

Auroville

NEWS & NOTES

No 1076 - A weekly bulletin for residents of Auroville

5 June 2025



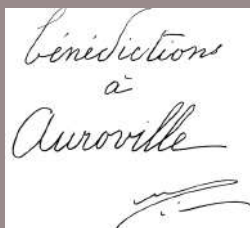
PONDERING

Establish a greater peace and quietness in your body, that will give you the strength to resist attacks of illness.

The Mother, Peace and Quiet, Faith and Surrender, Words of the Mother III
<https://motherandsriaurobindo.in/The-Mother/books/words-of-the-mother-III/#peace-and-quiet-faith-and-surrender>



THE MOTHER ON AUROVILLE



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AUROVILLE IN ELABORATION

A TALK IN JUNE 1965

Page 67

But it would be very good for a hydroplane station. But that depends: if we have an aerodrome, it is unnecessary; if we do not have an aerodrome.... But already, in the Lake Estate project, there was an aerodrome. Samer who has become a Squadron Leader, has sent me a plan for an aerodrome too, but for small planes, whereas we want an aerodrome which can handle a regular service to Madras, a passenger aerodrome. There has already been much talk about it. There were discussions between Air India and another company; then they could not come to an agreement—all sorts of petty, foolish difficulties. But all that, with the growth of Auroville, will fall away quite naturally—people will be only too glad to have an aerodrome.

No, there are two difficulties. Small sums of money we have — to be precise: what the Government can loan, what people give to have a plot—it is coming. But it takes massive sums, you know, it takes billions to build a town!

Page 68

Some Messages

Auroville anniversary

Let Light, peace and joy be with all those who live in Auroville and work for its realisation.

Blessings.

28.2.1969*

*

Auroville anniversary

To all Aurovilians

My blessings for the progress and the growth of the collective and individual consciousness

28.2.1971

*

Opening of the Aspiration School

A sincere will to know and to progress.

15.12.1970

The city the earth
needs.

Opening of the Last School

The future belongs to those who want to progress. Blessings to those whose motto is:

"Always better".

6.10.1971

*

Another message for the Last School

In the physical the Divine manifests as Beauty.

6.10.1971

*

Laying of Aurofood foundation stone

We shall work for a better tomorrow.

14.8.1968*

Power of Perfect Endurance

Manifests rarely, but is very precious. -

The Mother

Strobilanthes kunthianus T. Ander.,

Acanthaceae.

Persian shield



NEWS & NOTES GUIDELINES

DEADLINE FOR SUBMISSIONS:

TUESDAY 5PM

The content of News & Notes is a reflection of the growth process of this community towards its ideals of Harmony, Goodwill, and Truth. Editing of submissions, mainly for reasons of space and clarity, is done according to an established policy.

RA NEWS & NOTES - A QUICK GUIDE



What We Publish

- Working group announcements and reports
- Residents' voices and personal sharings
- Free cultural events open to all residents
- Information from essential services
- Content that strengthens community-building in Auroville

Working Groups & Foundation Office Content

- All RA Working Group announcements will be included
- Links to Foundation Office content will be provided without duplication
- Direct submissions from Foundation Office groups will be included as regular content

What We No Longer Publish

- Commercial activities and paid workshops
- Non-community-focused events
- Content from "Activities & Events," "Food, Goods & Services," and "Classes, Workshops and Healing Arts" sections

Exceptions

We may consider including content that falls outside these guidelines if:

- It is submitted exclusively to RA News & Notes
- It has significant community benefit
- It aligns with our service-oriented focus

Submission Guidelines

- Deadline: **Tuesdays at 5pm**
- Email: newsandnotes@auroville.services
- Content must be community-building focused:
 - Open and accessible to all community members
 - Not profit-oriented
 - Contributing to collective growth or well-being
 - Promoting Auroville's ideals and values

-
- For further information, please [click here](#) 😊 to view our complete FAQ document.
 - For past issues or to subscribe, visit: auroville.media/newsandnotes

We thank you for your collaboration and understanding.

DISCLAIMER:

Please note that the opinions and views expressed on these pages are solely those of the respective authors or work groups and do not necessarily reflect the position of the editors or the larger Auroville community. The News & Notes aims to provide a platform for the publication of diverse perspectives and voices from multiple sources within Auroville.

While our editors strive to ensure the accuracy of the information presented, we cannot guarantee that all information is free from error or omission. Additionally, we cannot be held liable for any alleged misinformation provided or offence caused by the content published.

In the event of any dispute, we encourage readers to consult with the Auroville Council, and we reserve the right to suspend the publication of disputed material. Our commitment to providing an open and inclusive platform for dialogue and exchange of ideas remains steadfast.

The News & Notes Team
newsandnotes@auroville.services

LIST OF ACRONYMS:

- **AVF** (Auroville Foundation),
- **AVFO/FO** (Auroville Foundation Office),
- **GB** (Governing Board),
- **RA** (Residents' Assembly)

The following groups are divided in two categories: The groups selected by the Residents' Assembly through Community decision making Processes and the groups put together by the GB and the FO (*not recognised by the Residents' Assembly*).

Working groups selected by the Residents' Assembly:

- Working Committee (RA WCom)
- Funds and Assets Management Committee (RA FAMC)
- Budget Coordination Committee (RA BCC)
- Town Development Council / L'avenir d'Auroville (RA TDC)
- Auroville Council (AVC)
- Entry Service (ES)

GB groups:

- Working Committee (GB WC)
- Funds and Assets Management Committee (GB FAMC)
- Budget Coordination Committee (GB BCC / GB BCS)
- Auroville Town Development Council (GB ATDC)
- Housing Service (GB HS)
- Land Board (GB LB)



NOTE FROM THE EDITORS



Dear Community,

Here is some important information:

- ~~If you wish to support the N&N community Edition, you can donate at this account no: **FS #252150.**~~
- Content sent through **@auroville.org.in** mail ID will only reach us if you use this [FORM](#) to submit your content.
- The mail ID to submit content is: newsandnotes@auroville.services
- To request a **PRINTED COPY**, send us your name and community to our email!

Thank you for your continued support!

In community,
The RA Community Edition News & Notes Team

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WORKING GROUPS NEWS

FROM THE ENTRY SERVICE

ES # 254 DATED: 02-06-2025

The following people have been recommended by the Entry Board to join our community. Please share your feedback within 2 weeks for potential Newcomers, Associates and Friends of Auroville and within 4 weeks for Potential Aurovilians, Returning Aurovilians, Youth and Spouse/Partner of an Aurovilian in writing to auroville.entryservice@gmail.com.

We thank you in advance.

The Admission Committee aka **the Entry Board of the Residents Assembly**, under section 19 of the Auroville Foundation Act

(Amy B., Don, Fabienne, Grace, Mirco, Sara, Sonja, Vadivel)

AUROVILIAN ANNOUNCED



- **Mikhail aka Mike SOKOLIN (Russian)** staying in Savitri Bhavan Hostel and working at Last School



- **Shaheen (Indian)** staying in Invocation and working at Inside India



- **Michael STEVENS (Belgium)** staying in Maitreyee and working at Ilion

AUROVILIAN CONFIRMED

- **Murugan MUNUSAMY (Indian)**
- **Mahima RAMESH (Indian)**
- **Sarvadhini TAMIZHARASAN (Indian)**
- **Madhuri KADAM (Indian)**

YOUTH TURNED 18 AUROVILIAN ANNOUNCED



- **Zohar AZULAY (French)**

YOUTH TURNED 18 AUROVILIAN CONFIRMED

- **Akshey RAJ (Indian)**

NOTE:

- A Newcomer becomes an 'Aurovilian' once his/her name has been confirmed by The Admission Committee (aka the Entry Board) after following due process.
- The date of becoming 'Aurovilian' is the date of confirmation. An Aurovilian confirmed by the Entry Board is eligible to participate in all community decision-making processes.

- The formal administrative step of entering new residents into the Register of Residents (RoR), is done by the Secretary of the Auroville Foundation. For this, a B-Form is filled in and signed by the individual and a meeting with the Secretary is arranged by the Entry Secretariat. However, until such time as the court has made its ruling about Admission and Termination Regulations 2023, the meetings of Confirmed Aurovilians with the Secretary will be pending.



FROM THE WORKING COMMITTEE

NEW!!! 'AUROVILLE URBAN PLANNING AND DEVELOPMENT REPOSITORY'

Dear Community,

We are pleased to announce the launch of a new website: [Auroville Urban Planning and Development Repository](#).

This initiative, led by a group of Auroville residents, brings together hundreds of documents related to the planning and development of Auroville. Spanning from 1965 to 2024, the **open-access database** includes a diverse range of materials — from visionary proposals to administrative records, participatory brainstorming to technical studies, and both official and unofficial documents. Together, they reflect the layered and evolving nature of Auroville's planning and development journey.

While the database is already fully functional, the website itself continues to evolve. We warmly invite you to **explore the content, share your feedback by filling out the contact form on the website, and stay connected** for upcoming updates and features.

We extend our gratitude and appreciation to those who have given their time and energy to create this important repository.

In service,

Aravinda, Bharathy, Chali, Maël (TOS), Matthieu, Prashant, Valli
The Working Committee of the RA



WORKING COMMITTEE
of the Residents' Assembly
AUROVILLE FOUNDATION



FO GROUPS NEWS

(not selected by due Residents' Assembly process)

FROM THE FO N&N 1081

Please click [HERE](#) to read the FO groups' news

COMMUNITY NEWS

COMMUNITY SHARING

[UPDATE] 📢 PETITION FOR AN EMERGENCY RESIDENTS' ASSEMBLY DECISION (E-RAD)

Dear Community,

A heartfelt thank you to everyone who participated in the preparatory petition for the Emergency Residents' Assembly Decision (E-RAD).

We're happy to share that the required number of signatures was reached within a week of the launch. The collected signatures will now be submitted to the RAS team, and we will move forward with the next steps in collaboration with them.

As we are in the midst of summer, we will take a little more time to prepare and launch the next phase at a more suitable time.

Let us remain firm in upholding the integrity of the Residents' Assembly — especially now, as we address the matter of Entry and Exit, which is clearly defined in the Auroville Foundation Act.

In Community,

The Petitioners

AUROVILLE GLOBAL FELLOWSHIP WEBSITE AND NEWSLETTER



Dear Auroville residents, friends and well-wishers of Auroville,

We're happy to announce that a website has been created for the Auroville Global Fellowship. Here is the link:
<https://aurovilleglobalfellowship.org>

The website describes the history, purpose, and projects of the Fellowship. It also has a page dedicated to the January 2025 report "Auroville in Crisis & the Way Forward." There is also a page for a new project of the Fellowship - a newsletter that is being launched in June.

The newsletter is titled 'Auroville Witness'. Its goal is to publish first-person stories from those living in Auroville, past residents, or who have had a long-term relationship with Auroville. We are looking to present individual voices and experiences, the lived reality in Auroville at this moment. You can read more and subscribe on the website:
<https://aurovilleglobalfellowship.org/witness/>

If you are interested in contributing, below is a brief introduction:

What does it feel like living with the changes of recent years? How has the atmosphere changed? What is it like living under the new administration? Talk to us about Auroville as you are experiencing it. Talk to us of your life in Auroville.

Personal, heartfelt reflections speak to people everywhere. They are especially important in conveying the real-life impact of the situation on life in Auroville and are powerful in a way that no other form of communication can match.

To submit a story, please send an email to AurovilleWitness@gmail.com with "Submission" in the subject line. Please explain whether you are a resident of Auroville, an ex-resident, or your relation to the community. Any other background information is also appreciated.

If you feel hesitant about sharing your experience, what can we do so that you are confident and motivated to share in Auroville Witness?

Please write in your primary language if you are not comfortable writing in English. You can also send an audio recording, or we can arrange an interview. We will do our best to ensure your privacy if you wish to be anonymous.

Many thanks. We look forward to reading and sharing your narratives. Each voice and lived experience matters.

Sincerely,

David Hutchinson, for the Auroville Global Fellowship and the Auroville Witness editorial team

Fellowship-Coordination@auroville.community

UPDATE ON AUROVILLE NET NEUTRALITY



We would like to thank all those who have so quickly joined our voice. We crossed 100 signatures within the first hours and the list keeps growing.

With many people out of station and multiple ongoing petitions, please sign this petition if you have not already: <https://forms.gle/FfYWv5gXL53jdgi9A>

Aurinoco has harassed people trying to get alternative connections using the cabling they paid for, terming it as “hacking”. And since the start of the petition, Aurinoco has gone so far as to report numerous people for Exit Review!

Yet, Aurinoco has not provided supporting documentation on the OSD’s order. They only shared a partial recording of oral discussions; a recording that seems to have been obtained covertly and without the knowledge of others in the discussion.

On Friday, 23rd of May, numerous newly installed BSNL cables were ‘mysteriously’ cut.

We are adding all these points to our documentation of Aurinoco’s monopolistic methods.

We disagree with Aurinoco targeting our right to freedom of choice, our right to privacy on communication channels and reject coercive and monopolistic actions. We encourage everyone to avoid direct confrontation, and to document every action, especially if you witness people pulling down or cutting the overhead fibre cables that are being brought to individuals dwellings.

Please contact us for feedback, to share materials, or for anything at all on: auroville.net.neutrality@gmail.com

We thank you for your support
ANN team

AUROVILLE DOG SHELTER

MONTHLY TRANSPARENCY REPORT MAY 2025



Overview

- New admissions: 14 (476 since April 2023)
- Rabies confirmed case: 0
- Adoptions and Releases: 7
- Vaccinations administered: 45
- ABC shelter dog sterilizations: 70
- Deworming: approx. 50

Meeting regarding Third-Party-Platform Donations

This month, a meeting between auditors, FAMC, DCG, BCC, and the dog shelter took place regarding the topic of whether Auroville needs a policy to accept third-party platforms like Donatekart,

Milaap, etc, for fundraising for AV projects. In the auditor's opinion, which FAMC shared, it is preferred to use CSR instead of third-party platforms for donations to raise funds for AV projects and units. It was agreed that no policy is needed. The outstanding donations that Donatekart had collected for the dog shelter will be released.

Donations received

In May, we received donations through AVI USA for USD 417 (Rs. 35.469). Donations by kind Aurovilians to our FS account Rs. 10.700, from other dog lovers Rs. 70.625, from BCC Rs. 50.000, and Rs. 35.900 onto our ICICI account - a total of Rs. 202.694 and thus again far below our monthly running costs of approx. Rs. 3.5 lakhs.

Expenditures

- *Animal Food:* In May, we fed our dogs 1.6 tons of rice, 1.7 tons of chicken, and 750 eggs, supplemented with donated food items like vegetables and daal, which cost us approx. 1 lakh.
- *Staff Costs:* Total staff costs for this month for our workers, paid animal care staff, 1 veterinarian, 1 surgery vet, 2 vet assistants, and volunteers were approximately. 1.7 lakh
- *Medical Costs:* As we could not collect sufficient donations last month to cover even our basic running costs, we had to cut back on buying medicines. Our stock of rabies vaccinations is dangerously low. Please donate to keep Auroville safe!
- *Infrastructure Improvements:* Our Office/Caretaker container has been almost completed and was outfitted with a desk, cupboards, a donated fridge, a bed, and an air conditioner. The modification costs remained within the budget of Rs. 1.2 lakhs.

Project “Sterilising 1000 Dogs in 1 Year”

This month we managed to sterilise 70 dogs, up from 66 last month, and well on the way to reaching our monthly goal of 80 dogs. We are asking all dog owners to sterilise their dogs to counter the mass of dumped puppies everywhere and increase health benefits. As

we don't have any budget or grant money to provide free sterilisations, we are asking, if possible, for a minimum donation of Rs. 1500 for the shelter. We encourage all Aurovilians and dog lovers to please use this opportunity to do the right thing and eliminate suffering by helping to control the canine population. Contact Shirley under our new WhatsApp Sterilisation Hotline 8903176612 for booking an appointment.



Invitation to Write Together: “The Auroville Animal Charter”

Recent heartbreaking cases of severe animal neglect and abuse highlight a painful truth: Auroville, a city meant to be guided by the Mother's infinite love, compassion, and respect for all living beings, still lacks a clear framework defining our relationship with all sentient beings. It's time that we do something about it.

Drawing from the Mother's deep compassion, wisdom, and guidance, this charter should become a framework for how to live in a harmonious co-existence with all sentient beings in Auroville. This vital document must be born from our collective consciousness and the Mother's guiding spirit, and can only be written if we put our collective consciousness and minds together. It will define how humans and animals thrive side by side in our shared evolution, upholding the rights and ensuring the place of all sentient beings in our Community, while unequivocally stating that violence or harm towards beings cannot have a place in our City of the Future. If you want to participate in our weekly meetings, please WhatsApp message Arthur 81222 25266.

New Auroville Dog Shelter

The new Auroville Dog Shelter is urgently needed; our current facility is critically overcrowded, lacks even the basic infrastructure, and is rapidly deteriorating. After two years of waiting and months of dedicated negotiations, there is finally hope on the horizon. Stay tuned for updates!

In Her Service

Auroville Dog Shelter Team

Tine, Arthur

MATRIMANDIR CHAMBER : CLOSED FOR ONE MORE WEEK



Dear all,

Due to unforeseen reasons, the maintenance inside Matrimandir is taking longer than expected.

As a result, the Matrimandir chamber will remain closed for one more week.

Reopening is scheduled for Monday 16th June, 6:00am.

We are sorry for the inconvenience.

Matrimandir Executives.



RESIDENTS SPEAK

THE GREAT GURU OF AUROZ – PART VIII

(previous episode in the last N&N)

Dorothy's boots crunch over gravel that wasn't there yesterday. A sour wind carries the scent of disturbed soil and melting plastic. Ahead, the Grey Slab Road judders and jags like a scar healing badly, flanked on both sides by open trenches at irregular intervals — some shallow, others plunging like wounds no one intends to close.

A mechanical growl erupts nearby. An excavator lurches into view, swinging its rust-streaked arm with gleeful abandon. With a wet shhhlorp, it scoops a dollop of earth from one side of the road, swivels theatrically, and dumps it back where it was dug two days prior. Across the way, another machine does precisely the opposite.

Dorothy pauses, shielding her eyes. Dozens of diggers dot the landscape like oversized toddlers locked in a sandbox turf war. Operators sip tea from thermoses, nudge levers with idle fingers, and occasionally shout instructions that sound more like nursery rhymes than site plans.



“Patch it up! Tear it out! Fill it in! Start again!”

A trench is sealed with fresh concrete. Twenty minutes later, it’s broken open again to install another pipe, as if the road itself resists finality. She steps closer to a knot of fluorescent-vested workers hunched around a clipboard balanced atop a half-eaten sandwich. One of them gestures at the paper. “See here? This was the conduit for the previous fibre alignment—before the legacy pipe got deprecated by the interim cable, which we later overlaid with the provisional loop, pending the audit.”



“What audit?” Dorothy asks. They all shrug. One of them mutters, “We think it already happened. Or it’s still happening. Or it’s embargoed.”

A nearby digger honks mournfully. Another trench collapses in on itself with a sigh,

swallowing a traffic cone like a ritual offering. Someone has stuck a cardboard sign into a pile of dirt, scrawled in red ink: **UNDER CONSTANT REDEVELOPMENT – DO NOT UNDERSTAND**

In the distance, workers help an unsuspecting passer-by pull her bike out of an unmarked trench, as she carefully holds her (hopefully unbroken) arm. Farther off, a small child plays at the edge of a pit, dropping stones and giggling as they disappear. A JCB rumbles into place beside him and waits its turn, bucket poised like a claw in an arcade game. Dorothy watches as the machine stabs downward once more, extracting the same soil it spilled just yesterday. Nothing seems to build. Nothing seems to stay.

And so, carefully, she steps back onto the Grey Slab Road, which now loops tighter than before, as if the centre were pulling everything in.

(next episode in a week!)

SRI AUROBINDO – THE HINDU?

The anonymous author of an article in The Commune ([Calling Out TNM’s Propaganda War On Auroville: How They’re Twisting Truths And Ignoring Court Verdicts To Whitewash Illegal Non-Indian Squatters Who Are Undermining Mother’s Vision - The Commune](#)) asks:

“So, what’s The News Minute’s problem here? That Aurobindo was a nationalist who spearheaded a Hindu revivalist movement? Aurobindo anyway doesn’t fit in their secular scheme of things and is someone who can never be appropriated by the leftist-Draavidianist ecosystem.....

*Aurobindo’s own writings speak louder than any political spin. He explicitly equated Sanatana Dharma with Indian nationalism and envisioned a united India rooted in spiritual awakening. **These aren’t quotes cherry-picked ...**”*

Cherry picking of quotes is the bane of Auroville. Mother saw this was a particular problem when confronted with Sri Aurobindo’s vast literature. Once, while discussing The Life Divine, she noted that “one must be careful, not come to a conclusion in the middle of a subject, not say to oneself, “Ah, look! Sri Aurobindo says it is like that.” (27 November 1957). One wonders if the anonymous author of The Commune article is one such person who has prematurely had an “Ah look!” moment when reaching a conclusion on what they think it means for Sri Aurobindo to say he was a Hindu, which he clearly did.

So the question is this:

What did Sri Aurobindo mean by Hindu?

In the Uttarpara speech of 30 May 1909, given just after he was released from prison, Sri Aurobindo affirmed that God had shown him the truth of Hinduism.

Sri Aurobindo said, “That which we call the Hindu religion is really the eternal religion, because **it is the universal religion which embraces all others. ... A narrow religion, a sectarian religion, an exclusive religion can live only for a limited time** and a limited purpose.” It was this universality of approach that he termed the eternal religion or the Sanatan Dharma.

Over two decades later, his devotees still struggled to understand what exactly this meant. In September 1930, he was asked, “Is the whole teaching [in the Ashram] based perfectly upon Hinduism?” Sri Aurobindo replied, “No sectarian religion is the basis; **orthodox Hinduism and its caste rules are not followed**; but the spiritual Truth recognised here is in consonance with the Vedas, Upanishads and Gita while **not limited by any Scripture**.” (Letters on Himself and the Ashram).

“Not limited by any scripture;” This is a fundamental point. It forms the opening remarks of his Essays on the Gita where he tells us that **Truth cannot be found in its entirety “in any single philosophy or scripture...”**. In February 1932, he would add, “There is **no place for rigid orthodoxy**, whether Hindu, Mahomedan or Christian in the future. Those who cling to it, lose hold on life and go under—as has been shown by the fate of the Hindus in India and of the orthodox Mahomedan countries all over the world.” (Letters on Himself and the Ashram). He would also say, “If there is anybody in this Asram who is a Hindu sectarian hating Mahomedans and not opening to the Light in which all can overcome their limitations and in which all can be fulfilled (**each religion or way of approaching the Divine contributing its own element of the truth, but all fused together and surpassed**), then that Hindu sectarian is not a completely surrendered disciple of Sri Aurobindo. ... If this Asram were here only to serve Hinduism I would not be in it and the Mother who was never a Hindu would not be in it.” Letters on Himself and the Ashram).

In November 1932, in a particularly beautiful declaration, Sri Aurobindo wrote that **“What is kept of Hinduism [in his Ashram] is Vedanta and Yoga, in which Hinduism is one with Sufism of Islam and with the Christian mystics...”** (Letters on Himself and the Ashram).

So yes, Sri Aurobindo declared himself a Hindu. Perhaps as part of our sadhana, particularly before rushing to print to declare emphatically what we think Sri Aurobindo to be, we should ask this:

What does Hinduism mean for Sri Aurobindo if the type he advocated for:

1. Rejects narrowness
2. Rejects sectarianism
3. Rejects orthodox Hinduism
4. Rejects Caste rules
5. Is universal
6. “Embraces all” other religions
7. Is “not limited by any Scripture
8. “Is one with Sufism...”
9. Is one “with the Christian mystics.”
10. Is “fused together” with all contributions of truth until it is “surpassed”?

All these ten points are found within the quotes used in this article. Bold highlights are used to help the reader locate them. All of us, particularly those seeking to impose ideology on others in the name of the Gurus, should reflect long on this question.



INTEGRATING THE ANIMAL NATION IN THE GOVERNANCE OF THE PLANET?

(Inspirational note by Mukhande)

By working together to address the painful situation of the animal world, and dogs in particular, in Auroville, we will certainly be able to pass a milestone in learning to work towards a new humanity.



→ The Dog Shelter of Auroville proposes to hold the space to energize our reflection and set a concrete milestone for enhanced human behaviors towards all living beings: to reflect on a charter of Aurovilian attitudes towards animals

Couldn't this be one more crucial, pioneer experiment emanating from the Aurovilian Community, to feed the global conversation on an upgraded governance for peace and unity in all directions? At least, to me, it sounds like an unprecedented immersion in an adventure of loyalty, love and supramentalized verbal expression to pave the way forward.

→ Whoever wants to join the group to **write the Animal Charter together**, please whatsapp message Arthur 81222 25266

Mukhande

THE DEVA SANGHA OF BHARAT MATA

From the Mother's Agenda of 21 July 1962:

"Read this; it shows a slightly new side of Sri Aurobindo's thought. I mean, he took a sterner tone when addressing Indians, and he gave a fuller account of his experience of the West."

<https://incarnateword.in/agenda/03/july-21-1962>



To continue reading, please scan the QR Code or click [this link](https://zechjoya.blogspot.com/) or go to this blogsite to access the post of the same title: <https://zechjoya.blogspot.com/>

Zech

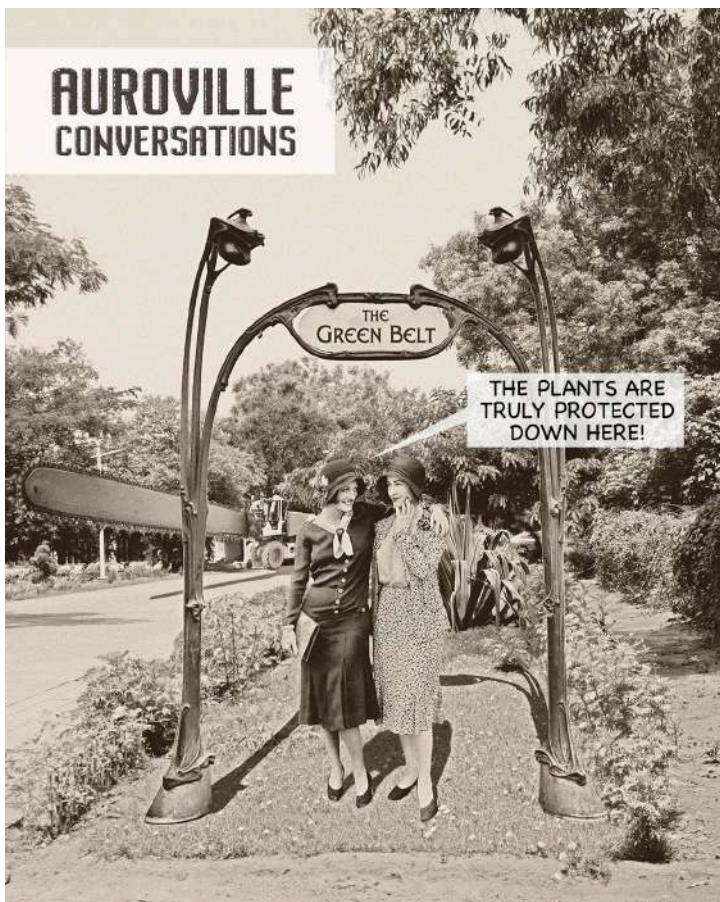
FOOD FOR THOUGHT



<https://mymodernmet.com/thought-provoking-minimalist-illustration-sergio-ingravallo/>



AUROVILLE CONVERSATIONS



Submitted by an Aurovillian

FRENCH NEWS & NOTES

NOUVELLES D'AUROVILLE



Auro - Traductions

Click [here](#) or scan the QR code to read the **French News&Notes**.



INNER JOURNEY

INTRODUCTION TO THE INTEGRAL YOGA OF SRI AUROBINDO AND THE MOTHER

Tuesday 10th June, 9 am - 12 noon

Focus: The Collective Yoga

Led by Ashesh Joshi

Place: Mirabelle Education Centre, Auromodele
Ph/Whatsapp: 94891 47202 (Please register)

All are Welcome



SAVITRI SATSANG WITH NARAD

SUMMER BREAK

SAVITRI at Savitri Bhavan will break for the heat of the summer months of **May and June** and will begin again the **first day of July 2025** with Savitri Satsang and the OM Choir at 4:30pm and 5:30pm respectively.

In this deep exploration of Savitri we will study:

1. The mantric basis of Savitri
2. The importance of iambic pentameter in epic poetry
3. The wealth of definitions in Savitri from Sri Aurobindo and Mother
4. Music and alliteration in Savitri
5. Words defined from the 'Lexicon of the Infinite Mind'
6. The Mother's Words on Savitri

We will begin at the beginning, again on 1st July, with Canto 4, 'The Secret Knowledge'.

All are welcome to join.

Narad

OM CHOIR WITH NARAD

EVERY TUESDAY, 05:30 - 07:15PM

Please join in the aspiration,
in

**ON SUMMER BREAK
MAY + JUNE**

No prior singing experience is required.

At Savitri Bhavan - Square Hall

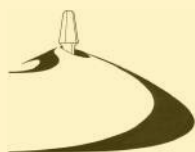


AMPHITHEATRE - MATRIMANDIR

Meditations at sunset with SAVITRI,

**Every THURSDAY
from 6:00 to 6:30pm**

(weather permitting)



Savitri, Sri Aurobindo's long mantric poem, read by Mother to Sunil's music are *on* weekly for everyone to concentrate, in this beautiful open space in the very center of Auroville.

Reminder to all: The Park of Unity is a place for silence, meditation and inner work and is to be used only as such. We request everyone: please do not use cameras, tablets, cell phones, etc. No photos.

Guests with Aurocard wishing to attend must book at <https://bit.ly/savitri-reading> one or two days in advance or the very day before 11am. Please bring your Aurocard with you.

Access by Office Gate for the Amphitheater only from 5:15pm. Thank you.

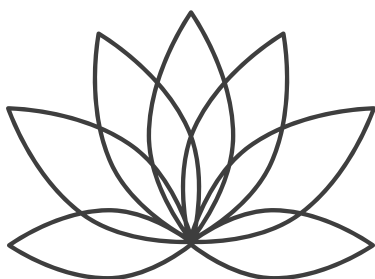
Guests are requested to bring along their Aurocards.

Last entry for guests at 6:00pm.

Access limited for guests to the Amphitheatre

Last exit for guests at 6:45pm.

Velmurugan and the Access Team



VIBRATIONAL SOUND BATH

SOUL NURTURING MEDITATIVE EXPERIENCE WITH THE ORIGINAL RUSSIAN SINGING BELLS

*These are sounds of the Beginning
These are sounds that cradled the worlds*

Harmonious play of rich powerful tones and strongly resonating overtones invokes a profound state of inner peace, tranquility and self-healing, bringing deep physical and psychological relaxation.

Open Group - Everyday 3:00 - 4:30pm

At Mirabelle Education Center, Auromodele,
Kuyilapalayam

Led by Vera (Instagram - [Vera.Auroville](#)) and Ashesh Joshi

Please register in advance

Ph/WhatsApp: +91 94891 47202, +91 94862 47202

(Private sessions on request at other timings)

VIPASSANA MEDITATION

Dear Meditators,

You are all very welcome to the weekly half-day Vipassana meditation course for "old students" only (meaning for those who have completed at least one 10-day course as taught by SN Goenka).



- **Date:** Sunday 8th June
- **Timings:** 9am – 1pm.
- **Venue:** Udavi school, near tank, Edayanchavadi, Auroville, 605101
- **Location:** <https://maps.app.goo.gl/4fu6Besiyw9vzsVy7>

👉 First building to the left near the parking.

No registration is required.

You can come for the whole course or just drop in for some time whenever you want.

📞 Please keep your cell phones off or in airplane mode for the duration of the course.

- **Lunch** will be provided at the end of Vipassana at 1pm. Those who wish to stay back for lunch must RSVP by Saturday, 12 noon at the latest.
- **Contact:** Sanjay Tumati, +91 87909 82210 (available on WhatsApp), sanjay@auraauro.com

Metta

ANNOUNCEMENTS

THE INNER WAY SCHOOL AUROVILLE - TAI CHI DAILY CLASSES

Daily classes of Tai Chi Chuan and Chi (Stevanovitch Method) are offered at 7.30am.

Drop ins are welcome.

More Info: taichi@auroville.org.in



AUROVILLE STORIES: 1960 - 2068
A DIGITAL STORYTELLING PROJECT



LOOKING FOR

MISSING CAT

Hello Auroville Family!
We really need your help.

Our cat, Zuko, is lost and he is one of the most important beings in our lives. He is sterilized. He is grey on the back and white on his chest and paws. He has rings on his tail, which is bent at the end.



We live in Centrefield. People think they have seen him near Samasti and Surrender, and even near Town Hall. That was a few days ago, so he could be anywhere now.

Please try to keep an eye out for him. He means the world to us and it would be really brilliant if someone sees him. Please call us if you do.

Manas
98438 01014 / 98101 01602

MISSING DOG



LOVING HOMES!!

BEAN

is looking for



I was dumped and I was found. Now all I need is a loving home!

a loving home

WA: +91 9159 835 835
(No calls)

Dewormed and vaccinated, I am playful, fun and just crazy adorable! You will have lot's of fun with me!



HELP!

I need a loving home, please help me find one!

Rescued from being attacked by other cats at the Solar Kitchen where it was dumped, this very young male kitty is in good health, very cuddly, purrrrrs, plays and is just loads of fun! We already have five so we cannot keep him.

Please adopt me!





WA: +91 9159 835 835 (No calls)

HELP!

I need a loving home, please help me find one!



I was dumped and found but can't be kept by my finders (they already have too many sweethearts like me!) I am dewormed and vaccinated. I am playful, fun and just crazy adorable! You will have lot's of fun with me!

WA: +91 9159 835 835 (No calls)

OLD MATTRESS, PILLOW OR BED SHEET

Dear all,

I am reaching out to ask if anyone has an old mattress, pillow or bed sheet in decent condition that they would be willing to part with. As some of you may know, my mother, Galina, has been suffering from dementia for many years. There is a need for constant rotation of clean mattresses, pillows and sheets. Every few months old ones have to be disposed and exchanged for new ones. If anyone would be willing to help please contact me.

Thank you!

With gratitude and love, Vera

lovera.ra128@gmail.com



ACTIVITIES AT SERENDIPITY

SERENDIPITY ACTIVITIES & THERAPIES

(Ex. Joy Community in front of Center GH)

Center Field, Auroville - 605101, TN, India

Landline: +91 (0)413 350 9950

Mobile/Whatsapp: +91 93856 23342

Email: serendipityauroville@gmail.com

<https://serendipity.auroville.org>

<https://www.facebook.com/serendipityauroville>



REGULAR CLASSES:

Qi Gong - with Lhamo

- **Monday-Wednesday and Friday 7 - 8:30am, drop-in class**

Qigong can be described as a mind-body-spirit practice that improves one's mental and physical health by integrating posture, movement, breathing technique, self-massage, sound, and focused intent. Specifically, this form of gentle exercise is composed of movements that are repeated a number of times, often stretching the body, and building awareness of how the body moves through space. There are likely thousands of qi gong styles, schools, traditions, forms, and lineages, each with practical applications and different theories about Qi ("subtle breath" or "vital energy") and Gong ("skill cultivated through steady practice"). As Lhamo has a very extensive knowledge of many of them, she will explore different styles according to the students.

Traditional Sanskrit Mantras with Sonia

- **Friday from 5 - 6pm (Regular students only).**

In the recitation of Sanskrit Mantras the sound is very important, and the specific pitches and strict rules of intonation and syllabic length should be learned according with the tradition of the great masters of the past, who figured out how to use the voice to calm the mind and attune the practitioner to the more subtle levels of the "sadhana" or spiritual path. Through the harmonic rhythm, repetition and participation in the singing, the mind reaches more clarity, concentration and tranquility.

Private Classes on request (for groups or individuals)

- Hatha Yoga with Ramesh - for more details contact Ramesh at: +91 98451 68490
- Traditional Sanskrit Mantras with Sonia - for more details contact Sonia at: +91 89402 88090

THERAPIES:

Cheek Acupuncture with Lhamo

- **On appointment only (+91 84380 53127)**

Cheek acupuncture works on the principle that in the face there is a holographic miniaturisation system covering the whole human body. Very small needles are used solely on the face of the patient, which is a mirror of the whole being. It uses a very interesting and immediate way to assess the changes in the body.

Gua Sha (Chinese Detox Scrub) with Lhamo

- **On appointment only (+91 84380 53127)**

This is one of China's oldest treatments. The practitioner uses a tool like a flat piece of jade to scrub the skin to help release blocks, stagnant blood, energy and restore a natural flow. When the toxins in the deep layers of the body reach the surface through scraping, they get more easily released from the body. This treatment is also suitable for healthy people to detoxify, to purify and improve the metabolism of the whole body.

Facial Gua Sha (beauty treatment) with Lhamo

- **On appointment only (+91 84380 53127)**

Facial Gua Sha reduces puffiness, lymphatic drainage, facial tension, helps tighten firm and lift skin, cooling, durable skin care. This treatment helps to detoxify, to purify and improve the metabolism as well.

Modern Trance Healing - Hypnotherapy with Lhamo

- **On appointment only (+91 84380 53127)**

In modern hypnosis, the emphasis is put on our own relationship to our own creative unconscious. There are many different aspects and parts in our outer and inner life. And there are parts that don't have a positive appearance. In Modern Trance Healing, we can turn them into positive possibilities and let them teach us how to discover their positive meaning.



ACTIVITIES AT JOI - ANITYA COMMUNITY

Journey to Inner Peace :

Holistic Healing Services at Anitya Community

Located in the peaceful environment of Auroville's Center Field, the Joy of Impermanence—Anitya Community Project offers a variety of holistic services to support your body, mind, and spirit. Our experienced practitioners provide a range of practices to help you relax, heal, and grow, guiding you toward balance and well-being.

- **Location:** Anitya Community, Center Field, Auroville (500m after Center Guest House)
- **Bookings:** For more information or to schedule a session, please contact the practitioners directly (preferably via WhatsApp messages)

Thai Yoga Bodywork with Andres

- **Contact:** +91 97516 07501

Combining elements of Thai massage, deep pressure, and assisted stretching, Thai yoga bodywork is designed to release tension, improve circulation, and enhance flexibility. This therapeutic practice helps restore balance to your body and mind through gentle, rhythmic movements.

Ayurvedic Massage with Elene

- **Contact:** +91 79041 43719

A relaxing full-body oil massage that melts away tension and revitalises your system, focusing on the head, back, stomach, and feet.

Integral Unfoldment Coaching with Dave

- **Contact:** +44 75641 19728

A transformative life coaching approach blending Internal Family Systems (IFS), Focusing, and the Diamond Approach to explore your inner world, integrate all parts of yourself, and unfolding your unique potential for personal transformation.

Shah-Lu-Ha-Ka Bodywork with Nikki

- **Contact:** +91 70947 16136

This unique bodywork technique blends different massage styles, energy healing, and intuitive touch to release physical and emotional blockages. Shah-Lu-Ha-Ka Bodywork is a deeply restorative experience that invites your body to heal from within.

Mindfulness Meditation with Helen

- **Contact:** +91 70947 53054

Join Helen for guided mindfulness meditation sessions designed to cultivate awareness, reduce stress, and enhance emotional resilience. Whether you're a beginner or an experienced meditator, these sessions provide a peaceful space to connect with your inner self. Regular drop-in session for all on Tuesdays at 7:15am (Maloka Hall).

Women Circles with Louise Rose

- **Contact:** +91 73053 73562

Women Circles offer a sacred space for women to gather, share, and support each other in their journeys. Led by Louise, these circles provide a nurturing environment where women can explore their personal growth, creativity, and shared experiences. Every new moon and full moon.

Womb Blossoming with Louise Rose

- **Contact:** +91 73053 73562

A deep healing journey connecting the womb, heart, and throat through vocal activation and flower bodywork. This practice integrates sonic energy healing, affirmations, herbalism, and aromatherapy to awaken the body's innate wisdom and express your soul's story.

Whispering of the Flowers with Louise Rose

- **Contact:** +91 73053 73562

Flower medicine ceremonies and bodywork integrating naturopathy, somatic therapy, and sonic healing. Using flower essences, herbalism, and aromatherapy, these sessions support deep reconnection and balance.

AMA Massage with Angela

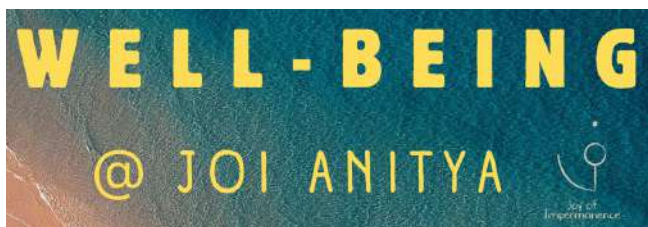
- **Contact (whatsapp only) :** +33 750604028

A seated acupressure massage combining rhythmic thumb pressure, stretching, and percussions on specific energy points (tsubos). Promotes relaxation and revitalization. Duration: 20-30 min (clothed, on an AMA chair).

Swedish Oil Massage with Angela

- **Contact (whatsapp only) :** +33 750604028

A deeply relaxing full-body massage that relieves pain, improves sleep, reduces stress and muscle tension, and boosts the immune system. Duration: 60 or 90 min.



Info and Bookings
through **WhatsApp**



Anitya Community
Centerfield



joyofimpermanence@
auroville.org.in

Joi Anitya is a Resgistered Project under Hospitality Trust, Auroville Foundation



CULTURAL ANNOUNCEMENTS

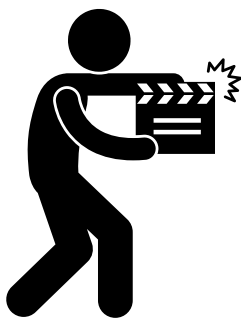
AUROVILLE FILM FESTIVAL 2026 - SUBMISSIONS NOW OPEN

Have you made a film for the upcoming film festival?

There is a special category for films made by residents of Pondy, Auroville and the Bioregion. And another special category for school students!

So get out your phones and cameras and start making your stories now...

Submit your films on <https://aurovillefilmfestival.in/2026-submission/>



(Helpful tip: Yatra Film Academy is offering a filmmaking course in June...)

aurovillefilmfestival@auroville.org.in

KINDHAN CHARITHIRAM - A PLAY IN TAMIL

FRIDAY 13 - SATURDAY 14 JUNE

jolly gaana sabha
presents

kindhan charithiram

கிந்தன் சரித்திரம்
a play in tamil | 60 mins.

a mass entertainer
entry free | all are welcome

JUNE 13TH | FRIDAY | 6PM
@ SOLITUDE FARM, AUROVILLE
Contact: +91 9843319260

JUNE 14TH | SATURDAY | 7PM
@ YATRA - ART AND CULTURE FOUNDATION, AUROVILLE
Contact: +91 9751033162

- Duration 60 min
- Performed by **Maya, Dharani and Felix**
- Directed by **Rajiv Krishnan**
- A Perch production.

SHOWS

- Friday 13th June, 6pm, Solitude Farm, Auroville
- Saturday 14th June, 7pm, Yatra Art and Culture Foundation, Auroville.

PLAY

Who is Kindhan? What do a Banyan Tree, a Tea-master, a blind-singer, a criminal godmother and an unexpected lady-love have to do with his life? And how does MGR (iconic film star) figure in all his critical moments?

We have staged 57 shows of this play in Chennai, Bangalore, Pondicherry and Kerala and entertained several thousands of people. Our latest show was at the Under the Sal Tree Festival in Assam, where, despite not knowing the language, the play resonated beautifully with audiences.

Whether you know Tamil or not, whether you've watched theatre or not, we believe that there's something for everyone in this play - maybe just being in a shared live performance space, laughing and enjoying a moment together as a community.

Come, join us.

Perch is a theatre collective based out of Chennai, Pondicherry and Bangalore.

Some of it's well known plays are Moonshine and Skytoffee, Kira Kozhambu, Under the Mangosteen Tree, How to Skin a Giraffe, Ms. Meena, Jujubee and Mondays are best for Flying out of Windows. Since it's inception in 2008, it has done over 700 shows in cities, venues and festivals all over the country. It's work is visual, musical, collaborative, and tries to engage the mind, imagination and heart in equal measure.



FOOD

RIGHT PATH CAFE - SUMMER NEWS, VISITORS CENTRE

**RIGHT PATH CAFE
SUMMER NEWS!**

SUMMER IS COMING. LET'S CELEBRATE
WITH SPECIAL OFFERS AT CAFETERIA
VISITORS CENTRE.

EVERY DAY BETWEEN 7.30 AND 9am
50% DISCOUNT FOR AUROVILIANS ON OUR
ORGANIC BREAKFAST ITEMS!

EVERY THURSDAY
50% DISCOUNT FOR AUROVILIANS ON
KOREAN DISHES

EVERY FRIDAY
50% DISCOUNT ON NON VEG DISHES

REMINDER! CAFETERIA USES CHIEFLY ORGANIC PRODUCTS
AND AUROVILLE GROWN FOOD.

MONTHLY AND HALF MONTHLY ORGANIC
LUNCH SCHEME OPTIONS
30% DISCOUNT TO AUROVILIANS AND 10%
DISCOUNT TO VOLUNTEER AUROCARD
HOLDERS ON ALL OUR MENUS

FOOD FOREST TOUR - EVERY SUNDAY



FOOD FOREST TOUR

WITH VEGAN ICE CREAMS GREEN SMOOTHIES and more...



EVERY SUNDAY from 8:30 to 10:30
(for groups of min 4 people any other weekday is possible)

Come for a morning experience in my permaculture garden, learn about organic farming and get inspired to grow your own food.
We are going to explore the wide diversity of edible plants that grow around us and harvest fruits, greens, herbs and flowers, to create different flavours of delicious, healthy and nourishing sugar free **VEGAN ICE CREAMS** with lots of flavourful toppings from the garden and our homemade produce.

La Ferme Community (5min from AV Bakery)
Sign up and info www.myfoodforest.in
whats app text Sarah 9047421044
myfoodforestgarden@gmail.com



POETRY

Spirit rises.
Tears fall.

A solemn silence
Resounds.

Anandi Z

O Soul

Feb. 10, 2004

O soul thou hast drunk deep of beauty's ways
But where is silence and the calm heart's peace,
Surrender in these swiftly passing days –
When shall the tiresome sense-life's traffic cease?

The spark of aspiration grown a flame
Wavers still in the uncertain light
Of human interaction and the game
Of clashing egos might on blinded might.

God's plan lies hid or none can yet be seen
But an ancient gladness ripples through the soul,
One feels an unnamed guidance gently wean
The spirit from mind's overworn control.

Soon shall a touch surprise our mortal soil
And justify the ages' patient toil.

Narad

AUROVILLE RADIO



Dear Aurovilians,

Your favourite radio is always working for you. Stay tuned!

Last published podcasts:

- [Menstrual Well-Being-Ep.1 \(Part 2\) |மாதவிடாய் நன்னலம் : "Sai Priya in Conversation with Kalvikarasi from Eco Femme"](#)
- [Une série hebdomadaire de lectures par Gangalakshmi – Ep.494](#)

Latest YouTube videos:

- [Ne Me Quitte pas-Cover by Antione-Auroville Singing Festival 2025](#)
- [Noladeti La'shalom \(I Was Born\)-Cover-Auroville Singing Festival 2025](#)

....and more! on www.aurovillerradiotv.org.

For more information write to radio@auroville.org.in

Peace and love

*Regards,
Sai Priya for Auroville RadioTV*



FOR THE BOOKWORMS

AUROVILLE LIBRARY

READING CIRCLES

MONDAYS AND TUESDAYS

Current book reading circles at the Auroville Library :

- Mondays 6 - 7pm, main building - **The Prophet by Kahlil Gibran**, hosted by Malcolm (+91 90801 59721)
- Tuesdays 6:30 - 7:30pm, main building - **A New Earth by Eckhart Tolle**, hosted by Debashish (+91 76782 08825)

THEME OF THE MONTH

Every month, we choose a topic and set up a display of books from our collection.

This month's theme is

DANCE

*Come by to check out our
selection!*





Cinema Paradiso

Multimedia Center (MMC) Auditorium

Film program : 9th - 15th June 2025

Cinema Paradiso-Multimedia Center is operating at 100% seating capacity. Seating starts about 15 mins before screening and stops as the film starts. Kindly arrive in time.

A reminder not to use cell phone for any reason while the program is on, and no food/beverage to be taken inside the hall.

INDIAN – MONDAY 9 JUNE, 8:00 PM:

• BOMMAI (AN ISLAND STORY)

Sri Lanka, 2025, Writer-Dir. Navayuga Kugarajah w/ Yashoda Rasanduni, Navayuga Kugarajah, and others, PostWar-Drama, 85mins, Tamil w/ English subtitles, Rated: NR (R)

Thamizh, a former female freedom fighter, is haunted by memories of her past while struggling with schizophrenia and lingering trauma as she tries to rebuild her life. When Thenu, a 6-year-old girl, goes missing, she embarks on a daring rescue, drawing strength from Neelam, a fearless historical figure. As secrets unravel, Thamizh confronts her deepest wounds, uncovering the shocking truth behind Thenu's fate. *This acclaimed debut film, yet to be released internationally, has only screened at festivals and has already won awards. We thank the director and filmmakers for sharing it with our discerning audience. Join us for this special screening, followed by a Q&A with the director, offering insights into the film's vision, themes, and creative process. Let me know if you'd like any refinements!*

POTPOURRI – TUESDAY 10 JUNE, 8:00 PM:

• FAST FORWARD

USA, 1985, Dir. Sidney Poitier w/ John Scott Clough, Don Franklin, Tamara Mark, and others, Pop Musical-Drama, 110mins, English w/ English subtitles, Rated: PG

In the early 1980s, as Michael Jackson rose to global fame, a new wave of dance films emerged—before *Dirty Dancing* made its mark. A group of young small-town dancers' heads to the city, chasing their dream of stardom in a national competition, blending street moves with classical technique to defy expectations. *Nice watch!*

SELECTION – WEDNESDAY 11 JUNE, 8:00 PM:

• A HOLOGRAM FOR THE KING

UK-France-Germany-Mexico-USA, 2016, Writer-Dir. Tom Tykwer w/ Tom Hanks, Omar Elba, Sarita Choudhury, and others, Comedy-Drama, 98mins, English-Arabic w/ English subtitles, Rated: R

Alan, a struggling American businessman, travels to Saudi Arabia to pitch a cutting-edge holographic technology to the king. Lost in cultural barriers and bureaucratic delays, he finds unexpected friendship with Yousef, a charismatic driver, and Zahra, a compassionate doctor. As he waits for his chance, Alan embarks on a journey of self-discovery, questioning his past and finding purpose in the most unlikely places.

INTERESTING – THURSDAY 12 JUNE, 8:00 PM:

• ¡CASA BONITA MI AMOR!

USA, 2024, Dir. Arthur Bradford w/ Trey Parker, Matt Stone, Jared Polls, and others, Food-Documentary, 88mins, English w/ English subtitles, Rated: NR (PG)

A beloved Mexican restaurant in Colorado, famous for its cliff divers and quirky charm, faces closure. Determined to save this childhood treasure, two passionate creators step in, navigating challenges to restore its magic. A heartfelt journey of nostalgia, resilience, and revival, celebrating a place that holds deep cultural and personal significance.

INTERNATIONAL – SATURDAY 14 JUNE, 8:00 PM:

• ZIELONA GRANICA (GREEN BORDER)

Poland-France-Czech Republic-Belgium, 2023, Writer-Dir. Agnieszka Holland w/ Jalal Altawil, Maja Ostaszewska, Behi Djanati Atai, and others, Political Drama, 152mins, Polish-Arabic-English-French w/ English subtitles, Rated: NR (R)

Psychologist Julia moves to Podlasie, unaware she's stepping into a humanitarian crisis at the Polish-Belarusian border. As refugees, including a Syrian family and their Afghan teacher, struggle to reach safety, she joins activists helping them despite legal risks. Their journey intertwines with Jan, a conflicted border guard, forcing them to question—what truly defines humanity?

CHILDREN'S MATINEE – SUNDAY 15 JUNE, 4:00 PM:

• RIO 2

USA-Iraq-Canada, 2014, Writer-Dir. Carlos Saldanha w/ Jesse Eisenberg, Anne Hathaway, Jamaine Clement, and others, Animation-Adventure, 101mins, English-Portuguese w/ English subtitles, Rated: G

Blu and Jewel, now parents to three young macaws, leave their comfortable life in Rio to search for more of their kind deep in the Amazon. As Blu struggles to fit in, he faces challenges from Jewel's long-lost family, a vengeful enemy, and a looming threat to their rainforest home. Amid dazzling adventure and vibrant chaos, Blu must prove his worth and protect his family.

CINÉ-CLUB SUNDAY 15 JUNE, 8:00 PM:

• JULIETTA

Spain-France, 2016, Dir. Pedro Almodovar, w/ Emma Suárez, Adriana Ugarte, and Others, Drama – Mystery, 99mins, Spanish w/ English subtitles, Rated: R.

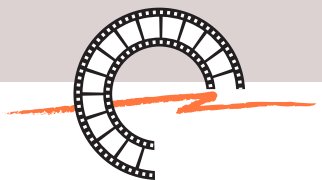
After a casual encounter, a brokenhearted woman decides to confront her life and the most important events involving her estranged daughter Anita. She decides to write the heartbreaking story of her life from when she was a young woman meeting her beloved future husband and Anita's father Xoan, all the way up to the losses of Xoan and Anita.

Rating codes we often use are from Motion Picture Association of America (MPAA): G= General Audiences, PG= Parental guidance suggested, PG-13= Parents strongly cautioned, R= Restricted (equivalent to Indian rating: A i.e., for Adults), NR= Film Not Rated, Rating awaited.

To organize a seminar/program at MMC kindly email us at mmcauditorium@auroville.org.in.

We are facing challenges in maintaining and replacing equipment, as well as providing essential support for visiting filmmakers who share their work in person. We kindly request you to set up a recurring contribution for “MMC-CP” or “Filmmaker-guest Expense” via Unity Fund or make a one-time donation there. Your support is crucial in sustaining this effort, thank you for being part of it!

Thanking You,
MMC/CP Group Account #105106,
mmcauditorium@auroville.org.in



COMMUNITY SERVICES

ESSENTIAL SERVICES

AUROVILLE'S FINANCIAL SERVICES (AVFS)

- **Timings:** Monday to Saturday, 9am - 12:30pm, and 3pm - 4:30pm
- **Phone:** 0413 2622171
- **Email:** financialservice@auroville.org.in

ELECTRICAL SERVICE (AVES)

- **Timings:** Monday to Saturday, 8am - 4:30pm
- **Phone:** 0413 2622132/ 94888 68747 for fault works, repair works and job works
0413 2622264 for clarifications reg. electricity bills, job and repair works bills
- **Email:** aves@auroville.org.in

GAS BOTTLE SERVICE

- **Timings:** Monday to Saturday, 9am - 1pm and 2pm - 4pm
- **Phone:** 0413 2622452
- **Email:** avgasservice@auroville.org.in

WATER SERVICE

- Monitors water lines and supply within AV, undertakes water-related jobs.
- **Timings:** Monday to Saturday, 8am - 12pm and 2pm - 4:30pm
- **Phone:** 0413 2622877, 89035 53246
- **Email:** avwaterservice@auroville.org.in

ECO SERVICE (WASTE COLLECTION/MANAGEMENT)

- **Timings:** Monday to Saturday, 8:30am - 12:30pm, and 1:30pm - 4:30pm
- **Phone:** 63796 69034
- **Email:** ecoservice@auroville.org.in

POUR TOUS DISTRIBUTION CENTRE (PTDC)

- **Timings:** Monday to Saturday, 9am - 5pm
- **Phone:** 0413 2622746/ 2622796
- **Email:** ptdc@auroville.org.in

POUR TOUS PURCHASING SERVICE (PTPS)

- **Timings:** Monday to Saturday, 8:30 am - 5pm
- **Phone:** (0413) 2622152

AUROVILLE LIBRARY

Our Summer (May - June) timings are:

Mornings:

- Monday to Saturday : 9am - 12.30pm

Afternoons:

- Tue, Thurs, & Sat: 4pm - 6.30pm

Children's Storytime! All ages welcome!

- Every **Saturday** between 10am - 11am.

- **Phone :** 0413 350 9191
- **Email:** avlib@auroville.org.in



“
If you light a lamp for
someone else it will also
brighten your path.
”

Buddha

HEALTH

SANTÉ SERVICES IN JUNE 2025

sante

Working Hours:

Monday - Saturday: 9:00 - 12:30pm & 2:00 - 4:30pm

Tests and Sample collection:

Monday - Friday: 8:30am - 12:00pm.

No sample collection on Saturday.

For emergencies, contact:

Auroville Ambulance (24/7) - Phone: +91 94422 24680

Government Ambulance (24/7) - Phone: 108

Appointment

Please call Santé (0413) 262 2803 during working hours for an appointment.

Doctor Consultation with Dr. Pavan & Dr. Sana: Monday to Saturday	Nurse Care - Thilagam, Ezhil, Archana & Sandhya: Daily: no appointment needed
Ayurveda with Dr. Berengere: Tuesday / Wednesday / Friday	Integrative Psychotherapy with Juan Andres: Monday to Friday (TOS 13th onwards)
Physiotherapy & Massage with Galina: Monday – Friday (Available 16th onwards)	Homeopathy with Michael: Monday / Wednesday / Saturday
Midwifery & GYN Care with Paula: TOS	Soundbed Session with Sandhya / Thilagam: Monday to Saturday
Bio-Well Assessment (Evaluation of your well-being) with Helena – inquiry email adminsante@auroville.org.in	

We are happy to welcome Dr Pavan back in Sante
who will see the patients as a GP and will also
provide Integrative Medicine consultation on request.

In Santé, we value our patient's confidentiality and make every effort to ensure their privacy.

In case of cancellation or to reschedule, it is necessary to inform us in advance.

HEALTH CENTER - KUILAPALAYAM

Contact: (0413) 3509942 / 3509943

Pharmacy:

- 8:00am - 5:30pm Monday to Saturday

Doctor Consultation:

- 8:30am - 5:00pm Monday to Friday
(1 - 2pm Lunch Break)
- 8:30am - 1pm (Saturday)



DENTAL CLINIC - KUILAPALAYAM

- **Timings:** Monday to Saturday, 9am - 5pm daily
- **Phone:** 0413 2622007/ 2622265
- **Email:** aurodentalcentre@auroville.org.in

NURSE SERVICES

My name is Madhi and I'm 27 years old. I was born and brought up in AV.

I have done my bachelor degree in B.SC (Nursing) and I have more than three years experienced as a Staff Nurse in hospital (one year in psychiatric ward, six months in ICU and six months in emergency) and giving care for elderly people in AV past 2 years.

Services:

- Patient assessment and care plan.
- Medication administration.
- Vital signs monitoring.
- Wound care.
- To provide blood and lab test .
- Personal care assistance.
- Patient education.
- Fall prevention strategies.
- Providing assistance with bathing, dressing, grooming, and toileting needs.
- Communication and collaboration with physicians.
- Documentation of medical reports.
- End-of-life care.



If you need any assistance please do contact below-mentioned email or contact number.

Contact: 95972 22826 (Madhi) call/WhatsApp

E-mail Id: madhiazhagan014@gmail.com

TIME TO SUMMERNATE

AYURVEDA HEALTHY TIPS



According to Ayurveda, the qualities of summer are hot, sharp, and penetrating. That's why our *pitta dosha* - the subtle fire that controls metabolism and transformation - can cause us to overheat. The sun saps the energy from the body, from the plants and the earth, increasing heat and dryness.

Pitta needs to be looked after to maintain a good energy, mental clarity, joyfulness, good digestion and blood circulation, a beautiful glow of the skin and a sound sleep.

When Pitta is out of balance it will give skin problems, hot flashes, exhaustion, indigestion or loose stool. Emotionally, excess Pitta manifests through irritation, short-temper, impatience, judgement/criticism, perfectionism...

Before Pitta reaches uncontrollable heights, remain cool, calm and pamper the liver:

With the food: As Agni (digestive fire) weakens, it is better to eat light, unctuous (slightly oily), cooling food such as salads and juices.

- Favorable taste: Bitter taste, Sweet taste (to take moderately in case of diabetes and high triglycerides). Salty taste should be taken reasonably.
- Drink water stored in earthen pot.
- Raw food/salads are taken at lunch mainly.
- Proteins: mungdal, chickpeas, beans, sprouts, nuts and seeds, non-veg: white meat, fish, seashell, dairies for breakfast or lunch, eggs.

- Cereals for energy: jasmine rice, barley, red rice, millet (fermented ragi).
- Vegetables: pumpkin, bittergourd, bottlegourd, snakegourd, ashgourd, cucumber (taken separately), salads, green leafy vegetables, broccoli, cabbage, celery, carrots, drumstick (moringa), zucchini, plantain.
- Fruits: amla, pomegranate, banana, ramphala, chiku, papaya, apple, grape, date, watermelon and melon (to be taken separately), coconut.
- Beverages: buttermilk, sweet lassi, coconut water, mint, lemongrass, cardamom, chamomile, nannari (sarsaparilla), amla juice, watermelon juice, vegetable juice, cucumber milk (blend ½ cup of peeled cucumber in 1 cup of milk - cow or other veg milk - with a pinch of sugar), electrolyte (1 lemon juice + 1tsp of sugar + 1 pinch salt in a glass of water).
- Lipids: ghee, olive or sunflower or coconut oil.
- Spices: cumin, coriander, black pepper, turmeric, fennel seeds, fresh aromatic herbs (dill, coriander, fennel, mint, parsley, saffron).



Avoid:

- Pungent and sour tastes (especially for people who are Pitta dominant).
- Pitta increasing items: chillies, fermented food (apart from idli and dosai), deep-fried, sour buttermilk or curd, red meat, alcohol (strong liquor, red wine), coffee ...
- Drinking beverages coming from the fridge or freezer during meals.
- Ice-cream at the end of a meal (best to be taken when the digestion is finished, around 4pm).

Routine to favour:

- Avoid direct sun contact specially between 11am and 4pm, and protect from the heat by keeping a humid towel/cap on the head.
- A nap of half an hour after lunch is allowed.
- Body massage with coconut oil – if there's no time every day to apply oil on the body, then massage ears, hands and feet + pour 4-5 drops of coconut oil on the fontanelle.
- Bath with cool water and apply a paste of sandalwood on the face, heart and lower abdomen (these are the 3 main parts that should remain fresh to maintain the coolness in the whole body); foot bath in the evening with vetiver roots, rose water or hibiscus flowers.
- Swimming, aquagym, any water activities. Qi-Gong, Tai Chi, light running: max 30 minutes early morning or late evening; walks in green environment, forest.
- Soft yoga, pranayama (Sheetali, Sheetakari, ida nadi inhalation-left nostril inhalation), meditation with Gayatri mantra.
- Walk under the moonlight, full moon bath.
- Wear loose and comfortable cotton or linen clothes (white, blue, green, gray colours).
- Cooling jewellery: sandalwood beads, jade, pearl, amethyst crystals, moonstone, silver, aquamarine.
- To refresh the ambiance use lemon or orange peel, jasmine flowers, lavender, wet cloth hanging at the open window, vetiver curtains.

Cooling plants for the summer:

- **Amalaki – Amla:** refrigerant and full of Vitamin C, rejuvenative fruit.
- **Aloe vera:** rejuvenates blood and tissues.
- **Aegle Marmelos – Bael fruit:** make juice from the pulp and decoction with leaves, it calms body and mind. It is slightly laxative, do not take during pregnancy.
- **Coriander:** seeds soaked in water for urinary infections, kidney weakness.
- **Red Hibiscus:** leaves and flowers for shampoo and conditioner; flowers for herbal tea.
- **Manduka parni – Centella asiatica leaves:** rejuvenative and tonic for brain and nerves.
- **Pudina – Mint leaves:** herbal tea or dishes.
- **Radha consciousness – Clitoria Terneata flowers:** herbal tea or juice.
- **Sarsaparilla – Nannari syrup:** soothing and cooling.
- **Shataavari – Asparagus racemosus:** cooling, calming Pitta, very good for Vata women to harmonize hormones.
- **Vetiver roots:** for bathing.
- **Yashtimadhu – Licorice:** to refresh the body and to calm irritation, inflammation or ulcer in the digestive tract.

Wishing you a beautiful summer

Be @ Santé Clinic

ACCESS TO THE PARK OF UNITY AND MATRIMANDIR

The Park of Unity

The Matrimandir, the Petals, the Lotus Pond, Banyan Tree are areas of SILENCE

- The Park of Unity is open to Aurovilians and Newcomers
Daily: 6.00 AM to 7.30 PM
- Aurovilians may bring close family and friends to the Gardens
Daily: 9.00 AM to 7.30 PM
- Volunteers and Pass holders require a pass to enter the Park of Unity. Timings will be indicated on the pass.
- Published events in the Park of Unity are open to Aurovilians, Newcomers, Volunteers, Pass holders and Guests. Guests should bring their Aurocards.

The Inner Chamber of the Matrimandir

The Matrimandir is a place for silent individual concentration.

- The Inner Chamber is open to Aurovilians and Newcomers:
Monday – Saturday 6.00 AM to 8.00 AM
4.30 PM to 7.30 PM
Sunday 6.00 AM to 12.00 PM
4.30 PM to 7.30 PM
- The Inner Chamber is open to SAVI registered Volunteers:
Wednesday – Monday 8.00 AM to 8.40 AM.
Arrival at 7.45 AM at the Office Gate
- The Inner Chamber is open to Aurovilians wishing to accompany a maximum of 5 close family and friends, no more than once in two weeks, with booking 3 to 5 days in advance at mmconcentration@auroville.org.in:
Any day except Tuesday & Sunday: 8.00 AM to 8.35 AM
Arrival at 7.45 AM at the Office Gate
- The Inner Chamber, the Petals and the Gardens are open to the Children of Auroville and the Outreach Schools:
Tuesday 9.00 AM to 11.00 AM
- Auroville units can bring their staff to the Inner Chamber with a prior booking at mmconcentration@auroville.org.in:
Tuesday 8.00 AM to 8.30 AM

Auroville TO PONDICHERRY

	Trip 1	Trip 2	Trip 3
Svaram Musical Center	7:00	8:50	14:50
Vérité Guest House - Junction	7:02	8:52	14:52
Town Hall - Main Parking	7:06	8:56	14:56
Solar Kitchen (Ex Round About)	7:10	9:00	15:00
Certitude Entrance	7:12	9:02	15:02
New Creation Road	7:17	9:07	15:07
SBI Bank—Kuilapalayam	7:19	9:09	15:09
ECR Junction—Aroma Guest House	7:23	9:14	15:14
Quiet Healing Center—Junction	7:26	9:17	15:17
Lotus Hotel—S.V Patel Salai	7:36	9:30	15:30
Ashram Road Junction	7:38	9:33	15:33
Ashram Dining Hall	7:40	9:35	15:35

Pondicherry TO AUROVILLE

	Trip 1	Trip 2	Trip 3
Ashram Dining Hall	8:00	12:15	18:10
Ashram Road Junction	8:02	12:17	18:12
Lotus Hotel—S.V Patel Salai	8:07	12:22	18:17
Quiet Healing Center—Junction	8:17	12:32	18:27
ECR Junction—Aroma Guest House	8:20	12:35	18:30
SBI Bank—Kuilapalayam	8:25	12:40	18:35
New Creation Road	8:27	12:42	18:37
Certitude	8:32	12:47	18:42
Solar Kitchen (Ex Round About)	8:34	12:50	18:44
Town Hall - Main Parking	8:38	12:54	18:48
Vérité Guest House - Junction	8:42	12:58	18:52
Svaram Musical Center	8:45	13:00	18:55

- Single Trip = ₹100 per person
- Monthly Scheme (Students + AV Workers) = ₹1200
- Monthly Scheme (Students + AV Workers) = (One Way) ₹850

Auroville Vehicle Service
Town Hall, Auroville, 0413 2623302



Join our WhatsApp group of Auroville Bus to get regular updates:

<https://chat.whatsapp.com/Lt43wBCBno1E6CTwoaUt2x>

EMERGENCY NUMBERS



Ambulance (24/7):

Auroville 94422 24680	PIMS 0413 2656271	
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Security (24/7):

Auroville Police Station 0413 2677318	Kottakuppam Police Station 0413 2236148	Vanur Fire Station 0413 2677368
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Health:

Health Center 0413 3509942 & 3509943	Santé 0413 2622803	Farewell 89038 36246
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Mental Health 24/7 Support:

Vandrevala Foundation +91 99996 66555

India Emergency Response Service (24/7): 108