# Cluroville NEWS & NOTES

No 1017 - A weekly bulletin for residents of Auroville





## **PONDERING**

What is the fundamental difference between the ideal of the Ashram and the ideal of Auroville? There is no fundamental difference in the attitude towards the future and the service of the Divine.

But the people in the Ashram are considered to have consecrated their lives to Yoga (except, of course, the students who are here only for their studies and who are not expected to have made their choice in life).

Whereas in Auroville simply the good will to make a collective experiment for the progress of humanity is sufficient to gain admittance.

10 November 1969

## HOUSE OF MOTHER'S AGENDA

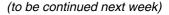


(continued from last week)

### **CHAPTER XXVII - THE GNOSTIC BEING**

All the character of the life and action of the gnostic being would arise self-determined out of this nature of his gnostic individuality. There could be in it no separate problem of an ethical or any similar content, any conflict of good and evil. There could indeed be no problem at all, for problems are the creations of mental ignorance seeking for knowledge and they cannot exist in a consciousness in which knowledge arises self-born and the act is self-born out of the knowledge, out of a pre-existent truth of being conscious and selfaware. An essential and universal spiritual truth of being manifesting itself, freely fulfilling itself in its own nature and self-effectuating consciousness, a truth of being one in all even in an infinite diversity of its truth and making all to be felt as one, would also be in its very nature an essential and universal good manifesting itself, fulfilling itself in its own nature and self-effectuating consciousness, a truth of good one in all and for all even in an infinite diversity of its good. The purity of the eternal Self-existence would pour itself into all the activities, making and keeping all things pure; there could be no ignorance leading to wrong will and falsehood of the steps, no separative egoism inflicting by its ignorance and separate contrary will harm on oneself or harm on others, self-driven to a wrong dealing with one's own soul, mind, life or body or a wrong dealing with the soul, mind, life, body of others, which is the practical sense of all human evil. To rise beyond virtue and sin, good and evil is an essential part of the Vedantic idea of liberation, and there is in this correlation a self-evident sequence. For liberation signifies an emergence into the true spiritual nature of being where all action is the automatic self-expression of that truth and there can be nothing else. In the imperfection and conflict of our members there is an effort to arrive at a right standard of conduct and to observe it; that is ethics, virtue, merit, punya, to do otherwise is sin, demerit, papa. Ethical mind declares a law of love, a law of justice, a law of truth, laws without number, difficult to observe, difficult to reconcile. But if oneness with others, oneness with truth is already the essence of the realised spiritual nature, there is no need of a law of truth or of love, — the law, the standard has to be imposed on us now because there is in our natural being an opposite force of separateness, a possibility of antagonism, a force of discord, ill-will, strife. All ethics is a construction of good in a Nature which has been smitten with evil by the powers of darkness born of the Ignorance, even as it is expressed in the ancient legend of the Vedanta. But where all is self-determined by truth of consciousness and truth of being, there can be no standard, no struggle to observe it, no virtue or merit, no sin or demerit of the nature. The power of love, of truth, of right will be there, not as a law mentally constructed but as the very substance and constitution of the nature and, by the integration of the being, necessarily also the very stuff and constituting nature of the action. To grow into this nature of our true being, a nature of spiritual truth and oneness, is the liberation attained by an evolution of the spiritual being: the gnostic evolution gives us the complete dynamism of that return to ourselves. Once that is done, the need of standards of virtue, dharmas, disappears; there is the law and self-order of the liberty of the spirit, there can be no imposed or constructed law of conduct, dharma. All becomes a self-flow of spiritual self-nature, Swadharma of Swabhava.

Here we touch the kernel of the dynamic difference between life in the mental ignorance and life in the gnostic being and nature. It is the difference between an integral fully conscious being in full possession of its own truth of existence and working out that truth in its own freedom, free from all constructed laws, while yet its life is a fulfilment of all true laws of becoming in their essence of meaning, and an ignorant self-divided existence which seeks for its own truth and tries to construct its findings into laws and construct its life according to a pattern so made. All true law is the right motion and process of a reality, an energy or power of being in action fulfilling its own inherent movement self-implied in its own truth of existence. This law may be inconscient and its working appear to be mechanical, — that is the character or, at least, the appearance of law in material Nature: it may be a conscious energy, freely determined in its action by the consciousness in the being aware of its own imperative of truth, aware of its plastic possibilities of self-expression of that truth, aware, always in the whole and at each moment in the detail, of the actualities it has to realise; this is the figure of the law of the spirit. An entire freedom of the spirit, an entire self-existent order self-creating, self-effectuating, self-secure in its own natural and inevitable movement, is the character of this dynamis of the gnostic supernature.



- Sri Aurobindo, THE LIFE DIVINE, Pages 1032-1034

https://sri-aurobindo.co.in/workings/sa/37 21 22/the life divine 21 22.pdff
With love and gratitude,
Gangalakshmi (HOMA)



## **NEWS & NOTES GUIDELINES**

## **DEADLINE FOR SUBMISSIONS:**

## **TUESDAY 5PM**

The content of News & Notes is a reflection of the growth process of this community towards its ideals of Harmony, Goodwill, and Truth. Editing of submissions, mainly for reasons of space and clarity, is done according to an established policy.

## How to submit material:

- Max size of posters should be 1 MB, JPEG format. Bigger posters will be reduced or cropped to fit.
- · Please AVOID CAPS letters
- Material (no pdf files, please) may be sent in English only to newsandnotes@auroville.services
- Articles for the Notes section should ideally be no longer than 500 words.
- Please try your best to send your announcements, reports, film schedules whenever they are ready. Any modifications of submitted News items must be sent to the editors before Tuesday 5pm.

## **DISCLAIMER:**

Please note that the opinions and views expressed on these pages are solely those of the respective authors or work groups and do not necessarily reflect the position of the editors or the larger Auroville community. The News & Notes aims to provide a platform for the publication of diverse perspectives and voices from multiple sources within Auroville.

While our editors strive to ensure the accuracy of the information presented, we cannot guarantee that all information is free from error or omission. Additionally, we cannot be held liable for any alleged misinformation provided or offence caused by the content published.

In the event of any dispute, we encourage readers to consult with the Auroville Council, and we reserve the right to suspend the publication of disputed material. Our commitment to providing an open and inclusive platform for dialogue and exchange of ideas remains steadfast.

The News and Notes team newsandnotes@auroville.services

## LIST OF ACRONYMS:

**AVF** (Auroville Foundation), **AVFO/FO** (Auroville Foundation Office), **GB** (Governing Board), **RA** (Residents Assembly)

The following groups are divided in two categories: The groups selected by the Residents Assembly through Community decision making Processes and the groups put together by the GB and the FO (not recognised by the Residents Assembly).

## Working groups selected by the Residents Assembly:

Working Committee (WCom)
Funds and Assets Management Committee (FAMC)
Budget Coordination Committee (BCC)
Town Development Council / L'avenir d'Auroville (TDC)

Auroville Council (AVC) Entry Service (ES)

## FO selected groups:

Working Committee (WC)
Funds and Assets Management Committee (FAMC)
Budget Coordination Committee (BCC / BCS)
Auroville Town Development Council (ATDC)

Housing Service (HS) Land Board (LB)

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## NOTE FROM THE EDITORS

Dear Community,

## Here is some important information:

- You can read past issues and subscribe <u>HERE</u>.
- If you wish to support the N&N community Edition, you can done at this account Nr: FS #252150.
- Content sent through @auroville.org.in mail ID, will only reach us if you use this <u>FORM</u> to submit your content.
- The mail ID to submit content is: newsandnotes@auroville.services.

Thank you for your continued support!

In community,

The RA Community Edition News and Notes Team

## **WORKING GROUPS NEWS**

## FROM THE ENTRY SERVICE

## ES # 221 DATED: 07-03-2024

The following people have been recommended by the Entry Board to join our community. Please share your feedback within 2 weeks for potential Newcomers, Associates and Friends of Auroville and within 4 weeks for Potential Aurovilians, Returning Aurovilians, Youth and Spouse/Partner of an Aurovilian in writing to <a href="mailto:auroville.entryboard@gmail.com">auroville.entryboard@gmail.com</a> We thank you in advance.

#### **LEFT ON HIS OWN**

· Sivaganesan RAMAMOORTHY (Indian)

#### NOTE:

- A Newcomer becomes an Aurovilian once his/her name has been confirmed by The Admission Committee (aka the Entry Board) after following due process.
- The date of becoming Aurovilian is the date of confirmation.
   An Aurovilian confirmed by the Entry Board is eligible to participate in all community decision-making processes.
- A confirmed Aurovilian becomes officially a Resident of Auroville once the individual has filled in and signed the B-Form and his/her name has been entered in the Register of Residents (RoR) maintained by the Auroville Foundation Office (AVF).
- A Resident of Auroville is eligible to become an executive of a Unit or Service of Auroville and to get an ID card issued by the Auroville Foundation.

Yours,

The Entry Board

(Alain, Grace, Jayanthi, Lakshmanan, Matilde (TOS), Sara, Sonja and Swadha)

Email: entryservice@auroville.services

**Note:** If you want any more information about someone, please contact the Entry Service directly for more details.

## FROM THE RA WORKING COMMITTEE

## WRITTEN ORDERS OF THE HON'BLE MADRAS HIGH COURT

Dear Community,

We are sharing here the written orders from the Division Bench of the Hon'ble Madras High Court. These writ petitions, filed by us and another resident, were heard by this bench of the Hon'ble Chief Justice and a second senior judge, since they are challenges to statutory regulations.

#### A&T Regs DailyOrder Feb23,2024.pdf

## WCom regs DailyOrder Feb23,2024.pdf

These written orders regarding the two recent regulations gazetted by the Secretary and the Governing Board affirm what was reported by us via AV Massbulletin on the 25th of February.

We will share more as things develop, and we invite you to contact us if you have questions about these orders or any other matter in which we are involved. Our open hours are Tuesdays from 10 to 12 and our email is workingcom@auroville.services.

With renewed faith and hope,

The Working Committee of the RA

Aravinda, Bharathy, Chali, Mael (TOS), Sauro, Valli

## **COMMUNITY NEWS**

## **COMMUNITY SHARING**

## EMERGENCY RESIDENTS' ASSEMBLY DECISION-MAKING PROCESS

WORKING COMMITTEE EMERGENCY FUNCTIONS AND FAMC

## 1ST MARCH - 10TH MARCH 2024

Dear Residents,



This Emergency Residents' Assembly Decision (ERAD) is

- 1.Directing the Working Committee (WCom) to coordinate the functions of the Funds and Assets Management Committee (FAMC).
- 2.Extending the emergency functions granted to the WCom in the Residents Assembly (RA) Resolution, dated 14.08.2023. This ERAD has been initiated through a petition signed by more than 300 members of the Residents' Assembly (RA) (3.3 RAD policy, 2023 https://shorturl.at/tAl34).

#### **INTRO**

The Residents' Assembly urgently needs to regain control of Auroville's finances. The community's current financial situation is completely unknown to the RA, and it's future is at great risk!

The RA selected FAMC (Funds and Assets Management Committee) has been unable to carry out its functions since July 2022, when the Governing Board seized control of Auroville's funds and assets by <u>appointing a parallel FAMC</u> - https://t.ly/lct3O.

Furthermore the <u>Emergency Functions granted to the WCom</u> (Working Committee) in August 2023 have expired and now need to be extended for a period of six months - https://mailchi.mp/auroville/rad-results-14-08-2023-1001341.

#### RESOLUTION

The Residents' Assembly (RA) resolves that the Working Committee selected by the RA, will coordinate the functions of the FAMC until such time as the circumstances allow for the selection and functioning of a new FAMC of the RA.

Furthermore the RA resolves to extend the emergency functions granted to the Working Committee on 14.08.2023, for a period of six months.

## PARTICIPATE ONLINE

Use your personalized voting link sent by the Residents' Assembly Service (RAS). If you didn't receive the link, please check spam or promotions folders. If still not there, kindly visit RAS polling stations.

## **PARTICIPATE IN PERSON**

If you prefer to register your decision in person, please visit the RAS polling stations:

THURSDAY (March 7th) @ Solar Kitchen: 11 am - 1 pm SATURDAY (March 9th) @ PTPS Aspiration: 11 am - 1 pm SATURDAY (March 9th) @ Solar Kitchen: 3 pm - 5 pm SUNDAY (March 10th) @ Solar Kitchen: 11 am - 1 pm



WORKING COMMITTEE

of the Residents' Assembly

#### **KINDLY NOTE:**

- Confidentiality is guaranteed: your name and vote will be kept a secret;
- Signing the petition to initiate the Emergency Residents' Assembly Decision-making process (ERAD) is not a vote, please make sure you submit your decision online or in person.

#### **BACKGROUND INFORMATION**

The Residents' Assembly (RA), as a statutory body of the Foundation, has always appointed the Funds and Assets Management Committee (FAMC) since its creation, until 01.06.2022 when a parallel FAMC was appointed by the Governing Board (GB) - https://t.ly/lct3O.

There is a long history of efforts made by the Working Committee (WCom), the GB and previous Secretaries of the Foundation to correct existing contradictions in the AV Foundation Rules 1997 - https://shorturl.at/bpwxl, in regards to whether the FAMC is 'of the GB' or 'of the RA'. Previous GB meeting minutes and letters to the Ministry of Education by previous Secretary's all affirm that the FAMC was intended to be 'of the RA' and requested that the Rules be corrected accordingly.

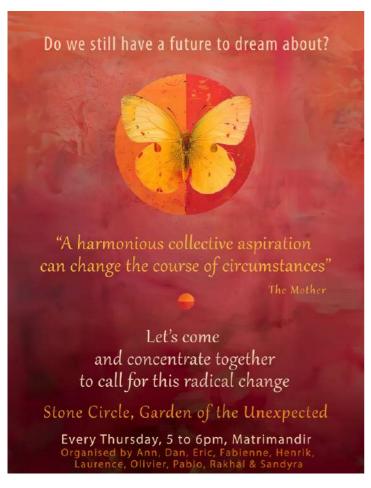
Given the current situation, the RA has been unable to guide and manage the funds raised and contributed by members of the RA and the assets created and managed by members of the RA. This has resulted in the inability of the RA to manage its daily activities and to plan its future economic vision.

The <u>emergency functions granted to the WCom by the RA resolution</u> - https://mailchi.mp/auroville/rad-results-14-08-2023-1001341 - dated 14.08.2023 have expired.

It is essential for the WCom to have these functions extended for a period of 6 months, so that it can continue to function effectively given the ongoing crisis.

 Best regards,
 For the Residents' Assembly Service Manas, Tatiana

## DO WE STILL HAVE A FUTURE TO DREAM ABOUT?



### STERELISATION AT THE DOG SHELTER

Dear community,



Our Monday Dog Sterilisation program is a huge success with many bookings already have come in! Please use this opportunity to get your personal or community dogs sterilized and vaccinated. We have limited places available on our waiting list. Reserve your date now!

Write to: aurovilledogshelter@gmail.com

## **DREAMWEAVING 2024 - BUILD TO ENVISION**

Dear community members,

A heartfelt thank you to each and every one of you who joined us for our presentation on February 18th, 2024. Your presence was truly uplifting, and we were delighted to see so many of you eager to participate by signing up for various tasks in the **Dreamweaving 2024 – Build to Envision**.

For those who couldn't make it or would like to revisit the presentation, here's the link to the video recording:

https://www.youtube.com/watch?v=7m9nialiTkA

If you haven't already signed up or would like to explore more opportunities to get involved, please take a moment to fill out the following form:

https://docs.google.com/forms/d/1ndEHGaSHmhrksjMvWBmvyKTr1lfQsmLHSjeSvaLOX0A/edit

We can't wait to embark on this journey together! Warm regards,

Dreamweaving Team (Bhavya, Henrik, Radhika, Shivangi)

## **VOICES AND NOTES**



### OFFERED FOR TRANSFORMATION OR DISSOLUTION

Narratives reveal the predominant consciousness hiding within. We can feel the vibrations behind words.

A consciousness that is undivine causes disharmony and pitiful psycho-emotional-physical sufferings, thus labeled as dis-ease.

A Divine Consciousness causes harmony and ease, a holistic health, and boundless Joy. Children and the ever child at heart exemplify this playful blissful divinity within us. Thus the joyful Divine Consciousness as revealed by the Mother's narrative:

"Auroville will be the place of an unending education, of constant progress, and a youth that never ages."

And of course that implies the complete opposite from a miserable undivine consciousness:

"Auroville will be the place of ever-deepening ignorance, of constant degradation, and a joyless aging that ends in misery."

Presented here for contrasting purposes, exemplified by individual archetypal roles, so that we can observe and co-learn from each other on how best to live our lives, choosing consciously that which resonates with our inner Divine Consciousness, the basis of which is Ananda...

Progressing on joyfully towards the Bliss of a Life Divine.

In total Bhakti to the Supreme Divine Mother Maha-Shakti, as willing servitors of the Divine Consciousness-Force, we offer all the undivine consciousnesses and vibrations for transformation or dissolution.





PS: Here again are the divine narratives from Sri Aurobindo and the Mother for anyone still too averse to the conscious generation of wealth through hard work (see No. 4 of 'To Be a True Aurovilian') for the Divine purpose:

http://www.collectedworksofsriaurobindo.com/index.php/readbook/011-comments-on-Chapter4-Vol-the-mother-by-sri-aurobindo

"... For this reason most spiritual disciplines insist on a complete self-control, detachment and renunciation of all bondage to wealth and of all personal and egoistic desire for its possession. Some even put a ban on money and riches and proclaim poverty and bareness of life as the only spiritual condition. But this is an error; it leaves the power in the hands of the hostile forces. To reconquer it for the Divine to whom it belongs and use it divinely for the Divine Life is the Supramental way for the Sadhaka.

You must neither turn with an ascetic shrinking from the money power, the means it gives and the objects it brings, nor cherish a rajasic attachment to them or a spirit of enslaving self-indulgence in their gratifications. Regard wealth simply as a power to be won back for the Mother and placed at her service."

Zech, 2024.03.02

## "AUROVILLE IS FOR AN ELITE"





Thus Mother told her architect. When Roger told me, I was not the least surprised: what else?

"The first necessity is the inner discovery by which one learns who one really is behind the social, moral, cultural, racial and hereditary appearances.

At our inmost centre there is a free being, wide and knowing, who awaits our discovery and who ought to become the acting centre of our being and our life in Auroville."[1]

Those whose psychic being takes the lead are the elite.

Recalling Mother's words to the Aspiration's pioneers who met her weekly, Christophe reported: "... she said that the inner discovery should have been done before coming to Auroville. This was the very, very striking thing she said, that it would have been much better and much easier. But of course, it was not always the case for us".[2]

Elites cannot be bought: elite people are beyond material emoluments and outer recognitions. Money, power, honours, prestige cannot purchase the title. Millionaires or tramps, aristocrats or proletarians, university professors or illiterate, white or red, black or brown or yellow make no difference. 'Elite' is the essence of one's being, one's exclusive DNA; needing nothing else but the totality one is, from top to bottom, within as without. No need for patents of yoga, religion, spirituality, creed, ideology, no schooling is needed; elite people know from within.

Elite people came, the early years, and left. Put a certain number of these types together and the true Auroville is born.

Times like the one we are living strip the bluff naked. Beyond adversity, a momentous leap forward awaits us. This is the beauty of the moment: the real thing – or nothing.

Auroville can't be feigned. One is, or isn't, THAT.

[1] "To be a true Aurovilian", CWMCE, XIII, 13.6.1970.

[2] "Memories of Auroville" by Janet Fearn.

## **OBITUARY**

## SUBRAMANIAN M. PASSED AWAY

Subramanian M. passed away on 28.02.24. We received the news that a mysterious train accident at Thambaran lead to his demise. He was 72.

He was cremated in Chrompet on 29.02.24 by his partner Shakuntala, his extended family and close friend Guna.



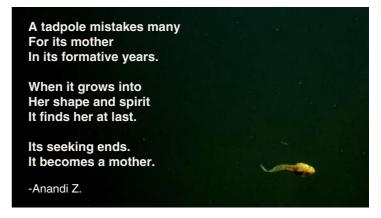
The last rites, submerging his ashes, will be done in the sea by Repos Beach by his partner Shakuntala and friend Guna.

In 1984 when he joined Auroville, he lived in Fertile Windmill (Baraka), then at the Matrimandir workers camp. When that got dissolved he moved to Prayatna. Over the years in Auroville he was a teacher, served at entry service, and later as a security liaison. Lately he worked at the New Creation sports resource center

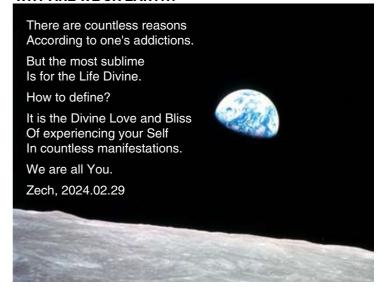
Our deepest condolences go to his long time partner Shakuntala, his family, Guna and other friends.

~ May Mother's Grace be with him ~

## **POETRY**



#### WHY ARE WE ON EARTH?



## AWAKENING SPIRIT

## INTRODUCTION TO THE INTEGRAL YOGA OF SRI AUROBINDO AND THE MOTHER

Tuesday, 12th March, 9 am - 12 noon Focus: The Synthesis of Yoga

Led by Ashesh Joshi

Place: Mirabelle Education Centre, Auromodele Ph/Whatsapp: 9489147202 (Please register)

All are Welcome



### **AMPHITHEATRE - MATRIMANDIR**

Every THURSDAY at sunset 5.30 to 6 pm

(weather permitting)

#### Meditation with Savitri,

Sri Aurobindo's long mantric poem read by Mother to the incredible music of Sunil

Let's gather under the beautiful open space, with heavenly music in the very center of Auroville!

#### Reminder to all:

The Park of Unity is a place for silence, meditation and inner work, and is to be used only as such. We request everyone: please do not use cameras, I-pads, cell phones, etc. No Photos. Dear Guests, please carry your Guest Card with you.

Access only for the Amphitheatre from 5.15 pm and for the meditation time.

Thank you, Surya and Amphitheatre Team

### A SATSANG ON THE INTEGRAL YOGA

A sacred gathering for the study and practice of the Integral Yoga of Sri Aurobindo and the Mother, founders of Auroville, the City of Dawn.

"The first necessity is the inner discovery in order to know what one truly is behind social, moral, cultural, racial and hereditary appearances. At the centre there is a being free, vast and knowing, who awaits our discovery and who ought to become the active centre of our being and our life in Auroville." — The Mother

We start right here, in the Eternal Now, from where we each are at this ever-progressive moment, and share our unique experiences on the path of rediscovering and embodying who we really are.

Facilitated by Zech Joya

Schedule: Tuesdays and Thursdays, 5:30-7:00pm

Venue: Conference Room, G/F SAIIER Building, Town Hall Complex, Auroville





Please click this link for details or scan the above QR Code

#### SATSANGA ON BHAGAVAD GITA IN EVERYDAY LIFE

We warmly invite you for an online Satsanga to integrate the teachings of Srimad Bhagavad Gita in our day-to-day life. We had a deeply enriching experience with a group of 15 people coming together in such a collective exploration in Dec-Jan and hence are inspired to offer the space for this Satsanga again.

When: 18th March to 28th April (6 Weeks)

**Time**: 5 am to 6 am (Everyday) **Where**: Online Zoom Call

We request that participants commit to attending everyday for the first week (Monday - March 18th to Sunday - March 24th) and then decide whether they would like to continue or not for the remaining 5 weeks.

**Why and What**: Absorb all the 18 chapters of the Gita and hold space for individual and collective reflections, practices, experiments and above all - Divine Grace.

How: श्रवण, मनन, निदिध्यासन (Listening, Reflecting, Self-enquiry & Embodiment)

Which Language: English will be the primary means of communication and we will listen to Sanskrit slokas and the reflections can be shared in any language preferred by the participant.

**Who**: Whether you are a beginner or well-versed with Gita, the format welcomes all to learn and share together.

Here are some excerpts from spontaneous feedback we had received from participants of the Satsanga on Bhagavad Gita in everyday life that we had held from 25th December 2023 to 4th February 2024:

"Thank you for conducting this deep sharing through Satsang on Gita. It has been enormously helpful for me. Can't thank you enough for creating the space for collective wisdom to emerge. I hope to stay connected with you all. I will strive to keep this burning fire of learning to continue with application in daily life."

"Thank you very much for the Satsanga that you organised and offered... It was a remarkable experience... You were very thorough in your work, extremely organised, and maintained time very well... You always started and ended on time and it provided a good structure for us to follow along... Your reflection prompts were also extremely thought provoking, and took us into spaces that we would not normally go into..."

"Thank you for taking us with you on this magnificent journey! If possible, I would like to be part of future Satsangs on the Gita."

"I am very much grateful for your dedication and determination towards these sessions."

"Thank you for facilitating a continuation of sessions for 6 weeks, I truly appreciate yours and your team's dedication. I take with me not just learnings of the Bhagvad Gita but also learnings from you all who are walking the talk in every which way that best becomes you. I wish for you and your team every joy, happiness and growth. I am grateful and would love to be of any assistance if you find me apt to help."

In this collective learning journey, we will all progress together, each at his/her pace. If this interests you and you'd like to participate then please sign up on: <a href="mailto:tinyurl.com/gitasatsanga">tinyurl.com/gitasatsanga</a>

To know more, feel free to connect with us devabhasha@auroville.org.in

The Gita... is a gate opening on the whole world of spiritual truth and experience and the view it gives us embraces all the provinces of that supreme region. It maps out, but it does not cut up or build walls or hedges to confine our vision. " - Sri Aurobindo

Grace and Gratitude,

Deven

On behalf of Vidyamandir and Samskritam Auroville Team

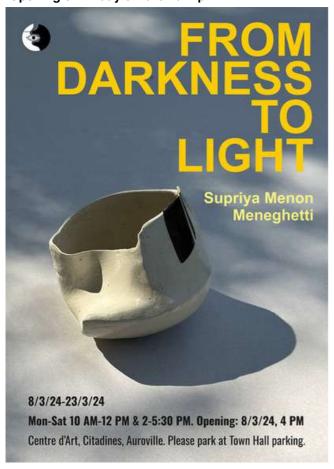
## **ART & CULTURE**

## **CENTRE D'ART CITADINES**

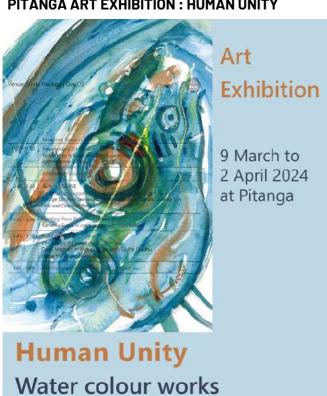
### FROM DARKNESS TO LIGHT

by Supriya Menon Meneghetti Centre d'Art Citadines

From 8 to 23 March 2024, 10am-12pm and 2-5.30pm Opening on Friday 8 March at 4pm



## **PITANGA ART EXHIBITION: HUMAN UNITY**



Pitanga Cultural Centre, Samasti, Auroville 605 101 | info@pitanga.in | 0413 - 2622403, 9443902403

by Ivana

Roof Studio /

AV Art Service

Exhibition timings: Daily, except Sundays

## **INAUGUATION OF: IT MATTERS ART GALLERY**

13 MARCH, 5:00PM

It Matters Art Gallery is pleased to invite you to the inauguration of our new space Wednesday 13th March at **5pm** for the ribbon cutting ceremony.

Dress code: please wear white garments to be part of the theme! Even the mocktails will be white.

Location: Auroville Main Road, next to Progress Transport Service More information on instagram @auroville.curated

Email: itmatters@auroville.org.in

Bhakti & Sandra

## **SAMSARA EXHIBITION** AT PAVILION OF TIBETAN CULTURE

Dear members of the community,

We warmly invite you to Samsara, an exhibition. A passing through of within and a passing through of without, Samsara presents two bodies of work from us, a pair of twins, and our journey over the past few years. Through this exhibition, we bring to you two perspectives through which we find ourselves observing the world - painting and mapping.

Please join us at the Pavilion of Tibetan Culture from 24th February to 10th March (Mon - Sat, 9:00am - 12:30pm and 2:00pm - 5:00pm).

Warm regards, Bhavyo and Bhavya

## **ART CAMP EXPERIENCE**

@SVFDAMF COMMUNITY





## Propose **LIBERATION**

5 days Monday to Friday 11 March to 15 March

### **ART CAMP EXPERIENCE**

We call Painters, Sculptors, Creators of Art Objects, Musicians, Dancers, Performers etc

All artists interested can bring own materials We provide only chairs, tables, space and drinks

And Saturday 16 March

COLLECTIVE EXHIBITION, MUSIC, POETRY, DANCE

Please contact us if you wish to participate in this collective experience

## **WhatsApp**

Louis +91 80985 65426 Elena +91 7418105246

## **Facebook**

https://www.facebook.com/HibiscusAV

## Instagram

https://www.instagram.com/hibiscus\_av

Have a beautiful inspiration

## JOB OPPORTUNITIES

### **ECO FEMME HAS SOME EXCITING JOB OPPORTUNITIES!**

We have 2 vacancies immediately available in our communications department:

- · Communications team leader
- · Social media manager

Both these roles offer a chance to immerse yourself in Eco Femme's ground breaking work, be part of a passionate, dynamic and mission driven team and indirectly contribute to our overarching social and environmental mission to reduce sanitary waste and transform the prevailing narratives about menstruation to create conditions for a period positive culture.

For more information and detailed job descriptions, please write to <a href="mailto:kathy@ecofemme.org">kathy@ecofemme.org</a>

These positions are available immediately and applicants are invited until the 7th February. Please note we will only entertain applicants with prior experience and applicants must be living in or around Auroville (no remote work).

## LOOKING FOR A BACK OFFICE EXECUTIVE AT REVELATION FOREST

Someone who can manage the office and logistics tasks at Revelation Forest.

Contact via whatsapp - Arun - +919500183706

Thank you

Arun for Revelation Management Team

## AUROVILLE DOG SHELTER IS LOOKING FOR VOLUNTEER



Hello, volunteers from all over the world!

The Auroville Dog Shelter is excited to announce the start of our volunteer program for everyone! Whether you are looking for a long-time registered SAVI volunteering at our shelter or you just want to give Tenderness, Love & Care for a day or two to our 300 dog residents, you are welcome! Depending on your commitment & time, and visa status, we have the perfect program for you.

Just send Arthur a WhatsApp message at **8122225266** and we are happy to introduce you to our shelter crew and phenomenal dogs.

## **HEALTH**

## AUROKIYA INTEGRAL EYE CENTRE @ ARKA

**Working Hours:** 

Monday - Saturday (9.00 am -5.30 pm)



## **Services Provided:**

- · Emergency eye care services with primary-level care
- Complete eye testing facilities for eye problems
- Follow-up services for surgeries and consultation from Aravind
- · Spectacles and contact lenses
- Eye medicines (Homeopathy, allopathy, and Ayurvedic Drops)
- Personal guided support to visit Aravind Eye Hospital for surgeries and procedures
- Personalized eye exercise training, eye yoga sessions, and vision therapy sessions. Both morning and evening slots are available

**Contact:** <u>aurokiya@auroville.org.in</u>; <u>aurokiya@gmail.com</u> WA/ Mobile: 8012305151: <u>www.aurokiya.com</u>

#### **AV HEALTH FUND NOTICE**

Dear Health Fund Members,

The end of the financial year is approaching and we kindly request you to check if you have any medical bills from April 2023 onwards.

We need to receive those bills before/on March 28th of this year in order to process/refund them. Any of those bills received/deposited later than March of this year will not be refunded/processed!.

Medical bills generated in March 2024 will still be refunded in April 2024

Please check and deposit them at Sante or Health Centre in the respective bill boxes.

Regards, Health Fund Team.

## **SANTÉ SERVICES IN MARCH 2024**

Sauté

**Working Hours:** 

Monday - Saturday 9:00 - 12:30pm & 2:00 - 4:30pm

**Tests and Sample collection:** 

Mon-Fri before 8:30 - 12:00 pm. No sample collection on Saturday.

## For emergencies, contact:

Auroville Ambulance (24/7): Phone: +(91) 9442224680 Government Ambulance (24/7): Phone: 108

Please call Santé on (0413) 2622803 during working hours for an appointment

	Nursing Care:
Doctor consults	Ezhil, Thilagam, Archana &
with Dr.Senthil:	Sandhya:
Monday to Friday	Daily
	No appointment necessary
Avurvada	Pregnancy Care &
Ayurveda with Dr.Be:	Women's Wellness
Tue/Wed/Fri	with Paula:
Tue/vved/FII	Tuesday & Wednesday
Acupuncture with Andres:	Homeopathy with Michael:
TOS	Mon / Wed / Sat
Integrative Psychotherapy	Physiotherapy
with Juan Andres:	with Arun& Rebeca(tos):
Monday to Friday	Monday to Saturday
Functional Medicine	Soundbed Session with
with Lize:	Sandhya/ Thilagam:
Wednesday & Friday	Monday to Saturday
Bio-Well Assessment	
(Evaluation of your well-being)	Physiotherapy & Massage
with Helena:	with Galina:
Inquiry through email	Monday to Friday
(adminsante@auroville.org.in)	

In Santé, we value our patient's confidentiality & make every effort to ensure their privacy.

In case of cancellation or to reschedule, it is necessary to inform us in advance.

## **EDUCATION**

#### **TUTION GRADE 1-12**

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Tution classes open for students from grade 1 to grade 12. Please contact on my WhatsApp 8270512606. Ashwini



### **SPOKEN ENGLISH AND HINDI**

Hi! My name is Ashwini and I have an experience of 20 years as a Spoken **English**, **Hindi**, **Kannada and Marathi** language trainer for all levels. If you are interested in learning one of the above languages either in oral or written form please contact me on my WhatsApp 8270512606.

## AN INTEGRAL APPROACH TO PHYSICAL EDUCATION FOR AUROVILLE

Dear Community,

We are delighted to announce an upcoming workshop titled 'An Integral Approach to Physical Education for Auroville in the Light of The Mother and Sri Aurobindo' for all individuals associated with physical education, physical fitness training, and sports in Auroville.

The above words of The Mother are the first words of the SAIIER policy. Drawing inspiration from it, we offer the workshop on:

Date: Saturday 16th March 2024

Time: 9.00am -12.00pm

Venue: SAWCHU, Bharat Nivas

Key Topics to be Covered:

- 1. Understanding the Integral Approach to Physical Education
- 2. Understanding the Need of Integrating Physical Education with Scientific and Academic Curriculum
- 3. Introduction to a 1 year Training Program for PE Teachers and Facilitators of Auroville.

The workshop will also be a shared platform for us to come together and share ideas and thoughts to pave the way forward for a new, promising and evolved shift in our approach to physical education in Auroville.

We invite all physical education instructors, sports coaches, fitness trainers, educators, and anyone passionate about promoting holistic well-being through physical activities to join us for this enriching workshop.

To register kindly fill the google form:

https://docs.google.com/forms/d/19eJ8VMs5dt3xoKgqt6HFQS NAcIxXXOhmk9WCFP7KSo0/edit

With Gratitude, Nilima

## NEWS FROM AUROVILLE LANGUAGE LAB



Please remember to put your mobile phones on flight mode and switch off all wireless and Bluetooth devices before you enter the Lab. We are a wireless-free space!

## **Something New: Evening Programs!**

From 1st February 2024, we are launched a new experiment. The Language Lab has extended its opening hours from 5pm -7:00pm, Monday to Friday. We are offering special evening programs which include conversational practice with native language speakers, talks, as well as self-learning and guided study in different languages with our mediatheque. Our regular day-time students are welcome to take advantage of these sessions as well for some additional practice. This is to revive an old idea of "language exchange" and "sharing languages". This program | is free of cost to everyone: Aurovilians, Newcomers, Volunteers, Guests and people from around the Auroville area. The Language Lab has always been open to all and this program will be as well. Ever learnt a language but feel a bit rusty now? Come and revive it! All, including Guests are welcome to join. Come share your language with others!

Conversation Practice sessions would be Mondays for Tamil, Tuesdays for Spanish, Wednesdays for French & Chinese, Thursdays for English (On the Auroville Charter and The Dream) and Fridays for German & Italian. Please come forward for other languages, especially Sanskrit and Hindi!. All are welcome for these sessions.

Do let us know if you would like to be part of this experiment and what you would like to receive and offer, either as a participant or a facilitator, by sending an email to <a href="mailto:info@aurovillelanguagelab.org">info@aurovillelanguagelab.org</a> or a whatsapp message to +91 98430 30355.

Our first full-length publication: We are delighted to share that our first full-length publication, "From Resonance to Bonding" by Dirk Beckedorf & Franz Müller is now available on Amazon! The book gives an in-depth explanation of the Alfred Tomatis method, its scientific bases, how and why it works, along with detailed case studies. Order through our website: <a href="https://books.aurovillelanguagelab.org/">https://books.aurovillelanguagelab.org/</a>

You can access the detailed Table of Contents, as well as 2.5 chapters of the actual book for free here, before decided to order through Amazon.

We are looking for sponsors to cover costs of the first print run, so that it can be available as a paperback. For now, in India, it is only available as a Kindle e-book. You can use a free kindle app to access it (mobile, tablet or desktop).

For now, in India, it is only available as a Kindle e-book. You can use a free kindle app to access it (mobile, tablet or desktop). We are looking for sponsors to cover costs of the first print run, so that it can be available as a paperback.

**Looking for:** We found a volunteer for the Telegu translation editing work, and for most of the other tasks. But we could definitely still do with someone to help with fundraising, and we always welcome volunteer language teachers.

Auroville Language Lab
International Zone, Auroville
info@aurovillelanguagelab.org
0413 2623 661 / WhatsApp: +91 9843030355



## Volunteering opportunities!



Do You wish to enhance your Auroville experience? Volunteering at the Language Lab can be profoundly enriching.

We are currently looking for volunteers to fill the following positions:

Language Teachers, Fundraiser
Event Coordinator, IT Assistant
Executive Assistant
Tomatis Children's Assistant
Tomatis Research Assistant

Contact or visit us to find out more and... get started!

We are open Monday to Saturday, 9:00am-12:00pm 2:00pm -5pm

### **Tomatis**

## <u>There are spaces available for both language & therapeutic programmes!</u>

Please contact 0413-3509932 or 04132622467 or email us at tomatis@aurovillelanguagelab.org to schedule your Listening Tests & Consultations.

To know more about the Tomatis Method, please have a look at the following links:

- <a href="https://www.aurovillelanguagelab.org/tomatis-method.php">https://www.aurovillelanguagelab.org/tomatis-method.php</a>
- https://www.aurovillelanguagelab.org/tomatis-kids.php
- <a href="https://www.youtube.com/watch?v=wnpXprTl3m0">https://www.youtube.com/watch?v=wnpXprTl3m0</a>
- https://www.youtube.com/channel/UCeTIG0ysBMlyywZNdZcAng/videos
- https://www.listenwell.com/

## **Current Language Courses at ALL**

## Aurotaranti has joined our English teaching team!

Aurotaranti has nine years classroom teaching experience. Besides receiving Teacher Training and incorporating Integral Education at Transition School (SAIIER) and the Shanghai Livingston American School in China, she holds a BA in Anthropology and a certificate from TESOL Canada to Teach English to Speakers of Other Languages, Beginners to Advanced. Aurotaranti is also available for one-on-one classes in Conversational French.

## Aurotaranti will anchor a new program called "HIP" : <u>Help Integrate People!</u>

This is a vocational English program where special attention will be given to beginner and pre-intermediate English language learners in different fields of work in Auroville, so that they may develop the vocabulary, concepts and conversational skills to help them excel in their work places. We would like to invite Aurovilians, Newcomers, SAVI Volunteers and employees of Auroville Units to participate. Auroville units can share their specific requirements and sponsor their staff for these classes, which will take place at the Language Lab premises.

Those interested in participating or enrolling their staff in these vocational English acquisition courses are requested to contact <a href="mailto:info@aurovillelanguagelab.org">info@aurovillelanguagelab.org</a> with the subject line "HIP programme," so that we may assess and schedule private or group sessions as required.

#### **New Courses Offered:**

- English as a Second Language Group Classes for different levels to be scheduled as per demand.
- Private English Classes and French Conversational Classes may be scheduled (Mon-Fri 9-12 and 2-4)

## <u>English Conversation Pre-Intermediate & Intermediate with Aurotaranti</u>

Aurotaranti will address student needs and interests to guide the conversations accordingly.

- Pre-Intermediate classes take place Mondays & Wednesdays, 4 to 5pm, from 12 February 2024
- Intermediate classes take place Tuesdays & Thursdays, 4 to 5pm, from 8 February 2024

### **English Through Movement & Theatre with Rupam!**

Bored trying to memorise the grammar? Learning English can be extremely fun with movements and theatre. Let's explore learning a new language using theatre as a tool!! It's a new concept so let's find out together!!

Days & time: Saturdays, 10.30 am to 12 noon

Starting day: 3 February 2024 (if we have a least 4-5 participants)

Duration: 18 hours (over three months)

By donation

## **Beginner Spanish with Mila**

This course is now closed to registrations!

#### **Beginner Italian with Karuna**

If you are a beginner with little or no knowledge of the Italian language, you are welcome to join this 24-hour (3 months) compact course, with Karuna.

The course will take students through the Italian alphabet and phonetics, spoken grammar, main verbs, pronouns, sentence structure, etc. By the end of the course, learners will be able to introduce themselves & others in a simple way, exchange information about family, work, holidays, home, etc., and speak about everyday activities, hobbies, etc. A range of different topics can be explored based on the interests of the students.

Start date: Wednesday 7 February 2024

Days and Timings: Wednesdays and Fridays, from 4 pm to 5 pm

#### **Beginner Hindi**

This 24-hour (over 3 months) beginner course is a great introduction to the Hindi language, and intends to make learners comfortable with basic Hindi vocabulary, grammar, and everyday sentences. The course will be paced to align with each student's comfort!

The course will start as soon as we have 4-5 confirmations. Days & Timings to be announced (Probably early April).

#### French with Jean-François

Jean-François offers three 2-month courses:

**Beginner French**: This course is now closed to registrations!

French Conversation (Post-Beginner to Pre-Intermediate level): This 12-hour course is for post-beginners with a basic knowledge of French who are not yet comfortable conversing in French. The course will focus on day-to-day topics and will be a good mix of grammar, and interactive verbal as well as written exercises. By the end of the course, the students will acquire a more solid foundation in French conversational skills. All students who have taken Jean-François's Beginner Course are welcome to join!

This course will start on February 10. Classes take place Saturdays, 10:30am to 12noon.

French Conversation (Intermediate level): For those of you who know a bit of French, this is the perfect course to get more fluent, expand your vocabulary, and speak without inhibition in a diverse & fun group! Each lesson covers a theme of daily life (work, family, hobbies, shopping, projects, etc.) and is aimed at developing the students' ability to express themselves and interact in French. Jean-François would explore a range of topics like food, sports, travel, philosophy, news, literature, economics, social sciences, theater, and more. He will also review the grammar useful for basic conversation.

This 16-hour course started on **February 5**. Classes take place **Mondays & Thursdays, 2:30 to 3:30pm.** 

#### German with Ben

Ben will resume his courses from early February. A native German speaker, Ben has been an online teacher for three years now, giving integration classes and language courses to immigrants from various backgrounds. His first in-person course at the Language Lab was a resounding success! classroom. Ben is a language enthusiast and takes interest in poetry, integral yoga and philosophy. Ben is offering two courses:

**Beginner German:** This 3-month (36-hour) course is structured around the Goethe Institute material and will employ a variety of audiovisual tools and interactive elements.

Classes will take place Mondays & Wednesdays, 9:30 to 11am, from 5th February 2024

**German Elementary Spoken & Written:** This 2-month (16-hour) course is for those who already know a bit of German and would like to further polish their speaking & written skills.

We will start as soon as we have 4-5 confirmations and classes will take place **Tuesdays & Thursdays**, **4 to 5pm**.

### **Beginner Spoken Tamil with Saravanan**

This course is now closed to registrations!

#### **Intermediate Spoken Tamil with Saravanan**

We are pleased to announce a new Intermediate Spoken Tamil course, that will run Tuesday and Fridays from 5:30 pm to 6:30 pm, starting as soon as we have at least 5 students.

Our experienced Tamil teacher of many years - Saravanan - will lead students to the next level of Tamil proficiency in conversational skills.

This course will be of most use to students who already have a basic knowledge of Tamil.

#### **Intermediate Spanish with Susana**

Our long-time teacher, Susana, is offering an Intermediate Spanish course for students who are already familiar with the various verbal modes in Spanish language (Infinitive, Indicative, Conditional, Subjunctive, and Imperative). The course will focus on polishing the conversational skills of the students and will also dive into the rules of grammar. This is a monthly course.

Classes take place every Tuesday, 2:30 to 4:00pm.

### Pre-Intermediate English with Rupam

Rupam continues to offer morning English classes. Her classes are a mix of discussion on current topics, and grammar as necessary. You are welcome to try out a class and see if it fits your needs. However, please note that this is not a drop in/walk in class but is meant for students committed to joining the course.

Classes take place **Tuesdays & Thursdays**, **11:00 to 12:00pm**. Enquire now to join!

## There's a language you would like to learn but it's not listed ... please let us know!

#### To join or enquire:

Please fill out our form at <a href="http://register.aurovillelanguagelab.org/">http://register.aurovillelanguagelab.org/</a> You may also drop us an email at <a href="mailto:info@aurovillelanguagelab.org">info@aurovillelanguagelab.org/</a>, call us at 2623661 or come visit us!

## **Please Note:**

Registration and contribution are essential before you join a course with us. Please see our team member at the front desk to ensure this is complete, thank you!

## **Current Schedule of Classes**

Language	Level	Time	Day(s) Of Classes
	Pre-Intermediate & Intermediate	11:00am - 12:00pm	Tuesday & Thursday
English	Conversation Intermediate Start date 8 February 24	4 - 5pm	Tuesday & Thursday
	Conversation Pre- Intermediate Start date 12 February 24	4 - 5pm	Monday & Wednesday
	Movements & Theater To start February 2024	10:30am – 12noon	Saturday
	Beginner To Start date 10 February 2024	2:30- 4:30pm	Saturday
French	Conversation Post Beginner Start date 10 February 2024	10:30am – 12noon	
	Conversation Intermediate Start date 5 February 2024	2:30 -3:30pm	Monday & Thursday
	Spoken Beginner Start date 23 January 2024	9:30 – 10:30am	Tuesday & Friday
Tamil	Spoken Intermediate To Start February March 2024	5:30 – 6:30pm	Tuesday & Friday
Sanskrit	Beginner TBA To start April March 2024		TBA
Hindi	Beginner To start April February 2024	10:30am – 11:30am	Monday & Wednesday
	A1.1 Beginner Start date 5 February 2024	9:30 – 11am	Monday & Wednesday
German	German Elementary S&W To Start date 6 <sup>th</sup> February March 2024	4 – 5pm	Tuesday & Thursday
	Beginner Start date 24 January 2024	2:30 – 3:30pm	Monday
Spanish	Intermediate	2:30 – 4pm	Tuesday
Japanese	Beginner To start April March 2024	TBA	TBA
Italian	Beginner Start date 7 February 2024	4 – 5pm	Wednesday & Friday
italian	Intermediate Start date 15 February	4 – 5.30 pm	Thursday

The Language Lab is open: Monday – Saturday, 9am - 12pm & 2pm - 5pm

Location:

International Zone, after Unity Pavilion & Pump House.

Contact:

Phone: (0413) 2623 661, 2622467, +919843030355 Email:

info@aurovillelanguagelab.org

### **OFFERING MATH CLASSES**

Math is for everyone, because math is in everyone. :)
I currently teach math at Transition School, and I also offer

rivate math classes, alone or in groups for all ages upto 9th grade proficiency in math.

Math isn't arithmetic; it's the language humans came up with to study the observable universe. Einstein spent his life in the pursuit of a mathematical equation that would enable him to "read the mind of God"! Mathematics has thus historically been an intimate part of the lives of thinkers and philosophers, painters, inventors, healers, astrologers, cartographers, and more. Math invites us to open ourselves to enjoy and marvel at the unknown, and participate in a fantasy world where a 2 will always be a 2 and won't feel like 7 tomorrow. The real world has surprisingly limited uses for trigonometry or purchasing 200 watermelons, but math at all ages trains us in the art of enquiry and logical analysis, and the joy of the pursuit for truth.

If interested for yourself or your child, please get in touch. <a href="mailto:tanisha@auroville.community">tanisha@auroville.community</a> | +91 73385 35478 (no whatsapp)

## **CLASSES, WORKSHOPS & HEALING ARTS**

## **MARTIAL ARTS - AUROVILLE AIKIDO NEWS**



Auroville Aikido at AV Budokan (Dehashakti) is happy to share again their Adults regular schedule for Beginners and others (with N. Murugan and Surya) for interested people to join this beautiful and complete practice in the form of a Japanese martial art: every Tuesday, Thursday, Saturday early morning from 6 to 7.30 am + Wednesday 5.15 to 6,30 pm.

For **children classes** (with Surya, Philippe G. and Cristo) **and other info**, please contact us: <a href="mailto:budokan@auroville.org.in">budokan@auroville.org.in</a> and 83001 89062 (Surya) - 99528 12843 (Murugan/WA) - 83006 43963 (Philippe/WA). Reasonable contributions required.

## **BANSURI FLUTE CLASSES**



**Bansuri (Flute) Group Classes With Michael** 

Kalabhumi Music Studio

Every Friday (Beginner: 11am-12pm, Advanced: 12pm-1pm)

Drop in is possible at any time, flutes available to borrow or buy.

#### Contribution:

- Aurovilians, NCs, Volunteers & Local Villagers: Free donation

- Guests: 500 INR

More Info: www.the-sound-of-bamboo.com

To Donate: <a href="https://pay.auroville.org/divine-arts">https://pay.auroville.org/divine-arts</a>

Learn More About Divine Arts: <a href="https://auroville.org/page/divine-arts">https://auroville.org/page/divine-arts</a>

**About Divine Arts:** 

https://auroville.org/page/divine-arts

#### **SERENDIPITY ACTIVITIES & THERAPIES**

(Ex. Joy Community in front of Center GH)

Center Field, Auroville - 605101, TN, India Mobile/Whatsapp: +91 9385623342

Email: serendipityauroville@gmail.com https://serendipity.auroville.org

https://www.facebook.com/serendipityauroville



## **Creating CLARITY: An Expressive Arts Workshop**

Are you seeking a creative way to create clarity in your thoughts, emotions and actions?

Join us to explore how the arts modalities of drawing, painting, writing, movement, music, mindfulness, and connection to nature can support you with this exploration.

No prior art experience required. All materials will be provided.

Date: Saturday, 9th March Time: 10am to 12pm

Location: Serendipity Guest house (opp. Center GH)



## **WRITING FROM WITHIN**

Writing from Within is a session to learn how to use the writing as a tool to get to know oneself, one's different sub-personalities, the unconscious strategies by which we sabotage ourselves but also the natural resources we have inside to overcome obstacles and evolve.



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Moreover, many other creative writing exercises can also be practiced during the session, such as experimenting with sounds and rhythms of the words, rediscovering the innate talent of storytelling, reactivating lost creativity, exercising the inner muscle of imagination through memory, and much more.

The sessions will take place at the European House.

Duration of the session: 1h30min.

For the Info and to book your session, write at ijustwannawrite.email@gmail.com

If you want to know more about me, check my Vlog "I Just Wanna Write" at https://www.youtube.com/@IJustWannaWriteht9ql/videos

Or my blog https://ijustwannawrite.com Let's keep up with the good writing!

Francesca

## **TAI CHI HALL @ SHARNGA**

The Tai Chi Hall in Sharnga community offers daily classes, six days a week.

#### Mondays & Saturdays:

- 7:30-8:30am Chi
- 8:30-9:30am Form

### Tuesdays - Fridays:

- 7:30-8:00am Chi
- 8:00-9:00am Form

We practice three forms (24, 108 and 127) in the Yang style, as taught by the Inner Way School - Stevanovitch Method (artduchi.com). All are welcome to drop in.

Our next beginner's intensive is from February 12 to 🚗 March 2, 2024.

taichi.auroville.org / taichi@auroville.org.in

#### AUTHENTIC RELATING WORKSHOPS

## AUTHENTIC RELATING WORKSHOPS

Every week different them



Do you desire to go beyond the surface & connect deeply & authentically with others in a safe, heart-centered environment?

JOIN US IN THE HALL OF LIGHT, CREATIVITY EVERY THURSDAY FROM JAN 11TH TO MARCH 14TH 9:15 AM-12:15 PM

Open to all







Guests ₹500

-918098503386 919489244823





AV, NC & SAVI discounts available

## **AUROMODE YOGA SPACE**

MARCH 2024 SCHEDULE



Registrations are a must for all the program.

Email or WA us, to know about the fees structure and other

Contact - email - balaganesh.siva@gmail.com & WA(only) +91 98926 99804

Day	Time	Description
Monday to Friday		Mobility with Karlakattai–Classes from March 1
Every Friday	5 30 pm to 7 00 pm	Vinyasa Flow Asanas
Every Saturday	5 30 pm to 7 00 pm	Vinyasa Flow Asanas
Every Sunday	5 30 pm to 7 00 pm	Vinyasa Flow Asanas
March 1 to 22, 2024	Morning and evening	200 hr Hatha/ Vinyasa / Vinyasa flow Yoga TTC intensive
March 1 to 29, 2024	Morning and evening	300 hr Hatha Vinyasa / Vinyasa flow Yoga TTC intensive

#### **PITANGA**



## **Program March 2024**

DROP-IN CLASSES Join without prior registration!

## **Mondays**

7:30am–9am, **Yoga** with Rachel 8:30am–10am, **Yoga Therapy** with Gala, restarts 18/3 4pm–5pm, **Biodynamic Deep Presence** with Mike

## **Tuesdays**

9am-10:30am, **Gentle Yoga** with Lisbeth 3:30pm-4:30pm, **Body Music** with Anandi Z

## Wednesdays

7:30am - 9am, Yoga with Rachel

8:30am - 10am, Yoga Therapy with Gala, restarts 20/3

## **Thursdays**

3pm-4:15pm, Restorative Yoga with Rachel, only on 7/3

4:30pm-5:30pm, Aviva Exercise with Suriyagandhi

4:30pm-6pm, Vocal Sound Healing with Lola

5:30pm-6:45pm, Restorative Yoga with Rachel, not on 7/3

### Fridays

6:45am–8am, **Pranayama** with François & Namrita, For former "The Art of Living" course participants

7:30am-9am, Yoga with Rachel

8:30am–10am, **Yoga Therapy** with Gala, restarts 22/3

3pm-4pm, **Reading of Savitri** with Patricia - An interactive session

4:30pm-5:30pm, Readings of the Life Divine with Balvinder

5:15pm-6:15pm, Feldenkrais with Shari

5:15pm-6:15pm, For Giving Love with Marie-Claire, not on 8/3

## Saturdays

9am-10:30am, **Yoga (Intermediate level)** with Rachel, not on 0/3

11am–12:30pm, **ATB Explorations** with Isora, Rosario & Teresa

2:15pm–4:15pm, **Truth Based Relationships -** Practical Sessions with Juan Andrés, starts 16/3

4:30pm-5:30pm, Body Music with Anandi Z.

## YOUTH ACTIVITIES

These are ongoing educational programs. If a child is interested, parents need to talk to the teacher before joining the class.

## Asanas for Teenagers with Lisbeth

Mondays, Wednesdays, 4pm – 5pm

Yoga for children, 5–8 yrs., with Gala

• Saturdays, 9am-10am, restarts 16/3

## Yoga for children, 7-9 yrs., with Gala

Saturdays 10am–11am, restarts 16/3

#### Energy games for children, 9 yrs. +, with Gala

• Saturdays 11am-12pm, restarts 16/3

#### **CLASSES – BY APPOINTMENT**

Art Therapy with Gala, restarts 21/3

- Thursdays, 3-5pm for adults
- Fridays, 3–5pm for families

### Chinese Tea Ceremony with Chun

- Saturdays, 3–4pm
- Do not wear any kind of perfume on this day

### **HEALING SPACE – BY APPOINTMENT**

- · Acupuncture by Heidi
- · Bio-Resonance (with Bi-Com machine) by Afsaneh
- Chiropractic by Afsaneh
- · Cranio Sacral Therapy by Anne H.
- · Harmonization of Spirit and Body by Nadia L.
- · Thai Yoga Massage by Juan

#### **NEW DROP-IN CLASSES**

## Truth Based Relationships Practical Sessions

with Juan Andrés



Saturdays 2:15–4:15pm, starts 16/3

Practical Sessions based on the Authentic Self Relationships Model by its author, psychologist Juan Andrés.

Use the opportunity for conscious growth that all your relationships offer you in everyday life.

First timers need to have previously explored the content at <u>asrmodel.com</u>

This is a drop-in class

## Gentle Yoga by Lisbeth

Tuesdays 9am–10:30am

Lisbeth, who is teaching the teen yoga classes for the 11th year now, invites you to join her for a gentle yoga class on Tuesdays during the month of March.

This is a drop-in class.

## **WORKSHOPS**

## Pranayama Course – The Art of Living Part 1

with François & Namrita



- Thursday 7– Sunday 10 March
- · Daily 6:30-8:30am, for 4 days

The Art of Living Part 1, four days intensive pranayama course, combines breathing techniques, meditation and features Sudarshan Kriya, a breathing technique that uses specific rhythms of breath to detoxify every cell of the body and infuse it with energy.

- · Registration required.
- Please come in loose, comfortable clothing and on empty stomach.
- · Attendance on all 4 days is compulsory.

## Workshop "Born Free" with Ange Sabine Blanchflower



- · Monday 18-Friday 22 March,
- Daily 12:45-1:45pm, for 5 days

Ange invites, "If you have great dreams, ideas and goals for how you want like to live your life - but don't know how to make them happen, then this workshop is for you."

· Registration required.

If you wish to receive our program of activities by email, please write to us: info@pitanga.in

See you at Pitanga, with a smile!

Pitanga Cultural Centre 2622403 / WA 9443902403 info@pitanga.in

## **VÉRITÉ WORKSHOPS**

## Pre-registration required

Please contact Verite @ 0413 2622045, 2622606, 9363624083 or programming@verite.in, www.verite.in



## Vérité

## Awareness Through the Body Exploration – with Amir Friday, March 8, 9:15am – 12:00pm

In this ATB exploration we combine introspective exercises with dynamic and fun activities to facilitate the process towards a deeper self-knowledge and more fulfilling forms of self-regulation.

## Holistic Approach to Ayurvedic Lifestyle – with Dr. Geeta Friday, March 8, 2:00pm – 4:30pm

Learn the fundamental principles of Ayurveda, India's traditional science of holistic self-care, including the concepts of Swasthya, Aswasthya, Dosha, & Prakriti. Based on her long-term experience as an Ayurvedic practitioner, Dr. Geeta will also share practical information about the use of herbs and simple lifestyle practices that support well-being.

## Introduction to Traditional Thai Yoga Massage (Nuad Boran) – with Andres

Saturday, March 9, 9:15am – 4:30pm (Theory booklet included) Nuad Boran or Traditional Thai Yoga Massage Therapy is an ancient technique used to unblock energy stagnation & awaken our inner healer. This is achieved through both acupressure on the energy meridians (Nadis/Send Lines) & movements of the body & joints based on Yoga Asanas. No prior experience required; people of all backgrounds who feel drawn to it as a transformative practice are welcome.

## Face & Eye Yoga: Face Your Self – with Mamta Saturday, March 9, 2:00pm – 4:45pm

Explore self-massage techniques & exercises for the face; revitalize the sense organs & enhance vision through candle gazing.

## Yoga Therapy for Back Pain – with Bijou Thursday, March 14, 9:15am – 12:00pm

Stretches, holds and strengthening asanas for the back with crucial attention to right posture, breath, and individual attention to body type to rejuvenate the muscles and alignment of the back muscles and spine. Helps relieve back pains and condition the back against future injuries.

## Master Class: Pranayama, Mantra & Asana for Internal Organs –with Andres

Friday, March 15, 9:15am – 12:00pm (theory booklet included) A workshop to help you understand the relationship between emotions and organs, and the effect of asanas on our internal organs through specific breathing techniques, asanas and mantras that bring equanimity to your emotions and well-being to your internal organs.

### **VIPASSANA MEDITATION**

Date: Every Sunday

**Timings:** 8:00 AM – 12:00 PM but you can also drop in and join as long as you wish.

## No registration is required.

**Venue:** Udavi School (2nd building on the left when you are at the front entrance), near Tank in Edayanchavadi (Auroville). Location here.



Contact: Sanjay Tumati, +91 8790982210 (available on WA) sanjay@auraauro.com

## CONSCIOUS NATURE IMMERSION AT MAHAKALI PARK

About the Park: MahaKali Park is one of the 4 parks of Auroville, which is developed as a place for holistic awareness and self-development through nature. We guide you into an educational and meditative walk in the forest. The historical experience of green spaces in the specific context of Auroville have led to a unique understanding of holistic



ecology. Providing a space for a direct connection with the organic "web of life" brings, in turn, insights for our self-study and yoga of work.

When: Every Wednesday and Sunday

**Contributions**: Accepted for the management of the site. **Clothing**: Be adequately clad to prevent mosquito bites. You may also carry mosquito repellents.

**Venue**: Meeting point at Révélation's main gate 5-10 min before the time of the session (Search for "Revelation Forest" on Google Maps)

Contact: Vignesh +91 9620493716

Please note: The park is not yet accessible without our

supervision, Thank you for your understanding!

**Gmap link: Revelation forest Auroville** 

## **DEEP SOUND BATH IN CREATIVITY**

## **TIBETAN BOWLS**

Hall of Light CREATIVITY community

Every Friday from 5 to 6:30 PM

Starting from 17th November



## There will be a LIGHT massage by the Tibetan Bowls.

Lie down, relax, simply allow yourself to experience the ancient sound from the Tibetans bowls.

The practise produce a soothing sound believed to have a powerful effect in the body's energy system, helping to balance the chakras and promote healing.

"If we accept that sound is vibration and we know that vibration touches every part of our physical being, then we understand that sound is heard not only through our ears but through every cell in our bodies. One reason sound heals on a physical level is because it so deeply touches and transforms us on the emotional and spiritual planes."

Drop in the Hall, no reservation needed. Please arrive 10 minutes before.

Guest 600 rs / Volunteer 300 rs Aurovilians and Newcomers, conscious contribution

Sathyayuga WA +917639761930

#### **UNLOCK YOUR INNER POTENTIAL**

#### **Inner Bliss**

Unlock your inner Potential using the Voice, the Breath and Sound Healing

2 days workshop

## Friday 15th, Saturday 16th March

10am to 12.30pm

@ Creativity, Hall of Light

- · Vocal Exploration meet Body Movements
- Breathwork
- Shamanic Breath
- Sound Healing

## Friday 15th

#### Vocal Exploration meet Body Movements

We will explore, express and embody our voices through differents sounds exercises allowing ourselves to flow into body's movements liberating constriction and blockages.

Vocal Exploration meet Body movements is a journey to harmony between physical movements and vocal vibration where you can explore and discover yourself in New different ways

## Saturday 16th

- Breathwork
- · Shamanic Breath
- Sound Healing

Come and explore the profound realms of self-discovery and healing through the ancient practice of shamanic breathwork. Let the synergy of diverse backgrounds guide you on a journey within immersing yourself in a Haven of tranquility and peace with the vibrations and frequencies of the Sound Healing

No experience is necessary; all are welcome! Bring an open heart and a willingness to connect with the wisdom of your voice and your breath.

For registration contact me at:

+91 84 89 76 46 02 or Lakshmiprem369@gmail.com

## AUTHENTIC MOVEMENT, LIFE/ART PROCESS®, DANSE DU SENSIBLE & SENSORIMOTOR DRAWING

Hall of Light - Creativity

Tuesday 4:30 - 6:30 pm from 20th Feb to 12th March

with Ambre Jaïa

**Donations for Creativity** 

Contact: +918301885179 / whatsapp +33630018728 Please bring 2 sheets of A3 drawing paper and oily pastels

connects sensations, emotions. memories... It allows us to explore our inner world and express it, becoming more aware of it. In Authentic movement, we dive into a deep exploration in movement, while an external witness offers us an unconditional and safe presence, making us feel truly seen and accepted (which may heal deep unsecure attachment wounds). Our inner witness also awakens. More alive and aware, we are able to gather precious insights along our "movement in depth". In Life/art process®, we connect our dances with personal or collective life's issues. Our dances become rites of passage for powerful transformations, and boosters for our creativity! Danse du sensible is a fine way to become more embodied and sensitive to our sensorial life. In Sensorimotor drawing, we draw with both hands, eyes closed, listening to the inner impulses of our physical and emotional body, letting then these impulses become visible on the paper. We use this practice to balance our nervous system and become attuned listeners of the hidden messages of our body. Each session will weave one or two of these modalities.

## **CULTURAL ANNOUNCEMENT**

#### THE FRENCH PAVILION PRESENTS:

## "JOINT NOTE ON DESCARTES"

by Charles Péguy

Performed by Jean-Christophe Cochard under the direction of Jean-Yves Ruf.

Saturday 16th March at 6:30pm

At Kalabhumi, small amphitheater

IN FRENCH

The text of the Joint Notes, the last text of Charles Péguy, is intended for the man accustomed not to *Wetting to Grace*, that is to say to ourselves, filled with certainty, our morale and our the habits which have ended up making us



impervious to the human fragility which is also ours, mine, yours. The Joint Note is a journey of thought, a long meditation out loud on the meaning of life undermined by social, economic, metaphysical, psychological alienations...

"This writing demonstrates a commitment ready to take action. We can feel it physically. Péguy's personality resonates under the progress of his thoughts, the energy that emerges from it, induces a desire for incarnation that we simply wanted to translate on the set of a scene" - Jean-Christophe Cochard, Jean-Yves Ruf.

### "TOO LOUD A SOLITUDE"

### by Bohumil Hrabal

Performed by Thierry Gibault Adaptation and direction Laurent Fréchuret

Thursday March 14th, 2024 at 6:30 p.m.

Kalabhumi, Small amphitheater

IN FRENCH

A masterpiece by Bohumil Hrabal, "Too Loud a Solitude" is a political fable behind closed doors, grating, moving and desperate where the spirit of Beckett, Kafka and George Orwell hover.



For thirty-five years, Mr. Hanta has fed the press from a recycling factory where tons of books banned by censorship, and even masterpieces of humanity, are swallowed up day after day. "This kind of assassination, this massacre of innocents, someone has to do it. "> Hanta works, drinks beer, wanders the streets of Prague, reads, and dwells on the mission he has undertaken: to save culture by snatching from death treasures so unjustly condemned. He saves up to two tonnes which he piles above his bed. But in this game of hide and seek, his performance drops. Rejected, abandoned by everyone, all that remains is for him to return to his beloved books...

"Bohumil Hrabal lived through the dictatorship and its censorship. He then plunged into his distant interior as a writer to open a door, a hope. A too noisy solitude is a wonderful theatrical material, a word, a game proposal to continue today to resist through pleasure against the machine that crushes humans. "Laurent Fréchuret

## **COURSES AND CONFERENCES**

## THE PAVILLON DE FRANCE PRESENTS

#### THE SHARING HEART

An investigation between science, traditional wisdom, and personal experiences.

Conference By Laurence de la Baume

Saturday 9th of March 2024 - 17h30 In Pavillon de France IN FRENCH



Everyone knows that the heart is both a biological pump, the symbolic center of our feelings and the seat of our emotions, but how many of us know that it is the most powerful organ in the human body? That it was created by nature to connect us to each other, to our environment and to the planet? That having a heart does not necessarily mean being in the heart? Because we are unaware that it is also our inner guide, the door to our interiority. Its electromagnetic force is infinitely greater than that of the brain. It makes it a sort of radar and conductor of the human body.

For some, it is even the *vehicle of the soul and its incarnations*. Because our heart is the **only organ**, in fact, capable of **restructuring our brain**, our habits, our beliefs, therefore our life... This is why it appears today as the key to the transformation that is required of us.

Laurence is an author, journalist and speaker. She wrote "Satprem, I'homme de l'espoir" in 2003, worked for the Arte channel for eleven years and was communications director for the Extreme Universe Laboratory, initiated by astrophysicist George F. Smoot, Nobel Prize winner in physics. Laurence is today a speaker on the following themes: how to introduce science and



wisdom into our lives to be in the world differently, find meaning, improve and achieve fulfillment in our lives.

### **VASTU DARSHANA - THE INDIC PERSPECTIVE COURSE**

We are happy to announce an introductory course, vAstu Darshana in Auroville. vAstu is the oldest living system of architecture, dating back to the Vedic period, over 3000 years ago. The course pedagogy is designed to include theory, self-reflective exercises and interactive group dialogues during the sessions.

Dates: 14th to 17th March (All 4 days are compulsory to attend)

Time: 9am-5pm

The course will have additional evening sessions which will include a visit to the 1000 years old Irumbai Shiva temple and screening of the 1991 award winning documentary, 'vAstu Marabu: The Shilpi Speaks'.

ard winning documentary, 'vAstu Marabu: The Shilpi Speaks'.

To know more details about the course and to register, please follow the link <a href="http://tinyurl.com/vastudarshanaregistration">http://tinyurl.com/vastudarshanaregistration</a> and in case of any questions please write an email to vastu@ritambhara.in

Please note that prior registration is required.



## **ACTIVITIES & EVENTS**

## PERFORMANCE BY YOUTH OF AUROVILLE

Dear Friends.

Youth of Auroville is going to perform music & dance to raise the vibes of love & peace "Feel the Vibe" on 16th March, Cripa.

Our team is putting lots of effort into making it a memorial & joyful for you all. But we are facing a finance issue as we have no funds available right now for instruments ,technicians etc.

We warmly welcome your support; any financial contribution can help make this event possible! Details below:

Auroville Financial Service Account - 0250 - Auroville Artis Group - PLEASE write description: "FEEL THE VIBE"



#### RECONNECTING WITH YOUR INNER CYCLE

Understanding the world of menstruation as a gateway to connect more deeply with your body, your inner power, and to healing the Earth:

Eco Femme invites you to explore...

- Women as cyclical beings
- The empowering world of menstruation
- Learn menstrual cycle tracking to nurture the power of the womb
- Embodied practices to connect with and learn from your body's wisdom (including belly dance steps)
- · Eco-Sisterhood through sharing authentically.

The workshop on the 7th has been cancelled.

New Date: March 14th (Thursday)

This will be our LAST workshop of the season.

Venue: Our office in Auroshilpam (Google map us!)

Time: 4-7 PM

Cost: On contribution basis, contact us to know more

**Prior registration required**: (Please email us a <a href="mailto:info@ecofemme.org">info@ecofemme.org</a> or message us at 9487179556 to register/ask questions)

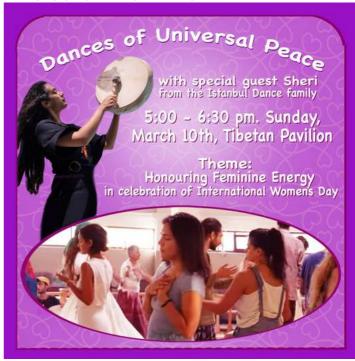
P.S. Everyone has a woman in their life - men, please don't shy away from joining!

## **EDIBLE WEEDS WALKS**

We are right on the last month of the Edible Weed Walk season. In March - we have 4 out of 5 sessions remaining on Saturdays before we close the season: 9, 16, 23, and 30 March 2024. You can join one or more walks by pre-registering early. Please do not wait for the last moment to register. On Saturdays the walk will be at an easily accessible location within Auroville. It will be guided along with the Edible Weeds coloring book. If you don't have a copy of the book, you will be able to borrow one during the walk.



## **DANCES OF UNIVERSAL PEACE**



## **CHANTING & SACRED MUSIC**

'HALL OF LIGHT" - CREATIVITY COMMUNITY

## Saturday 9th March From 5 to 6 pm

Come and join us to enjoy chanting to create vibrational energy for peace and harmony.

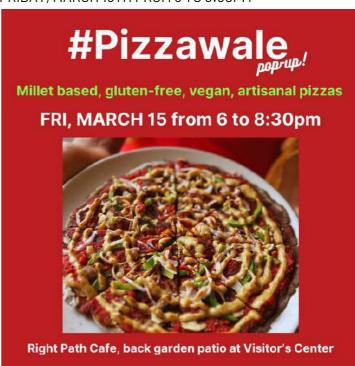
A powerful sense of oneness occurs during the process of singing together.

No registration needed.

Lola & Raquel

### **PIZZAWALE FIRST POP-UP FOR 2024**

FRIDAY, MARCH 15TH FROM 6 TO 8:30PM



Join us for an evening of healthy, guilt-free, goodness. Meet and mingle in the warm vibe of our pop-up. FS, Aurocard, and Mobile Pay are accepted.

Chetana, Darren & Team

## YOUTH CENTER: CALL FOR COMMUNITY





"The Youth Center wishes to organize Auroville's birthday on February 28th at the Youth Center. In order to celebrate it together we would like to offer pizzas with other dishes, but to make that possible and in view of the current situation,

we need financial support and food products such

as veggies, Maida, cheese, syrup, sweets, etc.

Please pass by Youth Center in any weekdays morning and give us a call 7598581908 Aurore (Fertile)

youthcenterauroville

## YOUTH CENTER SUNDAY EXPRESS



## **FOOD FOREST TOUR**

www.myfoodforest.info / myfoodforestgarden@gmail.com



### **KUILAI CREATIVE CENTRE**

Contact: <u>kuilaicreativecentre@auroville.org.in;</u> <u>kuilaicreativecentre.auroville@gmail.com</u>

WhatsApp: + 91-8608473385 / 9843195290



RUILAI	(ACENTRE FOR EXTRA CTRESCULARACTIVITIES)		Ethal/kullaicreativecentre@auroville.org.in OR kullaicreativecentre.auroville.@gmail.com WhatsApp. +91-808473385/9943195290	
செயல்பாடு ACTIVITY	நாள் DAY	நேரம் TIMING	Outhwater பெரியவர்கள் மற்றும் குழந்தைகள் FOR CHILDREN & ADULT	வயது வரம்பு AGE GROUP ( ONLY 10 TO 20 STUDENTS PER GROUP )
ஆங்கில வகுப்பு ENGLISH CLASS	MONDAY, TUESDAY AND THURSDAY	10 AM TO 12 PM	FREE	ABOVE 18 years
நையல் செயல்பாடு TAILORING ACTIVITY	MONDYA, TRESDAY & FRIDAY	11 AM TO 1 PM AND 2 PM TO 4PM	FREE	ABOVE 18 years
EVENING TUTTION CLASSES	MONDAY TO SATURIDAY	6 PM TO SPM	FREE	From 1 <sup>st</sup> Grade to 10 <sup>th</sup> Grade
a.L. gudligh Priscia. Hisss .g. calub - Parting Use Aggid Percura agu agru-tierano a.L. calubia calga agru-tierano calga agra-tierano awarenss through Booy	SATURDAY	9AM TO 5 PM	FREE	ABOVE S years
орь вліжній - валатих халтихм ворь Св. Какате Святі. Созоро- савостині вор савостині в	SUADAY	10AM TO 4 PM	FREE	ABOVE S years

Please click <u>HERE</u> to see the program in full or scan QR code:

## Keep supporting us!

For your kind donations...

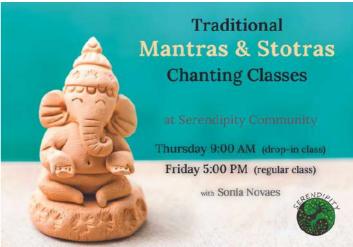
https://aviusa.org/?form=Kuilai

https://auroville.org/page/donate-from-india

From Auroville: 240051- Kuilai Creative Centre Collection

Protection, Auroville, India - 605101, Contact: +91-9843195290 / 8608473385 kuilaicreativecentre.auroville@gmail.com

## **CHANTING CLASS - SERENDIPITY**



Email: serendipityauroville@gmail.com / WA: +91 8940288090

## **AUROVILLE BOTANICAL GARDEN**



## Auroville Botanical Gardens

Wednesdays and Fridays - 9.30 am (about 1 1/2 hour walk )

Be on time - Bring your water bottle and a hat - Meeting point at BG Kitchen

Please send us an email to: avbgtours@gmail.com to book your walk





EMAIL: <u>auroorchard@auroville.org.in</u> / WHATSAPP: +91 9566631079 (Nidhin)

## FOODS, GOODS & SERVICES

### WE CAN HELP TO FIX ALL YOUR BROKEN ITEMS

**New Waves**, a unit registered under Kattidakali Trust located in Aurelec Premises, Prayogashala, Auroville is offering the services of **PCB Assembly, SMD soldering**, **de-soldering** and **minor repair of appliances**.

The unit can also undertake sub-contract of your production work on job work basis.

If you have any requirements, please contact Dhandapani, Executive at 0413-2622295.

Mobile 9443090082 / 8098193820 or via e-mail to <a href="mailto:newwaves@auroville.org.in">newwaves@auroville.org.in</a>

#### STUDIO BASED ART THERAPY AND COUNCELING

tialovesart@gmail.com / www.createandtransform.org

## STUDIO BASED ART THERAPY AND COUNSELING

individual \* group \* family

a service under MAATRAM



Therapy can be creative and non-threatening for help with:

- Anxiety
- Depression
- Trauma
- Life Issues

## Trauma Informed Art Therapy & Counseling:

- · Client Centered,
- · Strength Based,
- Solution Focused,
- Incorporating CBT and a creative, eclectic tool box.



Tia Pleiman, MA, ATR, NCC, LPC tialovesart@gmail.com

www.createandtransform.org WA 7094007610

Aurelec, Kuilapalayam, Auroville

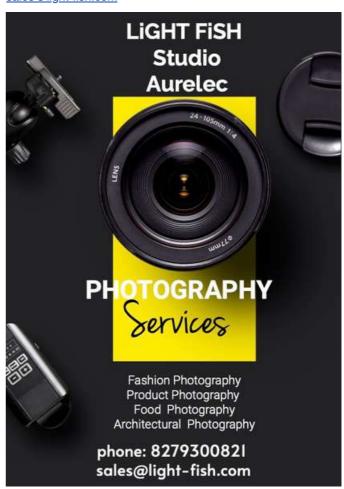
### **TASTE OF YOGA BY VERITE**



Taste of Yoga offers a simple, quiet space to read, reflect and nourish oneself. Delicious healthful snacks, treats & drinks (all free from animal products, gluten, caffeine, and added sugars) have been designed with utmost care, integrating sattvic principles to promote overall wellbeing.

## **LIGHT FISH: PHOTOGRAPHY STUDIO**

sales@light-fish.com



#### **SURABHI SUPPLIES**

Dear Auroville Community,

Surabhi Supplies is dedicated to aiding individual community members, units, and projects in acquiring a wide range of materials and equipment, including but not limited to construction supplies, appliances, machinery, and more.

Our service offers several advantages to the community, such as reduced prices achieved through bulk purchases and volume-based discounts. We have established strong partnerships with various manufacturers and dealers who share our commitment to advancing Auroville's development.

Our primary goal is to streamline the procurement process for everyone, thus saving valuable time, energy, and costs while providing a high level of service to the community.

If you have any inquiries, please don't hesitate to reach out to us at:

Email: surabhisupplies@auroville.org.in Phone: +91 98438 46458 (WhatsApp/Call)

Sincerely,

Surabhi Supplies

### RAPID CARE SERVICES RCS

Dear Residents.

We are happy to announce that Rapid Care Services have successfully completed one year. We began operations RAPID CARE SERVICES in December 2022.



We take this opportunity to thank all the people who believed in us. Reach out to us for any enquiries that need our assistance in home and yard work. Look forward to your continued use of our services in the future.

Category	Services	
Metal Works	Channels , Doors , Piping , Fabrication	
Plumbing	End to End, Job works	
Furniture	Repairs, Made to order	
Masonry	Repairs, Renovations and Remodulation	
Painting	End to End, Job works	
General Maintenance	Floor Waxing, Powder Coating, Fumigation, All Home Utilities	
Installations	Washer and Dryer, Air Conditioner, Inverter, Dth, Security Camera	
Electrical Works	Wring, Meter box, Lights, Switches & Sockets, Motion sensor.	

Contact: + 91 8270071581 / +91 7639810621 Primary Email: rapidcare@auroville.org.in

Secondary Email: rcsrapidcareservice@gmail.com

Instagram handle: @rapidcare1

For Rapid Care Balaji & Arun

## **AUROVILLE LIBRARY TIMINGS**

Auroville Library opening timings:

Mon - Sat: 9am - 12.30pm

Mon, Wed, Thurs, Fri & Sat: 2pm - 4.30pm

Tues: 4pm - 6.30pm

Every Saturday between 10am -11am: Children's storytime!

## REPAIR OF AIR CONDITIONERS, FRIDGES, WASHING **MACHINES AND APPLIANCES**

Loganathan working at Mahasaraswati Shop (near PTPS, Aspiration area) is a long term Aurovilian that has gained a lot of knowhow through looking after and repairing all kinds of machines. He happily repairs your machines and appliances.

You may contact him via phone / SMS or whatsapp +91 94434 93025



## **AIRCON CLEAN OFFERS COMPREHENSIVE AIR CONDITIONER CLEANING SERVICE KNOWN AS "JET** SERVICE".



The Jet Service includes not only the filter cleaning but also indoor cooling coils, blades, and blower wheels, indoor cooler drain tray cleaning and outdoor unit with AC jet pump.

After a cleaning service your air is fresh and healthy, reducing sickness and helping you live a healthier life.

Save up to 30% power usage with a regular cleaning service.

Contact AIRCON CLEAN now at 9786809518 or email us at airconclean.av@gmail.com

Regards, Julien.

### **SOLITUDE FARM - FRESH LOCAL FOOD**

Dear friends,

so much beautiful fresh produce in this season.

Subscribe for a basket that can be picked up from Solitude Farm once a week ( or more ).

Salad greens, spinaches, veggies, fruits and more

9843319260

solitudepermaculture@gmail.com



### **ECO FEMME OPEN HOUSE**



Every Thursday morning from 10:30 AM



Dear friends,

Join our open house at our office in Auroshilpam every Thursday morning at 10:30 AM till 12 AM.

Come and learn about:

- Sustainable menstrual products (cloth pads, cups and period panties),
- · Menstrual cycle awareness and,
- Our not-for-profit work.

You can also pick up discounted cloth pads, cups, period panties and cloth nappies.

See you soon!

The Eco Femme Team

## **AV RADIO**

Dear Aurovilians,



Your favourite radio is always working for you. Stay tuned! Here you can listen to the stream channel (playing 24/7). Here you can see on-air schedules.

#### Last published podcasts:

- Seeking Our Inner Being Se. 1, Ep. 10. (Spirituality)
- Soul Tracks Se.5, Ep. 21. (Music)

### **Last Youtube Live Videos:**

· Dreamweaving 2024: Build to Envision

Auroville Radio Tv is maintained and supported with the help of a small town budget and voluntary donations. If you as Aurovilian wish, make a donation to F.A. number 0867. Thanks for your help!

....and more! on <a href="www.aurovilleradio.org">www.aurovilleradio.org</a>
For more information write to radio@auroville.org.in & Peace and love

Regards,

Wobbli

## **LOOKING FOR**

## **NEED HOUSESITTING FOR 3 MONTHS (APR-JUNE)**

Hi, I'm Dave, I'm a newcomer in Auroville since 4 years.

With my housesitting arrangement in Anitya concluding at start of April, I am looking for something until mid-end of June when I will travel to Europe.

Please reach out if you have or know of something available.

WhatsApp: +447564119728 Email: djsevans87@gmail.com

With Love & Gratitude,

Dave

## LOOKING FOR A KAYAK FOR PURCHASE. USED ONES TOO.

Contact via whatsapp - Arun - +919500183706

## **FRENCH NEWS & NOTES**



Click\_here\_to read the French News&Notes or

Scan the QR code:



## **CINEMA**

## SPECIAL SCREENING OF THE VILLGERE OF LOVERS



# Special Screening of The Village of Lovers Monday, 11th March @ 5:30pm in The Hall of Light (Creativity) (75 min, English, Rated R)

Born out of the "free love" utopian movements of the 1960's and 70's, Tamera, an ecovillage in southern Portugal, is one of the most radical social experiments in human futurism. Recognizing that social change has to go beyond reactions to the dominant system. Tamera realized that building trust - especially in the most intimate areas of human life - was the missing key to long-standing cultural and political change.

Now, over 40 years later, when humanity's long-term survival has become increasingly uncertain, Tamera provides a regenerative and compassionate model for society, rooted in our reconnection to life.

The documentary will be followed by a discussion facilitated by Daniel Greenberg, former President of the Global Ecovillage Network and Friend of Auroville.

Seating is limited to 50. Please register by emailing <a href="mailto:daniel@ic.org">daniel@ic.org</a>



presents at MULTI MEDIA CENTRE AUDITORIUM (MMC, Town Hall)

Reminder: FRIDAY 8 MARCH "THE LEMON TREE"

- Israel, 2008 by Eran RIKLIS

and

## FRIDAY 15th MARCH

**GRADUATION** (Original title "Bacalaureat")

Directed by Cristian Mungiu - Romania, 2016

Synopsis: Romeo Aldea (49), a physician living in a small mountain town in Transylvania, has raised his daughter Eliza with the idea that once she turns 18, she will leave to study and live abroad. His plan is close to succeeding - Eliza has won a scholarship to study psychology in the UK. She just has to pass her final exams - a formality for such a good student. On the day before her first written exam, Eliza is assaulted in an attack that could jeopardize her entire future. Now Romeo has to make a decision. There are ways of solving the situation, but none of them using the principles he, as a father, has taught his daughter...

Pr. Sivakumar has offered us a "Cine-master class" on the film last year, presenting it as "a fascinating and complex study of one man's moral choices at a crucial juncture in his life, by the director of "4 Months, 3 Weeks and 2 Days" (Golden Palm and other prizes in Cannes Film Festival, 2017). And Aruofiln wanted to present it more widely. Here is it!

Original version in Romanian with Engl. Subtitles, duration 2h.08'

**Note:** We would like to inform you that the monthly budget and the half-maintenances allocated to the Aurofilm team since a long time will be discontinued at the end of March by decision of the administration. We have 2 generous donors who have started to help us, but need more support to continue the activities and the Friday screenings at MMC/Cinema Paradiso (we rent the venue). If you can, your monthly or otherwise contribution (to our acc. number **252658**) is most welcome! With much thanks - and see you soon!

# MACBETH IN SPOTLIGHT THEATRE & CINEMA SERIES 08TH TO 10TH MARCH 2024, 20:00 TO 23:00 IST ONLINE.



#### **OVERVIEW:**

"Macbeth in Spotlight" aims to understand why Shakespeare's voice still echoes through us endlessly across diverse mediums, cultures and minds, stirring something profound within us and compelling us to reflect back something of our own in the shade of his art's emotional and intellectual intimacy. We are bringing together Artists and Scholars across the world to share such interactions with the bard through his shortest and bloodiest masterpiece "The Tragedie of Macbeth."

This event also explores the subtleties and challenges inherent in translating the language, emotion, and narrative of one of Shakespeare's most vital meditations on the dangerous corners of the human imagination. At the commencement of the event, attendees will have the opportunity to explore theatre performances and a series of curated cinematic adaptations as recommendations for personal viewing beforehand. In the ensuing days, the event will feature in-depth discussions with eminent artists and scholars, shedding light on the nuanced layers of numerous interpretations.

Co-hosted by Jill Navarre, a distinguished playwright, screenwriter, and the artistic director of the Auroville Theatre Group, in collaboration with the Auroville Film Institute, "Macbeth in Spotlight" invites the audience to witness the metamorphosis of "Macbeth" across diverse cultures and artistic visions.

You'll not only witness the magic of storytelling within these Shakespearean interpretations but also develop a profound appreciation for the multiplicity of perspectives that interlace their cultural, intellectual, and personal nuances into the very fabric of this iconic play. This event is an opportunity to appreciate the intricacies of human emotion, cultural richness, and boundless creativity as they meet Macbeth.

#### **SPEAKERS:**

**Vishal Bhardwaj** (Indian film director, screenwriter, producer, music composer and playback singer)

## A Conversation on Shakespeare & Cinema (Inaugural Address)

Vishal Bhardwaj, the acclaimedacclaimed filmmaker who has garnered widespread critical acclaim and numerous accolades for writing and directing the Indian adaptations of three tragedies by William Shakespeare: Maqbool (2003) from Macbeth, Omkara (2006) from Othello, and Haider (2014) from Hamlet, will share his artistic encounters with shakespeare. This talk will be moderated by Paromita Chakravarti.

**Dominique Goy-Blanquet** (Shakespeare scholar, Professor Emeritus at the Université de Picardie)

### **French Macbeth**

#### The horrid image doth unfix my hair

No other play in the canon has inspired so many films around the world, not to mention other art forms. In France, despite the 'auld alliance', the Scottish play never reached the popularity of Hamlet. After some Brechtian productions in the wake of Jan Kott's essay, it made a belated entry at the Comédie-Française, with a creation for the Avignon festival in 1985.

Among eminent stage directors drawn to Macbeth, the youngest so far was Thomas Jolly, now engaged in the opening and closing ceremonies of the Olympic games, while the even younger Silvia Costa is rehearsing Yves Bonnefoy's translation at the Comédie-Française. Her production will be the first screening of Macbeth 'en direct' from the theatre on 25 April 2024.

**Deb Kamal Ganguly** (Filmmaker and Academic at Auroville Film Institute)

## **Beyond the Modernist Appropriations of Macbeth**

The Cinematic Glimpses Towards the Premodern Affectations Cinematic renditions of Macbeth, focusing on the downfall of a powerful individual, captivate modern audiences. However, this predominant interpretation of Macbeth occludes the brilliance of Shakespeare's multidimensional reinvention of the pre-existing 'morality play' genre, suggesting a temporality where the idea of 'individual' is entangled with the imagination of the collective faith in supernatural forces as tools of destiny and justice, and questioning the limits of 'divine rights' and 'monarch individual'. The presentation would be a speculation to look into cinematic adaptations of Macbeth, especially Akira Kurosawa's 'Throne of Blood', examining whether and how they transcend the secular modern periphery of the placement of the narrative towards a lost sensibility of pre-secular time through articulations of certain

**Anirban Bhattacharya** (Actor, Singer, and Director of Bengali webseries Mandaar)

#### Macbeth within the wheels of modern times

cinematic affects.

I have lived with the thought of adapting \*Macbeth\* for a long time, drawn not by its political or social relevance but by the timeless elements of Shakespeare's plays. Initially, an image came to mind... a fish caught at the end of a spear. Setting it in India, with Macbeth as Mandaar, I knew crucial elements like societal outcasts, language, and cultural nuances would be woven into the narrative from the start. Mandaar's sexual dysfunction became part of his devastating pursuit of power. To convincingly recreate the supernatural elements, I employed a phantasmal look to break free from logic and immerse the viewer in the subversion. This journey of reimagining Shakespeare's magic for our times is what I'm eager to share.

**Jill Navarre** (Playwright, Screenwriter, Artistic Director of Auroville Theatre Group)

## Shakespeare as a Drug: My 7 Bouts with Addiction

Having directed seven Shakespeare plays, I'm currently immersed in my eighth: Macbeth. Among my productions are classics from Romeo and Juliet to King Lear and Hamlet. Sri Aurobindo calls Shakespeare "The great magician", "a genius that transcends all laws ... a miracle of poetic force." What makes Shakespeare's plays so seductive?

For a director, the challenge of creating our world of the play holds a great reward. The real high is in rehearsing a Shakespeare play. Searching, finding, and then next time, finding again, discovery after discovery after discovery. There is no limit to the depth you can reach, rehearsing Shakespeare like the limitless visions of a psychedelic trip. I'd like to share what alternative realities we have discovered during rehearsal and why Shakespeare continues to blow my mind.

**Poonam Trivedi** (Academic, Vice-chair of the Asian Shakespeare Association)

## The Shakespearean Image on Page, Stage and Screen

If images hold an iconic place in Shakespeare's plays, they are even more crucial in cinematic language, being the definitive structural unit of the visual medium of the cinema, with film being a string of consecutive images. While much has been written about the place and function of Shakespearean imagery, not enough critical attention has been devoted to how the same images constructed in words are translated into action in stage performance and how they are adapted into the multimodal space of the screen. Macbeth is considered the most imagistic of the Shakespearean tragedies and this presentation will examine some key images of the play and their transmutation in cinematic adaptations, Indian and Anglophone.

**Paromita Chakravarti** (Professor, Dept. of English at Jadavpur University)

## Provincialising Macbeth in a Globalising India Reading Paddayi, Veeram, Joji and Mandar

Even as Indian cinema is reaching global markets, and the choice of Shakespearean themes are often facilitating this process, the films themselves are often demonstrating an interest in the local in the choice of settings and storylines. The paper will examine some recent cinematic adaptations of Macbeth in regional languages like Veeram (2014), Paddayi (2018), Joji (2021) and Mandar (2021) to analyse the implications of this trend particularly in relation to changing constructions of gender and sexualities in a globalising India.

Abhaya Simha (Film director and screenwriter of Tulu film Paddavi)

### Localising Macbeth: Shakespeare in a fishing town

All is not well in the fishing village. There is power, disruption, and transition. It's Macbeth, after all. Yet, this time, the stars of the Tulu sky hover over Macbeth's black and dark desires. But why reimagine Macbeth in modern times, in a small fishing town, and in a minority language facing possible oblivion? Can this very fear of oblivion add texture to a narrative of fading power? In my reimagining of Macbeth, there is Yakshagana, the folk theatre in Karnataka, itself dripping with centuries-old stories. There are fishermen riding traditional wooden fishing boats in football jerseys, with conversations on migration, jobs, happiness, and profits interwoven into the rhythms of life dictated by the sea. I'd like to discuss this very journey of reimagining Shakespeare or being reimagined through Shakespeare.

## SCHEDULE:

Day 1: 08th March 2024

20:00 – 21:00 IST | Dominique Goy-Blanquet

21:00 - 22:00 IST | Deb Kamal Ganguly

Day 2: 09th March 2024

20:00 - 21:00 IST | Jill Navarre

21:00 – 22:00 IST | Paromita Chakravarti

22:00 - 23:00 IST | Abhaya Simha

Day 3: 10th March 2024

20:00 - 21:00 IST | Poonam Trivedi

21:00 - 22:00 IST | Anirban Bhattacharya

#### QUERIES:

To know more, please visit:

https://filminstitute.auroville.org/2024/02/09/macbeth-in-spotlight

For queries, if any, please write to:

studycirrcles@aurovillefilminstitute.com

or call / message +91 9769976898 (whatsapp and telegram only)



## **ACCESSIBLE AUROVILLE PUBLIC BUS**

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Auroville TO PONDICHERRY				
	Trip 1	Trip 2	Trip 3	
Svaram Musical Center	7:00	8:50	14:50	
Vérité Guest House - Junction	7:02	8:52	14:52	
Town Hall - Main Parking	7:06	8:56	14:56	
Solar Kitchen (Ex Round About)	7:10	9:00	15:00	
Certitude Entrance	7:12	9:02	15:02	
New Creation Road	7:17	9:07	15:07	
SBI Bank—Kuilapalayam	7:19	9:09	15:09	
ECR Junction—Aroma Guest House	7:23	9:14	15:14	
Quiet Healing Center—Junction	7:26	9:17	15:17	
Lotus Hotel—S.V Patel Salai	7:36	9:30	15:30	
Ashram Road Junction	7:38	9:33	15:33	
Ashram Dining Hall	7:40	9:35	15:35	
Pondicherry TO AUROVILLE				
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- Monthly Rs. 800: Aurovilians & Newcomers, No validity
- · Student Pass Rs. 1200 per month/ 24 days round trip
- Rs. 150 Round trip for Aurovilians & Newcomers
- · Rs. 200 Round trip for guests

**Bus passes** are available at Auroville Vehicle Service, Town Hall. Auroville. 0413 2623302



## **EMERGENCY NUMBERS**

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Ambulance (24/7):				
Auroville 9442224680	PIMS 0413 2656271			
Security (24/7)	:			
AV Safety & Security Team 9443090107	Auroville Police Station 0413 2677318	Kottakuppam Police Station 0413 2236148	Vanur Fire Station 0413 2677368	
Health:				
Health Center 0413 2622123	Santé 0413 2622803	Farewell 8903836246		
Mental health 24/7 support:				
Vandrevala Foundation +91 9999666555				
India Emergency Response Service (24/7): 108				



## **Cinema Paradiso**

Multimedia Center (MMC) Auditorium

Film program 11 March 2024 17 March 2024

Cinema Paradiso-Multimedia Center is operating at 100% seating capacity.

Seating starts about 15mins before screening and stops as the film starts. Kindly arrive in time.



A reminder not to use cell phone for any reason while the program is on, and no food/beverage to be taken inside the hall. Observing the international women's day (8th March) and women's month in some nations, we will try to bring films by and about women.

## Indian - Monday 11 March, 8:00 pm:

### • BULBUL CAN SING

In this much acclaimed feature, drawn from the realities and fictionalized, Bulbul is a young teenage girl in Assam. She is in love. She and her friends find themselves at odds with their community as they come of age and deal with new feelings, new freedom. Free spirited and rebellious she questions the dogma and learns to deal with love and loss. *A film to watch!* 

## Potpourri - Tuesday 12 March, 8:00 pm:

## • THE TRUMAN SHOW

USA, 1988, Dir. Peter Weir w/ Jim Carrey, Ed Harris, Laura Linney, and others, Drama-Comedy, 103mins, English w/ English subtitles, Rated: PG

He doesn't know it, but everything in Truman Burbank's life is part of a massive TV set. Executive producer Christof orchestrates the show, records through hidden cameras, and orchestrates every details – including Truman's emotions. However, Truman gradually discovers the truth. Now he must decide whether to act on it or not. A fascinating storyline!

## Interesting – Wednesday 13 March, 8:00 pm: • BANGLA SURF GIRLS

India, 2021, Dir. Elizabeth D. Costa, Documentary, 86 minutes, Bengali w/ English subtitles, Rated: NR (PG)

This film offers an immersive portrayal of young girls from a Bangladesh slum who find solace by joining a local surf club, seeking liberation from their challenging lives. The film highlights their journey, struggles, and unwavering determination, culminating in their participation in an international competition in India, showcasing the resilience of community amid the confines of poverty. Winner of the Auroville Film Festival 2024 Jury Award in the category of "films that develop the theme of human unity"! Don't Miss!

## Selection – Thursday 14 March, 8:00 pm:

### ANTONIA (Antonia's Line)

Netherlands-Belgium-UK-France, 1995, Writer-Dir. Marleen Gorris w/ Willeke van Ammelrooy, Jan Decleir, Veerle van Overloop, and others, Drama, 102mins, Dutch w/ English subtitles, Rated: R

Described as a "feminist fairy tale", this Academy Award winnig film tells the story of the independent Antonia who after the WWII returns with her daughter Danielle to her native village. There she establishes and nurtures a close-knit matriarchal community.

## International - Saturday, 16 March, 8:00 pm:

## • RICEBOY SLEEPS

Canada, 2022, Writer-Dir. Anthony Shim w/Choi Seung-yoon, Ethan Hwang, Dohyun Noel Hwang, and others, History-Family, 117mins, English-Korean w/English subtitles, Rated:

This acclaimed award-winning feature, based in part on the director's own childhood, centers on So-Y oung. So-Y oung is a Korean immigrant single mother raising her teenage son Dong-Hyun after moving to Canada in 1990s to give him a better life than the one she left. It's a poignant and personal family tale that is universal. *A must see!* 

## Children's Matinee- Sunday, 17 March, 4:00 pm: • THE SUPER MARIO BROS. MOVIE

USA, 2023, Dir. Aaron Horvath-Michael Jeienic-Pierre Leduc w/ Chriss Patt, Anya Taylor-Joy, Charlie Day, and others, Animation-Adventure, 92mins, Rated: PG

A Brooklyn plumber named Mario travels through the Mushroom Kingdom with a princess named Peach and an anthropomorphic mushroom named Toad to find Mario's brother, Luigi, and to save the world from a ruthless fire breathing Koopa named Bowser.

## KENJI MIZOGUCHI FILM FESTIVAL @ Ciné-Club:

Kenji Mizoguchi is an acclaimed director who exemplified Japan at its most traditional. His films don't posit absolute beginnings and endings for themselves, since human life is a journey that keeps flowing, metamorphosing, interacting with the world at large. Water, fire, and earth achieve harmony in, in Mizoguchi's compositions, they too are characters in his dramas.

## Ciné-Club Sunday 17 March, 8:00 pm:

## • SAIKAKU ICHIDAI ONNA (The life of Oharu)

Japan, 1952, Dir. Kenji Mizoguchi w/ Kinuyo Tanaka, Tsukie Matsuura, and others, Drama, 133 mins, Japanese w/ English subtitles, Rated: NR(PG).

In feudal Japan, Oharu, the daughter of royal samurai Shinzaemon, secretly has a passionate romance with Katsunosuke, a man with a meager social standing. When the couple is found out, the law comes down hard on this breach of class: Katsunosuke is put to death and Oharu and her family are banished from the kingdom.

Rating codes we often use are from Motion Picture Association of America (MPAA): G=General Audiences, PG=Parental guidance suggested, PG-13=Parents strongly cautioned, R=Restricted (equivalent to Indian rating: A i.e. for Adults), NR=Film Not rated, Rating awaited, or Rating not available.

To organize a seminar/program at MMC kindly email us at <a href="mmcauditorium@auroville.org.in">mmcauditorium@auroville.org.in</a>. Our projector is crawling towards the end of its life, compelling us to look for a new one. You could financially support through a one-time or recurring donations to "Cinema Paradiso" (account #105106) or set up for a monthly contribution.

Thanking You, MMC/CP Group Account# 105106, mmcauditorium@auroville.org.in