Auroville NEWS & NOTES

No 1091 - A weekly bulletin for residents of Auroville

18 September 2025





PONDERING

You are richer with the wealth you give than with the wealth you keep in your possession.

(Message for the First Annual Conference of the Sri Aurobindo Society) The true fortune is to spend in the right way.

You become truly rich when you dispose of your wealth in the best possible way.

February 1962, The Mother, Wealth and Economics, Words of the Mother III https://motherandsriaurobindo.in/The-Mother/books/words-of-the-mother-III/#wealth-and-economics

THE MOTHER ON AUROVILLE



First Edition 1977, Reprinted 1993, 1999

Sri Aurobindo Ashram Trust,
Pondicherry, India.

Published by Madanlal Himatsingka on behalf of

behalf of Vak Trust, Pondicherry - 605002 Filmset and printed at All India Press, Pondicherry - 605001

AUROVILLE IN ELABORATION

THE ASPIRATION TALKS

Page 94

It seems very difficult to be able to want to achieve any specific thing and at the same time to love everyone. When we begin to want something and try to act with a particular result in mind, immediately we cut ourselves off from everyone who does not agree with that. In practice, how can we do both at the same time?

Page 95

You cut yourself off from people who do not think as you do?

Really,... All the time....
But not a single person thinks as you do!

Of course....
So how can you love anyone?

As long as I don't want anything, it is all right....
Oh!

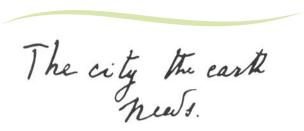
Yes!

(Mother concentrates for two or three minutes before she replies)

It is because when you want something, it is the ego that wants. So, the ego... must be ignored. The first thing to do is not to act for yourself but to act in obedience to the Divine, to express the divine Will.... As long as it is a personal will, a personal desire, it is not the true thing, and you cannot.... Not only is it not the true thing, but you cannot know the true thing!

That must be.... (Mother makes the gesture of rejecting something forcefully) ... expelled!

That is why alone, we are nothing at all. This is life. We do not act for ourselves. We do not act by personal will and for a personal result. We act only by the divine Will and for the divine Will. So much so, that effortlessly, spontaneously, we can have



the deepest affection for our physical enemy. When you have felt that, you will understand.

When we say, "we are at the service of the Divine", it is not just words. It is He who should act through us, not ourselves. The greatest objection is: How can we know the divine Will? But as a matter offact, I am telling you, "If you sincerely renounce your personal will, you will know."

26.5.1970



Emotional Protection

Surrender to the Divine is the best emotional protection. - *The Mother*

Bougainvillea Comm. Ex Juss., Nyctaginaceae. Bougainvillea

NEWS & NOTES GUIDELINES

DEADLINE FOR SUBMISSIONS:

TUESDAY 5PM

The content of News & Notes is a reflection of the growth process of this community towards its ideals of Harmony, Goodwill, and Truth. Editing of submissions, mainly for reasons of space and clarity, is done according to an established policy.

RA NEWS & NOTES - A OUICK GUIDE



What We Publish

- · Working group announcements and reports
- Residents' voices and personal sharings
- · Free cultural events open to all residents
- Information from essential services
- · Content that strengthens community-building in Auroville

Working Groups & Foundation Office Content

- All RA Working Group announcements will be included
- Links to Foundation Office content will be provided without duplication
- Direct submissions from Foundation Office groups will be included as regular content

What We No Longer Publish

- Commercial activities and paid workshops
- · Non-community-focused events
- Content from "Activities & Events," "Food, Goods & Services," and "Classes, Workshops and Healing Arts" sections

Exceptions

We may consider including content that falls outside these guidelines if:

- It is submitted exclusively to RA News & Notes
- It has significant community benefit
- · It aligns with our service-oriented focus

Submission Guidelines

- Deadline: Tuesdays at 5pm
- Email: newsandnotes@auroville.services
- Content must be community-building focused:
 - Open and accessible to all community members
 - Not profit-oriented
 - · Contributing to collective growth or well-being
 - Promoting Auroville's ideals and values
- For further information, please <u>click here •</u> to view our complete FAQ document.
- For past issues or to subscribe, visit: auroville.media/newsandnotes

We thank you for your collaboration and understanding.

DISCLAIMER:

Please note that the opinions and views expressed on these pages are solely those of the respective authors or work groups and do not necessarily reflect the position of the editors or the larger Auroville community. The News & Notes aims to provide a platform for the publication of diverse perspectives and voices from multiple sources within Auroville.

While our editors strive to ensure the accuracy of the information presented, we cannot guarantee that all information is free from error or omission. Additionally, we cannot be held liable for any alleged misinformation provided or offence caused by the content published.

In the event of any dispute, we encourage readers to consult with the Auroville Council, and we reserve the right to suspend the publication of disputed material. Our commitment to providing an open and inclusive platform for dialogue and exchange of ideas remains steadfast.

The News & Notes Team newsandnotes@auroville.services

LIST OF ACRONYMS:

- AVF (Auroville Foundation),
- AVFO/FO (Auroville Foundation Office),
- GB (Governing Board),
- RA (Residents' Assembly)

The following groups are divided in two categories: The groups selected by the Residents' Assembly through Community decision making Processes and the groups put together by the GB and the FO (not recognised by the Residents' Assembly).

Working groups selected by the Residents' Assembly:

- Working Committee (RA WCom)
- Funds and Assets Management Committee (RA FAMC)
- Budget Coordination Committee (RA BCC)
- Town Development Council / L'avenir d'Auroville (RA TDC)
- Auroville Council (AVC)
- Entry Service (ES)

GB groups:

- Working Committee (GB WC)
- Funds and Assets Management Committee (GB FAMC)
- Budget Coordination Committee (GB BCC / GB BCS)
- Auroville Town Development Council (GB ATDC)
- · Housing Service (GB HS)
- Land Board (GB LB)

0	0	0	

NOTE FROM THE EDITORS

NEWS &NOTES

Dear Community,

Here is some important information:

- If you would like to support the RA N&N, please send us an e-mail at <u>newsandnotes@auroville.services</u>.
- Content sent through @auroville.org.in mail ID will only reach us if you use this <u>FORM</u> to submit your content.
- The mail ID to submit content is: newsandnotes@auroville.services
- To request a PRINTED COPY, send us your name and community to our email!

Thank you for your continued support!

In community,

The RA Community Edition News & Notes Team

CONTENTS

01 The Mother on A	urovilla

- 02 Guidelines / Quick Guide / Acronyms
- 03 Note from the Editors / Table of Contents
- 03 WORKING GROUPS NEWS
- 03 From the Entry Service
- 03 GB / FO Groups News
- 04 COMMUNITY NEWS
- 04 Community Sharing
- 04 Under Threat Annapurna Farm
- 05 Residents Speak
- **06** Food for Thought
- 06 Auroville Conversations
- 06 French News & Notes
- 06 Inner Journey
- 07 ANNOUNCEMENTS
- 10 Support Needed
- 10 Looking For
- 11 Available
- 11 Activities at Serendipity
- 12 Activities at JOI Anitya Community
- 13 CULTURAL ANNOUNCEMENTS
- 14 For The Bookworms
- 15 At Cripa
- 16 Food
- 17 Auroville Radio
- 17 Poetry
- 17 Cinema
- 18 Cinema Paradiso
- 19 COMMUNITY SERVICES
- 19 Essential Services
- 19 Health
- 21 Access to the Park of Unity and Matrimandir
- 21 AV Public Bus / Emergency Numbers

WORKING GROUPS NEWS

FROM THE ENTRY SERVICE

ES # 268 DATED: 15-09-2025

The following people have been recommended by the Entry Board to join our community. Please share your feedback within 2 weeks for potential Newcomers, Associates and Friends of Auroville and within 4 weeks for Potential Aurovillians, Returning Aurovillians, Youth and Spouse/Partner of an Aurovillian in writing at auroville.entryservice@gmail.com.

We thank you in advance.

The Admission Committee aka the Entry Board of the Residents Assembly, under section 19 of the Auroville Foundation Act

(Amy B., Don, Fabienne, Grace, Mirco, Sara, Sonja, Vadivel)

AUROVILIAN CONFIRMED

· Vishwa CHUDGAR (Indian)

DIDN'T COMPLETE THE PROCESS WITH THE ENTRY BOARD

Suruthi DURAIRAJ (Indian)

NOTE:

- A Newcomer becomes an 'Aurovilian' once his/her name has been confirmed by The Admission Committee (aka the Entry Board) after following due process.
- The date of becoming 'Aurovilian' is the date of confirmation.
 An Aurovilian confirmed by the Entry Board is eligible to participate in all community decision-making processes.
- The formal administrative step of entering new residents into the Register of Residents (RoR), is done by the Secretary of the Auroville Foundation. For this, a B-Form is filled in and signed by the individual and a meeting with the Secretary is arranged by the Entry Secretariat. However, until such time as the court has made its ruling about Admission and Termination Regulations 2023, the meetings of Confirmed Aurovilians with the Secretary will be pending.



(not selected by due Residents' Assembly process)

FROM THE FO N&N 1096

Please click **HERE** to read the FO groups' news

COMMUNITY NEWS

COMMUNITY SHARING

OPEN LETTER FROM RESIDENTS REGARDING SHOW CAUSE NOTICES FROM "ATR" AND "ATSC" eq

We, concerned residents of Auroville, invite you to sign the open letter addressing the Show Cause notices from "ATR" & "ATSC," which were recently sent to a number of long time Aurovilians.

Please read the letter and add your signature through the following link:

https://forms.gle/jMpmbyuvbywCGpZc6

Your name will remain confidential and will not appear in the letter.

In solidarity,

Concerned Residents of Auroville

CALL FOR GRANT PROPOSALS

A two part-grant application and budget request form is available on request from abundance.pcg@auroville.org.in to apply for possible funding from the Foundation for World Education (FWE) in 2026 and Stichting de Zaaier (SDZ) year end funding for 2025.

Please submit your filled in forms and any other documents related to this purpose as attachments to a covering email addressed to: abundance.pcg@auroville.org.in latest by Monday, 20 October

Questions and early submissions are very welcome, Devi, Pala, Sauro, Tineke, Vani For Abundance (PCG)

AVI ANNUAL MEETING IN TURKEY

23/24TH TO 29TH SEPTEMBER, AREA OF FETHIYE - DALAMAN



MUSHROOM OF AUROVILLE: THE HIDDEN WORLD OF **FUNGI**

Over the last two years we've been surveying the mushrooms of Auroville, and the diversity we found has been amazing- nearly 300 species! Most are decomposers, cycling nutrients on the forest floor, but we also found entomopathogens (insect parasites) and mycorrizal fungi (which form partnerships with trees). We even found one undescribed mushroom which we are suggesting to name Agaricus aurovilliensis!



Want to know more? Check out the full report, follow on instagram





or come wander with us on the next Mushroom Walk.

touch: milladenhollander@gmail.com/ 0031644668946



UNDER THREAT -ANNAPURNA FARM

HTTPS://ANNAPURNAFARM-AUROVILLE.ORG.IN/

ANNAPURNA FARM IS UNDER THREAT FOR A 'SUSTAINABILITY CAMPUS' OF IIT MADRAS



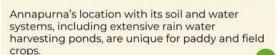
Annapurna Farm, on land purchased specifically for Auroville food supply, has been part of Auroville's food system since the mid-1980s.

135 acres land use by acre

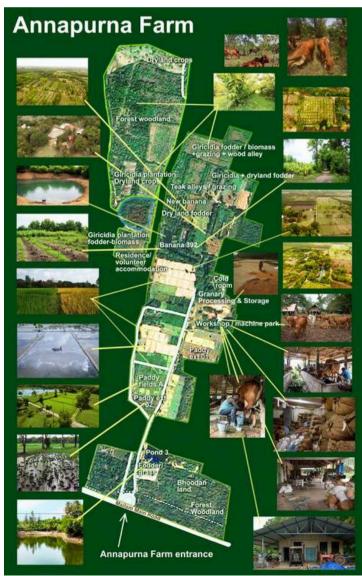
- Field crops 23.25
- Various fruits 6.75Fodder/biomass 30.5
- Forest/live fences 46 Rainwater harvest ponds - 6
- Infra buildings, drying space, roads - 8.5
- · Uncultivated, for grazing - 14

IMO Control (IMO IN) organic certification since

- Processes over 90% of
- grains from all AV farms Supplies 30% of AV
- farms production
- Serves as central granary for 3.000+



The planned IIT campus will include an EV truck testing track, destroying productive farmland to test heavy vehicles.





UNSUSTAINABLE SUSTAINABILITY: Undisclosed MoU with IIT-Madras to flatten a 40 year old productive and certified organic farm to build an EV truck test track.

HOW IRONIC.



RESIDENTS SPEAK



A THANK YOU NOTE

Thank you to Nandini, Prosperity counter and tailoring section for helping creating more wealth in my life. Since I signed up for Nandini, I finally managed to buy myself new clothes whenever I needed it and alter some others that needed improvement. Particularly the tailoring section, who is often busy, has always delivered great tailored work, for the joy of my heart.

Those clothes were not clothes anymore, but drops of joy, entering my life, making it more luminous, one piece at a time.

I am grateful, and wanted to share it with you and the community. Thank you, Elisabeth, the tailoring workers and the women at the Prosperity desk

Chloé

THE HOLY FOOLS OF SHINING VALLEY

A CHILDREN'S STORY FOR GROWN-UPS

Once upon a time, in a beautiful valley where golden sunlight danced through ancient trees, there lived a community of people who had spent fifty years learning to live together in harmony. They called their home Shining Valley, and it was filled with gardens, workshops, schools, and cozy homes that seemed to grow naturally from the red earth itself.

The people of Shining Valley had learned many wonderful things over the years. They knew how to make bread that tasted like sunshine, how to grow vegetables without harming the soil, and how to make beautiful music together even though they came from many different lands and spoke different languages.

The Arrival of the Holy Fools

One day, a group of very serious-looking people arrived in Shining Valley. They wore long, flowing robes that they claimed were "sacred garments" and carried big books filled with complicated rules. They called themselves the Holy Fools, though the valley people thought they seemed more foolish than holy.

"We have come to save you!" announced their leader, a tall man with a very important-looking hat. "We can see that you have been doing everything wrong for fifty years. But don't worry - we know exactly how to fix everything!"

The Holy Fools had read many books about the wise founders of Shining Valley, and they were absolutely certain they understood everything better than anyone else - even better than the people who had actually lived there all these years!

"The founders wanted perfection" they declared. "And we shall give you perfection!"

The valley people were puzzled. "But the founders taught us that perfection grows slowly, like a tree," they said. "They taught us to listen to the land, to work together, to let things develop naturally."

"Nonsense!" scoffed the Holy Fools. "That's much too slow! We have plans! We have diagrams! We have VERY IMPORTANT IDEAS!"

To be continued in the next issue...

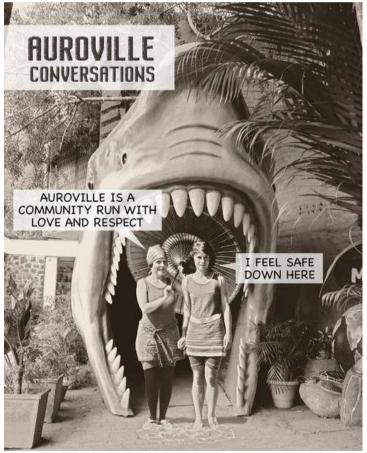
Clam Aduelaie

Author's note: Any resemblance to current events or persons, living or mythological, is purely coincidental and exists only in the reader's imagination.

FOOD FOR THOUGHT



AUROVILLE CONVERSATIONS



Submitted by an Aurovilian

FRENCH NEWS & NOTES

NOUVELLES D'AUROVILLE
Auro – Traductions

Click <u>here</u> or scan the QR code to read the **French** News&Notes.



INNER JOURNEY

INTRODUCTION TO THE INTEGRAL YOGA OF SRI AUROBINDO AND THE MOTHER

Tuesday 23rd September, 9 am - 12 noon Focus: Practice – the Sunlit Path

Led by Ashesh Joshi

Place: Mirabelle Education Centre, Auromodele Ph/Whatsapp: 94891 47202 (Please register)

All are Welcome

SAVITRI SATSANG WITH NARAD

EVERY TUESDAY, 04:30 - 05:15PM

In this deep exploration of Savitri we will study:

- 1. The mantric basis of Savitri
- 2. The importance of iambic pentameter in epic poetry
- 3. The wealth of definitions in Savitri from Sri Aurobindo and Mother
- 4. Music and alliteration in Savitri
- 5. Words defined from the 'Lexicon of the Infinite Mind'
- 6. The Mother's Words on Savitri

We will begin at the beginning, again on Tuesday 1st July, with Canto 4, 'The Secret Knowledge'.

At Savitri Bhavan - Square Hall.

All are welcome to join.

Narad

OM CHOIR WITH NARAD

EVERY TUESDAY, 05:30 - 06:15PM

Please join us in this collective aspiration, in the form of united prayer.

No prior singing experience is required.

At Savitri Bhavan - Square Hall

35

AMPHITHEATRE - MATRIMANDIR

Meditations at sunset with SAVITRI,

Every THURSDAY from 6:00 to 6:30pm

(weather permitting)



Savitri, Sri Aurobindo's long mantric poem, read by Mother to Sunil's music are *on* weekly for everyone to concentrate, in this beautiful open space in the very center of Auroville.

<u>Reminder to all:</u> The Park of Unity is a place for silence, meditation and inner work and is to be used only as such. We request everyone: please do not use cameras, tablets, cell phones, etc. No photos.

Guests with Aurocard wishing to attend must book at https://bit.ly/savitri-reading one or two days in advance or the very day before 11am. Please bring your Aurocard with you.

Access by Office Gate for the Amphitheater only from 5:15pm. Thank you.

Guests are requested to bring along their Aurocards. Last entry for guests at 6:00pm. Access limited for guests to the Amphitheatre Last exit for guests at 6:45pm.

Velmurugan and the Access Team

VIBRATIONAL SOUND BATH

SOUL NURTURING MEDITATIVE EXPERIENCE WITH THE ORIGINAL RUSSIAN SINGING BELLS



TATTVA BODH (WISDOM OF THE DIVINE)

BOOK READING CIRCLE & MEDITATION MARATHON

Weekly Event. Different Days, Different Authors At **Harmony Hall** (*Bharat Niwas*) and Online

It gives me immense joy to finally conceive and put to action, book reading circles with embodiment practices. More sessions per week, more wisdom literature, more meditation tools. Includes interactive book reading, live sound bath, pranayama, yoga, meditation, wisdom audibles, OM chanting, Perception building through Art, journaling and many more activities. A high intense spiritual state is what we need, without any day off. Otherwise, we are bound to get lost in lower worldly consciousness, and inevitably invite pain in our lives. The daily program was the missing plug, and now it's been found. (More books will be added in future).

Program schedule



Please note -

- Embodiment practice will happen in last 30 minutes of 2-hour session.
- Please wear loose comfortable outfits.
- Get notebook/pen to take notes/learnings/journaling.

Minimum contribution -

- Per session INR 200
- One week Enrollment (4 sessions) INR 600
- One Month Enrollment (16 sessions) INR 2500

(This is minimum contribution to meet the Program expenses, more is welcome).

(Aurovilians/ Newcomers excluded, but can donate as per their discretion).

Please contact **Debashish (+91) 76782 08825** for queries. Direct walk-in permitted.

Prior registration needed for online sessions.

Warmly, Debashish

ANNOUNCEMENTS

GUIDED GARDEN TOUR

19TH AUG - 14TH OCT, AUROVILLE BOTANICAL GARDENS

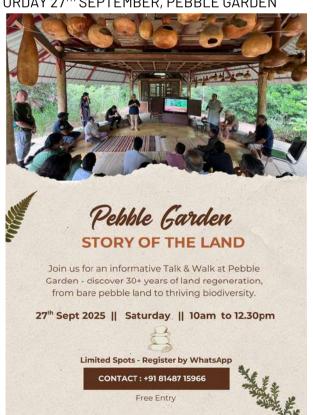


Auroville Botanical Gardens

- Wednesdays and Fridays 9:30 am (about 1.5 hour walk).
- Be on time Bring your water bottle and a hat Meeting point at BG Kitchen .
- Please send us an email to: <u>avbgtours@gmail.com</u> to book your walk.

TALK AND WALK - STORY OF THE LAND

SATURDAY 27[™] SEPTEMBER, PEBBLE GARDEN



THE 2ND EDITION GREEN RIDE - CYCLOTHON 2025

SUNDAY 12TH OCTOBER, CERTITUDE SPORTS GROUND

GREENRIDE CYCLOTHON -2025

EVENT DAY: 12.10.2025

Venue: Certitude Sports Ground, Auroville

Category: Elite Master Amateur

Junior

Register at:



Event Details:

- Event Date: 12.10.2025 / Sunday
- Starting Point: Certitude Sports Ground, Auroville
- Ending Point: Punjabi Dhaba, Auroville Junction, Moratandi Toll Gate
- Distance: 65km for Elite & Master-Men, 47km for Master -Women, Amateur (Men & Women) & Juniors (Boys & Girls), 20km for fun ride inside auroville (All ages above 8 years old)
- Bicycle Type : Only manually driven pedal bicycles are allowed.

Registration Fees include:

T-Shirt, Timing Certificates, Finisher medal, technical support, Hydration support, Medical aid, Ambulance Services and breakfast.

Certificates / Medal / Cash Prize:

- 1.T-Shirt, Medals & Certificates provided to all participants.
- 2. Lucky draw winners: Two Special Prize to overall Men & Women category at the prize distribution time. Names will be picked up in front of all participants.
- 3. Attractive cash prizes for the top 3 positions in each category.

REGISTER AT: www.aurovillesports.in

A NEW ORGANISATION AT THE BUDOKAN OF AUROVILLE

Since July, there's Aikido everyday at Dehashakti budokan!

Adult class

- From Monday to Friday from 6 to 7:30am
- · Advanced class / Saturday from 6 to 8am
- · Weapon class 8 to 9am.

Children Class

· From Monday to Friday, 3:50 to 4:50pm



We also started a new activity:

AÏKITAISO, a zen Body practice to ground the body and the mind.

- From Monday to Friday 8 to 9am
- also Friday evening from 5 to 6pm
- And Saturday 9 to 10am.

CREATIVE VOICE SOUND HEALING

EVERY MONDAY, HALL OF LIGHT, CREATIVITY

HALL OF LIGHT CREATIVITY COMMUNITY AUROVILLE



CREATIVE VOICE SOUND HEALING

EVERY MONDAY FROM 5 TO 6,30 PM

Experience vocal techniques, breathing, toning, singing, dancing, etc

To promote relaxation, self discovery, emotional release, free expression and happiness. We discover our heart voice through singing. **Exploring our different voices** and small instruments.

NO EXPERIENCE NEEDED NO REGISTRATION AUROVILIANS AND NEWCOMER FREE CONTRIBUTION 300 Rs FOR GUEST

CONTACT: lola 9443069335.

YONI DETOX AND WOMB HEALING

19TH - 21ST SEPT, PAVILION OF TIBETAN CULTURE

DIVINE FEMININE EMPOWERMENT

SHAKTI YUGA AWAKENING

AWAKEN YOUR DIVINE FEMININE **ENERGIES**

YONI DETOX AND

WOMB HEALING

A POWERFUL RETREAT FOR WOMEN

- RELEASE ANCESTRAL TRAUMAS
- CLEAR YOUR BLOODLINES
- COME INTO YOUR FULL POWER

SEPTEMBER 19 ,20 AND 21 , 2025

PAVILION OF TIBETAN CULTURE **AUROVILLE**



MASTER TEACHER AND HEALER KUNDHAVI DEV REGISTRATION:9360748665

Embrace the power within you.

The womb is sacred.

Patriarchy has found many ways to repress and suppress woman with everything related to the womb.

All women hold deep and endless ancestral traumas related to sex, child birth and menstruation.

Once the womb is released of all the pain it holds will the divine feminine come truly into her power and be grounded to Mother Earth in higher timelines.

Join us for a powerful retreat in Auroville.

Release all your ancestral traumas through your bloodlines. Start manifesting from a place of complete freedom.

Residential facilities are available for those from out of town.

Register: 93607 48665
Reserve your spot now!

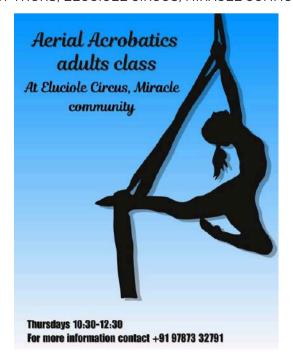
KARAOKE NIGHT

SATURDAY 20TH SEPTEMBER, YOUTH CENTRE



AERIAL ACROBATICS CLASS FOR ADULTS

EVERY THURS, ELUCIOLE CIRCUS, MIRACLE COMMUNITY



HIVE COWORKING SPACE

OPEN HOUSE EVERY FRIDAY, AUROMODE



Are you looking to work, study, create or simply connect with likeminded professionals in a serene place? Step into Hive and experience the Cosy workspace with super-fast Internet, Coffee - **All for FREE** on our Open House.

- · Venue: Hive, Auromode
- Time: 9 am 7 pm
- Visit us at <u>www.auromode.in/hive-coworking</u> for more details on our plans and facilities.
- For inquiries: auromodehive@auroville.org.in / +91 90427 59540 (WA) / +91 70921 97375 (WA) or drop by.

All are Welcome!!!

FREE AI MASTERCLASS FOR ALL

EVERY SATURDAY, HIVE, AUROMODE



Are you looking to transform your future and career with AI? Come Join our **Free AI Masterclass** at Hive Coworking Space facilitated by S M Pandi Subramanian, founder of Enthiram.AI, with over 20 years of pioneering work in AI innovation and solutions.

Open for all, no prior experience needed.

Contact: +91 98867 40850 / auromodehive@auroville.org.in

SUPPORT NEEDED

AUROVILLE DOG SHELTER

MONSOON IS APPROACHING - WE NEED YOUR HELP!

As the monsoon season approaches, the Auroville Dog Shelter is once again facing a critical challenge. For over three years, the shelter has been hoping to build and move to a new, more suitable facility.



However, nothing has happened in all this time, leaving the shelter and our dogs in the original "mudhole" location, which is breaking down more and more every day. We don't know how to get through yet another monsoon season.

The shelter is dealing with several difficulties, including the cessation of crowdfunding in Auroville, we still only receive ₹50,000 per month in funding from Auroville. This has forced the shelter to let go of many staff members, and we are operating with a minimum staff, and had to temporarily pause vital community services like our annual 1,000-dog sterilization project and rabies prevention to keep Auroville and its residents and thousands of visitors safe.

The shelter is still facing continuous attacks, including orchestrated mob actions and coercion of our workers to leave. To this date, Arthur still has not received his visa recommendation letter. However, thanks to your support, along with our partner organizations and wonderful animal-loving individuals, we continue to stand strong in our commitment to serve the AV Community and ensure all animals are cared for.

Please donate!

The shelter is in urgent need of materials to prepare for the upcoming monsoon. The current facility lacks a proper water drainage system, which has led to severe flooding in previous years, with water levels reaching dangerous



heights. We are seeking **donations of building materials**, including:

- · Large plastic sheets
- · Metal pipes
- · Bricks and floor tiles, cement, sand
- Cloth, rice are best deposited in the donation barrel in front of Pour Tous.

Our shelter is also looking for forever homes for some of its dogs. Due to our limited resources, we must reduce the number of dogs in our care. This includes healthy rescued dogs and teenage puppies who have yet to be adopted, which will be released in the coming days. If you are able to adopt, please contact us directly. Many adorable dogs are available and waiting for a family.

- Donate Materials: If you have any of the materials listed above, please contact Arthur at 8122225266 only via WhatsApp message or email <u>aurovilledogshelter@auroville.org.in</u>.
- Donate Financially: You can contribute to FS 251391 or visit <u>www.aurovilledogshelter.com</u> for more donation options.

Auroville needs its dog shelter! Please support us in our ongoing efforts to provide services to the AV Community and get all dogs safely through the upcoming monsoon time!



LOOKING FOR

REQUEST FOR DONATION IN KIND

Dear Friends,

Warm greetings from the Mirra Women's Group.

Established in 2002 as part of AV Arts Services, Mirra Women's Group brings together women of Auroville, the surrounding bioregion, and newcomers through music, art, dance, sports, and educational activities. Our goal is to foster unity, healing, and empowerment across all walks of life.

In response to the emotional and physical challenges brought about by the pandemic, we have redoubled our efforts to create safe spaces for healing and well-being. Currently, we are conducting yoga classes and readings based on *The Mother* and *The Ideal of Auroville* at **Wellpaper** and **Kottakarai School**.

To continue and expand these sessions, we are in need of the following items:

- 4 grass mats
- 15 bowls
- 15 small plates
- 15 glasses

(Used items in good condition are also very welcome.)

We also gratefully welcome donations in the form of **juice or edible items** to share during our gatherings.

If you are able to support us with any of the above, please feel free to reach out. Your contribution will go a long way in nurturing a space of connection and care for women in our community.

With heartfelt thanks,

Grace, Madhi, Suryagandhi

For Mirra Women's Group

Email: grace@auroville.org.in

REFRIGERATOR

I just returned from studying yoga abroad, and my refrigerator is broken. The repair is very expensive. If you have a refrigetor that you're not using and would be willing to donate, please let me know.

I NEED TO KEEP FISH FOR MY CAT.

WhatsApp +91 89036 41845

Ivana.frousova@gmail.com



HEADLAMP/ CYCLE LIGHT

Looking for a headlamp/cycle light which can be charged using a usb (and not batteries). Thank you.

Regards,

Deepa, stigmatad@gmail.com 98115 74667 (no wa)

LOOKING FOR PROFESSIONAL DOG TRAINER

Is there anyone in Auroville or around that knows how to train dogs to walk on a leach?

My dogs just won't move!

Please contact 91598 35835 (WA only no calls) if you can help.

Thank you!

Roro

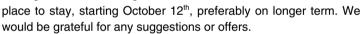


MISSING DOG - DOBBY



HOUSESITTING OR GUESTHOUSE

We are a couple (39 + 41) working as volunteers in Auroville for a year. We are looking for a house-sitting or another



Best, Simon & Valérie. Contact: +918438 923946

LONG TERM HOUSESITTING FROM SEPTEMBER



Hi Auroville family, my name is Dave, I'm Aurovillian and I'm looking for somewhere to call home for at least next 6 months.

Please get in touch if you know of anything.

Warm Regards,

Dave

M: +44(0)7564 119 728

E: djsevans87@gmail.com

LOOKING FOR HOUSE SITTING

Dear Community,

I am Enzo, Aurovilian, originally from Italy and I am looking for a house sitting, if possible a long-term one. Starting from now or from October on.

I am a single, neat, clean, quiet, reliable and respectful person.

Please reach out on +91 86676 48515 or solespazio@gmail.com

With love,

Enzo

LARGE CLEAN TETRAPACKS



AVAILABLE

FOR TAKING:

- · One corner sink.
- One Western toilet (damaged during removal but still functions. Broken part could be cemented over. See pictures).
- Photos: https://photos.app.goo.gl/eZJTopSQdbk99FPM8

Contact Island 75981 03616



ACTIVITIES AT SERENDIPITY

SERENDIPITY CLASSES

(Ex. Joy Community in front of Center GH)

Center Field, Auroville - 605101, TN, India Landline: +91 (0)413 350 9950

Mobile/Whatsapp: +91 93856 23342 Email: <u>serendipityauroville@gmail.com</u>

Email: <u>serendipityauroville@gmail.com</u> https://serendipity.auroville.org

https://www.facebook.com/serendipityauroville



REGULAR CLASSES:

Hatha Yoga with Ramesh

· Monday and Thursday from 5:30 - 6:30pm

Ramesh offers hatha yoga classes with some vinyasa flow and include pranayama, traditional sanskrit mantra chanting, and meditation. The style is gentle, adaptive and progressive where passive, gravity-assisted poses are mingled with dynamic vinyasa-style flow as needed. He places a lot of focus on breathing and body-mindfulness during the practice. It is ideal for beginners to intermediate-level practitioners. You will be exposed to authentic Sanskrit terms and their correct pronunciation. The practice will be rejuvenative and restorative. These specific classes will be on donation basis even for guests.

Traditional Sanskrit Mantras with Sonia

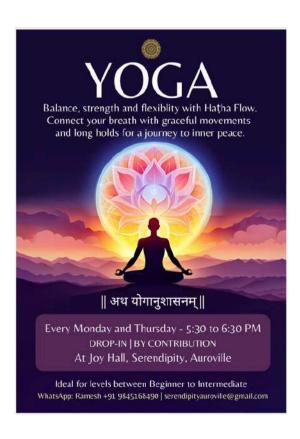
Friday from 5 - 6pm (Regular students only)

In the recitation of Sanskrit Mantras the sound is very important, and the specific pitches and strict rules of intonation and syllabic length should be learned according with the tradition of the great masters of the past, who figured out how to use the voice to calm the mind and attune the practitioner to the more subtle levels of the "sadhana" or spiritual path. Through the harmonic rhythm, repetition and participation in the singing, the mind reaches more clarity, concentration and tranquility.

Private Classes on request (for groups or individuals)

- Hatha Yoga with Ramesh for more details contact Ramesh at: +91 98451 68490
- Traditional Sanskrit Mantras with Sonia for more details contact Sonia at: +91 89402 88090





ACTIVITIES AT JOI - ANITYA COMMUNITY

JOURNEY TO INNER PEACE : HOLISTIC HEALING SERVICES JOI ANITYA



Located in the peaceful environment of Auroville's Centerfield, the Joy of Impermanence—Anitya Community Project offers a variety of holistic services to support your body, mind, and spirit. Our experienced practitioners provide a range of practices to help you relax, heal, and grow, guiding you toward balance and well-being.

- Location: Anitya Community, Centerfield, Auroville (500m after Center GH). Road work is ongoing so follow the sign after Nandanam School.
- Bookings: For more information or to schedule a session, please contact the practitioners directly (preferably via WhatsApp messages).

Thai Yoga Bodywork with Andres

• Contact: +91 97516 07501

Combining elements of yoga, acupressure, and assisted stretching, Thai Yoga Bodywork is designed to release tension, improve circulation, and enhance flexibility. This therapeutic practice helps restore balance to your body and mind through gentle, rhythmic movements.

Andres is also a **Hatha Yoga** teacher with over 15 years of teaching experience. Trained in Ashtanga, Dharma Yoga, Breath-Based Yoga, and Bhakti Yoga, he now focuses on Vinyasa Flow, connecting movement with breath in a smooth, energizing way. He can design a class just for you, whether you seek strength, flexibility, inner calm, or spiritual connection. Session can also include pranayama (breathing practices) and mantras for a deeper experience. Contact him for more info.

Integral Unfoldment Coaching with Dave

• Contact: +44 75641 19728

A transformative life coaching approach blending Internal Family Systems (IFS), Focusing, and the Diamond Approach to explore your inner world, integrate all parts of yourself, and unfolding your unique potential for personal transformation.

Dave is also offering Sacred Song Circles: Singing from the heart and Authentic Relating: Relational Group Games. Contact him for more info.

Relationships as a Spiritual Practice with Prem Shakti

• Contact: +91 94892 44823

Prem Shakti guides individuals and couples to explore connection not just as an emotional exchange, but as a sacred journey. Drawing upon tools like Nonviolent Communication (NVC), Authentic Relating, circling, and embodiment practices, she supports participants in cultivating deep listening, emotional intelligence, presence, and compassionate connection.

Prem Shakti also focus on **Spiritual Weddings & Ceremonies**, creating spiritually rich, non-religious ceremonies such as conscious weddings, vow renewals, engagement rituals, and bridal blessings. She is also a **Dances of Universal Peace** leader. Contact her for more info.

Re-turn to your (Flower) Essence with Louise Rose

• Contact: +91 73053 73562

Flower medicine ceremonies (for individuals or groups). Blending Naturopathy, Dance & Somatic therapy, and Sonic Healing. Through a holistic Naturopathic approach; you will be guided to work with plant oversouls as allies, to explore your subtle, emotional and physical landscape. These sessions support reconnection to Inner and outer Nature.

*Tailor-made tinctures, herbal teas and aromatherapy blends provided for both group circles and 1 on 1 sessions.

PLAYCIRCLE

EVERY WEDNESDAY AND FRIDAY, THAMARAI HALL, ANITYA COMMUNITY

A new activity at JOI Anitya to rediscover the joy of play!



Come and join our new PlayCircle: a mix of games, laughter, and body interactions for a fun and safe experience. The perfect way to move, connect, feel your body and your emotions, and play like kids again!

- Open to all (15+). No experience needed. Come with sports clothes.
- Facilitated by Camille, trained practitioner (info by WA +33 6 77 79 35 14)
- Dates and timings: Every Wednesday and Friday from 4:30 to 5:45pm
- Location: Thamarai Hall in Anitya community, follow the signs from Center Field
- No contribution required from AV/NC/volunteers. 50inr for guests.

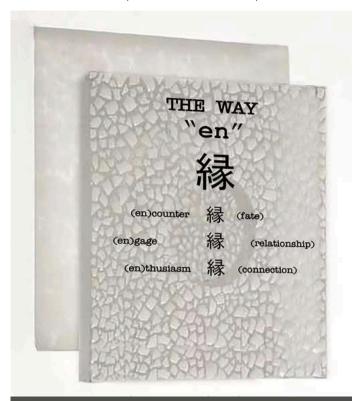
Join the Whatsapp Group to be updated https://chat.whatsapp.com/HrC6BMw1gvV7HgMthTDHx8



CULTURAL ANNOUNCEMENTS

"EN" - SONO KUWAYAMA AND BOB HOLMAN

MONDAY 22ND SEPT, MULTIMEDIA ROOM, CENTRE D'ART



An encounter/conversation/talk/collaboration with Japanese-American artist Sono Kuwayama and U.S. poet Bob Holman

Monday 22 September at 5pm

Centre d'Art, Auroville

"EN" - An encounter/conversation/performance/talk/collaboration with Sono Kuwayama and Bob Holman.

Monday 22nd September at 5pm in Centre d'art Multimedia room.

Sono Kuwayama and **Bob Holman** will land in Auroville at the end of their most recent journey through India, as the final island of their project Art Path into the Interior of India, with inspiration stops along the way at art communities, galleries, performance spaces, and homes, sharing cultures and ideas in the spirit of collaborative art.

Their talk-performance at Centre d'Art will create a space for collective exchange through language, memory, and consciousness. They see a community as a work of art itself. For them, an openness to art can transform a community.

Everybody is welcome!

There will be a lottery for a poetry portrait by Bob for those who stay till the end.

Bob Holman

Bob Holman is a well-known American poet and poetry activist, most closely identified with the oral tradition, the spoken word, and poetry slam.

https://bobholman.com/

Sono Kuwayama

Through her work, Sono Kuwayama is interested in exploring the relationship of the tangible and intangible; natural forms and manmade forms; the point between tension and harmony; movement and stasis.

https://www.sonokuwayama.com/

TOGETHER BY P. SARAVANAN

5TH - 24TH SEPTEMBER, CENTRE D'ART





LE PAVILION DE FRANCE PRESENT GAME NIGHTS

EVERY WEDNESDAY, FRENCH PAVILION

LE PAVILLON DE FRANCE AUROVILLE PRÉSENTE





OPEN TO ALL LEVELS EVERY WEDNESDAY, 4:00 TO 5:30 PM AT FRENCH PAVILION - INTERNATIONAL ZONE



FOR THE BOOKWORMS

NOW AVAILABLE : MÉMOIRE D'UN AUTRE MONDE - TOME II - RENAISSANCE



The second volume of Memoire d'un autre monde has now been printed.

It is available at the Book Store at the Visitor Center, the Library on the Crown Road and at LOE. And of course can be purchased

Thank you, *Cristo*

here.

MAKE A WISH - BOOK & BOOKMARK EVENT

SATURDAY 20TH SEPTEMBER, AUROVILLE LIBRARY



Dear children, parents, educators, artists of life *cum* lifelong learners.

You are warmly invited to a sharing of a colouring book *Make A Wish*, along with some poetic & playful bookmarks. Come to hear the "stories" that led to these creative expressions, sing a special "Birth-Day" song, create & connect...

- Time: 10-11:30am, 20th September (Saturday)
- Venue: Auroville Library

Free entry. Your presence and inputs most welcome. Voluntary contribution for 1-3 bookmark(s) each. Suggested contribution for the use of the book.



AUROVILLE LIBRARY

THEME OF THE MONTH

Every month, we choose a topic and set up a display of books from our collection.

This month's theme is SPORTS!

Come by to check out our selection!



TIBETAN PAVILION LIBRARY

Dear all.

This is to your information that we are going to open the library to the readers we have vast collection of books on **Tibetan history**,



Buddhism, medicine, environment and etc, and also a section of books on India, China, Bhutan and spiritual books on Sri Aurobindo and the Mother.

Our opening hours are:

- · Monday, Tuesday Wednesday mornings
- Open from 10:30am to 2:00pm.

All reader's are invited.

We will be closed on the national holidays.

We look forward of seeing you in Tibetan pavilion,

Submitted by Kalsang

On behalf of Pavilion Of Tibetan Culture International zone

ABOUT AUROVILLE PRESS AND A NEW BOOK

Like many other units or activities, Auroville Press has been struggling in order to remain afloat and alive. In spite of the difficulties, we have tried to remain active and creative, according to the famous principle involved in cycling: if you remain immobile, you fall....



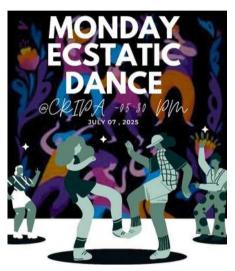
Recently, we have published a new little book/object made with handmade paper, entitled "Tell me O Swan!" This is a poem by Kabir, translated by Tagore. As in the Vedas, the *Hamsa* (swan or wild goose) is the symbol of the soul. In this poem Kabir reflects on the tribulations of the soul and its ultimate goal.

If you have a few minutes, go to the Visitors center bookshop and look at the book. You don't need to buy it, we know that the financial situation of many is more than difficult. Just look at it and tell us if you like it. Or don't tell us, just think of us....

With love, Christine and Jayalakshmi

AT CRIPA

MONDAY ECSTATIC DANCE



Get rid of your Monday blues

And get into your Monday grooves.

Enjoy the community spirit of dancing together and celebrate your own ecstatic inner journey.

Live.Breathe.Dance

Free entry - donations encouraged

Mondays from 30th June - 1st September

§ 5:30 - 7:30pm

📍 Cripa, Auroville

GARBA IMMERSIVE WORKSHOP WITH MEGHA

TUESDAYS



Over the next three months, you'll immerse yourself in the tradition of Indian folk dance.

Free entry - donations encouraged

Tuesdays from 1st July - 30th September

9 4:45 - 6pm

† Cripa, Auroville

(+91) 88707 30567

PIANO RECITAL BY GREGORIO CORCIONE

FRIDAY 19TH SEPTEMBER



He'll be playing pieces by Beethoven, Debussy, Rachmaninoff and Liszt.

We highly recommend you come see this young rising talent IIII

Friday 19th September

♪ 7:30pm

📍 Cripa, Auroville



F₀0D

FOOD FOREST TOUR & SUNDAY BRUNCH

EVERY SUNDAY, LA FERME COMMUNITY



Every Sunday, 9-11 AM

La Ferme Community (5 min from AV Bakery)



WhatsApp Sarah: 9047421044 www.myfoodforest.in

WHITE WEDNESDAYS @ TIBETAN PAVILION

3^{RD,} 10^{TH,} AND 24TH SEPTEMBER

Dear all.

We are resuming White Wednesday! Lhakar Sang! Momo on Wednesday.

We kindly request you to register in advance by **5pm Tuesday evening**, there will be no reservation taken after the given hour. This is avoid food waste.

- 3rd, 10th, and 24th September, see you soon.
- To register WhatsApp to 84790 67332.

Warmly Kalsang

RIGHT PATH CAFE, VISITORS CENTRE



NATURALLY FIZZY, PROBIOTIC-RICH, AND ALIVE WITH CULTURE – LEARN TO BREW YOUR OWN WILD DRINKS AT HOME

EVERY SATURDAY, MARC'S CAFE STORE



Learn how to make amazing fermented drinks with Matilde

This beginner-friendly workshop is all about reconnecting with ancestral microbes and learning to make naturally carbonated, healthful beverages using traditional methods. No commercial yeast, no fancy equipment—just real ingredients, wild starters, and intuitive brewing.

What you'll learn to make:

- Kombucha from brewing basics to bottling and flavoring
- Tepache a traditional, naturally fermented pineapple drink
- Ginger Ale & Wild Sodas crafted with fruit, herbs, and wild starters
- Wildcrafted Fruit Vinegar zero-waste, nutrient-rich, and easy to brew

WHEN: Every Saturday 10 am - 12 pm at CLC

WHERE : on top of Marcs Cafe Store

contact@marcscoffees.com for more info

AUROVILLE RADIO

Dear Aurovilians,



Your favourite radio is always working for you. Stay tuned!

Last published podcasts:

- Marlenka's weekly Offering Ep.151 (Literature)
- Sri Aurobindo's "The Life Divine" read by Deepti Tewari-B 1, C 5: "The Destiny of the Individual" (Sri Aurobindo)
- <u>Une série hebdomadaire de lectures par Gangalakshmi –</u>
 <u>Ep.509</u> (Integral Yoga)

Latest Youtube Video:

 Sri Aurobindo's The Life Divine read by Deepti Tewari | Book 1 - Chapter 2

....and more! on www.aurovilleradiotv.org.
For more information write to radio@auroville.org.in

Peace and love

Regards, Sai Priya for Auroville RadioTV

POETRY

Twist n Turn

Blame who?

They are all you. Spout poison,

You kill your own person.

Demand violently human unity, But all is already unity in diversity.

Imposing a me-only attitude
Ensures a rich harvest of hatred.

But as we say 'no pain no gain'
And hell the shortcut to heaven,

Then it is Divine Love and Oneness

That will tip the balance From a life markedly undivine To a felicitous Life Divine.

Anyway, no mere human
Can stop the ever-hastening

And globally intensifying Supramental rEvolution However much twist n turn.

You will just self-burn.
And so We All as One
Unfolding Self-correcting union

Dynamically continue on With our own evolution,

Some in conscious preparation,
Towards the Divine Manifestation
Of a totally absolutely new species

With a divine modality of existence
That is the Supramental beingness

Kickstarted by the Dual Avatar Sri Aurobindo and the Mother

Founders of Auroville the City of Dawn

Where we are now rocking n rolling, Pushing n pulling, to turn the poison

Into the nectar of immortal vibration,
A shared divine condition

Of all who joined in the preparation For the Life Divine.

2025.09.14

PS: This poem is a continuation of a post titled 'Twisted' that I shared with the Auroville community as a reminder of why we were invited to participate here in the City of Dawn:

https://zechjoya.blogspot.com/2025/09/twisted.html



For readers of the printed version, please scan the QR Code or go to this blogsite and open the post titled 'Twisted':

https://zechjoya.blogspot.com/

Zech

CINEMA

NEW MOON MOVIE

TUES 23RD SEPT, MULTIMEDIA ROOM, CENTRE D'ART, CITADINES

Every New Moon day, Art movie screening at Centre d'Art, Citadines.

This month it will happen on **Tuesday 23rd September at 5pm**, in the Multimedia room.



Following the performance of Bob Holman and Sono Kuwayama on Monday 22nd, two New Moon Movies, dedicated to the Beat Generation, will be screened on Tuesday 23rd.

• **Ginsberg's Karma** by Ram Devineni and Bob Holman, 2021, 25m, original version in English.

Ginsberg's Karma is an insightful and entertaining look at a transformative phase in the poet Allen Ginsberg's life -- his first trip to India and how it changed him and the people around him. His adventures and what he experienced in India is the bridge between the Beat generation of the 1950s to the hippie counterculture of the 1960s in America.

• The Source by Chuck Workman, 1999, 1h 28m, original version with English subtitles.

The Source, a film of the Beat Generation, is a compelling film about the writers and personalities of the Beat Generation. The Source is both a documentary and a dramatization. Although the film focuses on Allen Ginsberg, Jack Kerouac, and William S. Burroughs, it also features Lawrence Ferlinghetti, Gary Snyder, Gregory Corso, and Ken Kesey. Interspersed among the mainly chronological chapters are passages from the works of Ginsberg, Kerouac, and Burroughs read by actors John Turturro, Johnny Depp, and Dennis Hopper.

Everybody's welcome.

Cinema Paradiso

Multimedia Center (MMC) Auditorium

Film program: 22nd - 28th September 2025



Cinema Paradiso-Multimedia Center is operating at 100% seating capacity. Seating starts about 15 mins before screening and stops as the film starts. Kindly arrive in time.

A reminder not to use cell phone for any reason while the program is on, and no food/beverage to be taken inside the hall.

INDIAN - MONDAY 22 SEPTEMBER, 8:00 PM:

METRO IN DINO

India, 2025, Writer-Dir. Anurag Basu w/ Anupam Kher, Neena Gupta, Saswata Chatterjee, and others, Drama-Romance, 162mins, Hindi w/ English subtitles, Rated: U/A (PG-13)

In a city pulsing with chaos, Kajol and Monty face a crumbling marriage, while Parth and Chumki wrestle with untimely love. Across generations, eight lives collide through heartbreak, secrets, and second chances. As desires shift and truths emerge, each must choose between comfort, courage, and the cost of connection. In a city that never stops, love takes its chances.

POTPOURRI – TUESDAY 23 SEPTEMBER, 8:00 PM:

• LA HAINE (HATE)

France, 1995, Writer-Dir. Mathieu Kassovitz w/ Vincent Cassel, Hubert Koundé, Saïd Taghmaoui, and others, Crime-Drama, 98mins, French-Yiddish w/ English subtitles. Rated: NR (R)

This film is being brought to you in collaboration with Alliance-Française. In the aftermath of a brutal riot, three young men—Vinz, Hubert, and Saïd—navigate a tense 24 hours in the Parisian suburbs. With a stolen gun and simmering rage, they confront police, poverty, and each other. As tempers flare and loyalties shift, the line between survival and tragedy grows dangerously thin. What we hate, we often become. Winner of Best Director at Cannes, this landmark of French cinema offers a raw, unflinching look at urban unrest and police violence.

SELECTION - WEDNESDAY 24 SEPTEMBER, 8:00 PM:

• DER UNTERGANG (DOWNFALL)

Germany-Austria-Italy, 2005, Dir. Oliver Hirschbiegel w/ Bruno Ganz, Alexandra Maria Lara, Ulrich Matthes, and others, 156mins, German-Russian-French-Hungarian-English w/ English subtitles, Rated: R As Berlin crumbles under Allied bombardment, Hitler retreats into his bunker with his inner circle. Traudl Junge, his young secretary, bears witness to the final days of the Third Reich. Paranoia deepens, loyalty fractures, and history closes in. A chilling portrait of power unraveling in real time. Power fades. Memory endures. Acclaimed for its stark realism, the film sparked global debate with its humanized portrayal of Hitler's final days.

INTERESTING - THURSDAY 25 SEPTEMBER, 8:00 PM:

F FOR FAKE

France-Iran-West Germany, 1975, Dir. Orson Welles-Gary Graver-Oja Kodar w/ Orson Welles, Oja Kodar, François Reichenbach, and others, Documentary, 89mins, English-French-Spanish w/ English subtitles. Rated: PG

A dazzling blend of truth and illusion, this film follows master art forger Elmyr de Hory and biographer Clifford Irving, who famously faked a Howard Hughes memoir. Narrated with playful misdirection, it blurs the line between documentary and fiction, challenging viewers to question what's real, what's fake, and why it matters. This film is a landmark in cinematic experimentation.

EVERY CONTRIBUTION COUNTS

INTERNATIONAL - SATURDAY 27 SEPTEMBER, 8:00 PM:

• A NICE INDIAN BOY

USA, 2024, Dir. Roshan Sethi w/ Karan Soni, Jonathan Groff, Sunita Mani, and others, Romance-Comedy, 96mins, English w/ English subtitles, Rated: NR (PG-13)

Naveen, a reserved doctor, falls for Jay, a bold photographer with a bohemian streak and a complicated past. When their love collides with family expectations and cultural fault lines, a wedding becomes a battleground for identity, truth, and belonging. What begins as romance unfolds into a reckoning with tradition and self. Love thrives in beautiful chaos.

CHILDREN'S MATINEE - SUNDAY 28 SEPTEMBER, 4:00 PM: • NEZHA: MO TONG JIANG SHI (NE ZHA)

China, 2019, Wrier-Dir. Yu Yang w/ Yanting Lü, Joseph, Mo Han, and

others, Animation-Fantasy, 110mins, Mandarin-Chinese-English w/ English subtitles, Rated: PG

Born from a cursed pearl, Ne Zha is feared as a threat. But with fiery courage and loyal friends, he defies fate to become a hero—proving even misfits can save the world.

CLASSIC WORLD CINEMA @ CINÉ-CLUB CINÉ-CLUB SUNDAY 28 SEPTEMBER, 8:00 PM:

• THE SECRET OF SANTA VITTORIA

USA, 1969, Dir. Stanley Kramer, w/ Anthony Quinn, Anna Magnani, and Others, Comedy, Drama, 139mins, Italian-German w/ English subtitles, Rated: PG.

In a vineyard-rich Italian town under Nazi occupation, Mayor Bombolini leads locals in a clever scheme to hide thousands of wine bottles from German troops. They offer a token supply to appease Captain Von Prum, who grows suspicious and launches a relentless search for the hidden treasure beneath their feet.

Rating codes we often use are from Motion Picture Association of America (MPAA): G= General Audiences, PG= Parental guidance suggested, PG-13= Parents strongly cautioned, R= Restricted (equivalent to Indian rating: A i.e., for Adults), NR= Film Not Rated, Rating awaited.

To organize a seminar/program at MMC Auditorium, kindly email us at mmcauditorium@auroville.org.in.

<u>Support MMC-CP: Every Contribution Counts</u>: Like cultural spaces worldwide, MMC-CP relies on local financial support to thrive. If you value the films and programming we offer, consider a one-time or recurring donation via the Unity Fund to Account #105106, or contribute directly at the venue.

If you have an innovative fundraising idea and are willing to take it forward, we'd love to hear from you. Write to share your proposal and let us know how you'd like to be involved at mmcauditorium@auroville.org.in.

Thanking You,
MMC/CP Group Account #105106,
mmcauditorium@auroville.org.in

COMMUNITY SERVICES

ESSENTIAL SERVICES

AUROVILLE'S FINANCIAL SERVICES (AVFS)

• Timings: Monday to Saturday, 9am - 12:30pm, and 3pm -

4:30pm

• Phone: 0413 2622171

• Email: financialservice@auroville.org.in

ELECTRICAL SERVICE (AVES)

• Timings: Monday to Saturday, 8am - 4:30pm

 Phone: 0413 2622132 / 94888 68747 for fault works, repair works and job works

0413 2622264 for clarifications reg. electricity bills, job and repair works bills

• Email: aves@auroville.org.in

GAS BOTTLE SERVICE

• Timings: Monday to Saturday, 9am - 1pm and 2pm - 4pm

• Phone: 0413 2622452

• Email: avgasservice@auroville.org.in

WATER SERVICE

 Monitors water lines and supply within AV, undertakes water-related jobs.

 Timings: Monday to Saturday, 8am - 12pm and 2pm -4:30pm

4:30pm

Phone: 0413 2622877, 89035 53246
Email: <u>avwaterservice@auroville.org.in</u>

ECO SERVICE (WASTE COLLECTION/MANAGEMENT)

• Timings: Monday to Saturday, 8:30am - 12:30pm, and

1:30pm - 4:30pm • **Phone:** 63796 69034

• Email: ecoservice@auroville.org.in

POUR TOUS DISTRIBUTION CENTRE (PTDC)

• Timings: Monday to Saturday, 9am - 5pm

Phone: 0413 2622746 / 2622796
 Email: ptdc@auroville.org.in

POUR TOUS PURCHASING SERVICE (PTPS)

• Timings: Monday to Saturday, 8:30 am - 5pm

• Phone: 0413 2622152

AUROVILLE LIBRARY

Timings:

Mornings:

· Monday to Saturday: 9am - 12:30pm

Afternoons:

· Mon, Wed, Thurs, Fri & Sat: 2pm - 4:30pm

Tuesday: 4pm - 6:30pm

Children's Storytime! All ages welcome!

• Every Saturday between 10am - 11am.

Phone: 0413 350 9191Email: avlib@auroville.org.in

· Website: http://library.auroville.org.in/



Roy T. Bennett

HEALTH

SANTÉ SERVICES IN SEPTEMBER 2025

Working Hours:

Monday - Saturday: 9:00 - 12:30pm & 2:00 - 4:30pm

Tests and Sample collection:

Monday - Friday: 8:30am - 12:00pm No sample collection on Saturday

For emergencies, contact:

Auroville Ambulance (24/7) - Phone: +91 94422 24680 Government Ambulance (24/7) - Phone: 108

Appointment

Please call Santé (0413) 262 2803 during working hours for an appointment.

Doctor Consultation with Dr. Joseph, Dr. Pavan & Dr. Sana:	Nurse Care - Thilagam, Ezhil, Archana & Sandhya:		
Monday to Saturday	Daily: no appointment needed		
Ayurveda with Dr. Berengere: Tuesday / Wednesday / Friday (TOS 9 th onwards)	Integrative Psychotherapy with Juan Andres: Monday to Friday		
Physiotherapy & Massage with Galina: Monday to Friday	Homeopathy with Michael: Monday / Wednesday / Saturday		
Midwifery & GYN Care with Paula: Monday & Wednesday	Soundbed Session with Sandhya / Thilagam: Monday to Saturday		

Bio-Well Assessment (Evaluation of your well-being) with Helena – inquiry email <u>adminsante@auroville.org.in</u>

In Santé, we value our patient's confidentiality and make every effort to ensure their privacy.

In case of cancellation or to reschedule, it is necessary to inform us in advance.

HEALTH CENTER - KUILAPALAYAM

Contact: (0413) 3509942 / 3509943 **Pharmacy**:

8:00am - 5:30pm Monday to Saturday

Doctor Consultation:

 8:30am - 5:00pm Monday to Friday (1 - 2pm Lunch Break)

• 8:30am - 1pm (Saturday)



DENTAL CLINIC - KUILAPALAYAM

• Timings: Monday to Saturday, 9am - 5pm daily

Phone: 0413 2622007/ 2622265

• Email: aurodentalcentre@auroville.org.in

NURSE SERVICES

My name is Madhi and I'm 27 years old. I was born and brought up in AV.

I have done my bachelor degree in B.SC (Nursing) and I have more than three years experience as a Staff Nurse in hospital (one year in psychiatric ward, six months in ICU and six months in emergency) and giving care for elderly people in AV for the past 2 years.

Services:

- · Patient assessment and care plan.
- · Medication administration.
- · Vital signs monitoring.
- · Wound care.
- · To provide blood and lab test .
- · Personal care assistance.
- · Patient education.
- · Fall prevention strategies.
- Providing assistance with bathing, dressing, grooming, and toileting needs.
- Communication and collaboration with physicians.
- · Documentation of medical reports.
- · End-of-life care.

If you need any assistance please do contact the below mentioned email or contact number.

Contact: 95972 22826 (Madhi) call/WhatsApp E-mail Id: <u>madhiazhagan014@gmail.com</u>

AYURVEDA TIPS FOR RAINY SUMMER



Late summer, with its amount of rains, brings lots of humidity and dampness in the air that affect the body and its Dosha in many different ways: Pitta ferments and shows signs of acidity, bloating, inflammation or strong body odour, lots of stagnation and retention felt in the digestive tract. Emotionally unhealthy Pitta becomes bitter, impatient and frustrated in the mind or the heart. Vata gets cold and makes the joints more painful with an irregular digestion and bowel movements and mind might be imbibed with anxious thoughts, worries or lack of concentration.

We can help ourselves with the following recommendations:

With the food

- Eat only when hungry and eat the appropriate amount (both hands joined together is the size of the stomach)
- Take a warm, cooked meal with any spices to improve the digestion (eg: ginger, turmeric, black pepper, cumin, coriander, cinnamon, ajwain, basil, garlic etc)
- Eat green leafy vegetables, take light dishes made of mung dal, vegetable soups... all pulses and dal are good when cooked with spices (all spices are good apart from red powder-chilli powder)
- · For non-vegetarian, eat white meat or small fishes
- Drink warm water all day long (especially when there's a sore throat)
- Dinner should be light and taken 2 hours before going to bed

- Give energy to the body with cereals and grains such as: amaranth, barley, cooked oats, granola, rice
- · Honey is the best sweetener
- Ghee used for cooking and Sesame and Olive oils for dressings
- · Chew some neem or Tulsi leaves.

Some immunity enhancers:

- **Giloy/Guduchi** (Tinospora cordifolia): a very good immune regulator; 1tsp of powder morning and evening in warm water
- Amalaki (amla): full of vitamin C; consumed fresh if available or in powder
- **Turmeric**: Anti-inflammatory, can be used for gargling with warm water and a pinch of salt
- Tulsi (Ocimum tenuiflorum/sactum): for the lungs, fresh leaves in warm water
- Ashwagandha (Whitania somnifera): immune regulator and calming the nervous system; 1tsp morning and evening in milk or warm water
- Ginger Turmeric Black pepper powders (Be No1): improves digestion and energy, ½ tsp with warm water or lemon juice + honey once or twice a day
- Tulsi Cinnamon Amla Ginger Turmeric Black pepper powders (Be No3): as prevention or in case of cold, cough, flu, feverish state, body ache, ½ tsp with a sip of warm water or lemon juice + honey once a day if it's preventive, 3 times a day before food if there are symptoms
- · Saffron, aloe vera, licorice herbal infusions
- Chyavanprash Avaleha: 1 tsp in the morning with breakfast.

Special treat for joint pain and inflammation:

- Shallaki Cream or Oil mixed with Castor Oil (Eranda Tailam): massage twice a day the painful joint, it's a painkiller and anti-inflammatory
- Rosemary Essential Oil: 1 or 2 drops with the massaging oil and apply locally. It's anti-inflammatory
- Shallaki Tablets: for arthritis, muscular pain, joint inflammation
- Triphala Guggulu Tabs: to reduce bloating, swelling, inflammatory conditions, 1 or 2 tabs per day before meals (use for short period).

In the activities, help Pitta and Vata to be centred and grounded:

- Be grounded in the heart or abdomen with Yoga, Pranayama, Meditation, observing the breathing movements in the abdomen, Yoga Nidra, Body Awareness, Qi-Gong, Tai Chi...
- · Regular exercise, 30 minutes daily
- · Gardening, cultivating, weeding, cooking
- Keep warm, take warm showers, cover your neck from chilled breeze
- Gargling with salty water if sore throat
- Oil pulling with 1 Tbsp of sesame or coconut oil, keep in the mouth for some time, spit it out and rinse the mouth with warm water (can be done early morning or at bedtime after brushing the teeth)
- Nasya: pour 2 drops of sesame oil or Anu Tailam in each nostril once a day
- 4-5 drops of Castor Oil in the belly button followed by slight massage around the umbilicus at bed time
- Fragrances: sandalwood, rose, jasmine.

Let's be all well, happy and healthy. Be at Santé Clinic





ACCESS TO THE PARK OF UNITY AND MATRIMANDIR

The Park of Unity

The Matrimandir, the Petals, the Lotus Pond, Banyan Tree are areas of SILENCE

- The Park of Unity is open to Aurovilli ewcomers
 Daily: 6.00 AM to 7.30 PM
- Aurovilians may bring and friends to the Gardens Daily: 9.00 AM to B
- Volunteers a pass to enter the Park of Unity. Timings and be indicated on the pass.
- Published events in the Park of Unity are open to Aurovilians, Newcomers, Volunteers, Pass holders and Guests. Guests should bring their Aurocards.

The Inner Chamber of the Matrimandir

The Matrimandir is a place for silent individual concentration.

• The Inner Chamber is open to Aurovilians and Newcomers:

Monday – Saturday 6.00 AM to 8.00 AM 4.30 PM to 7.30 PM

Sunday 6.00 AM to 12.00 PM 4.30 PM to 7.30 PM

The Inner Chamber is open to SAVI registered Volunteers:

Wednesday – Monday 8.00 AM to 8.40 AM. Arrival at 7.45 AM at the Office Gate

 The Inner Chamber is open to Aurovilians wishing to accompany a maximum of 5 close family and friends, no more than once in two weeks, with booking 3 to 5 days in advance at mmconcentration@auroville.org.in:

Any day except Tuesday & Sunday: 8.00 AM to 8.35 AM

Arrival at 7.45 AM at the Office Gate

 The Inner Chamber, the Petals and the Gardens are open to the Children of Auroville and the Outreach Schools:

Tuesday 9.00 AM to 11.00 AM

 Auroville units can bring their staff to the Inner Chamber with a prior booking at mmconcentration@auroville.org.in:

Tuesday 8.00 AM to 8.30 AM



ACCESSIBLE AUROVILLE PUBLIC BUS

avbus@auroville.org.in / +91 94430 74825

Auroville TO PONDICHERRY							
	Trip 1	Trip 2	Trip 3				
Svaram Musical Center	7:00	8:50	14:50				
Vérité Guest House - Junction	7:02	8:52	14:52				
Town Hall - Main Parking	7:06	8:56	14:56				
Solar Kitchen (Ex Round About)	7:10	9:00	15:00				
Certitude Entrance	7:12	9:02	15:02				
New Creation Road	7:17	9:07	15:07				
SBI Bank—Kuilapalayam	7:19	9:09	15:09				
ECR Junction—Aroma Guest House	7:23	9:14	15:14				
Quiet Healing Center—Junction	7:26	9:17	15:17				
Lotus Hotel—S.V Patel Salai	7:36	9:30	15:30				
Ashram Road Junction	7:38	9:33	15:33				
Ashram Dining Hall	7:40	9:35	15:35				
Pondicherry TO AUROVILLE							
	Trip 1	Trip 2	Trip 3				
Ashram Dining Hall	8:00	12:15	18:10				
Ashram Road Junction	8:02	12:17	18:12				
Lotus Hotel—S.V Patel Salai	8:07	12:22	18:17				
Quiet Healing Center—Junction	8:17	12:32	18:27				
ECR Junction—Aroma Guest House	8:20	12:35	18:30				
SBI Bank—Kuilapalayam	8:25	12:40	18:35				
New Creation Road	8:27	12:42	18:37				
Certitude	8:32	12:47	18:42				
Solar Kitchen (Ex Round About)	8:34	12:50	18:44				
Town Hall - Main Parking	8:38	12:54	18:48				
Vérité Guest House - Junction	8:42	12:58	18:52				
Svaram Musical Center	8:45	13:00	18:55				

- Single Trip = ₹100 per person
- Monthy Scheme (Students + AV Workers) = ₹1200
- Monthly Scheme (Students + AV Workers) = (One Way) ₹850

Auroville Vehicle Service Town Hall, Auroville, 0413 2623302



Join our WhatsApp group of Auroville Bus to get regular updates:

https://chat.whatsapp.com/Lt43wBCBno1E6CTwoaUt2x

EMERGENCY NUMBERS



Ambulance (24/7): Auroville **PIMS** 94422 24680 0413 2656271 Security (24/7): Auroville Police Kottakuppam Police Vanur Fire Station Station Station 0413 2677318 0413 2236148 0413 2677368 Health: Health Center Santé Farewell 0413 3509942 & 0413 2622803 89038 36246 3509943

Mental Health 24/7 Support:

Vandrevala Foundation +91 99996 66555

India Emergency Response Service (24/7): 108