

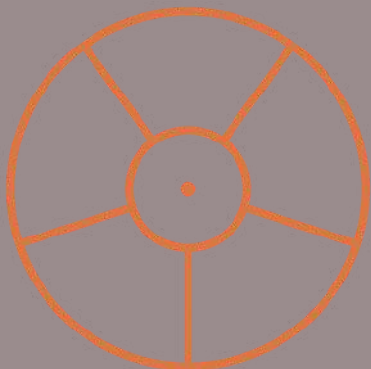
Auroville

NEWS & NOTES

No 1006 - A weekly bulletin for residents of Auroville

21 December 2023

RA EDITION



PONDERING

The ideal of the Aurovilians must be to become egoless – not at all to satisfy their ego. If they follow the old human way of selfish claim, how can they hope the world to change?

~ 23rd October 1971

The Mother - To be a true Aurovillian
Conditions for Living in Auroville
<https://dream.books.prisma.haus/en/to-be-a-true-aurovillian/>



(continued from last week)

In the Self-Existence of which supermind is the dynamic Truth-consciousness, there can be no aim of being except to be, no aim of consciousness except to be conscious of being, no aim of delight of being other than its delight; all is a self-existent and self-sufficient Eternity. Manifestation, becoming, has in its original supramental movement the same character; it sustains in a self-existent and self-sufficient rhythm an activity of being which sees itself as a manifold becoming, an activity of consciousness which takes the form of a manifold self-knowledge, an activity of force of conscious existence which exists for the glory and beauty of its own manifold power of being, an activity of delight which assumes innumerable forms of delight. The existence and consciousness of the supramental being here in Matter will have fundamentally the same nature, but with subordinate characters which mark the difference between supermind in its own plane and supermind working in its manifested power in the earth existence. For here there will be an evolving being, an evolving consciousness, an evolving delight of existence. The gnostic being will appear as the sign of an evolution from the consciousness of the Ignorance into the consciousness of Sachchidananda. In the Ignorance one is there primarily to grow, to know and to do, or, more exactly, to grow into something, to arrive by knowledge at something, to get something done. Imperfect, we have no satisfaction of our being, we must perforce strive with labour and difficulty to grow into something we are not; ignorant and burdened with a consciousness of our ignorance, we have to arrive at something by which we can feel that we know; bounded with incapacity, we have to hunt after strength and power; afflicted with a consciousness of suffering, we have to try to get something done by which we catch at some pleasure or lay hold on some satisfying reality of life. To maintain existence is, indeed, our first occupation and necessity, but it is only a starting-point: for the mere maintenance of an imperfect existence chequered with suffering cannot be sufficient as an aim of our being; the instinctive will of existence, the pleasure of existence, which is all that the Ignorance can make out of the secret underlying Power and Ananda, has to be supplemented by the need to do and become. But what to do and what to become is not clearly known to us; we get what knowledge we can, what power, strength, purity, peace we can, what delight we can, become what we can. But our aims and our effort towards their achievement and the little we can hold as our gains turn into meshes by which we are bound; it is these things that become for us the object of life: to know our souls and to be our selves, which must be the foundation of our true way of being, is a secret that escapes us in our preoccupation with an external learning, an external construction of knowledge, the achievement of an external action, an external delight and pleasure. The spiritual man is one who has discovered his soul: he has found his self and lives in that, is conscious of it, has the joy of it; he needs nothing external for his completeness of existence. The gnostic being starting from this new basis takes up our ignorant becoming and turns it into a luminous becoming of knowledge and a realised power of being. All therefore that is our attempt to be in the Ignorance, he will fulfil in the Knowledge. All knowledge he will turn into a manifestation of the self-knowledge of being, all power and action into a power and action of the self-force of being, all delight into a universal delight of self-existence. Attachment and bondage will fall away, because at each step and in each thing there will be the full satisfaction of self-existence, the light of the consciousness fulfilling itself, the ecstasy of delight of existence finding itself. Each stage of the evolution in the knowledge will be an unfolding of this power and will of being and this joy to be, a free becoming supported by the sense of the Infinite, the bliss of the Brahman, the luminous sanction of the Transcendence.

The supramental transformation, the supramental evolution must carry with it a lifting of mind, life and body out of themselves into a greater way of being in which yet their own ways and powers would be, not suppressed or abolished, but perfected and fulfilled by the self-exceeding. For in the Ignorance all paths are the paths of the spirit seeking for itself blindly or with a growing light; the gnostic being and life would be the spirit's self-discovery and its seeing and reaching of the aims of all these paths but in the greater way of its own revealed and conscious truth of being. Mind seeks for light, for knowledge, — for knowledge of the one truth basing all, an essential truth of self and things, but also of all truth of diversity of that oneness, all its detail, circumstance, manifold way of action, form, law of movement and happening, various manifestation and creation; for thinking mind the joy of existence is discovery and the penetration of the mystery of creation that comes with knowledge. This the gnostic change will fulfil in an ample measure; but it will give it a new character. It will act not by the discovery of the unknown, but by the bringing out of the known; all will be the finding "of the self by the self in the self". For the self of the gnostic being will not be the mental ego but the Spirit that is one in all; he will see the world as a universe of the Spirit. The finding of the one truth underlying all things will be the Identical discovering identity and identical truth everywhere and discovering too the power and workings and relations of that identity. The revelation of the detail, the circumstance, the abundant ways and forms of the manifestation will be the unveiling of the endless opulence of the truths of that identity, its forms and powers of self, its curious manifoldness and multiplicity of form bringing out infinitely its oneness. This knowledge will proceed by identification with all, by entering into all, by a contact bringing with it a leap of self-discovery and a flame of recognition, a greater and surer intuition of truth than the mind can reach; there will be an intuition too of the means of embodying and utilising the truth seen, an operative intuition of its dynamic processes, a direct intimate awareness guiding the life and the physical senses in every step of their action and service to the Spirit when they have to be called in as instruments for the effectuation of process in life and matter.

(to be continued next week)



— Sri Aurobindo . THE LIFE DIVINE

https://sri-aurobindo.co.in/workings/sa/37_21_22/the_life_divine_21_22.pdf

With love and gratitude,
Gangalakshmi (HOMA)



**DEADLINE FOR SUBMISSIONS:
THIS WEEK EXCEPTIONALLY SATURDAY 23D, 2:00PM**

The content of News & Notes is a reflection of the growth process of this community towards its ideals of Harmony, Goodwill, and Truth. Editing of submissions, mainly for reasons of space and clarity, is done according to an established policy.

How to submit material:

- Max size of posters should be 1 MB, JPEG format. Bigger posters will be reduced or cropped to fit.
- Please AVOID CAPS letters
- Material (no pdf files, please) may be sent in English only to **newsandnotes@auroville.services**
- Articles for the Notes section should ideally be no longer than 500 words.
- Please try your best to send your announcements, reports, film schedules whenever they are ready. Any modifications of submitted News items must be sent to the editors before **Tuesday 5pm**.

DISCLAIMER:

Please note that the opinions and views expressed on these pages are solely those of the respective authors or work groups and do not necessarily reflect the position of the editors or the larger Auroville community. The News & Notes aims to provide a platform for the publication of diverse perspectives and voices from multiple sources within Auroville.

While our editors strive to ensure the accuracy of the information presented, we cannot guarantee that all information is free from error or omission. Additionally, we cannot be held liable for any alleged misinformation provided or offence caused by the content published. In the event of any dispute, we encourage readers to consult with the Auroville Council, and we reserve the right to suspend the publication of disputed material. Our commitment to providing an open and inclusive platform for dialogue and exchange of ideas remains steadfast.

The News and Notes team
newsandnotes@auroville.services

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LIST OF ACRONYMS:

AVF (Auroville Foundation), **AVFO/FO** (Auroville Foundation Office), **GB** (Governing Board), **RA** (Residents Assembly)

The following groups are divided in two categories: The groups selected by the Residents Assembly through Community decision making Processes and the groups put together by the GB and the FO (not recognised by the Residents Assembly).

Working groups selected by the Residents Assembly:

Working Committee (WCom)
Funds and Assets Management Committee (FAMC)
Budget Coordination Committee (BCC)
Town Development Council / L'avenir d'Auroville (TDC)

Auroville Council (AVC)
Entry Service (ES)

FO selected groups:

Working Committee (WC)
Funds and Assets management Committee (FAMC)
Budget Coordination Committee (BCC / BCS)
Auroville Town Development Council (ATDC)

Housing Service (HS)
Land Board (LB)

IMPORTANT NOTE FROM THE EDITORS

Dear Community,

Please note that there will be a **shorter version** of the **News&Notes in the week of 28th December** (Issue No.1007), due to the unavailability of the main Editor.

Only **important Working groups info, recurring events** and the **weekly Cinema and Radio programs** will be published in issue No. 1007.

For all other submissions, deadline for next week will exceptionally be **Saturday 23d, 2PM** (instead of Tuesday 26th, 5PM).

All **monthly programs** and other contributions will only appear in the issue of **January 4th** (Issue No. 1008).

We apologise for this inconvenience and thank you for your understanding.

For your information:

- You can read past issues and subscribe [HERE](#).
- If you wish to support the N&N community Edition, you can done at this account Nr: **FS #252150**.
- You now find the Tamil and French versions of the N&N to download in every weeks issue.
- Content sent through @auroville.org.in mail ID, will only reach us if you use this [FORM](#) to submit your content.
- The mail ID to submit content is: newsandnotes@auroville.services.

Thank you for your continued support!

In community,

The RA Community Edition News and Notes Team

WORKING GROUPS NEWS

FROM THE ENTRY SERVICE

ES # 211 DATED: 21-12-2023

The following people have been recommended by the Entry Board to join our community. Please share your feedback within 2 weeks for potential Newcomers, Associates and Friends of Auroville and within 4 weeks for Potential Aurovilians, Returning Aurovilians, Youth and Spouse/Partner of an Aurovilian in writing to auroville.entryboard@gmail.com OR auroville.entryservice@gmail.com.

We thank you in advance.

NEWCOMER ANNOUNCED:

- **Kalaiarasi DHAYALAN (Indian)** staying in Aspiration (Sundar's place) and working at FAMC & BCC



- **Lize DE LA ROUVIERE (South African)** staying in Shakti (Selvi's house) and working at Pitanga & Sante



- **Vithya PANNEER SELVAM (Indian)** staying in Pony Farm and working at Pre-creche



CHILD OF NEWCOMER:

- **Iniya (Indian) born on 5/12/2018** (daughter of Kalaiarasi)

NEWCOMER CONFIRMED:

- **Mireille GEHIN (French)**
- **Suchithra BALARAMAN (Indian)**

AUROVILIAN ANNOUNCED:

- **Anitha KASINATHAN (Indian)** staying in AuroOrchard Staff quarters and working at AuroOrchard & Matrimandir



- **Deanna EVENRUD (USA)** staying in Dana and working at Tamarai & Health services



AUROVILIAN CONFIRMED:

- **Karan NAGAPPAN (Indian)**

NOTE:

- The Newcomer probation year becomes effective only after the NC kit has been returned and should not exceed 18 months from the date of confirmation.
- A Newcomer becomes an Aurovilian once his/her name has been confirmed by The Admission Committee (aka the Entry Board) after following due process.
- The date of becoming Aurovilian is the date of confirmation. An Aurovilian confirmed by the Entry Board is eligible to participate in all community decision-making processes.
- A confirmed Aurovilian becomes officially a Resident of Auroville once the individual has filled in and signed the B-Form and his/her name has been entered in the Register of Residents (RoR) maintained by the Auroville Foundation Office (AVF).
- A Resident of Auroville is eligible to become an executive of a Unit or Service of Auroville and to get an ID card issued by the Auroville Foundation.
- A meeting with the Secretary of the AVF will be arranged by the Entry Secretariat according to the availability of the Secretary and not at any personal request.

Yours,

The Entry Board (Alain, Grace, Jayanthi, Lakshmanan, Matilde, Sara, Sonja and Swadha)

Entry Service Timings:

Monday, Wednesday, Friday, 9:30am—12:30pm

Tuesday & Thursday: Newcomer kits, 2:30—4:30pm

Contact: 0413 262-2707, auroville.entryservice@gmail.com

Note: If you want any more information about someone, please contact the Entry Service directly for more details.

FROM THE RA WORKING COMMITTEE

IMPORTANT MESSAGE REGARDING TREE CUTTING AND CLEARING

Dear community,

Now that the Supreme Court has issued an interim stay to the NGT order of April 2022, some clearing for the Crown Road is currently happening near Center Field and might also happen in different parts of Auroville.

We regret that this is being done once again in a top-down authoritarian way, most likely with the aim to create a fait accompli while the final decision of the Supreme Court is still pending. We believe that manifesting the city of Auroville has to be a collaborative effort. However, we request Aurovilians to remain calm and to avoid any confrontation or provocation, while peacefully documenting and reporting.

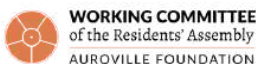
We should never give up hope for changes, and in the meantime, reporting and documenting is a very essential task.

If you are available and willing to help with documentation, please get in touch with tdc@auroville.services.

With faith,

Your RA Working Committee

Aravinda, Bharathy, Chali, Hemant, Sauro, Valli



CLARIFICATIONS ABOUT EXIT REVIEW GROUP ERAD

EMERGENCY RESIDENTS' ASSEMBLY DECISION

APPOINTMENT OF THE EXIT REVIEW GROUP

(aka Termination Committee)

CAN FEEDBACK STILL BE SUBMITTED?

The feedback period ended on the 10th of December. Since no feedback was received about any of the nominees, this RAD is to approve their appointments.

CAN INDIVIDUAL NOMINEES BE APPROVED OR DISAPPROVED?

The decision being asked from community members at this time is whether they approve or disapprove of the whole group of 9 residents that has been nominated.

WHY IS THIS GROUP IMPORTANT?

The Residents' Assembly has a legal requirement and a community responsibility to take in hand, as a collective body, the function of reviewing the status of residents of Auroville as and when needed.

WHY IS THIS GROUP BEING CONSTITUTED?

The primary reason for constituting this group is to ensure that the Residents' Assembly's statutory (legal) functions are fulfilled in a respectful and reasonable way and are not left unattended. The constitution of an Exit Review Group is not ill-willed against any specific resident and is not intended to escalate the current disharmony.

IS THERE A POLICY OR PROCEDURE TO GUIDE THE GROUP IN ITS WORK?

The Exit Review Group will function strictly within the framework of the Admission and Termination Regulations (2020). We will soon be sharing a brief overview of this document in video format so keep an eye out!



VOTE OPEN:
15 - 24
DECEMBER
2023

MORE INFORMATION: WWW.AUROVILLE.MEDIA/RAD

Dear Community,

There have been a few questions that have been asked about the Emergency Residents' Assembly Decision-making process (ERAD) that is currently running to approve the appointment of an Exit Review Group (aka Termination Committee).

1) Can feedback still be submitted? The feedback period ended on the 10th of December. Since no feedback was received about any of the nominees, this RAD is to approve their appointments.

2) Can individual nominees be approved or disapproved? The decision being asked from community members at this time is whether they approve or disapprove of the whole group of 9 residents that has been nominated.

3) Why is this group important? The Residents' Assembly has a legal requirement and a community responsibility to take in hand, as a collective body, the function of reviewing the status of residents of Auroville as and when needed.

4) Why is this group being constituted? The primary reason for constituting this group is to ensure that the Residents' Assembly's statutory (legal) functions are fulfilled in a respectful and reasonable way and are not left unattended. The constitution of an Exit Review Group is not ill-willed against any specific resident and is not intended to escalate the current disharmony.

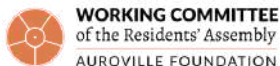
5) Is there a policy or procedure to guide the group in its work? The Exit Review Group will function strictly within the framework of the Admission and Termination Regulations (2020). We will soon be sharing a brief overview of this document in video format so keep an eye out!

If you have any further questions, please don't hesitate to reach out to us by email (workingcom@auroville.services) or in person by visiting our office during our open hours on Tuesdays between 10 and 12 in the ex-Koodam office (parking and entrance opposite the Auroville Library).

In community,

The Working Committee of the RA

Aravinda, Bharathy, Chali, Hemant, Sauro, Valli **



**Maël has informed us that he is visiting his family here for Christmas & New Year's eve.

During this visit, due to his current visa restrictions, he will not be an active member in our team, and his name will not be included among the signatories of the Working Committee, to avoid any misunderstanding.

We wish him a heartwarming and a joyful holiday with his relatives and friends in Auroville!

EXPLANATORY VIDEO ON THE TERMINATION REGULATIONS

Dear community,

Over the last few days, we have received questions about the [Termination Regulations](#) and how they will be guiding the functioning and decisions of the Exit Review Group.

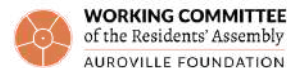
We have prepared a [3-minute video](#) that summarizes the essence and main elements of the Termination Regulations. We hope this will help answer any questions you may have on the functioning of the Exit Review Group.

Irrespective of your opinion, please participate in the ongoing RAD on the Exit Review Group. It is important and each voice matters.

Sincerely,

Your RA Working Committee

Aravinda, Bharathy, Chali, Hemant, Sauro, Valli



COMMUNITY NEWS

OBITUARY

ERWANE PASSED AWAY

This is to inform the community of the sudden passing of Erwane, in France, on the 8th of December. Erwane had lived in Auroville from 1982 to 1985. She was the companion of Marc-André Charles, whom many old-timers will remember (educated in the Ashram school he joined Auroville in 1976), and both of them lived in Brittany. They remained very connected to Auroville. Their last stay here was just one year ago and was very active as both of them worked in some units for the duration of their stay. We wish Marc-André lots of courage and peace.

He sent us the following text:

Erwane, to those who knew her:

In the night of the 5th December under the disguise of a biliary disorder, taken to intensive care, where the intensity of the pain had taken us, she fought tirelessly. The remarkable healthcare teams did everything during these 56 hours to relieve her and protect her against this acute pancreatitis. But her body couldn't keep it. Her heart stopped beating on Friday December 8. I was with her throughout this journey. She now rests, according to her request, in the small cemetery of our village in Brittany.

Marc-André



MANI JAYRAMAN PASSED AWAY



Our long-term friend and brother Mani Jayraman left his body at his home in the late evening of 15.12.2023 at the age of 54. His remains were kept at home for family and friends to bid farewell. His cremation in the afternoon of 16.12.2023 at the Auroville Cremation and Burial ground was attended by family, many friends from over the years, and well wishers.

Mani, as he was known in Auroville, was born 20.11.1969, the year after Auroville was founded. He grew up in Auroville, as one of Auroville's early generations. His mother Poongavanam, was one of the first Tamil Aurovilians. His uncle was one of the village Chiefs of Kulapalayam. Mani was educated partly in Auroville schools, such as attending Auroville's first kindergarten in Aspiration and partly in the French Lycée of Pondicherry. Having an affinity for languages Mani could fluently speak French as well as English and Tamil. He was a good student and spent a year studying abroad in the US in LA. He was a remarkable sports person, excelling in basketball, cricket, tennis, kabadi. An all-around sportsman.

In 1996 he married Saroja and they had three children ; Surya, Malvi and Deeksha. He went on to service in various setups in Auroville Pour Tous, opening and managing for many years AV Transport Service (Later New Creation Transport), also serving in Auroville's organisational structure. In 2004 when the tsunami hit he had a dedicated role in the relief organisation that followed.

Foremost he is remembered as a man with a radiating charming positivity in his youth, a good heart, being a generous and caring friend. An overall brilliant character combination that made him be fondly remembered. In the last years Mani lived a more withdrawn life.

Our sincere condolences and prayers to his wife Saroja, daughter Deeksha, and siblings Gnasekar, Sivakami, Rajaveni, and Shivaprakasam.

OM



THIS IS TO INFORM THE COMMUNITY....

This is to inform the community that from mid-December onward the Farewell team takes care of the death announcements, obits and other such notifications. Some residents may be aware that the last year(s) I have been looking for someone to take up this rather unusual but important service, and I'm grateful to know that it will be in good hands. Farewell will give you contact details soon, and for now I sign off.

With love and praying for more peaceful times to come, -Mauna



FROM THE RAS



EMERGENCY RESIDENTS' ASSEMBLY DECISION-MAKING PROCESS

Participation open from Thursday, 14th December, to Sunday, 24th December

This Emergency Residents' Assembly Decision-making process is initiated by the Working Committee of the Residents' Assembly to approve or disapprove the following nominations of 9 residents as members of the Exit Review Group:

- [Ashesh JOSHI](#)
- [Auradha MARKUS](#)
- [Buvanasundari SUDHARSEN](#)
- [Ramesh Rao \(Bunty\) ACHANTA](#)
- [Dhandapani SELLAKANNU](#)
- [Ganesh KALIAPPAN](#)
- [Pascal François Dominique \(Rakhal\) VENET](#)
- [Rakhee KANE](#)
- [Simonette Albertine \(Tineke\) SMITS](#)

VOTE ONLINE

Use your personalized voting link sent by the Residents' Assembly Service (RAS). If you didn't receive the link, please check spam or promotions folders. If still not there, kindly visit RAS polling stations.

VOTE IN PERSON

If you prefer to vote in person, please visit the RAS polling stations:

THURSDAY (Dec. 21st) @ Solar Kitchen: 11 am - 1 pm
SATURDAY (Dec. 23rd) @ PTPS Aspiration: 10 am - 12 pm
SATURDAY (Dec. 23rd) @ Solar Kitchen: 3 pm - 5 pm
SUNDAY (Dec. 24th) @ Solar Kitchen: 11 am - 1 pm

- The Residents' Assembly has a legal requirement and a community responsibility to take in hand, as a collective body, the function of reviewing the status of residents of Auroville as and when needed.
- The Hon'ble Madras High Court has recently re-affirmed that the Residents' Assembly (RA) is a statutory (legal) body and cannot be restricted in carrying out its functions as per the Auroville Foundation Act. (See [Sept. 4th 2023 ruling of MHC](#) - <https://rb.gy/ow1r38>).
- According to the Admission and Termination Regulations, 2020, "The Residents' Assembly shall constitute a Termination Committee whose members shall be appointed directly by the Residents' Assembly or by a committee constituted by it for the purpose." (See [Regulations](#) - <https://rb.gy/tdeq08>).
- In the RA Decision dated 14th August 2023 it was resolved that the Working Committee of the Residents' Assembly (Aravinda Maheshwari, Chali Grinnell, Hemant Lamba, Ilayabharathy Somasundaram, Mael Shanti Vidal (TOS), Sauro Mezzetti, Valli Senthilkumar) be allowed "to appoint, replace, or add members or constitute groups as needed to fulfill Auroville's organizational needs and/or statutory functions as required by the Auroville Foundation Act (1988) in a speedy manner." Specifically, this RA Decision also grants the RA WCom with "the power to constitute new groups as needed (e.g. an Exit Committee)." (See [RA Decision](#) - <https://rb.gy/y46wu2>).
- The constitution of an Exit Review Group is not ill-willed against any specific resident and is not intended to escalate the current disharmony.
- The primary reason for constituting this group is to ensure that the Residents' Assembly's statutory functions are fulfilled in a respectful and reasonable way and are not left unattended.
- The Exit Review Group will function strictly within the framework of the [Admission and Termination Regulations \(2020\)](#) - <https://rb.gy/tdeq08>

~ Warmly,

For the Residents' Assembly Service
Manas, Tatiana

COMMUNITY SHARING

WISHING YOU A JOYOUS CHRISTMAS FROM THE AUROVILLE DOG SHELTER!



The entire team and our beloved canine residents extend warm holiday greetings and sincere thanks to everyone who supported Auroville Dog Shelter throughout the past year, contributing to its huge success.

Starting this week, our new veterinarian, Dr. Pachaiamma, is available every morning from Monday to Saturday at the shelter. This allows us to offer between 10 and 12 am dog consultations and simple treatments at a cost price. If you require veterinary services for your dog, please schedule an appointment in advance.

As the monsoon season, hopefully, draws to a close soon, we're finally able to resume our rehoming and releasing program for street dogs, gradually reducing the number of shelter residents. This will create additional capacity, enabling us to accept a limited number of admissions. Please note that we only accept street dogs unable to survive on the streets due to injury, old age, or illness – strictly no pets or healthy dogs. Currently, we are training one of our workers to operate our old Omni transport vehicle, which will allow us to resume daytime rescues and donation pickups in January.

◆ PETITION REGARDING THE UNAUTHORISED ACTIONS BY THE AVFO FAMC AND MISUSE OF AUROVILLE'S COMMUNITY ASSETS, COMMUNITY FUNDS, MAINTENANCE ALLOTMENT AND AGREEMENTS ◆

Dear Community,

[This petition](https://forms.gle/6V6Q2XAV9oZjjPf66) (<https://forms.gle/6V6Q2XAV9oZjjPf66>) will be handed over to the Working Committee of the RA (Aravinda, Bharathi, Chali, Hemant, Sauro and Valli) to verify the signatures and to forward to the AVFO FAMC, the Governing Board, the International Advisory Council on our behalf.

Your participation is crucial.
If you resonate please sign and spread the word.

The number of signatures NOT the names will be accompanied as we have observed retaliatory actions from the AVFO.

Concerned residents

P.S.
In case you prefer to submit by email please send your Name, Community Name, Auroville Status (Aurovilian, Newcomer, AV Youth-below18) to: build.auroville.together@gmail.com

NOTE: The above petition was started by concerned Aurovilians due to a number of policies and decisions taken by the FAMC administering community resources without community agreement. An example of the latest message sent by FO BCC recently:

Dear Members,

Please refer to the [attached policy document](#) on Realignment of Work for Aurovillians.

The implementation of this policy through BCC has been entrusted by FAMC. BCC & FAMC are unable to support maintenance on your current positions. Your maintenance will be rearranged according to the attached policy document.

Let us know your position on this subject matter asap.

Warm regards,

BCC - Team

UPDATE FROM THE AUROVILLE FOREST GROUP DECEMBER 2023



To the Auroville Community and friends of Auroville:

As most of you know, the last few months have been a troubling time for the Forest Group and it has taken some time for the group to take stock of their current situation and begin to consider their next steps forward.

Firstly, the Forest Group would like to sincerely thank all those in Auroville, as well as those further afield, for providing the support that they have shown over the last couple of years. Without that support, a number of forest communities would not have been able to continue because of insufficient funds.

Secondly the group would like to update and provide the community with a better understanding of what the forest group has and is going through, as well as what the group's current needs and future plans and are likely to be.

What has happened

Ecologically

The ecological integrity of a number of the forests in Auroville have been compromised. Aside from the obvious destruction carried out to the trees and soil cover through the imposition of the Crown Road, watersheds have been disrupted leading to increased erosion and runoff. In addition, wildlife has had their ranges disturbed or destroyed.

Economically

As of the first of June 2023, the group lost both its Forest worker/watch-person budget and all Aurovilian maintenances, equating to the tune of 1,87,200 ₹ per month, representing 39 Aurovilian forest stewards/caretakers/workers and 62 locally employed forest workers. The maintenances were replaced by what are euphemistically called "care packages" of ₹ 4,800 in-kind per month.

Not only does this represent a substantial economic blow, in the case of the locally employed forest workers, it also represents the loss of their only means of livelihood for them and their families.

Presently the group is pursuing a gratuity claim with the GB FAMC for the city service supported locally employed forest workers, to ensure they receive their owed dues. After which, the way we will protect and maintain the land will have to be reviewed.

Socially

The Forest Group is the oldest continuously functioning group in Auroville which has its basis in shared work and common practical goals.

Apart from the ecological and economic damage, the FO FAMC and the Foundation Office have tried to 'divide and rule' by trying and failing to establish a parallel "green buffer group" clearly indicating the level of threat which they perceive from a larger unified and participatory "working" group.

Certainly, the irony of attempting to impose human unity through the use of force has not been lost on the Forest Group.

Spiritually

Probably the most challenging aspect of the attempted takeover in the last few months has been the unrelenting brutality and zealotry of the destruction which has taken place, not only physically but also psychically and spiritually.

Basic ethical and moral ways of functioning and interacting with one another as human beings have been seemingly cast aside. No eventual outcome is worth the way in which this process has so far been taking place.

What is the Future of the Forest Group?

Certainly, the Forest Group as whole will continue to meet and discuss issues which concern all of them, not least to provide a sense of community and mutual support.

On the other hand, it remains to be seen how the situation on the ground evolves for individual forests. For those who are unable to continue any kind of green work without economic support, from past experience, in the medium term, encroachment, refuse dumping, land speculation, tree cutting and the invasion of aggressive thorny plants and overgrazing will increase. This will in turn depreciate the richness and value of Auroville's forests, jeopardising decades of progress in creating the green and pleasant surroundings which we had previously taken for granted.

This is why the Forest Group urgently needs support from the community and friends to raise funds for the continued maintenance of the forested areas of Auroville.

For more information, contact - forestgroup@auroville.services

VOICES AND NOTES

OPEN LETTER ABOUT ENTRY

The recent statistics published by the Entry Service demonstrate that Auroville is on the way of becoming less and less international. This will not come as a surprise to all those who read regularly the list of newcomers and new Aurovilians in the News.

First of all, I thank the Entry service for publishing it, it was very necessary in view of the insane accusations thrown against it.

But we have to think seriously about it. I believe that this trend started already some years ago and of course the present situation does not help. When foreigners are either expelled or threatened to be expelled, it does not encourage one to quit one's job and one's country for a place where you can become persona non grata for any flimsy reason.

Secondly, what is missing in these statistics -- but again one has only to read the weekly reports to get an idea—is the proportion of local Indians toward Indians from different States. But we already know that it would show a great unbalance.

Now are we ready to do something about it? For instance to establish quotas, so that a certain balance is maintained and the international character of the adventure is kept ?

If it continues like that, Auroville will become another Shantiniketan, a total bengali affair and without any trace of internationality.

An Aurovillian

WHO IS THE MOTHER?

For the willing servitors of the Divine Consciousness:

As we are in the City of Dawn, Auroville, of the Avatar Sri Aurobindo and the Mother who ushered in the Divine Supramental Consciousness-Force on Earth to hasten the evolution of the human being to the next apex species the Supramental being, here are sufficient Information on "The Mother" for a deeper understanding and application towards our shared Vision-Goal of the Divine Manifestation:

- The Mother with Letters on the Mother: <https://incarnateword.in/cwsa/32>
- The Mother, the Story of Her Life: https://sri-aurobindo.co.in/workings/other/van_vrekhem-mother.htm

To anyone who is unsure of why they are in Auroville, here from our Auroville website are our initial three interdependent Core Ideals for very careful perusal and application:

<https://auroville.org/page/core-documents>

Here is the full version of the Mother's "A Dream" from the Sri Aurobindo Ashram Bulletin of August 1954:

<https://incarnateword.in/cwm/12/a-dream>

Auroville follows as a larger scale of Her Dream, which will take a few generations to accomplish, that is dependent upon the Divine Manifestation of the new apex species the Supramental being. For now we consciously continue on with our progressive evolution, relatively. [Here are some clear guidance from our Avatar founders.](#)

For an in depth shared understanding, I facilitate a Satsang on the Integral Yoga of Sri Aurobindo and the Mother, both informally and formally. The [flyer](#) is posted here in News & Notes.

Om Namō Bhagavate, Zech, 2023.12.18

WORK. THE AFTERWARDS LEAVE TO THE DIVINE

Repeat again and again in the Sunlit Path of Bhakti. That's it... ♡

*"A few shall see what none yet understands;
God shall grow up while the wise men talk and sleep;
For man shall not know the coming till its hour
And belief shall be not till the work is done."*

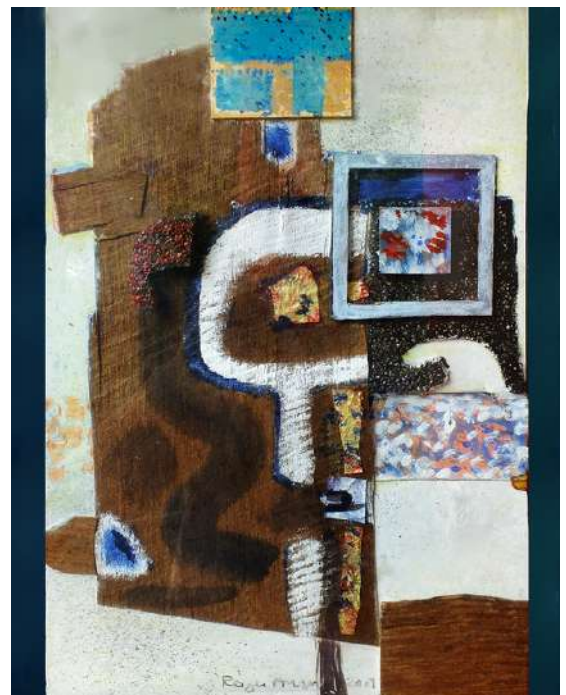
<https://incarnateword.in/cwm/15/the-supramental-and-the-new-being>

Zech, 2023.12.17

THE ADESHA I RECEIVED FROM ROGER ANGER

Once, in later years, I went to see Roger in Auromodel, but it was different from the other times I visited him. I cannot recall why I went there, to discuss what. The only thing I remember is that Roger took me to his working space in the basement, full of everything. He walked straight to one collage painting, with two dark teal-blue stripes painted on the sides, inserted into a wooden black frame, mat, and gave it to me. Not even his words I remember. It was strange, I felt as if I always knew that object – not some other in Roger's collection, no, that specific item and none else.

I took it home and hung it next to the drawings of my grandfather, a Futurist painter of Montmartre bohemia; doing this I felt it was the most natural thing in the world, as if it had always been there. Futurism and avant-garde Roger fitted like hand in glove. An intimate reality, the collage-painting, with no name, no history – can it have any? – stood as my talisman, my anchor and spear. I had been knighted. THAT world exists, beyond space and time. This is the tale of that primeval form, familiar to me and yet unfathomable. Eons pass by, the perfect, ideal society is forever: Auroville. Anything else is an illusion. There is no death. Only Reality.



Entering the exhibition of Roger's collage paintings, drawings, and sculptures at Citadine, I saw the genius. Those flamboyant art pieces are essential to decipher, somehow, Roger: his architecture streams from there. Not everything is on display; there is much more, caricatures, architectural sketches, buildings like pyramids and flying saucers, evanescent spirals...

Roger left the body on 15 January 2008. Two months later I displayed at the Town Hall the first and only exhibition on Roger, up to the present one. Dominique Darr had passed me her photographs of Roger's architecture in Paris and Auroville; to these, I added four flex rolls with Roger's drawings, like firecrackers in the sky. I was about to display a second exhibition with only these, but Aryamani wished the same and I withdrew; she never did and now I am delighted that, fifteen years later, the real exhibits are on display. Would have things turned differently, if people had glimpses of Roger's psyche and of that other world?

At Citadine I went around, watching over and again every single piece. None evoked the painting collage that Roger had given me, an explosion of gold, silver, and savoy blue not featured there. But when at home I took pictures of it – the camera cannot translate its secret glow – I was surprised at how different the real collage-painting looked from the one I carried within while visiting the exhibition in Citadine. I am no longer aware of its contents, how it looked like when Roger gave it to me; at home, it lies secluded in a semi-shade, beyond boundaries, ineffable... Roger gifted me an inner thing, the mirror of an inward reality, ever-changing, like clouds wandering in the sky. This is the adesha I received from him: to transform material reality into gold, silver, and savoy blue, and fly, "certain de la Victoire".

For Roger, as for the Mother, nothing was impossible: the Avatar's model town, sheer perfection, pure joy, exists forever. Lapis philosophorum, everyone in the crucible!



Submitted by Paulette

AWAKENING SPIRIT

AMPHITHEATRE - MATRIMANDIR

Every THURSDAY at sunset
5.30 to 6 pm
(weather permitting)

Meditation with Savitri,

Sri Aurobindo's long mantric poem read by Mother to the incredible music of Sunil

Let's gather under the beautiful open space, with heavenly music in the very center of Auroville!

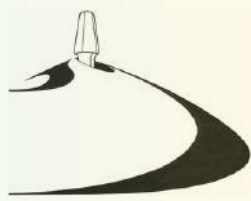
Reminder to all:

The Park of Unity is a place for silence, meditation and inner work, and is to be used only as such. We request everyone: please do not use cameras, I-pads, cell phones, etc. No Photos.

Dear Guests, please carry your Guest Card with you.

Access only for the Amphitheatre from 5.15 pm and for the meditation time.

Thank you,
Surya and Amphitheatre Team



INTRODUCTION TO THE INTEGRAL YOGA OF SRI AUROBINDO AND THE MOTHER

Tuesday, 26th December, 9 am - 12 noon
Focus: Intimacy with the Divine

Led by Ashesh Joshi

Place: Mirabelle Education Centre, Auromodele
Ph/Whatsapp: 9489147202 (Please register)

All are Welcome



A SATSANG ON THE INTEGRAL YOGA

A sacred gathering for the study and practice of the Integral Yoga of Sri Aurobindo and the Mother, founders of Auroville, the City of Dawn.

"The first necessity is the inner discovery in order to know what one truly is behind social, moral, cultural, racial and hereditary appearances. At the centre there is a being free, vast and knowing, who awaits our discovery and who ought to become the active centre of our being and our life in Auroville." — The Mother

We start right here, in the Eternal Now, from where we each are at this ever-progressive moment, and share our unique experiences on the path of rediscovering and embodying who we really are.

Facilitated by Zech Joya

Schedule: **Tuesdays and Thursdays, 5:30-7:00pm**

Venue: Conference Room, G/F SAIER Building, Town Hall Complex, Auroville



[Please click this link for details](#) or scan the above QR Code

DEC 22 - GITA DAY CHANTING



श्रीमद्भगवद्गीता

Full chanting of the Bhagavad Gita

On the Gita Day 2023 (December 22), we invite all to come together with a harmonious collective aspiration and immerse in the Bhagavad Gita. We will chant all the 700 shlokas in Sanskrit. All are welcome to join anytime and chant together or simply listen and soak in the sacred vibrations.

Date: 22nd December, 2023 (Friday)

Time: 6:00 am to 9:30 am

Venue: Savitri Bhavan, Auroville

For details write to: devabhasha@auroville.org.in

With Sincerity and Gratitude,
Samskritam Auroville and Savitri Bhavan Team

SATSANGA ON BHAGAVAD GITA IN EVERYDAY LIFE

We warmly invite you for an online Satsanga to integrate the teachings of Srimad Bhagavad Gita in our day-to-day life.

When: 25th Dec to 4th Feb (6 Weeks)

Time: 5 am to 6 am (Everyday)

Where: Online Zoom Call

We request that **participants commit to attending everyday for the first week (Monday - Dec 25th to Sunday - Dec 31st)** and then decide whether they would like to continue or not for the remaining 5 weeks.

Why and What: Absorb all the 18 chapters of the Gita and hold space for individual and collective reflections, practices, experiments and above all - Divine Grace.

How: श्रवण, मनन, निदिध्यासन (Listening, Reflecting, Self-enquiry)

Which Language: English will be the primary means of communication and we will listen to Sanskrit slokas and the reflections can be shared in any language preferred by the participant.

Who: Whether you are a beginner or well-versed with Gita, the format welcomes all to learn and share together.

In this collective learning journey, we will all progress together, each at his/her pace. If this interests you and you'd like to participate then please write to devabhasha@auroville.org.in and we will share more details.

Warmly,

Deven

For Samskritam Auroville Team



Bhagavad Gita
in everyday life



Join the Gita Satsanga
Dec 25 to Feb 4
Everyday, 5-6 am (Online)

devabhasha@auroville.org.in

SERIES ON INTEGRAL YOGA AND MATHEMATICS

Facilitated by Team Enlight and Savitri Bhavan

Join us for a unique exploration where individuals progressing on the path of Integral yoga share their insights with those passionate about Mathematics.

This month's focus: Sri Aurobindo on Kapila's Sankhya or The Law of Enumeration and its correlation with mathematical principles of Numbers.

Date: December 30th, 2023

Time: 4 - 5 pm

Venue: Square Hall, Savitri Bhavan

Please note, that active participation requires familiarity with either Integral yoga or Mathematics, preferably both, to foster a meaningful discussion.

This event aims to manifest a new understanding of Mathematics through Sri Aurobindo's teachings. We look forward to your presence and insights!



Integral Yoga & Mathematics

Sri Aurobindo on Sankhya Philosophy and Numbers, exploratory discussion series starting this December!



Date : 30th December, 2023
Time : 4 - 5pm
Place : Square Hall, Savitri Bhavan
Facilitators : Team Enlight & Savitri Bhavan

For more information : 



ART AND CULTURE

CENTRE D'ART CITADINES EXHIBITION

Roger Anger, L'artiste

an exhibition curated by Laila Lille Khayati
Centre d'Art Citadines

From 8 to 28 December 2023

Tuesday to Saturday 10 am - 12 pm, 2.30 - 5.30 pm



PITANGA EXHIBITION - CERAMICS BY PRIYA S.

Art
Exhibition

Ceramics – V

Priya Sundaravalli

30 Dec 23 — 30 Jan 24
at Pitanga

Exhibition timings: Daily, except Sundays 8.00 - 12.30pm & 2.00 - 5.30pm
Pitanga Cultural Centre, Samasti, Auroville 605 101 | info@pitanga.in | 0413 - 262403, 9443902403
A service unit of the Auroville Foundation, Health and Healing Trust branch | GSTIN: 33AAATA003BY3N

DOUBLE THE DONATIONS!

SUPPORT THE CLOTH PAD REVOLUTION

You can donate here: <https://give.aviusa.org/page/EcoFemme>
or send us an email to info@ecofemme.org

eco•femme

**one donation,
TWICE the impact**

For the month of December, any donation made to Eco Femme will be DOUBLED by Auroville International USA.

Donations go towards funding our **menstrual health education and free, sustainable cloth pad kits** for girls from low income backgrounds in India*.

Every year we aim to reach 15,000 girls. The demand for our Pad for Pad programme is massive and we still need funds to reach 6000 girls.

Any donation, big or small, is gratefully received. Please spread the word with your family and friends!

**WILL YOU SUPPORT the
CLOTH PAD REVOLUTION?**

*Under our Pad for Pad programme

SUPPORT AUROKIYA EYE CARE

Dear Friends and Supporters,

Greetings from Aurokiya Integral Eye Centre.

Join us in the fight against blindness in Auroville & Bioregion. Aurokiya Eye Care's holistic approach includes screenings, education, and vital treatments. Your donation means doubled impact in December through AVI USA's matching donation campaign.

The funding will be utilized for outreach eye camps (School screening, workplace screening, and village screening camps). Together, let's brighten futures and restore sight.

AUROVILLE INTERNATIONAL USA

**MATCHING DONATION
CAMPAIGN**

DECEMBER
2023

Support Aurokiya
eliminate blindness to
spread light this
Christmas and New
year

Aurokiya Integral Eye Centre

DONATE NOW

Double Your Impact!

aurokiya.com | aurokiya@gmail.com | Arka, Auroville

Every contribution counts—give today and make a difference. Click [HERE](#) or scan the code.



VOLUNTEERING OPPORTUNITIES

SOLITUDE FARM

LUYE ECO MUSIC FESTIVAL NEEDS VOLUNTEERS

Dear Friends,

Preparations for Lively Up Your Earth, Eco-music Festival at Solitude Farm are well under way! There is still space for stalls, workshops, slots for bands and other performance art. We are **looking for volunteers** to help manage the **Kids' Space**. In the early evening of the festival there will be a moment where we will have a collective journey through meditation, singing, dance, and movement. We are looking for someone to **facilitate a Qi Gong circle** as we have had in the past. We are also looking for volunteers to **help manage the local food stalls** and to **help run the event**.

Any ideas you have are very welcome. Reach out to us if you have any inspired ideas [@Solitude Farm Cafe](#) +91 8072053484

Love, LUYE Team
Solitude farm & café
Auroville



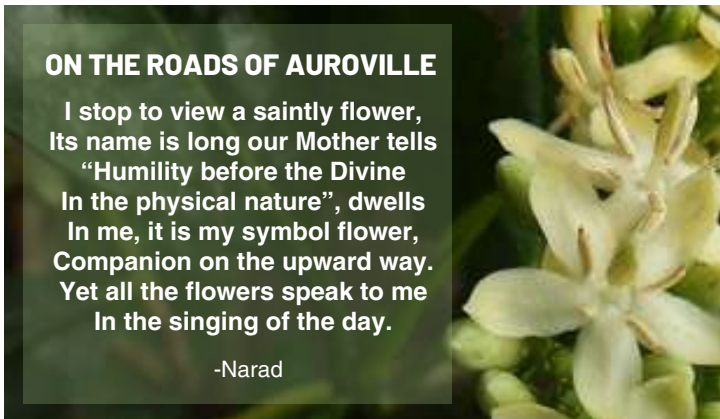
POETRY



Two birds landed on the grass.
Starting with a serene stroll
They soon hopped briskly
In such sure steps
With their slender legs
That something tender
Stirred up inside of me.

A smile surfaced
And spread.

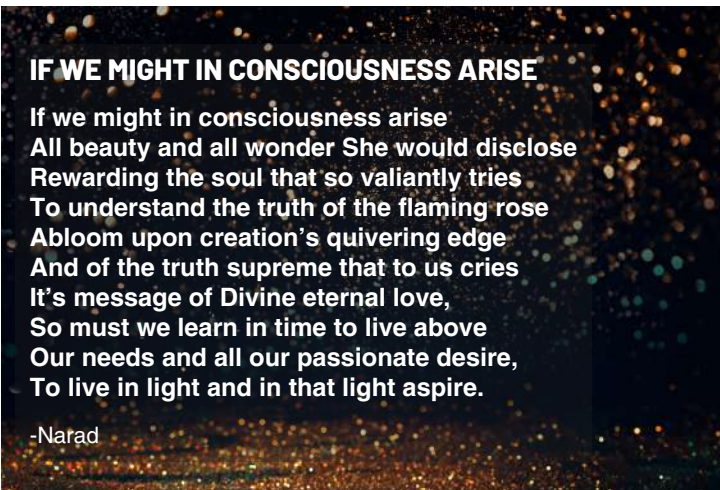
-Anandi Z.



ON THE ROADS OF AUROVILLE

I stop to view a saintly flower,
Its name is long our Mother tells
"Humility before the Divine
In the physical nature", dwells
In me, it is my symbol flower,
Companion on the upward way.
Yet all the flowers speak to me
In the singing of the day.

-Narad



IF WE MIGHT IN CONSCIOUSNESS ARISE

If we might in consciousness arise
All beauty and all wonder She would disclose
Rewarding the soul that so valiantly tries
To understand the truth of the flaming rose
Abloom upon creation's quivering edge
And of the truth supreme that to us cries
It's message of Divine eternal love,
So must we learn in time to live above
Our needs and all our passionate desire,
To live in light and in that light aspire.

-Narad

EDUCATION

SPOKEN ENGLISH AND HINDI

Hi! My name is Ashwini and I have an experience of 20 years as a Spoken **English, Hindi, Kannada and Marathi** language trainer for all levels. If you are interested in learning one of the above languages either in oral or written form please contact me on my WhatsApp 8270512606.

TUTION GRADE 1-12

Tuition classes open for students from grade 1 to grade 12. Please contact on my WhatsApp 8270512606. Ashwini



NEWS FROM AUROVILLE LANGUAGE LAB



Please remember to put your mobile phones on flight mode and switch off all wireless and Bluetooth devices before you enter the Lab. We are a wireless-free space!

Our first full-length publication: We are delighted to share that our first full-length publication, "From Resonance to Bonding" by Dirk Beckedorf & Franz Müller is now available on Amazon! The book gives an in-depth explanation of the Alfred Tomatis method, its scientific bases, how and why it works, along with detailed case studies. Links below:

- Amazon India: <https://amzn.eu/d/e4jhPpl>
- Amazon.com: <https://a.co/d/cwpVBlj>

Looking for: Volunteer (s) capable of reading & writing **Kannada & Telugu**, for proofreading a couple of short documents (that have been translated from English). The work requires 2-3 hours of commitment.

Tomatis

There are spaces available for both language & therapeutic programmes!

Please contact 0413-3509932 or 04132622467 or email us at tomatis@aurovillelanguagelab.org to schedule your Listening Tests & Consultations.

To know more about the Tomatis Method, please have a look at the following links:

- <https://www.aurovillelanguagelab.org/tomatis-method.php>
- <https://www.aurovillelanguagelab.org/tomatis-kids.php>
- <https://www.youtube.com/watch?v=wnpXprTl3m0>
- <https://www.youtube.com/channel/UCeTlG0y-sBMlyyWZNdZcAng/videos>
- <https://www.listenwell.com/>

Current Language Courses at ALL

New: French with Jean-François

Jean-François offers three 2-month courses. New batches start late October. These fill up quick, so please register soon.

Beginner French:

This 16-hour course is for all those wanting to join a French course but finding themselves too busy through the week! Our Beginner French Course is deliberately planned for Saturdays! The classes are highly interactive delving into French vocabulary of everyday life and the basics of grammar. By the end of the course, you would be able to make simple sentences useful for interaction, and talk about your work, hobbies, daily life, etc. in a simple way.

- This course will start **November 4**. Classes take place **Saturdays, 2:30 to 4:30pm**

French Conversation (Post-Beginner to Pre-Intermediate level):

This 12-hour course is for post-beginners with a basic knowledge of French who are not yet comfortable conversing in French. The course will focus on day-to-day topics and will be a good mix of grammar, and interactive verbal as well as written exercises. By the end of the course, the students will acquire a more solid foundation in French conversational skills. All students who have taken Jean-François's Beginner Course are welcome to join!

- This course will start on **November 4**. Classes take place **Saturdays, 10:30am to 12noon**.

French Conversation (Intermediate level):

For those of you who know a bit of French, this is the perfect course to get more fluent, expand your vocabulary, and speak without inhibition in a diverse & fun group! Each lesson covers a theme of daily life (work, family, hobbies, shopping, projects, etc.) and is aimed at developing the students' ability to express themselves and interact in French. Jean-François would explore a range of topics like food, sports, travel, philosophy, news, literature, economics, social sciences, theater, and more. He will also review the grammar useful for basic conversation.

- This 16-hour course will start on **November 6**. Classes take place **Mondays & Thursdays, 2:30 to 3:30pm**.

German with Ben

Ben will resume his courses from mid-January. You are welcome to enquire and register.

English Conversation with Ramesh

Ramesh's next batch will begin mid-January. Registrations open!

Spoken Tamil with Saravanan

Saravanan has been running this interactive and practically-oriented course for the past seven years. The class modules are based on a booklet called "Fun with Tamil", which has been put together with a lot of research and thought. By the end of this course, you would be able to converse in Tamil on day-to-day matters, having achieved a deeper understanding of its sounds, pronouns, conjugations, etc.

- Classes take place **Tuesdays & Fridays, 9:30am to 10:30am**. Course started on **September 12** comprising 24 hours of teaching over three months.

Intermediate Spanish with Susana

Our long-time teacher, Susana, is offering an Intermediate Spanish course for students who are already familiar with the various verbal modes in Spanish language (Infinitive, Indicative, Conditional, Subjunctive, and Imperative). The course will focus on polishing the conversational skills of the students and will also dive into the rules of grammar. This is a monthly course.

- Classes take place every **Tuesday, 2:30pm to 4:00pm**.

Beginner and Pre-Intermediate English with Rupam

Rupam continues to offer morning English classes. Her classes are a mix of discussion on current topics, and grammar as necessary. You are welcome to try out a class and see if it fits your needs. However, please note that this is not a drop in/walk in class but is meant for students committed to joining the course.

- Classes take place **Tuesdays & Thursdays, 10:30am to 11:30am**. Enquire now to join!

If there is a language you would like to learn, and it's not on our list, please send us a query!

To join or enquire:

Please fill out our form at <http://register.aurovillelanguagelab.org/>
You may also drop us an email at info@aurovillelanguagelab.org, call us at 2623661 or come visit us!

Please Note:

Registration and contribution are essential before you join a course with us. Please see our team member at the front desk to ensure this is complete, thank you!

Current Schedule of Classes

Language	Level	Time	Day(s) Of Classes
English	Pre-Intermediate & Intermediate	10:30 - 11:30am	Tuesday & Thursday
	Conversation January 2024	4-5pm	Tuesday & Thursday
French	Beginner Started 4 November 2023	2:30- 4:30pm	Saturday
	Conversation 1 Started 4 November 2023	10:30am – 12noon	
	Conversation 2 Started 6 November 2023	2:30 - 3:30pm	Monday & Thursday
Tamil	Spoken Beginner Started 12 September 2023	9:30 – 10:30am	Tuesday & Friday
Sanskrit	Beginner To start January 2024	TBA	TBA
Hindi	Beginner January 2024	10am – 12noon	Saturdays
German	A1.1 Beginner January 2024	9:30 – 11am	Monday & Wednesday
	German Conversation To start soon	4 – 5pm	Tuesday & Thursday
Spanish	Beginner To start January 2024	2:30 – 3:30pm	Tuesday & Thursday
	Intermediate	2:30 – 4pm	Tuesday
Japanese	Beginner To start December 2023	TBA	TBA
Italian	Beginner TBA	TBA	TBA
	Intermediate Started 14 December 2023	3 – 4pm 2:30 – 3:30pm	Monday Thursday
Persian	Beginner To start January 2023	TBA	TBA

The Language Lab is open:
Monday – Saturday, 9am - 12pm & 2pm - 5pm

Location:
International Zone, after Unity Pavilion & Pump House.

Contact:
Phone: (0413) 2623 661, 2622467, +919843030355 Email:
info@aurovillelanguagelab.org

LEARN THOOYA TAMIL



Tamil classes for absolute Beginners

Start date: January 8th, 2024


Time: 7:15pm - 8:30 pm, every Monday

Venue: Auroville Council Room, Town Hall

பயிலகம்
PAYILAGAM

Spend 3 months learning to speak, read, and write Tamil quickly; get to know a bit of the language and cultural history of Tamil with Sandeep

to get a feel for the classes, listen to this podcast:



HEALTH

SANTÉ SERVICES IN DECEMBER 2023

Working Hours:

Monday - Saturday 9:00 - 12:30pm & 2:00 - 4:30pm

Tests and Sample collection:

Mon-Fri before 12:00 pm. No sample collection on Saturday.

For emergencies, contact:

Auroville Ambulance (24/7) : Phone: +(91) 9442224680

Government Ambulance (24/7) : Phone: 108

Please call Santé on (0413) 2622803 during working hours for an appointment

Doctor consults with Dr.Senthil: Monday to Friday	Nursing Care: Ezhil, Thilagam, Archana & Sandhya: Daily No appointment necessary
Ayurveda with Dr.Be & Dr.Sonia: Mon/Tue/Wed/Fri	Pregnancy Care & Women's Wellness with Paula: Tuesday & Wednesday
Acupuncture with Andres: Mon/Tue/Wed/Fri/Sat	Homeopathy with Michael: Mon / Wed / Sat
Integrative Psychotherapy with Juan Andres: Monday to Friday	Physiotherapy with Arun: Monday to Saturday
Functional Medicine with Lize: Wednesday & Friday	Physiotherapy with Rebeca: Mon /Wed /Fri
Bio-Well Assessment (Evaluation of your well-being) with Helena: Inquiry through email (adminsante@auroville.org.in)	Physiotherapy & Massage with Galina: Monday to Friday

In Santé, we value our patient's confidentiality & make every effort to ensure their privacy.

In case of cancellation or to reschedule, it is necessary to inform us in advance.

AUROKIYA INTEGRAL EYE CENTRE @ ARKA

Working Hours: Monday - Saturday (9.00 am -5.30 pm)

Services Provided:

- Emergency eye care services with primary-level care
- Complete eye testing facilities for eye problems
- Follow-up services for surgeries and consultation from Aravind
- Spectacles and contact lenses
- Eye medicines (Homeopathy, allopathy, and Ayurvedic Drops)
- Personal guided support to visit Aravind Eye Hospital for surgeries and procedures
- Personalized eye exercise training, eye yoga sessions, and vision therapy sessions. Both morning and evening slots are available

Contact: aurokiya@auroville.org.in; aurokiya@gmail.com

WA/ Mobile: 8012305151: www.aurokiya.com



Aurokiya Integral Eye Centre
(An Auroville Activity)



EYE WELLNESS CENTRE



Eye Yoga & Vision Therapy

Find natural solutions for all of your eye care needs with a holistic approach through eye yoga and vision therapy.

Experience your visual healing with us...

Our Services:

- Eye Yoga and Eye Exercises
- Vision Stress-Relief Therapy
- Customized Vision Therapy
- Eye Relaxation Techniques
- Eye Wellness Group Programs
- Eye Nutrition Guide
- Sports Vision Training

Contact us for Details

www.aurokiya.com
+ 91 80123 05151 : +91 97042 58709
aurokiya@gmail.com;
Arka Wellness Hub, Crown Road,



CLASSES, WORKSHOPS & HEALING ARTS

DEEP SOUND BATH IN CREATIVITY

TIBETAN BOWLS

Hall of Light
CREATIVITY community

Every Friday
from 5 to 6:30 PM

Starting from 17th November



There will be a LIGHT massage by the Tibetan Bowls.

Lie down, relax, simply allow yourself to experience the ancient sound from the Tibetans bowls.

The practise produce a soothing sound believed to have a powerful effect in the body's energy system, helping to balance the chakras and promote healing.

"If we accept that sound is vibration and we know that vibration touches every part of our physical being, then we understand that sound is heard not only through our ears but through every cell in our bodies. One reason sound heals on a physical level is because it so deeply touches and transforms us on the emotional and spiritual planes."

Drop in the Hall, no reservation needed.
Please arrive 10 minutes before.

Guest 600 rs
Volunteer 300 rs
Aurovilians and Newcomers, conscious contribution

Sathyayuga
WA +917639761930

MINDFULNESS DROP-IN SESSION - NON-STRIVING

SUNDAY 24TH DECEMBER, 9.30AM-12.15PM

This **half-day retreat** provides a chance for you to drop-in to yourself, to unplug from the stresses of everyday life, and shift from doing into being.

The focus of this practice session will be non-striving, which is one of the fundamental principles of mindfulness. It is a conscious decision to allow things in your life or the world to be as they are, rather than always reacting to try and change things. There is no goal other than to be yourself.

All are welcome - no prior experience necessary. To register whatsapp Helen on 7094753054

MINDFULNESS DROP-IN PRACTICE SESSION

finding peace in a frantic world



SUNDAY 24TH DECEMBER 9.30AM-12.15PM

THEME: NON-STRIVING

FOR BOOKING & DETAILS WHATSAPP

HELEN ON 7094753054

MINDFULNESS FOR STRESS REDUCTION (MBSR) - 8 WEEK COURSE

Mondays from 8th January to 26th Feb 2024 - 6.45-9pm

The MBSR course is considered the gold standard in mindfulness training. This secular course synthesizes the ancient Eastern wisdom on mindfulness with the Western science on stress reduction, positive psychology & neuroscience.

The course has been found to improve participants' ability to cope with the stresses of everyday life - giving space to respond to situations rather than react. It has been found to help with anxiety & depression, to help manage chronic pain & lower blood sugar levels, to improve emotional regulation; increase attention, focus & memory; and plant inner seeds of happiness, resilience, kindness & acceptance.

It is suitable for those new to meditation as well as experienced meditators looking to deepen their practice.

The course is run in small groups (6-12 people), so places are limited. If you are interested to attend whatsapp Helen on 7094753054.

MINDFULNESS FOR STRESS REDUCTION (MBSR) COURSE

finding peace in a frantic world



**8 WEEK COURSE: STARTS 8TH JAN,
ON MONDAY EVENINGS 6.45-9PM**

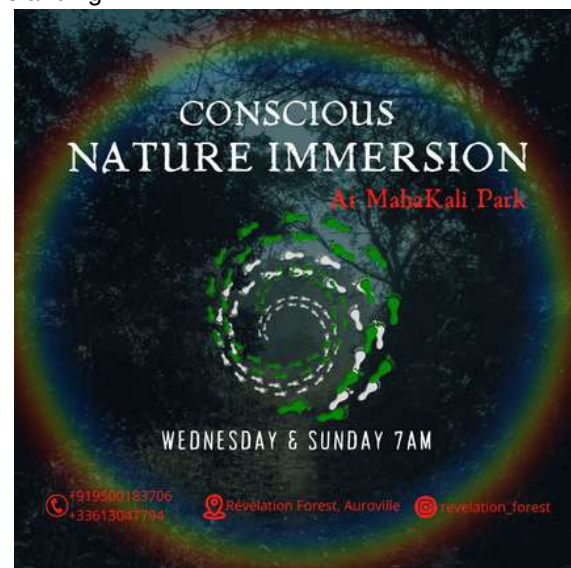
FOR BOOKING & DETAILS WHATSAPP

HELEN ON 7094753054

CONSCIOUS NATURE IMMERSION AT MAHAKALI PARK

MahaKali Park is one of the 4 parks of Auroville, which is developed as a place for holistic awareness and self-development through nature. Every Wednesday and Sunday, Major Arun and Solen-Mukhande guide you into an educational and meditative walk in the forest. The historical experience of green spaces in the specific context of Auroville have led to a unique understanding of holistic ecology. Providing a space for a direct connection with the organic "web of life" brings, in turn, insights for our self-study and yoga of work.

Free. Contributions accepted for the management of the site. / **Be adequately clad to prevent mosquito bites.** You may also carry mosquito repellents. / **Venue:** Meeting point at Révélation's main gate 5/10 min before the time of the session (Search for "Revelation Forest" on Google Maps) / **Contact:** +919500183706 (Arun) +33613047794 (Mukhande). Better to confirm your venue by one WA message, especially if it rains. / **We also custom programs, training and healing sessions on prior demands.** Please note that the park is not yet accessible without our supervision, thank you for your understanding!



AIKIDO WINTER INTENSIVE 2023-24!



From **Dec. 27th to January 9th** you are invited to **join the Auroville Aikido group to a Winter Aikido Intensive at the AV Budokan, Dehashakti.** We welcome Beginners!

Jean-Pierre Pigeau, our 7 Dan Aikido teacher, along with 3 high ranking "aikidoka" will lead our 13 days of learning / improving practice of this wonderful and complete Japanese martial art. Complementary practices of Ki Gong, Shiatsu and Tibetan Yoga will enrich the Intensive.

Schedule: Monday-Wed-Friday evening 5.30 to 7.15 pm and Tuesday -Thurs-Saturday morning 6.30 to 7.45 am.

- **Children** already in our regular Aikido classes as well as new students (from 8) are most welcome to attend as much as they can in the late afternoons during their holidays (5.30-6.30 pm).
- On **donation/contribution basis** to support the activity. Please **come 15 minutes before** class starts; wear long loose pants & normal T-shirt or your martial arts outfits/keikogi if you have.
- We will have an **Open Class on Tuesday 8 Jan, 5.30-7.15 pm** for family members, friends and the general public to watch our practice, and maybe join later!

More info and registration: budokan@auroville.org.in or phone: Surya CR. 0413-2623 813-037 or 83001 89062-call/SMS, N. Murugan 99528 12843-WA, Philippe G. 0413-2622 951 or 83006 43963-WA.

Cristo, Philippe, Surya and Murugan for the Auroville Aikido group, **Auroville Budokan** (Reg.as an activity under LEAD)

EMBODIED AWARENESS & MOVEMENT

In this 5 day workshop we will explore our various layers of being through authentic expression, fun games, breath, poetry, somatics and journaling. So we can experience and grow our awareness of physical, emotional, mental and subtle bodies.

Register for the 5 days via WhatsApp on +91 88009 29496

26-30 DECEMBER Organised by Dancing Tree under Lead Hospitality Trust
EMBODIED AWARENESS AND MOVEMENT WORKSHOP
9am -1pm

VARIOUS MOVEMENT PRACTICES, ACTIVITIES AND GAMES FOR GROWING ATTENTION AND AWARENESS OF OUR BODY, EMOTIONS AND MIND AND EXPLORE OUR RELATIONSHIP WITH ONESELF AND OTHERS.

For Registration
Gopaldalami@gmail.com
8076833991
8531012459

CRIPA . AUROVILLE

Gopal Dalami
Authentic Expression
Discovering oneself through authentic expression using contemporary Dance research 'Dance with Prana'.

Vega Moon
Awareness Through Body
Exploring oneself through fun games, breath work, and movement, we will get to know ourselves better and enhance our connection is oneself and other.

Louise Rose
Poetry In Motion
Embodying our truthful poetry is a journey that we will embark on together through Poetry, Journaling, Embodiment, Sacred Ceremonial Prayer Dance, Somatics and Voice Opening practices.

BODY IN LIGHT: ENERGY HEALING WORKSHOP

January 5, 6, 7th, from 9am-5pm, Tibetan Pavilion

In this 3-day workshop, learn:

- Fundamentals, Principles and Universal Laws of energy healing
- Dive into powerful techniques for self-healing.
- Realign to the Blueprint of your Soul, your Divine Essence —through Divine Spine Alignment.
- Step into the frequency of the four powers of the Divine Mother: Wisdom, Harmony, Strength & Creation.
- Facilitator: Sandyra, Energy Healer & Teacher since 25 years. Register now: contact@auroville-jiva.com, or WhatsApp: +91 70413 91995.

Awaken to the Light of Your Soul
BODY IN LIGHT
3-Day Energy Healing Workshop

Jan 5, 6, 7 (9am-5pm)
Tibetan Pavilion

TAI CHI HALL @ SHARNGA

The Tai Chi Hall in Sharnga community offers daily classes, six days a week.

Mondays & Saturdays:

- 7:30-8:30am Chi
- 8:30-9:30am Form

Tuesdays - Fridays:

- 7:30-8:00am Chi
- 8:00-9:00am Form

We practice three forms (24, 108 and 127) in the Yang style, as taught by the Inner Way School - Stevanovitch Method (artduchi.com). All are welcome to drop in.

Our next beginner's intensive is from February 12 to March 2, 2024.

taichi.auroville.org / taichi@auroville.org.in

ILLUSTRATING WITH AI - A (MID)JOURNEY OF 'SNIPPETS OF LIGHT'

The next meeting of the GenAI User Group will be on

Saturday, December 23 from 10 am to 11 am,

at the Auroville Consulting Office in Kalpana. Ground Floor meeting room.

Lakshmi D will share her experience using Midjourney, to create captivating illustrations for her upcoming book of short stories, "Snippets of Light."

For more details and future announcements, join the meeting announcement WhatsApp group by clicking on this link : <https://chat.whatsapp.com/EMEIWHRjquBATdKPEkG4PI>



AUROMODE YOGA SPACE
DECEMBER 2023 SCHEDULE



Registrations is a must for all the program.
Email or WA us, to know about the fees structure and other details.
Contact – email – balaganesh.siva@gmail.com & WA(only) +91 98926 99804

Day	Time	Description
Monday to Friday	7 30 am to 9 30 am	Vinyasa flow Yoga & breathwork
Monday to Friday	11 00 am to 12 00 pm	Mobility with Karlakattai
Tuesday	5 00 pm to 6 00 pm	Bollywood Dance
Friday	5 30 pm to 7 00 pm	Vinyasa flow Yoga
Saturday	7 00 am to 9 am	Karma Yoga
Saturday	11 00 am to 12 30 pm	Satsang
Saturday	5 30 pm to 7 00 pm	Vinyasa flow Yoga
Sunday	10 00 am to 1 00 pm	Tamil culture tour & temple visit
Sunday	5 30 pm to 7 00 pm	Vinyasa flow Yoga



AUROVILLE HEALTH CARE
KINESIOLOGY JANUARY 2024 PROGRAM

New: Kinesiology courses beginning in New Creation, Auroville.

Touch For Health

Inspired by Chinese medicine, Touch for Health (T.F.H.) or health through touch allows for the assessment and correction of the energetic system, organs, and acupuncture meridians through the muscular system. John THIE, one of the leaders in kinesiology, developed this technique by reflexively influencing the lymphatic system and blood circulation, enabling the body to self-regulate. With its balancing capabilities, Touch for Health serves beneficial functions.

Level 1 : 2 days, 8-9 January
Level 2 : 2 days, 10-11 January

Brain Gym

Kinaesthetic education or Brain Gym is an approach that enhances skills and stimulates capabilities. It offers an experiential learning based on movement and observation through playful and creative activities. Brain Gym courses aim to teach how to assist others and oneself in managing stress, releasing muscle tension, and rediscovering the joy of moving, learning, evolving, and succeeding.

Level 1: 2 days, 15-16 January
Level 2: 2 days, 17-18 January

For more information on kinesiology courses and classes go to www.kinesiology-auroville.in

The teacher

Yehovind (Ricardo Martinez) was director and teacher of the ASTM kinesiology school in Paris for 13 years. He has more than 20 years of experience in this field. Courses are in French and translated in English.

Place: New Creation, Auroville (Near Kuyilappalayam)

Contact:

Whatsapp message only: +33686928426
yehovind@gmail.com
contact@kinesiology-auroville.in

AUROMODE YOGA SPACE

200 HR YOGA ALLIANCE TTC INTENSIVE



Course dates: **January 3 to January 24, 2024**

Timings: **6:30am to 9:30am - 3:30pm to 7:00pm**, except Sundays

Join us for a transformative 3-week, **21-day Yoga Teacher Training Intensive!** Immerse yourself in the enriching practices of Hatha and Vinyasa styles. Explore meditation, pranayama, and the practical applications of yoga for a balanced modern lifestyle. Elevate your practice and become a certified yoga teacher. Limited spots available.

- Daily Hatha & Vinyasa flow yoga sessions along with Pranayama, Meditation, Kriyas.
- Introduction to Yin, Animal flow, Sound healing, Karma Yoga and more.
- Yoga Philosophy of Patanjali and other texts.
- Sequencing skills, subtle anatomy, mantra chanting
- Free time to work or explore Auroville between 9 30 am to 3 30 pm.
- Not just Asanas, but a complete lifestyle experience in the International town of Auroville.
- This training is for creating and sustaining an injury free self-practise and to teach others.
- Yoga Alliance, USA accredited Certification.

Registration is a must. WhatsApp for fees & other details.

Email - balaganesh.siva@gmail.com WA + 91 98926 99804



VÉRITÉ WORKSHOPS AND THERAPY

Pre-registration required

Please contact Verite @
0413 2622045, 2622606, 9363624083 or
programming@verite.in, www.verite.in



Master Class on Energy Pathways: Restore Flow of Prana through Mantra, Pranayama, Asana, & Prana Nidra – with Andres

Saturday, December 23, 9:30am – 12:00pm

The body energy lines wisdom – SEN lines (Thai) or Nadis (Sanskrit) – is one of the most important and fundamental pillars of both Yoga and Thai Yoga Massage. Sen Lines or Prana Nadis are energetic pathways of life, giving breath in the body. When the energy doesn't flow appropriately through these energy lines disease appears. In this workshop, you will learn the origin of this millenary knowledge and practical application for Yoga postures (Asanas). (*theory booklet included*)

Sivananda Yoga: Master Class – with Mani

Saturday, December 23, 9:30am – 12:00pm

A classic Sivananda session, including basic pranayama (breathing) and Surya namaskar (sun salutation), designed to massage and rejuvenate the entire spine, with rhythmic alternation between effort and relaxation to balance the nervous system and prepare it for the final guided relaxation.

Safe Yoga Asana Practice: Do's & Don't's – with Rebeca

Saturday, December 30, 9:30am – 12:00pm

Although yoga offers many health benefits, if practiced incorrectly, it may cause muscle strain, torn ligaments, or other serious injuries. Rebeca will present a detailed breakdown of some challenging asanas, to both understand the risks and develop the necessary skills for a safe practice. Session open to all; especially designed for yoga teachers or yoga practitioners.

I JUST WANNA WRITE

If you want to write on any level, from personal to narrative or theater and short movies scripts, just check the blog at <https://gatedreams.com/> and click on I Just Wanna Write. Or go to the Auroville Radio website and enjoy the many episodes uploaded there. I'm uploading a series on the Hero's Journey that you might find useful. To enter the Blog on the website, you'll have to sign up. It's free for Aurovilians, Newcomers and Volunteers. And if you feel like stuck in your writing exploration, or if you need some encouragement or fresh ideas to unblock your journaling practice (or if you want to start one) or if you feel that writing is part of your creative self educational path, I will happily share my real presence and time for an enjoyable writing session with you.

Contact me here: avgateofdreams@gmail.com

Let's keep up with the writing!

Francesca



VIPASSANA MEDITATION

Date: Every Sunday

Timings: 8:30 AM – 12:30 PM but you can also drop in and join as long as you wish.

No registration is required.

Venue: Udavi School (2nd building on the left when you are at the front entrance), near Tank in Edayanchavadi (Auroville). Location [here](#).



Vipassana



As taught by S.N. Goenka

Contact: Sanjay Tumati,
+91 8790982210 (available on WA)
sanjay@auraauro.com

SERENDIPITY ACTIVITIES & THERAPIES

(Ex. Joy Community in front of Center GH)

Center Field, Auroville - 605101, TN, India

Mobile/Whatsapp: +91 9385623342

Email: serendipityauroville@gmail.com

<https://serendipity.auroville.org>

<https://www.facebook.com/serendipityauroville>



Serendipity (Ex. Joy) is located opposite Center Guest House
<https://serendipity.auroville.org> - serendipityauroville@gmail.com
+91 9385623342 - [facebook.com/serendipityauroville](https://www.facebook.com/serendipityauroville)

THERAPIES

SHIATSU MASSAGE Sara
+91 9443617308

Restarting from 2nd of January

EXPRESSIVE ARTS SESSION
TAROT READING Anjali
+91 95600 26678
PRANIC HEALING

ACTIVITIES

HATHA YOGA
Wednesdays - 5:30 - 6:30pm Ramesh
Saturdays - 7:30 to 8:30am +91 98451 68490

MINDFULNESS MEDITATION Gijs
Thursday - 7 - 8pm +91 73394 59425

SANSKRIT TRADITIONAL CHANTING Sonia
Thursdays - 9 - 10am (drop in class)
Fridays - 5 to 6pm (Regular Students) +91 8940288090

QUIET HEALING CENTER



Quiet Healing Center, Auroville 605 104, Tamil Nadu, India

www.quiethealingcenter.info / quiet@aurville.org.in

Mobile & WhatsApp: +91 9488084966

Watsu® 1 (Transition Flow) with Dariya & Daniel

Tuesday 26 - Saturday 30 December 2023 (8:45am - 6:00pm: 34 hours)

A 5-day course on the surface only. Watsu 1 (Transition Flow) teaches to connect the basic movements and positions you have learned in Watsu Basic with long, gracefully flowing transitions and to adapt this work to people of different sizes, shapes, and dispositions. You will also learn about your own body mechanics and how to support and move each person as effortlessly as possible.

On land, you will be introduced to both Co-Centering and Tantsu, and explore what being held means to you and others.

Prerequisites: Watsu Basic. **Certificate upon completion of the course.**

PITANGA



Holiday Program 26 December to 6 January 2024

CLASSES - REGISTRATION REQUIRED

Iyengar Yoga with Chloe

Tuesdays 9am –10:30am with Chloé | Yoga for the Spine | All levels

Suitable for all levels of practitioners. Special attention is paid to relaxing the back and the correct position of the spine in various types of asanas. Each practitioner should be prepared to independently use props such as chairs, rollers, bricks.

Art Therapy with Gala *Please register*

Thursdays, 3 – 5pm for adults

Fridays, 3 – 5pm for families

DROP-IN CLASSES *Join without prior registration!*

Mondays

7:30am – 9:00am | **Asanas** with Rachel | All levels |

8:30am – 10:00am | **Yoga Therapy** with Gala | All levels

4:00pm – 5:00pm | **Deep Presence** with Mike S.

Tuesdays

4:45pm – 5:30pm | **Odissi Dance** with Rekha | Beginners

3:30pm – 4:30pm | **Body Musik** with Anandi Z. | All levels | All are welcome to join.

Wednesdays

7:30am – 9:00am | **Asanas** with Rachel | All levels |

8:30am – 10:00am | **Yoga Therapy** with Gala | All levels

Thursdays

4:30 – 5:30pm | **Aviva Exercise** with Suriya | For women | (*Not on 21. December*)

4:30 – 6:00pm | **Vocal Sound Healing** with Lola | All levels (*Not on 22 and 29 Dec. beginning again in Jan. 24*)

Fridays

6:45am – 8:00am | **Pranayama** with François & Namrita | *For former "The Art of Living" course participants*

9:00am– 10:00am | **Lola's ATB special** for seniors, all levels (*Not in December*)

7:30am – 9:00am | **Asanas** with Rachel | All levels |

8:30am – 10:00am | **Yoga Therapy** with Gala | All levels

8:30am – 10:00am | **Yoga Therapy** with Gala | All levels

4:30pm – 5:30pm | **Reading of the Life Divine** with Balvinder | All are welcome to join.

5:15 – 6:15pm | **Feldenkrais class** with Shari | All levels (*not in December*)

5:15pm - 6-15pm | **FOR GIVING LOVE** with Marie-Claire | A weekly inner dialog to foster your own healing.

Saturdays

11:00am -12:15pm | **ATB explorations** | with Teresa | All are welcome to join. (*Not on 30 December*)

4:30pm – 5:30pm | **Body Musik** with Anandi Z. | All are welcome to join

YOUTH ACTIVITIES

During the holidays from **26/12 to 6/1/2024** the classes for the youth with Lisbeth and Gala are paused.

These are ongoing educational programs and not intended for drop-in students. If a child is interested, parents need to talk to the teacher before bringing the child.

Energy games for children, 9 yrs. +, with Gala
Saturdays | 11am – 12pm
(*Not on 23, 30 Dec. and 6 Jan.*)

HEALING SPACE - BY APPOINTMENT

- Acupuncture by Heidi (*not from 24. Dec. to 1. Jan. 24*)
- Bio-Resonance (with Bi-Com machine) by Afsaneh
- Chiropractic by Afsaneh

NEW ACTIVITIES

New class in January 2024

"Born Free"

A Five Hour
Transformative Workshop
with Ange Blancheflower



"If your Answer to 3 or more of the Following Questions is a YES, Then it would be my absolute pleasure to Invite you to the 5 Sessions, in person Workshop 'BORN FREE'

1. Do you feel dissatisfied in any area in your life?
2. Perhaps you're thinking of making changes in your life but you have already tried many times without success.
3. Do you have dreams, great goals and ideas on how you would like to live your life but you don't know how to do it?
4. Perhaps you have achieved a lot in life, you have done great things but you feel like you would like to experience more. This feeling makes you unsatisfied and you don't understand how to get rid of it.
5. Maybe you are completely lost in life, you feel stuck in the same place and you start to lose hope that you can change anything.
6. Maybe you study self development and the power of the subconscious. Maybe you have watched "The Secret", you feel that you know a lot about it, but your results in life are unsatisfactory. You don't know how to apply the knowledge you study so thoroughly.

These Five Days could be Transformational to your Life.
Ange Sabine Blanchflower"

Monday 08 to 12 January 2024, 12:45 to 1:45pm



New class

For Giving Love

Transmuting heavy emotions with Dr Laskow's tools

New Class on Fridays

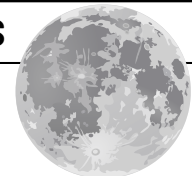
Marie-Claire invites you to an inner dialogue with yourself that helps you to let go of all heavy emotions and release energy patterns that could otherwise drain your energies.

Dr Laskow's tools guide you through a process of forgiveness to complete your own healing. Forgiveness does not mean forgetting or accepting what has been done. It does not mean loving others, which may or may not happen in the process. It's simply taking back the energy that you have bound up with your feelings about certain people, releasing energy patterns that might otherwise contribute to illness.

Starting on **Friday, 22. December** a weekly session is offered at Pitanga: **5.15 - 6.15pm**.

This is a drop-in event. No prior registration is necessary. Please arrive on time. Late arrivals cannot be accommodated in the class.

ACTIVITIES & EVENTS



WOMB WOMEN CIRCLE

Last full Moon 2023!

Let us gather to amplify and reclaim our feminine Power, welcoming 2024 bringing to life each of our unique creations to increase the collective life-force frequency

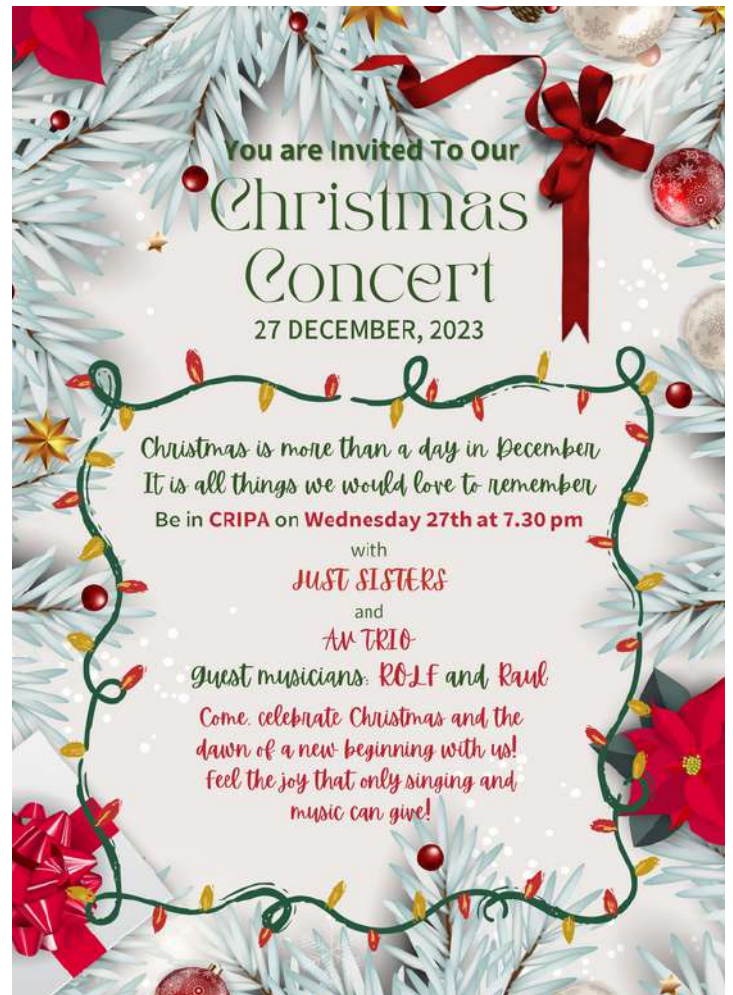
Wednesday, 27th December, 6pm - 8pm

Harmony Hall, Bharat Nivas

Reserve your space at: +91 9315237800



CHRISTMAS CONCERT @ CRIPA - 27 DECEMBER 2023



Savitri

New Class on Fridays, 3-4pm: Reading Savitri

Starting on 8 December

Life has "cast the spirit into physical form" - Savitri, Book II, Canto VI

In joyful anticipation, we propose to explore Savitri for clarity about our physical body and for assuring our embodiment of "the bliss for which all forms were created". - Savitri, Book II, Canto IX

A Savitri circle will make a start at Pitanga on **Friday, December 8, from 3 to 4pm**, promptly. Patricia (native English speaker) will facilitate.

Bring your book or e-book. If you request in advance, extra books may become available.

No prior knowledge is necessary and all are welcome to enjoy the beauty of Savitri.

Every Friday from 3- 4pm with Patricia



ATB explorations

(Awareness through the body)

A joyful space for discovering oneself and developing attention and relaxation.

"Whatever you may want to do in life, one thing is absolutely indispensable and at the basis of everything, the capacity of concentrating attention." The Mother

All are welcome - **Drop-in session.**

Every Saturday from 11am to 12:15pm.

Not on 30th December

With love and gratitude, Teresa

If you wish to receive our program of activities by email, please write to us: info@pitanga.in

See you at Pitanga, with a smile !

Pitanga Cultural Centre
2622403 / WA 9443902403
info@pitanga.in

AUROVILLE: ONE DAY & HALF DAY TOURS

Explore Auroville like never before. We will explore community life from different angles and multiple viewpoints.



We will embark on a journey to see how a community runs, in general and what makes Auroville, a spiritual community or a living Utopia and its aim to constant progress and growth. Come and spend a day with us.

Pre - Registration is required.

Contact us to know more details:

youthlink@auroville.org.in or WA: +91 85248 25120

Here is the link for the itinerary, fee and other important details:

[https://drive.google.com/drive/folders/1tGQN BGItSxZKGulpwhQTPNaUIAJomDU?](https://drive.google.com/drive/folders/1tGQN BGItSxZKGulpwhQTPNaUIAJomDU?usp=drive_link)

[usp=drive_link](#) or

please scan this code to know more:



ECO FEMME OPEN HOUSE



Dear friends,

Join our open house at our office in Auroshilpam every **Thursday morning at 10:30 AM till 12 AM.**

Come and learn about:

- Sustainable menstrual products (cloth pads, cups and period panties),
- Menstrual cycle awareness and,
- Our not-for-profit work.

You can also pick up discounted cloth pads, cups, period panties and cloth nappies.

See you soon!

The Eco Femme Team

ART AND NATURE ACTIVITY

Co-creating with the Spirit of Nature

Are you interested in deepening your communication with Nature and co-create in its Spirit? Drawing, painting, dancing, video, poetry... whatever field you are called for. Bring your own materials or use what nature is offering. Let's meet on Wednesdays afternoon from 2.30 p.m to 5 p.m. We will work out doors.

Register:
Bel: +91 7598892065 WA



SOLITUDE FARM

LUYE ECO MUSIC FESTIVAL- 10TH FEB 2024

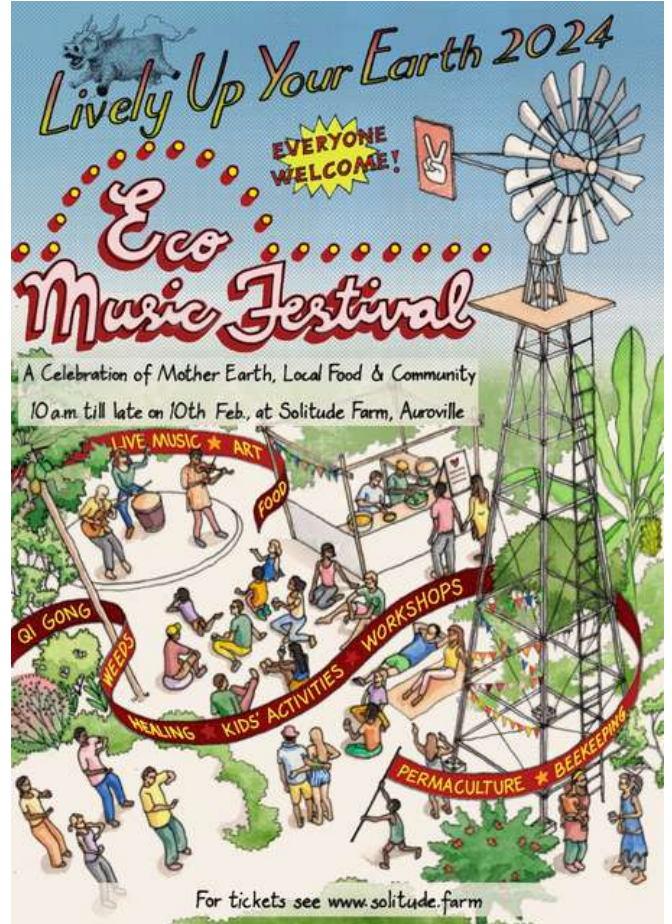


Dear friends,

'Lively Up Your Earth' eco-music festival at Solitude Farm will take place on the 10th of February 2024. This event is a celebration of the creativity in our community, local foods, and music. This is a community celebration and everyone is welcome. If your work focus is on ecology, education, the arts, local food/farming, natural medicine ect. and you would like to have a stall please get in touch with us at solitudepermaculture@gmail.com and we will find you a space.

This event will welcome Aurovilians and local villagers on a donation basis and guests/ visitors on a paid entrance ticket.

Solitude farm & café
Auroville



INVITATION TO AUROVILLE'S MULTIDISCIPLINARY IMPROVISATION LAB

AV Improv Lab is a long term project of co-creation, experimentation and learning around performance and improvisation. It was first formed in April 2022.

Together we explore the different aspects of a performance and how we approach and respond to each aspect. This is a project for people who are willing to step out of labels and expertise, and are open to redefine their art while exploring new ones.

AV Improv Lab is open to Auroville residents, long-term volunteers and anyone else who can commit to attending at least one session every week. No fees are involved. The fee is your commitment. Our aim is to provide a safe space for growth and storytelling in the process of creating for performance.

WHERE: **Cripa Small Room**

WHEN: **Every Thursday from 5pm to 7pm**

We look forward to seeing you there!

Sincerely,
Team AV Improv Lab

SOMATIC EXPLORATIONS
CREATIVITY HALL OF LIGHT



Somatic Explorations
through sensations

We all share a common need for connection.

Let's begin a journey of curiosity together within our bodies

through movement, dance, observation, and moments of stillness.

every tuesday
17:30 - 18:40
Hall of Light

Could this be the pathway to deeper connections with others and the world around us?

Artist: Alyssa De Asia

THEATRE CLASS

Theatre Class



Weekly theatre practice for aspiring actors

Improve your acting skills through collective and individual theatre games and a regular and comprehensive acting practice, including work on body, voice and text.

WEEKLY THEATRE PRACTICE FOR ADULTS

FRIDAYS
2:00PM to 3:30PM
@CRIPA

Info & Registration:
Celine
(Celine Barbara)
+918098846079
(WhatsApp/Telegram)

FOOD FOREST TOUR

www.myfoodforest.info / myfoodforestgarden@gmail.com



FOOD FOREST TOUR

I welcome you to a tour through my permaculture garden! We will take a look at local foods and you will get an idea on how to start growing your own food.

Come and connect with nature and learn about healthy and sustainable food options

This tour includes a **MINI-RAW-FOOD-WORKSHOP** where we will harvest herbs, fruits and flowers to prepare some delicious

VEGAN ICE CREAMS and more...

EVERY SUNDAY from 9:30 to 11:30
at La Ferme Community (5min from AV Bakery)

Sign up and info's what's app Sarah 9047421044

www.myfoodforest.info
myfoodforestgarden@gmail.com

VOLUNTEER AND LEARN - FARMING HANDS ON AUROORCHARD

EMAIL: auroorchard@auroville.org.in / WHATSAPP: +91 9566631079 (Nidhin)



AuroOrchard


Volunteer and learn farming hands-on!

AuroOrchard is the oldest and one of the largest farms in Auroville, contributing significantly to the food needs of the community.

Join us to learn to work with the soil, plants and food while sharing with a diverse group of people. We offer breakfast made with farm produce.

TO JOIN US, PLEASE CONTACT US
EMAIL: auroorchard@auroville.org.in
WHATSAPP: 9566631079 (Nidhin)

CHANTING CLASS - SERENDIPITY




Traditional Mantras & Stotras Chanting Classes

at Serendipity Community

Thursday 9:00 AM (drop-in class)
Friday 5:00 PM (regular class)

with Sonia Novaes



Email: serendipityauroville@gmail.com / WA: +91 8940288090

BANSURI FLUTE CLASSES



The Sound of Bamboo

Various Styles of the Indian Flute

Bansuri (Flute) Group Classes With Michael Kalabhumi Music Studio

Every Friday (Beginner: 11am-12pm, Advanced: 12pm-1pm)

Drop in is possible at any time, flutes available to borrow or buy.

Contribution:
- Aurovilians, NCs, Volunteers & Local Villagers: Free donation
- Guests: 500 INR

More Info: www.the-sound-of-bamboo.com

To Donate: <https://pay.auroville.org/divine-arts>

Learn More About Divine Arts:
<https://auroville.org/page/divine-arts>

About Divine Arts:
<https://auroville.org/page/divine-arts>

EDIBLE WEED WALKS

It's that time of the year again. Here's the announcement for 12 guided weekly Edible Weed Walks. You can join one or more. For that please plan and register early. The walk will be guided along with the Edible Weed Walk book. If you don't have a copy, you will be able to borrow one during the walk.

Pre-registration is required

RSVP: edibleweedwalk@gmail.com or
WhatsApp/SMS: +91 98409 36907 to register

Registration (max 10 people) is open until Fridays 3 pm

The location will be decided after registration closes. Registered participants will be informed and will be provided direction and other necessary details.

Edible Weed Walk @ NinaS edibleweedwalk@gmail.com

It's that time again!

Weekly Weed Walk @ Edible Weeds

only 12 on Saturdays

from 7:30am to 8:30am (max 8:45am)

- December 2023 : 23, 30
- January 2024: 6, 13, 20, 27
- February 2024: 18
- March 2024: 2,9, 16,24, 30



Contribution:
Rs. 500/ person for all
Rs 350/ per person for Aurovilians/NC/and SAVI-registered volunteers



You can contribute using QR code or @ Financial Services Account : 251987 (no cash)
For group booking (10 people) please email in advance at edibleweedwalk@gmail.com for a different contribution

Location: In Auroville
Pre-registration required

RSVP: edibleweedwalk@gmail.com or
WhatsApp/SMS: +91 98409 36907 to register

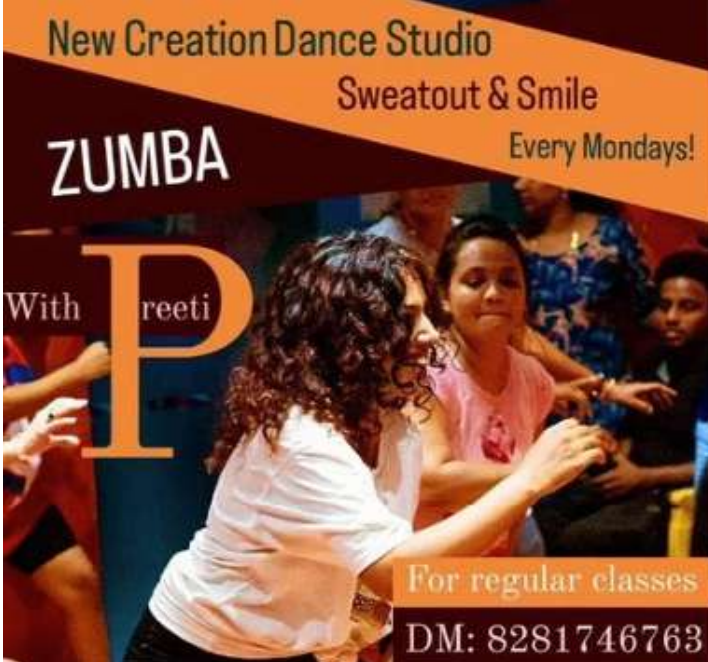
NEW CREATION DANCE STUDIO

ZUMBA WITH PREETI

New Creation Dance Studio
Sweatout & Smile
Every Mondays!

ZUMBA

With Preeti



For regular classes
DM: 8281746763

BOTANICAL GARDENS - ORCHID SHOW

AUROVILLE BOTANICAL GARDENS

ORCHID SHOW

from Friday, Dec.29th at 1pm
till Saturday, Dec.30th at 5pm

venue:
AUROVILLE BOTANICAL GARDENS



YOUTH CENTER - KARAOKE PIZZA NIGHT!

23 DECEMBER, 7:00-10:00PM



KARAOKE PIZZA NIGHT

7:00 - 10:00 PM
Youth Center
Saturday 23rd Dec

Pick your slice
Sing your heart out
& share the joy of music & pizza



ACTIVITIES FOR KIDS

ART EXHIBITION/BOOK LAUNCH TIBETAN PAVILION

Welcome to the Art Exhibition and Book Launch of
"THE GOLDEN DRAGON"
By **HELENA HUTTE**
Tibetan Pavilion
DECEMBER 30th at 5

Animation of the story will be on the big screen,
please bring your children along!

There will be some drinks and snacks to enjoy
Going into the New Year with a celebration of
Light, Joy and Togetherness

Art shown is a combination of Textile Mandala's
and Acrylic/Aquarel paintings

dec 30th till jan 25th, opening hours 9.30-12 and 2-5, sundays closed

OPEN HOUSE AT KINDERGARTEN

The Kindergarten (Center Field) will be open to everyone on

- **Friday 22nd of December** from 1:30 to 4:00 pm and
- **Saturday 23rd** from 9:00 to 12 pm.

You are welcome to visit the exhibition of crafts and works of the children, ages 3 to 6, and to discover the Play of Painting room and the Blocks room.



KUILAI CREATIVE CENTRE

Contact: kuilaicreativecentre@auroville.org.in;
kuilaicreativecentre.auroville@gmail.com
WhatsApp: + 91-8608473385 / 9843195290



KUILAI CREATIVE CENTRE
(A CENTRE FOR KEEBA CURRICULAR ACTIVITIES)

NEXT TO AUROVILLE BAKERY, PROTECTION COMMUNITY, AUROVILLE.
Email: kuilaicreativecentre@auroville.org.in OR
kuilaicreativecentre.auroville@gmail.com
WhatsApp: + 91-86084 73385 / 9843195290

செயல்பாடு ACTIVITY	நாள் DAY	நேரம் TIMING	பெரியவர்கள் மற்றும் குழந்தைகள் FOR CHILDREN & ADULT	வயது வரம்பு AGE GROUP (ONLY 10 TO 20 STUDENTS PER GROUP)
ஆங்கில வகுப்பு ENGLISH CLASS	MONDAY, TUESDAY AND THURSDAY	10 AM TO 12 PM	FREE	ABOVE 18 years
தையல் செயல்பாடு TAILOING ACTIVITY	WEDNESDAY, FRIDAY AND MONDAY, TUESDAY AND THURSDAY	11 AM TO 1 PM AND 2 PM TO 4PM	FREE	ABOVE 18 years
எனலை இரவு வகுப்பு EVENING TUITION CLASSES	MONDAY TO SATURDAY	6 PM TO 9PM	FREE	From 1 st Grade to 10 th Grade
உடற்பயிற்சி PHYSICAL FITNESS	SATURDAY	9AM TO 10 AM	FREE	ABOVE 8 years
ஓவியம் PAINTING	SATURDAY	11:30 AM TO 12:30 PM	FREE	ABOVE 8 years
மீன் சுற்றி UPCYCLING	SATURDAY	2 PM TO 3PM	FREE	ABOVE 8 years
ஹிப்-ஹாப் HIP-HOP	SATURDAY	3:00 PM TO 4:0 PM	FREE	ABOVE 8 years
பரத நாட்டியம் BHARAT NAATYAM	SATURDAY	4:00 PM TO 5:00 PM	FREE	ABOVE 8 years
அம்மாக்கள் 12 குழந்தைகள் பற்றிய கலைக்கலை EXHIBITION ON MOTHERS 12 QUALITIES	விரைவில் - SOON	விரைவில் - SOON	விரைவில் - SOON	

Please click [HERE](#) to see the program
in full or scan QR code:



FOODS, GOODS & SERVICES

CHRISTMAS EVE DINNER AT VISITORS CENTRE CAFETERIA

We will have our yearly **Christmas Eve Dinner at Cafeteria**
on **Sunday the 24th** with Traditional, Seafood and Vegan
menus

Service will start at 7pm till 9.30pm.

Menu details available by mail to
cafeteriavc@gmail.com or
by Whatsapp 90430 04919

Come and enjoy!

A peaceful Christmas to all,
Your Cafeteria Team



ECO FEMME RECONNECTING WITH YOUR INNER CYCLE

*The world of menstruation as a gateway
to connect with your body and your inner power:*



Eco Femme invites you to explore...

- Wonderful and wild world of menstruation
- Women as cyclical beings
- Learn menstrual cycle tracking to nurture the power of your womb
- Embodied practices to connect with your body (including some belly dance steps)
- Eco-Sisterhood through sharing authentically.

Date: Dec 22nd (Friday)

Venue: Our office in Auroshilpam (Google map us!)

Time: 4 to 7 PM

Cost: On contribution basis, contact us to know more

*Prior registration required (Please email us at
info@ecofemme.org or message us at 9487179556 to
register/ask questions)*

P.S. Everyone has a woman in their life - men, please don't shy
away from joining!

CHRISTMAS GIFTS AT STAND4UPCYCLING STORE

We have made a beautiful upcycled collection of garments and hand-made home decor from vibrant Indian saris. Visit and choose your holiday gift from the market.

Dates: **Dec 23 and Dec 29**

Venue: **Stand4Upcycling Store** (next to the ice cream shop) at the Visitors' Center

SAKHI BY LIFE EDUCATION CENTRE



Holiday Market UPCYCLED SARI COLLECTION

KAFTANS/SKIRTS/TOPS/DRESSES/ACCESSORIES/
HOME DECOR/ CHRISTMAS ORNAMENTS...

STAND4UPCYCLING store, next to ice cream shop
VISITORS CENTRE, AUROVILLE
2 DAYS : Dec 23 & Dec 29

AUROVILLE LIBRARY CLOSED OVER THE HOLIDAYS

Auroville Library will be closed on

**Monday 25th Dec 2023 and
Monday 1st Jan 2024**

for Christmas and New Year.



YOUTH CENTER PIZZARIA

8428061801 | Youth Center International | @youthcenterauroville

OFFERING IT SERVICES

I am Ramakrishnan Aurovillian experienced in the fibre internet field (Ftth) for 8+ years and gained more knowledge in creating-on new fibre internet infrastructure and IT troubleshooting work for our Auroville community Since 2015. And I am happy to provide the below services to our Auroville community:

- Internet speed; Boosting up for dual bands 2.4 GHz or 5 GHz
- Wired/wireless; Fibre ONT modems, Routers, Switches installation/repairing work
- Fibre optic cable; Joining, power loss troubleshooting, laying/pulling work inside and outside your house
- CCTV; Configuration/Installation/repairing work inside and outside your house
- Smart-TV/laptops/printers; Configuration/Installation/repairing
- Other network communications devices; Configuration/Installation/repairing

For any internet-related issues/complaints, please feel free to contact me: Ramakrishnan, 9943919899, krish651@gmail.com

STUDIO BASED ART THERAPY AND COUNCELING

tialovesart@gmail.com / www.createandtransform.org

CREATE AND TRANSFORM

STUDIO BASED ART THERAPY AND COUNSELING

individual * group * family



Therapy can be creative and non-threatening for help with:

- Anxiety
- Depression
- Trauma
- Life Issues

Trauma Informed Art Therapy & Counseling:

- Client Centered,
- Strength Based,
- Solution Focused,
- Incorporating CBT and a creative, eclectic tool box.



Tia Pleiman, MA, ATR, NCC, LPC

tialovesart@gmail.com

www.createandtransform.org

WA 7094007610

Aurelec, Kuilapalayam, Auroville

OFFERING: PEST CONTROL SERVICES

We control all All kinds of Pests Treatments on warranty

Ants, Bed Bugs, Cockroaches, Fleas, Hornet's, Mice, Rats, Spiders, Termites, wasps & more

Get rid of them once and for all

We will help you to eliminate wide variety of Residents and commercial Pests

Contact us:

Mobile: 9943919899 # Email: rkkrish651@gmail.com



WE CAN HELP TO FIX ALL YOUR BROKEN ITEMS

New Waves, a unit registered under Kattidakali Trust located in Aurelec Premises, Prayogashala, Auroville is offering the services of **PCB Assembly, SMD soldering, de-soldering and minor repair of appliances.**

The unit can also undertake sub-contract of your production work on job work basis.

If you have any requirements, please contact Dhandapani, Executive at 0413-2622295,

Mobile 9443090082 / 8098193820 or via e-mail to newwaves@auroville.org.in



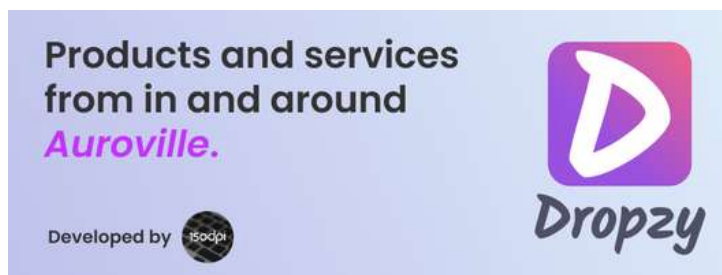
REPAIR OF AIR CONDITIONERS, FRIDGES, WASHING MACHINES AND APPLIANCES

Loganathan working at Mahasaraswati Shop (near PTPS, Aspiration area) is a long term Aurovilian that has gained a lot of knowhow through looking after and repairing all kinds of machines. He happily repairs your machines and appliances.

You may contact him via phone / SMS or whatsapp +91 94434 93025



JOIN DROPZY



Dropzy is a mobile app platform for ordering and accessing information from a wide range of in and around *Auroville* eateries, grocers, bakers, farms, expertise/experts, therapists etc and has partnered with ITS (Integrated Transport Service) whose delivery personnel will pick up the orders from the outlets/stores and deliver them to the customers at their convenience.

Dropzy works by providing a complete ordering and delivery solution that connects the existing neighborhood outlets/stores with the comfort and convenience of ordering from home.

Find new customers, build your business and grow your sales. Increase your visibility and order volume, drive more revenue and improve profitability with help from Dropzy.

Contribution based

Register your Unit/Activity

Click on this link: www.dropzy.in/join-dropzy

SOLITUDE FARM - 2023

Farm



Solitude has a small farm shop which is stocked daily with fresh seasonal produce.

There are also some ayurvedic powders such as giloy or guava leaf and also chilli powder, turmeric, pickles and dried flowers. Solitude also runs a C.S.A. fruits and vegetables basket service where people sign up in advance for a basket of seasonal produce.

- Papayas
- Assamese giant lemons
- Pineapple
- Plantain
- Bananas
- Wild spinach
- Wild salad greens
- Sundakkai
- Banana stem
- Banana flower

Cafe

The cafe runs from Monday to Saturday serving a local food vegan thali.

We also serve farm salads, smoothies, desserts, vegan coffee etc...

The cafe runs a lunch scheme.

Education

Solitude farm runs mini permaculture workshops during the week (Wednesdays and Fridays) and longer weekend workshops on a monthly basis. Pricing is flexible for Aurovillians.

Tour

Every Saturday we offer a free tour of the farm sharing the narrative and philosophy in practice of how a food forest can emerge through natural farming and permaculture.

Volunteers

Solitude Farm is happy to welcome volunteers.

Timings 8:00 am -12:30 pm

We offer breakfast, tea and lunch.

Opportunities

Solitude Farm Cafe is looking for a serious person to manage the POS and accounts, stock, excels etc for the cafe and farm. Replying to emails and calls.

Solitude Farm is looking for people to help with the educational workshops.

To find out more:

email: solitudepermaculture@gmail.com

whatsapp: 9843319260

Solitude farm & café

Auroville



Solitude Farm

AIRCON CLEAN OFFERS COMPREHENSIVE AIR CONDITIONER CLEANING SERVICE KNOWN AS "JET SERVICE".



The Jet Service includes not only the filter cleaning but also indoor cooling coils, blades, and blower wheels, indoor cooler drain tray cleaning and outdoor unit with AC jet pump.

After a cleaning service your air is fresh and healthy, reducing sickness and helping you live a healthier life.

Save up to 30% power usage with a regular cleaning service.

Contact **AIRCON CLEAN** now at 9786809518 or email us at airconclean.av@gmail.com

Regards, Julien.

RAPID CARE SERVICES RCS



Dear Residents,

We are happy to announce that **Rapid Care Services** have successfully completed one year. We began operations in December 2022.

It has now been one year since we began serving the community. We take this opportunity to thank all the people who believed in us.

The support offered and shown by our customers played a big role in our growth.

For celebrating our anniversary, we would like to work on a discount basis in our service charges than we usually do for the entire month of December.

To avail this offer kindly take a look at all the work that we offer. Please reach out to us for any enquiries that need our assistance to fix your home or any infrastructure.

Look forward to your continued use of our services in the future.

Our Services:

- Carpentry
- Masonry - renovations and remodulation
- Plumbing
- Aluminum channel work
- Electrical
- Steel Fabrication work
- Painting - Interior, Exterior, Floor Waxing, Powder coating,
- Insect Treatment
- Fencing
- Washing machine repair & installation,
- A/c repair and installation,
- Inverter repair and installation,
- Dth repair and installation and
- Furniture purchase assistance

Our Works - https://drive.google.com/drive/folders/1Y-nz_nyWpX9_3NU--wgwcZcgS0bRqEBa

Best regards,
Balaji & Arun for Rapid Care

Contact: + 91 8270071581 / +91 7639810621

Email : rapidcare@auroville.org.in ,
rapsrapidcareservice@gmail.com

Instagram - [https://instagram.com/rapidcare1?](https://instagram.com/rapidcare1?igshid=MmVIMijkMTBhMg==)
[igshid=MmVIMijkMTBhMg==](https://instagram.com/rapidcare1?igshid=MmVIMijkMTBhMg==)

HEMPLANET



Discover the Magic of Hemp at Hemplanet!

Dive into a world of nourishing hemp delights at our Hemp Store. From the heartiness of hemp hearts, the richness of hemp seed oil, to the rejuvenating touch of hemp body care, we've got it all. Whether you're a hemp enthusiast or just curious, come chat with us and explore the wonders of hemp!

Hemp Food Selection: Hemp Body Care Treasures:

- Hemp Hearts
- Hemp Seed Oil
- Hemp Protein Powder
- Hemp Granola Bars
- Hemp Pasta & more!
- Hemp Seasonings
- Hemp Soaps
- Hemp Shampoos
- Hemp Balms
- Hemp Body Butter
- Hemp Seed Oil

Visit Us: Mon-Sat, 10am - 4:20pm

Location: Reve Area, 1st Floor, Building 1, Auroville

Step into the Hemp Haven and embrace nature's gift!

LOOKING FOR

LOOKING FOR AN AMMA

Our community Luminosity is looking urgently for an amma to clean the community spaces and work in individual apartments. We can offer her half a working week / 6 mornings.

If you know a strong, reliable person, please contact: 9786952918 or 9600643366

FOUR STROKE PETROL GENERATOR

Dear community,

I am looking for a **second hand four stroke petrol generator 1,2 or 3 hp** to buy for research.

Ulli telephone: 9443619852 or ulrichroper@gmail.com

AVAILABLE

A/C AVAILABLE

Keep cool. Need a strong and durable A/C? - look no further: 2 tons split AC - Intec brand. Approximately 5 years old is available from Ulrike and Drupad, Sanjana: [04132622906](tel:04132622906), Ulrikrishna@gmail.com, Drupad [9626561256](tel:9626561256), Ulrike [9751513906](tel:9751513906) (what s app, signal and telegram only)

MATTRESS AVAILABLE

Hand made Mattress 155 x 190cm

Very good condition, like new! ✨

One year life! 😊

Very clean and comfortable 🌈

One side latex and one side foam covered by cotton fabric 16000Rs

Contact: 84 89 76 46 02

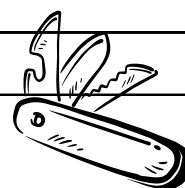
HOME TRAINER CYCLE AVAILABLE

Selling my **Sparnod Air bike**,
6 months old.

Contact: +91 94437 97601 Samata



LOST & FOUND



LOST A KNIFE

Hello Community,

a multifunction **Victorinox Swiss knife** with engraved and personalized wooden handle, of great sentimental value to me, has been deposited together with other objects at **Free Store** by mistake.

Please bring it back there if you found it, I will be very grateful.

Thank you, Isabelle

TAXI SHARE



TAXI SHARE ON 28TH FROM CHENNAI AIRPORT

Arriving in Chennai airport **on the 28th at 10h20.**

If you would like to share a taxi, please contact:

butterflyambre@gmail.com

TAXI SHARE 2ND JANUARY CHENNAI AIRPORT

January 2nd 2024. Chennai 00.10am. Flight LH 758.

Pick up and drop in Auroville.

Contact WA. +49 175 2998753

EMERGENCY NUMBERS



Ambulance (24/7):

Auroville 9442224680	PIMS 0413 2656271		
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Security (24/7):

AV Safety & Security Team 9443090107	Auroville Police Station 0413 2677318	Kottakuppam Police Station 0413 2236148	Vanur Fire Station 0413 2677368
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Health:

Health Center 0413 2622123	Santé 0413 2622803	Farewell 8903836246	
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Mental health 24/7 support:

Vandrevala Foundation +91 9999666555

India Emergency Response Service (24/7): 108

 **ACCESSIBLE AUROVILLE PUBLIC BUS**
avbus@auroville.org.in / +91 94430 74825

Auroville TO PONDICHERRY

	Trip 1	Trip 2	Trip 3
Svaram Musical Center	7:00	8:50	14:50
Vérité Guest House - Junction	7:02	8:52	14:52
Town Hall - Main Parking	7:06	8:56	14:56
Solar Kitchen (Ex Round About)	7:10	9:00	15:00
Certitude Entrance	7:12	9:02	15:02
New Creation Road	7:17	9:07	15:07
SBI Bank—Kuilapalayam	7:19	9:09	15:09
ECR Junction—Aroma Guest House	7:23	9:14	15:14
Quiet Healing Center—Junction	7:26	9:17	15:17
Lotus Hotel—S.V Patel Salai	7:36	9:30	15:30
Ashram Road Junction	7:38	9:33	15:33
Ashram Dining Hall	7:40	9:35	15:35

Pondicherry TO AUROVILLE

	Trip 1	Trip 2	Trip 3
Ashram Dining Hall	8:00	12:15	18:10
Ashram Road Junction	8:02	12:17	18:12
Lotus Hotel—S.V Patel Salai	8:07	12:22	18:17
Quiet Healing Center—Junction	8:17	12:32	18:27
ECR Junction—Aroma Guest House	8:20	12:35	18:30
SBI Bank—Kuilapalayam	8:25	12:40	18:35
New Creation Road	8:27	12:42	18:37
Certitude	8:32	12:47	18:42
Solar Kitchen (Ex Round About)	8:34	12:50	18:44
Town Hall - Main Parking	8:38	12:54	18:48
Vérité Guest House - Junction	8:42	12:58	18:52
Svaram Musical Center	8:45	13:00	18:55

- Monthly Rs. 800: Aurovilians & Newcomers, No validity
- Student Pass Rs. 1200 per month/ 24 days round trip
- Rs. 150 Round trip for Aurovilians & Newcomers
- Rs. 200 Round trip for guests

Bus passes are available at
Auroville Vehicle Service,
Town Hall, Auroville, 0413 2623302



TAMIL & FRENCH NEWS & NOTES

ஆரோவில் தமிழ்ச் செய்திகள்



Click [here](#) to read the Tamil News&Notes
or
scan the code:

NOUVELLES D'AUROVILLE



Click [here](#) to read the French News&Notes
or
Scan the QR code:

FOOD FOR THOUGHT

"I am often struck by
the dangerous narcissism
fostered by spiritual rhetoric
that pays so much attention
to individual self-improvement
and so little to the practice of love
within the context of community."

bell hooks
American author, theorist,
educator and social critic
(1952 — 2021)



AV RADIO



AurovilleRadio

The voices of Auroville

Dear Aurovilians,

Your favourite radio is always working for you. Stay tuned!
[Here](#) you can listen to the stream channel (playing 24/7).
[Here](#) you can see on-air schedules.

Last published podcasts:

- [Soul Tracks Se. 5, Ep. 17 – Unknown Tower of Hot Head Boys](#)(Music)
- [LA VITA DIVINA Ep 40: LIBRO II CAP IV PARTE I- II Divino e il non Divino](#)(Sri Aurobindo)
- [I Just Wanna Write Ep. 22 – Unmasking Truths – Mastering Tension through Unveiling Secrets](#)(Creative Writing)
- [Seeking Our Inner Being Se. 1, Ep. 4](#)(Spirituality)
- [Soul Tracks Se. 5, Ep. 16 Poguery in Motion](#)(Music)
- [LA VITA DIVINA Ep 39. LIBRO II CAP III PARTE III- L'ETERNO E L'INDIVIDUO](#)(Sri Aurobindo)

Auroville Radio Tv is maintained and supported with the help of a small town budget and voluntary donations. If you as Aurovilian wish, **make a donation to F.A. number 0867**.
Thanks for your help!

....and more! on www.aurovillerradio.org
For more information write to radio@auroville.org.in

Peace and love
Regards, AvRadio team





presents at **MULTI MEDIA CENTRE AUDITORIUM (MMC, Town Hall)**

Reminder: FRIDAY 22nd "THE BIG BAD FOX AND OTHER TALES by Benjamin Renner and Patrick Imbert, France/Belgium, 2017

and **FRIDAY 29th DECEMBER, 8:00 pm "LAMB"**

Director: Yared ZELEKE, Ethiopia, 2015

With: Kidist Siyum, Rediat Amare, Rahel Teshome, Surafel Teka

Synopsis: The film tells the story of young Ephraim, a half-Jewish, Ethiopian boy who is sent by his father to live among distant relatives after his mother's death. But when his uncle decides that his beloved sheep must be sacrificed for the next religious feast, he will do anything to save the animal and return home... Drawing amazing performances from his cast of professional and non-professional actors, first time filmmaker Yared Zeleke tells his deceptively simple story with a refreshing honesty and naturalness. Beautifully shot against the majestic backdrop of Ethiopia's southern mountains, Lamb is the first film from Ethiopia, highly praised in Cannes and Toronto. *(General audience)*

Original Amharic version with English Subtitles, Duration: 1h 34'

AUROFILM IN YOUTUBE



As part of Aurofilm's educational and cultural activities, we are sharing with you two recently recorded Cine-master-classes that happened on 19 November: "Russian Ark" by Dr. Alexander Pereverzev and 29 October: "Krida Yatra" by film maker Param Tomanec". Click the below links:

- [Cine-master class "Russian Ark"](#)
- [Cine-master class "Krida Yatra"](#)

Enjoy,
Aurofilm team

THE ART OF PITCHING, IMPACT & DISTRIBUTION

- How to find the core of your story;
- Development of your project & art of pitching;
- How to make your local story become global success;
- What is the producer's role and creative producing;
- Audience development, festivals & distribution strategies;

Join the **5 days Creative Retreat** and learn more about the self and the practical know-how from award winning producer and distributor Irena Taskovski.

From 3rd to 7th January
in Auroville

To know more about the art of pitching, please visit:
<https://filminstitute.auroville.org/2023/11/25/the-art-of-pitching>
Or message +91 9969879319

To know more, please visit:
<https://filminstitute.auroville.org/2023/05/14/real-sites-to-cinematic-spaces/>

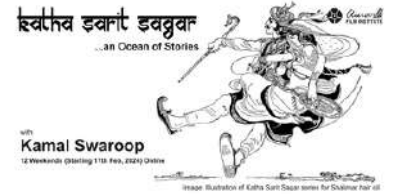
Or call +919969879319 (whatsapp & telegram)



CONTEMPORISING – KATHA SARIT SAGARA



A Creative Reading and Writing Workshop



With Kamal Swaroop
12 Weekends, Online.

Starting 17th February
14:30 to 18:30 IST.

To know more, please visit:
<https://filminstitute.auroville.org/2023/11/18/contemporising-katha-sarit-sagara/>
Or call +919969879319 (whatsapp & telegram)

**AUROVILLE 2024
8TH FILM FESTIVAL**

AUROVILLE FILM FESTIVAL NEEDS VOLUNTEERS

We need volunteers who would like to help with setting up, running and taking down the festival from **Jan 20 to Jan 29**. We especially need people on the 20th and the 29th who can lift and carry things. We need people who can make reels, make short films, take photographs, and do interviews. We need people who like to help take care of details and decoration.

If you would like to help, please email your name, time availability, phone number and any particular skills to aurovillefilmfestival@auroville.org.in
Please put "VOLUNTEERING" in the subject line of the email



Cinema Paradiso
Multimedia Center (MMC) Auditorium

Dear All:

Cinema Paradiso brings you films for six evenings and a children's matinee on Sundays. These films are not for casual entertainment but rather a window of the world, people, their character, culture, and Nature. It is to develop a deeper appreciation for the world, for each other and the art of filmmaking.

The films are meant for members of the community and interested people in the bioregion. Anyone else is welcome but only if it does not disrupt the atmosphere. To ensure that, for now we are requiring people to arrive at least 15mins ahead of posted time (i.e., 7:45pm for evening screenings) and be seated by 8:00pm. Also, a reminder that **no food and beverage** should be at the venue at any time, and during the show, **no chit-chats or cell phones** please.

We will try this for now. If this does not work, we will have to think of more stringent measures.

Thank you for understanding and for your cooperation!

With warm regards
Multimedia Center-Cinema Paradiso (MMC-CP) team





Cinema Paradiso

Multimedia Center (MMC) Auditorium

Film program 25 December 2023 to 31 December 2023

Cinema Paradiso-Multimedia Center is now in operation at 100% seating capacity. However, if you want to wear a mask it is your choice.

To organize the seminar/program please email us. Our projector is crawling towards the end of its life. It has served well, but it is time for us to look for a new one. For this or to support our work you could financially support us. Please find necessary details at the end of this note.

Indian and diaspora – Monday 25 December, 8:00 pm:

• DHAK DHAK

India, 2023, Writer-Dir. Tarun Dudeja w/ Dia Mirza, Fatima Sana Shaikh, Ratna Pathak Shah, and others, Drama, 140mins, Hindi w/ English subtitles, Rated: NR (PG)

When four ordinary women go on a motorcycle adventure to the world's highest drivable pass, Khardung La, they also embark on a journey of self-discovery and identity. Sky is a motorcycle reviewer and influencer trying to break her inadvertent scandalous social media image and storm the male bastion to create her own identity. Manpreet, aka Mahi, is a grandma, and Uzma is a homemaker unappreciated by their families. Mathura girl Manjari is set to marry a stranger of her mother's choice. The rest of the story is about their experiences, misadventures, and equations with each other as they take a transformative trip. *A good film to watch!*

Potpourri – Tuesday 26 December, 8:00 pm:

• BOXING DAY

UK, 2021, Writer-Dir. Aml Ameen w/ Aml Ameen, Aja Naomi King, Leigh-Anne Pinnoch, and others, Comedy-Romance, 109mins, English w/ English subtitles, Rated: NR (PG)

Boxing day refers to the day after the Christmas.

Inspired by the writer-director's life, the film follows Melvin, a British author living in America, who returns home to London for Christmas to introduce his American fiancée Lisa to his eccentric British-Caribbean family. Their relationship is put to the test as she discovers the world her fiancé has left behind.

Interesting – Wednesday 27 December, 8:00 pm:

• HUMAN NATURE

USA, 2019, Writer-Dir. Adam Bolt w/ Jennifer Doudna, George Church, Alta Charo, and others, Documentary, 95mins, English w/ English subtitles, Rated: PG

A breakthrough called CRISPR opens the door to curing diseases, reshaping the biosphere, and designing our own children. A provocative exploration of its far-reaching implications, through the eyes of the scientists who discovered it.

Selection – Thursday 28 December, 8:00 pm:

• AL-MAKHDU'UN (The Dupes)

Syria, 1972, B&W, Writer-Dir. Tewfik Saleh w/Mohamed Kheir-Halouani, Abdul Rahman Al Rashi, Bassan Lofti Abou-Ghazala, and others, Drama, 107mins, Arabic w/ English subtitles, Rated: NR (PG-13)

It is a gut-wrenching migrant drama follows three representative generations of Palestinians across the desert. It is one of the first Arab films to address the Palestinian question that traces the destinies of three different men brought together by their dispossession, their despair, and their hope for a better future.

International – Saturday 30 December, 8:00 pm:

• MRS. HARRIS GOES TO PARIS

UK-Canada-France-Hungary-Belgium, 2022, Writer-Dir. Anthony Fabian w/ Lesley Manville, Isabelle Huppert, Lambert Wilson, and others, Comedy-Drama, 115mins, English-French w/ English subtitles, Rated: PG

In this story, a widowed cleaning lady in 1950s London falls madly in love with a couture Dior dress and decides that she must have one of her own. After she works, starves, and gambles to raise the funds to pursue her dream, she embarks on an adventure to Paris which will change not only her own outlook, but the very future of the House of Dior.

Rating codes we often use are from Motion Picture Association of America (MPAA): G=General Audiences, PG=Parental guidance suggested, PG-13=Parents strongly cautioned, R=Restricted (equivalent to Indian rating: A i.e. for Adults), NR=Film Not rated, Rating awaited, or Rating not available.

For scheduling programs at MMC/CP venue: please email us at mmcauditorium@auroville.org.in. *We appreciate your continued support. Pl donate to "Cinema Paradiso" (account #105106) or set up for a monthly contribution.*

Thanking You,
MMC/CP Group Account# 105106,
mmcauditorium@auroville.org.in

Children's Matinee and Ciné-Club film will resume in the New Year (next week).

Two days in a year, 31 December and 1 January Cinema Paradiso remains closed.



'... let all thyself be light.

This is thy goal.'

Sri Aurobindo



Multimedia Center- Cinema Paradiso Team Wishing you a healthy, peaceful, and harmonious New Year!

