

Auroville

NEWS & NOTES

No 1028 - A weekly bulletin for residents of Auroville

23 May 2024

RA EDITION



PONDERING

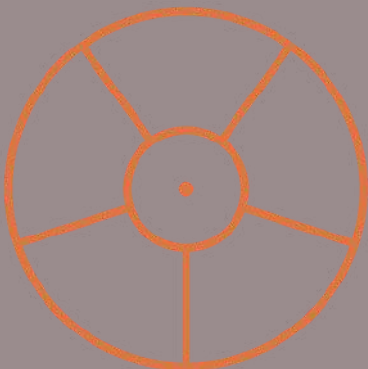
A Dream (Part1)

There should be somewhere upon earth a place that no nation could claim as its sole property, a place where all human beings of good will, sincere in their aspiration, could live freely as citizens of the world, obeying one single authority, that of the supreme Truth; a place of peace, concord, harmony, where all the fighting instincts of man would be used exclusively to conquer the causes of his suffering and misery, to surmount his weakness and ignorance, to triumph over his limitations and incapacities; a place where the needs of the spirit and the care for progress would get precedence over the satisfaction of desires and passions, the seeking for pleasures and material enjoyments.

Aug. 1954

The Mother on Auroville, Pages 5&6

<https://motherandsriaurobindo.in/The-Mother/books/compilations/the-mother-on-auroville/>



(continued from last week)

Pain is the hand of Nature sculpturing men
To greatness: an inspired labour chisels
With heavenly cruelty an unwilling mould.

Implacable in the passion of their will,
Lifting the hammers of titanic toil
The demiurges of the universe work;
They shape with giant strokes their own; their sons
Are marked with their enormous stamp of fire.

Although the shaping god's tremendous touch
Is torture unbearable to mortal nerves,
The fiery spirit grows in strength within
And feels a joy in every titan pang.

He who would save himself lives bare and calm;
He who would save the race must share its pain:
This he shall know who obeys that grandiose urge.

The Great who came to save this suffering world
And rescue out of Time's shadow and the Law,
Must pass beneath the yoke of grief and pain;
They are caught by the Wheel that they had hoped to break,
On their shoulders they must bear man's load of fate.

Heaven's riches they bring, their sufferings count the price
Or they pay the gift of knowledge with their lives.

The Son of God born as the Son of man
Has drunk the bitter cup, owned Godhead's debt,
The debt the Eternal owes to the fallen kind
His will has bound to death and struggling life
That yearns in vain for rest and endless peace.

Now is the debt paid, wiped off the original score.

The Eternal suffers in a human form,
He has signed salvation's testament with his blood:
He has opened the doors of his undying peace.

The Deity compensates the creature's claim,
The Creator bears the law of pain and death;
A retribution smites the incarnate God.

His love has paved the mortal's road to Heaven:
He has given his life and light to balance here
The dark account of mortal ignorance.

It is finished, the dread mysterious sacrifice,
Offered by God's martyred body for the world;
Gethsemane and Calvary are his lot,
He carries the cross on which man's soul is nailed;
His escort is the curses of the crowd;
Insult and jeer are his right's acknowledgment;
Two thieves slain with him mock his mighty death.

He has trod with bleeding brow the Saviour's way.

He who has found his identity with God
Pays with the body's death his soul's vast light.

His knowledge immortal triumphs by his death.

Hewn, quartered on the scaffold as he falls,
His crucified voice proclaims, 'I, I am God;'
'Yes, all is God,' peals back Heaven's deathless call.

The seed of Godhead sleeps in mortal hearts,
The flower of Godhead grows on the world-tree:
All shall discover God in self and things.



But when God's messenger comes to help the world
And lead the soul of earth to higher things,
He too must carry the yoke he came to unloose;
He too must bear the pang that he would heal:
Exempt and unaffected by earth's fate,
How shall he cure the ills he never felt?

He covers the world's agony with his calm;
But though to the outward eye no sign appears
And peace is given to our torn human hearts,
The struggle is there and paid the unseen pain;
The fire, the strife, the wrestle are within.

He carries the suffering world in his own breast;
Its sins weigh on his thoughts, its grief is his:
Earth's ancient load lies heavy on his soul;
Night and its powers beleaguer his tardy steps,
The Titan adversary's clutch he bears;
His march is a battle and a pilgrimage.

Life's evil smites, he is stricken with the world's pain:
A million wounds gape in his secret heart.

He journeys sleepless through an unending night;
Antagonist forces crowd across his path;
A siege, a combat is his inner life.

Even worse may be the cost, direr the pain:
His large identity and all-harboured love
Shall bring the cosmic anguish into his depths,
The sorrow of all living things shall come
And knock at his doors and live within his house;
A dreadful cord of sympathy can tie
All suffering into his single grief and make
All agony in all the worlds his own.

He meets an ancient adversary Force,
He is lashed with the whips that tear the world's worn heart;
The weeping of the centuries visits his eyes:
He wears the blood-glued fiery Centaur shirt,
The poison of the world has stained his throat.

In the market-place of Matter's capital
Amidst the chafferings of the affair called life
He is tied to the stake of a perennial Fire;
He burns on an unseen original verge
That Matter may be turned to spirit stuff:
He is the victim in his own sacrifice.

(to be continued next week)

— **Sri Aurobindo, Savitri**
A Legend and a Symbol

Book Six: The Book of Fate

Canto Two: The Way of Fate and the Problem of Pain

<https://incarnateword.in/cwsa/34/the-way-of-fate-and-the-problem-of-pain>



NEWS & NOTES GUIDELINES

DEADLINE FOR SUBMISSIONS:
TUESDAY 5PM

The content of News & Notes is a reflection of the growth process of this community towards its ideals of Harmony, Goodwill, and Truth. Editing of submissions, mainly for reasons of space and clarity, is done according to an established policy.

How to submit material:

- Max size of posters should be 1 MB, JPEG format. Bigger posters will be reduced or cropped to fit.
- Please AVOID CAPS letters
- Material (no pdf files, please) may be sent in English only to **newsandnotes@auroville.services**
- Articles for the Notes section should ideally be no longer than 500 words.
- Please try your best to send your announcements, reports, film schedules whenever they are ready. Any modifications of submitted News items must be sent to the editors before **Tuesday 5pm**.

DISCLAIMER:

Please note that the opinions and views expressed on these pages are solely those of the respective authors or work groups and do not necessarily reflect the position of the editors or the larger Auroville community. The News & Notes aims to provide a platform for the publication of diverse perspectives and voices from multiple sources within Auroville.

While our editors strive to ensure the accuracy of the information presented, we cannot guarantee that all information is free from error or omission. Additionally, we cannot be held liable for any alleged misinformation provided or offence caused by the content published.

In the event of any dispute, we encourage readers to consult with the Auroville Council, and we reserve the right to suspend the publication of disputed material. Our commitment to providing an open and inclusive platform for dialogue and exchange of ideas remains steadfast.

The News and Notes team
newsandnotes@auroville.services

LIST OF ACRONYMS:

AVF (Auroville Foundation), **AVFO/FO** (Auroville Foundation Office), **GB** (Governing Board), **RA** (Residents Assembly)

The following groups are divided in two categories: The groups selected by the Residents Assembly through Community decision making Processes and the groups put together by the GB and the FO (not recognised by the Residents Assembly).

Working groups selected by the Residents Assembly:

Working Committee (WCom)
Funds and Assets Management Committee (FAMC)
Budget Coordination Committee (BCC)
Town Development Council / L'avenir d'Auroville (TDC)

Auroville Council (AVC)
Entry Service (ES)

FO selected groups:

Working Committee (WC)
Funds and Assets Management Committee (FAMC)
Budget Coordination Committee (BCC / BCS)
Auroville Town Development Council (ATDC)

Housing Service (HS)
Land Board (LB)

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NOTE FROM THE EDITORS

Dear Community,

Here is some important information:

- You can read past issues and subscribe [HERE](#).
- If you wish to support the N&N community Edition, you can donate at this account Nr: **FS #252150**.
- Content sent through @auroville.org.in mail ID, will only reach us if you use this [FORM](#) to submit your content.
- The mail ID to submit content is:
newsandnotes@auroville.services.

Thank you for your continued support!

In community,
The RA Community Edition News and Notes Team

FROM THE ENTRY SERVICE

NO ANNOUNCEMENT THIS WEEK

If you need to contact the Entry Board, write to: auroville.entryboard@gmail.com

FROM THE RA WORKING COMMITTEE

NEW ONLINE DIRECTORY

Dear community,

We are happy to announce that our technical team has worked on a new version of the Auroville online directory. This follows the closing of the AuroNet directory by the Office of the Secretary and their appointees.

The new Directory is available here: [RA WCom: New online directory](#)

To access it, you will need to use your [@auroville.community](#) login.

For further information, please see [RA WCom: New online directory](#)

As the directory should only be accessible by members of our community, we use pre-validated logins. As you know, [@auroville.org.in](#) is currently under unknown administration, which is why we chose to use [@auroville.community](#) and [@auroville.services](#). We plan to expand this in the future, but manpower currently forces us to start with just this.

If you have not yet used your [@auroville.community](#) login, please check your mailbox for our announcement email "RA WCom: Important - New email service for the Auroville Community" dated May 18, 2023 (last year), or request new credentials by passing by the Working Committee office.

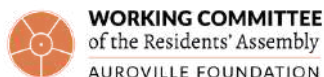
We are aware that much contact information in the Directory is outdated, but we still felt an urgency to share it with the community as soon as possible since many residents have been impacted by the closing of the AuroNet directory. Mechanisms for correcting the outdated information will be developed in the coming months and the community will be updated in due time.

We hope this will prove to be helpful and look forward to sharing further updates with you.

In service,

Your RA Working Committee

Aravinda, Bharathy, Chali, Maël (TOS), Matthieu, Prashant (TOS), Valli



WORKING COMMITTEE
of the Residents' Assembly
AUROVILLE FOUNDATION

COMMUNITY SHARING

VISITOR'S CENTER CAFETERIA CLOSED FOR 3 DAYS

The cafeteria at Visitors Centre will be closed from **Tuesday the 28th to Thursday the 30th** included for maintenance and a break for the staff.

Thanking you for your understanding,
Cafeteria team

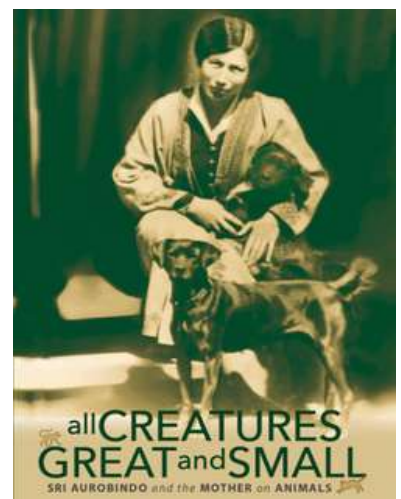
AUROVILLE DOG SHELTER NEEDS IMMEDIATE FUNDING

The Auroville Dog Shelter, home to nearly 300 rescued dogs, urgently needs financial support. A year ago, a dedicated team revitalized the shelter, making it a recognized AWBI and Animal Husbandry approved sanctuary for healthy, well-fed dogs. However, the shelter's infrastructure is crumbling: the kitchen roof has collapsed, the electrical system is failing, fences are barely holding and a VIP road is getting built through the shelter leading to the destruction of dormitories and dog enclosures. In just four months Monsoon season will start and due to the resistance of some individuals the construction of the new shelter is obstructed and delayed.

After Cyclone Michaung hit Chennai in December 2023 and key donors reduced funding, the shelter is facing an extreme financial crisis. Despite being a municipal service, it receives only Rs. 50,000 per month from BCC city budget, far short of the Rs. 3 lakh needed for basic expenses like food, wages, vital medicines and vaccinations. All services like sterilizations, vaccinations, free veterinary treatments and emergency rabies rescues had to be halted due to the lack of funds. As it is puppy season a lot of new puppies have been born. Alone last week, 20 tiny babies had been dumped like garbage at the shelter at night. We cannot take in any more as we lack funds, quarantine facilities and staff.

"Personally, I could do pranam before a puppy dog, mon petit, in all sincerity - seeing the Lord in it." Mother's Agenda 3:343

As a city, Auroville has the responsibility to care for its municipal services, including its dog shelter. Ensuring the shelter's operation is crucial for public health, preventing the spread of disease like rabies and canine distemper, and maintaining



community safety by managing the stray dog population through sterilizations. Covering the shelter's basic running costs is a fundamental responsibility that reflects the Auroville's commitment to animal welfare and community well-being, being a city based on the values of Sri Aurobindo and the Mother.

Without immediate funds, the shelter will have to start releasing dogs in the streets, as it cannot afford to feed them or pay staff salaries. The shelter is appealing to the AV Foundation to

change its stance and fund its basic monthly so that the Auroville Dog Shelter can continue its vital work and services for the entire AV Community.

“A kind heart treats all men and even animals as members of one family, one humanity” CWM 2:245

“One can have the true attitude only when one has attained the consciousness of the divine Oneness; meanwhile it is good always to treat animals with respect, love and compassion.” CWM 17:103

Quotes from the book: “All Creatures Great and Small” - Sri Aurobindo and the Mother on Animals.

aurovilledogshelter@gmail.com

VOICES AND NOTES

THE REALITY

ॐ

The Youth that never ages,
This One Ever-Conscious Beingness,
Has created this Great Cosmic
Dance
For the utter delight and bliss
Of experiencing Its unique selves
In infinite limitlessness.

It was all along
A hide-and-see game
Of the Eternal Child
Hiding within
Either slowly or quickly emerging
Letting Itself fully seen
Or mischievously playing us
Until we discover how to dump
Our egomind to the swamp
And dance all day long
Laughing out loud
In this Marvel of Existence
We call Earth Life.

But wait,
Earth has not yet
Reached its ultimate
As many of our other playmates
Are in the lag still caught up
In the transitional mental trap.

No worries,
If we have not yet the Willed Force
To change all our co-individuals.

It will come in due time,
Now unstoppable, inevitable,
Decreed by the Supreme.

The important thing now
In this Supramental Age
Is to surrender our self fully
To the Supreme Source of Force,
The Supreme Divine Mother MahaShakti,
Who will modulate us accordingly
To the best of our unique abilities.

All the required revelations,
The operating manuals,
Are now all freely available
Printed in ink or in light digital
On desktop, tablet or mobile,
Lovegifted by the Kalki Avatar
Sri Aurobindo and the Mother.

As one of the becoming conscious
Heroine and Hero Warriors
Of the Divine Supreme,
We each are to prepare the global scene
From Auroville the City of Dawn,
This from the Mother an invitation,

For the soon coming
Divine Manifestation
Of the Supramental Child
Of Satya Yuga, the Golden Age.

The Life Divine.

ॐ

We continue on...

Zech, 2024.05.02



POETRY

**She changes Her designs and plans,
Sets to do, undo, redo indefatigably.
Therefore, She is.**

**She never defeats.
She never loses.**

**She wins with a wink.
She wins over our hearts.**

-Anandi Z.

WORK OPPORTUNITIES



SEEKING HALF-TIME GARDENER

Anitya community is looking for a half time gardener, ideally who can speak/understand a little English.

Responsibilities include:

- Maintenance and care of plants/trees/veg garden in anitya
- General land care, raking leaves, cleaning and maintenance
- Water area care - tanks, pumps etc
- Odd jobs that might come up related to community maintenance

We are looking for someone who will love this land like we do, who will look after it with care and responsibility. References are a must.

Part time (half days) work with remuneration appropriate to experience.

Please contact Nikki +917094716136, nikethana2001@gmail.com

LOOKING TO CHANGE YOUR WORK TO SOMETHING FULFILLING? PROFESSIONAL TRAINING... LEARN TO HEAL THE ROOT OF ALL DISEASE.

Therapist training **May 26-28 @ Quiet Healing Center** in Wood's Method Gravity Colon Hydrotherapy. We are holding this training for Aurovilians who would like to devote their time by the ocean and work at Quiet for minimum of one year. This practice deeply heals and changes lives. Learn the magic of emotionally intelligent bedside manner and witness the magical healing capacity of the human body. Training deposit required, but free and refunded at the end of one year commitment. Sessions you work during the year will also be paid. Serious candidates only please inquire at **7639163541**.



AWAKENING SPIRIT

AMPHITHEATRE - MATRIMANDIR

Every **THURSDAY**
6.00 to 6.30 pm



During the Summer months, Sunil's music and Savitri read by Mother will be replaced by the beautiful New Year Music, also by Sunil and with each time a different prayer by the Mother - recorded with the music.

Enjoy the beautiful open space, an immense sunset, heavenly music in the very center of Auroville!

Reminder to all: The Park of Unity is a place for silence, meditation and inner work and is to be used only as such.

We request everyone: please do not use cameras, I-pads, cell phones, etc. No Photos.

Dear Guests, please carry your Guest Card with you.

Access for the Amphitheatre only from 5.45 pm and until meditation ends.

Thank you
Surya for Amphitheater team

INTRODUCTION TO THE INTEGRAL YOGA OF SRI AUROBINDO AND THE MOTHER

Tuesday, 28th May, 9 am - 12 noon
Focus: Self-relisation

Led by Ashesh Joshi

Place: Mirabelle Education Centre, Auromodele
Ph/Whatsapp: 9489147202 (Please register)

All are Welcome



A SATSANG ON THE INTEGRAL YOGA

A sacred gathering for the study and practice of the Integral Yoga of Sri Aurobindo and the Mother, founders of Auroville, the City of Dawn.

"The first necessity is the inner discovery in order to know what one truly is behind social, moral, cultural, racial and hereditary appearances. At the centre there is a being free, vast and knowing, who awaits our discovery and who ought to become the active centre of our being and our life in Auroville." — The Mother

We start right here, in the Eternal Now, from where we each are at this ever-progressive moment, and share our unique experiences on the path of rediscovering and embodying who we really are.

Facilitated by Zech Joya

Schedule: **Tuesdays and Thursdays, 5:30-7:00pm**

Venue: Conference Room, G/F SAIER Building, Town Hall Complex, Auroville



[Please click this link for details](#) or scan the above QR Code

HEALTH

SANTÉ SERVICES IN MAY 2024



Working Hours:

Monday - Saturday 9:00 - 12:30pm & 2:00 - 4:30pm

Tests and Sample collection:

Mon-Fri before **8:30** - 12:00 pm.

No sample collection on Saturday.

For emergencies, contact:

Auroville Ambulance (24/7) : Phone: +(91) 9442224680

Government Ambulance (24/7) : Phone: 108

Please call Santé on (0413) 2622803 during working hours for an appointment

Doctor Consultation with Dr.Senthil: Monday to Friday	Nursing Care: Thilagam, Ezhil, Archana, Sandhya: Daily No appointment necessary
Ayurveda with Dr.Be: Mon/ Tue/ Wed/ Fri	Integrative Psychotherapy with Juan Andres: Monday to Friday
Acupuncture with Andres: Mon/Tue/Wed/Fri/Sat	Homeopathy with Michael: Mon/Wed/Sat
Physiotherapy & Massage with Galina: Monday to Friday	Physiotherapy with Arun: Monday to Saturday
Bio-Well Assessment (Evaluation of your well-being) with Helena: Inquiry through email (adminsante@auroville.org.in)	Soundbed Session with Sandhya/ Thilagam: Monday to Saturday

In Santé, we value our patient's confidentiality & make every effort to ensure their privacy.

In case of cancellation or to reschedule, it is necessary to inform us in advance.

AUROKIYA INTEGRAL EYE CENTRE @ ARKA



Working Hours:

Monday - Saturday
(9.00 am -5.30 pm)

Services Provided:

- Emergency eye care services with primary-level care
- Complete eye testing facilities for eye problems
- Follow-up services for surgeries and consultation from Aravind
- Spectacles and contact lenses
- Eye medicines (Homeopathy, allopathy, and Ayurvedic Drops)
- Personal guided support to visit Aravind Eye Hospital for surgeries and procedures
- Personalized eye exercise training, eye yoga sessions, and vision therapy sessions. Both morning and evening slots are available

Contact: aurokiya@auroville.org.in; aurokiya@gmail.com

WA/ Mobile: 8012305151; www.aurokiya.com

LEELA THERAPY



A unique combination of psychotherapy, self-inquiry and ancient teachings of Enneagram of Liberation. I invite you to be supported by heart based and trauma-informed skills, taught by Leela School of Awakening.

Private 1:1 sessions are a powerful and intimate container to work on your deep emotional healing and self-discovery.

Anything, and everything is welcomed.

Leela therapy is offered by Kardash in person or on-line, through Inner Sight (an Activity under LEAD).

For more details see www.innersightav.org or whatsapp Kardash on 9940934875.

AYURVEDA TIPS FOR THESE FEW RAINY DAYS



Dry summer is the season that naturally increases Pitta (fire and water elements) with more impact on the fire element of Pitta (heat, sharpness of the sunrays) and Vata (air and ether elements) with more dryness and roughness. Body struggles to keep its inner temperature to a cool 35-36°C when outside temperature can rise well above.

However in these past few days the sudden rain falls brought coolness in the air having a direct incident on the water element of Pitta that then ferments and shows signs of acidity, inflammation of joints, bloating or strong body odour and some bitterness, impatience, frustration, anger in the mind.

Vata gets cold and makes the joints more painful, digestion and bowel movements irregular and mind might be imbibed with anxious thoughts, worries or lack of concentration, disturbed sleep at night at Vata time (between 2am to 6am).

We can help ourselves with the following recommendations while the weather remains cool and humid:

With the food

- Eat only when hungry and eat the appropriate amount (both hands joined together is the size of the stomach)
- Take a warm, cooked meal with any spices to improve the digestion (eg: ginger, turmeric, black pepper, cumin, coriander, cinnamon, ajwain, basil, garlic etc)
- Eat green leafy vegetables, take light dishes made of mung dal, vegetable soups... all pulses and dal are good when cooked with spices (all spices are good apart from red powder-chilli powder)
- For non-vegetarian, eat white meat or small fishes.
- Drink warm water all day long (especially when there's a sore throat)
- Dinner should be light and taken 2 hours before going to bed
- Give energy to the body with cereals and grains such as: amaranth, barley, cooked oats, granola, rice
- Honey is the best sweetener
- Ghee used for cooking and Sesame and Olive oils for dressings
- Chew some neem or Tulsi leaves

Some immunity enhancers:

- Giloy/Guduchi (*Tinospora cordifolia*), a very good immune regulator; 1tsp of powder morning and evening in warm water
- Amalaki (amla): full of vitamin C; consumed fresh if available or in powder
- -Turmeric: Anti-inflammatory, can be used for gargling with warm water and a pinch of salt
- -Tulsi (*Ocimum tenuiflorum/sactum*): for the lungs, fresh leaves in warm water

- Ashwagandha (*Whitania somnifera*): immune regulator and calming the nervous system; 1tsp morning and evening in milk or warm water
- Ginger – Turmeric – Black pepper powders (Be No1): improves digestion and energy, ½ tsp with warm water or lemon juice + honey once or twice a day
- Tulsi – Cinnamon – Amla – Ginger – Turmeric – Black pepper powders (Be No3): as prevention or in case of cold, cough, flu, feverish state, body ache, ½ tsp with a sip of warm water or lemon juice + honey once a day if it's preventive, 3 times a day before food if there are symptoms
- Saffron, aloe vera, licorice herbal infusions
- Chyavanprash Avaleha: 1 tsp in the morning with breakfast

In the activities, help Pitta and Vata to be centred and grounded:

- Be grounded in the heart or abdomen with Yoga, Pranayama, Meditation, observing the breathing movements in the abdomen, Yoga Nidra, Body Awareness, Qi-Gong, Tai Chi...
- Regular exercise, 30 minutes daily
- Gardening, cultivating, weeding, cooking
- Keep warm, take warm showers, cover your neck from chilled breeze
- Gargling with salty water if sore throat
- Oil pulling with 1 Tbsp of sesame or coconut oil, keep in the mouth for some time, spit it out and rinse the mouth with warm water (can be done early morning or at bedtime after brushing the teeth)
- Nasya: pour 2 drops of sesame oil or Anu Tailam in each nostril once a day
- Fragrances: sandalwood, rose, jasmine

Let's be all well, happy and healthy.
Be at Santé Clinic

EDUCATION

PERFECTING MATH

For Grades: Students going to 7th and 8th

Duration: 03/06/2024 - 28/06/2024

(3 days a week - 1 hour each)



Course Overview

	Monday	Wednesday	Friday
Week 1	Arithmetic	Algebra	Geometry
Week 2	Arithmetic	Measurements	Geometry
Week 3	Arithmetic	Graphs	Geometry
Week 4	Q.Papers	Q.Papers	Q.Papers

Registration form link:

<https://forms.gle/9EVX7CuVEWKFmdSv7>

Last day to Register is May 26th, 2024

For queries Contact: snehal_nc@auroville.org.in
Whatsapp/Message: +91 9529673687

TUTION GRADE 1-12

Tution classes open for students from grade 1 to grade 12. Please contact on my WhatsApp 8270512606. Ashwini

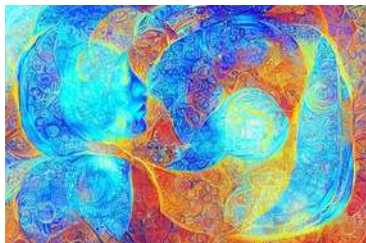


SPOKEN ENGLISH AND HINDI

Hi! My name is Ashwini and I have an experience of 20 years as a Spoken **English, Hindi, Kannada and Marathi** language trainer for all levels. If you are interested in learning one of the above languages either in oral or written form please contact me on my WhatsApp 8270512606.

INTEGRAL MATHEMATICS: A JOURNEY OF INSIGHT AND INSPIRATION

Embark on a transformative journey through the qualitative realm of mathematics, where the mind's eye uncovers profound insights and timeless wisdom. In this illuminating lecture series, we delve deep into the essence of mathematics and its profound impact on the human spirit.



Section 1: "Echoes of Wisdom": Delve into the sacred texts of ancient Sanskrit scriptures, including Vedic and Vedantic teachings, resonating with the wisdom that transcends time. Explore the same texts that ignited the intellectual flame within Sri Aurobindo, illuminating pathways to understanding mathematics in its purest form.

Section 2: "Insights Illuminated": Navigate the corridors of knowledge as we revisit the profound commentary and insights of Sri Aurobindo. Gain clarity and depth in your comprehension of mathematics through the lens of a visionary sage, enhancing your appreciation for its qualitative dimensions.

Section 3: "Inspirations Unveiled": Trace the footsteps of the greatest mathematicians in history and uncover the narratives behind their revolutionary discoveries. Connect with the human spirit that propels mathematical exploration, finding resonance in their journeys of insight and revelation.

Through these three enlightening sections, we invite you to integrate and nurture the qualities of insight, intuition, and intellectual depth that mathematics cultivates within the receptive mind. Join us as we embark on a quest to unravel the qualitative tapestry of mathematics, illuminating the path to greater understanding and enlightenment.

Understanding Purusha

Date : 25th May 2024

Time: 4-5 pm

Venue : Sangam Hall, Savitri Bhavan

INTEGRAL APPROACH TO PHYSICAL EDUCATION

ONE YEAR COURSE IN AUROVILLE

The Auroville Physical Education Board (AVPEB, SAIER) has designed a teachers' training foundation course for physical education (PE) teachers in Auroville (AV).

This comprehensive program has been designed to cover basic aspects of PE teaching in AV as well as understanding physical education in the Light of Sri Aurobindo and The Mother.

The aim is to create, in years to come, a new sports teaching squad for AV, with sports teachers having knowledge of sports science as well as practical training, with a deeper understanding of the spiritual significance of the human body. This new squad will be better equipped and more effective in implementing physical education, conducting research and in offering services to AV schools and community.

Integral Education Principles	Sports Sciences	Practical Training
<p><u>Main Facilitator</u> - Praveen Member of PE Committee of Sri Aurobindo Ashram)</p>	<p><u>Main Facilitator</u> – Savitri BSc Sports Science/Nutrition MSc Sports Nutrition</p>	<p><u>Main Facilitators</u> - Pedro BSc Sports Science MSc Sports Science PhD Sports Science</p> <p>Ruben Mental Health Educator Martial Arts trainer and practitioner</p>
<p><u>Major Topics</u>-</p> <ul style="list-style-type: none"> • Introduction to Integral Yoga • Auroville Aims and Ideals • Understanding the Integral Approach to Education • Spiritual and Mental Well-being • Yoga and Meditation Practices • Psychological Aspects of Physical Education • Stress Management Techniques 	<p><u>Major Topics</u>-</p> <ul style="list-style-type: none"> • Anatomy and Physiology • Biomechanics • Exercise Physiology • Sports Nutrition • Sports Injuries and Rehabilitation • Sociology of sports 	<p><u>Major Topics</u>-</p> <ul style="list-style-type: none"> • Teaching Practicum in Auroville Schools • Pedagogy and Teaching Methodologies: • Teaching Games for Understanding (TGfU) • Lesson Planning and Implementation • Assessment and Evaluation Techniques • Classroom Management Strategies • Mentorship and Feedback Sessions • Project Implementation in Physical Education Settings • First aid training

Criteria for Participation:

- The course is open to ALL and will prioritize those who wish to become PE teachers in AV.
- The foremost task from the participants for this program is:
 - Ø Commitment to learn
 - Ø Commitment to attend fully

Requirement on enrolment:

To begin with, the course is designed for those who can give a part time commitment six days a week, including practicum/teaching sports at various AV schools from 2.30 to 5pm Monday through Friday. Throughout the year, there will be ongoing assessment of participants' quality of work as well as at the end of the year an assessment and review in order to reach a PASS grade.

Support for Aurovillians and Newcomers:

In order to make it possible for as many participants as possible to attend this course AVPEB will work towards ensuring material support for the participants. We would like no aspirant to miss this opportunity due to a financial constraint or concern. At the end of this course each participant will be able to integrate the new PE teaching squad in AV and be a teacher on par with the other teachers of AV.

Contact:

All those you feel called and those who would like to know more, please click on the link below to fill the form

https://docs.google.com/forms/d/e/1FAIpQLSeXxZV8tE7AtdWP_C9LZ4A7zMBbO7OwR5CZ6C8rPQao7wFT8-Q/viewform?usp=sf_link

Praveen, Savitri, Pedro, Ruben, Lijun and Nilima

NEWS FROM AUROVILLE LANGUAGE LAB



Please remember to put your mobile phones on flight mode and switch off all wireless and Bluetooth devices before you enter the Lab. We are a wireless-free space!

Evening Programs!

From **1st February 2024**, we have launched a new experiment. The Language Lab extended its opening summer hours from 5pm - 6:00pm, Monday to Friday. We are offering special evening programs which include conversational practice with native language speakers, talks, as well as self-learning and guided study in different languages with our mediatheque. This program is free of cost to everyone: Aurovilians, Newcomers, Volunteers, Guests and people from around the Auroville area. The Language Lab has always been open to all and this program will be as well. Ever learnt a language but feel a bit rusty now? Come and revive it! All, including Guests are welcome to join. Come share your language with others!

Conversation Practice sessions are on Tuesdays for Spanish, Wednesdays for French, Thursdays for English (On the Auroville Charter and The Dream). Please come forward for other languages! All are welcome for these sessions.

Do let us know if you would like to be part of this experiment and what you would like to receive and offer, either as a participant or a facilitator, by sending an email to info@aurovillelanguagelab.org or a WhatsApp message to +91 98430 30355. **Please let us know if you'll be coming so that the intervenors can decide to do other things with their time in case there are no bookings!**

Sanskrit Chants with Vishwanathanji is on a break until the first of June



Our first full-length publication:

We are delighted to share that our first full-length publication, "From Resonance to Bonding" by Dirk Beckedorf & Franz Müller, is now available on Amazon! The book gives an in-depth explanation of the Alfred Tomatis method, its scientific basis, how and why it works, along with detailed case studies. Order through our website: <https://books.aurovillelanguagelab.org/>

You can access the detailed Table of Contents, as well as 2.5 chapters of the actual book for free [here](#), before deciding to order through Amazon.

This book has information for a wide variety of professionals in different fields, as well as laypeople. For example, midwives, doulas, gynaecologists, as well as pregnant women, parents-to-be and recent parents, will find the chapter on "Resonance in the Womb" full of incredibly fascinating information. It is an excellent summary of all the research since Dr. Tomatis' pioneering work in the early 1950s, on the development of listening in the womb.

For now, in India, it is only available as a Kindle e-book. You can use a free kindle app to access it (mobile, tablet or desktop). We know many of you have complained that it is not available as a paperback. We have great news: very soon, it will be! The last print sample is being vetted, and the paperback will be available in about two-three weeks!

Looking for:

Someone who can type in English! We have many case notes to type up which detail the progress made – especially by children – during Tomatis programs. The work would have to be done at the Lab. We need someone who can type, cares for people, and will respect confidentiality. We could definitely still do with someone to help with fundraising. And we always welcome volunteer language teachers.

Tomatis

Please contact 0413-3509932 or 04132622467 or email us at tomatis@aurovillelanguagelab.org to schedule your Listening Tests & Consultations. In case you wrote earlier but haven't heard back from us, please send us a reminder by email.

To know more about the Tomatis Method, please have a look at the following links:

- <https://www.aurovillelanguagelab.org/tomatis-method.php>
- <https://www.aurovillelanguagelab.org/tomatis-kids.php>
- <https://www.youtube.com/watch?v=wnpXprTI3m0>
- <https://www.youtube.com/channel/UCeTIG0y-sBMlyyWZNdZcAng/videos>
- <https://www.listenwell.com/>

Language Courses at ALL

Discover the Fun in Learning English through Theatre by Rupam

Explore Shakespeare, other playwrights, short stories, and poetry with us. Enhance your English communication skills through fun and interactive sessions.

Day & Times: Monday and Wednesday, 11:00 Am to 12:00 Pm
Starting day: 23th May 2024

Age: 12+

For Registration: info@aurovillelanguagelab.org / +91-8543030355 (WhatsApp)

New Beginner French with Samuel from 14th May

We are happy to welcome SAMUEL, a native French speaker and volunteer from Martinique, who will conduct an 8-hour course, two hours per week, for a month. It will be an introduction to French, where you will learn how to greet people, conduct cordial exchanges, how to chat in an airport, and tell a little story. Just 8 hours, for a lovely French Introduction! So come and enjoy French with Samuel, Tuesdays and Thursdays from 4-5pm. Starting on Tuesday 14th May. All welcome.

- Days & Times: Tuesdays and Thursdays, 04:00 pm to 05:00 pm
- Starting day: 14th May 2024
- Duration: 8 hours (over one months)

NEW : TEFL Preparation Course

This course is now closed.

New Beginner English Class

Rupam will offer a new class for complete beginners: Let's start with the ABC of English!

Ongoing English Classes

The English Pre-Intermediate Youth group, general Pre-Intermediate, and Intermediate courses taught by Taranti and Rupam continue. Please see the schedule below.

New Beginner Hindi with Kaushal from June

Kaushal is a native Hindi speaker who is keenly interested in introducing the beauty and nuance of this language to eager learners. In this 16-hour (2 months) course, he will give an introduction to speaking, writing, and reading so as to familiarize students with the Hindi language.

- Days & time: Wednesdays, 02:00 pm to 04:00 pm
- Started on: Early June 2024 (TBA)
- Duration: 16 hours (over two months)

New Beginner Sanskrit with Kaushal from June

In this 16-hour (2 months) course, we start with the sounds and the alphabet, we shall enjoy exploring simple words, conversation and chanting of selected mantras.

- Day & time: Thursdays, 02:00 pm to 4:00 pm
- Starting day: Early June 2024 (TBA)
- Duration: 16 hours (over two months)

Language	Level	Duration/Cycle	Time	Day(s) Of Classes	Teacher	Status
English	Work on conversational skills while correcting your grammar	8-Hour Monthly	11:00am – 12:00pm	Monday & Wednesday	Rupam	Ongoing
	Learn English through the theatre	8-Hour Monthly	11:00am-12:00pm	Monday & Wednesday	Rupam	Starting 23.05.24
	Pre-Intermediate & Intermediate	8-Hour Monthly Always Ongoing	11:00am – 12:00pm	Tuesday & Thursday	Rupaam	Ongoing
	Conversation Intermediate	6-Hour (3 weeks)	4:00 – 5:00pm	Tuesday & Thursday	Aurotaranti	Started
	Conversation Pre-Intermediate	6-Hour (3 weeks)	4:00 – 5:00pm	Monday & Wednesday	Aurotaranti	Started
	Start date 8 April 2024					
French	Beginner	9-Hours (3 weeks)	10:30am – 12:00pm	Monday & Wednesday	Aurotaranti	Started
	Beginner	8-Hour (1 months)	4:00 – 5:00 Pm	Tuesday & Thursday	Samuel	14 th May Started
	Conversation Post Beginner				Jean-Francois	Starting First of June
Tamil	Spoken Beginner				Saravanan	Starting First of June
	Spoken Intermediate				Saravanan	Starting First of June
Sanskrit	Beginner				Kaushal	Starting First of June
Hindi	Beginner				Kaushal	Starting First of June
German	A1.1 Beginner				Ben	Starting First of June
	German Elementary				Ben	Starting First of June
Spanish	Beginner				Mila	Starting First of June
	Intermediate				Susana	Starting First of June
Italian	Beginner				Karuna	Starting First of June

Click [HERE](#) to see the schedule in full.

If there's a language you would like to learn but it's not listed ... please let us know!

To join or enquire:

Please fill out our form at <http://register.aurovillelanguagelab.org/>
 You may also drop us an email at info@aurovillelanguagelab.org, call us at 262-3661, text us at +91 9843030355 or come visit us!

Please Note:

Registration and contribution are essential before you join a course with us. Please see our team member at the front desk to ensure this is completed, thank you! 🙏

The Language Lab is open:
 Monday – Friday, 9am - 12pm & 2pm - 6pm
 Saturday, 9am - 12pm & 2pm - 5pm

Location:
 International Zone, after Unity Pavilion & Pump House.

Contact:
 Phone: (0413) 2623 661, +919843030355 (Lab), 2622467, 3509932 (Tomatis) Email: info@aurovillelanguagelab.org

CLASSES, WORKSHOPS & HEALING ARTS

QUIET HEALING CENTER



Quiet Healing Center, Auroville 605 104, Tamil Nadu, India
www.quiethealingcenter.info / quiet@auroville.org.in
 Mobile & WhatsApp: +91 9488084966

Quiet Healing Center Summer Break

Quiet Healing Center will be closed from **Friday 26th April till Monday 17th June** for annual repair and maintenance works. With our apologies for any inconvenience,

Quiet Healing Center Team

CAPOEIRA - MARTIAL ART AND MUSIC WITH GINGA

SAROBA



Afro-Brazilian martial art that combines elements of dance, acrobatics, music and movements. More than 500 years old, Capoeira is a constantly evolving art form, come connect and express yourself.

Join us for classes for teens and adults (15 yrs and above)

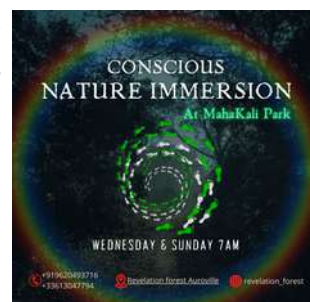
Intermediate : Tuesday, Thursday and Saturday - 5.15 PM - Dehashakti

Beginners: Tuesday and Thursday - 6.00 PM- Dehashakti
Contact: 7598446327

Let us know if you would like more information.

CONSCIOUS NATURE IMMERSION AT MAHAKALI PARK

About the Park: MahaKali Park is one of the 4 parks of Auroville, which is developed as a place for holistic awareness and self-development through nature. We guide you into an educational and meditative walk in the forest. The historical experience of green spaces in the specific context of Auroville have led to a unique understanding of holistic ecology. Providing a space for a direct connection with the organic "web of life" brings, in turn, insights for our self-study and yoga of work.



When: Every Wednesday and Sunday

Contributions: Accepted for the management of the site.

Clothing: Be adequately clad to prevent mosquito bites. You may also carry mosquito repellents.

Venue: Meeting point at Révelation's main gate 5-10 min before the time of the session (Search for "Revelation Forest" on Google Maps)

Contact: Vignesh +91 9620493716

Please note: The park is not yet accessible without our supervision, Thank you for your understanding!

Gmap link: [Revelation forest Auroville](#)

DEEP SOUND BATH IN CREATIVITY

TIBETAN BOWLS

Hall of Light
 CREATIVITY community

Every Friday
from 5 to 6:30 PM

Starting from 17th November



There will be a LIGHT massage by the Tibetan Bowls.

Lie down, relax, simply allow yourself to experience the ancient sound from the Tibetans bowls.

The practise produce a soothing sound believed to have a powerful effect in the body's energy system, helping to balance the chakras and promote healing.

"If we accept that sound is vibration and we know that vibration touches every part of our physical being, then we understand that sound is heard not only through our ears but through every cell in our bodies. One reason sound heals on a physical level is because it so deeply touches and transforms us on the emotional and spiritual planes."

Drop in the Hall, no reservation needed.

Please arrive 10 minutes before.

Guest 600 rs / Volunteer 300 rs

Aurovilians and Newcomers, conscious contribution

Sathyayuga

WA +917639761930

PITANGA



Pitanga remains closed to the public during the month of June: 2 June – 7 July, for annual maintenance work.

We are happy to welcome you in July again. Your Pitanga Team



Program May 2024

DROP-IN CLASSES *Join without prior registration!*

Mondays

7:30am–9am, **Asanas** with Rachel
8:30am–10am, **Yoga Therapy** with Gala
4pm–5pm, **Doing No-Thing Consciously** with Mike

Tuesdays

No drop-in class on that day for now.

Wednesdays

7:30am – 9am, **Asanas** with Rachel
8:30am – 10am, **Yoga Therapy** with Gala

Thursdays

4:30pm–5:30pm, **Aviva Exercise** for women with Suriyagandhi

Fridays

7:30am–9am, **Asanas** with Rachel
8:30am–10am, **Yoga Therapy** with Gala
3:30–4:30pm, **Reading Circle of Savitri** - An interactive session with Patricia
5:15pm–6:15pm, **For Giving Love** with Marie-Claire

Saturdays

9am–10:30am, **Asanas** (Intermediate level, for regular practitioners) with Rachel, not on 25/5
2:15pm–4:15pm, **Truth Based Relationships**–Practical Sessions with Juan Andrés

YOUTH ACTIVITIES

Classes with Gala and Lisbeth will resume after the summer holidays in July.

CLASSES – BY APPOINTMENT

Art Therapy with Gala

- Thursdays, 3–5pm for adults

- Fridays, 3–5pm for families

Chinese Tea Ceremony with Chun

- Saturdays, 3–4pm
- Do not wear any kind of perfume on this day.

Pitanga supports a cashless economy in Auroville. If you are hosting a guest who'd like to join our activities, kindly inform them that contributions need to be made cashless.

If you wish to receive our program of activities by email, please write to us.

See you at Pitanga, with a smile!

Pitanga Cultural Centre
2622403 / WA 9443902403
info@pitanga.in

TAI CHI CHUAN @ SHARNGA

SUMMER SCHEDULE - MAY 13 TO JUNE 22

Tuesdays - Fridays:

- 7:30-8:00am Chi
- 8:00-9:00am Tai Chi Chuan form



Except May 27 - June 1, when there will be class only on Tuesday 28th and Friday 31st.

MARTIAL ARTS - AIKIDO NEWS - SUMMER UPDATE



Auroville Aikido at AV Budokan (Dehashakti):

Adults' regular schedule for beginners and all levels: During the summer we continue our early classes but discontinue the Wednesday evening and Sunday morning. So, welcome to join this beautiful and complete practice in the form of a Japanese martial art: every **Tuesday, Thursday, Saturday from 6 to 7.30 am** (with N. Murugan and Surya). Reasonable contributions required for the Budokan (a LEAD activity). Children classes (from age 8) will restart in July.

For more info, please contact us: budokan@auroville.org.in and/or call **083001 89062** (Surya) - 099528 12843 (Murugan/WA) - **83006 43963** (Philippe/WA).

VIPASSANA MEDITATION

Date: Every Sunday

Timings: 8:00 AM – 12:00 PM but you can also drop in and join as long as you wish.

No registration is required.

Venue: Udavi School (2nd building on the left when you are at the front entrance), near Tank in Edayanchavadi (Auroville). Location [here](#).



Contact: Sanjay Tumati,
+91 8790982210 (available on WA)
sanjay@auraauro.com

ACTIVITIES & EVENTS

DANCES OF UNIVERSAL PEACE

Dances of Universal Peace
Prayers for Peace
 5:30 - 7:00 pm, Sunday May 26th
 Pavilion Of Tibetan Culture, International Zone, Auroville

Dances of Universal Peace combines simple steps with sacred songs from around the world. All welcome. No prior experience needed. Contributions to the Pavilion of Tibetan Culture are welcome

Dances of Universal Peace combines simple steps with sacred songs from around the world. All welcome. No prior experience needed. Contributions to the Pavilion of Tibetan Culture are welcome

YOUTH CENTER PIZZA NIGHT EVERY SATURDAY 7PM

Youth Center Auroville

Come join our Pizzeria

Savor the best pizza at Youth Center! We craft delectable Italian inspired flavours right here in Auroville.

PIZZA NIGHT

SATURDAY **START AT** 07:00 pm - 09:00pm **YOUTH CENTER** Auroville

STAY TUNED

8428061801 | Youth Center International | @youthcenterauroville

MULTIDISCIPLINARY IMPROVISATION LAB

A CALL TO CO-CREATE MULTIDISCIPLINARY IMPROVISATION LAB

THROUGH DANCE, MOVE, VISUAL ARTS, POETRY, SPOKEN WORD, THEATER, AND MUSIC

- Step beyond labels and redefine your art form.
- Embrace the unknown and explore the interplay between disciplines.
- Safe space for artistic exploration.
- Self-motivated creation.
- Spaciousness for individual expression.
- Recognition of equal value in every movement, sound, and word
- Emotional storytelling through embodied movement and music.

THURSDAYS 5PM TO 7PM CRIPA SMALL HALL
 DISCOVER THE BOUNDLESS POTENTIAL OF COLLABORATIVE IMPROVISATION

TANGO AUROVILLE

wanna STUDY TANGO

AUROVILLE TANGO APRIL
 New batch starts the first week of each month

MON 19:00 Introduction to Tango 20:00 Opensource	WED 19:30 Guided Practica 20:00 Practilonga
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HARMONY Bharat Nivas
 No partner required. Bring socks or dance shoes. And plenty of Joy!

+91 98211 66082 | tango@auroville.org.in

OPPENHEIMER VS ARJUNA | PROF. SEHDEV KUMAR | PRESENTATION

https://youtu.be/V2oB_iLouC4

Oppenheimer vs Arjuna
Fate of the **Earth** & Freedom of **Conscience**
By
Prof. Sehdev Kumar

Video link: https://youtu.be/V2oB_iLouC4

OPPENHEIMER VS ARJUNA | PROF. SEHDEV KUMAR | QUESTION & ANSWER

<https://youtu.be/2W5SOF3nSKc>

Oppenheimer vs Arjuna
with
Prof. Sehdev Kumar
Q & A

Video link: <https://youtu.be/2W5SOF3nSKc>

FOODS, GOODS & SERVICES

SOLITUDE FARM - FRESH LOCAL FOOD

Dear friends,

so much beautiful fresh produce in this season. Subscribe for a basket that can be picked up from Solitude Farm once a week (or more). Salad greens, spinaches, veggies, fruits and more.

9843319260

solitudepermaculture@gmail.com



ANITYA COMMUNITY LUNCH

Our community lunches are still happening during the summer! Contact Serena on WA to book one day in advance: **+91 84897 60966**

Contribution required (discount for AV/ NC and Volunteers) See you at **12:30 on Thursdays and Saturdays** in our community kitchen!

ANITYA
JOY OF IMPERMANENCE
HUMAN UNITY, SUSTAINABILITY & CONSCIOUSNESS

JOIN OUR COMMUNITY LUNCH

Come and taste a delicious local non-spicy vegan meal made from our garden and Auroville farms' products, while sharing a good time with Anitya's community members

Limited seats available

Every Thursday & Saturday- Contribution required

Our project aims at creating settlements in Auroville to experiment a spiritual way of life based on 5 main principles:
Impermanence, Community Spirit, Sustainability, Self-sufficiency and DIY

MUST book min. 1 day in advance: +918489760966

Anitya is a community project registered under LEAD, Auroville Location: Center Field, after center GH, follow the ANITYA signs To know more about Anitya: joyofimpermanence.in



CONTRIBUTE TO CREATIVE YOUTH

CONTRIBUTE TO CREATIVE YOUTH



Empower Young Minds at Youth Center!

***Cause*:** Your contribution fuel educational activities and workshops for young creators.

***Join the Youth*:** Help sustain our legacy! Your support ensures a thriving space for ideation and creativity.

***Make a Difference*:** Be a part of something special. Contribute today and empower the youth!

youthcenterauroville



A BRIEF MESSAGE FROM THE NEW TEAM AT INSIDE INDIA



We want to develop Tourism Building blocks to play with...

Who wants to play with us?

From very short (say an hour to half a day) blocks such as a Yoga class ; a horse back riding walk around AV ; an introduction to Ayurveda workshop ; let's learn the joy of making Dosai and/or chapati... (Our collective imagination is the limit...)

To more elaborated and long offers which could go as far as two weeks on a specific subject or activity like a two weeks rock climbing tour of India ; touring the North of India in search of the best street food ;

And of course everything we may think of in between...

Let's get creative !

Once we have lots of these blocks to play with, we shall be able to offer some very interesting Tours to our customers who we know are after some novelty...

Now, if all this is not quite clear (it surely is ...) yet you feel it resonates with you, just reach out to us by whatsapp on +91 8903196233 or by email at insideindia@auroville.org.in or insideindia@inside-india.com...

A NEW OFFER FOR AUROVILLIANS WANTING A CHANGE OF AIR



Experience Chettinadu

What is included?

- 3 nights stay at a heritage resort in Chettinadu from 29th May 2025 to 1st June 2025
- Transportation
- Breakfast and dinner
- English-speaking guide
- Cooking demo, Bullock cart ride and more...

Bookings open till
28.05.2024, 04:00pm

Contact us for more details:

Office No. 2, Kalpana, Auroville
☎ 0413-2623030 / 8524953784
Email: insideindia@auroville.org.in

* For a minimum of 6 people and maximum of 10 people in a group

REPAIR OF AIR CONDITIONERS, FRIGDES, WASHING MACHINES AND APPLIANCES

Loganathan working at Mahasaraswati Shop (near PTPS, Aspiration area) is a long term Aurovilian that has gained a lot of knowhow through looking after and repairing all kinds of machines. He happily repairs your machines and appliances.

You may contact him via phone / SMS or whatsapp
+91 94434 93025



REDUCED-PRICE MAROMA PRODUCTS FOR ALL AUROVILIANS IN THE OUTLET STORE



Maroma is happy to announce that it is offering all products at reduced prices to all Aurovilians in its **Aspiration Outlet**. Come by and see our great range of all-natural cosmetics, soaps, shampoo and more! Great for gifts to loved ones, including yourself. The Outlet is located in the Maroma Campus in Aspiration and is open **9am - 5pm, Mon-Sat**. See you there!

Much love,

The Maroma Team

AUROVILLE LIBRARY SUMMER TIMINGS

Summer timings for May and June:

- Mon - Sat mornings: 9am - 12.30pm
- Tues - Thurs - Sat afternoons: 4pm - 6.30pm
- Mon - Wed - Fri afternoons: closed

Storytime for children will continue through summer - Saturday mornings 10am - 11am



FOODPATHSAUROVILLE.COM - WHAT IS A CSA?



Community Supported Agriculture (CSA) originated in Japan and Switzerland in the 1960s and 1970s as a response to concerns about food safety and the urban-rural divide. Since the 1980s, community-supported farms have been organized throughout North America. The basic CSA model involves consumers purchasing a share of a farm's produce in advance, receiving regular deliveries of fresh, seasonal produce throughout the growing season.

We tell you more about CSA in the [latest blog article](#). You will get an overview of the different models and financing plans. Also, see how it is developing today in India and around the world.

And [know your produce](#): check out the pages on [mango](#), [papaya](#), [long beans](#) and more.

Isabelle M (Dana)



LIGHT FISH PHOTOGRAPHY STUDIO AURELEC

Services:

- Fashion Photography
- Product Photography
- Food Photography
- Architectural Photography

Phone: 8279300821
sales@light-fish.com



SURABHI SUPPLIES

Dear Auroville Community,

Surabhi Supplies is dedicated to aiding individual community members, units, and projects in **acquiring a wide range of materials and equipment**, including but not limited to construction supplies, appliances, machinery, and more.

Our service offers several advantages to the community, such as **reduced prices** achieved through **bulk purchases** and **volume-based discounts**. We have established strong partnerships with various manufacturers and dealers who share our commitment to advancing Auroville's development.

Our primary goal is to streamline the procurement process for everyone, thus saving valuable time, energy, and costs while providing a high level of service to the community.

If you have any inquiries, please don't hesitate to reach out to us at:

Email: surabhisupplies@auroville.org.in

Phone: +91 98438 46458 (WhatsApp/Call)

Sincerely,
Surabhi Supplies

RAPID CARE SERVICES RCS

Dear Residents,

We are happy to announce that **Rapid Care Services** have successfully completed one year. We began operations in December 2022.

We take this opportunity to thank all the people who believed in us. Reach out to us for any enquiries that need our assistance in home and yard work. Look forward to your continued use of our services in the future.



Category	Services
Metal Works	Channels , Doors , Piping , Fabrication
Plumbing	End to End, Job works
Furniture	Repairs, Made to order
Masonry	Repairs, Renovations and Remodulation
Painting	End to End, Job works
General Maintenance	Floor Waxing, Powder Coating, Fumigation, All Home Utilities
Installations	Washer and Dryer, Air Conditioner, Inverter, Dth, Security Camera
Electrical Works	Wring, Meter box, Lights, Switches & Sockets, Motion sensor.

Contact: + 91 8270071581 / +91 7639810621

Primary Email: rapidcare@auroville.org.in

Secondary Email: rscrapidcareservice@gmail.com

Instagram handle: @rapidcare1

For Rapid Care
Balaji & Arun

WE CAN HELP TO FIX ALL YOUR BROKEN ITEMS

New Waves, a unit registered under Kattidakali Trust located in Aurelec Premises, Prayogashala, Auroville is offering the services of **PCB Assembly, SMD soldering, de-soldering** and **minor repair of appliances**.

The unit can also undertake sub-contract of your production work on job work basis.

If you have any requirements, please contact Dhandapani, Executive at 0413-2622295,

Mobile 9443090082 / 8098193820 or via e-mail to newwaves@auroville.org.in



ECO FEMME OPEN HOUSE

THURSDAYS AT 10.30 AM

ECO FEMME OPEN HOUSE



Dear Friends,

Come join our Open House every **Thursday at 10.30 AM**. We hold these at our office in Auroshilpam, just behind Auromode.

We'll teach you about sustainable menstrual products and our not-for-profit programs, and you can pick up discounted cloth pads, cups and cloth nappies.

See you soon!

The Eco Femme Team

AIRCON CLEAN OFFERS COMPREHENSIVE AIR CONDITIONER CLEANING SERVICE KNOWN AS "JET SERVICE".



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Save up to 30% power usage with a regular cleaning service.

Contact **AIRCON CLEAN** now at 9786809518 or email us at airconclean.av@gmail.com

Regards, Julien.

STUDIO BASED ART THERAPY AND COUNSELING

tialovesart@gmail.com / www.createandtransform.org

STUDIO BASED ART THERAPY AND COUNSELING

individual * group * family

a service under MAATRAM



Therapy can be creative and non-threatening for help with:

- Anxiety
- Depression
- Trauma
- Life Issues

Trauma Informed Art Therapy & Counseling:

- Client Centered,
- Strength Based,
- Solution Focused,
- Incorporating CBT and a creative, eclectic tool box.



Tia Pleiman, MA, ATR, NCC, LPC

tialovesart@gmail.com

www.createandtransform.org

WA 7094007610

Aurelec, Kuilapalayam, Auroville

ARE YOUR TREES GETTING THE CARE THEY NEED!?

At **TreeCare** we have been working hard to expand our services and reduce our wait time. Call us today for a free visit & consultation.

Contact us through
+91 **90420 59890** or
office@treecareindia.com.



We have always believed in providing the best quality services, as well as educating people about the field of ARBORICULTURE and its importance in today's landscape.

Warmly,
TreeCare Team

DROPZY

Dropzy
Food, Groceries,
Fruits & Veggies,
Body Care,
Wellness, etc.

Stay home, order
and access. We'll
drop it to you.

Dropzy is made locally
by 150dpi, an Auroville activity.

www.dropzy.in
8098144686

Dropzy is a multipurpose mobile app platform for ordering and accessing information from a wide range of in and around Auroville eateries, grocers, bakers, farms, therapists, professionals etc. **Dropzy** delivery personnel will pick up the orders from the outlets/stores; deliver them to the customers at their doorsteps and convenience.

Kindly do download the mobile app to register yourself to place orders supporting the outlets in and around Auroville and to find out relevant information to your needs.

Download link as shown below:

Android
<https://rb.gy/32zcix>

iPhone
<https://rb.gy/visp4c>

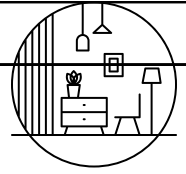
Desktop
<https://rb.gy/bpnud5>



Stay tuned in to our announcements and the app regularly, for more updates.

Best regards, Sathish Arumugam / For Dropzy
Mobile: +91 8098144686 / www.dropzy.in

LOOKING FOR



LOOKING FOR HOUSE FURNITURE

My name is Anita, I'm a newcomer working at the language lab. I have found a house sitting and I am in urgent need of some furniture.

If you have chairs, tables, or sofa you no longer use, I would be very grateful.

You can contact me here: 7092561969

Sincerely yours,
Anita

INSIDE INDIA IS LOOKING FOR PHOTOS



Namaste, Bonjour, Hello and Vanakkam.

We are the new team at Inside India. We want to reach out to our Auroville community in search of great shots of Auroville, the Bio-region, Pondicherry, Tamil Nadu, Kerala, well anywhere in India as well... Photos that tell a story... Photos of rather good quality so that they might be used and shared on our website and other promotional support including some brochures for Tours...

If you have some and feel like sharing them, showing them to the world you may contact us by WhatsApp on +91 **89031 96233** and/or by email on insideindia@auroville.org.in or insideindia@inside-india.com...

Looking forward to seeing some nice images soon...

AV RADIO IS LOOKING FOR INTERVIEWERS



Dear Community,

Auroville Radio and Inner Being team are looking for interviewers who could conduct interviews in their mother tongue on the topic of : "Our relationship with our Inner and Psychic Being."

We look for interviewers in: English, German, Italian, Korean, Russian, Spanish and Tamil.

If you would like to take part in this project, please send an email to innerbeing.auroville@gmail.com

Follow us on <https://www.aurovillradio.org/author/inner-being-team>

We thank you in advance for your kind interest.

Matthew (AV Radio) and Dan (IB Team)

FO GROUPS NEWS

(not selected by due Residents Assembly process)

FROM THE FO N&N 1027

Please click [HERE](#) to read the FO Groups News

FRENCH NEWS & NOTES

NOUVELLES D'AUROVILLE



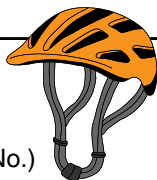
Click [here](#) to read the **French News&Notes**
or
Scan the QR code:



AVAILABLE

KIDS HELMET

Helmet for children available for donation.
Please contact: +917826914564 (WhatsApp No.)
Lorenzo



CACAO PLANTS



Dear plant lovers,

I'm sprouting some cacao plants from a plant grown in Auroville 6 years ago from Karnataka.

Let me know if you would like to have one, I will have around 50 plants.

They are at Marcscafe.

Matilde

TAXI SHARE



REGULAR TAXI TO SRI MA IN MAY

If you're interested to share a taxi to Sri Ma once a week in the month of May get in touch to reserve a place

Isha
message: +91 96555 34514

TAXI TO CHENNAI AIRPORT ON MAY 24, 6:45AM

Hello, I'm looking for someone to share a taxi to Chennai Airport on May 24 departing at 6:45am. Please email me:

perineaualexia@gmail.com

Alexia

CINEMA

MMC ANNOUNCEMENT

Dear All:

Aurofilm is taking their annual break in May-June 2024 and hence there will be no Friday evening films from now through June.

So, on Fridays 17, 24, 31 May; 7, 14, 21, 28 June 2024, and as of now also 26 July 2024 -- if there are groups or individuals who want to book evening programs you can. For example, you can plan a program starting at 5pm ending by 7:30pm. Provided that the program ends by 9:30pm it should be fine.

Booking procedure will remain the same. If interested, you can decide on a date(s), starting and ending time of your intended program and write to us at mmcauditorium@auroville.org.in to inquire about availability. We go from there.

Thank you,
With Best regards
Multimedia Center (MMC) Team



ACCESSIBLE AUROVILLE PUBLIC BUS

avbus@auroville.org.in / +91 94430 74825

Auroville TO PONDICHERRY

	Trip 1	Trip 2	Trip 3
Svaram Musical Center	7:00	8:50	14:50
Vérité Guest House - Junction	7:02	8:52	14:52
Town Hall - Main Parking	7:06	8:56	14:56
Solar Kitchen (Ex Round About)	7:10	9:00	15:00
Certitude Entrance	7:12	9:02	15:02
New Creation Road	7:17	9:07	15:07
SBI Bank—Kuilapalayam	7:19	9:09	15:09
ECR Junction—Aroma Guest House	7:23	9:14	15:14
Quiet Healing Center—Junction	7:26	9:17	15:17
Lotus Hotel—S.V Patel Salai	7:36	9:30	15:30
Ashram Road Junction	7:38	9:33	15:33
Ashram Dining Hall	7:40	9:35	15:35

Pondicherry TO AUROVILLE

	Trip 1	Trip 2	Trip 3
Ashram Dining Hall	8:00	12:15	18:10
Ashram Road Junction	8:02	12:17	18:12
Lotus Hotel—S.V Patel Salai	8:07	12:22	18:17
Quiet Healing Center—Junction	8:17	12:32	18:27
ECR Junction—Aroma Guest House	8:20	12:35	18:30
SBI Bank—Kuilapalayam	8:25	12:40	18:35
New Creation Road	8:27	12:42	18:37
Certitude	8:32	12:47	18:42
Solar Kitchen (Ex Round About)	8:34	12:50	18:44
Town Hall - Main Parking	8:38	12:54	18:48
Vérité Guest House - Junction	8:42	12:58	18:52
Svaram Musical Center	8:45	13:00	18:55

- Monthly Rs. 800: Aurovilians & Newcomers, No validity
- Student Pass Rs. 1200 per month/ 24 days round trip
- Rs. 150 Round trip for Aurovilians & Newcomers
- Rs. 200 Round trip for guests

Bus passes are available at
Auroville Vehicle Service,
Town Hall, Auroville, 0413 2623302



EMERGENCY NUMBERS

Ambulance (24/7):

Auroville 9442224680	PIMS 0413 2656271	
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Security (24/7):

Auroville Police Station 0413 2677318	Kottakuppam Police Station 0413 2236148	Vanur Fire Station 0413 2677368
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Health:

Health Center 0413 3509942 & 3509943	Santé 0413 2622803	Farewell 8903836246
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Mental health 24/7 support:

Vandrevala Foundation +91 9999666555

India Emergency Response Service (24/7): 108



Cinema Paradiso

Multimedia Center (MMC) Auditorium

Film program 27 May 2024 - 02 June 2024

Cinema Paradiso-Multimedia Center is operating at 100% seating capacity.

Seating starts about 15mins before screening and stops as the film starts. Kindly arrive in time.



A reminder not to use cell phone for any reason while the program is on, and no food/beverage to be taken inside the hall.

Indian - Monday 27 May, 8:00 pm:

- **AMAR SINGH CHAMKILA**

India, 2024, Writer-Dir. Imtiaz Ali w/ Diljit Dosanjh, Parineeti Chopra, Apinderdeep Singh, and others, Biography-Music, 145mins, Hindi-Punjabi w/ English subtitles, Rated: NR (PG-13) In this biography, Amar Singh, born in a Dalit family, working in a factory, took the decision to break free to follow his musical passion. He got to apprentice under a famous singer, Jinda, but never got credit for the songs he composed. Until one day luck favored him and he could perform. The crowd liked him so much that they did not want to listen to Jinda anymore. Such was the power of his voice and lyrics. The film follows his life's events following his death that remains unsolved.

Potpourri - Tuesday 28 May, 8:00 pm:

- **NIGHT ON EARTH**

UK-France-Germany-Japan-USA, 1991, Writer-Dir. Jim Jarmusch w/ Winona Ryder, Gena Rowlands, Lianne Falk, and others, Comedy-Drama, English=French=Italian=Finnish=German w/ English subtitles, Rated: R

A collection of five stories involving cab drivers in five cities - Los Angeles, New York, Paris, Rome, and Helsinki. In each the cab driver and the passenger have an unique and remarkable encounter over one eventful night. In on the passenger would like to cast the cabbie in her next film, in another the immigrant cabbie is lost in an alien city and culture. Each human interaction unique and remarkable over one eventful night.

Interesting - Wednesday 29 May, 8:00 pm:

- **MEDENA ZEMJA (Honeyland)**

North Macedonia, 2019, Writer-Dir. Tamara KotevskaLjubomir Stefanov w/ Hatidze Muratova, Nazife Muratova, HusseinSam, and others, Documentary-Drama, 89mins, Serbo-Croatian-Serbian-Croatian-Turkish-Macedonian-Bosnian w/ English subtitles, Rated: NR (PG)

The last female bee-hunter in Europe must save the bees and return the natural balance, when a family of nomadic beekeepers invade her land and threaten her livelihood. A much-acclaimed film in honor of the World Bee Day on 20 May!

Selection - Thursday 30 May, 8:00 pm:

- **HEOJIL KYOLSHIM (Decision to Leave)**

South Korea, 2022, Dir. Park Chan-Wook w/ Tang Wei, Park Hae-il, and others, Drama-Mystery, 139 mins, Korean w/ English subtitles, Rated: R.

From a mountain peak in South Korea, a man plummets to his death. Did he jump, or was he pushed? When detective Hae-joon arrives on the scene, he begins to suspect the dead man's wife Seo-rae. But as he digs deeper into the investigation, he finds himself trapped in a web of deception and desire.

International - Saturday 1 June, 8:00 pm:

- **WALAD MIN AL- JANNA (CairoConspiracy)**

Sweden-France, 2022, Writer-Dir. Tarik Saleh w/ Tawfeek Barhom, Fares Fares, and others, Drama-Thriller, 126 mins, Arabic w/ English subtitles, Rated: NR (PG)

Adam, the son of a fisherman, is offered the ultimate privilege to study at the Al-Azhar University in Cairo, the epicenter of power of Sunni Islam. Shortly after his arrival the university's highest ranking religious leader, the Grand Imam, suddenly dies and Adam soon becomes a pawn in a ruthless power struggle between Egypt's religious and political elite.

Children's Matinee- Sunday 2 June, 4:00 pm:

- **TROLLS BAND TOGETHER**

USA, 2023, Dir. Walt Dohrn & Tim Heitz w/ Anna Kendrick, Justin Timberlake, Kenan Thompson, and others, Animation-Adventure, 91mins, English-Spanish w/ English subtitles, Rated: PG

Poppy discovers that Branch was once part of the boy band 'BroZone' with his brothers, Floyd, John Dory, Spruce and Clay. When Floyd is kidnapped, Branch and Poppy embark on a journey to reunite his two other brothers and rescue Floyd.

MARCEL PAGNOL FILM FESTIVAL @ CINÉ-CLUB

Ciné-Club Sunday 2 June, 8:00 pm:

- **MANON DE SOURCES**

France, 1986, Dir. Claude Berri, w/ Yves Montand, Emmanuelle Béart and others, Drama, 117 mins, French w/ English subtitles, Rated: R

The sequel to Jean de Florette, released the same year. Manon has lost her father and seen her family's livelihood ruined through the greediness of her neighbours Ugolin and his grandfather Cesar. Now grown and living in isolation from the village, she plots revenge against the men for their misdeeds.

Rating codes we often use are from Motion Picture Association of America (MPAA): G=General Audiences, PG=Parental guidance suggested, PG-13=Parents strongly cautioned, R=Restricted (equivalent to Indian rating: A i.e., for Adults), NR=Film Not rated, Rating awaited.

To organize a seminar/program at MMC kindly email us at mmcauditorium@auroville.org.in. Our projector is crawling towards the end of its life, compelling us to look for a new one. You could financially support through a one-time or recurring donations to "Cinema Paradiso" (account #105106) or set up for a monthly contribution.

Thanking You,
MMC/CP Group Account# 105106,
mmcauditorium@auroville.org.in

