# NEWS & NOTES

No 1031 - A weekly bulletin for residents of Auroville

13 June 2024



#### PONDERING

Politics is based on falsehood, we have nothing to do with it.

Morality is the shield that men flourish to protect themselves against Truth.

It is only the Divine's will that is unquestionable. And it is that which man, in all his actions, deforms and falsifies.

https://library.sriaurobindoashram.org/mother/cwm13/chapter/18



## HOUSE OF MOTHER'S AGENDA

#### (continued from last two weeks)

He too must grapple with the riddling Sphinx And plunge into her long obscurity.

He has broken into the Inconscient's depths That veil themselves even from their own regard: He has seen God's slumber shape these magic worlds.

He has watched the dumb God fashioning Matter's frame, Dreaming the dreams of its unknowing sleep, And watched the unconscious Force that built the stars.

He has learned the Inconscient's workings and its law, Its incoherent thoughts and rigid acts, Its hazard wastes of impulse and idea, The chaos of its mechanic frequencies, Its random calls, its whispers falsely true, Misleaders of the hooded listening soul.

All things come to its ear but nothing abides; All rose from the silence, all goes back to its hush.

Its somnolence founded the universe, Its obscure waking makes the world seem vain.

Arisen from Nothingness and towards Nothingness turned, Its dark and potent nescience was earth's start; It is the waste stuff from which all was made; Into its deeps creation can collapse.

> Its opposition clogs the march of the soul, It is the mother of our ignorance.

He must call light into its dark abysms, Else never can Truth conquer Matter's sleep And all earth look into the eyes of God.

All things obscure his knowledge must relume, All things perverse his power must unknot: He must pass to the other shore of falsehood's sea, He must enter the world's dark to bring there light.

The heart of evil must be bared to his eyes, He must learn its cosmic dark necessity, Its right and its dire roots in Nature's soil.

He must know the thought that moves the demon act And justifies the Titan's erring pride And the falsehood lurking in earth's crooked dreams: He must enter the eternity of Night And know God's darkness as he knows his Sun.

For this he must go down into the pit, For this he must invade the dolorous Vasts.

Imperishable and wise and infinite, He still must travel Hell the world to save.

Into the eternal Light he shall emerge On borders of the meeting of all worlds; There on the verge of Nature's summit steps The secret Law of each thing is fulfilled, All contraries heal their long dissidence.

There meet and clasp the eternal opposites, There pain becomes a violent fiery joy; Evil turns back to its original good,



And sorrow lies upon the breasts of Bliss: She has learned to weep glad tears of happiness; Her gaze is charged with a wistful ecstasy.

Then shall be ended here the Law of Pain.

Earth shall be made a home of Heaven's light, A seer heaven-born shall lodge in human breasts; The superconscient beam shall touch men's eyes And the truth-conscious world come down to earth Invading Matter with the Spirit's ray, Awaking its silence to immortal thoughts, Awaking the dumb heart to the living Word.

This mortal life shall house Eternity's bliss, The body's self taste immortality.

Then shall the world-redeemer's task be done.

"Till then must life carry its seed of death And sorrow's plaint be heard in the slow Night.

O mortal, bear this great world's law of pain, In thy hard passage through a suffering world Lean for thy soul's support on Heaven's strength, Turn towards high Truth, aspire to love and peace.

> A little bliss is lent thee from above, A touch divine upon thy human days.

Make of thy daily way a pilgrimage, For through small joys and griefs thou mov'st towards God.

Haste not towards Godhead on a dangerous road, Open not thy doorways to a nameless Power, Climb not to Godhead by the Titan's road.

Against the Law he pits his single will, Across its way he throws his pride of might.

Heavenward he clambers on a stair of storms Aspiring to live near the deathless sun.

He strives with a giant strength to wrest by force From life and Nature the immortals' right; He takes by storm the world and fate and heaven.

He comes not to the high World-maker's seat, He waits not for the outstretched hand of God To raise him out of his mortality.

#### (to be continued next week)

— Sri Aurobindo, Savitri A Legend and a Symbol Book Six: The Book of Fate Canto Two: The Way of Fate and the Problem of Pain <u>https://incarnateword.in/cwsa/34/the-way-of-fate-and-the-</u> problem-of-pain

With love and gratitude, Gangalakshmi (HOMA)

## DEADLINE FOR SUBMISSIONS: TUESDAY 5PM

The content of News & Notes is a reflection of the growth process of this community towards its ideals of Harmony, Goodwill, and Truth. Editing of submissions, mainly for reasons of space and clarity, is done according to an established policy.

#### How to submit material:

- Max size of posters should be 1 MB, JPEG format. Bigger posters will be reduced or cropped to fit.
- Please AVOID CAPS letters
- Material (no pdf files, please) may be sent in English only to newsandnotes@auroville.services
- Articles for the Notes section should ideally be no longer than 500 words.
- Please try your best to send your announcements, reports, film schedules whenever they are ready. Any modifications of submitted News items must be sent to the editors before **Tuesday 5pm.**

#### **DISCLAIMER:**

Please note that the opinions and views expressed on these pages are solely those of the respective authors or work groups and do not necessarily reflect the position of the editors or the larger Auroville community. The News & Notes aims to provide a platform for the publication of diverse perspectives and voices from multiple sources within Auroville.

While our editors strive to ensure the accuracy of the information presented, we cannot guarantee that all information is free from error or omission. Additionally, we cannot be held liable for any alleged misinformation provided or offence caused by the content published.

In the event of any dispute, we encourage readers to consult with the Auroville Council, and we reserve the right to suspend the publication of disputed material. Our commitment to providing an open and inclusive platform for dialogue and exchange of ideas remains steadfast.

The News and Notes team newsandnotes@auroville.services

## LIST OF ACRONYMS:

**AVF** (Auroville Foundation), **AVFO/FO** (Auroville Foundation Office), **GB** (Governing Board), **RA** (Residents Assembly)

The following groups are divided in two categories: The groups selected by the Residents Assembly through Community decision making Processes and the groups put together by the GB and the FO (not recognised by the Residents Assembly).

#### Working groups selected by the Residents Assembly:

Working Committee (WCom) Funds and Assets Management Committee (FAMC) Budget Coordination Committee (BCC) Town Development Council / L'avenir d'Auroville (TDC)

Auroville Council (AVC) Entry Service (ES)

#### FO selected groups:

Working Committee (WC) Funds and Assets Management Committee (FAMC) Budget Coordination Committee (BCC / BCS) Auroville Town Development Council (ATDC)

Housing Service (HS) Land Board (LB)

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## NOTE FROM THE EDITORS

#### Dear Community,

#### Here is some important information:

- You can read past issues and subscribe <u>HERE</u>.
- If you wish to support the N&N community Edition, you can donate at this account Nr: FS #252150
- Content sent through @auroville.org.in mail ID, will only reach us if you use this <u>FORM</u> to submit your content.
- The mail ID to submit content is: <u>newsandnotes@auroville.services</u>.

Thank you for your continued support!

In community,

The RA Community Edition News and Notes Team



## FROM THE ENTRY SERVICE

#### ES # 226 DATED: 11-06-2024

#### NOT READY TO JOIN

• Pawan MITTAL (US)

If you need to contact the Entry Board, write to: auroville.entryboard@gmail.com

### FROM THE WORKING COMMITTEE

#### MESSAGE FROM IAC TO AUROVILLE RESIDENTS REGARDING LAND EXCHANGES

Dear Community,

At their request, we are pleased to share the <u>attached</u> statement by the International Advisory Council, issued after their meeting with the Governing Board on May 31, 2024, regarding the topic of land exchange.

Please note that the International Advisory Council wishes to share this statement internally for now and not make it public outside of Auroville.

On behalf of the residents of Auroville, we extend our gratitude to the International Advisory Council for their continuous efforts to safeguard Auroville and for reminding the Governing Board of the Mother's vision for creating Auroville and building a city that is more than simply physical infrastructure.

In service,

Your RA Working Committee Aravinda, Bharathy, Chali, Maël (TOS), Matthieu (TOS), Prashant (TOS), Valli



WORKING COMMITTEE of the Residents' Assembly AUROVILLE FOUNDATION

## COMMUNITY NEWS

### **COMMUNITY SHARING**

#### AUROVILLE TO LAUNCH WEEKLY MOBILE VET CLINIC & AN INFORMATION CAMPAIGN FOR THE NEW SHELTER



The team of the Auroville Dog Shelter invites all Aurovilians, friends, and animal lovers for the start of our weekly new mobile vet clinic service, despite facing at the moment significant budget constraints. This soft launch, set for Friday, June 14th, from 10:00 AM to 1:00 PM at the Solar Kitchen Parking Lot, aims not only to provide essential veterinary services but also to encourage a dialogue with residents and animal lovers about the construction of the new Auroville Dog Shelter.

Drop by to have a chat with us, we are happy to share with you our concept to build a self-sustainable animal shelter and beautiful Serenity Park with a visitors center, restaurant, children's playground, shops, a farmers market and a veterinary and discount priced pharmacy. Let's put our minds together as a Community to find solutions to solve the Puppy Crises for good and ways to provide better services for the benefit of humans and animals in our city. We want to hear what you have to say and invite everyone willing to become a part of this important project. Let's work together!

Even this Friday will be just a first soft launch; you can bring your animals if they are in need of our services. Please note as the shelter is completely overcrowded with barely any funding, we cannot accept for the time being any more puppies, but we are happy to provide the following services:

- Free Consultations: Receive expert veterinary advice to ensure your animals' health and well-being.
- Basic Medical Care: We are able to address minor ailments and provide necessary treatments.
- Cost-Price/Donation-Based Vaccinations: Affordable vaccinations to keep your dogs protected. (We don't have funds for cat vaccinations at the moment)
- Spay/Neuter Bookings: Schedule sterilization surgeries, an essential step in managing the growing puppy population.
- Animal Care Information: Valuable tips and advice on how to keep them happy and healthy.
- Volunteering Information: There are lots of opportunities to volunteer in the old shelter and also for building the new Animal Care Shelter!

If you want to support us by donating, please use our FS Account 251391

## AWAKENING SPIRIT

#### INTRODUCTION TO THE INTEGRAL YOGA OF **SRI AUROBINDO AND THE MOTHER**

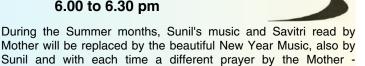
#### Tuesday, 18th June, 9 am - 12 noon Focus: Intimacy with the Divine

Led by Ashesh Joshi

Place: Mirabelle Education Centre, Auromodele Ph/Whatsapp: 9489147202 (Please register)

All are Welcome

#### **AMPHITHEATRE - MATRIMANDIR** Every THURSDAY 6.00 to 6.30 pm



Mother will be replaced by the beautiful New Year Music, also by Sunil and with each time a different prayer by the Mother recorded with the music.

Enjoy the beautiful open space, an immense sunset, heavenly music in the very center of Auroville!

Reminder to all: The Park of Unity is a place for silence, meditation and inner work and is to be used only as such.

We request everyone: please do not use cameras, I-pads, cell phones, etc. No Photos.

Dear Guests, please carry your Guest Card with you.

Access for the Amphitheatre only from 5.45 pm and until meditation ends.

Thank you Surya for Amphitheater team



#### ACCESS TO THE PARK OF UNITY AND MATRIMANDIR

#### The Park of Unity

The Matrimandir, the Petals, the Lotus Pond, Banyan Tree are areare areas of SILENCE

- The Park of Unity is open to Aurovilians and Newcomers Daily: 6.00 AM to 7.30 PM
- Aurovilians may bring close family and friends to the Gardens Daily: 9.00 AM to 3.30 PM
- Volunteers and Donors require a pass to enter the Park of Unity. Timings will be indicated on the pass.
- Published events in the Park of Unity are open to Aurovilians, Newcomers, Volunteers, Pass holders and Guests. Guests should bring their Aurocards.

#### The Inner Chamber of the Matrimandir

The Matrimandir is a place for silent individual concentration.

• The Inner Chamber is open to Aurovilians and Newcomers:

Monday – Saturday	6.00 AM to 8.00 AM
	4.30 PM to 7.30 PM
Sunday	6.00 AM to 12.00 PM
	4.30 PM to 7.30 PM

• The Inner Chamber is open to SAVI registered Volunteers:

Wednesday – Monday 8.00 AM to 8.40 AM. Arrival at 7.45 AM at the Office Gate

 The Inner Chamber is open to Aurovilians wishing to accompany a maximum of 5 close family and friends, no more than once in two weeks, with booking 3 to 5 days in advance to <u>mmconcentration@auroville.org.in</u>:

> Any day except Tuesday & Sunday: 8.00 AM to 8.35 AM Arrival at 7.45 AM at the Office Gate

The Inner Chamber, the Petals and the Gardens are open to the Children of Auroville and the Outreach Schools:

Tuesday 9.00 AM to 11.00 AM

 The Auroville units can bring their staff to the Inner Chamber with a prior booking to <u>mmconcentration@auroville.org.in</u>:

Tuesday 8.00 AM to 8.30 AM

#### The Petals of the Matrimandir

The Petals are open to Aurovilians, Newcomers and Pass holders

Monday – Sunday 7 AM to 8 AM, Tuesday AM closed. Daily 5 PM to 6 PM

#### Access to Matrimandir for Visitors and Guests Matrimandir Viewing Point

The Viewing Point is open to the general public on presentation of a Pass.

Visits to the Matrimandir Viewing Point are free of cost.

Free passes can be obtained at the Auroville Visitors Centre

The Viewing Point lies south of the Park of Unity and offers visitors a panoramic view of the Matrimandir and the Gardens and the Lake.

Timings starting from the Visitors Centre: Daily: 9.00 AM to 5.30 PM

#### The Inner Chamber of the Matrimandir

The Inner Chamber is open to Visitors and Guests by prior booking only. Visitors and Guests seeking to concentrate in the Inner Chamber are requested to inquire at the Information Desk of the Visitors Centre after first visiting the Viewing Point. Prior booking is required to access the Inner Chamber at least one or two days in advance. Bookings for concentration are given for the following or the first free day as per availability and are accepted only up to one week in advance. Minimum age 10 years. The Petals are open to Visitors on the morning of their Inner Chamber visit.

#### A SATSANG ON THE INTEGRAL YOGA

A sacred gathering for the study and practice of the Integral Yoga of Sri Aurobindo and the Mother, founders of Auroville, the City of Dawn.

"The first necessity is the inner discovery in order to know what one truly is behind social, moral, cultural, racial and hereditary appearances. At the centre there is a being free, vast and knowing, who awaits our discovery and who ought to become the active centre of our being and our life in Auroville." — The Mother

We start right here, in the Eternal Now, from where we each are at this ever-progressive moment, and share our unique experiences on the path of rediscovering and embodying who we really are.

Facilitated by Zech Joya

Schedule: **Tuesdays and Thursdays, 5:30-7:00pm** Venue: Conference Room, G/F SAIIER Building, Town Hall Complex, or at an agreed upon venue in Auroville By appointment only: please call 8300191193





Please click this link for details or scan the above QR Code



Also check Zech's Weekly Sharings: https://zechjoya.blogspot.com

Or scan the QR Code on the left



#### WORK OPPORTUNITIES

**OFFERING WORK** 

#### **DESIGNER/MARKETING PERSON**

**Aurofilm** is looking for a Graphic Designer/Marketing person, to create Marketing Material for their upcoming Film and Animation Courses and to spread the word about it via local PR and online marketing.

Please contact us at 083001 89062 (Surya) or 75173 94469 (WA Abhijit).

Compensation offer will be discussed upon meeting. Cheers!

#### **KUILAI CREATIVE CENTER**

is looking for volunteers to help with...

- Evening Tuition to help with Math, Science, English from 6pm to 8pm (Monday to Saturday)
- Saturday programme Physical, Craft and Art Activities from 9am to 4pm.
- English class, Tailoring and Mother's 12 Quality Integral Education programme.

Kindly contact: <u>kuilaicreativecentre@auroville.org.in</u> or call us 8608473385

#### LOOKING FOR WORK

#### HOUSEHOLD WORKER LOOKING FOR MORE WORK

Dear Community,

Jaya, hailing from Pettai village is looking for more work.

Jaya has been working at Pitanga for one year and is now working part-time in a household in Samasti. Jaya is a reliable person, a conscientious and hard worker and is available on Monday, Tuesday, Thursday and Friday MORNINGS, and Wednesday and Saturday FULL DAY.

We are happy to help her find more work.

You can therefore contact us at 2622403 or 9443169306 to arrange for a meeting with Jaya.

Anandamayi & Andrea for Pitanga team

## POETRY



Rub palms To get warm

Rub shoulders To build bonds

Rub edges To smoothen stones

Frictions create A constant contact That melts and moulds

Anandi Z.



I hold a smooth stone And wonder How much rubbing It has gone through.

-Anandi Z.

#### HEALTH

#### AUROKIYA INTEGRAL EYE CENTRE @ ARKA

Working Hours: Monday - Saturday (9.00 am -5.30 pm)



#### Services Provided:

- · Emergency eye care services with primary-level care
- Complete eye testing facilities for eye problems
- Follow-up services for surgeries and consultation from Aravind
- Spectacles and contact lenses
- Eye medicines (Homeopathy, allopathy, and Ayurvedic Drops)
- Personal guided support to visit Aravind Eye Hospital for surgeries and procedures
- Personalized eye exercise training, eye yoga sessions, and vision therapy sessions. Both morning and evening slots are available

Contact: <u>aurokiya@auroville.org.in</u>; <u>aurokiya@gmail.com</u> WA/ Mobile: 8012305151: <u>www.aurokiya.com</u>

#### SANTÉ SERVICES IN JUNE 2024



Working Hours: Monday - Saturday 9:00 - 12:30pm & 2:00 – 4:30pm SATURDAY AFTERNOONS WILL BE CLOSED IN JUNE

Tests and Sample collection:

Mon-Fri before **<u>8:30</u>** - 12:00 pm. No sample collection on Saturday.

#### For emergencies, contact: Auroville Ambulance (24/7) : Phone: +(91) 9442224680 Government Ambulance (24/7) : Phone: 108

Please call Santé on (0413) 2622803 during working hours for an appointment

Doctor Consultation with Dr.Senthil: Monday to Friday	Nursing Care: Thilagam, Ezhil, Archana, Sandhya: Daily No appointment necessary
Ayurveda with Dr.Be: Mon/ Tue/ Wed/ Fri	Integrative Psychotherapy with Juan Andres: Monday to Friday
Acupuncture with Andres: TOS	Homeopathy with Michael: TOS
Physiotherapy & Massage with Galina: Mon/ Tue/ Thurs/ Fri	Physiotherapy with Arun Monday to Saturday
Bio-Well Assessment (Evaluation of your well- being) with Helena: Inquiry through email ( <u>adminsante@auroville.org.in</u> )	Soundbed Session with Sandhya/ Thilagam: Monday to Saturday

In Santé, we value our patient's confidentiality & make every effort to ensure their privacy.

In case of cancellation or to reschedule, it is necessary to inform us in advance.

#### LEELA THERAPY

A unique combination of psychotherapy,

self-inquiry and ancient teachings of Enneagram of Liberation. I invite you to be supported by heart based and trauma-informed skills, taught by Leela School of Awakening.

Private 1:1 sessions are a powerful and intimate container to work on your deep emotional healing and self-discovery.

Anything, and everything is welcomed.

Leela therapy is offered by Kardash in person or on-line, through Inner Sight (an Activity under LEAD).

For more details see <u>www.innersightav.org</u> or whatsapp Kardash on 9940934875.

## EDUCATION

### SPOKEN ENGLISH AND HINDI

Hi! My name is Ashwini and I have an experience of 20 years as a Spoken **English, Hindi, Kannada and Marathi** language trainer for all levels. If you are interested in learning one of the above languages either in oral or written form please contact me on my WhatsApp 8270512606.

#### **TUTION GRADE 1-12**

Tution classes open for students from grade 1 to grade 12. Please contact on my WhatsApp 8270512606. Ashwini





#### **NEWS FROM AUROVILLE LANGUAGE LAB**

Please remember to put your mobile phones on flight mode and switch off all wireless and Bluetooth devices before you enter the Lab. We are a wireless-free space!

#### Evening Programs!

From **1st February 2024**, we have launched a new experiment. The Language Lab extended its opening hours from 5pm -6:00pm, Monday to Friday. We are offering special evening programs which include conversational practice with native language speakers, talks, as well as self-learning and guided study in different languages with our mediatheque.

This program | is free of cost to everyone: Aurovilians, Newcomers, Volunteers, Guests and people from around the Auroville area. The Language Lab has always been open to all and this program will be as well. Ever learnt a language but feel a bit rusty now? Come and revive it! All, including Guests are welcome to join. Come share your language with others!

In this thin summer period, where some people are out of station, only the English and French Conversation Practice sessions are happening on Thursdays and Wednesdays. The focus continues to be on the Auroville Charter and The Dream. We are happy to announce that Samskrit Chanting will re-start next Monday (17.06.24). All are welcome for these sessions.

Do let us know if you would like to be part of this experiment and what you would like to receive and offer, either as a participant or a facilitator, by sending an email to info@aurovillelanguagelab.org or a WhatsApp message to +91 98430 30355. You don't need to be a teacher; you simply should enjoy conversing with others and offer yourself for conversation practice. Incidentally, age no bar!

#### Our first full-length publication:

We are delighted to share that our first full-length publication, "From Resonance to Bonding" by Dirk Beckedorf & Franz Müller, is now available on Amazon! The book gives an in-depth explanation of the Alfred Tomatis method, its scientific basis, how and why it works, along with detailed case studies. Order through our website: https://books.aurovillelanguagelab.org/

You can access the detailed Table of Contents, as well as 2.5 chapters of the actual book for free <u>here</u>, before deciding to order through Amazon.

This book has information for a wide variety of professionals in different fields, as well as laypeople. For example, midwives, doulas, gynaecologists, as well as pregnant women, parents-to-be and recent parents, will find the chapter on "Resonance in the Womb" full of incredibly fascinating information. It is an excellent summary of all the research since Dr. Tomatis' pioneering work in the early 1950s, on the development of listening in the womb.

For now, in India, it is still only available as a Kindle e-book. You can use a free kindle app to access it (mobile, tablet or desktop). We know many of you have complained that it is not available as a paperback. We have great news: It's almost ready!In another week or so, you should be able to pick up a copy at the Lab itself, as well as order through Amazon. Meanwhile, we have opened prebooking. Please go to <u>https://books.aurovillelanguagelab.org/</u> and click on "Pre-Booking (Paperback in India)."

#### Looking for:

Someone who can type in English! We have many case notes to type up which detail the progress made – especially by children – during Tomatis programs. The work would have to be done at the Lab. We need someone who can type, cares for people, and will respect confidentiality. We could definitely still do with someone to help with fundraising. And we always welcome volunteer language teachers.

#### Tomatis

Please contact 0413-3509932 or 04132622467 or email us at tomatis@aurovillelanguagelab.org to schedule your Listening Tests & Consultations. In case you wrote earlier but haven't heard back from us, please send us a reminder by email.

To know more about the Tomatis Method, please have a look at the following links:

- https://www.aurovillelanguagelab.org/tomatis-method.php
- <u>https://www.aurovillelanguagelab.org/tomatis-kids.php</u>
- https://www.youtube.com/watch?v=wnpXprTl3m0
- <u>https://www.youtube.com/channel/UCeTIG0y-</u>
- <u>sBMlyywZNdZcAng/videos</u>
   <u>https://www.listenwell.com/</u>

#### NEW Language Courses at ALL

#### Spanish Beginner Class with Mila

A journey of language and culture with our dynamic Spanish beginner class, guided by our long-time language teacher from Spain.

Day & Times: Monday & Wednesday 2:30 to 3:30 Pm For Registration: info@aurovillelanguagelab.org

+91 9843030355 (WhatsApp)

#### Tamil Beginner Course with Saravanan

Catch up on Tamil sounds, learn basic grammar, and gain confidence in conversational Tamil. Our fun, interactive lessons and supportive environment make it easy and enjoyable.

Day & Times:Tuesday and Friday 9:30 to 10:30

For Registration:

info@aurovillelanguagelab.org

+91 9843030355 (WhatsApp)

#### Tamil Reading & writing and also Spoken Intermediate with Murugesan

We welcome back our other Tamil teacher, Murugesan. His daughter is fine now, (many in Auroville know the story), so he is happy to re-start teaching at the Lab. He will offer one class of Intermediate Tamil as well as another class specifically focussed on learning to read and write Tamil.Both classes will be an hour each and will start this coming Saturday (15.06.24). 9:30 to 10:30 and 11 to 12

For Registration: <u>info@aurovillelanguagelab.org</u> +919843030355 (WhatsApp)

Experience the magic of Persian Language and Poetry

Explore the rich culture of Persia with Anita, from Iran, who studies ancient history and myths. Learn about famous poets like Rumi and Khayyam, and discover the stories of the ancient Zoroastrians. Listen to the lilting beauty of Persian and take your first steps to learn it. The first class last Saturday was indeed magical and transporting. The subject matter was riveting! All are welcome to join this two-month course. And yes, we have decided to keep the time as below.

Day & Times: Every Saturday 10:00 to 11:30 AM

Starting from 8th June

For registration:

info@aurovillelanguagelab.org

+91 9843030355 (WhatsApp)

#### New Beginner French with Samuel

We thank Samuel for helping out just when it was needed, and for his fun French class with lots of repetition, which the students really enjoyed. It was nice to bump into students at places like Pour Tous and see them practicing what they had learnt in class! Merci, Samuel!

#### New Beginner Hindi with Kaushal starting 5th of June

Kaushal is a native Hindi speaker who is keenly interested in introducing the beauty and nuance of this language to eager learners. In this 16-hour (2 months) course, he will give an introduction to speaking, writing, and reading so as to familiarize students with the Hindi language.

Days & Time: Wednesdays, 02:00 pm to 04:00 pm

Starting day: 5th June

Duration: 16 hours (over two months)

#### New Beginner Sanskrit with Kaushal starting 6th of June

In this 16-hour (2 months) course, we start with the sounds and the alphabet, we shall enjoy exploring simple words, conversation, and chanting of selected mantras.

Days & Time: Thursdays, 02:00 pm to 4:00 pm

Duration: 16 hours (over two months)

#### ENGLISH

The Language Lab is happy to provide a dynamic English program for the month of June.

This includes :

English Language Teacher Training: learn how to incorporate student-driven content into a creative and holistic lesson plan.

A dedicated Study Hall with emphasis on English tutoring for all subjects: Do you have homework, a resume or a paper you are working on? We can help.

#### New Beginner English Class

Rupam will offer a new class for complete beginners: Let's start with the ABC of English!

## Discover the Fun in Learning English through Theatre by Rupam

Explore Shakespeare, other playwrights, short stories, and poetry with us. Enhance your English communication skills through fun and interactive sessions.

Day & Times: Monday and Wednesday, 11:00 Am to 12:00 Pm Age: 12+

For Registration: info@aurovillelanguagelab.org +91-8543030355 (WhatsApp)

#### Ongoing English Classes

The English Pre-Intermediate Youth group, general Pre-Intermediate, and Intermediate courses taught by Taranti and Rupam continue.Please see the schedule below.

Language	Level	Time	Day(s) Of Classes	
	Pre-Intermediate & Intermediate 8-Hour (Monthly)	11:00am - 12:00pm	Tuesday & Thursday	
English Englis English Englis English Englis	Learn English through theatre 8-Hour (Monthly)	11:00am-12:00pm	Monday & Wednesday	
	English Pre-Intermediate Youth Group 8-Hour (4 weeks)	3:00 to 4:00 pm	Monday & Wednesday	
	English Pre-Intermediate Adult Group 8-Hour (4 weeks)	4:00 to 5:00 Pm	Pm Monday & Wednesda	
	English Intermediate Adult Group 8-Hour (4 weeks)	4:00 to 5:00 Pm	Tuesday & Thursday	
	Conversation Intermediate Start date 9 April 2024 8-Hour (4 weeks)	3:00 - 4:00pm	Tuesday & Thursday	
	Study Hall and English tutoring 8-Hour (4 weeks)	4:00 - 6:00 pm	Friday	
Facilitating English Training	Facilitating English Teacher	5:00 - 6:00 Pm	Monday, Tuesday & Wednesday	
French	Beginner 8-Hour (1 months)	4:00 ~ 5:00 Pm	Tuesday & Thursday	
Persian	Persian Language and Poetry	10:00 to 11:30 Am	Saturday	
Sanskrit	Beginner	2:00 to 4:00 pm	Thursday	
Hindi	Beginner	2:00 to 4:00 pm	Wednesday	
Tamil Spoken In Starting 1 Reading	Spoken Beginner Starting 14 <sup>th</sup> of June	09:30 to 10:30 am	Tuesday and Friday	
	Spoken Intermediate Starting 15 <sup>th</sup> of June	11:00 to 12:00	Saturday	
	Reading & Writing Starting 15 <sup>th</sup> of June	9:30 to 10:30	Saturday	
Spanish	Beginner Starting 17th of June	2:30 to 3:30	Monday & Wednesday	
	Intermediate Starting 17 <sup>th</sup> of June	To Be Announced	ТВА	
Italian	Beginner Starting 17th of June	To Be Announced	ТВА	
	Intermediate Starting 17 <sup>th</sup> of June	To Be Announced	ТВА	

#### Current Schedule of Classes

## If there's a language you would like to learn but it's not listed ... please let us know!

To join or enquire: Please fill our form at <u>http://register.aurovillelanguagelab.org/</u> You may also drop us an email at <u>info@aurovillelanguagelab.org</u>, call us at 262-3661, text or whatsapp us at +91 9843030355 or come visit us!

#### Please Note:

Registration and contribution are essential <u>before</u> you join a course with us. Please see our team member at the front desk to ensure this is completed, thank you!

The Language Lab is open: Monday – Friday, 9am - 12pm & 2pm - 6pm Saturday, 9am - 12pm & 2pm - 5pm

Location: International Zone, after Unity Pavilion & Pump House. **Phones:** (0413) 2623661(Lab), +919843030355 (Lab WA, 2622467, 3509932 **Email:** <u>info@aurovillelanguagelab.org</u> and <u>tomatis@aurovillelanguagelab.org</u>

## **CLASSES, WORKSHOPS & HEALING ARTS**

#### VÉRITÉ WORKSHOPS

Pre-registration required

Please contact Verite @ 0413 2622045, 2622606, 9363624083 or programming@verite.in, www.verite.in



#### Ayurveda for Self-Harmony– with Claire Friday, June 14, 9:15am – 12.00pm

Discover Ayurvedic wisdom & its recommendations for self-care & healing. In this practical workshop, you will experience some of the fundamental Ayurvedic techniques to observe various body/mind/metabolic conditions in yourself & others & learn how Ayurveda can be applied in daily life to maintain balance & harmony, according to your own nature.

Food is Medicine- Lifestyle Health Practices with Parvathi Saturday, June 15, 2:00pm – 04:30pm Learn about your body's constitution (Tridosa) & the plants,

Learn about your body's constitution (Tridosa) & the plants, foods, spices & lifestyle practices that benefit your constitution & help prevent health complications. Parvathi will also demonstrate the proper way to prepare decoction/ infusion teas.

#### Face & Eye Yoga: Face your Self – with Mamta

Saturday, June 22, 9:15am – 12:00pm The physical & mental state of our inner world determines how we experience our outer world. Sense organs are the tools for each experience we have. Face Yoga involves simple selfmassage techniques & exercises to release tension in the facial area, stimulate blood circulation & improve efficiency of our sense organs. In an era of increased screen time, our eye health may be compromised, unless we actively exercise this area. Eye Yoga uses techniques such as palming, blinking, near & far viewing & candle gazing. You will also learn tips to prevent eye damage caused by screen time.

Food is Medicine: Lifestyle Health Practices – with Parvathi Saturday, June 22, 2:00pm – 04:30pm

Learn about your body's constitution (Tridosa) & the plants, foods, spices & lifestyle practices that benefit your constitution & help prevent health complications. Parvathi will also demonstrate the proper way to prepare decoction/ infusion teas.

#### TAI CHI CHUAN @ SHARNGA

SUMMER SCHEDULE - MAY 13 TO JUNE 22

#### Tuesdays - Fridays:

• 7:30-8:00am Chi

• 8:00-9:00am Tai Chi Chuan form



Except May 27 - June 1, when there will be class only on Tuesday 28th and Friday 31st.

#### MARTIAL ARTS - AIKIDO NEWS -SUMMER UPDATE



#### Auroville Aikido at AV Budokan (Dehashakti):

Adults' regular schedule for beginners and all levels: During the summer we continue our early classes but discontinue the Wednesday evening and Sunday morning. So, welcome to join this beautiful and complete practice in the form of a Japanese martial art: every **Tuesday**, **Thursday**, **Saturday** from **6** to **7.30 am** (with N. Murugan and Surya). Reasonable contributions required for the Budokan (a LEAD activity). Children classes (from age 8) will restart in July.

For more info, please contact us: <u>budokan@auroville.org.in</u> and/or call **083001 89062** (Surya) - 099528 12843 (Murugan/WA) - **83006 43963** (Philippe/WA).

## CAPOEIRA - MARTIAL ART AND MUSIC WITH GINGA

Afro-Brazilian martial art that combines elements of dance, acrobatics, music and movements. More than 500 years old, Capoeira is a constantly evolving art form, come connect and express yourself.



Join us for classes for teens and adults (15 yrs and above) Intermediate : Tuesday, Thursday and Saturday - 5.15 PM -Dehashakti

Beginners: Tuesday and Thursday - 6.00 PM- Dehashakti Contact: 7598446327

Let us know if you would like more information.

#### **REGENERATION LISTENING CIRCLE**



## Regeneration Listening Circle: Mondays 6:00 am & Wednesdays 5:00 pm

Session duration: 1.5 h

#### Experiences of previous participants:

"Because of the ecological problems humanity is facing, I didn't want to have children, but after this circle today, I do again" - Guest

"I'm very sensitive and I could feel the spirits of Mother Nature with us in this circle; very beautiful" - Newcomer

"This talking-stick gives me Power; and with great Power, comes great Responsibility" - Aurovilian

Limited seating - Location will be shared after your reservation under +49 1638041124 WhatsApp

#### MARC'S C.L.C RECURRING EVENTS

#### **Every Saturday:**

- 10am-12pm: Coffee Cupping Sessions
- 10-12pm: Kombucha and Fermented food Workshop

#### Every Friday:

• 3-5pm: History of Indian Coffee (Tamil or English)

#### Monthly Classes:

Once a month, we offer classes on:

- · Foundations of Specialty Coffee
- · Foundations of Roasting
- Molecular Coffee: A Master Class

Location: CLC, on top of Marc's Cafe Store

For bookings and more info, visit our website: <u>Marcscoffees.com</u> or email us at <u>admin@marcscoffees.com</u>

#### SUN & SOIL

#### Natural building workshop



#### INTRODUCTION

Delve into the heart of ancient techniques and modern sustainability. Unravel the intricate tapestry of natural buildings and materials, weaving together the timeless wisdom of cob, wattle, and daub.

Join us for this 5-day full-time workshop 7:30 am-5:00 pm.

Discover the essence of mud through hands-on exploration and theory. Bring structures to life, each whispering stories of generations yet to unfold.

From **July 8th till 12th** - at Auroville, at Youth Center. SOIL WALK | NATURAL BUILDING | DORODANGO ART | BIO ENZYME WORKSHOP | OPEN HOUSE

For registration and more info, please go to our website: <u>Youthlink.org.in</u>

#### SVARAM IS TAKING A BREAK IN JUNE

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#### PITANGA CLOSED: 2 JUNE - 7 JULY



Pitanga supports a cashless economy in Auroville. If you are hosting a guest who'd like to join our activities, kindly inform them that contributions need to be made cashless. If you wish to receive our program of activities by email, please write to us.

See you at Pitanga, with a smile!

Pitanga Cultural Centre 2622403 / WA 9443902403 <u>info@pitanga.in</u>



Quiet Healing Center, Auroville 605 104, Tamil Nadu, India <u>www.quiethealingcenter.info</u> / <u>quiet@auroville.org.in</u> Mobile & WhatsApp: +91 9488084966

#### **Quiet Healing Center Summer Break**

Quiet Healing Center will be closed from **Friday 26th April till Monday 17th June** for annual repair and maintenance works. With our apologies for any inconvenience,

Quiet Healing Center Team

#### VIPASSANA MEDITATION

**Date:** Every Sunday - for those who have attended at least one ten-day Vipassana course as taught by SN Goenka.

**Timings:** 8:00 AM – 12:00 PM but you can also drop in and join as long as you wish



also drop in and join as long as you wish. **Venue:** Udavi School (2nd building on the left when you are at the front entrance), near Tank in Edayanchavadi (Auroville). Location <u>here</u>.

Vipassana As taught by S.N. Goenka



Contact: Sanjay Tumati, +91 8790982210 (available on WA) sanjay@auraauro.com

#### LET GO - LET BE - LET COME



**5 DAY JOURNEY TOWARDS CONNECTION, CHOICE AND JOY** FACILITATED BY STEFAN GEBERT AND TEAM

## **JUNE 17-21** DAILY 8.30AM-1PM, CRIPA

LEARN SKILLS AROUND EMBODIED CONSENT AND PERSONAL BOUNDARIES.

LET GO OF UNHELPFUL CONDITIONING AND OPEN TO MORE ALIVENESS, PURPOSE AND CHOICE IN LIFE.

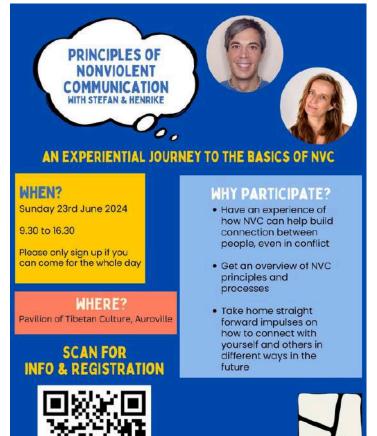
EXPLORE MOVEMENT PRACTICES TO CREATE SPACE AND EXPANSION WITHIN YOUR NERVOUS SYSTEM.

Scan for more info and Registration



Organised by Dancing Tree Hospitality Trust

#### PRINCIPLES OF NON VIOLENT COMMUNICATION



organised by YouthLink YouthLink, Auroville

O AU

#### DEEP SOUND BATH IN CREATIVITY

TIBETAN BOWLS Hall of Light CREATIVITY community

> Every Friday from 5 to 6:30 PM

Starting from 17th November



#### There will be a LIGHT massage by the Tibetan Bowls.

Lie down, relax, simply allow yourself to experience the ancient sound from the Tibetans bowls.

The practise produce a soothing sound believed to have a powerful effect in the body's energy system, helping to balance the chakras and promote healing.

"If we accept that sound is vibration and we know that vibration touches every part of our physical being, then we understand that sound is heard not only through our ears but through every cell in our bodies. One reason sound heals on a physical level is because it so deeply touches and transforms us on the emotional and spiritual planes."

Drop in the Hall, no reservation needed. Please arrive 10 minutes before.

Guest 600 rs / Volunteer 300 rs Aurovilians and Newcomers, conscious contribution

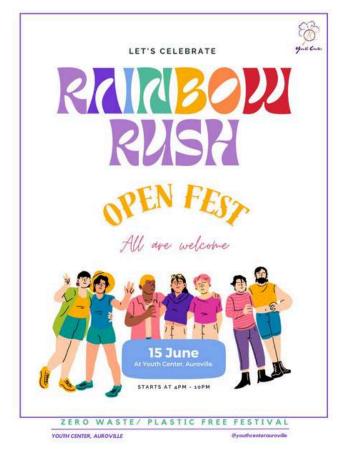
Sathyayuga WA +917639761930

## **ACTIVITIES & EVENTS**

#### JOIN US FOR THE RAINBOW RUSH FEST AT YOUTH CENTER!

We are excited to invite the entire Auroville community to the Rainbow Rush, an open fest happening this Saturday, 15th June at the Youth Center. The event will run from 4 PM to 10 PM, celebrating diversity, creativity, and community spirit in a zero waste, plastic-free environment.

All are welcome to join the festivities! Don't miss out on this vibrant celebration – see you there!



#### MARCS COFFEE INVITES TO PLAY BLOOMO!



#### Join us to BloomO! at Marc's Cafe

Play as you learn about the spiritual message of flowers. Engaging conversations, immersive experience. There will be a brief intro to the game's origin and significance. The soulful flower card game

Marc's Cafe terrace

To reserve your spot, please email us at. admin@marcscoffees.com

#### MULTIDISCIPLINARY IMPROVISATION LAB

## A CALL TO CO-CREATE MULTIDISCIPLINARY IMPROVISATION

THROUGH DANCE, MOVE, VISUAL ARTS, POETRY, SPOKEN WORD, THEATER, AND MUSIC

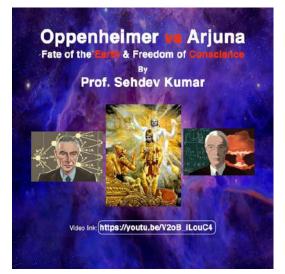
- · Step beyond labels and redefine your art form.
- Embrace the unknown and explore the interplay between disciplines.
- Safe space for artistic exploration.
- Self-motivated creation.
- Spaciousness for individual expression.
- Recognition of equal value in every movement, sound, and word
- Emotional storytelling through embodied movement and music.

THURSDAYS 5PM TO 7PM CRIPA SMALL HALL DISCOVER THE BOUNDLESS POTENTIAL OF COLLABORATIVE IMPROVISATION



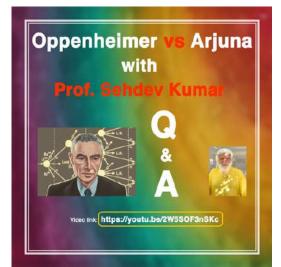
#### OPPENHEIMER VS ARJUNA | PROF. SEHDEV KUMAR | PRESENTATION

https://youtu.be/V2oB iLouC4



#### OPPENHEIMER VS ARJUNA | PROF. SEHDEV KUMAR | QUESTION & ANSWER

https://youtu.be/2W5SOF3nSKc



#### STANDUP AT REVE

Walking and bicycling lost to the status-filled automobile with driver.

Solar powered tram lost to 14m wide 4km long concrete canal. The workshop is now a toll booth. The roof is gone, but we are still standing!

**7pm Saturday** – a night of laughter as three of the most innovative English language comics on a Tamil Nadu tour let loose on the Outer Ring Road.\* **4pm Sunday** – at Art Forest\*\* before they go to rock the scene in Pondy.

The trio have been touring the country pressing crowds with ideas that are challenging and unhinged and absurd. This show, just like Auroville, is not for the faint of heart.

**Comedians' Instagram profiles:** @aamercomic @rohantheass @jokinglash

\*Directions for Saturday: go along the Outer Ring Road (if you hit a 70-year old mango tree, be grateful) or the bike path or Kuilya road next to it. If you hit the Hemp House, you are really close. Or simply go to the only train tracks in Auroville.

\*\*Direction for Sunday: go past Fertile.

Food will be available | Contributions welcome | standup@auroville.community



## **VOICES AND NOTES**

#### **RESPONSE TO "AUROVILLE IN CRISIS"**

Aurorrific, an Aurovilian with a keyboard, has exposed the strategy of the 'new' administration. It has taken so much time that it's not new anymore. So what will the response of Aurovilians be? Is its strength its unity? Or its passivity (the meek will inherit the earth)? Will the administration be ashamed or emboldened by this 'exposure'? Or will they laugh because it's so late?

The three recommendations: Stay informed, Support each other, and Spread awareness have blunted our pen and frozen our brain. Hopefully some outside standup comics will shake us up.

- Aurosatire

## FOODS, GOODS & SERVICES

#### AUROVILLE LIBRARY SUMMER TIMINGS

Summer timings for May and June:

- Mon Sat mornings: 9am 12.30pm
- Tues Thurs Sat afternoons: 4pm
   6.30pm
- Mon Wed Fri afternoons: closed

Storytime for children will continue through summer - Saturday mornings 10am - 11am

#### NEWS FROM THE AUROVILLE LIBRARY

- IMPORTANT! If you have an account with us, we kindly ask that you check we have your correct contact details (email, telephone, and community). Either drop by or send an email to <u>avlib@auroville.org.in</u>. We would also like to remind you to please return your books on time!
- We are happy to share that we now have a collection of Jigsaw Puzzles for children and adults available to borrow.

#### ANITYA COMMUNITY LUNCH

Our community lunches are still happening during the summer! Contact Serena on WA to book one day in advance: +91 84897 60966

Contribution required (discount for AV/ NC and Volunteers) See you at **12:30 on Thursdays and Saturdays** in our community kitchen!



Anitya is a community project registered under LEAD, Auroville Location: Center Field, after center GH, follow the ANITYA signs To know more about Anitya: joyofimpermanence.in





#### HAIRCUTS

Hairdresser for your and / or your child's next haircut: inspired, striving-for-theperfect, 12 yrs young artist Ahana looks after your and / or your child's hair and well being.

For an appointment kindly contact 9751513906 (all messenger providers, no calls) or essence.touch@yahoo.de



#### HALF-PRICE MAROMA PRODUCTS FOR ALL AUROVILIANS IN THE OUTLET STORE



Maroma is happy to announce that it is offering all products at half-price to all Aurovilians in its **Aspiration Outlet**. Come by and see our great range of all-natural cosmetics, soaps, shampoo and more! Great for gifts to loved ones, including yourself. The Outlet is located in the Maroma Campus in Aspiration and is open **9am - 5pm**, **Mon-Sat**. See you there!

Much love,

The Maroma Team

DROPZY



Food, Groceries, Fruits & Veggies, Body Care, Wellness, etc.

Stay home, order and access. We'll drop it to you.





**Dropzy** is a multipurpose mobile app platform for ordering and accessing information from a wide range of in and around Auroville eateries, grocers, bakers, farms, therapists, professionals etc. **Dropzy** delivery personnel will pick up the orders from the outlets/stores; deliver them to the customers at their doorsteps and convenience.

Kindly do download the mobile app to register yourself to place orders supporting the outlets in and around Auroville and to find out relevant information to your needs.

Download link as shown below:

Android https://rb.gy/32zcix



iPhone https://rb.gy/visp4c



Desktop https://rb.gy/bpnud5



Stay tuned in to our announcements and the app regularly, for more updates.

Best regards, Sathish Arumugam / For Dropzy Mobile: +91 8098144686 / <u>www.dropzy.in</u>

#### TRAVEL NEWS FROM INSIDE INDIA



Namaste, Bonjour, Hello and Vanakkam from Inside India.

We are always open and ready to take the hassle away from you when it comes to booking your travels, be it in and out of India, as well as Inside India itself...

You name it, we do it: Flight tickets, Bus tickets, Train tickets, Travel Insurance, Visas, transport in Taxis, even some required nights of rest if that is the case...

Our door is open from 9h30 till 4pm.

Mr. Ganesh our Travel Consultant will be at our **Kalpana office** from 10:30 till 16:00, Landline **2623030** (Monday to Friday). Saturdays on appointment only.

He can also be contacted anytime via mobile or WhatsApp: +91 9894598686

And by e-mail: travelshop@inside-india.com

We can also help you build the dream tour of India in general, Southern India in particular. You may send us your request by email: <u>insideindia@auroville.org.in</u> or <u>insideindia@inside-india.com</u>

#### Some current offers:

- Qatar airways special fare from Chennai to Paris, Frankfurt, Milan, Munich.
- Special Business Class Fare from Chennai to Seoul on Cathay Pacific
- Airindia offer fare is available from Chennai to Milan, Paris
- Qatar airways Special one way fares from Chennai to New York, USA
- Emirates has offer fare from Chennai to Paris, Milan.
- Etihad airways offer fare is available from Chennai to Frankfurt, Vienna, London, Zurich, Milan, Munich, Brussels, Seoul.
- Malaysian airways & Thai airways special fare from Chennai to Seoul.
- Aerofloat flight offer fare is available from Delhi Moscow -Delhi.

#### Trip ideas:

- Looking for a weather change, why not Nepal, Kashmir, or Ladhak... and of course closer to Auroville, Kodaikanal is there too...
- A change of scenery only one short flight away, Cochin maybe... Sri Lanka of course... Andaman Islands? Maldives...
- You can also have a look at our current offer for Chettinadu

We are accepting both Indian and International debit and credit cards, as well as UPI IDs and QR code payments at our office. #Conditions apply. And of course transfer on our Financial Service Account are very welcome...

#### **Travel Tips:**

Several travellers were "boarding denied" as check-in staff didn't accept the **e-FRRO Stay Visa** as valid document without backing it up with additional documentation. Therefore we advise to take beside the Stay Visa document (please make sure your current Passport details are in it) your Original Visa, which is maybe in an older expired Passport. If not available anymore, take at least a photocopy of the original Visa.

Indian nationals can now be issued long-term, multi-entry Schengen visas valid for two years after having obtained and lawfully used two visas within the previous three years. The twoyear visa will normally be followed by a five-year visa, if the passport has sufficient validity remaining. During the validity period of these visas, holders enjoy travel rights equivalent to visa-free nationals.

Sri Lanka has shifted from the Electronic Travel Authentication (ETA) visa programme to a new E-visa scheme with effect from 17 April 2024. In this context, the ETA website was discontinued on 16 April 2024

The Embassy of the Republic of Turkey announces that Turkish authorities have commenced requiring the "Electronic Airport Transit Visa" (e-ATV) for Indian & Nepalese passport holders traveling to Mexico, Panama, Colombia and Venezuela, Transiting via the Istanbul Airport. eVisa fees waiver scheme has been introduced for citizens of India, China, Indonesia, Russia, Thailand, Malaysia, and Japan, with immediate effect, valid until May 31st, 2024 (Last date of arrival) for tourism only. To avail of the scheme, please select the 30-day single entry eVisa option.

Thailand has extended its visa exemption program for tourists from India and Taiwan for another six months, allowing these travelers to enter the country without a visa until November 11, 2024. Travelers from India and Taiwan can stay for a maximum of 30 days without a visa.

Also, this LINK will tell you all that you need to know about Flight delays and/or cancellations.

Finally, <u>this LINK</u> can be useful too in case you are travelling on your own... or not...

Thanks a lot to all of you who already trusted us.

Have a great week...

Inside India New Team

#### VÉRITÉ CAFÉ



Taste of Yoga offers a simple, quiet space to read, reflect and nourish oneself. Delicious healthful snacks, treats & drinks (all free from animal products, gluten, caffeine, and added sugars) have been designed with utmost care, integrating sattvic principles to promote overall wellbeing.

#### SOLITUDE FARM - FRESH LOCAL FOOD

Dear friends,



so much beautiful fresh produce in this season. Subscribe for a basket that can be picked up from Solitude Farm once a week ( or more ). Salad greens, spinaches, veggies, fruits and more.

9843319260

#### **AURODENT OFFERS IN JUNE**



## MAKE YOUR SMILE WHITER AND BRIGHTER

#### ABOUT US

We are following the highest standards of the treatment. Our team is dedicated to making your visit the most comfortable.

**June Month Offer** 



**Teeth whitening** 

## MAKE YOUR SMILE Healthy

**JUNE MONTH OFFER** 



4 in 1 Procedure

- . Scaling
- . Air flow
- . Brushing with paste
- . Calcium gel application

aurodent@auroville.org.in

Auromode (opposite of CSR), Auroville 605101. What's up 9629199328 Land line: 0413-2622063

#### FOODLINK MARKET

https://foodpathsauroville.com



Call/WhatsApp: +91 83002 68804





No cash payments - all payments are to be made via AVFS account, AuroCard, or UPI

#### DELICIOUS AURO ORCHARD DRIED MANGOES @ CAFETERIA VISITORS CENTRE

Dear community,

We have started processing the mango harvest from Auro Orchard which we helped secure for Auroville.

We now have **delicious dried chewy mango slices** as well as organic **pickles** and **chutney**.

Cafeteria offers a 30% discount to Aurovilians and Newcomers and 15% to Volunteers on all our items and keeps supporting Auroville farming.

Come and enjoy our organic, seasonal ingredient driven offerings.

With love, Cafeteria team

**ěčěčěčěčěčě** 

#### LIGHT FISH

PHOTOGRAPHY STUDIO AURELEC

#### Services:

- Fashion Photography
- Product Photography
- Food Photography
- Architectural Photography

Phone: 8279300821 sales@light-fish.com



#### REPAIR OF AIR CONDITIONERS, FRIDGES, WASHING MACHINES AND APPLIANCES

Loganathan working at Mahasaraswati Shop (near PTPS, Aspiration area) is a long term Aurovilian that has gained a lot of knowhow through looking after and repairing all kinds of machines. He happily repairs your machines and appliances.

You may contact him via phone / SMS or whatsapp +91 94434 93025



#### **ARE YOUR TREES GETTING THE CARE THEY NEED!?**

At **TreeCare** we have been working hard to expand our services and reduce our wait time. Call us today for a free visit & consultation.

Contact us through +91 **90420 59890** or <u>office@treecareindia.com</u>.



We have always believed in providing the best quality services, as well as educating people about the field of ARBORICULTURE and its importance in today's landscape.

Warmly, TreeCare Team



#### SURABHI SUPPLIES

Dear Auroville Community,

Surabhi Supplies is dedicated to aiding individual community members, units, and projects in acquiring a wide range of materials and equipment, including but not limited to construction supplies, appliances, machinery, and more.

Our service offers several advantages to the community, such as **reduced prices** achieved through **bulk purchases** and **volume-based discounts**. We have established strong partnerships with various manufacturers and dealers who share our commitment to advancing Auroville's development.

Our primary goal is to streamline the procurement process for everyone, thus saving valuable time, energy, and costs while providing a high level of service to the community.

If you have any inquiries, please don't hesitate to reach out to us at:

Email: <u>surabhisupplies@auroville.org.in</u> Phone: +91 98438 46458 (WhatsApp/Call)

Sincerely, Surabhi Supplies

#### **RAPID CARE SERVICES RCS**

Dear Residents,

We are happy to announce that **Rapid Care Services** have successfully completed one year. We began operations in December 2022.



We take this opportunity to thank all the people who believed in us. Reach out to us for any enquiries that need our assistance in home and yard work. Look forward to your continued use of our services in the future.

Category	Services	
Metal Works	Channels , Doors , Piping , Fabrication	
Plumbing	End to End, Job works	
Furniture	Repairs, Made to order	
Masonry	Repairs, Renovations and Remodulation	
Painting	End to End, Job works	
General Maintenance	Floor Waxing, Powder Coating, Fumigation, All Home Utilities	
Installations	Washer and Dryer, Air Conditioner, Inverter, Dth, Security Camera	
Electrical Works	Wring, Meter box, Lights, Switches & Sockets, Motion sensor.	

Contact: + 91 8270071581 / +91 7639810621 Primary Email: rapidcare@auroville.org.in Secondary Email: rcsrapidcareservice@gmail.com Instagram handle: @rapidcare1

For Rapid Care Balaji & Arun

#### WE CAN HELP TO FIX ALL YOUR BROKEN ITEMS

**New Waves**, a unit registered under Kattidakali Trust located in Aurelec Premises, Prayogashala, Auroville is offering the services of **PCB Assembly, SMD soldering, de-soldering** and **minor repair of appliances**.

The unit can also undertake sub-contract of your production work on job work basis.

If you have any requirements, please contact Dhandapani, Executive at 0413-2622295,

Mobile 9443090082 / 8098193820 or via e-mail to <u>newwaves@auroville.org.in</u>



#### ECO FEMME OPEN HOUSE

## eco∍femme

#### Come learn about:

- Sustainable products like cloth pads, menstrual cups, period panties and cloth nappies
- Menstrual cycle awareness
- Ethical business in a women-led social enterprise
- Our not-for-profit menstrual health education

#### EVERYONE IS WELCOME.

Every Thursday, 10:30am - 12:00pm

P.S. You can pick up all our eco-friendly products at a discount!



#### AIRCON CLEAN OFFERS COMPREHENSIVE AIR CONDITIONER CLEANING SERVICE KNOWN AS "JET SERVICE".



The Jet Service includes not only the filter cleaning but also indoor cooling coils, blades, and blower wheels, indoor cooler drain tray cleaning and outdoor unit with AC jet pump.

After a cleaning service your air is fresh and healthy, reducing sickness and helping you live a healthier life.

Save up to 30% power usage with a regular cleaning service.

AurovilleRadio

Contact AIRCON CLEAN now at 9786809518 or email us at airconclean.av@gmail.com

Regards, Julien.

## AV RADIO

Dear Aurovilians,

Your favourite radio is always working for you. Stay tuned! <u>Here</u> you can listen to the stream channel (playing 24/7). <u>Here</u> you can see on-air schedules.

#### Last published podcasts:

- <u>Une série hebdomadaire de lectures par Gangalakshmi</u> <u>– 466.</u> (Integral Yoga)
- Exploring Education in Arts, Animation and Filmmaking – Ep. 32 "Steps to animate a Cartoon Character" (Cinema)
- Seeking Our Inner Being Se. 1, Ep. 13. (Spirituality)

....and more! on <u>www.aurovilleradio.org</u> For more information write to radio@auroville.org.in & Peace and love

Regards, Wobbli



## TAXI TO CHENNAI AIRPORT 23 JUNE

Taxi goes empty to Chennai airport to **return 01.00 AM** to Auroville on **Sunday morning June 23d**. Ride to the airport can be used if it fits anyone's needs approximately. Contact Jan, Gaia, +91 9443309312

#### SHARE TAXI TO SRI MA ONCE WEEKLY IN JUNE

Send a message if interested 🧼 Isha message: +91 96555 34514

## FRENCH NEWS & NOTES

Auro - Traductions

Click <u>here</u> to read the **French** News&Notes or Scan the QR code:

FO GROUPS NEWS

(not selected by due Residents Assembly process)

## FROM THE FO N&N 1030

Please click <u>HERE</u> to read the FO Groups News

## CINEMA

#### MMC ANNOUNCEMENT

Dear All:

Aurofilm is taking their annual break in May-June 2024 and hence there will be no Friday evening films from now through June.

So, on Fridays 17, 24, 31 May; 7, 14, 21, 28 June 2024, and as of now also 26 July 2024 -- if there are groups or individuals who want to book evening programs you can. For example, you can plan a program starting at 5pm ending by 7:30pm. Provided that the program ends by 9:30pm it should be fine.

Booking procedure will remain the same. If interested, you can decide on a date(s), starting and ending time of your intended program and write to us at <u>mmcauditorium@auroville.org.in</u> to inquire about availability. We go from there.

Thank you, With Best regards Multimedia Center (MMC) Team





## **TAXI SHARE**





## ACCESSIBLE AUROVILLE PUBLIC BUS

avbus@auroville.org.in / +91 94430 74825

Auroville TO PONDICHERRY						
		Trip 1	Trip 2	Trip 3		
Svaram Musical Cent	er	7:00	8:50	14:50		
Vérité Guest House -	Junction	7:02	8:52	14:52		
Town Hall - Main Parking		7:06	8:56	14:56		
Solar Kitchen (Ex Rou	und About)	7:10	9:00	15:00		
Certitude Entrance		7:12	9:02	15:02		
New Creation Road		7:17	9:07	15:07		
SBI Bank—Kuilapalay	/am	7:19	9:09	15:09		
ECR Junction—Arom	a Guest House	7:23	9:14	15:14		
Quiet Healing Center-	-Junction	7:26	9:17	15:17		
Lotus Hotel—S.V Pate	el Salai	7:36	9:30	15:30		
Ashram Road Junctio	n	7:38	9:33	15:33		
Ashram Dining Hall		7:40	9:35	15:35		
Pond	icherry TO AUR	OVILLE				
		Trip 1	Trip 2	Trip 3		
Ashram Dining Hall		8:00	12:15	18:10		
Ashram Road Junctio	n	8:02	12:17	18:12		
Lotus Hotel—S.V Pate	el Salai	8:07	12:22	18:17		
Quiet Healing Center-	-Junction	8:17	12:32	18:27		
ECR Junction—Arom		8:20	12:35	18:30		
SBI Bank—Kuilapalay		8:25	12:40	18:35		
New Creation Road		8:27	12:42	18:37		
Certitude		8:32	12:47	18:42		
Solar Kitchen (Ex Rou	ind About)	8:34	12:50	18:44		
Town Hall - Main Park	,	8:38	12:54	18:48		
Vérité Guest House - Junction		8:42	12:58	18:52		
Svaram Musical Center		8:45	13:00	18:55		
<ul> <li>Monthly Rs. 800: Aurovilians &amp; Newcomers, No validity</li> <li>Student Pass Rs. 1200 per month/ 24 days round trip</li> <li>Rs. 150 Round trip for Aurovilians &amp; Newcomers</li> <li>Rs. 200 Round trip for guests</li> </ul> Bus passes are available at Auroville Vehicle Service, Town Hall, Auroville, 0413 2623302						
	<b>FDO</b>					
EMERGENCY NUMB						
Ambulance (24/7):	DIMO					
Auroville 9442224680	PIMS 0413 26562	71				
Security (24/7):						
Auroville Police	Kottakuppam Police		Vanur Fire			
Station	Station		Station			
0413 2677318	0413 2236148		0413 2677368			
Health:						
Health Center 0413 3509942 & 3509943	Santé 0413 2622803		Farewell 8903836246			
Mental health 24/7 support:						
	Vandrevala Foundation +91 9999666555					
India Emergency Response Service (24/7): 108						

## Cinema Paradiso

Multimedia Center (MMC) Auditorium

Film program 17 June 2024 - 23 June 2024

Cinema Paradiso-Multimedia Center is operating at 100% seating capacity.

Seating starts about 15mins before screening and stops as the film starts. Kindly arrive in time.



A reminder not to use cell phone for any reason while the program is on, and no food/beverage to be taken inside the hall.

#### Indian – Monday 17 June, 8:00 pm: • MAIDAAN (Field)

India, 2024, Dir. Amit Ravindernath Sharma w/ Ajay Devgn, Priyamani, Gajraj Rao, and others, Biography-History, 181mins, Hindi w/ English subtitles, Rated: NR (PG)

Hindi w/ English subtitles, Rated: NR (PG) This acclaimed, uplifting film tells the story of Syed Abdul Rahim, popularly known as Rahim Saab is regarded as the architect of modern Indian football. He was a great sportsman and an even better teacher. His tenure as a coach in 1950s and 60s is considered as the "golden age" of football in India. Under his guidance, the national football team learned new techniques and tactics and was renowned for their unique way of playing the sport. The team was so good that they went on to win Gold medals in the Asian Games, play the semi-finals of the Summer Olympics (making India the first-ever Asian country to attain this position), win the titles of the Colombo Cup. *A must watch*!

#### Potpourri – Tuesday 18 June, 8:00 pm: • AS GOOD AS IT GETS

USA, 1997, Writer-Dir. James L. Brooks w/ Jack Nicholson, Helen Hunt, Greg Kinnear, and others, Comedy-Romance, 139mins, English w/ English subtitles, Rated: PG-13

New York City. Melvin Udall, a cranky, bigoted, obsessivecompulsive writer, finds his life turned upside down when neighboring gay artist Simon is hospitalized and his dog is entrusted to Melvin. In addition, Carol, the only waitress who will tolerate him, must leave work to care for her sick son, making it impossible for Melvin to eat breakfast.

#### Interesting – Wednesday 19 June, 8:00 pm:

#### • 20 DAYS IN MARIUPOL

Ukraine-USA, 2923, Writer-Dir. Mstyslav Chernov w/ Mstyslav Chernov, Evgeniy MaloletkaL, iudmyla Amelkina, and others, Documentary-War, 95mins, Russian-Ukrainian-English w/English subtitles, Rated: PG (R)

As the Russian invasion begins, the first 20 days a team of Ukrainian journalists trapped in the besieged city of Mariupol struggle to continue their work documenting the war's atrocities. The writer director continues to record footage which is now forms a historic documentation of a war.

#### Selection – Thursday 20 June, 8:00 pm:

#### • THE BIRDCAGE

USA, 1996, Dir Mike Nichols w/ Robin Williams, Nathan Lane, Gene Hackman, and others, Comedy, 117mis, English w/ English subtitles, Rated: R

Armand Goldman owns a popular drag nightclub in South Miami Beach. His long-time lover, Albert, stars there as Starina. "Their" son Val (actually Armand's by his one heterosexual fling 20 years before) comes home to announce his engagement to Barbara Keeley, daughter of Kevin Keeley, U.S. Senator and co-founder of the Committee for Moral Order. The senator and family descend upon South Beach to meet Val, his father and "mother."

## International - Saturday 22 June, 8:00 pm: SHASHVI SHASHVI MAQ'VALI (Blackbird Blackbird Blackberry)

Switzerland-Georgia, 2023, Writer-Dir.Elene Naveriani w/Eka Chavleishvili, Temiko Chichinadze, Lia Abuladze, and others, Drama, 110mins, Georgian w/English subitItes, Rated: NR (R) Etero, a 48-year-old woman living in a small village in Georgia, never wanted a husband. She cherishes her freedom as much as her cakes. But her choice to live alone is the cause of much gossip among her fellow villagers. Unexpectedly, she finds herself passionately falling for a man, and is suddenly faced with the decision to pursue a relationship or continue a life of independence. Etero must grapple with her feelings and decide how to find her own path to happiness. *A good watch!* 

#### Children's Matinee- Sunday 23 June, 4:00 pm: • SOUL

USA, 2020, Writer-Dir. Pete Docter & Kemp Powers w/ Jamie Foxx, Tina Fey, Graham Norton, and others, Animation- Adventure, 100mins, English-Korean-Inuktitut w/ English subtitles, Rated: PG

Joe is a middle-school band teacher whose life hasn't quite gone the way he expected. His true passion is jazz. But when he travels to another realm to help someone find their passion, he soon discovers what it means to have soul.

#### BLACK & WHITE CLASSICS @ CINÉ-CLUB Ciné-Club Sunday 23 June, 8:00 pm: • JULES ET JIM (Jules and Jim)

France, 1962, Dir. François Truffaut w/ Jeanne Moreau, Oskar Werner and others, Drama -Romance, 95 mins, French w/ English subtitles, Rated: NR.

In the carefree days before World War I, introverted Austrian author Jules strikes up a friendship with the exuberant Frenchman Jim. Both men fall for the impulsive and beautiful Catherine, but it's Jules who wins her hand. After the war, Jim visits Jules, Catherine and their daughter in their Austrian home and discovers not only that his feelings for Catherine are unchanged, but also that they're reciprocated.

**Rating codes** we often use are from Motion Picture Association of America (MPAA): G=General Audiences, PG=Parental guidance suggested, PG-13=Parents strongly cautioned, R=Restricted (equivalent to Indian rating: A i.e., for Adults), NR=Film Not rated, Rating awaited.

To organize a seminar/program at MMC kindly email us at <u>mmcauditorium@auroville.org.in</u>. Our projector is crawling towards the end of its life, compelling us to look for a new one. You could financially support through a one-time or recurring donations to "Cinema Paradiso" (account #105106) or set up for a monthly contribution.

Thanking You, MMC/CP Group Account# 105106, mmcauditorium@auroville.org.in

