

Auroville

NEWS & NOTES

No 1042 - A weekly bulletin for residents of Auroville

29 August 2024

RA EDITION



The Crown Road, May 2024

PONDERING

No Politics

We are not here to do politics but to serve the Divine.

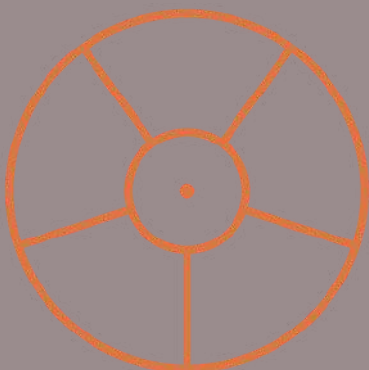
*

Sri Aurobindo thinks that it is not possible for us to intervene by a wire in a political matter of this kind. At most you might write to X your private opinion about the best course for him to take in these painful and difficult circumstances.

With love and blessings.

24 February 1939

<https://library.sriarobindoashram.org/mother/cwm13/chapter/18>





In the long ever-mounting hierarchy,
In the stark economy of cosmic life
Each creature to its appointed task and place
Is bound by his nature's form, his spirit's force.

If this were easily disturbed, it would break
The settled balance of created things;
The perpetual order of the universe
Would tremble, and a gap yawn in woven Fate.

If men were not and all were brilliant gods,
The mediating stair would then be lost
By which the spirit awake in Matter winds
Accepting the circuits of the middle Way,
By heavy toil and slow aeonic steps
Reaching the bright miraculous fringe of God,
Into the glory of the Oversoul.

My will, my call is there in men and things;
But the Inconscient lies at the world's grey back
And draws to its breast of Night and Death and Sleep.

Imprisoned in its dark and dumb abyss
A little consciousness it lets escape
But jealous of the growing light holds back
Close to the obscure edges of its cave
As if a fond ignorant mother kept her child
Tied to her apron strings of Nescience.

The Inconscient could not read without man's mind
The mystery of the world its sleep has made:
Man is its key to unlock a conscious door.

But still it holds him dangled in its grasp:
It draws its giant circle round his thoughts,
It shuts his heart to the supernal Light.

A high and dazzling limit shines above,
A black and blinding border rules below:
His mind is closed between two firmaments.

He seeks through words and images the Truth,
And, poring on surfaces and brute outsides
Or dipping cautious feet in shallow seas,
Even his Knowledge is an Ignorance.

He is barred out from his own inner depths;
He cannot look on the face of the Unknown.

How shall he see with the Omniscient's eyes,
How shall he will with the Omnipotent's force?

O too compassionate and eager Dawn,
Leave to the circling aeons' tardy pace
And to the working of the inconscient Will,
Leave to its imperfect light the earthly race:
All shall be done by the long act of Time.

Although the race is bound by its own kind,
The soul in man is greater than his fate:
Above the wash and surge of Time and Space,
Disengaging from the cosmic commonality
By which all life is kin in grief and joy,
Delivered from the universal Law
The sunlike single and transcendent spirit
Can blaze its way through the mind's barrier wall
And burn alone in the eternal sky,
Inhabitant of a wide and endless calm.

O flame, withdraw into thy luminous self.
Or else return to thy original might
On a seer-summit above thought and world;
Partner of my unhour'd eternity,
Be one with the infinity of my power:
For thou art the World-Mother and the Bride.
Out of the fruitless yearning of earth's life,
Out of her feeble unconvincing dream,
Recovering wings that cross infinity
Pass back into the Power from which thou cam'st.
To that thou canst uplift thy formless flight,
Thy heart can rise from its unsatisfied beats
And feel the immortal and spiritual joy
Of a soul that never lost felicity.

Lift up the fallen heart of love which flutters
Cast down desire's abyss into the gulfs.

For ever rescued out of Nature's shapes
Discover what the aimless cycles want,
There intertwined with all thy life has meant,
Here vainly sought in a terrestrial form.

Break into eternity thy mortal mould;
Melt, lightning, into thy invisible flame!
Clasp, Ocean, deep into thyself thy wave,
Happy for ever in the embosoming surge.

Grow one with the still passion of the depths.
Then shalt thou know the Lover and the Loved,
Leaving the limits dividing him and thee.

Receive him into boundless Savitri,
Lose thyself into infinite Satyavan.

O miracle, where thou beganst, there cease!"

(to be continued next week)

— **Sri Aurobindo, Savitri A Legend and a Symbol**
Book Eleven: The Book of Everlasting Day
Canto One: The Eternal Day: The Soul's Choice and
the Supreme Consummation

<https://incarnateword.in/cwsa/34/the-eternal-day-the-souls-choice-and-the-supreme-consummation>

With love and gratitude,
Gangalakshmi (HOMA)



NEWS & NOTES GUIDELINES

DEADLINE FOR SUBMISSIONS:
TUESDAY 5PM

The content of News & Notes is a reflection of the growth process of this community towards its ideals of Harmony, Goodwill, and Truth. Editing of submissions, mainly for reasons of space and clarity, is done according to an established policy.

How to submit material:

- Max size of posters should be 1 MB, JPEG format. Bigger posters will be reduced or cropped to fit.
- Please AVOID CAPS letters
- Material (no pdf files, please) may be sent in English only to newsandnotes@auroville.services
- Articles for the Notes section should ideally be no longer than 500 words.
- Please try your best to send your announcements, reports, film schedules whenever they are ready. Any modifications of submitted News items must be sent to the editors before **Tuesday 5pm**.

DISCLAIMER:

Please note that the opinions and views expressed on these pages are solely those of the respective authors or work groups and do not necessarily reflect the position of the editors or the larger Auroville community. The News & Notes aims to provide a platform for the publication of diverse perspectives and voices from multiple sources within Auroville.

While our editors strive to ensure the accuracy of the information presented, we cannot guarantee that all information is free from error or omission. Additionally, we cannot be held liable for any alleged misinformation provided or offence caused by the content published.

In the event of any dispute, we encourage readers to consult with the Auroville Council, and we reserve the right to suspend the publication of disputed material. Our commitment to providing an open and inclusive platform for dialogue and exchange of ideas remains steadfast.

The News and Notes team
newsandnotes@auroville.services

LIST OF ACRONYMS:

AVF (Auroville Foundation), **AVFO/FO** (Auroville Foundation Office), **GB** (Governing Board), **RA** (Residents Assembly)

The following groups are divided in two categories: The groups selected by the Residents Assembly through Community decision making Processes and the groups put together by the GB and the FO (not recognised by the Residents Assembly).

Working groups selected by the Residents Assembly:

Working Committee (WCom)
Funds and Assets Management Committee (FAMC)
Budget Coordination Committee (BCC)
Town Development Council / L'avenir d'Auroville (TDC)

Auroville Council (AVC)
Entry Service (ES)

FO selected groups:

Working Committee (WC)
Funds and Assets Management Committee (FAMC)
Budget Coordination Committee (BCC / BCS)
Auroville Town Development Council (ATDC)

Housing Service (HS)
Land Board (LB)

CONTENTS

- 01 House of Mother's Agenda
- 02 Guidelines / Table of Contents / Acronyms
- 03 **RA WORKING GROUPS NEWS**
- 03 **COMMUNITY NEWS**
- 03 Obituary
- 04 Community Sharing
- 05 A Summary of Events Happening in Auroville Today
- 08 Poetry 1
- 09 Voices and Notes
- 10 Awakening Spirit
- 11 Art & Culture
- 12 Poetry 2
- 12 Food For Thought
- 13 Health
- 13 Education
- 14 Classes, Workshops & Healing Arts
- 23 Activities & Events
- 26 Foods, Goods & Services
- 29 Looking for
- 29 Available
- 29 Taxi Share
- 29 Auroville Conversations
- 29 FO Groups NEWS
- 29 French News & Notes
- 30 Cinema
- 30 AV Public Bus / Emergency Numbers
- 31 Cinema Paradiso Program

NOTE FROM THE EDITORS

Dear Community,

Here is some important information:

- You can read past issues and subscribe [HERE](#).
- If you wish to support the N&N community Edition, you can donate at this account Nr: **FS #252150**.
- Content sent through @auroville.org.in mail ID, will only reach us if you use this [FORM](#) to submit your content.
- The mail ID to submit content is:
newsandnotes@auroville.services

Thank you for your continued support!

In community,
The RA Community Edition News and Notes Team



FROM THE ENTRY SERVICE

ES # 227 DATED: 26-08-2024

Three (3) Newcomers were 'Announced Aurovilian' on 25 January 2024. As per the usual process, there is a 4 week feedback period after which barring negative feedback, they would be notified to the community as being 'Confirmed Aurovilian'.

This final notification did not happen in February as it usually would have because in January there were attempts to dismantle the Entry Service and completely undermine the functions given to it by the Auroville Residents' Assembly.

We have carried on our work, albeit at a reduced capacity, and recently we thoroughly reviewed our digital records and found that the following individuals qualify as 'Confirmed Aurovilian' (ie no negative feedback).

AUROVILIAN CONFIRMED

- Ms. Raquel **JOVER** (Spanish) announced 25/1 ES # 215
- Mr. Benedikt **POHLE** (German) announced 25/1 ES # 215
- Ms. Snehal **DESHPANDE ROY** (Indian) announced 25/1 ES # 215

NEWCOMERS LEFT ON THEIR OWN

- Mr. Shubhendu **DASGUPTA** (Indian)
- Ms. Saranya **KUMAR** (Indian)
- Ms. Anne Adeline **DESCHAMPS** (French)
- Ms. Shalini **BHATTACHARYA** (Indian)

NOTE:

- A Newcomer becomes an 'Aurovilian' once his/her name has been confirmed by The Admission Committee (aka the Entry Board) after following due process.
- The date of becoming 'Aurovilian' is the date of confirmation. An Aurovilian confirmed by the Entry Board is eligible to participate in all community decision-making processes.
- The formal administrative step of entering new residents into the Register of Residents (RoR), is done by the Secretary of the Auroville Foundation. For this, a B-Form is filled in and signed by the individual and a meeting with the Secretary is arranged by the Entry Secretariat. However, until such time as a new Secretary is appointed, the meetings of Confirmed Aurovilians with the Secretary will be pending.

COMMUNITY NEWS

◆◆ [PETITION] OBJECTION TO RECENT DECISIONS BY THE 'FAMC' APPOINTED BY THE GOVERNING BOARD ◆◆

Dear Community,

We have launched a new petition against recent decisions taken by the 'FAMC' appointed by the Governing Board.

Please find the petition letter from this link: <https://forms.gle/5MwHJ3DRijGMk84p7>

Your participation is crucial and urgent.

If you resonate please sign and spread the word. After the collection the signatures will be handed over to the Working Committee of the Residents' Assembly (Aravinda, Bharathy, Chali, Mael, Matthieu, Prashant, Valli).

Please note that your name/signature will be kept strictly confidential.

Please see the [previous petition](#) against this group, titled "Urgent request for reform and resignation of the AVFO 'FAMC", launched 17th Dec. 2023 and signed by 553 residents.

Concerned Residents

SIGN the Petition [HERE](#)



P.S.

In case you prefer to submit by email please send your Name, Community Name, Auroville Status (Aurovilian, Newcomer, AV Youth-below18) and state I agree to this petition/I disagree to this petition/I abstain to: build.auroville.together@gmail.com

OBITUARY



YUVAL PASSES AWAY

Yuval (Govert Jan van den Eijk) came to Auroville from the Netherlands as a volunteer and joined Auroville in 2008. He lived in Utility and lately at Mahalakshmi Home.



At heart, Yuval was first and foremost a pioneering adventurer. Born in the Netherlands, he embarked on his first adventure at the age of 19, when he left for Israel, later moving to Egypt, Copenhagen and Istanbul and finally coming to Auroville in 2004.

Yuval contributed to many projects around Auroville but was best known for his work in the field of Family Constellations, where his intuitive and humble way helped people reach deep realisations.

As Yuval struggled with Parkinson's disease in the last years, his optimism and positive outlook were an inspiration to others around him.

He was loved and respected by many and the outpour of appreciation and love has been overwhelming.

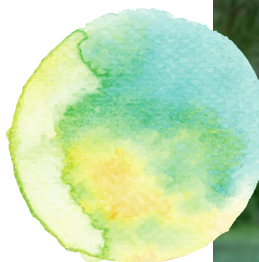
Yuval left his body at the age of 77, on August 25, 2024, Sunday night, in his home, while held by his four children Oerie, Dana, Ido and Noa, and the mother of his children Amalia. There could not have been a more beautiful way for him to go.

He continues to be loved and will be missed dearly.

Yuval's Family

Honouring the memory of our Yuval:

<https://www.youtube.com/watch?v=vH8VD4dTZE8>



COMMUNITY SHARING

CHANGE OF NAME

AVHS INTO AVHS FOR SENIORS

- We are providing health care to senior Aurovilians over 65 years old, at home and in our senior facilities.
- If needed, we provide caregivers (who need to be paid). The caregivers take care of the senior and his close environment, until recovery.

Once recovered, they cannot be employed by the patient for private works; AVHS FOR SENIORS needs them for care of the next seniors.

- We are NOT handling mental situations.

Contact

Mechtild 97876 26452

Paula 94882 39348

E-mail: avhs@auroville.org.in

In case of emergency:

AV ambulance 94422 24680

Other ambulances 108

AURODENT - FILLING TREATMENT ON DONATION BASIS EXPERIMENT RESULTS



We would like to share the results of our recent experiment conducted in July, where we offered filling treatments on a donation basis.

The objective was to provide affordable treatment options for all patients. During July, patients could receive filling treatments and then contribute an amount of their choice. We also encouraged those who could afford to pay more, with the understanding that their contributions could help cover the cost for patients who could not pay as much.

Here are the results:

- *38 patients* received filling treatments in July.
- *2 patients* paid an amount higher than our standard price list.
- *4 patients* paid approximately the same amount as listed in our price list.
- *32 patients* paid amounts significantly less than the standard price list (e.g., 200 Rs, 300, Rs, 500 Rs, etc).

From these results, we conclude that Aurodent cannot consistently offer treatments at amounts lower than our price list without compromising the quality of our services, equipment, and materials. Maintaining our standard of care and service requires adherence to our established pricing.

We hope this information is helpful and provides a better understanding of our pricing structure.

With best regards,
The Aurodent Team



A PUBLIC DECLARATION AS TRUE AUROVILIANS

The Online Global Petition is now live! Please click the link or scan the QR Code to view and sign:

<https://chnq.it/bQtVGwMgTp>

We offer us all in the Sunlit Path of Bhakti to the Supreme Divine Mother MahaShakti...

ॐ Zech, 2024.08.26



FREE VACCINATION DRIVE

Dear Community!



Thanks to an incredible fundraising effort by AVI USA, we were able to purchase sufficient vaccinations to provide FREE VACCINATIONS for every dog and cat in Auroville and the surrounding villages to fight the danger of a rabies outbreak and keep residents and animals safe.

We are able to offer for dogs a multi vaccination that protects against 7 viruses including rabies. For cats, we have purchased rabies boosters. In the last few days, we have already vaccinated lots of animals in Auroville, focusing on dogs that had come in contact with the two confirmed rabies cases we had rescued.

The World Health Organization (WHO) recommends vaccinating at least 70% of dogs in at-risk areas to prevent rabies transmission and human deaths. This level of herd immunity needs to be maintained for 3-7 years to eliminate rabies. We have started a mass vaccination drive to protect as many dogs and cats as possible in Auroville and the surrounding villages.

Schedule of Mass Vaccination Drive from 9.00 to 13.00 h

- Wednesday 28.8. Edyanchavadi
- Friday 30.8. Auroville - Solar Kitchen
- Saturday 31.8. Kulapalayam
- Sunday 1.9. Kottakarai - Ganesh Bakery
- Monday 2.9. Allankuppam
- Tuesday 3.9. Bommayapalayam
- Wednesday 4.9. Irumbai

Please use this opportunity to get every dog and cat vaccinated to eliminate the risk of rabies and keep everyone safe. We will also conduct at the same time a census to gather data on how many dogs and cats need to be sterilized in order to conduct mass sterilisations in the future to limit the number of newborn puppies every year.

If you want to support us, please use our FS 251391 or visit www.aurovilledogshelter.com

AUROVILLE DOG SHELTER

தடுப்பூசிகள் உயிர்களைக் காக்கும்!

இலவச தடுப்பூசிகள்
9.00 முதல் 13.00 வரை

புதன்கிழமை 28.8.2024 எடையஞ்சாவடி
வெள்ளிக்கிழமை 30.8. ஆரோவில் - சோலார் கிச்சன்
சனிக்கிழமை 31.8. குயிலாப்பாளையம்
ஞாயிறு 1.9.24 கோட்டகரை கணேஷ் பேக்கரி
திங்கள் 2.9. ஆலங்குப்பம்
செவ்வாய் 3.9. பொம்மையாபாளையம்

Contact: Dr. Vinoth
புதன் 4.9. இரும்பை
88387 29061

ஆரோவில் நாய் தங்குமிடம் ஒவ்வொரு நாய்க்கும் பூனைக்கும் இலவச தடுப்பூசிகளை வழங்குகிறது. ரேபிஸ் பரவுவதை நிறுத்தி உங்கள் நாய்களை பாதுகாப்பாக வைத்திருங்கள்

A MESSAGE FROM INDUJA

Dear Auroville family,

Please excuse me for the length of this letter. 🙏



I am writing this letter with so many memories running through me, so many faces with smiles flashing in front of me, particularly sweet memory of the red stains that we breathe and carry around everywhere with us. Though I miss being close to all of those, there isn't a day I am not reminded of these beautiful things and people by the experiences I go through, people I meet, and places I go to.

I finally made it to the United States on the 31st to embark on a new phase into my journey of learning. The University of Wisconsin, Madison, located in the city of Madison, is where I am, and for so many reasons, I have been feeling that this is the best place that I could start with. The university itself is so huge that I haven't found enough time to explore 3/4th of it yet. That brings to me a new surprise, a sense of discovery every day. We study from the 'Science Hall', a 200 year old building which has the legacy of faculties like Aldo Leopold, one of the pioneers in Environmental Conservation in the US and many other warriors out there. I have successfully completed a semester with good results. I am happy with the learning space as it particularly has been strengthening a sense of community rather than just individual learning.

Madison is a beautiful and intimate city blessed with so much natural beauty: a number of lakes and rich greenery. Most of all, people who embrace it and know how to have fun with all of those. Many places and social events that happen here remind me of Auroville. Some to mention: A terrace to socialize with music, food and fun, farmer's market, etc. I am grateful to have met beautiful people from early days of Auroville here who have become family.

Finally, I live in co-op housing where we have people from various countries live together, share spaces, share responsibilities, make decisions together, work together, make things together, and have fun together.

It has been 3 months since I have been away from my home, Auroville. The longest ever since, I have been in Auroville, and I know that it is going to be longer. I believed that no distance can separate me from Auroville, and it is true. No distance can separate any of us from the spirit of Auroville. I am sure that many of you share this feeling.

Words are never enough to express all that you feel, but I am extremely happy to share some of these experiences with my Auroville family, which has been the biggest pillar of support in my journey. Please know that all the smiles on your faces while you read this letter from me can be felt across the oceans.

I would be happy to hear back from you.

Love and Hugs,
Induja Gandhiprasad

P.s. I am happy to share some photos from the last three months where you can see some of what I have expressed.



A SUMMARY OF EVENTS HAPPENING IN AUROVILLE TODAY

ALLEGATIONS AGAINST AUROVILIANS IN THE INDIAN PARLIAMENT AND MISLEADING PRESS

On 5th August and 7th August, Dr. Sukanta Majumdar, Minister of State in the Ministry of Education of the Central Government, responded to two sets of questions on Auroville ([Unstarred Questions no. 2092](#) and [no. 1788](#)) raised by Dr D Ravi Kumar and C. Ve. Shanmugam, both Members of Parliament for the state of Tamil Nadu. The questions asked in both houses of Parliament concerned complaints about land exchanges in Auroville, the criteria and procedures followed by the Auroville Foundation Office for such exchanges, plans to address lack of transparency and consultation in the process, and measures to ensure fairness in future exchanges.

The Minister's response ([here](#) and [here](#)) indicated that various complaints about Auroville had been received and were being investigated by appropriate agencies. The Minister mentioned "alleged offences such as land encroachment, drug abuse and peddling, cybercrimes including data theft and data leak through servers based outside India, violation of immigration laws, circulation of black money, money laundering, raising of donations without registration under Foreign Contribution Regulation Act (FCRA) and many more economic offences, besides irregularities in land exchanges." Additionally, the Minister stated that "representations and complaints dealing with land exchanges have been forwarded to Auroville Foundation to examine the merit of the allegations and place in the Governing Board (GB), being the Competent Authority, to recommend suitable course of action." In other words, the Ministry of Education has indeed received complaints against questionable land deals and has asked the AVFO and GB to investigate, even though most of these complaints appear to be against the deals approved by the AVFO and the GB.

Several press and media outlets covered the news, such as [Devdiscourse](#), [Daily Excelsior](#), [Times of India](#), [The Indian Express](#), [The Hindu](#) and [Chanakya](#). These articles featured sensationalist titles such as "Complaints of drug abuse, cyber crimes in Auroville being probed" which appear to shift the focus away from the land exchange concerns, putting the emphasis on allegations against Auroville in general and its residents.

On 10th August, the RA WCom - through the Auroville Media Liaison - published a [Press Release](#) responding to these articles. They expressed "deep concern over recent misleading statements circulating in media reports" and "categorically refute[d] the sweeping allegations recently published in various media outlets ... These allegations are not only unsubstantiated but also serve to obscure the pressing issue of questionable land exchanges conducted by the current Auroville Foundation administration and Governing Board". The RA WCom stated that no evidence had been presented to support claims of widespread illegal activities, despite multiple audits. They noted that a report addressing allegations made by a single individual (likely referring to Vikram Ram) had been submitted to the GB and Ministry of Education; and asserted that other allegations appeared to be fabricated to target residents who had questioned recent actions by the Auroville Foundation administration. They also highlighted irregularities in recent land exchanges, expressing concern that the Ministry instructed the AVFO to investigate land exchanges it had itself conducted. Finally, the RA WCom called for an independent external investigation into recent land exchanges, full transparency in future transactions, adherence to established rules and processes, and involvement of the Residents' Assembly and its committees.

The next day, The Hindu published a short article titled '[Section of Aurovillians seek independent probe into land deals](#)' which highlighted some of the points of the RA WCom's press release.



AVFO SECRETARY TRANSFERRED

On 31st July 2024, a Gujarat Government [transfer notice](#) announced that the Secretary of the Auroville Foundation, Dr Jayanti Ravi, would be transferred from her current post to that of Additional Chief Secretary (ACS) of the revenue department in Gujarat. This move, covered by the press (e.g. [India TV News](#) and [Deshgjujarat](#)), ended several months of speculation and rumour as to whether the Secretary would be continuing after her official tenure finished on 4th July 2024. The transfer notice stated that Ravi would be repatriated back to her State Cadre, however no timeframe was given for this procedure and it appears that she currently still retains her powers to sign visa letters. As was shared by the RA WCom in their [massbulletin](#) on 1st August, no information has yet been given about who will replace her, however they expressed the hope "that this change will lead to a new phase of collaboration between the Residents' Assembly... and the Governing Board and Office of the Secretary (AVFO)".

AUROVILLE RESIDENT RECEIVES A LEAVE INDIA NOTICE

In a [massbulletin](#) on 11th August, the RA WCom reported that Alexander Yafarov (Sasha), a long-time Auroville resident working in Youth Center and Wood Concept, received a 'Leave India Notice' from the FRRO on 16th July 2024. The RA WCom and their resource persons have been working to have this notice "reviewed on compassionate grounds". "So far, the notice has not been reversed but we are continuing our efforts", they wrote.

On 5th August, the AVFO 'WCom' published a [circular](#) instructing Sasha's removal from the Register of Residents. According to RA WCom, this removal is invalid, citing the Auroville Foundation Act and the Madras High Court's [interim judgement dated 23/02/2024](#). According to the Auroville Foundation Act, only the Residents' Assembly has the authority to remove residents from the Register; and the court had ordered a halt to any changes in the register pending further orders.

LEGAL UPDATE

Dismissal of Working Committee 'Quo Warranto' case

On 1st August, the 'Quo Warranto' case filed by the RA WCom before the Madras High Court was dismissed. A quo warranto case is a legal proceeding that challenges an individual's right to hold a public office, demanding that they demonstrate their authority to occupy that role. This case questioned the legitimacy of the AVFO 'WCom', asking its 'members' (Anu, Arun, Joseba, Partha, Selvaraj, Srimoyi and Tine) to justify on which grounds they were claiming to be the WCom. While the case was dismissed, the written court order has not yet been published, making it difficult to understand the reasons for and implications of this dismissal.

In a [massbulletin](#) on 1st August, the RA WCom expressed that "the dismissal of this case does not legitimize the group of AVFO appointees claiming to be the 'Working Committee', as the Madras High Court's judgements of [12/08/2022](#) and [04/09/2023](#) are clear and stand valid, along with the Auroville Foundation Act and the Residents' Assembly Decisions of [10/05/2022](#), [23/08/2022](#) and [05/02/2024](#).

Dismissal of perjury case against Hemant Lambha

On the same day, the Madras High Court dismissed a case filed by the AVFO against Hemant Lambha, an ex-member of the RA WCom and the main petitioner in the court case aiming to uphold the voice and authority of the Residents' Assembly and its Working Committee.

A perjury case is a legal proceeding against an individual accused of knowingly making false statements under oath or in sworn testimony. The AVFO had accused Hemant of producing false statements before the court, a claim which was dismissed by the High Court. In response, the RA WCom [wrote](#): "We welcome this decision, as we have maintained that the accusations were without merit."

SCHOOLS & EDUCATION IN AUROVILLE

Update from Dehashakti

Following on from the takeover of the Dehashakti sports program by the Auroville Physical Education Board (AVPEB), the executives of Dehashakti sent an [email](#) to parents on 28th July 2024. They stated "We are happy to inform you that an agreement between the Dehashakti executives, SAIER and the AVPEB has been reached. The Dehashakti teachers who have registered for the 1-year physical education program will continue their work in collaboration with the new trainees." Former Dehashakti teachers who are not registered with the 1-year program are not able to continue their work.

However, one long-standing Dehashakti teacher sent an [email](#) to parents the following day stating the view that it was not a mutual agreement and "The executives seemed to have no option but agree to the decision of AVPEB and SAIER to continue only with selected teachers as "provisional trainees"". He also shared that the AVPEB & SAIER apparently intend to shift the place of training from Dehashakti to Aikyam School. A new [Physical Education policy](#) was also released which contained the contact details of the teachers installed by the AVPEB.

Further budget cuts for AV Schools

The Auroville School Board recently shared an [announcement](#) in the AVFO 'News & Notes' stating that all Auroville schools (Pre-Creche, Nandanam, Kindergarten, Deepanam, Transition, Last School and Future School) have been given a budget cut that reflects a reduction of around 19% on their allocated maintenances and 14% on their monthly recurring budgets, effective from August 2024 onwards. According to the statement, "the cut originates from [AVFO] FAMC's direction for higher effectiveness and efficiency; SAIER was requested to work out the distribution".

On 2nd August 2024, parents of Future School children were called to a meeting about the school's financial future. The staff shared that the school's budget cuts were the equivalent of a 1.5 lakh a month shortfall and they were being forced to consider other avenues of funding and requested parents make monthly donations if feasible.

AFSANAH GUEST HOUSE

The three Aurovilians who have been running Afsanah Guest House since 2022 (Auradha, Rosy and Enrica) have released a [public statement](#) regarding recent events. Despite having successfully managed the guest house for over 2 years and having overseen an increase in income from 54 lakh to 143 lakh, as well as undertaking major refurbishments, increasing staff benefits and successfully repaying long-standing loans, the AVFO 'FAMC' has not responded to the team's repeated requests to become full executives of the guest house and the situation has been left in limbo since Auradha's tenure as interim executive expired in July 2023.

Several attempts have been made to forcibly take over the guest house, such as: "in early 2023 Madhi (AvFO) [security] called to inform Auradha that she had been dismissed and demanded that she 'hand over the keys to the property', or in mid-2023 when the GH email account was blocked by the FO". Recently the Guest House trustees have been withholding funds amounting to 8 lakhs which the team believe is a "direct result" of their recent interactions with the Guest House Trustees.

On 22nd August 2024, the team heard rumours that the AVFO 'FAMC' together with the Guest House trustees had "appointed 3 new executives for Afsanah Guest House, Rijju, Arumugam and Shakti". Neither these individuals, nor the AVFO 'working groups' have communicated their decisions with the Afsanah guest house team. In line with their previous experiences, attempts to get information from the AVFO 'FAMC' failed, as all of the members they spoke to claimed that they had no involvement with the decision.

UPDATE ON LAND EXCHANGES

AuroOrchard update

On 18th August, T. Kannan, the new owner of portions of AuroOrchard land, started bulldozing trees alongside the road to build a 1.2-meter wide and 3-meter tall wall. According to a [document](#) compiled by an Auroville resident on 24th August, 10 mature trees have already been felled, and another 40 to 50 mature trees (25 to 50 years old) are at an immediate risk of being bulldozed. Additionally, 80 to 100 palmyra trees are located on this roadside land parcel, which T. Kannan has committed not to cut since they are protected in the state of Tamil Nadu.

Felicity update

It was reported that on 5th July, “the main access to Felicity community was fenced off by the new landowners, leaving Felicity residents without access”. This situation now appears to have changed, as residents of Felicity shared on 31st July that “the access is restored through an alternate route”. They also shared that, according to a member of the AVFO ‘WC’, the Felicity land on which there is a lot of essential infrastructure “has been successfully re-registered”. However, they added: “We haven’t yet seen a paper document.”

STATE POLITICIANS CRITICISE AVFO IN SUPPORT OF AUROVILLE

In recent months, several Tamil Nadu politicians expressed concerns with the current management of Auroville.

On 3rd April 2024, Shri M. Chakrapani, member of Tamil Nadu Legislative Assembly of the neighbouring constituency of Vanur, [visited the AVFO](#) and spoke on behalf of the 100 villages he represents. In a [letter](#) addressed to the AVFO Secretary (see English translation [here](#)), he highlighted issues such as unfair treatment of Tamil workers and residents, possible corruption in land deals, and harassment of those who disagree with recent decisions. In particular, he condemned the replacement of local Tamil Aurovilians in working groups, the dismissal of local Tamil workers without sufficient compensation, and delayed visa renewals for those opposed to the current management of Auroville. He cautioned that failure to address these problems could result in a loss of local support and escalating protests against the current administration. This event was featured in [local newspapers](#).

In the following days, the state's Chief Minister M. K. Stalin suggested, in a [speech](#) during his visit to Pondicherry, that Auroville is being influenced by outside groups and called for an alignment with the founders' vision.

On 9th July, Tr Gayathri Srikanth, Puducherry’s DMK Women Wing’s State Convenor, put out a [tweet](#) expressing concern regarding the dismissal of 100+ Dalit workers from neighbouring villages by Auroville’s current administration without due notice or paid gratuity. This was in response to news of a delegation of Tamil Nadu’s BJP unit approaching the National Commission for Scheduled Castes and the National Human Rights Commission.

‘WILDLIFE ART GALLERY’ IN BHARAT NIVAS



At the beginning of 2024, the AVFO inaugurated a new ‘Wildlife Art Gallery’ in the Bharat Nivas compound. This ‘gallery’ features a display of cement and resin replicas of animals not belonging to Auroville’s natural habitat on display in an artificially constructed environment, and charges Rs. 30 for entry. This is in stark contrast with the ongoing tree cutting and destruction of the ecosystem in Auroville. This new ‘gallery’ was featured on Youtube [by a Wildlife channel](#) and [by AVFO’s ‘Media Interface’](#).

GB MEETINGS

On 26th March, the RA WCom shared its [observations](#) on the 66th GB [meeting minutes](#), held on 13th February 2024. The 66th Governing Board meeting minutes reveal several decisions without proper consultation of the Residents' Assembly. These include the approval of new regulations and standing orders that directly impact residents, such as the Auroville Foundation (Residence Criteria) Standing Order, 2024, which is based on the Admission and Termination Regulations, 2023, that have been challenged in court. The Board also green-lit major infrastructure projects, for example allopathic and Ayurvedic hospitals, educational institutions aligned with Vedic studies, and significant land exchanges without informing or seeking input from the community. Additionally, the minutes show that the Board endorsed the appointment of new executives and consultants for various Auroville services, bypassing existing Aurovillian experts, and approved agreements such as Memorandums of Understanding (MOUs) - formal agreements outlining terms of cooperation - with external organizations, for example IIT Madras and the Department of Art & Culture of the Government of Puducherry, without transparency or community involvement.

On 31st May, the GB held its 67th meeting (as showcased in this [short video](#)), however the agenda and meeting minutes of that meeting have still not been released. The GB’s 68th meeting is likely planned for 29th August, but there hasn’t been any public announcement on the matter.

NEW ONLINE AUROVILLE DIRECTORY

Towards the end of April 2024, Talam handed over several Auroville websites to the Auroville Foundation, including its online directory. In the following days, the directory - as well as several other websites - stopped working. On 21st May, the RA WCom published a [massbulletin](#) announcing the creation of a new online directory, accessible at <https://directory.auroville.services>, which functions with the @auroville.community login (for more information on the @auroville.community login, check [this page](#)). The RA WCom added: “We are aware that much contact information in the Directory is outdated, but we still felt an urgency to share it with the community as soon as possible since many residents have been impacted by the closing of the AuroNet directory. Mechanisms for correcting the outdated information will be developed in the coming months and the community will be updated in due time.”

On 13th June, the AVFO ‘WC’ published a [massbulletin](#) stating that the AVFO had “not closed the Auroville online directory” and there simply was a “technical issue”. They added that the administration of @auroville.org.in was not unknown, and the @auroville.community domain was “unauthorized”. The RA WCom responded with a [massbulletin](#) on 12th July, stating that “the management of the domain @auroville.org.in and the associated workspace is indeed opaque and secretive. The difficulty in extracting information about the management of the @auroville.org.in administration has been immense”, they wrote, explaining the many legal steps that were followed through the Indian RTI (Right To Information) system to obtain this basic information.

On 26th July, Giri Thirumal, the new AVFO appointee for ‘Auroville Web Services’ [announced](#) the relaunch of the old directory, together with the events and bazaar section of AuroNet. To access these, one needs to connect on AuroNet with an @auroville.org.in email. No comment was however made on the fact that since the takeover of the @auroville.org.in domain in 2022, several residents have lost access to their email and AuroNet accounts without any explanation in what appears to be actions of retaliation.

CREATION OF 'AUROVILLE NETWORK' ON LOOMIO

On 1st August, the Auroville Council [announced](#) "the creation of an 'Auroville Network' on Loomio, an experimental platform for Aurovilians to simplify how we make decisions together and ensure every resident's voice is heard". This platform, launched in collaboration with the RAS, is open to all confirmed Aurovilians. If you are a confirmed Aurovillian or registered resident of Auroville, and haven't yet registered on the platform, you can either click on the invitation sent to your email address registered with the RAS, or follow the instructions [here](#).

MISCELLANEOUS NEWS

- **Auroville Radio website offline:** For the past few weeks, the Auroville Radio has stopped publishing new content and [their website](#) appears to be offline. Even the [auroville.org page](#) dedicated to the Auroville Radio leads to a 404 error (page not found). No public announcement has been made regarding the interruption of this service.
- **New members for the RAS:** In a [massbulletin](#) on 29th July, the Auroville Council announced three new members for the RAS: Pala (Invocation), Franclin (Humanscapes) and Vignesh (Humanscapes). The ongoing members of the RAS are Tatiana S. and Peter L. The new members will be on a trial period for three months.
- **'Miracle well' false information relayed by AVFO 'Media Interface':** The Youtube channel "Auroville Official", managed by AVFO's 'Media Interface', posted a [video](#) on 22nd July claiming the existence of a "miracle well" pointed out by Mother to Gerard from AuroOrchard. Gerard denied this information..
- **Tourist bus stop in Matrimandir:** On 1st June, the Facebook page "I love Pondicherry" [indicated](#) that its "Local Tour Bus" now stops in "Auroville Matir Mandir" [sic]. This reflects an increasing trend for tour buses and tourists to enter Auroville directly as part of their sightseeing route rather than going through the Visitors' Center.
- **Auroville units migrating to a new accounting software:** On 16th April 2024, a [mail](#) was sent by the trustees of the Kattida Kalai Trust (KKT) to all unit executives and activity managers under KKT, announcing the migration of the entire trust's accounting and management under a [Zoho](#)-based system. This appears to be part of an initiative for an "Auroville Integrated Common Accounting System" mentioned in the 57th Governing Board meeting. This sudden implementation appears linked to the appointment of an officer from the Indian Civil Accounts Service, approved in the 65th Governing Board meeting (item 30), to "streamline the Accounts Department" in the AVFO and "establish a robust centralized accounting system". It is unclear where the funding for these new digital solutions are coming from while Auroville is subject to many budget cuts.
- **Award to Pebble Garden:** In April 2024, Aurovillian Bernard Declerq from Pebble Garden received the Vanagam Award For Lifetime Achievement in honour of his consistent efforts, along with those of his partner Deepika, to reforest the barren land of Auroville's Pebble Garden (see [Voice of Auroville 6](#), page 26). In recent months, Pebble Garden was under the threat of land exchanges.
- **AVFO Secretary attended "Global Spirituality Mahotsav":** As [reported](#) by the Indian Express, Dr Jayanti Ravi attended a four-day Global Spirituality Mahotsav at Kanha Shanti Vanam near Hyderabad held from 14th to 17th March 2024. This event "hosted 500 of the most prominent heads of spiritual organisations from all faiths and schools of belief from around the world".
- **Creation of an Auroville Global Fellowship:** On 28th February, Auroville's birthday, the Auroville Global Fellowship was announced via [massbulletin](#) by a group of residents. It is an email forum on which national and international Auroville supporters who have significantly contributed to the world in fields related to the evolutionary ideals of Auroville can be informed about and discuss current developments in Auroville, and can serve as a valuable sounding board.

RA WCOM REPORT FOR MAY TO JULY 2024

As they informed the community via [massbulletin](#) on 17th August, The RA 'WCom' issued their [latest report](#) covering the months of May-July 2024.

The report highlighted a number of new as well as ongoing issues. Other matters covered included;

- False claims made by the AVFO 'FAMC' member Margherita regarding the instructions given by the CAG (Comptroller and Auditor General of India). The inaccuracy of the claims was brought to light by a Right to Information (RTI) request.
- A [report](#) made by RA WCom resource persons on the 1000-bed Housing Project and HUDCO Loan. The report showed that the statements made in the AVF Finance Committee meeting minutes were "made without proper feasibility studies or consultations with all involved parties."
- The RA WCom have received several concerning reports that the new AVFO appointed security team were unreachable during emergency situations. There has been no announcement from the AVFO or their appointees about how to get in touch with the new team, it is also unclear who the team consists of.

MEDIA & OTHER LINKS

- 28th July 2024, **Scroll.in on Youtube:** [Eco India: Meet the tree doctors saving us from a climate emergency](#)
- 29th July 2024, **Instant du monde on Youtube** (French): [Inde #3 Auroville](#)
- 7th August 2024, **NewsJ on Youtube** (Tamil): [குஜராத்த் மாதல் ஆட்சியில் நராதன மோசடி..!](#) A written translation is available here ([translation](#))
- 8th August 2024, **Auroville Botanical Gardens on Youtube:** [Once Upon a Forest - Documentary Film](#)
- 10th August 2024, **Auroville Media Liaison:** [Auroville Calls for Independent Investigation Amidst Unfounded Allegations](#) (Press Release)
- 11th August 2024, **Auroville Media Liaison on Youtube:** *A musical tribute to resilience: 56 good years. Don't you count us gone.* (This video has been removed for now, but will likely be reuploaded soon)
- 16th August 2024, **The Quint on Youtube:** [Tamil Nadu's Solar Promise: Approved and Funded, But Waiting to Take Off](#)
- 22nd August 2024, **Communities Magazine #204** (Fall 2024): [Auroville: A Vision Under Siege - Autonomy vs. Authoritarianism](#) by Viduthalai Ottrumai

Other links:

- August 2024, **Powerpoint presentation on Auroville by Satprem:** read Satprem's [cover note here](#), download the Powerpoint [in English here](#), and the Powerpoint [in French here](#). Instructions on how to unzip the file can be found [here](#).



POETRY 1

Attachment is an ancient drug
That drags us all the way
To modern complications —
A dose strong enough
To make one's Self
Doze off.

- Anandi Z.



“ALIGNING” WITH THE OLD WORLD

In the last months or so, we have seen some mails, some reports or announcements that really sound like the death toll of a certain Auroville -- an Auroville when people choose their activity as a tool for growing, as an instrument for learning and developing in a way that they believe will be conducive to their inner and outer progress, and useful to the community. And as something they love to do.

It is why diplomas, much less official diplomas, or even traditional training in some skills, had never been required nor demanded by the Mother. If someone had just started learning French, she was advising that person to start teaching French! As Sri Aurobindo reminded us, *“When knowledge is fresh in us, then it is invincible.”*

Nowadays we receive mails from an administration which not only, as everyone knows, is starkly incompetent, but has no clue on what Auroville is about, on what Auroville education should be, and what the Mother said about it. They send us mails filled with bureaucratic jargon but written in the style of a six-year-old retarded child, demanding to be provided (before the next day) with the qualifications of Aurovilians working in a certain unit. They don't know what that unit is doing, they have no idea about the real scope of its activity, they would be unable to say whether these people are making biscuits or composing music, nevertheless they want the “qualifications” and - to be sure that idiot people understand their point - they add within brackets: *it means graduation certificates & CVs.*

Of course one can ignore those mails; of course most people do ignore them and sometimes don't even bother to read them. Yet, all this marks the beginning of a trend which is extremely dangerous.

Soon they will ask people wanting to join Auroville to show their certificates and they will refuse those who have no sufficient “qualification”.

Tomorrow, they will question the teachers, even those who have been teaching here for 30 years, and ask them for their certificate, and if they can't produce it, then they will be “disqualified” and probably their maintenances will be cut. Later on, of course, “foreign” certificates will appear suspicious, so they will demand only recognized and stamped Indian certificates. Finally the next stage, the last nail in the coffin of Auroville will be when, in order to satisfy the administration, some Aurovilians produce fake certificates.

Same for units. As everybody knows, except the employees of this dumb administration, most of our most successful handicraft units have been developed by people who, prior to coming to Auroville, had not the least idea about the skills or the art they have made to blossom in their unit. It is their love and enthusiasm that led them to their mastery in their domain.

I am wrong to say that most people ignore requests for “qualifications”. There is a sizable portion of the population of Auroville that welcomes it. They think that this is the best way to go about; it would introduce more competence, more professionalism, and would eliminate quite a number of useless people, especially foreigners. Thus Auroville would be perfectly “aligned” (this is a word they love!) with the requirements of the government.

The day this happens, I don't know if there will be still something that could be called Auroville.

- an Aurovillian

Dear Friends,

I prepared a presentation Power Point (PPT) on Auroville, which informs people on what Auroville is, **what we have done in 56 years** and at the end, the crisis that **we have been through for the last 3 years.**

The first version of this presentation was showed to UNESCO representation in Morocco in May and many friends there. The second version was showed at Compiègne during the AVI meeting in June. The latest version was showed on 10th August at an event near Toulouse in France of natural builders and social activists, where about 50 people attended to and received it very well. I already shared this presentation to about a dozen people, who want to show it to others.

This presentation needs about 1.5 hours. At the event near Toulouse, it was nearly 2 hours with a lot of interaction during the presentation and at the end. I will go on showing this presentation wherever I can.

I created this PPT, with the Power Point package so that everyone could download it on his/her computer and play the PPT, with the videos and the particular font that I use.

Some slides have quite a few notes, so that those presenting will have a better idea of what to say and add when they present. Please read them before showing this presentation.

Please feel free to show this PPT to anyone and share the link of the ZIP folder and the various instructions in this folder with anyone who would like to show this presentation. Feel free also to edit it, develop it or remove/ add things. But remember to always keep the PPT in the package folder.

Here is the link to download the Zip file of this presentation on Auroville in English:

<https://drive.google.com/file/d/1YuvuLBon2Ab6WITScFmGUARfd8IxCWV2/view?usp=sharing>

And in French:

<https://drive.google.com/file/d/1umaeguawU3ZzdsZb0j7jhouUIMrgpXw/view?usp=sharing>

Please note that I may update these presentations time to time, but the links will remain the same.

Attached is a PDF with instructions on how to download the ZIP file and to play the presentation, in [English](#) and [French](#).

After downloading the Zip folder, extract the “2024 Auroville presentation – En (or Fr)” and save it wherever you want.

The Zip folder also contains some more instructions and the PDF version that you can give to those who request it.

After downloading the Zip folder, read the instructions mentioned in the PDF “2024 Auroville presentation - Info to play PPT” or “2024 Auroville presentation - Info pour jouer PPT” for the French.

Do not hesitate to contact me at: earthinstitute@earth-auroville.com or by Whats App (+91 94437 90174), if you encounter any problem. In particular, tell me if the videos on slides 77 and 80 play well by clicking on the image.

Warmly,
Satprem

Read here how to download the Presentation

[English PDF](#)

[French PDF](#)

PERSONAL NOTES ON SRI AUROBINDO'S POEM RECITING

Dear Community,

I send underneath my humble response to the program of Sri Aurobindo's Poem reciting held on the 20th August, 2024 at Savitri Bhavan.

With regards,
Gijubhai Dave (Read the notes [HERE](#))



SRI AUROBINDO COMPASSION PORTULACA GRANDIFLORA

I always saw him with a perfectly peaceful and smiling face, and above all, the dominant expression was compassion. That was what predominated in his appearance. An expression of compassion so ... so peaceful, so tranquil, oh, magnificent.

The Mother, Agenda 1965

Q: Why is the flower symbolising your compassion so delicate and why does it wither away so soon?

A: No, the compassion does not wither with its symbol - flowers are the moment's representations of things that are in themselves eternal.

Sri Aurobindo, 9-8-1936, SABCL 26, On Himself



Sri Aurobindo's compassion is always there to help you, but some effort is needed from your side also.

The Mother, CWM, 15

There are some rare individuals, born without a psychic being who are wicked; but they are very rare. For everyone there is always hope; even those who imagine that they are very strong in being wicked, even for them, there is a hope; it can awaken suddenly. But that's not what people think. What people think is, it's when you have no sentimental weakness and vital emotion that people tell you, "You have a dried-up heart." But that's their opinion, it's not a truth. A dried-up heart would be someone incapable of having any compassion; it is very rare. Even in people who had the reputation of being the most wicked there was always a small corner of their being open to compassion. At times it was ridiculously small, but it was there.

The Mother, CWM, 27 July 1955

With weakness and selfishness, however spiritual in their guise or trend, he [a sadhak of Integral Yoga] can have no dealings; a divine strength and courage and a divine compassion and helpfulness are the very stuff of that which he would be, they are that very nature of the Divine which he would take upon himself as a robe of spiritual light and beauty.

Sri Aurobindo, SABCL, The Synthesis of Yoga

The truth of Sri Aurobindo is a truth of love and light and mercy. He is good and great and compassionate and Divine. And it is He who will have the final victory.

The Mother, CWM, 15



AWAKENING SPIRIT

AMPHITHEATRE - MATRIMANDIR

Meditation at sunset with SAVITRI, After the summer time with our meditations with Sunil's New Year Music, we restart the cycle of Savitri, Sri Aurobindo's long mantric poem, read by Mother to Sunil's incredible music.

**Every THURSDAY
6.00 to 6.30 pm**

(weather permitting)



Enjoy the beautiful open space, in the very center of Auroville!

Reminder to all: The Park of Unity is a place for silence, meditation and inner work and is to be used only as such. We request everyone: please do not to use cameras, i-pads, cell phones, etc. No photos.

Dear Guests, please carry your Guest Card with you –Access only for the Amphitheatre from 5. 45 pm and the time of the meditation. Thank you.

Surya, Velmurugan and Vinay

SAVITRI SATSANG WITH NARAD

Savitri Satsang with Narad will take place every

Wednesday at 6:30 pm

at the home of Uma and William in Kalpana.

THE OM CHOIR IN SAVITRI BHAVAN

Thursdays, 5:30 p.m.

ALL ARE WELCOME

- Narad



A SATSANG ON THE INTEGRAL YOGA

A sacred gathering for the study and practice of the Integral Yoga of Sri Aurobindo and the Mother, founders of Auroville, the City of Dawn.

"The first necessity is the inner discovery in order to know what one truly is behind social, moral, cultural, racial and hereditary appearances. At the centre there is a being free, vast and knowing, who awaits our discovery and who ought to become the active centre of our being and our life in Auroville."

— The Mother

We start right here, in the Eternal Now, from where we each are at this ever-progressive moment, and share our unique experiences on the path of rediscovering and embodying who we really are.

Facilitated by Zech Joya

Schedule: **Tuesdays and Thursdays, 5:30-7:00pm**

Venue: Conference Room, G/F SAILER Building, Town Hall Complex, or at an agreed upon venue in Auroville

By appointment only: please call 8300191193



Also check Zech's Weekly Sharings:

<https://zechjoya.blogspot.com> or scan the QR Code



ACCESS TO THE PARK OF UNITY AND MATRIMANDIR

The Park of Unity

The Matrimandir, the Petals, the Lotus Pond, Banyan Tree are areas of SILENCE

- The Park of Unity is open to Aurovilians and Newcomers
Daily: 6.00 AM to 7.30 PM
- Aurovilians may bring close family and friends to the Gardens
Daily: 9.00 AM to 3.30 PM
- Volunteers and Donors require a pass to enter the Park of Unity. Timings will be indicated on the pass.
- Published events in the Park of Unity are open to Aurovilians, Newcomers, Volunteers, Pass holders and Guests. Guests should bring their Aurocards.

The Inner Chamber of the Matrimandir

The Matrimandir is a place for silent individual concentration.

- The Inner Chamber is open to Aurovilians and Newcomers:
Monday – Saturday 6.00 AM to 8.00 AM
4.30 PM to 7.30 PM
Sunday 6.00 AM to 12.00 PM
4.30 PM to 7.30 PM
- The Inner Chamber is open to SAVI registered Volunteers:
Wednesday – Monday 8.00 AM to 8.40 AM.
Arrival at 7.45 AM at the Office Gate
- The Inner Chamber is open to Aurovilians wishing to accompany a maximum of 5 close family and friends, no more than once in two weeks, with booking 3 to 5 days in advance to mmconcentration@auroville.org.in:
Any day except Tuesday & Sunday: 8.00 AM to 8.35 AM
Arrival at 7.45 AM at the Office Gate
- The Inner Chamber, the Petals and the Gardens are open to the Children of Auroville and the Outreach Schools:
Tuesday 9.00 AM to 11.00 AM
- The Auroville units can bring their staff to the Inner Chamber with a prior booking to mmconcentration@auroville.org.in:
Tuesday 8.00 AM to 8.30 AM

The Petals of the Matrimandir

- The Petals are open to Aurovilians, Newcomers and Pass holders
Monday – Sunday 7 AM to 8 AM,
Tuesday AM closed.
Daily 5 PM to 6 PM

Access to Matrimandir for Visitors and Guests Matrimandir Viewing Point

The Viewing Point is open to the general public on presentation of a Pass.

Visits to the Matrimandir Viewing Point are free of cost.

Free passes can be obtained at the Auroville Visitors Centre

The Viewing Point lies south of the Park of Unity and offers visitors a panoramic view of the Matrimandir and the Gardens and the Lake.

Timings starting from the Visitors Centre:

Daily: 9.00 AM to 5.30 PM

The Inner Chamber of the Matrimandir

The Inner Chamber is open to Visitors and Guests by prior booking only. Visitors and Guests seeking to concentrate in the Inner Chamber are requested to inquire at the Information Desk of the Visitors Centre after first visiting the Viewing Point. Prior booking is required to access the Inner Chamber, at least one or two days in advance. Bookings for concentration are given for the following or the first free day as per availability and are accepted only up to one week in advance. Minimum age 10 years. The Petals are open to Visitors on the morning of their Inner Chamber visit.

INTRODUCTION TO THE INTEGRAL YOGA OF SRI AUROBINDO AND THE MOTHER

Tuesday, 3rd September, 9 am - 12 noon
Focus: The Synthesis of Yoga

Led by Ashesh Joshi

Place: Mirabelle Education Centre, Auromodele
Ph/Whatsapp: 9489147202 (Please register)

All are Welcome



ART & CULTURE

PHOTOCIRCLE

FRIDAY 6TH SEPTEMBER

To all the photographers and anybody interested in Photography,

Photo Circle meets again on
FRIDAY 6th SEPTEMBER at 5pm
in the Centre d'Art multimedia room,
at Citadines.



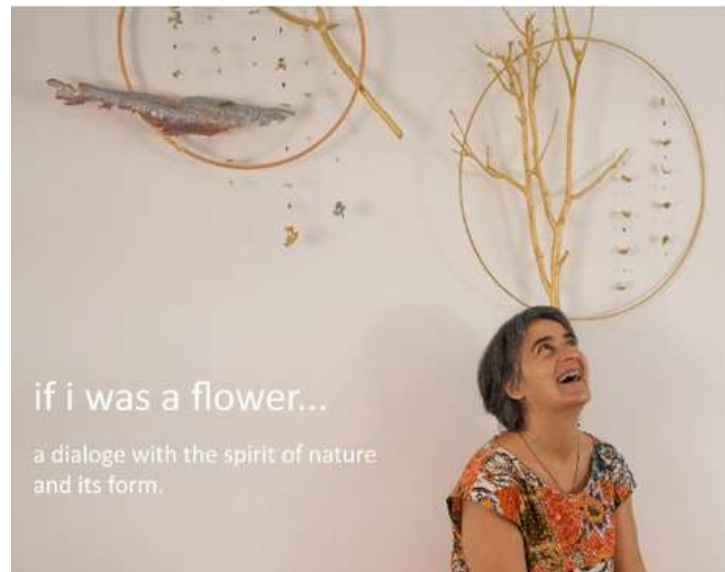
The Photocircle brings together Auroville's photographers and amateurs. We share our own work, we show the work of global photographers we admire, discuss the history of photography, and share techniques.

Anyone can bring and screen a small selection of images.

Everybody's welcome!

IF I WAS A FLOWER BY BEL JIMENEZ - EXHIBITION

6 -24 SEPTEMBER 2024 @ PITANGA



*Seeking its own perfect form in souls and things.
Life kept no more a dull and meaningless shape.*

- Sri Aurobindo, Savitri

Bel is an Aurovilian artist who studied art at the University of Barcelona. She says: "Here in Auroville, I've been developing a different approach to art, I'm inspired by nature and I'm using what nature offers me as the main materials.

My aim is to connect with the light and the purity of nature, and to reflect that in my work."

Art Gallery timings at Pitanga: Monday to Saturday 8.30am – 12.30pm and 2.30 – 5.30pm. Sundays closed.



2024/25 EXHIBITION SEASON OF CENTRE D'ART

23 AUGUST 2024 - 26 MARCH 2025



2024/25 Season



August



September



September



October



November



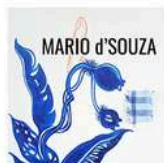
November



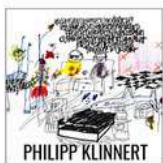
December



January



February



March

Dear Art Lovers,

We are happy to share the program of the **2024/25 exhibition season of Centre d'Art, Citadines**.

10 artists will show their work until next March 2025. The gallery will be filled with paintings, sculptures, installations, photographs, workshops, and more. Please come, and enjoy!

• 23 Aug - 7 Sep 2024: SRIDAR K

Sridar K.'s universe is one of textures, layers of paint inspired by his childhood memories, when he would travel along with his father who worked as a temple painter. These experiences directly inspired the abstract canvases he will be showcasing.

• 20 Sep - 9 Oct 2024: DEEPTI MUNOT and AARTI MANIK

Deepti Munot's painting is a visual narration inspired by butterflies, exploring transparency and the layers of nature. Her artwork, a subtle collage of soft colours and shapes, will bring an enchanting atmosphere to the space.

Aarti Manik is a ceramist from the Golden Bridge Pottery in Pondicherry, her artistic creation is a rough and poetic journey into matter. Her abstract objects will take over the gallery to create a delicate walk through duality.

• 18 Oct - 6 Nov 2024: SUNIL SREE

Sunil Sree invites the viewer to a reflection on human nature through diversion of everyday objects, immersive installations, painting and printmaking. His work, deeply embedded in metaphors, is a critique of the modern world and its excess.

• 15 Nov - 4 Dec 2024: PUJA and VASANDAN

Inspired by visionary art, **Pujasree Burman**'s vibrant and colourful paintings will take the spectators through her magical universe and embark them on her recent journey to Peru where this practice is deeply rooted.

Through his paintings and drawings **V. Vasandan** explores the relationship between art, meditation and nature. With his fine black lines, he creates large visionary images made up of a multitude of interlocking details, shadows and textures.

• 13 - 28 Dec 2024: MARCO SAROLDI

Marco Saroldi's series of photographs is dedicated to the passage of time, illustrated by self-portraits taken from 1987 to 2024. With a touch of humor, these greetings cards reflect personal stories intertwined with current events.

• 10 Jan - 29 Jan 2025: AURODEVA

Aurodeva's collective project **BHUMI LUCIS** - land of light, is an Ode to the miracle that is the City of Dawn. Using the earth of Auroville as medium, his vision will materialise as a series of participatory art pieces.

• 7 - 26 Feb 2025: MARIO D'SOUZA

With his iconic playfulness and vibrant use of colours, **Mario d'Souza** aims at creating a sur mesure decor transforming traditional Indian patterns and everyday objects into a graphic pop installation.

• 7 - 26 Mar 2025: PHILIPP KLINNERT

This season's resident artist **Philipp Klinnert** is a young activist illustrator from Germany. His creative work within our community during his 2 months stay will be featured in an exclusive exhibition.

POETRY 2

Participants of Divinity

This morning a hare in stillness watches me.
Long he looks on this humanity
Then moves about in the garden of my dreams
And for a moment this blinding darkness seems

To be filled with light & harmony,
Not the avaricious evil that we see
Attempting to obliterate the light
But viewed within from a supernal height

We feel the Unity in all life here
And lose the choking nexus of our fear,
For all is He and all the world is She
Participants of divinity are we.

- Narad

FOOD FOR THOUGHT

The Paradox of Tolerance

This is ascribed to the philosopher Karl Popper in the 1940s.

If a society's practice of tolerance is inclusive of the intolerant, intolerance will ultimately dominate, eliminating the tolerant and the practice of tolerance with them.

In other words, if everyone is tolerant of every idea, then intolerant ideas will emerge. Tolerant people will tolerate this intolerance, & the intolerant people will *not* tolerate the tolerant people. Eventually, the intolerant people will take over and create a society of intolerance.

Therefore, Karl Popper said that to maintain a society of tolerance, the tolerant must be intolerant of intolerance... hence the paradox.

Dr. Hirak Mookherjee

HEALTH

SANTÉ SERVICES IN SEPTEMBER 2024



Working Hours:

Monday - Saturday : 9:00am - 12:30pm & 2:00 – 4:30pm

Tests and Sample collection:

Mon - Fri : **8:30am** - 12:00 pm.

No sample collection on Saturday.

For emergencies, contact:

Auroville Ambulance (24/7) : Phone: +(91) 94422 24680

Government Ambulance (24/7) : Phone: 108

Appointment:

Please call Santé on (0413) 2622803 during working hours for an appointment.

| | |
|--|---|
| Doctor Consultation with Dr.Senthil: Monday to Friday | Nursing Care: Thilagam, Ezhil, Archana, Sandhya: Daily No appointment necessary |
| Ayurveda with Dr.Be: Tue/ Wed/ Fri | Integrative Psychotherapy with Juan Andres: TOS |
| Acupuncture with Andres: TOS | Homeopathy with Michael: Monday/ Wednesday/ Saturday |
| Physiotherapy & Massage with Galina: Monday to Friday | Physiotherapy with Arun Monday to Saturday (except Friday) |
| Women's Wellness with Paula: Tuesday & Wednesday | Soundbed Session with Sandhya/ Thilagam: Monday to Saturday |
| Bio-Well Assessment (Evaluation of your well-being) with Helena: TOS | |

In Santé, we value our patient's confidentiality & make every effort to ensure their privacy.

In case of cancellation or to reschedule, it is necessary to inform us in advance.

AUROKIYA INTEGRAL EYE CENTRE @ ARKA

 Aurokiya Integral Eye Centre
(An Auroville Activity)

EYE WELLNESS CENTRE



Working Hours:

Monday - Saturday
(9.00 am -5.30 pm)

Services Provided:

- Emergency eye care services with primary-level care
- Complete eye testing facilities for eye problems
- Follow-up services for surgeries and consultation from Aravind
- Spectacles and contact lenses
- Eye medicines (Homeopathy, allopathy, and Ayurvedic Drops)
- Personal guided support to visit Aravind Eye Hospital for surgeries and procedures
- Personalized eye exercise training, eye yoga sessions, and vision therapy sessions. Both morning and evening slots are available

Contact: aurokiya@auroville.org.in; aurokiya@gmail.com

WA/ Mobile: 8012305151: www.aurokiya.com

LEELA THERAPY



A unique combination of psychotherapy, self-inquiry and ancient teachings of Enneagram of Liberation. I invite you to be supported by heart based and trauma-informed skills, taught by Leela School of Awakening.

Private 1:1 sessions are a powerful and intimate container to work on your deep emotional healing and self-discovery.

Anything, and everything is welcomed.

Leela therapy is offered by Kardash in person or on-line, through Inner Sight (an Activity under LEAD).

For more details see www.innersightav.org or whatsapp Kardash on 9940934875.

EDUCATION

NEWS FROM AUROVILLE LANGUAGE LAB



Registration for all classes:

info@aurovillelanguagelab.org

+91 9843030355 (WhatsApp)

Since joining the Auroville Language Lab in 2022, Jean Francois has taught French to many students. Jean Francois offers three 2-months courses. New batches start beginning of September.

New : French with Jean Francois

Since joining the LAB in 2022, Jean Francois has taught French to many students. Jean Francois offers three 2-months courses. New batches start beginning of September. These fill up quick, so please register soon.

Beginner French

This-16 hour course is for those who want to discover the French language. The classes are highly interactive, delving into French vocabulary of everyday life and the basics of grammar. By the end of the course, you would be able to make simple sentences useful to interaction, and talk about your work, hobbies, daily life, etc, in a simple way.

This course will start on September 2. Classes take place on Monday, 4:30 to 5:30 pm and on Wednesday, 4:30 to 5:30 pm.

French Conversation (Post-Beginner to Pre-Intermediate level)

This 12-hour course is for post-beginners with a little knowledge of French who are not yet comfortable conversing in French. This course will focus on day-to-day topics and will be a good mix of grammar, and interactive verbal as well as written exercises. By the end of the course, the students will acquire a more solid foundation in French conversational skills. All students who have taken Jean Francois's Beginner course are welcome to join!

This course will start on September 6. Classes take place on Fridays, 11 to 12:30 pm.

French Conversation (intermediate level)

For those of you who know a bit of French, this is the perfect course to get more fluent, expand your vocabulary and speak without inhibition in a diverse and fun group. Each lesson covers a theme of daily life (work, family, hobbies, projects, etc) and is aimed of developing the students'ability to express themselves and interact in French. Jean Francois would explore a range of topics like travel, sport, food, social sciences, news, theater, literature, economics and more. He will also review the grammar useful for basic conversation.

This 16-hour course will start on September 3. Classes take place on Tuesdays and on Thursdays, 2:30 to 3:30 pm.

If there's a language you would like to learn but it's not listed ... please let us know!

To join or enquire:

Please fill our form at <http://register.aurovillelanguagelab.org/>. You may also drop us an email at info@aurovillelanguagelab.org, call us at 262-3661, text or whatsapp at +91 9843030355 or come visit us!

Current Schedule of Classes

| Language | Level | Time | Day(s) Of Classes |
|------------|--|--|--------------------|
| English | Pre-Intermediate & Intermediate | 11:00am – 12:00 pm | Tuesday & Thursday |
| | Learn English through theatre | 11:00am – 12:00 pm | Monday & Wednesday |
| French | Conversation - Beginner & Intermediate | 4:20 – 5:20pm (Fri) 10:00 – 11:00 (Sat) | Friday & Saturday |
| | Beginner | 4:30 – 5:30 pm | Monday & Wednesday |
| | Conversation - Intermediate | 2:30 – 3:30 pm | Tuesday & Thursday |
| | Conversation – Pre-Intermediate | 11:00 – 12:30 pm | Friday |
| Tamil | Spoken Beginner | 9:30 to 10:30 am | Tuesday & Friday |
| | Spoken Intermediate | 9:30 – 10:30 am | Saturday |
| | Reading & Writing | 3:00 – 4:00 pm | Saturday |
| Sanskrit | Beginner | 2:00 to 4:00 pm | Thursday |
| Hindi | Beginner | 2:00 to 4:00 pm | Wednesday |
| German | Intensive/Advanced | 9:30 to 11:00 am | Monday & Wednesday |
| | Level A1/A2 – Intermediate | 9:30 – 11:00 am | Tuesday & Saturday |
| Spanish | Beginner | 2:30 to 3:30 pm | Monday & Wednesday |
| | Intermediate | TBA | TBA |
| Italian | Beginner | TBA | TBA |
| | Advanced | 4:00 to 5:30 pm | Thursday |
| Didgeridoo | Beginner | 4:45 to 5:45 pm | Tuesday & Thursday |

Please Note:

Registration and contribution are essential before you join a course with us. Please see our team member at the front desk to ensure this is completed, thank you! 🙏

The Language Lab is open:
Monday – Friday, 9am - 12pm & 2pm - 6pm
Saturday, 9am - 12pm & 2pm - 5pm

Location:

International Zone, after Unity Pavilion & Pump House.
Phones: (0413) 2623661(Lab), +919843030355 (Lab WA, 2622467, 3509932 **Email:** info@aurovillelanguagegelab.org and tomatis@aurovillelanguagegelab.org

TUTORIAL GRADE 1 TO UNIVERSITY AND SPOKEN ENGLISH AND LANGUAGE TRAINER

With my 18 years of experience in education, I offer academic tutorial sessions from grade 1 to university level in all subjects. Also I am a spoken English and language trainer. My contact number is 8270512606.

Thank you
Ashwini, Aspiration



CLASSES, WORKSHOPS & HEALING ARTS

CAPOEIRA - MARTIAL ART AND MUSIC WITH GINGA SAROBA

Afro-Brazilian martial art that combines elements of dance, acrobatics, music and movements. More than 500 years old, Capoeira is a constantly evolving art form, come connect and express yourself.

Join us for classes for teens and adults (15 yrs and above)
Intermediate : Tuesday, Thursday and Saturday - 5.15 PM - Dehashakti

Beginners: Tuesday and Thursday - 6.00 PM- Dehashakti
Contact: 7598446327

Let us know if you would like more information.



VÉRITÉ REGULAR EVENTS - SEPTEMBER 2024

Please contact Verite @
0413 2622045, 2622606, 9363624083 or
programming@verite.in,
treatments@verite.in, www.verite.in



CLASSES

Pranayama & Meditation – with Mamta – Monday & Friday 7:30am – 8:30am:

Prana is the vital force or the subtle bio energy which keeps us alive & functioning in the healthiest way possible. Yogic practices help nourish this Prana which in turn nourishes our mind & body. Pranayama is a modulation or regulation of Prana, done via controlled breathing exercises. We will discuss the meaning of Prana & Pranayama, its references in Yogic texts, prerequisites for Pranayama, postures, mudras & explore the interconnectedness of mind, body & breath. The session concludes with a brief relaxation in Savasana.

Restorative Yoga – with Ramya – Monday 9:15am – 10:15am:

This practice involves yoga postures, supported by props that allow you to completely relax and rest in each of the posture. It is a healing and therapeutic practice. It helps to calm, reset the entire body & mind, balance the nervous & immune system and improve capacity for healing. The focus of restorative yoga is that by relaxing in poses without strain or pain, you can achieve physical, mental and emotional relaxation.

Hatha Vinyasa Yoga – with Andres – Monday, Wednesday & Friday 5:00pm – 6:00pm:

Participants are guided towards a tension-free state of well-being, through postures (asanas), breathing techniques (pranayama), activation of the energetic centers (chakras), and relaxation techniques (yoga nidra, savasana). As a result, balance is restored in the physical, mental, and emotional being. With consistent practice, contentment (santosha), equanimity (śamatha), health, connection and well-being are established in daily life!

Deep Sound Bath – with Satyayuga – Monday, Thursday & Saturday 5:00pm – 6:00pm:

Deep Sound Bath is based on the ancient art of using vibration to awaken the inner being & align the body, heart & soul to the frequency of the universe. Sound Bath uses the unique frequencies of various instruments to promote healing on a cellular level. Some of the instruments used are Tibetan bowls, xylophone, and drum along with mystic chanting.

Sivananda Yoga – with Mani (no class 28 Sep) – Tuesday 9:15am – 10:15am, Saturday 5:00pm – 6:00pm:

The purpose of the practice is to remove the toxins accumulated in body and mind to clear the blockage in energy channels (nadis), Increasing the pranic energy level, Channelizing the pranic energy for spiritual progress. The class starts with breathing practice followed by some basic asanas to warm up and loosen up the body and joints. Then slowly proceed to some intermediate asanas and finally conclude with guided relaxation.

Free Flow Dance & Movement – with Vega – Tuesday 5.00pm - 6:30pm:

The body can be a great guide to the soul, enabling us to connect and reveal ourselves through movement. Join us and give your body an opportunity to flow in its rhythm and express itself freely.

Face & Eye Yoga – with Mamta – Tuesday 5.00pm - 6:00pm :

The physical & mental state of our inner world determines how we experience our outer world. Sense organs are the tools for each experience we have. Face Yoga involves simple self-massage techniques & exercises to release tension in the facial area, stimulate blood circulation & improve efficiency of our sense organs. In an era of increased screen time, our eye health may be compromised, unless we actively exercise this area. Eye Yoga uses techniques such as palming, blinking, near & far viewing & candle gazing. You will also learn tips to prevent eye damage caused by screen time.

Yoga for Happy Hips – with Dev – Tuesday 7:30am – 8:30am:

Happy hips yoga is the series of yogic postures designed mainly to stretch, strengthen and improve flexibility at Hip joints and pelvic muscles. Hip opening postures also improve blood circulation in the reproductive glands. It also stretches your hamstring muscles and flexes your spine which helps you to keep your body light.

Breath & Mind Harmony – with Ramya – Wednesday 9:15am – 10:15am:

Explore the synergy of breath and mindfulness to guide you towards inner peace and clarity. In this session, you'll explore various breathing techniques designed to calm the nervous system, boost mental clarity, and enhance your overall sense of well-being. And the guided mindfulness practices help you to manage stress, enhance concentration, and promote overall well-being.

Kirtan - Songs for Your Soul (contributions are voluntary) – with Mamta – Wednesday 5:00pm - 6:00pm:

Kirtan brings out our sacred vibration through uplifting rhythms into a state of divine love. This practice helps cleanse and nourish our energies and ground into our being.

Hatha Yoga Essentials – with Dev – Thursday 7:30am – 8:30am:

This practice helps to achieve balance between body and mind through asanas, pranayama, relaxation and meditation. We will follow a traditional approach to increase flexibility, de-stress, calm the mind and bring awareness and also help to achieve balance, heal and rejuvenate to experience inner peace and happiness.

Open Heart Space Meditation – with Samrat – Thursday 5:00pm – 6:00pm:

It is a simple practice of becoming aware of reality as it is without judgment, interpretation or reaction, and settling into its vast luminous expanse. We learn to embrace and let go of each experience as it arises and subsides. Eventually the mind falls silent and sinks into the open heart-space, a doorway to unity-consciousness, where the inner and outer worlds meet and merge. Along with meditation, there will be some mantra chanting, yoga, interactive dialogue, and whatever arises in the moment.

Strengthen and Align Yoga – with Dev – Saturday 7:30am – 8:30am:

Strengthen and alignment yoga is mainly to achieve ideal body posture with proper alignment. It also helps to unload the rigidity and promotes ease of movement in the body. We will work on the group of core muscles that helps to bring stability, endurance and controls the strain in spine, muscles and bones. It provides more efficient movement with less effort and stress.

TREATMENTS AND THERAPIES

Thai Yoga Massage Bodywork – with Andres.

Sometimes referred to as assisted yoga, Thai Yoga Therapy (Nuad Boran) is an ancient technique used to improve the flow of energy throughout the body. The practitioner uses acupressure, stretching, pulling and rocking techniques to relieve tension, promote relaxation and improve flexibility and circulation.

The Face & Neck Massage – with Mamta.

The Face & Neck Massage is a rejuvenating technique using special face oils, massaged with varying pressures into the face & neck, along specific energy lines & points, to induce a deep relaxation for body & mind.

Biodynamic Craniosacral Therapy - with Mila.

This therapy uses gentle touch to the head to help release tension in the skull, spine and sacrum, freeing energy that can help re-establish integral balance, and stimulating the healing capacity of the body.

Food is Medicine: Lifestyle Health Practices Consultation – with Parvathi.

Nutrition and lifestyle modifications consultation to transform health through personalized guidance. Learn about your body's constitution (Tridosha) and the plants, foods, spices and lifestyle practices that benefit your particular constitution and help prevent health complications.

Healing Facial Therapy: An 8 step Skin Care Treatment with Indigenous Herbs – with Parvathi.

The Healing Facial Therapy is a treatment which helps to cleanse the facial skin, remove dead cells, improve skin collagen, reduce wrinkles, treat acne and boosts the skin to glow, smoothness and softness. The indigenous herbs used in this treatment are natural products chosen to suit your skin type/dosha.

Integrated Ayurvedic Acupressure, Deep Tissue & Heart Healing Massage - with Raja.

Acupressure is the application of pressure on specific points on the body to address symptoms such as pain or digestive issues. Deep Tissue involves applying sustained pressure using slow, deep strokes to target the inner layers of your muscles and connective tissues. Heart Healing Massage helps increase relaxation, which helps reduce blood pressure and heart rate improvements in the delivery of oxygen to the heart and rest of the body.

Holistic Foot Reflexology – with Vyshnavi.

Manual pressure is applied to specific “reflex points” of the feet to assist in restoring the flow of life energy to support self-healing. Reflexology increases circulation, bringing more oxygen & nutrients to the cells, & helps reduce stress, improve digestion & promote sound sleep.

Integrated Energy Healing & Holistic Foot Reflexology – with Vyshnavi.

These sessions combine elements of Pranic Healing (energetic cleansing), Reiki (“divine healing” through innate intelligence), & Reflexology to internalize, integrate, & circulate channeled energy.

Energy Healing Reiki – with Vyshnavi.

Reiki is an energy healing technique that promotes physical, emotional, and spiritual well-being by channeling universal life energy through the practitioner's hands. Practitioners gently place their hands on or near the client's body to stimulate natural healing processes and reduce stress. This non-invasive therapy aims to enhance overall balance and harmony.

AUROMODE YOGA SPACE AURROTHAIMA – HEALTH & HEALING TRUST



SEPTEMBER 2024 SCHEDULE

Registrations are a must for all the programs. Email or WA us, to know about the fees structure and other details.

Contact – email – balaganesh.siva@gmail.com & WA (only) +91 98926 99804

| Day | Time | Description |
|---|-------------------|---------------------------|
| All days of the week (Monday to Sunday) | 5 30 pm - 6 45 pm | Vinyasa flow Yoga by Arun |

Find our Yoga Shala -

<https://youtube.com/shorts/8FTldxoWt9k?si=JMKXs062TplaE82D>

Auromode Apartments

0413 262 2224

<https://g.co/kgs/frzmN4>

Vinyasa Flow Yoga with Bala–August 2024

Traditional yoga practices are characterized by discipline, and Bala believes in the power of showing up. Therefore, we intend to create the time and space and offer you the choice of practice.

The class will be suitable for beginner to intermediate levels. Please bring your own yoga mats. Vinyasa Yoga is a gradual progression that connects one pose to another, unifying breath and movement for a smooth flow.

Friday, Saturday & Sunday
Time - 5 30 pm to 7 00 pm

Registration must

Please WA to know information about cost and other details

Auromode Yoga Space
Email - balaganesh.siva@gmail.com WA + 91 98926 99804





VÉRITÉ PROGRAMS - SEPTEMBER 2024

Phone : +91 413 2622045, 2622606

WhatsApp : +91 9363624083, 8489391876

Email : programming@verite.in

Website : www.verite.in

| YOGA & RE-CREATION PROGRAMS | | | |
|---------------------------------|---|------------------|------------|
| Days | Drop-in Classes | Timings | Presenters |
| Mondays | Pranayama & Meditation | 7:30am - 8:30am | Mamta |
| Mondays | Restorative Yoga | 9:15am - 10:15am | Ramya |
| Mondays | Hatha Vinyasa Yoga | 5:00pm - 6:00pm | Andres |
| Mondays | Deep Sound Bath | 5:00pm - 6:00pm | Satyayuga |
| Tuesdays | Sivananda Yoga | 9:15am - 10:15am | Mani |
| Tuesdays | Free Flow Dance & Movement | 5:00pm - 6:30pm | Vega |
| Tuesdays | Face & Eye Yoga | 5:00pm - 6:00pm | Mamta |
| Wednesdays | Yoga for Happy Hips | 7:30am - 8:30am | Dev |
| Wednesdays | Breath & Mind Harmony | 9:15am - 10:15am | Ramya |
| Wednesdays | Hatha Vinyasa Yoga | 5:00pm - 6:00pm | Andres |
| Wednesdays | Kirtan: Songs for Your Soul - <i>Contributions are voluntary</i> | 5:00pm - 6:00pm | Mamta |
| Thursdays | Hatha Yoga Essentials | 7:30am - 8:30am | Dev |
| Thursdays | Open Heart Space Meditation | 5:00pm - 6:00pm | Samrut |
| Thursdays | Deep Sound Bath | 5:00pm - 6:00pm | Satyayuga |
| Fridays | Pranayama & Meditation | 7:30am - 8:30am | Mamta |
| Fridays | Hatha Vinyasa Yoga | 5:00pm - 6:00pm | Andres |
| Saturdays | Strengthen and Align Yoga | 7:30am - 8:30am | Dev |
| Saturdays | Sivananda Yoga (no class 28 Sep) | 5:00pm - 6:00pm | Mani |
| Saturdays | Deep Sound Bath | 5:00pm - 6:00pm | Satyayuga |
| Day & Date | Workshops (pre-registration required) | Timings | Presenters |
| Fri 6 Sept | The Path of Yoga Nidra: Insights and Practice for Deep Relaxation | 9:15am - 12:00pm | Ramya |
| Sat 7 Sept | Pain Management: Yoga for Lower Back Pain | 9:15am - 12:00pm | Dev |
| Sat 7 Sept | Introduction to Ayurveda & Panchakarma | 2:00pm - 4:30pm | Dr. Geeta |
| Sat 14 Sept | Awareness Through the Body: Exploration of the Element Space | 9:15am - 12:00pm | Amir |
| Sat 14 Sept | Face & Eye Yoga: Face Your Self | 2:00pm - 4:30pm | Mamta |
| Sat 21 Sept | Master Class: Sivananda Yoga | 9:15am - 12:00pm | Mani |
| Sat 21 Sept | Food is Medicine: Lifestyle Health Practices | 2:00pm - 4:00pm | Parvathi |
| Sat 28 Sept | Pain Management: Yoga for Chronic Headache | 9:15am - 12:00pm | Dev |
| Sat 28 Sept | Food is Medicine: Lifestyle Health Practices | 2:00pm - 4:00pm | Paravathi |
| Therapies (by appointment only) | | Therapist | |
| | Thai Yoga Massage Bodywork | Andres | |
| | Face & Neck Massage | Mamta | |
| | Biodynamic Craniosacral Therapy | Mila | |
| | Food is Medicine: Lifestyle Health Practices Consultation | Parvathi | |
| | Healing Facial Therapy: An 8 step Skin Care Treatment with Indigenous Herbs | Parvathi | |
| | Integrated Ayurvedic Acupressure, Deep Tissue & Heart Healing Massage | Raja | |
| | Energy Healing Reiki | Vyshnavi | |
| | Holistic Foot Reflexology | Vyshnavi | |
| | Integrated Energy Healing & Holistic Foot Reflexology | Vyshnavi | |



VÉRITÉ WORKSHOPS

Pre-registration required

Please contact Verite @
0413 2622045, 2622606, 9363624083 or
programming@verite.in, www.verite.in



Food is Medicine: Lifestyle Health Practices – with Parvathi Saturday August 31, 2:00pm – 4:00pm

Learn about your body's constitution (Tridosas) & the plants, foods, spices & lifestyle practices that benefit your constitution & help prevent health complications. Parvathi will also demonstrate the proper way to prepare decoction/ infusion teas.

The Path of Yoga Nidra: Insights and Practice for Deep Relaxation – with Ramya

Friday September 6, 9:15am – 12:00pm

An immersive journey into the profound practice of Yoga Nidra. This workshop combines both theoretical understanding and experiential practice to deepen your knowledge and application of this transformative technique for deep relaxation.

Pain Management: Yoga for Lower Back Pain – with Dev Saturday September 7, 9:15am – 12:00pm

Pain Management workshop focuses on various yogic Techniques to understand, alleviate and also cure acute or chronic lower back pain. This workshop also includes various yogic approach and therapies to understand.

Introduction to Ayurveda & Panchakarma – with Dr. Geeta Saturday September 7, 2:00pm – 4:30pm

This workshop takes you along the journey of Ayurveda, the ancient Indian medical system and Panchakarma, which is a set of five cleansing procedures. Through this workshop you will learn the appropriate use of and principles behind the following practices, which aim to detoxify, rejuvenate, and restore balance to body, mind and spirit.

Cancellation of classes for the following:

Deep Sound Bath – with Satyayuga (Monday 26 Aug, Thursday 29 Aug, Saturday 31 Aug, 5PM - 6PM)

Change of class title for the following:

Current title: Vinyasa Yoga – with Ramya

New title: Gentle Hatha Yoga – with Ramya

Schedule: Weekly on Tuesdays, 9.15 am – 10.15 am and Thursdays, 7.30 am – 8.30 am

REGENERATION LISTENING CIRCLE



Learn the ways of Silence and how to utilize its Power
Saturday at 4:30 pm

Experiences of previous participants:

"Because of the ecological problems humanity is facing, I didn't want to have children, but after this circle today, I do again" - Guest

"I'm very sensitive, and I could feel the spirits of Mother Nature with us in this circle; very beautiful!" - Newcomer

"This talking-stick gives me Power; and with great Power, comes great Responsibility" - Aurovilian

Limited seating - Location will be shared after your reservation under

+49 1638041124 WhatsApp - Session duration: 1.5 h

Group booking for the Consensus Circle is possible on request

Submitted by Nadim

SERENDIPITY ACTIVITIES & THERAPIES

(Ex. Joy Community in front of Center GH)

Center Field, Auroville - 605101, TN, India

Landline: 0091 (0)413 - 3509950

Mobile/Whatsapp: +91 9385623342

Email: serendipityauroville@gmail.com

<https://serendipity.auroville.org>

<https://www.facebook.com/serendipityauroville>



REGULAR CLASSES:

Hatha Yoga with Ramesh

- Monday and Wednesday from 6 - 7pm and Friday 6:30 - 7:30pm, drop in class.

Ramesh offers hatha yoga classes with some vinyasa flow and include pranayama, traditional sanskrit mantra chanting, and meditation. The style is gentle, adaptive and progressive where passive, gravity-assisted poses are mingled with dynamic vinyasa-style flow as needed. He places a lot of focus on breathing and body-mindfulness during the practice. It is ideal for beginners to intermediate-level practitioners. You will be exposed to authentic Sanskrit terms and their correct pronunciation. The practice will be rejuvenative and restorative. These specific classes will be on donation basis even for guests.

Qi Gong with Lhamo

- Every Monday - Wednesday and Friday 7 - 8:15am

Qigong can be described as a mind-body-spirit practice that improves one's mental and physical health by integrating posture, movement, breathing technique, self-massage, sound, and focused intent. Specifically, this form of gentle exercise is composed of movements that are repeated a number of times, often stretching the body, and building awareness of how the body moves through space. There are likely thousands of qi gong styles, schools, traditions, forms, and lineages, each with practical applications and different theories about Qi ("subtle breath" or "vital energy") and Gong ("skill cultivated through steady practice"). As Lhamo has a very extensive knowledge of many of them, she will explore different styles according to the students.

Traditional Sanskrit Mantras with Sonia

- Friday from 5 - 6pm (Regular Students only).

In the recitation of Sanskrit Mantras the sound is very important and the specific pitches and strict rules of intonation and syllabic length should be learned according with the tradition of the great masters of the past, who figured out how to use the voice to calm the mind and attune the practitioner to the more subtle levels of the "sadhana" or spiritual path. Through the harmonic rhythm, repetition and participation in the singing, the mind reaches more clarity, concentration and tranquility.

THERAPIES:

Cheek Acupuncture with Lhamo

- On appointment only (+91 84380 53127)

Cheek acupuncture works on the principle that in the face there is a holographic miniaturization system covering the whole human body. Very small needles are used solely on the face of the patient, which is a mirror of the whole being. It uses a very interesting and immediate way to assess the changes in the body.

Gua Sha (Chinese Detox Scrub) with Lhamo

- On appointment only (+91 84380 53127)

This is one of China's oldest treatments. The practitioner uses a tool like a flat piece of jade to scrub the skin to help release blocks, stagnant blood, energy and restore a natural flow. When the toxins in the deep layers of the body reach the surface through scraping, they get more easily released from the body. This treatment is also suitable for healthy people to detoxify, to purify and improve the metabolism of the whole body.

GModern Trance Healing - Hypnotherapy with Lhamo

- On appointment only (+91 84380 53127)

In modern hypnosis, the emphasis is put on our own relationship to our own creative unconscious. There are many different aspects and parts in our outer and inner life. And there are parts that don't have a positive appearance. In Modern Trance Healing, we can turn them into positive possibilities and let them teach us how to discover their positive meaning.

"BASIC TOOLS OF ATB" WORKSHOP WITH FRANCESCO

14TH & 15TH SEPTEMBER - 5 SPOTS LEFT

This two-day workshop is designed to introduce educators, facilitators, and anyone interested in working with children to the basic practices of Awareness Through the Body (ATB). Participants will receive practical tools to effectively implement the basics of ATB with young children and/or people who approach it for the first times.

Please note: To participate, it is required that you have attended at least the ATB1 introductory workshop.

If you are interested in joining, please contact me to secure your spot:

Email: sghilli@hotmail.it

WhatsApp: +919626895370



Looking forward to welcoming you!

NONVIOLENT COMMUNICATION WORKSHOP

FROM 5TH SEPTEMBER

YouthLink would like to invite you to a Nonviolent Communication workshop, Facilitated by Vega (CNVC-certified trainer).

NVC is a communication tool that helps us connect from our hearts. This tool can enhance connection and understanding and make us more aware so we can make choices from a conscious space.

During this workshop, you will learn to practice basic principles of Nonviolent Communication and explore different ways of connecting oneself and others from the heart.

6-week Practice Sessions: From the **5th of September every Thursday from 4:30 pm to 6:30 pm.**

*Practice sessions for those with basic NVC experience, for deeper understanding and daily application.



NVC
Practice sessions

from 5th of September
every thursday 4:30pm to 6:30pm
for 6 weeks

register only



THE EMBODIED VOICE - WORKSHOP/RETREAT

14TH & 15TH SEPTEMBER



A two half-day workshop/retreat offering deep rest and listening, intuitive expression, self-massage and bodywork to soften physical constrictions, emotional processes, and partner/group explorations to play, feel connected, and sing or give voice in a way that feels both wild and safe.

Open to everyone. Relax into a place of allowing and enoughness, and witness what unfolds in honest process.

For more information, registration, and individual voice sessions, email: shalini.voicework@gmail.com

MINDFULNESS FOR STRESS REDUCTION (MBSR) - 1 WEEK INTENSIVE COURSE

MON 2ND SEPTEMBER - SAT 7TH SEPTEMBER

This course synthesises ancient Eastern wisdom on mindfulness with Western neuroscience, mind-body medicine & positive psychology.



The course can improve the ability to cope with the stresses of everyday life - giving space to respond to situations rather than react. It can help with anxiety & depression, to manage chronic pain, lower blood sugar levels, improve emotional regulation; increase attention, focus & memory; & plant inner seeds of happiness, kindness & acceptance.

It is suitable for those new to meditation as well as experienced meditators looking to deepen their practice.

Timings are: **7.30 - 9.30am (Mon to Fri) & 9am - 4pm on Sat 7th September.**

The course is led by Helen. Message her on 7094753054 for booking & details or see innersightav.org. The course is hosted by InnerSight (an Activity under Hospitality Trust).

THEATRE OF THE OPPRESSED - WORKSHOP

FRIDAY 30TH AUGUST - SUNDAY 1ST SEPTEMBER

The Theatre of the Oppressed (TO) describes theatrical forms that the Brazilian [theatre practitioner Augusto Boal](http://theatrepractitioner.com) first elaborated in the 1970s, initially in Brazil and later in Europe. In the Theatre of the Oppressed, the audience becomes active, such that as "spect-actors" they explore, show, analyse and transform the reality in which they are living.

YouthLink in collaboration with facilitators from "**zero to one**" organisation will offer for the first time in Auroville as a three-day intensive course. "**Zero to one**" is a consultancy company based in Trivandrum, Kerala which dedicates their revenue for NGO work, largely in experimenting and researching into social and emotional learning.

This course will offer participants the opportunity to be able to open their perspectives and observations to different kinds of oppression, how it impacts individuals, and to get an embodied sense of how it feels.

It will also provide tools to recognise oppression and to be able to deal with them in the future and give the possibility to heal from previous oppression related traumas.

This program can only accommodate a limited number of participants (**max 30**) due to its nature. Please make sure you can participate over the 3 days before signing up.

Date: **Friday 30th August until Sunday 1st September.**

Location: **CRIPA.**



PITANGA



Program - September 2024 Holiday closure on Saturday 7th August

DROP-IN CLASSES *Join without prior registration!*

Mondays

7:30am – 9am, **Asanas mixed level** with Rachel
8:30am – 10am, **Yoga Therapy** with Gala
4pm – 5pm, **Doing No -Thing Consciously** with Mike
5:30pm – 6:45pm, **Vinyasa Flow Yoga** with Dinagar, not on 02/09

Tuesdays

7:30am – 8:45am, **Self Practice** with Rachel, starts 3/09
5:30pm – 7pm, **KoTree Yoga** with Grace Gitadelila

Wednesdays

7:30am – 9am, **Asanas mixed level** with Rachel
8:30am – 10am, **Yoga Therapy** with Gala
5:30pm – 6:45pm, **Vinyasa Flow Yoga** with Dinagar

Thursdays

4:30pm – 5:30pm, **Aviva Exercise** with Suriyagandhi
5:30pm – 7pm, **KoTree Yoga** with Grace Gitadelila

Fridays

6:45am – 8am, **Pranayama** with François & Namrita, For former "The Art of Living" course participants
7:30am – 9am, **Asanas mixed level** with Rachel
8:30am – 10am, **Yoga Therapy** with Gala
4:30pm – 5:30pm, **Readings of the Life Divine** with Balvinder
5:15pm – 6:15pm, **Feldenkrais** with Shari
5:30pm – 6:45pm, **Vinyasa Flow Yoga** with Dinagar, not on 30/09

Saturdays (not on 7/09)

9am – 10:30am, **Asanas intermediate level** with Rachel
4pm – 5pm, **Odissi Classical Dance**, a beginners' class especially for children, with Agila, assisted by Rekha
4pm – 5:30pm, **KoTree Yoga** with Grace Gitadelila, not on 24/8

YOUTH ACTIVITIES

These are ongoing educational programs. If a child is interested, parents need to talk to the teacher before joining the class.

Asanas for Teenagers with Lisbeth

- **Mondays, Wednesdays, 4pm – 5:15pm**

These classes are for the teenagers from AV schools. It is still possible to join the course as there is some space in one of the classes. The student can come and try out, then see with the teacher. You'll be added to the TeenYoga app for communication.

Yoga for children, from 9 yrs. +, with Gala

- Saturdays 10am – 11am

Energy games for children, 9 yrs. +, with Gala

- Saturdays 11am – 12pm

CLASSES – BY PRIOR REGISTRATION

Art Therapy with Gala

- Thursdays, 3 – 5pm for adults
- Fridays, 3 – 5pm for families

ATB Exploration with Isora, and teachers in training Rosario and Teresa

- Thursdays, 5:30pm – 6:45pm
- Prior registration required.

HEALING SPACE – BY APPOINTMENT

- Acupuncture by Heidi
- Shiatsu by Patricia G
- Syntropy Insight Bodywork with Véronique D.
- Thai Yoga Massage by Juan

NEW ACTIVITIES

Syntropy Insight Bodywork with Véronique D.



The body and mind connected in a deep state of relaxation allows the nervous system to find new pathways for a comfortable and graceful posture as well as for an open and fluid mobility with less effort.

Syntropy Insight Bodywork is the experience of a soft healing touch that will take you into very slow integrated movements.

Through deep listening, both the practitioner and the person receiving go on a common exploration which can feel like a dance on the way to new possibilities in the body and in Life in general.

"Make the impossible possible, the possible easy and the easy elegant." – Moshe Feldenkrais

For an appointment with Veronique, please contact Pitanga.

Weekly Readings of the Life Divine with Balvinder,

- **Fridays, 4:30 – 5:30pm**

Resumes September 6.

"The ascent to the divine life is the human journey...This alone is man's real business in the world and the justification of his existence..." Sri Aurobindo.

The weekly reading sessions of The Life Divine are led by Balvinder, an Aurovilian and lifelong student of Sri Aurobindo's writings. Each session will proceed with Balvinder reading and giving explanations of the English prose. No prior knowledge of The Life Divine is necessary, just an openness to experiencing the beauty and wisdom of Sri Aurobindo's masterpiece. All are welcome to join. Feel free to come and listen even once to see if this is for you. No registration is necessary. It is helpful to have a book. However, a few extra copies are with us.

Yoga with Rachel

- **Monday, Wednesday, Friday 7:30am – 9am, Asanas mixed level**

Rachel offers detailed verbal guidance and instruction based on her extensive practical experience to guide you into the posture, focusing on the alignment of body, mind and essence. This practice helps to improve physical and mental abilities, helping us to live in the present with stability and joy.

- **Tuesday 7:30 – 8:45am, Self Practice**

The practitioner is invited to develop a deeper understanding of the asana practice by observing themselves in the different stages: observe, experiment, learn, stay, hold, undo, relax,

rest or recover at your own pace to improve the understanding of your practice and one's self. This is not a teacher-led class but a self-directed practice open to all yoga practitioners, while the teacher holds the space with her presence, helping in case of any doubt.

• **Saturday 9am – 10:30am, Asanas intermediate level**

For regular practitioners who wish to deepen their practice and those who have a good understanding of the basic yoga postures with consistent practice and are able to maintain a stable Sirsasana and Sarvangasana or their variations for at least 5 minutes.

Vinyasa Flow with Dinagar

• **Monday, Wednesday, Friday 5:30pm – 6:45pm**

In Vinyasa Flow Yoga, we connect asanas in a flowing sequence with the breath as our anchor. Dinagar studied with Balaganesh in Auroville and completed his teacher training in November 2023. He is excited to share the benefits of this dynamic practice in Auroville and looks forward to learning and growing with you. Pitanga is very happy to welcome an Auroville youth as a teacher in our team of dedicated facilitators.

Odissi Classical Dance with Agila, assisted by Rekha

• **Saturdays 4pm – 5pm**

"After the very successful performance of the Odissi dance class from Pitanga at CRIPA, on 30 th March, we received several enquiries from parents for a beginner's class, especially for children.

We are happy to say we will be starting this from August 3 rd from 4-5 pm every Saturday. It will introduce a yoga-based approach to centring, alignment and basic steps in the Odissi classical dance style taught by Agila, assisted by Rekha. The sessions will also be suitable for drop-in explorations by adults!" – Rekha Tandon

KoTree Yoga with Grace Gitadelila

• **Tuesdays & Thursdays 5:30pm – 7pm, Saturdays 4pm – 5:30pm**

KoTree Yoga is a feminine form in which asana sequences, movements and held poses, with attention to the breath, lead to create fluidity of fascia, muscle tonus, supple spine, and inner deep peace.

This is a drop-in class for all levels of adult practitioners.

WORKSHOPS

**Massage and Bodywork,
A workshop for beginners –
Module 1 with Shari**

- **23 August–27 September 2024**
- **Six Fridays, from 10 am–1 pm**



Are you interested in becoming a massage/bodywork practitioner?

Do you have good intuition that guides you in massage, but want to know more about what your intuition means?

Shari is offering an in-depth six-week beginner's course in massage and bodywork that will include anatomy and physiology, healing touch, techniques for treatments and the basics of a safe, effective, relaxing bodywork session.

"I teach a system of bodywork which I call 'Syntropy Insight Bodywork,' which is based on Feldenkrais's work, Functional Integration. The client remains fully clothed, and the technique is very gentle relaxing movement sequences to treat the entire body."

No prior experience is necessary. A commitment of the full six-week course and a contribution is requested.

Please contact Shari for further details: 73059 41614.

Pitanga supports a cashless economy in Auroville. If you are hosting guests who would like to participate in our activities, please inform them that contributions must be made cashless.

If you wish to receive our program of activities by email, please write to us.

See you at Pitanga, with a smile !

Pitanga Cultural Centre
2622403 / WA 9443902403
info@pitanga.in

CHILDBIRTH PREPARATION CLASSES

WEDNESDAYS, CREATIVITY

Childbirth preparation classes, including fathers, are offered throughout the year, at **Hall of Light, Creativity** community on Wednesdays. We received much appreciation for our childbirth classes, which help pregnant mothers, and their families understand pregnancy from a more holistic perspective. Each week, we have different themes and concepts. You're welcome to join us for a consultation and then enroll in classes.



5 pm to 6 pm - Movement classes like Yoga, dance, breath work, etc

6 pm to 7 pm – Theory on various aspects of pregnancy

Like to join the classes? Join our whatsapp group here https://chat.whatsapp.com/HbXJDKUuD_Gw9CsmhllkvEL or send message to Bala +91 9892699804 to add you in the group

All classes are drop in – out, if you are few minutes late or need to leave early we understand.

Morning Star is an unit under Health and Healing trust, run by midwives and doulas to support pregnancy, integrative child birth and women's wellness care in Auroville.

Our goal is to bring respectful maternity care to all.

If you like to know more about our work email us - morningstar@auroville.org.in and general administrative queries to Bala (WA only) + 91 9892699804.

DEEP SOUND BATH IN CREATIVITY

TIBETAN BOWLS

Hall of Light
CREATIVITY community

**Every Friday
from 5 to 6:30 PM**

Starting from 17th November



There will be a LIGHT massage by the Tibetan Bowls.

Lie down, relax, simply allow yourself to experience the ancient sound from the Tibetans bowls.

The practise produce a soothing sound believed to have a powerful effect in the body's energy system, helping to balance the chakras and promote healing.

"If we accept that sound is vibration and we know that vibration touches every part of our physical being, then we understand that sound is heard not only through our ears but through every cell in our bodies. One reason sound heals on a physical level is because it so deeply touches and transforms us on the emotional and spiritual planes."

Drop in the Hall, no reservation needed.

Please arrive 10 minutes before.

Guest 600 rs / Volunteer 300 rs
Aurovilians and Newcomers, conscious contribution

Sathyayuga
WA +917639761930

DISCOVER HOLISTIC WELL-BEING SERVICES AT ANITYA COMMUNITY !

Info and Bookings through WhatsApp | Anitya Community Centerfield | joyofimpermanence@auroville.org.in

Joi Anitya is a Registered Project under Hospitality Trust, Auroville Foundation

The Joy of Impermanence- Anitya Community Project is offering a variety of holistic well-being services to nurture your body, mind, and spirit. Located in the serene environment of Anitya Community, Centerfield, Auroville, our skilled practitioners are here to guide you on your journey toward health and inner peace. Below is an overview of the therapies available and how to get in touch:

THAI YOGA BODYWORK

- Practitioner: **Andres**
- Contact: **+91 97516 07501**

Combining elements of yoga, acupressure, and assisted stretching, Thai Yoga Bodywork is designed to release tension, improve circulation, and enhance flexibility. This therapeutic practice helps restore balance to your body and mind through gentle, rhythmic movements.

AYURVEDIC MASSAGE

- Practitioner: **Elene**
- Contact: **+91 70941 43719**

Rooted in ancient Indian healing traditions, Ayurvedic Massage uses herbal oils and specific techniques to detoxify and rejuvenate your body. This holistic treatment aims to balance your doshas (body energies), promoting overall well-being and harmony.

INTEGRAL COACHING

- Practitioner: **Dave**
- Contact: **+44 7564119728**

Integral Coaching offers a personalized approach to personal development, helping you achieve your goals by integrating all aspects of your life—mind, body, emotions, and spirit. Reconnect to your innermost nature and let presence lead.

SHAH-LU-HA-KA BODYWORK

- Practitioner: **Nikki**
- Contact: **+91 70947 16136**

This unique bodywork technique blends different massage styles, energy healing, and intuitive touch to release physical and emotional blockages. Shah-Lu-Ha-Ka Bodywork is a deeply restorative experience that invites your body to heal from within.

MINDFULNESS MEDITATION

- Practitioner: **Helen**
- Contact: **+91 70947 53054**

Join Helen for guided mindfulness meditation sessions designed to cultivate awareness, reduce stress, and enhance emotional resilience. Whether you're a beginner or an experienced meditator, these sessions provide a peaceful space to connect with your inner self.

WOMEN CIRCLES

- Practitioner: **Prem Shakti**
- Contact: **+91 94892 44823**

Women Circles offer a sacred space for women to gather, share, and support each other in their journeys. Led by Prem Shakti, these circles provide a nurturing environment where women can explore their personal growth, creativity, and spirituality.

JOIN OUR INTUITIVE MASSAGE WORKSHOP!

AUGUST 31ST & SEPTEMBER 1ST

We are excited to invite you to a transformative **Intuitive Massage Workshop** taking place on **August 31st and September 1st** from 9:30 AM to 12:30 PM at Anitya Community. This workshop is perfect for anyone looking to learn the art of massage, combining techniques inspired by Ayurvedic, Deep Tissue, and Hawaiian styles.

Under the guidance of our skilled instructor, you will gain the foundational knowledge to perform a regenerative full-body massage. Whether you're a beginner or someone looking to deepen your skills, this workshop offers a comprehensive introduction to intuitive bodywork that promotes healing and relaxation.

To Book Your Spot:

Contact Elene at +91 79041 43719 via WhatsApp.

Don't miss this opportunity to learn a valuable skill that you can share with loved ones or incorporate into your personal wellness routine. We look forward to seeing you there!

Location: Anitya Community, Centerfield, 500m after Center Gh, Auroville
Bookings: For more information or to book a session, please contact the practitioners directly via WhatsApp.
Email: joyofimpermanence@auroville.org.in
Embrace the journey of well-being with us at Joi Anitya—where the joy of impermanence becomes a way of life.



Quiet Healing Center, Auroville 605 104, Tamil Nadu, India
www.quiethealingcenter.info / quiet@auroville.org.in
Mobile & WhatsApp: +91 9488084966

SEPTEMBER PROGRAM

Watsu Basic® with Pooja Gautam 30th - 31st August (8:45am - 6:30pm: 16 hours)

Watsu is an aquatic bodywork modality given in a warm water pool (ideally 35°C). This basic introduces the qualities and body mechanics required to work with someone in water in order to create a profound state of both physical and mental relaxation.



The flowing interaction with water, its fluid support and warm embrace, and the practitioner's presence provide a space for the client to experience the multi-layered benefits of this powerful and softening bodywork. Watsu offers an opportunity for profound relaxation and letting go, for building trust, for being nurtured and held, for expanding inner and outer boundaries, for releasing emotions and traumas – ultimately, for freeing body and mind in a flow unique to each client and to each session.

In this course, you will practice basic techniques and qualities (grounding, presence, stillness, movement, attention) of being and moving another body in water. You will experience floating other people and being floated on the surface, thereby creating space for deep relaxation and nurturing body, mind and spirit.

Prerequisites: no previous experience required (also no need to know how to swim!).

WaterDance Fundamental with Roberto : 3rd - 8th September (8:45am - 6:30pm: 50 hours)

In this basic course, we'll focus on three fundamental aspects of WaterDance, a unique aquatic therapy: vertical grounding, posture of both giver and receiver, and the breath.



The key movement is Water Breath Dance, in which you will float

someone in your arms allowing them to gently sink as they exhale and rising with them as you both inhale. This creates a profound connection that carries through all other surface and underwater movements. Throughout the course, you'll also learn in a playful and yet attentive way how to bring your partner under water (with a nose clip). Sufficient time will be given for integrating fears or apprehensions to go under water.

In addition, you will learn and practice the basic WaterDance sequence, which forms the essential core of this powerful aquatic bodywork modality. On land, various tools such as guided meditations, body & energy work, active breathing exercises, and practising effective communication skills will offer opportunities for connecting deeper with yourself and with others.

Prerequisites: no previous experience required (also no need to know how to swim!).

Baby Watsu® Class with Appie & Friederike Monday 9th & 23rd September (9:30 - 11:00am)



A special opportunity to connect with your baby! You'll be guided how to hold, feel and move your baby, using the qualities of warm water, so that you and your baby can feel safe, at ease, and enjoy this quality time together.

You'll learn and practice the basics in



the group, while you stay focused on your baby's needs in the moment. In the end, there is free playtime.

Please bring towels and a closing swimming pant for your baby. For babies between **2 and 12 months** with their parents.

WOGA® (Yoga in Water) Class with Friederike & Tamara

Friday 13th & Monday 30th September (4:30 - 6.00pm)

WOGA is based on classic yoga poses and stretches, modified for standing in pool water, which is waist-to-chest high. Classes are structured like their yoga equivalent on land: breathing, warm-up exercises, a series of poses, and a relaxation period.



The substantial decrease of gravity in warm water allows greater ease of movement, unblocks articulations, lengthens & melts muscles, and removes negative tensions, thereby preventing stress, insomnia and anxiety.

Prerequisites: no previous experience required (also no need to know how to swim!).

Watsu® Yoga Round with Ellie & Roberto or Fred Saturday 14th & Sunday 29th September (3:00 - 6.30pm)

Watsu Yoga Round is a powerful tool for deep relaxation and inner peace. It focuses on listening to the body and offers a way to come back to your heart, to an inner silence that is fully alive and vibrant. It is an invitation to feel, awaken and celebrate the energy of your being.



While immersed in warm water during the Watsu Yoga Round, your body does not suffer from the effects of gravity; the flow of movements and stretching, alternated with moments of stillness, invite a progressive feeling of well-being: body and mind become free to dance!

Prerequisites: no previous experience required (also no need to know how to swim!).

Watsu® & OBA Basic with Fred Tuesday 17th - Sunday 22nd September (1:00 - 6:30pm : 31 hours)

Watsu and OBA (Oceanic Bodywork Aqua) are bodywork and therapy modalities given in a warm water pool. In this course, you'll learn Watsu's basic sequence and techniques to work with someone on the surface. During the OBA Basic, you'll get acquainted with bringing your receiver under water (with a nose clip), thereby offering a unique experience.



In this beginner's course, you'll practise basic techniques and qualities such as grounding, presence, stillness, movement, and attention while moving another person in water. You'll experience floating others and being floated, both on the surface and under water, thereby creating space for deep relaxation and nurturing body, mind and spirit.

This course offers an opportunity for profound relaxation and letting go, for building trust, for being nurtured and held, for expanding inner and outer boundaries, for releasing emotions and traumas – ultimately, for freeing body and mind.

Prerequisites: no previous experience required (also no need to know how to swim!).

**Watsu® 1 TF (Transition Flow) Basic with Darya
24th - 28th September (8:45am - 6:00pm: 34 hours)**

In this follow-up course, you will be taught to connect the movements and positions you've learned in Watsu Basic with long, gracefully flowing transitions and to adapt your work to people of different sizes, shapes, and dispositions. You will also learn about your own body mechanics and how to support and move each person as effortlessly as possible.



On land, you will be introduced to both Co-Centering and Tantsu, and explore what being held means to you and others. By attending this course, you'll have completed the first level of Watsu's 3-tier training program.

Prerequisites: Watsu Basic

**TROPICAL DRY EVERGREEN FOREST SPECIES
IDENTIFICATION INTRO WORKSHOP
2ND SEPTEMBER - 6TH SEPTEMBER**

Know your greens!

Introductory workshop on TDEF Species identification

Join us for a 5-day adventure exploring the vibrant flora of the Coromandel Coast. Learn to identify and appreciate native plants through sight, smell, and touch. Discover their edible and medicinal secrets while learning to look deeper with the art of nature journaling. Gear up, cap on, and immerse yourself in this hands-on experience.



Last date to register:
28th August

Dates:
2nd Sep to 6th Sep '24

15 SPOTS AVAILABLE !

Fees - Rs.7000/- (includes the course fees, daily lunch and refreshments)
Please write to us for further details - ecologicalhorticulturecourse@gmail.com

Location: Auroville Botanical Garden



To register or know more about our upcoming workshop at the Auroville Botanical Gardens from 2nd September to 6th September 2024, please contact us at - ecologicalhorticulturecourse@gmail.com.

SVARAM SOUND JOURNEY



SOUND JOURNEY

We are back for our 2024-2025 Season!

Every Wednesday

5:30 - 6:30 pm

Unity Pavilion, Auroville

In the meantime, we continue to offer our personalised Sound Experiences. Please scan the QR Code below for details



TAI CHI HALL @ SHARNGA

Schedule of classes after 24th August

Every day except Sundays.

Mondays and Saturdays: 7.30-9.30

Tuesdays to Fridays: 7.30-9

Upcoming: no classes on 29th August and 3 Sept



ACTIVITIES & EVENTS

GUIDED TOURS IN AUROVILLE BOTANICAL GARDENS

From the 20th of July to the 20th of October 2024

Come walk with us!
Guided Garden Tour

Auroville Botanical Gardens
Wednesdays and Fridays - 9.30 am (about 1 1/2 hour walk)
Be on time - Bring your water bottle and a hat - Meeting point at BG Kitchen
Please send us an email to: avbgtours@gmail.com to book your walk

avbgtours@gmail.com

TANGO AUROVILLE

wanna TANGO

AUROVILLE TANGO
New batch starts
The first week of each month

| | |
|--|--|
| MON 19:00 Introduction to Tango | WED 19:30 Guided Practice |
| 20:00 Opensource | 20:00 Practilonga |

Call: +91 98211 66082
Write to: tango@auroville.org.in

EARTH INSTITUTE TURNS 35!



We are 35! on 31st Of Aug' 24

As we milestone 3.5 decades of dedicated journey in the field of Earthen Architecture, we invite you to visit our campus and know more about our work. Our founder, Satprem, will be joining us online at 3PM to share his journey along with the team. Seeking blessings as we mature in this adventure!

YOUTH CENTER PIZZA NIGHT - SATURDAY

Pizza
night
 at the
youth center
Every Saturday
7:00 - 9:00 PM

come enjoy some pizzas and music with fresh vibration

EARTH SHASTRA OFFERING
 21ST - 29TH SEPTEMBER 2024

In Partnership with
 youth alliance
 FLOURISH
 YouthLink

EARTH SHASTRA
 Community in the times of Ecological Crisis
 21st - 29th Sep, 2024
 Applications **Live Now!!!**

Auroville
 Tamil Nadu
 A 9 day experiential leadership journey to discover the interconnections between ecology & economy.

Contact us for more details: - connect@youthallianceofindia.org

Earth-Shastra is a **9-day immersive journey** that will bring together 20 young changemakers from across India and 10 from Auroville, to slow down with a community of like-hearted people and make sense of the climate emergency and converging crises of our times. The focus is to develop the capacity to understand the global and climate crisis, and the humility to start with small actions. It also involves focus on personal transformation and nurturing a deep community over the 9-days and beyond. It is a leadership experience to orient one's life path as a response towards greater harmony with oneself, others and nature.

The immersive journey will involve nature connects, reflective circles, hands-on activities, content sessions and mentoring. This 8th edition will happen in Auroville, from **21st - 29th September, 2024**. This (8th) edition of Earth-Shastra by [Youth Alliance](#) (NGO based in Delhi) is being co-created with [Flourish](#) and [YouthLink](#).

This program can only accommodate a limited number of participants (**max 30**) due to its nature. Please make sure you can participate over the 9 days before signing up.

The last date to apply is **11th August!**
 To learn more or apply, scan the QR code.



MARCS CAFE ROOFTOP 30.08.24

ROOFTOP SESSIONS #8
 5PM TO 8PM
 30/08/2024
 DJ SET BY 47K

Join our enchanting Friday afternoon soiree where you can savor exquisite coffees, rare teas, falafel delights, tropical tapas, and lose yourself in a symphony from our celestial sound system.

MARC'S CAFE - STORE
 AUROVILLE MAIN ROAD KULAPALAYAM

NEW BOOK READING CIRCLE - EVERY MONDAY

READING CIRCLE
 Mondays | 6PM - 7PM

AUROVILLE LIBRARY
 All are welcome to listen or read along.

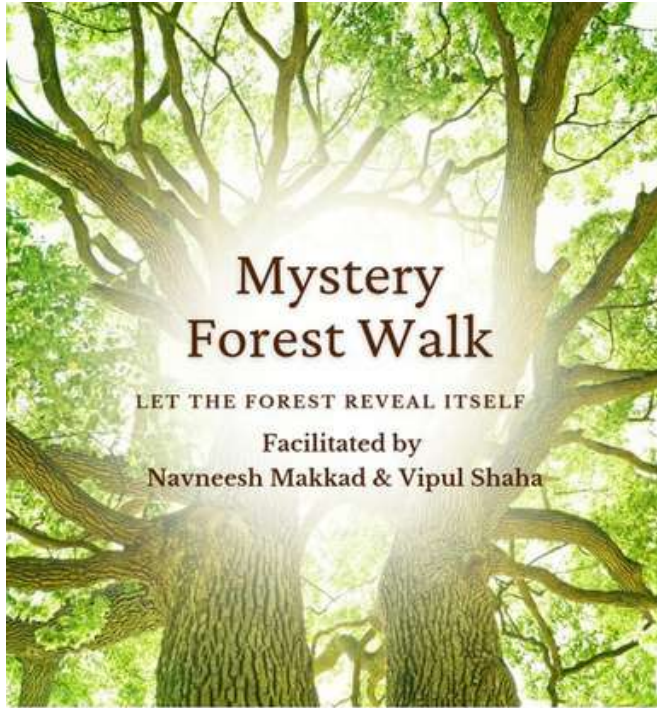
Book:
 "The Prophet" by Kahlil Gibran
 Organized by Mal +919080159721



"MYSTERY FOREST WALK

RÉVÉLATION FOREST

Let the Forest Reveal itself! Experience deep nature immersion through your senses. Slow down, reconnect with yourself and with a community of forest beings! Many treasures await your presence!



Date: 30th August (Friday) Time: 6:30am-8:30am

Venue: Revelation Forest, Mahakali Park, Auroville

• **Friday, 30th August - 6.30am to 8.30 am.**

- Facilitators - By Navneesh Makkad and Vipul Shaha (Pune).
- Hosted by - Révélation Forest, Mahakali Park, Auroville.
- Meeting point: - Révélation Gate, Adjacent to CSR and Auromode.
- Google Location - search for "Revelation Forest" - <https://maps.app.goo.gl/Au2rrqaacu6PmCbw7>
- Contribution basis. Walk-in permitted, however we suggest prior confirmation.
- Please bring a bottle of water, mosquito repellent, wear comfortable walking shoes and wear full clothes if you prefer extra protection from mosquitoes.



Please plan to arrive on time to be able to find the group at the entrance of the forest! See you there!

For registration and queries Contact on WhatsApp - Arun - +91 95001 83706

HIBISCUS ART VILLAGE FESTIVAL



Hibiscus Art Village presents Evolution Festival @ Sve Dame Sudha's Kitchen, 31 August 12pm - 10pm.

- **1:11** Keys by Hartmut on piano.
- **4:30** Louis Rose Return to your blossoming, Poetry reading. Accompanied by Abtin on piano.
- **5:00** Improvised solo on the piano and guitar by Abtin & Nathan.
- **5:30** Handpan by Olga.
- **6:00** Joyful folky acoustics by Dave & Kaia.
- **7:00** "NyDeNa we have a problem ouf" (Tomasso & Dhruv & Malcolm, Electronic, Instrumental).
- **8:00** Evolutionary Dj set by Queen Priscilla.
- **9:30** Spiral Dance by Prem Shakti.

Submitted by Elena for Hibiscus Art Village



IT MATTERS - WEEKLY ACTIVITIES - A/C ROOM

2 SEPTEMBER TO 7 SEPTEMBER

It Matters

Location: It Matters, Auroville Main road.

More info on itmatters.auroville.org/activities or instagram @auroville.curated.

All activities are Rs./600 for guests and Rs./150 for Aurovilians/Newcomers/Savi Registered Volunteers. Discount vouchers available.

- 28 August, Wednesday, 7:00 —8:00am : **Shatkarma Yoga & Asanas** with Akira -(Pre Registration only ; 24h in advance)
- 29 August, Thursday, 10:30 — 11:30am : **Mehandi Designs Workshop** with Varsha pawar
- 29 August, Thursday, 5:30—6:30pm : **Mandala drawing** with Thamizh
- 30 August, Friday, 7:00 —8:00am : **Shatkarma Yoga & Asanas** with Akira -(Pre Registration only ; 24h in advance)
- 30 August, Friday, 5:30—6:30pm : **Kollywood dance** with Pranathi
- 31 August, Saturday, 10—11am : **Laughter Yoga & Relaxation** with Ancolie Dove
- 31 August, Saturday, 2:00—3:30pm : **Sencha style Tea Ceremony** with Isha
- 31 August, Saturday, 4:30—5:30pm : **The Savitri Research Project** with Matthias
- 2 September, Monday, 7:30—8:30am : **Shatkarma Yoga & Asanas** with Akira - (Pre Registration only ; 24h in advance)
- 2 September, Monday, 5:30—6:30pm : **Taichi, The way of the Leaf** with Kaarthikeyan Kirubakaran
- 4 September, Wednesday, 7:30 —8:30am : **Shatkarma Yoga & Asanas** with Akira -(Pre Registration only ; 24h in advance)
- 5 September, Thursday, 10:30 — 11:30am : **Mehandi Designs Workshop** with Varsha pawar
- 5 September, Thursday, 5:30—6:30pm : **Mandala drawing** with Thamizh
- 6 September, Friday, 7:30 —8:30am : **Shatkarma Yoga & Asanas** with Akira -(Pre Registration only ; 24h in advance)
- 6 September, Friday, 5:30—6:30pm : **Kollywood dance** with Pranathi
- 7 September, Saturday, 2:00—3:30pm : **Sencha style Tea Ceremony** with Isha
- 7 September, Saturday, 4:30—5:30pm : **The Savitri Research Project** with Matthias

RUPHAVATI JOY ACTIVITIES

BIO-REGION TEMPLE TOUR

Interested in learning more about the religious heritage in and around the bio-region?

Come take a guided tour of temples around the bio-region.

Starting point from Solar Kitchen.

Can be scheduled anytime throughout the week.

Please contact in advance for more information and booking.



SOUTH-INDIAN CUISINE - COOKING CLASS

Learn to cook some delicious delicacies of south India with Rupavathi.

Monday to Saturday between 10AM and 5PM at creativity.

Please book sessions in advance.



THAI MASSAGE

Monday - Saturday between 9AM and 5PM

To book massage sessions or for more information, please contact personally.

TAILORING

We can tailor and customise any kinds of dresses, sari-blouses and kurtas.

For any of the above services, contact information below:

Phone/WhatsApp - 8098845200

Email - rupavathijoy@gmail.com

PERMACULTURE 360° FARM TOUR AT TERRA SOUL



terra soul

@ AUROVILLE

Permaculture 360°

Experience Permaculture Life at Terra Soul

Ever wondered what sustainable living looks like?

Join us

Saturday from 11:00 AM to 1:00 PM for an immersive tour of our permaculture farm in Auroville!

- ✓ Guided tour of our lush permaculture farm
- ✓ A chance to connect with Nature and like-minded communities
- ✓ Delicious farm-to-table lunch made from our fresh harvest

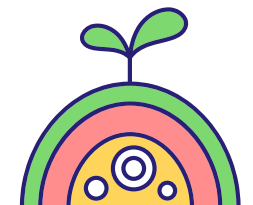
CALL & BOOK A TOUR NOW

JUAN - 9443434182

terrasoul_community

Limited spots available!

Register now to secure your place before coming and step into a world of sustainability.



FOODS, GOODS & SERVICES



inside india

DREAMS & MEMORIES

TRAVEL NEWS FROM INSIDE INDIA

Greetings from Inside India!

We're here to make your travel plans effortless, whether within India or beyond. From flights, trains, and buses to visas, taxis, and even accommodation—we handle it all. Need a passport renewal? We've got you covered.

Office Hours:

- **Location:** Kalpana office
- **Hours:** 10 AM - 5 PM (Mon-Fri)
- **Contact:** Mr. Ganesh: 2623030 (Landline), +91 98945 98686 (Mobile/WhatsApp)
- **Email:** travelshop@inside-india.com

Special Offers:

- **Emirates:** Fly high from Lyon and Paris.
- **Ethihad Airways:** Journey from Chennai to Paris, Frankfurt, London, Munich, Amsterdam, Madrid, Milan, Zurich, Rome, or Cairo.
- **Thai Airways:** Escape to Seoul from Chennai.
- **Air India:** Travel from Chennai to Paris, Zurich, Copenhagen, or Nairobi.
- **Qatar Airways:** Take off from Chennai to Frankfurt, London, Munich, Lisbon, Hamburg, Lyon, or Rome.
- **Lufthansa:** Discover new horizons from Chennai to Amsterdam, Madrid, Barcelona, Dublin, or Milan.
- **Ethiopian Airlines:** Venture from Chennai to Johannesburg or Nairobi.
- **Aeroflot:** Connect Delhi and Moscow with ease.

Travel Tips:

- **Sri Lanka:** The Supreme Court has paused the new e-Visa system as of August 2, 2024. If you applied after this date, your refund is on its way.
- **Cambodia:** Starting July 1, 2024, all travelers must submit an e-Arrival card online at least seven days before arriving. This digital card streamlines your entry by combining immigration, health, and customs forms into one smooth process.
- **India-Thailand:** Thai citizens rejoice! The Indian government has waived the e-Tourist visa fee from July 1 to December 31, 2024. Enjoy up to 30 days of exploration in India with double entry—just don't forget to apply for your visa beforehand.

Schengen Visa Notice for West & South India:

Planning a family trip to Europe? If you're applying for a Schengen visa in West or South India, just one parent needs to book an appointment slot, and the whole family can join in. Don't forget to bring your passports, birth certificates, or marriage certificates to verify your family ties.

Travel Advisory:

- Some travelers have faced challenges with e-FRRO Stay Visas during check-in, resulting in denied boarding. We recommend carrying your original visa or a photocopy to avoid any issues.
- Stay on top of flight delays, cancellations, and the latest COVID-19 guidelines with the newest advisories.

Also if you want to follow us for more regular infos:

Instagram: https://www.instagram.com/insideindia_av/

Facebook: <https://www.facebook.com/avinsideindia>

A heartfelt thank you to everyone who continues to trust us with your travel plans.

Here's to an amazing week of adventures!

Inside India Travel Team

AURODENT - DENTAL CLINIC

Auromode, Auroville

For Appointment please contact us

Email: aurodent@auroville.org.in

Phone: 0413-2622063 WhatsApp: 9629199328



Working hours:

- Monday - Friday (9am - 1pm & 2pm - 6pm)
- Saturday (9am - 1pm)

SPECIAL BREAKFAST AT MARC'S

Greetings from Marc's Café!

Join us every **Tuesday from 8:00 to 11:00 AM** for a special breakfast at Marc's.

Celebrate the Auroville spirit and connect with the community **over a cup of coffee and freshly baked croissants.**

Exclusive Offer: Enjoy a 50% discount on the mentioned items for all Aurovillians, newcomers, and SAVI volunteers.

See you soon!
Marc's Team



VÉRITÉ CAFÉ

Verité

TASTE OF YOGA

NOW OPEN AT VÉRITÉ

9:00 - 12:00
13:00 - 16:30

Monday to Saturday

Taste of Yoga offers a simple, quiet space to read, reflect and nourish oneself. Delicious healthful snacks, treats & drinks (*all free from animal products, gluten, caffeine, and added sugars*) have been designed with utmost care, integrating sattvic principles to promote overall well-being.

AIRCON CLEAN OFFERS COMPREHENSIVE AIR CONDITIONER CLEANING SERVICE KNOWN AS "JET SERVICE"

The Jet Service includes not only the filter cleaning but also indoor cooling coils, blades, and blower wheels, indoor cooler drain tray cleaning and outdoor unit with AC jet pump. After a cleaning service your air is fresh and healthy, reducing sickness and helping you live a healthier life.



Save up to 30% power usage with a regular cleaning service.

Contact Julien **AIRCON CLEAN** now at 9786809518 or email us at airconclean.av@gmail.com

FOODLINK MARKET OPEN EVERY DAY

We welcome you every morning from **9.30 am to 12.30 pm**. We are open to volunteers, guests & visitors and we accept payments by FS account, Aurocard and UPI. For more info, call /whatsapp us: +91 83002 68804 or pass by. Foodlink Team



Fruits, vegetables, milk & eggs from Auroville farms

Monday - Saturday
9:30 AM - 12:30 PM

FoodLink
Solar Kitchen Complex
Crown Road, Auroville

Call/WhatsApp:
+91 83002 68804



No cash payments. All payments are to be made via AVFS account, AuroCard or UPI.

DROPZY

Dropzy

Food, Groceries, Fruits & Veggies, Body Care, Wellness, etc.

Stay home, order and access. We'll drop it to you.



Dropzy is a multipurpose mobile app platform for ordering and accessing information from a wide range of in and around Auroville eateries, grocers, bakers, farms, therapists, professionals etc. **Dropzy** delivery personnel will pick up the orders from the outlets/stores; deliver them to the customers at their doorsteps and convenience.

Kindly do download the mobile app to register yourself to place orders supporting the outlets in and around Auroville and to find out relevant information to your needs.

Download link as shown below:

Android

<https://rb.gy/32zcx>

iPhone

<https://rb.gy/visp4c>

Desktop

<https://rb.gy/bpnud5>



Stay tuned in to our announcements and the app regularly, for more updates.

Best regards, Sathish Arumugam / For Dropzy
Mobile: +91 8098144686 / www.dropzy.in

SOLITUDE FARM - FRESH LOCAL FOOD

Dear friends,

So much beautiful fresh produce in this season. Subscribe for a basket that can be picked up from Solitude Farm once a week (or more).

Salad greens, spinaches, veggies, fruits and more.

9843319260

solitudepermaculture@gmail.com



SATSANGA RESTAURANT

Combo Menu - Home delivery

European and Indian dishes:

vegetarian, chicken, fish, prawn, meat, pasta, paneer cottage cheese and much more!

Call:

WA:8825801990 or 9080386900

Landline: 0413-2918553

Address: Auroville main road, next to HDFC Bank

Email: aurosatsanga@gmail.com

Satsanga



ECO FEMME OPEN HOUSE

eco femme

Come learn about:

- Sustainable products like cloth pads, menstrual cups, period panties and cloth nappies
- Menstrual cycle awareness
- Ethical business in a women-led social enterprise
- Our not-for-profit menstrual health education

EVERYONE IS WELCOME.

Every Thursday, 10:30am - 12:00pm

P.S. You can pick up all our eco-friendly products at a discount!



Eco Femme Office
Auroshilpam, Auroville

ecofemme.org | WA: +91 94871 79556



HALF-PRICE MAROMA PRODUCTS FOR ALL AUROVILIANS IN THE OUTLET STORE



Maroma is happy to announce that it is offering all products at half-price to all Aurovilians in its **Aspiration Outlet**. Come by and see our great range of all-natural cosmetics, soaps, shampoo and more! Great for gifts to loved ones, including yourself. The Outlet is located in the Maroma Campus in Aspiration and is open **9am - 5pm, Mon-Sat**. See you there!

Much love,

The Maroma Team

AUROVILLE LIBRARY TIMINGS

Our timings are:

Mornings:

Monday - Saturday: 9am - 12.30pm

Afternoons:

Mon, Wed, Thurs, Fri & Sat: 2pm - 4.30pm

Tuesdays: 4pm - 6.30pm

Every **Saturday** between 10am -11am: **Children's storytime!**



ANITYA COMMUNITY LUNCH

Our community lunches are still happening during the summer!

Contact Serena on WA to book one day in advance: **+91 84897 60966**

Contribution required (discount for AV/ NC and Volunteers)

See you at **12:30 on Thursdays and Saturdays** in our community kitchen!



JOIN OUR COMMUNITY LUNCH

Come and taste a delicious local non-spicy vegan meal made from our garden and Auroville farms' products, while sharing a good time with Anitya's community members



Limited seats available

Every Thursday & Saturday- Contribution required



Our project aims at creating settlements in Auroville to experiment a spiritual way of life based on 5 main principles:

Impermanence, Community Spirit, Sustainability, Self-sufficiency and DIY

MUST book min. 1 day in advance: +918489760966

Anitya is a community project registered under LEAD, Auroville
Location: Center Field, after center GH, follow the ANITYA signs
To know more about Anitya: joyofimpermanence.in



SARVAM COMPUTERS OFFERS RELIABLE SERVICE

Dear Community,

we are happy to inform you that Sarvam Computers has moved to the newer location in Utsav Complex. And we would always like to provide you with fast and reliable service.

Sarvam Computer offers all types of computer sales and service, data recovery, all types of Apple device sales and services, office network and server setup, monthly and annual maintenance etc.

Contact:

Bala

Sarvam Computers

Utsav Phase—1 A, First Floor, Vérité Radial, Auroville

• 0413 2622050, 9443211891, 9786953603

• sarvamcomputers@auroville.org.in



ARE YOUR TREES GETTING THE CARE THEY NEED!?

At **TreeCare** we have been working hard to expand our services and reduce our wait time. Call us today for a free visit & consultation.

Contact us through

+91 **90420 59890** or

office@treecareindia.com.

We have always believed in providing the best quality services, as well as educating people about the field of ARBORICULTURE and its importance in today's landscape.

Warmly,

TreeCare Team



REPAIR OF AIR CONDITIONERS, FRIGDES, WASHING MACHINES AND APPLIANCES

Loganathan working at Mahasaraswati Shop (near PTPS, Aspiration area) is a long term Aurovillian that has gained a lot of knowhow through looking after and repairing all kinds of machines. He happily repairs your machines and appliances.

You may contact him via phone / SMS or whatsapp
+91 94434 93025



LOOKING FOR

A RIDE FROM KODAI TO AV - 31 AUGUST & A WORKING CYCLE

Dear Auroville Community,

Was wondering if someone

- is driving from **Kodaikanal to Auroville around 31st Aug**
- has a **cycle in good working condition** to be lent to me for few months?

Thank you for reading and replying.

Love,
Deepa
9811574667 (no wa)
stigmatad@gmail.com



AN ACOUSTIC PIANO

Looking to buy an acoustic piano second hand in good condition. Any offer via whatsapp 9488239348 or pauli@auroville.org.in

Thank you
Paula

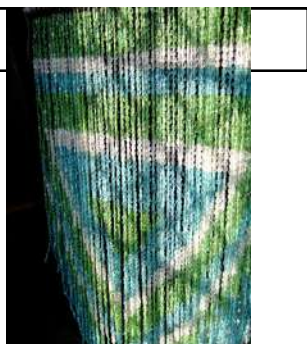


AVAILABLE

GLASS BEAD CURTAIN

Bijou classic deco curtain
blue, green and white pattern.
185 cm length / 85 cm width.
Available against contribution.

WhatsApp: 96555 34514 (Isha)



THREE SPACES AVAILABLE AT AURELEC

== A well protected 47 sqm building, opposite Aurelec, northern side, is available. This space is ideal for office or show room, with generator back-up, 24 hours security, parking, provision for air-conditioners, high speed fibre internet access (BSNL and Aurinoco) and canteen facilities.

== Conveniently located office room (around 50 sqm) inside Aurelec premises with generator back-up, 24 hours security, parking, provision for air-conditioners, high speed fibre internet access (BSNL and Aurinoco), canteen and sports facilities.

== 35.12 sqm space available inside Aurelec premises from 1st September 2024. This space is ideal for workshop or office, with generator back-up, 24 hours security, parking, provision for air-conditioners, high speed fibre internet access (BSNL and Aurinoco), canteen and sports facilities.

Interested people may contact Mr. Siva at Aurelec in person, or by phone to 2622293/2622294 or e-mail adps@auroville.org.in



TAXI SHARE

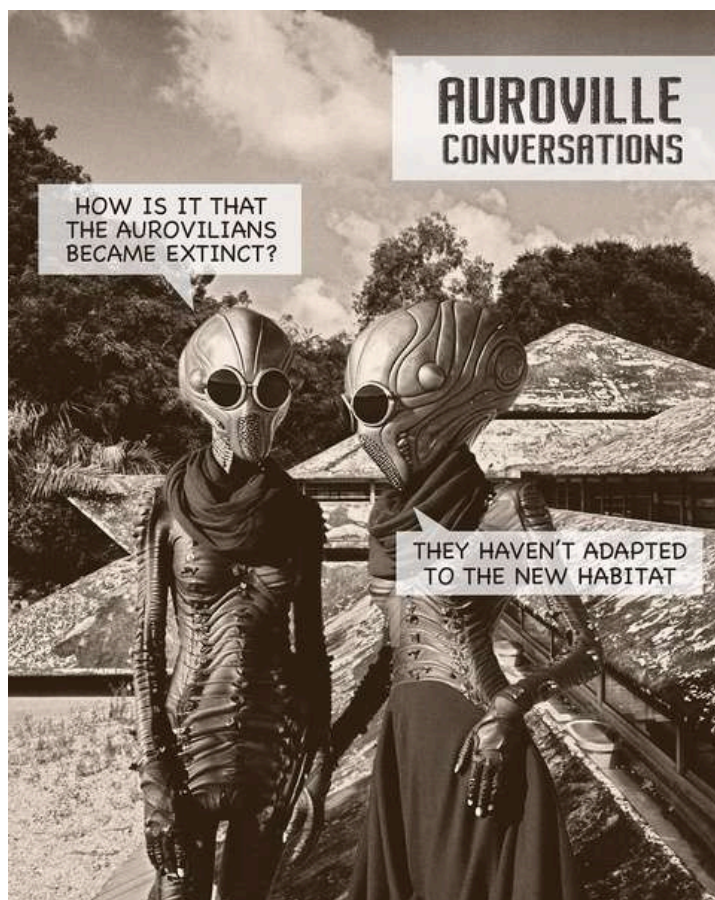


CHENNAI AIRPORT SEPTEMBER 3RD, NIGHT

Anyone needs to be at Chennai Airport on **the night between September 3rd and 4th?**

Taxi sharing is **only for the way TO Chennai**, not on the way back as I will then need the car alone to come back to Auroville as I will be taking a cat and the check out could be rather longish, not sure about the time I will be leaving from the airport. Please WhatsApp +39 3917254083 Monica

AUROVILLE CONVERSATIONS



Submitted by an Aurovillian

FO GROUPS NEWS

(not selected by due Residents Assembly process)

FROM THE FO N&N 1041

Please click [HERE](#) to read the FO Groups News

FRENCH NEWS & NOTES

NOUVELLES D'AUROVILLE



Auro - Traductions

Click [here](#) to read the French News&Notes or Scan the QR code:



CINEMA



presents at **MULTI MEDIA CENTRE AUDITORIUM (MMC, Town Hall)**

Reminder: Friday 30th: "AMÉLIE" by Jean-Pierre Jeunet. France, Germany, 2001.

Synopsis: The film tells the story of a shy, introverted and quirky waitress, Amélie Poulain, who decides to change the lives of those around her for the better while dealing with her own isolation. Amélie is born in 1974 and brought up by eccentric parents who – incorrectly believing that she has a heart defect – decide to home-school her. To cope with her loneliness, Amélie develops an active imagination and a mischievous personality. This marking a fabulous destiny for Amélie who finds its charm in the little things decides to help people around her, making them happy. Not by doing great big things or giving money, but by little ingenuity...

Amélie is a wonderful and modern day fairy tale story, shot in over 80 Parisian locations, acclaimed director Jean-Pierre Jeunet ("Delicatessen"; "The City of Lost Children") invokes his incomparable visionary style to capture the exquisite charm and mystery of Paris through the eyes of a beautiful ingenue. With colorful and bright images and full of life! -

Original version in French with English subtitles. Duration: 2h03'

FRIDAY 6th SEPTEMBER:

"URGA" - Close to Eden (Russian: Ўпра)

Directed by **Nikita Mikhalkov**. USSR, 1991

With: Bayaertu Badema, Vladimir Gostyukhin



Synopsis: The Mongolian shepherd Gombo lives with his wife Pagma, their three children and his mother in a yurt in the steppe, far from the nearest settlement. On the way, a Russian driver Sergei has an accident and his truck breaks down. He meets Gombo and is warmly welcomed by his family.

Beijing rules that no minority couple may have more than three children. Pagma wants Gombo to go to the town and buy contraceptives. Gombo and Sergei travel to the town together and a whole new world opens up for Gombo. Sergei leads him to the red-light district and the evening ends at the police station... Those insignificant events cause big changes in Gombo's family life!

Mikhalkov's beautifully shot and touching tale of the impact of modernization on rural Mongolia was nominated for the Best Foreign Language Oscar and won the top Golden Lion award at the 1991 Venice Film Festival!

Original version in Mongolian and Russian with English subtitles. Duration: 2h



ACCESSIBLE AUROVILLE PUBLIC BUS

avbus@auroville.org.in / +91 94430 74825

Auroville TO PONDICHERRY

| | Trip 1 | Trip 2 | Trip 3 |
|--------------------------------|--------|--------|--------|
| Svaram Musical Center | 7:00 | 8:50 | 14:50 |
| Vérité Guest House - Junction | 7:02 | 8:52 | 14:52 |
| Town Hall - Main Parking | 7:06 | 8:56 | 14:56 |
| Solar Kitchen (Ex Round About) | 7:10 | 9:00 | 15:00 |
| Certitude Entrance | 7:12 | 9:02 | 15:02 |
| New Creation Road | 7:17 | 9:07 | 15:07 |
| SBI Bank—Kuilalalayam | 7:19 | 9:09 | 15:09 |
| ECR Junction—Aroma Guest House | 7:23 | 9:14 | 15:14 |
| Quiet Healing Center—Junction | 7:26 | 9:17 | 15:17 |
| Lotus Hotel—S.V Patel Salai | 7:36 | 9:30 | 15:30 |
| Ashram Road Junction | 7:38 | 9:33 | 15:33 |
| Ashram Dining Hall | 7:40 | 9:35 | 15:35 |

Pondicherry TO AUROVILLE

| | Trip 1 | Trip 2 | Trip 3 |
|--------------------------------|--------|--------|--------|
| Ashram Dining Hall | 8:00 | 12:15 | 18:10 |
| Ashram Road Junction | 8:02 | 12:17 | 18:12 |
| Lotus Hotel—S.V Patel Salai | 8:07 | 12:22 | 18:17 |
| Quiet Healing Center—Junction | 8:17 | 12:32 | 18:27 |
| ECR Junction—Aroma Guest House | 8:20 | 12:35 | 18:30 |
| SBI Bank—Kuilalalayam | 8:25 | 12:40 | 18:35 |
| New Creation Road | 8:27 | 12:42 | 18:37 |
| Certitude | 8:32 | 12:47 | 18:42 |
| Solar Kitchen (Ex Round About) | 8:34 | 12:50 | 18:44 |
| Town Hall - Main Parking | 8:38 | 12:54 | 18:48 |
| Vérité Guest House - Junction | 8:42 | 12:58 | 18:52 |
| Svaram Musical Center | 8:45 | 13:00 | 18:55 |

- Monthly Rs. 800: Aurovilians & Newcomers, No validity
- Student Pass Rs. 1200 per month/ 24 days round trip
- Rs. 150 Round trip for Aurovilians & Newcomers
- Rs. 200 Round trip for guests

Bus passes are available at Auroville Vehicle Service, Town Hall, Auroville, 0413 2623302



EMERGENCY NUMBERS

Ambulance (24/7):

| | |
|-------------------------|----------------------|
| Auroville 9442224680 | PIMS 0413 2656271 |
|-------------------------|----------------------|

Security (24/7):

| | | |
|--|--|------------------------------------|
| Auroville Police Station 0413 2677318 | Kottakuppam Police Station 0413 2236148 | Vanur Fire Station 0413 2677368 |
|--|--|------------------------------------|

Health:

| | | |
|---|-----------------------|------------------------|
| Health Center 0413 3509942 & 3509943 | Santé 0413 2622803 | Farewell 8903836246 |
|---|-----------------------|------------------------|

Mental health 24/7 support:

Vandrevala Foundation +91 9999666555

India Emergency Response Service (24/7): 108



Cinema Paradiso

Multimedia Center (MMC) Auditorium

Film program: 02 September 2024 - 08 September 2024

Cinema Paradiso-Multimedia Center is operating at 100% seating capacity.

Seating starts about 15mins before screening and stops as the film starts. Kindly arrive in time.



A reminder not to use cell phone for any reason while the program is on, and no food/beverage to be taken inside the hall.

Watch out, now some days are mixed up from the usual!

Indian – Monday 2 September, 8:00 pm:

• CHANDU CHAMPION

India, 2024, Writer-Dir. Kabir Khan w/ Kartik Aaryan, Vijay Raaz, Bhuvan Arora, and others, Docudrama-Sports, 142mins, Hindi w/ English subtitles, Rated: NR (PG)

In a bustling Indian city, a young man from a humble background dream of becoming a champion boxer. Despite facing numerous obstacles, including financial struggles and societal pressures, he remains determined. With the support of his family and a dedicated coach, he trains tirelessly, overcoming personal and professional challenges. His journey is a testament to resilience and the power of dreams, culminating in a gripping final match that tests his limits and spirit. This inspiring true tale highlights the triumph of perseverance and hope. *An inspiring watch!*

Potpourri – Tuesday 3 September, 8:00 pm:

• EL ESPÍRITU DE LA COLMENA (The Spirit of the Beehive)

Spain, 1973, Writer-Dir. Víctor Erice w/Fernando Fernán Gómez, Teresa Gimpera, Ana Torrent, and others, Drama-Fantasy, 98mins, Spanish w/English subtitles, Rated: NR (R)

Set in Castilla around 1940, a traveling movie theatre brings James Whale's black and white film classic "Frankenstein" (1931) to a small village. Two young girls, Isabel and Ana, are subsequently determined to find the monster themselves.

Selection – Wednesday 4 September, 8:00 pm:

• LONE SURVIVOR

USA-UK, 2013, Writer-Dir. Peater Berg w/ Mark Wahlberg, Taylor Kitsch, Emile Hirsch, and others, Biography-Action, 121mins, English-Pashtu-Arabic w/English subtitles, Rated: R

In June 2005, Navy SEAL Marcus Luttrell and his team set out to capture or kill Taliban leader Ahmad Shah. After encountering mountain herders, they had to follow rules of engagement or face imprisonment. Now, they must fight for their lives in one of modern warfare's most valiant efforts.

Interesting – Thursday 5 September, 8:00 pm:

• BOBI WINE: THE PEOPLE'S PRESIDENT

UK-Uganda-USA, 2022, Dir. Moses Bwayo & Christopher Sharp w/Kagga Jayson, Barbie Kyagulanyi, Bobi Wine, and others, Documentary, 113mins, English w/ English subtitles, Rated: PG-13 (R)

This film follows Ugandan opposition leader Bobi Wine and his wife Barbie. Bobi rises from the ghetto slums of Kampala to one of the country's most loved superstars. His musical talent lifts him and emboldens millions of previously voiceless people. The activist star used his music to fight the dictatorial regime led by Yoweri Museveni, the person who led the country for 35 years.

International – Saturday 7 September, 8:00 pm:

• DUNE: PART TWO

USA-Canada-UAE-Hungary-Italy-New Zealand-Jordon-Gambia, 2024, Writer-Dir. Denis Villeneuve w/Timothee Chalamet, Zendaya, Rebecca Ferguson, and others, SciFi-Epic, 166mins, English w/ English subtitles, Rated: PG-13

Paul Atreides unites with Chani and the Fremen while on a warpath of revenge against the conspirators who destroyed his family. Facing a choice between the love of his life and the fate of the known universe, he endeavors to prevent a terrible future only he can foresee.

Children's Matinee – Sunday 8 September, 4:00 pm:

• DESPICABLE ME 4

USA, 2024, Dir. Chris Renaud & Patrick Delage w/Steve Carell, Kristen Wiig, Pierre Coffin, and others, Adventure=Animation, 94mins, English w/ English subtitles, Rated: PG

Gru, Lucy, Margo, Edith, and Agnes welcome a new member to the family, Gru Jr., who is intent on tormenting his dad. Gru faces a new nemesis in Maxime Le Mal and his girlfriend Valentina, and the family is forced to go on the run.

NEW GERMAN CINEMA @ CINÉ-CLUB

Born out of the social and political upheaval of the 1960s in West Germany, where the Oberhausen Manifesto of 1968 marked a pivotal moment. The manifesto declared the death of the old cinema and the birth of a new, more dynamic film culture. This declaration set the stage for the New German Cinema, which would prioritize artistic freedom, social critique, and a deeper exploration of human experiences.

GERMAN CINEMA @ CINÉ-CLUB

Ciné-Club Sunday 8 September, 8:00 pm:

• AGUIRRE, DER ZORN GOTTES (Aguirre, the wrath of God)

Germany, 1972, Dir. Werner Herzog w/ Klaus Kinski, Ruy Guerra, Elena Rojo and others, Biography – Adventure, 95 mins, German w/ English subtitles, Rated: R.

It's 1560; the Spanish Empire's reach has come across South America. Now leading an expedition on the Amazon River, a group of Conquistadors are now looking for the legendary city of gold: El Dorado. Descending into madness in the depths of the South American jungle, the Conquistadors will soon find a fearless and unforgiving leader in Lope de Aguirre; and from him they will suffer the Wrath of God.

Rating codes we often use are from Motion Picture Association of America (MPAA): G=General Audiences, PG=Parental guidance suggested, PG-13=Parents strongly cautioned, R=Restricted (equivalent to Indian rating: A i.e., for Adults), NR=Film Not rated, Rating awaited.

To organize a seminar/program at MMC kindly email us at mmcauditorium@auroville.org.in. Our projector is crawling towards the end of its life, compelling us to look for a new one. You could financially support through a one-time or recurring donations to "Cinema Paradiso" (account #105106) or set up for a monthly contribution.

Thanking You,
MMC/CP Group Account# 105106,
mmcauditorium@auroville.org.in

