

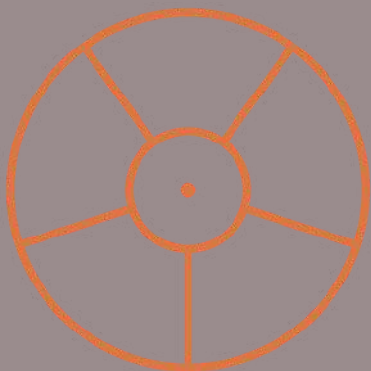
Auroville

NEWS & NOTES

No 1007 - A weekly bulletin for residents of Auroville

28 December 2023

RA EDITION



PONDERING

The freedom we want to realise in Auroville is not licence – each one doing what he pleases without concern for the well-being of the organisation of the whole.

~ February 1969

The Mother - To be a true Aurovilian
Conditions for Living in Auroville

<https://dream.books.prisma.haus/en/to-be-a-true-aurovilian/>



(continued from last week)

CHAPTER XXVII - THE Gnostic BEING

A replacement of intellectual seeking by supramental identity and gnostic intuition of the contents of the identity, an omnipresence of spirit with its light penetrating the whole process of knowledge and all its use, so that there is an integration between the knower, knowledge and the thing known, between the operating consciousness, the instrumentation and the thing done, while the single self watches over the whole integrated movement and fulfils itself intimately in it, making it a flawless unit of self-effectuation, will be the character of each gnostic movement of knowledge and action of knowledge. Mind, observing and reasoning, labours to detach itself and see objectively and truly what it has to know; it tries to know it as not-self, independent other-reality not affected by process of personal thinking or by any presence of self: the gnostic consciousness will at once intimately and exactly know its object by a comprehending and penetrating identification with it. It will overpass what it has to know, but it will include it in itself; it will know the object as part of itself as it might know any part or movement of its own being, without any narrowing of itself by the identification or snaring of its thought in it so as to be bound or limited in knowledge. There will be the intimacy, accuracy, fullness of a direct internal knowledge, but not that misleading by personal mind by which we constantly err, because the consciousness will be that of a universal and not a restricted and ego-bound person. It will proceed towards all knowledge, not setting truth against truth to see which will stand and survive, but completing truth by truth in the light of the one Truth of which all are the aspects. All idea and vision and perception will have this character of an inner seeing, an intimate extended self-perception, a large self-integrating knowledge, an indivisible whole working itself out by light acting upon light in a self-executing harmony of truth-being. There will be an unfolding, not as a delivery of light out of darkness, but as a delivery of light out of itself; for if an evolving supramental Consciousness holds back part of its contents of self-awareness behind in itself, it does this not as a step or by an act of Ignorance, but as the movement of a deliberate bringing out of its timeless knowledge into a process of Time-manifestation. A self-illumination, a revelation of light out of light will be the method of cognition of this evolutionary supramental Nature.

As mind seeks for light, for the discovery of knowledge and for mastery by knowledge, so life seeks for the development of its own force and for mastery by force: its quest is for growth, power, conquest, possession, satisfaction, creation, joy, love, beauty; its joy of existence is in a constant self-expression, development, diverse manifoldness of action, creation, enjoyment, an abundant and strong intensity of itself and its power. The gnostic evolution will lift that to its highest and fullest expression, but it will not act for the power, satisfaction, enjoyment of the mental or vital ego, for its narrow possession of itself and its eager ambitious grasp on others and on things or for its greater self-affirmation and magnified embodiment; for in that way no spiritual fullness and perfection can come. The gnostic life will exist and act for the Divine in itself and in the world, for the Divine in all; the increasing possession of the individual being and the world by the Divine Presence, Light, Power, Love, Delight, Beauty will be the sense of life to the gnostic being. In the more and more perfect satisfaction of that growing manifestation will be the individual's satisfaction: his power will be the instrumentation of the power of Supernature for bringing in and extending that greater life and nature; whatever conquest and adventure will be there, will be for that only and not for the reign of any individual or collective ego. Love will be for him the contact, meeting, union of self with self, of spirit with spirit, a unification of being, a power and joy and intimacy and closeness of soul to soul, of the One to the One, a joy of identity and the consequences of a diverse identity. It is this joy of an intimate self-revealing diversity of the One, the multitudinous union of the One and a happy interaction in the identity, that will be for him the full revealed sense of life. Creation aesthetic or dynamic, mental creation, life creation, material creation will have for him the same sense. It will be the creation of significant forms of the Eternal Force, Light, Beauty, Reality, — the beauty and truth of its forms and bodies, the beauty and truth of its powers and qualities, the beauty and truth of its spirit, its formless beauty of self and essence.

(to be continued next week)

— Sri Aurobindo . THE LIFE DIVINE

https://sri-aurobindo.co.in/workings/sa/37_21_22/the_life_divine_21_22.pdf

With love and gratitude,
Gangalakshmi (HOMA)





DEADLINE FOR SUBMISSIONS: TUESDAY 5PM

The content of News & Notes is a reflection of the growth process of this community towards its ideals of Harmony, Goodwill, and Truth. Editing of submissions, mainly for reasons of space and clarity, is done according to an established policy.

How to submit material:

- Max size of posters should be 1 MB, JPEG format. Bigger posters will be reduced or cropped to fit.
- Please AVOID CAPS letters
- Material (no pdf files, please) may be sent in English only to **newsandnotes@auroville.services**
- Articles for the Notes section should ideally be no longer than 500 words.
- Please try your best to send your announcements, reports, film schedules whenever they are ready. Any modifications of submitted News items must be sent to the editors before **Tuesday 5pm**.

DISCLAIMER:

Please note that the opinions and views expressed on these pages are solely those of the respective authors or work groups and do not necessarily reflect the position of the editors or the larger Auroville community. The News & Notes aims to provide a platform for the publication of diverse perspectives and voices from multiple sources within Auroville.

While our editors strive to ensure the accuracy of the information presented, we cannot guarantee that all information is free from error or omission. Additionally, we cannot be held liable for any alleged misinformation provided or offence caused by the content published. In the event of any dispute, we encourage readers to consult with the Auroville Council, and we reserve the right to suspend the publication of disputed material. Our commitment to providing an open and inclusive platform for dialogue and exchange of ideas remains steadfast.

The News and Notes team
newsandnotes@auroville.services

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LIST OF ACRONYMS:

AVF (Auroville Foundation), **AVFO/FO** (Auroville Foundation Office), **GB** (Governing Board), **RA** (Residents Assembly)

The following groups are divided in two categories: The groups selected by the Residents Assembly through Community decision making Processes and the groups put together by the GB and the FO (not recognised by the Residents Assembly).

Working groups selected by the Residents Assembly:

- Working Committee (WCom)
- Funds and Assets Management Committee (FAMC)
- Budget Coordination Committee (BCC)
- Town Development Council / L'avenir d'Auroville (TDC)

- Auroville Council (AVC)
- Entry Service (ES)

FO selected groups:

- Working Committee (WC)
- Funds and Assets management Committee (FAMC)
- Budget Coordination Committee (BCC / BCS)
- Auroville Town Development Council (ATDC)

- Housing Service (HS)
- Land Board (LB)

NOTE FROM THE EDITORS

Dear Community,

We had announced a shorter News and Notes this week. Many submissions came after the special deadline, we have tried to include as many submissions as we could, but have not managed to include all. So if your content has not been published, due to late submission, it will appear in next weeks issue.

Here some important information:

- You can read past issues and subscribe [HERE](#).
- If you wish to support the N&N community Edition, you can done at this account Nr: **FS #252150**.
- You now find the Tamil and French versions of the N&N to download in every weeks issue.
- Content sent through @auroville.org.in mail ID, will only reach us if you use this [FORM](#) to submit your content.
- The mail ID to submit content is: newsandnotes@auroville.services.

Thank you for your continued support!

In community,

The RA Community Edition News and Notes Team



WORKING GROUPS NEWS

FROM THE ENTRY SERVICE

ES # 212 DATED: 28-12-2023

The following people have been recommended by the Entry Board to join our community. Please share your feedback within 2 weeks for potential Newcomers, Associates and Friends of Auroville and within 4 weeks for Potential Aurovilians, Returning Aurovilians, Youth and Spouse/Partner of an Aurovilian in writing to auroville.entryboard@gmail.com OR auroville.entryservice@gmail.com.

We thank you in advance.

NEWCOMER ANNOUNCED:

- **Kiran Kumar VENKATACHALAPATHY** (Indian) staying in Sunship and working at Matrimandir



- **Sandhiya BALA ANAND (Indian)** staying in Courage (Thillai's house) and working at C3STREAM, Isai Ambalam School & Udavi School



AUROVILIAN ANNOUNCED:

- **Palanivel RANGASAMY (Indian)** staying in International House and working at Flame Pottery



- **Tom LANE (Irish)** staying in Vibrance and working at Thamarai & Eco Femme



AUROVILIAN CONFIRMED:

- **Ganapathy GANESAN (Indian)**

SPOUSE OF AN AUROVILIAN ANNOUNCED:

Sadassivam RAJI (Indian) staying in Transition (husband of Rajeshwari)



NOTE:

- The Newcomer probation year becomes effective only after the NC kit has been returned and should not exceed 18 months from the date of confirmation.
- A Newcomer becomes an Aurovilian once his/her name has been confirmed by The Admission Committee (aka the Entry Board) after following due process.
- The date of becoming Aurovilian is the date of confirmation. An Aurovilian confirmed by the Entry Board is eligible to participate in all community decision-making processes.
- A confirmed Aurovilian becomes officially a Resident of Auroville once the individual has filled in and signed the B-Form and his/her name has been entered in the Register of Residents (RoR) maintained by the Auroville Foundation Office (AVF).
- A Resident of Auroville is eligible to become an executive of a Unit or Service of Auroville and to get an ID card issued by the Auroville Foundation.
- A meeting with the Secretary of the AVF will be arranged by the Entry Secretariat according to the availability of the Secretary and not at any personal request.

Yours,

The Entry Board (Alain, Grace, Jayanthi, Lakshmanan, Matilde, Sara, Sonja and Swadha)

Entry Service Timings:

Monday, Wednesday, Friday, 9:30am—12:30pm
Tuesday & Thursday: Newcomer kits, 2:30—4:30pm

Contact: 0413 262-2707, auroville.entryservice@gmail.com

Note: If you want any more information about someone, please contact the Entry Service directly for more details.

FROM THE AV COUNCIL

UPDATE ON RAD POLICY

Dear Community,

Following the Residents' Assembly Decision making process (RAD) in August 2023 which empowers the RA to hold Emergency RADs upon collecting 300 signatures from residents, the Auroville Council has added this amendment to the "RAD provisional policy October 2021".

Please find the updated RAD policy attached: ["RAD provisional policy 2021, amendments 2023"](#).

Best regards,
Auroville Council

OBITUARY



THEY WENT WITH OUR LOVE....
-by the Light we live and to the Light we go-



In the week of the years' exchange, we extend our love and gratitude to those of us who went ahead during 2023.

They are: **Matripasad, Christian Edet, Mahalingam, Eva Mikulski, Ellen Tessloff, Gerard Arnaud, Anna Oijevaar, Maurice Monier, Bernd Theilmann, Volkher Riech, E. Patha, Mirajyoti, R. Gowri, Toni Meakin, David Nagel, Mallika, M. Sumitra, Audrey Wallace, Leo Boseman, Pashi Kapur, Klara Brogli, Lucas Posada, Tara Nayak, J. Mani and Giorgio Luciani ogli, Lucas Posada, Tara Nayak, J. Mani, Giorgio Luciani and N.Selvam**

We also remember and honour here **Balkrishna Doshi, Inderjit Handa, Cristof Alward-Pitoëff, Ulf Mueller, Mali, Deborah Lawler, Paul Montagne, Jules Arindam, Deborah Smit, Jayang Desai, Hasi Grandcolas, MS Swaminathan, Adena de Joya and Erwane.**

For a last visit, click <https://auroville.org/category/passings-2023> or <https://auroville.today/in-memoriam>
 OM

THE MATRIMANDIR NEEM TREE PASSED AWAY



The majestic and sole neem tree standing in the midst of the lake work was cut down during a one-hour gap in the vigil that kept it safe on 21.12.23, winter solstice day. It has meant so much for many of us. Infinite gratitude for the endless gentleness and generosity in sheltering us under her peaceful canopy. 'Spiritual atmosphere' is a matter of the heart, and we all got the tangible experience of it, each time we sat under the tree or connected to her.

The tree also came to symbolise our hope for harmonious communication and collaboration, for dialogue based on goodwill and respect - respect for each other as Aurovilians, respect for all life, for all of Mother's creation.

The neem tree is survived by about a dozen saplings gathered by those who kept vigil.
 Please contact 97877 97814 if you have a safe place to nurture one.



ஏரி பணிகளின் நடுவே விழிப்புணர்வு மூலம் பாதுகாத்து வரப்பட்ட கம்பீரமான ஒற்றை வேப்ப மரம் 21.12.2023, குளிர்கால சங்கராந்தி அன்று ஒரு மணி நேர இடைவெளிக்குள் வெட்டப்பட்டு விட்டது. நம்மில் பலருக்கு அது மிகவும் முக்கியமானதாக இருந்தது. அதன் முடிவில்லாத மென்மைக்கும், அதன் கிளைகளுக்கடியில் அளித்த தாராளமான நிழலுக்கும் எல்லையற்ற நன்றிகள். 'ஆன்மீக சூழல்' என்பது மனதை சார்ந்த ஒன்று, அந்த மரத்தின் கீழ் அமர்ந்த ஒவ்வொரு நொடியும் அத்தகைய உணர்வை நாங்கள் உணரமுடிந்தது.

இணக்கமான பேச்சுவார்த்தைகள் மற்றும் கூட்டு முயற்சிகள், நல்லெண்ணெயும் மரியாதையும் கூடிய பேச்சுவார்த்தைகள், சக குடியிருப்பாளர்களுக்கான மரியாதை, அன்னை அவர்களால் உருவாக்கப்பட்ட அனைத்து உயிர்களுக்குமான மரியாதை, ஆகியவற்றை அடைய முடியும் என்ற எங்கள் நம்பிக்கைக்கு ஒரு அடையாளமாக இருந்தது அந்த மரம்.

விழிப்புணர்வு பணிகளில் ஈடுபட்ட சிலரால் சேகரிக்கப்பட்ட சில இளங்கன்றுகள் உயிர்ப்புடன் உள்ளன. அவற்றை வளர்க்க பாதுகாப்பான இடம் உள்ளதெனில் 9787797814 என்ற எண்ணுக்கு தொடர்பு கொண்டு அவற்றை கொண்டு செல்லுங்கள்.



collecting the saplings

~~~~~ ✨ ~~~~~  
 Ce matin, je ne suis plus.  
 Je ne suis plus qu'un amat de branches brisées, de feuilles froissées, d'écorces arrachées et de racines nues.  
 Je suis mort, tué par une main humaine.  
 Merci à toutes celles et ceux qui ont accompagné les derniers mois de ma belle vie d'arbre."  
 ~~~~~ ✨ ~~~~~

OUTCOME OF THE EMERGENCY RA DECISION-MAKING ON CONSTITUTION OF THE EXIT REVIEW GROUP (AKA 'TERMINATION COMMITTEE')

Here are the results of the Emergency Residents' Assembly Decision-making process, initiated by the Working Committee of the Residents' Assembly, to approve or disapprove the following nominations of 9 residents as members of the Exit Review Group:

- Ashesh JOSHI
- Auradha MARKUS
- Buvasundari SUDHARSEN
- Ramesh Rao (Bunty) ACHANTA
- Dhandapani SELLAKANNU
- Ganesh KALIAPPAN
- Pascal François Dominique (Rakhal) VENET
- Rakhee KANE
- Simonette Albertine (Tineke) SMITS

A total of 521 valid votes have been submitted online and in-person.

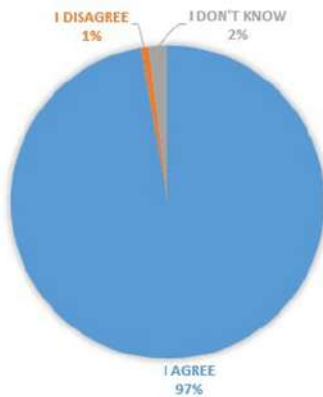
The number of participants exceeded the 10 per cent quorum required to validate the decision (240 votes) - according to the Master List data, the total adult population of our community eligible to participate in RADs (age - above 18, confirmed Aurovillians) is 2404 (as of the month of December 2023).

Kindly note that as per the RAD policy (<https://rb.gy/810jzv>) "Only confirmed Aurovillians can participate in decision-making. Those who have been announced as confirmed Aurovillians by the Entry Board are eligible to participate in all community decision-making processes along with those who have been entered into the Register of Residents maintained by the Secretary's Office. It does not include under 18-year-olds, newcomers and any other Auroville statuses".

97% (507) participants voted in favour of 9 nominees (see above) as members of the Exit Review Group (aka 'Termination Committee').

1% (4) participants rejected it.

2% (10) participants didn't know.



Therefore, the Residents' Assembly approved following nominations of 9 residents as members of the Exit Review Group (aka 'Termination Committee'): Ashesh JOSHI, Auradha MARKUS, Buvasundari SUDHARSEN, Ramesh Rao (Bunty) ACHANTA, Dhandapani SELLAKANNU, Ganesh KALIAPPAN, Pascal François Dominique (Rakhal) VENET, Rakhee KANE, Simonette Albertine (Tineke) SMITS.

We would like to remind you that, according to the [RAD Policy](#), "8. Responsibility for implementing decisions made through this RAD process lies with the concerned working group/s or resident/s".

Many thanks to all the residents who participated in this decision-making event!

~ Wishing you a Merry Christmas and a Happy New Year!

For the Residents' Assembly Service
Manas, Tatiana

AUROVILLE MASTER PLAN (PERSPECTIVE: 2025): FLEXIBLE FIRST STEP, NOT A BINDING DOCUMENT

Any drawing or projection included in the Master Plan (Perspective: 2025) of Auroville (MPP25) is to be considered only as a proposal needing further study, detailed plans, and due processes.

Result of a national study, the Urban Development Plan Formulation and Implementation (UDPFI, now URDPFI) Guidelines recommend a planning system consisting of a set of four interrelated plans: The Perspective Plan at its apex, followed by Development Plans and Annual Plans, leading to Plans of Projects at the base. Indeed, a Perspective Plan is not to be implemented without Development Plans!

Under these guidelines, the MPP25 was conceived as a Perspective Plan, as can be seen on page 9 in the *Preamble*: "The Master Plan (Perspective: 2025) provides a policy framework which will serve as a guide in the preparation of five-year Development Plans and Annual Plans for implementation of the proposals."

Furthermore, this plan would remain flexible and be adapted after regular reviews, as can be seen on page 84 in *Part 2: Reviewing the Master Plan (Perspective: 2025)*: "Although the Master Plan (Perspective: 2025) indicates a time horizon of 25 years, it will neither be traditional, nor static and rigid."

In view of this, it is entirely foolhardy and unprofessional to implement any proposal from a Perspective Plan as such, without taking ground realities into account, and without creating the prescribed Development Plans or studying the impact of development on the environment and sustainability as is stated [numerous times](#) in the MPP25. Therefore, any drawing or projection such as for the Crown, radials, and outer ring roads is to be considered as a proposal needing further study, detailed plans, and due processes.

Expressions such as "(semi-)circular road" or "Proposed access/internal road" or "Proposed Land Use" remain suggestions only as is clearly represented in the wording. Furthermore, previous projections – such as the Galaxy concept model – contain no outer ring road at all, and the Crown is not defined as a road and is neither circular nor continuous.

in Service

L'avenir d'Auroville - TDC Town Development Council
Anan, Dorle, Divya L, Island, Lata, Natasha S, Tom G

COMMUNITY SHARING

◆ [REMINDER] PETITION REGARDING THE UNAUTHORISED ACTIONS BY THE AVFO FAMC AND MISUSE OF AUROVILLE'S COMMUNITY ASSETS, COMMUNITY FUNDS, MAINTENANCE ALLOTMENT AND AGREEMENTS ◆

- Livelihoods and Transparency -

Dear Community,

Already over 350 Aurovillians have given us their support since we launched the petition on 17th December.

Nearly 200 Aurovillians – including elected representatives, farmers, foresters, teachers, artists and long-term employees – have faced cuts to their livelihoods or essential maintenance services.

Senior Aurovilians eligible for the Silver Fund have been denied support, and over 60 long-term employees from surrounding villages have been terminated by the Governing Board/FAMC without proper community consultation.

Furthermore, concerns have arisen regarding land exchanges of prime Auroville land without transparent evaluations or site visits. Promised compensation and relocation have not been delivered, raising questions about financial mismanagement and ethical practices, and biased policies are enacted without our consent.

This situation demands immediate attention! We urge you to add your voice by signing this petition. Your name will not be disclosed. Your signature sends a powerful message.

Please add your voice and share this petition with your friends.

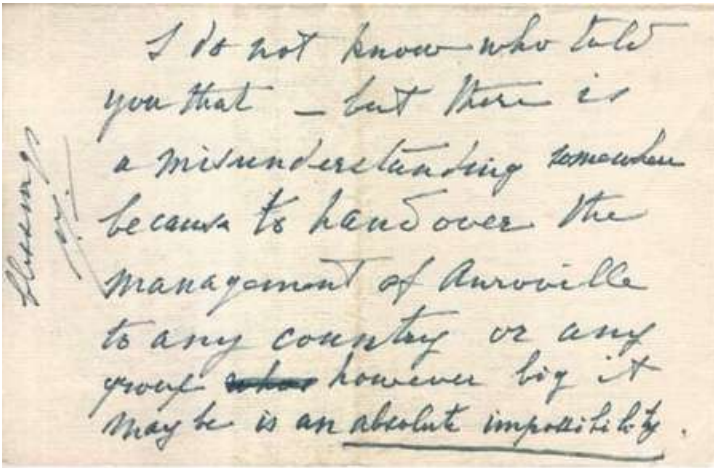
Together, we can demand transparency, accountability and the protection of our beloved Auroville.

We aim to close this petition by December 31st.

Concerned Residents

<https://forms.gle/6V6Q2XAV9oZjjPf66>

A REMINDER...



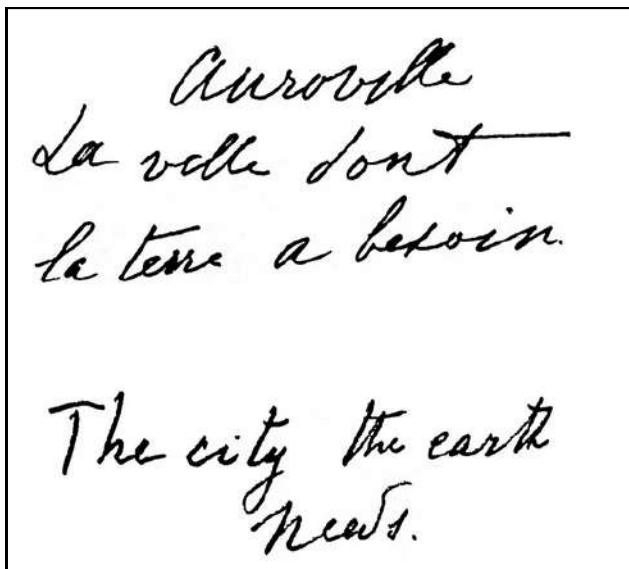
I do not know who told you that - but there is a misunderstanding somewhere because to hand over the management of Auroville to any country or any group however big it may be is an ABSOLUTE IMPOSSIBILITY.

blessings

AND ANOTHER REMINDER...

One does not need to be a genius to know what the EARTH needs today: Trees, water, love and care for the wellbeing of ALL living things.

Sadly today, HER voice is not heard either...



AWAKENING SPIRIT

INTRODUCTION TO THE INTEGRAL YOGA OF SRI AUROBINDO AND THE MOTHER

Tuesday, 2nd January, 9 am - 12 noon
Focus: The Great Stair of Existence

Led by Ashesh Joshi

Place: Mirabelle Education Centre, Auromodele
 Ph/Whatsapp: 9489147202 (Please register)

All are Welcome



AMPHITHEATRE - MATRIMANDIR

Every THURSDAY at sunset
 5.30 to 6 pm
 (weather permitting)

Meditation with Savitri,

Sri Aurobindo's long mantric poem read by Mother to the incredible music of Sunil

Let's gather under the beautiful open space, with heavenly music in the very center of Auroville!

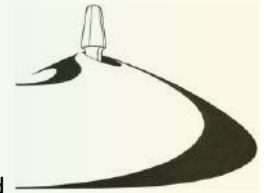
Reminder to all:

The Park of Unity is a place for silence, meditation and inner work, and is to be used only as such. We request everyone: please do not use cameras, I-pads, cell phones, etc. No Photos.

Dear Guests, please carry your Guest Card with you.

Access only for the Amphitheatre from 5.15 pm and for the meditation time.

Thank you,
 Surya and Amphitheatre Team



A SATSANG ON THE INTEGRAL YOGA

A sacred gathering for the study and practice of the Integral Yoga of Sri Aurobindo and the Mother, founders of Auroville, the City of Dawn.

"The first necessity is the inner discovery in order to know what one truly is behind social, moral, cultural, racial and hereditary appearances. At the centre there is a being free, vast and knowing, who awaits our discovery and who ought to become the active centre of our being and our life in Auroville." — The Mother

We start right here, in the Eternal Now, from where we each are at this ever-progressive moment, and share our unique experiences on the path of rediscovering and embodying who we really are.

Facilitated by Zech Joya

Schedule: **Tuesdays and Thursdays, 5:30-7:00pm**

Venue: Conference Room, G/F SAIER Building, Town Hall Complex, Auroville



[Please click this link for details](#) or scan the above QR Code

A SUMMARY OF EVENTS HAPPENING IN AUROVILLE TODAY

NGT ORDER STAYED BY SUPREME COURT

On Wednesday 13th October, the order from the National Green Tribunal (NGT), which was appealed by the AVFO in the Supreme Court, was partially stayed by the same court. This stay will be in force until the final verdict, which is listed for January 2024. The stay effectively removes the protections granted by the NGT, which instructed the AVFO to seek Environmental Clearance and proper township planning *before* continuing the development of Auroville. The news was shared by the RA WCom via a [massbulletin](#) and by the AVFO 'WCom' through an [Auronet post](#). As outlined below, large scale tree cutting and land clearance has been taking place across Auroville both before and since the Supreme Court placed a partial stay. Areas where actions have recently taken place include Gaia, Anitya, Shambala & Buddha Garden, Revelation and Centrefield. As underlined by the RA WCom, the need for environmental impact assessments is embedded within the Master Plan: Perspective 2025 document itself, and the Residents' Assembly had voted to pause development on the Crown, Radials and Outer Ring Road, but this does not seem to stop in any way the AVFO from clearing the land.

MATRIMANDIR NEEM TREE CUT DOWN



The lone 50 year old Matrimandir Neem tree that had been protected by residents over the last few months as a living symbol, was cut down by the Matrimandir Executives on 21st December. Residents arrived on site and created a temporary earth memorial in remembrance of the tree.

MASS TREE AND LAND CLEARING ACROSS AUROVILLE

Both before and since the Supreme Court stayed the NGT verdict, land clearance including tree-cutting and transplanted is taking place across Auroville. Three mature [Kaya trees](#) and one large Neem tree that were previously integrated into the Crown Road were severely pruned and removed for transplanted this week, as well as one tree next to Kalabumi. The Kaya trees that were incorporated on the Gaia stretch of the Crown were planted 43 years ago by members of the Gaia Community. These trees were purposely planted 8-10 meters apart in hopes that one day they would bring shade to the Crown Road area.

The trees were removed and taken to Auroville land near Kalvapraksha, where a number of [transplanted trees](#) taken from Darkali have also been replanted. Earlier this year, a total of 27 trees were taken from Darkali. From this group 5 trees are clearly dead, others show some signs of regrowth but their long term survival is still uncertain.

More tree cutting and land clearing recently took place at Shambala & Buddha Garden to make way for the VIP road, close to [Anitya](#) (Joy of Impermanence), in the [Youth Centre](#) and inside [Bliss Forest](#) on private land owned by Michael Bonke. Inside Revelation Sanctuary, fences were removed without warning by JCBs under the order of CPWD.

At Anitya, an area approximately the size of two football fields has been cleared. Although no information has formally been shared about the purpose of the clearing, residents at Anitya were told in person that it was for a large visitor car park. The car park and the VIP road are not elements of the Auroville Master Plan. Most of the above actions began prior to the Supreme Court placing a stay on the NGT verdict.

Since the stay, clearance has begun in earnest in other areas of Auroville. Beginning on Monday 18th December, JCBs accompanied police along with a group of Aurovilians who are allied with the AVFO to the [Centre Field area](#). They commenced clearing undergrowth and uprooting trees. In the following days, land was also cleared in the [Service Area](#) (near the post office).

The RA WCom sent out a [massbulletin](#) informing the community about the work and "request[ed] Aurovilians to remain calm and to avoid any confrontation or provocation, while peacefully documenting and reporting". Those interested in helping with documentation can write to tdc@auroville.services.

PEBBLE GARDEN - AUROYALI APPROVAL RESCINDED

The AVFO 'ATDC' [approval](#) for Auroyali to take a piece of Pebble Garden land for their workshop [has been rescinded](#) by the AVFO 'ATDC' after the feedback period. The Auroyali project would have threatened Pebble Garden, one of the flagship ecological restoration projects of Auroville, [stewarded since 1994](#) by Deepika and Bernard. Thanks to all concerned residents who took the time to give their feedback!

NOTE: The situation at Pebble Garden is developing rapidly, an update will follow soon.

"REALIGNMENT OF WORK" BY AVFO 'WORKING GROUPS'

Two weeks after many Aurovilians were told that they would lose their maintenance starting from December 1st 2023, an [email](#) was sent by the AVFO 'BCC' to those affected Aurovilians outlining a new [policy](#) for stopping financial support as the AVFO 'BCC' and 'FAMC' deem necessary. In this policy, the AVFO 'BCC' and 'FAMC' state "If the affected persons come by themselves to seek another work opportunity and are ready to try a new work avenue, they will continue to be supported in the subsequent months in their new work assignment. Those who don't approach BCC/HRT after receiving the note of realignment will not be continued with maintenance after one month." This effectively gives authority to the AVFO 'BCC' and 'FAMC' in regards to assigning individuals to Auroville workplaces.

MM LAKE TASK FORCE

The RA WCom has endorsed the creation of a task force to review the design of the Matrimandir lake. In their [announcement](#) on 12th December 2023, they stated that "the review of the present design of the lake is being undertaken to prepare a revised concept as an offering to the community of Auroville". The aim of the group is to formulate a proposal for the Lake addressing areas of concern such as the source of water to fill the lake, size of the lake, the movement and re-use of excavated earth. The task force will update the community via a regular bulletin and invite feedback from the community regarding the Matrimandir Lake design and implementation. The revised concept will be presented to the community on Auroville's birthday, 28th February 2024.

SAIIR AND ARTS SERVICE CUTS

At the request of the AVFO 'FAMC' and 'BCC', SAIIR have been "prioritiz[ing] the maintenance and budget 2024-25 of all SAIIR sub-units" which has led to a number of artistic and cultural units and activities having their budgets and maintenances cut. Those affected have [been informed](#) that from April 2024 they will no longer receive any financial support from City Services and will instead need to find new sources of funding, such as seeking donations or charging for their services.

Some performance artists were told that their maintenances would be cut if they did not commit to performing at Bharat Nivas next year. The Bharat Nivas team recently underwent extensive changes and most of the Executive and operational teams, including Aurovilians who have been working there for many years, were either dismissed by the AVFO or resigned.

IN THE FIRE AND IN THE WHIRLWIND

"Wherever thou seest a great end, be sure of a great beginning. Where a monstrous and painful destruction appals thy mind, console it with the certainty of a large and great creation. God is there not only in the still small voice, but in the fire and in the whirlwind.

"The greater the destruction, the freer the chances of creation; but the destruction is often long, slow and oppressive, the creation tardy in its coming or interrupted in its triumph. The night returns again and again and the day lingers or seems even to have been a false dawning. Despair not therefore but watch and work. Those who hope violently, despair swiftly: neither hope nor fear, but be sure of God's purpose and thy will to accomplish.

"The hand of the divine Artist works often as if it were unsure of its genius and its material. It seems to touch test and leave, to pick up and throw away and pick up again, to labour and fail and botch and repiece together. Surprises and disappointments are the order of his work before all things are ready. What was selected, is cast away into the abyss of reprobation; what was rejected, becomes the cornerstone of a mighty edifice. But behind all this is the sure eye of a knowledge which surpasses our reason and the slow smile of an infinite ability.

"God has all time before him and does not need to be always in a hurry. He is sure of his aim and success cares not if he break his work a hundred times to bring it nearer perfection. Patience is our first great necessary lesson, but not the dull slowness to move of the timid, the sceptical, the weary, the slothful, the unambitious or the weakling; a patience of a calm and gathering strength which watches and prepares itself for the hour of swift great strokes, few but enough to change destiny.

"Wherefore God hammers so fiercely at his world, tramples and kneads it like dough, casts it so often into the blood-bath and the red hell-heat of the furnace? Because humanity in the mass is still a hard, crude and vile ore which will not otherwise be smelted and shaped; as is his material, so is his method. Let it help to transmute itself into nobler and purer metal, his ways with it will be gentler and sweeter, much loftier and fairer its uses.

"Wherefore he selected or made such a material, when he had all infinite possibility to choose from? Because of his divine Idea which saw before it not only beauty and sweetness and purity, but also force and will and greatness. Despise not force, nor hate it for the ugliness of some of its faces, nor think that love only is God. All perfect perfection must have something in it of the stuff of the hero and even of the Titan. But the greatest force is born out of the greatest difficulty."

Thoughts and Glimpses, SABCL, Vol. 16, pp. 392-93

"After all, the whole problem is to know whether humanity has reached the state of pure gold or whether it still needs to be tested in the crucible.

One thing is evident, humanity has not become pure gold; that is visible and certain.

But something has happened in the world's history which allows us to hope that a selected few in humanity, a small number of beings, perhaps, are ready to be transformed into pure gold and that they will be able to manifest strength without violence, heroism without destruction and courage without catastrophe.

But in the very next paragraph Sri Aurobindo gives the answer: "If man could once consent to be spiritualised." If only the individual could consent to be spiritualised... could consent.¹

Something in him asks for it, aspires, and all the rest refuses, wants to continue to be what it is: the mixed ore which needs to be cast into the furnace.

At the moment we are at a decisive turning-point in the history of the earth, once again. From every side I am asked, "What is going to happen?" Everywhere there is anguish, expectation, fear. "What is going to happen?..." There is only one reply: "If only man could consent to be spiritualised."

And perhaps it would be enough if some individuals became pure gold, for this would be enough to change the course of events.... We are faced with this necessity in a very urgent way.

This courage, this heroism which the Divine wants of us, why not use it to fight against one's own difficulties, one's own imperfections, one's own obscurities? Why not heroically face the furnace of inner purification so that it does not become necessary to pass once more through one of those terrible, gigantic destructions which plunge an entire civilisation into darkness?

This is the problem before us. It is for each one to solve it in his own way.

This evening I am answering the questions I have been asked, and my reply is that of Sri Aurobindo: If man could once consent to be spiritualised....

And I add: Time presses... from the human point of view."

1. "All would change if man could once consent to be spiritualised; but his nature, mental and vital and physical, is rebellious to the higher law. He loves his imperfection."

Sri Aurobindo and the Mother

<https://incarnateword.in/cwm/09/27-march-1957>

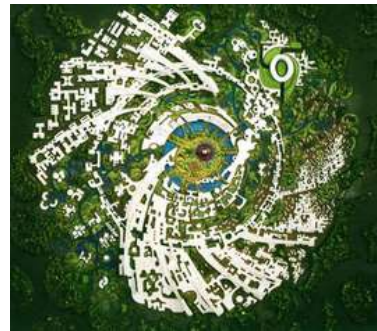


figure 2: Iconic Symbol of the Swirling Galaxy

A Rationale for the Kosmic Play of Opposites

Without turmoil, how can one truly appreciate peace.
The burning experience of hate is the catalyst to soothing Love.
Self-destructive falsehoods regenerate into life-giving truths.
And so, the dizzying swirl of the opposites
Coalesce into the Bliss of Union;
The tranquility in the eye of a storm;
The ecstasy in the harmony of a symphony;
The sustaining singularity in the heart of a galaxy.



2017.08.20

figure 3: <https://www.amazon.com/Zech-Joya-Panganiban/author>



Fire as the Symbol of Agni, Godhead of the Psychic beings:

- <https://incarnateword.in/compilations/the-psychic-being/psychic-being-and-agni-of-the-veda>
- <https://incarnateword.in/cwsa/15/agni-the-divine-will-force>
- <https://incarnateword.in/cwsa/15/the-doctrine-of-the-mystics>

Zech, 2023.12.13

DOUBLE THE DONATIONS!

SUPPORT THE CLOTH PAD REVOLUTION

You can donate here: <https://give.aviusa.org/page/EcoFemme>
or send us an email to info@ecofemme.org

eco•femme

**one donation,
TWICE the impact**

For the month of December, any donation made to Eco Femme will be **DOUBLED** by Auroville International USA.

Donations go towards funding our **menstrual health education** and **free, sustainable cloth pad kits** for girls from low income backgrounds in India*.

Every year we aim to reach **15,000** girls. The demand for our Pad for Pad programme is massive and we still need funds to reach 6000 girls.

Any donation, big or small, is gratefully received. Please spread the word with your family and friends!

**WILL YOU SUPPORT the
Cloth Pad Revolution?**

*Under our Pad for Pad programme.

SUPPORT AUROKIYA EYE CARE

Dear Friends and Supporters,

Greetings from Aurokiya Integral Eye Centre.
Join us in the fight against blindness in Auroville & Bioregion. Aurokiya Eye Care's holistic approach includes screenings, education, and vital treatments. Your donation means doubled impact in December through AVI USA's matching donation campaign.

The funding will be utilized for outreach eye camps (School screening, workplace screening, and village screening camps). Together, let's brighten futures and restore sight.

AUROVILLE INTERNATIONAL USA

**MATCHING DONATION
CAMPAIGN**

DECEMBER 2023

Support Aurokiya eliminate blindness to spread light this Christmas and New year

Aurokiya Integral Eye Centre

DONATE NOW

Double Your Impact!

aurokiya.com aurokiya@gmail.com Arka, Auro

Every contribution counts—give today and make a difference. Click [HERE](#) or scan the code.



HEALTH



AYURVEDIC RECOMMENDATIONS FOR WINTER

Even if the rain still gives a feeling of monsoon, body is actually in a winter mode. The cold atmosphere brings about blockages to the dissipation of body heat which increases the digestive power and metabolism, this increases the need for more nourishing food, fatty or sweet items to protect us from the cold.

There's a feeling of coming back to the warmth of one's inner place. In the body, Kapha slowly builds up to increase strength, energy and immunity. It accumulates extra fat to protect from the cold environment.

If imbalanced, it may give a sense of emptiness in the heart, dullness in the mind or feeling depressed or lonely (Vata or Kapha imbalances).

Help the body to regenerate: **KEEP AGNI STRONG** – in the abdomen for an optimum nutrient assimilation and in the heart for clarity and joy.

GENERAL GUIDELINES IN THE FOOD:

"The dishes that can be consumed during this season are meat soup topped with ghee, meat of healthy animals, beverages prepared with molasses and rice flour, pastries prepared using wheat, rice flour, black gram, sugarcane juice and milk products which are delicious and nourishing, fresh rice, gingelly oil and bone marrow" from the book Ashtanga Hrdaya, Sutrashtana, Chapter 3 Rtucharya, Sloka 11-14

- Sweet, sour and salty tastes are best for this season
- Eat warm, cooked food spiced up with:
 - ginger, pepper, turmeric, cumin, clove, asafoetida, mustard seed, ajwain, cinnamon, fennel seed, fenugreek seed, onion, garlic
- Proteins: Mungdal, black gram (Maasha) beans, chickpeas, lentils, white meat, egg, mutton (meat soup), nuts and seeds, spirulina, hemp seeds
- Vegetables: green leaves, carrot, beet, eggplant, cauliflower, broccoli, bitter-snake-bottleghourd, moringa (drumstick), chow-chow
- Sweet = Cereals: millets, wheat, barley, rice, oats
- Sweet = fruits: apple, banana, chiku, papaya, passion fruit, pomegranate, grape, guava, pear, rosella, all citrus preferably sweet
- Ghee or sesame oil, olive, sunflower, apple cider vinegar
- Beverages: herbal masala teas, hot water, with honey or jaggery; wine prepared with jaggery (called Arishtam), sugarcane juice, golden milk
- Ayurvedic blend to stimulate absorption: Trikatu (for Kapha), Hingwashtak churna (for Vata), Avipatkar churna (for Pitta)... with honey

AVOID WRONG FOOD COMBINATIONS:

Beans with animal proteins (cheese, milk, fish, eggs etc) or fruits
Eggs with milk, fish, meat, fruits
Ghee and honey in equal quantity
Milk with fruits, salty dishes, meat, yogurt
Curd with fruits, milk, cheese, fish, meat or eggs

TO AVOID:

- Cheese, yogurt, curd, lassi at dinner (they should be eaten at breakfast or lunch)
- Cold beverages
- Raw vegetables
- Heavy and difficult to digest (deep fried food, etc.)
- Ice-cream

IN THE ACTIVITIES:

- Main principle: stabilize, centre, recharge
- Sleep longer
- Keep a regular rhythm (with meals and bedtime)
- Massage with sesame oil + apply heat to let the oil penetrate
- Hot shower or bath, Foot bath with warm salty water
- Keep the body warm with cotton, wool, silk, leather
- Physical exercise: 30 minutes daily of stimulating Yoga, Pranayama, Meditation-concentration, Qi-Gong, Toning...
- Nasya: 1 drop of Anu Tailam in each nostril

TO AVOID:

- Prolonged fasting
- Humid and cold air, wind, fan
- Long hours at the computer
- Stay awake late at night

Wishing you a nurturing and loving winter
Be @ Sante



SANTÉ SERVICES IN DECEMBER 2023

Working Hours:

Monday - Saturday 9:00 - 12:30pm & 2:00 – 4:30pm

Tests and Sample collection:

Mon-Fri before 12:00 pm. No sample collection on Saturday.

For emergencies, contact:

Auroville Ambulance (24/7) : Phone: +(91) 9442224680
Government Ambulance (24/7) : Phone: 108

Please call Santé on (0413) 2622803 during working hours for an appointment

| | |
|--|---|
| Doctor consults with Dr.Senthil:
Monday to Friday | Nursing Care:
Ezhil, Thilagam, Archana & Sandhya:
Daily
No appointment necessary |
| Ayurveda with Dr.Be & Dr.Sonia:
Mon/Tue/Wed/Fri | Pregnancy Care & Women's Wellness with Paula:
Tuesday & Wednesday |
| Acupuncture with Andres:
Mon/Tue/Wed/Fri/Sat | Homeopathy with Michael:
Mon / Wed / Sat |
| Integrative Psychotherapy with Juan Andres:
Monday to Friday | Physiotherapy with Arun:
Monday to Saturday |
| Functional Medicine with Lize:
Wednesday & Friday | Physiotherapy with Rebeca:
Mon /Wed /Fri |
| Bio-Well Assessment (Evaluation of your well-being) with Helena:
Inquiry through email
(adminsante@auroville.org.in) | Physiotherapy & Massage with Galina:
Monday to Friday |

In Santé, we value our patient's confidentiality & make every effort to ensure their privacy.

In case of cancellation or to reschedule, it is necessary to inform us in advance.

AUROKIYA INTEGRAL EYE CENTRE @ ARKA

Working Hours: Monday - Saturday (9.00 am -5.30 pm)

Services Provided:

- Emergency eye care services with primary-level care
- Complete eye testing facilities for eye problems
- Follow-up services for surgeries and consultation from Aravind
- Spectacles and contact lenses
- Eye medicines (Homeopathy, allopathy, and Ayurvedic Drops)
- Personal guided support to visit Aravind Eye Hospital for surgeries and procedures
- Personalized eye exercise training, eye yoga sessions, and vision therapy sessions. Both morning and evening slots are available

Contact: aurokiya@auroville.org.in; aurokiya@gmail.com
WA/ Mobile: 8012305151: www.aurokiya.com

Aurokiya Integral Eye Centre
(An Auroville Activity)

EYE WELLNESS CENTRE

Eye Yoga & Vision Therapy

Find natural solutions for all of your eye care needs with a holistic approach through eye yoga and vision therapy.

Experience your visual healing with us...

Our Services:

- ✓ Eye Yoga and Eye Exercises
- ✓ Vision Stress-Relief Therapy
- ✓ Customized Vision Therapy
- ✓ Eye Relaxation Techniques
- ✓ Eye Wellness Group Programs
- ✓ Eye Nutrition Guide
- ✓ Sports Vision Training

Contact us for Details

www.aurokiya.com
+91 80123 05151 : +91 97042 58709
aurokiya@gmail.com
Arka Wellness Hub, Crown Road,

JOB OPPORTUNITIES



ANIMAL CARETAKER POSITION - FULL MAINTENANCE

As we step into the new year, the Auroville Dog Shelter is thrilled to announce a rewarding opportunity for a dedicated individual as a full-time animal caretaker. We are seeking an Aurovillian or Newcomer who possesses the skills and commitment to manage this vital role, overseeing the well-being of almost 300 dogs.

Job Responsibilities:

Commitment to a 5-day workweek, from 9:00 to 17:00, at the shelter, providing loving animal care. Coordinating and organizing tasks as a valuable member of our dedicated team.

This role is a true embodiment of the yoga of work – demanding and fulfilling. Recognizing the unique challenges, we offer a one-month trial period before a one-year commitment. Over the past year, we have achieved significant progress, and with the prospect of constructing an entirely new shelter, we are excited to welcome a new team member who shares our vision of becoming the premier shelter in the area, offering effective care and help to all those in need.

Join us in realizing this vision! Please contact Coco at +33 6 72 04 60 70 or Arthur at +918122225266 via Whatsapp.

ART AND CULTURE

CENTRE D'ART CITADINES EXHIBITION

ENDLESS GAME

by Dominique Jacques

Opening on 5 January 2024 at 4.30pm
at Centre d'Art Citadines

From 5 to 20 January

Tuesday to Friday 2.30 to 5.30pm

Saturday 10am to 12.30pm, 2.30 to 5.30pm

DOMINIQUE JACQUES
ENDLESS GAME

Opening on 5 January at 4.30pm
From 5 to 20 January 2024
Tuesday to Friday 2.30 to 5.30 pm
Saturday 10 to 12.30 and 2.30 to 5.30 pm
Centre d'Art Auroville - centredart@auroville.org.in

ENDLESS GAME, by Dominique Jacques

What is play if not theatrical staging? Putting reality aside for a moment, inventing other places, other rules, changing identities, as in role-playing games, those second lives where we swap our miserable selves for splendid avatars.

Games were one of mankind's first abstractions, an allegory of our life courses as a training ground for strategizing, giving us the illusion of controlling our fate, perhaps even transcending it. Games symbolize the antagonism between the living, it wants a winner, but allows for revenge.

If the universe is the creation of the divine which plays to know itself, then we are participants in this never-ending adventure. Each time our soul takes on a new body, we return to the arena to play a new game that will only end when we die.

It's the field of experience, where we receive physical, geographical and character attributes, we learn, we have allies and enemies, we know victories and defeats, we rebel and take on challenges. Are we just pawns during our passage on earth? Is the game rigged, or do we have the power to push back the limits and change the rules?

The game's space is also one of dreams. It's the realm of our imagination, of which we are still the lords, where we let in whatever enchants us most, where haunting memories sometimes visit us. Children, precarious magicians and relentless dreamers, still have access to spaces to which we have lost the key.

And that's exactly what art is, a medium that gives us back the keys to the kingdom, an extraordinary game, that allows us to build new worlds, to try and change the rules of the game.

PITANGA EXHIBITION - CERAMICS - V BY PRIYA S.

Art Exhibition

Ceramics - V

Priya Sundaravalli

30 Dec 23 - 30 Jan 24
at Pitanga

Exhibition timings: Daily, except Sundays 8.00 - 12.30pm & 2.00 - 5.30pm
Pitanga Cultural Centre, Samasti, Auroville 605 101 | info@pitanga.in | 0413 - 262403; 9443902403
A service unit of the Auroville Foundation, Health and Healing Trust branch | GSTIN: 33AAATA0037BY3N

EDUCATION

HELP WITH ENGLISH TEXTS NEEDED?



Dear all,
Manya, an Auroville youth, will be offering a new service under the YouthLink Banner.

The service will aim to help non english speakers correct their written text for letters, emails, blogs etc.

Its purpose is to promote English literature to those who have trouble with the language and to encourage higher levels of expression through text.

Alternatively, if you do speak English fluently and would like your text to be proofread, Manya would be more than happy to help! This will be a free service and any donations will be given directly to Manya to support an Auroville youth providing a much needed service.

If you are interested, please reach out ot us at youthlink@auroville.org.in or Whatsapp us at +91 85248 25120

Much love,
Manya & the YouthLink team.

SPOKEN ENGLISH AND HINDI

Hi! My name is Ashwini and I have an experience of 20 years as a Spoken **English, Hindi, Kannada and Marathi** language trainer for all levels. If you are interested in learning one of the above languages either in oral or written form please contact me on my WhatsApp 8270512606.

TUTION GRADE 1-12

Tuition classes open for students from grade 1 to grade 12. Please contact on my WhatsApp 8270512606. Ashwini



NEWS FROM AUROVILLE LANGUAGE LAB



Please remember to put your mobile phones on flight mode and switch off all wireless and Bluetooth devices before you enter the Lab. We are a wireless-free space!

Our first full-length publication: We are delighted to share that our first full-length publication, "From Resonance to Bonding" by Dirk Beckedorf & Franz Müller is now available on Amazon! The book gives an in-depth explanation of the Alfred Tomatis method, its scientific bases, how and why it works, along with detailed case studies. Links below:

- Amazon India: <https://amzn.eu/d/e4jhPpl>
- Amazon.com: <https://a.co/d/cwpVBlj>

Looking for: Volunteer (s) capable of reading & writing **Kannada & Telugu**, for proofreading a couple of short documents (that have been translated from English). The work requires 2-3 hours of commitment.

Tomatis

There are spaces available for both language & therapeutic programmes!

Please contact 0413-3509932 or 04132622467 or email us at tomatis@aurovillelanguagelab.org to schedule your Listening Tests & Consultations.

To know more about the Tomatis Method, please have a look at the following links:

- <https://www.aurovillelanguagelab.org/tomatis-method.php>
- <https://www.aurovillelanguagelab.org/tomatis-kids.php>
- <https://www.youtube.com/watch?v=wnpXprTl3m0>
- <https://www.youtube.com/channel/UCeTIG0y-sBMlyyWZNdZcAng/videos>
- <https://www.listenwell.com/>

Current Language Courses at ALL

New: Beginner Spanish with Mila

Great news for Spanish learners!

Our long-time Spanish teacher, Mila is ready to start a new batch for Beginner Spanish. This three-month (24-hour) course is structured on the highly-acclaimed book, "Madrigal's Magic Key to Spanish: A Creative & Proven Approach." Mila has been running this course since many years. By the end of the course, students will be equipped with the Spanish alphabet, phonetics, & vocabulary. The course will also delve into verb conjugations, formation of sentences, use of adverbs & adjectives, and work on the student's listening & reading skills.

We hope to start mid-January. We do need to have 6-7 confirmed registrations. Timings & days to be announced soon.

New: French with Jean-François

Jean-François offers three 2-month courses:

Beginner French:

This 16-hour course is for all those wanting to join a French course but finding themselves too busy through the week! Our Beginner French Course is deliberately planned for Saturdays! The classes are highly interactive delving into French vocabulary of everyday life and the basics of grammar. By the end of the course, you would be able to make simple sentences useful for interaction, and talk about your work, hobbies, daily life, etc. in a simple way.

- This course will start **November 4**. Classes take place **Saturdays, 2:30 to 4:30pm**

French Conversation (Post-Beginner to Pre-Intermediate level):

This 12-hour course is for post-beginners with a basic knowledge of French who are not yet comfortable conversing in French. The course will focus on day-to-day topics and will be a good mix of grammar, and interactive verbal as well as written exercises. By the end of the course, the students will acquire a more solid foundation in French conversational skills. All students who have taken Jean-François's Beginner Course are welcome to join!

- This course will start on **November 4**. Classes take place **Saturdays, 10:30am to 12noon**.

French Conversation (Intermediate level):

For those of you who know a bit of French, this is the perfect course to get more fluent, expand your vocabulary, and speak without inhibition in a diverse & fun group! Each lesson covers a theme of daily life (work, family, hobbies, shopping, projects, etc.) and is aimed at developing the students' ability to express themselves and interact in French. Jean-François would explore a range of topics like food, sports, travel, philosophy, news, literature, economics, social sciences, theater, and more. He will also review the grammar useful for basic conversation.

- This 16-hour course will start on **November 6**. Classes take place **Mondays & Thursdays, 2:30 to 3:30pm**.

German with Ben

Ben will resume his courses from mid-January. You are welcome to enquire and register.

English Conversation with Ramesh

Ramesh's next batch will begin mid-January. Registrations open!

Spoken Tamil with Saravanan

Saravanan has been running this interactive and practically-oriented course for the past seven years. The class modules are based on a booklet called "Fun with Tamil", which has been put together with a lot of research and thought. By the end of this course, you would be able to converse in Tamil on day-to-day matters, having achieved a deeper understanding of its sounds, pronouns, conjugations, etc.

- Classes take place **Tuesdays & Fridays, 9:30am to 10:30am**. Course started on **September 12** comprising 24 hours of teaching over three months.

Intermediate Spanish with Susana

Our long-time teacher, Susana, is offering an Intermediate Spanish course for students who are already familiar with the various verbal modes in Spanish language (Infinitive, Indicative, Conditional, Subjunctive, and Imperative). The course will focus on polishing the conversational skills of the students and will also dive into the rules of grammar. This is a monthly course.

- Classes take place every **Tuesday, 2:30pm to 4:00pm**.

Beginner and Pre-Intermediate English with Rupam

Rupam continues to offer morning English classes. Her classes are a mix of discussion on current topics, and grammar as necessary. You are welcome to try out a class and see if it fits your needs. However, please note that this is not a drop in/walk in class but is meant for students committed to joining the course.

- Classes take place **Tuesdays & Thursdays, 10:30am to 11:30am**. Enquire now to join!

If there is a language you would like to learn, and it's not on our list, please send us a query!

To join or enquire:

Please fill out our form at

<http://register.aurovillelanguagelab.org/>

You may also drop us an email at

info@aurovillelanguagelab.org,

call us at **2623661** or **come visit us!**

Please Note:

Registration and contribution are essential before you join a course with us. Please see our team member at the front desk to ensure this is complete, thank you!

Current Schedule of Classes


| Language | Level | Time | Day(s) Of Classes |
|----------|---|--------------------------|--------------------|
| English | Pre-Intermediate & Intermediate | 10:30 - 11:30am | Tuesday & Thursday |
| | Conversation January 2024 | 4-5pm | Tuesday & Thursday |
| French | Beginner Started 4 November 2023 | 2:30- 4:30pm | Saturday |
| | Conversation 1 Started 4 November 2023 | 10:30am – 12noon | |
| | Conversation 2 Started 6 November 2023 | 2:30 -3:30pm | Monday & Thursday |
| Tamil | Spoken Beginner Started 12 September 2023 | 9:30 – 10:30am | Tuesday & Friday |
| Sanskrit | Beginner To start January 2024 | TBA | TBA |
| Hindi | Beginner January 2024 | 10am – 12noon | Saturdays |
| German | A1.1 Beginner January 2024 | 9:30 – 11am | Monday & Wednesday |
| | German Conversation To start soon | 4 – 5pm | Tuesday & Thursday |
| Spanish | Beginner To start January 2024 | 2:30 – 3:30pm | Tuesday & Thursday |
| | Intermediate | 2:30 – 4pm | Tuesday |
| Japanese | Beginner To start December 2023 | TBA | TBA |
| Italian | Beginner TBA | TBA | TBA |
| | Intermediate Started 14 December 2023 | 3 – 4pm
2:30 – 3:30pm | Monday
Thursday |
| Persian | Beginner To start January 2023 | TBA | TBA |

The Language Lab is open:
Monday – Saturday, 9am - 12pm & 2pm - 5pm

Location:
International Zone, after Unity Pavilion & Pump House.

Contact:
Phone: (0413) 2623 661, 2622467, +919843030355 Email:
info@aurovillelanguage.org

LEARN THOOYA TAMIL



Tamil classes for absolute Beginners

Start date: January 8th, 2024


Time: 7:15pm - 8:30 pm, every Monday

Venue: Auroville Council Room, Town Hall

தூய தமிழ்

Thooya Tamil


பயிலகம்



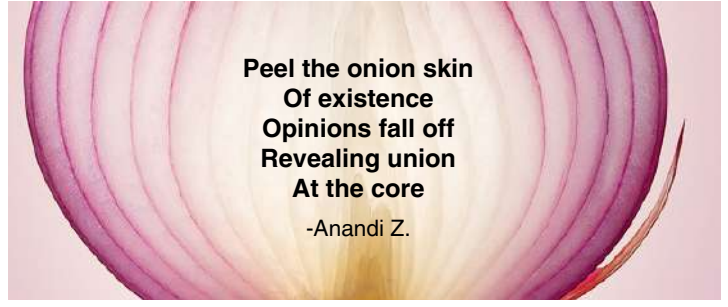
PAYILAGAM

Spend 3 months learning to speak, read, and write Tamil quickly; get to know a bit of the language and cultural history of Tamil with Sandeep

to get a feel for the classes, listen to this podcast:



POETRY



CRUCIBLE OF AUROVILLE

We live in the crucible of Auroville
Where all who join must face transforming fire,
Yet all is beautiful here, the heart to fill
But those who are sincere must clear the mire

Of habits and recurring preferences.
There is no elite but there are darkness' powers
Intent on rule whose gross injustices
Upon the masses seeking peace lowers

The consciousness of collective harmony,
But looking carefully we understand
That this township represents humanity
And the transforming action Mother planned

Must come in time to those who've heard the call.
One thing is certain, Auroville will not fall.

-Narad

ACROSS THE INFINITE SEAS

I look upon the body that I wear,
This form that through the years has carried me
And noticing a mark here and there
Attend and attest to the Divinity

Who dwells within and guides the soul to light
For deep within I have felt the burning flame
That cleanses all distortions and the plight
Of former births, remembering The Name

Which I recite from early morn to eve,
Aspiring to purify the mind,
The life force and the body, not to grieve
But offer in joy the peace within to find,

The Ashram and now in Auroville my home
Soon across the infinite seas I come.

-Narad

CLASSES, WORKSHOPS & HEALING ARTS

DEEP SOUND BATH IN CREATIVITY

TIBETAN BOWLS

Hall of Light
CREATIVITY community

Every Friday
from 5 to 6:30 PM

Starting from 17th November



There will be a LIGHT massage by the Tibetan Bowls.

Lie down, relax, simply allow yourself to experience the ancient sound from the Tibetans bowls.

The practise produce a soothing sound believed to have a powerful effect in the body's energy system, helping to balance the chakras and promote healing.

"If we accept that sound is vibration and we know that vibration touches every part of our physical being, then we understand that sound is heard not only through our ears but through every cell in our bodies. One reason sound heals on a physical level is because it so deeply touches and transforms us on the emotional and spiritual planes."

Drop in the Hall, no reservation needed.
Please arrive 10 minutes before.

Guest 600 rs
Volunteer 300 rs
Aurovilians and Newcomers, conscious contribution

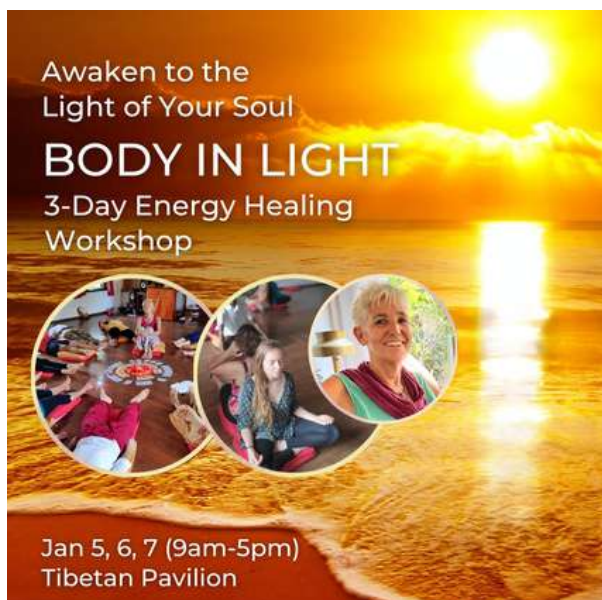
Sathyayuga
WA +917639761930

BODY IN LIGHT: ENERGY HEALING WORKSHOP

January 5, 6, 7th, from 9am-5pm, Tibetan Pavilion

In this 3-day workshop, learn:

- Fundamentals, Principles and Universal Laws of energy healing
- Dive into powerful techniques for self-healing.
- Realign to the Blueprint of your Soul, your Divine Essence —through Divine Spine Alignment.
- Step into the frequency of the four powers of the Divine Mother: Wisdom, Harmony, Strength & Creation.
- Facilitator: Sandhya, Energy Healer & Teacher since 25 years. Register now: contact@auroville-jiva.com, or WhatsApp: +91 70413 91995.



MINDFULNESS FOR STRESS REDUCTION (MBSR) - 8 WEEK COURSE

Mondays from 8th January to 26th Feb 2024 - 6.45-9pm

The MBSR course is considered the gold standard in mindfulness training. This secular course synthesizes the ancient Eastern wisdom on mindfulness with the Western science on stress reduction, positive psychology & neuroscience.

The course has been found to improve participants' ability to cope with the stresses of everyday life - giving space to respond to situations rather than react. It has been found to help with anxiety & depression, to help manage chronic pain & lower blood sugar levels, to improve emotional regulation; increase attention, focus & memory; and plant inner seeds of happiness, resilience, kindness & acceptance.

It is suitable for those new to meditation as well as experienced meditators looking to deepen their practice.

The course is run in small groups (6-12 people), so places are limited. If you are interested to attend whatsapp Helen on 7094753054.

MINDFULNESS FOR STRESS REDUCTION (MBSR) COURSE

finding peace in a frantic world



8 WEEK COURSE: STARTS 8TH JAN,
ON MONDAY EVENINGS 6.45-9PM

FOR BOOKING & DETAILS WHATSAPP
HELEN ON 7094753054

AUROVILLE HEALTH CARE

KINESIOLOGY JANUARY 2024 PROGRAM

New: Kinesiology courses beginning in New Creation, Auroville.

Touch For Health

Inspired by Chinese medicine, Touch for Health (T.F.H.) or health through touch allows for the assessment and correction of the energetic system, organs, and acupuncture meridians through the muscular system. John THIE, one of the leaders in kinesiology, developed this technique by reflexively influencing the lymphatic system and blood circulation, enabling the body to self-regulate. With its balancing capabilities, Touch for Health serves beneficial functions.

Level 1 : 2 days, 8-9 January

Level 2 : 2 days, 10-11 January

Brain Gym

Kinaesthetic education or Brain Gym is an approach that enhances skills and stimulates capabilities. It offers an experiential learning based on movement and observation through playful and creative activities. Brain Gym courses aim to teach how to assist others and oneself in managing stress, releasing muscle tension, and rediscovering the joy of moving, learning, evolving, and succeeding.

Level 1: 2 days, 15-16 January

Level 2: 2 days, 17-18 January

For more information on kinesiology courses and classes go to www.kinesiology-auroville.in

The teacher

Yehovind (Ricardo Martinez) was director and teacher of the ASTM kinesiology school in Paris for 13 years. He has more than 20 years of experience in this field. Courses are in French and translated in English.

Place: New Creation, Auroville (Near Kuyilappalayam)

Contact:

Whatsapp message only: +33686928426

yehovind@gmail.com

contact@kinesiology-auroville.in

I JUST WANNA WRITE

If you want to write on any level, from personal to narrative or theater and short movies scripts, just check the blog at <https://gatedreams.com/> and click on I Just Wanna Write. Or go to the Auroville Radio website and enjoy the many episodes uploaded there. I'm uploading a series on the Hero's Journey that you might find useful. To enter the Blog on the website, you'll have to sign up. It's free for Aurovilians, Newcomers and Volunteers. And if you feel like stuck in your writing exploration, or if you need some encouragement or fresh ideas to unblock your journaling practice (or if you want to start one) or if you feel that writing is part of your creative self educational path, I will happily share my real presence and time for an enjoyable writing session with you.

Contact me here: avgateofdreams@gmail.com

Let's keep up with the writing!

Francesca



TAI CHI HALL @ SHARNGA

The Tai Chi Hall in Sharnga community offers daily classes, six days a week.

Mondays & Saturdays:

- 7:30-8:30am Chi
- 8:30-9:30am Form

Tuesdays - Fridays:

- 7:30-8:00am Chi
- 8:00-9:00am Form

We practice three forms (24, 108 and 127) in the Yang style, as taught by the Inner Way School - Stevanovitch Method (artduchi.com). All are welcome to drop in.

Our next beginner's intensive is from February 12 to March 2, 2024.

taichi.auroville.org / taichi@auroville.org.in

VIPASSANA MEDITATION

Date: Every Sunday

Timings: 8:30 AM – 12:30 PM but you can also drop in and join as long as you wish.

No registration is required.

Venue: Udavi School (2nd building on the left when you are at the front entrance), near Tank in Edayanchavadi (Auroville). Location [here](#).



Vipassana

As taught by S.N. Goenka



Contact: Sanjay Tumati,
+91 8790982210 (available on WA)
sanjay@auraauro.com

CONSCIOUS NATURE IMMERSION AT MAHAKALI PARK

MahaKali Park is one of the 4 parks of Auroville, which is developed as a place for holistic awareness and self-development through nature. Every Wednesday and Sunday, Major Arun and Solen-Mukhande guide you into an educational and meditative walk in the forest. The historical experience of green spaces in the specific context of Auroville have led to a unique understanding of holistic ecology. Providing a space for a direct connection with the organic "web of life" brings, in turn, insights for our self-study and yoga of work.

Free. Contributions accepted for the management of the site. / **Be adequately clad to prevent mosquito bites.** You may also carry mosquito repellents. / **Venue:** Meeting point at Révélation's main gate 5/10 min before the time of the session (Search for "Revelation Forest" on Google Maps) / **Contact:** +919500183706 (Arun) +33613047794 (Mukhande). Better to confirm your venue by one WA message, especially if it rains. / **We also custom programs, training and healing sessions on prior demands.** Please note that the park is not yet accessible without our supervision, thank you for your understanding!



SERENDIPITY ACTIVITIES & THERAPIES

(Ex. Joy Community in front of Center GH)

Center Field, Auroville - 605101, TN, India

Mobile/Whatsapp: +91 9385623342

Email: serendipityauroville@gmail.com

<https://serendipity.auroville.org>

<https://www.facebook.com/serendipityauroville>



Tea Meditation -with Jass

Sunday 31st December 11am



To join and for more information call:

+91 73394 54425

On Donation basis

Tea is an ancient drink, that has been hailed for its beneficial effects for ages. The story goes that centuries ago some monks threw these leaves in a pot of hot water and discovered that after drinking the infusion they could meditate much better! And so tea and meditation have always been intertwined. In this session we will explore the traditional Chinese way of serving tea, 'Gong Fu Cha', drinking quality Chinese tea in a silent and mindful manner.

At Serendipity Guest House, next to Center guest house



AUROMODE YOGA SPACE
DECEMBER 2023 SCHEDULE



Registrations is a must for all the program.
Email or WA us, to know about the fees structure and other details.
Contact – email – balaganesh.siva@gmail.com & WA(only) +91 98926 99804

| Day | Time | Description |
|------------------|----------------------|-----------------------------------|
| Monday to Friday | 7 30 am to 9 30 am | Vinyasa flow Yoga & breathwork |
| Monday to Friday | 11 00 am to 12 00 pm | Mobility with Karlakattai |
| Tuesday | 5 00 pm to 6 00 pm | Bollywood Dance |
| Friday | 5 30 pm to 7 00 pm | Vinyasa flow Yoga |
| Saturday | 7 00 am to 9 am | Karma Yoga |
| Saturday | 11 00 am to 12 30 pm | Satsang |
| Saturday | 5 30 pm to 7 00 pm | Vinyasa flow Yoga |
| Sunday | 10 00 am to 1 00 pm | Tamil culture tour & temple visit |
| Sunday | 5 30 pm to 7 00 pm | Vinyasa flow Yoga |



AUROMODE YOGA SPACE
200 HR YOGA ALLIANCE TTC INTENSIVE



Course dates: **January 3 to January 24, 2024**
Timings: **6:30am to 9:30am - 3:30pm to 7:00pm**, except Sundays

Join us for a transformative 3-week, **21-day Yoga Teacher Training Intensive!** Immerse yourself in the enriching practices of Hatha and Vinyasa styles. Explore meditation, pranayama, and the practical applications of yoga for a balanced modern lifestyle. Elevate your practice and become a certified yoga teacher. Limited spots available.

- Daily Hatha & Vinyasa flow yoga sessions along with Pranayama, Meditation, Kriyas.
- Introduction to Yin, Animal flow, Sound healing, Karma Yoga and more.
- Yoga Philosophy of Patanjali and other texts.
- Sequencing skills, subtle anatomy, mantra chanting
- Free time to work or explore Auroville between 9 30 am to 3 30 pm.
- Not just Asanas, but a complete lifestyle experience in the International town of Auroville.
- This training is for creating and sustaining an injury free self-practise and to teach others.
- Yoga Alliance, USA accredited Certification.

Registration is a must. WhatsApp for fees & other details.
Email - balaganesh.siva@gmail.com WA + 91 98926 99804



Yogic Tamil food - Dec 2023

Did you know that chillies were introduced to India by the Portuguese, and traditional Tamil cuisine did not include them?

Did you know that we don't eat raw salad as it was not offered to the Divine first through fire(heat) offering? Join us for a limited-seat Tamil culinary experience to discover authentic Tamil food that is not served in restaurants.

We prepare the food fresh, local, seasonal and in yogic way. It will be a taster menu of food served on a banana leaf.

Every Sunday - 1 00 pm to 2 00pm

Auromode Yoga Space

Email - balaganesh.siva@gmail.com WA + 91 98926 99804



Tamil culture and temple visit - Dec 2023

Embark on a captivating journey through the rich history of Tamils and Tamil Nadu! The Auroville region boasts temples dating back 1300 years, each with its own story of history and culture. Uncover the legends that foretold the arrival of Auroville some 600 years ago, and immerse yourself in the vibrant tapestry of Tamil Nadu's heritage. Join us and discover the timeless tales that have shaped the essence of Tamil culture & delve into the diverse facets of Tamil religion, culture, and local traditions.
Every Sunday-10 am to 12 30 pm

In your own vehicle or Auto at extra cost

Auromode Yoga Space

Email - balaganesh.siva@gmail.com WA + 9198926 99804

We have activities all though the week, DM us



PITANGA



Holiday Program 26 December to 6 January 2024

Pitanga is closed on
Monday, 25 December and Monday, 1. January 2024



A happy and healthy

2024

Pitanga team

CLASSES - REGISTRATION REQUIRED

Iyengar Yoga with Chloe

Tuesdays 9am –10:30am with Chloé | Yoga for the Spine | All levels

Suitable for all levels of practitioners. Special attention is paid to relaxing the back and the correct position of the spine in various types of asanas. Each practitioner should be prepared to independently use props such as chairs, rollers, bricks.

Art Therapy with Gala *Please register*

Thursdays, 3 – 5pm for adults

Fridays, 3 – 5pm for families (children 5 years and older)

DROP-IN CLASSES *Join without prior registration!*

Mondays

7:30am – 9:00am | **Asanas** with Rachel | All levels |
8:30am – 10:00am | **Yoga Therapy** with Gala | All levels
4:00pm – 5:00pm | **Deep Presence** with Mike S.

Tuesdays

4:45pm – 5:30pm | **Odissi Dance** with Rekha | Beginners
3:30pm – 4:30pm | **Body Musik** with Anandi Z. | All levels | All are welcome to join.

Wednesdays

7:30am – 9:00am | **Asanas** with Rachel | All levels |
8:30am – 10:00am | **Yoga Therapy** with Gala | All levels

Thursdays

4:30 – 5:30pm | **Aviva Exercise** with Suriya | For women | (*Not on 21. December*)
4:30 – 6:00pm | **Vocal Sound Healing** with Lola | All levels
(*Not on 29 Dec. beginning again in Jan. 24*)

Fridays

6:45am – 8:00am | **Pranayama** with François & Namrita |
For former "The Art of Living" course participants
9:00am– 10:00am | **Lola's ATB special** for seniors, all levels
(*Not in December*)
7:30am – 9:00am | **Asanas** with Rachel | All levels |

8:30am – 10:00am | **Yoga Therapy** with Gala | All levels
8:30am – 10:00am | **Yoga Therapy** with Gala | All levels
3:00pm – 4pm | **Reading of Savitri** with Patricia| All are welcome to join
4:30pm – 5:30pm | **Reading of the Life Divine** with Balvinder | All are welcome to join.
5:15 – 6:15pm | **Feldenkrais class** with Shari | All levels
(*not in December*)
5:15pm - 6-15pm | **FOR GIVING LOVE** with Marie-Claire | A weekly inner dialog to foster your own healing.

Saturdays

11:00am -12:15pm | **ATB explorations** | with Teresa | All are welcome to join. (*Not on 30 December*)
4:30pm – 5:30pm | **Body Musik** with Anandi Z. | All are welcome to join

YOUTH ACTIVITIES

During the holidays from **26 Dec. to 6 Jan. 2024** the classes for the youth with Lisbeth and Gala are paused.

These are ongoing educational programs and not intended for drop-in students. If a child is interested, parents need to talk to the teacher before bringing the child.

HEALING SPACE - BY APPOINTMENT

- Acupuncture by Heidi (*not from 24. Dec.to 1.Jan.24*)
- Bio-Resonance (with Bi-Com machine) by Afsaneh
- Chiropractic by Afsaneh
- Thai Yoga Massage by Juan

NEW ACTIVITIES

New class in January 2024

"Born Free"

A Five Hour
Transformative Workshop
with Ange Blancheflower



"If your Answer to 3 or more of the Following Questions is a YES, Then it would be my absolute pleasure to Invite you to the 5 Sessions, in person Workshop 'BORN FREE'

1. Do you feel dissatisfied in any area in your life?
2. Perhaps you're thinking of making changes in your life but you have already tried many times without success.
3. Do you have dreams, great goals and ideas on how you would like to live your life but you don't know how to do it?
4. Perhaps you have achieved a lot in life, you have done great things but you feel like you would like to experience more. This feeling makes you unsatisfied and you don't understand how to get rid of it.
5. Maybe you are completely lost in life, you feel stuck in the same place and you start to lose hope that you can change anything.
6. Maybe you study self development and the power of the subconscious. Maybe you have watched 'The Secret', you feel that you know a lot about it, but your results in life are unsatisfactory. You don't know how to apply the knowledge you study so thoroughly.

These Five Days could be Transformational to your Life.
Ange Sabine Blanchflower"

Monday 08 to 12 January 2024, 12:45 to 1:45pm



New class

For Giving Love

Transmuting heavy emotions
with Dr Laskow's tools

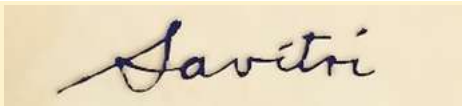
New Class on Fridays

Marie-Claire invites you to an inner dialogue with yourself that helps you to let go of all heavy emotions and release energy patterns that could otherwise drain your energies.

Dr Laskow's tools guide you through a process of forgiveness to complete your own healing. Forgiveness does not mean forgetting or accepting what has been done. It does not mean loving others, which may or may not happen in the process. It's simply taking back the energy that you have bound up with your feelings about certain people, releasing energy patterns that might otherwise contribute to illness.

Starting on **Friday, 22. December** a weekly session is offered at Pitanga: **5.15 - 6.15pm**.

This is a drop-in event. No prior registration is necessary. Please arrive on time. Late arrivals cannot be accommodated in the class.



New Class on Fridays, 3-4pm: Reading Savitri

Starting on 8 December

Life has "cast the spirit into physical form" - Savitri, Book II, Canto VI

In joyful anticipation, we propose to explore Savitri for clarity about our physical body and for assuring our embodiment of "the bliss for which all forms were created". - Savitri, Book II, Canto IX

A Savitri circle will make a start at Pitanga on **Friday, December 8, from 3 to 4pm**, promptly. Patricia (native English speaker) will facilitate.

Bring your book or e-book. If you request in advance, extra books may become available.

No prior knowledge is necessary and all are welcome to enjoy the beauty of Savitri.

Every Friday from 3- 4pm with Patricia



ATB explorations

(Awareness through the body)

A joyful space for discovering oneself and developing attention and relaxation.

"Whatever you may want to do in life, one thing is absolutely indispensable and at the basis of everything, the capacity of concentrating attention." The Mother

All are welcome - **Drop-in session**.

Every Saturday from 11am to 12:15pm.

Not on 30th December

With love and gratitude, Teresa

If you wish to receive our program of activities by email, please write to us: info@pitanga.in

See you at Pitanga, with a smile !

Pitanga Cultural Centre
2622403 / WA 9443902403
info@pitanga.in

VÉRITÉ WORKSHOPS AND THERAPY

Pre-registration required

Please contact Verite @
0413 2622045, 2622606, 9363624083 or
programming@verite.in, www.verite.in



Safe Yoga Asana Practice: Do's & Don't's – with Rebeca Saturday, December 30, 9:30am – 12:00pm

Although yoga offers many health benefits, if practiced incorrectly, it may cause muscle strain, torn ligaments, or other serious injuries. Rebeca will present a detailed breakdown of some challenging asanas, to both understand the risks and develop the necessary skills for a safe practice. Session open to all; especially designed for yoga teachers or yoga practitioners.

Sivananda Yoga: Masterclass – with Mani Friday, January 5, 9:15am – 12:00pm

A classic Sivananda session, including basic pranayama (breathing) and Surya namaskar (sun salutation), designed to massage and rejuvenate the entire spine, with rhythmic alternation between effort and relaxation to balance the nervous system and prepare it for the final guided relaxation.

Master Class: Yoga to Calm the Nervous System & Mind – with Andres

Friday, January 5, 9:15am – 12:00pm (theory booklet included)

Modern life often seems designed to bring strain to our nervous systems, contraction to our bodies, and imbalance to our minds. But there are ancient tools from Yoga that are designed to free us from the restraints that keep us from experiencing well-being, inner peace, and contentment. Learn the practical techniques of breathing, mantra, asana, and relaxation that calm the mind, relax the nervous system, and awaken the balance that already dwells within the memory of our bodies.

Awareness Through the Body: Exploring Form – with Amir

Saturday, January 6, 9:15am – 12:00pm

Exploring FORM: tuning and cultivating the observer within through being guided into various physical shapes that embody expressions of different inner qualities. Relax with the intention to approach the physical plane spontaneously, while easing into receptivity to the inner movement.

Master Class: Yoga Asanas & the Spine – with Rebeca Saturday, January 6, 9:15am – 12:00pm

Anatomy and biomechanics from a physiotherapeutic point of view. The spine is the central axis of the physical body and the housing of the central nervous system, it's intimately involved in everything we do in daily life and in our yoga practice. We will explore through practice and an anatomical focus, its role as structural support. You'll sense your own unique anatomy to find ways of practicing yoga that are inspired by the shape and form of our own bones, allowing us to move with more ease and grace, and preventing injuries. Sessions open to all, specially designed for yoga teachers or yoga practitioners.

QUIET HEALING CENTER



Quiet Healing Center, Auroville 605 104, Tamil Nadu, India
www.quiethealingcenter.info / quiet@auroville.org.in
Mobile & WhatsApp: +91 9488084966

Baby Watsu Class with Appie & Friederike **Monday 8 January 2024 (9:30 - 11:00am)**

A special opportunity to connect with your baby! You'll be guided how to hold, feel and move your baby, using the qualities of warm water, so that you and your baby can feel safe, at ease, and enjoy this quality time together. You'll learn and practice the basics in the group, while you stay focused on your baby's needs in the moment. In the end, there is free playtime.

Please bring towels and a clean closing swimming pant for your baby. **For babies between 2 and 12 months with their mother or parents.**

Watsu® Yoga Round with Fred & Roberto **Monday 8 January 2024 (3:00 - 6:30pm)**

Watsu Yoga Round is a powerful tool for deep relaxation and inner peace. It focuses on listening to the body and presence; it represents a way to come back to your heart and to an inner silence that is fully alive and vibrant. It is an invitation to feel, awaken and celebrate the energy of your being.

When immersed in warm water during the Watsu Yoga Round, the body does not suffer from the effects of gravity; the flow of movements and stretching, alternated with moments of stillness, invite a progressive well-being: body and mind become free to dance!

No previous experience required (also no need to know how to swim)!

Watsu® for Babies with Dariya **Tuesday 16 January 2024 (8:45am – 6:00pm: 8 hours)**

Watsu for Babies is a beautiful and spontaneous way of experiencing the first childhood years and is open to all those, who would like to feel the joy of being in water with babies.

In this course, you'll discover that emotions arising from spontaneous movements in water open up extraordinary borders; they allow us to be in the present moment, simply listening to the breathing of the baby, while being supported by the healing powers of water.

Through some Tantsu and Ai-Chi exercises on land, you'll start listening to yourself and to the baby you hold in your arms. You'll also learn possible transitions of the Watsu sequence in order to expand it in creative ways for babies.

Thanks to the collaboration with Gianni De Stefani, a senior WABA instructor, Dr. Riccardo Palumbo has been able to develop a new massage, which is introduced in this course to bring Watsu into the world of babies.

Prerequisite: Watsu® Basic or a degree to work with babies in water. Certificate upon completion of the course.

Watsu® Basic with Petra **Tuesday 23 & Wednesday 24 January 2024 (8:45am - 6:30pm: 16 hours)**

Watsu is an aquatic bodywork modality given in a warm water pool (ideally 35°C). This basic course introduces the necessary qualities and body mechanics required to work with someone in water in order to create a profound state of both physical and mental relaxation.

In this course, you'll practice basic techniques and essential qualities such as grounding, presence, stillness, movement, and attention, while holding and moving another person in water. You'll experience floating other people and being floated, thereby opening new pathways for deep relaxation and nurturing body, mind and spirit.

Prerequisites: no previous experience required. Certificate upon completion of the course.

Holistic Hand & Foot Reflexology Training with Ananda **Wednesday 24 - Sunday 28 January 2024 (9:30am – 6:00pm: 30 hours)**

Holistic Reflexology is a deeply relaxing, healing & balancing tool for body-mind-energy. With meditative presence, loving energy & by activating and relaxing nerve endpoints, lymphatic nodes and energy points in hands and feet, we support harmonizing internal organs, blood circulation, nervous, hormonal, lymphatic systems and boost immunity.

In this training, you'll learn and practice: anatomy of physical & energy bodies and hand & foot reflexology maps; hand & foot reflexology techniques and sequences for organs, nervous, lymphatic, hormonal and energy balancing; lymphatic flush drainage sequence for detoxification; warm-up, self-healing, theory, practice, exchange sessions and integration; meditations to be open channel of presence and loving energy; effective ways to give deep healing sessions effortlessly; client reading and connection, flow, and after session support.

This training is for anyone, who wants to heal oneself, is an intuitive healer and wants to learn an effective art and science of healing, wants to work professionally with Reflexology, wants to share love and healing touch with family and friends, wants to learn the mysteries of body, energy and right tools to heal or is already into healing and wants to make it more effective and effortless.

No previous experience required. Certificate upon completion of the course.

Watsu® & Meditation with Dariya **Thursday 25 & Friday 26 January 2024 (8:45am – 6:00pm: 15 hours)**

Meditation is an important tool to listen, accept and know ourselves, and to become more intuitive towards ourselves and others. In our understanding, the purpose of meditation is to cultivate presence and peace of mind, which foster possibilities to connect to our unique essence and the world around us. It also encourages development of our intuition and perception through the heart, while allowing a sharper awareness through the rational mind. This might at times support making choices from a deeper and more authentic place.

Meditation essentially helps to develop our capacity for personal expansion and is the basis for our ability to deeply listen to and be fully present with the person we float during a Watsu session.

Prerequisites: Watsu® Basic. Certificate upon completion of the course.

Watsu® 1 (Transition Flow) with Petra **Saturday 27 - Wednesday 31 January 2024 (8:45am - 6:30pm: 34 hours)**

A 5-day course on the surface only. Watsu 1 (Transition Flow) teaches to connect the basic movements and positions you have learned in Watsu Basic with long, gracefully flowing transitions and to adapt this work to people of different sizes, shapes, and dispositions. You will also learn about your own body mechanics and how to support and move each person as effortlessly as possible. On land, you will be introduced to both Co-Centering and Tantsu, and explore what being held means to you and others.

Prerequisites: Watsu® Basic. Certificate upon completion of the course.

ANIMATING THE FUTURE: AI IN MOTION WITH LZY LAD

GenAI User Group meeting on Saturday, **December 30 from 10 am to 11 am**, at the Auroville Consulting Office in Kalpana. Ground Floor meeting room.

Dheeraj Kollipara, a.k.a. Lzy Lad, will delve into how AI is revolutionizing the world of animation, 3D and sound. He will share insights from his own journey and explorations in creating engaging and innovative multimedia experiences using AI.

For more details and future announcements, join the meeting announcement WhatsApp group by clicking on this link : <https://chat.whatsapp.com/EMEIWHRjquBATdKPEKG4PI>

AI Majumdar



ACTIVITIES & EVENTS

DISCUSSION ON CLIMATE CHANGE

Dear friends,

This is an invitation from Induja and Mahalakshmi to join a discussion on Climate Change. A Climate Leadership Program we are attending inspired us to initiate this discussion which we aim to continue as a series in future.

We would like to curate this discussion with some facts about Climate Change and actions that we can take.

Hoping to seeing you all on 30th December, 4.30 Pm at SAIIER Hall.

Convened by Youth link, submitted by Induja



KUILAI CREATIVE CENTRE

Contact: kulaicreativecentre@auroville.org.in;
kulaicreativecentre.auroville@gmail.com
WhatsApp: + 91-8608473385 / 9843195290



| செயல்பாடு
ACTIVITY | நாள்
DAY | நேரம்
TIMING | பெரியவர்கள் மற்றும்
குழந்தைகள்
FOR CHILDREN
& ADULT | வயது வரம்பு
AGE GROUP (ONLY
10 TO 20 STUDENTS
PER GROUP) |
|---|--|-------------------------------------|--|---|
| ஆங்கில வகுப்பு
ENGLISH CLASS | MONDAY, TUESDAY
AND THURSDAY | 10 AM TO 12 PM | FREE | ABOVE 18 years |
| தைபல் செயல்பாடு
TAILOING ACTIVITY | WEDNESDAY FRIDAY
AND
MONDAY, TUESDAY
AND THURSDAY | 11 AM TO 1 PM
AND
2 PM TO 4PM | FREE | ABOVE 18 years |
| மாலை இரவு வகுப்பு
EVENING TUITION
CLASSES | MONDAY TO
SATURDAY | 6 PM TO 8PM | FREE | From 1 st Grade to 10 th
Grade |
| உடற்பயிற்சி
PHYSICAL FITNESS | SATURDAY | 9AM TO 10 AM | FREE | ABOVE 8 years |
| ஒவியம்
PAINTING | SATURDAY | 11:30 AM TO 12:30 PM | FREE | ABOVE 8 years |
| மீள் சுழற்சி
UPCYCLING | SATURDAY | 2 PM TO 3PM | FREE | ABOVE 8 years |
| ஹிப்-ஹாப்
HIP-HOP | SATURDAY | 3:00 PM TO 4:0 PM | FREE | ABOVE 8 years |
| பரத நாட்டம்
BHARAT NATTIYAM | SATURDAY | 4:00 PM TO 5:00 PM | FREE | ABOVE 8 years |
| அம்மையின் 12 குணங்கள்
முற்றிய கவிதை
EXHIBITION ON
MOTHERS 12 QUALITIES | கிணைம் - SOON | கிணைம் - SOON | கிணைம் - SOON | |

Please click [HERE](#) to see the program in full or scan QR code:



Keep supporting us! For your kind donations...

<https://aviusa.org/?form=Kuilai>
<https://auroville.org/page/donate-from-india>

From Auroville: 240051- Kuilai Creative Centre Collection

AUROVILLE: ONE DAY & HALF DAY TOURS

Explore Auroville like never before. We will explore community life from different angles and multiple viewpoints.



We will embark on a journey to see how a community runs, in general and what makes Auroville, a spiritual community or a living Utopia and its aim to constant progress and growth. Come and spend a day with us.

Pre - Registration is required.

Contact us to know more details:

youthlink@auroville.org.in or WA: +91 85248 25120

Here is the link for the itinerary, fee and other important details:

[https://drive.google.com/drive/folders/1tGQN BGItSxZKGulpwhQTPNaUIAJomDU?](https://drive.google.com/drive/folders/1tGQN BGItSxZKGulpwhQTPNaUIAJomDU?usp=drive_link)

[usp=drive_link](#) or

please scan this code to know more:



ECO FEMME OPEN HOUSE



Dear friends,

Join our open house at our office in Auroshilpam every **Thursday morning at 10:30 AM till 12 AM.**

Come and learn about:

- Sustainable menstrual products (cloth pads, cups and period panties),
- Menstrual cycle awareness and,
- Our not-for-profit work.

You can also pick up discounted cloth pads, cups, period panties and cloth nappies.

See you soon!

The Eco Femme Team

ART AND NATURE ACTIVITY

Co-creating with the Spirit of Nature

Are you interested in deepening your communication with Nature and co-create in its Spirit? Drawing, painting, dancing, video, poetry... whatever field you are called for. Bring your own materials or use what nature is offering. Let's meet on Wednesdays afternoon from 2.30 p.m to 5 p.m. We will work out doors.

Register:

Bel: +91 7598892065 WA



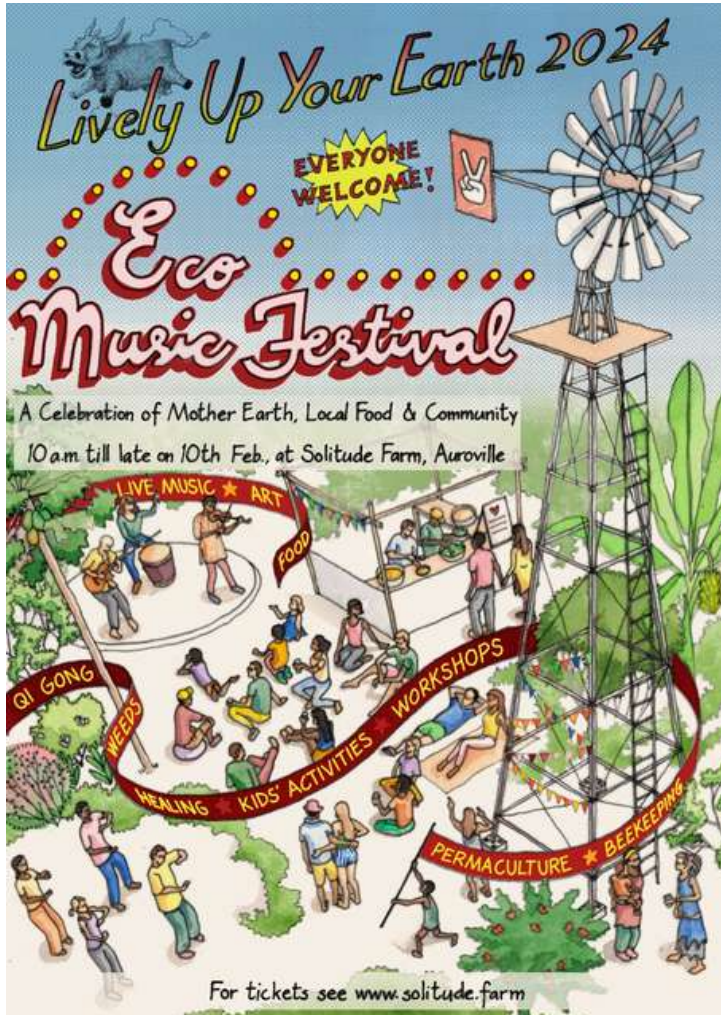
SOLITUDE FARM

LUYE ECO MUSIC FESTIVAL- 10TH FEB 2024



LUYE 2024 is well underway!

We are looking for a stage manager, volunteers for cleaning, arranging, helping run the festival, running local food workshops, ticketing at the entrance, serving food and so much more. We are excited to welcome your ideas for stalls to have during the festival, anything that touches on ecology, culture, art etc. The festival is just around the corner so contact us as soon as possible and let's lively up OUR Earth! @ solitudepermaculture@gmail.com # +91 8072053484



INVITATION TO AUROVILLE'S MULTIDISCIPLINARY IMPROVISATION LAB

AV Improv Lab is a long term project of co-creation, experimentation and learning around performance and improvisation. It was first formed in April 2022.

Together we explore the different aspects of a performance and how we approach and respond to each aspect. This is a project for people who are willing to step out of labels and expertise, and are open to redefine their art while exploring new ones.

AV Improv Lab is open to Auroville residents, long-term volunteers and anyone else who can commit to attending at least one session every week. No fees are involved. The fee is your commitment. Our aim is to provide a safe space for growth and storytelling in the process of creating for performance.

WHERE: **Cripa Small Room**

WHEN: **Every Thursday from 5pm to 7pm**

We look forward to seeing you there!

Sincerely,
Team AV Improv Lab

FOOD FOREST TOUR

THIS WEEK'S TOUR IS HAPPENING ON SATURDAY AND SUNDAY AT 10AM

www.myfoodforest.info / myfoodforestgarden@gmail.com

FOOD FOREST TOUR

I welcome you to a tour through my permaculture garden! We will take a look at local foods and you will get an idea on how to start growing your own food. Come and connect with nature and learn about healthy and sustainable food options

This tour includes a **MINI-RAW-FOOD-WORKSHOP** where we will harvest herbs, fruits and flowers to prepare some delicious **VEGAN ICE CREAMS** and more...

EVERY SUNDAY from 9:30 to 11:30
at La Ferme Community (5min from AV Bakery)

Sign up and infos whats app Sarah 9047421044

www.myfoodforest.info
myfoodforestgarden@gmail.com

CHANTING CLASS - SERENDIPITY

Traditional Mantras & Stotras Chanting Classes

at Serendipity Community

Thursday 9:00 AM (drop-in class)
Friday 5:00 PM (regular class)

with Sonia Novaes

Email: serendipityauroville@gmail.com / WA: +91 8940288090

AUROORCHARD

EMAIL: auroorchard@auroville.org.in / WHATSAPP: +91 9566631079 (Nidhin)

AuroOrchard

Volunteer and learn farming hands-on!

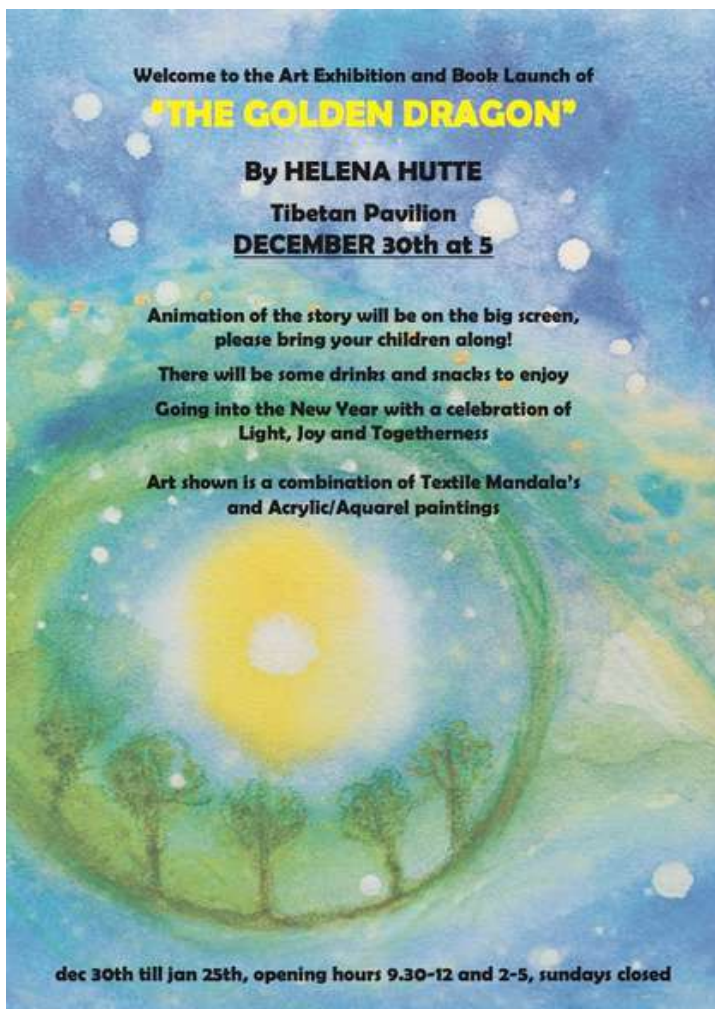
AuroOrchard is the oldest and one of the largest farms in Auroville, contributing significantly to the food needs of the community.

Join us to learn to work with the soil, plants and food while sharing with a diverse group of people. We offer breakfast made with farm produce.

TO JOIN US, PLEASE CONTACT US
EMAIL: auroorchard@auroville.org.in
WHATSAPP: 9566631079 (Nidhin)



**ART EXHIBITION/BOOK LAUNCH
TIBETAN PAVILION**



EDIBLE WEED WALKS

It's that time of the year again. Here's the announcement for 12 guided weekly Edible Weed Walks. You can join one or more. For that please plan and register early. The walk will be guided along with the Edible Weed Walk book. If you don't have a copy, you will be able to borrow one during the walk.

Pre-registration is required

RSVP: edibleweedwalk@gmail.com or
WhatsApp/SMS: +91 98409 36907 to register

Registration (max 10 people) is open until Fridays 3 pm

The location will be decided after registration closes. Registered participants will be informed and will be provided direction and other necessary details.

Edible Weed Walk @ NinaS edibleweedwalk@gmail.com

SOMATIC EXPLORATIONS

CREATIVITY HALL OF LIGHT

THEATRE CLASS

Theatre Class





Weekly theatre practice for aspiring actors

Improve your acting skills through collective and individual theatre games and a regular and comprehensive acting practice, including work on body, voice and text.

WEEKLY THEATRE PRACTICE FOR ADULTS

FRIDAYS @CRIPA

 **2:00PM to 3:30PM**
for Adults

 **4:00PM to 5:30PM**
for Kids above 9yrs & Adults

**Info
&
Registration:**

Celine
(Celine Barbara)
+918098846079
(WhatsApp/Telegram)

BANSURI FLUTE CLASSES

The Sound of Bamboo Various Styles of the Indian Flute



Bansuri (Flute) Group Classes With Michael Kalabhumi Music Studio

Every Friday (Beginner: 11am-12pm, Advanced: 12pm-1pm)

Drop in is possible at any time, flutes available to borrow or buy.

Contribution:

- Aurovilians, NCs, Volunteers & Local Villagers: Free donation
- Guests: 500 INR

More Info: www.the-sound-of-bamboo.com

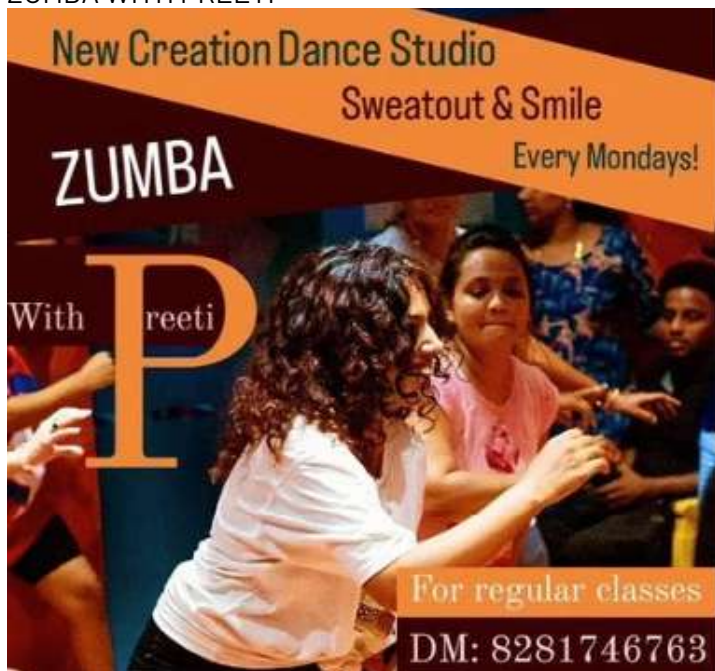
To Donate: <https://pay.auroville.org/divine-arts>

Learn More About Divine Arts:
<https://auroville.org/page/divine-arts>

About Divine Arts:
<https://auroville.org/page/divine-arts>

NEW CREATION DANCE STUDIO

ZUMBA WITH PREETI



New Creation Dance Studio
Sweatout & Smile
ZUMBA Every Mondays!
With Preeti
For regular classes
DM: 8281746763

AUROVILLE BOTANICAL GARDEN

From the 20th
of December
to the 20th of
March 2024

Come walk with us!
Guided Garden Tour

Auroville Botanical Gardens

Wednesdays and Fridays - 9.30 am (about 1^{1/2} hour walk)

Be on time - Bring your water bottle and a hat - Meeting point at BG Kitchen
Please send us an email to: avbg tours@gmail.com to book your walk



FOODS, GOODS & SERVICES

NEW YEAR'S EVE VEGETARIAN & VEGAN BUFFET AT CAFETERIA VC

On **Sunday the 31st** from 6.30pm onwards there will be an intercontinental **vegetarian and vegan buffet** at Cafeteria Visitors Centre.

Enquiries and bookings welcome through email at cafeteriavc@auroville.org.in or by whatsapp 90430 04919.

Come and enjoy!
Happy New Year at all,
Your Cafeteria team



AUROVILLE LIBRARY TIMINGS

Auroville Library opening timings:

Mon - Sat: 9am - 12.30pm
Mon, Wed, Thurs, Fri & Sat: 2pm - 4.30pm
Tues: 4pm - 6.30pm



Every **Saturday** between 10am -11am: **Children's storytime!**

KIND REQUEST FROM AV LIBRARY

Dear library users,



We would like to remind you to kindly update us on any changes in your contact details, and please remember to return your books on time.

You can search our catalogue online: library.auroville.org.in

HAPPY NEW YEAR to all from the Auroville library team

AUROVILLE LIBRARY CLOSED OVER THE HOLIDAYS

Auroville Library will be closed on

**Monday 25th Dec 2023 and
Monday 1st Jan 2024**

for Christmas and New Year.



YOUTH CENTER PIZZARIA

Youth Center Auroville

Come join our
Pizzeria

Savor the best pizza at Youth Center! We craft delectable Italian inspired flavours right here in Auroville.

FRI - SAT - SUN **START AT** 07:00 am - 09:00pm **YOUTH CENTER** Auroville

Friday-Saturday Open to all Sunday Aurovillians, Newcomers and volunteers

STAY TUNED

8428061801 Youth Center International @youthcenterauroville

STUDIO BASED ART THERAPY AND COUNSELING

tialovesart@gmail.com / www.createandtransform.org

CREATE AND TRANSFORM

STUDIO BASED ART THERAPY AND COUNSELING

individual * group * family



Therapy can be creative and non-threatening for help with:

- Anxiety
- Depression
- Trauma
- Life Issues

Trauma Informed Art Therapy & Counseling:

- Client Centered,
- Strength Based,
- Solution Focused,
- Incorporating CBT and a creative, eclectic tool box.



Tia Pleiman, MA, ATR, NCC, LPC

tialovesart@gmail.com

www.createandtransform.org

WA 7094007610

Aurelec, Kulilapalayam, Auroville

REPAIR OF AIR CONDITIONERS, FRIDGES, WASHING MACHINES AND APPLIANCES

Loganathan working at Mahasaraswati Shop (near PTPS, Aspiration area) is a long term Aurovillian that has gained a lot of knowhow through looking after and repairing all kinds of machines. He happily repairs your machines and appliances.

You may contact him via phone / SMS or whatsapp +91 94434 93025



SOLITUDE FARM - 2023

Farm



Solitude has a small farm shop which is stocked daily with fresh seasonal produce.

There are also some ayurvedic powders such as giloy or guava leaf and also chilli powder, turmeric, pickles and dried flowers. Solitude also runs a C.S.A. fruits and vegetables basket service where people sign up in advance for a basket of seasonal produce.

- Papayas
- Assamese giant lemons
- Pineapple
- Plantain
- Bananas
- Wild spinach
- Wild salad greens
- Sundakkai
- Banana stem
- Banana flower

Cafe

The cafe runs from Monday to Saturday serving a local food vegan thali.

We also serve farm salads, smoothies, desserts, vegan coffee etc...

The cafe runs a lunch scheme.

Education

Solitude farm runs mini permaculture workshops during the week (Wednesdays and Fridays) and longer weekend workshops on a monthly basis. Pricing is flexible for Aurovillians.

Tour

Every Saturday we offer a free tour of the farm sharing the narrative and philosophy in practice of how a food forest can emerge through natural farming and permaculture.

Volunteers

Solitude Farm is happy to welcome volunteers.

Timings 8:00 am -12:30 pm

We offer breakfast, tea and lunch.

Opportunities

Solitude Farm Cafe is looking for a serious person to manage the POS and accounts, stock, excels etc for the cafe and farm. Replying to emails and calls.

Solitude Farm is looking for people to help with the educational workshops.

To find out more:

email: solitudepermaculture@gmail.com

whatsapp: 9843319260



Solitude Farm

AIRCON CLEAN OFFERS COMPREHENSIVE AIR CONDITIONER CLEANING SERVICE KNOWN AS "JET SERVICE".



The Jet Service includes not only the filter cleaning but also indoor cooling coils, blades, and blower wheels, indoor cooler drain tray cleaning and outdoor unit with AC jet pump.

After a cleaning service your air is fresh and healthy, reducing sickness and helping you live a healthier life.

Save up to 30% power usage with a regular cleaning service.

Contact **AIRCON CLEAN** now at 9786809518 or email us at airconclean.av@gmail.com

Regards, Julien.

RAPID CARE SERVICES RCS

Dear Residents,

We are happy to announce that **Rapid Care Services** have successfully completed one year. We began operations in December 2022.

It has now been one year since we began serving the community. We take this opportunity to thank all the people who believed in us.

The support offered and shown by our customers played a big role in our growth.

For celebrating our anniversary, we would like to work on a discount basis in our service charges than we usually do for the entire month of December.

To avail this offer kindly take a look at all the work that we offer. Please reach out to us for any enquiries that need our assistance to fix your home or any infrastructure.

Look forward to your continued use of our services in the future.

Our Services:

- Carpentry
- Masonry - renovations and remodulation
- Plumbing
- Aluminum channel work
- Electrical
- Steel Fabrication work
- Painting - Interior, Exterior, Floor Waxing, Powder coating,
- Insect Treatment
- Fencing
- Washing machine repair & installation,
- A/c repair and installation,
- Inverter repair and installation,
- Dth repair and installation and
- Furniture purchase assistance

Our Works - https://drive.google.com/drive/folders/1Y-nz_nyWpX9_3NU--wgwcZcgS0bRqEBa

Best regards,
Balaji & Arun for Rapid Care

Contact: + 91 8270071581 / +91 7639810621

Email : rapidcare@auroville.org.in ,
rcsrapidcareservice@gmail.com

Instagram - <https://instagram.com/rapidcare1?igshid=MmVIMjlkMTBhMg==>



CHRISTMAS GIFTS AT STAND4UPCYCLING STORE

We have made a beautiful upcycled collection of garments and hand-made home decor from vibrant Indian saris. Visit and choose your holiday gift from the market.

Dates: **Dec 29**

Venue: **Stand4Upcycling Store** (next to the ice cream shop) at the Visitors' Center

SAKHI BY LIFE EDUCATION CENTRE



Holiday Market

UPCYCLED SARI COLLECTION

KAFTANS/SKIRTS/TOPS/DRESSES/ACCESSORIES/
HOME DECOR/ CHRISTMAS ORNAMENTS...

STAND4UPCYCLING store, next to ice cream shop

VISITORS CENTRE, AUROVILLE

2 DAYS : Dec 23 & Dec 29

SURABHI SUPPLIES

Dear Auroville Community,

Surabhi Supplies is dedicated to aiding individual community members, units, and projects in **acquiring a wide range of materials and equipment**, including but not limited to construction supplies, appliances, machinery, and more.

Our service offers several advantages to the community, such as **reduced prices** achieved through **bulk purchases** and **volume-based discounts**. We have established strong partnerships with various manufacturers and dealers who share our commitment to advancing Auroville's development.

Our primary goal is to streamline the procurement process for everyone, thus saving valuable time, energy, and costs while providing a high level of service to the community.

If you have any inquiries, please don't hesitate to reach out to us at:

Email: surabhisupplies@auroville.org.in

Phone: +91 98438 46458 (WhatsApp/Call)

Sincerely,
Surabhi Supplies

HEMPPLANET



Discover the Magic of Hemp at Hemplanet!

Dive into a world of nourishing hemp delights at our Hemp Store. From the heartiness of hemp hearts, the richness of hemp seed oil, to the rejuvenating touch of hemp body care, we've got it all. Whether you're a hemp enthusiast or just curious, come chat with us and explore the wonders of hemp!

Hemp Food Selection: Hemp Body Care Treasures:

- | | |
|--|--|
| <ul style="list-style-type: none">• Hemp Hearts• Hemp Seed Oil• Hemp Protein Powder• Hemp Granola Bars• Hemp Pasta & more!• Hemp Seasonings | <ul style="list-style-type: none">• Hemp Soaps• Hemp Shampoos• Hemp Balms• Hemp Body Butter• Hemp Seed Oil |
|--|--|

Visit Us: Mon-Sat, 10am - 4:20pm

Location: Reve Area, 1st Floor, Building 1, Auroville

Step into the Hemp Haven and embrace nature's gift!

OFFERING IT SERVICES

I am Ramakrishnan Aurovillian experienced in the fibre internet field (Ftth) for 8+ years and gained more knowledge in creating-on new fibre internet infrastructure and IT troubleshooting work for our Auroville community Since 2015. And I am happy to provide the below services to our Auroville community:

- Internet speed; Boosting up for dual bands 2.4 GHz or 5 GHz
- Wired/wireless; Fibre ONT modems, Routers, Switches installation/repairing work
- Fibre optic cable; Joining, power loss troubleshooting, laying/pulling work inside and outside your house
- CCTV; Configuration/Installation/repairing work inside and outside your house
- Smart-TV/laptops/printers; Configuration/Installation/repairing
- Other network communications devices; Configuration/Installation/repairing

For any internet-related issues/complaints, please feel free to contact me: Ramakrishnan, 9943919899, krish651@gmail.com

TAMIL & FRENCH NEWS & NOTES

ஆரோவில் தமிழ்ச் செய்திகள்

Click [here](#) to read the Tamil News&Notes or scan the code:



NOUVELLES D'AUROVILLE



Click [here](#) to read the French News&Notes or Scan the QR code:



AV RADIO



Dear Aurovilians,

Your favourite radio is always working for you. Stay tuned! [Here](#) you can listen to the stream channel (playing 24/7). [Here](#) you can see on-air schedules.

Last published podcasts:

- [Teens Connect Ep. 10](#)(Integral Education)
- [Seeking Our Inner Being Se. 1. Ep. 5](#)(Spirituality)
- [Marlenka's weekly Offering - Ep.111](#)(Literature)
- [Une série hebdomadaire de lectures par Gangalakshmi - 456](#)(Integral Yoga)
- [Exploring Education in Arts, Animation and Film-making - Ep. 27 "The Silent Years - Post-World War I European cinema"](#) (Cinema)

Auroville Radio Tv is maintained and supported with the help of a small town budget and voluntary donations. If you as Aurovillian wish, **make a donation to F.A. number 0867**. Thanks for your help!

....and more! on www.aurovillradio.org

For more information write to radio@auroville.org.in

Peace and love

Regards, AvRadio team



EMERGENCY NUMBERS



Ambulance (24/7):

| | | | |
|-------------------------|----------------------|--|--|
| Auroville
9442224680 | PIMS
0413 2656271 | | |
|-------------------------|----------------------|--|--|

Security (24/7):

| | | | |
|---|--|--|------------------------------------|
| AV Safety & Security Team
9443090107 | Auroville Police Station
0413 2677318 | Kottakuppam Police Station
0413 2236148 | Vanur Fire Station
0413 2677368 |
|---|--|--|------------------------------------|

Health:

| | | | |
|-------------------------------|-----------------------|------------------------|--|
| Health Center
0413 2622123 | Santé
0413 2622803 | Farewell
8903836246 | |
|-------------------------------|-----------------------|------------------------|--|

Mental health 24/7 support:

Vandrevala Foundation +91 9999666555

India Emergency Response Service (24/7): 108



ACCESSIBLE AUROVILLE PUBLIC BUS

avbus@auroville.org.in / +91 94430 74825

Auroville TO PONDICHERRY

| | Trip 1 | Trip 2 | Trip 3 |
|--------------------------------|--------|--------|--------|
| Svaram Musical Center | 7:00 | 8:50 | 14:50 |
| Vérité Guest House - Junction | 7:02 | 8:52 | 14:52 |
| Town Hall - Main Parking | 7:06 | 8:56 | 14:56 |
| Solar Kitchen (Ex Round About) | 7:10 | 9:00 | 15:00 |
| Certitude Entrance | 7:12 | 9:02 | 15:02 |
| New Creation Road | 7:17 | 9:07 | 15:07 |
| SBI Bank—Kuilapalayam | 7:19 | 9:09 | 15:09 |
| ECR Junction—Aroma Guest House | 7:23 | 9:14 | 15:14 |
| Quiet Healing Center—Junction | 7:26 | 9:17 | 15:17 |
| Lotus Hotel—S.V Patel Salai | 7:36 | 9:30 | 15:30 |
| Ashram Road Junction | 7:38 | 9:33 | 15:33 |
| Ashram Dining Hall | 7:40 | 9:35 | 15:35 |

Pondicherry TO AUROVILLE

| | Trip 1 | Trip 2 | Trip 3 |
|--------------------------------|--------|--------|--------|
| Ashram Dining Hall | 8:00 | 12:15 | 18:10 |
| Ashram Road Junction | 8:02 | 12:17 | 18:12 |
| Lotus Hotel—S.V Patel Salai | 8:07 | 12:22 | 18:17 |
| Quiet Healing Center—Junction | 8:17 | 12:32 | 18:27 |
| ECR Junction—Aroma Guest House | 8:20 | 12:35 | 18:30 |
| SBI Bank—Kuilapalayam | 8:25 | 12:40 | 18:35 |
| New Creation Road | 8:27 | 12:42 | 18:37 |
| Certitude | 8:32 | 12:47 | 18:42 |
| Solar Kitchen (Ex Round About) | 8:34 | 12:50 | 18:44 |
| Town Hall - Main Parking | 8:38 | 12:54 | 18:48 |
| Vérité Guest House - Junction | 8:42 | 12:58 | 18:52 |
| Svaram Musical Center | 8:45 | 13:00 | 18:55 |

- Monthly Rs. 800: Aurovilians & Newcomers, No validity
- Student Pass Rs. 1200 per month/ 24 days round trip
- Rs. 150 Round trip for Aurovilians & Newcomers
- Rs. 200 Round trip for guests

Bus passes are available at Auroville Vehicle Service, Town Hall, Auroville, 0413 2623302



(not selected by due Residents Assembly process)

FROM THE FO WC - FO N&N 1006

DETAILS OF THE SUPREME COURT HEARING of 13.12.2023

The Auroville Foundation Vs. Navroz Kersasp Mody & Ors Civil Appeal Nos. 5781-5782/2022

The Auroville Foundation filed Civil Appeal Nos. 5781-5782/2022 against Navroz Kersasp Mody & ors before the Supreme Court of India against the impugned Interim order dated 27.07.2022 passed by the Ld. National Green Tribunal, Chennai in MA No. 6/2022 in OA. No. 239/2021 and impugned Final Order and Judgment dated 28.04.2022 passed by the Ld. National Green Tribunal, Chennai in the OA.No. 239/2021.

The prayer sought by the respondent No.1 (original applicant) in OA. No. 239/2021 (sz) before the Tribunal was that to 'Direct the 1st respondent to prepare a Detailed Development Plan including a mobility plan which is based on and respects the present day ground realities, to be approved as mandated in the Master Plan and implement projects based on such plan after necessary impact assessments and feasibility studies in an environmentally sustainable manner'.

The Tribunal passed its final order in OA.239/2021 on 28.04.2022 as follows: -

'125.The original Application was allowed in part and disposed of with the following directions: -

(i)The 1st Respondent is directed to prepare a proper township plan either in respect of 778 Ha which is in their possession now or in respect of 1963 Ha which was visualized by the MOTHER by identifying the locations where each zone will have to be located, where the roads will have to be laid showing the location of the ring roads with their width and further road, if any, to be constructed, the nature of industries and other activities which they are expected to establish in the township and of it is not going to be implemented as one phase, how many phases in which they are going to complete the project and then apply for Environmental Clearance (EC) as it will fall under Item 8 (b) of the EIA Notification, 2006 as amended time to time. Till then they are directed not to proceed with further construction in the project area.'

The Civil Appeal No. 5781-5782/2022 came up for hearing on 13.12.2023 and the Honorable Court passed the following order: -

'Having regard to the said prayer which was sought by the respondent no. 1 (original applicant) and having regard to the final directions given by the Tribunal in the impugned order, we are of the prima facie opinion that the direction contained in Para 125 (i) being outside the jurisdiction of the Tribunal, the same is required to be stayed till further orders, and is ordered accordingly.'

Para 125(i) is the direction through which the NGT (Tribunal) assumed jurisdiction in the matter pertaining to Auroville. Thus the main direction through which NGT acquired jurisdiction in the case has been stayed unconditionally and absolutely by the Honorable Supreme Court.

The other directions in para125 (ii) onwards are merely interim arrangements in favor of Auroville Foundation as a temporary measure to complete the Crown Road work and to remove unauthorized constructions.

Anu for the Working Committee

Note: Prima Facie means legally sufficient to establish a fact or a case unless disproved

EDITOR'S NOTE: This is an interim stay, until the final hearing in the Supreme Court in January.

AUROVILLE CONNECT

Dear All, we invite everyone to use the link below to join the Auroville Connect whatsapp group to get factual updates on different topics, issues & events. Aurovilians, Newcomers and Volunteers are encouraged to join, as well as AVI members, Friends & wellwishers of Auroville.

[Here is the link.](#) Stay updated.

The Working Committee,
Anu, Arun, Joseba, Partha, Selvaraj, Srimoyi, Tine

EDITOR'S NOTE: If you wish to be updated by the RA, join the Community Updates Whatsapp group by clicking on this [LINK](#).

CINEMA

AUROVILLE 20 8TH FILM FESTIVAL 24

AUROVILLE FILM FESTIVAL NEEDS VOLUNTEERS

We need volunteers who would like to help with setting up, running and taking down the festival from **Jan 20 to Jan 29**. We especially need people on the 20th and the 29th who can lift and carry things. We need people who can make reels, make short films, take photographs, and do interviews. We need people who like to help take care of details and decoration.

If you would like to help, please email your name, time availability, phone number and any particular skills to

aurovillefilmfestival@auroville.org.in

Please put "**VOLUNTEERING**" in the subject line of the email

SUPPORT AVFF

Would you like to **support the 8th AVFF**? We would be grateful to have the use of two scooters or mopeds from Jan 22-29 for our visiting judges.

Please email us on aurovillefilmfestival@auroville.org.in with "**SUPPORT**" in the subject line



presents at **MULTI MEDIA CENTRE AUDITORIUM (MMC, Town Hall)**

Reminder: **FRIDAY 29th DECEMBER**, " **LAMB** " by Yared ZELEKE, Ethiopia, 2015

and **FRIDAY 5th JANUARY 2024, 8:00 pm**
" **THE OLD OAK** "

Director: Ken Loach, UK, 2023

With: Dave Turner, Ebla Mari, Claire Rodgerson

Synopsis: The Old Oak is the last remaining pub in a former mining town in County Durham, North East England. TJ Ballantyne the landlord struggles to hold onto his pub and keep it as the one remaining public space where people can meet in the town. His predicament is endangered even more when the pub becomes contested territory after the arrival of Syrian refugees who are placed in the village without any notice. But Ballantyne strikes up a friendship with one of the refugees, a curious young Syrian woman, Yara... Ken Loach once again creates a production to highlight a social problem in England, which is fundamentally about community, friendship and hope! The Old Oak had its world premiere at the 2023 Cannes Film Festival where it competed for the Palme d'Or.

Original English version with English Subtitles, Duration: 1h 53'



Cinema Paradiso

Multimedia Center (MMC) Auditorium

Film program 01 January 2024 to 07 January 2024

Cinema Paradiso-Multimedia Center is now in operation at 100% seating capacity. However, if you want to wear a mask it is your choice.

To organize the seminar/program please email us. Our projector is crawling towards the end of its life. It has served well, but it is time for us to look for a new one. For this or to support our work you could financially support us. Please find necessary details at the end of this note.

No film scheduled – Monday 1 January:

Happy
New Year
2024

Potpourri – Tuesday 2 January, 8:00 pm:

- **LE CHARME DISCRET DE LA BOURGEOISIE (The Discreet Charm of the Bourgeoisie)**

France-Italy-Spain, Writer-Dir. Luis Buñuel w/ Fernando Rey, Delphine Seyrig, Paul Frankeur, and others, Comedy, 1975, French-Spanish-Latin w/English subtitles, Rated: PG

The story revolves around a series of dreams which centres around six different individuals. They are - The ambassador of the Latin American republic of Miranda, M. Thevenot, his wife Simone and her sister Florence who arrive for a dinner party at the house of Alice Sénéchal and her husband Henri. They politely express their outrage towards their interrupted attempts to have a meal together as the dinner never quite arrives.

Interesting – Wednesday 3 January, 8:00 pm:

- **FOUND**

USA, 2021, Dir. Amanda Lipitz w/ Lily Bolka, Chloe Lipitz, Sadie Mangelsdorf, and others, Documentary-Drama, 97mins, English w/English subtitles, Rated: PG

Three young women adopted as babies from China go on a journey to discover their roots. For them, it is a journey of self-discovery to find out who and what make up a family. They also discover a people who are not the stereotypes that media and politics would have us believe. This film is a journey into the heart. It is simply done, yet powerful.

Selection – Thursday 4 January, 8:00 pm:

- **THE OTHER SIDE OF THE WIND**

France-Iran-USA, 2018, Writer-Dir. Orson Welles w/ John Huston, Oja Kodar, Peter Bogdanov, and others, Drama, 122mins, English-German w/ English subtitles, Rated: R

Created over 48years and released posthumously after passing of the director, in this satirical film the story utilizes a film-within-a-film narrative. It follows the last day in the life of an aging Hollywood film director as he hosts a screening party for his unfinished latest project. The film was shot in an unconventional documentary style featuring a rapid-cutting approach between the many cameras of the story's numerous journalists and newspeople with both color and black-and-white footage. The satire was about passing of Classic Hollywood and of the avant-garde filmmakers of Europe and New Hollywood in the 1970s. The film holds the record for the longest production time in history of cinema thus far.

International – Saturday 6 January, 8:00 pm:

- **APOLLO 10½: A SPACE AGE CHILDHOOD**

USA, 2022, Writer-Dir. Richard Linklater w/Milo Coy, Jack Black, Lee Eddy, and others, Animation-Adventure, 97mins, English w/ English subtitles, Rated: PG-13

The story of the first moon landing in the summer of 1969 from two interwoven perspectives. It both captures the astronaut and mission control view of the triumphant moment, and the lesser-seen bottom-up perspective of what it was like from an excited kid's perspective, living near NASA but mostly watching it on TV like hundreds of millions of others. It's ultimately both an exacting recreation of this special moment in history and a kid's fantasy about being plucked from his average life in suburbia to secretly train for a covert mission to the moon.

Children's Matinee – Sunday 7 January, 4:00 pm:

- **THE MAGICIAN'S ELEPHANT**

USA-Australia, 2023, Dir. Wendy Rogers w/Noah Jupe, Mandy Patinkin, Brian Tyree Henry, and others, Adventure-Comedy, 99mins, English w/ English subtitles, Rated: PG

The orphan boy Peter sets out to find his missing sister. He asks a fortune teller if she is still alive. She advises him to find a magician with an elephant. Peter must then complete three difficult tasks.

KUROSAWA'S SAMURAI MOVIES @ Ciné-Club:

Ciné-Club Sunday 7 January, 8:00 pm:

- **TSUBAKI SANJÛRÔ (Sanjuro)**

Japan, 1962, Dir. Akira Kurosawa, w/ Toshirô Mifune, Tatsuya Nakadai, and others, Action – Drama, 96 mins, Japanese w/ English subtitles, Rated: NR.

Toshiro Mifune swaggers and snarls to brilliant comic effect in Kurosawa's tightly paced, beautifully composed Sanjuro. In this companion piece and sequel to Yojimbo, jaded samurai Sanjuro helps an idealistic group of young warriors weed out their clan's evil influences, and in the process turns their image of a proper samurai on its ear.

Rating codes we often use are from Motion Picture Association of America (MPAA): G=General Audiences, PG=Parental guidance suggested, PG-13=Parents strongly cautioned, R=Restricted (equivalent to Indian rating: A i.e. for Adults), NR=Film Not rated, Rating awaited, or Rating not available.

For scheduling programs at MMC/CP venue: please email us at mmcauditorium@auroville.org.in. **We appreciate your continued support. Pl donate to "Cinema Paradiso" (account #105106) or set up for a monthly contribution.**

Thanking You,
MMC/CP Group Account# 105106,
mmcauditorium@auroville.org.in