

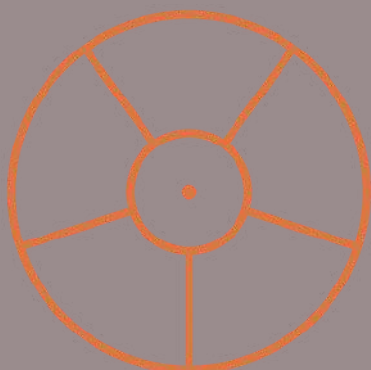
*Auroville*

# NEWS & NOTES

No 997 - A weekly bulletin for residents of Auroville

19 October 2023

RA EDITION



## PONDERING

2. One lives in Auroville to be free from moral and social conventions; but this freedom must not be a new enslavement to the ego, to its desires and ambitions. The fulfilment of one's desires bars the way to the inner discovery which can only be achieved in the peace and transparency of perfect disinterestedness.

~ 13th June 1970

The Mother - To be a true Aurovilian  
**Words of the Mother**

<https://dream.books.prisma.haus/en/to-be-a-true-aurovilian/>



*(continued from last week)*

If we wish to remedy this Imbalance – for everything that lacks balance in our bodies, our societies, or our cosmic cycles eventually perishes – we must become lucid. We have lost the Password; such is the bottom line of our era. We have replaced true power with devices, and true wisdom with dogmas. This is the reign of the gnomes, on every plane. And it will become more and more a reign of gnomes, unless we relinquish these mortifying half-truths, from above or below, and immerse ourselves in the true Source, within, to recover the practical secret of the Spirit in Matter. "That which is immortal in mortals... is a god and established inwardly as an energy working out in our divine powers." (*Rig Veda IV.2.1*) Because they knew this Secret, neither the rishis nor the sages of the ancient Mysteries ever created the monumental schism that presently undermines our lives: "our Father in heaven, our Mother the earth"; and they did not ever attempt to settle the problem by relegating an earthly human fulfillment to a celestial hereafter: "Let us conquer even here, let us run this battle-race of a hundred leadings." Having reached the summits of consciousness, they did not vanish in a pale ecstasy: "I am a son of Earth, the soil is my mother..." (*Atharva Veda XII.1*) Having traveled to the frontiers of the Infinite, they did not find that the small things here were small: "O Godhead, guard for us the Infinite and lavish the finite." (*Rig Veda IV.2.11*) "May we speak the beauty of thee, O Earth, that is in thy villages and forests and assemblies and wars and battles." (*Atharva Veda XII.44.56*) They battled, and they were invincible, for they knew that God is within us: "O Son of the body... full of happiness and light, victorious, to whom no hurt can come." (*III.4.2,9.1*) A conquering truth of upright men, for whom death is both a falsehood and a defeat. A truth of a divine joy upon the earth. Certainly their truth was premature for the hordes of Europe, who still needed to hear about heaven before earth, but now the time may have come at last to unveil the Mysteries – whether they be Vedic, Orphic, Alchemical, or Catharist – and to recover the whole truth of the two poles within a third position, which is neither that of the materialists nor that of the spiritualists. *The ascent of man into heaven is not the key, but rather his ascent here into the spirit and the descent also of the spirit into his normal humanity and the transformation of this earthly nature. For that and not some post mortem salvation is the real new birth for which humanity waits as the crowning movement of its long, obscure and painful course.*

Sri Aurobindo brings us a message of hope. Ultimately, our present reign of gnomes is the sign of a new emergence. Our darkness and declines always signal the advent of a greater light, which had to descend to break the prevailing limits. There are only two ways of breaking the limits: through an excess of light or an excess of darkness, but while one draws our darkness up into the light and dissolves it, the other precipitates the light into our darkness and transmutes it. One way liberates a few individuals, while the other liberates the whole earth. Ten thousand years ago, a few giants among men had wrestled out the Secret of the world, but this was the privilege of a few initiates, while now we must all become initiates. Ten thousand years ago reigned the Golden Age, while today everything seems to have been swallowed up in darkness.

In truth, though, night has not descended upon the world, as the preachers of doom would have us believe; it is only that the light has been buried in the world. The Secret had to be forgotten, humanity had to descend the dark curve of the age of reason and religions, so that all could recover the Secret and the Light everywhere, beneath all the darkness, all the misery, and the pettiness, instead of in a high brazier in some Vedic or Persian sanctuary. We are at the beginning of Time. Evolution does not follow an increasingly sublime and vanishing trajectory, but a spiral: *It is not a tortuous path leading you back, relatively battered, to the starting-point; on the contrary, it seeks to bring to the whole creation the joy of being, the beauty of being, the greatness of being, and the perpetual development, perpetually progressive, of this joy, this beauty, and this greatness. Then everything makes sense.* An eternal spiral that does not end in an ultimate point – for the Ultimate is everywhere in the world, in every being, every body, every atom – but a gradual ascent reaching higher and higher in order to descend lower and lower, to embrace ever more, and to reveal ever more. We are at the beginning of the "Vast," which will become ever vaster. The pioneers of evolution have already recognized other levels within the Supermind, opening up new trajectories in an eternal Becoming. Each conquered height brings about a new change, a complete reversal of consciousness, a new heaven, a new earth – for the physical world itself will soon mutate before our incredulous eyes. This is surely not the first change in history; how many were there before us? How many more with us, if only we consent to become conscious? *Successive reversals of consciousness, which will bring an always renewed richness of creation, will take place from one stage to the next.* Each time, the Magus in us turns his kaleidoscope, and everything becomes astonishing – vaster, truer, and more beautiful. We just have to open our eyes, for the joy of the world is at our door, if only we wish it.

*Earth's pains were the ransom of its prisoned delight...  
For joy and not for sorrow earth was made.*

Such is the Secret. It is here, everywhere, within the very heart of the world. The "well of honey beneath the rock," the "childlike laughter of the Infinite" that we are, the luminous Future that pushes back our past. Evolution is far from being over. It is not an absurd merry-go-round, not a fall, nor a vanity fair. It is

*... the adventure of consciousness and joy.*

Pondicherry  
April 14, 1963

*(to be continued next week)*



— Satprem, *The Adventure of Consciousness*, Chapter 17,  
The Transformation

[https://sri-aurobindo.co.in/workings/satprem/adventure\\_of\\_consciousness\\_e.htm#066](https://sri-aurobindo.co.in/workings/satprem/adventure_of_consciousness_e.htm#066)

With love and gratitude,  
Gangalakshmi (HOMA)





**DEADLINE FOR SUBMISSIONS: TUESDAY 5PM**

The content of News & Notes is a reflection of the growth process of this community towards its ideals of Harmony, Goodwill, and Truth. Editing of submissions, mainly for reasons of space and clarity, is done according to an established policy.

**How to submit material:**

- Max size of posters should be 1 MB, JPEG format. Bigger posters will be reduced or cropped to fit.
- Please AVOID CAPS letters
- Material (no pdf files, please) may be sent in English only to **newsandnotes@auroville.services**
- Articles for the Notes section should ideally be no longer than 500 words.
- Please try your best to send your announcements, reports, film schedules whenever they are ready. Any modifications of submitted News items must be sent to the editors before **Tuesday 5pm**.

**DISCLAIMER:**

Please note that the opinions and views expressed on these pages are solely those of the respective authors or work groups and do not necessarily reflect the position of the editors or the larger Auroville community. The News & Notes aims to provide a platform for the publication of diverse perspectives and voices from multiple sources within Auroville.

While our editors strive to ensure the accuracy of the information presented, we cannot guarantee that all information is free from error or omission. Additionally, we cannot be held liable for any alleged misinformation provided or offence caused by the content published. In the event of any dispute, we encourage readers to consult with the Auroville Council, and we reserve the right to suspend the publication of disputed material. Our commitment to providing an open and inclusive platform for dialogue and exchange of ideas remains steadfast.

The News and Notes team  
**newsandnotes@auroville.services**

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**LIST OF ACRONYMS:**

**AVF** (Auroville Foundation), **AVFO/FO** (Auroville Foundation Office), **GB** (Governing Board), **RA** (Residents Assembly)

The following groups are divided in two categories: The groups selected by the Residents Assembly through Community decision making Processes and the groups put together by the GB and the FO (not recognised by the Residents Assembly).

**Working groups selected by the Residents Assembly:**

Working Committee (WCom)  
Funds and Assets Management Committee (FAMC)  
Budget Coordination Committee (BCC)  
Town Development Council / L'avenir d'Auroville (TDC)

Auroville Council (AVC)  
Entry Service (ES)

**FO selected groups:**

Working Committee (WC)  
Funds and Assets management Committee (FAMC)  
Budget Coordination Committee (BCC / BCS)  
Auroville Town Development Council (ATDC)

Housing Service (HS)  
Land Board (LB)

## NOTE FROM THE EDITORS

Dear Community,

### **Tamil and French N&N:**

We are happy to inform you, that from this week onwards, you will find the Tamil and French versions of the News and Notes to download. You will find the links on page 27 of this issue.

### **Important call for support:**

The RA Edition of the News&Notes (RA N&N) is made by and for the residents, and can only exist with your support. So far, printing and distribution costs have been covered by private donations but we are now facing a shortage of funds. We call for the community's **solidarity** and **financial support** to fund the printing and distribution of our News&Notes.

To contribute to the RA N&N, you can do so by donating to: "NEWSLETTER COLLECTION" **FS #252150**. Gratitude in advance for the support!

### **Reminder:**

- If you wish for your events, workshops, and other content to be published in the RA N&N please send it to: [newsandnotes@auroville.services](mailto:newsandnotes@auroville.services).
- Please do NOT write to us from an [@auroville.org.in](mailto:@auroville.org.in) mail ID, your submissions will not reach us. If you only have an [auroville.org.in](mailto:auroville.org.in) mail ID, please use this [FORM](#) to send us your content.

Read past issues and subscribe [HERE](#).

We look forward to continuing to serve the over 3000 readers who receive the RA N&N as well as serving the Auroville community as a whole by providing a platform for all perspectives to be shared with respect.

In community,  
The RA Community Edition News and Notes Team

## WORKING GROUPS NEWS

### FROM THE ENTRY SERVICE

#### **ES # 202 DATED: 19-10-2023**

The following people have been recommended by the Entry Board to join our community. Please share your feedback within 2 weeks for potential Newcomers, Associates and Friends of Auroville and within 4 weeks for Potential Aurovilians, Returning Aurovilians, Youth and Spouse/Partner of an Aurovillian in writing to [auroville.entryboard@gmail.com](mailto:auroville.entryboard@gmail.com) OR [auroville.entryservice@gmail.com](mailto:auroville.entryservice@gmail.com). We thank you in advance.

#### **NEWCOMER ANNOUNCED:**

- **Arun Prakash AMBATHY (Indian)** staying in Revelation (Patrick's house) and working at Revelation Forest



- **Shabbar ALI (Indian)** staying in Future School staff quarters and working at Future School



#### **NEWCOMER CONFIRMED:**

- Poonam MOHANTHY (Indian)
- Catherine Renee FOUCHE (South African)
- Malaika JOSHI (Indian)
- Mikhail SOKOLIN (Russian)
- Priyanka (Indian)
- Shaheen (Indian)
- Shaily SHAH (Indian)
- Victoria BONNEAU (French)

#### **YOUTH TURNED 18 ANNOUNCED:**

- **Ilengo PION BORG (French)** staying in Sharnga and working at Sharnga guesthouse & studying Psychology with Matram



- **Narchelvi SARAVANAN (Indian)** staying and working at Aranya Forest and Sanctuary



#### **SPOUSE OF AN AUROVILIAN ANNOUNCED:**

- **Eswari MATHAN (Indian)** staying in Humanscapes - changing her status from Newcomer to Spouse of an Aurovillian



#### **LEFT ON THEIR OWN:**

- **Robin BAUMES (French)**

#### **NOTE:**

- The Newcomer probation year becomes effective only after the NC kit has been returned and should not exceed 18 months from the date of confirmation.
- A Newcomer becomes an Aurovillian once his/her name has been confirmed by The Admission Committee (aka the Entry Board) after following due process.
- The date of becoming Aurovillian is the date of confirmation. An Aurovillian confirmed by the Entry Board is eligible to participate in all community decision-making processes.
- A confirmed Aurovillian becomes officially a Resident of Auroville once the individual has filled in and signed the B-Form and his/her name has been entered in the Register of Residents (RoR) maintained by the Auroville Foundation Office (AVF).
- A Resident of Auroville is eligible to become an executive of a Unit or Service of Auroville and to get an ID card issued by the Auroville Foundation.
- A meeting with the Secretary of the AVF will be arranged by the Entry Secretariat according to the availability of the Secretary and not at any personal request.

Yours,

The Entry Board (Alain, Grace, Jayanthi, Lakshmanan, Matilde, Sara, Sonja and Swadha)

#### **Entry Service Timings:**

Monday, Wednesday, Friday, 9:30am—12:30pm

Tuesday & Thursday: Newcomer kits, 2:30—4:30pm

Contact: 0413 262-2707, [auroville.entryservice@gmail.com](mailto:auroville.entryservice@gmail.com)

**Note:** If you want any more information about someone, please contact the Entry Service directly for more details.

## FROM THE RA WORKING COMMITTEE

### REGARDING THE CIRCULAR DATED 29.09.23

Dear Community,

A few days ago there was a post by the AVFO 'Working Committee' on AuroNet stating that the 'Under Secretary In Charge' has removed, with immediate effect, Satprem's (Serge Maini) name from the Register of Residents. Additionally, one member of this group posing as the Working Committee sent an email to Financial Services, demanding that Satprem's personal account be closed.

We would like to remind you all that admission and termination of residents in the Register of Residents (and from the Master List) is the exclusive prerogative of the Residents' Assembly as per the Auroville Foundation Act, 1988 (Section 19(2)(a) ) and the Auroville Admission and Termination Regulations, 2020. Therefore, the Secretary and the individuals calling themselves the 'Working Committee', which were not selected by the RA, cannot make this decision, according to the law and to our internal guidelines and mandates. The RA has not come to any decision to remove any Aurovillian, including Satprem and Mael from the RoR, nor has the RA delegated this power to any other body or individual. Therefore, this is a clear infringement on the functions of the RA and is a misuse and abuse of power. These actions have crossed legal and ethical boundaries and are being addressed to the higher legal authority.

We feel deep sadness and regret for one more case of the loss of community values and lack of respect for any basic principle of human interaction and decency.

Sincerely,

The Working Committee of the Residents' Assembly of the Auroville Foundation  
Aravinda, Bharathy, Chali, Hemant, Mael (TOS), Sauro, Valli



### ATTENTION ALL RESIDENTS - UPCOMING EMERGENCY RESIDENTS' ASSEMBLY DECISION-MAKING (RAD) PROCESS

Dear Residents,

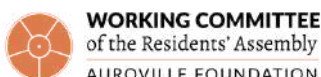
Please be aware that we, the Working Committee selected by the Residents' Assembly (RA), will soon be launching an RAD on an urgent basis. The topic is unauthorized removal of residents from the Register of Residents (RoR) and the process is planned to open for participation on the 23rd of October and close on the 29th. Participation will be possible through both digital and in person methods at different times and locations.

All views are important so we hope that all members of the Residents' Assembly will take this opportunity to actively participate in this collective process.

Details will follow soon so please stay alert and spread the word!

In community,

The Working Committee of the Residents' Assembly  
Aravinda, Bharathy, Chali, Hemant, Mael (TOS), Sauro, Valli



## COMMUNITY SHARING

### AUROVILLE NEWS PODCAST - EPISODE 6



Dear community,

The 6th episode of our Auroville News Podcast has been released!

Today's episode reports on Satprem's removal from the Register of Residents, the Matrimandir lake situation, legal updates, and more.

You can find this 6th episode on [Spotify](#), [Apple Podcasts](#), [YouTube](#) and on [auroville.media/podcasts](http://auroville.media/podcasts)

The TAMIL VERSION of this 6th episode is available here: [YouTube - Tamil version](#)

Thank you for joining us on this adventure, where we keep you up-to-date with the issues that matter in our community. Feel free to send any comment, question or feedback at [media@auroville.services](mailto:media@auroville.services) and until next time, stay tuned!

Warmly,

The Auroville Media Liaison service.

### JOIN THE NEW WHATSAPP CHANNEL FOR AUROVILLE COMMUNITY UPDATES



Dear Community,

As some of you are already aware, there is a Telegram channel on which all latest Massbulletins are posted (you can join it by [clicking here](#)). However, we are also aware that many community members do not use Telegram and prefer Whatsapp.

We are therefore enthusiastic to announce the launch of an "Auroville Community Updates" Whatsapp channel! This channel is open to all members of the Auroville community (including residents, newcomers and volunteers).

It will contain:

1. Latest issues of the News & Notes - Community Edition
2. Massbulletins
3. Announcements from RA Working Groups, announcements pertaining to community meetings, etc.
4. Updates on the current situation (such as the Auroville News Podcast or the Voice of Auroville journal)
5. Other community-wide updates and information

Please join us by [clicking here](#) and spread the word!

In community,

The new "Whatsapp Community Updates" admin team

*(This community initiative has been endorsed by the Working Committee selected by the Residents' Assembly)*



Scan the code to join the  
Whatsapp Auroville Community



## SELF EDUCATION PROGRAM

**SELF EDUCATION PROGRAM**  
A Dreamweaving Initiative

Has completed 7 weeks of an intense dynamic learning process

Building Understanding

JOIN US  
IN A SHARING OF  
OUR JOURNEY

CREATING A COLLECTIVE BODY OF  
KNOWLEDGE GROUNDED IN RESEARCH  
FROM WITHIN AND WITHOUT

Weaving Experience

Expanding awareness

**Topics will include**

- Spatial Justice
- Values and Urban Form
- Connectivity and Access
- Density and Diversity
- Art and Culture

**OCT 27 FRIDAY** | **PAVILION OF TIBETAN CULTURE** | **4:30 PM TO 6:30 PM**

We will also collect your inputs for next program. If you are interested and can not come to this event please write to us [selfeducationauroville@gmail.com](mailto:selfeducationauroville@gmail.com)

## MESSAGE FROM AUROVILLE VEHICLE SERVICE

Dear Friends,

**We noticed in the last few years; many minors are driving motorcycle/Scooters inside Auroville. Legally they are not allowed to drive. We would like to inform you about the rule & fine for underage driving in India.**

Underage driving is a growing problem in India, with many young people getting behind the wheel without proper training or experience. Not only is underage driving illegal, but it also puts the driver, passengers, and other road users at risk. It can lead to multiple dangers, including causing harm to the driver and damage to the vehicle. What's more, in such a situation, your bike insurance may not prove to be useful either as the claim won't be accepted due to the underage driver. Hence, one must exercise caution and know the rules and regulations related to underage driving.

The penalties for underage driving in India vary from state to state, but the most common penalty is a fine. The fine for underage driving can range from Rs. 500 to Rs. 25,000, depending on the severity of the offence. In some cases, the offender may also have their driving license suspended or revoked.

***It is important to note that the penalties for underage driving not only apply to the driver but also to the vehicle owner. If a minor is caught driving a vehicle that belongs to someone else, the owner of the vehicle may also be held responsible and face fines and penalties. This includes a fine of Rs.25,000 for the vehicle owner. They might also face a 3-year prison sentence as well. Along with this, the vehicle's registration will be cancelled for the duration of a year.***

**Kindly encourage your kids to use bicycle or if possible, to walk in case of short distances. Auroville has wonderful cycle paths and its safer than regular roads of Auroville.**

**To all electric cycle users:** On the requests of many Aurovillians, we request all electric cycle users to pedal while using the cycle paths instead using motor assistant. It reduces your speed and gives safety for the users of the cycle paths (Pedestrians & cyclists)

### To move towards SUSTAINABLE MOBILITY:

0 - 1 km : Try to Walk  
01 - 10 kms : Try to Pedal a cycle  
10 kms & above : Try to use public transports  
(Bus, Train, Tram or shared transport, etc)

**INSURANCE:** GENERAL INSURANCES (Motor & Personal accident insurances), HEALTH INSURANCE and TRAVEL INSURANCE.

Annual premiums of the insurance policy for renewal should be paid to the insurance company on time. No claims for Accident compensation can be made if you have not paid the Annual Premium. We advise the people to pay the premium before the expiry date of policy to avoid inspection of the vehicle. If you are going temporarily out of Auroville, at the time your insurance expires, please bring the papers to us in advance to renew it. Therefore, we can renew it while you are not in Auroville. Do not pay the insurance on your name while the vehicle has not registered under your name. Name in the registration certificate and in the insurance, policy should be the same. If it differs, you could not claim insurance during the accident or Fire / Theft.

### We undertake the following insurances:

- Motor Insurances
- Health Insurances
- Travel Insurances (while traveling abroad)
- Personal Accident Insurances (PA insurances)

**Note:** *To all guests, Newcomers & Aurovillians, please check out the insurance, while you rent a vehicle (scooter, moped, or motorcycles) from the rental shop. If you drive your vehicle without insurance, you could not claim for the overseas Mediclaim insurance while you get any accident.*

### 1.To all old vehicles (Getting 15 or more than 15 years old)

The registration certificate of a Vehicle (Non-Transport/ Private use) is valid for 15 years from the date of newly purchase from the dealership. In this case contact us to renew the registration for next 5 years to keep your vehicle documents legally valid. The vehicle needs a full mechanical check and service before taking the vehicle for inspection to the concerned Regional Transport offices (RTO)

### 2. New Indian Driving License

We request that people who do not have an Indian driving license could get the license through us. We help you to get motorcycle and car Indian licenses. We need to submit the copy of Aadhar and two photographs.

### 3. Renewal of Indian Driving License

For renewal of Indian driving license, people need to submit the original license, copy of Aadhar and two photographs. You can renew it six months before end to the date of expiry. The grace period to renew after the expiry is one year. In case, if you forgot to renew within a year, then you will be paying a penalty and need to take the driving test again. So, try to avoid paying penalty fees. The applicant must come on the day of the trip to the concerned Regional Transport office (RTO).

### 4. Purchase of New Vehicle and Second-Hand Vehicles (Two & four wheelers)

Auroville vehicle service strongly advises all Aurovillians who are residing in Tamil Nadu territory (of Auroville) to register their new vehicles in Tamil Nadu only. Either fuel vehicles or an Electric Vehicles. The purchase of the vehicle can be made directly in Tamil Nadu with the help of Vehicle Service. In this regard, AV Vehicle Service assists the Aurovillians to follow the necessary procedures. We help you to get all types of vehicles (Electric & Non-Electric Vehicles) at your doorstep.

## 5. International Driver License

Currently the officials stopped issuing the international driver license to foreigners & OCI holders. The Indian passport holders could apply for an international license, if there address on driver license and passport were same.

**6. BICYCLE RENT:** Bicycles are available for rent on a daily and long-term basis.

For more details: Contact  
**Auroville Vehicle Service,**  
**Town hall, Auroville.**

**Ph: 0413- 2623 302, 9443074825, 9843734825**

[avvehicle@auroville.org.in](mailto:avvehicle@auroville.org.in)

Office hours: Monday – Saturday : 9.00am –12.30 pm & 2.30pm – 5.00pm.

## STERILIZATIONS AND VACCINATION SERVICES UPDATE

We are happy to announce the availability of limited slots for dog sterilizations at our shelter. This service is open for either AV Community or privately owned dogs of Aurovillian individuals. We hope to be able to expand this service to other dog lovers in the future. Our team of two veterinarians is ready to perform sterilizations every Saturday afternoon, sterilizing up to 3 female or 4 male dogs.

Despite our extremely tight budget, we are committed to providing free or donation-based sterilizations for adopted former shelter dogs. For other dogs, we charge our cost price of Rs. 2500 per dog, which includes if desired by the owner one night of boarding in the shelter. Additionally, if you opt to leave your dog in our shelter for a few days (maximum 7 days) for post-op aftercare and daily vet checkups, the rate is Rs. 250 per day per dog and is only possible if we have an enclosure available. Please inquire.

Due to our current staff situation, we are temporarily unable to offer home pick-up or delivery services for your dog. We are still actively seeking a qualified vet rescuer who can fill this role. If you want to join our team as an animal caretaker, please WhatsApp Arthur at 8122225266

In response to solving the overcrowding in our shelter, we have initiated a rehoming, adoption, and fostering initiative, especially for our 25 puppies. Our goal is to gradually reduce the number of dogs from 300 to a manageable level, allowing us to enhance the care for each dog and eventually be able to resume rescue operations again. We are working hard towards starting the construction of a new Auroville Dog Shelter, which will include essential facilities such as rabies and other quarantine buildings, as well as puppy facilities with night staff on duty.

Vaccinations are available at the shelter (please pre-book) for Rs. 500 per dog. Our purchasing price per vaccination is half of this amount so your contribution helps pay forward the vaccination of one street dog. We provide free vaccination boosters for all adopted puppies from our shelter. We remain hopeful that with your support and regular donations, we can strive towards offering unlimited free vaccinations for every dog in the future. If you have something to spare, we would be grateful if you could donate to our FS account 251391.

For reserving a vaccination slot, please contact Arthur via WhatsApp at 8122225266 or our shelter phone 8939449413 (Tamil spoken 9-5)

## DID YOU KNOW?

An unsterilized female dog, her mate, and all of their babies' babies, if none are ever sterilized, would add up to :



1 YEAR: 16  
2 YEARS: 128  
3 YEARS: 512  
4 YEARS: 2, 048  
5 YEARS: 12,288  
6 YEARS: 67,000



AUROVILLE  
DOG SHELTER

## AWAKENING SPIRIT

### INTRODUCTION TO THE INTEGRAL YOGA OF SRI AUROBINDO AND THE MOTHER

**Tuesday, 24th October, 9 am - 12 noon**  
**Focus: The Divine Mother**

Led by Ashesh Joshi

Place: Mirabelle Education Centre, Auromodele  
Ph/Whatsapp: 9489147202 (Please register)

All are Welcome



### AMPHITHEATRE - MATRIMANDIR

**Every THURSDAY at sunset**  
*(weather permitting)*

**Meditation with Savitri,**

Sri Aurobindo's long mantric poem read by Mother to the incredible music of Sunil

Let's gather under the beautiful open space, with heavenly music in the very center of Auroville!

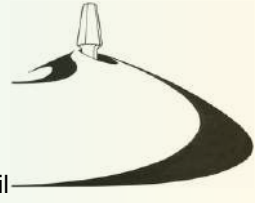
Reminder to all:

The Park of Unity is a place for silence, meditation and inner work, and is to be used only as such. We request everyone: please do not use cameras, I-pads, cell phones, etc. No Photos.

Dear Guests, please carry your Guest Card with you.

**Access only for the Amphitheatre from 5.15 pm and for the meditation time.**

Thank you,  
Surya and Amphitheatre Team



### A SATSANG ON THE INTEGRAL YOGA

A sacred gathering for the study and practice of the Integral Yoga of Sri Aurobindo and the Mother, founders of Auroville, the City of Dawn.

*"The first necessity is the inner discovery in order to know what one truly is behind social, moral, cultural, racial and hereditary appearances. At the centre there is a being free, vast and knowing, who awaits our discovery and who ought to become the active centre of our being and our life in Auroville."* — The Mother

We start right here, in the Eternal Now, from where we each are at this ever-progressive moment, and share our unique experiences on the path of rediscovering and embodying who we really are.

Facilitated by Zech Joya

Schedule: **Tuesdays and Thursdays, 5:30-7:00pm**

Venue: Conference Room, G/F SAIER Building, Town Hall Complex, Auroville



Please click this link for details or scan the above QR Code



**THE DIVINE ONENESS WITHIN**

The Divine Oneness is indeed within.  
Well, That is just about It.  
From These quietly contemplate.



For the receptives with the fighting instinct of a Hero Warrior  
☀️:

1962:

**"The fight is within the body.**

*It can't go on. They (the asuric forces) must be defeated or else this body is defeated.... All depends on what the Lord decides....*

**It is the battlefield.** *How far it can resist I don't know. After all, it depends on Him. He knows if the time has come or not, the time for the beginning of the Victory—then the body will survive. If not, in any case, my love and consciousness will be there."*

<https://incarnateword.in/agenda/03/april-3-1962>

1970:

*"It has to be worked out, as they say, realized in every detail, but the change IS DONE—the change is done.*

*Which means that the material conditions, which were elaborated by the mind, FIXED by it (Mother clenches her fist tight), and which appeared so inescapable, to such a point that those who had a living experience of the higher worlds thought one had to flee this world, abandon this material world if one really wanted to live in the Truth (that's the cause of all those theories and beliefs), now things are no longer like that. Now things are no longer like that.*

**The physical is CAPABLE of receiving the higher Light, the Truth, the true Consciousness, and of man-i-fest-ing it.**

*It's not easy, it calls for endurance and will, but a day will come when it will be quite natural. It's only just the open door—that's all, now we have to go on.*

(silence)

*Naturally, what was established hangs on tight and defends itself desperately. That's the cause of this whole trouble (swarming gesture in the earth atmosphere)—but it has lost the battle. It's over. It's over. ...*

*That was the work Sri Aurobindo had given me, that was it. Now I understand. ...*

*All the rest looks so old, so old, like something... that belongs to a dead past—which is trying to come back to life, but it can't anymore.*

*And all, all circumstances are as catastrophic as they can be: troubles, complications, difficulties, everything, just everything goes at it relentlessly like that, like wild beasts, but... it's over."*

**"The change IS DONE."**

<https://incarnateword.in/agenda/11/march-14-1970>

The Mother

2023:

As torchbearers of the Supramental Avatars we continue on in Bhakti to the Supreme Divine Consciousness-Force...

Om Namō Bhagavate 🙏

Zech, 2023.10.16

**SUPERMIND/OVERMIND, DIVINE/ANTIDIVINE,  
GOOD/EVIL,  
SHADOW AND THE EVIL PERSONA - PART 1**

The diatribe between good and evil is as ancient as humanity itself. In the Western world it took the form of dualism, encompassing both: unorthodox and heretics (Gnostics, Manichaeans, Bogomiles, Cathars, Templars, Rosicrucians) as well as the orthodox. According to the Judaic-Christian tradition Luciferus, 'the carrier of light', was the most beautiful angel. God-like, he believed he was God itself, and turned into 'the prince of darkness', the king of devils. His fall was because of hubris, pride. The motive of pride recurs again with our progenitors Adam and Eve; tempted by Satan (Luciferus' biblical name), they ate the apple from the tree of Knowledge, and God chased them from the terrestrial paradise. This marks the beginning of the human condition, and is also where the split between East and West commences. In Indian metaphysics, everything and everyone is God; how, then, can absolute evil have a separate existence of its own, or even be postulated?

Tradition says that, for the joy to know itself in detail, out of its single Self the One Godhead created four emanations. These four divine principles were: the being of Consciousness; that of Love and Delight; that of Life; and that of Light and Consciousness. In Sri Aurobindo's cosmogony, this is where Supermind and Overmind part from each other. Supermind is the intermediary world linking the upper hemisphere of Sat-Cit-Ananda to the lower hemisphere of mind, life and body. The dynamic, creative aspect of the Supreme, Supermind is Truth-Consciousness, Truth-Force – and Knowledge by Identity too. In the Supermind the four divine emanations still are one, and so is all manifest and unmanifest existence. At its highest, Overmind (the plane of the gods) still is one with Supermind; separation commences in the lower range of the overmental plane; and with it, ignorance. In the progressive descent towards Nescience all the antinomies arise, their illusory existence being taken for real; this is Maya. Self-veiled Supermind is Sacchidananda in the play of manifestation, implicit even within the grossest gradation of Matter.

Sri Aurobindo first found evidence of the Supermind in the bedrock of the densest Inconscience. As the Upanishads tell us, what is above is also below: the opposites are indeed one, and so are light and darkness. Some excerpts from the Mother help elucidate the state, between good and evil, where All is One. About the dualities, to be reabsorbed, of which Sri Aurobindo speaks in *The Synthesis of Yoga*, the Mother concluded:

*"Evil is simply holding one's vision on one small angle; then one says, "It is evil", but if one sees the entire path... In a total consciousness, obviously there is no evil.*

There are no *contraries*. No contraries—not even contradictions; I say: no contraries. It is that Unity, it is living in that Unity. And that cannot be translated by thoughts or words. I am telling you, it is... a vastness without limits and a light... a light without movement, and at the same time an ease... an ease not recognised as such. Now I am convinced that it is that, the supramental consciousness.

And necessarily, necessarily that must change the appearances gradually."<sup>[4]</sup>

*"...it is the simultaneity, without division, of all contraries. As soon as there is some divergence—not even divergence, any difference—it is the beginning of division.*

(...)

*Is it the material equivalent of a psychological experience one has in which the perception of the evil disappears completely in the perception of an absolute Good, even in the evil?*

Yes, that is it. One might say that instead of being just a mental conception, it is a concrete realisation of the fact."<sup>[5]</sup>

Human nature is a reflection of the universe's inherent duality, which the cosmic principle of involution-evolution implies. What is our role and function vis-à-vis the eternal antinomy, "to be reabsorbed", of good and evil, from which no one escapes, for this is 'the debt to Rudra' each of us has to pay? The Mother stated, about her disciples' shadow:



"The world as it is is a mixed world. You cannot have an object which gets the light from one side without its casting a shadow on the other. It is like that, and indeed it is the shadows which make you see the lights. The world is like that, and to have only the light one must definitely go through the entire discipline necessary for eliminating the shadow. This is what I have explained a little farther; I have said that this shadow was like a sign of what you had to conquer in your nature in order to be able to realise what you have come to do. If you have a part to play, a mission to fulfil, you will always carry in yourself the main difficulty preventing you from realising it, so that you have within your reach the victory you must win. If you had to fight against a difficulty which is everywhere on earth, it would be very difficult (you would need to have a very vast consciousness and a very great power), while if you carry in your own nature just the shadow or defect you must conquer, well, it is there, within your reach: you see all the time the effects of this thing and can fight it directly, immediately. It is a very practical organisation.

You haven't seen in the *Bulletin* that letter of Sri Aurobindo's: the "Evil Persona"? It is in the *Bulletin*. The thing is very well explained there." [6]

The following is the text the Mother refers to. Sri Aurobindo wrote it in reply to the ashramite Kishor Gandhi, who had submitted him a text about the evil persona by the 'psychologist of the depths' C. G. Jung:

"What you say about the "Evil Persona" interests me greatly as it answers to my constant experience that a person greatly endowed for the work has, always or almost always, - perhaps one ought not to make a too rigid universal rule about these things - a being attached to him, sometimes appearing like a part of him, which is just the contradiction of the thing he centrally represents in the work to be done. Or, if it is not there at first, not bound to his personality, a force of this kind enters into his environment as soon as he begins his movement to realise. Its business seems to be to oppose, to create stumblings and wrong conditions, in a word, to set before him the whole problem of the work he has started to do. It would seem as if the problem could not, in the occult economy of things, be solved otherwise than by the predestined instrument making the difficulty his own. That would explain many things that seem very disconcerting on the surface." [7]

... to be continued...  
Submitted by Paulette

**EDITORS NOTE:**

**Due to its length, this article will be published in two parts. If you wish to read the article in full, please click [HERE](#).**

**WHAT IS YOUR VISION-GOAL?**

To all Receptives:

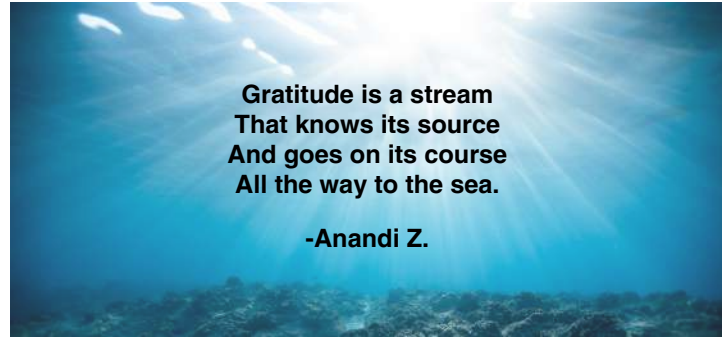
What is the significance of this revelation of the Mother for the full blossoming of the Golden Supramental Age on Earth, the Satya Yuga?

**"Just imagine an extremely powerful will with the capacity to transform matter according to its liking!"**

<https://incarnateword.in/cwm/15/the-supramental-manifestation-upon-earth>

What do you see being transformed?... as this personal Vision-Goal is the key to your actions from this moment onwards and their eventual manifestation.

Zech, 2023.10.16



**NOT FINAL**

From the Infinite, one proclaimed:  
"I and the Father are One."  
He was nailed to the cross.  
Bombs dropping even after 2000 years.  
"Escape!" advised the nihilist.  
Although blind to our essential oneness  
And this individual choice is quite selfish,  
There is in Nirvana a silver lining  
Of suddenly and plainly realising  
That you are actually the One  
And the every thing,  
That you are none other  
Than the Eternal and Absolute Creator,  
The playing field that is this universe  
And all the infinite unique players  
Of your own Cosmic Game.  
And you awaken laughing,  
Not anymore a victim  
Even if your psychophysical vessel  
Is still Homo sapiens.  
Now you are consciously playing,  
Hacking your marvellous game  
In Bhakti with your Self Supreme  
Towards a Life Divine.  
Again, what's the practical application  
Of this divine realisation  
That We are all One?  
A conscious hastening of the evolution  
Beyond the limitations of the mental human:  
"Man is a transitional being... not final."  
"Salvation is physical."  
Say the Supramental Avatars  
Sri Aurobindo and the Mother.  
And so we blissfully continue on  
With the Goal of the Supreme Vision:  
Here on Planet Earth  
A Divine Manifestation.

PS: A few of our co-players have joyfully created  
This documentary series beautifully animated:

<https://sopanam.org>

Zech, 2023.10.05

**WE ARE ALL CONNECTED**

No matter where we are in the world,  
We are all connected, that's where life unfurled.  
Though we may come from different places,  
We are all bound by the human races.  
From the mountains to the sea,  
Our diversity comes naturally.  
We may have different sights and sounds,  
But we are all one, simply profound.

<https://theteachingcouple.com/poems-about-diversity/>

## A SUMMARY OF EVENTS HAPPENING IN AUROVILLE TODAY

### SATPREM 'REMOVAL' FROM ROR

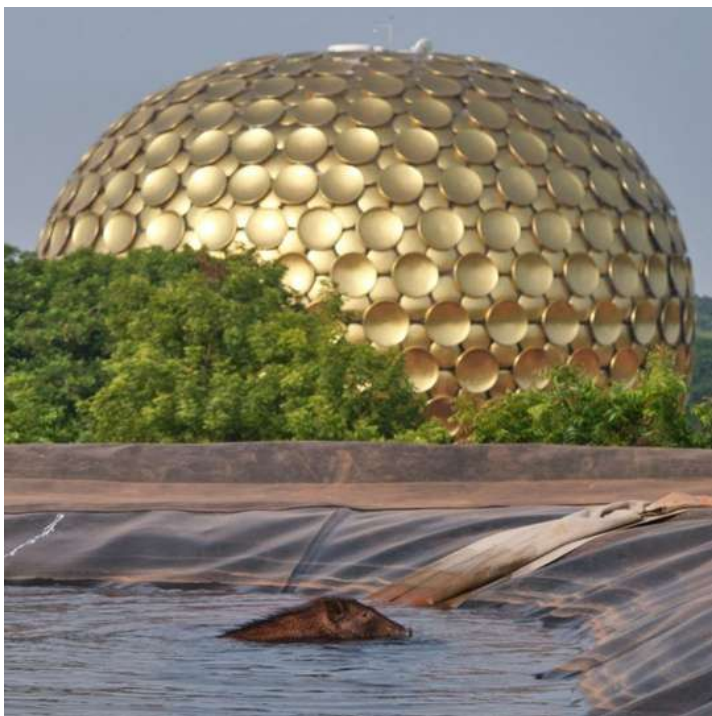
Satprem Maini of the Auroville Earth Institute (AVEI), who was given an Exit Permit in June 2023 after the Secretary withdrew her visa letter of recommendation, has now been removed from the Register of Residents according to a [circular](#) sent out by the AVFO 'WCom'. The AVFO actions came after Satprem shared a large number of critical technical reports on the ongoing Crown Road works.

The [circular](#) from the Undersecretary-in-charge, Sathyanarayan, indicated that because of Satprem's Exit Permit, "his name be removed from ROR and access to AuroNet, Auroville emails etc to be revoked with immediate effect." As noted by the RA WCom in their [massbulletin](#) on 13th October "admission and termination of residents in the Register of

Residents (and from the Master List) is the exclusive prerogative of the Residents' Assembly as per the Auroville Foundation Act, 1988" The Office of the Secretary is tasked with merely 'updating' the RoR.

Subsequently, Joseba from the AVFO 'WCom' sent [an email](#) to Otto from the Financial Service asking him to block all of Satprem's Financial Service accounts. Satprem was also [removed](#) as the Executive of the AVEI by the AVFO 'Working Groups', citing his 'removal' from the RoR.

### MATRIMANDIR LAKE UPDATE



On 30th September 2023, a [legal notice](#) was sent by the lawyers of the NGT petitioners to the Matrimandir (MM) executives regarding "willful and wanton violation of the judgment of the Hon'ble National Green Tribunal". Prior to this, the MM Executives had received several notices in the form of [letters](#) and [reports](#) from the RA TDC, highlighting that the current expansion of the lake construction is in violation of the NGT. A [communication](#) from June 2023, sent by one of the MM executives stated "my suggestion was to ignore totally [the RA TDC] and thank God finally that is what was decided".

The MM executives responded to the legal notice by releasing an [announcement](#) stating: "This [legal notice] is in violation of the Auroville guideline ... that Aurovilians do not resolve their differences by going to the courts". A response to the MM executive's announcement was subsequently shared via [massbulletin](#). The respondents noted that "There have been numerous attempts of dialogue... these have failed due to a refusal by the Matrimandir executives to listen and have open discussions". The AVFO 'WCom' also followed up with a [response](#) of their own, stating their "full support for the Matrimandir Team".

At the General Meeting held at Kalabhumi on 19 September 2023, several Aurovillian experts including Jan (lead engineer and overall supervisor of the test lake), Giulio (geologist and member of Auroville's Water Group) and Narad (who was given the task of designing the MM gardens by the Mother) voiced their opinions on the present situation and looked at some of the potential concerns for the future development. The meeting was recorded and can be viewed [here](#). After the meeting, feedback forms were shared with the community.

The [results of the feedback](#) were collated and shared with the Matrimandir executives and the community on 9th October. Feedback was received from 273 people (264 Aurovilians). Over 80% of the respondents shared two main concerns regarding the lack of water management planning and, and the second phase going ahead prior to the test lake being completed. You can find the full results and conclusions of the feedback [here](#). Additionally, on 10th October, an [open letter](#) by a group of residents was sent to the MM Executives.

A [follow-up meeting](#) with Michael Bonke was held on 10th October at Savitri Bhavan since the first meeting on 2nd October was cut short. This time the presentation and discussion continued for 4 hours. Michael Bonke delivered a [presentation](#) which answered some of the questions raised at the previous meeting, for example giving a potential solution to the concerns raised regarding fixing future leaks in the lake. However, other questions remained unanswered - for instance, no clear reply was given as to how the lake will be filled, which is crucial to understanding potential environmental impacts.

When asked what his official relationship was with Auroville and specifically the MM, Michael Bonke [stated](#) "As to what concerns the work, especially for the Matrimandir, I am proud to say that it is absolutely deregulated. I have no title, no contract, I am not an Aurovillian, I am absolutely nobody and that's why I can do what I want." Concerns of a potential conflict of interest regarding his role as both the main donor of the project, the deciding party, and the main executor, have yet to be addressed.

### VISA EXTENSION LINKED TO CONTRIBUTION

As previously reported, the extension of visas has now been linked to whether or not the Aurovillian in question has paid their monthly contribution. In an [AuroNet announcement](#), the AVFO 'WCom' noted that this step has been introduced by the Auroville Foundation, and that "all visa applications will be passed via the BCC office to check if the monthly FS city contribution has been paid or for any other financial irregularity. In case of any pending payment the visa process will be paused until the pending payments are updated." In some cases, several years of back pay are being requested, even when the Aurovillian was out of station for that time due to unavoidable personal circumstances or covid restrictions.



As [noted](#) by the RA BCC, in the past, Aurovilians who did not pay the contribution often did so because they were not receiving a maintenance whilst still working full time for the community. In some cases, the BCC granted a waiver from the contribution for individuals who had invested a large amount of their own funds in buying Auroville lands, or developing projects for Auroville, and who did not have access to outside funds. The new policy appears to target only non-Indian Aurovilians who rely on a visa to stay in Auroville.

## TREE CUTTING IN ANITYA COMMUNITY

Members of AVFO 'Land Board' have been 'pruning trees' for the Outer Ring Road in and around the Anitya community, just north of Edayanchavadi. Photo documentation shows that trees are completely cut, rather than pruned. In addition, [a report](#) overlaying the maps of the Master Plan and the current area being prepared shows that the road is being adjusted and pushed into Auroville by about 20 meters. No process has been followed for adjusting the Outer Ring Road and allowing it to deviate from the Master Plan, which appears incongruous with the arguments often used by the AVFO 'ATDC' to allow no deviation for the Crown.

The Outer Ring Road was supposed to cut through a part of Anitya that had been left undeveloped precisely for the future road to be built. The new trajectory of this road is now set to cut through the Thamarai educational centre within the Anitya community. This Thamarai campus services 30 students from the nearby Edayanchavadi village to study every evening. Neither the Anitya community members nor the Thamarai project holders have received any communication from the AVFO 'ATDC' about their future plans. \_

## FARM GROUP SEPTEMBER 2023 REPORT

The Farm Group shared their [report](#) for September 2023. It includes information about the current situation after all of the farmers' maintenances were cut off by the AVFO 'FAMC' at the start of the month. They share that many farmers "are surviving on savings (in one case using money saved up for children's education) and/or making money for living expenses by doing non-farming activities."

Regarding the proposed VIP road and car park, which will affect Buddha & Siddhartha Farms, they state that there is a lack of clarity about the situation but "it seems that no financial help will be forthcoming to take any positive decisive action such as moving the farm". They also shared that they had not yet received any information or updates about the progress of the Gratitude Farm project which was [announced](#) by the AVFO 'FAMC' in August 2022.

## SELF EDUCATION PROGRAM

From the presentation of the Dreamweavers, a new initiative called the 'Self Education Program' was launched on 12th September. 20 participants split into 5 groups are learning and sharing for 7 weeks about 5 major and often ignored topics of urban design, namely: spatial justice, values and urban forms, art and culture, connectivity and access, and density and diversity.

The aim is to later present the findings to the community, and the learnings of the group are to be weaved in with the other Dreamweaving initiatives. The Self Education group has recently shared its [first report](#) on the on-going program, part of the Dreamweaving phase 2. To access the report, please click on this [link](#).

## CHANGING THE NARRATIVE

In June 2023, the RA WCom shared [via massbulletin](#) their [response](#) to the AVFO 'WCom' [Annual Report](#) August 2021 - August 2022. The report contained a number of often-repeated narratives that continue to be spread by the supporters of the AVFO to justify the ongoing takeover of Auroville's assets. As the RA WCom notes "With the benefit of nearly 12 months of hindsight since the end date of this report, it is clear that many of these erroneous statements do not reflect the reality of the situation, however, we still continue to hear many of these narratives being repeated." The response addressed numerous errors in the AVFO 'WCom' annual report, the most common of which will be shared in upcoming editions of the Bulletin.

**The original statements from the AVFO 'WCom' are presented in italics, followed by the RA WCom responses.**

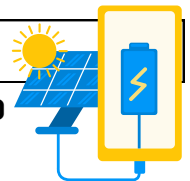
### ***Aurovilians broke from SAS which led Aurovilians astray from the true ideals of Auroville***

*"As Auroville was a barren plateau, it is understandable that the first generation of Aurovilians concentrated on making the area livable. Simple houses were constructed, basic amenities established, and top soil preservation took place with bunding and planting. But from the very beginning an attitude developed that Auroville belonged to the Aurovilians, especially when Mother was not in her physical body anymore. Aurovilians took matters in their own hands which had quite some consequences especially with the breakage from the Sri Aurobindo Society (SAS). Taking matters in their own hands lead to several situations where the results and attitudes went astray from the Auroville Charter, The Dream and the True Aurovillian"*

"This statement is in total denial of Auroville's history and more importantly with the reality lived by the Aurovilians at the time, some of whom were violently aggressed and physically hurt by thugs hired by the SAS. Furthermore, the conflict with the SAS led to the Indian Government intervening, and eventually to the creation of the Auroville Foundation Act, which the Parliament of India itself approved. To claim that this was a mistake, and that it damaged Auroville, is a great insult to the Indian Government. We invite you to discuss this again with some of those who were present at that time for a deeper and more accurate understanding of the history of Auroville."

## HELP NEEDED

### BATTERIES FOR SOLAR SYSTEM NEEDED



Dear fellow Aurovilians,

After 9 years of faithful service, the batteries from our solar system are at their end.

We consider ourselves lucky that they have lasted this long! ❤️ A new battery set has been ordered via Sunlit Future with a price tag of rs 2.12 lakhs.

We already have 1.35 lakhs, with donations from the Solar Fund, our own funds and the estimated resale value from the old batteries.

We are grateful for any donations that the community could support us with, to cover the remaining amount of rs 77000.

We have opened an account at the Financial Service, **252625 Stefan and Ancolie Solar Batteries** for the donations.

Thank you all very much in advance for helping us out. ❤️

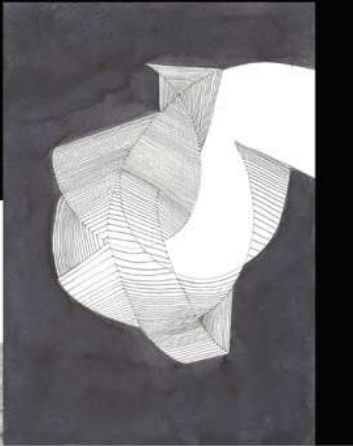
Much love and gratitude,  
Stefan and Ancolie.  
Evergreen.

## CULTURAL ANNOUNCEMENT



### CREEVA presents: Black and White In Life and Beyond

by  
**Audrey Wallace-Taylor**  
(1933 - 2023)



**ART**  
EXHIBITION CUM  
FUNDRAISER  
FOR CREEVA  
**7 – 24 October 2023**  
Pitanga Cultural Centre  
Auroville

Organised in loving memory for Audrey by CREEVA and her close friends. Proceeds from sales of the exhibition will support CREEVA, Audrey's art and life project in Auroville.



Centre for  
Research Education  
Experience in Visual Arts  
**CREEVA**

Exhibition timings: Daily, except Sundays 8.30am – 12pm & 2:30pm – 5pm  
Pitanga Cultural Centre, Samasti, Auroville 605 101 | info@pitanga.in | 0413 – 262403, 9443902403  
A service unit of the Auroville Foundation, Health and Healing Trust branch | GSTIN: 33AAATA0037BY3N

Organised in loving memory for Audrey by CREEVA and her close friends. Proceeds from sales of the exhibition will support CREEVA, Audrey's art and life project in Auroville.



#### About CREEVA:

CREEVA is a platform to experience art first hand, where one can experiment with mediums, form, themes.

#### CREEVA

Creeva offers the chance to go on a

journey to find expression, as each one has an individual expression and style; the way you speak, the way you walk and move. CREEVA allows such deep exploration; one can practice the yoga of art regularly and peacefully.

The founder of Creeva was Audrey. In the early years she was gifted with the means to explore, to find her own expression, to follow her passion to paint, to draw. Audrey has passed on into the Light but Creeva remains, to offer the opportunity to any who would avail themselves of such freedom, such possibilities of exploration.

We are in need and would deeply appreciate your financial support. Click on: <https://donations.auroville.org/>  
FS #24001 Unity Fund mentioning Creeva  
Email: [avunityfund@auroville.org.in](mailto:avunityfund@auroville.org.in)

Pitanga Cultural Centre  
2622403 / WA 9443902403  
[info@pitanga.in](mailto:info@pitanga.in)

## HOMAGE - AUDREY AND EVA

HOMAGE is an exhibition dedicated to Audrey and Eva, two artists who dedicated their Aurovillian life to transmit the beauty of art to the community.

They have been artists and teachers, and always connected with education. Audrey taught how to approach art, how to play with it, how to experience and enjoy it. Eva was inspired by the children's world she came to know when she was a teacher. "In the school I learnt a lot from the children about creativity and the absence of mental limitations" she used to say.

They recently passed away a few months apart from each other, so we are happy to remember their passionate work through a double exhibition in Centre d'Art, Citadines.

From 27 October to 11 November 2023  
Monday to Saturday from 2.30 to 5.30 pm

Opening on Friday 27 October 2023 at 4.30pm  
Please park at Town Hall



27 Oct to  
11 Nov 2023  
Tue to Sat  
2 - 5.30pm

Eva  
Mikulski

## HOMAGE

Audrey  
Wallace Taylor



Opening on  
Friday  
27 October  
at 4.30pm

[centredart@auroville.org.in](mailto:centredart@auroville.org.in)

Please park at Town Hall parking

## TAXI SHARE



### CHENNAI TO AUROVILLE 26TH OCTOBER

To stay ECO ;) friendly am very willing to share a taxi from Chennai Airport to Auroville on Thursday 26th of October 2023.

Departure from Chennai Airport at about 8:00AM

Please contact via Whatsapp on +34685673777 or only sms on: +917289907792.

Thanksss sunny :)



## HEALTH

### MORNING STAR ANNOUNCEMENT

Morning Star is a unit of the Health and Healing Trust, made up of midwives and doulas who support pregnancy, childbirth, breastfeeding and provide women's wellness GYN care in Auroville.



We offer our services to all and invite you to participate and benefit. Our goal is to bring respectful health and maternity care to women and families in Auroville.

#### CONSULTATIONS:

##### At Santé:

Paula offers midwife and GYN consultations at Santé including well-woman care, Pap tests, and other screenings, menarche through menopause. Book an appointment through Santé: 0413- 2622803

##### Other:

Consultations available with midwives, doulas and breastfeeding advisors – email us if you are interested in specific consultation.

#### TEENS:

We offer consultations for teenagers by appointment with strict privacy protocol.

Contact by email: [morningstar@auroville.org.in](mailto:morningstar@auroville.org.in)

#### CLASSES:

Childbirth preparation classes, including fathers, are offered throughout the year.

Day/Time: **Wednesday evenings, 5 pm to 7pm**

Location: Hall of Light, Creativity Community

Movement classes like Yoga, dance, breath work and education on various aspects of pregnancy, birth, newborn and breastfeeding.

Most of the sessions are offered in English and Tamil.

Like to join the classes? Send WhatsApp message to Bala +91 9892699804

#### PARENTS' GROUPS:

Rotem is facilitating a support group for mothers and fathers who have had a baby in the last year.

Day/Time: **Wednesday mornings, 10 am to 11 30 am**

Location: Hall of Light, Creativity Community

Interested? Send message to Rotem at WhatsApp +91 8056888715

#### OTHERS:

Monique is offering a conscious parenting class. Request information via Morning Star email if interested. Sessions in Shiatsu, acupressure and HypnoBirthing also available with Ulrike

If you would like to know more about our work email us at: [morningstar@auroville.org.in](mailto:morningstar@auroville.org.in)

For general administrative queries message Bala at ( WA only ) + 91 9892699804.

### SANTÉ SERVICES IN OCTOBER 2023

#### Working Hours:

Monday - Saturday 9:00 - 12:30pm & 2:00 – 4:30pm

#### Tests and Sample collection:

Mon-Fri before 12:00 pm. No sample collection on Saturday.

#### For emergencies, contact:

Auroville Ambulance (24/7) : Phone: +(91) 9442224680

Government Ambulance (24/7) : Phone: 108

Please call Santé on (0413) 2622803 during working hours for an appointment

<b>Doctor consults</b> with <b>Dr.Senthil &amp; Dr.Sana:</b> Monday to Saturday	<b>Nursing Care:</b> <b>Ezhil, Thilagam, Archana &amp; Sandhya:</b> Daily No appointment necessary
<b>Ayurveda</b> with <b>Dr.Be &amp; Dr.Sonia:</b> Mon /Wed /Thurs /Fri	<b>Pregnancy Care &amp; Women's Wellness</b> with <b>Paula:</b> Tuesday & Wednesday
<b>Acupuncture with Andres:</b> Monday to Friday	<b>Homeopathy with Michael:</b> Mon / Wed / Sat
<b>Integrative Psychotherapy</b> with <b>Juan Andres:</b> Monday to Friday	<b>Physiotherapy</b> with <b>Arun:</b> Monday to Saturday
<b>Functional Medicine</b> with <b>Lize:</b> Monday to Saturday	<b>Physiotherapy</b> with <b>Rebeca:</b> Mon /Wed /Fri
<b>Bio-Well Assessment</b> (Evaluation of your well-being) with <b>Helena:</b> As per availability	<b>Physiotherapy &amp; Massage</b> with <b>Galina:</b> Monday to Friday

In Santé, we value our patient's confidentiality & make every effort to ensure their privacy.

**In case of cancellation or to reschedule, it is necessary to inform us in advance.**

## WORK OPPORTUNITIES

### HR HUB

HR Hub Initiative is a service which helps individual Aurovilians and Newcomers who are looking for suitable work to find it, and to help Auroville units and services who are looking to fill positions to find the right individuals to step in.

#### Office assistant (full time)

A pottery studio is looking for someone that can handle invoicing/billing, filing, stock checking, taking the orders and maintaining the orders.

Keeping the stock room clean and sometimes packing. The applicants should be optimistic and should be involved in all kinds of work.

#### Receptionist (part or full time)

A guest house is looking for a receptionist. Welcoming, friendly, punctual, organised with basic computer skills and team spirit.

#### Two work positions at a Farm:

- Looking for a passionate **farmer** that can focus on: irrigation work, biomass management and pest management - main pre-requirement for the work is openness to learning and commitment.
- Farm **Outreach communication** through social media platforms and other community media: prerequisite for the work are some experience in social media management; good writing and communication skills and social networking capacities.

Please contact us for more information and if you are interested in any of these work opportunities or if you are looking for something else. You can find us at [hr.hubauroville@gmail.com](mailto:hr.hubauroville@gmail.com).

## EDUCATION

### SPOKEN ENGLISH AND HINDI

Hi! My name is Ashwini and I have an experience of 20 years as a Spoken **English, Hindi, Kannada and Marathi** language trainer for all levels. If you are interested in learning one of the above languages either in oral or written form please contact me on my WhatsApp 8270512606.

### TUTION GRADE 1-12

Tution classes open for students from grade 1 to grade 12. Please contact on my WhatsApp 8270512606. Ashwini



### NEWS FROM AUROVILLE LANGUAGE LAB



*Please remember to put your mobile phones on flight mode and switch off all wireless and Bluetooth devices before you enter the Lab. We are a wireless-free space!*

### Tomatis

#### **There are spaces available for both language & therapeutic programmes!**

Please contact 0413-3509932 or 04132622467 or email us at [tomatis@aurovillelanguagelab.org](mailto:tomatis@aurovillelanguagelab.org) to schedule your Listening Tests & Consultations.

To know more about the Tomatis Method, please have a look at the following links:

- <https://www.aurovillelanguagelab.org/tomatis-method.php>
- <https://www.aurovillelanguagelab.org/tomatis-kids.php>
- <https://www.youtube.com/watch?v=wnpXprTl3m0>
- <https://www.youtube.com/channel/UCeTIG0y-sBMlyyWZNdZcAng/videos>
- <https://www.listenwell.com/>

### Current Language Courses at ALL

#### **New: English Conversation with Ramesh**

Good news for all those waiting: Ramesh is restarting his English Conversation course! This two-month (16-hour) course aims to equip students with day-to-day conversation skills in practical situations, improved vocabulary and pronunciation, idiomatic expressions, listening comprehension, and fluency & confidence in speech. Please note that these classes require a basic foundation in the English language and are ideal for intermediate-level English speakers. We have two spots left.

- The course started on **October 17**. Classes will take place **Tuesdays & Fridays, 4pm to 5pm**.

#### **New: Private Lessons with Monique**

We are really excited to welcome our old volunteer Monique back to the Lab! A native French speaker, Monique recently retired from a 40-year career teaching English & French from middle school up to university level. Having worked with teenagers as well as adults, from absolute beginners to PhD-level students, Monique can accommodate a diverse range of language needs. She will be offering private lessons to individuals or small groups (2-3) in English, French, & beginner-level German. She has also developed an immensely useful language learning website that she will guide the students through, for self-study and further learning. Email us with your requirements & we will arrange a course for you.

#### **New: French with Jean-François**

Jean-François offers three 2-month courses. New batches start late October. These fill up quick, so please register soon.

##### **Beginner French:**

This 16-hour course is for all those wanting to join a French course but finding themselves too busy through the week! Our Beginner French Course is deliberately planned for Saturdays! The classes are highly interactive delving into French vocabulary of everyday life and the basics of grammar. By the end of the course, you would be able to make simple sentences useful for interaction, and talk about your work, hobbies, daily life, etc. in a simple way.

- This course will start **October 28**. Classes take place **Saturdays, 2:30 to 4:30pm**.

##### **French Conversation (Post-Beginner to Pre-Intermediate level):**

This 12-hour course is for post-beginners with a basic knowledge of French who are not yet comfortable conversing in French. The course will focus on day-to-day topics and will be a good mix of grammar, and interactive verbal as well as written exercises. By the end of the course, the students will acquire a more solid foundation in French conversational skills. All students who have taken Jean-François's Beginner Course are welcome to join!

- This course will start on **October 28**. Classes take place **Saturdays, 10:30am to 12noon**.

##### **French Conversation (Intermediate level):**

For those of you who know a bit of French, this is the perfect course to get more fluent, expand your vocabulary, and speak without inhibition in a diverse & fun group! Each lesson covers a theme of daily life (work, family, hobbies, shopping, projects, etc.) and is aimed at developing the students' ability to express themselves and interact in French. Jean-François would explore a range of topics like food, sports, travel, philosophy, news, literature, economics, social sciences, theater, and more. He will also review the grammar useful for basic conversation.

- This 16-hour course will start on **October 23**. Classes take place **Mondays & Thursdays, 2:30 to 3:30pm**.

#### **New: Beginner Spanish with Mila**

Great news for Spanish learners!

Our long-time Spanish teacher, Mila is ready to start a new batch for Beginner Spanish. This three-month (24-hour) course is structured on the highly-acclaimed book, "Madrigal's Magic Key to Spanish: A Creative & Proven Approach." Mila has been running this course since many years. By the end of the course, students will be equipped with the Spanish alphabet, phonetics, & vocabulary. The course will also delve into verb conjugations, formation of sentences, use of adverbs & adjectives, and work on the student's listening & reading skills.

- We hope to start as soon as we have 6-7 confirmed registrations. Classes will take place twice weekly, on **Tuesdays and Thursdays, 2:30 to 3:30 pm**.

#### **German with Ben**

We are thrilled to announce that Ben has joined us as our new German teacher! A recent newcomer & native German speaker, Ben has been an online teacher for three years now, giving integration classes and language courses to immigrants from various backgrounds. He is now eager to apply his skills to an in-person classroom. Ben is a language enthusiast and takes interest in translating poetry and studying ways of integral education. Ben is offering two courses:

**Beginner German:** This course is now closed to new registrations.

**German Conversation:** This 2-month course is for those who already know a bit of German and would like to further polish their speaking skills.

- This course will start as soon as we have 4-5 registrations. Classes will take place **Tuesdays & Thursdays, 4 to 5pm**.



### Spoken Tamil with Saravanan

Saravanan has been running this interactive and practically-oriented course for the past seven years. The class modules are based on a booklet called “Fun with Tamil”, which has been put together with a lot of research and thought. By the end of this course, you would be able to converse in Tamil on day-to-day matters, having achieved a deeper understanding of its sounds, pronouns, conjugations, etc.

- Classes take place **Tuesdays & Fridays, 9:30am to 10:30am**. Course started on **September 12** comprising 24 hours of teaching over three months.

### Beginner Hindi with Alka

A native Hindi speaker, Alka has a passion for teaching which she has keenly pursued over the last twelve years. Her approach is to make learning easy through games, songs, poems, & other interactive modes. This three-month (24-hour) beginner course is a great introduction to the Hindi language, and intends to make learners comfortable with basic Hindi vocabulary, grammar, and everyday sentences. The course will also make use of the material put together by the Landour Language School, one of the oldest Hindi language schools of India. The course will be paced to align with each student’s comfort.

- The course started on **September 9**. Classes will take place **Saturdays, 10am to 12noon**.

### Italian Conversation with Fabio

This two-month (16-hour) course is for learners who already have a basic knowledge of Italian and would like to explore the language further & polish their speaking skills. Fabio will delve deeper into spoken grammar, phonetics, conversation, and any other topics of interest. This is mainly for those who took the Beginner course last time, but is open to all. This course will close at 4 registrations.

- This course started on **September 12**. Classes will take place **Tuesdays & Thursdays, 2:30 to 3:30pm**.

### Intermediate Spanish with Susana

Our long-time teacher, Susana, is offering an Intermediate Spanish course for students who are already familiar with the various verbal modes in Spanish language (Infinitive, Indicative, Conditional, Subjunctive, and Imperative). The course will focus on polishing the conversational skills of the students and will also dive into the rules of grammar. This is a monthly course.

- Classes take place every **Tuesday, 2:30pm to 4:00pm**.

### Beginner and Pre-Intermediate English with Rupam

Rupam continues to offer morning English classes. Her classes are a mix of discussion on current topics, and grammar as necessary. You are welcome to try out a class and see if it fits your needs. However, please note that this is not a drop in/walk in class but is meant for students committed to joining the course.

- Classes take place **Tuesdays & Thursdays, 10:30am to 11:30am**. Enquire now to join!

**If there is a language you would like to learn, and it’s not on our list, please send us a query!**

### To join or enquire:

Please fill out our form at

<http://register.aurovillelanguagelab.org/>

You may also drop us an email at

[info@aurovillelanguagelab.org](mailto:info@aurovillelanguagelab.org),

call us at **2623661** or **come visit us!**

### Please Note:

Registration and contribution are essential before you join a course with us. Please see our team member at the front desk to ensure this is complete, thank you!

Language	Level	Time	Day(s) Of Classes
English	Pre-Intermediate & Intermediate	10:30 - 11:30am	Tuesday & Thursday
	Conversation Started 17 October 2023	4-5pm	Tuesday & Friday
French	Beginner To start 28 October 2023	2:30- 4:30pm	Saturday
	Conversation 1 To start 28 October 2023	10:30am – 12noon	
	Conversation 2 To start 23 October 2023	2:30 -3:30pm	Monday & Thursday
Tamil	Spoken Beginner Started 12 September 2023	9:30 – 10:30am	Tuesday & Friday
Sanskrit	Beginner To start November 2023	TBA	TBA
Hindi	Beginner Started 9 September 2023	10am – 12noon	Saturdays
German	A1.1 Beginner Started 11 September	9:30 – 11am	Monday & Wednesday
	German Conversation To start soon	4 – 5pm	Tuesday & Thursday
Spanish	Beginner To start October 2023	2:30 – 3:30pm	Tuesday & Thursday
	Intermediate	2:30 – 4pm	Tuesday
Japanese	Beginner To start November 2023	TBA	TBA
Italian	Beginner TBA	2:30 – 3:30pm	Monday & Wednesday
	Conversation Started 12 September 2023	2:30 – 3:30pm	Tuesday & Thursday
Persian	Beginner To start November 2023	TBA	TBA

The Language Lab is open:  
Monday – Saturday, 9am - 12pm & 2pm - 5pm

Location:  
International Zone, after Unity Pavilion & Pump House.

Contact:  
Phone: (0413) 2623 661, 2622467, +919843030355 Email:  
[info@aurovillelanguagelab.org](mailto:info@aurovillelanguagelab.org)

## **CLASSES, WORKSHOPS & HEALING ARTS**

### **REVELATION FOREST**

#### **Conscious Nature Immersion at MahaKali Park**

*MahaKali Park is one of the 4 parks of Auroville, which is developed as a place for holistic awareness and self-development through nature.*

#### **Introduction to MahaKali Park with Arun:**

**Sunday 22nd of October, 7 am to 7.45 am** - Major Arun invites you for a peaceful discovery and understanding of MahaKali Park and an introduction to the history and context of green spaces within Auroville. The background of the cradle land and the current state of the vegetation’s evolution through a holistic understanding of ecology is shared during the outdoor walk.

#### **Meditative Quest with Mukhande and Gaspard :**

**Sunday 22nd of October, 7.45 am to 8.30 am** - Solen Mukhande will curate a Meditative Quest surrounded by natural harmonics of life, in the forest’s early morning. Her voice will guide you into a more focus and silent body and mind, in order to increase your connectivity. Through openness and precise intentions elucidated by the higher mind, we enter into a luscious contemplation of Nature, where Earth manifests as the Divine Mother.

From 8.30 am to 9 am, the meditation will be followed by a 30min sound bath for deepening and integrating our alignment.. Gaspard will ring his 14 Tibetan bowls attuned to planets' frequencies.

**Contact:** Whatsapp Only - +33613047794 / +919500183706 (free, donation accepted, no registration)

**Venue:** Meeting point at entrance sign 5 min before the time of the session. Park in front of CSR/Auromode, walk 200 meters.



## QUIET HEALING CENTER



Quiet Healing Center, Auroville 605 104, Tamil Nadu, India

[www.quiethealingcenter.info](http://www.quiethealingcenter.info) / [quiet@auroville.org.in](mailto:quiet@auroville.org.in)

Mobile & WhatsApp: +91 9488084966

## OBA® (Oceanic Bodywork Aqua) Basic - Liquid Joy with Fred

• Saturday 21 & Sunday 22 October (8:45am - 6:30pm: 15 hours)

OBA (Oceanic Bodywork Aqua) is an aquatic bodywork modality given in a warm water pool (ideally 35°C). It combines elements of light movements and stretching, massage and joint mobilization in connection with breathing and energy work, conducted both on the surface and under water.

During this course, you'll learn a sequence of simple movements, both on the surface (with and without cushion and noodle) as well as under water and practice basic techniques and qualities of being (grounding, presence, stillness, movement, attention) while moving another person in water. You'll experience floating other people and being floated, thereby creating a space for deep relaxation and nurturing body, mind and spirit.

OBA offers an opportunity for profound relaxation and letting go, building trust, being nurtured and held, expanding inner and outer boundaries, releasing emotions and traumas – ultimately, for freeing body and mind in a flow, unique to each client and each session.

No previous experience required!

## Baby Watsu® Class with Appie & Friederike

• Friday 20th at 9.30 am

A special opportunity to connect with your baby!

You'll be guided on how to hold, feel and move your baby, using the qualities of warm water, so that you and your baby can feel safe, at ease, and enjoy this quality time together. You'll learn and practice the basics in the group, while you stay focused on your baby's needs . In the end, there is free playtime.

Please go first to the reception, bring towels and a closing swimming pant for your baby.

For babies between 2 and 12 months with their parent(s).

## OBA® (Oceanic Bodywork Aqua) 1 - Fluid Body with Fred

• Tuesday 24 - Sunday 29 October (8:45am - 6:30pm: 50 hours)

During this course, you'll learn a sequence of new movements, both on the surface as well as under water; plenty of time will be offered for practice and integration.

You'll be invited to discover the healing energies of the water, release physical pain as well as emotional tensions, and dive within yourself in unexpected ways. You might encounter a wondrous world of memories, of floating weightlessly in the protective womb of your mother, of going back into that very space where you were surrounded by soft warm water.

This course offers an opportunity to experience again the nurturing qualities of being held and loved, and to rediscover trust, peace within yourself, and a deep sense of coming home.

**Prerequisites:** OBA Basic or Liquid Flow Basic or Watsu 1 or Healing Dance 1 or WaterDance 1.

## USE YOUR VOICE WORKSHOPS

**USE YOUR VOICE** Learn to enjoy speaking in public with the 4 elements

**Nov 3rd, 6th, 10th and 13th; 3pm - 6 pm in Creativity - Hall of light**

Join this 4 half day workshop with Moghan and expand your comfort zone when speaking in public.

With the **EARTH** give body and density to the words, anchoring yourself in the ground in order to fight against stress and to radiate presence, confidence and evidence.

With **WATER**, contact ease, fluidity, emotion without overflow by letting the sentences flow.

With **FIRE**, dare to be passionate and enthusiastic. Ignite with meaning each affirmation of what matters to you.

With **AIR**, invite silence into your sentences, make room for the spirits, for the language of the heart.

To register please contact us at: [ldj099296@gmail.com](mailto:ldj099296@gmail.com)





## KOMBUCHA WORKSHOP

MARC'S C.L.C

Join us for a workshop this Saturday from **3:00PM to 5:00PM** at Marc's Cafe. Learn how to make kombucha at home and take home a scoby and some tea to start right away.

We'll also be covering beet kvass and fruit soda!

When: **Saturday, October 21st**  
Where: CLC, above Marc Cafe Store  
Reserve your spot now!

To register or for more details message: [admin@marcscoffees.com](mailto:admin@marcscoffees.com)



## AUROMODE YOGA SPACE REGULAR EVENTS – OCTOBER 2023

**Tuesday – 5 to 6 pm – Bollywood dancing with Pranati**

Join us to have a fun evening of laughter, dance and to have a good workout.

**Friday – 5 30 pm to 6 45 pm – Vinyasa Flow with Bala**

Drop in Yoga classes for beginner to Intermediate level students.

Contribution requested. No need to register. Bring your own yoga mat and a towel.

Email us - [Balaganesh.siva@gmail.com](mailto:Balaganesh.siva@gmail.com) / Whatsapp +919892699804



## 200 HR HATHA & VINYASA FLOW YOGA TTC INTENSIVE

**November 1 to November 22, 2023**

Timing:

6 30 am to 9 30 am &

3 00 pm to 7 00 pm

every day except Sunday



Join us for this 21 days of self-discovery and yogic exploration. Our program includes:

- Daily Asanas, Pranayamas, and Meditation
- Weekly Satsangs, where you'll delve into yogic philosophy and lifestyle
- Experience all four paths (margas) of Yoga in the unique setting of Auroville:
- Bhakti Marga: Visit local temples and engage in uplifting chanting sessions
- Karma Yoga: Participate in Karma yoga
- Jnana Yoga: Dive into the study of the Bhagavad Gita, Patanjali Yoga Sutras
- Raja Yoga: Cultivate your physical practice through Asanas and other bodywork

Our participants have attested to the life-changing impact of this intensive, even for those who may not intend to become yoga instructors. Think of this TTC as a course on how to be a perpetual student of the most profound subject of all—YOUR LIFE.

Don't miss this opportunity to deepen your practice, broaden your understanding of yoga, and embark on a journey of personal growth.

Email us - [Balaganesh.siva@gmail.com](mailto:Balaganesh.siva@gmail.com) / Whatsapp +919892699804

## ART RETREAT - FIND YOUR INNER SPACE

**Dates: 24th, 25th and 26th of November, 2023**

Embark into a process of

- Introspection & Reflection
- Creative inspiration and expression
- Skill development with new tools
- Collective growth with a group project



WHY THIS RETREAT IS FOR YOU

Art, one of the medium of higher vital education helps us to learn more about our vitality and how to channel and express it without suppressing it. In other words, if you feel you need a space to explore your own inner creativity and learn new skills along with getting to know your own inner being, this retreat is for you. We welcome you with open canvases!!

Limited spots available.. Contact us for more details

For registrations and to get to know more: Please send us a mail to [youthlink@auroville.org.in](mailto:youthlink@auroville.org.in) Or send us a text on whatsapp +91 85248 25120

Last Registration Date: 20th November, 2023

## VIPASSANA MEDITATION

All **old students** of Vipassana meditation **having completed at least one 10-day course as taught by S.N. Goenka** ([www.dhamma.org](http://www.dhamma.org)) and who is not meditating within any other tradition are welcome to attend a half-day Vipassana course at Udavi School in Auroville.

**Date:** Every Sunday

**Timings:** 8:30 AM – 12:30 PM but you can also drop in and join as long as you wish.

**No registration is required.**

**Venue:** Udavi School (2nd building on the left when you are at the front entrance), near Tank in Edayanchavadi (Auroville). Location [here](#).

**Contact:** Sanjay Tumati, +91 8790982210 (available on WhatsApp) [sanjay@auraauro.com](mailto:sanjay@auraauro.com)



## FAMILY CONSTELLATIONS WORKSHOPS WITH MOGHAN

FAMILY AND SYSTEMIC CONSTELLATIONS WORKSHOPS IN CREATIVITY HALL OF LIGHT

**9 am to 6 pm on SATURDAYS**  
**Oct 21st - Nov 18th - Dec 16th. - Jan 20th**



Contact: Moghan 9751110486, [mehlemmoghan@gmail.com](mailto:mehlemmoghan@gmail.com)

## CAPOEIRA- MARTIAL ART AND MUSIC WITH GINGA SAROBA

Afro-Brazilian martial art that combines elements of dance, acrobatics, music and movements. More than 500 years old, Capoeira is a constantly evolving art form, come connect and express yourself. Join us for

**Adult Classes :**  
**Monday & Thursday - 6:00 PM**  
**Deepanam School**

Contact: 7598446327  
Kiran for Ginga Saroba



## VÉRITÉ WORKSHOPS AND THERAPY

### Pre-registration required

Please contact Verite @  
0413 2622045, 2622606, 9363624083 or  
[programming@verite.in](mailto:programming@verite.in), [www.verite.in](http://www.verite.in)



### Please note the following Workshop Cancellations:

- Freedom from Fear – with Dr. Sehdev  
Saturday, October 21, 2:00pm – 4:30pm
- Yearnings for Peace: Peace Within, Peace Without with  
Dr. Sehdev  
Saturday, 28 October, 2:00pm – 4:30pm

### Master Class on Energy Pathways: Restore Flow of Prana through Mantra, Pranayama, Asana, and Prana Nidra - with Andres

Friday, October 20, 9:30am – 12:00pm

The body energy lines wisdom – SEN lines (Thai) or Nadis (Sanskrit) – is one of the most important and fundamental pillars of both Yoga and Thai Yoga Massage. Sen Lines or Prana Nadis are energetic pathways of life, giving breath in the body. When the energy doesn't flow appropriately through these energy lines disease appears. In this workshop, you will learn the origin of this millenary knowledge and practical application for Yoga postures (Asanas). (*theory booklet included*)

### The Shoulder for Yoga Practitioners (Theory & Practice) - with Rebeca

Saturday, October 21, 9:30am – 12:00pm

The knee is one of the largest and most complex joints in the body that is responsible for weight-bearing and movement. We will explore through practice and an anatomical focus how to keep the knees healthy in yoga poses, how to align, strengthen and stabilize them to prevent injuries or even recover from them. Session open to all, specially designed for yoga teachers or yoga practitioners.

### Balance your Koshas (Bodies) through the Practice of Yoga - with Sabrina

Saturday, October 21, 9:30am – 12:00pm

According to the Taittiriya Upanishad (Yajur Veda), the human being is composed of 5 sheaths called " Pancha koshas ", from gross/physical to the more subtle bodies. You will be guided through 5 different yogic practices to balance each of your 5 koshas: 1 asana sequence, 1 pranayama set, 1 mantra japa, 1 pratyahara practice and 1 meditation. Experiment and explore the effects of each practice; learn tools that help to maintain harmony, balance and inner peace. Open to all levels. *Can be done independently from the workshop "Explore your Koshas."*

### Understanding Pranayama & its Practice in Asana & Meditation – with Radhika

Friday, 27 October, 9:30am – 12:00pm

Pranayama is a system of breathing techniques that helps us to harness the power of our life energy. In this workshop we will focus our attention on pranayama and discover the effect of various techniques on our breath. We will explore different pranayama practices, using some of these in a sequence of asanas and maintain observation of our breath in a guided meditation.

### Awareness Through the Body – with Amir

Saturday, October 28, 9:30am – 12:00pm

Exploring FORM: tuning and cultivating the observer within through being guided into various physical shapes that embody expressions of different inner qualities. Relax with the intention to approach the physical plane spontaneously, while easing into receptivity to the inner movement.

## STUDIO BASED ART THERAPY AND COUNCELING

[tialovesart@gmail.com](mailto:tialovesart@gmail.com) / [www.createandtransform.org](http://www.createandtransform.org)  
WA 7094007610

### CREATE AND TRANSFORM

### STUDIO BASED ART THERAPY AND COUNSELING

individual \* group \* family



Therapy can be creative and non-threatening for help with:

- Anxiety
- Depression
- Trauma
- Life Issues

#### Trauma Informed Art Therapy & Counseling:

- Client Centered,
- Strength Based,
- Solution Focused,
- Incorporating CBT and a creative, eclectic tool box.



**Tia Pleiman, MA, ATR, NCC, LPC**

[tialovesart@gmail.com](mailto:tialovesart@gmail.com)  
[www.createandtransform.org](http://www.createandtransform.org)  
WA 7094007610

Aurelec, Kulilapalayam, Auroville

## The Sound of Bamboo

Various Styles of the Indian Flute



### Bansuri (Flute) Group Classes With Michael Kalabhumi Music Studio

Every Friday (Beginner: 11am-12pm, Advanced: 12pm-1pm)

Drop in is possible at any time, flutes available to borrow or buy.

#### Contribution:

- Aurovilians, NCs, Volunteers & Local Villagers: Free donation
- Guests: 500 INR

More Info: [www.the-sound-of-bamboo.com](http://www.the-sound-of-bamboo.com)

To Donate: <https://pay.auroville.org/divine-arts>

Learn More About Divine Arts:

<https://auroville.org/page/divine-arts>

Warm Regards, Dave

M: +44 (0) 7564 119 728 / E: [djsevans87@gmail.com](mailto:djsevans87@gmail.com)

## TAI CHI HALL @ SHARNGA

Offers regular Tai Chi Chuan classes from Mon-Sat.

#### Monday & Saturday:

- 7:30-8:30 Chi
- 8:30-9:30 Form

#### Tuesdays - Fridays:

- 7:30-8:00 Chi
- 8:00-9:00: Form



All are welcome

Contact: [taichi@auroville.org.in](mailto:taichi@auroville.org.in) / 0413 2623187



## PITANGA



### Program October 2023

#### CLASSES - REGISTRATION REQUIRED

##### Iyengar Yoga with Tatiana and Chloé

*All Iyengar Yoga classes are designed for healthy adults. If you have any physical problem, please talk to the teacher before the class to find out if this class is for you. We do not offer any medical yoga classes and our classes are not for people who need a therapeutic approach.*

##### **Mondays 5pm – 6.30pm with Tatiana | Level 1**

A general asana practice class. Each session includes the practice of Salamba Sarvangasana (shoulderstand) or preparatory stages. Regular attendance is expected.

##### **Tuesdays 9am – 10:30am with Chloé | Yoga for the Spine | All levels**

Suitable for all levels of practitioners. Special attention is paid to relaxing the back and the correct position of the spine in various types of asanas. Each practitioner should be prepared to independently use props such as chairs, rollers, bricks.

##### **Wednesdays 5pm – 6.30pm with Tatiana | Level 2-3**

For seasoned practitioners. Classes include both asanas and pranayama. Inverted poses like Salamba Sarvangasana, Salamba Sirshasana are practiced regularly.

##### **Saturdays 9am – 10.30am with Tatiana | Restorative Yoga | Level 2-3**

Each session includes time for deep work in inversions, backbends and forward bends with support and deep relaxation on a physical and mental level. Practitioners are expected to independently choose alternative postures according to their ability and are prepared for prolonged use of inverted postures.

##### **Saturdays 11am – 12.30pm with Tatiana | Mixed Level**

An active practice class for Iyengar Yoga practitioners of all levels. Suitable for beginners. Exceptionally, this class can be attended without registration as well.

##### Art Therapy with Gala

Thursdays, 3 – 5pm for adults

Fridays, 3 – 5pm for families

#### YOUTH ACTIVITIES

*These are ongoing educational programs and not intended for drop-in students. If a child is interested, parents need to talk to the teacher before bringing the child.*

**Asanas for Teenagers** with Lisbeth  
Mondays, Wednesdays | 4pm – 5:15pm

**Yoga for children, 5 – 8 yrs.,** with Gala  
Saturdays | 9am – 10am

**Yoga for children, 7 – 9 yrs.,** with Gala  
Saturdays | 10am – 11am

**Energy games for children, 9 yrs. +,** with Gala  
Saturdays | 11am – 12pm

#### DROP-IN CLASSES *Join without prior registration!*

##### Mondays

7.30am – 9am | **Asanas** with Rachel | All levels

8.30am – 10am | **Yoga Therapy** with Gala | All levels

##### Tuesdays

4.45pm – 5.30pm | **Odissi Dance** with Rekha | Beginners  
(Not on 24/10)

##### Wednesdays

7.30am – 9am | **Asanas** with Rachel | All levels

8.30am – 10am | **Yoga Therapy** with Gala | All levels

##### Thursdays

4.30 – 5.30pm | **Aviva Exercise** with Suriya | For women

4:30 – 6pm | **Vocal Sound Healing** with Lola | All levels

##### Fridays

6.45am – 8am | **Pranayama** with François & Namrita |  
For former "The Art of Living" course participants

7.30am – 9am | **Asanas** with Rachel | All levels

8.30am – 10am | **Yoga Therapy** with Gala | All levels

3.45pm – 4.30pm | **Odissi Dance** with Rekha | Beginners  
(Not on 20/10)

4.30pm – 5.30pm | **Reading of the Life Divine** with Balvinder |  
All are welcome to join.

5:15 – 6:15pm | **Feldenkrais class** with Shari | All levels

##### Saturdays

11.00am – 12.30pm | **Iyengar Yoga** with Tatiana | Mixed Level,  
open to beginners

#### HEALING SPACE - BY APPOINTMENT

- Acupuncture by Heidi
- Bio-Resonance (with Bi-Com machine) by Afsaneh
- Chiropractic by Afsaneh

#### TALKS



##### **20 October: Healthy to 100**

Stay mentally and physically healthy and vibrant as you age.

##### **3 November: Resilience**

Tools to stay mentally, emotionally, and physically resilient through difficult times.

All are welcome. No registration is necessary.

*Lize is a Functional Medicine Practitioner and volunteers at Santé - Auroville Institute for Integral Health and Pitanga.*

*The talks are organised in collaboration with Santé.*

**NEW ACTIVITY**



**New class starting on 26. October**  
Vocal Sound Healing

Practice and embody the power of the voice, your most potent healing instrument.

The voice is the only tool more powerful than the gong, especially your own voice, because you are self-generating the healing vibrations to shift energetic blocks.

The practice is about opening yourself up to a new way of exploring your voice.

Immerse yourself in this session, discover your own voice, take a step to experiment through sound, music and movement. No experience is needed.

**Every Thursday from 4:30 - 6pm with Lola**

If you wish to receive our program of activities by email, please write to us: [info@pitanga.in](mailto:info@pitanga.in)  
See you at Pitanga, with a smile !

Pitanga Cultural Centre  
2622403 / WA 9443902403  
[info@pitanga.in](mailto:info@pitanga.in)

**ACTIVITIES**

**KARAOKE PIZZA NIGHT @ YOUTH CENTER**

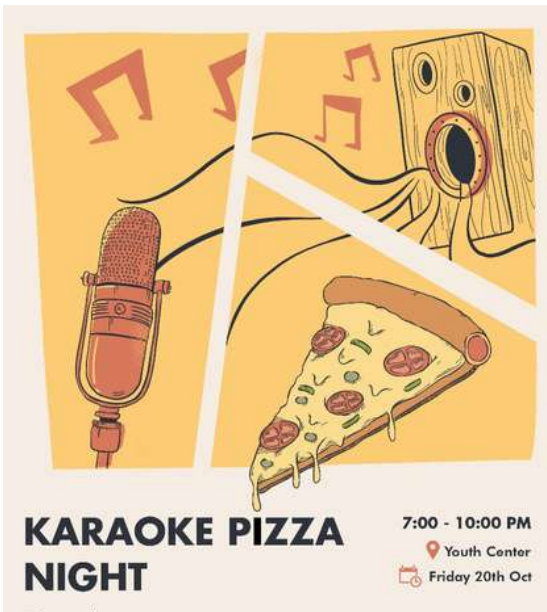
Dear Community,

YouthLink & Youth Centre are thrilled to extend its warm invitation to you for an exciting **KARAOKE PIZZA NIGHT**

Join us for an unforgettable evening where you can sing your heart out while relishing on delicious pizza.

Whether you believe you have the voice of a professional or you're just a shower singer, this event is tailor-made for everyone to come together, have a blast, and foster a sense of togetherness within our community. Don't forget to bring your favorite song to share with us!

Looking forward to seeing you there!



Timings : 7 - 10pm  
Where : Youth Center  
When : **Friday, 20th of October**



\*Youth Center now has pizza nights also on Saturdays and Sundays

**HALLOWEEN CELEBRATION @ YOUTH CENTER**  
**SATURDAY 28TH OCTOBER, 3:00-10:00PM**



Bring your kids and family!!

With respect towards the original celtic festival of Samhain, and honoring the traditions, we are coming together to celebrate Halloween and have a fun evening of togetherness, community sharing and love and other fun activities.

**Event Highlights:**

- Costume Contest with Prizes for the Best Dressed
- Witch's Brew Bar - Special Halloween Mocktails
- Dance your heart out to Live DJs
- Jesse Special Play
- Haunted House Experience
- Special Halloween themed baked goodies and pizza
- Trick or Treat Candy Stations
- Face Painting and Tarot Readings
- Photo Booth to Capture Your Spooky Moments



**Dress Code:** Come in with your favorite costumes

**Location:** Youth Center

**Time:** 3 pm to 10 pm

**Date:** Saturday, October 28th, 2023

Please note: It is strictly a no alcohol and no substance zone.

Looking forward to seeing you all!  
YouthLink and Youth Center team



**CHANTING CLASS - SERENDIPITY**

**Traditional Mantras & Stotras Chanting Classes**

at Serendipity Community

Thursday 9:00 AM (drop-in class)  
Friday 5:00 PM (regular class)

with Sonia Novaes

Email: [serendipityauroville@gmail.com](mailto:serendipityauroville@gmail.com) / WA: +91 8940288090



## FOOD FOREST TOUR

[www.myfoodforest.info](http://www.myfoodforest.info)  
[myfoodforestgarden@gmail.com](mailto:myfoodforestgarden@gmail.com)



**FOOD FOREST TOUR**

I welcome you to a tour through my permaculture garden!  
We will take a look at local foods and you will get an idea on how to start growing your own food.

Come and connect with nature and learn about healthy and sustainable food options

This tour includes a **MINI-RAW-FOOD-WORKSHOP** where we will harvest herbs, fruits and flowers to prepare some delicious

**VEGAN ICE CREAMS** and more...

**EVERY SUNDAY from 9:30 to 11:30**  
at La Ferme Community (5min from AV Bakery)

Sign up and infos whats app Sarah 9047421044

[www.myfoodforest.info](http://www.myfoodforest.info)  
[myfoodforestgarden@gmail.com](mailto:myfoodforestgarden@gmail.com)

## TLC FRIDAY OPEN SPACES



**TLC welcomes all Auroville kids every Friday**

**11:00-12:30**  
Nursery  
Open Spaces  
(2-5 yrs)

**12:30-13:30**  
potluck lunch

**13:30-15:00** Open  
Spaces for kids  
(6-14 yrs)

At TLC  
Base Camp

For more info contact 9442180610

## KIRTAN



**KIRTAN**  
with UPAHAR & Friends

Wed, 25 Oct, 5.30-7  
Butterfly Barn, Svedame

with Upahar and friends

On the occasion of Navaratri completion, you are welcome to join the circle of singing from our hearts and celebrating divinity in ALL life.

**Wednesday, 25.Oct, 5.30 to 7pm,**  
**Svedame, Butterfly Barn**

## CREATE YOUR VISION BOARD

Creating a sacred space that displays what qualities we want to manifest in life, actually does bring them to life - what we focus on expands. When we create a vision board and place it in a space where we see it often, we essentially end up doing short visualization exercises throughout the day.

Visualization is one of very powerful mind exercises we can do; for ex Olympic athletes have been using it to improve performance. A vision board needs to focus on how/what one wants to feel/experience, not simply on things that one wants...

Welcome to join this 6 hour ws, to connect with your deeper longings, let your creativity flow using recycled materials and create your Vision board around specific project/topic, or a more general one for ex. for next month, a year etc.

- **Saturday 21.October 2.30-6pm &**
- **Sunday 22.October 3-5.30 pm.**

Please register, so I know how much material to prepare!  
9786658967 or [aurodariya@gmail.com](mailto:aurodariya@gmail.com)



## RUPHAVATI JOY ACTIVITIES

### BIO-REGION TEMPLE TOUR

Interested in learning more about the religious heritage in and around the bio-region?

Come take a guided tour of temples around the bio-region.

Starting point from Solar Kitchen.

Can be scheduled anytime throughout the week.

Please contact in advance for more information and booking:  
8098845200



### SOUTH-INDIAN CUISINE - COOKING CLASS

Learn to cook some delicious delicacies of south India with Rupavathi.

**Monday to Saturday**  
**between 10AM and 5PM**  
at creativity.

Please book sessions in advance.



### THAI MASSAGE

**Monday - Saturday between 9AM and 5PM**

To book massage sessions or for more information, please contact personally.

### TAILORING

We can tailor and customise any kinds of dresses, sari-blouses and kurtas.

For any of the above services, contact information below:  
Phone/WhatsApp - 8098845200  
Email - [rupavathijoy@gmail.com](mailto:rupavathijoy@gmail.com)



**VOLUNTEER AND LEARN - FARMING HANDS ON AUROORCHARD**

**Volunteer and learn farming hands-on!**

AuroOrchard is the oldest and one of the largest farms in Auroville, contributing significantly to the food needs of the community.

Join us to learn to work with the soil, plants and food while sharing with a diverse group of people. We offer breakfast made with farm produce.

JOIN US! PLEASE REACH OUT TO US FOR ANY QUERIES!

**MONDAY to SATURDAY**  
7AM to 9AM and/or 9AM to 112PM

**EMAIL:** [auroorchard@auroville.org.in](mailto:auroorchard@auroville.org.in)  
**WHATSAPP:** +91 9566631079 (Nidhin)

**AUROVILLE: ONE DAY & HALF DAY TOURS**

Explore Auroville like never before. We will explore community life from different angles and multiple viewpoints.



We will embark on a journey to see how a community runs, in general and what makes Auroville, a spiritual community or a living Utopia and its aim to constant progress and growth. Come and spend a day with us.

Pre - Registration is required.

Contact us to know more details:

[youthlink@auroville.org.in](mailto:youthlink@auroville.org.in) or WA: +91 85248 25120

Here is the link for the itinerary, fee and other important details:

[https://drive.google.com/drive/folders/1tGQN BGltSxZKGulnpwhQTPNaUIAJomDU?](https://drive.google.com/drive/folders/1tGQN BGltSxZKGulnpwhQTPNaUIAJomDU?usp=drive_link)

[usp=drive link](#) or

please scan this code to know more:



**ECO FEMME OPEN HOUSE**

**ECO FEMME OPEN HOUSE**

Every Thursday morning from 10:30 AM



Dear friends,

Join our open house at our office in Auroshilpam every **Thursday morning at 10:30 AM till 12 AM.**

Come and learn about:

- Sustainable menstrual products (cloth pads, cups and period panties),
- Menstrual cycle awareness and,
- Our not-for-profit work.

You can also pick up discounted cloth pads, cups, period panties and cloth nappies.

See you soon!

The Eco Femme Team

**NEW CREATION DANCE STUDIO ZUMBA WITH PREETI**

**New Creation Dance Studio**  
**Sweatout & Smile**  
**ZUMBA**  
Every Mondays!  
With Preeti  
For regular classes  
DM: 8281746763

**FOODS, GOODS & SERVICES**

**AURO CABS -TOURS & TRAVELS**

E-mail: [aurocabs@gmail.com](mailto:aurocabs@gmail.com) / website: [www.aurocabs.in](http://www.aurocabs.in)  
Mob: +91 9443074825 / +91 98437 34825 Off: 0413 - 2623 200 / 2623 201

AUROVILLE to CHENNAI AIRPORT:	CHENNAI AIRPORT to AUROVILLE:
<b>SEDAN CARS : Toyota Etios / Maruti Dzire</b> - NO Sharing Rs. 2,700 - 2 Sharing - Rs. 2,000 Per person - 3 Sharing - Rs. 1,500 Per person - Round Trip Rs. 4,200  <b>INNOVA / SUV Vehicles:</b> - NO Sharing Rs. 4,500 - Round Trip Rs. 5,500	<b>SEDAN CARS: Toyota Etios / Maruti Dzire</b> - NO Sharing Rs. 2,800 - 2 Sharing Rs. 2,000 - 3 Sharing Rs. 1,500 - Round Trip Rs. 5,000  <b>INNOVA / SUV Vehicles:</b> - NO Sharing Rs. 4,600 (Includes parking fee) - Round Trip Rs. 6500
AUROVILLE to CHENNAI CITY:	CHENNAI CITY to AUROVILLE:
<b>SEDAN CARS: Toyota Etios / Maruti Dzire</b> - NO Sharing Rs. 3,300 - 2 Sharing - Rs. 2,300 Per person - 3 Sharing - Rs. 1,700 Per person - Round Trip Rs. 5,000  <b>INNOVA / SUV Vehicles:</b> - NO Sharing Rs.5,000 - Round Trip : Rs.6,500	<b>SEDAN CARS : Toyota Etios / Maruti Dzire</b> - No Sharing Rs.3,300 - 2 Sharing Rs. 2,300 - 3 Sharing Rs. 1,700 - Round Trip Rs. 6,000  <b>INNOVA / SUV Vehicles:</b> - No Sharing Rs.5,000 - Round Trip Rs.7,000
PONDICHERRY to CHENNAI AIRPORT:	CHENNAI AIRPORT to PONDICHERRY:
<b>SEDAN CARS : Toyota Etios / Maruti Dzire</b> - NO Sharing Rs. 3,200 - 2 Sharing - Rs. 2,250 Per person - 3 Sharing - Rs. 1,700 Per person - Round Trip Rs. 5,000  <b>INNOVA / SUV Vehicles:</b> - NO Sharing Rs.5,000 - Round Trip Rs.6,000	<b>SEDAN CARS: Toyota Etios / Maruti Dzire</b> - NO Sharing Rs. 3,300 - 2 Sharing Rs. 2,250 - 3 Sharing Rs. 1,700 - Round Trip - Rs.5,500  <b>INNOVA / SUV Vehicles:</b> - NO Sharing Rs.5,100 (Includes parking fee) - Round Trip Rs.7,000
PONDICHERRY to CHENNAI CITY:	CHENNAI CITY to PONDICHERRY:
<b>SEDAN CARS: Toyota Etios / Maruti Dzire</b> - NO Sharing Rs.3,800 - 2 Sharing - Rs.2,500 Per person - 3 Sharing - Rs.1,900 Per person - Round Trip Rs.5,500  <b>INNOVA / SUV Vehicles:</b> - NO Sharing Rs.5,500 - Round Trip Rs.6,500	<b>SEDAN CARS: Toyota Etios / Maruti Dzire</b> - NO Sharing Rs.3,800 - 2 Sharing Rs.2,500 - 3 Sharing Rs.1,900 - Round Trip - Rs.6,000  <b>INNOVA / SUV Vehicles:</b> - No Sharing Rs.5,500 - Round Trip Rs.7,500

\*\*\* NOTE: GST Tax, Driver Betta, Permit, ECR toll fees included \*\*\*

**AUROVILLE to PONDICHERRY / PONDICHERRY to AUROVILLE**  
Sedan Car - Rs.500. Innova/SUV - Rs.1000  
Sedan car: Round trip for 2 hours Rs.700 / extra hour Rs.180



**SERVICE CAMP FOR AMPERE AND KINETIC GREEN E-SCOOTERS ON 28TH OCTOBER 2023**

We are pleased to announce that we will be hosting a service camp for Ampere and Kinetic green e scooters in partnership with Nesal motors.

The service camp will start at **10am to 5pm**

We request all the owners to avail this opportunity and make your vehicle monsoon ready.

Team KINISI



**HEMPLANET**

**Discover the Magic of Hemp at Hemplanet!**

Dive into a world of nourishing hemp delights at our Hemp Store. From the heartiness of hemp hearts, the richness of hemp seed oil, to the rejuvenating touch of hemp body care, we've got it all. Whether you're a hemp enthusiast or just curious, come chat with us and explore the wonders of hemp!

**Hemp Food Selection:**

- Hemp Hearts
- Hemp Seed Oil
- Hemp Protein Powder
- Hemp Granola Bars
- Hemp Pasta & more!
- Hemp Seasonings

**Hemp Body Care Treasures:**

- Hemp Soaps
- Hemp Shampoos
- Hemp Balms
- Hemp Body Butter
- Hemp Seed Oil

**Visit Us:** Mon-Sat, 10am - 4:20pm

**Location:** Reve Area, 1st Floor, Building 1, Auroville

Step into the Hemp Haven and embrace nature's gift!



**HEMP STORE**



Hemp Foods

Body Care & Wellness



**AUROVILLE LIBRARY TIMINGS**

Auroville Library opening timings:

**Mon - Sat: 9am - 12.30pm**

**Mon, Wed, Thurs, Fri & Sat: 2pm - 4.30pm**

**Tues: 4pm - 6.30pm**

Every **Saturday** between 10am -11am: **Children's storytime!**



**GOYO - KOREAN SILENT RESTAURANT**

TUESDAY & FRIDAY - 12:30PM

[goyo@auroville.org.in](mailto:goyo@auroville.org.in) / +91 94896993809



**PEST CONTROL SERVICES**

We control all All kinds of Pests Treatments with a warranty.

Ants, Bed Bugs, Cockroaches, Fleas, Hornet's, Mice, Rats, Spiders, Termites, Wasps & more.

Get rid of them once and for all.

We will help you to eliminate wide variety of Residents and commercial Pests.

**Contact us**

# Mobile: 9943919899

# Email: [rkrish651@gmail.com](mailto:rkrish651@gmail.com)

**PEST CONTROL SERVICES**

**WE CONTROL ALL KINDS OF PESTS:**

*Ants, Bed Bugs, Cockroaches, Fleas, Hornets, Mice, Rats, Spiders, Termites, Wasps & more*

Get rid of them once and for all!

**CALL US**



**WE CAN HELP TO FIX ALL YOUR BROKEN ITEMS**

**New Waves**, a unit registered under Kattidakali Trust located in Aurelec Premises, Prayogashala, Auroville is offering the services of **PCB Assembly, SMD soldering, de-soldering and minor repair of appliances.**

The unit can also undertake sub-contract of your production work on job work basis.

If you have any requirements, please contact Dhandapani, Executive at 0413-2622295,

Mobile 9443090082 / 8098193820 or via e-mail to [newwaves@auroville.org.in](mailto:newwaves@auroville.org.in)



## DROPZY

Products and services from in and around Auroville.



Channel Partners:



Happy to announce that Dropzy has gone live as of 2nd October with the following categories Food, Groceries, Fruits & Veggies, Body Care, Home Decor, Services and Therapies.

Kindly do download the mobile app to register yourself to place orders supporting the outlets in around Auroville and to find out relevant information to your needs.

Download link as shown below:

### Android

<https://play.google.com/store/apps/details?id=app.auroville.dropzy>

Or scan this QR code:

### iPhone

Coming soon.

We will be adding new categories to service our user base in the upcoming weeks. Dropzy is a multi-purpose mobile app platform and it isn't merely only a delivery service solution.

Stay tuned in to our announcements and the app regularly, for more updates.

Mobile: +91 8098144686

[www.dropzy.in](http://www.dropzy.in)

Best regards,  
Sathish Arumugam  
For Dropzy



## SURABHI SUPPLIES

Dear Auroville Community,

**Surabhi Supplies** is dedicated to aiding individual community members, units, and projects in **acquiring a wide range of materials and equipment**, including but not limited to construction supplies, appliances, machinery, and more.

Our service offers several advantages to the community, such as **reduced prices** achieved through **bulk purchases** and **volume-based discounts**. We have established strong partnerships with various manufacturers and dealers who share our commitment to advancing Auroville's development.

Our primary goal is to streamline the procurement process for everyone, thus saving valuable time, energy, and costs while providing a high level of service to the community.

If you have any inquiries, please don't hesitate to reach out to us at:

Email: [surabhisupplies@auroville.org.in](mailto:surabhisupplies@auroville.org.in)

Phone: +91 98438 46458 (WhatsApp/Call)

Sincerely,  
Surabhi Supplies

## JOIN DROPZY

Products and services from in and around Auroville.



Developed by 15odpi

**Dropzy** is a mobile app platform for ordering and accessing information from a wide range of in and around Auroville eateries, grocers, bakers, farms, expertise/experts, therapists etc and has partnered with ITS (Integrated Transport Service) whose delivery personnel will pick up the orders from the outlets/stores and deliver them to the customers at their convenience.

**Dropzy** works by providing a complete ordering and delivery solution that connects the existing neighborhood outlets/stores with the comfort and convenience of ordering from home.

Find new customers, build your business and grow your sales. Increase your order volume, drive more revenue and improve profitability with help from **Dropzy**.

### Register your Unit/Activity

Click on this link: [www.dropzy.in/join-dropzy](http://www.dropzy.in/join-dropzy)

Know more about Dropzy on [www.dropzy.in](http://www.dropzy.in)

Best regards,  
Sathish Arumugam  
For Dropzy



## RAPID CARE SERVICES RCS

**Rapid Care Services** has been serving the community at its best capacity.

Over the period of 6 months, we have made a lot of improvements with our services and technicians in order to cope with quality, beauty and time, which are the 3 mandatory factors that we work on.



**RAPID CARE SERVICES**  
One call to solve all your problem

Rapid Care Service, as an Auroville activity, is dependent only on Aurovilians and Auroville, while we also do not take advantage of our own community in terms of rate and quality. We make sure the work is completed on an economical budget without compromising quality. Please use Rapid Care Services to keep Auroville's economy healthy, and rotational to benefit Auroville as a whole.

### List of services provided by Rapid Care Services:

- Aluminum channel work
- Welding
- Carpentry
- Masonry - renovations and remodeling
- Plumbing
- Painting
- Insect Treatment
- Fencing
- Electrical
- Washing machine repair & installation,
- A/c repair and installation,
- Inverter repair and installation,
- Dth repair and installation and
- Furniture purchase assistance

Kindly contact us and hire our services at the below mentioned contact details.

Balaji - 8270071581 ; Arun - 7639810621

[rctrapidcareservices@gmail.com](mailto:rctrapidcareservices@gmail.com)

[rapidcare@auroville.org.in](http://rapidcare@auroville.org.in)



## SOLITUDE FARM - 2023

### Farm



Solitude has a small farm shop which is stocked daily with fresh seasonal produce.

There are also some ayurvedic powders such as giloy or guava leaf and also chilli powder, turmeric, pickles and dried flowers. Solitude also runs a C.S.A. fruits and vegetables basket service where people sign up in advance for a basket of seasonal produce.

- Papayas
- Assamese giant lemons
- Pineapple
- Plantain
- Bananas
- Wild spinach
- Wild salad greens
- Sundakkai
- Banana stem
- Banana flower

### Cafe

The cafe runs from Monday to Saturday serving a local food vegan thali.

We also serve farm salads, smoothies, desserts, vegan coffee etc...

The cafe runs a lunch scheme.

### Education

Solitude farm runs mini permaculture workshops during the week (Wednesdays and Fridays) and longer weekend workshops on a monthly basis. Pricing is flexible for Aurovillians.

### Tour

Every Saturday we offer a free tour of the farm sharing the narrative and philosophy in practice of how a food forest can emerge through natural farming and permaculture.

### Volunteers

Solitude Farm is happy to welcome volunteers.

Timings 8:00 am -12:30 pm

We offer breakfast, tea and lunch.

### Opportunities

Solitude Farm Cafe is looking for a serious person to manage the POS and accounts, stock, excels etc for the cafe and farm. Replying to emails and calls.

Solitude Farm is looking for people to help with the educational workshops.

To find out more:

email: [solitudepermaculture@gmail.com](mailto:solitudepermaculture@gmail.com)

whatsapp: 9843319260



*Solitude Farm*

Solitude farm & café

Auroville

## AIRCON CLEAN OFFERS COMPREHENSIVE AIR CONDITIONER CLEANING SERVICE KNOWN AS "JET SERVICE".



The Jet Service includes not only the filter cleaning but also indoor cooling coils, blades, and blower wheels, indoor cooler drain tray cleaning and outdoor unit with AC jet pump.

After a cleaning service your air is fresh and healthy, reducing sickness and helping you live a healthier life.

Save up to 30% power usage with a regular cleaning service.

Contact **AIRCON CLEAN** now at 9786809518 or email us at [airconclean.av@gmail.com](mailto:airconclean.av@gmail.com)

Regards, Julien.

## REPAIR OF AIR CONDITIONERS, FRIGDES, WASHING MACHINES AND APPLIANCES

Loganathan working at Mahasaraswati Shop (near PTPS, Aspiration area) is a long term Aurovillian that has gained a lot of knowhow through looking after and repairing all kinds of machines. He happily repairs your machines and appliances.

You may contact him via phone / SMS or whatsapp  
+91 94434 93025



## OFFERING IT SERVICES

I am Ramakrishnan Aurovillian experienced in the fibre internet field (Ftth) for 8+ years and gained more knowledge in creating-on new fibre internet infrastructure and IT troubleshooting work for our Auroville community Since 2015

And I am happy to provide the below services to our Auroville community

- Internet speed; Boosting up for dual bands 2.4 GHz or 5 GHz
- Wired/wireless; Fibre ONT modems, Routers, Switches installation/repairing work
- Fibre optic cable; Joining, power loss troubleshooting, laying/pulling work inside and outside your house
- CCTV; Configuration/Installation/repairing work inside and outside your house
- Smart-TV/laptops/printers; Configuration/Installation/repairing
- Other network communications devices; Configuration/Installation/repairing

For any internet-related issues/complaints, Please feel free to contact me: Ramakrishnan, 9943919899, [krish651@gmail.com](mailto:krish651@gmail.com)

## LOOKING FOR

## SPACE FOR BIRTHING SERVICES

Dear Auroville Community,



As you are aware, our dream of a state-of-the-art maternity home for birth in Auroville is currently in the design phase.

We are now actively **seeking a temporary location** where we can offer birthing services. The minimum requirements are:

- Good access road, including access for emergency vehicle
- Availability of running water and electricity
- Toilet facilities with shower
- Ground floor
- Privacy
- Area of at least 40sq m each– 2 rooms

If you are aware of potential locations that could meet, or are close to our criteria, please feel free to get in touch with us.

The AV Unit, Morning Star, must register this facility under the TN Clinical Establishment Act, so the location must meet specific requirements.

With Gratitude,

Morning Star team

Contact: Bala at ( WA only ) + 91 9892699804.

## A WEB DESIGNER

A web designer or anyone who can assist me to get the passion for Shiatsu, a Japanese Healing Way, out there: Website Creation, social media, networking etc.

Please kindly contact; Ulrike Urvasi, [shiatsuindia@gmail.com](mailto:shiatsuindia@gmail.com) or 9751513906 (anything else but calls).

## AV RADIO



**AurovilleRadio**

The voices of Auroville

Dear Aurovilians,

Your favourite radio is always working for you. Stay tuned! [Here](#) you can listen to the stream channel (playing 24/7). [Here](#) you can see on-air schedules.

### Last published podcasts:

- [LA VITA DIVINA EP. 35](#)(Sri Aurobindo)
- [Soul Tracks Se5, Ep11](#)(Music)
- [Marlenka's weekly Offering – Ep.106](#)(Literature)
- [Une série hebdomadaire de lectures par Gangalakshmi – 451](#)(Literature)
- [Exploring Education in Arts, Animation and Film-making – Ep. 20](#)(Creative Writing)

Last Youtube Live Video:

[Matrimandir Lake Information Meeting Part II](#)

Auroville Radio Tv is maintained and supported with the help of a small town budget and voluntary donations. If you as Aurovillian wish, **make a donation to F.A. number 0867**. Thanks for your help!

...and more! on [www.aurovillerradio.org](http://www.aurovillerradio.org)

For more information write to [radio@auroville.org.in](mailto:radio@auroville.org.in)

Peace and love

Regards, AvRadio team



## CINEMA



Presents at **MULTI MEDIA CENTRE AUDITORIUM (MMC, Town Hall)**

**Reminder: FRIDAY 20th Oct. "SCENT OF A WOMAN" by Martin Brest, US, 1992**

And **FRIDAY 27th OCTOBER, 8:00 pm "Mr. JONES"**

*Directed by Agnieszka Holland, Poland, 2019*

*With: James Norton, Vanessa Kirby, Peter Sarsgaard*

**Overview:** Based on real events, the film tells the story of Gareth Jones, a journalist from Wales, who in 1933 travels to the Soviet Union and uncovers the truth about the Holodomor, the devastating famine in Ukraine.

**Synopsis:** Gareth Jones is an ambitious young journalist, who has gained some highlights for his interview with Adolf Hitler. The son of an English teacher in the Welsh colony of Hughesovka in Soviet Ukraine, Jones is also fascinated by how Stalin's Soviet Union has gone from a backward peasant state to an industrial powerhouse that appears to be the only country unaffected by the Great Depression and believes that its success means that a British-Soviet alliance is the key to preventing the Nazi domination of Europe. Once there, he discovers that the journalists are far from being able to carry out their investigations as they see fit...

*Original English version with English Subtitles. Duration 2h.21'*

## THE FRENCH PAVILION PRESENTS:

### Gallant Indies (Les Indes Galantes)

A Film

By Philippe Béziat

**Saturday 21st October 2023 at 5pm**

**Town Hall - Cinema Paradiso**

in French with English Subtitles, duration: 1h38



*Based on Jean-Philippe Rameau's opera-ballet that was directed by Clément Cogitore for the Opéra National de Paris.*

In 2019, eight opera singers and 30 dancers from a wide variety of artistic and demographic backgrounds convened at Paris's Opéra Bastille to begin work on an ambitious new production of Les Indes galantes, a cornerstone of French musical history. Philippe Béziat's documentary, Gallant Indies, captures the work of this multifaceted troupe under the direction of artist and filmmaker Clément Cogitore; together, they shepherd Rameau's opera into the 21st century, while exquisitely and joyfully mirroring the true diversity of contemporary France. Replete with gorgeous melodies and fantastic dance numbers, from rehearsals to public performances, it is a human adventure and a meeting of political realities that we follow: can a new generation of artists storm the Bastille today?

Trailer: <https://www.youtube.com/watch?v=YBZVDpfqZVs>

## EMERGENCY NUMBERS



### Ambulance (24/7):

Auroville 9442224680	PIMS 0413 2656271		
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### Security (24/7):

AV Safety & Security Team 9443090107	Auroville Police Station 0413 2677318	Kottakuppam Police Station 0413 2236148	Vanur Fire Station 0413 2677368
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### Health:

Health Center 0413 2622123	Santé 0413 2622803	Farewell 8903836246	
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### Mental health 24/7 support:

Vandrevala Foundation +91 9999666555

**India Emergency Response Service (24/7): 108**





# Cinema Paradiso

Multimedia Center (MMC) Auditorium

Film Program 23 October 2023 to 29 October 2023

Cinema Paradiso-Multimedia Center is now in operation at 100% seating capacity. However, if you want to wear a mask it is your choice.

*To organize the seminar/program please email us. Our projector is crawling towards the end of its life. It has served well, but it is time for us to look for a new one. For this or to support our work you could financially support us. Please find necessary details at the end of this note.*

## Indian and diaspora – Monday 23 October, 8:00 pm:

### • CHHATRIWALI (Woman in charge)

India, 2023, Dir. Tejas Prabha & Vijay Deoskar w/Rakul PreetSingh, Sumeet Vyas, Satish Kaushik, and others, Comedy-Drama, 116mins, Hindi w/ English subtitles, Rated: NR (PG-13)

This is a social drama with dollops of humor that underlines the importance of contraceptives and sex education in schools and society without being preachy. Sania is bright, educated, but unemployed woman who offers tuition. Impressed by her Ratan Lamba offers her a job in his condom factory as a quality check manager. Sania rejects it only to accept it later without any other option. However, she hides the details about her job from all and claims that she works for an MNC. After marriage it is with interacting with her sister-in-law, she realized the importance of awareness and education to avoid unwanted pregnancy and other serious health issues. Witty script, tight storyline, and good acting makes this film important and enjoyable to watch.

## Potpourri – Tuesday 24 October, 8:00 pm:

### • WEREWOLF BY NIGHT

USA, 2022, Dir. Michael Giacchino w/ Gael García Bernal, Laura Donnelly, Harriet Sansom Harris, and others, Action-Adventure, 52mins, English w/ English subtitles, Rated: NR (R)

On a dark and somber night, a secret cabal of monster hunters emerges from the shadows and gathers at the foreboding Bloodstone Temple following the death of their leader. In a strange and macabre memorial to the leader's life, the attendees are thrust into a mysterious and deadly competition for a powerful relic--a hunt that will ultimately bring them face to face with a dangerous monster.

## Interesting – Wednesday 25 October, 8:00 pm:

### • STRUGGLE: THE LIFE AND LOST ART OF SZUKALSKI

Poland-USA, 2018, Dir. Ireneusz Dobrowolski, w/ Stanislaw Szukalski, Glenn Bray, Robert Willams, Biography-Documentary, 115 mins, English w/ English subtitles, Rated; NR (G)

This documentary chronicles the life of Polish-American artist Stanislaw Szukalski (1893-1987) from his early years in Chicago, to his time in Poland and Los Angeles, and his artistic and political contributions to the world.

## German – Thursday 19 October, 8:00 pm:

### • NAHSCHUSS (The last execution)

Germany, 2021, Dir. Franziska Stünkel w/Lars Eidinger, Luise Heyer, David Striesow and others, Drama, 116 mins, German w/ English subtitles, Rated: G

*In collaboration with Goethe Institute/Max Mueller Bhavan.* The true story of the life of Werner Teske, the last man to be executed in former East Germany in 1981 before the death penalty was finally abolished in 1987. Psychodrama of the fictional character Franz Walter, an ambitious scientist, who accepts to work for the Stasi in exchange for a professorship. When he realizes what is going on, it is impossible to escape the clutches of the state.

## International – Saturday 28 October, 8:00 pm:

### • FIRE ISLAND

USA, 2022, Dir. Andrew Ahn, w/ Joel Kim Booster, Bowen Yang, Margaret Cho and others, Comedy-Romance, English w/ English subtitles, 105 mins, Rated: R

A group of queer best friends gather in Fire Island Pines for their annual week of love and laughter, but a sudden change of events might make this their last summer in gay paradise.

## Children's Matinee – Sunday 29 October, 4:30 pm:

### • THE NIGHTMARE BEFORE CHRISTMAS

USA, 1993, Dir. Henry Selick w/ voices Danny Elfman, Chris Sarandon, Catherine O'Hara and others, Animations-Family-Fantasy, 76 mins, English, Rated: PG

Jack Skellington, king of Halloween Town, discovers Christmas Town, but his attempts to bring Christmas to his home causes confusion.

## ROBERT ALTMAN FILM FESTIVAL@ Ciné-Club:

### Ciné-Club Sunday 29 October, 8:00 pm:

### • CALIFORNIA SPLIT

USA, 1974, Dir. Robert Altman w/ George Segal, Ann Prentiss and others, Comedy – Drama, 108 mins, English w/ English subtitles, Rated: R.

When a casual gambler befriends a professional one, he begins to mirror his life, sending both deeper into the sleazy gambling world where the stakes keep getting bigger. The film's aesthetic accurately captures the depressing surroundings in which gambling thrives.

**Rating codes** we often use are from Motion Picture Association of America (MPAA): G=General Audiences, PG=Parental guidance suggested, PG-13=Parents strongly cautioned, R=Restricted (equivalent to Indian rating: A i.e. for Adults), NR=Film Not rated, Rating awaited, or Rating not available.

For scheduling programs at MMC/CP venue: please email us at [mmcauditorium@auroville.org.in](mailto:mmcauditorium@auroville.org.in). *We appreciate your continued support. Pl donate to "Cinema Paradiso" (account #105106) or set up for a monthly contribution.*

Thanking You,  
MMC/CP Group Account# 105106,  
[mmcauditorium@auroville.org.in](mailto:mmcauditorium@auroville.org.in)

## TAMIL & FRENCH NEWS & NOTES

### ஆரோவில் தமிழ்ச் செய்திகள்

19.10.2023, ஆரோவில்வாசிகளுக்கான தமிழ் வார ஏடு, ஆர்ப்பு பதிப்பு எண்: 997 - 01

Click [here](#) to read the TAMIL News&Notes or

scan the code:



Click [here](#) to read the French News&Notes or

Scan the QR code:



## FO GROUPS

(not selected by due Residents Assembly process)

### FROM FO ATDC - FO N&N 996

#### INTEGRATION of Auroville Borewells

The preparation of the development of Auroville-City, planning and development of roads, sectors and facilities has implications for the borewells also. Auroville city has approximately 70 borewells, most of them serving a limited number of residents and services.

The ATDC will in the coming year integrate 15 till 20 borewells into a common system, run by Auroville Water Service. How, when and in what priority will be published and communicated later. Auroville is fortunate to have these borewells and they are able to secure the water-need for a growing population for some time. Sharing and bringing these for everyone's needed resource, under unified management guarantees delivery assurance and maintenance.

As all assets are owned by the Foundation this also applies for borewells. Sharing will decrease the usage per resident significantly, which is needed to preserve groundwater.

*Toby  
for L'avenir d'Auroville / ATDC*

### FROM FO WC - FO N&N 996

#### TO THE ATTENTION OF THE PERSONS IN NEED Of A New Visa Extension

We want to inform you that in the process of obtaining an extension of your Visa, a new step has been introduced by the Foundation Office. All visa applications will be passed via the BCC office to check if the monthly FS city contribution has been paid or for any other financial irregularity. In case of any pending payment the visa process will be paused until the pending payments are updated.

We would like to alert everybody to check with the BCC if there are any pending contributions to be made before applying with the Residents Service for a visa extension to avoid any inconvenient delay.

*The Working Committee,  
07.10.2023,  
Submitted by Joseba for WC*

**EDITORS NOTE:** Please read the RA WCOM answer to the above posting by FO WC on page 4 of this N&N edition

## SUPPORT FOR THE EXECUTIVES Of The Matrimandir

Dear Aurovilians, the announcement by the Matrimandir executives about a letter served to them via Navroz Mody and Sandeep Vinod Sara (see attachments) has alarmed and shocked many Aurovilians. They are also members of the Resident's Assembly.

The sheer arrogance of this attempt to intimidate and force the executives to stop all activities in the Matrimandir area together with an ignorance of the process that is unique to Matrimandir, is deplorable and to be condemned. It is not only in violation of Auroville's guidelines as stated by the Matrimandir team but also in violation of the Mother's wishes and of the Peace Area which Matrimandir executives are responsible for.

If the diktats of Navroz and Sandeep are to be followed nothing will be possible for Auroville.

The whole Matrimandir area which is the Peace Area at the soul centre of Auroville was seen by the Mother and a progressive execution has been in process. These include the Amphitheatre, excavation work, approved design plan of Matrimandir & construction, the gardens and the Lake. The Matrimandir Area is the Mother's project, not an RA project, not even an ATDC project. This was made clear as the Mother wrote the Charter and was the first work as per her city plan to be started.

Many discussions have happened over the years and caused delays only to fall back on what the Mother had seen and approved for the Matrimandir as the best solution. A case in point is the long drawn controversy created over the outer skin which was resolved once the Mother's vision was accepted and followed. We have seen the same arguments repeat in different ways for the gardens, the city and now the Lake. The project that the Mother wanted completed in approximately 5 years is now 55 years old. It cannot be wished away from the Master plan.

The lake is a major undertaking which has seen huge delays since the first site application was requested for the first segment. The cost then and the cost now created by the deliberate delays via objections and blockades needs to be compared and discussed. Those responsible for creating the obstructions and delays also need to take responsibility for the costs incurred by delaying the Mother's vision-project for humanity towards a transformational change.

A 'Residents Assembly' call has been preempted by Navroz Mody and Sandeep Sara with the letter to the Matrimandir Executives while the unauthorized ATDC which though rejected by the High Court, has thought it fit to issue warnings to the Auroville Foundation citing NGT. This RA does not represent the community. Their meeting announcements do not reach everyone, nor do they respect or care about the aspirations of the whole community, it therefore does not have the full community's approval.

The court order regarding the Residents Assembly's ability to function does not apply to one faction alone, nor does it give permission to this one faction to carry out selections without seeing the completion of the ROR process which the court upholds. The ability of the Resident's Assembly to function does not give it legitimacy to abuse Auroville by obstructions and intimidations aimed at different working groups and the Matrimandir and violating the basic code of conduct.

Expertise for Auroville requires a different standard as Auroville is a radical step forward both in spiritual vision and material execution. The work of our experts is to find the solutions to make this possible and enable the project, not persist with the same complaints, perceived faults and defects in order to obstruct and delay the work or, intimidate and harass those working to find the solutions.

We herewith state our full support for the Matrimandir Team and the progress that they have made and wish them all success to carry out what is necessary for the progress of the Lake work along with Michael Bonke and team. May the community come together in making the Lake a realization and an offering for the Mother's 150th year.

*The Working Committee  
Anu, Arun, Joseba, Partha,  
Selvaraj, Srimoyi, Tine*