# NEWS & NOTES

# No 1029 - A weekly bulletin for residents of Auroville

30 May 2024



# PONDERING

### A Dream (Part 2)

In this place, children would be able to grow and develop integrally without losing contact with their soul. Education would be given, not with a view to passing examinations and getting certificates and posts, but for enriching the existing faculties and bringing forth new ones. In this place titles and positions would be supplanted by opportunities to serve and organise. The needs of the body will be provided for equally in the case of each and everyone. In the general organisation intellectual, moral and spiritual superiority will find expression not in the enhancement of the pleasures and powers of life but in the increase of duties and responsibilities. Artistic beauty which on its side would provide for each one's subsistence and for the field of his work. In brief, it would be a place where the relations among human beings, usually based almost exclusively upon competition and strife, would be replaced by relations of emulation for doing better, for collaboration, relations of real brotherhood.

The Mother on Auroville, Pages 5&6 https://motherandsriaurobindo.in/The-Mother/books/compilations/the-mother-on-auroville/



# HOUSE OF MOTHER'S AGENDA

### (continued from last week)

The Immortal bound to earth's mortality Appearing and perishing on the roads of Time Creates God's moment by eternity's beats.

He dies that the world may be new-born and live.

Even if he escapes the fiercest fires, Even if the world breaks not in, a drowning sea, Only by hard sacrifice is high heaven earned: He must face the fight, the pang who would conquer Hell.

A dark concealed hostility is lodged In the human depths, in the hidden heart of Time That claims the right to change and mar God's work.

A secret enmity ambushes the world's march; It leaves a mark on thought and speech and act: It stamps stain and defect on all things done; Till it is slain peace is forbidden on earth.

There is no visible foe, but the unseen Is round us, forces intangible besiege, Touches from alien realms, thoughts not our own Overtake us and compel the erring heart; Our lives are caught in an ambiguous net.

An adversary Force was born of old: Invader of the life of mortal man, It hides from him the straight immortal path.

A power came in to veil the eternal Light, A power opposed to the eternal will Diverts the messages of the infallible Word, Contorts the contours of the cosmic plan: A whisper lures to evil the human heart, It seals up wisdom's eyes, the soul's regard, It is the origin of our suffering here, It binds earth to calamity and pain.

This all must conquer who would bring down God's peace.

This hidden foe lodged in the human breast Man must overcome or miss his higher fate.

This is the inner war without escape.

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"Hard is the world-redeemer's heavy task; The world itself becomes his adversary, Those he would save are his antagonists: This world is in love with its own ignorance, Its darkness turns away from the saviour light, It gives the cross in payment for the crown.

His work is a trickle of splendour in a long night; He sees the long march of Time, the little won; A few are saved, the rest strive on and fail: A Sun has passed, on earth Night's shadow falls.

Yes, there are happy ways near to God's sun; But few are they who tread the sunlit path; Only the pure in soul can walk in light.

An exit is shown, a road of hard escape From the sorrow and the darkness and the chain; But how shall a few escaped release the world?

The human mass lingers beneath the yoke.

Escape, however high, redeems not life, Life that is left behind on a fallen earth.

Escape cannot uplift the abandoned race Or bring to it victory and the reign of God.



A greater power must come, a larger light. Although Light grows on earth and Night recedes, Yet till the evil is slain in its own home And Light invades the world's inconscient base And perished has the adversary Force, He still must labour on, his work half done.

One yet may come armoured, invincible; His will immobile meets the mobile hour; The world's blows cannot bend that victor head; Calm and sure are his steps in the growing Night; The goal recedes, he hurries not his pace, He turns not to high voices in the night; He asks no aid from the inferior gods; His eyes are fixed on his immutable aim.

Man turns aside or chooses easier paths; He keeps to the one high and difficult road That sole can climb to the Eternal's peaks; The ineffable planes already have felt his tread; He has made heaven and earth his instruments, But the limits fall from him of earth and heaven; Their law he transcends but uses as his means.

He has seized life's hands, he has mastered his own heart.

The feints of Nature mislead not his sight, Inflexible his look towards Truth's far end; Fate's deaf resistance cannot break his will.

In the dreadful passages, the fatal paths, Invulnerable his soul, his heart unslain, He lives through the opposition of earth's Powers And Nature's ambushes and the world's attacks.

His spirit's stature transcending pain and bliss, He fronts evil and good with calm and equal eyes.

(to be continued next week)

— Sri Aurobindo, Savitri A Legend and a Symbol Book Six: The Book of Fate Canto Two: The Way of Fate and the Problem of Pain

https://incarnateword.in/cwsa/34/the-way-of-fate-and-theproblem-of-pain



# DEADLINE FOR SUBMISSIONS: TUESDAY 5PM

The content of News & Notes is a reflection of the growth process of this community towards its ideals of Harmony, Goodwill, and Truth. Editing of submissions, mainly for reasons of space and clarity, is done according to an established policy.

# How to submit material:

- Max size of posters should be 1 MB, JPEG format. Bigger posters will be reduced or cropped to fit.
- Please AVOID CAPS letters
- Material (no pdf files, please) may be sent in English only to newsandnotes@auroville.services
- Articles for the Notes section should ideally be no longer than 500 words.
- Please try your best to send your announcements, reports, film schedules whenever they are ready. Any modifications of submitted News items must be sent to the editors before **Tuesday 5pm.**

# **DISCLAIMER:**

Please note that the opinions and views expressed on these pages are solely those of the respective authors or work groups and do not necessarily reflect the position of the editors or the larger Auroville community. The News & Notes aims to provide a platform for the publication of diverse perspectives and voices from multiple sources within Auroville.

While our editors strive to ensure the accuracy of the information presented, we cannot guarantee that all information is free from error or omission. Additionally, we cannot be held liable for any alleged misinformation provided or offence caused by the content published.

In the event of any dispute, we encourage readers to consult with the Auroville Council, and we reserve the right to suspend the publication of disputed material. Our commitment to providing an open and inclusive platform for dialogue and exchange of ideas remains steadfast.

The News and Notes team newsandnotes@auroville.services

# LIST OF ACRONYMS:

**AVF** (Auroville Foundation), **AVFO/FO** (Auroville Foundation Office), **GB** (Governing Board), **RA** (Residents Assembly)

The following groups are divided in two categories: The groups selected by the Residents Assembly through Community decision making Processes and the groups put together by the GB and the FO (not recognised by the Residents Assembly).

# Working groups selected by the Residents Assembly:

Working Committee (WCom) Funds and Assets Management Committee (FAMC) Budget Coordination Committee (BCC) Town Development Council / L'avenir d'Auroville (TDC)

Auroville Council (AVC) Entry Service (ES)

# FO selected groups:

Working Committee (WC) Funds and Assets Management Committee (FAMC) Budget Coordination Committee (BCC / BCS) Auroville Town Development Council (ATDC)

Housing Service (HS) Land Board (LB)

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# NOTE FROM THE EDITORS

# Dear Community,

# Here is some important information:

- You can read past issues and subscribe HERE.
- If you wish to support the N&N community Edition, you can donate at this account Nr: FS #252150.
- Content sent through @auroville.org.in mail ID, will only reach us if you use this <u>FORM</u> to submit your content.
- The mail ID to submit content is: <u>newsandnotes@auroville.services</u>.

Thank you for your continued support!

In community, The RA Community Edition News and Notes Team

# FROM THE ENTRY SERVICE

# **NO ANNOUNCEMENT THIS WEEK**

If you need to contact the Entry Board, write to: auroville.entryboard@gmail.com

# FROM THE RA WORKING COMMITTEE

# **REPORT FOR THE MONTHS OF MARCH & APRIL 2024**

Dear Community,

We are happy to share with you our latest <u>report</u>, which covers our activities for the months of March 2024 and April 2024. We hope you will take the time to read it.

Feel free to write to us at <u>workingcom@auroville.services</u> for any questions you may have, or visit us during our open house hours on Tuesdays from 10 to 12 in the old Koodam space (parking and entrance opposite the AV Library).

In community,

Your RA Working Committee Aravinda, Bharathy, Chali, Maël (TOS), Matthieu, Prashant (TOS), Valli



WORKING COMMITTEE of the Residents' Assembly AUROVILLE FOUNDATION

# FROM THE TDC - L'AVENIR D'AUROVILLE

# RA-TDC UPDATE - MAY 2024

Following our last update, the RA TDC has continued reporting, documenting and sending letters around several areas of concern with regards to tree felling, undergrowth clearing, and digging work happening. You can find these below for your perusal:

1. Crown work

The year 2024 started with the whine of chainsaws and the clanking of JCBs, which continued over the months, characterised by:

a) Tree felling, see 05/01 report

- b) Erratic trajectory shifts, see 07/02 report
- c) Excessive clearing, see 15/02 report
- d) Potential stormwater mismanagement, see 15/02 report

All this **destruction** prompted an extensive (but nonexhaustive) <u>report</u> and <u>letter</u> dated 21/02 that was sent to the 3 pillars of Auroville's development - the Residents' Assembly, the International Advisory Council and the Governing Board as well as to the Ministry of Environment, Forestry and Climate Change (MoEFCC), with another <u>one</u> to the latter dated 27/04.

e) Unwarranted **road widening and tree damage**, see <u>letter</u> and <u>report</u> dated 16/04

f) **Precipitated work** leading to potentially dangerous situations, see <u>08/05 AVES letter</u>

On March 15th, the Madras High Court stated that the impugned Standing Order is ultra vires the Act, which means it exceeds the scope of powers given to the Governing Board according to the Act, and it is in violation of the Master Plan (Perspective 2025) document. The Standing Order constituting the Auroville Town Development Council (ATDC) was therefore invalidated, emphasising the Residents' Assembly's vital role in ATDC nominations and appointments.

Unfortunately, the Office of the Secretary, supported by the Governing Board, have repeatedly appealed judgements which were fair and remain an invitation for mutuality and collaboration, in the true spirit of Auroville. This, undoubtedly, shows a lack of understanding of Auroville's purpose, values and vision. Indeed, after several weeks of respite, the Supreme Court judgement dated April 29th regarding the TDC-related cases put an interim stay on the earlier verdict from the Madras High Court.

### 2. GB-FAMC oversteps

a) Unwarranted vacation requests: On April 29th, RA-WCom and RA-TDC sent a note to the community regarding emails from <u>'famc@auroville.org.in</u>' as it is not in the direct purview of the GB-FAMC to take on matters of planning and development.
b) Reckless approval regarding 'Kalpana Cafe', see <u>20/04</u> letter and <u>09/05 follow up</u>

### 3. Matrimandir lake

Despite countless letters, talks, and reports, digging work continues **regardless of more sustainable alternatives or participatory processes**. The MM team was sent a <u>request on</u> <u>13/05</u> to present plans, permissions and permits for such an extensive project, no reply to date.

We must all strive to act with the highest principles in all that we do, and surely cannot exclude the utmost care for nature and the planet in the construction of Auroville.

In these difficult times, again thank you for your unwavering support, in prayer, in thought and in person. If you want to help further, be it with documentation, reporting or other activities, please do not hesitate to write to us at tdc@auroville.services.

### in Service,

L'avenir d'Auroville - TDC Town Development Council Anan, Divya L, Dorle, Island, Natasha S, Tom G





# **COMMUNITY NEWS**

# **OBITUARY**

# **KRISHNA FROM UTS PASSES AWAY**

This is to inform of the passing of Krishna, who managed Unity Transport Service.

His funeral took place on May 29th at the Auroville Burial grounds.

Our deepest condolence go to his family and friends.

Om

# POETRY

Life is a maze That never ceases To amaze...

-Anandi Z.

# **COMMUNITY SHARING**

# OPEN RESPONSE TO TOINE'S LETTER TO LE MONDE

Dear Toine,

27 May 2024

I hope this message finds you in a better state than Auroville currently is. Irrespective of your role in the recent turmoil, I respect you as a fellow Aurovilian and human being. I hope we get a time to meet and discuss in person some time soon.

I have recently read your letter to the Editor of *Le Monde*, posted on Auronet, which I attach here for your reference. (NB: I could read it thanks to a friend, since my Auronet account was suspended without notice nor reason over a year and half ago, perhaps due to the fact I was regularly debunking the many inconsistencies in narratives perpetrated by appointees of the Secretary?)

I wish to respond here to some of your claims and statements, which felt rather partial and in my view lacked balance. I hope that you can welcome that we may have different truths about the current situation and what led to it.

First, a general observation. You refer to "what should have been built by now". If we, collectively as Aurovilians, could all start by celebrating *what is* rather than discussing *what should be*, we'd tremendously advance one of the ideals of Auroville that of being a "bridge between the past and the future", which I understand as striving to be **in the now**. It is sickening me that under the pretext of old, outdated projections of the future, our present realities - and very tangible future - are being undermined, travested and destroyed.

Also, by bypassing, directly targeting and harming the youth of Auroville, those supporting the current administration make clear their allegiances to the past - *de facto* blocking this city's future from emerging through its new inhabitants, and the successors of the Dream. In fact, based on what I've heard from many young friends who've tried to bring fresh energies in Auroville over recent years, it is a handful of so-called 'galaxyplan fanatics' that have repeatedly blocked this city from emerging - opposing any project that is not perfectly aligned with their "plan". In a city meant to be without dogma nor religion, in "the city of the future" aka "the city the earth needs", I sometimes wonder how a few missionaries of the past can have such an influence.

Now, let's go to the specifics.

"Your correspondent could have enquired as to how a visionary plan of 1968 is still being debated by a section of Auroville residents instead of being implemented in a collaborative and constructive manner."

Well, it seems to me that a collaborative and constructive approach is exactly what was being requested by the residents and was entirely refused by the administration you support. Wasn't the Dreamweaving initiative ignored and BV Doshi's architecture firm (whom you quote) sidelined exactly for this reason - because it would have meant to collaborate with people who hold different views?

"The trees that have been cut, and still will have to be cut, were planted on land that is earmarked for roads and buildings and of which it was clear from the beginning that these will have to transplanted or cut at some point in the future."

Again this is partly untrue. While it is true that some trees and structures were located on the Crown Road, others were planted on the side of the planned road, and space was left for this purpose. This is for example the case of Darkali. The plans changed after the trees were already planted. Also, should we mention the stretch of the road between Solar Kitchen and Arka, where avenue trees were cut outrageously while they had been planted across an already-built road, with all planning permissions and with a grant from the European commission?

### "... the plans of Auroville include a green belt that is proposed to be three times the size of the Auroville city area in addition to green parks and corridors in the city area itself."

Great, thank you for mentioning the Greenbelt. Perhaps you fail to mention that more than half of Auroville's Greenbelt is owned by land sharks interested in real estate development, and also includes local villages, which might make it an impossibility to complete the Greenbelt before a long time? In such a situation, one can easily understand that the role to be fulfilled by the greenbelt - that of a green buffer - has to be fulfilled by the something else, unless we want to undermine Auroville's main achievement so far: environmental regeneration. I'm not saying that no trees should be cut; only that these decisions should be taken based on a careful assessment of the present realities, rather than on a forceful imposition of past ideas and concepts.

# "What evidence do you have to substantiate your claim that the majority finds that the Auroville vision of the 1960s is outdated?"

Recent meetings and decisions of the Residents' Assembly have clearly shown that a very large majority of active residents condemn the destruction that has happened in Auroville over the course of the last 30 months in the name of so-called "development". This doesn't say much about how they relate to the vision of Auroville, but does say a lot about their disagreement with its current architectural interpretation by a few individuals in the power corridors, and the way it is being imposed on residents with bulldozers.

# "If indeed the majority of residents finds the Auroville plans outdated, why did they join Auroville in the first place?"

People do not necessarily join Auroville for a township plan, but rather for an ideal. Unlike what you may think, these are two different things. The ideal is that of unity in diversity, and that of a new humanity and a new society. The city is only a means, it is nowhere the goal.

# "Are the basic plans of Auroville timeless and vision-driven or driven by the majority preferences of the present residents?"

The ideals and aims of Auroville are timeless and vision-driven. Its material parameters are not. Nurturing these in a flexible and evolving manner, according to discoveries from without and from within, would further serve the spirit of unity and discovery we have come for. Much of the current issue arises from a confusion between the goals and the means - and a clear disregard of the Auroville Charter.

# "Which elements of the Auroville plans would you characterise as "of the 1960s" and why?"

Big 17-storey buildings planned as clusters of 5000 inhabitants definitely stem from the architectural trends of the 1970s. To many younger architects, especially those who have an environmental consciousness, these kinds of plans and concepts are totally outdated today.

### "Does the Auroville Master Plan prevent Auroville from becoming a sustainable township while retaining the key elements of the Galaxy Plan? If so, how?"

Not if the Master Plan was actually being followed and properly implemented, which means doing detailed development plans based on environmental assessments and participatory processes, and allowing for some flexibility in the process. All of this is inscribed in the Master Plan; if it was really being followed, the current situation wouldn't have happened. The issue is to do with a partial reinterpretation of the Master Plan to serve private interests and agendas.

"The late Dr B.V. Doshi, a renowned architect who served on the Governing Board of Auroville Foundation remarked the following on the Galaxy Plan and the master plan of Auroville in an open meeting in Auroville on 19-06-2012: "Marginal changes of a few meters here and there yes, but proportions needed to be kept. Consequential relationship to the whole, need to keep to the visions and the structure, this is the back bone of the city. Basic proportions need to be kept as the diagram has an energy of its own. We should take care of this energy, it is a Yantra". What do you have to say about this?"

Great quote. Dr B.V. Doshi also said: "Auroville is an intentional city. People join because they share an aspiration towards change and a divine Life. It has to become a global role model for the future. For this reason the growth of Auroville should be in term of quality of people and not only in term of quantity & numbers. We should consider that Auroville is a different city and the development is not driven by market force. Planning is based on human factors and aspirations and a new strategy has to be brought for. Plan is not only placement of buildings and infrastructure. It should be the creation of an environment conducive to a transforming spiritual experience." What do you have to say about this? :-)

You also refer to "the vision of Auroville as an international township for 50,000 residents", earlier mentioning that "the township was to be built in about 10 years". As I understand it, **the vision of Auroville is described in the Dream and Charter**. This number of 50,000 inhabitants has nothing to do with a vision. It is a practical parameter and should adapt to the ground realities. It's the same about this 10-year story. By the way, other quotes of the Mother could easily be used to show that numbers were not of the essence for her, far from it, and even that she envisioned how the development of Auroville might take centuries. But hey, should we really engage in one more of these useless battles of quotes we're unfortunately championing in Auroville?

There would be much more to say, but the bottom line is this: if a few residents weren't so stuck in their own beliefs about Auroville, and in a righteous attitude of knowing better than others, Auroville would for sure develop faster. The ball is in our hands after all - everything depends on what we do with it. Will we keep it to ourselves to play with our shadows, or will we start playing together, creating step after step - and smile after smile - the world we aspire to live in?

With Love, Maël.

For your reference please find Toine's letter to Le Monde here.



# AUROVILLE TO EUDEC – REIMAGINING EDUCATION IN AUROVILLE

Dear Community,

We are Mohini and Laya, two Auroville youth who care deeply about the future of education in Auroville. This July, we are setting out on an educational journey to the Netherlands, on a search to discover the vast range of alternative education approaches, programs and resources available, and bring them back home with us, to reimagine and reshape the educational landscape in Auroville. But we cannot do it without your support. We are calling upon all Aurovillians, well-wishers, and those who share a vision for progressive education, to support us. As high school students, our resources are limited, and we need your help to turn this dream into a reality. All over the world traditional education systems are failing to meet the diverse needs of children, prioritising conformity over creativity, and leaving individuals unprepared to navigate the complexities of our rapidly changing world. As life on earth becomes increasingly complex, we can no longer afford to rely on these outdated methods. We are standing on the brink of a pivotal moment and the time to prioritise educational research and innovation is now.

From the 29th of July to the 4th of August, we will be taking part in the European Democratic Education Conference, hosted by several democratic schools in the town of Soest. This EUDEC places particular emphasis on the rights of a child. The conference will be a unique opportunity for global dialogue on alternative education, providing a rich tapestry of ideas and experiences that will deepen our understanding of democratic education and offer insights into the various ways it can be implemented.

Additionally, we will be giving our contributions to the programme in the Open Space section, which is a time to learn from each other. As youth educated in Auroville, the conference will offer a platform to share Auroville's particular framework on alternative education, including Sri Aurobindo's educational philosophies of free progress and integral education. This will offer a unique perspective to the conference and other students who have grown up with alternative schooling.

Following the conference, we plan to utilise the existing network to visit various democratic/sociocratic schools and eco projects in the area, engaging with pioneers in alternative education and conducting interviews to gather insights and fresh perspectives. Over the span of one month, we will be visiting alternative schools all over the Netherlands, seeking to gain insights into each of their approaches, philosophies and methodologies.

After the conference, we will compile all our information and organise a presentation open to the wider community, to share the knowledge and insights gained during our journey and potential applications within the Auroville context, followed by a Q&A session allowing for deeper discussion and understanding. We hope to visit various schools in Auroville and share our presentation there as well. Our final goal will be to collect and compile all of our research, with which we will create a comprehensive report of our process and findings, as well as a culmination of interviews, extensive analysis, discussion of patterns and more. This report will be available for anyone interested in learning more about alternative education and its relevance in the context of Auroville.

We have put a lot of thought into this project and are very excited to begin our journey, Auroville to EUDEC. But we cannot do it without your support.

Read more here and support our crowdfunding campaign <u>https://gofund.me/0a14dbc0</u>. Or through this project's Financial service account number: 251207.

With immense gratitude, Mohini & Laya



You can watch the Video HERE.

# MONTHLY TRANSPARENCY REPORT MAY 2024



As part of our commitment to transparency, we are happy to present our report for May.

### Overview

New admissions: 22 (237 since April 2023) Rabies suspect cases: 0 Adoptions and Releases: 15 Vaccinations administered: 50+ ABC shelter dog sterilisations: 0 (66 since February) Deworming: 120

### Donations

This month was another tough month as we only received Rs. 253.200 in monetary contributions which includes Rs. 50.000 funds from BCC. It is the third month in a row where we are unable to covering our monthly running costs of Rs. 3 lakh. A lot of additional costs occurred to rebuild the collapsed kitchen, fix broken fences, and try to make enclosures rain-safe. At the moment Unity Fund is not able to disperse donations and the Donation Channeling Group is not yet functioning adding to our difficult situation with AVI USA not being able to send donations to Auroville this month.

### Expenditures

Animal Food: This month we fed our dogs 1.7 tons of rice, 2 tons of chicken, and 550 eggs, supplemented with donated food items like vegetables and daal which cost us approx. 1 lakh.

*Staff Costs*: Total staff costs for this month for our workers, paid animal care staff, 2 veterinarians, and volunteers was Rs. 1 lakh this month.

*Medical Costs*: This month we could not order a lot of urgently needed medicines, which means that in June some dogs cannot get treated if we cant buy more stock! We spent Rs. 20.000 on the most urgent needed medicines, syrups, blood tests, and hospital visits.

### Puppy Season again!

Once again, we are facing a surge in abandoned puppies, with numerous calls each day to rescue them. Our shelter has taken in 30 puppies and is now at full capacity. Other animal shelters are also unable to accept more rescues. We lack sufficient quarantine space, cages, staff, and funds to vaccinate, deworm, and eventually sterilize all these puppies. If more are abandoned at our shelter, we will have no choice but to release them, which will inevitably lead to suffering and death. Sick, hungry dogs will roam the area, posing significant health risks to the community. This situation is both dire and unacceptable.

Last year, children established a puppy camp, saving 45 puppies who were subsequently vaccinated, sterilized, and adopted, thanks to the generous support of some kind-hearted individuals.

The only effective solution to this escalating problem is mass sterilization. Every stray dog in Auroville and the surrounding villages must be sterilized. We managed to vaccinate and sterilize 65 dogs out of our 100-dog goal before funds ran out. Unfortunately, due to opposition from a few individuals with self-serving motives, the construction of our new dog shelter has been delayed. We urgently need to build a proper clinic that meets government standards to obtain the AWBI license, allowing us to catch and neuter street dogs effectively.

### **Electrical Fire in Clinic**

The infrastructure of our old shelter is deteriorating rapidly. Last month, the kitchen roof collapsed, forcing us to fence off a half-finished dormitory and convert it into a temporary kitchen.

Thanks to Quiet Healing Centre, we were able to use old roof sheets, so our workers don't have to cook in the rain. On Sunday morning, we discovered an electrical fire in our clinic caused by faulty wiring and high humidity. Fortunately, it didn't spread, but the entire electrical system is damaged. We urgently need electricity to keep our fridges with vaccinations running. Despite our fundraising efforts, we lack the funds to repair the electrical system.

The attacks from certain individuals have delayed the construction of the new dog shelter, meaning we must endure another monsoon season in this deteriorating facility.

We urgently request Aurovilians and dog lovers to assist us with their time, energy, and donated materials to make the shelter rain-safe before September. If you have old roof sheets, materials, cement, or strong plastic tarps, please consider donating them to the shelter.

### **Call for Donations**

Regrettably, despite our best efforts to secure funding, we are unable to continue offering free sterilizations for dogs adopted from our shelter and for financially disadvantaged dog owners. We also had to stop ordering urgently needed vaccinations and medicines and will run out of vital medications soon. We have started a Milaap Fundraiser to save the Auroville Dog Shelter.

https://milaap.org/fundraisers/support-auroville-dog-shelter-5 Our FS Account: 251391

For more donation possibilities including QR Code and bank account: <u>www.aurovilledogshelter.com</u>

Please help us get through this challenging time!

### The Responsibility of Auroville

As a city, Auroville has the responsibility to care for its municipal services, including its dog shelter. Ensuring the shelter's operation is crucial for public health, preventing the spread of diseases like rabies and canine distemper, and maintaining community safety by managing the stray dog population through sterilizations. Covering the shelter's basic running costs is a fundamental responsibility that reflects Auroville's commitment to animal welfare and community wellbeing, being a city based on the values of Sri Aurobindo and the Mother.

Without immediate funds, the shelter will have to start releasing dogs in the streets, as it cannot afford to feed them or pay staff salaries. The shelter is appealing to the AV Foundation to change its stance and fund its basic monthly running costs of Rs. 3 lakhs so that the Auroville Dog Shelter can continue its vital work and services for the entire AV Community until the new shelter is built and we will be able to be self-sufficient and don't have to rely any longer on any funds from Auroville.

We thank everyone for your continued support of the Auroville Dog Shelter! We will pass the challenges and are moving forward towards a bright future for our canine friends and everyone who loves animals.

Auroville Dog Shelter Team Tine, Joseba, Arthur, Mar

# **VOICES AND NOTES**

# ZECH'S SHARINGS

Please find below Zech's weekly sharings!

<u>This week:</u>

### Remember

and

• Behind the Defeatist and Catastrophic Attitudes

# AWAKENING SPIRIT

# **AMPHITHEATRE - MATRIMANDIR**

# Every THURSDAY 6.00 to 6.30 pm



During the Summer months, Sunil's music and Savitri read by Mother will be replaced by the beautiful New Year Music, also by Sunil and with each time a different prayer by the Mother recorded with the music.

Enjoy the beautiful open space, an immense sunset, heavenly music in the very center of Auroville!

Reminder to all: The Park of Unity is a place for silence, meditation and inner work and is to be used only as such.

We request everyone: please do not use cameras, I-pads, cell phones, etc. No Photos.

Dear Guests, please carry your Guest Card with you.

Access for the Amphitheatre only from 5.45 pm and until meditation ends.

Thank you Surya for Amphitheater team

# INTRODUCTION TO THE INTEGRAL YOGA OF SRI AUROBINDO AND THE MOTHER

### Tuesday, 6th June, 9 am - 12 noon Focus: Synthesis of Yoga

Led by Ashesh Joshi

Place: Mirabelle Education Centre, Auromodele Ph/Whatsapp: 9489147202 (Please register)

All are Welcome



# A SATSANG ON THE INTEGRAL YOGA

A sacred gathering for the study and practice of the Integral Yoga of Sri Aurobindo and the Mother, founders of Auroville, the City of Dawn.

"The first necessity is the inner discovery in order to know what one truly is behind social, moral, cultural, racial and hereditary appearances. At the centre there is a being free, vast and knowing, who awaits our discovery and who ought to become the active centre of our being and our life in Auroville." — The Mother

We start right here, in the Eternal Now, from where we each are at this ever-progressive moment, and share our unique experiences on the path of rediscovering and embodying who we really are.

Facilitated by Zech Joya Schedule: **Tuesdays and Thursdays, 5:30-7:00pm** Venue: Conference Room, G/F SAIIER Building, Town Hall Complex, Auroville





Please click this link for details or scan the above QR Code

# HEALTH

# SANTÉ SERVICES IN JUNE 2024

Saute

Working Hours: Monday - Saturday 9:00 - 12:30pm & 2:00 – 4:30pm SATURDAY AFTERNOONS WILL BE CLOSED IN JUNE

**Tests and Sample collection:** Mon-Fri before <u>8:30</u> - 12:00 pm. No sample collection on Saturday.

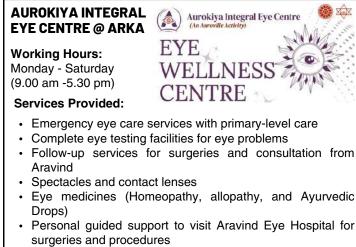
> For emergencies, contact: Auroville Ambulance (24/7) : Phone: +(91) 9442224680 Government Ambulance (24/7) : Phone: 108

Please call Santé on (0413) 2622803 during working hours for an appointment

Doctor Consultation with Dr.Senthil: Monday to Friday	Nursing Care: Thilagam, Ezhil, Archana, Sandhya: Daily No appointment necessary
Ayurveda with Dr.Be: Mon/ Tue/ Wed/ Fri	Integrative Psychotherapy with Juan Andres: Monday to Friday
Acupuncture with Andres: TOS	Homeopathy with Michael: TOS
Physiotherapy & Massage	Physiotherapy
with Galina:	with Arun
Mon/ Tue/ Thurs/ Fri	Monday to Saturday
Bio-Well Assessment	
(Evaluation of your well-	Soundbed Session
being) with Helena: Inquiry	with Sandhya/ Thilagam:
through email	Monday to Saturday
(adminsante@auroville.org.in)	

In Santé, we value our patient's confidentiality & make every effort to ensure their privacy.

In case of cancellation or to reschedule, it is necessary to inform us in advance.



 Personalized eye exercise training, eye yoga sessions, and vision therapy sessions. Both morning and evening slots are available

Contact: <u>aurokiya@auroville.org.in;</u> <u>aurokiya@gmail.com</u> WA/ Mobile: 8012305151: <u>www.aurokiya.com</u>

# LEELA THERAPY

A unique combination of psychotherapy,



self-inquiry and ancient teachings of Enneagram of Liberation. I invite you to be supported by heart based and trauma-informed skills, taught by Leela School of Awakening.

Private 1:1 sessions are a powerful and intimate container to work on your deep emotional healing and self-discovery.

Anything, and everything is welcomed.

Leela therapy is offered by Kardash in person or on-line, through Inner Sight (an Activity under LEAD).

For more details see <u>www.innersightav.org</u> or whatsapp Kardash on 9940934875.

# EDUCATION

# ALL

# NEWS FROM AUROVILLE LANGUAGE LAB

Please remember to put your mobile phones on flight mode and switch off all wireless and Bluetooth devices before you enter the Lab. We are a wireless-free space!

# Evening Programs!

From **1st February 2024**, we have launched a new experiment. The Language Lab extended its opening hours from 5pm -6:00pm, Monday to Friday. We are offering special evening programs which include conversational practice with native language speakers, talks, as well as self-learning and guided study in different languages with our mediatheque. This program | is free of cost to everyone: Aurovilians, Newcomers, Volunteers, Guests and people from around the Auroville area. The Language Lab has always been open to all and this program will be as well. Ever learnt a language but feel a bit rusty now? Come and revive it! All, including Guests are welcome to join. Come share your language with others!

In this thin summer period, where some people are out of station, only the English Conversation Practice sessions are happening on Thursdays. The focus continues to be on the Auroville Charter and The Dream. All are welcome for these sessions.

Do let us know if you would like to be part of this experiment and what you would like to receive and offer, either as a participant or a facilitator, by sending an email to info@aurovillelanguagelab.org or a WhatsApp message to +91 **98430 30355**.

# Our first full-length publication:

We are delighted to share that our first full-length publication, "From Resonance to Bonding" by Dirk Beckedorf & Franz Müller, is now available on Amazon! The book gives an in-depth explanation of the Alfred Tomatis method, its scientific basis, how and why it works, along with detailed case studies. Order through our website: https://books.aurovillelanguagelab.org/

You can access the detailed Table of Contents, as well as 2.5 chapters of the actual book for free <u>here</u>, before deciding to order through Amazon.

This book has information for a wide variety of professionals in different fields, as well as laypeople. For example, midwives, doulas, gynaecologists, as well as pregnant women, parents-to-be and recent parents, will find the chapter on "Resonance in the Womb" full of incredibly fascinating information. It is an excellent summary of all the research since Dr. Tomatis' pioneering work in the early 1950s, on the development of listening in the womb.

For now, in India, it is only available as a Kindle e-book.You can use a free kindle app to access it (mobile, tablet or desktop). We know many of you have complained that it is not available as a paperback. We have great news : very soon, it will be! The last print sample is being vetted, and the paperback will be available in about two-three weeks!

# Looking for:

Someone who can type in English! We have many case notes to type up which detail the progress made – especially by children – during Tomatis programs. The work would have to be done at the Lab. We need someone who can type, cares for people, and will respect confidentiality. We could definitely still do with someone to help with fundraising. And we always welcome volunteer language teachers.

# Tomatis

Please contact 0413-3509932 or 04132622467 or email us at tomatis@aurovillelanguagelab.org to schedule your Listening Tests & Consultations. In case you wrote earlier but haven't heard back from us, please send us a reminder by email.

To know more about the Tomatis Method, please have a look at the following links:

- <u>https://www.aurovillelanguagelab.org/tomatis-method.php</u>
- <u>https://www.aurovillelanguagelab.org/tomatis-kids.php</u>
- <u>https://www.youtube.com/watch?v=wnpXprTI3m0</u>
- <u>https://www.youtube.com/channel/UCeTIG0y-sBMlyywZNdZcAng/videos</u>
- <u>https://www.listenwell.com/</u>

# NEW Language Courses at ALL

### Experience the magic of Persian Language and Poetry

Explore the rich culture of Persia with Anita, from Iran, who studies ancient history and myths. Learn about famous poets like Rumi and Khayyam, and discover the stories of the ancient Zoroastrians. Listen to the lilting beauty of Persian and take your first steps to learn it.

Day & Times: Saturday 10:00 to 11:30 AM For registration: info@aurovillelanguagelab.org +91 **8543030355** (WhatsApp)

# New Beginner French with Samuel

We are happy to welcome SAMUEL, a native French speaker and volunteer from Martinique, who will conduct an 8-hour course, two hours per week, for a month.It will be an introduction to French, where you will learn how to greet people, conduct cordial exchanges, how to chat in an airport, and tell a little story. Just 8 hours, for a lovely French Introduction! So come and enjoy French with Samuel, Tuesdays and Thursdays from 4-5pm. Started on 14th May. All welcome.

- Days & Times:Tuesdays and Thursdays, 04:00 pm to 05:00 pm
- Starting day: 14th May 2024
- Duration: 8 hours (over one months)

### New Beginner Hindi with Kaushal starting 5th June

Kaushal is a native Hindi speaker who is keenly interested in introducing the beauty and nuance of this language to eager learners. In this 16-hour (2 months) course, he will give an introduction to speaking, writing, and reading so as to familiarize students with the Hindi language.

- Days & time: Wednesdays, 02:00 pm to 04:00 pm
- Started on: 5th June
- Duration: 16 hours (over two months)

### New Beginner Sanskrit with Kaushal starting 6th June

In this 16-hour (2 months) course, we start with the sounds and the alphabet, we shall enjoy exploring simple words, conversation and chanting of selected mantras.

- Day & time: Thursdays, 02:00 pm to 4:00 pm
- Starting day: 6th June
- Duration: 16 hours (over two months)

# The Language Lab is happy to provide a dynamic English program for the month of June.

### This includes:

English Language Teacher Training: learn how to incorporate student-driven content into a creative and holistic lesson plan.

A dedicated <u>Study Hall with emphasis on English tutoring</u> for all subjects: Do you have homework, a resume or a paper you are working on? We can help.

### New Beginner English Class

Rupam will offer a new class for complete beginners: Let's start with the ABC of English!

# Discover the Fun in Learning English through Theatre by Rupam

Explore Shakespeare, other playwrights, short stories, and poetry with us. Enhance your English communication skills through fun and interactive sessions.

Day & Times: Monday and Wednesday, 11:00 Am to 12:00 Pm Starting day: 23rd May 2024 Age: 12+

For Registration: info@aurovillelanguagelab.org / +91-8543030355 (WhatsApp)

### Ongoing English Classes

The English Pre-Intermediate Youth group, general Pre-Intermediate, and Intermediate courses taught by Taranti and Rupam continue. Please see the schedule below.

### Current schedule of classes

### Please find here the full schedule

Language	Level	Duration/Cycle	Time	Day(s) Of Classes	
English	Pre-Intermediate & Intermediate	8-Hour Monthly Always Ongoing	11:00am - 12:00pm	Tuesday & Thursday	
	Learn English through theatre	8-Hour Monthly	11:00am- 12:00pm	Monday & Wednesday	
	English Pre-Intermediate Youth Group	8-Hour Monthly	3:00 to 4:00 pm	Monday & Wednesday	
	English Pre-Intermediate Adult Group	8-Hour Monthly	4:00 to 5:00 Pm	Monday & Wednesday	
	English Intermediate Adult Group	8-Hour Monthly	4:00 to 5:00 Pm	Tuesday & Thursday	
	Conversation Intermediate Start date 9 April 2024	8-Hour (4 weeks)	3:00 - 4:00pm	Tuesday & Thursday	
	Study Hall and English tutoring	8-Hour (4 weeks)	4:00 - 6:00 pm	Friday	
	Facilitating English Teacher Training	8-Hours (4 weeks)	5:00 - 6:00 Pm	Monday, Tuesday & Wednesday	
French	Beginner	8-Hour (1 months)	4:00 - 5:00 Pm	Tuesday & Thursday	
Persian	Persian Language and Poetry	Starting First of June	10:00 to 11:30 Am	Saturday	
Sanskrit	Beginner	Starting 6 <sup>th</sup> of June	2:00 to 4:00 pm	Thursday	
Hindi	Beginner	Starting 5 <sup>th</sup> of June	2:00 to 4:00 pm	Wednesday	
Tamil	Spoken Beginner	Starting First of June			
	Spoken Intermediate	Starting First of June			
Spanish	Beginner	Starting First of June		8	
	Intermediate	Starting First of June			
	Beginner	Starting First of June			
Italian	Intermediate	Starting First of June			

# If there's a language you would like to learn but it's not listed ... please let us know!

### To join or enquire: Please fill our form at <u>http://register.aurovillelanguagelab.org/</u> You may also drop us an email at <u>info@aurovillelanguagelab.org</u>, call us at 262-3661, text us at +91 9843030355 or come visit us!

### **Please Note:**

Registration and contribution are essential <u>before</u> you join a course with us. Please see our team member at the front desk to ensure this is completed, thank you!  $\downarrow$ 

The Language Lab is open: Monday – Friday, 9am - 12pm & 2pm - 6pm Saturday, 9am - 12pm & 2pm - 5pm

Location:

International Zone, after Unity Pavilion & Pump House. Phone: (0413) 2623 661, +919843030355 (Lab), 2622467, 3509932 (Tomatis) Email: <u>info@aurovillelanguagelab.org</u> and <u>tomatis@aurovillelanguagelab.org</u>

# INTEGRAL APPROACH TO PHYSICAL EDUCATION

ONE YEAR COURSE IN AUROVILLE

The Auroville Physical Education Board (AVPEB, SAIIER) has designed a teachers' training foundation course for physical education (PE) teachers in Auroville (AV).

This comprehensive program has been designed to cover basic aspects of PE teaching in AV as well as understanding physical education in the Light of Sri Aurobindo and The Mother.

The aim is to create, in years to come, a new sports teaching squad for AV, with sports teachers having knowledge of sports science as well as practical training, with a deeper understanding of the spiritual significance of the human body. This new squad will be better equipped and more effective in implementing physical education, conducting research and in offering services to AV schools and community.

Integral Education Principles	Sports Sciences	Practical Training	
<u>Main Facilitator</u> - Praveen Member of PE Committee of Sri Aurobindo Ashram)	<u>Main Facilitator</u> – Savitri BSc Sports Science/Nutrition MSc Sports Nutrition	Main Facilitators Pedro BSc Sports Science MSc Sports Science PhD Sports Science Ruben Mental Health Educator Martial Arts trainer and practitioner	
<ul> <li>Major Topics-</li> <li>Introduction to Integral Yoga</li> <li>Auroville Aims and Ideals</li> <li>Understanding the Integral Approach to Education</li> <li>Spiritual and Mental Well- being</li> <li>Yoga and Meditation Practices</li> <li>Psychological Aspects of Physical Education</li> <li>Stress Management Techniques</li> </ul>	Major Topics- • Anatomy and Physiology • Biomechanics • Exercise Physiology • Sports Nutrition • Sports Injuries and Rehabilitation • Sociology of sports	Major Topics-• Teaching Practicum in Auroville Schools• Pedagogy and Teaching Methodologies:• Teaching Games for Understanding (TGFU)• Lesson Planning and Implementation• Assessment and Evaluation Techniques• Classroom Management Strategies• Mentorship and Feedback Sessions• Project Implementation in Physical Education Settings• First aid training	

# Key Components of the Course

### **Criteria for Participation:**

- The course is open to ALL and will prioritize those who wish to become PE teachers in AV.
- The foremost task from the participants for this program is: Ø Commitment to learn
  - Ø Commitment to at attend fully

### Requirement on enrolment:

To begin with, the course is designed for those who can give a part time commitment six days a week, including practicum/teaching sports at various AV schools from 2.30 to 5pm Monday through Friday. Throughout the year, there will be ongoing assessment of participants' quality of work as well as at the end of the year an assessment and review in order to reach a PASS grade.

### Support for Aurovilians and Newcomers:

In order to make it possible for as many participants as possible to attend this course AVPEB will work towards ensuring material support for the participants. We would like no aspirant to miss this opportunity due to a financial constraint or concern.

At the end of this course each participant will be able to integrate the new PE teaching squad in AV and be a teacher on par with the other teachers of AV.

### Special Note:

The Program is open to ALL interested, Aurovilians, newcomers and volunteers, with or without a degree in Sports Science and preferably with some Sports or Yoga practice experience.

The program is NOT exclusive for those that are already physical education teachers in Auroville Schools like Dehashakti, Udavi, Ness, etc. but open to ALL interested in participating in the program.

# Contact:

# WhatsApp: 9361591906

All those you who would like to know more, please click on the link below to fill the form:

https://docs.google.com/forms/d/e/1FAIpQLSeXxZV8tE7AtdWP C9LZ4A7zMBbO7OwR5CZ6C8rPQao7wFT8-Q/viewform? <u>usp=sf\_link</u>

Savitri, Lijun, Praveen, Pedro, Ruben and Nilima

# **TUTION GRADE 1-12**

Tution classes open for students from grade 1 to grade 12. Please contact on my WhatsApp 8270512606. Ashwini



# SPOKEN ENGLISH AND HINDI

Hi! My name is Ashwini and I have an experience of 20 years as a Spoken English, Hindi, Kannada and Marathi language trainer for all levels. If you are interested in learning one of the above languages either in oral or written form please contact me on my WhatsApp 8270512606.

# CLASSES, WORKSHOPS & HEALING ARTS

# VÉRITÉ WORKSHOPS

# Pre-registration required

Please contact Verite @ 0413 2622045, 2622606, 9363624083 or programming@verite.in, www.verite.in



# Mindfulness Kindfulness with Helen

Saturday, June 8, 9:15am – 12:00pm This half-day retreat provides a chance to unplug from the stresses of everyday life. It is an invitation to shift the pace of life and reorient attention softly, with care, to the here and now. This session will blend mindfulness with kindness. Specifically we will be gently exploring how we can soften, and be kinder and more compassionate to ourselves and others.

Food is Medicine- Lifestyle Health Practices with Parvathi

Saturday, June 8, 2:00pm – 04:30pm Learn about your body's constitution (Tridosa) & the plants, foods, spices & lifestyle practices that benefit your constitution & help prevent health complications. Parvathi will also demonstrate the proper way to prepare decoction/ infusion teas.

### TAI CHI CHUAN @ SHARNGA SUMMER SCHEDULE - MAY 13 TO JUNE 22

# Tuesdays - Fridays:

• 7:30-8:00am Chi

• 8:00-9:00am Tai Chi Chuan form

Except May 27 - June 1, when there will be class only on Tuesday 28th and Friday 31st.

# MARTIAL ARTS - AIKIDO NEWS -SUMMER UPDATE

# Auroville Aikido at AV Budokan (Dehashakti):

Adults' regular schedule for beginners and all levels: During the summer we continue our early classes but discontinue the Wednesday evening and Sunday morning. So, welcome to join this beautiful and complete practice in the form of a Japanese martial art: every **Tuesday**, **Thursday**, **Saturday** from **6** to **7.30 am** (with N. Murugan and Surya). Reasonable contributions required for the Budokan (a LEAD activity). Children classes (from age 8) will restart in July.

For more info, please contact us: <u>budokan@auroville.org.in</u> and/or call **083001 89062** (Surya) - 099528 12843 (Murugan/WA) - **83006 43963** (Philippe/WA).

# CAPOEIRA - MARTIAL ART AND MUSIC WITH GINGA

Afro-Brazilian martial art that combines elements of dance, acrobatics, music and movements. More than 500 years old, Capoeira is a constantly evolving art form, come connect and express yourself.

Join us for classes for teens and adults (15 yrs and above) Intermediate : Tuesday, Thursday and Saturday - 5.15 PM -Dehashakti

Beginners: Tuesday and Thursday - 6.00 PM- Dehashakti Contact: 7598446327

Let us know if you would like more information.

# **CONSCIOUS NATURE IMMERSION AT MAHAKALI PARK**

About the Park: MahaKali Park is one of the 4 parks of Auroville, which is developed as a place for holistic awareness and selfdevelopment through nature. We guide you into an educational and meditative walk in the forest. The historical experience of green spaces in the specific context of Auroville have led to a unique understanding of holistic

ecology. Providing a space for a direct connection with the organic "web of life" brings, in turn, insights for our self-study and yoga of work.

When: Every Wednesday and Sunday

Contributions: Accepted for the management of the site.

**Clothing**: Be adequately clad to prevent mosquito bites. You may also carry mosquito repellents.

**Venue**: Meeting point at Révélation's main gate 5-10 min before the time of the session (Search for "Revelation Forest" on Google Maps)

Contact: Vignesh +91 9620493716

Please note: The park is not yet accessible without our supervision, Thank you for your understanding! Gmap link: <u>Revelation forest Auroville</u>









**REGENERATION LISTENING CIRCLE** 



# Regeneration Listening Circle: Mondays 6:00 am & Wednesdays 5:00 pm Session duration: 1.5 h

Experiences of previous participants:

"Because of the ecological problems humanity is facing, I didn't want to have children, but after this circle today, I do again" - Guest

"I'm very sensitive and I could feel the spirits of Mother Nature with us in this circle; very beautiful" - Newcomer

"This talking-stick gives me Power; and with great Power, comes great Responsibility" - Aurovilian

Limited seating - Location will be shared after your reservation under +49 1638041124 WhatsApp

# DEEP SOUND BATH IN CREATIVITY

### **TIBETAN BOWLS**

Hall of Light CREATIVITY community

> Every Friday from 5 to 6:30 PM

Starting from 17th November



### There will be a LIGHT massage by the Tibetan Bowls.

Lie down, relax, simply allow yourself to experience the ancient sound from the Tibetans bowls.

The practise produce a soothing sound believed to have a powerful effect in the body's energy system, helping to balance the chakras and promote healing.

"If we accept that sound is vibration and we know that vibration touches every part of our physical being, then we understand that sound is heard not only through our ears but through every cell in our bodies. One reason sound heals on a physical level is because it so deeply touches and transforms us on the emotional and spiritual planes."

Drop in the Hall, no reservation needed. Please arrive 10 minutes before.

Guest 600 rs / Volunteer 300 rs Aurovilians and Newcomers, conscious contribution

Sathyayuga WA +917639761930 PITANGA



# Thursday 30/05

4:30pm–5:30pm, Aviva Exercise for women with Suriyagandhi

# Friday 31/05

7:30am–9am, Asanas with Rachel 8:30am–10am, Yoga Therapy with Gala 3:30-4:30pm, Reading Circle of Savitri - An interactive session with Patricia

# Saturday 01/06

2:15pm–4:15pm, Truth Based Relationships–Practical Sessions with Juan Andrés

# YOUTH ACTIVITIES

Classes with Gala and Lisbeth will resume after the summer holidays in July.

# **CLASSES – BY APPOINTMENT**

Art Therapy with Gala

- Thursdays, 3–5pm for adults
- Fridays, 3–5pm for families
- Chinese Tea Ceremony with Chun
  - Saturdays, 3–4pm
  - Do not wear any kind of perfume on this day.

Pitanga supports a cashless economy in Auroville. If you are hosting a guest who'd like to join our activities, kindly inform them that contributions need to be made cashless.

If you wish to receive our program of activities by email, please write to us.

See you at Pitanga, with a smile!

Pitanga Cultural Centre 2622403 / WA 9443902403 <u>info@pitanga.in</u>

# VÉRITÉ REGULAR EVENTS -JUNE 2024



CLASSES

Contact Vérité @ 0413 2622045, WA +91 9363624083 or e-mail programming@verite.in

Yoga Breath & Meditation Practice for Beginners – with Mamta at Vérité – Monday 7:30am – 8:30am: Prana is the vital force or the subtle bio energy which keeps us alive & functioning in the healthiest way possible. Yogic practices help nourish this Prana which in turn nourishes our mind & body. Pranayama is a modulation or regulation of Prana, done via controlled breathing exercises. We will discuss the meaning of Prana & Pranayama, its references in Yogic texts, prerequisites for Pranayama, postures, mudras & explore the interconnectedness of mind, body & breath. The session concludes with a brief relaxation in Shavasana. Contact 0413-2622045, +91 9363624083 (WhatsApp), (or email programming@verite.in).

**Deep Sound Bath with Satyayuga at Vérité (begins 17 Jun) – Monday, Thursday & Saturday 5:00pm - 6:00pm**: Deep Sound Bath is based on the ancient art of using vibration to awaken the inner being & align the body, heart & soul to the frequency of the universe. Sound Bath uses the unique frequencies of various instruments to promote healing on a cellular level. Some of the instruments used are Tibetan bowls, xylophone, and drum along with mystic chanting. Contact 0413-2622045, +91 **9363624083** (WhatsApp), (or email programming@verite.in).

Gentle Hatha Yoga – with Claire at Vérité – Tuesday and Saturday 7:30am – 8:30am: The session includes guidance in simple yogic breathing techniques and "warmups" for gentle joint rotation and stretching. We will then learn/ practice the Sun Salutation (and variations) and relaxation postures, including Savasana. Contact 0413-2622045, +91 9363624083 (WhatsApp), (or email programming@verite.in).

Pranayama & Meditation: Re-balance your Nervous System with Radhika at Vérité (no class 5 Jun) – Wednesday 7:30am – 8:30am: You will be guided in breathwork techniques such as Suka, Nadi Shodan and Kapala Bhati as well as Meditation, all of which help to develop focus and breath awareness, enabling grounding and re-balancing of the nervous system. Contact 0413-2622045, +91 9363624083 (WhatsApp), (or email programming@verite.in).

Kirtan - Songs for Your Soul (contributions are voluntary) – with Mamta at Vérité – Wednesday 5:00pm - 6:00pm: Kirtan brings out our sacred vibration through uplifting rhythms into a state of divine love. This practice helps cleanse and nourish our energies and ground into our being. Contact 0413-2622045, +91 9363624083 (WhatsApp), (or email programming@verite.in).

**Restorative Yin Yoga - with Radhika at Vérité (no class 7 Jun)** – **Friday 7:30am** – **8:30am**: Restorative, meditative and relaxing: Discover the restorative and regenerative effects of this practice through meditative sequences that target deep tissue and restore the energy balance in our body. Contact **0413-2622045**, +91 **9363624083** (WhatsApp), (or email programming@verite.in).

Face & Eye Yoga – with Mamta at Vérité – Friday 5.00pm -6:00pm: The physical & mental state of our inner world determines how we experience our outer world. Sense organs are the tools for each experience we have. Face Yoga involves simple selfmassage techniques & exercises to release tension in the facial area, stimulate blood circulation & improve efficiency of our sense organs. In an era of increased screen time, our eye health may be compromised, unless we actively exercise this area. Eye Yoga uses techniques such as palming, blinking, near & far viewing & candle gazing. You will also learn tips to prevent eye damage caused by screen time. Contact 0413-2622045, +91 9363624083 (WhatsApp), (or email programming@verite.in).

# TREATMENTS AND THERAPIES

Ayurvedic Lifestyle Consultation - with Claire at Vérité. Receive customized advice on diet, daily routines, herbal remedies, exercise, and stress management techniques, based on an assessment of your "dosha" (Vata, Pitta, or Kapha). The aim of Ayurveda is to promote optimal health, prevent illness, and enhance overall well-being by aligning one's lifestyle, natural constitution and the rhythms of nature.. By appointment: +91 **413 2622 606**, +91 **9363624083** (WhatsApp), treatments@verite.in

**Biodynamic Craniosacral Therapy - with Mila at Vérité**. This therapy uses gentle touch to the head to help release tension in the skull, spine and sacrum, freeing energy that can help reestablish integral balance, and stimulating the healing capacity of the body. By appointment: +91 413 2622 606, +91 9363624083 (WhatsApp), treatments@verite.in

**Birenda Massage - with Radhika at Vérité**. A relaxing full body oil massage using a unique technique developed around the 1950s by Birenda of the Aurobindo ashram. This soft, yet profound massage helps to unfold a journey within oneself during which energy blockages and tensions surface so that they can be recognized and transformed. By appointment: +91 **413 2622 606**, +91 **9363624083** (WhatsApp), treatments@verite.in

Integrated Craniosacral & Foot Reflexology – with Radhika at Vérité. Craniosacral therapy is a safe and beneficial bodywork treatment that uses gentle pressure and movements to relieve stress and pain. It facilitates deep states of relaxation, hence enabling the body to heal and be brought back into balance and harmony. Foot reflexology involves applying pressure points and massage on different areas of the foot. Among its many benefits, it reduces stress, improves digestion, and promotes sound sleep. This integrated therapy provides the benefits of both craniosacral therapy and foot reflexology, easing one into a deep state of relaxation, strengthening the nervous system and accelerating the body's ability to heal and regenerate. By appointment: +91 **413 2622 606**, +91 **9363624083** (WhatsApp), treatments@verite.in

Integrated Ayurvedic Acupressure, Deep Tissue & Heart Healing Massage - with Raja at Vérité. Acupressure is the application of pressure on specific points on the body to address symptoms such as pain or digestive issues. Deep Tissue involves applying sustained pressure using slow, deep strokes to target the inner layers of your muscles and connective tissues. Heart Healing Massage helps increase relaxation, which helps reduce blood pressure and heart rate improvements in the delivery of oxygen to the heart and rest of body. By appointment: +91 **413 2622 606**, +91 **9363624083** (WhatsApp), treatments@verite.in

Heart-Centered Resilience – with Susan at Verite. Learn simple, heart-focused skills to help regulate your body's response to stress. These scientifically validated tools have been proven to increase wellbeing, personal and professional performance, and quality of life. One or two 60–90-minute sessions are very useful, but for optimum learning, a series of 3 sessions is recommended by appointment: +91 **413 2622 606**, +91 **9363624083** (WhatsApp), treatments@verite.in

Holistic Foot Reflexology – with Vyshnavi at Verite. Manual pressure is applied to specific "reflex points" of the feet to assist in restoring the flow of life energy to support self-healing. Reflexology increases circulation, bringing more oxygen & nutrients to the cells, & helps reduce stress, improve digestion & promote sound sleep. Integrated Energy Healing & Holistic Foot Reflexology : These sessions combine elements of Pranic Healing (energetic cleansing), Reiki ("divine healing" through innate intelligence), & Reflexology to internalize, integrate, & circulate channelled energy. By appointment: +91 **413 2622 606**, +91 **9363624083** (WhatsApp), treatments@verite.in

**Energy Healing Reiki** – with Vyshnavi at Verite. Reiki is an energy healing technique that promotes physical, emotional, and spiritual well-being by channelling universal life energy through the practitioner's hands. Practitioners gently place their hands on or near the client's body to stimulate natural healing processes and reduce stress. This non-invasive therapy aims to enhance overall balance and harmony. By appointment: +91 **413 2622 606**, +91 **9363624083** (WhatsApp), treatments@verite.in



# VÉRITÉ PROGRAMS – JUNE 2024

Phone:+91 413 2622045, 2622606 Whatsapp:+91 9363624083 / 8489391876 Email: programming@verite.in Vérité Website: www.verite.in

Days	Drop-in Classes	Timings	Presenters	
Mondaya	Yoga Breath & Meditation Practice for Beginnera	7:30am - 8.30am	Mamta	
Mondays	Deep Sound Bath (begins 17 June)	5:00pm - 6:00pm	Satyayuga	
Tuesdays	Gentle Hatha Yoga	7:30am - 8.30am	Claire	
Wednesdays	Pranayama & Meditation (begins 12 Jun)	7:30am - 8.30am	Radhika	
Wednesdays	Kartan- Songs for Your Soul (contributions are voluntary)	5:00pm - 6:00pm	Mamta	
Thursdays	Deep Sound Bath (begins 20 June)	5:00pm - 6:00pm	Satyayuga	
Fridays	Restorative Vin Yoga (begins 14 Jun)	7:30am + 8.30am	Radhika	
Fridays	Face & Eye Yoga	5:00pm - 6:00pm	Mamta	
Saturdays	Gentle Hatha Yoga	7:30am - 8.30am	Claire	
Saturdays	Deep Sound Bath (begins 22 June)	5:00pm - 6:00pm	Satyayuga	
Day & Date	Workshops (pre-registration required)	Timings	Presenter	
Sat, 8 Jun	Mindfulness Kindfulness	9.15am - 12.00pm	Helen	
Sat, 8 Jun	Food is Medicine - Lifestyle Health Practices	2:00pm - 4:30pm	Parvathi	
Fri, 14 Jun	Ayurveda for Self-Harmony	9.15am - 12.00pm	Claire	
Sat, 15 Jun	Food is Medicine - Lifestyle Health Practices	2:00pm - 4:30pm	Parvathi	
Sat, 22 Jun	Face & Eye Yoga: Face Your Self	9:15am - 12:00pm	Mamta	
Sat, 22 Jun	Food is Medicine - Lifestyle Health Practices	2:00pm - 4:30pm	Parvathi	
Fri, 28 Jun	Introduction to Ayurveda & Panchakarma	2:00pm - 4:30pm	Dr Geeta	
Sat, 29 Jun	Food is Medicine - Lifestyle Health Practices	2:00pm - 4:30pm	Parvathi	
	Therapies (by appointment only)	Therapist		
-	Ayurvedic Lifestyle Consultation	Claire		
	Biodynamic Craniosacral Therapy	Mia		
	Birenda Massage	Radhika		
	Integrated Craniosacral & Foot Reflexology	Radhika		
	Craniosactal Therapy	Radhika		
	Foot Reflexplogy	Radhka		
	Integrated Ayurvedic Acupressure, Deep Tissue & Heart Healing Massage	Raja		
	Heart-Centered Resilience	Susan		
	Energy Healing Reiki	Vyshnavi		
	Holistic Foot Reflexiology	Vyshnavi		
	Integrated Energy Heating & Holistic Foot Reflexology	Vyshnavi		

Please click <u>HERE</u> for the full Vérité Program

# VIPASSANA MEDITATION

Date: Every Sunday

Timings: 8:00 AM - 12:00 PM but you can also drop in and join as long as you wish.

# No registration is required.

Venue: Udavi School (2nd building on the left when you are at the front entrance), near Tank in Edayanchavadi (Auroville). Location here.



Contact: Sanjay Tumati, +91 8790982210 (available on WA) sanjay@auraauro.com

# OUIET HEALING CENTER



Quiet Healing Center, Auroville 605 104, Tamil Nadu, India www.quiethealingcenter.info / quiet@auroville.org.in Mobile & WhatsApp: +91 9488084966

# **Quiet Healing Center Summer Break**

Quiet Healing Center will be closed from Friday 26th April till Monday 17th June for annual repair and maintenance works. With our apologies for any inconvenience,

**Quiet Healing Center Team** 

# **ACTIVITIES & EVENTS**

# MARATHON YOGA CAMP FOR AV STUDENTS



### To register

https://docs.google.com/forms/d/e/1FAIpQLSeA8X\_BRZ0EOev49 D32ty7j04Zn710qQoxS2FY8vB9ViUaCDQ/viewform?usp=sf\_link

- · All students will be offered nutritious breakfast everyday.
- For students from outreach schools, pick and drop from schools will be provided

Muthukumari, Velumurgan, Anand, Santosh and Mollika.

# YOUTH CENTER PIZZA NIGHT

**EVERY SATURDAY 7PM** 



8428061801

Youth Center International

O @youthcenterauroville

# MULTIDISCIPLINARY IMPROVISATION LAB

# A CALL TO CO-CREATE MULTIDISCIPLINARY IMPROVISATION LAB

THROUGH DANCE, MOVE, VISUAL ARTS, POETRY, SPOKEN WORD, THEATER, AND MUSIC

- Step beyond labels and redefine your art form.
- Embrace the unknown and explore the interplay between disciplines.
- Safe space for artistic exploration.
- Self-motivated creation.
- Spaciousness for individual expression.
- Recognition of equal value in every movement, sound, and word
- Emotional storytelling through embodied movement and music.

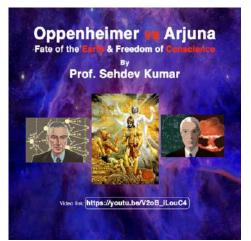
THURSDAYS 5PM TO 7PM CRIPA SMALL HALL DISCOVER THE BOUNDLESS POTENTIAL OF COLLABORATIVE IMPROVISATION

# <image><section-header><complex-block><section-header>

TANGO AUROVILLE

# OPPENHEIMER VS ARJUNA | PROF. SEHDEV KUMAR | PRESENTATION

https://youtu.be/V2oB iLouC4



# OPPENHEIMER VS ARJUNA | PROF. SEHDEV KUMAR | QUESTION & ANSWER

https://youtu.be/2W5SOF3nSKc



# FOOD FOR THOUGHT

You are allowed to say, at any point, I can't support this. Even if you did. Even if you were unsure. You can at any point say "this has gone too far." And while the best time to say that was earlier, second best time is now.

# FOODS, GOODS & SERVICES

**AUROVILLE LIBRARY SUMMER TIMINGS** 

Summer timings for May and June:

- Mon Sat mornings: 9am 12.30pm
- Tues Thurs Sat afternoons: 4pm 6.30pm
- Mon Wed Fri afternoons: closed

Storytime for children will continue through summer - Saturday mornings 10am - 11am



# ANITYA COMMUNITY LUNCH

Our community lunches are still happening during the summer! Contact Serena on WA to book one day in advance: **+91 84897 60966** 

Contribution required (discount for AV/ NC and Volunteers) See you at **12:30 on Thursdays and Saturdays** in our community kitchen!



Anitya is a community project registered under LEAD, Auroville Location: Center Field, after center GH, follow the ANITYA signs To know more about Anitya: joyofimpermanence.in

# 0 f

# ARE YOUR TREES GETTING THE CARE THEY NEED!?

At **TreeCare** we have been working hard to expand our services and reduce our wait time. Call us today for a free visit & consultation.

Contact us through +91 90420 59890 or office@treecareindia.com.



We have always believed in providing the best quality services, as well as educating people about the field of ARBORICULTURE and its importance in today's landscape.

Warmly, TreeCare Team

# HAIRCUTS

Hairdresser. For your and / or your child's next haircut: inspired, striving-for-theperfect, 12 yrs young artist Ahana looks after your and / or your child's hair and well being.

For an appointment kindly contact 9751513906 (all messenger providers, no calls) or essence.touch@yahoo.de



# VÉRITÉ CAFÉ



Taste of Yoga offers a simple, quiet space to read, reflect and nourish oneself. Delicious healthful snacks, treats & drinks (all free from animal products, gluten, caffeine, and added sugars) have been designed with utmost care, integrating sattvic principles to promote overall wellbeing.

# REPAIR OF AIR CONDITIONERS, FRIDGES, WASHING MACHINES AND APPLIANCES

Loganathan working at Mahasaraswati Shop (near PTPS, Aspiration area) is a long term Aurovilian that has gained a lot of knowhow through looking after and repairing all kinds of machines. He happily repairs your machines and appliances.

You may contact him via phone / SMS or whatsapp +91 94434 93025

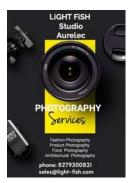
# **LIGHT FISH** PHOTOGRAPHY STUDIO AURELEC

# Services:

- Fashion Photography
- Product Photography
- Food Photography
- Architectural Photography

Phone: 8279300821 sales@light-fish.com





# HALF-PRICE MAROMA PRODUCTS FOR ALL AUROVILIANS IN THE OUTLET STORE



Maroma is happy to announce that it is offering all products at half-price to all Aurovilians in its **Aspiration Outlet**. Come by and see our great range of all-natural cosmetics, soaps, shampoo and more! Great for gifts to loved ones, including yourself. The Outlet is located in the Maroma Campus in Aspiration and is open **9am - 5pm**, **Mon-Sat**. See you there!

Much love,

The Maroma Team



**Dropzy** is a multipurpose mobile app platform for ordering and accessing information from a wide range of in and around Auroville eateries, grocers, bakers, farms, therapists, professionals etc. **Dropzy** delivery personnel will pick up the orders from the outlets/stores; deliver them to the customers at their doorsteps and convenience.

Kindly do download the mobile app to register yourself to place orders supporting the outlets in and around Auroville and to find out relevant information to your needs.

# Download link as shown below:

Android https://rb.gy/32zcix



### iPhone https://rb.gy/visp4c



Desktop https://rb.gy/bpnud5



Stay tuned in to our announcements and the app regularly, for more updates.

Best regards, Sathish Arumugam / For Dropzy Mobile: +91 8098144686 / <u>www.dropzy.in</u>

# SOLITUDE FARM - FRESH LOCAL FOOD

Dear friends,

so much beautiful fresh produce in this season.

Subscribe for a basket that can be picked up from Solitude Farm once a week ( or more ).

Salad greens, spinaches, veggies, fruits and more.

# 9843319260

solitudepermaculture@gmail.com



Solitude Farm

# SURABHI SUPPLIES

Dear Auroville Community,

Surabhi Supplies is dedicated to aiding individual community members, units, and projects in acquiring a wide range of materials and equipment, including but not limited to construction supplies, appliances, machinery, and more.

Our service offers several advantages to the community, such as **reduced prices** achieved through **bulk purchases** and **volume-based discounts**. We have established strong partnerships with various manufacturers and dealers who share our commitment to advancing Auroville's development.

Our primary goal is to streamline the procurement process for everyone, thus saving valuable time, energy, and costs while providing a high level of service to the community.

If you have any inquiries, please don't hesitate to reach out to us at:

Email: surabhisupplies@auroville.org.in Phone: +91 98438 46458 (WhatsApp/Call)

Sincerely, Surabhi Supplies

# **RAPID CARE SERVICES RCS**

Dear Residents,

We are happy to announce that **Rapid Care Services** have successfully completed one year. We began operations in December 2022.



We take this opportunity to thank all the people who believed in us. Reach out to us for any enquiries that need our assistance in home and yard work. Look forward to your continued use of our services in the future.

Category	Services
Metal Works	Channels , Doors , Piping , Fabrication
Plumbing	End to End, Job works
Furniture	Repairs, Made to order
Masonry	Repairs, Renovations and Remodulation
Painting	End to End, Job works
General Maintenance	Floor Waxing, Powder Coating, Fumigation, All Home Utilities
Installations	Washer and Dryer, Air Conditioner, Inverter, Dth, Security Camera
Electrical Works	Wring, Meter box, Lights, Switches & Sockets, Motion sensor.

Contact: + 91 8270071581 / +91 7639810621 Primary Email: rapidcare@auroville.org.in Secondary Email: rcsrapidcareservice@gmail.com Instagram handle: @rapidcare1

For Rapid Care Balaji & Arun

# WE CAN HELP TO FIX ALL YOUR BROKEN ITEMS

**New Waves**, a unit registered under Kattidakali Trust located in Aurelec Premises, Prayogashala, Auroville is offering the services of **PCB Assembly, SMD soldering, de-soldering** and **minor repair of appliances**.

The unit can also undertake sub-contract of your production work on job work basis.

If you have any requirements, please contact Dhandapani, Executive at 0413-2622295,

Mobile 9443090082 / 8098193820 or via e-mail to <u>newwaves@auroville.org.in</u>



# **ECO FEMME OPEN HOUSE**

THURSDAYS AT 10.30 AM



Dear Friends.

Come join our Open House every Thursday at 10.30 AM. We hold these at our office in Auroshilpam, just behind Auromode.

We'll teach you about sustainable menstrual products and our not-for-profit programs, and you can pick up discounted cloth pads, cups and cloth nappies.

See you soon!

The Eco Femme Team

### **AIRCON CLEAN OFFERS COMPREHENSIVE AIR** CONDITIONER CLEANING SERVICE KNOWN AS "JET SERVICE".



The Jet Service includes not only the filter cleaning but also indoor cooling coils, blades, and blower wheels, indoor cooler drain tray cleaning and outdoor unit with AC jet pump.

After a cleaning service your air is fresh and healthy, reducing sickness and helping you live a healthier life.

Save up to 30% power usage with a regular cleaning service.

Contact AIRCON CLEAN now at 9786809518 or email us at airconclean.av@gmail.com

Regards, Julien.

# STUDIO BASED ART THERAPY AND COUNCELING

tialovesart@gmail.com / www.createandtransform.org



Aurelec, Kuilapalayam, Auroville

# LOOKING FOR

# LOOKING FOR HOUSEWORK

Suganya from Sanjeeveenagar is looking for housework in the afternoons. She works at the Auroville library in the mornings, and would prefer work in that area. Please contact her on her mobile: **7871401865** 

Or Kalaivani on: **9487215626** 

# TAXI SHARE

# SHARE TAXI TO SRI MA ONCE WEEKLY IN JUNE

Send a message if interested 🥮

lsha message: +91 96555 34514

**FRENCH NEWS & NOTES** 

Auro - Traductions

Click here to read the French News&Notes

or Scan the QR code:

# FO GROUPS NEWS

(not selected by due Residents Assembly process)

# FROM THE FO N&N 1028

Please click<u>HERE</u> to read the FO Groups News

# CINEMA

# MMC ANNOUNCEMENT

Dear All:

Aurofilm is taking their annual break in May-June 2024 and hence there will be no Friday evening films from now through June.

So, on Fridays 17, 24, 31 May; 7, 14, 21, 28 June 2024, and as of now also 26 July 2024 -- if there are groups or individuals who want to book evening programs you can. For example, you can plan a program starting at 5pm ending by 7:30pm. Provided that the program ends by 9:30pm it should be fine.

Booking procedure will remain the same. If interested, you can decide on a date(s), starting and ending time of your intended program and write to us at <u>mmcauditorium@auroville.org.in</u> to inquire about availability. We go from there.

Thank you, With Best regards Multimedia Center (MMC) Team









# ACCESSIBLE AUROVILLE PUBLIC BUS

avbus@auroville.org.in/ +91 94430 74825

Auroville TO PONDICHERRY				
		Trip 1	Trip 2	Trip 3
Svaram Musical Cent	er	7:00	8:50	14:50
Vérité Guest House - Junction		7:02	8:52	14:52
Town Hall - Main Parking		7:06	8:56	14:56
Solar Kitchen (Ex Rou	0	7:10	9:00	15:00
Certitude Entrance		7:12	9:02	15:02
New Creation Road		7:12	9:07	15:02
SBI Bank—Kuilapalay	am	7:19	9:09	15:09
ECR Junction—Arom		7:23	9:14	15:14
Quiet Healing Center-		7:26	9:17	15:17
Lotus Hotel—S.V Pate		7:36	9:30	15:30
Ashram Road Junctio		7:38	9:30	15:33
	n			
Ashram Dining Hall		7:40	9:35	15:35
Pond	icherry TO AUR		Tuin 0	Tuin 0
		Trip 1	Trip 2	Trip 3
Ashram Dining Hall		8:00	12:15	18:10
Ashram Road Junctio		8:02	12:17	18:12
Lotus Hotel—S.V Pate		8:07	12:22	18:17
Quiet Healing Center-		8:17	12:32	18:27
ECR Junction—Arom		8:20	12:35	18:30
SBI Bank—Kuilapalay	vam	8:25	12:40	18:35
New Creation Road		8:27	12:42	18:37
Certitude		8:32	12:47	18:42
Solar Kitchen (Ex Rou	ind About)	8:34	12:50	18:44
Town Hall - Main Parl	king	8:38	12:54	18:48
Vérité Guest House -	Junction	8:42	12:58	18:52
Svaram Musical Center		8:45	13:00	18:55
<ul> <li>Monthly Rs. 800: Aurovilians &amp; Newcomers, No validity</li> <li>Student Pass Rs. 1200 per month/ 24 days round trip</li> <li>Rs. 150 Round trip for Aurovilians &amp; Newcomers</li> <li>Rs. 200 Round trip for guests</li> </ul> Bus passes are available at Auroville Vehicle Service, Town Hall, Auroville, 0413 2623302				
EMERGENCY NUMB	ERS 🚢			
Ambulance (24/7):				
Auroville 9442224680	PIMS 0413 26562	71		
Security (24/7):	0413 20302	/ 1		
Auroville Police	Kottakunnam	Polico	Vanu	r Eiro
Station	Kottakuppam Police Station		Vanur Fire Station	
0413 2677318	0413 2236148		0413 2677368	
Health:				
Health Center 0413 3509942 & 3509943	Santé 0413 2622803		Farewell 8903836246	
Mental health 24/7 support: Vandrevala Foundation +91 9999666555				
India Emergency Response Service (24/7): 108				

# Cinema Paradiso

Multimedia Center (MMC) Auditorium

Film program 03 June 2024 - 09 June 2024

Cinema Paradiso-Multimedia Center is operating at 100% seating capacity.

Seating starts about 15mins before screening and stops as the film starts. Kindly arrive in time.

# Ø 6

A reminder not to use cell phone for any reason while the program is on, and no food/beverage to be taken inside the hall.

### Indian – Monday 3 June, 8:00 pm: • GUTHLEE LADOO

India, 2023, Writer-Dir. Ishrat R. Khan w/ Kiran Sharadrao Bhalerao, Pravin Chandra, Sanjay Mishra, and others, Drama, 105mins, Hindi w/ English subtitles, Rated: U (G)

Two little boys from poor families are friends. One believes and accepts his condition as his fate. But Guthlee, son of a sweeper, wants to go to school to change his realities. His father Mangru, the school headmaster are supportive. But the obstacle is his caste. Even the supportive headmaster seems powerless. What would happen to Guthlee's dream? It is a critically acclaimed film to watch!

# Potpourri – Tuesday 4 June, 8:00 pm: • GENTLEMAN'S AGREEMENT

USA, 1947, Writer-Dir. Elia Kazan w/ Gregory Peck, Dorothy McGuire, John Garfield, and others, Drama-Romance, 118mins, English w/ English subtitles, Rated: NR (PG)

Philip Green is a highly respected writer who is recruited by a national magazine to write a series of articles on anti-Semitism in America. He's not too keen because he's not sure how to tackle the subject. Then decides to pretend that he was Jewish to experience the prejudices that may exist and then write about them. It takes little time, but he experiences first hand what he set out for, and it affects his persona and relations.

# Interesting – Wednesday 5 June, 8:00 pm:

• EATING OUR WAY TO EXTINCTION

UK, 2021, Writer-Dir. Otto Brockway w/ Kate Winslet, Anthony Robbins, Richard Branson, and others, Documentary, 82mins, English w/ English subtitles, Rated: NR (PG)

5 June is the World Environment Day! Starring globally renowned figures and the leading scientists, this powerful film takes the audience through a journey throwing light on an issue few wants to talk about or act upon – food choices. Alarming and entertaining the film compels audience look at food/food industry differently. It also provides some food for after- thought: are we stigmatizing certain food and thereby people? Artificial meat is gaining popularity around the world. Is that the solution? If not, then what is?

# Selection – Thursday 6 June, 8:00 pm: • KHERS NIST (No Bears)

Iran, 2022, Dir. Jafar Panahi w/ Vahid Mobasseri, Bakthiar Panjeei and others, Drama-Romance, 106 mins, Persian-Turkish w/ English subtitles, Rated: NR(PG).

Despite facing constant harassment and a six-year prison sentence, the director continues to push the boundaries of cinema with his deeply personal and thought-provoking work. Throughout the film, he explores themes of truth-telling, social activism, and the blurred lines between reality and fiction. The cinematography and direction are also top-notch, with the film's remote setting adding to its sense of isolation and tension.

# International – Saturday 8 June, 8:00 pm: • DAS LEHRERZIMMER (The Teachers' Lounge)

Germany, 2023, Writer-Dir. Ilker Çatak w/Leonie Benesch, Anne-Kathrin Gummich, Rafael Stachowiak, and others, Drama- Thriller, 98mins, German-Turkish-Polish-English w/ English subtitles, Rated: PG-13 (R)

There is a theft at the teacher's lounge. Carla Nowak, a teacher, decides to get involved and investigate the theft as one of her students is a suspect. As she starts to investigate, she faces objections from her colleagues but continues nevertheless. Little did she know that here action would spiral into insurmountable issues for her. Loosely based on true events, the ordinary setting makes this thriller a nail-biting experience.

# Children's Matinee- Sunday 9 June, 4:00 pm: • HUGO

UK-USA, 2011, Dir. Martin Scorsese w/ Asa Butterfield, Chloë Grace Moretz, Christopher Lee, and others, Adventure-Family, 126mins, English w/ English subtitles, Rated: PG

In 1931 Paris, an orphan living in the walls of a train station. He also keeps the train station clock running. But there is a mechanical man that doesn't work and may hold a secret. He and his adventure-seeking friend Isabelle tries to unlock the mystery involving his late father and an automaton.

# BLACK & WHITE CLASSICS @ CINÉ-CLUB Ciné-Club Sunday 9 June, 8:00 pm: • PICKPOCKET

France, 1959, Dir. Robert Bresson w/ Martin LaSalle, Marika Green and others, Crime-Drama, 76 mins, French w/ English subtitles, Rated: NR (PG)

One of Bresson's compelling and intense movie, Using image and sound, the filmmaker strives to express the nightmare of a young man whose weaknesses lead him to commit acts of theft for which nothing destined him. However, this adventure and the strange paths it takes, brings together two souls that may otherwise never have met.

**Rating codes** we often use are from Motion Picture Association of America (MPAA): G=General Audiences, PG=Parental guidance suggested, PG-13=Parents strongly cautioned, R=Restricted (equivalent to Indian rating: A i.e., for Adults), NR=Film Not rated, Rating awaited.

To organize a seminar/program at MMC kindly email us at <u>mmcauditorium@auroville.org.in</u>. Our projector is crawling towards the end of its life, compelling us to look for a new one. You could financially support through a one-time or recurring donations to "Cinema Paradiso" (account #105106) or set up for a monthly contribution.

Thanking You, MMC/CP Group Account# 105106, mmcauditorium@auroville.org.in

