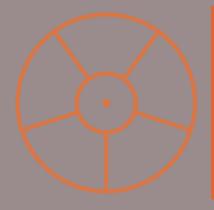
NEWS & NOTES

No 993 - A weekly bulletin for residents of Auroville

21 September 2023





PONDERING

Auroville is not a place for politics; no politics must be done in Auroville and in the offices of Auroville. 15.2.1973*

The Mother on Auroville, Page 72 https://motherandsriaurobindo.in/The-Mother/books/compilations/the-mother-on-auroville/

HOUSE OF MOTHER'S AGENDA

(continued from last week)

Sri Aurobindo himself often called his Ashram the *laboratory*. This might be better appreciated if we understand that each individual represents a certain aggregate of vibrations and is in contact with a certain zone of the subconscient. These worlds, apparently full of diversity, are in fact each made up of a few typical vibrations; the multiplicity of forms (of deformations, rather), of beings, places, or events within a given zone merely mask an identical vibration. The moment we become somewhat conscious and begin to descend into the subconscient (without becoming overwhelmed) in order to work, we are surprised, or sometimes even amused, to find that some persons we know, who are outwardly very different from one another when we meet them on the mental or vital planes, are almost the same and interchangeable in the subconscient! Thus, people separated by different religions, different backgrounds, different social classes, or even different ethics, can belong to a perfectly identical type and be entirely alike in the subconscient, as if you could see one through the other, says the Mother. Since our vision is limited, we see only two or three people, one through the other, but if we had total vision, we would see thousands and thousands more behind them, arrayed in well-defined categories. Some people are never seen together in the subconscient, although they may be quite close in outer life, and vice versa. Now we understand how the work can assume a world scale: Each person, says the Mother, is an instrument for controlling the set of vibrations that represent his own particular field of work. Each of us, through his qualities and his defects, is in touch with a special region of the terrestrial consciousness that represents his part in the overall transformation. So we now understand why the transformation cannot take place through a single individual, for no matter how great he is, how complex his inner organization, how extensive his mental, vital, and subconscious colonization, he represents only one set of vibrations. At most, he can transform the type of vibration he represents, and, if that, because in the final analysis everything is interconnected. We understand, too, why the transformation cannot be realized by saints. It is not from saintliness that one makes a vaccine, but from that very share of human illness one has the courage to acknowledge and to take upon oneself. In any case, the illness undeniably exists, only one person closes his eyes to it and escapes into ecstasy, while the other person rolls up his sleeves and gets to work with his test tubes. When an older disciple once bitterly complained about the odd human mixture in the Ashram and all those "impossible" individuals who were in it, Sri Aurobindo replied: It is necessary or rather inevitable that in an Ashram which is a "laboratory"... for a spiritual and supramental yoga, humanity should be variously represented. For the problem of transformation has to deal with all sorts of elements favourable and unfavourable. The element favourable carries in him a mixture of these two things. If only sattwic [virtuous] and cultured men come for yoga, men without very much of the vital difficulty in them, then, because the difficulty of the vital element in terrestrial nature has not been faced and overcome, it might well be that the endeavour would fail. In a moment of remorse, another disciple wrote to Sri Aurobindo, "What disciples we are!...



You should have chosen or called some better stuff – perhaps somebody like Z." Sri Aurobindo replied: As to the disciple, I agree! – Yes, but would the better stuff, supposing it to exist, be typical of humanity? To deal with a few exceptional types would hardly solve the problem. And would they consent to follow my path – that is another question. And if they were put to the test, would not the common humanity suddenly reveal itself – that is still another question. I do not want hundreds of thousands of disciples. It will be enough if I can get a hundred complete men, empty of petty egoism, who will be instruments of God.

Practically, the work is done through each of our psychological difficulties, which are symbols of the same difficulties in the world; if a particular vibration is touched in one individual, then the same vibration is touched in the entire world. Each of you, said the Mother, represents one of the difficulties to be overcome for the transformation to be complete - and that makes a lot of difficulties! It's even more than a difficulty: I think I told you before that each one represents an impossibility to be resolved; when all these impossibilities are resolved, the Work will be over. As previously mentioned, each person has a shadow that keeps pursuing him and that seems to contradict the very aim of his existence. This is the particular vibration he must transform, his field of work, his impossible knot. At once the challenge of his life and its potential triumph, it is his share in the progress of the collective evolution upon the earth. But something curious happens in this particular laboratory: in ordinary life, or in an individual yoga, the shadow is more or less dormant, more or less bothersome, and usually dissolves by itself or, rather, sinks below, into oblivion; but the moment we are involved in a terrestrial yoga, we find that it does not dissolve at all, but resurges again and again, relentlessly, as if the battle had never really been won - indeed, as if we were waging a contest against that particular vibratory knot for the entire earth. It appears as if the seeker has become a special battlefield for a fierce and symbolic war against the same knot of darkness in all the rest of humanity. You no longer do yoga for yourself alone; you do it for everybody, unintentionally, automatically, says the Mother. The seeker verifies in vivo the principle of the world's substantial oneness: trying to straighten a vibration in oneself triggers reactions from myriads of vibrations all over the world. This is what Sri Aurobindo calls a "yoga for the earth-consciousness."

(to be continued next week)

— Satprem, The Adventure of Consciousness, Chapter 17,
 The Transformation

https://sri-

aurobindo.co.in/workings/satprem/adventure of consciousness e.htm#066
With love and gratitude

With love and gratitude, Gangalakshmi (HOMA)



NEWS & NOTES GUIDELINES

DEADLINE FOR SUBMISSIONS: TUESDAY 5PM



The content of News & Notes is a reflection of the growth process of this community towards its ideals of Harmony, Goodwill, and Truth. Editing of submissions, mainly for reasons of space and clarity, is done according to an established policy.

How to submit material:

- Max size of the published poster is 9cm x 9cm independently of the size you sent. The bigger posters will be reduced.
- · Please AVOID CAPS letters
- · Material (no pdf files, please) may be sent in English only to newsandnotes@auroville.services
- Articles for the Notes section should ideally be no longer than 500 words.
- Please do not send submissions and inquiries as a "Reply" to the digital subscription mail. There is no guarantee that anyone will see communications sent this way.
- Please try your best to send your announcements, reports, film schedules whenever they are ready. Any modifications of submitted News items must be sent to the editors before **Tuesday 5pm**.

DISCLAIMER:

Please note that the opinions and views expressed on these pages are solely those of the respective authors or work groups and do not necessarily reflect the position of the editors or the larger Auroville community. The News & Notes aims to provide a platform for the publication of diverse perspectives and voices from multiple sources within Auroville.

While our editors strive to ensure the accuracy of the information presented, we cannot guarantee that all information is free from error or omission. Additionally, we cannot be held liable for any alleged misinformation provided or offence caused by the content published. In the event of any dispute, we encourage readers to consult with the Auroville Council, and we reserve the right to suspend the publication of disputed material. Our commitment to providing an open and inclusive platform for dialogue and exchange of ideas remains steadfast.

The News and Notes team newsandnotes@auroville.services

CONTENTS

01	House of Mother's Agenda	07	Cultural Announcement	17	Foods, Goods & Services
02	N&N Guidelines / Table of Contents	07	Health	19	Looking for
02	List of Acronyms	08	A Summary of Events Happening in AV Today	20	Help Needed
03	Note from N&N editors	09	Awakening Spirit	20	Food for Thought
03	RA WORKING GROUPS NEWS	10	Poetry	20	Cinema
05	COMMUNITY NEWS	10	Education	20	AV Public Bus
05	Obituary	12	Work Opportunities	20	Emergency Numbers
05	Community Sharing	12	Classes, Workshops & Healing Arts	21	Cinema Paradiso Program

LIST OF ACRONYMS:

06 Voices and Notes

AVF (Auroville Foundation), AVFO/FO (Auroville Foundation Office), GB (Governing Board), RA (Residents Assembly)

The following groups are divided in two categories: The groups selected by the Residents Assembly through Community decision making Processes and the groups put together by the GB and the FO (not recognised by the Residents Assembly).

16 Activities

Working groups selected by the Residents Assembly:

Working Committee (WCom)
Funds and Assets Management Committee (FAMC)
Budget Coordination Committee (BCC)
Town Development Council / L'avenir d'Auroville (TDC)

Auroville Council (AVC) Entry Service (ES)

FO selected groups:

Working Committee (WC)
Funds and Assets management Committee (FAMC)
Budget Coordination Committee (BCC / BCS)
Auroville Town Development Council (ATDC)

Housing Service (HS) Land Board (LB)

NOTE FROM THE EDITORS

Dear Community,

if you wish for your events, workshops, and other content to be published in the RA N&N please send it to: newsandnotes@auroville.services.

Reminder:

Please do NOT write to us from an @auroville.org.in mail ID, your submissions will not reach us. If you only have an auroville.org.in mail ID, please use this FORM to send us your content.

Support the RA N&N:

As the News and Notes budget is still being disbursed only to the FO N&N, printing and distribution costs are currently being covered by private donations. If you wish to contribute to the RA Edition of the N&N, you can do so by donating to: "NEWSLETTER COLLECTION" **FS #252150**.

We look forward to continuing to serve the over **3000 readers** who receive the RA Edition as well as serving the Auroville community as a whole by providing a platform for all perspectives to be shared with respect.

In community,

The RA Community Edition News and Notes Team

WORKING GROUPS NEWS

FROM THE ENTRY SERVICE

ES # 198 DATED: 21-09-2023

The following people have been recommended by the Entry Board to join our community. Please share your feedback within 2 weeks for potential Newcomers, Associates and Friends of Auroville and within 4 weeks for Potential Aurovilians, Returning Aurovilians, Youth and Spouse/Partner of an Aurovilian in writing to auroville.entryboard@gmail.com OR auroville.entryservice@gmail.com. We thank you in advance.

NEWCOMER ANNOUNCED:

- Jasmine JONES (French) staying in Sophio and working at LEC, Sadhana Forest, Upcycling & French pavilion
- Monica KRISHNAN (Indian) staying in Fertile East and working at Surya performance Lab
- Padmaja PYDAH (Indian) staying in Surrender and working at Nandanam kindergarten
- Poonam MOHANTHY (Indian) staying in Angiras Garden and working at Matrimandir







 Roland KELLER (Swiss) staying in Kalpana and working at MM and LEC



 Yash SHETTY (Indian) staying in Newlands and working at Treehouse community



NEWCOMER CONFIRMED:

- · Aumurto CHAUDHURY (Indian)
- Corrine AKIL SALVIANI (French)
- Kanimozhi ANANDABASKARAN (Indian)
- Suruthi DURAIRAJ (Indian)

AUROVILIAN CONFIRMED:

- Aloke MAJUMDAR (USA)
- Nivedha PARIMALASELVAN (Indian)

LEFT ON THEIR OWN:

Mohamed Abdelrahman ALSADEG MOSTAFA (Sudanese)

NOTE:

- The Newcomer probation year becomes effective only after the NC kit has been returned and should not exceed 18 months from the date of confirmation.
- A Newcomer becomes an Aurovilian once his/her name has been confirmed by The Admission Committee (aka the Entry Board) after following due process.
- The date of becoming Aurovilian is the date of confirmation.
 An Aurovilian confirmed by the Entry Board is eligible to participate in all community decision-making processes.
- A confirmed Aurovilian becomes officially a Resident of Auroville once the individual has filled in and signed the B-Form and his/her name has been entered in the Register of Residents (RoR) maintained by the Auroville Foundation Office (AVF).
- A Resident of Auroville is eligible to become an executive of a Unit or Service of Auroville and to get an ID card issued by the Auroville Foundation.
- A meeting with the Secretary of the AVF will be arranged by the Entry Secretariat according to the availability of the Secretary and not at any personal request.

Yours.

The Entry Board (Alain, Grace, Jayanthi, Lakshmanan, Matilde, Sara, Sonja and Swadha)

Entry Service Timings:

Monday, Wednesday, Friday, 9:30am—12:30pm Tuesday & Thursday: Newcomer kits, 2:30—4:30pm

Contact: 0413 262-2707, auroville.entryservice@gmail.com

Note: If you want any more information about someone, please contact the Entry Service directly for more details.

FROM THE RA WORKING COMMITTEE

OPEN LETTER

Dear Community,

We are aware that many of us struggle to stay positive and not give in to exhaustion and fear and a feeling of helplessness at the destruction and lack of humanity that seems to go on with no consequence. We are often asked how to deal with this, how to go on without losing hope. We don't have answers but we can share some thoughts that express how we feel, where we are and how we go on.

We are giving all we are and all we can for Auroville, with the help of many others. Sometimes visibly, sometimes not. Most of the time, we're doing that while exposing ourselves as targets. This being said, we are offering ourselves through this challenging work because we trust this is what we've been selected and called for, and because we believe that Auroville and its Community are worth standing for.

Some people ask for and need some reassurance. Fair enough. The reassurance we can offer is that of the Mother's words, the purpose of Auroville, and the fact that this current battle has much meaning - for Auroville and for the world. Of this, we are certain. The other reassurance we can give is that we'll continue to do all we can to the best of our capacities.

We cannot assure anyone of what the coming weeks and months will look like, and that there won't continue to be difficult moments. After all, we are the very first people threatened with dire consequences: three of us are dealing with FIRs (based on fabricated criminal complaints), while one has been asked to leave India. We can, however, assure everyone that we'll continue to do our best to uphold and safeguard the aims and values of Auroville. We firmly believe that without all the effort by so many to resist this takeover, things would have been much worse. Another thing we believe is that the force we are facing is a force of falsehood, trying to slowly twist our collective being into something it's not; and that the best way to resist it is to stand with truth, by truth, for truth. Whatever our inner truth is

Is there fear? Sometimes. Is there anger? Sometimes.

But we consciously try our best that these are not what we base our choices on about where and how we direct our energy, and our actions. Faith is what is keeping us going and what we choose as our base - an unshakeable faith that something greater is acting, and that we have to play the role we've been given, with courage, strength and equanimity.

We understand the fear that is felt by many and we don't judge it or the reasons for it, but we hope this won't be the place we each choose to act from. Fear is useful, it informs us where the danger lies. But it's not a good decision-maker.

We call on us all to act from a space of collective aspiration, hope, and faith.

With gratitude for the support and care we feel from so many,

Your Working Committee of the RA Aravinda, Bharathy, Chali, Hemant, Mael (TOS), Sauro, Valli



AUROVILLE NEWS PODCAST - EPISODE 3

Dear friends,

Warmly,

The third episode of the AV News Podcast is available on <u>Spotify</u>, <u>Apple Podcasts</u>, <u>YouTube</u> and on <u>this page</u> of the Auroville Media website.

Auroville Media Liaison (Auroville Media Liaison is an activity approved by the Working Committee duly selected by the Residents' Assembly)

VOICE OF AUROVILLE - ISSUE 03 (SEPTEMBER 2023)

Dear community,

We are happy to share with you the third issue of our bimonthly journal, Voice of Auroville, which aims to inform wellwishers and friends of Auroville across India and the globe on the current unfolding events with factual updates and articles.

This third issue covers Auroville's unfolding of events in July and August 2023. Amongst other contents, it also features an update on the Dreamweaving participatory process for holistic planning, an article on Auroville green spaces and the exemplary work realised in the field of afforestation over the years, and a counter to two misleading narratives often repeated in recent times.

You can read and download the full edition in pdf format <u>here</u>. In case you would have missed it, the first two issues of Voice of Auroville are accessible <u>here</u>.

Please feel free to forward and share this email with friends and well wishers of Auroville. This is how the news can spread and Auroville's voices be heard!

Additional people who wish to be added to the subscribers list or be removed from it can email voiceofauroville@auroville.services. Please also feel free to share any feedback or suggestions to voiceofauroville@auroville.services.

We take this opportunity to express again our gratitude to the Voice of Auroville editorial team, as well as to all those who provided us with contents and pictures to illustrate this issue. Thank you!

In community,

Your RA Working Committee
Aravinda, Bharathy, Chali, Hemant, Maël (TOS), Sauro, Valli



ISSUE 03 SEPTEMBER 2023

WORKING COMMITTEE

of the Residents' Assembly

VOICE OF AUROVILLE

News & Highlights from the Auroville Community



This publication is endorsed by the Working Committee of the Residents' Assembly of the Auroville Foundation

Scan this QR Code for the digital version of VoA:



FROM THE RA TDC



TOTAL TREES CUT SINCE 28.4.2022

Dear Community,

Recently we put together the total (it's probably more) number of trees that have been cut since the NGT judgement. This does not include the understory (many young trees) that was cleared in MFG (Mothers Flower Garden project) and Revelation and other parts like Micheal Bonke's plots.

All these trees have been cut not only in violation of the NGT judgement, but also go against the resolution passed by the RA in January 2021 to pause all permanent development on the Crown, Radials and Outer ring road until proper plans had been agreed upon by the RA.

Some of the trees felled near Gaia crossing were 15-20 year old rare species such as Blackwood or also known as East Indian Ebony (Diospyros Ebenum)for which permission to cut is required and other rare trees like the East Indian satinwood (Chloroxylon swietenia), Bombay ebony (Diospyros Montana) and Tricalysia sphaerocarpa. Not to forget the Banyans and Palmyra's opposite Sante and near Unity Pavilion that were cut. We are concerned by all the trees being cut also because these are ecologically valuable assets of Auroville which contribute to our green infrastructure and to having the highest concentration of floral biodiversity in the region and also of this forest type in general.

The Auroville forest and green cover are a precious asset not only to Auroville, but also for the surrounding areas.

2023 09 07 - total tree cut since 28 04 2022.pdf

in Service.

L'avenir d'Auroville -**TDC Town Development Council** Anan, Divya L, Dorle, Island, Natasha S, Tom





COMMUNITY NEWS

OBITUARY

HASI GRANDCOLAS

This is to inform the community that Hasi Grandcolas, passed away at Pondy's Nallam Clinic in the early hours of yesterday, Tuesday 19 September, due to heart failure.

Hashi had been in the Ashram in the early seventies and

remained dedicated sadhika throughout her life, was a yoga teacher and painter, and a good friend of many in Ashram, Auroville and the Auroville International world.

The Sri Aurobindo Ashram takes care of her last rites.

Be well, dear Hashi, and see you again!

OM~

COMMUNITY SHARING

DOG SHELTER: NO SUNDAY EVENTS DURING MONSOON!



Due to the unexpected early arrival of the rainy season, we regret to inform you that our Sunday events will be temporarily suspended. Nevertheless, we remain delighted to welcome visitors every Sunday, allowing you to explore our shelter, and meet our team and our lovely dogs!

Stay tuned for exciting news regarding a major event planned for October! We will be sharing the details with you very soon. We look forward to seeing you soon again!

Warm regards,

The Auroville Dog Shelter Team

FOREST GROUP UPDATE 19/9/2023 Budgets and Maintenances



As of the 1st June, all City Service support for our service was stopped. That meant that the budget that goes towards paying 60 employed forest workers and watchmen, which help to develop and protect the 1260 acres that the Forest Group manages for the community, was cut without prior notice. These are the men and women who have helped the Auroville forest and green infrastructure grow and flourish and have helped protect the land from encroachment and from erosion and thus improving living conditions and securing our water. Many have worked their entire working life, dedicated to this. The financial impact on these employees, and the families they support, is severe, along with the social impact concerning their relation to Auroville.

All the Forest employee's data has been collected for making their gratuity claim. As these employees are supported by City Service, this claim has been sent to the BCC and the GB FAMC. In the past forest employees have had their gratuity paid from the AV Service Gratuity Account, the precedence is there. As well as their entitled gratuity, a claim for 4 weeks payment in lieu of notice is also claimed as the budgets were cut without notice. As of yet no receipt of this claim has been furnished.

The financial cuts also meant that 38 Aurovilians who received a maintenance or partial maintenance, had their maintenances terminated and were put on a temporary care package, which equates to Rs4800 (Rs2200 lunch scheme, Rs2000 in kind, Rs600 health fund) per month. Again, these Aurovilians are now struggling to make ends meet.

We, the Forest Group, reach out to the community for support on all levels.

The Governing Board appointed FAMC's (GB FAMC) GBS

Parallel to the action mentioned above, the GB FAMC formed their own group called the Auroville Green (Belt) Services. Group members Arun (Revelation), (Marutavam), Aviram (Sadhana Forest), Saravanan (Aranya), Andrey (Infinity) and Enea (Miracle) decided to join the newly formed group. The Forest Group would like to clarify that these members joined this GBS in their personal capacity and in no way are a voice of the Forest Group.

Exchange of Auroville lands

Finally, we would like to highlight that any exchange of land needs to go through proper processes, including consulting the RA, as many outlying, and recently not so outlying communities (Forecomers and Ravena) are lands that have been part of and contributing to Auroville and the experiment. Further, in many cases, they also contribute to physical buffers for water conservation and for controlling development sprawl. Exchange of land cannot be taken lightly as it usually results in a loss for Auroville.

VOICES AND NOTES

MATRIMANDIR LAKE - NOTE ON PLANNING APPROVAL

Small projects like individual houses, apartments, etc, usually only require a simple building permission, especially if the project falls within the design parameters of the development-and landuse-plan of the area.

Bigger projects that will impact a large number of people and have an effect on the landscape and the environment should have Planning Approval.

A project on the scale of the Matrimandir Lake has, undoubtedly, a significant impact on a large number of people, on the environment and on the surroundings, Auroville as well as the villages in the vicinity.

The impact of the Lake will be on many different levels:

- The watershed, water percolation into the ground and runoff will be affected and have to be managed consciously and responsibly.
- A large space that is currently covered with green vegetation and having it's own bio diversity will be cleared.
- Thousands of tons of soil have to be shifted, by truck over Auroville roads or other means, and the soil has to be disposed of, creating a large artificial mount.
- A huge amount of water is required to fill and maintain the lake.
- The water body will attract different species of water birds and develop it's own fauna and flora and micro climate.
- · It will attract a lot of tourism.
- · It will require continuous maintenance.
- The choice of material for waterproofing and the workmanship of laying and protecting is a most critical aspect. Once the lake is built and filled with water it will be virtually impossible to repair a leak.

During Planning Approval all these aspects should be studied. Where necessary some design aspects might need to be adapted or the method of implementation might need to be modified. The objective of Planning Approval is to mitigate negative impact of the project and eliminate unintended and potentially damaging consequences, that may not be obvious at a first glance.

The second objective of Planning Approval is to ensure that the project is implemented in exactly the way that it has been approved. To give an example: During construction, often enough as time passes costs explode and finances dwindle or management changes. This presents a risk of "cutting corners". In order to reduce the cost, items that are thought not to be absolutely necessary for the completion of the project may be removed from the budget and implementation. Then, the time frame for research and testing is often shortened or eliminated completely. Cheaper materials are used, less cement and steel is put into the concrete, etc. As a result, the original project that was thought to meet certain standards of sustainability and thoroughness then becomes haphazard and whimsical.

So who would be the appropriate body to formulate the Planning Approval. On the one hand there are laws and Notifications that regulate the procedure for Environmental Clearance in India and this could be followed. Alternatively we can constitute our own body of experts and advisors (from within Auroville and from outside) who would analyze the Matrimandir Lake Project and formulate a detailed design and implementation plan.

The latter would in all likely hood yield a better result.

Planning Approval is an indispensable tool that ensures that a project is environmentally sound, that it is executed exactly in the way that it was approved, following proper methods, and that after completion the project fulfills its intended use and purpose.

Written by Jan Imhoff c. Eng, 13-9-2023

A REVELATION OF THE COSMIC PLAY

"The creation is a single whole advancing as a totality towards its single goal — the Divine — through a collective evolution which is continuous and endless."

The Mother

https://incarnateword.in/cwm/16/7-july-1963

In any human collective game or sports, to be an effective player you have to know the basics: the roles of the players, the rules, the playing field, etc. In short, you must know the dynamic functioning of all the parts and parcel of the play itself.

Now we come to this Great Cosmic Play, the Lila of the Divine, on this playing field we call Earth. Welcome! Obviously lots to learn to be a truly effective player, or to have fun just playing in it.

And for some Grace of the Supreme you have found yourself in the Auroville, the City of Dawn of the Supramental Avatars Sri Aurobindo and the Mother. Very interesting indeed. Your soul has obviously brought you here in this special playing field within Bharat Mata, the Guru of the World, for a specific reason, even if you are not fully aware of it... but you feel it. You've felt it your entire life even before coming here. A call deep down... for something else.

Here's the Mother in one of Her many revelations on the functionings of some of the players, the Cosmic Play as it has progressed, and how to continue on towards the Divine Goal:

The Mother's Agenda, May 10, 1958

https://incarnateword.in/agenda/01/may-10-1958

Zech, 2023.09.17

THE MOTHER'S AGENDA, APRIL 26, 1972

"(Satprem rests his forehead on Mother's lap. Sujata approaches)

I am beginning to understand why Sri Aurobindo always said it was woman (Mother caresses Sujata's cheek with her finger) that could build a bridge between the two. I am beginning to understand. One day, I'll explain. I am beginning to understand. Sri Aurobindo used to say: it is woman that can build a bridge between the old world and the supramental world. Now I understand.

Yes, I understand too.

Then it's all right. We must have patience.

(Mother presses her index finger against Sujata's chest:)

Will you remember what I said?"

https://incarnateword.in/agenda/13/april-26-1972

Submitted by Gangalakshmi

BRAHMACHARYA

For anyone aspiring to be a <u>True Aurovilian</u>, wishing to practice any traditional Yoga to progress beyond the obvious limitations and difficulties of the animal-human species or modality, especially the Integral Yoga of our Avatar founders Sri Aurobindo and the Mother which is a transformative psychophysical preparation for the new species the Supramental being, it is most important to understand and practice Brahmacharya. Here's a compilation:

https://incarnateword.in/compilations/brahmacharya

Zech, 2023.09.19

CULTURAL ANNOUNCEMENT

CENTRE D'ART EXHIBITION TEMPORAL DIMENSIONS by Obayya

Opening on Friday 22nd September at 4pm

Exhibition from 22nd September to 7th October 2023.

Gallery hours Monday to Saturday 10am - 12pm, 2 - 5.30 pm Centre d'Art Gallery, Citadines, Auroville.

Please Park at town hall parking.



TEMPORAL DIMENSIONS by Obayya

Anyone growing up in urban India understands the meaning of crowds – the forced sharing of small spaces and limited resources by large numbers; the feeling of insignificance and being lost in the multitudes. The stories of many of these people remain untold; they are the anonymous cogs in the ever-grinding wheel of societal progress, pawns in the game of capitalist economies that feed a cycle of production and consumption.

For Obayya, observing and documenting these unknown crowds, and portraying workers in their spaces, became part of his language. Through his work, he subtly draws attention to social hierarchies, notions of class and caste that are ingrained in our culture, and the pervasive inconsistencies that populations have to bear with.

The exhibition 'Temporal Dimensions' brings together sequentially developed series of artworks by Obayya from the last four years. The paintings, drawings, prints and lately, sculptural installations draw attention to his preoccupation with the human condition, and the truth of lives that are tied to perpetual service in return for basic living needs.

(Lina Vincent 2023)

HEALTH

SANTÉ SERVICES IN SEPTEMBER 2023

Working Hours:

Monday - Saturday 9:00 - 12:30pm & 2:00 - 4:30pm

Tests and Sample collection:

Mon-Fri before 12:00 pm. No sample collection on Saturday.

For emergencies, contact:

Auroville Ambulance (24/7): Phone: +(91) 9442224680 Government Ambulance (24/7): Phone: 108 Please call Santé on (0413) 2622803 during working hours for an appointment

Doctor consults with Dr.Senthil & Dr.Sana: Monday to Saturday	Nursing Care: Ezhil, Thilagam, Archana & Sandhya: Daily No appointment necessary		
Ayurveda with Dr.Be & Dr.Sonia: Mon /Wed /Thurs /Fri	Pregnancy Care & Women's Wellness with Paula: Tuesday & Wednesday		
Acupuncture with Andres: Monday to Friday	Homeopathy with Michael: Mon / Wed / Sat		
Integrative Psychotherapy with Juan Andres: Monday to Friday Functional Medicine with Lize: Monday to Saturday	Physiotherapy with Arun: Monday to Saturday Physiotherapy with Rebeca: Mon /Wed /Fri		
Bio-Well Assessment (Evaluation of your well-being) with Helena: As per availability	Physiotherapy & Massage with Galina: Monday to Friday		

In Santé, we value our patient's confidentiality & make every effort to ensure their privacy.

In case of cancellation or to reschedule, it is necessary to inform us in advance.

PITANGA - 4 TALKS ON HEALTH



- 22 September: Reversing pre-diabetes, insulin resistance and diabetes. Strategies to use diet, lifestyle changes and supplements to turn diabetes around and regain your health.
- 6 October: Prevention and reversal of cognitive decline Learn how to protect your brain from declining function and cognitive impairment.
- 20 October: Healthy to 100 Stay mentally and physically healthy and vibrant as you age.
- 3 November: Resilience Tools to stay mentally, emotionally, and physically resilient through difficult times.

All are welcome. No registration is necessary.

Lize is a Functional Medicine Practitioner and volunteers at Santé Clinic and Pitanga.

The talks are organised in collaboration with Santé Clinic.

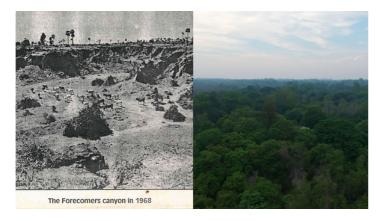
If you wish to receive our program of activities by email, please write to us: info@pitanga.in

See you at Pitanga, with a smile!



A SUMMARY OF EVENTS HAPPENING IN AUROVILLE TODAY

FORECOMERS AND RAVENA UP FOR EXCHANGE

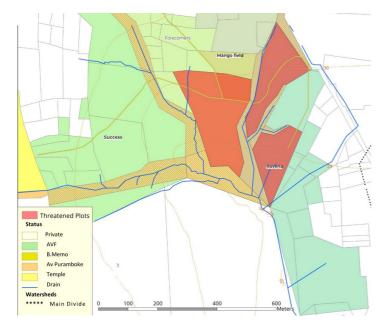


Forecomers 50 years ago and today

The AVFO is reportedly considering exchanging 22 acres of Forecomers and Ravena communities for Poramboke land in the City Centre area. Forecomers is the oldest, and part of the largest contiguous forested area of Auroville. Originally bought under the auspices of the Mother, and named for its function as the first settlement of Auroville. The canopy has grown into a lush green area from 50+ years of bunding and reforestation efforts. This area provides a 'green lung' for Pondicherry City, and a buffer zone between Auroville and Pondicherry. The edge of Forecomers forest is only one kilometer away from the Pondicherry airport, and 2 kilometers away from where most settlements begin in Puducherry and Kottakupam.

Besides its ecological significance for wildlife and water catchment, this area is significant in Auroville's history. The community of Success, which borders it on the west, was home to the first tree nursery of Auroville. The Mother asked Bob and Diane Lawless to be the first settlers in Auroville; they chose this area because it was "dramatically beautiful, though by far the worst farmland, the area around the canyon that Mother then named Forecomers. That name was not only given to the area. She also referred to us as 'the forecomers.'"

The map below gives a sense of the plots under threat, showing that the heart of the forest would be taken out, separating Ravena from the rest of the forest, with potentially devastating effects for wildlife and water catchment efforts. You can find a full report with more images and facts on the history and ecological significance of Forecomers here.



62ND GOVERNING BOARD MEETING MINUTES

The minutes of the 62nd meeting of the Governing Board (GB), which was held in December 2022 have now been shared more than 9 months later. The meeting itself, held in Chennai, was not announced to the community beforehand and only came to light after a series of tweets from one of the GB members. The minutes are very brief, covering just a few agenda points. The Secretary shared a report which stated that, at that time, they had received and verified 1849 of the residents listed in the Register of Residents (RoR). Nearly 9 months on from this meeting, no information has been officially shared with the community regarding the RoR update, which appears to be still ongoing. The Secretary's report also shared an update on 'visa matters' which claimed that there were only 2 'pending/special cases' and zero rejections.

Another agenda point was regarding the 'Organisation and Governance Committee (OGC)'. This committee was formed by the GB after their 60th meeting. As noted by the RA WCom in their Observations on the 60th GB meeting minutes, "All the recommendations of the Organization and Governance Committee need to be shared with the Residents' Assembly as one of the statutory authorities of the Auroville Foundation". To date, none of the OGC's recommendations or meeting minutes has been shared. In their 62nd meeting, the GB have seemingly "delegated the performance of the Governing Board's function of general superintendence, direction and management of the affairs of Auroville" to the OGC. The current membership and functioning of the OGC is still not publicly known, raising further concerns on the group's transparency.

Please see here for the full meeting minutes.

HOUSING SERVICE - RECENT INCIDENTS

The Housing Service was taken over by AVFO-appointed persons in August 2022, disbanding the Housing Board. The Housing Board was first created to provide the needed checks and balances to Housing Service decisions after many years in which there were allegations of corruption and misuse of power, with houses appointed in an ad hoc manner based on personal likes and dislikes. Without the Housing Board, the Housing Service is again not directly accountable for its actions and there are questions regarding a recent series of actions.

- On 9th September 2023, two members of AVFO's 'Housing Service' and one AVFO 'WCom' member visited the home of a recently deceased Aurovilian, and forced their way in by breaking the locks. The adult children of the deceased Aurovilian, one of whom is the steward of the asset and currently living at the location, arrived at the scene and managed to stop the intrusion, establishing that they were unaware of the visit because Housing Service had sent one email only to the steward, which had not been received since it was incorrectly sent to another Aurovilian with the same first name. The AVFO 'WCom' member reportedly said regarding breaking of the locks that if it was the only way to enter the houses then they would go ahead with many houses.
- Another family who were asked to vacate their house to make way for the Crown Road and were previously offered an alternative house, have since had that offer suddenly rescinded. For now, there is still no suitable solution for them.
- The Housing Service has also put locks on the house of another recently deceased person, with all his personal items still inside the house, without informing his long-term partner, a Newcomer who is currently abroad. The partner, who has lived in and contributed significantly to the upkeep of the house for 15 years, is unsure whether she will be able to stay in the house or access her and her late partner's personal items.

SOLITUDE FARM LAND ISSUE

Solitude Farm of Krishna and Deepa MacKenzie was recently embroiled in a land issue, as 7 members of the neighbouring panchayats came and claimed that part of Solitude Farm was partially built on temple land. In a <u>video message</u>, Krishna reports that the panchayat leaders were told by the AVFO that Krishna was not given that land by Auroville but was occupying it, and to go to Solitude directly to deal with the matter. As Krishna notes, "That seems a strange thing to say, since we have been here since '96," and: "In Auroville if there is a land dispute you would go to the Land Board [...] they have everything to deal with such an issue correctly. You wouldn't go to the land steward."

In the video message Krishna also reveals that they received an email in January 2023 asking them to vacate their house to make way for the 'Outer Ring Road'. He noted that there is temple and village land on the other borders, and that the Auroville Foundation does not own the required land to complete an 'outer ring road'

FOREST WORKERS GRATUITY PAYMENTS

On 11th September, the Forest Group wrote to the AVFO 'FAMC' and 'BCC' requesting that they fulfill financial obligations to fifty forest workers, some of whom have worked in Auroville forests for over forty years. Gratuity payments amounting to over 41.5 lakh are owed, as well as one month pay in lieu of notice, which amounts to a further 5 lakh. The Forest Group wrote "The employees have been informed of the situation and these employees now require that their gratuity is paid by the BCC, from the "Gratuity AV services" account, according to the precedence of the last 15 years. It is also only felt fair that since no notice of termination of employment was issued by yourselves, then a month's wage in lieu of notice should be paid". The AVFO groups have not yet replied, but had previously indicated that no gratuity payments would be given to the forest workers.

CONCERNS FOR SAFETY ON THE CROWN ROAD

The ongoing works on the Crown Road, which have slowed or halted on some stretches, combined with summer monsoon rains, have caused difficult travelling conditions across Auroville. As the new road is higher than the surrounding areas in most places, and the stormwater channels appear to be inadequate at catching rainwater, the muddy bypasses that are alongside the Crown have become dangerous in some places, flooding readily and leaving thick mud. Over the weekend of 17th and 18th September, a car was stranded in the mud by the Youth Center crown road stretch.



AWAKENING SPIRIT

INTRODUCTION TO THE INTEGRAL YOGA OF SRI AUROBINDO AND THE MOTHER

Tuesday, 26th September, 9 am - 12 noon Focus: Intimacy with the Divine

Led by Ashesh Joshi

Place: Mirabelle Education Centre, Auromodele Ph/Whatsapp: 9489147202 (Please register)

All are Welcome

AMPHITHEATRE - MATRIMANDIR

Every THURSDAY at sunset (weather permitting)

Meditation with Savitri,

Sri Aurobindo's long mantric poem read by Mother to the incredible music of Sunil

The season changes, we follow the sun... New timing will be:

From September 21st onwards: 5.30 to 6.00 pm

Let's gather under the beautiful open space, with heavenly music in the very center of Auroville!

Reminder to all:

the Park of Unity is a place for silence, meditation and inner work, and is to be used only as such. We request everyone: please do not use cameras, I-pads, cell phones, etc. No Photos.

Dear Guests, please carry your Guest Card with you.

Access only for the Amphitheatre from 5.15 pm and for the meditation time.

Thank you, Surya and Amphitheatre Team

A SATSANG ON THE INTEGRAL YOGA

A sacred gathering for the study and practice of the Integral Yoga of Sri Aurobindo and the Mother, founders of Auroville, the City of Dawn.

"The first necessity is the inner discovery in order to know what one truly is behind social, moral, cultural, racial and hereditary appearances. At the centre there is a being free, vast and knowing, who awaits our discovery and who ought to become the active centre of our being and our life in Auroville." — The Mother

We start right here, in the Eternal Now, from where we each are at this ever-progressive moment, and share our unique experiences on the path of rediscovering and embodying who we really are.

Facilitated by Zech Joya

Schedule: Tuesdays and Thursdays, 5:30-7:00pm

Venue: Conference Room, G/F SAIIER Building, Town Hall Complex, Auroville





Please click this link for details or scan the above QR Code

POETRY

PASSWORD

Dear Lord,

Thou hast created the worlds as Thy fields of play; The countless forms, hues, scents and sounds Are Thy robes, paints and playful rhythms.

Our will is Thy will direct or distorted.

Our dreams are Thy dream perceived and embodied.

Our actions are Thy learning by trial and error.

> Our achievements are Thy steps on the Way.

Our failings are Thy use of rebound from the abyss.

Our speech, thoughts and feelings Are Thy meandering explorations.

Thou hast given us the right to play For Thee, Against Thee, As Thee.

Thou dost ever renew Thy game And reset the password; So that we get lost time and again, Yet still feel our way back to Thee In whatever way.

-Anandi Z.

NO SUCH NOTHING

There is no such nothing For the Real.

You can bang your heads on the wall To really check if you're null, But a more painless way is to ask simply: Now knowing that all you feel and see Are ever-transforming modes of energy, How can you or any thing even be Without the One Supreme Something Keeping and modulating us all from within? At last freed from the gross mind's hypnosis Under the Ignorance of utter separateness And the karmic foolishness of nothingness. And so in conscious union Joyfully continue on With your aspired becoming:

ૐ

Here just a parcel of analysis A more noble use of beingness From the Avatar himself whom Ushered in the Supramental Consciousness:

Sri Aurobindo

For all a Life Divine.

https://incarnateword.in/cwsa/21/reality-and-the-cosmic-illusion Zech, 2023.09.07

EDUCATION

NEWS FROM AUROVILLE LANGUAGE LAB



Please remember to put your mobile phones on flight mode and switch off all wireless and Bluetooth devices before you enter the Lab. We are a wireless-free space!

Looking for: If you are a true-blue Malayali and speak Malayalam with an authentic Malayalam accent, please contact by Whatsapp at +919443631861 or email at tomatis@aurovillelanguagelab.org. We need to record some words & sentences as well as some simple daily life conversations in Malayalam for a research project.

Tomatis

There are spaces available for both language & therapeutic programmes!

Please contact 0413-3509932 or 04132622467 or email us at tomatis@aurovillelanguagelab.org to schedule your Listening Tests & Consultations.

To know more about the Tomatis Method, please have a look at the following links:

- https://www.aurovillelanguagelab.org/tomatis-method.php
- https://www.aurovillelanguagelab.org/tomatis-kids.php
- https://www.youtube.com/watch?v=wnpXprTl3m0
- https://www.youtube.com/channel/UCeTIG0ysBMlyywZNdZcAng/videos
- https://www.listenwell.com/

For those who slipped through the cracks, whose requests we were not able to respond to, we sincerely apologize.

Please send us an email if still interested, and we'll get back to you soon!

Current Language Courses at ALL

New: German with Ben

We are thrilled to announce that Ben has joined us as our new German teacher! A recent newcomer & native German speaker. Ben has been an online teacher for three years now, giving integration classes and language courses to immigrants from various backgrounds. He is now eager to apply his skills to an in-person classroom. Ben is a language enthusiast and takes interest in translating poetry and studying ways of integral education. Ben is offering two courses:

Beginner German: This course is now closed to new registrations.

German Conversation:

This 2-month course is for those who already know a bit of German and would like to further polish their speaking skills.

• This course will start as soon as we have 4-5 registrations. Classes will take place Tuesdays & Thursdays, 4 to 5pm.

New: Spoken Tamil with Saravanan

Saravanan has been running this interactive and practicallyoriented course for the past seven years. The class modules are based on a booklet called "Fun with Tamil", which has been put together with a lot of research and thought. By the end of this course, you would be able to converse in Tamil on day-today matters, having achieved a deeper understanding of its sounds, pronouns, conjugations, etc. This course fills quick. Register soon!

• Classes take place Tuesdays & Fridays, 9:30am to 10:30am. Course started on September 12 comprising 24 hours of teaching over three months..

New: Beginner Hindi with Alka

We have a new Hindi teacher!

A native Hindi speaker, Alka has a passion for teaching which she has keenly pursued over the last twelve years. Her approach is to make learning easy through games, songs, poems, & other interactive modes. This three-month (24-hour) beginner course is a great introduction to the Hindi language, and intends to make learners comfortable with basic Hindi vocabulary, grammar, and everyday sentences. The course will also make use of the material put together by the Landour Language School, one of the oldest Hindi language schools of India. The course will be paced to align with each student's comfort.

 The course started on September 9. Classes will take place Saturdays, 10am to 12noon.

New: Beginner Spanish with Mila

Great news for Spanish learners!

Our long-time Spanish teacher, Mila is ready to start a new batch for Beginner Spanish. This three-month (24-hour) course is structured on the highly-acclaimed book, "Madrigal's Magic Key to Spanish: A Creative & Proven Approach." Mila has been running this course since many years. By the end of the course, students will be equipped with the Spanish alphabet, phonetics, & vocabulary. The course will also delve into verb conjugations, formation of sentences, use of adverbs & adjectives, and work on the student's listening & reading skills.

 We hope to start as soon as we have 6-7 confirmed registrations. Classes will take place twice weekly, on Tuesdays and Thursdays, 2:30 to 3:30 pm.

New: French with Jean-François

Jean-François offers four 2-month (16-hour) courses.

Beginner French:

This course is now closed for new registrations.

Beginner French for Teens:

This course is for students between 13 to 16 years of age. The course is based on exercises that use many media like videos, games, role-playing, etc. to make learning both fun and effective. By the end of the course, students will have an immersion in the French language and will be able to express themselves in a simple way.

 We need five confirmations to start the course. Classes will take place Saturdays, 11am to 12noon.

French Conversation:

For those of you who know a bit of French, this is the perfect course to get more fluent, expand your vocabulary, and speak without inhibition in a diverse & fun group! Each lesson covers a theme of daily life (work, family, hobbies, shopping, projects, etc.) and is aimed at developing the students' ability to express themselves and interact in French. Jean-François would explore a range of topics like food, sports, travel, philosophy, news, literature, economics, social sciences, theater, and more. He will also review the grammar useful for basic conversation.

 This course started on August 3. Classes take place Mondays & Thursdays, 2:30 to 3:30pm.

Italian with Fabio

Italian Conversation:

This two-month (16-hour) course is for learners who already have a basic knowledge of Italian and would like to explore the language further & polish their speaking skills. Fabio will delve deeper into spoken grammar, phonetics, conversation, and any other topics of interest. This is mainly for those who took the Beginner course last time, but is open to all. This course will close at 4 registrations.

 This course started on September 12. Classes will take place Tuesdays & Thursdays, 2:30 to 3:30pm.

Intermediate Spanish with Susana

Our long-time teacher, Susana, is offering an Intermediate Spanish course for students who are already familiar with the various verbal modes in Spanish language (Infinitive, Indicative, Conditional, Subjunctive, and Imperative). The course will focus on polishing the conversational skills of the students and will also dive into the rules of grammar. This is a monthly course.

Classes take place every Tuesday, 2:30pm to 4:00pm.

Beginner and Pre-Intermediate English with Rupam

Rupam continues to offer morning English classes. Her classes are a mix of discussion on current topics, and grammar as necessary. You are welcome to try out a class and see if it fits your needs. However, please note that this is not a drop in/walk in class but is meant for students committed to joining the course.

 Classes take place Tuesdays & Thursdays, 10:30am to 11:30am. Enquire now to join!

If there is a language you would like to learn, and it's not on our list, please send us a query!

To join or enquire:

Please fill out our form at http://register.aurovillelanguagelab.org/
You may also drop us an email at info@aurovillelanguagelab.org, call us at 2623661 or come visit us!

Please Note:

Registration and contribution are essential before you join a course with us. Please see our team member at the front desk to ensure this is complete, thank you!

Current Schedule of Classes

Language	Level	Time	Day(s) Of Classes	
English	Pre-Intermediate & Intermediate	10:30 - 11:30am	Tuesday & Thursday	
•	Conversation	TBA	ТВА	
	Beginner Started 5 August 2023	2:30- 4:30pm	Saturday	
French	Beginner for Teens To start soon	11am – 12noon		
	Conversation Started 3 August 2023	2:30 -3:30pm	Monday & Thursday	
Tamil	Spoken Beginner Started 12 September 2023	9:30 – 10:30am	Tuesday & Friday	
Sanskrit	Beginner To start September 2023	TBA	ТВА	
Hindi	Beginner Started 9 September 2023	10am – 12noon	Saturdays	
	A1.1 Beginner Started 11 September	9:30 – 11am	Monday & Wednesday	
German	German Conversation To start soon	4 – 5pm	Tuesday & Thursday	
Spanish	Beginner To start September 2023	2:30 – 3:30pm	Tuesday & Thursday	
	Intermediate	2:30 – 4pm	Tuesday	
Japanese	Beginner To start November 2023	TBA	ТВА	
Italian	Beginner TBA	2:30 – 3:30pm	Monday & Wednesday	
italian	Conversation Started 12 September 2023	2:30 – 3:30pm	Tuesday & Thursday	

The Language Lab is open:

Monday - Saturday, 9am - 12pm & 2pm - 5pm

Location:

International Zone, after Unity Pavilion & Pump House.

Contact:

Phone: (0413) 2623 661, 2622467, +919843030355 Email: info@aurovillelanguagelab.org

TUTION GRADE 1-10

I offer Tuition from grade 1 to grade 10. Contact Ashwini 8270512606

SPOKEN ENGLISH AND HINDI

I offer Spoken English and Hindi sessions for all levels.

Contact Ashwini 8270512606

WORK OPPORTUNITIES

LONG-TERM CORE STAFF MEMBER POSITION **AVAILABLE - 1/2 MAINTENANCE OFFERED**

The Auroville Dog Shelter is in a phase of expansion, and to match our growth, we are offering an opportunity for a dedicated dog lover to join our permanent core staff team. This role entails assuming responsibilities and necessitates your ability to work within our team.

In exchange for 25 hours of work per week (spread across 5 days), we are able to offer 1/2 maintenance to Aurovilians or Newcomers, who are willing to work hand-in-paw with us to elevate the dog shelter to new heights. Beyond caring for our cherished four-legged residents, you will share responsibilities as an integral part of our core team. This role may also involve participating in dog rescues (holding a valid driver's license is a big bonus) and assisting our veterinarian.

Given the training, dedication, and responsibilities involved, we request a commitment of a minimum of one year following a trial period. This position requires the ability to handle stress, engage in physically demanding tasks, maintain a disciplined work ethic, and, above all, you need to show a profound love for animals.

For further details and to arrange an interview, please feel free to contact Coco at (+33672046070) or Arthur at (8122225266) via WhatsApp. We look forward to welcoming you to our core staff team in the near future.

HR HUB INITIATIVE

HHR Hub Initiative is a service which helps individual Aurovilians and Newcomers who are looking for suitable work to find it, and to help Auroville units and services who are looking to fill positions to find the right individuals to step in.

Two work positions at a Farm:

- · Looking for a passionate farmer that can focus on: irrigation work, biomass management and pest management - main pre-requirement for the work is openness to learning and commitment.
- · Farm Outreach communication through social media platforms and other community media: prerequisite for the work are some experience in social media management; good writing and communication skills and social networking capacities.

Construction Work - welding, electrician, carpenter, masonry (part or full time)

A unit of Auroville is looking for someone that has a good work ethic, motivation; that has a minimum experience in the construction field and wants to improve knowledge and training with professional people.

Please contact us for more information and if you are interested in any of these work opportunities or if you are looking for something else. You can find us at

hr.hubauroville@gmail.com

HR Hub Team

AUROMICS JOB OPPORTUNITY

Auromics is looking for a quality control checker. Please send your bio data to auromics@auroville.org.in or auromics123@gmail.com

KUILAI CREATIVE CENTRE AUROVILLE

Dear friends, we are looking for...



Volunteers who could help in Teaching English lessons to Beginners and Inter-mediates (Children and Adults) and Tailoring lessons during Monday to Friday. Also, people who are willing to teach Hindi and French...

Kindly contact: kuilaicreativecentre@auroville.org.in kuilaicreativecentre.auroville@gmail.com

Or

For WhatsApp: + 91-8608473385/9843195290 Selva from KCC

CLASSES, WORKSHOPS & HEALING ARTS

STUDIO BASED ART THERAPY AND COUNCELING

tialovesart@gmail.com / www.createandtransform.org WA 7094007610

CREATE AND TRANSFORM STUDIO BASED ART THERAPY AND COUNSELING

individual * group * family



Therapy can be creative and nonthreatening for help with:

- Anxiety
- Depression
- Trauma
- Life Issues

Trauma Informed Art Therapy & Counseling

- · Client Centered,
- · Strength Based.
- Solution Focused,
- · Incorporating CBT and a creative, eclectic tool box.



Tia Pleiman, MA, ATR, NCC, LPC

tialovesart@gmail.com www.createandtransform.org WA 7094007610

Aurelec, Kuilapalayam, Auroville

The Sound of Bamboo Various Styles of the Indian Flute

Bansuri (Flute) Group Classes With Michael Kalabhumi Music Studio

Every Friday (Beginner: 11am-12pm, Advanced: 12pm-1pm)

Drop in is possible at any time, flutes available to borrow or buy.

Contribution:

- Aurovilians, NCs, Volunteers & Local Villagers: Free donation
- Guests: 500 INR

More Info: www.the-sound-of-bamboo.com

To Donate: https://pay.auroville.org/divine-arts

Learn More About Divine Arts:

https://auroville.org/page/divine-arts

Warm Regards, Dave

M: +44 (0) 7564 119 728 / E: djsevans87@gmail.com

AUROVILLE AIKIDO NEWS!

"Auroville Aikido" at Auroville Budokan, Dehashakti near Dana: Welcome if you want to watch a class before or join us right away!



- Children classes (from 8 of age):

We welcome children on Monday, Wednesday & Friday: 4.00 to 5.00 pm. Regular attendance (at least twice a week) required, as part of the school sports' program (with Philippe G. and Surya CR.)

- Adults All levels - including Beginners:

Tuesday, Thursday & Saturdays 6 to 7.30 am (with N. Murugan.)

A new evening class is offered on Wednesday 5.15 to 6.30 pm (with Surya.) Beginners are mostly welcome on Wed. evening and Sat. early morning classes

- Women and young girls on Sunday 9.15 to 10.30 am (with Surva.)

Notes: Aikido is a Japanese martial art that can be for everybody -and usually is gender mixed. Its regular and sincere practice makes you work on all your different levels of being: physical, mental, spiritual. There is no competition in Aikido and the practice is non violent with concrete selfdefense elements! We encourage the youth and especially girls and women to come and train with us. And then, for your information, we will have a 2 week Intensive this winter a French Aikido master. Come, join & prepare yourself now for this high level learning and practice!

- Practice clothes & other info: to start, beginners can wear a T-shirt & long loose pants (for energy flow, avoid tight fitting clothes) then a white "keikogi" will be required (we have some). Health Fund or your own insurance necessary. Please be on time, i.e. 10-15 min. before your class! Annual reasonable contribution required from all for the Budokan (activity under LEAD) and a monthly or per class contribution from non Aurovilians.
- Contact: Surya 0413-2623 813 or 83001 89062, or N. Murugan 9952812843 - e-mail budokan@auroville.org.in or survaniworks@gmail.com

Looking forward to see you at the Budokan dojo, Surya, N. Murugan, Philippe G. and Cristo for "Auroville Aikido".



TAI CHI HALL @ SHARNGA

Offers regular Tai Chi Chuan classes from Mon-Sat.

Monday & Saturday:

- 7:30-8:30 Chi
- 8:30-9:30 Form

Tuesdays - Fridays:

• 7:30-8:00 Chi · 8:00-9:00: Form All are welcome



VÉRITÉ WORKSHOPS AND CLASSES

Pre-registration required

Please contact Verite @ 0413 2622045, 2622606, 9363624083 or programming@verite.in, www.verite.in



Sivananda Yoga Workshop - with Mani Friday, 22 September - 9:30am - 12:00pm

A classic Sivananda session, including basic pranayama (breathing) and Surya namaskar (sun salutation), designed to massage and rejuvenate the entire spine, with rhythmic alternation between effort and relaxation to balance the nervous system and prepare it for the final guided relaxation.

Introduction to Traditional Thai Yoga Massage (Nuad Boran)

Saturday, September 23 · 9:30am – 4:30pm

Introductory workshop to Thai Yoga Massage (Nuad Boran or Traditional Thai Yoga Massage Therapy). This is an ancient technique used to unblock energy stagnation and awaken our inner healer. This is achieved through both acupressure on the energy meridians (Nadis /Send Lines) and movements of the body and joints based in Yoga Asanas. The facilitator is a YACEP® (Registered continuing education provider), YACEP® is a designation for yoga teachers in the yoga community who are authorized to teach courses that qualify as Continuing Education hours for other Registered yoga teachers (who must complete a minimum of continuing education every 3 years)

Understanding pranayama and its practice in asanas and meditation- with Radhika Friday, 29 September - 9:30am - 12:00pm

Pranayama is a system of breathing techniques that helps us to harness the power of our life energy. In this workshop we will focus our attention on pranayama and discover the effect of various techniques on our breath. We will explore different pranayama practices, using some of these in a sequence of asanas and maintain observation of our breath in a guided meditation

Energy Cleanse through Yoga Kriyas - with Mamta Saturday, 30 September, 9:30am - 12:00pm

Purify your energy channels with 3 Hatha Yoga Kriyas: Jalneti (saline nasal rinse), Trataka (Fixed gaze) & Kapalabhati (Skull shining breath). They cleanse your body from the inside out, develop immunity & steadfastness, paving the way for evolution of consciousness.

Balance your Koshas (Bodies) through the Practice of Yoga - with Sabrina Saturday, 30 September, 9:30am – 12:00pm

Long version: According to the Taittiriya Upanishad (Yajur Veda), the human being is composed of 5 sheaths called Pancha koshas ", from gross/physical to the more subtle bodies.

In this workshop, Sabrina will guide you through 5 different yogic practices to balance each of your 5 koshas:

1 asana sequence, 1 pranayama set, 1 mantra japa, 1 pratyahara practice and 1 meditation

Hence you will experiment and explore the effects of each practice. This will give you tools to bring back to your everyday life, that help to maintain harmony and balance in your being. Expect to feel a deep sense of grounding, balance, and inner peace. A beautiful session, open to all levels Can be done independently from the workshop "Explore your Koshas."

Contact: taichi@auroville.org.in / 0413 2623187



Program for September 2023

CLASSES - REGISTRATION REQUIRED

Iyengar Yoga with Tatiana and Chloé

All Iyengar Yoga classes are designed for healthy adults. If you have any physical problem, please talk to the teacher before the class to find out if this class is for you. We do not offer any medical yoga classes and our classes are not for people who need a therapeutic approach.

Mondays 5pm – 6.30pm with Tatiana | Level 1

A general asana practice class. Each session includes the practice of Salamba Sarvangasana (shoulderstand) or preparatory stages. Regular attendance is expected.

Tuesdays 9am -10.30am with Chloé | Yoga for the Spine | All levels

During the schools' term-break, the class will be on break. Resumes: **10th October**

Wednesdays 5pm – 6.30pm with Tatiana | Level 2-3

For seasoned practitioners. Classes include both asanas and pranayama. Inverted poses like Salamba Sarvangasana, Salamba Sirshasana are practiced regularly.

Saturdays 9am - 10.30am with Tatiana | Restorative Yoga | Level 2-3

Each session includes time for deep work in inversions, backbends and forward bends with support and deep relaxation on a physical and mental level. Practitioners are expected to independently choose alternative postures according to their ability and are prepared for prolonged use of inverted postures.

Saturdays 11am - 12.30pm with Tatiana | Mixed Level

An active practice class for lyengar Yoga practitioners of all levels. Suitable for beginners.

Art Therapy with Gala

Thursdays, 3 – 5pm for adults Fridays, 3 – 5pm for families

YOUTH ACTIVITIES

During the schools' term-break, the classes will be on break.

Asanas for Teenagers with Lisbeth Mondays, Wednesdays | 4pm – 5pm

Resumes: 9/10

Yoga for children, 5 – 8 yrs., with Gala

Saturdays | 9am - 10am

Resumes: 14/10

Yoga for children, 7 – 9 yrs., with Gala

Saturdays | 10am - 11am

Resumés: 14/10

Energy games for children, 9 yrs. +, with Gala

Saturdays | 11am – 12pm

Resumes: 14/10

DROP-IN CLASSES

Join without prior registration!

Mondays

7.30am - 9am | Asanas with Rachel | All levels

8.30am – 10am | **Yoga Therapy** with Gala | All levels (*Not on 25/9, 2/10*)

Tuesdays

4.45pm – 5.30pm | **Odissi Dance** with Rekha | Beginners (*Not on 26/09, 3/10*)

Wednesdays

7.30am - 9am | Asanas with Rachel | All levels

8.30am – 10am | **Yoga Therapy** with Gala | All levels *(Not on 27/09, 4/10)*

Thursdays

4.30 – 5.30pm | **Aviva** Exercise with Suriya | For women

Fridays

6.45am – 8am | **Pranayama** with François & Namrita | For former "The Art of Living" course participants

7.30am - 9am | Asanas with Rachel | All levels

9am – 10am | Rosa's ATB special for seniors | (Not on 29/09, 6/10)

8.30am – 10am | **Yoga Therapy** with Gala | All levels (*Not on 29/09, 6/10*)

3.45pm – 4.30pm | **Odissi Dance** with Rekha | Beginners (Not on 29/09)

 $4.30 pm - 5.30 pm \mid$ **Reading of the Life Divine** with Balvinder | All are welcome to join.

5.15pm - 6.15pm | Feldenkrais class with Shari | All levels

Saturdays

11.00am – 12.30pm | **Iyengar Yoga** with Tatiana| Mixed Level, open to beginners

HEALING SPACE - BY APPOINTMENT

- Acupuncture by Heidi
- · Cranio Sacral Therapy by Anne H.
- Shiatsu by Ulrike
- Thai Yoga Massage by Juan

If you wish to receive our program of activities by email, please write to us: info@pitanga.in

See you at Pitanga, with a smile!

Pitanga Cultural Centre 2622403 / WA 9443902403 info@pitanga.in

CAPOEIRA- MARTIAL ART AND MUSIC WITH GINGA SAROBA

Afro-Brazilian martial art that combines elements of dance, acrobatics, music and movements. More than 500 years old, Capoeira is a constantly evolving art form, come connect and express yourself. Join us for

Adult Classes :

Monday & Thursday - 6:00 PM Deepanam School

Contact: 7598446327 Kiran for Ginga Saroba



OUIET HEALING CENTER



Quiet Healing Center, Auroville 605 104, Tamil Nadu, India www.quiethealingcenter.info / quiet@auroville.org.in

Mobile & WhatsApp: +91 9488084966

Watsu® Basic with Petra 26 - 27 September (8:45 - 6:30pm: 16 hours)

A 2-day course on the surface only. Watsu Basic introduces the qualities and body mechanics required to work with someone in water in order to create a profound state of both physical and mental relaxation.

In this course, you will practice basic techniques and qualities (grounding, presence, stillness, movement, attention) of being and moving another body in water. You will experience floating other people and being floated on the surface, thereby creating space for deep relaxation and nurturing body, mind and spirit.

Prerequisites: no previous experience required.

Watsu® 1 (Transition Flow) with Petra 29 September - 3 October (8:45 - 6:30pm: 34 hours)

A 5-day course on the surface only. Watsu 1 (Transition Flow) teaches to connect the basic movements and positions you have learned in Watsu Basic with long, gracefully flowing transitions and to adapt this work to people of different sizes, shapes, and dispositions. You will also learn about your own body mechanics and how to support and move each person as effortlessly as possible.

On land, you will be introduced to both Co-Centering and Tantsu, and explore what being held means to you and others.

Prerequisites: Watsu Basic

NON VIOLENT COMMUNICATION WORKSHOP

SEPTEMBER 30TH & OCTOBER 1ST

We are happy to inform you that YouthLink is offering you a 2 days Nonviolent Communication workshop happening at Tibetan Pavillion!



Taking place on Saturday the 30th September and Sunday 1st October 2023 facilitated by Stefan (CNVC-certified trainer)

The basics of Nonviolent Communication involve expressing ourselves with clarity, compassion, self-responsibility, empathy and the common good in mind, which is the exact opposite of what violent communication is.

Join the workshop to discover the tool to enable you to express your needs and feelings in a conscious way, for the person in front and for yourself!

This workshop starts from 9am to 12pm, Lunch Break (12pm to 2pm) and afternoon session from 2pm to 4:30 pm.

To register email us at youthlink@auroville.org.in or come to our office in Town hall between 9.30am to 12pm and 2pm to 4pm to sign up.

SERENDIPITY ACTIVITIES & THERAPIES

(Ex. Joy Community in front of Center GH)

Center Field, Auroville - 605101, TN, India Mobile/Whatsapp: +91 9385623342

Email: serendipityauroville@gmail.com

https://serendipity.auroville.org

https://www.facebook.com/serendipityauroville



EXPRESSIVE ARTS WORKSHOP

Explore through arts, creativity and imagination







02 Shaping COURAGE



03 Sensing PEACE

16, 23 & 30 SEPTEMBER SATURDAYS

9:30 - 11:30 AM

Open to anyone interested in exploring with different art modalities. No prior art experience required. All materials will be provided.



At Serendipity Guesthouse (Next to Center Guesthouse)



with Jass





Mindfulness is the art of opening up to the present moment, embracing all that is alive within us and around us. It enables us to enjoy life deeply and cope with life's challenges in a skillful way. We will practice different mindfulness exercises together (mindful sitting, walking, sharing...).

This is a drop-in group session.



for more information call: +91 73394 59425 On Donation basis

At Serendipity Guest House, next to Center guest house



VIPASSANA

Every Sunday at Udavi school



All old students of Vipassana meditation as taught by S.N. Goenka (www.dhamma.org) having attended at least one 10 day course are welcome to attend a half-day Vipassana course at Udavi School in Auroville.

Date: Every Sunday

Timings: 8:30 AM - 12:30 PM but you can also drop in and join as long as you wish.

Venue: Udavi School (building on the left when you are at the front entrance), near Tank in Edayanchavadi (Auroville).

No registration is required.

Contact: Sanjay Tumati, +91 8790982210 (available on WhatsApp) sanjay@auraauro.com



ACTIVITIES

ACTIVITIES BY LAKSHMI

Sound Chakras Healing

Guided vibrational sound journey using **Chakra mantras**, **Tibetan Bowls and Tuning forks** to help reduce stress, anxiety, depression, insomnia, stimulating the natural cellular healing process, rebalancing the emotions & reconnecting with your true essence.

- Individual session,
- · Couple session,
- Group sessions (max 4 people)



Private Transformational Yoga Classes

- · Transformational Yoga
- Pranayama to release Fear, Anger and Anxiety
- Pranayama to achieve Peace, Calm, Quietude and Clarity
- Breathwork

Transformational yoga is inspired by Mother and Sri Aurobindo's Integral Yoga.

It is an innovative and highly effective yogic system, which synthesizes techniques of Hatha, Raja, Mantra, and Kundalini Yoga to bring about rapid transformation within the mind, body and spirit. Powerful, yet gentle, everyone can reap the benefits of this purifying yoga practice.



Please contact for an Appointment:

Lakshmi 8489764602 or lakshmiprem369@gmail.com

Activity offered under Abhaya, an activity of ASSA, under Artisana Trust

CHANTING CLASS - SERENDIPITY



ECO FEMME OPEN HOUSE



Dear friends,

Join our open house at our office in Auroshilpam every Thursday morning at 10:30 AM till 12 AM.

Come and learn about:

- Sustainable menstrual products (cloth pads, cups and period panties),
- · Menstrual cycle awareness and,
- Our not-for-profit work.

You can also pick up discounted cloth pads, cups, period panties and cloth nappies.

See you soon!

The Eco Femme Team

JOIN AUROVILLE BOTANICAL GARDEN'S GUIDED TOURS

Come and discover the beautiful gardens on **Wednesdays** and **Fridays**.

We start at **9:30**.

Please book your walk at avbgtours@gmail.com



ECOLOGICAL HORTICULTURE COURSE

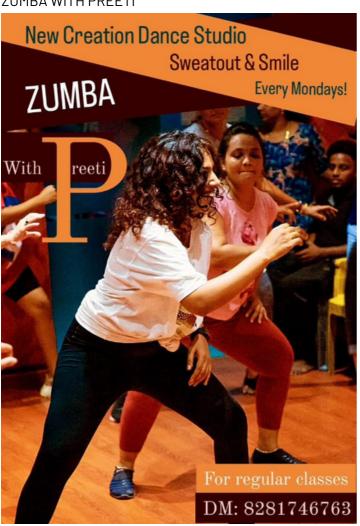
AUROVILLE BOTANICAL GARDENS

ecologicalhorticulturecourse@gmail.com



NEW CREATION DANCE STUDIO

7UMBA WITH PREFTI



RUPHAVATI JOY ACTIVITIES

BIO-REGION TEMPLE TOUR

Interested in learning more about the religious heritage in and around the bio-region?

Come take a guided tour of temples around the bio-region.

Starting point from Solar Kitchen.

Can be scheduled anytime throughout the week.

Please contact in advance for more information and booking: 8098845200

SOUTH-INDIAN CUISINE - COOKING CLASS

Learn to cook some delicious delicacies of south India with Rupavathi.

Monday to Saturday between 10AM and 5PM at creativity.

Please book sessions in advance.



THAI MASSAGE

Monday - Saturday between 9AM and 5PM

To book massage sessions or for more information, please contact personally.

TAILORING

We can tailor and customise any kinds of dresses, sari-blouses and kurtas.

For any of the above services, contact information below: Phone/WhatsApp - 8098845200 Email - rupavathijoy@gmail.com

AUROVILLE: ONE DAY & HALF DAY TOURS

Explore Auroville like never before. We will explore community life from different angles and multiple viewpoints.



We will embark on a journey to see how a community runs, in general and what makes Auroville, a spiritual community or a living Utopia and its aim to constant progress and growth. Come and spend a day with us.

Pre - Registration is required.

Contact us to know more details:

youthlink@auroville.org.in or WA: +91 85248 25120

Here is the link for the itinerary, fee and other important details:

https://drive.google.com/drive/folders/1tGQN BGltSxZKGulnpwhQTPNaUlAJomDU? usp=drive_link or

please scan this code to know more:



FOODS, GOODS & SERVICES

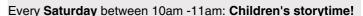
AUROVILLE LIBRARY TIMINGS

Auroville Library opening timings:

Mon - Sat: 9am - 12.30pm

Mon, Wed, Thurs, Fri & Sat: 2pm - 4.30pm

Tues: 4pm - 6.30pm



OFFERING IT SERVICES

I am Ramakrishnan Aurovillian experienced in the fibre internet field (Ftth) for 8+ years and gained more knowledge in creatingon new fibre internet infrastructure and IT troubleshooting work for our Auroville community Since 2015

And I am happy to provide the below services to our Auroville community

- · Internet speed; Boosting up for dual bands 2.4 GHz or 5 GHz
- · Wired/wireless; Fibre ONT modems, Routers, Switches installation/repairing work
- · Fibre optic cable; Joining, power loss troubleshooting, laying/pulling work inside and outside your house
- CCTV; Configuration/Installation/repairing work inside and outside your house
- Smart-TV/laptops/printers; Configuration/Installation/repairing
- Other network communications devices; Configuration/Installation/repairing

For any internet-related issues/complaints,

Please feel free to contact me: Ramakrishnan, 9943919899, rkrish651@gmail.com

REPAIR OF AIR CONDITIONERS, FRIDGES, WASHING **MACHINES AND APPLIANCES**

Loganathan working at Mahasaraswati Shop (near PTPS, Aspiration area) is a long term Aurovilian that has gained a lot of knowhow through looking after and repairing all kinds of machines. He happily repairs your machines and appliances.

You may contact him via phone / SMS or whatsapp +91 94434 93025



GOYO - KOREAN SILENT RESTAURANT

TUESDAY & FRIDAY - 12:30PM

goyo@auroville.org.in / +91 94896993809



HEMPLANET

Discover the Magic of Hemp at Hemplanet!

Dive into a world of nourishing hemp delights at our Hemp Store. From the heartiness of hemp hearts, the richness of hemp seed oil, to the rejuvenating touch of hemp body care, we've got it all. Whether you're a hemp enthusiast or just curious, come chat with us and explore the wonders of hemp!

Hemp Body Care Treasures:

Hemp Soaps

· Hemp Shampoos · Hemp Balms

· Hemp Body Butter

· Hemp Seed Oil

Hemp Food Selection:

- · Hemp Hearts
- · Hemp Seed Oil
- · Hemp Protein Powder
- Hemp Granola Bars
- Hemp Pasta & more!
- · Hemp Seasonings

Visit Us: Mon-Sat, 10am - 4:20pm

Location: Reve Area, 1st Floor, Building 1, Auroville Step into the Hemp Haven and embrace nature's gift!



JOIN DROPZY

Products and services from in and around Auroville.

Dropzy is a mobile app platform for Products and Services from in and around Auroville helping to deliver it at your convenience



Developed by

Dropzy is a mobile app platform for ordering from a wide range of in and around Auroville eateries, grocers, bakers, farms, etc and has partnered with ITS (Integrated Transport Service) whose delivery personnel will pick up the orders from the outlets/stores and deliver them to the customers at their convenience.

Dropzy works by providing a complete ordering and delivery solution that connects the existing neighborhood outlets/stores with the comfort and convenience of ordering from home.

Find new customers, build your business and grow your sales. Increase your order volume, drive more revenue and improve profitability with help from Dropzy.

Register your Unit/Activity

Click on this link: www.dropzy.in/join-dropzy

Know more about Dropzy on www.dropzy.in

Regards, Sathish Arumugam for Dropzy

RAPID CARE SERVICES RCS

Rapid Care Services has been serving the community at its best capacity.

Over the period of 6 months, we have made a lot of improvements with our services and technicians in order to cope with quality, beauty and time, which are RAPID CARE SERVICES the 3 mandatory factors that we work on.



Rapid Care Service, as an Auroville activity, is dependent only on Aurovilians and Auroville, while we also do not take advantage of our own community in terms of rate and quality. We make sure the work is completed on an economical budget

without compromising quality.

Please use Rapid Care Services to keep Auroville's economy healthy, and rotational to benefit Auroville as a whole.

<u>List of services provided by Rapid Care Services:</u>

- Aluminum channel work
- Welding
- Carpentry
- Masonry renovations and remodulation
- Plumbing
- Painting
- Insect Treatment
- Fencing
- Electrical
- Washing machine repair & installation,
- A/c repair and installation,
- Inverter repair and installation,
- Dth repair and installation and
- Furniture purchase assistance

Kindly contact us and hire our services at the below mentioned contact details.

Balaji - 8270071581; Arun - 7639810621 rcsrapidcareservices@gmail.com rapidcare@auroville.org.in

SOLITUDE FARM - 2023 Farm



Solitude has a small farm shop which is stocked daily with fresh seasonal produce.

There are also some ayurvedic powders such as giloy or guava leaf and also chilli powder, turmeric, pickles and dried flowers. Solitude also runs a C.S.A. fruits and vegetables basket service where people sign up in advance for a basket of seasonal produce.

- Papayas
- · wild salad greens
- · Assamese giant lemons
- sundakkai
- Pineapple
- banana stem
- Plantain
- banana flower
- Bananas
- · Wild spinach

Cafe

The cafe runs from Monday to Saturday serving a local food vegan thali.

We also serve farm salads, smoothies, desserts, vegan coffee etc.

The cafe runs a lunch scheme.

Education

Solitude farm runs mini permaculture workshops during the week (Wednesdays and Fridays) and longer weekend workshops on a monthly basis. Pricing is flexible for Aurovillians.

Tour

Every Saturday we offer a free tour of the farm sharing the narrative and philosophy in practice of how a food forest can emerge through natural farming and permaculture.

Volunteers

Solitude Farm is happy to welcome volunteers.

Timings 8:00 am -12:30 pm

We offer breakfast, tea and lunch.

Opportunities

Solitude Farm Cafe is looking for a serious person to manage the POS and accounts, stock, excels etc for the cafe and farm. Replying to emails and calls.

Solitude Farm is looking for people to help with the educational workshops.

To find out more:

email: solitudepermaculture@gmail.com

whatsapp: 9843319260

Solitude farm & café Auroville

Solitude Farm

AIRCON CLEAN OFFERS COMPREHENSIVE AIR CONDITIONER CLEANING SERVICE KNOWN AS "JET SERVICE".



The Jet Service includes not only the filter cleaning but also indoor cooling coils, blades, and blower wheels, indoor cooler drain tray cleaning and outdoor unit with AC jet pump.

After a cleaning service your air is fresh and healthy, reducing sickness and helping you live a healthier life.

Save up to 30% power usage with a regular cleaning service.

Contact **AIRCON CLEAN** now at 9786809518 or email us at <u>airconclean.av@gmail.com</u>

Regards, Julien.

SURABHI SUPPLIES

Dear Auroville Community,

Surabhi Supplies is dedicated to aiding individual community members, units, and projects in **acquiring a wide range of materials and equipment**, including but not limited to construction supplies, appliances, machinery, and more.

Our service offers several advantages to the community, such as **reduced prices** achieved through **bulk purchases** and **volume-based discounts**. We have established strong partnerships with various manufacturers and dealers who share our commitment to advancing Auroville's development.

Our primary goal is to streamline the procurement process for everyone, thus saving valuable time, energy, and costs while providing a high level of service to the community.

If you have any inquiries, please don't hesitate to reach out to us at:

Email: surabhisupplies@auroville.org.in
Phone: +91 98438 46458 (WhatsApp/Call)

Sincerely, Surabhi Supplies

MARC'S CAFÉ CLOSED

25 - 27 SEPTEMBER

Dear Community,



Marc's Café will be closed from 25th September to 27th September as we will be participating in "World Coffee Conference" and our team is participating in National Barista Championship going to be held at Bengaluru Palace, Bangalore.

if you have any requirement of coffee beans within this period of time, we would like to request you to kindly order and get it by Sunday 24th September.

Thank you Coffee Ideas Team!

LOOKING FOR

INFORMATION REGARDING GEORGES CHARPAK'S VISIT TO AUROVILLE

As some may know, I am writing Goupi's life story and I am desperately seeking information regarding **Georges Charpak**'s visit to Auroville about which he told me.

Goupi had the incredible chance to meet this great French physicist (1924-2010), Nobel Prize winner in physics (1992), but he no longer remembers the year of this visit.

I have searched without success at the French Pavilion, the Auroville archives, the Ashram and even the Alliance Française de Pondicherry, asked a few of you but perhaps I missed the right person, the one who would remember.

If so, if anyone remembers this visit, then please contact me on $88265\ 84796$ or Whatsapp $+34\ 685\ 59\ 51\ 33$

Thanks a lot. Christine

LOOKING FOR HOUSE SITTING



Dear Auroville family,

I'm Chloé ex aurovilian, who was working at AV radio. I'm now back with my 4 years old daughter as a volunteer for 9 month. We are housesitting until the end of October and are looking for another place to stay, if possible until the end of our stay (beginning of April), at least a few months. We'll be glad to take care of your house, plants, pets. Contact me at 9042059543 or radiochloe@gmail.com, thank you!

Peace and Light Chloé

N&N 993 - 21 September 2023

HELP NEEDED

BATTERIES FOR SOLAR SYSTEM NEEDED

Dear fellow Aurovilians,

After 9 years of faithful service, the batteries from our solar system are at their end.

We consider ourselves lucky that they have lasted this long! A new battery set has been ordered via Sunlit Future with a price tag of rs 2.12 lakhs.

We already have 1.35 lakhs, with donations from the Solar Fund, our own funds and the estimated resale value from the old batteries.

We are grateful for any donations that the community could support us with, to cover the remaining amount of rs 77000. We have opened an account at the Financial Service, **252625 Stefan and Ancolie Solar Batteries** for the donations.

Thank you all very much in advance for helping us out.

Much love and gratitude,

Stefan and Ancolie.

Evergreen.

FOOD FOR THOUGHT

LIFE IN COMMUNITY THE YOUTH CENTER AUROVILLE OFFICIAL DOCUMENTARY FILM





https://youtu.be/HkZDSqyE1do

AUROFILM

Presents at MULTI MEDIA CENTRE AUDITORIUM (MMC,

Reminder: FRIDAY 22nd "ADIEU PHILIPPINE" by Jacques Rozier, France, 1961

And

FRIDAY 29 SEPTEMBER, 8:00 pm

"TULPAN" - original title Tyulpan (Russian: Тюльпан)

Directed by Sergey Dvortsevoy, Kazakhstan, 2008

With: Askhat Kuchinchirekov, Tolepbergen Baisakalov, Samal Yeslyamova

Overview: "Tulpan" is the first feature film of Kazakhstan director Sergey Dvortsevoy's, which won the top prize in the Un Certain Regard sidebar at the Festival de Cannes, won many awards, among which the Golden Peackock at IFFI Goa in 2008

Synopsis: Asa, recently released from military service, travels to the Kazakh steppes. He moves in with his sister, her husband and their children in a small village in the dry plains. Even anticipating that the life will be harsh in the barren landscape and the basics of the yourt, Asa dreams of becoming a shepherd. But first he needs to find a wife. The only woman available is Tulpan, who is initially turned off by the awkward Asa. Their relationship will determine the rest of Asa's life... Polished, funny and utterly charming!

Pr. Sivakumar M. will introduce the film.

Original Kazakh & Russian version with English Subtitles. Duration 1h.40'



ACCESSIBLE AUROVILLE PUBLIC BUS

avbus@auroville.org.in / +91 94430 74825

Auroville TO PONDICHERRY						
	Trip 1	Trip 2	Trip 3			
Svaram Musical Center	7:00	8:50	14:50			
Vérité Guest House - Junction	7:02	8:52	14:52			
Town Hall - Main Parking	7:06	8:56	14:56			
Solar Kitchen (Ex Round About)	7:10	9:00	15:00			
Certitude Entrance	7:12	9:02	15:02			
New Creation Road	7:17	9:07	15:07			
SBI Bank—Kuilapalayam	7:19	9:09	15:09			
ECR Junction—Aroma Guest House	7:23	9:14	15:14			
Quiet Healing Center—Junction	7:26	9:17	15:17			
Lotus Hotel—S.V Patel Salai	7:36	9:30	15:30			
Ashram Road Junction	7:38	9:33	15:33			
Ashram Dining Hall	7:40	9:35	15:35			
Pondicherry TO AUROVILLE						
	Trip 1	Trip 2	Trip 3			
Ashram Dining Hall	8:00	12:15	18:10			
Ashram Road Junction	8:02	12:17	18:12			
Lotus Hotel—S.V Patel Salai	8:07	12:22	18:17			
Quiet Healing Center—Junction	8:17	12:32	18:27			
ECR Junction—Aroma Guest House	8:20	12:35	18:30			
SBI Bank—Kuilapalayam	8:25	12:40	18:35			
New Creation Road	8:27	12:42	18:37			
Certitude	8:32	12:47	18:42			
			40.44			
Solar Kitchen (Ex Round About)	8:34	12:50	18:44			
Solar Kitchen (Ex Round About) Town Hall - Main Parking	8:34 8:38	12:50 12:54	18:44			
` '						
Town Hall - Main Parking	8:38	12:54	18:48			

- Monthly Rs. 800: Aurovilians & Newcomers. No validity
- Student Pass Rs. 1200 per month/ 24 days round trip
- Rs. 150 Round trip for Aurovilians & Newcomers
- Rs. 200 Round trip for guests

Bus passes are available at Auroville Vehicle Service, Town Hall, Auroville, 0413 2623302



EMERGENCY NUMBERS



Ambulance (24/7):					
Auroville	PIMS				
9442224680	0413 2656271				
Security (24/7)	:				
AV Safety &	Auroville	Kottakuppam	Vanur Fire		
Security Team	Police Station	Police Station	Station		
9443090107	0413 2677318	0413 2236148	0413 2677368		
Health:					
Health Center	Santé	Farewell			
0413 2622123	0413 2622803	8903836246			
Mental health 24/7 support:					
Vandrevala Foundation +91 9999666555					



Cinema Paradiso

Multimedia Center (MMC) Auditorium
Film program 25 September 2023 to 01 October 2023

Cinema Paradiso-Multimedia Center is now in operation at 100% seating capacity. However, if you want to wear a mask it is your choice.

To organize the seminar/program please email us. Our projector is crawling towards the end of its life. It has served well, but it is time for us to look for a new one. For this or to support our work you could financially support us. Please find necessary details at the end of this note.

Indian and diaspora – Monday 25 September, 8:00 pm:

CHANDRAMUKHI

India, 2022, Dir. Prasad Oak w/ Amruta Khanvilkar, Prajakta Mali, Addinath Kothare, Drama-Romance, 164mins, Marathi w/ English subtitles. Rated: NR (PG-13)

Daulatro Deshmane is sure to be the next industrial minister. Before receiving his new portfolio, he goes for a pilgrimage with his wife Dolly and father-in-law. While there was a news flash all over the media about his extra-marital affair with Chandramukhi, a Lavani dancer. Turns out his brother-in-law, Nana, who wants to end his political career — introduces him to Chandramukhi a few months before when he takes Daulatro to a brothel. Taken by her, Daulatro continues to meet him — until Dolly gets suspicious and confronts Daulatro and asks him to end it. Turned out, it was Nana and his wife who find out about his affair and expose him to stop him becoming the next minister. Dolly asks Chandramukhi to go out of his life, but this most practical solution is difficult for Daulatrao to accept.

Potpourri - Tuesday 26 September, 8:00 pm:

• THE TRAGEDY OF MACBETH

USA, 2021, Dir. Joel Coen w/ Denzel Washington, Frances McDormand, Alex Hassell and others, Drama-Mystery-Triller, English-Persian w/English subtitles, 105 mins, Rated: R

A Scottish lord becomes convinced by a trio of witches that he will become the next King of Scotland, and his ambitious wife supports him in his plans of seizing power.

Interesting - Wednesday 27 September, 8:00 pm:

AUDOBON

USA, 2017, Writer Dir. Al Reinert w/ Sam Elliott, and others, Documentary, 90mins, English, Rated: NR (G)

Naturalist and 19th century painter, John James Audubon was one of the most remarkable men of early America. A contemporary of Lewis & Clark and Davey Crockett, he explored the American frontier in search of ""the feathered tribes"" he loved and studied. A self-taught artist and ornithologist, he left a legacy of art and science that made him famous in his lifetime and endures to this day. His portrait hangs in the White House, his statue stands over the entrance to the American Museum of Natural History, and his name was adopted by the nation's first conservation organization. The program, filmed in locations where Audubon painted, brings to life his timeless paintings with dazzling footage of the living birds he immortalized - and celebrates visually the natural world he described in his writings. Interviews reveal the man, explore his art, and put his groundbreaking work in modern perspective.

Selection – Thursday 28 September, 8:00 pm:

VERDENS VERSTE MENNESKE (The worst person in the world

Norway, 2021, Dir. Joachin Trier w/ Renate Reinsve, Anders Danielsen Lie, Herbert Nordrum and others, Comedy-Drama-Romance, 128 mins, Norwegian w/ English subtitles, Rated: R

A modern dramedy about the quest for love and meaning in contemporary Oslo. It chronicles four years in the life of Julie, a young woman who navigates the troubled waters of her love life and struggles to find her career path, leading her to take a realistic look at who she really is.

International - Saturday 30 September, 8:00 pm:

NADIE SABE QUE ESTOY AQUÍ (Nobody knows l'm here)

Chile, 2020, Writer-Dir. Gaspar Antillo w/ Jorge Garcia, Lukas Vergara, Millaray Lobos, and otehrs, Drama-Music, 91mins, Spanish-English, Rated: NR (R)

Memo lives on a remote Chilean sheep farm, hiding a beautiful singing voice from the outside world. A recluse with a glittery flair, he can't stop dwelling on the past, but what will happen once someone finally listens?

Children's Matinee - Sunday 1 October, 4:30 pm:

MOANA

USA, 2016, Dir . Ron Clements, John Musker , Don Hall w/ voices Auli'l Carvalho, Dwayne Johnson, Rachel House and others, Animations-Adventure, 107 mins, English-French, Rated: PG

In Ancient Polynesia, when a terrible curse incurred by the Demigod Maui reaches Moana's island, she answers the Ocean's call to seek out the Demigod to set things right.

CLASSIC FILM FESTIVAL@ Ciné-Club:

Ciné-Club Sunday 1 October, 8:00 pm:

• WHAT'S EATING GILBERT GRAPE

USA, 1993, Dir. Lasse Hallström, w/ Johnny Depp, Leonardo DiCaprio, Juliette Lewis and others, Drama, 118 mins, English w/ English subtitles, Rated: PG-13.

A remarkable film that once viewed, will leave an indelible impression on your heart, your mind, your spirit. Set in a run down, going nowhere town, amidst a population of largely rundown, going nowhere people, Gilbert Grape takes us on a journey through the everyday life of one family in which each member is struggling to find his identity.

Rating codes we often use are from Motion Picture Association of America (MPAA): G=General Audiences, PG=Parental guidance suggested, PG-13=Parents strongly cautioned, R=Restricted (equivalent to Indian rating: A i.e. for Adults), NR=Film Not rated, Rating awaited, or Rating not available.

For scheduling programs at MMC/CP venue: please email us at mmcauditorium@auroville.org.in. We appreciate your continued support. Pl donate to "Cinema Paradiso" (account #105106) or set up for a monthly contribution.

Thanking You, MMC/CP Group Account# 105106, mmcauditorium@auroville.org.in