Auroville NEWS & NOTES

No 1022 - A weekly bulletin for residents of Auroville

11 April 2024



PONDERING

There is no end to the wonders of the universe. The more we get free from the limits of our small ego, the more these wonders disclose themselves to us.

> The Mother (CWM-15, P. 5)



HOUSE OF MOTHER'S AGENDA

(continued from last week)

CHAPTER XXVII - THE GNOSTIC BEING

In a gnostic being there could be no conflict between selfaffirmation of the ego and a control by super-ego; for since in his action of life the gnostic individual would at once express himself, his truth of being, and work out the Divine Will, since he would know the Divine as his true self and the source and constituent of his spiritual individuality, these two springs of his conduct would not only be simultaneous in a single action, but they would be one and the same motor-force. This motive power would act in each circumstance according to the truth of the circumstance, with each being according to its need, nature, relation, in each event according to the demand of the Divine Will upon that event: for all here is the result of a complexus and a close nexus of many forces of one Force, and the gnostic consciousness and Truth-Will would see the truth of these forces, of each and of all together, and put forth the necessary impact or intervention on the complex of forces to carry out what was willed to be done through itself, that and no more. In consequence of the Identity present everywhere, ruling everything and harmonising all diversities, there would be no play of a separative ego bent on its own separate selfaffirmation; the will of the self of the gnostic being would be one with the will of the Ishwara, it would not be a separative or contrary self-will. It would have the joy of action and result but would be free from all ego claim, attachment to action or demand of result; it would do what it saw had to be done and was moved to do. In mental nature there can be an opposition or disparity between self-effort and obedience to the Higher Will, for there the self or apparent person sees itself as different from the supreme Being, Will or Person; but here the person is being of the Being and the opposition or disparity does not arise. The action of the person is the action of the Ishwara in the person, of the One in the many, and there can be no reason for a separative assertion of self-will or pride of independence.

On this fact that the Divine Knowledge and Force, the supreme Supernature, would act through the gnostic being with his full participation, is founded the freedom of the gnostic being; it is this unity that gives him his liberty. The freedom from law, including the moral law, so frequently affirmed of the spiritual being, is founded on this unity of its will with the will of the Eternal. All the mental standards would disappear because all necessity for them would cease; the higher authentic law of identity with the Divine Self and identity with all beings would have replaced them. There would be no question of selfishness or altruism, of oneself and others, since all are seen and felt as the one self and only what the supreme Truth and Good decided would be done. There would be in the action a pervasive feeling of a self-existent universal love, sympathy, oneness, but the feeling would penetrate, colour and move in the act, not solely dominate or determine it: it would not stand for itself in opposition to the larger truth of things or dictate a personally impelled departure from the divinely willed true movement.



This opposition and departure can happen in the Ignorance where love or any other strong principle of the nature can be divorced from wisdom even as it can be divorced from power; but in the supermind gnosis all powers are intimate to each other and act as one. In the gnostic person the Truth-Knowledge would lead and determine and all the other forces of the being concur in the action: there would be no place for disharmony or conflict between the powers of the nature. In all action there is an imperative of existence that seeks to be fulfilled; a truth of being not yet manifested has to be manifested or a truth manifesting has to be evolved and achieved and perfected in manifestation or, if already achieved, to take its delight of being and self-effectuation. In the half-light and half-power of the Ignorance the imperative is secret or only half-revealed and the push to fulfilment is an imperfect, struggling, partly frustrated movement: but in the gnostic being and life the imperatives of being would be felt within, intimately perceived and brought into action; there would be a free play of their possibilities; there would be an actualisation in accordance with the truth of circumstance and the intention in the Supernature. All this would be seen in the knowledge and develop itself in act; there would be no uncertain combat or torment of forces at work; a disharmony of the being, a contradictory working of the consciousness could have no place: the imposition of an external standardisation of mechanised law would be entirely superfluous where there is this inherence of truth and its spontaneous working in act of nature. A harmonic action, a working out of the divine motive, an execution of the imperative truth of things would be the law and natural dynamics of the whole existence.

(to be continued next week)

- Sri Aurobindo, THE LIFE DIVINE, Pages 1041-1043

aurobindo.co.in/workings/sa/37 21 22/the life divine 21 22.pd

With love and gratitude, Gangalakshmi (HOMA)



DEADLINE FOR SUBMISSIONS: TUESDAY 5PM

The content of News & Notes is a reflection of the growth process of this community towards its ideals of Harmony, Goodwill, and Truth. Editing of submissions, mainly for reasons of space and clarity, is done according to an established policy.

How to submit material:

- Max size of posters should be 1 MB, JPEG format. Bigger posters will be reduced or cropped to fit.
- Please AVOID CAPS letters
- Material (no pdf files, please) may be sent in English only to newsandnotes@auroville.services
- Articles for the Notes section should ideally be no longer than 500 words.
- Please try your best to send your announcements, reports, film schedules whenever they are ready. Any modifications of submitted News items must be sent to the editors before **Tuesday 5pm.**

DISCLAIMER:

Please note that the opinions and views expressed on these pages are solely those of the respective authors or work groups and do not necessarily reflect the position of the editors or the larger Auroville community. The News & Notes aims to provide a platform for the publication of diverse perspectives and voices from multiple sources within Auroville.

While our editors strive to ensure the accuracy of the information presented, we cannot guarantee that all information is free from error or omission. Additionally, we cannot be held liable for any alleged misinformation provided or offence caused by the content published.

In the event of any dispute, we encourage readers to consult with the Auroville Council, and we reserve the right to suspend the publication of disputed material. Our commitment to providing an open and inclusive platform for dialogue and exchange of ideas remains steadfast.

The News and Notes team newsandnotes@auroville.services

LIST OF ACRONYMS:

AVF (Auroville Foundation), **AVFO/FO** (Auroville Foundation Office), **GB** (Governing Board), **RA** (Residents Assembly)

The following groups are divided in two categories: The groups selected by the Residents Assembly through Community decision making Processes and the groups put together by the GB and the FO (not recognised by the Residents Assembly).

Working groups selected by the Residents Assembly:

Working Committee (WCom) Funds and Assets Management Committee (FAMC) Budget Coordination Committee (BCC) Town Development Council / L'avenir d'Auroville (TDC)

Auroville Council (AVC) Entry Service (ES)

FO selected groups:

Working Committee (WC) Funds and Assets Management Committee (FAMC) Budget Coordination Committee (BCC / BCS) Auroville Town Development Council (ATDC)

Housing Service (HS) Land Board (LB)

CONTENTS

House of Mother's Agenda Guidelines / Table of Contents / Acronyms **RA WORKING GROUPS NEWS COMMUNITY NEWS** COMMUNITY SHARING Voices & Notes Awakening Spirit Art & Culture Poetry Job Opportunity Health Education Classes, Workshops & Healing Arts Activities & Events **Cultural Announcement** Foods, Goods & Services Looking For / Taxi share French N&N AV Public Bus / Emergency Numbers Cinema Cinema Paradiso Program: ECO FILM FEST

NOTE FROM THE EDITORS

Dear Community,

Here is some important information:

- You can read past issues and subscribe HERE.
- If you wish to support the N&N community Edition, you can donate at this account Nr: FS #252150
- Content sent through @auroville.org.in mail ID, will only reach us if you use this **FORM** to submit your content.
- The mail ID to submit content is: <u>newsandnotes@auroville.services</u>.

Thank you for your continued support!

In community, The RA Community Edition News and Notes Team

FROM THE ENTRY SERVICE

ES # 223 DATED: 11-04-2024

LEFT ON HIS/HER OWN:

- Adele LACENERE (Italian)
- Zinab Beygom TAHERI aka Marjan (Iranian)
- Etsuko SHIMABUKURO (Japanese)

If you need to contact the Entry Board, write to: auroville.entryboard@gmail.com

FROM THE AUROVILLE COUNCIL

RA AND AVC RESOLUTION OVERVIEW AND ERRATA

Dear Community

We would like to update you on some of the specifics regarding recent resolutions issued by the Auroville Council, including decisions and oversights.

In 2023, the Auroville Council issued several resolutions for ratified RADs as "resolutions of the Auroville Council" whereby the Auroville Council affirmed the result. Strictly speaking, this was inaccurate because RADs ratified by the RA are actually "resolutions of the Residents' Assembly". We have adjusted this, from the last resolution issued in 2023 onwards.

For 2024, in consultation with the Working Committee, we have changed the reference number system for resolutions of the Residents' Assembly from:

-Working Group / Number / Year (eg. AVC / 01 / 2023) to -RAD / Number / Year / Working Group (eg. RAD / 01 / 2024 / AVC or WCom),

and, moving forward, the RAS will maintain a log of resolution numbers for ratified RADs, to be referenced by the Auroville Council or Working Committee depending on which group will issue the resolution on behalf of the Residents' Assembly.

Combined, these changes allow for more flexibility and better continuity while issuing and maintaining the "Resolutions of the Residents' Assembly".

For Auroville Council resolutions (not RA resolutions) the reference number system will remain the same as before (eg. AVC / 01 / 2023).

There have also been some mistakes made with the numbering of resolutions published in 2023. Please find links to the resolutions with their corrected reference numbers below:

- <u>AVC/01a/2023</u> 24th March 2023 Resolution of the Auroville Council to remove the News & Notes managers
- <u>AVC/01b/2023</u> 28th April 2023 Resolution of the Auroville Council to appoint managers of the News & Notes
 <u>AVC/02/2023</u> - 5th May 2023 - Resolution of the Auroville
- <u>AVC/02/2023</u> 5th May 2023 Resolution of the Auroville Council to appoint new members of the RAS
- <u>AVC/03/2023</u> 16th August 2023 Resolution of the Auroville Council affirming the ratification of the RAD on "Emergency RAD by RA"

- <u>AVC/04/2023</u> 16th August 2023 Resolution of the Auroville Council affirming the ratification of the RAD on "Emergency functions of the WCom of the RA to select members of the working groups"
- <u>AVC/05/2023</u> 10th November 2023 "Resolution of the Auroville Council affirming the ratification of the RAD on "Unauthorized removal of residents from Register of Residents (ROR)"
- <u>AVC/06/2023</u> 26th December 2023 "Resolution of the Residents' Assembly - The Auroville Council affirms the result of the RAD making process appointing the Exit Review Group (aka Termination Committee) as per the Auroville Foundation

(Admission and Termination of Persons in the register of residents) Regulations 2020.

There is an errata regarding the resolution reference number for the RAD result announcement sent via Massbulletin on the 12th of March 2024. This error occurred because the Auroville Council had not informed the RAS in a timely manner of the change in the numbering of resolutions.

Please find below the RA Resolutions issued in 2024 using the new reference number system:

- <u>RAD/01/2024/AVC</u> 30th Jan 2024 "Resolution of the Residents' Assembly. The Auroville Council affirms the result of the RAD making process on "Usurpation of powers given to the RA over Admission and Termination as per the Auroville Foundation Act 1988"
- <u>RAD/02/2024/AVC</u> 7th Feb 2024 "Resolution of the Residents' Assembly

The Auroville Council affirms the result of the RAD making process regarding the selection of the WCom"

 <u>RAD/03/2024/AVC</u> - 15th March 2024 - "Resolution of the Residents' Assembly The Auroville Council affirms the result of the RAD making process regarding the WCom Emergency Function and FAMC"

Thank you for your attention,

Kind regards, Auroville Council

COMMUNITY NEWS

COMMUNITY SHARING

** TREQUEST TO HALT THE EXCAVATION OF THE MATRIMANDIR LAKE FOR AN INTEGRATED DEVELOPMENT PROCESS *****

Dear community,

If you are alarmed and concerned about the ongoing excavation of the Matrimandir lake, and would like to sign a petition regarding this matter, please click on the link: <u>https://forms.gle/ovLcJuB1vLViWhzs9</u>

Concerned Residents

FROM THE RAS



SELECTION PROCESS 2024 CALL FOR FEEDBACK 9th April – 23rd April 2024

Dear Residents,

We are happy to inform you that the nomination phase of the selection process is over. We invite you now to share constructive feedback on nominees who stepped forward to serve in one of the working groups: Auroville Council (6 open vacancies), Entry Board (6 vacancies) and Working Committee (2 vacancies).

LIST OF NOMINEES

Auroville Council

- Arumugam Asokumar (Ashokfarm);
- Isabelle (Realization);
- Lucas (Aurobrindavan);
- Martin (Samriddhi);
- Naradi (Arati);
- Praveen Raj (New Community);
- Ramesh (Acceptance);
- Sathiya (Aspiration).

Entry Board

- Amy Bassett (International Zone);
- Dan (Prarthna);
- Don (Vibrance);
- Fabienne (Sukhavati);
- Ganesh (Aspiration);
- Julietta (Arati);
- Marlenka (Arati);
- Mila (Luminosity);
- Mirco (Aurodam);
- Ocean (Angiras Garden);
- Thamu (Hamanscapes);
- Vadivel (Kuilapalayam).

Working Committee

- Kripa (Sharnga);
- Matthieu (Dana);
- · Prashant (Certitude);
- Romel (Felicity).

HOW

Please find the profiles of candidates: <u>https://ln.run/YgJfU</u>

... and fill in a feedback form here:

https://auroville.formstack.com/forms/sp 2024 feedback on nomi nees

FEEDBACK WILL RUN UNTIL TUESDAY, APRIL 23

Kindly note:

"The feedback giver can choose to remain anonymous to the Selection Teams, however his/her name will be recorded by the RAS.

The feedback will be provided anonymously to the nominee, who will have the opportunity to respond or withdraw their nomination. If any nominee withdraws, the feedback will be deleted.

The feedback and responses will be provided to all the Selection Teams (see section 6), who will decide if the feedback is relevant or significant. The feedback will be used only as pertinent information to inform the selection of the working group members and will not result in any person being disqualified prior to the selection process.

The feedback is shared only with the Selection Teams and is not made public. Members of the Selection Teams and the RAS are asked to maintain strict confidentiality, and will not share feedback or names of those giving feedback anonymously" (PWG 2022, Part 3, 3): <u>https://shorturl.at/iCPZ2</u>.

~ Much love, For the Residents' Assembly Service Manas, Tatiana

DREAMWEAVING 2024: BUILD TO ENVISION MEETING FOR PARTICIPATION

Thank you to the 50+ participants who've signed up for Dreamweaving 2024. Join us for a brief meeting at Unity Pavilion on

April 13th (Saturday), 4:00 pm - 5:30 pm.

Agenda:

- Creating support teams
- Channeling participation
- Updates on the project
- Introduction to next steps



The Dreamweaving process requires representatives from specific focus areas who can bring in the key challenges, questions and considerations from that focus area. These areas are: Health, Youth, Art/Culture/Social, Food, Bio-Region, Green, Tourist and Volunteer Sector, Economy (service oriented).

If you would like to be a representative, we invite you to attend the meeting and join the team! We also request you to share this invitation with other community members who may be interested in becoming representatives.

This meeting is specifically for people who want to get directly involved in the process and a summary of the meeting will be shared with the community as an update.

We are looking forward to having many participants for this meeting and hoping that we are able to create the needful support team so as to move forward with the process.

Dreamweaving - Designweave Team (Bhavya, Henrik, Radhika, Shivangi)

VC CAFETERIA: CHALLENGES, CONNECTION AND SUPPORT TO THE COMMUNITY

Dear Community,

The Cafeteria at Visitors Centre is facing a request of massive increase in compulsory contributions to Visitors Centre.

If this goes through we will end up giving a total of almost 30% of our turnover in compulsory contributions.

We are trying to reduce this demand but do not know how it will end up.

Anyway it means we have to raise our prices in order to manage.

This raise is on some items only so that organic quality food remains affordable.

In these times where a lot of people are struggling financially, in order not to penalise Aurovilians we have raised the Aurovilian / Newcomer discount of all our food to 30%

and 15% for Volunteers holding SAVI aurocard so you will end up paying same amount on most items.

Your Cafeteria team.



TALKIN' TRASH

Talkin' Trash was a regular feature of N&N for a couple of years. Times have changed but the Ecoservice is still trying to do something about our overload of landfill (see photo). We're still dumping 3 tons a month into a hole in the ground that will pollute the water-table and contaminate the soil. Not acceptable for a city the Earth needs.

Our Masterplan contradicts itself by virtually calling for zero waste while positioning a dump near the Visitors' Centre. Now we're dumping on some Auroville land out past the Botanical Garden.

Six village ladies and a couple of supervisors poking through our daily waste accumulation won't do it without the support of each of us living here. Segregation has to begin at home. Paper, plastic, metal and glass. Clean and dry. That's valuable.



That's not waste. San Francisco got to zero waste. Auroville can too. Stay tuned for all the tips and tricks.

We hope having our weekly pickup schedule come to you by mass mail is helpful. Ecoservice is open daily. All are welcome to be involved in whatever way you can.

Your Ecoservice Team

SAIIER CALL FOR PROJECT PROPOSALS

Dear community,

SAIIER, the Sri Aurobindo International Institute of Educational Research, supports innovative education-related projects to be conducted and completed during the financial year. Individuals, sub-units and groups can propose projects. Support can be requested for human resources as well as material costs.

SAIIER is accepting project proposals for 2024-25 under three headings: (1) Research, (2) Activities and (3) Publications.

Please write to <u>saiier@auroville.org.in</u> to request these application forms.

The deadline for proposals is **30th April 2024** to be considered in the first batch.

Kristen SAIIER office

CALL FOR GRANT PROPOSALS SDZ FUNDING IN 2024

The Project Coordination Group (PCG) will be meeting to process grant proposals for possible funding by Stichting De Zaaier in 2024. The last date to submit proposals for this call is **Monday, 22 April 2024**. You are welcome to submit earlier or to send us a draft version of your proposal for comment prior to the due date.

For application forms or more information please write to pcg@auroville.org.in

All documents related to this purpose are to be submitted in the prescribed forms as attachments, emailed to pcg@auroville.org.in

NB Please note that in case your proposal is not ready by this date, there will be another call for proposals for SDZ later this year.

VOICES AND NOTES

MATRIMANDIR LAKE ISSUES AND SOLUTIONS.

The senseless frenzy of activity in the Lake, with JCB's and lorries now working two shifts - day and night - piling up earth where they will eventually have to remove it, killing trees by covering them over, is hard to grasp in any rational sense. It is as though the Matrimandir executives are in a desperate drive to accomplish something they know is doomed. To top it off there is no comprehensive plan for anything; neither the lake nor the outer gardens. This digging is wrong on so many levels, and has very little support within the community.

How did we reach this point, where Mother's vision for a beautiful and harmonious lake, became a monstrous black plastic lined pit with no water to fill it?

Up until about 2005 the lake that Roger Anger had in mind was much smaller and less deep, with a maximum width of 60 meters with a possible varying outer contour. Going back further to the Rosewood model from the 70's that is in the Visitor's Center you see that it is just a channel of perhaps 15 meters. What is evident is that what is being built now is not based around the common will or wishes of the community nor is it a response to the needs of the city, and even less so a call for beauty, but was rather driven by the two personalities of Roger Anger and Michael Bonke. Neither of whom had any experience of lakes or water.

Though the Mother mentioned the possibility of the lake as a reservoir, the Mother's guidance in the physical manifestation of things included a pragmatic and practical approach with a lot of flexibility. No dogma. The Bonke Plastic and granite -chip lake is not practical or beautiful or necessary in our current climate nor does it meet modern environmental criteria. The nightmare that we are presented with is not a refinement over the years of a more and more beautiful lake according to Mother's vision. It is a brutish concept buttressed by more and more absurd science and unnecessary requirements. Often so called necessities are only created to justify a wrong premise.

ON BEAUTY.

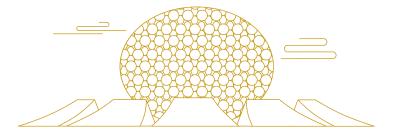
'It [the gardens] must be a thing of great beauty, of such beauty that when people come they will say "Ah, this is it." It must be an expression of that consciousness which we are trying to bring down'. The Mother.

The current state of the Matrimandir gardens are in a flux, different ideas have been or are being tried and have mostly failed. A proper aesthetic/design language that joins the Matrimandir to the natural world is still being sought out. A certain adaptability and flexibility has to be inherent in the design. Removing approximately one million cubic meters of earth is not adaptable. That earth cannot conceivably be returned to the same spot to fill a hole we just dug.

Even if we are not clear of what this beauty is, I believe there are certain principals that we can follow.

Firstly this attempt at beauty must be at the top, it is not subservient to possible practical needs such as a reservoir.

It should not be compromised by the choice of materiel. We should use only the highest materials; materials that are durable and can stand the test of time. Perhaps when the Mother talks of ' in the Japanese way ' she could be talking not only about aesthetics but also the consciousness with which materials are used. Therein lies the need of an inherently receptive matter. I don't find plastic lining fulfills any of these criteria. Nor does kilometers of an inert black gravel covering.



The lake is part of the gardens. It is not separate. It has to be incorporated in all the planning. it has to fit in harmoniously.

In the ongoing lake work, they do not have: a) Any finalized design for the shore line. b) A way to have plants growing in the water. In fact the lake is now envisioned devoid of any plant life. c) They do not yet know how the current terrain difference up to 1.8 meters at its extremes will be dealt with.

All of Mother's words on the gardens point to the feeling of something natural, not something that imposes itself on nature. Though I think that there can be a transition of the future language or style of the Matrimandir as it extends outward, it needs to meet that natural world in a refined way- one that is balanced, harmonious and beautiful.

THE DEPTH.

This should be the biggest concern to everyone. The depth of the lake at 10 meters comes from Harald Kraft's proposal (a German Engineer hired by Bonke over 20 years ago). It seems there are two stated reasons for the depth:

The first reason they want depth is the very flawed idea that we need this depth as a water reservoir. This makes no sense, because I believe that there is only a certain dropping of the lake levels we would be 'ok' with visually. Roger Anger has stated he did not want the level to go down more than 50 cm from the pathway. What is the use of 9.5 meters of water underneath that you cannot access if you need to keep the levels high?

I for one would not be ok with arriving at the lakeshore to be met by the sight of the black granite-chip slope of 8 meters with a bit of water at the bottom.

If on the other hand we accept a greater variation of the water level. The shorelines and depth have to be incorporated in the design, in tune with the seasonal changes so as to maintain what is to be a thing of beauty.

The second reason for the depth is that the water would be cooler. However, from speaking to water experts such as Gilles Boulicot, I understand that this notion of colder water from the bottom cooling the surface level portions is flawed. The studies quoted are from temperate climates. In fact, no proper studies citing research done in similar environmental conditions have been used. Everything has been conjecture. What I have noticed from the granite mines at Koonam (15 km away) where depths are often 10 or more meters is that instead the water is stratified, there is a warm layer that sits on top, and colder layers below. There isn't a mixing going on. Gilles, who sees numerous issues with the depth, say what happens with a 10 meter depth is that you will get a layer of anerobic water at the bottom that will essentially be dead. Why do we need colder water? From what I understand it was to keep the water more clean and clear, and stave off algae. It might be the exact opposite. I have seen in Koonam large algae growth. It would seem much better and more aesthetic to have water plants protect both in terms of heat and to create a living environment for the water so that algae is at a minimum. To create an actual ecosystem. Further the large open lake surface would have greater evaporation because of the wind blowing across it.

In one recent monsoon before the lining was put in place the ground water rose up from underneath. There is something very wrong with digging down to ground water levels. There are unforeseeable environmental concerns that affect the bioregion. Although we do not see problems in it now, I do not think we should put things in contact with our primary water source that isn't natural. There is the additional problem of water pressures. Geologist Giulio Di Anastasio has stated that the recent flooding of the lotus feature under the Matrimandir was directly related to the section of test lake that has been dug. Is there also a chance is could destabilize the whole area of earth around the Matrimandir? There are also questions around absorption problems of earth in the enclosed space of the inner gardens. Are these risks we are willing to take especially since no studies on this have been done at all?

Lastly what do we do with the earth? For now they are shifting it around indiscriminately – loading it on top of areas where they plan to dig in the future. Bonke wants the earth for his proposed hill sitting on his personal land to the North of Auroville. To shift 1 million cubic meters is approximately 70,000 large lorry/tipper trips. Going and returning that would mean a lorry on our roads every 4 minutes 24 hours a day for the next year.

SIZE.

Why did the lake grow to such large proportions. As I mentioned before I think it is more about personalities than needs. Though the Mother mentioned it could be a reservoir for the city. She did not state it as a hard fact. In conjunction with the development in her words on the lake it should be noted that Auroville was at times to be in different locations Given current environmental concerns, and given that we are to build the City the Earth needs, There is no way to justify creating a lake of this size and scale. Which is to be filled by artificial means.

If it had to be filled with rainwater from the Matrimandir catchment, it would take approximately 7 years to fill. Which means that we would be looking at a partially filled pit for 7 years.

If the argument is to use it as a reservoir and fill it with water from a desalination plant this seems highly unfeasible. Bonke has been working on this for over 20 years. There is still no desalination plant, there is no Governmental clearance. If local opposition were to contest it in court, how would the ruling go? There are so many unforeseeable variables. Up to date the only thing that has happened is that a pipe has been laid some part of the way from the beach to Auroville.

One thing we should be very clear about is that under no circumstances should any groundwater be used to fill the lake.

Having the lake 100 meters wide also reduces the area for more useable garden. At 100 meters, the outer garden will feel de-linked from the inner gardens. The inner gardens are actually quite small. If we conceive of 50,000 people plus tourists as a population, one would see a possible ten-fold increase of people in the garden area. it will feel very crowded, and far from peaceful. Having more garden area and less water makes sense.

SOUND AND SIGHT.

One more aspect is the problem of sound and sight. With a clear water body between the city and the gardens there is no buffer for sound. Due to its reflective nature and higher moisture content sound travels much more over water. Given the proximity of the Town hall to the Garden of Bliss for example, it is a guarantee that you would hear a loud conversation of a phone ringing at the Town hall if you were sitting in Bliss. Another aspect is the lack of visual isolation. I imagine that Roger Anger liked the idea of the Matrimandir being visible from all side, but this then eats away at its function as a space of peace. A protected area where once you are in you have crossed a threshold that is separate from the outer world. We do not want a clear vision of all that goes on around the Matrimandir. Hence we need trees to protect the inner gardens besides the shade required in this area.

HDPE / LAKE LINING

Recently the test lake sprung a leak. It was not at a great depth, and could be fixed, but once it is one giant singular lake, there is almost no way to find out where it leaks and then the nightmare of emptying the water and repairing it begins, and once again wait years for it to refill.

Although this material has been around for a long time and is being touted as safe. One only has to see the new studies of the number of microplastics seen in drinking water bottles. Last year studies showed these were a hundred times greater than what we had assumed. Why are we taking risks that will be so hard to remedy? Imagine in some years we will learn that environmentally the material is not safe at all, or doesn't for other reasons serve its purpose. Then what? Empty the lake, remove the plastic and bring back the soil? This project is not future sound. Here we are trying to build 'the city the earth needs' and we are creating what looks and is made like a waste-water treatment plant. It should also be noted that the latest guarantee that comes with the DHPE liner is only for 10 years.

Previous Matrimandir executives had agreed to the Test Lake only on the grounds that it would be filled and checked over a period of years. The test lake has not yet even been finished to its final height and certainly hasn't been tested for years.

FLOWERS AND TREES.

Recently the heart wrenching cutting of many trees took place. Many of these trees were planted by Aurovilians for the gardens 50 years ago. As well as numerous very old Neem trees. In Mother's talks with Huta about the gardens, she speaks multiple time of the trees, of" tall tree". Where are these trees now? Why has all the work of 50 years been so callously dismissed by the executives? There is also an issue of wind protection in the inner gardens. More fragile flowering bushes already struggle with a lack of wind protection. The further cutting of trees and clearing of spaces will exacerbate this problem.

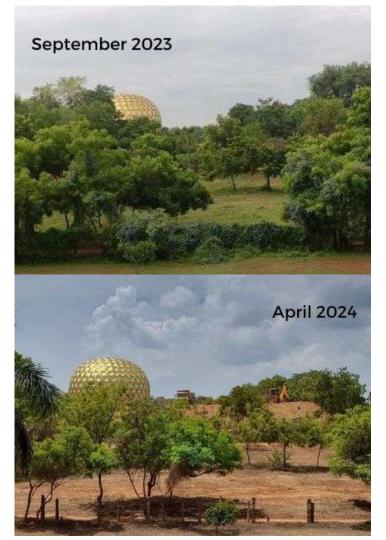
Put simply, the only thing attractive about the newly completed channel are the lotuses and Lilies that Narad planted and are growing beautifully, they almost make us forget the imperfection of the channel itself. However, up until now no provisions have been made to so that we have any plants in the lake – in fact it seems that the lake is almost anti-plant. Mother herself mentions Lilies and lotuses for the gardens, yet In the current design with a sloping edge there is no way to have pots or spaces to plant anything. This constriction seems to have an in-built bias against plants and trees; one could say against nature and beauty.

FUTURE

Recently the Lake Task Group has engaged a landscape designer who has been working on some plans that are more beautiful and environmentally sensitive. These will be available to the community soon. Some years ago I visited a national park in Croatia called UNESCO Plitvice, Heritage а site. (https://whc.unesco.org/en/list/98/) It is a series of lakes and ponds cascading into each other; a thing of tremendous beauty. Though practically impossible to recreate, it does open the doors of possibility to creating something that is truly wondrous, why do we need to feel tethered to something that has no aesthetic merit? Why can't we aspire according to Mother's words to create a garden and lake that makes us say " Ah, this is it!" and if we are not there yet, at least leave the future possible through a planning that has a certain plasticity.

Auroson

VIEW FROM THE TOWN HALL



DIFFERENT STRATA OF HUMANITY IN RELATION TO THE NEW OR SUPRAMENTAL CREATION

... ready for the yoga of Sri Aurobindo. They are very few in number. There are even those who have the sense of sacrifice and are ready for a hard, painful life, if that would lead or help towards this future transformation. ... THE MOTHER

You felt nothing special on Darshan day?

No.

Sri Aurobindo was there from the morning till the evening.

For, yes, for more than an hour he made me live, as in a concrete and living vision of the condition of

humanity and of the different strata of humanity in relation to the new or supramental creation. And it was wonderfully clear and concrete and living...There was all the humanity which is no longer altogether animal, which has benefited by mental development and created a kind of harmony in its life-a harmony vital and artistic, literary-in which the large majority are content to live. They have caught a kind of harmony, and within it they live life as it exists in a civilised surrounding, that is to say, somewhat cultured, with refined tastes and refined habits. And all this life has a certain beauty where they are at ease, and unless something catastrophic happens to them, they live happy and contented, satisfied with life. These people can be drawn (because they have a taste, they are intellectually developed), they can be attracted by the new forces, the new things, the future life; for example, they can become disciples of Sri Aurobindo mentally, intellectually. But they do not feel at all the need to change materially; and if they were compelled to do so, it would be first of all premature, unjust, and would simply create a great disorder and disturb their life altogether uselessly.

This was very clear.

Then there were some—rare individuals—who were ready to make the necessary effort to prepare for the transformation and to draw the new forces, to try to adapt Matter, to seek means of expression, etc. These are ready for the yoga of Sri Aurobindo. They are very few in number. There are even those who have the sense of sacrifice and are ready for a hard, painful life, if that would lead or help towards this future transformation. But they should not, they should not in any way try to influence the others and make them share in their own effort; it would be altogether unfair—not only unfair, but extremely maladroit, for it would change the universal rhythm and movement, or at least the terrestrial movement, and instead of helping, it would create conflicts and end in a chaos.

(...)

I was seeing, I saw that in such a concrete way. Apart from those who are fit to prepare the transformation and the supramental realisation, and whose number is necessarily very restricted, there must develop more and more, in the midst of the ordinary human mass, a superior humanity which has towards the supramental being of the future or in the making the same attitude as animality, for example, has towards man. There must be, besides those who work for the transformation and who are ready for it, a superior humanity, intermediary, which has found in itself or in life this harmony with Life-this harmony human-and which has the same feeling of adoration, devotion, faithful consecration to "something" which seems to it so high that it does not even try to realise it, but worships it and feels the need of its influence, its protection, and the need to live under this influence, to have the delight of being under this protection. It was so clear. But not this anguish, these torments of wanting something that escapes you becausebecause it is not your destiny yet to have it, and because the amount of transformation needed is premature for your life and it is that then which creates a disorder and suffering.

THE MOTHER, 27 November 1965, MCWCE 11

NOTE. "Notes on the Way" (vol.11 of MCWCE and of MCW) gathers all the texts from "Mother's Agenda" that she approved for publication in the Ashram's Bulletin in three languages: French, English and Sanskrit. [Submitted by Paulette]



MIRACLE - THE AIR OF AUROVILLE

Now blooming...

https://motherandsriaurobindo.in/The -Mother/spiritual-significance-offlowers/miracle/

And a voice speaks from within, ever reminding:

"Oh pitiful humans, you pray for blessings, and they are given. Miracles everywhere at each unfolding moment are happening. Yet you do not seem to see and keep rejecting them.

To all willing servitors and Hero Warriors, do courageously continue on aspiring for the Divine





Protection and Grace of the Supreme Divine Mother, as in your midst are still the undivine Falsehood and the Ignorance that resist change. To all you who are under their sinister influence, hypnotised, enslaved, blinded and deafened, hanging on to your past and to your limitations, understand that in this transitional stage all participants here in the Supreme Divine Mother's Auroville have been shown the Supramental Vision-Goal, simply asked, invited, to prepare this future-looking sanctuary the City of Dawn for all the incoming multi-generation Sun-eyed children who will continue to hasten the advent of the new apex species the Supramental being. All have been given the choice to consent and cooperate."

To the clueless a reminder, regardless of your choices, evolution continues, with each of us playing our uniquely contrasting yet complementary roles, so that we may co-experience life and from each other co-learn. We have also been clearly warned by our Avatar founders that the evolutionary process will be intensified and hastened, which is clearly happening: collaborate via the easiest and most joyful Sunlit Path of Surrender to the Supreme Divine Mother or by crashing circumstances learn through the hard and difficult false-separative egoistic way of pain and suffering, to choose the Supramental Truth or the abyss, to be consenting instruments of creative transformation or its destructive and dissolution-bound contradiction.

The choice is yours.

And we continue on towards the Divine Manifestation...

Also in the vision-scene is the Supramental Avatar, the Two who are One, wielding the Sword of Knowledge and Revelation cutting the heads of Falsehood, Ignorance and Death, riding a White Horse symbolising the Supreme Divine Mother Mahashakti, the Supreme Creative Power, and together ushers in the Golden Age, Satya Yuga, the Life Divine: Kalki

https://incarnateword.in/search?query=Kalki&page=1

ॐ Zech, 2024.04.03

AWAKENING SPIRIT

INTRODUCTION TO THE INTEGRAL YOGA OF SRI AUROBINDO AND THE MOTHER

Tuesday, 16th April, 9 am - 12 noon Focus: The Supermind

Led by Ashesh Joshi

Place: Mirabelle Education Centre, Auromodele Ph/Whatsapp: 9489147202 (Please register)

All are Welcome

AMPHITHEATRE - MATRIMANDIR Every THURSDAY 6.00 to 6.30 pm



Meditation with Sri Aurobindo's long mantric poem, Savitri read by Mother to Sunil's music.

Enjoy the beautiful open space, an immense sunset, heavenly music in the very center of Auroville!

Reminder to all: The Park of Unity is a place for silence, meditation and inner work and is to be used only as such.

We request everyone: please do not use cameras, I-pads, cell phones, etc. No Photos.

Dear Guests, please carry your Guest Card with you.

Access for the Amphitheatre only from 5.45 pm and until meditation ends.

Thank you Surya for Amphitheater team

A SATSANG ON THE INTEGRAL YOGA

A sacred gathering for the study and practice of the Integral Yoga of Sri Aurobindo and the Mother, founders of Auroville, the City of Dawn.

"The first necessity is the inner discovery in order to know what one truly is behind social, moral, cultural, racial and hereditary appearances. At the centre there is a being free, vast and knowing, who awaits our discovery and who ought to become the active centre of our being and our life in Auroville." — The Mother

We start right here, in the Eternal Now, from where we each are at this ever-progressive moment, and share our unique experiences on the path of rediscovering and embodying who we really are.

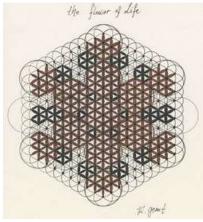
Facilitated by Zech Joya Schedule: **Tuesdays and Thursdays, 5:30-7:00pm** Venue: Conference Room, G/F SAIIER Building, Town Hall Complex, Auroville



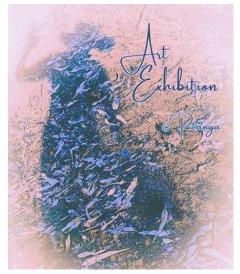
Please click this link for details or scan the above QR Code

ART & CULTURE

AUROLEC RESTAURANT & ART GALARY MIRROR OF CONSCIOUSNESS



ART EXHIBITION BY CLAUDINE PARE 5 APRIL-4 MAY 2024 @ PITANGA



POETRY

I put a hand Into the pond Not to catch fish and fry them But to fish for their tiny kisses. O those soft itchinesses How they pluck on The cords of my heart! -Anandi Z.

SALVATION IS PHYSICAL

One glaring thing quite noticeable In the false-separative mental Is taking the We in a uniformed generality. It cannot perceive the Infinite diversity That dynamically functions in Unity. The egomind takes what it thinks As the only Truth and separates All unique yet intertwined else as Untruth. Thus the disharmony, chaos and clashes Created by this false consciousness. This disequilibrium though is the means The entropic catalyst to put in its proper place The Mind that has lost its appropriateness. And so the Supramental comes to replace This source of crystallised divisiveness. The Truth-Unity Consciousness Is now reprogramming, replacing With the Supermind the mental forces holding The trillions of cells, countless molecules And innumerous atoms in their place. Matter itself is being reconfigured Awakened to Its Eternal Truth That It and Source Spirit, Consciousness and Force Are but One Beingness Ever enjoying Its Infinite Selves in Bliss. The Lila in Its Seventh Pralaya Has now come full circle: Salvation is indeed Physical. Emerging on this Earth soon The Life Divine.



30 Zech, 2024.04.08

JOB OPPORTUNITIES

MARKETING AND COMMUNICATIONS TEAM LEADER FOR ECO FEMME

Eco Femme is looking for a dynamic and passionate Full Time **Marketing and Communications Team Leader** to drive our future growth and brand awareness. If you're passionate about making a positive social impact with experience in formulating marketing strategy and leading a team to execute it, this may be your ideal role.

The team lead would report to Eco Femme's Organizational Lead and would work alongside Sales and Not for Profit Leads to drive results for growth. In addition, the lead would manage the Marketing & Communications Team to provide guidance and direction and ensure organization, accountability, and execution of overarching communications and marketing related work. The successful applicant will have strong leadership skills, as well as a "hands-on" approach to work collaboratively as per campaign / project needs.

The Marketing and Communications Team is made up of five positions; Social Media Coordinator, Digital Marketing Specialist, Graphic Designer, Ambassador Coordinator and Communication Specialist.

Lastly, our work is deeply personal and value-driven. Our mission needs to resonate with you, as authenticity is the foundation of all that we do - especially communications-related!

Proven experience required in:

- Overarching marketing, strategy development and implementation
- Product marketing including market research, product positioning and differentiation
- Workable understanding of performance marketing and analytics (with relevant metrics etc.) including ability to guide appropriate content for targeted audiences
- Understanding of key social media platforms (including Instagram, Facebook, Linked In, YouTube, Google Business)
- Leadership, including team support, project management and cross functional coordination

Prior knowledge preferable in Media Outreach, Content Creation and Digital Storytelling.

If you have the required experience and think this role could be for you, please write to <u>kathy@ecofemme.org</u> for a detailed Job Description.

CRIPA IS LOOKING FOR A NEW MANAGER

In view of the imminent departure of our dedicated manager Christophe B., CRIPA is looking for a committed person to take up the job. The work at hand is described below. Aurovilians and Newcomers who feel they can fulfil all the requirements, can write to <u>cripa@auroville.org.in</u> and ask for an appointment with our team. Best regards,

Christophe B. and the CRIPA team

Job Description: CRIPA MANAGER

This is a full time job.

Timings : the person will need to be adaptable, especially at the beginning, till we find the best way to function.

The manager will:

• Be responsible for opening and closing the building, and for being there whenever needed, especially when the room is in use by non-aurovilians or non-habitual users.

- *I*Be aware that CRIPA is a space for performing arts and related activities: theater, dance and music.
- Welcome and deal with people. Reply to phone and email inquiries from Auroville and outside.
- Organize the schedules effectively, impartially and fairly. Maintaining weekly (or monthly) schedule for users. Be sharp, check often and update changes.
- Make sure that the hall and all facilities are in good condition and ready for use.
- Together with the technician person help organize and prepare the room for performances and other events; lights set up, sound set up, props, acoustic templates.
- Create announcement for News and Auronet, posters, etc for performances and other events (workshops, festivals...)
- Follow up/supervise the amma's work and pay wages.
- Follow up/supervise the watchman and pay wages.
- · Receive payment and deposit to our account.
- Keep all accounts for SAIIER (equipment, repairs) and BCC (maintenance and running costs).
- Organize and supervise the purchasing of equipment and summer repairs yearly, following all the steps SAIIER requires.
- Communicate with SAIIER. Keep records, history and files, of activities for SAIIER: writing the annual report.
- Help to create a CRIPA website on the main AV website, Art & Culture section.
- Participate in regular CRIPA meetings (once weekly).

HEALTH

FREE DIABETIC RETINOPATHY CAMP AT AUROKIYA

In celebration of the upcoming Tamil New Year on **April 14th 2024**, we are hosting a Free Diabetic Retinopathy Camp. This camp is open to all members of the community and bioregion.

Date: 11.04.2024 Time: 9.00 AM – 1.00 PM Location: Aurokiya Integral Eye Centre, Arka, Auroville



Diabetic retinopathy is a serious eye condition that affects individuals with diabetes, but with early detection and proper management, its impact can be minimized. At the camp, we will be offering free screenings for diabetic retinopathy, expert consultations, and valuable information on managing diabetes for optimal eye health.

We invite you to join us in this important initiative to prioritize your eye health and well-being. Together, let's take proactive steps towards a healthier future.

Please feel free to share this invitation with your family, friends, and anyone who may benefit from this event. No appointment necessary. Simply walk in during camp hours.

inquiries, 91 80123 05151For any reach out at + <u>aurokiya@gmail.com</u> Donations are welcomed to support our vision of eliminating blindness Ac. No: 251595 In service to Vision Aurosugan Aurokiya Integral Eye Centre

VISIT OF TIBETAN DOCTOR - 11, 12 & 13 APRIL

Greetings to all,

This is to inform everyone that the Tibetan Dr and the team are coming for the monthly Medical care on **Thursday 11th**, **Friday 12th and Saturday 13th of April 2024**.

Consultation is held at Pavilion Of Tibetan Culture International zone.

- Thursday from 2 to 5.30 pm
- Friday start at 8.30 am to 1 pm and from 2 to 5 pm.
- Saturday from 8.30 am to 1 pm.

To get your appointment whatsapp to 8489067332 or call 0413 2622401.

TALK BY DOCTOR SAMPHEL TSERING - 12 APRIL

All are invited for a talk by Doctor Samphel Tsering, **On Spirituality & Tibetan Medicine.**

On FRIDAY 12th April 2024.

At 5.45 to 6.45 pm.

Venue: Pavilion Of Tibetan Culture International zone Auroville.

SANTÉ SERVICES IN APRIL 2024

Saute

Working Hours: Monday - Saturday 9:00 - 12:30pm & 2:00 – 4:30pm Tests and Sample collection: Mon-Fri before 8:30 - 12:00 pm. No sample collection on Saturday.

For emergencies, contact:

Auroville Ambulance (24/7) : Phone: +(91) 9442224680 Government Ambulance (24/7) : Phone: 108

Please call Santé on (0413) 2622803 during working hours for an appointment

Doctor Consultation with Dr.Senthil: Monday to Friday	Nursing Care: Thilagam, Ezhil, Archana, Sandhya: Daily No appointment necessary			
Ayurveda with Dr.Be: Tue/Wed/Fri	Pregnancy Care & Women's Wellness with Paula: Tuesday & Wednesday			
Acupuncture with Andres:	Homeopathy with Michael:			
Mon/Tue/Wed/Fri/Sat	TOS			
Physiotherapy & Massage with Galina: Monday to Friday	Physiotherapy with Arun: Monday to Saturday			
Integrative Psychotherapy with Juan Andres: Monday to Friday	Soundbed Session with Sandhya/ Thilagam: Monday to Saturday			
Bio-Well Assessment (Evaluation of your well-being) with Helena: Inquiry through email (adminsante@auroville.org.in)				

In Santé, we value our patient's confidentiality & make every effort to ensure their privacy.

In case of cancellation or to reschedule, it is necessary to inform us in advance.

EDUCATION

TUTION GRADE 1-12

Tution classes open for students from grade 1 to grade 12. Please contact on my WhatsApp 8270512606. Ashwini



SPOKEN ENGLISH AND HINDI

Hi! My name is Ashwini and I have an experience of 20 years as a Spoken **English, Hindi, Kannada and Marathi** language trainer for all levels. If you are interested in learning one of the above languages either in oral or written form please contact me on my WhatsApp 8270512606.

BOTANICAL GARDEN: YOUTH SCHOLARSHIP PROGRAM 2024-25

Click HERE for the Application Form



SCHOLARSHIP PROGRAM 2024-25

Looking for passionate youth in Auroville (17-24 years) interested in a year-long environmental study opportunity.

CALL FOR APPLICATIONS!

Last date to apply : 14th april ' 24

Applicants must have a defined study focus and a conceptual plan. The Recipient will be expected to work a minimum of 5 days a week, 6 hours a day for a period of 1 year. The student will be supported with a full maintainance during this period.

https://www.youtube.com/watch?v=DR8c8xHqGMQ



This is sponsored by the David Nagel's scholarship. To know more : <u>https://www.youtube.com/watch?</u> <u>v=DR8c8xHqGMQ</u>

INTEGRAL APPROACH TO PHYSICAL EDUCATION

ONE YEAR COURSE

We are opening registrations for the upcoming one-year course in Physical Education. This comprehensive program is especially designed to promote an integral understanding of physical education in the Light of Sri Aurobindo and The Mother for Auroville.

Key Components of the Course-

Foundations of Integral Education:

Main Facilitator- Praveenji

- Introduction to Integral Yoga
- Auroville Aims and Ideals
- Understanding the Integral Approach to Education

Spiritual and Mental Well-being:

- Yoga and Meditation Practices
- Psychological Aspects of Physical Education
- Stress Management Techniques

Physical Fitness and Sports Sciences:

Main Facilitator -Savitri

- Anatomy and Physiology
- Exercise Physiology
- Sports Nutrition
- Sports Injuries and Rehabilitation

Pedagogy and Teaching Methodologies:

- Teaching Games for Understanding (TGFU)
- · Lesson Planning and Implementation
- Assessment and Evaluation Techniques
- **Classroom Management Strategies**

Practical Training:

Main Facilitator- Pedro and Ruben

- Teaching Practicum in Auroville Schools
- Mentorship and Feedback Sessions
- Project Implementation in Physical Education Settings

The course is open to All.

If you are a fitness and sports enthusiast and see yourself as a physical education teacher/facilitator, or if you are simply interested in this course and would like to know more, fill the form below-

https://docs.google.com/forms/d/e/1FAIpQLSeXxZV8tE7AtdW PC9LZ4A7zMBbO7OwR5CZ6C8rPQao7wFT8-Q/viewform? <u>usp=sf_link</u>

Join us in this transformative journey towards fostering physical, mental, and spiritual well-being through education.

NEWS FROM AUROVILLE LANGUAGE LAB

Please remember to put your mobile phones on flight mode and switch off all wireless and Bluetooth devices before you enter the Lab. We are a wireless-free space!

Something New: Evening Programs!

From 1st February 2024, we are launched a new experiment. The Language Lab has extended its opening hours from 5pm -7:00pm, Monday to Friday. We are offering special evening programs which include conversational practice with native language speakers, talks, as well as self-learning and guided study in different languages with our mediatheque. This program | is free of cost to everyone: Aurovilians, Newcomers, Volunteers, Guests and people from around the Auroville area. The Language Lab has always been open to all and this program will be as well. Ever learnt a language but feel a bit rusty now? Come and revive it! All, including Guests are welcome to join. Come share your language with others!

Conversation Practice sessions would be Mondays for Sanskrit Tuesdays for Spanish & Tamil, Wednesdays for French & Chinese, Thursdays for English (On the Auroville Charter and The Dream) and Fridays for Hindi, German & Italian. Please come forward for other languages! All are welcome for these sessions.

Do let us know if you would like to be part of this experiment and what you would like to receive and offer, either as a participant or a facilitator, by sending an email to info@aurovillelanguagelab.org or a WhatsApp message to +91 98430 30355.

Samskrit Chants with Vishvanathanji

Learn Samskrit Chanting in the light of Mother and Sri Aurobindo.





We will learn 8 traditional Samskrit Chants, invocations to the Divine Mother, to deepen our aspiration, widen our receptivity, and to bring down in us samata, peace, courage, humility, sincerity, harmony, gratitude, and perseverance.

The sessions will be led by Vishwanathan, supported by his wife Lalitha. Their study of the writings of Mother and Sri Aurobindo has deepened and enlarged their understanding of the traditional Samskrit chants and in turn the chants are a great help in their sadhana. They feel blessed to share these traditional Samskrit chants.

So, every Monday from 5 to 6 pm all are welcome to join to learn these inspiring Chants!

Our first full-length publication:

We are delighted to share that our first full-length publication, "From Resonance to Bonding" by Dirk Beckedorf & Franz Müller, is now available on Amazon! The book gives an in-depth explanation of the Alfred Tomatis method, its scientific basis, how and why it works, along with detailed case studies. Order through our website: <u>https://books.aurovillelanguagelab.org/</u>

You can access the detailed Table of Contents, as well as 2.5 chapters of the actual book for free <u>here</u>, before deciding to order through Amazon.

This book has information for a wide variety of professionals in different fields, as well as laypeople. For example, midwives, doulas, gynaecologists, as well as pregnant women, parents-to-be and recent parents, will find the chapter on "Resonance in the Womb" full of incredibly fascinating information. It is an excellent summary of all the research since Dr. Tomatis' pioneering work in the early 1950s, on the development of listening in the womb.

For now, in India, it is only available as a Kindle e-book. You can use a free kindle app to access it (mobile, tablet or desktop). We are looking for sponsors to cover costs of the first print run, so that it can be available as a paperback.

Looking for:

We found a volunteer for the Telegu translation editing work, and for most of the other tasks. But we could definitely still do with someone to help with fundraising and English Teaching. and We always welcome volunteer language teachers

Tomatis

There are spaces available for both language & listening training programmes!

Please contact 0413-3509932 or 04132622467 or email us at tomatis@aurovillelanguagelab.org to schedule your Listening Tests & Consultations.

To know more about the Tomatis Method, please have a look at the following links:

- <u>https://www.aurovillelanguagelab.org/tomatis-method.php</u>
- https://www.aurovillelanguagelab.org/tomatis-kids.php
- <u>https://www.youtube.com/watch?v=wnpXprTl3m0</u>
- <u>https://www.youtube.com/channel/UCeTIG0y-sBMIyywZNdZcAng/videos</u>
- https://www.listenwell.com/

New Language Courses at ALL

New Beginner Hindi with Kaushal

Kaushal is a native Hindi speaker who is keenly interested in introducing the beauty and nuance of this language to eager learners. In this 16-hour (2 months) course, he will give an introduction to speaking, writing, and reading so as to familiarize students with the Hindi language.

Days & time: Wednesdays, 02:00 pm to 04:00 pm Started on: 10th April 2024 Duration: 16 hours (over two months)

New Beginner Sanskrit with Kaushal

In this 16-hour (2 months) course, we start with the sounds and the alphabet, we shall enjoy exploring simple words, conversation and chanting of selected mantras.

Day & time: Thursdays, 02:00 pm to 4:00 pm Starting day: 11th April 2024 Duration: 16 hours (over two months)

If there's a language you would like to learn but it's not listed ... please let us know!

To join or enquire:

Please fill out our form at <u>http://register.aurovillelanguagelab.org/</u> You may also drop us an email at <u>info@aurovillelanguagelab.org</u>, call us at 262-3661, text us at +91 **9843030355** or come visit us!

Please Note:

Registration and contribution are essential before you join a course with us. Please see our team member at the front desk to ensure this is completed, thank you! \downarrow

Language	Level	Time	Day(s) Of Classes	
English	Pre-Intermediate & Intermediate	11:00am - 12:00pm	Tuesday & Thursday	
	Conversation Intermediate Start date 9 April 24	4 - 5pm	Tuesday & Thursday	
	Conversation Pre- Intermediate Start date 8 April 24	4 - 5pm	Monday & Wednesday	
	Beginner Start Date 8 April 2024	10:30am – 12noon	Monday & Wednesday	
French	Beginner Completed	2:30- 4:30pm		
	Conversation Post Beginner Completed	10:30am – 12noon	Saturday	
	Conversation Intermediate will continue until 29 April 2024	2:30 -3:30pm	Monday & Thursday	
Tamil	Spoken Beginner Start date 23 January 2024	9:30 – 10:30am	Tuesday & Friday	
	Spoken Intermediate To Start March 2024	5:30 – 6:30pm	Tuesday & Friday	
Sanskrit	Beginner Start date 11 April 2024	2 – 4pm	Thursday	
Hindi	Beginner Start date 10 April 2024	2 – 4pm	Wednesday	
German	A1.1 Beginner Start date 5 February 2024	9:30 – 11am	Monday & Wednesday	
	German Elementary S&W To Start March 2024	4 – 5pm	Tuesday & Thursday	
Spanish	Beginner Start date 24 January 2024	2:30 – 3:30pm	Monday	
	Intermediate	2:30 – 4pm	Tuesday	
Italian	Beginner Start date 7 February 2024	4 – 5pm	Wednesday & Friday	
	Intermediate	4 – 5.30 pm Thursday		

Current Schedule of Classes

The Language Lab is open: Monday – Friday, 9am - 12pm & 2pm - 7pm Saturday, 9am - 12pm & 2pm - 5pm

Location: International Zone, after Unity Pavilion & Pump House. Contact:

Phone: (0413) 2623 661, 2622467, +919843030355 Email: <u>info@aurovillelanguagelab.org</u>

CLASSES, WORKSHOPS & HEALING ARTS

VIPASSANA MEDITATION

Date: Every Sunday

Timings: 8:00 AM – 12:00 PM but you can also drop in and join as long as you wish.



Venue: Udavi School (2nd building on the left when you are at the front entrance), near Tank in Edayanchavadi (Auroville). Location <u>here</u>.

Vipassana As taught by S.N. Goenka



Contact: Sanjay Tumati, +91 8790982210 (available on WA) <u>sanjay@auraauro.com</u>



MINDFULNESS - KINDFULNESS -HALF DAY RETREAT

SATURDAY APRIL 13TH (9.15AM-12PM)

A

This half-day retreat provides a chance for you to drop-in to yourself, to unplug from the stresses of everyday

life, and shift from doing into being.

In this session we will focus on kindness, which is one of the foundational attitudes of mindfulness. Specifically we will be exploring how we soften, and be kinder and more compassionate towards ourselves.

Participants will be guided through a series of practices (in either seated or lying position) along with some gentle movement practices.

It is suitable for everyone - those new to meditation as well as experienced meditators looking to deepen their practice, but places are limited.

Whatsapp Helen on **7094753054** to register. The session is hosted by Inner Sight (a LEAD activity).

MINDFULNESS FOR STRESS REDUCTION (MBSR) -1 WEEK COURSE

29TH APRIL -5TH MAY

This secular course synthesises the



ancient Eastern wisdom on mindfulness with the Western science on stress reduction, positive psychology & neuroscience.

The course has been found to improve participants' ability to cope with the stresses of everyday life - giving space to respond to situations rather than react. It has been found to help with anxiety & depression, to help manage chronic pain & lower blood sugar levels, to improve emotional regulation; increase attention, focus & memory; and plant inner seeds of happiness, resilience, kindness & acceptance.

It is suitable for those new to meditation as well as experienced meditators looking to deepen their practice.

'It's actually something akin to a radical act of love just to stop in your life, just to drop in on the moment and be aware of what is going on' Jon Kabat-Zinn

We will meet daily from Mon 29th April to Sun 5th May. Course timings are 7.30-9.30am (daily) from Mon 29th April- Sat 4th May and 8.30am - 12pm Sunday 5th May.

The course will be held at Maloka, Anitya community and is hosted by Inner Sight (a LEAD activity).

Registration is required. Message Helen (WhatsApp **7094753054**) for booking and details.

WRITING FROM WITHIN

Writing from Within is a session to learn how to use the writing as a tool to get to know oneself, one's different sub-personalities, the unconscious strategies by which we sabotage ourselves but also the natural resources we have inside to overcome obstacles and evolve.



Moreover, many other creative writing exercises can also be practiced during the session, such as experimenting with sounds and rhythms of the words, rediscovering the innate talent of storytelling, reactivating lost creativity, exercising the inner muscle of imagination through memory, and much more. The sessions will take place at the European House.

Duration of the session: 1h30min.

For the Info and to book your session, write at <u>ijustwannawrite.email@gmail.com</u>

If you want to know more about me, check my Vlog "I Just Wanna Write" at <u>https://www.youtube.com/@IJustWannaWriteht9ql/videos</u>

BANSURI FLUTE CLASSES

The Sound of Bamboo Various Styles of the Indian Flute

Bansuri (Flute) Group Classes With Michael Kalabhumi Music Studio

Every Friday (Beginner: 11am-12pm, Advanced: 12pm-1pm)

Drop in is possible at any time, flutes available to borrow or buy.

Contribution:

- Aurovilians, NCs, Volunteers & Local Villagers: Free donation - Guests: 500 INR

More Info: www.the-sound-of-bamboo.com

To Donate: https://pay.auroville.org/divine-arts

Learn More About Divine Arts: https://auroville.org/page/divine-arts

About Divine Arts:

https://auroville.org/page/divine-arts

TAI CHI HALL @ SHARNGA

The Tai Chi Hall in Sharnga community offers daily classes, six days a week.

Mondays & Saturdays:

- 7:30-8:30am Chi
- 8:30-9:30am Form
- **Tuesdays Fridays:** • 7:30-8:00am Chi

 - 8:00-9:00am Form

We practice three forms (24, 108 and 127) in the Yang style, as taught by the Inner Way School - Stevanovitch Method (artduchi.com). All are welcome to drop in.

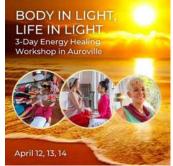
Our next beginner's intensive is from February 12 to March 2, 2024.

taichi.auroville.org / taichi@auroville.org.in

BODY IN LIGHT: ENERGY HEALING WORKSHOP APRIL 12, 13, 14 (9AM-5PM)

this 3-day workshop In we explore with joy the 3 paths to ascension:

- Heal old pains, patterns and programming
- Align to Divine your Essence
- Tune into mystical moments of realization by stepping into the frequency of the four powers of the



· Divine Mother: Wisdom, Harmony, Strength & Creation Dive into powerful techniques for self-healing, and explore Fundamentals, Principles and Universal Laws of energy healing.

Location: Bhumika Hall, Bharat Nivas, Auroville. Facilitator: Sandyra, Energy Healer & Teacher since 25 years. Register now: contact@auroville-jiva.com, or WhatsApp: +91 94436 19403.



FERMENTARY WORKSHOP BY MATILDE

We have been taught to fear bacteria, so it's easy to project it upon fermentation, this makes fermentation at home intimidating for many people, because microorganisms are most common taught on as a causing disease.

Join us this Saturday from 10:00 to 11:30 at CLC for a beginner's class on kombucha and vegetable fermentation. Whether you're completely new to the topic or just curious about probiotics, gut health, and food processing, this class is for you.

Space is limited, so be sure to reserve your spot by emailing matilde@marcscoffees.com.

We look forward to seeing you there!





CONSCIOUS NATURE IMMERSION AT MAHAKALI PARK

About the Park: MahaKali Park is one of the 4 parks of Auroville, which is developed as a place for holistic awareness and selfdevelopment through nature. We guide you into an educational and meditative walk in the forest. The historical experience of green spaces in the specific context of Auroville have led to a unique understanding of holistic

ecology. Providing a space for a direct connection with the organic "web of life" brings, in turn, insights for our self-study and yoga of work.

When: Every Wednesday and Sunday

Contributions: Accepted for the management of the site.

Clothing: Be adequately clad to prevent mosquito bites. You may also carry mosquito repellents.

Venue: Meeting point at Révélation's main gate 5-10 min before the time of the session (Search for "Revelation Forest" on Google Maps)

Contact: Vignesh +91 9620493716

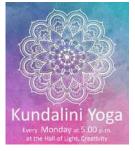
Please note: The park is not yet accessible without our supervision, Thank you for your understanding! Gmap link: <u>Revelation forest Auroville</u>

KUNDALINI YOGA CLASSES

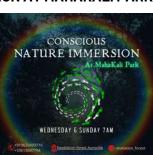
MONDAYS, 5 TO 6.30 P.M. IN THE HALL OF LIGHT. CREATIVITY

Kundalini Yoga is called the Yoga of Awareness. It is a dynamic, powerful tool that is designed to give you an experience of your soul. To achieve that It uses the combination of Asanas, Pranayamas, Mudras and Mantras.

levels, come 5 minutes All Contribution for the use of the room. Contact: Bel whatsapp 91 7598892065. Certified Kundalini Yoga teacher.



before, bring your own mat.



MARTIAL ARTS - AUROVILLE AIKIDO NEWS

Auroville Aikido at AV Budokan (Dehashakti):

Adults regular schedule for Beginners and others: (with N. Murugan and Surya) Welcome to join this beautiful and complete practice in the form of a Japanese martial art: every Tuesday, Thursday, Saturday early morning from 6 to 7.30 am + Wednesday evening 5.15 to 6,30 pm.

Auroville Budokan

For children classes (with Surya, Philippe G. and Cristo) and other info, please contact us: budokan@auroville.org.in and 83001 89062 (Surya) - 99528 12843 (Murugan/WA) - 83006 43963 (Philippe/WA).

Reasonable contributions required.

AATTAM IDAM – A PLACE FOR PLAYING

A 4-day dance and movement workshop focused on the concept of "PLAY". This workshop is designed for participants to explore, learn, and co-create memorable moments while unlocking their creativity and dance expressions. Through structured activities grounded in research, you will have the opportunity to develop new effective movement patterns and physical and communication skills in both individual and group dynamics. Regardless of your background, Come! dive into this journey of

play and creativity. Make sure to reserve your spot now for this enriching experience!

Date: 23rd to 26th April,2024 Time: 9:30 am to 02:00 pm

Venue: CRIPA, Auroville

About the Facilitators

Prashant More

Prashant is an interdisciplinary artist from India. He engages in the field of dance as а teacher, performer, choreographer and dance filmmaker. He works towards creating immersive, intimate



and experimental expressive physical performances. He studied dance in India and Europe. He graduated from Attakkalari, India, and worked as a company dancer. Later, he acquired intensive training in 'Physical Experimental Performances' & Choreography in Amsterdam and Berlin. As an educator, he teaches all ages and backgrounds as well as dancers, actors and performers of both professionals and non-professionals.

His current research module is 'Breaking Points' in which the approach is to find an authentic flow of the physical body.

More Info- https://linktr.ee/prashantmore369

Deepak Kurki Shivaswamy

Deepak K.S is a Contemporary performing artist from India who has been engaged in artistic work as a performer, creator, and teacher since 2000. He is an experienced teacher and visiting professor for dance at multiple universities in India and has mentored creators and dancers in various residencies. Holding a postgraduate diploma in choreography from S.E.A.D in Austria, he has worked and presented dance works in India and Europe. Deepak's fellowship at Bhoomi College has allowed him to deepen his understanding of pedagogy in which he practices and explores a holistic approach to life and art.

More info - https://deepakkurkishivasw.wixsite.com/dancer

For details, contact aurovilleartworld@gmail.com

PITANGA



Program April 2024

DROP-IN CLASSES Join without prior registration!

Mondays

7:30am–9am, **Asanas** with Rachel, not on 15/4 8:30am–10am, **Yoga Therapy** with Gala 4pm–5pm, **Doing No-Thing Consciously** with Mike

Tuesdays

4:00pm-5:15pm, Restorative Yoga with Rachel, not on 16/4

Wednesdays

7:30am – 9am, **Asanas** with Rachel, not on 17/4 8:30am – 10am, **Yoga Therapy** with Gala

Thursdays

4:30pm–5:30pm, **Aviva Exercise** with Suriyagandhi 4:30pm–6pm, **Vocal Sound Healing** with Lola

Fridays

6:45am–8am, Pranayama with François & Namrita, For former "The Art of Living" course participants
7:30am–9am, Asanas with Rachel, not on 19/4
8:30am–10am, Yoga Therapy with Gala
3pm–4pm, Reading Circle of Savitri with Patricia - An interactive session
4:30pm–5:30pm, Readings of the Life Divine with Balvinder
5:15pm–6:15pm, Feldenkrais with Shari, not on 19/4, 26/4
5:15pm–6:15pm, For Giving Love with Marie-Claire

Saturdays

9am–10:30am, **Yoga (Intermediate level)** for regular practitioners) with Rachel, not on 20/4 11am–12:30pm, **ATB Explorations** with Isora, Rosario & Teresa 2:15pm–4:15pm, **Truth Based Relationships -** Practical Sessions with Juan Andrés, not on 13/4 4:30pm–5:30pm, **Body Music** with Anandi Z., not on 13/4

YOUTH ACTIVITIES

These are ongoing educational programs. If a child is interested, parents need to talk to the teacher before joining the class.

Yoga for children, 5–8 yrs., with Gala
Saturdays, 9am–10am,

Yoga for children, 7–9 yrs., with Gala
Saturdays 10am–11am,
Energy games for children, 9 yrs. +, with Gala
Saturdays 11am–12pm,

CLASSES – BY APPOINTMENT

Art Therapy with Gala

- Thursdays, 3–5pm for adults
- Fridays, 3–5pm for families

Chinese Tea Ceremony with Chun

- Saturdays, 3–4pm
- · Do not wear any kind of perfume on this day

HEALING SPACE – BY APPOINTMENT

- · Bio-Resonance (with Bi-Com machine) by Afsaneh
- · Chiropractic by Afsaneh
- Cranio Sacral Therapy by Anne H.
- Thai Yoga Massage by Juan

MARK THE CHANGES!

Reading Savitri, with Patricia

·Fridays3pm-4pm

This interactive group explores various subjects. The current series has included the divine destiny of earth and the opposition of darkness, and will continue with passages which inspire and support our transition in physical bodies right now. SAVITRI's resonance in the heart is our sure guide, and other books and resources are freely used to enrich our understanding.

Doing No-Thing Consciously with Mike

Mondays 4pm–5pm

The class format evolved into the following: "We are always doing 'things' outside and inside...

In this exploration we'll take a conscious pause to allow our system to truly rest, to find its own neutral where it can recalibrate, recharge, harmonize.

We will seek to tune into our own self-healing ability by doing nothing, consciously stepping back and listening more deeply to our bodies.

Sri Aurobindo: 'It is by the thought that we dissipate ourselves... It is by gathering back of the thought into itself that we must draw back into the real'."

This is a drop-in class.

Natural Eye Healing, workshop "Eye Yoga" with Aurosugan



Monday 25–Friday 29 March
Daily 3–4pm, for 5 days

Eye yoga exercises strengthen weak eye muscles, improving circulation and muscle movement. The technique includes activities that can help improve the entire visual system for better vision.

The eye yoga and exercises are simple and can be done in between your routine tasks, and by doing them regularly, you can significantly reduce your level of eye discomfort, blurred vision and other symptoms of eye strain.

· Registration required.

Pitanga supports a cashless economy in Auroville. If you are hosting a guest who'd like to join our activities, kindly inform them that contributions need to be made cashless.

If you wish to receive our program of activities by email, please write to us.

See you at Pitanga, with a smile!

Pitanga Cultural Centre 2622403 / WA 9443902403 <u>info@pitanga.in</u>

VÉRITÉ WORKSHOPS

Pre-registration required

Please contact Verite @ 0413 2622045, 2622606, 9363624083 or programming@verite.in, www.verite.in



Understanding Pranayama & its Practice in Asanas & Meditation - with Radhika

Friday, April 12, 9:15am – 12:00pm

Pranayama is a system of breathing techniques that helps us to harness the power of our life energy. In this workshop we will focus our attention on pranayama and discover the effect of various techniques on our breath. We will explore different pranayama practices, using some of these in a sequence of asanas and maintain observation of our breath in a guided meditation.

Ayurveda for Self-Harmony- with Claire Friday, April 12, 2:00pm – 4:30pm

Discover Ayurvedic wisdom & its recommendations for self-care & healing. In this practical workshop, you will experience some of the fundamental Ayurvedic techniques to observe various body/mind/metabolic conditions in yourself & others & learn how Ayurveda can be applied in daily life to maintain balance & harmony, according to your own nature.

Synchronize your Moon Cycle with Yoga – Radha

Saturday, April 13, 9:15am – 12:00pm The menstrual cycle is a dynamic event in the physical, emotional, intellectual, & spiritual life of women. Becoming more aware of our cycle & understanding the energies associated with it allows us to use its gifts in everyday life. We will explore the female cycle in detail, demystifying each phase & its biological changes, variations in energy level & archetypes. You will learn yoga & lifestyle practices to help you synchronize with your cycle, attune to the changes in your body & energy level, & to balance them.

Food is Medicine- Lifestyle Health Practices – with Parvathi Saturday, April 20, 9:15am – 12:00pm

Learn about your body's constitution (Tridosa) & the plants, foods, spices & lifestyle practices that benefit your constitution & help prevent health complications. Parvathi will also demonstrate the proper way to prepare decoction/ infusion teas.

DEEP SOUND BATH IN CREATIVITY

TIBETAN BOWLS

Hall of Light CREATIVITY community

> **Every Friday** from 5 to 6:30 PM

Starting from 17th November



There will be a LIGHT massage by the Tibetan Bowls.

Lie down, relax, simply allow yourself to experience the ancient sound from the Tibetans bowls.

The practise produce a soothing sound believed to have a powerful effect in the body's energy system, helping to balance the chakras and promote healing.

"If we accept that sound is vibration and we know that vibration touches every part of our physical being, then we understand that sound is heard not only through our ears but through every cell in our bodies. One reason sound heals on a physical level is because it so deeply touches and transforms us on the emotional and spiritual planes.

Drop in the Hall, no reservation needed. Please arrive 10 minutes before.

Guest 600 rs / Volunteer 300 rs Aurovilians and Newcomers, conscious contribution

Sathyayuga WA +917639761930

MULTIDISCIPLINARY IMPROVISATION LAB

A CALL TO CO-CREATE MULTIDISCIPLINARY IMPROVISATION LAB

THROUGH DANCE, MOVE, VISUAL ARTS, POETRY, SPOKEN WORD, THEATER, AND MUSIC

- Step beyond labels and redefine your art form.
- Embrace the unknown and explore the interplay between disciplines.
- Safe space for artistic exploration.
- Self-motivated creation.
- Spaciousness for individual expression.
- Recognition of equal value in every movement, sound, and word
- Emotional storytelling through embodied movement and music.

THURSDAYS 5PM TO 7PM CRIPA SMALL HALL DISCOVER THE BOUNDLESS POTENTIAL OF COLLABORATIVE IMPROVISATION

QUIET HEALING CENTER



Quiet Healing Center, Auroville 605 104, Tamil Nadu, India <u>www.quiethealingcenter.info</u> / <u>quiet@auroville.org.in</u> Mobile & WhatsApp: +91 9488084966

Watsu® Yoga Round with Fred & Roberto Monday 15 April 2024 (3:00 - 6:30pm)

Watsu Yoga Round is a powerful tool for deep relaxation and inner peace. It focuses on listening to the body and presence; it represents a way to come back to your heart, to an inner silence that is fully alive and vibrant. It is an invitation to feel, awaken and celebrate the energy of your being.

When immersed in warm water during the Watsu Yoga Round, the body does not suffer from the effects of gravity; the flow of movements and stretching, alternated with moments of stillness, invite a progressive well-being: body and mind become free to dance!

No previous experience required (also no need to know how to swim)!

Watsu® & OBA Basic with Dariya & Daniel Tuesday 16 - Sunday 21 April 2024 (1:00 - 6:00pm: 31 hours)

Watsu & OBA are aquatic bodywork modalities given in a warm water pool (ideally 35°C). Watsu, the part where the client's face stays always on the surface, introduces the qualities and body mechanics required to work with someone in water in order to create a profound state of both physical and mental relaxation. During the OBA part the receiver is also brought under water (with nose clip), which offers a unique experience. In this course, you will practice basic techniques and qualities (grounding, presence, stillness, movement, attention) of being and moving another body in water. You will experience floating other people and being floated, on the surface and under water, thereby creating space for deep relaxation and nurturing body, mind and spirit. Participants in this course often appreciate the group space, which fosters deep, meaningful and nurturing connections. **Prerequisites**: no previous experience required.

Watsu® 1 TF (Transition Flow Yoga) with Petra Monday 22 - Thursday 25 April 2024 (8.45am - 6.30pm: 34 hours)

A 4-day course on the surface only. Watsu 1 (Transition Flow) teaches to connect the basic movements and positions you have learned in Watsu Basic with long, gracefully flowing transitions and to adapt this work to people of different sizes, shapes, and dispositions. You will also learn about your own body mechanics and how to support and move each person as effortlessly as possible.

On land, you will be introduced to both Co-Centering and Tantsu, and explore what being held means to you and others. **Prerequisites**: Watsu Basic

ACTIVITIES & EVENTS

GIRL FUTSAL/FOOTBALL CLUB

We started a girl's football team in Dehashakti. We are training every **Wednesday at 5.10pm.** Already 10 girls



have joined. If you like football and you want to learn, play and have fun, come and enjoy with the others girls. Contact Beber 6385635943 for more details.

AUROVILLE CYCLE RIDE 13 APRIL

AUROVILLE CYCLE RIDE -10 Dear All, We invite everyone to join us on 13th April 2024 at 06.15am In Town hall Main Parking for our monthly cycle ride for 20 kms in and around Auroville. Let's pedal together to create the awareness for sustainable mobility and the importance of cycling to our beloved ones and Let's save the mother Earth & the Nature for our next generations. Bring your own cycle and a water bottle. Let's Celebrate this ride in advance to the "EARTH DAY of 2024". Note: People who don't have a cycle could pick one from us and return it back after the ride (depends on the availability / First come gets priority). **Ride's Schedule:** : Reporting at Town Hall Main Parking. 06.15am 06.30am - 07.30am : Cycling around Auroville 07.30am - 08.00am : Breakfast at Town Hall campus

EUROPEAN HOUSE PRESENTS





AUROORCHARD



CULTURAL ANNOUNCEMENT

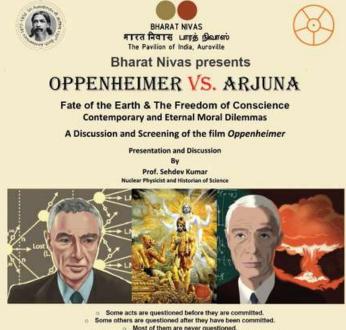
ARJUNA AND OPPENHEIMER

Time: Apr 21, 2024, 10:00 AM Indian Standard Time

- Session I: starting at 11 AM, from 11-12 noon
- Session II: starting at 1 pm, from 1-4 pm Session III: starting at 4:15, from 4:15 5:30 pm

Join Zoom Meeting:

https://us06web.zoom.us/j/88051094370? pwd=khAvv5GG1qryMbnKtgP8J1igzSYjRT.1



 Some acts are questioned before they are co Some others are questioned after they have been Most of them are never questioned. Are Forces of Justification and Rationalization, and and Self-I far stronger than any Moral Impulse of dharma and the Human Conscience?

event in the human history has impac e Fate of the Earth than the unleashir ted in more devastating ways, ng of the Nuclear Energy in 1945

r of A-Bomb', and the eternal In the light of th ishna dialogue Arluna-Krist

Session I: Oppenheimer & Arjuna: Conscience & Moral Dilemmas 11:00 -12:00, Bhumika Hall Oppenheimer & Arjuna: conscience a more or 1:00 – 4:00, Auditorium Session III: Comments and Q/A, 4:15-5:30, Bhumika Hall Sunday, April 21, 2024 Bharat Nivas Auditorium 11 AM - 6 PM



All are Welcome...

Parking available outside at the Bharat Nivas Main Gate

FOODS, GOODS & SERVICES

ANITYA COMMUNITY LUNCH

Our community lunches are still happening during the summer! Contact Serena on WA to book one day in advance: +91 84897 60966

Contribution required (discount for AV/ NC and Volunteers) See you at 12:30 on Thursdays and Fridays in our community kitchen!

Mathilde for the Anitya team



HALF-PRICE MAROMA PRODUCTS FOR ALL AUROVILIANS IN THE OUTLET STORE

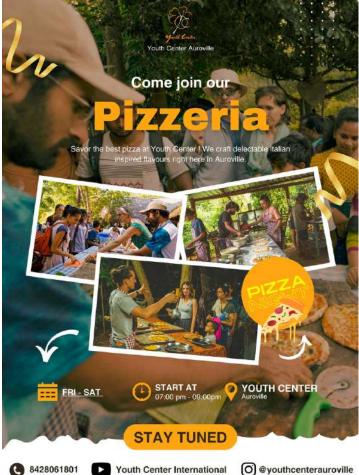


Maroma is happy to announce that it is offering all products at half-price to all Aurovilians in its Aspiration Outlet. Come by and see our great range of all-natural cosmetics, soaps, shampoo and more! Great for gifts to loved ones, including yourself. The Outlet is located in the Maroma Campus in Aspiration and is open 9am - 5pm, Mon-Sat. See you there!

Much love.

The Maroma Team

COME ENJOY PIZZA AT THE YOUTH CENTER! FRIDAYS, SATURDAYS AND SUNDAYS!



O @youthcenterauroville

SOLITUDE FARM - FRESH LOCAL FOOD

Dear friends.

so much beautiful fresh produce in this season.

Subscribe for a basket that can be picked up from Solitude Farm once a week (or more).

Salad greens, spinaches, veggies, fruits and more.

9843319260

solitudepermaculture@gmail.com



Solitude Farm

AUROVILLE LIBRARY CLOSED 15 APRIL

Auroville Library will be closed on Monday 15th April for Tamil New Year.





WA 7094007610 Aurelec, Kuilapalayam, Auroville

SURABHI SUPPLIES

Dear Auroville Community,

Surabhi Supplies is dedicated to aiding individual community members, units, and projects in acquiring a wide range of materials and equipment, including but not limited to construction supplies, appliances, machinery, and more.

Our service offers several advantages to the community, such as **reduced prices** achieved through **bulk purchases** and **volume-based discounts**. We have established strong partnerships with various manufacturers and dealers who share our commitment to advancing Auroville's development.

Our primary goal is to streamline the procurement process for everyone, thus saving valuable time, energy, and costs while providing a high level of service to the community.

If you have any inquiries, please don't hesitate to reach out to us at:

Email: surabhisupplies@auroville.org.in Phone: +91 98438 46458 (WhatsApp/Call)

Sincerely, Surabhi Supplies

RAPID CARE SERVICES RCS

Dear Residents,

We are happy to announce that **Rapid Care Services** have successfully completed one year. We began operations in December 2022.



We take this opportunity to thank all the people who believed in us. Reach out to us for any enquiries that need our assistance in home and yard work. Look forward to your continued use of our services in the future.

Category	Services
Metal Works	Channels , Doors , Piping , Fabrication
Plumbing	End to End, Job works
Furniture	Repairs, Made to order
Masonry	Repairs, Renovations and Remodulation
Painting	End to End, Job works
General Maintenance	Floor Waxing, Powder Coating, Fumigation, All Home Utilities
Installations	Washer and Dryer, Air Conditioner, Inverter, Dth, Security Camera
Electrical Works	Wring, Meter box, Lights, Switches & Sockets, Motion sensor.

Contact: + 91 8270071581 / +91 7639810621 Primary Email: rapidcare@auroville.org.in Secondary Email: rcsrapidcareservice@gmail.com Instagram handle: @rapidcare1

For Rapid Care Balaji & Arun

WE CAN HELP TO FIX ALL YOUR BROKEN ITEMS

New Waves, a unit registered under Kattidakali Trust located in Aurelec Premises, Prayogashala, Auroville is offering the services of **PCB Assembly, SMD soldering, de-soldering** and **minor repair of appliances**.

The unit can also undertake sub-contract of your production work on job work basis.

If you have any requirements, please contact Dhandapani, Executive at 0413-2622295,

Mobile 9443090082 / 8098193820 or via e-mail to <u>newwaves@auroville.org.in</u>



FOODPATHS IN AUROVILLE -SWEET POTATO SEASON IS HERE!

Auro Orchard and other farms are now harvesting their sweet potatoes.

With their sweet and earthy flavour, and creamy texture when cooked, sweet potatoes are incredibly versatile and can be prepared in various ways. Here are some examples:

Sweet Potato Curry: Cube sweet potatoes and simmer them in a flavourful curry sauce made with coconut milk, curry paste, onions, garlic, and spices like turmeric, cumin, and coriander. Add other vegetables like bell peppers, peas, or spinach for extra texture and nutrients.

Sweet Potato Salad: Roast sweet potatoes until caramelized and tender, then toss them with a tangy vinaigrette, roasted vegetables, and fresh herbs like parsley or cilantro for a flavourful and colourful salad.

Sweet Potato Cake: Like carrot cake, sweet potato cake is moist and flavourful, with grated sweet potatoes adding sweetness and moisture to the batter. Top with cream cheese frosting and chopped nuts for an irresistible treat.

Sweet Potato Cookies: Add mashed sweet potatoes to your favourite cookie dough recipe for a unique twist. You can also make sweet potato snickerdoodles by rolling the cookie dough balls in a cinnamon-sugar mixture before baking.

In AV, we have potatoes with orange flesh (the round variety) or whitish flesh (the long variety). For more information, visit <u>https://foodpathsauroville.com/sweet-potato/</u>

Isabelle M (Dana)





AIRCON CLEAN OFFERS COMPREHENSIVE AIR CONDITIONER CLEANING SERVICE KNOWN AS "JET SERVICE".



The Jet Service includes not only the filter cleaning but also indoor cooling coils, blades, and blower wheels, indoor cooler drain tray cleaning and outdoor unit with AC jet pump.

After a cleaning service your air is fresh and healthy, reducing sickness and helping you live a healthier life.

Save up to 30% power usage with a regular cleaning service.

Contact AIRCON CLEAN now at 9786809518 or email us at airconclean.av@gmail.com

Regards, Julien.

LIGHT FISH PHOTOGRAPHY STUDIO AURELEC

Services:

- Fashion Photography
- Product Photography
- Food Photography
- Architectural Photography

Phone: 8279300821 sales@light-fish.com





LOOKING FOR



LOOKING FOR OFFICE FURNITURE & MORE

Morning Star Team is a unit under Health and Healing trust, run by midwives and doulas to support pregnancy, child birth and women's wellness care in Auroville.

We are setting up a new office / activity space in Auromode Apartments and we need furniture.

We are looking for Office tables, office chairs, chairs, cushions, file cabinets, cup boards. Also we are looking for Yoga mats and props so that we can offer classes to pregnant women. We can come to pick it up from your place if you have something that you have not used in a long time. It's time for us to receive from the community to make our place warm and welcoming. We can offer some contribution in return if needed.

Please send us what you have here: <u>morningstar@auroville.org.in</u> or to Bala (WA only) + 91 **9892699804**.

PARENTS & TEENAGERS TO ANSWER A QUESTIONNAIRE ON CYBERBULLYING

Dear parents of teenagers in Auroville,

I am conducting a study regarding the theme of cyberbullying and the reaction of bystanders. I am looking at the behavior of teenagers from a psychological perspective, and I need your help to make science progress! Please can you check the info to see and ask your child to answer my online questionnaire? It's about 15 min long and it's completely anonymous (genuine answers are expected!)... I will be very grateful for your support!

Link to the information:

https://drive.google.com/file/d/1tltJ8oQ2_MZNC5qjYdUEsEAGQnt8gZO5/view? usp=drive_link

Link to the questionnaire:

https://www.psytoolkit.org/c/3.4.4/survey?s=HywFH

I am available if you have any questions: <u>mathildet@auroville.org.in</u> / WA:7094058699. Thanks a lot for you help, Mathilde from Anitya



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TAXI SHARE

FROM/TO CHENNAI 18 APRIL

To be at Chennai Airport for a pick up at **12:45 pm**, a cab can be shared either way from/to Auroville. Contact WhatsApp +39 3917254083, or cell.7418660246, or

email: <u>marinonimonica@gmail.com</u>

FRENCH NEWS & NOTES

Auro - Traductions

Click <u>here</u> to read the **French** News&Notes or Scan the QR code:





ACCESSIBLE AUROVILLE PUBLIC BUS

avbus@auroville.org.in / +91 94430 74825

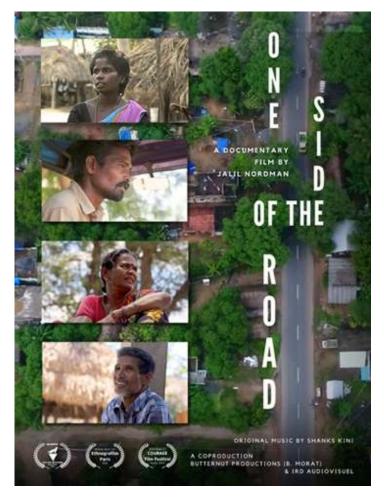
Auroville TO PONDICHERRY							
		Trip 1	Trip 2	Trip 3			
Svaram Musical Cent	er	7:00	8:50	14:50			
Vérité Guest House - Junction		7:02	8:52	14:52			
Town Hall - Main Parking		7:06	8:56	14:56			
Solar Kitchen (Ex Round About)		7:10	9:00	15:00			
Certitude Entrance		7:12	9:02	15:02			
New Creation Road		7:17	9:07	15:07			
SBI Bank—Kuilapalay	vam	7:19	9:09	15:09			
ECR Junction—Arom	a Guest House	7:23	9:14	15:14			
Quiet Healing Center-	-Junction	7:26	9:17	15:17			
Lotus Hotel—S.V Pate	el Salai	7:36	9:30	15:30			
Ashram Road Junctio	n	7:38	9:33	15:33			
Ashram Dining Hall		7:40	9:35	15:35			
Pond	icherry TO AUR	OVILLE					
	-	Trip 1	Trip 2	Trip 3			
Ashram Dining Hall		8:00	12:15	18:10			
Ashram Road Junctio	n	8:02	12:17	18:12			
Lotus Hotel—S.V Pate	el Salai	8:07	12:22	18:17			
Quiet Healing Center-		8:17	12:32	18:27			
ECR Junction—Arom		8:20	12:35	18:30			
SBI Bank—Kuilapalay		8:25	12:40	18:35			
New Creation Road	am	8:27	12:40	18:37			
Certitude		8:32	12:42	18:42			
Solar Kitchen (Ex Rou	ind About)	8:34	12:50	18:44			
	,	8:38	12:50	18:48			
Town Hall - Main Parking		8:42	12:54	18:52			
Vérité Guest House - Junction		-					
Svaram Musical Cent	er	8:45	13:00	18:55			
 Monthly Rs. 800: Aurovilians & Newcomers, No validity Student Pass Rs. 1200 per month/ 24 days round trip Rs. 150 Round trip for Aurovilians & Newcomers Rs. 200 Round trip for guests Bus passes are available at Auroville Vehicle Service, Town Hall, Auroville, 0413 2623302							
EMERGENCY NUMB	ERS						
Ambulance (24/7):							
Auroville 9442224680	PIMS 0413 2656271						
Security (24/7):							
Auroville Police	Kottakuppam Police		Vanur Fire				
Station	Station		Station				
0413 2677318	0413 2236148		0413 2677368				
Health:							
Health Center 0413 3509942 & 3509943	Santé 0413 2622803		Farewell 8903836246				
Mental health 24/7 support:							
Vandrevala Foundatio	Vandrevala Foundation +91 9999666555						
India Emergency Response Service (24/7): 108							

CINEMA

PAVILLON DE FRANCE ET DE LA FRANCOPHONIE PRESENTS "ONE SIDE OF THE ROAD"

A DOCUMENTARY FILM BY JALIL NORDMAN

Saturday 13 April 2024 at 4.30 pm at Cinema Paradiso-Town Hall Language : Tamil, English / Subtitles : English. 87 minutes



A road runs through a village in Tamil Nadu. This road is a frontier that divides habitats, and it is a gateway to a wider world, the nearby industrial cities, a means of emancipation for some, but the enslavement of others in these rural areas. Between 2019 and 2022, four Dalits reveal their ongoing struggle to survive. These four characters from the same village, with their intertwined destinies, describe their daily lives through intimate and rare testimonies, which form a life journey around three extraordinary years marked by the international pandemic and its harsh economic and social consequences in rural India.

One side of the road is recently submitted to film festivals and has received some awards.

Jalil Nordman is PhD in Economics from University of Paris Sorbonne. He is Director of Research at the French Research Institute for Sustainable Development (IRD) and affiliated since 2004 to several research Institutions, among them the French Institute of Pondicherry (IFP). Jalil entrusted the musical direction of the film to Shanks Kini. Shanks is a professional Indian musician, independent music producer and multiinstrumentalist based in Auroville. Both will be here during the projection to present the film and answer questions after.

AUROFILM

presents at MULTI MEDIA CENTRE AUDITORIUM (MMC, Town Hall)

Reminder: Friday 12th April-at 8:00 pm "SHOWER" by Zhang Yang, China, 1999

Aurofilm will not have a film show during the Eco film festival week: so no film on Friday 19th April. Rendez-vous the week after!



Cinema Paradiso-Multimedia Center is operating at 100% seating capacity.

Seating starts about 15mins before screening and stops as the film starts. Kindly arrive in time.



A reminder not to use cell phone for any reason while the program is on, and no food/beverage to be taken inside the hall.

Indian – Monday 15 April, 8:00 pm: • KEDARNATH

India, 2018, Writer-Dir. Abhishek Kapoor w/ Sushant Singh Rajput, Sara Ali Khan, Nitish Bharadwaj and others, Drama- Romance, 116mins, Hindi w/ English subtitles, Rated: NR (PG-13)

Mansoor, a reserved and reticent Pithoo, helps pilgrims make an arduous journey upwards to the temple town. His world turns around when he meets the beautiful and rebellious Mukku who draws him into a whirlwind of intense love.

Having the real-life flood events which forms the backdrops of the story, this is one of the few mainstream films, that highlights the erratic change in weather and extreme weather conditions that are hallmark of climate change.



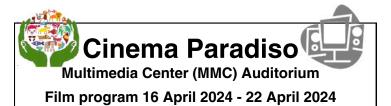
Eco-Film Fest 2024

Eco-Film Fest – Tuesday 16 April to Monday 22 April. Please see separate announcement for the Eco-Film Fest 2024.

Rating codes we often use are from Motion Picture Association of America (MPAA): G=General Audiences, PG=Parental guidance suggested, PG-13=Parents strongly cautioned, R=Restricted (equivalent to Indian rating: A i.e., for Adults), NR=Film Not rated, Rating awaited.

To organize a seminar/program at MMC kindly email us at <u>mmcauditorium@auroville.org.in</u>. Our projector is crawling towards the end of its life, making us to look for a new one. We request you to financially support through a one-time or recurring donations to "Cinema Paradiso" (account #105106) or set up for a monthly contribution.

Thanking You, MMC/CP Group **Account# 105106,** <u>mmcauditorium@auroville.org.in</u>



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program is on, and no food/beverage to be taken inside the hall.

Eco-Film Fest

Since 2005, every-year except for 2020, we bring you Eco-Film Fest, a week-long series of ecological, socio-environmental film exploring various aspects of sustainable living, starting on the 16th and finishing on the 22nd, the Earth-Day. We usually add a comment for each film if we highly recommend it. We have not done so for these films since each one is a must watch. Moreover, we can only screen them one time only! So, definitely don't miss!

Eco-Film – Tuesday 16 April, 8:00 pm:

KURA POKKHIR SHUNNE URA (The golden wings of watercocks)

Bangladesh, 2022, Writer-Dir. Muhammad Quayum w/Farzina Aktar, Mahmud Alam, Samiya Aktar Bristy, and others, Drama, 117mins, Bengali w/English subtitles, Rated: NR

This critically acclaimed and award-winning film is set in the vibrant and unique Haor region of Bangladesh where remnant patches of freshwater swamps and reed lands still exist. The once extensive forest of Hijal (Barringtonia sp) is now almost completely destroyed. In this background the film follows a labor on contract in the Haor region, who tries to assimilate and settle there, only to face the fury of nature! Habitat loss and the unpredictability of climate change are a reality that we often deny. This screening is made possible by the filmmaker who will be present for a brief online Q&A.

Eco-Film – Wednesday 17 April, 8:00 pm:

AGAR WOH DESH BANATI (If She Built a Country)

India, 2018, Writer-Dir. Maheen Mirza, Documentary, 59mins, Hindi w/English subtitles, Rated: NR (PG)

Rural, indigenous women from the villages of Raigarh, Chhattisgarh critique the country's grand plan of development. As mines and power plants mushroom around them, many are cheated of their land and compensation, their relationship with the forest and environment severed. They are left with toxic, polluted, gutted earth. They seek justice for themselves and their communities and share their thoughts about how a country should be. From the creator whose team also created Turup(checkmate), Ek Jagah Apni (A place of our own), etc, much appreciated in Auroville comes this film. The writer-director will be present for a brief online Q&A after the screening.

Eco-Film – Thursday 18 April, 8:00 pm: **PATH OF THE PANTHER**

USA, 2022, Writer-Dir. Eric Bendick w/ Carlton Ward Jr., Betty Osceola, Elton Langford, and others, Documentary, 89mins, English w/ English subtitles, Rated: PG

Drawn in by the haunting specter of the Florida panther, a National Geographic explorer and a coalition of biologists, ranchers, conservationists, and Indigenous peoples find themselves on the front lines of an accelerating battle between forces of renewal and destruction that have pushed the Everglades to the brink of ecological collapse. This odyssey of hope and heartbreak is the culmination years of effort. We thank the writer-director for this screening. If possible, he will be present for an online Q&A at the end.

Eco-Film – Friday 19 April, 8:00 pm: **YOUTH V GOV**

USA, 2020, Writer-Dir. Christi Cooper w/ James Hansen, Julia Olson, and others, Documentary, 110mins, English w/ English subtitles, Rated: PG-13

In 2015, twenty-one plaintiffs, ages 8 to 19, filed the lawsuit Juliana vs. United States, asserting a willful violation of their constitutional rights in creating a climate crisis. If they're successful, they'll make history and change the future. This screening is made possible by the writerdirector who will be present for a brief online Q&A at the end.

Eco-Film – Saturday 20 April, 8:00 pm: • PLASTIC EARTH

USA, 2023, Writer-Dir. Janice Overbeck & Jack Winch w/ Rob Riggle, Janice Overbeck, Clay Pearson, and others, Documentary, 100mins, English w/ English subtitles, Rated: NR (PG)

Worldwide plastic production from fossil-based sources continues to rise and contribute to climate change, pollution and environmental issues. Keeping with the theme of the Earth Day 2024, Planet vs Plastic comes a film where scientists, engineers, researchers and innovators tackle solutions to deal with the over-production of single-use plastics.

Eco-Film - Children's Matinee- Sunday 21 April, 4:30 pm: • PLANET EARTH III: Desert and Grassland (S1 Ep3)

UK, 2023, Dir. Tom Greenhalgh & Kiri Cashell w/ David Attenborough, Tom Greenhalgh, Luke Nelson, and others, Documentary, 58mins, English w/ English subtitles, Rated: PG

In deserts and grasslands nature puts on its most dramatic show. Alien-like saiga antelope battle in the frozen North and a handful of leopards have learned to hunt from trees on the African plains. The United Nations declared 2024 the International Year of Camelids (Camel family). In its honor we show this episode that features the majestic camels. Yes, we will chronologically screen all episodes in our regular screening time eventually.

Eco-Film - Sunday 21 April, 8:00 pm: • DEEP RISING

USA, 2023, Dir. Matthieu Rytz w/ Jason Momoa, Documentary, 93mins, English w/ English subtitles, Rated: NR (PG)

Interwoven with awe-inspiring footage of the deep's most dazzling creatures, the film illuminates the vital relationship between our ocean's fragile and mysterious ecosystems and sustaining all life on Earth. It also exposes the secretive International Seabed Authority, with control over 50% of world's ocean floor, granting permission for massive extraction of metals deemed essential for electric battery technology. It nudges us to reflect on our choices and ask if they are sustainable. *We thank the film-team for allowing this screening.*

Eco-Film – Monday 22 April, 8:00 pm: • COMMON GROUND

USA, 2023, Writer-Dir. Joshua Tickell & Rebecca Harrell Tickell w/ Ray Archuleta, Gabe Brown, Rick Clark, and others, Documentary, 105mins, English w/English subtitles, Rated: NR (G)

This is the highly anticipated sequel to the film Kiss the Ground (we screened at the last year) that had actually inspired USDA to invest USD20billion towards soil health. Like the previous film, this much acclaimed film fuses journalistic expose' with deeply personal stories, the dark web of money, power, and greed behind this system. It also reveals a dark web of money, power, and politics behind our broken food system. The film profiles a hopeful and uplifting movement of farmers who are using alternative "regenerative" models of agriculture that could balance the climate, save our health, and stabilize America's economy – before it's too late. *We thank the film- team for this premiere screening in India!*

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For scheduling programs at MMC/CP venue: please email us at <u>mmcauditorium@auroville.org.in</u>. We appreciate your continued support. PI donate to "Cinema Paradiso" (account #105106) or set up for a monthly contribution. We need it now more than ever.

Thanking You, MMC/CP Group Account# 105106, mmcauditorium@auroville.org.in