

*Auroville*

# NEWS & NOTES

No 1093 - A weekly bulletin for residents of Auroville

2 October 2025



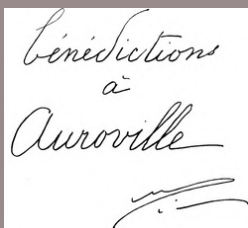
## PONDERING

The whole world yearns after freedom, yet each creature is in love with his chains; this is the first paradox and inextricable knot of our nature.

*Sri Aurobindo, The Chain, The Supramental Manifestation*  
<https://motherandsriaurobindo.in/Sri-Aurobindo/books/sabc/the-supramental-manifestation/#the-chain>



# THE MOTHER ON AUROVILLE



First Edition 1977, Reprinted 1993, 1999  
© Sri Aurobindo Ashram Trust,  
Pondicherry, India.  
Published by Madanlal Himatsingka on  
behalf of  
Vak Trust, Pondicherry - 605002  
Filmset and printed at All India Press,  
Pondicherry - 605001

## AUROVILLE IN ELABORATION

### THE ASPIRATION TALKS

Page 97

*Q : Divine Mother, there is great confusion concerning Auroville's organisation, inner as well as outer. How can we work together towards the realisation of a higher consciousness? In order to realise a greater sense of unity would it be possible for all the inhabitants to work together one day a week on a communal garden, perhaps the garden of Truth? Or on a communal farm for the production of food for Auroville?*

Yes, the idea is good, but this is how I see it. We want to build the Matrimandir; and then, that was the idea: when we begin to build the Matrimandir, everyone who wants to work there will be able to do so. And that would really be working on the central idea.




#### **Spontaneous Endurance**

Natural, effortless, smiling. - *The Mother*

*Zinnia elegans* Jacq., *Compositae*.

Common zinnia, Youth-and-old-age



# The city the earth needs.

And it should be soon. It should have been already. We have been thinking of beginning the Matrimandir for a long time. It is the centre of the town, isn't it? It is like the Force, the central Force of Auroville, the Force of cohesion in Auroville.

There will be gardens, everything, all possibilities: engineers, architects, all kinds of manual work; there will be work for all. In fact everyone should go and work there except of course those who have work somewhere else. A person would have to say, "No, I don't want to", and have his reasons.

We want it to be truly symbolic. And when we start to build the Matrimandir, we will set everybody to work there. Not everyday and all the time, but it will be organised.

7.7.1970

\*

## Page 98

There are people who live in Auroville and who insist on keeping to all the old habits—the old ones and the new ones too—which damage and lower the consciousness, things like smoking, drinking and, of course, drugs.... If they ask my advice, I tell them: All that is as if you were cutting pieces out of your being. I advise you not to drink because it diminishes the consciousness and spoils your health.

I can affirm from experience that all that drugs bring by way of experiences, all that contact with the invisible world can be had in a much better, much more conscious and controlled way without drugs. Only one must control oneself.

Some people believe that smoking, drinking, etc., will form part of the life of tomorrow. They will realise that they are imprisoning themselves in their own desires. But anyway, I am not a moralist, not at all, at all, at all. That is their business. If they want to go through this experience let them do it. Only, the Ashram is not the place for that. Thank God, at the Ashram we have learnt that life is something different. True life is not the satisfaction of desires.

We want to grow in consciousness, we don't want to go down into the pit of desires. To those who refuse to understand, I say, "The aim of Auroville is to discover a new life, deeper, more complete, more perfect, and to show the world that tomorrow will be better than today."

28.7.1970

# NEWS & NOTES GUIDELINES

## DEADLINE FOR SUBMISSIONS:

**TUESDAY 5PM**

The content of News & Notes is a reflection of the growth process of this community towards its ideals of Harmony, Goodwill, and Truth. Editing of submissions, mainly for reasons of space and clarity, is done according to an established policy.

## RA NEWS & NOTES - A QUICK GUIDE



### What We Publish

- Working group announcements and reports
- Residents' voices and personal sharings
- Free cultural events open to all residents
- Information from essential services
- Content that strengthens community-building in Auroville

### Working Groups & Foundation Office Content

- All RA Working Group announcements will be included
- Links to Foundation Office content will be provided without duplication
- Direct submissions from Foundation Office groups will be included as regular content

### What We No Longer Publish

- Commercial activities and paid workshops
- Non-community-focused events
- Content from "Activities & Events," "Food, Goods & Services," and "Classes, Workshops and Healing Arts" sections

### Exceptions

We may consider including content that falls outside these guidelines if:

- It is submitted exclusively to RA News & Notes
- It has significant community benefit
- It aligns with our service-oriented focus

### Submission Guidelines

- Deadline: **Tuesdays at 5pm**
- Email: [newsandnotes@auroville.services](mailto:newsandnotes@auroville.services)
- Content must be community-building focused:
  - Open and accessible to all community members
  - Not profit-oriented
  - Contributing to collective growth or well-being
  - Promoting Auroville's ideals and values

- For further information, please [click here](#) 😊 to view our complete FAQ document.
- For past issues or to subscribe, visit: [auroville.media/newsandnotes](http://auroville.media/newsandnotes)

***We thank you for your collaboration and understanding.***

## DISCLAIMER:

Please note that the opinions and views expressed on these pages are solely those of the respective authors or work groups and do not necessarily reflect the position of the editors or the larger Auroville community. The News & Notes aims to provide a platform for the publication of diverse perspectives and voices from multiple sources within Auroville.

While our editors strive to ensure the accuracy of the information presented, we cannot guarantee that all information is free from error or omission. Additionally, we cannot be held liable for any alleged misinformation provided or offence caused by the content published.

In the event of any dispute, we encourage readers to consult with the Auroville Council, and we reserve the right to suspend the publication of disputed material. Our commitment to providing an open and inclusive platform for dialogue and exchange of ideas remains steadfast.

*The News & Notes Team*  
[newsandnotes@auroville.services](mailto:newsandnotes@auroville.services)

## LIST OF ACRONYMS:

- **AVF** (Auroville Foundation),
- **AVFO/FO** (Auroville Foundation Office),
- **GB** (Governing Board),
- **RA** (Residents' Assembly)

The following groups are divided in two categories: The groups selected by the Residents' Assembly through Community decision making Processes and the groups put together by the GB and the FO (*not recognised by the Residents' Assembly*).

### **Working groups selected by the Residents' Assembly:**

- Working Committee (RA WCom)
- Funds and Assets Management Committee (RA FAMC)
- Budget Coordination Committee (RA BCC)
- Town Development Council / L'avenir d'Auroville (RA TDC)
- Auroville Council (AVC)
- Entry Service (ES)

### **GB groups:**

- Working Committee (GB WC)
- Funds and Assets Management Committee (GB FAMC)
- Budget Coordination Committee (GB BCC / GB BCS)
- Auroville Town Development Council (GB ATDC)
- Housing Service (GB HS)
- Land Board (GB LB)



## NOTE FROM THE EDITORS



Dear Community,

### **Here is some important information:**

- If you would like to support the RA N&N, please send us an e-mail at [newsandnotes@auroville.services](mailto:newsandnotes@auroville.services).
- Content sent through **@auroville.org.in** mail ID will only reach us if you use this [FORM](#) to submit your content.
- The mail ID to submit content is: [newsandnotes@auroville.services](mailto:newsandnotes@auroville.services)
- To request a **PRINTED COPY**, send us your name and community to our email!

**Thank you for your continued support!**

In community,

*The RA Community Edition News & Notes Team*

## CONTENTS

The Mother on Auroville

Guidelines / Quick Guide / Acronyms

**Note from the Editors** / Table of Contents

### **WORKING GROUPS NEWS**

From the Working Committee

### **COMMUNITY NEWS**

Community Sharing

Residents Speak

Thoughtful Food

Auroville Conversations

Inner Journey

### **ANNOUNCEMENTS**

Looking For

Available

Activities at Serendipity

Activities at JOI - Anitya Community

Workshops

### **CULTURAL ANNOUNCEMENTS**

For The Bookworms

At Cripa

Food

Poetry

Cinema Paradiso

### **COMMUNITY SERVICES**

Essential Services

Health

Access to the Park of Unity and Matrimandir

AV Public Bus / Emergency Numbers



# WORKING GROUPS NEWS

## FROM THE WORKING COMMITTEE

### LETTER TO THE EDITOR OF THE HINDU RE ARTICLE ABOUT VISIT OF DR KARAN SINGH

Dear Community,

We are sharing with you here a letter that has been sent by us to the editor of The Hindu regarding an article that appeared in their newspaper on the 21<sup>st</sup> of August 2025, titled "Former Auroville chairman reviews progress of development projects in international township". In this article a number of statements are attributed to Dr Karan Singh and presented as quotes by him. It has come to light, however, that he did not, in fact, make any such statements. We have therefore requested The Hindu to issue a correction.

In service,

Aravinda, Bharathy, Chali, Matthieu, Prashant, Valli  
The Working Committee selected by the RA



**WORKING COMMITTEE**  
of the Residents' Assembly  
AUROVILLE FOUNDATION

- [Dr Karan Singh's interview to Auroville Today Aug 2025 - dt. 30.08.25.pdf](#)
- [Auroville Today Issue N° 434.pdf](#)

\*\*\*\*\*

To:  
Mr. Suresh Nambath,  
Editor,  
The Hindu, Chennai

Dear Respected Sir,

We would like to draw your kind attention to a matter regarding a recent article in your newspaper titled "Former Auroville chairman reviews progress of development projects in international township" dated 21<sup>st</sup> August 2025. The article refers to a visit to Auroville by Dr Karan Singh and makes claims about various statements he is supposed to have made regarding Auroville's development projects and the local youth.

These claims, which we understand were made on the basis of a press note from the Office of the Secretary, Auroville Foundation, have been refuted by Dr Karan Singh himself. Please find attached an interview published in 'Auroville Today', in which Dr Singh states:

"I was amazed to read [the article] for it is not true. I did visit Auroville on 14 August as I wished to make a flower offering to [the statue of] Sri Aurobindo at Savithri Bhavan... I was on the point of leaving when I was told that the Secretary was on the way to greet me . I waited, she came, we had a cup of tea [together], and I left. That is all."

We are sure you will agree that it is vital to correct such an egregiously misleading article that appears to be entirely based on false statements from the Office of the Secretary, Auroville Foundation. Therefore we look forward to a correction appearing in your newspaper within a reasonable timeframe.

Best regards,

The Working Committee selected by the Residents' Assembly of the Auroville Foundation



(Aravinda Maheshwari, Chali Grinnell, Ilayabharathy Somasundaram, Matthieu Gardelle, Prashant Hedao, Valli Senthilkumar).

## LETTER TO THE GB RE ANNAPURNA FARM

Dear Community,

We are sharing with you a letter we have sent to the Governing Board, with copy to the International Advisory Council (IAC), regarding the decision to allocate 100 acres of Annapurna Farm to IIT-Madras for a 'sustainability campus'. Attached is: our letter, an endorsement of our letter by members of the IAC, and several supporting documents.

- [Auroville email Mail - Urgent Request to Reverse Annapurna Farm Land Allocation - Preserving Auroville's Food Security.pdf](#)
- [IAC Re Urgent Request to Reverse Annapurna Farm Land Allocation - Preserving Auroville's Food Security.pdf](#)
- [Document addressing misconceptions about Annapurna Farm.pdf](#)
- [Annapurna Farm Fact Sheet.pdf](#)
- [A Call to Preserve Auroville's Food System' Open letter from the Auroville Farm Group \(September 6, 2025\).pdf](#)

In service,

Aravinda, Bharathy, Chali, Matthieu, Prashant, Valli  
The Working Committee of the RA



**WORKING COMMITTEE**  
of the Residents' Assembly  
AUROVILLE FOUNDATION



[HTTPS://ANNAPURNAFARM-AUROVILLE.ORG.IN/](https://annapurnafarm-auroville.org.in/)



### FO GROUPS NEWS

(not selected by due Residents' Assembly process)

**NO NEWS FROM THE FO N&N 1098**

## COMMUNITY NEWS

**COMMUNITY SHARING**



# ⚡ [UPDATE] OPEN LETTER FROM RESIDENTS REGARDING SHOW CAUSE NOTICES FROM "ATR" AND "ATSC" ⚡

Dear Auroville Residents,

In the past 5 days, we have received over 390 signatures for the Open Letter.

Since we received some feedback regarding the Open Letter, we would like to clarify that we are in no way legitimising these 'ATR' and 'ATSC' groups.

In this letter, however, we chose to focus on their lack of respect and the tone they used in attacking fellow Auroville residents. In particular, they targeted many senior Aurovilians who have dedicated decades of their lives since the very beginning of Auroville. Some among them even received direct guidance from the Mother.

Please sign the letter through the link below. If you have already signed, kindly spread the word, since this issue represents a clear violation of the Act and, most importantly, the spirit of Auroville.

<https://forms.gle/jMpmbuyuvbywCGpZc6>

Below is the Tamil translation, which can be shared with Tamil-speaking residents of Auroville.

In solidarity,

*Concerned Residents of Auroville*



“ATR” மற்றும் “ATSC” வழங்கிய விளக்கம் கேட்கும்  
நோட்டீஸ்கள் குறித்து ஆரோவில்  
குடியிருப்பாளர்களிடமிருந்து ஒரு திறந்த  
வெளிப்படையான கடிதம்

நாங்கள், ஆரோவில்லின் அக்கறையுள்ள  
குடியிருப்பாளர்கள், சமீபத்தில் பல வருடங்களாக  
வாழ்ந்து வரும் ஆரோவில்லியன்  
அனுப்பப்பட்ட “ATR” & “ATSC” விளக்கம் கேட்கும்  
நோட்டீஸ்களைப் பற்றிய திறந்த கடிதத்தில்  
கையொப்பமிடுமாறு உங்களை அழைக்கிறோம்.

தயவுசெய்து கடிதத்தைப் படித்து, கீழுள்ள இணைப்பின்  
மூலம் உங்கள் கையொப்பத்தைச் சேர்க்கவும் [திறந்த  
கடிதத்தின் தமிழாக்கம் [\[திறந்த கடிதத்தின் தமிழாக்கம்\]](#)]:

<https://forms.gle/jMpmbuyuvbywCGpZc6>

உங்கள் பெயர் ரகசியமாகவே வைக்கப்படும்; கடிதத்தில்  
வெளிப்படுத்தப்படாது.

ஒற்றுமையுடன்,

ஆரோவில்லின் அக்கறையுள்ள குடியிருப்பாளர்கள்.

## CALL FOR GRANT PROPOSALS

A two part-grant application and budget request form is available on request from [abundance.pcg@auroville.org.in](mailto:abundance.pcg@auroville.org.in) to apply for possible funding from the Foundation for World Education (FWE) in 2026 and Stichting de Zaaier (SDZ) year end funding for 2025.

Please submit your filled in forms and any other documents related to this purpose as attachments to a covering email addressed to: [abundance.pcg@auroville.org.in](mailto:abundance.pcg@auroville.org.in) latest by Monday, 20 October 2025.

Questions and early submissions are very welcome,

*Devi, Pala, Sauro, Tineke, Vani*

For Abundance (PCG)

# CLOSING SOON! S.O.S. FROM AUROVILLE PETITION



Dear Community,

We would like to draw your attention to the petition on the Change.org platform, launched by Aurovilians and volunteers in December 2021.

Today, it is nearing 60,000 signatures from supporters across the globe:

<https://www.change.org/p/prime-minister-of-india-sos-from-auroville-the-city-of-dawn-needs-your-help-urgently/u/33929934>

We will soon close the petition and send our letter to the relevant authorities.

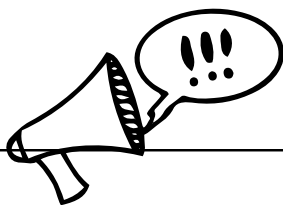
If you haven't signed yet, please do so—and kindly share the petition link along with this short recap & update video 🙏:

<https://youtube.com/shorts/i96KjUCgzDc>

[NOTE] donations made through this page will go to the change.org, not Auroville.

Sincerely,

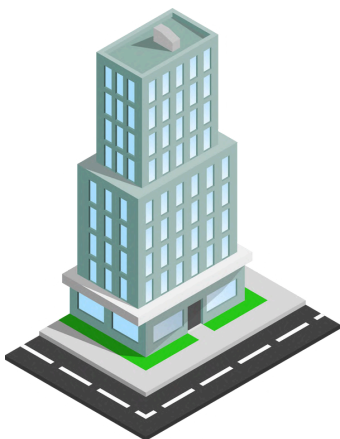
S.O.S. Auroville Petition Team



## RESIDENTS SPEAK

### THE HOLY FOOLS OF SHINING VALLEY

#### A CHILDREN'S STORY FOR GROWN-UPS : PART 3



#### The Sacred Administrative Building

Next, the Holy Fools decided they needed a magnificent building to conduct their holy work. It would be the tallest building in the valley, they announced, with golden domes and marble columns and statues of themselves in the entrance hall.

"But we already have a meeting hall," said the valley people. "It's simple and beautiful, and

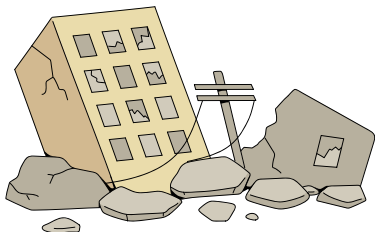
everyone fits comfortably inside."

"That old thing?" sniffed the Holy Fools. "It's far too humble! We need something that shows our divine authority!"

So they began building their magnificent administrative building. They hired the most expensive architects from far-away cities,

imported the finest marble from distant quarries, and installed the most complicated mechanical systems anyone had ever seen.

But once again, things went hilariously wrong. The Holy Fools couldn't agree on how tall the building should be, so they kept adding more floors until it looked like a wobbly tower of blocks. The golden domes were so heavy that they crashed through the roof during the first storm. And the complicated heating system broke down immediately because nobody knew how to fix it.



"This is all working perfectly!" insisted the Holy Fools, shivering in their cold, leaky building. "This is exactly what the founders would have wanted!"

### **The Festival of Holy Incompetence**

At first, the people of Shining Valley were afraid of the Holy Fools. They seemed so sure of themselves, so loud and authoritative. They had big machines and important-sounding titles and documents with official seals.

But as time went on, something began to change. The valley people started to giggle when they walked past the muddy road project. They began to chuckle when they saw the wobbly administrative building swaying in the wind. And when the Holy Fools announced their next grand project - a "Sacred Flying Machine" that was supposed to carry important messages but couldn't even get off the ground - the children burst into delighted laughter.

"Look!" whispered one child to another. "They're not scary at all! They're just... silly!"

And it was true. For all their serious robes and important hats and big words, the Holy Fools were really just people who had read lots of books but never learned how to actually do anything. They could draw

beautiful diagrams, but they couldn't build a birdhouse. They could give magnificent speeches, but they couldn't grow a tomato. They knew all the rules, but they had forgotten how to listen.



**To be continued in the next issue...**

**(The full story can be read [here!](#))**

*Clam Aduelaie*

*Author's note: Any resemblance to current events or persons, living or mythological, is purely coincidental and exists only in the reader's imagination.*



## CHOSEN BY THE INFINITE

On the "popularisation of the esoteric", how to stop it, now that we are in the chrysalis of the Spiritual-Supramental Age? The seemingly chaotic and dynamic mix of dark and light, falsehood and truth, or part-truths, are the Sanatana Dharma of Progressive Perfection Itself of the Eternal and Infinite. But as Sri Aurobindo and the Mother have stressed, the blossoming of the Supramental Evolution will just depend on the chosen few, *"a selected few in humanity, a small number of beings"* amidst the infinite assortment of players being sorted out.

*"He who chooses the Infinite has been chosen by the Infinite."*

<https://incarnateword.in/agenda/04/august-24-1963>

This quote from the Mother is quite telling and indicative of the latest narratives and goings on:

*"People sleep, they forget, they take life easy—they forget, forget all the time.... But if we could remember... that we are at an exceptional hour, a unique time, that we have this immense good fortune, this invaluable privilege of being present at the birth of a new world, we could easily get rid of everything that impedes and hinders our progress."*

And the Dual Avatar didn't mince Their words here either:

[https://incarnateword.in/cwm/09/27-march-1957\\*](https://incarnateword.in/cwm/09/27-march-1957*)

<https://incarnateword.in/agenda/04/august-24-1963>

We continue on...

Om Namo Bhagavate



For readers of the printed version, to access the links please scan the QR Code or go to this blogsite and open the post with the same title:  
<https://zechjoya.blogspot.com/>

Zech

## THOUGHTFUL FOOD



In the shifting tides of time, Auroville's uprooted provenance reminds us how fragile even the noblest of beginnings can be.

## AUROVILLE CONVERSATIONS

THEY DESTROYED  
EVERYTHING EXCEPT  
THESE TWO STALLS

IT'S SO SWEET OF  
THEM TO TAKE CARE  
OF OUR BASIC NEEDS

**AUROVILLE  
CONVERSATIONS**

*Submitted by an Aurovilian*



## INNER JOURNEY

### **INTRODUCTION TO THE INTEGRAL YOGA OF SRI AUROBINDO AND THE MOTHER**

**Tuesday 7<sup>th</sup> October, 9 am - 12 noon**  
**Focus: The Psychic being**

Led by Ashesh Joshi

Place: Mirabelle Education Centre, Auromodele  
Ph/Whatsapp: 94891 47202 (Please register)

All are Welcome





## SAVITRI SATSANG WITH NARAD

EVERY TUESDAY, 04:30 - 05:15PM

In this deep exploration of Savitri we will study:

1. The mantric basis of Savitri
2. The importance of iambic pentameter in epic poetry
3. The wealth of definitions in Savitri from Sri Aurobindo and Mother
4. Music and alliteration in Savitri
5. Words defined from the 'Lexicon of the Infinite Mind'
6. The Mother's Words on Savitri

**At Savitri Bhavan - Square Hall.**

All are welcome to join.

Narad

## OM CHOIR WITH NARAD

EVERY TUESDAY, 05:30 - 06:15PM

Please join us in this collective aspiration, in the form of united prayer.

No prior singing experience is required.

**At Savitri Bhavan - Square Hall**

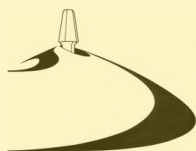


## AMPHITHEATRE - MATRIMANDIR

Meditations at sunset with SAVITRI,

**Every THURSDAY  
from 6:00 to 6:30pm**

*(weather permitting)*



**Savitri, Sri Aurobindo's long mantric poem, read by Mother to Sunil's music are *on* weekly for everyone to concentrate, in this beautiful open space in the very center of Auroville.**

Reminder to all: The Park of Unity is a place for silence, meditation and inner work and is to be used only as such. We request everyone: please do not use cameras, tablets, cell phones, etc. No photos.

**Guests with Aurocard** wishing to attend must book at <https://bit.ly/savitri-reading> one or two days in advance or the very day before 11am. Please bring your Aurocard with you.

Access by Office Gate for the Amphitheater only from 5:15pm. Thank you.

Guests are requested to bring along their Aurocards.

Last entry for guests at 6:00pm.

Access limited for guests to the Amphitheatre

Last exit for guests at 6:45pm.

*Velmurugan and the Access Team*

## VIBRATIONAL SOUND BATH

SOUL NURTURING MEDITATIVE EXPERIENCE WITH THE ORIGINAL RUSSIAN SINGING BELLS

*These are sounds of the Beginning  
These are sounds that cradled the worlds*

Harmonious play of rich powerful tones and strongly resonating overtones invokes a profound state of inner peace, tranquility and self-healing, bringing deep physical and psychological relaxation.

**Open Group - Everyday 3:00 - 4:30pm**

At Mirabelle Education Center, Auromodele,  
Kuyilapalayam

Led by Vera (Instagram - [Vera.Auroville](#)) and Ashesh Joshi

**Please register in advance**

Ph/WhatsApp: +91 94891 47202, +91 94862 47202

(Private sessions on request at other timings)

## TATTVA BODH (WISDOM OF THE DIVINE)

### BOOK READING CIRCLE & MEDITATION MARATHON

Weekly Event. Different Days, Different Authors

At **Harmony Hall** (*Bharat Niwas*) and Online

It gives me immense joy to finally conceive and put to action, book reading circles with embodiment practices. More sessions per week, more wisdom literature, more meditation tools. Includes *interactive book reading, live sound bath, pranayama, yoga, meditation, wisdom audibles, OM chanting, Perception building through Art, journaling and many more activities*. A high **intense spiritual state** is what we need, without any day off. Otherwise, we are bound to get lost in lower worldly consciousness, and inevitably invite pain in our lives. The daily program was the missing plug, and now it's been found. (*More books will be added in future*).

### Program schedule

MONDAYS 6 PM - 7.30 PM	TUESDAYS 5 PM - 7 PM	THURSDAYS 5 PM - 7 PM	SATURDAYS 5 PM - 6.30 PM	SUNDAYS 5 PM - 6.30 PM
Online Ask for the link	Bharat Niwas Harmony Hall	Bharat Niwas Harmony Hall	Online Ask for the link	Online Ask for the link
				
SYNTHESIS OF YOGA <i>Sri Aurobindo</i>	BE AS YOU ARE <i>Ramana Maharshi</i>	BASES OF YOGA <i>Mother's Talks</i>	THE POWER OF NOW <i>Eckhart Tolle</i>	A NEW EARTH <i>Eckhart Tolle</i>
FOLLOWED BY				
 Méditation Breathwork	 Live Sound Bath	 Meditation Visualization	 Present Moment Meditation	 Book Meditation

Please note -

- Embodiment practice will happen in last 30 minutes of 2-hour session.
- Please wear loose comfortable outfits.
- Get notebook/pen to take notes/learnings/journaling.

Minimum contribution –

- Per session – INR 200
- One week Enrollment (4 sessions) – INR 600
- One Month Enrollment (16 sessions) – INR 2500

(This is minimum contribution to meet the Program expenses, more is welcome).

(Aurovilians/ Newcomers excluded, but can donate as per their discretion).

Please contact **Debashish (+91) 76782 08825** for queries. Direct walk-in permitted.

Prior registration needed for online sessions.

Warmly, Debashish

## 1008 NAMAS (SACRED NAMES) OF THE “DIVINE MOTHER”

WEEKLY FROM 2<sup>ND</sup> OCTOBER, CERTITUDE

Dear Devotees of The Mother,

Here is an opportunity to learn the 1008 namas (sacred names) of the “Divine Mother”, “Sri Lalitha Sahasranamam” **weekly once on Thursday evenings from 6pm to 6:30pm at Buvana’s house in Certitude Community**. The 1<sup>st</sup> class will start on “Vijayadasami Day” 2<sup>nd</sup> October 2025. Please contact Buvana 94437 03287

Thanking you,  
Regards, Grace



# ANNOUNCEMENTS

## GUIDED GARDEN TOUR

19<sup>TH</sup> AUG - 14<sup>TH</sup> OCT, AUROVILLE BOTANICAL GARDENS

From the 19<sup>th</sup>  
of August  
to the 14<sup>th</sup> of  
October 2025

*Come walk with us!*  
Guided Garden Tour

Auroville Botanical Gardens



- **Wednesdays and Fridays - 9:30 am** (about 1.5 hour walk).
- Be on time - Bring your water bottle and a hat - Meeting point at BG Kitchen .
- Please send us an email to: [avbgttours@gmail.com](mailto:avbgttours@gmail.com) to book your walk.

## INDIVIDUAL SOUND BATH

PITCHANDIKULAM FOREST



🏠 There is a little house in the heart of one of Auroville's oldest and best-preserved forests, where you can enjoy a very special sound bath.

The sound of birdsong and insects, the rustling of leaves will be the only background.

A certified sound facilitator will perform a personalized session, just suitable for you, according with your needs and desires.

And in the end a meditative walk in the forest will be, if you like, the perfect ending to the experience 🌿

Book your session now by texting to Whatsapp +39 3208370141

Silvia

THE 2<sup>ND</sup> EDITION  
GREEN RIDE -  
CYCLOTHON 2025

SUNDAY 12<sup>TH</sup>  
OCTOBER,  
CERTITUDE  
SPORTS GROUND

GREENRIDE  
CYCLOTHON -2025

2nd edition

EVENT DAY : 12.10.2025

Venue : Certitude Sports  
Ground, Auroville

Category:

Elite  
Master  
Amateur  
Junior  
( Men & Women)

Register at :

[www.aurovillesports.in](http://www.aurovillesports.in)



Event Details:

- **Event Date:** 12.10.2025 / Sunday
- **Starting Point:** Certitude Sports Ground, Auroville
- **Ending Point:** Punjabi Dhaba, Auroville Junction, Moratandi Toll Gate
- **Distance:** 65km for **Elite & Master-Men**, 47km for **Master - Women, Amateur** (Men & Women) & **Juniors** (Boys & Girls), 20km for fun ride inside auroville (All ages above 8 years old)
- **Bicycle Type** : Only manually driven pedal bicycles are allowed.

Registration Fees include:

T-Shirt, Timing Certificates, Finisher medal, technical support, Hydration support, Medical aid, Ambulance Services and breakfast.

Certificates / Medal / Cash Prize:

1. T-Shirt, Medals & Certificates provided to all participants.
2. Lucky draw winners: **Two Special Prize** to overall Men & Women category at the prize distribution time. Names will be picked up in front of all participants.
3. Attractive **cash prizes for the top 3 positions** in each category.

REGISTER AT : [www.aurovillesports.in](http://www.aurovillesports.in)

**A NEW ORGANISATION AT THE BUDOKAN OF AUROVILLE**

Since July, there's Aikido everyday at Dehashakti budokan !

**Adult class**

- From Monday to Friday from 6 to 7:30am
- Advanced class / Saturday from 6 to 8am
- Weapon class 8 to 9am.

**Children Class**

- From Monday to Friday, 3:50 to 4:50pm



We also started a new activity :

**AÏKITAISO**, a zen Body practice to ground the body and the mind.

- From Monday to Friday 8 to 9am
- also Friday evening from 5 to 6pm
- And Saturday 9 to 10am.

Best Regards

*Michaël, Philippe & Murugan, Budokan Teachers*

## CREATIVE VOICE SOUND HEALING

EVERY MONDAY, HALL OF LIGHT, CREATIVITY

### HALL OF LIGHT CREATIVITY COMMUNITY AUROVILLE



### CREATIVE VOICE SOUND HEALING

EVERY MONDAY  
FROM 5 TO 6,30 PM

Experience vocal techniques,  
breathing, toning, singing,  
dancing, etc

To promote relaxation, self  
discovery, emotional release,  
free expression and happiness.  
We discover our heart voice  
through singing.  
Exploring our different voices  
and small instruments.



NO EXPERIENCE NEEDED  
NO REGISTRATION  
AUROVILIANS AND NEWCOMER FREE  
CONTRIBUTION  
300 Rs FOR GUEST

CONTACT: lola 9443069335.



## AERIAL ACROBATICS CLASS FOR ADULTS

EVERY THURS, ELUCIOLE CIRCUS, MIRACLE COMMUNITY

*Aerial Acrobatics  
adults class  
At Eluciole Circus, Miracle  
community*



**Thursdays 10:30-12:30  
For more information contact +91 97873 32791**



## HIVE COWORKING SPACE

OPEN HOUSE EVERY FRIDAY, AUROMODE



Are you looking to work, study, create or simply connect with like-minded professionals in a serene place? Step into Hive and experience the Cosy workspace with super-fast Internet, Coffee - **All for FREE** on our Open House.

- Venue: Hive, Auromode
- Time: 9 am - 7 pm
- Visit us at [www.auromode.in/hive-coworking](http://www.auromode.in/hive-coworking) for more details on our plans and facilities.
- For inquiries: [auromodehive@auroville.org.in](mailto:auromodehive@auroville.org.in) / +91 90427 59540 (WA) / +91 70921 97375 (WA) or drop by.

**All are Welcome!!!**

## FREE AI MASTERCLASS FOR ALL

EVERY SATURDAY, HIVE, AUROMODE



Are you looking to transform your future and career with AI? Come Join our **Free AI Masterclass** at Hive Coworking Space facilitated by S M Pandi Subramanian, founder of Enthiram.AI, with over 20 years of pioneering work in AI innovation and solutions.

Open for all, no prior experience needed.

Contact: +91 98867 40850 / [auromodehive@auroville.org.in](mailto:auromodehive@auroville.org.in)

# LOOKING FOR

## REQUEST FOR DONATION IN KIND

Dear Friends,

Warm greetings from the Mirra Women's Group.

Established in 2002 as part of AV Arts Services, Mirra Women's Group brings together women of Auroville, the surrounding bioregion, and newcomers through music, art, dance, sports, and educational activities. Our goal is to foster unity, healing, and empowerment across all walks of life.

In response to the emotional and physical challenges brought about by the pandemic, we have redoubled our efforts to create safe spaces for healing and well-being. Currently, we are conducting yoga classes and readings based on *The Mother* and *The Ideal of Auroville* at **Wellpaper** and **Kottakarai School**.

To continue and expand these sessions, we are in need of the following items:

- **4 grass mats**
- **15 bowls**
- **15 small plates**
- **15 glasses**

(Used items in good condition are also very welcome.)

We also gratefully welcome donations in the form of **juice or edible items** to share during our gatherings.

If you are able to support us with any of the above, please feel free to reach out. Your contribution will go a long way in nurturing a space of connection and care for women in our community.

With heartfelt thanks,

*Grace, Madhi, Suryagandhi*

For Mirra Women's Group

Email: [grace@auroville.org.in](mailto:grace@auroville.org.in)

## MISSING DOG - DOBBY

# MISSING DOG!

## WE'RE LOOKING FOR DOBBY!

HE'S  
THE  
BROWN  
DOG IN  
THE  
PICTURE

### COLLAR

*Green  
camouflage  
belt*

*(The collar was  
changed, so it's  
not as in the  
picture)*

### LAST SEEN

*Art Forest Area  
July 9, 2025, at  
10:00 AM*

### AGE

*3 years old*

### GENDER

*Male*



### REWARD

₹ 1,000/-

### CONTACT

*Pet Parent JAYA +91 7598570329*

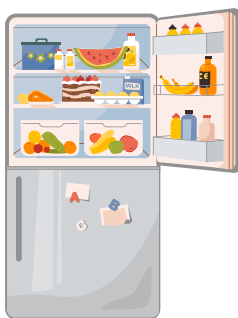
## REFRIGERATOR

I just returned from studying yoga abroad, and my refrigerator is broken. The repair is very expensive. If you have a refrigerator that you're not using and would be willing to donate, please let me know.

I NEED TO KEEP FISH FOR MY CAT.

WhatsApp +91 89036 41845

[Ivana.frousova@gmail.com](mailto:Ivana.frousova@gmail.com)



## FRUITING MULBERRY TREE



Would you have a fruiting mulberry tree around you?

If yes, I would love to hop by and eat my favourite fruit with you.

Thank you.

Deepa, [stigmatad@gmail.com](mailto:stigmatad@gmail.com)

98115 74667 (no wa)

## 1 - MEDIUM/LONG TERM HOUSING SUPPORT



Dear Friends of Auroville,

We're Alex, Lion and Lynx a small family from the US, transplanted to Germany and now beautiful Auroville. Alex is a long-term volunteer at CSR working in GIS and Data Analysis. We're a tight-knit family looking for suitable accomodation so that we may

stay together for the coming months, beginning latest from 10 November. If you have any ideas or leads, please feel free to reach out via the methods below.

Warmest Regards,  
*Alex, Lion and Lynx*

+91 84381 40591, [alex.nadolny@proton.me](mailto:alex.nadolny@proton.me)

## 2 - LOOKING FOR HOUSE SITTING

Dear Community,

I am Enzo, Aurovilian, originally from Italy and I am looking for a house sitting, if possible a long-term one. Starting from now or from October on.

I am a single, neat, clean, quiet, reliable and respectful person.

Please reach out on +91 86676 48515 or [solespazio@gmail.com](mailto:solespazio@gmail.com)

With love,  
*Enzo*

## 3 - HOUSESITTING OR GUESTHOUSE

We are a couple (39 + 41) working as volunteers in Auroville for a year. We are looking for a house-sitting or another place to stay, starting October 12<sup>th</sup>, preferably on longer term. We would be grateful for any suggestions or offers.

Best, *Simon & Valérie*.  
Contact: +918438 923946



## 4 - LONG TERM HOUSESITTING FROM SEPTEMBER



Hi Auroville family, my name is Dave, I'm Aurovillian and I'm looking for somewhere to call home for at least next 6 months.

Please get in touch if you know of anything.

Warm Regards,  
*Dave*  
M: +44(0)7564 119 728  
E: [djsevens87@gmail.com](mailto:djsevens87@gmail.com)

## A NEW HOME FOR GUJJU THE KITTEN!



OPEN FOR  
**Adoption**

**Hi, I'm Gujju!**

6-month old male

**Favorites**  
Napping, running  
around with  
other cats, and  
eating;)

**Health**  
Fully vaccinated,  
dewormed and  
neutered.

INTERESTED TO MEET HIM?

8870246901

## LARGE CLEAN TETRAPACKS



HELP ME  
**UP-CYCLE**



**Just Donate!**

And I'll do the rest



Looking for large rectangular tetra-  
packs for an upcycling project, any  
amount is fine, just rinse them and I'll  
pass by

Call me at +91 90474 49360  
Whatsapp works too





## AVAILABLE

### FOR TAKING:

- One corner sink.
- One Western toilet (damaged during removal but still functions. Broken part could be cemented over. See pictures).
- Photos: <https://photos.app.goo.gl/eZJTopSQdbk99FPM8>

Contact Island 75981 03616

### COCONUT MATTRESS TO GIVE AWAY



- 195 x 125 cm, with a nice new cover, fully clean and functional, but quite heavy.
- Please call Birgitta 94423 00574

## ACTIVITIES AT SERENDIPITY

### SERENDIPITY CLASSES

*(Ex. Joy Community in front of Center GH)*

Center Field, Auroville - 605101, TN, India

Landline: +91 (0)413 350 9950

Mobile/Whatsapp: +91 93856 23342

Email: [serendipityauroville@gmail.com](mailto:serendipityauroville@gmail.com)

<https://serendipity.auroville.org>

<https://www.facebook.com/serendipityauroville>



### REGULAR CLASSES FOR OCTOBER :

#### Hatha Yoga with Ramesh

- **Monday and Thursday from 5:30 - 6:30pm**

Ramesh offers hatha yoga classes with some vinyasa flow and include pranayama, traditional sanskrit mantra chanting, and meditation. The style is gentle, adaptive and progressive where passive, gravity-assisted poses are mingled with dynamic vinyasa-style flow as needed. He places a lot of focus on breathing and body-mindfulness during the practice. It is ideal for beginners to intermediate-level practitioners. You will be exposed to authentic Sanskrit terms and their correct pronunciation. The practice will be rejuvenative and restorative. These specific classes will be on donation basis even for guests.

## Traditional Sanskrit Mantras with Sonia

- **Friday from 5 - 6pm (Regular students only)**

In the recitation of Sanskrit Mantras the sound is very important, and the specific pitches and strict rules of intonation and syllabic length should be learned according with the tradition of the great masters of the past, who figured out how to use the voice to calm the mind and attune the practitioner to the more subtle levels of the “sadhana” or spiritual path. Through the harmonic rhythm, repetition and participation in the singing, the mind reaches more clarity, concentration and tranquility.

## Private Classes on request (for groups or individuals)

- **Hatha Yoga with Ramesh** - for more details contact Ramesh at: +91 98451 68490
- **Traditional Sanskrit Mantras with Sonia** - for more details contact Sonia at: +91 89402 88090

## ACTIVITIES AT JOI - ANITYA COMMUNITY

### JOURNEY TO INNER PEACE :

### HOLISTIC HEALING SERVICES JOI ANITYA



Located in the peaceful environment of Auroville’s Centerfield, the Joy of Impermanence—Anitya Community Project offers a variety of holistic services to support your body, mind, and spirit. Our experienced practitioners provide a range of practices to help you relax, heal, and grow, guiding you toward balance and well-being.

- **Location:** Anitya Community, Centerfield, Auroville (500m after Center GH). Road work is ongoing so follow the sign after Nandanam School.
- **Bookings:** For more information or to schedule a session, please contact the practitioners directly (preferably via WhatsApp messages).

## Thai Yoga Bodywork with Andres

- **Contact:** +91 97516 07501

Combining elements of yoga, acupressure, and assisted stretching, Thai Yoga Bodywork is designed to release tension, improve circulation, and enhance flexibility. This therapeutic practice helps restore balance to your body and mind through gentle, rhythmic movements.

Andres is also a **Hatha Yoga** teacher with over 15 years of teaching experience. Trained in Ashtanga, Dharma Yoga, Breath-Based Yoga, and Bhakti Yoga, he now focuses on Vinyasa Flow, connecting movement with breath in a smooth, energizing way. He can design a class just for you, whether you seek strength, flexibility, inner calm, or spiritual connection. Session can also include pranayama (breathing practices) and mantras for a deeper experience. Contact him for more info.

## Integral Unfoldment Coaching with Dave

- **Contact:** +44 75641 19728

A transformative life coaching approach blending Internal Family Systems (IFS), Focusing, and the Diamond Approach to explore your inner world, integrate all parts of yourself, and unfolding your unique potential for personal transformation.

Dave is also offering **Sacred Song Circles: Singing from the heart** and **Authentic Relating: Relational Group Games**. Contact him for more info.

## Relationships as a Spiritual Practice with Prem Shakti

- **Contact:** +91 94892 44823

Prem Shakti guides individuals and couples to explore connection not just as an emotional exchange, but as a sacred journey. Drawing upon tools like Nonviolent Communication (NVC), Authentic Relating, circling, and embodiment practices, she supports participants in cultivating deep listening, emotional intelligence, presence, and compassionate connection.

Prem Shakti also focus on **Spiritual Weddings & Ceremonies**, creating spiritually rich, non-religious ceremonies such as conscious weddings, vow renewals, engagement rituals, and bridal blessings. She is also a **Dances of Universal Peace** leader. Contact her for more info.

### **Re-turn to your (Flower) Essence with Louise Rose**

- **Contact:** +91 73053 73562

Flower medicine ceremonies (for individuals or groups). Blending Naturopathy, Dance & Somatic therapy, and Sonic Healing. Through a holistic Naturopathic approach; you will be guided to work with plant oversouls as allies, to explore your subtle, emotional and physical landscape. These sessions support reconnection to Inner and outer Nature.

\*Tailor-made tinctures, herbal teas and aromatherapy blends provided for both group circles and 1 on 1 sessions.

## **FAMILY CONSTELLATION WITH SHANTI**

SATURDAY 18<sup>TH</sup> OCTOBER, ANITYA



Dear community,

Family Constellations will again be offered in Anitya. Shanti is the facilitator for the constellations, and Louise Rose the organizer.

The workshop will be offered from **10 am - 12:30 pm** in Maloka Hall in Anitya community on these dates:

- **Saturday 18<sup>th</sup> October**
- **Saturday 15<sup>th</sup> November**
- **and Saturday 20<sup>th</sup> December**

Family constellation is a process which helps people resolve family traumas and heal ancestral wounds. It uses the facts of the family history. Since it is systemic work, it asks us to include those we don't usually consider as belonging to the family: for example, an ex-partner of a parent. Participants in the workshop will stand as "representatives" in the constellation.

It is not essential that you have experienced Family Constellations before -- just that you have the inner feeling to bring your full presence and that you understand that by coming you will be part of the field in which the work happens. Shanti will give an overview of what is important in this work and teach us how to be a representative.

### About the facilitator:

Shanti found this work in 1999 and took many trainings with Bert Hellinger -- the originator of this work -- and with several of his long-time students over the years, both in India and in Germany.

Shanti is offering this work as her gift to the community. Donations for the space in Anitya are appreciated.

### **Contact them to register:**

- Louise for WhatsApp: +91 73053 73562
- Shanti for email: [anandshanti@proton.me](mailto:anandshanti@proton.me) and landline: (0413) 2623314



# WORKSHOPS

## CO-CREATING THE DREAM WORKSHOP SERIES

BEGINS ON  
SATURDAY 4<sup>TH</sup>  
OCTOBER, VÉRITÉ



A few Aurovilians have taken online ProSocial courses based on Nobel Laureate Elinor Ostrom's research, in which she identified eight core principles based on communities around the world that help them work successfully. These include clarifying shared purpose and values, fair decision-making, transparency, and constructive conflict resolution. The ProSocial training also included listening, communication and other internal skills. Seeing the relevance of these discoveries for Auroville, we are offering a series of flowing, engaging, and explorative workshops to bring awareness to these principles and practice useful skills for enhancing interpersonal relationships, working in units, and collective life.

The series begins on **Saturday 4<sup>th</sup> October in Vérité** with the first workshop:

### “The Art of Deep Listening.”

*Saturday 4<sup>th</sup> October,  
9:15am—12pm @ Vérité*  
with Kaia, Munay and Radhika



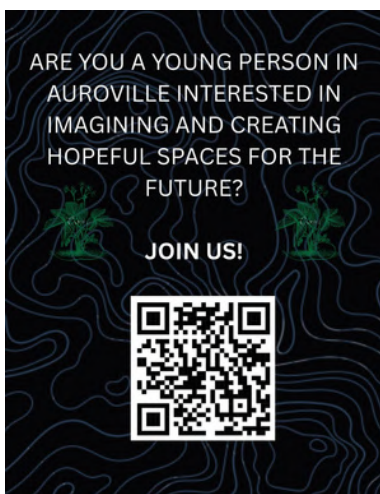
Well-functioning life in community relies on understanding what each other are communicating. Our current capacity to listen and understand can be refined and upgraded by increasing our awareness of communication on all levels, including the mind's verbal information, the emotions, the context, tone of voice and body language. Following these explorations, we'll delve into staying peaceful and centred when hearing ideas we might disagree with -- a useful skill when aspiring for harmony and unity. This 2 ½ hour workshop is a vibrant, creative series of engaging segments offering opportunities to widen awareness and explore listening on a variety of levels of our being.

Please bring a notebook/journal and pen

**Register at Verité.**

## SPACES OF HOPE

SUN 19<sup>TH</sup> OCT - SUN  
14<sup>TH</sup> DEC, YOUTH  
CENTRE



Spaces of Hope are grassroots design and planning schools dedicated to the benefit of all beings. From **Sunday 19<sup>th</sup> October - Sunday 14<sup>th</sup> December**, we will host workshops at Auroville Youth Center.

### **Workshop Description**

Across the world and especially in places and projects rooted in hope for new kinds of future, ordinary people are experiencing powerlessness and grief due to the suspension of rights and freedom. The freedom to imagine and create a vision for our world is not a luxury, but the food that fuels our existence and gives us the courage and hope to build a different future that can ensure the well being of all. Young people play the most important role in building new imaginations for the future and inspire every other generation with their energy, bravery and creativity.

Spaces of Hope invites this incredible youth energy to shape the future of the places around us for the benefit of all beings through the power of art, design and planning - practices that need to be used to build a democratic society for all and that can be used powerfully to develop and share your collaborative vision for the future.

Spaces of Hope is a grassroots planning, design and art school in a long tradition of street schools and community led popular education. We will develop art work, policy recommendations and a youth vision platform to share with the wider community as an exhibition and discussion series. We will organize film screenings, guest discussions from experts in the field that will be open to public and art build activities to bring the youth of AV together to envision a new and hopeful future through creative tools. We will also learn about similar projects and movements around the world.

**10 participants invited** - applications open with full scholarships. A serious commitment to attending all sessions is necessary. Youth between 15-25 may apply, no prior experience needed. We welcome involvement from all generations and the youth that never ages. Girls - do not hesitate to apply!

- **Start and End Date** - 7 weeks / Oct 19 - Dec 14 on Sundays, 2:30 pm - 6:30 pm

Forums co-led and curriculum designed by Masoom Moitra, an urban planner, designer, artist and architect with 15 years of experience with participatory design, policy and planning and how citizens of all generations and backgrounds can use these skills to make our cities liveable for everyone. She has taught for over a decade at leading design schools in New York City (Parsons and Pratt), Mumbai (KRVA) and worked with community groups, non profit organizations, people's movements and governments across the world.

Workshops will be co-led and organized by Dingbawi, coordinator at Youth Center and longtime youth resident of Auroville.

You can join these workshops if you are interested in being a civic leader, or want to explore a future career in community based design or planning that is in service of people and committed to making our world a better place, or even if you are simply a concerned neighbor or community member of any age who wants to work with us to make our towns, villages and cities better places to live in for all. We will focus not on developing building skills but on critical thinking, strategizing and visioning. Sessions will be conducted in English and Tamil translation will be available on request. Guest lectures will be free and open to the public.

If you have any further questions or inquiries, please reach out to us at [spacesofhopedesign@gmail.com](mailto:spacesofhopedesign@gmail.com) before **10<sup>th</sup> October 2025**.

You can find the very simple application form [here](#) and via the QR code.



# CULTURAL ANNOUNCEMENTS

## THE THINKING HAND BY NANDITA SHARMA

OPENING ON 3<sup>RD</sup> OCTOBER

3<sup>RD</sup> - 11<sup>TH</sup> OCTOBER 2025, CENTRE D'ART



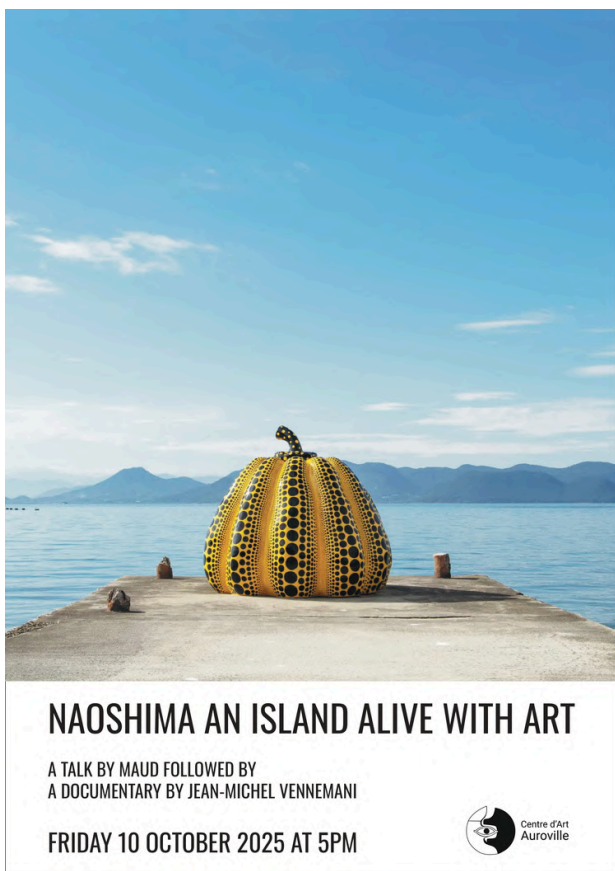
We are delighted to welcome Nandita as our current artist-in-residence. An anthropoet by practice, her work fluidly traverses painting, illustration, haibun, academic writing, lexical landscapes, ethnography, and abstraction—constantly blurring the boundaries between disciplines, mediums, and modes of thought.

Having previously lived and volunteered in Auroville, she returns through this residency with a project that attempts to create an “encyclopaedia of lenses”, a layered, poetic network of connections to experience Auroville not as a place, but to explore it through borrowed lenses. In her studio, at Citadines, where she's been staying for the last two months, we can see her creating a lasagna of layers with words and images. One can clearly see how easily her writings become companion pieces to her drawings, inviting us into a space where images and words converse.

- Sat : 10 - 12:30 / 2 - 5:30
- Mon to Fri : 2 - 5:30



**NAOSHIMA, AN ISLAND ALIVE WITH ART**  
**A TALK BY MAUD AND DOCUMENTARY SCREENING**  
FRIDAY 10<sup>TH</sup> OCTOBER, CENTRE D'ART



Naoshima is an island of the Seto inland sea in Japan that has become a global center of contemporary art in the last few decades.

Maud will share her experience of this unique place she visited. The talk will be followed by a screening of “In the hollows of the inland sea” a documentary by Jean-Michel Vennemani (53min in French with English subtitles, 2015)

**FULL MOON NIGHT FLUTE RECITAL BY SAMEER RAO**  
MONDAY 6<sup>TH</sup> OCTOBER, MINI AMPHITHEATRE, MATRIMANDIR

Arpanaa  
&  
Matrimandir

Invite you to experience  
the magic of music  
on a mystical full moon night

Flute recital  
by  
Sameer Rao  
Disciple of Pt. Hariprasad Chaurasia

Accompanied on the tabla  
by  
Adarsh Shenoy

Monday 6th October, 8-9 pm  
Mini Amphitheatre, Matrimandir  
Entry from MM Off gate. Last entry at 7:45pm

Auro card required for guests  
Access limited to the performance area only  
Please exit venue by 9:15pm



Arpana and Matrimandir invite you all to a mystical evening of music on the brightest full moon night of the year - Sharad Poornima.

Come and experience the magic of a flute concert at the **mini amphitheatre on Monday 6<sup>th</sup> October from 8-9pm** please note last entry at 7:45pm.

The artist is the very talented young musician - Sameer Rao, a disciple of the legendary Pt. Hariprasad Chaurasia. He learnt with the maestro in the traditional Gurukul system and has been enthralled audiences with his virtuosity on the instrument.

An 'A' graded artist with All India Radio, Sameer has performed across India and internationally in countries such as China, Switzerland, Germany, France, Australia, Spain, South Korea, Norway, the UK and the USA. He is an empanelled artist with the Indian Council for Cultural Relations

His accolades include an 'Award of Excellence' by Guru Ganayogi Trust, Chennai, 'Yuva Pratibha' from the Directorate of Kannada and Culture, 'Nada Kishore' by Nada Bramha Sangeeth Sabha, Mysore, 'Surmani' from Sur Singar Sansad, Mumbai, 'Samskrithika Saarathi' by Natya Taranga, Sagara and many more.

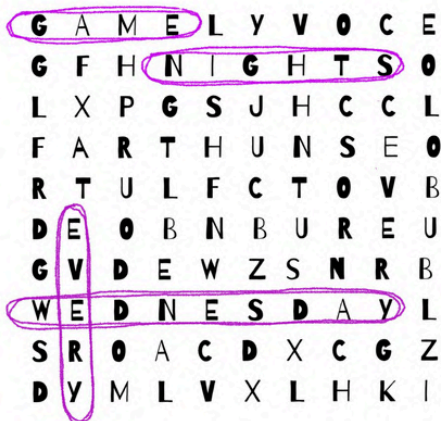
In addition to solo concerts and collaborations, Sameer also composes for Music albums, Theatre productions, Dance ballets and Documentary films. He has released multiple solo and world music albums available on major digital platforms.

He will be accompanied on the Tabla by the young and sought after percussionist Adarsh Shenoy.

LE PAVILLON DE FRANCE  
AUROVILLE PRÉSENTE



## LE PAVILLON DE FRANCE PRESENT GAME NIGHTS



EVERY  
WEDNESDAY,  
FRENCH PAVILION

OPEN TO ALL LEVELS  
EVERY WEDNESDAY, 4:00 TO 5:30 PM  
AT FRENCH PAVILION - INTERNATIONAL ZONE



FOR THE BOOKWORMS

## FULLY BOOKED

SATURDAY 4<sup>TH</sup> OCTOBER, AUROVILLE LIBRARY



### Fully Booked

40+ bookmarks  
Make your own

By Anandi Zhang  
And you

10-11am, 4th October (Saturday)  
Auroville Library



Dear bookworms — children, parents, educators, artists of life and lifelong learners,

You are warmly invited to a very special session — choose and take home your favorite (one, two, or at most three) bookmarks from 40+ cute, zen, and playful ones, and possibly make your own on handmade paper. Be charmed, be inspired and inspire.

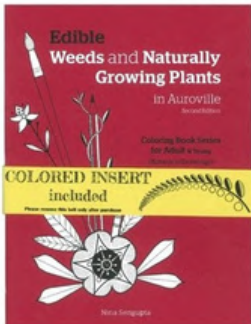
Time: 10 - 11am, 4<sup>th</sup> October (Saturday)

Venue: **Auroville Library**

Free entry. Voluntary contribution.

## EDIBLE WEEDS AND NATURALLY GROWING PLANTS COLORING BOOK : 2<sup>ND</sup> EDITION

### Edible Weeds and Naturally Growing Plants Coloring Book :2<sup>nd</sup> Edition



Following the closure of Freeland Bookstore, many have asked about the book. It's available by writing to [edibleweedwalk@gmail.com](mailto:edibleweedwalk@gmail.com).

In Auroville and the bioregion, copies can be picked up—after payment—from designated spots like Town Hall or PTDC. Price: ₹600 (pickup) / ₹750 (with S/H).

Hand-bound with a handmade paper cover, this is an artisanal production. Now a project under Prani, The Living (Service Trust), the book offers special discounts for schools and groups ordering 20+ copies. To avail, just reach out.

Thank you.  
[edibleweedwalk@gmail.com](mailto:edibleweedwalk@gmail.com)

edibleweedwalk@gmail.com | FS Account # 251937

## TIBETAN PAVILION LIBRARY

Dear all,

This is to your information that we are going to open the library to the readers we have vast collection of books on **Tibetan history,**

**Buddhism, medicine, environment and etc,** and also a section of books on India, China, Bhutan and spiritual books on Sri Aurobindo and the Mother.



Our opening hours are:

- Monday, Tuesday Wednesday mornings
- Open from 10:30am to 2:00pm.

All reader's are invited.

We will be closed on the national holidays.

We look forward of seeing you in Tibetan pavilion,

*Submitted by Kalsang*

On behalf of Pavilion Of Tibetan Culture International zone

## AT CRIPA

### MONDAY ECSTATIC DANCE



Get rid of your Monday blues


And get into your Monday grooves.

Enjoy the community spirit of dancing together and celebrate your own ecstatic inner journey.

Live.Breathe.Dance

Free entry - donations encouraged

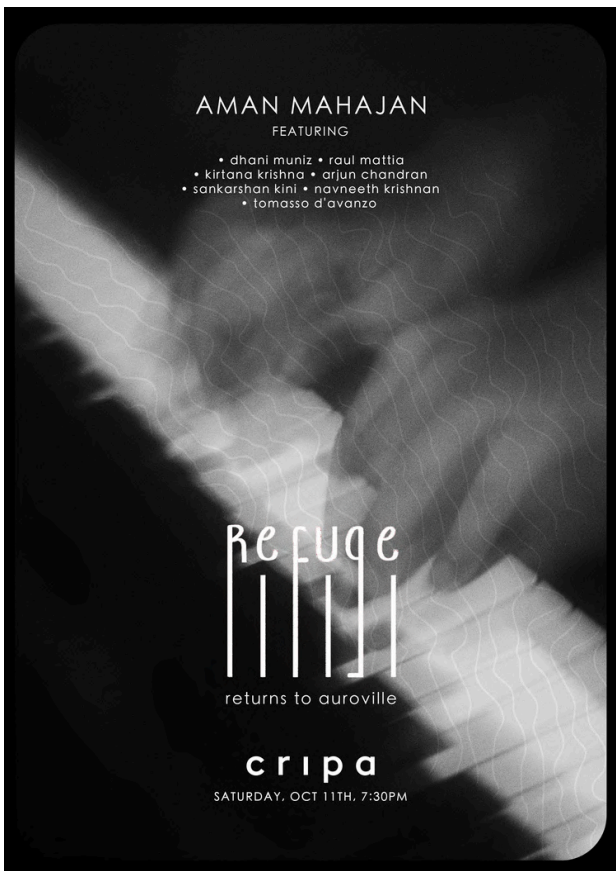
 **Mondays from 30th June - 1st September**

 **5:30 - 7:30pm**

 **Cripa, Auroville**

### REFUGE IN AUROVILLE

SATURDAY 11<sup>TH</sup> OCTOBER





On **October 11<sup>th</sup> at 7:30pm**, pianist-composer **Aman Mahajan** presents ***Refuge in Auroville*** at **Cripa** — a program of mostly existing *Refuge* compositions, along with a few new works, performed in formats ranging from solo piano to larger ensemble. The highlight of this performance is the featuring of guest artists from in and around the Auroville region.


For Aman, Auroville has long been a place of nourishment, support, and artistic community. Cripa/Kalabhumi itself has been one creative home, offering a welcoming space for recordings, workshops, rehearsals and performances over the years. This concert is both a continuation of the *Refuge* journey and a way of giving back to the community that has shaped it.

Rooted in thematic improvisation and drawing from jazz and diverse global traditions, *Refuge* is a collaborative project that has run over the past 12 years, reflecting on belonging, interconnection, and the ever-evolving idea of home. In Auroville, that search resonates deeply — not just in the music, but in the spirit of community it celebrates.

- Dhani Muniz – fretless bass, electric guitar
- Kirtana Krishna – voice
- Raul Mattia – drumset
- Arjun Chandran – resonator guitar
- Sankarshan Kini – viola
- Tommaso D'Avanzo – percussion
- Aman Mahajan – piano

 **Saturday 11<sup>th</sup> October**

 **7:30pm**


 **Cripa, Auroville**


As always, this is a free event, contributions are welcome to support the artists and the venue 🙏🌟


**BETINA AND  
SHALINI  
PRESENT  
AGÜITA  
SUNDAY 12<sup>TH</sup>  
OCTOBER**



Agüita tells stories of women's lives through live music, clowning, and physical theatre. Moving from the everyday to the raw and profound, it invites you into a shared space of laughter, tears, and reflection.

 **Sunday 12<sup>th</sup> October**

 **7:30pm**

 **Cripa, Auroville**

As always, this is a free event, contributions are welcome to support the artists and the venue 🙏🌟



## FOOD

### FOOD FOREST TOUR & SUNDAY BRUNCH

EVERY SUNDAY, LA FERME COMMUNITY



### FOOD FOREST TOUR & SUNDAY BRUNCH

Living Foods & Vegan Ice Cream Making

**Every Sunday, 9–11 AM**

La Ferme Community  
(5 min from AV Bakery)

WhatsApp Sarah: 9047421044

[www.myfoodforest.in](http://www.myfoodforest.in)



### RIGHT PATH CAFE, VISITORS CENTRE



### NATURALLY FIZZY, PROBIOTIC-RICH, AND ALIVE WITH CULTURE – LEARN TO BREW YOUR OWN WILD DRINKS AT HOME

EVERY SATURDAY, MARC'S CAFE STORE



This beginner-friendly workshop is all about reconnecting with ancestral microbes and learning to make naturally carbonated, healthful beverages using traditional methods. No commercial yeast, no fancy equipment—just real ingredients, wild starters, and intuitive brewing.

#### What you'll learn to make:

- **Kombucha** – from brewing basics to bottling and flavoring
- **Tepache** – a traditional, naturally fermented pineapple drink
- **Ginger Ale & Wild Sodas** – crafted with fruit, herbs, and wild starters
- **Wildcrafted Fruit Vinegar** – zero-waste, nutrient-rich, and easy to brew

**WHEN** : Every Saturday 10 am - 12 pm at CLC

**WHERE** : on top of Marcs Cafe Store

[contact@marcscoffees.com](mailto:contact@marcscoffees.com) for more info



## POETRY

### Handmaid of the Truth

4/25/04

I live in sanctuary of the trees  
Around me hosts of friends self-assured,  
Saved. A moment of conviction counts  
An eternity the faithful spend with God.

Not so for those who walk diminished earth  
Slow to heal the million gaping wounds,  
Despoilment, denudation, once divine,  
But now contaminated, rape of soil,

Pollution streams, no longer spacious skies  
Or oceans' purity and lakes pristine.  
O human soul from this mud house arise  
The human beast transform to god-like mould

Else world-iniquities shall scream your name,  
Blood lust and greed the tag of infamy,  
Slave of forces far beyond your fears  
Marionettes of evil's iron fist.

She said: "There is only one way out."  
Surrender of the self, acknowledgement  
Of one Supreme who dwells unseen within,  
The offering of all to That which is;

And then the vast experience of peace  
A calm unshaken by the blows of fate,  
As Knowledge from beyond the mind descends,  
And faith that is the handmaid of the truth.



# Cinema Paradiso

Multimedia Center (MMC) Auditorium

Film program : 6<sup>th</sup> - 12<sup>th</sup> October 2025

Cinema Paradiso-Multimedia Center is operating at 100% seating capacity. Seating starts about 15 mins before screening and stops as the film starts. Kindly arrive in time.

A reminder not to use cell phone for any reason while the program is on, and no food/beverage to be taken inside the hall.

## INDIAN – MONDAY 6 OCTOBER, 8:00 PM:

- **SITAARE ZAMEEN PAR (STARS ON EARTH)**

India, 2025, Dir. R. S. Prasanna w/ Aamir Khan, Genelia Deshmukh, Aarush Datta, and others, Sports-Drama, 155mins, Hindi w/ English subtitles, Rated: UA (PG-13)

After a DUI conviction, hot-headed basketball coach Gulshan Arora is forced to train a team of neurodivergent players. What begins as punishment turns into transformation, as Gulshan learns empathy through Guddu's quiet courage and Golu Khan's infectious spirit. Together, they chase a tournament dream and redefine what winning truly means. *Some victories are felt, not counted.*

## POTPOURRI – TUESDAY 7 OCTOBER, 8:00 PM:

- **VANISHING POINT**

USA, 1971, Dir. Richard C. Sarafian w/ Barry Newman, Cleavon Little, Charlotte Rampling, and others, Road Trip-Action, 99mins, English w/ English subtitles, Rated: R

In this cult classic of 1970s counterculture cinema, Kowalski, a war veteran and ex-cop turned delivery driver, races across the American Southwest in a white Dodge Challenger, defying police, time, and his own haunted past. As radio DJ Super Soul turns him into a cult hero, Kowalski's high-speed odyssey becomes a gripping meditation on freedom, rebellion, and fate. *Not a fugitive but chasing something the law can't see.*

## SELECTION – WEDNESDAY 8 OCTOBER, 8:00 PM:

- **OLIVER TWIST**

Czech Republic-UK-France-USA, 2005, Dir. Roman Polanski w/ Barney Clark, Ben Kingsley, Jeremy Swift, and others. Crime-Drama, 130mins, English w/ English subtitles, Rated: PG-13

In this richly reimagined adaptation of Charles Dickens' classic novella, young Oliver, orphaned and alone, escapes a grim workhouse and falls into the hands of Fagin, a cunning street gang leader. As he navigates London's underworld with the Artful Dodger and brutal Bill Sikes, Oliver's search for kindness and identity becomes a gripping tale of survival, justice, and hope. *In a world of thieves and shadows, one boy dares to seek light.*

## INTERESTING – THURSDAY 9 OCTOBER, 8:00 PM:

- **ERNEST COLE: LOST AND FOUND**

France-USA, 2024, Writer-Dir. Raoul Peck w/ LaKeith Stanfield, Ernest Cole, Leslie Matlaine, and others, Documentary-Biography, 105mins, English w/ English subtitles, Rated: NR (PG-13)

This much acclaimed film is being brought to you in collaboration with Alliance-Française. Ernest Cole, South Africa's first Black freelance photographer, risked everything to expose apartheid's brutal realities. From covert snapshots to exile, his journey unfolds through rediscovered archives and haunting images. As his lost negatives resurface decades later, Cole's legacy reignites—a *story of courage, displacement, and truth's enduring power.*

EVERY CONTRIBUTION COUNTS



## INTERNATIONAL – SATURDAY 11 OCTOBER, 8:00 PM:

### • SORRY, BABY

USA-Spain-France, 2025, Writer-Dir. Eva Victor w/ Eva Victor, Naomi Ackie, Louis Cancelmi, and others, Comedy-Drama, 103mins, English w/ English subtitles, Rated: R

In this critically acclaimed film, Agnes, a literature professor in rural New England, reunites with her old friend Lydie just as buried trauma resurfaces. Through fragmented memories, failed systems, and fierce friendships, Agnes confronts the aftermath of sexual assault by her mentor, Preston Decker. Her journey is raw, darkly funny, and deeply human—a portrait of survival told on her own terms. *Some wounds don't vanish. But they don't define you either.*

## CHILDREN'S MATINEE – SUNDAY 12 OCTOBER, 4:00 PM:

### • MY TYRANO: TOGETHER, FOREVER

Japan-S.Korea-China, 2019, Dir. Kôbun Shizuno w/ Kaori Ishihara, Dai Satô, Kimiko Ueno, and others, Adventure-Animation, Japanese-Mandarin w/ English subtitles, Rated: NR (PG)

Tyrano, a gentle dinosaur who refuses to hunt, and Punon, a young pterodactyl afraid to fly, form an unlikely bond. Together, they journey across a perilous prehistoric world in search of Paradise—a place where they can belong. Their friendship is tested by danger, doubt, and a haunting past, but hope keeps them moving forward. *Even the fiercest hearts long for peace.*

## CLASSIC WORLD CINEMA @ CINÉ-CLUB

### CINÉ-CLUB SUNDAY 12 OCTOBER, 8:00 PM:

#### • THÉRÈSE

France, 1986, Dir. Alain Cavalier, w/ Catherine Mouchet, Hélène Alexandridis, and Others, Drama, 90mins, French w/ English subtitles, Rated: R.

Like two of her older sisters before her, Thérèse Martin is determined to become a Carmelite nun, even though she is officially too young to enter the order. Thérèse's stubborn piety wins through, and her love with Jesus transfigures her short life. *Alain Cavalier's account of Thérèse's joy in her vocation is based on her spiritual autobiography.*

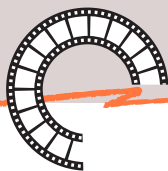
**Rating codes** we often use are from Motion Picture Association of America (MPAA): G= General Audiences, PG= Parental guidance suggested, PG-13= Parents strongly cautioned, R= Restricted (equivalent to Indian rating: A i.e., for Adults), NR= Film Not Rated, Rating awaited.

***To organize a seminar/program at MMC Auditorium, kindly email us at [mmcauditorium@auroville.org.in](mailto:mmcauditorium@auroville.org.in).***

**Support MMC-CP: Every Contribution Counts:** Like cultural spaces worldwide, MMC-CP relies on local financial support to thrive. If you value the films and programming we offer, consider a one-time or recurring donation via the Unity Fund to Account #105106, or contribute directly at the venue.

*If you have an innovative fundraising idea and are willing to take it forward, we'd love to hear from you. Write to share your proposal and let us know how you'd like to be involved at [mmcauditorium@auroville.org.in](mailto:mmcauditorium@auroville.org.in).*

Thanking You,  
MMC/CP Group Account #105106,  
[mmcauditorium@auroville.org.in](mailto:mmcauditorium@auroville.org.in)



# COMMUNITY SERVICES

## ESSENTIAL SERVICES

### AUROVILLE'S FINANCIAL SERVICES (AVFS)

- **Timings:** Monday to Saturday, 9am - 12:30pm, and 3pm - 4:30pm
- **Phone:** 0413 2622171
- **Email:** [financialservice@auroville.org.in](mailto:financialservice@auroville.org.in)

### ELECTRICAL SERVICE (AVES)

- **Timings:** Monday to Saturday, 8am - 4:30pm
- **Phone:** 0413 2622132 / 94888 68747 for fault works, repair works and job works  
0413 2622264 for clarifications reg. electricity bills, job and repair works bills
- **Email:** [aves@auroville.org.in](mailto:aves@auroville.org.in)

### GAS BOTTLE SERVICE

- **Timings:** Monday to Saturday, 9am - 1pm and 2pm - 4pm
- **Phone:** 0413 2622452
- **Email:** [avgasservice@auroville.org.in](mailto:avgasservice@auroville.org.in)

### WATER SERVICE

- Monitors water lines and supply within AV, undertakes water-related jobs.
- **Timings:** Monday to Saturday, 8am - 12pm and 2pm - 4:30pm
- **Phone:** 0413 2622877, 89035 53246
- **Email:** [avwaterservice@auroville.org.in](mailto:avwaterservice@auroville.org.in)

### ECO SERVICE (WASTE COLLECTION/MANAGEMENT)

- **Timings:** Monday to Saturday, 8:30am - 12:30pm, and 1:30pm - 4:30pm
- **Phone:** 63796 69034
- **Email:** [ecoservice@auroville.org.in](mailto:ecoservice@auroville.org.in)

### POUR TOUS DISTRIBUTION CENTRE (PTDC)

- **Timings:** Monday to Saturday, 9am - 5pm
- **Phone:** 0413 2622746 / 2622796
- **Email:** [ptdc@auroville.org.in](mailto:ptdc@auroville.org.in)

### POUR TOUS PURCHASING SERVICE (PTPS)

- **Timings:** Monday to Saturday, 8:30 am - 5pm
- **Phone:** 0413 2622152

### AUROVILLE LIBRARY

#### Timings:

#### **Mornings:**

- Monday to Saturday : 9am - 12:30pm

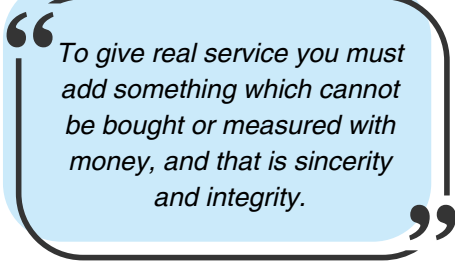
#### **Afternoons:**

- Mon, Wed, Thurs, Fri & Sat: 2pm - 4:30pm
- Tuesday : 4pm - 6:30pm

#### **Children's Storytime! All ages welcome!**

- Every **Saturday** between 10am - 11am.
- **Phone** : 0413 350 9191
- **Email:** [avlib@auroville.org.in](mailto:avlib@auroville.org.in)
- **Website:** <http://library.auroville.org.in/>





*To give real service you must add something which cannot be bought or measured with money, and that is sincerity and integrity.*

Douglas Adams

## HEALTH

### SANTÉ SERVICES IN SEPTEMBER 2025



#### Working Hours:

Monday - Saturday: 9:00 - 12:30pm & 2:00 - 4:30pm

#### Tests and Sample collection:

Monday - Friday: 8:30am - 12:00pm

No sample collection on Saturday

#### For emergencies, contact:

Auroville Ambulance (24/7) - Phone: **+91 94422 24680**

Government Ambulance (24/7) - Phone: **108**

#### Appointment

Please call Santé (0413) 262 2803 during working hours for an appointment.

<b>Doctor Consultation with Dr. Joseph, Dr. Pavan &amp; Dr. Sana:</b> Monday to Saturday	<b>Nurse Care - Thilagam, Ezhil, Archana &amp; Sandhya:</b> Daily: no appointment needed
<b>Ayurveda with Dr. Berengere:</b> Tuesday / Wednesday / Friday (TOS 9 <sup>th</sup> onwards)	<b>Integrative Psychotherapy with Juan Andres:</b> Monday to Friday
<b>Physiotherapy &amp; Massage with Galina:</b> Monday to Friday	<b>Homeopathy with Michael:</b> Monday / Wednesday / Saturday
<b>Midwifery &amp; GYN Care with Paula:</b> Monday & Wednesday	<b>Soundbed Session with Sandhya / Thilagam:</b> Monday to Saturday
<b>Bio-Well Assessment (Evaluation of your well-being) with Helena – inquiry email <a href="mailto:adminsante@auroville.org.in">adminsante@auroville.org.in</a></b>	

In Santé, we value our patient's confidentiality and make every effort to ensure their privacy.

**In case of cancellation or to reschedule, it is necessary to inform us in advance.**

### HEALTH CENTER - KUILAPALAYAM

**Contact:** (0413) 3509942 / 3509943

#### Pharmacy:

- 8:00am - 5:30pm Monday to Saturday

#### Doctor Consultation:

- 8:30am - 5:00pm Monday to Friday  
(1 - 2pm Lunch Break)
- 8:30am - 1pm (Saturday)



## DENTAL CLINIC - KUILAPALAYAM

- **Timings:** Monday to Saturday, 9am - 5pm daily
- **Phone:** 0413 2622007/ 2622265
- **Email:** [aurodentalcentre@auroville.org.in](mailto:aurodentalcentre@auroville.org.in)

## NURSE SERVICES

My name is Madhi and I'm 27 years old. I was born and brought up in AV.

I have done my bachelor degree in B.SC (Nursing) and I have more than three years experience as a Staff Nurse in hospital (one year in psychiatric ward, six months in ICU and six months in emergency) and giving care for elderly people in AV for the past 2 years.

### Services:

- Patient assessment and care plan.
- Medication administration.
- Vital signs monitoring.
- Wound care.
- To provide blood and lab test .
- Personal care assistance.
- Patient education.
- Fall prevention strategies.
- Providing assistance with bathing, dressing, grooming, and toileting needs.
- Communication and collaboration with physicians.
- Documentation of medical reports.
- End-of-life care.



If you need any assistance please do contact the below mentioned email or contact number.

Contact: 95972 22826 (Madhi) call/WhatsApp

E-mail Id: [madhiazhagan014@gmail.com](mailto:madhiazhagan014@gmail.com)

## AYURVEDA TIPS FOR RAINY SUMMER



Late summer, with its amount of rains, brings lots of humidity and dampness in the air that affect the body and its Dosha in many different ways: Pitta ferments and shows signs of acidity, bloating, inflammation or strong body odour, lots of stagnation and retention felt in the digestive tract. Emotionally unhealthy Pitta becomes bitter, impatient and frustrated in the mind or the heart. Vata gets cold and makes the joints more painful with an irregular digestion and bowel movements and mind might be imbibed with anxious thoughts, worries or lack of concentration.

We can help ourselves with the following recommendations:

### With the food

- Eat only when hungry and eat the appropriate amount (both hands joined together is the size of the stomach)
- Take a warm, cooked meal with any spices to improve the digestion (eg: ginger, turmeric, black pepper, cumin, coriander, cinnamon, ajwain, basil, garlic etc)
- Eat green leafy vegetables, take light dishes made of mung dal, vegetable soups... all pulses and dal are good when cooked with spices (all spices are good apart from red powder-chilli powder)
- For non-vegetarian, eat white meat or small fishes
- Drink warm water all day long (especially when there's a sore throat)
- Dinner should be light and taken 2 hours before going to bed

- Give energy to the body with cereals and grains such as: amaranth, barley, cooked oats, granola, rice
- Honey is the best sweetener
- Ghee used for cooking and Sesame and Olive oils for dressings
- Chew some neem or Tulsi leaves.

#### Some immunity enhancers:

- **Giloy/Guduchi** (*Tinospora cordifolia*): a very good immune regulator; 1tsp of powder morning and evening in warm water
- **Amalaki (amla)**: full of vitamin C; consumed fresh if available or in powder
- **Turmeric**: Anti-inflammatory, can be used for gargling with warm water and a pinch of salt
- **Tulsi** (*Ocimum tenuiflorum/sacrum*): for the lungs, fresh leaves in warm water
- **Ashwagandha** (*Whitania somnifera*): immune regulator and calming the nervous system; 1tsp morning and evening in milk or warm water
- **Ginger – Turmeric – Black pepper powders (Be No1)**: improves digestion and energy, ½ tsp with warm water or lemon juice + honey once or twice a day
- **Tulsi – Cinnamon – Amla – Ginger – Turmeric – Black pepper powders (Be No3)**: as prevention or in case of cold, cough, flu, feverish state, body ache, ½ tsp with a sip of warm water or lemon juice + honey once a day if it's preventive, 3 times a day before food if there are symptoms
- Saffron, aloe vera, licorice herbal infusions
- **Chyavanprash Avaleha**: 1 tsp in the morning with breakfast.

#### Special treat for joint pain and inflammation:

- **Shallaki Cream or Oil mixed with Castor Oil (Eranda Tailam)**: massage twice a day the painful joint, it's a painkiller and anti-inflammatory
- **Rosemary Essential Oil**: 1 or 2 drops with the massaging oil and apply locally. It's anti-inflammatory
- **Shallaki Tablets**: for arthritis, muscular pain, joint inflammation
- **Triphala Guggulu Tabs**: to reduce bloating, swelling, inflammatory conditions, 1 or 2 tabs per day before meals (use for short period).

#### In the activities, help Pitta and Vata to be centred and grounded:

- Be grounded in the heart or abdomen with Yoga, Pranayama, Meditation, observing the breathing movements in the abdomen, Yoga Nidra, Body Awareness, Qi-Gong, Tai Chi...
- Regular exercise, 30 minutes daily
- Gardening, cultivating, weeding, cooking
- Keep warm, take warm showers, cover your neck from chilled breeze
- Gargling with salty water if sore throat
- Oil pulling with 1 Tbsp of sesame or coconut oil, keep in the mouth for some time, spit it out and rinse the mouth with warm water (can be done early morning or at bedtime after brushing the teeth)
- Nasya: pour 2 drops of sesame oil or Anu Tailam in each nostril once a day
- 4-5 drops of Castor Oil in the belly button followed by slight massage around the umbilicus at bed time
- Fragrances: sandalwood, rose, jasmine.

Let's be all well, happy and healthy.

*Be at Santé Clinic*







## ACCESS TO THE PARK OF UNITY AND MATRIMANDIR

### The Park of Unity

*The Matrimandir, the Petals, the Lotus Pond, Banyan Tree are areas of SILENCE*

- The Park of Unity is open to Aurovilians and Newcomers  
Daily: 6.00 AM to 7.30 PM
- Aurovilians may bring children and friends to the Gardens  
Daily: 9.00 AM to 7.30 PM
- Volunteers and Pass holders require a pass to enter the Park of Unity. Timings will be indicated on the pass.
- Published events in the Park of Unity are open to Aurovilians, Newcomers, Volunteers, Pass holders and Guests. Guests should bring their Aurocards.

### The Inner Chamber of the Matrimandir

The Matrimandir is a place for silent individual concentration.

- The Inner Chamber is open to Aurovilians and Newcomers:
 

Monday – Saturday	6.00 AM to 8.00 AM 4.30 PM to 7.30 PM
Sunday	6.00 AM to 12.00 PM 4.30 PM to 7.30 PM
- The Inner Chamber is open to SAVI registered Volunteers:
 

Wednesday – Monday	8.00 AM to 8.40 AM.
Arrival at 7.45 AM at the Office Gate	
- The Inner Chamber is open to Aurovilians wishing to accompany a maximum of 5 close family and friends, no more than once in two weeks, with booking 3 to 5 days in advance at [mmconcentration@auroville.org.in](mailto:mmconcentration@auroville.org.in):
 

Any day except Tuesday & Sunday:	8.00 AM to 8.35 AM
Arrival at 7.45 AM at the Office Gate	
- The Inner Chamber, the Petals and the Gardens are open to the Children of Auroville and the Outreach Schools:
 

Tuesday	9.00 AM to 11.00 AM
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- Auroville units can bring their staff to the Inner Chamber with a prior booking at [mmconcentration@auroville.org.in](mailto:mmconcentration@auroville.org.in):

**Auroville TO PONDICHERRY**

	Trip 1	Trip 2	Trip 3
Svaram Musical Center	7:00	8:50	14:50
Vérité Guest House - Junction	7:02	8:52	14:52
Town Hall - Main Parking	7:06	8:56	14:56
Solar Kitchen (Ex Round About)	7:10	9:00	15:00
Certitude Entrance	7:12	9:02	15:02
New Creation Road	7:17	9:07	15:07
SBI Bank—Kuilapalayam	7:19	9:09	15:09
ECR Junction—Aroma Guest House	7:23	9:14	15:14
Quiet Healing Center—Junction	7:26	9:17	15:17
Lotus Hotel—S.V Patel Salai	7:36	9:30	15:30
Ashram Road Junction	7:38	9:33	15:33
Ashram Dining Hall	7:40	9:35	15:35

**Pondicherry TO AUROVILLE**

	Trip 1	Trip 2	Trip 3
Ashram Dining Hall	8:00	12:15	18:10
Ashram Road Junction	8:02	12:17	18:12
Lotus Hotel—S.V Patel Salai	8:07	12:22	18:17
Quiet Healing Center—Junction	8:17	12:32	18:27
ECR Junction—Aroma Guest House	8:20	12:35	18:30
SBI Bank—Kuilapalayam	8:25	12:40	18:35
New Creation Road	8:27	12:42	18:37
Certitude	8:32	12:47	18:42
Solar Kitchen (Ex Round About)	8:34	12:50	18:44
Town Hall - Main Parking	8:38	12:54	18:48
Vérité Guest House - Junction	8:42	12:58	18:52
Svaram Musical Center	8:45	13:00	18:55

- Single Trip = ₹100 per person
- Monthly Scheme (Students + AV Workers) = ₹1200
- Monthly Scheme (Students + AV Workers) = (One Way) ₹850

Auroville Vehicle Service  
Town Hall, Auroville, 0413 2623302



Join our WhatsApp group of Auroville Bus to get regular updates:

<https://chat.whatsapp.com/Lt43wBCBno1E6CTwoaUt2x>

**EMERGENCY NUMBERS**



**Ambulance (24/7):**

Auroville 94422 24680	PIMS 0413 2656271	
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**Security (24/7):**

Auroville Police Station 0413 2677318	Kottakuppam Police Station 0413 2236148	Vanur Fire Station 0413 2677368
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**Health:**

Health Center 0413 3509942 & 3509943	Santé 0413 2622803	Farewell 89038 36246
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**Mental Health 24/7 Support:**

Vandrevala Foundation +91 99996 66555

**India Emergency Response Service (24/7): 108**