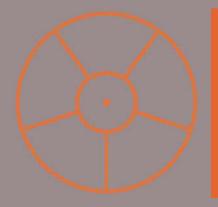
# auroville NEWS & NOTES

No 1019 - A weekly bulletin for residents of Auroville

21 March 2024



Kalabhumi Meeting, March 2024



# PONDERING

Auroville is not a place for politics; no politics must be done in Auroville and in the offices of Auroville. 15.2.1973\*

The Mother on Auroville, Page 72 <u>https://motherandsriaurobindo.in/The-Mother/books/compilations/the-mother-on-auroville/</u>

# HOUSE OF MOTHER'S AGENDA



(continued from last week)

#### **CHAPTER XXVII - THE GNOSTIC BEING**

In the consciousness of the Infinite individuality does not break up nor circumscribe cosmicity, cosmicity does not contradict transcendence. The gnostic being living in the consciousness of the Infinite will create his own self-manifestation as an individual, but he will do so as a centre of a larger universality and yet at the same time a centre of the transcendence. A universal individual, all his action would be in harmony with the cosmic action, but, owing to his transcendence, it would not be limited by a temporary inferior formulation or at the mercy of any or every cosmic force. His universality would embrace even the Ignorance around him in its larger self, but, while intimately aware of it, he would not be affected by it: he would follow the greater law of his transcendent individuality and express its gnostic truth in his own way of being and action. His life would be a free harmonic expression of the self; but, since his highest self would be one with the being of the Ishwara, a natural divine government of his self-expression by the Ishwara, by his highest self, and by the Supernature, his own supreme nature, would automatically bring into the knowledge, the life, the action a large and unbound but perfect order. The obedience of his individual nature to the Ishwara and the Supernature would be a natural consonance and indeed the very condition of the freedom of the self, since it would be an obedience to his own supreme being, a response to the Source of all his existence. The individual nature would be nothing separate, it would be a current of the Supernature. All antinomy of the Purusha and the Prakriti, that curious division and unbalance of the Soul and Nature which afflicts the Ignorance. would be entirely removed; for the nature would be the outflowing of the self-force of the Person and the Person would be the outflowing of the supreme Nature, the supramental power of being of the Ishwara. It is this supreme truth of his being, an infinitely harmonic principle, that would create the order of his spiritual freedom, an authentic, automatic and plastic order.

In the lower existence the order is automatic, the binding of Nature complete, her groove firm and imperative; the cosmic Consciousness-Force evolves a pattern of Nature and its habitual mould or fixed round of action and obliges the infrarational being to live and act according to the pattern and in the mould or round made for it. Mind in man starts with this prearranged pattern and routine, but, as it evolves, it enlarges the design and expands the mould and tries to replace this fixed unconscious or half-conscious law of automatism by an order based on ideas and significances and accepted life-motives, or it attempts an intelligent standardisation and a framework determined by rational purpose, utility and convenience. There is nothing really binding or permanent in man's knowledge-structures or his life-structures; but still he cannot but create standards of thought, knowledge, personality, life, conduct and, more or less consciously and completely, base his existence on them or, at least, try his best to frame his life in the ideative cadre of his chosen or accepted dharmas. In the passage to the spiritual life the supreme ideal held up is, on the contrary, not law, but liberty in the spirit; the spirit breaks through all formulas to find its self and, if it has still to be concerned with expression, it must arrive at the liberty of a free and true instead of an artificial expression, a true and spontaneous spiritual order. "Abandon all dharmas, all standards and rules of being and action, and take refuge in Me alone", is the summit rule of the highest existence held up by the Divine Being to the seeker. In the seeking for this freedom, in the liberation from constructed law into law of self and spirit, in the casting away of the mental control in order to substitute for it the control of the spiritual Reality, an abandonment of the lower constructed truth of mind for an action in the flux of nature childlike or inert like a leaf lying passive or driven by the wind or even incoherent or extravagant in outer semblance. It is possible also to arrive at a temporary ordered spiritual expression of the self which is sufficient for the stage one can reach for a time or in this life; or it may be a personal order of self-expression valid according to the norm of what one has already realised of the spiritual truth but afterwards changing freely by the force of spirituality to express the yet larger truth that one goes on to realise. But the supramental gnostic being stands in a consciousness in which knowledge is self-existent and manifests itself according to the order self-determined by the Will of the Infinite in the supernature. This self-determination according to a self-existent knowledge replaces the automatism of Nature and the standards of Mind by the spontaneity of a Truth self-aware and self-activein the very grain of the existence.

(to be continued next week)

— Sri Aurobindo, THE LIFE DIVINE, Pages 1036-1039





# **NEWS & NOTES GUIDELINES**

# DEADLINE FOR SUBMISSIONS: TUESDAY 5PM

The content of News & Notes is a reflection of the growth process of this community towards its ideals of Harmony, Goodwill, and Truth. Editing of submissions, mainly for reasons of space and clarity, is done according to an established policy.

#### How to submit material:

- Max size of posters should be 1 MB, JPEG format. Bigger posters will be reduced or cropped to fit.
- Please AVOID CAPS letters
- Material (no pdf files, please) may be sent in English only to **newsandnotes@auroville.services**
- Articles for the Notes section should ideally be no longer than 500 words.
- Please try your best to send your announcements, reports, film schedules whenever they are ready. Any modifications of submitted News items must be sent to the editors before Tuesday 5pm.

#### **DISCLAIMER:**

Please note that the opinions and views expressed on these pages are solely those of the respective authors or work groups and do not necessarily reflect the position of the editors or the larger Auroville community. The News & Notes aims to provide a platform for the publication of diverse perspectives and voices from multiple sources within Auroville.

While our editors strive to ensure the accuracy of the information presented, we cannot guarantee that all information is free from error or omission. Additionally, we cannot be held liable for any alleged misinformation provided or offence caused by the content published.

In the event of any dispute, we encourage readers to consult with the Auroville Council, and we reserve the right to suspend the publication of disputed material. Our commitment to providing an open and inclusive platform for dialogue and exchange of ideas remains steadfast.

The News and Notes team newsandnotes@auroville.services

#### LIST OF ACRONYMS:

**AVF** (Auroville Foundation), **AVFO/FO** (Auroville Foundation Office), **GB** (Governing Board), **RA** (Residents Assembly)

The following groups are divided in two categories: The groups selected by the Residents Assembly through Community decision making Processes and the groups put together by the GB and the FO (not recognised by the Residents Assembly).

#### Working groups selected by the Residents Assembly:

Working Committee (WCom) Funds and Assets Management Committee (FAMC) Budget Coordination Committee (BCC) Town Development Council / L'avenir d'Auroville (TDC)

Auroville Council (AVC) Entry Service (ES)

#### FO selected groups:

Working Committee (WC)

Funds and Assets Management Committee (FAMC) Budget Coordination Committee (BCC / BCS) Auroville Town Development Council (ATDC)

Housing Service (HS) Land Board (LB)

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# NOTE FROM THE EDITORS

Dear Community,

#### Here is some important information:

- You can read past issues and subscribe HERE.
- If you wish to support the N&N community Edition, you can done at this account Nr: FS #252150.
- Content sent through @auroville.org.in mail ID, will only reach us if you use this <u>FORM</u> to submit your content.
- The mail ID to submit content is: <u>newsandnotes@auroville.services</u>.

Thank you for your continued support!

In community, The RA Community Edition News and Notes Team

# WORKING GROUPS NEWS

## FROM THE ENTRY SERVICE

#### NO ANNOUNCEMENT THIS WEEK

If you need to contact the Entry Board, write to: auroville.entryboard@gmail.com

## FROM THE RA WORKING COMMITTEE

# RECENT DEVELOPMENTS CONCERNING THE AUROVILLE COUNCIL MEETING ROOM

Dear community,

We would like to inform you that on March 11th, a number of current and former members of the Auroville Council received a notice by email from the so-called 'FAMC' of the Governing Board. The notice stated that "unauthorized users" must vacate the 1st floor meeting room and office space in the Town Hall by the 15th of March.

This notice to vacate (<u>attached</u>) is an overreach of power and an intimidation tactic that disregards once more the essential role of the Residents' Assembly and its duly selected working groups in the day to day management of Auroville.

We have responded to the unknown members of the 'FAMC' on 14th March (<u>see letter attached</u>) and have re-affirmed that this room has always been utilised by groups selected by the Residents' Assembly and that this will continue.

We invite all residents that wish to help maintain a presence in the Auroville Council room, which is also used by other essential groups such as the Entry Board and the RA BCC, to contact <u>avcouncil@auroville.services</u>.

This is an important asset for the Residents' Assembly of Auroville and it has been protected from being taken over for over 20 months now. It is a testimony to our resilience. Everyone's participation and help is needed.

In community,



Aravinda, Bharathy, Chali, Mael (TOS), Sauro, Valli

#### **UPDATE ON JUDGEMENT RE ATDC**

Dear Community,

Below is an update on the court decision regarding the constitution of the Auroville Town Development Council (ATDC), published on Friday, 15th of March. The full text of the order is <u>attached</u>.

The decision taken by the Governing Board through a Standing Order of June 2022 to change how ATDC members are appointed was contested by a community member, and a member of the RA selected TDC, at the Madras High Court, arguing it contradicted the Auroville Foundation Act and our Master Plan (Perspective 2025), and limited the Residents' Assembly's input and role in Auroville's development.

The court carefully examined the roles of the Governing Board and Residents' Assembly under the Auroville Foundation Act and found that the new appointment process for ATDC members undermines shared governance and Residents' Assembly participation.

The Standing Order was therefore invalidated, emphasizing the Residents' Assembly's vital role in ATDC nominations and appointments.

The High Court stated that the impugned Standing Order is ultra vires the Act, which means it exceeds the scope of powers given to the Governing Board according to the Act, and it is in violation of the Master Plan (Perspective 2025) document.

In a significant passage [paragraph 12.3] the High Court Mentions that :

Further, from the ideals of the charter which are mentioned in the counter-affidavit, as also the ideals which are mentioned in the preamble to the Act and the various previous of the Act read in entirety, it would be clear that the development of Auroville town in a manner consonance with the ideals of the Mother is very much a critical aspect. The functional autonomy and the managing the affairs from inside are the hallmarks of the institution. The impugned Standing Orders grant power to the Governing Board and further, authorising the Secretary of the Governing Board to appoint any person as a member of the ATDC without the advice and consultation of the Residents' Assembly, is ultra vires the Act." It is clear from this passage that the physical development of Auroville being carried out in a manner that is in consonance with the ideals of the Mother is very much a critical aspect.

According the High Court [paragraph 14] "The Governing Board has powers to frame Standing Orders. It can prescribe the qualifications of the Members to be chosen by the Residents' Assembly as also provide for technical members. However, the selection/nomination of the said members can only be by the Residents' Assembly, though it may ultimately lie within the powers of the Governing Board to reject a nomination or selection of a particular person. The Governing Board arrogates the entire powers of the Residents' Assembly to itself and virtually nullifies its existence and role vis-à-vis the Master Plan"

The High Court further states that the provisions of the Act have to be read harmoniously. The overall superintendence granted to the Governing Board should be understood in the sense that the GB is not powerless if the Residents' Assembly or the International Advisory Council omit their duties or if their functions are not carried out properly, but not as if " the Governing Board can frame Standing Orders and permanently take away the functions of the other arms of the foundation namely, the Residents' Assembly or the Advisory Council. Nor it can entrust such functions to the Secretary of the Foundation" [paragraph 14.1]

The order of the Madras High Court set aside the Standing Order for ATDC of 2022 and it further states that the Governing Board may make fresh regulations provided they respect the Auroville Foundation Act and the observations (directives) set down in this Court Order.

Once again the High Court has emphasized the principle of mutuality among the different entities of the Foundation and we hope that it will be possible now to open a new phase for building the City of Auroville in a spirit of true collaboration.

In light of this order, all the works undertaken under the authorization of an ATDC constituted under an order that has been invalidated should be paused and reviewed. Additionally, all intimations for housing demolition or reallocation for development work that have come from the ATDC or signed by members of the ATDC, including the 'Reallocation Team', have no legal validity. A legal notice has been served by the lawers for this case to the members of the ATDC appointed by the Governing Board, as well as to the Secretary and the Governing Board itself. In case anyone receives a communication signed by the ATDC (appointed by the GB), please inform us. If further activity on the radials and ring roads is observed, please inform members of the RA 'TDC' at tdc@auroville.services.

With renewed hope and faith, Your Working Committee



Aravinda, Bharathy, Chali, Mael (TOS), Sauro, Valli

# FRUIT TREES LEASED TO HIGHEST BIDDERS BY OFFICE OF THE SECRETARY

Dear community,

We would like to inform you about the latest developments regarding the (mis)management of Auroville farms by the Auroville Foundation's Office of the Secretary (AVFO). As usual, neither the Residents' Assembly nor its legitimate representatives were involved in the process.

On 7th March, the AVFO published on its website (<u>www.aurovillefoundation.org.in</u>) a tender document (<u>attached</u>) to lease much of Auroville's fruit trees (<u>see Annexure II in the tender document</u>) to external private entities.

In summary, this would give the right to the highest bidders to collect Auroville's organic fruits and to use them or sell them for their own benefit. Auroville farms, which already struggle with maintenance cuts and ongoing land exchanges, are now losing one of their main sources of income. With the survival of our farms in danger because of the AVFO's actions, one wonders if the Governing Board's emphasis on food sustainability was only a pretext to cover up other agendas.

We share with you, with their permission, a response sent by the Auroville Farm Group on 14th March (<u>attached</u>). We believe this response highlights a number of crucial points and we invite everyone to read it. We also shared this response with the Governing Board on 18th March (<u>attached</u>).

Additionally, we would like to inform you that we have issued a public notice in the press (<u>attached</u>) to notify potential bidders that transactions about the lease of Auroville fruit trees might be subject to legal challenges, disputes and litigations; land exchange was also included in this notice. Additionally, our media team has written a press release on the topic (<u>attached</u>).

We are extremely concerned about this new tendency to outsource and sell off Auroville for the purpose of financial gain and private interests. In the face of these repeated attacks on the body and soul of Auroville, we remain committed to standing for the ideals of Auroville set forth by the Mother.

In community,



Your Working Committee Aravinda, Bharathy, Chali, Mael (TOS), Sauro, Valli

FROM THE EXIT REVIEW COMMITTEE

#### AN UPDATE FROM THE EXIT REVIEW COMMITTEE (ERC)

The ERC has been meeting on a weekly basis since its formation in January 2024.

We are pleased to say that a positive and harmonious group dynamic has been established in the process of our meetings; till now we have focused on studying the ERC Policy and the various documents related to it.

In 2020, the community process for the final ratification of the ERC Policy was interrupted by the Covid pandemic: the last steps of holding a General Meeting and an RAD on the subject, could not be done.

We are now ready to move forward with the ratification process and by this the Entry & Exit policy will be a complete one. A General Meeting on the subject will be announced soon.

We look forward to serving the Residents' Assembly to our best

capacity.

For the Exit Review Committee,

Ashesh, Auradha, Bunty, Buvana, Dhandapani, Ganesh, Tineke, Rakhal and Rakhee

# **COMMUNITY NEWS**

# **COMMUNITY SHARING**

#### SELECTION PROCESS 2024 NOMINATIONS NOW OPEN! 18TH MARCH - 1ST APRIL 2024



#### Dear Residents,

We understand that there may be questions about the point of carrying out a selection process for the working groups of the Residents' Assembly now. We are aware that there is a feeling that there isn't much work to be done and doubts about being effective since the Office of the Secretary and the Governing Board have created and only recognize their own groups (FAMC with BCC and Housing, Working Committee, ATDC). We are also aware that there is a sense of fear and insecurity on many levels that causes people to hesitate to be in the groups now, yet active participation from all during these trying times is more important than ever.

The Residents' Assembly is alive and continues to function. There is much work being done through its selected working groups and the larger Auroville family, and there are a number of practical tasks that are being carried out in all work areas, which need to continue. There is also now more space and possibility than ever to explore and make proposals for positive and creative initiatives and projects. We encourage all residents to sincerely consider themselves as a nominee in one of the RA working groups if they feel they have the needed skills and capacities. The community needs us all!

Building a strong, united and dedicated community, and manifesting the 'City the Earth Needs' is the call of the hour. This is not only our collective responsibility but also our aim for being here, our promise to ourselves and to the Divine Consciousness in the true spirit of Auroville.

We invite you to take part in the next Selection Process for the Auroville Council (AVC), Admission Committee (Entry Board) and Working Committee (WCom)\*.

According to the selection process procedure (PWG) (https://shorturl.at/iCPZ2), an Auroville resident can either nominate him/herself or nominate others to become Working Group members. All Aurovilians and Confirmed Aurovilians can participate in the selection process.

For more details (list of outgoing members, mandates, job description, requirements for candidates), please refer to <u>this</u> <u>document</u> (https://shorturl.at/ikDHI).

\* - Selection for the FAMC is postponed since the Residents' Assembly (RA) has resolved that the RA Working Committee would <u>"</u>coordinate the functions of the FAMC until such time as the circumstances allow for the selection and functioning of a new FAMC of the RA" (Ref. RAD/03/2024/AVC).

*TDC* selection will happen once new regulations are created by the Residents' Assembly for approval of the Governing Board (Madras High Court order dt. 15.03.2024).

#### HOW

- Online please use the following link to submit your nomination or nominate others: <u>https://auroville.formstack.com/forms/working\_group\_nominations\_2024</u>
- In person a printed nomination form is also available from the AVC room in Town Hall. Please fill in your form and hand it over to the Residents' Assembly Service (RAS) members / resource persons every Tuesday between 10am and 12pm.

Please note, when nominating another person, the approval of the nominee must be sought prior to the nomination. If application is not complete, the RAS may seek clarification or additional information. If still incomplete the application may be discarded at the discretion of the RAS.

#### Nominations will close on Monday, April 1st 2024!

#### WHEN

The selection is planned for 27th, 28th 2024 (full days, timings will be confirmed in our future communications).

#### WE ARE LOOKING FOR...

#### Silent observers, facilitators and other volunteers

For the selection process, an Organisational Team will be created by the RAS comprising RAS members, silent observers, facilitators and other volunteers formed, according to the skills required for the process. Members of this team shall have no direct link with the potential candidates or selectors.

If you would like to join the Organisational Team, please contact us: <u>raservice@auroville.services</u>.

#### SELECTION GROUP

In the meantime, RAS is forming the Selection Group. According to <u>the PWG 2022</u>, the total number of Selectors should be 40: their names will be drawn completely at random from Aurovilians on the Master List. We will then contact them, providing the information they need to understand the Selection Process, and check if they will be willing to participate (the RAS is responsible for this process, and independent observers will witness the procedure to ensure that it is fair and transparent).

Candidates for working groups and/or members of the Organisational Team cannot be in the Selection Group.

~ Best regards,

For the Residents' Assembly Service Manas, Tatiana

#### AUROVILLE YOUTH WORK SURVEY 2023 - PART 2B

Version: 2024-03-12 Done by: YouthLink Introduction



This is part 2b of a survey conducted by YouthLink on the working situation of youth in Auroville. Part 1 was published last year in News&Notes 971 and 972, part 2a was published last week. The survey results will be published in News&Notes in 4 chapters:

2a - An Auroville youth perspective on education

- 2b The work situation of Auroville youth in 2023
- 2c The financial situation of Auroville youth
- 2d A working youth perspective on Auroville itself

Part 2 is based on detailed in person interviews with 51 young Aurovilians between the ages of 18-30 in the second half of 2023. We consider this study representative of young Aurovilians aged 18-30, only the very young Indian females in the age bracket 18-21 are underrepresented.

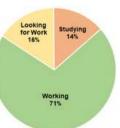
#### The Work Situation of Auroville Youth in 2023

This sociological analysis examines the results of a survey conducted to understand the work situation of Auroville's youth aged between 18 and 30. Our in-depth interviews aimed to shed light on various aspects of their employment, including the types of work, working hours, job-finding methods, team roles, training opportunities, and the factors that shape their work-related preferences. The data gathered from 51 respondents offers insights into the employment landscape within Auroville and how it compares to opportunities outside the community.

#### Employment Status

Out of the 51 respondents in part 2 of the survey, 36 (71%) were actively employed, 7 (14%) were studying and 8 (16%) were looking for work.

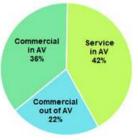
(16%) were looking for work. In the previous part 1 of the survey 89 (77%) respondents from 116 were employed.



In both study samples the employed respondents worked an average 2 years at their current workplace.

#### Where do they work?

Among those employed, 42% worked in service units within Auroville, 36% in commercial units within Auroville, and 22% in commercial companies outside Auroville. In the survey part 1 with 116 respondents we had a similar distribution. Notably, 6 of the 13 working in Auroville's commercial units were also founders of these units.

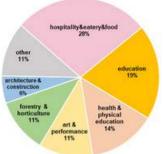


The respondents have often worked in several other places before. On average respondents worked in 2.3 workplaces in Auroville and in 1.8 workplaces outside of Auroville in addition to their current workplace.

#### In which areas do the respondents work?

Many work in the area of hospitality & eatery & food (28%), followed by education (19%) and health & physical education (14%).

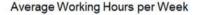
Some are working in art & performance (11%), forestry & horticulture (11%) and architecture & construction (6%). The others (11%) have single specific jobs. Half of the respondents also indicated that their hobbies could potentially serve as a foundation for another work area.

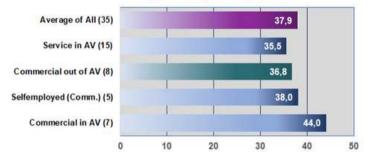


A categorisation is not always easy as several youths work in more than one place.

#### How much do they work?

The working hours among Auroville's youth exhibited a high degree of variability, ranging from 10 to 60 hours per week, with most working between 30 and 40 hours. Surprisingly, the work location has not much influence: respondents working in commercial companies outside Auroville work an average of 36.8 hours per week, in commercial units in Auroville do they work 44 hours per week in average, the self employed work 38 hours per week and in service units in Auroville do they work 35.5 hours per week in average.





The overall average working hours were 37.9 hours per week, with 33% wanting to reduce their work hours, 44% content with their current hours, and 17% aiming to increase their work hours. Reasons for wanting to work more were driven by a passion for their work, while those seeking reduced hours cited a desire for better work-life balance, time for family, education, and other activities.

We also asked about caretaking work in addition to the job. 13 (36%) of the respondents do caretaking work for parents, children or relatives, ranging from a few hours to 50 hours a week, with an average of 15 hours.

Additionally, 15 respondents (42%) engage in unpaid volunteer work ranging from 1 hour to 20 hours per week, averaging 8.5 hours per week.

#### **Team Roles and Work Hours**

Several in Auroville emphasized the non-hierarchical structure of their teams. Nevertheless, 11 respondents (31%) find themselves in an executive role. The remaining Auroville youth hold team member roles (69%). The average workweek for team members was 33.4 hours. In contrast, executives work an average of 48.9 hours per week.



Half of the respondents pointed out that they are willing to take on more responsibility.

**Workplace training:** The majority (65%) reported that they received on-the-job training, with 38% exclusively relying on this form of education. Six respondents (18%) received an introductory course to their current work, while 8 (24%) others attended internal or external workshops or courses. Self-study was mentioned by only a few respondents, primarily among the self-employed. Notably, 4 respondents received no training at all, two of them work outside Auroville, and the other two hold executive roles within Auroville.



#### Contact us

A big thank you to all our respondents for the time they took to carefully answer our questions and the trust they showed in us. We hope this study will give a clearer picture of the working youth of Auroville.

If you have any feedback, specific questions or would like to discuss the findings from this survey, please reach out to us at our email: youthlink@auroville.org.in.



#### JOSETTE TARDIVEL PASSED AWAY

This is to inform the community of the passing of Josette. She lived in Surrender with her husband Michel and had recently celebrated her 80th.



Her funeral took place on Thursday 21 March at 4:30PM at the Auroville burial grounds.

Our love goes out to her family, Michel and Anaïs, and friends.

#### **VOICES AND NOTES**

#### THE SUPREME DIVINE MOTHER MAHASHAKTI

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"All the scenes of the earth-play have been like a drama arranged and planned and staged by Her with the cosmic Gods for Her assistants and Herself as a veiled actor."



https://incarnateword.in/cwm/06/18-august-1954 https://incarnateword.in/cwsa/32/the-mother-vi

We offer All to You, dearest Supreme Divine Mother MahaShakti, for transformation or dissolution.

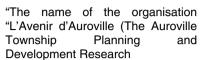
<u>ॐ</u>

Zech, 2024.03.15

#### **RESIDENTS ASSEMBLY'S RESOLVE:**

THE GALAXY PRINCIPLES TRANSLATED INTO THE MASTER PLAN

In February 2007 the Residents Assembly approved the mandate and policy of L'Avenir d'Auroville/ATDC, concluding by these words:





Organisation)" has been chosen for the following reasons:

- The name 'l'Avenir d'Auroville - Auroville's Future' has been given by The Mother.

- However, not many people will understand that this name is related to the planning and development of the Auroville Township. Therefore the suffix "The Auroville Township Planning and Development Research Organisation" makes sure that the outside world understands that this is the organisation which has the mandate and authority to plan and develop Auroville and that this is done in an environment of research and learning. This clarity will be needed when L'Avenir d'Auroville deals with outside agencies including the planning authorities of Tamil Nadu and Puducherry and other governmental bodies, and also with external consultants, contractors, advisors, donors, etc."

The resolve by the Residents Assembly concludes with two Annexes highlighting the essential principles of the Galaxy, to be translated into the Master Plan:

#### "Annexe 01

Main Elements of the Galaxy Concept and Master Plan

- 50,000 Aurovilian resident population;
- Four zones: Residential, Industrial, Cultural and International;

 Matrimandir with its' twelve gardens and the lake at the centre of the city;

- The crown and the city centre;
- The lines of force that give the shape of the Galaxy;
- About 50% of the city area is green;

- Detailed city planning and development based on the master plan in a spirit of experimentation

and innovation;

- Search for beauty.

<u>Notes:</u> The architectural forms, the choice of materials, the lay-out of parks and gardens, the different

means of transportation, the required services and infrastructure etc. will evolve according to the

needs, the advances in know-how and technology, experiments and new discoveries in: innovative,

sustainable energy systems; sustainable water management including rain water harvesting;

non-polluting transport systems; planning aimed at a collective way of life.

#### Annexe 02

Matters to be referred to Roger for approval / final decision – Town planning aspects relating to the main elements of the Galaxy Concept and the Master Plan

of Auroville (see Annexe 01);

- Urban design of the township;

- Architectural concepts (quality of architecture).

<u>Note:</u> Referral of matters to Roger should progressively reduce as it is expected that an increasingly

mature and capable Planning Organisation will resolve most issues while respecting the main

elements of the Galaxy Concept and the Master Plan."

No further resolutions were passed by the Residents Assembly. The complete document can be read in the Auronet: <u>https://auroville.org.in/sites/www.auroville.org.in/files/L'avenir%20d</u> <u>'Auroville%202007.pdf</u>

[Submitted by Paulette]

#### **OUR COMMON VISION-GOAL**

As I have been in the field of Information and Communications Technology since 1984 and still very much engaged in it, here is my continuing take on Artificial Intelligence (AI)<sup>1</sup> which I find quite an interesting development in the Lila, this Divine Cosmic Play, and in the context of being a conscious participant in the Auroville of the Supramental Avatars Sri Aurobindo and the Mother.

The fact is that AI is coming in hyperfast, whether one likes it or not, and we have enough modern myths in fiction books and films warning of its dangers. Of course anyone is most welcome to go to battle with AI and its proprietors head on with our current limited modality as a human being. No one is stopping anyone. Go for it. Each must play one's unique role fully.

But what we are in Auroville for is to first hasten the advent of the new apex species the Supramental being that will have the Divine Power to change the obviously limited mental animal-human modality that is the core of the problem. Homo sapiens are easy slaves and puppets of adverse and hostile cosmic forces, formidable forces that use other humans and AI and whatever, but are nonetheless parts and parcel of the Lila as secret catalysts of change. Testers and exam-givers if you wish to re-label them. This is based on Sri Aurobindo and the Mother's revelations.<sup>2</sup>

So instead of wasting your time in the painful head-on battles typical of the false-separative mental consciousness, rather see the integrality of the Divine Play of the One unfolding as the All, and focus on with the specific purpose of Auroville. This is why one of the Mother's specific instructions for any aspiring True Aurovilian is:

"The first necessity is the inner discovery in order to know what one truly is behind social, moral, cultural, racial and hereditary appearances.

At the centre there is a being free, vast and knowing, who awaits our discovery and who ought to become the active centre of our being and our life in Auroville."

Of course each one has a unique way of achieving this discovery. My perspective is just one of them. You should be able to understand this if you read my posts on AI very, very carefully, instead of just having a knee-jerk reaction. You cannot stop AI with just that.

We must prepare consciously:

"The whole earth must prepare itself for the advent of the new species, and Auroville wants to work consciously to hasten this advent.

Little by little it will be revealed to us what this new species must be, and meanwhile, the best course is to consecrate oneself entirely to the Divine."

Why consecrate oneself entirely to the Divine? Because if not, then when AI is fully unleashed, you as the still limited mentalanimal human with a false-separative consciousness will be enslaved, either brutally or as "happy morons", as Rajiv Malhotra puts it<sup>3</sup>. Freedom in a too mental-animal modality? Forget it... And so:

"The only true freedom is the one obtained by union with the Divine. One can unite with the Divine only by mastering one's ego."

That's quite specific enough that one must have the Consciousness of the Divine. And what is this Consciousness? It is Oneness. That All is One. All is the Divine. Including Al.

What?!

"It's extremely difficult for the Western mind to comprehend vividly and concretely that ALL is the Divine. It is so impregnated with the Christian spirit, with the idea of a 'Creator'—the creation on one side and God on the other!"

Same with AI. Some humans on one side and AI and other humans on some other side.

"In fact, this is what we have said more than fifty thousand times: that all is the Divine and that consequently all is One; that it is only your consciousness which is separated and in a state of unconsciousness because it is separated; but that if you remove this unconsciousness and this sense of separation, you become divine."<sup>4</sup>

Of course one must have a True Experience of this Oneness to be more able to move on to the next stage of the Divine Dance, or "brutal battle" if you insist on the painful ways of going about with the ongoing ever-unfolding Spiritual Evolution of the Divine Oneness and Its Infinite many towards the Life Divine on Earth.

Anyway, as evolution is still evolution, here's the Mother even in 1971 insisting that we must make public Sri Aurobindo's prediction, connected to this technological advancement spearheaded by the West, as follows:

"Europe prides herself on her practical and scientific organisation and efficiency. I am waiting till her organisation is perfect; then a child shall destroy her."<sup>5</sup>

The Supramental Child.<sup>6</sup>

Very intense indeed.

To you as a spiritual being travelling the cosmic worlds life after life who may or may not have forgotten, we say "Welcome back to Planet Earth, to Bharat Mata the Guru of Nations, and to this City of Dawn of the Supramental Avatars Sri Aurobindo and the Mother."

And so we continue to prepare in accordance with Auroville's Core Ideals, our Common Vision-Goal, integrating positively everything that is unfolding on Earth in a Consciousness of Oneness, that everything that's happening is part and parcel of the evolutionary push to the Divine Manifestation of this Supramental Child:

"Auroville will be the place of an unending education, of constant progress, and a youth that never ages.

Auroville wants to be the bridge between the past and the future. Taking advantage of all discoveries from without and from within, Auroville will boldly spring towards future realisations.

Auroville will be a site of material and spiritual researches for a living embodiment of an actual human unity."

A living embodiment of an actual human unity, for our common Vision-Goal:

"Humanity is not the last rung of the terrestrial creation. Evolution continues and man will be surpassed. It is for each individual to know whether he wants to participate in the advent of this new species.

For those who are satisfied with the world as it is, Auroville obviously has no reason to exist."<sup>7</sup>

#### And again:

"The whole earth must prepare itself for the advent of the new species, and Auroville wants to work consciously to hasten this advent."

I asked this question to the Auroville Community: "Does everyone understand my stand now? Of course if the answer is still the big "No", then you are free to again jerk your knee while sincerely contemplating why you are really in Auroville."

We continue on, more easily and joyfully in the Sunlit Path of Bhakti to the Supreme Divine Mother MahaShakti<sup>8</sup>. To Her we offer All for transformation or dissolution.

Om Namo Bhagavate 🙏

- 1. <u>https://www.facebook.com/share/p/vpfK2toiDxpgJyx3/?</u> mibextid=qi2Omg
- 2. https://incarnateword.in/cwsa/28/the-hostile-forces-and-hostilebeings
- 3. https://youtu.be/SNaaEgJzSz8?si=Y2GTBqvRAOqwnPtJ
- 4. <u>https://incarnateword.in/search?</u> guery=All+is+the+divine&page=1&phrase=true
- 5. https://incarnateword.in/agenda/12/december-11-1971
- 6. https://incarnateword.in/compilations/mira-the-mothers-body/isaw-that-little-supramental-child-playing-on-top-of-a-hugemental-head
- 7. https://incarnateword.in/cwm/13/aims-and-principles
- 8. <u>https://www.facebook.com/share/p/E9BTbsh63h5HaeC1/?</u> mibextid=qi2Omg
- ॐ Zech, 2024.03.18

# **AWAKENING SPIRIT**

#### INTRODUCTION TO THE INTEGRAL YOGA OF SRI AUROBINDO AND THE MOTHER

Tuesday, 26th March, 9 am - 12 noon Focus: The Great Stair of Existence

Led by Ashesh Joshi

Place: Mirabelle Education Centre, Auromodele Ph/Whatsapp: 9489147202 (Please register)

All are Welcome

#### AMPHITHEATRE - MATRIMANDIR



Meditation with Sri Aurobindo's long mantric poem, Savitri read by Mother to Sunil's music.

We follow the sun and the timing changes with the season...

From Thursday March 14th timing is:

6.00 to 6.30 pm (weather permitting)

Enjoy the beautiful open space, an immense sunset, heavenly music in the very center of Auroville!

Reminder to all: The Park of Unity is a place for silence, meditation and inner work and is to be used only as such.

We request everyone: please do not use cameras, I-pads, cell phones, etc. No Photos.

Dear Guests, please carry your Guest Card with you.

Access for the Amphitheatre only from 5.45 pm and until meditation ends.

Thank you Surya for Amphitheater team

#### A SATSANG ON THE INTEGRAL YOGA

A sacred gathering for the study and practice of the Integral Yoga of Sri Aurobindo and the Mother, founders of Auroville, the City of Dawn.

"The first necessity is the inner discovery in order to know what one truly is behind social, moral, cultural, racial and hereditary appearances. At the centre there is a being free, vast and knowing, who awaits our discovery and who ought to become the active centre of our being and our life in Auroville." — The Mother

We start right here, in the Eternal Now, from where we each are at this ever-progressive moment, and share our unique experiences on the path of rediscovering and embodying who we really are.

Facilitated by Zech Joya Schedule: **Tuesdays and Thursdays, 5:30-7:00pm** Venue: Conference Room, G/F SAIIER Building, Town Hall Complex, Auroville



Please click this link for details or scan the above QR Code

## POETRY

That magic moment Is gone.

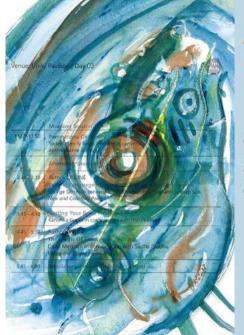
I stubbornly search In the storage Of memory

Only to find Scattered snapshots And flying dust.

-Anandi Z.

# **ART & CULTURE**

#### **PITANGA ART EXHIBITION : HUMAN UNITY**



Art Exhibition

9 March to 2 April 2024 at Pitanga

# Human Unity

# Water colour works by Ivana

Roof Studio / AV Art Service

8



Exhibition timings: Daily, except Sundays Pitanga Cultural Centre, Samasti, Auroville 605 101 | info@pitanga.in | 0413 - 2622403, 9443902403 A service unit of the Auroville Foundation, Health and Healing Trust branch | GSTIN: 33AA4TA0037BY3N

#### CENTRE D'ART CITADINES DAVID BLAMEY - THE LONG NOW

DAVID BLAMET - THE LONG NOV

From 29 March to 13 April 2024

Monday-Friday 2-5pm Saturday 10am-12pm, 2-5pm

Opening on Friday 29 March at 4pm

David Blamey is the artist selected by Centre d'Art for the 2023-24 residency programme. He has been working for two months on his new project – titled 'The Long Now' – that will be exhibited in the gallery at the end of March.

DAVID BLAMEY Centre d'au

29 march 13 april



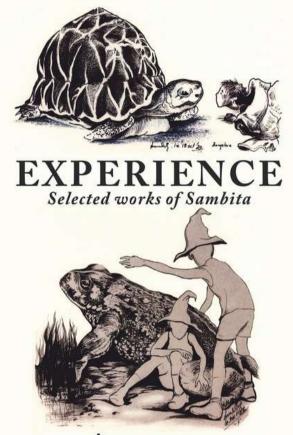


David Blamey lives and works in London and SW France. His work encompasses several activities that overlap to form a multidimensional practice that eludes conventional categorisation. To this end, his projects are positioned consciously within a range of public situations, both inside and beyond the art gallery.

For over 30 years he has travelled and carried out research in India. In 2006 he was awarded the Arts Council of England's Prayog International Artist Fellowship and in 2017 his film 'Rice' was selected for the Mumbai International Film Festival before being screened worldwide at different venues; winning best world film at the Rome Agri Culture film Festival (2019) and best no-dialogue film at the Prague International Film Festival (2024).

'The Long Now' will present a number of new works made on site in Auroville, including: drawings, painting objects, book objects, sculpture and installation.

#### **AURELEC RESTAURANT & ART GALLERY EXHIBITION**



**QUIPLEC** Restaurant & Art Gallery. 15th March to 6th April 2024 | Open from 8 am to 5 pm

# WORK OPPORTUNITIES

# AUROVILLE DOG SHELTER

#### Full maintenance position offered!

Are you an Aurovilian or a Newcomer with a deep love for animals? Join our team at the Auroville Dog Shelter! We're seeking a compassionate individual to take on the responsibility of caring for nearly 300 dogs. This full-time role requires a commitment of five days a week from 9:00 to 17:00. Alternatively it's possible to split a maintenance between two people. You must have a talent for organization and be able to work in a team.

This isn't just a job; it's the real yoga of work. Understanding its demands, we offer a one-month voluntary trial period before a one-year commitment.

# VOLUNTEERING OPPORTUNITIES

#### AUROVILLE DOG SHELTER

CANINE CARE CAMP NEEDS VOLUNTEERS

The Auroville Dog Shelter seeks volunteers for the first-ever Canine Care Camp, with the honorable Dean of RIVER College, Pondicherry, on:



March 26th and 27th, from 10:00 am to 3:00 pm at the shelter.

Thanks to grants from the Animal Welfare Board of India and the Department of Animal Husbandry, we'll be microchipping, deworming, and vaccinating our dogs, capturing their pictures for our new website, and equipping them with personalized dog tags and reflective collars.

We need 10 volunteers to assist with dog handling, registration, database management, and organization. Volunteers will enjoy a complimentary lunch buffet and refreshments.

To sign up, please send a WhatsApp message to Arthur at **8122225266**.

#### HEALTH

#### **AV HEALTH FUND NOTICE**

Dear Health Fund Members,

18-03-2024

The end of the financial year is approaching and we kindly request you to check if you have any medical bills from April 2023 onwards.

We need to receive those bills before/on March 28th of this year in order to process/refund them.

We cannot process any of those bills if received/deposited later than 28th March of this year!

Medical bills generated in March 2024 will still be refunded in April 2024, we do however, kindly request you to deposit those March bills asap.

Please check and deposit them at Sante or Health Centre in the respective bill boxes.

# Health Fund will be closed on Thursday 21st of March and instead be open on Friday 22nd of March.

We apologize for any inconvenience this may cause.

Thank you all for listening to our request to deposit your bills in time!

Have a nice day!

Regards, Health Fund Team.

#### SANTÉ SERVICES IN MARCH 2024

#### Working Hours:



Monday - Saturday 9:00 - 12:30pm & 2:00 - 4:30pm

Tests and Sample collection:

Mon-Fri before 8:30 - 12:00 pm. No sample collection on Saturday.

For emergencies, contact: Auroville Ambulance (24/7) : Phone: +(91) 9442224680 Government Ambulance (24/7) : Phone: 108

Please call Santé on (0413) 2622803 during working hours for an appointment

#### WhatsApp Arthur at +918122225266

AUROVILLE

DOG SHELTER

Doctor consults with Dr.Senthil: Monday to Friday	Nursing Care: Ezhil, Thilagam, Archana & Sandhya: Daily No appointment necessary
<b>Ayurveda</b> with Dr.Be: Tue/Wed/Fri	Pregnancy Care & Women's Wellness with Paula: Tuesday & Wednesday
Acupuncture with Andres:	Homeopathy with Michael:
TOS	Mon / Wed / Sat
Integrative Psychotherapy	Physiotherapy
with Juan Andres:	with Arun& Rebeca(tos):
Monday to Friday	Monday to Saturday
Functional Medicine	Soundbed Session with
with Lize:	Sandhya/ Thilagam:
Wednesday & Friday	Monday to Saturday
Bio-Well Assessment (Evaluation of your well-being) with Helena: Inquiry through email (adminsante@auroville.org.in)	Physiotherapy & Massage with Galina: Monday to Friday

In Santé, we value our patient's confidentiality & make every effort to ensure their privacy.

In case of cancellation or to reschedule, it is necessary to inform us in advance.



#### **Services Provided:**

- · Emergency eye care services with primary-level care
- Complete eye testing facilities for eye problems
- Follow-up services for surgeries and consultation from Aravind
- Spectacles and contact lenses
- Eye medicines (Homeopathy, allopathy, and Ayurvedic Drops)
- Personal guided support to visit Aravind Eye Hospital for surgeries and procedures
- Personalized eye exercise training, eye yoga sessions, and vision therapy sessions. Both morning and evening slots are available

**Contact:** <u>aurokiya@auroville.org.in;</u> <u>aurokiya@gmail.com</u> WA/ Mobile: 8012305151: <u>www.aurokiya.com</u>

#### EDUCATION

#### **TUTION GRADE 1-12**

Tution classes open for students from grade 1 to grade 12. Please contact on my WhatsApp 8270512606. Ashwini



#### SPOKEN ENGLISH AND HINDI

Hi! My name is Ashwini and I have an experience of 20 years as a Spoken **English, Hindi, Kannada and Marathi** language trainer for all levels. If you are interested in learning one of the above languages either in oral or written form please contact me on my WhatsApp 8270512606.

#### NEWS FROM AUROVILLE LANGUAGE LAB

Please remember to put your mobile phones on flight mode and switch off all wireless and Bluetooth devices before you enter the Lab. We are a wireless-free space!

#### Something New: Evening Programs!

From **1st February 2024**, we are launched a new experiment. The Language Lab has extended its opening hours from 5pm -7:00pm, Monday to Friday. We are offering special evening programs which include conversational practice with native language speakers, talks, as well as self-learning and guided study in different languages with our mediatheque.Our regular day-time students are welcome to take advantage of these sessions as well for some additional practice. This is to revive an old idea of "language exchange" and "sharing languages". This program | is free of cost to everyone: Aurovilians, Newcomers, Volunteers, Guests and people from around the Auroville area. The Language Lab has always been open to all and this program will be as well. Ever learnt a language but feel a bit rusty now? Come and revive it! All, including Guests are welcome to join. Come share your language with others!

Conversation Practice sessions would be Mondays for Samskrit Tuesdays for Spanish & Tamil, Wednesdays for French & Chinese, Thursdays for English (On the Auroville Charter and The Dream) and Fridays for German & Italian. Please come forward for other languages, especially Hindi! All are welcome for these sessions.

Do let us know if you would like to be part of this experiment and what you would like to receive and offer, either as a participant or a facilitator, by sending an email to info@aurovillelanguagelab.org or a WhatsApp message to +91 98430 30355.

#### Samskrit Chants with Vishvanathanji

Learn Samskrit Chanting in the light of Mother and Sri Aurobindo.

We will learn 8 traditional Samskrit Chants, invocations to the Divine Mother, to deepen our aspiration, widen our receptivity, and to bring down in us samata, peace, courage, humility, sincerity, harmony, gratitude, and perseverance.

The sessions will be led by Vishwanathan, supported by his wife Lalitha. Their study of the writings of Mother and Sri Aurobindo has deepened and enlarged their understanding of the traditional Samskrit chants and in turn the chants are a great help in their sadhana. They feel blessed to share these traditional Samskrit chants.

So, every Monday from 5 to 6 pm all are welcome to join to learn these inspiring Chants!

#### Our first full-length publication:

We are delighted to share that our first full-length publication, "From Resonance to Bonding" by Dirk Beckedorf & Franz Müller, is now available on Amazon! The book gives an in-depth explanation of the Alfred Tomatis method, its scientific basis, how and why it works, along with detailed case studies. Order through our website: <u>https://books.aurovillelanguagelab.org/</u>

You can access the detailed Table of Contents, as well as 2.5 chapters of the actual book for free <u>here</u>, before deciding to order through Amazon.

This book has information for a wide variety of professionals in different fields, as well as laypeople. For example, midwives, doulas, gynaecologists, as well as pregnant women, parents-to-be and recent parents, will find the chapter on "Resonance in the Womb" full of incredibly fascinating information. It is an excellent summary of all the research since Dr. Tomatis' pioneering work in the early 1950s, on the development of listening in the womb.

For now, in India, it is only available as a Kindle e-book. You can use a free kindle app to access it (mobile, tablet or desktop). We are looking for sponsors to cover costs of the first print run, so that it can be available as a paperback.





#### Looking for:

We found a volunteer for the Telegu translation editing work, and for most of the other tasks. But we could definitely still do with someone to help with fundraising and English Teaching. and We always welcome volunteer language teachers

#### Tomatis

# <u>There are spaces available for both language & listening training programmes!</u>

Please contact 0413-3509932 or 04132622467 or email us at tomatis@aurovillelanguagelab.org to schedule your Listening Tests & Consultations.

To know more about the Tomatis Method, please have a look at the following links:

- <u>https://www.aurovillelanguagelab.org/tomatis-method.php</u>
- <u>https://www.aurovillelanguagelab.org/tomatis-kids.php</u>
- https://www.youtube.com/watch?v=wnpXprTI3m0
- <u>https://www.youtube.com/channel/UCeTIG0v-</u>
- sBMIyywZNdZcAng/videos
- <u>https://www.listenwell.com/</u>

#### Current Schedule of Classes

Language	Level	Time	Day(s) Of Classe	
English	Pre-Intermediate & Intermediate	11:00am - 12:00pm	Tuesday & Thurso	
	Conversation Intermediate Start date 8 February 24	4 - 5pm	Tuesday & Thurso	
	Conversation Pre- Intermediate Start date 12 February 24	4 - 5pm	Monday & Wednesday	
	Beginner Start Date 11 March 2024	10:30am – 12noon	Monday & Wednesday	
French	Beginner Start date 10 February 2024	2:30- 4:30pm	– Saturday	
	Conversation Post Beginner Start date 10 February 2024	10:30am – 12noon		
	Conversation Intermediate Start date 5 February 2024	2:30 -3:30pm	Monday & Thursd	
Tamil	Spoken Beginner Start date 23 January 2024	9:30 – 10:30am	Tuesday & Frida	
	Spoken Intermediate To Start March 2024	5:30 – 6:30pm	Tuesday & Frida	
Sanskrit	Beginner Start date 28th March 2024	2 – 4pm	Thursday	
Hindi	Beginner Start date 27 <sup>th</sup> March 2024	2 – 4pm	Wednesday	
German	A1.1 Beginner Start date 5 February 2024	9:30 – 11am	Monday & Wednesday	
	German Elementary S&W To Start March 2024	4 – 5pm	Tuesday & Thursd	
Spanish	Beginner Start date 24 January 2024	2:30 – 3:30pm	Monday	
	Intermediate	2:30 – 4pm	Tuesday	
Japanese	Beginner To start April 2024	TBA	ТВА	
Italian	Beginner Start date 7 February 2024	4 – 5pm	Wednesday & Frid	
	Intermediate Start date 15 February	4 – 5.30 pm	Thursday	

If there's a language you would like to learn but it's not listed  $\ldots$  please let us know!

The Language Lab is open: Monday – Friday, 9am - 12pm & 2pm - 7pm Saturday, 9am - 12pm & 2pm - 5pm

Location: International Zone, after Unity Pavilion & Pump House.

Contact: Phone: (0413) 2623 661, 2622467, +919843030355 Email: <u>info@aurovillelanguagelab.org</u>

# **CLASSES, WORKSHOPS & HEALING ARTS**

#### BANSURI FLUTE CLASSES

The Sound of Bamboo Various Styles of the Indian Flute



Every Friday (Beginner: 11am-12pm, Advanced: 12pm-1pm)

Drop in is possible at any time, flutes available to borrow or buy.

#### **Contribution:**

- Aurovilians, NCs, Volunteers & Local Villagers: Free donation - Guests: 500 INR

More Info: <u>www.the-sound-of-bamboo.com</u>

To Donate: https://pay.auroville.org/divine-arts

Learn More About Divine Arts: <u>https://auroville.org/page/divine-arts</u>

#### **About Divine Arts:**

https://auroville.org/page/divine-arts

#### WRITING FROM WITHIN

Writing from Within is a session to learn how to use the writing as a tool to get to know oneself, one's different sub-personalities, the unconscious strategies by which we sabotage ourselves but also the natural resources we have inside to overcome obstacles and evolve.



Moreover, many other creative writing exercises can also be practiced during the session, such as experimenting with sounds and rhythms of the words, rediscovering the innate talent of storytelling, reactivating lost creativity, exercising the inner muscle of imagination through memory, and much more. The sessions will take place at the European House. **Duration of the session: 1h30min.** 

For the Info and to book your session, write at <u>justwannawrite.email@gmail.com</u>

If you want to know more about me, check my Vlog "I Just Wanna Write" at <u>https://www.youtube.com/@IJustWannaWriteht9ql/videos</u>

Or my blog <u>https://ijustwannawrite.com</u> Let's keep up with the good writing!

Francesca

#### TAI CHI HALL @ SHARNGA

The Tai Chi Hall in Sharnga community offers daily classes, six days a week.

#### Mondays & Saturdays:

- 7:30-8:30am Chi8:30-9:30am Form
- **Tuesdays Fridays:**
- 7:30-8:00am Chi
- 8:00-9:00am Form

We practice three forms (24, 108 and 127) in the Yang style, as taught by the Inner Way School - Stevanovitch Method (artduchi.com). All are welcome to drop in.

Our next beginner's intensive is from February 12 to March 2, 2024.

taichi.auroville.org / taichi@auroville.org.in

# ASTROLOGY101 .... + \* .\* .\* .\* .\* .\* .\* .\*

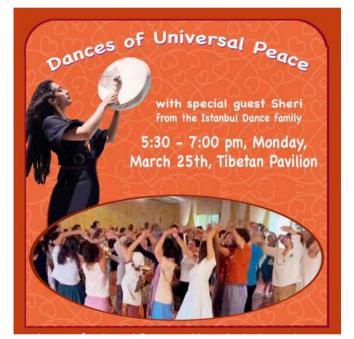
The next **1-year program** on the **Stars & Planets** begins soon! This is for anyone interested in personal growth and development using the **ancient Indian system**. You'll learn how to make and analyze your birth chart, and act from a space of vedic knowledge. I'm using a **pay-as-per-yourcapacity** pricing model, to ensure that this is accessible to everyone.

Places are limited, and the program starts on 12th April 2024.

In order to maintain the quality of learning and to ensure that you receive personalised attention, we will be limiting this batch to just 25 learners. This ensures focused guidance and fosters meaningful group interaction as well. Since there are limited spots, we will be selecting learners carefully. For details, and to register, pls visit: <u>https://www.allthingsvedic.in/astrology101</u>

Vikram, whatsapp: 98343948288

#### DANCES OF UNIVERSAL PEACE BY SHERI



Dances of Universal Peace combines simple dance steps with sacred songs from around the world. By donation.

#### **CONSCIOUS NATURE IMMERSION AT MAHAKALI PARK**

About the Park: MahaKali Park is one of the 4 parks of Auroville, which is developed as a place for holistic awareness and selfdevelopment through nature. We guide you into an educational and meditative walk in the forest. The historical experience of green spaces in the specific context of Auroville have led to a unique understanding of holistic



ecology. Providing a space for a direct connection with the organic "web of life" brings, in turn, insights for our self-study and yoga of work.

When: Every Wednesday and Sunday

Contributions: Accepted for the management of the site.

**Clothing**: Be adequately clad to prevent mosquito bites. You may also carry mosquito repellents.

**Venue**: Meeting point at Révélation's main gate 5-10 min before the time of the session (Search for "Revelation Forest" on Google Maps)

Contact: Vignesh +91 9620493716

Please note: The park is not yet accessible without our supervision, Thank you for your understanding! Gmap link: <u>Revelation forest Auroville</u>

#### MARTIAL ARTS - AUROVILLE AIKIDO NEWS



Auroville Aikido at AV Budokan (Dehashakti) is happy to share again their Adults regular schedule for Beginners and others (with N. Murugan and Surya) for interested people to join this beautiful and complete practice in the form of a Japanese martial art: every Tuesday, Thursday, Saturday early morning from 6 to 7.30 am + Wednesday 5.15 to 6,30 pm.

For **children classes** (with Surya, Philippe G. and Cristo) **and other info**, please contact us: <u>budokan@auroville.org.in</u> and 83001 89062 (Surya) - 99528 12843 (Murugan/WA) - 83006 43963 (Philippe/WA). Reasonable contributions required.

#### AUROMODE YOGA SPACE

MARCH 2024 SCHEDULE



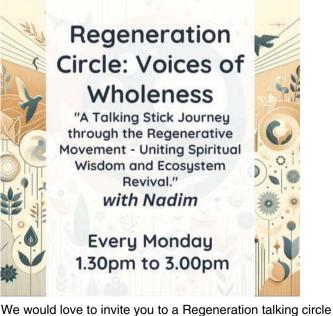
Registrations are a must for all the program.

Email or WA us, to know about the fees structure and other details.

Contact – email – <u>balaganesh.siva@gmail.com</u> & WA(only) +91 98926 99804

Day	Time	Description	
Monday to Friday		Mobility with Karlakattai–Classes from March 1	
Every Friday	5 30 pm to 7 00 pm	Vinyasa Flow Asanas	
Every Saturday	5 30 pm to 7 00 pm	Vinyasa Flow Asanas	
Every Sunday	5 30 pm to 7 00 pm	Vinyasa Flow Asanas	
March 1 to 22, 2024	Morning and evening	200 hr Hatha/ Vinyasa / Vinyasa flow Yoga TTC intensive	
March 1 to 29, 2024	Morning and evening	300 hr Hatha Vinyasa / Vinyasa flow Yoga TTC intensive	

#### **REGENERATION TALKING CIRCLE @ VÉRITÉ**



What is Regeneration?

#### https://youtu.be/GMLyhJw4Bps?si=xPCQmXpA7Awx5Ter

Book your spot or drop in! For more information or group bookings for consensus building, please follow this link: https://events.auroville.org.in/events/19045



For info & registrations: CULTURAL CENTRE info@pitanga.in, 0413 2622403 / 9443902403 WA

# Program March 2024

Join without prior registration! **DROP-IN CLASSES** 

#### Mondays

7:30am-9am, Asanas with Rachel 8:30am-10am, Yoga Therapy with Gala 4pm-5pm, Biodynamic Deep Presence with Mike

#### Tuesdays

9am-10:30am, Gentle Yoga with Lisbeth 3:30pm-4:30pm, Body Music with Anandi Z

#### Wednesdays

7:30am - 9am, Asanas with Rachel 8:30am - 10am, Yoga Therapy with Gala

#### Thursdays

4:30pm-5:30pm. Aviva Exercise with Surivagandhi 4:30pm-6pm. Vocal Sound Healing with Lola 5:30pm-6:45pm, Restorative Yoga with Rachel

#### Fridays

6:45am-8am, Pranayama with François & Namrita, For former "The Art of Living" course participants 7:30am-9am, Asanas with Rachel 8:30am-10am, Yoga Therapy with Gala

3pm-4pm, Reading of Savitri with Patricia - An interactive session

4:30pm-5:30pm, Readings of the Life Divine with Balvinder 5:15pm-6:15pm, Feldenkrais with Shari

5:15pm-6:15pm, For Giving Love with Marie-Claire

#### Saturdays

9am-10:30am, Yoga (Intermediate level) for regular practitioners) with Rachel

11am-12:30pm, ATB Explorations with Isora, Rosario & Teresa

2:15pm-4:15pm, Truth Based Relationships - Practical Sessions with Juan Andrés

#### YOUTH ACTIVITIES

These are ongoing educational programs. If a child is interested, parents need to talk to the teacher before joining the class.

#### Asanas for Teenagers with Lisbeth

- Mondays, Wednesdays, 4pm 5:15pm Yoga for children, 5-8 yrs., with Gala • Saturdays, 9am-10am,
- Yoga for children, 7-9 yrs., with Gala
- Saturdays 10am–11am,
- Energy games for children, 9 yrs. +, with Gala
  - Saturdays 11am–12pm,

#### **CLASSES – BY APPOINTMENT**

#### Art Therapy with Gala

- Thursdays, 3-5pm for adults
- Fridays, 3–5pm for families

#### Chinese Tea Ceremony with Chun

- Saturdays, 3–4pm
- Do not wear any kind of perfume on this day

#### **HEALING SPACE – BY APPOINTMENT**

- · Bio-Resonance (with Bi-Com machine) by Afsaneh
- Chiropractic by Afsaneh
- · Cranio Sacral Therapy by Anne H.
- Thai Yoga Massage by Juan

#### NEW DROP-IN CLASSES

#### **Truth Based Relationships Practical** Sessions with Juan Andrés

Saturdays 2:15–4:15pm,



Practical Sessions based on the Authentic Self Relationships Model by its author, psychologist Juan Andrés. Use the opportunity for conscious growth that all your relationships offer you in everyday life.

First timers need to have previously explored the content at asrmodel.com

This is a drop-in class

#### Gentle Yoga by Lisbeth Tuesdays 9am–10:30am

Lisbeth, who is teaching the teen yoga classes for the 11th year now, invites you to join her for a gentle yoga class on Tuesdays during the month of March.

This is a drop-in class.

#### WORKSHOPS

Natural Eye Healing, workshop "Eye Yoga" with Aurosugan



- Monday 25–Friday 29 March
- Daily 3–4pm, for 5 days

Eye yoga exercises strengthen weak eye muscles, improving circulation and muscle movement. The technique includes activities that can help improve the entire visual system for better vision.

The eye yoga and exercises are simple and can be done in between your routine tasks, and by doing them regularly, you can significantly reduce your level of eye discomfort, blurred vision and other symptoms of eye strain.

· Registration required.

If you wish to receive our program of activities by email, please write to us: info@pitanga.in See you at Pitanga, with a smile ! Pitanga Cultural Centre 2622403 / WA 9443902403 info@pitanga.in

#### VÉRITÉ WORKSHOPS

#### Pre-registration required

Please contact Verite @ 0413 2622045, 2622606, 9363624083 or programming@verite.in, www.verite.in

#### Ayurveda for Self-Harmony– with Claire Friday, March 22, 9:15am –12:00pm

Discover Ayurvedic wisdom & its recommendations for self-care & healing. In this practical workshop, you will experience some of the fundamental Ayurvedic techniques to observe various body/mind/metabolic conditions in yourself & others & learn how Ayurveda can be applied in daily life to maintain balance & harmony, according to your own nature.

# Food is Medicine- Lifestyle Health Practices – with Parvathi Friday, March 22, 2:00pm – 4:30pm

Learn about your body's constitution (Tridosa) & the plants, foods, spices & lifestyle practices that benefit your constitution & help prevent health complications. Parvathi will also demonstrate the proper way to prepare decoction/ infusion teas.

#### Synchronize your Moon Cycle with Yoga – Radha Thursday, March 28, 9:15am – 12:00pm

The menstrual cycle is a dynamic event in the physical, emotional, intellectual, & spiritual life of women. Becoming more aware of our cycle & understanding the energies associated with it allows us to use its gifts in everyday life. We will explore the female cycle in detail, demystifying each phase & its biological changes, variations in energy level & archetypes. You will learn yoga & lifestyle practices to help you synchronize with your cycle, attune to the changes in your body & energy level, & to balance them.

#### Contact Improvisation Dance – with Bijou Thursday, March 28, 2:00pm – 4:30pm

Contact Improvisation (CI) is based on principles of touch, momentum, weight, & quintessentially, following a shared point of contact. A "moving massage", CI fine tunes your senses & wakes up your ability to listen & respond to what is happening in the moment. You will learn about touch, falling, lifting, leaning, sliding, counterbalancing, & supporting the weight of another person in a relaxed atmosphere of sharing, cooperation, & egalitarianism.

# Understanding Pranayama and its Practice in Asanas and Meditation – with Radhika

#### Friday, March 29, 9:15am - 12:00pm

Pranayama is a system of breathing techniques that helps us to harness the power of our life energy. In this workshop we will focus our attention on pranayama and discover the effect of various techniques on our breath. We will explore different pranayama practices, using some of these in a sequence of asanas and maintain observation of our breath in a guided meditation.

#### Holistic Approach to Ayurvedic Lifestyle – with Dr. Geeta Friday, March 29, 2:00pm – 4:30pm

Learn the fundamental principles of Ayurveda, India's traditional science of holistic self-care, including the concepts of Swasthya, Aswasthya, Dosha, & Prakriti. Based on her long-term experience as an Ayurvedic practitioner, Dr. Geeta will also share practical information about the use of herbs and simple lifestyle practices that support well-being.

#### Food is Medicine- Lifestyle Health Practices with Parvathi Saturday, March 30, 2:00pm – 4:30pm

Learn about your body's constitution (Tridosa) & the plants, foods, spices & lifestyle practices that benefit your Food is Medicine-Lifestyle Health Practices with Parvathi Saturday, March 30, 2:00pm – 4:30pm

Learn about your body's constitution (Tridosa) & the plants, foods, spices & lifestyle practices that benefit your constitution & help prevent health complications. Parvathi will also demonstrate the proper way to prepare decoction/ infusion teas.

Workshop Cancellation: Safe Yoga Asana Practice: Do's & Don'ts – with Rebeca Saturday, March 30, 2024

#### Class Cancellation:

Vinyasa Flow – with Rebeca NO CLASS on the following dates

Tuesdays 5 pm - March 19 & 26, 2024 Thursdays 5 pm - March 21 & 28, 2024

#### **"GENTLE FLIGHT" WORKSHOP**

4 days Contact Improvisation intensive focused on gentle flying techniques.

Venue: CRIPA Auroville Date: 3 to 5 April Time: 9:30 am to 12:30 pm

Venue: To be announced Date: 6 April Time: 3 pm to 5 pm

#### Program:

- Flying patterns & principals.
- · Communication of ideas through the body.
- Work with Attention, perception & reflexes.
- · Bio mechanics of the body.
- Somatic exercises to access subtle aspects of movement.
- Exercises to open creativity and go beyond patterns.

#### About teacher:

Ivan Gurianov - facilitator of contact improvisation since 2018, teacher & co-organiser of international contact improvisation programs. Performer, Multidisciplinary artist.

Ivan incorporates in his dancing and teaching ideas from different movement research studies such as Ideokinesis, Axis Syllabus & Movement Culture, as well as his experience in Yoga, Meditation and different dance styles such as Butoh, Contemporary Dance, Hip-Hop, Tango etc.

Facilitator: Ivan Gurianov Instagram.com/shadow of movement

Contact: +91 8300731300

Registration: aurovilleartworld@gmail.com

#### DEEP SOUND BATH IN CREATIVITY

#### **TIBETAN BOWLS**

Hall of Light CREATIVITY community

Every Friday from 5 to 6:30 PM

Starting from 17th November

#### There will be a LIGHT massage by the Tibetan Bowls.

Lie down, relax, simply allow yourself to experience the ancient sound from the Tibetans bowls.

The practise produce a soothing sound believed to have a powerful effect in the body's energy system, helping to balance the chakras and promote healing.

"If we accept that sound is vibration and we know that vibration touches every part of our physical being, then we understand that sound is heard not only through our ears but through every cell in our bodies. One reason sound heals on a physical level is because it so deeply touches and transforms us on the emotional and spiritual planes."

Drop in the Hall, no reservation needed. Please arrive 10 minutes before.

Guest 600 rs / Volunteer 300 rs Aurovilians and Newcomers, conscious contribution

Sathyayuga WA +917639761930

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#### **1 AND HALF DAY "WORKSHOP ON FACILITATION"**

WITH FRANCESCO

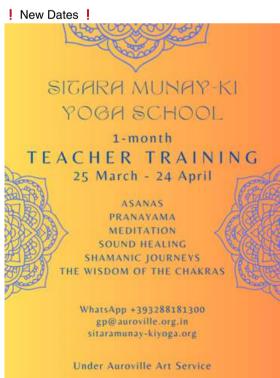


when put together, can help to have a more effective experience both for the facilitator and the participants. It will be mainly set around facilitation for adults, but we'll also

briefly touch some basic elements on working with children. It will be referring often to ATB related facilitation, but it will touch some principles that are valid for facilitating any kind of activity or even just being more effective and at ease in public.

If you're intending to participate, please write a confirmation mail at sghilli@hotmail.it

#### SITARA MUNAY-KI YOGA SCHOOL



For more info about the Course, the School, and the Teachers see sitaramunay-kiyoga.org

Please contact us-As soon as 4 people express their initial interest, we can meet to answer all your questions

gp@auroville.org.in WhatsApp +393288181300

#### **SERENDIPITY ACTIVITIES & THERAPIES**

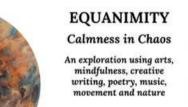
(Ex. Joy Community in front of Center GH) Center Field, Auroville - 605101, TN, India Mobile/Whatsapp: +91 9385623342 Email: serendipityauroville@gmail.com https://serendipity.auroville.org https://www.facebook.com/serendipityauroville

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#### **EQUANIMITY: CALMNESS IN CHAOS - AN EXPRESSIVE** ARTS EXPLORATION

# **EXPRESSIVE ARTS** WORKSHOP



#### 23rd MARCH

SATURDAY 10:00 AM - 12:00 PM

Open to anyone interested in exploring with different art modalities. No prior art experience required. All materials will be provided.

By Anjali Alloria (Expressive Arts Practitioner) WhatsApp +919560026678

At Serendipity Guesthouse (Next to Center Guesthouse)

Are you seeking a creative way to find your calmness and composure in the middle of changes or difficulty?

Join us to explore how the art modalities of drawing, painting, writing, movement, music, mindfulness, and connection to nature can support you with this exploration.

No prior art experience required. All materials will be provided.

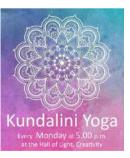
Date: Saturday, 23rd March Time: 10am to 12pm Location: Serendipity Guest house (opp. Center GH)

#### **KUNDALINI YOGA CLASSES**

MONDAYS, 5 TO 6.30 P.M. IN THE HALL OF LIGHT. CREATIVITY

Kundalini Yoga is called the Yoga of Awareness. It is a dynamic, powerful tool that is designed to give you an experience of your soul. To achieve that It uses the combination of Asanas, Pranayamas, Mudras and Mantras.

All levels, come 5 minutes before, bring your own mat. Contribution for the use of the room. Contact: Bel whatsapp 91 7598892065. Certified Kundalini Yoga teacher.





# **ACTIVITIES & EVENTS**

# STORIES UNDER THE FULL MOON Creativity Rooftop



#### Creativity Rooftop Monday 25 March 7-9 PM

Fantasy, Fairies, Funny and Fun Stories that will delight everyone. Let your mind wander and look at the moon. This event is coming up soon.

Tellers: Mireille, Paula, Devi, Malcolm

Stories starting at 7pm will be for young people. As the evening progresses, tales may be for adults.

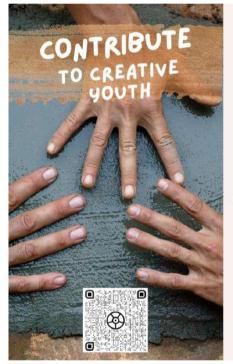
#### DOG SHELTER INAUGURATION CEREMONY

The Auroville Dog Shelter is honored to invite every dog lover and supporter of the shelter to the inauguration ceremony of the construction of the new Auroville Dog Shelter (beside Red Earth Riding School) on **March 26th at 8 am.** 

With gratitude and appreciation Auroville Dog Shelter Arthur



#### CONTRIBUTE TO CREATIVE YOUTH





Empower Young Minds at Youth Center!

Cause: Your contribution fuel educational activities and workshops for young creators.

\*Join the Youth:" Help sustain our legacy! Your support ensures a thriving space for ideation and creativity.

\*\* \*Make a Difference:\* Be a part of something special. Contribute today and empower the youth!



#### AUROORCHARD



#### **EDIBLE WEEDS WALKS**

We are right on the last month of the Edible Weed Walk season. We have only 2 walks remaining for this season. They are on **Saturdays 23 and 30 March 2024, at 7:30am** as usual. To join you would need to pre-register. On Saturdays the walk will be at an easily accessible location within Auroville. It will be guided along with the Edible Weeds coloring book. If you don't have a copy of the book, you will be able to borrow one during the walk.



WhatsApp 98409 36907 to register!

#### ECO FEMME : CYCLICAL LIVING CIRCLE

Ecofemme is very happy to invite you for an experiential Cyclical Living circle on Saturday 23rd March, from 10am to 1pm in Butterfly Barn, Svedame

Through beauty medicine practices such as intuitive movement and song, ritual and soul sharing, we'll connect with the cycles of nature -



from our breath, to the moon, the sun, our womb and the phases in a woman's lifetime

Open to all women, including the ones who've crossed the menopause threshold!

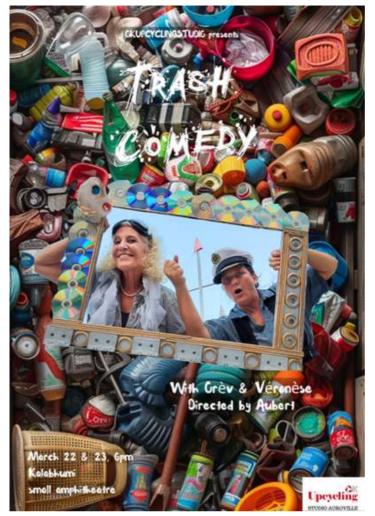
Thank you for registering by latest Friday 22nd March 10am via +91 94871 79556 - there's only a few spots left

Contribution: Guests: 600rs Volunteers and Aurovilians: 300rs

All contributions will go to Eco Femme's Pad for Pad programme and the Butterfly Barn

# THEATRE PLAY IN KALABHUMI

22ND AND 23RD MARCH AT 6PM



**THE AUROVILLE YOUTH CHOIR** 23RD AND 24RD MARCH



# FOODS, GOODS & SERVICES

#### ANITYA COMMUNITY LUNCH

Our community lunches are still happening during the summer! Contact Serena on WA to book one day in advance: +91 84897 60966

Contribution required (discount for AV/ NC and Volunteers) See you at 12:30 on Thursdays and Fridays in our community kitchen!

#### Mathilde for the Anitya team



Impermanence, Community Spirit, Sustainability, Selfsufficency and DIY

MUST book min. 1 day in advance: +91848976O966

nitya is a cammunity project registered under LEAD, Auroville ocation: Center Field, after center GH, follow the ANITYA signs o know more about Anitya: joyofimpermanence.in

#### **COME ENJOY PIZZA AT THE YOUTH CENTER!** FRIDAYS, SATURDAYS AND SUNDAYS!



8428061801 D Youth Center International O @youthcenterauroville

#### **OFFERING IT SALES & SERVICES**

I am Ramakrishnan Aurovillian experienced in Computer & Networking for 8+ years and gained more knowledge in creating-on new Fiber internet infrastructure and IT troubleshooting work for our Auroville community since 2015 And I am happy to provide the below services to our Auroville community

- COMPUTER & LAPTOP SALES & REPAIRING
- UPS BATTERY & INVERTER SALES & REPAIRING
- CCTV CAMERA INSTALLATION SALES & REPAIRING
- PRINTER SALES & REPAIRING
- PRINTER TONER REFILLING
- ROUTERS AND MODEMS SALE & REPAIRING
- FIBRE OPTICS CABLE SPLICING SALES & SERVICING

Please feel free to contact me: Ramakrishnan, 9943919899, rkrish651@gmail.com

# REPAIR OF AIR CONDITIONERS, FRIDGES, WASHING MACHINES AND APPLIANCES

Loganathan working at Mahasaraswati Shop (near PTPS, Aspiration area) is a long term Aurovilian that has gained a lot of knowhow through looking after and repairing all kinds of machines. He happily repairs your machines and appliances.

You may contact him via phone / SMS or whatsapp +91 94434 93025



#### WE CAN HELP TO FIX ALL YOUR BROKEN ITEMS

**New Waves**, a unit registered under Kattidakali Trust located in Aurelec Premises, Prayogashala, Auroville is offering the services of **PCB Assembly, SMD soldering, de-soldering** and **minor repair of appliances**.

The unit can also undertake sub-contract of your production work on job work basis.

If you have any requirements, please contact Dhandapani, Executive at 0413-2622295,



Mobile 9443090082 / 8098193820 or via e-mail to <u>newwaves@auroville.org.in</u>

#### STUDIO BASED ART THERAPY AND COUNCELING

tialovesart@gmail.com / www.createandtransform.org

#### STUDIO BASED ART THERAPY AND COUNSELING

individual \* group \* family

a service under MAATRAM

Anxiety

Trauma

Life Issues

Depression

Therapy can be creative and non-

threatening for help with:



Trauma Informed Art Therapy & Counseling:

- Client Centered,
- Strength Based,
- Solution Focused,
- Incorporating CBT and a creative, eclectic tool box.

Tia Pleiman, MA, ATR, NCC, LPC tialovesart@gmail.com www.createandtransform.org WA 7094007610 Aurelec, Kuilapalayam, Auroville

#### **TASTE OF YOGA BY VERITE**



Taste of Yoga offers a simple, quiet space to read, reflect and nourish oneself. Delicious healthful snacks, treats & drinks (all free from animal products, gluten, caffeine, and added sugars) have been designed with utmost care, integrating sattvic principles to promote overall wellbeing.

#### **LIGHT FISH**

PHOTOGRAPHY STUDIO AURELEC

#### Services:

- Fashion Photography
- Product Photography
- Food Photography
- Architectural Photography

Phone: 8279300821 sales@light-fish.com



#### **SOLITUDE FARM - FRESH LOCAL FOOD**

Dear friends,

so much beautiful fresh produce in this season.

Subscribe for a basket that can be picked up from Solitude Farm once a week ( or more ).

Salad greens, spinaches, veggies, fruits and more.

#### 9843319260

solitudepermaculture@gmail.com



Solitude Farm



#### SURABHI SUPPLIES

Dear Auroville Community,

Surabhi Supplies is dedicated to aiding individual community members, units, and projects in acquiring a wide range of materials and equipment, including but not limited to construction supplies, appliances, machinery, and more.

Our service offers several advantages to the community, such as reduced prices achieved through bulk purchases and volume-based discounts. We have established strong partnerships with various manufacturers and dealers who share our commitment to advancing Auroville's development.

Our primary goal is to streamline the procurement process for everyone, thus saving valuable time, energy, and costs while providing a high level of service to the community.

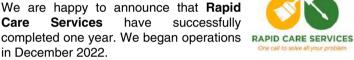
If you have any inquiries, please don't hesitate to reach out to us at:

Email: surabhisupplies@auroville.org.in Phone: +91 98438 46458 (WhatsApp/Call)

Sincerely, Surabhi Supplies

#### **RAPID CARE SERVICES RCS**

Dear Residents.



We take this opportunity to thank all the people who believed in us. Reach out to us for any enquiries that need our assistance in home and yard work. Look forward to your continued use of our services in the future.

Category	Services		
Metal Works	Channels , Doors , Piping , Fabrication		
Plumbing	End to End, Job works		
Furniture	Repairs, Made to order		
Masonry	Repairs, Renovations and Remodulation		
Painting	End to End, Job works		
General Maintenance	Floor Waxing, Powder Coating, Fumigation, All Home Utilities		
Installations	Washer and Dryer, Air Conditioner, Inverter, Dth, Security Camera		
Electrical Works	Wring, Meter box, Lights, Switches & Sockets, Motion sensor.		

Contact: + 91 8270071581 / +91 7639810621 Primary Email: rapidcare@auroville.org.in Secondary Email: rcsrapidcareservice@gmail.com Instagram handle: @rapidcare1

For Rapid Care Balaji & Arun

#### **AUROVILLE LIBRARY TIMINGS**

Auroville Library opening timings:

Mon - Sat: 9am - 12.30pm Mon, Wed, Thurs, Fri & Sat: 2pm - 4.30pm Tues: 4pm - 6.30pm



Every Saturday between 10am -11am: Children's storytime!

#### **AIRCON CLEAN OFFERS COMPREHENSIVE AIR CONDITIONER CLEANING SERVICE KNOWN AS "JET** SERVICE".



The Jet Service includes not only the filter cleaning but also indoor cooling coils, blades, and blower wheels, indoor cooler drain tray cleaning and outdoor unit with AC jet pump.

After a cleaning service your air is fresh and healthy, reducing sickness and helping you live a healthier life.

Save up to 30% power usage with a regular cleaning service.

Contact AIRCON CLEAN now at 9786809518 or email us at airconclean.av@gmail.com

Regards, Julien.

#### **RUPHAVATI JOY ACTIVITIES**

#### **BIO-REGION TEMPLE TOUR**

Interested in learning more about the religious heritage in and around the bio-region?

Come take a guided tour of temples around the bio-region.

Starting point from Solar Kitchen.

Can be scheduled anytime throughout the week. Please contact in advance for more information and booking: 8098845200

#### SOUTH-INDIAN CUISINE - COOKING CLASS

Learn to cook some delicious delicacies of south India with Rupavathi.

Monday to Saturday between 10AM and 5PM at creativity.

Please book sessions in advance.

#### THAI MASSAGE

#### Monday - Saturday between 9AM and 5PM

To book massage sessions or for more information, please contact personally.

#### TAILORING

We can tailor and customise any kinds of dresses, sari-blouses and kurtas.

For any of the above services, contact information below: Phone/WhatsApp - 8098845200 Email - rupavathijoy@gmail.com

#### THANK YOU FROM THE 'FEEL THE VIBE' TEAM

We would like to express our heartfelt thanks to our community for making the 'Feel the Vibe' event possible.

participation, whether Your through volunteering your time, sharing your talents, attending the performance, or offering financial support, was what made the event a memorable success. It was truly a collaborative effort.



and we are glad that you chose to be part of it.

Thank you for all your support and may the vibe we've created together inspire us all going forward.





# LOOKING FOR

#### LOOKING FOR WORK

Aurovilian Valarmathi has been taking care of a house and garden for many years. She speaks English well and is now looking for work place/ job, preferably in the public/ collective domain. For more information, and in case you could offer Valarmathi a workplace please contact her or husband Arumugam: valarmathydamu@gmail.com,

Tel/ WhatsApp +91 89031 70346,

Arumugam, Puncture Service +91 94423 00346

## **AVAILABLE**

#### **DESIGNER TABLE AVAILABLE**

Large designer table in patauk wood. 1m38L- 79cmW- 62cmH

Pm for the price on WhatsApp. 9488084952 Aikiya

#### **ELECTRIC SCOOTER - 3 WHEELS**

Electric three-wheeled scooter available at the end of March. In very good condition with low mileage.

Contact: 81110 16280. Lize.

#### SUPPORT NEEDED

#### **INGRID NEEDS SUPPORT FOR DENTAL PROCEDURE**

Hello dear Auroville friends,

My name is Ingrid and I've been living and working in the Auroville forest since 1973.

I have an emergency dental procedure coming up that the health fund does not cover.

My family is able to come up with some of the amount but the total cost will be around 60,000 and I'm still missing about half of it.

If anyone can help, even the smallest amount will make a difference and will be very appreciated in these difficult times! Here is my Auroville account number: 3981

Thank you so much! Ingrid



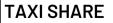
# CAR POOL

#### FROM AV TO BANGALORE 28TH OR 29TH MARCH

Looking for a ride to Bangalore on 28th or 29th March. Happy to share fuel cost, travel stories and some laughs. Thank you. Deepa



9811574667 (only call/ sms, no WA)



#### **FROM AUROVILLE TO CHENNAI 26 MARCH**

Offer to share a taxi to Chennai airport on 26th March leaving around **2.15 pm**.

TAXI

Contact Ambre M.: <u>butterflyambre@gmail.com</u>, WhatsApp 0033630018728

#### **FROM AUROVILLE TO CHENNAI 9 APRIL**

To stay ECO ;) friendly am very willing to share a taxi from Auroville to Chennai airport on Tuesday 9th of April 2024. Departure from Auroville Town Hall at 5:30PM (17:30).

Please contact via watsapp+34685673777 or email: srimaa221@gmail.com or only sms on: +917289907792. Thanksss sunny :)

# **AV RADIO**

Dear Aurovilians,

AurovilleRadio

Your favourite radio is always working for you. Stay tuned! Here you can listen to the stream channel (playing 24/7). Here you can see on-air schedules.

#### Last published podcasts:

- Seeking Our Inner Being Se. 1, Ep. 11. (Spirituality)
- Soul Tracks Se. 5, Ep. 22 Same Same, but Different. (Music)
- LA VITA DIVINA Ep. 43. LIBRO II CAP. V PARTE I -L'Illusione cosmica; Mente, Sogno e Allucinazione(Sri Aurobindo)

#### Last Youtube Live Videos:

- · Nate Hagens The Superorganism and the Future -Part 4/5
- Nate Hagens A Framework of Responses Part 5/5

Auroville Radio Tv is maintained and supported with the help of a small town budget and voluntary donations. If you as Aurovilian wish, make a donation to F.A. number 0867. Thanks for your help!

....and more! on www.aurovilleradio.org For more information write to radio@auroville.org.in



# CULTURAL ANNOUNCEMENT

#### **THE PAVILLON DE FRANCE PRESENTS :**

Tools to build resilience in the face of contemporary crisis: An exploration.

Conducted by Jonathan Aussems

Saturday 23rd March at 5PM Pavillon de France

#### IN FRENCH

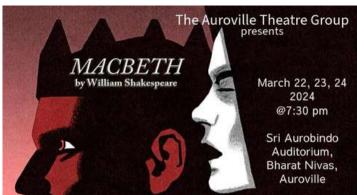
Jonathan Aussems. teacher. musician. writer. bodv psychoanalyst and passionate about fostering a more conscious world, will share some elements of his experience as well as practical tools which can help to be more resilient in navigating present-day crisis.

What kind of awareness can one cultivate in such situations? What actions can one take to better

connect with others and weave a more resilient network? What tools to take decisions together? Which alternative economic tools? How to run a productive meeting? How to make sure our communications remain confidential? How can we dream of a better future together in order to consciously move forward towards its realisation?

These will be the questions raised in an open spirit of sharing. Looking forward to meeting you there!

#### MACBETH AT BHARAT NIVAS THIS WEEKEND



The "Tragedie of MACBETH" reflects back to us the enormous tragedy experienced by countries that live under a ruthless dictatorship. What is interesting is that the play lets us see how the dictator him(or her)self suffers. Not just the citizens of the country. Not just family and close friends, who pay the price for loving, but the perpetrator as they are caught up in a vicious cycle of triumph and defeat, normalcy and paranoia, calm and dangerous outbursts of irrational and ultimately, self-destructive, behavior. The one who needs to feel powerful, at the expense of others, is ultimately the one who loses everything and is left powerless. This can happen in communities, in politics, in families, in schools, anywhere where there is a strict hierarchy which excludes consensus building and disallows empathy.

Please join us!

Love,

Jill Navarre, director, the Auroville Theatre Group for the MACBETH Team

The wonderful cast and amazing crew:

In alphabetical order:

Ananya Tomar, Second Witch and daughter of the Macduffs Aakif, Fleance, son of Banquo and Donalbain, son of King Duncan

Agnes Lindstoel Wilhelmsen, clown with drum and Assistant to the Set Designer

Akira (Cheshta Bhatia) Third Witch, Servant to Macbeth

Alka Singh, First Witch and Gentlewoman

Angele, Makeup

Arshad N.Khan, Butler to Macbeth, Soldier, Dinner Guest

Debashish Baidya, Ross, a Thane

Gobinath Mounissamy, Projections

Hartmut von Lieres, composer

Ian Christian, Macbeth

Kumud Baliyan, Set Designer, Clown with Harmonica Mani Vardhan, Murderer, Old Man, Porter, Siward

Nandita, Makeup Nikhil T. Vinod, Servant, Messenger, Soldier Ojas Abhishek Kumar, Banquo, Banquo's Ghost Piyush Tikku, Prop Master, 2nd Apparition, Dinner Guest Radha Ganesan, Costume Designer Reeshabh Rawat, Macduff

Rohit Xavier, Malcolm, Prince of Cumberland

Rohit Xavier, Malcolm, Prince of Cumberland Rupam Mishra, Lady Macbeth Sajiv Pasala, Doctor, Captain, Dinner Guest Sakshi Kaushal, Lady Macduff Samagr Sakshi, composer Saumya Yadav, Hecate, 2nd Murderer, Stage Manager Sugumar Shanmugam, Lighting Designer Sunny Sambyal, backstage assistant Swar Edgar, King Duncan Vanni Dogra, backstage assistant

# <section-header>

Switzerland, 2023, Dir. Thomas Karrer & Karin Bucher, Documentary-Architecture, 84mins, German-French-English w/ English subtitles, Rated: NR (G)

Le Corbusier had created Chandigarh, the capital city of both Punjab and Haryana. His vision was that of a humane and just city that would allow for the harmonious interaction of man and nature. Chandigarh is a synthesis of the arts and a bold utopia of modernity. In this award-winning film, on the 70th anniversary of the city, the directors accompany residents - artists, architects, social workers, restaurant owner on their daily life through the city and seeks out settings and scenes revealing the inspiring interplay of the utopian and the everyday. It is a multi-layered portrait of Le Corbusier's conception, a city created in a time of unrest, resettlement, and the Partition of India, and now stands for progress and a newly emerged democracy.

This screening is made possible by generous sharing by the film makers, facilitated by the Embassy of Switzerland in India and Bhutan under the initiative Switzerland India 75 and AVI-Switzerland.

The directors will be present online for a post screening Q&A. Don't Miss the film or the Q&A!

A very special Film: Don't miss the film and the Q&A!

# **AUROFILM**

presents at MULTI MEDIA CENTRE AUDITORIUM (MMC, Town Hall)

*Reminder:* **Friday 22nd "VARDA BY AGNES**" by Agnès Varda, France, 2019

and Friday 29th March at 8:00 pm

"SHADOWS OF FORGOTTEN ANCESTORS" (original title: Ukrainian: Тіні забутих предків)

Directed by Sergei Parajanov, USSR, 1965

With: Ivan Mykolaichuk, Larisa Kadochnikova, Tatyana Bestayeva

*Overview*: Based on the 1911 novel Shadows of Forgotten Ancestors by the Ukrainian writer Mykhailo Kotsiubynsky, Parajanov's film adaptation is considered to be the most internationally heralded Ukrainian film in history and a classic of Ukrainian magical realist cinema. It was acclaimed for its rich use of costume and colour and described as an "avantgarde, extravagant, sumptuous saga" and a "haunting work" that combined folk songs and atonal music.

*Synopsis*: In a Carpathian village, Ivan falls in love with Marichka, the daughter of his father's killer. When tragedy befalls her, his grief lasts months; finally, he rejoins the colorful life around him, marrying Palagna. She wants children but his mind stays on his lost love. To recapture his attention, Palagna tries sorcery, and in the process comes under the spell of the sorcerer... The lively rhythms of village life, the work and the holidays, the pageant and revelry of weddings and funerals, the change of seasons, and

nature's beauty give proportion to Ivan's tragedy. The film will be presented by Alexander Pereverzev.

Original version in Ukrainian with Engl. Subtitles, duration 1h.37'

#### SPECIAL EVENT AT AUROFILM: WELCOME TO OUR OPEN HOUSE !!!



on **SATURDAY MARCH 31ST - 5.00 – 7.30 pm** - Aurofilm, Kalabhoomi (next to CRIPA)

Presentation and interaction where we will share our love for the Best of Cinema, in the light of Auroville! You will discover our activities, our new team and new situation! We will also watch together a short movie (program unveiled in the next issue of the N&N... but maybe a good old Buster Keaton film of the 1920s for The General audience...?! Or something else!? Refreshments will be served. See you there... Aurofilm

#### SPECIAL SCREENING OF "THE VILLGEGE OF LOVERS" SAT 30TH MATCH @4:30PM



# The Village of Lovers

Saturday, 30th March @ 4:30pm in Cinema Paradiso (75 min, English, Rated R - brief nudity)

Born out of the "free love" utopian movements of the 1960's and 70's, Tamera, an ecovillage in southern Portugal, is one of the most radical social experiments in human futurism. Recognizing that social change has to go beyond reactions to the dominant system. Tamera realized that building trust - especially in the most intimate areas of human life was the missing key to long-standing cultural and political change.

Now, over 40 years later, when humanity's long-term survival has become increasingly uncertain, Tamera provides a regenerative and compassionate model for society, rooted in our reconnection to life.

The documentary will be followed by a discussion facilitated by Daniel Greenberg, former President of the Global Ecovillage Network and Friend of Auroville.

## FRENCH NEWS & NOTES



Click here to read the French News&Notes



Scan the QR code:

or

# **FO GROUPS NEWS**

(not selected by due Residents Assembly process)

# FROM THE FO N&N 1018

Please click <u>HERE</u> to read the FO Groups News



#### ACCESSIBLE AUROVILLE PUBLIC BUS

avbus@auroville.org.in / +91 94430 74825

#### Auroville TO PONDICHERRY

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	Trip 2	Trip 3				
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8:45	13:00	18:55				
<ul> <li>Monthly Rs. 800: Aurovilians &amp; Newcomers, No validity</li> <li>Student Pass Rs. 1200 per month/ 24 days round trip</li> <li>Rs. 150 Round trip for Aurovilians &amp; Newcomers</li> <li>Rs. 200 Round trip for guests</li> </ul> Bus passes are available at Auroville Vehicle Service, Town Hall, Auroville, 0413 2623302						
271						
	Sta	r Fire tion 677368				
Santé 0413 2622803		Farewell 8903836246				
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Mental health 24/7 support:

Vandrevala Foundation +91 9999666555

India Emergency Response Service (24/7): 108



# **Cinema Paradiso**

Multimedia Center (MMC) Auditorium

Film program 25 March 2024 - 31 March 2024

Cinema Paradiso-Multimedia Center is operating at 100% seating capacity.

Seating starts about 15mins before screening and stops as the film starts. Kindly arrive in time.



A reminder not to use cell phone for any reason while the program is on, and no food/beverage to be taken inside the hall.

#### Indian – Monday 25 March, 8:00 pm: • SEMBI

India, 2022, Writer-Dir. Prabu Solomon w/ Kovai Sarala, Mullai Arasi, Gnanasambandan Gurunathan, and others, Drama, 140mins, Tamil w/ English subtitles, Rated: NR (R)

Sembi lives in the hills of Kodaikanal with her apiarist grandma. When she is brutally violated by influential goons, and on top thrashed by the police officer to force them to take back the charges, the grandma ended up killing the police officer. She and Sembi must flee. They board the bus called Anbu that goes from Kodaikanal to Dindigul. Passengers from different walks of life help bring justice to a tribal woman and her granddaughter.

# Potpourri – Tuesday 26 March, 8:00 pm: …. CONTINUAVANO A CHIAMARLO TRINITÀ (Trinity is still my name)

Italy, 1971, Writer-Dir. Enzo Barboni w/ Terence Hill, BudSpencer, Yanti Somer, and others, Comedy-Western, 117mins, Italian-English-Latin w/ English subtitles, Rated: G

A couple of thieving brothers try to keep a promise to their dying father: stick together and become successful outlaws. Bambino attempts to teach his brother Trinity how to become an outlaw, but the two wind up saving a pioneer family and breaking up an arms ring instead. *You should check it out!* 

# Special – Wednesday 27 March, 8:00 pm: THE POWER OF UTOPIA: LIVING WITH LE CORBUSIER INCHANDIGARH

Switzerland, 2023, Dir. Thomas Karrer & Karin Bucher, Documentary-Architecture, 84mins, German-French-English w/ English subtitles, Rated: NR (G)

Le Corbusier had created Chandigarh, the capital city of both Punjab and Haryana. His vision was that of a humane and just city that would allow for the harmonious interaction of man and nature. Chandigarh is a synthesis of the arts and a bold utopia of modernity. In this award-winning film, on the 70th anniversary of the city, the directors accompany residents - artists, architects, social workers, restaurant owner on their daily life through the city and seeks out settings and scenes revealing the inspiring interplay of the utopian and the everyday. It is a multi-layered portrait of Le Corbusier's conception, a city created in a time of unrest, resettlement, and the Partition of India, and now stands for progress and a newly emerged democracy. This screening is made possible by generous sharing by the film makers, facilitated by the Embassy of Switzerland in India and Bhutan under the initiative Switzerland India 75 and AVI-Switzerland.

The directors will be present online for a post screening Q&A. Don't Miss the film or the Q&A!

Selection – Thursday 28 March, 8:00 pm: • THE LOST DAUGHTER

USA-UK-Israel-Greece, 2021, Writer-Dir. Maggie Gyllenhaal w/SOlivia Colman, Jessie Buckley, Dakota Johnson, and others, Drama, 121mins, English-Italian-Greek w/English subtitles, Rated: R

Single mom Leda decides to take a much-deserved peaceful beach vacation when her daughters go off to visit their dad. Soona brash family arrives to infringe into her quiet privacy. Things take a dark turn when the events made her confront the troubles of her past.

#### International – Saturday 30 March, 8:00 pm:

# • LA PASSION DE DODIN BOUFFANT (The taste of things)

France-Belgium, 2023, Writer-Dir. Anh Hung Tran w/Juliette Binoche, Benoît Magimel, Emmanuel Salinger, and others, History-Romance, 135mins, French w/ English subtitles, Rated: PG-13 In this acclaimed film - food is the language of love, and love in turn is a silent conversation between middle-aged professionals Dodin, a gourmet and Eugénie a chef, who are experts at their craft. Their romance gets expressed in their delicious creations over 20yrs. Eugénie's reluctance to give another name to their relation make Dodin try and convince her slowly and respectfully. A gently flowing fantastic film one must watch!

#### Children's Matinee - Sunday 31 March, 4:00 pm: • WISH

USA, 2023, Dir. Chris Buck & Fawn Veerasunthorn w/ Ariana DeBose, Chris Pine, Alan Tudyk and others, Animation- Adventure, 95mins, English w/ English subtitles, Rated: PG

A young girl named Asha wishes on a star and gets a more direct answer than she bargained for when a trouble-making star comes down from the sky to join her.

#### KENJI MIZOGUCHI FILM FESTIVAL @ Ciné-Club: Ciné-Club Sunday 31 March, 8:00 pm: • UGETSU MONOGATARI

Japan, 1953, Dir. Kenji Mizoguchi, w/ Masayuki Mori, Machiko Kyô, and others, Drama – War, 96 mins, Japanese w/ English subtitles, Rated: R.

As 6th century Japan is ravaged by marauding gangs of warriors, the ambitious and hard-working potter and his aspiring samurai brother, risk a dangerous trip to the city to sell their wares. However, a noblewoman, Lady Wakasa, takes an interest in the artisan's exquisite craftsmanship and invite them to her elegant mansion.

**Rating codes** we often use are from Motion Picture Association of America (MPAA): G=General Audiences, PG=Parental guidance suggested, PG-13=Parents strongly cautioned, R=Restricted (equivalent to Indian rating: A i.e. for Adults), NR=Film Not rated, Rating awaited, or Rating not available.

To organize a seminar/program at MMC kindly email us at <u>mmcauditorium@auroville.org.in</u>. Our projector is crawling towards the end of its life, compelling us to look for a new one. You could financially support through a one-time or recurring donations to "Cinema Paradiso" (account #105106) or set up for a monthly contribution.

Thanking You, MMC/CP Group Account# 105106, mmcauditorium@auroville.org.in