

*Auroville*

# NEWS & NOTES

No 1065 - A weekly bulletin for residents of Auroville

6 March 2025

RA EDITION



## PONDERING

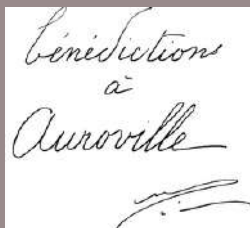
The only work that spiritually purifies is that which is done without personal motives, without desire for fame or public recognition or worldly greatness, without insistence on one's own mental motives or vital lusts and demands or physical preferences, without vanity or crude self-assertion or claim for position or prestige, done for the sake of the Divine alone and at the command of the Divine. All work done in an egoistic spirit, however good for people in the world of the Ignorance, is of no avail to the seeker of the Yoga.

Sri Aurobindo, Work, Lights on Yoga

<https://motherandsriaurobindo.in/chapterise.php?zbc=Sri-Aurobindo/books/compilations/lights-on-yoga/work>



# THE MOTHER ON AUROVILLE



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## SOME FUNDAMENTALS AUROVILLE AND RELIGIONS

### Page 43

To say "it is impossible to include this thing", simply means that its true place has not been found.

26.8.1971

\*

Widen your consciousness to the dimension of the earth and you will have a place for everything.

20.9.1971

\*

Auroville has been created for those who want to progress, *their own* progress.

This is written for each one; each one is concerned with himself first.

28.12.1972\*

\*

The true spirit of Auroville is *collaboration* and must be more so. True collaboration paves the way to divinity.

22.10.1972\*

### Page 44

## WORK AND DISCIPLINE

No big creation is possible without discipline—  
individual discipline  
group discipline  
discipline towards the Divine.

16.9.1968\*

\*

The important thing is the execution which is to be carried out without ever losing sight of the ideal we want to realise.

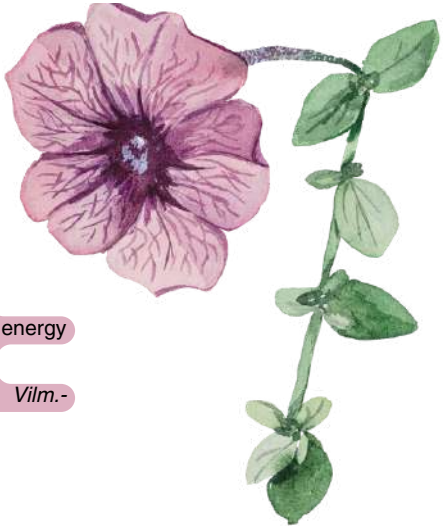
Dec.1968

\*

To all those who want to live for the future: A physical work is as indispensable to the balance of the body as food.  
To eat without working causes a serious imbalance.

Feb.. 1970

The city the earth  
needs.



**Enthusiasm in Action**

All actions are done with energy and ardour. -The Mother

*Petunia Xhybrida hort. Vilm.-Andr., Solanaceae.*

Petunia

True spirituality lies in the service of the divine work.

To refuse to work for all is only a demonstration of selfishness, and has no spiritual value.

The first thing to do to be able to live in Auroville is to consent to free oneself from one's ego.

24.2.1971

\*

In our smallest action we can serve the Divine if we have the right attitude.

15.4.1971\*

**Page 45**

It is in work done as an offering to the Divine that the consciousness develops best.

Indolence and inaction result in *tamas* which is a fall into in-science and the very opposite of progress and light.

To surmount one's ego and to live only in the service of the Divine, that is the ideal and the shortest way to acquire the true Consciousness.

27.4.1971

\*

"As for the principle that everyone should be allowed to do according to his nature, that can apply only where people do independent work by themselves; where many have to work together, it cannot always be done—regularity and discipline are there the first rule.

She (*The Mother*) refuses to yield to complaints and clamour born of desire and ego."

7.1.1937

Sri Aurobindo

(The above quotation was sent to all Aurovilians on 10.6.71.)

# NEWS & NOTES GUIDELINES

## DEADLINE FOR SUBMISSIONS: TUESDAY 5PM

The content of News & Notes is a reflection of the growth process of this community towards its ideals of Harmony, Goodwill, and Truth. Editing of submissions, mainly for reasons of space and clarity, is done according to an established policy.

## DISCLAIMER:

Please note that the opinions and views expressed on these pages are solely those of the respective authors or work groups and do not necessarily reflect the position of the editors or the larger Auroville community. The News & Notes aims to provide a platform for the publication of diverse perspectives and voices from multiple sources within Auroville.

While our editors strive to ensure the accuracy of the information presented, we cannot guarantee that all information is free from error or omission. Additionally, we cannot be held liable for any alleged misinformation provided or offence caused by the content published.

In the event of any dispute, we encourage readers to consult with the Auroville Council, and we reserve the right to suspend the publication of disputed material. Our commitment to providing an open and inclusive platform for dialogue and exchange of ideas remains steadfast.

The News & Notes team  
[newsandnotes@auroville.services](mailto:newsandnotes@auroville.services)

## LIST OF ACRONYMS:

**AVF** (Auroville Foundation), **AVFO/FO** (Auroville Foundation Office), **GB** (Governing Board), **RA** (Residents' Assembly)

The following groups are divided in two categories: The groups selected by the Residents' Assembly through Community decision making Processes and the groups put together by the GB and the FO (*not recognised by the Residents' Assembly*).

### Working groups selected by the Residents Assembly:

Working Committee (RA WCom)  
Funds and Assets Management Committee (RA FAMC)  
Budget Coordination Committee (RA BCC)  
Town Development Council / L'avenir d'Auroville (RA TDC)  
Auroville Council (AVC)  
Entry Service (ES)

### GB groups:

Working Committee (GB WC)  
Funds and Assets Management Committee (GB FAMC)  
Budget Coordination Committee (GB BCC / GB BCS)  
Auroville Town Development Council (GB ATDC)  
Housing Service (GB HS)  
Land Board (GB LB)

## NOTE FROM THE EDITORS



Dear Community,

### **Here is some important information:**

- You can read past issues and subscribe [HERE](#).
- If you wish to support the N&N community Edition, you can donate at this account no: **FS #252150**.
- Content sent through **@auroville.org.in** mail ID, will only reach us if you use this [FORM](#) to submit your content.
- The mail ID to submit content is:  
[newsandnotes@auroville.services](mailto:newsandnotes@auroville.services)

**Thank you for your continued support!**

In community,

The RA Community Edition News & Notes Team

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# WORKING GROUPS NEWS

## FROM THE ENTRY SERVICE

### ES # 241 DATED: 03-03-2025

The following people have been recommended by the Entry Board to join our community. Please share your feedback within 2 weeks for potential Newcomers, Associates and Friends of Auroville and within 4 weeks for Potential Aurovilians, Returning Aurovilians, Youth and Spouse/Partner of an Aurovillian in writing to [auroville.entryservice@gmail.com](mailto:auroville.entryservice@gmail.com).

*We thank you in advance.*

The Entry Board

(Amy B., Don, Fabienne, Grace, Mirco, Sara, Sonja, Vadivel)

### AUROVILIAN ANNOUNCED

- **Kalpana RADHAKRISHNAN (Indian)** staying in Maitreye and working at Isai Ambalam Guest House

### AUROVILIAN CONFIRMED

- **Jean Francois CLAUDE**

### NOT READY TO JOIN

- **Maheshwaran RAMESH**

### NOTE:

- A Newcomer becomes an 'Aurovillian' once his/her name has been confirmed by The Admission Committee (aka the Entry Board) after following due process.
- The date of becoming 'Aurovillian' is the date of confirmation. An Aurovillian confirmed by the Entry Board is eligible to participate in all community decision-making processes.
- The formal administrative step of entering new residents into the Register of Residents (RoR), is done by the Secretary of the Auroville Foundation. For this, a B-Form is filled in and signed by the individual and a meeting with the Secretary is arranged by the Entry Secretariat. However, until such time as a new Secretary is appointed, the meetings of Confirmed Aurovilians with the Secretary will be pending.

## FROM L'AVENIR D'AUROVILLE

### RA-TDC: LETTER REGARDING EXTENSIVE ABUSE OF TREES

Dear Residents,

On February 28th, a [letter](#) was sent to high government officials, the Joint Committee, the GB and the IAC. It addresses concerns about the constant and consistent abuse of trees by the GB-appointed ATDC and the CPWD, both overseen by the AVFO.

Despite the pending Supreme Court judgment on the NGT case, reports highlight unauthorised tree felling, financial opacity in timber sales, and ecological harm such as failed "transplantation" and bark stripping. The GB-ATDC, CPWD, and AVFO have yet to address these concerns. Sustainable development, environmental accountability, and responsible urban planning must balance growth with ecological preservation through lawful and transparent practices.

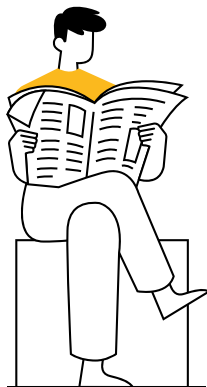
Thank you for your attention and commitment to Auroville's shared vision.

*All related documents, reports and letters can be found [here](#).*

In Service,

L'avenir d'Auroville

Anan, Divya L, Dorle (TOS), Island, Natasha S, Tom G



## FO GROUPS NEWS

(not selected by due Residents Assembly process)

### FROM THE FO N&N 1068

Please click [HERE](#) to read the FO groups news

## COMMUNITY NEWS



### OBITUARY

#### **DANIEL LEFT HIS BODY**

This is to inform the community of the passing of **Daniel Emdin** (Tanto / Sri Ma). His remains have been brought to Farewell.

Bidding a final farewell were from 4th - 5th March.

As per last wishes Daniel's remains will be traveling to his home town, Pisa, in Italy.

~ OM ~



### COMMUNITY SHARING

#### **NOTE RE MEETING SECRETARY AVFO AND MR KOSHY VARGHESE**

Dear Community,

We would like to inform you that on Thursday, 27th February, at the invitation of Mr. Koshy Varghese, a group of residents (Alain B, Christine, Fred, Matthieu, Sauro, Tom and Valli) had a meeting in

their personal capacity with the Secretary of the Auroville Foundation, Dr Jayanti Ravi, the overall officer in charge, Dr Seetharaman, and the consultant for visa matters, Mr Koshy.

Although the meeting was called to hear about the February 3rd gathering about the PKS case, the conversation also touched on various topics of concern regarding the Auroville administration and their impact on the community, which has created a sense of fear and insecurity, and deep distress.

Brief summary:

- At the beginning of the meeting Mr Koshy, the convenor, emphasized the need for more communication. It was pointed out that the Working Committee of the RA and the IAC have sent many, many letters and reports to the AVFO and the Governing Board, bringing important concerns to their attention. These have not been answered or acknowledged.
- Questions were raised about the new internal visa procedures that have become cumbersome and invasive. It was expressed by the Aurovilians present that differences of opinion cannot be a criteria to disqualify someone for a visa. It was pointed out that the system of linking visa recommendations to payment of so-called 'back dues' of what is a voluntary contribution to the BCC is unjustified.
- The issue of the cutting of maintenances and means of livelihood, including for forest workers, as well as removing competent people from their workplace with no justification, was also raised. Those present said they will submit a list of people who have been affected by these actions so that these cases can be looked into.
- It was noted that building a city is not only a matter of infrastructure and physical development, it is an effort to create a new humanity through human unity and collaboration.
- Regarding development, those present were reminded that the community's initiative of building the crown road through participatory planning (Dreamweaving the Crown) was ignored despite this huge collective effort to produce proposals.
- Questions were raised about the residence criteria and concern was expressed at the attempt to change the Auroville Foundation Act either de facto through regulations and standing orders or through amendments. There was no response specific to these questions regarding the criteria, only mention of the need to follow architectural norms and financial regulations.
- The Secretary and the officers present indicated that they were open to look into some specific visa cases that might be brought to them, the concern over injustices these might represent, and reiterated the need to have more regular communication by the Foundation Office. Through Mr. Koshy, specific cases will be brought to the AVFO with the hope that there will be some positive movements.

After this interaction, we look forward to actions that might lead to further dialogue. Let us see what the future will bring.

Sincerely,

Alain B, Christine, Fred, Matthieu, Sauro, Tom and Valli





# AUROVILLE DOG SHELTER

## MONTHLY TRANSPARENCY REPORT FEBRUARY 2025

### Overview

- New admissions: 15 (422 since April 2023)
- Rabies confirmed case: 0
- Adoptions and Releases: 10
- Vaccinations administered: 10
- ABC shelter dog sterilizations: 41
- Deworming: approx. 30 puppies



### Emergency Situation: FAMC Blocking Donations, Auroville Dog Shelter in Crisis

Following Cyclone Fengal, which destroyed the already deteriorated infrastructure of the shelter in December, a successful Donatekart fundraiser, supported by one of our partner organisations, "People for Animals," raised funds for essential repairs, food, and medicine for the Auroville Dog Shelter.

In late December, Donatekart transferred ₹11.5 lakhs to the Unity Fund after submitting all necessary documentation and signing an MoU to comply with government and AV regulations in terms of transparency and compliance. However, FAMC has blocked these funds for weeks, citing a nonexistent or non-updated Auroville policy regarding third-party donations, despite other Auroville units successfully receiving such donations for many years. FAMC's compliance officer, Margarita, falsely claimed the shelter had been the sole recipient of Donatekart/Milaap funds since February 2024. This is untrue, and Unity Fund confirmed that several other AV Units and activities have successfully fundraised through third-party platforms and received their donations through DCG. Only the Auroville Dog Shelter had been singled out and targeted in a discriminatory way.

During a meeting with high-level auditors, our executive and manager were informed that the FAMC's concerns regarding third-party donations are not specific to the Auroville Dog Shelter. The auditors clarified that FAMC needs to develop a comprehensive policy addressing the use of such platforms across all Auroville units and activities. They stated, "Raising funds through such portals have many issues, and this is an organizational decision to set up a suitable process and conditions for how fundraising will be done. As auditors, it is not for us to decide on these issues. We can only comment on appropriateness from compliance and control perspectives when a policy and process is put in place for the same. Accordingly, I am requesting that you take this up with FAMC or other appropriate level internally to determine on this." Essentially, the auditors emphasized that the responsibility for creating a clear policy lies with FAMC, and until such a policy is established, the Auroville Dog Shelter, along with all other units and activities that receive donations through third-party platforms like Milaap, Donatekart, Reach for the Stars, GoFundMe etc., remain in a state of uncertainty.

### This blockage in crucial donations has plunged the shelter into a severe crisis.

With funds depleting in two weeks, we face imminent inability to provide food, medicine, or services, endangering the lives of our canine population and Auroville's safety. BCC only provides Rs. 50,000 per month, which is not even close to covering our monthly running costs of Rs 3.5 lakhs. A petition signed by 800 supporters to increase their funding has so far been ignored. The Auroville Dog Shelter was told by FAMC that they have to fundraise to survive. We did, but now FAMC is withholding the funds, which is causing the shelter to experience existential problems. This emergency situation, endangering the lives of animals in our care and the safety of AV residents and visitors, forces us to inform the Department of Animal Husbandry and the AWBI.

## As a result of the decision by FAMC to halt our donations, we had to:

- Terminate half of our animal care staff, employing only half of the staff required according to the Animal Welfare Board of India
- Halt all sterilizations, jeopardizing our commitment to the Department of Animal Husbandry and our 1000-dog sterilization program.
- Become unable to pay a ₹1.3 lakh vaccination invoice which was due on 1. March, risking animal and human health as we are unable to vaccinate animals despite Auroville having been declared a rabies outbreak area.
- Stop all repair and upgrade work and dismiss all temporary workers and helpers. Due to a lack of building permission, we had purchased second-hand shipping containers and turned them into an urgently needed puppy house, a rescue, and an ABC kennel. This needed space extension cannot be completed due to the blockage of funds.

## We urgently demand:

- Immediate release of the blocked funds.
- FAMC to develop clear, consistent policies for third-party donations, applicable to all Auroville units, in full compliance with Indian law and Auroville regulations.

The shelter's survival and the well-being of Auroville's dog population and the safety of residents, visitors, and guests are at stake.

## **Expenditures**

- *Animal Food:* In February, we fed our dogs 1.7 tons of rice, 2 tons of chicken, and 600 eggs, supplemented with donated food items like vegetables and daal, which cost us approx. 1 lakh.
- *Staff Costs:* Total staff costs for this month for our workers paid animal care staff, 3 veterinarians (surgery team), and volunteers were approximately 1.5 lakh
- *Medical Costs:* Medicines purchased in this month. Unpaid bill of Rs. 1.3 lakhs for medicines still open
- *Infrastructure Improvements:* We have almost completed our extension in the form of 3 containers. A detailed overview of the expenses will be published soon due to a lack of staff and time at the moment.

## **Project “Sterilising 1000 Dogs in 1 Year” - halted**

Due to the blocking of our donations, we had to take the tough decision to halt all sterilisations for the time being as we are unable to pay our surgeons and purchase the necessary medicine. The Department of Animal Husbandry

has been informed about the seriousness of the situation the shelter is facing. We apologize for the problems this decision is causing and hope that the issue can be resolved soon so we can try to restart our sterilisation project.



## **Puppy Fair 2025**

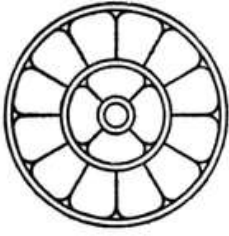
In a short note, we want to thank everyone for their immense contribution to make our annual “Puppy Fair” a sounding success. Several puppies and adult dogs have found new forever homes, and lots of animal care organisations, social media influencers, well-wishers, supporters, and animal lovers have enjoyed our event.

In Service

Auroville Dog Shelter Team

Tine, Arthur, Mar

## THE MOTHER'S SYMBOL IN MULTIPLE LANGUAGES



Available for reading and download:  
<https://auroville.org/page/the-mother-s-symbol>

Over the years, the Mother's symbol and Her Powers has been translated into 46 languages, including the four languages of Auroville, i.e. Tamil, French, Sanskrit and English, as well as indigenous languages

and those used across the world, including Afrikaans, Amharic, Arabic, Assamese, Bahasa Indonesia, Bulgarian, Chinese, Croatian, Czech, Danish, Dutch, Esperanto, German, Gujarati, Hebrew, Hindi, Hungarian, Italian, Japanese, Kannada, Korean, Lithuanian, Macedonian, Malayalam, Marathi, Nepali, Niugini Pisin, Norwegian, Odia, Persian, Polish, Portuguese, Punjabi, Romanian, Russian, Spanish, Swahili, Swedish, Telugu, Tibetan, Ukrainian, Urdu.

The longer file with quotes for each of Her Powers are currently available in seven languages: Chinese, English, French, Italian, Nepali, Spanish, Tamil.

### Have it in your language?

If your language is not on the lists above, would you like to have it translated into your mother tongue and/or other language(s) of proficiency by volunteering yourself or recommending someone else?

Please write to Anandi Zhang at [symbol-in-translation@auroville.org.in](mailto:symbol-in-translation@auroville.org.in)

Thank you.



## STARTUP TAMILNADU ENTREPRENEURSHIP PROGRAM SPARKS NEW INITIATIVES IN AUROVILLE

### A THANK YOU NOTE

The March 1st event at Unity Pavilion brought together a vibrant mix of participants—from experts in insurance and telecom to innovators in AI, mobile applications, and creative start-ups. The inspiring session not only showcased diverse entrepreneurial ideas but also reinforced Auroville's commitment to collective service over personal profit.

With generous support from Unity Pavilion, Ilaignarkal Education Centre, Flourish, and Talam, the program has set the stage for regular meetups. These sessions will focus on social entrepreneurship and compliance support for startups in nearby villages, fueling further growth of our unique ecosystem.

Stay tuned for more updates on our upcoming initiatives that continue to blend innovation with Auroville's higher purpose. Feel free to reach out to me by email or whatsapp if you would like to be part of it (email - [siva.sunram@gmail.com](mailto:siva.sunram@gmail.com) or WA- +91 94863 40513)

*Much love,  
Sivakumar*



## HEALTH FUND

### END OF THE FINANCIAL YEAR ANNOUNCEMENT

Dear Health Fund Members, 28-01-2025

The end of the Financial year is approaching and like we do every year, we request you to please submit your medical bills from April 2024 onwards. If you have any lying around, that is.

**We need them before the 27th of March 2025!** That is our last working day for the month of March. **Medical bills from March 2025 can be refunded in April 2025, but only the bills from March!**

Please don't wait till the last day, and do us the courtesy of submitting them as soon as possible.

We will be publishing this message every week until March to inform everyone as well as hang them at PTDC and PTPS.

We thank you dearly for your cooperation.

Best,

Stefan and Meenal

Auroville Health Fund

## ASSISTANCE TO AMERICAN SOCIAL SECURITY RETIREES AND APPLICANTS

Greetings, I am Gary, a Friend of Auroville, from America whose career was with the Social Security Administration, the primary USA retirement and disability system.

Should any in Auroville be potentially eligible or receiving its benefits and have questions I would be happy to volunteer my assistance. Its Supplemental Security Income (SSI) program may also be of interest should future US residence be contemplated.

Please first email me a synopsis of your concerns at [gary@ionet.net](mailto:gary@ionet.net) as well as your WhatsApp number. **Put \*Auroville/SSA\* as the subject line of your email.** I will be in Auroville till mid-April but can also respond remotely once back in the US. Thank you.

## RESIDENTS SPEAK

### CHRONICLES OF DAWN

#### CHAPTER 6 - THE BINDING CIRCLE

In the early days of the City of Dawn, the wise ones had spoken of circles - but they spoke of them as living things, like the cycles of seasons, like the great round dance of stars above. They drew circles in the red earth, yes, but these were circles that breathed with the land, that followed the flow of water and wind, that made space for ancient trees and sacred groves.

Now a different kind of circle was being imposed upon the land - the Perfect Circle, they called it. Seventeen measures wide, exactly the same at every point, cutting through forest and valley, garden and grove with geometric precision. Its architects spoke of unity and order, of bringing all parts of the city together. But those who looked deeper saw something else at work.

"Have you not heard the old tales?" the elders would ask. "Of other rings that promised power, that spoke of binding all things together? Have you forgotten how those tales ended?"

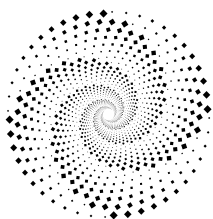
For they remembered something that the planners in their towers had forgotten - that true unity cannot be imposed from without, but must grow from within, like a tree reaching both up



to light and down to darkness, finding its own way to balance and harmony.

The Perfect Circle was more than just a road. It was a symbol of two vastly different ways of seeing the world - one that sought to impose order from above, and another that understood the wisdom of organic growth and natural flow. One that saw progress as a straight line forward, and another that saw it as a spiral dance of evolution.

In the archives of the City of Dawn, there were drawings from the early days - visions of a city that would grow like a galaxy, spiraling out from its center in patterns that echoed the sacred geometries found in nature. But these were living patterns, meant to evolve and adapt as the community grew in consciousness. They were never meant to be frozen into rigid forms.



Those who pushed for the Perfect Circle spoke of the future they could see from their towers of Mind. "See how it will connect all parts of the city," they said. "See how it will bring order to chaos." Their words carried the weight and authority of mental fixedness, backed by

the force of machines that could reshape the earth itself.

But others looked at the same plans and saw something different - a kind of binding, a constraint upon the organic growth that had characterized the City of Dawn since its founding. They saw how the Perfect Circle would cut through places where the land itself suggested other paths, how it would divide communities that had grown together naturally, how it would impose rigidity upon a living ecosystem.

In quiet gatherings, some began to speak of deeper patterns at work - how throughout history, the straight line and the perfect circle had often been tools of control, imposing human will upon the organic complexity of nature. They remembered how the founders had spoken of a different kind of order - one that grew from within, that respected the wisdom written in the land itself.



"Look at how water flows," they would say, tracing the natural patterns in the earth. "Look at how trees grow, how communities form. There is order here, yes, but it is a living order, one that adapts and evolves."

Yet even as the Perfect Circle cast its shadow over their dreams, something unexpected began to stir in the community. The very threat to their organic way of life was pushing them to articulate more clearly what they were protecting - not just trees and buildings, but a different way of understanding progress itself.

They began to write and to articulate their voices - not just about the canopy and water flows that would be disrupted, but the wisdom that had guided their development for fifty years. They created maps showing how their communities had grown naturally along the contours of the land, how their paths followed ancient water flows, how their circles breathed with the rhythm of life itself.

As they contemplated the Perfect Circle, they found themselves not just questioning a road's design, but encountering a fundamental choice about human becoming - whether to impose perfection from without or allow it to emerge from within, whether to dominate nature's wisdom or learn to dance with it. This was no longer about urban planning but about humanity's next step.

And so, even as the shadow of the Perfect Circle grew longer, they held to their deeper knowing. They remembered the words of the Lady of Light, who had spoken not of imposed uniformity, but of

unity arising through diversity, like a garden where many flowers bloom together. They remembered that their task was not just to build a city, but to discover a new way of living that the world desperately needed to learn.

For some circles are meant to bind, while others are meant to embrace. Some bring death through rigid perfection, while others bring life through organic wholeness.

The question was: which circle would they choose to serve?

**[To be continued...]**

*[Author's note: Any resemblance to current events or persons, living or mythological, is purely coincidental and exists only in the reader's imagination.]*

To read all chapters of this series, please visit:  
<https://auroclam.substack.com/>

*by Clam Aduelaie*

## **PART 2 - THE "WORK" TREE: A MARTYRED BLESSING FOR THE EARTH**



The Work Tree is a secondary pioneer. It grows in areas where the soil is exposed to the sunlight, but where there is nevertheless a modicum of top soil. It works the superficial layers of the soil and makes it biologically active thanks to the dynamism of its shallow root-systems and nitrogen fixing nodules. It does not get established where all the top soil has been washed away leaving the sub-soil exposed. In these conditions, the Silver Work Tree thrives, a primary pioneer. After the Silver Work Tree has grown for a couple of years, the improved soil enables the Work Tree to grow. After the Work tree has grown for a few years, the improved soil, the increased shade and moisture capital under its crown invite a large diversity of other species, both pioneers more advanced in the succession, and evergreens. And under its crown, its own seeds are not able to germinate effectively; they will only germinate beyond the drip-line of the tree. All of this is easily observable on the Auroville plateau, but not in forests where the steward is constantly interfering with the succession and removing plants and trees based on likes and dislikes. If the Work Tree is removed, the sunlight reaching the ground increases, and its seeds are able to germinate.

It does not have leaves but phyllodes, modified petioles, flattened and widened. That is what gives it extraordinary qualities in environments such as Auroville's where potential evapotranspiration is significantly higher than precipitation: they have an evergreen behavior because the phyllodes remain on the tree much longer than any other pioneer species in the same conditions. The result is the extra shade it creates during the summer compared to trees such as Teak, *Dalbergia*, *Careya* or *Albizia*, for example, so-called *natives*.

### **Looking at the big picture**

If one zooms out a little and allows oneself to expand one's horizon, one realizes that many of the concepts one uses are impertinent and actually counter-productive, concepts such as

native or exotic, aggressive or invasive, alien or indigenous, pests or simply, bad plants:

- **Flowering plants are 60 million years old.** Their seed and pollen have been travelling the globe in the winds, in water and across land in a multitude of ways for periods of time which hugely predate even our earliest Homo forefathers. Plants were speciating and spreading across the entire earth well before our species came into existence and invented political boundaries, armies, flags, check-points and passports. They existed before we existed. Before our fateful advent and the psychological projection of our primitive nationalisms and racism onto plants, there were no borders. In fact, there are still no borders for plants. National borders have a reality only in the ego of man. They don't exist for the rest of the millions of living beings on Earth. A plant can only be considered a foreigner, an alien or an exotic if we project onto it our own latent racism or primitive nationalism and xenophobia. There are no native plants. There are no exotic plants. There are simply plants that live on Earth in conditions that are environmentally conducive to them at a given point in space and time.
- **Ecology is dynamic.** The distribution of flora is dynamic. The associations of plants are dynamic. Nothing is static in ecology. Because we live for such short periods of time and are mostly afraid of death, we cultivate a sense of security in squashing the enormously long time-frames of nature into years and decades, which are the units of time which make sense to our life-spans. Trees can live thousands of years.
- **The terms native and exotic are senseless in ecology** because they imply fixity of time and space. But as we have seen, ecology is intrinsically dynamic. If one considers a plant native, or exotic, then it is arbitrary and one must define both the unit of time and of space we are talking about:
  1. For how long does a plant have to be found living within the arbitrary confines of a national border for it to become naturalized and given citizenship? Is the cut-off independence, or is it the tragic partition of Mother India? Or is it the first entrance into the peninsula of tribes from Africa? The Aryans? Or do we go farther back. Does a plant have to have been growing within the boundaries of India (2025 boundaries) since the last Ice Age? Or is a plant native only if it speciated where it is currently living? That is impossible to determine, anyway, as are all the above.
  2. Where is the line drawn on the ground beyond which a plant becomes exotic? Where in space does a plant cease to be an illegal alien and become a naturalized native?

These terms, essential to define if one cares to make sense and be effective in our work, are never defined. If one chose the last glaciation as the cut-off, then the Neem Tree would be an exotic from Africa. There are species that are called native in many different countries. There are species that speciated in some regions and are now extinct there and are found only in other regions. Moreover, once upon a time, during Pangea, the continents were all connected. We therefore have the same genera of species in Asia, Africa, South America, Oceania, with species that are genetically very similar.

*To be continued...*

*Rishi*

To view the entire piece, [click here](#).





WRITTEN IN LIGHT OF THE RECENT 'GREEN BELT SERVICES' APPROVED WORK TREE BARK STRIPPING:



### **Path from VC to MM - Ring Barking / Girdling**

On its trajectory, work trees have been striped of their barks. This method, known as ring barking/girdling, disrupts the flow of nutrients and water to the trees, causing them to die slowly and painfully, and is sometimes used to clear and without cutting trees immediately.



### **(NOT JUST) WORD PLAY**

One day a few years ago, there came a chance encounter with a booklet — *The Inner Attitude: everything depends upon it*. I read it avidly, once, twice, thrice...many times in my heart and mind, translated, shared, imbibed, and practicing it.

Although no “body” has a final say on this “matter” that everyone will agree, I can safely share from my experiences and observations that everything does depend on the inner attitude; one can take and shift a trillion attitudes on exactly the same “thing”, the same “person”, the same “fact” and the unfolding processes and results will differ.

That makes life so varied, wavy and unpredictable; that explains our jarring and/or cherished diversity; that points the way back to our dynamic, essential oneness.

More than a hundred miles to traverse, still... Shall we remain steady and still somewhere in us and smile on?

The altitude lures us to ascend that high. What attitude helps, in your experience?



Anandi Zhang

### **HUMILITY AND STRENGTH**

To keep us grounded while aspiring, preparing for and working consciously to hasten a Heaven on Earth:

*“320—Governments, societies, kings, police, judges, institutions, churches, laws, customs, armies are **temporary necessities imposed on us for a few groups of centuries** because God has concealed His face from us. When it appears to us again in its truth and beauty, then in that light they will vanish.*



321—The anarchic is the true divine state of man in the end as in the beginning; but in between it would lead us straight to the devil and his kingdom.

The Anarchic state is the self-government of each individual. And it will be the perfect government **only when each one** becomes conscious of the inner Divine and obeys Him and Him alone.”

-Sri Aurobindo and the Mother

<https://incarnateword.in/cwm/10/aphorism-320-321>

Here is the [PowerPoint presentation](#) from the 26th February 2025 gathering at Savitri Bhavan with the theme of Humility and Strength. We began with this:

ॐ

Spare some moments  
Within the Supreme Silence  
Of our fundamental Oneness

ॐ

Stay here awhile  
Observing the marvel  
Of our shared existence

ॐ



To access the online version,  
[click here](#), scan QR code, or  
click on Zech's blog link

ॐ Zech, 2025.02.27

<https://zechjoya.blogspot.com/>

## FRENCH NEWS & NOTES

NOUVELLES D'AUROVILLE

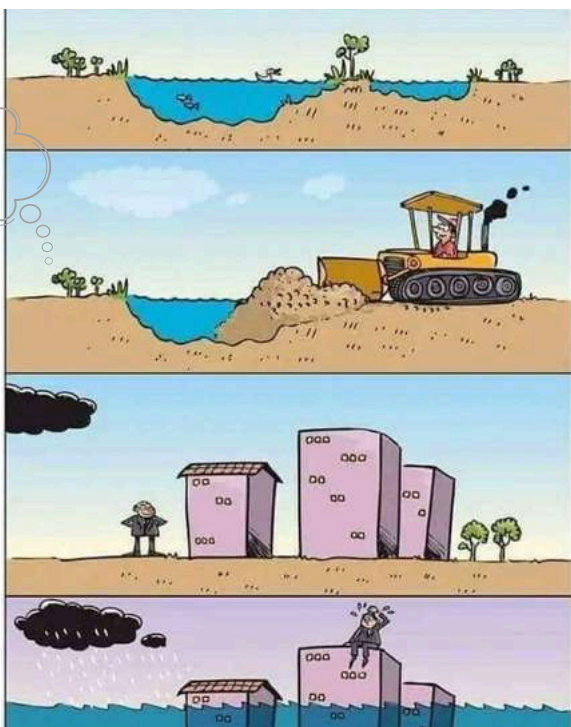


Auro - Traductions

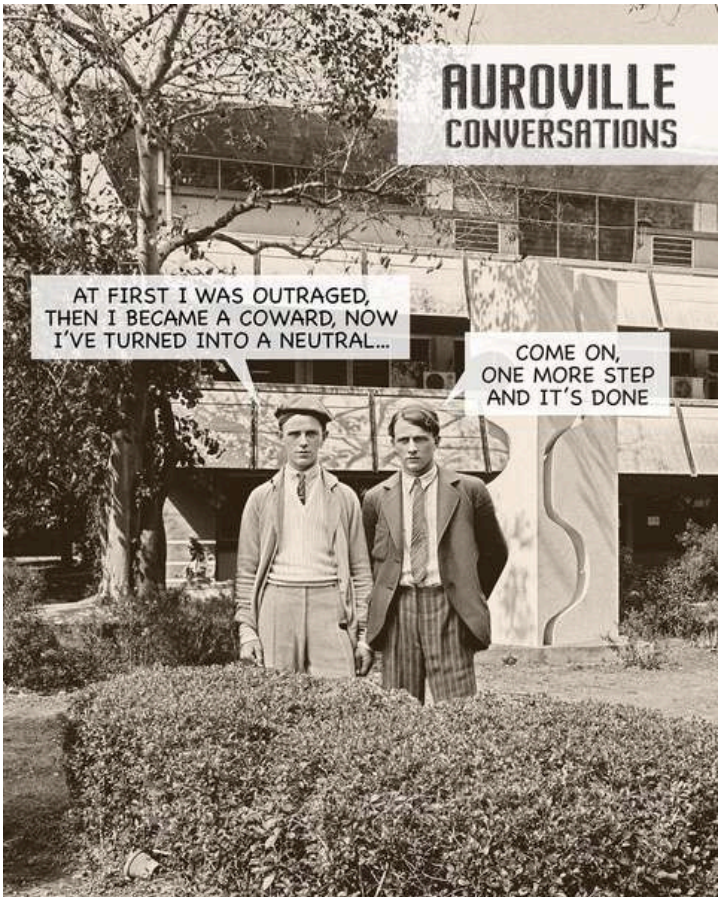
Click [here](#) to read the **French News&Notes** or scan the QR code.



FOOD FOR THOUGHT



## AUROVILLE CONVERSATIONS



Submitted by an Aurovillian

## INNER JOURNEY

### INTRODUCTION TO THE INTEGRAL YOGA OF SRI AUROBINDO AND THE MOTHER

Tuesday 11th March, 9 am - 12 noon

**Focus: The Great Stair of Existence**

Led by Ashesh Joshi

Place: Mirabelle Education Centre, Auromodele  
Ph/Whatsapp: 94891 47202 (Please register)

All are Welcome



### SAVITRI SATSANG WITH NARAD

EVERY TUESDAY, 04:30 - 05:15PM

*Savitri, this prophetic vision of the world's history, including the announcement of the earth's future.*

We will begin with Savitri Book One Canto Three.

**At Savitri Bhavan - Square Hall.**

### OM CHOIR

EVERY TUESDAY, 05:30 - 06:15PM

Please join us in this collective aspiration, in the form of united prayer.

No prior singing experience is required.

**At Savitri Bhavan - Square Hall.**

- Narad.



## AMPHITHEATRE - MATRIMANDIR

Meditations at sunset with SAVITRI,

**Every THURSDAY  
from 5:30 to 6:00pm**

*(weather permitting)*



Savitri, Sri Aurobindo's long mantric poem, read by Mother to Sunil's music are *on* weekly for everyone to concentrate, in this beautiful open space in the very center of Auroville.

Reminder to all: The Park of Unity is a place for silence, meditation and inner work and is to be used only as such. We request everyone: please do not use cameras, i-pads, cell phones, etc. No photos.

**New:** Guests with Aurocard wishing to attend must book at <https://bit.ly/savitri-reading> one or two days in advance, **or on the day itself before 11am**. Please bring your Aurocard with you.

Access by Office Gate for the Amphitheater only from 5:15pm. Thank you.

Velmurugan and the Access Team

## VIBRATIONAL SOUND BATH

SOUL NURTURING MEDITATIVE EXPERIENCE WITH THE ORIGINAL RUSSIAN SINGING BELLS

*These are sounds of the Beginning  
These are sounds that cradled the worlds*

Harmonious play of rich powerful tones and strongly resonating overtones invokes a profound state of inner peace, tranquility and self-healing, bringing deep physical and psychological relaxation.

**Open Group - Everyday 3:00 - 4:30pm**

At Mirabelle Education Center, Auromodele,  
Kuyilapalayam

Led by Vera (Instagram - [Vera.Auroville](#)) and Ashesh Joshi

**Please register in advance**

Ph/WhatsApp: +91 94891 47202, +91 94862 47202

(Private sessions on request at other timings)

## VIPASSANA MEDITATION

All *old students* of Vipassana meditation having completed at least one 10-day course as taught by S.N. Goenka ([www.dhamma.org](http://www.dhamma.org)) are welcome to attend a half-day Vipassana course at Udavi



School in Auroville.

- **Date:** Every Sunday
- **Timings:** 8:30am – 12:30pm but you can also drop in and join as long as you wish.

**No registration is required.**

- **Venue:** Udavi School (2nd building on the left when you are at the front entrance), near Tank in Edayanchavadi (Auroville). Location [here](#).
- **Lunch:** Lunch is provided at the end of the Vipassana course. Those who wish to have lunch must RSVP to Sanjay.
- **Contact:** Sanjay Tumati, +91 87909 82210 (available on WhatsApp), [sanjay@auraauro.com](mailto:sanjay@auraauro.com)



# ANNOUNCEMENTS

## ECO FEMME - OPEN HOUSE

EVERY THURSDAY, AUROSHILPAM

eco • femme

### Come learn about:

- Sustainable products like cloth pads, menstrual cups, period panties and cloth nappies
- Menstrual cycle awareness
- Ethical business in a women-led social enterprise
- Our not-for-profit menstrual health education

### EVERYONE IS WELCOME.

Every Thursday, 10:30am - 12:00pm

P.S. You can pick up all our eco-friendly products at a discount!



Eco Femme Office  
Auroshilpam, Auroville

ecofemme.org | WA: +91 94871 79556



## GUIDED GARDEN TOUR

TUESDAYS AND FRIDAYS, AV BOTANICAL GARDENS

From the 20<sup>th</sup>  
of December  
to the 20<sup>th</sup> of  
March 2025



*Come walk with us!*  
Guided Garden Tour

- **Tuesdays and Fridays - 09:30am** (about a 1.5 hour walk).
- Be on time.
- Bring your water bottle and a hat.
- Meeting point at BG Kitchen.



Please send us an email to : [avbg tours@gmail.com](mailto:avbg tours@gmail.com) to book your walk.

## LOOKING FOR

### TAXI SHARE

MONDAY 25 MARCH

To stay ECO FRIENDLY am very willing to share a taxi from **Auroville to Chennai airport on Monday 24 March 2025.**

Departure from Auroville Town Hall at around 9:00pm (21:00).

Please contact via whatsapp +34685673777 or email: [srimaa221@gmail.com](mailto:srimaa221@gmail.com)

.... many thanks, Sunny



## ECO FEMME IS LOOKING FOR OFFICE SPACE & STORAGE ROOM

Eco Femme is seeking new office space with the following specifications:

- Office area: 150 sq. m
- Storage room: 80 sq. m

Please feel free to contact us at 94871 79556 for more information. Thank you!



## LOST (& FOUND)

### LOST PUPPY - SOLAR KITCHEN



## WORK OPPORTUNITIES

### ECO FEMME IS LOOKING FOR A SALES TEAM LEAD!

Would you like to join our Sales team, as Team lead? We are looking for a full-time member.

Skills and experience required:

- Proven ability to inspire, lead, and manage a team while balancing strategy, execution, and continuous improvement.
- Strong team player, able to work effectively with cross-functional leaders and departments.
- A strategic thinker who is motivated by achieving goals and delivering exceptional outcomes.
- Ability to find innovative solutions and adapt to evolving challenges.
- Proficiency in data analysis to inform decisions and drive sales strategy.
- Comfortable with Google Workspace and its suite of tools.

We are based in Auroshilpam. Starting date: Immediate.

For more detailed information and applications, please write to [maha@ecofemme.org](mailto:maha@ecofemme.org) with your updated CV. Looking forward to hearing from you!

### ECO FEMME IS LOOKING FOR AN INTERNATIONAL SALES COORDINATOR!

Would you like to join our Sales team, working with International retail customers? We are looking for a full-time member.

Skills and experience required:

- Proven experience in sales coordination or a related field.
- Competent written and verbal English communication skills with a dash of creativity
- Proficiency in Google Workspace, specifically Google Sheets, Docs, and Slides.
- Ability to speak other languages, specifically European languages, is a plus.

We are based in Auroshilpam. Starting date: Immediate.

For more detailed information and applications, please write to [maha@ecofemme.org](mailto:maha@ecofemme.org) with your updated CV. Looking forward to hearing from you!

eco•femme

"Revaluing menstruation: because Life depends on it"

## ACTIVITIES AT SERENDIPITY

### SERENDIPITY ACTIVITIES & THERAPIES

(Ex. Joy Community in front of Center GH)

Center Field, Auroville - 605101, TN, India

Landline: 0091 (0)413 - 3509950

Mobile/Whatsapp: +91 93856 23342

Email: [serendipityauroville@gmail.com](mailto:serendipityauroville@gmail.com)

<https://serendipity.auroville.org>

<https://www.facebook.com/serendipityauroville>



#### REGULAR CLASSES:

##### **Qi Gong - with Lhamo**

- **Monday - Wednesday and Friday 7 - 8:30am, drop in class**

Qigong can be described as a mind-body-spirit practice that improves one's mental and physical health by integrating posture, movement, breathing technique, self-massage, sound, and focused intent. Specifically, this form of gentle exercise is composed of movements that are repeated a number of times, often stretching the body, and building awareness of how the body moves through space. There are likely thousands of qi gong styles, schools, traditions, forms, and lineages, each with practical applications and different theories about Qi ("subtle breath" or "vital energy") and Gong ("skill cultivated through steady practice"). As Lhamo has a very extensive knowledge of many of them, she will explore different styles according to the students.

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##### **Hatha Yoga with Ramesh**

- **Monday and Thursday from 5:30 - 6:30pm, and Saturday 7:30 - 8:30am, drop in class.**

Ramesh offers hatha yoga classes with some vinyasa flow and include pranayama, traditional sanskrit mantra chanting, and meditation. The style is gentle, adaptive and progressive where passive, gravity-assisted poses are mingled with dynamic vinyasa-style flow as needed. He places a lot of focus on breathing and body-mindfulness during the practice. It is ideal for beginners to intermediate-level practitioners. You will be exposed to authentic Sanskrit terms and their correct pronunciation. The practice will be rejuvenative and restorative. These specific classes will be on donation basis even for guests.

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##### **Tibetan Bowls - Sound Healing with Pratik**

- **Tuesday from 5 - 6:30pm, drop in class**

Tibetan singing bowls are crafted from a blend of metals, each carefully tuned to produce unique harmonic sounds. When played, these bowls generate vibrations that interact with the body's energy field, encouraging a meditative state and fostering overall well-being. The practice is based on the principle that everything in the universe, including the human body, is in a state of vibration. Disruptions or imbalances in these vibrations can lead to stress, illness, and discomfort. By aligning the body's frequencies through sound, Tibetan bowl healing seeks to restore harmony and vitality.

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##### **Traditional Sanskrit Mantras with Sonia**

- **Thursday from 9 - 10am (Drop in class); and Friday from 5 - 6pm (Regular Students only).**

In the recitation of Sanskrit Mantras the sound is very important and the specific pitches and strict rules of intonation and syllabic length should be learned according with the tradition of the great masters of the past, who figured out how to use the voice to calm the mind and attune the practitioner to the more subtle levels of the "sadhana" or spiritual path. Through the harmonic rhythm, repetition and participation in the singing, the mind reaches more clarity, concentration and tranquility.

## **Book Reading Circle - "Be As You Are" by Sri Ramana Maharshi - with Debashish**

- **Wednesday from 6 - 7 pm**

The book beautifully explores the teaching of the sage of Arunachala. For him, the realization that "there is no reality other than the Self" was not merely a philosophical concept but a profound truth that shaped his life into one of boundless joy. And in time the world recognized the power of his grace. What was the essence of his wisdom that transformed countless lives and inspired generations of modern philosophers and spiritual teachers. Let's discover it together.

### **THERAPIES:**

#### **Shiatsu Massage with Sara**

- **On appointment only ( Sara +91 94436 17308 )**

Shiatsu is a manipulative therapy developed in Japan and incorporating techniques of anma (Japanese traditional massage), acupressure, stretching, and Western massage in order to maintain physical and mental well being, treat disease, or alleviate discomfort. It involves the uses of kneading, pressing, soothing, tapping, and stretching techniques and is performed without oils through light, comfortable clothing.

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#### **Cheek Acupuncture with Lhamo**

- **On appointment only (+91 84380 53127)**

Cheek acupuncture works on the principle that in the face there is a holographic miniaturization system covering the whole human body. Very small needles are used solely on the face of the patient, which is a mirror of the whole being. It uses a very interesting and immediate way to assess the changes in the body.

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#### **Gua Sha (Chinese Detox Scrub) with Lhamo**

- **On appointment only (+91 84380 53127)**

This is one of China's oldest treatments. The practitioner uses a tool like a flat piece of jade to scrub the skin to help release blocks, stagnant blood, energy and restore a natural flow. When the toxins in the deep layers of the body reach the surface through scraping, they get more easily released from the body. This treatment is also suitable for healthy people to detoxify, to purify and improve the metabolism of the whole body.

---

#### **Facial Gua Sha (beauty treatment) with Lhamo**

- **On appointment only (+91 84380 53127)**

Facial Gua Sha reduces puffiness, lymphatic drainage, facial tension, helps tighten firm and lift skin, cooling, durable skin care. This treatment helps to detoxify, to purify and improve the metabolism as well.

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#### **Modern Trance Healing - Hypnotherapy with Lhamo**

- **On appointment only (+91 84380 53127)**

In modern hypnosis, the emphasis is put on our own relationship to our own creative unconscious. There are many different aspects and parts in our outer and inner life. And there are parts that don't have a positive appearance. In Modern Trance Healing, we can turn them into positive possibilities and let them teach us how to discover their positive meaning.

## **ACTIVITIES AT JOI - ANITYA COMMUNITY**

### **Journey to Inner Peace :**

#### **Holistic Healing Services at Anitya Community**

Located in the peaceful environment of Auroville's

Centerfield, the Joy of Impermanence—Anitya Community Project offers a variety of holistic services to support your body, mind, and spirit. Our experienced practitioners provide a range of practices to help you relax, heal, and grow, guiding you toward balance and well-being.

- **Location:** Anitya Community, Centerfield, Auroville (500m after Center Guest House)
- **Bookings:** For more information or to schedule a session, please contact the practitioners directly (preferably via WhatsApp messages).





# WELL-BEING

@ JOI ANITYA



## THAI YOGA BODYWORK



ANDRES  
(+91) 9751607501

## AYURVEDIC MASSAGE



ELENE  
(+91) 7904143719

## INTEGRAL COACHING



DAVE  
(+44) 7564119728

## SHAH-LU-HA-KA BODYWORK



NIKKI  
(+91) 7094716136

## MINDFULNESS MEDITATION



HELEN  
(+91) 7094753054

## WOMEN CIRCLES



Info and Bookings  
through **WhatsApp**



Anitya Community  
Centerfield



joyofimpermanence@  
auroville.org.in

Joi Anitya is a Registered Project under Hospitality Trust, Auroville Foundation

### Thai Yoga Bodywork with Andres

- **Contact:** +91 97516 07501

Combining elements of yoga, acupressure, and assisted stretching, Thai Yoga Bodywork is designed to release tension, improve circulation, and enhance flexibility. This therapeutic practice helps restore balance to your body and mind through gentle, rhythmic movements.

### Ayurvedic Massage with Elene

- **Contact:** +91 79041 43719

A relaxing full-body oil massage that melts away tension and revitalizes prana by gently focusing on the head, back, stomach, and feet.

### Integral Unfoldment Coaching with Dave

- **Contact:** +44 75641 19728

A transformative life coaching approach blending Internal Family Systems (IFS), Focusing, and the Diamond Approach to explore your inner world, integrate all parts of yourself, and unfolding your unique potential for personal transformation.

### Shah-Lu-Ha-Ka Bodywork with Nikki

- **Contact:** +91 70947 16136

This unique bodywork technique blends different massage styles, energy healing, and intuitive touch to release physical and emotional blockages. Shah-Lu-Ha-Ka Bodywork is a deeply restorative experience that invites your body to heal from within.

### Mindfulness Meditation with Helen

- **Contact:** +91 70947 53054

Join Helen for guided mindfulness meditation sessions designed to cultivate awareness, reduce stress, and enhance emotional resilience. Whether you're a beginner or an experienced meditator, these sessions provide a peaceful space to connect with your inner self. Regular drop-in session for all on Tuesdays at 7:15am (Maloka Hall).

### Women Circles with Louise Rose

- **Contact:** +91 73053 73562

Women Circles offer a sacred space for women to gather, share, and support each other in their journeys. Led by Prem Shakti, these circles provide a nurturing environment where women can explore their personal growth, creativity, and shared experiences. Every new moon and full moon.



**NEW SESSIONS!**

**Womb Blossoming with Louise Rose**

- **Contact:** +91 73053 73562

A deep healing journey connecting the womb, heart, and throat through vocal activation and flower bodywork. This practice integrates sonic energy healing, affirmations, herbalism, and aromatherapy to awaken the body's innate wisdom and express your soul's story.

**Whispering of the Flowers with Louise Rose**

- **Contact:** +91 73053 73562

Flower medicine ceremonies and bodywork integrating naturopathy, somatic therapy, and sonic healing. Using flower essences, herbalism, and aromatherapy, these sessions support deep reconnection and balance.

**WORKSHOPS**

**THE ANATOMY OF CONFLICT**

**AN INTRODUCTION TO HEART WEAVING**

SATURDAY 15 MARCH, HARMONY HALL, BHARAT NIVAS

**An Introduction to Heart Weaving**

**The Anatomy of Conflict**

15th March  
9:30 am - 5:30 pm  
Harmony Hall  
Bharat Nivas

**12 Angry Men**

We warmly invite you to a one day workshop on recognising and transforming unconscious voices/patterns within ourselves, that further division and conflict. We'll attempt this through an embodied exploration of the film *The 12 Angry Men*. This will also be an introduction to the Heart Weaving process in Auroville.

It's open to Aurovillians, New Comers and long-term Volunteers only. Participation for the whole duration is necessary. No contributions required.

**For registrations, please contact:** [heartweaving.auroville@gmail.com](mailto:heartweaving.auroville@gmail.com) or +91-94895-27893 (WhatsApp only)

We warmly invite you to a one day workshop on recognising and transforming unconscious voices/patterns within ourselves, that further division and conflict. We'll attempt this through an embodied exploration of the film **The 12 Angry Men**. This will also be an introduction to the Heart Weaving process in Auroville. There will be opportunities to be a part of other workshops very soon for those attending this introduction.

It's open to Aurovillians, New Comers and long-term Volunteers only. Participation for the whole duration is necessary. No contributions required.

- **Saturday 15th March, 9:30am - 5:30pm**
- **Harmony Hall, Bharat Nivas**

For registrations, please contact: [heartweaving.auroville@gmail.com](mailto:heartweaving.auroville@gmail.com) or +91 94895 27893 (WhatsApp only)

## MIRRORS & ME

6, 13, 20 MARCH, CRIPA

Welcome to join in Mirrors & Me.

Ready for an interactive & introspective experience?

We explore, individually and together, through breath, dynamic meditation, games, conscious touch, improvisation, observation and reflection.

Through these explorations, we ride on the energetic waves and rest assured in the connection within and with each other.

- 6th, 13th, 20th March
- 9 - 11:30am, Thursdays @Cripa, Small Hall



## HOLOTROPIC BREATHING TECHNIQUE

SATURDAY 8 MARCH, CREATIVITY

A poster for the 'Holotropic Breathing Technique' workshop. The background is a vibrant, abstract painting of a sunset or sunrise over water, with warm orange and yellow tones. A circular inset shows two people wearing headphones and lying down, suggesting a relaxed, meditative state. The text on the poster includes: 'Unlock the wisdom of your inner self through Holotropic Breathing', 'A powerful practice for expanding consciousness, releasing emotional blockages, and fostering deep healing. This workshop offers a safe and supportive environment for profound personal exploration.', 'Saturday, 8 March', '9 am - 1.30 pm', 'Hall of Light (Creativity)', 'Facilitation: Lola and Tanja certified facilitators', 'Location: Hall of Light, Creativity, Auroville', 'Registration: WhatsApp +91-94430 69335 or breathingholotropic@gmail.com', and a QR code with the text 'more information' below it.

with Lola & Tanja (JIVA breathwork facilitators)

**Date:** Saturday 8 March 2025

**Time:** 9.00am -1.30pm

**Location:** Hall of Light, Creativity Community

The Holotropic Breathing Technique is a powerful practice for deep healing, self-discovery, and expanded consciousness. In a 2.5-hour session, you'll breathe more deeply and rapidly than usual, supported by evocative music designed to guide and amplify your experience. This process can help release emotional blockages, ease anxiety, heal past traumas, and even alleviate physical pain. Beyond healing, it's a profound way to connect with your Inner Self, awaken deeper awareness, and gain clarity on your life's purpose.

**Please register before:**

- Whatsapp +91 94430 69335 or
- [breathingholotropic@gmail.com](mailto:breathingholotropic@gmail.com)

More infos: <https://articlestanjarost.my.canva.site/holotropic-breathing> or scan the QR code.

**ATB - AWARENESS THROUGH THE BODY**

SATURDAY 8 MARCH

**ATB - Awareness Through the Body**

Intro & exploration with Honor & Vega



**9.30am - 12.30pm - Saturday 8 March 2025**

Please register using the form link in the text below

Dancing Tree, under Hospitality Trust, Auroville  
[dancingtree.smile@gmail.com](mailto:dancingtree.smile@gmail.com) - Whatsapp: 9159856148

All are welcome for an introductory exploration of Awareness Through the Body (ATB). This practice, developed in Auroville, aims to build self-awareness and self-regulation, increasingly allowing us to lead from a place of deeper wisdom - our psychic center.

We use a variety of introspective and interactive, dynamic and still exercises gently leading us to a deeper space of awareness.

- **Saturday 8 March 2025 (9:30 - 12:30)**
- Advance registration required at using the [form](#).

**THE JOURNEY (ME & WE)**



Walk in silence

Walk the talk

Take a walk in nature

Explore, discover

Tune in to your own rhythms

Natural breath work, spontaneous Qi Gong, poetic & playful interactions, non-verbal connection & conscious communication.

Contact Anandi Zhang


Whatsapp: +91 93856 23511




# DREAM JOURNEYS: A BEGINNER'S EXPLORATION OF DREAMS THROUGH WRITING & THEATER


TUESDAY 11 MARCH, AUROSHILPAM



 **Date:** Tuesday, March 11th

 **Time:** 5:00pm – 6:30pm

 **Location:** Auroshilpam


 **Contribution:** 300 rs (on donation for AV/NC/SAVI volunteers)


 **Limited Spaces: Only 10 participants!**


Have you ever wondered what your dreams are trying to tell you? Join us for a **playful and immersive workshop** where we explore dreams through **writing, storytelling, and movement**.

## **What to Expect:**

- Easy techniques to recall and work with dreams—even if you don't remember them often.
- A creative **dream-writing exercise** to connect with your subconscious.
- **Dream Theater:** Step into a dream world and bring symbols to life through guided movement.
- A fun and interactive space—no prior experience needed!

 **Unlock the hidden wisdom of your dreams in a safe, creative, and non-judgmental environment.**

 **Limited to 10 participants. Register now to reserve your spot.**

 **Contact:** +91 70947 16136

 **Email:** [nikethana2001@gmail.com](mailto:nikethana2001@gmail.com)

## **BASIC TOOLS OF AWARENESS THROUGH THE BODY (ATB)**

SATURDAY 15 - SUNDAY 16 MARCH, TRANSITION SCHOOL



### **Basic Tools of ATB**

#### **A Two-Day Workshop with Francesco**

This workshop is open exclusively to people who have completed at least one ATB introductory workshop (Namely ATB1 module).

This workshop is ideal for **educators, schoolteachers, facilitators,** and others intending to integrate ATB activities with children in a hands-on way. We will delve into the basic steps in cultivating awareness in children, focusing on attentive listening, self-regulation, and the use of play as a key element in learning.

**March 15 & 16 (Saturday & Sunday)**

**Time: 8:20 AM – 5:00 PM**

**ATB Hall, Transition School**

Expect a dynamic blend of abundant physical movement and reflection, offering both theoretical insight and practical strategies for integrating ATB principles in a dynamic class setting.

**To sign up:** please email [connect@atbwithamir.com](mailto:connect@atbwithamir.com)

# QUANTUM CONTACT - CONTACT IMPROVISATION WORKSHOP WITH SHIFU ASH

3 - 6 APRIL, CRIPA



In this workshop, you'll explore the art of contact improvisation through the lens of microscopic awareness, focusing on the subtle language of touch. This class will guide you in mastering the delicate balance of taking responsibility for another's body while learning to command, listen, and negotiate through movement.

You'll delve into key aspects such as building trust and understanding reflexivity—where every action invites a reaction. We'll also cover self-protection and safeguarding your partner, all while engaging your imagination to intuitively track and respond to your partner's movements.

In addition to movement exploration, we will dive into biomechanics, physics, and physiology, understanding how forces like momentum, gravity, and inertia influence our bodies in motion. You'll learn how skeletal alignment, muscle coordination, and nervous system responses shape the way we initiate, absorb, and redirect energy in contact improvisation. By bridging science with sensation, this workshop will deepen your understanding of touch and connection, transforming your dance practice into a refined and resonant dialogue.

- **LOCATION:** CRIPA, Auroville
- **DATES:** 3rd April to 6th April, 2025
- **SCHEDULE and VENUE:** 4:00pm - 8:00pm in CRIPA Small Hall

**FEES** (for guests in Auroville):

- Early Bird Price For 4 days: 7,500 INR (paid registration before 25th March)
- Regular Price For 4 days: 10,000 INR (for beginners and existing practitioners)
- Open contribution for Aurovilians and SAVI volunteers.

For registrations and enquiries: [aurovilleartworld@gmail.com](mailto:aurovilleartworld@gmail.com)

## About the facilitator:

Shifu Ash is a dance movement researcher, philosopher, choreographer, and visual artist based in Mumbai, India. He has extensive expertise in Wing Chun, Aikido, Modern Contemporary Dance, and Contact Improvisation, with over 20 years of experience. He is the founder of Combat Dance practice, which merges philosophies of martial art, dance, and movement science. He has been teaching under this approach for more than 8 years. He is also a former member of CID-UNESCO Paris (International Dance Council) and the founding member & CEO of ProDancer Infotech PVT LTD.

He has also choreographed for a feature film in India, Kalki 2898 AD and is actively involved in co-curating international dance festivals such as the Partner Dance International Festival and India Contact Festival.

He has been invited to teach at some of the prestigious dance festivals & companies in India & abroad like Impulstanz Vienna International Dance Festival, International Contact Festival Freiburg, Nederlands Dans Theater, Tanssille Ry Helsinki, Henny

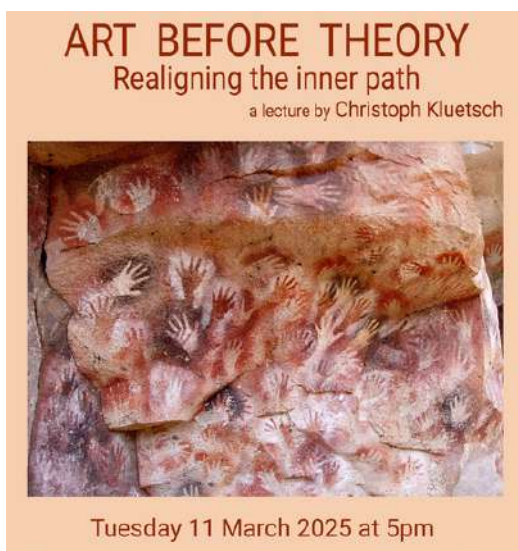
Jurriens Studio Amsterdam, BFM Tallinn University, Saint Petersburg Conservatory Dance, Goa Contact Festival, Divadlo Studio Tanca, Goa Dance Residency, Berlin Contact Festival, Contact Meets Contemporary Festival Goettingen, Tokyo Nomadic Residency, Chinchintalu Festival Dubai, Terence Lewis Contemporary Dance Company, Nriya Shakti, Institute Of Classical & Modern Dance India, Workshop for friends, Radi Sveta Art, SDVIG Studio, etc.

## CULTURAL ANNOUNCEMENTS

**VICTOR  
MARICHAL**  
SUNDAY 9  
MARCH,  
CRIPA



**ART BEFORE  
THEORY:  
REALIGNING  
THE INNER  
PATH**  
TUESDAY 11  
MARCH,  
CENTRE D'ART



I want to look in the back mirror of modernity, directing the gaze to a speculation about aesthetic experiences prior to the written word. The power of prehistoric art places us within the cosmos, connects us with the animal kingdom, the sky, the human kingdom, the gods, the energies and forces, it evokes rituals, and archetypes: We imagine there was sound, rhythm, and vibration; there are marks etched on ancient walls, figurines carved from wood, stone, and clay.

There would have been storytelling and stargazing. — So we ask:

- When did the first human feel that transcendent shiver beneath a starlit sky?
- When did the primordial dance to the pulsating rhythms of clapping hands and beating sticks begin, and when was the inaugural object fashioned solely for its beauty?
- What is this spark in human consciousness—a spark that transcends mere survival and hints at a higher, transformative becoming, a state of infinite creativity that both Sri Aurobindo and Deleuze so profoundly evoke?

A lecture by Dr Christoph Kluetsch at the **multimedia room in Centre d'Art on Tuesday the 11th of March at 5pm.**

## CANTARES DEL ALMA, ARGENTINE FOLK SONGS

WEDNESDAY 12 MARCH, FRENCH PAVILION

The International Zone Pavilions warmly invite you to a concert at the French pavilion:

### Cantares del Alma

An evening of zambas, tonadas and other soulful Argentine folk songs.



- Pablo Gignoli – Bandoneon
- Shalini Sekhar – Voice

**Wednesday 12th March at 7pm at Pavillon de France (opp. Visitor Centre).**

## PHOTO CIRCLE

FRIDAY 14 MARCH,  
CENTRE D'ART



Photo Circle meets again on **FRIDAY 14th MARCH at 5pm in the Centre d'Art multimedia room, at Citadines.**

The Photocircle brings together Auroville's photographers. We share our own work, we show the work of global photographers we admire, discuss the history of photography, and share techniques.

Anyone can bring and screen a small selection of images.

You are all welcome.

## AUROVILLE RADIO



Dear Aurovilians,

Your favourite radio is always working for you. Stay tuned!

### Last published podcasts:

- [Soulful Beginnings with Monique - Ep.4 "Conscious Conception: Planning for Pregnancy"](#) (Health and Wellness)
- [Exploring Education in Arts, Animation and Film-making – Ep.44 "The Principles of Animation - Concluded"](#) (Arts and Culture)
- [Cosmic Inner Weather Report - Ep. 1: Gifts from the Christmas Cauldron](#) (Conversations)
- [Marlenka: Second Interview with Pavitra](#) (Literature)
- [Une série hebdomadaire de lectures par Gangalakshmi – Ep.483](#) (Integral Yoga)

### Last Youtube Video:

- [Unity Resonances - An Immersive Sound Concert by SVARAM | Sri Aurobindo Auditorium, Auroville](#)
- [Soulful Beginnings with Monique - Ep.3 "Strengthening the Foundation: Relationship before Pregnancy"](#)

....and more! on [www.aurovillerradiotv.org](http://www.aurovillerradiotv.org).

For more information write to [radio@auroville.org.in](mailto:radio@auroville.org.in)

Regards,

Sai Priya for Auroville RadioTV





## JOIN US FOR PÉTANQUE - A CLASSIC FRENCH GAME!

EVERY SUNDAY, FRENCH PAVILION



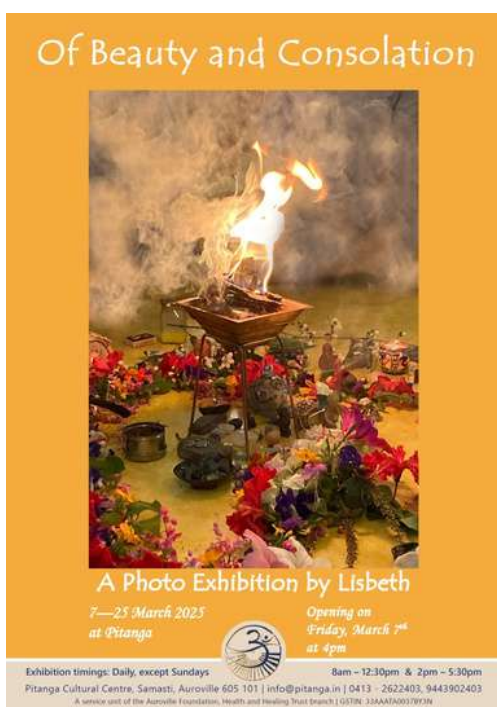
Discover **Pétanque**, a classic French game of skill and strategy, played by tossing steel balls close to a small wooden ball (*cochonnet*). Open to all levels, it's perfect for socializing and having fun. Also a good opportunity to practice your French ;)

 **Every Sunday, 4pm – 5:30pm**  
 **French Pavilion, opposite the Visitor Center**

Come share a friendly moment and connect with others in a relaxed, welcoming atmosphere!

## EXHIBITIONS

### OF BEAUTY AND CONSOLATION - PHOTO EXHIBITION BY LISBETH, 7 - 27 MARCH, PITANGA



### ARTIFICIAL BRAINCANDY BY PHILIPP KLINNERT 7 - 26 MARCH 2025, CENTRE D'ART





## Opening on Friday 7 March at 4:30pm

This exhibition is the result of the two month long Centre d'Art residency program enacted by the Berlin-based artist Philipp Klinnert. It reflects the subjective experience of Auroville and its people through the artist's practice and research.

The Artist presents a series of multi-layered drawings that explore the complex ways in which we interpret and fill our perceptions with meaning, language, and symbols to understand ourselves and the world. Driven by improvisation and intuition, the artist captures the contradictions inherent in our experiences—how we blend memories, ideas, and future concepts with the immediacy of the present. Using a variety of pens and pencils, including half-empty ones, the process reflects the diversity and inherent lack in our individual and collective ways of existing.

7 – 26 March 2025

Tue - Fri, 2-5:30pm

Sat 10am-12:30pm, 2-5:30pm

## FOOD

### FOOD FOREST TOUR - EVERY SUNDAY

# FOOD FOREST TOUR

WITH VEGAN ICE CREAMS GREEN SMOOTHIES and more...



**EVERY SUNDAY from 9:30 to 11:30**  
(for groups of min 4 people any other weekday is possible)

Come for a morning experience in my permaculture garden, learn about organic farming and get inspired to grow your own food.

We are going to explore the wide diversity of edible plants that grow around us and harvest fruits, greens, herbs and flowers.

After the tour we are going to create delicious and nourishing

### VEGAN ICE CREAMS

with lots of flavourful toppings from the garden and our homemade produce.

La Ferme Community (5min from AV Bakery)

Sign up and info [www.myfoodforest.in](http://www.myfoodforest.in)

whats app text Sarah 9047421044

### MARC'S CAFE - EVERY TUESDAY

#### SPECIAL BREAKFAST AT MARC'S

Greetings from Marc's Café!

Join us every **Tuesday from 8:00 - 12:00 pm**  
for a special breakfast at Marc's.

Celebrate the Auroville spirit and connect with the community  
**over a cup of coffee, dosai, and freshly baked croissants.**

Exclusive Offer: Enjoy a 50% discount  
on the mentioned items for all Aurovillians,  
Newcomers, and SAVI Volunteers.

See you soon!

Marc's Team





**The sun rises.  
My spirit  
Follows suit.**

**The sun sets.  
My spirit rises  
Still.**

**Not a mimic,  
It follows  
Its own path.**

*Anandi Z*

**In Camelot Again**

6/8/09

I find myself in Camelot again  
With Guinevere unfaithful by my side,  
Such beauty as my eyes have never seen,  
This radiance was soon to be my bride.

Christ's cross is raised in the great cathedral apse  
Not far removed from the mystic Druid cross  
That dots the sacred glens and country sides  
Covered with heather, lichen, fern and moss.

O my brave knight and fearless Lancelot  
Locked with her in passionate embrace,  
You have robbed me of my only sacred love  
And my crown is now a symbol of disgrace.

I have grown old and known you not my love  
And now with mortal wound my soul must leave  
This earth, these men, this kingdom built on peace.  
Though you may weep awhile you shall not grieve

For you are his and now as I depart  
Sweet Lancelot, I give her to your care.  
How human love can tear the heart apart!  
I breathe my last this life no more to bear,

She holds my hand beneath the leaden sky  
And bends to kiss my lips as I die.  
My kingdom shall go down and night will reign  
Until a greater light descend again.

*Narad*

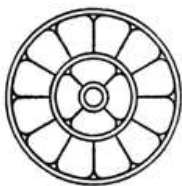
# FOR THE BOOKWORMS

## AUROVILLE LIBRARY

### BOOK GIVE AWAY :

### **SRI AUROBINDO, THE MOTHER, AND THEIR DISCIPLES**

14 FEBRUARY - ONWARDS



Dear community,

The Auroville Library will be giving away books by **Sri Aurobindo, The Mother, and their disciples from 14th Feb - 10th Mar**. Most are in English and French, with a few in other languages. Also available will be books about Auroville.

Please pass by during our opening hours to have a look. If you have some related books at home that you would like to pass on to others, you are welcome to add them to our give-away.

See you ... Kathrin, Laura, Kalaivani, Vani, Victoria, Devna, and Amy - your Auroville Library team.



## READING CIRCLES

MONDAYS AND TUESDAYS

### Current book reading circles at the Auroville Library :

- Mondays 6 - 7pm, main building - **The Prophet by Kahlil Gibran**, hosted by Malcolm (+91 90801 59721)
- Tuesdays 6:30 - 7:30pm, main building - **A New Earth by Eckhart Tolle**, hosted by Debashish (+91 76782 08825)



### THEME OF THE MONTH

Every month, we choose a topic and set up a display of books from our collection.

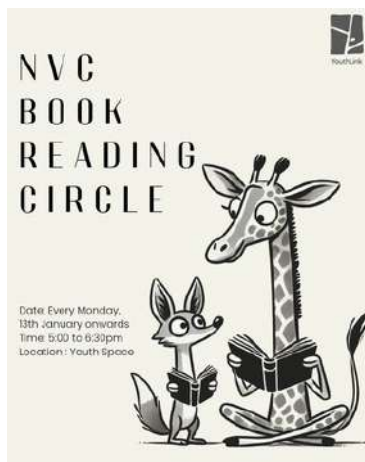
This month's theme is  
**Celebrating Women!**

*Come by to check out our selection!*



Happy International  
WOMENS  
Day

**JOIN OUR BOOK READING CIRCLE:**  
**"NONVIOLENT COMMUNICATION"**  
EVERY MONDAY, YOUTH SPACE



Youthlink invites you to a book reading circle at the Youth Space. We'll be reading and discussing the book by Marshall Rosenberg, the founder of NVC, and we're excited to share this journey with you! This book has the potential to really shift the way we communicate.

#### About the Book:

"Nonviolent Communication" offers a fresh perspective on how to express yourself honestly and respectfully. By using four simple yet powerful components - observations, feelings, needs, and requests - you can learn to communicate more effectively and build stronger relationships. This book is all about creating a more empathetic and compassionate way of interacting with others, and it's packed with practical tips and real-life examples to help you get started. Whether you want to improve your personal or professional relationships, this book has something to offer.

#### Details:

- **When:** Every Monday
- **Time:** 5pm - 6:30pm
- **Where:** Youth Space (location on Google Maps)
- **Contact:** +33673540830 on WhatsApp, or email [monicayouthlink@gmail.com](mailto:monicayouthlink@gmail.com) for questions



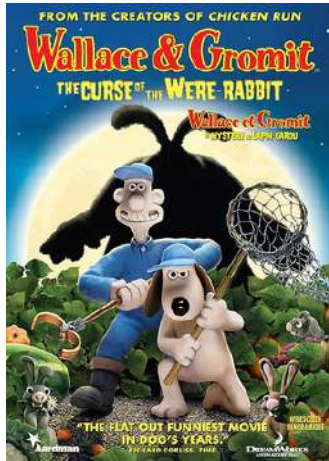
presents at **MULTI MEDIA CENTRE  
AUDITORIUM (MMC, Town Hall)**

**Friday 7th March at 8:00pm**

**“Wallace & Gromit: The Curse of the Were-Rabbit”**

*Directed by Nick Park, Steve Box, UK, USA, 2005*

*Synopsis:* An animated comedy, the film centres on good-natured yet eccentric cheese-loving inventor Wallace (voiced by Peter Sallis) and his intelligent quiet dog, Gromit, in their latest venture as pest control agents. They come to the rescue of their town plagued by rabbits before the annual Giant Vegetable Competition. However, the duo soon finds themselves against a giant rabbit consuming the town's crops... The film was produced by DreamWorks Animation in collaboration with



Aardman Animations being the second feature-length film by Aardman, after *Chicken Run* (2000). Peter Sallis was joined by a voice cast including Helena Bonham-Carter, Ralph Fiennes and Peter Kay. It was a critical and commercial success and won the Academy Award for Best Animated Feature. *A delightful and funny adventure for all ages!*

*Original English version with English subtitles. Duration: 1h25'*

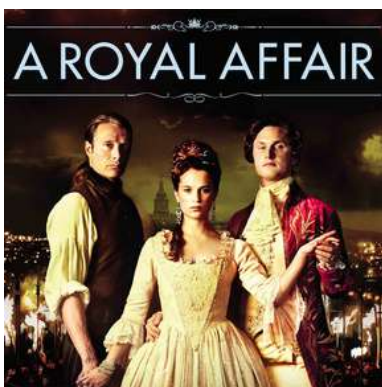
**Note: Contributions are  
very welcome!  
Aurofilm Collection  
Acc. No. 252658**

**Friday 14th March at 8:00 pm**

**“A ROYAL AFFAIR” (En Kongelig Affære)**

*Directed by Nikolaj Arcel, Denmark, 2012*

*With: Alice Vikander, Mads Mikkelsen and Mikkel Følsgaard*



*Synopsis:* Denmark, 1770. The secret passion that Queen Caroline Mathilde holds for the king's physician, the influential Struensee, will forever change the destiny of the entire nation. *A Royal Affair* tells a pivotal chapter of Danish history, forgotten in French textbooks. The romantic and intellectual relationship between Caroline Mathilde and Struensee, deeply influenced by Enlightenment philosophers such as Rousseau and Voltaire, leads to the overthrow of the established social order and foreshadows the revolutions that will ignite across Europe twenty years later. Based on a true story, the movie received two silver bears at the Berlin Festival and was nominated at both Academy Awards and Golden Globe as best Foreign Language Film in 2012.

*Original Danish, Swedish and German version with English subtitles. Duration: 2h16'*





# Cinema Paradiso

Multimedia Center (MMC) Auditorium

Film program : 10th - 16th March 2025

Cinema Paradiso-Multimedia Center is operating at 100% seating capacity. Seating starts about 15mins before screening and stops as the film starts. Kindly arrive in time.

A reminder not to use cell phone for any reason while the program is on, and no food/beverage to be taken inside the hall.

Observing the International Women's Day (8th March) and Women's Month in March we will try to bring films by and/or about women.

## INDIAN – MONDAY 10 MARCH, 8:00 PM:

### • GIRLS WILL BE GIRLS

India-France, 2024, Writer-Dir. Shuchi Talati w/ Preeti Panigrahi, Kani Kusruti, Kesav Binoy Kiron, and others, Coming Of Age-Drama, 118mins, Hindi-English w/ English subtitles, Rated: NR (R)

At a strict boarding school nestled in the Himalayan foothills, 18-year-old Mira first discovers desire and romance. However, her curious, rebellious, coming-of-age is disrupted by her young mother, who never got to come of age herself.

## POTPOURRI – TUESDAY 11 MARCH, 8:00 PM:

### • BABETTES GÆSTEBUD (BABETTE'S FEAST)

Denmark, 1987, Writer-Dir. Gabriel Axel w/ Stéphane Audran, Bodil Kjer, Birgitte Federspiel, and others, Period Drama, 103mins, Danish-French-Swedish-Italian-Swiss w/ English subtitles, Rated: G

In a remote 19th-century Danish village, two sisters lead a rigid life centered around their father, the local minister. Both had opportunities to leave the village but stayed to care for him. Years later, they take in French refugee Babette Hersant, who, after winning the lottery, offers to cook a French meal to repay their kindness. This meal becomes an eye-opening experience for everyone. *A classic to catch or watch again!*

## SELECTION – WEDNESDAY 12 MARCH, 8:00 PM:

### • THE BIRDCAGE

USA, 1996, Dir Mike Nichols w/ Robin Williams, Nathan Lane, Gene Hackman, and others, Comedy, 117mins, English w/ English subtitles, Rated: R

Armand Goldman owns a popular drag nightclub in South Miami Beach. His long-time lover, Albert, stars there as Starina. "Their" son Val (actually Armand's by his one heterosexual fling 20 years before) comes home to announce his engagement to Barbara Keeley, daughter of Kevin Keeley, U.S. Senator and co-founder of the Committee for Moral Order. The senator and family descend upon South Beach to meet Val, his father and "mother." What ensues is comic chaos. *A tribute to Gene Hackman!*

## INTERESTING – THURSDAY 13 MARCH, 8:00 PM:

### • KADIB ABYAD (THE MOTHER OF ALL LIES)

Morocco-Egypt-Saudi Arabia-Qatar, 2023, Writer-Dir. Asme El Moudir w/ Asme El Moudir, Mohamed El Moudir, Zahra Jeddaoui, and others, Biography-Documentary, 96mins, Arabic w/ English subtitles, Rated: NR (PG-13)

A Moroccan woman's quest for truth leads her to unravel a complex web of family secrets. As a daughter and filmmaker, Asmae delves into the intertwined narratives of personal and national history, focusing on the poignant 1981 Bread Riots. Her journey not only illuminates the intricate connections to modern Morocco but also uncovers the enduring impact of historical events on her heritage and identity. Through Asmae's lens, we witness a powerful exploration of legacy, resilience, and the quest for understanding.

## **INTERNATIONAL – SATURDAY 15 MARCH, 8:00 PM:**

- **THE ETERNAL DAUGHTER**

UK-Ireland-USA, 2022, Writer-Dir. Joanna Hogg w/ Tilda Swinton, Louis, August Joshi, and others, Drama-Mystery, 96mins, English w/ English subtitles, Rated: PG-13

In this ghost story from acclaimed filmmaker, a middle-aged daughter and her elderly mother must confront long-buried secrets when they return to their former family home, a once-grand manor that has become a nearly vacant hotel brimming with mystery.

## **CHILDREN’S MATINÉE – SUNDAY 16 MARCH, 4:00 PM:**

- **WOLFWALKERS**

Ireland-Luxembourg-France-China-USA, 2020, Writer-Dir. Tomm Moore & Ross Stewart w/ Honor Kneafsey, Eva Whittaker, Sean Bean, and others, FairyTale-Hand Drawn Animation, 103mins, English-Irish Gaelic w/ English subtitles, Rated: PG

In a time of superstition and magic, young apprentice hunter Robyn and her father travel to Ireland to eliminate the last wolf pack. Robyn befriends Mebh, a wild native girl, and discovers the world of the Wolfwalkers, leading to a transformative adventure.

## **JACK NICHOLSON FILM FESTIVAL @ CINÉ-CLUB**

### **CINÉ-CLUB SUNDAY 16 MARCH, 8:00 PM:**

- **THE LAST DETAIL**

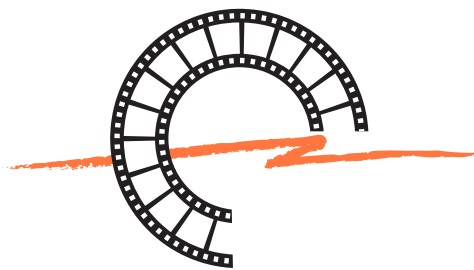
USA, 1973, Dir. Hal Ashby w/ Jack Nicholson, Randy Quaid and Others, Drama-Road Trip, 104 mins, English w/ English subtitles, Rated: R.

Two US Navy sailors, Petty Officers Buddusky and Mulhall, are tasked with escorting a prisoner, Seaman Meadows, to military prison for where he is to start an eight-year term. Being a long trip, Buddusky and Mulhall, see an opportunity to have some fun.

**Rating codes** we often use are from Motion Picture Association of America (MPAA): G= General Audiences, PG= Parental guidance suggested, PG-13= Parents strongly cautioned, R= Restricted (equivalent to Indian rating: A i.e., for Adults), NR= Film Not Rated, Rating awaited.

***To organize a seminar/program at MMC kindly email us at [mmcauditorium@auroville.org.in](mailto:mmcauditorium@auroville.org.in). Our projector is crawling towards the end of its life, making us to look for a new one. We request you to financially support through a one-time or recurring donation to “Cinema Paradiso” (account #105106) or set up for a monthly contribution.***

Thanking You,  
MMC/CP Group Account #105106,  
[mmcauditorium@auroville.org.in](mailto:mmcauditorium@auroville.org.in)



# COMMUNITY SERVICES

## ESSENTIAL SERVICES

### AUROVILLE'S FINANCIAL SERVICES (FS)

- **Timings:** Monday to Saturday, 9am - 12:30pm, and 3pm - 4:30pm
- **Phone:** 0413 2622171
- **Email:** [financialservice@auroville.org.in](mailto:financialservice@auroville.org.in)

### ELECTRICAL SERVICE (AVES)

- **Timings:** Monday to Saturday, 8am - 4:30pm
- **Phone:** 0413 2622132/ 94888 68747 for fault works, repair works and job works  
0413 2622264 clarifications reg. electricity bills, job & repair works bills
- **Email:** [aves@auroville.org.in](mailto:aves@auroville.org.in)

### GAS BOTTLE SERVICE

- **Timings:** Monday to Saturday, 9am - 1pm and 2pm - 4pm
- **Phone:** 0413 2622452
- **Email:** [avgasservice@auroville.org.in](mailto:avgasservice@auroville.org.in)

### WATER SERVICE

- Monitors water lines and supply within AV, undertakes water-related jobs.
- **Timings:** Monday to Saturday, 8am - 12pm and 2pm - 4:30pm
- **Phone:** 0413 2622877, 89035 53246
- **Email:** [avwaterservice@auroville.org.in](mailto:avwaterservice@auroville.org.in)

### ECO SERVICE (WASTE COLLECTION/MANAGEMENT)

- **Timings:** Monday to Saturday, 8:30am - 12:30pm, and 1:30pm - 4:30pm
- **Phone:** 94435 35172
- **Email:** [ecoservice@auroville.org.in](mailto:ecoservice@auroville.org.in)

### POUR TOUS DISTRIBUTION CENTRE (PTDC)

- **Timings:** Monday to Saturday, 9am - 5pm
- **Phone:** 0413 2622746/ 2622796
- **Email:** [ptdc@auroville.org.in](mailto:ptdc@auroville.org.in)

### POUR TOUS PURCHASING SERVICE (PTPS)

- **Timings:** Monday to Saturday, 8:30 am – 5:00 pm
- **Phone:** (0413) 2622152

### AUROVILLE LIBRARY TIMINGS

#### Our timings are:

#### **Mornings:**

- Monday to Saturday : 9am - 12.30pm

#### **Afternoons:**

- Mon, Wed, Thurs, Fri & Sat: 2pm - 4.30pm
- Tuesdays : 4pm - 6.30pm

#### **Children's Storytime! All ages welcome!**

- Every **Saturday** between 10am - 11am.







*Doing nothing for others is the undoing of ourselves.*

*Horace Mann*

## HEALTH

### SANTÉ SERVICES IN MARCH 2025



#### Working Hours:

Monday - Saturday : 9:00 - 12:30pm & 2:00 - 4:30pm

#### Tests and Sample collection:

Monday - Friday : 8:30am - 12:00pm.

No sample collection on Saturday.

#### For emergencies, contact:

Auroville Ambulance (24/7) - Phone : **+91 94422 24680**

Government Ambulance (24/7) - Phone : **108**

#### Appointment

Please call Santé (0413) 262 2803 during working hours for an appointment.

<b>Doctor Consultation with Dr. Gunashree &amp; Dr. Sana:</b> Monday to Saturday	<b>Nurse Care - Thilagam, Ezhil, Archana &amp; Sandhya:</b> Daily: no appointment needed
<b>Ayurveda with Dr. Berengere:</b> Tuesday / Wednesday / Friday	<b>Integrative Psychotherapy with Juan Andres:</b> TOS
<b>Acupuncture with Andres:</b> Monday to Friday	<b>Homeopathy with Michael:</b> Monday / Wednesday / Saturday
<b>Physiotherapy &amp; Massage with Galina:</b> Monday to Friday	<b>Midwifery &amp; GYN Care with Paula:</b> As per availability
<b>Bio-Well Assessment (Evaluation of your well-being) with Helena – email <a href="mailto:adminsante@auroville.org.in">adminsante@auroville.org.in</a></b>	<b>Soundbed Session with Sandhya / Thilagam:</b> Monday to Saturday

In Santé, we value our patient's confidentiality & make every effort to ensure their privacy.

**In case of cancellation or to reschedule, it is necessary to inform us in advance.**

### HEALTH CENTER - KUILAPALAYAM

**Contact:** (0413)-3509942 / 3509943

#### Pharmacy:

- 8:00am - 5:30pm Monday to Saturday

#### Doctor Consultation:

- 8:30am - 5:00pm Monday to Friday  
(1 - 2pm Lunch Break)
- 8:30am - 1pm (Saturday)



### DENTAL CLINIC - KUILAPALAYAM

- **Timings:** Monday to Saturday, 9am - 5pm daily
- **Phone:** 0413 2622007/ 2622265
- **Email:** [aurodentalcentre@auroville.org.in](mailto:aurodentalcentre@auroville.org.in)

## ACCESS TO THE PARK OF UNITY AND MATRIMANDIR

### The Park of Unity

*The Matrimandir, the Petals, the Lotus Pond, Banyan Tree are areas of SILENCE*

- The Park of Unity is open to Aurovilians and Newcomers  
Daily: 6.00 AM to 7.30 PM
- Aurovilians may bring family and friends to the Gardens  
Daily: 9.00 AM to 12.00 PM
- Volunteers and Pass holders require a pass to enter the Park of Unity. Timings will be indicated on the pass.
- Published events in the Park of Unity are open to Aurovilians, Newcomers, Volunteers, Pass holders and Guests. Guests should bring their Aurocards.

### The Inner Chamber of the Matrimandir

The Matrimandir is a place for silent individual concentration.

- The Inner Chamber is open to Aurovilians and Newcomers:  
Monday – Saturday 6.00 AM to 8.00 AM  
4.30 PM to 7.30 PM  
Sunday 6.00 AM to 12.00 PM  
4.30 PM to 7.30 PM
- The Inner Chamber is open to SAVI registered Volunteers:  
Wednesday – Monday 8.00 AM to 8.40 AM.  
Arrival at 7.45 AM at the Office Gate
- The Inner Chamber is open to Aurovilians wishing to accompany a maximum of 5 close family and friends, no more than once in two weeks, with booking 3 to 5 days in advance to [mmconcentration@auroville.org.in](mailto:mmconcentration@auroville.org.in):  
Any day except Tuesday & Sunday: 8.00 AM to 8.35 AM  
Arrival at 7.45 AM at the Office Gate
- The Inner Chamber, the Petals and the Gardens are open to the Children of Auroville and the Outreach Schools:  
Tuesday 9.00 AM to 11.00 AM
- The Auroville units can bring their staff to the Inner Chamber with a prior booking to [mmconcentration@auroville.org.in](mailto:mmconcentration@auroville.org.in):  
Tuesday 8.00 AM to 8.30 AM

### The Petals of the Matrimandir

- The Petals are open to Aurovilians, Newcomers and Pass holders  
Monday – Sunday 7 AM to 8 AM,  
Tuesday AM closed.  
Daily 5 PM to 6 PM

### Access to Matrimandir for Visitors and Guests Matrimandir Viewing Point

The Viewing Point is open to the general public on presentation of a Pass.

Visits to the Matrimandir Viewing Point are free of cost.

Free passes can be obtained at the Auroville Visitors Centre

The Viewing Point lies south of the Park of Unity and offers visitors a panoramic view of the Matrimandir and the Gardens and the Lake.

Timings starting from the Visitors Centre:

Daily: 9.00 AM to 5.30 PM

### The Inner Chamber of the Matrimandir

The Inner Chamber is open to Visitors and Guests by prior booking only. Visitors and Guests seeking to concentrate in the Inner Chamber are requested to inquire at the Information Desk of the Visitors Centre after first visiting the Viewing Point. Prior booking is required to access the Inner Chamber, at least one or two days in advance. Bookings for concentration are given for the following or the first free day as per availability and are accepted only up to one week in advance. Minimum age 10 years. The Petals are open to Visitors on the morning of their Inner Chamber visit.

**Auroville TO PONDICHERRY**

	Trip 1	Trip 2	Trip 3
Svaram Musical Center	7:00	8:50	14:50
Vérité Guest House - Junction	7:02	8:52	14:52
Town Hall - Main Parking	7:06	8:56	14:56
Solar Kitchen (Ex Round About)	7:10	9:00	15:00
Certitude Entrance	7:12	9:02	15:02
New Creation Road	7:17	9:07	15:07
SBI Bank—Kuilapalayam	7:19	9:09	15:09
ECR Junction—Aroma Guest House	7:23	9:14	15:14
Quiet Healing Center—Junction	7:26	9:17	15:17
Lotus Hotel—S.V Patel Salai	7:36	9:30	15:30
Ashram Road Junction	7:38	9:33	15:33
Ashram Dining Hall	7:40	9:35	15:35

**Pondicherry TO AUROVILLE**

	Trip 1	Trip 2	Trip 3
Ashram Dining Hall	8:00	12:15	18:10
Ashram Road Junction	8:02	12:17	18:12
Lotus Hotel—S.V Patel Salai	8:07	12:22	18:17
Quiet Healing Center—Junction	8:17	12:32	18:27
ECR Junction—Aroma Guest House	8:20	12:35	18:30
SBI Bank—Kuilapalayam	8:25	12:40	18:35
New Creation Road	8:27	12:42	18:37
Certitude	8:32	12:47	18:42
Solar Kitchen (Ex Round About)	8:34	12:50	18:44
Town Hall - Main Parking	8:38	12:54	18:48
Vérité Guest House - Junction	8:42	12:58	18:52
Svaram Musical Center	8:45	13:00	18:55

- Single Trip = ₹100 per person
- Monthly Scheme (Students + AV Workers) = ₹1200
- Monthly Scheme (Students + AV Workers) = (One Way) ₹850

Auroville Vehicle Service  
Town Hall, Auroville, 0413 2623302



Join our WhatsApp group of Auroville Bus to get regular updates:

<https://chat.whatsapp.com/Lt43wBCBno1E6CTwoaUt2x>

**EMERGENCY NUMBERS**

**Ambulance (24/7):**

Auroville 94422 24680	PIMS 0413 2656271	
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**Security (24/7):**

Auroville Police Station 0413 2677318	Kottakuppam Police Station 0413 2236148	Vanur Fire Station 0413 2677368
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**Health:**

Health Center 0413 3509942 & 3509943	Santé 0413 2622803	Farewell 89038 36246
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**Mental Health 24/7 Support:**

Vandrevala Foundation +91 99996 66555

**India Emergency Response Service (24/7): 108**