a theatre group led by Bhriku. Their emotional and creative tensions echo a nation grappling with identity and hope. Set in post-Partition Bengal, this poignant tale of art, love, and idealism is now hailed as a masterpiece of Indian cinema. Named after the Hindustani note E-flat, it evokes a soft, melancholic tone amid sharp realities. *This second screening in the Partition Trilogy marks the 100th birth anniversary of a visionary filmmaker—often seen as the dark horse of his era—whose raw, musical, and deeply personal storytelling stood apart from contemporaries like Satyajit Ray and Mrinal Sen.*

POTPOURRI – TUESDAY 4 NOVEMBER, 8:00 PM:

• ALL THE PRESIDENT'S MEN

USA, 1976, Dir. Alan J. Pakula w/ Dustin Hoffman, Robert Redford, Jack Warden, and others, History-Thriller, 138mins, English-Spanish w/ English subtitles, Rated: PG

When a break-in at the Watergate complex sparks suspicion, Washington Post reporters Bob Woodward and Carl Bernstein follow a trail of secrets and lies that lead to the highest office. Their relentless investigation uncovers a scandal that shook the White House. A much-awarded, critically acclaimed political thriller. It is the story that shook the White House.

SELECTION – WEDNESDAY 5 NOVEMBER, 8:00 PM:

• LAMB

Ethiopia-France-Germany-Norway-Qatar-Côte d'Ivoire, 2015, Writer Dir. Yared Zeleke w/ Rediat Amare, Kidist Siyum, and others, Drama, 94mins, Amharic w/ English subtitles, Rated: NR

This film is being brought to you in collaboration with Alliance Française. After his mother's death, young Ephraim is sent from drought-stricken northern Ethiopia to live with distant relatives. Clinging to his beloved lamb, Chuni, he struggles to adapt—until a hidden talent for cooking offers a path to belonging. Acclaimed for its lyrical storytelling, this award-winning debut reveals a child's quiet resilience amid loss, identity, and tradition.

INTERESTING – THURSDAY 6 NOVEMBER, 8:00 PM:

• THE SAMI'S SONG OF SURVIVAL: INDIGENOUS ACTIVISM ON THE NORTHERN FRONTIER

USA, 2025, Iara Lee w/ Diom Petkov, Tor L. Tuorda, Marcus Burnett, and others, Documentary, 50mins, Sámi-English w/ English subtitles, Rated: NR (PG)

Amid post-Soviet shifts, the indigenous Sami of Russia's Arctic fight to preserve their culture and language. Through powerful interviews with elders, artists, and young activists, this evocative short film reveals how one of Russia's smallest ethnic groups is reclaiming identity and forging new paths of survival and self expression. *This film is brought to us via a generous sharing by the director and Culture of Resistance films!*

INTERNATIONAL – SATURDAY 8 NOVEMBER, 8:00 PM:

• THE SIX TRIPLE EIGHT

UK-USA 2024, Writer-Dir. Tyler Perry w/ Kerry Washington, Ebony Obsidian, Milauna Jackson, and others, History-Drama, 127mins, English w/ English subtitles, Rated: PG-13

In the thick of World War II, Major Charity Adams leads the 6888th Central Postal Directory Battalion—the only all-Black, all-women unit deployed overseas. Tasked with delivering millions of backlogged letters to soldiers across Europe, they battle racism, sexism, and wartime pressure to restore morale and claim their place in history. Unheard. History forgot them. This story honors.

EVERY CONTRIBUTION COUNTS

CHILDREN'S MATINEE – SUNDAY 9 NOVEMBER, 4:00 PM:

• THE UNBREAKABLE BOY

USA, 2025, Writer-Dir. Jon Gunn w/ Zachary Levi, Meghann Fahy, Jacob Laval, and others, Drama, 109mins, English w/ English subtitles, Rated: PG

Austin, a boy with brittle bone disease and autism, radiates joy and resilience that uplift everyone around him. As his father Scott faces life's challenges, their bond becomes a testament to unconditional love, faith, and the power of a brighter perspective.

CLASSIC WORLD CINEMA @ CINÉ-CLUB

CINÉ-CLUB SUNDAY 9 NOVEMBER, 8:00 PM:

• PARIS, TEXAS

Germany-France, 1984, Dir. Wim Wenders w/ Nastassja Kinski, Harry Dean Stanton and others, Drama, 145mins, English-Spanish w/ English subtitles, Rated: R

Lost in the barren desert of southern Texas, a weathered and disoriented Travis reunites with his brother after four years of self-imposed exile. Struggling with amnesia and buried regret, he sets out to reconnect with his estranged wife and son, who need him now more than ever.

Rating codes we often use are from Motion Picture Association of America (MPAA): G= General Audiences, PG= Parental guidance suggested, PG-13= Parents strongly cautioned, R= Restricted (equivalent to Indian rating: A i.e., for Adults), NR= Film Not Rated, Rating awaited.

To organize a seminar/program at MMC Auditorium, kindly email us at mmcauditorium@auroville.org.in.

Support MMC-CP: Every Contribution Counts: Like cultural spaces worldwide, MMC-CP relies on local financial support to thrive. If you value the films and programming we offer, consider a one-time or recurring donation via the Unity Fund to Account #105106, or contribute directly at the venue.

If you have an innovative fundraising idea and are willing to take it forward, we'd love to hear from you. Write to share your proposal and let us know how you'd like to be involved at mmcauditorium@auroville.org.in.

Thanking You,
MMC/CP Group Account #105106,
mmcauditorium@auroville.org.in

COMMUNITY SERVICES

ESSENTIAL SERVICES

AUROVILLE'S FINANCIAL SERVICES (AVFS)

- **Timings:** Monday to Saturday, 9am - 12:30pm, and 3pm - 4:30pm
- **Phone:** 0413 2622171
- **Email:** financialservice@auroville.org.in

ELECTRICAL SERVICE (AVES)

- **Timings:** Monday to Saturday, 8am - 4:30pm
- **Phone:** 0413 2622132 / 94888 68747 for fault works, repair works and job works
0413 2622264 for clarifications reg. electricity bills, job and repair works bills
- **Email:** aves@auroville.org.in

GAS BOTTLE SERVICE

- **Timings:** Monday to Saturday, 9am - 1pm and 2pm - 4pm
- **Phone:** 0413 2622452
- **Email:** avgasservice@auroville.org.in

WATER SERVICE

- Monitors water lines and supply within AV, undertakes water-related jobs.
- **Timings:** Monday to Saturday, 8am - 12pm and 2pm - 4:30pm
- **Phone:** 0413 2622877, 89035 53246
- **Email:** avwaterservice@auroville.org.in

ECO SERVICE (WASTE COLLECTION/MANAGEMENT)

- **Timings:** Monday to Saturday, 8:30am - 12:30pm, and 1:30pm - 4:30pm
- **Phone:** 63796 69034
- **Email:** ecoservice@auroville.org.in

POUR TOUS DISTRIBUTION CENTRE (PTDC)

- **Timings:** Monday to Saturday, 9am - 5pm
- **Phone:** 0413 2622746 / 2622796
- **Email:** ptdc@auroville.org.in

POUR TOUS PURCHASING SERVICE (PTPS)

- **Timings:** Monday to Saturday, 8:30 am - 5pm
- **Phone:** 0413 2622152

AUROVILLE LIBRARY

Timings:

Mornings:

- Monday to Saturday : 9am - 12:30pm

Afternoons:

- Mon, Wed, Thurs, Fri & Sat: 2pm - 4:30pm
- Tuesday : 4pm - 6:30pm

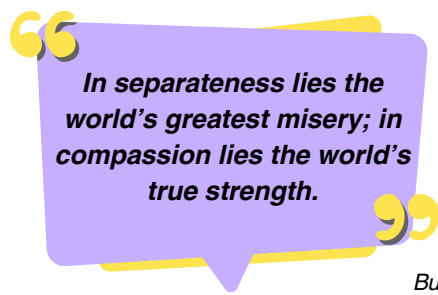
Children's Storytime! All ages welcome!

- Every **Saturday** between 10am - 11am.

- **Phone :** 0413 350 9191

- **Email:** avlib@auroville.org.in

- **Website:** <http://library.auroville.org.in/>



Buddha

HEALTH

SANTÉ SERVICES IN SEPTEMBER 2025

sante

Working Hours:

Monday - Saturday: 9:00 - 12:30pm & 2:00 - 4:30pm

Tests and Sample collection:

Monday - Friday: 8:30am - 12:00pm

No sample collection on Saturday

For emergencies, contact:

Auroville Ambulance (24/7) - Phone: **+91 94422 24680**

Government Ambulance (24/7) - Phone: **108**

Appointment

Please call Santé (0413) 262 2803 during working hours for an appointment.

Doctor Consultation with Dr. Joseph, Dr. Pavan & Dr. Sana: Monday to Saturday	Nurse Care - Thilagam, Ezhil, Archana & Sandhya: Daily: no appointment needed
Ayurveda with Dr. Berengere: Tuesday / Wednesday / Friday (TOS 9 th onwards)	Integrative Psychotherapy with Juan Andres: Monday to Friday
Physiotherapy & Massage with Galina: Monday to Friday	Homeopathy with Michael: Monday / Wednesday / Saturday
Midwifery & GYN Care with Paula: Monday & Wednesday	Soundbed Session with Sandhya / Thilagam: Monday to Saturday
Bio-Well Assessment (Evaluation of your well-being) with Helena – inquiry email adminsante@auroville.org.in	

In Santé, we value our patient's confidentiality and make every effort to ensure their privacy.

In case of cancellation or to reschedule, it is necessary to inform us in advance.

HEALTH CENTER - KUILAPALAYAM

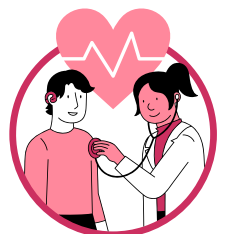
Contact: (0413) 3509942 / 3509943

Pharmacy:

- 8:00am - 5:30pm Monday to Saturday

Doctor Consultation:

- 8:30am - 5:00pm Monday to Friday
(1 - 2pm Lunch Break)
- 8:30am - 1pm (Saturday)



DENTAL CLINIC - KUILAPALAYAM

- **Timings:** Monday to Saturday, 9am - 5pm daily
- **Phone:** 0413 2622007 / 2622265
- **Email:** aurodentalcentre@auroville.org.in

NURSE SERVICES

My name is Madhi and I'm 27 years old. I was born and brought up in AV.

I have done my bachelor degree in B.SC (Nursing) and I have more than three years experience as a Staff Nurse in hospital (one year in psychiatric ward, six months in ICU and six months in emergency) and giving care for elderly people in AV for the past 2 years.

Services:

- Patient assessment and care plan.
- Medication administration.
- Vital signs monitoring.
- Wound care.
- To provide blood and lab test .
- Personal care assistance.
- Patient education.
- Fall prevention strategies.
- Providing assistance with bathing, dressing, grooming, and toileting needs.
- Communication and collaboration with physicians.
- Documentation of medical reports.
- End-of-life care.



If you need any assistance please do contact the below mentioned email or contact number.

Contact: 95972 22826 (Madhi) call/WhatsApp

E-mail Id: madhiashagan014@gmail.com

MONSOON WITH AYURVEDA AND LOCAL PLANTS



During monsoon, the climate is cold and humid, rains and little sunlight increase drastically the moisture in the air and on the ground leading to a more acidic environment, sour taste prevails. The body struggles to keep warm and dry, the digestive power can also be less.

VATA gets cold and gives joint pain, **PITTA** keeps fermenting, **KAPHA** bloats and retains water.

An extra focus will be given to Vata imbalances, as it is the right season to reduce or expel Vata toxins (in body: stiffness, bloating, coldness, pain and inflammation in the joints; in the mind: anxiety, anguish, fear, dismay, confusion, doubts).

This is a period to slow down and care for AGNI – digestive fire

IN THE FOOD :

- All meals are warm, cooked in a sauce-pan, easy to digest, light, spicy
- **Proteins:** Mung dal, beans, chickpeas, lentils (all of these cooked with asafetida to prevent bloating), white meat, egg, peanut
- **Vegetables:** amaranth, green leaves, carrot, beetroot, cauliflower, bitter-snake-bottlegourd, moringa (drumstick), chow-chow, radish, pumpkin – all should be well washed to avoid contamination
- Sweet taste with old grains - barley, rice, millet, oat, wheat
- **Fruits:** apple, pomegranate, banana, papaya, grape, guava, pear

- **Spices:** ginger, pepper, long pepper (pippali), turmeric, cumin, clove, asafoetida, mustard seeds, ajwain, cinnamon, fennel seeds, fenugreek seeds, onion, garlic
- Ghee or sesame/olive/sunflower oil (cold pressed)
- **Drinks:** herbal teas, warm or boiled water, with honey or jaggery
- **Ayurvedic formulas to take after meals:** Panchakola, Trikatu, Hingwashtak churna... with honey.

AVOID :

- All food with yeast/baking powder, cheese, yogurt, curd, lassi, beer
- Drinking too much liquid during or straight after meals
- Uncooked vegetables and salads
- Heavy and difficult to digest (fried food, pizza at dinner, etc)
- Milk coffee, ice cream
- Carbonated soft drinks.

IN ACTIVITIES :

- Be regular in the daily routine, especially in taking meals and going to bed
- Time to keep Vata balanced with Abhyanga (oil massage + steam bath), Shirodhara (warm oil on forehead), Basti (warm oil enema)
- Foot bath with warm salty water
- Wash with warm water (shower or bath)
- Keep body warm: neck and feet especially
- Soft physical exercise: 30 minutes a day
- Yoga, Pranayama, Meditation-concentration, Qi-Gong...
- Fumigation with eucalyptus, neem, sage
- Nasya (oil drops in the nose) with Anu Tailam at bedtime or in the morning to clear the sinuses.

AVOID :

- Siestas and day naps
- Intense physical sport or work
- Moist and cold air, wind, fan
- Staying humid after being in the rain
- Long hours in front of the computer
- Skipping meals or fasting
- Staying awake late at night
- Too many travels.



Most of the above aggravate Vata.

HERBS AND MEDICINAL PLANTS FOR THE RAINY SEASON :

- Moringa – Moringa Oleifera: to balance Vata and Kapha by increasing the digestive power
- Bhunimba (Nilavembu) – Andrographis paniculate: in feverish condition
- Guduchi (Giloy) – Tinospora cordifolia: natural immunoregulator
- Haritaki – Terminalia chebula with a little of rock salt: to balance Vata and ease bowel movement
- Dashamoolarishtam – for joint pain and inflammation, to balance Vata.

Enjoy the rain and stay warm and cosy!
Be @ Sante Clinic



The Park of Unity

The Matrimandir, the Petals, the Lotus Pond, Banyan Tree are areas of SILENCE

- The Park of Unity is open to Aurovilians and registered Newcomers daily, 6am - 7:30pm.
- Aurovilians may bring close family and friends to the Gardens daily, 9am - 3:30pm.
- Aurovilians wishing to bring close family to the Gardens at any other time should inform mmconcentration@auroville.org.in before 11am on the day of the proposed visit.
- Savi registered Volunteers and Donors require a pass to enter the Park of Unity. Timings will be indicated on the pass.
- Published events in the Park of Unity are open to Aurovilians, registered Newcomers, Volunteers, Pass holders and Guests. Guests should bring their Aurocards.
- Savitri Readings on Thursday evenings: Guests holding only Aurocards wishing to attend should book by filling in the [form](#) one or two days in advance.
- Visits to the Park of Unity and Inner Chamber should not be included in the program of any conference or workshop. Participants should be directed to the Viewing Point.

Access to the Inner Chamber of the Matrimandir for Aurovilians, Newcomers, and SAVI Volunteers

The Matrimandir is a place for silent individual concentration

- The Inner Chamber is open to Aurovilians and registered Newcomers:

Monday – Saturday 6:00 am - 8:00 am
4:30 pm - 7:30 pm
Sunday 6:00 am - 12:00 pm
4:30 pm - 7:30 pm

- The Inner Chamber is open to SAVI registered Volunteers:

Wednesday - Monday 8:00 am - 8:40 am
Arrival at 7:45am at the Office Gate.

- The Inner Chamber is open to Aurovilians wishing to accompany a maximum of 3 close family and friends, no more than once in two weeks, with booking 3 to 5 days in advance at mmconcentration@auroville.org.in:

Any day except Tuesday & Sunday
8:00 am - 8:35 am
Arrival at 7:45 am at the Office Gate

- The Inner Chamber, the Petals, and the Gardens are open to the Children of Auroville and the Outreach Schools:

Tuesday 9:00 am - 11:00 am

- Auroville units can bring their staff to the Inner Chamber with a prior booking at mmconcentration@auroville.org.in:

Tuesday 8:00 am - 8:30 am

Petals of the Matrimandir

- The Petals are open to Aurovilians, registered Newcomers, and Pass holders

Daily 7:00 am - 8:00 am
5:00 pm - 6:00 pm

Access to Matrimandir for Visitors and Guests

Matrimandir Viewing Point: The Viewing Point is open to the general public on presentation of a Pass. Visits to the Matrimandir Viewing Point are free of charge. Free passes can be obtained at the Auroville Visitors Centre.

The Viewing Point lies south of the Park of Unity and offers visitors a panoramic view of the Matrimandir and the Gardens and the Lake.

Starting from the Visitors Centre.
Daily, 9:00 am - 5:30 pm

The Inner Chamber of the Matrimandir is open to Visitors and Guests by prior booking only. Visitors and Guests seeking to concentrate in the Inner Chamber are requested to inquire at the Information Desk of the Visitors Centre after first visiting the Viewing Point, or to go to the website: auroville.org

- Prior booking is required to access the Inner Chamber at least one or two days in advance. Bookings for concentration are given for the following or the first free day as per availability and are accepted only up to one week in advance. Minimum age 10 years.
- The Petals are open to Visitors on the morning of their Inner Chamber visit.

Security

Please note that it is not permitted to

- Swim in any of the ponds, the channel and the Lake except the Children's ponds in the Garden of Youthfulness
- Throw pebbles into the ponds and fountains
- Pick flowers in the Gardens
- Climb to the very top of the Petals.

Parents, please supervise your children at all times.

Bags, cameras and cell phones should be left in the lockers or the Access office.

Please no photography, videos or drones without prior permission. For permission, please write to matrimandir@auroville.org.in.

Antoine for Matrimandir Executives Team

Auroville TO PONDICHERRY

	Trip 1	Trip 2	Trip 3
Svaram Musical Center	7:00	8:50	14:50
Vérité Guest House - Junction	7:02	8:52	14:52
Town Hall - Main Parking	7:06	8:56	14:56
Solar Kitchen (Ex Round About)	7:10	9:00	15:00
Certitude Entrance	7:12	9:02	15:02
New Creation Road	7:17	9:07	15:07
SBI Bank—Kuilapalayam	7:19	9:09	15:09
ECR Junction—Aroma Guest House	7:23	9:14	15:14
Quiet Healing Center—Junction	7:26	9:17	15:17
Lotus Hotel—S.V Patel Salai	7:36	9:30	15:30
Ashram Road Junction	7:38	9:33	15:33
Ashram Dining Hall	7:40	9:35	15:35

Pondicherry TO AUROVILLE

	Trip 1	Trip 2	Trip 3
Ashram Dining Hall	8:00	12:15	18:10
Ashram Road Junction	8:02	12:17	18:12
Lotus Hotel—S.V Patel Salai	8:07	12:22	18:17
Quiet Healing Center—Junction	8:17	12:32	18:27
ECR Junction—Aroma Guest House	8:20	12:35	18:30
SBI Bank—Kuilapalayam	8:25	12:40	18:35
New Creation Road	8:27	12:42	18:37
Certitude	8:32	12:47	18:42
Solar Kitchen (Ex Round About)	8:34	12:50	18:44
Town Hall - Main Parking	8:38	12:54	18:48
Vérité Guest House - Junction	8:42	12:58	18:52
Svaram Musical Center	8:45	13:00	18:55

- Single Trip = ₹100 per person
- Monthly Scheme (Students + AV Workers) = ₹1200
- Monthly Scheme (Students + AV Workers) = (One Way) ₹850

Auroville Vehicle Service
Town Hall, Auroville, 0413 2623302



Join our WhatsApp group of Auroville Bus to get regular updates:

<https://chat.whatsapp.com/Lt43wBCBno1E6CTwoaUt2x>

EMERGENCY NUMBERS**Ambulance (24/7):**

Auroville 94422 24680	PIMS 0413 2656271
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Security (24/7):

Auroville Police Station 0413 2677318	Kottakuppam Police Station 0413 2236148	Vanur Fire Station 0413 2677368
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Health:

Health Center 0413 3509942 & 3509943	Santé 0413 2622803	Farewell 89038 36246
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Mental Health 24/7 Support:

Vandrevala Foundation +91 99996 66555

India Emergency Response Service (24/7): 108