# Cluroville NEWS & NOTES

No 1018 - A weekly bulletin for residents of Auroville

14 March 2024



Dreamweaving Presentation 2024



# **PONDERING**

Do not forget even for a moment that all this has been created by Him out of Himself. Not only is He present in everything, but also He is everything. The differences are only in expression and manifestation.

If you forget this you lose everything.

-The Mother \_(CWM-15, P. 5)

# HOUSE OF MOTHER'S AGENDA

1:

(continued from last week)

#### **CHAPTER XXVII - THE GNOSTIC BEING**

At the summit of being is the Absolute with its absolute freedom of infinity but also its absolute truth of itself and power of that truth of being; these two things repeat themselves in the life of the spirit in supernature. All action there is the action of the supreme Self, the supreme Ishwara in the truth of the supernature. It is at once the truth of the being of the self and the truth of the will of the Ishwara one with that truth — a biune reality — which expresses itself in each individual gnostic being according to his supernature. The freedom of the gnostic individual is the freedom of his spirit to fulfil dynamically the truth of his being and the power of his energies in life; but this is synonymous with an entire obedience of his nature to the truth of Self manifested in his existence and to the will of the Divine in him and all. This All-Will is one in each gnostic individual and in many gnostic individuals and in the conscious All which holds and contains them in itself; it is conscious of itself in each gnostic being and is there one with his own will, and at the same time he is conscious of the same Will, the same Self and Energy variously active in all. Such a gnostic consciousness and gnostic will aware of its oneness in many gnostic individuals, aware of its concordant totality and the meaning and meeting-point of its diversities, must assure a symphonic movement, a movement of unity, harmony, mutuality in the action of the whole. It assures at the same time in the individual a unity and symphonic concord of all the powers and movements of his being. All energies of being seek their selfexpression and at their highest seek their absolute; this they find in the supreme Self, and they find at the same time their supreme oneness, harmony and mutuality of united and common self-expression in its all-seeing and all-uniting dynamic power of selfdetermination and self-effectuation, the supramental gnosis. A separate self-existent being could be at odds with other separate beings, at variance with the universal All in which they coexist, in a state of contradiction with any supreme Truth that was willing its self-expression in the universe; this is what happens to the individual in the Ignorance, because he takes his stand on the consciousness of a separate individuality. There can be a similar conflict, discord, disparity between the truths, the energies, qualities, powers, modes of being that act as separate forces in the individual and in the universe. A world full of conflict, a conflict in ourselves, a conflict of the individual with the world around him are normal and inevitable features of the separative consciousness of the Ignorance and our ill-harmonised existence. But this cannot happen in the gnostic consciousness because there each finds his complete self and all find their own truth and the harmony of their different motions in that which exceeds them and of which they are the expression. In the gnostic life, therefore, there is an entire accord between the free self-expression of the being and his automatic obedience to the inherent law of the supreme and universal Truth of things. These are to him interconnected sides of the one Truth: it is his own supreme truth of being which works itself out in the whole united truth of himself and things in one supernature. There is also an entire accord between all the many and different powers of the being and their action; for even those that are contradictory in their apparent motion and seem in our mental experience of them to enter into conflict, fit themselves and their action naturally into each other, because each has its self-truth and its truth of relation to the others and this is self-found and self-formed in the gnostic supernature.

In the supramental gnostic nature there will therefore be no need of the mental rigid way and hard style of order, a limiting standardisation, an imposition of a fixed set of principles, the compulsion of life into one system or pattern which is alone valid because it is envisaged by mind as the one right truth of being and conduct. For such a standard cannot include and such a structure cannot take up into itself the whole of life, nor can it adapt itself freely to the pressure of the All-life or to the needs of the evolutionary Force; it has to escape from itself or to escape from its self-constructed limits by its own death, by disintegration or by an intense conflict and revolutionary disturbance. Mind has thus to select its limited rule and way of life, because it is itself bound and limited in vision and capacity; but gnostic being takes up into itself the whole of life and existence, fulfilled, transmuted into the harmonic self-expression of a vast Truth one and diverse, infinitely one, infinitely multiple. The knowledge and action of the gnostic being would have the wideness and plasticity of an infinite freedom. This knowledge would grasp its objects as it went in the largeness of the whole; it would be bound only by the integral truth of the whole and the complete and inmost truth of the object, but not by the formed idea or fixed mental symbols by which the mind is caught and held and confined in them so as to lose the freedom of its knowledge. The entire activity also would be unbound by an obligation of unelastic rule or by the obligation of a past state or action or by its compelling consequence, Karma; it would have the sequent but self-guided and self-evolving plasticity of the Infinite acting directly upon its own finites. This movement will not create a flux or chaos, but a liberated and harmonic Truth-expression; there would be a free self-determination of the spiritual being in a plastic entirely conscious nature.



- Sri Aurobindo, THE LIFE DIVINE, Pages 1034-1036

https://sri-aurobindo.co.in/workings/sa/37 21 22/the life divine 21 22.pdf
With love and gratitude,
Gangalakshmi (HOMA)



# **NEWS & NOTES GUIDELINES**

# **DEADLINE FOR SUBMISSIONS:**

# **TUESDAY 5PM**

The content of News & Notes is a reflection of the growth process of this community towards its ideals of Harmony, Goodwill, and Truth. Editing of submissions, mainly for reasons of space and clarity, is done according to an established policy.

#### How to submit material:

- Max size of posters should be 1 MB, JPEG format. Bigger posters will be reduced or cropped to fit.
- · Please AVOID CAPS letters
- Material (no pdf files, please) may be sent in English only to newsandnotes@auroville.services
- Articles for the Notes section should ideally be no longer than 500 words.
- Please try your best to send your announcements, reports, film schedules whenever they are ready. Any modifications of submitted News items must be sent to the editors before Tuesday 5pm.

# **DISCLAIMER:**

Please note that the opinions and views expressed on these pages are solely those of the respective authors or work groups and do not necessarily reflect the position of the editors or the larger Auroville community. The News & Notes aims to provide a platform for the publication of diverse perspectives and voices from multiple sources within Auroville.

While our editors strive to ensure the accuracy of the information presented, we cannot guarantee that all information is free from error or omission. Additionally, we cannot be held liable for any alleged misinformation provided or offence caused by the content published.

In the event of any dispute, we encourage readers to consult with the Auroville Council, and we reserve the right to suspend the publication of disputed material. Our commitment to providing an open and inclusive platform for dialogue and exchange of ideas remains steadfast.

The News and Notes team newsandnotes@auroville.services

# **LIST OF ACRONYMS:**

**AVF** (Auroville Foundation), **AVFO/FO** (Auroville Foundation Office), **GB** (Governing Board), **RA** (Residents Assembly)

The following groups are divided in two categories: The groups selected by the Residents Assembly through Community decision making Processes and the groups put together by the GB and the FO (not recognised by the Residents Assembly).

# Working groups selected by the Residents Assembly:

Working Committee (WCom)
Funds and Assets Management Committee (FAMC)
Budget Coordination Committee (BCC)
Town Development Council / L'avenir d'Auroville (TDC)

Auroville Council (AVC) Entry Service (ES)

# FO selected groups:

Working Committee (WC)

Funds and Assets Management Committee (FAMC) Budget Coordination Committee (BCC / BCS) Auroville Town Development Council (ATDC)

Housing Service (HS) Land Board (LB)

# **CONTENTS**

01 House of Mother's Agenda

02 Guidelines / Table of Contents / Acronyms

03 RA WORKING GROUPS NEWS

03 COMMUNITY NEWS

03 Community Sharing

05 A Summary of Events Happening in Auroville Today

07 Looking For / Support Needed / Looking to connect

08 Voices & Notes

10 Awakening Spirit / Poetry

10 Art & Culture

11 Health

11 Education

13 Classes, Workshops & Healing Arts

18 Cultural Announcement

18 Activities & Events

21 Foods, Goods & Services

22 Available

23 French N&N / Cinema / AV Public Bus

24 Cinema Paradiso Program

# NOTE FROM THE EDITORS

Dear Community,

# Here is some important information:

- You can read past issues and subscribe <u>HERE</u>.
- If you wish to support the N&N community Edition, you can done at this account Nr: **FS #252150**.
- Content sent through @auroville.org.in mail ID, will only reach us if you use this FORM to submit your content.
- The mail ID to submit content is: newsandnotes@auroville.services.

Thank you for your continued support!

In community,

The RA Community Edition News and Notes Team

# **WORKING GROUPS NEWS**

# FROM THE ENTRY SERVICE

# NO ANNOUNCEMENT THIS WEEK

If you need to contact the Entry Board, write to: auroville.entryboard@gmail.com

# **COMMUNITY NEWS**

# **COMMUNITY SHARING**



# OUTCOME OF THE EMERGENCY RA DECISION-MAKING ON THE WORKING COMMITTEE EMERGENCY FUNCTIONS AND FAMC

1ST MARCH - 10TH MARCH 2024

Here are the results of the Emergency Residents' Assembly Decision-making process, which has been initiated through a petition signed by more than 300 members of the Residents' Assembly (RA) (3.3 RAD policy, 2023 - https://shorturl.at/tAl34), to approve or disapprove the following resolution:

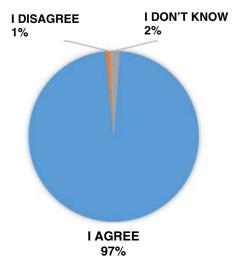
The Residents' Assembly (RA) resolves that the Working Committee selected by the RA, will coordinate the functions of the FAMC until such time as the circumstances allow for the selection and functioning of a new FAMC of the RA.

Further more the RA resolves to extend the emergency functions granted to the Working Committee on 14.08.2023, for a period of six months (Ref. AVC/04/2024).

A total of 538 valid votes have been submitted online and in-person.

The number of participants exceeded the 10 per cent quorum required to validate the decision (240 votes) - according to the Master List data, the total adult population of our community eligible to participate in RADs (age - above 18, confirmed Aurovilians) is 2407 (as of the month of March 2024).

Kindly note that as per the RAD policy "Only confirmed Aurovilians can participate in decision-making. Those who have been announced as confirmed Aurovilians by the Entry Board are eligible to participate in all community decision-making processes along with those who have been entered into the Register of Residents maintained by the Secretary's Office. It does not include under 18-year-olds, newcomers and any other Auroville statuses".



97% (524) participants voted in favour of the above resolution. 1% (4) participants rejected it.

2% (10) participants didn't know.

Therefore, the Residents' Assembly approved the above resolution.

We would like to remind you that, according to the <u>RAD Policy</u> - https://shorturl.at/tAl34 - "8. Responsibility for implementing decisions made through this RAD process lies with the concerned working group/s or resident/s".

Many thanks to all the residents who participated in this decision-making event!

~ Warmly, For the Residents' Assembly Service Manas, Tatiana

#### **COMMUNITY MEETING**





# AUROVILLE YOUTH WORK SURVEY 2023 - PART 2A

Version: 2024-03-12 Done by: YouthLink

# Introduction



This is part 2a of a survey conducted by YouthLink on the working situation of youth in Auroville. Part 1 was published last year in News&Notes 971 and 972.

Part 2 is based on detailed in person interviews with 51 young Aurovilians between the ages of 18-30 in the second half of 2023. The study results will be published in News&Notes in 4 chapters:

# 2a - An Auroville youth perspective on education

2b - The work situation of Auroville youth in 2023

2c - The financial situation of Auroville youth

2d - A working youth perspective on Auroville itself

# How representative is this study

A comparison of these 51 respondents with all 492 young Aurovilians (age 18-30) from the Auroville 2022 Master list on gender, age group and nationality showed that this survey can be considered representative for the Aurovilian youth according to these dimensions, with one exception: we had no very young Indian females in the age bracket of 18-21 among the respondents. Thus Indian men and non-Indians were somewhat overrepresented among our respondents.

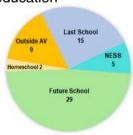
The survey shows a current snapshot of the work situation. The dynamic and work mobility in this age group is quite high. In the 2 interview phases between February and August 2023, 14 respondents changed between looking for work, studying or working. Another 4 respondents changed their working place. What the detailed answers also show: the life situations of the respondents are very different. The high individual variety in

respondents are very different. The high individual variety in many aspects of their work life and in opinions on work may be more prominent than the common patterns that can be identified.

### An Auroville youth perspective on education

# Which high school did the respondents attend?

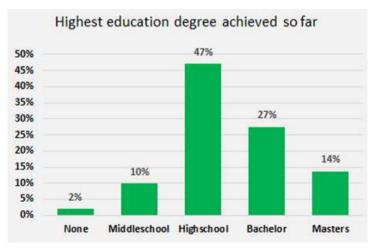
Several respondents went to multiple highschools, e.g. 6 went to Last School and Future School, or 1 to Last School and New Era Secondary School [NESS]. Therefore we have 60 answers from 51 individuals.



# Highest education levels so far among the respondents

From all 51 respondents 7 achieved a master degree, 14 a bachelor degree, 24 completed a highschool degree, 5 middle school and 1 completed no degree.

It is important to keep in mind that the interviewed respondents are in the age group 18 to 30, so some more of them will likely seek higher degrees in the future.



#### School influence on working

About 16% of the respondents were currently looking for work. This percentage is similar between respondents from Future school and respondents from Last School.

The 7 respondents who were currently studying graduated all from Future School with one exception from NESS.

The highschool visited had no big influence on the area and type of unit where the respondents are working. Notable however: all respondents from NESS are working in an Auroville service unit. All 4 working in the area of arts and performance came from Last School.

# How did school (or study) prepare them for their current situation

Since we asked an open question, the answers were quite divers. 9 out of 51 (18%) reported that school did not prepare them well for their current situation. These 9 are spread over all schools. Another 10 out of 51 (20%) mainly mentioned that their highschool provided a platform for further studies.

34 individuals specified several positive impacts each, totalling to 61 answers, main ones being:

- provided basic knowledge about subjects taught, such as Math, Science, English, French (14, 41%)
- provided skills on how to learn and grow (11, 32%)
- provided skills in their work field (8, 24%)
- learned to deal with various situations (6, 18%)
- developed self discipline (5, 15%)
- learned how to interact with people (4, 12%)
- Learned how to be proactive (4, 12%)

# What would they have liked to learn in school or during their studies?

8 respondents answered this question explicitly stating that they learned everything they wanted in school. 4 respondents admitted that in hindsight they could have learned more from what was offered.

40 respondents named a total of more than 60 different subjects that they would have liked to learn at school. Frequently named areas are:

- (12 respondents, 30%) Learning more practical things instead
  of theories. This ranges from basic skills of home
  maintenance, build and repair, like plumbing, electrical,
  mechanical work, or using carpentry tools, to practical
  exercises and crafts and arts.
- (11, 28%) Many wishes center around some kind of life coaching. Find out what you are good at and like to do; how to deal with adverse situations or when you get lost; how to learn from failure; social skills about communal living, gender norms, safety, consent and awareness; sexual education; how to find a balance between study/work and fun; self growth, confidence and how to live a more conscious life.
- (10, 25%) would have liked to learn to manage their finances: concept of taxes and salaries; how to file taxes; how to save and invest; how to open a bank account; how to get a health insurance; economy and how money works; basic accounting.
- (9, 23%) would have liked to learn about administrative work, like writing formal emails and documents, as well as basic computer skills, how to use a computer efficiently and learn about office tools for documents, spreadsheets, posters and presentations.
- (8, 20%) respondents asked explicitly to learn more about Auroville, its history, its governance, and how it is functioning as well as learning more about Sri Aurobindo and the Mother.
- (7, 18%) would have liked to learn more interpersonal communication skills, ranging from dealing with people in different situations, to essay writing and presenting to wider audiences.
- (5, 13%) asked for practical teachings on how to find a job, how to apply for a job including writing a CV and an application letter; basics on entrepreneurship.

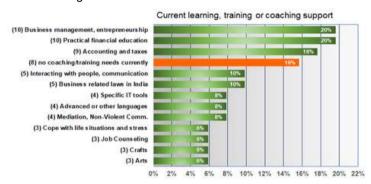
The answer patterns differ depending on the highschool the respondents visited. Future school provides an International General Certificate of Secondary Education that allows students to study abroad. Therefore many responded that they were well prepared for studying and that they learned self discipline and time management. They missed more practical skills (7, 30%), how to deal with life situations (5, 21%), how to find or create a job (4, 17%), and they would have liked to learn more about Sri Aurobindo and Auroville (6, 27%).

Last School does not provide an official certification to allow for further studies and instead focuses on integral education. Remarkably, more than half the Last School respondents (8, 53%) said that they learned everything they wanted at school. They positively state that they learned determination, persistence, and to deal with many situations in life (8, 53%); it gave them a love for learning and self development (5, 33%). They did not mention a lack of knowledge about Sri Aurobindo or Auroville and had also no wishes in the area of practical skills or finding a job as opposed to respondents from other schools.

# What kind of learning or training or coaching support would they like to receive now?

8 respondents answered they had currently no need for training or coaching support.

The other 43 respondents asked for a large variety of themes they would like to have support. The most frequent named sorted in descending order are:



and 19 more subjects were named once or twice

# Contact us

A big thank you to all our respondents for the time they took to carefully answer our questions and the trust they showed in us. We hope this study will give a clearer picture of the working youth of Auroville.

If you have any feedback, specific questions or would like to discuss the findings from this survey, please reach out to us at our email: <a href="mailto:youthlink@auroville.org.in">youthlink@auroville.org.in</a>.

# A SUMMARY OF EVENTS HAPPENING IN AUROVILLE TODAY

# **LAND EXCHANGE UPDATES**

#### AuroOrchard:

In November 2023, 10 acres of AuroOrchard was exchanged without consultation or informing the residents. This land included important assets,a home, cow shed, well and water supply lines and the exchange jeopardized the productivity of the entire farm. Despite repeated assurances from the AVFO and their 'working groups' that no assets would be included, this has proved to be false. In December 2023 another 2.5 acres was carved out of the farm in exchange for a small parcel of land and building, AuroOceanic resort, in the city area. The AuroOceanic building itself does not have the pre-required permits for construction.

# Tollbooth land (Murthy stonecarver located near AuroOrchard):

Land exchanged in October 2022 at the tollbooth has now been resold for 5.33 times higher than it was exchanged for by the AVFO, meaning yet another financial loss for Auroville due to land exchange. As per the General Finance Rules (GFR) 2017, which apply to autonomous bodies such as the Auroville Foundation, permission has to be sought from the Ministry of Finance in order to make any sales or exchanges. Through an RTI response received in May 2023, the Ministry of Finance claimed it had not received a request for permission of sale, exchange, lease or disposal from the Auroville Foundation between July 2021 to May 2023. This is another example showing that recent land exchanges by the AVFO are not following some of the many legal protocols imposed by the Government of India.

### RTI - CIC EXPRESSES "SEVERE DISPLEASURE"

A Right to Information (RTI) was filed in 2022 seeking information about the Auroville Foundation making payments towards their legal firm Nityaesh and Vaibhav Advocates and Advisors. The RTI asked how the Auroville Foundation was filing these payments in their accounts and if there were any family relations to the legal firm and the Secretary. Despite over 2 years passing, no information has been provided by the AVFO to the "severe displeasure" of the Central Information Commission (CIC). A second appeal of this RTI has been filed requesting the information to be provided by the AVFO in a timely manner. Please see here for a summary of the CIC decisions.

#### RA TDC REPORT REGARDING SUPREME COURT APPEAL

On the 21st February 2024, The RA TDC released "an extensive non-exhaustive report on numerous large-scale developments currently being undertaken in the Auroville project area" which was shared with the Ministry of Environment, Forest and Climate Change as well as the RA, GB and the IAC. The report highlighted the damage that has been caused to Auroville's biodiversity and ecosystems in the past two years of development, the violations of the NGT order as well as the large-scale impact of the lifting of the NGT stay order in December 2023. The RA TDC also predicted a significant future environmental impact for Auroville and the local bioregion, should the NGT order of April 2022 be annulled by the Supreme Court. You can read the full report here.

### **BHARAT NIVAS AVFO MEETINGS**

On 5th February 2024, the AVFO Officer on Special Duty, V. Srinivasaragavan, sent out a meeting <u>invitation</u> to all Auroville residents registered on the RoR, on behalf of the Office of the Secretary. It was described as a "platform for Residents of the Auroville Community to participate, to express their wish to work any area of activity, any concerns, inputs, and suggestions, etc.". Residents were invited to one meeting on either the 7th, 8th, or 9th of February. In the days leading up to the event, some community members received telephone calls from the AVFO Wcom "advising them to attend" the meeting. Many felt pressured to attend, and feared the consequences if they did not. Names and details of attendees were recorded.

Reports from attendees said that the Bharat Nivas hall was rather full, however the official number of Aurovilian attendees has not been published by the AVFO. At the meeting, the AVFO WCom and other groups formed by the Governing Board gave presentations followed by some permitted questions from the audience.

In response to this meeting being called with the purpose of "participation", a group of concerned residents shared an <u>open letter</u> with the AVFO and the community pointing out the "one-way communication" and "over reach" of the AVFO failing to foster trust and collaboration. The letter adds "We look forward to the time when respect and mutuality between the pillars of Auroville will be duly restored, and a truthful and trusting collaboration becomes possible once again."

### **COMMUNITY COORDINATORS' MEETING WITH RN RAVI**

A select group of Aurovilians were invited to a meeting with the Chairman of the GB, RN Ravi, on Golden Day, 29th February 2024. Many of those invited were designated as 'community coordinators' by the AVFO 'WCom'. The <a href="mailto:ema

This is only the second time the current Chairman has offered to meet with the community and at the first meeting, held in November 2022, there was no opportunity to ask questions; instead community members were invited to email proposals to the Chairman, but none of these emails were replied to. Many of the letters sent to the Chairman were collated into a book called "The Spirit of Auroville"

### **RA WCOM GB MEETING OBSERVATIONS**

On 12th February, the RA WCom <u>published</u> its observations on the minutes of the <u>63rd</u>, <u>64th</u> and <u>65th</u> Governing Board (GB) meetings. This was accompanied by <u>general observations</u> on the Governing Board's modus operandi and Auroville's current situation, legal advice given by senior lawyer Shri Soli Sorabjee in 2008.

In the meantime, the Governing Board held its 66th meeting, the minutes of which were recently circulated. Comments on these 66th GB meeting minutes will be released soon, and included in an upcoming issue of the Bulletin.

### **KALABHUMI BOREWELL UPDATE**

The Kalabhumi community was connected to the main Auroville water tank by the Auroville Water Service (AWS) at the end of December 2023 without consent from the borewell users. Ignoring a legal notice, construction activities commenced around the borewell on 5th February by the CPWD. Despite verbal assurances from AWS of engaging hydrological experts, the only measure taken involves covering the top of the 21m deep well with a simple PVC cap. The requisite standard for borewell closure can be found here. CPWD engineers on-site have stated they have no orders or intention to actually close the borewell, leaving the responsibility to the residents. The CPWD was recently informed by the RA TDC again about the need to seal the borewell to avoid the passage breaking at the first hint of rain and subsequent inevitable aquifer contamination. Failure to adequately seal the borewell poses a risk of structural collapse and aquifer contamination, impacting water supply not only to Auroville but also neighbouring communities and the broader bioregion. All warnings have been ignored. Additionally, AWS is now requesting the community pays for their services, including connection fees and meters.

# **TALAM CEASING TO SUPPORT KEY SOFTWARE**

Talam, who have been providing key software support for a large number of Auroville's online services, announced that they will be ceasing to support certain software from 1st April 2024. They shared that they had been continuing to provide support despite the fact that this work was supposed to be taken over some time ago by the AVFO-formed group Auroville Integrated Information Service (AIIS). The announcement stated "the designated receiving team, AIIS, has not actively pursued taking over these projects. In light of this, it has become increasingly challenging for us to maintain and support these projects, given that we were explicitly instructed to cease development and hand them over". Affected services include AVFO 'FAMC' and 'BCC' dashboards, Guest Registration Service and the Matrimandir booking portal. The formation of AIIS was originally announced in the 60th GB meeting minutes dated 12th July 2022.

# AVFO 'HR' COMMUNICATES FURTHER MAINTENANCE CUTS

At the end of February 2024, a number of Aurovilians received an <a href="mailto:email">email</a> from Kaliananda, as the AVFO 'BCC' Human Resource person, stating that their maintenance would be cut in a matter of days, starting 1st March. This follow up comes after the AVFO BCC asked residents to speak to Kaliananda to have their work "realigned" in December 2023. It is expected that these maintenance cuts will affect hundreds of Aurovilians who depend on City Service maintenance for their livelihood in Auroville.

# AVFO 'BCC' DEMANDS FOR CITY SERVICES CONTRIBUTIONS

Aurovilians are continuing to receive <u>demands for payment</u> of the City Services (CS) contribution from the AVFO 'BCC'. In many cases, the amounts asked for amount to tens of thousands of rupees and they are often being sent to community members while they are out of station or they have had an agreed waiver in the past. This approach to receiving CS contributions is a marked change from the past, as was highlighted by the RA BCC in their report from April 2023. In the past, it had been the case that "contributions (were) waived because the individuals are working for free, or previously made large donations to Auroville (and are now aged), or are between jobs and without resources. The current approach seems to be to administer the individual contributions as a tax".

### **CRIPA FUNDING CUT**

At the beginning of February 2024, Cripa received an <a href="mailto:e

# **VISITORS CENTRE 'TOURIST WALK' TO MATRIMANDIR**

Since the Visitors Centre (VC) was taken over by the AVFO, the walk from the VC to the Matrimandir (MM) viewing point has changed dramatically. Whereas previously, the walk was directly from VC to MM, via a shaded route with painted stones showing the names of the Mother's Qualities, now visitors are directed through Bharat Nivas. One Aurovilian who took the walk recently noted the walk now resembles something akin to an "amusement park", with cartoonists offering caricature paintings, snack stalls, market stalls selling cheap items and a 'Wildlife Museum' - entry 30rs - with life sized sculptures of animals such as apes and elephants. Entry into the Kalakendra Art Gallery and the India Space now costs 50 rs. It is not clear if or how any of these entities are making a financial contribution to Auroville. You can read the full report here (originally appeared in the Community News and Notes issue 1010.









#### HELP NEEDED FOR AV COUNCIL ROOM VIGIL

Members of the 24/7 vigil protecting the AV Council town hall meeting room since July 2022 have appealed for more assistance. Several shifts need to be filled during the week (different times of the day, or sleep-over). With the hot season approaching, many Aurovilians will be travelling, putting more pressure on those who take turns to keep this important community hub safe. Many regular watchers use their time in the space for exercising, meditating, quiet study, meeting friends, getting an (automatic) back massage or working online. Contact (DM) for timings: 97877 97814 or 94430 03617 (for AVCouncil).

# **MISCELLANEOUS NEWS**

- · Aadhaar deactivated letters: In recent weeks a few Aurovilians received letters from the UIDIA saying that their Aadhar cards had been deactivated. Initially there were concerns that that this was related to the AVFO targeting of visas. However, as was highlighted by the RA WCom in their massbulletin on the topic, this is seemingly a nationwide issue and not just limited to Aurovilians. If you have received such a letter please contact workingcom@auroville.services.
- Darkali's water bodies under threat: On 8th February 2024. large amounts of soil were brought from the Matrimandir gardens to Darkali, presumably for the purpose of filling in the water bodies to allow the continued building of the Crown Road. Please see here for an album of photos and video of the event.
- RA WCom Membership: The RA WCom announced on 19th February 2024 that Hemant would be stepping down from the committee with immediate effect, citing personal reasons.
- Marathon posters This year during the Auroville Marathon, posters hung advertising the marathon marked an unprecedented shift in both the aesthetics and content of previous signage for the event. In the day leading up to the marathon numerous posters of the Minister for Health and Family Welfare Ma Subramaniam were hung around Auroville.
- MoU Signing: On February 27th 2024, AVFO signed a Memorandum of Understanding (MoU) with the Indira Gandhi National Centre of the Arts (IGNCA). The stated aim of the MoU is to "foster cross-cultural understanding and promote artistic exchanges"; The details of the MoU have not been shared with the community. In several reports of the event, Auroville was referred to as "The Auroville Ashram"
- Internet cables cut again: Residents in the City area have again experienced lengthy internet outages due to the cables being cut by the CPWD whilst carrying out the Crown Road works. On Auronet, Aurinoco stated that they have shared all the relevant information such as cable maps and "the rest lies with CPWD, FO and ATDC ... to do the needful... or not as of now".

#### AUROVILLE IN THE MEDIA

- · Issue 5 of Voice of Auroville: The 5th issue of Voice of Auroville is available at this link; previous issues are available here.
- bnnbreaking.com: Madras High Court halts changes to Auroville Register of Residents
- The Hindu: Don't add or delete names from Auroville Register of Residents
- Deccan Herald: Auroville: Beacon of Unity and Sustainable **Development**
- atmos.earth: Life inside Auroville, The City the Earth Needs
- scroll.in: A new book details to 50 year afforestation project of the coromandel coast of South India
- meer.com: The Auroville Experiment
- Times of India: It's demanding, but so much fun
- Youthkiawaaz: Embarking on a Journey of Learning and Growth in Auroville

# **LOOKING FOR**

# THAMARAI NEEDS PLATES, MUSICAL INSTRUMENTS...

Old stainless steel plates to balance on a stick for ATB and simple musical instruments, like rattles, tambourines etc.

Please contact Jagrata:

jagrata@gmx.net or WA: +49 171 9355661



#### MDJ IS LOOKING FOR WATER HEATER

The community of MDJ (Maison Des Jeunes) is vibrating with youthful energy these days, having reached 11 members, soon to be 12!

However, with our daily routines including cleaning, dishwashing, and mostly showers, the need for warm water has become apparent. If you happen to have a water heater you're no longer using and would like to support 12 freezing youth trying to not catch a cold, or know someone who does, please reach out to us!

Your generosity would be greatly appreciated.

Thank you!

Contact: 70943 39490

# SUPPORT NEEDED

### INGRID NEEDS SUPPORT FOR DENTAL PROCEDURE

Hello dear Auroville friends.

My name is Ingrid and I've been living and working in the Auroville forest since 1973.

I have an emergency dental procedure coming up that the health fund does not cover.

My family is able to come up with some of the amount but the total cost will be around 60,000 and I'm still missing about half of it.

If anyone can help, even the smallest amount will make a difference and will be very appreciated in these difficult times! Here is my Auroville account number: 3981

Thank you so much! Inarid

# LOOKING TO CONNECT

# **WOULD LOVE TO MEET THE BRAZILIANS OF AV:)**

oi, como vai?

I recently spent a year in Brazil, without money exchanging my skills for 2 meals a day and a room.

This year-long surrender experiment is now over and now I have come back to Auroville.

However, I terribly miss the land, people, speaking in my broken Portuguese and eating pao de queijo.

Thus, I was wondering if I could meet the Brazilians living in Auroville, to relive these days. 000

Write to me if you would like to meet me too.

Love.

Deepa

stigmatad@gmail.com

9811574667 (india number, no WA)

https://www.facebook.com/deepaaaaaaaaaa

# **VOICES AND NOTES**

### TOTAL IDENTIFICATION

If you reach the Ultimate, then you can say 'All is One'. And this One is the Eternal and Infinite. The Divine. The 'Supreme Divine Mother' is one aspect that is the Creative Power, which at every moment gives birth to the Infinite many. We can say that the Eternal is the Absolute that supports the Infinite. Yet they are inseparably One. And therefore you are That, Tat Tvam Asi. One who realises this can say 'Aham Brahmasmi', I am Brahman.

I am the Divine.

Only in this Lila of You, this unfolding Divine Play, still in a limited Homo sapiens body, a transitional modality of existence we call the human being. The Lila continues on towards the next modality that the Supramental Avatars Sri Aurobindo and the Mother started, the new apex species the Supramental being. Before that happens, the first necessity is the 'change of consciousness' from the false-separative mental to the Truth-Unity Supramental.

An OBE is needed. See my post here:

https://www.facebook.com/share/p/YSKdp19yTrwsEw3G/? mibextid=xfxF2i

And the easiest and most joyful way to that is the Sunlit Path of Surrender, of Bhakti to the Supreme Divine Mother. A point of tipping enough awakened human beings will reached, triggering a he spontaneous evolution, a 'Total Identification to Oneness' in this material physical, Purusha and Prakriti in Yoga, and the Supramental being emerges:



The Golden Age, Satya Yuga... The Life Divine.





PS: The purpose of Auroville this City of Dawn created by the Supramental Avatars is a modern Gurukul, within Bharat Mata the Guru of the World, as an intensely dynamic experiential field of play for the Integral Supramental Knowledge and the Bhakti-Jnana-Karma Yoga in real-time Practice. application.

"The whole earth must prepare itself for the advent of the new species, and Auroville wants to work consciously to hasten this advent."

# https://auroville.org/page/a-true-aurovilian

Here is Sri Aurobindo with his especially revealing elucidation on the fundamental principles underlying a Gurukul of Bharat Mata, which applies to Auroville that has, lo and behold, since 1988 favourably evolved under the legislated administration and governance of the Ministry of Education of Mother India:

# https://incarnateword.in/cwsa/01/the-brain-of-india

Thus we can now effectively integrate the fundamentals of education befitting a Gurukul with the progressive everunfolding terrestrial evolution of consciousness and life on Earth, as specifically outlined in the Auroville Charter:

https://auroville.org/page/auroville-charter

We consciously continue on...

త Zech, 2024.03.09

### **DIVINE LOVE AND ONENESS**

A brother writes:

"Some even dare to call this central source of the wheel: Love!

God is Love and Ambe Sivam etc... or even:

"Awakened to the meaning of my heart That to feel love and oneness is to live And this the magic of our golden change, Is all the truth I know or seek, O sage."

12th Savitri book

This was the pop up I waited for this afternoon!"

And a response emerges from the unified field:

The Supreme Divine Mother, as Savitri, was being modest with the simple folks who were

"Wondering at her and her too luminous words Westward they turned in the fast-gathering night."

Lacking an integral inner experience, rejecting their ancient Eastern Knowledge, many embark on an intellectual journey of painful discovery. A necessity of the co-creative/destructive experiential play, and a warning of the still incoming darkness and gloom before the eventual Divine Manifestation. Night still veiling her luminous reign.

"Numberless the stars swam on their shadowy field Describing in the gloom the ways of light. Then while they skirted yet the southward verge, Lost in the halo of her musing brows Night, splendid with the moon dreaming in heaven In silver peace, possessed her luminous reign."

The Mind of Light is introduced by the Avatar...

"She brooded through her stillness on a thought Deep-guarded by her mystic folds of light, And in her bosom nursed a greater dawn."

# https://incarnateword.in/cwsa/34/the-return-to-earth

With a smile of love sanctioning the long game, He and She continued on, until the fateful yet decisive days of 5th December 1950 and the Golden Day of 29th February 1956 when only within six years of His sacrifice She finds Herself holding a massive golden hammer, and with one blow breaks open the golden door and the Supramental Consciousness. Force and Light rush down on Earth that has been a wallowing sorrowful symbol of the false-separative Mind. A New World is born. In the ensuing years other aspects of the Supramental Consciousness-Forces, substance and more sun-eyed children descend one after the other, preparing and transforming Earth for the Divine Manifestation. 28th February 1968, She inaugurates the City of Dawn, set within the Guru of Nations who has been climbing out from the abyss since 15th August 1947 and in a Renaissance, to concentrate the transformative action of the Supramental Consciousness-Forces. More and more awakened humans arrive from all over Earth to live in Divine Love and Oneness, the magic of our golden change. These two fundamental conditions continue to spread from within and without. Some fall astray amidst the resistance to change, playing their specific roles as stark examples for the sincere courageous to continue on in intense and hastened action, preparing the unified field for the eventual advent of the new apex species the Supramental being, that decisive moment when the evolutionary scale would tip, Victory at last, and the Life Divine for all starts.





Immersed in the Divine Play of the One, in the Eternal Now wherein fluctuates the past-present-future, the Infinite many emerge, return and unfold...

3 Zech, 2024.03.10

# **AUROVILLE PROSPERITY: THE MOTHER'S**

Mother's Prosperity goes hand in hand with the Admission Form to be submitted to her, stating:

- 1) one works for the community at least 5 hours, also on Sunday; changed afterward to 6 hours, if Sunday is excluded.
- 2) For Auroville ensuring the minimal needs the resident has to relinquish all other sources of income.

The Mother did not request those economically self-sufficient to surrender all they had: Auroville was too new, the situation still precarious; in her practical wisdom Mother would not be taken out of guard. But living in Auroville is a choice; to be here implies living a non-ostentatious, satwic life, independently from one's financial means. How we outwardly live reflects who we are within. Our lifestyle is the touchstone, and satwa is the big divide.

Reading how minimally lived those who founded Auroville helps finding the way back to the centre. An important source is Memories of Auroville by the late Janet Fearn, "a book about the very early days of Auroville based on interviews made in 1997 with Aurovilians who lived here between 1968 and 1973". Available online, this is the link: Early Aurovilians reflect on the years 1968–73. Authored by Janet Fearn and published by Prisma Books. Memories of Auroville



Janet is in the centre. Photograph by Dominique Darr.

<u>Early Aurovilians reflect on the years 1968–73. Authored by Janet Fearn ...</u>

Two excerpts from Janet's book, true nourishment of the soul, show the way:

"As a matter of fact I asked Mother whether I should work here. And she said yes, I can go and work in Kuilapalayam, because there was a very great necessity for the Tamil people to know what Auroville is about. Auroville is essentially a project expressing the inner spirit. If you want to concentrate on external things only for its own sake instead of as an expression of inner spirit, the main thrust of Auroville will be lost. The other things are there and they will happen, but as an expression of the spirit." (G. Varadharajan)

"I asked about the work, as that was the most important thing for us, about the work in Aspiration, how to proceed. She immediately felt there was the tendency to escape a little bit from the work that had to be done. And she said that the inner discovery should have been done before coming to Auroville.

This was the very, very striking thing she said, that it would have been much better and much easier. But of course it was not always the case for us. She stressed the importance of the very, very physical work. She gave us some so wonderful details. I mean you can do anything with this attitude of trying to find the true attitude, just cycling, and just planting a tree, just doing anything, sweeping, cooking. It was so wonderful, this very first talk with her, when she stressed that just with physical work you could have communion with the Divine. It was very important for us, because we had this tendency of thinking that everything can be done by a miracle. I mean we were very young and thought that maybe there was another way of building the city, not just building factories and producing all these things that we were told to do. But she made it clear that we have to find the Divine here on this Earth through physically working and finding the true attitude." (Christophe)

Yes, "the inner discovery should have been done before coming to Auroville." This is the one issue: the inner discovery – or its absence.



Janet in Centerfield with L'Aura, 1979. Photograph by Rakal.

Conflict in Auroville will not subside as long as the psychic being doesn't take the lead; then only everything falls harmoniously into place and Mother's guidelines and Prosperity are effortlessly lived as svadharma.

There is no gnostic society unless satwa harmonises rajas and tapas. This should be how we live and serve in Auroville.

[Submitted by Paulette]

# AWAKENING SPIRIT

# INTRODUCTION TO THE INTEGRAL YOGA OF SRI AUROBINDO AND THE MOTHER

Tuesday, 19th March, 9 am - 12 noon Focus: Intimacy with the Divine

Led by Ashesh Joshi

Place: Mirabelle Education Centre, Auromodele Ph/Whatsapp: 9489147202 (Please register)

All are Welcome

# AMPHITHEATRE - MATRIMANDIR Every THURSDAY at sunset



Meditation with Sri Aurobindo's long mantric poem, Savitri read by Mother to Sunil's music.

We follow the sun and the timing changes with the season...

From Thursday March 14th timing is: 6.00 to 6.30 pm (weather permitting)

Enjoy the beautiful open space, an immense sunset, heavenly music in the very center of Auroville!

Reminder to all: The Park of Unity is a place for silence, meditation and inner work and is to be used only as such.

We request everyone: please do not use cameras, I-pads, cell phones, etc. No Photos.

Dear Guests, please carry your Guest Card with you.

Access for the Amphitheatre only from 5.45 pm and until meditation ends.

Thank you Surya for Amphitheater team

# A SATSANG ON THE INTEGRAL YOGA

A sacred gathering for the study and practice of the Integral Yoga of Sri Aurobindo and the Mother, founders of Auroville, the City of Dawn.

"The first necessity is the inner discovery in order to know what one truly is behind social, moral, cultural, racial and hereditary appearances. At the centre there is a being free, vast and knowing, who awaits our discovery and who ought to become the active centre of our being and our life in Auroville." — The Mother

We start right here, in the Eternal Now, from where we each are at this ever-progressive moment, and share our unique experiences on the path of rediscovering and embodying who we really are.

Facilitated by Zech Joya

Schedule: Tuesdays and Thursdays, 5:30-7:00pm

Venue: Conference Room, G/F SAIIER Building, Town Hall Complex, Auroville





Please click this link for details or scan the above QR Code

# **POETRY**

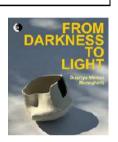


# **ART & CULTURE**

### **CENTRE D'ART CITADINES**

FROM DARKNESS TO LIGHT by Supriya Menon Meneghetti

From 8 to 23 March 2024, 10am-12pm and 2-5.30pm



# **PITANGA ART EXHIBITION: HUMAN UNITY**



# **Human Unity**

Water colour works

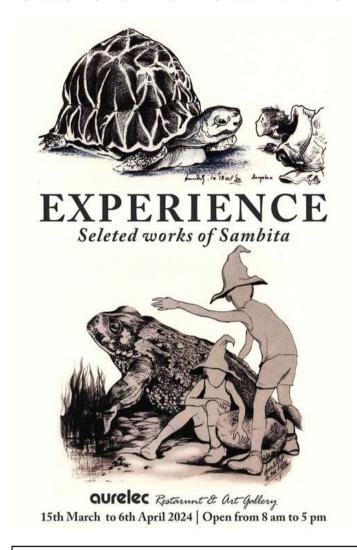
by Ivana Roof Studio / AV Art Service

Exhibition timings: Daily, except Sundays

8.30 - 12.00pm & 2.00 - 5.30pm

Pitanga Cultural Centre, Samasti, Auroville 605 101 | info@pitanga.in | 0413 - 2622403, 9443902403

# **AURELEC RESTAURANT & ART GALLERY EXHIBITION**



# **HEALTH**

# AV HEALTH FUND NOTICE

Dear Health Fund Members,

The end of the financial year is approaching and we kindly request you to check if you have any medical bills from April 2023 onwards.

We need to receive those bills before/on March 28th of this year in order to process/refund them. Any of those bills received/deposited later than March of this year will not be refunded/processed!.

Medical bills generated in March 2024 will still be refunded in April 2024

Please check and deposit them at Sante or Health Centre in the respective bill boxes.

Regards, Health Fund Team.

### **SANTÉ SERVICES IN MARCH 2024**

**Working Hours:** 

Monday - Saturday 9:00 - 12:30pm & 2:00 - 4:30pm

**Tests and Sample collection:** 

Mon-Fri before 8:30 - 12:00 pm. No sample collection on Saturday.

For emergencies, contact:

Auroville Ambulance (24/7): Phone: +(91) 9442224680 Government Ambulance (24/7): Phone: 108

Please call Santé on (0413) 2622803 during working hours for an appointment

	Nursing Care:	
Doctor consults	Ezhil, Thilagam, Archana &	
with Dr.Senthil:	Sandhya:	
Monday to Friday	Daily	
	No appointment necessary	
Ayurveda	Pregnancy Care &	
with Dr.Be:	Women's Wellness	
Tue/Wed/Fri	with Paula:	
rue/wed/rii	Tuesday & Wednesday	
Acupuncture with Andres:	Homeopathy with Michael:	
TOS	Mon / Wed / Sat	
Integrative Psychotherapy	Physiotherapy	
Integrative Psychotherapy with Juan Andres:	Physiotherapy with Arun& Rebeca(tos):	
	1	
with Juan Andres:	with Arun& Rebeca(tos):	
with Juan Andres: Monday to Friday	with Arun& Rebeca(tos):  Monday to Saturday	
with Juan Andres:  Monday to Friday  Functional Medicine	with Arun& Rebeca(tos):  Monday to Saturday  Soundbed Session with	
with Juan Andres:  Monday to Friday  Functional Medicine  with Lize:	with Arun& Rebeca(tos): Monday to Saturday  Soundbed Session with Sandhya/ Thilagam:	
with Juan Andres:  Monday to Friday  Functional Medicine with Lize:  Wednesday & Friday	with Arun& Rebeca(tos): Monday to Saturday  Soundbed Session with Sandhya/ Thilagam:	
with Juan Andres: Monday to Friday  Functional Medicine with Lize: Wednesday & Friday  Bio-Well Assessment	with Arun& Rebeca(tos): Monday to Saturday  Soundbed Session with Sandhya/ Thilagam: Monday to Saturday	
with Juan Andres: Monday to Friday  Functional Medicine with Lize: Wednesday & Friday  Bio-Well Assessment (Evaluation of your well-being)	with Arun& Rebeca(tos):     Monday to Saturday  Soundbed Session with     Sandhya/ Thilagam:     Monday to Saturday  Physiotherapy & Massage	

In Santé, we value our patient's confidentiality & make every effort to ensure their privacy.

In case of cancellation or to reschedule, it is necessary to inform us in advance.

# **AUROKIYA INTEGRAL EYE CENTRE @ ARKA**

Working Hours: Monday - Saturday

(9.00 am -5.30 pm)

Aurokiya Integral Eye Centr

#### Services Provided:

- Emergency eye care services with primary-level care
- Complete eye testing facilities for eye problems
- Follow-up services for surgeries and consultation from
- Spectacles and contact lenses
- Eve medicines (Homeopathy, allopathy, and Ayurvedic
- · Personal guided support to visit Aravind Eye Hospital for surgeries and procedures
- Personalized eye exercise training, eye yoga sessions, and vision therapy sessions. Both morning and evening slots are available

Contact: aurokiya@auroville.org.in; aurokiya@gmail.com WA/ Mobile: 8012305151: www.aurokiya.com

# **EDUCATION**

# **TUTION GRADE 1-12**

Tution classes open for students from grade 1 to grade 12. Please contact on my WhatsApp 8270512606. Ashwini



# SPOKEN ENGLISH AND HINDI

Hi! My name is Ashwini and I have an experience of 20 years as a Spoken English, Hindi, Kannada and Marathi language trainer for all levels. If you are interested in learning one of the above languages either in oral or written form please contact me on my WhatsApp 8270512606.



Please remember to put your mobile phones on flight mode and switch off all wireless and Bluetooth devices before you enter the Lab. We are a wireless-free space!

# **Something New: Evening Programs!**

From 1st February 2024, we are launched a new experiment. The Language Lab has extended its opening hours from 5pm -7:00pm, Monday to Friday. We are offering special evening programs which include conversational practice with native language speakers, talks, as well as self-learning and guided study in different languages with our mediatheque. Our regular day-time students are welcome to take advantage of these sessions as well for some additional practice. This is to revive an old idea of "language exchange" and "sharing languages". This program | is free of cost to everyone: Aurovilians, Newcomers, Volunteers, Guests and people from around the Auroville area. The Language Lab has always been open to all and this program will be as well. Ever learnt a language but feel a bit rusty now? Come and revive it! All, including Guests are welcome to join. Come share your language with others!

Conversation Practice sessions would be Mondays for Sanskrit Tuesdays for Spanish & Tamil, Wednesdays for French & Chinese, Thursdays for English (On the Auroville Charter and The Dream) and Fridays for German & Italian. Please come forward for other languages, especially Hindi! All are welcome for these sessions.

Do let us know if you would like to be part of this experiment and what you would like to receive and offer, either as a participant or a facilitator, by sending an email to info@aurovillelanguagelab.org or a WhatsApp message to +91 98430 30355.

# Sanskrit Chants with Vishvanathanji

Learn Sanskrit Chanting in the light of Mother and Sri Aurobindo.

We will learn 8 traditional Samskrit Chants, invocations to the Divine Mother, to deepen our aspiration, widen our receptivity, and to bring down in us samata, peace, courage, humility, sincerity, harmony, gratitude, and perseverance.

The sessions will be led by Vishwanathan, supported by his wife Lalitha. Their study of the writings of Mother and Sri Aurobindo has deepened and enlarged their understanding of the traditional Samskrit chants and in turn the chants are a great help in their sadhana. They feel blessed to share these traditional Samskrit chants.

# So, every Monday from 5 to 6 pm all are welcome to join to learn these inspiring Chants!

# Our first full-length publication:

We are delighted to share that our first full-length publication, "From Resonance to Bonding" by Dirk Beckedorf & Franz Müller, is now available on Amazon! The book gives an in-depth explanation of the Alfred Tomatis method, its scientific basis, how and why it works, along with detailed case studies. Order through our website: <a href="https://books.aurovillelanguagelab.org/">https://books.aurovillelanguagelab.org/</a>

You can access the detailed Table of Contents, as well as 2.5 chapters of the actual book for free  $\underline{\text{here}}$ , before deciding to order through Amazon.

This book has information for a wide variety of professionals in different fields, as well as laypeople. For example, midwives, doulas, gynaecologists, as well as pregnant women, parents-to-be and recent parents, will find the chapter on "Resonance in the Womb" full of incredibly fascinating information. It is an excellent summary of all the research since Dr. Tomatis' pioneering work in the early 1950s, on the development of listening in the womb.

For now, in India, it is only available as a Kindle e-book. You can use a free kindle app to access it (mobile, tablet or desktop). We are looking for sponsors to cover costs of the first print run, so that it can be available as a paperback.

#### Looking for:

We found a volunteer for the Telegu translation editing work, and for most of the other tasks. But we could definitely still do with someone to help with fundraising and English Teaching. and We always welcome volunteer language teachers

# **Tomatis**

# <u>There are spaces available for both language & listening training programmes!</u>

Please contact 0413-3509932 or 04132622467 or email us at <a href="mailto:tomatis@aurovillelanguagelab.org">tomatis@aurovillelanguagelab.org</a> to schedule your Listening Tests & Consultations.

To know more about the Tomatis Method, please have a look at the following links:

- https://www.aurovillelanguagelab.org/tomatis-method.php
- https://www.aurovillelanguagelab.org/tomatis-kids.php
- <a href="https://www.youtube.com/watch?v=wnpXprTl3m0">https://www.youtube.com/watch?v=wnpXprTl3m0</a>
- https://www.youtube.com/channel/UCeTIG0ysBMlyywZNdZcAng/videos
- https://www.listenwell.com/

#### **Current Schedule of Classes**

Language Level		Time	Day(s) Of Classes		
	Pre-Intermediate & Intermediate	11:00am - 12:00pm	Tuesday & Thursday		
	Conversation Intermediate Start date 8 February 24	4 - 5pm	Tuesday & Thursday		
English	Conversation Pre- Intermediate Start date 12 February 24	4 - 5pm	Monday & Wednesday		
	Movements & Theater To start February 2024 Beginner Start Date 11 March 2024	10:30am – 12noon	Saturday Monday & Wednesday		
	Beginner Start date 10 February 2024	2:30- 4:30pm	Saturday		
French	Conversation Post Beginner Start date 10 February 2024	10:30am – 12noon			
	Conversation Intermediate Start date 5 February 2024	2:30 -3:30pm	Monday & Thursday		
	Spoken Beginner Start date 23 January 2024	9:30 – 10:30am	Tuesday & Friday		
Tamil	Spoken Intermediate To Start March 2024	5:30 - 6:30pm	Tuesday & Friday		
Sanskrit	Beginner skrit Start date 28th March April 2 – 4pm 2024	Thursday			
Beginner  Hindi Start date 27th March April 2024		Hindi	Start date 27th March April	2 – 4pm 10:30am – 11:30am	Monday & Wednesday
A1.1 Beginner Start date 5 February 2024		9:30 – 11am	Monday & Wednesday		
German	German Elementary S&W To Start March 2024	4 – 5pm	Tuesday & Thursday		
Spanish	Beginner Start date 24 January 2024	2:30 - 3:30pm	Monday		
Spanish	Intermediate	2:30 – 4pm	Tuesday		
Japanese	Beginner To start April 2024	TBA	TBA		
Italian	Beginner Start date 7 February 2024	4 – 5pm	Wednesday & Friday		
italiali	Intermediate Start date 15 February	4 – 5.30 pm	Thursday		

If there's a language you would like to learn but it's not listed ... please let us know!

The Language Lab is open: Monday – Friday, 9am - 12pm & 2pm - 7pm Saturday, 9am - 12pm & 2pm - 5pm

Location:

International Zone, after Unity Pavilion & Pump House.

Contact:

Phone: (0413) 2623 661, 2622467, +919843030355 Email: info@aurovillelanguagelab.org

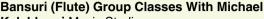
N&N 1018 - 14 March 2024

# CLASSES, WORKSHOPS & HEALING ARTS

### **BANSURI FLUTE CLASSES**

# The Sound of Bamboo

Various Styles of the Indian Flute



Kalabhumi Music Studio

Every Friday (Beginner: 11am-12pm, Advanced: 12pm-1pm)

Drop in is possible at any time, flutes available to borrow or buy.

#### Contribution:

- Aurovilians, NCs, Volunteers & Local Villagers: Free donation

- Guests: 500 INR

More Info: www.the-sound-of-bamboo.com

To Donate: <a href="https://pay.auroville.org/divine-arts">https://pay.auroville.org/divine-arts</a>

Learn More About Divine Arts:

https://auroville.org/page/divine-arts

#### **About Divine Arts:**

https://auroville.org/page/divine-arts

## **WRITING FROM WITHIN**

Writing from Within is a session to learn how to use the writing as a tool to get to know oneself, one's different sub-personalities, the unconscious strategies by which we sabotage ourselves but also the natural resources we have inside to overcome obstacles and evolve.



Moreover, many other creative writing exercises can also be practiced during the session, such as experimenting with sounds and rhythms of the words, rediscovering the innate talent of storytelling, reactivating lost creativity, exercising the inner muscle of imagination through memory, and much more. The sessions will take place at the European House.

Duration of the session: 1h30min.

For the Info and to book your session, write at

<u>ijustwannawrite.email@gmail.com</u>

If you want to know more about me, check my Vlog "I Just Wanna Write" at <a href="https://www.youtube.com/@lJustWannaWrite-https://www.youtube.com/"wide-https://www.youtube.com/"wide-https://www.youtube.com/"wide-https://www.youtube.com/"wide-https://www.youtube.com/"wide-https://www.youtube.com/"wide-https://www.youtube.com/"wide-https://www.youtube.com/"wide-https://www.youtube.com/"wide-https://www.youtube.com/"wide-https://www.youtube.com/"wide-https://www.youtube.com/"wide-https://www.youtube.com/"wide-https://www.wid

Or my blog <a href="https://ijustwannawrite.com">https://ijustwannawrite.com</a>

Let's keep up with the good writing!

Francesca

# TAI CHI HALL @ SHARNGA

The Tai Chi Hall in Sharnga community offers daily classes, six days a week.

# Mondays & Saturdays:

- 7:30-8:30am Chi
- 8:30-9:30am Form

# Tuesdays - Fridays:

- 7:30-8:00am Chi
- 8:00-9:00am Form

We practice three forms (24, 108 and 127) in the Yang style, as taught by the Inner Way School - Stevanovitch Method (artduchi.com). All are welcome to drop in.

Our next beginner's intensive is from February 12 to March 2, 2024.

taichi.auroville.org / taichi@auroville.org.in

# MARTIAL ARTS - AUROVILLE AIKIDO NEWS



Auroville Aikido at AV Budokan (Dehashakti) is happy to share again their Adults regular schedule for Beginners and others (with N. Murugan and Surya) for interested people to join this beautiful and complete practice in the form of a Japanese martial art: every Tuesday, Thursday, Saturday early morning from 6 to 7.30 am + Wednesday 5.15 to 6,30 pm.

For **children classes** (with Surya, Philippe G. and Cristo) **and other info**, please contact us: <a href="mailto:budokan@auroville.org.in">budokan@auroville.org.in</a> and 83001 89062 (Surya) - 99528 12843 (Murugan/WA) - 83006 43963 (Philippe/WA). Reasonable contributions required.

# **AUROMODE YOGA SPACE**

MARCH 2024 SCHEDULE



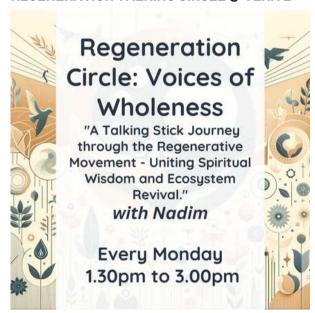
Registrations are a must for all the program.

Email or WA us, to know about the fees structure and other details.

Contact - email - <u>balaganesh.siva@gmail.com</u> & WA(only) +91 98926 99804

Day	Time	Description	
Monday to Friday		Mobility with Karlakattai–Classes from March 1	
Every Friday 5 30 pm to 7 00 pm		Vinyasa Flow Asanas	
Every Saturday 5 30 pm to 7 00 pm		Vinyasa Flow Asanas	
Every Sunday	5 30 pm to 7 00 pm	Vinyasa Flow Asanas	
March 1 to 22, 2024	Morning and evening	200 hr Hatha/ Vinyasa / Vinyasa flow Yoga TTC intensive	
March 1 to 29, 2024	Morning and evening	300 hr Hatha Vinyasa / Vinyasa flow Yoga TTC intensive	

### REGENERATION TALKING CIRCLE @ VÉRITÉ



We would love to invite you to a Regeneration talking circle

# What is Regeneration?

https://youtu.be/GMLyhJw4Bps?si=xPCQmXpA7Awx5Ter

Book your spot or drop in!

For more information or group bookings for consensus building, please follow this link:

https://events.auroville.org.in/events/19045

#### **PITANGA**



# **Program March 2024**

Join without prior registration! DROP-IN CLASSES

# Mondays

7:30am-9am, Asanas with Rachel 8:30am-10am, Yoga Therapy with Gala, restarts 18/3 4pm-5pm, Biodynamic Deep Presence with Mike

# **Tuesdays**

9am-10:30am, Gentle Yoga with Lisbeth 3:30pm-4:30pm, Body Music with Anandi Z

# Wednesdays

7:30am - 9am, Asanas with Rachel

8:30am - 10am, Yoga Therapy with Gala, restarts 20/3

# **Thursdays**

4:30pm-5:30pm, Aviva Exercise with Suriyagandhi

4:30pm-6pm, Vocal Sound Healing with Lola

5:30pm-6:45pm, Restorative Yoga with Rachel

# **Fridays**

6:45am-8am, Pranayama with François & Namrita, For former "The Art of Living" course participants

7:30am-9am, Asanas with Rachel

8:30am-10am, Yoga Therapy with Gala, restarts 22/3 3pm-4pm, Reading of Savitri with Patricia - An interactive session

4:30pm-5:30pm, Readings of the Life Divine with Balvinder

5:15pm-6:15pm, Feldenkrais with Shari

5:15pm-6:15pm, For Giving Love with Marie-Claire

# Saturdays

9am-10:30am, Yoga (Intermediate level) for regular practitioners) with Rachel

11am-12:30pm, ATB Explorations with Isora, Rosario &

2:15pm-4:15pm, Truth Based Relationships - Practical Sessions with Juan Andrés, starts 16/3

4:30pm-5:30pm, Body Music with Anandi Z.

# **YOUTH ACTIVITIES**

These are ongoing educational programs. If a child is interested, parents need to talk to the teacher before joining the class.

# Asanas for Teenagers with Lisbeth

• Mondays, Wednesdays, 4pm - 5pm

Yoga for children, 5–8 yrs., with Gala

· Saturdays, 9am-10am, restarts 16/3

### Yoga for children, 7-9 yrs., with Gala

Saturdays 10am–11am, restarts 16/3

#### Energy games for children, 9 yrs. +, with Gala

Saturdays 11am–12pm, restarts 16/3

#### **CLASSES – BY APPOINTMENT**

Art Therapy with Gala, restarts 21/3

- Thursdays, 3–5pm for adults
- Fridays, 3–5pm for families

### Chinese Tea Ceremony with Chun

- Saturdays, 3–4pm
- · Do not wear any kind of perfume on this day

#### HEALING SPACE - BY APPOINTMENT

- · Acupuncture by Heidi
- · Bio-Resonance (with Bi-Com machine) by Afsaneh
- · Chiropractic by Afsaneh
- · Cranio Sacral Therapy by Anne H.
- · Harmonization of Spirit and Body by Nadia L.
- · Thai Yoga Massage by Juan

# **NEW DROP-IN CLASSES**

# **Truth Based Relationships Practical** Sessions

with Juan Andrés



Saturdays 2:15–4:15pm, starts 16/3

Practical Sessions based on the Authentic Self Relationships Model by its author, psychologist Juan Andrés.

Use the opportunity for conscious growth that all your relationships offer you in everyday life.

First timers need to have previously explored the content at asrmodel.com

This is a drop-in class

# Gentle Yoga by Lisbeth

Tuesdays 9am–10:30am

Lisbeth, who is teaching the teen yoga classes for the 11th year now, invites you to join her for a gentle yoga class on Tuesdays during the month of March.

This is a drop-in class.

# **WORKSHOPS**

# Workshop "Born Free" with Ange Sabine

Blanchflower



- Monday 18–Friday 22 March,
- Daily 12:45–1:45pm, for 5 days

Ange invites, "If you have great dreams, ideas and goals for how you want like to live your life - but don't know how to make them happen, then this workshop is for you."

· Registration required.

Natural Eye Healing, workshop "Eye Yoga" with Aurosugan



- Monday 25–Friday 29 March
- Daily 3–4pm, for 5 days

Eye yoga exercises strengthen weak eye muscles, improving circulation and muscle movement. The technique includes activities that can help improve the entire visual system for better vision.

The eye yoga and exercises are simple and can be done in between your routine tasks, and by doing them regularly, you can significantly reduce your level of eye discomfort, blurred vision and other symptoms of eye strain.

· Registration required.

If you wish to receive our program of activities by email, please write to us: info@pitanga.in

See you at Pitanga, with a smile!

Pitanga Cultural Centre 2622403 / WA 9443902403 info@pitanga.in

# **VÉRITÉ WORKSHOPS**

# Pre-registration required

Please contact Verite @ 0413 2622045, 2622606, 9363624083 or programming@verite.in, www.verite.in



# Yoga Therapy for Back Pain – with Bijou Thursday, March 14, 9:15am – 12:00pm

Stretches, holds and strengthening asanas for the back with crucial attention to right posture, breath, and individual attention to body type to rejuvenate the muscles and alignment of the back muscles and spine. Helps relieve back pains and condition the back against future injuries.

Master Class: Pranayama, Mantra & Asana for Internal Organs –with Andres

Friday, March 15, 9:15am - 12:00pm (theory booklet included)

A workshop to help you understand the relationship between emotions and organs, and the effect of asanas on our internal organs through specific breathing techniques, asanas and mantras that bring equanimity to your emotions and well-being to your internal organs.

# Ayurveda for Self-Harmony– with Claire Friday, March 22, 9:15am –12:00pm

Discover Ayurvedic wisdom & its recommendations for self-care & healing. In this practical workshop, you will experience some of the fundamental Ayurvedic techniques to observe various body/mind/metabolic conditions in yourself & others & learn how Ayurveda can be applied in daily life to maintain balance & harmony, according to your own nature.

# Food is Medicine- Lifestyle Health Practices – with Parvathi Friday, March 22, 2:00pm – 4:30pm

Learn about your body's constitution (Tridosa) & the plants, foods, spices & lifestyle practices that benefit your constitution & help prevent health complications. Parvathi will also demonstrate the proper way to prepare decoction/ infusion teas.

### **VIPASSANA MEDITATION**

Date: Every Sunday

**Timings:** 8:00 AM – 12:00 PM but you can also drop in and join as long as you wish.

# No registration is required.

**Venue:** Udavi School (2nd building on the left when you are at the front entrance), near Tank in Edayanchavadi (Auroville). Location here.



Contact: Sanjay Tumati, +91 8790982210 (available on WA)

sanjay@auraauro.com

# **CONSCIOUS NATURE IMMERSION AT MAHAKALI PARK**

About the Park: MahaKali Park is one of the 4 parks of Auroville, which is developed as a place for holistic awareness and self-development through nature. We guide you into an educational and meditative walk in the forest. The historical experience of green spaces in the specific context of Auroville have led to a unique understanding of holistic



ecology. Providing a space for a direct connection with the organic "web of life" brings, in turn, insights for our self-study and yoga of work.

When: Every Wednesday and Sunday

**Contributions**: Accepted for the management of the site. **Clothing**: Be adequately clad to prevent mosquito bites. You

may also carry mosquito repellents.

**Venue:** Meeting point at Révélation's main gate 5-10 min before the time of the session (Search for "Revelation Forest" on Google Maps)

Contact: Vignesh +91 9620493716

Please note: The park is not yet accessible without our

supervision, Thank you for your understanding!

Gmap link: Revelation forest Auroville

# **DEEP SOUND BATH IN CREATIVITY**

# **TIBETAN BOWLS**

Hall of Light CREATIVITY community

Every Friday from 5 to 6:30 PM

Starting from 17th November



# There will be a LIGHT massage by the Tibetan Bowls.

Lie down, relax, simply allow yourself to experience the ancient sound from the Tibetans bowls.

The practise produce a soothing sound believed to have a powerful effect in the body's energy system, helping to balance the chakras and promote healing.

"If we accept that sound is vibration and we know that vibration touches every part of our physical being, then we understand that sound is heard not only through our ears but through every cell in our bodies. One reason sound heals on a physical level is because it so deeply touches and transforms us on the emotional and spiritual planes."

Drop in the Hall, no reservation needed. Please arrive 10 minutes before.

Guest 600 rs / Volunteer 300 rs Aurovilians and Newcomers, conscious contribution

Sathyayuga WA +917639761930

### 1 AND HALF DAY "WORKSHOP ON FACILITATION"

WITH FRANCESCO

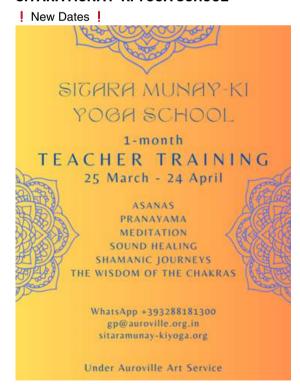


This workshop will explore various approaches and skills that, when put together, can help to have a more effective experience both for the facilitator and the participants.

It will be mainly set around facilitation for adults, but we'll also briefly touch some basic elements on working with children. It will be referring often to ATB related facilitation, but it will touch some principles that are valid for facilitating any kind of activity or even just being more effective and at ease in public.

If you're intending to participate, please write a confirmation mail at sghilli@hotmail.it

# SITARA MUNAY-KI YOGA SCHOOL



For more info about the Course, the School, and the Teachers see sitaramunay-kiyoga.org

Please contact us-As soon as 4 people express their initial interest, we can meet to answer all your questions

gp@auroville.org.in WhatsApp +393288181300

# **SERENDIPITY ACTIVITIES & THERAPIES**

(Ex. Joy Community in front of Center GH)

Center Field, Auroville - 605101, TN, India Mobile/Whatsapp: +91 9385623342

Email: serendipityauroville@gmail.com

https://serendipity.auroville.org

https://www.facebook.com/serendipityauroville



# **REGULAR CLASSES:**

# MINDFULNESS EVENING CIRCLE WITH JASS

THURSDAYS AT 7PM

Mindfulness is the art of opening up to the present moment, embracing all that is alive within us and around us. It enables us to enjoy life deeply and cope with life's challenges in a skillful way. We will practice different mindfulness exercises together (mindful sitting, walking, eating, sharing...). This is a drop-in group session.

#### TRADITIONAL SANSKRIT MANTRAS WITH SONIA

THURSDAY FROM 9 AM (DROP IN CLASS); FRIDAY FROM 5 TO 6PM (REGULAR STUDENTS)

In the recitation of Sanskrit Mantras the sound is very important and the specific pitches and strict rules of intonation and syllabic length should be learned according with the tradition of the great masters of the past, who figured out how to use the voice to calm the mind and attune the practitioner to the more subtle levels of the "sadhana" or spiritual path. Through the harmonic rhythm, repetition and participation in the singing, the mind reaches more clarity, concentration and tranquility.

# THERAPIES:

# SHIATSU MASSAGE WITH SARA ON APPOINTMENT ONLY (+919443617308)

Shiatsu is a physical therapy that supports and strengthens the body's natural ability to heal and balance itself. Although shiatsu means 'finger pressure' in Japanese, a practitioner also uses touch, comfortable pressure and manipulative techniques to adjust the body's physical structure and balance its energy flow. Like acupuncture, shiatsu stimulates the body's vital energy (Chi) using the points and meridians of acupuncture as well as massaging the muscles, joints and circulation with strokes like kneading or effleurage. It is characterised by extensive use of pressure techniques over acupressure points often done using thumb or palms. Shiatsu does not use instruments or oils. During a session, individuals are fully clothed and traditionally lie on a futon mat placed on a floor.

# **EXPRESSIVE ARTS WITH ANJALI** ON APPOINTMENT ONLY (+91 95600 26678)

The key purpose of Expressive Arts sessions is to build our relationship with an art process in an experiential and embodied way through multiple art forms such as visual, writing, photography, dance, movement, music, or drama. By moving away from the result, into paying attention to the creative process, we allow ourselves to connect deeper to the resources we hold within us. The sessions will emphasize creative imagination, mindfulness through art, and connecting with our deeper selves. This space will also allow you to connect with your authentic forms of expression, as you explore with the arts. This helps access inner resources otherwise untapped. The sessions typically last for 60-90 minutes.



Contact: Raja +91 9751395939 www.angamtree.com

### LA STYLE SALSA DANCE

Salsa is dance from Los Angelo, It's all with Music & Dance with Presences of mind. It is FUN, GREAT skill to have in life, way to make new friends, relieves stress, builds confidence, exercise and universal dance. SALSA dancing not only feels good, but it also improves your physical strength, endurance, flexibility and coordination. You can get a real high in energy from dancing and in the stressful world we reach this natural calm is a Good Thing.

# Beginner:

- Basic steps, Front and back, Side to side, Cross legs, Front turning, Back turning
- Practice with Partners with all basic steps, Partner sequences, Turning and leading
- How to get the beats or rhythms, Dance with Partners
- · Feedback sessions

**Location:** CRIPA (Kalabhumi) Every Thursday at 7:30 pm

Contact: Instructor: Raja

Mobile: +91 97513 95939 (Voice and WA)

www.angamtree.com/workshops

\*Kindly WhatsApp to be added in the Salsa WhatsApp Group



# **WELLNESS WOOD PRODUCTS**

The Tree is very important for life. In our processwe used the trees which have been used as pillars in old heritage houses in the villages These pillars are more than 200 years old which have the synergy with the land. Our Karalakattai productsare made from these heritage wooden pillars.

The history and origin of karlakattai, The name says it all!!

Karlakattai (wooden Indian clubs) training is a traditional form of body conditioning practiced originally by

Tamil warriors and other parts of south India in the past. The history and origins of karlakattai date back to ancient years ago when the civilizations were for med and the evidence is seen in the temple carvings and ancient scripts.

# TRADITIONAL MASSAGE THERAPY CLASSES

Our 30 hours course covers Traditional Bodywork based on principles of ancient Indian medicine science of Siddha Varma Kalai originating in Tamil Nādu, Southern India. It is one of the oldest systems of medicine in India.

### The certificate course has three levels:

· Basic: 10 Hours

Intermediate: 20 HoursAdvanced: 30 Hours

# Course modules:

- Varma Massage Therapy
- · Varma Touch Therapy
- Varma Myology (Muscles)
- · Varma Defense Methods



Angam Tree Wellness Hut is reaching out to people interested in learning massage therapy techniques. You can learn more about us at www.angamtree.com

Kindly share your profile with us at the below mentioned email address.

We will call you for an interview to assess the correct fit between you and the positive intention towards the energy of therapy.

# **THERAPIES**

Our work in therapy and healing is focused on educating people to the importance of healthy living and conscious lifestyle. To together achieve a better and sustainable future in wellness for each individual and their communities.

### **Sound Healing Therapy**

Using various musical instruments, Sound healing, Bodywork, Meditation, Visualization and Breathing one will become aware of their complete sensory perception. When we hear the subtle



cautions our life and where the body is a pathway of that inner voice, we all have the potential to heal ourselves.

# **Massage Therapy**

Traditional body work using acupressure and deep tissue varma points healing methodologies. Naturally prepared herbal and coconut oil along with natural essential oil aroma for meditative breathing



wellness. Use of sound to awaken and create a sense of peace and calm to bring about a holistic healthiness and oneness with self.

#### **Dance Movement Therapy**

Uses movement to help individuals achieve emotional, cognitive, physical, and social integration. Beneficial for both physical and mental health, dance therapy can be used for stress reduction, symptoms

prevention, and mood management. In general, dance therapy promotes self-awareness, self-esteem, and a safe space for the expression of feelings.

You can learn more about us and register at www.angamtree.com/therapies

For Angamtree, Auromode Manager: Raja

Mobile: +91 97513 95939 angamtree@auroville.org.in



# HIBISCUS ART VILLAGE PROJECT PRESENTS

Liberation festival

# © Sve dame16 March Saturday

Exhibition of the Art camp Dance, Music, Performances

All day food at Sudha's Kitchen



2:40 Funkytown by DJ Bijou (downtempo, world, funk)

4:30 Nadaprem seasonal program (electro, acoustic, folk, IDM)

6:20 Poetry readings by Ganesh Krishnamurthy

7:00 Folk by Ronny

8:00 Circus performance by Seuf

8:10 Maxwell the Bubbleologist

8:30 Surprise DJ set

9:45 Closing ceremony Spiral Dance by Prem Shakti

instagram.com/hibiscus av facebook.com/HibiscusAV



# MEET M.AI: EXPLORING THEIR TEACHINGS WITH CHATGPT

GenAl User Group Meeting. Saturday, 16th March, 10-11am in Auroville Consulting, Kalpana Community.

Join us for a unique get together where we'll demo M.ai, a specialized GPT model with



access to all the works of the 'M's (Maitre and Mere, Master and Mother). This interactive session invites you to ask questions and engage directly with the teachings as interpreted by ChatGPT 4. Your perspective and feedback will help shape a version of M.ai that truly resonates with the essence of their teachings.

To learn about Future events Gen Al User Group -

https://chat.whatsapp.com/EMEiWHRjquBATdKPEkG4PI

# **CULTURAL ANNOUNCEMENT**

### THE FRENCH PAVILION PRESENTS:

# "JOINT NOTE ON DESCARTES" by Charles Péguy

Performed by Jean-Christophe Cochard under the direction of Jean-Yves Ruf.

Saturday 16th March at 6:30pm At Kalabhumi, small amphitheater

IN FRENCH

The text of the Joint Notes, the last text of Charles Péguy, is intended for the man accustomed not to *Wetting to Grace*, that is to say to ourselves, filled with certainty, our morale and our the habits which have ended up making us



impervious to the human fragility which is also ours, mine, yours. The Joint Note is a journey of thought, a long meditation out loud on the meaning of life undermined by social, economic, metaphysical, psychological alienations...

"This writing demonstrates a commitment ready to take action. We can feel it physically. Péguy's personality resonates under the progress of his thoughts, the energy that emerges from it, induces a desire for incarnation that we simply wanted to translate on the set of a scene" - Jean-Christophe Cochard, Jean-Yves Ruf.

# **ACTIVITIES & EVENTS**

# STORIES UNDER THE FULL MOON



Fantasy, Fairies, Funny and Fun Stories that will delight everyone. Let your mind wander and look at the moon. This event is coming up soon.

Tellers: Mireille, Paula, Devi, Malcolm

Stories starting at 7pm will be for young people. As the evening progresses, tales may be for adults.

# PERFORMANCE BY YOUTH OF AUROVILLE

Dear Friends.

Youth of Auroville is going to perform music & dance to raise the vibes of love & peace "Feel the Vibe" on 16th March, Cripa.

Our team is putting lots of effort into making it a memorial & joyful for you all. But we are facing a finance issue as we have no funds available right now for instruments ,technicians etc.

We warmly welcome your support; any financial contribution can help make this event possible! Details below:

Auroville Financial Service Account - 0250 - Auroville Artis Group - PLEASE write description: "FEEL THE VIBE"

Thank you! Alka, Celine & Sonia (event organizers)



### **EDIBLE WEEDS WALKS**

We are right on the last month of the Edible Weed Walk season. In March - we have only 3 out of 5 walks remaining. They are on **Saturdays 16, 23, and 30 March 2024, at 7:30am** as usual.

You can join one or more walks but you would need to preregister. On Saturdays the walk will be at an easily accessible location within Auroville. It will be guided along with the Edible Weeds coloring book. If you don't have a copy of the book, you will be able to borrow one during the walk.



### YC AUM FESTIVAL IS HERE

16, 17 MARCH 2024 AT YOUTH CENTER

Mark your calendars, AUM festival time is here!

Hosted at the @youthcenterauroville, AUM (Auroville Underground Music festival) is two days of festivities to explore the ROOTS of our being; the vibrations from which all forms of energy, hence all of life are born.

Let us enjoy a day of music from various live bands, art, soul food, activities, and games!

A somewhat silly yet important reminder: NO FORMS OF INTOXICANTS ARE TO BE CONSUMED PRIOR NOR AT THE FESTIVAL. ANY FOUND WILL BE ASKED TO LEAVE THE PREMISES IMMEDIATELY.

Additionally, people of all ages will be present, including children. Any behaviour deemed inappropriate will be swiftly examined and actions will be taken.

Let us all enjoy the festival fully!

A big shout-out to all co-hosting parties, namely the Youth Center, Svaram, YouthLink, and all the lovely people sharing their talents!



# **AUROVILLE BOTANICAL GARDEN**



#### Auroville Botanical Gardens

Wednesdays and Fridays - 9.30 am (about 1<sup>1/2</sup> hour walk )

Be on time - Bring your water bottle and a hat - Meeting point at BG Kitchen

Please send us an email to: avbgtours@gmail.com to book your walk

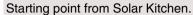


### **RUPHAVATI JOY ACTIVITIES**

#### **BIO-REGION TEMPLE TOUR**

Interested in learning more about the religious heritage in and around the bio-region?

Come take a guided tour of temples around the bio-region.



Can be scheduled anytime throughout the week.

Please contact in advance for more information and booking: 8098845200

#### SOUTH-INDIAN CUISINE - COOKING CLASS

Learn to cook some delicious delicacies of south India with Rupavathi.

Monday to Saturday between 10AM and 5PM at creativity.

Please book sessions in advance.



#### THAI MASSAGE

# Monday - Saturday between 9AM and 5PM

To book massage sessions or for more information, please contact personally.

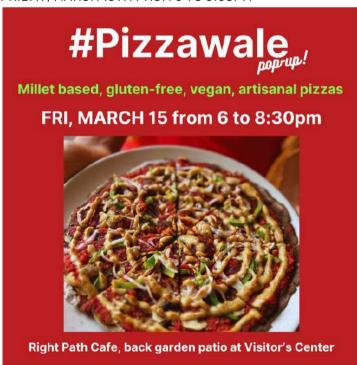
#### **TAILORING**

We can tailor and customise any kinds of dresses, sari-blouses and kurtas.

For any of the above services, contact information below: Phone/WhatsApp - 8098845200
Email - rupavathijoy@gmail.com

# **PIZZAWALE FIRST POP-UP FOR 2024**

FRIDAY, MARCH 15TH FROM 6 TO 8:30PM



Join us for an evening of healthy, guilt-free, goodness. Meet and mingle in the warm vibe of our pop-up. FS, Aurocard, and Mobile Pay are accepted.

Chetana, Darren & Team

### CONTRIBUTE TO CREATIVE YOUTH



# YOUTH CENTER SUNDAY EXPRESS



# **FOOD FOREST TOUR**

www.myfoodforest.info / myfoodforestgarden@gmail.com



### **KUILAI CREATIVE CENTRE**

Contact: <u>kuilaicreativecentre@auroville.org.in;</u> <u>kuilaicreativecentre.auroville@gmail.com</u>

WhatsApp: + 91-8608473385 / 9843195290



	KUILAI CREATIVE CENTRE (ACENTRE FOR EXTRA CURSICULARACTIVITIES)		NEXT TO RIMOVILE EARENY, PROTECTION COMMUNITY, ADROVILE.  ETHAN, kullaicreativecentre@auroville.org.in. OR.  kullaicreativecentre.auroville.@gmail.com		
ACTIVITY	நாள் DAY	நேரம் TIMING	WhatsApp. + 91-86084 773385/ ! பெரியவர்கள் மற்றும் குழந்தைகள் FOR CHILDREN & ADULT	9843195290 வயது வரம்பு AGE GROUP ( ONLY 10 TO 20 STUDENTS PER GROUP )	
ஆங்கில வகுப்பு ENGLISH CLASS	MONDAY, TUESDAY AND THURSDAY	10 AM TO 12 PM	FREE	ABOVE 1S years	
தையல் செயல்பாடு TAILORING ACTIVITY	MONDYA, TRESDAY & FRIDAY	11 AM TO 1 PM AND 2 PM TO 4PM	FREE	ABOVE 18 years	
EVENING TUTTION CLASSES	MONDAY TO SATURIDAY	6 PM TO SPM	FREE	From 1 <sup>st</sup> Grade to 10 <sup>th</sup> Grade	
a.L.ற்பபிற்சி PRISCIAL RINESS . ஒலியம் - PANTING மீன் அற்சிச்சுவைக் கட்கி மூலம் விதிங்களர்வு - IMARENSS THROUGH BOOY	SATURDAY	9AM TO 5 PM	FREE	ABOVE 5 years	
ора вистемно - вичатих халтизм адиа́Са- какате Салсы. Созеоз- салотима адиа́Са- какате салотима салотима салотима салотима	SUADAY	10AM TO 4 PM	FREE	ABOVE S years	

Please click <u>HERE</u> to see the program in full or scan QR code:

# Keep supporting us!

For your kind donations...

https://aviusa.org/?form=Kuilai

https://auroville.org/page/donate-from-india

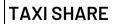
From Auroville: 240051- Kuilai Creative Centre Collection

Protection, Auroville, India - 605101, Contact: +91-9843195290 / 8608473385 <u>kuilaicreativecentre.auroville@gmail.com</u>

### **AUROORCHARD**



EMAIL: <u>auroorchard@auroville.org.in</u> / WHATSAPP: +91 9566631079 (Nidhin)





# FROM AUROVILLE TO CHENNAI 26 MARCH

Offer to share a taxi to Chennai airport on 26th March leaving around 2.15 pm.

Contact Ambre M.: <a href="mailto:butterflyambre@gmail.com">butterflyambre@gmail.com</a>, WhatsApp 0033630018728

# FOODS, GOODS & SERVICES

# **OFFERING IT SALES & SERVICES**

I am Ramakrishnan Aurovillian experienced in Computer & Networking for 8+ years and gained more knowledge in creating-on new Fiber internet infrastructure and IT troubleshooting work for our Auroville community since 2015 And I am happy to provide the below services to our Auroville community

- · COMPUTER & LAPTOP SALES & REPAIRING
- UPS BATTERY & INVERTER SALES & REPAIRING
- CCTV CAMERA INSTALLATION SALES & REPAIRING
- · PRINTER SALES & REPAIRING
- PRINTER TONER REFILLING
- ROUTERS AND MODEMS SALE & REPAIRING
- FIBRE OPTICS CABLE SPLICING SALES & SERVICING

Please feel free to contact me: Ramakrishnan, 9943919899, rkrish651@gmail.com

# REPAIR OF AIR CONDITIONERS, FRIDGES, WASHING **MACHINES AND APPLIANCES**

Loganathan working at Mahasaraswati Shop (near PTPS, Aspiration area) is a long term Aurovilian that has gained a lot of knowhow through looking after and repairing all kinds of machines. He happily repairs your machines and appliances.

You may contact him via phone / SMS or whatsapp +91 94434 93025



# WE CAN HELP TO FIX ALL YOUR BROKEN ITEMS

New Waves, a unit registered under Kattidakali Trust located in Aurelec Premises, Prayogashala, Auroville is offering the services of PCB Assembly, SMD soldering, de-soldering and minor repair of appliances.

The unit can also undertake sub-contract of your production work on job work basis.

If you have any requirements, please contact Dhandapani. Executive at 0413-2622295.

Mobile 9443090082 / 8098193820 or via e-mail to newwaves@auroville.org.in

### STUDIO BASED ART THERAPY AND COUNCELING

tialovesart@gmail.com / www.createandtransform.org

# STUDIO BASED ART THERAPY AND COUNSELING

individual \* group \* family

a service under MAATRAM



Therapy can be creative and nonthreatening for help with:

- Anxiety
- Depression
- Trauma
- Life Issues

#### Trauma Informed Art Therapy & Counseling:

- · Client Centered,
- · Strength Based,
- Solution Focused.
- · Incorporating CBT and a creative, eclectic tool box.



# Tia Pleiman, MA, ATR, NCC, LPC

tialovesart@gmail.com www.createandtransform.org WA 7094007610

Aurelec, Kuilapalayam, Auroville

# TASTE OF YOGA BY VERITE



Taste of Yoga offers a simple, quiet space to read, reflect and nourish oneself. Delicious healthful snacks, treats & drinks (all free from animal products, gluten, caffeine, and added sugars) have been designed with utmost care, integrating sattvic principles to promote overall wellbeing.

# **VOLUNTEER REQUIRED FOR VERITE CAFE**



Join the Taste of Yoga team to serve wholesome, vegan food, desserts & beverages!

# VOLUNTEER HOURS

Monday to Saturday

8:30 am to 12:30 pm

1:30 pm to 5:30 pm

Minimum 1 month

# WHAT WE OFFER

- Learn the art of kitchen management
- Develop your accounting, housekeeping & communication skills.
- Refreshments
- Access to a yoga class

Vérité Integral Learning Center, Auroville 🖸 cafe.vilcegmail.com



# **LIGHT FISH**

PHOTOGRAPHY STUDIO AURELEC

# Services:

- · Fashion Photography
- Product Photography
- Food Photography
- Architectural Photography

Phone: 8279300821 sales@light-fish.com



### **SURABHI SUPPLIES**

Dear Auroville Community,

Surabhi Supplies is dedicated to aiding individual community members, units, and projects in acquiring a wide range of materials and equipment, including but not limited to construction supplies, appliances, machinery, and more.

Our service offers several advantages to the community, such as reduced prices achieved through bulk purchases and volume-based discounts. We have established strong partnerships with various manufacturers and dealers who share our commitment to advancing Auroville's development.

Our primary goal is to streamline the procurement process for everyone, thus saving valuable time, energy, and costs while providing a high level of service to the community.

If you have any inquiries, please don't hesitate to reach out to us at:

Email: surabhisupplies@auroville.org.in Phone: +91 98438 46458 (WhatsApp/Call)

Sincerely,

Surabhi Supplies

# **RAPID CARE SERVICES RCS**

Dear Residents.

We are happy to announce that Rapid Care Services have successfully completed one year. We began operations RAPID CARE SERVICES in December 2022.



We take this opportunity to thank all the people who believed in us. Reach out to us for any enquiries that need our assistance in home and yard work. Look forward to your continued use of our services in the future.

Category	Services	
Metal Works	Channels , Doors , Piping , Fabrication	
Plumbing	End to End, Job works	
Furniture	Repairs, Made to order	
Masonry	Repairs, Renovations and Remodulation	
Painting	End to End, Job works	
General Maintenance	Floor Waxing, Powder Coating, Fumigation, All Home Utilities	
Installations	Washer and Dryer, Air Conditioner, Inverter, Dth, Security Camera	
Electrical Works	Wring, Meter box, Lights, Switches & Sockets, Motion sensor.	

Contact: + 91 8270071581 / +91 7639810621 Primary Email: rapidcare@auroville.org.in

Secondary Email: rcsrapidcareservice@gmail.com

Instagram handle: @rapidcare1

For Rapid Care Balaji & Arun

# **AUROVILLE LIBRARY TIMINGS**

Auroville Library opening timings:

Mon - Sat: 9am - 12.30pm

Mon, Wed, Thurs, Fri & Sat: 2pm - 4.30pm

Tues: 4pm - 6.30pm

Every Saturday between 10am -11am: Children's storytime!

# **AIRCON CLEAN OFFERS COMPREHENSIVE AIR CONDITIONER CLEANING SERVICE KNOWN AS "JET** SERVICE".



The Jet Service includes not only the filter cleaning but also indoor cooling coils, blades, and blower wheels, indoor cooler drain tray cleaning and outdoor unit with AC jet pump.

After a cleaning service your air is fresh and healthy, reducing sickness and helping you live a healthier life.

Save up to 30% power usage with a regular cleaning service.

Contact AIRCON CLEAN now at 9786809518 or email us at airconclean.av@gmail.com

Regards, Julien.

#### **SOLITUDE FARM - FRESH LOCAL FOOD**



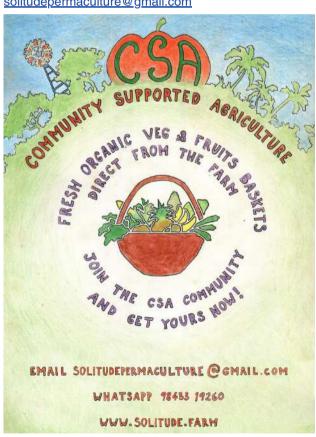
so much beautiful fresh produce in this season.

Subscribe for a basket that can be picked up from Solitude Farm once a week ( or more ).

Salad greens, spinaches, veggies, fruits and more.

#### 9843319260

solitudepermaculture@gmail.com



# **AVAILABLE**

# DOUBLE BED FOLDABLE MOSOUITO NETS AVAILABLE

We bought 16 of these double bed foldable mosquito nets for a group of students who visited Auroville on a study tour. It was used only for 3 nights. MRP is 699/- each on Amazon. Willing to sell it at 600/- each. Would anyone be interested? Please Whatsapp / Signal on +91 9704258709 or email on itspriyanka\_nc@auroville.org.in



# FRENCH NEWS & NOTES



Click <u>here</u> to read the **French** News&Notes

Scan the QR code:



# **CINEMA**

# **VASTU MARABU MOVIE SCREENING**

" In Sound through Music,

In Movement through Dance,

In Words through Poetry,

In Space through Architecture,

In Form through Sculpture,

In Thought through Mathematics,

One can touch the Divine "

From the oral verses of the Shilpi (sculptor)

We invite you to join us for a film screening of the documentary 'vAstu marubu: The Living Tradition- The Shilpi speaks'

A 1991 National award-winning documentary on the traditional art and technology of Temple architecture and sculpture of Tamil Nadu, narrated by Sculptor-Designer, Dr. Ganapathi Sthapathi.

Followed by an online interactive session with architect and educator **Sashikala Ananth**, who was instrumental in envisioning and conceptualising the documentary film with director Bala Kailasam.

At Tibetan Pavilion on 17th March (Sunday), 3 pm to 5 pm.

Warmly,

Chandana Reddy, Radhika Soni & Shivangi Gadia



presents at MULTI MEDIA CENTRE AUDITORIUM (MMC, Town Hall)

Reminder: FRIDAY 8 MARCH "GRADUATION" (Bacalaureat) by Cristian Mungiu - Romania, 2016

and FRIDAY 15th "VARDA BY AGNES"

Directed by Agnès Varda, France, 2019

Synopsis: Agnès Varda (1928-2019), photographer, installation artist and pioneer of the "Nouvelle Vague (the famous French New Wave), is an institution of French cinema! Taking a seat on a theatre stage, she uses photos and film excerpts to provide an insight into her unorthodox oeuvre. From a review: "This is a wonderful movie. Even if you haven't seen any of her movies, it's like meeting an old friend." To refresh the memory of those who have seen a few of them: Cleo from 5 to 7/Cleo de 5 à 7, Vagabond/Sans toit ni loi, The Gleaners and I/Les Glaneurs et la glaneuse ... A most inspiring documentary, and homage to this great artist!

Original version in French, with Engl. Subtitles, duration 1h.59'

# SPECIAL EVENT AT AUROFILM: WELCOME TO OUR OPEN HOUSE !!!

on SATURDAY MARCH 31ST - 5.00 - 7.30 pm - Aurofilm, Kalabhoomi (next to CRIPA)

Presentation and interaction where we will share our love for the Best of Cinema, in the light of Auroville! You will discover our activities, our new team and new situation! We will also watch together a short movie (program unveiled in the next issue of the N&N... but maybe a good old Buster Keaton film of the 1920s for The General audience...?! Or something else!? Refreshments will be served. See you there... Aurofilm



# ACCESSIBLE AUROVILLE PUBLIC BUS

avbus@auroville.org.in / +91 94430 74825

BETONE INC STEP 2			
Auroville TO PONDIC	HERRY		
	Trip 1	Trip 2	Trip 3
Svaram Musical Center	7:00	8:50	14:50
Vérité Guest House - Junction	7:02	8:52	14:52
Town Hall - Main Parking	7:06	8:56	14:56
Solar Kitchen (Ex Round About)	7:10	9:00	15:00
Certitude Entrance	7:12	9:02	15:02
New Creation Road	7:17	9:07	15:07
SBI Bank—Kuilapalayam	7:19	9:09	15:09
ECR Junction—Aroma Guest House	7:23	9:14	15:14
Quiet Healing Center—Junction	7:26	9:17	15:17
Lotus Hotel—S.V Patel Salai	7:36	9:30	15:30
Ashram Road Junction	7:38	9:33	15:33
Ashram Dining Hall	7:40	9:35	15:35
Pondicherry TO AUROVILLE			
	Trip 1	Trip 2	Trip 3
Ashram Dining Hall	8:00	12:15	18:10
Ashram Road Junction	8:02	12:17	18:12
Lotus Hotel—S.V Patel Salai	8:07	12:22	18:17
Quiet Healing Center—Junction	8:17	12:32	18:27
ECR Junction—Aroma Guest House	8:20	12:35	18:30
SBI Bank—Kuilapalayam	8:25	12:40	18:35
New Creation Road	8:27	12:42	18:37
Certitude	8:32	12:47	18:42
Solar Kitchen (Ex Round About)	8:34	12:50	18:44
Town Hall - Main Parking	8:38	12:54	18:48
Vérité Guest House - Junction	8:42	12:58	18:52
Svaram Musical Center	8:45	13:00	18:55
- Monthly Re. 800: Aurovilians & Newco	more No	validity	

- · Monthly Rs. 800: Aurovilians & Newcomers, No validity
- Student Pass Rs. 1200 per month/ 24 days round trip
- Rs. 150 Round trip for Aurovilians & Newcomers
- · Rs. 200 Round trip for guests

**Bus passes** are available at Auroville Vehicle Service, Town Hall, Auroville, 0413 2623302



Vanur Fire

# **EMERGENCY NUMBERS**

Ambulance (24/7):	
Auroville	PIMS
9442224680	0413 2656271

# Security (24/7):

Auroville Police

Station	Station	Station			
0413 2677318	0413 2236148	0413 2677368			
Health:					
Health Center					

Kottakuppam Police

 Health Center
 Santé
 Farewell

 0413 3509942 & 3509943
 0413 2622803
 8903836246

# Mental health 24/7 support:

Vandrevala Foundation +91 9999666555

India Emergency Response Service (24/7): 108



# Cinema Paradiso

Multimedia Center (MMC) Auditorium

Film program 18 March 2024 24 March 2024

Cinema Paradiso-Multimedia Center is operating at 100% seating capacity. Seating starts about 15mins before screening and stops as the film starts. Kindly arrive in time.



A reminder not to use cell phone for any reason while the program is on, and no food/beverage to be taken inside the hall. Observing the international women's day (8th March) and women's month in some nations, we will try to bring films by and about women.

# Indian - Monday 18 March, 8:00 pm:

# HELLO JUNE (June)

India, 2022, Writer-Dir. Ahammed Khabeer w/Rajisha Vijayan, Sarjano Khalid, Joju George, and others, Musical- Romance, 139mins, Malayalam w/ English subtitles, Rated: NR (PG-13) June, a teenager, believes that there is nothing remarkable about her. She experiences adolescent crushes, handles heartbreaks, and fights insecurities as she grows into a mature and confident woman.

# Potpourri - Tuesday 19 March, 8:00 pm:

# PRACTICAL MAGIC

USA, 1998, Dir. Griffin Dunne w/Sandra Bullock, Nicole Kidman, Stockard Channing, and others, Comedy-Fantasy, 104mins, English w/English subtitles, Rated: PG-13

After the death of their parents, two sisters, Sally and Gillian, move in with their relatives. They must use the magical gift, which they inherited from their parents, to overcome obstacles in life.

# AVFF Winner- Wednesday 20 March, 8:00 pm: AWARE: GLIMPSES OF CONSCIOUSNESS

Germany, 2021, Dir. Eric Black & Frauke Sandig, Documentary, 102 minutes, English-Nepali-Spanish w/ English subtitles (for Nepali and Spanish), Rated: NR (PG)

The film transcends its scientific origins, evolving into a contemplative and visually stunning exploration of consciousness. This cinematic meditation navigates the interconnectedness of nature, unveiling its grandeur from microorganisms to the cosmos. Through the imagery, it invites audiences to embrace the mystery of life, challenging existing beliefs and embarking on a profound introspective journey, urging the awareness of one's own consciousness. Winner of the Auroville Film Festival 2024 Wisdom Award in the category of "films that develop the theme of human unity"! Don't Miss!

# Selection - Thursday 21 March, 8:00 pm:

# SAYAT NOVA (The color of pomegranate)

USSR, 1969, Writer-Dir. Sergei Parajanov w/Sofiko Chiaureli, Melkon Alekyan, Vilen Galstyan, and others, Biography-History, 79mins, Armenian-Azerbaijani-Georgian w/English subtitles, Rated: NR (PG-13)

This masterpiece movie about the Armenian troubadour Sayat Nova (King of Song) revealsthe poet's life through his poetrythan a conventional narration. We see the poet grow up, fall in love, enter a monastery and die, but these incidents are depicted in the context of what are images from the director's imagination and Sayat Nova's poems, poems that are seen and rarely heard. This is a different, one-of-a-kind work not to miss!

# International - Saturday, 23 March, 8:00 pm:

#### MAMI WATA

C.J. Nigeria-France-UK, 2023, Writer-Dir. 'Fiery' Obasi w/Evelynelly Juhen, Uzoamaka Aniunoh, Emeka Amakeze, and others, Fantasy-Thriller, B&W, 107mins, English-Fon w/English subtitles, Rated: NR (R)

In lyi village, villagers worship the mermaid deity Mami Wata and turn to their healer Mama Efe, the intermediary between them the deity, as well as Mama Efe's daughter Zinwe and her protegee Prisca. When their children begin to die and disappear, local resident Jabi casts doubt on the population, while Zinwe flees, driven by her own anguish. Soon, the arrival of rebellious warlord Jasper tips the scales in Jabi's favor. With the village under new control, Prisca and Zinwe must plot to save their people and restore Mami Wata's glory to lyi

# Children's Matinee-Sunday, 24 March, 4:00 pm: TROLLS BAND TOGETHER

USA, 2023, Dir. Walt Dohrn & Tim Heitz w/ Anna Kendrick, Justin Timberlake, Kenan Thompson and others, Animation-Adventure, 91mins, English-Spanish w/ English subtitles, Rated: PG

Poppy discovers that Branch was once part of the boy band 'Bro Zone' with his brothers, Floyd, John Dory, Spruce and Clay. When Floyd is kidnapped, Branch and Poppy embark on a journey to reunite his two other brothers and rescue Floyd.

# KENJI MIZOGUCHI FILM FESTIVAL @ Ciné-Club: Ciné-Club Sunday 24 March, 8:00 pm:

# GION BAYASHI(A Geisha)

Japan, 1953, Dir. Kenji Mizoguchi, w/ Michio Kogure, Ayako Wakao, and others, Drama, 85 mins, Japanese w/ English subtitles, Rated: R.

In the post-war Gion district of Kyoto, the geisha Miyoharu agrees to apprentice the 16yrs old Eiko, whose mother was a geisha who has just died. After a year of training, they must find a large sum of money before Eiko can debut.

However, both geishas have minds of their own and, going against tradition, want to be able to say no to clients.

Rating codes we often use are from Motion Picture Association of America (MPAA): G=General Audiences, PG=Parental guidance suggested, PG-13=Parents strongly cautioned, R=Restricted (equivalent to Indian rating: A i.e. for Adults), NR=Film Not rated, Rating awaited, or Rating not available.

To organize a seminar/program at MMC kindly email us at mmcauditorium@auroville.org.in. Our projector is crawling towards the end of its life, compelling us to look for a new one. You could financially support through a one-time or recurring donations to "Cinema Paradiso" (account #105106) or set up for a monthly contribution.

Thanking You, MMC/CP Group Account# 105106, mmcauditorium@auroville.org.in