

Auroville

NEWS & NOTES

No 996 - A weekly bulletin for residents of Auroville

12 October 2023

RA EDITION



PONDERING

1. The first thing needed is the inner discovery, to find out what one truly is behind social, moral, cultural, racial and hereditary appearances. At the centre there is a being, free and vast and knowing, who awaits our discovery and who should become the active centre of our being and our life in Auroville.

~ 13th June 1970

The Mother - To be a true Aurovilian
Words of the Mother

<https://dream.books.prisma.haus/en/to-be-a-true-aurovilian/>



HOUSE OF MOTHER'S AGENDA



(continued from last week)

THE IRON AGE IS ENDED

The prerequisites of the Age of Truth may seem harsh – the perilous descent into the Inconscient, the battle against Darkness, Death at every bend in the road. But have we not risked our lives for lesser undertakings? *Man's greatness is not in what he is, but in what he makes possible*, said Sri Aurobindo. The Victory must be won once, in one body. When one human being has won that Victory, it will be a victory for all humankind and in all the worlds. For this little earth, so insignificant in appearance, is the symbolic ground of a battle involving all the cosmic hierarchies, just as a conscious human being is the symbolic ground of a battle being waged for all humankind. If we conquer here, we conquer everywhere. We are the deliverers of the dead – the deliverers of life. By becoming conscious, each of us becomes a builder of heaven and a redeemer of the earth. That is why this life on earth takes on such an exceptional significance among all our other forms of life, and also why the guardians of Falsehood persist on preaching to us the hereafter. *We must not waste a minute to do our work here, says the Mother, because it is here that we can really do it. Do not expect anything from death; life is your salvation. It is in life that the transformation must be achieved; it is on the earth that one progresses, on the earth that one realizes. It is in the body that the Victory is won.* Then the law of evolution will no longer be a law of opposites exhorting us through endless dualisms in order to uproot us from our human childhood. It will be a law of light and unending progress, a new evolution in the joy of Truth. The Victory must be won only once. One glorious body. One body must break the iron law for all bodies. And all human beings must collaborate in that one Victory. The strategic difficulty of the transformation is fully before us. If earth calls and the Supreme answers, the hour can be even now.

CONCLUSION - THE END WHICH EVER BEGINS AGAIN

The realization of the Vedic rishis has become a collective one. The Supermind has entered the earth-consciousness, descending right into the physical subconscious, at the last frontiers of Matter. There remains only one final bridge to cross for the connection to be established. A new world is born, said the Mother. *At present, we are in the midst of a transitional period in which the two are intermingled: the old world hangs on, still very powerful, still controlling the ordinary consciousness, but the new one is slipping in, so modest and unobtrusive that, externally, it doesn't change too much, for the moment.... But it is working, growing, and one day it will be strong enough to assert itself visibly.* Indeed, not all difficulties come from the subconscious.

One difficulty in particular is of a very "conscious" nature, hindering the new world like a massive bronze door. It is not our materialism, as we so often imagine – for scientists, if they are sincere, may be the first to emerge in the Truth – but the enormous spiritual carapace under which we have buried the Spirit. The real mischief of the devil is not to sow falsehood and hatred in the world, such as Attila or the Nazis have done – he is far too clever for that – but to lay hands on a grain of truth and then to twist it ever so slightly. Nothing is more intractable than a perverted truth, because the falsehood is made that much stronger by the power of truth it contains. We have been told repeatedly that "salvation is in heaven," and it is true. There is no salvation for man so long as his nose remains completely buried in matter; his salvation is in the superconscious heaven. It was probably necessary to preach heaven to us in order to pull us out of our initial evolutionary sclerosis, but this was just a first stage of evolution, which we then turned into an ultimate and rigid end. Now, however, this same end has turned against us. We have denied the Divinity in Matter, to confine it instead in our holy places, but now Matter is taking its revenge. We called Matter crude, and crude it is. As long as we tolerate this imbalance, there is no hope for the earth. We will only continue to swing from one extreme to another, both equally false – from material enjoyment to spiritual austerity – without ever finding any true fulfillment. *The ancient intellectual cultures of Europe ended in disruptive doubt and sceptical impotence, the pieties of Asia in stagnation and decline. We need both the vigor of Matter and the fresh waters of the Spirit, while our materialisms are stupefying us and our beliefs are merely the reverse of our disbeliefs. The Atheist is God playing at hide-and-seek with Himself; but is the Theist any other? Well, perhaps; for he has seen the shadow of God and clutched at it.*

(to be continued next week)

— Satprem, **The Adventure of Consciousness, Chapter 17,**
The Transformation

https://sri-aurobindo.co.in/workings/satprem/adventure_of_consciousness_e.htm#066

With love and gratitude,
Gangalakshmi (HOMA)



HARD DEADLINE FOR SUBMISSIONS: TUESDAY 5PM

The content of News & Notes is a reflection of the growth process of this community towards its ideals of Harmony, Goodwill, and Truth. Editing of submissions, mainly for reasons of space and clarity, is done according to an established policy.

How to submit material:

- Max size of posters should be 1 MB, in JPEG format. Bigger posters will be reduced or cropped to fit.
- Please AVOID CAPS letters
- Material (no pdf files, please) may be sent in English only to **newsandnotes@auroville.services**
- Articles for the Notes section should ideally be no longer than 500 words.
- Please try your best to send your announcements, reports, film schedules whenever they are ready. Any modifications of submitted News items must be sent to the editors before **Tuesday 5pm.**

DISCLAIMER:

Please note that the opinions and views expressed on these pages are solely those of the respective authors or work groups and do not necessarily reflect the position of the editors or the larger Auroville community. The News & Notes aims to provide a platform for the publication of diverse perspectives and voices from multiple sources within Auroville.

While our editors strive to ensure the accuracy of the information presented, we cannot guarantee that all information is free from error or omission. Additionally, we cannot be held liable for any alleged misinformation provided or offence caused by the content published.

In the event of any dispute, we encourage readers to consult with the Auroville Council, and we reserve the right to suspend the publication of disputed material. Our commitment to providing an open and inclusive platform for dialogue and exchange of ideas remains steadfast.

The News and Notes team
newsandnotes@auroville.services

LIST OF ACRONYMS:

AVF (Auroville Foundation), **AVFO/FO** (Auroville Foundation Office), **GB** (Governing Board), **RA** (Residents Assembly)

The following groups are divided in two categories: The groups selected by the Residents Assembly through Community decision making Processes and the groups put together by the GB and the FO (not recognised by the Residents Assembly).

Working groups selected by the Residents Assembly:

Working Committee (WCom)
Funds and Assets Management Committee (FAMC)
Budget Coordination Committee (BCC)
Town Development Council / L'avenir d'Auroville (TDC)

Auroville Council (AVC)
Entry Service (ES)

FO selected groups:

Working Committee (WC)
Funds and Assets management Committee (FAMC)
Budget Coordination Committee (BCC / BCS)
Auroville Town Development Council (ATDC)

Housing Service (HS)
Land Board (LB)

NOTE FROM THE EDITORS

Dear Community,

Important call for support:

The RA Edition of the News&Notes (RA N&N) is made by and for the residents, and can only exist with your support. So far, printing and distribution costs have been covered by private donations but we are now facing a shortage of funds. We call for the community's **solidarity** and **financial support** to fund the printing and distribution of our News&Notes.

To contribute to the RA N&N, you can do so by donating to: "NEWSLETTER COLLECTION" **FS #252150**. Gratitude in advance for the support!

Reminder:

- If you wish for your events, workshops, and other content to be published in the RA N&N please send it to: newsandnotes@auroville.services.
- Please do NOT write to us from an @auroville.org.in mail ID, your submissions will not reach us. If you only have an auroville.org.in mail ID, please use this [FORM](#) to send us your content.

Read past issues and subscribe [HERE](#).

We look forward to continuing to serve the over 3000 readers who receive the RA N&N as well as serving the Auroville community as a whole by providing a platform for all perspectives to be shared with respect.

In community,

The RA Community Edition News and Notes Team

WORKING GROUPS NEWS

FROM THE ENTRY SERVICE

ES # 201 DATED: 12-10-2023

The following people have been recommended by the Entry Board to join our community. Please share your feedback within 2 weeks for potential Newcomers, Associates and Friends of Auroville and within 4 weeks for Potential Aurovilians, Returning Aurovilians, Youth and Spouse/Partner of an Aurovillian in writing to auroville.entryboard@gmail.com OR auroville.entryservice@gmail.com.

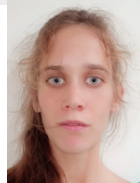
We thank you in advance.

NEWCOMER ANNOUNCED:

- **Elisabetta SALPETRE (Italian)** staying in Kindergarten Staff quarters and working at Kindergarten



- **Tatiana NIKOLAEVA (Russian)** staying and working at Pitchandikulam



NEWCOMER CONFIRMED:

- **Jasmine JONES (French)**
- **Monica KRISHNAN (Indian)**
- **Padmaja PYDAH (Indian)**
- **Yash SHETTY (Indian)**

AUROVILIAN ANNOUNCED:

- **Chithra SEERALAN (Indian)** staying in Sangamam and working at Aha! Kindergarten



- **Kaviyarasu DEVARASU (Indian)** staying in Arya (Jayaram's house) and working at Solar Kitchen



- **Lukesh Bharath MOORTHY (Indian)** staying in Muyarchi and working at Solar Kitchen



AUROVILIAN CONFIRMED:

- **Priya ANBAZHAGAN (Indian)**

SPOUSE OF AN AUROVILIAN CONFIRMED:

- **Malar ARUMUGAM (Indian)**

LEFT ON THEIR OWN:

- **Prabaharan NAGAPPAN (Indian)**

NOTE:

- The Newcomer probation year becomes effective only after the NC kit has been returned and should not exceed 18 months from the date of confirmation.
- A Newcomer becomes an Aurovilian once his/her name has been confirmed by The Admission Committee (aka the Entry Board) after following due process.
- The date of becoming Aurovilian is the date of confirmation. An Aurovilian confirmed by the Entry Board is eligible to participate in all community decision-making processes.
- A confirmed Aurovilian becomes officially a Resident of Auroville once the individual has filled in and signed the B-Form and his/her name has been entered in the Register of Residents (RoR) maintained by the Auroville Foundation Office (AVF).
- A Resident of Auroville is eligible to become an executive of a Unit or Service of Auroville and to get an ID card issued by the Auroville Foundation.
- A meeting with the Secretary of the AVF will be arranged by the Entry Secretariat according to the availability of the Secretary and not at any personal request.

Yours,

The Entry Board (Alain, Grace, Jayanthi, Lakshmanan, Matilde, Sara, Sonja and Swadha)

Entry Service Timings:

Monday, Wednesday, Friday, 9:30am—12:30pm

Tuesday & Thursday: Newcomer kits, 2:30—4:30pm

Contact: 0413 262-2707, auroville.entryservice@gmail.com

Note: If you want any more information about someone, please contact the Entry Service directly for more details.

COMMUNITY SHARING

MONTHLY FARM GROUP REPORT FOR THE MONTH OF SEPTEMBER 2023

During the last month with the summer rain coming more regularly, Auroville farmers have been very busy carrying out a wide range of work in the fields. As well as growing food, farmers have made time to get together to share information and to support each other to grow food for the Auroville community. In the following we share with you, some of the issues farmers have discussed and actions taken. All carried out with the overall aim of improving Auroville's food growing activities.

1. **GRATITUDE PROJECT**; it is now one year since the Gratitude Farm project was set up in Foodlink farm. Originally it was agreed with the GBFAMC that they would follow up with them so Auroville farmers could see what the project had achieved and whether reality lived up to the projected outcomes. No updates have been received so far, so this is being followed up by the Vegetable farmers with a member of the Farm Service following up with the GBFAMC.

2. **AYARPADI FARM**; it has now been agreed that the farm lands, which originally were going to be taken away from the Farm Steward and allocated to two new farmers, will now not take place. Thankfully we can all continue to enjoy the grains and other food produced by this very productive Auroville farm.

3. **AUROVILLE GRAINS**; growing and processing grains (rice and various sorts of millet) is complex as it involves the management of crop loans, growing and harvesting of the crop as well as post harvest processing. At the request of Foodlink, 'Foodlink grains' has now become 'Auroville grains' and for the time being will keep its present organization but with a member of Farm Service being a signatory of the crop loan application process. If Auroville farmers are to continue growing such grains organizational changes are needed for the processing and storage of Auroville grains so it is more fit for purpose.

4. **FARM SUPPORT**; when farmers' maintenances were cut with no notice at the beginning of the month many farms and farmers found themselves in considerable difficulty. Individual farmers found their lifestyles were affected and several were unable to go on paying back loans both personal and on the farm. Several farmers are surviving on savings (in one case money saved up for children's education) and/or making money for living expenses by doing non farming activities. Several farmers are thinking about growing more cash crops to bring in more money or growing more profitable crops rather than just increasing production. Several farmers have had to delay planned investment indefinitely until they are able to restructure the farm finances. Initial financial support was found for farms and farmers in acute difficulty but a more long term solution for farm support is being sought. There have been wide ranging discussions about how to do this.

5. **VIP ROAD AND PROPOSED CAR PARK ON BUDDHA GARDEN FARM LAND**; the idea that this road would be built in time for the Presidents visit on August 8th was dropped when there were found to be significant engineering issues which will take some time to address. The Farm Steward continues to try and find out more information about what is going to happen and when, but so far without success. The situation remains unclear and it seems that no financial help will be forthcoming to take any positive decisive action such as moving the farm.

6. **FOODLINK**; Foodlink representatives have been invited to the Vegetable Group meeting on Wednesday. This will hopefully be an opportunity to create some understanding and trust between the two groups. (subsequently Foodlink met farmers – more about that in next month's report)

7. NEW FARM; the two new farmers taking over land in the Irumbai area which they have called Kamadhenu have been welcomed by other grain farmers. This is challenging land to farm which will require considerable investment to make the land productive in the long term. Any grains grown on this land will add to the Auroville grain supply which means the overall grain processing and storage capacity will have to change.

If anyone has feedback or would like further information please contact farmers at aurovillefarmgroup@gmail.com

DREAMCATCHING_OPEN SESSIONS

Since August 2023 we have been holding Dreamcatching sessions again (after a gap of almost 15 years) on different roof tops, **every Monday from 6-8 am**. This is a follow up action from the last presentation we (Dreamweaving Core Team_David, Mona and Omar) made at the Unity Pavilion on 29 July 2023. It is one of the multi-pronged approaches we proposed that hopes to unite people around common processes and values.

Essentially each session is open to anyone (aurovilians, newcomers) and offers an aspirational and safe space to explore "the DNA of Auroville", in a quiet, non-confrontational and meditative manner.

We invite you to come and experience this amazing, positive and creative space where we explore ideas to concretely bring down The Dream.

Please write to dreamcatchingav@gmail.com for information and to receive the "pearls/notes" of each session.

Currently the sessions are being held at Naturellement Garden Cafe terrace at Udyogam. However it is best to confirm beforehand incase of change of venue to another rooftop.

Love,
David and Mona



AWAKENING SPIRIT

HOW THE MATRIMANDIR BANYAN TREE ASKED FOR MOTHER'S HELP

Mother had subtle vision, subtle hearing and all other subtle powers. Often when She saw a person She did not see his physical form. Instead She saw what he would be ten years later or in his next birth or what he was in a previous birth. Inanimate objects communicated with Her. The gods were in relation with Her.

One evening at 6 o'clock, She asked to see a certain sadhak. He was not available. She asked for someone else. He too was away on work. Then she asked for anyone available to come see her urgently. An elderly sadhak presented himself and offered to do any work that was required of him. She spoke to him saying, *"The Banyan tree near the Matrimandir in Auroville is in pain. Just now the tree came to me and complained. Please rush to the spot and relieve the distress of the tree and report to me."*

Auroville is five miles away from the Ashram and the Matrimandir is at its centre. The Banyan tree is very old and has spread its roots all around. It is very close to the Matrimandir, standing between the foundation stone of Auroville, which contains the soil of all the world's nations, and the Matrimandir. The Aurovillians all worked to build the Matrimandir, which was under construction, and their houses were around the Banyan tree.

Since the tree is centrally located and people live close by and work there during the day, nothing can happen there which will escape the notice of the sadhaks.

The elderly sadhak rushed to the Banyan tree, wondering what it could all be about. It was already dark. There were no lights around the tree. He was an old man who could not climb up the tree.

What was he to look for? What kind of distress could a tree feel? If it were anything that could be seen by people, it would have already been noticed. If it was something subtle or something on top of the tree, what could this old man do there in the dark?

Soon he reached the spot. At the foot of the tree, a worker had fixed his axe. When workers want to keep their hatchets or axes, they have the habit of hitting a tree trunk with the sharp edge to lodge the instrument there. Someone, as was his wont, had fixed his axe in the foot of this tree. The moment the sadhak saw the axe fixed into the tree, it became clear to him. He quickly removed the axe, searched for the owner and while giving the instrument back to him, instructed him not to do that anymore.

He returned to the Ashram at once with joy and reported to Mother. When he told her at what time he had removed the axe, She replied that exactly at that moment She had felt the relief of the tree.

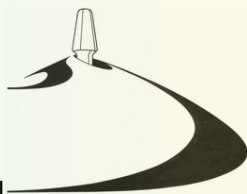
[Source: 'Life and Teachings of Sri Aurobindo & The Mother', published by The Mother's Service Society, Pondicherry]

AMPHITHEATRE - MATRIMANDIR

Every **THURSDAY** at sunset
(weather permitting)

Meditation with Savitri,

Sri Aurobindo's long mantric poem read by Mother to the incredible music of Sunil



Let's gather under the beautiful open space, with heavenly music in the very center of Auroville!

Reminder to all:

The Park of Unity is a place for silence, meditation and inner work, and is to be used only as such. We request everyone: please do not use cameras, I-pads, cell phones, etc. No Photos.

Dear Guests, please carry your Guest Card with you.

Access only for the Amphitheatre from 5.15 pm and for the meditation time.

Thank you,
Surya and Amphitheatre Team

A SATSANG ON THE INTEGRAL YOGA

A sacred gathering for the study and practice of the Integral Yoga of Sri Aurobindo and the Mother, founders of Auroville, the City of Dawn.

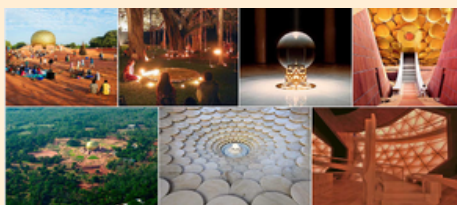
"The first necessity is the inner discovery in order to know what one truly is behind social, moral, cultural, racial and hereditary appearances. At the centre there is a being free, vast and knowing, who awaits our discovery and who ought to become the active centre of our being and our life in Auroville." — The Mother

We start right here, in the Eternal Now, from where we each are at this ever-progressive moment, and share our unique experiences on the path of rediscovering and embodying who we really are.

Facilitated by Zech Joya

Schedule: **Tuesdays and Thursdays, 5:30-7:00pm**

Venue: Conference Room, G/F SAIER Building, Town Hall Complex, Auroville



[Please click this link for details](#) or scan the above QR Code

INTRODUCTION TO THE INTEGRAL YOGA OF SRI AUROBINDO AND THE MOTHER

Tuesday, 17th October, 9 am - 12 noon

Focus: The Collective Yoga

Led by Ashesh Joshi

Place: Mirabelle Education Centre, Auromodele
Ph/Whatsapp: 9489147202 (Please register)

All are Welcome



VOICES AND NOTES

HASTENING AND INTENSIFYING

"So long as the old gods are alive, the breaking or depression of the body which they animate is a small matter, for they know well how to transmigrate."

"In the middle of the First World War, Sri Aurobindo noted with prophetic force: *The defeat of Germany... could not of itself kill the spirit then incarnate in Germany; it may well lead merely to a new incarnation of it, perhaps in some other race or empire, and the whole battle would then have to be fought over again. So long as the **old gods** are alive, the breaking or depression of the body which they animate is a small matter, for they know well how to transmigrate. Germany overthrew the Napoleonic spirit in France in 1813 and broke the remnants of her European leadership in 1870; the same Germany became the incarnation of that which it had overthrown. The phenomenon is easily capable of renewal on a more formidable scale.* Today we are finding that the **old gods** know how to transmigrate. Gandhi himself, seeing all those years of nonviolence culminate in the terrible violence that marked India's partition in 1947, ruefully observed shortly before his death: "The attitude of violence which we have secretly harboured now recoils on us, and makes us fly at each other's throats when the question of distribution of power arises... Now that the burden of subjection is lifted, all the forces of evil have come to the surface." For neither nonviolence nor violence touch upon **the root of Evil...**"

<https://incarnateword.in/search?query=old+gods&page=1&phrase=true>

Click 'Search in book' for full reference on above quotes.

For the dissolution of the root of Evil, the fully embodied Supramental Consciousness-Force (that is above the **overmind, mental, vital, elemental old gods**) is needed. This is what we term as the Divine Manifestation of the Supramental being that will usher in a Life Divine on Earth, the Satya Yuga.

Remember, "Man is a transitional being... not final."

Why? Obviously, as physical evolution means a progression that has been happening species after species for billions of years. Occultly, as humans and all other living earthlings are still very obviously puppets of the **old gods** for either their food, like energy bars, or for entertainment.

Circa 2023: The Great Cosmic Game is hastening and intensifying...

Any volunteers for the psychophysical Supramental transformation? Conscious, consenting willing servitors of the Divine Consciousness?

Any [True Aurovilians](#)?

<https://auroville.org/page/a-true-aurovilian>

ॐ Zech, 2023.10.10

OPEN LETTER TO MICHAEL BONKE, AFTER THE PRESENTATION TO THE COMMUNITY OF 19TH SEPTEMBER 2023

Dear Michael,

I'd like to express gratitude to you for meeting the community and having given a presentation on the project of the Matrimandir Lake. We also appreciated your readiness to have a dialogue, which we valued as a sign of openness. As this was the first meeting in years, and on such a huge, vital and sensitive topic, it was to be anticipated that the time frame allowed would be insufficient. May I suggest that next time such a meeting is not scheduled immediately before you have to rush off to take a flight?

During the two hours we had with you, much interesting information was shared, appreciation was expressed for your great effort and dedication; many questions were raised, and quite some steam was let off which does not originate from yesterday but has its roots in the past.

The purpose of this letter is not to take up technical subjects, as this is outside my competence. Instead I would like to make a few suggestions and requests to you, in the quietness of a meeting between children of the Mother.

To start with, please do not call us 'anti-lake Aurovilians'. If this is a conclusion based on past experience, the community has certainly moved on from there. Why would we have given up our lives elsewhere and come to Auroville if it was to oppose the manifestation of Mother's vision? And why would we have bothered to attend a meeting if it wasn't because of intense interest? (I can assure you that we all have enough worries in this trying time not to waste our time!)

I noticed the heat, passion and sharpness in one or more of the interventions, but also perceived unmistakable undertones of sarcasm and bitterness towards the community in several of your comments. All this is counterproductive to the progress we hope to achieve in meeting and finding solutions together.

Let it be clear that we appreciate the efforts towards realising the lake as soon as possible. Can you also appreciate a number of criteria other than speed that are crucially important to us? Please allow me to mention a few:

- Responsible planning:

Indigenous wisdom tells us to plan for seven generations to come. Surely this is not asking too much for a project of this magnitude. Also Auroville is not an island, therefore bioregional planning together with surrounding villages that will be affected by the lake is essential.

When plans for lake construction are as scientifically well-researched and cutting-edge as you emphasised they are, surely they can and must be peer-reviewed by other eminent experts, especially those working in our climate zone. This will additionally corroborate them, answer all the questions and concerns raised from various sides, and will allow the community to trustingly support them.

- Trust, respect and inclusivity / collaboration:

The need for mutual trust and respect comes first and foremost.

You want us to trust the integrity in the way you are serving the Mother. There is nothing more blissful than to feel that dedication and devotion in someone. We are asking you to consider that our dedication and bhakti may be no less than yours. And please remember that Auroville is to be built by the Aurovilians in the first place... with the process of finding unity as the most essential process. Please accept the need to do it together!

Please also consider that the concerns held in the community are not 'blocking' strategies'; they are genuine, real and urgent.

Auroville has a wealth of expertise in its folds, and surely the logical thing is to take advantage of all these resources and to take them on board, travelling forward together in a broadly based and well-grounded effort. What is there to lose? 'If you want to go fast, travel alone; if you want to go far, travel together' says the old adage. If done rightly, everything will benefit from a wide synergy of knowledge, experience and means. I know this has been challenging in the past; I firmly believe today we are collectively ready.

In the slide show and brochure presented last night we were surprised by the drawings. Their informal style can be refreshing and endearing; but the degree to which many are oversimplified and the absence of technical accuracy risks to make an audience such as ours feel that they are not deemed capable of serious insights and discussions.

Among examples are the drawings of 'islands' or 'peninsulas' for a tree with entirely wrong proportions. I also can't help feeling puzzled that with the high levels of technology present in your German engineering team, and such creativity at work (which has led to the development of an innovative underwater storage), the means would not be found to allow sufficient seepage of water into a small 'island' or 'peninsula' to provide a tree with the needed moisture... Is it not a question of 'where there is a will there is a way', and of employing one's creative capacity for finding solutions rather than for finding reasons why something would NOT work...?

- Beauty and the living environment:

As essential as harmony in human interactions, is the sense of physical beauty as an expression of the Divine. While the technology proposed is impressive, we have the urgent need to see the artificial lake expressing beauty, which is easiest done by emulating Nature where beauty is intrinsically present. A lifeless, sterile, mechanical water body - such as we see in the test lake - chills the soul and depresses the senses and spirit instead of gladdening and uplifting those who come to the gardens!

Please consider beauty as equally important as technology. Head, heart and senses have to work together in mutuality and are NOT mutually exclusive! We need the team of scientists and technologists working closely hand in hand with the best of landscaping artists; nothing less can do as an offering to the Divine Mother who is also the ultimate artist...

- According to Mother's vision?

Among the questions that couldn't be discussed last night due to lack of time is the width of the lake: The drawing by Mother that graces the front page of the presentation shows a considerably narrower lake than the 90+ metres presently planned (and in part already dug). And yet we are consistently being told that the lake is being executed strictly following the indications given by Mother and Roger Anger? Could you please shed some light on this?

Needless to say that this question is of acute concern as a lake of the currently projected width would mean the cutting down of hundreds of mature trees that are gracing the Matrimandir gardens and whose destruction would mean an immense blow to this sacred place and its surrounding from whatever angle it may be viewed. Anyone considering this possibility should take a walk under these shade-, life- and peace-giving conscious beings, for whom Mother taught us to have such respect and appreciation, in addition to understanding the grave damage and irresponsible loss from a scientific and practical point of view.

These are the pleas and considerations I am sharing with you, by and large on behalf of many of us who are watching with deep concern the present developments. Let us act as the children of the Mother. Let us come together and find the synthetic solutions that resolve apparent antagonisms, and truly, responsibly pave the way into a glorious future.

Together at Her Service
An Aurovilian

OPEN LETTER TO THE MATRIMANDIR EXECUTIVES

Dear Executives of the Matrimandir,

We, as residents of Auroville, truly care for the Soul of our city. The Matrimandir is meant to be the cohesive force of Auroville, the central force in which our diversities can come together so that a greater Unity can be found. We believe this is the true purpose of the Matrimandir.

Lately, we observed that participatory processes which were meant to foster this greater Unity in building the Matrimandir through collaboration seem to have been aborted. There has been a lack of transparency and consultation with the Auroville community particularly about realising the Matrimandir lake.

This has escalated over the last six months, as many trees were felled to make way for the extension of the Matrimandir lake from the incomplete 'Test Lake'. Over the past decades, several proposals were made for the Matrimandir lake. The Auroville residents, their duly selected representatives and their many experts were not involved in taking a final decision on the design to be implemented for the Matrimandir lake. It is therefore extremely disquieting to observe that you have taken a decision alone on the matter, and have started to hasten the manifestation of the lake, bulldozing through the existing gardens without any kind of prior consultation. We urge you to remember that the Residents' Assembly, through a selection committee, has appointed you as Matrimandir Executives for 4 years. Your role is to help facilitate the advent of a new consciousness that would be taking shape through forms of beauty in the Matrimandir and its immediate surroundings, which Mother named 'Peace'. This can only be done in a true spirit of collaboration as set forth by the Mother, not by imposing personal views and preferences in total disregard for the collective Soul of Auroville.

It seems that most of the decisions taken for the Matrimandir lake have been strongly influenced by a person who has offered funds for the lake project. Although it is very much appreciated that individuals want to contribute to the manifestation of Auroville through financial donations, it should be made very clear that these donations can only come with no strings attached. Auroville aims to be a place "where money would no longer be the sovereign lord" (The Mother, A Dream) and it is certainly of great disservice to the ideals of Auroville that decisions be taken by those who have the financial means, ignoring all the others. B.V. Doshi, former member of the Governing Board and Chairman of the Town Development Council, once said that Auroville's development "is not driven by market force" and cannot be. This is even more so the case in the Matrimandir, the Soul of the city.

We also wish to emphasize that building the Matrimandir lake can have disastrous impacts for the environment, for the bioregion, and for our neighbours, if not done with utmost care and by cautiously exploring all suitable options. Rushing through with it is not the way forward. What really matters is the level of consciousness, harmony and beauty with which Auroville, the Matrimandir and its related features are being built. Let us not lose sight of what is important.

We are still hopeful that a collaborative way forward can be found if there is goodwill from all sides. This implies to pause, to sit together and to take the needed time to set things out. It would not only be to the benefit of the Auroville residents and the Matrimandir executives, but also - and more importantly - to Auroville as a whole.

We kindly request you to open up to what your fellow Aurovilians have to offer. Let us not forget that we are in this together, and Auroville can only be built through true collaboration.

Sincerely,

A group of Aurovilians who care deeply for the Matrimandir, its gardens and its lake

GALAXY & GANESHA

Dear Residents and Town Planning & Executing Teams,

for 30 years I have worked as an artist with plants and trees, also studying their spiritual aspects (elementary beings). I also managed a piece of land (including forest) in the East German mountains for 7 years, before coming to Auroville.

I have checked on that Neem tree standing in the way of the lake excavation, which was made a symbol of resistance and I couldn't see anything particularly special in it.

There are a least 2 more in a similar size close by, which will remain.

All trees and plants are inhabited by differently developed elementary beings and most of them have the ability to move, especially the evolved ones. And once they have moved out, a tree is just a piece of wood.

Plants and their spiritual beings are receptive to images and feelings, not words!

If you want to clear an area for construction, you should brief the concerned area by extending your consciousness all over that space and by sending them and the image of what is going to happen. Then gently ask them to move out. They will do so and reinforce the next one of their kind which is close by in a safer place. Also, a lot of the small animals will catch these images and will get a chance to save themselves.

I feel very sorry when I see how emotional some of you get about that issue and I feel also sad when I see, how ignorant the clearing and cutting happens.

I think that it would be much more fruitful to give encouragement and energy to those trees that are still struggling after having been transplanted and do the necessary meditation work before a clearing or transplanting happens.

If the plants know before what will happen, they will not fall into shock, but activate all their energy to survive difficult circumstances and regain their beauty, once they have been transplanted.

I personally would love to have a lake and I imagine it with temple stairs on the side of the Mahalakshmi Park, where we can access the water to swim in it and sit on its shore to enjoy the beautiful view of the Matrimandir.

I have full faith that this experiment will be protected, as I believe that all planned projects are part of a great vision, which ultimately will become a positive example and inspiration for a lot of other places in India. And when there are unexpected problems showing up, we will get the necessary guidance to find an innovative solution.

If you like to know more about my work with trees and spirits, please have a look here: Galaxy & Ganesha https://youtu.be/RE_R4LawAJA

I would also be willing to give a talk or explain the matter deeper to those, who are interested.

Love, Birgitta

5.10.2023



Ganesha with splendiferous Mouse, 2022, 100 x 70 cm, bark print from the large Elephant Ear Tree close to the Matrimandir office gate.

WHY, WHAT AND WHERE?

"But who knows it and recognises it, this psychic being?

That too comes only in special circumstances, and unfortunately, most of the time these have to be painful circumstances, otherwise one goes on living unthinkingly. ..."

The Mother


<https://incarnateword.in/cwm/09/16-january-1957>

One can now understand why all the intense churnings and difficulties are happening everywhere... they are compelling circumstances that are crucial to the hastening of the Supramental evolution which requires a Great Awakening of enough Psychic beings for the tipping point.

ॐ Zech, 2023.10.06

POETRY

ALL IS THE DIVINE



Words can only be symbols
Expressing the Unknowable.
Every single psychophysical thing
I am perceiving and experiencing
Are also symbols
Of this Great Unfolding,
Immense, Eternal and Infinite,
One in inseparable totality
With this bundle of We.
As simply this existence
Is utterly marvellous,
Unbelievably miraculous,
Is ever changeable,
Transformable,
Functioning dynamically,
Reacting relatively
To any action applied
Using body, life and mind.
Just look around and see,
Feel the unspeakable vibrancy
Of anything whatever it may be
In this intertwined immensity.
Anything is possible.
And underneath us all
Is this immenser Something
That upholds and modulates everything
Without which there is nothing.
The word I can express All That then
Is the Divine.
Its evolutionary unfolding,
Its obvious progression
To a manifest perfection
Is unstoppably happening.
And as the Vision-Goal
Of the Supramental
Is now part and parcel
Of the Great Cosmic Equation
Of Consciousness equals Form,
In the extension of Space
And the movement of Time,
On this planet Earth
Coming soon
A Life Divine.

ॐ Zech, 2023.10.04

I laughed
At myself
So loud
That I woke up
From sleep
Still laughing.

-Anandi Z.

CULTURAL ANNOUNCEMENT

SINGING FESTIVAL IN CRIPA

14TH & 15TH OF OCTOBER

Dear Music Lovers.

The Auroville **Singing Festival** will take place on **14th & 15th of October in CRIPA**. The theme of the festival is **"Singing hearts of Auroville"**.

Two days, two different shows:

- **Saturday 14th October at 7:30PM**
- **Sunday 15th October 5:30PM**



We request everyone to please **park their cars and motor bikes on the Gaia frisbee field**. Cycles will be allowed to park in the CRIPA parking space. To access the field, turn left on the road to Gaia.

We would appreciate that no motorized vehicles use the access between Kalabhumi and Gaia (via CRIPA) during the concerts.

Thank you for your understanding and support.

If you would like to contribute to this Cultural event you can do so with a donation toward **Financial Service Acct. 0250** Auroville Artist Group.

With love,
Shakti, Marta, Antoine, Ok and Rolf



THE ARTS

PHOTO CIRCLE - 14TH OCTOBER



To all the photographers and anybody interested in Photography,

Photo Circle meets again on
SATURDAY 14th OCTOBER at 5pm
in the Centre d'Art multimedia room, at Citadines

The Photocircle brings together Auroville's photographers and amateurs.

We share our own work, we show the work of global photographers we admire, discuss the history of photography, and share techniques.

Anyone can bring and screen a small selection of images.

Everybody's welcome



CENTRE D'ART EXHIBITION

IKEBANA - SEARCH for the HEART of FLOWERS

An exhibition by Valeria Raso Matsumoto

Open till **Saturday 21 October 2023**

Time: 10:00 -12.00 / 2:00 - 5.30pm

Centre d'Art Citadines



An exhibition by
**VALERIA RASO
MATSUMOTO**
With the special participation of
Kenji Matsumoto

13th to 21st October 2023
10am 12pm 2pm 5.30pm

Opening
Friday 13th October at 4pm

Centre d'Art, Citadines, Auroville
centredart@auroville.org.in
Please park at Town Hall parking

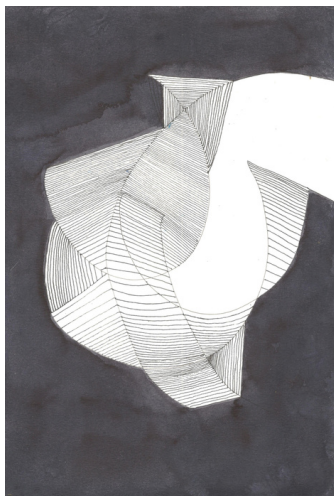


PITANGA
CULTURAL CENTRE

For info & registrations:
info@pitanga.in, 0413 2622403 / 9443902403 WA



CREEVA PRESENTS:



**Black & White
In Life & Beyond
by Audrey Wallace-Taylor
(1933 – 2023)**

Art Exhibition cum Fundraiser
For CREEVA

7 – 24 October 2023
at Pitanga

The exhibition will be open
Monday to Saturday
from 8.30am to 12.30pm and
2.30 to 5.30 pm

Organised in loving memory for Audrey by CREEVA and her close friends.

Proceeds from sales of the exhibition will support CREEVA, Audrey's art and life project in Auroville.



About CREEVA:

CREEVA is a platform to experience art first hand, where one can experiment with mediums, form, themes.

CREEVA

Creeva offers the chance to go on a

journey to find expression, as each one has an individual expression and style; the way you speak, the way you walk and move. CREEVA allows such deep exploration; one can practice the yoga of art regularly and peacefully.

The founder of Creeva was Audrey. In the early years she was gifted with the means to explore, to find her own expression, to follow her passion to paint, to draw. Audrey has passed on into the Light but Creeva remains, to offer the opportunity to any who would avail themselves of such freedom, such possibilities of exploration.

Pitanga Cultural Centre
2622403 / WA 9443902403

info@pitanga.in

SUPPORT NEEDED

PUPPIES, PUPPIES, PUPPIES!



In spite of facing severe overcrowding and our shelter lacking a proper puppy quarantine area, we had to rescue over 25 puppies, many of them mere babies, from certain deaths in the last weeks. These innocent beings were dumped like trash, separated from their mothers at an age far too young by heartless individuals.

Despite the challenging conditions at the shelter, we are putting forth our utmost efforts to provide these puppies with a chance at survival. This is where we seek your help!

Are you going through a tough time in your life? Do you feel heartbroken? Or are your kids feeling bored at home, and you're looking for an opportunity for them to learn valuable life lessons?

Why not consider joining our incredible puppy fostering program?

You can bring home one, two, or more of our adorable puppies, showering them with your love, time, and the care they need to thrive. By doing so, you'll help them adapt to human interaction, ensuring they grow strong and healthy. Once you've provided them with the care they need, you can return them to our shelter, where we'll make every effort to find them a forever home. Our puppy fostering programs typically range from one week to three months.

Contact Arthur through WhatsApp: 8122225266



HEALTH



VISIT OF THE TIBETAN DOCTOR

Greetings,

This is to inform you, that the Tibetan Doctor and the team based in Chennai Mentseekhang, are visiting Auroville for the monthly Medical camp, organised by Pavilion of Tibetan Culture International zone on **Friday 20th and Saturday 21st of October 2023.**

The consultation is held at **Pavilion Of Tibetan Culture International zone.**

On **Friday** the consultation will start from **8.30 am to 1:00 pm** and from **2:00 to 5:00 pm.**

and on **Saturday** from **8.30 am to 1:00 pm.**

To get your appointment call 0413 2622401 or whatsapp 8489067332.

See you soon.

Submitted by Kalsang.

On behalf of Pavilion Of Tibetan Culture International zone.

SANTÉ SERVICES IN OCTOBER 2023

Working Hours:

Monday - Saturday 9:00 - 12:30pm & 2:00 – 4:30pm

Tests and Sample collection:

Mon-Fri before 12:00 pm. No sample collection on Saturday.

For emergencies, contact:

Auroville Ambulance (24/7) : Phone: +(91) 9442224680

Government Ambulance (24/7) : Phone: 108

Please call Santé on (0413) 2622803 during working hours for an appointment

Doctor consults with Dr.Senthil & Dr.Sana: Monday to Saturday	Nursing Care: Ezhil, Thilagam, Archana & Sandhya: Daily No appointment necessary
Ayurveda with Dr.Be & Dr.Sonia: Mon /Wed /Thurs /Fri	Pregnancy Care & Women's Wellness with Paula: Tuesday & Wednesday
Acupuncture with Andres: Monday to Friday	Homeopathy with Michael: Mon / Wed / Sat
Integrative Psychotherapy with Juan Andres: Monday to Friday	Physiotherapy with Arun: Monday to Saturday
Functional Medicine with Lize: Monday to Saturday	Physiotherapy with Rebeca: Mon /Wed /Fri
Bio-Well Assessment (Evaluation of your well-being) with Helena: As per availability	Physiotherapy & Massage with Galina: Monday to Friday

In Santé, we value our patient's confidentiality & make every effort to ensure their privacy.

In case of cancellation or to reschedule, it is necessary to inform us in advance.

AYURVEDA TIPS TO REBALANCE PITTA VITIATED BY THE EXCESS OF HEAT AND HUMIDITY



The excess of humidity in the air makes our immune system struggle with the temperature differences between night and day but also our body accumulates water that shows in the physical with a reduced appetite, digestion and metabolism slow down, slight constipation or retention can be felt with the bowel movement and overall a feeling of tiredness, fatigue or sluggishness.

Usually warm and bright, Pitta is now in slow motion, bloated, with excess of humidity in the body that creates bloating or water retention. Pitta raises to the head and becomes short-tempered, frustrated, impatient, irritated or opinionated and most of all gives a feeling of fatigue or exhaustion.

The aim is to help Pitta so it keeps its functions of stimulating the digestive fire and keeps the mind calm and clear:

- Fasting one day a week or intermittent fasting (skipping one meal)
- Eating only when feeling hungry
- Eating light, easy to digest, cooked and spiced: vegetable proteins (dal, peas, beans, nuts and seeds...) with vegetables (all gourds, celery, beetroot, carrots, cabbage, fennel... mostly bitter taste veggies)
- Food should be warm, cooked with spices: ginger, turmeric, cumin, ajwain, black pepper, pippali, clove, rosemary, parsley, thyme, oregano, basil
- Favour tastes that are bitter (eg. bitter gourd) and astringent (eg. pomegranate, fennel seeds – to absorb the excess of humidity in the body)
- Warm beverages with above spices, green tea (for its astringent and antioxidant properties)

STIMULATE THE IMMUNE RESPONSE: (no need to do all; choose one that gives the energy)

- Spirulina + lemon juice in the morning before breakfast
- Be No3 (if not available, make your own mix with 1 Tbsp of tulsi powder + 1 Tbsp of ginger powder, 1 Tbsp of turmeric powder, 1 Tbsp of amla powder, ¼ tsp of black pepper powder, ½ tsp of cinnamon powder). Take ½ tsp with a sip of warm water in the morning before breakfast, you can add honey (is an expectorant in case of mucus and phlegm) and lemon juice (for extra vitamin C)
- Triphala powder: ½ tsp morning and evening in a sip of warm water
- Septilin: 1 tab morning before food
- Ashwagandha: 2 tabs (or ½ tsp) morning before food (to calm the nervousness system and to improve sleep)
- Nilavembu Kudineer: ½ tsp morning before food (in case of a feverish state)
- Kabasura Kudineer: ½ tsp morning before food
- Anu Tailam: 1 drop in each nostril morning and evening to get rid of congestion or mucus in the respiratory tract and especially nose and sinuses
- All these can be used not only as a prevention (once a day) but also when feeling symptoms of cold, fever, flu, it should be taken 3 times a day before food.

AYURVEDIC HERBS FOR ENERGY

Triphala, guduchi, shatavari, bala, amalaki (amla), saffron, aloe vera, licorice and for the mind: bhringaraj, sandalwood, rose, lotus seeds, hibiscus.

Be well, happy and peaceful
Be @ Santé Clinic

EDUCATION

SPOKEN ENGLISH AND HINDI

Hi! My name is Ashwini and I have an experience of 20 years as a Spoken **English, Hindi, Kannada and Marathi** language trainer for all levels. If you are interested in learning one of the above languages either in oral or written form please contact me on my WhatsApp 8270512606.

TUTION GRADE 1-12

Tution classes open for students from grade 1 to grade 12. Please contact on my WhatsApp 8270512606. Ashwini



NEWS FROM AUROVILLE LANGUAGE LAB



Please remember to put your mobile phones on flight mode and switch off all wireless and Bluetooth devices before you enter the Lab. We are a wireless-free space!

Tomatis

There are spaces available for both language & therapeutic programmes!

Please contact 0413-3509932 or 04132622467 or email us at tomatis@aurovillelanguagelab.org to schedule your Listening Tests & Consultations.

To know more about the Tomatis Method, please have a look at the following links:

- <https://www.aurovillelanguagelab.org/tomatis-method.php>
- <https://www.aurovillelanguagelab.org/tomatis-kids.php>
- <https://www.youtube.com/watch?v=wnpXprTI3m0>
- <https://www.youtube.com/channel/UCeTIG0y-sBMlyywZNdZcAng/videos>
- <https://www.listenwell.com/>

Current Language Courses at ALL

New: English Conversation with Ramesh

Good news for all those waiting: Ramesh is restarting his English Conversation course! This two-month (16-hour) course aims to equip students with day-to-day conversation skills in practical situations, improved vocabulary and pronunciation, idiomatic expressions, listening comprehension, and fluency & confidence in speech. Please note that these classes require a basic foundation in the English language and are ideal for intermediate-level English speakers. Spots are limited and several people have already signed up. Register soon!

- The course will start on **October 17**. Classes will take place **Tuesdays & Fridays, 4pm to 5pm**.

New: Private Lessons with Monique

We are really excited to welcome our old volunteer Monique back to the Lab! A native French speaker, Monique recently retired from a 40-year career teaching English & French from middle school up to university level. Having worked with teenagers as well as adults, from absolute beginners to PhD-level students, Monique can accommodate a diverse range of language needs. She will be offering private lessons to individuals or small groups (2-3) in English, French, & beginner-level German. She has also developed an immensely useful language learning website that she will guide the students through, for self-study and further learning. Email us with your requirements & we will arrange a course for you.

New: French with Jean-François

Jean-François offers three 2-month courses. New batches start late October. These fill up quick, so please register soon.

Beginner French:

This 16-hour course is for all those wanting to join a French course but finding themselves too busy through the week! Our Beginner French Course is deliberately planned for Saturdays! The classes are highly interactive delving into French vocabulary of everyday life and the basics of grammar. By the end of the course, you would be able to make simple sentences useful for interaction, and talk about your work, hobbies, daily life, etc. in a simple way.

- This course will start **October 28**. Classes take place **Saturdays, 2:30 to 4:30pm**.

French Conversation (Post-Beginner to Pre-Intermediate level):

This 12-hour course is for post-beginners with a basic knowledge of French who are not yet comfortable conversing in French. The course will focus on day-to-day topics and will be a good mix of grammar, and interactive verbal as well as written exercises. By the end of the course, the students will acquire a more solid foundation in French conversational skills. All students who have taken Jean-François's Beginner Course are welcome to join!

- This course will start on **October 28**. Classes take place **Saturdays, 10:30am to 12noon**.

French Conversation (Intermediate level):

For those of you who know a bit of French, this is the perfect course to get more fluent, expand your vocabulary, and speak without inhibition in a diverse & fun group! Each lesson covers a theme of daily life (work, family, hobbies, shopping, projects, etc.) and is aimed at developing the students' ability to express themselves and interact in French. Jean-François would explore a range of topics like food, sports, travel, philosophy, news, literature, economics, social sciences, theater, and more. He will also review the grammar useful for basic conversation.

- This 16-hour course will start on **October 23**. Classes take place **Mondays & Thursdays, 2:30 to 3:30pm**.

New: Beginner Spanish with Mila

Great news for Spanish learners!

Our long-time Spanish teacher, Mila is ready to start a new batch for Beginner Spanish. This three-month (24-hour) course is structured on the highly-acclaimed book, "Madrigal's Magic Key to Spanish: A Creative & Proven Approach." Mila has been running this course since many years. By the end of the course, students will be equipped with the Spanish alphabet, phonetics, & vocabulary. The course will also delve into verb conjugations, formation of sentences, use of adverbs & adjectives, and work on the student's listening & reading skills.

- We hope to start as soon as we have 6-7 confirmed registrations. Classes will take place twice weekly, on **Tuesdays and Thursdays, 2:30 to 3:30 pm**.

German with Ben

We are thrilled to announce that Ben has joined us as our new German teacher! A recent newcomer & native German speaker, Ben has been an online teacher for three years now, giving integration classes and language courses to immigrants from various backgrounds. He is now eager to apply his skills to an in-person classroom. Ben is a language enthusiast and takes interest in translating poetry and studying ways of integral education. Ben is offering two courses:

Beginner German: This course is now closed to new registrations.

German Conversation: This 2-month course is for those who already know a bit of German and would like to further polish their speaking skills.

- This course will start as soon as we have 4-5 registrations. Classes will take place **Tuesdays & Thursdays, 4 to 5pm**.

Spoken Tamil with Saravanan

Saravanan has been running this interactive and practically-oriented course for the past seven years. The class modules are based on a booklet called "Fun with Tamil", which has been put together with a lot of research and thought. By the end of this course, you would be able to converse in Tamil on day-to-day matters, having achieved a deeper understanding of its sounds, pronouns, conjugations, etc.

- Classes take place **Tuesdays & Fridays, 9:30am to 10:30am**. Course started on **September 12** comprising 24 hours of teaching over three months.

Beginner Hindi with Alka

A native Hindi speaker, Alka has a passion for teaching which she has keenly pursued over the last twelve years. Her approach is to make learning easy through games, songs, poems, & other interactive modes. This three-month (24-hour) beginner course is a great introduction to the Hindi language, and intends to make learners comfortable with basic Hindi vocabulary, grammar, and everyday sentences. The course will also make use of the material put together by the Landour Language School, one of the oldest Hindi language schools of India. The course will be paced to align with each student's comfort.

- The course started on **September 9**. Classes will take place **Saturdays, 10am to 12noon**.

Italian Conversation with Fabio

This two-month (16-hour) course is for learners who already have a basic knowledge of Italian and would like to explore the language further & polish their speaking skills. Fabio will delve deeper into spoken grammar, phonetics, conversation, and any other topics of interest. This is mainly for those who took the Beginner course last time, but is open to all. This course will close at 4 registrations.

- This course started on **September 12**. Classes will take place **Tuesdays & Thursdays, 2:30 to 3:30pm**.

Intermediate Spanish with Susana

Our long-time teacher, Susana, is offering an Intermediate Spanish course for students who are already familiar with the various verbal modes in Spanish language (Infinitive, Indicative, Conditional, Subjunctive, and Imperative). The course will focus on polishing the conversational skills of the students and will also dive into the rules of grammar. This is a monthly course.

- Classes take place every **Tuesday, 2:30pm to 4:00pm**.

Beginner and Pre-Intermediate English with Rupam

Rupam continues to offer morning English classes. Her classes are a mix of discussion on current topics, and grammar as necessary. You are welcome to try out a class and see if it fits your needs. However, please note that this is not a drop in/walk in class but is meant for students committed to joining the course.

- Classes take place **Tuesdays & Thursdays, 10:30am to 11:30am**. Enquire now to join!

If there is a language you would like to learn, and it's not on our list, please send us a query!

To join or enquire:

Please fill out our form at

<http://register.aurovillelanguagelab.org/>

You may also drop us an email at

info@aurovillelanguagelab.org,

call us at **2623661** or **come visit us!**

Please Note:

Registration and contribution are essential before you join a course with us. Please see our team member at the front desk to ensure this is complete, thank you!

Language	Level	Time	Day(s) Of Classes
English	Pre-Intermediate & Intermediate	10:30 - 11:30am	Tuesday & Thursday
	Conversation	4-5pm	Tuesday & Friday
French	Beginner To start 28 October 2023	2:30- 4:30pm	Saturday
	Conversation 1 To start 28 October 2023	10:30am – 12noon	
	Conversation 2 To start 23 October 2023	2:30 -3:30pm	Monday & Thursday
Tamil	Spoken Beginner Started 12 September 2023	9:30 – 10:30am	Tuesday & Friday
Sanskrit	Beginner To start October 2023	TBA	TBA
Hindi	Beginner Started 9 September 2023	10am – 12noon	Saturdays
German	A1.1 Beginner Started 11 September	9:30 – 11am	Monday & Wednesday
	German Conversation To start soon	4 – 5pm	Tuesday & Thursday
Spanish	Beginner To start October 2023	2:30 – 3:30pm	Tuesday & Thursday
	Intermediate	2:30 – 4pm	Tuesday
Japanese	Beginner To start November 2023	TBA	TBA
Italian	Beginner TBA	2:30 – 3:30pm	Monday & Wednesday
	Conversation Started 12 September 2023	2:30 – 3:30pm	Tuesday & Thursday

The Language Lab is open:
Monday – Saturday, 9am - 12pm & 2pm - 5pm

Location:
International Zone, after Unity Pavilion & Pump House.

Contact:
Phone: (0413) 2623 661, 2622467, +919843030355 Email:
info@aurovillelanguage.org

CALL FOR GRANT PROPOSALS ANNUAL REVIEW FOR FUNDING IN 2023-2024

The Project Coordination Group (PCG) will be meeting for the annual review of grant proposals for funding by Stichting De Zaaier in December 2023 and the Foundation for World Education in 2024. A grant application and budget request form are available on request from pcg@auroville.org.in or may be downloaded from Auronet.

All documents related to this purpose are to be submitted in the prescribed forms as attachments emailed to pcg@auroville.org.in latest by **Monday, 30 October**.

Please submit earlier if possible. You are invited to send us a draft version of your proposal for comment prior to the due date. ***(If you plan to submit a proposal, please carefully read this full announcement to the end!)***

Following the procedure set up by the Foundation for World Education, the Project Coordination Group will review and select projects for approval and budget allocation by their Board members. In recent years, funds available with the Foundation for World Education for Auroville projects and programmes amounted to approx. USD 30,000 in total.

With regard to Stichting De Zaaier, the Project Coordination Group will check whether proposals fall within their funding criteria and forward those that do to the SDZ Board for final selection and grant allocation. In recent years, funds available with Stichting De Zaaier for Auroville projects and programmes were in the range of € 50.000 to € 90.000 in total.

Stichting De Zaaier welcomes project proposals for:

- research studies in the fields of sociology, economy, psychology and inner development;
- exploratory (research) studies into the relations with the world outside Auroville, in particular with the villages (and villagers) surrounding Auroville, as well as proposals for initiatives that seek to contribute to strengthening these relations;
- initiatives that seek to enhance efficient co-operation of Aurovilians with the aim of making full use of the existing potential in Auroville;
- studies exploring a sustainable future for Auroville and initiatives contributing to such a future; including initiatives aimed at a more sustainable economy.
- initiatives requiring seed money (micro-projects) for innovative and informal education and training, women's development, outreach as well as proposals prepared by youth.

Please note that *no funds are available for infrastructure, buildings or transport*. Requests for equipment will only be considered if specifically required for the implementation of the project and are not already available in Auroville

A grant application form and budget request form are available on request from pcg@auroville.org.in or may be downloaded from Auronet.

Please note that if you are submitting a project that has anything to do with Auroville or Auroville Outreach schools, or, students of any individual classes, your project is to be reviewed by all concerned School Boards prior to the Project Coordination Group review. (Please contact any individual schools mentioned in your proposal before submitting it to the School Boards.) Therefore, it is important that all the relevant bodies (i.e. schools, teachers, school boards, etc.) are aware of your project and support it. In this way, the Project Coordination Group can more easily recommend a project for funding knowing it will have the support of schools and thereby have a greater impact on the beneficiaries of the project.

NB If you have already received funding for a project through the Project Coordination Group please send in a progress report/status update (if project is ongoing) or final report (if project has been completed or all funds have been utilized) before making an application for new grant.

For more information or assistance please write to pcg@auroville.org.in or contact the Project Coordination Group at the ACUR (Town Hall) by phoning 2622250. Last date for submitting proposals for this call is **Monday, 30 October**.

CLASSES, WORKSHOPS & HEALING ARTS

QUIET HEALING CENTER



Quiet Healing Center, Auroville 605 104, Tamil Nadu, India

www.quiethealingcenter.info / quiet@auroville.org.in

Mobile & WhatsApp: +91 9488084966

WOGA® (Yoga in Water) 1 & 2 with Petra

- **Saturday 14 & Sunday 15 October (9:00am - 5:00pm: 12 hours)**

Woga is the union of two words: water and yoga and based on classic yoga poses and stretches, modified for standing in pool water, which is waist-to-chest high. Sessions are structured like their yoga equivalents on land: breathing, warm-up exercises, a series of poses, and a relaxation period. The difference is that you are in a warm water pool!

Focus of Woga 1&2 is Hatha Yoga in water (asanas in standing position, on the wall, in floating position), pranayama and meditation. Thanks to decrease in gravity, water allows greater ease of movement, unblocks articulations, lengthens and melts muscles, and removes negative tensions, thereby preventing stress, insomnia and anxiety.

No previous experience required (also no need to know how to swim)!

OBA® (Oceanic Bodywork Aqua) Basic - Liquid Joy with Fred

- **Saturday 21 & Sunday 22 October (8:45am - 6:30pm: 15 hours)**

OBA (Oceanic Bodywork Aqua) is an aquatic bodywork modality given in a warm water pool (ideally 35°C). It combines elements of light movements and stretching, massage and joint mobilization in connection with breathing and energy work, conducted both on the surface and under water.

During this course, you'll learn a sequence of simple movements, both on the surface (with and without cushion and noodle) as well as under water and practice basic techniques and qualities of being (grounding, presence, stillness, movement, attention) while moving another person in water. You'll experience floating other people and being floated, thereby creating a space for deep relaxation and nurturing body, mind and spirit.

OBA offers an opportunity for profound relaxation and letting go, building trust, being nurtured and held, expanding inner and outer boundaries, releasing emotions and traumas – ultimately, for freeing body and mind in a flow, unique to each client and each session.

No previous experience required!

Baby Watsu® Class with Appie & Friederike

- **Friday 20th at 9.30 am**

A special opportunity to connect with your baby!

You'll be guided on how to hold, feel and move your baby, using the qualities of warm water, so that you and your baby can feel safe, at ease, and enjoy this quality time together. You'll learn and practice the basics in the group, while you stay focused on your baby's needs. In the end, there is free playtime.

Please go first to the reception, bring towels and a closing swimming pant for your baby.

For babies between 2 and 12 months with their parent(s).

OBA® (Oceanic Bodywork Aqua) 1 - Fluid Body with Fred

- **Tuesday 24 - Sunday 29 October (8:45am - 6:30pm: 50 hours)**

During this course, you'll learn a sequence of new movements, both on the surface as well as under water; plenty of time will be offered for practice and integration.

You'll be invited to discover the healing energies of the water, release physical pain as well as emotional tensions, and dive within yourself in unexpected ways. You might encounter a wondrous world of memories, of floating weightlessly in the protective womb of your mother, of going back into that very space where you were surrounded by soft warm water.

This course offers an opportunity to experience again the nurturing qualities of being held and loved, and to rediscover trust, peace within yourself, and a deep sense of coming home.

Prerequisites: OBA Basic or Liquid Flow Basic or Watsu 1 or Healing Dance 1 or WaterDance 1.

200 HR HATHA & VINYASA FLOW YOGA TTC INTENSIVE

November 1 to November 22, 2023

Timing:
6 30 am to 9 30 am &
3 00 pm to 7 00 pm
every day except Sunday



Join us for this 21 days of self-discovery and yogic exploration. Our program includes:

- Daily Asanas, Pranayamas, and Meditation
- Weekly Satsangs, where you'll delve into yogic philosophy and lifestyle
- Experience all four paths (margas) of Yoga in the unique setting of Auroville:
- Bhakti Marga: Visit local temples and engage in uplifting chanting sessions
- Karma Yoga: Participate in Karma yoga
- Jnana Yoga: Dive into the study of the Bhagavad Gita, Patanjali Yoga Sutras
- Raja Yoga: Cultivate your physical practice through Asanas and other bodywork

Our participants have attested to the life-changing impact of this intensive, even for those who may not intend to become yoga instructors. Think of this TTC as a course on how to be a perpetual student of the most profound subject of all—YOUR LIFE.

Don't miss this opportunity to deepen your practice, broaden your understanding of yoga, and embark on a journey of personal growth.

Email us -

Balaganesh.siva@gmail.com / Whatsapp +919892699804

ANITYA - JOY OF IMPERMANENCE

<https://joyofimpermanence.in/>

ANITYA
JOY OF IMPERMANENCE
HUMAN UNITY, SUSTAINABILITY & CONSCIOUSNESS

CONCIOUS COMMUNICATION
For Parents & Families

Vega is offering 2 sessions to explore how to deepen our communication from the heart in our relationships

THURSDAY
OCTOBER 12 & 19

10 - 12 AM

Vega has been practicing and training in non-violent communication for the past 10 years

Confirm your presence: **+91-7094058699**

Hosted by **Monique & Mathilde**
Location : @Maloka in Anitya Community

JOIN OUR COMMUNITY LUNCH

Come and taste a delicious local non-spicy vegan meal made from our garden and Auroville farms' products, while sharing a good time with Anitya's community members



Every Thursday & Saturday- Contribution required



Our project aims at creating settlements in Auroville to experiment a spiritual way of life based on 5 main principles:

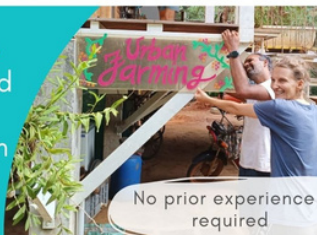
Impermanence, Community Spirit, Sustainability, Self-sufficiency and DIY

MUST book min. 1 day in advance: +918489760966

EDUCATION ON URBAN FARMING

Come and join us to explore how to create, take care and harvest food from a small permaculture kitchen garden

Theory + Hands-on Class



Open to all - Every Thursday from 4:30 to 6:00 pm



Urban Farming is the practice of growing fruits and vegetables within city limits.

Our goal is to inspire, encourage and empower you in growing your own food.

Free contribution

Info & registration by WhatsApp: +39-3276744420

THAI YOGA MASSAGE



An ancient technique used to unblock energy stagnation and awaken your inner healer, through acupressure on the energy meridians and movements of the body and joints.

Therapy in English, Spanish & French

Contact Andrés (WA): +91-9751607501 for Thai Massage

AYURVEDIC MASSAGE

Soothing full body oil massage intended to dissolve tension in the body and rejuvenate prana by focusing on head, back, stomach and feet.

Therapy in English & French



Contact Elene: +91-7904143719 for Ayurvedic Massage

Anitya is a community project registered under LEAD, Auroville
Location: Center Field, follow the ANITYA signs
To know more about Anitya: joyofimpermanence.in



SERENDIPITY ACTIVITIES & THERAPIES

(Ex. Joy Community in front of Center GH)

Center Field, Auroville - 605101, TN, India

Mobile/Whatsapp: +91 9385623342

Email: serendipityauroville@gmail.com

<https://serendipity.auroville.org>

<https://www.facebook.com/serendipityauroville>



EXPRESSIVE ARTS WORKSHOP

An exploration using arts, mindfulness, creative writing,
poetry, music, movement and nature



01 Cultivating
GRATITUDE



02 Exploring
PRESENCE



03 Nurturing
ASPIRATION

14, 21 & 28 OCTOBER

SATURDAYS

4:00 - 6:00 PM

Open to anyone interested in exploring with different art modalities.

No prior art experience required. All materials will be provided.



By Anjali Alloria
(Expressive Arts Practitioner)
WhatsApp +919560026678

At Serendipity Guesthouse
(Next to Center Guesthouse)



Serendipity (Ex. Joy) is located opposite Center Guest House
<https://serendipity.auroville.org> - serendipityauroville@gmail.com
+91 9385623342 - [facebook.com/serendipityauroville](https://www.facebook.com/serendipityauroville)

THERAPIES



SHIATSU MASSAGE



Sara

+91 9443617308



• EXPRESSIVE ARTS SESSION

• TAROT READING

• PRANIC HEALING



Anjali

+91 95600 26678

ACTIVITIES



HATHA YOGA

Wednesdays - 5:30 - 6:30pm

Saturdays - 7:30 to 8:30am



Ramesh

+91 98451 68490



SANSKRIT TRADITIONAL CHANTING

Thursdays - 9- 10am (drop in class)

Fridays - 5 to 6pm (Regular Students)



Sonia

+91 8940288090

FAMILY CONSTELLATIONS WORKSHOPS

WITH MOGHAN

FAMILY AND SYSTEMIC CONSTELLATIONS WORKSHOPS
IN CREATIVITY HALL OF LIGHT

9 am to 6 pm on **SATURDAYS**
Oct 21th - Nov 18th - Dec 16th. - Jan 20th



Contact: Moghan 9751110486, mehlemmoghan@gmail.com

JAPANESE INK PAINTING WORKSHOP BY MISA KO SHIN-E

SAT 14TH OCTOBER, 10 AM-12 NOON

Venue: Pitanga, Samasti

Registration required. Aurovilians and Newcomers only.

For information and booking, please contact info@pitanga.in

About the artist: shinemisako.com



With the kind support of The Consulate-General of Japan, Chennai

JAPANESE INK PAINTING WORKSHOP BY MISA KO SHIN-É

10am– 12pm | Saturday 14 October 2023

Registration Required - Open for Aurovilians and Newcomers Only

For information and booking, please contact: info@pitanga.in



shinemisako.com

Pitanga Cultural Centre, Samasti, Auroville 605 101 | info@pitanga.in | 0413 - 262403, 9443902403
A service unit of the Auroville Foundation, Health and Healing Trust branch | GSTIN: 33AAATA00378Y3N

AUROMODE YOGA SPACE REGULAR EVENTS - OCTOBER 2023

**Tuesday – 5 to 6 pm –
Bollywood dancing with Pranati**



Join us to have a fun evening of laughter, dance and to have a good workout.

**Friday – 5 30 pm to 6 45 pm –
Vinyasa Flow with Bala**

Drop in Yoga classes for beginner to Intermediate level students.

Contribution requested. No need to register. Bring your own yoga mat and a towel.

Email us -

Balaganesh.siva@gmail.com / Whatsapp +919892699804

MARTIAL ARTS - AUROVILLE AIKIDO NEWS:



After the term break and as announced, the **Aikido classes for Children restart on Monday Oct. 9th**. We are happy to welcome them all on Monday, Wednesday, Friday, 4 to 5 pm. We also take **new students** (from age 8).

Adult classes: Tuesday-Thursday-Saturday 6 to 7.30 am and Wednesday 5.15 to 6.30 pm - Women & teen-age girls' classes: Sunday 9.15 to 10.30 am.

Contact us at budokan@auroville.org.in or SMS Surya on 083001 89062.

At Her service,
Surya CR, Murugan N., Philippe G. and Cristo for Auroville Budokan at Dehashakti

SHIATSU COURSE

shiatsuindia@gmail.com

S
H
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A
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For info and registration:

shiatsuindia@gmail.com
WA, Signal, Telegram:
+91-9751 513906

Ulrike
Urvasi

**Seminars
to begin or deepen
Your Journey**

Courses are part of a
2 - 3 years/ 500 hours
Shiatsu Practitioner
Training to be established.

Seminar
location:
Budokan
Auroville,
Dehashakti
Sports
Ground,
Dana,
Auroville.

**October 2023
Fri 13th & Sat 14th**

Introduction to Shiatsu &
Meridians - 2 days

Preparation for the 6-day courses. Open to
anyone interested.

**Mon 16th - Wed 18th Shen (Spiritual) Aspects of
Fri 20th - Sun 22nd Elements - 6 days**

Come and experience and explore conscious and calm perception, inner sensing and Awareness of Touch, combined with the study of the 12 Classical Meridians and 5 elements, health wisdom, strengthening and harmonising exercises and ways of moving for your daily practice.

CAPOEIRA- MARTIAL ART AND MUSIC WITH GINGA SAROBA

Afro-Brazilian martial art that combines elements of dance, acrobatics, music and movements. More than 500 years old, Capoeira is a constantly evolving art form, come connect and express yourself. Join us for

Adult Classes :
Monday & Thursday - 6:00 PM
Deepanam School

Contact: 7598446327
Kiran for Ginga Saroba





BHAKTI MOVEMENT IN INDIA

Prof. Sehdev Kumar

Celebration of Divine Love

Kabir, Mira, Nanak

Video Link: <https://youtu.be/y4td9i6fhFg>

VÉRITÉ WORKSHOPS AND THERAPY

Pre-registration required

Please contact Verite @

0413 2622045, 2622606, 9363624083 or

programming@verite.in, www.verite.in



Energy Cleanse through Yoga Kriyas - with Mamta Friday, October 13, 9:30am – 12:00pm

Purify your energy channels with 3 Hatha Yoga Kriyas: Jalneti (saline nasal rinse), Trataka (Fixed gaze) & Kapalabhati (Skull shining breath). They cleanse your body from the inside out, develop immunity & steadfastness, paving the way for evolution of consciousness. Anyone registering for this workshop must either bring their own Jalneti pots or buy it from us at the registration desk for Rs 50/-

Sivananda Yoga Workshop - with Mani Friday, October 13, 9:30am – 12:00pm

A classic Sivananda session, including basic pranayama (breathing) and Surya namaskar (sun salutation), designed to massage and rejuvenate the entire spine, with rhythmic alternation between effort and relaxation to balance the nervous system and prepare it for the final guided relaxation.

Purify your Koshas (Bodies) through the Practice of Yoga - with Sabrina Saturday, October 14, 9:30am – 12:00pm

According to the Taittiriya Upanishad (Yajur Veda), the human being is composed of 5 sheaths called " Pancha koshas ", from gross/physical to the more subtle bodies. In this practical workshop, Sabrina will guide you through a Hatha Yoga session to purify and detoxify your physical body, your energetic system, and your thoughts and emotions. You will learn specific asanas, pranayama's, kriyas, mudras and mantras to stimulate the cleansing of the whole system, releasing what is no longer needed and settling into a sense of balance, well-being, and contentment. This purification practice is the doorstep to connect with deepest layers of your being, reach mental clarity and accelerate your spiritual development. A beautiful session, open to all levels. Come with an empty stomach or have a light breakfast.

Yoga of Forgiveness - with Dr. Sehdev Saturday, October 14 - 2:00pm – 4:30pm

From the Darkness of Hatred & Indifference to the Light of Forgiveness is a momentous step. From Fear & Festering Revenge, to the Courage of Being is the True Journey of the Spirit. We must let go of what ties us to the prison bars, and dream once again of Freedom. In this freedom alone lies our true Redemption.

Master Class on Energy Pathways: Restore Flow of Prana through Mantra, Pranayama, Asana, and Prana Nidra - with Andres

**Friday, October 20, 9:30am – 12:00pm (theory
booklet included)**

The body energy lines wisdom – SEN lines (Thai) or Nadis (Sanskrit) – is one of the most important and fundamental pillars of both Yoga and Thai Yoga Massage. Sen Lines or Prana Nadis are energetic pathways of life, giving breath in the body. When the energy doesn't flow appropriately through these energy lines disease appears. In this workshop, you will learn the origin of this millenary knowledge and practical application for Yoga postures (Asanas).

The Shoulder for Yoga Practitioners (Theory & Practice) - with Rebeca

Saturday, October 21, 9:30am – 12:00pm

The knee is one of the largest and most complex joints in the body that is responsible for weight-bearing and movement. We will explore through practice and an anatomical focus how to keep the knees healthy in yoga poses, how to align, strengthen and stabilize them to prevent injuries or even recover from them. Session open to all, specially designed for yoga teachers or yoga practitioners.

Balance your Koshas (Bodies) through the Practice of Yoga - with Sabrina

Saturday, October 21, 9:30am – 12:00pm

According to the Taittiriya Upanishad (Yajur Veda), the human being is composed of 5 sheaths called " Pancha koshas ", from gross/physical to the more subtle bodies. In this workshop, Sabrina will guide you through 5 different yogic practices to balance each of your 5 koshas :1 asana sequence, 1 pranayama set, 1 mantra japa, 1 pratyahara practice and 1 meditation. You will experiment and explore the effects of each practice. This will give you tools to bring back to your everyday life, that help to maintain harmony and balance in your being.

Freedom from Fear – with Dr. Sehdev

Saturday, October 21 - 2:00pm – 4:30pm

Fear has an apocalyptic power; it can sap all energy and make everything inert and lifeless.

- Fear of Losing Face
- Fear of Loneliness
- Fear of Love & Intimacy
- Fear of Failure

How can one live with full intensity and with all ebbs and tides, without knowing what fears freeze the mighty river of one's life? Drawing from Buddhist Philosophy, existential psychotherapy and Integral Yoga, we will explore both the theoretical underpinnings of the phenomenon of fear and the practical ways of addressing it on a day-to-day basis.

YOGA OF FORGIVENESS

with

Dr. Sehdev Kumar



From the Darkness of Hatred & Indifference

To the Light of Forgiveness

From Fear & Festering Revenge

To the Courage of Being

Location: Vérité, Auroville

Saturday, 14 October, 2023

2 to 4.30 pm

Register: +91 78678 05812

An Exploration of the dynamics and power of Forgiveness in Families, between Friends and among Nations.

Video Link: <https://youtu.be/p18qUDakJEM>

THREE WORKSHOPS

Dr. Sehdev Kumar

I. Yoga of Forgiveness

Saturday, Oct 14, 2-4:30 pm

II. Freedom from Fear

Saturday, Oct 21, 2-4:30 pm

III. Peace Within: Peace Without

Saturday, Oct 28, 2-4:30 pm



Vérité, Auroville, Register: +91 7867805812



SEVEN STEPS TOWARDS GLOBAL PEACE

Prof Sehdev Kumar

Radiation Physicist, Historian of Science

Zoom Session #1: Ushering of Atomic Age & Moral Dilemmas

<https://youtu.be/dS7g8k0NSeQ?si=oVO2smsCRnpS8hulk>

Zoom Session #2: World Beyond Wars: Seven Steps Towards Global Peace

<https://youtu.be/piNMttw9SKk?si=nz81Bu-rmS2J-4Call>

The Sound of Bamboo

Various Styles of the Indian Flute



Bansuri (Flute) Group Classes With Michael

Kalabhumi Music Studio

Every Friday (Beginner: 11am-12pm, Advanced: 12pm-1pm)

Drop in is possible at any time, flutes available to borrow or buy.

Contribution:

- Aurovilians, NCs, Volunteers & Local Villagers: Free donation
- Guests: 500 INR

More Info: www.the-sound-of-bamboo.com

To Donate: <https://pay.auroville.org/divine-arts>

Learn More About Divine Arts:

<https://auroville.org/page/divine-arts>

Warm Regards, Dave

M: +44 (0) 7564 119 728 / E: djsevans87@gmail.com

TAI CHI HALL @ SHARNGA

Offers regular Tai Chi Chuan classes from Mon-Sat.

Monday & Saturday:

- 7:30-8:30 Chi
- 8:30-9:30 Form

Tuesdays - Fridays:

- 7:30-8:00 Chi
- 8:00-9:00: Form



All are welcome

Contact: taichi@auroville.org.in / 0413 2623187

PITANGA



PITANGA
CULTURAL CENTRE

For info & registrations:
info@pitanga.in, 0413 2622403 / 9443902403 WA



Program October 2023

CLASSES - REGISTRATION REQUIRED

Iyengar Yoga with Tatiana and Chloé

All Iyengar Yoga classes are designed for healthy adults. If you have any physical problem, please talk to the teacher before the class to find out if this class is for you. We do not offer any medical yoga classes and our classes are not for people who need a therapeutic approach.

Mondays 5pm – 6.30pm with Tatiana | Level 1

A general asana practice class. Each session includes the practice of Salamba Sarvangasana (shoulderstand) or preparatory stages. Regular attendance is expected.

Tuesdays 9am – 10:30am with Chloé | Yoga for the Spine | All levels

Suitable for all levels of practitioners. Special attention is paid to relaxing the back and the correct position of the spine in various types of asanas. Each practitioner should be prepared to independently use props such as chairs, rollers, bricks.

Wednesdays 5pm – 6.30pm with Tatiana | Level 2-3

For seasoned practitioners. Classes include both asanas and pranayama. Inverted poses like Salamba Sarvangasana, Salamba Sirshasana are practiced regularly.

Saturdays 9am – 10.30am with Tatiana | Restorative Yoga | Level 2-3

Each session includes time for deep work in inversions, backbends and forward bends with support and deep relaxation on a physical and mental level. Practitioners are expected to independently choose alternative postures according to their ability and are prepared for prolonged use of inverted postures.

Saturdays 11am – 12.30pm with Tatiana | Mixed Level

An active practice class for Iyengar Yoga practitioners of all levels. Suitable for beginners. Exceptionally, this class can be attended without registration as well.

Art Therapy with Gala

Thursdays, 3 – 5pm for adults

Fridays, 3 – 5pm for families

YOUTH ACTIVITIES

These are ongoing educational programs and not intended for drop-in students. If a child is interested, parents need to talk to the teacher before bringing the child.

Asanas for Teenagers with Lisbeth

Mondays, Wednesdays | 4pm – 5:15pm

Yoga for children, 5 – 8 yrs., with Gala

Saturdays | 9am – 10am

Yoga for children, 7 – 9 yrs., with Gala

Saturdays | 10am – 11am

Energy games for children, 9 yrs. +, with Gala

Saturdays | 11am – 12pm

DROP-IN CLASSES *Join without prior registration!*

Mondays

7.30am – 9am | **Asanas** with Rachel | All levels

8.30am – 10am | **Yoga Therapy** with Gala | All levels

Tuesdays

4.45pm – 5.30pm | **Odissi Dance** with Rekha | Beginners
(Not on 24/10)

Wednesdays

7.30am – 9am | **Asanas** with Rachel | All levels

8.30am – 10am | **Yoga Therapy** with Gala | All levels

Thursdays

4.30 – 5.30pm | **Aviva** Exercise with Suriya | For women

Fridays

6.45am – 8am | **Pranayama** with François & Namrita |
For former “The Art of Living” course participants

7.30am – 9am | **Asanas** with Rachel | All levels

8.30am – 10am | **Yoga Therapy** with Gala | All levels

3.45pm – 4.30pm | **Odissi Dance** with Rekha | Beginners
(Not on 20/10)

4.30pm – 5.30pm | **Reading of the Life Divine** with Balvinder |
All are welcome to join.

Saturdays

11.00am – 12.30pm | **Iyengar Yoga** with Tatiana | Mixed Level,
open to beginners

HEALING SPACE - BY APPOINTMENT

- Acupuncture by Heidi
- Bio-Resonance (with Bi-Com machine)
- Chiropractic
- Shiatsu by Ulrike
- Thai Yoga Massage by Juan

TALKS



4 Talks
on Health
by Lize de la Rouvière
Fridays, 3 – 4pm

20 October: Healthy to 100

Stay mentally and physically healthy and vibrant as you age.

3 November: Resilience

Tools to stay mentally, emotionally, and physically resilient through difficult times.

All are welcome. No registration is necessary.

Lize is a Functional Medicine Practitioner and volunteers at Santé - Auroville Institute for Integral Health and Pitanga. The talks are organised in collaboration with Santé.

If you wish to receive our program of activities by email, please write to us: info@pitanga.in

See you at Pitanga, with a smile !

Pitanga Cultural Centre
2622403 / WA 9443902403
info@pitanga.in

STUDIO BASED ART THERAPY AND COUNCELING

tialovesart@gmail.com / www.createandtransform.org

WA 7094007610

CREATE AND TRANSFORM

STUDIO BASED ART THERAPY AND COUNSELING

individual * group * family



Therapy can be creative and non-threatening for help with:

- Anxiety
- Depression
- Trauma
- Life Issues

Trauma Informed Art Therapy & Counseling:

- Client Centered,
- Strength Based,
- Solution Focused,
- Incorporating CBT and a creative, eclectic tool box.



Tia Pleiman, MA, ATR, NCC, LPC

tialovesart@gmail.com

www.createandtransform.org

WA 7094007610

Aurelec, Kulilapalayam, Auroville

ACTIVITIES

AUROORCHARD OPEN HOUSE

14TH OCTOBER AT 10 AM



AuroOrchard

Join us for a walk

Dear community and friends,

A lot of you have been supporting our work in different ways – prioritizing our produce, volunteering with us and helping us reach out. We are grateful to you for this.

We feel we should share with you more about the work we are doing these days and get your feedback and perspectives.

We hope this will help us towards our vision for producing the food needed for Auroville.

DATE: 14 October, Saturday • TIME: 10am

SCAN TO FIND
OUR LOCATION



YOU MAY CONTACT US AT

EMAIL: auroorchard@auroville.org.in

VOICECALL: 9882685365 (Anshul)

WHATSAPP: 9566631079 (Nidhin)

Please come through the main gate, take the first right until you arrive at the parking area.

AUROVILLE CYCLE RIDE
14TH OCTOBER AT 6:15AM

AUROVILLE CYCLE RIDE - 5



Dear All,

We invite everyone to join on 14th October 2023 at 06.15am in Town hall Main Parking for the cycle ride for 17kms in and around Auroville.

Let's pedal together to create the awareness and importance of cycling.
Bring your own cycle and a water bottle.

Note: People who don't have a cycle could pick one from us and return it back after the ride
(Depends on the availability / First come gets priority).

Ride Schedule

06.00am : Reporting at Town Hall Main Parking.

06.30am – 07.30am : Cycling around Auroville

07.30am – 08.30am : Breakfast at Town Hall campus

Contact:

Raju – 9443074825 / Saranraj - 9787095511 email:

avvehicle@auroville.org.in

ஆரோவில் மிதிவண்டி சவாரி - 5



அன்புள்ள அனைவருக்கும்,
14 அக்டோபர் 2023 அன்று காலை 06.15 மணிக்கு டவுன்ஹால் மெயின் பார்க்கிங்கில் மாதாந்திர விழிப்புணர்வு சைக்கிள் சவாரிக்கு ஆரோவிலியன்கள் மற்றும் ஆரோவிலியன் அல்லாதவர்களை அழைக்கிறோம்.

ஆரோவில் மற்றும் அதைச் சுற்றியுள்ள 17 கிலோமீட்டர் சைக்கிள் பயணம் தொடங்குகிறது.

சைக்கிள் ஒட்டுதலின் விழிப்புணர்வையும் முக்கியத்துவத்தையும் உருவாக்க ஒன்றாக மிதிப்போம். உங்கள் சொந்த சைக்கிள் மற்றும் தண்ணீர் பாட்டில் கொண்டு வாருங்கள்.

குறிப்பு: சைக்கிள் இல்லாதவர்கள் எங்களிடமிருந்து ஒன்றைத் தேர்ந்தெடுத்து சவாரிக்குப் பிறகு அதைத் திருப்பித் தரலாம். (கிடைப்பதைப் பொறுத்து / முதலில் வருபவருக்கு முன்னுரிமை கிடைக்கும்).

சவாரி அட்டவணை:

காலை 06.15 மணி : டவுன் ஹால் மெயின் பார்க்கிங்கில் அறிக்கை செய்தல்.

காலை 06.30 - 07.30: ஆரோவில்லைச் சுற்றி மிதிவண்டி ஒட்டுதல்

காலை 07.30 - 08.30 மணி : டவுன்ஹால் வளாகத்தில் காலை உணவு

தொடர்பு:

ராஜு - 9443074825 / சரண்ராஜ் - 9787095511

மின்னஞ்சல்: avvehicle@auroville.org.in

GARBA DANCE EVENT
14TH AND 15TH OCTOBER



The poster features a background with a vertical color gradient from yellow on the left to red on the right. At the top, there are two small circles, one yellow and one red. The text is centered and reads: 'BHARAT NIVAS PAVILION OF INDIA: AUROVILLE in collaboration with The Auroville Garba Team invites you to navratri garba'. Below the text is a stylized illustration of two women in traditional Indian attire, one seated and one standing, both in shades of red, orange, and yellow. The event details are listed below: 'on 14 & 15 Oct (saturday, sunday) 2023, 7:30 pm onwards at Sawchu, Bharat Nivas dress code- men: Kurta & Pyjama ladies: Ghaghra (flowing skirts) & Choli'. At the bottom, there is a paragraph about Navratri and Garba, followed by the phrase 'WE INVITE ONE AND ALL TO COME AND DANCE TOGETHER' in red capital letters.

BHARAT NIVAS
PAVILION OF INDIA: AUROVILLE

in collaboration with
The Auroville Garba Team
invites you to
navratri garba

on **14 & 15 Oct** (saturday, sunday) 2023,
7:30 pm onwards
at **Sawchu, Bharat Nivas**
dress code- men: Kurta & Pyjama
ladies: Ghaghra (flowing skirts) & Choli

Navratri is the festival dedicated to the worship of the Hindu deity Durga. During the nine days of the festival, nine different forms of the Devi are worshipped. Garba is the traditional gujarati dance having rhythmic circular movements performed around a centrally lit lamp or an idol of Goddess Durga
WE INVITE ONE AND ALL TO COME AND DANCE TOGETHER

YOUTH LINK OPEN HOUSE
14TH OCTOBER



The poster features a central illustration of a group of diverse young people sitting at a table, looking towards the camera. Above them, the word 'YouthLink' is written in a large, stylized font where the letters are formed by green tree branches with leaves. The illustration is framed by two open window shutters. In the top right corner, there is a small logo for YouthLink Auroville. At the bottom, the words 'open House!' are written in a large, purple, bubbly font with a starry pattern.

YouthLink
AUROVILLE

open House!

Oct 14 (Saturday)
Our office, Town Hall
4:30pm - 6:30pm

Discover YouthLink's vision, engage with our community, and brainstorm our collective future at our Open House!

CONSCIOUS NATURE IMMERSION

Conscious Nature Immersion at MahaKali Park

The gifts of being in nature are numerous: from bringing back silence to our mind, to tuning our whole bio-system and providing us with spiritual insights. MahaKali Park is one of the 4 parks of Auroville, which is developed as a place for holistic awareness and self-development through nature. Let us gather to co-experience the benefits of grounding and blooming in relation to a biodiverse and self-regenerative environment.

Silent Meditation Walk with Bala:

Saturday 14th of October, 7 am to 8 am - Embark on a peaceful journey through nature, aiming to create a harmonious blend of mindfulness and communion with nature. "We will encourage silence, allowing individuals to connect with the natural world around them and engage in introspective meditation." The walk will provide participants with a rejuvenating start to their weekend.

Introduction to MahaKali Park with Arun & Mukhande:

Sunday 15th of October, 7 am to 7.30 am - Major Arun invites you for a peaceful discovery and understanding of MahaKali Park and an introduction to the history and context of green spaces within Auroville. The background of the cradle land and the current state of the vegetation's evolution through a holistic understanding of ecology is shared during the outdoor walk.

Sunday 15th of October, 8 am to 9 am - Solen Mukhande will curate a Meditative quest towards the higher Mind in Nature: Turn your inner eye towards the subtle harmonics of life, body and matter. Self-assess: to what extent can you say you are well "plugged"? Explore: what insights, what hopes, what revelation comes next?

Contact: Whatsapp Only - +33613047794 / +919500183706 (free, donation accepted, no registration)

Venue: Meeting point 5 min before the time of the session in front of Révélation's main gate. Park in front of CSR/Auromode.

CONSCIOUS
NATURE IMMERSION
At MahaKali Park

Eclipse week-end,
stay centered

14TH & 15TH OCTOBER, 2023
SATURDAY 7AM: SILENT WALK
SUNDAY 7AM: INTRO TO THE PARK + MEDITATIVE QUEST

+919500183706
+33613047794

Révélation Forest, Auroville

revelation_forest

NEW CREATION DANCE STUDIO

ZUMBA WITH PREETI

New Creation Dance Studio

Sweatout & Smile

ZUMBA

Every Mondays!



For regular classes

DM: 8281746763

RUPHAVATI JOY ACTIVITIES

BIO-REGION TEMPLE TOUR

Interested in learning more about the religious heritage in and around the bio-region?

Come take a guided tour of temples around the bio-region.

Starting point from Solar Kitchen.

Can be scheduled anytime throughout the week.

Please contact in advance for more information and booking: 8098845200



SOUTH-INDIAN CUISINE - COOKING CLASS

Learn to cook some delicious delicacies of south India with Rupavathi.

**Monday to Saturday
between 10AM and 5PM**
at creativity.

Please book sessions in advance.



THAI MASSAGE

Monday - Saturday between 9AM and 5PM

To book massage sessions or for more information, please contact personally.

TAILORING

We can tailor and customise any kinds of dresses, sari-blouses and kurtas.

For any of the above services, contact information below:
Phone/WhatsApp - 8098845200
Email - rupavathijoy@gmail.com

ECOLOGICAL HORTICULTURE COURSE AUROVILLE BOTANICAL GARDENS

LAST DATE TO APPLY - OCTOBER 15th!

ecologicalhorticulturecourse@gmail.com



Applications open!

ECOLOGICAL HORTICULTURE COURSE
DEC 2023 - MAR 2024

To fill the form:



For queries :
ecologicalhorticulturecourse@gmail.com

**LAST DATE TO APPLY!
15TH OCT'23**

AUROVILLE BOTANICAL GARDENS

VOLUNTEER AND LEARN - FARMING HANDS ON AUROORCHARD



 **AuroOrchard**

Volunteer and learn farming hands-on!

AuroOrchard is the oldest and one of the largest farms in Auroville, contributing significantly to the food needs of the community.

Join us to learn to work with the soil, plants and food while sharing with a diverse group of people. We offer breakfast made with farm produce.

JOIN US! PLEASE REACH OUT TO US FOR ANY QUERIES!

MONDAY to SATURDAY
7AM to 9AM and/or
9AM to 112PM

EMAIL: auroorchard@auroville.org.in
WHATSAPP: +91 9566631079 (Nidhin)



AUROVILLE: ONE DAY & HALF DAY TOURS

Explore Auroville like never before. We will explore community life from different angles and multiple viewpoints.



We will embark on a journey to see how a community runs, in general and what makes Auroville, a spiritual community or a living Utopia and its aim to constant progress and growth. Come and spend a day with us.

Pre - Registration is required.

Contact us to know more details:

youthlink@auroville.org.in or WA: +91 85248 25120

Here is the link for the itinerary, fee and other important details:

[https://drive.google.com/drive/folders/1tGQN BGltSxZKGulnpwhQTPNaUIAJomDU?](https://drive.google.com/drive/folders/1tGQN BGltSxZKGulnpwhQTPNaUIAJomDU?usp=drive_link)

[usp=drive link](#) or

please scan this code to know more:



ECO FEMME OPEN HOUSE

ECO FEMME OPEN HOUSE

Every Thursday morning
from 10:30 AM



Dear friends,

Join our open house at our office in Auroshilpam every **Thursday morning at 10:30 AM till 12 AM.**

Come and learn about:

- Sustainable menstrual products (cloth pads, cups and period panties),
- Menstrual cycle awareness and,
- Our not-for-profit work.

You can also pick up discounted cloth pads, cups, period panties and cloth nappies.

See you soon!

The Eco Femme Team

CHANTING CLASS - SERENDIPITY

Traditional Mantras & Stotras Chanting Classes

at Serendipity Community

Thursday 9:00 AM (drop-in class)

Friday 5:00 PM (regular class)

with Sonia Novaes



Email: serendipityauroville@gmail.com / WA: +91 8940288090

FOODS, GOODS & SERVICES

AUROVILLE LIBRARY TIMINGS

Auroville Library opening timings:

Mon - Sat: 9am - 12.30pm

Mon, Wed, Thurs, Fri & Sat: 2pm - 4.30pm

Tues: 4pm - 6.30pm



Every **Saturday** between 10am -11am: **Children's storytime!**

GOYO - KOREAN SILENT RESTAURANT

TUESDAY & FRIDAY - 12:30PM

goyo@auroville.org.in / +91 94896993809



Goyo
korean silent restaurant
Tuesday & Friday
12:30 p.m

+919489693809
goyo@auroville.org.in
luminocity, Auroville 605101

please book for lunch
minimum a day before

TASTE OF KOREA

HEMPLANET

Discover the Magic of Hemp at Hemplanet!

Dive into a world of nourishing hemp delights at our Hemp Store. From the heartiness of hemp hearts, the richness of hemp seed oil, to the rejuvenating touch of hemp body care, we've got it all. Whether you're a hemp enthusiast or just curious, come chat with us and explore the wonders of hemp!

Hemp Food Selection:

- Hemp Hearts
- Hemp Seed Oil
- Hemp Protein Powder
- Hemp Granola Bars
- Hemp Pasta & more!
- Hemp Seasonings

Hemp Body Care Treasures:

- Hemp Soaps
- Hemp Shampoos
- Hemp Balms
- Hemp Body Butter
- Hemp Seed Oil

Visit Us: Mon-Sat, 10am - 4:20pm

Location: Reve Area, 1st Floor, Building 1, Auroville

Step into the Hemp Haven and embrace nature's gift!



HEMP STORE



Hemp Foods



Body Care & Wellness



Open Mon - Sat

10:00AM - 4:20PM

Come Now



SCAN ME

Reve Compound, Building 1, Auroville



www.hemplanet.in



@hemplanet_auroville

Products and services
from in and around *Auroville*.



Channel Partners:



Happy to announce that Dropzy has gone live as of 2nd October with the following categories Food, Groceries, Fruits & Veggies, Body Care, Home Decor, Services and Therapies.

Kindly do download the mobile app to register yourself to place orders supporting the outlets in around Auroville and to find out relevant information to your needs.

Download link as shown below:

Android

<https://play.google.com/store/apps/details?id=app.auroville.dropzy>

Or scan this QR code:

iPhone

Coming soon.



We will be adding new categories to service our user base in the upcoming weeks. Dropzy is a multi-purpose mobile app platform and it isn't merely only a delivery service solution.

Stay tuned in to our announcements and the app regularly, for more updates.

Mobile: +91 8098144686

www.dropzy.in

Best regards,
Sathish Arumugam
For Dropzy

SURABHI SUPPLIES

Dear Auroville Community,

Surabhi Supplies is dedicated to aiding individual community members, units, and projects in **acquiring a wide range of materials and equipment**, including but not limited to construction supplies, appliances, machinery, and more.

Our service offers several advantages to the community, such as **reduced prices** achieved through **bulk purchases** and **volume-based discounts**. We have established strong partnerships with various manufacturers and dealers who share our commitment to advancing Auroville's development.

Our primary goal is to streamline the procurement process for everyone, thus saving valuable time, energy, and costs while providing a high level of service to the community.

If you have any inquiries, please don't hesitate to reach out to us at:

Email: surabhisupplies@auroville.org.in

Phone: +91 98438 46458 (WhatsApp/Call)

Sincerely,
Surabhi Supplies

JOIN DROPHY

Products and services
from in and around
Auroville.

Developed by



Dropzy is a mobile app platform for ordering and accessing information from a wide range of in and around *Auroville* eateries, grocers, bakers, farms, expertise/experts, therapists etc and has partnered with ITS (Integrated Transport Service) whose delivery personnel will pick up the orders from the outlets/stores and deliver them to the customers at their convenience.

Dropzy works by providing a complete ordering and delivery solution that connects the existing neighborhood outlets/stores with the comfort and convenience of ordering from home.

Find new customers, build your business and grow your sales. Increase your order volume, drive more revenue and improve profitability with help from **Dropzy**.

Register your Unit/Activity

Click on this link: www.dropzy.in/join-dropzy

Know more about Dropzy on www.dropzy.in

Best regards,
Sathish Arumugam
For Dropzy



RAPID CARE SERVICES RCS

Rapid Care Services has been serving the community at its best capacity.

Over the period of 6 months, we have made a lot of improvements with our services and technicians in order to cope with quality, beauty and time, which are the 3 mandatory factors that we work on.



Rapid Care Service, as an Auroville activity, is dependent only on Aurovilians and Auroville, while we also do not take advantage of our own community in terms of rate and quality. We make sure the work is completed on an economical budget without compromising quality.

Please use Rapid Care Services to keep Auroville's economy healthy, and rotational to benefit Auroville as a whole.

List of services provided by Rapid Care Services:

- Aluminum channel work
- Welding
- Carpentry
- Masonry - renovations and remodulation
- Plumbing
- Painting
- Insect Treatment
- Fencing
- Electrical
- Washing machine repair & installation,
- A/c repair and installation,
- Inverter repair and installation,
- Dth repair and installation and
- Furniture purchase assistance

Kindly contact us and hire our services at the below mentioned contact details.

Balaji - 8270071581 ; Arun - 7639810621

rcsrapidcareservices@gmail.com

rapidcare@auroville.org.in

SOLITUDE FARM - 2023

Farm



Solitude has a small farm shop which is stocked daily with fresh seasonal produce.

There are also some ayurvedic powders such as giloy or guava leaf and also chilli powder, turmeric, pickles and dried flowers. Solitude also runs a C.S.A. fruits and vegetables basket service where people sign up in advance for a basket of seasonal produce.

- Papayas
- Assamese giant lemons
- Pineapple
- Plantain
- Bananas
- Wild spinach
- Wild salad greens
- Sundakkai
- Banana stem
- Banana flower

Cafe

The cafe runs from Monday to Saturday serving a local food vegan thali.

We also serve farm salads, smoothies, desserts, vegan coffee etc...

The cafe runs a lunch scheme.

Education

Solitude farm runs mini permaculture workshops during the week (Wednesdays and Fridays) and longer weekend workshops on a monthly basis. Pricing is flexible for Aurovillians.

Tour

Every Saturday we offer a free tour of the farm sharing the narrative and philosophy in practice of how a food forest can emerge through natural farming and permaculture.

Volunteers

Solitude Farm is happy to welcome volunteers.

Timings 8:00 am -12:30 pm

We offer breakfast, tea and lunch.

Opportunities

Solitude Farm Cafe is looking for a serious person to manage the POS and accounts, stock, excels etc for the cafe and farm. Replying to emails and calls.

Solitude Farm is looking for people to help with the educational workshops.

To find out more:

email: solitudepermaculture@gmail.com

whatsapp: 9843319260

Solitude farm & café

Auroville



Solitude Farm

AIRCON CLEAN OFFERS COMPREHENSIVE AIR CONDITIONER CLEANING SERVICE KNOWN AS "JET SERVICE".



The Jet Service includes not only the filter cleaning but also indoor cooling coils, blades, and blower wheels, indoor cooler drain tray cleaning and outdoor unit with AC jet pump.

After a cleaning service your air is fresh and healthy, reducing sickness and helping you live a healthier life.

Save up to 30% power usage with a regular cleaning service.

Contact **AIRCON CLEAN** now at 9786809518 or email us at airconclean.av@gmail.com

Regards, Julien.

REPAIR OF AIR CONDITIONERS, FRIDGES, WASHING MACHINES AND APPLIANCES

Loganathan working at Mahasaraswati Shop (near PTPS, Aspiration area) is a long term Aurovillian that has gained a lot of knowhow through looking after and repairing all kinds of machines. He happily repairs your machines and appliances.

You may contact him via phone
/ SMS or whatsapp
+91 94434 93025



OFFERING IT SERVICES

I am Ramakrishnan Aurovillian experienced in the fibre internet field (Ftth) for 8+ years and gained more knowledge in creating-on new fibre internet infrastructure and IT troubleshooting work for our Auroville community Since 2015

And I am happy to provide the below services to our Auroville community

- Internet speed; Boosting up for dual bands 2.4 GHz or 5 GHz
- Wired/wireless; Fibre ONT modems, Routers, Switches installation/repairing work
- Fibre optic cable; Joining, power loss troubleshooting, laying/pulling work inside and outside your house
- CCTV; Configuration/Installation/repairing work inside and outside your house
- Smart-TV/laptops/printers; Configuration/Installation/repairing
- Other network communications devices; Configuration/Installation/repairing

For any internet-related issues/complaints,

Please feel free to contact me: Ramakrishnan, 9943919899,
rkkrish651@gmail.com

LOOKING FOR

LOOKING FOR HOUSESITTING FROM 18TH OCTOBER

(preferably long term, min. 3 months)

Hi, I'm Dave, I'm a newcomer, working with Divine Arts (LEAD). Originally from the UK, I have been in Auroville for 3.5 years. I love to sing, dance and facilitate spaces where we can embody human unity (e.g. sacred song circles, conscious relating workshops, dances of universal peace etc).



The stewards of my current place are now returning earlier than planned so a little short notice. I appreciate any leads you might have if not your own place.

You can connect with me on WhatsApp (+44 7564 119 728) or email djsevans87@gmail.com

With Love & Gratitude,
Dave



STAINLESS STEEL FILTER

Dear community,

I am looking for a Stainless steel filter, if you have one no longer in use that you would like to give away, please WA me at +91 94437 97601.

Thank you,
Samata

TAXI SHARE



FROM CHENNAI TO AV - FRIDAY, OCTOBER 13TH

I would like to share the taxi I booked from Chennai to Auroville on **Friday 13th of October**.

My plane arrives at 9:05AM with Qatar Airways by INDIGO. There is enough space for 1 or 2 persons and 1 or 2 suitcases.

Contact: Caroline Gindre, WhatsApp +33 67244 1833

AV RADIO



AurovilleRadio

The voices of Auroville

Dear Aurovilians,

Your favourite radio is always working for you. Stay tuned!

[Here](#) you can listen to the stream channel (playing 24/7).

[Here](#) you can see on-air schedules.

Last published podcasts:

- [LA VITA DIVINA EP. 34](#)(Sri Aurobindo)
- [Soul Tracks Se.5 Ep.10](#)(Music)
- [I Just Wanna Write – Ep. 15](#)(Creative Writing)
- [Une série hebdomadaire de lectures par Gangalakshmi – 450](#)(Integral Yoga)
- [Marlenka's weekly Offering – Ep.105](#)(Literature)
- [Residents Assembly Meeting 2nd October 2023](#)(Governance Meetings)
- [Soul Tracks – Se.5 Ep. 9 "Grand Papa is a Rolling Stone"](#)(Music)
- [I Just Wanna Write – Ep. 14](#)(Creative Writing)

Auroville Radio Tv is maintained and supported with the help of a small town budget and voluntary donations. If you as Aurovilian wish, **make a donation to F.A. number 0867**.

Thanks for your help!

....and more! on www.aurovilleradio.org

For more information write to radio@auroville.org.in

Peace and love

Regards, AvRadio team



CINEMA



Presents at **MULTI MEDIA CENTRE AUDITORIUM (MMC, Town Hall)**

Reminder: **FRIDAY 13th**, 8:00 pm **"FANTASTIC MR. FOX"** by **Wes Anderson**, US, 2009

and

FRIDAY 20th OCTOBER, 8:00 pm
"SCENT OF A WOMAN"

Directed by **Martin Brest**, US, 1992

With: Al Pacino, Chris O'Donnell

Synopsis: Charlie Simms is a scholarship student at Baird, an exclusive New England preparatory school. A woman hires him to watch over her uncle, retired Army Lieutenant Colonel Frank Slade, over Thanksgiving weekend. He accepts so he can buy a plane ticket home to Gresham, Oregon for Christmas. He discovers Frank to be a blind, highly decorated Vietnam War veteran who has become a cantankerous alcoholic. Unbeknownst to Charlie, the colonel has his own agenda for the weekend.... The film was a box office success. Al Pacino won the Academy Award for Best Actor for his performance and the film won three Golden Globe Awards, for Best Screenplay, Best Actor, and Best Motion Picture!

Original English version with English Subtitles. Duration 2h.36'

Auroville TO PONDICHERRY

	Trip 1	Trip 2	Trip 3
Svaram Musical Center	7:00	8:50	14:50
Vérité Guest House - Junction	7:02	8:52	14:52
Town Hall - Main Parking	7:06	8:56	14:56
Solar Kitchen (Ex Round About)	7:10	9:00	15:00
Certitude Entrance	7:12	9:02	15:02
New Creation Road	7:17	9:07	15:07
SBI Bank—Kuilapalayam	7:19	9:09	15:09
ECR Junction—Aroma Guest House	7:23	9:14	15:14
Quiet Healing Center—Junction	7:26	9:17	15:17
Lotus Hotel—S.V Patel Salai	7:36	9:30	15:30
Ashram Road Junction	7:38	9:33	15:33
Ashram Dining Hall	7:40	9:35	15:35

Pondicherry TO AUROVILLE

	Trip 1	Trip 2	Trip 3
Ashram Dining Hall	8:00	12:15	18:10
Ashram Road Junction	8:02	12:17	18:12
Lotus Hotel—S.V Patel Salai	8:07	12:22	18:17
Quiet Healing Center—Junction	8:17	12:32	18:27
ECR Junction—Aroma Guest House	8:20	12:35	18:30
SBI Bank—Kuilapalayam	8:25	12:40	18:35
New Creation Road	8:27	12:42	18:37
Certitude	8:32	12:47	18:42
Solar Kitchen (Ex Round About)	8:34	12:50	18:44
Town Hall - Main Parking	8:38	12:54	18:48
Vérité Guest House - Junction	8:42	12:58	18:52
Svaram Musical Center	8:45	13:00	18:55

- Monthly Rs. 800: Aurovilians & Newcomers, No validity
- Student Pass Rs. 1200 per month/ 24 days round trip
- Rs. 150 Round trip for Aurovilians & Newcomers
- Rs. 200 Round trip for guests

Bus passes are available at
Auroville Vehicle Service,
Town Hall, Auroville, 0413 2623302



EMERGENCY NUMBERS



Ambulance (24/7):

Auroville 9442224680	PIMS 0413 2656271		
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Security (24/7):

AV Safety & Security Team 9443090107	Auroville Police Station 0413 2677318	Kottakuppam Police Station 0413 2236148	Vanur Fire Station 0413 2677368
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Health:

Health Center 0413 2622123	Santé 0413 2622803	Farewell 8903836246	
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Mental health 24/7 support:

Vandrevala Foundation +91 9999666555

India Emergency Response Service (24/7): 108

Cinema Paradiso

Multimedia Center (MMC) Auditorium

Film program 16 October 2023 to 22 October 2023

Cinema Paradiso-Multimedia Center is now in operation at 100% seating capacity. However, if you want to wear a mask it is your choice.

To organize the seminar/program please email us. Our projector is crawling towards the end of its life. It has served well, but it is time for us to look for a new one. For this or to support our work you could financially support us. Please find necessary details at the end of this note.

Indian and diaspora – Monday 16 October, 8:00 pm:

• THE SONG OF SCORPIONS

India, 2020, Writer-Dir. Anup Singh w/ Irrfan Khan, Golshifteh Farahani, Waheeda Rehman, and others, Drama, 119mins, Hindi w/English subtitles, Rated: NR (R)

In this last released film by Irrfan Khan - Nooran is a carefree and defiantly independent tribal woman. She is learning the ancient art of healing from her grandmother, a revered scorpion- singer. When Aadam, a camel trader in the Rajasthan desert, hears her sing, he falls desperately in love. But even before they can get to know each other better, Nooran is poisoned by a brutal treachery that sets her on a perilous journey to avenge herself and find her song.

Potpourri – Tuesday 17 October, 8:00 pm:

• EL CUENTO DE LAS COMADREJAS (The weasel's tale)

Argentina-Spain, 2019, Dir. Juan José Campanella w/ Graciela Borges, Oscar Martinez, Luis Brandoni and others, Comedy-Drama, Spanish w/English subtitles, 129 mins, Rated: NR (G)

Four aged motion-picture veterans, who share a country estate, are visited by two underhanded real-estate developers who seek to make them homeless. But though they are old, they still have their storytelling skills intact.

Interesting – Wednesday 18 October, 8:00 pm:

• MANUFACTURED LANDSCAPES

Canada, 2006, Dir. Jennifer Baichwal, w/ Edward Burtynsky, Documentary, 86 mins, English-Cantonese-Mandarin w/ English subtitles, Rated: Not Rated (G)

Photographer Edward Burtynsky travels the world observing changes in landscapes due to industrial work and manufacturing.

Selection – Thursday 19 October, 8:00 pm:

• NIGHTMARE ALLEY

USA-Mexico-Canada, 2021, Dir. Guillermo del Toro, w/ Bradley Cooper, Cate Blanchett, Toni Collette and others, Crime-Drama-Thriller, 150 mins, English-French w/ English subtitles, Rated: R

A grifter working his way up from low-ranking carnival worker to lauded psychic medium matches wits with a psychologist bent on exposing him.

International – Saturday 21 October, 8:00 pm:

• **HOLY SPIDER**

Denmark-Germany, 2022, Dir. Ali Abbasi, w/ Alice Rahimi, Diana Al Hussen, Soraya Helli and others, Crime-Drama-Thriller, Persian w/ English subtitles, 118 mins, Rated: R

Based in a gruesome true event, in this film, female journalist Rahimi travels to the Iranian holy city of Mashhad to investigate a serial killer targeting sex workers. As she draws closer to exposing his crimes, the opportunity for justice grows harder to attain when the murderer is embraced by many as a hero.

Children's Matinee – Sunday 22 October, 4:30 pm:

• **THE LITTLE BEAR MOVIE**

Canada-USA, 2000, Dir. Raymond Jafelice w/ voices Kristin Fairlie, Dan Hannessay, Janet-Laine Green and others, Animations-Adventure-Family, 75 mins, English, Rated: G

Little Bear and Father Bear are camping in the woods when they meet a smaller bear named Cub. It seems that Cub got separated from his parents during a storm and now he can't find them. The duo decides to try to help Cub find his family.

ROBERT ALTMAN FILM FESTIVAL@ Ciné-Club:

Ciné-Club Sunday 22 October, 8:00 pm:

• **THE LONG GOODBYE**

USA, 1973, Dir. Robert Altman, W/ Elliot Gould, Nina van Pallandt and others, Comedy – Drama, 112 mins, English w/ English subtitles, Rated: R.

A languid, free-form version of Raymond Chandler's novel subtly critiques the values of Philip Marlowe, an all-time loser. Introduced in a brilliant sequence that has him try to pass off inferior pet food on his supercilious cat. Shambling through the Chandler's plot, Marlow tries to help analcoholic writer and clear his only friend of a murder rap.

Rating codes we often use are from Motion Picture Association of America (MPAA): G=General Audiences, PG=Parental guidance suggested, PG-13=Parents strongly cautioned, R=Restricted (equivalent to Indian rating: A i.e. for Adults), NR=Film Not rated, Rating awaited, or Rating not available.

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