

Auroville

NEWS & NOTES

No 1058 - A weekly bulletin for residents of Auroville

16 January 2025

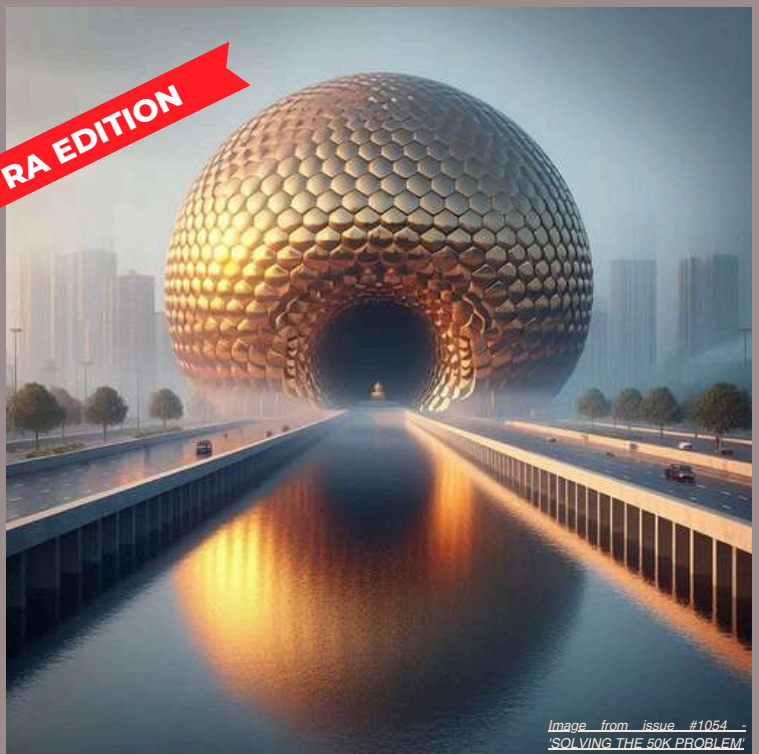


Image from issue #1054 - 'SOLVING THE 50K PROBLEM'

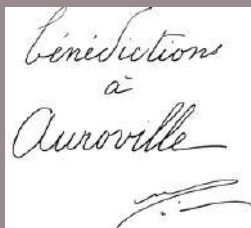
PONDERING

The movement of love is not limited to human beings and it is perhaps less distorted in other worlds than in the human. Look at the flowers and trees. When the sun sets and all becomes silent, sit down for a moment and put yourself into communion with Nature: you will feel rising from the earth, from below the roots of the trees and mounting upward and coursing through their fibres up to the highest outstretching branches, the aspiration of an intense love and longing,—a longing for something that brings light and gives happiness, for the light that is gone and they wish to have back again. There is a yearning so pure and intense that if you can feel the movement in the trees, your own being too will go up in an ardent prayer for the peace and light and love that are unmanifested here. Once you have come in contact with this large, pure and true Divine love, if you have felt it even for a short time and in its smallest form, you will realise what an abject thing human desire has made of it. It has become in human nature something low, brutal, selfish, violent, ugly, or else it is something weak and sentimental, made up of the pettiest feeling, brittle, superficial, exacting. And this baseness and brutality or this self-regarding weakness they call love!

The Mother, 2 June 1929, CWM : Questions And Answers (1929-1931)
<https://motherandsriaurobindo.in/The-Mother/books/questions-and-answers-1929-1931/#c-2-june-1929>



THE MOTHER ON AUROVILLE



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AUROVILLE CHARTER : TO BE A TRUE AUROVILIAN

Page 31

1. The first thing needed is the inner discovery, to find out what one truly is behind social, moral, cultural, racial and hereditary appearances. At the centre there is a being, free and vast and knowing, who awaits our discovery and who should become the active centre of our being and our life in Auroville.
2. One lives in Auroville to be free from moral and social conventions; but this freedom must not be a new enslavement to the ego, to its desires and ambitions. The fulfilment of one's desires bars the way to the inner discovery which can only be achieved in the peace and transparency of perfect disinterestedness.
3. The Aurovilian should lose the sense of personal possession. For our passage in the material world, what is indispensable to our life and action is put at our disposal according to the place we must occupy. The more we are in conscious contact with our inner being, the more will the exact means be given to us.
4. Work, even manual work, is something indispensable for the inner discovery. If we do not work, if we do not put our consciousness into matter, matter will never develop. To allow the consciousness to organise a little matter by means of one's body is very good. To create order around us helps to create order within us. We should organise our lives not according to outer artificial rules, but according to an organised inner consciousness, for if we let life go on without subjecting it to the control of the higher consciousness, it becomes dispersed and inexpressive. It is a waste of time in the sense that no conscious use is made of matter.
5. The whole earth must prepare itself for the advent of the new species, and Auroville wants to work consciously to hasten this advent.
6. Little by little it will be revealed what this new species must be, and meanwhile, the best course is to consecrate ourselves entirely to the Divine.

The city the earth
needs.



Divine Love Governing the World

A beautiful and happy world for which
we all aspire. - The Mother

Brownea coccinea Jacq. Corr. Murr.,
Leguminosae.

Scarlet flame bean

Page 32

*

The only true freedom is the one obtained by union with the Divine.

One can unite with the Divine only by mastering one's ego.

1971

The freedom we want to realise in Auroville is not licence—each one doing what he pleases without concern for the well-being of the organisation of the whole.

1969

*

Freedom is possible only in union with the Divine.

To unite with the Divine one must have conquered in oneself the very possibility of desire.

28.2.1969

All fancies are vital movements and most undesirable.

Liberty does not mean to follow one's desires but, on the contrary, to be free from them.

27.8.1971*

NEWS & NOTES GUIDELINES

DEADLINE FOR SUBMISSIONS: TUESDAY 5PM

The content of News & Notes is a reflection of the growth process of this community towards its ideals of Harmony, Goodwill, and Truth. Editing of submissions, mainly for reasons of space and clarity, is done according to an established policy.

DISCLAIMER:

Please note that the opinions and views expressed on these pages are solely those of the respective authors or work groups and do not necessarily reflect the position of the editors or the larger Auroville community. The News & Notes aims to provide a platform for the publication of diverse perspectives and voices from multiple sources within Auroville.

While our editors strive to ensure the accuracy of the information presented, we cannot guarantee that all information is free from error or omission. Additionally, we cannot be held liable for any alleged misinformation provided or offence caused by the content published.

In the event of any dispute, we encourage readers to consult with the Auroville Council, and we reserve the right to suspend the publication of disputed material. Our commitment to providing an open and inclusive platform for dialogue and exchange of ideas remains steadfast.

The News & Notes team
newsandnotes@auroville.services

LIST OF ACRONYMS:

AVF (Auroville Foundation), **AVFO/FO** (Auroville Foundation Office), **GB** (Governing Board), **RA** (Residents Assembly)

The following groups are divided in two categories: The groups selected by the Residents Assembly through Community decision making Processes and the groups put together by the GB and the FO (*not recognised by the Residents Assembly*).

Working groups selected by the Residents Assembly:

Working Committee (RA WCom)
Funds and Assets Management Committee (RA FAMC)
Budget Coordination Committee (RA BCC)
Town Development Council / L'avenir d'Auroville (RA TDC)
Auroville Council (AVC)
Entry Service (ES)

GB groups:

Working Committee (GB WC)
Funds and Assets Management Committee (GB FAMC)
Budget Coordination Committee (GB BCC / GB BCS)
Auroville Town Development Council (GB ATDC)
Housing Service (GB HS)
Land Board (GB LB)

NOTE FROM THE EDITORS



Dear Community,

Here is some important information:

- You can read past issues and subscribe [HERE](#).
- If you wish to support the N&N community Edition, you can donate at this account no: **FS #252150**.
- Content sent through @auroville.org.in mail ID, will only reach us if you use this [FORM](#) to submit your content.
- The mail ID to submit content is:
newsandnotes@auroville.services

Thank you for your continued support!

In community,
The RA Community Edition News & Notes Team

CONTENTS

Mother on Auroville

Guidelines / Acronyms / Table of Contents

WORKING GROUPS NEWS

From the Entry Service

GB / FO Groups News

COMMUNITY NEWS

Obituary

Residents' Service Assembly

A Summary of Events Happening in Auroville Today

Community Sharing

Residents Speak

Auroville Conversations

Food For Thought

French News & Notes

Inner Journey

ANNOUNCEMENTS

Lost (& Found)

Looking For

Available

Activities at Serendipity

Activities at JOI - Anitya Community

Workshops

CULTURAL ANNOUNCEMENTS

Auroville Radio

Food

Art Exhibitions

Poetry

For The Bookworms

Cinema

Cinema Paradiso

COMMUNITY SERVICES

Essential Services

Education

Other 'Services'

Health

Access to the Park of Unity and Matrimandir

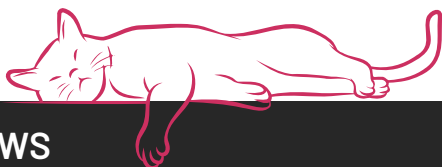
AV Public Bus / Emergency Numbers

WORKING GROUPS NEWS

FROM THE ENTRY SERVICE

NO ANNOUNCEMENT THIS WEEK

If you need to contact the Entry Board, write to:
auroville.entryboard@gmail.com



FO GROUPS NEWS

(not selected by due Residents Assembly process)

FROM THE FO N&N 1061

Please click [HERE](#) to read the FO groups news

COMMUNITY NEWS



OBITUARY

THOMAS OF WELTWAERTS PASSED AWAY



AVI Germany would like to share the sad news about the passing of its long-term board member Thomas Dreyer on Monday, January 6, after a long and serious illness. Thomas was the main project manager of the German Weltwaerts volunteers programme, supported by his wife Birgit. They both spent their annual holidays in Auroville,

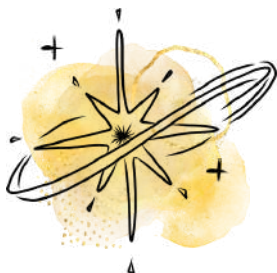
visiting the volunteers and their places of assignment. Without his many years of tireless commitment, the program would not have been able to continue successfully for so many years.

Thomas held a PhD in physics and was a widely learned and knowledgeable person. He was a very kind man, firmly based on his connection with the Mother, with Sri Aurobindo and the Integral Yoga. His presence will be sorely missed.

We will always remember Thomas with love, gratitude and appreciation and wish him a smooth transition into his new form of existence. Our thoughts are with Birgit in these difficult times.

Friederike for AVI Germany

~ OM ~



RESIDENTS' ASSEMBLY SERVICE

FOLLOW-UP RA MEETING IN PREPARATION FOR A RESIDENTS' ASSEMBLY DECISION-MAKING PROCESS ON A REVISED RAS MANDATE

Dear Aurovilians,

The Residents' Assembly Service (RAS) invites you to a follow-up Residents' Assembly Meeting (RAM) in preparation for a Residents' Assembly Decision (RAD) on the revised RAS mandate. The RAD is initiated by the Auroville Council, in collaboration with the RA Working Committee.

The event is going to be held on:

MONDAY 20th JANUARY
5:00pm - 6:00pm
PAVILION OF TIBETAN CULTURE

The meeting will be live streamed by Auroville Radio, here is the link: <https://youtube.com/live/x-NbopJa9y0?feature=share>

An updated version of the RAS mandate will be presented during this follow-up meeting. This revised version reflects the valuable feedback provided by the community at large.

The proposal to revise the RAS mandate will be put out to the community for a decision, following the due process as envisioned by the [RAD policy, 2023](#).

TENTATIVE AGENDA

- Welcome and Introduction
- Presentation of an updated version of the RAS mandate
- Q&A
- Pulse check for confirmed Aurovilians (in-room and online)
- Next steps and closing.

REFERENCE MATERIALS

- [RAS mandate \(updated version\)](#)
- [RAM1 report](#)
- [RAD policy, 2023](#)

We look forward to your continued participation and thoughtful engagement!

Sincerely,
For the Residents' Assembly Service
Peter (TOS), Tatiana, Vignesh

A SUMMARY OF EVENTS HAPPENING IN AUROVILLE TODAY

ERRATA & MM LAKE BREAKAGE UPDATE

In our last summary, a rebuttal to the Matrimandir Lake incident report did not contain the link to the rebuttal, or the original report from the MM Lake Team. Both documents can be found in [this email](#).

Jan Imhoff also shared a [detailed report](#) giving his opinion on why the MM wall broke apart during the cyclone. Jan was previously chief engineer of the test lake and channel but he resigned when the current MM Lake Team decided to go ahead with the second phase of the lake before the test lake was completed.

Recently, in order to speed up the work after the MM lake wall breakage, the MM team have begun releasing large amounts of water from the lake, allowing it to flow down the road next to Town Hall towards Citadine. Several residents reported seeing 'a river' of water flowing away from the MM area. It seems the lake water is being wasted instead of directed into the canyons or existing rainwater collection areas near MM to recharge the aquifer.



DR. JAYANTI RAVI'S RETURN CONFIRMED

After several months of speculation since her [repatriation](#) to Gujarat in August 2024, it has been [confirmed](#) that Dr Jayanti Ravi has been given a dual role, as both Secretary of the Auroville Foundation and the Revenue Secretary of Gujarat State. It is highly unusual for a person to hold roles at both State and Central levels.

The notice indicates that her latest tenure is for one year, or until a new Secretary is appointed, whichever comes soonest. The notice is dated 20th December 2024, meaning that she was not the Secretary in the period August-December, despite multiple [press reports](#) and [claims](#) from AVFO allies stating that she was.

'HRS' FORMED BY AVFO 'FAMC'

In November 2024, a [Standing Order](#) regarding residence criteria was announced by the AVFO, laying out a stringent 'Code of Conduct' to severely restrict the activities of Auroville's residents, under the threat of 'termination of status'.

The AVFO 'FAMC' shared an [announcement](#) that they had "established a sub-department, the "Human Resources Service" (HRS), to manage all matters related to the Residents of Auroville. The team consists of Antim, Joel, Muriel, Raja, Sindhuja, and Suresh".

The inclusion of Sindhuja means that she now has five, or possibly six, roles under the AVFO - [Member of AVFO 'ATDC'](#), 'AVFO Town Planning Group Incharge/Coordinator'(in her own words), ['AVFO Legal Coordinator'](#), ['AVFO Media Vetter'](#), and [AVFO 'HRS' member](#). She has also put herself forward to be a member of the [AVFO 'Admission & Termination Committee'](#) and in December 2021 she was appointed one of the AVFO's ['Official Spokespersons'](#).

A later [announcement](#) from the new 'HRS' team outlined their numerous roles and responsibilities including: giving permission to Aurovilians leaving Auroville for more than two weeks, giving permission to host a family member for more than 7 days and gathering information about any work people do outside of Auroville.

The RA WCom shared a [massbulletin](#) offering clarifications on the Standing Order. They pointed out that the order appears to have been issued without proper legal authority because there has not been any consultation with the other two authorities of the Auroville Foundation, the RA and the IAC. Also, it offers a flawed interpretation of the Mother and Sri Aurobindo's vision, and goes against core principles of spiritual freedom. They also stated that the order "contains provisions that infringe on basic human rights and constitutional freedoms. The restrictions on freedom of expression, assembly, movement, and association raise serious ethical and legal concerns".

Residence Service reduced capacity and renamed

In the first week of January 2025, the Residents Service (RS) were informed that the 'HRS' team will be taking over one of their functions - collecting information about when Aurovilians arrive and depart. At the moment however, RS are still collecting this

information. RS were also informed that their name would be changed to 'Passport and Visa Registration Desk'.

ROAD CONSTRUCTION UPDATE

Road construction continues across Auroville, with at least 9 sections of road currently being built. Most of the construction work is being completed by CPWD however Michael Bonke's team is building one section of the Crown, which starts at Savithri Bhavan and goes toward PTDC .

The locations in which the roads are being built are;

- [A Radial between Transformation-Revelation](#)
- [The Outer Ring Road between the Southern Service Node and Aurovelo](#)
- [A Radial by Verite](#)
- [A section of the Crown at Savitri Bhavan](#)
- [A Bridge through Darkali watershed](#)
- [A Radial by Vikas/Invocation/Vibrance](#)
- [A section of the Crown through Centrefield](#)
- [A Radial opposite Solar Kitchen](#)
- [A Radial through Aurodam](#)

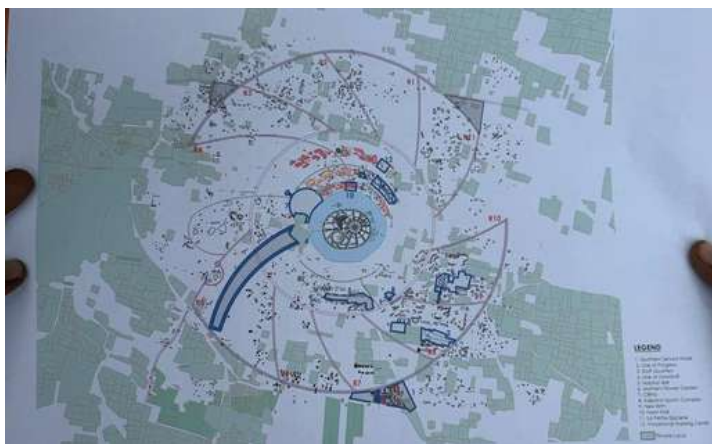
The total cost of all of the roadworks that have been tendered by CPWD, according to the [government E-Tenders portal](#) is ₹38 crores (\$4.5 million US dollars), with an additional ₹7.6 crores being spent on electrical works. These figures are CPWD estimates so final costs could be higher or lower.

Large areas of forest have been cleared and as of July 2024 the number of mature trees felled so far is over 6,560, of which more than half have a girth of over 1 meter. Additionally, more than 7,330 trees under 15 cm in girth, and more than 20,860 woody plants from the under storey have been cleared since December 2023. These are only the trees that have been surveyed and counted. Due to the sheer amount of clearing and tree felling taking place, not all have been documented, with more trees being felled every day.

The RA TDC recently wrote a [letter](#) to the AVFO 'ATDC' with details about how the extensive deforestation in areas such as Darkali and Bliss have led to a substantial increase in surface runoff which "culminat[ed] in the breach of the Alankuppam-Kottakarai pond bund, which caused flooding in the downstream villages".

In three areas, Transformation/Vikas/Verite, the roads are being built on top of or alongside well-built and well functioning existing roads. However, because the CPWD have made changes to the trajectory of the radials, the roads have been dug up and are being replaced by roads that differ by just a few meters. This means that a number of mature trees have been removed and some buildings at Afsanah's Guest House are now [threatened with demolition](#). In the rest of the areas the roads are new builds, however the majority of them do not connect with any existing infrastructure and their progress is blocked by private lands so they are literal 'roads to nowhere'.

The RA TDC recently [wrote](#) to the Villupuram Joint Committee, the Ministry of Environment, Forestry and Climate Change as well at the GB and the IAC to outline their serious concerns. They highlight that none of the construction contracts (including the lake building at MM) have been given formal approval by state planning authorities, nor do they have the approval of the Residents' Assembly. Other serious issues include lack of financial transparency, threats to safety, environment and community, lack of consideration for sustainable urban planning and lack of professionalism and integrity.



MM SOIL 'SMUGGLING'

According to a letter dated December 27th 2024, Major Arun Prakash Ambathy (Retd) raised serious concerns regarding alleged unauthorized soil transportation between states, from Auroville (Tamil Nadu) to Pondicherry.

In his [letter](#) addressed to the Secretary of Auroville, Arun describes two lorries (bearing Tamil Nadu registration numbers) transporting soil from the Matrimandir site in Auroville to Sanjeevi Nagar, Pondicherry. Upon confrontation, the transporters allegedly stated that the operation was directed by Selvam from Matrimandir. The matter was then brought to the attention of AVFO 'ATDC' member Govind, who reportedly stated he was unaware of any granted permissions for such transportation. Subsequently, Rajendran from AVFO 'ATDC' was sent to verify these claims and he too claims to have witnessed the transportation. According to the letter, when Rajendran confronted workers supervising the unloading, they stated that the operation had support from all five Matrimandir executives. The letter further states that multiple soil piles from Matrimandir excavations have been disappearing rapidly, with visible JCB bucket marks indicating mechanical transportation. Of particular concern is the claim that some of this soil is being dumped on private property belonging to Aditi Diamonds. Michael Bonke is one of the Directors of Aditi Diamonds.

In his appeal to Dr. Jayanthi Ravi, Arun requested clarification regarding any existing permissions for this inter-state soil transportation, called for an investigation if no such permissions exist, and urged for immediate action to stop unauthorized excavation and transportation. He also requested a comprehensive audit of the total soil volume excavated from the Matrimandir site.

Video evidence is available [here](#) and [here](#).

REPORT ON DARKALI BRIDGE CONSTRUCTION

A detailed [evaluation report](#) published in November 2024 by Satprem Maïni, Director of the Auroville Earth Institute, highlighted several concerns regarding the ongoing construction of a bridge at Darkali for the Crown Road project.

The report indicates that while the initial plan called for a bridge spanning approximately 25 meters to cross a water body, the Central Public Works Department (CPWD) is now constructing a 160-meter-long structure. The excavation width reaches up to 25 meters in some areas, significantly exceeding the 9.1-meter limit recommended by the Joint Committee appointed by the National Green Tribunal.

Key findings from the report include:

- The construction has destroyed existing rainwater harvesting systems that previously collected approximately 3 million litres of water annually
- No drainage systems have been planned for managing water flow in an area that handles 60% of rainfall within the Crown

- The project cost has increased from an initial estimate of ₹50 lakhs to approximately ₹5 crores
- The CPWD used inadequate materials and failed to follow proper construction standards for road sub-grade and sub-base preparation
- Required environmental impact assessments were not conducted

The report notes that Darkali stewards had proposed an alternative route that would have preserved the ecosystem while accommodating the road, but this proposal was rejected by the AVFO 'ATDC'. Recent rainfall of 84.1mm over three days has already caused flooding at the construction site, raising concerns about future water management.

The construction continues despite these issues and apparent violations of the Joint Committee's recommendations regarding road width and environmental protection measures.



AVFO ENTERS NEW AGREEMENTS WITHOUT RA CONSULTATION

The Auroville Foundation Office (AVFO) continues to enter into institutional agreements without consulting the Residents' Assembly (RA). At least 12 Memorandums of Understanding (MoUs) have been signed since January 2022, with the latest development being a planned connection between Auroville and Gujarat.

On December 25th 2024, Villupuram District Collector D. Mohan [announced](#) a "significant plan" to connect Auroville's development models with Gujarat (see [here](#) for a translation into English). The initiative focuses on environmental protection, sustainable growth, and cultural exchange, particularly in areas of agricultural practices, water conservation, and renewable energy.

This follows a pattern of institutional agreements made by the AVFO without RA involvement. Other partnerships include:

- [University of Pondicherry \(January 2022\)](#)
- [Central Public Works Department \(March 2022\)](#)
- [IIT Madras \(2023\)](#)
- [Indira Gandhi National Centre for the Arts \(February 2024\)](#)
- [Centre for Development of Advanced Computing \(May 2024\)](#)
- [Department of Art & Culture, Pondicherry \(July 2024\)](#)
- [Indian Council for Cultural Relations \(September 2024\)](#)

The Gujarat initiative was preceded by a special talk on "[Good Practices at Auroville](#)" held at the Ahmedabad Management Association on January 3rd, 2024. According to a [social media post](#) by GB member Goutam Ghosal, five MoUs were then signed within a four-day period.

Despite multiple Right to Information (RTI) requests filed by residents, the contents of these MoUs remain undisclosed.

Information about agreements being entered into on behalf of Auroville has only reached residents through social media posts and newspaper reports.

GRATITUDE FARM PROJECT TERMINATED EARLY

The Gratitude Farm experimental project, [launched in October 2022](#) by the AVFO 'FAMC' as a two-year initiative to develop natural precision farming methods in Auroville, has been abruptly terminated after 1.5 years. The project's half-acre of land from Demo Farm was handed back to the AVFO 'FAMC' last month, as [reported](#) by the Farm Group.

The land has not been returned to Demo Farm, as originally agreed, but appears to be under use by a member of the AVFO 'Farm Service' without any formal process or communication about its future use. The project had committed to providing training in [Natural Precision Farming](#) as per the MoU, but farmers report significant discrepancies between actual and projected crop yields and lack of promised training delivery.

Following the review of the project's annual report, concerns were raised with the AVFO 'FAMC' regarding inconsistencies in the data. Additionally, the project's termination occurred without explanation or adherence to the MoU's amendment clause, which requires changes to be mutually agreed upon in writing.

On July 18th July 2024, the Farm Group sent [an email](#) to the AVFO 'FAMC' requesting clarification on the early termination, evaluation of project outcomes, and plans for the land's future use. No response has been received to date.

The Farm Group emphasizes that this initiative was intended to benefit Auroville farming through knowledge sharing and training, but these benefits have not materialized. Community members with questions or suggestions are invited to contact aurovillefarmgroup@gmail.com.

MISCELLANEOUS NEWS

- Further attempts to take over Afsaneh Guest House: On 30th December 2024, a group of AVFO 'working group' members [attended Afsaneh's Guest House](#) to demand that the management team hand over the keys. The request was refused on the basis that the Code of Conduct is not being followed. The AVFO members eventually left.
- Auroville and Its Destinies: An Aurovilian has shared a text in [English](#) and [French](#), addressed to "to all those who are concerned with the existence and the path of Auroville."
- RA TDC request to stop using cycle paths: RA TDC sent out a [massbulletin](#) at the end of December 2024, highlighting the dangerous usage of cycle paths around the school area in Auroville.

MEDIA & OTHER LINKS

- Mediapart.fr: 28th December 2024: [Inde : le crépuscule d'Auroville, cité utopique brisée par le pouvoir et les promoteurs](#) (In French) by Côme Bastin
- RA Forest Caretakers: 31st December 2024: [Humorous Newsletter No.4](#)
- Lesoir.be: 30th December 2024 [Inde : la cité utopique et internationale d'Auroville au bord de l'implosion](#) by Côme Bastin



COMMUNITY SHARING

AUROVILLE STORIES : 1968 - 2068



Let's take some time to remind each other (and ourselves!) why we came to Auroville and imagine where we might go ... together. The dream of Auroville Stories: 1968-2068 is to screen short (i.e. 3-4 min) narratives from our past — and future! — in early March. To start, please come to one (or more!) Intro Session next week at the Youth Space in Aurodam to...

- Reconnect with The Mother's and our personal visions for Auroville
- Remember some key moments of inspiration from our past
- Play a short game to stretch our imaginations
- Visualize a future, fully manifested Auroville
- Share in small groups about our memories and visions
- Explore key elements of compelling storytelling
- Outline the process to create "digital stories" in February.

Please share with others and RSVP at bit.ly/AVstoriesINTRO (or via the QR code above) even if you might not continue in February as it will surely be a fun and inspirational event in its own right! Contact Daniel Greenberg at daniel@ic.org or on WhatsApp, Telegram, or Signal at +1 978-394-1711 if you have thoughts or questions. Thanks and we can't wait to hear your stories and visions of Auroville!

OFFERING

Offering a range of sessions as a gift to the AV community, from whom I always receive SO much.

These range from living slowly, travelling the world, discovering a dustbin free life- befriending the body- relationship repair and more.

All are listed in this google doc with my contact info
<https://docs.google.com/document/d/1jFoGVktpwKjZB-QywyF39BOn5t359475Z5bqbBNVfqU/edit?tab=t.0>

Thank you for reading and accepting these gifts.

Love, Deepa

stigmatad@gmail.com

@nomadicdeepa / <https://www.facebook.com/deepaaaaaa>



RESIDENTS SPEAK

GOVERNANCE IN AUROVILLE: A SERIES OF EXPERIENCES



At the dawn of this enigmatic and perilous year 2025 - marking the end of a cycle, according to numerology - what will happen next in Auroville and around the world, what will become of the destiny of nations and, consequently, the future of humanity - all interrelated subjects? These are big questions, which today depend on the clash of cultures and ideologies, as well as the systems of governance they engender and support, and which, to put it simply, can be identified in two increasingly distinct and hostile groupings: democracies and dictatorships.

“Democracy is the worst form of government, except for all the others”, said Churchill, with his legendary sense of humor. Despite its relative fragility and all its imperfections, including a certain inefficiency and bureaucratic clumsiness, democracy guarantees citizens numerous freedoms, and its greatest quality is that it can always be perfected. Dictatorships sometimes stand out for their greater efficiency at the beginning of their establishment, but this is soon disastrous, as arrogance, corruption, violence and incompetence combine to lead them inevitably to collapse - which can happen in a single day, as we have seen in recent history. At a certain point, the generalized intimidation they inflict on their citizens, sometimes turning into a veritable regime of terror, reaches a critical point, and these regimes more often than not end up in the dustbin of history, in a calamitous or catastrophic outcome. Let's remember just one criterion for weighing up the respective value of these two kinds of governance: those who live under a dictatorship dream of living in a democracy, but never the other way round.

In Auroville, a microcosm of the world and a laboratory town, governance, like everything else, is a matter of experiment, of trial and error. Auroville's long-standing system of direct democracy has made it a unique, attractive and pleasant place to live. On the other hand, this system has led to a certain laxity when it comes to the basic rules to be followed, and has resulted in the postponement and even blockage of many interesting and worthwhile projects, thus engendering the frustration of those who had a legitimate desire for the town to be built at a much more sustained pace.



For the past three years, Auroville has been undergoing a new experiment with authoritarian management, which aims to restore order to the town's affairs and recover “lost” time in terms of its development. Although a rigid readjustment was probably inevitable and salutary, it has to be said that

the balance sheet, by all accounts, is hardly glowing. Citizens are no longer consulted, or even informed, either about administrative decisions, which are sometimes contradictory, or about the destination of the various worksites opened up here and there. They feel ignored, hustled and scorned, and have lost all motivation, as well as their joie de vivre and creativity. Many have packed up, willingly or unwillingly, or are about to do so, and the few newcomers are simply discouraged from staying. What's the point of living in ghost towns like those recently built in China? We can only hope that the current situation of opacity, arbitrariness and, above all, confusion will dissipate or lighten in the not-too-distant future. Perhaps we'll have to wait until the purgatory of necessary adjustments has come to an end, or until the road-building mandate has been completed and the dust has settled?

But what kind of governance model could then be put in place, more in keeping with the spirit of Auroville, once this latest experiment in vertical management has run its course? The collective aspiration can only be that of a benevolent, active and constructive cooperation, on the part of all those who still believe in the Auroville adventure, while assuming themselves as responsible citizens, not only aware of their rights - too often self-granted - but also of their duties, sometimes neglected. Only this kind of cooperation between all those with good will can lift Mother City out of the prevailing gloom, and restore to Aurovilians the joy of creating and working together for the harmonious blossoming of the town, in complete dedication and mutual respect.

Thanks in any case to all Aurovilians, those true Warriors of Light, for carrying on in spite of everything. Thank you for your courage and resilience, for without you, Mother's city, as finished and sumptuous as it might be, would be meaningless.

Happy New Year to you all! May 2025 be more open to the advent of Human Unity and World Peace!

Pragna

(NOT JUST) WORD PLAY

After receiving the raindrops of “Divine, Dive in”, a whole world opened itself to me. It is unknown to the surface mind, and yet somewhere in me it feels familiar and reassuring. And thus the journey continues.

This time, another word came in sight — genius.

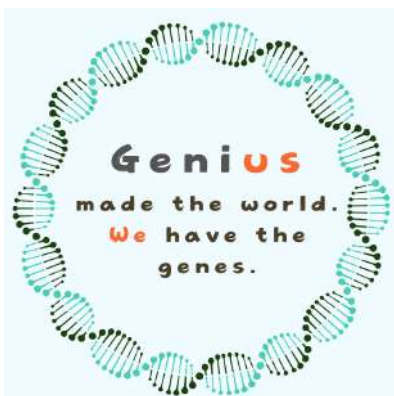
Does it refer to the very few geniuses whom we can count with our fingers and toes? Or is it a gift bestowed to every ONE, from THE ONE? I tend to lean towards the latter. And then, how come we “normally” don't see ourselves as genius-in-the-making, cannot bring it all out?

I remember at one point in my childhood, before I could put it in words, there arose a clear and intense feeling in me that this life is about moulding all potentialities into realities. This feeling never left me, it only grew with more setbacks and confirmations.

All life situations seem to move us to the Call in the Core. And we seem to be helping ourselves and each other in the “push-and-pull” embroidery of the Divine Weaver.

What a joy to discover the Genius within!

And now, I smile at the very “Aurovilian” phrase “work in progress” every time I see it or think of it. Indeed.



To be continued...

Anandi Zhang



HUMAN-UNITY-CENTRIC GROWTH

After half a decade of organic growth—both literally and figuratively—Auroville has been overtaken by the overwhelming weight of administration and power-hungry zealots. It's important to note that the zeal of these individuals serves only their personal agendas, with little regard for the collective aspects of community life.

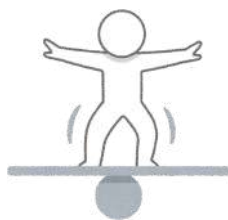
It's easy to cast blame on "the other." This is a well-known tactic, often referred to as "us versus them," employed extensively by politicians and manipulators to sow division. In Auroville, this dynamic took shape in the form of the "Guardians of the Galaxy" versus the "Tree-Huggers," with each camp accusing the other of pursuing self-interest at the expense of the greater good. The same arguments, shaped perfectly to fit the opposing faction.

In reality, both sides were—and still are—frustrated. Between a lack of funding, convoluted processes, and missing lands, the Auroville landscape has become an obstacle course that is barely surmountable, even for the fittest marathoners.



And this doesn't even take into account additional local challenges such as intense weather (have you noticed how humid it gets?), the peculiarities of standard timings (have you ever heard of "nallaki"?), and culture shocks (have you ever witnessed burning trash mountains?). Moreover, those who choose to live in Auroville have made the decision to radically change their way of life, their thinking, and their actions. It would take a superhuman level of strength, willpower, and resilience to remain unaffected by all this—and that, my friends, is a work in progress.

Many of us have two sides: one that's all about structure and control, and another that's flexible and adaptable—kind of like a split personality, but (mostly) without the need for a therapist. The extent to which these sides show up can vary wildly, depending on the day, the mood, or how much coffee we've had. This push and pull is a natural part of human psychology. These sides tend to coexist, with people flipping between them like a coin depending on the situation or their emotional state. And hey, if you look at the idea of cognitive flexibility, it even suggests that the secret to surviving life's curveballs is learning how to juggle both sides without dropping the ball.



So, how do we find balance between these two sides within ourselves? How do we establish adaptive governance systems that foster harmony, autonomy, and resilience? How do we work toward a compromise between human-centric "developments" and organic growth, for a human-unity-centric outcome?

PREPARING FOR THE DIVINE MANIFESTATION



The first and last word for the aspiring receptive is Surrender or Bhakti to the Supreme, the One and Only Eternal and Infinite Source, the Supreme Divine Consciousness-Force, until Total Identification is achieved in Spirit and Matter.

100 %

This current world of deformation and separative falsehood is a product of the Inconscient having unfolded up to the present to imperfect Mind, including most of the mental-humans still wallowing in the Ignorance and consequential sufferings.

But evolution of consciousness and life is progressive, and Earth is the concentrated field of play, with the mental-human being in Homo sapiens mode only transitional.

The Supramental Consciousness-Force has fully entered the Earth Play via the Avatar Sri Aurobindo and the Mother. Thus the stage has been set for the emergence of a New Supramental World with a new apex species the Supramental being, the Divine Manifestation.

Earth is simply undergoing the metamorphic chrysalis or cocoon stage of transformation and transmutation towards the new Supramental beingness in both consciousness and life. The moment by moment experience of this ever-hastening and intensifying transformative process is quite painful and at times horrific for the unawakened. Thus the Avatar's advice for the aspiring receptive: the easiest and the most joyful Sunlit Path of Bhakti to the Supreme, with the Divine Mother MahaShakti as the Supreme Creative Power that creates every moment, upholds and modulates this Great Cosmic Game, She who will make you fully blossom to your unique role in this Divine Play.

...



Zech, 2025.01.12

<https://zechjoya.blogspot.com/>

To continue reading, [click here](#), or scan QR code

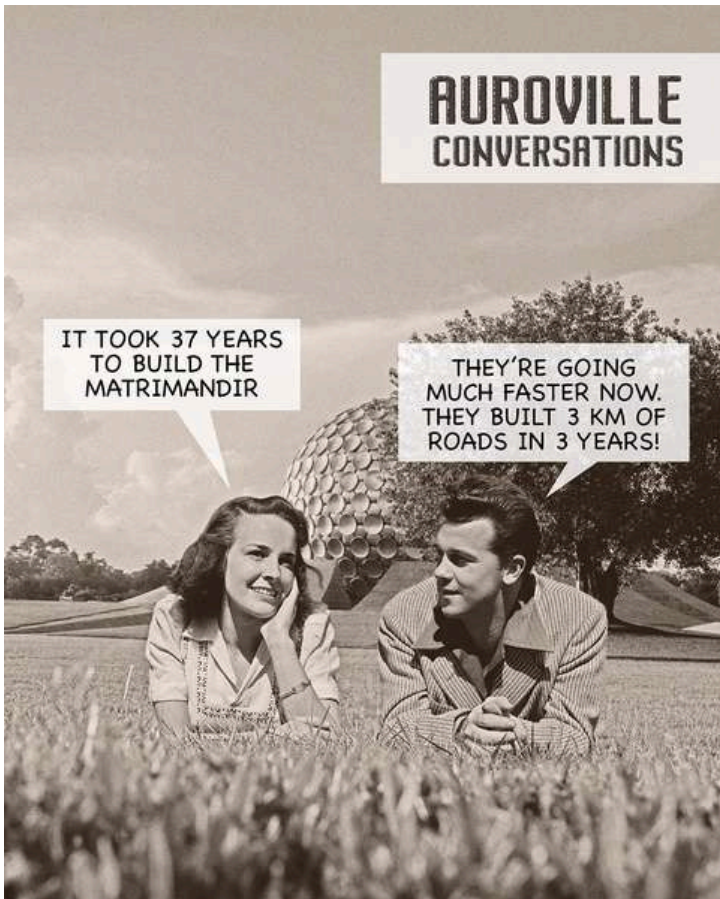


AUROVILLE CONVERSATIONS

AUROVILLE CONVERSATIONS

IT TOOK 37 YEARS TO BUILD THE MATRIMANDIR

THEY'RE GOING MUCH FASTER NOW. THEY BUILT 3 KM OF ROADS IN 3 YEARS!



Submitted by an Aurovillian

FOOD FOR THOUGHT

A BIRD



A DOG



A HORSE



AN IDIOT



FRENCH NEWS & NOTES

NOUVELLES D'AUROVILLE



Auro – Traductions

Click [here](#) to read the French News&Notes or scan the QR code.



INNER JOURNEY

INTRODUCTION TO THE INTEGRAL YOGA OF SRI AUROBINDO AND THE MOTHER

Tuesday 21st January, 9 am - 12 noon
Focus: The Vision and the Way

Led by Ashesh Joshi

Place: Mirabelle Education Centre, Auromodele
Ph/Whatsapp: 94891 47202 (Please register)

All are Welcome



SAVITRI SATSANG WITH NARAD

EVERY TUESDAY, 04:30 - 05:15PM

Savitri, this prophetic vision of the world's history, including the announcement of the earth's future.

We will begin with Savitri Book One Canto Three.

At Savitri Bhavan - Square Hall.

OM CHOIR

EVERY TUESDAY, 05:30 - 06:15PM

Please join us in this collective aspiration, in the form of united prayer.

No prior singing experience is required.

At Savitri Bhavan - Square Hall.

- Narad.



AMPHITHEATRE - MATRIMANDIR

Meditations at sunset with SAVITRI,

**Every THURSDAY
from 5:30 to 6:00pm**

(weather permitting)



Savitri, Sri Aurobindo's long mantric poem, read by Mother to Sunil's music are on weekly for everyone to concentrate, in this beautiful open space in the very center of Auroville.

Reminder to all: The Park of Unity is a place for silence, meditation and inner work and is to be used only as such. We request everyone: please do not to use cameras, i-pads, cell phones, etc. No photos.

New: Guests with Aurocard wishing to attend must book at mmconcentration@aurville.org.in one or two days in advance. Please bring your Aurocard with you.

Access by Office Gate for the Amphitheater only from 5:15pm. Thank you.

Velmurugan and the Access Team

VIBRATIONAL SOUND BATH

SOUL NURTURING MEDITATIVE EXPERIENCE WITH THE ORIGINAL RUSSIAN SINGING BELLS

*These are sounds of the Beginning
These are sounds that cradled the worlds*

Harmonious play of rich powerful tones and strongly resonating overtones invokes a profound state of inner peace, tranquility and self-healing, bringing deep physical and psychological relaxation.

Open Group - Everyday 3:00 - 4:30pm

At Mirabelle Education Center, Auromodele, Kuyilapalayam

Led by Vera (Instagram - [Vera.Auroville](https://www.instagram.com/Vera.Auroville)) and Ashesh Joshi

Please register in advance

Ph/WhatsApp: +91 94891 47202, +91 94862 47202

(Private sessions on request at other timings)

VIPASSANA MEDITATION

Date: Every Sunday - for those who have attended at least one ten day Vipassana course as taught by SN Goenka.

Timings: 8:00 AM – 12:00 PM but you can also drop in and join as long as you wish.

Venue: Udavi School (2nd building on the left when you are at the front entrance), near Tank in Edayanchavadi (Auroville). Location [here](#).



Vipassana

As taught by S.N. Goenka



Contact: Sanjay Tumati,
+91 87909 82210 (available on WA)
sanjay@auraauro.com

ANNOUNCEMENTS

DOCTOR AND THE TEAM FROM MEN-TSEE-KHANG

JANUARY 2025, TIBETAN PAVILION

Greetings to you all for the year 2025! May you all have a great year with a better health, wiser and a wonderful year.

This is to let you know that for the month of January 2025, Doctor and the team from Men-tsee-khang based in Chennai are visiting us on

- ~~Wednesday 15th - 2pm to 5:30pm~~
- ~~Thursday 16th - full day from 8:30am to 1pm, 2pm to 5:30pm~~
- **Friday 17th - 8:30am to 1pm.**

To get your appointment kindly call 0413 2622401 or send a WhatsApp message to 84890 67332.

The consultations are held at **Pavilion Of Tibetan Culture International zone Auroville.**

You can also find Herbal products produced by Mentseekhang based in Dharamsala.

You are always welcome to visit us during our visiting hours AND Wishing you ALL a very HAPPY NEW YEAR.

You can find us in International zone Auroville.

You can reach out to us via calling us 0413 2622401

ECO FEMME - OPEN HOUSE

EVERY THURSDAY



Looking for an Auroville experience?

Come and visit Eco Femme's open house **Thursday 10.30 - 11.30 am** to learn about menstrual health, cycle tracking and our social enterprise.

Organic cloth pads, nappies and cups available at special rates.



Monday to Friday 9 am to 5 pm
Auroshilpam 605 101, Auroville

ecofemme.org



Revaluing menstruation... because Life depends on it!

Dear Friends,

Come join our Open House **every Thursday at 10:30am**. We hold these at our office in Auroshilpam, just behind Auromode.

We'll teach you about sustainable menstrual products and our not-for-profit programs, and you can pick up discounted cloth pads, cups and period panties!

See you soon!

The Eco Femme Team

AUROVILLE MARATHON

MONDAY 16 FEBRUARY 2025

Dear Community Members and Runners,

Warm greetings!



Auroville Marathon
RUN FOR THE JOY OF RUNNING - 2025

We are thrilled to announce that preparations for the 15th edition of the Auroville Marathon 2025 are in full swing.

This event has always been a celebration of togetherness, health, and the vibrant spirit of Auroville, and we look forward to another memorable year with all of you.

Mark your calendars!

Auroville Marathon: 16th February 2025

- **Online Registration:** Opens on 9th December 2024 and closes on 25th January 2025.
- To register online, please visit: <https://www.aurovillemarathon.com/register/>
- **Manual Registration:** Available from 20th December 2024 to 25th January 2025.
- For manual registration, please visit Saracon between 10:00am to 12:00pm and 2:00pm to 4:00pm.

For Auroville Community Members and Residents of the Bioregion:

The registration fee is waived, but a coupon is required to participate. To obtain a coupon, please send an email to marathon@auroville.org.in with your details, and we will provide the coupon via email. Alternatively, you can visit the Saracon Office during the specified times to collect it in person. Once you have the coupon, you can complete your registration for the Auroville Marathon 2025.

For your information: This year, we have added an option to purchase T-shirts for runners on the registration page. You can select your preferred T-shirt size while registering for the marathon. Please note that runner T-shirts are not included in the registration fee and need to be purchased separately.

Let us come together to celebrate the joy of running and the camaraderie that makes this event so special.

"RUN FOR THE JOY OF RUNNING"

We eagerly await your participation and support to make this marathon another resounding success.

Warm regards,
Prabhu & Marathon Team



BRINGING ECOLOGY HOME

17 - 19 FEBRUARY 2025, BOTANICAL GARDENS

Bringing ecology home

Ecological concepts & practices for everyday living

With Deoyani, Lucas & Nina

Learn about the vital connection between our personal health and the health of the planet. We will delve into how our daily choices—from the food we eat and the products we use, to our methods of hygiene and sanitation—directly impact the environment. By understanding the effects of our actions on the ecosystem, participants will gain insights into making more sustainable, eco-conscious decisions that benefit both our well-being and the Earth's health.



Dates:

17.02.25

to

19.02.25

Registrations open until
07.02.25

15 spots available !

To register/ further details email us at : ecologicalhorticulturecourse@gmail.com

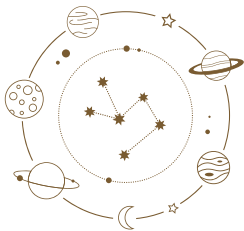
Location: Auroville Botanical Gardens, Timings : 9am to 4.30 pm

Course fees: Rs.5000 (inclusive of lunch & refreshments)



VEDIC ASTROLOGY 2025

If topics like Astronomy, Astrology, Indian Philosophy, Vedic Mythology and Temple retreats interest you, my next year long program is starting in May 2025. We'll cover these topics from scratch. It will be an online program, with a few in-person retreats to get experiential feel of the topics involved. I have a WhatsApp group for this, where I share info and updates as we approach the start date.



Here's the link to the group to join:
<https://allthingsvedic.link/astrology101> interested.

Hoping to see you there.

Vikram, 98439 48288, allthingsvedic.in

LOST (& FOUND)

MEDICAL DEVICE

Dear Auroville Community,

I lost a very special medical device last week in Auroville.

It is a small square, that is white with blue (see photo).



It fell out of my pocket at either Sigrid Lindann's office or in the ITS or UTS taxi. I have checked with all of them and they say they have not found it.

This is a very special device that was prescribed for me by a doctor and is tailored for my body.

Someone familiar with the device could have decided to keep it for themselves.

If you may have found it I would appreciate its honest and safe return. Much of my income went to purchasing it.

I believe in kindness, honesty, integrity and miracles ★

May the spirit of miracles, honesty and integrity of us all lead the way ★🙏

I will offer a special gift for its return.

With Appreciation and Gratitude ★🙏

Sara H. Sternberg

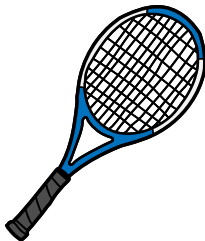
+1-617-416-4311 (WhatsApp)

TENNIS RACQUET

Highest award for finding my Babolat tennis racquet with a blue grip. Last left at Certitude.

Thanks

Frederick, frederickcert@gmail.com



LOOKING FOR

AUROVILLE INTERNATIONAL POTTERS MARKET 24 - 26 JANUARY

The Auroville Potters Market are looking for:

1. Volunteers for Mon 20th - Sat 28th Jan
2. Old newspapers for packing.



Please contact aurovillepottersmarket@gmail.com

HOUSE SITTING



Dear AV friends,
I will be coming to AV on the **20/1 till 13/2** and I am looking for a place to stay. I have been asked to clear my house in Sve Dame as the road would start soon. I am able to pay some contribution.
Thank you. Peace. Orly
[+972534321692](tel:+972534321692) / omerguei@gmail.com

TAXI SHARING

1 - THURSDAY 30 JANUARY



If someone want to share a taxi **from Chennai Airport on January 30th flight arrival 13:00pm.**

Please contact me WhatsApp Ode +15813724705

2 - MONDAY 3 FEBRUARY

To stay ECO FRIENDLY am very willing to share a taxi from **Auroville to Chennai airport on Monday 3rd February 2025.**

Departure from Auroville Town Hall at 10:00pm (22:00).

Please contact via WhatsApp +34685673777 or email: srimaa221@gmail.com. Sunny

A HOUSESITTER, AUROVILIAN OR NEWCOMER



In a community close to all services, with magnificent collective garden, one-bedroom apartment with large green terrace and also balcony, well ventilated and furnished and quiet neighborhood.

We're looking for a rare gem who cares about the quality of life and the beauty of the surroundings, and is willing to take good care of one of the Foundation's housing assets.

Charges are Rs3700 per month including monthly community fees, Internet and fixed telephone (local calls only) and contribution to the Housing repair fund.

Period of 10 consecutive months from mid-February to mid-December. Interviews in progress. Send contact details, photo, presentation and motivation letter to: gestmb@yahoo.ca

FEMALE FILM SCRIPTWRITER

Hello! Are you a FEMALE FILM SCRIPTWRITER? We're looking for talented individuals like you!

Kindly reach out for more details about our project.

Ulrike Urvasi 97515 13906

mothersworkforTheMotherswork@gmail.com



SOMEONE TO FORMAT A BOOK

Looking for someone who can format a book from Word or PDF formats into a EPUB file to be readable with a KINDLE.

The book is written in French.

Please contact Cristo at 0413 2622356 and by email at cjm@auroville.community



ECO FEMME IS LOOKING FOR OFFICE SPACE & STORAGE ROOM

Eco Femme is seeking new office space with the following specifications:

- Office area: 150 sq. m
- Storage room: 80 sq. m

Please feel free to contact us at 94871 79556 for more information.

Thank you!



VARIOUS ITEMS!

Looking for:

- nail brush preferably with a steel / wooden base
- stainless steel or ceramic base frying pan
- acoustic guitar
- books on death and dying.

Thank you for reading and offering.

Love, Deepa.

stigmatad@gmail.com

AVAILABLE

D-LINK 10/100 FAST ETHERNET SWITCH TO GIVE AWAY



3 HARD DRIVES TO GIVE AWAY



LENOVO TABLET M10 (3RD GEN), 10.1 INCH (25.65 CM)



Lenovo Tablet M10 (3rd Gen), 10.1 Inch (25.65 Cm), Wuxga IPS Display 1920x1200, 100% Srgb, 4 GB Ram, 64 GB ROM, additional 128 GB MicroSD card, Android version 12, including cover for protection.

Original price: Rs 26,000, **selling price: Rs 8,000**

For these tech items, please contact aurodaniel@gmail.com.

ACTIVITIES AT SERENDIPITY

SERENDIPITY ACTIVITIES & THERAPIES

(Ex. Joy Community in front of Center GH)

Center Field, Auroville - 605101, TN, India

Landline: 0091 (0)413 - 3509950

Mobile/Whatsapp: +91 93856 23342

Email: serendipityauroville@gmail.com

<https://serendipity.auroville.org>

<https://www.facebook.com/serendipityauroville>



REGULAR CLASSES:

Qi Gong - with Lhamo

- **Monday - Wednesday and Friday 7 - 8:30am, drop in class**

Qigong can be described as a mind-body-spirit practice that improves one's mental and physical health by integrating posture, movement, breathing technique, self-massage, sound, and focused intent. Specifically, this form of gentle exercise is composed of movements that are repeated a number of times, often stretching the body, and building awareness of how the body moves through space. There are likely thousands of qi gong styles, schools, traditions, forms, and lineages, each with practical applications and different theories about Qi ("subtle breath" or "vital energy") and Gong ("skill cultivated through steady practice"). As Lhamo has a very extensive knowledge of many of them, she will explore different styles according to the students.

Hatha Yoga with Ramesh

- **Monday and Thursday from 5:30 - 6:30pm, and Saturday 7 - 8am, drop in class.**

Ramesh offers hatha yoga classes with some vinyasa flow and include pranayama, traditional sanskrit mantra chanting, and meditation. The style is gentle, adaptive and progressive where passive, gravity-assisted poses are mingled with dynamic vinyasa-style flow as needed. He places a lot of focus on breathing and body-mindfulness during the practice. It is ideal for beginners to intermediate-level practitioners. You will be exposed to authentic Sanskrit terms and their correct pronunciation. The practice will be rejuvenative and restorative. These specific classes will be on donation basis even for guests.

Traditional Sanskrit Mantras with Sonia

- **Thursday from 9 - 10am (Drop in class); and Friday from 5 - 6pm (Regular Students only).**

In the recitation of Sanskrit Mantras the sound is very important and the specific pitches and strict rules of intonation and syllabic length should be learned according with the tradition of the great masters of the past, who figured out how to use the voice to calm the mind and attune the practitioner to the more subtle levels of the "sadhana" or spiritual path. Through the harmonic rhythm, repetition and participation in the singing, the mind reaches more clarity, concentration and tranquility.

Book Reading Circle - "Be As You Are" by Sri Ramana Maharshi - with Debashish

- **Wednesday from 6 - 7 pm**

The book beautifully explores the teaching of the sage of Arunachala. For him, the realization that "there is no reality other than the Self" was not merely a philosophical concept but a profound truth that shaped his life into one of boundless joy. And in time the world recognized the power of his grace. What was the essence of his wisdom that transformed countless lives and inspired generations of modern philosophers and spiritual teachers. Let's discover it together.

THERAPIES:

Shiatsu Massage with Sara

- **On appointment only (Sara +91 94436 17308)**

Shiatsu is a manipulative therapy developed in Japan and incorporating techniques of anma (Japanese traditional massage), acupressure, stretching, and Western massage in order to maintain physical and mental well being, treat disease, or alleviate discomfort. It involves the uses of kneading, pressing, soothing, tapping, and stretching techniques and is performed without oils through light, comfortable clothing.

Cheek Acupuncture with Lhamo

- **On appointment only (+91 84380 53127)**

Cheek acupuncture works on the principle that in the face there is a holographic miniaturization system covering the whole human body. Very small needles are used solely on the face of the patient, which is a mirror of the whole being. It uses a very interesting and immediate way to assess the changes in the body.

Gua Sha (Chinese Detox Scrub) with Lhamo

- **On appointment only (+91 84380 53127)**

This is one of China's oldest treatments. The practitioner uses a tool like a flat piece of jade to scrub the skin to help release blocks, stagnant blood, energy and restore a natural flow. When the toxins in the deep layers of the body reach the surface through scraping, they get more easily released from the body. This treatment is also suitable for healthy people to detoxify, to purify and improve the metabolism of the whole body.

Facial Gua Sha (beauty treatment) with Lhamo

- **On appointment only (+91 84380 53127)**

Facial Gua Sha reduces puffiness, lymphatic drainage, facial tension, helps tighten firm and lift skin, cooling, durable skin care. This treatment helps to detoxify, to purify and improve the metabolism as well.

Modern Trance Healing - Hypnotherapy with Lhamo

- **On appointment only (+91 84380 53127)**

In modern hypnosis, the emphasis is put on our own relationship to our own creative unconscious. There are many different aspects and parts in our outer and inner life. And there are parts that don't have a positive appearance. In Modern Trance Healing, we can turn them into positive possibilities and let them teach us how to discover their positive meaning.



FACIAL GUA SHA WORKSHOP

FACIAL GUA SHA WORKSHOP

(4 days)

WITH LHAMO

Tuesday & Wednesday
21st & 22nd ; and
28th & 29th January
4 to 5:30pm



Gua Sha is an ancient natural treatment popular in Chinese medicine to increase blood circulation, detox & stimulate the meridians for a better energy flow.

Through the workshop we will not only learn the correct way to use Gua Sha tool to stimulate meridians but also the connection between our facial features and our organs; our face is like a mirror of our organs conditions. The workshop will also include ancient belly techniques to balance spleen & liver.

Facial Gua Sha reduces puffiness, lymphatic drainage, facial tension, helps tighten firm and lift skin, cooling, durable skin care.

The participant need to have ones own Gua Sha tool.

Participants are required to attend all 4 days.

FOR MORE DETAILS ABOUT WORKSHOP AND TOOLS
 CONTACT: +91 9443617308

AT SERENDIPITY GUEST HOUSE




ACTIVITIES AT JOI - ANITYA COMMUNITY

Journey to Inner Peace :

Holistic Healing Services at Anitya Community


Located in the peaceful environment of Auroville's Centerfield, the Joy of Impermanence—Anitya Community Project offers a variety of holistic services to support your body, mind, and spirit. Our experienced practitioners provide a range of practices to help you relax, heal, and grow, guiding you toward balance and well-being.










- **Location:** Anitya Community, Centerfield, Auroville (500m after Center Guest House)
- **Bookings:** For more information or to schedule a session, please contact the practitioners directly (preferably via WhatsApp messages).


WELL-BEING


@ JOI ANITYA



| | | |
|--|--|---|
| <p>THAI YOGA BODYWORK</p>  <p>ANDRES (+91) 9751607501</p> | <p>AYURVEDIC MASSAGE</p>  <p>ELENE (+91) 7904143719</p> | <p>INTEGRAL COACHING</p>  <p>DAVE (+44) 7564119728</p> |
| <p>SHAH-LU-HA-KA BODYWORK</p>  <p>NIKKI (+91) 7094716136</p> | <p>MINDFULNESS MEDITATION</p>  <p>HELEN (+91) 7094753054</p> | <p>WOMEN CIRCLES</p>  <p>PREM SHAKTI (+91) 9489244823</p> |

 Info and Bookings through **WhatsApp**

 Anitya Community Centerfield

 joyofimpermanence@auroville.org.in

Joi Anitya is a Registered Project under Hospitality Trust, Auroville Foundation

Thai Yoga Bodywork with Andres

- **Contact:** +91 97516 07501

Combining elements of yoga, acupressure, and assisted stretching, Thai Yoga Bodywork is designed to release tension, improve circulation, and enhance flexibility. This therapeutic practice helps restore balance to your body and mind through gentle, rhythmic movements.

Ayurvedic Massage with Elene

- **Contact:** +91 79041 43719

A relaxing full-body oil massage that melts away tension and revitalizes prana by gently focusing on the head, back, stomach, and feet.

Integral Unfoldment Coaching with Dave

- **Contact:** +44 75641 19728

A transformative life coaching approach blending Internal Family Systems (IFS), Focusing, and the Diamond Approach to explore your inner world, integrate all parts of yourself, and unfolding your unique potential for personal transformation.

Shah-Lu-Ha-Ka Bodywork with Nikki

- **Contact:** +91 70947 16136

This unique bodywork technique blends different massage styles, energy healing, and intuitive touch to release physical and emotional blockages. Shah-Lu-Ha-Ka Bodywork is a deeply restorative experience that invites your body to heal from within.

Mindfulness Meditation with Helen

- **Contact:** +91 70947 53054

Join Helen for guided mindfulness meditation sessions designed to cultivate awareness, reduce stress, and enhance emotional resilience. Whether you're a beginner or an experienced meditator, these sessions provide a peaceful space to connect with your inner self. Regular drop-in session for all on Tuesdays at 7:15am (Maloka Hall).

Women Circles with Prem Shakti

- **Contact:** +91 94892 44823

Women Circles offer a sacred space for women to gather, share, and support each other in their journeys. Led by Prem Shakti, these circles provide a nurturing environment where women can explore their personal growth, creativity, and shared experiences. Every new moon and full moon.

YOGA FOR ALL: EXPERIENCE CONNECTION AND CALM IN ANITYA - UNTIL 6 FEBRUARY

**FREE YOGA CLASS
IN ANITYA COMMUNITY**



HATHA YOGA

Monday: 5 to 6 pm
Thursday: 5 to 6 pm
Saturday: 5 to 6 pm
Sunday: 10 to 11 am

**UNTIL FEB 6
only**

CHILDREN YOGA

Thursday: 3:30 to 4:30 pm
With the presence of a parent for children under 7

Open to all. Classes are given on a free basis by an experienced teacher but contributions for the space are very welcome.

Location: Maloka Hall, Anitya community, Center Field
Follow the ANITYA signs after Center gh/ Serendipity
Contact Mathilde for info (WA): +91-7094058699



Until February 6, we will be offering free classes in the serene setting of the Anitya community. These offerings are an invitation to relax, recharge, and rediscover balance.

Hatha Yoga Classes

Reconnect with yourself through gentle stretches, mindful breathing, and deep relaxation. These sessions are designed for all levels, whether you are new to yoga or an experienced practitioner. Each class is an opportunity to build strength, improve flexibility, and cultivate inner peace.

Schedule:

- Sundays, 10:00 to 11:00am (January 19, 26; February 2)
- Mondays, 5:00 to 6:00pm (January 20, 27; February 3)
- Thursdays, 5:00 to 6:00pm (January 16, 23, 30; February 6)
- Saturdays, 5:00 to 6:00pm (January 18, 25; February 1)

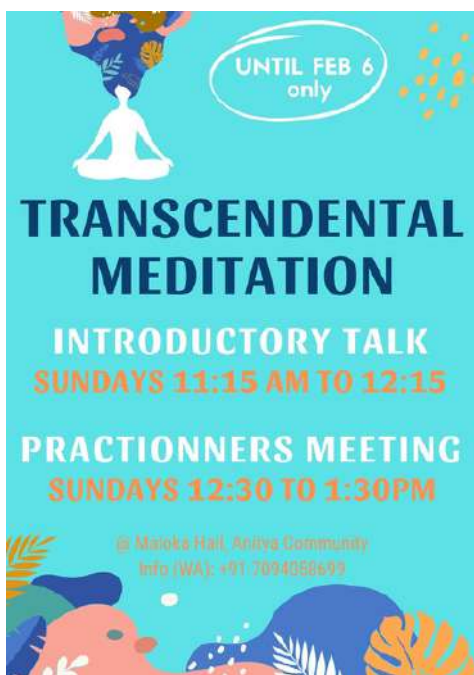
Children Yoga

Share the joy of yoga with your little ones! These sessions are specially crafted to create a playful and nurturing environment where parents and children can bond, move, and relax together. It's a wonderful way to introduce mindfulness and balance to your family's routine. Starting at (±) 4 years old with a parent. Children from 7+ can join alone.

Schedule:

- Thursdays, 3:30 to 4:30pm (January 16, 23, 30; February 6)

TRANSCENDENTAL MEDITATION



Transcendental Meditation Introductory Lecture

Start your yoga journey with an introductory lecture on Transcendental Meditation. This is an informational session designed to provide insights into how this simple pure mental yet profound technique can enhance your well-being and help you find calm amidst life's challenges. Open to all.

Schedule:

- Sundays, 11:15am to 12:15pm (January 19, 26; February 2)

Transcendental Meditation Practitioners Meeting

This gathering offers a supportive environment to deepen your practice, reinforce your inner calm, and connect with fellow meditators. **For initiated practitioners only.**

Schedule:

- Sundays, 12:30 to 1:30pm (January 19, 26; February 2)

Details and Venue

- **Location:** Maloka Hall, Anitya Community (follow the signs after Center GH/ Serendipity)
- **Dates:** from Sunday 12th January to Thursday 6th February
- **Fees:** All classes are free, but donations to support the space are very much appreciated.

For more information contact Mathilde by WhatsApp message: +91 70940 58699

WORKSHOPS

TAI CHI CHUAN BEGINNERS' INTENSIVE

27 JANUARY - 15 FEBRUARY, SHARNGA

THE SCHOOL OF THE INNER WAY

Presents

THE ART OF CHI - Stevanovitch's method



TAI CHI CHUAN BEGINNERS' INTENSIVE

- **Monday 27th January - Saturday 15th February 2025**
- **07:30am - 10:30am**

Beginners: Chi and Tai Chi basics.

Three weeks, three steps through the discovery of the Chi work and the 24 posture form.

Led by Krishna, the work is essentially directed towards:

- Concentration techniques to stay focused;
- Mastery of the body through breathing and muscular relaxation;
- Improvement of movement through balance and coordination;
- Learning to mobilize Chi. First perceiving it, then guiding it in one's body with the use of three factors: will, imagination and muscular activity.

This is a recreational activity.

For information and booking, contact Krishna at 0413 2623187, taichi@auroville.org.in or taichi.auroville@gmail.com.

taichi.auroville.org / www.artduchi.com

CULTURAL ANNOUNCEMENTS

DOMINIQUE DARR GRANT

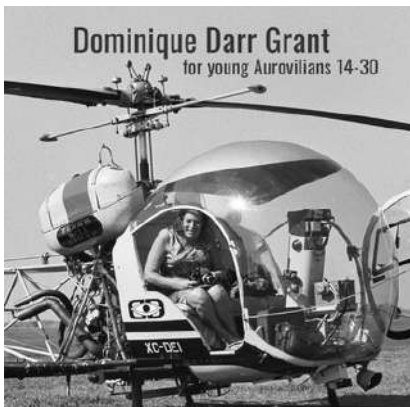
FOR YOUNG AUROVILIANS 14-30

Dear Friends,

we are happy to launch Dominique Darr's Grant first edition.

Through the Dominique Darr Grant, Centre d'Art wishes to encourage artistic expression of the Auroville youth and showcase their talent. The DD Grant is intended to support young artists in the production of an exhibition to be held at the Centre d'Art in August 2025.

Photography and video will be the main mediums in tribute to Dominique Darr's profession and passion.



- Grant Info: Funding for an exhibition at Centre d'Art in August 2025
- Eligibility: Open to **Aurovilians from 14 to 30 years old**
- Categories: **Video/Photo**
- 2025 edition theme: The sun, the moon and the truth - Three things cannot be long hidden. (Gautama Buddha).

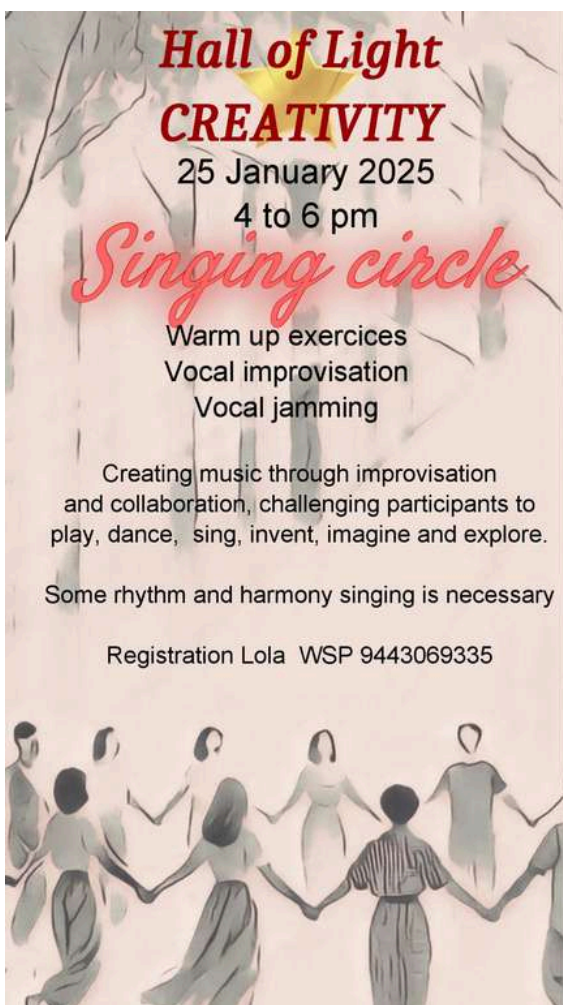
Timeline

- 1 March 2025: Preliminary project submission deadline
- 15 March 2025: Announcement of the laureates
- 15 July 2025: Final production deadline
- 15 August 2025: Collective exhibition

Please send an email to centredart@auroville.org.in if you wish to have more information.

SINGING CIRCLE

SATURDAY 24 JANUARY, CREATIVITY



JOIN US FOR PÉTANQUE AT THE FRENCH PAVILION!

EVERY SUNDAY, FRENCH PAVILION,



Discover **Pétanque**, a classic French game of skill and strategy, played by tossing steel balls close to a small wooden ball (*cochonnet*). Open to all levels, it's perfect for socializing and having fun. Also a good opportunity to practice your French ;))

 **Every Sunday, 4pm – 5:30pm**

 **French Pavilion, opposite the Visitor Center**

Come share a friendly moment and connect with others in a relaxed, welcoming atmosphere!

AUROVILLE RADIO



Dear Aurovilians,

Your favourite radio is always working for you. Stay tuned!

Last published podcasts:

- [Seeking Our Inner Being Group Discussion in French - Ep. 4 \(Spirituality\)](#)
- [Une série hebdomadaire de lectures par Gangalakshmi – Ep.477 \(Integral Yoga\)](#)

Last Youtube Video:

- [Open House on Work Plan for Auroville's Health and Wellness framework](#)

Upcoming Live Stream:

- [Follow-up RA Meeting on the revised RAS mandate](#)

....and more! on www.aurovillerradiotv.org.

For more information write to radio@auroville.org.in

Regards,

Sai Priya for Auroville RadioTV

FOOD

MARC'S CAFE - EVERY TUESDAY

SPECIAL BREAKFAST AT MARC'S

Greetings from Marc's Café!

Join us every **Tuesday from 8:00 - 12:00 pm** for a special breakfast at Marc's.

Celebrate the Auroville spirit and connect with the community **over a cup of coffee, dosai, and freshly baked croissants.**

Exclusive Offer: Enjoy a 50% discount on the mentioned items for all Aurovillians, Newcomers, and SAVI Volunteers.

See you soon!

Marc's Team



FOOD FOREST TOUR - EVERY SUNDAY

FOOD FOREST TOUR

WITH VEGAN ICE CREAMS GREEN SMOOTHIES and more...



EVERY SUNDAY from 9:30 to 11:30
(for groups of min 4 people any other weekday is possible)

Come for a morning experience in my permaculture garden, learn about organic farming and get inspired to grow your own food.

We are going to explore the wide diversity of edible plants that grow around us and harvest fruits, greens, herbs and flowers.

After the tour we are going to create delicious and nourishing

VEGAN ICE CREAMS

with lots of flavourful toppings from the garden and our homemade produce.

La Ferme Community (5min from AV Bakery)
Sign up and info www.myfoodforest.in
whats app text Sarah 9047421044

ART EXHIBITIONS

CERAMICS - VI - INNER LANDSCAPES BY PRIYA

4 - 21 JANUARY 2025, PITANGA

ART EXHIBITION

Ceramics - VI
Inner Landscapes

Priya Sundaravalli

January 4 - 21, 2025
at Pitanga

Exhibition timings: Daily, except Sundays 8.00 - 12.30pm & 2.00 - 5.30pm
Pitanga Cultural Centre, Samasti, Auroville 605 101 | info@pitanga.in | 0413 - 262403, 9443502403
A service unit of the Auroville Foundation, Health and Healing Trust branch [GSTIN: 33AAAS100178Y1N]

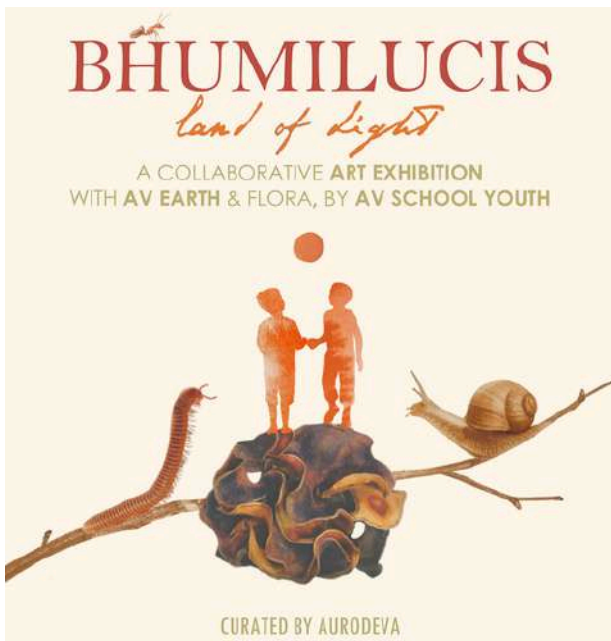
BHUMILUCIS BY AURODEVA

17 - 29 JANUARY, CENTRE D'ART, CITADINES

Bhumilucis or "Land of Light", is a collaborative art project created by Auroville's school youth. Using only Auroville earth & flora, nearly 100 students aged 4 to 14, from Transition and Deepanam school, have come together to craft a series of participatory art installations and earth-paintings with the help of curator Aurodeva.

The young artists, divided into groups, were tasked with a variety of responsibilities such as foraging and painting, or crafting our earth-based pigment: "Mud-Goo". Individual groups then merged their efforts to the larger body of work, together creating *Bhumilucis*.

The project is a dialogue between the students and their home – a celebration of talent, unison, and belonging.



- 17 – 29 January 2025
- Tue - Fri 2pm - 5:30pm
- Sat 10am - 12:30pm, 2pm - 5:30pm

POETRY

Meeting the Beloved

Jan. 21, 2011

There are moments, I suppose
 When like a well-oiled machine
 Life runs smoothly in its grooves.
 But rare the winged peace descends
 And earthly bodies touched uplift
 With wonder as the awakened soul
 Unveils a moment and the gods
 Are glimpsed, heart responds to heart
 And all the centuries of doubt
 Dispelled when love and lover meet.

Narad

**Who holds sway
 In the world?**

**The swing sways
 High and low
 As the kids
 Kick off ground
 Let go of fear, and
 Let out cries of joy.**

Anandi Z

FOR THE BOOKWORMS

BOOK READING CIRCLE: NONVIOLENT COMMUNICATION

EVERY MONDAY STARTING 13 JANUARY, YOUTH SPACE



Join Our Book Reading Circle: "Nonviolent Communication"

Every Monday, Starting January 13th, we invite you to a book reading circle at the Youth Space (find us on Google Maps). We'll be reading and discussing "Nonviolent Communication" by Marshall Rosenberg, and we're excited to share this journey with you! This book has the potential to really shift the way we communicate.

About the Book

"Nonviolent Communication" offers a fresh perspective on how to express yourself honestly and respectfully. By using four simple yet powerful components - observations, feelings, needs, and requests - you can learn to communicate more effectively and build stronger relationships. This book is all about creating a more empathetic and compassionate way of interacting with others, and it's packed with practical tips and real-life examples to help you get started. Whether you want to improve your personal or professional relationships, this book has something to offer.

Details:

- **When:** Every Monday, starting January 13th
- **Where:** Youth Space (check Google Maps for location)
- **Time:** 5pm - 6:30pm
- **Who:** Open to all interested in improving their communication skills
- **Contact:** +33673540830 on WhatsApp, or email monicayouthlink@gmail.com for questions

Join us for a fun and thought-provoking discussion, and take the first step towards more effective and compassionate communication.

We're looking forward to meeting you and exploring this important topic together!

Warmly,
YouthLink Team

AUROVILLE LIBRARY

READING CIRCLES

MONDAYS, TUESDAYS, AND THURSDAYS

Current book reading circles at the Auroville Library :

- Mondays 6 - 7pm, main building - **The Prophet by Kahlil Gibran**, hosted by Malcolm (+91 90801 59721)
- Tuesdays 6:30 - 7:30pm, main building - **A New Earth by Eckhart Tolle**, hosted by Debashish (+91 76782 08825)



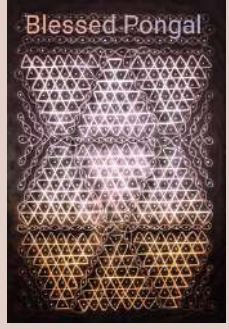
- Thursdays 6 - 7pm, main building - **When Things Fall Apart by Pema Chodron**, hosted by Helen & Serena (+91 70947 53054 / +91 84897 60966)

THEME OF THE MONTH

Every month, we choose a topic and set up a display of books from our collection.

This month's theme is
KOLAM / கோலம்

*Please come by to check out
our selection!*



If you have any
suggestions for a theme,
let us know!





presents at **MULTI MEDIA CENTRE AUDITORIUM (MMC, Town Hall)**

Friday 17th January at 8:00pm

“Drifting Clouds” (Original title: **Kauas pilvet karkaavat**)

Directed by **Aki Kaurismäki**, Finland, 1996

With: Kati Outinen, Kari Väänänen, Elina Salo, Sakari Kuosmanen



Synopsis: Tram driver Lauri loses his job. Shortly later, the restaurant where his wife Ilona works as a head waitress is closed. Too proud to receive money from the social welfare system, they strive to find new jobs. But they are completely unlucky and clumsy, one disaster is followed by the next... *One of the most beautiful films by filmmaker Aki Kaurismäki, a tireless storyteller of the working class condition, with devastating humor, legendary*

drunkenness, and infinite humanity! The film is the first in Kaurismäki's Finland trilogy, the other two films being *The Man Without a Past* and *Lights in the Dusk*.

Original Finnish version with English subtitles. Duration: 1h37'

Note: Contributions are very welcome!

**Aurofilm Collection
Acc. No. 252658**

Friday 24th January at 8:00 pm

“While at War” (Original title: **Mientras dure la guerra**)

Directed by **Alejandro Amenábar**, Spain, Argentina, 2019

With: Karra Elejalde, Eduard Fernández, Santi Prego

Synopsis: During the Spanish coup of July 1936, Nationalist troops occupied Salamanca. When the insurrection of the military junta led by Francisco Franco breaks out, the prestigious writer, philosopher and rector of Salamanca University, Miguel de Unamuno, speaks out in favour of the coup, which he believes will restore order to a country ruled by socialists and communists. At little by little, the insurrection becomes the Spanish Civil



War, and the republic tends to be suppressed. Unamuno watches helplessly as his friends and collaborators are murdered. Gradually, he questions his political position in the face of the fascist excesses of the nationalists...

While at War, a title that has much to do with the frame of military negotiations in Salamanca Spain, the generals appoint Franco as head of government for the duration of the war. But what really happened was that Franco ruled the country for almost 40 years!

It is the seventh film by film director Alejandro Amenábar, well known for the success of *Thesis*, *Open Your Eyes*, *The Others* and *The Sea Inside*. "While at War" won the award for best international film at the Haifa Film Festival, and many other nominations in the Goya Awards 2020.

Original Spanish version with English subtitles. Duration: 1h47'



Cinema Paradiso

Multimedia Center (MMC) Auditorium

Film program : 20 January - 26 January 2025

Cinema Paradiso-Multimedia Center is operating at 100% seating capacity. Seating starts about 15mins before screening and stops as the film starts. Kindly arrive in time.

A reminder not to use cell phone for any reason while the program is on, and no food/beverage to be taken inside the hall.

INDIAN – MONDAY 20 JANUARY, 8:00 PM:

- **MAST MEIN REHNE KA (LIVE JOYFULLY)**

India, 2023, Writer-Dir. Vijay Maurya w/ Jackie Shroff, Neena Gupta, Abhishek Chauhan, and others, Comedy-Drama, 127mins, Hindi w/ English subtitles, Rated: NR (PG)

In this highly acclaimed film with stellar performances, Kamath, a lonely widower, leads a routine life until a robbery disrupts it. Attempting to change things, he tries to befriend strangers and, in the process, meets Mrs. Handa, a vibrant Punjabi lady. Their friendship blossoms through small adventures, including sneaking into houses. However, fate twists when they encounter the thief who targeted them. As events unfold, their lives intertwine, driven by fate's whims, and they strive to rediscover themselves. *A Must See!*

POTPOURRI – TUESDAY 21 JANUARY, 8:00 PM:

- **KAPICILAR KRALI (KING OF THE DOORMEN)**

Turkey, 1976, Dir. Zeki Ökten w/ Kemal Sunal, Sevda Ferdag, Bilge Zobu, and others, Comedy, 84mins, Turkish w/ English subtitles, Rated: NR (PG)

This acclaimed film tells the story of a janitor/doorman who with his family move to Istanbul, hoping for a better life. Amidst the different characters in their building, the story revolves around his clever ways to skip work and make extra money. It's a charming comedy that offers a glimpse into their lives and the social dynamics of 1970s Turkey.

SELECTION – WEDNESDAY 22 JANUARY, 8:00 PM:

- **SOUL KITCHEN**

Germany-France-Italy, 2009, Writer-Dir. Faith Akin w/ Adam Bousdoukos, Moritz Bleibtreu, Pheline Roggan, and others, Comedy-Drama, 96mins, German-Greek-Spanish-Turkish-English w/ English subtitles, Rated: NR (R)

A German-Greek chef runs a struggling restaurant in Hamburg. When his girlfriend leaves for Shanghai, he hires a talented chef, hoping to turn things around. However, this decision leads to unexpected challenges, including losing customers and dealing with his troublesome brother. Amidst financial woes and personal dilemmas, he must find a way to save his restaurant and rediscover his passion for life.

INTERESTING – THURSDAY 23 JANUARY, 8:00 PM:

- **KING: A FILMED RECORD... MONTGOMERY TO MEMPHIS**

USA, 1969, Dir. Sidney Lumet & Joseph L. Mankiewicz w/ Martin Luther King, Harry Belafonte, Charlton Heston, and others, Biography-History, 185mins, English w/ English subtitles, Rated: NR (PG-13)

This powerful documentary captures the civil rights movement, showcasing Dr. Martin Luther King Jr.'s charisma and drive. From the Montgomery bus boycott to his tragic assassination, the real, grainy footage pulls you into the era. His profound impact on inspiring a nation and beyond to fight for human rights remains powerful. As we honor King's 95th birth anniversary, this film is our tribute to the amazing soul that changed history. Despite its length, every minute is a testament to courage and resilience. *Must watch!*

INTERNATIONAL – SATURDAY 25 JANUARY, 8:00 PM:

- **MEMOIR OF A SNAIL**

Australia, 2024, Writer-Dir. Adam Elliot w/ Jacki Weaver, Sarah Snook, Charlotte Belsey, and others, Adult-Animation-Drama, 95mins, English-French w/ English subtitles, Rated: R

A melancholic woman named Grace hoards snails, romance novels, and guinea pigs. After her mother's tragic death, Grace and her twin brother, Gilbert, are raised by their paraplegic, alcoholic father. The film explores Grace's journey of loss, resilience, and belonging, set against the backdrop of 1970s Australia. It's a heartfelt tale of personal growth and the search for connection.

CHILDREN'S MATINÉE – SUNDAY 26 JANUARY, 4:00 PM:

- **HELT SUPER (JUST SUPER)**

Norway, 2023, Dir. Rasmus A. Sivertsen & Jean-Luc Julien w/ Hennika Huuse, Todd Bishop Monrad Vistven, Johannes Kjærnes, and others, Animation-Family, 76mins, Norwegian-English w/ English subtitles, Rated: NR (G)

One doesn't have to be a superhero to be super. Hedvig has shrunk daddy's superhero-costume so now he can no longer be the super-Lion. The gamer Hedvig is clumsy, but when dad chooses cousin Adrian to be the next hero, Hedvig has to react.

DAVID LEAN FILM FESTIVAL @ CINÉ-CLUB CINÉ-CLUB SUNDAY 26 JANUARY, 8:00 PM:

- **LAWRENCE OF ARABIA (1ST PART)**

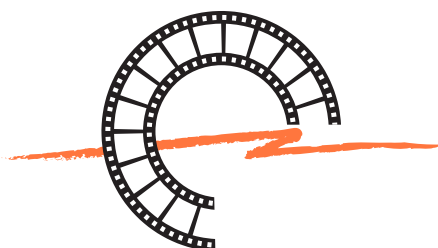
UK, 1962, Dir. David Lean, w/ Peter O'Toole, Omar Sharif, and others, Adventure – War, 138 mins, English w/ English subtitles, Rated: R.

The film depicts Lawrence's experiences in the Ottoman provinces of Hejaz and Greater Syria during the WW-I, in particular his attacks on Aqaba and Damascus and his involvement in the Arab National Council. It includes Lawrence's emotional struggles with the violence inherent in war, his identity and his divided allegiance between his native Britain and his new-found comrades within the Arabian desert tribes.

Rating codes we often use are from Motion Picture Association of America (MPAA): G= General Audiences, PG= Parental guidance suggested, PG-13= Parents strongly cautioned, R= Restricted (equivalent to Indian rating: A i.e., for Adults), NR= Film Not Rated, Rating awaited.

To organize a seminar/program at MMC kindly email us at mmcauditorium@auroville.org.in. Our projector is crawling towards the end of its life, making us to look for a new one. We request you to financially support through a one-time or recurring donation to "Cinema Paradiso" (account #105106) or set up for a monthly contribution.

Thanking You,
MMC/CP Group Account #105106,
mmcauditorium@auroville.org.in



COMMUNITY SERVICES

ESSENTIAL SERVICES

AUROVILLE'S FINANCIAL SERVICES (FS)

- **Timings:** Monday to Saturday, 9am - 12:30pm, and 3pm - 4:30pm
- **Phone:** 0413 2622171
- **Email:** financialservice@auroville.org.in

ELECTRICAL SERVICE (AVES)

- **Timings:** Monday to Saturday, 8am - 4:30pm
- **Phone:** 0413 2622132/ 94888 68747 for fault works, repair works and job works
0413 2622264 clarifications reg. electricity bills, job & repair works bills
- **Email:** aves@auroville.org.in

GAS BOTTLE SERVICE

- **Timings:** Monday to Saturday, 9am - 1pm and 2pm - 4pm
- **Phone:** 0413 2622452
- **Email:** avgasservice@auroville.org.in

WATER SERVICE

- Monitors water lines and supply within AV, undertakes water-related jobs.
- **Timings:** Monday to Saturday, 8am - 12pm and 2pm - 4:30pm
- **Phone:** 0413 2622877, 89035 53246
- **Email:** avwaterservice@auroville.org.in

ECO SERVICE (WASTE COLLECTION/MANAGEMENT)

- **Timings:** Monday to Saturday, 8:30am - 12:30pm, and 1:30pm - 4:30pm
- **Phone:** 94435 35172
- **Email:** ecoservice@auroville.org.in

POUR TOUS DISTRIBUTION CENTRE (PTDC)

- **Timings:** Monday to Saturday, 9am - 5pm
- **Phone:** 0413 2622746/ 2622796
- **Email:** ptdc@auroville.org.in

POUR TOUS PURCHASING SERVICE (PTPS)

- **Timings:** Monday to Saturday, 8:30 am – 5:00 pm
- **Phone:** (0413) 2622152

AUROVILLE LIBRARY TIMINGS

Our timings are:

Mornings:

- Monday to Saturday : 9am - 12.30pm

Afternoons:

- Mon, Wed, Thurs, Fri & Sat: 2pm - 4.30pm
- Tuesdays : 4pm - 6.30pm

Children's Storytime! All ages welcome!

- Every **Saturday** between 10am - 11am.



Service:

Service to others is the rent you pay for your room here on earth.

Muhammad Ali



EDUCATION

AUROVILLE AIKIDO AT AV BUDOKAN (DEHASHAKTI)



Aikido is a martial art created in the 1920s by Morihei Ueshiba, a master in traditional Japanese martial arts. Aikido is a path which aspires to the unity of mankind, the unification of the self with the universe, the union of Spirit and Matter. Seen as such, and in the perspective of the integral development of the being as emphasized by Sri Aurobindo and the Mother, it is no wonder that Aikido has always been greatly valued in Auroville and introduced since the very early years. Both children and adults can enjoy and benefit from its complete practice. There are no competitions in Aikido. On the self-defense aspect of it, an aggressor's attack may be stopped without harming or injuring him/her.

The AV Aikido group welcomes new practitioners, Youth and Adult students, and the ones who would like to revive an old (abandoned) practice!

Adult classes:

- Tuesday, Thursday and Saturday, 6 - 7:30am, early morning. Beginners are most welcome. Girls and women are especially called to join us.
- **NEW:** we are happy to announce **an additional class on Wednesdays from 5.30 pm till 7:pm.** The first class will be on Wednesday 30 Oct. Welcome!

Children/ young students:

- Monday, Wednesday and Friday from 4 - 5pm
- For the time being no Saturday 9 - 10am class are offered.

Contact us for more info and registration: write to budokan@auroville.org.in or WA 83006 43963 Philippe G. or call 99528 12843 N. Murugan.

Cristo, Surya, Murugan, Rita and Philippe
for Auroville Aikido



OTHER 'SERVICES'

HIVE COWORKING SPACE

OPEN HOUSE - EVERY FRIDAY

20% discount
for Aurovillians,
Newcomers, and
Volunteers on
subscription plans!!



NEED A PLACE TO WORK?

OPEN
HOUSE

HIVE
COWORKING

FREE ON EVERY FRIDAY

More Info : +91 90 42 75 95 40 | www.auromode.in

Are you looking to work, study, create or simply connect with like-minded professionals in a serene place? Step into Hive and experience the Cosy workspace with super-fast Internet, Coffee - **All for FREE** on our Open House.

- Venue: Hive, Auromode
- Time: **9 am - 5 pm**
- Visit us at www.auromode.in/hive-coworking for more details on our plans and facilities.
- For inquiries: auromodehive@auroville.org.in / +91 70921 97375 (WA) / +91 90427 59540 (WA) or drop by.

All are Welcome!!



HEALTH

SANTÉ SERVICES IN JANUARY 2025



Working Hours:

Monday - Saturday : 9:00 - 12:30pm & 2:00 - 4:30pm

Tests and Sample collection:

Monday - Friday : 8:30am - 12:00pm.

No sample collection on Saturday.

For emergencies, contact:

Auroville Ambulance (24/7) - Phone : **+91 94422 24680**

Government Ambulance (24/7) - Phone : **108**

Appointment

Please call Santé (0413) 262 2803 during working hours for an appointment.

| | |
|---|---|
| Doctor Consultation with Dr.Senthil & Dr.Pavan: Monday to Saturday | Nurse Care - Thilagam, Ezhil, Archana & Sandhya: Daily: no appointment needed |
| Ayurveda with Dr. Be: Tuesday / Wednesday / Friday | Integrative Psychotherapy with Juan Andres: Monday to Friday |
| Acupuncture with Andres: Monday to Friday | Homeopathy with Michael: Monday / Wednesday / Saturday |
| Physiotherapy & Massage with Galina: Monday to Friday | Physiotherapy with Arun: Monday to Saturday (except Friday) |
| Midwifery & GYN Care with Paula: Monday & Wednesday | Adaptive Therapy (all ages) with Asita: Wednesday & Saturday |
| Bio-Well Assessment (Evaluation of your well-being) with Helena – email adminsante@auroville.org.in | Soundbed Session with Sandhya / Thilagam: Monday to Saturday |

In Santé, we value our patient's confidentiality & make every effort to ensure their privacy.

In case of cancellation or to reschedule, it is necessary to inform us in advance.

HEALTH CENTER - KUILAPALAYAM

Contact: (0413)-3509942 / 3509943

Pharmacy:

- 8:00am - 5:30pm Monday to Saturday

Doctor Consultation:

- 8:30am - 5:00pm Monday to Friday
(1 - 2pm Lunch Break)
- 8:30am - 1pm (Saturday)



DENTAL CLINIC - KUILAPALAYAM

- **Timings:** Monday to Saturday, 9am - 5pm daily
- **Phone:** 0413 2622007/ 2622265
- **Email:** aurodentalcentre@auroville.org.in

ACCESS TO THE PARK OF UNITY AND MATRIMANDIR

The Park of Unity

The Matrimandir, the Petals, the Lotus Pond, Banyan Tree are areas of SILENCE

- The Park of Unity is open to Aurovilians and Newcomers
Daily: 6.00 AM to 7.30 PM
- Aurovilians may bring family and friends to the Gardens
Daily: 9.00 AM to 12.00 PM
- Volunteers and Pass holders require a pass to enter the Park of Unity. Timings will be indicated on the pass.
- Published events in the Park of Unity are open to Aurovilians, Newcomers, Volunteers, Pass holders and Guests. Guests should bring their Aurocards.

The Inner Chamber of the Matrimandir

The Matrimandir is a place for silent individual concentration.

- The Inner Chamber is open to Aurovilians and Newcomers:
Monday – Saturday 6.00 AM to 8.00 AM
4.30 PM to 7.30 PM
Sunday 6.00 AM to 12.00 PM
4.30 PM to 7.30 PM
- The Inner Chamber is open to SAVI registered Volunteers:
Wednesday – Monday 8.00 AM to 8.40 AM.
Arrival at 7.45 AM at the Office Gate
- The Inner Chamber is open to Aurovilians wishing to accompany a maximum of 5 close family and friends, no more than once in two weeks, with booking 3 to 5 days in advance to mmconcentration@auroville.org.in:
Any day except Tuesday & Sunday: 8.00 AM to 8.35 AM
Arrival at 7.45 AM at the Office Gate
- The Inner Chamber, the Petals and the Gardens are open to the Children of Auroville and the Outreach Schools:
Tuesday 9.00 AM to 11.00 AM
- The Auroville units can bring their staff to the Inner Chamber with a prior booking to mmconcentration@auroville.org.in:
Tuesday 8.00 AM to 8.30 AM

The Petals of the Matrimandir

- The Petals are open to Aurovilians, Newcomers and Pass holders
Monday – Sunday 7 AM to 8 AM,
Tuesday AM closed.
Daily 5 PM to 6 PM

Access to Matrimandir for Visitors and Guests Matrimandir Viewing Point

The Viewing Point is open to the general public on presentation of a Pass.

Visits to the Matrimandir Viewing Point are free of cost.

Free passes can be obtained at the Auroville Visitors Centre

The Viewing Point lies south of the Park of Unity and offers visitors a panoramic view of the Matrimandir and the Gardens and the Lake.

Timings starting from the Visitors Centre:

Daily: 9.00 AM to 5.30 PM

The Inner Chamber of the Matrimandir

The Inner Chamber is open to Visitors and Guests by prior booking only. Visitors and Guests seeking to concentrate in the Inner Chamber are requested to inquire at the Information Desk of the Visitors Centre after first visiting the Viewing Point. Prior booking is required to access the Inner Chamber, at least one or two days in advance. Bookings for concentration are given for the following or the first free day as per availability and are accepted only up to one week in advance. Minimum age 10 years. The Petals are open to Visitors on the morning of their Inner Chamber visit.

Auroville TO PONDICHERRY

| | Trip 1 | Trip 2 | Trip 3 |
|--------------------------------|--------|--------|--------|
| Svaram Musical Center | 7:00 | 8:50 | 14:50 |
| Vérité Guest House - Junction | 7:02 | 8:52 | 14:52 |
| Town Hall - Main Parking | 7:06 | 8:56 | 14:56 |
| Solar Kitchen (Ex Round About) | 7:10 | 9:00 | 15:00 |
| Certitude Entrance | 7:12 | 9:02 | 15:02 |
| New Creation Road | 7:17 | 9:07 | 15:07 |
| SBI Bank—Kuilapalayam | 7:19 | 9:09 | 15:09 |
| ECR Junction—Aroma Guest House | 7:23 | 9:14 | 15:14 |
| Quiet Healing Center—Junction | 7:26 | 9:17 | 15:17 |
| Lotus Hotel—S.V Patel Salai | 7:36 | 9:30 | 15:30 |
| Ashram Road Junction | 7:38 | 9:33 | 15:33 |
| Ashram Dining Hall | 7:40 | 9:35 | 15:35 |

Pondicherry TO AUROVILLE

| | Trip 1 | Trip 2 | Trip 3 |
|--------------------------------|--------|--------|--------|
| Ashram Dining Hall | 8:00 | 12:15 | 18:10 |
| Ashram Road Junction | 8:02 | 12:17 | 18:12 |
| Lotus Hotel—S.V Patel Salai | 8:07 | 12:22 | 18:17 |
| Quiet Healing Center—Junction | 8:17 | 12:32 | 18:27 |
| ECR Junction—Aroma Guest House | 8:20 | 12:35 | 18:30 |
| SBI Bank—Kuilapalayam | 8:25 | 12:40 | 18:35 |
| New Creation Road | 8:27 | 12:42 | 18:37 |
| Certitude | 8:32 | 12:47 | 18:42 |
| Solar Kitchen (Ex Round About) | 8:34 | 12:50 | 18:44 |
| Town Hall - Main Parking | 8:38 | 12:54 | 18:48 |
| Vérité Guest House - Junction | 8:42 | 12:58 | 18:52 |
| Svaram Musical Center | 8:45 | 13:00 | 18:55 |

Join our WhatsApp group of
Auroville Bus to get
regular updates:

<https://chat.whatsapp.com/Lt43wBCBno1E6CTwoaUt2x>


EMERGENCY NUMBERS

Ambulance (24/7):

| | | |
|--------------------------|----------------------|--|
| Auroville 94422 24680 | PIMS 0413 2656271 | |
|--------------------------|----------------------|--|

Security (24/7):

| | | |
|---|---|---------------------------------------|
| Auroville Police Station 0413 2677318 | Kottakuppam Police Station 0413 2236148 | Vanur Fire Station 0413 2677368 |
|---|---|---------------------------------------|

Health:

| | | |
|--|-----------------------|-------------------------|
| Health Center 0413 3509942 & 3509943 | Santé 0413 2622803 | Farewell 89038 36246 |
|--|-----------------------|-------------------------|

Mental Health 24/7 Support:

Vandrevala Foundation +91 99996 66555

India Emergency Response Service (24/7): 108