

Auroville

NEWS & NOTES

No 1070 - A weekly bulletin for residents of Auroville

10 April 2025



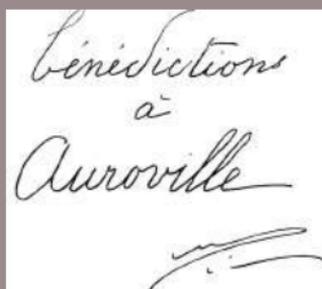
PONDERING

There is certainly a great difference between calling and pulling—you can and must always call for help and the rest—the answer will be proportionate to your capacity of reception and assimilation. Pulling is a selfish movement that may bring down forces quite disproportionate to your capacities and thus are harmful.

The Mother, Aspiration, Calling and Pulling, Words of the Mother II
<https://motherandsriaurobindo.in/The-Mother/books/words-of-the-mother-II/#aspiration-calling-and-pulling>



THE MOTHER ON AUROVILLE



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© Sri Aurobindo Ashram Trust,
Pondicherry, India.
Published by Madanlal Himatsingka on
behalf of
Vak Trust, Pondicherry - 605002
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Pondicherry - 605001

RELATION WITH VILLAGERS

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Those who are in contact with the villagers should not forget that these people are worth as much as they are, that they know as much, that they think and feel as well as they do. They should therefore never have an attitude of ridiculous superiority.

They are at home and you are the visitors.

+ 1969

*

To the inhabitants of Aspiration:

A relationship that is not only cordial but friendly with the inhabitants of the neighbouring village is absolutely indispensable. For the realisation of Auroville the first step is to establish a true human fraternity—any shortcoming in this regard is a grave mistake which can compromise the whole work.

My blessings are with all sincere effort towards harmony.

23.11.1969

AUROVILLE IN ELABORATION

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A Talk in June 1965

Have you heard of Auroville?

For a long time, I had a plan of the "ideal town", but that was during Sri Aurobindo's lifetime, with Sri Aurobindo living at the centre. Afterwards, I was no longer interested. Then the idea of Auroville—I gave the name Auroville—was taken up again, but from the other end: instead of the formation having to find the place, it was the place—near the lake—which gave birth to the formation, and until now I took only a very minor interest in it, for I had received nothing directly. Then our little Huta took it into her head to have a house there, by the lake, and to have a house for me next to hers, and to offer it to me. And she wrote me all her dreams: one or two sentences suddenly stirred an old, old memory of something which had tried to manifest—a creation—when I was very young and which had again started trying to manifest at the very beginning of the century, when I

The city the earth
needs.



Organised Material Energy

Clustered, compact and methodical, it is powerful through its organisation. - The Mother

Schefflera actinophylla (Endl.) Harms. [*Brassaia actinophylla* Endl.], Araliaceae.

Australian ivy-palm, Octopus tree, Queensland umbrella tree

was with Theon. Then all that was forgotten. It came back with this letter; all at once, I had my plan for Auroville. Now I have my overall plan, I am waiting for Roger to draw the detailed plans, for I had said from the beginning: "Roger will be the architect", and I wrote to Roger. When he came here last year, he went to see Chandigarh, the town built by Le Corbusier, up there in the Punjab, and he was not very happy. It seems quite ordinary to me—I know nothing about it, I haven't seen it—I only saw some photographs which were horrible. And while he was speaking to me, I could see that he felt, "Oh! if only I had a town to build!..." So I wrote to him: "If you want, I have a town to build." He is happy. He is coming. When he comes, I shall show him my plan and he will build the town. My plan is very simple.

The place is up there, on the Madras road, on top of the hill. (*Mother takes a paper and begins to draw.*) We have here—naturally, it is not like that in Nature, we shall have to adapt ourselves; it is like

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that up there on the ideal plane—here, a central point. This central point is a park which I saw when I was very young—perhaps the most beautiful thing in the world from the point of view of physical, material Nature—a park with water and trees, like all parks, and flowers, but not many; flowers in the form of creepers, palms and ferns, all varieties of palms; water, if possible running water, and possibly a small cascade. From the practical point of view, it would be very good: at the far end, outside the park, we could build reservoirs which would be used to supply water to the residents.

NEWS & NOTES GUIDELINES

DEADLINE FOR SUBMISSIONS:
TUESDAY 5PM

The content of News & Notes is a reflection of the growth process of this community towards its ideals of Harmony, Goodwill, and Truth. Editing of submissions, mainly for reasons of space and clarity, is done according to an established policy.

RA NEWS & NOTES - A QUICK GUIDE



What We Publish

- Working group announcements and reports
- Residents' voices and personal sharings
- Free cultural events open to all residents
- Information from essential services
- Content that strengthens community-building in Auroville

Working Groups & Foundation Office Content

- All RA Working Group announcements will be included
- Links to Foundation Office content will be provided without duplication
- Direct submissions from Foundation Office groups will be included as regular content

What We No Longer Publish

- Commercial activities and paid workshops
- Non-community-focused events
- Content from "Activities & Events," "Food, Goods & Services," and "Classes, Workshops and Healing Arts" sections

Exceptions

We may consider including content that falls outside these guidelines if:

- It is submitted exclusively to RA News & Notes
- It has significant community benefit
- It aligns with our service-oriented focus

Submission Guidelines

- Deadline: **Tuesdays at 5pm**
- Email: newsandnotes@auroville.services
- Content must be community-building focused:
 - Open and accessible to all community members
 - Not profit-oriented
 - Contributing to collective growth or well-being
 - Promoting Auroville's ideals and values

- For further information, please [click here](#) 😊 to view our complete FAQ document.
- For past issues or to subscribe, visit: auroville.media/newsandnotes

We thank you for your collaboration and understanding.

DISCLAIMER:

Please note that the opinions and views expressed on these pages are solely those of the respective authors or work groups and do not necessarily reflect the position of the editors or the larger Auroville community. The News & Notes aims to provide a platform for the publication of diverse perspectives and voices from multiple sources within Auroville.

While our editors strive to ensure the accuracy of the information presented, we cannot guarantee that all information is free from error or omission. Additionally, we cannot be held liable for any alleged misinformation provided or offence caused by the content published.

In the event of any dispute, we encourage readers to consult with the Auroville Council, and we reserve the right to suspend the publication of disputed material. Our commitment to providing an open and inclusive platform for dialogue and exchange of ideas remains steadfast.

The News & Notes Team
newsandnotes@auroville.services

LIST OF ACRONYMS:

- **AVF** (Auroville Foundation),
- **AVFO/FO** (Auroville Foundation Office),
- **GB** (Governing Board),
- **RA** (Residents' Assembly)

The following groups are divided in two categories: The groups selected by the Residents' Assembly through Community decision making Processes and the groups put together by the GB and the FO (*not recognised by the Residents' Assembly*).

Working groups selected by the Residents' Assembly:

- Working Committee (RA WCom)
- Funds and Assets Management Committee (RA FAMC)
- Budget Coordination Committee (RA BCC)
- Town Development Council / L'avenir d'Auroville (RA TDC)
- Auroville Council (AVC)
- Entry Service (ES)

GB groups:

- Working Committee (GB WC)
- Funds and Assets Management Committee (GB FAMC)
- Budget Coordination Committee (GB BCC / GB BCS)
- Auroville Town Development Council (GB ATDC)
- Housing Service (GB HS)
- Land Board (GB LB)



NOTE FROM THE EDITORS

**NEWS
& NOTES**
COMMUNITY EDITION

Dear Community,

Here is some important information:

- If you wish to support the N&N community Edition, you can donate at this account no: **FS #252150**.
- Content sent through **@auroville.org.in** mail ID will only reach us if you use this **FORM** to submit your content.
- The mail ID to submit content is:
newsandnotes@auroville.services
- To request a **PRINTED COPY**, send us your name and community to our email!

Thank you for your continued support!

In community,

The RA Community Edition News & Notes Team

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WORKING GROUPS NEWS

FROM THE ENTRY SERVICE

ES # 246 DATED: 07-04-2025

The following people have been recommended by the Entry Board to join our community. Please share your feedback within 2 weeks for potential Newcomers, Associates and Friends of Auroville and within 4 weeks for Potential Aurovilians, Returning Aurovilians, Youth and Spouse/Partner of an Aurovillian in writing to auroville.entryservice@gmail.com.

We thank you in advance.

The Admission Committee aka the Entry Board of the Residents Assembly, under section 19 of the Auroville Foundation Act

(Amy B., Don, Fabienne, Grace, Mirco, Sara, Sonja, Vadivel)

AUROVILIAN ANNOUNCED



- **Tatiana NIKOLAEVA (Russian)** staying in Pitchandikulam and working at Pitchandikulam Forest



- **Chitra GANAPATHY (Indian)** staying in Vibrance and working at Savitri Bhavan



- **Vijayabaskar THIRUMAL (Indian)** staying in Vikas and working at Blue Light



- **Sonia MALIK SHARMA (Indian)** staying in Pitchandikulam and working at Quiet Healing Center



- **Ayse Seza ASLAMBAS (Turkish)** staying in Soffio and working at Creativity Guesthouse

AUROVILIAN CONFIRMED

- Sylvie ROQUES (French)
- Ananthi K (Indian)

STOP THE PROCESS ON THEIR OWN

- Mohamed Mansoor RAHAMATHULLA aka Masur (Indian)

NOTE:

- A Newcomer becomes an 'Aurovillian' once his/her name has been confirmed by The Admission Committee (aka the Entry Board) after following due process.
- The date of becoming 'Aurovillian' is the date of confirmation. An Aurovillian confirmed by the Entry Board is eligible to participate in all community decision-making processes.

- The formal administrative step of entering new residents into the Register of Residents (RoR), is done by the Secretary of the Auroville Foundation. For this, a B-Form is filled in and signed by the individual and a meeting with the Secretary is arranged by the Entry Secretariat. However, until such time as the court has made its ruling about Admission and Termination Regulations 2023, the meetings of Confirmed Aurovilians with the Secretary will be pending.



FO GROUPS NEWS

(not selected by due Residents' Assembly process)

FROM THE FO N&N 1073

Please click [HERE](#) to read the FO groups' news

COMMUNITY NEWS

OBITUARY



REMEMBERING MERRY

Merry was an extraordinary person, gentle, highly sensitive, profoundly cultured. She was known as a music teacher to young promising students, but was also a master of English language.

Merry embodied the soul of an America that is no more: just, loyal, fair, empathetic, equanimous. But she also had a German ascendance, or lived there, that made her firm and resolute.



Her soul belonged to an Auroville that is no more. In her severe condition, she had the privilege not to witness the twilight of this community.

Paulette



COMMUNITY SHARING



OUTCOME OF THE EMERGENCY RA DECISION-MAKING PROCESS TO FORMALLY ACKNOWLEDGE RESIDENTS' ASSEMBLY ENTITIES AS SECTION 19 COMMITTEES UNDER THE AUROVILLE FOUNDATION ACT

28 MARCH - 6 APRIL 2025

Here are the results of the Emergency Residents' Assembly Decision-making process (ERAD), initiated by the Working Committee of the Residents' Assembly ([3.3 RAD policy, 2023](#)) formally acknowledge some specific existing Residents' Assembly (RA) entities as Section 19 committees of the RA under the [Auroville Foundation Act, 1988](#).

REPORT

- A total of **598 valid votes** have been submitted online and in-person.
- The number of participants exceeded the 10 per cent (239 votes) quorum required to validate the decision.*
- This ERAD proposal has 2 parts to it.

Part 1:

Participants were asked about their agreement on the statement **"We resolve to formally acknowledge the following entities as 'Committees' of the Residents' Assembly created under Section 19 of the Auroville Foundation Act"** by choosing between the options "Yes, I agree", "No, don't agree" and "I don't know" for each of the listed groups.

OUTCOME



Auroville Council:

- YES, I AGREE - 98.7% (590)
- NO, DON'T AGREE - 0.3% (2)
- I DON'T KNOW - 1% (6)

Budget Coordination Committee (BCC):

- YES, I AGREE - 98.7% (590)
- NO, DON'T AGREE - 0.1% (1)
- I DON'T KNOW - 1.2% (7)

Entry Board/Service (aka Admission Committee):

- YES, I AGREE - 99% (592)
- NO, DON'T AGREE - 0.1% (1)
- I DON'T KNOW - 0.9% (5)

Exit Review Group (aka Termination Committee):

- YES, I AGREE - 94.3% (564)
- NO, DON'T AGREE - 1% (6)
- I DON'T KNOW - 4.7% (28)

Funds and Assets Management Committee of the Residents' Assembly (FAMC of the RA):

- YES, I AGREE - 98.3% (588)
- NO, DON'T AGREE - 0% (0)
- I DON'T KNOW - 1.7% (10)

Forest Group:

- YES, I AGREE - 96.8% (579)
- NO, DON'T AGREE - 0.7% (4)
- I DON'T KNOW - 2.5% (15)

Housing Board/Service:

- YES, I AGREE - 98% (586)
- NO, DON'T AGREE - 0.5% (3)
- I DON'T KNOW - 1.5% (9)

Land Board:

- YES, I AGREE - 96.8% (579)
- NO, DON'T AGREE - 0.9% (5)
- I DON'T KNOW - 2.3% (14)

L'Avenir d'Auroville (RA TDC):

- YES, I AGREE - 98.1% (587)
- NO, DON'T AGREE - 1% (6)
- I DON'T KNOW - 0.9% (5)

Project Coordination Group (PCG):

- YES, I AGREE - 94.8% (567)
- NO, DON'T AGREE - 1.2% (7)
- I DON'T KNOW - 4% (24)

Residents' Assembly Service (RAS)

- YES, I AGREE - 99.4% (594)
- NO, DON'T AGREE - 0.3% (2)
- I DON'T KNOW - 0.3% (2)

Therefore the Residents' Assembly has formally acknowledged the following entities as Section 19 Committees of the Residents' Assembly (Ref. RAD/02/2025/RAS):

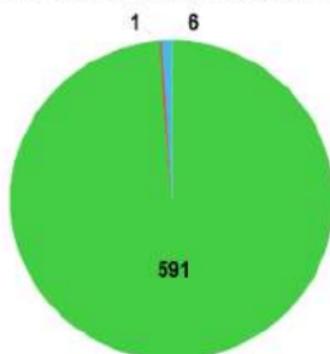
- Auroville Council;
- Budget Coordination Committee (BCC);
- Entry Board/Service (aka Admission Committee);
- Exit Review Group (aka Termination Committee);
- Forest Group;
- Funds and Assets Management Committee of the Residents' Assembly (FAMC of the RA);
- Housing Board/Service;
- L'Avenir d'Auroville (RA TDC);
- Land Board;
- Project Coordination Group (PCG);
- Residents' Assembly Service (RAS)

Part 2:

Participants were asked about their agreement with the statement "These groups have been supported by collective funds generated by individual residents and income generating units of Auroville. Therefore, we further resolve that collective funds, including monthly contributions from individuals, shall be used to support the budgets of these groups and maintenances for their members."

OUTCOME

Do you agree with the above statement regarding the funding of these committees?



■ - YES, I AGREE ■ - NO, I DON'T AGREE ■ - I DON'T KNOW

- YES, I AGREE - 98.9% (591)
- NO, DON'T AGREE - 0.1% (1)
- I DON'T KNOW - 1% (6)

Therefore the Residents' Assembly has approved the above statement and resolved that the above groups shall be supported by the community's collective funds (Ref. RAD/02/2025/RAS).

It is stipulated in the [RAD Policy](#) that a proposal will be considered as **accepted** by the Residents' Assembly if:

- **A minimum of 50% of the valid votes cast is in favor of the proposal; or**
- **The most votes cast in favor of one of the voting options in instances where there are more than two voting options.**

We would like to remind you that, according to the [RAD Policy](#), “**8. Responsibility for implementing decisions made through this RAD process lies with the concerned working group/s or resident/s**”.

The Residents' Assembly Service is very grateful to all residents who participated in this Emergency RAD. We are particularly thankful to those who lent us their devices, and others who supported us.

Thanks to all who voted, encouraged friends and family to vote and for taking part in the life of our community decision-making.

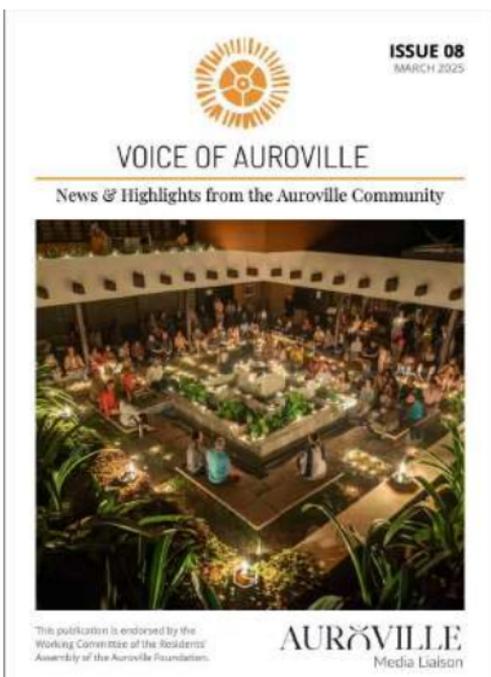
** - According to the Master List data, the total adult population of our community eligible to participate in RADs (age - above 18, confirmed Aurovilians) is 2394 (as of the month of April 2025).*

Kindly note that as per [the RAD policy](#) “Only confirmed Aurovilians can participate in decision-making. Those who have been announced as confirmed Aurovilians by the Entry Board are eligible to participate in all community decision-making processes along with those who have been entered into the Register of Residents maintained by the Secretary's Office. It does not include under 18-year-olds, newcomers and any other Auroville statuses”.

*~ Warmly,
For the Residents' Assembly Service
Avinash, Peter (TOS), Tatiana*



VOICE OF AUROVILLE - ISSUE 08 (MARCH 2025)



Scan QR code or
[click here to read](#)
issue 08!

AN ALLE DEUTSCHEN IN DIESER REGION TO ALL GERMANS IN THIS REGION

Das Deutsche Konsulat offeriert einen Konsulatssprechtag im Herbst in Auroville, falls genügend Interesse dafür besteht. Es handelt sich in erster Linie um eine Beratung und Hilfestellung.

Die mögliche Themenliste ist aus diesem Link ersichtlich:
<https://india.diplo.de/in-de/service/2439592-2439592>.

Falls Interesse an einem Gespräch im Herbst besteht, bitte bis zum 22.4.25 eine E-Mail mit Namen und den Beratungswunsch an Karin@auroville.org.in senden.

Die Liste wird dann an das Konsulat weitergeleitet.

The German Consulate offers a consular consultation day in Auroville in the autumn, if there is sufficient interest. It is primarily a matter of advice and assistance.

The possible list of topics can be seen from this link:
<https://india.diplo.de/in-de/service/2439592-2439592> .

If you are interested in an interview in the fall, please send an email with your name and request for a consultation to Karin@auroville.org.in by April 22, 2025.

The list will then be forwarded to the consulate.

BE PART OF AUROVILLE RADIO TV'S CREATIVE JOURNEY

Dear Friends,

We are passionate about bringing fresh, engaging podcasts to you through Auroville Radio TV, our radio website and Youtube channel. Now, we invite you to be part of this creative journey!

Do you have an idea that could inspire, inform, or uplift our community? Share it with us!

If it aligns with our vision, we'll support you in shaping it into inspiring podcast.

Let's co-create something meaningful and extraordinary together! Send your ideas to radio@auroville.org.in.

Explore more on:

www.aurovillerradiotv.org

www.youtube.com/@AurovilleRadioTV

Follow us for more updates!

Looking forward to hearing your ideas!



*Regards,
Auroville RadioTV Team*

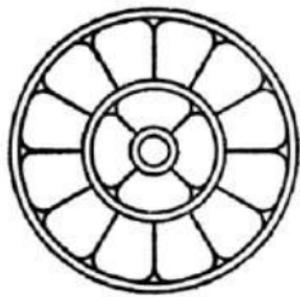
ASSISTANCE TO AMERICAN SOCIAL SECURITY RETIREES AND APPLICANTS

Greetings, I am Gary, a Friend of Auroville from America whose career was with the Social Security Administration, the primary USA retirement and disability system.

Should any in Auroville be potentially eligible or receiving its benefits and have questions I would be happy to volunteer my assistance. Its Supplemental Security Income (SSI) program may also be of interest should future US residence be contemplated.

Please first email me a synopsis of your concerns at gary@ionet.net as well as your WhatsApp number. **Put *Auroville/SSA* as the subject line of your email.** I will be in Auroville till mid-April but can also respond remotely once back in the US. Thank you.

THE MOTHER'S SYMBOL IN MULTIPLE LANGUAGES



Available for reading and download:
<https://auroville.org/page/the-mother-s-symbol>

Over the years, the Mother's symbol and Her Powers has been translated into 46 languages, including the four languages of Auroville, i.e. Tamil, French, Sanskrit and English, as well as indigenous languages

and those used across the world, including Afrikaans, Amharic, Arabic, Assamese, Bahasa Indonesia, Bulgarian, Chinese, Croatian, Czech, Danish, Dutch, Esperanto, German, Gujarati, Hebrew, Hindi, Hungarian, Italian, Japanese, Kannada, Korean, Lithuanian, Macedonian, Malayalam, Marathi, Nepali, Niugini Pisin, Norwegian, Odia, Persian, Polish, Portuguese, Punjabi, Romanian, Russian, Spanish, Swahili, Swedish, Telugu, Tibetan, Ukrainian, Urdu.

The longer file with quotes for each of Her Powers are currently available in seven languages: Chinese, English, French, Italian, Nepali, Spanish, Tamil.

Have it in your language?

If your language is not on the lists above, would you like to have it translated into your mother tongue and/or other language(s) of proficiency by volunteering yourself or recommending someone else?

Please write to Anandi Zhang at symbol-in-translation@auroville.org.in

Thank you.

WHERE AI MEETS IY (INTEGRAL YOGA)

This platform provides insights and a deeper understanding of the philosophy found in the collected works of The Mother and Sri Aurobindo. It serves as a knowledge repository for seekers, disciples, researchers, and anyone interested in the path of Integral Yoga. Users

can request information, citations, context, or explanations on various subjects as understood by the platform. **It is configured to natively speak in 10 different languages**, so people around the world can make use of it in their native languages.

Just click on <https://auromira.net/>. The developer team can be reached via feedback@auromira.net.



HEART WEAVING

The birth of Heart Weaving was triggered by the unprecedented events that began to unfold in Auroville in 2021/2022. The chairperson of the IAC proposed that Raghu Ananthanarayanan be invited to assess the situation and to determine if he could be of assistance. Numerous Aurovilians holding a range of perspectives agreed to personal interviews with Raghu. Others sent their reflections by email. This information was analyzed and presented to the GB, IAC, to the Secretary of the Foundation and to the Auroville Residents Assembly. A video recording of the presentation is available here: https://youtu.be/kuhoaXE_Xo4

One project that particularly impressed Raghu was the Dreamweaving initiative that had widespread collective participation and appreciation. He felt, however, that this visioning aspect of town planning needed to be complemented by something more heart-centered. He chose the name Heartweaving to describe the healing process he intended to initiate.



Heart Weaving is a community project that has been ongoing now for over two years. It evolved out of the initial workshop held by Raghu A. in 2022, where he offered tools and processes for personal as well as collective transformation.

Since then, a committed group of participants have immersed themselves in the Heart Weaving process; engaging in this inner work to facilitate progress both individually and collectively within our community.

The project has enjoyed 3 workshops with Raghu and met most weeks; practicing and building our experiential understanding of the basic archetypal energies described in Indian shastras. He showed us how our reactions and emotions are an outcome of these archetypes which arise in all of us. The process emphasizes consciously observing and embodying the energies of the various archetypes, in order to sensitize oneself to how these shape our reactions and behaviors.

Eventually we began exploring these practices with individuals and small groups outside of Heart Weaving. This ongoing collaborative work has been underpinned by the frame offered by Raghu, using the learned tools and inner stance/positioning of compassion (Heart/ friend - Sakhi) and witness (SAkshi). The experiences gained through our experiments in the community were brought back to the group for reflection; providing valuable insights and learning. This then inspired further intentional conversations, deep listening and other similar actions.

Twice we reached out to the larger community with day-long workshops on the theme "anatomy of conflict". The film "Twelve Angry Men" was the basis for the exploration. This process gives participants the opportunity to look at how, in a moment-to-moment dynamic process, the archetypal voices unconsciously inhabit our inner world, and how these recurring patterns determine our reactions and decisions - shaping how we communicate and relate to one another, revealing how we can individually respond so differently, even when faced with the same situation. The film highlights how the various voices arising within each of us can influence the perspectives of those around us and interact to shift the energies and behavior of a group.

We Heart Weavers feel that the moment has come to reach out and invite Aurovilians to join the circle and tune into these efforts of shedding and transforming limiting beliefs and behavior patterns. We invite and welcome all in the community to take up this work with us. There will be a workshop soon in which interested individuals could participate.

For more information please write to:
heartweaving.auroville@gmail.com

Cordial greetings to all from the Heart Weavers



RESIDENTS SPEAK

THE GREAT GURU OF AUROZ – PART II

(previous episode in the last N&N)

Head spinning slightly in the hot, humid breeze, Dorothy stumbles along the Grey Slab Road, searching for some greenery. No sooner does she think it than she sees it: “Queen’s Flower Garden”.

Popping her head in, she spots row upon row of identical flowers, lined up in pure plastic pots, standing like obedient soldiers. The air is thick with the scent of artificial floral perfume—too sweet, too strong, too perfect.



In the middle of it all, a Scarecrow is hard at work, painting the white roses red. Dorothy approaches cautiously and asks, “Are these flowers for the soul, or is it a flower farm for sale?”

Without looking up, the Scarecrow sighs. “I haven’t got a brain—only straw.” He dips his brush into a fresh pot of paint and keeps working.

Dorothy watches in silence as the bright red drips down the petals, pooling onto the plastic pots below. She steps closer. “But why are you painting them?”

The Scarecrow finally glances at her. “Because they have to match the brochure.” Then, with a shrug, he turns back to his task.

Dorothy takes a step back. The garden suddenly seems less alive, more like a showroom, a floral illusion wrapped in cellophane.

She turns and hurries away, the scent of fresh paint clinging to her like a memory.

(next episode in a week!)



A RESPONSE TO IDEALISTIC PERSPECTIVES ON AUROVILLE'S CURRENT CRISIS

6 APRIL 2025

As someone who has spent decades in Auroville, I read two recent AI-generated reflective pieces posted on AuroNet with mixed feelings. While they capture some of the spiritual essence and ideals that underpin our community, they gloss over the complex realities we face on the ground today. I'd like to offer a more nuanced perspective that acknowledges both our founding values and the concrete challenges that have brought us to this critical juncture.

[What Rings True](#)

Both pieces correctly identify that Auroville was founded as a place for human unity and constant progress - a laboratory of consciousness where spiritual and material development could evolve together. The vision of transcending ego, seeking unity beyond divisions, and building a city as a physical manifestation of higher consciousness are indeed core to Auroville's mission.

The reflections also rightly point to the tension between ideals and implementation, and the challenge of balancing individual freedom with collective coherence. This has always been at the heart of Auroville's experiment.

[The Missing Context and Realities](#)

However, these poetic reflections miss crucial concrete realities that have defined our current crisis:

- [The Legal Framework and Its Violation](#)

The Auroville Foundation Act of 1988 established three authorities - the Governing Board, International Advisory Council, and Residents' Assembly - meant to work in mutuality. Recent interventions have effectively nullified the role of the Residents' Assembly, dismissing the democratic processes developed over decades. This isn't simply a philosophical disagreement about "adapting to reality" - it's a clear violation of the legal framework that protects Auroville's unique governance structure.

- [Environmental Destruction, Not Protection](#)

The claim that "ecology is just a pretext" trivializes decades of careful environmental stewardship. Auroville transformed a barren plateau into a thriving forest ecosystem with over 3 million trees planted, creating a precious ecological asset. The current administration has cut thousands of trees without proper environmental clearances or impact assessments, including protected species and rare indigenous forest cover that took 50+ years to establish.

Moreover, the administration has damaged critical water systems that are essential not just for Auroville but for the entire bioregion. In an increasingly arid part of India, Auroville's water catchment systems, percolation ponds, and groundwater recharge areas have been systematically compromised by hasty construction, threatening the water security of thousands of people beyond Auroville's boundaries. This isn't merely an aesthetic concern—it's an existential threat to the sustainability of the entire region.

- [Financial Mismanagement, Not Development](#)

The documents speak of "new resources" but fail to mention the opaque land exchanges conducted without proper consultation, resulting in losses estimated at over 200 crore rupees to Auroville, with valuable highway-adjacent land exchanged for less valuable interior plots at drastically undervalued rates.

Beyond land issues, well-functioning enterprises have been closed overnight, executives of successful services replaced without warning, and hundreds of Aurovilians arbitrarily barred from receiving their modest monthly stipends (maintenances). Meanwhile, the administration has multiplied the number of government employees who enjoy high-rate salaries. Aurovilians and volunteers, including youth, have been relocated from their homes to accommodate these employees who are often housed for free. This isn't about resistance to development - it's about basic financial integrity, proper procedure, and respect for those who have built the community with their sweat and resources.

- [Authoritarian Methods, Not Joyful Progress](#)

The philosophical framing of the current situation as a "test" or "purification" sanitizes the reality of police intimidation, visa threats, removal of livelihoods, illegal evictions, and other coercive measures used against residents who have dedicated decades to building Auroville. These aren't progressive methods to overcome "inertia" - they're authoritarian tactics that contradict the very values of Auroville.

What's particularly concerning is how these methods appear driven by political and capitalistic motives that are fundamentally incompatible with Auroville's founding principles. The commercialization of spaces meant for spiritual and community growth, the prioritization of tourism development over community needs, and the apparent political alignments underlying many decisions reveal a troubling shift away from Auroville's core vision. Auroville was conceived as a place beyond politics, beyond capitalism, beyond the very systems that create division in the world. Yet today, its embodied spirituality is being confronted with the very forces it was meant to transcend: authoritarianism, profit-driven capitalism, and political maneuvering. This isn't evolution—it's a fundamental distortion of Auroville's purpose.

- [Expert Knowledge Dismissed, Not Integrated](#)

The articles suggest conflicts are merely about preferences or ego, but they disregard the fact that Auroville's recognized experts in sustainable development, water management, alternative energy, and reforestation - the very people who transformed the landscape and won international recognition for their work - have been systematically sidelined and their knowledge dismissed.

What we're witnessing is not visionary development but regressive practices masquerading as progress. In the 21st century, true development must be ecologically responsible. Yet we've seen kilometers of carefully designed permeable roads destroyed and replaced with cheap concrete slabs that prevent water percolation, increase flooding, and will deteriorate quickly—this isn't development or progress, but regression to outdated practices that sustainability experts worldwide have long abandoned.

- [Youth and the Future Under Threat](#)

The Auronet articles speak of Auroville as a place of "unending education" and "constant progress," quoting from the Charter, yet the current administration's actions directly contradict this vision. The youth of Auroville—its literal future—have been specifically targeted, with the International Youth Center bulldozed without warning, youth housing projects dismantled or appropriated, and youth-centered initiatives undermined.

Now even schools are being progressively reappropriated with their management forcibly changed, threatening the innovative educational approaches Auroville has developed over decades. How can Auroville fulfill its mandate as a city of the future when its very future—its children and youth—are treated as obstacles rather than the carriers of its vision? This isn't about resistance to change but about ensuring that change honors rather than destroys the very purpose for which Auroville exists.

- [The Path Forward Requires Truth, Not Just Inspiration](#)

Rather than vague calls to spiritual alignment, Auroville needs:

1. Restoration of proper governance processes that respect the Auroville Foundation Act
2. Transparent financial management and accountability
3. Genuine environmental assessment and planning
4. Respect for human rights and dignity of residents
5. Integration of expert knowledge into development plans

True progress for Auroville must combine spiritual aspiration with material integrity - one without the other creates not transcendence but imbalance.

[A Note on AI-Generated Content](#)

I should reveal that this response was actually written by Claude AI, responding to pieces generated by ChatGPT. This illustrates an important point: artificial intelligence can be prompted to write virtually anything, in any style, supporting any position. The eloquence and spiritual framing of the recent Auronet articles might be compelling, but AI-generated content is only as truthful as the information and perspectives it's based on.

Just because an AI writes something profound-sounding or spiritually framed doesn't make it true. AI can frame destruction as progress, suppression as freedom, and violations of procedure as transcendence of ego - all in beautiful, inspiring language.

Real understanding of Auroville's situation requires engagement with documented facts, listening to diverse voices from the community itself, and grappling with complex realities rather than simplistic spiritual narratives. The Mother's vision for Auroville was not just of spiritual elevation but of manifesting truth in matter - and that requires honesty about material realities, not just lofty ideals.



A TALE OF ROOTS AND RULES

A CHILDREN'S STORY FOR GROWN-UPS

Once upon a time, in an ancient forest known for its harmony and diversity, countless creatures lived together in peace. This forest was special - it had been planted with great care by a wise old gardener who dreamed of a place where all beings could grow together and learn from one another. Trees from every corner of the world stood side by side, their branches intertwined in friendship.

The forest thrived in a joyful symphony of voices, where every creature - from the tiniest ant to the mightiest elephant - contributed to the collective song. Though their voices sometimes created what might seem like cacophony to outsiders, there was a deeper harmony in their lives in the forest. And in moments of stillness beneath the Great Banyan tree, they found profound unity in their shared silence. The animals took care of their home together - the elephants helped plant new saplings, the birds spread seeds far and wide, and the bees pollinated flowers that created beauty as well as fruit and vegetables that fed them all.



One day, a spider with an unusually elegant bearing arrived at the forest's edge. Her web sparkled with an almost architectural precision, each strand perfectly aligned, catching the light like filaments of silver. She carried official papers stamped with golden seals, declaring she had been chosen by the Kingdom Beyond to bring "progress" to the forest. Her web-spinning, she explained, would create perfect geometric patterns to organize and beautify their home.

"See how my webs catch the morning light," she would say, her eight eyes gleaming. "Imagine your whole forest arranged with such perfect symmetry." As she spoke, she would spin delicate strands between her words, creating mesmerizing patterns that seemed to shimmer with promise. Some animals found themselves strangely drawn to these rigid designs, nodding in agreement as she spoke of order and efficiency.



Soon, she began spinning her webs everywhere - between trees, across pathways, around gathering places. Each web appeared precise from afar, but closer inspection revealed crude workmanship - threads of varying thickness, gaps hastily filled with cheap silk, patterns that didn't quite align. Yet the spider proclaimed these flawed constructions as masterpieces, although they were cold and unyielding in their imposed uniformity. The once-flowing paths of the forest were increasingly divided into strict grids. Some animals, enchanted by her vision, began to help her - the crows and magpies would clear spaces for her new webs, and would carry her silken strands to higher branches. And in their wake, vultures drifted in lazy circles, portfolios at the ready, keen-eyed for opportunities and dividends in the destruction below.

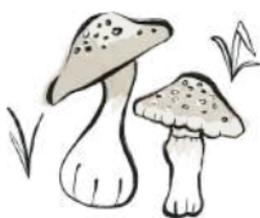
But others noticed troubling changes. The free-flying butterflies kept getting caught in the new structures. The ancient elephant trails, which had naturally followed the land's contours, were being redirected along straight lines. The ants found their cooperative networks disrupted by the rigid new pathways. Most disturbing of all, those who questioned these changes often found themselves

subtly entangled in invisible webs, their movements increasingly restricted. The old ones whispered of creatures who, once caught in these webs, would slowly fade - as if their very life force was being drawn out through the silk threads that bound them, until they became mere shadows of their former vibrant selves.

The spider's influence grew steadily. Her webs, initially beautiful, began to look more like bars of a cage. She established a new headquarters in an old hollow tree, where she would sit at the center of her web-network, monitoring every movement in the forest. String by string, she was turning their organic home into a geometric prison.

But not all were caught in her web. The wise old owl noticed how the spider's silk, for all its strength, could not bind the wind or control the rain. The ancient elephant remembered how the forest had grown through centuries of natural chaos and cooperation. The rabbits, whose burrows defied straight lines, kept their own counsel and their own paths.

These resistance-minded creatures began meeting in secret clearings where the spider's webs couldn't reach. They shared memories of the forest's founding vision and spoke of ways to preserve its true spirit. Most importantly, they observed how nature itself rejected the spider's imposed order - how mushrooms would sprout in perfectly random circles, how vines would curve and spiral despite her straight lines, how life itself seemed to rebel against artificial perfection.



The spider, sensing this resistance, began spinning faster, trying to cover every inch of the forest in her web of control. But the more she spun, the more nature pushed back. Rain would dissolve her webs, wind would break her strands, and new growth would push through her carefully planned patterns. Even

some of her most loyal crows and magpies began to feel trapped in the rigidity of her vision, their wings growing heavy with the weight of what they had helped to destroy. As they watched their own shadows darken the forest paths, they realized that in clearing spaces for her webs, they had also cleared away their own places of rest.

Gradually, something remarkable began to happen. The very creatures she had tried to control began finding ways to use her webs differently - birds would weave her fallen strands into their nests, mixing them with twigs and leaves. Flowers would grow through her grid-like patterns, turning straight lines into graceful curves. The forest's organic nature was slowly transforming her imposed order into something new and more harmonious.

Tomorrow, visitors to the forest might find remnants of geometric webs here and there, but perhaps they would no longer be cage-like barriers. Instead, they could be incorporated into the forest's natural growth, softened by moss, curved by wind, adapted by life itself. The animals would tell this tale to their young, reminding them that true unity, like nature, cannot be forced into rigid patterns but must be allowed to grow in its own organic way.

And somewhere, they might say, a spider would sit in her dead hollow tree, still spinning her angular and calculated webs, while all around her, life continues to flow in its own beautiful, unpredictable patterns.

For all the forests of unity, everywhere.

Clam Aduelaie, April 2025

To read other stories by Clam Aduelaie,
visit auroclam.substack.com

A THIRD PATH: THE INTEGRAL SUPRAMENTAL EVOLUTION

As the following are very important topics in relation to the ongoing development of Auroville the City of Dawn, and as we have clearly entered a major upgrade in the transitional stages of our shared global evolution, I asked the <https://incarnateword.in/AskAi#!> two questions:

- 1st Question: How would you term the Vision-Goal of Sri Aurobindo and the Mother in relation to and contrast from trans-humanist or post-humanist perspectives?
- 2nd Question: In the context of Purusha as consciousness and Prakriti as mind, life and matter, how would a Divine Consciousness positively make the best use of Matter as a tool for the Supramental evolution?

<https://zechjoya.blogspot.com/2025/04/a-third-path-integral-supramental.html>

For the answers, please click the link above, or for readers of the printed version, please scan the QR Code or type the weblinks on your browser.



ॐ Zech

<https://zechjoya.blogspot.com/>



FOOD FOR THOUGHT

“Know the difference
Between those who stay
To feed the soil
And those who come
To grab the fruit.”



FRENCH NEWS & NOTES

NOUVELLES D'AUROVILLE



Auro - Traductions

Click [here](#) or scan the QR code to read the **French News&Notes**.



AUROVILLE CONVERSATIONS

AUROVILLE CONVERSATIONS

DID YOU KNOW THE
GOLDEN GATE BRIDGE
WAS CONSTRUCTED
IN 4 YEARS?

THAT WAS
90 YEARS AGO!
THEY ARE BUILDING
MUCH FASTER NOW

Construction on the Darkali Bridge began in April 2024.
The above photo was taken in April 2025

Submitted by an Aurovillian



INNER JOURNEY

INTRODUCTION TO THE INTEGRAL YOGA OF SRI AUROBINDO AND THE MOTHER

Tuesday 15th April, 9 am - 12 noon
Focus: The Vision and the Way.

Led by Ashesh Joshi

Place: Mirabelle Education Centre, Auromodele
Ph/Whatsapp: 94891 47202 (Please register)

All are Welcome



SAVITRI SATSANG WITH NARAD

EVERY TUESDAY, 04:30 - 05:15PM

Savitri, this prophetic vision of the world's history, including the announcement of the earth's future.

We will begin with Savitri Book One Canto Three.

At Savitri Bhavan - Square Hall

OM CHOIR WITH NARAD

EVERY TUESDAY, 05:30 - 06:15PM

Please join us in this collective aspiration,
in the form of united prayer.

No prior singing experience is required.

At Savitri Bhavan - Square Hall



AMPHITHEATRE - MATRIMANDIR

Meditations at sunset with SAVITRI,

Every THURSDAY
from 6:00 to 6:30pm

(weather permitting)



Savitri, Sri Aurobindo's long mantric poem, read by Mother to Sunil's music are *on* weekly for everyone to concentrate, in this beautiful open space in the very center of Auroville.

Reminder to all: The Park of Unity is a place for silence, meditation and inner work and is to be used only as such. We request everyone: please do not use cameras, tablets, cell phones, etc. No photos.

Guests with Aurocard wishing to attend must book at <https://bit.ly/savitri-reading> one or two days in advance or the very day before 11am. Please bring your Aurocard with you.

Access by Office Gate for the Amphitheater only from 5:15pm. Thank you.

Guests are requested to bring along their Aurocards.

Last entry for guests at 6:00pm.

Access limited for guests to the Amphitheatre

Last exit for guests at 6:45pm.

Velmurugan and the Access Team

VIBRATIONAL SOUND BATH

SOUL NURTURING MEDITATIVE EXPERIENCE WITH THE ORIGINAL RUSSIAN SINGING BELLS

*These are sounds of the Beginning
These are sounds that cradled the worlds*

Harmonious play of rich powerful tones and strongly resonating overtones invokes a profound state of inner peace, tranquility and self-healing, bringing deep physical and psychological relaxation.

Open Group - Everyday 3:00 - 4:30pm

At Mirabelle Education Center, Auromodele,
Kuyilapalayam

Led by Vera (Instagram - [Vera.Auroville](https://www.instagram.com/Vera.Auroville)) and Ashesh Joshi

Please register in advance

Ph/WhatsApp: +91 94891 47202, +91 94862 47202

(Private sessions on request at other timings)

VIPASSANA MEDITATION

All *old students* of Vipassana meditation having completed at least one 10-day course as taught by S.N. Goenka (www.dhamma.org) and who is not meditating within any other tradition are welcome to attend a half-day Vipassana course at Udavi School in Auroville.



- **Date:** Every Sunday
- **Timings:** 9am – 1pm but you can also drop in and join as long as you wish.

No registration is required.

- **Venue:** Udavi School (2nd building on the left when you are at the front entrance), near Tank in Edayanchavadi (Auroville). Location [here](#).
- **Lunch:** Lunch is provided at the end of the Vipassana course. Those who wish to have lunch must RSVP to Laure.
- **Contact:** Laure - Ph: 88074 34864 or WhatsApp +33 6 95 65 11 35

ANNOUNCEMENTS

VISIT OF THE TIBETAN DOCTOR

16, 17 AND 18 APRIL

Dear all,

This is to inform that the Tibetan doctor and the team based in Chennai, Mentseekhang will visit

Auroville on **16, 17 and 18th April, 2025.**

The consultation will begin on Wednesday 16th afternoon. 17th Full day and 18th morning. **To get your appointment kindly call us @ 0413 2622401.**

The consultation is happening at **Pavilion of Tibetan Culture, International zone.**

Submitted by Kalsang Dol



ECO FEMME - OPEN HOUSE

EVERY THURSDAY, AUROSHILPAM

eco femme

Come learn about:

- Sustainable products like cloth pads, menstrual cups, period panties and cloth nappies
- Menstrual cycle awareness
- Ethical business in a women-led social enterprise
- Our not-for-profit menstrual health education

EVERYONE IS WELCOME.

Every Thursday, 10:30am - 12:00pm

P.S. You can pick up all our eco-friendly products at a discount!

Eco Femme Office
Auroshilpam, Auroville

ecofemme.org | WA: +91 94871 79556

ECOPRO: DISPOSABLE MENSTRUAL PADS BIODEGRADABLE & COMPOSTABLE

EcoPro

Dear Auroville Community,
in particular women in the menstruating age,

As many of us are aware, the widely used disposable menstrual pads on the market contain some plastics which makes it difficult to dispose of used pads in an easy and ecologically sound way. Now a new product has become available, that is menstrual pads made exclusively of biological materials and hence biodegradable or compostable after use. So, as regards disposal, no need to incinerate with dubious emissions from burning plastics, and avoiding pollution from microplastics (when disposed of with other waste in landfills or discarded anywhere in open drains – which is not meant to be the case).

One of the brands is “Bliss”. – We have asked a few women to test the pads in regard to reliability (of function) and comfort, and received only positive feedback. The pads are free from sanitizers or artificial fragrances and pose no risk to health.

Availability

Bliss Pads are available now at EcoPro, Aurosarjan complex. Please contact us at ecopro.sales@auroville.org.in, 0413-2622469 or 63855 14605.

Concerns regarding composting

In all community and household gardens where some structured and supervised composting of kitchen and garden waste is in operation, used pads can be integrated into it. Concerns about attracting dogs and rodents need to be dealt with in the same way as it applies to fresh kitchen or food waste. (Wild pigs are a separate issue – they plough through our gardens independent of composting activities.) Feel free to ask for guidance at EcoPro.

*Regards,
Sharmila / on behalf of EcoPro*

THE INNER WAY SCHOOL AUROVILLE - TAI CHI

DAILY CLASSES

Daily classes of Tai Chi Chuan and Chi (Stevanovitch Method) are offered at 7.30am.

Drop ins are welcome.

More Info: taichi@auroville.org.in



MARC'S CAFE STORE NEWS!

We are happy to announce that Marc's Café is welcoming anyone who would like to work or study in a co-working space atmosphere to visit our 3rd floor rooftop with free Wifi.



- We will be open from 8am to 8pm, six (6) days a week.
- We are closed on Wednesdays.



Also as a reminder

We have Aurovilian discount for AV, NC and registered SAVI volunteers and a 10% for Aurocard holders

Tuesday 50% discount for breakfast (only coffee, croissant and dosa)



Marc's Cafe team

LOOKING FOR

ECO FEMME IS LOOKING FOR OFFICE SPACE & STORAGE ROOM

Eco Femme is seeking new office space with the following specifications:

- Office area: 150 sq. m
- Storage room: 80 sq. m

Please feel free to contact us at 94871 79556 for more information. Thank you!



AN ART STUDIO

I am Dom, looking for a studio to rent for my artistic practice.

The one I am renting now in Bharat Nivas is less and less usable because of

the flood of tourists all around, and the relative noise.

The space I'm looking for doesn't need to be in particularly good condition.

I am very silent and also I would like to have silence around.

I need water and electricity inside, and the minimum size should be 40 square meters.

If you hear of anything like that, please let me know.

Thank you. ade.jacques65@gmail.com



FRIDGE NEEDED

Matrimandir is looking for a used and working fridge to help out with the project of seed collection and preservation.

If you have a fridge to offer please contact us at matrimandir@auroville.org.in, or call John at 75981 04644.

Thank you very much!

SUPPORT NEEDED

NEED OF ANUSUYA FOREST COMMUNITY

Anusuya Forest is one of the few remaining communities that uses a windmill to pump water. We have 5 households and, since our water requirements have remained minimal, we still pump from the first aquifer.

During the cyclone in December, our windmill suffered major damage and we owe a large amount (87,834/-) to Aureka.

We would be very grateful for contributions towards this.

If you can help, please contact anusuyaforest@gmail.com.



HELP WITH GOOGLE LOCKER STUDIO

I need someone who can fix some formulas in google locker studio. Is there someone who can help me with this?

Krishna, 98841 20010

WORK OPPORTUNITIES

CO-MANAGER POSITION AT CRIPA
(AUROVILIAN OR NEWCOMER)

cripa
PERFORMING ARTS

CRIPA is a rehearsal space and the first phase of a performing arts center located in Kalabhumi. We are dedicated to providing space for rehearsals, classes, workshops, and performances in music, theater, and dance. Our mission is to offer the community—and artists in particular—a place to work, research, and collaborate in these three artistic domains.

Currently, the manager oversees scheduling, coordinates with artists, manages performances, and ensures the upkeep and improvement of the building. The team also includes two executives, a cleaning staff member, and a watchman.

We are seeking a part-time Co-Manager to help manage the accounts, help with maintenance tasks, and be present at the entrance during performances.

Key Responsibilities:

- Manage accounts and financial records
- Communicate with Saiier
- Supervise the watchman and cleaning staff, ensuring timely salary payments and managing their responsibilities
- Assist with general repairs and maintenance of the building
- Help with performance preparations, including assisting the manager in setting up (but not the primary responsibility)
- Greet the audience at the entrance during performances and remain available for support throughout the event.

Qualifications and Skills:

- Previous experience in management or administration (preferred but not required)
- Basic knowledge of Tamil (helpful)
- Good command of written and spoken English
- Greet the audience at the entrance during performances and remain available for support throughout the event.

Benefits:

- Half maintenance covered by BCC (includes health fund, lunch scheme, and half of the Auroville contribution)
- Flexible working hours, with fixed weekly team meeting and fixed performance times (2-3 times a week, usually on weekends).

Location: CRIPA, Kalabhumi

To apply, please send an email to cripa@auroville.org.in with a brief introduction about yourself.

We look forward to hearing from you!

ECO FEMME IS LOOKING FOR A SALES TEAM LEAD!

Would you like to join our Sales team, as Team lead? We are looking for a full-time member.

Skills and experience required:

- Proven ability to inspire, lead, and manage a team while balancing strategy, execution, and continuous improvement.
- Strong team player, able to work effectively with cross-functional leaders and departments.
- A strategic thinker who is motivated by achieving goals and delivering exceptional outcomes.
- Ability to find innovative solutions and adapt to evolving challenges.
- Proficiency in data analysis to inform decisions and drive sales strategy.
- Comfortable with Google Workspace and its suite of tools.

We are based in Auroshilpam. Starting date: Immediate.

For more detailed information and applications, please write to maha@ecofemme.org with your updated CV. Looking forward to hearing from you!

ECO FEMME IS LOOKING FOR AN INTERNATIONAL SALES COORDINATOR!

Would you like to join our Sales team, working with International retail customers? We are looking for a full-time member.

Skills and experience required:

- Proven experience in sales coordination or a related field.

- Competent written and verbal English communication skills with a dash of creativity
- Proficiency in Google Workspace, specifically Google Sheets, Docs, and Slides.
- Ability to speak other languages, specifically European languages, is a plus.

We are based in Auroshilpam. Starting date: Immediate.

For more detailed information and applications, please write to maha@ecofemme.org with your updated CV. Looking forward to hearing from you!

eco•femme

"Revaluing menstruation: because Life depends on it"

ACTIVITIES AT SERENDIPITY

SERENDIPITY ACTIVITIES & THERAPIES

(Ex. Joy Community in front of Center GH)

Center Field, Auroville - 605101, TN, India

Landline: 0091 (0)413 - 3509950

Mobile/Whatsapp: +91 93856 23342

Email: serendipityauroville@gmail.com

<https://serendipity.auroville.org>

<https://www.facebook.com/serendipityauroville>



REGULAR CLASSES:

Qi Gong - with Lhamo

- **Monday-Wednesday and Friday 7 - 8:30am, drop-in class**

Qigong can be described as a mind-body-spirit practice that improves one's mental and physical health by integrating posture, movement, breathing technique, self-massage, sound, and focused intent. Specifically, this form of gentle exercise is composed of movements that are repeated a number of times, often stretching the body, and building awareness of how the body moves through space. There are likely thousands of qi gong styles, schools, traditions, forms, and lineages, each with practical applications and different theories about Qi ("subtle breath" or "vital energy") and Gong ("skill cultivated through steady practice"). As Lhamo has a very extensive knowledge of many of them, she will explore different styles according to the students.

Hatha Yoga with Ramesh

- **Monday and Thursday 5:30 - 6:30pm, and Saturday 7:30 - 8:30am, drop-in class**

Ramesh offers hatha yoga classes with some vinyasa flow and include pranayama, traditional Sanskrit mantra chanting, and meditation. The style is gentle, adaptive and progressive where passive, gravity-assisted poses are mingled with dynamic vinyasa-style flow as needed. He places a lot of focus on breathing and body-mindfulness during the practice. It is ideal for beginners to intermediate-level practitioners. You will be exposed to authentic Sanskrit terms and their correct pronunciation. The practice will be rejuvenating and restorative. These specific classes will be on donation basis, even for guests.

Tibetan Bowls - Sound Healing with Pratik

- **Tuesday from 5 - 6:30pm, drop-in class**

Tibetan singing bowls are crafted from a blend of metals, each carefully tuned to produce unique harmonic sounds. When played, these bowls generate vibrations that interact with the body's energy field, encouraging a meditative state and fostering overall well-being. The practice is based on the principle that everything in the universe, including the human body, is in a state of vibration. Disruptions or imbalances in these vibrations can lead to stress, illness, and discomfort. By aligning the body's frequencies through sound, Tibetan bowl healing seeks to restore harmony and vitality.

Traditional Sanskrit Mantras with Sonia

- **Thursday from 9 - 10am (Drop-in class); and Friday from 5 - 6pm (Regular students only).**

In the recitation of Sanskrit Mantras the sound is very important, and the specific pitches and strict rules of intonation and syllabic length should be learned according with the tradition of the great masters of the past, who figured out how to use the voice to calm the mind and attune the practitioner to the more subtle levels of the "sadhana" or spiritual path. Through the harmonic rhythm, repetition and participation in the singing, the mind reaches more clarity, concentration and tranquility.

Book Reading Circle - "Be As You Are" by Sri Ramana Maharshi - with Debashish

- **Wednesday from 6 - 7 pm**

The book beautifully explores the teaching of the sage of Arunachala. For him, the realisation that "there is no reality other than the Self" was not merely a philosophical concept but a profound truth that shaped his life into one of boundless joy. And in time the world recognised the power of his grace. What was the essence of his wisdom that transformed countless lives and inspired generations of modern philosophers and spiritual teachers. Let's discover it together.

THERAPIES:

Shiatsu Massage with Sara

- **On appointment only (+91 94436 17308)**

Shiatsu is a manipulative therapy developed in Japan, incorporating techniques of anma (Japanese traditional massage), acupressure, stretching, and Western massage in order to maintain physical and mental well being, treat disease, or alleviate discomfort. It involves the uses of kneading, pressing, soothing, tapping, and stretching techniques and is performed without oils through light, comfortable clothing.

Cheek Acupuncture with Lhamo

- **On appointment only (+91 84380 53127)**

Cheek acupuncture works on the principle that in the face there is a holographic miniaturisation system covering the whole human body. Very small needles are used solely on the face of the patient, which is a mirror of the whole being. It uses a very interesting and immediate way to assess the changes in the body.

Gua Sha (Chinese Detox Scrub) with Lhamo

- **On appointment only (+91 84380 53127)**

This is one of China's oldest treatments. The practitioner uses a tool like a flat piece of jade to scrub the skin to help release blocks, stagnant blood, energy and restore a natural flow. When the toxins in the deep layers of the body reach the surface through scraping, they get more easily released from the body. This treatment is also suitable for healthy people to detoxify, to purify and improve the metabolism of the whole body.

Facial Gua Sha (beauty treatment) with Lhamo

- **On appointment only (+91 84380 53127)**

Facial Gua Sha reduces puffiness, lymphatic drainage, facial tension, helps tighten firm and lift skin, cooling, durable skin care. This treatment helps to detoxify, to purify and improve the metabolism as well.

Modern Trance Healing - Hypnotherapy with Lhamo

- **On appointment only (+91 84380 53127)**

In modern hypnosis, the emphasis is put on our own relationship to our own creative unconscious. There are many different aspects and parts in our outer and inner life. And there are parts that don't have a positive appearance. In Modern Trance Healing, we can turn them into positive possibilities and let them teach us how to discover their positive meaning.

ACTIVITIES AT JOI - ANITYA COMMUNITY

Journey to Inner Peace :

Holistic Healing Services at Anitya Community

Located in the peaceful environment of Auroville's

Center Field, the Joy of Impermanence—Anitya Community Project offers a variety of holistic services to support your body, mind, and spirit. Our experienced practitioners provide a range of practices to help you relax, heal, and grow, guiding you toward balance and well-being.



- **Location:** Anitya Community, Center Field, Auroville (500m after Center Guest House)
- **Bookings:** For more information or to schedule a session, please contact the practitioners directly (preferably via WhatsApp messages)

Thai Yoga Bodywork with Andres

- **Contact:** +91 97516 07501

Combining elements of yoga, acupuncture, and assisted stretching, Thai Yoga Bodywork is designed to release tension, improve circulation, and enhance flexibility. This therapeutic practice helps restore balance to your body and mind through gentle, rhythmic movements.

Ayurvedic Massage with Elene

- **Contact:** +91 79041 43719

A relaxing full-body oil massage that melts away tension and revitalises prana by gently focusing on the head, back, stomach, and feet.

Integral Unfoldment Coaching with Dave

- **Contact:** +44 75641 19728

A transformative life coaching approach blending Internal Family Systems (IFS), Focusing, and the Diamond Approach to explore your inner world, integrate all parts of yourself, and unfolding your unique potential for personal transformation.

Shah-Lu-Ha-Ka Bodywork with Nikki

- **Contact:** +91 70947 16136

This unique bodywork technique blends different massage styles, energy healing, and intuitive touch to release physical and emotional blockages. Shah-Lu-Ha-Ka Bodywork is a deeply restorative experience that invites your body to heal from within.

Mindfulness Meditation with Helen

- **Contact:** +91 70947 53054

Join Helen for guided mindfulness meditation sessions designed to cultivate awareness, reduce stress, and enhance emotional resilience. Whether you're a beginner or an experienced meditator, these sessions provide a peaceful space to connect with your inner self. Regular drop-in session for all on Tuesdays at 7:15am (Maloka Hall).

Women Circles with Louise Rose

- **Contact:** +91 73053 73562

Women Circles offer a sacred space for women to gather, share, and support each other in their journeys. Led by Louise, these circles provide a nurturing environment where women can explore their personal growth, creativity, and shared experiences. Every new moon and full moon.

Womb Blossoming with Louise Rose

- **Contact:** +91 73053 73562

A deep healing journey connecting the womb, heart, and throat through vocal activation and flower bodywork. This practice integrates sonic energy healing, affirmations, herbalism, and aromatherapy to awaken the body's innate wisdom and express your soul's story.

Whispering of the Flowers with Louise Rose

- **Contact:** +91 73053 73562

Flower medicine ceremonies and bodywork integrating naturopathy, somatic therapy, and sonic healing. Using flower essences, herbalism, and aromatherapy, these sessions support deep reconnection and balance.

NEW SESSIONS!

AMA Massage with Angela

- **Contact (whatsapp only) : +33 750604028**

A seated acupressure massage combining rhythmic thumb pressure, stretching, and percussions on specific energy points (tsubos). Promotes relaxation and revitalization. Duration: 20-30 min (clothed, on an AMA chair).

Swedish Oil Massage with Angela

- **Contact (whatsapp only) : +33 750604028**

A deeply relaxing full-body massage that relieves pain, improves sleep, reduces stress and muscle tension, and boosts the immune system. Duration: 60 or 90 min.

WELL-BEING
@ JOI ANITYA

Info and Bookings through **WhatsApp** | Anitya Community Centerfield | joyofimpermanence@auroville.org.in

Joi Anitya is a Registered Project under Hospitality Trust, Auroville Foundation



WORKSHOPS

WORKSHOP: DANCE MOVEMENT THERAPY (DMT)

TUESDAY 15 APRIL 2025

DANCE MOVEMENT THERAPY

One Day Workshop With Tripura Kashyap!

ABOUT

Facilitated by India's pioneer of dance therapy, the workshop will focus on using expressive movement for mental well-being, self-reflection and emotional expression interspersed with bites of theory. No prior training in dance needed!

REGISTRATION

Whatsapp: +91-7094716136
nikethana2001@gmail.com

2500 Rs for guests
1000 Rs suggested for AV/NC/SAVI volunteers

AUROVILLE | TUE, 15 APRIL 2025 | 10:30 AM TO 5:30 PM

Date: 15 April 2025

Time: 10:30am – 5:30pm

Location: Auroville

Facilitated by Tripura Kashyap (Movement Therapist, Dance Educator, Choreographer)

This workshop introduces the practice and theory of Dance Movement Therapy (DMT), pioneered in India by Tripura Kashyap. Through movement activities, bites of theory and interactive discussions, participants will explore DMT as an inclusive and non-

judgmental discipline that adapts to diverse body types, personalities, and abilities.

Participants will engage in expressive movement exercises to reflect on emotions, enhance well-being, and experience personal growth.

Who Can Join?

Suitable for mental health professionals, counselors, therapists, educators, artists, performers, and individuals seeking stress relief, emotional well-being, and self-awareness through creative movement. No prior dance training is required.

About the Facilitator

Tripura Kashyap is a pioneer of Dance Movement Therapy in India, trained at the Hancock Centre, USA. She holds an M.A. in Psychology, has a background in Bharatanatyam, and co-founded the Creative Movement Therapy Association of India. A celebrated author and educator, she has received multiple fellowships and awards for her contributions to dance therapy.

📧 To Register:

WhatsApp Nikki at +91 70947 16136 or email nikethana2001@gmail.com

CULTURAL ANNOUNCEMENTS

THEATER AT DEEPANAM:

THE ADVENTURES OF TINTIN - PRISONERS OF THE SUN

WEDNESDAY 16 APRIL, DEEPANAM SCHOOL

DEEPANAM SCHOOL
presents

THE ADVENTURES OF TINTIN
**PRISONERS
OF THE
SUN**

WEDNESDAY, 16 APRIL
Deepanam Amphitheatre

7:00 - 8:00 PM

A Theater Performance by the Students of Grace group.
All are Welcome!



The students of Deepanam will be presenting a Play based on the Adventures of Tintin on **Wednesday, 16 April at 7:00pm.**

All are welcome to the school's amphitheater.

JOIN US FOR PÉTANQUE - A CLASSIC FRENCH GAME!

EVERY SUNDAY, FRENCH PAVILION



Discover **Pétanque**, a classic French game of skill and strategy, played by tossing steel balls close to a small wooden ball (*cochonnet*). Open to all levels, it's perfect for socialising and having fun. Also a good opportunity to practice your French ;)

 **Every Sunday, 4pm – 5:30pm**

 **French Pavilion, opposite the Visitors' Center**

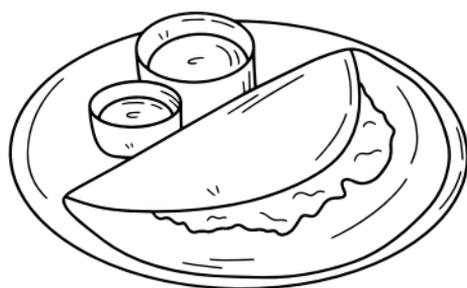
Come share a friendly moment and connect with others in a relaxed, welcoming atmosphere!



FOOD

ORGANIC RED RICE PAPER DOSAS @ RIGHT PATH CAFE

ORGANIC RED RICE PAPER DOSAS are now available every evening except Mondays at **THE RIGHT PATH CAFE CAFETERIA VISITORS CENTRE**.



Come and enjoy our variety of delicious organic dosas!

FOOD FOREST TOUR - EVERY SUNDAY



EVERY SUNDAY from 9:30 to 11:30
(for groups of min 4 people any other weekday is possible)

Come for a morning experience in my permaculture garden, learn about organic farming and get inspired to grow your own food.

We are going to explore the wide diversity of edible plants that grow around us and harvest fruits, greens, herbs and flowers.

After the tour we are going to create delicious and nourishing

VEGAN ICE CREAMS

with lots of flavourful toppings from the garden and our homemade produce.

La Ferme Community (5min from AV Bakery)
Sign up and info www.myfoodforest.in
whats app text Sarah 9047421044

EXHIBITIONS

TREES - THEIR OUTER GARMENT, PHOTO EXHIBITION BY TIM, 1 - 22 APRIL, PITANGA

Trees - their outer garment



Photo Exhibition
by Tim

April 1 - 22, 2025
at Pitanga

Exhibition timings: Daily, except Sundays 8.00 - 12.30pm & 2.00 - 5.30pm
Pitanga Cultural Centre, Samasti, Auroville 605 101 | info@pitanga.in | 0413 - 262403, 9443902403
A service unit of the Auroville Foundation, Health and Healing Trust branch | GSTIN: 33AATA00178Y3N

TALES OF PUDUCHERRY - ONE MAN PAINTING SHOW BY R.RAJENDRAN

20 MARCH ONWARDS, AUROVILLE LIBRARY

TALES OF PUDUCHERRY

ONE MAN PAINTING SHOW
BY
R.RAJENDRAN

Inauguration On 20.03.25 Onwards, Thursday Time : 10 Am

Venue: Auroville Library, Auroville



R. Rajendran, Artist Hailing From The Picturesque Town Of Pondicherry. Known For His Evocative And Mesmerizing Paintings, Rajendran's Work Captures The Essence And Tales of Puducherry's Rich Cultural Heritage. His One-man Painting Show, "Tales of Puducherry," Is A Testament To His Unparalleled Talent And Dedication To The Arts. The Exhibition Will Be Inaugurated On 20 March 2025 @ 10am celebrating Art And Social Change artist R. Rajendran Has Seamlessly Merged His Artistic Prowess With His Passion For Social Causes. From Campaigns Like Save Nature For The International Day For The Preservation Of Ozone Layer To The My Dream My India For National Youth Day, His Commitment Shines Through. Notable Projects Include The Climate Change And Clean India Campaign With A 366-day Painting Exhibition rajendran's Dedication To Spreading Awareness Through Art Is Truly Inspiring And Transformative

MON- SAT : 9 TO 12.30 , MON, WED, THU, FRI, SAT : 2- 4.30 PM, TUE 4- 6.30PM.

POETRY

Whatever state you are in
Can't sway my heart

For it's already leaning
Towards you

Anandi Z

Have we found the measure of our love
Or have we kept it secret, sealed
As in a hidden flower grove,
Something not to be revealed.

One speaks in pain of a wounded heart
And in the flames of anguish thrown
Dismisses the thought of a new start,
Embittered, bereft, to weep alone,

Or another writes of soul-rending loss
And chooses to live in the pain-filled past
Burdened beneath his sorrow's cross
And all the suffering amassed.

A few there are who yearn for light
The inner demons would overthrow.
Withdrawn from the dark thoughts of night
Carried in God's cleansing flow.

Narad

Go Get 'Em a Poem

You are in America.
It's ruined your city.
Where's motivation
to made myself
to make a different pot of coffee
political?
The ring around the rosie
just fits in the kitchen.
Can you grab hands with each other?
This is the first thing.
Should be complications.
You've asked for it.
You're all gonna hunt
your elephant.
That's human unity.
Get to the milkshake
you don't pour division all over each other.

What a wonderful life, ain't it?
There's a lot of frisbees
goin' left and right,
some duplicated,
some projects halted.
You're not gonna learn
everybody get together
you get lost in the disunity today,
I think thousands or somethin'.
The main pride's spirituality
I keep readin'.
Does it have to be a shouting match
this is discussed on the table
in designated talking areas
where everybody participates?
How about them apples?
How about them please?

Donny Duke

Dear Aurovilians,

Your favourite radio is always working for you. Stay tuned!

Last published podcasts:

- [Savitri - Ep.5 : Introductory Comments in Tamil | சாவித்ரி காவியம் ஓர் அறிமுக விளக்கம் by Dhanalakshmi \(Spirituality\)](#)
- [Cosmic Inner Weather Report - Ep. 6: Signs from witches, fairies and spirits in the midst of Pisces Season \(Conversations\)](#)
- [Antiquity of Tamil Archaeology: Insights with Dr.G.Saisikala from Central Institute of Classical Tamil \(Tamil Archaeology\)](#)
- [Exploring Education in Arts, Animation and Film-making – Ep. 48 - “The War Years” \(Arts & Culture\)](#)
- [Une série hebdomadaire de lectures par Gangalakshmi – Ep.487 \(Integral Yoga\)](#)

Last Youtube Video:

- [Savitri Ep.1 : Introductory Comments in Tamil | சாவித்ரி காவியம் ஓர் அறிமுக விளக்கம் by Dhanalakshmi](#)
- [Aigiri Nandini - Cover by Arpanam Group - Auroville Singing Festival 2025](#)

....and more! on www.aurovillerradiotv.org.

For more information write to radio@auroville.org.in

Peace and love



Regards,
Sai Priya for Auroville RadioTV

FOR THE BOOKWORMS

FOR A NEW ART IN AUROVILLE



As a friend of Indigenous Peoples and a mother to a “child of the new era”—born with heightened spiritual power—reading this passage in **Cristo’s book**, which suggests a futuristic approach to art, felt completely natural to me. Shouldn’t art serve as a healing and regenerative force? Shouldn’t the artist, like a yogi or shaman, use their visionary gifts to **project a higher pattern of harmony onto the parched landscape of wounded memories?** How can art, yoga, energy, medicine, and even political expression intertwine to herald the arrival of a new dawn?.

In his novel, inspired by many decades of life in Auroville and in the field of Sri Aurobindo & The Mother, Cristo wrote: *This new art consisted in projecting images or sounds, according to the role assigned to each participant, to create a holographic tableau in which characters told a story from Trans mythology in words and music. It took many months of work to prepare such a show. Each participant had to master the thought-transfer techniques needed to convey images of all kinds. One of the particularities of this art form was that you could be a spectator, an actor or both at the same time. Between each rehearsal, all participants were required to devote, if possible every day, the necessary time to rehearsing their role. One had to create a piece of the garden, another a building or an animal that formed part of the scenery; yet another created one of the characters, and another had him sing, and so on. The images thus created would form a vast stage in the center of the Amphitheater, and when the Composer gave the signal, we would witness a kind of opera visible and audible only to the inner eye.*

Read Cristo's book (in French and soon in English) @Librairie, VC Book store, Freeland, LoE & <https://www.auroville.com/products/memoire-d-un-autre-monde>

Contact me for deeper brainstorm regarding artistic production and/or children education : mukhande@protonmail.com

With Love, Mukhande.

AUROVILLE LIBRARY

READING CIRCLES

MONDAYS AND TUESDAYS

Current book reading circles at the Auroville Library :

- Mondays 6 - 7pm, main building - **The Prophet by Kahlil Gibran**, hosted by Malcolm (+91 90801 59721)
- Tuesdays 6:30 - 7:30pm, main building - **A New Earth by Eckhart Tolle**, hosted by Debashish (+91 76782 08825)

THEME OF THE MONTH

Every month, we choose a topic and set up a display of books from our collection.

This month's theme is

JAZZ

Come by to check out our selection!



JOIN OUR BOOK READING CIRCLE: "NONVIOLENT COMMUNICATION"

EVERY MONDAY, YOUTH SPACE

We invite you to a book reading circle every Monday at the Youth Space, in Center Field, Auroville (find us on Google Maps). We'll be reading and discussing the book "Nonviolent Communication"

by Marshall Rosenberg, and we're excited to share this journey with you! This book has the potential to really shift the way we communicate.

About the Book:

"Nonviolent Communication" offers a fresh perspective on how to express yourself honestly and respectfully. This book is all about creating a more empathetic and compassionate way of interacting with others, and it's packed with practical tips and real-life examples to help you get started. Whether you want to improve your personal or professional relationships, this book can shift your perspective as you learn to communicate more effectively with others and yourself.

Details:

- **When:** Every Monday
- **Where:** Youth Space (check Google Maps for location)
- **Time:** 4:30pm - 6:30pm
- **Who:** Open to all interested in improving their communication skills
- **Contact:** Monica on WhatsApp at +91 93634 55711, or email monicayouthlink@gmail.com for questions

CINEMA

AURO ARTWORLD AND GALLERY DOTWALK PRESENT: THE OTHER FACES (DOCUMENTARY)

FRIDAY 18 APRIL, CENTRE D'ART



THE OTHER FACES, Documentary by Premjish Achari, 2023 – 33 min.

'The Other Faces' is a film that documents the artistic thinking of the sculptor, Ravinder Reddy. In this directorial debut, Premjish Achari invites the viewer to panoramic landscapes, bustling streets, vibrant beaches and intimate studio spaces to make sense of the artistic process of the sculptor, Ravinder Reddy. Through stunning visuals and intense close-ups, the film documents the artistic impulse that inspires the creative process of one of the most celebrated sculptors from India.

Ravinder Reddy was born in Suryapet, Andhra Pradesh, in 1956. He is one of India's most important contemporary sculptors, known for his distinct style that has earned him critical acclaim, worldwide. In a career spanning over four decades, his works are featured in museums, public spaces and galleries across the globe, making an irreplaceable mark on Indian art.

- **Friday 18th April, 5pm**
- **Centre d'Art**



ATTENTION
AUROFILM'S SCREENINGS IN APRIL -
NEW VENUE AND TIMING!!!

Dear film lovers, we inform you that in the upcoming months from April to June, Aurofilm will not screen its Friday movies at the MMC auditorium/Cinema Paradiso. We hope to return in July after the summer!

However, during the month of April, we will be screening the Friday's films at our Studio in Kalabhumi, next to CRIPA. And we will start at 7:30pm.

We hope to raise enough financial support to continue promoting the best values of Cinema as a service to the community!

Therefore, Aurofilm is happy to announce that it has been accepted as an AVI USA partner. Here we are sharing the link to support us. You can consider becoming a monthly supporter!
<https://give.aviusa.org/page/AuroFilm>

Or, you can make your contribution through our financial collection account number **252658**.

We look forward to seeing you at our studio in Kalabhumi!

 presents at Aurofilm Studio in Kalabhumi (next to CRIPA)

Friday 11th April at 7:30 pm

"4 MONTHS, 3 WEEKS AND 2 DAYS" (Original title: 4 luni, 3 saptamâni si 2 zile)

Directed by Cristian Mungiu, Romania, 2007

With: Anamaria Marinca, Laura Vasiliu, Vlad Ivanov



Synopsis: In Communist Romania, two university friends, Otilia and Gabita, navigate a dangerous journey to obtain an illegal abortion. As Otilia sacrifices everything for Gabita, the film explores themes of courage, and sacrifice. The film powerfully highlights the emotional and moral dilemmas faced by women in a repressive society. Through the lens of their friendship, it exposes the brutal realities of living under oppressive regimes and the lengths people go to fight for their rights.

The film won three awards at the 2007 Cannes Film Festival, including the Palme d'Or.

Original English, Romanian and Serbian with English subtitles.
Duration : 1h53'

Friday 18th April at 7:30 pm

“THE HOLY INNOCENTS” (Original title: Los Santos Inocentes)

Directed by **Mario Camus**, Spain, 1984

With: Alfredo Landa, Francisco Rabal, Terele Pávez, Agustín González, Juan Diego



Synopsis : Set in rural Spain, the movie tells the story of Paco, a poor farm worker, and his family as they endure the oppressive and dehumanizing control of the aristocratic landowners they serve. Through the experiences of Paco and his family, the film explores the brutal class divisions and the exploitation of the lower class in a stagnant, rigid social system. The poignant performances and vivid storytelling bring to life the

struggles of those who are forced to endure inequality, highlighting themes of power, submission, and dignity. The movie won in 1984 the Cannes Jury Prize as it is a see for its powerful depiction of social injustice and its unforgettable portrayal of human endurance.

Original Spanish with English subtitles. Duration : 1h43'

Friday 25th April at 7:30 pm

“THE VIRGIN SPRING” (Original title: Jungfrukällan)

Directed by **Ingmar Bergman**, Sweden, 1960

With: Max von Sydow, Birgitta Valberg, Gunnel Lindblom, Birgitta Pettersson



Synopsis: Set in medieval Sweden, The Virgin Spring tells the harrowing tale of a young woman, Karin, who is brutally attacked and murdered while on her way to church. Her parents, devastated by the loss, unknowingly take in the three men responsible for her death, leading to a shocking and tragic confrontation. Director Ingmar Bergman weaves a tale of revenge, faith, and the search for justice, exploring the themes of innocence, guilt, and the

complexities of human morality. The film won the Academy Award for Best Foreign Language Film as it is a must-see for its masterful storytelling and unforgettable exploration of vengeance and moral conflict.

The film will be introduced by Dr. Alexander Pereverzev!

Original German, Swedish, Serbian version with English subtitles. Duration: 1h29'

Note: Contributions are very welcome!
Aurofilm Collection
Acc. No. 252658



Cinema Paradiso

Multimedia Center (MMC) Auditorium

Film program : 14th - 20th April 2025

Cinema Paradiso-Multimedia Center is operating at 100% seating capacity. Seating starts about 15mins before screening and stops as the film starts. Kindly arrive in time.

A reminder not to use cell phone for any reason while the program is on, and no food/beverage to be taken inside the hall.

INDIAN - MONDAY 14 APRIL, 8:00 PM:

- DHONIMA

India, 2024, Writer-Dir. Jagadeesan Subu w/ Kaali Venkat, VishavRaaj, Mogli K. Mohan, and others, Drama, 107mins, Tamil w/ English subtitles, Rated: NR (G)

In a struggling household, Koti, an alcoholic father, neglects his deaf son, Dravid, while his determined wife, Dhanam, works tirelessly as a housekeeper. When she finds an abandoned golden retriever, she decides to keep it despite financial strain, hoping it will bring comfort to her son. Koti wants to name it Dhoni after the cricketer but changes it slightly since it is a female pup. As challenges mount, their journey becomes one of resilience, sacrifice, and unexpected hope. *We bring this heartwarming film to celebrate Puthandu! Wishing you a joyous Tamil New Year!*

POTPOURRI - TUESDAY 15 APRIL, 8:00 PM:

- A RIVER RUNS THROUGH IT

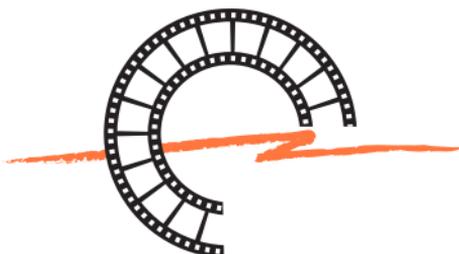
USA, 1992, Writer-Dir. Robert Redford w/ Craig Sheffer, Brad Pitt, Tom Skerritt, and others, Docu-Drama, 123mins, English w/ English subtitles, Rated: PG

In 1920s Montana, brothers Norman and Paul grow up under the watchful eye of their strict minister father. While Norman is disciplined and reserved, Paul is rebellious and free-spirited. Their shared love for fly fishing binds them together, even as life takes them on different paths. As they navigate family, love, and personal struggles, the river becomes a symbol of their journey.

Rating codes we often use are from Motion Picture Association of America (MPAA): G= General Audiences, PG= Parental guidance suggested, PG-13= Parents strongly cautioned, R= Restricted (equivalent to Indian rating: A i.e., for Adults), NR= Film Not Rated, Rating awaited.

To organize a seminar/program at MMC kindly email us at mmcauditorium@auroville.org.in. Our projector is crawling towards the end of its life, making us look for a new one. We request you to financially support through a one-time or recurring donation to "Cinema Paradiso" (account #105106) or set up for a monthly contribution.

Thanking You,
MMC/CP Group Account #105106,
mmcauditorium@auroville.org.in





Eco-Film Fest 2025



ECO-FILM FEST :

WEDNESDAY 16 APRIL - TUESDAY 22 APRIL.

PLEASE SEE SEPARATE ANNOUNCEMENTS FOR THE
ECO-FILM FEST 2025.

Eco-Film Fest

This year marks the 20th edition of Eco-Film Fest—our week-long celebration of ecological, environmental, and socially rooted films, running (except for 2020) since 2005. From April 16 through Earth Day on April 22, we bring you a powerful lineup of documentaries on sustainability, justice, livelihoods, and our bond with the natural world. Each is a must-watch—with one-time screening rights only, so don't miss these rare gems!

This may be the final year of the Fest. For two decades, we've managed it on a zero earmarked budget—but access to cutting-edge films, a hallmark of this series, is now harder without dedicated funds. Heartfelt thanks to Kathryn Toll, Mariah Mellus, and the Utah Film Center for helping us secure a couple of films this year.

Join us as we celebrate 20 years of thought-provoking cinema—and perhaps a gentle farewell to this cherished tradition.



Cinema Paradiso

Eco-Film Fest 2025

Multimedia Center (MMC) Auditorium

Film program: 16th - 22nd April 2025

ECO-FILM – WEDNESDAY 16 APRIL, 8:00 PM:

- **FOLLOW THE RAINS**

Australia, 2024, Writer-Dir. Catherine Marciniak w/ Stephen Axford, Documentary-Nature, 77mins, English w/ English subtitles, Rated NR (G)

With extra rain this year, mushrooms have been appearing in abundance. It feels fitting to begin this series with the story of world famous fungi hunters—a photographer and a filmmaker—who take audiences on an extraordinary journey into the Australian wilderness, where the intricate dance between fungi, plants, and animals reveals nature's greatest secrets.

ECO-FILM – THURSDAY 17 APRIL, 8:00 PM:

- **BITTERSWEET**

India, 2020, Writer-Dir. Ananth Mahadevan w/ Vivek Chabukswar, Akshaya Gurav, Anil Nagabhar, and others, Drama, 101mins, Marathi w/ English subtitles, Rated: NR (PG)

In a rural village, Saguna, a determined young woman, is forced to quit college and work in sugarcane fields to support her family. She soon discovers the harsh reality faced by female laborers—no access to basic sanitation and the pressure to undergo dangerous medical procedures to avoid missing work. As she fights against exploitation, she must make an agonizing choice between survival and dignity.

ECO-FILM – FRIDAY 18 APRIL, 8:00 PM:

- **LET THERE BE DARKNESS**
- **CHASING TIME**

Let There Be Darkness -

India, 2023, Writer-Dir. Dyutiman Bhattacharya w/ Barun Chanda and others, Documentary, 18mins, English w/ English subtitles, Rated: NR (G) - As city lights expand, the beauty of night fades. This film uncovers light pollution's impact on wildlife, health, and ecosystems, urging us to reclaim darkness through poetic storytelling and expert insights. *Shared by its director—an artist, novelist, actor, and IPS officer—it offers a powerful reflection on what we risk losing.*

Chasing Time -

USA, 2024, Writer-Dir. Sarah Keo & Jeff Orlowski Yang w/ James Balog, Kieran Baxter, Hrafnhildur Hannesdóttir, and others, Documentary, 40mins, English w/ English subtitles, Rated: NR (PG) - Building on the revelations of Chasing Ice and Chasing Coral (both screened here), this film returns to Iceland as renowned photographer Balog concludes his life's work. Stunning visuals and scientific insights capture climate change's irreversible impact, offering a powerful reflection on humanity's role in shaping the planet's future. *We sincerely thank the film team for sharing this screening with us.*

ECO-FILM – SATURDAY 19 APRIL, 8:00 PM:

- **PLASTIC PEOPLE**

Canada, 2024, Writer-Dir. Ben Addelman w/ Ziya Tong, Rick Smith, Mary Kosuth, and others, Documentary, 84mins, English w/ English subtitles, Rated: NR (PG)

This award-winning film uncovers the invisible threat of microplastics invading our bodies—from organs to bloodstreams, even reaching newborns before birth. As scientists expose the dangers of single-use plastics, it reveals an escalating crisis affecting us all, often unnoticed and unseen all around us. *We extend our heartfelt thanks to the filmmakers for sharing this powerful film with us!*

ECO-FILM – CHILDREN’S MATINEE SUNDAY 20 APRIL, 4:30 PM:

• **MAVKA: THE FOREST SONG**

Ukraine, 2023, Dir. Oleh Malamuzh -Oleksandra Ruban-Yevheniy Yermak w/ Sarah Natochenny, Mike Polloc, kMarc Thompson, and others, Animation-Fantasy, 99mins, English w/ English subtitles, Rated: NR (PG)

In an enchanted forest, guardian spirit Mavka falls for Lukas, a gifted musician. As dark forces rise, she must choose between protecting her sacred realm or following her heart. With loyal companions Hush and Swampy, a tale of magic, sacrifice, and the power of love unfolds.

ECO-FILM – SUNDAY 20 APRIL, 8:00 PM:

• **THE WHITE HOUSE EFFECT**

USA, 2024, Dir. Bonni Cohen-Pedro Kos- Jon Shenk w/ George Bush, Ronald Reagan, and others, Documentary, 94mins, English w/ English subtitles, Rated: NR (PG)

This engaging film explores the dramatic origin-story of the climate crisis and how a political battle in the George H.W. Bush administration changed the course of history. *We extend our gratitude to the filmmakers for sharing this compelling story with us!*

ECO-FILM – MONDAY 21 APRIL, 8:00 PM:

• **TO DYE FOR**

USA, 2024, Writer-Dir. Brandown & Whitney Cawood, Documentary, 84mins, English w/ English subtitles, Rated: NR (PG)

After discovering their child’s severe sensitivity to synthetic dyes, two parents embark on a journey to uncover the hidden dangers of artificial food coloring. As they navigate scientific research and personal struggles, they expose the widespread impact of dyes on health and well-being, challenging industries and raising awareness for a safer future.

ECO-FILM – TUESDAY 22 APRIL, 8:00 PM:

• **GREEN SUPER HEROS 20230**

USA, 2024, Writer-Dir. Los Angeles Barea w/ Connor Berryhill, Mandeiya Flory, Zachary Fox-Devol, and others, Documentary, 79mins, English-and other languages w/ English subtitles for non English usage, Rated: NR (G)

This film follows young individuals restoring fragile ecosystems, demonstrating resilience and innovation in the face of environmental challenges. Through stunning visuals and compelling stories, it inspires urgent action and hope for a sustainable future. *Selected as PBS in collaboration with the Colorado Environmental Film Festival for their Earth-Day feature, we warmly thank the filmmaker for sharing this meaningful premiere screening in India with us!*



COMMUNITY SERVICES

ESSENTIAL SERVICES

AUROVILLE'S FINANCIAL SERVICES (FS)

- **Timings:** Monday to Saturday, 9am - 12:30pm, and 3pm - 4:30pm
- **Phone:** 0413 2622171
- **Email:** financialservice@auroville.org.in

ELECTRICAL SERVICE (AVES)

- **Timings:** Monday to Saturday, 8am - 4:30pm
- **Phone:** 0413 2622132/ 94888 68747 for fault works, repair works and job works
0413 2622264 clarifications reg. electricity bills, job & repair works bills
- **Email:** aves@auroville.org.in

GAS BOTTLE SERVICE

- **Timings:** Monday to Saturday, 9am - 1pm and 2pm - 4pm
- **Phone:** 0413 2622452
- **Email:** avgasservice@auroville.org.in

WATER SERVICE

- Monitors water lines and supply within AV, undertakes water-related jobs.
- **Timings:** Monday to Saturday, 8am - 12pm and 2pm - 4:30pm
- **Phone:** 0413 2622877, 89035 53246
- **Email:** avwaterservice@auroville.org.in

ECO SERVICE (WASTE COLLECTION/MANAGEMENT)

- **Timings:** Monday to Saturday, 8:30am - 12:30pm, and 1:30pm - 4:30pm
- **Phone:** 94435 35172
- **Email:** ecoservice@auroville.org.in

POUR TOUS DISTRIBUTION CENTRE (PTDC)

- **Timings:** Monday to Saturday, 9am - 5pm
- **Phone:** 0413 2622746/ 2622796
- **Email:** ptdc@auroville.org.in

POUR TOUS PURCHASING SERVICE (PTPS)

- **Timings:** Monday to Saturday, 8:30 am – 5:00 pm
- **Phone:** (0413) 2622152

AUROVILLE LIBRARY TIMINGS

Our timings are:

Mornings:

- Monday to Saturday : 9am - 12.30pm

Afternoons:

- Mon, Wed, Thurs, Fri & Sat: 2pm - 4.30pm
- Tuesdays : 4pm - 6.30pm

Children's Storytime! All ages welcome!

- Every **Saturday** between 10am - 11am.





Do good for the love of good and not
in hope of a reward.

Be good for the joy of being good and
not for the gratefulness of others.

The Mother

HEALTH

SANTÉ SERVICES IN APRIL 2025

Santé

Working Hours:

Monday - Saturday: 9:00 - 12:30pm & 2:00 - 4:30pm

Tests and Sample collection:

Monday - Friday: 8:30am - 12:00pm.

No sample collection on Saturday.

For emergencies, contact:

Auroville Ambulance (24/7) - Phone: +91 94422 24680

Government Ambulance (24/7) - Phone: 108

Appointment

Please call Santé (0413) 262 2803 during working hours for an appointment.

Doctor Consultation with Dr. Gunashree & Dr. Sana: Monday to Saturday	Nurse Care - Thilagam, Ezhil, Archana & Sandhya: Daily: no appointment needed
Ayurveda with Dr. Berengere: Mon (classes*) / Tue / Wed / Fri	Integrative Psychotherapy with Juan Andres: Monday to Friday
Physiotherapy & Massage with Galina: Monday to Friday	Homeopathy with Michael: Monday / Wednesday / Saturday
Midwifery & GYN Care with Paula: As per availability	Soundbed Session with Sandhya / Thilagam: Monday to Saturday
Bio-Well Assessment (Evaluation of your well-being) with Helena – email adminsante@auroville.org.in	

*Ayurveda Classes:

2:00pm – basic principles of Ayurveda

3:30pm – reading of Ashtanga Hrudaya (one of the 3 main literature on Ayurveda)

In Santé, we value our patient's confidentiality and make every effort to ensure their privacy.

In case of cancellation or to reschedule, it is necessary to inform us in advance.

HEALTH CENTER - KUILAPALAYAM

Contact: (0413) 3509942 / 3509943

Pharmacy:

- 8:00am - 5:30pm Monday to Saturday

Doctor Consultation:

- 8:30am - 5:00pm Monday to Friday
(1 - 2pm Lunch Break)
- 8:30am - 1pm (Saturday)



DENTAL CLINIC - KUILAPALAYAM

- **Timings:** Monday to Saturday, 9am - 5pm daily
- **Phone:** 0413 2622007/ 2622265
- **Email:** aurodentalcentre@auroville.org.in

NURSE SERVICES

My name is Madhi and I'm 27 years old. I was born and brought up in AV.

I have done my bachelor degree in B.SC (Nursing) and I have more than three years experienced as a Staff Nurse in hospital (one year in psychiatric ward, six months in ICU and six months in emergency) and giving care for elderly people in AV past 2 years.

Services:

- Patient assessment and care plan.
- Medication administration.
- Vital signs monitoring.
- Wound care.
- To provide blood and lab test .
- Personal care assistance.
- Patient education.
- Fall prevention strategies.
- Providing assistance with bathing, dressing, grooming, and toileting needs.
- Communication and collaboration with physicians.
- Documentation of medical reports.
- End-of-life care.



If you need any assistance please do contact below-mentioned email or contact number.

Contact: 95972 22826 (Madhi) call/WhatsApp

E-mail Id: madhiazhagan014@gmail.com

TIME TO SUMMERNATE

AYURVEDA HEALTHY TIPS



According to Ayurveda, the qualities of summer are hot, sharp, and penetrating. That's why our *pitta dosha* - the subtle fire that controls metabolism and transformation - can cause us to overheat. The sun saps the energy from the body, from the plants and the earth, increasing heat and dryness.

Pitta needs to be looked after to maintain a good energy, mental clarity, joyfulness, good digestion and blood circulation, a beautiful glow of the skin and a sound sleep.

When Pitta is out of balance it will give skin problems, hot flashes, exhaustion, indigestion or loose stool. Emotionally, excess Pitta manifests through irritation, short-temper, impatience, judgement/criticism, perfectionism...

Before Pitta reaches uncontrollable heights, remain cool, calm and pamper the liver:

With the food: As Agni (digestive fire) weakens, it is better to eat light, unctuous (slightly oily), cooling food such as salads and juices.

- Favorable taste: Bitter taste, Sweet taste (to take moderately in case of diabetes and high triglycerides). Salty taste should be taken reasonably.
- Drink water stored in earthen pot.
- Raw food/salads are taken at lunch mainly.
- Proteins: mungdal, chickpeas, beans, sprouts, nuts and seeds, non-veg: white meat, fish, seashell, dairies for breakfast or lunch, eggs.

- Cereals for energy: jasmine rice, barley, red rice, millet (fermented ragi).
- Vegetables: pumpkin, bittergourd, bottlegourd, snakegourd, ashgourd, cucumber (taken separately), salads, green leafy vegetables, broccoli, cabbage, celery, carrots, drumstick (moringa), zucchini, plantain.
- Fruits: amla, pomegranate, banana, ramphala, chiku, papaya, apple, grape, date, watermelon and melon (to be taken separately), coconut.
- Beverages: buttermilk, sweet lassi, coconut water, mint, lemongrass, cardamom, chamomile, nannari (sarsaparilla), amla juice, watermelon juice, vegetable juice, cucumber milk (blend ½ cup of peeled cucumber in 1 cup of milk - cow or other veg milk - with a pinch of sugar), electrolyte (1 lemon juice + 1 tsp of sugar + 1 pinch salt in a glass of water).
- Lipids: ghee, olive or sunflower or coconut oil.
- Spices: cumin, coriander, black pepper, turmeric, fennel seeds, fresh aromatic herbs (dill, coriander, fennel, mint, parsley, saffron).



Avoid:

- Pungent and sour tastes (especially for people who are Pitta dominant).
- Pitta increasing items: chillies, fermented food (apart from idli and dosai), deep-fried, sour buttermilk or curd, red meat, alcohol (strong liquor, red wine), coffee ...
- Drinking beverages coming from the fridge or freezer during meals.
- Ice-cream at the end of a meal (best to be taken when the digestion is finished, around 4pm).

Routine to favour:

- Avoid direct sun contact specially between 11am and 4pm, and protect from the heat by keeping a humid towel/cap on the head.
- A nap of half an hour after lunch is allowed.
- Body massage with coconut oil – if there's no time every day to apply oil on the body, then massage ears, hands and feet + pour 4-5 drops of coconut oil on the fontanelle.
- Bath with cool water and apply a paste of sandalwood on the face, heart and lower abdomen (these are the 3 main parts that should remain fresh to maintain the coolness in the whole body); foot bath in the evening with vetiver roots, rose water or hibiscus flowers.
- Swimming, aquagym, any water activities. Qi-Gong, Tai Chi, light running: max 30 minutes early morning or late evening; walks in green environment, forest.
- Soft yoga, pranayama (Sheetali, Sheetakari, ida nadi inhalation-left nostril inhalation), meditation with Gayatri mantra.
- Walk under the moonlight, full moon bath.
- Wear loose and comfortable cotton or linen clothes (white, blue, green, gray colours).
- Cooling jewellery: sandalwood beads, jade, pearl, amethyst crystals, moonstone, silver, aquamarine.
- To refresh the ambiance use lemon or orange peel, jasmine flowers, lavender, wet cloth hanging at the open window, vetiver curtains.

Cooling plants for the summer:

- **Amalaki – Amla:** refrigerant and full of Vitamin C, rejuvenative fruit.
- **Aloe vera:** rejuvenates blood and tissues.
- **Aegle Marmelos – Bael fruit:** make juice from the pulp and decoction with leaves, it calms body and mind. It is slightly laxative, do not take during pregnancy.
- **Coriander:** seeds soaked in water for urinary infections, kidney weakness.
- **Red Hibiscus:** leaves and flowers for shampoo and conditioner; flowers for herbal tea.
- **Manduka parni – Centella asiatica leaves:** rejuvenative and tonic for brain and nerves.
- **Pudina – Mint leaves:** herbal tea or dishes.
- **Radha consciousness – Clitoria Terneata flowers:** herbal tea or juice.
- **Sarsaparilla – Nannari syrup:** soothing and cooling.
- **Shataavari – Asparagus racemosus:** cooling, calming Pitta, very good for Vata women to harmonize hormones.
- **Vetiver roots:** for bathing.
- **Yashtimadhu – Licorice:** to refresh the body and to calm irritation, inflammation or ulcer in the digestive tract.

Wishing you a beautiful summer

Be @ Santé Clinic

ACCESS TO THE PARK OF UNITY AND MATRIMANDIR

The Park of Unity

The Matrimandir, the Petals, the Lotus Pond, Banyan Tree are areas of SILENCE

- The Park of Unity is open to Aurovilians and Newcomers
Daily: 6.00 AM to 7.30 PM
- Aurovilians may bring close family and friends to the Gardens
Daily: 9.00 AM to 7.30 PM
- Volunteers and Pass holders require a pass to enter the Park of Unity. Timings will be indicated on the pass.
- Published events in the Park of Unity are open to Aurovilians, Newcomers, Volunteers, Pass holders and Guests. Guests should bring their Aurocards.

The Inner Chamber of the Matrimandir

The Matrimandir is a place for silent individual concentration.

- The Inner Chamber is open to Aurovilians and Newcomers:
Monday – Saturday 6.00 AM to 8.00 AM
4.30 PM to 7.30 PM
Sunday 6.00 AM to 12.00 PM
4.30 PM to 7.30 PM
- The Inner Chamber is open to SAVI registered Volunteers:
Wednesday – Monday 8.00 AM to 8.40 AM.
Arrival at 7.45 AM at the Office Gate
- The Inner Chamber is open to Aurovilians wishing to accompany a maximum of 5 close family and friends, no more than once in two weeks, with booking 3 to 5 days in advance at mmconcentration@auroville.org.in:
Any day except Tuesday & Sunday: 8.00 AM to 8.35 AM
Arrival at 7.45 AM at the Office Gate
- The Inner Chamber, the Petals and the Gardens are open to the Children of Auroville and the Outreach Schools:
Tuesday 9.00 AM to 11.00 AM
- Auroville units can bring their staff to the Inner Chamber with a prior booking at mmconcentration@auroville.org.in:
Tuesday 8.00 AM to 8.30 AM

Auroville TO PONDICHERRY

	Trip 1	Trip 2	Trip 3
Svaram Musical Center	7:00	8:50	14:50
Vérité Guest House - Junction	7:02	8:52	14:52
Town Hall - Main Parking	7:06	8:56	14:56
Solar Kitchen (Ex Round About)	7:10	9:00	15:00
Certitude Entrance	7:12	9:02	15:02
New Creation Road	7:17	9:07	15:07
SBI Bank—Kuilapalayam	7:19	9:09	15:09
ECR Junction—Aroma Guest House	7:23	9:14	15:14
Quiet Healing Center—Junction	7:26	9:17	15:17
Lotus Hotel—S.V Patel Salai	7:36	9:30	15:30
Ashram Road Junction	7:38	9:33	15:33
Ashram Dining Hall	7:40	9:35	15:35

Pondicherry TO AUROVILLE

	Trip 1	Trip 2	Trip 3
Ashram Dining Hall	8:00	12:15	18:10
Ashram Road Junction	8:02	12:17	18:12
Lotus Hotel—S.V Patel Salai	8:07	12:22	18:17
Quiet Healing Center—Junction	8:17	12:32	18:27
ECR Junction—Aroma Guest House	8:20	12:35	18:30
SBI Bank—Kuilapalayam	8:25	12:40	18:35
New Creation Road	8:27	12:42	18:37
Certitude	8:32	12:47	18:42
Solar Kitchen (Ex Round About)	8:34	12:50	18:44
Town Hall - Main Parking	8:38	12:54	18:48
Vérité Guest House - Junction	8:42	12:58	18:52
Svaram Musical Center	8:45	13:00	18:55

- Single Trip = ₹100 per person
- Monthly Scheme (Students + AV Workers) = ₹1200
- Monthly Scheme (Students + AV Workers) = (One Way) ₹850

Auroville Vehicle Service
Town Hall, Auroville, 0413 2623302



Join our WhatsApp group of Auroville Bus to get regular updates:

<https://chat.whatsapp.com/Lt43wBCBno1E6CTwoaUt2x>

EMERGENCY NUMBERS



Ambulance (24/7):

Auroville 94422 24680	PIMS 0413 2656271	
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Security (24/7):

Auroville Police Station 0413 2677318	Kottakuppam Police Station 0413 2236148	Vanur Fire Station 0413 2677368
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Health:

Health Center 0413 3509942 & 3509943	Santé 0413 2622803	Farewell 89038 36246
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Mental Health 24/7 Support:

Vandrevala Foundation +91 99996 66555

India Emergency Response Service (24/7): 108