

Auroville

NEWS & NOTES

No 999 - A weekly bulletin for residents of Auroville

2 November 2023

RA EDITION



PONDERING

4. Work, even manual work, is something indispensable for the inner discovery. If we do not work, if we do not put our consciousness into matter, matter will never develop. To allow the consciousness to organise a little matter by means of one's body is very good. To create order around us helps to create order within us.

We should organise our lives not according to outer artificial rules, but according to an organised inner consciousness, for if we let life go on without subjecting it to the control of the higher consciousness, it becomes dispersed and inexpressive. It is a waste of time in the sense that no conscious use is made of matter.

~ 13th June 1970

The Mother - To be a true Aurovilian
Words of the Mother

<https://dream.books.prisma.haus/en/to-be-a-true-aurovilian/>



HOUSE OF MOTHER'S AGENDA



(continued from last week)

This passage is the stage at which the supermind gnosis can take over the lead of the evolution from the overmind and build the first foundations of its own characteristic manifestation and unveiled activities; it must be marked therefore by a decisive but long-prepared transition from an evolution in the Ignorance to an always progressive evolution in the Knowledge. It will not be a sudden revelation and effectuation of the absolute Supermind and the supramental being as they are in their own plane, the swift apocalypse of a truth-conscious existence ever self-fulfilled and complete in self-knowledge; it will be the phenomenon of the supramental being descending into a world of evolutionary becoming and forming itself there, unfolding the powers of the gnosis within the terrestrial nature. This is indeed the principle of all terrestrial being; for the process of earth-existence is the play of an infinite Reality concealing itself first in a succession of obscurely limited, opaque and incomplete half-figures which by their imperfection and character of disguise distort the truth of which they are in labour, but afterwards arriving more and more at half-luminous figures of itself which can become, once there is the supramental descent, a true progressive revelation. The descent from original supermind, the assumption of evolutionary supermind is a step which the supramental gnosis can very well undertake and accomplish without changing its own essential character. It can assume the formula of a truth-conscious existence founded in an inherent self-knowledge but at the same time taking up into itself mental nature and nature of life and material body. For the supermind as the truth-consciousness of the Infinite has in its dynamic principle the infinite power of a free self-determination. It can hold all knowledge in itself and yet put forward in formulation only what is needed at each stage of an evolution; it formulates whatever is in accordance with the Divine Will in manifestation and the truth of the thing to be manifested. It is by this power that it is able to hold back its knowledge, hide its own character and law of action and manifest overmind and under overmind a world of ignorance in which the being wills on its surface not to know and even puts itself under the control of a pervading Nescience. But in this new stage the veil thus put on will be lifted; the evolution at every step will move in the power of the truth-consciousness and its progressive determinations will be made by a conscious Knowledge and not in the forms of an Ignorance or Inconscience.



As there has been established on earth a mental Consciousness and Power which shapes a race of mental beings and takes up into itself all of earthly nature that is ready for the change, so now there will be established on earth a gnostic Consciousness and Power which will shape a race of gnostic spiritual beings and take up into itself all of earth-nature that is ready for this new transformation. It will also receive into itself from above, progressively, from its own domain of perfect light and power and beauty all that is ready to descend from that domain into terrestrial being. For the evolution proceeded in the past by the upsurging, at each critical stage, of a concealed Power from its involution in the Inconscience, but also by a descent from above, from its own plane, of that Power already self-realised in its own higher natural province. In all these previous stages there has been a division between surface self and consciousness and subliminal self and consciousness; the surface was formed mainly under the push of the upsurging force from below, by the Inconscient developing a slowly emergent formulation of a concealed force of the spirit, the subliminal partly in this way but mainly by a simultaneous influx of the largeness of the same force from above: a mental or a vital being descended into the subliminal parts and formed from its secret station there a mental or a vital personality on the surface. But before the supramental change can begin, the veil between the subliminal and the surface parts must have been already broken down; the influx, the descent will be in the entire consciousness as a whole, it will not take place partly behind a veil: the process will be no longer a concealed, obscure and ambiguous procedure but an open outflowing consciously felt and followed by the whole being in its transmutation. In other respects the process will be identical, — a supramental inflow from above, the descent of a gnostic being into the nature, and an emergence of the concealed supramental force from below; the influx and the unveiling between them will remove what is left of the nature of the Ignorance. The rule of the Inconscient will disappear: for the Inconscience will be changed by the outburst of the greater secret Consciousness within it, the hidden Light, into what it always was in reality, a sea of the secret Superconscience. A first formation of a gnostic consciousness and nature will be the consequence.

(to be continued next week)

— Sri Aurobindo . THE LIFE DIVINE

https://sri-aurobindo.co.in/workings/sa/37_21_22/the_life_divine_21_22.pdf

With love and gratitude,
Gangalakshmi (HOMA)



HARD DEADLINE FOR SUBMISSIONS: TUESDAY 5PM

The content of News & Notes is a reflection of the growth process of this community towards its ideals of Harmony, Goodwill, and Truth. Editing of submissions, mainly for reasons of space and clarity, is done according to an established policy.

How to submit material:

- Max size of posters should be 1 MB, in JPEG format. Bigger posters will be reduced or cropped to fit.
- Please AVOID CAPS letters
- Material (no pdf files, please) may be sent in English only to **newsandnotes@auroville.services**
- Articles for the Notes section should ideally be no longer than 500 words.
- Please try your best to send your announcements, reports, film schedules whenever they are ready. Any modifications of submitted News items must be sent to the editors before **Tuesday 5pm.**

DISCLAIMER:

Please note that the opinions and views expressed on these pages are solely those of the respective authors or work groups and do not necessarily reflect the position of the editors or the larger Auroville community. The News & Notes aims to provide a platform for the publication of diverse perspectives and voices from multiple sources within Auroville.

While our editors strive to ensure the accuracy of the information presented, we cannot guarantee that all information is free from error or omission. Additionally, we cannot be held liable for any alleged misinformation provided or offence caused by the content published.

In the event of any dispute, we encourage readers to consult with the Auroville Council, and we reserve the right to suspend the publication of disputed material. Our commitment to providing an open and inclusive platform for dialogue and exchange of ideas remains steadfast.

The News and Notes team
newsandnotes@auroville.services

LIST OF ACRONYMS:

AVF (Auroville Foundation), **AVFO/FO** (Auroville Foundation Office), **GB** (Governing Board), **RA** (Residents Assembly)

The following groups are divided in two categories: The groups selected by the Residents Assembly through Community decision making Processes and the groups put together by the GB and the FO (not recognised by the Residents Assembly).

Working groups selected by the Residents Assembly:

Working Committee (WCom)
Funds and Assets Management Committee (FAMC)
Budget Coordination Committee (BCC)
Town Development Council / L'avenir d'Auroville (TDC)

Auroville Council (AVC)
Entry Service (ES)

FO selected groups:

Working Committee (WC)
Funds and Assets management Committee (FAMC)
Budget Coordination Committee (BCC / BCS)
Auroville Town Development Council (ATDC)

Housing Service (HS)
Land Board (LB)

NOTE FROM THE EDITORS

Dear Community,

Tamil and French N&N:

You can now download the Tamil and French Editions of the N&N.

Important call for support:

The RA Edition of the News&Notes (RA N&N) is made by and for the residents, and can only exist with your support. So far, printing and distribution costs have been covered by private donations but we are now facing a shortage of funds. We call for the community's **solidarity** and **financial support** to fund the printing and distribution of our News&Notes.

To contribute to the RA N&N, you can do so by donating to: "NEWSLETTER COLLECTION" **FS #252150**. Gratitude in advance for the support!

Reminder:

- If you wish for your events, workshops, and other content to be published in the RA N&N please send it to: newsandnotes@auroville.services.
- Please do NOT write to us from an @auroville.org.in mail ID, your submissions will not reach us. If you only have an auroville.org.in mail ID, please use this [FORM](#) to send us your content.

Read past issues and subscribe [HERE](#).

We look forward to continuing to serve the over 3000 readers who receive the RA N&N as well as serving the Auroville community as a whole by providing a platform for all perspectives to be shared with respect.

In community,

The RA Community Edition News and Notes Team

WORKING GROUPS NEWS

FROM THE ENTRY SERVICE

ES # 204 DATED: 02-11-2023

The following people have been recommended by the Entry Board to join our community. Please share your feedback within 2 weeks for potential Newcomers, Associates and Friends of Auroville and within 4 weeks for Potential Aurovilians, Returning Aurovilians, Youth and Spouse/Partner of an Aurovilian in writing to auroville.entryboard@gmail.com OR auroville.entryservice@gmail.com.

We thank you in advance.

NEWCOMER ANNOUNCED:

- **Amutha Lakshmi VELMURUGAN (Indian)** staying in Azhagu Bhoomi and working at Matrimandir & Azhagu Bhoomi Orchard
- **Anbazhagan KANNAIYAN aka Anbu (Indian)** staying in Sve Dame (Orly's) and working at Upcycling Studio



- **Niharika SANYAL (Indian)** staying in Swayam (Rohini Guest House) and working at Jeevan



CHILD OF NEWCOMER:

- **Shivani (Indian)** born on 31/05/2013 (daughter of Amutha Lakshmi)
- **Pranith (Indian)** born on 17/10/2017 (son of Amutha Lakshmi)
- **Iniyavan (Indian)** born on 12/05/2021 (son of Amutha Lakshmi)

NEWCOMER CONFIRMED:

- **Elisabetta SALPETRE (Italian)**
- **Tatiana NIKOLAEVA (Russian)**

AUROVILIAN ANNOUNCED:

- **Meenakshi Lall (Canadian)** staying in New Creation and working at UTS and Housing Service



- **Song Wan PARK (Korean)** staying in Serenity (Bebe's house) and working at Aurofilm & Korean Pavilion



NOTE:

- The Newcomer probation year becomes effective only after the NC kit has been returned and should not exceed 18 months from the date of confirmation.
- A Newcomer becomes an Aurovilian once his/her name has been confirmed by The Admission Committee (aka the Entry Board) after following due process.
- The date of becoming Aurovilian is the date of confirmation. An Aurovilian confirmed by the Entry Board is eligible to participate in all community decision-making processes.
- A confirmed Aurovilian becomes officially a Resident of Auroville once the individual has filled in and signed the B-Form and his/her name has been entered in the Register of Residents (RoR) maintained by the Auroville Foundation Office (AVF).
- A Resident of Auroville is eligible to become an executive of a Unit or Service of Auroville and to get an ID card issued by the Auroville Foundation.
- A meeting with the Secretary of the AVF will be arranged by the Entry Secretariat according to the availability of the Secretary and not at any personal request.

Yours,

The Entry Board (Alain, Grace, Jayanthi, Lakshmanan, Matilde, Sara, Sonja and Swadha)

Entry Service Timings:

Monday, Wednesday, Friday, 9:30am—12:30pm

Tuesday & Thursday: Newcomer kits, 2:30—4:30pm

Contact: 0413 262-2707, auroville.entryservice@gmail.com

Note: If you want any more information about someone, please contact the Entry Service directly for more details.

FROM THE RA WORKING COMMITTEE

CORRECTIONS TO STATEMENT MADE BY THE ILLEGITIMATE WORKING COMMITTEE REGARDING THE ONGOING RAD

Dear community,

It has come to our notice that those illegally impersonating the Working Committee (AVFO 'WC') have published a misleading statement ([attached](#)) regarding the ongoing emergency RAD.

We would like to clarify that:

1) Satprem Maini has not been issued with a Leave India Notice. He is holding an Exit Permit, which is very different.

2) The Office of the Secretary does not have the authority to decide to remove a resident from the Register of Residents, as per the Auroville Foundation Act (1988) and the Admission and Termination Regulations (2020). Only the Residents' Assembly, either directly or through a committee appointed by it for this purpose, can make this decision after following due process. Moreover, absence from India does not automatically imply removal from the RoR. As per section 6.1.ii of the Gazetted Admission and Termination regulations of 4th April 2020, removal from the Register of Resident can be examined in cases where the resident has not been residing in Auroville for a consecutive period of three years, or if a resident's behaviour may be incompatible with Auroville's ideals or the laws of India or that a resident is not engaged in any community work or meaningful activity relevant to the life and growth of Auroville, which is not the case of Satprem and Mael. Neither the Office of the Secretary nor its appointees have any role to play in this decision.

3) In a communication dated 17th October, 2023, from the GB FAMC it is stated: "As it has come to the knowledge of FAMC that Ayyappan is not in the Registry of Residence, according to Code of Conduct, he cannot be an executive of an Auroville unit." There was a joint resolution of the GB FAMC and the AVFO 'WC' attached to this communication. Why does the AVFO 'WC' now say that Ayyappan was not removed from the RoR if this is the reason given for removing him as an executive of the Earth Institute?

4) Ayyappan was aware and agreed before the start of the RAD that his name could be included.

We trust this clarifies the facts of the situation.

We take this opportunity to remind all residents that every voice matters and participation in this and all community decision-making processes is important, no matter your opinions or choices.

In community,

The Working Committee of the Residents' Assembly
Aravinda, Bharathy, Chali, Hemant, Mael (TOS), Sauro, Valli



WORKING COMMITTEE
of the Residents' Assembly
AUROVILLE FOUNDATION

FROM THE AV COUNCIL

AUROVILLE COUNCIL REPORT FOR JULY, AUGUST AND SEPTEMBER 2023

Council's communications to the Community

15/08 - [Goodwill Restoration Service Hub](#)

23/08 - [Underage driving](#)

23/08 - [Regarding Banners](#)

30/08 - [Announcement on Working Group members' selection](#)

06/09 - [Call for Resource persons](#)

26/09 - [RAS membership](#)

Various Council topics

Note sent to AVFO - wrt ROR

The Council sent an email to the Foundation Office in July requesting a copy of the ROR. A Council member also went to deliver a hard copy of the letter and was informed by the Secretary of the AVF in person that it is the role of the group of people she recognised as the Working Committee to follow up on the completion of the ROR and that they are looking into it. There has been no other update since then. The Council has not received any acknowledgment of our mail nor received a reply.

Talam and Masterlist update

It was decided between the Working Committee selected by the Residents Assembly and the Auroville Council to maintain a copy of the Masterlist, independently of the one which depends on Talam's services, to ensure its continued accuracy.

Updation of email addresses

An initiative was explored in collaboration with RAS and resource persons to update the email address for all residents. This was because since the takeover of the @auroville.org.in email service, which included the takeover of many email addresses and the blocking of certain domains and email addresses from communicating with @auroville.org.in, many of the current (new) email addresses have not been updated in the records of the Residents' Service for several reasons.

The wider intention of this initiative was to ensure that Aurovillians are able to participate in RA processes using their new email addresses. Also because RAS is no longer able to invite @auroville.org.in email addresses to participate in RA processes for several reasons.

This initiative has been suspended for the time being.

Reaching out

The Council recognised the necessity to reach out to Aurovillians who tend not to participate in community processes and are therefore left unheard in the community. It is important to try to create harmony among residents and to find out the reasons for non-participation so that the residents together can come up with solutions to encourage participation effectively. The first step for this endeavour was to contact such residents.

Further to this, it was brought to our attention by some residents that there are many people who do not feel safe in the present situation in Auroville and are apprehensive about being targeted or being pulled into a legal case. To bring more awareness and trust among the residents, the Council members are continuing to meet various people from different sectors of the community either individually or in small groups to understand and to come up with ways of connecting and communicating with all, beyond the barriers of language and other restraints.

As a priority, the Council wants to reach residents who have language restraints, for example, the Chinese, Korean, Russian, Tamil etc. and are also in the process of collecting names of representatives from each community, to create whatsapp groups so that communicating with all residents is easier and faster.

Auronet access

Although Auroville Council does not have free access to use Auronet any longer, some residents without access have expressed a wish to have their access restored. Therefore we took it upon ourselves to try to help them with this.

Two Council members met with an employee at the AV Foundation Office and asked for the list of those who still have access to their auroville.org.in email accounts, and those whose access has been rescinded.

He said that the Officer on Special Duty for the Governing Board should be contacted. The Council members phone number was taken to schedule a meeting with him but we received no invitation.

Regarding the list of names who have had their access blocked to AuroNet and how their access might be restored, they were told to contact the AuroNet admin team. A Council member organised to meet the AuroNet admin team to understand the situation but they did not appear for the meeting.

No street lights

In August an attempt was made to have the street lights reinstalled along stretches of Crown Road that were under reconstruction and in an unsafe condition. We contacted TDC and Electrical Service who both considered this situation. We were informed that the road needed to be built before the lights were installed and that the road was going to be built in the near future.

Workshop with Ginn and Letlapa from South Africa

Some of the Council members attended the "Equity Matters" workshop facilitated by Ginn and Letlapa (from South Africa) which was organised by some residents. The workshop was an attempt to bring conscious communication into awareness in daily life and approach issues with the attitude of forgiveness despite differences ([short documentary link](#)).

Conflict Resolution Council

Council has approached the CRC with the intention of strengthening the team and to look at the next steps towards making CRC independent from Council.

Migration of email domain issues

In September, with the migration of the Google domain auroville.services we experienced a lot of disruption to our work. All of the links to our files in our drive have changed which created complications.

RAS' Financial Service account blocked

RAS informed the Council and Working Committee in July that their FS account was blocked and therefore their access to funds.

FAMC member resignation

In July, we received a resignation, for personal reasons, from one of the RA FAMC members. We apologise for the lapse in not announcing it to the community.

Unity Pavillion refuses community meetings

Early in July, the UP did not allow the RAS to hold a Residents' Assembly Meeting (RAM). They received an email from the Wcom recognised by the Auroville Foundation office requesting them for highly questionable reasons not to allow any meetings for RA selected working groups.

Later in July, the Council was able to book the UP for a meeting with a group of residents as part of our push for harmonising the community.

Council Balance Sheet

We received a request from AVFO to approve and sign the Council balance sheet for last year. The signature requested was for an executive or trustee but with Council members being neither executives nor trustees, we explained the same to them and agreed to sign the copies only as team members of Council. There is an additional requirement of maintaining monthly expenses and submission to them.

Entry Board needs support

The EB expressed that it will need new members or resource persons in the near future to support their functioning. They also asked us to help them with finding resource persons.

Arbiter Coordination team member resignation

One of the Arbiter Coordination team members informed us of their resignation.

Mandates and Policies

Entry Policy

Some members of the Council are working with the Entry Board team to review the Entry policy. It's an ongoing process and will be shared with the Community once finalised.

RAS mandate and policy

Council has been working on the RAS mandate in collaboration with the RAS. We are in the process of finalising it before presenting it to the community for feedback.

Selection Process Review Task Force (SPRTF) 2023

The work of the SPRTF 2023 was finalised by the Council. This will be shared with the community shortly.

RAD Resolutions

Council created and signed two resolutions for the Emergency RADs held in August.

Auroville Council

(Ashwini, Balaji, Claudine, Philippe, Riju, Samrat, Shiva, Suryan)

CRC REPORT FOR JULY AND SEPTEMBER 2023

The Conflict Resolution Council (CRC) Subgroup of AV Council: *(for AVC: Ashwini, Suryan; Other members: Svenja, Sophie (Admin/Coordination)).*

We intend to involve more able and skilled members from the community. To know more please write to avc.conflicts@gmail.com

- The CRC was approached by a few residents with regards to a community conflict. When we offered a facilitated meeting, the community members decided to hold a community meeting amongst themselves first, where it was decided to deal with the issue internally and not to involve any outside party for the moment.
- A mediation was attempted in a community, involving the location of an improvised car parking within the community. However, the facilitation was not needed beyond a certain point, as the residents of the community managed to find a harmonious understanding amongst themselves and solve the matter at hand to the satisfaction of all parties involved.
- The CRC was alerted about a recurring aggressive dog issue. As the dog owner is not currently in Auroville and is planning to repatriate his dog to his home country, the CRC assured themselves that the dog is safely taken care of at present, before starting its trip overseas. We would like to thank all those involved in the process for the extended help and organization.
- It was brought to our attention that a finalized arbitration (2009) in the Simplicity community had not been fully implemented at the time. 2 CRC members helped to bring the matter to a harmonious closure.

Please note that for obvious confidentiality reasons, we are not reporting individual or community conflicts in our monthly reports.

Only finalized mediations will be mentioned anonymously. Arbitration and appeal processes however, will be announced upon start and completion, also in a general manner only.

Email addresses to reach out to:

Auroville Council: avcouncil@auroville.services

CRC (AVC subgroup): avc.conflicts@gmail.com

Facilitation & Mediation Coordination team:

facilitators.coordination@auroville.org.in

Mattram: maatram@auroville.org.in

AV Safety & Security team: aurovillesafety@gmail.com

OBITUARY

KLARA BROGLI LEFT HER BODY

On Monday 30 October, Klara Brogli, Aurovilian resident of Surya Nivas, left her body in her native country, Switzerland. She was 81. Due to a medical intervention which substantially reduced the quality of her existence, Klara chose for termination of her life for which In Switzerland officially recognised assistance can be found. [She had indicated to a friend that this could be shared with her Auroville family.]



Klara had been coming to Auroville since 2001 and joined in 2004 for good. She started volunteering with office work at the then Development Group and worked for years in the SEWA team where her care and support for the financially underprivileged became evident.

She was an open and curious woman, always ready to reach out and give a hand. With her background in investment banking and as a lawyer by profession, she displayed clear insight in Auroville's faring and was keen in choosing her projects. The Auroville Puncture Service was one of them, and she became its executive in due time.

Always eager to embrace new technology, Klara also had the courage to build the second steel framed house in Auroville in which she lived the last 20 years, expressing her elegant and highly aesthetic sense in finely detailed elements of house and garden.

Klara was deeply interested in Auroville's experimental organisation and collective processes. She cherished the Charter of Auroville, and had an enormous trust in Auroville's succeeding. Recent developments have shocked her to the core.

Friends will miss this fine-styled person with her free spirit henna-red hair, her strong will and independent stance, her sharp observations, and often dry humor and wit.

May you be in peace, dear Klara.

OM~



LUCAS POSADA PASSED AWAY

On 13 October, Colombian Lucas Posada arrived with his 10-year old son Salvador in Chennai to start his newcomer year in Auroville, while his wife and daughter would follow a month later.



During the night journey to Auroville, their non-AV taxi collided with a trailer that cut into them. They were taken to JIPMER where Lucas was diagnosed with multiple injuries, punctured lung, fractured leg and hip, and head concussion. The child was in shock but recovered when his mother Gloria, Lucas's wife, arrived 24 hours later.

During two weeks in ICU, while inwardly working on himself and receiving good energies and prayers from many friends, he seemed to make promising progress, was moved to a private room, flourishing in the care extended to him. And then, in the morning of 31 October, Lucas suffered cardiac arrest and passed away. He was 60 years old.

In his volunteer time here, Lucas had worked at Last School and Bharat Nivas while living at Serendipity, and had been in touch with many residents. He and Gloria were now coming back to officially start their newcomer process with son Salvador and their 14-year old daughter Gaia.

Lucas has been searching all his life, traveling the world as a teacher and artist. A few days before his passing, he mentioned in a moving first voice message to those who had been supporting him in their prayers: "I want to send to all those people that have been sending love and all those beautiful caring intensions..., I am so grateful, my family is so grateful..., this is precisely the reason that I always knew that I wanted to be in Auroville... I am very very grateful to everyone..."

We pay solemnly tribute to this open minded, tolerant and generous man who made in such short time span a deep and lasting impression on so many, and who wrote: "There is a deeper meaning to life and we need to re-align ourselves to the divine energy."

Our warmest condolences go out to Gloria, Salvador and Gaia – and welcome them in our midst.

OM~

FROM THE RAS



OUTCOME OF THE EMERGENCY RESIDENTS' ASSEMBLY DECISION-MAKING PROCESS ON UNAUTHORIZED REMOVAL OF RESIDENTS FROM ROR

Dear residents,

Here are the results of the Emergency Residents' Assembly Decision-making process, initiated by the Working Committee of the Residents' Assembly, to approve or disapprove the following resolution:

Preamble

There have been two separate communications on Auronet and through Massbulletin from the Office of the Secretary of the Auroville Foundation, announcing that Mael Shanti Vidal and Satprem Maini have been removed from the RoR. The announcements are dated April 13th (about Mael) and September 29th (about Satprem), 2023, and signed by Mr. Sathyanarayan, Accounts Officer/Under Secretary In Charge, in the office of the Secretary to the Governing Board. In addition, the GB FAMC has resolved jointly with the illegal Working Committee (Anu, Arun, Joseba, Partha, Selvaraj, Srimoyi, Tine) to remove T. Ayyappan as executive of the Auroville Earth Institute because his name is not in the RoR.

As per Section 19.2 (a) of the Auroville Foundation Act, 1988, and the Auroville Foundation (Admission and Termination) Regulations, 2020, as published in the Gazette of India in 2020, adding and removing any individual in the Register of Residents is the sole prerogative of the Residents' Assembly either directly or through committees appointed and empowered by the RA for this purpose.

This has been confirmed by the Hon'ble Madras High Court in its [recent court order](#) dated 4th of September. It is to be noted that no process under the Act or the Admission and Termination Regulations has been initiated or approved to enable the Secretary to the Governing Board to remove any names from the Register of Residents.

Resolution

We declare the announcements and acts as mentioned above as invalid and against the approved regulations and principles.

We hereby resolve that Ayyappan, Mael, Satprem and any other residents whose names have been removed or omitted without due process, remain bonafide members of the Residents' Assembly (see translation at the bottom of the email).

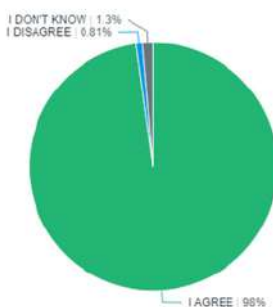
A total of 741 valid votes have been submitted online and in-person

The number of participants exceeded the 10 per cent quorum required to validate the decision (239 votes)*.

** - Based on data received from the Residents Service, the total adult population of our community eligible to participate in RADs (age - above 18, confirmed Aurovilians) is 2387 (as of the month of October 2023).*

*Kindly note that as per [the RAD policy](#) "Only confirmed Aurovilians can participate in decision-making. Those who have been announced as confirmed Aurovilians by the Entry Board are eligible to participate in all community decision-making processes **along with those** who have been entered into the Register of Residents maintained by the Secretary's Office. It does not include under 18-year-olds, newcomers and any other Auroville statuses".*

EMERGENCY RESIDENTS' ASSEMBLY DECISION-MAKING PROCESS ON UNAUTHORIZED REMOVAL OF RESIDENTS FROM ROR:



98% (725) participants voted in favour of the above resolution.

0.81% (6) participants rejected it.

1.3% (10) participants didn't know.

Therefore, the Residents' Assembly approved the above resolution.

We would like to remind you that, according to the [RAD Policy](#), "8. Responsibility for implementing decisions made through this RAD process lies with the concerned working group/s or resident/s".

Many thanks to all the residents who participated in this decision-making event!

~ Much love,

For the Residents' Assembly Service
Manas, Tatiana, Veronique

COMMUNITY SHARING



AUROVILLE INTERNATIONAL USA MATCHING CAMPAIGN 2023

AVI USA will again be matching all donations received for projects in Auroville in December. The campaign will begin December 1 and run through December 31, or until we run out of matching funds.

That means for every dollar that someone donates for an Auroville project during the month of December, the project will receive \$1.80! And we accept donations from around the world in Euros and Rupees and Pesos and dozens of different currencies.

This year, in order to be eligible for the matching campaign, each project must be pre-approved by AVI USA. A list of projects that have already been pre-approved is available [here](#). If your project is not on the list, you will need to complete [this pre-approval form](#).

Some projects are listed as only needing to complete the Budget Form - if your project is on that list, you can find the Budget Form [here](#).

The BEAM Team is available to help you with filling the form. If you have any questions or need support, please contact them at beam.auroville@gmail.com.

THINKING OUTSIDE THE BOXES

Last week, with a group of Aurovilians, we did a simple exercise, which you can try out—The outcome can be surprising.

First, we put ourselves in the shoes of the “two sides”: To oversimplify, those who support the Foundation Office (position A), and those who support the Residents’ Assembly (position B).

We “embodied” it by moving in different spots of the room, and checking which thoughts and feelings were coming out while in the two different positions.

Then, we moved to a third spot, to experience thoughts and feelings connected to a possible synthesis of A and B.

Finally, we moved to a fourth spot to imagine a reality where neither A, nor B, nor even A/B, would prevail.

This last stage seems to be the crucial one, the solution to the drama.

Will you give it a try?

Submitted by Giovanni

MONTHLY TRANSPARENCY REPORT (OCTOBER 2023)

As part of our commitment to transparency, we are happy to present our report for October.

Overview

New admissions: 10

Rabies suspect cases rescued: 0

Parvo Virus cases rescued: 0

Canine Distemper dogs rescued: 0

Rescue dogs and shelter dogs deceased: 6

Successful adoptions: 3 (total 61 since April)

Dogs treated, released and rehomed: 4

Vaccinations administered: 6 adults, 1 puppy (Rs. 260 per vaccination, puppies Rs. 389)

ABC shelter dog sterilizations: 9, 5 female, 4 male

Deworming: 37 doses



Donations

This month we received Rs. 304.127 in monetary contributions which includes Rs. 50,000 funds from BCC, just enough to cover our running costs of Rs. 3 lakh.

Milaap Fundraiser

Our fundraiser to construct individual dog houses for our dog population to shield them from the coming monsoon rains has achieved 46% or Rs. 55,340 of the Rs. 1.2 lakh donation goal. Thanks to Jamie, a wonderful dog lover from the US who raised \$ 875, and our friends from AVI USA, we reached our goal and will be able to construct new homes for our dogs very soon.

Donations in kind

We are very grateful that our Thursday donation pick-up drives continue to be a resounding success. As we have many small puppies in the shelter and only inadequate housing facilities, we rely on donations of cloth, cardboard, and paper to keep them warm and alive through the monsoon season. We have prepared a donation barrel for individual donations which will be set up this week in front of PT.

Expenditures

Animal Food: This month we fed our dogs: 1.450 kg of rice, 2.000 kg of chicken, 300 kg of pedigree, and 650 eggs, supplemented with donated food with a total cost of Rs. 1.1 lakh. If you can and want to contribute, why don't you sponsor a ONE-DAY-FOOD-PARCEL for our dogs for Rs. 3,500? It would make our dogs very happy!

Animal Health: Every Saturday our two veterinarians are performing 4 sterilizations and have limited slots available for either AV Community or privately owned dogs of Aurovilians. We hope to be able to expand this service to other dog lovers in the future. Despite our extremely tight budget, we are committed to providing free or donation-based sterilizations for adopted former shelter dogs. For other dogs, we charge our cost price of Rs. 2,500 per dog, which includes one night of boarding in the shelter. Additionally, if you opt to leave your dog in our shelter for post-op aftercare and daily vet checkups, medication the rate is Rs. 250 per day per dog and is only possible if we have an enclosure available.

Vaccinations: are available at the shelter (please pre-book) for Rs. 500 per dog. Our purchasing price per vaccination is half of this amount so your contribution helps pay it forward for the vaccination of one street dog. We are right now negotiating with a new supplier and hope to be able to reduce the price for vaccinations soon. We provide free vaccination boosters for adopted puppies from our shelter.

Rehoming: In response to solving the extreme overcrowding in our shelter, we have initiated a rehoming, adoption, and fostering initiative. Our goal is to gradually reduce the number of dogs from 300 to a manageable level, allowing us to enhance the care for each dog and eventually be able to resume rescue operations again. Despite our best efforts, but because of the lack of a proper puppy quarantine area in our old shelter, a virus has killed many of our puppies. If you can, please sign up for our foster program which allows you to give a temporary home to our puppies from 1 week to 3 months and can save lives!

Staff Costs: Veterinary Salary, workers, staff members, and animal handlers amount this month including Diwali bonus to Rs. 1.14 lakh.

Medical Costs: This month we spent Rs. 26,649 on urgently needed medicine, syrups, vaccinations, x-rays, blood testing, and puppy milk powder

New Auroville Dog Shelter

Thanks to the incredible pro-bono work of Shailaja of PATH Architects and Helmut we are happy to announce that the plans for the new dog shelter will be finished in the next two weeks and be submitted to AVF. We hope that after a successful budget negotiation, we will be able to start the construction of the new Auroville Dog Shelter very soon.

We thank you for your continued support!

Auroville Dog Shelter Team
Coco, Caroline, Arthur, Kiran, Mar

**AUROVILLE
DOG SHELTER**



UPDATE FROM GAS BOTTLE SERVICE

Dear Community,

Until recently we were able to promptly bring your gas bottles to your homes with the electric van which we have been using over the years for the delivery at your request.



This **electric van broke down** a month ago and a major part needs to be replaced. The charge controller board which controls the electrical current going to the individual cells has failed, and this electronic board alone costs Rs.1.3 lakh.

We do not have the funds to cover this amount so we look for your generous support.

Until the electric van is repaired, from the month of November onward we will temporarily increase the delivery charge from Rs.50 to Rs.60, to cover the overhead cost as we are currently hiring a petrol vehicle to do the gas bottle deliveries.

Your contributions can be made to our Electric Van Repair FS
Account number: 252930

Velu

For Gas Bottle Service

VOICES AND NOTES

FROM NAMES TO THE NAMELESS

“What is your name? What does it mean?” This is not just a starter of a social conversation. It is an invitation to explore where your name stems from, what it means to you, and how you live and relish it, or not. Hopefully it opens a door to contact the Person that is Nameless.

You can explain what your name means and share your experience of it; you can express it in creative art forms—a poem, a song, a painting, calligraphy, sculpture, handicrafts...

This is a one-year-long project that can last longer, till we all go from names to the Nameless.

Are you open for it? Well, let's see what emerges...

Share it when we meet spontaneously, or send something to Anandi Zhang by email: anandizhang@gmail.com

IT IS THE BODY

To all Receptives, in Bhakti to the Supreme Divine Mother, preparing and consciously hastening the advent of the new species the Supramental being:

1968

"I asked myself if for everybody the supramental process will always automatically involve a lot of physical suffering.

No.

No, because I have a growing proof that those things I have mastered now, in the body, I have the power (I keep receiving letters and notes from here or there, from people here or there who have an illness)... it is beginning; so far it's only a beginning, a very small beginning: the power to eliminate pain.

You know, on a smaller scale, what happened with your illness.

Yes, but I didn't mean sick people. I mean people who today or in the future will seek to effect the transformation in themselves.

No, they...

Will they have to go through all that suffering?

No! That Sri Aurobindo wrote very clearly: for all those who have faith and open themselves in surrender and faith, the work will be done automatically. As long as he was here, mon petit, all the thirty years I spent with him working, NOT ONCE did I have to make an effort for a transformation. Simply, whenever there was a difficulty, I repeated, My Lord, my Lord, my Lord... I just thought of him—hop! it went away. Physical pain: he annulled it.

You know, some things that were hampering the body, some old habits that had come back, I only had to tell him: off they would go. And through me, he did the same for others. He always said that he and I did the Work (in fact, when he was here, it was he who did it; I only did the external work), that he and I did the Work, and that all that was asked from the others was faith and surrender, nothing more.

If they had trust and gave themselves in perfect trust, the Work was done automatically.

In your body's cells, it is therefore a universal progress that is being made, it's the earth that progresses.

Yes."

<https://incarnateword.in/agenda/04/august-10-1963>

"You see, it's not a question of just these cells here: it's a question of cells in, well, quite a lot of people, hundreds, maybe thousands—all that clings anywhere and in any way to the higher Consciousness. And since my mind is silent (I deliberately keep the mind absolutely still, trying not to react to all that constantly comes to it from "outside," or trying to react almost subconsciously), nothing is there to think, "Oh, it's this one's body, it's that one's body"—it's THE Body! That's what is so difficult for people to understand. It is THE body—this (*Mother touches her body*) is not my body any more than other bodies (a bit more, in the sense that it is more directly the object of the concentration of the Force). So everything, all the sensations, the movements of consciousness, the battles, all of it is everywhere. And suddenly, with this little affair, oh, I understood a fantastic number of things—and also the difficulty, *mon petit!*... The difficulty... because really, after this experience, the body was not ill but very tired. But then it is seized with such things all the time! All the time, all the time, all the time, you know, they spring up, *brmm!* pounce on it, *brmm!* from this side, that side, every which way. So I have to keep still (*gesture of stopping, silent, in the midst of other activities*), and then I start waging the battle."

The Mother

<https://incarnateword.in/agenda/4/april-6-1963>

1970

"Little by little it will be revealed to us what this new species must be, and meanwhile, the best course is to consecrate oneself entirely to the Divine."

2023

We continue on in faith and surrender as willing servitors of the Supreme Divine Consciousness-Force Whom is modulating this ever hastening, intensifying and unstoppable Spiritual Evolution towards the Divine Manifestation on this very Earth, with the total support, guidance, blessings, protection and Grace of the ever-living Supramental Avatars Sri Aurobindo and the Mother...

Om Namō Bhagavate, Zech, 2023.10.28

CRADLE OF THE SUPERMAN

22 March 1969

Two days ago (not yesterday, the day before), this Consciousness told me something; I said, "Very well," but it went on saying the same thing again and again and again, until I'd written it down! So here it is (*Mother holds out a note*). And it explained to me why there was "we."

"We will strive to make Auroville the cradle of the superman."

Ah... it's important news! (*Mother smiles*) So then, I said, "Why 'we'?" It answered, "It's because the attempt will be to get those who will live in Auroville to collaborate."

30 October 2023

To all Receptives: "Superman" refers to the transitional being between the human being and our Vision-Goal the new apex species the Supramental being. The Mother's quote above is from a small but very powerful book from Jyoti Madhok and Kireet Joshi that can significantly help in our quest to clearly understand and effectively apply the Integral Yoga of the Avatars Sri Aurobindo and the Mother:

“...BUT IT IS DONE...”

Victory of Sri Aurobindo and The Mother

Now fully digitised for ease of reference:

<https://www.kireetjoshiarchives.com/teachers-training/but-it-is-done.html>

In the Appendix also is that most important revelation, appropriately titled “Significance of Auroville”.

Om Namō Bhagavate, Zech, 2023.10.30

THAT IS WHY

Here's a very clear revelation from the Mother on why "**a change of consciousness**" from the false-separative mind (mental) to the Truth Consciousness of Unity in Diversity of the Supermind, the Supramental, is the most important aspiration that is simultaneous with the progressive building of the City of Dawn, Auroville.

*"Last night I had a vision of what the Supramental world would be like **if people were not sufficiently prepared**. The confusion that now exists on Earth is nothing in comparison with what might happen. Just imagine an extremely powerful will with the capacity to transform matter according to its liking! If **the sense of collective unity** did not grow in proportion to the growth of power, the resulting conflict would be even more acute and chaotic than all our material conflicts."*

<https://incarnateword.in/cwm/15/the-supramental-manifestation-upon-earth>

This "change of consciousness", the realisation that We are all One, this sense of collective unity, obliterates the separative ego that is the cause of all the ever increasing acute and chaotic conflicts.

The external difficulties here and around the world are actually the intense forces that are compelling more and more receptives to this "change of consciousness" of Oneness that sees the Divine Play as it wholly, integrally is. This One Unfolding Evolutionary Process is self-correcting as it progresses towards the unstoppable result of the Supramental Quest or Vision-Goal. In time a tipping point will be reached in the collectivity whereby from within (from the receptive individuals, from Auroville, from Bharat Mata, Mother India Herself the Guru of the World) will emerge the Divine Manifestation, a spontaneous evolution of the next apex species the Supramental being, ushering in a Life Divine on Earth.

"India has become the symbolic representation of all the difficulties of modern mankind.

"India will be the land of its resurrection—the resurrection to a higher and truer life.

"And the clear vision: the same thing which in the history of the universe made the earth the symbolic representation of the universe so as to concentrate the work on one point, the same phenomenon is now taking place: India is the representation of all human difficulties on earth, and it is in India that the... cure will be found.

And then, that is why—THAT IS WHY I was made to start Auroville."

<https://incarnateword.in/agenda/09/february-3-1968>

Thus the succinct guidance from our Avatar founders Sri Aurobindo and the Mother, our Three Core Ideals, especially the specificity of "To Be a True Aurovilian":

*"The whole earth **must prepare** itself for the advent of the new species, and **Auroville wants to work consciously to hasten this advent.**"*

And the Sunlit Path of Bhakti as the easiest and most joyful key:

*"Little by little it will be revealed to us what this new species must be, and meanwhile, **the best course is to consecrate oneself entirely to the Divine.**"*

<https://auroville.org/page/core-documents>

Om Namō Bhagavate, Zech, 2023.10.25

DOGS ARE NOT THE PROBLEM!



According to Mother „every animal is an emanation of the Divine and should be treated with the same love, compassion, and respect as we would show to any other living being."

The Dog Shelter is an animal care facility for dogs who cannot live any longer on the streets

We are committed to providing our residents with nutritious food, medical attention, socialization, and training, all with the ultimate goal of securing a loving and permanent home for each one. Due to decisions made by the former management, the shelter's population has reached 300 dogs, surpassing its maximum capacity and leading to extreme overcrowding. Unfortunately, our old and dilapidated shelter lacks essential facilities such as quarantine units, aggressive dog enclosures, old-age homes, and proper medical devices. Despite these challenges, our team has worked tirelessly to provide proper care, medical assistance, and healthy nutrition. As a result, the dogs are now at optimal weight, vaccinated, dewormed, sterilized, and in good health. To address the issue of extreme overcrowding, we have initiated socialization training and implemented a fostering, adoption, and rehoming program to reduce the number of dogs at the shelter so that adequate care, help, and time can be given to each of them.

The Dog Shelter is not a veterinary hospital

The Auroville Dog Shelter is not a veterinary hospital like BARK India or the India Rajiv Gandhi Institute of Veterinary Education And Research Hospital in Pondicherry as we lack basic medical equipment, qualified rescue drivers, sufficient space, and funds to treat or accommodate an unlimited number of rescue dogs. Our monthly funding from Auroville is Rs. 50,000, with only two maintenances but we have to finance monthly basic running costs of more than Rs. 3 lakh.

The Dog Shelter is not a dumping ground for unwanted dogs

Almost daily we receive calls and messages, both from individuals within and outside Auroville, expressing discomfort with the presence of a dog and attempting to dispose of it by dumping it at the shelter. It's important to note that under the Prevention of Cruelty to Animals Act of 1960, relocating stray dogs, whether owned privately or by the community, is illegal in India. Sections 428 and 429 of the Indian Penal Code, 1860, classify abandoning or ill-treating animals, including dogs, as criminal offenses, and individuals may face penalties if found guilty of such actions.

Auroville should be a place of infinite learning and evolution and this should not only apply to human beings alone. Instead of seeing dogs as problems to get rid of, it is important to evolve one's perspective to understand that: "animals are not inferior to man. They are different from men. They have a different consciousness and a different way of seeing and feeling things. But they have a very important place in the economy of nature and a very important role to play in the evolution of consciousness." Explore a variety of blog posts on www.integraldogs.com covering numerous topics aimed at enhancing the understanding and relationship between humans and dogs.

A word about puppies

We often find in the morning a box or bag containing small puppies, some as young as two weeks old, cruelly separated from their mothers and dumped like trash over the shelter fence at night, or older dogs tied to the gate. The attitude seems to be that the shelter will have to take care of them and thus solve "the problem."

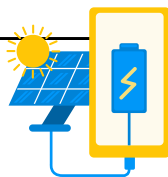
Our old shelter lacks a proper puppy quarantine unit and nighttime staff, and despite our best efforts in the past to care for these vulnerable beings, including accepting recently as many as 25 tiny puppies, many of them had no chance of survival and died when a virus hit. We hope to be able to start construction of the new Auroville Dog Shelter soon to provide better care facilities but until then, we cannot accept any more puppies, as their chances of survival in the current shelter conditions are minimal.

What to do if you find puppies beside the road?

- Observe from a safe distance: As puppies are unvaccinated there is a possibility that they are infected with contagious diseases which might include rabies which is fatal for humans
- Check for a mother: Dog mothers do not abandon their puppies but sometimes they need to leave temporarily to gather food. Only if you can be sure that no mother is taking care of them, rescue the puppies, and give them a temporary place in your home or community. Please do not bring them to our dog shelter.
- Assess their condition: If puppies are hurt or injured please take them to a vet or a veterinary hospital.
- Provide temporary shelter: A simple box helps to create a makeshift shelter. If puppies are in a danger area, move them a few meters into safety
- Provide food and water: Not just for the puppies but also for the mother, and change twice a day.
- Share information on social media or local WhatsApp groups to connect with potential helpers, to find foster or adoption homes. Our shelter can assist you with this.

SUPPORT NEEDED

BATTERIES FOR SOLAR SYSTEM NEEDED



Dear fellow Aurovilians,

After 9 years of faithful service, the batteries from our solar system are at their end.

We consider ourselves lucky that they have lasted this long! ❤️

A new battery set has been ordered via Sunlit Future with a price tag of rs 2.12 lakhs.

We already have 1.35 lakhs, with donations from the Solar Fund, our own funds and the estimated resale value from the old batteries.

We are grateful for any donations that the community could support us with, to cover the remaining amount of rs 77000.

We have opened an account at the Financial Service, **252625 Stefan and Ancolie Solar Batteries** for the donations.

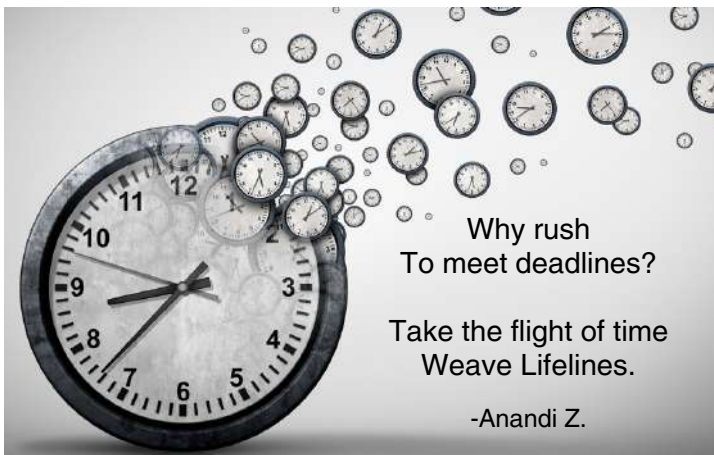
Thank you all very much in advance for helping us out. ❤️

Much love and gratitude,

Stefan and Ancolie.

Evergreen.

POETRY



Why rush
To meet deadlines?

Take the flight of time
Weave Lifelines.

-Anandi Z.

A SUMMARY OF EVENTS HAPPENING IN AUROVILLE TODAY

SATPREM GIVEN NOTICE TO EXIT INDIA

Satprem was given an Exit Permit by the FRRO in June 2023 after the Secretary of the AVFO removed her recommendation for a visa. He has now been given a notice to exit India at the latest by 31st October 2023. As clarified by the RA WCom in a [massbulletin](#), this is not the same document as the Leave India Notice that was given to Maël in February 2023.

On 30th October residents have organised an open house event at the Auroville Earth Institute to honour Satprem's services and commitment to Auroville, prior to him leaving India.

A report was circulated, cataloguing how the AVFO and their 'working groups' have targeted him and the Auroville Earth Institute (AVEI), its executives, and its staff through actions such as blocking the AVEI's bank accounts, removing Satprem and Ayyappan as executives of the AVEI and blocking Satprem's personal Financial Services account.

EMERGENCY RAD ON THE ROR

On 25th October, the AVFO 'WCom' released an [announcement](#) on Auronet stating that "a video is circulating to campaign for votes based on incorrect information". Their announcement did not address the central concern of the RAD, which is that Aurovilians are seemingly being removed from the RoR without any consultation. Instead they claim that "Ayyappan Thulukkanan of Earth Institute was not removed from the ROR, he did not update his ROR". This is in contradiction to their previous statement that Ayyappan was removed from being an executive of the AVEI because he was not on the RoR. The RA WCom responded via a [massbulletin](#), asking "Why does the AVFO 'WC' now say that Ayyappan was not removed from the RoR if this is the reason given for removing him as an executive of the Earth Institute?" The RA WCom's massbulletin also clarified other incorrect statements made by the AVFO 'WCom'.

AVFO MAKES A FINAL CALL TO UPDATE THE ROR

On 18th October 2023, the AVFO 'WCom' released a [circular](#) from the new Deputy Secretary/ Director of the AVFO K. Swarnambika, requesting that all Aurovilians who had not completed the form to update the RoR do so within ten days, stating that "any application received after that will not be entertained". A later [communication](#) clarified that the last day for submission would be 3rd November 2023. The AVFO 'WCom' also [released](#) a list of names of people who they claim have not submitted their forms.

The AVFO process of updating the RoR began in May 2022, nearly 1.5 years ago, with an [announcement](#) by the Officer on Special Duty Dr Seetharaman. This was the pretext for the attempt to "pause any decisions taken by the Residents' Assembly" that came at the beginning of the AVFO administrative takeover. The legitimacy of the RA-led processes was recently [reaffirmed](#) by the Hon'ble Madras High Court, when it was confirmed that, as a statutory body, the RA cannot be restrained from functioning.

DJAIMA, HERMITAGE, ARANYA - POTENTIAL EXCHANGES

After the news that Forecomers and a part of AuroOrchard might be up for exchange created strong misgivings in the Auroville community and beyond, the AVFO is now canvassing other Auroville communities for land exchange potential.

A plot at Djaima (near Kuilapalayam) was recently cleared of undergrowth, reportedly to prepare the piece for land exchange. AVFO 'WCom' and Land Board also announced and made site visits to Hermitage (located is on the far side of the Tindivanam highway next to Sadhana Forest) and Aranya (located closer to Ousteri lake, to the East of Pondicherry).



They met with the stewards and verbally noted that they were looking for underdeveloped parts of these communities to exchange. Hermitage and Aranya are among the oldest Auroville lands, bought with the Mother's blessings before the inauguration of Auroville. Both areas have been re-afforested and contribute today to a fragile yet essential ecological balance and biodiversity.

AVFO REPRIMANDED OVER RTI REQUESTS

Several Right To Information (RTI) requests addressed to the Auroville Foundation have gone to appeal due to incomplete or no answers from the AVFO. The Information Commissioner (IC) has in all these instances expressed "severe displeasure" over the conduct of the AVFO's Central Public Information Officer (CPIO) for not responding, giving incomplete replies or responding outside of the stipulated time frame.

Concerning the Governing Board minutes, the IC also observed that the CPIO was obliged to ensure it is published for the public through the internet, in an easily accessible electronic format.

ACTIVITY AROUND EVERGREEN/ABRI/AMI ENCROACHMENT

The case around the PKS (encroaching party) land grab in Evergreen and on the Ami/Abri corner has still not been resolved in the courts. During the latest hearing on 18th October, PKS' lawyers convinced the Madras High Court on appeal to appoint an Advocate Commissioner to survey the land and define the proper boundaries of the plots. You can find [the relevant court order here](#).

On 21st September, PKS came and installed video cameras on the property contradicting an earlier injunction against him entering the property. Afterwards, PKS and his men came and put pillars down to mark the line of the encroachment. Evergreen residents are kept uninformed by the AVFO-appointed Land Board on the unfolding situation in the courts; they have also not received answers to their queries on how to respond to these actions of PKS.

VISA UPDATE - CONTINUED HARASSMENT OF VISA HOLDERS

The AVFO continues to update its webpage on 'visa statistics' with information that implies there is no issue for foreign residents of Auroville to obtain visas. You can find a link to their visa information page [here](#), clearly stating that 'O' visas are rejected and only 2 are pending for the 1,392 requests processed by the AVFO.

These numbers are belied by a daily reality in which many individuals and families are not able to access visas, as other administrative means are applied by the AVFO to exert its control on the foreign population deemed 'non-compliant' with its wishes. Some examples include:

Reduced visas

Since the Secretary's appointment, 6 people received a 6 months visa, while 7 people received only 3 months. On top of that, over 70 people who were due for their 5 year visa only received 1 year visas. This includes elderly community members who no longer have ties to their home countries.

Leaving Recommendation Letters pending indefinitely

In some cases, such as in the case of an active RA WCom member and one former Council member, Letters of Recommendation (LoR) are pending for more than a year. Another 7 people are affected. That means that these individuals cannot leave the country or move around; upon leaving the country, they may not be able to get back in.

Another means employed is to target children of families waiting for visas abroad. By refusing a LoR to only one child in a family, it is impossible for the entire family to come back as it will mean abandoning one of the children abroad. In this way, statistically only '1' visa has been left pending, while 4 or more individuals are impacted and unable to return to Auroville.

Another 18 visas are pending in the Foreigners Registration (FRRO) online system for no discernable reason, in one case for more than 18 months.

Extending LoRs claiming that the person has been 'blocking development'

A number of individuals have received a Letter of Recommendation (LoR) that comes with a note stating that the person in question has been 'blocking development' ("It is being brought to your notice that the above applicant has been obstructing the work progress as per the Master Plan approved by the Governing Board and gazetted by the Government of India.") They are then recommended for a one year visa, instead of the regular five years.

The FRRO in Pondicherry is following up on cases by visiting the affected persons and completing the visa application process with the reduced visa term. However, these letters are in many cases unusable for those who are abroad and need to get back to India, as Indian Embassies are unlikely to understand the reason and context for these notes and may subsequently refuse to grant the visa.

'Leave India notices' to individuals who question the AVFO

The well-published cases of Satprem (Earth Institute) and Maël (RA WCom) show that even without 'refusing' a visa, the withholding of the Letter of Recommendation, or supplying an LoR with negative remarks on it combined with complaints to the FRRO can result in individuals being given a 'Leave India' or 'Quit' notice.

If you have visa issues, please make sure to inform the RA WCom at workingcom@auroville.services, to help them keep track of all ongoing visa issues.

"AUROVILLE COMMUNITY UPDATES" ON WHATSAPP

A new "Auroville Community Updates" Whatsapp broadcasting channel was [announced](#) this week as an initiative endorsed by the RA WCom. This group will be used to share massbulletin announcements, copies of the community edition of the News & Notes, updates from Auroville Media Liaison and more. To join this group please use [this link](#). Alternatively, you can also join the Massbulletin channel [on Telegram](#).



HEALTH



MONSOON

WITH AYURVEDA AND LOCAL PLANTS

During monsoon, the climate is cold and humid, rains and little sunlight increase drastically the moisture in the air and on the ground leading to a more acidic environment, sour taste prevails. The body struggles to keep warm and dry, the digestive power can also be less.

VATA gets cold and gives joint pain, **PITTA** keeps fermenting, **KAPHA** bloats and retains water.

An extra focus will be given to Vata imbalances, as it is the right season to reduce or expel Vata toxins (in body: stiffness, bloating, coldness, pain and inflammation in the joints; in the mind: anxiety, anguish, fear, dismay, confusion, doubts)

This is a period to slow down and care for AGNI – digestive fire

IN THE FOOD:

- All meals are warm, cooked in a sauce-pan, easy to digest, light, spicy
- **Proteins:** Mungdal, beans, chickpeas, lentils (all of these cooked with asafetida to prevent bloating), white meat, egg, peanut
- **Vegetables:** amaranth, green leaves, carrot, beetroot, cauliflower, bitter-snake-bottle-gourd, moringa (drumstick), chow-chow, radish, pumpkin – all should be well washed to avoid contamination
- Sweet taste with old grains - barley, rice, millet, oat, wheat
- **Fruits:** apple, pomegranate, banana, papaya, grape, guava, pear
- **Spices:** ginger, pepper, long pepper (pippali), turmeric, cumin, clove, asafoetida, mustard seeds, ajwain, cinnamon, fennel seeds, fenugreek seeds, onion, garlic
- Ghee or sesame/olive/sunflower oil (cold pressed)
- **Drinks:** herbal teas, warm or boiled water, with honey or jaggery
- **Ayurvedic formulas to take after meals:** Panchakola, Trikatu, Hingwashtak churna... with honey

AVOID:

- All food with yeast/baking powder, cheese, yoghurt, curd, lassi, beer
- Drinking too much liquid during or straight after meals
- Uncooked vegetables and salads
- Heavy and difficult to digest (fried food, pizza at dinner, etc)
- Milk coffee, ice cream
- Carbonated soft drinks

IN ACTIVITIES:

- Be regular in the daily routine, especially in taking meals and going to bed
- Time to keep Vata balanced with Abhyanga (oil massage + steam bath), Shirodhara (warm oil on forehead), Basti (warm oil enema)
- Foot bath with warm salty water
- Wash with warm water (shower or bath)
- Keep body warm: neck and feet especially
- Soft physical exercise: 30 minutes a day
- Yoga, Pranayama, Meditation-concentration, Qi-Gong...
- Fumigation with eucalyptus, neem, sage
- Nasya (oil drops in the nose) with Anu Tailam at bedtime or in the morning to clear the sinuses

AVOID:

- Siestas and day naps
- Intense physical sport or work
- Moist and cold air, wind, fan
- Staying humid after being in the rain
- Long hours in front of the computer
- Skipping meals or fasting
- Staying awake late at night
- Too many travels

Most of the above aggravate Vata.

HERBS AND MEDICINAL PLANTS FOR THE RAINY SEASON:

- Moringa – Moringa Oleifera: to balance Vata and Kapha by increasing the digestive power
- Bhunimba (Nilavembu) – Andrographis paniculate: in feverish condition
- Guduchi (Giloy) – Tinospora cordifolia: natural immunoregulator
- Haritaki – Terminalia chebula with a little of rock salt: to balance Vata and ease bowel movement
- Dashamoolarishtam – for joint pain and inflammation, to balance Vata

Enjoy the rain and stay warm and dry
Be @ Sante Clinic

SANTÉ SERVICES IN NOVEMBER 2023

Working Hours:

Monday - Saturday 9:00 - 12:30pm & 2:00 – 4:30pm

Tests and Sample collection:

Mon-Fri before 12:00 pm. No sample collection on Saturday.

For emergencies, contact:

Auroville Ambulance (24/7) : Phone: +(91) 9442224680
Government Ambulance (24/7) : Phone: 108

Please call Santé on (0413) 2622803 during working hours for an appointment

Doctor consults with Dr.Senthil & Dr.Sana: Monday to Saturday	Nursing Care: Ezhil, Thilagam, Archana & Sandhya: Daily No appointment necessary
Ayurveda with Dr.Be & Dr.Sonia: Mon/Tue/Wed/Thurs/Fri	Pregnancy Care & Women's Wellness with Paula: Tuesday & Wednesday
Acupuncture with Andres: Mon/Tue/Wed/Fri/Sat	Homeopathy with Michael: Mon / Wed / Sat
Integrative Psychotherapy with Juan Andres: TOS	Physiotherapy with Arun: Monday to Saturday
Functional Medicine with Lize: Monday to Saturday	Physiotherapy with Rebeca: Mon /Wed /Fri
Bio-Well Assessment (Evaluation of your well-being) with Helena: Inquiry through email (adminsante@auroville.org.in)	Physiotherapy & Massage with Galina: Monday to Friday

In Santé, we value our patient's confidentiality & make every effort to ensure their privacy.


In case of cancellation or to reschedule, it is necessary to inform us in advance.

THE ARTS



CREEVA PRESENTS:

CREEVA presents:
Black and White
In Life and Beyond
by
Audrey Wallace-Taylor
(1933 - 2023)



Extended to:
18 November
ART



EXHIBITION CUM FUNDRAISER FOR CREEVA

7 - 24 October 2023

Pitanga Cultural Centre Auroville

Organised in loving memory for Audrey by CREEVA and her close friends. Proceeds from sales of the exhibition will support CREEVA, Audrey's art and life project in Auroville.

Centre for Research Education Experience in Visual Arts **CREEVA**



Exhibition timings: Daily, except Sundays
Pitanga Cultural Centre, Samasti, Auroville 605 101 | info@pitanga.in | 0413 - 262403, 9443902403
A service unit of the Auroville Foundation, Health and Healing Trust branch | GSTIN: 33AAATA00370Y1N

Organised in loving memory for Audrey by CREEVA and her close friends.

Proceeds from sales of the exhibition will support CREEVA, Audrey's art and life project in Auroville.



CREEVA

About CREEVA:

CREEVA is a platform to experience art first hand, where one can experiment with mediums, form, themes.

Creeva offers the chance to go on a

journey to find expression, as each one has an individual expression and style; the way you speak, the way you walk and move. CREEVA allows such deep exploration; one can practice the yoga of art regularly and peacefully.

The founder of Creeva was Audrey. In the early years she was gifted with the means to explore, to find her own expression, to follow her passion to paint, to draw. Audrey has passed on into the Light but Creeva remains, to offer the opportunity to any who would avail themselves of such freedom, such possibilities of exploration.

We are in need and would deeply appreciate your financial support. Click on: <https://donations.auroville.org/>
FS #24001 Unity Fund mentioning Creeva
Email: avunityfund@auroville.org.in

Pitanga Cultural Centre
2622403 / WA 9443902403
info@pitanga.in

HOMAGE

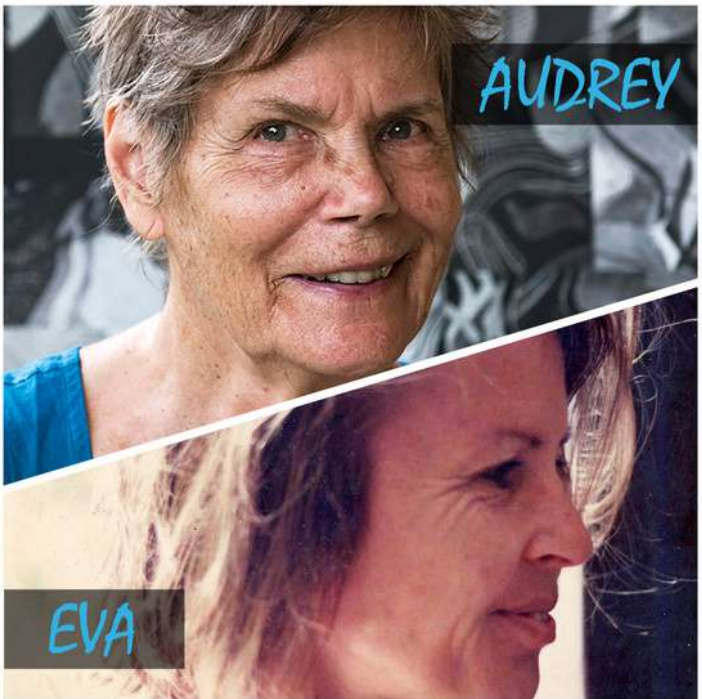
AUDREY WALLACE-TAYLOR AND EVA MIKULSKI

Centre d'Art Citadines

From 27 October to 11 November 2023

Tuesday to Saturday from 2 to 5 pm

Please park at Town Hall



HOMAGE is an exhibition dedicated to Audrey and Eva, two artists who dedicated their Aurovilian life to transmit the beauty of art to the community.

They have been artists and teachers, and always connected with education. Audrey taught how to approach art, how to play with it, how to experience and enjoy it. Eva was inspired by the children's world she came to know when she was a teacher. "In the school I learnt a lot from the children about creativity and the absence of mental limitations" she used to say.

They recently passed away a few months apart from each other, so we are happy to remember their passionate work through a double exhibition in Centre d'Art, Citadines.

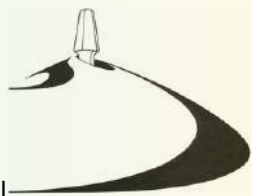
AWAKENING SPIRIT

AMPHITHEATRE - MATRIMANDIR

Every THURSDAY at sunset
(weather permitting)

Meditation with Savitri,

Sri Aurobindo's long mantric poem read by Mother to the incredible music of Sunil



Let's gather under the beautiful open space, with heavenly music in the very center of Auroville!

Reminder to all:

The Park of Unity is a place for silence, meditation and inner work, and is to be used only as such. We request everyone: please do not use cameras, I-pads, cell phones, etc. No Photos.

Dear Guests, please carry your Guest Card with you.

Access only for the Amphitheatre from 5.15 pm and for the meditation time.

Thank you,
Surya and Amphitheatre Team

INTRODUCTION TO THE INTEGRAL YOGA OF SRI AUROBINDO AND THE MOTHER

Tuesday, 7th November, 9 am - 12 noon
Focus: The Self-mastery

Led by Ashesh Joshi

Place: Mirabelle Education Centre, Auromodele
Ph/Whatsapp: 9489147202 (Please register)

All are Welcome



A SATSANG ON THE INTEGRAL YOGA

A sacred gathering for the study and practice of the Integral Yoga of Sri Aurobindo and the Mother, founders of Auroville, the City of Dawn.

"The first necessity is the inner discovery in order to know what one truly is behind social, moral, cultural, racial and hereditary appearances. At the centre there is a being free, vast and knowing, who awaits our discovery and who ought to become the active centre of our being and our life in Auroville." — The Mother

We start right here, in the Eternal Now, from where we each are at this ever-progressive moment, and share our unique experiences on the path of rediscovering and embodying who we really are.

Facilitated by Zech Joya

Schedule: **Tuesdays and Thursdays, 5:30-7:00pm**

Venue: Conference Room, G/F SAIER Building, Town Hall Complex, Auroville



[Please click this link for details](#) or scan the above QR Code

EDUCATION

SPOKEN ENGLISH AND HINDI

Hi! My name is Ashwini and I have an experience of 20 years as a Spoken **English, Hindi, Kannada and Marathi** language trainer for all levels. If you are interested in learning one of the above languages either in oral or written form please contact me on my WhatsApp 8270512606.

TUTION GRADE 1-12

Tution classes open for students from grade 1 to grade 12. Please contact on my WhatsApp 8270512606. Ashwini



NEWS FROM AUROVILLE LANGUAGE LAB



Please remember to put your mobile phones on flight mode and switch off all wireless and Bluetooth devices before you enter the Lab. We are a wireless-free space!

Looking for: Volunteer (s) capable of reading & writing **Kannada & Telugu**, for proofreading a couple of short documents (that have been translated from English). The work requires 2-3 hours of commitment.

Tomatis

There are spaces available for both language & therapeutic programmes!

Please contact 0413-3509932 or 04132622467 or email us at tomatis@aurovillelanguagelab.org to schedule your Listening Tests & Consultations.

To know more about the Tomatis Method, please have a look at the following links:

- <https://www.aurovillelanguagelab.org/tomatis-method.php>
- <https://www.aurovillelanguagelab.org/tomatis-kids.php>
- <https://www.youtube.com/watch?v=wnpXprTI3m0>
- <https://www.youtube.com/channel/UCeTIG0y-sBMlywZNdZcAng/videos>
- <https://www.listenwell.com/>

Current Language Courses at ALL

New: English Conversation with Ramesh

Good news for all those waiting: Ramesh is restarting his English Conversation course! This two-month (16-hour) course aims to equip students with day-to-day conversation skills in practical situations, improved vocabulary and pronunciation, idiomatic expressions, listening comprehension, and fluency & confidence in speech. Please note that these classes require a basic foundation in the English language and are ideal for intermediate-level English speakers. We have two spots left.

- The course started on **October 17**. Classes will take place **Tuesdays & Thursdays, 4pm to 5pm**.

New: French with Jean-François

Jean-François offers three 2-month courses. New batches start late October. These fill up quick, so please register soon.

Beginner French:

This 16-hour course is for all those wanting to join a French course but finding themselves too busy through the week! Our Beginner French Course is deliberately planned for Saturdays! The classes are highly interactive delving into French vocabulary of everyday life and the basics of grammar. By the end of the course, you would be able to make simple sentences useful for interaction, and talk about your work, hobbies, daily life, etc. in a simple way.

- This course will start **November 4**. Classes take place **Saturdays, 2:30 to 4:30pm**

French Conversation (Post-Beginner to Pre-Intermediate level):

This 12-hour course is for post-beginners with a basic knowledge of French who are not yet comfortable conversing in French. The course will focus on day-to-day topics and will be a good mix of grammar, and interactive verbal as well as written exercises. By the end of the course, the students will acquire a more solid foundation in French conversational skills. All students who have taken Jean-François's Beginner Course are welcome to join!

- This course will start on **November 4**. Classes take place **Saturdays, 10:30am to 12noon**.

French Conversation (Intermediate level):

For those of you who know a bit of French, this is the perfect course to get more fluent, expand your vocabulary, and speak without inhibition in a diverse & fun group! Each lesson covers a theme of daily life (work, family, hobbies, shopping, projects, etc.) and is aimed at developing the students' ability to express themselves and interact in French. Jean-François would explore a range of topics like food, sports, travel, philosophy, news, literature, economics, social sciences, theater, and more. He will also review the grammar useful for basic conversation.

- This 16-hour course will start on **November 6**. Classes take place **Mondays & Thursdays, 2:30 to 3:30pm**.

New: Beginner Spanish with Mila

Great news for Spanish learners!

Our long-time Spanish teacher, Mila is ready to start a new batch for Beginner Spanish. This three-month (24-hour) course is structured on the highly-acclaimed book, "Madrigal's Magic Key to Spanish: A Creative & Proven Approach." Mila has been running this course since many years. By the end of the course, students will be equipped with the Spanish alphabet, phonetics, & vocabulary. The course will also delve into verb conjugations, formation of sentences, use of adverbs & adjectives, and work on the student's listening & reading skills.

- We hope to start as soon as we have 6-7 confirmed registrations. Classes will take place twice weekly, on **Tuesdays and Thursdays, 2:30 to 3:30 pm.**

German with Ben

We are thrilled to announce that Ben has joined us as our new German teacher! A recent newcomer & native German speaker, Ben has been an online teacher for three years now, giving integration classes and language courses to immigrants from various backgrounds. He is now eager to apply his skills to an in-person classroom. Ben is a language enthusiast and takes interest in translating poetry and studying ways of integral education. Ben is offering two courses:

Beginner German: This course is now closed to new registrations.

German Conversation: This 2-month course is for those who already know a bit of German and would like to further polish their speaking skills.

- This course will start as soon as we have 4-5 registrations. Classes will take place **Tuesdays & Thursdays, 4 to 5pm.**

Spoken Tamil with Saravanan

Saravanan has been running this interactive and practically-oriented course for the past seven years. The class modules are based on a booklet called "Fun with Tamil", which has been put together with a lot of research and thought. By the end of this course, you would be able to converse in Tamil on day-to-day matters, having achieved a deeper understanding of its sounds, pronouns, conjugations, etc.

- Classes take place **Tuesdays & Fridays, 9:30am to 10:30am.** Course started on **September 12** comprising 24 hours of teaching over three months.

Beginner Hindi with Alka

A native Hindi speaker, Alka has a passion for teaching which she has keenly pursued over the last twelve years. Her approach is to make learning easy through games, songs, poems, & other interactive modes. This three-month (24-hour) beginner course is a great introduction to the Hindi language, and intends to make learners comfortable with basic Hindi vocabulary, grammar, and everyday sentences. The course will also make use of the material put together by the Landour Language School, one of the oldest Hindi language schools of India. The course will be paced to align with each student's comfort.

- The course started on **September 9.** Classes will take place **Saturdays, 10am to 12noon.**

Italian Conversation with Fabio

This two-month (16-hour) course is for learners who already have a basic knowledge of Italian and would like to explore the language further & polish their speaking skills. Fabio will delve deeper into spoken grammar, phonetics, conversation, and any other topics of interest. This is mainly for those who took the Beginner course last time, but is open to all. This course will close at 4 registrations.

- This course started on **September 12.** Classes will take place **Tuesdays & Thursdays, 2:30 to 3:30pm.**

Intermediate Spanish with Susana

Our long-time teacher, Susana, is offering an Intermediate Spanish course for students who are already familiar with the various verbal modes in Spanish language (Infinitive, Indicative, Conditional, Subjunctive, and Imperative). The course will focus on polishing the conversational skills of the students and will also dive into the rules of grammar. This is a monthly course.

- Classes take place every **Tuesday, 2:30pm to 4:00pm.**

Beginner and Pre-Intermediate English with Rupam

Rupam continues to offer morning English classes. Her classes are a mix of discussion on current topics, and grammar as necessary. You are welcome to try out a class and see if it fits your needs. However, please note that this is not a drop in/walk in class but is meant for students committed to joining the course.

- Classes take place **Tuesdays & Thursdays, 10:30am to 11:30am.** Enquire now to join!

If there is a language you would like to learn, and it's not on our list, please send us a query!

To join or enquire:

Please fill out our form at

<http://register.aurovillelanguagelab.org/>

You may also drop us an email at

info@aurovillelanguagelab.org,

call us at **2623661** or **come visit us!**

Please Note:

Registration and contribution are essential before you join a course with us. Please see our team member at the front desk to ensure this is complete, thank you!

Current Schedule of Classes

Language	Level	Time	Day(s) Of Classes
English	Pre-Intermediate & Intermediate	10:30 - 11:30am	Tuesday & Thursday
	Conversation Started 17 October 2023	4-5pm	Tuesday & Thursday
French	Beginner To start 4 November 2023	2:30- 4:30pm	Saturday
	Conversation 1 To start 4 November 2023	10:30am – 12noon	
	Conversation 2 To start 6 November 2023	2:30 -3:30pm	Monday & Thursday
Tamil	Spoken Beginner Started 12 September 2023	9:30 – 10:30am	Tuesday & Friday
Sanskrit	Beginner To start November 2023	TBA	TBA
Hindi	Beginner Started 9 September 2023	10am – 12noon	Saturdays
German	A1.1 Beginner Started 11 September	9:30 – 11am	Monday & Wednesday
	German Conversation To start soon	4 – 5pm	Tuesday & Thursday
Spanish	Beginner To start October 2023	2:30 – 3:30pm	Tuesday & Thursday
	Intermediate	2:30 – 4pm	Tuesday
Japanese	Beginner To start November 2023	TBA	TBA
Italian	Beginner TBA	2:30 – 3:30pm	Monday & Wednesday
	Conversation Started 12 September 2023	2:30 – 3:30pm	Tuesday & Thursday
Persian	Beginner To start November 2023	TBA	TBA

The Language Lab is open:
Monday – Saturday, 9am - 12pm & 2pm - 5pm

Location:
International Zone, after Unity Pavilion & Pump House.

Contact:

Phone: (0413) 2623 661, 2622467, +919843030355 Email:

info@aurovillelanguagelab.org

CLASSES, WORKSHOPS & HEALING ARTS

AUROVILLE EARTH INSTITUTE

TRAINING COURSE



The Auroville Earth Institute is pleased to announce the commencement of its **CSEB Design Training Course** on **November 20th**. This **6-day program** offers comprehensive instruction on the art of design utilising Compressed Stabilised Earth Blocks. Classes will convene from **9 am to 5 pm** each day.

Registration for this course is now open for architects, engineers or students. Admission will be granted on a First Come, First Serve basis, seats are limited. You can register at <https://registration.earth-auroville.com/> or register directly at the Auroville Earth Institute. Trainees should bring their laptop and be proficient with Auto Cad.

We invite you to embark on an enlightening journey into the realm of Earthen Architecture with us.

Join the Clan of Earth Builders!

QUIET HEALING CENTER



Quiet Healing Center, Auroville 605 104, Tamil Nadu, India

www.quiethealingcenter.info / quiet@auroville.org.in

Mobile & WhatsApp: +91 9488084966

Birenda Massage Course with Jean-Louis & Sivacoumar

- **Thursday 9 - Sunday 12 November & Saturday 18 - Sunday 19 November (9:00am - 5:00pm: 36 hours)**

This training consists of six days, divided into four days (9 – 12 November) and two days (18 – 19 November) as to allow time for home practice and easier absorption of the material and massage protocol.

Birenda Massage is a unique Indian massage therapy, which was developed by Birenda, an accomplished therapist from Bengal with 50 years of experience.

To facilitate the learning process, the course material consists of three sections: the first part is dedicated to back massage; during the two other sections, you'll learn how to massage the legs, arms and front of the body.

You'll also learn how to prepare yourself before massaging a person, create a trusting relationship with your client, and offer relevant information afterwards.



Manual and certificate upon completion of the course!

No previous experience required.

After receiving a long, in-depth personal training from Birenda himself, **Jean-Louis** has been offering massage treatments over the past 25 years. As an accomplished therapist, he has also been teaching this innovative body treatment to both beginners and experienced therapists in India and abroad. **Sivacoumar** has been working as a Birenda massage therapist at the Quiet Healing Center since 2018. During this period, he was personally trained by Jean-Louis to become a Birenda massage instructor and will co-teach this course together with him.

Hawaiian Massage Course: Lomi Lomi Basic with Sang

- **Thursday 23 - Sunday 26 November (8:00am - 6:00pm: 34 hours)**

Lomi Lomi is an ancient Hawaiian massage style which uses long fluid rhythmic strokes to treat the whole body. The practitioner uses the hands as instrument of the heart.

Energetic, emotional and muscular blockages are released allowing oxygen, blood circulation and life to flow more freely. This massage brings balance and a heart-opening peace to body, mind and spirit.

During this course, you'll learn an ancient Hawaiian massage technique; connect to your heart through meditation; give and receive a series of healing massages.

No previous experience required. Certificate upon completion of the course.

Sang was trained at the Mettes Institute in Australia and has been a facilitator at the Institute from 2003-2006. She introduced Hawaiian massage courses in Auroville in 2006 and has been teaching Lomi Heartwork and KaHuna bodywork ever since.

FAMILY CONSTELLATIONS WORKSHOP

WITH MOGHAN

FAMILY AND SYSTEMIC CONSTELLATIONS WORKSHOP

SATURDAY 18th of NOVEMBER

Time: 9am to 6pm

CREATIVITY Hall of Light



Contact: Moghan 9751110486, mehlemmoghan@gmail.com

SERENDIPITY ACTIVITIES & THERAPIES

(Ex. Joy Community in front of Center GH)

Center Field, Auroville - 605101, TN, India

Mobile/Whatsapp: +91 9385623342

Email: serendipityauroville@gmail.com

<https://serendipity.auroville.org>

<https://www.facebook.com/serendipityauroville>



REGULAR CLASSES

Hatha Yoga with Ramesh

- **Wednesday from 5.30 to 6.30pm and**
- **Saturdays 7:30 to 8:30am, drop in class.**

Ramesh offers hatha yoga classes, incorporating elements of vinyasa, pranayama, and meditation. His style is gentle, adaptive and progressive, blending passive, gravity-assisted poses with dynamic, energizing poses. He places emphasis on mindful breathing and body awareness throughout the practice. Classes are well-suited for beginner to intermediate-level practitioners. They are on a "drop-in" basis and by donation, although a minimum contribution is expected, depending on your means.

Traditional Sanskrit Mantras with Sonia

- **Thursday from 9 am (Drop in class); Friday from 5 to 6pm (Regular Students).**

In the recitation of Sanskrit Mantras the sound is very important and the specific pitches and strict rules of intonation and syllabic length should be learned according with the tradition of the great masters of the past, who figured out how to use the voice to calm the mind and attune the practitioner to the more subtle levels of the "sadhana" or spiritual path.

Through the harmonic rhythm, repetition and participation in the singing, the mind reaches more clarity, concentration and tranquility.

THERAPIES

Shiatsu Massage with Sara On appointment only **(+91 9443617308)**

Shiatsu is a physical therapy that supports and strengthens the body's natural ability to heal and balance itself. Although shiatsu means 'finger pressure' in Japanese, a practitioner also uses touch, comfortable pressure and manipulative techniques to adjust the body's physical structure and balance its energy flow. Like acupuncture, shiatsu stimulates the body's vital energy (Chi) using the points and meridians of acupuncture as well as massaging the muscles, joints and circulation with strokes like kneading or effleurage. It is characterised by extensive use of pressure techniques over acupuncture points often done using thumb or palms. Shiatsu does not use instruments or oils. During a session, individuals are fully clothed and traditionally lie on a futon mat placed on a floor.

Expressive Arts with Anjali On appointment only **(+91 95600 26678)**

The key purpose of Expressive Arts sessions is to build our relationship with an art process in an experiential and embodied way through multiple art forms such as visual, writing, photography, dance, movement, music, or drama. By moving away from the result, into paying attention to the creative process, we allow ourselves to connect deeper to the resources we hold within us. The sessions will emphasize creative imagination, mindfulness through art, and connecting with our deeper selves. This space will also allow you to connect with your authentic forms of expression, as you explore with the arts. This helps access inner resources otherwise untapped. The sessions typically last for 60-90 minutes.

Tarot Reading with Anjali On appointment only **(+91 95600 26678)**

Tarot, oracle and angel cards are tools of divination and exploration which can be used to gain insight, work through life's challenges and understand ourselves on a deeper level. The messages in these cards are used not to predict the future, rather to connect ourselves with our own inner knowing and wisdom to channel our resources in the right direction. The overall aim is to promote growth and well-being. Anjali uses the tool of tarot as an opening to connect with imagery, archetypes and intuition. The insight gained from the cards are delivered as a storyline or guidance which promotes deeper reflection. Anjali is certified by the Psychic Healing Academy led by Sal Jade, Tarot Instructor and Intuitive Healing Coach, and also by Academy of Tarot by Mehakleen, Tarot and Manifestation Coach. Her approach is also based in intuitive and spiritual practice. She combines her tarot practice with techniques from Pranic Healing and Expressive Arts.

Pranic Healing with Anjali On appointment only (+91 95600 26678)

Pranic Healing is a revolutionary and comprehensive system of natural healing techniques that uses prana (life energy) to treat illness and improve well-being. It is a synthesis of ancient, esoteric healing methods that have been rediscovered, researched and tested over decades with proven success by the founder of Modern Pranic Healing, Grand Master Choa Kok Sui. Anjali has been practicing Pranic Healing since 2018 and she has been certified in Basic Pranic Healing, Advanced Pranic Healing, Pranic Psychotherapy, Achieving Oneness with the Higher Soul, Pranic Crystal Healing, Psychic Self Defense and Arhatic Yoga Prep, accredited by World Pranic Healing Foundation, Manila.

Pranic Healing has been described as a simple and yet very powerful technology that can be employed with immediate benefits to the patient. It is a no-touch healing modality. Pranic Healing corrects imbalances in the body's energy field and energy centers (chakras) and transfers life force to the patient. Pranic Healing can facilitate healing for specific diseases and conditions including physical, mental, emotional and psychological ailments.

VÉRITÉ WORKSHOPS AND THERAPY

Pre-registration required

Please contact Verite @
0413 2622045, 2622606, 9363624083 or
programming@verite.in, www.verite.in



Sivananda Yoga: Masterclass – with Mani **Friday, November 3, 9:30am – 12:00pm**

A classic Sivananda session, including basic pranayama (breathing) and Surya namaskar (sun salutation), designed to massage and rejuvenate the entire spine, with rhythmic alternation between effort and relaxation to balance the nervous system and prepare it for the final guided relaxation.

Energy Cleanse through Yoga Kriyas – with Mamta **Saturday, November 4, 9:30am – 12:00pm**

Purify your energy channels with 3 Hatha Yoga Kriyas: Jalneti (saline nasal rinse), Trataka (Fixed gaze) & Kapalabhati (Skull shining breath). They cleanse your body from the inside out, develop immunity & steadfastness, paving the way for evolution of consciousness. Anyone registering for this workshop must either bring their own Jalneti pots or buy it from us at the registration desk for Rs 50/-

Master Class: Calm Your Nervous System & Your Mind through Yogic Techniques – with Andres **Saturday, November 11, 9:30am – 12:00pm (theory booklet included)**

Modern life often seems designed to bring strain to our nervous systems, contraction to our bodies, and imbalance to our minds. But there are ancient tools from Yoga that are designed to free us from the restraints that keep us from experiencing well-being, inner peace, and contentment. Learn the practical techniques of breathing, mantra, asana, and relaxation that calm the mind, relax the nervous system, and awaken the balance that already dwells within the memory of our bodies.

PITANGA



Program November 2023

CLASSES - REGISTRATION REQUIRED

Iyengar Yoga with Tatiana and Chloé

All Iyengar Yoga classes are designed for healthy adults. If you have any physical problem, please talk to the teacher before the class to find out if this class is for you. We do not offer any medical yoga classes and our classes are not for people who need a therapeutic approach.

Mondays 5pm – 6.30pm with Tatiana | Level 1

A general asana practice class. Each session includes the practice of Salamba Sarvangasana (shoulderstand) or preparatory stages. Regular attendance is expected.

Tuesdays 9am –10:30am with Chloé | Yoga for the Spine | All levels

Suitable for all levels of practitioners. Special attention is paid to relaxing the back and the correct position of the spine in various types of asanas. Each practitioner should be prepared to independently use props such as chairs, rollers, bricks.

Wednesdays 5pm – 6.30pm with Tatiana | Level 2-3

For seasoned practitioners. Classes include both asanas and pranayama. Inverted poses like Salamba Sarvangasana, Salamba Sirshasana are practiced regularly.

Saturdays 9am – 10.30am with Tatiana | Restorative Yoga | Level 2-3

Each session includes time for deep work in inversions, backbends and forward bends with support and deep relaxation on a physical and mental level. Practitioners are expected to independently choose alternative postures according to their ability and are prepared for prolonged use of inverted postures.

Saturdays 11am – 12.30pm with Tatiana | Mixed Level

An active practice class for Iyengar Yoga practitioners of all levels. Suitable for beginners. Exceptionally, this class can be attended without registration as well.

Art Therapy with Gala

Thursdays, 3 – 5pm for adults

Fridays, 3 – 5pm for families

YOUTH ACTIVITIES

These are ongoing educational programs and not intended for drop-in students. If a child is interested, parents need to talk to the teacher before bringing the child.

Asanas for Teenagers with Lisbeth

Mondays, Wednesdays | 4pm – 5:15pm

Yoga for children, 5 – 8 yrs., with Gala

Saturdays | 9am – 10am

Yoga for children, 7 – 9 yrs., with Gala

Saturdays | 10am – 11am

Energy games for children, 9 yrs. +, with Gala

Saturdays | 11am – 12pm

DROP-IN CLASSES *Join without prior registration!*

Mondays

- 7.30am – 9am | **Asanas** with Rachel | All levels
8.30am – 10am | **Yoga Therapy** with Gala | All levels
4:00pm – 5:00pm | **Deep Presence** with Mike S.

Tuesdays

- 4.45pm – 5.30pm | **Odissi Dance** with Rekha | Beginners

Wednesdays

- 7.30am – 9am | **Asanas** with Rachel | All levels
8.30am – 10am | **Yoga Therapy** with Gala | All levels

Thursdays

- 4.30 – 5.30pm | **Aviva Exercise** with Suriya | For women
4:30 – 6pm | **Vocal Sound Healing** with Lola | All levels

Fridays

- 6.45am – 8am | **Pranayama** with François & Namrita |
For former “The Art of Living” course participants
7.30am – 9am | **Asanas** with Rachel | All levels
8.30am – 10am | **Yoga Therapy** with Gala | All levels
3.45pm – 4.30pm | **Odissi Dance** with Rekha | Beginners
4.30pm – 5.30pm | **Reading of the Life Divine** with Balvinder |
All are welcome to join.
5:15 – 6:15pm | **Feldenkrais class** with Shari | All levels

Saturdays

- 11.00am – 12.30pm | **Iyengar Yoga** with Tatiana | Mixed Level,
open to beginners
11:00am -12:15pm | **ATB explorations**
with Isora, Rosario and Teresa | All are welcome to join.

HEALING SPACE - BY APPOINTMENT

- Acupuncture by Heidi
- Bio-Resonance (with Bi-Com machine) by Afsaneh
- Chiropractic by Afsaneh

TALKS



4 Talks
on Health
by Lize de la Rouvière

Fridays, 3 – 4pm

3 November: Resilience

Tools to stay mentally, emotionally, and physically resilient through difficult times.

All are welcome. No registration is necessary.

Lize is a Functional Medicine Practitioner and volunteers at Santé - Auroville Institute for Integral Health and Pitanga. The talks are organised in collaboration with Santé.

NEW ACTIVITIES



Vocal Sound Healing

Practice and embody the power of the voice, your most potent healing instrument.

The voice is the only tool more powerful than the gong, especially your own voice, because you are self-generating the healing vibrations to shift energetic blocks.

The practice is about opening yourself up to a new way of exploring your voice.

Immerse yourself in this session, discover your own voice, take a step to experiment through sound, music and movement. No experience is needed.

Every Thursday from 4:30 - 6pm with Lola



Deep Presence - Inner Exploration

A guided exploration by Mikhail S.

Following the facilitator's guidance, we will travel with our attention deep within (and without) ourselves, where we will listen deeply... By becoming still, we'll aim to tune into the living presence that is always present, to align with Truth, in other words with that which isn't transient and perishable but Eternal and Infinite.

The intention is to leave behind all effort, tension and desire, to bypass our mind and emotions in order to experience this always available Presence.

The exploration lasts 45 minutes and ends with a small sharing of approximately 10-15 minutes. Preparation for class: If possible, please take a 15 minutes nap (or silent quiet rest lying down) at home, before class or in the afternoon (to try and prevent dosing off and falling asleep).

Every Monday from 4pm – 5pm with Mikhail S.



New class starting on Saturday 11th. November

ATB explorations

A joyful space for discovering oneself and developing attention and relaxation.

Every Saturday from 11am to 12:15pm.

All are welcome - Drop-in session.

With love and gratitude, Isora, Rosario and Teresa

If you wish to receive our program of activities by email, please write to us: info@pitanga.in

See you at Pitanga, with a smile !

Pitanga Cultural Centre
2622403 / WA 9443902403
info@pitanga.in

TAI CHI HALL @ SHARNGA

Offers regular Tai Chi Chuan classes from Mon-Sat.

Monday & Saturday:

- 7:30-8:30 Chi
- 8:30-9:30 Form

Tuesdays - Fridays:

- 7:30-8:00 Chi
- 8:00-9:00: Form



All are welcome

Contact: taichi@auroville.org.in / 0413 2623187

USE YOUR VOICE WORKSHOPS



Learn to enjoy speaking in public with the 4 elements

**Nov 3rd, 6th, 10th and 13th; 3pm - 6 pm
in Creativity - Hall of light**

Join this 4 half day workshop with Moghan and expand your comfort zone when speaking in public.



With the EARTH give body and density to the words, anchoring yourself in the ground in order to fight against stress and to radiate presence, confidence and evidence.



With WATER, contact ease, fluidity, emotion without overflow by letting the sentences flow.



With FIRE, dare to be passionate and enthusiastic. Ignite with meaning each affirmation of what matters to you.



With AIR, invite silence into your sentences, make room for the spirits, for the language of the heart.

To register please contact us at: ldj099296@gmail.com

The Sound of Bamboo

Various Styles of the Indian Flute



Bansuri (Flute) Group Classes With Michael

Kalabhumi Music Studio

Every Friday (Beginner: 11am-12pm, Advanced: 12pm-1pm)

Drop in is possible at any time, flutes available to borrow or buy.

Contribution:

- Aurovilians, NCs, Volunteers & Local Villagers: Free donation
- Guests: 500 INR

More Info: www.the-sound-of-bamboo.com

To Donate: <https://pay.auroville.org/divine-arts>

Learn More About Divine Arts:

<https://auroville.org/page/divine-arts>

Warm Regards, Dave

M: +44 (0) 7564 119 728 / E: djsevans87@gmail.com

FORGIVENESS & RECONCILIATION

FORGIVENESS & RECONCILIATION

Exploring Roots of Hurt, Anger & Alienation

With

Dr. Sehdev Kumar

Author of 7000 Million Degrees of Freedom: One Earth, Seven Billion Worlds



Hurt is inevitable; Suffering is a Choice

**An Introductory Session for Weekly Workshops
Pavilion of Tibetan Culture
Friday, November 17
5:00 – 6:45 pm**

STUDIO BASED ART THERAPY AND COUNSELING

tialovesart@gmail.com / www.createandtransform.org

CREATE AND TRANSFORM

STUDIO BASED ART THERAPY AND COUNSELING

individual * group * family



Therapy can be creative and non-threatening for help with:

- Anxiety
- Depression
- Trauma
- Life Issues

Trauma Informed Art Therapy & Counseling:

- Client Centered,
- Strength Based,
- Solution Focused,
- Incorporating CBT and a creative, eclectic tool box.



Tia Pleiman, MA, ATR, NCC, LPC

tialovesart@gmail.com

www.createandtransform.org

WA 7094007610

Aurelec, Kulapalayam, Auroville

CHANTING CLASS - SERENDIPITY

**Traditional
Mantras & Stotras
Chanting Classes**

at Serendipity Community

Thursday 9:00 AM (drop-in class)

Friday 5:00 PM (regular class)

with Sonia Novaes



Email: serendipityauroville@gmail.com / WA: +91 8940288090

ACTIVITIES

AUROVILLE: ONE DAY & HALF DAY TOURS

Explore Auroville like never before. We will explore community life from different angles and multiple viewpoints.



We will embark on a journey to see how a community runs, in general and what makes Auroville, a spiritual community or a living Utopia and its aim to constant progress and growth. Come and spend a day with us.

Pre - Registration is required.

Contact us to know more details:

youthlink@auroville.org.in or WA: +91 85248 25120

Here is the link for the itinerary, fee and other important details:

[https://drive.google.com/drive/folders/1tGQN BGltSxZKGulnpwhQTPNaUIAJomDU?](https://drive.google.com/drive/folders/1tGQN BGltSxZKGulnpwhQTPNaUIAJomDU?usp=drive_link)

[usp=drive link](https://drive.google.com/drive/folders/1tGQN BGltSxZKGulnpwhQTPNaUIAJomDU?usp=drive_link) or

please scan this code to know more:



ECO FEMME OPEN HOUSE

ECO FEMME OPEN HOUSE

Every Thursday morning
from 10:30 AM



Dear friends,

Join our open house at our office in Auroshilpam every **Thursday morning at 10:30 AM till 12 AM.**

Come and learn about:

- Sustainable menstrual products (cloth pads, cups and period panties),
- Menstrual cycle awareness and,
- Our not-for-profit work.

You can also pick up discounted cloth pads, cups, period panties and cloth nappies.

See you soon!

The Eco Femme Team

AUROORCHARD FARM WALK

NOVEMBER 4TH AT 10 AM

EMAIL: auroorchard@auroville.org.in / WHATSAPP: +91 9566631079 (Nidhin)



FARM WALK

Dear community and friends,

Join us for a stroll through our orchards and vegetable gardens at AuroOrchard farm, where we are passionate about producing the food that Auroville needs. It would be a pleasure to interact with you and hear your inputs and perspectives.

SCAN TO FIND
OUR LOCATION



DATE: 4 November • TIME: 10am

CONTACT US AT

EMAIL: auroorchard@auroville.org.in

VOICECALL: 9882685365 (Anshul)

WHATSAPP: 9566631079 (Nidhin)

Please come through the main gate, take the first right until you arrive at the parking area.



BODY IN LIGHT: 2-DAY ENERGY HEALING WORKSHOP

NOVEMBER 18TH & 19TH, 9AM-5PM

- Fundamentals, Principles and Universal Laws of energy healing
- Dive into powerful techniques for self-healing.
- Realign to the Blueprint of your Soul, your Divine Essence —through Divine Spine Alignment.
- Step into the frequency of the four Mother Powers and anchor your connection with her archetypal essences.

Facilitator: Sandyra, Energy Healer & Teacher since 25 years. Limited seats.

Register now: contact@auroville-jiva.com, or WhatsApp: +91 98333 84580



Awaken to the
Light of Your Soul

BODY IN LIGHT

2-Day Energy Healing
Workshop

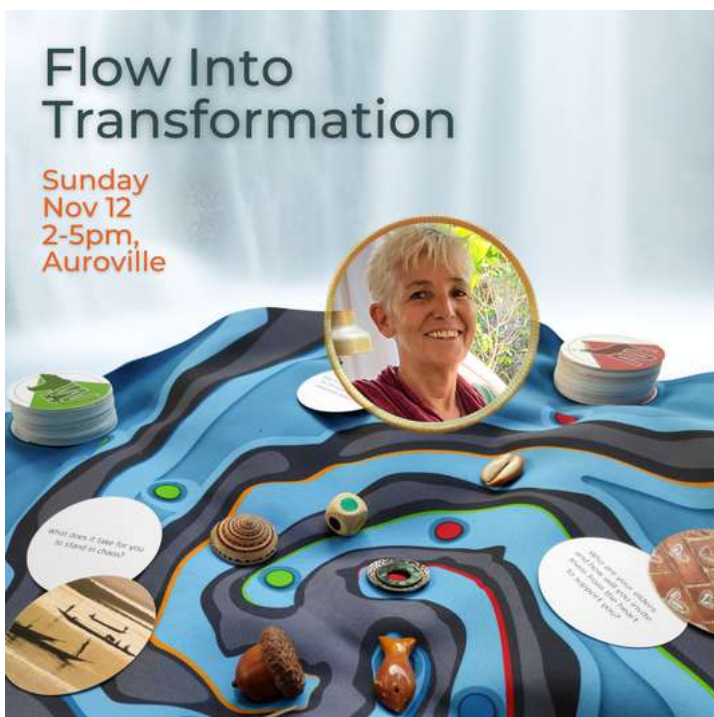
Nov 18-19, 9am-5pm
Tibetan Pavilion

FLOW INTO TRANSFORMATION WORKSHOP

NOVEMBER 12TH, 2-5PM

Is there a question that is burning inside you? The Flow Game is a powerful tool to transform stuckness. Within every challenge, there often lies a transformative potential. Bring a challenge that's alive in your heart. Discover your way to greater flow.

Register now. Max. 6 spots. WhatsApp: +91 98333 84580



Flow Into Transformation

Sunday
Nov 12
2-5pm,
Auroville

What does it take for you to stand in chaos?

How do you know when you are in a flow state?

FOOD FOREST TOUR

www.myfoodforest.info / myfoodforestgarden@gmail.com



FOOD FOREST TOUR

I welcome you to a tour through my permaculture garden!
We will take a look at local foods and you will get an idea on how to start growing your own food.
Come and connect with nature and learn about healthy and sustainable food options

This tour includes a **MINI-RAW-FOOD-WORKSHOP** where we will harvest herbs, fruits and flowers to prepare some delicious

VEGAN ICE CREAMS and more...

EVERY SUNDAY from 9:30 to 11:30
at La Ferme Community (5min from AV Bakery)

Sign up and infos whats app Sarah 9047421044

www.myfoodforest.info
myfoodforestgarden@gmail.com

CONSCIOUS NATURE IMMERSION AT MAHAKALI PARK

MahaKali Park is one of the 4 parks of Auroville, which is developed as a place for holistic awareness and self-development through nature.

Introduction to MahaKali Park with Arun:

Sunday - 5th of November, 6 am to 7 am - Major Arun invites you for a peaceful discovery and understanding of MahaKali Park and an introduction to the history and context of green spaces within Auroville. The background of the cradle land and the current state of the vegetation's evolution through a holistic understanding of ecology is shared during the outdoor walk.

Free. No registration required. Contributions accepted.

Be adequately clad to prevent mosquito bites. You may also carry mosquito repellants.

Venue: Meeting point at Révélation's main gate 5/10 min before the time of the session (Search for "Revelation Forest" on Google Maps)

Contact: +919500183706

Medicine Walk with Niharika:

Sunday - 5th of November, 7 am to 9.30 am - Is there a question that is alive in your heart? A medicine walk is an ancient earth-based practice for soulful inquiry. Allow Nature to be the pure mirror that can offer you the soul-level medicine to discern your next most aligned step in life.

Registration required, limited spots.

Contact: +91 9833384580 WA



**CONSCIOUS
NATURE IMMERSION**

At MahaKali Park

SUNDAY 5TH NOVEMBER, 2023

6AM: INTRO TO MAHAKALI PARK
7AM: MEDICINE WALK

+919500183706
+33613047794

Révélation Forest, Auroville

revelation_forest

TLC FRIDAY OPEN SPACES



**TLC welcomes
all Auroville kids every
Friday**

**11:00-12:30
Nursery
Open Spaces
(2-5 yrs)**

**12:30-13:30
potluck lunch**

**13:30-15:00 Open
Spaces for kids
(6-14 yrs)**

**At TLC
Base Camp**

For more info contact 9442180610

RUPHAVATI JOY ACTIVITIES

BIO-REGION TEMPLE TOUR

Interested in learning more about the religious heritage in and around the bio-region?

Come take a guided tour of temples around the bio-region.

Starting point from Solar Kitchen.

Can be scheduled anytime throughout the week.

Please contact in advance for more information and booking:
8098845200



SOUTH-INDIAN CUISINE - COOKING CLASS

Learn to cook some delicious delicacies of south India with Rupavathi.

**Monday to Saturday
between 10AM and 5PM**
at creativity.

Please book sessions in advance.



THAI MASSAGE

Monday - Saturday between 9AM and 5PM

To book massage sessions or for more information, please contact personally.

TAILORING

We can tailor and customise any kinds of dresses, sari-blouses and kurtas.

For any of the above services, contact information below:
Phone/WhatsApp - 8098845200
Email - rupavathijoy@gmail.com

HIVE OPEN HOUSE
FRIDAY, 3RD NOVEMBER 2023!



Dear All,

Join us at Hive's **Open House on Friday, 3rd November 2023**, from **10 am to 5 pm!**

Step into the world of unmatched productivity and limitless possibilities with lightning-fast Internet and Unlimited data - All for Free.

Visit our website at www.auromode.in/hive-coworking for more details on the plans and facilities.

For inquiries, feel free to reach out to us on WhatsApp at 70921 97375/ 9042759540.

See you on Friday!

**FREE
OPEN HOUSE
November 3rd**



Auromode HIVE, Auroville.



auromode.in



70921 97375

With Best Regards
Auromode HIVE Team

**VOLUNTEER AND LEARN - FARMING HANDS ON
AUROORCHARD**

EMAIL: auroorchard@auroville.org.in / WHATSAPP: +91 9566631079 (Nidhin)



AuroOrchard

**Volunteer and learn
farming hands-on!**

AuroOrchard is the oldest and one of the largest farms in Auroville, contributing significantly to the food needs of the community.

Join us to learn to work with the soil, plants and food while sharing with a diverse group of people.

We offer breakfast made with farm produce.

TO JOIN US, PLEASE CONTACT US

EMAIL: auroorchard@auroville.org.in

WHATSAPP: 9566631079 (Nidhin)

INTRODUCTION TO MANAGEMENT ACCOUNTING FOR UNIT EXECUTIVES

NOVEMBER 18TH, 9:15AM - 12:30PM



Flourish (a unit under Service Trust) is organizing a series of training sessions to help those running units in Auroville understand the fundamental aspects of utilizing financial data to make operational decisions.

This series of training sessions will begin with a taster session to explain the importance of understanding this critical information, with exploration of an Auroville based case study. We welcome unit executives and any others who make critical business decisions for the unit to attend this session.

In the near future, this introduction will be followed by a series of awareness sessions to further deep dive into this subject.

The training will be held on **Saturday 18th November** from **9.15am -12.30pm** including breaks.

If you are interested to attend, please email:
flourish@auroville.org.in

CREATIVE WRITING PLAYGROUND

The **Creative Writing Playground** blog has been put on stand for about one month and it's resuming its activity now! Many changes are on the way.



The first one: the name has changed into I Just Wanna Write, as the Auroville Radio Podcast. Other news are on the way, so if you like to write on any level, from personal to narrative or theater and short movies scripts, just check the blog at <https://gatedreams.com/> and click on I Just Wanna Write. Or go to the Auroville Radio website and enjoy the many episodes uploaded there. I've just recorded a series on the Hero's Journey that you might find useful. For entering the Blog in the website, you'll have to sign up. It's free for Aurovilians, Newcomers and Volunteers. And if you feel like stuck in your writing exploration, or if you need some encouragement or fresh ideas to unblock your journaling practice (or even if you want to start one) or if you feel that writing is part of a creative self educational path, I will happily share my real presence and time for an enjoyable writing session with you. Contact me here: avgateofdreams@gamil.com

Up the morale and let's keep up with the good writing!
Francesca

NEW CREATION DANCE STUDIO

ZUMBA WITH PREETI

New Creation Dance Studio
Sweatout & Smile
ZUMBA
Every Mondays!
With Preeti
For regular classes
DM: 8281746763

FOODS, GOODS & SERVICES

HEMPLANET

Discover the Magic of Hemp at Hemplanet!

Dive into a world of nourishing hemp delights at our Hemp Store. From the heartiness of hemp hearts, the richness of hemp seed oil, to the rejuvenating touch of hemp body care, we've got it all. Whether you're a hemp enthusiast or just curious, come chat with us and explore the wonders of hemp!

Hemp Food Selection:

- Hemp Hearts
- Hemp Seed Oil
- Hemp Protein Powder
- Hemp Granola Bars
- Hemp Pasta & more!
- Hemp Seasonings

Hemp Body Care Treasures:

- Hemp Soaps
- Hemp Shampoos
- Hemp Balms
- Hemp Body Butter
- Hemp Seed Oil

Visit Us: Mon-Sat, 10am - 4:20pm

Location: Reve Area, 1st Floor, Building 1, Auroville

Step into the Hemp Haven and embrace nature's gift!



RAPID CARE SERVICES RCS

Rapid Care Services has been serving the community at its best capacity.

Over the period of 6 months, we have made a lot of improvements with our services and technicians in order to cope with quality, beauty and time, which are the 3 mandatory factors that we work on.



Rapid Care Service, as an Auroville activity, is dependent only on Aurovilians and Auroville, while we also do not take advantage of our own community in terms of rate and quality. We make sure the work is completed on an economical budget without compromising quality.

Please use Rapid Care Services to keep Auroville's economy healthy, and rotational to benefit Auroville as a whole.

List of services provided by Rapid Care Services:

- Aluminum channel work
- Welding
- Carpentry
- Masonry - renovations and remodulation
- Plumbing
- Painting
- Insect Treatment
- Fencing
- Electrical
- Washing machine repair & installation
- A/c repair and installation,
- Inverter repair and installation,
- Dth repair and installation and
- Furniture purchase assistance

Kindly contact us and hire our services at the below mentioned contact details.

Balaji - 8270071581 ; Arun - 7639810621

rcsrapidcareservices@gmail.com

rapidcare@auroville.org.in

SOLITUDE FARM - 2023

Farm



Solitude has a small farm shop which is stocked daily with fresh seasonal produce.

There are also some ayurvedic powders such as giloy or guava leaf and also chilli powder, turmeric, pickles and dried flowers. Solitude also runs a C.S.A. fruits and vegetables basket service where people sign up in advance for a basket of seasonal produce.

- Papayas
- Assamese giant lemons
- Pineapple
- Plantain
- Bananas
- Wild spinach
- Wild salad greens
- Sundakkai
- Banana stem
- Banana flower

Cafe

The cafe runs from Monday to Saturday serving a local food vegan thali.

We also serve farm salads, smoothies, desserts, vegan coffee etc...

The cafe runs a lunch scheme.

Education

Solitude farm runs mini permaculture workshops during the week (Wednesdays and Fridays) and longer weekend workshops on a monthly basis. Pricing is flexible for Aurovillians.

Tour

Every Saturday we offer a free tour of the farm sharing the narrative and philosophy in practice of how a food forest can emerge through natural farming and permaculture.

Volunteers

Solitude Farm is happy to welcome volunteers.

Timings 8:00 am -12:30 pm

We offer breakfast, tea and lunch.

Opportunities

Solitude Farm Cafe is looking for a serious person to manage the POS and accounts, stock, excels etc for the cafe and farm. Replying to emails and calls.

Solitude Farm is looking for people to help with the educational workshops.

To find out more:

email: solitudepermaculture@gmail.com

whatsapp: 9843319260

Solitude farm & café

Auroville



Solitude Farm

AIRCON CLEAN OFFERS COMPREHENSIVE AIR CONDITIONER CLEANING SERVICE KNOWN AS "JET SERVICE".



The Jet Service includes not only the filter cleaning but also indoor cooling coils, blades, and blower wheels, indoor cooler drain tray cleaning and outdoor unit with AC jet pump.

After a cleaning service your air is fresh and healthy, reducing sickness and helping you live a healthier life.

Save up to 30% power usage with a regular cleaning service.

Contact **AIRCON CLEAN** now at 9786809518 or email us at airconclean.av@gmail.com

Regards, Julien.

AUROVILLE LIBRARY TIMINGS

Auroville Library opening timings:

Mon - Sat: 9am - 12.30pm

Mon, Wed, Thurs, Fri & Sat: 2pm - 4.30pm

Tues: 4pm - 6.30pm



Every **Saturday** between 10am -11am: **Children's storytime!**

WE CAN HELP TO FIX ALL YOUR BROKEN ITEMS

New Waves, a unit registered under Kattidakali Trust located in Aurelec Premises, Prayogashala, Auroville is offering the services of **PCB Assembly, SMD soldering, de-soldering and minor repair of appliances.**

The unit can also undertake sub-contract of your production work on job work basis.

If you have any requirements, please contact Dhandapani, Executive at 0413-2622295,

Mobile 9443090082 / 8098193820 or via e-mail to newwaves@auroville.org.in



REPAIR OF AIR CONDITIONERS, FRIDGES, WASHING MACHINES AND APPLIANCES

Loganathan working at Mahasaraswati Shop (near PTPS, Aspiration area) is a long term Aurovilian that has gained a lot of knowhow through looking after and repairing all kinds of machines. He happily repairs your machines and appliances.

You may contact him via phone / SMS or whatsapp +91 94434 93025



SURABHI SUPPLIES

Dear Auroville Community,

Surabhi Supplies is dedicated to aiding individual community members, units, and projects in **acquiring a wide range of materials and equipment**, including but not limited to construction supplies, appliances, machinery, and more.

Our service offers several advantages to the community, such as **reduced prices** achieved through **bulk purchases** and **volume-based discounts**. We have established strong partnerships with various manufacturers and dealers who share our commitment to advancing Auroville's development.

Our primary goal is to streamline the procurement process for everyone, thus saving valuable time, energy, and costs while providing a high level of service to the community.

If you have any inquiries, please don't hesitate to reach out to us at:

Email: surabhisupplies@auroville.org.in

Phone: +91 98438 46458 (WhatsApp/Call)

Sincerely,
Surabhi Supplies



TAXI SHARE

AUROVILLE TO CHENNAI 7TH NOVEMBER

To stay ECO ;) friendly am very willing to share a taxi from **Auroville to Chennai Airport on Tuesday 7th of November 2023.**

Departure from Auroville **TownHall** at about **12:30PM** as the plane departs at 6:00PM.

Please contact via Whatsapp on +34685673777 or only sms on: +917289907792. Thanksss sunny :)

TAMIL & FRENCH NEWS & NOTES

NOUVELLES D'AUROVILLE



Auro - Traductions



Click [here](#) to read the **French News&Notes**
or
Scan the QR code:

ஆரோவில் தமிழ்ச் செய்திகள்



Click [here](#) to read the **Tamil News&Notes**
or
scan the code:

AVAILABLE

A/C AVAILABLE

Keep cool. Need a strong and durable A/C? - look no further: 2 tons split AC - Intec brand. Approximately 5 years old is available from Ulrike and Drupad, Sanjana: 04132622906, Ulrikrishna@gmail.com, Drupad 9626561256, Ulrike 9751513906 (*whatsApp, signal and telegram only*)

LOST & FOUND



TABLE TENNIS RACKET LOST

I lost my table tennis racket at certitude sportsground. It was in a red cover with the name poco. If anybody has found it please call me.

Thanks Ulli 9443619852

LOST KEYS



Keychain with 2 keys lost Monday 9 October.

Fell out of pocket on the cycle between Savitri Bhavan and Ganesh bakery and then to Vikas radial on the bike path.

Clip-on separable carabiner, so maybe keys are separated.

Please DM me @9740322557

Thank you,

Rajesh

AV RADIO



AurovilleRadio

The voices of Auroville

Dear Aurovilians,

Your favourite radio is always working for you. Stay tuned!

[Here](#) you can listen to the stream channel (playing 24/7).

[Here](#) you can see on-air schedules.

Last published podcasts:

- [Soul Tracks Se.5, Ep. 13](#)(Music)
- [LA VITA DIVINA EP. 36](#)(Sri Aurobindo)
- [Soul Tracks Se. 5, Ep. 12](#)(Music)
- [I Just Wanna Write – Ep. 16](#)(Creative Writing)

Auroville Radio Tv is maintained and supported with the help of a small town budget and voluntary donations. If you as Aurovilian wish, **make a donation to F.A. number 0867**.

Thanks for your help!

....and more! on www.aurovillerradio.org

For more information write to radio@auroville.org.in

Peace and love

Regards, AvRadio team



CINEMA



Presents at **MULTI MEDIA CENTRE AUDITORIUM (MMC, Town Hall)**

Reminder: **FRIDAY 3d, 8:00 pm "HOW TO STEAL A MILLION"** by William Wyler, US, 1966

FRIDAY 10th NOVEMBER, 8:00 pm

"MEMORIES OF MY FATHER" - Original title: **EL OLVIDO QUE SEREMOS**

Directed by **Fernando Trueba**, Colombia, 2020

With: Javier Cámara, Juan Pablo Urrego, Patricia Tamayo

Overview: It is the adaptation of the eponymous novel by Héctor Abad Faciolince, which is about the novelist's father, a doctor and university professor, defender of human rights in Colombia. The film received the 2020 Cannes Film Festival Label, and it was selected as the Colombian entry for the Best International Feature Film at the 93rd Academy Awards!

Synopsis: In 1983, Héctor Joaquim, son of Dr. Héctor Abad, returned to Medellín from Turin where he had studied. He sees his happy life as a little boy again with this father whom he venerates, his mother and his four sisters. His father a prominent doctor and human rights activist. A family man worried not only for his own children but those of the underprivileged classes as well, his home was imbued with vitality and creativity, the result of an education based on tolerance and love. His mother, niece of the archbishop, is deeply Catholic, Héctor Abad is for his part very liberal and open. His strong convictions are enough to put him in trouble.

The film will be presented by Pr. Sivakumar M.

Original Spanish version with English Subtitles. Duration 2h16'

DOCUMENTARY BY ILION-AUROVILLE

WEDNESDAY 8 NOVEMBER, 8PM, PARADISO

"The Cycles of the Mind in the History of Civilisations"

This film explores the influence of cosmic forces on the human brain and on the whole direction of our civilization. It proves that humanity is going through cycles of change and development exhibiting different patterns depending on which force – separating or unifying – is predominant at a particular historical period. A fascinating journey through history and an answer to the question of what our immediate future is going to be like!

The Cycles of the Mind

Do you know that your mind is subject to cosmic cycles?

A documentary by
ILION AUROVILLE

Wednesday 8 November 2023 - 8:00 pm
Cinema Paradiso

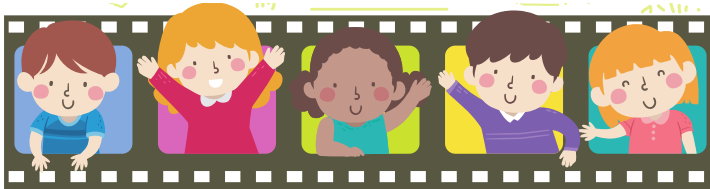
Duration: 1h plus Q&A

SERIES OF CHILDREN FILMS AT CINEMA PARADISO

Dear Community,

Cinema Paradiso will run a **series of wonderful films for the children**: including Harry Potter, Pirates of the Caribbean, and Indiana Jones. Since these films are longer than the usual films screened during the matinee, we will **start our Children's Matinee @ 4pm** (instead of 4:30pm) starting November 2023. Come and enjoy the wonderful films along with the children.

Thank you and see you,
The Cinema Paradiso Team.



 **ACCESSIBLE AUROVILLE PUBLIC BUS**
avbus@auroville.org.in / +91 94430 74825

Auroville TO PONDICHERRY

	Trip 1	Trip 2	Trip 3
Svaram Musical Center	7:00	8:50	14:50
Vérité Guest House - Junction	7:02	8:52	14:52
Town Hall - Main Parking	7:06	8:56	14:56
Solar Kitchen (Ex Round About)	7:10	9:00	15:00
Certitude Entrance	7:12	9:02	15:02
New Creation Road	7:17	9:07	15:07
SBI Bank—Kuilapalayam	7:19	9:09	15:09
ECR Junction—Aroma Guest House	7:23	9:14	15:14
Quiet Healing Center—Junction	7:26	9:17	15:17
Lotus Hotel—S.V Patel Salai	7:36	9:30	15:30
Ashram Road Junction	7:38	9:33	15:33
Ashram Dining Hall	7:40	9:35	15:35

Pondicherry TO AUROVILLE

	Trip 1	Trip 2	Trip 3
Ashram Dining Hall	8:00	12:15	18:10
Ashram Road Junction	8:02	12:17	18:12
Lotus Hotel—S.V Patel Salai	8:07	12:22	18:17
Quiet Healing Center—Junction	8:17	12:32	18:27
ECR Junction—Aroma Guest House	8:20	12:35	18:30
SBI Bank—Kuilapalayam	8:25	12:40	18:35
New Creation Road	8:27	12:42	18:37
Certitude	8:32	12:47	18:42
Solar Kitchen (Ex Round About)	8:34	12:50	18:44
Town Hall - Main Parking	8:38	12:54	18:48
Vérité Guest House - Junction	8:42	12:58	18:52
Svaram Musical Center	8:45	13:00	18:55

- Monthly Rs. 800: Aurovilians & Newcomers, No validity
- Student Pass Rs. 1200 per month/ 24 days round trip
- Rs. 150 Round trip for Aurovilians & Newcomers
- Rs. 200 Round trip for guests

Bus passes are available at
Auroville Vehicle Service,
Town Hall, Auroville, 0413 2623302



Cinema Paradiso

Multimedia Center (MMC) Auditorium

Film Program 6 November 2023 to 12 November 2023

Cinema Paradiso-Multimedia Center is now in operation at 100% seating capacity. However, if you want to wear a mask it is your choice.

To organize the seminar/program please email us. Our projector is crawling towards the end of its life. It has served well, but it is time for us to look for a new one. For this or to support our work you could financially support us. Please find necessary details at the end of this note.

Indian and diaspora – Monday 6 November, 8:00 pm:

• BAD BOY

India, 2023, Dir. Rajkumar Santoshi w/ Namashi Chakraborty, Amrin Qureshi, Darshan Jariwala, and others, Romance-Comedy, 122mins, Hindi w/ English subtitles, Rated: NR (PG)

Shubhankar is a strict personality who is hard to please. His daughter is Ritu, falls in love with Raghu, a total bad boy. Raghu, a son of a scrap dealer, who's a collage dropout, impersonates his way into the collage where Ritu studies to get to know her better. They fall in love, but then one day the charade gets busted, and his identity is revealed. Shambunath promptly decides to marry Ritu off to someone else. When Raghu pleads with him, Shambunath is willing to relent on one condition only – Raghu would earn the next month's entire household expenses to prove that he is capable; or else... *It's the debut film of the lead actor and has received good reviews.*

Potpourri – Tuesday 7 November, 8:00 pm:

• LA FRACTURE (The divide)

France, 2021, Dir. Catherine Corsini, w/ Valeria Bruni Tedeschi, Marina Foïs, Pio Marmaï and others, Comedy-Drama, 98 mins, French w/ English subtitles, Rated: NR (G)

It's the story of a group of people that nothing brings together who end up in the hospital emergency room during a Yellow Vests demonstration that goes wrong. A demonstrator injured by the police a middle-class couple in the process of separating, and of course the medical staff around them.

Interesting – Wednesday 8 November, 8:00 pm:

• THE CYCLE OF THE MIND

India, 2023, Dir. Alexander Pereverzev w/ Miko Sloper (narration) and others, Documentary-Philosophy, 64mins, English, Rated: NR (G)

The film brought to you by Ilion-Auroville explores the influence of cosmic forces on the human brain and on the whole direction of our civilization. It proves that humanity is going through cycles of change and development exhibiting different patterns depending on which force – separating or unifying – is predominant at a particular historical period. A fascinating journey through history and an answer to the question of what our immediate future is going to be like! *The film is shared with us by the Illion Team. The director will be present for brief Q&A at the end of the screening.*

Selection – Thursday 9 November, 8:00 pm:

• ILLUSIONS PERDUES (Lost illusions)

France, 2021, Dir. Xavier Giannoli w/ Benjamin Voisin, Cecile de France, Vincent Lacoste and others, Drama-Romance, 149 mins, French w/ English subtitles, Rated: PG-13

Based on a novel by Honoré de Balzac, the film depicts France, in the 1820s. A young poet, Lucien de Rubempré, leaves his family's printing house for Paris to get published. After a few menial jobs he finds work as a journalist, an art critic. Here he learns about the corruption and influence of the press and how to play their game.

International – Saturday 11 November, 8:00 pm:

• **WILDFLOWER**

USA-Canada, 2022, Dir. Matt Smukler, W/ Kiernan Shipka, Alexandra Daddario, Jean Smart and others, Comedy-Drama, English w/ English subtitles, 105 mins, Rated: R

Based on a true story, a girl navigates life, from birth to graduation with two intellectually disabled parents and an extended family that can't quite agree on the best way to help.

Children's Matinee – Sunday 12 November, 4:00 pm:

• **HARRY POTTER AND THE SORCERER'S STONE**

UK, 2001, Dir. Chris Columbus w/ Daniel Radcliffe, Rupert Grint Richard Harris and others, Adventure-Family-Fantasy, 152mins, English-Latin, Rated: PG

An orphaned boy enrolls in a school of wizardry, where he learns the truth about himself, his family and the terrible evil that haunts the magical world. *NOTICE: The new starting time for the matinee films.*

ROBERT ALTMAN FILM FESTIVAL@ Ciné-Club:

Ciné-Club Sunday 12 November, 8:00 pm:

• **3 WOMEN**

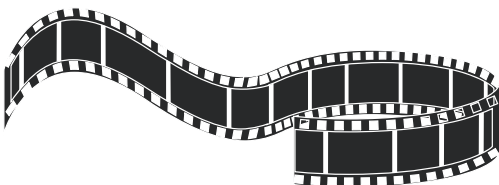
USA, 1977, Dir. Robert Altman, w/ Shelly Duvall, Sissy Spacek, Janice Rule, and others, Drama – Thriller, 124 mins, English w/ English subtitles, Rated: PG.

A film that was imagined in a dream, tells the story of three women whose identities blur, shift, and merge until finally, in an enigmatic last scene, they have formed a family, or perhaps have become one person.

Rating codes we often use are from Motion Picture Association of America (MPAA): G=General Audiences, PG=Parental guidance suggested, PG-13=Parents strongly cautioned, R=Restricted (equivalent to Indian rating: A i.e. for Adults), NR=Film Not rated, Rating awaited, or Rating not available.

For scheduling programs at MMC/CP venue: please email us at mmcauditorium@auroville.org.in. ***We appreciate your continued support. Pl donate to "Cinema Paradiso" (account #105106) or set up for a monthly contribution.***

Thanking You,
MMC/CP Group Account# 105106,
mmcauditorium@auroville.org.in



FOOD FOR THOUGHT

"Parce qu'ils croient entendre des messages divins, leurs oreilles restent sourdes à toute parole d'humanité"



Stefan Zweig

"Because they believe they hear divine messages, their ears remain deaf to any words of humanity."



EMERGENCY NUMBERS

Ambulance (24/7):

Auroville
9442224680

PIMS
0413 2656271

Security (24/7):

AV Safety &
Security Team
9443090107

Auroville
Police Station
0413 2677318

Kottakuppam
Police Station
0413 2236148

Vanur Fire
Station
0413 2677368

Health:

Health Center
0413 2622123

Santé
0413 2622803

Farewell
8903836246

Mental health 24/7 support:

Vandrevala Foundation +91 9999666555

India Emergency Response Service (24/7): 108

FO GROUPS

(not selected by due Residents Assembly process)

FROM FO ATDC - FO N&N 998

L'AVENIR D'AUROVILLE / ATDC

Application Announcement 12.10.2023

A. The following application has received Preliminary Design Approval (feedback requested before 26 October 2023 to application-avenir@auroville.org.in):

- Project Name—UTSAV 1B—Miniature—PDA—NO 2565
- Applicant/s: Ambra, Liliana & Marco
- Location/area: Industrial Zone

- **Area for which approval is sought:** 1181 Sq.m
- **Project brief:** Factory for production and boutique for the unit.
- **Constructive feedback guidelines:**

So far, while giving permissions, we have asked the project team to include approval from the neighbours. This has no resonance with the ideals of Auroville where we are supposed to be headed towards a life guided by no desire, no preferences and no sense of ownership. We will no longer request this approval.

Similarly when we publish projects for approval, we will discard all personal feedback with respect to 'neighbours choosing neighbours' or 'neighbours choosing development guidelines'.

All other feedback is welcome and will be part of the process.

*Thanks, Sindhuja
for L'avenir d'Auroville / ATDC*

FROM FO WC - FO N&N 998

FINAL CALL for applying for updation of ROR

Dear Aurovilians, please see the letter below that we have received from the office of the Deputy Secretary/ DIR, Swarnambika Madam.

This is the concluding call of the RoR process that began in 2022 and for the particular attention of those who have not yet updated their forms.

The list of those who have not yet submitted has been posted on AuroNet.

Kindly go through the letter and do the needful.

The last date for filling and submitting the form is 3 November, 2023

*Regards, The Working Committee,
Anu, Arun, Joseba, Partha, Selvaraj, Srimoyi, Tine*

Auroville Foundation Office Memorandum To The Working Committee, Auroville

Subject: Final call for applying for updation of ROR

Dear Members of Working Committee,

It has been brought to the knowledge of the office of Secretary, Auroville Foundation that some of the Aurovilians already registered in the ROR have not yet applied for the updation of ROR. As stated in the Auroville Foundation Act, 1988, Section 18 (I) 'The Residents' Assembly shall consist of all residents of Auroville who are for the time being entered in the register of residents maintained under this section'

Section 18 (2) states that 'The Secretary to the Government Board shall maintain the register of residents in such manner as may be prescribed and all the persons who are the age of eighteen years and above are entitled to have their names entered in the register on an application made to the Secretary in such form as may be prescribed'

Hence you are hereby asked to disseminate the information to all the Aurovilians already registered in the ROR, who have not yet completed the updation process, to approach this office within 10 (Ten) days of the date of this notice issued. Any application after that shall not be entertained.

