

Auroville

NEWS & NOTES

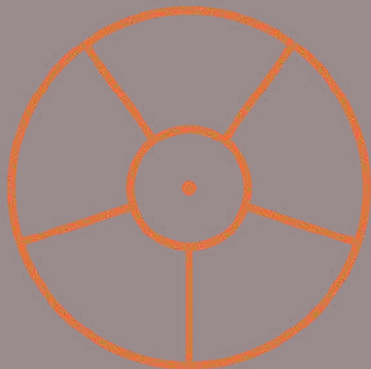
No 1015 - A weekly bulletin for residents of Auroville

22 February 2024

RA EDITION



One Day Event, 28 February 2023



PONDERING

The city the earth needs.

~ 22th February 1969

The Mother - To be a true Aurovillian
<https://dream.books.prisma.haus/en/the-aims-of-auroville>



(continued from last week)

To tell the truth, all those things are without any importance (!) because in any case what IS exceeds entirely and absolutely all that the human consciousness may think of it. It is only when you stop being human that you know; but as soon as you express yourself, you become human again, and then you stop knowing.

This is undeniable.

And because of this incapacity, there is a sort of futility in wanting absolutely to reduce the problem to what human comprehension can understand of it. In that case, it's very wise to say, as Théon used to, "We are here, we have a work to do, and what's necessary is to do it as best we can, without worrying about the why and the how." Why is the world as it is?... When we are able to understand why, we'll understand.

From a practical standpoint, that's obvious.

But everyone takes his stand.... I have all the examples here, I have a little selection of samples of all the attitudes, and I see the reactions very clearly. I see the same Force—the same single Force—acting in this selection of samples and, of course, producing different effects; but those "different" effects are, to the deep vision, very superficial: it's just "they like to think that way, so then they like to think that way." But to tell the truth, the inner advance, the inner development, and the essential vibration aren't affected—not in the least. One aspires with all his heart to Nirvana, the other aspires with all his will to the supramental manifestation, and in both cases the vibratory result is about the same. And it's a whole mass of vibrations which prepares itself more and more to... to receive what must be.

There is a state—an essentially pragmatic state, spiritually pragmatic—in which of all human futilities, the most futile is metaphysics.

(to be continued next week)

The Mother, Agenda, May 19, 1965

<https://incarnateword.in/agenda/6/may-19-1965>

With love and gratitude,

Gangalakshmi (HOMA)



NEWS & NOTES GUIDELINES

DEADLINE FOR SUBMISSIONS:
TUESDAY 5PM

The content of News & Notes is a reflection of the growth process of this community towards its ideals of Harmony, Goodwill, and Truth. Editing of submissions, mainly for reasons of space and clarity, is done according to an established policy.

How to submit material:

- Max size of posters should be 1 MB, JPEG format. Bigger posters will be reduced or cropped to fit.
- Please AVOID CAPS letters
- Material (no pdf files, please) may be sent in English only to **newsandnotes@auroville.services**
- Articles for the Notes section should ideally be no longer than 500 words.
- Please try your best to send your announcements, reports, film schedules whenever they are ready. Any modifications of submitted News items must be sent to the editors before **Tuesday 5pm**.

DISCLAIMER:

Please note that the opinions and views expressed on these pages are solely those of the respective authors or work groups and do not necessarily reflect the position of the editors or the larger Auroville community. The News & Notes aims to provide a platform for the publication of diverse perspectives and voices from multiple sources within Auroville.

While our editors strive to ensure the accuracy of the information presented, we cannot guarantee that all information is free from error or omission. Additionally, we cannot be held liable for any alleged misinformation provided or offence caused by the content published.

In the event of any dispute, we encourage readers to consult with the Auroville Council, and we reserve the right to suspend the publication of disputed material. Our commitment to providing an open and inclusive platform for dialogue and exchange of ideas remains steadfast.

The News and Notes team
newsandnotes@auroville.services

LIST OF ACRONYMS:

AVF (Auroville Foundation), **AVFO/FO** (Auroville Foundation Office), **GB** (Governing Board), **RA** (Residents Assembly)

The following groups are divided in two categories: The groups selected by the Residents Assembly through Community decision making Processes and the groups put together by the GB and the FO (not recognised by the Residents Assembly).

Working groups selected by the Residents Assembly:

Working Committee (WCom)
Funds and Assets Management Committee (FAMC)
Budget Coordination Committee (BCC)
Town Development Council / L'avenir d'Auroville (TDC)

Auroville Council (AVC)
Entry Service (ES)

FO selected groups:

Working Committee (WC)
Funds and Assets Management Committee (FAMC)
Budget Coordination Committee (BCC / BCS)
Auroville Town Development Council (ATDC)

Housing Service (HS)
Land Board (LB)

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NOTE FROM THE EDITORS

Dear Community,

Here is some important information:

- You can read past issues and subscribe [HERE](#).
- If you wish to support the N&N community Edition, you can done at this account Nr: **FS #252150**.
- Content sent through @auroville.org.in mail ID, will only reach us if you use this [FORM](#) to submit your content.
- The mail ID to submit content is: newsandnotes@auroville.services.

Thank you for your continued support!

In community,
The RA Community Edition News and Notes Team

FROM THE ENTRY SERVICE

ES # 219 DATED: 22-02-2024

The following people have been recommended by the Entry Board to join our community. Please share your feedback within 2 weeks for potential Newcomers, Associates and Friends of Auroville and within 4 weeks for Potential Aurovilians, Returning Aurovilians, Youth and Spouse/Partner of an Aurovilian in writing to auroville.entryboard@gmail.com
We thank you in advance.

AUROVILIAN CONFIRMED:

- **Tanisha MANN (Indian)**
- **Daniel GRINGS (German)**
- **Ruben PORRU (Italian)**

RETURNING AUROVILIAN CONFIRMED:

- **Teresa MARTENS (German)**

NOTE:

- A Newcomer becomes an Aurovilian once his/her name has been confirmed by The Admission Committee (aka the Entry Board) after following due process.
- The date of becoming Aurovilian is the date of confirmation. An Aurovilian confirmed by the Entry Board is eligible to participate in all community decision-making processes.
- A confirmed Aurovilian becomes officially a Resident of Auroville once the individual has filled in and signed the B-Form and his/her name has been entered in the Register of Residents (RoR) maintained by the Auroville Foundation Office (AVF).
- A Resident of Auroville is eligible to become an executive of a Unit or Service of Auroville and to get an ID card issued by the Auroville Foundation.

Yours,

The Entry Board

(Alain, Grace, Jayanthi, Lakshmanan, Matilde (TOS), Sara, Sonja and Swadha)

Email: entryservice@auroville.services

Note: If you want any more information about someone, please contact the Entry Service directly for more details.

FROM THE RA WORKING COMMITTEE

RA WORKING COMMITTEE MEMBERSHIP

Dear community,

We want to let you know that for personal reasons, Hemant will not continue in his role as a 'member' of the Working Committee until the next selection process, as would have been usual practice. He will however remain available as a key resource person. From today onwards, Hemant's name will therefore no longer be included in our signature.

If you have any questions, please let us know.

Sincerely,

Your RA Working Committee

Aravinda, Bharathy, Chali, Maël (TOS), Sauro, Valli

REGARDING CASES OF AADHAAR DEACTIVATION

Dear community,

It has come to our notice that several Aurovilians recently received a letter from the Unique Identification Authority of India (UIDAI), informing them that their Aadhaar card has been deactivated.

If you have received such a notice, please inform us so we can have an idea of how many residents are concerned. Write to: workingcom@auroville.services

It seems this issue of Aadhaar deactivation concerns not only people within Auroville, but also other people across India. We are enquiring on what could have prompted this, and on the best possible ways to address the situation. Once we know more, we will do our best to support those impacted by the deactivation of their Aadhaar card.

Sincerely,

Your RA Working Committee

Aravinda, Bharathy, Chali, Maël (TOS), Sauro, Valli

COMMUNITY NEWS

COMMUNITY SHARING

WHAT IS THE FUTURE FOR AUROVILLE GROWN FOOD WHEN WE ARE LOSING SO MUCH FARMLAND?

Auroville is losing its farmland. The farmland that over the last 50 years has been carefully nurtured and been brought back to life by Auroville's farmers. Farmland which is used to grow healthy food for the community in a way that will ensure the future fertility of the land. Many people see growing our own healthy food as a basic and crucial element of what Mother described as the 'self sustaining community' of Auroville.

If the loss of farmland continues, however, will it be possible for Auroville to go on growing its own food in any significant way? If Auroville isn't able to do this, what about the community's future food security? What do we need to do to ensure we have enough farmland so we can go on eating the healthy food that Auroville's farms produce?

The most visible example of the present process of farmland loss is of course, Auro-orchard, one of the first farms in Auroville which is a major contributor to Auroville's food today. A significant proportion of Auro-orchard land was exchanged for land in the centre of Auroville in a secret process that did not include the Auroorchard steward or anyone in the Auroville community. This has taken away essential infrastructure from the farm such as the well and irrigation system as well as various farm buildings and an individual house. All of which had been built up over the many years of the farm's existence. This exchange took away the farm's future in the form of a young orchard just coming into production together with an important grazing area for all the farm cows. In a process characterised by lies and broken promises areas of the farm have been fenced in ways that disturb the functioning of the farm. This includes the individual house which the Auroville Foundation Office (AVFO) and the Auroville Foundation Working Committee (AFWC) assured the Farm Steward would not be part of the deal.

Recently more of AuroOrchard has been exchanged for the AuroOceanic resort in the Master Plan. Again, this process was carried out in secret and created what has been described as a very bad financial deal for Auroville. With all this activity it is perhaps not surprising that very recently another three acres of the farmland has been exchanged. As local people see the opportunity to obtain a very valuable piece of real estate alongside a major road how much more will be exchanged? What will happen to the farm activities there? Where will the food come from that at the moment comes from AuroOrchard? It has now come to everyone's attention, as the result of a Right To Information (RTI) request that 900 acres or more of Auroville land outside the Master Plan area can officially be exchanged to consolidate the Master Plan area. Several farms are outside the Master Plan area. This includes Annapurna farm the largest in Auroville of 135 acres which produces a major proportion of the grains and dairy consumed in Auroville. It also includes Brihaspati, and Djaima as well as Pebble Garden.

It seems that even those farms inside the Master Plan area are not immune from losing their land. A huge 12metre swathe of land has been cleared through Shambala and Siddhartha farms along side Buddha Garden for 'the new VIP road'. Buddha Garden has been told that in addition, their farmland is needed to create 'a new access node for the Visitors Centre' which includes more car parks. There are no clear plans for what is going to happen or when, although Buddha Garden has been told to start making plans to move its activities. Alternative plots of land have been suggested for this, but these are either too small, do not have the necessary access or are already being farmed by someone else and are too small to share. At the moment the farm is in a limbo, unable to invest in any immovable infrastructure or start building up somewhere else on another plot of land.

AVFO groups (Farm Service, FAMC, ATDC etc) refuse to discuss how this move is to be financed as the farm does not have the resources to do it. We can only assume that these groups do not care about farmland and that within the next year the farm will cease to exist.

If this loss of farmland continues and no effort or finances are provided to replace it, then it is likely that Auroville will end up with insufficient farms to support the community or in the worst-case scenario, no farms at all. In a recent meeting with Farm Service farmers were told to make their existing land more productive, but this will not be possible without more investment. This should also not be achieved by lowering the present standards of Auroville farming and producing food in a way that exploits either people or nature. Why would we create an unhealthy community by making them eat unhealthy food?

At present the so called 'Farm Service' is driving Auroville farms into commercial farming. Farmers feel they must grow what makes the most money this being the only way to make the farm financially sustainable and cover the cost of the maintenances that were withdrawn. At the same time, farmers are expected to use all the land on a farm for growing food crops. With no room for supporting ecological infrastructure such as forests or ponds. Experience elsewhere in the world shows that in the long-term growing food in this way is not sustainable. So Auroville's future food security would still be in question.

In this situation what is the future for Auroville's future food sustainability and security? How is this going to be achieved? Is there a plan for this? If there is, the community needs to know about it so that together we can create a self sustaining Auroville.

If there isn't a plan (and from what we can see this is probably the case) then we (a group of Auroville farmers) invite any community members interested in creating one, to join with us in envisioning an agriculture for Auroville. A vision which will include securing the sustainable growing of healthy food and is worthy of the City the Earth needs.

Priya on behalf of the Core Group of the Farm Group
Charlie, Juan, Moorthy, Renuka, Tomas and Vishnu

AUROVILLE'S BIRTHDAY AT THE MATRIMANDIR 28.02.2024

In her glorious kingdom of eternal light
All-ruler, ruled by none, the Truth supreme,
Omnipotent, omniscient and alone,
In a golden country keeps her measureless house;
In its corridor she hears the tread that comes
Out of the Unmanifest never to return
Till the Unknown is known and seen by men.

Collective Meditation with Dawnfire 5 to 6.30 am at the Amphitheatre

CHANGE OF PARKING AND ENTRANCE:

Entrance from the Mahasaraswati Gate only (West gate):

Coming from Solar Kitchen and Visitors Center side, Park at the **Second Banyan**, then walk outside

Coming from Town Hall side: Park **in front of West gate**

Open from 4 to 5 am and after 5.45 am.

All are requested to come early and be seated by 4.50 am.

Please note that during the meditation, from 5 to 5.45 am the gates will remain closed.

Latecomers may join in after 5.45 am. Access is limited to the Amphitheatre and up to 7 am only.

Cellphones, Cameras, Tablets and other recording devices will not be allowed in and around the Amphitheatre.

All are requested to leave them at home or in their vehicle. Those in possession of such items will have to deposit them at the 'Custody Facility' outside the Park of Unity. Matrimandir Management will try to take utmost care of your items, but will not be responsible for theft or existing damage of items deposited at the 'Custody Facility'.

Please remember to leave your pets at home.

You goodwill and cooperation are essential to maintain an atmosphere of peace and silence all through the meditation.

5.30 – 6 pm

Savitri Music at the Amphitheatre with the setting sun.

Entrance from the Office Gate at 5 pm.

Guests are requested to carry their Aurocard with them.

Bonne Fête to all!

THE GOLDEN DAY 29.02.2024

Morning Meditation at the Amphitheatre 5.45 to 6.30 am at the Amphitheatre

Entrance from the Mahasaraswati Gate only (West gate).

Open from 5 am

All are requested to be seated by 5.40 am.

Access is limited to the Amphitheatre and up to 7 am only.

Cellphones, cameras, all recording devices will need to be left outside the Park of Unity.

Evening Program at the Amphitheatre 5.30 pm

A Musical Offering

From Kim Cunio and Heather Lee

With special guests from Svaram and beyond

Come and be part of a new immersive musical work at the Matrimandir on 29th February, the Golden Day.

Composer Kim Cunio has been working here in Auroville for some months on a work for 10,000 bells and 24 voices to offer on this day.

We invite you to join us in the Amphitheatre from 5.30 to 6.30 pm. Please bring a small bell (the type that fits in your pocket), and be prepared to ring it and to chant 'Om' with us. We will create a work of the cosmos together, taking inspiration from these words of The Mother. Let us call to the Supramental together.

"This evening the Divine Presence, concrete and material, was there present amongst you. I had a form of living gold, bigger than the universe, and I was facing a huge and massive golden door which separated the world from the Divine.

As I looked at the door, I knew and willed, in a single movement of consciousness, that "the time has come", and lifting with both hands a mighty golden hammer I struck one blow, one single blow on the door and the door was shattered to pieces. Then the supramental Light and Force and Consciousness rushed down upon earth in an uninterrupted flow."

The Mother, 29 February 1956

Entrance from the Office Gate at 5 pm.

Guests are requested to carry their Aurocard with them.

Bonne Fête to all!

VOICES AND NOTES

WHY WHAT IS HAPPENING IS HAPPENING

The Mother, who is inseparable with Sri Aurobindo, revolutionary Avatars and visionary founders of this City of Dawn, have given countless advice to all invited participants in this experimental community, this intentional Deva Sangha. Here are some:

["Auroville is meant not for the satisfaction of desires but for the growth of the true consciousness."](#)

And to be a True Aurovilian is to not only maintain this transitional animal-human modality that is a false-separative existence but to transform it:

["The whole earth must prepare itself for the advent of the new species, and Auroville wants to work consciously to hasten this advent."](#)

This new species that we are preparing for is the Divine Manifestation that is the Supramental being, still in a material body but not anymore an animal-human physiology and consciousness.

Therefore the crucial first necessity of this psychophysical transformation is a change of consciousness:

["The first necessity is the inner discovery in order to know what one truly is behind social, moral, cultural, racial and hereditary appearances. At the centre there is a being free, vast and knowing, who awaits our discovery and who ought to become the active centre of our being and our life in Auroville."](#)

That is why Auroville has particular Vision-Goals coming from our Avatar founders Sri Aurobindo and the Mother, to distinguish it clearly from others.

Each individual is most free to choose from many other global communities. But to participate in Auroville one must resonate with its divine aspirations. Otherwise the Self-correcting process of the evolutionary Cosmic Play will sift you out. Each unique individual plays a particular contrasting yet complementary role so that every inseparable member of the collectivity progressively learns from each other and carries on with this Self-correcting Spiritual Evolution.

["The Aim of human life is to discover the Divine and to manifest it."](#)

In our current still very limited and imperfect modality of existence, many who are quite insensitive even make ignorant fun of sacred acts, like eating, sleeping and procreating, not realising that even before performing them they must be consecrated to the Divine. It is no laughing matter that these sacred acts, especially the sexual act, are very much distorted, abused and defiled by most of the unawakened human species who are still unwitting slaves of very powerful asuric, rakshasic and tamasic forces. The only way out of their sinister hold is the full descent of the Supramental Consciousness-Force, which the Mother has already done, and the Divine Manifestation of the next apex species the Supramental being that will be more powerful than these adverse and hostile forces.

We are still in the transitional stages and the most effective choice is to give ourselves fully to the Divine Consciousness as consenting instruments, willing servitors and conscious bridges towards this Supramental Vision-Goal.

That is why Sri Aurobindo and the Mother kept declaring that ["Man is a transitional being..."](#)

And eventually created this sanctuary that is Auroville where we can hasten the evolutionary process to go beyond the limitations of the humans. Just look how very specific the Mother is for anyone who wants to live in Auroville and to be True Aurovilians:

<https://auroville.org/page/core-documents>

Some who have earlier joined may be in a privileged position and have somewhat forgotten, but billions of our brothers and sisters all around the world, even in our surrounding communities here, are still suffering from all sorts of abuses and difficulties, psychological, emotional and physical. So we cannot remain satisfied with our still very obvious limitations.

The Avatars Sri Aurobindo and the Mother gave us hope and the means through their direct action, and lovegifted us with their sacred writings to achieve a Life Divine on Earth, for all. Even envisioned and created this City of Dawn as a sacred sanctuary for True seekers, for True Aurovilians.

The question is: for the more than 50 years since our inauguration, has Auroville fully lived up to this Vision-Goal? Obviously not yet, as this is a multi-generational progressive evolutionary process, with ever-continuing tireless good-willed effort. But the good news is that Auroville and the success of this Vision-Goal is decreed by the Supreme, and so it is unstoppable. The highest leaders of Bharat Mata are very much aware of this, as Mother India is the Guru of the World. Even when the Mother was still in Her physical human body, She has already revealed the following:

["There was a rather interesting phenomenon \(it was yesterday or the day before\), amusing little details: now the last member of the government of India has been converted, so to speak. All the members of government \(the central government—I don't mean the whole country, but of the centre\), all the members of the central government are ... \(what should I say?\) I could almost say "apprentice disciples of Sri Aurobindo," with a great goodwill to serve."](#)

["And a constant insistence on Harmony, Harmony, Harmony.... An harmonious balance: an harmonious balance of nations, an harmonious balance of people, an harmonious balance of inner faculties, an harmonious balance ... like that.](#)

[And then, resistances are clearly expressed as a disharmony.](#)

[Something extremely smiling, harmonious, smiling, harmonious..."](#)

And that is why what is happening is happening...

We have to fully prepare this City of Dawn for the ever-coming sun-eyed children who will continue on until victory is achieved.

Will you collaborate?

Zech, 2024.02.13

1968-1988-2018-2028

1968 - Auroville the City of Dawn is birthed by The Mother

1988 - The Mother's Auroville comes under the protection, administration and governance of the Ministry of Education of Bharat Mata, the Guru of the World.

2018 - [The Mother's Auroville is visited by Bharat Mata's Son and Prime Minister Narendra Modi](#), followed a few years later by [a visit of Bharat Mata's Daughter and President Droupadi Murmu](#) on 2023.08.08 reconfirming the [Vision-Goal](#) of Sri Aurobindo and The Mother, the Supramental Avatar founders of Auroville:

"Aspiring for Supermind (the Supramental) in the City of Evolving Consciousness"

The preparation of the City of Dawn for the ever-coming sun-eyed children and willing servitors of the Divine Consciousness-Force towards the Life Divine has hastened and intensified.

["The whole earth must prepare itself for the advent of the new species, and Auroville wants to work consciously to hasten this advent."](#)

2024.02.18 - all are immersed in this infinitely-unfolding Eternal Now

["Auroville will be the place of an unending education, of constant progress, and a youth that never ages."](#)

["Auroville wants to be the bridge between the past and the future. Taking advantage of all discoveries from without and from within, Auroville will boldly spring towards future realisations."](#)

We consciously and courageously continue on in Bhakti to the Supreme Divine Mother Maha-Shakti...

Why the Bhakti to the Supreme Divine Mother Maha-Shakti?

"To be a Yogi, a Sannyasi, a Tapaswi is not the object here. The object is transformation, and the transformation can only be done by a force infinitely greater than your own, it can only be done by being truly like a child in the hands of The Divine Mother."

<https://incarnateword.in/cwsa/36/to-barindra-kumar-ghose>

"Salvation is PHYSICAL."

<https://incarnateword.in/agenda/10/may-31-1969>

"I am concerned with the earth and not with worlds beyond for their own sake; it is a terrestrial realisation that I seek and not a flight to distant summits. All other Yogas regard this life as an illusion or a passing phase; the Supramental Yoga alone regards it as a thing created by the Divine for a progressive manifestation and takes the fulfilment of the life and the body for its object. The Supramental is simply the Truth-Consciousness and what it brings in its descent is the full truth of life, the full truth of consciousness in Matter. One has indeed to rise to high summits to reach it, but the more one rises, the more one can bring down below. No doubt, life and body have not to remain the ignorant, imperfect, impotent things they are now; but why should a change to fuller life-power, fuller body-power be considered something aloof, cold and undesirable?"

<https://incarnateword.in/cwsa/29/bhakti-yoga-and-vaishnavism>

2028 - Auroville celebrates The Mother's 150th Birth Anniversary

Om Namō Bhagavate ॐ

Zech, 2024.02.18

"I CALL YOU TO THE GREAT ADVENTURE" FULL MOON CONCRETING ON THE MATRIMANDIR'S ROOF



I started working at Matrimandir in 1977, on the roof. Cycling from Pondy, my future husband and I climbed the heavy-duty hanging ladder to participate in the full-moon concrete; non-stop, this could last days. Young people from all over Auroville, also teenagers, every month would join the collective feast. We worked, without security, on the roof and scaffoldings; danger and fatigue were alien to us, a special force filled our bodies. One in the great adventure, there was but joy.

Those were years of freedom – the freedom of the soul living content with nothing. I fell asleep curled up in the hollow of the urn in the amphitheatre; my partner slept under the Banyan tree. At about three in the night, when the dew was too heavy, we moved to a friend's room in the Camp, lying on the floor. Three people and a mice-hunting cat shared that tiny space under the keel roof. The battle with the Sri Aurobindo Society had commenced, money was scarce; but we worked on top of Matrimandir and were offered food and lodging for free. At the Matrimandir Camp there were no servants, all menial work was carried on by the residents. The meals, cooked on shift by all of us (a lady who will become an Aurovilian helped) were delicious; sometimes we even got a slice of cake. Noah – a lovely kibbutzim girl – after lunch washed the floor, daily.

Mother's all-pervasive presence was electrifying. The Dream, as she describes it, was in the air. It was a mass movement, irrepressible and irrefragable, spreading by contagion. We were the offsprings of the 1968 revolution, the Mother had freed the spirit of the age. Her 'Auroville' was made up of young idealists living in huts. Their material needs truly were minimal. Bicycles were the current transport and motorbikes were rare. During Mother's years, the cycles in Aspiration were collective property, and bikes were used only for work.

I was witnessing the birth of Auroville's group soul. Back to my easy life in Pondicherry, I was pervaded by a feeling of incompleteness, almost a sense of guilt. I had been granted glimpses of the new world and nothing could ever be the same. Being called to Matrimandir was the crown of the pilgrimage, overland, that had taken me to India crossing the Muslim countries, alone with my backpack and a sleeping bag. I was to make the discovery, traveling with thousands of other youths with the dream in their heart of a society of freedom, equality and brotherhood that somewhere existed. When I crossed the Pakistan border, I kneeled and kissed the Indian soil: I had reached.

Yet the highest quest had just begun and this was the lever: "At our inmost centre there is a free being, wide and knowing, who awaits our discovery and who ought to become the acting centre of our being and our life in Auroville." By these words, along with the Charter, commences the admission form, to be submitted to the Mother for acceptance in Auroville. "The Promised Land" we sought, gathering from all over the world, is the *chaitya purusha*, the Purusha in the heart, smaller than a thumb. The psychic being.

Auroville is "the city of God" Sri Aurobindo evokes, "the Avatar's model town" of the supramental manifestation the Mother announces. Auroville – the ideal society for which those in the Avatar's circle take birth over and again along the ages – exists forever; it is for the group soul to manifest it. Idealists came from all over the world to make it real, faith is the sole riches. Those full moon concreting sealed our destinies.

[Submitted by Paulette]

AWAKENING SPIRIT

INTRODUCTION TO THE INTEGRAL YOGA OF SRI AUROBINDO AND THE MOTHER

Tuesday, 27th February, 9 am - 12 noon
Focus: The Psychic being

Led by Ashesh Joshi

Place: Mirabelle Education Centre, Auromodele
Ph/Whatsapp: 9489147202 (Please register)

All are Welcome



AMPHITHEATRE - MATRIMANDIR

Every THURSDAY at sunset
5.30 to 6 pm
(weather permitting)

Meditation with Savitri,

Sri Aurobindo's long mantric poem read by
Mother to the incredible music of Sunil

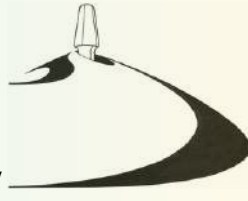
Let's gather under the beautiful open space, with heavenly music in the very center of Auroville!

Reminder to all:

The Park of Unity is a place for silence, meditation and inner work, and is to be used only as such. We request everyone: please do not use cameras, I-pads, cell phones, etc. No Photos. Dear Guests, please carry your Guest Card with you.

Access only for the Amphitheatre from 5.15 pm and for the meditation time.

Thank you,
Surya and Amphitheatre Team



A SATSANG ON THE INTEGRAL YOGA

A sacred gathering for the study and practice of the Integral Yoga of Sri Aurobindo and the Mother, founders of Auroville, the City of Dawn.

"The first necessity is the inner discovery in order to know what one truly is behind social, moral, cultural, racial and hereditary appearances. At the centre there is a being free, vast and knowing, who awaits our discovery and who ought to become the active centre of our being and our life in Auroville." — The Mother

We start right here, in the Eternal Now, from where we each are at this ever-progressive moment, and share our unique experiences on the path of rediscovering and embodying who we really are.

Facilitated by Zech Joya

Schedule: **Tuesdays and Thursdays, 5:30-7:00pm**

Venue: Conference Room, G/F SAIER Building, Town Hall Complex, Auroville



[Please click this link for details](#) or scan the above QR Code

POETRY



Auroville

All reveals
All heals
All rejoins
All rejoices

-Anandi Z.

ART & CULTURE

BOOK RELEASE OF KIREET JOSHI

You are all warmly invited to the
BOOK RELEASE of

KIREET JOSHI
I am prayer only



In his own words, and with contributions from
his friends Frederick Schulze-Buxloh & Alain Bernard

SUNDAY the 25th of February at 5 pm
at the **PAVILION of TIBETAN CULTURE**

(tea will be served)

AUROVILLE PHOTO CIRCLE

Dear photographers,

Photo Circle meets again on
FRIDAY 1st MARCH at 5pm

in the Centre d'Art multimedia room, at Citadines

The Photocircle brings together Auroville's photographers. We share our own work, we show the work of global photographers we admire, discuss the history of photography, and share techniques.

Anyone can bring and screen a small selection of images. Everyone's welcome



SAMSARA EXHIBITION AT PAVILION OF TIBETAN CULTURE

Dear members of the community,

We warmly invite you to Samsara, an exhibition. A passing through of within and a passing through of without, Samsara presents two bodies of work from us, a pair of twins, and our journey over the past few years. Through this exhibition, we bring to you two perspectives through which we find ourselves observing the world - painting and mapping.

Please join us at the Pavilion of Tibetan Culture from 24th February to 10th March (Mon - Sat, 9:00am - 12:30pm and 2:00pm - 5:00pm).

Exhibition opens at 4:00pm, 24th February, Saturday.

See you there!
Bhavyo and Bhavya



ART EXHIBITION AT PITANGA



Art Exhibition by Crystal

What's in a speck of dust...

3 February to
4 March 2024
at Pitanga

Exhibition timings: Daily, except Sundays
Pitanga Cultural Centre, Samasti, Auroville 605 101 | info@pitanga.in | 0413 - 262403, 9443902403
A service unit of the Auroville Foundation, Health and Healing Trust branch | GSTIN: 33AAATA00378Y3N

8.00 - 12.30pm & 2.00 - 5.30pm

HEALTH

SANTÉ SERVICES IN FEBRUARY 2024

sante

Working Hours:

Monday - Saturday 9:00 - 12:30pm & 2:00 - 4:30pm

Tests and Sample collection:

Mon-Fri before 12:00 pm. No sample collection on Saturday.

For emergencies, contact:

Auroville Ambulance (24/7) : Phone: +(91) 9442224680
Government Ambulance (24/7) : Phone: 108

Please call Santé on (0413) 2622803 during working hours for an appointment

Doctor consults with Dr.Senthil: Monday to Friday	Nursing Care: Ezhil, Thilagam, Archana & Sandhya: Daily No appointment necessary
Ayurveda with Dr.Be: Tue/Wed/Fri	Pregnancy Care & Women's Wellness with Paula: Tuesday & Wednesday
Acupuncture with Andres: Mon/Tue/Wed/Fri/Sat	Homeopathy with Michael: Mon / Wed / Sat
Integrative Psychotherapy with Juan Andres: Monday to Friday	Physiotherapy with Arun: Monday to Saturday
Functional Medicine with Lize: Wednesday & Friday	Physiotherapy with Rebeca: As Per Availability
Bio-Well Assessment (Evaluation of your well-being) with Helena: Inquiry through email (adminsante@auroville.org.in)	Physiotherapy & Massage with Galina: Monday to Friday

In Santé, we value our patient's confidentiality & make every effort to ensure their privacy.

In case of cancellation or to reschedule, it is necessary to inform us in advance.

AUROKIYA INTEGRAL EYE CENTRE @ ARKA



Working Hours:

Monday - Saturday
(9.00 am - 5.30 pm)

Services Provided:

- Emergency eye care services with primary-level care
- Complete eye testing facilities for eye problems
- Follow-up services for surgeries and consultation from Aravind
- Spectacles and contact lenses
- Eye medicines (Homeopathy, allopathy, and Ayurvedic Drops)
- Personal guided support to visit Aravind Eye Hospital for surgeries and procedures
- Personalized eye exercise training, eye yoga sessions, and vision therapy sessions. Both morning and evening slots are available

Contact: aurokiya@auroville.org.in; aurokiya@gmail.com
WA/ Mobile: 8012305151; www.aurokiya.com

EDUCATION

NEWS FROM AUROVILLE LANGUAGE LAB



Please remember to put your mobile phones on flight mode and switch off all wireless and Bluetooth devices before you enter the Lab. We are a wireless-free space!

Please join our Open House!

Auroville Language Lab
International Zone near Pump House
0413 2623 661 / WhatsApp: +91 9843030355
info@aurovillelanguagelab.org

OPEN HOUSE 24 February 2024 - ALL are Welcome!

Join us to from 10 am to 12 noon

experience Tomatis listening
try out Tomatis active exercises
learn about our special building
discover our mediatheque
share the joy of language
meet our Teachers

snacks & juice chit chat happy vibe

Something New: Evening Programs!

From 1st February 2024, we are launched a new experiment. The Language Lab has extended its opening hours from 5pm -7:00pm, Monday to Friday. We are offering special evening programs which include conversational practice with native language speakers, talks, as well as self-learning and guided study in different languages with our mediatheque. Our regular day-time students are welcome to take advantage of these sessions as well for some additional practice. This is to revive an old idea of “language exchange” and “sharing languages”. This program | is free of cost to everyone: Aurovilians, Newcomers, Volunteers, Guests and people from around the Auroville area. The Language Lab has always been open to all and this program will be as well. Ever learnt a language but feel a bit rusty now? Come and revive it! All, including Guests are welcome to join. Come share your language with others!

Conversation Practice sessions would be Mondays for Tamil, Tuesdays for Spanish, Wednesdays for French & Chinese, Thursdays for English (On the Auroville Charter and The Dream) and Fridays for German & Italian. Please come forward for other languages, especially Sanskrit and Hindi!. All are welcome for these sessions.

Do let us know if you would like to be part of this experiment and what you would like to receive and offer, either as a participant or a facilitator, by sending an email to info@aurovillelanguagelab.org or a whatsapp message to +91 98430 30355.

Our first full-length publication: We are delighted to share that our first full-length publication, “From Resonance to Bonding” by Dirk Beckedorf & Franz Müller is now available on Amazon! The book gives an in-depth explanation of the Alfred Tomatis method, its scientific bases, how and why it works, along with detailed case studies. Order through our website: <https://books.aurovillelanguagelab.org/>

You can access the detailed Table of Contents, as well as 2.5 chapters of the actual book for free here, before decided to order through Amazon.

We are looking for sponsors to cover costs of the first print run, so that it can be available as a paperback. For now, in India, it is only available as a Kindle e-book. You can use a free kindle e-reader to access it.

Looking for: Volunteer (s) capable of reading & writing Telugu, for proof-reading a couple of short documents (that have been translated from English). The work requires 2-3 hours of commitment. We are also looking for volunteer language teachers, someone to help with fundraising, a Computer support person for the mediatheque, an administrative/executive assistant as well as assistants in the Tomatis research centre.

VOLUNTEER

Do You wish to enhance your Auroville experience? Volunteering at the Language Lab can be profoundly enriching.

We are currently looking for volunteers to fill the following positions:

Language Teachers, Fundraiser
Event Coordinator, IT Assistant
Executive Assistant
Tomatis Children’s Assistant
Tomatis Research Assistant

Tomatis

There are spaces available for both language & therapeutic programmes!

Please contact 0413-3509932 or 04132622467 or email us at tomatis@aurovillelanguagelab.org to schedule your Listening Tests & Consultations.

To know more about the Tomatis Method, please have a look at the following links:

- <https://www.aurovillelanguagelab.org/tomatis-method.php>
- <https://www.aurovillelanguagelab.org/tomatis-kids.php>
- <https://www.youtube.com/watch?v=wnpXprTI3m0>
- <https://www.youtube.com/channel/UCeTIG0y-sBMlyyWZNdZcAng/videos>
- <https://www.listenwell.com/>

Current Language Courses at ALL

Aurotaranti has joined our English teaching team!

Aurotaranti has nine years classroom teaching experience. Besides receiving Teacher Training and incorporating Integral Education at Transition School (SAIIE) and the Shanghai Livingston American School in China, she holds a BA in Anthropology and a certificate from TESOL Canada to Teach English to Speakers of Other Languages, Beginners to Advanced. Aurotaranti is also available for one-on-one classes in Conversational French.

Aurotaranti will anchor a new program called “HIP” : **Help Integrate People!**

This is a vocational English program where special attention will be given to beginner and pre-intermediate English language learners in different fields of work in Auroville, so that they may develop the vocabulary, concepts and conversational skills to help them excel in their work places. We would like to invite Aurovilians, Newcomers, SAVI Volunteers and employees of Auroville Units to participate. Auroville units can share their specific requirements and sponsor their staff for these classes, which will take place at the Language Lab premises.

Those interested in participating or enrolling their staff in these vocational English acquisition courses are requested to contact info@aurovillelanguagelab.org with the subject line "HIP programme," so that we may assess and schedule private or group sessions as required.

New Courses Offered:

- English as a Second Language Group Classes for different levels to be scheduled as per demand.
- Private English Classes and French Conversational Classes may be scheduled (Mon-Fri 9-12 and 2-4)

English Conversation Pre-Intermediate & Intermediate with Aurotaranti

Aurotaranti will address student needs and interests to guide the conversations accordingly.

- **Pre-Intermediate** classes take place Mondays & Wednesdays, 4 to 5pm, from 12 February 2024
- **Intermediate** classes take place Tuesdays & Thursdays, 4 to 5pm, from 8 February 2024

English Through Movement & Theatre with Rupam!

Bored trying to memorise the grammar? Learning English can be extremely fun with movements and theatre. Let's explore learning a new language using theatre as a tool!! It's a new concept so let's find out together!!

Days & time: Saturdays, 10.30 am to 12 noon

Starting day: 3 February 2024 (if we have a least 4-5 participants)

Duration: 18 hours (over three months)

By donation

Beginner Spanish with Mila

This course is now closed to registrations!

New Beginner Italian with Karuna

If you are a beginner with little or no knowledge of the Italian language, you are welcome to join this 24-hour (3 months) compact course, with Karuna.

The course will take students through the Italian alphabet and phonetics, spoken grammar, main verbs, pronouns, sentence structure, etc. By the end of the course, learners will be able to introduce themselves & others in a simple way, exchange information about family, work, holidays, home, etc., and speak about everyday activities, hobbies, etc. A range of different topics can be explored based on the interests of the students.

Start date: Wednesday 7 February 2024

Days and Timings: Wednesdays and Fridays, **from 4 pm to 5 pm**

Beginner Hindi

This 24-hour (over 3 months) beginner course is a great introduction to the Hindi language, and intends to make learners comfortable with basic Hindi vocabulary, grammar, and everyday sentences. The course will be paced to align with each student's comfort!

The course will start as soon as we have 4-5 confirmations. Days & Timings to be announced

French with Jean-François

Jean-François offers three 2-month courses:

Beginner French: This 16-hour course is for all those wanting to join a French course but finding themselves too busy through the week! Our Beginner French Course is deliberately planned for Saturdays! The classes are highly interactive delving into French vocabulary of everyday life and the basics of grammar. By the end of the course, you would be able to make simple sentences useful for interaction, and talk about your work, hobbies, daily life, etc. in a simple way.

This course will start **February 10**. Classes take place **Saturdays, 2:30 to 4:30pm**.

French Conversation (Post-Beginner to Pre-Intermediate level): This 12-hour course is for post-beginners with a basic knowledge of French who are not yet comfortable conversing in French. The course will focus on day-to-day topics and will be a good mix of grammar, and interactive verbal as well as written exercises. By the end of the course, the students will acquire a more solid foundation in French conversational skills. All students who have taken Jean-François's Beginner Course are welcome to join!

This course will start on **February 10**. Classes take place **Saturdays, 10:30am to 12noon**.

French Conversation (Intermediate level): For those of you who know a bit of French, this is the perfect course to get more fluent, expand your vocabulary, and speak without inhibition in a diverse & fun group! Each lesson covers a theme of daily life (work, family, hobbies, shopping, projects, etc.) and is aimed at developing the students' ability to express themselves and interact in French. Jean-François would explore a range of topics like food, sports, travel, philosophy, news, literature, economics, social sciences, theater, and more. He will also review the grammar useful for basic conversation.

This 16-hour course started on **February 5**. Classes take place **Mondays & Thursdays, 2:30 to 3:30pm**.

German with Ben

Ben will resume his courses from early February. A native German speaker, Ben has been an online teacher for three years now, giving integration classes and language courses to immigrants from various backgrounds. His first in-person course at the Language Lab was a resounding success! classroom. Ben is a language enthusiast and takes interest in poetry, integral yoga and philosophy. Ben is offering two courses:

Beginner German: This 3-month (36-hour) course is structured around the Goethe Institute material and will employ a variety of audiovisual tools and interactive elements.

Classes will take place **Mondays & Wednesdays, 9:30 to 11am, from 5th February 2024**

German Elementary Spoken & Written: This 2-month (16-hour) course is for those who already know a bit of German and would like to further polish their speaking & written skills.

Classes will take place **Tuesdays & Thursdays, 4 to 5pm, as soon as we have 4-5 registrations**.

Both courses are open for registrations and will begin as soon as we have 4-5 registrations.

Beginner Spoken Tamil with Saravanan

This course is now closed to registrations!

Intermediate Spoken Tamil with Saravanan

We are pleased to announce a new Intermediate Spoken Tamil course, that will run Tuesday and Fridays from 5:30 pm to 6:30 pm, starting as soon as we have at least 5 students.

Our experienced Tamil teacher of many years - Saravanan - will lead students to the next level of Tamil proficiency in conversational skills.

This course will be of most use to students who already have a basic knowledge of Tamil.

Intermediate Spanish with Susana

Our long-time teacher, Susana, is offering an Intermediate Spanish course for students who are already familiar with the various verbal modes in Spanish language (Infinitive, Indicative, Conditional, Subjunctive, and Imperative). The course will focus on polishing the conversational skills of the students and will also dive into the rules of grammar. This is a monthly course.

Classes take place every **Tuesday, 2:30 to 4:00pm**.

Pre-Intermediate English with Rupam

Rupam continues to offer morning English classes. Her classes are a mix of discussion on current topics, and grammar as necessary. You are welcome to try out a class and see if it fits your needs. However, please note that this is not a drop in/walk in class but is meant for students committed to joining the course.

Classes take place **Tuesdays & Thursdays, 11:00 to 12:00pm**. Enquire now to join!

If there is a language you would like to learn, and it's not on our list, please send us a query!

To join or enquire:

Please fill out our form at <http://register.aurovillelanguagelab.org/> You may also drop us an email at info@aurovillelanguagelab.org, call us at 2623661 or come visit us!

Please Note:

Registration and contribution are essential before you join a course with us. Please see our team member at the front desk to ensure this is complete, thank you!

Current Schedule of Classes

Language	Level	Time	Day(s) Of Classes
English	Pre-Intermediate & Intermediate	11:00am - 12:00pm	Tuesday & Thursday
	Conversation Intermediate Start date 8 February 24	4 - 5pm	Tuesday & Thursday
	Conversation Pre-Intermediate Start date 12 February 24	4 - 5pm	Monday & Wednesday
	Movements & Theater To start February 2024	10:30am - 12noon	Saturday
French	Beginner To start 10 February 2024	2:30- 4:30pm	Saturday
	Conversation Post Beginner Start date 10 February 2024	10:30am - 12noon	
	Conversation Intermediate Start date 5 February 2024	2:30 - 3:30pm	Monday & Thursday
Tamil	Spoken Beginner Start date 23 January 2024	9:30 - 10:30am	Tuesday & Friday
	Spoken Intermediate To Start February 2024	5:30 - 6:30pm	Tuesday & Friday
Sanskrit	Beginner To start March 2024	TBA	TBA
Hindi	Beginner February 2024	10:30am - 11:30am	Monday & Wednesday
German	A1.1 Beginner Start date 5 February 2024	9:30 - 11am	Monday & Wednesday
	German Elementary S&W Start date 6 th February 2024	4 - 5pm	Tuesday & Thursday
Spanish	Beginner Start date 24 January 2024	2:30 - 3:30pm	Monday & Wednesday
	Intermediate	2:30 - 4pm	Tuesday
Japanese	Beginner To start March 2024	TBA	TBA
Italian	Beginner Start date 7 February 2024	4 - 5pm	Wednesday & Friday
	Intermediate Start date 15 February	4 - 5.30 pm	Thursday

The Language Lab is open:
Monday - Saturday, 9am - 12pm & 2pm - 5pm

Location:
International Zone, after Unity Pavilion & Pump House.

Contact:
Phone: (0413) 2623 661, 2622467, +919843030355 Email:
info@aurovillelanguage.org

SPOKEN ENGLISH AND HINDI

Hi! My name is Ashwini and I have an experience of 20 years as a Spoken **English, Hindi, Kannada and Marathi** language trainer for all levels. If you are interested in learning one of the above languages either in oral or written form please contact me on my WhatsApp 8270512606.

TUTION GRADE 1-12

Tuition classes open for students from grade 1 to grade 12. Please contact on my WhatsApp 8270512606. Ashwini



CLASSES, WORKSHOPS & HEALING ARTS

MARTIAL ARTS - AUROVILLE AIKIDO NEWS



Auroville Aikido at AV Budokan (Dehashakti) is happy to share again their **Adults regular schedule for Beginners and others** (with N. Murugan and Surya) for interested people to join this beautiful and complete practice in the form of a Japanese martial art: every **Tuesday, Thursday, Saturday early morning from 6 to 7.30 am + Wednesday 5.15 to 6,30 pm.**

For **children classes** (with Surya, Philippe G. and Cristo) and **other info**, please contact us: budokan@auroville.org.in and 83001 89062 (Surya) - 99528 12843 (Murugan/WA) - 83006 43963 (Philippe/WA). Reasonable contributions required.

THEATRE WORKSHOP IN SHARNGA

29 TH FEBRUARY TO 9 MARCH 2024

Create and perform a Theatre Play

PROGRAM:

Dramatic techniques: relaxation, breathing, voice, diction, phrasing, body work (anchoring, engagement and presence, precision and simplicity, position in space, etc.), movements, silence...

Character development: attitude, walk, history, language.

Improvisations: exercises to build confidence, work on the imagination and letting go, exercises to develop the emotional state, work on listening (learning to be in the moment, looking for the solution in the other and in the group), individual and collective improvisations (free, thematic, with constraints).

Collective writing of scenes: discovery of some techniques of dramaturgical writing (situation, characters, trigger, reversal of situation, beginning, end. . .), creative brainstorming and script writing, improvisation from scripts and dialogues writing. Rehearsal and staging of the created scenes.

Presentation at the end of the course:

Presentation in front of the guests of your choice.

COACH:

Aubert has been staging several plays in Auroville (The King Stag, Black Comedy, and some improvisation shows). Last year, he gave a workshop for ten days in Pitanga. He is currently working on a short play about Upcycling with Orev and Veronese who will also participate in the workshop.



in 10 days !

Create and perform a short play of few scenes, from situations you will invent and characters you will build up to a final show.

DETAILS:

29th February to 9th March, except Sunday 2:30 to 6:30 pm

Sharnga Yoga Hall

Adults any level

8 participants minimum, 15 maximum Motivation and good mood required

Tel : **(+33)644224664** (Whatsapp only) Email :

aubertdefoy@yahoo.com

TAI CHI CLASSES BY PARK JISUNG

YANG STYLE TAI-CHI

16 FORM

Facilitated by Park Jiseong

Tai-Chi is the art of change.
Learning how to drive your energy.
Also called "Moving Zen"
Tai-chi is a mental & physical training method.

20 LESSONS from 4th of March

Every Mon, Wed, Fri 7AM-8AM

Register on 70943 39490 Town Hall Stage, Auroville

PITANGA



Program February 2024

DROP-IN CLASSES *Join without prior registration!*

Mondays

7:30am – 9am | **Asanas** with Rachel | All levels |
4:00pm – 5:00pm | **Biodynamic Deep Presence** with Mike S.
| All are welcome to join. | *Not on February 26*

Tuesdays

9 am – 10:30 am | **Iyengar Yoga for the Spine** | with Chloe |
All levels
3:30pm – 4:30pm | **Body-Music** with Anandi Z. | *All are
welcome to join.*

Wednesdays

7:30am – 9am | **Asanas** with Rachel | All levels |

Thursdays

4:30 – 5:30pm | **Aviva Exercise** with Suriya | For women |
Not on February 22
4:30 – 6:00pm | **Vocal Sound Healing** with Lola | All levels
5:00pm 6:30pm | **Restorative Yoga** | with Rachel | All levels

Fridays

6:45am – 8am | **Pranayama** with François & Namrita | *For
former "The Art of Living" course participants*
7:30am – 9am | **Asanas** with Rachel | All levels |
3:00pm – 4pm | **Reading of Savitri** with Patricia | *All are
welcome to join*
4:30pm – 5:30pm | **Reading of the Life Divine** | with Balvinder
| *All are welcome to join.*

5:15 – 6:15pm | **Feldenkrais class** with Shari | All levels
5:15pm - 6.45pm | **FOR GIVING LOVE** with Marie-Claire | A
weekly inner dialog to foster your own healing.

Saturdays

9:00am 10:30am | **Intermediate level Asana class** | with
Rachel | *Only intermediate students who are able to maintain a
stable Sirsasana and Sarvangasana*

11:00am -12:15pm | **ATB explorations** |with Isora, Rosario &
Teresa. | All are welcome to join | *Not on February 24*

4:30pm – 5:30pm | Body Music with Anandi Z. | All are
welcome to join

CLASSES with prior REGISTRATION

Please register in advance

3:00pm – 4:00pm | **Chinese tea ceremony** (Gongfu cha) |by
Chun | Do not wear any perfume on this day.

YOUTH ACTIVITIES

*These are ongoing educational programs and not intended
for drop-in students. If a child is interested, parents need to
talk to the teacher before bringing the child.*

No Teen Yoga with Lisbeth during the school holidays from 21.
-28. February. Restarts on 4. March

**No classes and no children activities with Gala
from 13. February to 15. March 2024**

HEALING SPACE — BY APPOINTMENT

- Acupuncture by Heidi (restarting on March 4) (*not from
Mon. 5th Feb. to Frid. 1st March*)
- Bio-Resonance (with Bi-Com machine) by Afsaneh
- Cranio Sacral by Anne H.
- Chiropractic by Afsaneh
- Thai Yoga Massage by Juan

NEW ACTIVITIES

Surya Namaskar with Adhithya



**Monday 4 - 9 March, Monday – Saturday, daily 1 hour from
8.30am to 9.30am**

Surya Namaskar is the ultimate exercise for the body, mind
and soul. In this course you will learn six different ways of
practicing Surya Namaskar.

Learn how this may help you to avoid catching a cold or to
remain calm in adverse conditions.

About the teacher: Adhithya was taught the yoga practice at
the age of 7 years by great Siddha Shri Chinmayapuree. While
working internationally as a Consultant, he has been practising
and teaching yoga for the last four decades wherever he goes.
At present he and his family are visiting Auroville.

The course has limited places.

Please register at Pitanga beforehand.

CHINESE TEA CEREMONY (GONGFU CHA)

offered by Chun

"Experience tea the way Chinese do"



Tea has been grown, drunk and cherished in China for
thousands of years.

In the Chinese tradition, drinking tea is more than just a
beverage. Chun offers you an experience into the world of
Chinese tea culture. This session is about experiencing a tea
ceremony and learning about tea and the deeper meaning of
its tradition and culture.

Places are limited for each session and can only be booked in
advance.

Drop-ins are not possible.

To experience the fragrance of tea it is essential that you do
not wear body perfume on the day.

Please register at Pitanga.

Every Saturday, from 3:00-4:00pm

HARMONIZATION OF BODY & SPIRIT

by Nadia Labiod

Any physical or mental unwellness begins in an instant, usually after a shock that we can call a triggering conflict.



Nadia's sessions are aimed at restoring the harmony of body and mind by creating a personalised, nutritional diet and accompanying the process by decoding the symptoms of physical, vital, emotional, mental and spiritual imbalance.

Nadia is a certified Naturopath (Lyon, France), which includes nutrition and psychology (among other fields).

Please register at Pitanga

Professional Training: Advanced Massage and Bodywork – part 1

with Shari



1st course: 11 March - 17 April 2024

Weekly twice, for 6 weeks

Mondays & Wednesdays, from 10 am - 1 pm

"We will be working on all levels of therapeutic massage and bodywork including anatomy, the body/ mind/ spirit as the vehicle for doing bodywork, intimacy and moving deeply into the essence of healing. This will include deep listening, integration, and loving/ compassionate touch.

We will explore techniques for treatment of specific conditions including the most often requested work on neck, shoulders, upper back, thoracic and lower back conditions and contraindications."

This is the first in a series of 4 courses with the intention of going deeply into what it means to be a successful professional in this field.

A Certificate of Completion will be offered at the end of the 4 courses. The class size is limited."

Please register beforehand with Shari.

Contribution requested."

Registration with Shari here: +91 73059 41614

New Yoga classes

with Rachel



"Restorative Yoga - all levels

Thursdays 5:00pm - 6:30pm

"Restorative poses and breath work help to calm and soothe the nervous system, improve sleep and reduce stress and anxiety as we open the body in a supported yoga practice. For new and continuing practitioners of all ages."

Starting on Thursdays, 15. February at 5:30pm

Intermediate Asana Class

Saturdays 9:00am-10:30am.

For regular practitioners who wish to deepen their practice. For those who have a good understanding of the basic yoga postures with consistent practice and are able to maintain a stable Sirsasana and Sarvangasana or their variations for at least 5 minutes.

Workshop Truth Based Relationships

Saturday 24 February, 2.15
pm – 4.15 pm



Practical Sessions

based on the Authentic Self Relationships Model by its author, psychologist Juan Andrés

Use the opportunity for conscious growth that all your relationships offer you in every day life.

First timers need to have previously explored the content at asrmodel.com

Please register at Pitanga in advance

If you wish to receive our program of activities by email, please write to us: info@pitanga.in

See you at Pitanga, with a smile !

Pitanga Cultural Centre
2622403 / WA 9443902403
info@pitanga.in

WRITING FROM WITHIN

Writing from Within is a session to learn how to use writing as a tool to get to know oneself, one's different sub-personalities, the unconscious strategies by which we sabotage ourselves but also the natural resources we have inside to overcome obstacles and evolve.



Many other creative writing exercises can also be practiced during the session, such as experimenting with sounds and rhythms of the words, rediscovering the innate talent of storytelling, reactivating lost creativity, exercising the inner muscle of imagination through memory, and much more.

Book a session with me writing at ijustwannawrite.email@gmail.com.

The sessions will take place at the European Pavilion.

Duration of the session: 1h30min.

Collective sessions cost: 350 Rupees per person; Individual sessions: 400 Rupees. For Aurovilians and Newcomers: free contribution.

I'm also available to give sessions in the schools.

Let's walk together the Path of Never Ending Education! The One that comes from Within.

If you want to know more about me, check my Vlog! "Just Wanna Write" at <https://www.youtube.com/@IJustWannaWrite-ht9qj/videos>

Or my blog <https://ijustwannawrite.com>

And let's keep up with the good writing!

Francesca

MINDFULNESS FOR STRESS REDUCTION (MBSR)



Mindfulness - half day retreat Sunday Feb 25th 2024 (9.30am-12.15pm)

This half-day retreat provides a chance for you to drop-in to yourself, to unplug from the stresses of everyday life, and shift from doing into being.

In this session we will focus on 'letting go' which is one of the foundational attitudes of mindfulness. As Lao Tzu says 'when I let go of what I am, I become what I might be.'

Participants will be guided through a series of practices (in either seated or lying position) along with some gentle movement practices.

It is suitable for everyone - those new to meditation as well as experienced meditators looking to deepen their practice, but places are limited.

Whatsapp Helen on **7094753054** to register. The session is hosted by JOI Anitya (a LEAD activity).

AUTHENTIC MOVEMENT WORKSHOP



Authentic Movement, Life/Art process®,
Danse du sensible & Sensorimotor drawing



Hall of light Creativity
Tuesday 4.30 – 6.30 pm from 20th Feb to 12th March
With Ambre Jaïa
Donations for Creativity
Contact : +918301885179/ whatsapp +33630018728
Please bring 2 sheets of A3 drawing paper and oily pastels

Movement connects sensations, emotions, images, memories... It allows us to explore our inner world and express it, becoming more aware of it. In Authentic movement, we dive into a deep exploration in movement, while an external witness offers us an unconditional and safe presence, making us feel truly seen and accepted (which may heal deep unsecure attachment wounds). Our inner witness also awakens. More alive and aware, we are able to gather precious insights along our "movement in depth". In Life/art process®, we connect our dances with personal or collective life's issues. Our dances become rites of passage for powerful transformations, and boosters for our creativity! Danse du sensible is a fine way to become more embodied and sensitive to our sensorial life. In Sensorimotor drawing, we draw with both hands, eyes closed, listening to the inner impulses of our physical and emotional body, letting then these impulses become visible on the paper. We use this practice to balance our nervous system and become attuned listeners of the hidden messages of our body. Each session will weave one or two of these modalities.

HEALTH FOR EVERYONE

Shiatsu Practising Hours -

Time to deepen your learning of meridians, give and receive SHIATSU. An Art of Touch for Health and Happiness! During these regular Shiatsu training hours in the month of February and more to come, we will mainly focus on the practical aspects of the Shiatsu Art of Touch. According to the need of the participants, we will include a brief look into the extensive theory of Shiatsu as well.

This is a good time for those who enjoyed the Study of Shiatsu and wish to practise and deepen with additional inspirations in a supportive environment as well as for those without prior experience who would like to simply get a free feel of this specific Shiatsu-Touch, characterised by „intentionless intention“.

We are looking forward to hearing about your coming as well as hearing your questions, wishes, aspirations. Contributions required for ensuring future seminars. Kindly give whatever your heart tells you to.

Wednesdays, 7 - 9 am during the month of February at Budokan, Aikido Hall, Dehashakti

Do contact Ulrike Urvasi at shiatsuindia@gmail.com or **9751513906** (WA, Signal, Telegram) for necessary registration or questions.

CONSCIOUS NATURE IMMERSION AT MAHAKALI PARK

About the Park: MahaKali Park is one of the 4 parks of Auroville, which is developed as a place for holistic awareness and self-development through nature. We guide you into an educational and meditative walk in the forest. The historical experience of green spaces in the specific context of Auroville have led to a unique understanding of holistic ecology. Providing a space for a direct connection with the organic "web of life" brings, in turn, insights for our self-study and yoga of work.



When: Every Wednesday and Sunday

Contributions: Accepted for the management of the site.

Clothing: Be adequately clad to prevent mosquito bites. You may also carry mosquito repellents.

Venue: Meeting point at Révélation's main gate 5-10 min before the time of the session (Search for "Revelation Forest" on Google Maps)

Contact: Vignesh +91 9620493716

Please note: The park is not yet accessible without our supervision, Thank you for your understanding!

Gmap link: [Revelation forest Auroville](#)

DEEP SOUND BATH IN CREATIVITY

TIBETAN BOWLS

Hall of Light
CREATIVITY community

Every Friday
from 5 to 6:30 PM

Starting from 17th November



There will be a LIGHT massage by the Tibetan Bowls.

Lie down, relax, simply allow yourself to experience the ancient sound from the Tibetans bowls.

The practise produce a soothing sound believed to have a powerful effect in the body's energy system, helping to balance the chakras and promote healing.

"If we accept that sound is vibration and we know that vibration touches every part of our physical being, then we understand that sound is heard not only through our ears but through every cell in our bodies. One reason sound heals on a physical level is because it so deeply touches and transforms us on the emotional and spiritual planes."

Drop in the Hall, no reservation needed.

Please arrive 10 minutes before.

Guest 600 rs / Volunteer 300 rs

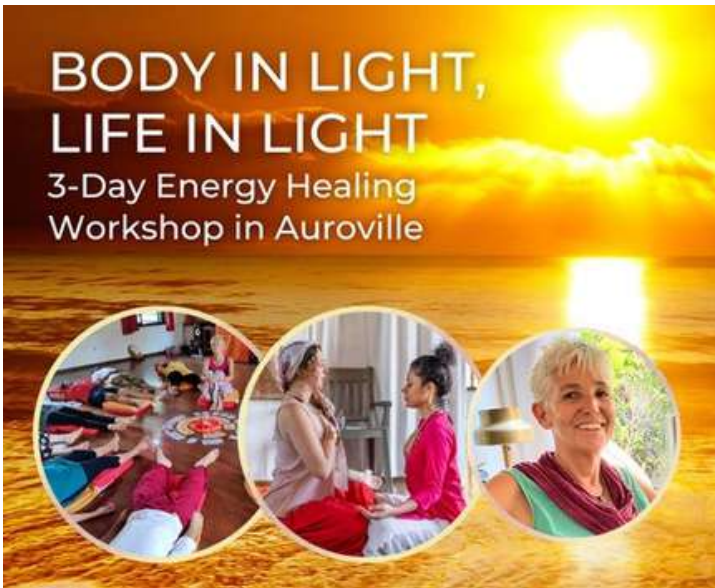
Aurovilians and Newcomers, conscious contribution

Sathyayuga

WA +917639761930

BODY IN LIGHT, LIFE IN LIGHT: ENERGY HEALING WORKSHOP

MARCH 1, 2, 3 (9AM-5PM), IN AUROVILLE.



In this 3-day workshop we explore with joy the 3 paths to ascension:

- Healing old pains, patterns and programming
- Aligning to your Divine Essence
- Tuning into mystical moments of realization by stepping into the frequency of the four powers of the Divine Mother: Wisdom, Harmony, Strength & Creation

Dive into powerful techniques for self-healing, and explore Fundamentals, Principles and Universal Laws of energy healing.

Location: Bhumika Hall, Bharat Nivas, Auroville.

Facilitator: Sandhya, Energy Healer & Teacher since 25 years.

Register now: contact@auroville-jiva.com, or WhatsApp: +91 94436 19403.

AUROMODE YOGA SPACE
MARCH 2024 SCHEDULE



Registrations are a must for all the program.

Email or WA us, to know about the fees structure and other details.

Contact – email – balaganesh.siva@gmail.com & WA(only) +91 98926 99804

Day	Time	Description
Monday to Friday	10 00 am to 11 00 am	Mobility with Karalakattai–Classes from March 1
Every Friday	5 30 pm to 7 00 pm	Vinyasa Flow Asanas
Every Saturday	5 30 pm to 7 00 pm	Vinyasa Flow Asanas
Every Sunday	5 30 pm to 7 00 pm	Vinyasa Flow Asanas
March 1 to 22, 2024	Morning and evening	200 hr Hatha/ Vinyasa / Vinyasa flow Yoga TTC intensive
March 1 to 29, 2024	Morning and evening	300 hr Hatha Vinyasa / Vinyasa flow Yoga TTC intensive

Vinyasa flow with Bala :

Vinyasa Flow yoga is a style of yoga that emphasizes the coordination of breath and movement. It is a dynamic and fluid practice that links various yoga poses together in a sequence, creating a continuous flow of postures. Vinyasa Flow classes can vary in intensity and pace, making them accessible to practitioners of different levels.

Date and Time :

Every Friday - 5 30 pm to 7 00 pm
Every Saturday - 5 30 pm to 7 00 pm
Every Sunday -5 30 pm to 7 00 pm



Mobility with Karalakattai: Monday to Friday - 10am to 11am:

Ready to enhance your flexibility and mobility? Karalakattai, a traditional Indian wooden tool, might just be the key! Used for centuries in Tamil Nadu, Karalakattai is a simple yet effective aid for improving joint mobility and overall flexibility. Join us every day to improve your overall posture correction.

Auroville Yoga 200 hr TTC schedule:

200 hours-22 days- March 1 to 22, 2024

Timing - 6 30 am to 9 30 am - 3 30 pm to 7 00 pm

Daily Hatha & Vinyasa flow yoga sessions along with Pranayama, Meditation, Kriyas.

Yoga Philosophy of Patanjali and other texts.

Sequencing skills, subtle anatomy, mantra chanting

Not just Asanas, but a complete lifestyle experience in the International town of Auroville.

Discover the joy of a disciplined, sustainable & injury free self practise and gain tools to teach others.

Introduction to Kalaripayatu, Animal flow,

Sound healing, Karma Yoga and more.

Internationally recognised Yoga Alliance,USA accredited Certification.

Auroville Yoga 200 hr TTC schedule:

200 hours-29 days- March 1 to 29, 2024

Timing - 6 30 am to 9 30 am - 3 30 pm to 7 00 pm

Join us to deepen your yoga practice.

Internationally recognised Yoga Alliance,USA accredited Certification.

Auroville Yoga 200 hr TTC schedule

Timing - 6 30 am to 9 30 am - 3 30 pm to 7 00 pm

Daily Hatha & Vinyasa flow yoga sessions along with Pranayama, Meditation, Kriyas.

Yoga Philosophy of Patanjali and other texts.

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Internationally recognised Yoga Alliance,USA accredited Certification.

200 hours-22 days- March 1 to 22, 2024

Contact -balaganesh.siva@gmail.com/WA + 91 98926 99804

BASICS OF ASTRONOMY, AN ONLINE EVENT

Did you know that every planet and star you see in the night sky has a story, and you're connected to it? We're literally made of star dust! And ever wondered how to identify those Stars and define your place in the Universe? Join me as we explore the basics of Astronomy, and learn to spot your Zodiacal Sign in the night sky.

Join me online on **Sunday, 25th Feb at 7pm** India time.

Register: <https://www.allthingsvedic.in/webinar-registration>

Regards

Vikram D.

allthingsvedic.in

Did you know that **every planet and star** you see in the night sky has a story, and you're connected to it? We're literally made of star dust! And ever wondered how to **identify those Stars** and **define your place** in the Universe?

Join me as we explore the **basics of Astronomy**, and learn to spot your Zodiacal Sign in the night sky!

Mark your calendar!
Sunday, 25th Feb at 7pm India time
allthingsvedic.in/webinar-registration

YOGA SCHOOL WITH SITARA AND MUNAY-KI

SITARA AND MUNAY-KI
 YOGA SCHOOL

2 months
TEACHER TRAINING
 11 March - 12 May

ASANAS
 PRANAYAMA
 MEDITATION
 SOUND HEALING
 SHAMANIC JOURNEYS
 THE WISDOM OF THE CHAKRAS

Contact
 WhatsApp +393288181300
 gp@auroville.org.in

Under Auroville Art Service

ELEMENTAL ORIENTAL DANCE WORKSHOP

If you feel curious to discover how the elements and our body movements are connected, this will be a space to explore together.

We will move with the guidings of oriental dance holding the intention of the embodiment of 5 elements Earth, Water, Fire, Air, Ether, and the chakras.

Only open minds and hearts are required, open to all!

27th Feb Tuesday 09:30-11:30
 Hall of Light, Creativity Community
 Please save your space beforehand
 Seza +90533 3501030

wish you a beautiful week ahead
 Love
 Seza

elemental
 oriental
 dance
 workshop

27th February Tuesday
 09:30 - 11:30
 Hall of Light
 Creativity Community

TAI CHI HALL @ SHARNGA

INNER WAY TAI CHI SCHOOL

TAI CHI HALL in Sharnga
 Presents

THE ART OF CHI - Stevanovitch's method



TAI CHI CHUAN INTENSIVE FEB 12 to March 2

Monday to Saturday, 7.30 - 10.30 am

Beginners: Chi and Tai Chi basics
 Three weeks, three steps through the discovery of the Chi work and the 24 posture form.

Lead by Krishna, the work is essentially directed towards:
 Concentration techniques to stay focused
 Mastery of the body through breathing and muscular relaxation;
 Improvement of movement through balance and coordination;
 Learning to mobilize Chi. First perceiving it, then guiding it in one's body with the use of three factors: will, imagination and muscular activity.

This is a recreational activity

For information and booking contact Krishna at 0413 - 2623187
taichi@auroville.org.in / taichi.auroville.org / www.artduchi.com

SERENDIPITY ACTIVITIES & THERAPIES

(Ex. Joy Community in front of Center GH)

Center Field, Auroville - 605101, TN, India

Mobile/Whatsapp: +91 9385623342

Email: serendipityauroville@gmail.com

<https://serendipity.auroville.org>

<https://www.facebook.com/serendipityauroville>



Flow of Stillness & Movement: An Expressive Arts Workshop

by Anjali Alloria

(Intermodal Expressive Arts Practitioner)

Are you looking to connect deeper with your inner rhythms of stillness and movement to discover how it can support you?

Join us for an exploration of how the arts modalities of drawing, painting, writing, movement, music, mindfulness and connection to nature can support you with this flow.

No prior art experience required. All materials will be provided.

Date: **Saturday, 24th Feb**

Time: **10am to 12pm**

Location: Serendipity Guest house (opp. Center GH)

EXPRESSIVE ARTS WORKSHOP

Flow of
STILLNESS & MOVEMENT

An exploration using arts, mindfulness, creative writing, poetry, music, movement and nature

24 FEBRUARY

SATURDAY
10:00 AM - 12:00 PM

Open to anyone interested in exploring with different art modalities.
No prior art experience required. All materials will be provided.

By Anjali Alloria
(Expressive Arts Practitioner)
WhatsApp +919560026678

At Serendipity Guesthouse
(Next to Center Guesthouse)

AUTHENTIC RELATING WORKSHOPS

AUTHENTIC RELATING WORKSHOPS

Every week different theme



Do you desire to go beyond the surface & connect deeply & authentically with others in a safe, heart-centered environment?

JOIN US IN THE HALL OF LIGHT, CREATIVITY EVERY THURSDAY FROM JAN 11TH TO MARCH 14TH 9:15AM-12:15PM

Open to all



Guests ₹500

+918098503386



+919489244823



AV, NC & SAVI discounts available

VÉRITÉ WORKSHOPS

Pre-registration required

Please contact Verite @

0413 2622045, 2622606, 9363624083 or

programming@verite.in, www.verite.in



Prana Yoga: Tuning Life Energy with Ananda

Friday, Saturday & Sunday, 23, 24 & 25 February, 9:15am – 4.45pm

Prana is the universal life energy. Yoga is tuning body-mind-spirit to wholeness. Prana Yoga is based on Hatha yoga, Pranayama, Meditations & Siddha. Through conscious postures, breathing, movement & stillness open the self-enhancing, transforming, healing, grounding & tuning the energy flow to detox, rejuvenate the body-mind-energy, build immunity, enhance sensitivity, perception, expand awareness, enrich self-healing, and open to higher states of consciousness.

Yoga Therapy for Back Pain – with Bijou

Friday, February 23, 9:15am – 12:00pm

Stretches, holds and strengthening asanas for the back with crucial attention to right posture, breath, and individual attention to body type to rejuvenate the muscles and alignment of the back muscles and spine. Helps relieve back pains and condition the back against future injuries.

Sivananda Yoga: Masterclass – with Mani

Friday, February 24, 9:15am – 12:00pm

A classic Sivananda session, including basic pranayama (breathing) and Surya namaskar (sun salutation), designed to massage and rejuvenate the entire spine, with rhythmic alternation between effort and relaxation to balance the nervous system and prepare it for the final guided relaxation.

Understanding Pranayama & its Practice in Asanas & Meditation – with Radhika

Thursday, February 29, 9:15am – 12:00pm

Pranayama is a system of breathing techniques that helps us to harness the power of our life energy. In this workshop we will focus our attention on pranayama and discover the effect of various techniques on our breath. We will explore different pranayama practices, using some of these in a sequence of asanas and maintain observation of our breath in a guided meditation.

Sivananda Yoga: Masterclass – with Mani

Saturday, March 2, 9:15am – 12:00pm

A classic Sivananda session, including basic pranayama (breathing) and Surya namaskar (sun salutation), designed to massage and rejuvenate the entire spine, with rhythmic alternation between effort and relaxation to balance the nervous system and prepare it for the final guided relaxation.

Food is Medicine - Lifestyle Health Practice – with Parvathi

Saturday, March 2, 2:00pm – 4:30pm

Learn about your body constitution (Tridosa), and the importance of plant foods, spices and lifestyle practices to benefit your particular constitution. There will also be a demonstration of the proper way to make an herbal decoction/ infusion tea.

ANNOUNCEMENT

TASTE OF YOGA at Verite Integral Learning Centre

Hours: Monday-Saturday, 8:30am – 12:00pm, 1:00 pm - 4:30pm

Verite is happy to announce the opening of "A Taste of Yoga", offering a simple, quiet space to read, reflect and nourish oneself. Delectably healthful snacks, treats & drinks (all free from animal products, caffeine, and added sugars) have been designed with utmost care to promote overall well-being. Selected reading materials relating to Integral Yoga, health, and conscious evolution are available to uplift and nourish the mind.



Taste of Yoga offers a simple, quiet space to read, reflect and nourish oneself. Delicious healthful snacks, treats & drinks (all free from animal products, gluten, caffeine, and added sugars) have been designed with utmost care, integrating sattvic principles to promote overall well-being.

KARMA YOGA BY VERITE

KARMA YOGA LEARNING BY DOING

Join the Taste of Yoga team to serve wholesome, vegan food, desserts & beverages!

VOLUNTEER HOURS

Monday to Saturday

8:30 am to 12:30 pm

or

1:30 pm to 5:30 pm

Minimum 1 month

WHAT WE OFFER

- Learn the art & science of cafe management
- Develop your accounting, housekeeping & communication skills.
- Refreshments
- Access to a yoga class

📍 Verité Integral Learning Center, Auroville 📧 cafe.vilce@gmail.com

VASTU DARSHANA - THE INDIC PERSPECTIVE COURSE

We are happy to announce an introductory course, vAstu Darshana in Auroville. vAstu is the oldest living system of architecture, dating back to the Vedic period, over 3000 years ago. The course pedagogy is designed to include theory, self-reflective exercises and interactive group dialogues during the sessions.

Dates: 14th to 17th March (All 4 days are compulsory to attend)

Time: 9am- 5pm

The course will have additional evening sessions which will include a visit to the 1000 years old Irumbai Shiva temple and screening of the 1991 award winning documentary, 'vAstu Marabu: The Shilpi Speaks'.

ard winning documentary, 'vAstu Marabu: The Shilpi Speaks'.

To know more details about the course and to register, please follow the link <http://tinyurl.com/vastudarshanaregistration> and in case of any questions please write an email to vastu@ritambhara.in

Please note that prior registration is required.

Ritambhara
vAstu Darshana - The Indic Perspective, Course in Auroville

DATES : March 14th - 17th, 2024
TIME : 9am - 5pm

A 4 days beginner's course on vAstu, the oldest living system of Architecture that ties space, energy and design, dating back to the Vedic period i.e. over 3000 years ago.

FACILITATORS : Ar. Chandana Reddy, Ar. Radhika Soni & Ar. Shivangi Gadia
Ar. Sashikala Ananth will be joining online

<http://tinyurl.com/vastudarshanaregistration>

For registrations please follow the link or mail us at vastu@ritambhara.org.in

BANSURI FLUTE CLASSES

The Sound of Bamboo Various Styles of the Indian Flute



Bansuri (Flute) Group Classes With Michael Kalabhumi Music Studio

Every Friday (Beginner: 11am-12pm, Advanced: 12pm-1pm)

Drop in is possible at any time, flutes available to borrow or buy.

Contribution:

- Aurovilians, NCs, Volunteers & Local Villagers: Free donation
- Guests: 500 INR

More Info: www.the-sound-of-bamboo.com

To Donate: <https://pay.auroville.org/divine-arts>

Learn More About Divine Arts:

<https://auroville.org/page/divine-arts>

About Divine Arts:

<https://auroville.org/page/divine-arts>

ACTIVITIES & EVENTS

AUROVILLE: ONE DAY & HALF DAY TOURS

Explore Auroville like never before. We will explore community life from different angles and multiple viewpoints.

We will embark on a journey to see how a community runs, in general and what makes Auroville, a spiritual community or a living Utopia and its aim to constant progress and growth. Come and spend a day with us.

Pre - Registration is required.



Contact us to know more details:
youthlink@auroville.org.in or WA: +91 85248 25120

Here is the link for the itinerary, fee and other important details:
https://drive.google.com/drive/folders/1tGQN BGltSxZKGulnpwhQTPNaUIAJomDU?usp=drive_link or please scan this code to know more:



YOUTH CENTER: CALL FOR COMMUNITY

"The Youth Center wishes to organize Auroville's birthday on February 28th at the Youth Center. In order to celebrate it together we would like to offer pizzas with other dishes, but to make that possible and in view of the current situation,

we need financial support and food products such as veggies, Maida, cheese, syrup, sweets, etc.

Please pass by Youth Center in any weekdays morning and give us a call **7598581908** Aurore (Fertile)

[youthcenterauroville](https://www.instagram.com/youthcenterauroville)

**COME ENJOY PIZZA AT THE YOUTH CENTER!
 FRIDAYS, SATURDAYS AND SUNDAYS!**

Youth Center Auroville

Come join our **Pizzeria**

Savor the best pizza at Youth Center! We craft delectable Italian inspired flavours right here in Auroville.

FRI - SAT - SUN

START AT
07:00 pm - 09:00pm

YOUTH CENTER
Auroville

Friday-Saturday Open to all Sunday exclusive only for pre-register groups

STAY TUNED

YOUTH CENTER SUNDAY EXPRESS

NEW EVENT!

Youth Center Sunday Express

from 5:30 - 9:00PM

Book your group slot with us and come with your friends and family for an unforgettable evening of fun, food, music. Enjoy a guided tour around YC, learn to make your own pizza & enjoy it!

Let's Sunday together!!

Call: 9152275335
[youthcenterauroville](https://www.instagram.com/youthcenterauroville)

EDIBLE WEEDS WALKS

We are right on the last month of the Edible Weed Walk season. In March - we will have 5 sessions on Saturdays before we close the season: **2, 9, 16, 23, and 30 March 2024**. You can join one or more.

To join, please do not wait for the last moment. We receive requests after the registration closes and sometimes even early in the morning of the walk. Do plan and register early.

The walk will be on Saturdays at an easily accessible location within Auroville. It will be guided along with the Edible Weeds coloring book. If you don't have a copy of the book, you will be able to borrow one during the walk.

Edible Weed Walk @ NinaS

EDIBLE WEED WALKS ON SATURDAYS IN MARCH

Edible Weeds and More Growing in Auroville

Don't wait till the last moment to register

Next Dates:
March 2024: 2, 9, 16, 23, 30

Scan for the book

WhatsApp +91 98409 36907 or
 Email: edibleweedwalk@gmail.com

RUPHAVATI JOY ACTIVITIES

BIO-REGION TEMPLE TOUR

Interested in learning more about the religious heritage in and around the bio-region?

Come take a guided tour of temples around the bio-region.

Starting point from Solar Kitchen.

Can be scheduled anytime throughout the week.

Please contact in advance for more information and booking: 8098845200



SOUTH-INDIAN CUISINE - COOKING CLASS

Learn to cook some delicious delicacies of south India with Rupavathi.

Monday to Saturday between 10AM and 5PM

at creativity.

Please book sessions in advance.



THAI MASSAGE

Monday - Saturday between 9AM and 5PM

To book massage sessions or for more information, please contact personally.

TAILORING

We can tailor and customise any kinds of dresses, sari-blouses and kurtas.

For any of the above services, contact information below:

Phone/WhatsApp - 8098845200

Email - rupavathijoy@gmail.com

FEEL THE VIBE AT CRIPA - AUROVILLE

JOIN US TO FEEL THE VIBE OF MUSIC AND DANCE PERFORMANCE BY AUROVILLE YOUTH.

FEEL THE VIBE
Cripa - Auroville
MUSIC & DANCE PERFORMANCE

16 March
SATURDAY
7:30PM

With Ananya - Maeva - Dhiman Max - Iam Wui - Simran - Leela - Moeni - Mohini Raquel - Juan Andres - Varun - Anushka

AUROOMCHARD

AuroOrchard

Volunteer and learn farming hands-on!

AuroOrchard is the oldest and one of the largest farms in Auroville, contributing significantly to the food needs of the community.

Join us to learn to work with the soil, plants and food while sharing with a diverse group of people. We offer breakfast made with farm produce.

TO JOIN US, PLEASE CONTACT US
EMAIL: auroorchard@auroville.org.in
WHATSAPP: 9566631079 (Nidhin)

EMAIL: auroorchard@auroville.org.in /
WHATSAPP: +91 9566631079 (Nidhin)

FOOD FOREST TOUR

www.myfoodforest.info / myfoodforestgarden@gmail.com

FOOD FOREST TOUR

I welcome you to a tour through my permaculture garden! We will take a look at local foods and you will get an idea on how to start growing your own food.

Come and connect with nature and learn about healthy and sustainable food options

This tour includes a **MINI-RAW-FOOD-WORKSHOP** where we will harvest herbs, fruits and flowers to prepare some delicious **VEGAN ICE CREAMS** and more...

EVERY SUNDAY from 9:30 to 11:30
at La Ferme Community (5min from AV Bakery)

Sign up and infos whatsapp Sarah 9047421044

www.myfoodforest.info
myfoodforestgarden@gmail.com

KULAI CREATIVE CENTRE

Contact: kulaicreativecentre@auroville.org.in;

kulaicreativecentre.auroville@gmail.com

WhatsApp: + 91-8608473385 / 9843195290



செயல்பாடு ACTIVITY	நாள் DAY	நேரம் TIMING	பெரியவர்கள் மற்றும் குழந்தைகள் FOR CHILDREN & ADULT	வயது வரம்பு AGE GROUP (ONLY 10 TO 20 STUDENTS PER GROUP)
ஆங்கில வகுப்பு ENGLISH CLASS	MONDAY, TUESDAY AND THURSDAY	10 AM TO 12 PM	FREE	ABOVE 15 years
சைத்யல் செயல்பாடு TAILORING ACTIVITY	MONDAY, TUESDAY & FRIDAY	11 AM TO 1 PM AND 2 PM TO 4PM	FREE	ABOVE 15 years
மாலை நேர வகுப்பு EVENING TUITION CLASSES	MONDAY TO SATURDAY	6 PM TO 8PM	FREE	From 1 st Grade to 10 th Grade
உடற்பயிற்சி PHYSICAL FITNESS ஒலிப்பம் - PAINTING யின் சுழற்சி RECYCLING ஒலிப்பம்-HIP-HOP உடல் மூலம் விழிப்புணர்வு - AWARENESS THROUGH BODY	SATURDAY	9AM TO 5 PM	FREE	ABOVE 5 years
பரத நாட்டியம் - BHARATHA NAATTYAM கராட்டே - KARATE தோட்ட வேலை - GARDENING ஒலிப்பம்-HIP-HOP வினாக்கள் - Q&A	SUNDAY	10AM TO 4 PM	FREE	ABOVE 5 years

Please click [HERE](#) to see the program in full or scan QR code:



Keep supporting us!

For your kind donations...

<https://aviusa.org/?form=Kuilai>

<https://auroville.org/page/donate-from-india>

From Auroville: 240051- Kuilai Creative Centre Collection Protection, Auroville, India - 605101,

Contact: +91-9843195290 / 8608473385

kuilaicreativecentre.auroville@gmail.com

CHANTING CLASS - SERENDIPITY

Traditional Mantras & Stotras Chanting Classes
 at Serendipity Community
 Thursday 9:00 AM (drop-in class)
 Friday 5:00 PM (regular class)
 with Sonia Novaes
 Email: serendipityauroville@gmail.com / WA: +91 8940288090

AUROVILLE BOTANICAL GARDEN

From the 20th of December to the 20th of March 2024
Come walk with us!
 Guided Garden Tour
 Auroville Botanical Gardens
 Wednesdays and Fridays - 9.30 am (about 1 1/2 hour walk)
 Be on time - Bring your water bottle and a hat - Meeting point at BG Kitchen
 Please send us an email to: avbgtours@gmail.com to book your walk

FOODS, GOODS & SERVICES

BOOKS GIVEAWAY AT AUROVILLE LIBRARY

Dear community,

Auroville Library will be giving away books by Sri Aurobindo, The Mother and their disciples from February 21st through (at least) March 2nd. Most are in English and French, with a few in other languages. Also available will be books about Auroville. Please pass by during our opening hours to have a look.

If you have some related books at home that you would like to pass on to others, welcome to add them to our giveaway.

Auroville Library

Phone: 0413 2622 894

Email: avlib@auroville.org.in



AUROVILLE LIBRARY TIMINGS

Auroville Library opening timings:

Mon - Sat: 9am - 12.30pm

Mon, Wed, Thurs, Fri & Sat: 2pm - 4.30pm

Tues: 4pm - 6.30pm



Every Saturday between 10am -11am: **Children's storytime!**

STUDIO BASED ART THERAPY AND COUNCELING

tialovesart@gmail.com / www.createandtransform.org

STUDIO BASED ART THERAPY AND COUNSELING

individual * group * family

a service under MAATRAM



Therapy can be creative and non-threatening for help with:

- Anxiety
- Depression
- Trauma
- Life Issues

Trauma Informed Art Therapy & Counseling:

- Client Centered,
- Strength Based,
- Solution Focused,
- Incorporating CBT and a creative, eclectic tool box.



Tia Pleiman, MA, ATR, NCC, LPC

tialovesart@gmail.com

www.createandtransform.org

WA 7094007610

Aurelec, Kuilapalayam, Auroville

ECO FEMME OPEN HOUSE

ECO FEMME OPEN HOUSE

Every Thursday morning from 10:30 AM



Dear friends,

Join our open house at our office in Auroshilpam every **Thursday morning at 10:30 AM till 12 AM.**

Come and learn about:

- Sustainable menstrual products (cloth pads, cups and period panties),
- Menstrual cycle awareness and,
- Our not-for-profit work.

You can also pick up discounted cloth pads, cups, period panties and cloth nappies.

See you soon!

The Eco Femme Team

REPAIR OF AIR CONDITIONERS, FRIDGES, WASHING MACHINES AND APPLIANCES

Loganathan working at Mahasaraswati Shop (near PTPS, Aspiration area) is a long term Aurovilian that has gained a lot of knowhow through looking after and repairing all kinds of machines. He happily repairs your machines and appliances.

You may contact him via phone

/ SMS or whatsapp

+91 94434 93025



SURABHI SUPPLIES

Dear Auroville Community,

Surabhi Supplies is dedicated to aiding individual community members, units, and projects in **acquiring a wide range of materials and equipment**, including but not limited to construction supplies, appliances, machinery, and more.

Our service offers several advantages to the community, such as **reduced prices** achieved through **bulk purchases** and **volume-based discounts**. We have established strong partnerships with various manufacturers and dealers who share our commitment to advancing Auroville's development.

Our primary goal is to streamline the procurement process for everyone, thus saving valuable time, energy, and costs while providing a high level of service to the community.

If you have any inquiries, please don't hesitate to reach out to us at:

Email: surabhisupplies@auroville.org.in

Phone: +91 98438 46458 (WhatsApp/Call)

Sincerely,
Surabhi Supplies

RAPID CARE SERVICES RCS

Dear Residents,

We are happy to announce that **Rapid Care Services** have successfully completed one year. We began operations in December 2022.

It has now been one year since we began serving the community. We take this opportunity to thank all the people who believed in us.

The support offered and shown by our customers played a big role in our growth.

For celebrating our anniversary, we would like to work on a discount basis in our service charges than we usually do for the entire month of December.

To avail this offer kindly take a look at all the work that we offer. Please reach out to us for any enquiries that need our assistance to fix your home or any infrastructure.

Look forward to your continued use of our services in the future.

Our Services:

- Carpentry
- Masonry - renovations and remodulation
- Plumbing
- Aluminum channel work
- Electrical
- Steel Fabrication work
- Painting - Interior, Exterior, Floor Waxing, Powder coating,
- Insect Treatment
- Fencing
- Washing machine repair & installation,
- A/c repair and installation,
- Inverter repair and installation,
- Dth repair and installation and
- Furniture purchase assistance

Our Works - https://drive.google.com/drive/folders/1Y-nz_nyWpX9_3NU--wgwcZcgS0bRqEBa

Best regards,
Balaji & Arun for Rapid Care

Contact: + 91 8270071581 / +91 7639810621

Email : rapidcare@auroville.org.in ,
rcsrapidcareservice@gmail.com

Instagram - <https://instagram.com/rapidcare1?igshid=MmVIMjlkMTBhMg==>

AIRCON CLEAN OFFERS COMPREHENSIVE AIR CONDITIONER CLEANING SERVICE KNOWN AS "JET SERVICE".



The Jet Service includes not only the filter cleaning but also indoor cooling coils, blades, and blower wheels, indoor cooler drain tray cleaning and outdoor unit with AC jet pump.

After a cleaning service your air is fresh and healthy, reducing sickness and helping you live a healthier life.

Save up to 30% power usage with a regular cleaning service.

Contact **AIRCON CLEAN** now at 9786809518 or email us at airconclean.av@gmail.com

Regards, Julien.

SOLITUDE FARM - 2024

Farm



Solitude has a small farm shop which is stocked daily with fresh seasonal produce.

There are also some ayurvedic powders such as giloy or guava leaf and also chilli powder, turmeric, pickles and dried flowers. Solitude also runs a C.S.A. fruits and vegetables basket service where people sign up in advance for a basket of seasonal produce.

- Papayas
- Assamese giant lemons
- Pineapple
- Plantain
- Bananas
- Wild spinach
- Wild salad greens
- Sundakkai
- Banana stem
- Banana flower

Cafe

The cafe runs from Monday to Saturday serving a local food vegan thali.

We also serve farm salads, smoothies, desserts, vegan coffee etc...

The cafe runs a lunch scheme.

Education

Solitude farm runs mini permaculture workshops during the week (Wednesdays and Fridays) and longer weekend workshops on a monthly basis. Pricing is flexible for Aurovillians.

Tour

Every Saturday we offer a free tour of the farm sharing the narrative and philosophy in practice of how a food forest can emerge through natural farming and permaculture.

Volunteers

Solitude Farm is happy to welcome volunteers.

Timings 8:00 am -12:30 pm

We offer breakfast, tea and lunch.

Opportunities

Solitude Farm Cafe is looking for a serious person to manage the POS and accounts, stock, excels etc for the cafe and farm. Replying to emails and calls.

Solitude Farm is looking for people to help with the educational workshops.

To find out more:

email: solitudepermaculture@gmail.com

whatsapp: 9843319260

Solitude farm & café
Auroville



Solitude Farm

WE CAN HELP TO FIX ALL YOUR BROKEN ITEMS

New Waves, a unit registered under Kattidakali Trust located in Aurelec Premises, Prayogashala, Auroville is offering the services of **PCB Assembly, SMD soldering, de-soldering and minor repair of appliances.**

The unit can also undertake sub-contract of your production work on job work basis.

If you have any requirements, please contact Dhandapani, Executive at 0413-2622295,

Mobile 9443090082 / 8098193820 or via e-mail to newwaves@auroville.org.in



LIGHT FISH: PHOTOGRAPHY STUDIO

sales@light-fish.com

LiGHT FiSH
Studio
Aurelec

PHOTOGRAPHY
Services

Fashion Photography
Product Photography
Food Photography
Architectural Photography

phone: 8279300821
sales@light-fish.com

TAXI SHARE



FROM AUROVILLE TO CHENNAI 29 FEB - 9:30PM

Request for passengers to share prebooked taxi (ITS) to Chennai Airport, **Thursday 29th Feb leaving Auroville 9:30pm (21:30).**

Michael 9894689863, W/app:
+44 7719 743162

FROM AUROVILLE TO CHENNAI 29 FEB - 3:00PM

I am willing to share a taxi from Auroville to Chennai airport on **Thursday the 29th February 2024.**

Departure from Center Guest House 3 pm (15.00)

Please contact me laetitia.crahay@gmail.com

Or sms +91 994 02 65867

Happy to share with you! Thanks! Leela

AVAILABLE

ROYAL ENFIELD HIMALAYAN AVAILABLE

It is a 411cc ABS, from dec 2017, only 10700km. Yearly service @ Royal Enfield Pondi done one week ago. The bike is mostly unused for years. It comes with leg/engine protection, rack frame, bag holder and 36L rigid top case. Full docs available.



For further info contact me @ +91 8531913298 Andrea

ITEMS TO SELL

- **3-sections dividing panel** (each section: cm. 185x48) made by Shradanjali (wood+parchment paper decorated with leaves), like new. Photo available on whatsapp.
- **"The Mahabharata"** translated by K.M. Ganguli, 12 volumes

Contact: Paola +39 3388349491; +91 9486422138; 2622138

TO OFFER

OFFERING MY SKILLS AS A GIFT

Dear All,

Once again to keep the circle of gift going I would like to offer my abundant skills as a gift.

I would love to meet on a one on one basis to share my lived experience in any of the below mentioned themes or more listed in this link

- do boundaries lead to a boundless intimate/ romantic relationship
- creating and sustaining online communities
- slow- flow community funds to shift the scarcity around money
- understanding death and fears around it
- zero waste lifestyle in daily life
- minimalism and how to get started
- slow travel/ living and the benefits it may have

Thank you for reading and reaching out.

Love,

Deepa

stigmatad@gmail.com

(more on my skills: <https://tinyurl.com/v9nwba2>)

FRENCH NEWS & NOTES

NOUVELLES D'AUROVILLE



Auro-Traductions

Click [here](#) to read the **French News&Notes** or
Scan the QR code:



Auroville TO PONDICHERRY			
	Trip 1	Trip 2	Trip 3
Svaram Musical Center	7:00	8:50	14:50
Vérité Guest House - Junction	7:02	8:52	14:52
Town Hall - Main Parking	7:06	8:56	14:56
Solar Kitchen (Ex Round About)	7:10	9:00	15:00
Certitude Entrance	7:12	9:02	15:02
New Creation Road	7:17	9:07	15:07
SBI Bank—Kuilapalayam	7:19	9:09	15:09
ECR Junction—Aroma Guest House	7:23	9:14	15:14
Quiet Healing Center—Junction	7:26	9:17	15:17
Lotus Hotel—S.V Patel Salai	7:36	9:30	15:30
Ashram Road Junction	7:38	9:33	15:33
Ashram Dining Hall	7:40	9:35	15:35

Pondicherry TO AUROVILLE			
	Trip 1	Trip 2	Trip 3
Ashram Dining Hall	8:00	12:15	18:10
Ashram Road Junction	8:02	12:17	18:12
Lotus Hotel—S.V Patel Salai	8:07	12:22	18:17
Quiet Healing Center—Junction	8:17	12:32	18:27
ECR Junction—Aroma Guest House	8:20	12:35	18:30
SBI Bank—Kuilapalayam	8:25	12:40	18:35
New Creation Road	8:27	12:42	18:37
Certitude	8:32	12:47	18:42
Solar Kitchen (Ex Round About)	8:34	12:50	18:44
Town Hall - Main Parking	8:38	12:54	18:48
Vérité Guest House - Junction	8:42	12:58	18:52
Svaram Musical Center	8:45	13:00	18:55

- Monthly Rs. 800: Aurovilians & Newcomers, No validity
- Student Pass Rs. 1200 per month/ 24 days round trip
- Rs. 150 Round trip for Aurovilians & Newcomers
- Rs. 200 Round trip for guests

Bus passes are available at
 Auroville Vehicle Service,
 Town Hall, Auroville, 0413 2623302



EMERGENCY NUMBERS

Ambulance (24/7):

Auroville 9442224680	PIMS 0413 2656271		
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Security (24/7):

AV Safety & Security Team 9443090107	Auroville Police Station 0413 2677318	Kottakuppam Police Station 0413 2236148	Vanur Fire Station 0413 2677368
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Health:

Health Center 0413 2622123	Santé 0413 2622803	Farewell 8903836246	
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Mental health 24/7 support:

Vandrevala Foundation +91 9999666555

India Emergency Response Service (24/7): 108

AV RADIO



AurovilleRadio
The voices of Auroville

Dear Aurovilians,

Your favourite radio is always working for you. Stay tuned!
[Here](#) you can listen to the stream channel (playing 24/7).
[Here](#) you can see on-air schedules.

Last published podcasts:

- [Soul Tracks Se.5, Ep. 20](#)(Music)
- [Marlenka's weekly Offering – Ep.113](#)(Literature)
- [Une série hebdomadaire de lectures par Gangalakshmi – 459](#)(Integral Yoga)
- [LA VITA DIVINA Ep 42 LIBRO II CAP IV PARTE III II Divino e il Non divino 2](#)(Sri Aurobindo)
- [Seeking Our Inner Being Se. 1, Ep. 8](#)(Spirituality)

Last Youtube Live Video:

- [Auroville's 56th Birthday - Dawnfire Meditation 2024](#)

Auroville Radio Tv is maintained and supported with the help of a small town budget and voluntary donations. If you as Aurovilian wish, make a donation to F.A. number 0867. Thanks for your help!

....and more! on www.aurovillerradio.org

For more information write to radio@auroville.org.in

Peace and love
Regards, Wobbli



CINEMA



presents at **MULTI MEDIA CENTRE AUDITORIUM (MMC, Town Hall)**

Reminder. **FRIDAY 23th "FALLEN LEAVES"** (Kuolleet lehdet) by Aki Kaurismäki, Finland, 2023

and **FRIDAY 1st MARCH**

"THE TREASURE OF THE SIERRA MADRE" – United States, 1969

Directed by **John Huston**

With: Humphrey Bogart, Walter Huston, Tim Holt, Bruce Bennett
Overview: The Treasure of the Sierra Madre is American Western and an adaptation of B. Traven's 1927 novel of the same name. John Huston (1906-1987), known as the "titan of Hollywood", was a film director, writer, and actor whose taut dramas were among the most popular Hollywood films from the early 1940s to the mid-1980s. Didn't he started his long and prolific career with a detective mystery film: The Maltese Falcon —perhaps the most-impressive debut in Hollywood during the 1940s?!

Synopsis: Fred C. Dobbs and Bob Curtin, both down on their luck in Tampico, Mexico in 1925, meet up with a grizzled prospector named Howard and decide to join with him in search of gold in the wilds of central Mexico. Through enormous difficulties, they eventually succeed in finding gold, but bandits, the elements, and most especially greed threaten to turn their success into disaster... In 1990 the film was selected for preservation in the United States National Film Registry by the Library of Congress as being "culturally, historically, or aesthetically significant".

Original English version with English Subtitles, Duration: 2h6'

on **SUNDAY 25 Feb. 5.00 - 7.30 pm** at **Aurofilm** (Kalabhoomi, next to CRIPA)

If you like to discuss, share, and learn more about cinema, we invite you to our **Cine-Master classes!** Welcome to this chapter led by **Dr. Alexander Pereverzev** on "THE COLOR OF POMEGRANATES" by **Sergei Parajanov** (1969). Original title: Цвет граната.

Overview: Alexander will present the film before its screening, which will be followed by more insights and a discussion. **The Color of Pomegranates** is a 1969 Soviet Armenian art film written and directed by **Sergei Parajanov**. The film is a poetic treatment of the life of the 18th-century Armenian poet and troubadour Sayat-Nova ("King of Songs".) Parajanov takes an unconventional approach to storytelling. Rather than adhering to a traditional narrative structure, he opts for a series of visually captivating and carefully composed tableaux vivants to capture the essence of Sayat-Nova's life and poetry. The outcome is a visually enchanting and symbolically rich exploration of art, culture, and spirituality. The film is often regarded as a landmark in film history and was hailed as revolutionary by Mikhail Vartanov, Parajanov's close friend and artistic collaborator. (Original Armenian version with Eng. subtitles. Duration: 1h.18')

Alexander Pereverzev was born in St. Petersburg, Russia. He was associated with painter Nicholas Roerich's organizations and museums in Russia in the 1990s. Having studied Indian languages at the St. Petersburg State University, he went on to study Sanskrit in India, at the University of Delhi, obtaining a PhD degree in 2010. His professional interests include Indian philosophy. He likes travelling and visiting places of historical and religious importance, particularly in the Indian subcontinent. He works at Savitri Bhavan, Auroville, and is also an avid film enthusiast!



AVFI STUDY CIRCLE

Auroville Film Institute invites you to the screenings of specially curated films and a book reading. Please register via WhatsApp (+91 9769976898). Voluntary contributions are welcomed. Screening of Macbeth Adaptations is part of the 'Theatre & Cinema series' **Macbeth in Spotlight** event(8th-10th March 2024).

Thu, 22th Feb. 2024 (17:00 IST)

Scotland PA

Billy Morrissette | United States | 2001 | 104 mins

This film is a black comedy retelling of Shakespeare's "Macbeth," set against the backdrop of a fast food restaurant in the early 70s, rural Pennsylvania.



Fri, 23th Feb 2024 (17:00 IST)

Macbeth

Justin Kurzel | Australia | 2015 | 132 mins

This Macbeth adaptation delves on the damaging physical and psychological effects of political ambition on those who seek power for its own sake.



Mon, 26th Feb 2024 (17:00 IST)

Mandaar (Season 1 Ep. 1, 2 & 3)

Anirban Bhattacharya & Pratik Dutta | India | 2021 | 120 mins

'Mandaar' is an Indian retelling of the infamous tale of power and prophecies, greed and lust along with the betrayals of Macbeth set along the vast shoreline of the World of Geligur, Bengal.



Tue, 27th Feb 2024 (17:00 IST)

The Seventh Horse of the Sun

Shyam Benegal | India | India | 130 mins

Manek Mulla, a storyteller, talks about three women he meets at different stages of his life who come from several social backgrounds and deeply influence his personality.



OPEN SPACE DOCUMENTARY ARTS PROGRAMME

Auroville Film Institute in collaboration with University of Ladakh announces India's first Multi-site Documentary Arts Diploma - in Auroville-Pondicherry and Ladakh.

"Open Space Documentary Arts Programme" starting 18th March 2024, is a 1 yr - dynamically designed integrative, interactive and application oriented filmmaking diploma programme, incorporating experiential learning modules in Auroville-Pondicherry and Ladakh. Mobility, flexibility and trans-cultural-disciplinarity is the key to this programme.

To know more please visit:

<https://filmstitute.auroville.org/2023/11/21/open-space-documentary-arts/>

<https://uol.ac.in/>

Or call Richa Hushing +91 **9969879319** /filmstitute@auroville.org.in and Tsultim Zangmo at + 91 9797067266 /t.zangmo2009@gmail.com

Open Space Documentary Arts
1 YEAR PG DIPLOMA



India's first ever **Multi-site Filmmaking Programme**
Starting: March 2024

ENROLL NOW



For more information visit: <http://filmstitute.auroville.org>



THE FRENCH PAVILION PRESENTS

Auroville, Story of an Utopia
And interview with Roger Anger

Exceptional Documentary
from Nicole Avril and J.P. Elkabbach in 1973

Saturday 24th February 2024
5pm

Cinema Paradiso, Town Hall
in French subtitled in English,
90min



Mother was still in her body when the documentary was made. Few western journalists are interested in the project of Auroville in the seventies; but one of them, Jean-Pierre Elkabbach, came to investigate for "Antenne 2" in 1972. His documentary of 118 minutes reveal Auroville as it was at this time: several houses rising from the red desert, schools like Last School, the Pyramid or so called "yogurt pots" and of course the Matrimandir under construction.

The documentary includes also precious interviews, and among them Roger Anger and Kireet Joshi but also those from Aurovilians like Ruud, Jean P., Vincenzo, Rod H., and many others.

An exceptional documentary to discover or rediscover Auroville...



Cinema Paradiso

Multimedia Center (MMC) Auditorium

Film program 26 February 2023 03 March 2023

Cinema Paradiso-Multimedia Center is operating at 100% seating capacity.

Seating starts about 15mins before screening and stops as the film starts. Kindly arrive in time.



A reminder not to use cell phone for any reason while the program is on, and no food/beverage to be taken inside the hall.

Indian – Monday, 26 February, 8:00 pm:
• **THREE OF US**

India, 2022, Writer-Dir. Avinash Arun w/ Shefali Shah, Jaideep Ahlawat, Swanand Kirkire, and others, Drama, 99mins, Hindi w/ English subtitles, Rated:

While grappling with the early symptoms of dementia, Shailaja finds herself at the cusp of her past, present and future. She decides to go on a trip to revisit her childhood before her memories ebb away. Shailaja embarks on a confrontational journey that makes her deal with questions related to a traumatic event in her childhood, the mundanity of her marriage, and the complexity of her future. As Shailaja travels through the sprawling coastline of Konkan with her husband and childhood-love by her side, we see her inching closer towards the forgiveness and liberation she has always yearned for.

Potpourri – Tuesday, 27 February, 8:00 pm:
• **INHERIT THE WIND**

USA, 1960, Stanley Kramer w/ Spencer Tracy, Fredric March, Gene Kelly, and others, Drama-History, English w/ English subtitles, Rated: NR (PG)

Based on true events, in this classic teacher B.T. Cates is arrested for teaching Darwin's theories. Famous lawyer Henry Drummond defends him; and politician Matthew Brady prosecutes. This is a close rendition of the 1925 "Scopes monkey trial" with real life debates between Clarence Darrow and William Jennings Bryan. This film has been remade thrice, last one in 1999, however the oldest is considered the best.

Interesting – Wednesday, 28 February, 8:00 pm:
• **BEYOND UTOPIA**

USA, 2023, Dir. Madeleine Gavin w/ Barbara Demick, Sung-eun Kim, Hyeonseo Lee, and others, Documentary-Biography, 115mins, English-Korean w/ English subtitles, Rated: PG-13 (R) They grew up believing their land was paradise. Now, they risk everything in escaping it. In an unforgettable film that follows families on a treacherous journey to defect from their homeland of North Korea, as the threat of severe punishment and possible execution looms over their passage, revealing a world many have never seen. It is a gripping story of families who risk everything escaping North Korea.

Spanish – Thursday, 29 February, 8:00 pm:
• **FLAMENCO FLAMENCO**

Spain, 2010, Dir. Carlos Saura, w/ Paco de Lucía, Sara Baras, Joaquín Cortés, and best Spanish flamenco artists, Musical-Documentary, 96 mins, Spanish w/ English subtitles, Rated: G Pure passion cascades from the frames of this master piece acclaimed Spanish filmmaker Carlos Saura's latest tribute to his country's unapologetically theatrical musical form. The elegant film is composed of 21 self-contained short performance pieces, incorporating both the traditional and more youth-oriented fusion flamenco styles, performed by Spanish outstanding musicians and dancers. This is part of a series of films offered by the Spanish Pavilion as a tribute to the director.

International – Saturday, 2 March, 8:00 pm:
• **PERFECT DAYS**

Japan-Germany, 2023, Writer-Dir. Wim Wenders w/ Koji Yakusho, Tokio Emoto, Arisa Nakano, and others, Drama, 123mins, Japanese-English w/ English subtitles, Rated: PG

In this acclaimed film, Hirayama works as a toilet cleaner in Tokyo. He seems content with his simple life. He follows a structured everyday life and dedicates his free time to his passion for music and books. Hirayama also has a fondness for trees and photographs them. More of his past is gradually revealed through a series of unexpected encounters.

Children's Matinee- Sunday, 3 March, 4:00 pm:
• **DORA AND THE LOST CITY OF GOLD**

USA-Australia, 2019, Dir. James Bobin w/ Isabela Merced, Eugenio Derbez, Michael Peña, and others, Action-Adventure, English-Spanish-Quechua w/ English subtitles, Rated: PG

Dora has spent most of her life exploring the jungle with her parents, but nothing could prepare her for her most dangerous adventure ever: high school. Always the explorer, Dora quickly finds herself leading Boots, Diego, a mysterious jungle inhabitant, and a ragtag group of teens on a live-action adventure to save her parents and solve the impossible mystery behind a lost Inca civilization.

RIDLEY SCOTT FILM FESTIVAL@ Ciné-Club:
Ciné-Club Sunday 3 March, 8:00 pm:
• **THELMA & LOUISE**

USA, 1991, Dir. Ridley Scott, w/ Susan Sarandon, Gina Davis, and others, Crime – Drama, 130 mins, English w/ English subtitles, Rated: R.

After a justified, but unfortunately reckless crime, two best friends who only wanted a vacation from the banality of their routine, find themselves on the run from a nationwide police hunt, discovering the true purpose of their lives along the way.

Rating codes we often use are from Motion Picture Association of America (MPAA): G=General Audiences, PG=Parental guidance suggested, PG-13=Parents strongly cautioned, R=Restricted (equivalent to Indian rating: A i.e. for Adults), NR=Film Not rated, Rating awaited, or Rating not available.

To organize a seminar/program at MMC kindly email us at mmcauditorium@auroville.org.in. Our projector is crawling towards the end of its life, compelling us to look for a new one. You could financially support through a one-time or recurring donations to "Cinema Paradiso" (account #105106) or set up for a monthly contribution.

Thanking You,
MMC/CP Group Account# 105106,
mmcauditorium@auroville.org.in