

# NEWS & NOTES

No 1005 - A weekly bulletin for residents of Auroville

14 December 2023



#### **PONDERING**

The task of giving a concrete form to Sri Aurobindo's vision was entrusted to the Mother. The creation of a new world, a new humanity, a new society expressing and embodying the new consciousness is the work she has undertaken. By the very nature of things, it is a collective ideal that calls for a collective effort so that it may be realised in the terms of an integral human perfection.

The Ashram founded and built by the Mother was the first step towards the accomplishment of this goal. The project of Auroville is the next step, more exterior, which seeks to widen the base of this attempt to establish harmony between soul and body, spirit and nature, heaven and earth, in the collective life of mankind.

1969

The Mother on Auroville New Conciousness, page 14 https://motherandsriaurobindo.in/The-Mother/books/compilations/themother-on-auroville/#new-consciousness



### **HOUSE OF MOTHER'S AGENDA**

(continued from last week)

In all spiritual living the inner life is the thing of first importance; the spiritual man lives always within, and in a world of the Ignorance that refuses to change he has to be in a certain sense separate from it and to guard his inner life against the intrusion and influence of the darker forces of the Ignorance: he is out of the world even when he is within it; if he acts upon it, it is from the fortress of his inner spiritual being where in the inmost sanctuary he is one with the Supreme Existence or the soul and God are alone together. The gnostic life will be an inner life in which the antinomy of the inner and the outer, the self and the world will have been cured and exceeded. The gnostic being will have indeed an inmost existence in which he is alone with God, one with the Eternal, self-plunged into the depths of the Infinite, in communion with its heights and its luminous abysses of secrecy; nothing will be able to disturb or to invade these depths or bring him down from the summits, neither the world's contents nor his action nor all that is around him. This is the transcendence aspect of the spiritual life and it is necessary for the freedom of the spirit; for otherwise the identity in Nature with the world would be a binding limitation and not a free identity. But at the same time God-love and the delight of God will be the heart's expression of that inner communion and oneness, and that delight and love will expand itself to embrace all existence. The peace of God within will be extended in the gnostic experience of the universe into a universal calm of equality not merely passive but dynamic, a calm of freedom in oneness dominating all that meets it, tranquillising all that enters into it, imposing its law of peace on the supramental being's relations with the world in which he is living. Into all his acts the inner oneness, the inner communion will attend him and enter into his relations with others, who will not be to him others but selves of himself in the one existence, his own universal existence. It is this poise and freedom in the spirit that will enable him to take all life into himself while still remaining the spiritual self and to embrace even the world of the Ignorance without himself entering into the Ignorance.

For his experience of cosmic existence will be, by its form of nature and by an individualised centration, that of one living in the universe but, at the same time, by self-diffusion and extension in oneness, that of one who carries the universe and all its beings within him. extended state of being will not only be an extension in oneness of self or an extension in conceptive idea and vision, but an extension of oneness in heart, in sense, in a concrete physical consciousness. He will have the cosmic consciousness, sense, feeling, by which all objective life will become part of his subjective existence and by which he will realise, perceive, feel, see, hear the Divine in all forms; all forms and movements will be realised, sensed, seen, heard, felt as if taking place within his own vast self of being. The world will be connected not only with his outer but with his inner life. He will not meet the world only in its external form by an external contact; he will be inwardly in contact with the inner self of things and beings: he will meet consciously their inner as well as their outer reactions; he will be aware of that within them of which they themselves will not be aware, act upon all with an inner comprehension, encounter all with a perfect sympathy and sense of oneness but also an independence which is not overmastered by any contact. His action on the world will be largely an inner action by the power of the spirit, by the spiritualsupramental idea-force formulating itself in the world, by the secret unspoken word, by the power of the heart, by the dynamic life-force, by the enveloping and penetrating power of the self one with all things; the outer expressed and visible action will be only a fringe, a last projection of this vaster single total of activity.

At the same time the universal inner life of the individual will not be confined to an inner pervasive and inclusive contact with the physical world alone: it will extend beyond it through the full realisation of the subliminal inner being's natural connection with other planes of being; a knowledge of their powers and influences will have become a normal element of the inner experience, and the happenings of this world will be seen not solely in their external aspect but also in the light of all that is secret behind the physical and terrestrial creation and movement. A gnostic being will possess not only a truth-conscious control of the realised spirit's power over its physical world, but also the full power of the mental and vital planes and the use of their greater forces for the perfection of the physical existence. This greater knowledge and wider hold of all existence will enormously increase the power of instrumentation of the gnostic being on his surroundings and on the world of physical Nature.

(to be continued next week)

# NEWS & NOTES GUIDELINES



#### HARD DEADLINE FOR SUBMISSIONS:

#### **TUESDAY 5PM**

The content of News & Notes is a reflection of the growth process of this community towards its ideals of Harmony, Goodwill, and Truth. Editing of submissions, mainly for reasons of space and clarity, is done according to an established policy.

#### How to submit material:

- Max size of posters should be 1 MB, in JPEG format. Bigger posters will be reduced or cropped to fit.
- Please AVOID CAPS letters
- Material (no pdf files, please) may be sent in English only to newsandnotes@auroville.services
- Articles for the Notes section should ideally be no longer than 500 words.
- Please try your best to send your announcements, reports, film schedules whenever they are ready. Any modifications of submitted News items must be sent to the editors before Tuesday 5pm.

#### **DISCLAIMER:**

Please note that the opinions and views expressed on these pages are solely those of the respective authors or work groups and do not necessarily reflect the position of the editors or the larger Auroville community. The News & Notes aims to provide a platform for the publication of diverse perspectives and voices from multiple sources within Auroville.

While our editors strive to ensure the accuracy of the information presented, we cannot guarantee that all information is free from error or omission. Additionally, we cannot be held liable for any alleged misinformation provided or offence caused by the content published.

In the event of any dispute, we encourage readers to consult with the Auroville Council, and we reserve the right to suspend the publication of disputed material. Our commitment to providing an open and inclusive platform for dialogue and exchange of ideas remains steadfast.

The News and Notes team newsandnotes@auroville.services

#### LIST OF ACRONYMS:

**AVF** (Auroville Foundation), **AVFO/FO** (Auroville Foundation Office), **GB** (Governing Board), **RA** (Residents Assembly)

The following groups are divided in two categories: The groups selected by the Residents Assembly through Community decision making Processes and the groups put together by the GB and the FO (not recognised by the Residents Assembly).

### Working groups selected by the Residents Assembly:

Working Committee (WCom)
Funds and Assets Management
Committee (FAMC)
Budget Coordination Committee (BCC)
Town Development Council / L'avenir
d'Auroville (TDC)

Auroville Council (AVC) Entry Service (ES)

#### FO selected groups:

Working Committee (WC)
Funds and Assets management
Committee (FAMC)
Budget Coordination Committee (BCC /
BCS)
Auroville Town Development Council
(ATDC)

Housing Service (HS) Land Board (LB)

#### NOTE FROM THE EDITORS

Dear Community,

We hope that you continue to enjoy our RA news and Notes!

#### **Here some important information:**

- You can read past issues and subscribe <u>HERE</u>.
- If you wish to support the N&N community Edition, you can done at this account Nr: FS #252150.
- You now find the Tamil and French versions of the N&N to download in every weeks issue.
- Content sent through @auroville.org.in mail ID, will only reach us if you use this <u>FORM</u> to submit your content.
- The mail ID to submit content is: newsandnotes@auroville.services.

Thank you for your continued support!

In community,

The RA Community Edition News and Notes Team



#### **WORKING GROUPS NEWS**

#### FROM THE ENTRY SERVICE

#### ES # 210 DATED: 14-12-2023

The following people have been recommended by the Entry Board to join our community. Please share your feedback within 2 weeks for potential Newcomers, Associates and Friends of Auroville and within 4 weeks for Potential Aurovilians, Returning Aurovilians, Youth and Spouse/Partner of an Aurovilian in writing to <a href="mailto:auroville.entryboard@gmail.com">auroville.entryboard@gmail.com</a> OR <a href="mailto:auroville.entryboard@gmail.com">auroville.entryboard@gmail.com</a>.

We thank you in advance.

#### **NEWCOMER ANNOUNCED:**

- Anne Adeline DESCHAMPS (French) staying in Sukhavati (Henri's place) and working at Future school
- Riccardo BUCCIROSSI (Italian) staying in Horizon (Food Laboratory) and working at Syaram





#### **NEWCOMER CONFIRMED:**

- Deepani RADHAKRISHNA (Indian)
- Olga MERCHANTE (Spanish)
- Prabhu GAJENDRAN aka Ragu (Indian)
- · Vishnu REDDY (South African)

#### **AUROVILIAN ANNOUNCED:**

 Sivarajan DEVARAJAN (Indian) staying in Vikas and working at Ilion



#### **AUROVILIAN CONFIRMED:**

- Bharathiraja KASINATHAN (Indian)
- Sumi Moon (Korean)

#### NOTE:

- The Newcomer probation year becomes effective only after the NC kit has been returned and should not exceed 18 months from the date of confirmation.
- A Newcomer becomes an Aurovilian once his/her name has been confirmed by The Admission Committee (aka the Entry Board) after following due process.
- The date of becoming Aurovilian is the date of confirmation.
   An Aurovilian confirmed by the Entry Board is eligible to participate in all community decision-making processes.
- A confirmed Aurovilian becomes officially a Resident of Auroville once the individual has filled in and signed the B-Form and his/her name has been entered in the Register of Residents (RoR) maintained by the Auroville Foundation Office (AVF).
- A Resident of Auroville is eligible to become an executive of a Unit or Service of Auroville and to get an ID card issued by the Auroville Foundation.
- A meeting with the Secretary of the AVF will be arranged by the Entry Secretariat according to the availability of the Secretary and not at any personal request.

Touis

The Entry Board (Alain, Grace, Jayanthi, Lakshmanan, Matilde, Sara, Sonja and Swadha)

#### Entry Service Timings:

Monday, Wednesday, Friday, 9:30am—12:30pm Tuesday & Thursday: Newcomer kits, 2:30—4:30pm

Contact: 0413 262-2707, auroville.entryservice@gmail.com

**Note:** If you want any more information about someone, please contact the Entry Service directly for more details.

#### INFORMATION FROM THE ENTRY SERVICE

Dear Residents,

We wish to share some information regarding individuals joining Auroville through the Admission Committee, also known as Entry Service.

In light of recent misinformation, we aim to provide transparent and explicit details regarding the numbers of new Aurovilians joining our community.

The Mentor Pool plays a crucial role, consisting of about 150 committed members from diverse cultures, nationalities, and backgrounds, who have been confirmed as Aurovilians for at least three years. Their role as a bridge between the Entry Board, the community, and the applicants is highly valued.

Yucca is a program designed to inform individuals interested in joining Auroville. It is a week-long program in English and since March the Aspiration team has been offering also a Yucca program in Tamil language. A special initiative tailored for the youth has been designed and is offered by the Youth Link; this facilitates the Youth of Auroville turning 18 to integrate as young adults and apply for an Aurovilian status.

The Entry Board has been noticing for the last 2 years an increase in the number of 'fake housing agreements'. Some Aurovilians provide inaccurate or false attestations about applicants' living and working situations, necessitating verification of their claims. This is due to a shortage of houses. Additionally, we want to inform the community of the following:

- Entry Service opens on Mondays, Wednesdays, and Fridays from 9:00 AM to 12:30 PM and 2:30 PM to 4:30 PM.
  - auroville.entryservice@gmail.com
  - entryservice@auroville.services
- Every Friday, from 10:00 AM to 12:00 PM, the Entry Board holds open doors (with one or two members present) to address queries; everyone is encouraged to participate.

Our last year's report was released last July 2023, please note that the numbers are changing rapidly.

At the moment there are more than 200 confirmed Aurovilians waiting to be registered in the Register of Residents (RoR).

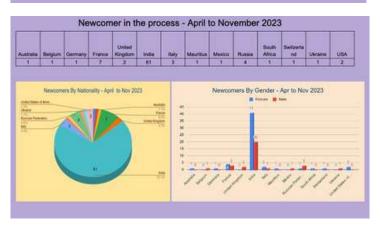
#### Find below the data from April to November 2023.

Sincerely,

The Entry Board







Please click **HERE** to view the full presentation.

#### FROM THE RA WORKING COMMITTEE

#### **MATRIMANDIR LAKE**

The Working Committee of the RA endorses the following: Creation of a Task Force to review the design 12 December 2023

Matrimandir wants to be the symbol of the Divine's answer to man's aspiration for perfection. Union with the Divine manifesting in a progressive human unity.

(Mother -14.08.1970 at the occasion of the dedication ceremony of the Matrimandir)

It is with this aspiration for unity and perfection, that the review of the present design of the lake is being undertaken to prepare a revised concept as an offering to the community of Auroville.

- 1. The feedback from a substantial number of residents at and after the General Meeting on October 2nd on the Matrimandir Lake indicated that the work on the 2nd phase of the lake has been started without taking into consideration essential issues that have emerged in the test lake, which is only partially completed. The residents expressed that the current design and engineering for the lake should be paused until a proper review of the test lake and the current design can be carried out. A revised proposal is needed that addresses these issues while taking into consideration the existing status of the present work.
- 2. Moreover, with the monsoon rains, there is a window of opportunity to work on this review and a revised design that addresses the issues with the present design without causing undue delay to the work.
- 3. The RA-Working Committee is hereby endorsing an ad-hoc Task Force that will study and formulate a proposal that addresses the issues listed below:
- a) Functional purpose of the lake
- b) Identifying and defining the source of water to fill the lake
- c) Sizing (width and depth) based on water availability
- d) Quantifying the earth to be excavated and plan its movement and re-use
- e) Designing a natural, balanced freshwater habitat with a healthy water quality
- f) Reducing the overall environmental impact of the project
- g) Ensuring an aesthetics that fulfills both the symbolic and physical space.
- 4. This task force will consult with experts in various fields and community members to review the test lake and prepare a revised proposal. During the process of working, they will share progress and outcomes via the regular bulletin to invite participation from the wider community.
- 5. The task force invites feed-back and input from the community regarding the Matrimandir Lake design and implementation. Mail ld: <a href="matrimandir lake@auroville.services">matrimandir lake@auroville.services</a>
- 6. The revised concept will be presented to the Residents' Assembly by 28th February 2024.

Sincerely,

The Working Committee of the Residents' Assembly Aravinda, Bharathy, Chali, Hemant, Mael (TOS), Sauro, Valli



### CONCERNS AND REBUTTAL SENT TO THE GB AND IAC REGARDING AUROORCHARD LAND EXCHANGE

Dear Community,

We are sharing with you two letters sent recently to the Governing Board and the International Advisory Council regarding the AuroOrchard land exchange.

### 1) First letter dated 01.12.23 in this <u>link</u> with the following attachments:

- Background information on the AuroOrchard land exchange is just below our letter to GB.
- 2. Our alert message sent to the community on 26.11.2023 (link).
- 3. A map of Auro Orchard showing the location of the plot that has been exchanged as well as the infrastructure of the farm that has been included without consideration for the impact on the continuing functionality of one of the largest and most productive organic farms of Auroville (link).

In this letter, we have shared our distress and concerns about this land exchange and requested that all further land exchanges be halted until an immediate investigation into this matter can be carried out, and that this deal is reversed before irreparable damage is done to the farm, to Auroville's physical body, and its spirit.

### 2) Second letter dated 05.12.23 in this <u>link</u> with the following attachments:

- 1. The Mother and AuroOrchard (link)
- A note from a member of the AuroOrchard team dt. 25.11.23 (<u>link</u>)
- 3. AuroOrchard Land Exchange map dt. 10.11.23, including the locations of infrastructure and residence (link)

In this letter, we have issued a rebuttal of several inaccurate and wrong statements that have been circulated either from the administration of the Auroville Foundation office or from the group falsely claiming to be the Working Committee.

We have emphasized the facts in this letter.

We hope you will take the time to read these communications and documents to inform yourselves of this most recent damaging and opaque action by the AVFO and appointees.

Faithfully,

The Working Committee of the Residents' Assembly Aravinda, Bharathy, Chali, Hemant, Mael (TOS), Sauro, Valli



#### **NEWS FROM THE SUPREME COURT**

Dear community,

Today, on 13th December 2023, the appeal filed by the Secretary about the NGT verdict of April 2022 was heard at the Supreme Court. The bench before which this appeal was heard has recently changed and it has been reported to us that the new bench granted an interim partial stay on the original judgement. The next hearing will be in January and in the meantime provisions of the previous judgement - such as the need for Environmental Clearance before tree cutting and further development can happen - are currently paused.

We have not yet seen the written court order and we will be waiting for this document before we comment further on this interim stay or the justifications behind it.

Although this is clearly bad news, we would like to remind everyone and especially appointees of the Secretary that:

- 1.The Residents' Assembly has voted for pausing development on the Crown, Radials and Outer Ring Road in January 2022.
- 2. The need for Environmental Impact Assessments and Detailed Development Plans is a feature of the 'Master Plan: Perspective 2025' document.

Also, legal actions are not yet over as hearings for other cases are coming up next week, but for the time being the protection that our trees and green spaces enjoyed is weakened. In spite of this setback, we must continue to work without losing faith and hope, and documenting what is happening in Auroville must go on.

We are in this together, and we stay convinced that at the end, Truth will prevail.

We will keep you informed as and when we have new information to share.

May the Dream continue to manifest.

In community, Your RA Working Committee



#### NOMINATION OF EXIT REVIEW GROUP

Dear Community,

As announced on the 7th of December (see <a href="attached">attached</a>), we have nominated 9 residents for Auroville's first Exit Review Group (aka Termination Committee, as per the Auroville Admission and Termination Regulations, 2020). During the 3-day feedback period of the 8th, 9th, and 10th December, no feedback was received. Therefore, we now call an Emergency Residents' Assembly Decision-making process to ask the RA to approve or disapprove the appointment of these 9 nominees: Ashesh JOSHI - Auromodele, Auradha MARKUS - Certitude, Bhuvanasundari SUDHARSAN - Certitude, Ramesh Rao ACHANTA (Bunty) - Auromodele, Dhandapani SELLAKANNU - Aurelec, Ganesh KALIAPPAN - Protection Pascal Francois Dominique VENET (Rakhal) - Sukhavati, Rakhee KANE - Petite Ferme, and Simonette Albertine SMITS (Tineke) - Centre Fieldas the Exit Review Group (aka Termination Committee).

Summary of our announcement of December 15th, 2023:

- The Residents' Assembly has a legal requirement and a community responsibility to take in hand, as a collective body, the function of reviewing the status of residents of Auroville as and when needed.
- The Hon'ble Madras High Court has recently re-affirmed that the Residents' Assembly (RA) is a statutory (legal) body and cannot be restricted in carrying out its functions as per the Auroville Foundation Act. (See Sept. 4th, 2023 ruling of MHC here.)
- According to the Admission and Termination Regulations, 2020, "The Residents' Assembly shall constitute a Termination Committee whose members shall be appointed directly by the Residents' Assembly or by a committee constituted by it for the purpose." (See Regulations <a href="here">here</a>.)
- In the RA Decision dated 14th August 2023 it was resolved that the Working Committee of the Residents' Assembly (Aravinda Maheshwari, Chali Grinnell, Hemant Lamba, Ilayabharathy Somasundaram, Mael Shanti Vidal (TOS), Sauro Mezzetti, Valli Senthilkumar) be allowed "to appoint, replace, or add members or constitute groups as needed to fulfill Auroville's organizational needs and/or statutory functions as required by the Auroville Foundation Act (1988) in a speedy manner." Specifically, this RA Decision also grants the RA WCom with "the power to constitute new groups as needed (e.g. an Exit Committee)." (See RA Decision here.)
- The constitution of an Exit Review Group is not ill-willed against any specific resident and is not intended to escalate the current disharmony.
- The primary reason for constituting this group is to ensure that the Residents' Assembly's statutory functions are fulfilled in a respectful and reasonable way and are not left unattended.

 The Exit Review Group will function strictly within the framework of the Admission and Termination Regulations (2020).

The RAD will run from Friday, 15th December through Sunday, 24th of December. Please keep an eye out for personalized emails from the Residents' Assembly Service (RAS) and announcements about timings for in-person participation.

Options for participation will be:

I agree

I disagree I don't know

If you have any questions please don't hesitate to write to workingcom@auroville.services or come to our open house, on Tuesdays between 10 and 12, in the old Koodam office, parking and entrance opposite the Auroville Library.

In community,

The Working Committee of the Residents' Assembly Aravinda, Bharathy, Chali, Hemant, Sauro, Valli\*



\*Maël has informed us that he is visiting his family here for Christmas & New Year's eve.

During this visit, due to his current visa restrictions, he will not be an active member in our team, and his name will not be included among the signatories of the Working Committee, to avoid any misunderstanding.

We wish him a heartwarming and a joyful holiday with his relatives and friends in Auroville!

### **COMMUNITY NEWS**

#### ONE DAY - A SONG OF HOPE AND UNITY

THE ORIGINAL AND THE AUROVILLE VERSION



One Day Song (3000 people Muslim, Christian, Jewish & more from many countries)

https://youtu.be/XqvKDCP5-xE?si=umZLhTICK8Zqk8Kw



One Day Song, Auroville version, sung for Auroville's birthday and Mael's Goodbye in March 2023

https://youtu.be/GGfZOp2zRjk?si=ZHyoauuEjJYBA2Yz

#### COMMUNITY SHARING

### AUROVILLE NEWS PODCAST - EPISODE 9

AUROVILLE News PODCAST

Dear Community,

The 9th episode of our Auroville News Podcast has been released!

Today's episode focuses again on the AuroOrchard opaque land exchange, and reports on recent maintenance cuts and VIP road concerns, among other topics.

You can find this 9th episode on <u>Spotify</u>, <u>Apple Podcasts</u>, <u>YouTube</u> and on <u>auroville.media/podcasts</u>.

Feel free to send any comment, question or feedback at <a href="media@auroville.services">media@auroville.services</a>.

In community,

The Auroville Media Liaison service.

#### **AUROVILLE'S PUPPY PROBLEM**



As many of you noticed, there is a huge increase in the presence of puppies dumped across Auroville, raising concerns among residents. What many don't know is that dumping puppies is deemed in India an act of animal cruelty and is considered a violation of the Prevention of Cruelty to Animals Act, 1960.

In May and June, a severe outbreak of canine distemper struck the bioregion in and around Auroville, resulting in the tragic loss of numerous dogs that had not received vaccinations. In natural ecosystems, when a disease like a virus causes a decline in the population of animals, Mother Nature often responds with "compensatory reproduction" during the next birth cycle. This phenomenon involves the remaining individuals increasing their reproductive efforts to counteract the previous decline and is one factor in the sudden abundance of puppies in Auroville.

As usual, the Auroville Dog Shelter is called upon to take in every abandoned puppy in the entire area as a solution to "get rid of the problem," perpetuating the "out of sight, out of mind" mentality. Limited consideration is given to the significant constraints the shelter faces, including a shortage of staff, funds, and space. With no proper puppy quarantine facility and the shelter's capacity to house only around 25 puppies currently, an impromptu puppy camp had emerged near Solar Kitchen. A group of remarkable Auroville kids is dedicated to doing everything within their means to help these tiny beings survive, ensuring their survival and offering protection from the harsh monsoon weather and the recent threat of a passing cyclone.

Regrettably, news spread among Aurovilians and villagers about the camp, leading them to dump dozens of puppies at the site under the cover of night, treating them like disposables with an attitude of utter selfishness – shifting the problem from themselves to others. In a short span, the camp swelled from 5 puppies to 45, prompting numerous complaints from Aurovilians. Some felt disturbed by the presence of the puppy camp near Solar Kitchen, and some even pointed fingers at the kids who had been doing with the help of a few compassionate adults, an excellent job in helping the puppies survive, holding them responsible for creating a nuisance that Auroville must now address and eliminate.

When the cyclone posed a threat to Auroville, a compassionate dog lover offered her place for the temporary relocation of the camp and subsequently it was moved to a new undisclosed, secret location. There, the children, supported by a few Aurovilians, continue in their incredible compassionate efforts to ensure the survival of the puppies.

#### And now, let's crunch the numbers!

Unfortunately, female dogs are often considered less important in India, and the majority of dumped puppies are females. Among the 45 pups at the camp and 25 at the shelter, an estimated 50 are female dogs poised to reproduce at six months old. A single female can have two litters of eight puppies each year. Therefore, it's projected that in a lifetime, each female can potentially give rise to 67,000 dogs if all her puppies also reproduce. Multiply this by 50, and you would be looking at a staggering theoretical number of over 3.35 million dogs! While, of course, not all survive, this calculation highlights the magnitude of the problem at hand.

#### The only long-term solution

To address this complex and multifaceted situation, there are only two sustainable solutions: Vaccination and sterilization.

- Implementing mass vaccination campaigns in Auroville and the broader bioregion will ensure the well-being of the dog population, eliminating the dangerous threat of rabies and other diseases.
- The solution against overpopulation lies in the mass sterilization of all dogs in Auroville and the surrounding villages to curb the exponential growth rate. Sterilizing 1.000 dogs within one year in the entire area is a challenging task that requires substantial resources, and lots of dedicated animal lovers and vets, but it is achievable if several animal welfare organizations in our region join hands to work together to eliminate the problem for good.

Given the deteriorating condition of our old dog shelter, which lacks the necessary facilities and resources for such a significant undertaking, we aspire to construct the new Auroville Dog Shelter soon. This new facility will serve as the operational hub to address the issue of overpopulation in Auroville and the entire surrounding area permanently. The objective is to create an environment in Auroville where humans and animals can coexist harmoniously, fulfilling the vision expressed by Mother: "A kind heart treats all men and even animals as members of one family, one humanity."

The children made a video showing their compassionate work to help animals in need:

https://youtu.be/iVoe30qrI0M

### WOMEN'S AND MEN'S AV TEAMS WIN SINGLE GENDER ULTIMATE FRISBEE TOURNAMENT IN AUROVILLE

AV Women's team "The Crash" shares the news with you that they are the winners of the Regionals matches as part of Nationals Women's Championship series 2023-2024 held in Auroville from 9th-10th December. They trained for the last 2 months, and a mix team of beginners and seasoned players have made them bag the gold. Additionally, the young girls' team "Baby Rhinos" from Annainagar also participated, who have been training for a few years and showcased an excellent performance. We are looking forward to train for the upcoming Nationals matches in March 2024.



AV Women's team



AV Women's team with Annainagar girls' team

We are pleased to share and congratulate our men's AV Ultimate Open team, who also stand as winners in the men's category. Their hard work and athleticism provided an opportunity to witness a high level of Ultimate frisbee on our home turf, bringing joy and excitement to the spectators.



AV Men's team

#### **DOUBLE THE DONATIONS!**

#### SUPPORT THE CLOTH PAD REVOLUTION

You can donate here: <a href="https://give.aviusa.org/page/EcoFemme">https://give.aviusa.org/page/EcoFemme</a> or send us an email to <a href="mailto:info@ecofemme.org">info@ecofemme.org</a>



#### SUPPORT AUROKIYA EYE CARE

Dear Friends and Supporters,

Greetings from Aurokiya Integral Eye Centre.

Join us in the fight against blindness in Auroville & Bioregion. Aurokiya Eye Care's holistic approach includes screenings, education, and vital treatments. Your donation means doubled impact in December through AVI USA's matching donation campaign.

The funding will be utilized for outreach eye camps (School screening, workplace screening, and village screening camps). Together, let's brighten futures and restore sight.



#### VOICES AND NOTES

#### PLEASE ENOUGH OF THE RESISTANCE

Message for 5 December 2023 onwards...

"Today is the first day of Sri Aurobindo's centenary year. Though he has left his body he is still with us, alive and active.

Sri Aurobindo belongs to the future; he is the messenger of the future. He still shows us the way to follow in order to hasten the realisation of a glorious future fashioned by the Divine Will.

All those who want to collaborate for the progress of humanity and for India's luminous destiny must unite in a clairvoyant aspiration and in an illumined work."

— The Mother . August 1971

https://incarnateword.in/cwm/13/centenary

https://incarnateword.in/agenda/12/august-4-1971

Quite crystal clear: "All... must unite"

So please enough of the resistance to whomever the Divine has given the Mandate of Heaven to the highest levels of India's Government.

"...a glorious future fashioned by the Divine Will."

The Divine knows better than us small potatoes...

Best to "collaborate for the progress of humanity and for India's luminous destiny..."

Om Namo Bhagavate, Zech, 2023.12.07

#### MIND OF LIGHT - OUR PRESENT STAGE

In 1949-1950 before leaving his physical body, Sri Aurobindo affirmed and spoke of the coming upgraded humanity with this Mind of Light:

https://incarnateword.in/cwsa/13/mind-of-light

https://incarnateword.in/search? query=Mind+of+Light&page=1&phrase=true

#### 2023:

We are all One. All of Us, every single one of Us. We are all extensions of each other, in Spirit and Matter. More and more of Us coming to Auroville are already at this present upgraded stage of consciousness, this Mind of Light, especially the young generation, the sun-eyed children, born after 29 February 1956, the first descent of the Supramental Consciousness-Forces on Earth, ushered in by our Avatar founders Sri Aurobindo and the Mother.

To all Receptives, True Aurovilians, Willing Servitors and Hero Warriors of the Divine Consciousness-Force, please do not allow the old forces of darkness, of fear and division, of exclusiveness, to pull Us down.

As practitioners of Integral Yoga, in the occult understanding, we know how the adverse and hostile forces work against the sincere and faithful. They will use all relations, family and social and work, to bring the willing servitors down through negative formations.

As a Sangha, in Bhakti to the Supreme Divine Mother, we are supposed to help and support each other for progress towards the eventual Divine Manifestation of the Supramental being. That is what a Deva Sangha is for, a Divine Sanctuary from the dark forces of fear, bad will, separateness and regression. In the larger collective setting, this is what is happening in Auroville. That is why Unity in Diversity, the fundamental Oneness that nurtures Us all, must be upheld and given major importance.

#### Vasudhaiva Kutumbakam

One Family, beyond racial prejudice.

One Family, beyond cultural and hereditary programmings. One Family, working together towards a Life Divine for all.

Auroville must be the living example for the greater India and the whole world, benefitting all materially and spiritually.

Om Namo Bhagavate, Zech, 2023.12.10

#### THE ARTS

#### **EXHIBITION AT PITANGA**

24 NOVEMBER - 23 DECEMBER 2023



#### ART AND CULTURE



#### **TAMIL FOLK MUSIC CONCERT**

#### December 19, Tuesday Time-5 30 to 6 30 pm

Tamil folk music famous for its soul-stirring melodies to foottapping rhythms is a celebration of the rich Tamil culture and identity. It is always transmitted orally, featuring music from unknown composers, played on traditional instruments, and delving into cultural or local identity, as well as people's folklore.

Joining us are **singer Mr. Arulmani** and **musician Mr. Tamizh**, who are planning to enchant us with Tamil songs that bridge the gap between traditional and contemporary expressions of this timeless art form

Free Entrance - Donation suggested

Auromode Yoga Space -balaganesh.siva@gmail.com - WA +

91 98926 99804



#### **CENTRE D'ART CITADINES EXHIBITION**

#### Roger Anger, L'artiste

an exhibition curated by Laila Lille Khayati Centre d'Art Citadines

### From 8 to 28 December 2023 Tuesday to Saturday 10 am - 12 pm, 2.30 - 5.30 pm

Roger Anger Exhibition represents an homage dedicated to the artist's centenary, showing an extensive collection of drawings, collages, and sculptures

Roger Anger was not only an architect but also an artist. His artistic manner echoes his architectural sensibility but with a freer and more unbound expression. His artworks testify to a deep, introspective journey, combining shapes, colors, and textures in a subtle and haunting way.

The current exhibition is a tribute to the different facets of his extraordinary, free, and joyful personality, and shows how essential art was in the artist's life and his memory.



#### **VOLUNTEERING OPPORTUNITIES**

#### YOUTH CENTER VOLUNTEERING OPPORTUNITIES



Join our team at the Youth Center!

<u>Requirements:</u> Register and volunteer for 3 months min. Work 4 hours every morning with the team



- Woodwork and Metal work
- Art and Eduction activities
- Social Media and Marketing
- Tree care and Planting
- Cooking, Pizza Night and Maintenance





#### ONLY FOR AUROVILLE'S TOUGHEST VOLUNTEERS!

Do you like animals, especially dogs, and think of volunteering in the dog shelter, petting and playing all day with cute little puppies, maybe giving them a nice bath on a sunny afternoon? Sounds like a dream, doesn't it?



#### It is a dream which does not correspond to reality!

Volunteering at the Auroville Dog Shelter is as tough as it gets and nothing for the weak ones! We guarantee you that you will get dirty, you will sweat profoundly under the tropical sun, or be soaked relentlessly by monsoon rains. You will be tired at the end of your shift and use your last bit of energy to digest the many impressions you have received during the day.

### So why would anyone in the right mind choose the toughest volunteer job in Auroville?

...Because everyone with the right mindset can see that by working selflessly as an animal caretaker at the Auroville Dog Shelter, using one's energy and abundant love to make the life of the most amazing dogs in the world better and better, is the highest reward any human can hope for. It is the karmic yoga of work in its purest form!

If you have come to Auroville to experience the true yoga of work and think that you have what it takes to become an animal caretaker, then contact Coco through WhatsApp: +33672046070 to apply for a position as SAVI or freelance volunteer.

PS: Of course, there is lots of time to spend with our amazing puppies. You will fall in love with all of our incredible dogs!

#### AWAKENING SPIRIT

#### INTRODUCTION TO THE INTEGRAL YOGA OF SRI AUROBINDO AND THE MOTHER

Tuesday, 19th December, 9 am - 12 noon Focus: The Synthesis of Yoga

Led by Ashesh Joshi

Place: Mirabelle Education Centre, Auromodele

Ph/Whatsapp: 9489147202 (Please register)

All are Welcome



5.30 to 6 pm (weather permitting)

Meditation with Savitri,

Sri Aurobindo's long mantric poem read by Mother to the incredible music of Sunil

Let's gather under the beautiful open space, with heavenly music in the very center of Auroville!

#### Reminder to all:

The Park of Unity is a place for silence, meditation and inner work, and is to be used only as such. We request everyone: please do not use cameras, I-pads, cell phones, etc. No Photos.

Dear Guests, please carry your Guest Card with you.

Access only for the Amphitheatre from 5.15 pm and for the meditation time.

Thank you, Surya and Amphitheatre Team

#### A SATSANG ON THE INTEGRAL YOGA

A sacred gathering for the study and practice of the Integral Yoga of Sri Aurobindo and the Mother, founders of Auroville, the City of Dawn.

"The first necessity is the inner discovery in order to know what one truly is behind social, moral, cultural, racial and hereditary appearances. At the centre there is a being free, vast and knowing, who awaits our discovery and who ought to become the active centre of our being and our life in Auroville."— The Mother

We start right here, in the Eternal Now, from where we each are at this ever-progressive moment, and share our unique experiences on the path of rediscovering and embodying who we really are.

Facilitated by Zech Joya

Schedule: Tuesdays and Thursdays, 5:30-7:00pm

Venue: Conference Room, G/F SAIIER Building, Town Hall Complex, Auroville





Please click this link for details or scan the above QR Code

#### **POETRY**

**Breeze stirred ripples** I held my breath And swirled

A moment of Rippling intoxication **Unsettling the water** Settling the heart

-Anandi Z.

#### EACH STRIVING SOUL

I look upon the future that is now And feel that all is rightly in its place Perhaps not fully understanding how Simple is the working of the Grace.

Those I meet on the roads of Auroville Or in the choirs of OM where we sing Or even meeting online I feel that still We are united and aspiring

And none is therefore foreign to my soul For all have come to tread the upward way. Though many leave they carry forth the goal To strive within and feel the coming day

When all shall live in collective harmony Each striving soul become a deity.

Narad

#### **EDUCATION**

#### **LEARN THOOYA TAMIL**



Tamil classes for absolute Beginners

Start date: January 8th, 2024

Time: 7:15pm -8:30 pm ery Monday

Venue: Auroville Council Room, Town Hall

bit of the language and cultural history of Tamil with Sandeep

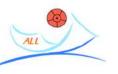
> to get a feel for the classes. listen to this podcast:







#### NEWS FROM AUROVILLE LANGUAGE LAB



Please remember to put your mobile phones on flight mode and switch off all wireless and Bluetooth devices before you enter the Lab. We are a wireless-free space!

Our first full-length publication: We are delighted to share that our first full-length publication, "From Resonance to Bonding" by Dirk Beckedorf & Franz Müller is now available on Amazon! The book gives an in-depth explanation of the Alfred Tomatis method, its scientific bases, how and why it works, along with detailed case studies. Links below:

- Amazon India: <a href="https://amzn.eu/d/e4jhPpl">https://amzn.eu/d/e4jhPpl</a>
- Amazon.com: <a href="https://a.co/d/cwpVBlj">https://a.co/d/cwpVBlj</a>

**Looking for:** Volunteer (s) capable of reading & writing **Kannada & Telugu**, for proofreading a couple of short documents (that have been translated from English). The work requires 2-3 hours of commitment.

#### **Tomatis**

### <u>There are spaces available for both language & therapeutic programmes!</u>

Please contact 0413-3509932 or 04132622467 or email us at tomatis@aurovillelanguagelab.org to schedule your Listening Tests & Consultations.

To know more about the Tomatis Method, please have a look at the following links:

- <a href="https://www.aurovillelanguagelab.org/tomatis-method.php">https://www.aurovillelanguagelab.org/tomatis-method.php</a>
- https://www.aurovillelanguagelab.org/tomatis-kids.php
- https://www.youtube.com/watch?v=wnpXprTl3m0
- <a href="https://www.youtube.com/channel/UCeTIG0y-sBMlyywZNdZcAng/videos">https://www.youtube.com/channel/UCeTIG0y-sBMlyywZNdZcAng/videos</a>
- https://www.listenwell.com/

#### **Current Language Courses at ALL**

#### New: French with Jean-François

Jean-François offers three 2-month courses. New batches start late October. These fill up quick, so please register soon.

#### Beginner French:

This 16-hour course is for all those wanting to join a French course but finding themselves too busy through the week! Our Beginner French Course is deliberately planned for Saturdays! The classes are highly interactive delving into French vocabulary of everyday life and the basics of grammar. By the end of the course, you would be able to make simple sentences useful for interaction, and talk about your work, hobbies, daily life, etc. in a simple way.

 This course will start November 4. Classes take place Saturdays, 2:30 to 4:30pm

### French Conversation (Post-Beginner to Pre-Intermediate level):

This 12-hour course is for post-beginners with a basic knowledge of French who are not yet comfortable conversing in French. The course will focus on day-to-day topics and will be a good mix of grammar, and interactive verbal as well as written exercises. By the end of the course, the students will acquire a more solid foundation in French conversational skills. All students who have taken Jean-François's Beginner Course are welcome to join!

 This course will start on November 4. Classes take place Saturdays, 10:30am to 12noon.

#### French Conversation (Intermediate level):

For those of you who know a bit of French, this is the perfect course to get more fluent, expand your vocabulary, and speak without inhibition in a diverse & fun group! Each lesson covers a theme of daily life (work, family, hobbies, shopping, projects, etc.) and is aimed at developing the students' ability to express themselves and interact in French. Jean-François would explore a range of topics like food, sports, travel, philosophy, news, literature, economics, social sciences, theater, and more. He will also review the grammar useful for basic conversation.

This 16-hour course will start on November 6. Classes take place Mondays & Thursdays, 2:30 to 3:30pm.

#### German with Ben

Ben will resume his courses from mid-January. You are welcome to enquire and register.

#### **English Conversation with Ramesh**

Ramesh's next batch will begin mid-January. Registrations open!

#### **Spoken Tamil with Saravanan**

Saravanan has been running this interactive and practicallyoriented course for the past seven years. The class modules are based on a booklet called "Fun with Tamil", which has been put together with a lot of research and thought. By the end of this course, you would be able to converse in Tamil on day-to-day matters, having achieved a deeper understanding of its sounds, pronouns, conjugations, etc.

Classes take place Tuesdays & Fridays, 9:30am to 10:30am. Course started on September 12 comprising 24 hours of teaching over three months.

#### Intermediate Spanish with Susana

Our long-time teacher, Susana, is offering an Intermediate Spanish course for students who are already familiar with the various verbal modes in Spanish language (Infinitive, Indicative, Conditional, Subjunctive, and Imperative). The course will focus on polishing the conversational skills of the students and will also dive into the rules of grammar. This is a monthly course.

Classes take place every Tuesday, 2:30pm to 4:00pm.

#### Beginner and Pre-Intermediate English with Rupam

Rupam continues to offer morning English classes. Her classes are a mix of discussion on current topics, and grammar as necessary. You are welcome to try out a class and see if it fits your needs. However, please note that this is not a drop in/walk in class but is meant for students committed to joining the course.

Classes take place Tuesdays & Thursdays, 10:30am to 11:30am. Enquire now to join!

#### If there is a language you would like to learn, and it's not on our list, please send us a query!

#### To join or enquire:

Please fill out our form at http://register.aurovillelanguagelab.org/ You may also drop us an email at info@aurovillelanguagelab.org,

call us at 2623661 or come visit us!

#### Please Note:

Registration and contribution are essential before you join a course with us. Please see our team member at the front desk to ensure this is complete, thank you!

#### **Current Schedule of Classes**

Language	Level	Time	Day(s) Of Classes
English	Pre-Intermediate & Intermediate	10:30 - 11:30am	Tuesday & Thursday
	Conversation January 2024	4-5pm	Tuesday & Thursday
French	Beginner Started 4 November 2023	2:30- 4:30pm	Saturday
	Conversation 1 Started 4 November 2023	10:30am – 12noon	
	Conversation 2 Started 6 November 2023	2:30 -3:30pm	Monday & Thursday
Tamil	Spoken Beginner Started 12 September 2023	9:30 – 10:30am	Tuesday & Friday
Sanskrit	Beginner To start January 2024	TBA	ТВА
Hindi	Beginner January 2024	10am – 12noon	Saturdays
German	A1.1 Beginner January 2024	9:30 – 11am	Monday & Wednesday
	German Conversation To start soon	4 – 5pm	Tuesday & Thursday
Spanish	Beginner To start January 2024	2:30 - 3:30pm	Tuesday & Thursday
	Intermediate	2:30 - 4pm	Tuesday
Japanese	Beginner To start December 2023	TBA	TBA
Italian	Beginner TBA	2:30 – 3:30pm	Monday & Wednesday
	Conversation TBA	2:30 – 3:30pm	Tuesday & Thursday
Persian	Beginner To start January 2023	TBA	TBA

The Language Lab is open: Monday – Saturday, 9am - 12pm & 2pm - 5pm

Location:

International Zone, after Unity Pavilion & Pump House.

Contact:

Phone: (0413) 2623 661, 2622467, +919843030355 Email: info@aurovillelanguagelab.org

#### SPOKEN ENGLISH AND HINDI

Hi! My name is Ashwini and I have an experience of 20 years as a Spoken **English**, **Hindi**, **Kannada and Marathi** language trainer for all levels. If you are interested in learning one of the above languages either in oral or written form please contact me on my WhatsApp 8270512606.

#### **TUTION GRADE 1-12**

Tution classes open for students from grade 1 to grade 12. Please contact on my WhatsApp 8270512606. Ashwini



#### **HEALTH**

#### **VISIT OF THE TIBETAN DOCTOR**

Dear all,

This is to inform all that the **Tibetan Doctor and the team** based on Chennai Mentseekhang are visiting us on **Friday 15th and Saturday 16th December** for the monthly consultation.

To get your appointment kindly call us @ 0413 2622401 or whatsapp to 8489067332.

Alternative email to Kalsang is avkalsang@gmail.com

Submitted by Kalsang

On behalf of Pavilion Of Tibetan Culture International zone Auroville.

#### **SANTÉ SERVICES IN DECEMBER 2023**



Monday - Saturday 9:00 - 12:30pm & 2:00 - 4:30pm

Tests and Sample collection:

Mon-Fri before 12:00 pm. No sample collection on Saturday.

#### For emergencies, contact:

Auroville Ambulance (24/7): Phone: +(91) 9442224680 Government Ambulance (24/7): Phone: 108

Please call Santé on (0413) 2622803 during working hours for an appointment

Doctor consults with Dr.Senthil: Monday to Friday	Nursing Care: Ezhil, Thilagam, Archana & Sandhya: Daily No appointment necessary
Ayurveda with Dr.Be & Dr.Sonia: Mon/Tue/Wed/Fri	Pregnancy Care & Women's Wellness with Paula: Tuesday & Wednesday
Acupuncture with Andres:	Homeopathy with Michael:
Mon/Tue/Wed/Fri/Sat	Mon / Wed / Sat
Integrative Psychotherapy	Physiotherapy
with Juan Andres:	with Arun:
Monday to Friday	Monday to Saturday
Functional Medicine	Physiotherapy
with Lize:	with Rebeca:
Wednesday & Friday	Mon /Wed /Fri
Bio-Well Assessment (Evaluation of your well-being) with Helena: Inquiry through email (adminsante@auroville.org.in)	Physiotherapy & Massage with Galina: Monday to Friday

In Santé, we value our patient's confidentiality & make every effort to ensure their privacy.

In case of cancellation or to reschedule, it is necessary to inform us in advance.

#### **AUROKIYA INTEGRAL EYE CENTRE @ ARKA**

Working Hours: Monday - Saturday (9.00 am -5.30 pm)

#### Services Provided:

- · Emergency eye care services with primary-level care
- Complete eye testing facilities for eye problems
- Follow-up services for surgeries and consultation from Aravind
- Spectacles and contact lenses
- Eye medicines (Homeopathy, allopathy, and Ayurvedic Drops)
- Personal guided support to visit Aravind Eye Hospital for surgeries and procedures
- Personalized eye exercise training, eye yoga sessions, and vision therapy sessions. Both morning and evening slots are available

Contact: aurokiya@auroville.org.in; aurokiya@gmail.com

WA/ Mobile: 8012305151: www.aurokiya.com



Eye Yoga & Vision Therapy

Find natural solutions for all of your eye care needs with a holistic approach through eye yoga and vision therapy.

#### Experience your visual healing with us...

#### Our Services:

- Eye Yoga and Eye Exercises
- ▼ Vision Stress-Relief Therapy
- Customized Vision Therapy
- Y Eye Relaxation Techniques
- Eye Wellness Group Programs
- Eye Nutrition Guide
- Sports Vision Training

#### Contact us for Details

- www.aurokiya.com
- + 91 80123 05151 : +91 97042 58709
- ⊠ aurokiya@gmail.com;
- 🛇 Arka Wellness Hub, Crown Road,



#### CLASSES, WORKSHOPS & HEALING ARTS

#### DEEP SOUND BATH IN CREATIVITY

#### **TIBETAN BOWLS**

Hall of Light CREATIVITY community

> **Every Friday** from 5 to 6:30 PM

Starting from 17th November



#### There will be a LIGHT massage by the Tibetan Bowls.

Lie down, relax, simply allow yourself to experience the ancient sound from the Tibetans bowls.

The practise produce a soothing sound believed to have a powerful effect in the body's energy system, helping to balance the chakras and promote healing.

"If we accept that sound is vibration and we know that vibration touches every part of our physical being, then we understand that sound is heard not only through our ears but through every cell in our bodies. One reason sound heals on a physical level is because it so deeply touches and transforms us on the emotional and spiritual planes."

Drop in the Hall, no reservation needed.

Please arrive 10 minutes before.

Guest 600 rs

Volunteer 300 rs

Aurovilians and Newcomers, conscious contribution

Sathyayuga

WA +917639761930

#### I JUST WANNA WRITE

If you want to write on any level, from personal to narrative or theater and short movies scripts, just check the blog at <a href="https://gatedreams.com/">https://gatedreams.com/</a> and click on I Just Wanna Write. Or go to the Auroville Radio website and enjoy the many episodes uploaded there. I'm uploading a series on the Hero's Journey that you might find useful. To enter the Blog on the website, you'll have to sign up. It's free for Aurovilians, Newcomers and Volunteers. And if you feel like stuck in your writing exploration, or if you need some encouragement or fresh ideas to unblock your journaling practice (or if you want to start one) or if you feel that writing is part of your creative self educational path, I will happily share my real presence and time for an enjoyable writing session with you.

Contact me here: avgateofdreams@gmail.com

Let's keep up with the writing!

Francesca

### MINDFULNESS DROP-IN SESSION - NON-STRIVING SUNDAY 24TH DECEMBER, 9.30AM-12.15PM

This **half-day retreat** provides a chance for you to drop-in to yourself, to unplug from the stresses of everyday life, and shift from doing into being.

The focus of this practice session will be non-striving, which is one of the fundamental principles of mindfulness. It is a conscious decision to allow things in your life or the world to be as they are, rather than always reacting to try and change things. There is no goal other than to be yourself.

All are welcome - no prior experience necessary. To register whatsapp Helen on 7094753054

### MINDFULNESS DROP-IN PRACTICE SESSION

finding peace in a frantic world



SUNDAY 24TH DECEMBER 9.30AM-12.15PM
THEME: NON-STRIVING

FOR BOOKING & DETAILS WHATSAPP HELEN ON 7094753054

### MINDFULNESS FOR STRESS REDUCTION (MBSR) - 8 WEEK COURSE

The MBSR course is considered the gold standard in mindfulness training. It is a group program that was developed by Jon Kabat-Zinn in the 1970s to treat patients struggling with life's difficulties and physical and/or mental illness

The course synthesizes the Eastern practices and teachings of Buddhism with the Western science on stress reduction, positive psychology and neuroscience. This has resulted in a secular program that has been taught in health care centres, workplaces, schools, prisons and communities worldwide.

The MBSR course has been found to improve our ability to cope with the stresses of everyday life as well as anxiety, depression and chronic pain. It has been found to improve our emotional regulation; increase attention, focus and memory; and plant inner seeds of happiness, resilience, kindness and acceptance.

It is suitable for those new to meditation as well as experienced meditators looking to deepen their practice.

The course is guided by Helen, an Aurovilian who has studied and taught mindfulness based on the Mindfulness for Stress Reduction (MBSR) approach developed by Jon Kabat-Zinn for over 10 years.

The course is run in small groups (6-12 people), so places are limited. If you are interested to attend whatsapp Helen on 7094753054.

To note Helen will also be running a 1 week intensive from 5th Feb (7.30-9,45am) covering the same material.

Date and time: Mondays from 8th January (to 26th Feb) - 6.45pm-9pm

Venue: Maloka, Anitya community (Joy of Impermanence)

# MINDFULNESS FOR STRESS REDUCTION (MBSR) COURSE

finding peace in a frantic world



8 WEEK COURSE: STARTS 8TH JAN, ON MONDAY EVENINGS 6.45-9PM

FOR BOOKING & DETAILS WHATSAPP
HELEN ON 7094753054

#### AIKIDO WINTER INTENSIVE 2023-24!

From Dec. 27th to January 9th you are invited to join the Auroville Aikido group to a Winter Aikido Intensive at the AV Budokan, Dehashakti. We welcome Beginners!

**Jean-Pierre Pigeau**, our 7 Dan Aikido teacher, along with 3 high ranking "aikidoka" will lead our 13 days of learning / improving practice of this wonderful and complete Japanese martial art. Complementary practices of Ki Gong, Shiatsu and Tibetan Yoga will enrich the Intensive.

<u>Schedule:</u> Monday-Wed-Friday evening 5.30 to 7.15 pm and Tuesday -Thurs-Saturday morning 6.30 to 7.45 am.

- Children already in our regular Aikido classes as well as new students (from 8) are most welcome to attend as much as they can in the late afternoons during their holidays (5.30-6.30 pm).
- On donation/contribution basis to support the activity. Please come 15 minutes before class starts; wear long loose pants & normal T-shirt or your martial arts outfits/keikogi if you have.
- We will have an Open Class on Tuesday 8 Jan, 5.30-7.15 pm for family members, friends and the general public to watch our practice, and maybe join later!

More info and registration: budokan@auroville.org.in or phone: Surya CR. 0413-2623 813-037 or 83001 89062-call/SMS, N. Murugan 99528 12843-WA, Philippe G. 0413-2622 951 or 83006 43963-WA.

Cristo, Philippe, Surya and Murugan for the Auroville Aikido group, **Auroville Budokan** (Reg.as an activity under LEAD)



#### **TAI CHI HALL @ SHARNGA**

The Tai Chi Hall in Sharnga community offers daily classes, six days a week.

#### Mondays & Saturdays:

- 7:30-8:30am Chi
- 8:30-9:30am Form

#### Tuesdays - Fridays:

- 7:30-8:00am Chi
- 8:00-9:00am Form

We practice three forms (24, 108 and 127) in the Yang style, as taught by the Inner Way School - Stevanovitch Method (artduchi.com). All are welcome to drop in.

Our next beginner's intensive is from February 12 to March 2, 2024.

taichi.auroville.org / taichi@auroville.org.in

#### **AUROMODE YOGA SPACE**

DECEMBER 2023 SCHEDULE

Registrations is a must for all the program.

Email or WA us, to know about the fees structure and other details.

Contact - email - <u>balaganesh.siva@gmail.com</u> & WA(only) +91 98926 99804

Day	Time	Description
Monday to Friday	7 30 am to 9 30 am	Vinyasa flow Yoga& breathwork
Monday to Friday	11 00 am to 12 00 pm	Mobility with Karlakattai
Tuesday	5 00 pm to 6 00 pm	Bollywood Dance
Friday	5 30 pm to 7 00 pm	Vinyasa flow Yoga
Saturday	7 00 am to 9 am	Karma Yoga
Saturday	11 00 am to 12 30 pm	Satsang
Saturday	5 30 pm to 7 00 pm	Vinyasa flow Yoga
Sunday	10 00 am to 1 00 pm	Tamil culture tour & temple visit
Sunday	5 30 pm to 7 00 pm	Vinyasa flow Yoga



#### **VIPASSANA MEDITATION**

Date: Every Sunday

**Timings:** 8:30 AM – 12:30 PM but you can also drop in and join as long as you wish.

No registration is required.

**Venue:** Udavi School (2nd building on the left when you are at the front entrance), near Tank in Edayanchavadi (Auroville). Location <u>here</u>.





Contact: Sanjay Tumati, +91 8790982210 (available on WA) sanjay@auraauro.com

#### **QUIET HEALING CENTER**



Quiet Healing Center, Auroville 605 104, Tamil Nadu, India <a href="mailto:www.quiethealingcenter.info">www.quiethealingcenter.info</a> / <a href="mailto:quiet@auroville.org.in">quiet@auroville.org.in</a> Mobile & WhatsApp: +91 9488084966

### Watsu® Yoga Round with Fred & Roberto Monday 18 December 2023 (3:00 - 6:30pm)

Watsu Yoga Round is a powerful tool for deep relaxation and inner peace. It focuses on listening to the body and presence; it represents a way to come back to your heart, to an inner silence that is fully alive and vibrant. It is an invitation to feel, awaken and celebrate the energy of your being.

When immersed in warm water during the Watsu Yoga Round, the body does not suffer from the effects of gravity; the flow of movements and stretching, alternated with moments of stillness, invite a progressive well-being: body and mind become free to dance!

No previous experience required (also no need to know how to swim)!

# Watsu® & OBA® Basic with Dariya & Daniel Tuesday 19 - Sunday 24 December 2023 (1:00 - 6:00pm: 31 hours)

Watsu & OBA are aquatic bodywork modalities given in a warm water pool (ideally 35°C). **Watsu**, the part where the client's face stays always on the surface, introduces the qualities and body mechanics required to work with someone in water in order to create a profound state of both physical and mental relaxation. During the **OBA** part the receiver is also brought under water (with nose clip), which offers a unique experience.

In this course, you will practice basic techniques and qualities (grounding, presence, stillness, movement, attention) of being and moving another body in water. You will experience floating other people and being floated, on the surface and under water, thereby creating space for deep relaxation and nurturing body, mind and spirit. Participants in this course often appreciate the group space, which fosters deep, meaningful and nurturing connections.

**Prerequisites:** no previous experience required. **Certificate upon completion of the course.** 

# Watsu® 1 (Transition Flow) with Dariya & Daniel Tuesday 26 - Saturday 30 December 2023 (8:45am - 6:00pm: 34 hours)

A 5-day course on the surface only. Watsu 1 (Transition Flow) teaches to connect the basic movements and positions you have learned in Watsu Basic with long, gracefully flowing transitions and to adapt this work to people of different sizes, shapes, and dispositions. You will also learn about your own body mechanics and how to support and move each person as effortlessly as possible.

On land, you will be introduced to both Co-Centering and Tantsu, and explore what being held means to you and others.

Prerequisites: Watsu Basic. Certificate upon completion of the course.

#### VÉRITÉ WORKSHOPS AND THERAPY

#### Pre-registration required

Please contact Verite @ 0413 2622045, 2622606, 9363624083 or programming@verite.in, www.verite.in



### Face & Eye Yoga: Face Your self – with Mamta Friday, December 15, 9:30am – 12:00pm

The physical & mental state of our inner world determines how we experience our outer world. Sense organs are the tools for each experience we have. Face Yoga involves simple self massage techniques & exercises to release tension in the facial area, stimulate blood circulation & improve efficiency of our sense organs. In an era of increased screen time, our eye health may be compromised, unless we actively exercise this area. Eye Yoga uses techniques such as palming, blinking, near & far viewing & candle gazing. You will also learn tips to prevent eye damage caused by screen time.

# Master Class: Pratyahara: Withdraw Your Attention Within through Mantra, Breathing & Asana – with Andres

Saturday, December 16, 9:30am – 12:00pm (theory booklet included)

Pratyahara means withdrawing the senses within. It's an often forgotten limb of Yoga, but a valuable gateway into the practices of Concentration (Dharana), Meditation (Dhyana), and Samadhi (Contemplation). Learn the practical techniques of breathing, mantra, asana and relaxation that can liberate the mind and open the window of Pratyahara.

### Awareness Through the Body: Form Exploration – with Amir

Saturday, December 16, 9:30am - 12:00pm

Exploring FORM: tuning and cultivating the observer within through being guided into various physical shapes that embody expressions of different inner qualities. Relax with the intention to approach the physical plane spontaneously, while easing into receptivity to the inner movement.

#### 5 Rhythms (4 day workshop) - with Sudevi

- Saturday, December 16, 2:00pm 04:30pm & 08:00pm – 09:00pm
- Sunday, December 17, 9:30am 04:30pm (lunch break 12.30pm - 1.30pm)
- Monday, December 18, 9:30am 04:30pm (lunch break 12.30pm - 1.30pm)
- Tuesday, December 19, 9:30am 04:30pm (lunch break 12.30pm - 1.30pm)

A conscious dance practice for everyone; exploring shadow/light

Master Class on Energy Pathways: Restore Flow of Prana through Mantra, Pranayama, Asana, & Prana Nidra – with Andres

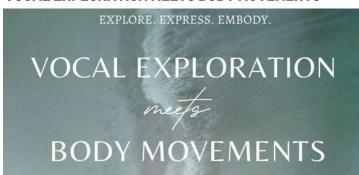
Saturday, December 23, 9:30am - 12:00pm

The body energy lines wisdom – SEN lines (Thai) or Nadis (Sanskrit) – is one of the most important and fundamental pillars of both Yoga and Thai Yoga Massage. Sen Lines or Prana Nadis are energetic pathways of life, giving breath in the body. When the energy doesn't flow appropriately through these energy lines disease appears. In this workshop, you will learn the origin of this millenary knowledge and practical application for Yoga postures (Asanas). (theory booklet included)

#### Sivananda Yoga: Master Class – with Mani Saturday, December 23, 9:30am – 12:00pm

A classic Sivananda session, including basic pranayama (breathing) and Surya namaskar (sun salutation), designed to massage and rejuvenate the entire spine, with rhythmic alternation between effort and relaxation to balance the nervous system and prepare it for the final guided relaxation.

#### **VOCAL EXPLORATION MEETS BODY MOVEMENTS**



#### Thursday 21st , 10am - 12.30pm

Your voice is a way that you carry your unique energy into a space. Sages said "when you are aligned in body, mind, and spirit, your voice resonates a spiritual vibration"

There is a universal language, beyond words, culture, sex or nationality. A language of the heart that cuts across all difference and connects us to something greater than ourselves.

That language is music. Sound is our connection to our deepest being. It connects us to a higher consciousness, but also to our primal selves. Each one of us has access to this innate power of sound through our voice.

We will explore, express and embody our voices through differents sounds exercises allowing ourselves to flow into body's movements liberating constriction and blockages.

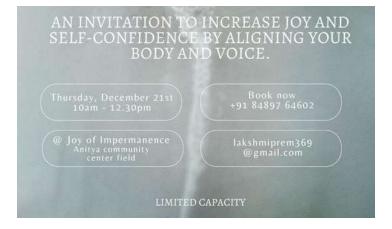
Vocal Exploration meet Body movements is a journey to harmony between physical movements and vocal vibration where you can explore and discover yourself in New different ways

Come and join us!

Limited space

@ Joy of impermanence Anitya community An activity under Lead

Reserve your space Now! +91 84 89 76 46 02 Lakshmiprem369@gmail.com



#### **PITANGA**



#### **Program December 2023**

#### **CLASSES - REGISTRATION REQUIRED**

#### Iyengar Yoga with Tatiana and Chloé

All Iyengar Yoga classes are designed for healthy adults. If you have any physical problem, please talk to the teacher before the class to find out if this class is for you. We do not offer any medical yoga classes and our classes are not for people who need a therapeutic approach.

### lyengar Yoga classes with Tatiana are paused until further notice.

**Tuesdays 9am –10:30am** with Chloé | Yoga for the Spine | All levels

Suitable for all levels of practitioners. Special attention is paid to relaxing the back and the correct position of the spine in various types of asanas. Each practitioner should be prepared to independently use props such as chairs, rollers, bricks.

#### Art Therapy with Gala

Thursdays, 3 – 5pm for adults Fridays, 3 – 5pm for families

#### DROP-IN CLASSES Join without prior registration!

#### Mondays

7:30am - 9:00am | Asanas with Rachel | All levels |

8:30am - 10:00am | Yoga Therapy with Gala | All levels

4:00pm - 5:00pm | Deep Presence with Mike S.

#### **Tuesdays**

4:45pm – 5:30pm | Odissi Dance with Rekha | Beginners

3:30pm - 4:30pm | Body Musik with Anandi Z. | All levels

#### Wednesdays

7:30am - 9:00am | Asanas with Rachel | All levels |

8:30am - 10:00am | Yoga Therapy with Gala | All levels

#### **Thursdays**

4:30 - 5:30pm | Aviva Exercise with Suriya | For women

4:30 - 6:00pm | Vocal Sound Healing with Lola | All levels

(Not on 22 and 29 Dec. beginning again in Jan. 24)

#### Fridays

6:45am – 8:00am | **Pranayama** with François & Namrita | For former "The Art of Living" course participants

9:00am- 10:00am | **Lola's ATB special** for seniors, all levels (*Not in December*)

7:30am - 9:00am | Asanas with Rachel | All levels |

8:30am - 10:00am | Yoga Therapy with Gala | All levels

- 8:30am 10:00am | Yoga Therapy with Gala | All levels
- 3:45pm 4:30pm | Odissi Dance with Rekha | Beginners
- $4:\!30pm-5:\!30pm$  | Reading of the Life Divine with Balvinder | All are welcome to join.
- 5:15 6:15pm | **Feldenkrais class** with Shari | All levels (not in December)
- 5:15pm 6-15pm | **FOR GIVING LOVE** with Marie-Claire | A weekly inner dialog to foster your own healing.

#### Saturdays

11:00am – 12:00pm | **Iyengar Yoga** with Tatiana| Mixed Level, open to beginners *(on pause)* 

11:00am -12:15pm | **ATB explorations** | with Isora, Rosario, Teresa | All are welcome to join. *Not on 30 December* 

 $4{:}30\text{pm}-5{:}30\text{pm}\mid \textbf{Body Musik}$  with Anandi Z.  $\mid$  All are welcome to join

#### **YOUTH ACTIVITIES**

These are ongoing educational programs and not intended for drop-in students. If a child is interested, parents need to talk to the teacher before bringing the child.

**Asanas for Teenagers** with Lisbeth Mondays, Wednesdays | 4pm – 5:15pm

**Yoga for children, 5 – 8 yrs.,** with Gala Saturdays | 9am – 10am

Yoga for children, 7 - 9 yrs., with Gala Saturdays | 10am - 11am

Energy games for children, 9 yrs. +, with Gala Saturdays | 11am - 12pm

#### **HEALING SPACE - BY APPOINTMENT**

- Acupuncture by Heidi (not from 24. Dec.to 1.Jan.24)
- · Bio-Resonance (with Bi-Com machine) by Afsaneh
- · Chiropractic by Afsaneh

#### **NEW ACTIVITIES**



New class

#### For Giving Love

Transmuting heavy emotions with Dr Laskow's tools

New Class on Fridays

Marie-Claire invites you to an inner dialogue with yourself that helps you to let go of all heavy emotions and release energy patterns that could otherwise drain your energies.

Dr Laskow's tools guide you through a process of forgiveness to complete your own healing. Forgiveness does not mean forgetting or accepting what has been done. It does not mean loving others, which may or may not happen in the process. It's simply taking back the energy that you have bound up with your feelings about certain people, releasing energy patterns that might otherwise contribute to illness.

Starting on **Friday**, **22. December** a weekly session is offered at Pitanga: **5.15 - 6.15pm**.

**This is a drop-in event.** No prior registration is necessary. Please arrive on time. Late arrivals cannot be accommodated in the class.



### New Class on Fridays, 3-4pm: Reading Savitri Starting on 8 December

Life has "cast the spirit into physical form" - Savitri, Book II, Canto VI

In joyful anticipation, we propose to explore Savitri for clarity about our physical body and for assuring our embodiment of "the bliss for which all forms were created". - Savitri, Book II, Canto IX

A Savitri circle will make a start at Pitanga on **Friday**, **December 8**, **from 3 to 4pm**, promptly. Patricia (native English speaker) will facilitate.

Bring your book or e-book. If you request in advance, extra books may become available.

No prior knowledge is necessary and all are welcome to enjoy the beauty of Savitri.

#### **Every Friday from 3-4pm with Patricia**



#### **Deep Presence -Inner Exploration**

A guided exploration by Mikhail S.

Following the facilitator's guidance, we will travel with our attention deep within (and without) ourselves, where we will listen deeply... By becoming still, we'll aim to tune into the living presence that is always present, to align with Truth, in other words with that which isn't transient and perishable but Eternal and Infinite.

The intention is to leave behind all effort, tension and desire, to bypass our mind and emotions in order to experience this always available Presence.

The exploration lasts 45 minutes and ends with a small sharing of approximately 10-15 minutes. Preparation for class: If possible, please take a 15 minutes nap (or silent quiet rest lying down) at home, before class or in the afternoon (to try and prevent dosing off and falling asleep).

#### Drop in class

Every Monday from 4pm – 5pm with Mikhail S.



### ATB explorations (Awareness through the body)

A joyful space for discovering oneself and developing attention and relaxation.

"Whatever you may want to do in life, one thing is absolutely indispensable and at the basis of everything, the capacity of concentrating attention." The Mother

All are welcome - Drop-in session.

Every Saturday from 11am to 12:15pm.

Not on 30th December

With love and gratitude, Isora, Rosario and Teresa



#### New class

#### **Body music**

Tapping with hands on acupressure points of the body and in a certain sequence stimulates the body to improve the flow of energy. It is an easy to learn self-help technique to relieve stress. In this class body tapping will be done on oneself, for each other and as a group and integrated with guided Qi movement, conscious touch, and simple massage to discover and align with the universal music.

#### **Drop-in class**

Every Tuesday, from 3:30-4:30pm and Saturdays 4:30-5:30pm from With Anandi Z.

If you wish to receive our program of activities by email, please write to us: <a href="mailto:info@pitanga.in">info@pitanga.in</a>

See you at Pitanga, with a smile!

Pitanga Cultural Centre 2622403 / WA 9443902403 info@pitanga.in

#### **TAXI SHARE**



#### TAXI SHARE TO CHENNAI AIRPORT

Let's save fuel and cost by sharing a taxi from Auroville to Chennai airport.

Night of **Dec 19-20**, leaving **midnight 00:00 to arrive 3 am** on Dec 20th.

Am alone, so 2 - 3 people can join.

Email: piacornaro@gmail.com / Whats App: +43 676 5058436

#### **ACTIVITIES & EVENTS**

#### YOUTH CENTER FAIR - COM'IN'UNITY

THIS SATURDAY 16TH DECEMBER 2023!



#### **AUROVILLE: ONE DAY & HALF DAY TOURS**

Explore Auroville like never before. We will explore community life from different angles and multiple viewpoints.



We will embark on a journey to see how a community runs, in general and what makes Auroville, a spiritual community or a living Utopia and its aim to constant progress and growth. Come and spend a day with us.

Pre - Registration is required.

Contact us to know more details:

youthlink@auroville.org.in or WA: +91 85248 25120

Here is the link for the itinerary, fee and other important details:

https://drive.google.com/drive/folders/1tGQN BGltSxZKGulnpwhQTPNaUIAJomDU? usp=drive\_link\_or

please scan this code to know more:



#### **ECO FEMME OPEN HOUSE**

# OPEN HOUSE

Every Thursday morning from 10:30 AM



Dear friends,

Join our open house at our office in Auroshilpam every Thursday morning at 10:30 AM till 12 AM.

Come and learn about:

- Sustainable menstrual products (cloth pads, cups and period panties),
- Menstrual cycle awareness and,
- Our not-for-profit work.

You can also pick up discounted cloth pads, cups, period panties and cloth nappies.

See you soon!

The Eco Femme Team

#### ART AND NATURE ACTIVITY

Co-creating with



Register:

Bel: +91 7598892065 WA



#### SOLITUDE FARM

#### LUYE ECO MUSIC FESTIVAL-10TH FEB 2024

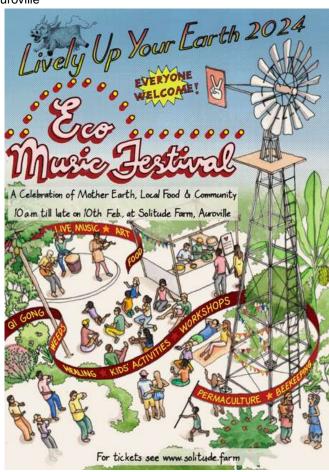


Dear friends,

'Lively Up Your Earth' eco-music festival at Solitude Farm will take place on the 10th of February 2024. This event is a celebration of the creativity in our community, local foods, and music. This is a community celebration and everyone is welcome. If your work focus is on ecology, education, the arts, local food/farming, natural medicine ect. and you would like to have a stall please get in touch with us at solitudepermaculture@gmail.com and we will find you a space.

This event will welcome Aurovilians and local villagers on a donation basis and guests/ visitors on a paid entrance ticket.

Solitude farm & café Auroville



# INVITATION TO AUROVILLE'S MULTIDISCIPLINARY IMPROVISATION LAB

AV Improv Lab is a long term project of co-creation, experimentation and learning around performance and improvisation. It was first formed in April 2022.

Together we explore the different aspects of a performance and how we approach and respond to each aspect. This is a project for people who are willing to step out of labels and expertise, and are open to redefine their art while exploring new ones.

AV Improv Lab is open to Auroville residents, long-term volunteers and anyone else who can commit to attending at least one session every week. No fees are involved. The fee is your commitment. Our aim is to provide a safe space for growth and storytelling in the process of creating for performance.

WHERE: Cripa Small Room

WHEN: Every Thursday from 5pm to 7pm

We look forward to seeing you there!

Sincerely,

Team AV Improv Lab

#### **SOMATIC EXPLORATIONS**

CREATIVITY HALL OF LIGHT



Somatic Explorations

through sensations

We all share a common need for connection.

Let's begin a journey of curiosity together within our bodies

through movement, dance, observation, and moments of stillness.

Could this be the pathway to deeper connections with others and the world around us?

every tuesday 17:30 – 18:40 Hall of Light

### THEATRE CLASS

# Theatre Class

Weekly theatre practice for aspiring actors

Improve your acting skills through collective and individual theatre games and a regular and comprehensive acting practice, including work on body, voice and text.

WEEKLY THEATRE PRACTICE FOR ADULTS

#### **FRIDAYS**

2:00PM to 3:30PM

@CRIPA

Info & Registration:

> Celine (Celine Barbara)

+918098846079

(WhatsApp/Telegram)

#### **FOOD FOREST TOUR**

www.myfoodforest.info / myfoodforestgarden@gmail.com

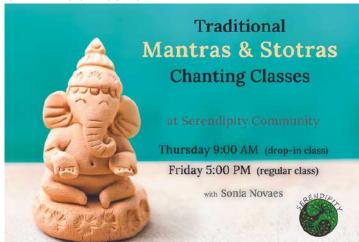


# VOLUNTEER AND LEARN - FARMING HANDS ON AUROORCHARD

EMAIL: auroorchard@auroville.org.in / WHATSAPP: +91 9566631079 (Nidhin)



#### **CHANTING CLASS - SERENDIPITY**



Email: serendipityauroville@gmail.com / WA: +91 8940288090

#### **BANSURI FLUTE CLASSES**

# The Sound of Bamboo Various Styles of the Indian Flute

Bansuri (Flute) Group Classes With Michael Kalabhumi Music Studio

Every Friday (Beginner: 11am-12pm, Advanced: 12pm-1pm)

Drop in is possible at any time, flutes available to borrow or buy.

#### Contribution:

- Aurovilians, NCs, Volunteers & Local Villagers: Free donation

- Guests: 500 INR

More Info: <a href="https://pay.auroville.org/divine-arts">www.the-sound-of-bamboo.com</a>
To Donate: <a href="https://pay.auroville.org/divine-arts">https://pay.auroville.org/divine-arts</a>

Learn More About Divine Arts:

https://auroville.org/page/divine-arts

#### About Divine Arts:

https://auroville.org/page/divine-arts

#### TRIYAMBAKAM YAJNYA IN AUROVILLE -

21.12 TO 31.12, 7AM TO 8AM.

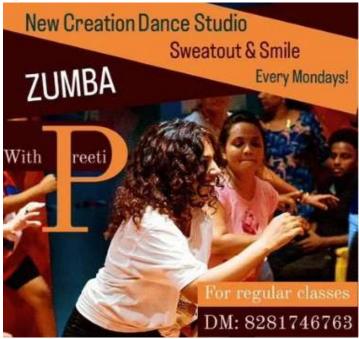
For the last few years Agnihotra Centres around the world have organised world-wide offerings of Om Tryambakam Homa for healing and peace. This year people will be participating around the planet from Dec 21st to Dec 31st. Infoline Mukhande +336.1304.7794 (WA)

« Regular practice of Agnihotra creates a biosphere full of Prana and micro-nutrients in perfect balance. This provides the energetic foundation for performing the other Homas in Homa Therapy such as Vyahruti Homa and Om Tryambakam Homa. These derive their potency of effectiveness from the foundation that ongoing regular practice of sunrise and sunset Agnihotra creates. Om Tryambakam Homa fortifies the biosphere with more nutrition, fragrance and heightened vibration from the ongoing mantras and nutritious smoke being broadcast through the Homa. Om Tryambakam Homa is also a wonderful aid to purifying the mind, helping one to go into the witness state, giving a boost in the direction of equilibrium and peace. May there be Love, peace and healthy environments for all. »



#### NEW CREATION DANCE STUDIO

**ZUMBA WITH PREETI** 



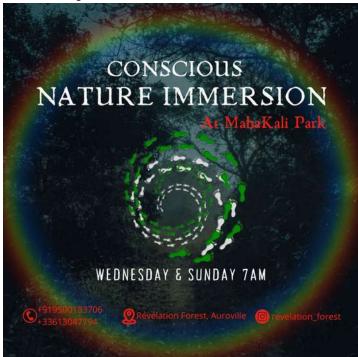
#### **CONSCIOUS NATURE IMMERSION AT MAHAKALI PARK**

MahaKali Park is one of the 4 parks of Auroville, which is developed as a place for holistic awareness and self-development through nature. **On Sundays, 7 am**, Major Arun shares an introduction to the history and context of green spaces in Auroville and a holistic understanding of ecology. On **Wednesdays, 7 am**, Mukhande guides an intuitive approach of connecting with the environment, through an inner disposition and a focus mind.

# Explore nature in the City. Honor and feed from her gifts. Support the development of our healing park.

As all the myriad of ancestral traditions on Earth have envisioned it, The Mother invites us to launch ourselves into "the throb of Nature, in the secret heart of things and in the depths of our being".

Free. Contributions accepted for the management of the site. / Be adequately clad to prevent mosquito bites. You may also carry mosquito repellents. / Venue: Meeting point at Révélation's main gate 5/10 min before the time of the session (Search for "Revelation Forest" on Google Maps) / Contact: +919500183706 (Arun) +33613047794 (Mukhande). Better to confirm your venue by one WA message, specially if it rains. / We also custom programs, training and healing sessions on prior demands. Please note that the park is not yet accessible without our supervision, thank your for your understanding!



#### **TAMIL & FRENCH NEWS & NOTES**

# ஆரோவில் தமிழ்ச் செய்திகள்

Click here to read the **Tamil** News&Notes or scan the code:



NOUVELLES D'AUROVILLE

Click here to read the French News&Notes or Scan the QR code:



#### ACTIVITIES FOR KIDS

#### THE FRENCH PAVILION PRESENTS

#### **Tales and Stories**

Ву

Mireille and Marie

Tuesday 19th December 4:30pm French Pavilion (opposite Visitor Centre)

Languages: French, English, and more





Friendly afternoon for young Children (3 to 6 years old) and their parents around stories and tales read or told, drawn or illustrated, sung or whispered in any languages... Everyone is welcome to share, to hear, to tell, to relax and dream!

#### ART EXHIBITION/BOOK LAUNCH

TIBETAN PAVILION

Welcome to the Art Exhibition and Book Launch of

"THE GOLDEN DRAGON"

story for children of all ages by HELENA HUTTE

In the Tibetan Pavilion DECEMBER 30th at 5pm

Animation of the story will be shown on the big screen.

There will be some drinks and snacks to enjoy.

Going into the New Year with a celebration of Light, Joy and Togetherness.

The art is a combination of Textile Mandala's and Aquarel/Acrylic Paintings.

Please bring your children along!

#### **TLC FRIDAY OPEN SPACES**



#### **OPEN HOUSE AT KINDERGARTEN**

The Kindergarten (Center Field) will be open to everyone on

- Friday 22nd of December from 1:30 to 4:00 pm and
- Saturday 23rd from 9:00 to 12 pm.

You are welcome to visit the exhibition of crafts and works of the children, ages 3 to 6, and to discover the Play of Painting room and the Blocks room.



#### **KUILAI CREATIVE CENTRE**

Contact: <u>kuilaicreativecentre@auroville.org.in;</u> <u>kuilaicreativecentre.auroville@gmail.com</u> WhatsApp: + 91-8608473385 / 9843195290



KUILAI	KUILAI CREATIVE CENTRE (ACUNTRE POR EXTEA CORRICULAR ACTIVITIES)		AEXTTO AUROVILLE BAKERY, PROTECTION COMMUNITY, AUROVILLE Emal/kullakreativecentre@auroville.org.in OR kuilacreativecentre.auroville@amail.com		
செயல்பாடு ACTIVITY	gnei DAY	நேரம் TIMING	WhatsApp: + 91-86084 73385 / s பெரியவர்கள் மற்றும் குழந்தைகள் FOR CHILDREN & ADULT	843195290 வயது வரம்பு AGE GROUP ( ONLY 10 TO 20 STUDENTS PER GROUP )	
ஆங்கில வகுப்பு ENGLISH CLASS	MONDAY, TUESDAY AND THURSDAY	10 AM TO 12 PM	FREE	ABOVE 18 years	
தையல் செயல்பாடு TAILOHING ACTIVITY	WEDNESDAY FRIDAY AND MONDAY, TUESDAY AND THURSDAY	11 AM TO 1 PM AND 2 PM TO 4PM	FREE	ABOVE 18 years	
EVENING TUITION CLASSES	MONDAY TO SATURIDAY	6 PM TO SPM	FREE	From 1 <sup>st</sup> Grade to 10 <sup>th</sup> Grade	
உடற்பயிற்கி Prostal Prosess	SATURDAY	9AM TO 10 AM	FREE	ABOVE 8 years	
ஓவியம் PAINTING	SATURDAY	11:30 AM TO 12:30 PM	FREE	ABOVE 8 years	
மீள் சுழற்சி UPCYCLING	SATURDAY	2 PM TO 3 PM	FREE	ABOVE 8 years	
ஹிப்-ஹாப் HIP-HOP	SATURDAY	3:00 PM TO 4:0 PM	FREE	ABOVE 8 years	
பரத் நடனம் BHARAT NAATTIYAM	SATURDAY	4:00 PM TO 5:00 PM	FREE	ABOVE S years	
Approximately 12 (Someonia ultiflu actionfl EXHIBITION ON MOTHERS 12 QUALITIES	alanjalab - 800N	elimpeleb - 800N	all-my atain - 800N		

Please click <u>HERE</u> to see the program in full or scan QR code:

## FOODS, GOODS & SERVICES

### WE CAN HELP TO FIX ALL YOUR BROKEN ITEMS

**New Waves**, a unit registered under Kattidakali Trust located in Aurelec Premises, Prayogashala, Auroville is offering the services of **PCB Assembly, SMD soldering**, **de-soldering** and **minor repair of appliances**.

The unit can also undertake sub-contract of your production work on job work basis.

If you have any requirements, please contact Dhandapani, Executive at 0413-2622295,

Mobile 9443090082 / 8098193820 or via e-mail to newwaves@auroville.org.in

#### YOUTH CENTER PIZZARIA



8428061801



Youth Center International O @youthcenterauroville



#### STUDIO BASED ART THERAPY AND COUNCELING

tialovesart@gmail.com / www.createandtransform.org

### CREATE AND TRANSFORM STUDIO BASED ART THERAPY AND COUNSELING

individual \* group \* family



Therapy can be creative and nonthreatening for help with:

- Anxiety
- Depression
- Trauma
- Life Issues

#### Trauma Informed Art Therapy & Counseling:

- Client Centered,
- · Strength Based,
- Solution Focused,
- Incorporating CBT and a creative, eclectic tool box.



### Tia Pleiman, MA, ATR, NCC, LPC

tialovesart@gmail.com www.createandtransform.org WA 7094007610

Aurelec, Kuilapalayam, Auroville

#### **AUROVILLE LIBRARY TIMINGS**

Auroville Library opening timings:

Mon - Sat: 9am - 12.30pm

Mon, Wed, Thurs, Fri & Sat: 2pm - 4.30pm

Tues: 4pm - 6.30pm

Every Saturday between 10am -11am: Children's storytime!

# **SOLITUDE FARM - 2023** Farm



Solitude has a small farm shop which is stocked daily with fresh seasonal produce.

There are also some ayurvedic powders such as giloy or guava leaf and also chilli powder, turmeric, pickles and dried flowers. Solitude also runs a C.S.A. fruits and vegetables basket service where people sign up in advance for a basket of seasonal produce.

- Papayas
- Assamese giant lemons
- Pineapple
- Plantain
- Bananas
- · Wild spinach
- · Wild salad greens
- Sundakkai
- Banana stemBanana flower

#### Cafe

The cafe runs from Monday to Saturday serving a local food vegan thali.

We also serve farm salads, smoothies, desserts, vegan coffee etc...

The cafe runs a lunch scheme.

#### **Education**

Solitude farm runs mini permaculture workshops during the week (Wednesdays and Fridays) and longer weekend workshops on a monthly basis. Pricing is flexible for Aurovillians.

#### Tour

Every Saturday we offer a free tour of the farm sharing the narrative and philosophy in practice of how a food forest can emerge through natural farming and permaculture.

#### Volunteers

Solitude Farm is happy to welcome volunteers.

Timings 8:00 am -12:30 pm

We offer breakfast, tea and lunch.

#### **Opportunities**

Solitude Farm Cafe is looking for a serious person to manage the POS and accounts, stock, excels etc for the cafe and farm. Replying to emails and calls.

Solitude Farm is looking for people to help with the educational workshops.

To find out more:

email: solitudepermaculture@gmail.com

whatsapp: 9843319260

Solitude farm & café Auroville

Solitude Farm

# AIRCON CLEAN OFFERS COMPREHENSIVE AIR CONDITIONER CLEANING SERVICE KNOWN AS "JET SERVICE".



The Jet Service includes not only the filter cleaning but also indoor cooling coils, blades, and blower wheels, indoor cooler drain tray cleaning and outdoor unit with AC jet pump.

After a cleaning service your air is fresh and healthy, reducing sickness and helping you live a healthier life.

Save up to 30% power usage with a regular cleaning service.

Contact **AIRCON CLEAN** now at 9786809518 or email us at <u>airconclean.av@gmail.com</u>

Regards, Julien.

#### RAPID CARE SERVICES RCS

Dear Residents,

We are happy to announce that Rapid Care Services have successfully completed one year. We began operations in December 2022.



It has now been one year since we began serving the community. We take this opportunity to thank all the people who believed in us.

The support offered and shown by our customers played a big role in our growth.

For celebrating our anniversary, we would like to work on a discount basis in our service charges than we usually do for the entire month of December.

To avail this offer kindly take a look at all the work that we offer. Please reach out to us for any enquiries that need our assistance to fix your home or any infrastructure.

Look forward to your continued use of our services in the future.

#### **Our Services:**

- Carpentry
- Masonry renovations and remodulation
- Plumbing
- Aluminum channel work
- Electrical
- Steel Fabrication work
- Painting Interior, Exterior, Floor Waxing, Powder coating,
- Insect Treatment
- Fencing
- Washing machine repair & installation,
- A/c repair and installation,
- Inverter repair and installation,
- Dth repair and installation and
- Furniture purchase assistance

Our Works - <a href="https://drive.google.com/drive/folders/1Y-">https://drive.google.com/drive/folders/1Y-</a> nz nyWpX9 3NU--wgwcZcgS0bRqEBa

Best regards,

Balaji & Arun for Rapid Care

Contact: + 91 8270071581 / +91 7639810621

Email: rapidcare@auroville.org.in, rcsrapidcareservice@gmail.com

Instagram - https://instagram.com/rapidcare1?

igshid=MmVIMjlkMTBhMg==

#### **HEMPLANET**



#### Discover the Magic of Hemp at Hemplanet!

Dive into a world of nourishing hemp delights at our Hemp Store. From the heartiness of hemp hearts, the richness of hemp seed oil, to the rejuvenating touch of hemp body care, we've got it all. Whether you're a hemp enthusiast or just curious, come chat with us and explore the wonders of hemp!

- · Hemp Hearts
- Hemp Seed Oil
- Hemp Protein Powder
   Hemp Balms
- Hemp Granola Bars
- Hemp Pasta & more!
- Hemp Seasonings

### Hemp Food Selection: Hemp Body Care Treasures:

- Hemp SoapsHemp Shampoos
- Hemp Body Butter
- Hemp Seed Oil

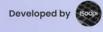
Visit Us: Mon-Sat, 10am - 4:20pm

Location: Reve Area, 1st Floor, Building 1, Auroville Step into the Hemp Haven and embrace nature's gift!

#### **JOIN DROPZY**

# Products and services from in and around

Auroville.





Dropzy is a mobile app platform for ordering and accessing information from a wide range of in and around Auroville eateries, grocers, bakers, farms, expertise/experts, therapists etc and has partnered with ITS (Integrated Transport Service) whose delivery personnel will pick up the orders from the outlets/stores and deliver them to the customers at their convenience.

Dropzy works by providing a complete ordering and delivery solution that connects the existing neighborhood outlets/stores with the comfort and convenience of ordering from home.

Find new customers, build your business and grow your sales. Increase your visibility and order volume, drive more revenue and improve profitability with help from Dropzy.

Contribution based

#### Register your Unit/Activity

Click on this link: www.dropzy.in/join-dropzy

### SUPPORT NEEDED



#### **NEED NEW OR OLD MOBILE WHICH IS FUNCTIONING**

Dear Community,

I'm reaching out to you for some help. My smartphone is quite old and in the last months it was not functioning well. Does any of you have an old and unused smartphone in good condition to gift to me? That would be very helpful!!

As I'm teaching sports and taking care of Giuseppe (Certitude) I need to take pictures. If you prefer to support and donate directly to me you can transfer funds to my FS account 106837 To buy a new phone I would approximately need Rs.19000

With gratitude

Anand

If you need any clarifications please call me: 8682043919

#### AVAILABLE

#### AVAILABLE TABLE

Folding Wall Mounted Desk/ Table. Glossy Finish Plywood. It can be used as an office table, to study or work with your Laptop. Brown (56 \*67.5 cm).

Phone: 8148790563 Submitted by Parisa

#### LOOKING FOR

#### **HOUSE SITTING**

Hi dear Community,

I am a long-term SAVI VOLUNTEER, a mature woman who is Responsible, Resourceful, and Reliable.

I am ready to accept a House Sitting opportunity, from January onwards. Preferable is a long-term situation.

Thank You for all Assistance in this Search 🔆 Chandra, the elder

WApp: +91 85310 33318 chandrag108@gmail.com







Ambulance (24/7):	
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Auroville PIMS 9442224680 0413 2656271

#### Security (24/7):

AV Safety &	Auroville	Kottakuppam	Vanur Fire
Security Team	Police Station	Police Station	Station
9443090107	0413 2677318	0413 2236148	0413 2677368

#### Health:

 Health Center
 Santé
 Farewell

 0413 2622123
 0413 2622803
 8903836246

#### Mental health 24/7 support:

Vandrevala Foundation +91 9999666555

India Emergency Response Service (24/7): 108



# ACCESSIBLE AUROVILLE PUBLIC BUS

avbus@auroville.org.in / +91 94430 74825

Auroville TO PONDICHERRY						
	Trip 1	Trip 2	Trip 3			
Svaram Musical Center	7:00	8:50	14:50			
Vérité Guest House - Junction	7:02	8:52	14:52			
Town Hall - Main Parking	7:06	8:56	14:56			
Solar Kitchen (Ex Round About)	7:10	9:00	15:00			
Certitude Entrance	7:12	9:02	15:02			
New Creation Road	7:17	9:07	15:07			
SBI Bank—Kuilapalayam	7:19	9:09	15:09			
ECR Junction—Aroma Guest House	7:23	9:14	15:14			
Quiet Healing Center—Junction	7:26	9:17	15:17			
Lotus Hotel—S.V Patel Salai	7:36	9:30	15:30			
Ashram Road Junction	7:38	9:33	15:33			
Ashram Dining Hall	7:40	9:35	15:35			
Pondicherry TO AUR	OVILLE					
	Trip 1	Trip 2	Trip 3			
Ashram Dining Hall	8:00	12:15	18:10			
Ashram Road Junction	8:02	12:17	18:12			
Lotus Hotel—S.V Patel Salai	8:07	12:22	18:17			
Quiet Healing Center—Junction	8:17	12:32	18:27			
ECR Junction—Aroma Guest House	8:20	12:35	18:30			
SBI Bank—Kuilapalayam	8:25	12:40	18:35			
New Creation Road	8:27	12:42	18:37			
Certitude	8:32	12:47	18:42			
Solar Kitchen (Ex Round About)	8:34	12:50	18:44			
Town Hall - Main Parking	8:38	12:54	18:48			
Vérité Guest House - Junction	8:42	12:58	18:52			
Svaram Musical Center	8:45	13:00	18:55			

- Monthly Rs. 800: Aurovilians & Newcomers, No validity
- Student Pass Rs. 1200 per month/ 24 days round trip
- · Rs. 150 Round trip for Aurovilians & Newcomers
- · Rs. 200 Round trip for guests

**Bus passes** are available at Auroville Vehicle Service, Town Hall, Auroville, 0413 2623302



### **AV RADIO**

Dear Aurovilians,



Your favourite radio is always working for you. Stay tuned! <u>Here</u> you can listen to the stream channel (playing 24/7). Here you can see on-air schedules.

#### Last published podcasts:

- Exploring Education in Arts, Animation and Filmmaking – Ep. 26 "Animation – Birth of an Art Form – Contd..." (Cinema)
- Seeking Our Inner Being Se. 1, Ep. 3(Spirituality)

Auroville Radio Tv is maintained and supported with the help of a small town budget and voluntary donations. If you as Aurovilian wish, **make a donation to F.A. number 0867**.

Thanks for your help!

....and more! on <a href="mailto:www.aurovilleradio.org">www.aurovilleradio.org</a>
For more information write to <a href="mailto:radio@auroville.org.in">radio@auroville.org.in</a>
Peace and love

Peace and love Regards, AvRadio team



### **CINEMA**



presents a "CINE-MASTER CLASS"

on **SUNDAY 17 DEC. 4.30 - 7.45 pm at Aurofilm** (Kalabhoomi, next to CRIPA)

If you like to discuss, share, and learn more about cinema, we invite you to our **Cine-Master classes!** Welcome to this chapter led by **Jeanluc Buro** on "**BLOW UP**" produced by **Michelangelo Antonioni** in 1966.

Overview: A counter-cultural masterpiece about the act of seeing and the art of image making, Blow-Up takes the form of a psychological mystery. It was Italian director Antonioni's first entirely English-language film and it starred David Hemmings alongside Vanessa Redgrave and Sarah Miles. It also featured 1960s top-model Veruschka. The film plot was inspired by Julio Cortázar's short story "Las babas del diablo" (1959) based on a story told by the great Chilean photographer Sergio Larrain. Blow-Up would inspire subsequent films, including Francis Ford Coppola's The Conversation (1974) screened recently and Brian De Palma's Blow Out (1981). In an interview at the time of the film's release, Antonioni stated that the film "is not about man's relationship with man, it is about man's relationship with reality". Blow-Up won the Palme d'Or at the Cannes Film Festival, 1967. Jeanluc says he chose Blow up "not only because it is a great mystery thriller by an essential director Michellangelo Antonioni, but because of timelessness. It lets people understand how was the world, in the early beginning of Auroville."

**Synopsis:** During the Swinging-London 1960s, Thomas, a London photographer believes he inadvertently photographed evidence of a murder only to have the evidence mysteriously disappear. His blowing up of pictures he secretly took in a park reveal a murder in progress. Or do they? (Original English version with Eng. subtitles. Duration: 1h.51')

**Jeanluc Buro** was a photographer in France from the 80s, known as a portrait and fashion-beauty photographer. He documented the underground music scene in France. He gave classes on Communication in Cinema in ESSIEE, Paris (Aeronautic School of Engineering). He is a video artist and is part of the organising team of the Auroville Film Festival.

#### **AUROFILM IN YOUTUBE**



As part of Aurofilm's outreach activities, since 2021, Aurofilm created its YouTube channel with the purpose of sharing its cultural programs and film productions with the larger community and also as a contribution to the Auroville Archive!

We will start sharing our programs and archives in the News and Notes from time to time, and with this opportunity we are sharing our recently recorded playlist with all the participants of the Auroville singing festival 2023, which took place at CRIPA on October 14th and 15th, click the below links:

- AV Singing festival 2023, first day
- AV Singing Festival 2023, second day

Soon we will share the documentary of the AV Singing Festival 2023 we are making, with interviews and extracts of the event...



presents at MULTI MEDIA CENTRE AUDITORIUM (MMC, Town Hall)

Reminder: FRIDAY 15th "ANATOMY OF A FALL" by Justine Triet, France, 2023

and FRIDAY 22nd DECEMBER, 8:00 pm THE BIG BAD FOX AND OTHER TALES...

(Original title : LE GRAND MÉCHANT RENARD ET AUTRES CONTES...)

Benjamin Renner and **Patrick** Directed bv Imbert, France/Belgium, 2017

Synopsis: An animated comedy, the film is made of three short stories, all adapted from the comic strips of the same name by Benjamin Renner, the best known of which, The Big Bad Fox, was published in 2015. The film begins in a theater with a group of animals preparing a show. The Fox, the host of the show, tells the audience they will share three different stories: The Baby Delivery, The Big Bad Fox and Saving Christmas most of which take place on a farm led by animals. Then the play begins when everybody is finally ready!

Come and enjoy the original and hilarious stories (and animation) for the special time of Christmas! For the general audience.

Original French version with English Subtitles. Duration 1h20'

#### THE ART OF PITCHING, IMPACT & DISTRIBUTION

- · How to find the core of your story;
- Development of your project & art of pitching;
- How to make your local story become global success;
- What is the producer's role and creative producing;
- Audience development, festivals & distribution strategies;

Join the 5 days Creative Retreat and learn more about the self and the practical know-how from award winning producer and distributor Irena Taskovski.

From 3rd to 7th January in Auroville

To know more about the art of pitching, please visit: https://filminstitute.auroville.org/2023/11/25/the-art-of-pitching Or message +91 9969879319

To know more, please visit:

https://filminstitute.auroville.org/2023/05/14/real-sites-to-cinematic-

Or call +919969879319 (whatsapp & telegram)





#### CONTEMPORISING – KATHA SARIT SAGARA



A Creative Reading and Writing Workshop

12 Weekends, Online. Starting 17th February 14:30 to 18:30 IST.

With Kamal Swaroop

To know more, please visit:

https://filminstitute.auroville.org/2023/11/18/contemporising-katha-saritsagara/

Or call +919969879319 (whatsapp & telegram)



# THE FRENCH PAVILION PRESENTS A Quest for Meaning

(En Quête de Sens)

A Film

By Nathanaël Coste et Marc De La Ménardière Saturday 16th December 2023 at 5pm

Town Hall - Cinema Paradiso in French with English Subtitles, duration: 1h27

AQUEST EMEANING A journey above and beyond your beliefs

A Quest for Meaning tells the story of an impromptu road-trip undertaken by two childhood friends looking to understand the causes of the world's crises and to find a way to bring about change. Neither fiction nor non-fiction, neither fully objective nor overly sentimental, this film is above all a road-movie revealing the profound aspirations of a whole generation, in search of wisdom and common sense... Through the words of activists, biologists, philosophers, or guardians of ancestral traditions, Marc de la Ménardière and Nathanael Coste invite us along on their questioning of the world, and present us with alternatives that are already building the world of tomorrow. They will meet Pierre Rabhi, Vandana Shiva, Bruce Lipton, Satish Kumar amongst many others... An inspiring, life-changing journey that renews our confidence in our capacity to bring about change, within ourselves and within society.

Trailer: https://www.youtube.com/watch?v=kx9MiTrllIY



Dear All:

Cinema Paradiso brings you films for six evenings and a children's matinee on Sundays. These films are not for casual entertainment but rather a window of the world, people, their character, culture, and Nature. It is to develop a deeper appreciation for the world, for each other and the art of filmmaking.

The films are meant for members of the community and interested people in the bioregion. Anyone else is welcome but only if it does not disrupt the atmosphere. To ensure that, for now we are requiring people to arrive at least 15mins ahead of posted time (i.e., 7:45pm for evening screenings) and be seated by 8:00pm. Also, a reminder that no food and beverage should be at the venue at any time, and during the show, no chit-chats or cell phones please.

We will try this for now. If this does not work, we will have to think of more stringent measures.

Thank you for understanding and for your cooperation!

With warm regards

Multimedia Center-Cinema Paradiso (MMC-CP) team



#### Multimedia Center (MMC) Auditorium

Film program 18 December 2023 to 24 December 2023

Cinema Paradiso-Multimedia Center is now in operation at 100% seating capacity. However, if you want to wear a mask it is your choice.

To organize the seminar/program please email us. Our projector is crawling towards the end of its life. It has served well, but it is time for us to look for a new one. For this or to support our work you could financially support us. Please find necessary details at the end of this note.

## Indian and diaspora – Monday 18 December, 8:00 pm:

#### • GHOOMER (Spinner)

India, 2023, Writer-Dir. R. Balki w/ Saiyami Kher, Abhishekh Bachchan, Shabana Azmi, and others, Drama-Sports, 135mins, Hindi w/ English subtitles, Rated: NR (PG)

Anina, a young woman batting prodigy, loses her right hand in an unfortunate accident on the eve of her international cricketing debut. An unsympathetic, failed, and frustrated cricketer Paddy enters her life. Foul mouthed Paddy gives her a new dream, and transforms her fate with the most innovative training and transformed her to a bowler, with a new spin to bamboozle the opposition. The film is inspired by the true story of Károly Takács, the late Hungarian right-hand shooter who won two Olympic gold medals after his right hand was seriously injured. It is one of the most acclaimed films, praised for its well-knit storytelling and stellar performance. *Don't Miss!* 

# Potpourri – Tuesday 19 December, 8:00 pm:

#### PEE-WEE'S BIG HOLIDAY

USA, 2016, Dir. John Lee w/ Paul Reubens, Jordon Black, Doug Cox, and others, Comedy-Family, English w/ English subtitles, Rated: PG

A fateful meeting with a mysterious stranger inspires Pee-wee Herman to take his first holiday ever in this epic story of friendship and destiny.

# Interesting – Wednesday 20 December, 8:00 pm: • INSIDE THE MIND OF A CAT

USA, 2022, Dir. Andy Mitchell w/ Neil Wilson, Bruce Kornriech, Kristyn Vitale, and others, Documentary, 67mins, English w/ English subtitles, Rated: PG

Cat experts dive into the mind of the feline to reveal the true capabilities of the pouncing pet in this captivating film. Even if you are not a cat person, you simply cannot miss this!

# Selection - Thursday 21 December, 8:00 pm: • THE LAST VERMEER

USA, 2019, Dir. Dan Friedkin w/Guy Pearce, Claes Bang, Vicky Krieps, and others, Drama-War, English w/ English subtitles, Rated: R

This film is based on a novel that is based on the true story of Han van Meegeren, the Dutch artist and dealer. He was charged with collaboration with the Nazis for selling a Vermeer masterpiece to Hermann Göring, one of the most powerful leaders of the Nazi party. In this fascinating tale Van Meegeren was able to prove his innocence by showing that the painting in question was not a Vermeer but was after all his own forgery. *Don't miss!* 

#### International – Saturday 23 December, 8:00 pm:

#### CATERING CHRISTMAS

Canada-USA, 2022, T.W.Peacocke w/Merritt Patterson, Daniel Lissing, Michael Hanrahan, and others, Comedy-Romance, 86mins, English w/ English subtitles, Rated: G

Fledgling caterer Molly is hired by perfectionist Jean Harrison for the renowned Harrison Foundation's annual Christmas Gala. Things get complicated when she falls for Jean's nephew, Carson, a photographer with no desire in the foundation. Molly shows him all the good his family can provide.

# Children's Matinee - Sunday 24 December, 4:00 pm: • LYLE LYLE CROCODILE

USA,2022, dir. Josh Gordon & Will Speck, Javier Bardem, Winslow Fegley, Shawn Mendes, and others, Adventure-Family, English with English subtitles, Rated: PG

Follows the title reptile who lives in a house on East 88th Street in New York City. Lyle enjoys helping the Primm family with everyday chores and playing with the neighborhood kids but one neighbor insists that Lyle belongs in a zoo. Mr. Grumps and his cat, Loretta, do not like crocodiles, and Lyle tries to prove that he is not as bad as others might first think.

# KUROSAWA'S SAMURAI MOVIES @ Ciné-Club: Ciné-Club Sunday 24 December, 8:00 pm:

#### YOJIMBO

Japan, 1961, Dir. Akira Kurosawa, w/ Toshirô Mifune, Tatsuya Nakadai and others, Drama -Action, 110 mins, Japanese w/ English subtitles, Rated: NR.

Set in 19th century Japan, a wandering samurai who arrives at a rural town that's been torn apart by daily massacres carried out by the two criminal gangs living on opposite sides. He decides to play one side off against the other while the two rival bosses try to hire him as their bodyguard but his plan is soon complicated by the arrival of one of the gangsters' son, who wields a revolver.

Rating codes we often use are from Motion Picture Association of America (MPAA): G=General Audiences, PG=Parental guidance suggested, PG-13=Parents strongly cautioned, R=Restricted (equivalent to Indian rating: A i.e. for Adults), NR=Film Not rated, Rating awaited, or Rating not available.

For scheduling programs at MMC/CP venue: please email us at mmcauditorium@auroville.org.in. We appreciate your continued support. Pl donate to "Cinema Paradiso" (account #105106) or set up for a monthly contribution.

Thanking You, MMC/CP Group Account# 105106, mmcauditorium@auroville.org.in



# FO GROUPS NEWS

(not selected by due Residents Assembly process)

## FROM THE FO WC AND ATDC - FO N&N 1004

### WORKING COMMITTEE REPORT of the AuroOrchard issue

#### Background to the land exchange for AuroOrchard

- The land at AuroOrchard was bought for the Mother like many other land parcels acquired for the Auroville Township at the time when she was still present. Not all city area lands are being used as they should be and some are encroached.
- Once the Township area was fixed with the Banyan tree as the center, the city area became a priority to acquire once the Auroville Foundation Act came into place. As there was not enough money to buy everything, one option was to sell or exchange outlying land that was not part of the master plan.
- However, exchange of land was not possible then as per Gol instructions. Several requests were sent to the Ministry by previous Secretaries of the Auroville Foundation over the years to allow exchange of Auroville lands to buy city lands for consolidating the city area.
- The landowner of a crucial piece of land on the Crown only wanted an exchange with a portion of land at AuroOrchard. This is the case with most landowners in the city area who only want to exchange, not sell.
- As this was not immediately possible, the present Secretary initiated a negotiation with the said landowner to buy his land, as it was crucial for the Crown work now underway. Unfortunately this was called off as he received pressure from 'some people' not to do so.
- Meanwhile government clearance to do land exchange for the city was granted and the said landowner went back to demanding the AuroOrcahard part in exchange despite being proposed several other plots.
- On the recommendations of the Land Committee, the Governing Board has now cleared the exchange of Auro Orchard land, it will have to go ahead and the Foundation has to find a reasonable solution.

#### Details of the Exchange

- According to the Auroville Foundation: after assessing the land, they marked areas mostly unused and not under any cultivation.
- They made sure to leave out houses and cultivated land.
- A cowshed remains which can be moved and which the new landowner to whom the land has been exchanged is open to help build and fund; He has also offered to help to dig a bore well which now falls on the other side.
- This person has offered Auroville 14.135 acres with 7.66 acres in the city area and 6.475 acres in the Greenbelt. In exchange Auroville is giving him only 10 acres of land.

Out of the 46 acres in the complex, approx. 15 acres are being fully used. However, out of 46 acres at Auroorchard/ Hope only 16 acres are being proposed for exchange leaving 30 acres for Auroorchard.

#### Going Forward

 It is important to find a harmonious agreement for the sake of Auroville which will go a long way and have good relations with the new neighbor so there are no interferences or acrimonious incidents in the future.

#### Addressing False Statements

- · No houses are being touched
- The coconut grove is not being taken
- The Foundation team met with the people on the farm before taking a decision unlike what is being insinuated.
  - A video has been circulated by a group implying that the Mother came to Auro Orchard by conflating a video of the Mother's visit to New Horizon Mills. This is truly deplorable, specially when done in the name of Consciousness.

It is time, after 55 years, to start collaborating to find the best solutions for Auroville instead of persisting with blockades and resistances which are not helping us. Some give and take by Aurovilians will help achieve the land needed for the city area that the Mother had approved, for the city She wanted to complete in 20 years. Fortunately, discussions are on and we are hoping for a positive outcome.

Also <u>attached</u> is the 2013 letter of Dr Karan Singh, former Chairman of the Governing Board, to the residents of Auroville, to see how long this problem has persisted and is self explanatory under the circumstances.

Joseba, WC member.

#### ATDC APPLICATION ANNOUNCEMENT 07-12-2023



Following the feedback period, the following application's Site Approval has been reassessed and rescinded:

#### AUROYALI—Site Application

- Applicant/s: Mohan Jayaraman, Rena, Subbulakshmi
- Location/area: Outside Master Plan
- Area for which approval is sought: 15,478 sq.m.
- Project brief: Auroyali is a construction unit in Auroville under Kattida Kalai Trust. The unit had a site and workshop in the International Zone, which was temporary and was always intended to be moved to another location.

Rescinded approval for: Plot no. TH 165/8 (behind Grand Serena Hotel) and the adjacent plot no. TH 164/3 for temporary approval.

Next course of action: L'avenir d'Auroville will find a suitable alternative for the unit, currently and temporarily located in the International Zone.

#### Constructive feedback guidelines

Till 2022, while giving permissions, we have asked the project team to include approval from the neighbors. This has no resonance with the ideals of Auroville where we committed to a life guided by no desire, no preferences and no sense of ownership. This 'approval from the neighbors' is no longer part of the application process as this has no place in Auroville.

Similarly when we publish projects for approval, we will discard all personal feedback with respect to 'neighbors choosing neighbors' or 'neighbors choosing development guidelines'. All other feedback is welcome and will be part of the process.

No matter the personal opinions and attachments some may have regarding some projects, we take this opportunity to invite Aurovilians to use a tone in their feedback, inspired by The Spirit of Auroville, Human Unity and progressive harmony.

 To contact L'avenir d'Auroville (ATDC) write to: avenir@auroville.org.in

Warm regards, Dr G. Seetharaman (MS), Govind, Jaya, Ponnusamy, Sindhuja & Toby