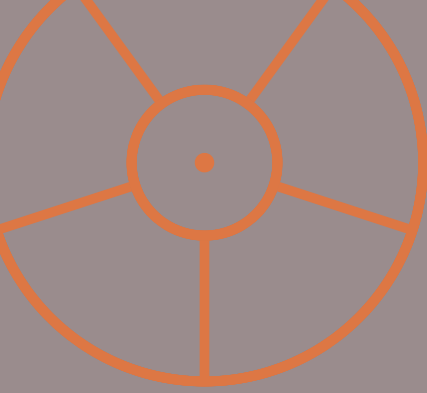




Auroville

NEWS & NOTES

No 1084 - A weekly bulletin for residents of Auroville

31 July 2025



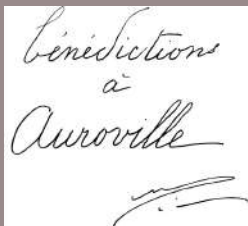
PONDERING

All mischief comes from a lack of balance.
So, let us keep our balance carefully, always, in all circumstances.

The Mother, 10 August 1954, Prudence and Balance, Words of the Mother II
<https://motherandsriaurobindo.in/The-Mother/books/words-of-the-mother-II/#prudence-and-balance>



THE MOTHER ON AUROVILLE



First Edition 1977, Reprinted 1993, 1999
© Sri Aurobindo Ashram Trust,
Pondicherry, India.
Published by Madanlal Himatsingka on
behalf of
Vak Trust, Pondicherry - 605002
Filmset and printed at All India Press,
Pondicherry - 605001

AUROVILLE IN ELABORATION

LIFE-ASPECTS

Page 81

This quotation was read to The Mother by a disciple who asked her whether the time has come for the conditions laid down by Sri Aurobindo to be fulfilled. The disciple said that the first condition concerning "the individual and the individuals" had been fulfilled by The Mother and Sri Aurobindo. But what about the second condition of "a mass, a society, a communal mind, or a group-body" capable of receiving and assimilating?

Page 82

This is exactly what Auroville is for. But Auroville is still far from fulfilling the necessary conditions.

22.12.1971*

*

(On 30.10.72 The Mother gave three alternative forms of greeting for those Aurovilians who wish to use them.)

Au Service de la Vérité

At the service of Truth

Truth

*

(About the cyclone of 5-6.12.72)

It is a warning that nature is giving, that those who do not have the true spirit of Auroville will have to change or to go if they do not want to change.

7.12.1972*

*

(Regarding the attitude to be taken when dealing with outside organisations.)

At the service of the Divine in complete receptivity and sincerity.

2.1.1973*

The city the earth needs.



Refinement of Emotions

With progress even the emotions become refined. - The Mother

Brunfelsia australis Benth., Solanaceae

Yesterday-today-and-tomorrow, Morning-noon-and-night, Paraguayan jasmine

Page 83

Administrative Notes

(This section is composed of some of the oral answers of The Mother as well as those notes presented to The Mother for consideration which were approved. She has signed most of these with 'Blessings' or 'yes'. The entries appear in chronological order.)

(About industries)

Each case is a special one and must be considered separately.
No categories.

11.4.1966

*

(About setting up a workshop)

At present it is preferable to undertake only what is indispensable immediately, and to leave the future to take care of itself.

23.6.1966

*

(The Mother was asked about the external arrangements for the birth of an Auroville child.

About the people to be present she said, "Only the doctor and the father", and added:)

The most important thing is to be quiet, in a peaceful atmosphere, so that the Force can work without disturbance.

+ 1967

NEWS & NOTES GUIDELINES

DEADLINE FOR SUBMISSIONS:

TUESDAY 5PM

The content of News & Notes is a reflection of the growth process of this community towards its ideals of Harmony, Goodwill, and Truth. Editing of submissions, mainly for reasons of space and clarity, is done according to an established policy.

RA NEWS & NOTES - A QUICK GUIDE



What We Publish

- Working group announcements and reports
- Residents' voices and personal sharings
- Free cultural events open to all residents
- Information from essential services
- Content that strengthens community-building in Auroville

Working Groups & Foundation Office Content

- All RA Working Group announcements will be included
- Links to Foundation Office content will be provided without duplication
- Direct submissions from Foundation Office groups will be included as regular content

What We No Longer Publish

- Commercial activities and paid workshops
- Non-community-focused events
- Content from "Activities & Events," "Food, Goods & Services," and "Classes, Workshops and Healing Arts" sections

Exceptions

We may consider including content that falls outside these guidelines if:

- It is submitted exclusively to RA News & Notes
- It has significant community benefit
- It aligns with our service-oriented focus

Submission Guidelines

- Deadline: **Tuesdays at 5pm**
- Email: newsandnotes@auroville.services
- Content must be community-building focused:
 - Open and accessible to all community members
 - Not profit-oriented
 - Contributing to collective growth or well-being
 - Promoting Auroville's ideals and values

- For further information, please [click here](#) 😊 to view our complete FAQ document.
- For past issues or to subscribe, visit: auroville.media/newsandnotes

We thank you for your collaboration and understanding.

DISCLAIMER:

Please note that the opinions and views expressed on these pages are solely those of the respective authors or work groups and do not necessarily reflect the position of the editors or the larger Auroville community. The News & Notes aims to provide a platform for the publication of diverse perspectives and voices from multiple sources within Auroville.

While our editors strive to ensure the accuracy of the information presented, we cannot guarantee that all information is free from error or omission. Additionally, we cannot be held liable for any alleged misinformation provided or offence caused by the content published.

In the event of any dispute, we encourage readers to consult with the Auroville Council, and we reserve the right to suspend the publication of disputed material. Our commitment to providing an open and inclusive platform for dialogue and exchange of ideas remains steadfast.

The News & Notes Team
newsandnotes@auroville.services

LIST OF ACRONYMS:

- **AVF** (Auroville Foundation),
- **AVFO/FO** (Auroville Foundation Office),
- **GB** (Governing Board),
- **RA** (Residents' Assembly)

The following groups are divided in two categories: The groups selected by the Residents' Assembly through Community decision making Processes and the groups put together by the GB and the FO (*not recognised by the Residents' Assembly*).

Working groups selected by the Residents' Assembly:

- Working Committee (RA WCom)
- Funds and Assets Management Committee (RA FAMC)
- Budget Coordination Committee (RA BCC)
- Town Development Council / L'avenir d'Auroville (RA TDC)
- Auroville Council (AVC)
- Entry Service (ES)

GB groups:

- Working Committee (GB WC)
- Funds and Assets Management Committee (GB FAMC)
- Budget Coordination Committee (GB BCC / GB BCS)
- Auroville Town Development Council (GB ATDC)
- Housing Service (GB HS)
- Land Board (GB LB)



NOTE FROM THE EDITORS



Dear Community,

Here is some important information:

- If you would like to support the RA N&N, please send us an e-mail at newsandnotes@auroville.services.
- Content sent through @auroville.org.in mail ID will only reach us if you use this [FORM](#) to submit your content.
- The mail ID to submit content is: newsandnotes@auroville.services
- To request a **PRINTED COPY**, send us your name and community to our email!

Thank you for your continued support!

In community,

The RA Community Edition News & Notes Team

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WORKING GROUPS NEWS

FROM THE ENTRY SERVICE

ES # 262 DATED: 28-07-2025

The following people have been recommended by the Entry Board to join our community. Please share your feedback within 2 weeks for potential Newcomers, Associates and Friends of Auroville and within 4 weeks for Potential Aurovilians, Returning Aurovilians, Youth and Spouse/Partner of an Aurovillian in writing at auroville.entryservice@gmail.com.

We thank you in advance.

The Admission Committee aka **the Entry Board of the Residents Assembly**, under section 19 of the Auroville Foundation Act

(Amy B., Don, Fabienne, Grace, Mirco, Sara, Sonja, Vadivel)

AUROVILIAN ANNOUNCED



- **Vishnu REDDY (South African)** staying in Kindergarten (Centre Field) and working at the Kindergarten

AUROVILIAN CONFIRMED

- **Prashast GAUTAM (Indian)**
- **Girijashanker Jayshanker DAVE (Indian)**

DID NOT COMPLETE THEIR PROCESS WITH THE ENTRY BOARD

- **Sonia SALMON (French)**
- **Kanimozhi ANANDABASKARAN (Indian)**
- **Monica KRISHNAN (Indian)**

NOTE:

- A Newcomer becomes an 'Aurovillian' once his/her name has been confirmed by The Admission Committee (aka the Entry Board) after following due process.
- The date of becoming 'Aurovillian' is the date of confirmation. An Aurovillian confirmed by the Entry Board is eligible to participate in all community decision-making processes.
- The formal administrative step of entering new residents into the Register of Residents (RoR), is done by the Secretary of the Auroville Foundation. For this, a B-Form is filled in and signed by the individual and a meeting with the Secretary is arranged by the Entry Secretariat. However, until such time as the court has made its ruling about Admission and Termination Regulations 2023, the meetings of Confirmed Aurovilians with the Secretary will be pending.



FROM THE WORKING COMMITTEE

CALL FOR SUPPORT



Dear Community,

As you are aware, we continue to work and to stand for the spirit of Auroville and the voice of our community in its growth and development. With the support of so many of you as well as many Auroville friends and wellwishers, we have continued to meet and address a constant barrage of challenges.

However, more can be done and more must be done! Will you help?

If the answer is 'yes', please write to us at workingcom@auroville.services. All you have to do is say 'yes' - no form to fill out, no specific profile to meet, no expectations, just say 'yes'!

We look forward to hearing from many of you, even if you have offered before, even if you are already involved, even if you don't know how you could help.

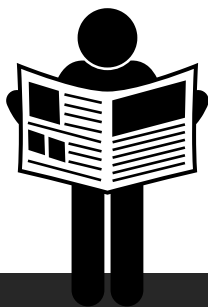
With hope, faith and perseverance,

Your Working Committee

Aravinda, Bharathy, Chali, Matthieu, Prashant, Valli



WORKING COMMITTEE
of the Residents' Assembly
AUROVILLE FOUNDATION



FO GROUPS NEWS

(not selected by due Residents' Assembly process)

FROM THE FO N&N 1089

Please click [HERE](#) to read the FO groups' news

COMMUNITY NEWS

COMMUNITY SHARING

INVITATION TO SUBMIT YOUR AUROVILLE STORY (TO AUROVILLE WITNESS)



Dear Residents,

The editorial group of *Auroville Witness* recently released its fourth biweekly issue, and we are now looking to gather more narratives for future editions. The journal publishes thoughtful perspectives on the ongoing work of building the City of Dawn for those who care deeply about Auroville's past, present, and future. **What have you seen, known, or experienced that you wish to give voice to?** We would like to read – and publish – your stories.

We are looking for submissions between 500 and 1,000 words.

You can use this short form: <https://aurovilleglobalfellowship.org/witness/submit/>. If that is difficult simply send it to us at AurovilleWitness@gmail.com

For more information about the newsletter and to read pieces from previous issues, please visit our page and FAQ: <https://aurovilleglobalfellowship.org/witness/>

We want to thank residents who have sent their stories and look forward to hearing from more of you! Subscribers continue to grow and readers are starting to comment on the web site.

With gratitude –

David Hutchinson, Christine Rhone, and Amāliya
AurovilleWitness@gmail.com

(Auroville Global Fellowship – Witness Editorial Team)



AUROVILLE DOG SHELTER

1) URGENT PUBLIC HEALTH ALERT: ANOTHER CONFIRMED RABIES CASE IN AUROVILLE AREA - IMMEDIATE ACTION REQUIRED FOR THOSE EXPOSED

On Wednesday afternoon, July 23rd, the Auroville Dog Shelter team was alerted to a young male dog exhibiting alarming symptoms of rabies infection, including extreme aggression and foaming saliva around the mouth.

This dog was sighted in the areas of **Edayanchavadi, Red Earth Riding School, and Moratandi Toll Gate** before our rescue team successfully caught it near BARK INDIA.



We regret to inform you that the dog passed away last night. A specialized rabies team from Mettupallayam College conducted a brain biopsy today, which has **confirmed a positive rabies infection**.

We are actively investigating the contact details of the **three known individuals who were bitten by this dog** and are now in severe danger of infection. As the dog had been roaming in the Auroville and Edayanchavadi areas in recent days, it is highly probable that more people and animals may have been exposed.

Rabies is 100% fatal if not treated immediately.

IMMEDIATE ACTION FOR EXPOSURE:

- If you or anyone you know has been bitten by this dog or came into contact with its saliva, please visit a hospital immediately for Post-Exposure Prophylaxis (PEP).
- Recommended healthcare providers include JIPMER, PIMS, or the Auroville Health Centre.
- **A fast post-exposure treatment can save lives!**
- Please urge anyone you know who may have come into contact with this dog and been bitten to seek medical attention instantly.

Auroville Dog Shelter's Capacity to Operate Severely Compromised:

It has been one year since our last major vaccination drive, which was financed by AVI USA and protected over 1500 dogs and cats in Auroville and surrounding villages. While it is now critical to renew these vaccinations and boost immunity, the Auroville Dog Shelter is unfortunately facing severe budget constraints after a recent decision to ban crowd funding in Auroville.

- We are no longer able to provide community-wide protection through vaccinations, as we ran out of stock and are unable to buy more.
- We are also forced to halt our successful "1000-dog-in-a-year" sterilisation program, which will lead to an exponential increase in the number of puppies in the entire area.
- Tragically, we have to let go end of this month of most of our experienced staff members, including our dedicated rescue team.

This leaves us tragically unable to conduct any rabies rescues in the future, leaving Auroville and its hundreds of thousands of yearly visitors unprotected against the constant danger of rabies.

PROTECT YOURSELVES AND YOUR PETS:

Given these critical limitations, we urge every pet owner to **immediately contact your private veterinarian to get your animals vaccinated** to ensure their safety and your own. Due to a high number of parvovirus cases in the area, we ask you to protect your animals with a multi-vaccination and not just rabies protection.

Please stay safe and vaccinate!

Yours,
The Auroville Dog Shelter Team



2) SUSPENSION OF AUROVILLE DOG SHELTER'S MONTHLY TRANSPARENCY REPORT

Dear Auroville Community,

It is with heavy hearts that we announce the temporary suspension of our monthly transparency report. These reports have been our voluntary commitment to you for the last years, providing updates on our work, services, donations received, and detailed expenses, all for the sake of transparency and openness with the community that supports us.

This difficult decision comes in response to recent allegations issued by ATR against one of our dedicated staff members, who, after several years as a Newcomer, had recently been announced as an Aurovilian. This staff member is now accused of "spreading misinformation and discrediting Auroville institutions" by:

- Using social media posts (Instagram).
- Publishing our transparency report on March 6th, 2025, in News & Notes (which mentioned the ban on crowdfunding across Auroville).
- Launching a petition to save the Auroville Dog Shelter.

The accusation claims these actions portray a "damaging and misleading image of Auroville."

We categorically state that every fact we have posted on social media and in our transparency reports is a **verifiable act and constitutes nothing less than the truth** we have been sharing with the Community. Their interpretation, among other false allegations against our staff member, is viewed by us as an **attempted censorship** designed to intimidate our shelter staff and prevent relevant information concerning the state of the shelter from being made public.

As a sign of peaceful protest against being silenced, we are suspending our monthly transparency report for the time being.

In this challenging time, we urgently ask for your support. We need your help to survive, to save the lives of our dogs, and to be able to resume our vital services for the animals, and the wider Auroville Community.

Please support us:

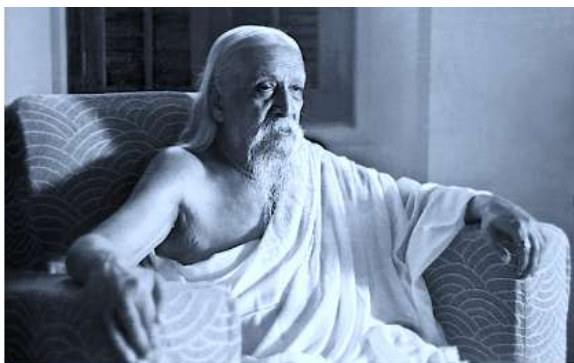
- **Donate to FS 251391**
- Visit www.aurovilledogshelter.com for our bank account information.

As The Mother said: **"One must never fear to speak the truth whatever the consequences."** (Questions and Answers 1953)

Your
Auroville Dog Shelter Team

SRI AUROBINDO'S ROOM DARSHAN

FRIDAY 15TH AUGUST 2025



Dear friends,

To celebrate Sri Aurobindo's Birthday, the Sri Aurobindo Ashram will open Sri Aurobindo's Room for **Darshan on 15th August 2024**. **Darshan is open to all.**

There are three options to visit Sri Aurobindo's Room on that day:

1. **Early Morning (from 4am onwards):** You may join the general Darshan queue. No tokens are needed until the meditation at the Samadhi begins.
2. **After the Meditation (from 6:40am onwards):** Entry will be by token only. Tokens can be collected at the booth near the Ashram Post Office. Please note: you may need to wait or return later, at the time indicated on your token.
3. **Afternoon (12pm – 3:30pm):** Auroville residents may pre-book tokens for this time slot at Pitanga. Details for registration are below.

Token Registration for Auroville Residents (including Newcomers):

- Dates: **Wednesday 6th August & Thursday 7th August**
- Timings: **9am – 12pm and 3pm – 5pm**
- Venue: **Pitanga, Samasti**

Please come in person to register and identify yourself if you are not known to the organisers. If you are unable to come in person, you may send someone with a written note stating:

- the name(s) of the person(s) for whom tokens are requested
- the number of tokens needed.

We will do our best to meet your request. Kindly note that email or telephone requests cannot be accepted. Thank you for your understanding.

Volunteers and guests of Auroville are welcome to collect their tokens directly at the Ashram on Darshan day.

Transportation:

As Darshan falls on a **Friday**, please see Paulette’s announcement elsewhere in the News/below for transport details.

We are grateful to the Sri Aurobindo Ashram for its continued cooperation with Auroville on Darshan days.

With love,
from Pitanga’s team.



PONDY TRIPS ON DARSHAN DAY:

FRIDAY 15TH AUGUST 2025

August 15th is Sri Aurobindo’s birthday, and also India’s Independence Day.

The Auroville SAILER bus will leave at 3 pm via the ordinary route and will return from Pondy at 6 pm, to allow those willing to use AV’s collective transport the visit of Sri Aurobindo’s room.

Tokens are required.

This is not a commercial bus and the offer is only for Aurovilians and newcomers having darshan.

Paulette



RESIDENTS SPEAK

A NEW ROAD FOR ALL PEOPLE, FOR ANY CITY

Reprinting an unpublished essay from 2023, its still relevant.

CAN A ROAD UNIFY?

Auroville is divided over a road. Because the current design of the road serves a particular vision of the future. And there are several visions of the future. Is there a design that will serve all visions of the future? A road that can serve a city of 5000 or 10,000 or 50,000 or more. A road that can be a model for all cities. For all villages.

The process of making the road also reflects one aspect of present reality. A reality that leads the human to lower consciousness thru fear and compliance. The same reality leading us to the Sixth Great Extinction and massive climate change. Can the process of

building a road also serve the community? Can a road allow human creativity to surface? Can a road unify a community? Motivate people, who have retreated deep in their caves, to step out and reconnect? Can it lead towards harmony and sustainability?

THE TWO BROAD FUNCTIONS FOR THE ROAD

The road serves visibly the function for transportation. In an era where fossil fuel is expensive and a disease too, there is a shift. One shift is to electric and smaller transportation. Another is to public transportation. These shifts include slowing down and rethinking transportation and as a response to climate change. And one more shift is to walking. And finally, to beauty.

The road also creates a corridor for infrastructure. For water supply, electricity, sewage, rainwater, and even treated waste water.

Because each of the users demand their own channel, the width of the road becomes wide. And that causes the problem of land acquisition and the loss of living space. Living space could be existing homes or forests. All leading to friction and erosion of quality of life.

A NEW DESIGN

The Crown Road has been constructed with the standard model with a wide footprint (shown on the left in Figure 1) that has caused the loss of much land, used far more material, and loss of tree cover, that cannot be easily replaced.

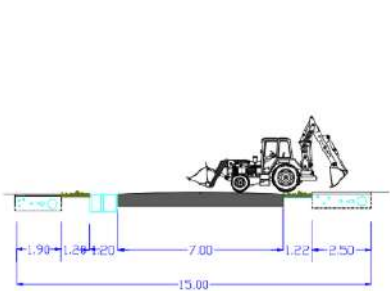


Figure 1: Two Types of Road Construction

This need not be repeated on all the radials and other roads planned. It could be done as shown on the right in Figure 1.

How is that possible? Taking a few examples around the world, Aurovilian designers have come up with a new road design that brings together verticality and modularity to create a road that can satisfy current and future needs within existing areas. By not expanding the surface area, existing buildings, public spaces, and trees need not be destroyed.

By centring all the infrastructure in a vertical channel in the middle of the road (as shown in Figure 2), the construction process remains in the centre of the road and the sides can remain untouched.

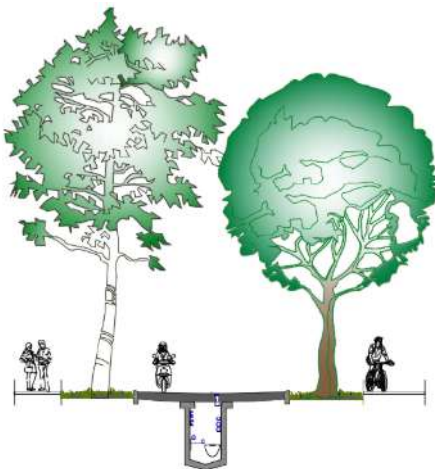


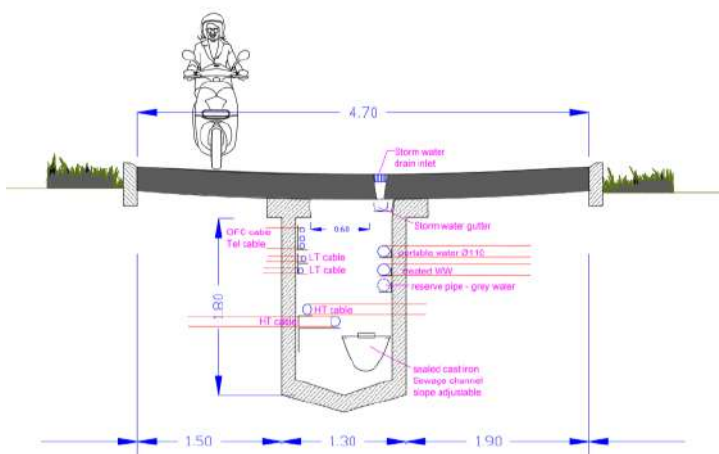
Figure 2: Road with a Center Infrastructure Channel

DESIGN HIGHLIGHTS

Figure 3 shows a detailed cross-section with all the services laid out in the infrastructure channel. Figure 4 shows a top view of the section of the road. A junction box can be installed on either side as per need. Manhole covers are placed regularly to allow access.

The design characteristics that form a unique combination are:

1. **Vertical** – all services aligned vertically reduces width required.
2. **Modular** – allows road expansion easily, as land gets acquired and construction gets approved. And allows for new infrastructure to be put in place easily.
3. **Flexible** – allows changing of angles to make flow in direction desired. And adding in new services (like greywater) as new possibilities and technologies emerge.
4. **Plug-and-Play** – allows easy connection for inputs and outputs.
5. **Accessible** – making maintenance and repair easy.
6. **Super-engineered** – supports are embedded into the concrete at assembly, so no drilling is required at installation. Even the connectors and brackets are designed to withstand vibrations and not pass them to the pipes. The sewage line is a major innovation.
7. **Sustainable and Climate Resilient** – does not destroy existing, allows growth around and underneath, and narrower shady roads remain cooler with less flooding.
8. **Health-hazard free** – a new egg-shaped design will transport sewage. A cast-iron structure will not allow any sewage to leak and pollute groundwater. The stormwater of the road is kept separate from rainwater that lands on the natural ground. It can be separately treated, as its pollutants are different, and then used.
9. **Safe** – bicycle lane separated by a row of trees.
10. **Futuristic** – designed as the combination of the best and unique in the world, with a couple of new enhancements. It only has a small touch of experimental, because all parts and fittings already exist, we just have to use them.



THE JUNCTION BOX

The innovation includes the junction box. Set every 20m alternating sides, it will allow all connections for electricity, data, water, and for sewage. All connections will be threaded and thus can be easily closed and opened, and so attaching and removing attachments is easy and non-destructive (unlike the present method of using glue). This box will be standardized so it can be pre-fabricated, easily put in place and also serviced. It can also serve as a stand for lamp posts.

There are 2 special cases for junctions that will have to be handled individually. High Tension (HT) electric cables will need their own transfer point. And sewage exit to the treatment plant will need a special connection.

This design is not just for Auroville. It is for all crowded cities with narrow lanes. And for villages trying to add roads and other

infrastructure.

COST

While some costs will be reduced due the reduced construction area and amount of materials, the complexity, quality, and composition of the materials will raise the cost. Due to multiple services residing together, there will increased engineering and coordination during installation. The future, a good future, is not going to be cheap.

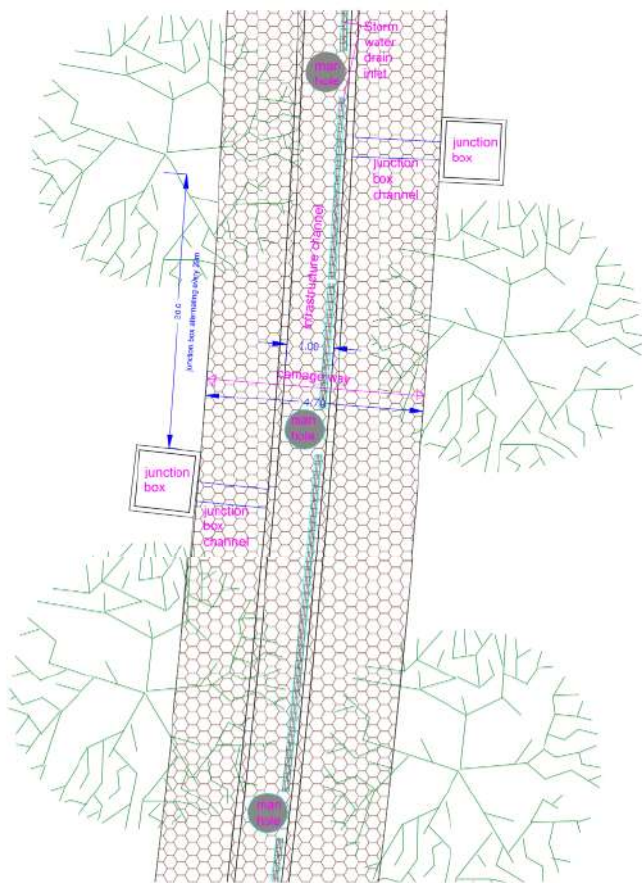


Figure 4: Plan of Road

ADOPT AT ANY TIME

This new design is Aurovilian innovation and experimentation, the adoption of which will not slow down construction, but will slow down destruction.

Rajesh S

TRUE POWER

With the obvious lack of it, comes the Will for True Power.

“It would seem that the most compelling, evident aspect, which probably will be the first to manifest—probably—will be the aspect of Power more than the aspect of Joy and the aspect of Truth.

For a new race to be established on earth, it would necessarily have to be protected from the other terrestrial elements so as to survive, and the protection is in the power (not an artificial power external and false, but the true Power, the victorious Will).

We may therefore think that the supramental action, even before it becomes an action of harmonization and illumination, of joy, of beauty, will be an action of power, so as to give protection.

Naturally, for this action of power to be truly effective, it would have to be founded on Knowledge and Truth and Love and Harmony; but those things could manifest—visibly, little by little—once the ground, so to speak, had been prepared by the action of a sovereign will and power”

<https://incarnateword.in/agenda/10/january-18-1969>



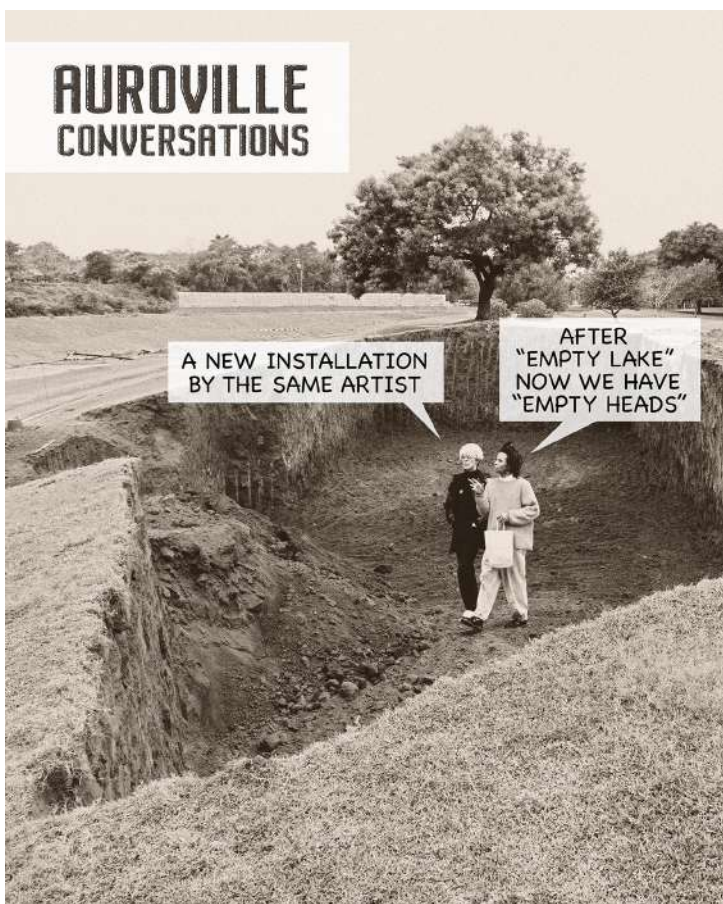
To continue reading, please scan the QR Code or click [this link](#) or go to this blogsite to access the post of the same title: <https://zechjoya.blogspot.com/>

Zech

FOOD FOR THOUGHT



AUROVILLE CONVERSATIONS



Submitted by an Aurovillian

FRENCH NEWS & NOTES

NOUVELLES D'AUROVILLE



Auro - Traductions

Click [here](#) or scan the QR code to read the **French News&Notes**.



INNER JOURNEY

INTRODUCTION TO THE INTEGRAL YOGA OF SRI AUROBINDO AND THE MOTHER

Tuesday 5th August, 9 am - 12 noon
Focus: Self-realisation

Led by Ashesh Joshi

Place: Mirabelle Education Centre, Auromodele
Ph/Whatsapp: 94891 47202 (Please register)

All are Welcome



SAVITRI SATSANG WITH NARAD

EVERY TUESDAY, 04:30 - 05:15PM

SAVITRI at Savitri Bhavan returns from the **first day of July 2025** with Savitri Satsang and the OM Choir at 4:30pm and 5:30pm respectively.

In this deep exploration of Savitri we will study:

1. The mantric basis of Savitri
2. The importance of iambic pentameter in epic poetry
3. The wealth of definitions in Savitri from Sri Aurobindo and Mother
4. Music and alliteration in Savitri
5. Words defined from the 'Lexicon of the Infinite Mind'
6. The Mother's Words on Savitri

We will begin at the beginning, again on **Tuesday 1st July**, with Canto 4, 'The Secret Knowledge'.

At Savitri Bhavan - Square Hall.

All are welcome to join.

Narad

OM CHOIR WITH NARAD

EVERY TUESDAY, 05:30 - 06:15PM

Please join us in this collective aspiration, in the form of united prayer.

No prior singing experience is required.

At Savitri Bhavan - Square Hall



AMPHITHEATRE - MATRIMANDIR

Meditations at sunset with SAVITRI,

**Every THURSDAY
from 6:00 to 6:30pm**

(weather permitting)



Savitri, Sri Aurobindo's long mantric poem, read by Mother to Sunil's music are *on* weekly for everyone to concentrate, in this beautiful open space in the very center of Auroville.

Reminder to all: The Park of Unity is a place for silence, meditation and inner work and is to be used only as such. We request everyone: please do not use cameras, tablets, cell phones, etc. No photos.

Guests with Aurocard wishing to attend must book at <https://bit.ly/savitri-reading> one or two days in advance or the very day before 11am. Please bring your Aurocard with you.

Access by Office Gate for the Amphitheater only from 5:15pm. Thank you.

Guests are requested to bring along their Aurocards.

Last entry for guests at 6:00pm.

Access limited for guests to the Amphitheatre

Last exit for guests at 6:45pm.

Velmurugan and the Access Team

VIBRATIONAL SOUND BATH

SOUL NURTURING MEDITATIVE EXPERIENCE WITH THE ORIGINAL RUSSIAN SINGING BELLS

*These are sounds of the Beginning
These are sounds that cradled the worlds*

Harmonious play of rich powerful tones and strongly resonating overtones invokes a profound state of inner peace, tranquility and self-healing, bringing deep physical and psychological relaxation.

Open Group - Everyday 3:00 - 4:30pm

At Mirabelle Education Center, Auromodele,
Kuyilapalayam

Led by Vera (Instagram - [Vera.Auroville](#)) and Ashesh Joshi

Please register in advance

Ph/WhatsApp: +91 94891 47202, +91 94862 47202

(Private sessions on request at other timings)

VIPASSANA MEDITATION

Dear Meditators,

You are all very welcome to the monthly 1 day Vipassana meditation course for "old students" only (those who have completed at-least one 10-day course as taught by SN Goenka).



- **Date:** Sunday 3rd August
- **Time:** 8:30am to 3pm. Lunch will be served.
- **Venue:** 1 Vibrance, Vikas Radial Rd, Auroville, 605101. Please park on Vikas Radial road, next to the Vibrance garage



Location:

https://maps.app.goo.gl/oKpMZgyty344x11R9?g_st=ic.

Vibrance garage is opposite the Realization gate. But due to road construction please enter through the walking gate 5 m before the garage. Park on the new road under construction. The apartment is directly behind the garage on the ground floor.

You can drop in for part time only at 8:30am.

 **Contact:** Please DM vallari@gmail.com/ WA 97403 22447 by 9pm Friday, so that we have a head count for lunch.

Please keep your cell phone off for the duration of the course.

Metta

ANNOUNCEMENTS

VEDIC ASTROLOGY - NEW YEARLONG PROGRAM BEGINS

FROM SUNDAY 31ST AUGUST

We're beginning the next year of our Vedic Astrology program on Sunday 31st August at 9:00 AM IST.

This is a one-year program designed for both new students and continuing students. We'll meet online weekly, as well as in-person for 5 retreats.

We'll cover the Signs of the zodiac, and the planets of Vedic Astrology along with the Houses. We will also look at states and strengths of planets, as well as timing important events in life.

There will also be five optional in-person retreats over the year, dedicated to the Navagrahas, with guided practices and visits to ancient temples in Tamil Nadu.

The intention of the program is to help you understand your own birth chart, and the birth charts of others, possibly leading to a second source of income.

If you're interested:

www.allthingsvedic.in/vedic-astrology-for-beginners



Feel free to reach out if you have questions or would like to speak before signing up.

Vikram Devatha, 98439 48288,
All Things Vedic

AUROVILLE BICYCLE CHAMPIONSHIPS 2025

SUNDAY 17TH AUGUST, FROM TOWN HALL



AUROVILLE BICYCLE CHAMPIONSHIP

**MTB XCO
RACE**

17.08.2025
Auroville, Pondicherry
Distance: 18 kms

Registration Open now

Registration :
<https://forms.gle/LbC2tjhsG7iATPwV6>

Event Location:
Townhall, Auroville -
605101

Race Starts at: 06.45am

Dear Friends,

We are happy to announce our next event for the MTB bicycle riders in August 2025. Join us on **17th of August at 06:00am at the Townhall parking area** for the exciting race inside Auroville for all ages above 12 years old. The distance of the race is 18 kms. This time we have a men & women category.

[Register now](#) to participate in the race.

On race day the spot registration is not available.
The registration closes on Monday 11th August.

Regards,

RAJU

+91 94430 74825 (Whatapp only)
Greenride Bicycles

AUROVILLE FUTSAL/FOOTBALL CLUB

DEHASHAKTI

Futsal is played on a much smaller court, it is more fun and intense, with more opportunity for goal scoring.

We play futsal in Dehashakti.

If you like football/Futsal and you want to learn, play and have fun, come and enjoy with us.



	• Girls are playing Mondays and Wednesday at 5pm. • All age – level • Please contact Balaji 89402 24950
	• Boys (16yo+) are playing every Tuesday and Fridays at 5pm. • Please contact Beber 63856 35943

THE INNER WAY SCHOOL AUROVILLE - TAI CHI

DAILY CLASSES

Daily classes of Tai Chi Chuan and Chi (Stevanovitch Method) are offered at 7.30am.

Drop ins are welcome.

More info: taichi@auroville.org.in



WORK OPPORTUNITY

ECO FEMME IS LOOKING FOR A COMMUNICATIONS LEAD

Eco Femme is seeking a dynamic and passionate Full-Time Communications Lead to drive our growth and brand awareness. We are looking for an experienced candidate in marketing strategy, leadership, and project management to guide our team to meet organizational and programme goals.

Proven experience required:

- Minimum 1 year of experience leading a team, including cross-functional coordination
- Marketing strategy development and implementation
- Basic understanding of performance marketing and analytics
- Platform-specific expertise in Instagram, Facebook, LinkedIn, YouTube, Google Business, website and email marketing
- Project management / campaigns.

We are based in Auroshilpam. Starting date: Immediate. This position requires the candidate to be present at our office on a daily basis.

For more detailed information and applications, please write to maha@ecofemme.org with your updated CV. Looking forward to hearing from you!

eco ♀ femme

"Revaluing menstruation: because Life depends on it"

LOST

LOST PHONE

If you find this phone, please contact
Petra in WhatsApp 80989 58679.



LOOKING FOR

MISSING DOG :(

MISSING DOG!

WE'RE LOOKING FOR DOBBY!

**HE'S
THE
BROWN
DOG IN
THE
PICTURE**

COLLAR
*Green
camouflage
belt*
*(The collar was
changed, so it's
not as in the
picture)*

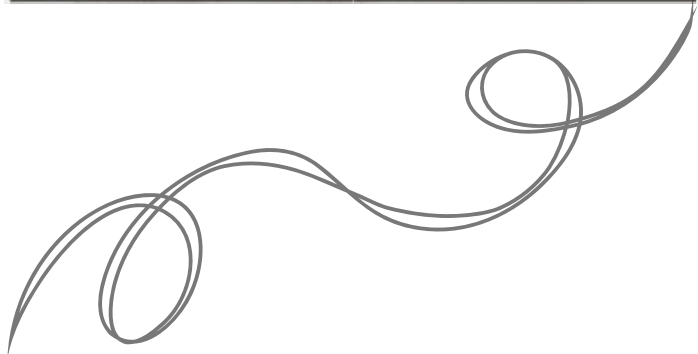
LAST SEEN
*Art Forest Area
July 9, 2025, at
10:00 AM*

AGE
3 years old

GENDER
Male

REWARD
₹ 1,000/-

CONTACT
Pet Parent JAYA +91 7598570329



A LOVING HOME!

HELP!

I need a loving home,
please help me find one!

Rescued from being attacked by other cats at the Solar Kitchen where it was dumped, this very young male kitty is in good health, very cuddly, purrrrrs, plays and is just loads of fun! We already have five so we cannot keep him.

Please adopt me!

WA: +91 9159 835 835 (No calls)

A MEDICAL OR HOSPITAL BED

We are looking for a medical or hospital bed for an old man, Aurovilian Giuseppe.



The bed should have side rails that can either be opened (lowered) or raised so that the old man does not fall out of the bed at night when turning and moving the body. Best would be a bed without wheels.

We are happy to receive an old bed that is still intact, or can get repaired with minimal costs.

Please contact Enrica (98400 31935) or Shivaya (94896 01312) by phone/ SMS/ Whatsapp.

Thank you!

AVAILABLE

FOR FREE:

- 1. Assortment of cut tiles,
- 2. Cane bed frames, from which one good one could be made.

Pictures can be found here:
<https://photos.app.goo.gl/AyzLa1LBfVyv8Jn49>

Contact: Island 75981 03616



ACTIVITIES AT SERENDIPITY

SERENDIPITY CLASSES

(Ex. Joy Community in front of Center GH)

Center Field, Auroville - 605101, TN, India

Landline: +91 (0)413 350 9950

Mobile/Whatsapp: +91 93856 23342

Email: serendipityauroville@gmail.com

<https://serendipity.auroville.org>

<https://www.facebook.com/serendipityauroville>



REGULAR CLASSES:

Hatha Yoga with Ramesh - first class restarts on Monday 4th August

- **Monday and Thursday from 5:30 - 6:30pm**

Ramesh offers hatha yoga classes with some vinyasa flow and include pranayama, traditional sanskrit mantra chanting, and meditation. The style is gentle, adaptive and progressive where passive, gravity-assisted poses are mingled with dynamic vinyasa-style flow as needed. He places a lot of focus on breathing and body-mindfulness during the practice. It is ideal for beginners to intermediate-level practitioners. You will be exposed to authentic Sanskrit terms and their correct pronunciation. The practice will be rejuvenative and restorative. These specific classes will be on donation basis even for guests.

Traditional Sanskrit Mantras with Sonia

- **Friday from 5 - 6pm (Regular students only)**

In the recitation of Sanskrit Mantras the sound is very important, and the specific pitches and strict rules of intonation and syllabic length should be learned according with the tradition of the great masters of the past, who figured out how to use the voice to calm the mind and attune the practitioner to the more subtle levels of the "sadhana" or spiritual path. Through the harmonic rhythm, repetition and participation in the singing, the mind reaches more clarity, concentration and tranquility.

Private Classes on request (for groups or individuals)

- **Hatha Yoga with Ramesh** - for more details contact Ramesh at: +91 98451 68490
- **Traditional Sanskrit Mantras with Sonia** - for more details contact Sonia at: +91 89402 88090



ACTIVITIES AT JOI - ANITYA COMMUNITY

JOURNEY TO INNER PEACE :

HOLISTIC HEALING SERVICES AT ANITYA COMMUNITY

Located in the peaceful environment of Auroville's

Center Field, the Joy of Impermanence—Anitya

Community Project offers a variety of holistic services to support your body, mind, and spirit. Our experienced practitioners provide a range of practices to help you relax, heal, and grow, guiding you toward balance and well-being.



- **Location:** Anitya Community, Center Field, Auroville (500m after Center Guest House)
- **Bookings:** For more information or to schedule a session, please contact the practitioners directly (preferably via WhatsApp messages)

Ayurvedic Massage with Elene

- **Contact:** +91 79041 43719

A relaxing full-body oil massage that melts away tension and revitalises prana energy focusing on the head, back, stomach, and feet.

Paused for Summer

Integral Unfoldment Coaching with Dave

- **Contact:** +44 75641 19728

A transformative life coaching approach blending Internal Family Systems (IFS), Focusing, and the Diamond Approach to explore your inner world, integrate all parts of yourself, and unfolding your unique potential for personal transformation.

Shah-Lu-Ha-Ka Bodywork with Nikki

- **Contact:** +91 70947 16136

This unique bodywork technique blends different massage styles, energy healing, and intuitive touch to release physical and emotional blockages. Shah-Lu-Ha-Ka Bodywork is a deeply restorative experience that invites your body to heal from within.

Paused

Mindfulness Meditation with Helen

- **Contact:** +91 70947 53054

Join Helen for guided mindfulness meditation sessions designed to cultivate awareness, reduce stress, and enhance emotional resilience. Whether you're a beginner or an experienced meditator, these sessions provide a peaceful space to connect with your inner self. Regular drop-in session for all on Tuesdays at 7:15am (Maloka Hall).

Women Circles with Louise Rose

- **Contact:** +91 73053 73562

Women Circles offer a sacred space for women to gather, share, and support each other in their journeys. Led by Louise, these circles provide a nurturing environment where women can explore their personal growth, creativity, and shared experiences. Every new moon and full moon.

Womb Blossoming with Louise Rose

- **Contact:** +91 73053 73562

A deep healing journey connecting the womb, heart, and throat through vocal activation and flower bodywork. This practice integrates sonic energy healing, affirmations, herbalism, and aromatherapy to awaken the body's innate wisdom and express your soul's story.

Whispering of the Flowers with Louise Rose

- **Contact:** +91 73053 73562

Flower medicine ceremonies and bodywork integrating naturopathy, somatic therapy, and sonic healing. Using flower essences, herbalism, and aromatherapy, these sessions support deep reconnection and balance.

WORKSHOPS

EMBODIED MEMORIES OF AUROVILLE



Hello,

I am Fabrice Nicot, a French theater director and teacher associated with the Grotowski Wroclaw Institute in Poland (<https://scenes-monde.univ-paris8.fr/fabrice-nicot>).

I proposed a workshop in Auroville last May and I was very happy with the work. This gave me the idea to propose a new project on the "Embodied Memories of Auroville": a work on the founding texts of Auroville and the personal stories of Aurovilians using a method of voice, the organic body, and their memories inspired by Jerzy Grotowski (Polish director and teacher 1933-1999).

I will be in Auroville from August 11th to 31st.

We will continue the work with some previous participants, but if other Aurovilians would like to join us, that would be great. The ideal would be a daily 2/3-hours group session (times would depend on the group's availability) to acquire a minimum of technique, and individual meetings with each of you (private lessons) according to your availability to work on your personal materials (texts, stories, etc.).

To make the best of the time spent together, you need to learn a text that deeply resonates with you by heart.

Feel free to spread the word.

For enquiries, contact

aurovilleartworld@gmail.com

Warmly

Fabrice

MEDITATION WORKSHOP WITH NIKHIL

THURSDAY 31ST JULY, SERENDIPITY

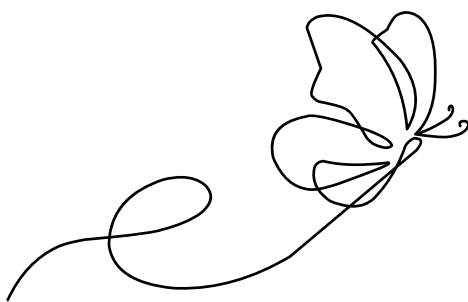


The poster is for a meditation workshop. It features a central illustration of a white silhouette of a person in a meditative lotus position, with a large, stylized orange lotus flower behind them. The background is a light orange color. Text is arranged around the central image. At the top left is a small white flower icon. At the bottom left is a circular logo with a green tree and the word 'SERENDIPITY'. At the bottom right is another white flower icon. The text is as follows:

MEDITATION WORKSHOP
WITH NIKHIL THAPAR
THURSDAY 31ST JULY AT 5PM
SERENDIPITY - JOY HALL

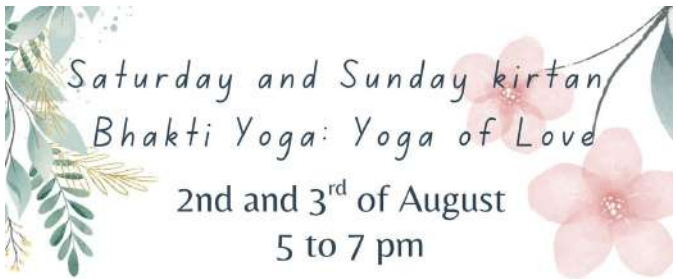
In this workshop, we will focus upon breathing deep, slowly & mindfully.
Using breath as an object of focus, we will practice to subside the mind activity and lean towards the state of "no mind"
It's a guided 2 hour workshop with breaks in between to help you settle in to the state of meditation.
Meditation practice is said to alleviate the symptoms of anxiety, depression, loneliness and is great for overall healing and well being.

Open to all levels - no need to prebook - Come, join and practice!
Sincerely,
For more info contact
Nikhil Thapar+91 93552 63364



KIRTAN - BHAKTI YOGA

SAT 2ND AND SUN 3RD AUGUST, SERENDIPITY



At Serendipity Guest House - Joy Hall

In this 2 hour workshop we sing together the name of God: Shiv, Kali and other deities.

Repetition of the lord's name (JAPA) with MANTRAS and a sense of surrender is a sure path to inner discoveries according to Vedas.

Letting go of your burdens and worries to the Divine Shoulder. Trusting a higher wisdom & letting go control & being receptive to new ideas is the power of this practice

Come & join the magic of co-creating in the SANGA (group) and loving kirtan this Saturday and Sunday -no need to prebook - minimum contribution required rs 200



for more info contact Nikhil Thapar
at +91 93552 63364



WEIGHT WAIT WHAT

4-DAY MOVEMENT & CONTACT IMPROVISATION WORKSHOP

THURSDAY 28TH - SUNDAY 31ST AUGUST, CRIPA



Weight Wait What is a space to:

Pause and feel.

Sense and connect.

Drop into the floor.

Fall, roll, rise, and move with others

with Jeevak & Navya

We warmly invite you into four days of shared movement exploration, presence, and physical dialogue through the practices of somatics, contact improvisation, and floorwork.

This is a space to investigate how the body listens, responds, supports, and relates—both with the ground and with others. Each session blends technical movement tools with open improvisational spaces, guiding you from solo inquiry to duet and group engagement.

What we'll explore:

- Contact principles & shared weight
- Somatics & body listening
- Lifts, momentum & redirection
- Touch, consent & emotional awareness
- Spontaneous compositions

No experience needed — all bodies and stories welcome.

Come move, roll, listen, support, and improvise!

📍 Cripa Hall, Auroville

📅 28–30 July (4 PM – 8 PM)

📅 31 July (9 AM – 1 PM)

🕒 Early Bird till 25 July

📞 For info/registration: +📱

aurovilleartworld@gmail.com

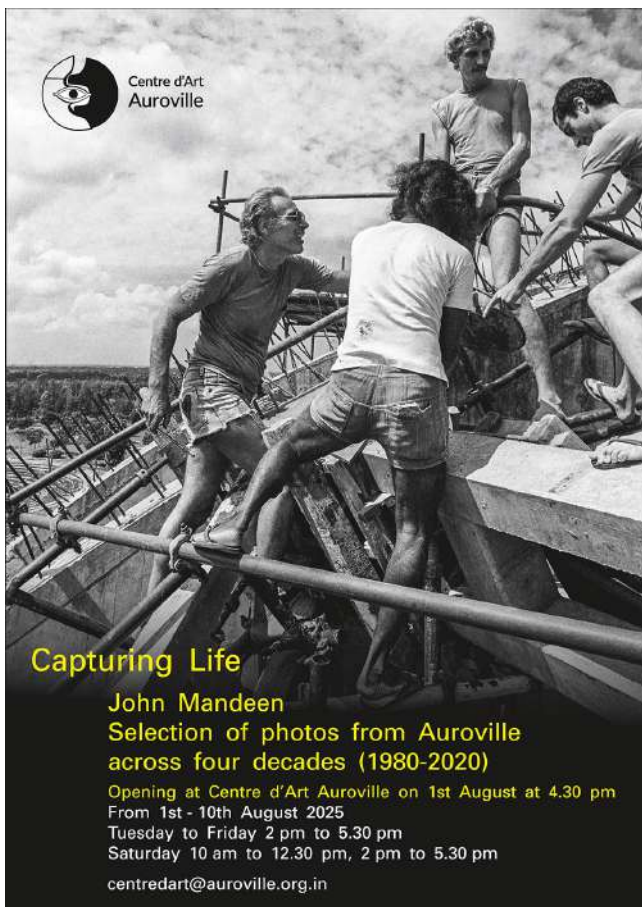
🔗 www.copaz.in

CULTURAL ANNOUNCEMENTS

CAPTURING LIFE BY JOHN MANDEEN

SELECTION OF PHOTOS FROM AUROVILLE ACROSS FOUR DECADES (1980-2020)

1ST - 10TH AUGUST, CENTRE D'ART



 Centre d'Art
Auroville

Capturing Life

John Mandeen
Selection of photos from Auroville
across four decades (1980-2020)

Opening at Centre d'Art Auroville on 1st August at 4.30 pm
From 1st - 10th August 2025
Tuesday to Friday 2 pm to 5.30 pm
Saturday 10 am to 12.30 pm, 2 pm to 5.30 pm
centredart@auroville.org.in

Opening on Friday 1st August at 4:30pm.

John Mandeem came to Pondicherry, South India, from California, in October 1968 as a young man of 24 and was accepted by the Mother as an Ashramite of the Sri Aurobindo Ashram.

He helped set up the first screen printing workshop in the Ashram Press. All birthday cards with the Mother's symbol in those days were screen printed there besides book covers.

He took up photography in the late 1970s and got seriously into it by the 80's, documenting Auroville in all its aspects very extensively, including the Matrimandir.

Since 1980 he was part of the Prisma Team with Franz and Tim and they did all the publicity work for Aurelec. In 1994 he took photos for the first Auroville Exhibition at the visitor's centre which was updated several times over the years. He was the photographer for the Auroville Today team till writers with snap and shoot cameras took over the job. He taught photography at the school in Aspiration school to many Auroville kids, all adults now, some of who ended up becoming photographers themselves.

Most of Prisma's initial publications, like the architecture books, carry his photos. Later he was involved in doing pre-press work for other Prisma projects as well as projects of the Sri Aurobindo Ashram Archives. Recently he was working with the Sri Aurobindo Ashram Archives on a new book they are bringing out.

He left for his onward journey on July 7th 2024.

- Tue - Fri : 2-5:30
- Sat : 10-12:30, 2-5:30
- Morning by appointment.

RETROSPECTIVE

WEDNESDAY 6TH & FRIDAY 8TH AUGUST, CENTRE D'ART



In parallel with John Mandeem's exhibition, retracing Auroville's first 40 years, Centre d'Art would like to dedicate two afternoons to the screening of pictures by Dominique Darr, taken between 1971 and 1974. The images portray Aurovilians of the time, some of which are easily recognizable, while others seem complete strangers to us.

The Dominique Darr Archive would be grateful to receive your help in identifying people from that era, and thus enrich each photo with valuable information.

A first series of images will be screened and commented in Centre d'Art's Multimedia Room on Wednesday, August 6th from 4:00 to 5:30pm, and a second series on Friday, August 8th at the same time.

It will be a great opportunity to remember the old days and the people who contributed to the birth of Auroville. We look forward to seeing you there.

Wednesday 6th and Friday 8th August from 4 to 5:30 pm.

PHOTO EXHIBITION BY SATTVA

FRI 8TH - SAT 30TH AUGUST, PITANGA

**Photo
Exhibition**
by
SATTVA

August 8 – 30, 2025
at Pitanga

“Little Creatures”



SATTVA



Two photo series that present an intimate look at the natural world around us. Familiar yet alien; beautiful, dramatic & delicate.

&

“Birds in our Backyard”



Exhibition timings: Daily, except Sundays

Pitanga Cultural Centre, Samasti, Auroville 605 101 | info@pitanga.in | 0413 - 262403, 9443902403

A service unit of the Auroville Foundation, Health and Healing Trust branch | GSTIN: 33AAATA0037BY3N



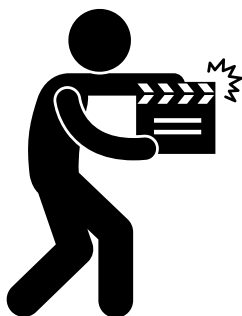
AUROVILLE FILM FESTIVAL 2026

Have you been making films - either professionally or as a hobby?

Do you live in Pondy or around Auroville?

Have you made a film about Pondy or Auroville/bioregion?

Did you make a short film in a course at Yatra Film Academy or at Film Institute Auroville?



Submit NOW to the Auroville Film Festival on
<https://aurovillefilmfestival.in/2026-submission/>

aurovillefilmfestival@auroville.org.in

**PAVILION OF TIBETAN CULTURE PRESENTS AN
EXHIBITION ON "THE DALAI LAMA AND AUROVILLE –
THREE MEMORABLE VISITS (1973, 1993 & 2009)"**

OPEN EVERY DAY EXCEPT SUNDAY, TIBETAN PAVILION



*On the occasion of His Holiness
the Dalai Lama's 90th Birthday*

The Pavilion of Tibetan Culture

invites you to an exhibition

***The Dalai Lama and Auroville
Three Memorable Visits
(1973, 1993, 2009)***



**At the Pavilion of Tibetan Culture
International Zone**

*Opening: every day (except Sunday)
From 9 am to 12:30 and 2 pm to 5 pm*

On the Occasion of the 90th Birthday of His Holiness the Dalai Lama, the Pavilion of Tibetan Culture presents an exhibition on "The Dalai Lama and Auroville – Three Memorable Visits (1973, 1993 & 2009)".

Starting right from the inauguration day in 1968, when soil of Tibet was put into the urn by a young Tibetan girl, continuing in 1971, when the Mother took 12 Tibetan children into the Auroville school and in 1973 when the Dalai Lama spent two days in Auroville and Pondicherry (on January 17, he met the Mother in the Ashram), the exchanges between the community of Auroville and Tibetans have been frequent and regular.

In December 1991, the Pavilion of Tibetan Culture became a unit of Auroville Foundation through a resolution of the Governing Board under Dr Karan Singh and Dr Kapila Vatsyayan, the famous Art and Tibetan scholar. In January 1993, His Holiness agreed to be the Patron of the Pavilion. Later in the year, he came to Auroville to lay the Foundation Stone of the Pavilion and in January 2009, he returned to inaugurate the building.

*I appreciate the development occurring constantly
I pray this place will be of immense benefit to others.*

— His Holiness the Dalai Lama in the Matrimandir's Guest Book,
January 20, 2009

LE PAVILION DE FRANCE PRESENT GAME NIGHTS
EVERY WEDNESDAY, FRENCH PAVILION

LE PAVILLON DE FRANCE
AUROVILLE PRÉSENTE



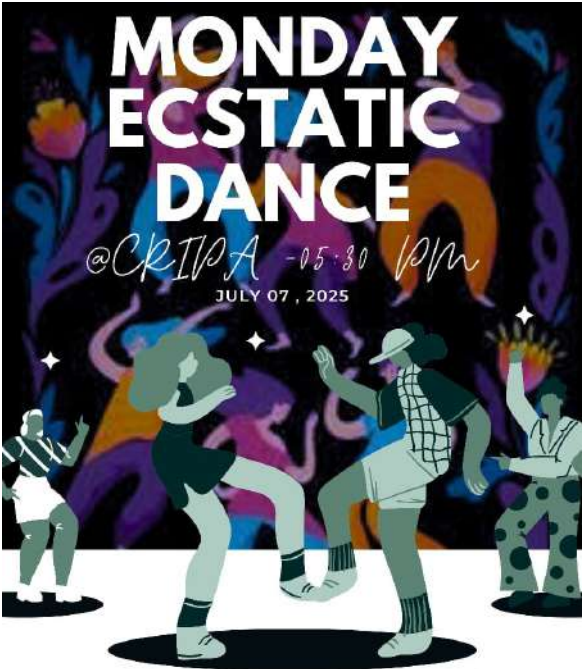
OPEN TO ALL LEVELS
EVERY WEDNESDAY, 4:00 TO 5:30 PM
AT FRENCH PAVILION - INTERNATIONAL ZONE

Join us weekly for a board game session!
Come have fun, meet new friends, and unleash your creativity.
Open to all ages, all languages, and all levels. Whether you enjoy
memory games, speed challenges, or strategy games, there's
something for everyone.
Feel free to bring your favorite games along!



AT CRIPA

MONDAY ECSTATIC DANCE @ CRIPA



Get rid of your Monday blues
And get into your Monday grooves.
Enjoy the community spirit of dancing together and celebrate your
own ecstatic inner journey.
Live.Breathe.Dance

Free entry - donations encouraged

 **Mondays from 30th June - 1st September**

 **5:30 - 7:30pm**

 **Cripa, Auroville**

GARBA IMMERSIVE WORKSHOP WITH MEGHA

TUESDAYS



GARBA IMMERSIVE

Over the next 3 months, we'll immerse ourselves in a tradition that's rich, joyful, and deeply rooted.

It may seem like just a festivity, but it holds many layers beneath. We'll slowly unfold them together, one step at a time.

<https://lightwithin.my.canva.site/garba>
Megha: 8870730567

July to September
Tuesdays, 4.45-6.00pm.
CRIPA, Auroville
Donation based



Over the next three months, you'll immerse yourself in the tradition of Indian folk dance.

Free entry - donations encouraged

 **Tuesdays from 1st July - 30th September**

 **4:45 - 6pm**

 **Cripa, Auroville**

 **(+91) 88707 30567**

ARPANAA PRESENTS ANUBHUTI - A MUSIC CONCERT

SATURDAY 9TH AUGUST, CRIPA



Arpanaa presents ANUBHUTI, a music concert to commence the upcoming celebrations on the occasion of Sri Aurobindo Birthday.

We bring to the community a talented young musician Smt. Chaitali Sheolika presenting a hindustani music violin recital on Saturday 9th August 2025.

Chaitali Sheolika represents the 4th generation of a family of reputed musicians. She started her rigorous training at the young age of 10, under the tutelage of her grandfather Pt. V.R. Sheolika. And is currently receiving training from her father Pt. Praveen Sheolika in the nuances of the "gayaki ang". The gayaki ang is playing an instrument with a technique that emulates the nuances and expressiveness of vocal music. Essentially helping the artist to reproduce the vocal style, including the subtleties and emotions of the human voice on the instrument.

Chaitali has represented India at the Ethno India Exchange program, presenting concerts in Germany and Belgium. She is an A grade artist of All India Radio and Recipient of Scholarship to Young Artists by Govt of India (CCERT) and NCPA Mumbai.

She will be accompanied on the tabla by Shri Yogeesh Bhat a disciple of Pt. Ravindra Yavagal and known for his sensitive and thoughtful accompaniment.

- **On Saturday 9th August 2025**
- **At CRIPA**
- **5:30 to 7pm**
- **Kindly be seated by 5:15pm**

Arpanaa is a unit under SAIER and is supported by the BCC. It has been engaged in bringing various cultural events to the community. Presently this service is anchored by Yogini and Megha.



POETRY

Northern Lights

Feb. 10, 2004

A blue mist hangs above these shores of time,
I walk in forests redolent of peat
And onwards to the towering mountains climb,
A voice of promise calls my homeward feet.

The arches rustle greeting as I pass,
My close companion the expectant air,
The sea a mirror made of frozen glass
A grey expanse, desolate and bare.

The days are lit with a surreal light,
One moves more slowly now with thoughtful pace
As if the soul aware that fleeing night
Shall soon reveal the mystic morning's face

And dawn arrive to burn away all dark,
The sky ablaze with spark on coloured spark.

Narad

Suspended in the air,
I belong nowhere.

The space gently holds me.
And I learn to hold space.

Anandi Z



FOOD

FOOD FOREST TOUR & SUNDAY BRUNCH

EVERY SUNDAY, LA FERME COMMUNITY



FOOD FOREST TOUR & SUNDAY BRUNCH

Living Foods & Vegan Ice Cream Making

Every Sunday, 9–11 AM

La Ferme Community
(5 min from AV Bakery)

📞 WhatsApp Sarah: 9047421044



www.myfoodforest.in



Dear Aurovilians,

Your favourite radio is always working for you. Stay tuned!

Last published podcasts:

- [Marlenka's weekly Offering – Ep.146](#) (Literature)
- [Savitri - Ep.16 : Introductory Comments in Tamil | சாவித்ரி காவியம் ஓர் அறிமுக விளக்கம் by Dhanalakshmi](#) (Spirituality)
- [Soul Tracks S.6, Ep.18: Songs Ancient and Modern, Revised.](#) (Music)
- [Why Saving Bees Is the Key to Saving Humanity – Join the Movement in Pondicherry](#) (Beekeeping)
- [Menstrual Well-Being-Ep.3 | மாதவிடாய் நன்னலம் - “Hello, First Period!” with Kalvikarasi](#) (Health & Wellness)
- [Une série hebdomadaire de lectures par Gangalakshmi – Ep.502](#) (Integral Yoga)

Latest Youtube video:

- [Touching the Sublime | Art Exhibition at Maji, Maroma | Auroville](#)
- [Savitri Ep.5 : Introductory Comments in Tamil | சாவித்ரி காவியம் ஓர் அறிமுக விளக்கம் by Dhanalakshmi](#)
- [Construction of the World's Largest Dome with CSEB by Satprem Maini | Auroville Earth Institute](#)
- [Counting Stars - Cover by Auroville Youth - Auroville Singing Festival 2025](#)

....and more! on www.aurovilleradiotv.org.

For more information write to radio@auroville.org.in

Peace and love

Regards,
Sai Priya for Auroville RadioTV



FOR THE BOOKWORMS

AUROVILLE LIBRARY

THEME OF THE MONTH

Every month, we choose a topic and set up a display of books from our collection.

This month's theme is
BACK to SCHOOL!

*Come by to check out our
selection!*





Cinema Paradiso

Multimedia Center (MMC) Auditorium

Film program : 4th - 10th August 2025

Cinema Paradiso-Multimedia Center is operating at 100% seating capacity. Seating starts about 15mins before screening and stops as the film starts. Kindly arrive in time.

A reminder not to use cell phone for any reason while the program is on, and no food/beverage to be taken inside the hall.

INDIAN – MONDAY 4 AUGUST, 8:00 PM:

- KESARI

India, 2019, Writer-Dir. Anurag Singh w/ Akshay Kumar, Parineeti Chopra, Suvinder Vicky, and others, Epic Drama-History, 150mins, Hindi w/ English subtitles, Rated: NR (PG-13)

In 1897, Havildar Ishar Singh commands 21 Sikh soldiers in a historic defense of Saragarhi Fort against 10,000 Afghan tribesmen. Outnumbered and outgunned, they hold their ground with tactical brilliance and unwavering resolve—transforming a doomed outpost into a symbol of military valor and national pride. *Widely praised for its authenticity, this film is hailed as a modern classic!*

POTPOURRI – TUESDAY 5 AUGUST, 8:00 PM:

- CRNA MACKA, BELI MACOR (BLACK CAT, WHITE CAT)

France-Germany-Yugoslavia-Austria-Greece, 1998, Dir. Emir Kusturica w/ Bajram Severdzan, Srdjan 'Zika' Todorovic, Branka Katic, and others, 127mins, Romany-Serbian-Bulgarian w/ English subtitles, Rated: R

In a whirlwind of absurd deals and chaotic romance, Matko the hustler and his son Zare get entangled with gangsters, weddings, and a feisty bride who refuses to be traded. As a dead grandfather resurfaces and a love story blooms, madness and magic collide on the banks of the Danube. *A Balkan cult classic, acclaimed for its surreal charm and unforgettable characters—presented by Bal Bohème in collaboration with French Pavilion, Brotherhood House, Kalabumi, and Hibiscus Art Village. Explore more of Bal Bohème's vibrant programs!*

SELECTION – WEDNESDAY 6 AUGUST, 8:00 PM:

- THE IMITATION GAME

USA, 2014, Dir. Morten Tyldum w/ Benedict Cumberbatch, Keira Knightley, Matthew Goode, and others, Biography-War, 114mins, English-German w/ English subtitles, Rated: PG-13

A brilliant mathematician, Alan Turing, joins a secret wartime team to crack Nazi codes. As he races against time to build a machine that could end the war, secrets from his personal life threaten to unravel everything. A gripping tale of genius, sacrifice, and the cost of being different. *This much acclaimed and awarded film is a tribute to historical drama and unsung brilliance. A must see!*

INTERESTING – THURSDAY 7 AUGUST, 8:00 PM:

- LA PANTHÈRE DES NEIGES (THE VELVET QUEEN)

France, 2021, Writer-Dir. Marie Amiguet & Vincent Munier w/ Vincent Munier, Sylvain Tesson, and others, Nature-Documentary, 92mins, French w/ English subtitles, Rated: NR (PG)

High in the untouched valleys of Tibet, two men wait in silence—seeking a glimpse of the elusive snow leopard. What unfolds is more than a wildlife quest; it's a meditative journey into stillness, wonder, and the fragile beauty of the wild. A breathtaking ode to patience, presence, and the unseen. *This film is back for one more screening on popular demand thanks to Alliance Française of Pondicherry. If you have missed it during the French Film Week, here is your chance.*

INTERNATIONAL – SATURDAY 9 AUGUST, 8:00 PM:

• THE BALLAD OF WALLIS ISLAND

UK, 2025, Dir. James Griffiths w/ Tom Basden, Tim Key, Sian Clifford, and others, Comedy-Music, 99mins, English w/ English subtitles, Rated: PG-13

On a windswept island off the Welsh coast, eccentric lottery-winner Charles invites his favorite estranged folk duo—Herb and Nell—for a private reunion concert. As old wounds resurface and secrets unravel, the beachside gig becomes a bittersweet reckoning of love, loss, and the price of nostalgia. This acclaimed film is a haunting meditation on memory and melody - subtle, stirring, and cinematic.

CHILDREN'S MATINEE – SUNDAY 10 AUGUST, 4:00 PM:

• HOW TO TRAIN YOUR DRAGON

USA-UK-Ireland-Iceland-Canada, 2025, Writer-Dir Dean DeBlois w/ Mason Thames, Nico Parker, Gerard Butler, and others, Adventure-Drama, 125mins English w/ English subtitles, Rated: PG

In a Viking village where dragons are feared, young Hiccup defies tradition by befriending a wounded Night Fury named Toothless. As their bond deepens, they challenge centuries of hatred, risking everything to prove that courage and compassion can rewrite destiny.

CLASSIC WORLD CINEMA @ CINÉ-CLUB

CINÉ-CLUB SUNDAY 10 AUGUST, 8:00 PM:

• LETYAT ZHURAVLI (THE CRANES ARE FLYING)

Russia, 1957, Dir. Michael Kalatozov w/ Tatyana Samoylova, Aleksey Batalov, and Others, Drama-War, 95mins, Russian w/ English subtitles, Rated: R.

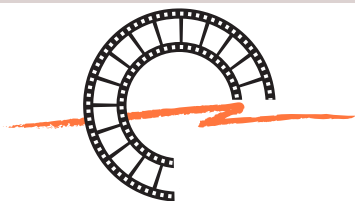
In Moscow, the young couple Veronika and Boris are in deep love for each other. With World War II, Boris volunteers to join the army and is sent to the front on the day before Veronika's birthday, and they do not have the chance to say goodbye to each other. However, Veronika does not forget Boris and keeps waiting for him.

Rating codes we often use are from Motion Picture Association of America (MPAA): G= General Audiences, PG= Parental guidance suggested, PG-13= Parents strongly cautioned, R= Restricted (equivalent to Indian rating: A i.e., for Adults), NR= Film Not Rated, Rating awaited.

To organize a seminar/program at MMC kindly email us at mmcauditorium@auroville.org.in.

We need your support to maintain and bring quality films to you. Set up a recurring or one time donation at Unity Fund for our Account #105106, or you can contribute at the venue.

Thanking You,
MMC/CP Group Account #105106,
mmcauditorium@auroville.org.in



COMMUNITY SERVICES

ESSENTIAL SERVICES

AUROVILLE'S FINANCIAL SERVICES (AVFS)

- **Timings:** Monday to Saturday, 9am - 12:30pm, and 3pm - 4:30pm
- **Phone:** 0413 2622171
- **Email:** financialservice@auroville.org.in

ELECTRICAL SERVICE (AVES)

- **Timings:** Monday to Saturday, 8am - 4:30pm
- **Phone:** 0413 2622132 / 94888 68747 for fault works, repair works and job works
0413 2622264 for clarifications reg. electricity bills, job and repair works bills
- **Email:** aves@auroville.org.in

GAS BOTTLE SERVICE

- **Timings:** Monday to Saturday, 9am - 1pm and 2pm - 4pm
- **Phone:** 0413 2622452
- **Email:** avgasservice@auroville.org.in

WATER SERVICE

- Monitors water lines and supply within AV, undertakes water-related jobs.
- **Timings:** Monday to Saturday, 8am - 12pm and 2pm - 4:30pm
- **Phone:** 0413 2622877, 89035 53246
- **Email:** avwaterservice@auroville.org.in

ECO SERVICE (WASTE COLLECTION/MANAGEMENT)

- **Timings:** Monday to Saturday, 8:30am - 12:30pm, and 1:30pm - 4:30pm
- **Phone:** 63796 69034
- **Email:** ecoservice@auroville.org.in

POUR TOUS DISTRIBUTION CENTRE (PTDC)

- **Timings:** Monday to Saturday, 9am - 5pm
- **Phone:** 0413 2622746 / 2622796
- **Email:** ptdc@auroville.org.in

POUR TOUS PURCHASING SERVICE (PTPS)

- **Timings:** Monday to Saturday, 8:30 am - 5pm
- **Phone:** 0413 2622152

AUROVILLE LIBRARY

Timings:

Mornings:

- Monday to Saturday : 9am - 12:30pm

Afternoons:

- Mon, Wed, Thurs, Fri & Sat: 2pm - 4:30pm
- Tuesday : 4pm - 6:30pm

Children's Storytime! All ages welcome!

- Every **Saturday** between 10am - 11am.
- **Phone** : 0413 350 9191
- **Email:** avlib@auroville.org.in
- **Website:** <http://library.auroville.org.in/>



“The bond of our common humanity is stronger than the divisiveness of our fears and prejudices.”

Jimmy Carter

HEALTH

SANTÉ SERVICES IN JULY 2025

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Working Hours:

Monday - Saturday: 9:00 - 12:30pm & 2:00 - 4:30pm

Tests and Sample collection:

Monday - Friday: 8:30am - 12:00pm

No sample collection on Saturday

For emergencies, contact:

Auroville Ambulance (24/7) - Phone: **+91 94422 24680**

Government Ambulance (24/7) - Phone: **108**

Appointment

Please call Santé (0413) 262 2803 during working hours for an appointment.

Doctor Consultation with Dr. Joseph, Dr. Pavan & Dr. Sana: Monday to Saturday	Nurse Care - Thilagam, Ezhil, Archana & Sandhya: Daily: no appointment needed
Ayurveda with Dr. Berengere: Tuesday / Wednesday / Friday	Integrative Psychotherapy with Juan Andres: Monday to Friday (11th Aug onwards)
Physiotherapy & Massage with Galina: Monday to Friday	Homeopathy with Michael: TOS
Midwifery & GYN Care with Paula: Monday & Wednesday	Soundbed Session with Sandhya / Thilagam: Monday to Saturday
Bio-Well Assessment (Evaluation of your well-being) with Helena – inquiry email adminsante@auroville.org.in	

In Santé, we value our patient's confidentiality and make every effort to ensure their privacy.

In case of cancellation or to reschedule, it is necessary to inform us in advance.

HEALTH CENTER - KUILAPALAYAM

Contact: (0413) 3509942 / 3509943

Pharmacy:

- 8:00am - 5:30pm Monday to Saturday

Doctor Consultation:

- 8:30am - 5:00pm Monday to Friday
(1 - 2pm Lunch Break)
- 8:30am - 1pm (Saturday)



DENTAL CLINIC - KUILAPALAYAM

- **Timings:** Monday to Saturday, 9am - 5pm daily
- **Phone:** 0413 2622007/ 2622265
- **Email:** aurodentalcentre@auroville.org.in

NURSE SERVICES

My name is Madhi and I'm 27 years old. I was born and brought up in AV.

I have done my bachelor degree in B.SC (Nursing) and I have more than three years experience as a Staff Nurse in hospital (one year in psychiatric ward, six months in ICU and six months in emergency) and giving care for elderly people in AV for the past 2 years.

Services:

- Patient assessment and care plan.
- Medication administration.
- Vital signs monitoring.
- Wound care.
- To provide blood and lab test .
- Personal care assistance.
- Patient education.
- Fall prevention strategies.
- Providing assistance with bathing, dressing, grooming, and toileting needs.
- Communication and collaboration with physicians.
- Documentation of medical reports.
- End-of-life care.



If you need any assistance please do contact the below mentioned email or contact number.

Contact: 95972 22826 (Madhi) call/WhatsApp

E-mail Id: madhiazhagan014@gmail.com

AYURVEDA TIPS FOR RAINY SUMMER



Late summer, with its amount of rains, brings lots of humidity and dampness in the air that affect the body and its Dosha in many different ways: Pitta ferments and shows signs of acidity, bloating, inflammation or strong body odour, lots of stagnation and retention felt in the digestive tract. Emotionally unhealthy Pitta becomes bitter, impatient and frustrated in the mind or the heart. Vata gets cold and makes the joints more painful with an irregular digestion and bowel movements and mind might be imbibed with anxious thoughts, worries or lack of concentration.

We can help ourselves with the following recommendations:

With the food

- Eat only when hungry and eat the appropriate amount (both hands joined together is the size of the stomach)
- Take a warm, cooked meal with any spices to improve the digestion (eg: ginger, turmeric, black pepper, cumin, coriander, cinnamon, ajwain, basil, garlic etc)
- Eat green leafy vegetables, take light dishes made of mung dal, vegetable soups... all pulses and dal are good when cooked with spices (all spices are good apart from red powder-chilli powder)
- For non-vegetarian, eat white meat or small fishes
- Drink warm water all day long (especially when there's a sore throat)
- Dinner should be light and taken 2 hours before going to bed

- Give energy to the body with cereals and grains such as: amaranth, barley, cooked oats, granola, rice
- Honey is the best sweetener
- Ghee used for cooking and Sesame and Olive oils for dressings
- Chew some neem or Tulsi leaves.

Some immunity enhancers:

- **Giloy/Guduchi** (*Tinospora cordifolia*): a very good immune regulator; 1tsp of powder morning and evening in warm water
- **Amalaki (amla)**: full of vitamin C; consumed fresh if available or in powder
- **Turmeric**: Anti-inflammatory, can be used for gargling with warm water and a pinch of salt
- **Tulsi** (*Ocimum tenuiflorum/sacrum*): for the lungs, fresh leaves in warm water
- **Ashwagandha** (*Whitania somnifera*): immune regulator and calming the nervous system; 1tsp morning and evening in milk or warm water
- **Ginger – Turmeric – Black pepper powders (Be No1)**: improves digestion and energy, ½ tsp with warm water or lemon juice + honey once or twice a day
- **Tulsi – Cinnamon – Amla – Ginger – Turmeric – Black pepper powders (Be No3)**: as prevention or in case of cold, cough, flu, feverish state, body ache, ½ tsp with a sip of warm water or lemon juice + honey once a day if it's preventive, 3 times a day before food if there are symptoms
- Saffron, aloe vera, licorice herbal infusions
- **Chyavanprash Avaleha**: 1 tsp in the morning with breakfast.

Special treat for joint pain and inflammation:

- **Shallaki Cream or Oil mixed with Castor Oil (Eranda Tailam)**: massage twice a day the painful joint, it's a painkiller and anti-inflammatory
- **Rosemary Essential Oil**: 1 or 2 drops with the massaging oil and apply locally. It's anti-inflammatory
- **Shallaki Tablets**: for arthritis, muscular pain, joint inflammation
- **Triphala Guggulu Tabs**: to reduce bloating, swelling, inflammatory conditions, 1 or 2 tabs per day before meals (use for short period).

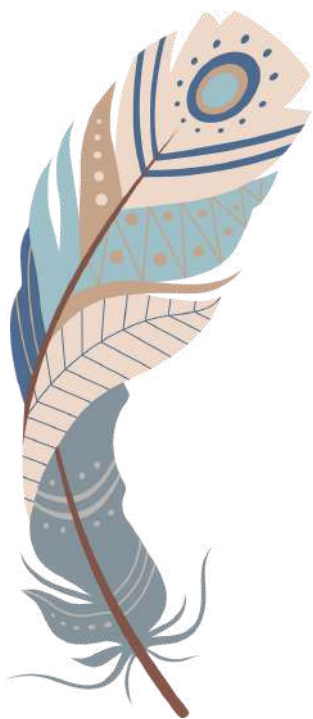
In the activities, help Pitta and Vata to be centred and grounded:

- Be grounded in the heart or abdomen with Yoga, Pranayama, Meditation, observing the breathing movements in the abdomen, Yoga Nidra, Body Awareness, Qi-Gong, Tai Chi...
- Regular exercise, 30 minutes daily
- Gardening, cultivating, weeding, cooking
- Keep warm, take warm showers, cover your neck from chilled breeze
- Gargling with salty water if sore throat
- Oil pulling with 1 Tbsp of sesame or coconut oil, keep in the mouth for some time, spit it out and rinse the mouth with warm water (can be done early morning or at bedtime after brushing the teeth)
- Nasya: pour 2 drops of sesame oil or Anu Tailam in each nostril once a day
- 4-5 drops of Castor Oil in the belly button followed by slight massage around the umbilicus at bed time
- Fragrances: sandalwood, rose, jasmine.

Let's be all well, happy and healthy.

Be at Santé Clinic





ACCESS TO THE PARK OF UNITY AND MATRIMANDIR

The Park of Unity

The Matrimandir, the Petals, the Lotus Pond, Banyan Tree are areas of SILENCE

- The Park of Unity is open to Aurovilians and Newcomers
Daily: 6.00 AM to 7.30 PM
- Aurovilians may bring close family and friends to the Gardens
Daily: 9.00 AM to 7.30 PM
- Volunteers and Pass holders require a pass to enter the Park of Unity. Timings will be indicated on the pass.
- Published events in the Park of Unity are open to Aurovilians, Newcomers, Volunteers, Pass holders and Guests. Guests should bring their Aurocards.

TO BE UPDATED!

The Inner Chamber of the Matrimandir

The Matrimandir is a place for silent individual concentration.

- The Inner Chamber is open to Aurovilians and Newcomers:

Monday – Saturday	6.00 AM to 8.00 AM 4.30 PM to 7.30 PM
Sunday	6.00 AM to 12.00 PM 4.30 PM to 7.30 PM
- The Inner Chamber is open to SAVI registered Volunteers:

Wednesday – Monday	8.00 AM to 8.40 AM.
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 Arrival at 7.45 AM at the Office Gate
- The Inner Chamber is open to Aurovilians wishing to accompany a maximum of 5 close family and friends, no more than once in two weeks, with booking 3 to 5 days in advance at mmconcentration@auroville.org.in:

Any day except Tuesday & Sunday:	8.00 AM to 8.35 AM
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 Arrival at 7.45 AM at the Office Gate
- The Inner Chamber, the Petals and the Gardens are open to the Children of Auroville and the Outreach Schools:

Tuesday	9.00 AM to 11.00 AM
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- Auroville units can bring their staff to the Inner Chamber with a prior booking at mmconcentration@auroville.org.in:

Auroville TO PONDICHERRY

	Trip 1	Trip 2	Trip 3
Svaram Musical Center	7:00	8:50	14:50
Vérité Guest House - Junction	7:02	8:52	14:52
Town Hall - Main Parking	7:06	8:56	14:56
Solar Kitchen (Ex Round About)	7:10	9:00	15:00
Certitude Entrance	7:12	9:02	15:02
New Creation Road	7:17	9:07	15:07
SBI Bank—Kuilapalayam	7:19	9:09	15:09
ECR Junction—Aroma Guest House	7:23	9:14	15:14
Quiet Healing Center—Junction	7:26	9:17	15:17
Lotus Hotel—S.V Patel Salai	7:36	9:30	15:30
Ashram Road Junction	7:38	9:33	15:33
Ashram Dining Hall	7:40	9:35	15:35

Pondicherry TO AUROVILLE

	Trip 1	Trip 2	Trip 3
Ashram Dining Hall	8:00	12:15	18:10
Ashram Road Junction	8:02	12:17	18:12
Lotus Hotel—S.V Patel Salai	8:07	12:22	18:17
Quiet Healing Center—Junction	8:17	12:32	18:27
ECR Junction—Aroma Guest House	8:20	12:35	18:30
SBI Bank—Kuilapalayam	8:25	12:40	18:35
New Creation Road	8:27	12:42	18:37
Certitude	8:32	12:47	18:42
Solar Kitchen (Ex Round About)	8:34	12:50	18:44
Town Hall - Main Parking	8:38	12:54	18:48
Vérité Guest House - Junction	8:42	12:58	18:52
Svaram Musical Center	8:45	13:00	18:55

- Single Trip = ₹100 per person
- Monthly Scheme (Students + AV Workers) = ₹1200
- Monthly Scheme (Students + AV Workers) = (One Way) ₹850

Auroville Vehicle Service
Town Hall, Auroville, 0413 2623302



Join our WhatsApp group of Auroville Bus to get regular updates:

<https://chat.whatsapp.com/Lt43wBCBno1E6CTwoaUt2x>

EMERGENCY NUMBERS



Ambulance (24/7):

Auroville 94422 24680	PIMS 0413 2656271	
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Security (24/7):

Auroville Police Station 0413 2677318	Kottakuppam Police Station 0413 2236148	Vanur Fire Station 0413 2677368
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Health:

Health Center 0413 3509942 & 3509943	Santé 0413 2622803	Farewell 89038 36246
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Mental Health 24/7 Support:

Vandrevala Foundation +91 99996 66555

India Emergency Response Service (24/7): 108