

Auroville

NEWS & NOTES

No 1087 - A weekly bulletin for residents of Auroville

21 August 2025

RA EDITION



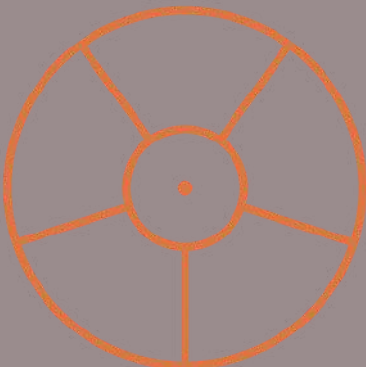
Annapurna Farm

PONDERING

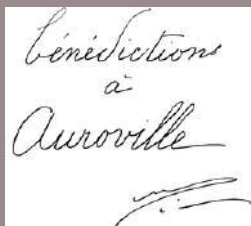
It is not because a thing is difficult that one should give it up, on the contrary, the more a thing is difficult the more determined should one be to succeed in it.

The Mother, 1 July 1955, Determination, Words of the Mother - II

<https://motherandsriaurobindo.in/The-Mother/books/words-of-the-mother-II/#determination>



THE MOTHER ON AUROVILLE



First Edition 1977, Reprinted 1993, 1999
© Sri Aurobindo Ashram Trust,
Pondicherry, India.
Published by Madanlal Himatsingka on
behalf of
Vak Trust, Pondicherry - 605002
Filmset and printed at All India Press,
Pondicherry - 605001

AUROVILLE IN ELABORATION

LIFE ASPECTS - ADMINISTRATIVE NOTES

Page 87

About the fire at the Aspiration Workshop, The Mother said that her protection was not effective because the atmosphere there was very bad. There was no harmony, sincerity, faith, or trust in the Divine; everyone was working for his own satisfaction and not with an aspiration for the Divine.

The blow is hard but it is a lesson that must be put to use. They must start again, start again with the true attitude of working for the transformation.

12.3.1972

*

(On the note recording The Mother's remarks:

"Children below 15 years will see only educational films. Care

Page 88

should be taken in selecting films to be shown in Auroville." —
She wrote:)

Thoroughness

Indispensable for all true progress.

- The Mother

Verbena Xhybrida Groenl. &
Ruempl., Verbenaceae.

Common garden verbena, Florists'
verbena



The city the earth
needs.

All that encourages the lower movements and actions must be avoided.

25.2.1972

*

The Mother has clearly indicated that from now on, for various reasons, above all, reasons of safety, construction of thatched houses should not be undertaken.

Consequently, future constructions, even temporary ones, should not include bamboo or thatch and should receive the technical approval of Aurofuture/State House.

20.7.1972

*

... while putting things in order, be very careful not to offend the people from the Tamil village. It has been very difficult for us to win their confidence and nothing should be done which could make them lose this new-born confidence which is of a capital importance.

Take with you someone who knows and speaks Tamil fluently so that you can talk with them and explain things to them.

They are your brothers in spirit—this should never be forgotten.

July, 1972

*

The Mother has advised that all requests to the various Auroville associations abroad, for money, books, any objects or equipment should be centralised by Shyam Sunder who will organise the distribution of the requests and establish an order of priority according to the needs of Auroville.

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We are always too attracted by animals, and it is more interesting to look to the future than towards the past.

As far as I am concerned, a zoo does not interest me. We already tend to be too attached to animality rather than supermentality.

31.8.1972

*

I understand that you do not like us to have dogs and cats in our houses. Is that right?

Yes.

NEWS & NOTES GUIDELINES

DEADLINE FOR SUBMISSIONS:

TUESDAY 5PM

The content of News & Notes is a reflection of the growth process of this community towards its ideals of Harmony, Goodwill, and Truth. Editing of submissions, mainly for reasons of space and clarity, is done according to an established policy.

RA NEWS & NOTES - A QUICK GUIDE



What We Publish

- Working group announcements and reports
- Residents' voices and personal sharings
- Free cultural events open to all residents
- Information from essential services
- Content that strengthens community-building in Auroville

Working Groups & Foundation Office Content

- All RA Working Group announcements will be included
- Links to Foundation Office content will be provided without duplication
- Direct submissions from Foundation Office groups will be included as regular content

What We No Longer Publish

- Commercial activities and paid workshops
- Non-community-focused events
- Content from "Activities & Events," "Food, Goods & Services," and "Classes, Workshops and Healing Arts" sections

Exceptions

We may consider including content that falls outside these guidelines if:

- It is submitted exclusively to RA News & Notes
- It has significant community benefit
- It aligns with our service-oriented focus

Submission Guidelines

- Deadline: **Tuesdays at 5pm**
- Email: newsandnotes@auroville.services
- Content must be community-building focused:
 - Open and accessible to all community members
 - Not profit-oriented
 - Contributing to collective growth or well-being
 - Promoting Auroville's ideals and values

- For further information, please [click here](#) 😊 to view our complete FAQ document.
- For past issues or to subscribe, visit: auroville.media/newsandnotes

We thank you for your collaboration and understanding.

DISCLAIMER:

Please note that the opinions and views expressed on these pages are solely those of the respective authors or work groups and do not necessarily reflect the position of the editors or the larger Auroville community. The News & Notes aims to provide a platform for the publication of diverse perspectives and voices from multiple sources within Auroville.

While our editors strive to ensure the accuracy of the information presented, we cannot guarantee that all information is free from error or omission. Additionally, we cannot be held liable for any alleged misinformation provided or offence caused by the content published.

In the event of any dispute, we encourage readers to consult with the Auroville Council, and we reserve the right to suspend the publication of disputed material. Our commitment to providing an open and inclusive platform for dialogue and exchange of ideas remains steadfast.

The News & Notes Team
newsandnotes@auroville.services

LIST OF ACRONYMS:

- **AVF** (Auroville Foundation),
- **AVFO/FO** (Auroville Foundation Office),
- **GB** (Governing Board),
- **RA** (Residents' Assembly)

The following groups are divided in two categories: The groups selected by the Residents' Assembly through Community decision making Processes and the groups put together by the GB and the FO (*not recognised by the Residents' Assembly*).

Working groups selected by the Residents' Assembly:

- Working Committee (RA WCom)
- Funds and Assets Management Committee (RA FAMC)
- Budget Coordination Committee (RA BCC)
- Town Development Council / L'avenir d'Auroville (RA TDC)
- Auroville Council (AVC)
- Entry Service (ES)

GB groups:

- Working Committee (GB WC)
- Funds and Assets Management Committee (GB FAMC)
- Budget Coordination Committee (GB BCC / GB BCS)
- Auroville Town Development Council (GB ATDC)
- Housing Service (GB HS)
- Land Board (GB LB)

NOTE FROM THE EDITORS

Dear Community,

Here is some important information:

- If you would like to support the RA N&N, please send us an e-mail at newsandnotes@auroville.services.
- Content sent through @auroville.org.in mail ID will only reach us if you use this [FORM](#) to submit your content.
- The mail ID to submit content is: newsandnotes@auroville.services
- To request a **PRINTED COPY**, send us your name and community to our email!

Thank you for your continued support!

In community,

The RA Community Edition News & Notes Team



WORKING GROUPS NEWS

FROM THE ENTRY SERVICE

ES # 265 DATED: 18-08-2025

The following people have been recommended by the Entry Board to join our community. Please share your feedback within 2 weeks for potential Newcomers, Associates and Friends of Auroville and within 4 weeks for Potential Aurovilians, Returning Aurovilians, Youth and Spouse/Partner of an Aurovillian in writing at auroville.entryservice@gmail.com.

We thank you in advance.

The Admission Committee aka **the Entry Board of the Residents Assembly**, under section 19 of the Auroville Foundation Act

(Amy B., Don, Fabienne, Grace, Mirco, Sara, Sonja, Vadivel)

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AUROVILIAN ANNOUNCED



- **Vishwa CHUDGAR (Indian)** staying in Kalpana and working at Yuvabe

AUROVILIAN CONFIRMED

- **Anbu ANBAZHAGAN (Indian)**
- **Dmitrii SEMENOV (Russian)**

YOUTH TURNING 18 BECOMING AUROVILIAN CONFIRMED

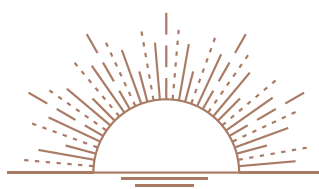
- **Devashri ADHI (Indian)**

DID NOT COMPLETE THEIR PROCESS WITH THE ENTRY BOARD

- **Lopa GOSH (Indian)**
- **Amutha Lakshmi VELMURUGAN (Indian)**

NOTE:

- A Newcomer becomes an 'Aurovillian' once his/her name has been confirmed by The Admission Committee (aka the Entry Board) after following due process.
- The date of becoming 'Aurovillian' is the date of confirmation. An Aurovillian confirmed by the Entry Board is eligible to participate in all community decision-making processes.
- The formal administrative step of entering new residents into the Register of Residents (RoR), is done by the Secretary of the Auroville Foundation. For this, a B-Form is filled in and signed by the individual and a meeting with the Secretary is arranged by the Entry Secretariat. However, until such time as the court has made its ruling about Admission and Termination Regulations 2023, the meetings of Confirmed Aurovillians with the Secretary will be pending.



FROM THE WORKING COMMITTEE

PRESS RELEASE FROM RA WCOM RE ANNAPURNA FARM AND IIT-M



Dear Community,

We are sharing with you a press release ([attached](#)) sent out by us regarding the decision of the Governing Board to hand over 100 acres of Annapurna Farm to IIT-Madras for a 'Sustainability Campus'. This decision has been made under the wrong assumption that Annapurna Farm is only utilizing 35 acres. This is false. For more information about Annapurna Farm and its activities, please visit its website: <https://annapurnafarm-auroville.org.in/>.

Further communications will follow in due course. In the meantime, if anyone would like more information or would like to know how they can help with the efforts to save Annapurna from destruction, please contact us at workingcom@auroville.services.

With hope and faith,

Aravinda, Bharathy, Chali, Matthieu, Prashant, Valli
The Working Committee selected by the Residents' Assembly



LETTER FROM IAC TO CHAIRMAN OF THE GB RE ANNAPURNA FARM AND IIT-M

Dear Community,

With the permission of the signatories, we are sharing with you ([attached](#)) a letter from members of the International Advisory Council (IAC) to the Chairman of the Governing Board (GB) regarding the decision to hand over 100 acres of Annapurna Farm's 135 acres to IIT-Madras (IIT = Indian Institute of Technology) to create a 'Sustainability Campus', including a test track for heavy E-vehicles/trucks.

We are also sharing, with permission, a letter from the President and the Secretary of the Auroville International (AVI) Board, approved by the Board itself, on the same issue ([attached](#)).

Please note: This is for information and internal circulation only, not to be shared on public platforms or social media.

In service,

Aravinda, Bharathy, Chali, Matthieu, Prashant, Valli
The Working Committee selected by the Residents' Assembly



FO GROUPS NEWS

(not selected by due Residents' Assembly process)

FROM THE FO N&N 1092

Please click [HERE](#) to read the FO groups' news

COMMUNITY NEWS

COMMUNITY SHARING

REPORT - HEARTWEAVING: EXPLORING POLARITIES THROUGH SAMUDRA MANTHAN

Heartweaving is a community project that has been ongoing for over two years. It evolved out of the initial workshop held by Raghu A. in 2022, where he offered tools and processes for personal as well as collective transformation.

Since then, a committed group of Aurovilians have immersed themselves in the Heartweaving process. This process emphasizes consciously observing and embodying the energies of the various archetypes in order to sensitize oneself to how these shape our reactions and behavior. In doing so we can gradually transform the shadow side so that the luminous aspect of the archetypes can be expressed.

The session of August 9th was facilitated by Naveen. It was a deep dive into the Samudra Manthan, the Indian myth describing the churning of the ocean in order to gain the nectar of immortality. This myth was introduced and investigated both as a story and as a symbolic framework for inner work. Before the workshop participants were asked to reflect on the polarity that was most alive for them in Auroville today. From the feedback given, the topic "action/inaction" was selected. Through a living experience of actually dividing into two groups and physically doing a churning movement, the concept of polarity was felt and embodied. After some trials the two groups discovered a way to churn rhythmically. Following that, guided by the facilitator, they shared their experiences of polarity from several different perspectives. In multiple ways participants understood that polarization holds both shadows and hidden gifts. Deeper understanding requires engaging both the light and shadow of each position. Through intense reflection and through open, heartfelt exchanges, empathy is fostered and conflict shifted into a co-creative rhythm. It was understood how the Manthan (churning) is reflected in each of us and in the community at large.

Fourteen participants gathered in the Tibetan Pavilion on the afternoon of 9th August 2025. The space was a safe one with a harmonious atmosphere and all felt confident to embark on a genuine exploration of poises and attitudes that are present in today's Auroville. It was a fruitful and nourishing experience. In the final sharing it was clear that the afternoon's explorations had deepened the group's connection to Auroville and its ideals.

Heartweaving Admin



AUROVILLE RELATED BOOK GIVEAWAY 14TH - 28TH AUGUST, AUROVILLE LIBRARY

From Thursday 14th - Thursday 28th August, we will be offering surplus **Mother, Sri Aurobindo, Disciples and Auroville related books for free.**

Pass by during our opening hours to see what's available!

The Auroville Library Team



DEAR INDIAN BROTHERS AND SISTERS,

"Let's wake up!
Let's raise our voices for our rights!
Let's uplift Auroville!"

For the past few years, we have been observing the administration of Auroville with the hope of change, but many of us haven't been satisfied with the progress. We've been patient, hoping things would improve. However, today, even basic human rights (freedom of speech, expression, and gathering together to discuss important things) are being denied.

As citizens of India, the time has come for us to come together and raise our voices. Efforts are already underway. Your contribution is crucial - your physical presence.

Please lend a helping hand.

For more details, contact: Arun Ambathy - 95001 83706.
Thank you 🙏🙏🙏

விழித்தெழுவோம்!
உரிமைக் குரல் எழுப்புவோம்!

ஆரோவில்லை மேம்படுத்துவோம் என்று கடந்த சில ஆண்டுகளாக நடந்து வரும் வேலைகள் நம்மில் பெரும்பாலோருக்குத் திருப்தி அளிக்காதிருந்தன. ஆனாலும் பொறுத்திருந்து பார்க்கலாம் என நினைத்துக் காத்திருந்தோம். ஆனால் இன்றோ ஒரு தனிமனிதனின் அடிப்படை உரிமைகளும் (பேச்சு சுதந்திரம், கருத்தைத் தெரிவிப்பது, கூடிக் கலந்து ஆலோசிப்பது) கூட மறுக்கப்படுகின்றன.

ஆகவே, இந்திய மண்ணின் மக்களாகிய நாம் ஒன்றாகக் கூடி குரல் எழுப்ப வேண்டிய நேரம் வந்து விட்டது. அதற்கான முயற்சிகள் எடுக்கப்பட்டு விட்டன. இதில் உங்களுடைய பங்கு என்னவென்றால், உங்களின் நேரடியான வருகையே (physical presence). தயவு செய்து உதவிக்கரம் நீட்டுங்கள்.

விவரங்கள் அறிய: அருண் அம்பாதி, +91 95001 83706
தொடர்பு கொள்ளுங்கள்.

**STRONGER
TOGETHER**

MATRIMANDIR NEWSLETTER - AUGUST 2025

Matrimandir

August 2025

Click [here](#) to read Matrimandir Newsletter for August or scan the QR code.



RESIDENTS SPEAK

A SHARING - WORLD'S SMARTEST CITY: A GERMAN VILLAGE OF 1,750



In Etteln, smart doesn't just mean sensors and software. It means solidarity, shared responsibility and thinking big.

In Etteln, Germany, the essence of a smart city isn't just about technology—it's about community. This small village of 1,750 residents outshone global metropolises to win the title of the world's smartest city by fostering a spirit of collaboration. When faced with challenges like rural depopulation and a school closure due to low enrollment in 2012, Etteln organically formed a grassroots movement to create change. In 2020, during the pandemic lockdown, 55 residents on the outskirts were excluded from a fiber-optic rollout. Balking at the 2.5 million euro pricetag to connect those residents, "sixty-five people volunteered... [making] sure high-speed internet reaches the last milk churn," recounts Ulrich Ahle, the enthusiastic municipal administrator. The community's sense of solidarity transformed Etteln into a trailblazer for digital innovation, like their 3D village and safety-smart urban planning. Their journey highlights how unity and homegrown initiatives can transform any ordinary place into an extraordinary beacon of hope and progress.

Read the full story here:

<https://reasonstobecheerful.world/etteln-smartest-city>

Shared by Rajesh

WHAT IS AUROVILLE'S RAISON D'ÊTRE?

An aspiring True Aurovilian asks:

"The Deeper Question: What are we 'really' here for? Beyond infrastructure or administration lies the central issue: What is Auroville's raison d'être?"

My response:

With that prevailing perspective and narrative we can clearly see the central issue of the human problem: the false-separative perception of the mental consciousness.

Fundamentally We are all One, Unity is already. Thus All Life is Yoga.

So why continue falsely separating all the interconnected, interactive and complementary players in The Play of the One Eternal and Infinite? Which is All of Us. We.

With this paradox of the unity of opposites, Uniqueness or Specificity of Purpose must be factored in the evolutionary equation.



To continue reading, please scan the QR Code or click [this link](#) or go to this blogsite to access the post of the same title: <https://zechjoya.blogspot.com/>

Zech

FROM ANONYMOUS SCHOLARS, OBSERVERS, AND WITNESSES - THE VIRTUE OF INTEGRITY IN TIMES OF CRISIS: LESSONS FROM AUROVILLE'S CRUCIBLE

On this auspicious day marking Sri Aurobindo's 153rd birth anniversary, the newly formed [Auro Innominate Collective](#) wishes to offer a reflection on one of the most essential virtues in these challenging times: integrity.

We share with you "The Virtue of Integrity in Times of Crisis: Lessons from Auroville's Crucible," published today on our [Substack channel](#).

This essay examines Auroville's current existential crisis through the lens of moral courage and authentic action. Drawing parallels to Jean Guéhenno's observations of intellectual collaboration during Nazi-occupied France, it explores how communities preserve their essential values when institutions are captured by authoritarian forces. The piece weaves together insights from Sri Aurobindo and the Mother with contemporary analysis of institutional capture, community resistance, and the spiritual dimensions of political integrity.

Written in a spirit of deep love for Auroville's founding vision and profound concern for its future, this reflection is offered to all who hold this experiment dear—whether residents navigating impossible choices within the community, or supporters worldwide seeking to understand how they might help preserve this unique laboratory for human unity.

The essay argues that integrity—wholeness, authenticity, alignment between inner vision and outer action—remains not just a personal virtue but a collective necessity for any community that aspires to embody transformative values. In Auroville's current crucible, each choice for truth over accommodation represents a vote for the kind of world we wish to inhabit.

Our hope is to reach those within Auroville and beyond who might benefit from this perspective on the ongoing crisis, and to contribute humbly to a deeper understanding of what is at stake in this moment. You may also translate this paper in your own language for wider circulation, if you wish so.

May this offering serve the highest truth in all who encounter it, and may Sri Aurobindo's vision of integral transformation continue to inspire courage when courage is most needed.

With gratitude for your consideration,

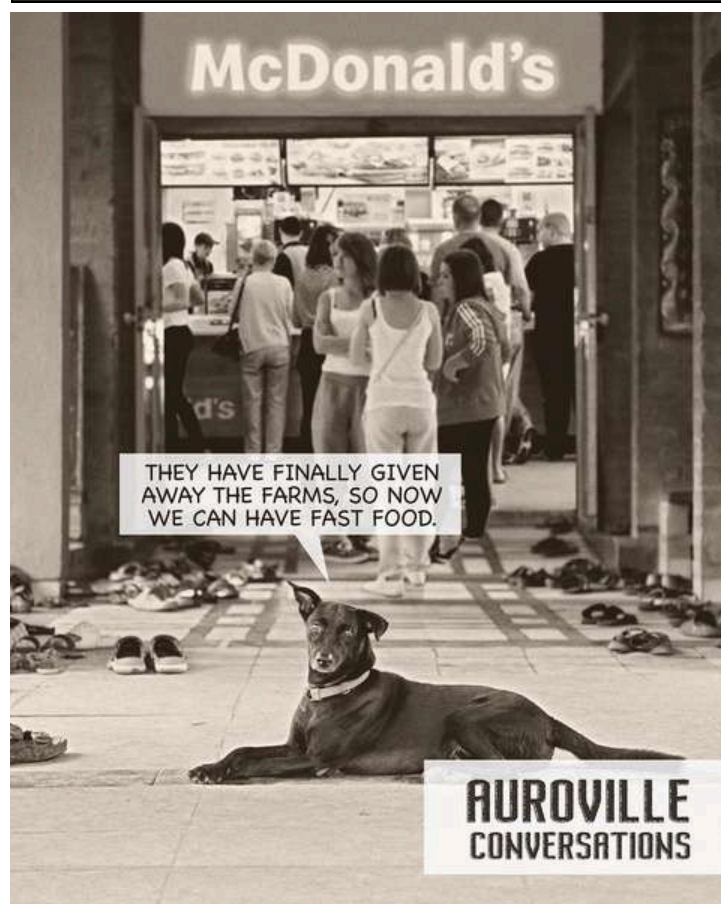
The Auro Innominate Collective

"It is better to fail in a cause that will ultimately succeed than to succeed in a cause that will ultimately fail." - Sri Aurobindo

FOOD FOR THOUGHT



AUROVILLE CONVERSATIONS



Submitted by an Aurovillian

FRENCH NEWS & NOTES

NOUVELLES D'AUROVILLE



Auro - Traductions

Click [here](#) or scan the QR code to read the **French News&Notes**.



INNER JOURNEY

INTRODUCTION TO THE INTEGRAL YOGA OF SRI AUROBINDO AND THE MOTHER

Tuesday 26th August, 9 am - 12 noon
Focus: The Collective Yoga

Led by Ashesh Joshi

Place: Mirabelle Education Centre, Auromodele
Ph/Whatsapp: 94891 47202 (Please register)

All are Welcome



OM CHOIR WITH NARAD

EVERY TUESDAY, 05:30 - 06:15PM
Please join us in this collective aspiration, in the form of united prayer.

No prior singing experience is required.

At Savitri Bhavan - Square Hall



SAVITRI SATSANG WITH NARAD

EVERY TUESDAY, 04:30 - 05:15PM

SAVITRI at Savitri Bhavan returns from the **first day of July 2025** with Savitri Satsang and the OM Choir at 4:30pm and 5:30pm respectively.

In this deep exploration of Savitri we will study:

1. The mantric basis of Savitri
2. The importance of iambic pentameter in epic poetry
3. The wealth of definitions in Savitri from Sri Aurobindo and Mother
4. Music and alliteration in Savitri
5. Words defined from the 'Lexicon of the Infinite Mind'
6. The Mother's Words on Savitri

We will begin at the beginning, again on **Tuesday 1st July**, with Canto 4, 'The Secret Knowledge'.

At Savitri Bhavan - Square Hall.

All are welcome to join.

Narad

AMPHITHEATRE - MATRIMANDIR

Meditations at sunset with SAVITRI,

**Every THURSDAY
from 6:00 to 6:30pm**

(weather permitting)



Savitri, Sri Aurobindo's long mantric poem, read by Mother to Sunil's music are *on* weekly for everyone to concentrate, in this beautiful open space in the very center of Auroville.

Reminder to all: The Park of Unity is a place for silence, meditation and inner work and is to be used only as such. We request everyone: please do not use cameras, tablets, cell phones, etc. No photos.

Guests with Aurocard wishing to attend must book at <https://bit.ly/savitri-reading> one or two days in advance or the very day before 11am. Please bring your Aurocard with you.

Access by Office Gate for the Amphitheater only from 5:15pm. Thank you.

Guests are requested to bring along their Aurocards.
Last entry for guests at 6:00pm.
Access limited for guests to the Amphitheatre
Last exit for guests at 6:45pm.

Velmurugan and the Access Team

VIBRATIONAL SOUND BATH

SOUL NURTURING MEDITATIVE EXPERIENCE WITH THE ORIGINAL RUSSIAN SINGING BELLS

*These are sounds of the Beginning
These are sounds that cradled the worlds*

Harmonious play of rich powerful tones and strongly resonating overtones invokes a profound state of inner peace, tranquility and self-healing, bringing deep physical and psychological relaxation.

Open Group - Everyday 3:00 - 4:30pm

At Mirabelle Education Center, Auromodele,
Kuyilapalayam

Led by Vera (Instagram - [Vera.Auroville](#)) and Ashesh Joshi

Please register in advance

Ph/WhatsApp: +91 94891 47202, +91 94862 47202

(Private sessions on request at other timings)

VIPASSANA MEDITATION

Dear Meditators,

You are all very welcome to the weekly half-day Vipassana meditation course for "old students" only (meaning for those who have completed at least one 10-day course as taught by SN Goenka).



- **Date:** Sunday 24th August
- **Time:** 9 am - 1 pm
- **Venue:** Udavi school, near tank, Edayanchavadi, Auroville, 605101
- **Location:** <https://maps.app.goo.gl/4fu6Besiyw9vzsVv7>

☛ First building to the left near the parking.

No registration is required.

You can come for the whole course or just drop in for some time whenever you want.

☎ Please keep your cell phone off for the duration of the course.

Contact: Sanjay Tumati, +91 87909 82210 (available on WhatsApp), sanjay@auraauro.com

Metta

TATTVA BODH (WISDOM OF THE DIVINE)

BOOK READING CIRCLE & MEDITATION MARATHON

Weekly Event. Different Days, Different Authors

@ **Hall of Peace** (Unity Pavilion), **Harmony Hall** (Bharat Niwas) and Online

It gives me immense joy to finally conceive and put to action, book reading circles with embodiment practices. More sessions per week, more wisdom literature, more meditation tools. Includes *interactive book reading, live sound bath, pranayama, yoga, meditation, wisdom audibles, OM chanting, journaling and many more activities*. A high **intense spiritual state** is what we need, without any day off. Otherwise, we are bound to get lost in lower worldly consciousness, and inevitably invite pain in our lives. The daily program was the missing plug, and now it's been found (*More days will be added in future*).

Program schedule

| MONDAYS 6 PM - 8 PM | TUESDAYS 5 PM - 7 PM | THURSDAYS 5 PM - 7 PM | SATURDAYS 5 PM - 7 PM | SUNDAYS 5 PM - 6:30 PM |
|---------------------------------------|-------------------------------------|---------------------------------|--|------------------------------|
| Unity Pavilion Hall of Peace | Bharat Niwas Harmony Hall | Bharat Niwas Harmony Hall | Unity Pavilion Hall of Peace | Online Ask for the link |
| | | | | |
| SYNTHESIS OF YOGA Sri Aurobindo | BE AS YOU ARE Ramana Maharshi | BASES OF YOGA Mother's Talks | THE POWER OF NOW Eckhart Tolle | A NEW EARTH Eckhart Tolle |
| FOLLOWED BY | | | | |
| Meditation Breathwork | Live Sound Bath | Meditation Yoga | Ambient Music Wisdom Audible | Book Meditation |

Please note -

- Embodiment practice will happen in last 30 minutes of 2-hour session.
- For Thursday Yoga, please wear loose comfortable outfit.
- Get notebook/pen to take notes/learnings/journaling.

Minimum contribution -

- Per session - INR 200
- One week Enrollment (4 sessions) - INR 600
- One Month Enrollment (16 sessions) - INR 2500

(This is minimum contribution to meet the Program expenses, more is welcome).

(Aurovilians/ Newcomers excluded, but can donate as per their discretion).

Please contact **Debashish (+91) 76782 08825** for queries. Direct walk-in permitted.

Prior registration needed for online session on Sundays.

Warmly, Debashish

ANNOUNCEMENTS

AUROVILLE ULTIMATE FRISBEE HOSTS WOMEN'S TOURNAMENT - SINGAPENNE HAT 2025

SAT 6TH - SUN 7TH SEPTEMBER, GAIA FIELD



Singapenne 2024

Dear Auroville Community,
we're very thrilled to invite you to an exciting event!

Auroville Ultimate Frisbee will be hosting our second annual **Under 24 and Beginners Women's Singapenne Hat tournament** at the lovely Gaia Field!

Whether you're an Ultimate Frisbee fan, just curious about the sport, or a foodie who loves home-made cakes, this is a fantastic opportunity to come out for the weekend, cheer on the players, and enjoy a lively atmosphere filled with food stalls, fun activities, and the chance to connect with fellow community members.

Bring your friends and family to make a day of it, and let's celebrate sport and community together.

Mark your calendars, and we can't wait to see you there!

If you have any questions, feel free to reach out to us on

- Instagram: [@rhinos.ultimate](https://www.instagram.com/rhinos.ultimate)
- Email: avultimate.womens@gmail.com



GUIDED GARDEN TOUR

19TH AUG - 14TH OCT, AUROVILLE BOTANICAL GARDENS



Auroville Botanical Gardens

- **Wednesdays and Fridays - 9:30 am** (about 1.5 hour walk).
- Be on time - Bring your water bottle and a hat - Meeting point at BG Kitchen .
- Please send us an email to: avbg tours@gmail.com to book your walk.

TIBETAN DOCTOR VISIT

THURS 28TH - SAT 30TH AUGUST, TIBETAN PAVILION

Greetings to all,

This is to share with you all, that the Tibetan Doctor and the team based in Chennai, Men-Tsee-Khang, is visiting Auroville on

- Thursday 28th from 2:00 to 5:30 pm
- Friday 29th from 8:30 am to 1:00 pm, afternoon from 2:00 to 5:30 pm
- Saturday 30th from 8:30 am to 1:00 pm.

The consultation is held at Pavilion of Tibetan Culture, International Zone.

To get your appointment you can reach out by calling us @ 0413 2622401 WhatsApp to 84890 67332.

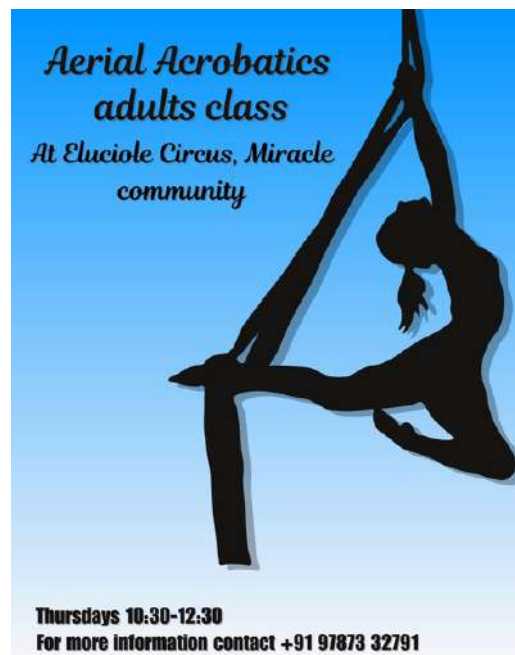
Or by sending us email to Tibetpavilion97@auroville.org.in



Submitted by Kalsang.

AERIAL ACROBATICS CLASS FOR ADULTS

EVERY THURS, ELUCIOLE CIRCUS, MIRACLE COMMUNITY



VEDIC ASTROLOGY - NEW YEARLONG PROGRAM BEGINS

FROM SUNDAY 31ST AUGUST

We're beginning the next year of our Vedic Astrology program on Sunday 31st August at 9:00 AM IST.

This is a one-year program designed for both new students and continuing students. We'll meet online weekly, as well as in-person for 5 retreats.

We'll cover the Signs of the zodiac, and the planets of Vedic Astrology along with the Houses. We will also look at states and strengths of planets, as well as timing important events in life.

There will also be five optional in-person retreats over the year, dedicated to the Navagrahas, with guided practices and visits to ancient temples in Tamil Nadu.

The intention of the program is to help you understand your own birth chart, and the birth charts of others, possibly leading to a second source of income.

If you're interested:
www.allthingsvedic.in/vedic-astrology-for-beginners



Feel free to reach out if you have questions or would like to speak before signing up.

Vikram Devatha, 98439 48288,
All Things Vedic

HIVE COWORKING SPACE

OPEN HOUSE EVERY FRIDAY, AUROMODE



NEED A PLACE TO WORK?

OPEN
HOUSE

Hive
COWORKING SPACE

FREE ON EVERY FRIDAY

More Info : +91 90 42 75 95 40 | www.auromode.in

Are you looking to work, study, create or simply connect with like-minded professionals in a serene place? Step into Hive and experience the Cosy workspace with super-fast Internet, Coffee - **All for FREE** on our Open House.

- Venue: Hive, Auromode
- Time: 9 am - 7 pm
- Visit us at www.auromode.in/hive-coworking for more details on our plans and facilities.
- For inquiries: auromodehive@auroville.org.in / +91 90427 59540 (WA) / +91 70921 97375 (WA) or drop by.

All are Welcome!!!

FREE AI MASTERCLASS FOR ALL

EVERY SATURDAY, HIVE, AUROMODE



Are you looking to transform your future and career with AI? Come Join our **Free AI Masterclass** at Hive Coworking Space facilitated by S M Pandi Subramanian, founder of Enthiram.AI, with over 20 years of pioneering work in AI innovation and solutions.

Open for all, no prior experience needed.

Contact: +91 98867 40850 / auromodehive@auroville.org.in

SUPPORT NEEDED

SUPPORT BHAVYO'S ARTISTIC JOURNEY -

90-DAY ARTIST-IN-RESIDENCE PROGRAM AT
TAOXICHUAN ART CENTER, JINGDEZHEN, CHINA



Dear **community** members,

I'm Bhavyo. Some of you may know me as an art teacher at Last School and a young artist exploring painting, photography, and now ceramics. I've been invited to a 90-day Artist-in-Residence program at Taoxichuan Art Center, Jingdezhen, China! An amazing opportunity to grow and offer the best of my art.

The residency is partially funded, but I need help covering the cost of shipping my large ceramic works back to Auroville. Any contribution, big or small, will make a difference.

ACTIVITIES AT SERENDIPITY

SERENDIPITY CLASSES

(Ex. Joy Community in front of Center GH)

Center Field, Auroville - 605101, TN, India

Landline: +91 (0)413 350 9950

Mobile/Whatsapp: +91 93856 23342

Email: serendipityauroville@gmail.com

<https://serendipity.auroville.org>

<https://www.facebook.com/serendipityauroville>



REGULAR CLASSES:

Hatha Yoga with Ramesh - first class restarts on Monday 4th August (see poster below)

- Monday and Thursday from 5:30 - 6:30pm

Ramesh offers hatha yoga classes with some vinyasa flow and include pranayama, traditional sanskrit mantra chanting, and meditation. The style is gentle, adaptive and progressive where passive, gravity-assisted poses are mingled with dynamic vinyasa-style flow as needed. He places a lot of focus on breathing and body-mindfulness during the practice. It is ideal for beginners to intermediate-level practitioners. You will be exposed to authentic Sanskrit terms and their correct pronunciation. The practice will be rejuvenative and restorative. These specific classes will be on donation basis even for guests.

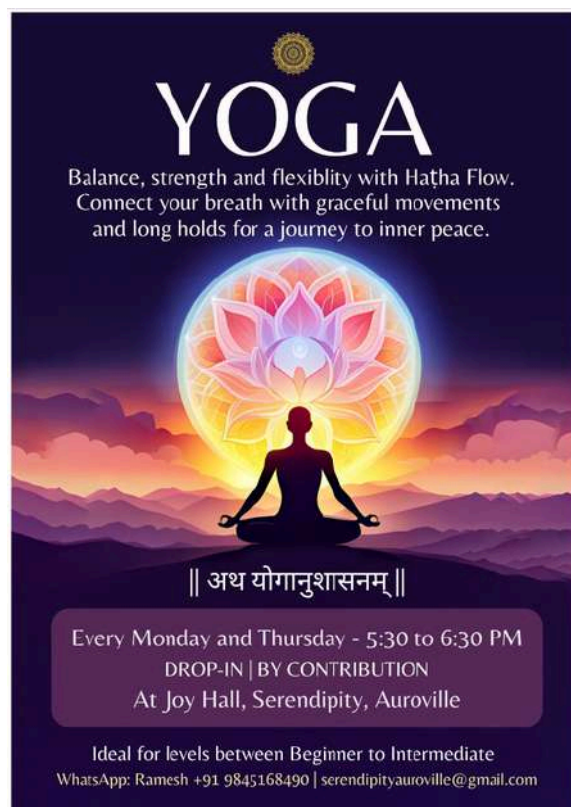
Traditional Sanskrit Mantras with Sonia

- Friday from 5 - 6pm (Regular students only)

In the recitation of Sanskrit Mantras the sound is very important, and the specific pitches and strict rules of intonation and syllabic length should be learned according with the tradition of the great masters of the past, who figured out how to use the voice to calm the mind and attune the practitioner to the more subtle levels of the "sadhana" or spiritual path. Through the harmonic rhythm, repetition and participation in the singing, the mind reaches more clarity, concentration and tranquility.

Private Classes on request (for groups or individuals)

- Hatha Yoga with Ramesh** - for more details contact Ramesh at: +91 98451 68490
- Traditional Sanskrit Mantras with Sonia** - for more details contact Sonia at: +91 89402 88090



ACTIVITIES AT JOI - ANITYA COMMUNITY

JOURNEY TO INNER PEACE :

HOLISTIC HEALING SERVICES JOI ANITYA



Located in the peaceful environment of Auroville's Centerfield, the Joy of Impermanence—Anitya Community Project offers a variety of holistic services to support your body, mind, and spirit. Our experienced practitioners provide a range of practices to help you relax, heal, and grow, guiding you toward balance and well-being.

- Location:** Anitya Community, Centerfield, Auroville (500m after Center GH). Road work is ongoing so follow the sign after Nandanam School.
- Bookings:** For more information or to schedule a session, please contact the practitioners directly (preferably via WhatsApp messages).

Thai Yoga Bodywork with Andres

- Contact:** +91 97516 07501

Combining elements of yoga, acupressure, and assisted stretching, Thai Yoga Bodywork is designed to release tension, improve circulation, and enhance flexibility. This therapeutic practice helps restore balance to your body and mind through gentle, rhythmic movements.

Andres is also a **Hatha Yoga** teacher with over 15 years of teaching experience. Trained in Ashtanga, Dharma Yoga, Breath-Based Yoga, and Bhakti Yoga, he now focuses on Vinyasa Flow, connecting movement with breath in a smooth, energizing way. He can design a class just for you, whether you seek strength, flexibility, inner calm, or spiritual connection. Session can also include pranayama (breathing practices) and mantras for a deeper experience. Contact him for more info.

Integral Unfoldment Coaching with Dave

- Contact:** +44 75641 19728

A transformative life coaching approach blending Internal Family Systems (IFS), Focusing, and the Diamond Approach to explore your inner world, integrate all parts of yourself, and unfolding your unique potential for personal transformation.

Dave is also offering **Sacred Song Circles: Singing from the heart** and **Authentic Relating: Relational Group Games**. Contact him for more info.

Relationships as a Spiritual Practice with Prem Shakti

- Contact:** +91 94892 44823

Prem Shakti guides individuals and couples to explore connection not just as an emotional exchange, but as a sacred journey. Drawing upon tools like Nonviolent Communication (NVC), Authentic Relating, circling, and embodiment practices, she supports participants in cultivating deep listening, emotional intelligence, presence, and compassionate connection.

Prem Shakti also focus on **Spiritual Weddings & Ceremonies**, creating spiritually rich, non-religious ceremonies such as conscious weddings, vow renewals, engagement rituals, and bridal blessings. She is also a **Dances of Universal Peace** leader. Contact her for more info.

Re-turn to your (Flower) Essence with Louise Rose

- Contact:** +91 73053 73562

Flower medicine ceremonies (for individuals or groups). Blending Naturopathy, Dance & Somatic therapy, and Sonic Healing. Through a holistic Naturopathic approach; you will be guided to work with plant oversouls as allies, to explore your subtle, emotional and physical landscape. These sessions support reconnection to Inner and outer Nature.

*Tailor-made tinctures, herbal teas and aromatherapy blends provided for both group circles and 1 on 1 sessions.

PLAYCIRCLE - A NEW ACTIVITY AT JOI ANITYA TO REDISCOVER THE JOY OF PLAY!

TUESDAY 26TH & FRIDAY 29TH AUGUST, ANITYA



Come and join our new PlayCircle: a mix of games, laughter, and body interactions for a fun and safe experience. The perfect way to move, connect, feel your body and your emotions, and play like kids again!

- Open to all (15+).
- No experience needed. Come with comfortable clothes.
- Facilitated by Camille, trained practitioner (info by WA +33 6 77 79 35 14)
- Dates and timings: **Tuesday 26th & Friday 29th August from 5:00 to 6:30pm**
- Location: Thamarai Hall in Anitya community, follow the signs from Center Field and try not to get lost!
- No contribution required.

We can't wait to see you!

WORKSHOPS

JIVA AUROVILLE - YOUR JOURNEY IN HEALING AND TRANSFORMATION



We offer therapy, workshops, classes and professional trainings in a large variety of approaches

Upcoming Workshops

- JIVA Breathwork : Sun 24th - Thur 28th Aug
- Intro to Integral Regressiontherapy : Sat 23rd Aug

Ongoingly

- Horse Assisted therapy and Natural Horsemanship
- Deeply therapeutic sessions in Integral Regressiontherapy

www.auroville-jiva.com WA 96260 06961 contact@auroville-jiva.com

WEIGHT WAIT WHAT

4-DAY MOVEMENT & CONTACT IMPROVISATION WORKSHOP

THURSDAY 28TH - SUNDAY 31ST AUGUST, CRIPA



Weight Wait What is a space to:

Pause and feel.
Sense and connect.
Drop into the floor.
Fall, roll, rise, and move with others
with Jeevak & Navya

We warmly invite you into four days of shared movement exploration, presence, and physical dialogue through the practices of somatics, contact improvisation, and floorwork.

This is a space to investigate how the body listens, responds, supports, and relates—both with the ground and with others. Each session blends technical movement tools with open improvisational spaces, guiding you from solo inquiry to duet and group engagement.

What we'll explore:

- Contact principles & shared weight
- Somatics & body listening
- Lifts, momentum & redirection
- Touch, consent & emotional awareness
- Spontaneous compositions

No experience needed — all bodies and stories welcome.
Come move, roll, listen, support, and improvise!

- 📍 Cripa Hall, Auroville
- 📅 28–30 August (4 PM – 8 PM)
- 📅 31 August (9 AM – 1 PM)
- 🐦 Early Bird till 25 August

📞 For info/registration: aurovilleartworld@gmail.com
www.copaz.in



EMBODIED MEMORIES OF AUROVILLE



Hello,

I am Fabrice Nicot, a French theater director and teacher associated with the Grotowski Wroclaw Institute in Poland (<https://scenes-monde.univ-paris8.fr/fabrice-nicot>).

I proposed a workshop in Auroville last May and I was very happy with the work. This gave me the idea to propose a new project on the "Embodied Memories of Auroville": a work on the founding texts of Auroville and the personal stories of Aurovilians using a method of voice, the organic body, and their memories inspired by Jerzy Grotowski (Polish director and teacher 1933-1999).

I will be in Auroville from August 11th to 31st.

We will continue the work with some previous participants, but if other Aurovilians would like to join us, that would be great. The ideal would be a daily 2/3-hours group session (times would depend on the group's availability) to acquire a minimum of technique, and individual meetings with each of you (private lessons) according to your availability to work on your personal materials (texts, stories, etc.).

To make the best of the time spent together, you need to learn a text that deeply resonates with you by heart.

Feel free to spread the word.

For enquiries, contact

aurovilleartworld@gmail.com

Warmly, *Fabrice*

CULTURAL ANNOUNCEMENTS

INTENTIONAL NEW MOON DAY

FRIDAY 22ND AUGUST, TIBETAN PAVILLION

LET US CELEBRATE AN INTENTIONAL NEW MOON DAY
AUGUST 22, FRIDAY

JOIN US FOR A SHAMANIC DRUM JOURNEY 5.30PM TO 7PM

Immerse yourself in **mystical rhythms** and spiritual connection through **drumming and meditation** under the new moon.

PAVILION OF TIBETAN CULTURE, INTERNATIONAL ZONE, AUROVILLE

To register
Call 0413 2622401
WhatsApp
8489067332

ABSTRACT PAINTING PERFORMANCE - LIVE

SATURDAY 23RD AUGUST, YOUTH CENTRE



Abstract Painting Performance (Live) by Rishi Colors, emotions, and music come alive on a giant canvas.

Experience art as it's being born — raw, vibrant, and in the moment.

Meet Rishi — traveler, artist, and art therapist — as he creates live paintings that capture the essence of the human spirit.

★ Flea Market Stalls

- Louis – Resin Art, Incense Holders
- Bhavana – Brass Jewelry
- Lavanya – Paintings, Postcards & Fridge Magnets
- Olga – Face Painting, Postcards & Paintings
- Elena – Ceramic & Resin Art, Copper Jewelry

Event begins at 4:00pm onwards

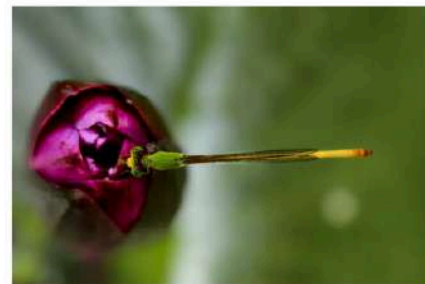
PHOTO EXHIBITION BY SATTVA

FRI 8TH - SAT 30TH AUGUST, PITANGA

Photo Exhibition
by
SATTVA

August 8 – 30, 2025
at Pitanga

"Little Creatures"



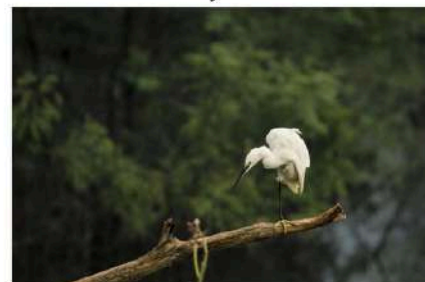
SATTVA



Two photo series that present an intimate look at the natural world around us. Familiar yet alien; beautiful, dramatic & delicate.



"Birds in our Backyard"



Exhibition timings: Daily, except Sundays

Pitanga Cultural Centre, Samasti, Auroville 605 101 | info@pitanga.in | 0413 - 262403, 9443902403

A service unit of the Auroville Foundation, Health and Healing Trust branch | GSTIN: 33AAARTAO37BY3N

8.30 - 12.30pm & 2.30 - 5.30pm

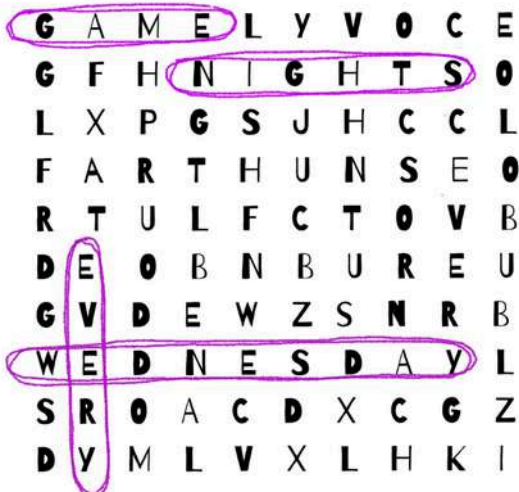
DD GRANT EXHIBITION

15TH - 23RD AUGUST 2025, CENTRE D'ART



LE PAVILLON DE FRANCE PRESENT GAME NIGHTS EVERY WEDNESDAY, FRENCH PAVILION

LE PAVILLON DE FRANCE
AUROVILLE PRÉSENTE



OPEN TO ALL LEVELS
EVERY WEDNESDAY, 4:00 TO 5:30 PM
AT FRENCH PAVILION - INTERNATIONAL ZONE

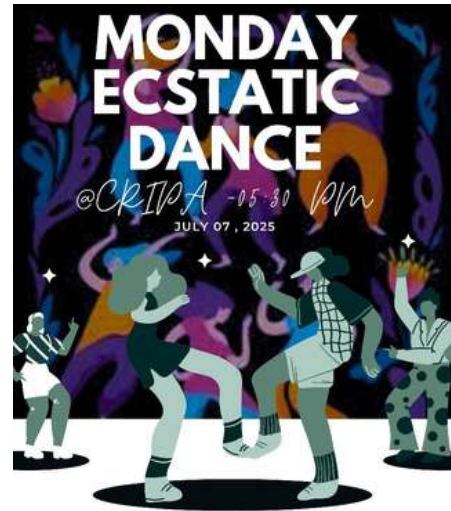
Join us weekly for a board game session!

Come have fun, meet new friends, and unleash your creativity. Open to all ages, all languages, and all levels. Whether you enjoy memory games, speed challenges, or strategy games, there's something for everyone.

Feel free to bring your favorite games along!

AT CRIPA

MONDAY ECSTATIC DANCE



Get rid of your Monday blues


And get into your Monday grooves.


Enjoy the community spirit of dancing together and celebrate your own ecstatic inner journey.

Live.Breathe.Dance

Free entry - donations encouraged

 Mondays from 30th June - 1st September

 5:30 - 7:30pm

 Cripa, Auroville


GARBA IMMERSIVE WORKSHOP WITH MEGHA TUESDAYS





Over the next three months, you'll immerse yourself in the tradition of Indian folk dance.

Free entry - donations encouraged

 Tuesdays from 1st July - 30th September

 4:45 - 6pm

 Cripa, Auroville

 (+91) 88707 30567

RASEEDI TICKET - AN ENGLISH PLAY ON THE STORIES, POETRY, AND AUTOBIOGRAPHY OF AMRITA PREETHAM
SATURDAY 23RD AUGUST, CRIPA

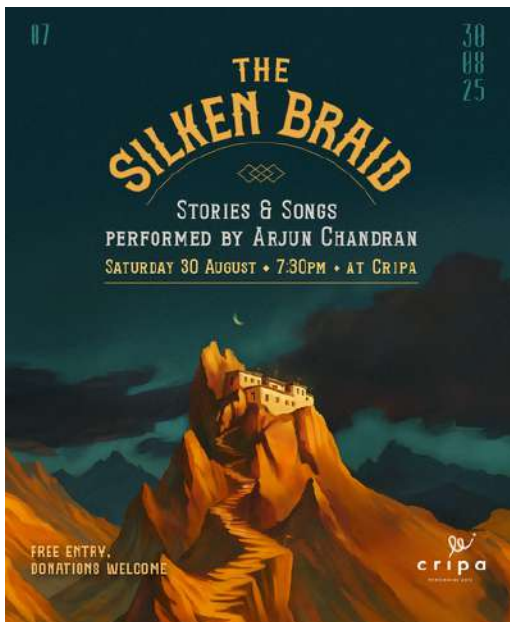


Written by Sudha Adukala, directed by Dr. Savita Rani and performed by Shalom Sannutha, the play addresses the issues of women relevant even after generations, questioning the style of existence and identity.

17 Saturday 23rd August
7:30pm
Cripa, Auroville

Free entry - donations encouraged

THE SILKEN BRAID PERFORMED BY ARJUN CHANDRAN
SATURDAY 30TH AUGUST, CRIPA



The Silken Braid is a musical performance piece that ties together stories lived and uncovered along the travels of an unaligned musician across the landscape of modern India.

The stories are set to pieces of music that were composed during these journeys, reflecting the cultural norms of the towns and villages that they were created in, and they uncover the movement of sounds, stories and ideas that traveled into India along the Ancient Silk Road. The Silken Braid weaves together tales of historical and mythical figures with the everyday experiences and

and encounters of common folk, as experienced by an itinerant musician in search of a culture to call his own.

17 Saturday 30th August
7:30pm
Cripa, Auroville

Free entry - donations encouraged

FOOD

RIGHT PATH CAFE, VISITORS CENTRE



NATURALLY FIZZY, PROBIOTIC-RICH, AND ALIVE WITH CULTURE – LEARN TO BREW YOUR OWN WILD DRINKS AT HOME

EVERY SATURDAY, MARC'S CAFE STORE



Learn how to make amazing fermented drinks with Matilde

This beginner-friendly workshop is all about reconnecting with ancestral microbes and learning to make naturally carbonated, healthful beverages using traditional methods. No commercial yeast, no fancy equipment—just real ingredients, wild starters, and intuitive brewing.

What you'll learn to make:

- **Kombucha** – from brewing basics to bottling and flavoring
- **Tepache** – a traditional, naturally fermented pineapple drink
- **Ginger Ale & Wild Sodas** – crafted with fruit, herbs, and wild starters
- **Wildcrafted Fruit Vinegar** – zero-waste, nutrient-rich, and easy to brew

WHEN : Every Saturday 10 am - 12 pm at CLC

WHERE : on top of Marcs Cafe Store

contact@marcscoffees.com for more info

FOOD FOREST TOUR & SUNDAY BRUNCH

EVERY SUNDAY, LA FERME COMMUNITY



FOOD FOREST TOUR & SUNDAY BRUNCH

Living Foods & Vegan Ice Cream Making

Every Sunday, 9-11 AM

La Ferme Community

(5 min from AV Bakery)

WhatsApp Sarah: 9047421044

www.myfoodforest.in



POETRY

Look, World

Sept. 5, 2005

Perhaps an evil waiting in the streets
Inhabiting this city known for sin
Chose the hour when the storm came in
To flood the alleyways and dark retreats,

Its beastly covenants of lawlessness
Enact among the animal types that prey
Upon the weak who in their helplessness
They maim and rape and violently slay.

The world condemns and hears the plaintive cries,
Powerless or callously it waits
While the violence and hate of centuries
Unleashed on the downtrodden masses sates.

But look, world, peer into your heart
And see the darkness resident within
Know that every soul is also kin
And no one, even the purest, lives apart.

We are confounded by the magnitude
Of greed for power, lust of fallen souls
And in this air consume our daily food.
We are the ones for whom the bell tolls.

Written after reading of the terrible injustices to our fellow humans following the devastation in New Orleans.

Narad

FOR THE BOOKWORMS



AUROVILLE LIBRARY

THEME OF THE MONTH

Every month, we choose a topic and set up a display of books from our collection.

This month's theme is
OUR EARTH!

Come by to check out our selection!



AUROVILLE RADIO



Dear Aurovilians,

Your favourite radio is always working for you. Stay tuned!

Last published podcasts:

- [Marlenka's weekly Offering – Ep.149](#) (Literature)
- [Savitri - Ep.19 : Introductory Comments in Tamil | சாவித்ரி காவியம் ஓர் அறிமுக விளக்கம் by Dhanalakshmi](#) (Spirituality)
- [Sadana and Saranya are interviewing their fellow classmates who are involved in community service](#)
- [Sri Aurobindo's "The Life Divine" read by Deepti Tewari- Book 1, Chapter 1: "The Human Aspiration"](#) (Spirituality)
- [Cosmic Inner Weather Report Ep.11: Living Intensities, in Ten Cities](#) (Conversations)
- [Soul Tracks S.6, Ep.19: Groovy Tunes, Jazzy Beatles and a Black Mass. Who could ask for more?](#) (Music)
- [Une série hebdomadaire de lectures par Gangalakshmi – Ep.505](#) (Integral Yoga)

Latest Youtube video:

- [Sri Aurobindo's The Life Divine read by Deepti Tewari | Book 1 - Chapter 1](#)

....and more! on www.aurovillerradiotv.org.

For more information write to radio@auroville.org.in

Peace and love

Regards,
Sai Priya for Auroville RadioTV

CINEMA

NEW MOON MOVIE

FRI 22ND AUG, MULTIMEDIA ROOM, CENTRE D'ART, CITADINES

Every New Moon day, Art movie screening at Centre d'Art, Citadines.

This month it will happen on **Friday 22nd August at 5pm, in the Multimedia room.**

FACES PLACES by Agnes Varda, 2017 – 93 min - Original version with English subtitles.

Faces Places (Visages Villages) is a 2017 French documentary film directed by renowned filmmaker [Agnes Varda](#) and artist [JR](#). The film documents the duo as they

journey through rural France, capturing the portraits of the people they meet along the way. Their collaborative process leads them to create large-scale portraits, which are then displayed on buildings and other public spaces, leaving a profound impact on both the subjects and the communities they visit.

The film is an exploration of art, human connection, and the power of shared experiences, bridging generational and cultural gaps through the simple act of portraiture.

Everybody is welcome



Cinema Paradiso

Multimedia Center (MMC) Auditorium
Film program: 25th - 31st August 2025



Cinema Paradiso-Multimedia Center is operating at 100% seating capacity. Seating starts about 15 mins before screening and stops as the film starts. Kindly arrive in time.

A reminder not to use cell phone for any reason while the program is on, and no food/beverage to be taken inside the hall.

INDIAN - MONDAY 25 AUGUST, 8:00 PM:

• VIDUTHALAI: PART 2

India, 2024, Writer-Dir. Vetrimaaran w/ Vijay Sethupathi, Manju Warrier, Soori, and others, Action-Drama, 170mins, Tamil-Hindi w/ English subtitles, Rated: NR (R)

In this acclaimed film, constable Kumaresan is thrust into a moral battlefield when tasked with capturing the elusive rebel leader Perumal. As he witnesses the horrifying abuse of power by his own force, Kumaresan's loyalty begins to fracture. With truth buried under violence and fear, he must decide whether to obey or resist. *When justice is silenced, rebellion becomes the loudest voice.*

POTPOURRI - TUESDAY 26 AUGUST, 8:00 PM:

• NYBYGGARNA (THE NEW LAND)

Sweden, 1972, Dir. Jan Troell w/ Max von Sydow, Liv Ullmann, Eddie Axberg, and others, Epic-Drama, 102mins, Swedish-English w/ English subtitles, Rated: PG

Based on Vilhelm Moberg's acclaimed literary series, this acclaimed film tells the story of Swedish pioneers Karl-Oskar and Kristina, who struggle to build a new life in 1850s Minnesota while Robert chases fortune in California. Amid language barriers, war, and inner doubts, their journey reveals the grit and heartbreak of forging a future on unfamiliar soil. *The pioneer spirit endures—through sacrifice, sorrow, and the promise of a new beginning.*

SELECTION - WEDNESDAY 27 AUGUST, 8:00 PM:

• PETIT PAYS (SMALL COUNTRY: AN AFRICAN CHILDHOOD)

France-Belgium, 2020, Dir. Eric Barbier w/ Jean-Paul Rouve, Isabelle Kabano, Djibril Vancoppenolle, and others, Drama, 112mins, French-Kirundi-Swahili w/ English subtitles, Rated: NR (PG)

This film is being brought to you in collaboration with Alliance Française. In this literary adaptation of the bestselling novel by Gaël Faye, young Gabriel lives a carefree life with his siblings and friends, in a lush neighborhood on the edge of chaos. But as ethnic tensions erupt into violence, innocence gives way to trauma. Torn between his French heritage and Rwandan roots, Gabriel must navigate a world unraveling around him. *When childhood meets catastrophe, memory becomes survival.*

INTERESTING - THURSDAY 28 AUGUST, 8:00 PM:

• LEVIATHAN

UK, 2025, Dir. Alexander Beiner w/ Ciaran Craig, George Tsamis, and others, Documentary, 80mins, English w/ English subtitles, Rated: NR (PG)

A visually rich and emotionally resonant documentary that explores the breakdown of social trust and the deeper patterns shaping our world. Drawing on myth, psychology, and systems thinking, it offers a journey that is as intellectually engaging as it is psychospiritual, inviting reflection, renewal, and a reimagining of how we live together. *This film has been shared with us by Henrik, a member of the community.*

INTERNATIONAL - SATURDAY 30 AUGUST, 8:00 PM:

• THE SUPREMES AT EARL'S ALL-YOU-CAN-EAT

USA, 2024, Writer-Dir. Tina Mabry w/ Aunjanue Ellis-Taylor, Sanaa Lathan, Uzo Aduba, and others, Comedy-Drama, 124mins, English w/ English subtitles, Rated: PG-13

This Emmy winning film tells the story of Odette, Clarice, and Barbara Jean—once inseparable in their youth - reunite decades later in their Southern hometown. Their buried secrets, old wounds, and unexpected revelations threaten their lifelong bond. At Earl's All-You-Can-Eat, laughter collides with heartbreak as these fierce women confront the past to reclaim their future. *Come and see how secrets simmer, and sisterhood never fades.*

CHILDREN'S MATINEE - SUNDAY 31 AUGUST, 4:00 PM:

• KUBO AND THE TWO STRINGS

USA-UK 2016, Dir. Travis Knight w/ Charlize Theron, Art Parkinson, Matthew McConaughey, and others, Fantasy-Epic, 101mins, English w/ English subtitles, Rated: PG

In this award-winning film, young Kubo lives in a peaceful seaside village with his loving but ill mother. Using his magical shamisen, he brings stories to life! But when a scary spirit returns, Kubo must go on a brave adventure with Monkey and Beetle to find his father's magical armor and discover who he truly is. *A magical journey begins when you dare to believe in your own story.*

CLASSIC WORLD CINEMA @ CINÉ-CLUB

CINÉ-CLUB SUNDAY 31 AUGUST, 8:00 PM:

• IL VANGELO SECONDO MATTEO (THE GOSPEL ACCORDING TO ST. MATHEW)

Italy - France, 1964, Dir. Pier Paolo Pasolini, w/ Enrique Erazoqui, Margherita Caruso, Susanna Pasolini and Others, History - Drama, 137mins, Italian w/ English subtitles, Rated: NR.

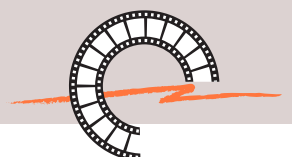
Along a rocky, barren coastline near the Sea of Galilee, Jesus teaches through parables, drawing disciples as he moves from place to place. His growing influence catches the attention of the Pharisees, chief priests, and elders, who conspire to have him arrested, beaten, tried, and crucified—just as he foretold. After his death, he appears to his disciples and gives them final instructions.

Rating codes we often use are from Motion Picture Association of America (MPAA): G= General Audiences, PG= Parental guidance suggested, PG-13= Parents strongly cautioned, R= Restricted (equivalent to Indian rating: A i.e., for Adults), NR= Film Not Rated, Rating awaited.

To organize a seminar/program at MMC kindly email us at mmcauditorium@auroville.org.in.

We need your support to maintain and bring quality films to you. Set up a recurring or one time donation at Unity Fund for our Account # 105106, or you can contribute at the venue.

Thanking You,
MMC/CP Group Account #105106,
mmcauditorium@auroville.org.in



COMMUNITY SERVICES

ESSENTIAL SERVICES

AUROVILLE'S FINANCIAL SERVICES (AVFS)

- **Timings:** Monday to Saturday, 9am - 12:30pm, and 3pm - 4:30pm
- **Phone:** 0413 2622171
- **Email:** financialservice@auroville.org.in

ELECTRICAL SERVICE (AVES)

- **Timings:** Monday to Saturday, 8am - 4:30pm
- **Phone:** 0413 2622132 / 94888 68747 for fault works, repair works and job works
0413 2622264 for clarifications reg. electricity bills, job and repair works bills
- **Email:** aves@auroville.org.in

GAS BOTTLE SERVICE

- **Timings:** Monday to Saturday, 9am - 1pm and 2pm - 4pm
- **Phone:** 0413 2622452
- **Email:** avgasservice@auroville.org.in

WATER SERVICE

- Monitors water lines and supply within AV, undertakes water-related jobs.
- **Timings:** Monday to Saturday, 8am - 12pm and 2pm - 4:30pm
- **Phone:** 0413 2622877, 89035 53246
- **Email:** avwaterservice@auroville.org.in

ECO SERVICE (WASTE COLLECTION/MANAGEMENT)

- **Timings:** Monday to Saturday, 8:30am - 12:30pm, and 1:30pm - 4:30pm
- **Phone:** 63796 69034
- **Email:** ecoservice@auroville.org.in

POUR TOUS DISTRIBUTION CENTRE (PTDC)

- **Timings:** Monday to Saturday, 9am - 5pm
- **Phone:** 0413 2622746 / 2622796
- **Email:** ptdc@auroville.org.in

POUR TOUS PURCHASING SERVICE (PTPS)

- **Timings:** Monday to Saturday, 8:30 am - 5pm
- **Phone:** 0413 2622152

AUROVILLE LIBRARY

Timings:

Mornings:

- Monday to Saturday : 9am - 12:30pm

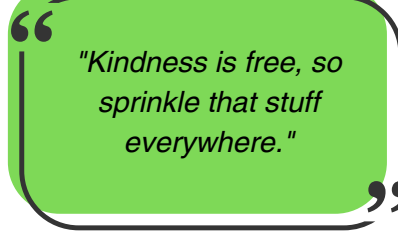
Afternoons:

- Mon, Wed, Thurs, Fri & Sat: 2pm - 4:30pm
- Tuesday : 4pm - 6:30pm

Children's Storytime! All ages welcome!

- Every **Saturday** between 10am - 11am.

- **Phone :** 0413 350 9191
- **Email:** avlib@auroville.org.in
- **Website:** <http://library.auroville.org.in/>



Wavy Gravy

HEALTH

SANTÉ SERVICES IN AUGUST 2025

sante

Working Hours:

Monday - Saturday: 9:00 - 12:30pm & 2:00 - 4:30pm

Tests and Sample collection:

Monday - Friday: 8:30am - 12:00pm

No sample collection on Saturday

For emergencies, contact:

Auroville Ambulance (24/7) - Phone: **+91 94422 24680**

Government Ambulance (24/7) - Phone: **108**

Appointment

Please call Santé (0413) 262 2803 during working hours for an appointment.

| | |
|---|--|
| Doctor Consultation with Dr. Joseph, Dr. Pavan & Dr. Sana: Monday to Saturday | Nurse Care - Thilagam, Ezhil, Archana & Sandhya: Daily: no appointment needed |
| Ayurveda with Dr. Berengere: Tuesday / Wednesday / Friday | Integrative Psychotherapy with Juan Andres: Monday to Friday (11th Aug onwards) |
| Physiotherapy & Massage with Galina: Monday to Friday | Homeopathy with Michael: TOS |
| Midwifery & GYN Care with Paula: Monday & Wednesday | Soundbed Session with Sandhya / Thilagam: Monday to Saturday |
| Bio-Well Assessment (Evaluation of your well-being) with Helena – inquiry email adminsante@auroville.org.in | |

In Santé, we value our patient's confidentiality and make every effort to ensure their privacy.

In case of cancellation or to reschedule, it is necessary to inform us in advance.

HEALTH CENTER - KUILAPALAYAM

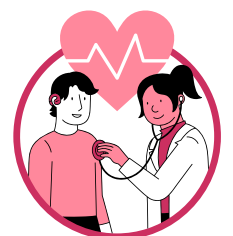
Contact: (0413) 3509942 / 3509943

Pharmacy:

- 8:00am - 5:30pm Monday to Saturday

Doctor Consultation:

- 8:30am - 5:00pm Monday to Friday
(1 - 2pm Lunch Break)
- 8:30am - 1pm (Saturday)



DENTAL CLINIC - KUILAPALAYAM

- **Timings:** Monday to Saturday, 9am - 5pm daily
- **Phone:** 0413 2622007/ 2622265
- **Email:** aurodentalcentre@auroville.org.in

NURSE SERVICES

My name is Madhi and I'm 27 years old. I was born and brought up in AV.

I have done my bachelor degree in B.SC (Nursing) and I have more than three years experience as a Staff Nurse in hospital (one year in psychiatric ward, six months in ICU and six months in emergency) and giving care for elderly people in AV for the past 2 years.

Services:

- Patient assessment and care plan.
- Medication administration.
- Vital signs monitoring.
- Wound care.
- To provide blood and lab test .
- Personal care assistance.
- Patient education.
- Fall prevention strategies.
- Providing assistance with bathing, dressing, grooming, and toileting needs.
- Communication and collaboration with physicians.
- Documentation of medical reports.
- End-of-life care.



If you need any assistance please do contact the below mentioned email or contact number.

Contact: 95972 22826 (Madhi) call/WhatsApp

E-mail Id: madhiazhagan014@gmail.com

AYURVEDA TIPS FOR RAINY SUMMER



Late summer, with its amount of rains, brings lots of humidity and dampness in the air that affect the body and its Dosha in many different ways: Pitta ferments and shows signs of acidity, bloating, inflammation or strong body odour, lots of stagnation and retention felt in the digestive tract. Emotionally unhealthy Pitta becomes bitter, impatient and frustrated in the mind or the heart. Vata gets cold and makes the joints more painful with an irregular digestion and bowel movements and mind might be imbibed with anxious thoughts, worries or lack of concentration.

We can help ourselves with the following recommendations:

With the food

- Eat only when hungry and eat the appropriate amount (both hands joined together is the size of the stomach)
- Take a warm, cooked meal with any spices to improve the digestion (eg: ginger, turmeric, black pepper, cumin, coriander, cinnamon, ajwain, basil, garlic etc)
- Eat green leafy vegetables, take light dishes made of mung dal, vegetable soups... all pulses and dal are good when cooked with spices (all spices are good apart from red powder-chilli powder)
- For non-vegetarian, eat white meat or small fishes
- Drink warm water all day long (especially when there's a sore throat)
- Dinner should be light and taken 2 hours before going to bed

- Give energy to the body with cereals and grains such as: amaranth, barley, cooked oats, granola, rice
- Honey is the best sweetener
- Ghee used for cooking and Sesame and Olive oils for dressings
- Chew some neem or Tulsi leaves.

Some immunity enhancers:

- **Giloy/Guduchi** (Tinospora cordifolia): a very good immune regulator; 1tsp of powder morning and evening in warm water
- **Amalaki (amla)**: full of vitamin C; consumed fresh if available or in powder
- **Turmeric**: Anti-inflammatory, can be used for gargling with warm water and a pinch of salt
- **Tulsi** (Ocimum tenuiflorum/sacrum): for the lungs, fresh leaves in warm water
- **Ashwagandha** (Whitania somnifera): immune regulator and calming the nervous system; 1tsp morning and evening in milk or warm water
- **Ginger – Turmeric – Black pepper powders (Be No1)**: improves digestion and energy, ½ tsp with warm water or lemon juice + honey once or twice a day
- **Tulsi – Cinnamon – Amla – Ginger – Turmeric – Black pepper powders (Be No3)**: as prevention or in case of cold, cough, flu, feverish state, body ache, ½ tsp with a sip of warm water or lemon juice + honey once a day if it's preventive, 3 times a day before food if there are symptoms
- Saffron, aloe vera, licorice herbal infusions
- **Chyavanprash Avaleha**: 1 tsp in the morning with breakfast.

Special treat for joint pain and inflammation:

- **Shallaki Cream or Oil mixed with Castor Oil (Eranda Tailam)**: massage twice a day the painful joint, it's a painkiller and anti-inflammatory
- **Rosemary Essential Oil**: 1 or 2 drops with the massaging oil and apply locally. It's anti-inflammatory
- **Shallaki Tablets**: for arthritis, muscular pain, joint inflammation
- **Triphala Guggulu Tabs**: to reduce bloating, swelling, inflammatory conditions, 1 or 2 tabs per day before meals (use for short period).

In the activities, help Pitta and Vata to be centred and grounded:

- Be grounded in the heart or abdomen with Yoga, Pranayama, Meditation, observing the breathing movements in the abdomen, Yoga Nidra, Body Awareness, Qi-Gong, Tai Chi...
- Regular exercise, 30 minutes daily
- Gardening, cultivating, weeding, cooking
- Keep warm, take warm showers, cover your neck from chilled breeze
- Gargling with salty water if sore throat
- Oil pulling with 1 Tbsp of sesame or coconut oil, keep in the mouth for some time, spit it out and rinse the mouth with warm water (can be done early morning or at bedtime after brushing the teeth)
- Nasya: pour 2 drops of sesame oil or Anu Tailam in each nostril once a day
- 4-5 drops of Castor Oil in the belly button followed by slight massage around the umbilicus at bed time
- Fragrances: sandalwood, rose, jasmine.

Let's be all well, happy and healthy.

Be at Santé Clinic





ACCESS TO THE PARK OF UNITY AND MATRIMANDIR

The Park of Unity

The Matrimandir, the Petals, the Lotus Pond, Banyan Tree are areas of SILENCE

- The Park of Unity is open to Aurovilians and Newcomers Daily: 6.00 AM to 7.30 PM
- Aurovilians may bring children and friends to the Gardens Daily: 9.00 AM to 7.30 PM
- Volunteers and Pass holders require a pass to enter the Park of Unity. Timings will be indicated on the pass.
- Published events in the Park of Unity are open to Aurovilians, Newcomers, Volunteers, Pass holders and Guests. Guests should bring their Aurocards.

The Inner Chamber of the Matrimandir

The Matrimandir is a place for silent individual concentration.

- The Inner Chamber is open to Aurovilians and Newcomers:

Monday – Saturday 6.00 AM to 8.00 AM

4.30 PM to 7.30 PM

Sunday 6.00 AM to 12.00 PM

4.30 PM to 7.30 PM

- The Inner Chamber is open to SAVI registered Volunteers:

Wednesday – Monday 8.00 AM to 8.40 AM.

Arrival at 7.45 AM at the Office Gate

- The Inner Chamber is open to Aurovilians wishing to accompany a maximum of 5 close family and friends, no more than once in two weeks, with booking 3 to 5 days in advance at mmconcentration@auroville.org.in:

Any day except Tuesday & Sunday: 8.00 AM to 8.35 AM

Arrival at 7.45 AM at the Office Gate

- The Inner Chamber, the Petals and the Gardens are open to the Children of Auroville and the Outreach Schools:

Tuesday 9.00 AM to 11.00 AM

- Auroville units can bring their staff to the Inner Chamber with a prior booking at mmconcentration@auroville.org.in:

Tuesday 8.00 AM to 8.30 AM

Auroville TO PONDICHERRY

| | Trip 1 | Trip 2 | Trip 3 |
|--------------------------------|--------|--------|--------|
| Svaram Musical Center | 7:00 | 8:50 | 14:50 |
| Vérité Guest House - Junction | 7:02 | 8:52 | 14:52 |
| Town Hall - Main Parking | 7:06 | 8:56 | 14:56 |
| Solar Kitchen (Ex Round About) | 7:10 | 9:00 | 15:00 |
| Certitude Entrance | 7:12 | 9:02 | 15:02 |
| New Creation Road | 7:17 | 9:07 | 15:07 |
| SBI Bank—Kuilapalayam | 7:19 | 9:09 | 15:09 |
| ECR Junction—Aroma Guest House | 7:23 | 9:14 | 15:14 |
| Quiet Healing Center—Junction | 7:26 | 9:17 | 15:17 |
| Lotus Hotel—S.V Patel Salai | 7:36 | 9:30 | 15:30 |
| Ashram Road Junction | 7:38 | 9:33 | 15:33 |
| Ashram Dining Hall | 7:40 | 9:35 | 15:35 |

Pondicherry TO AUROVILLE

| | Trip 1 | Trip 2 | Trip 3 |
|--------------------------------|--------|--------|--------|
| Ashram Dining Hall | 8:00 | 12:15 | 18:10 |
| Ashram Road Junction | 8:02 | 12:17 | 18:12 |
| Lotus Hotel—S.V Patel Salai | 8:07 | 12:22 | 18:17 |
| Quiet Healing Center—Junction | 8:17 | 12:32 | 18:27 |
| ECR Junction—Aroma Guest House | 8:20 | 12:35 | 18:30 |
| SBI Bank—Kuilapalayam | 8:25 | 12:40 | 18:35 |
| New Creation Road | 8:27 | 12:42 | 18:37 |
| Certitude | 8:32 | 12:47 | 18:42 |
| Solar Kitchen (Ex Round About) | 8:34 | 12:50 | 18:44 |
| Town Hall - Main Parking | 8:38 | 12:54 | 18:48 |
| Vérité Guest House - Junction | 8:42 | 12:58 | 18:52 |
| Svaram Musical Center | 8:45 | 13:00 | 18:55 |

- Single Trip = ₹100 per person
- Monthly Scheme (Students + AV Workers) = ₹1200
- Monthly Scheme (Students + AV Workers) = (One Way) ₹850

Auroville Vehicle Service
 Town Hall, Auroville, 0413 2623302



Join our WhatsApp group of Auroville Bus to get regular updates:

<https://chat.whatsapp.com/Lt43wBCBno1E6CTwoaUt2x>

EMERGENCY NUMBERS

Ambulance (24/7):

| | | |
|--------------------------|----------------------|--|
| Auroville 94422 24680 | PIMS 0413 2656271 | |
|--------------------------|----------------------|--|

Security (24/7):

| | | |
|---|---|---------------------------------------|
| Auroville Police Station 0413 2677318 | Kottakuppam Police Station 0413 2236148 | Vanur Fire Station 0413 2677368 |
|---|---|---------------------------------------|

Health:

| | | |
|--|-----------------------|-------------------------|
| Health Center 0413 3509942 & 3509943 | Santé 0413 2622803 | Farewell 89038 36246 |
|--|-----------------------|-------------------------|

Mental Health 24/7 Support:

Vandrevala Foundation +91 99996 66555

India Emergency Response Service (24/7): 108