

Auroville

NEWS & NOTES

No 1037- A weekly bulletin for residents of Auroville

25 July 2024

RA EDITION



SriMa, Tanto Far Beach, July 2024

PONDERING

Behind all destructions, whether the immense destructions of Nature, earthquakes, volcanic eruptions, cyclones, floods, etc., or the violent human destructions, wars, revolutions, revolts, I find the power of Kali, who is working in the earth-atmosphere to hasten the progress of transformation.

All that is not only divine in essence but also divine in realisation is by its very nature above these destructions and cannot be touched by them. Thus the extent of the disaster gives the measure of the imperfection.

The true way of preventing the repetition of these destructions is to learn their lesson and make the necessary progress.

Ref : Words of The Mother Vol. III
<https://sa15.in/behind-all-destructions/>



HOUSE OF MOTHER'S AGENDA

(After Satprem has read to Mother the conversation of [September 30](#), in which she envisaged the transition from man to the new being.)

My feeling (it's a sort of feeling-sensation) is that intermediary stages are necessary.

And then, when you see how man has had to fight against all of Nature in order to exist, you get the feeling that those who will understand and love those beings will have with them a relationship of devotion, attachment, service, as animals have with man; but those who won't love them... will be dangerous beings. I remember, I once had a very clear vision of the precarious situation of those new beings, and I said (this was before 1956, before the descent of the supramental power), I said, "The Supramental will first manifest in its aspect of Power, because that will be indispensable for the safety of the beings." And it was indeed Power that descended first—Power and Light. The Light that gives Knowledge and Power.

That's something I feel more and more clearly: the necessity of intermediary phases.... It's perfectly obvious that something is going on, but it's not the "something" that was seen and foreseen and will be the ultimate outcome: what's going to take place is ONE of the stages, not the ultimate outcome.

Sri Aurobindo also said, "There will first come the power to prolong life at will" (it's far more subtle and marvelous than that). But that's a state of consciousness which is now being established: it's a sort of constant and settled relationship and contact with the supreme Lord, which abolishes the sense of wear and tear; it replaces it with a sort of extraordinary flexibility, an extraordinary plasticity. But the SPONTANEOUS state of immortality isn't possible—at least not for the time being. This structure must be changed into something else, and judging from the way things are going on, it will take a long time before it's changed into something else. It may go much faster than in the past, but even assuming that the movement is speeding up, it still takes time (according to our notion of time). And the rather remarkable thing is that to be in the state of consciousness in which wear and tear no longer exists, you must change your sense of time: you enter a state in which time no longer has the same reality. It's something else. It's very peculiar... it's an innumerable present. I don't know.... Even that habit we have of thinking ahead of time or foreseeing what's going to happen or... it hinders, it reconnects you with the old way of being.

Voilà.

So I wish you a happy new year.

(In the afternoon, Mother sent the following note to Satprem, like a continuation of the morning's conversation, meaning that the integral realization, that of the new being, will only be possible when...)

Oh, to be spontaneously divine without watching oneself be, having gone beyond the stage where one wants to be divine.

— The Mother, Agenda, December 31, 1966

<https://incarnateword.in/agenda/7/december-31-1966>



With love and gratitude,
Gangalakshmi (HOMA)

NEWS & NOTES GUIDELINES

DEADLINE FOR SUBMISSIONS: TUESDAY 5PM

The content of News & Notes is a reflection of the growth process of this community towards its ideals of Harmony, Goodwill, and Truth. Editing of submissions, mainly for reasons of space and clarity, is done according to an established policy.

How to submit material:

- Max size of posters should be 1 MB, JPEG format. Bigger posters will be reduced or cropped to fit.
- Please AVOID CAPS letters
- Material (no pdf files, please) may be sent in English only to **newsandnotes@auroville.services**
- Articles for the Notes section should ideally be no longer than 500 words.
- Please try your best to send your announcements, reports, film schedules whenever they are ready. Any modifications of submitted News items must be sent to the editors before **Tuesday 5pm.**

DISCLAIMER:

Please note that the opinions and views expressed on these pages are solely those of the respective authors or work groups and do not necessarily reflect the position of the editors or the larger Auroville community. The News & Notes aims to provide a platform for the publication of diverse perspectives and voices from multiple sources within Auroville.

While our editors strive to ensure the accuracy of the information presented, we cannot guarantee that all information is free from error or omission. Additionally, we cannot be held liable for any alleged misinformation provided or offence caused by the content published.

In the event of any dispute, we encourage readers to consult with the Auroville Council, and we reserve the right to suspend the publication of disputed material. Our commitment to providing an open and inclusive platform for dialogue and exchange of ideas remains steadfast.

The News and Notes team
newsandnotes@auroville.services

LIST OF ACRONYMS:

AVF (Auroville Foundation), **AVFO/FO** (Auroville Foundation Office), **GB** (Governing Board), **RA** (Residents Assembly)

The following groups are divided in two categories: The groups selected by the Residents Assembly through Community decision making Processes and the groups put together by the GB and the FO (not recognised by the Residents Assembly).

Working groups selected by the Residents Assembly:

Working Committee (WCom)
Funds and Assets Management Committee (FAMC)
Budget Coordination Committee (BCC)
Town Development Council / L'avenir d'Auroville (TDC)

Auroville Council (AVC)
Entry Service (ES)

FO selected groups:

Working Committee (WC)

Funds and Assets Management Committee (FAMC)

Budget Coordination Committee (BCC / BCS)

Auroville Town Development Council (ATDC)

Housing Service (HS)

Land Board (LB)

CONTENTS

House of Mother's Agenda

Guidelines / Table of Contents / Acronyms

RA WORKING GROUPS NEWS

COMMUNITY NEWS

Obituary

Community Sharing

Awakening Spirit

Work Opportunities

Poetry

Voices and Notes

A Summary of Events Happening in Auroville Today

Health

Education

Classes, Workshops & Healing Arts

Activities & Events

Foods, Goods & Services

Available

Taxi Share

Looking For

FO Groups NEWS

Cinema

Auroville Conversations

French News & Notes

Book Release

AV Public Bus / Emergency Numbers

Cinema Paradiso Program

NOTE FROM THE EDITORS

Dear Community,

Here is some important information:

- You can read past issues and subscribe [HERE](#).
- If you wish to support the N&N community Edition, you can donate at this account Nr: **FS #252150**
- Content sent through *@auroville.org.in* mail ID, will only reach us if you use this [FORM](#) to submit your content.
- The mail ID to submit content is:
newsandnotes@auroville.services.

Thank you for your continued support!

In community,

The RA Community Edition News and Notes Team

FROM THE ENTRY SERVICE

NO ANNOUNCEMENT THIS WEEK

If you need to contact the Entry Board, write to: auroville.entryboard@gmail.com

FROM THE WORKING COMMITTEE

UPDATE ON THE SITUATION AT AUROORCHARD

Dear Auroville Community,

We wish to update you on the critical situation unfolding at AuroOrchard.

On 18th July, employees of Mr. T. V. Kannan closed fences, cutting off access to the home of Aravinda and Jasmin, two long-time residents and members of the farm. This action also separated the farm's cows from their shelter, food, and water sources. The root of this issue lies in a questionable land exchange brokered by the Auroville Foundation Office (AVFO) in November 2023, through which Mr. Kannan acquired 10 acres of AuroOrchard.

Despite previous assurances from the AVFO that the residents' house and essential farm infrastructure would not be affected by the land exchange, the situation has been deteriorating with increased pressure from Mr. Kannan to vacate his land. With many broken promises to replace the affected infrastructure, AuroOrchard finds itself in a distressing situation. Two of its residents, Aravinda and Jasmin, bear the brunt of this onslaught as they are unable to freely enter or exit their home of seven years, and are struggling to care for the farm's animals.

On 19th July, attempts were made to negotiate with Mr. Kannan to restore access for one month, while administrative solutions could be worked out. However, these efforts have not yet resulted in opening the blocked access. In addition, on 20th July, drinking water supply to the entire farm was stopped until it was noticed on 21st that the electric fuses for the pump (on Mr. Kannan's land) were "removed/missing". The situation remains absolutely distressing and uncertain.

We have written to the Governing Board, requesting them to address the situation and to uphold the assurance that homes and infrastructure would not be affected. It is unacceptable that the AVFO has effectively pitted residents against the buyer due to their mishandling of the exchange. Their continued silence, despite repeated requests to intervene in a situation they have caused, is deeply concerning. You will find this letter attached.

We invite community members to show their support by visiting AuroOrchard. Your presence can help demonstrate our collective concern and solidarity.

This situation is a stark reminder of the ongoing issues surrounding recent land exchanges. We call once again for a halt to all such transactions until proper processes are established and followed, as resolved by the Residents' Assembly.

While these events are deeply distressing, we continue to remain hopeful that through our united efforts and unwavering commitment to Auroville's ideals, we can overcome these challenges and grow truer as a community. We urge all community members to stay informed and engaged as we work together to address this crisis and protect Auroville's land and values.

In Service,

Bharathy, Chali, Maël (TOS), Matthieu (TOS), Prashant, Valli
For the Working Committee of the Residents' Assembly



COMMUNITY SHARING



AUROVILLE DOG SHELTER

MOVIE SHOOT AND DONATIONS APPEAL

On Friday 26th our dogs will be the stars of a movie shoot at the beach for an Indian movie production. The lovely production team and famous actress will visit the shelter before the shoot to give donations and make friends with their canine co-stars.

Unfortunately this means that we have to cancel our Mobile Vet Clinic Service in front of Solar Kitchen for this week but we will be back next week to offer our services to Auroville and its wonderful animals.

We are clearing now a small piece of unused land in the old dog shelter from meters of mullu to create a small dog forest where we will place self-made dog houses which we can take to the new shelter. The area has to be fenced and together with the rest of the shelter made monsoon-rain proof. As FAMC refuses to increase their monthly funding of Rs. 50.000 and we barely struggle to get by, we ask all kind hearted Aurovilian to donate building materials, cement, fences, sand, wood, old roof sheets, metal poles and anything they can spare to help us to fix up the overcrowded shelter.

We would be very grateful if some of the AV Units who could donate materials in kind would contact us. Please don't forget we have a donation barrel in front of old Pour Tous where we are collecting used cloth, newspapers, rice and other things for the shelter. Please help us to keep the shelter alive. Auroville had a dog shelter since 2005 and Auroville needs its dog shelter to keep the residents and animals safe. Please support us in any way you can! Our FS account is 251391 - www.aurovilledogshelter.com

You want to volunteer? You are most welcome!

Please contact Arthur through WhatsApp message: 812222266 (no calls please).

OBITUARY



LAKSHMANAN KRISHNAN



Lakshmanan Krishnan was born on June 25th, 1980, in Auroville. He grew up with his siblings Partha, Lakshmi, Renuka, and Ramu, under the care of his parents Krishnan and Soroja.

Educated in Auroville schools, he began his career at Transition School as a computer teacher and later became its executive.

He married Jayalakshmi, an executive at Auroville Press, and they are blessed with two sons, Nikhil and Sharan.

Beyond his professional life, Laxman was deeply involved in social activities within Auroville, notably advocating for cleanliness and actively participating in community service through organizations like RA. Known for his ever-present smile and generous spirit, he was always willing to lend a helping hand to those in need.



During his work in Transition School he simultaneously worked in Dehashakthi as a sports teacher.

Laxman also collaborated closely with the Farewell Team, ensuring smooth operations. Additionally, he lately served in the Auroville Entry Service.

His happiness was infectious, spreading warmth and comfort to everyone around him. Within his family, he stood as a pillar of strength, offering unwavering support and love through both good times and bad.

Though he has departed from this world, his spirit remains etched in our hearts and memories.

(written by Renuka and her daughter Nila)

A SHARING

ANACARDIUM OCCIDENTALE

Botanical name of Cashew is ANACARDIUM OCCIDENTALE. In the 16th century cashew was introduced from Brazil to India and was previously known as the GOA ALMOND.

In Goa, they prepare a famous liquor from cashew apple, it has the name Kaju Feni. Today India is the largest exporter of cashew nuts, other exporters being Brazil, Vietnam, West India etc..

Cashew is good for reclamation of sand dunes. But Monoculture of it is bad for Biodiversity. Plantations of Cashew around Auroville use chemical pesticides. That is bad for human health and environment health.

Once an old man used the poisonous liquid in a cashew plantation near Aurelec. Together with the old man was a small boy. Dr. Veena tried to explain to the old man that for a small boy it isn't nice to be in a poisonous atmosphere. Instead of an answer, the old man put the poisonous stream in her face. Behaviour of poisoned people isn't normal.

Boris



AWAKENING SPIRIT

INTRODUCTION TO THE INTEGRAL YOGA OF SRI AUROBINDO AND THE MOTHER

Tuesday, 30th July, 9 am - 12 noon

Focus: Practice – The Sunlit Path

Led by Ashesh Joshi

Place: Mirabelle Education Centre, Auromodele
Ph/Whatsapp: 9489147202 (Please register)

All are Welcome



AMPHITHEATRE - MATRIMANDIR

Meditation at sunset with SAVITRI,

After the summer time with our meditations with Sunil's New Year Music, we restart the cycle of Savitri, Sri Aurobindo's long mantric poem, read by Mother to Sunil's incredible music.

Every THURSDAY

6.00 to 6.30 pm

(weather permitting)



Enjoy the beautiful open space, in the very center of Auroville!

Reminder to all: The Park of Unity is a place for silence, meditation and inner work and is to be used only as such. We request everyone: please do not to use cameras, i-pads, cell phones, etc. No photos.

Dear Guests, please carry your Guest Card with you –Access only for the Amphitheatre from 5. 45 pm and the time of the meditation. Thank you.

Surya, Velmurugan and Vinay

THE OM CHOIR IN SAVITRI BHAVAN

Thursdays, 5:30 p.m.

ALL ARE WELCOME

- Narad



SRI AUROBINDO'S ROOM DARSHAN

15TH AUGUST 2024

Dear friends,
Sri Aurobindo's birthday is approaching.

The Sri Aurobindo Ashram will keep Sri Aurobindo's Room open for Darshan on that day.

Sri Aurobindo's Room Darshan is **open to all**.

To facilitate the visit to Sri Aurobindo's Room, the Ashram will distribute tokens.

Aurovilians and Newcomers will have the opportunity to pre-register for a token. Volunteers and guests of Auroville may collect their tokens at the Sri Aurobindo Ashram directly.

**The days and timing
for the REGISTRATION
of the tokens will be**

**Tuesday, August 6th
and Wednesday,
August 7th:
9am - 12pm & 3pm -
5pm**



Please come in person to register your token and identify yourself as a resident if you are not known to the organisers.

Residents who are unable to come to Pitanga themselves can send someone with a request note stating the name(s) and number(s) of tokens required. We will do our best to meet your needs.

We remind you, dear friends, that we do not accept requests by email or telephone. (Sorry for the inconvenience).

More information about the opening hours of the Sri Aurobindo Ashram on August 15th will be published next week.

Transportation: Darshan day is on Thursday. Please check with the person in charge of transportation if the AV bus is available that day.

Venue for the registration of tokens is:
Pitanga, Samasti.

We are grateful to the Sri Aurobindo Ashram for continuing its cooperation with Auroville on the Darshan days.

With love,
from Pitanga's team.

OPEN-CIRCLES FOR PSYCHIC BEING



Dear Friends,

With regards to the 'Open-Circles', previously announced, on the topic of the Psychic Being that will take place on:

- **Wednesday 24/08**, from 3.30 to 5pm in **English** at the Pavilion of Tibetan culture

Please find below a few guidelines that we would like you to take into consideration, to ensure a smooth and respectful sharing:

- Booking in advance is recommended in order for us to be able to wait for anyone arriving (not too) late. Arriving on time shows respect to the rest of the participants :)
- There is no obligation to share in the circle, however, we would like to encourage a fully present and deep listening audience
- The circles will not be recorded as our intention is to create a sacred and confidential space for the individual sharings.

Looking forward to meeting you at our upcoming circles,

Warm regards,
Dan, for the InnerBeing team

ACCESS TO THE PARK OF UNITY AND MATRIMANDIR

The Park of Unity

The Matrimandir, the Petals, the Lotus Pond, Banyan Tree are areas of SILENCE

- The Park of Unity is open to Aurovilians and Newcomers
Daily: 6.00 AM to 7.30 PM
- Aurovilians may bring close family and friends to the Gardens
Daily: 9.00 AM to 3.30 PM
- Volunteers and Donors require a pass to enter the Park of Unity. Timings will be indicated on the pass.
- Published events in the Park of Unity are open to Aurovilians, Newcomers, Volunteers, Pass holders and Guests. Guests should bring their Aurocards.

The Inner Chamber of the Matrimandir

The Matrimandir is a place for silent individual concentration.

- The Inner Chamber is open to Aurovilians and Newcomers:
Monday – Saturday 6.00 AM to 8.00 AM
4.30 PM to 7.30 PM
Sunday 6.00 AM to 12.00 PM
4.30 PM to 7.30 PM
- The Inner Chamber is open to SAVI registered Volunteers:
Wednesday – Monday 8.00 AM to 8.40 AM.
Arrival at 7.45 AM at the Office Gate
- The Inner Chamber is open to Aurovilians wishing to accompany a maximum of 5 close family and friends, no more than once in two weeks, with booking 3 to 5 days in advance to mmconcentration@auroville.org.in:
Any day except Tuesday & Sunday: 8.00 AM to 8.35 AM
Arrival at 7.45 AM at the Office Gate
- The Inner Chamber, the Petals and the Gardens are open to the Children of Auroville and the Outreach Schools:
Tuesday 9.00 AM to 11.00 AM
- The Auroville units can bring their staff to the Inner Chamber with a prior booking to mmconcentration@auroville.org.in:
Tuesday 8.00 AM to 8.30 AM

The Petals of the Matrimandir

- The Petals are open to Aurovilians, Newcomers and Pass holders
Monday – Sunday 7 AM to 8 AM,
Tuesday AM closed.
Daily 5 PM to 6 PM

Access to Matrimandir for Visitors and Guests Matrimandir Viewing Point

The Viewing Point is open to the general public on presentation of a Pass.

Visits to the Matrimandir Viewing Point are free of cost.

Free passes can be obtained at the Auroville Visitors Centre

The Viewing Point lies south of the Park of Unity and offers visitors a panoramic view of the Matrimandir and the Gardens and the Lake.

Timings starting from the Visitors Centre:

Daily: 9.00 AM to 5.30 PM

The Inner Chamber of the Matrimandir

The Inner Chamber is open to Visitors and Guests by prior booking only. Visitors and Guests seeking to concentrate in the Inner Chamber are requested to inquire at the Information Desk of the Visitors Centre after first visiting the Viewing Point. Prior booking is required to access the Inner Chamber at least one or two days in advance. Bookings for concentration are given for the following or the first free day as per availability and are accepted only up to one week in advance. Minimum age 10 years. The Petals are open to Visitors on the morning of their Inner Chamber visit.

A SATSANG ON THE INTEGRAL YOGA

A sacred gathering for the study and practice of the Integral Yoga of Sri Aurobindo and the Mother, founders of Auroville, the City of Dawn.

"The first necessity is the inner discovery in order to know what one truly is behind social, moral, cultural, racial and hereditary appearances. At the centre there is a being free, vast and knowing, who awaits our discovery and who ought to become the active centre of our being and our life in Auroville."

— The Mother

We start right here, in the Eternal Now, from where we each are at this ever-progressive moment, and share our unique experiences on the path of rediscovering and embodying who we really are.

Facilitated by Zech Joya

Schedule: **Tuesdays and Thursdays, 5:30-7:00pm**

Venue: Conference Room, G/F SAILER Building, Town Hall

Complex, or at an agreed upon venue in Auroville

By appointment only: please call 8300191193



[Please click this link for details](#) or scan the above QR Code



Also check Zech's Weekly Sharings:

<https://zechjoya.blogspot.com>

Or scan the QR Code on the left

SATSANGA ON LIVING LOVING TRUTH

4TH AUGUST - 15TH SEPTEMBER

Welcome to a Satsanga on
Living Loving Truth

A collective learning space to integrate the wisdom
from the Bhagavad Gita + **Dhammapada** in daily life.

4th August to 15th September

bit.ly/livinglovingtruth | devabhasha@auroville.org.in



What is Truth? What is Love?

How can we live and grow together in loving truth?

To explore such questions deeply, we warmly invite you for an online Satsanga on Living Loving Truth. More details are on:

bit.ly/livinglovingtruth

Grace and Gratitude,

Deven

On behalf of Vidyamandir and Samskritam Auroville Team

SAVITRI SATSANG WITH NARAD

Savitri Satsang with Narad will take place every

Wednesday at 6:30 pm

at the home of Uma and William in Kalpana.

WORK OPPORTUNITIES

OFFERING WORK

ECO FEMME IS LOOKING FOR AN INTERNATIONAL SALES COORDINATOR!

Would you like to join our **Sales team**, working with International retail customers?

We are looking for a **full-time** member.

eco femme

Skills and experience required:

- Proven experience in sales coordination or a related field.
- Competent written and verbal English communication skills with a dash of creativity
- Proficiency in Google Workspace, specifically Google Sheets, Docs, and Slides.
- Ability to speak other languages, specifically European languages, is a plus.

We are based in Auroshilpam. **Starting date:** Immediate.

For more detailed information and applications, please write to maha@ecofemme.org with your updated CV. Looking forward to hearing from you!

AUROVILLE INSTITUTE OF APPLIED TECHNOLOGY ASSISTANT PROFESSOR

Auroville Institute of Applied Technology, a college of Auroville affiliated with Pondicherry University, offers skill-centric Bachelor's Degree courses in sustainability (Renewable Energy), production technology, and information technology, including Software Development.

We are looking for an **assistant professor** with a minimum qualification of an M.E. in Mechanical Engineering and a Lab Assistant with a minimum Qualification of a Diploma in Mechanical Engineering for our production technology course.

Please contact
Lavkamad

Email to principal.aiat@auroville.org.in

POETRY

Coming Dawns

I am aware of coming dawns
And eternities of light
Pouring on the earth in morns
When all our waking days seem night.
I have beheld the Golden One
In a human body here.
She has descended from the sun
Together with the timeless Seer.
I do not know of this earth's fate
So strong the encompassing evil's flow
But I am aware of a light so great
That falsehood's power soon must go.

- Narad

A magnet bar
Having equal powers
To attract or repel
Sticks not to one pole
But stays equanimous
Only when left alone.

When it meets another
Of its kind,
It either attracts or repels —
It all depends
On orientation.

- Anandi Z.



VOICES AND NOTES

THE PRESSURE COOKER - A CHILDREN'S TALE

In the magical city of Auroville, there lived a boy named Surya. He loved his home, with its lush forests, colorful buildings, and friendly people from all over the world. But lately, things weren't quite right in Auroville.

Surya's parents seemed worried all the time. They whispered about "changes" and "new rules" that didn't make sense.

Even Surya's teacher at school looked stressed.

One day, Surya's mom was cooking dal in their old pressure cooker. The cooker hissed and whistled, steam escaping from its valve.

"That's what Auroville feels like right now," Surya's mom sighed. "Like we're all stuck in a big pressure cooker!"

Surya giggled at the silly image. "But Mom, pressure cookers make yummy food!"

His mom smiled. "You're right, sweetheart. Sometimes pressure can create good things too."

That night, Surya dreamed he was inside a giant pressure cooker with all his Aurovilian friends. They were getting squeezed tighter and tighter!

"What do we do?" cried his best friend Priya.

Surya remembered his mom's words. "Maybe we can use this pressure to make something good!"

So the children joined hands and started to sing. As their voices grew louder, the pressure cooker began to glow. Suddenly, it burst open, and a rainbow of light spilled out across Auroville.

The next morning, Surya told his parents about his dream.

"You know," said his dad thoughtfully, "maybe this difficult time is like that pressure cooker. It's uncomfortable, but it's pushing us to grow and change in new ways."

Over the next weeks, Surya noticed something interesting. People were talking more, coming up with creative ideas to solve problems. His teacher started a new project about Auroville's history. His parents' friends, who sometimes bickered over details, started to agree on what really matters and voiced it loud and strong. Even Surya felt braver about sharing his thoughts.

One evening, as the family sat on their rooftop watching the sunset over Matrimandir, Surya's mom hugged him close.

"Surya," she said, "no matter what changes come, remember that Auroville's spirit is in our hearts. Like your dream showed us, when we work together with love, we can turn pressure into light."

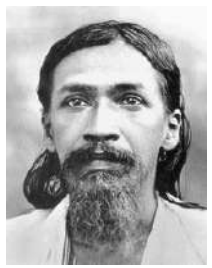
Surya nodded, feeling hopeful. He knew that just like his mom's delicious dal, sometimes the best things come from a little time in the pressure cooker.

The End.

Maël.

A SPIRITUAL 'RELIGION OF HUMANITY': THE HOPE OF THE FUTURE

"The Gnostic Cycle – Towards the Supermind", a seminal compilation from Sri Aurobindo's works, was a call to celebrate the new millennium with the highest teachings. I published the book under the umbrella of the Centre for Indian Culture, with a grant from the Government of India. The new volume



continued *"Immortal India – Towards the Ideal Society"*, published in 1997 under the sponsorship of the Sri Aurobindo 125th Birth Anniversary Group, Auroville. Simultaneously with *"The Gnostic Cycle – Towards the Supermind"*, on request of the Working Committee I published *"Auroville Prosperity"*, the foundation for my three books on Auroville during Mother's years. One thousand copies of *"Auroville Prosperity"* were made available, free, in the amphitheatre, to be collected after the dawn-fire meditation. This is how we entered the year 2000, in Auroville.

The following is taken from the fifteen pages Summary of the book, bringing together concise statements by Sri Aurobindo as a guide to the subsequent chapters.

A spiritual religion of humanity: hope of the future

The religion of humanity, mind-born child of the thinkers of the eighteenth century, tried to give itself a body in Positivism, but on a too rationalistic basis. The aim of the religion of humanity was formulated by a sort of primal intuition: to re-create society in the image of three kindred ideas, liberty, equality, brotherhood. None of the three has really won, because in an intellectual age the ideal of humanity had to mask its true character of religion. It has laboured to establish a political, social and legal liberty, equality and mutual help in an equal association. Yet these aims can only be secure when founded upon a change of the inner nature and way of living. Love, mutual recognition of human brotherhood, a living sense of human oneness: the religion of humanity remains unaccomplished, till these are brought about.

Brotherhood is the key to the triple gospel: the union of liberty and equality can be achieved only by human brotherhood. But brotherhood exists only in the soul, and by the soul. When the soul claims freedom, it is the freedom of its self-development, and the divinity in all beings. Equality is the claim for freedom equally for all, the recognition of the same godhead in all human beings. Brotherhood is founding of equal freedom of self-development on a common aim, a common life founded upon the recognition of this inner spiritual unity. For freedom, equality, brotherhood are eternal attributes of the Spirit. The practical recognition of this truth is that to which the religion of humanity must arrive.

A spiritual religion of humanity is the hope of the future. It is the growing realisation that there is a divine Reality in which we are all one, and the human race and being are the means of its self-revelation. Oneness with our fellow-beings will become the principle of our life, of a deeper brotherhood, an inner sense of unity and equality. It is the realisation that one's individual life is complete only in the life of one's fellow-beings, and that only in the free and full life of the individual can the perfection of the race be founded.

Paulette

THE GREATEST SEAT OF KNOWLEDGE

Auroville must wake up and step up to its True Role and Purpose as one of the most modern and progressive Gurukula of Mother India the Guru of Nations according to the Divine Action, Revelations and Supramental Vision-Goal of its Avatar founders Sri Aurobindo and the Mother. The following declaration from the Mother in 1953 for SAIUC/SAICE applies also to their Auroville:

"I am perfectly sure, I am quite confident, there is not the slightest doubt in my mind, that this University, which is being established here, will be the greatest seat of knowledge upon earth.

It may take fifty years, it may take a hundred years, and you may doubt about my being there; I may be there or not, but these children of mine will be there to carry out my work.

*And those who collaborate in this divine work today will have the joy and pride of having participated in such an exceptional achievement."*¹

Continue reading [HERE](#)

A SUMMARY OF EVENTS HAPPENING IN AUROVILLE TODAY

LAND EXCHANGES CONTINUE

Since the end of 2023, the AVFO has secretly conducted several land exchanges for the stated purpose of “land consolidation”, incurring devastating financial losses for Auroville. This section looks into the matter of recent land exchanges, and controversies around it.

RA WCom report on land exchanges

On 8th May 2024, the RA WCom published a [massbulletin](#) in which they shared several documents: a [report on land exchanges](#), a [list of all exchanges \(updated\)](#), executed till date with their estimated value, and a [map](#) showing the affected areas of Auroville. These documents show that, based on the market value of the lands that have been exchanged, **Auroville has lost an estimated amount of at least 245 crore rupees (30 million US dollars).**

The [report](#) underlines that in these exchanges, established procedures have not been followed. Main concerns mentioned in the report are “massive undervaluation”, “enormous financial loss” and “lack of transparency”. Among other points, the RA WCom point out that “opaque transactions at a loss dishonor [the] goodwill” of those who have acquired the land of Auroville, and that “the recent dismissal of Aurovilian Land Board members and appointment of outsiders, coupled with a total lack of communication regarding land exchanges, raises concerns about conflict of interest and lack of adhering to proper procedures”. This “raises questions about potential underhanded deals”.

The report also mentions: “It is apparent that two Land Board members who are related have negotiated purchases with their business partners. Property purchase documents show their relatives and in-laws as buyers, who subsequently sell the land to speculators.” Additionally, several land owners with land in the Auroville city area reportedly approached the AVFO ‘Land Board’ but were told they should sell instead to an outside party.

AuroOrchard land exchanges

As covered in previous issues of the Bulletin, the AuroOrchard team discovered in November 2023 that vital parts of their farm had been exchanged. Despite many back-and-forth email communications between the farm and the AVFO, and requests to reconsider this exchange or slightly shift its boundaries, the exchange was acted upon and the new landowner started fencing the area. This was followed by several other land exchanges impacting other key areas of AuroOrchard, summarized in a short [one-page summary](#) published by the AuroOrchard team on 7th April 2024, which states that “all these changes have made the farm extremely vulnerable”. This is concerning for Auroville’s food security, given that AuroOrchard is one of Auroville’s most productive farms (in 2023, it reportedly produced about 14 tons of vegetables, 10 tons of fruits, 5000 litres of milk and 2,60,000 eggs). You can read more about AuroOrchard’s story [here](#).

On 3rd May, an AuroOrchard resident reported that the new landowners were building “a slab fence through the most intensely cultivated vegetable fields and beds”. At the same time, the Ganesh temple that is part of AuroOrchard land and was blessed by the Mother was fenced off.

In June, AuroOrchard residents compiled a [chronology of events](#) covering land exchanges in their farm. This detailed chronology, which includes links to supporting documents such as email exchanges, offers a comprehensive overview on the matter. Along with the facts, it also highlights the many unkept promises and misleading claims that were made by the AVFO regarding this and other land exchanges.

Felicity & Djaima land exchanges

In March, 1.93 acres in Djaima and 1.5 acres in Felicity were exchanged by the AVFO for 5.4 acres in the Master Plan area, mostly land in the Greenbelt which does not have direct access. In both cases, access to some residents’ homes was compromised. T

These exchanges undervalued Auroville's road-front properties, incurring financial loss to Auroville, and were done without informing affected residents. Felicity's entry gate land was exchanged, forcing residents to negotiate access with new owners. On 25th June, when Felicity residents sought help for a new gate and entry path, the AVFO 'Land Board' reportedly pressured them to empty their community account to fund it.

Djaima has also been severely impacted by its land exchanges. The exchanges have led to the loss of protective fencing for the community, leading to security concerns. Djaima's water supply and infrastructure have also been compromised by these exchanges. In 2022, the parts of Djaima on which the main water lines for the community are located were exchanged. Since then, and despite the residents of Djaima having to pay 1.5 lakh rupees to the AVFO to build a new water tank, this work has not been completed. It is only thanks to the collaboration of the new landowner that Djaima has been able to sustain its water usage.

Plans for future land exchanges

[Minutes](#) from a GB Land Committee meeting on 20th June 2023, obtained through RTI, reveal: "The Secretary Auroville Foundation has suggested... 1054 acres may be purchased through exchange of Auroville Foundation lands owned outside the Master Plan area". This proposal, accepted by the Land Committee and GB, puts all Auroville outlying land at risk of exchange.

After the 67th Governing Board meeting on 31st May (minutes unpublished), unverified reports circulated claiming approval of 50 new land exchanges. The message that was circulated stated, "Planning and measurement work is underway to exchange the lands of Shakti Community, Sangamam Community, Felicity Community, Aspiration Community and Auromodel Community and the remaining land in AuroOrchard."

In the following days, surveyors were reportedly seen in Sangamam, Shakti, Aspiration and Forecomers communities, suggesting a clear intention to exchange these and possibly other Auroville lands.

IAC expresses concern over land exchanges

On 28th March, the IAC shared [a note](#) with the residents of Auroville, stating that they had "received numerous reports regarding the unequal value of land being exchanged by the Auroville Foundation, and the losses these exchanges are causing for Auroville". They added that they had sent a "strong-worded statement" to the GB, stressing "the importance of transparency regarding all land exchanges and [requesting] the Governing Board to put them on hold until the community is reassured that effective steps to ensure transparency and fairness to all stakeholders have been taken."

On 9th June, [a follow-up note](#) was shared via massbulletin, following an earlier joint meeting between the GB and the IAC. The note said, among other points: "We want to affirm that the IAC understands and supports the need for the consolidation of land in both City and Green Belt areas, so that the city the Mother envisioned can be built... However, we know that a city is more than infrastructure. It is about the people who create, live in and maintain the city, sacrificing so much to actualize the Mother's vision, which, if successfully achieved, will benefit all of humanity. We are convinced that the city is about the spirit more than the material manifestation." They added: "We will shortly be recommending ways to move forward in a manner that, in our estimate, would be transparent and unifying." It is the first time since December 2021 that four members of the IAC have signed statements jointly, which seems to indicate a shift in their collective positioning.

Other responses to these exchanges

In response to these land exchanges, the RA WCom published several massbulletins and communications, which are listed in their latest bimonthly reports (which can be found in the "For Further Information" section below). In their [8th May report](#), the RA WCom shared they have "written numerous times to the GB and IAC" and "have informed various relevant officials and have requested swift intervention from the Ministry".

They also said they had “sent a legal notice to the District Registrar”, “to the Collector and to other appropriate authorities”. Additionally, on 21st March a petition signed by about 150 residents was brought to the Registration Office in Vanur and sent to the Collector, asking to stop land exchange registrations. However, this does not seem to have fully stopped the exchanges as of now. On 1st June, at least six different Tamil news channels took interest in this story - especially the AuroOrchard land exchange - and produced several short video clips (available in the “Media & Other Links” section below).

Despite these controversies around land exchanges, fundraising efforts to acquire Auroville land is still ongoing. Several Auroville artists were approached in June 2024 by the ‘Art for Land’ team to offer some of their art pieces. After some artists raised questions about this, the ‘Art for Land’ team clarified that funds raised through this effort could also be used to pay land exchange fees. This prompted an Auroville artist to send [two strong-worded letters](#), and several artists have withdrawn their support to this year’s ‘Art for Land’ campaign.

Over the second half of June, the AV Council started organizing regular meetings in Auroville communities, to inform residents about these land exchanges. On 27th June, the RA’s Auroville Media Liaison posted a video titled “[Do you agree with Auroville land exchanges?](#)” on its Youtube channel. The next day, the [current ERAD](#) was called by the RA WCom in the hope that a strong collective voice from the RA will help pause the ongoing land exchanges and call the necessary attention of relevant officials to this most critical topic. On 30th June, the AVFO ‘WCom’ - now seemingly reduced to five members - reacted to this RAD with a [massbulletin](#) claiming that the RAD was “dishonest and manipulative”. The next day, the RA WCom replied with an [open letter](#) in which they affirm that the AVFO ‘WCom’'s “statement contains several misleading claims and misrepresentations”. Among other points, the RA WCom re-emphasized that this ERAD “aims to protect Auroville's lands and ensure their use aligns with our community's founding principles”. They also highlighted that while land consolidation is an important goal, it “must be done transparently, ethically, and in accordance with established procedures”.

RA WCOM BIMONTHLY REPORTS

The RA WCom have resumed their bi-monthly reports. On 25th March, they shared two reports via massbulletin, covering their activities for the [months of September to December 2023](#) and those of [January to February 2024](#).

On 24th May, they shared their latest report for the months of [March to April 2024](#). This document covers topics such as the Auroville Foundation internal functioning, their communications with GB & IAC, legal matters, land related matters, finances and assets as well as the proposal for the Matrimandir Lake.

MEDIA & OTHER LINKS

- 11th March, Deccan Chronicle: [Auroville's future hangs in balance](#)
- 17th March, The New Indian Express: [Order replacing Auroville panel illegal: Madras HC](#) by R. Sivakumar.
- 17th March, The Times of India: [Madras HC sets aside standing order for Auroville Council](#)
- 25th April, Le Monde: [Auroville, la cité utopique indienne menacée par le désenchantement et le nationalisme hindou](#) (French) by Sophie Landrin. An English translation is available here: [Auroville, the Indian utopian city threatened by disenchantment and Hindu nationalism](#).
- 14th May, Medium: [Ushering in the Divine Feminine](#) by Rajesh
- 1st June, several videos (in Tamil) featuring land exchanges, including interviews of an Auroville-born resident and a RA WCom resource person: [2-minute interview video](#), [S MEDIA PONDICHERRY](#), [Sun Star Media Pondicherry](#), [Oscar TV News](#) (from 8’20 onwards), [Rainbow TV Pondicherry](#) (from 15’ onwards), [Metro Channel News](#) (from 8’35 onwards), [Sathiyam TV](#)
- 22nd June, WE Demain, Issue 46: [Auroville, Un rêve est passé](#) (French) by Michèle Decoust

Other media contents:

- 11th March, Frontline (The Hindu): [Ancient magic in Auroville: A tiny forest holds hope for the future](#) by Paul Blanchflower
- 17th April, The New Yorker: [The Highest Tree House in the Amazon](#) by Allison Keeley
- Two news channels featuring an Auroville youth cycling from Auroville to Italy with her partner and their dogs: [AhmedabadMirror](#) (1st April) & [Nature Talk Podcasts on Youtube](#) (16th May)
- 26th June, Youtube video (in French): [Comment vivre sans argent et sans inégalités?](#) by Mathilde Odile

HEALTH**SANTÉ SERVICES IN JULY 2024****Working Hours:**

Monday - Saturday 9:00 - 12:30pm & 2:00 – 4:30pm

Tests and Sample collection:

Mon-Fri before **8:30** - 12:00 pm.

No sample collection on Saturday.

*sante***For emergencies, contact:**

Auroville Ambulance (24/7) : Phone: +(91) 9442224680

Government Ambulance (24/7) : Phone: 108

Appointment:

Please call Santé on (0413) 2622803 during working hours for an appointment

Doctor Consultation with Dr.Senthil: Monday to Friday	Nursing Care: Thilagam, Ezhil, Archana, Sandhya: Daily No appointment necessary
Ayurveda with Dr.Be: Mon/ Tue/ Wed/ Fri	Integrative Psychotherapy with Juan Andres: Monday to Friday
Acupuncture with Andres: TOS	Homeopathy with Michael: Monday/ Wednesday/ Saturday
Physiotherapy & Massage with Galina: Monday to Friday (except Wednesday)	Physiotherapy with Arun Monday to Saturday (except Friday)
Bio-Well Assessment (Evaluation of your well-being) with Helena: TOS	Soundbed Session with Sandhya/ Thilagam: Monday to Saturday

In Santé, we value our patient's confidentiality & make every effort to ensure their privacy.

In case of cancellation or to reschedule, it is necessary to inform us in advance.

LEELA THERAPY

A unique combination of psychotherapy, self-inquiry and ancient teachings of Enneagram of Liberation. I invite you to be supported by heart based and trauma-informed skills, taught by Leela School of Awakening.

Private 1:1 sessions are a powerful and intimate container to work on your deep emotional healing and self-discovery.

Anything, and everything is welcomed.

Leela therapy is offered by Kardash in person or on-line, through Inner Sight (an Activity under LEAD).

For more details see www.innersightav.org or whatsapp Kardash on 9940934875.



AUROKIYA INTEGRAL EYE CENTRE @ ARKA



Aurokiya Integral Eye Centre
(An Auroville Activity)



Working Hours:

Monday - Saturday
(9.00 am -5.30 pm)

EYE WELLNESS CENTRE



Services Provided:

- Emergency eye care services with primary-level care
- Complete eye testing facilities for eye problems
- Follow-up services for surgeries and consultation from Aravind
- Spectacles and contact lenses
- Eye medicines (Homeopathy, allopathy, and Ayurvedic Drops)
- Personal guided support to visit Aravind Eye Hospital for surgeries and procedures
- Personalized eye exercise training, eye yoga sessions, and vision therapy sessions. Both morning and evening slots are available

Contact: aurokiya@auroville.org.in; aurokiya@gmail.com
WA/ Mobile: 8012305151: www.aurokiya.com

EDUCATION

TUTION GRADE 1-12

Tution classes open for students from grade 1 to grade 12. Please contact on my WhatsApp 8270512606. Ashwini



SPOKEN ENGLISH AND HINDI

Hi! My name is Ashwini and I have an experience of 20 years as a Spoken **English, Hindi, Kannada and Marathi** language trainer for all levels. If you are interested in learning one of the above languages either in oral or written form please contact me on my WhatsApp 8270512606.

NEWS FROM AUROVILLE LANGUAGE LAB



Please remember to put your mobile phones on flight mode and switch off all wireless and Bluetooth devices before you enter the Lab. We are a wireless-free space!

Evening Programs!

From **1st February 2024**, we launched a new experiment. The Language Lab extended its opening hours from 5pm - 6:00pm, Monday to Friday. We are offering special evening programs which include conversational practice with native language speakers, talks, poetry readings as well as self-learning and guided study in different languages with our mediathèque.

This program is free of cost to everyone: Aurovilians, Newcomers, Volunteers, Guests, and people from around the Auroville area. The Language Lab has always been open to all and this program will be as well. Ever learnt a language but feel a bit rusty now? Come and revive it! All, including Guests, are welcome to join. Come share your language with others!

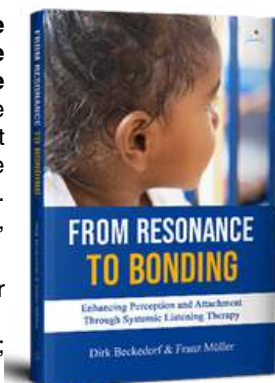
People have started to come back. Samskrit Chanting, Spanish, French and English and French Conversation Practice sessions are happening on Mondays, Tuesdays, Wednesdays and Thursdays, 5-6pm. For the English conversation sessions, the focus continues to be on the Auroville Charter and The Dream. All are welcome for these sessions.

Do let us know if you would like to be part of this experiment and what you would like to receive and offer, either as a participant or a facilitator, by sending an email to info@aurovillelanguage.org or a WhatsApp message to +91 98430 30355. You don't need to be a teacher; you simply should enjoy conversing with others and offer yourself for conversation practice. Incidentally, age no bar!

Our first full-length publication: We are thrilled to announce that the long-awaited printed copies have finally arrived!!! They are now on sale at the Lab and will be available soon at other outlets. They are available at the Auroville Library, you can borrow them. Please come to the Lab, have a look, and pick up your copy!

“From Resonance to Bonding” by our German Tomatis colleagues and friends, Dirk Beckedorf & Franz Müller, is also available on

Amazon as an e-book. The paperback version is not available on Amazon yet, but you can pre-book by going to <https://books.aurovillelanguagelab.org/> and click on “Pre-Booking (Paperback in India).”



The book gives an in-depth explanation of the Alfred Tomatis method, its scientific basis, how and why it works, along with detailed case studies. Order through our website: <https://books.aurovillelanguagelab.org/>.

You can access the detailed Table of Contents, as well as 2.5 chapters of the actual book for free [here](#), before deciding to buy the paperback or order through Amazon.

This book has information for a wide variety of professionals in different fields, as well as laypeople. For example, midwives, doulas, gynaecologists, as well as pregnant women, parents-to-be and recent parents, will find the chapter on “Resonance in the Womb” full of incredibly fascinating information. It is an excellent summary of all the research since Dr. Tomatis’ pioneering work in the early 1950s, on the development of listening in the womb. The book holds deep insights for anyone working in the field of education.

Looking for: Someone who can type in English! We have many case notes to type up which detail the progress made – especially by children – during Tomatis programs. The work would have to be done at the Lab. We need someone who can type, cares for people, and will respect confidentiality. We could definitely still do with someone to help with **fundraising**. And we always welcome volunteer language teachers.

We are delighted to announce that our website has been updated and is now available. We warmly invite you to visit and explore the new features and services we have added.

Tomatis

Please contact **0413-3509932** or **04132622467** or email us at tomatis@aurovillelanguagelab.org to schedule your Listening Tests & Consultations. In case you wrote earlier but haven’t heard back from us, please send us a reminder by email.

To know more about the Tomatis Method, please have a look at the following links:

- <https://www.aurovillelanguagelab.org/tomatis-method.php>
- <https://www.aurovillelanguagelab.org/tomatis-kids.php>
- <https://www.youtube.com/watch?v=wnpXprTI3m0>
- <https://www.youtube.com/channel/UCeTIG0y-sBMlyyWZNdZcAng/videos>
- <https://www.listenwell.com/>

NEW Language Courses at ALL

Registration for all classes:
info@aurovillelanguagelab.org
+91 9843030355 (WhatsApp)

Intensive German class with Ben, level A2 (drop-in possible)

We’ll concentrate on an effective way to improve your German skills, with a focus on free speaking, especially for those who want to go abroad and feel more secure with conversation and comprehension.

Day & Times: Mondays and Wednesdays 9:30 to 11:00 am (drop-in Possible)

Level Up! Intermediate German Course with Ben

Open to all who want to improve their speaking skills, prepare for the A1 or A2 exams, or refine their understanding of grammar. Professional practice books are provided.

Day & Times: Tuesday: 9:30 to 11:00 am

French Conversation with Yanis

We're delighted to welcome YANIS, of Romanian and French origin, who will offer French conversation for beginner and intermediate levels. Yanis is 23 years old and loves meeting people. He's very dynamic, creative, and extremely motivated to teach French conversation. It would give him great pleasure to help people learn to speak French. Whatever your level of Spoken French, come, and we'll see if the group can be managed together, or divided into two levels.

Day & Times: Friday 4:20 to 5:20 pm & Saturday 10:00 to 11:00 am

Spanish Beginner Class with Mila

A journey of language and culture with our dynamic Spanish beginner class, guided by our long-time language teacher from Spain.

Day & Times: Monday & Wednesday 2:30 to 3:30 Pm

Tamil Beginner Course with Saravanan

Catch up on Tamil sounds, learn basic grammar, and gain confidence in conversational Tamil. Our fun, interactive lessons and supportive environment make it easy and enjoyable. The class has started; it is a very nice group; join now, or else you'll have to wait for the next round.

Day & Times: Tuesday and Friday 9:30 to 10:30 am

Registration is still open.

Tamil Reading & Writing and also Spoken Intermediate with Murugesan

We welcome back our other Tamil teacher, Murugesan. His daughter is fine now, (many in Auroville know the story), so he is happy to re-start teaching at the Lab. He will offer one class of Intermediate Tamil, as well as another class specifically focussed on learning to read and write Tamil. Both classes will be an hour each and will start this coming Saturday (27.07.24). 9:00 to 10:00am and 3:00pm to 4:00pm. The classes have not started yet. Registration is still open. Murugesan is also available for individual private classes in Tamil on Saturdays. All sessions to be booked in advance.

Experience the magic of Persian Language and Poetry

Explore the rich culture of Persia with Anita, from Iran, who studies ancient history and myths. Learn about famous poets like Rumi and Khayyam, and discover the stories of the ancient Zoroastrians.

Listen to the lilting beauty of Persian and take your first steps to learn it. All are welcome to join this two-month course and also drop in per session.

Day & Times: Every Saturday 10:30 to 12:00 pm (Note the change in timing!).

New Beginner Hindi with Kaushal

Kaushal is a native Hindi speaker who is keenly interested in introducing the beauty and nuance of this language to eager learners. In this 16-hour (2 months) course, he will give an introduction to speaking, writing, and reading so as to familiarize students with the Hindi language.

The class has not started yet. We are waiting for a group of five to start. Registration is still open.

Days & Time: Wednesdays, 02:00 pm to 04:00 pm

Duration: 16 hours (over two months)

New Beginner Sanskrit with Kaushal

In this 16-hour (2 months) course, we start with the sounds and the alphabet, we shall enjoy exploring simple words, conversation, and chanting of selected mantras.

The class has not started yet. We are waiting for a group of five to start. Registration is still open.

Days & Time: Thursdays, 02:00 pm to 4:00 pm

Duration: 16 hours (over two months)

New Beginner Sanskrit with Kaushal

In this 16-hour (2 months) course, we start with the sounds and the alphabet, we shall enjoy exploring simple words, conversation, and chanting of selected mantras.

The class has not started yet. We are waiting for a group of five to start. Registration is still open.

Days & Time: Thursdays, 02:00 pm to 4:00 pm

Duration: 16 hours (over two months)

ENGLISH

The Language Lab is happy to provide a dynamic English program. English Pre-Intermediate Monday & Wednesday 3 to 4 pm (Youth Group) and 4 to 5 pm (Adults), English Intermediate Tuesday & Thursday 3 to 4 pm (Youth Group) and 4 to 5 pm (Adults). Additional timings available, contact the Auroville Language Lab to schedule what works for you!

This includes English Language Teacher Training: learn how to incorporate student-driven content into a creative and holistic lesson plan. (Schedule for an appointment).

Have you ever wondered how 'cards' can often make sense of certain situations and help guide you forward? Do you wish you could read them yourself instead? Come learn the art of card reading in English or French. Private classes to be scheduled with Taranti.

Beginner English for children between five and seven. Saturday 11 am to 12 pm. Let's play, have fun and learn together!

New Beginner English Class

Rupam will offer a new class for complete beginners: Let's start with the ABC of English!

Discover the Fun in Learning English through Theatre by Rupam

Explore Shakespeare, other playwrights, short stories, and poetry with us. Enhance your English communication skills through fun and interactive sessions.

Day & Times: Monday and Wednesday, 11:00 Am to 12:00 Pm

Age: 12+

Ongoing English Classes

The English Pre-Intermediate Youth group, general Pre-Intermediate, and Intermediate courses taught by Taranti and Rupam continue. Please see the schedule below.

Current Schedule of Classes

Language	Level	Time	Day(s) Of Classes
English	Pre-Intermediate & Intermediate 8-Hour (Monthly)	11:00 am – 12:00 pm	Tuesday & Thursday
	Learn English through theatre 8-Hour (Monthly)	11:00 am – 12:00 pm	Monday & Wednesday
	English Pre-Intermediate Youth Group 8-Hour (4 weeks)	3:00 – 4:00 pm	Monday & Wednesday
	English Pre-Intermediate Adult Group 8-Hour (4 weeks)	4:00 – 5:00 pm	Monday & Wednesday
	English Intermediate Adult Group 8-Hour (4 weeks)	4:00 – 5:00 pm	Tuesday & Thursday
	Conversation Intermediate Start date 9 April 2024 8-Hour (4 weeks)	3:00 – 4:00 pm	Tuesday & Thursday
	Beginner English for children between five and seven	11:00 am – 12:00 pm	Saturday
	Facilitating English Teacher Training 8-Hours (4 weeks)	5:00 – 6:00 pm	Monday, Tuesday & Wednesday
French Conversation	Beginner and Intermediate	4:20 to 5:20 pm (Fri) 10:00 to 11:00 am (Sat)	Friday & Saturday
German	Intensive German Class	9:30 – 11:00 am	Monday & Wednesday
	Intermediate (A1-A2)	9:30 – 11 am	Tuesday & Saturday
Persian	Persian Language and Poetry	10:30 am – 12 pm	Saturday
Sanskrit	Beginner	2:00 – 4:00 pm	Thursday
Hindi	Beginner	2:00 – 4:00 pm	Wednesday
Tamil	Spoken Beginner	09:30 – 10:30 am	Tuesday and Friday
	Spoken Intermediate	11:00 am – 12:00 pm	Saturday
	Reading & Writing	9:30 – 10:30 am	Saturday
Spanish	Beginner	2:30 – 3:30 pm	Monday & Wednesday
	Intermediate	To Be Announced	TBA
Italian	Beginner	To Be Announced	TBA
	Intermediate	To Be Announced	TBA

If there's a language you would like to learn but it's not listed ... please let us know!

To join or enquire:

**Please fill our form at <http://register.aurovillelanguagelab.org/>
You may also drop us an email at info@aurovillelanguagelab.org, call us at 262-3661, text or whatsapp us at +91 9843030355 or come visit us!**

Please Note:

Registration and contribution are essential before you join a course with us. Please see our team member at the front desk to ensure this is completed, thank you! 🙏

The Language Lab is open:
Monday – Friday, 9am - 12pm & 2pm - 6pm
Saturday, 9am - 12pm & 2pm - 5pm

Location:

International Zone, after Unity Pavilion & Pump House.

Phones: (0413) 2623661(Lab), +919843030355 (Lab WA, 2622467, 3509932 **Email:** info@aurovillelanguagelab.org and tomatis@aurovillelanguagelab.org



CLASSES, WORKSHOPS & HEALING ARTS

VÉRITÉ WORKSHOPS

Pre-registration required

Please contact Verite @
0413 2622045, 2622606, 9363624083 or
programming@verite.in, www.verite.in



Sivananda Yoga: Masterclass – with Mani Saturday, July 27, 9:15am – 12:00pm

A classic Sivananda session, including basic pranayama (breathing) and Surya namaskar (sun salutation), designed to massage and rejuvenate the entire spine, with rhythmic alternation between effort and relaxation to balance the nervous system and prepare it for the final guided relaxation.

Food is Medicine: Lifestyle Health Practices – with Parvathi Saturday, July 27, 2:00pm – 4:00pm

Learn about your body's constitution (Tridosha) & the plants, foods, spices & lifestyle practices that benefit your constitution & help prevent health complications. Parvathi will also demonstrate the proper way to prepare decoction/infusion teas.

Awareness Through the Body: Exploration of the Element Space – with Amir

Saturday, August 3, 9:15am – 12:00pm

Awareness through the body (ATB) facilitates a space for introspection to reconnect with oneself, by exploring tools and giving opportunities for inner discovery. ATB offers a means to increase our capacity to be present. ATB is an eclectic practice developed in Auroville for more than 30 years, based on Integral Yoga. In this session, we will explore the element of Space to cultivate contact with oneself and the world in a more intimate way.

Food is Medicine: Lifestyle Health Practices – with Parvathi Saturday, August 3, 2:00pm – 4:00pm

Learn about your body's constitution (Tridosha) & the plants, foods, spices & lifestyle practices that benefit your constitution & help prevent health complications. Parvathi will also demonstrate the proper way to prepare decoction/infusion teas.

VÉRITÉ REGULAR EVENTS - AUGUST 2024



Vérité

CLASSES

Contact Vérité @

0413 2622045, WA +91 9363624083

or e-mail programming@verite.in

Hatha Vinyasa Yoga – with Andres – Monday, Wednesday & Friday, 5:00pm – 6:00pm:

Participants are guided towards a tension-free state of well-being, through postures (asanas), breathing techniques (pranayama), activation of the energetic centers (chakras), and relaxation techniques (yoga nidra, savasana). As a result, balance is restored in the physical, mental, and emotional being. With consistent practice, contentment (santosha), equanimity (śamatha), health, connection and well-being are established in daily life!

Deep Sound Bath (no class 10 Aug) with Satyayuga – Monday, Thursday & Saturday, 5:00pm - 6:00pm:

Deep Sound Bath is based on the ancient art of using vibration to awaken the inner being & align the body, heart & soul to the frequency of the universe. Sound Bath uses the unique frequencies of various instruments to promote healing on a cellular level. Some of the instruments used are Tibetan bowls, xylophone, and drum along with mystic chanting.

Sivananda Yoga - with Mani – Tuesday 7:30am – 8:30am & Saturday, 5:00pm – 6:00pm:

The purpose of the practice is to remove the toxins accumulated in body and mind to clear the blockage in energy channels (nadis), Increasing the pranic energy level, Channelizing the pranic energy for spiritual progress. The class starts with breathing practice followed by some basic asanas to warm up and loosen up the body and joints. Then slowly proceed to some intermediate asanas and finally conclude with guided relaxation.

Vinyasa Yoga - with Ramya – Tuesday, 9:15am – 10:15am & Thursday, 7:30am – 8:30am:

Vinyasa yoga is characterized by stringing yoga postures together so that you flow from one posture to another with the movements being synchronized by breath. Vinyasa means to 'Move with the Breath', which is essentially the core of a Vinyasa class. So here you coordinate movements with breath to flow from one pose to the next. Vinyasa flow yoga will be moderate to high on intensity, helps build strength and stamina and help in weight loss. It helps to improve range of motion and cardiovascular health. It helps with stress relief as it can be a moving meditation.

Open Heart Space Meditation – with Samrat – Tuesday, 5:00pm – 6:00pm:

It is a simple practice of becoming aware of the reality as it is without judgment, interpretation or reaction, and settling into its vast luminous expanse. We learn to embrace and let go of each experience as it arises and subsides. Eventually the mind falls silent and sinks into the open heart-space, a doorway to unity-consciousness, where the inner and outer worlds meet and merge. Along with meditation, there will be some mantra chanting, yoga, interactive dialogue, and whatever arises in the moment.

Kirtan - Songs for Your Soul (no class 14 Aug) - contributions are voluntary – with Mamta – Wednesday, 5:00pm - 6:00pm:

IKirtan brings out our sacred vibration through uplifting rhythms into a state of divine love. This practice helps cleanse and nourish our energies and ground into our being.

Face & Eye Yoga (no class 15 Aug) – with Mamta – Thursday, 5.00pm - 6:00pm:

The physical & mental state of our inner world determines how we experience our outer world. Sense organs are the tools for each experience we have. Face Yoga involves simple self-massage techniques & exercises to release tension in the facial area, stimulate blood circulation & improve efficiency of our sense organs. In an era of increased screen time, our eye health may be compromised, unless we actively exercise this area. Eye Yoga uses techniques such as palming, blinking, near & far viewing & candle gazing. You will also learn tips to prevent eye damage caused by screen time.

Yoga Breath & Meditation Practice for Beginners – with Mamta – Friday, 9:15am – 10:15am:

Prana is the vital force or the subtle bio energy which keeps us alive & functioning in the healthiest way possible. Yogic practices help nourish this Prana which in turn nourishes our mind & body. Pranayama is a modulation or regulation of Prana, done via controlled breathing exercises. We will discuss the meaning of Prana & Pranayama, its references in Yogic texts, prerequisites for Pranayama, postures, mudras & explore the interconnectedness of mind, body & breath. The session concludes with a brief relaxation in Shavasana

Free Flow Dance & Movement (no class 9 Aug) – with Vega – Friday, 5.00pm - 6:30pm:

The body can be a great guide to the soul, enabling us to connect and reveal ourselves through movement. Join us and give your body an opportunity to flow in its rhythm and express itself freely.

TREATMENTS AND THERAPIES

The Face & Neck Massage – with Mamta.

The Face & Neck Massage is a rejuvenating technique using special face oils, massaged with varying pressures into the face & neck, along specific energy lines & points, to induce a deep relaxation for body & mind.

Biodynamic Craniosacral Therapy - with Mila.

This therapy uses gentle touch to the head to help release tension in the skull, spine and sacrum, freeing energy that can help re-establish integral balance, and stimulating the healing capacity of the body.

Food is Medicine : Lifestyle Health Practices Consultation – with Parvathi.

Nutrition and lifestyle modifications consultation to transform health through personalized guidance. Learn about your body's constitution (Tridosa) and the plants, foods, spices and lifestyle practices that benefit your particular constitution and help prevent health complications.

Healing Facial Therapy : An 8 step Skin Care Treatment with Indigenous Herbs – with Parvathi.

The Healing Facial Therapy is a treatment which helps to cleanse the facial skin, remove dead cells, improve skin collagen, reduce wrinkles, treat acne and boosts the skin to glow, smoothness and softness. The indigenous herbs used in this treatment are natural products chosen to suit your skin type/dosha.

Integrated Ayurvedic Acupressure, Deep Tissue & Heart Healing Massage - with Raja.

Acupressure is the application of pressure on specific points on the body to address symptoms such as pain or digestive issues. Deep Tissue involves applying sustained pressure using slow, deep strokes to target the inner layers of your muscles and connective tissues. Heart Healing Massage helps increase relaxation, which helps reduce blood pressure and heart rate improvements in the delivery of oxygen to the heart and rest of body.

Holistic Foot Reflexology – with Vyshnavi.

Manual pressure is applied to specific “reflex points” of the feet to assist in restoring the flow of life energy to support self-healing. Reflexology increases circulation, bringing more oxygen & nutrients to the cells, & helps reduce stress, improve digestion & promote sound sleep.

Integrated Energy Healing & Holistic Foot Reflexology – with Vyshnavi.

These sessions combine elements of Pranic Healing (energetic cleansing), Reiki ("divine healing" through innate intelligence), & Reflexology to internalize, integrate, & circulate channeled energy.

Energy Healing Reiki – with Vyshnavi.

Reiki is an energy healing technique that promotes physical, emotional, and spiritual well-being by channeling universal life energy through the practitioner's hands. Practitioners gently place their hands on or near the client's body to stimulate natural healing processes and reduce stress. This non-invasive therapy aims to enhance overall balance and harmony.

VÉRITÉ PROGRAMS – AUGUST 2024



Phone: +91 413 2622045, 2622606
 Whatsapp: +91 9363624083 / 8489391876
 Email: programming@verite.in
 Website: www.verite.in

YOGA & RE-CREATION PROGRAMS			
Days	Drop-in Classes	Timings	Presenters
Mondays	Hatha Vinyasa Yoga	5:00pm - 6:00pm	Andres
Mondays	Deep Sound Bath	5:00pm - 6:00pm	Satyayuga
Tuesdays	Sivananda Yoga	7:30am - 8:30am	Mari
Tuesdays	Vinyasa Yoga	9:15am - 10:15am	Ramya
Tuesdays	Open Heart Space Meditation	5:00pm - 6:00pm	Samrat
Wednesdays	Hatha Vinyasa Yoga	5:00pm - 6:00pm	Andres
Wednesdays	Kirtan: Songs for Your Soul - Contributions are voluntary (no class 14 Aug)	5:00pm - 6:00pm	Mamta
Thursdays	Vinyasa Yoga	7:30am - 8:30am	Ramya
Thursdays	Face & Eye Yoga (no class 15 Aug)	5:00pm - 6:00pm	Mamta
Fridays	Yoga Breath & Meditation Practice for Beginners	9:15am - 10:15am	Mamta
Fridays	Free Flow Dance & Movement (no class 9 Aug)	5:00pm - 6:30pm	Vega
Fridays	Hatha Vinyasa Yoga	5:00pm - 6:00pm	Andres
Saturdays	Sivananda Yoga	5:00pm - 6:00pm	Mari
Saturdays	Deep Sound Bath (no class 10 Aug)	5:00pm - 6:00pm	Satyayuga
Day & Date	Workshops (pre-registration required)	Timings	Presenters
Sat, 3 Aug	Awareness Through the Body : Exploration of the Element Space	9:15am - 12:00pm	Amir
Sat, 3 Aug	Food is Medicine : Lifestyle Health Practices	2:00pm - 4:00pm	Parvathi
Sat, 10 Aug	Introduction to Ayurveda & Panchakarma	2:00pm - 4:30pm	Dr. Geeta
Sat, 17 Aug	The Path of Yoga Nidra : Insights and Practice for Deep Relaxation	9:15am - 12:00pm	Ramya
Sat, 17 Aug	Food is Medicine : Lifestyle Health Practices	2:00pm - 4:00pm	Parvathi
Sat, 24 Aug	Master Class: Sivananda Yoga	9:15am - 12:00pm	Mari
Sat, 24 Aug	Face & Eye Yoga: Face Your Self	2:00pm - 4:30pm	Mamta
Sat, 24 Aug	Food is Medicine : Lifestyle Health Practices	2:00pm - 4:00pm	Parvathi
Sat, 31 Aug	Food is Medicine : Lifestyle Health Practices	2:00pm - 4:00pm	Parvathi
Therapies (by appointment only)		Therapist	
Face & Neck Massage		Mamta	
Biodynamic Craniosacral Therapy		Mia	
Food is Medicine : Lifestyle Health Practices Consultation		Parvathi	
Healing Facial Therapy : An 8 step Skin Care Treatment with Indigenous Herbs		Parvathi	
Integrated Ayurvedic Acupressure, Deep Tissue & Heart Healing Massage		Raja	
Energy Healing Reiki		Vyshnavi	
Holistic Foot Reflexology		Vyshnavi	
Integrated Energy Healing & Holistic Foot Reflexology		Vyshnavi	

Please find the FULL program [HERE](#)



CAPOEIRA - MARTIAL ART AND MUSIC WITH GINGA SAROBA

Afro-Brazilian martial art that combines elements of dance, acrobatics, music and movements. More than 500 years old, Capoeira is a constantly evolving art form, come connect and express yourself.



Join us for classes for teens and adults (15 yrs and above)
Intermediate : Tuesday, Thursday and Saturday - 5.15 PM - Dehashakti

Beginners: Tuesday and Thursday - 6.00 PM- Dehashakti
Contact: 7598446327

Let us know if you would like more information.

VIPASSANA MEDITATION

Date: Every Sunday - for those who have attended at least one ten day Vipassana course as taught by SN Goenka.

Timings: 8:00 AM – 12:00 PM but you can also drop in and join as long as you wish.

Venue: Udavi School (2nd building on the left when you are at the front entrance), near Tank in Edayanchavadi (Auroville). Location [here](#).



Vipassana

As taught by S.N. Goenka



Contact: Sanjay Tumati,
 +91 8790982210 (available on WA)
sanjay@auraauro.com

PITANGA



Program - August 2024

DROP-IN CLASSES *Join without prior registration!*

Mondays

8:30am – 10am, **Yoga Therapy** with Gala
4pm – 5pm, **Doing No -Thing Consciously** with Mike

Tuesdays

9am – 10:30am, **Yoga for adults** with Lisbeth
5:30pm – 7pm, **KoTree Yoga** with Grace Gitadelila

Wednesdays

8:30am – 10am, **Yoga Therapy** with Gala

Thursdays

4:30pm – 5:30pm, **Aviva Exercise** with Suriyagandhi
5:30pm – 7pm, **KoTree Yoga** with Grace Gitadelila

Fridays

6:45am – 8am, **Pranayama** with François & Namrita, For former “The Art of Living” course participants
8:30am – 10am, **Yoga Therapy** with Gala

Saturdays

2:15pm – 4:15pm, **Truth Based Relationships** - Practical Sessions with Juan Andrés, last session on 27/7, then pauses for some time.
4pm – 5:30pm, **KoTree Yoga** with Grace Gitadelila

YOUTH ACTIVITIES

These are ongoing educational programs. If a child is interested, parents need to talk to the teacher before joining the class.

Asanas for Teenagers with Lisbeth

- **Mondays, Wednesdays, 4pm – 5:15pm**

Lisbeth resumes the Teen Yoga classes from Monday 8th July onwards. These classes can be joined by teenagers from AV schools. Old students can join again and new students can register at the reception before class and try out some classes for the month of July before they commit for the school trimester. Best is to attend both classes but choosing one day is also possible.

You'll be added to the TeenYoga app for communication.

Yoga for children, from 9 yrs. +, with Gala

- Saturdays 10am – 11am

Energy games for children, 9 yrs. +, with Gala

- Saturdays 11am – 12pm

CLASSES – BY APPOINTMENT

Art Therapy with Gala

- Thursdays, 3 – 5pm for adults
- Fridays, 3 – 5pm for families

HEALING SPACE – BY APPOINTMENT

- Acupuncture by Heidi
- Shiatsu by Patricia G
- Thai Yoga Massage by Juan

NEW ACTIVITIES

KoTree Yoga with Grace Gitadelila

- **Tuesdays & Thursdays 5:30pm–7pm, Saturdays 4pm–5:30pm**

KoTree Yoga is a feminine form in which asana sequences, movements and held poses, with attention to the breath, lead to create fluidity of fascia, muscle tonus, supple spine, and inner deep peace.

This is a drop-in class for all levels of adult practitioners.

Yoga for adults with Lisbeth

- **Tuesdays 9am–10:30am**

These classes concentrate on posture, pranayama, yoga nidra and asanas which are adapted to the level of the class.

This is a drop-in class for all levels of adult practitioners.

Shiatsu Sessions by Patricia G.

Patricia dedicates her Shiatsu work to the seniors of Auroville, either in the various senior services of Auroville or in their homes. She has decided to free up time from her primary work once a week to offer Shiatsu to other people in need at Pitanga. If you would like to make an appointment with Patricia, please contact the reception desk.

Pitanga supports a cashless economy in Auroville. If you are hosting guests who would like to participate in our activities, please inform them that contributions must be made cashless. If you wish to receive our program of activities by email, please write to us.

See you at Pitanga, with a smile !

*Pitanga Cultural Centre
2622403 / WA 9443902403
info@pitanga.in*

DEEP SOUND BATH IN CREATIVITY

TIBETAN BOWLS

Hall of Light
CREATIVITY community

**Every Friday
from 5 to 6:30 PM**

Starting from 17th November



There will be a LIGHT massage by the Tibetan Bowls.

Lie down, relax, simply allow yourself to experience the ancient sound from the Tibetans bowls.

The practise produce a soothing sound believed to have a powerful effect in the body's energy system, helping to balance the chakras and promote healing.

"If we accept that sound is vibration and we know that vibration touches every part of our physical being, then we understand that sound is heard not only through our ears but through every cell in our bodies. One reason sound heals on a physical level is because it so deeply touches and transforms us on the emotional and spiritual planes."

Drop in the Hall, no reservation needed.

Please arrive 10 minutes before.

Guest 600 rs / Volunteer 300 rs

Aurovilians and Newcomers, conscious contribution

Sathyayuga

WA +917639761930

REGENERATION LISTENING CIRCLE

Regeneration Listening Circle:

Mondays 6:00 am & Wednesdays 5:00 pm

Session duration: 1.5 h



Experiences of previous participants:

"Because of the ecological problems humanity is facing, I didn't want to have children, but after this circle today, I do again" - Guest

"I'm very sensitive and I could feel the spirits of Mother Nature with us in this circle; very beautiful" - Newcomer

"This talking-stick gives me Power; and with great Power, comes great Responsibility" - Aurovilian

Limited seating - Location will be shared after your reservation under +49 1638041124 WhatsApp

Submitted by Nadim

TAI CHI HALL IN SHARNGA

Presents

THE ART OF CHI – Stevanovitch's method



TAI CHI CHUAN INTENSIVE

Aug 5 to Aug 24

Monday to Saturday, 7.30 – 10.30 am

Beginners: Chi and Tai Chi basics

Three weeks, three steps through the discovery of the Chi work and the full 24-posture form.

Led by Krishna, the work is essentially directed towards:

Concentration techniques to stay focused;

Mastery of the body through breathing and muscular relaxation;

Improvement of movement through balance and coordination;

Learning to mobilize Chi. First perceiving it, then guiding it in one's body with the use of three factors:

will, imagination and muscular activity.

This is a recreational activity.

For information and booking, contact Krishna at 0413-2623187

E-mail: taichi@auroville.org.in

Website: taichi.auroville.org, www.artduchi.com

AUROMODE YOGA SPACE

JULY 2024 SCHEDULE



Registrations are a must for all the program.

Email or WA us, to know about the fees structure and other details.

Contact – email – balaganesh.siva@gmail.com & WA(only) +91 98926 99804

Day	Time	Description
Monday to Sunday Except Wednesday	4 00 pm - 5 00 pm	Fusion of Time: Body Conditioning with Bala
Monday to Sunday Except Wednesday	5 30 pm - 7 00 pm	Vinyasa flow Yoga - Asanas, Pranayama & Meditation
August 1 to 22 except Sundays	6 30 am - 9 30 am 3 30 pm - 7 00 pm	200 Hr Vinyasa Flow Yoga TTC

Auroville Yoga 200 hr TTC schedule:

200 hours-22 days- August 1 to 22, 2024

Timing - 6 30 am to 9 30 am - 3 30 pm to 7 00 pm

Daily Hatha & Vinyasa flow yoga sessions along with Pranayama, Meditation, Kriyas.

Yoga Philosophy of Patanjali and other texts.

Sequencing skills, subtle anatomy, mantra chanting

Not just Asanas, but a complete lifestyle experience in the International town of Auroville.

Discover the joy of a disciplined, sustainable & injury free self practise and gain tools to teach others.

Introduction to Kalaripayatu, Animal flow, Sound healing, Karma Yoga and more.

Internationally recognised Yoga Alliance, USA accredited



AWARENESS THROUGH THE BODY WORKSHOP

SATURDAY 3RD AUGUST

Awareness Through the Body intro & exploration



with Vega & Honor

3rd August (Sat) 9.30am - 12.30pm

advance registration required:

dancingtree.smile@gmail.com

whatsapp: 9159856148

To register, please fill in this form:

[ATB registration. 3rd August, 2024. - Google Forms](#)

Thank you.

Warmly,
Vega

SOUND JOURNEY @ THE ATELIER

For details please scan the QR Code or click this link:

<https://svaram.org/sound-journey-the-atelier/>

ॐ SVARAM Team

SVARAM
SOUND EXPERIENCE

SOUND JOURNEY

is back!

Weekly sessions at the UTSAV Building
restart on Wednesday, 3rd July 2024

See you there!



QUIET HEALING CENTER



Quiet Healing Center, Auroville 605 104, Tamil Nadu, India

www.quiethealingcenter.info / quiet@auroville.org.in

Mobile & WhatsApp: +91 9488084966

AUGUST PROGRAM

Watsu Yoga Round with Ellie & Fred : Thursday 1st August (3:00 - 6.30pm)

Watsu Yoga Round is a powerful tool for deep relaxation and inner peace. It focuses on listening to the body and offers a way to come back to your heart, to an inner silence that is fully alive and vibrant. It is an invitation to feel, awaken and celebrate the energy of your being.



While immersed in warm water during the Watsu Yoga Round, your body does not suffer from the effects of gravity; the flow of movements and stretching, alternated with moments of stillness, invite a progressive feeling of well-being: body and mind become free to dance!

Prerequisites: no previous experience required (also no need to know how to swim).

Watsu Basic with Fred : Saturday 3rd & Sunday 4th August (8:45am - 6.30pm)

In this 2-day course, you'll be introduced to the basics of Watsu, an aquatic bodywork modality that offers a wonderful opportunity for profound relaxation and letting go, building trust, being nurtured and held, expanding inner and outer boundaries, and - ultimately - for freeing body and mind in a flow unique to each person.



You'll learn and practice Watsu's basic series of movements, body mechanics, and qualities, which are required to securely support and move another person in water. You'll experience floating others and being floated on the surface, thereby creating space for deep relaxation of body, mind and spirit. Participants in this course often appreciate the group space, which fosters deep, meaningful and nurturing connections.

Prerequisites: no previous experience required (also no need to know how to swim).

WOGA (Yoga in Water) Class with Friederike & Tamara : Friday 9th August (4:30 - 6.00pm)

WOGA is based on classic yoga poses and stretches, modified for standing in pool water, which is waist-to-chest high. Classes are structured like their yoga equivalent on land: breathing, warm-up exercises, a series of poses, and a relaxation period.

The substantial decrease of gravity in warm water allows greater ease of movement, unblocks articulations, lengthens & melts muscles, and removes negative tensions, thereby preventing stress, insomnia and anxiety.

Prerequisites: no previous experience required (also no need to know how to swim!).



OBA Basic - Liquid Joy with Fred : Saturday 10th & Sunday 11th August (8:45am - 6.30pm)

OBA (Oceanic Bodywork Aqua) is an aquatic bodywork modality developed in the mid 80's. It combines elements of light movements, stretching, massage, and joint mobilisation in connection with breathing and energy work conducted both on the surface and under water.



In this 2-day course, you'll learn a series of simple movements both on the surface (with and without cushion and pool noodles) as well as under water (with a nose clip), which you'll be able to share with friends and relatives afterwards. You'll also practice basic techniques and qualities of being (grounding, presence, stillness, movement, attention) while moving another person in water. At the same time, you'll experience floating others and being floated both on the surface and under water, thereby creating space for deep relaxation and nurturing body, mind and spirit.

Prerequisites: no previous experience required (also no need to know how to swim).

Baby Watsu Class with Friederike : Monday 12th August (9:30 - 11.00am)

A special opportunity to connect with your baby! You'll be guided how to hold, feel and move your baby, using the qualities of warm water, so that you and your baby can feel safe, at ease, and enjoy this quality time together.



You'll learn and practice the basics in the group, while you stay focused on your baby's needs in the moment. In the end, there is free playtime.

Please bring towels and a closing swimming pant for your baby.

For babies between **2 and 12 months** with their parents.

OBA 1 - Fluid Body with Fred Monday 13th - Sunday 18th August (8:45am - 6.30pm)

In this 6-day course, you'll learn to combine elements of soft stretching, aquatic deep tissue massage, and joint release, as well as energy and breath work in a unique way above and under water (with a nose clip). You'll also be introduced to a fluid sequence, including especially designed movements, which allow the whole spine to swing and energy to flow.



OBA 1 focuses mainly on underwater movements, which are both emotionally revealing and deeply relaxing. You'll also learn more about your own body mechanics and how to support and move each person as effortlessly as possible. At the end of this 50-hour course, you will be able to offer friends and acquaintances a complete OBA session.

Prerequisites: OBA Basic or Liquid Flow Basic or Watsu 1 or Healing Dance 1 or WaterDance 1.



BASIC ANALOGUE PHOTOGRAPHY AND DARKROOM WORKSHOP BY SASIKANTH SOMU

8-9-10 AUGUST 2024

CENTRE D'ART GALLERY, CITADINES,



Program & Timings:

- Thursday 8th: 02.00 - 05.00pm: Brief look at History of Photography & Introduction to Film Camera.
- Friday 9th: 09.00am - 02.00pm: Film photo shoot (in your own time), 02.00pm - 05.00pm: Develop your roll of film.
- Saturday 10th: 09.00am - 12.30pm & 02.00 - 5.00pm: (one can choose either of these sessions) Printing Contact Sheets & photos in the darkroom.

For Registration Contact: centredart@auroville.org.in

LEAP TOWARDS THE FUTURE

6 & 7 AUGUST

We remember Her words: "Auroville will be ... despite all the oppositions" ... and this is like a buoy, but obviously not enough to navigate.

This program is an invitation to everyone concerned; we aspire to look dearly together for the masterful questions which will guide us to make a **LEAP** toward the future.

You feel the call?

You are new to Auroville or Aurovilian ?

Come and join this program of twice one and half day

29 & 30th July / 6 & 7 August

Register at leap@auroville.services

Ramya +91 9159281641

Rakhal +91 9488483485

Amir + 91 9751257709



MINDFULNESS FOR STRESS REDUCTION (MBSR) - 8 WEEK COURSE

TUESDAY 5-7PM FROM 30TH JULY



The Mindfulness Based Stress Reduction (MBSR) course is considered the gold standard in mindfulness meditation globally, with a growing body of research supporting its wide-ranging health & wellbeing benefits. It synthesises ancient Eastern spiritual practices with emerging findings from neuroscience, positive psychology & Mind-Body Medicine.

The course has been found to improve participants' ability to cope with the stresses of everyday life - giving space to respond rather than react. Research has found it can help with anxiety & depression, management of chronic pain, diabetes, lowering blood sugar levels, and reducing menopausal symptoms. It can also improve emotional regulation; increase attention, focus & memory; and plant inner seeds of happiness, resilience, kindness & acceptance.

It is suitable for those new to meditation as well as experienced meditators looking to deepen their practice. It is run by Helen, an Aurovilian and qualified MBSR teacher.

The course is run over 8 weekly sessions. Sessions will be held 5-7pm on Tuesdays for 8 weeks from 30th July to 16th Sep. The course will be held at Maloka, Anitya community.

Pre-registration is required. Please Whatsapp Helen on **7094753054** to book or see innersightav.org

ACTIVITIES & EVENTS

MARCS CAFE - IMPROVISED SOFT ROCK FRIDAY 5-9 PM

Marc's Roof Top Improvised Soft Rock



FEAT

Juan Andres, Mouri, Timon and Abtin

**Address: Marc's Coffee cafe - Store - Roof Top
Auroville Rd, Kulilapalayam, Bommapalayam, Tamil Nadu 605 101**



WASTELESS FUNDRAISER - 27TH JULY



Fundraiser Event

JOIN THE WASTELESS JOURNEY



An afternoon of playful exploration,
community and giving.

Together, let's make a difference
to empower our next generation.

Dear Friends,

WasteLess invites you to an afternoon of playful exploration, community building and giving. Join us at our exciting fundraising event, featuring waste games for all ages, a thrilling scavenger hunt, food and lively music.

Save the date!

Saturday, July 27th from 3 PM to 6 PM at the RE-Centre, Auroville Service Area.

Support us in our mission to Pave a Path for a WasteLess World.

We look forward to seeing you there!
Chandrah & Ribhu.

NEW BOOK READING CIRCLE - STARTS THURSDAY 8TH AUGUST

'When Things Fall Apart :
Heart Advice for Difficult Times'

by Pema Chodren. Join us in reading this heart based guide on how to deal with life's challenges.



Thursdays 6 - 7pm at Auroville Library. **Starting 8th August.**
For details WA Helen on 7094753054 or Serena on 8489760966.

MAKER SPACE

Join us for our Maker Space at Youth Centre **Monday to Friday from 8.30am till 12.30pm.**

Registration required for booking and it's free! youthlink.org.in

Discover the endless possibilities of learning, creating, and innovating with wood, metal and more, in our collaborative Workspace.



What can you learn?

CUTTING BOARD/ LAMPS/
RENOVATION OF FURNITURE/ METAL
& WOODWORK / WELDING/ ARTS &
CRAFTS/ JEWELLERY/ UPCYCLING



A facilitator will be available to provide assistance in learning how to use the tools and technologies, as well as hands-on experience in bringing your ideas to life. Don't miss out on this exciting opportunity to be a part of our growing maker community!

Have a nice day,
Lucrezia & Youthlink team

GUIDED TOURS IN AUROVILLE BOTANICAL GARDENS

From the 20th of July
to the 20th of October
2024



Come walk with us!
Guided Garden Tour

Auroville Botanical Gardens

Wednesdays and Fridays - 9.30 am (about 1 1/2 hour walk)

Be on time - Bring your water bottle and a hat - Meeting point at BG Kitchen
Please send us an email to: avbgtours@gmail.com to book your walk

avbgtours@gmail.com



EARTH SHASTRA OFFERING

21ST - 29TH SEPTEMBER 2024



In Partnership with




EARTH SHASTRA

Community in the times of
Ecological Crisis

21st - 29th Sep, 2024

Applications **Live Now!!!**

 **Auroville**
Tamil Nadu

A 9 day experiential leadership journey to
discover the interconnections between ecology
& economy.

Contact us for more details: - connect@youthallianceofindia.org

Earth-Shastra is a **9-day immersive journey** that will bring together 20 young changemakers from across India and 10 from Auroville, to slow down with a community of like-hearted people and make sense of the climate emergency and converging crises of our times. The focus is to develop the capacity to understand the global and climate crisis, and the humility to start with small actions. It also involves focus on personal transformation and nurturing a deep community over the 9-days and beyond. It is a leadership experience to orient one's life path as a response towards greater harmony with oneself, others and nature.

The immersive journey will involve nature connects, reflective circles, hands-on activities, content sessions and mentoring. This 8th edition will happen in Auroville, from **21st - 29th September, 2024**. This (8th) edition of Earth-Shastra by [Youth Alliance](#) (NGO based in Delhi) is being co-created with [Flourish](#) and [YouthLink](#).

This program can only accommodate a limited number of participants (**max 30**) due to its nature. Please make sure you can participate over the 9 days before signing up.

The last date to apply is **11th August!**
To learn more or apply, scan the QR code.



PERMACULTURE 360° FARM TOUR AT TERRA SOUL



terra soul

@ AUROVILLE

Permaculture 360°

Experience Permaculture Life at Terra Soul

Ever wondered what sustainable living looks like?

Join us

Saturday from 11:00 AM to 1:00 PM for an immersive tour of our permaculture farm in Auroville!

- ✓ Guided tour of our lush permaculture farm
- ✓ A chance to connect with Nature and like-minded communities
- ✓ Delicious farm-to-table lunch made from our fresh harvest

CALL & BOOK A TOUR NOW

JUAN - 9443434182

terrasoul_community

👤 Limited spots available!

Register now to secure your place before coming and step into a world of sustainability.

KUILAI CREATIVE CENTRE

Integral Education Activities on Mother's 12 Qualities

At our Kulai Creative Centre - AUROVILLE



	10am to 11:30am	12pm to 1pm	3pm -4:30pm
Monday	English Class	Mother's 12 QUALITY SESSION TAILORING - Flag Making	Mother's 12 QUALITY SESSION (Gardening)
Tuesday	TAILORING (Flag Making)	TAILORING - Flag Making	Mother's 12 QUALITY SESSION (Calendars Making)
Wednesday	Mother's 12 QUALITY SESSION (Painting)	TAILORING - Flag Making	Mother's 12 QUALITY SESSION (Mural painting on walls)
Thursday	English Class	TAILORING - Flag Making	Mother's 12 QUALITY SESSION (Embroidery work)
Friday	TAILORING (Flag Making)	TAILORING - Flag Making	Mother's 12 QUALITY SESSION (Book making)
Saturday	Physical, Craft and Art Activities, Bharat Naatiyam, Silambam, Up- cycling, and many more from 9:30am to 4:30pm with free snacks and lunch for 30 kids from age 8 to 15. <i>All are FREE for everyone from the ages of 5 onwards, but please register through this link https://forms.gle/VEY21LU0E1PuV7Z or scan or call us 8608473385 (WhatsApp)</i> <i>NOTE: Free snacks will also be provided! Volunteers are most welcome!</i>		



TANGO AUROVILLE

AUROVILLE
TANGO
New batch starts
the first week of each month

MON
19:00
Introduction to Tango
20:00
Opensource

WED
19:30
Guided Practica
20:00
Practilonga

No partner required.
Bring socks or dance shoes.
And plenty of joy!

+91 98211 66082 | tango@auroville.org.in

CELEBRATE INTERNATIONAL BREASTFEEDING WEEK FROM 1ST TO 7TH AUGUST!

Breastfeeding is a sacred act that nourishes not only the body but also the spirit, connecting us to the timeless cycle of life and the shared essence of humanity. It is a profound reminder of our common journey and the divine bond that unites us all.

Enjoy special Art Creations, given for this important week (Open for your Submission till 31st July!!): Daily except Sunday from 4:30 - 6:00 pm at AUROMODE, Morningstar office (former Yoga Studio).

Special Events:

- Thursday, 1st August: Presentation on Breastfeeding from 4.30 - 6.00 pm
- Sunday, 4th August: Poetry and Stories Sharing, Enjoy a beautiful morning from 11.00 am to 12.30 pm. "Golden Milk" will be served during this event.
- Wednesday, 7th August: Presentation; "Birth - Entry into the Physical World. Significance and Miracle" 4.30 PM to 6.00 PM.

Warmly welcome!

Contact: Ulrike Urvasi 9751513906

mothersworkforTheMotherswork@gmail.com



FOODS, GOODS & SERVICES

ECO FEMME OPEN HOUSE

eco ♻️ femme

Come learn about:

- Sustainable products like cloth pads, menstrual cups, period panties and cloth nappies
- Menstrual cycle awareness
- Ethical business in a women-led social enterprise
- Our not-for-profit menstrual health education

EVERYONE IS WELCOME.

Every Thursday, 10:30am - 12:00pm

P.S. You can pick up all our eco-friendly products at a discount!



Eco Femme Office
Auroshitpam, Auroville

ecofemme.org | WA: +91 94871 79556



SATSANGA RESTAURANT

Combo Menu - Home delivery

European and Indian dishes:

vegetarian, chicken, fish, prawn, meat, pasta, paneer cottage cheese and much more!

Call:

WA: 8825801990 or 9080386900

Landline: 0413-2918553

Address: Auroville main road, next to HDFC Bank

Email: aurosatsanga@gmail.com

Satsanga



EXITING NEWS FROM SUDHA'S KITCHEN!

We are open after the summer break and serving **Mediterranean Cuisine** for breakfast, lunch and dinner. We are warmly welcoming you to join us and taste our fresh and delicious food.

You can find more about us on:
Instagram "Sudhaskitchenav" & Dropzy app.

We are open from: **Monday - Saturday**
(8am to 9pm)

Contact number: +0413 3509884
+91 7094358547

E-mail ID: Sudhaskitchen14@gmail.com



AUROVILLE LIBRARY TIMINGS

Auroville Library has resumed normal opening hours after the summer break.

Our timings are:

Mornings:

Monday - Saturday: 9am - 12.30pm

Afternoons:

Mon, Wed, Thurs, Fri & Sat: 2pm - 4.30pm

Tuesdays: 4pm - 6.30pm

Every **Saturday** between 10am -11am: **Children's storytime!**



HALF-PRICE MAROMA PRODUCTS FOR ALL AUROVILIANS IN THE OUTLET STORE



Maroma is happy to announce that it is offering all products at half-price to all Aurovilians in its **Aspiration Outlet**. Come by and see our great range of all-natural cosmetics, soaps, shampoo and more! Great for gifts to loved ones, including yourself. The Outlet is located in the Maroma Campus in Aspiration and is open **9am - 5pm, Mon-Sat**. See you there!

Much love,

The Maroma Team

ARE YOUR TREES GETTING THE CARE THEY NEED!?

At **TreeCare** we have been working hard to expand our services and reduce our wait time. Call us today for a free visit & consultation.

Contact us through
+91 **90420 59890** or
office@treecareindia.com.

We have always believed in providing the best quality services, as well as educating people about the field of ARBORICULTURE and its importance in today's landscape.

Warmly,
TreeCare Team



ANITYA COMMUNITY LUNCH

Our community lunches are still happening during the summer!

Contact Serena on WA to book one day in advance: **+91 84897 60966**

Contribution required (discount for AV/ NC and Volunteers)

See you at **12:30 on Thursdays and Saturdays** in our community kitchen!



JOIN OUR COMMUNITY LUNCH

Come and taste a delicious local non-spicy vegan meal made from our garden and Auroville farms' products, while sharing a good time with Anitya's community members



Limited seats available

Every Thursday & Saturday- Contribution required



Our project aims at creating settlements in Auroville to experiment a spiritual way of life based on 5 main principles:

Impermanence, Community Spirit, Sustainability, Self-sufficiency and DIY

MUST book min. 1 day in advance: +918489760966

Anitya is a community project registered under LEAD, Auroville
Location: Center Field, after center GH, follow the ANITYA signs
To know more about Anitya: joyofimpermanence.in



AURODENT OFFERS IN JULY



AURODENT EXPERIMENT

July Month Offer

Get your dental fillings on a donation basis!

We would want to conduct a research to determine how our clinic can pay all costs associated with delivering affordably priced dental care to anybody who wishes to get it in Aurodent. We believe someone who can donate more will help those who are struggling to afford it. We will be delighted to see you in Aurodent and join in this new experiences. Note: Donations are only accepted for filling treatments during the month of July.

BOOK APPOINTMENT NOW

AUROMODE (OPPOSITE OF CSR), AUROVILLE 605 101.
WHATSAPP 9629199328 LAND LINE: 0413-2622063

REPAIR OF AIR CONDITIONERS, FRIDGES, WASHING MACHINES AND APPLIANCES

Loganathan working at Mahasaraswati Shop (near PTPS, Aspiration area) is a long term Aurovilian that has gained a lot of knowhow through looking after and repairing all kinds of machines. He happily repairs your machines and appliances.

You may contact him via phone / SMS or whatsapp
+91 94434 93025



TRAVEL NEWS FROM INSIDE INDIA



Namaste, Bonjour, Hello and Vanakkam from Inside India.

We are always open and ready to take the hassle away from you when it comes to booking your travels, be it in and out of India, as well as Inside India itself...

You name it, we do it: Flight tickets, Bus tickets, Train tickets, Travel Insurance, Visas, transport in Taxis, even some required nights of rest if that is the case...

We can also help all Indian citizens with the hassle of renewing their passport...

Our door is open from **10am till 5pm**.

Mr. Ganesh our Travel Consultant will be at our **Kalpna office** from 10am till 5pm, Landline **2623030 (Monday to Friday)**. Saturdays on appointment only.

He can also be contacted anytime via mobile or WhatsApp: **+91 98945 98686**

And by e-mail: travelshop@inside-india.com

We can also help you build the dream tour of India in general, Southern India in particular. You may send us your request by email: insideindia@auroville.org.in or insideindia@inside-india.com

Some current offers:

- Oman airways special baggage allowance for students from India to London, Paris, Frankfurt, Munich, Milan and Moscow.
- Air India has offered fares from Chennai to Milan.
- Malaysian airways and Thai airways special fare from Chennai to Seoul.
- Oman airways business class offers are available on selected classes from Chennai to all Oman airways network except domestic and codeshare flights.
- Aerofloat flight offer fare is available from Delhi - Moscow - Delhi.
- Fly from New Delhi to Sao Paulo & Buenos Aires with special fares on Ethiopian airlines.

We are accepting both Indian and International debit and credit cards, as well as UPI IDs and QR code payments at our office. #Conditions apply. And of course transfer on our Financial Service Account are very welcome...

Travel Tips:

- **Srilankan** Tourist Visa 30 days single entry fees waiver scheme for citizens of China, India, Indonesia, Russia, Thailand, Malaysia, and Japan is valid until further notice. Indian Nationals can apply for E-tourist visa through the given link <https://www.srilankaevisa.lk/>
- Effective 1 July 2024, all inbound travellers to **Cambodia** will be required to submit an electronic arrival card at least seven days prior to their arrival. Known as the 'Cambodia e-Arrival' (CeA), this initiative aims to expedite and modernise the entry process. The digital card replaces the traditional paper-based immigration form, health form and customs declaration, consolidating them into a single, convenient online portal. Travellers can access the e-Arrival system through two channels: **Official Website:** The official government website, <https://arrival.gov.kh/>, allows for online submission of the e-Arrival card. **Mobile App:** The Cambodia e-Arrival app is available on the Apple App Store and Google Play Store. It offers a convenient mobile platform for completing the e-Arrival card.
- The Embassy of India in **Bangkok, Thailand**, issued a press release stating that the Government of India has announced a visa fee exemption scheme (e-Tourist visa) for ordinary Thai passport holders. The exemption applies to e-Tourist visas and will be effective from July 1 to December 31, 2024. The new scheme allows Thai tourists to visit India for up to 30 days with double entry without paying any visa fees. However, e-Tourist visas must still be applied for in advance through the designated website: <https://indianvisaonline.gov.in/evisa/tvoa.html>.

Important Notice for travelers applying for Schengen visa in West & South India.

- For families applying together, it is permitted for just 01 of the parents to book an appointment slot under their name and for the rest of the family members to accompany them on the same appointment booking / appointment letter.
- Your familial relation must be verified via your passport, child's birth certificate, marriage certificate.
- As per directive received from the Belgium Consulate in Mumbai, a family would be considered as Husband, Wife & their children under the age of 25 only. Visa Application Centre's would not permit entry to additional familial relations / accompanies such as grandparents, siblings, house help, nanny etc. unless they have their individual appointment booking / letter.
- Travelers from West and South India who wish to apply for a Belgium visa under the below mentioned category can walk-in to their respective Visa Application Centre in the jurisdiction of the Belgium Consulate in Mumbai and do not need to book an appointment.

Several travelers were "boarding denied" as check-in staff didn't accept the **e-FRRO Stay Visa** as valid document without backed it up with additional documentation. Therefore we advise to take beside the Stay Visa document (please make sure your current Passport details are in it) your Original Visa, which is maybe in an older expired Passport. If not available anymore, take at least a photocopy of the original Visa.

Also, [this LINK](#) will tell you all that you need to know about Flight delays and/or cancellations.

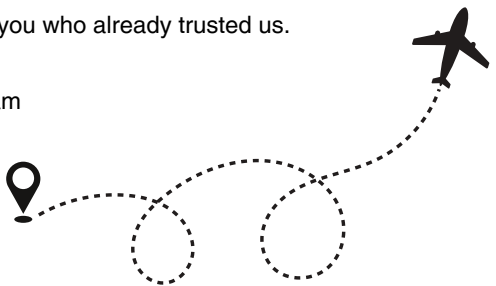
And be aware that **Corona is NOT fully dead yet** so some places may have some new 'relaxed' restrictions mostly regarding the usage of masks in public places... this [map](#) will show you the "official" stands of most countries in the world but it might be good to search the specifics of the countries you are planning to visit before hand...

Finally, [this LINK](#) can be useful too in case you are travelling on your own... or not...

Thanks a lot to all of you who already trusted us.

Have a great week...

Inside India New Team



SATURDAY FOODLINK MARKET

<https://foodpathsauroville.com>



Fruits, vegetables,
milk & eggs
from Auroville farms

every SATURDAY
10:00 AM - 12:30 PM

FoodLink
Solar Kitchen Complex
Crown Road, Auroville

Call/WhatsApp:
+91 83002 68804



No cash payments. All payments are to be made via AVFS account, AuroCard or UPI.

SURABHI SUPPLIES

Dear Auroville Community,

Surabhi Supplies is dedicated to aiding individual community members, units, and projects in **acquiring a wide range of materials and equipment**, including but not limited to construction supplies, appliances, machinery, and more.

Our service offers several advantages to the community, such as **reduced prices** achieved through **bulk purchases** and **volume-based discounts**. We have established strong partnerships with various manufacturers and dealers who share our commitment to advancing Auroville's development.

Our primary goal is to streamline the procurement process for everyone, thus saving valuable time, energy, and costs while providing a high level of service to the community.

If you have any inquiries, please don't hesitate to reach out to us at:

Email: surabhisupplies@auroville.org.in

Phone: +91 98438 46458 (WhatsApp/Call)

Sincerely,
Surabhi Supplies

RAPID CARE SERVICES RCS

Dear Residents,

We are happy to announce that **Rapid Care Services** have successfully completed one year. We began operations in December 2022.



We take this opportunity to thank all the people who believed in us. Reach out to us for any enquiries that need our assistance in home and yard work. Look forward to your continued use of our services in the future.

Category	Services
Metal Works	Channels , Doors , Piping , Fabrication
Plumbing	End to End, Job works
Furniture	Repairs, Made to order
Masonry	Repairs, Renovations and Remodulation
Painting	End to End, Job works
General Maintenance	Floor Waxing, Powder Coating, Fumigation, All Home Utilities
Installations	Washer and Dryer, Air Conditioner, Inverter, Dth, Security Camera
Electrical Works	Wring, Meter box, Lights, Switches & Sockets, Motion sensor.

Contact: + 91 8270071581 / +91 7639810621

Primary Email: rapidcare@auroville.org.in

Secondary Email: rcsrapidcareservice@gmail.com

Instagram handle: @rapidcare1

For Rapid Care, Balaji & Arun

AIRCON CLEAN OFFERS COMPREHENSIVE AIR CONDITIONER CLEANING SERVICE KNOWN AS "JET SERVICE".



The Jet Service includes not only the filter cleaning but also indoor cooling coils, blades, and blower wheels, indoor cooler drain tray cleaning and outdoor unit with AC jet pump.

After a cleaning service your air is fresh and healthy, reducing sickness and helping you live a healthier life.

Save up to 30% power usage with a regular cleaning service.

Contact **AIRCON CLEAN** now at 9786809518 or email us at airconclean.av@gmail.com

Regards, Julien.

HAIRCUTS

Hairdresser. For your and / or your child' s next haircut: inspired, striving-for-the-perfect, 12 yrs young artist Ahana looks after your and / or your child's hair and well being.

For an appointment kindly contact 9751513906 (all messenger providers, no calls) or essence.touch@yahoo.de

SOLITUDE FARM - FRESH LOCAL FOOD

Dear friends,

so much beautiful fresh produce in this season.

Subscribe for a basket that can be picked up from Solitude Farm once a week (or more).

Salad greens, spinaches, veggies, fruits and more.

9843319260

solitudepermaculture@gmail.com



DROPZY

Dropzy
Food, Groceries,
Fruits & Veggies,
Body Care,
Wellness, etc.
Stay home, order
and access. We'll
drop it to you.

The graphic includes an illustration of a person in a red cap and blue shirt holding a red shopping bag, and a large QR code on the right.

Dropzy is a multipurpose mobile app platform for ordering and accessing information from a wide range of in and around Auroville eateries, grocers, bakers, farms, therapists, professionals etc. **Dropzy** delivery personnel will pick up the orders from the outlets/stores; deliver them to the customers at their doorsteps and convenience.

Kindly do download the mobile app to register yourself to place orders supporting the outlets in and around Auroville and to find out relevant information to your needs.

Download link as shown below:

Android

<https://rb.gy/32zcix>

iPhone

<https://rb.gy/visp4c>

Desktop

<https://rb.gy/bpnud5>



Stay tuned in to our announcements and the app regularly, for more updates.

Best regards, Sathish Arumugam / For Dropzy

Mobile: +91 8098144686 / www.dropzy.in

WE CAN HELP TO FIX ALL YOUR BROKEN ITEMS

New Waves, a unit registered under Kattidakali Trust located in Aurelec Premises, Prayogashala, Auroville is offering the services of **PCB Assembly, SMD soldering, de-soldering and minor repair of appliances.**

The unit can also undertake sub-contract of your production work on job work basis.

If you have any requirements, please contact Dhandapani, Executive at 0413-2622295,

Mobile 9443090082 / 8098193820 or via e-mail to newwaves@auroville.org.in



MISSING DOG

MISSING DOG - FROM SURRENDER



My name is Kaniamuthan and I live in the Surrender community. Last week, I was dog sitting for a friend and his dog, **Merla**, went missing while wandering around the community.

Please email if you see her, krishkani@icloud.com.

Thank you.



AVAILABLE

SPACES AVAILABLE AT AURELEC:

- A well protected 47 sqm building, opposite Aurelec, northern side, is available. This space is ideal for office or show room, with generator back-up, 24 hours security, parking, provision for air-conditioners, high speed fibre internet access (BSNL and Aurinoco) and canteen facilities.
- Conveniently located office room (around 50 sqm.) inside Aurelec premises will be available from 1st August 2024, with generator back-up, 24 hours security, parking, provision for air-conditioners, high speed fibre internet access (BSNL and Aurinoco), canteen and sports facilities.



Interested people may contact Mr. Siva at Aurelec in person, or by phone to 2622293/2622294 or email adps@auroville.org.in

TAXI SHARE

AUROVILLE TO CHENNAI, 1ST AUGUST AT 12AM

I'm catching a flight in Chennai on August 1st at 6:00 am. I need to be at the airport at 3 am, and need to leave Auroville around midnight. I'm willing to share a cab from Auroville to Chennai, or from Chennai to Auroville.

If interested, you can reach me at +91 8148081337

Thank you, Satya



FROM CHENNAI TO AUROVILLE, 31ST JULY AT 4:30PM

From Chennai Airport on Wednesday 31.07.2024 at 04:30pm to Auroville.

Warmly, eric.stardust@gmail.com.

LOOKING FOR

BABY CARRIER

Hello everyone,
Very soon I will be able to take my baby Rakshan to Matrimandir or the Wednesday classes of Morning star.

I m looking for a baby carrier to do so.
Please contact me if you have one.

Thanks so much

Shanti/ Promesse
+91 93447 29784



LOOKING FOR MY CAT CARRIER

Dear friends,
I am looking for my cat carrier/ basket (dark blue and beige) which I think I lent to someone sometime in the last few months (Feb/ March).
If you have it, or know who has it, please return it to me.

Thank you very much.

Sincerely,
Anandamayi



FO GROUPS NEWS

(not selected by due Residents Assembly process)

FROM THE FO N&N 1036

Please click [HERE](#) to read the FO Groups News

CINEMA



presents at **MULTI MEDIA CENTRE AUDITORIUM (MMC, Town Hall)**

Reminder: **Friday July 26th 8:00 pm: "HOME" - 2008, Switzerland/France/Belgium.**

And **FRIDAY AUGUST 2nd, 8:00 pm:**

"THE BOY AND THE HERON" – Directed by Hayao Miyazaki, Japan, 2023

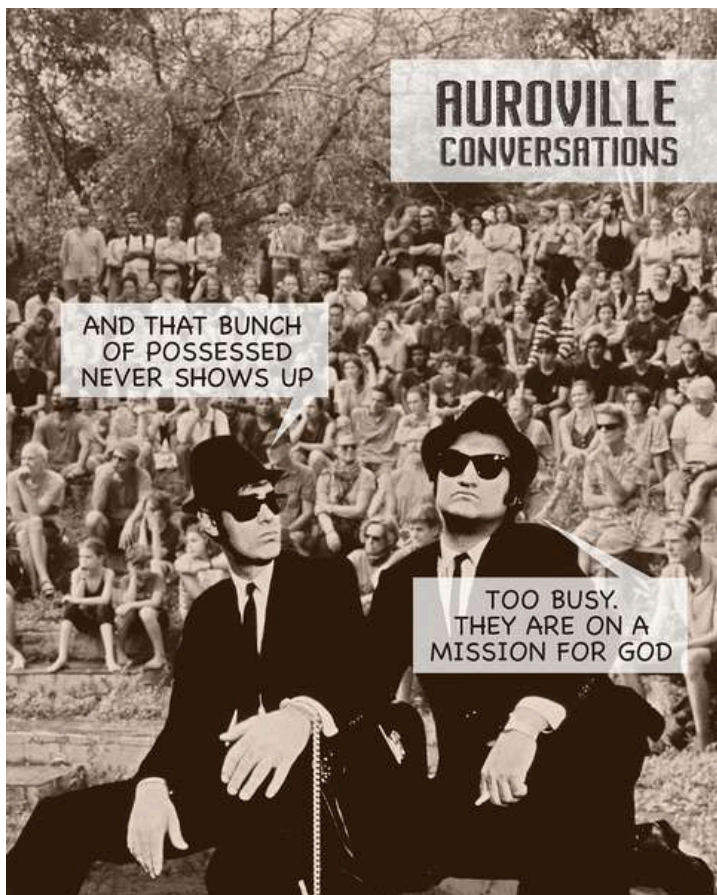
Synopsis: After the disappearance of his mother in a fire, Mahito, a young boy of 11, must leave Tokyo to live in his family's estate in the countryside with his father, There he meets a gray heron who, little by little becomes his guide and helps him through his discoveries and questions to understand the world around him and break through the mysteries of life...

Overview: The twelfth film by Japanese animation master Hayao Miyazaki is a little marvel. Carried by an animist thought embodied by this master heron, the story loses all rational coherence to better introduce the young apprentice, and the spectator, to another vision of the world. Curiously, its original Japanese title is "And how do you live?"

The film will be introduced by Abhijit, and presented in its English version, with the voices of: Christian Bale, Dave Bautista, Gemma Chan, Willem Dafoe, Karen Fukuhara, ...

Duration: 2h.04'

AUROVILLE CONVERSATIONS



AUROVILLE
CONVERSATIONS

AND THAT BUNCH
OF POSSESSED
NEVER SHOWS UP

TOO BUSY.
THEY ARE ON A
MISSION FOR GOD

FRENCH NEWS & NOTES

NOUVELLES D'AUROVILLE



Auro - Traductions

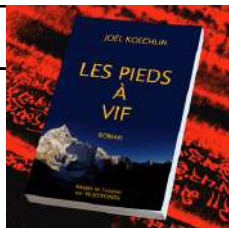
Click [here](#) to read the **French News&Notes**
or
Scan the QR code:



BOOK RELEASE

LES PIEDS À VIF

**Une Aventure, un Voyage, une Quête
avec une brûlante Question**



Décembre 1970 ; il est minuit dans une banlieue sinistre de Munich. Planté à un arrêt de bus, Lionel frissonne sous un crachin de verglas.

Ses cheveux longs se garnissent de minuscules glaçons tandis qu'il s'interroge : doit-il brûler tous les ponts derrière lui et se soustraire à la menace d'un séjour en prison ?

Dès que le bus émerge des tourbillons de brume et s'arrête, il se libère de ce moment de doute et saute à bord.

Il ne le sait pas encore, mais il vient d'entamer un voyage sans retour.

Un voyage géographique, qui lui fera traverser la moitié du globe, jusqu'à l'Inde lointaine et les régions les plus reculées de l'Himalaya.

Mais aussi un voyage intérieur, qui le contraindra à des choix dont il ne se savait pas capable, et le remettra sur la piste d'une Quête commencée il y a des siècles.

Précipité dans une vie de sannyasin itinérant, poussé aux confins de sa personnalité de surface, aux portes de la folie, il usera toutes ses couches de résistance, les pieds à vif et l'âme à nu.

Jusqu'à ce jour où surgit l'Inattendu...

Parcourez les premières pages [ICI](#)

Auroville TO PONDICHERRY

	Trip 1	Trip 2	Trip 3
Svaram Musical Center	7:00	8:50	14:50
Vérité Guest House - Junction	7:02	8:52	14:52
Town Hall - Main Parking	7:06	8:56	14:56
Solar Kitchen (Ex Round About)	7:10	9:00	15:00
Certitude Entrance	7:12	9:02	15:02
New Creation Road	7:17	9:07	15:07
SBI Bank—Kuilapalayam	7:19	9:09	15:09
ECR Junction—Aroma Guest House	7:23	9:14	15:14
Quiet Healing Center—Junction	7:26	9:17	15:17
Lotus Hotel—S.V Patel Salai	7:36	9:30	15:30
Ashram Road Junction	7:38	9:33	15:33
Ashram Dining Hall	7:40	9:35	15:35

Pondicherry TO AUROVILLE

	Trip 1	Trip 2	Trip 3
Ashram Dining Hall	8:00	12:15	18:10
Ashram Road Junction	8:02	12:17	18:12
Lotus Hotel—S.V Patel Salai	8:07	12:22	18:17
Quiet Healing Center—Junction	8:17	12:32	18:27
ECR Junction—Aroma Guest House	8:20	12:35	18:30
SBI Bank—Kuilapalayam	8:25	12:40	18:35
New Creation Road	8:27	12:42	18:37
Certitude	8:32	12:47	18:42
Solar Kitchen (Ex Round About)	8:34	12:50	18:44
Town Hall - Main Parking	8:38	12:54	18:48
Vérité Guest House - Junction	8:42	12:58	18:52
Svaram Musical Center	8:45	13:00	18:55

- Monthly Rs. 800: Aurovilians & Newcomers, No validity
- Student Pass Rs. 1200 per month/ 24 days round trip
- Rs. 150 Round trip for Aurovilians & Newcomers
- Rs. 200 Round trip for guests

Bus passes are available at
Auroville Vehicle Service,
Town Hall, Auroville, 0413 2623302


EMERGENCY NUMBERS

Ambulance (24/7):

Auroville 9442224680	PIMS 0413 2656271	
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Security (24/7):

Auroville Police Station 0413 2677318	Kottakuppam Police Station 0413 2236148	Vanur Fire Station 0413 2677368
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Health:

Health Center 0413 3509942 & 3509943	Santé 0413 2622803	Farewell 8903836246
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Mental health 24/7 support:

Vandrevala Foundation +91 9999666555

India Emergency Response Service (24/7): 108

Cinema Paradiso



Multimedia Center (MMC) Auditorium

Film program: 29 July 2024 - 4 August 2024

Cinema Paradiso-Multimedia Center is operating at 100% seating capacity.

Seating starts about 15mins before screening and stops as the film starts. Kindly arrive in time.



A reminder not to use cell phone for any reason while the program is on, and no food/beverage to be taken inside the hall.

Watch out, now some days are mixed up from the usual!

Indian - Monday 29 July, 8:00 pm:

• DOSTOJEE (Dear Friend)

India, 2021, Write-Dir. Prasun Chatterjee w/ Asik Shaikh, Arif Shaikh, Jayati Chakraborty, Drama, 111mins, Bengali w/ English subtitles, Rated: NR (G)

This award-winning film set in the 90s, tells the story of two boys, neighbors and dear friends from a village in Murshidabad, West Bengal, in India-Bangladesh border. Shafikul a son of a Muslim weaver, and Palash, son of priest. At the backdrop of communal tension, the boys live their life in full - splashing in the pond, trying to domesticate a caterpillar, grooving to popular music. Their lives form the throbbing heart of this film, until something terrible happens and the story takes a poignant turn. *This is a much-acclaimed heart-warming film; a must see!*

Potpourri - Tuesday 30 July, 8:00 pm:

• THE WORLD ACCORDING TO GARP

USA, 1982, Dir. George Roy Hill w/ Robin Williams, Mary Beth Hurt, Glann Close, and others, Comedy-Drama, 136mins, English w/ English subtitles, Rated: R

Based on the John Irving novel, this film chronicles the life of T S Garp, and his mother, Jenny. Jenny, a nurse during World War II, conceived Garp with a dying pilot, and raised him alone. Garp grows up to become a successful fiction writer, but not nearly as successful as his mother, who wrote a feminist-themed nonfiction. Rich and famous, Jenny starts a center for troubled women, and while Garp marries and has children. He remains a constant, if somewhat critical, observer of the strange community that forms around Jenny.

Selection - Wednesday 31 July, 8:00 pm:

• HACKSAW RIDGE

USA, 2016, Dir. Mel Gibson w/ Andrew Garfield, Sam Worthington, Luke Bracey, and others, Biography-Drama, 139mins, English w/ English subtitles, Rated: R

The true story of Desmond T. Doss, the conscientious objector who, after the Battle of Okinawa, was awarded the Medal of Honor for his incredible bravery and regard for his fellow soldiers. Following his upbringing and how this shaped his views, Doss's trials and tribulations after enlisting in the US Army, trying to become a medic, as the story unfolds.

Interesting - Thursday 1 August, 8:00 pm:

• TANTURA

Israel, 2023, Writer-Dir. Alon Schwarz w/ Avigdor Feldman, Yoav Gelber, Teddy Katz, and others, Documentary-History, 94mins, Hebrew-Arabic-English w/ English subtitles, Rated: NR (R)

In the war of 1948 hundreds of Palestinian villages were depopulated. Israelis call it 'The War of Independence. Palestinians call it 'Nakba'. The film examines one village-Tantura and why "Nakba" is taboo in Israeli society. *A hard-hitting film depicts part of history that has its ripple effect in the present.*

International – Saturday 3 August, 8:00 pm:

• **YOUNG WOMAN AND THE SEA**

USA-Hungary-Italy-UK-France, 2024, Dir. Joachim Rønning w/ Daisy Ridley, Tilda Cobham-Hervey, Stephen Graham, and others, Biography-Drama, 129mins, English w/ English subtitles, Rated: PG

The daughter of a German butcher from Manhattan, Ederle was a competitive swimmer who won gold in the 1924 Olympics when she decided to attempt crossing the channel. She undertook the feat after first swimming 22 miles from Battery Park in New York to Sandy Hook, NJ, setting a record that stood for 81 years. She signed a contract with two newspapers and sold her story, thereby financing her quest. There was a race among women who would be first to cross as only five men had done so before.

Children's Matinee - Sunday 4 August, 4:00 pm:

• **TOKI O KAKERU SHÔJO (The Girl Who Leapt Through Time)**

Japan, 2006, Dir. Mamoru Hosoda w/ Riisa Naka, Takuya Ishida, Mitsutaka Itakura, and others, Animation-Adventure, 98mins, Japanese w/ English subtitles, Rated: PG

A high-school girl named Makoto acquires the power to travel back in time and decides to use it for her own personal benefits. Little does she know that she is affecting the lives of others just as much as she is her own.

BLACK & WHITE CLASSICS @ CINÉ-CLUB

Ciné-Club Sunday 4 August, 8:00 pm:

• **OH BOY (A coffee in Berlin)**

Germany, 2012, Dir. Jan-Ole Gerster w/ Tom Schilling, Katharina Schütler, and others, Comedy -Drama, 86 mins, German w/ English subtitles, Rated: NR.

The movie is about a young and unemployed grad-school dropout and his meanderings through the German capital. Berlin remains a popular nesting ground for aimless youth, the paradigmatic lost boy in his carefree habitat, alone in a big city. A cinematic elegy that feels formulaic but is still budding with the special kind of poetic love a filmmaker share with his favorite city.

Rating codes we often use are from Motion Picture Association of America (MPAA): G=General Audiences, PG=Parental guidance suggested, PG-13=Parents strongly cautioned, R=Restricted (equivalent to Indian rating: A i.e., for Adults), NR=Film Not rated, Rating awaited.

To organize a seminar/program at MMC kindly email us at mmcauditorium@auroville.org.in. Our projector is crawling towards the end of its life, compelling us to look for a new one. You could financially support through a one-time or recurring donations to "Cinema Paradiso" (account #105106) or set up for a monthly contribution.

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