

Auroville

NEWS & NOTES

No 1045 - A weekly bulletin for residents of Auroville

19 September 2024



PONDERING

We have to throw away the props of our weakness, the motives of the ego, the lures of our lower nature before we can deserve divine union.

Sri Aurobindo, The Synthesis of Yoga - II: The Motives of Devotion

[https://incamateword.in/cwsa/24/the-motives-of-devotion?](https://incamateword.in/cwsa/24/the-motives-of-devotion?search=We+have+to+throw+away+the+props+of+our+weakness,+the+motives+of+the+ego,+the+lures+of+our+lower+nature+before+we+can+deserve+divine+union.)

[search=We+have+to+throw+away+the+props+of+our+weakness,+the+motives+of+the+ego,+the+lures+of+our+lower+nature+before+we+can+deserve+divine+union.](https://incamateword.in/cwsa/24/the-motives-of-devotion?search=We+have+to+throw+away+the+props+of+our+weakness,+the+motives+of+the+ego,+the+lures+of+our+lower+nature+before+we+can+deserve+divine+union.)



HOUSE OF MOTHER'S AGENDA



Then after silence a still blissful cry
Began, such as arose from the Infinite
When the first whisperings of a strange delight
Imagined in its deep the joy to seek,
The passion to discover and to touch,
The enamoured laugh which rhymed the chanting worlds:
“O beautiful body of the incarnate Word,
Thy thoughts are mine, I have spoken with thy voice.

My will is thine, what thou hast chosen I choose:
All thou hast asked I give to earth and men.

All shall be written out in destiny's book
By my trustee of thought and plan and act,
The executor of my will, eternal Time.

But since thou hast refused my maimless Calm
And turned from my termless peace in which is expunged
The visage of Space and the shape of Time is lost,
And from happy extinction of thy separate self
In my unaccompanied lone eternity,—
For not for thee the nameless worldless Nought,
Annihilation of thy living soul
And the end of thought and hope and life and love
In the blank measureless Unknowable,—
I lay my hands upon thy soul of flame,
I lay my hands upon thy heart of love,
I yoke thee to my power of work in Time.

Because thou hast obeyed my timeless will,
Because thou hast chosen to share earth's struggle and fate
And leaned in pity over earth-bound men
And turned aside to help and yearned to save,
I bind by thy heart's passion thy heart to mine
And lay my splendid yoke upon thy soul.

Now will I do in thee my marvellous works.

I will fasten thy nature with my cords of strength,
Subdue to my delight thy spirit's limbs
And make thee a vivid knot of all my bliss
And build in thee my proud and crystal home.

Thy days shall be my shafts of power and light,
Thy nights my starry mysteries of joy
And all my clouds lie tangled in thy hair
And all my springtides marry in thy mouth.
O Sun-Word, thou shalt raise the earth-soul to Light
And bring down God into the lives of men;
Earth shall be my work-chamber and my house,
My garden of life to plant a seed divine.

When all thy work in human time is done
The mind of earth shall be a home of light,
The life of earth a tree growing towards heaven,
The body of earth a tabernacle of God.

Awakened from the mortal's ignorance
Men shall be lit with the Eternal's ray
And the glory of my sun-lift in their thoughts
And feel in their hearts the sweetness of my love
And in their acts my Power's miraculous drive.

My will shall be the meaning of their days;
Living for me, by me, in me they shall live.

In the heart of my creation's mystery
I will enact the drama of thy soul,
Inscribe the long romance of Thee and Me.

I will pursue thee across the centuries;
Thou shalt be hunted through the world by love,
Naked of ignorance' protecting veil
And without covert from my radiant gods.
No shape shall screen thee from my divine desire,
Nowhere shalt thou escape my living eyes.

In the nudity of thy discovered self,
In a bare identity with all that is,
Disrobed of thy covering of humanity,
Divested of the dense veil of human thought,
Made one with every mind and body and heart,
Made one with all Nature and with Self and God,
Summing in thy single soul my mystic world
I will possess in thee my universe,
The universe find all I am in thee.

Thou shalt bear all things that all things may change,
Thou shalt fill all with my splendour and my bliss,
Thou shalt meet all with thy transmuting soul.
Assailed by my infinitudes above,
And quivering in immensities below,
Pursued by me through my mind's wall-less vast,
Oceanic with the surges of my life,
A swimmer lost between two leaping seas
By my outer pains and inner sweetnesses
Finding my joy in my opposite mysteries
Thou shalt respond to me from every nerve.

A vision shall compel thy coursing breath,
Thy heart shall drive thee on the wheel of works,
Thy mind shall urge thee through the flames of thought,
To meet me in the abyss and on the heights,
To feel me in the tempest and the calm,
And love me in the noble and the vile,
In beautiful things and terrible desire.

The pains of hell shall be to thee my kiss,
The flowers of heaven persuade thee with my touch.

My fiercest masks shall my attractions bring.

Music shall find thee in the voice of swords,
Beauty pursue thee through the core of flame.

Thou shalt know me in the rolling of the spheres
And cross me in the atoms of the whirl.

The wheeling forces of my universe
Shall cry to thee the summons of my name.

(to be continued next week)

— **Sri Aurobindo, Savitri A Legend and a Symbol**
Book Eleven: The Book of Everlasting Day
Canto One: The Eternal Day: The Soul's Choice and
the Supreme Consummation

<https://incarnateword.in/cwsa/34/the-eternal-day-the-souls-choice-and-the-supreme-consummation>



With love and gratitude,
Gangalakshmi (HOMA)

NEWS & NOTES GUIDELINES

DEADLINE FOR SUBMISSIONS: TUESDAY 5PM

The content of News & Notes is a reflection of the growth process of this community towards its ideals of Harmony, Goodwill, and Truth. Editing of submissions, mainly for reasons of space and clarity, is done according to an established policy.

How to submit material:

- Max size of posters should be 1 MB, JPEG format. Bigger posters will be reduced or cropped to fit.
- Please AVOID CAPS letters
- Material (no pdf files, please) may be sent in English only to newsandnotes@auroville.services
- Articles for the Notes section should ideally be no longer than 500 words.
- Please try your best to send your announcements, reports, film schedules whenever they are ready. Any modifications of submitted News items must be sent to the editors before **Tuesday 5pm.**

DISCLAIMER:

Please note that the opinions and views expressed on these pages are solely those of the respective authors or work groups and do not necessarily reflect the position of the editors or the larger Auroville community. The News & Notes aims to provide a platform for the publication of diverse perspectives and voices from multiple sources within Auroville.

While our editors strive to ensure the accuracy of the information presented, we cannot guarantee that all information is free from error or omission. Additionally, we cannot be held liable for any alleged misinformation provided or offence caused by the content published.

In the event of any dispute, we encourage readers to consult with the Auroville Council, and we reserve the right to suspend the publication of disputed material. Our commitment to providing an open and inclusive platform for dialogue and exchange of ideas remains steadfast.

The News and Notes team
newsandnotes@auroville.services

LIST OF ACRONYMS:

AVF (Auroville Foundation), **AVFO/FO** (Auroville Foundation Office), **GB** (Governing Board), **RA** (Residents Assembly)

The following groups are divided in two categories: The groups selected by the Residents Assembly through Community decision making Processes and the groups put together by the GB and the FO (not recognised by the Residents Assembly).

Working groups selected by the Residents Assembly:

Working Committee (WCom)
Funds and Assets Management Committee (FAMC)
Budget Coordination Committee (BCC)
Town Development Council / L'avenir d'Auroville (TDC)
Auroville Council (AVC)
Entry Service (ES)

FO selected groups:

Working Committee (WC)
Funds and Assets Management Committee (FAMC)
Budget Coordination Committee (BCC / BCS)
Auroville Town Development Council (ATDC)
Housing Service (HS)
Land Board (LB)

CONTENTS

House of Mother's Agenda

Guidelines / Table of Contents / Acronyms

Important Info Regarding the RA News & Notes

RA WORKING GROUPS NEWS

COMMUNITY NEWS

From The Residents' Assembly Service

Community Sharing

Obituary

Support Needed

Voices and Notes

Volunteering Opportunities

Poetry

Awakening Spirit

Art & Culture

Health

Education

Classes, Workshops & Healing Arts

Activities & Events

Foods, Goods & Services

Auroville Conversations

French News & Notes

FO Groups News

Food For Thought

Cinema

AV Public Bus / Emergency Numbers

Cinema Paradiso Program



NOTE FROM THE EDITORS

Dear Community,

Here is some important information:

- You can read past issues and subscribe [HERE](#).
- If you wish to support the N&N community Edition, you can donate at this account Nr: **FS #252150**.
- Content sent through *@auroville.org.in* mail ID, will only reach us if you use this [FORM](#) to submit your content.
- The mail ID to submit content is:
newsandnotes@auroville.services

Thank you for your continued support!

In community,

The RA Community Edition News and Notes Team

IMPORTANT INFORMATION REGARDING THE RA NEWS & NOTES

Dear community,

Here is some important information regarding the RA News & Notes:

- The RA News & Notes team is taking a **2-week break** (23 Sept - 6 Oct)
- After the break, the team plans to restructure the publication to focus on essential news only
- The team aims to streamline content to better serve the community during the ongoing crisis
- More details on restructuring will be communicated during the break
- Please submit your content for the new publication before **Tuesday October 8**.

WORKING GROUPS NEWS

FROM THE ENTRY SERVICE

NO ANNOUNCEMENT THIS WEEK

If you need to contact the Entry Board, write to: auroville.entryboard@gmail.com

COMMUNITY NEWS

FROM THE RESIDENTS ASSEMBLY SERVICE

RA MEETING IN PREPARATION FOR A RESIDENTS' ASSEMBLY DECISION-MAKING PROCESS ON A REVISED RAS MANDATE

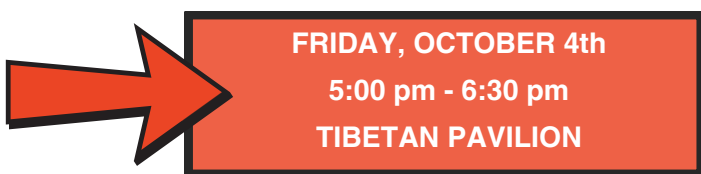
Dear Aurovilians,

The Residents' Assembly Service (RAS) invites you to a Residents' Assembly Meeting (RAM) in preparation for a Residents' Assembly Decision (RAD) on a revised RAS mandate. The RAD is initiated by the Auroville Council, in collaboration with the RA Working Committee.

This revision has been long overdue and aims to align the mandate with recent changes in our organizational structures and processes. In August 2021, a team was formed to review the RAS mandate, incorporating valuable suggestions from residents. The Council recognized the need to separate the RAS mandate from the policy for decision-making, establishing them as distinct functions with separate policies/mandates.

Although the review was completed some time ago, we were unable to present it to the community earlier due to numerous emergency topics requiring community decisions over the past two years. We are now ready to share the completed revised RAS mandate with you.

The proposal to revise the RAS mandate will be put out to the community for a decision, following the due process as envisioned by the [RAD policy, 2023](https://shorturl.at/tAI34) - <https://shorturl.at/tAI34>. The event is going to be held on:



TENTATIVE AGENDA

- Welcome and Introduction
- Presentation of [old](https://shorturl.at/ezkOU) (<https://shorturl.at/ezkOU>) and [new RAS mandates](https://shorturl.at/2fiN3) (<https://shorturl.at/2fiN3>)
- Q&A
- Please check for confirmed Aurovilians (in-room and online)
- Next steps and closing.

We encourage all residents to attend this important meeting to stay informed about the proposed changes and participate in the decision-making process.

At the service of Truth,
For the Auroville Council

Ashwini, Lucas, Martin, Ramesh, Rju (TOS), Samrat, Sathiya;

For the Residents' Assembly Service
Peter, Tatiana (TOS)

COMMUNITY SHARING

NEW DOCTOR AT SANTE

Dear Community,
we are happy to announce that we have a **new Doctor (GP) available in Sante Monday to Saturday.**

His name is **Dr. Pavan Lankaala**, MD a General and Integrative Medicine Doctor with 10 years of allopathy practice in the USA. He also trained at Andrew Weil Centre (USA), for integrative medicine for holistic/root cause analysis.

Here is his introduction:

"I'm excited to be part of Auroville and provide my services as General Physician/Practitioner and Integrative/Longevity Doctor to prevent and treat short and long term medical problems at Sante to this conscious community." - Dr. Pavan Lankaala

Warmly Sante Team

OBITUARY



MARRY (MARRETJE KROON) PASSES ON



Farewell Marry

Marry, also known as Marretje Kroon, was born in the Netherlands and joined Auroville in 2007.

Her main interest was the study of the works of Sri Aurobindo and the Mother, and translating them.

Many got to know her through her knowledge of the Feldenkreis method. For a number of years she offered good classes and excellent individual treatments in Feldenkreis, a series of physical exercises that enhance body awareness

Since last February, Marry had suffered from cancer (myeloma). She showed courage and was positive throughout. Her son and his family visited her a month ago, which made her very happy, and they were also very impressed when they discovered Auroville. After their visit, Marry prepared to go "through the tunnel of light" as she put it. She passed away in Kalpana on 16th September, 2024. She was 76 years old. Her skills and gentle presence will be missed.



Our condolences go out to her daughter and her son and family.

Farewell, Marry, rest in peace.

(Written by Annemarie, with input from Tineke, Mauna, Appie and Vani.)

SUPPORT NEEDED

AUROVILLE SINGING FESTIVAL

Dear Music Lovers,

We are preparing the Auroville Singing Festival for 26th & 27th of October in CRIPA. The theme of the festival is "**Voices of Unity**" and our aspiration is to create Unity in the beautiful diversity of Auroville through songs.



As there are no funds available for Cultural events in 2024, we invite everybody to support this event with a contribution toward **Financial Service Acct. 0250 Auroville Artist Group.**

With love

Shakti, Marta, Rolf

VOICES AND NOTES

SPECIESISM

Nature creates harmony, human being – disharmony. There are so many species of living creatures, but only one is the cause of ecocrisis. Uncontrolled technology leads to the destruction of environment.

Mankind isn't ready to say "mea culpa" - my fault. Homo sapiens is sure that he has the right to do in nature what he wants. Humans didn't care about God.

In Auroville there is a plant, Hibiscus rosa – sinensis. According to the Mother, its spiritual name is "Sweetness of the power surrendered to the Divine". The Mother commented: "O my beloved lord, how sweet it is to think that it is for Thee and Thee alone that I act! It is at Thy service that I am."

If everybody of mankind knew these words, it will be ecolife on earth instead of ecocrisis.

Boris

ABOUT CONTRIBUTIONS

Many years ago, when we were struggling to cover the expenses of our City Services, we encouraged all the members of our community to make a voluntary monthly contribution to cover our costs. Especially money generating units were asked to set aside funds for unspecified contributions, but also individuals who could afford to do so should join in.

It was a need that we understood and most of us joined in and gave what we could. Units paid not only maintenances but also a contribution for their Aurovilian workers to the Central Fund.

There was a recommended amount which kept increasing over the years and is by now at IRS 3800.- per month.

Then somehow the contribution came to be considered obligatory and one had to have "good reasons" not to pay it. "Waivers" were given to some who then were relieved from pressure.

In Auroville, money given generously and joyfully is a precious force that helps us grow, great amounts of which has come in over the years. Gifts, donations, contributions given freely in the right spirit are what we value. But "Contributions" forcefully extracted, given grudgingly out of fear of dire consequences, represent a power that is detrimental to Auroville. We don't want that.

We feel good about being generous, we like to work, we like to contribute. It's quite normal.

We have been building and maintaining living spaces and units largely with our private funds. We enjoy them though we know full well that we don't own them. They are our freely given contribution to Auroville.

A great many of us have been working for many years, some receiving help to maintain themselves, others entirely self-supporting.

Now, when we ask for an extension of our visas we may be informed that we owe enormous amounts of money to Auroville for not having made the monthly "contribution" of Rs. 3800.

Even if we have worked for free, even if we have built spaces and places that we don't own, we are suddenly in debt! If we don't pay up we lose the permission to live and work in Auroville.

Can this be true?

Or is there a misunderstanding?

An Aurovilian



THE ECONOMIC SIEGE OF AUROVILLE

As Auroville's crisis continues to unfold, let's examine a critical but often overlooked aspect - the economic dimension of the takeover attempt. History shows that when authorities seek to seize control of independent foundations or charities, a common tactic is to systematically cut off funding sources and create financial strain. This manufactured economic crisis then serves as justification for the takeover, framed as a noble intervention to "save" the struggling organization. But for over 50 years, Auroville had successfully supported itself through social enterprises, donations, and responsible financial stewardship, creating a unique and thriving economic ecosystem aligned with its founding principles.

We are witnessing this playbook unfold in real-time in Auroville. Over the past two years, the Auroville Foundation Office (AVFO) has taken numerous steps to restrict Auroville's financial autonomy and stability:

- Seizing control of Auroville's Funds and Assets Management Committee
- Canceling budget allocations for Auroville units without notice or justification
- Cutting off monthly stipends for numerous residents
- Dismissing skilled executives from revenue-generating units
- Creating administrative hurdles for projects relying on international funding
- Conducting repeated, disruptive audits of business units

These moves appear designed to create financial instability and dependency. **By hampering Auroville's ability to self-fund through its social enterprises and international donations, the AVFO can present itself as the only viable solution to an economic crisis of its own making.**

We've seen similar tactics employed elsewhere. In Hungary, the Orban government has used tax regulations and funding restrictions to pressure civil society organizations and universities it views as oppositional. In Russia, labeling NGOs as "foreign agents" has been used to cut off their funding sources. And in Hong Kong, authorities have frozen assets of pro-democracy groups as a means of control.

The economic strangulation of Auroville follows this well-worn path of authoritarian overreach. **By presenting the takeover as a financial rescue mission, those orchestrating it can obscure their true motives of centralized control and suppression of Auroville's true purpose and vision.**

Adding insult to injury, the Governing Board's newly appointed 'FAMC' claims it is setting things straight by replacing longstanding and/or competent community members. These are the very people who built Auroville's economy from the ground up, who've dedicated decades to creating and nurturing our unique economic ecosystem. The irony is palpable - those who've sustained us for years are now painted as the problem. If this economic takeover succeeds, the consequences for Auroville could be existential. Not only would we lose our financial autonomy, but the very essence of our community - our ability to experiment, innovate, and progress towards human unity - could be compromised.

Over the last decades, I've seen firsthand the ingenuity, dedication, and hard work that has gone into making Auroville economically viable. We've weathered storms before, always finding creative solutions that align with our values. This crisis feels different, more existential, but let's not lose heart. Our economic independence is the backbone of our experiment in human unity. Let's continue to stand united against these divisive tactics. Let's help financially those in need, those who have been attacked and targeted by the AVFO, those fighting for our collective rights. As long as we support each other, at all levels, we walk the path of human unity and solidarity. And nothing is stronger than unity. Ultimately, this falsehood shall end, and Auroville will be.

Aurorific,
An Aurovilian with a pen

A LIVING EMBODIMENT OF AN ACTUAL HUMAN UNITY

Some shout and demand "Human Unity!" But where are you positioned in actuality? In the Divine Ideals of this City of Dawn, unity is not just for a small fiefdom. That will only be an egoistic hypocrisy. In the actuality of Oneness, unity is already there. Your ignorant shouts and self-serving demands just clearly reveal your false-separative ego-mentality.

Nonetheless this Divine Play is to awaken each of us to the ineffable Marvel of this Paradoxical Reality of the One and Her many. Each is playing a particular complementary role, either dharmic or adharmic as co-destroyer/creator. Here in the Cradle of the transitional beings, the unique Vision-Goal of our Avatar founders is to build a Deva Sangha, a divine community, to work together intimately, to prepare for and hasten the advent of the new apex species that will transcend the obvious limitations of the animal human modality. How long it will take? We don't know. What we know is that 29th February 1956 happened. The Supramental Seed has been sown in Matter for the inevitable Divine Manifestation. Without the diligent study and progressive practice of the Integral Supramental Knowledge and Works left for us by the Avatars Sri Aurobindo and the Mother, it will be very hard to integrally understand what is actually happening on Earth. And to all others who come here and purport to be a living part of this post-human experiment yet still too attached to the old human ways unwilling to change, you are simply hanging about as abject hypocrites, creating the resistance against this community's very evolution, acting as the adverse causes of our collective conflict. The Mother was already acknowledging this problem in Her talks, for example on 30th March 1972:

<https://incarnateword.in/cwm/13/talk-of-30-march-1972>

.....

Continue reading [HERE](#)

VOLUNTEERING OPPORTUNITIES

AUROORCHARD



 AuroOrchard

Volunteer and learn farming hands-on!

AuroOrchard is the oldest and one of the largest farms in Auroville, contributing significantly to the food needs of the community.

Join us to learn to work with the soil, plants and food while sharing with a diverse group of people. We offer breakfast made with farm produce.

JOIN US! PLEASE REACH OUT TO US FOR ANY QUERIES!

MONDAY to SATURDAY
7AM TO 9AM and/or
9:30AM TO 12PM

EMAIL: auroorchard@auroville.org.in
WHATSAPP: 9566631079 (Nidhin)

POETRY

God must be a homeopath
Diluting divinity
And know for sure
Each will follow a path
And arrive home.

- Anandi Z.

The Open Gate

22/1/2022

And when she smiled the sun would hide her face
But when she wept the rains came pouring down,
In all her movements a surpassing grace
Was felt, it seemed a miracle was shown,

For She the Madonna of the world of light,
Was Madonna too of all this mortal grief.
We struggle through the darkness of the night
And are shaken by beauty as the fallen leaf

Is tossed among the handiworks of fate.
She is for all who is for the One alone,
Waiting for man to walk through the open gate
Where the answers to our questions are fully known.

- Narad

AWAKENING SPIRIT

INTRODUCTION TO THE INTEGRAL YOGA OF SRI AUROBINDO AND THE MOTHER

Tuesday, 24th September, 9 am - 12 noon
Focus: The Collective Yoga

Led by Ashesh Joshi

Place: Mirabelle Education Centre, Auromodele
Ph/Whatsapp: 9489147202 (Please register)

All are Welcome



AMPHITHEATRE - MATRIMANDIR

Meditation at sunset with SAVITRI,
Sri Aurobindo's long mantric poem, read by Mother to
Sunil's incredible music.

Every THURSDAY
6.00 to 6.30 pm

(weather permitting)



Enjoy the beautiful open space, in the very center of Auroville!

Reminder to all: The Park of Unity is a place for silence, meditation and inner work and is to be used only as such. We request everyone: please do not to use cameras, i-pads, cell phones, etc. No photos.

Dear Guests, please carry your Guest Card with you –Access only for the Amphitheatre from 5.45 pm and the time of the meditation. Thank you.

Surya, Velmurugan and Vinay

SAVITRI SATSANG WITH NARAD

Savitri Satsang with Narad will take place every

Wednesday at 6:30 pm

at the home of Uma and William in Kalpana.

THE OM CHOIR IN SAVITRI BHAVAN

Thursdays, 5:30 p.m.

ALL ARE WELCOME

- Narad



ACCESS TO THE PARK OF UNITY AND MATRIMANDIR

The Park of Unity

The Matrimandir, the Petals, the Lotus Pond, Banyan Tree are areas of SILENCE

- The Park of Unity is open to Aurovilians and Newcomers
Daily: 6.00 AM to 7.30 PM
- Aurovilians may bring close family and friends to the Gardens
Daily: 9.00 AM to 3.30 PM
- Volunteers and Donors require a pass to enter the Park of Unity. Timings will be indicated on the pass.
- Published events in the Park of Unity are open to Aurovilians, Newcomers, Volunteers, Pass holders and Guests. Guests should bring their Aurocards.

The Inner Chamber of the Matrimandir

The Matrimandir is a place for silent individual concentration.

- The Inner Chamber is open to Aurovilians and Newcomers:
Monday – Saturday 6.00 AM to 8.00 AM
4.30 PM to 7.30 PM
Sunday 6.00 AM to 12.00 PM
4.30 PM to 7.30 PM
- The Inner Chamber is open to SAVI registered Volunteers:
Wednesday – Monday 8.00 AM to 8.40 AM.
Arrival at 7.45 AM at the Office Gate
- The Inner Chamber is open to Aurovilians wishing to accompany a maximum of 5 close family and friends, no more than once in two weeks, with booking 3 to 5 days in advance to mmconcentration@auroville.org.in:
Any day except Tuesday & Sunday: 8.00 AM to 8.35 AM
Arrival at 7.45 AM at the Office Gate
- The Inner Chamber, the Petals and the Gardens are open to the Children of Auroville and the Outreach Schools:
Tuesday 9.00 AM to 11.00 AM
- The Auroville units can bring their staff to the Inner Chamber with a prior booking to mmconcentration@auroville.org.in:
Tuesday 8.00 AM to 8.30 AM

The Petals of the Matrimandir

- The Petals are open to Aurovilians, Newcomers and Pass holders
Monday – Sunday 7 AM to 8 AM,
Tuesday AM closed.
Daily 5 PM to 6 PM

Access to Matrimandir for Visitors and Guests Matrimandir Viewing Point

The Viewing Point is open to the general public on presentation of a Pass.

Visits to the Matrimandir Viewing Point are free of cost.

Free passes can be obtained at the Auroville Visitors Centre

The Viewing Point lies south of the Park of Unity and offers visitors a panoramic view of the Matrimandir and the Gardens and the Lake.

Timings starting from the Visitors Centre:

Daily: 9.00 AM to 5.30 PM

The Inner Chamber of the Matrimandir

The Inner Chamber is open to Visitors and Guests by prior booking only. Visitors and Guests seeking to concentrate in the Inner Chamber are requested to inquire at the Information Desk of the Visitors Centre after first visiting the Viewing Point. Prior booking is required to access the Inner Chamber, at least one or two days in advance. Bookings for concentration are given for the following or the first free day as per availability and are accepted only up to one week in advance. Minimum age 10 years. The Petals are open to Visitors on the morning of their Inner Chamber visit.

SAVITRI: THE MEETING WITH THE SUPREME (BOOK 11)

TUESDAY 24 SEPTEMBER

Kim and Heather return to their Savitri project for a final time in 2024, before setting sail for New Zealand, where Kim will run the New Zealand School of Music for a time. Here we are setting a monumental section of Book 11 of this never ending epic. The text asks of all of us; how might we make our biggest choices when faced with the Supreme? Can we hope to measure up to this moment, an almost inner Gita for Savitri. This text is extremely tender and we will hope to find something appropriate, large emotional arcs and a musical response to the sometimes latent feeling of devotion that must surely rise when we face the absolute. In this concept we are also experimenting more with the musical language of Sunil, mixed with our continued medieval aesthetic reimagined lovingly. We will conclude with a shared concentration.

The Supreme

“Choose, spirit, thy supreme choice not given again;
For now from my highest being looks at thee
The nameless formless peace where all things rest.

Savitri

“Thy embrace which rends the living knot of pain,
Thy joy, O Lord, in which all creatures breathe,
Thy magic flowing waters of deep love,
Thy sweetness give to me for earth and men.”



6.00pm, Tuesday 24 September at the Matrimandir amphitheatre

Kim and Heather have been coming to Auroville for over 15 years. You can hear some of their earlier Savitri recordings on the following links; a great way to get ready for the offering. These are free to download and share.

- [Book 1 Canto 4 live at Matrimandir Jan 1, 2024](#)
- [The Vision and the Boon love at Savitri Bhavan \(2014\) and Martrimandir \(2019\)](#)

A SATSANG ON THE INTEGRAL YOGA

A sacred gathering for the study and practice of the Integral Yoga of Sri Aurobindo and the Mother, founders of Auroville, the City of Dawn.

“The first necessity is the inner discovery in order to know what one truly is behind social, moral, cultural, racial and hereditary appearances. At the centre there is a being free, vast and knowing, who awaits our discovery and who ought to become the active centre of our being and our life in Auroville.”

— The Mother

We start right here, in the Eternal Now, from where we each are at this ever-progressive moment, and share our unique experiences on the path of rediscovering and embodying who we really are.

Facilitated by Zech Joya

Schedule: **Tuesdays and Thursdays, 5:30-7:00pm**

Venue: Conference Room, G/F SAIER Building, Town Hall

Complex, or at an agreed upon venue in Auroville

By appointment only: please call 8300191193



Also check Zech's Weekly Sharings:

<https://zechjoya.blogspot.com> or scan the QR Code



A Public Declaration as True Aurovilians

The Online Global Petition is now LIVE!

Please scan the QR Code to view and support:



ART & CULTURE

OK UPCYCLING STUDIO DOCUMENTARY

AUROFILM PRODUCTION

Dear friends,

We are happy to share the latest documentary of "**OK Upcycling Studio**" directed by **Song Wan** and produced by **Aurofilm!**

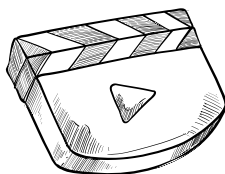
This lovely 14 minutes documentary film, is about UpCycling Studio, a unit of Auroville, founded in 2011, with the mission of redefining waste management and empowering sustainable living by turning waste into something useful, beautiful and creative!

Please click the below link:

[OK Upcycling Studio.](#)

Enjoy!

Aurofilm team



CENTRE D'ART CITADINES EXHIBITIONS

From 20 September to 9 October 2024

Tuesday - Friday 2-5.30

Saturday 9.30-12.30, 2-5.30pm

Opening on Friday 20 September at 4.30

Guided tours on Saturday at 10.30

DEEPTI MUNOT - FRAGILE LAYERS

20 September / 9 October 2024

Tue to Fri 2 to 5.30 - Sat 9.30 to 12.30, 2 to 5.30



FRAGILE LAYERS
by Deepti Munot

AARTI MANIK - VOYAGE

VOYAGE
aarti manik



20 sep - 9 oct 2024

tue - fri 2 to 5.30

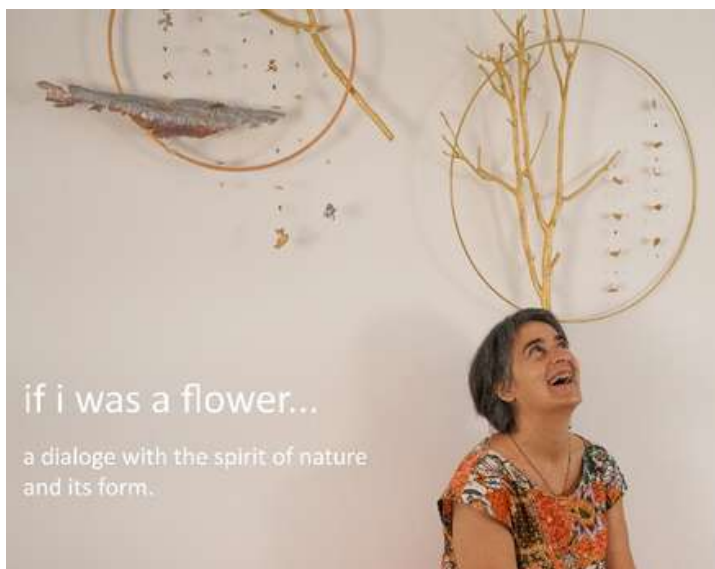
sat 9.30 to 12.30 and 2 to 5.30

opening 20 september at 4.30

centre d'art - citadines - auroville



**ART EXHIBITION
BY BEL JIMENEZ
IF I WAS A FLOWER
6 -24 SEPTEMBER 2024 @ PITANGA**



if i was a flower...

a dialoge with the spirit of nature
and its form.

*Seeking its own perfect form in souls and things.
Life kept no more a dull and meaningless shape.*
- Sri Aurobindo, Savitri

Bel is an Aurovilian artist who studied art at the University of Barcelona. She says: "Here in Auroville, I've been developing a different approach to art, I'm inspired by nature and I'm using what nature offers me as the main materials.

My aim is to connect with the light and the purity of nature, and to reflect that in my work."

Art Gallery timings at Pitanga: Monday to Saturday 8.30am – 12.30pm and 2.30 – 5.30pm. Sundays closed.

HEALTH



OFFERING NURSING SERVICES

Warm morning to everyone.

It's my pleasure to introduce myself to all of you. My name is MADHI and I'm 26 years old. I'm living in Auroville from my childhood and my family also. I have done my bachelors degree in B.SC (NURSING) and I have two years experience as a STAFF NURSE in hospitals (ONE years in psychiatric ward, six month in ICU and six month in EMERGENCY).

Past two years I'm working in Auroville only with private clients - In **HOME VISIT CARE FOR ELDERLY PEOPLE, BED RIDDEN PATIENT, PSYCHIATRIC PATIENT, ETC .**

If anyone needs help or any kind of hospital care or Home care or Home visit or care taker please contact me and I'm willing to contribute my professional skills in a right manner and right way.

THANK YOU IN ADVANCE.

MADHI CONTACT NO: 9597222826.

Email: Madhiazhagan014@gmail.com

LEELA THERAPY



A unique combination of psychotherapy, self-inquiry and ancient teachings of Enneagram of Liberation. I invite you to be supported by heart based and trauma-informed skills, taught by Leela School of Awakening.

Private 1:1 sessions are a powerful and intimate container to work on your deep emotional healing and self-discovery.

Anything, and everything is welcomed.

Leela therapy is offered by Kardash in person or on-line, through Inner Sight (an Activity under LEAD).

For more details see www.innersightav.org or whatsapp Kardash on 9940934875.

SANTÉ SERVICES IN SEPTEMBER 2024



Working Hours:

Monday - Saturday : 9:00am - 12:30pm & 2:00 – 4:30pm

Tests and Sample collection:

Mon - Fri : **8:30am** - 12:00 pm.

No sample collection on Saturday.

For emergencies, contact:

Auroville Ambulance (24/7) : Phone: +(91) 94422 24680

Government Ambulance (24/7) : Phone: 108

Appointment:

Please call Santé on (0413) 2622803 during working hours for an appointment.

Doctor Consultation with Dr.Senthil & Dr.Pavan: Monday to Saturday	Nursing Care: Thilagam, Ezhil, Archana, & Sandhya: Daily No appointment necessary
Ayurveda with Dr.Be: Tuesday/ Wednesday/ Friday	Integrative Psychotherapy with Juan Andres: TOS
Acupuncture with Andres: TOS	Homeopathy with Michael: Monday/ Wednesday/ Saturday
Physiotherapy & Massage with Galina: Monday to Friday	Physiotherapy with Arun Monday to Saturday (except Friday)
Women's Wellness with Paula: Tuesday & Wednesday	Soundbed Session with Sandhya / Thilagam: Monday to Saturday

Bio-Well Assessment (Evaluation of your well-being) with Helena:

inquiry through email adminsante@auroville.org.in

In Santé, we value our patient's confidentiality & make every effort to ensure their privacy.

In case of cancellation or to reschedule, it is necessary to inform us in advance.

AUROKIYA INTEGRAL EYE CENTRE @ ARKA



Aurokiya Integral Eye Centre
(An Auroville Activity)



Working Hours:

Monday - Saturday
(9.00 am -5.30 pm)

Services Provided:

- Emergency eye care services with primary-level care
- Complete eye testing facilities for eye problems
- Follow-up services for surgeries and consultation from Aravind
- Spectacles and contact lenses
- Eye medicines (Homeopathy, allopathy, and Ayurvedic Drops)
- Personal guided support to visit Aravind Eye Hospital for surgeries and procedures
- Personalized eye exercise training, eye yoga sessions, and vision therapy sessions. Both morning and evening slots are available

Contact: aurokiya@auroville.org.in; aurokiya@gmail.com


WA/ Mobile: 8012305151: www.aurokiya.com

EYE
WELLNESS
CENTRE



EDUCATION

TAMIL CLASSES



Tamil classes for absolute beginners

Start Date: Monday, 7th Oct 2024



Time: 7:15pm

Venue: Auroville Council Room

Spend 3 months learning to speak, read and write Tamil quickly; get to know a bit of the language and cultural history of Tamil with Sandeep

To Sign up:

1. Follow the QR Code -->



2. email: payilagampodcast@gmail.com

PIANO CLASSES



Classic and Jazz for beginners and advanced. Children most welcome. Music-theory, composition and the art of improvisation.

Please call 70948 12897 (only whatsapp) or vonlieres@gmx.de

I also come to the students place for classes. Hartmut

CELLO CLASSES



CELLO CLASS

FIRST TOUCH:
DISCOVER AND LEARN
THE VIOLON CELLO
WITH BEN.

MESSAGE
8940572194

*all ages
are
welcome*

NEWS FROM LANGUAGE LAB

Did you know that the Language Lab is a wireless-free space? Please switch off your mobile (or put it on flight mode – No, silent mode is not enough!). You need to switch off the wireless signal on your mobile and all blue-tooth devices and laptops while in the Lab. Why? Look at <https://ehtrust.org>



Huge thanks to KIM and HEATHER

We welcomed them with flowers and a beautiful space (Thanks, Tapas DR, for transforming - as you always do - a space into a thing of beauty, and the full Lab team for the flowers laid with so much care); they gave Auroville an incredibly uplifting, marvellous concert of Gregorian Chant. One experienced the power of the healing, that going within and coming to the calm inside, and the vastness... the effect stayed for days! Kim's low tones were the perfect complement for Heather's highs. And they managed to integrate the building, by using the staircase and the first floor. The high ceiling of the courtyard was high enough for the power of their voices. Pure singing without any microphone. Kim Cunio and Heather Lee: On behalf of everyone who got the chance to attend: THANK YOU for sharing your gift with us!



Lalita Sahasranaamam

Adoration of the Divine Mother, Lalita Sahasranaamam sessions from from 5:30 pm - 6:30 pm every Wednesday, conducted by Remesh. (See poster for description).

**SRI LALITHA
SAHASRANAMAM**
श्री ललिता सहस्रनाम

Class at Auroville Language Lab with
Remesh krishnan
Every Wednesday 5:30pm - 6:30pm

The "1000 Names of the Supreme Divine Mother" was composed by the eight Vaag Devis. This stotra is found in the Brahmanda Purana, in the chapter detailing a discussion between Hayagriva and Sage Agasthya.

The Sri Lalitha Sahasranamam is one of the most revered texts for praising and worshipping the supreme Goddess Sri Lalithambika.

Each name in this namavali is a treasure to be cherished. Millions of people chant the Sahasranamam daily. Our aim is to help understand the true meaning and significance of each name in the namavali, guided by the insights of Sri Aurobindo and the Mother, so that it may be applied in our lives today and in the future.

location

Language Classes

There is still time to join Jean-Francois's French classes for different levels.

Here's something that Mother said about French :

"Sri Aurobindo loved French very much. He used to say that it was a clear and precise language, whose use encouraged clarity of mind. From the point of view of the development of the consciousness, that is precious. In French, one can say exactly what one wants to say."

— Mother, 19 October 1971

English classes with Rupam continue, some with a theatre and creative writing twist, others are the regular intermediate and beginner levels. **Vismai** is offering **one-on-one classes** for different levels as well.

In addition to the ongoing German Classes, **Ben**, is also offering a "**German Language Assessment**" Open conversation and consultation: On **Monday mornings between 9:00 and 11:30 am** all are welcome to hear, feel and speak with Ben, and other learners the German language on whichever level you are now. He will inform about certificates, exams, how to learn and which path and classes to take!

All other classes ongoing as per the schedule.

Registration is required for all classes: Send an email to info@aurovillelanguagelab.org or call 0413-2623661. WhatsApp: +919843030355.

Tomatis programs:

Some spaces are available. Yes, shorter programs are possible, in addition to the full programs.

Check out <https://www.aurovillelanguagelab.org/alfred-tomatis-method/>

Write to us at tomatis@aurovillelanguagelab.org.

Film Shows: One on the Language Lab building (27 mins) and another on Tomatis (48mins). Come and watch them at any time.

Volunteers needed: An ESL teacher, help with fundraising, a programmer who could convert a program into an app for android, iOS, etc., a person with organisational skills, une "secrétaire de direction". No, these are not jobs. We are looking for volunteers. Evening program anchors for conversation sessions in Tamil and Hindi also needed.

Current Schedule of Classes

Language	Level	Time	Day(s) Of Classes
English	The English of Shakespeare	9:30 am – 10:30 am	Tuesday & Thursday
	Pre-Intermediate & Intermediate	11:00 am – 12:00 pm	Tuesday & Thursday
	Creative Writing	9:30 am – 10:30 am	Monday & Wednesday
	Learn English through theatre	11:00 am – 12:00 pm	Monday & Wednesday
French	Conversation - Beginner & Intermediate	4:20 pm – 5:20 pm (Fri) 10:00 am – 11:00 am (Sat)	Friday & Saturday
	Beginner	4:30 pm – 5:30 pm	Monday & Wednesday
	Conversation - Intermediate	2:30 pm – 3:30 pm	Tuesday & Thursday
	Conversation – Pre-Intermediate	11:00 am – 12:30 pm	Friday
Tamil	Spoken Beginner	9:30 am – 10:30 am	Tuesday & Friday
	Spoken Intermediate	9:30 am – 10:30 am	Saturday
	Reading & Writing	3:00 pm – 4:00 pm	Saturday
Sanskrit	10-day Intensive Introduction to Sanskrit	3:00 pm – 4:00 pm	TBA
Hindi	10-day Intensive Introduction to Hindi	4:00 pm – 5:00 pm	TBA
German	Intensive/Advanced	9:30 am – 11:00 am	Monday & Wednesday
	Level A1/A2 – Intermediate	9:30 am – 11:00 am	Tuesday & Saturday
Spanish	Beginner	2:30 pm – 3:30 pm	Monday & Wednesday
	Intermediate	TBA	TBA
Italian	Beginner	TBA	TBA
	Advanced	4:00 pm – 5:30 pm	Wednesday
Didgeridoo	Beginner	4:45 pm – 5:45 pm	Tuesday & Thursday

TUTORIAL GRADE 1 TO UNIVERSITY AND SPOKEN ENGLISH AND LANGUAGE TRAINER

With my 18 years of experience in education, I offer academic tutorial sessions from grade 1 to university level in all subjects. Also I am a spoken English and language trainer. My contact number is 8270512606.

Thank you
Ashwini, Aspiration



CLASSES, WORKSHOPS & HEALING ARTS

VIPASSANA MEDITATION

Date: Every Sunday - for those who have attended at least one ten day Vipassana course as taught by SN Goenka.

Timings: 8:00 AM – 12:00 PM but you can also drop in and join as long as you wish.

Venue: Udavi School (2nd building on the left when you are at the front entrance), near Tank in Edayanchavadi (Auroville). Location [here](#).



Vipassana

As taught by S.N. Goenka



Contact: Sanjay Tumati,
+91 8790982210 (available on WA)
sanjay@auraauro.com

CAPOEIRA - MARTIAL ART AND MUSIC WITH GINGA SAROBA

Afro-Brazilian martial art that combines elements of dance, acrobatics, music and movements. More than 500 years old, Capoeira is a constantly evolving art form, come connect and express yourself.



Join us for classes for teens and adults (15 yrs and above)

Intermediate : Tuesday, Thursday and Saturday - 5.15 PM - Dehashakti

Beginners: Tuesday and Thursday - 6.00 PM- Dehashakti
Contact: 7598446327

Let us know if you would like more information.

AUROVILLE AIKIDO AT AV BUDOKAN (DEHASHAKTI)



Aikido is a martial art created in the 1920s by Morihei Ueshiba, a master in traditional Japanese martial arts. Aikido is a path which aspires to the unity of mankind, the unification of the self with the universe, the union of Spirit and Matter. Seen as such, and in the perspective of the integral development of the being as emphasized by Sri Aurobindo and the Mother, it is no wonder that Aikido has always been greatly valued in Auroville and introduced since the very early years. Both children and adults can enjoy and benefit from its complete practice. There are no competitions in Aikido. On the self-defense aspect of it, an aggressor's attack may be stopped without harming or injuring him/her.

The AV Aikido group welcomes new practitioners, Youth and Adult students, and the ones who would like to revive an old (abandoned) practice!

Adult classes:

- Tuesday, Thursday and Saturday, 6 - 7:30am, early morning. Beginners are most welcome. Girls and women are especially called to join us.

Children/ young students:

- Monday, Wednesday and Friday from 4 - 5pm
- For the time being no Saturday 9 - 10am class are offered.

Contact us for more info and registration: write to budokan@aurville.org.in or WA 8300643963 Philippe G. or call 9952812843 N. Murugan.

Cristo, Surya, Murugan, Rita and Philippe
for Auroville Aikido

MEDITATION-YINYOGA-SOUND HEALING

SITARA MUNAY-KI YOGA SCHOOL

Fri 4, Sat 5, Sun 6, October 2024
3 mornings, 10.30-12 am

MEDITATION YIN YOGA SOUND HEALING

Small group, in a beautiful location
in Auromodelle, Auroville

WhatsApp +393288181300
gp@auroville.org.in
sitaramunay-kiyoga.org

Under Auroville Art Service



WELL-BEING SERVICES AT ANITYA COMMUNITY !

WELL-BEING

@ JOI ANITYA



THAI YOGA BODYWORK



ANDRES
(+91) 9751607501

AYURVEDIC MASSAGE



ELENE
(+91) 7094143719

INTEGRAL COACHING



DAVE
(+44) 7564119728

SHAH-LU-HA-KA BODYWORK



NIKKI
(+91) 7094716136

MINDFULNESS MEDITATION



HELEN
(+91) 7094753054

WOMEN CIRCLES



PREM SHAKTI
(+91) 9489244823



Info and Bookings
through **WhatsApp**



Anitya Community
Centerfield



joyofimpermanence@
auroville.org.in

Joi Anitya is a Registered Project under Hospitality Trust, Auroville Foundation

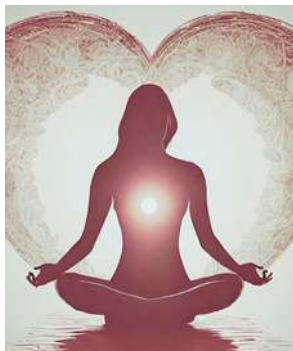
MINDFULNESS KINDFULNESS - HALF DAY RETREAT

SATURDAY 21ST SEPTEMBER

This half-day retreat provides a chance to unplug from the stress & chaos of everyday life, & revitalise in this immersive space of calm. It is an invitation to shift the pace of life and reorient attention softly, with care, to the here & now.

This session will blend mindfulness meditation practices with reflections on kindness, allowing for an inner movement towards softening, care and compassion - for ourselves & others.

Participants will have the choice of practising in a seated position (on chair or cushion) or lying (on a yoga mat). It is suitable for everyone - those new to meditation as well as experienced meditators looking to deepen their practice.



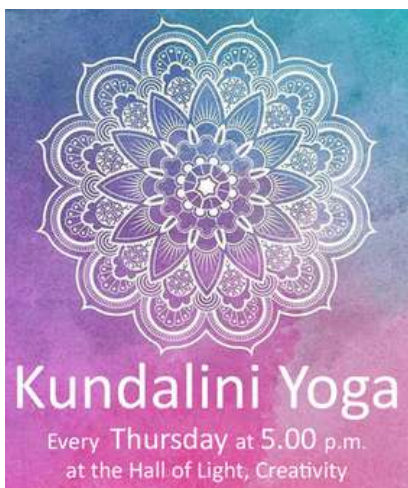
Saturday 21st September (9.15am - 12.30pm) at Creativity Hall of Light.

Booking is required. To register whatsapp Helen on 70947 53054 or visit innersightav.org.

KUNDALINI YOGA

THURSDAYS, HALL OF LIGHT, CREATIVITY

Kundalini Yoga is a dynamic and powerful practice designed to enhance your physical, mental, and emotional health. It purifies your electromagnetic field as well as your nadis. By the end of the session, you will feel more spacious, calm, and joyful. To achieve these benefits, Kundalini Yoga combines Asanas, Pranayamas, Mudras, and Mantras.



Thursdays, from 5 - 6.30 p.m. in the Hall of Light, Creativity.

All levels, come 5 minutes before, bring your own mat.
On Contribution.

Contact: Bel WhatsApp 75988 92065.
Certified Kundalini Yoga teacher.

AUROMODE YOGA SPACE

AURROTHAIMA - HEALTH & HEALING TRUST

SEPTEMBER 2024 SCHEDULE



Registrations are a must for all the programs.

Email or WA us, to know about the fees structure and other details.

Contact – email – balaganesh.siva@gmail.com & WA (only) +91 98926 99804

Day	Time	Description
All days of the week (Monday to Sunday)	5 30 pm - 6 45 pm	Vinyasa flow Yoga by Arun

Find our Yoga Shala -

<https://youtube.com/shorts/8FTldxoWt9k?si=JMKXs062TplaE82D>

Auromode Apartments

0413 262 2224

Location: <https://g.co/kgs/frzmN4>

BOTANICAL GARDENS - GROWING ROOTS WORKSHOP 9TH - 11TH OCTOBER



Join us for a 3-day intensive workshop on the life of seeds. Learn seed germination techniques of TDEF (Tropical Dry Evergreen Forest) species, nursery set up, management & maintenance strategies.

The workshop is suitable for botanists, nursery managers, restoration practitioners & land stewards. A basic level of TDEF species knowledge is essential.

DATES: 9TH TO 11TH OCT'24

Location : Auroville Botanical Garden

Fees : Rs.4000/- (includes the course fees, daily lunch and refreshments)

For details & to apply please email us at : ecologicalhorticulturecourse@gmail.com

Last date to register: 23rd sep'24



ecologicalhorticulturecourse@gmail.com

REGENERATION LISTENING CIRCLE



Learn the ways of Silence and how to utilize its Power
Saturday at 4:30 pm

Experiences of previous participants:

"Because of the ecological problems humanity is facing, I didn't want to have children, but after this circle today, I do again" - Guest

"I'm very sensitive, and I could feel the spirits of Mother Nature with us in this circle; very beautiful" - Newcomer

"This talking-stick gives me Power; and with great Power, comes great Responsibility" - Aurovilian

Limited seating - Location will be shared after your reservation under

+49 1638041124 WhatsApp - Session duration: 1.5 h

Group booking for the Consensus Circle is possible on request

Submitted by Nadim

FERMENTED DRINKS WORKSHOP AT MARC'S COFFEE EVERY SATURDAY 10-11:30 AM



Learn how to make delicious Kombucha at home following Matilde's recipes. **1.5 hour session** for beginners that will allow you to make safe fermented drinks at home, learning the basics of fermentation techniques. The session will end with a tasting from the brewery, a scoby and some tea to take home and kick-start your kombucha making journey.

The booking should be done 24hrs prior to the class for the confirmation. Write to: matilde@marcscoffees.com

QUIET HEALING CENTER



Quiet Healing Center, Auroville 605 104, Tamil Nadu, India

www.quiethalingcenter.info / quiet@auroville.org.in

Mobile & WhatsApp: +91 9488084966

SEPTEMBER PROGRAM

Baby Watsu® Class with Appie & Friederike Monday 23rd September (9:30 - 11:00am)



A special opportunity to connect with your baby! You'll be guided how to hold, feel and move your baby, using the qualities of warm water, so that you and your baby can feel safe, at ease, and enjoy this quality time together.

You'll learn and practice the basics in the group, while you stay focused on your baby's needs in the moment. In the end, there is free playtime.

Please bring towels and a closing swimming pant for your baby. For babies between **2 and 12 months** with their parents.

Watsu® 1 TF (Transition Flow) Basic with Dariya 24th - 28th September (8:45am - 6:00pm: 34 hours)

In this follow-up course, you will be taught to connect the movements and positions you've learned in Watsu Basic with long, gracefully flowing transitions and to adapt your work to people of different sizes, shapes, and dispositions. You will also learn about your own body mechanics and how to support and move each person as effortlessly as possible.



On land, you will be introduced to both Co-Centering and Tantsu, and explore what being held means to you and others. By attending this course, you'll have completed the first level of Watsu's 3-tier training program.

Prerequisites: Watsu Basic

Watsu® Yoga Round with Ellie & Fred Sunday 29th September (3:00 - 6.30pm)

Watsu Yoga Round is a powerful tool for deep relaxation and inner peace. It focuses on listening to the body and offers a way to come back to your heart, to an inner silence that is



fully alive and vibrant. It is an invitation to feel, awaken and celebrate the energy of your being.

While immersed in warm water during the Watsu Yoga Round, your body does not suffer from the effects of gravity; the flow of movements and stretching, alternated with moments of stillness, invite a progressive feeling of well-being: body and mind become free to dance!

Prerequisites: no previous experience required (also no need to know how to swim!).

WOGA® (Yoga in Water) Class with Friederike & Tamara

Monday 30th September (4:30 - 6.00pm)

WOGA is based on classic yoga poses and stretches, modified for standing in pool water, which is waist-to-chest high. Classes are structured like their yoga equivalent on land: breathing, warm-up exercises, a series of poses, and a relaxation period.



The substantial decrease of gravity in warm water allows greater ease of movement, unblocks articulations, lengthens & melts muscles, and removes negative tensions, thereby preventing stress, insomnia and anxiety.

Prerequisites: no previous experience required (also no need to know how to swim!).



VÉRITÉ WORKSHOPS

Pre-registration required

Please contact Verite @
0413 2622045, 2622606, 9363624083 or
programming@verite.in, www.verite.in

Sivananda Yoga: Masterclass – with Mani Saturday, September 21, 9:15am – 12:00pm

A classic Sivananda session, including basic pranayama (breathing) and Surya namaskar (sun salutation), designed to massage and rejuvenate the entire spine, with rhythmic alternation between effort and relaxation to balance the nervous system and prepare it for the final guided relaxation.

Food is Medicine: Lifestyle Health Practices – with Parvathi Saturday, September 21, 2:00pm – 4:00pm

Learn about your body's constitution (Tridosha) & the plants, foods, spices & lifestyle practices that benefit your constitution & help prevent health complications. Parvathi will also demonstrate the proper way to prepare decoction/ infusion teas.

Pain Management: Yoga for Lower Chronic Headache – with Dev Saturday, September 28, 9:15am – 12:00pm

Discover a holistic approach to managing chronic headaches. Learn gentle stretches and strengthening poses for the neck, shoulders, and scalp and breathing techniques that reduce tension and promote relaxation. Personalized attention and modifications will be given to safely accommodate each individual's needs.

Food is Medicine: Lifestyle Health Practices – with Parvathi Saturday, September 28, 2:00pm – 4:00pm

Learn about your body's constitution (Tridosha) & the plants, foods, spices & lifestyle practices that benefit your constitution & help prevent health complications. Parvathi will also demonstrate the proper way to prepare decoction/ infusion teas.



DEEP SOUND BATH IN CREATIVITY

TIBETAN BOWLS

Hall of Light
CREATIVITY community

**Every Friday
from 5 to 6:30 PM**

Starting from 17th November



There will be a LIGHT massage by the Tibetan Bowls.

Lie down, relax, simply allow yourself to experience the ancient sound from the Tibetans bowls.

The practise produce a soothing sound believed to have a powerful effect in the body's energy system, helping to balance the chakras and promote healing.

"If we accept that sound is vibration and we know that vibration touches every part of our physical being, then we understand that sound is heard not only through our ears but through every cell in our bodies. One reason sound heals on a physical level is because it so deeply touches and transforms us on the emotional and spiritual planes."

Drop in the Hall, no reservation needed.
Please arrive 10 minutes before.

Guest 600 rs / Volunteer 300 rs
Aurovilians and Newcomers, conscious contribution

Sathyayuga
WA +917639761930

PITANGA



Program - September 2024

DROP-IN CLASSES *Join without prior registration!*

Mondays

7:30am – 9am, **Asanas mixed level** with Rachel
8:30am – 10am, **Yoga Therapy** with Gala
4pm – 5pm, **Doing No -Thing Consciously** with Mike
5:30pm – 6:45pm, **Vinyasa Flow Yoga** with Dinagar

Tuesdays

7:30am – 8:45am, **Self Practice** with Rachel
7:30am–8:45am, **Ojasana Hatha-Nada Yoga** with Ojas
5:30pm – 7pm, **KoTree Yoga** with Grace Gitadelila

Wednesdays

7:30am – 9am, **Asanas mixed level** with Rachel
8:30am – 10am, **Yoga Therapy** with Gala
5:30pm – 6:45pm, **Vinyasa Flow Yoga** with Dinagar

Thursdays

4:30pm – 5:30pm, **Aviva Exercise** with Suriyagandhi
5:30pm – 7pm, **KoTree Yoga** with Grace Gitadelila

Fridays

6:45am – 8am, **Pranayama** with François & Namrita, For former “The Art of Living” course participants
7:30am – 9am, **Asanas mixed level** with Rachel
8:30am – 10am, **Yoga Therapy** with Gala
4:30pm – 5:30pm, **Readings of the Life Divine** with Balvinder
5:15pm – 6:15pm, **Feldenkrais** with Shari
5:30pm – 6:45pm, **Vinyasa Flow Yoga** with Dinagar

Saturdays

7:30am – 8:45am, **Ojasana Hatha-Nada Yoga** with Ojas
9am – 10:30am, **Asanas intermediate level** with Rachel
4pm – 5pm, **Odissi Classical Dance**, a beginners’ class especially for children, with Agila, assisted by Rekha
4pm – 5:30pm, **KoTree Yoga** with Grace Gitadelila

YOUTH ACTIVITIES

These are ongoing educational programs. If a child is interested, parents need to talk to the teacher before joining the class.

Asanas for Teenagers with Lisbeth

- **Mondays, Wednesdays, 4pm – 5:15pm**
- **Not during term-break 23/09 – 2/10**

These classes are for the teenagers from AV schools. It is still possible to join the course as there is some space in one of the classes. The student can come and try out, then see with the teacher. You’ll be added to the TeenYoga app for communication.

Yoga for children, from 9 yrs. +, with Gala

- Saturdays 10am – 11am

Energy games for children, 9 yrs. +, with Gala

- Saturdays 11am – 12pm

CLASSES – BY PRIOR REGISTRATION

Art Therapy with Gala

- Thursdays, 3 – 5pm for adults
- Fridays, 3 – 5pm for families

ATB Exploration with Isora, and teachers in training Rosario and Teresa

- Thursdays, 5:30pm – 6:45pm
- Prior registration required.

Awareness through the body aims to provide tools for individuals to expand their consciousness, explore the different planes of their being and discover their inner selves in a joyful space. Please book your place with Pitanga beforehand.

Private Yoga sessions with Rachel available on request.

HEALING SPACE – BY APPOINTMENT

- Acupuncture by Heidi
- Bio-Resonance (with Bi-Com machine) by Afsaneh
- Chiropractic by Afsaneh
- Shiatsu by Patricia G.
- Syntropy Insight Bodywork with Véronique D.
- Thai Yoga Massage by Juan
- Yoga Therapy sessions with Nadia A.

NEW ACTIVITIES

Ojasana Hatha-Nada Yoga with Ojas

- **Tuesdays & Saturdays, 7:30am – 8:45am**

Ojas, volunteering with the Auroville Theatre Group, invites you to his classes: “In this session, we will begin with preparatory exercises to stretch and strengthen the hamstrings, hips, and back, aiming for proper yoga postures. We’ll then move on to breathing techniques to enhance Prana Shakti, known as life force. To enrich the experience, I’ll incorporate sound healing and mantra chanting with the help of a harmonium.

Combining Hatha Yoga and Nada Yoga, this session is designed to help participants connect with their inner selves and deepen their awareness. As their awareness grows, they will move closer to the divine. This approach echoes Sri Aurobindo’s insight: ‘The principle of yoga is the turning of one or all powers of our human existence into a means of reaching divine being.’”

This is a drop-in class for adults.

Syntropy Insight Bodywork with Véronique D.



The body and mind connected in a deep state of relaxation allows the nervous system to find new pathways for a comfortable and graceful posture as well as for an open and fluid mobility with less effort.

Syntropy Insight Bodywork is the experience of a soft healing touch that will take you into very slow integrated movements.

Through deep listening, both the practitioner and the person receiving go on a common exploration which can feel like a dance on the way to new possibilities in the body and in Life in general.

“Make the impossible possible, the possible easy and the easy elegant.” – Moshe Feldenkrais

For an appointment with Veronique, please contact Pitanga.

Weekly Readings of The Life Divine with Balvinder,

- **Fridays, 4:30 – 5:30pm**

“The ascent to the divine life is the human journey...This alone is man’s real business in the world and the justification of his existence...” Sri Aurobindo.

The weekly reading sessions of The Life Divine are led by Balvinder, an Aurovilian and lifelong student of Sri Aurobindo’s writings. Each session will proceed with Balvinder reading and giving explanations of the English prose.

No prior knowledge of The Life Divine is necessary, just an openness to experiencing the beauty and wisdom of Sri Aurobindo’s masterpiece. All are welcome to join. Feel free to come and listen even once to see if this is for you.

No registration is necessary. It is helpful to have a book. However, a few extra copies are with us.

Yoga with Rachel

- **Monday, Wednesday, Friday 7:30am – 9am, Asanas mixed level**

Rachel offers detailed verbal guidance and instruction based on her extensive practical experience to guide you into the posture, focusing on the alignment of body, mind and essence. This practice helps to improve physical and mental abilities, helping us to live in the present with stability and joy.

- **Tuesday 7:30 – 8:45am, Self Practice**

The practitioner is invited to develop a deeper understanding of the asana practice by observing themselves in the different stages: observe, experiment, learn, stay, hold, undo, relax, rest or recover at your own pace to improve the understanding of your practice and one’s self. This is not a teacher-led class but a self-directed practice open to all yoga practitioners, while the teacher holds the space with her presence, helping in case of any doubt.

- **Saturday 9am – 10:30am, Asanas intermediate level**

For regular practitioners who wish to deepen their practice and those who have a good understanding of the basic yoga postures with consistent practice and are able to maintain a stable Sirsasana and Sarvangasana or their variations for at least 5 minutes.

- **Private Yoga sessions available on request.**

Vinyasa Flow with Dinagar

- **Monday, Wednesday, Friday 5:30pm – 6:45pm**

In Vinyasa Flow Yoga, we connect asanas in a flowing sequence with the breath as our anchor. Dinagar studied with Balaganesh in Auroville and completed his teacher training in November 2023. He is excited to share the benefits of this dynamic practice in Auroville and looks forward to learning and growing with you. Pitanga is very happy to welcome an Auroville youth as a teacher in our team of dedicated facilitators.

KoTree Yoga with Grace Gitadelila

- **Tuesdays & Thursdays 5:30pm – 7pm, Saturdays 4pm – 5:30pm**

KoTree Yoga is a feminine form in which asana sequences, movements and held poses, with attention to the breath, lead to create fluidity of fascia, muscle tonus, supple spine, and inner deep peace.

This is a drop-in class for all levels of adult practitioners.

WORKSHOPS

Workshop “Born Free” with Ange Sabine Blanchflower A Five-Day Transformative Workshop

- Monday 19–Friday 23 August,
- Daily 12:45–1:45pm, for 5 days
- Registration required.

**BORN FREE
TO LIVE FREE**

Discover how you can
Deconstruct the Beliefs
that keep you from living
your best life and your Purpose.

Ange Sabine
Blanchflower

**A FIVE DAY
TRANSFORMATIVE
WORKSHOP**

5 days:
Monday 30th September, Tuesday 1st October,
Thursday 3rd – Saturday 5th October 2024
1 hour daily at Pitanga: 12.45pm - 1.45pm

Ange Sabine Blanchflower is a Consultant with the Proctor Gallagher Consultants Division. Her mentor Bob Proctor is to this day the leading Teacher of Self Development and Human Potential. And the approach is a holistic one-Spiritual, Mental and Physical.

Conditions:
Prior registration required.
Cashless contribution requested
from non Aurovilians.

Scan QR-code
for WhatsApp registration.

Pitanga Cultural Centre, Samasti, Auroville 605 101 | info@pitanga.in | 0413 - 2622403, 9443902403.
A service unit of the Auroville Foundation, Health and Healing Trust branch | GSTIN 33AAATA00178Y3N

Pitanga supports a cashless economy in Auroville. If you are hosting guests who would like to participate in our activities, please inform them that contributions must be made cashless.

If you wish to receive our program of activities by email, please write to us.

See you at Pitanga, with a smile !

*Pitanga Cultural Centre
2622403 / WA 9443902403
info@pitanga.in*

CHILDBIRTH PREPARATION CLASSES

WEDNESDAYS, CREATIVITY

Childbirth preparation classes, including fathers, are offered throughout the year, at **Hall of Light, Creativity** community on Wednesdays. We received much appreciation for our childbirth classes, which help pregnant mothers, and their families understand pregnancy from a more holistic perspective. Each week, we have different themes and concepts. You're welcome to join us for a consultation and then enroll in classes.



5 pm to 6 pm - Movement classes like Yoga, dance, breath work, etc

6 pm to 7 pm – Theory on various aspects of pregnancy

Like to join the classes? Join our whatapp group here <https://chat.whatsapp.com/HbXJdKUuDGw9CsmhIkkvEL> or send message to Bala +91 9892699804 to add you in the group

All classes are drop in – out, if you are few minutes late or need to leave early we understand.

Morning Star is an unit under Health and Healing trust, run by midwives and doulas to support pregnancy, integrative child birth and women's wellness care in Auroville.

Our goal is to bring respectful maternity care to all.

If you like to know more about our work email us - morningstar@auroville.org.in and general administrative queries to Bala (WA only) + 91 9892699804.

TAI CHI HALL @ SHARNGA

Schedule of Classes

Every day except Sundays.

Mondays and Saturdays: 7.30 - 9.30

Tuesdays to Fridays: 7.30 - 9.00

Upcoming: no class on 28th Sept.



ACTIVITIES & EVENTS

BIRD WATCHING WALKS



Bird watching walks around Pitchandikulam on **Wednesdays at 7am till 8:30am**. Starting from **Sep 25th to December**.

We meet at the Pitchandikulam parking.

Bring binoculars if possible and protection against mosquitoes.

For queries contact:

Aurosyll 9486536584.

GUIDED TOURS IN AUROVILLE BOTANICAL GARDENS

From the 20th of July
to the 20th of October
2024



Come walk with us!
Guided Garden Tour

Auroville Botanical Gardens

Wednesdays and Fridays - 9.30 am (about 1^{1/2} hour walk)

Be on time - Bring your water bottle and a hat - Meeting point at BG Kitchen
Please send us an email to: avbgtours@gmail.com to book your walk



avbgtours@gmail.com

INVOKING DURGA:

STORIES, RITUALS, AND FESTIVAL FOODS

EXPLORING THE IDEA OF A TALK ON MONDAY,
SEPTEMBER 30, 2024

As Navratri and Ayudhapuja approach, would you like to explore the stories and wisdom behind invoking the nine forms of Shakti or Durga? Join me for a talk to uncover the essence and prudence of traditional practices, their links to local, seasonal, and of course, the wild and weedy foods, and how we can adapt these practices today, here and now.

I'm tentatively planning this event for **Monday, September 30th**, just before Devi-Paksha (the 15-day lunar cycle) begins on October 2nd. If you're interested, let me know, suggest a time, and feel free to recommend a venue.

To express your interest or share suggestions, email edibleweedwalk@gmail.com, WhatsApp +91 98409 36907, or message me on Edibleweed Walk (Facebook) or @edibleweeds.walk (Instagram).

Excited to hear from you! 🌿 🍵

Regards, Nina

LILA LOCA - PARENT-CHILD GROUP

Parent-Child Group in Lilaloka

You are welcome to a
joyful morning every Friday
from 9:30 am - 11:30 am
For ages 8 Months-2.5 Years

At Lilaloka, Auroville

lets create a quiet and safe
space for the children -
where they can play with
natural and self made
materials and toys,
following their own
interest and rhythm.
we learn songs together and
share a snack!



CONTACT:
+91 83000 36727
+91 91590 53161



COFFEE CUPPING SESSION

EVERY SATURDAY, COFFEE LEARNING COMMUNITY

Discover the art of savouring specialty coffees through cupping sessions at the Coffee Learning Community (located above Marc's Cafe). No prior experience is necessary; we will guide you through each step, teaching you how to discern the subtle nuances in the sensory experience.




The session lasts for two hours, beginning with an introduction to the flavour wheel and instructions on how to utilise the cupping sheet. We'll cover the fundamentals of cupping and guide you in describing the distinctive attributes of the coffees.

Dates: **Every Saturday**
from 10.00 am to 12.00 pm.

As a bonus, you'll receive a complimentary packet of Marc's latest nano lot.

TANGO AUROVILLE



AUROVILLE
TANGO
New batch starts
the first week of each month



MON
19:00
Introduction to Tango
20:00
Opensource

WED
19:30
Guided Practica
20:00
Practilonga

Call:
+91 98211 66082

Write to:
tango@auroville.org.in

SVARAM SOUND JOURNEY



SVARAM
SOUND EXPERIENCE

SOUND JOURNEY

We are back for our 2024-2025 Season!

Every Wednesday

5:30 - 6:30 pm

Unity Pavilion, Auroville

In the meantime, we continue to offer our personalised Sound Experiences. Please scan the QR Code below for details



BOOK READING CIRCLE - EVERY MONDAY

READING CIRCLE

Mondays | 6PM - 7PM

AUROVILLE LIBRARY

All are welcome to listen or read along.



Book:

"The Prophet" by Kahlil Gibran

Organized by Mal +919080159721

YOUTH CENTER PIZZA NIGHT - SATURDAY

Pizza

night

at the
youth center

Every Saturday

7:00 - 9:00 PM



come enjoy some pizzas and music with fresh vibration

IT MATTERS - WEEKLY ACTIVITIES - A/C ROOM

23 SEPTEMBER TO 28 SEPTEMBER

Location: It Matters, Auroville Main road.

It Matters

More info on itmatters.auroville.org/activities or instagram @auroville.curated.

All activities are Rs./600 for guests and Rs./150 for Aurovilians/Newcomers/Savi Registered Volunteers.

Discount vouchers available.

- 20 September, Friday, 5:30 — 6:30pm : **Kollywood dance** with Pranathi
- 21 September, Saturday, 3 — 4pm : **From Art History to Practice Series : Fauvism (1905-1908)** with Sandra
- 21 September, Saturday, 4:30 — 5:30pm : **The Savitri Research Project** with Matthias
- 23 September, Monday, 5:30 — 6:30pm : **Taichi, The way of the Leaf** with Kaarthikeyan Kirubhakaran
- 27 September, Friday, 5:30 — 6:30pm : **Kollywood dance** with Pranathi
- 28 September, Saturday, 4:30 — 5:30pm : **The Savitri Research Project** with Matthias

CONCERT IN CRIPA - 27 SEPTEMBER, 7:30PM

27 SEP · FRI · 7.30 PM · CRIPA

The Road of the Wild Lily

Shalini Sekhar & Shruthi Veena Vishwanath



finding home
and threads of
connection
through
India, Pakistan,
Afghanistan,
Iran, Syria,
Turkey, Greece,
Bosnia &
Herzegovina,
and more.

the project
@wildlilyroad

shalini
@shalinisekhar

shruthi
@musicallyshruthi

ARE YOUR TREES GETTING THE CARE THEY NEED!?

At **TreeCare** we have been working hard to expand our services and reduce our wait time. Call us today for a free visit & consultation.

Contact us through
+91 90420 59890 or
office@treecareindia.com.

We have always believed in providing the best quality services, as well as educating people about the field of ARBORICULTURE and its importance in today's landscape.

Warmly,
TreeCare Team



FOODS, GOODS & SERVICES

SOLITUDE FARM BASKET SERVICE



Dear Friends,

If you would like to receive a basket of fruits and vegetables, spinach and salad greens, flowers and herbs for making delicious coolers and herbal teas, send us an email at solitudepermaculture@gmail.com.

- The basket is a delicious selection of local foods, harvested three times a week.
- You can pick up a basket on **Monday, Wednesday or a Friday**.
- The longer you subscribe to the basket service the cheaper it becomes.
- We also have jams, pickles, herbal powders and red rice dosa batter.



Looking forward to seeing you.

Solitude farm & café

[Sign up for Krishna's newsletter!](#)

"The ultimate goal of farming is not the growing of crops, but the cultivation & perfection of human beings." Masanobu Fukuoka

HIVE COWORKING SPACE - OPEN HOUSE

FRIDAY 20TH SEPTEMBER



NEED A PLACE TO WORK?

**OPEN
HOUSE**

**HIVE
COWORKING**

FREE ON EVERY FRIDAY

More Info : +91 90 42 75 95 40 | www.auromode.in

Are you looking to work, study, create or simply connect with like-minded professionals in a serene place? Step into Hive and experience the Cosy workspace with super-fast Internet, Coffee - **All for FREE** on our Open House.

- Venue: Hive, Auromode
- Time: 20th September, **9 am - 5 pm**
- Visit us at www.auromode.in/hive-coworking for more details on our plans and facilities.
- For inquiries: auromodehive@auroville.org.in / +91 7092197375 (WA) / +91 9042759540 (WA) or drop by.

All are Welcome!!!

HAIRCUTS



Hairdresser. For your and / or your child's next haircut: inspired, striving-for-the-perfect, 12 yrs young artist Ahana looks after your and / or your child's hair and well being.

For an appointment kindly contact 9751513906 (all messenger providers, no calls) or essence.touch@yahoo.de

SATSANGA RESTAURANT

Combo Menu - Home delivery

European and Indian dishes:

vegetarian, chicken, fish, prawn, meat, pasta, paneer cottage cheese and much more!

Call:

WA:8825801990 or 9080386900

Landline: 0413-2918553

Address: Auroville main road, next to HDFC Bank

Email: aurosatsanga@gmail.com

Satsanga



RAPID CARE SERVICES RCS

Dear Residents,

We are thrilled to announce that Rapid Care Services, your trusted one stop solution for repair and maintenance and ancillary works since 2022, is expanding its range of services.



In addition to our existing offerings, we are now providing the following additional services. These new services are designed to offer a more comprehensive support for your home and yard.

- Landscaping design and development
- Deep cleaning services (Home improvement)

Our team remains dedicated to providing reliable service meeting customer satisfaction. Whether you need help with our new offerings or our original services, we're here to be of assistance.

For more information or to schedule a service, please don't hesitate to contact us. We look forward to continuing to serve you with our enhanced range of services!

Warm regards,

The Rapid Care Services Team

Category	Services
Metal Works	Channels, Doors, Piping, Fabrication
Plumbing	End to End, Job works
Furniture	Repairs, Made to order
Masonry	Repairs, Renovations and Remodulation
Painting	End to End, Job works, Floor Waxing
General Maintenance	Fumigation, All Home Utilities, Fencing
Installations	Washer and Dryer, Air Conditioner, Inverter, Water Filter, Security Camera
Electrical Works	Wring, Meter box, Lights, Switches & Sockets, Motion sensor.
Newly Added:	
Cleaning Service	Deep cleaning – House, Office, Guest house etc, Bathroom cleaning, Water tank cleaning, Vacuum cleaning, mopping, dusting, floor polishing, polishing mirrors.
Landscape Design	Overall design of outdoor spaces, from entrances to courtyards and community areas.
Repair & Renovation	Roof leakage, alterations to a pre-existing structure or building, upgrades to an existing building, outdoor space, or existing infrastructure.
Transport Service	Load Carrier facility.

Contact: + 91 8270071581

Primary Email: rapidcare@auroville.org.in

Secondary Email: rcsrapidcareservice@gmail.com

Instagram handle: @rapidcare1

For Rapid Care, Balaji & Arun

HALF-PRICE MAROMA PRODUCTS FOR ALL AUROVILIANS IN THE OUTLET STORE



Maroma is happy to announce that it is offering all products at half-price to all Aurovilians in its **Aspiration Outlet**. Come by and see our great range of all-natural cosmetics, soaps, shampoo and more! Great for gifts to loved ones, including yourself. The Outlet is located in the Maroma Campus in Aspiration and is open **9am - 5pm, Mon-Sat**. See you there!

Much love,

The Maroma Team

AUROVILLE LIBRARY TIMINGS

Our timings are:

Mornings:

Monday - Saturday: 9am - 12.30pm

Afternoons:

Mon, Wed, Thurs, Fri & Sat: 2pm - 4.30pm

Tuesdays: 4pm - 6.30pm

Every **Saturday** between 10am -11am: **Children's storytime!**



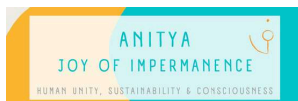
ANITYA COMMUNITY LUNCH

Our community lunches are still happening during the summer!

Contact Serena on WA to book one day in advance: **+91 84897 60966**

Contribution required (discount for AV/ NC and Volunteers)

See you at **12:30 on Thursdays and Saturdays** in our community kitchen!



JOIN OUR

COMMUNITY LUNCH

Come and taste a delicious local non-spicy vegan meal made from our garden and Auroville farms' products, while sharing a good time with Anitya's community members



Limited seats available

Every Thursday & Saturday- Contribution required



Our project aims at creating settlements in Auroville to experiment a spiritual way of life based on 5 main principles:

Impermanence, Community Spirit, Sustainability, Self-sufficiency and DIY

MUST book min. 1 day in advance: +918489760966

Anitya is a community project registered under LEAD, Auroville
Location: Center Field, after center GH, follow the ANITYA signs
To know more about Anitya: joyofimpermanence.in





inside india

DREAMS & MEMORIES

TRAVEL NEWS FROM INSIDE INDIA

Namaste, Bonjour, Hello, and Vanakkam from the Inside India!

We're here to make your travel seamless, whether you're flying to far-off lands or exploring the magic of India. From flights and trains to buses, travel insurance, and visas – we've got it all covered! Need a taxi or a cozy place to stay? Count on us. Passport renewals? No worries, we'll handle that too.

Office Hours & Contact Information:

- **Location:** Kalpana office
- **Hours:** 10 AM - 5 PM (Mon-Fri)
- **Contact:** Mr. Ganesh: 2623030 (Landline), +91 98945 98686 (Mobile/WhatsApp)
- **Email:** travelshop@inside-india.com

Dreaming of a Tailored India Tour?

We specialize in crafting unforgettable journeys, particularly through the breathtaking South of India. Drop us an email at insideindia@auroville.org.in or insideindia@inside-india.com with your travel dreams!

Exclusive Offers:

- **Air India:** Chennai to Paris, Frankfurt, London, Amsterdam, Milan
- **Qatar Airways:** Chennai to Frankfurt, London, Brussels, Munich, Milan, Rome
- **Emirates:** Chennai to Lyon, Paris
- **Ethihad Airways:** Chennai to Paris, Frankfurt, London, Dublin, Brussels, Munich, Amsterdam, Madrid, Milan, Rome
- **Thai Airways:** Chennai to Seoul, Jakarta
- **Aeroflot:** Delhi to Moscow
- **IndiGo:** Chennai to Jaffna (Sri Lanka) – Daily flights starting Sept 1



Travel Tips + Notices:

- **Fast-Track Your Airport Experience!** Breeze through Chennai Airport with DigiYatra! Download the app for smooth, fast, and secure check-ins using facial recognition.
- **Easy Airport Parking!** The Multi-Level Car Park (MLCP) at Chennai Airport now has skybridge access to both Domestic and International Terminals, making your journey even more convenient.
- **Visa-Free Entry to Sri Lanka:** Starting October, Sri Lanka will grant visa-free entry to citizens of 35 countries, including the UK, USA, Canada, India, and more!
- **Vistara and Air India Merge:** From November 12, 2024, all Vistara flights will be operated by Air India. Existing bookings are safe, but stay tuned for updates on this exciting merger.
- **Fast Track Immigration – Trusted Traveller Program:** Indian nationals and OCI cardholders can now enjoy fast-tracked immigration by enrolling in the FTI-TTP Program. It's smoother, faster, and hassle-free.

Also if you want to follow us for more regular infos:

Instagram: https://www.instagram.com/insideindia_av/

Facebook: <https://www.facebook.com/avinsideindia>

Thank you for choosing Inside India! Here's to a week of incredible journeys ahead!

Inside India Travel Team



PERMACULTURE 360° FARM TOUR AT TERRA SOUL



terra soul

@ AUROVILLE

Permaculture 360°

Experience Permaculture Life at Terra Soul

Ever wondered what sustainable living looks like?

Join us

Saturday from 11:00 AM to 1:00 PM for an immersive tour of our permaculture farm in Auroville!

- ✓ Guided tour of our lush permaculture farm
- ✓ A chance to connect with Nature and like-minded communities
- ✓ Delicious farm-to-table lunch made from our fresh harvest

CALL & BOOK A TOUR NOW

JUAN - 9443434182

terrasoul_community

👤 Limited spots available!

Register now to secure your place before coming and step into a world of sustainability.

ECO FEMME OPEN HOUSE

eco femme

Come learn about:

- Sustainable products like cloth pads, menstrual cups, period panties and cloth nappies
- Menstrual cycle awareness
- Ethical business in a women-led social enterprise
- Our not-for-profit menstrual health education

EVERYONE IS WELCOME.

Every Thursday, 10:30am - 12:00pm

P.S. You can pick up all our eco-friendly products at a discount!



Eco Femme Office
Auroshilpam, Auroville

ecofemme.org | WA: +91 94871 79556



SARVAM COMPUTERS OFFERS RELIABLE SERVICE

Dear Community,
we are happy to inform you that Sarvam Computers has moved to the newer location in Utsav Complex. And we would always like to provide you with fast and reliable service.

Sarvam Computer offers all types of computer sales and service, data recovery, all types of Apple device sales and services, office network and server setup, monthly and annual maintenance etc.

Contact:

Bala

Sarvam Computers

Utsav Phase—1 A, First Floor, Vérité Radial, Auroville

- 0413 2622050, 9443211891, 9786953603
- sarvamcomputers@auroville.org.in



AURODENT - DENTAL CLINIC

Auromode, Auroville

For Appointment please contact us

Email: aurodent@auroville.org.in

Phone: 0413-2622063 WhatsApp: 9629199328

Working hours:

- Monday - Friday (9am - 1pm & 2pm - 6pm)
- Saturday (9am - 1pm)



SPECIAL BREAKFAST AT MARC'S

Greetings from Marc's Café!

Join us every **Tuesday from 8:00 to 11:00 AM** for a special breakfast at Marc's.

Celebrate the Auroville spirit and connect with the community **over a cup of coffee and freshly baked croissants.**

Exclusive Offer: Enjoy a 50% discount on the mentioned items for all Aurovillians, newcomers, and SAVI volunteers.

See you soon!
Marc's Team



FOOD FOREST TOUR

www.myfoodforest.in

EVERY SATURDAY & SUNDAY from 9:30 to 11:30

Come to an experience in my permaculture garden, learn about organic farming and get inspired to start growing your own food.

We are going to explore the wide diversity of edible plants that grow around us and harvest fruits, greens, herbs and flowers. After the tour we are going to create delicious nourishing **RAW VEGAN ICE CREAM BOWLS** with lots of toppings from the garden.

at La Ferme Community (5min from AV Bakery)
Sign up and more info www.myfoodforest.in
whatsapp Sarah 9047421044

For groups of min 4 people any other weekday is possible.

REPAIR OF AIR CONDITIONERS, FRIDGES, WASHING MACHINES AND APPLIANCES

Loganathan working at Mahasaraswati Shop (near PTPS, Aspiration area) is a long term Aurovillian that has gained a lot of knowhow through looking after and repairing all kinds of machines. He happily repairs your machines and appliances.

You may contact him via phone / SMS or whatsapp
+91 94434 93025



AIRCON CLEAN OFFERS COMPREHENSIVE AIR CONDITIONER CLEANING SERVICE KNOWN AS "JET SERVICE"

The Jet Service includes not only the filter cleaning but also indoor cooling coils, blades, and blower wheels, indoor cooler drain tray cleaning and outdoor unit with AC jet pump. After a cleaning service your air is fresh and healthy, reducing sickness and helping you live a healthier life.



Save up to 30% power usage with a regular cleaning service.

Contact Julien **AIRCON CLEAN** now at 9786809518 or email us at airconclean.av@gmail.com

FOODLINK MARKET OPEN EVERY DAY

We welcome you every morning from **9.30 am to 12.30 pm**. We are open to volunteers, guests & visitors and we accept payments by FS account, Aurocard and UPI.

For more info, call /whatsapp us: +91 83002 68804 or pass by. Foodlink Team



Fruits, vegetables,
milk & eggs
from Auroville farms

Monday - Saturday
9:30 AM - 12:30 PM

FoodLink
Solar Kitchen Complex
Crown Road, Auroville

Call/WhatsApp:
+91 83002 68804



No cash payments. All payments are to be made via AVFS account, AuroCard or UPI.

WE CAN HELP TO FIX ALL YOUR BROKEN ITEMS

New Waves, a unit registered under Kattidakali Trust located in Aurelec Premises, Prayogashala, Auroville is offering the services of **PCB Assembly, SMD soldering, de-soldering and minor repair of appliances**.

The unit can also undertake sub-contract of your production work on job work basis.

If you have any requirements, please contact Dhandapani, Executive at 0413-2622295,

Mobile 9443090082 / 8098193820 or via e-mail to newwaves@auroville.org.in



DROPZY

Dropzy

Food, Groceries,
Fruits & Veggies,
Body Care,
Wellness, etc.

Stay home, order
and access. We'll
drop it to you.



Dropzy is a multipurpose mobile app platform for ordering and accessing information from a wide range of in and around Auroville eateries, grocers, bakers, farms, therapists, professionals etc. **Dropzy** delivery personnel will pick up the orders from the outlets/stores; deliver them to the customers at their doorsteps and convenience.

Kindly do download the mobile app to register yourself to place orders supporting the outlets in and around Auroville and to find out relevant information to your needs.

Download link as shown below:

Android

<https://rb.gy/32zcix>

iPhone

<https://rb.gy/visp4c>

Desktop

<https://rb.gy/bpnud5>



Stay tuned in to our announcements and the app regularly, for more updates.

Best regards, Sathish Arumugam / For Dropzy
Mobile: +91 8098144686 / www.dropzy.in

LOOKING FOR

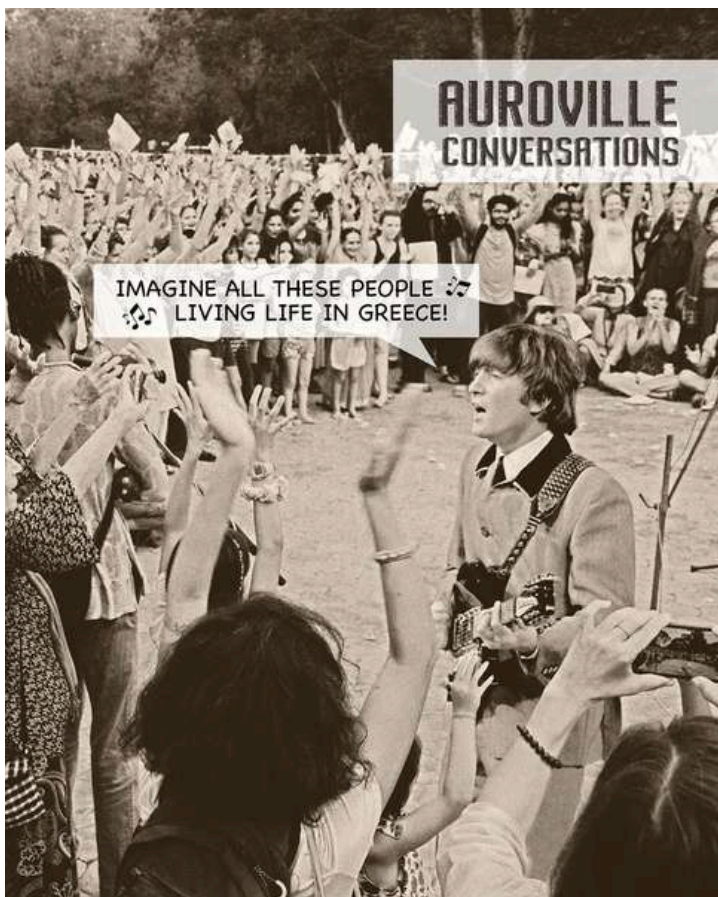
LOOKING FOR HOUSESITTING

Hi, I'm Shola. I've been part of the Auroville community for 8 years and am looking for a house-sitting opportunity starting at the **end of**

November. I'm a clean and responsible person who will take good care of your home. If you have a place available for short- or long-term sitting, please contact me on WA 8220289812.



AUROVILLE CONVERSATIONS



Submitted by an Aurovillian

FRENCH NEWS & NOTES

NOUVELLES D'AUROVILLE



Auro - Traductions

Click [here](#) to read the French News&Notes or Scan the QR code.



FO GROUPS NEWS

(not selected by due Residents Assembly process)

FROM THE FO N&N 1044

Please click [HERE](#) to read the FO Groups News

CS August 2024

Click [HERE](#) for the City Service Contributions and payments

CINEMA

AUROFILM

presents at **MULTI MEDIA CENTRE AUDITORIUM (MMC, Town Hall)**

Reminder: Friday 20th at 7:30 pm "Lagaan" by Ashutosh Gowariker, India, 2001

Due to the film being 3 hours 35 minutes long, the screening will start half an hour before.

Synopsis: Set in 1893, during the late Victorian period of British colonial rule in India, the film follows the inhabitants of a village in Central India, who live under an oppressive and racist regime, paying land tax (lagaan) despite poverty and an irregular harvest caused by drought. Unable to bear the burden, they ask the king for exemption from the



lagaan. The king is watching a cricket match between British officers. When he meets the villagers later, the regiment's captain, Andrew Russell, proposes a cricket match against his team, allowing villagers exemption from lagaan for three years should they win or if they lose, they will have to pay the triple tax. Leading the villagers is a handsome young man named Bhuvan, who accepts Russell's wager, and the match is scheduled to take place after three months... "Lagaan" won eight Filmfare Awards, including those for best film and best director, Lagaan is considered one of the greatest successes of Indian cinema.

This film is not just a (love, sport) story. It's the experience of watching something that makes you feel alive, that delights you! Original version in Hindi with English subtitles. Duration: 3h35'

Friday 27th September at 8:00 pm

"ON THE WATERFRONT"

Directed by Elia Kazan, USA, 1954

With: Marlon Brando, Karl Malden, Lee J. Cobb, Rod Steiger, Pat Henning, Eva Marie Saint



Synopsis: Terry Malloy dreams about being a prize fighter, while tending his pigeons and running errands at the docks for Johnny Friendly, the corrupt boss of the dockers union. Terry witnesses a murder by two of Johnny's thugs, and later meets the dead man's sister and feels responsible for his death. She introduces him to Father Barry, who tries to force him to provide information for the courts that will smash the dock racketeers.... A classic, considered one of the greatest films ever made. It received twelve Academy Award nominations and won eight, including Best Picture, Best Actor and Best Director among others. The musical score was composed by the renowned composed and music director Leonard Bernstein. In 1989, On the Waterfront was one of the first 25 films to be deemed "culturally, historically, or aesthetically significant" by the Library of Congress and selected for preservation in the United States National Film Registry.

Rarely do we find powerful films whose stories echo the real life events of their makers. The story of a single man's fight against corruption and his decision to do what he thought was right even if it meant hurting his friends and family, bears high resemblance to Kazan's own life.

Original version in English with English subtitles. Duration: 1h48

Auroville TO PONDICHERRY

	Trip 1	Trip 2	Trip 3
Svaram Musical Center	7:00	8:50	14:50
Vérité Guest House - Junction	7:02	8:52	14:52
Town Hall - Main Parking	7:06	8:56	14:56
Solar Kitchen (Ex Round About)	7:10	9:00	15:00
Certitude Entrance	7:12	9:02	15:02
New Creation Road	7:17	9:07	15:07
SBI Bank—Kuilapalayam	7:19	9:09	15:09
ECR Junction—Aroma Guest House	7:23	9:14	15:14
Quiet Healing Center—Junction	7:26	9:17	15:17
Lotus Hotel—S.V Patel Salai	7:36	9:30	15:30
Ashram Road Junction	7:38	9:33	15:33
Ashram Dining Hall	7:40	9:35	15:35

Pondicherry TO AUROVILLE

	Trip 1	Trip 2	Trip 3
Ashram Dining Hall	8:00	12:15	18:10
Ashram Road Junction	8:02	12:17	18:12
Lotus Hotel—S.V Patel Salai	8:07	12:22	18:17
Quiet Healing Center—Junction	8:17	12:32	18:27
ECR Junction—Aroma Guest House	8:20	12:35	18:30
SBI Bank—Kuilapalayam	8:25	12:40	18:35
New Creation Road	8:27	12:42	18:37
Certitude	8:32	12:47	18:42
Solar Kitchen (Ex Round About)	8:34	12:50	18:44
Town Hall - Main Parking	8:38	12:54	18:48
Vérité Guest House - Junction	8:42	12:58	18:52
Svaram Musical Center	8:45	13:00	18:55

- Monthly Rs. 800: Aurovilians & Newcomers, No validity
- Student Pass Rs. 1200 per month/ 24 days round trip
- Rs. 150 Round trip for Aurovilians & Newcomers
- Rs. 200 Round trip for guests

Bus passes are available at
Auroville Vehicle Service,
Town Hall, Auroville, 0413 2623302


EMERGENCY NUMBERS

Ambulance (24/7):

Auroville 9442224680	PIMS 0413 2656271	
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Security (24/7):

Auroville Police Station 0413 2677318	Kottakuppam Police Station 0413 2236148	Vanur Fire Station 0413 2677368
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Health:

Health Center 0413 3509942 & 3509943	Santé 0413 2622803	Farewell 8903836246
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Mental health 24/7 support:

Vandrevala Foundation +91 9999666555

India Emergency Response Service (24/7): 108

Cinema Paradiso



Multimedia Center (MMC) Auditorium

Film program : 23 September - 29 September 2024

Cinema Paradiso-Multimedia Center is operating at 100% seating capacity.

Seating starts about 15mins before screening and stops as the film starts. Kindly arrive in time.



A reminder not to use cell phone for any reason while the program is on, and no food/beverage to be taken inside the hall.

Watch out, now some days are mixed up from the usual!

Indian - Monday 23 September, 8:00 pm:

• KACHER MANUSH (Close People)

India, 2022, Writer-Dir. Pathirit Basu w/ Dev, Prasenji Chatterjee, Isha Saha, and others, Drama-Thriller, Bengali w/English subtitles, Rated: NR (R)

Kuntol is an unemployed who's looking for money to treat his paralyzed mother. He meets Sudarshan an eccentric insurance agent who not only indulges Kuntol's idea to kill himself to get death benefits, but also aids him in his plan, in exchange for half his insurance money, so he can treat his sister's heart ailment. At its heart it is a movie that embodies hope and optimism with the message never to give up amidst all difficulties. *The film has received both appreciation and criticism.*

Potpourri - Tuesday 24 September, 8:00 pm:

• FANNY OCH ALEXANDER (Fanny and Alexander)

Sweden-France-West Germany, 1982, Writer-Dir. Ingmar Bergman w/Bertil Guve, Pernilla Allwin, Kristina Adolphson, and others, Period Drama, 188mins, Swedish-German-Yiddish-English-French w/English subtitles, Rated: R

In early 20th century Sweden, siblings Alexander and Fanny Ekdahl thrive in a loving, theatrical family. Their lives change when their father dies, and their mother, Emilie, marries strict Bishop Edvard Vergéus. As they struggle under his authoritarian rule, Emilie seeks to regain their autonomy and protect her children. *A highly acclaimed film from the yester years when western films too were long.*

Selection - Wednesday 25 September, 8:00 pm:

• AMEN

France - Germany, 2002, Dir. Costa- Gavras, w/ Ulrich Tukur, Mathieu Kassovitz and others, Biography - Drama, 132 mins, French w/ English subtitles, Rated: R.

During WWII SS officer Kurt Gerstein tries to inform Pope Pius XII about Jews being sent to extermination camps. Young Jesuit priest Riccardo Fontana helps him in the difficult mission to inform the world.

Interesting - Thursday 26 September, 8:00 pm:

• MYSTERIES OF THE TERRACOTTA WARRIORS

UK, 2024, Dir. James Tovell w/and others, Documentary-History, English w/ English subtitles, Rated: PG-13

Teams of archaeologists, scientists, and historians investigate China's Qin Shi Huangdi, the first emperor who unified the six kingdoms. In 1974, farmers discovered the terracotta warriors in a 19-square-mile tomb. While 8,000 warriors were found, only 1,200 have been reassembled. The film delves into the reasons behind the dynasty's brief 15-year reign. *A fascinating film!*

International – Saturday 28 September, 8:00 pm:

• **LATE BLOOMERS**

USA, Dir. Lisa Steen w/Karen Gillan, Malgorzata Zajackowska, Jermaine Fowler and others, Comedy, 89mins, English-Polish w/English subtitles, Rated: NR

Louise, an aimless, 28-year-old Brooklynite, recently single, sort of a musician, depressed without admitting it, drunkenly falls while doing something stupid and breaks her hip. This lands her in a physical therapy ward full of people twice her age. There, she meets Antonina - a cranky elderly Polish woman, who speaks no English. Louise gets a job caring for her. Neither woman loves the arrangement but it's time to face the truth about aging. We all must grow up sometime.

Children's Matinee – Sunday 29 September, 4:00 pm:

• **LEO**

Australia-USA, 2023, Dir. Robert Marianetti-Robert Smigel-David Wachtenheim w/Adam Sandler, Bill Burr, Cecily Strong, and others, Animation-Adventure, 102mins, English w/ English subtitles, Rated: PG

The last year of elementary school as seen through the eyes of a class pet. A jaded 74-year-old lizard named Leo has been stuck in the same Florida classroom for decades with his turtle terrarium-mate. When he learns that he only has one year left to live, he plans to escape to experience life on the outside, but instead gets caught up in his anxious students' problems--such as an impossibly mean substitute teacher.

NEW GERMAN CINEMA @ CINÉ-CLUB

Ciné-Club Sunday 29 September, 8:00 pm:

• **THE LOST HONOUR OF KATHARINA BLUM**

Germany, 1975, Dir. Volker Schlöndorff, w/ Angela Winkler, Mario Adorf, and others, Drama-Thriller, 96 mins, German w/ English subtitles, Rated: R.

A young German woman Katharina Blum meets Ludwig, and they fall in love and spend the night together. In the morning the police burst into her flat looking for Ludwig: he is a terrorist. But he is no longer there. Katharina is arrested, humiliated, suspected of being a terrorist herself, dragged through the mud by the newspapers.

Rating codes we often use are from Motion Picture Association of America (MPAA): G=General Audiences, PG=Parental guidance suggested, PG-13=Parents strongly cautioned, R=Restricted (equivalent to Indian rating: A i.e., for Adults), NR=Film Not rated, Rating awaited.

To organize a seminar/program at MMC kindly email us at mmcauditorium@auroville.org.in. Our projector is crawling towards the end of its life, compelling us to look for a new one. You could financially support through a one-time or recurring donations to "Cinema Paradiso" (account #105106) or set up for a monthly contribution.

Thanking You,
MMC/CP Group Account# 105106,
mmcauditorium@auroville.org.in

