

Auroville

NEWS & NOTES

No 1043 - A weekly bulletin for residents of Auroville

5 September 2024



PONDERING

A Declaration

Sri Aurobindo withdrew from politics; and, in his Ashram, a most important rule is that one must abstain from all politics —not because Sri Aurobindo did not concern himself with the happenings of the world, but because politics, as it is practised, is a low and ugly thing, wholly dominated by falsehood, deceit, injustice, misuse of power and violence; because to succeed in politics one has to cultivate in oneself hypocrisy, duplicity and unscrupulous ambition.

The indispensable basis of our Yoga is sincerity, honesty, unselfishness, disinterested consecration to the work to be done, nobility of character and straightforwardness. They who do not practise these elementary virtues are not Sri Aurobindo's disciples and have no place in the Ashram. That is why I refuse to answer imbecile and groundless accusations against the Ashram emanating from perverse and evil-intentioned minds.

Sri Aurobindo always loved deeply his Motherland. But he wished her to be great, noble, pure and worthy of her big mission in the world. He refused to let her sink to the sordid and vulgar level of blind self-interests and ignorant prejudices. This is why, in full conformity to his will, we lift high the standard of truth, progress and transformation of mankind, without caring for those who, through ignorance, stupidity, envy or bad will, seek to soil it and drag it down into the mud. We carry it very high so that all who have a soul may see it and gather round it.

25 April 1954

<https://library.sriarobindoashram.org/mother/cwm13/chapter/18>



HOUSE OF MOTHER'S AGENDA



But Savitri answered to the radiant God:
“In vain thou temptst with solitary bliss
Two spirits saved out of a suffering world;
My soul and his indissolubly linked
In the one task for which our lives were born,
To raise the world to God in deathless Light,
To bring God down to the world on earth we came,
To change the earthly life to life divine.

I keep my will to save the world and man;
Even the charm of thy alluring voice,
O blissful Godhead, cannot seize and snare.

I sacrifice not earth to happier worlds.

Because there dwelt the Eternal's vast Idea
And his dynamic will in men and things,
So only could the enormous scene begin.

Whence came this profitless wilderness of stars,
This mighty barren wheeling of the suns?

Who made the soul of futile life in Time,
Planted a purpose and a hope in the heart,
Set Nature to a huge and meaningless task
Or planned her million-aeoned effort's waste?

What force condemned to birth and death and tears
These conscious creatures crawling on the globe?

If earth can look up to the light of heaven
And hear an answer to her lonely cry,
Not vain their meeting, nor heaven's touch a snare.

If thou and I are true, the world is true;
Although thou hide thyself behind thy works,
To be is not a senseless paradox;
Since God has made earth, earth must make in her God;
What hides within her breast she must reveal.

I claim thee for the world that thou hast made.

If man lives bound by his humanity,
If he is tied for ever to his pain,
Let a greater being then arise from man,
The superhuman with the Eternal mate
And the Immortal shine through earthly forms.

Else were creation vain and this great world
A nothing that in Time's moments seems to be.

But I have seen through the insentient mask;
I have felt a secret spirit stir in things
Carrying the body of the growing God:
It looks through veiling forms at veilless truth;
It pushes back the curtain of the gods;
It climbs towards its own eternity.”

But the god answered to the woman's heart:
“O living power of the incarnate Word,
All that the Spirit has dreamed thou canst create:
Thou art the force by which I made the worlds,
Thou art my vision and my will and voice.

But knowledge too is thine, the world-plan thou knowest
And the tardy process of the pace of Time.

In the impetuous drive of thy heart of flame,
In thy passion to deliver man and earth,
Indignant at the impediments of Time
And the slow evolution's sluggish steps,
Lead not the spirit in an ignorant world

To dare too soon the adventure of the Light,
Pushing the bound and slumbering god in man
Awakened mid the ineffable silences
Into endless vistas of the unknown and unseen,
Across the last confines of the limiting Mind
And the Superconscient's perilous border line
Into the danger of the Infinite.

But if thou wilt not wait for Time and God,
Do then thy work and force thy will on Fate.

As I have taken from thee my load of night
And taken from thee my twilight's doubts and dreams,
So now I take my light of utter Day.

These are my symbol kingdoms but not here
Can the great choice be made that fixes fate
Or uttered the sanction of the Voice supreme.

Arise upon a ladder of greater worlds
To the infinity where no world can be.

But not in the wide air where a greater Life
Uplifts its mystery and its miracle,
And not on the luminous peaks of summit Mind,
Or in the hold where subtle Matter's spirit
Hides in its light of shimmering secrecies,
Can there be heard the Eternal's firm command
That joins the head of destiny to its base.

These only are the mediating links;
Not theirs is the originating sight
Nor the fulfilling act or last support
That bears perpetually the cosmic pile.

Two are the Powers that hold the ends of Time;
Spirit foresees, Matter unfolds its thought,
The dumb executor of God's decrees,
Omitting no iota and no dot,
Agent unquestioning, inconscient, stark,
Evolving inevitably a charged content,
Intention of his force in Time and Space,
In animate beings and inanimate things;
Immutably it fulfils its ordered task,
It cancels not a tittle of things done;
Unswerving from the oracular command
It alters not the steps of the Unseen.

If thou must indeed deliver man and earth
On the spiritual heights look down on life,
Discover the truth of God and man and world;
Then do thy task knowing and seeing all.

Ascend, O soul, into thy timeless self;
Choose destiny's curve and stamp thy will on Time."

He ended and upon the falling sound
A power went forth that shook the founded spheres
And loosed the stakes that hold the tents of form.

(to be continued next week)

— **Sri Aurobindo, Savitri A Legend and a Symbol**
Book Eleven: The Book of Everlasting Day
Canto One: The Eternal Day: The Soul's Choice and
the Supreme Consummation

<https://incarnateword.in/cwsa/34/the-eternal-day-the-souls-choice-and-the-supreme-consummation>



With love and gratitude,
Gangalakshmi (HOMA)

NEWS & NOTES GUIDELINES

DEADLINE FOR SUBMISSIONS: TUESDAY 5PM

The content of News & Notes is a reflection of the growth process of this community towards its ideals of Harmony, Goodwill, and Truth. Editing of submissions, mainly for reasons of space and clarity, is done according to an established policy.

How to submit material:

- Max size of posters should be 1 MB, JPEG format. Bigger posters will be reduced or cropped to fit.
- Please AVOID CAPS letters
- Material (no pdf files, please) may be sent in English only to **newsandnotes@auroville.services**
- Articles for the Notes section should ideally be no longer than 500 words.
- Please try your best to send your announcements, reports, film schedules whenever they are ready. Any modifications of submitted News items must be sent to the editors before **Tuesday 5pm.**

DISCLAIMER:

Please note that the opinions and views expressed on these pages are solely those of the respective authors or work groups and do not necessarily reflect the position of the editors or the larger Auroville community. The News & Notes aims to provide a platform for the publication of diverse perspectives and voices from multiple sources within Auroville.

While our editors strive to ensure the accuracy of the information presented, we cannot guarantee that all information is free from error or omission. Additionally, we cannot be held liable for any alleged misinformation provided or offence caused by the content published.

In the event of any dispute, we encourage readers to consult with the Auroville Council, and we reserve the right to suspend the publication of disputed material. Our commitment to providing an open and inclusive platform for dialogue and exchange of ideas remains steadfast.

The News and Notes team
newsandnotes@auroville.services

LIST OF ACRONYMS:

AVF (Auroville Foundation), **AVFO/FO** (Auroville Foundation Office), **GB** (Governing Board), **RA** (Residents Assembly)

The following groups are divided in two categories: The groups selected by the Residents Assembly through Community decision making Processes and the groups put together by the GB and the FO (not recognised by the Residents Assembly).

Working groups selected by the Residents Assembly:

Working Committee (WCom)
Funds and Assets Management Committee (FAMC)
Budget Coordination Committee (BCC)
Town Development Council / L'avenir d'Auroville (TDC)

Auroville Council (AVC)
Entry Service (ES)

FO selected groups:

Working Committee (WC)

Funds and Assets Management Committee (FAMC)

Budget Coordination Committee (BCC / BCS)

Auroville Town Development Council (ATDC)

Housing Service (HS)

Land Board (LB)

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NOTE FROM THE EDITORS

Dear Community,

Here is some important information:

- You can read past issues and subscribe [HERE](#).
- If you wish to support the N&N community Edition, you can donate at this account Nr: **FS #252150**
- Content sent through *@auroville.org.in* mail ID, will only reach us if you use this [FORM](#) to submit your content.
- The mail ID to submit content is:
newsandnotes@auroville.services.

Thank you for your continued support!

In community,

The RA Community Edition News and Notes Team



WORKING GROUPS NEWS

FROM THE ENTRY SERVICE

NO ANNOUNCEMENT THIS WEEK

If you need to contact the Entry Board, write to: auroville.entryboard@gmail.com

FROM THE WORKING COMMITTEE



ROAD SAFETY

Dear Community,

We would like to inform you that after the road accident that took place on Sunday on the tar road at the Ami/Abri corner, in which a young volunteer tragically lost her life, we are approaching the relevant authorities to urge them to put in place safety measures at that dangerous curve.

Additionally, we are asking them to ensure that the speed breakers that have recently been re-installed on that road are adequately marked as we are aware that there have been several accidents resulting in serious injuries due to those unmarked speed breakers.

In the meantime, we urge everyone to drive extra carefully.

Our deepest condolences go out to the family and friends who lost their loved one yesterday.

In community,

The Working Committee of the Residents' Assembly
Aravinda, Bharathy, Chali, Mael (TOS), Matthieu, Prashant (TOS), Valli



WORKING COMMITTEE
of the Residents' Assembly
AUROVILLE FOUNDATION

COMMUNITY NEWS

✨ ♦ [PETITION REMINDER] OBJECTION TO RECENT DECISIONS BY THE 'FAMC' APPOINTED BY THE GOVERNING BOARD ♦ ✨

Dear Auroville Community,

As many of you already know there is a new community petition taking place with the title "Objection to recent decisions by the 'FAMC' appointed by the Governing Board".

So far we have collected 450+ signatures (verification pending) since the launch on 28/08/2024.

This petition focuses on the GB-FAMC's questionable actions over the past years that directly or indirectly impacted many community members, their families, and friends.

Please find the petition document from the link below:

<https://forms.gle/5MwHJ3DRijGMk84p7>

Your participation is crucial in these challenging times.

Concerned community members

Reference:

- Signed by 553 community residents: "[Urgent request for reform and resignation of the AVFO 'FAMC'](#)", launched 17/Dec/2023

P.S.

In case you prefer to submit by email please send your Name, Community Name, Auroville Status (Aurovilian, Newcomer, AV Youth-below18) and state I agree to this petition/I disagree to this petition/I abstain to: build.auroville.together@gmail.com



VAISHALI PASSES AWAY

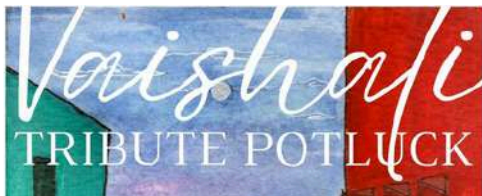


Vaishali Jain, a radiant 27 year old young woman, known to her close friends as Vishu, tragically left her body on Sunday 1st of September at 12:12 due to a traffic accident.

Originally from Delhi, she made Auroville her new home in 2021. She immersed herself in the life and culture of Auroville, being active and volunteering for several activities and communities of Auroville, such as the Youth Centre, Revelation Forest, Kalabhumi, Upcycling, and numerous art festivals and events. She was a beloved member of our community touching many lives with her bright smile.

Being an Artist herself, Vaishali was also known amongst the artists of Auroville for her generous and open heart. She was passionate about the Arts and organized spaces where Artists could co-create and collaborate. She will be remembered by our community as a free-spirited, fun-loving, and kind soul who held space for the sharing of Art in and around Auroville.

She is fondly remembered and lives on in the hearts of her family and those fortunate enough to have called her a friend.



THIS FRIDAY, 5PM-9PM, YOUTH CENTER

My dear Vaishali,

I don't even know how to begin. It feels like a bad dream and I am hoping to wake up and find you living and loving life as you do so well. You embrace every experience with immense gratitude and joy.

Your ability and capacity to welcome everyone with all your heart and soul always amazed me. Unconditional love came so easy to you and with no expectations in return.

You have become so dear to me in such a short time of us living together that I knew we would always have a bond unbreakable by any force, be it by man or by divine law.

I grieve and I mourn because I know you were looking forward to many beautiful experiences and I had dreamed and hoped to share some of those moments with you.

I remember this phrase from Khalil Gibran's book and it is with a heavy heart that I now truly understand its significance:

"When you part from your friend, you grieve not;
For that which you love most in her may be clearer in her absence, as the mountain to the climber is clearer from the plain."

You have enriched my life with so much love, joy and laughter. I will always love you and I will always miss you Vaishali.

With all my love, Phibamanbha.

NOTICE OF AURIENNE FATOR'S PASSING



It is with heavy hearts that we share the sad news of the passing of our dear friend, sister of Auroville, Aurienne Fator on the 1st of September 2024 due to complications of strokes in the US where she was living for many years. Her sister Durgaura and son Kanyen were there for her.

*You are in our hearts and memories forever,
Aurienne! Farewell!*

Aurienne was born in Auroville on Dec 29, 1971 and given her name by The Mother. She lived with her family: mother Myrtle, father Kenneth and sister Durgaura in Certitude. Myrtle and Kenneth moved to India and the Ashram in 1965 and were pioneers of Auroville, Kenneth riding his bicycle from Pondy to Auroville daily to work on the Matrimandir excavation prior to moving to Certitude.

Aurienne was very dedicated to education, her own and that of the youth of AV and began to volunteer in the kindergarten at the age of 15. She began her own home studies at this same time to complete her high school education with goals of attending university in the USA.



Aurienne as the teacher at the kindergarten 1986. (Photo credit Auroville beginnings to '68 FB page).

Aurienne and Durgaura at the Certitude sports ground. Aurienne loved sports. (Photo credit Aurienne's FB page).



Aurienne left Auroville in 1988 at the age sixteen to pursue her studies. She obtained her bachelor's degree in English at the young age of 19 and planning to double major in mathematics! Her dream was to return to Auroville to live, but life circumstances came in the way. Her mother had since returned to the USA and Aurienne remained in the US to take care of her mother who had cancer and later passed away. In 1998 Aurienne began a new chapter: being a mother. Her son Kanyen was born in 1998 and is the love and pride of her life. Kanyen has grown up to prove to be as smart, gentle, generous and is as kind as his mother. Selflessly nursing her and her partner Shane over the last several years as they faced health challenges.

Aurienne lived her life with the true resilience of a child of Auroville. Regardless of the challenges she faced eg. housing, work or financial, she was a fighter and found solutions and continued to create a happy and loving home for her son. Fifteen years ago, she met Shane, the second love of her life and together they raised Kanyen. They loved to read, write fantasy novels, play board games, go camping and generally enjoy the outdoors. Wherever they were together, was a happy and inclusive home. She and Shane were scheduled to be married in October 2023; however, health concerns caused them to delay their marriage. On Feb 11, 2024, Shane unexpectedly passed away.



Aurienne's own health, which had challenged her for a few years took a sharp decline after Shane's passing and she suffered two strokes. Durgaura had joined her in Las Vegas recently to help in any way she could. On September 1, 2024, Aurienne left her body and transitioned to the beyond.

Our world has lost a beautiful soul, one that knew how to find the essence of joy everywhere, who loved unconditionally and offered kindness and generosity in all her interactions. We hold her son Kanyen up as he transitions into his new life without her.

Submitted by Aurienne Fator's friends

VOICES AND NOTES

HELIOTROPISM

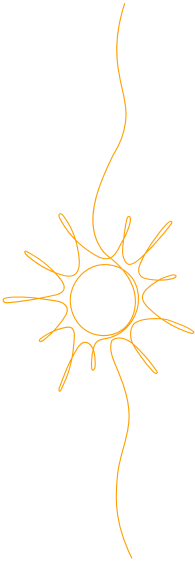
In Latin, sol means sun. Thus, Solar kitchen is sunny kitchen. In Greek, sun is helios. Hence, scientific name of sunflower is helianthus.

For biologists, heliotropism is movement towards sun (positive heliotropism – for example, plants) or away from sun (negative heliotropism – for example, owls, bats, termites).

Usually, termites are active in night time or under cover. But in monsoon it is possible to see flying termites in twilight time.

In August, for five nights the weather in Auroville was stormy and rainy (8-12 August). The night before 13 August there was no rain. There were flying termites in a big mass on this cloudy morning.

Sometimes people name termites “flying ants”. But termites and ants are not relatives, they had convergent evolution.



Termites are more ancient than ants. In ecosystems, termites play a very important role: they transform old organic matter. There are 2000 species of termites in the world; 270 species in India.

Boris

COMMUNITY SHARING

RABIES ALERT!

This morning the team of the Auroville Dog Shelter caught a cat that displayed several severe symptoms, among them excessive drooling, highly aggressive behavior, and others indicating that this cat could be infected with rabies. It has two kittens which we are currently searching for. The rabies suspect cat has been quarantined in a cage in front of our shelter due to the lack of a proper quarantine facility.



We ask everyone in the area around Tanto Pizzeria/New Creation who have unvaccinated dogs and cats to do the right thing and get them a **FREE VACCINATION**.

Contact us so we can come to this area and vaccinate them. For everyone else: **Please come on Friday between 10.30 and 13.30 in front of Solar Kitchen** where our mobile vet clinic will offer free vaccinations and deworming.

PLEASE WORK TOGETHER to keep Auroville safe.

We have to contain this outbreak!

AUROVILLE DOG SHELTER

MONTHLY TRANSPARENCY REPORT AUGUST 2024

As part of our commitment to transparency, we are happy to present our report for August.



Overview

- New admissions: 24 (274 since April 2023 -10 tiny puppies dumped again!)
- Rabies suspect cases: 3 (2 confirmed)
- Adoptions and Releases: 10
- Vaccinations administered: over 500 until 2.9. and ongoing (Vaccination Campaign Drive)
- ABC shelter dog sterilizations: 12 (98 since February)
- Deworming: hundreds (as part of Vaccination Campaign Drive)

Donations

This month, Rs. 174.866 arrived in our FS account and Rs. 136.700 on our bank account, which includes FAMC Rs. 50.000 and also donations sent by AVI USA (USD 620) covering barely our basic monthly running costs of Rs. 3 lakh. An additional grant of USD 6.000 has been sent to cover the costs of the mass vaccination drive (more details below).

At the beginning of the month, we found ourselves with zero funds and no idea how we would purchase food for our dogs. In desperation, we reached out to the Auroville Visitors Centre for permission to set up a fundraising table, but our request was denied by the Visitors Centre Executives. With no other options, we took to the road near Bharat Nivas, asking visitors and guests for donations. Thankfully, this effort was successful. We are seeking trustworthy volunteers to help us make this direct form of fundraising a regular event. Please contact our shelter if you want to support us!

Expenditures



Animal Food: This month we fed our dogs 1.8 tons of rice, 1.8 tons of chicken, and 820 eggs, supplemented with donated food items like vegetables and daal which cost us approx. 1 lakh.

Staff Costs: Total staff costs for this month for our workers, paid animal care staff, 2 veterinarians, and volunteers was approx. Rs. 1.5 lakh this month. The increase is due to the many extra hours for our vets and vet technician to conduct mass sterilisation.

Medical Costs: This month we were able to buy urgently medicines and spent Rs 51.996, which does not include the vaccinations.

Additional Costs: Due to the onset of an early monsoon we had to urgently fix up some enclosures to make them rain safe which cost us about Rs. 20.000 - As we only have one small freezer which was not enough to store sufficient meat in case some meat shops have no stock, we had to purchase a new freezer for Rs. 30.365. Our old ambulance stopped working and doors had fallen off, which cost us Rs. 15.000 to fix. Our new ambulance, which we had purchased thanks to a grant by the TNAWBI has been outfitted with a cupboard to store medicines, a foldable treatment table and chairs and a big tent to make it fit for street treatments. The outside design will be applied after the vaccination drive as we need the ambulance for it.

Puppies Continue to be Dumped

Its a sad reality that still lots of puppies are getting dumped in front of our already completely overcrowded shelter, some just a few weeks old. We do whatever we can to accept dogs to our maximum capacity but once we are full, we are unable to take in more. We ask dog lovers and Aurovilians to support us by fostering dogs for limited time periods. Please contact the shelter directly, it would save lots of precious lives!

New Temporary Enclosures and Mass Sterilizations

To address the rapidly growing canine population in Auroville and the surrounding areas, we urgently need to launch a mass sterilization program. This is the only effective way to end the suffering and improve the health of the animal population. Our goal is to increase the number of sterilizations from 4 operations per week to 20, ultimately reaching 1,000 dogs per year.

This effort will have a significant impact and help eliminate the suffering of newborn puppies twice a year across the region.

Unfortunately, we receive only a monthly budget of Rs. 50,000 from Auroville, which covers just a fraction of our monthly running costs of Rs. 3 lakh. To support this vital sterilization program, we are applying for a sterilization grant from TNAWBI, which would provide Rs. 370 per dog. However, this amount does not even cover the full cost of the operations, so we rely heavily on donations to make this program a reality.

The guidelines for the sterilization grant are stringent, and our current shelter, which is old and deteriorating, does not meet the required standards due to its missing or collapsing infrastructure. Therefore, it is imperative that we begin construction of the new Auroville Dog Shelter as soon as possible.

Due to a lack of funds to hire extra workers, our dedicated staff has been working tirelessly, on top of their already demanding schedules, to build a new temporary area at the back of the shelter, which we've named "HOPE." We have manually cleared the ground of thick overgrowth, set up pillars around the area, and are hopeful that we can start fencing soon. The next step will be to construct at least 20 to 30 dog houses using wood from trees that were felled when Auroville cut down a significant number of trees for the new VIP road through the shelter.

We urgently appeal to Aurovilians, dog lovers, and AV Units to contribute their time, energy, and materials to help us build these new enclosures. Despite our calls for assistance, not a single Aurovillian has come forward to help us with this essential project. Without these new enclosures, we will not have the space needed to expand our mass sterilization program and will be unable to rescue any more dogs. Please support our shelter by volunteering your time and energy to help build the new area.

Partnership with Dr. Shiranee Pereira of People for Animals Chennai Charitable Trust

At the beginning of this month, our executive and manager had the privilege of visiting Dr. Shiranee Pereira at her shelter near Seethanjeri in northern Tamil Nadu, where she cares for over 1,000 animals, including dogs, cats, donkeys, horses, cows, and even camels. It was an incredible learning experience for us, witnessing the lifelong dedication of Dr. Pereira, one of India's most respected animal caretakers, whose work has had a profound impact across the country. We are honored and deeply grateful to collaborate with her Trust.

Rabies Cases in Auroville and Mass Vaccination Drive

Earlier this month, we captured a dog at Transition School that exhibited symptoms of rabies after biting five people, including two children, as well as several other dogs. Shortly afterward, another dog we rescued from the road in Irumbai, on the way to Auroville, also showed signs of rabies. After both dogs passed away, we asked our partners of the renowned Mettupalyam College (RIVER) with whom we have signed a MoU to conduct post-mortem tests. Brain samples were taken, and a quick test confirmed rabies. These samples have been sent to a lab in Bangalore for further analysis, and we have alerted the Department of Animal Husbandry, TNAWBI, and government officials about the potential risk of a major outbreak in Auroville and surrounding villages.

In response to this urgent situation, we requested an immediate one-time emergency fund of Rs. 70,000 from the Auroville Foundation to purchase rabies vaccines, but we have not even received a reply. However, thanks to the incredible support from AVI USA, who promptly responded to our call for help, we received a grant of USD 6,000. This funding allowed us to purchase all the necessary vaccines and cover the costs of a mass vaccination drive.

We quickly organized a vaccination campaign in Auroville and six surrounding villages, offering free multi-vaccinations that protect dogs against seven viruses, including rabies. We are also providing free rabies boosters for cats. Our goal is to achieve a 70% vaccination rate, as recommended by the WHO, to prevent a major outbreak and establish herd immunity. Concurrently, we are conducting a survey to determine the total canine and feline population in the area, which is essential for securing future sterilization grants.



With the help of veterinary students sent by the Dean of Mettupallayam College (RIVER) we were able to vaccinate over 500 dogs and a few cats in the first few days of our ongoing campaign alone.

Our campaign has garnered significant support from local panchayats, village presidents, residents, and the Department of Animal Husbandry, who monitored our work. Several local TV stations and media outlets have also covered our efforts. We remain committed to ensuring that Auroville, along with its residents, guests, visitors, and children, is protected from dangerous viruses.

New Auroville Dog Shelter

After six months of delays in constructing the new Auroville Dog Shelter, due to complaints from our new neighbors, the refusal of building permission by Sindhuja despite ATDC's support, and the lack of a signed budget request by Auroville officials for the Rs. 2 crores reserved by the governing board, we now have hope. With the recent changes in Auroville's administration, it seems the final obstacles may soon be cleared, allowing us to finally begin building the urgently needed new Auroville Dog Shelter.

With gratitude and in hope for a better future,

Auroville Dog Shelter Team
Tine, Joseba, Arthur, Mar



POETRY

He talks about
Being an introvert.

Words flow...
Cannot stop.

- Anandi Z.



The Flowers of the Matrimandir

The flowers of the Mandir beckon me
To join with them in honour of the day
When there would come on earth the mystery
Of a superhuman risen from the clay.

I have lived the Ashram life and I have seen
The Mother of all worlds who welcomed me
Knowing who I was and who I'd been
And guiding me to my ultimate destiny.

Now in Auroville I must become
All the possibles She had seen in me
Aware that now I have arrived at home,
This blessed township by the Bengal sea,

To serve in deep surrender all my being
And learn to live within that deeper seeing.

- Narad

AWAKENING SPIRIT

THE OM CHOIR IN SAVITRI BHAVAN

Thursdays, 5:30 p.m.

ALL ARE WELCOME

- Narad



INTRODUCTION TO THE INTEGRAL YOGA OF SRI AUROBINDO AND THE MOTHER

Tuesday, 10th September, 9 am - 12 noon
Focus: Intimacy with the Divine

Led by Ashesh Joshi

Place: Mirabelle Education Centre, Auromodele
Ph/Whatsapp: 9489147202 (Please register)

All are Welcome



AMPHITHEATRE - MATRIMANDIR

Meditation at sunset with SAVITRI,
Sri Aurobindo's long mantric poem, read by Mother to
Sunil's incredible music.

Every THURSDAY

6.00 to 6.30 pm

(weather permitting)



Enjoy the beautiful open space, in the very center of Auroville!

Reminder to all: The Park of Unity is a place for silence, meditation and inner work and is to be used only as such. We request everyone: please do not to use cameras, i-pads, cell phones, etc. No photos.

Dear Guests, please carry your Guest Card with you –Access only for the Amphitheatre from 5.45 pm and the time of the meditation.

Thank you.

Surya, Velmurugan and Vinay

SAVITRI SATSANG WITH NARAD

Savitri Satsang with Narad will take place every

Wednesday at 6:30 pm

at the home of Uma and William in Kalpana.

A SATSANG ON THE INTEGRAL YOGA

A sacred gathering for the study and practice of the Integral Yoga of Sri Aurobindo and the Mother, founders of Auroville, the City of Dawn.

"The first necessity is the inner discovery in order to know what one truly is behind social, moral, cultural, racial and hereditary appearances. At the centre there is a being free, vast and knowing, who awaits our discovery and who ought to become the active centre of our being and our life in Auroville."

— The Mother

We start right here, in the Eternal Now, from where we each are at this ever-progressive moment, and share our unique experiences on the path of rediscovering and embodying who we really are.

Facilitated by Zech Joya

Schedule: **Tuesdays and Thursdays, 5:30-7:00pm**

Venue: Conference Room, G/F SAIER Building, Town Hall

Complex, or at an agreed upon venue in Auroville

By appointment only: please call 8300191193



Also check Zech's Weekly Sharings:

<https://zechjoya.blogspot.com> or scan the QR Code



A Public Declaration as True Aurovilians

The Online Global Petition is now LIVE!

Please scan the QR Code to view and support:

ACCESS TO THE PARK OF UNITY AND MATRIMANDIR

The Park of Unity

The Matrimandir, the Petals, the Lotus Pond, Banyan Tree are areas of SILENCE

- The Park of Unity is open to Aurovilians and Newcomers
Daily: 6.00 AM to 7.30 PM
- Aurovilians may bring close family and friends to the Gardens
Daily: 9.00 AM to 3.30 PM
- Volunteers and Donors require a pass to enter the Park of Unity. Timings will be indicated on the pass.
- Published events in the Park of Unity are open to Aurovilians, Newcomers, Volunteers, Pass holders and Guests. Guests should bring their Aurocards.

The Inner Chamber of the Matrimandir

The Matrimandir is a place for silent individual concentration.

- The Inner Chamber is open to Aurovilians and Newcomers:
Monday – Saturday 6.00 AM to 8.00 AM
4.30 PM to 7.30 PM
Sunday 6.00 AM to 12.00 PM
4.30 PM to 7.30 PM
- The Inner Chamber is open to SAVI registered Volunteers:
Wednesday – Monday 8.00 AM to 8.40 AM.
Arrival at 7.45 AM at the Office Gate
- The Inner Chamber is open to Aurovilians wishing to accompany a maximum of 5 close family and friends, no more than once in two weeks, with booking 3 to 5 days in advance to mmconcentration@auroville.org.in:
Any day except Tuesday & Sunday: 8.00 AM to 8.35 AM
Arrival at 7.45 AM at the Office Gate
- The Inner Chamber, the Petals and the Gardens are open to the Children of Auroville and the Outreach Schools:
Tuesday 9.00 AM to 11.00 AM
- The Auroville units can bring their staff to the Inner Chamber with a prior booking to mmconcentration@auroville.org.in:
Tuesday 8.00 AM to 8.30 AM

The Petals of the Matrimandir

- The Petals are open to Aurovilians, Newcomers and Pass holders
Monday – Sunday 7 AM to 8 AM,
Tuesday AM closed.
Daily 5 PM to 6 PM

Access to Matrimandir for Visitors and Guests Matrimandir Viewing Point

The Viewing Point is open to the general public on presentation of a Pass.

Visits to the Matrimandir Viewing Point are free of cost.

Free passes can be obtained at the Auroville Visitors Centre

The Viewing Point lies south of the Park of Unity and offers visitors a panoramic view of the Matrimandir and the Gardens and the Lake.

Timings starting from the Visitors Centre:

Daily: 9.00 AM to 5.30 PM

The Inner Chamber of the Matrimandir

The Inner Chamber is open to Visitors and Guests by prior booking only. Visitors and Guests seeking to concentrate in the Inner Chamber are requested to inquire at the Information Desk of the Visitors Centre after first visiting the Viewing Point. Prior booking is required to access the Inner Chamber, at least one or two days in advance. Bookings for concentration are given for the following or the first free day as per availability and are accepted only up to one week in advance. Minimum age 10 years. The Petals are open to Visitors on the morning of their Inner Chamber visit.

ART & CULTURE

THE THEATRE GROUP UPDATE #2



The Auroville Theatre Group

Bi Monthly Update
30 August 2024

Please read the Theatre Group Newsletter [HERE](#)

IF I WAS A FLOWER BY BEL JIMENEZ - EXHIBITION 6 SEPTEMBER - 1 OCTOBER 2024 @ PITANGA



if i was a flower...

a dialogue with the spirit of nature
and its form.

if i was a flower

*Seeking its own perfect form in souls and things.
Life kept no more a dull and meaningless shape.
Sri Aurobindo, Savitri*

Art Exhibition
by Bel

6 September
thru
1 October 2024
at Pitanga



LaSakha
an activity
under Art Service



Exhibition timings: Daily, except Sundays

8:00am – 12:30pm & 2:00pm – 5:30pm

Pitanga Cultural Centre, Samasti, Auroville 605 101 | info@pitanga.in | 0413 - 2622403; 9443902403

A service unit of the Auroville Foundation, Health and Healing Trust branch | GSTIN: 33AAAAD0017BY3N

*Seeking its own perfect form in souls and things.
Life kept no more a dull and meaningless shape.*

- Sri Aurobindo, Savitri

Bel is an Aurovilian artist who studied art at the University of Barcelona. She says: "Here in Auroville, I've been developing a different approach to art, I'm inspired by nature and I'm using what nature offers me as the main materials.

My aim is to connect with the light and the purity of nature, and to reflect that in my work."

Art Gallery timings at Pitanga: Monday to Saturday 8.30am – 12.30pm and 2.30 – 5.30pm. Sundays closed.

HEALTH

LEELA THERAPY



A unique combination of psychotherapy, self-inquiry and ancient teachings of Enneagram of Liberation. I invite you to be supported by heart based and trauma-informed skills, taught by Leela School of Awakening.

Private 1:1 sessions are a powerful and intimate container to work on your deep emotional healing and self-discovery.

Anything, and everything is welcomed.

Leela therapy is offered by Kardash in person or on-line, through Inner Sight (an Activity under LEAD).

For more details see www.innersightav.org or whatsapp Kardash on 9940934875.

SANTÉ SERVICES IN SEPTEMBER 2024

Sante

Working Hours:

Monday - Saturday : 9:00am - 12:30pm & 2:00 – 4:30pm

Tests and Sample collection:

Mon - Fri : **8:30am** - 12:00 pm.

No sample collection on Saturday.

For emergencies, contact:

Auroville Ambulance (24/7) : Phone: +(91) 94422 24680

Government Ambulance (24/7) : Phone: 108

Appointment:

Please call Santé on (0413) 2622803 during working hours for an appointment.

Doctor Consultation with Dr.Senthil: Monday to Friday	Nursing Care: Thilagam, Ezhil, Archana, Sandhya: Daily No appointment necessary
Ayurveda with Dr.Be: Tue/ Wed/ Fri	Integrative Psychotherapy with Juan Andres: TOS
Acupuncture with Andres: TOS	Homeopathy with Michael: Monday/ Wednesday/ Saturday
Physiotherapy & Massage with Galina: Monday to Friday	Physiotherapy with Arun Monday to Saturday (except Friday)
Women's Wellness with Paula: Tuesday & Wednesday	Soundbed Session with Sandhya/ Thilagam: Monday to Saturday
Bio-Well Assessment (Evaluation of your well-being) with Helena: TOS	

In Santé, we value our patient's confidentiality & make every effort to ensure their privacy.

In case of cancellation or to reschedule, it is necessary to inform us in advance.

AUROKIYA INTEGRAL EYE CENTRE @ ARKA



Aurokiya Integral Eye Centre
(An Auroville Activity)



Working Hours:

Monday - Saturday
(9.00 am -5.30 pm)

Services Provided:

- Emergency eye care services with primary-level care
- Complete eye testing facilities for eye problems
- Follow-up services for surgeries and consultation from Aravind
- Spectacles and contact lenses
- Eye medicines (Homeopathy, allopathy, and Ayurvedic Drops)
- Personal guided support to visit Aravind Eye Hospital for surgeries and procedures
- Personalized eye exercise training, eye yoga sessions, and vision therapy sessions. Both morning and evening slots are available

EYE
WELLNESS
CENTRE



Contact: aurokiya@auroville.org.in; aurokiya@gmail.com

WA/ Mobile: 8012305151; www.aurokiya.com



OFFERING NURSING SERVICES

Warm morning to everyone.

It's my pleasure to introduce myself to all of you. My name is MADHI and I'm 26 years old. I'm living in Auroville from my childhood and my family also. I have done my bachelors degree in B.SC (NURSING) and I have two years experience as a STAFF NURSE in hospitals (ONE years in psychiatric ward, six month in ICU and six month in EMERGENCY).

Past two years I'm working in Auroville only with private clients - In **HOME VISIT CARE FOR ELDERLY PEOPLE, BED RIDDEN PATIENT, PSYCHIATRIC PATIENT, ETC .**

If anyone needs help or any kind of hospital care or Home care or Home visit or care taker please contact me and I'm willing to contribute my professional skills in a right manner and right way.

THANK YOU IN ADVANCE.

MADHI CONTACT NO: 9597222826.

Email: Madhiazhagan014@gmail.com

EDUCATION



NEWS FROM AUROVILLE LANGUAGE LAB

3rd September 2024

Did you know that the Language Lab is a wireless-free space? Please switch off your mobile (or put it on flight mode – No, silent mode is not enough!). You need to switch off the wireless signal on your mobile and all blue-tooth devices and laptops while in the Lab. Why? Look at <https://ehtrust.org>

Language Classes (*see attached schedule for details*):

New French classes: Jean-Francois is back and offering 3 different French classes, at different levels, including a new batch for Beginners, as well as Pre-Intermediate and Intermediate Conversation. Classes will start on Monday 09th September, with a minimum of 5 persons. Please register now. Yanis is continuing two French conversation classes, one Beginner level and one Intermediate.

New English classes: Rupam continues the Intermediate English class and is offering several new classes, all with a theatre twist.

1. Creative Writing: develop your creative writing journey by starting to write short stories which can be further developed into short scripts.
2. The English of Shakespeare: Let's read Shakespeare's plays together and enrich your literary journey.
3. Learn English Through Theatre: Looking for people interested in acting in English for an intimate performance in Auroville after 3 months.

Beginner or Advanced level English classes can also be offered mornings, if there is interest.

Private English classes: Vismai is offering individual English lessons at all levels.

Ongoing Classes

- **Tamil:** Ongoing beginner class with Saravanan. Contact us to give your names for the next batch. Murugesan continues Intermediate Spoken Tamil classes and Reading and Writing Tamil on the weekends (Saturdays and Sundays) at the Lab.
- **Spanish:** Mila's Beginner Spanish Class continues. You need to meet her first if you want to join now. She is also available for private lessons.
- **German:** Ben continues the A1/A2 Intermediate level and one Advanced level class.
- **Italian:** Karuna has just started an Advanced Italian class, which is once a week and open to all. It's great when students progress from one level to another! A new Beginner class is open for registration.

New Intensive 10-day Introduction to Hindi and Sanskrit. We are changing the format for Hindi and Sanskrit classes. For each language, Kaushal will offer an intensive format of one-hour everyday, for 10 days, starting Monday 16th September. Please register now.

Didgeridoo: Breath is the basis of everything. Sunny is offering classes with didgeridoos he has made by hand. It is a wonderful means to centre and calm.

Registration is required for all classes: Send an email to info@aurovillelanguagelab.org or call 0413-2623661. WhatsApp: +919843030355.

Louis is updating our schedule on our website weekly now. You can catch it here: [Language Lab Latest Schedule of Classes](#)

Evening Programs: Free and open to all, from 5-6pm everyday. These are not classes, but conversation practice sessions offered by native language speakers. It's a chance to practice what you learn in class or to revive a language you learnt earlier! Sessions can cover whatever you want, or sometimes they have a topic like Auroville, the Charter, the Dream, etc. The schedule: Mondays - French, Tuesdays - Spanish, Wednesdays - Sanskrit Chants, Thursdays - English, Fridays - German/Italian. We are looking for anchors in other languages such as Hindi.

Evening Program special: Happy to welcome Ramesh, who will anchor Sanskrit chanting every Wednesday 5-6pm. We will learn to chant the Lalitasahasranaama (the 1000 names of the Goddess). Part of the Puranas, it is considered a powerful tool for spiritual growth, self-realisation and devotion. Each name reflects the various aspects, qualities and attributes of the Divine Mother, who is the ultimate reality, and the embodiment of love, beauty and power.

Tomatis:

Spaces are finally opening up for Aurovilians, Newcomers and Volunteers (adults, teenagers and kids) to do the Tomatis listening training programs. Have a look at [Alfred Tomatis Method - Auroville Language Lab](#) for more info. If you have been waiting a while, or thinking about this for long, now is your chance. Send an email to tomatis@aurovillelanguagelab.org.

While we do offer 3-week wellness programs and shorter language integration and listening training programs, which are open to guests too, to do the whole program, you need a minimum of 4.5 months. Listening Tests and Consultations will be done only for those who are doing a program.

Facts: Did you know that every single muscle of the human body is controlled by the ear, rather, the two ears working together? That "hearing" is different from "listening"? And that listening can be trained, with profound effects on how we learn, and interact with the world? This is what the Alfred Tomatis program does!

Resonance, the book! Check it out at <https://books.aurovillelanguagelab.org>

To enquire or register: send an email to tomatis@aurovillelanguagelab.org or call 0413-2622467 or 3509932.

Film Shows: Two documentary films, one on the Alfred Tomatis method (48 minutes) and one on the special features of the Language Lab building (27 minutes) are available on our new website, and at the Lab. You are welcome to watch them at the Lab. All are welcome.

Volunteers Needed

English teachers: Are you a trained ESL (English as a Second Language) Teacher, or is your mother tongue English, or did you grow up speaking English at home? Can you give 1-1.5 hours, twice a week, for a minimum commitment of 3 months?

Idea organisers/project managers: Do you have both an analytic and a synthetic mind? Is your mind super-organised but you never lose track of the larger picture? Can you mind-map or use Trello? Can you give one hour per day for two weeks?

App development advice: We have a program we need to convert to a mobile/desktop/web app. Can you help?

App development advice: We have a program we need to convert to a mobile/desktop/web app. Can you help?

Fundraising collaboration: We need to find funds to finish the unique system of cooling-without-air conditioning in our building. We have a lot of ideas but need someone with some time. Are you that someone?

Please send an email to info@aurovillelanguage.org with a copy to mita@aurovillelanguage.org



A very special event:

On Tuesday 10th September, from 5-6pm, Gregorian Chant, by Kim Cunio and Heather Lee.

Kim and Heather are no strangers to Auroville. They have been coming here from Australia practically every year offering their advanced musical knowledge and incredible singing to Auroville. They will sing the chants of **Saint Hildegard Von Bingen**, which are musical offerings to the divine...deeply spiritual chants of great beauty, they hold the spark of golden light and love. This 30 minute musical offering will be **live** and **unplugged** (pure voice, no mics), so please come and enjoy the natural acoustics of our magical 11X11 inner courtyard. This will be a truly Gregorian experience!

Current Schedule of Classes

Language	Level	Time	Day(s) Of Classes
English	The English of Shakespeare	9:30 am – 10:30 am	Tuesday & Thursday
	Pre-Intermediate & Intermediate	11:00 am – 12:00 pm	Tuesday & Thursday
	Creative Writing	9:30 am – 10:30 am	Monday & Wednesday
	Learn English through theatre	11:00 am – 12:00 pm	Monday & Wednesday
French	Conversation - Beginner & Intermediate	4:20 pm – 5:20 pm (Est) 10:00 am – 11:00 am (Sat)	Friday & Saturday
	Beginner	4:30 pm – 5:30 pm	Monday & Wednesday
	Conversation - Intermediate	2:30 pm – 3:30 pm	Tuesday & Thursday
	Conversation – Pre-Intermediate	11:00 am – 12:30 pm	Friday
Tamil	Spoken Beginner	9:30 am – 10:30 am	Tuesday & Friday
	Spoken Intermediate	9:30 am – 10:30 am	Saturday
	Reading & Writing	3:00 pm – 4:00 pm	Saturday
Sanskrit	10-day Intensive Introduction to Sanskrit	3:00 pm – 4:00 pm	Starting 16 th September Monday to Friday (2 weeks)
Hindi	10-day Intensive Introduction to Hindi	4:00 pm – 5:00 pm	Starting 16 th September Monday to Friday (2 weeks)
German	Intensive/Advanced	9:30 am – 11:00 am	Monday & Wednesday
	Level A1/A2 – Intermediate	9:30 am – 11:00 am	Tuesday & Saturday
Spanish	Beginner	2:30 pm – 3:30 pm	Monday & Wednesday
	Intermediate	TBA	TBA
Italian	Beginner	TBA	TBA
	Advanced	4:00 pm – 5:30 pm	Wednesday
Didgeridoo	Beginner	4:45 pm – 5:45 pm	Tuesday & Thursday

The Language Lab is open:
Monday – Friday, 9am - 12pm & 2pm - 6pm
Saturday, 9am - 12pm & 2pm - 5pm

Location:

International Zone, after Unity Pavilion & Pump House.

Phones: (0413) 2623661(Lab), +919843030355 (Lab WA, 2622467, 3509932 **Email:** info@aurovillelanguage.org and tomatis@aurovillelanguage.org

SUPPORTIVE LEARNING AND SPECIAL NEEDS COURSE (HYBRID FORMAT)



Teachers Centre-SAIER offers The Supportive Learning Satellite program to meet the needs of Auroville educators and parents. We have now developed a teacher's training course in inclusive education and special needs in alignment with Integral Education.

This is a foundation course of 10 months for all those who are interested in this field of work and committed to meet the needs of Auroville education. The main purpose of this course is to create a pool of educators for Auroville equipped with a better understanding of inclusive education and neurodivergent children.

This course is open to all educators and Aurovilians, newcomers and volunteers with a deep interest in this topic.

The course aims to strengthen Auroville education and uphold the fundamental concepts of inclusivity and neurodiversity. Thus the course demands that participants are committed to the completion of regular assignments and acceptance to undertake necessary assessments.

Participants are required to:

- Attend 3 hours per week - online session
- Commit to self-paced study and assignments approximately 4-5 hours per week
- Attend 1 offline session of 4 hours (Physical attendance) per month
- Two weekend internship tentatively scheduled in the month of January and September 2025
- Undertake assessments- some of the assessment criteria will include, class participation, portfolio-assignments, individual assessments, study cases etc.

To register fill out the form at the link below:

- <https://tinyurl.com/slscourseauroville>

The course is open to all and selected participants will be offered a full course scholarship after undergoing the following stages of selection:

1. Registration through Google Forms in the link provided
2. Interaction meeting with members from Teachers' Centre - SAIER
3. Preliminary assessment before the start of the course (details for this will be shared at the time of the interaction).

On successful completion of the course, candidates will receive a certificate from Teachers' Center, SAIER.

For any queries or more details write to the Teachers' Center SAIER: teacherscenter@auroville.org.in

TUTOR GRADE 1 TO UNIVERSITY AND SPOKEN ENGLISH AND LANGUAGE TRAINER

With my 18 years of experience in education, I offer academic tuition sessions from grade 1 to university level in all subjects. Also I am a spoken English and language trainer. My contact number is 8270512606.

Thank you
Ashwini, Aspiration



CLASSES, WORKSHOPS & HEALING ARTS

VIPASSANA MEDITATION

Date: Every Sunday - for those who have attended at least one ten day Vipassana course as taught by SN Goenka.

Timings: 8:00 AM – 12:00 PM but you can also drop in and join as long as you wish.

Venue: Udavi School (2nd building on the left when you are at the front entrance), near Tank in Edayanchavadi (Auroville). Location [here](#).



Vipassana

As taught by S.N. Goenka



Contact: Sanjay Tumati,
+91 8790982210 (available on WA)
sanjay@auraauo.com

CAPOEIRA - MARTIAL ART AND MUSIC WITH GINGA SAROBA

Afro-Brazilian martial art that combines elements of dance, acrobatics, music and movements. More than 500 years old, Capoeira is a constantly evolving art form, come connect and express yourself.



Join us for classes for teens and adults (15 yrs and above)

Intermediate : Tuesday, Thursday and Saturday - 5.15 PM - Dehashakti

Beginners: Tuesday and Thursday - 6.00 PM- Dehashakti
Contact: 7598446327

Let us know if you would like more information.

DISCOVER YOUR VISION, MISSION, AND LIFE PURPOSE WITH NONVIOLENT COMMUNICATION

Moving Forward
with the vision, our life-purpose

In this workshop, you will:

- Explore your core values and what truly matters to you.
- Define your personal vision and mission statements.
- Learn how to set clear, actionable steps to bring your vision to life.

When : September 7, 8. (Sat, Sun) 9:30-4.30pm
Where : Tibetan Pavilion
With : Vega (8531012459)
Dancing Tree, under Hospitality Trust, Auroville

Are you ready to connect with your deeper purpose and live a life that truly aligns with your values?

This workshop will be helpful for anyone seeking greater clarity and direction in life.

Whether you're at a crossroads or simply looking to deepen your understanding of yourself, this workshop can support you with creating a life that resonates with your authentic self.

Date & Time: **September 7, 8. (Sat, Sun) 9:30 - 4.30pm**

Location: **Tibetan Pavilion, Auroville**

Enquiry: 85310 12459

Registration: <https://shorturl.at/7Hwh3>

AUROVILLE AIKIDO AT AV BUDOKAN (DEHASHAKTI)



Aikido is a martial art created in the 1920s by Morihei Ueshiba, a master in traditional Japanese martial arts. Aikido is a path which aspires to the unity of mankind, the unification of the self with the universe, the union of Spirit and Matter. Seen as such, and in the perspective of the integral development of the being as emphasized by Sri Aurobindo and the Mother, it is no wonder that Aikido has always been greatly valued in Auroville and introduced since the very early years. Both children and adults can enjoy and benefit from its complete practice. There are no competitions in Aikido. On the self-defense aspect of it, an aggressor's attack may be stopped without harming or injuring him/her.

The AV Aikido group welcomes new practitioners, Youth and Adult students, and the ones who would like to revive an old (abandoned) practice!

Adult classes:

- Tuesday, Thursday and Saturday, 6 - 7:30am, early morning. Beginners are most welcome. Girls and women are especially called to join us.

Children/ young students:

- Monday, Wednesday and Friday from 4 - 5pm
- For the time being no Saturday 9 - 10am class are offered.

Contact us for more info and registration: write to budokan@auroville.org.in or WA 8300643963 Philippe G. or call 9952812843 N. Murugan.

Cristo, Surya, Murugan, Rita and Philippe
for Auroville Aikido

MIKSANG - A MINDFUL PHOTO WALK

SATURDAY 14TH SEPTEMBER - 8AM TO 9.45AM

Miksang means 'Good Eye' in Tibetan. It is a form of contemplative, mindful photography. The focus is not on technique, but discovering a moment of fresh, direct perception where the world stops us out of the blue and wakes us up to something deep and true.



In the practice of Miksang direct perception is paramount. When our eye, mind and heart are together in a single moment - seeing, appreciating, comprehending, expressing, sharing - that is all there is.

This meditative practice can help you open to the present moment, meet the world as it is, and let

the ordinary magic of the world erupt in front of you.

No prior experience (of anything) is needed. All you need is something to take photos with.

The session will be led by Helen - a mindfulness teacher with a passion for Miksang. For details and booking message Helen on 70947 53054 or visit innersightav.org.

DRUM JOURNEY - REVELATION FOREST

SUNDAY 8TH SEPTEMBER



SHAMANIC DRUM JOURNEY & LIGHT LANGUAGE HEALING

EMBARK ON A TRANSFORMATIVE SACRED DRUM JOURNEY WHERE RHYTHMIC BEATS GUIDE YOU INTO DEEPER STATES OF CONSCIOUSNESS

DIVE INTO THE MYSTICAL REALMS OF LIGHT LANGUAGE HEALING, WHERE SACRED SOUNDS AND CELESTIAL FREQUENCIES RESONATE WITH YOUR SOUL. THIS HEALING MODALITY CHANNELS THE PURE ENERGIES OF THE COSMOS AND NATURE

WITH KUNDHAVI 9360043538

Mahakali Park - Sunday 08 Sept 2024 - 3.30 pm to 5 pm.

Embark on a transformative journey into the mystical realms of your soul! Shamanic drumming and light language will transport you to higher dimensions, releasing deep-seated blocks and igniting profound healing. As you soar to new vibrational heights, your body and soul will harmonize in perfect symphony.

Join Kundhavi Devi, a gifted:

- Shaman
- Clairvoyant energy healer
- Light language channel
- Animal whisperer
- Access consciousness healing practitioner



Kundhavi embodies the energy of pure love, dedicated to empowering humanity to realize their full potential and co-create the New Earth.

Book your appointment now and experience the release of all energetic blocks and activate all the much needed new pathways in life.

Kundhavi Devi: +919360043538

WELL-BEING SERVICES AT ANITYA COMMUNITY !

WELL-BEING

@ JOI ANITYA



THAI YOGA BODYWORK



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AYURVEDIC MASSAGE



ELENE
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INTEGRAL COACHING



DAVE
(+44) 7564119728

SHAH-LU-HA-KA BODYWORK



NIKKI
(+91) 7094716136

MINDFULNESS MEDITATION



HELEN
(+91) 7094753054

WOMEN CIRCLES



PREM SHAKTI
(+91) 9489244823

Info and Bookings through **WhatsApp**

Anitya Community Centerfield

joyofimpermanence@auroville.org.in

Joi Anitya is a Registered Project under Hospitality Trust, Auroville Foundation

AUROMODE YOGA SPACE

AURROTHAIMA – HEALTH & HEALING TRUST

SEPTEMBER 2024 SCHEDULE



Registrations are a must for all the programs.

Email or WA us, to know about the fees structure and other details.

Contact – email – balaganesh.siva@gmail.com & WA (only) +91 98926 99804

Day	Time	Description
All days of the week (Monday to Sunday)	5 30 pm - 6 45 pm	Vinyasa flow Yoga by Arun

Find our Yoga Shala -

<https://youtube.com/shorts/8FTldxoWt9k?si=JMKXs062TplaE82D>

Auromode Apartments

0413 262 2224

Location: <https://g.co/kgs/frzmN4>

Vinyasa Flow Yoga with Bala-August 2024

Traditional yoga practices are characterized by discipline, and Bala believes in the power of showing up. Therefore, we intend to create the time and space and offer you the choice of practice.

The class will be suitable for beginner to intermediate levels. Please bring your own yoga mats. Vinyasa Yoga is a gradual progression that connects one pose to another, unifying breath and movement for a smooth flow.

Friday, Saturday & Sunday

Time - 5 30 pm to 7 00 pm

Registration must

Please WA to know information about cost and other details



Auromode Yoga Space

Email – balaganesh.siva@gmail.com WA + 91 98926 99804



VÉRITÉ WORKSHOPS

Pre-registration required

Please contact Verite @
0413 2622045, 2622606, 9363624083 or
programming@verite.in, www.verite.in

The Path of Yoga Nidra: Insights and Practice for Deep Relaxation – with Ramya

Friday September 6, 9:15am – 12:00pm

An immersive journey into the profound practice of Yoga Nidra. This workshop combines both theoretical understanding and experiential practice to deepen your knowledge and application of this transformative technique for deep relaxation.

Pain Management: Yoga for Lower Back Pain – with Dev

Saturday September 7, 9:15am – 12:00pm

Pain Management workshop focuses on various yogic Techniques to understand, alleviate and also cure acute or chronic lower back pain. This workshop also includes various yogic approach and therapies to understand.

Introduction to Ayurveda & Panchakarma – with Dr. Geeta

Saturday September 7, 2:00pm – 4:30pm

This workshop takes you along the journey of Ayurveda, the ancient Indian medical system and Panchakarma, which is a set of five cleansing procedures. Through this workshop you will learn the appropriate use of and principles behind the following practices, which aim to detoxify, rejuvenate, and restore balance to body, mind and spirit.

Awareness Through the Body: Exploration of the Element Space – with Amir

Saturday, September 14, 9:15am – 12:00pm

Awareness through the body (ATB) facilitates a space for introspection to reconnect with oneself, by exploring tools and giving opportunities for inner discovery. ATB offers a means to increase our capacity to be present. ATB is an eclectic practice developed in Auroville for more than 30 years, based on Integral Yoga. In this session, we will explore the element of **Space** to cultivate contact with oneself and the world in a more intimate way.

Face & Eye Yoga: Face Yourself – with Mamta

Saturday, September 14, 2:00pm – 4:30pm

The physical & mental state of our inner world determines how we experience our outer world. Sense organs are the tools for each experience we have. Face Yoga involves simple self-massage techniques & exercises to release tension in the facial area, stimulate blood circulation & improve efficiency of our sense organs. In an era of increased screen time, our eye health may be compromised, unless we actively exercise this area. Eye Yoga uses techniques such as palming, blinking, near & far viewing & candle gazing. You will also learn tips to prevent eye damage caused by screen time.

Cancellation of classes for the following:

Deep Sound Bath – with Satyayuga (Monday 2 Sep, Thursday 5 Sep, Saturday 7 Sep, 5pm – 6pm)

"BASIC TOOLS OF ATB" WORKSHOP WITH FRANCESCO

14TH & 15TH SEPTEMBER - 5 SPOTS LEFT

This two-day workshop is designed to introduce educators, facilitators, and anyone interested in working with children to the basic practices of Awareness Through the Body (ATB). Participants will receive practical tools to effectively implement the basics of ATB with young children and/or people who approach it for the first times.

Please note: To participate, it is required that you have attended at least the ATB1 introductory workshop.

If you are interested in joining, please contact me to secure your spot:

Email: sghilli@hotmail.it

WhatsApp: +919626895370

Looking forward to welcoming you!



REGENERATION LISTENING CIRCLE



Learn the ways of Silence and how to utilize its Power
Saturday at 4:30 pm

Experiences of previous participants:

"Because of the ecological problems humanity is facing, I didn't want to have children, but after this circle today, I do again" - Guest

"I'm very sensitive, and I could feel the spirits of Mother Nature with us in this circle; very beautiful" - Newcomer

"This talking-stick gives me Power; and with great Power, comes great Responsibility" - Aurovilian

Limited seating - Location will be shared after your reservation under +49 1638041124 WhatsApp - Session duration: 1.5 h
Group booking for the Consensus Circle is possible on request

Submitted by Nadim

KIRTAN CIRCLE

MONDAY 9TH SEPTEMBER

Join the Kirtan circle!

Kirtan is a form of singing and chanting, often performed in a call-and-response style. It serves as a spiritual practice that fosters connection, community, and a deep sense of inner peace.

Facilitate by Kaia & Co.

Monday 9th of September 4:30pm to 6pm.

Youth space, Center Field.

A promotional poster for a Kirtan circle. The background is light green with scattered musical notes. At the top, the text "Kirtan circle" is written in a large, bold, black font. Below it, a green banner contains the text "Facilitate by Kaia & Co". On the left side, there are three colored ovals containing the words "collective harmony" (teal), "sacred practice" (orange), and "peace" (yellow). In the center, a line drawing of a person sitting and playing a guitar is shown, with musical notes flowing from the instrument. To the right of the guitar player, the text "Monday 9th of September 4.30pm to 6pm, Youth space, Centerfield" is displayed in a bold, black font. In the bottom right corner, there is a logo for "YouthLink" with a colorful square icon.

TAI CHI HALL @ SHARNGA

Schedule of classes after 24th August

Every day except Sundays.

Mondays and Saturdays: 7.30-9.30

Tuesdays to Fridays: 7.30-9

Upcoming: no classes on 29th August and 3 Sept



PITANGA



Program - September 2024 Holiday closure on Saturday 7th August

DROP-IN CLASSES *Join without prior registration!*

Mondays

7:30am – 9am, **Asanas mixed level** with Rachel
8:30am – 10am, **Yoga Therapy** with Gala
4pm – 5pm, **Doing No -Thing Consciously** with Mike
5:30pm – 6:45pm, **Vinyasa Flow Yoga** with Dinagar

Tuesdays

7:30am – 8:45am, **Self Practice** with Rachel
7:30am–8:45am, **Ojasana Hatha-Nada Yoga** with Ojas
5:30pm – 7pm, **KoTree Yoga** with Grace Gitadelila

Wednesdays

7:30am – 9am, **Asanas mixed level** with Rachel
8:30am – 10am, **Yoga Therapy** with Gala
5:30pm – 6:45pm, **Vinyasa Flow Yoga** with Dinagar

Thursdays

4:30pm – 5:30pm, **Aviva Exercise** with Suriyagandhi
5:30pm – 7pm, **KoTree Yoga** with Grace Gitadelila

Fridays

6:45am – 8am, **Pranayama** with François & Namrita, For former “The Art of Living” course participants
7:30am – 9am, **Asanas mixed level** with Rachel
8:30am – 10am, **Yoga Therapy** with Gala
4:30pm – 5:30pm, **Readings of the Life Divine** with Balvinder
5:15pm – 6:15pm, **Feldenkrais** with Shari
5:30pm – 6:45pm, **Vinyasa Flow Yoga** with Dinagar

Saturdays (not on 7/09)

7:30am – 8:45am, **Ojasana Hatha-Nada Yoga** with Ojas
9am – 10:30am, **Asanas intermediate level** with Rachel
4pm – 5pm, **Odissi Classical Dance**, a beginners’ class especially for children, with Agila, assisted by Rekha
4pm – 5:30pm, **KoTree Yoga** with Grace Gitadelila

YOUTH ACTIVITIES

These are ongoing educational programs. If a child is interested, parents need to talk to the teacher before joining the class.

Asanas for Teenagers with Lisbeth

- **Mondays, Wednesdays, 4pm – 5:15pm**

These classes are for the teenagers from AV schools. It is still possible to join the course as there is some space in one of the classes. The student can come and try out, then see with the teacher. You’ll be added to the TeenYoga app for communication.

Yoga for children, from 9 yrs. +, with Gala

- Saturdays 10am – 11am

Energy games for children, 9 yrs. +, with Gala

- Saturdays 11am – 12pm

CLASSES – BY PRIOR REGISTRATION

Art Therapy with Gala

- Thursdays, 3 – 5pm for adults
- Fridays, 3 – 5pm for families

ATB Exploration with Isora, and teachers in training Rosario and Teresa

- Thursdays, 5:30pm – 6:45pm
- Prior registration required.

HEALING SPACE – BY APPOINTMENT

- Acupuncture by Heidi
- Shiatsu by Patricia G
- Syntropy Insight Bodywork with Véronique D.
- Thai Yoga Massage by Juan

NEW ACTIVITIES

Ojasana Hatha-Nada Yoga with Ojas

- **Tuesdays & Saturdays, 7:30am – 8:45am**

Ojas, volunteering with the Auroville Theatre Group, invites you to his classes: “Each 1 hour and 15-minute session will include pre-practice exercises to achieve correct yoga postures and flexibility for performing yoga asanas. I’ll also focus on breathing work to enhance Prana Shakti, known as life force. Towards the end of the session, I will incorporate sound healing and mantra chanting. This session is a combination of Hatha Yoga and Nada Yoga, designed to help participants experience their own selves and become more aware. As awareness deepens, they will move closer to the divine. I’m reminded of Sri Aurobindo’s words: ‘The principle of yoga is the turning of one or all powers of our human existence into a means of reaching divine being.’”

This is a drop-in class for adults.

Syntropy Insight Bodywork with Véronique D.



The body and mind connected in a deep state of relaxation allows the nervous system to find new pathways for a comfortable and graceful posture as well as for an open and fluid mobility with less effort.

Syntropy Insight Bodywork is the experience of a soft healing touch that will take you into very slow integrated movements.

Through deep listening, both the practitioner and the person receiving go on a common exploration which can feel like a dance on the way to new possibilities in the body and in Life in general.

“Make the impossible possible, the possible easy and the easy elegant.” – Moshe Feldenkrais

For an appointment with Veronique, please contact Pitanga.

Weekly Readings of The Life Divine with Balvinder,

- **Fridays, 4:30 – 5:30pm**

Resumes September 6.

“The ascent to the divine life is the human journey...This alone is man’s real business in the world and the justification of his existence...” Sri Aurobindo.

The weekly reading sessions of The Life Divine are led by Balvinder, an Aurovilian and lifelong student of Sri Aurobindo’s writings. Each session will proceed with Balvinder reading and giving explanations of the English prose.

No prior knowledge of The Life Divine is necessary, just an openness to experiencing the beauty and wisdom of Sri Aurobindo's masterpiece. All are welcome to join. Feel free to come and listen even once to see if this is for you.

No registration is necessary. It is helpful to have a book. However, a few extra copies are with us.

Yoga with Rachel

- **Monday, Wednesday, Friday 7:30am – 9am, Asanas mixed level**

Rachel offers detailed verbal guidance and instruction based on her extensive practical experience to guide you into the posture, focusing on the alignment of body, mind and essence. This practice helps to improve physical and mental abilities, helping us to live in the present with stability and joy.

- **Tuesday 7:30 – 8:45am, Self Practice**

The practitioner is invited to develop a deeper understanding of the asana practice by observing themselves in the different stages: observe, experiment, learn, stay, hold, undo, relax, rest or recover at your own pace to improve the understanding of your practice and one's self. This is not a teacher-led class but a self-directed practice open to all yoga practitioners, while the teacher holds the space with her presence, helping in case of any doubt.

- **Saturday 9am – 10:30am, Asanas intermediate level**

For regular practitioners who wish to deepen their practice and those who have a good understanding of the basic yoga postures with consistent practice and are able to maintain a stable Sirsasana and Sarvangasana or their variations for at least 5 minutes.

- **Private Yoga sessions available on request.**

Vinyasa Flow with Dinagar

- **Monday, Wednesday, Friday 5:30pm – 6:45pm**

In Vinyasa Flow Yoga, we connect asanas in a flowing sequence with the breath as our anchor. Dinagar studied with Balaganesh in Auroville and completed his teacher training in November 2023. He is excited to share the benefits of this dynamic practice in Auroville and looks forward to learning and growing with you. Pitanga is very happy to welcome an Auroville youth as a teacher in our team of dedicated facilitators.

KoTree Yoga with Grace Gitadelila

- **Tuesdays & Thursdays 5:30pm – 7pm, Saturdays 4pm – 5:30pm**

KoTree Yoga is a feminine form in which asana sequences, movements and held poses, with attention to the breath, lead to create fluidity of fascia, muscle tonus, supple spine, and inner deep peace.

This is a drop-in class for all levels of adult practitioners.

WORKSHOPS

Massage and Bodywork, A workshop for beginners – Module 1 with Shari

- **23 August–27 September 2024**
- **Six Fridays, from 10 am–1 pm**

Are you interested in becoming a massage/bodywork practitioner?

Do you have good intuition that guides you in massage, but want to know more about what your intuition means?

Shari is offering an in-depth six-week beginner's course in massage and bodywork that will include anatomy and physiology, healing touch, techniques for treatments and the basics of a safe, effective, relaxing bodywork session.



"I teach a system of bodywork which I call 'Syntropy Insight Bodywork,' which is based on Feldenkrais's work, Functional Integration. The client remains fully clothed, and the technique is very gentle relaxing movement sequences to treat the entire body."

No prior experience is necessary. A commitment of the full six-week course and a contribution is requested.

Please contact Shari for further details: 73059 41614.

Pitanga supports a cashless economy in Auroville. If you are hosting guests who would like to participate in our activities, please inform them that contributions must be made cashless.

If you wish to receive our program of activities by email, please write to us.

See you at Pitanga, with a smile !

Pitanga Cultural Centre
2622403 / WA 9443902403
info@pitanga.in



THE EMBODIED VOICE - WORKSHOP/RETREAT

14TH & 15TH SEPTEMBER

A two half-day workshop/retreat offering deep rest and listening, intuitive expression, self-massage and bodywork to soften physical constrictions, emotional processes, and partner/group explorations to play, feel connected, and sing or give voice in a way that feels both wild and safe.



Open to everyone. Relax into a place of allowing and enowness, and witness what unfolds in honest process.

For more information, registration, and individual voice sessions, email: shalini.voicework@gmail.com

CHILDBIRTH PREPARATION CLASSES

WEDNESDAYS, CREATIVITY

Childbirth preparation classes, including fathers, are offered throughout the year, at **Hall of Light, Creativity** community on Wednesdays. We received much appreciation for our childbirth classes, which help pregnant mothers, and their families understand pregnancy from a more holistic perspective. Each week, we have different themes and concepts. You're welcome to join us for a consultation and then enroll in classes.



5 pm to 6 pm - Movement classes like Yoga, dance, breath work, etc

6 pm to 7 pm – Theory on various aspects of pregnancy

Like to join the classes? Join our whatsapp group here <https://chat.whatsapp.com/HbXJdKUUdGw9CsmhIkKvEL> or send message to Bala +91 9892699804 to add you in the group

All classes are drop in – out, if you are few minutes late or need to leave early we understand.

Morning Star is an unit under Health and Healing trust, run by midwives and doulas to support pregnancy, integrative child birth and women's wellness care in Auroville.

Our goal is to bring respectful maternity care to all.

If you like to know more about our work email us - morningstar@auroville.org.in and general administrative queries to Bala (WA only) + 91 9892699804.

QUIET HEALING CENTER



Quiet Healing Center, Auroville 605 104, Tamil Nadu, India
www.quiethealingcenter.info / quiet@auroville.org.in
Mobile & WhatsApp: +91 9488084966

SEPTEMBER PROGRAM

Baby Watsu® Class with Appie & Friederike Monday 9th & 23rd September (9:30 - 11:00am)



A special opportunity to connect with your baby! You'll be guided how to hold, feel and move your baby, using the qualities of warm water, so that you and your baby can feel safe, at ease, and enjoy this quality time together.

You'll learn and practice the basics in the group, while you stay focused on your baby's needs in the moment. In the end, there is free playtime.

Please bring towels and a closing swimming pant for your baby. For babies between **2 and 12 months** with their parents.

WOGA® (Yoga in Water) Class with Friederike & Tamara

Friday 13th & Monday 30th September (4:30 - 6.00pm)

WOGA is based on classic yoga poses and stretches, modified for standing in pool water, which is waist-to-chest high. Classes are structured like their yoga equivalent on land: breathing, warm-up exercises, a series of poses, and a relaxation period.



The substantial decrease of gravity in warm water allows greater ease of movement, unblocks articulations, lengthens & melts muscles, and removes negative tensions, thereby preventing stress, insomnia and anxiety.

Prerequisites: no previous experience required (also no need to know how to swim!).

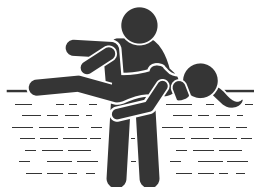
Watsu® Yoga Round with Ellie & Roberto or Fred Saturday 14th & Sunday 29th September (3:00 - 6.30pm)

Watsu Yoga Round is a powerful tool for deep relaxation and inner peace. It focuses on listening to the body and offers a way to come back to your heart, to an inner silence that is fully alive and vibrant. It is an invitation to feel, awaken and celebrate the energy of your being.



While immersed in warm water during the Watsu Yoga Round, your body does not suffer from the effects of gravity; the flow of movements and stretching, alternated with moments of stillness, invite a progressive feeling of well-being: body and mind become free to dance!

Prerequisites: no previous experience required (also no need to know how to swim!).



**Watsu® & OBA Basic with Fred
Tuesday 17th - Sunday 22nd September (1:00 - 6:30pm : 31 hours)**

Watsu and OBA (Oceanic Bodywork Aqua) are bodywork and therapy modalities given in a warm water pool. In this course, you'll learn Watsu's basic sequence and techniques to work with someone on the surface. During the OBA Basic, you'll get acquainted with bringing your receiver under water (with a nose clip), thereby offering a unique experience.



In this beginner's course, you'll practise basic techniques and qualities such as grounding, presence, stillness, movement, and attention while moving another person in water. You'll experience floating others and being floated, both on the surface and under water, thereby creating space for deep relaxation and nurturing body, mind and spirit.

This course offers an opportunity for profound relaxation and letting go, for building trust, for being nurtured and held, for expanding inner and outer boundaries, for releasing emotions and traumas – ultimately, for freeing body and mind.

Prerequisites: no previous experience required (also no need to know how to swim!).

**Watsu® 1 TF (Transition Flow) Basic with Dariya
24th - 28th September (8:45am - 6:00pm: 34 hours)**

In this follow-up course, you will be taught to connect the movements and positions you've learned in Watsu Basic with long, gracefully flowing transitions and to adapt your work to people of different sizes, shapes, and dispositions. You will also learn about your own body mechanics and how to support and move each person as effortlessly as possible.



On land, you will be introduced to both Co-Centering and Tantsu, and explore what being held means to you and others. By attending this course, you'll have completed the first level of Watsu's 3-tier training program.

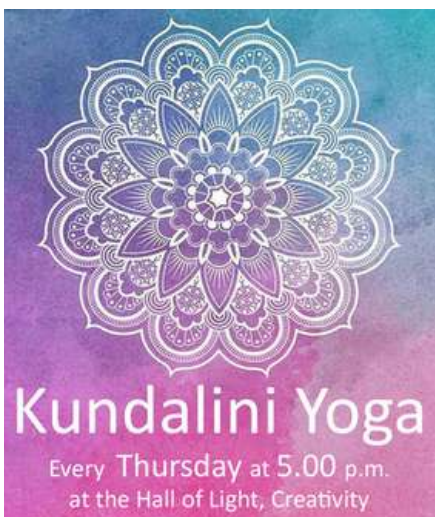
Prerequisites: Watsu Basic



KUNDALINI YOGA

THURSDAYS, HALL OF LIGHT, CREATIVITY

Kundalini Yoga is a dynamic and powerful practice designed to enhance your physical, mental, and emotional health. It purifies your electromagnetic field as well as your nadis. By the end of the session, you will feel more spacious, calm, and joyful. To achieve these benefits, Kundalini Yoga combines Asanas, Pranayamas, Mudras, and Mantras.



Thursdays, from 5 - 6.30 p.m. in the Hall of Light, Creativity.

All levels, come 5 minutes before, bring your own mat.
On Contribution.

Contact: Bel WhatsApp 75988 92065.
Certified Kundalini Yoga teacher.

DEEP SOUND BATH IN CREATIVITY

TIBETAN BOWLS

Hall of Light
CREATIVITY community

Every Friday
from 5 to 6:30 PM

Starting from 17th November



There will be a LIGHT massage by the Tibetan Bowls.

Lie down, relax, simply allow yourself to experience the ancient sound from the Tibetans bowls.

The practise produce a soothing sound believed to have a powerful effect in the body's energy system, helping to balance the chakras and promote healing.

"If we accept that sound is vibration and we know that vibration touches every part of our physical being, then we understand that sound is heard not only through our ears but through every cell in our bodies. One reason sound heals on a physical level is because it so deeply touches and transforms us on the emotional and spiritual planes."

Drop in the Hall, no reservation needed.
Please arrive 10 minutes before.

Guest 600 rs / Volunteer 300 rs
Aurovilians and Newcomers, conscious contribution

Sathyayuga
WA +917639761930

ACTIVITIES & EVENTS

GUIDED TOURS IN AUROVILLE BOTANICAL GARDENS

From the 20th of July
to the 20th of October
2024



Auroville Botanical Gardens

Wednesdays and Fridays - 9.30 am (about 1^{1/2} hour walk)

Be on time - Bring your water bottle and a hat - Meeting point at BG Kitchen

Please send us an email to: avbgtours@gmail.com to book your walk

avbgtours@gmail.com



TANGO AUROVILLE



AUROVILLE
TANGO
New batch starts
the first week of each month



Call:
+91 98211 66082

Write to:
tango@auroville.org.in

MON	WED
19:00 Introduction to Tango	19:30 Guided Practica
20:00 Opensource	20:00 Practilonga



SVARAM SOUND JOURNEY



SVARAM
SOUND EXPERIENCE

SOUND JOURNEY

We are back for our 2024-2025 Season!

Every Wednesday

5:30 - 6:30 pm

Unity Pavilion, Auroville

In the meantime, we continue to offer our personalised Sound Experiences. Please scan the QR Code below for details



MONEY&ME WORKSHOP

SATURDAY 7TH SEPTEMBER

Money & Me



Learn more about your relationship with money through games and sharing circles

Saturday 7th of September 2024

10am to 4pm

Youth Space, Center field



Register



facilitated by Annaeus

Want to learn more about money and your relationship with money in a fun way, through games and sharing? Attend our Money&Me workshop on **Saturday 7th of September 2024, 10am to 4pm, at the Youth Space, Center Field.**

We have restricted places, so please register only if you are sure that you can attend. Link here : <https://forms.gle/anhXBPbX6oJ3id1j7> or scan the QR code !

If you need more info, please email Annaeus@youthlink.org.in

FRIDAY EVENT AT MARC'S CAFE ROOFTOP



Dear Community,

We warmly invite you to join us for a cozy Friday afternoon session at Marc's Cafe Rooftop. Enjoy specialty coffee brewed to perfection, sip on exquisite teas, and immerse yourself in good tunes through a crystal-clear sound system.

5:00 PM to 8:00 PM

Looking forward to seeing you there!



YOUTH CENTER PIZZA NIGHT - SATURDAY

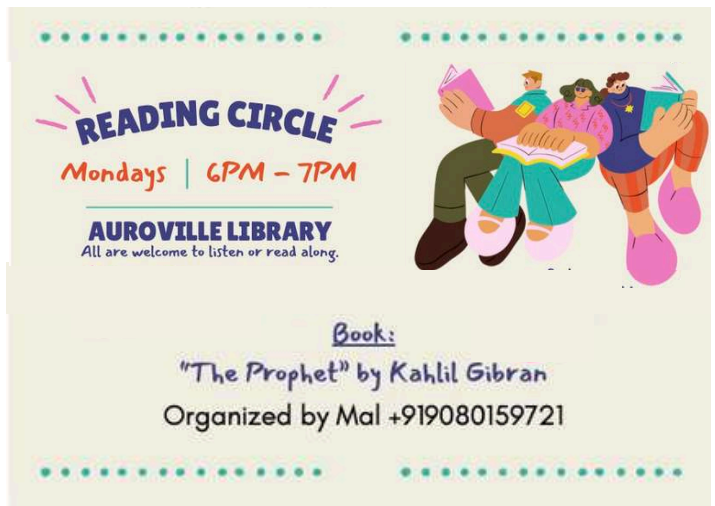


Pizza
night
at the
youth center

Every Saturday
7:00 - 9:00 PM

come enjoy some pizzas and music with fresh vibration

BOOK READING CIRCLE - EVERY MONDAY

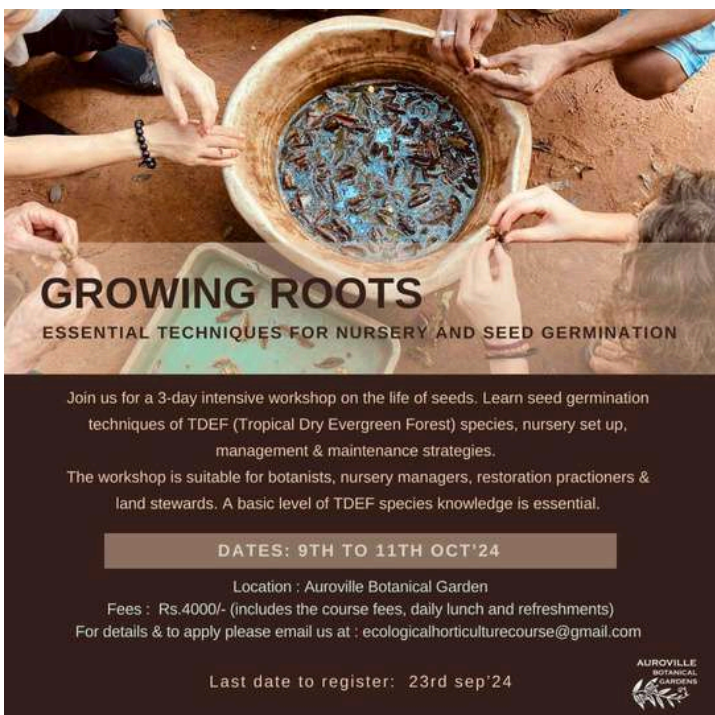


READING CIRCLE
Mondays | 6PM - 7PM

AUROVILLE LIBRARY
All are welcome to listen or read along.

Book:
"The Prophet" by Kahlil Gibran
Organized by Mal +919080159721

BOTANICAL GARDENS - GROWING ROOTS WORKSHOP 9TH - 11TH OCTOBER



GROWING ROOTS
ESSENTIAL TECHNIQUES FOR NURSERY AND SEED GERMINATION

Join us for a 3-day intensive workshop on the life of seeds. Learn seed germination techniques of TDEF (Tropical Dry Evergreen Forest) species, nursery set up, management & maintenance strategies.

The workshop is suitable for botanists, nursery managers, restoration practitioners & land stewards. A basic level of TDEF species knowledge is essential.

DATES: 9TH TO 11TH OCT'24

Location : Auroville Botanical Garden
Fees : Rs.4000/- (includes the course fees, daily lunch and refreshments)
For details & to apply please email us at : ecologicalhorticulturecourse@gmail.com

Last date to register: 23rd sep'24

ecologicalhorticulturecourse@gmail.com



IT MATTERS - WEEKLY ACTIVITIES - A/C ROOM

9 SEPTEMBER TO 14 SEPTEMBER

Location: It Matters, Auroville Main road.

More info on itmatters.auroville.org/activities or instagram @auroville.curated.

All activities are Rs./600 for guests and Rs./150 for Aurovilians/Newcomers/Savi Registered Volunteers.

Discount vouchers available.

It Matters

- 4 September, Wednesday, 7:30 — 8:30am : **Shatkarma Yoga & Asanas** with Akira -(Pre Registration only ; 24h in advance)
- 5 September, Thursday, 10:30 — 11:30am : **Mehandi Designs Workshop** with Varsha pawar
- 5 September, Thursday, 5:30 — 6:30pm : **Mandala drawing** with Thamizh
- 6 September, Friday, 7:30 — 8:30am : **Shatkarma Yoga & Asanas** with Akira -(Pre Registration only ; 24h in advance)
- 6 September, Friday, 5:30 — 6:30pm : **Kollywood dance** with Pranathi
- 7 September, Saturday, 3:00 — 4:00pm : **Art Mystery Activity** with Sandra
- 7 September, Saturday, 4:30 — 5:30pm : **The Savitri Research Project** with Matthias
- 9 September, Monday, 7:30 — 8:30am : **Shatkarma Yoga & Asanas** with Akira - (Pre Registration only ; 24h in advance)
- 9 September, Monday, 5:30 — 6:30pm : **Taichi, The way of the Leaf** with Kaarthikeyan Kirubhakaran
- 11 September, Wednesday, 7:30 — 8:30am : **Shatkarma Yoga & Asanas** with Akira -(Pre Registration only ; 24h in advance)
- 12 September, Thursday, 10:30 — 11:30am : **Mehandi Designs Workshop** with Varsha pawar
- 12 September, Thursday, 5:30 — 6:30pm : **Mandala drawing** with Thamizh
- 13 September, Friday, 7:30 — 8:30am : **Shatkarma Yoga & Asanas** with Akira -(Pre Registration only ; 24h in advance)
- 13 September, Friday, 5:30 — 6:30pm : **Kollywood dance** with Pranathi
- 14 September, Saturday, 4:30 — 5:30pm : **The Savitri Research Project** with Matthias

THE PAVILLION DE FRANCE AND UNICORN COLLECTIF PRESENT

- "Stories for Children" in French and English and open to more languages, at the **French Pavilion on Wednesday 11 September from 5 to 5:45pm**. For children.
- "Au Fil des Fables" an introduction about the History of stories told by Mireille in French. At the **French Pavilion on Saturday 14 September at 5pm**. For adults.

Pavillon de France and Unicorn collectif

Open for all

Stories for children

Wednesday 11 sept
5pm - 5.45pm

English & French
Open to more languages

Unicorn collectif et Pavillon de France présente

CONTES et autres HISTOIRES
1. Au fil des fables

Les récits et les fables voyagent depuis la nuit des temps. Explorons ces temps anciens et suivons le chemin qu'ont emprunté les fabulistes.

Raconté par Mireille

Au pavillon de France.
Samedi 14 Septembre à 17h.

NATURE THERAPY WEEK AT REVELATION FOREST

On the occasion of **World Forest Therapy Day** celebrated on **07 Sept 2024**, Revelation Forest (Mahakali Park) will be hosting a series of Nature based Wellness and Mindfulness Activities.

Saturday - 07 September 2024 - Wellness in Tune with Nature

Spend half a day in Revelation Forest in Auroville, experience true wellbeing at all levels with us!

Facilitators:

Aashish Amalraj - Forest Bathing Guide | Heal Your Life® Coach | Daily SHOTT Facilitator
+91 8939712507

Dr Saravanan - Holistic Health & Wellness Expert
+91 9486909586

Prashanth - Holistic Fitness Practitioner | Calisthenics Specialist
+91 8870643313

WELLNESS IN TUNE WITH NATURE

AT REVELATION FOREST,
MAHAKALI PARK, AUROVILLE

SATURDAY, 7TH SEPTEMBER, 2024

Bringing mind-body-essence into sync in the Forest!

Join us for the afternoon or any session of your choice!



12:30pm Wellness Lunch at Terrassen Cafe



2:30pm Natural Health & Nutrition at Revelation Forest



3:45pm Natural Movement



4:45pm Tea & Refreshments



5:00pm Shinrin-yoku, reconnect with nature



Register in link: (choose an option) Lunch + 3 Sessions Or Any one/two session(s)

Holistic Wellness Trio

Aashish Amalraj Heal Your Life® Coach Forest Bathing Guide +91 89397 12507	Dr Saravanan Holistic Health & Wellness Expert +91 94869 09586	Prashanth Certified Fitness Coach +91 88706 43313
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Register in link: <https://bit.ly/Wellnessintunewithnature>

Sunday - 08 Sept 2024 - Introduction to Shamic Journey with Auromira - 8 am to 11 am

Learn the ancient technique of shamanic journeying to connect with the unseen realms of Nature using a therapeutic live drum beat. Benefits include feeling deeply relaxed, connected and having a sense of wellbeing. No prior experience is needed.

RSVP is a must - Places are limited.
Contact - Auromira - +919489863188



PERMACULTURE 360° FARM TOUR AT TERRA SOUL



terraSOUL

@ AUROVILLE

Permaculture 360°

Experience Permaculture Life at Terra Soul

Ever wondered what sustainable living looks like?

Join us

Saturday from 11:00 AM to 1:00 PM
for an immersive tour of our
permaculture farm in Auroville!

- ✓ Guided tour of our lush permaculture farm
- ✓ A chance to connect with Nature and like-minded communities
- ✓ Delicious farm-to-table lunch made from our fresh harvest

CALL & BOOK A TOUR NOW

JUAN - 9443434182

terrasoul_community

👤 Limited spots available!

Register now to secure your place before coming and step into a world of sustainability.

FOODS, GOODS & SERVICES

SARVAM COMPUTERS OFFERS RELIABLE SERVICE

Dear Community,

we are happy to inform you that Sarvam Computers has moved to the newer location in Utsav Complex. And we would always like to provide you with fast and reliable service.

Sarvam Computer offers all types of computer sales and service, data recovery, all types of Apple device sales and services, office network and server setup, monthly and annual maintenance etc.

Contact:

Bala

Sarvam Computers

Utsav Phase—1 A, First Floor, Vérité Radial, Auroville

- 0413 2622050, 9443211891, 9786953603
- sarvamcomputers@auroville.org.in



ARE YOUR TREES GETTING THE CARE THEY NEED!?

At **TreeCare** we have been working hard to expand our services and reduce our wait time. Call us today for a free visit & consultation.

Contact us through
+91 90420 59890 or
office@treecareindia.com.

We have always believed in providing the best quality services, as well as educating people about the field of ARBORICULTURE and its importance in today's landscape.

Warmly,
TreeCare Team





inside india

DREAMS & MEMORIES

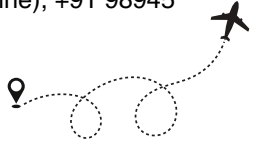
TRAVEL NEWS FROM INSIDE INDIA

Namaste, Bonjour, Hello, and Vanakkam from the heart of travel—Inside India!

We're here to turn your travel dreams into reality, making every journey as seamless as a gentle breeze. Whether you're uncovering the secrets of India or chasing adventures across the globe, we've got your back. From flight, train, and bus tickets to travel insurance, visas, and taxis—we handle it all with a touch of magic. Need a passport renewal? Consider it done!

Office Hours & Contact Information:

- **Location:** Kalpana office
- **Hours:** 10 AM - 5 PM (Mon-Fri)
- **Contact:** Mr. Ganesh: 2623030 (Landline), +91 98945 98686 (Mobile/WhatsApp)
- **Email:** travelshop@inside-india.com



Exclusive Offers:

- **Emirates** - from Chennai to Lyon, Paris.
- **Oman airways** - From Chennai to London, Cairo.
- **Etiihad airways** - from Chennai to Paris, Frankfurt, London, Lisbon, Barcelona, Brussels, Munich, Amsterdam, Madrid, Milan, Rome, Dublin.
- **Thai airways** - from Chennai to Seoul.
- **Air India** - from Chennai to Paris, London, Milan, Nairobi.
- **Qatar airways** - from Chennai to Frankfurt, London, Brussels, Munich, Lyon, Milan.
- **Aerofloat** - from Delhi - Moscow - Delhi.

Important Travel Tips:

- **Sri Lanka:** The Supreme Court has paused the new e-Visa system as of August 2, 2024. If you applied after this date, your refund is on its way.
- **Cambodia:** Starting July 1, 2024, all travelers must submit an e-Arrival card online at least seven days before arriving. This digital card streamlines your entry by combining immigration, health, and customs forms into one smooth process.
- **India-Thailand:** Thai citizens rejoice! The Indian government has waived the e-Tourist visa fee from July 1 to December 31, 2024. Enjoy up to 30 days of exploration in India with double entry—just don't forget to apply for your visa beforehand.

Schengen Visa Notice for West & South India:

Planning a family trip to Europe? If you're applying for a Schengen visa in West or South India, just one parent needs to book an appointment slot, and the whole family can join in. Don't forget to bring your passports, birth certificates, or marriage certificates to verify your family ties.



Travel Advisory:

- Some travelers have faced challenges with e-FRRO Stay Visas during check-in, resulting in denied boarding. We recommend carrying your original visa or a photocopy to avoid any issues.
- Stay on top of flight delays, cancellations, and the latest COVID-19 guidelines with the newest advisories.

Also if you want to follow us for more regular infos:

Instagram: https://www.instagram.com/insideindia_av/

Facebook: <https://www.facebook.com/avinsideindia>

A heartfelt thank you to everyone who continues to trust us with your travel plans.

Here's to an amazing week of adventures!

Inside India Travel Team





AUROVILLE LIBRARY - CLOSED SATURDAY 7TH SEPTEMBER

Auroville Library will be closed on Saturday 7th September for **Ganesh Puja**.

SATSANGA RESTAURANT

Combo Menu - Home delivery

European and Indian dishes:

vegetarian, chicken, fish, prawn, meat, pasta, paneer cottage cheese and much more!

Call:

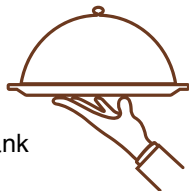
WA: 8825801990 or 9080386900

Landline: 0413-2918553

Address: Auroville main road, next to HDFC Bank

Email: aurosatsanga@gmail.com

Satsanga



ECO FEMME OPEN HOUSE

eco femme

Come learn about:

- Sustainable products like cloth pads, menstrual cups, period panties and cloth nappies
- Menstrual cycle awareness
- Ethical business in a women-led social enterprise
- Our not-for-profit menstrual health education

EVERYONE IS WELCOME.

Every Thursday, 10:30am - 12:00pm

P.S. You can pick up all our eco-friendly products at a discount!



Eco Femme Office
Auroshilpam, Auroville

ecofemme.org | WA: +91 94871 79556



HALF-PRICE MAROMA PRODUCTS FOR ALL AUROVILIANS IN THE OUTLET STORE



Maroma is happy to announce that it is offering all products at half-price to all Aurovilians in its **Aspiration Outlet**. Come by and see our great range of all-natural cosmetics, soaps, shampoo and more! Great for gifts to loved ones, including yourself. The Outlet is located in the Maroma Campus in Aspiration and is open **9am - 5pm, Mon-Sat**. See you there!

Much love,

The Maroma Team

AURODENT - DENTAL CLINIC

Auromode, Auroville

For Appointment please contact us

Email: aurodent@auroville.org.in

Phone: 0413-2622063 WhatsApp: 9629199328

Working hours:

- Monday - Friday (9am - 1pm & 2pm - 6pm)
- Saturday (9am - 1pm)



SPECIAL BREAKFAST AT MARC'S

Greetings from Marc's Café!

Join us every **Tuesday from 8:00 to 11:00 AM** for a special breakfast at Marc's.

Celebrate the Auroville spirit and connect with the community **over a cup of coffee and freshly baked croissants.**

Exclusive Offer: Enjoy a 50% discount on the mentioned items for all Aurovillians, newcomers, and SAVI volunteers.

See you soon!
Marc's Team



FOOD FOREST TOUR

www.myfoodforest.in

FOOD FOREST TOUR
WITH VEGAN ICE CREAMS, GREEN SMOOTHIES and more...

EVERY SATURDAY & SUNDAY from 9:30 to 11:30

Come to an experience in my permaculture garden, learn about organic farming and get inspired to start growing your own food.

We are going to explore the wide diversity of edible plants that grow around us and harvest fruits, greens, herbs and flowers. After the tour we are going to create delicious nourishing **RAW VEGAN ICE CREAM BOWLS** with lots of toppings from the garden.

at La Ferme Community (5min from AV Bakery)
Sign up and more info www.myfoodforest.in
whatsapp Sarah 9047421044

For groups of min 4 people any other weekday is possible.

REPAIR OF AIR CONDITIONERS, FRIDGES, WASHING MACHINES AND APPLIANCES

Loganathan working at Mahasaraswati Shop (near PTPS, Aspiration area) is a long term Aurovilian that has gained a lot of knowhow through looking after and repairing all kinds of machines. He happily repairs your machines and appliances.

You may contact him via phone / SMS or whatsapp
+91 94434 93025



AIRCON CLEAN OFFERS COMPREHENSIVE AIR CONDITIONER CLEANING SERVICE KNOWN AS "JET SERVICE"

The Jet Service includes not only the filter cleaning but also indoor cooling coils, blades, and blower wheels, indoor cooler drain tray cleaning and outdoor unit with AC jet pump. After a cleaning service your air is fresh and healthy, reducing sickness and helping you live a healthier life.



Save up to 30% power usage with a regular cleaning service.

Contact Julien **AIRCON CLEAN** now at 9786809518 or email us at airconclean.av@gmail.com

FOODLINK MARKET OPEN EVERY DAY

We welcome you every morning from **9.30 am to 12.30 pm**. We are open to volunteers, guests & visitors and we accept payments by FS account, Aurocard and UPI.

For more info, call /whatsapp us: +91 83002 68804 or pass by. Foodlink Team



Fruits, vegetables,
milk & eggs
from Auroville farms

Monday - Saturday
9:30 AM - 12:30 PM

FoodLink
Solar Kitchen Complex
Crown Road, Auroville

Call/WhatsApp:
+91 83002 68804



No cash payments. All payments are to be made via AVFS account, AuroCard or UPI.

DROPZY

Dropzy

Food, Groceries,
Fruits & Veggies,
Body Care,
Wellness, etc.

Stay home, order
and access. We'll
drop it to you.



Dropzy is a multipurpose mobile app platform for ordering and accessing information from a wide range of in and around Auroville eateries, grocers, bakers, farms, therapists, professionals etc. **Dropzy** delivery personnel will pick up the orders from the outlets/stores; deliver them to the customers at their doorsteps and convenience.

Kindly do download the mobile app to register yourself to place orders supporting the outlets in and around Auroville and to find out relevant information to your needs.

Download link as shown below:

Android

<https://rb.gy/32zcix>

iPhone

<https://rb.gy/visp4c>

Desktop

<https://rb.gy/bpnud5>



Stay tuned in to our announcements and the app regularly, for more updates.

Best regards, Sathish Arumugam / For Dropzy

Mobile: +91 8098144686 / www.dropzy.in

SOLITUDE FARM - FRESH LOCAL FOOD

Dear friends,

So much beautiful fresh produce in this season.

Subscribe for a basket that can be picked up from Solitude Farm once a week (or more).

Salad greens, spinaches, veggies, fruits and more.

9843319260

solitudepermaculture@gmail.com



Solitude Farm

ANITYA COMMUNITY LUNCH

Our community lunches are still happening during the summer!

Contact Serena on WA to book one day in advance: **+91 84897 60966**

Contribution required (discount for AV/ NC and Volunteers)

See you at **12:30 on Thursdays and Saturdays** in our community kitchen!



JOIN OUR COMMUNITY LUNCH

Come and taste a delicious local non-spicy vegan meal made from our garden and Auroville farms' products, while sharing a good time with Anitya's community members



Limited seats available

Every Thursday & Saturday- Contribution required



Our project aims at creating settlements in Auroville to experiment a spiritual way of life based on 5 main principles:

Impermanence, Community Spirit, Sustainability, Self-sufficiency and DIY

MUST book min. 1 day in advance: +918489760966

Anitya is a community project registered under LEAD, Auroville
Location: Center Field, after center GH, follow the ANITYA signs
To know more about Anitya: joyofimpermanence.in



WE CAN HELP TO FIX ALL YOUR BROKEN ITEMS

New Waves, a unit registered under Kattidakali Trust located in Aurelec Premises, Prayogashala, Auroville is offering the services of **PCB Assembly, SMD soldering, de-soldering and minor repair of appliances.**

The unit can also undertake sub-contract of your production work on job work basis.

If you have any requirements, please contact Dhandapani, Executive at 0413-2622295, Mobile 9443090082 / 8098193820 or via e-mail to newwaves@auroville.org.in



HAIRCUTS



Hairdresser. For your and / or your child's next haircut: inspired, striving-for-the-perfect, 12 yrs young artist Ahana looks after your and / or your child's hair and well being.

For an appointment kindly contact 9751513906 (all messenger providers, no calls) or essence.touch@yahoo.de

LOOKING FOR

AN ACOUSTIC PIANO

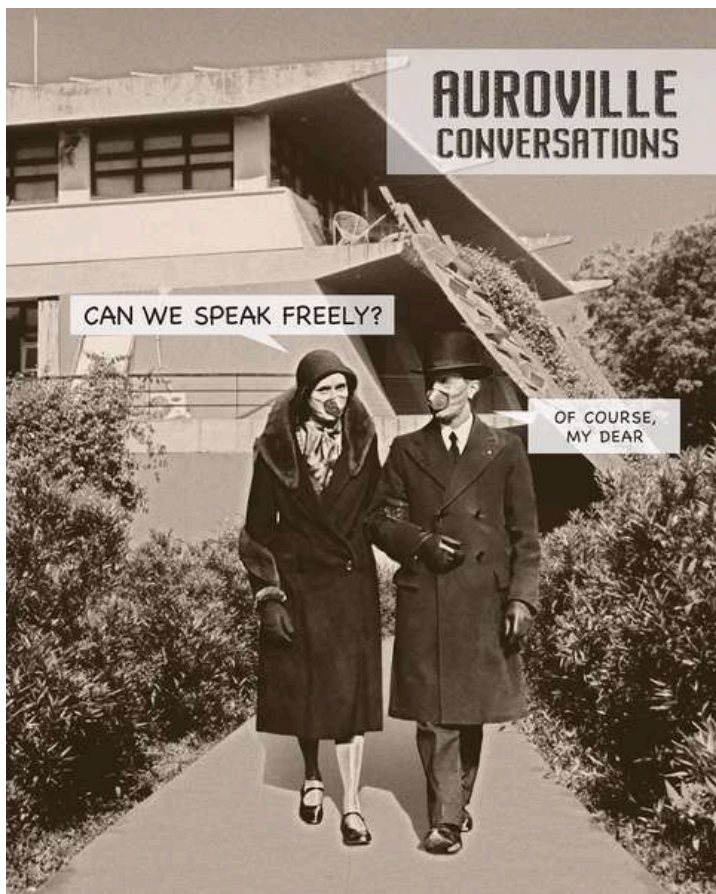


Looking to buy an acoustic piano second hand in good condition. Any offer via whatsapp 9488239348 or pauli@auroville.org.in

Thank you
Paula



AUROVILLE CONVERSATIONS



Submitted by an Aurovillian

FOOD FOR THOUGHT

The greater part of the population is not very intelligent, dreads responsibility, and desires nothing better than to be told what to do. Provided the rulers do not interfere with its material comforts and its cherished beliefs, it is perfectly happy to let itself be ruled.

~Aldous Huxley

FRENCH NEWS & NOTES

NOUVELLES D'AUROVILLE



Auro - Traductions

Click [here](#) to read the **French News&Notes**
or
Scan the QR code:



AUROFILM

presents at **MULTI MEDIA CENTRE AUDITORIUM (MMC, Town Hall)**

Reminder: **Friday 6th, 8:00 pm "URGA" - Close to Eden** (Russian: Ыпра) by **Nikita Mikhalkov**. USSR, 1991

Synopsis: The Mongolian shepherd Gombo lives with his wife Pagma, their three children and his mother in a yurt in the steppe, far from the nearest settlement. On the way, a Russian driver Sergei has an accident and his truck breaks down. He meets Gombo and is warmly welcomed by his family.

Beijing rules that no minority couple may have more than three children. Pagma wants Gombo to go to the town and buy contraceptives. Gombo and Sergei travel to the town together and a whole new world opens up for Gombo. Sergei leads him to the red-light district and the evening ends at the police station... Those insignificant events cause big changes in Gombo's family life!

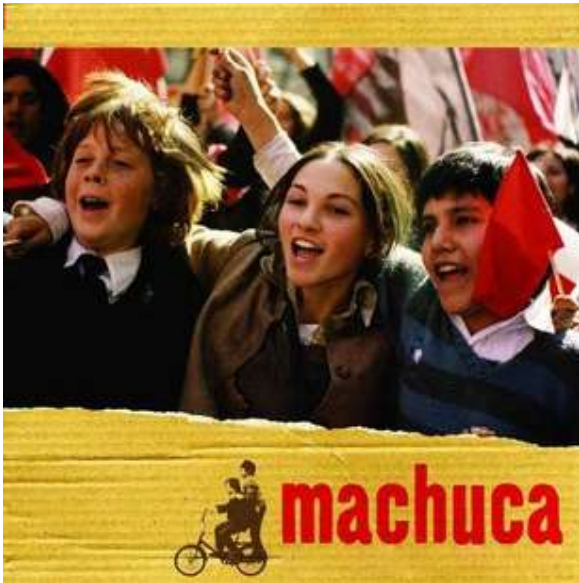
Mikhalkov's beautifully shot and touching tale of the impact of modernization on rural Mongolia was nominated for the Best Foreign Language Oscar and won the top Golden Lion award at the 1991 Venice Film Festival!

Original version in Mongolian and Russian with English subtitles. Duration: 2h

FRIDAY 13th SEPTEMBER, 8:00 pm
MACHUCA"

Directed by Andres Wood, Chile, Spain, 2004

With: Matías Quer, Ariel Mateluna, Manuela Martelli, Aline Küppenheim, Federico Luppi



Synopsis: Set in Santiago during the months leading up to the 1973 coup d'état led by General Augusto Pinochet – who overthrew Salvador Allende's socialist government – the film tells the story of two boys who attend an elite Catholic school: Gonzalo Infante with a European background – and Pedro Machuca – who is poor and comes from an indigenous background. The story is told from the viewpoint of Gonzalo the 12-year-old upper-class boy, and it is set in a turbulent time in Chile. The working class was demanding social justice and significant changes to the countries...

(This interesting Latin American film, where the main characters are children, focuses on everyday life rather than on a real view of the life of the middle and upper classes in Chile and the political situation. The powerful events are accompanied by an incredibly beautiful soundtrack that drives the drama of the story).

The film won several awards and was Chile's Oscar entry for Best Foreign Language Film.

Original version in Spanish with English subtitles. Duration: 2h01

Auroville TO PONDICHERRY

	Trip 1	Trip 2	Trip 3
Svaram Musical Center	7:00	8:50	14:50
Vérité Guest House - Junction	7:02	8:52	14:52
Town Hall - Main Parking	7:06	8:56	14:56
Solar Kitchen (Ex Round About)	7:10	9:00	15:00
Certitude Entrance	7:12	9:02	15:02
New Creation Road	7:17	9:07	15:07
SBI Bank—Kuilapalayam	7:19	9:09	15:09
ECR Junction—Aroma Guest House	7:23	9:14	15:14
Quiet Healing Center—Junction	7:26	9:17	15:17
Lotus Hotel—S.V Patel Salai	7:36	9:30	15:30
Ashram Road Junction	7:38	9:33	15:33
Ashram Dining Hall	7:40	9:35	15:35

Pondicherry TO AUROVILLE

	Trip 1	Trip 2	Trip 3
Ashram Dining Hall	8:00	12:15	18:10
Ashram Road Junction	8:02	12:17	18:12
Lotus Hotel—S.V Patel Salai	8:07	12:22	18:17
Quiet Healing Center—Junction	8:17	12:32	18:27
ECR Junction—Aroma Guest House	8:20	12:35	18:30
SBI Bank—Kuilapalayam	8:25	12:40	18:35
New Creation Road	8:27	12:42	18:37
Certitude	8:32	12:47	18:42
Solar Kitchen (Ex Round About)	8:34	12:50	18:44
Town Hall - Main Parking	8:38	12:54	18:48
Vérité Guest House - Junction	8:42	12:58	18:52
Svaram Musical Center	8:45	13:00	18:55

- Monthly Rs. 800: Aurovilians & Newcomers, No validity
- Student Pass Rs. 1200 per month/ 24 days round trip
- Rs. 150 Round trip for Aurovilians & Newcomers
- Rs. 200 Round trip for guests

Bus passes are available at
Auroville Vehicle Service,
Town Hall, Auroville, 0413 2623302


EMERGENCY NUMBERS

Ambulance (24/7):

Auroville 9442224680	PIMS 0413 2656271	
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Security (24/7):

Auroville Police Station 0413 2677318	Kottakuppam Police Station 0413 2236148	Vanur Fire Station 0413 2677368
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Health:

Health Center 0413 3509942 & 3509943	Santé 0413 2622803	Farewell 8903836246
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Mental health 24/7 support:

Vandrevala Foundation +91 9999666555

India Emergency Response Service (24/7): 108

Cinema Paradiso

Multimedia Center (MMC) Auditorium



Film program : 9 September - 15 September 2024

Cinema Paradiso-Multimedia Center is operating at 100% seating capacity.

Seating starts about 15mins before screening and stops as the film starts. Kindly arrive in time.



A reminder not to use cell phone for any reason while the program is on, and no food/beverage to be taken inside the hall.

Watch out, now some days are mixed up from the usual!

Indian – Monday 9 September, 8:00 pm:

- **BRAMAYUGAM (The age of madness)**

India, 2024, Writer-Dir. Rahul Sadasivan w/Mammootty, Arjun Ashokan, Sidharth Bharathan, and others, B&W, Drama-Horror, 139mins, Malayalam w/ English subtitles, Rated: NR (R)

In ancient Kerala, where Tantra/Maya were prevalent, Thevan, a singer, narrowly escapes being caught by slave traders and finds himself lost. While fleeing, he stumbles upon an eerie household in the middle of a forest with a seemingly benevolent master and his servant. The master welcomes him, but it soon becomes clear that he is Chaatan, a malevolent spirit from folklore acting as master to capture and enslave whoever enters the house. The story delves into whether Thevan and the servant can break free from the spirit's control.

Potpourri – Tuesday 10 September, 8:00 pm:

- **TOPIO STIN OMIHLI (Landscape in the Mist)**

Greece-France-Italy, 1988, Writer-Dir. Theodoros Angelopoulos w/Michalis Zeke, Tania Palaiologou, Stratos Tzortzoglou, and others, Drama, 127mins, Greek w/ English subtitles, Rated: R

Voula, an eleven-year-old girl, and her five-year-old brother Alexandros run away from home to find their unknown father in Germany. Their journey is filled with dangers, from busy train stations to cold, rainy landscapes in Greece. Along the way, they meet Orestis, who offers to help, but they are unsure if they can trust him. As they face many challenges, they begin to lose hope. Will their quest to find their father be successful, or is it just a hopeless dream?

Selection – Wednesday 11 September, 8:00 pm:

- **JODAEIYE NADER AZ SIMIN (A Separation)**

Iran-France-Australia, 2011, Writer-Dir. Asghar Farhadi w/Payman Maadi, Leila Hatami, Sareh Bayat, and others, Drama, 123mins, Persian w/ English subtitles, Rated: PG-13

In this widely acclaimed film, Nader and Simin argue about living abroad. Simin prefers to live abroad to provide better opportunities for their only daughter, Termeh. However, Nader refuses to go because he thinks he must stay in Iran and take care of his father, who suffers from Alzheimers. However, Simin is determined to get a divorce and leave the country with her daughter. *A good watch!*

Interesting – Thursday 12 September, 8:00 pm:

- **INSIDE THE MIND OF A DOG**

USA, 2024, Dir. Andy Mitchell w/ Rob Lowe, Documentary, 75mins, English w/ English subtitles, Rated: PG

This film delves into the cognitive processes and emotional lives of dogs, exploring their history, domestication, and roles in human society. It highlights various university studies on canine cognition and behavior, particularly focusing on how dogs are trained to become service animals.

International – Saturday 14 September, 8:00 pm:

• **FLY ME TO THE MOON**

USA-UK, 2024, Dir. Greg Berlanti w/Scarlett Johansson, Channing Tatum, Woody Harrelson, and others, Comedy-Romance, 132mins, English w/ English subtitles, Rated: PG-13 Sparks fly between a marketing executive Kelly Jones and a NASA official Cole Davis as he prepares for the Apollo 11 moon landing. Kelly makes the launch director Davis's already difficult task more difficult when the White House deems the mission too important to fail, the countdown truly begins.

Children's Matinee – Sunday 15 September, 4:00 pm:

• **PUFFIN ROCK AND THE NEW FRIENDS**

UK-Ireland, 2023, Dir. Jeremy Purcell & Lorraine Lordan w/ Chri O'Dowd, Amy Huberman, Beth McCafferty, and others, Animation-Family, 80mins, English w/ English subtitles, Rated: G Follow the disappearance of the final Little Egg of the season in strange circumstances, leading Oona and her friends to embark on a race against time to try to save it before a big storm hits Puffin Rock and puts the island in danger.

NEW GERMAN CINEMA @ CINÉ-CLUB

Ciné-Club Sunday 15 September, 8:00 pm:

• **ALICE IN DEN STÄDTEN (Alice in the Cities)**

Germany, 1974, Dir. Wim Wenders, w/ Yella Rottländer, Rüdiger Volger, and others, Drama, 113 mins, German w/ English subtitles, Rated: R.

Journalist Philip Winter has a case of writer's block when trying to write an article about the United States. He decides to return to Germany, meets a German woman and her nine-year-old daughter Alice at the airport and become friends, the innocent friendship between Winter and Alice grows as they travel together through various European cities to find Alice's grandmother.

Rating codes we often use are from Motion Picture Association of America (MPAA): G=General Audiences, PG=Parental guidance suggested, PG-13=Parents strongly cautioned, R=Restricted (equivalent to Indian rating: A i.e., for Adults), NR=Film Not rated, Rating awaited.

To organize a seminar/program at MMC kindly email us at mmcauditorium@auroville.org.in. Our projector is crawling towards the end of its life, compelling us to look for a new one. You could financially support through a one-time or recurring donations to "Cinema Paradiso" (account #105106) or set up for a monthly contribution.

Thanking You,
MMC/CP Group Account# 105106,
mmcauditorium@auroville.org.in

