

Auroville NEWS & NOTES

No 1086 - A weekly bulletin for residents of Auroville

14 August 2025

RA EDITION



PONDERING

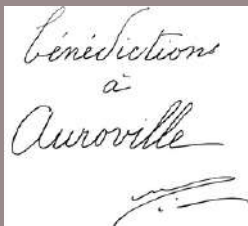
... since the spiritual life of India is the first necessity of the world's future, we fight not only for our own political and spiritual freedom but for the spiritual emancipation of the human race.

Sri Aurobindo

<https://www.anewdawn.in/sri-aurobindo-on-india>



THE MOTHER ON AUROVILLE



First Edition 1977, Reprinted 1993, 1999
© Sri Aurobindo Ashram Trust,
Pondicherry, India.
Published by Madanlal Himatsingka on
behalf of
Vak Trust, Pondicherry - 605002
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Pondicherry - 605001

AUROVILLE IN ELABORATION

LIFE ASPECTS - ADMINISTRATIVE NOTES

Page 85

Whenever a woman is about to have a child at the Auroville Maternity Home, The Mother should be informed.

The children born in Auroville are naturally Aurovilians and Auroville will be responsible for them. But if the parents take the children away from Auroville with them, Auroville's responsibility comes to an end.

3.4.1971

*

For the smooth running of Auroville all individual questions about the life of Auroville should be presented to The Mother by Shyam Sunder and nobody else.

5.4.1971

Page 86

All construction projects should be submitted to the Construction Service before being sanctioned by The Mother.

5.4.1971

*

Auromodel will be developed as a first attempt at community life in Auroville. At the centre of Auroville we shall build huts for twenty to thirty people who will participate in the construction of the Matrimandir and in its organisation.

10.4.1971

*

Nothing should be built in Auroville, not even temporary huts, without the agreement of the Construction Service of Auroville.

10.4.1971

*

Auroville is in the construction stage and disciplined workers are needed.

Those who do not want or are not able to follow a discipline should not be here at present.

Good will, sincerity and discipline are indispensable qualities for

The city the earth
needs.



Blossoming

The result of trust and
success. - *The Mother*

Tulipa L., Liliaceae.

Tulip

those who want to be Aurovilians.

23.4.1971

*

In this country cleanliness is *indispensable* to avoid typhoid.

1.6.1971*

*

Smoking must not become a public menace.

Page 87

Those who cannot do without smoking may do it in a room
expressly set aside for the purpose.

1971

*

Aspiration is a place to work for Auroville. Those who do not
work should make room for the workers who are needed.

22.7.1971

*

The building of the Matrimandir now requires the support of all
men of good will, both inside and outside Auroville.

The help of specialised and qualified contractors, backed and
supported by the enthusiasm and faith of the Aurovilians, is
necessary for its rapid construction.

10.10.1971

NEWS & NOTES GUIDELINES

DEADLINE FOR SUBMISSIONS:

TUESDAY 5PM

The content of News & Notes is a reflection of the growth process of this community towards its ideals of Harmony, Goodwill, and Truth. Editing of submissions, mainly for reasons of space and clarity, is done according to an established policy.

RA NEWS & NOTES - A QUICK GUIDE



What We Publish

- Working group announcements and reports
- Residents' voices and personal sharings
- Free cultural events open to all residents
- Information from essential services
- Content that strengthens community-building in Auroville

Working Groups & Foundation Office Content

- All RA Working Group announcements will be included
- Links to Foundation Office content will be provided without duplication
- Direct submissions from Foundation Office groups will be included as regular content

What We No Longer Publish

- Commercial activities and paid workshops
- Non-community-focused events
- Content from "Activities & Events," "Food, Goods & Services," and "Classes, Workshops and Healing Arts" sections

Exceptions

We may consider including content that falls outside these guidelines if:

- It is submitted exclusively to RA News & Notes
- It has significant community benefit
- It aligns with our service-oriented focus

Submission Guidelines

- Deadline: **Tuesdays at 5pm**
- Email: newsandnotes@auroville.services
- Content must be community-building focused:
 - Open and accessible to all community members
 - Not profit-oriented
 - Contributing to collective growth or well-being
 - Promoting Auroville's ideals and values

- For further information, please [click here](#) 😊 to view our complete FAQ document.
- For past issues or to subscribe, visit: auroville.media/newsandnotes

We thank you for your collaboration and understanding.

DISCLAIMER:

Please note that the opinions and views expressed on these pages are solely those of the respective authors or work groups and do not necessarily reflect the position of the editors or the larger Auroville community. The News & Notes aims to provide a platform for the publication of diverse perspectives and voices from multiple sources within Auroville.

While our editors strive to ensure the accuracy of the information presented, we cannot guarantee that all information is free from error or omission. Additionally, we cannot be held liable for any alleged misinformation provided or offence caused by the content published.

In the event of any dispute, we encourage readers to consult with the Auroville Council, and we reserve the right to suspend the publication of disputed material. Our commitment to providing an open and inclusive platform for dialogue and exchange of ideas remains steadfast.

The News & Notes Team
newsandnotes@auroville.services

LIST OF ACRONYMS:

- **AVF** (Auroville Foundation),
- **AVFO/FO** (Auroville Foundation Office),
- **GB** (Governing Board),
- **RA** (Residents' Assembly)

The following groups are divided in two categories: The groups selected by the Residents' Assembly through Community decision making Processes and the groups put together by the GB and the FO (*not recognised by the Residents' Assembly*).

Working groups selected by the Residents' Assembly:

- Working Committee (RA WCom)
- Funds and Assets Management Committee (RA FAMC)
- Budget Coordination Committee (RA BCC)
- Town Development Council / L'avenir d'Auroville (RA TDC)
- Auroville Council (AVC)
- Entry Service (ES)

GB groups:

- Working Committee (GB WC)
- Funds and Assets Management Committee (GB FAMC)
- Budget Coordination Committee (GB BCC / GB BCS)
- Auroville Town Development Council (GB ATDC)
- Housing Service (GB HS)
- Land Board (GB LB)



NOTE FROM THE EDITORS



Dear Community,

Here is some important information:

- If you would like to support the RA N&N, please send us an e-mail at newsandnotes@auroville.services.
- Content sent through @auroville.org.in mail ID will only reach us if you use this [FORM](#) to submit your content.
- The mail ID to submit content is: newsandnotes@auroville.services
- To request a **PRINTED COPY**, send us your name and community to our email!

Thank you for your continued support!

In community,

The RA Community Edition News & Notes Team

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WORKING GROUPS NEWS

FROM THE ENTRY SERVICE

ES # 264 DATED: 11-08-2025

The following people have been recommended by the Entry Board to join our community. Please share your feedback within 2 weeks for potential Newcomers, Associates and Friends of Auroville and within 4 weeks for Potential Aurovilians, Returning Aurovilians, Youth and Spouse/Partner of an Aurovilian in writing at auroville.entryservice@gmail.com.

We thank you in advance.

The Admission Committee aka **the Entry Board of the Residents Assembly**, under section 19 of the Auroville Foundation Act

(Amy B., Don, Fabienne, Grace, Mirco, Sara, Sonja, Vadivel)

AUROVILIAN ANNOUNCED



- **Banumathy ARUNKUMAR (Indian)** staying in Swayam and working at Housing Service



- **Tosha PARMAR (Indian)** staying in Terra Soul and working at Mandala Pottery

AUROVILIAN CONFIRMED

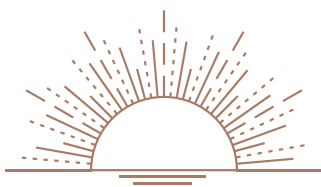
- **Ganesh SHANMUGAM (Indian)**
- **Sasikala SIVAKUMARAN (Indian)**

DID NOT COMPLETE THEIR PROCESS WITH THE ENTRY BOARD

- **Punitha THIRUMAL (Indian)**
- **Deepani RADHAKRISHNA (Indian)**

NOTE:

- A Newcomer becomes an 'Aurovilian' once his/her name has been confirmed by The Admission Committee (aka the Entry Board) after following due process.
- The date of becoming 'Aurovilian' is the date of confirmation. An Aurovilian confirmed by the Entry Board is eligible to participate in all community decision-making processes.
- The formal administrative step of entering new residents into the Register of Residents (RoR), is done by the Secretary of the Auroville Foundation. For this, a B-Form is filled in and signed by the individual and a meeting with the Secretary is arranged by the Entry Secretariat. However, until such time as the court has made its ruling about Admission and Termination Regulations 2023, the meetings of Confirmed Aurovilians with the Secretary will be pending.





FO GROUPS NEWS

(not selected by due Residents' Assembly process)

FROM THE FO N&N 1091

Please click [HERE](#) to read the FO groups' news

COMMUNITY NEWS



OBITUARY

REMEMBERING NADINE

We are deeply saddened to announce the passing of Nadine Fabret in France on 7th August 2025.

Nadine was our friend, our neighbor in Svedame, and a valued member of our community for many years. A unique spirit, she could be warmly social yet also deeply comfortable in her own company.

She cared passionately about learning — often questioning

conventional schooling, yet in recent years sharing her gifts by teaching French at the Transition School and lending her support in the library. She also brought healing and care through shiatsu sessions and hypnotherapy.

She was a strong woman with a big, infectious laughter, which she shared with all who knew her.

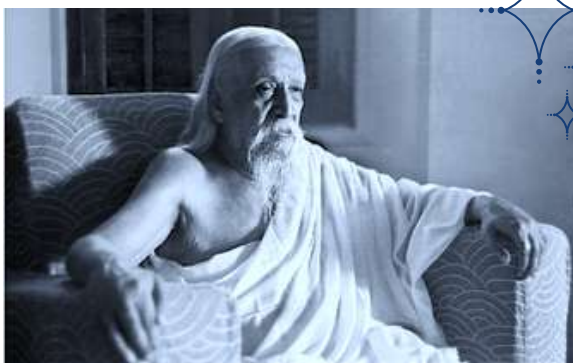
Too young, too soon — at only 59, she has left us suddenly. Our heartfelt condolences go to her daughter, Madhu, to her lifelong partner and friend, Thierry, and to her family in France.

A funeral service to honor her life will be held on **Thursday 14th of August** in Vidauban, France. Friends and family are welcome to gather in remembrance and to celebrate her life.

We will miss you, Nadine. Your presence, your voice, and your strength will stay in our hearts.



COMMUNITY SHARING



PONDY TRIPS ON DARSHAN DAY:

FRIDAY 15TH AUGUST 2025



August 15th is Sri Aurobindo's birthday, and also India's Independence Day.

The Auroville SAIER bus will leave at 3 pm via the ordinary route and will return from Pondy at 6 pm, to allow those willing to use AV's collective transport the visit of Sri Aurobindo's room.

Tokens are required.

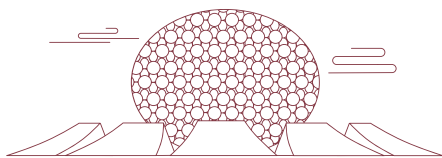
This is not a commercial bus and the offer is only for Aurovilians and newcomers having darshan.

Paulette

COLLECTIVE MEDITATION

FOR SRI AUROBINDO'S BIRTHDAY WITH DAWN-FIRE

FRIDAY 15TH AUGUST, MATRIMANDIR AMPHITHEATRE



This is he that expresses the powers of the gods, the untameable who speeds on its way this our sacrifice, this is the seer who comes with the wine of sweetness in his hands.

Translation by Sri Aurobindo, Hymn to Agni

Collective Meditation - 4:45 am to 6 am

- Entrance from the **Second Banyan Gate** (Viewing Point Gate) **ONLY**
- (Parking as per instruction below)
- Open from **4 am**
- All are requested to be seated by **4:45 am**
- The gate will remain closed from **5:00 to 6:00 am**.

Important Information

- The Dawn-fire meditation at the Amphitheatre of the Matrimandir is an opportunity for individuals to experience inner silence in a unique collective setting. To maintain the special atmosphere, everyone is requested to **maintain complete silence**.

- **Please note that during the meditation, from 5 to 6 am, the gates will remain closed.** Latecomers may join in after 6 am. Access is limited to the Amphitheatre and up to 7 am only.
- **Cell phones, Cameras, Tablets and other recording devices are strictly not allowed in the Park of Unity, the Matrimandir Gardens and the Amphitheatre.** You may leave your belongings at home, in your vehicle or deposit them at the 'Custody Facility' near the designated parking area outside the Park of Unity. Matrimandir Management will try to take utmost care of your items, but will not be responsible for theft or damage of items deposited at the "Custody Facility".
- **Please do not bring your pets to the Matrimandir.**

Through your participation, you can help make the collective meditation a precious moment of inner experience.



Traffic and Parking Instruction

- All are requested to **avoid coming by car.**
- Parking for **two wheelers only** will be at the **Second Banyan** (a short walk from the road to the West Gate), **parking cars at the Second Banyan is not permitted**, cars will have to park on the old Matrimandir road.
- People coming from Town Hall side will have to use the diversion road to reach the second Banyan.

Thanking all in advance for your understanding and cooperation.



Evening Program

6 pm at the Amphitheatre, Savitri Music

- Entrance from the Office Gate from **5:30 to 5:45 pm only.**
- Last entry for guests at **5:50 pm.**
- Guests need to bring along their Aurocard.

Bonne Fête and see you there

AUROVILLE RELATED BOOK GIVEAWAY

14TH - 28TH AUGUST, AUROVILLE LIBRARY

From Thursday 14th - Thursday 28th August, we will be offering surplus **Mother, Sri Aurobindo, Disciples and Auroville related books for free.**

Pass by during our opening hours to see what's available!

The Auroville Library Team



AUROVILLE LIBRARY -

CLOSED FOR SRI AUROBINDO'S BIRTHDAY

FRIDAY 15TH AUGUST

Dear Community,

The Auroville Library will be **closed** on Friday 15th August for Sri Aurobindo's birthday/Independence Day.

We wish all a peaceful holiday!

The Auroville Library Team

Kathrin, Amy, Ayesha, Kalaivani, Vani, Monica, Devna



DEAR INDIAN BROTHERS AND SISTERS,

"Let's wake up!
Let's raise our voices for our rights!
Let's uplift Auroville!"

For the past few years, we have been observing the administration of Auroville with the hope of change, but many of us haven't been satisfied with the progress. We've been patient, hoping things would improve. However, today, even basic human rights (freedom of speech, expression, and gathering together to discuss important things) are being denied.

As citizens of India, the time has come for us to come together and raise our voices. Efforts are already underway. Your contribution is crucial - your physical presence.

Please lend a helping hand.

For more details, contact: Arun Ambathy - 95001 83706.
Thank you 🙏🙏🙏

விழித்தெழுவோம்!
உரிமைக் குரல் எழுப்புவோம்!

ஆரோவில்லை மேம்படுத்துவோம் என்று கடந்த சில ஆண்டுகளாக நடந்து வரும் வேலைகள் நம்மில் பெரும்பாலோருக்குத் திருப்தி அளிக்காதிருந்தன. ஆனாலும் பொறுத்திருந்து பார்க்கலாம் என நினைத்துக் காத்திருந்தோம். ஆனால் இன்றோ ஒரு தனிமனிதனின் அடிப்படை உரிமைகளும் (பேச்சு சுதந்திரம், கருத்தைத் தெரிவிப்பது, கூடிக் கலந்து ஆலோசிப்பது) கூட மறுக்கப்படுகின்றன.

ஆகவே, இந்திய மண்ணின் மக்களாகிய நாம் ஒன்றாகக் கூடி குரல் எழுப்ப வேண்டிய நேரம் வந்து விட்டது. அதற்கான முயற்சிகள் எடுக்கப்பட்டு விட்டன. இதில் உங்களுடைய பங்கு என்னவென்றால், உங்களின் நேரடியான வருகையே (physical presence). தயவு செய்து உதவிக்கரம் நீட்டுங்கள்.

விவரங்கள் அறிய: அருண் அம்பாதி, +91 95001 83706
தொடர்பு கொள்ளுங்கள்.

**STRONGER
TOGETHER**

MATRIMANDIR NEWSLETTER - AUGUST 2025

Matrimandir

August 2025

Click [here](#) to read Matrimandir Newsletter for August or scan the QR code.





RESIDENTS SPEAK

SOMETHING ELSE

The human drama
Everywhere, again and again...

Oohlala!

Fortunately, man is a transitional being.

Otherwise, just stay in Nirvana.

Now in the meantime,
Back to the churning.

The rationale of the City of Dawn
Is to concentrate the comedians¹
So that the needed few may be
Compelled to consent truly, finally,
To the Call of MahaShakti
As Her willing instruments
For something else.



<https://youtube.com/shorts/-oCGeFIICc?si=UdydF234L1qjRb9x>

Om Namo Bhagavate

1. <https://zechjoya.blogspot.com/2025/08/but-it-is-comedy.html>



For readers of the printed version, please scan the QR Code or click [this link](https://zechjoya.blogspot.com/2025/08/but-it-is-comedy.html) or go to this blogsite to access the post of the same title: <https://zechjoya.blogspot.com/>

Zech

ATM CENTERS

Dear All,

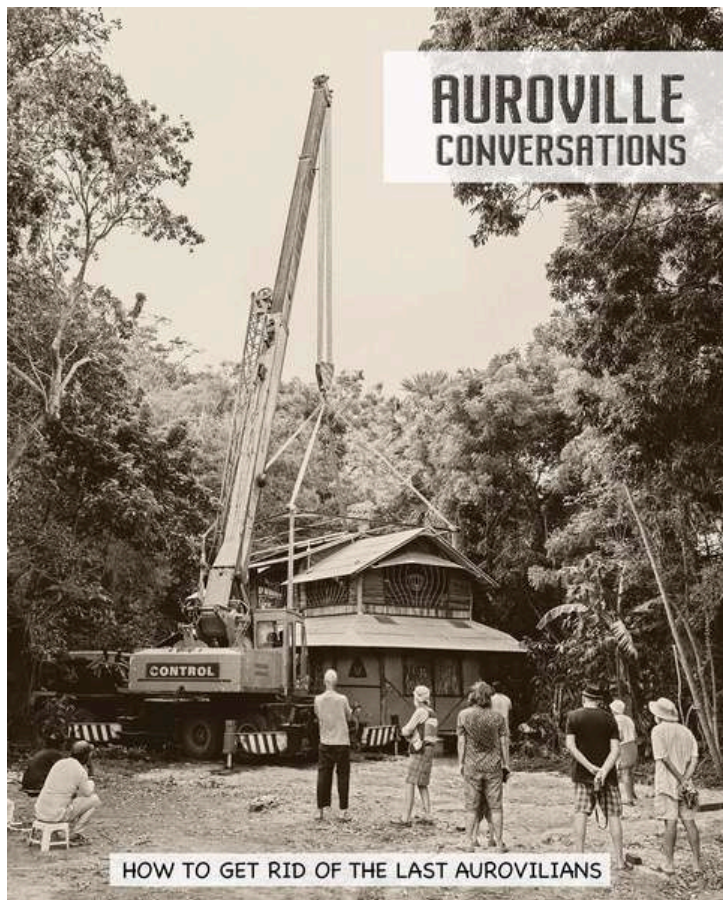
Don't we need 3 to 4 ATM Centers of leading 3 to 4 banks to be installed at 3 to 4 places ..such as Town Hall, Solar Kitchen, HERS and Visitors' Centre?

Gijubhai from Maitreye 2

FOOD FOR THOUGHT



AUROVILLE CONVERSATIONS



Submitted by an Aurovillian

FRENCH NEWS & NOTES

NOUVELLES D'AUROVILLE



Auro - Traductions

Click [here](#) or scan the QR code to read the **French News&Notes**.



INNER JOURNEY

INTRODUCTION TO THE INTEGRAL YOGA OF SRI AUROBINDO AND THE MOTHER

Tuesday 19th August, 9 am - 12 noon
Focus: The Great Stair of Existence

Led by Ashesh Joshi

Place: Mirabelle Education Centre, Auromodele
Ph/Whatsapp: 94891 47202 (Please register)

All are Welcome



OM CHOIR WITH NARAD

EVERY TUESDAY, 05:30 - 06:15PM

Please join us in this collective aspiration, in the form of united prayer.

No prior singing experience is required.

At Savitri Bhavan - Square Hall



SAVITRI SATSANG WITH NARAD

EVERY TUESDAY, 04:30 - 05:15PM

SAVITRI at Savitri Bhavan returns from the **first day of July 2025** with Savitri Satsang and the OM Choir at 4:30pm and 5:30pm respectively.

In this deep exploration of Savitri we will study:

1. The mantric basis of Savitri
2. The importance of iambic pentameter in epic poetry
3. The wealth of definitions in Savitri from Sri Aurobindo and Mother
4. Music and alliteration in Savitri
5. Words defined from the 'Lexicon of the Infinite Mind'
6. The Mother's Words on Savitri

We will begin at the beginning, again on **Tuesday 1st July**, with Canto 4, 'The Secret Knowledge'.

At Savitri Bhavan - Square Hall.

All are welcome to join.

Narad

AMPHITHEATRE - MATRIMANDIR

Meditations at sunset with SAVITRI,

**Every THURSDAY
from 6:00 to 6:30pm**

(weather permitting)



Savitri, Sri Aurobindo's long mantric poem, read by Mother to Sunil's music are on weekly for everyone to concentrate, in this beautiful open space in the very center of Auroville.

Reminder to all: The Park of Unity is a place for silence, meditation and inner work and is to be used only as such. We request everyone: please do not use cameras, tablets, cell phones, etc. No photos.

Guests with Aurocard wishing to attend must book at <https://bit.ly/savitri-reading> one or two days in advance or the very day before 11am. Please bring your Aurocard with you.

Access by Office Gate for the Amphitheater only from 5:15pm. Thank you.

Guests are requested to bring along their Aurocards.

Last entry for guests at 6:00pm.

Access limited for guests to the Amphitheatre

Last exit for guests at 6:45pm.

Velmurugan and the Access Team

VIBRATIONAL SOUND BATH

SOUL NURTURING MEDITATIVE EXPERIENCE WITH THE ORIGINAL RUSSIAN SINGING BELLS

*These are sounds of the Beginning
These are sounds that cradled the worlds*

Harmonious play of rich powerful tones and strongly resonating overtones invokes a profound state of inner peace, tranquility and self-healing, bringing deep physical and psychological relaxation.

Open Group - Everyday 3:00 - 4:30pm

At Mirabelle Education Center, Auromodele,
Kuyilapalayam

Led by Vera (Instagram - [Vera.Auroville](#)) and Ashesh Joshi

Please register in advance

Ph/WhatsApp: +91 94891 47202, +91 94862 47202

(Private sessions on request at other timings)

VIPASSANA MEDITATION

Dear Meditators,

You are all very welcome to the weekly half-day Vipassana meditation course for "old students" only (meaning for those who have completed at least one 10-day course as taught by SN Goenka).



- **Date:** Sunday 17th August
- **Time:** 9 am - 1 pm
- **Venue:** Udavi school, near tank, Edayanchavadi, Auroville, 605101
- **Location:** <https://maps.app.goo.gl/4fu6Besiyw9vzsVy7>

👉 First building to the left near the parking.

No registration is required.

You can come for the whole course or just drop in for some time whenever you want.

📞 Please keep your cell phone off for the duration of the course.

Contact: Sanjay Tumati, +91 87909 82210 (available on WhatsApp), sanjay@auraauro.com

Metta



TATTVA BODH (WISDOM OF THE DIVINE)

BOOK READING CIRCLE & MEDITATION MARATHON

Weekly Event. Different Days, Different Authors

@ **Hall of Peace** (*Unity Pavilion*), **Harmony Hall** (*Bharat Niwas*) and Online

It gives me immense joy to finally conceive and put to action, book reading circles with embodiment practices. More sessions per week, more wisdom literature, more meditation tools. Includes *interactive book reading, live sound bath, pranayama, yoga, meditation, wisdom audibles, OM chanting, journaling and many more activities*. A high **intense spiritual state** is what we need, without any day off. Otherwise, we are bound to get lost in lower worldly consciousness, and inevitably invite pain in our lives. The daily program was the missing plug, and now it's been found (*More days will be added in future*).

Program schedule

MONDAYS 6 PM - 8 PM	TUESDAYS 5 PM - 7 PM	THURSDAYS 5 PM - 7 PM	SATURDAYS 5 PM - 7 PM	SUNDAYS 5 PM - 6.30 PM
Unity Pavilion Hall of Peace	Bharat Niwas Harmony Hall	Bharat Niwas Harmony Hall	Unity Pavilion Hall of Peace	Online Ask for the link
				
SYNTHESIS OF YOGA <i>Sri Aurobindo</i>	BE AS YOU ARE <i>Ramana Maharshi</i>	BASES OF YOGA <i>Mother's Talks</i>	THE POWER OF NOW <i>Eckhart Tolle</i>	A NEW EARTH <i>Eckhart Tolle</i>
FOLLOWED BY				
 Meditation Breathwork	 Live Sound Bath	 Meditation Yoga	 Ambient Music Wisdom Audible	 Book Meditation

Please note -

- Embodiment practice will happen in last 30 minutes of 2-hour session.
- For Thursday Yoga, please wear loose comfortable outfit.
- Get notebook/pen to take notes/learnings/journaling.

Minimum contribution –

- Per session – INR 200
- One week Enrollment (4 sessions) – INR 600
- One Month Enrollment (16 sessions) – INR 2500

(This is minimum contribution to meet the Program expenses, more is welcome).

(Aurovilians/ Newcomers excluded, but can donate as per their discretion).

Please contact **Debashish (+91) 76782 08825** for queries. Direct walk-in permitted.

Prior registration needed for online session on Sundays.

Warmly, Debashish

ANNOUNCEMENTS

AUROVILLE BICYCLE CHAMPIONSHIPS 2025

SUNDAY 17TH AUGUST, FROM TOWN HALL



Dear Friends,

We are happy to announce our next event for the MTB bicycle riders in August 2025. Join us on **17th of August at 06:00am at the Townhall parking area** for the exciting race inside Auroville for all ages above 12 years old. The distance of the race is 18 kms. This time we have a men & women category.

[Register now](https://forms.gle/LbC2tjhsC7iATPwV6) to participate in the race.

On race day the spot registration is not available. The registration closes on Monday 11th August.

Regards,

RAJU

+91 94430 74825 (Whatapp only)

Greenride Bicycles

THE SCHOOL OF THE INNER WAY PRESENTS THE ART OF CHI - STEVANOVITCH'S METHOD

18TH AUGUST - 6TH SEPTEMBER, TAI CHI HALL SHARNGA



TAI CHI CHUAN BEGINNERS' INTENSIVE

- Monday 18th August to Saturday 6th September
- Monday to Saturday, 7:30 - 10:30 am

Beginners: Chi and Tai Chi basics

Three weeks, three steps through the discovery of the Chi work and the 24 posture form.

Led by Krishna, the work is essentially directed towards:

- Concentration techniques to stay focused;
- Mastery of the body through breathing and muscular relaxation;
- Improvement of movement through balance and coordination;
- Learning to mobilize Chi. First perceiving it, then guiding it in one's body with the use of three factors: will, imagination and muscular activity.

This is a recreational activity.

For information and booking, contact Krishna at 0413 - 2623187
taichi@auroville.org.in or taichi.auroville@gmail.com
www.artduchi.in

VEDIC ASTROLOGY - NEW YEARLONG PROGRAM BEGINS

FROM SUNDAY 31ST AUGUST

We're beginning the next year of our Vedic Astrology program on Sunday 31st August at 9:00 AM IST.

This is a one-year program designed for both new students and continuing students. We'll meet online weekly, as well as in-person for 5 retreats.

We'll cover the Signs of the zodiac, and the planets of Vedic Astrology along with the Houses. We will also look at states and strengths of planets, as well as timing important events in life.

There will also be five optional in-person retreats over the year, dedicated to the Navagrahas, with guided practices and visits to ancient temples in Tamil Nadu.

The intention of the program is to help you understand your own birth chart, and the birth charts of others, possibly leading to a second source of income.

If you're interested:
www.allthingsvedic.in/vedic-astrology-for-beginners



Feel free to reach out if you have questions or would like to speak before signing up.

Vikram Devatha, 98439 48288,
All Things Vedic

TIBETAN DOCTOR VISIT

THURS 28TH - SAT 30TH AUGUST, TIBETAN PAVILION

Greetings to all,

This is to share with you all, that the Tibetan Doctor and the team based in Chennai, Men-Tsee-Khang, is visiting Auroville on

- Thursday 28th from 2:00 to 5:30 pm
- Friday 29th from 8:30 am to 1:00 pm, afternoon from 2:00 to 5:30 pm
- Saturday 30th from 8:30 am to 1:00 pm.

The consultation is held at Pavilion of Tibetan Culture, International Zone.

To get your appointment you can reach out by calling us @ 0413 2622401 WhatsApp to 84890 67332.

Or by sending us email to Tibetpavilion97@auroville.org.in



Submitted by Kalsang.

HIVE COWORKING SPACE

OPEN HOUSE EVERY FRIDAY, AUROMODE



NEED A PLACE TO WORK?

**OPEN
HOUSE**



FREE ON EVERY FRIDAY

More Info : +91 90 42 75 95 40 | www.auromode.in

Are you looking to work, study, create or simply connect with like-minded professionals in a serene place? Step into Hive and experience the Cosy workspace with super-fast Internet, Coffee - **All for FREE** on our Open House.

- Venue: Hive, Auromode
- Time: 9 am - 7 pm
- Visit us at www.auromode.in/hive-coworking for more details on our plans and facilities.
- For inquiries: auromodehive@auroville.org.in / +91 90427 59540 (WA) / +91 70921 97375 (WA) or drop by.

All are Welcome!!!

AUROVILLE FUTSAL/FOOTBALL CLUB

DEHASHAKTI

Futsal is played on a much smaller court, it is more fun and intense, with more opportunity for goal scoring.

We play futsal in Dehashakti.

If you like football/Futsal and you want to learn, play and have fun, come and enjoy with us.



	<ul style="list-style-type: none"> • Girls are playing Mondays and Wednesday at 5pm. • All age – level • Please contact Balaji 89402 24950
	<ul style="list-style-type: none"> • Boys (16yo+) are playing every Tuesday and Fridays at 5pm. • Please contact Beber 63856 35943

GUIDED GARDEN TOUR

19TH AUG - 14TH OCT, AUROVILLE BOTANICAL GARDENS



- **Wednesdays and Fridays - 9:30 am** (about 1.5 hour walk).
- Be on time - Bring your water bottle and a hat - Meeting point at BG Kitchen .
- Please send us an email to: avbg tours@gmail.com to book your walk.



SUPPORT NEEDED

SUPPORT BHAVYO'S ARTISTIC JOURNEY -

90-DAY ARTIST-IN-RESIDENCE PROGRAM AT
TAOXICHUAN ART CENTER, JINGDEZHEN, CHINA



Dear **community** members,

I'm Bhavyo. Some of you may know me as an art teacher at Last School and a young artist exploring painting, photography, and now ceramics. I've been invited to a 90-day Artist-in-Residence program at Taoxichuan Art Center, Jingdezhen, China! An amazing opportunity to grow and offer the best of my art.

The residency is partially funded, but I need help covering the cost

of shipping my large ceramic works back to Auroville. Any contribution, big or small, will make a difference.

FS account: 106629

For more information about this opportunity **or to donate** please visit my GoFundMe page:

<https://www.gofundme.com/f/support-bhavyos-artistic-journey>

For any further questions reach out to me on WhatsApp:

+91-96260 82638

Thank you for supporting my art!



LOST

LOST PHONE

If you find this phone, please contact
Petra in WhatsApp 80989 58679.



LOOKING FOR

LONG TERM HOUSESITTING FROM SEPTEMBER



Hi Auroville family, my name is Dave, I'm Aurovillian and I'm looking for somewhere to call home for at least next 6 months.

Please get in touch if you know of anything.

Warm Regards,

Dave

M: +44(0)7564 119 728

E: djsevens87@gmail.com

SMALL JOBS AND WORK ASSIGNMENTS

My name is Ajeeth Rajaram. I have been working in Auroville in different places. Presently I finish my studies in medicine, cardiology. Besides the courses and days/nights in the hospital on duty, I am looking for work to support myself and pay for transport. I have a driving license and experience with driving; I have helped in management of a taxi unit in the past. I can repair and fix things. I could do errands or take up watchman duties in off hours. If you need a handyman please call me.

My phone number: +91 70940 95766, SMS, Whatsapp, or call.

Thank you!

Ajeeth

A MEDICAL OR HOSPITAL BED

We are looking for a medical or hospital bed for an old man, Aurovillian Giuseppe.



The bed should have side rails that can either be opened (lowered) or raised so that the old man does not fall out of the bed at night when turning and moving the body. Best would be a bed without wheels.

We are looking for a medical or hospital We are happy to receive an old bed that is still intact, or can get repaired with minimal costs. Please contact Enrica (98400 31935) or Shivaya (94896 01312) by phone/ SMS/ Whatsapp.

Thank you!

TAXI SHARING



Sharing a taxi with one person, carrying a small suitcase, from Auroville to Chennai Airport, **Monday 18th August** leaving Auroville at 6 am. Arriving at the airport about 9 am.

Can accommodate 2 more persons.

Please contact: +91 84471 81515 in Auromode Guesthouse.

Or, email: kumarsehdev455@gmail.com

AVAILABLE/OFFERING

FOR TAKING:

- One corner sink.
- One Western toilet (damaged during removal but still functions. Broken part could be cemented over. See pictures).
- Photos: <https://photos.app.goo.gl/eZJT0pSQdbk99FPM8>

Contact Island 75981 03616

FROM DEEPA

Dearest Community,

I just got back from my summer break. And once again it has made me realise how special and abundant AV still is!

Thus, I am happy to offer my own abundant skill set- time- presence as a gift.

Skill set link: <https://tinyurl.com/v9nwba2>.

Write to me to seek time/ presence/ help with a chore.

Ty for so much love, care and joy!

Regards,

Deepa

stigmatad@gmail.com

[@nomadicdeepa](https://nomadicdeepa), <https://www.facebook.com/deepaaaaaaaaa>



ACTIVITIES AT SERENDIPITY

SERENDIPITY CLASSES

(Ex. Joy Community in front of Center GH)

Center Field, Auroville - 605101, TN, India

Landline: +91 (0)413 350 9950

Mobile/Whatsapp: +91 93856 23342

Email: serendipityauroville@gmail.com

<https://serendipity.auroville.org>

<https://www.facebook.com/serendipityauroville>



REGULAR CLASSES:

Hatha Yoga with Ramesh - first class restarts on Monday 4th August (see poster below)

- **Monday and Thursday from 5:30 - 6:30pm**

Ramesh offers hatha yoga classes with some vinyasa flow and include pranayama, traditional sanskrit mantra chanting, and meditation. The style is gentle, adaptive and progressive where passive, gravity-assisted poses are mingled with dynamic vinyasa-style flow as needed. He places a lot of focus on breathing and body-mindfulness during the practice. It is ideal for beginners to intermediate-level practitioners. You will be exposed to authentic Sanskrit terms and their correct pronunciation. The practice will be rejuvenative and restorative. These specific classes will be on donation basis even for guests.

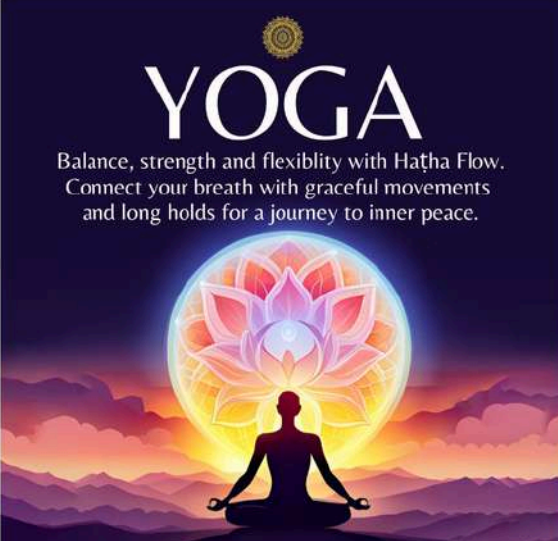
Traditional Sanskrit Mantras with Sonia

- **Friday from 5 - 6pm (Regular students only)**

In the recitation of Sanskrit Mantras the sound is very important, and the specific pitches and strict rules of intonation and syllabic length should be learned according with the tradition of the great masters of the past, who figured out how to use the voice to calm the mind and attune the practitioner to the more subtle levels of the "sadhana" or spiritual path. Through the harmonic rhythm, repetition and participation in the singing, the mind reaches more clarity, concentration and tranquility.

Private Classes on request (for groups or individuals)

- **Hatha Yoga with Ramesh** - for more details contact Ramesh at: +91 98451 68490
- **Traditional Sanskrit Mantras with Sonia** - for more details contact Sonia at: +91 89402 88090



YOGA

Balance, strength and flexibility with Hatha Flow.
Connect your breath with graceful movements
and long holds for a journey to inner peace.

॥ अथ योगानुशासनम् ॥

Every Monday and Thursday - 5:30 to 6:30 PM
DROP-IN | BY CONTRIBUTION
At Joy Hall, Serendipity, Auroville

Ideal for levels between Beginner to Intermediate
WhatsApp: Ramesh +91 9845168490 | serendipityauroville@gmail.com

ACTIVITIES AT JOI - ANITYA COMMUNITY

JOURNEY TO INNER PEACE : HOLISTIC HEALING SERVICES JOI ANITYA



Located in the peaceful environment of Auroville's Centerfield, the Joy of Impermanence—Anitya Community Project offers a variety of holistic services to support your body, mind, and spirit. Our experienced practitioners provide a range of practices to help you relax, heal, and grow, guiding you toward balance and well-being.

- **Location:** Anitya Community, Centerfield, Auroville (500m after Center GH). Road work is ongoing so follow the sign after Nandanam School.
- **Bookings:** For more information or to schedule a session, please contact the practitioners directly (preferably via WhatsApp messages).

Thai Yoga Bodywork with Andres

- **Contact:** +91 97516 07501

Combining elements of yoga, acupressure, and assisted stretching, Thai Yoga Bodywork is designed to release tension, improve circulation, and enhance flexibility. This therapeutic practice helps restore balance to your body and mind through gentle, rhythmic movements.

Andres is also a **Hatha Yoga** teacher with over 15 years of teaching experience. Trained in Ashtanga, Dharma Yoga, Breath-Based Yoga, and Bhakti Yoga, he now focuses on Vinyasa Flow, connecting movement with breath in a smooth, energizing way. He can design a class just for you, whether you seek strength, flexibility, inner calm, or spiritual connection. Session can also include pranayama (breathing practices) and mantras for a deeper experience. Contact him for more info.

Integral Unfoldment Coaching with Dave

- **Contact:** +44 75641 19728

A transformative life coaching approach blending Internal Family Systems (IFS), Focusing, and the Diamond Approach to explore your inner world, integrate all parts of yourself, and unfolding your unique potential for personal transformation.

Dave is also offering **Sacred Song Circles: Singing from the heart** and **Authentic Relating: Relational Group Games**. Contact him for more info.

Relationships as a Spiritual Practice with Prem Shakti

- **Contact:** +91 94892 44823

Prem Shakti guides individuals and couples to explore connection not just as an emotional exchange, but as a sacred journey. Drawing upon tools like Nonviolent Communication (NVC), Authentic Relating, circling, and embodiment practices, she supports participants in cultivating deep listening, emotional intelligence, presence, and compassionate connection.

Prem Shakti also focus on **Spiritual Weddings & Ceremonies**, creating spiritually rich, non-religious ceremonies such as conscious weddings, vow renewals, engagement rituals, and bridal blessings. She is also a **Dances of Universal Peace** leader. Contact her for more info.

Re-turn to your (Flower) Essence with Louise Rose

- **Contact:** +91 73053 73562

Flower medicine ceremonies (for individuals or groups). Blending Naturopathy, Dance & Somatic therapy, and Sonic Healing. Through a holistic Naturopathic approach; you will be guided to work with plant oversouls as allies, to explore your subtle, emotional and physical landscape. These sessions support reconnection to Inner and outer Nature.

*Tailor-made tinctures, herbal teas and aromatherapy blends provided for both group circles and 1 on 1 sessions.

WORKSHOPS

EMBODIED MEMORIES OF AUROVILLE



Hello,

I am Fabrice Nicot, a French theater director and teacher associated with the Grotowski Wroclaw Institute in Poland (<https://scenes-monde.univ-paris8.fr/fabrice-nicot>).

I proposed a workshop in Auroville last May and I was very happy with the work. This gave me the idea to propose a new project on the "Embodied Memories of Auroville": a work on the founding texts of Auroville and the personal stories of Aurovilians using a method of voice, the organic body, and their memories inspired by Jerzy Grotowski (Polish director and teacher 1933-1999).

I will be in Auroville from August 11th to 31st.

We will continue the work with some previous participants, but if other Aurovilians would like to join us, that would be great. The ideal would be a daily 2/3-hours group session (times would depend on the group's availability) to acquire a minimum of technique, and individual meetings with each of you (private lessons) according to your availability to work on your personal materials (texts, stories, etc.).

To make the best of the time spent together, you need to learn a text that deeply resonates with you by heart.

Feel free to spread the word.

For enquiries, contact

aurovilleartworld@gmail.com

Warmly, *Fabrice*

WEIGHT WAIT WHAT

4-DAY MOVEMENT & CONTACT IMPROVISATION WORKSHOP

THURSDAY 28TH - SUNDAY 31ST AUGUST, CRIPA



Weight Wait What is a space to:
Pause and feel.
Sense and connect.
Drop into the floor.
Fall, roll, rise, and move with others
with Jeevak & Navya

We warmly invite you into four days of shared movement exploration, presence, and physical dialogue through the practices of somatics, contact improvisation, and floorwork.

This is a space to investigate how the body listens, responds, supports, and relates—both with the ground and with others. Each session blends technical movement tools with open improvisational spaces, guiding you from solo inquiry to duet and group engagement.

What we'll explore:

- Contact principles & shared weight
- Somatics & body listening
- Lifts, momentum & redirection
- Touch, consent & emotional awareness
- Spontaneous compositions

No experience needed — all bodies and stories welcome.
Come move, roll, listen, support, and improvise!

📍 Cripa Hall, Auroville
📅 28–30 August (4 PM – 8 PM)
📅 31 August (9 AM – 1 PM)
🐦 Early Bird till 25 August

☎ For info/registration: 📱
aurovilleartworld@gmail.com
🔗 www.copaz.in



CULTURAL ANNOUNCEMENTS

AUROVILLE FILM FESTIVAL 2026

Submit by **Friday 15th August** for the Auroville categories.

Do you live in or around Auroville? Do you live in Pondy? Have you made a film?

Submit into the 'made by Aurovilian' category.

School students can submit to the 'made by students' category.

Films made about Auroville, the local villages, or about Pondy can be submitted into the 'made about Auroville' category.

Link to submit:

<https://tiny.cc/avfilmfestival2026>

filmfestival.auroville@gmail.com

aurovillefilmfestival.in



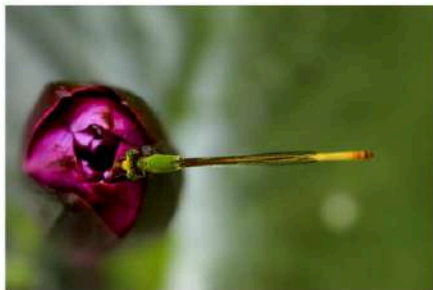
PHOTO EXHIBITION BY SATTVA

FRI 8TH - SAT 30TH AUGUST, PITANGA

Photo
Exhibition
by
SATTVA

August 8 – 30, 2025
at Pitanga

"Little Creatures"



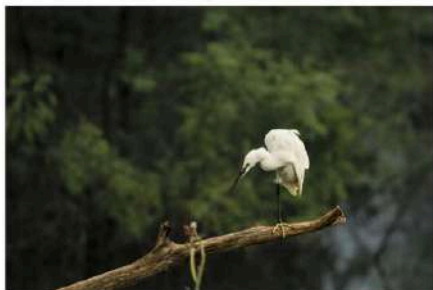
SATTVA



Two photo series that present an intimate look at the natural world around us. Familiar yet alien; beautiful, dramatic & delicate.

&

"Birds in our Backyard"



Exhibition timings: Daily, except Sundays

8.30 - 12.30pm & 2.30 - 5.30pm

Pitanga Cultural Centre, Samasti, Auroville 605 101 | info@pitanga.in | 0413 - 262403, 9443902403

A service unit of the Auroville Foundation, Health and Healing Trust branch | GSTIN: 33AAATA0037BY3N

DD GRANT EXHIBITION

15TH - 23RD AUGUST 2025, CENTRE D'ART

DOMINIQUE DARR GRANT
FIRST EDITION

Opening Friday 15 August 2025 at 4.30
Centre d'Art, Auroville



15 - 23 AUGUST 2025

TUE - FRI 2-5.30 SAT 10-12.30 2-5.30 morning by appointment
centredart@auroville.org.in

Opening on Friday 15th August at 4:30 pm

Centre d'Art created the Dominique Darr Grant to enable young artists to hold an exhibition at Centre d'Art. Photography and video are the main medium used, in tribute to the profession and passion of Dominique Darr.

The collective exhibition will show the work of the 5 artists selected, who worked on the theme of the first edition: "The Sun, the Moon and the Truth, three things cannot be long hidden"

- AADI and BALAJI – Eclipse of the Unknown
- ANANTINI - A Small Teacher
- ARATI – Appearances
- BHAVYO – Remenoir
- SIMRAN - Impermanence

In the proposed projects, the artists interpreted the theme in very different ways, but all of them captured the essence of the inscrutability of truth and will present their distinct visions of the perception of reality.

- Tue - Fri : 2 - 5:30 pm
- Sat : 10 am - 12:30 pm, 2 - 5:30 pm
- Morning by appointment.



PAVILION OF TIBETAN CULTURE PRESENTS AN EXHIBITION ON "THE DALAI LAMA AND AUROVILLE – THREE MEMORABLE VISITS (1973, 1993 & 2009)"

OPEN EVERY DAY EXCEPT SUNDAY, TIBETAN PAVILION



*On the occasion of His Holiness
the Dalai Lama's 90th Birthday*

The Pavilion of Tibetan Culture

invites you to an exhibition

***The Dalai Lama and Auroville
Three Memorable Visits
(1973, 1993, 2009)***



**At the Pavilion of Tibetan Culture
International Zone**

***Opening: every day (except Sunday)
From 9 am to 12:30 and 2 pm to 5 pm***

*I appreciate the development occurring constantly
I pray this place will be of immense benefit to others.*

— His Holiness the Dalai Lama in the Matrimandir's Guest Book,
January 20, 2009

LE PAVILION DE FRANCE PRESENT GAME NIGHTS
EVERY WEDNESDAY, FRENCH PAVILION

LE PAVILLON DE FRANCE
AUROVILLE PRÉSENTE



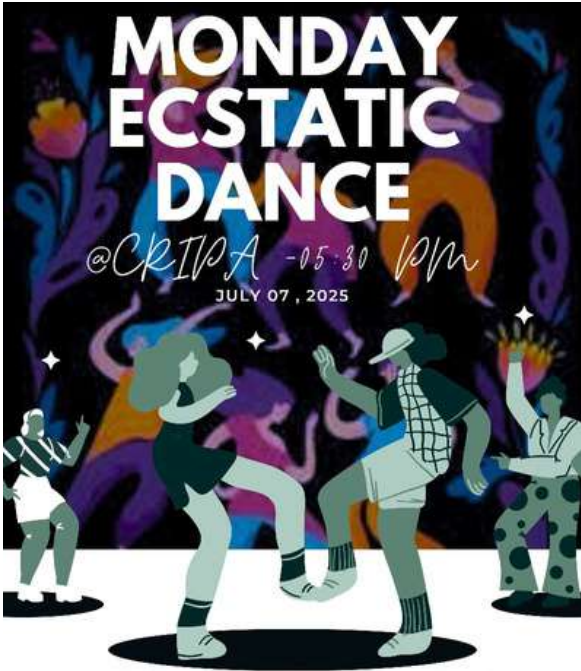
OPEN TO ALL LEVELS
EVERY WEDNESDAY, 4:00 TO 5:30 PM
AT FRENCH PAVILION - INTERNATIONAL ZONE

Join us weekly for a board game session!
Come have fun, meet new friends, and unleash your creativity.
Open to all ages, all languages, and all levels. Whether you enjoy
memory games, speed challenges, or strategy games, there's
something for everyone.
Feel free to bring your favorite games along!




AT CRIPA


MONDAY ECSTATIC DANCE @ CRIPA



Get rid of your Monday blues
And get into your Monday grooves.
Enjoy the community spirit of dancing together and celebrate your own ecstatic inner journey.
Live.Breathe.Dance
Free entry - donations encouraged

 **Mondays from 30th June - 1st September**

 **5:30 - 7:30pm**

 **Cripa, Auroville**

GARBA IMMERSIVE WORKSHOP WITH MEGHA


TUESDAYS




Over the next three months, you'll immerse yourself in the tradition of Indian folk dance.

Free entry - donations encouraged

 **Tuesdays from 1st July - 30th September**

 **4:45 - 6pm**

 **Cripa, Auroville**




 **(+91) 88707 30567**

BEFORE THE DAWN BY YUMIKO YOSHOKA

SUNDAY 17TH AUGUST, CRIPA

A dance of metamorphosis, where darkness melts into brightness. Through her own transformation, Yumiko illuminates secrets in our bodies. Creatures hidden in our forgotten memories joyfully start to revive.

Yumiko Yoshoka is an internationally renowned Japanese Butoh dancer, choreographer and teacher based in Berlin.

-  **Sunday 17th August**
-  **7:30pm**
-  **Cripa, Auroville**

Free entry, donations encouraged



FOOD

RIGHT PATH CAFE, VISITORS CENTRE



RIGHT PATH CAFE ORGANIC RESTAURANT

FRIDAY, 15 AUGUST 2025

The Cafeteria is open at 6:30 AM
for the breakfast after the bonfire.

At the same time Dosa Corner is open.

We support Auroville farms and prioritize Auroville grown food and organic products.



RIGHT PATH CAFE ORGANIC RESTAURANT

FOR AUROVILLIANS & NEWCOMERS

Everyday - 50% off on Breakfast Dishes till 9AM

Thursday - 50% off on Korean Veg. Dishes (Lunch & Dinner)

Friday - 50% off on all Non Veg. dishes (Seafood, Fish and Organic Chicken)

We support Auroville farms and prioritize Auroville grown food and organic products.

NATURALLY FIZZY, PROBIOTIC-RICH, AND ALIVE WITH CULTURE – LEARN TO BREW YOUR OWN WILD DRINKS AT HOME

EVERY SATURDAY, MARCS CAFE STORE



Learn how to make amazing
fermented drinks with
Matilde

This beginner-friendly workshop is all about reconnecting with ancestral microbes and learning to make naturally carbonated, healthful beverages using traditional methods. No commercial yeast, no fancy equipment—just real ingredients, wild starters, and intuitive brewing.

What you'll learn to make:

- **Kombucha** – from brewing basics to bottling and flavoring
- **Tepache** – a traditional, naturally fermented pineapple drink
- **Ginger Ale & Wild Sodas** – crafted with fruit, herbs, and wild starters
- **Wildcrafted Fruit Vinegar** – zero-waste, nutrient-rich, and easy to brew

WHEN : Every saturday 10-12 at CLC

WHERE : on top of Marcs Cafe Store

contact@marcscoffees.com for more info

FOOD FOREST TOUR & SUNDAY BRUNCH

EVERY SUNDAY, LA FERME COMMUNITY



FOOD FOREST TOUR & SUNDAY BRUNCH

Living Foods & Vegan Ice Cream Making

Every Sunday, 9-11 AM

La Ferme Community
(5 min from AV Bakery)

WhatsApp Sarah: 9047421044



www.myfoodforest.in

POETRY

singing mysteries
are self
 existent
singing mysteries
create it
 all

silent awareness
gliding
 thru matter
one with
the mysteries
that sing
 us all

Mauna



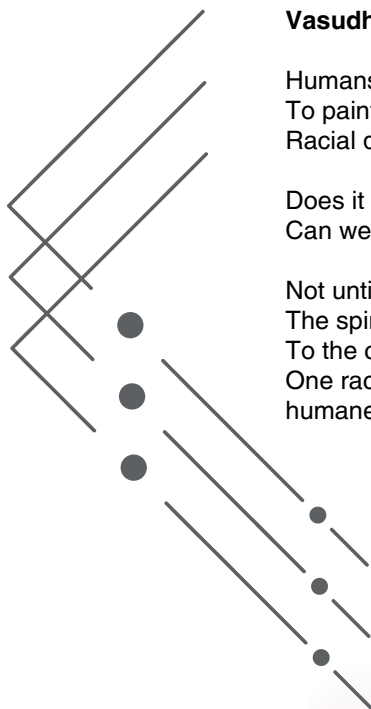
Vasudhaiva Kutumbakam

Humans race
To paint and erase
Racial disparity.

Does it undo the traces?
Can we slacken the pace?

Not until
The spirit rises
To the call of
One race —
humane-ity.

Anandi Z



FOR THE BOOKWORMS

AUROVILLE LIBRARY

THEME OF THE MONTH

Every month, we choose a topic
and set up a display of books from
our collection.

This month's theme is
OUR EARTH!

*Come by to check out our
selection!*



AUROVILLE RADIO



Dear Aurovilians,

Your favourite radio is always working for you. Stay tuned!

Last published podcasts:

- [Marlenka's weekly Offering – Ep.148 \(Literature\)](#)
- [Savitri - Ep.18 : Introductory Comments in Tamil | சாவித்ரி காவியம் ஓர் அறிமுக விளக்கம் by Dhanalakshmi \(Spirituality\)](#)
- [Samaran and Hemashri are interviewing their friends who are involved in community service \(Education\)](#)
- [Une série hebdomadaire de lectures par Gangalakshmi – Ep.504 \(Integral Yoga\)](#)

Latest Youtube video:

- [Infinity - Cover by Ludmi - Auroville Singing Festival 2025](#)
- [Savitri Ep.6 : Introductory Comments in Tamil | சாவித்ரி காவியம் ஓர் அறிமுக விளக்கம் by Dhanalakshmi](#)
- [Menstrual Wellbeing - Ep.3 | மாதவிடாய் நன்னலம் : Conversation with Kalvikarasi from Eco Femme](#)

....and more! on www.aurovilleradiotv.org.

For more information write to radio@auroville.org.in

Peace and love

Regards,
Sai Priya for Auroville RadioTV

CINEMA

NEW MOON MOVIE

FRI 22ND AUG, MULTIMEDIA ROOM, CENTRE D'ART, CITADINES

Every New Moon day,
Art movie screening at
Centre d'Art, Citadines.

This month it will
happen on **Friday 22nd
August at 5pm, in the
Multimedia room.**

FACES PLACES by
Agnes Varda, 2017 – 93
min - Original version
with English subtitles.

Faces Places (Visages
Villages) is a 2017
French documentary
film directed by
renowned filmmaker
[Agnès Varda](#) and artist
[JR](#). The film documents



the duo as they journey through rural France, capturing the portraits of the people they meet along the way. Their collaborative process leads them to create large-scale portraits, which are then displayed on buildings and other public spaces, leaving a profound impact on both the subjects and the communities they visit.

The film is an exploration of art, human connection, and the power of shared experiences, bridging generational and cultural gaps through the simple act of portraiture.

Everybody is welcome



Cinema Paradiso

Multimedia Center (MMC) Auditorium

Film program : 18th - 24th August 2025

Cinema Paradiso-Multimedia Center is operating at 100% seating capacity. Seating starts about 15mins before screening and stops as the film starts. Kindly arrive in time.

A reminder not to use cell phone for any reason while the program is on, and no food/beverage to be taken inside the hall.

INDIAN – MONDAY 18 AUGUST, 8:00 PM:

• VIDUTHALAI: PART 1

India, 2023, Dir. Vetrimaaran & Sujith Rajendiran w/ Soori, Vijay Sethupathi, Bavani Sre, and others, Action-Drama, 150mins, Tamil w/ English subtitles, Rated: NR (R)

Set in 1987 rural Tamil Nadu and adapted from Jeyamohan's short story Thunaivan, constable Kumaresan joins a ruthless police unit hunting Perumal, a rebel leader shielding oppressed villagers. As Kumaresan witnesses brutal injustice and falls for Tamilarasi, he's torn between loyalty and morality—facing a choice that could redefine his soul. *This film had sparked national conversations on police ethics and civil rights.*

POTPOURRI – TUESDAY 19 AUGUST, 8:00 PM:

• UCCELLACCI E UCCELLINI (THE HAWKS AND THE SPARROWS)

Italy, 1966, Writer-Dir. Pier Paolo Pasolini w/ Totò, Ninetto Davoli, Femi Benussi, and others, Satire-Fantasy, 91mins, Italian w/ English subtitles, Rated: NR (PG)

Totò and his son Ninetto wander through surreal landscapes, encountering a Marxist crow who recounts tales of friars preaching love to hawks and sparrows. As they meet landlords, actors, and the poor, their journey becomes a whimsical yet biting reflection on power, ideology, and human nature, culminating in a darkly comic twist that leaves viewers pondering justice and absurdity. *This acclaimed film is included in Italy's "100 Films to Be Saved" list for its cultural impact. A must see!*

SELECTION – WEDNESDAY 20 AUGUST, 8:00 PM:

• THE THEORY OF EVERYTHING

UK-Japan-USA, 2014, Dir. James Marsh w/ Eddie Redmayne, Felicity Jones, Tom Prior, and others, Biography-Romance, 123mins, English-French-Ukrainian w/ English subtitles, Rated: PG-13

In this acclaimed, award-winning film, Stephen, a brilliant Cambridge physicist, falls for Jane, a passionate literature student. When diagnosed with ALS, his body begins to fail—but his mind soars. As Jane supports his rise to scientific fame, their love is tested by time, illness, and ambition. Their journey is a moving testament to resilience, intellect, and the enduring power of connection. *Witness the extraordinary mind, the unbreakable spirit, and the love that defied time, Stephen and Jane's story will move you beyond the stars.*

INTERESTING – THURSDAY 21 AUGUST, 8:00 PM:

• NATURE OF THE CRIME

USA, 2024, Writer-Dir. Ricki Stern & Jesse Sweet w/ Chad Campbell, Richard Healy, Ron Kuby, and others, Documentary, 89mins, English w/ English subtitles, Rated: NR (PG-13)

The film follows Chad Campbell, Todd Scott, and Carlos Robello, three men convicted of violent crimes as teenagers now seeking parole after decades in prison. Through personal interviews and rare access to the parole process, it explores the emotional toll of incarceration, the challenges of rehabilitation, and the moral tension between justice and redemption. At its heart, it's a story about

reckoning the past and the human capacity for change. *This film has been generously shared by ROCO Films, who selected only a handful of communities worldwide to screen it. We are deeply thankful. It's a thought-provoking, emotionally resonant work that challenges viewers to reconsider how justice is defined.*

INTERNATIONAL – SATURDAY 23 AUGUST, 8:00 PM:

- **NUNTA PE BANI (NUNTA PE BAN)**

Romania, 2023, Writer-Dir. Cristian Iliușan w/ Mircea Popa, Alexandra Spatarelu, Adrian Cucu and others, Comedy, 96mins, Romanian-English w/ English subtitles, Rated: NR (PG-13)

Mircea despises weddings—until a viral Facebook rant and a mountain of debt force him to stage his own. With help from his quirky friend Cucu and reluctant fiancée Alexandra, he scrambles to turn the event into a profitable business. What follows is a chaotic, laugh-out-loud race against time, where tradition, ego, and economics collide in the most Romanian way possible. *Time for some laughs. Come for the chaos, stay for the comedy.*

CHILDREN'S MATINEE – SUNDAY 24 AUGUST, 4:00 PM:

- **BUFFALO KIDS**

Spain, 2024, Writer-Dir Juan Jesús García Galocha & Pedro Solís García w/ Mia Pérez Ullod, Jaume Solà, Javier Cassi Gimeno, and others, Adventure-Animation, 93mins, Spanish-Cheyenne w/ English subtitles, Rated: NR (PG)

Orphaned siblings Tom and Mary sneak aboard a train with other children, hoping to find their missing uncle. Along the way, they befriend Nick, a silent boy in a wheelchair, and Sparky, a stray dog. Together, they brave danger and discover the true meaning of family, friendship, and belonging. *A heartfelt adventure for all.*

CLASSIC WORLD CINEMA @ CINÉ-CLUB

CINÉ-CLUB SUNDAY 24 AUGUST, 8:00 PM:

- **JALSAGHAR (THE MUSIC ROOM)**

India, 1958, Dir. Satyajit Ray, w/ Chabbi Biswas, Padma Devi, Gangapada Basu, and Others Drama – Music, 95mins, Bengali w/ English subtitles, Rated: PG.

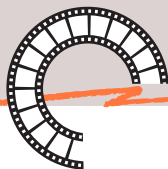
A wealthy aristocrat clinging to his past glory in the face of financial ruin. His grand mansion, Jalsaghar, now stands as a decaying relic of a bygone era and stubbornly refuses to adapt to changing times or acknowledge his declining fortunes. Movie is a haunting meditation on the perils of nostalgia, the clash between tradition and modernity, and the inexorable passage of time in a rapidly changing world.

Rating codes we often use are from Motion Picture Association of America (MPAA): G= General Audiences, PG= Parental guidance suggested, PG-13= Parents strongly cautioned, R= Restricted (equivalent to Indian rating: A i.e., for Adults), NR= Film Not Rated, Rating awaited.

To organize a seminar/program at MMC kindly email us at mmcauditorium@auroville.org.in.

We need your support to maintain and bring quality films to you. Set up a recurring or one time donation at Unity Fund for our Account # 105106, or you can contribute at the venue.

Thanking You,
MMC/CP Group Account #105106,
mmcauditorium@auroville.org.in



COMMUNITY SERVICES

ESSENTIAL SERVICES

AUROVILLE'S FINANCIAL SERVICES (AVFS)

- **Timings:** Monday to Saturday, 9am - 12:30pm, and 3pm - 4:30pm
- **Phone:** 0413 2622171
- **Email:** financialservice@auroville.org.in

ELECTRICAL SERVICE (AVES)

- **Timings:** Monday to Saturday, 8am - 4:30pm
- **Phone:** 0413 2622132 / 94888 68747 for fault works, repair works and job works
0413 2622264 for clarifications reg. electricity bills, job and repair works bills
- **Email:** aves@auroville.org.in

GAS BOTTLE SERVICE

- **Timings:** Monday to Saturday, 9am - 1pm and 2pm - 4pm
- **Phone:** 0413 2622452
- **Email:** avgasservice@auroville.org.in

WATER SERVICE

- Monitors water lines and supply within AV, undertakes water-related jobs.
- **Timings:** Monday to Saturday, 8am - 12pm and 2pm - 4:30pm
- **Phone:** 0413 2622877, 89035 53246
- **Email:** avwaterservice@auroville.org.in

ECO SERVICE (WASTE COLLECTION/MANAGEMENT)

- **Timings:** Monday to Saturday, 8:30am - 12:30pm, and 1:30pm - 4:30pm
- **Phone:** 63796 69034
- **Email:** ecoservice@auroville.org.in

POUR TOUS DISTRIBUTION CENTRE (PTDC)

- **Timings:** Monday to Saturday, 9am - 5pm
- **Phone:** 0413 2622746 / 2622796
- **Email:** ptdc@auroville.org.in

POUR TOUS PURCHASING SERVICE (PTPS)

- **Timings:** Monday to Saturday, 8:30 am - 5pm
- **Phone:** 0413 2622152

AUROVILLE LIBRARY

Timings:

Mornings:

- Monday to Saturday : 9am - 12:30pm

Afternoons:

- Mon, Wed, Thurs, Fri & Sat: 2pm - 4:30pm
- Tuesday : 4pm - 6:30pm

Children's Storytime! All ages welcome!

- Every **Saturday** between 10am - 11am.
- **Phone** : 0413 350 9191
- **Email:** avlib@auroville.org.in
- **Website:** <http://library.auroville.org.in/>



“The bond of our common humanity is stronger than the divisiveness of our fears and prejudices.”

Jimmy Carter

HEALTH

SANTÉ SERVICES IN AUGUST 2025

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Working Hours:

Monday - Saturday: 9:00 - 12:30pm & 2:00 - 4:30pm

Tests and Sample collection:

Monday - Friday: 8:30am - 12:00pm

No sample collection on Saturday

For emergencies, contact:

Auroville Ambulance (24/7) - Phone: **+91 94422 24680**

Government Ambulance (24/7) - Phone: **108**

Appointment

Please call Santé (0413) 262 2803 during working hours for an appointment.

Doctor Consultation with Dr. Joseph, Dr. Pavan & Dr. Sana: Monday to Saturday	Nurse Care - Thilagam, Ezhil, Archana & Sandhya: Daily: no appointment needed
Ayurveda with Dr. Berengere: Tuesday / Wednesday / Friday	Integrative Psychotherapy with Juan Andres: Monday to Friday (11th Aug onwards)
Physiotherapy & Massage with Galina: Monday to Friday	Homeopathy with Michael: TOS
Midwifery & GYN Care with Paula: Monday & Wednesday	Soundbed Session with Sandhya / Thilagam: Monday to Saturday
Bio-Well Assessment (Evaluation of your well-being) with Helena – inquiry email adminsante@auroville.org.in	

In Santé, we value our patient's confidentiality and make every effort to ensure their privacy.

In case of cancellation or to reschedule, it is necessary to inform us in advance.

HEALTH CENTER - KUILAPALAYAM

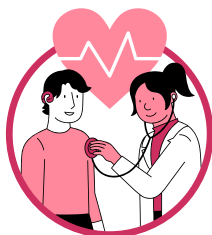
Contact: (0413) 3509942 / 3509943

Pharmacy:

- 8:00am - 5:30pm Monday to Saturday

Doctor Consultation:

- 8:30am - 5:00pm Monday to Friday
(1 - 2pm Lunch Break)
- 8:30am - 1pm (Saturday)



DENTAL CLINIC - KUILAPALAYAM

- **Timings:** Monday to Saturday, 9am - 5pm daily
- **Phone:** 0413 2622007/ 2622265
- **Email:** aurodentalcentre@auroville.org.in

NURSE SERVICES

My name is Madhi and I'm 27 years old. I was born and brought up in AV.

I have done my bachelor degree in B.SC (Nursing) and I have more than three years experience as a Staff Nurse in hospital (one year in psychiatric ward, six months in ICU and six months in emergency) and giving care for elderly people in AV for the past 2 years.

Services:

- Patient assessment and care plan.
- Medication administration.
- Vital signs monitoring.
- Wound care.
- To provide blood and lab test .
- Personal care assistance.
- Patient education.
- Fall prevention strategies.
- Providing assistance with bathing, dressing, grooming, and toileting needs.
- Communication and collaboration with physicians.
- Documentation of medical reports.
- End-of-life care.



If you need any assistance please do contact the below mentioned email or contact number.

Contact: 95972 22826 (Madhi) call/WhatsApp

E-mail Id: madhiazhagan014@gmail.com

AYURVEDA TIPS FOR RAINY SUMMER



Late summer, with its amount of rains, brings lots of humidity and dampness in the air that affect the body and its Dosha in many different ways: Pitta ferments and shows signs of acidity, bloating, inflammation or strong body odour, lots of stagnation and retention felt in the digestive tract. Emotionally unhealthy Pitta becomes bitter, impatient and frustrated in the mind or the heart. Vata gets cold and makes the joints more painful with an irregular digestion and bowel movements and mind might be imbibed with anxious thoughts, worries or lack of concentration.

We can help ourselves with the following recommendations:

With the food

- Eat only when hungry and eat the appropriate amount (both hands joined together is the size of the stomach)
- Take a warm, cooked meal with any spices to improve the digestion (eg: ginger, turmeric, black pepper, cumin, coriander, cinnamon, ajwain, basil, garlic etc)
- Eat green leafy vegetables, take light dishes made of mung dal, vegetable soups... all pulses and dal are good when cooked with spices (all spices are good apart from red powder-chilli powder)
- For non-vegetarian, eat white meat or small fishes
- Drink warm water all day long (especially when there's a sore throat)
- Dinner should be light and taken 2 hours before going to bed

- Give energy to the body with cereals and grains such as: amaranth, barley, cooked oats, granola, rice
- Honey is the best sweetener
- Ghee used for cooking and Sesame and Olive oils for dressings
- Chew some neem or Tulsi leaves.

Some immunity enhancers:

- **Giloy/Guduchi** (*Tinospora cordifolia*): a very good immune regulator; 1tsp of powder morning and evening in warm water
- **Amalaki (amla)**: full of vitamin C; consumed fresh if available or in powder
- **Turmeric**: Anti-inflammatory, can be used for gargling with warm water and a pinch of salt
- **Tulsi** (*Ocimum tenuiflorum/sacrum*): for the lungs, fresh leaves in warm water
- **Ashwagandha** (*Whitania somnifera*): immune regulator and calming the nervous system; 1tsp morning and evening in milk or warm water
- **Ginger – Turmeric – Black pepper powders (Be No1)**: improves digestion and energy, ½ tsp with warm water or lemon juice + honey once or twice a day
- **Tulsi – Cinnamon – Amla – Ginger – Turmeric – Black pepper powders (Be No3)**: as prevention or in case of cold, cough, flu, feverish state, body ache, ½ tsp with a sip of warm water or lemon juice + honey once a day if it's preventive, 3 times a day before food if there are symptoms
- Saffron, aloe vera, licorice herbal infusions
- **Chyavanprash Avaleha**: 1 tsp in the morning with breakfast.

Special treat for joint pain and inflammation:

- **Shallaki Cream or Oil mixed with Castor Oil (Eranda Tailam)**: massage twice a day the painful joint, it's a painkiller and anti-inflammatory
- **Rosemary Essential Oil**: 1 or 2 drops with the massaging oil and apply locally. It's anti-inflammatory
- **Shallaki Tablets**: for arthritis, muscular pain, joint inflammation
- **Triphala Guggulu Tabs**: to reduce bloating, swelling, inflammatory conditions, 1 or 2 tabs per day before meals (use for short period).

In the activities, help Pitta and Vata to be centred and grounded:

- Be grounded in the heart or abdomen with Yoga, Pranayama, Meditation, observing the breathing movements in the abdomen, Yoga Nidra, Body Awareness, Qi-Gong, Tai Chi...
- Regular exercise, 30 minutes daily
- Gardening, cultivating, weeding, cooking
- Keep warm, take warm showers, cover your neck from chilled breeze
- Gargling with salty water if sore throat
- Oil pulling with 1 Tbsp of sesame or coconut oil, keep in the mouth for some time, spit it out and rinse the mouth with warm water (can be done early morning or at bedtime after brushing the teeth)
- Nasya: pour 2 drops of sesame oil or Anu Tailam in each nostril once a day
- 4-5 drops of Castor Oil in the belly button followed by slight massage around the umbilicus at bed time
- Fragrances: sandalwood, rose, jasmine.

Let's be all well, happy and healthy.

Be at Santé Clinic





ACCESS TO THE PARK OF UNITY AND MATRIMANDIR

The Park of Unity

The Matrimandir, the Petals, the Lotus Pond, Banyan Tree are areas of SILENCE

- The Park of Unity is open to Aurovilians and Newcomers
Daily: 6.00 AM to 7.30 PM
- Aurovilians may bring children and friends to the Gardens
Daily: 9.00 AM to 7.30 PM
- Volunteers and Pass holders require a pass to enter the Park of Unity. Timings will be indicated on the pass.
- Published events in the Park of Unity are open to Aurovilians, Newcomers, Volunteers, Pass holders and Guests. Guests should bring their Aurocards.

The Inner Chamber of the Matrimandir

The Matrimandir is a place for silent individual concentration.

- The Inner Chamber is open to Aurovilians and Newcomers:

Monday – Saturday	6.00 AM to 8.00 AM 4.30 PM to 7.30 PM
Sunday	6.00 AM to 12.00 PM 4.30 PM to 7.30 PM
- The Inner Chamber is open to SAVI registered Volunteers:

Wednesday – Monday	8.00 AM to 8.40 AM.
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 Arrival at 7.45 AM at the Office Gate
- The Inner Chamber is open to Aurovilians wishing to accompany a maximum of 5 close family and friends, no more than once in two weeks, with booking 3 to 5 days in advance at mmconcentration@auroville.org.in:

Any day except Tuesday & Sunday:	8.00 AM to 8.35 AM
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 Arrival at 7.45 AM at the Office Gate
- The Inner Chamber, the Petals and the Gardens are open to the Children of Auroville and the Outreach Schools:

Tuesday	9.00 AM to 11.00 AM
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- Auroville units can bring their staff to the Inner Chamber with a prior booking at mmconcentration@auroville.org.in:

Auroville TO PONDICHERRY

	Trip 1	Trip 2	Trip 3
Svaram Musical Center	7:00	8:50	14:50
Vérité Guest House - Junction	7:02	8:52	14:52
Town Hall - Main Parking	7:06	8:56	14:56
Solar Kitchen (Ex Round About)	7:10	9:00	15:00
Certitude Entrance	7:12	9:02	15:02
New Creation Road	7:17	9:07	15:07
SBI Bank—Kuilapalayam	7:19	9:09	15:09
ECR Junction—Aroma Guest House	7:23	9:14	15:14
Quiet Healing Center—Junction	7:26	9:17	15:17
Lotus Hotel—S.V Patel Salai	7:36	9:30	15:30
Ashram Road Junction	7:38	9:33	15:33
Ashram Dining Hall	7:40	9:35	15:35

Pondicherry TO AUROVILLE

	Trip 1	Trip 2	Trip 3
Ashram Dining Hall	8:00	12:15	18:10
Ashram Road Junction	8:02	12:17	18:12
Lotus Hotel—S.V Patel Salai	8:07	12:22	18:17
Quiet Healing Center—Junction	8:17	12:32	18:27
ECR Junction—Aroma Guest House	8:20	12:35	18:30
SBI Bank—Kuilapalayam	8:25	12:40	18:35
New Creation Road	8:27	12:42	18:37
Certitude	8:32	12:47	18:42
Solar Kitchen (Ex Round About)	8:34	12:50	18:44
Town Hall - Main Parking	8:38	12:54	18:48
Vérité Guest House - Junction	8:42	12:58	18:52
Svaram Musical Center	8:45	13:00	18:55

- Single Trip = ₹100 per person
- Monthly Scheme (Students + AV Workers) = ₹1200
- Monthly Scheme (Students + AV Workers) = (One Way) ₹850

Auroville Vehicle Service
Town Hall, Auroville, 0413 2623302



Join our WhatsApp group of Auroville Bus to get regular updates:

<https://chat.whatsapp.com/Lt43wBCBno1E6CTwoaUt2x>

EMERGENCY NUMBERS



Ambulance (24/7):

Auroville 94422 24680	PIMS 0413 2656271	
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Security (24/7):

Auroville Police Station 0413 2677318	Kottakuppam Police Station 0413 2236148	Vanur Fire Station 0413 2677368
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Health:

Health Center 0413 3509942 & 3509943	Santé 0413 2622803	Farewell 89038 36246
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Mental Health 24/7 Support:

Vandrevala Foundation +91 99996 66555

India Emergency Response Service (24/7): 108