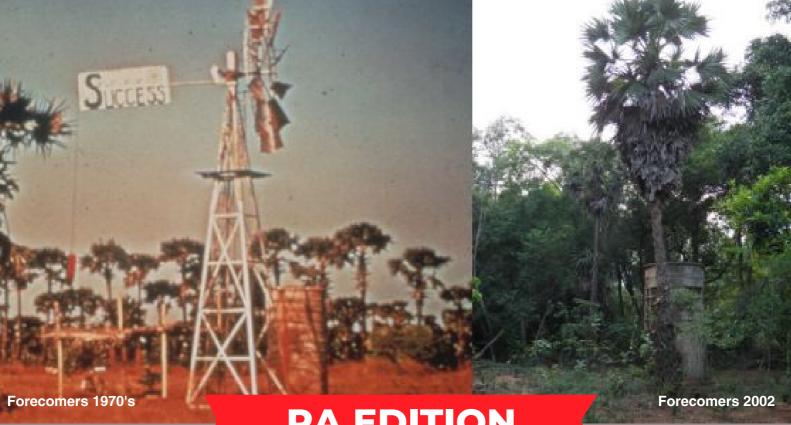
auroville NEWS & NOTES

No 992 - A weekly bulletin for residents of Auroville

14 September 2023



RA EDITION



PONDERING

One needs to have a calm heart, a settled will, entire self-abnegation and the eyes constantly fixed on the beyond to live undiscouraged in times like these which are truly a period of universal decomposition. For myself, I follow the Voice and look neither to right nor to left of me. The result is not mine and hardly at all now even the labour. 6-5-1915

> Sri Aurobindo - On Himself https://motherandsriaurobindo.in/Sri-Aurobindo/books/sabcl/on-himself/

HOUSE OF MOTHER'S AGENDA

(continued from last week)

Any Westerner journeying there with the idea of finding peace or learning "yoga" was certainly disappointed. First of all, no one would try to teach him anything (rather, "unlearning" was what was required); there were no classes and no "teaching," except for Sri Aurobindo's written works and the Mother's Questions and Answers, which were at everyone's disposal (as well as all other teachings, in fact, both traditional and nontraditional). There were no rules, either. A disciple had to discover everything for himself, within himself, in the midst of a very active life. He was left to himself. How could mental rules possibly be drawn up for a work embracing all the levels of evolution - mental, vital, and psychic, all the human types and all the traditions and cultures (some disciples had been raised as Christians, others as Taoists, Moslems, Buddhists, atheists, etc.)? Each one had to find his own truth, which is never the same as the next man's truth. Some people in the Ashram believed in the virtues of asceticism - in spite of all Sri Aurobindo had said about it - and they lived as ascetics; others favored judo or football; others liked books and studies, while still others did not; some were involved in business, or manufactured stainless steel, perfumes, and even tons of sugar in a modern sugar mill. There was something to satisfy every taste. Those who liked painting painted; those who liked music had every possible instrument, Indian and Western, at their disposal; those who liked teaching became teachers at the International Centre of Education, which covered the whole academic spectrum, from kindergarten to the college level. There were also a printing press; scientific laboratories; gardens; rice fields; workshops for cars, tractors and trucks; an X-ray department and an operating room. Every conceivable human activity was represented. The Ashram was a microcosm. One could be a baker, too, or wash dishes, or try one's hand at carpentry, if one believed in the virtues of simple work. But there was no hierarchy among these activities; none was remunerated, nor was any considered superior to any other. All the practical necessities of life were provided for by the Mother - to each person according to his or her needs. The only essential task was to discover the truth of one's being, for which the external work was merely a pretext or a means. It was remarkable, in fact, to observe people changing activities as their consciousness awakened; soon, all the values attached to the former profession would fall away, and because money no longer had any meaning, one who considered himself a doctor, say, found that he was really more comfortable as an artisan, while a man with no particular education might discover that he had a talent for poetry or painting, or might become engrossed in the study of Sanskrit or Ayurvedic medicine. There was a complete recasting of all external values according to the one inner criterion. When a disciple once asked the Mother about the best way of collaborating in the supramental transformation, he was given this answer: It is always the same thing: by realizing one's own being, in whatever form, by whatever means - it doesn't matter - but that is the only way. Each person carries a truth within himself: he must become one with that truth. live that truth. When he does that, the path he follows to unite with and realize that truth is also the path that brings him closest to the Transformation. In other words, the two - personal realization and transformation - are inseparably connected. Perhaps this multiplicity of approaches will even yield the Secret and open the door, who knows?



There was no communal life either, only the inner connection. Some disciples kept the habit, from the days when the Mother used to talk to the Ashram children, of assembling twice a week for a collective meditation. But it was especially for sports that the disciples would get together. (There was a common dining room, too, although many chose to eat at home with their families, or alone.) There were all kinds of sports, from the traditional hatha yoga to tennis to boxing, and almost every disciple devoted an hour or two each day to sports. Although the sea was nearby, there was also an Olympic-sized swimming pool, as well as basketball and volleyball courts, running tracks, a gymnasium, a boxing ring, a dojo for judo, etc. Every possible sport was practiced there, with participants from the ages of five to eighty. There was also a theater and a cinema. Yet sports were not an article of faith; nothing was an article of faith, except, of course, for the faith in man's divine possibilities and in a truer life upon the earth. All of you here, my children, live in exceptional freedom, the Mother would say to the youngest... No social constraints, no moral constraints, no intellectual constraints, no rules; nothing but a Light which is here. But it was a very demanding Light, and this was where the terrestrial work began.

How can anything be "terrestrial" with 1,200 disciples, or even a hundred thousand? The Ashram was actually only a concentrated point for the work. The real Ashram is in fact *everywhere* in the world, wherever human beings yearn for a truer life, whether they know of Sri Aurobindo or not, because their inner orientation and their inner need automatically place them in the same evolutionary crucible. Transformation is not one individual's prerogative; on the contrary, it requires many individuals, as diverse as possible. The Ashram was only a *symbolic* point of the work, as a laboratory is the symbolic testing-ground for a vaccine that will benefit millions of people.

(to be continued next week)

— Satprem, The Adventure of Consciousness, Chapter 17, The Transformation <u>https://sri-</u> aurobindo.co.in/workings/satprem/adventure_of_consciousness_e.htm#066 With love and gratitude,

Gangalakshmi (HOMA)



DEADLINE FOR SUBMISSIONS: TUESDAY 5PM

The content of News & Notes is a reflection of the growth process of this community towards its ideals of Harmony, Goodwill, and Truth. Editing of submissions, mainly for reasons of space and clarity, is done according to an established policy.

How to submit material:

- Max size of the published poster is 9cm x 9cm independently of the size you sent. The bigger posters will be reduced.
- Please AVOID CAPS letters
- Material (no pdf files, please) may be sent in English only to newsandnotes@auroville.services
- Articles for the Notes section should ideally be no longer than 500 words.
- · Please do not send submissions and inquiries as a "Reply" to the digital subscription mail. There is no guarantee that anyone will see communications sent this way.
- · Please try your best to send your announcements, reports, film schedules whenever they are ready. Any modifications of submitted News items must be sent to the editors before Tuesday 5pm.

DISCLAIMER:

Please note that the opinions and views expressed on these pages are solely those of the respective authors or work groups and do not necessarily reflect the position of the editors or the larger Auroville community. The News & Notes aims to provide a platform for the publication of diverse perspectives and voices from multiple sources within Auroville.

While our editors strive to ensure the accuracy of the information presented, we cannot guarantee that all information is free from error or omission. Additionally, we cannot be held liable for any alleged misinformation provided or offence caused by the content published. In the event of any dispute, we encourage readers to consult with the Auroville Council, and we reserve the right to suspend the publication of disputed material. Our commitment to providing an open and inclusive platform for dialogue and exchange of ideas remains steadfast.

The News and Notes team newsandnotes@auroville.services

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LIST OF ACRONYMS:

AVF (Auroville Foundation), AVFO/FO (Auroville Foundation Office), GB (Governing Board), RA (Residents Assembly)

The following groups are divided in two categories: The groups selected by the Residents Assembly through Community decision making Processes and the groups put together by the GB and the FO (not recognised by the Residents Assembly).

Working groups selected by the Residents Assembly:

Working Committee (WCom) Funds and Assets Management Committee (FAMC) Budget Coordination Committee (BCC) Town Development Council / L'avenir d'Auroville (TDC)

Auroville Council (AVC) Entry Service (ES)

FO selected groups:

Working Committee (WC) Funds and Assets management Committee (FAMC) Budget Coordination Committee (BCC / BCS) Auroville Town Development Council (ATDC)

Housing Service (HS) Land Board (LB)

NOTE FROM THE EDITORS

Dear Community,

if you wish for your events, workshops, and other content to be published in the RA N&N please send it to: <u>newsandnotes@auroville.services</u>.

Reminder:

Please do NOT write to us from an *@auroville.org.in* mail ID, your submissions will not reach us. If you only have an *auroville.org.in* mail ID, please use this <u>FORM</u> to send us your content.

Support the RA N&N:

As the News and Notes budget is still being disbursed only to the FO N&N, printing and distribution costs are currently being covered by private donations. If you wish to contribute to the RA Edition of the N&N, you can do so by donating to: "NEWSLETTER COLLECTION" **FS #252150**.

We look forward to continuing to serve the over **3000 readers** who receive the RA Edition as well as serving the Auroville community as a whole by providing a platform for all perspectives to be shared with respect.

In community,

The RA Community Edition News and Notes Team

WORKING GROUPS NEWS

FROM THE ENTRY SERVICE

ES # 197 DATED: 14-09-2023

The following people have been recommended by the Entry Board to join our community. Please share your feedback within 2 weeks for potential Newcomers, Associates and Friends of Auroville and within 4 weeks for Potential Aurovilians, Returning Aurovilians, Youth and Spouse/Partner of an Aurovilian in writing to <u>auroville.entryboard@gmail.com</u> OR <u>auroville.entryservice@gmail.com</u>. We thank you in advance.

NEWCOMER ANNOUNCED:

 Dmitrii SEMENOV (Russian) staying in Maitreya1 and working at Matrimandir & Aurodent



 Kavithanjali RAMACHANDRAN (Australian) staying in Grace and working at Savitri Bhavan



- Shubhendu DASGUPTA (Indian) staying in Ami and working at CSR (Geomatics project)
- Sujata MOHANTY (Indian) staying in Prarthana and working at Matrimandir



NEWCOMER CONFIRMED:

- Kalaiselvan ELUMALAI (Indian)
- Radhika SEILER RAMADAS (Swiss)
- Savithri CHANDRAGASAN (Indian)
- Vengadesan NARAYANSAMY (Indian)

AUROVILIAN CONFIRMED:

Chitra SADAYANDY (Indian)

NOTE:

- The Newcomer probation year becomes effective only after the NC kit has been returned and should not exceed 18 months from the date of confirmation.
- A Newcomer becomes an Aurovilian once his/her name has been confirmed by The Admission Committee (aka the Entry Board) after following due process.
- The date of becoming Aurovilian is the date of confirmation. An Aurovilian confirmed by the Entry Board is eligible to participate in all community decision-making processes.
- A confirmed Aurovilian becomes officially a Resident of Auroville once the individual has filled in and signed the B-Form and his/her name has been entered in the Register of Residents (RoR) maintained by the Auroville Foundation Office (AVF).
- A Resident of Auroville is eligible to become an executive of a Unit or Service of Auroville and to get an ID card issued by the Auroville Foundation.
- A meeting with the Secretary of the AVF will be arranged by the Entry Secretariat according to the availability of the Secretary and not at any personal request.

Yours,

The Entry Board (Alain, Grace, Jayanthi, Lakshmanan, Matilde, Sara, Sonja and Swadha)

Entry Service Timings:

Monday, Wednesday, Friday, 9:30am—12:30pm Tuesday & Thursday: Newcomer kits, 2:30—4:30pm

Contact: 0413 262-2707, auroville.entryservice@gmail.com

FROM THE AV COUNCIL

CALL FOR RESOURCE PERSONS

Dear Community,

Auroville Council maintains a list of resource persons who support us with our tasks. It has been more than two years since we last invited new people to step forward.

We are looking for people who have good communication and interpersonal skills while being flexible and easily available.

Please answer our call and share your interest, Contact us at: avcouncil@auroville.services

Best regards, Auroville Council

FROM THE RA TDC



MATRIMANDIR REPORT

Please find <u>here</u> a report on Matrimandir excavation and tree felling.

in Service, L'avenir d'Auroville - TDC Town Development Council Anan, Divya L, Dorle, Island, Natasha S, Tom G

REPORTS ON NGT VIOLATIONS

Dear Community,

below are our 2 latest reports on violations of the NGT judgement. Both reports show blatant disregard for the judgement, which gave the AVFO the exceptional permission to construct the crown only in areas where there are NO TREES, and only after the Joint Committee had given its evaluation and report on how to minimise the environmental impact of the Crown. Therefore all cutting of trees on any stretch of the Crown - other that the Darkali stretch, that is roughly 10% of the entire crown, for which the JC had made its recommendations already - is a violation as till date the JC has not submitted a report for for the remaining 4 Km of the crown. The case of the trees cut recently are particularly sad as some of them were large trees that could have, like many other trees, been easily incorporated into the design of the Crown if there had been a will to be creative, work with the ground realities and care for nature.

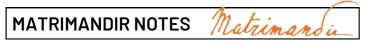
- 2023 09 02 report Tree cutting serious vilolation of NGT judgement.pdf
- 2023 09 04 report Banyan +Palmyra cutting on AV crown.pdf

in Service,

L'avenir d'Auroville - TDC Town Development Council Anan, Divya L, Dorle, Island, Natasha S, Tom G



COMMUNITY NEWS



UPDATE ON THE MATRIMANDIR LAKE

SEPTEMBER 2023

Background

According to the 4 year plan, which has been formulated by the current Matrimandir executives at the request of the RA Selection Committee prior to their being appointed, the Matrimandir Lake is to be completed by February 21st 2028, the Mother's 150 Birth Anniversary.

The concept design of the Lake adopted by the executives is the design of internationally respected lake engineer, Herald Kraft, which was approved by the Chief Architect of Auroville, Roger Anger, who was appointed and inspired by The Mother. According to this concept, the Lake will average 90 meters wide and have a central depth of 10 meters.

The Mother's vision that the Matrimandir will be surrounded by water, to create an isolating zone, is the primary motivation for the Lake project. The Mother also envisaged the Lake as a reservoir and water source for the City and this is an integral element of the current project as is Her vision that Auroville would investigate the use of desalinating ocean water for the City.



Lake Phase 1 (Test Lake)

The construction of the Test Lake was begun in 2019, with the HDPE sealant layer being completed just before the monsoon of 2022. The retaining walls at both ends of the Test Lake have been built using concrete "Lego blocks", manufactured on site.

Simultaneously, the outer perimeter of the Matrimandir Gardens was surrounded with a 7.5-meter-wide rainwater harvesting channel, (also sealed with HDPE liner) designed to catch the runoff from the Matrimandir Gardens area and feed it into the Test Lake.

With the harvested rain water of the 2022 winter monsoon and the summer rains of 2023, the Test Lake now holds 5.27 meters of harvested rainwater. The Test Lake is now as full as it can get as the current height of the lining on the walls is only 5.3 meters. These walls have been raised to about 8.5 meters but still have to be sealed with HDPE liner before October 2023, in order to harvest the rainwater falling on the Park of Unity during in the 2023 winter monsoon. (The walls are temporary, and will be dismantled and shifted as the Lake grows section by section.)

Presently there is too much harvested rain water in the Test Lake. In order for the HDPE liner to be applied up to the 8.5 meter height of the Lego block walls, water will have to be pumped out of the Test Lake and catchment ponds are now being prepared to store this water. Once the walls are fully lined, the water will be pumped back into the Test Lake.

Two other experiments are taking place in connection with the Test Lake. Firstly a giant 1000 cubic meter, HDPE liner cushion has been fabricated and will soon be lowered into the Test Lake and trials to fill it with fresh water will begin. This is a pilot scheme to test the feasibility of storing desalinated drinking water in the Lake while keeping it separate from the harvested rainwater. This cushion is currently lying, deflated, in the Garden of Youth. Experiments at inflating it with air have been carried out and consequently modifications have been made to ensure the cushion cannot over inflate.

Secondly the hill of excavated earth behind the workshops is being used for another experiment. A mini-lake has been dug at its summit and it has been connected to the Test Lake by a large diameter pipeline. A turbine will be fitted inside this pipe. Water from the Test Lake will be pumped using solar power up to the mini-lake during the day and at night the water will be released back down to the Test Lake through the turbine, thus generating electric power. The mini-hill lake acts as environmentally friendly power storage eliminating the need for batteries. This is a prototype experiment, to further the research for a much larger project involving a large hill built from the earth excavated from the Lake and a large hill lake to store power for the City.

In the meantime, the Test Lake is being tested according to the original planning and the lessons learned will be incorporated into the construction of the next phases of the Lake.

Lake Phase 2 execution

Work has now begun to prepare for the excavation of the Lake, phase 2, to the south of the Park of Unity, adjacent to the Test Lake.

The first thing that needed to be done was to prepare a new Viewing Point. Fortunately large amounts of earth from the excavation of the Test Lake had been dumped just beyond the outer shore of the lake in this area giving an elevated and panoramic view of Matrimandir and the Park of Unity.

As the new Viewing Point is not the final Viewing Point envisaged in the Master Plan, it was decided to keep the cost of the work to the minimum and reuse as many plants and materials, from both the old Viewing Point, the Rock Garden and elsewhere on site, as was possible in its creation. In a few short months, much helped by the mild and rainy summer, hundreds of trees and shrubs have been successfully transplanted on to the new Viewing Point and a beautifully landscaped area has been prepared where visitors can find both a wonderful view as well as shaded places to sit after their long walk from the Visitors Centre. The new Viewing Point was inaugurated on August 15th.

Lake Section 2 will be about 250 meters long and zero level has already been achieved for the first 170 meters. (Zero level is the level of the Oval Road of the Park of Unity.) In this section, the Open Water Channel has been removed and a simple gutter has been prepared to join the rest of the Channel to the Test Lake. The old Viewing Point and the Rock Garden have been removed. Every tree and bush that could be transplanted has been carefully transplanted. The next steps are to prepare the Outer Service Road of the Lake and make it strong enough to carry the heavy machinery needed for further excavation for which the surveying is now being done.

Soon it will be a challenge to find enough room to dump the excavated earth from Lake Phase 2, so research is on-going to acquire and install a conveyor belt to carry the earth from the Lake to the site of the large hill (see above) in the north east greenbelt.

The goal for the construction of Lake Phase 2 is to have it excavated and lined with HDPE foil before the winter monsoon of 2024.

Matrimandir executive team

HELP NEEDED

MONSOON IS APPROACHING QUICKLY! WE NEED TO BUILD DOG HOUSES!



At our dog shelter, we have dormitories where lots of dogs sleep crowded together but not everyone likes it. Now as the rainy season has started dogs, who usually sleep on their own outside, need to share the space with other dogs and it often comes to fights.

We want to build our dogs 30 individual dog houses where they can choose to live independently on their own or share it with a trusted housemate. Those dog houses will move to our new dog shelter and will become a wonderful and cozy rain and sun-protected home for many of our residents.

The condition of the few dog houses we have is terrible and we urgently want to build new houses. Each house will cost about Rs. 4,000. We have set up a **fundraiser on Milaap** for Rs. 1.2 lakh and would ask everyone who can contribute to it to help our dogs! You can also donate directly to our **FS account 251391.** If you want to contribute in kind, offer building materials or your skills, energy, and time, we would be extremely grateful! Please contact us through Whatsapp at 8122225266 (Arthur)

Milaap Link: <u>https://milaap.org/fundraisers/support-auroville-</u> dog-shelter-3/



COMMUNITY SHARING

YOUTHLINK MATCHING DONATIONS

YouthLink has been provided the amazing opportunity to raise funds through a matching donation campaign. This means that whatever donation you make between now and December gets doubled!



So you may be asking yourself, what is YouthLink?

We are a diverse group of youth from Auroville who work towards creating a positive impact in Auroville. We largely cater to the youth of Auroville (ages 16-30), and work towards providing opportunities and experiences. Our main scopes of work are to empower, integrate, and connect young people through our educational workshops, integration programs, and community gatherings. We create opportunities for links within the community that we believe should go together; such as teachers to students, initiatives with similar scopes, work opportunities with job seekers, and people who can support one another; such as mentors to mentees or newfound friendships.

Our team is ever-growing and evolving. Currently at 10 members, we are a diverse and proactive community with a common mission and intentions which enable us to work efficiently and harmoniously.

We are also actively improving our organisational structure in order to maintain and increase our efficiency and harmony, experimenting with different methods of decision making, nonhierarchical structures, and management of responsibilities. Our current method embraces the values of self motivation and encourages proactive responses, providing our members the opportunity to explore self discipline and growth, while retaining a macro perspective of our society and the world.

So how can you help, and why?

We currently receive a budget from BCC (4 maintenances+5,000rs budget), however it only covers approximately one third of our monthly expenses.

Our hope is that our matching donation campaign can collect enough money for these maintenances, so that YouthLink can continue to offer free programs.

We also believe that YouthLink currently serves a secondary purpose of being an informal training centre, for the organisation produces youth that are well connected within Auroville, have a strong understanding of Auroville's structures (both social as well as organisational), and are proactive and vibrant, both as individuals and in teams.

And we believe that we can still do more. Every day there are interesting offers and opportunities of collaboration that find us from inside and outside Auroville, as well as ideas from our team. We currently find ourselves not having the time and space to fully concentrate on all the avenues we could explore, hence we are also looking to expand the team in the near future, moving into avenues such as intensive courses and vocational training.

When you donate to YouthLink, you will be providing a team member the opportunity to develop capacity and grow through work, and in extension be offering invaluable programs to the Auroville community as well, such as safety and boundaries workshops, first aid courses, and Auroville introduction programs; which all work towards creating a safe environment for our youth to grow up and to continue the experiment of human unity and collective living. We are constantly researching and communicating with the community to find which areas to focus our efforts!

Please consider supporting us on our journey to shape the future of Auroville through your financial means!



You can find more information about us on our website: <u>youthlink.org.in</u> or visit our office at Town Hall, under Le Morgan (open to visitors: mon-fri, 10am-12pm).

Please consider supporting us through Financial Service account: 251048 YouthLink

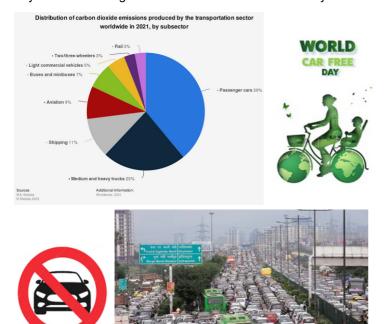
Or through unity fund, link provided on our website.

Remember, with each donation, double the impact! :)

With Love, YouthLink Team

AUROVILLE VEHICLE SERVICE IS INVITING ALL TO PARTICIPATE IN WORLD CAR FREE DAY, ON SEPTEMBER 22, 2023.

It is a worldwide initiative to encourage motorists to take a break from driving and explore alternatives. So, if you want to be more environmentally friendly, take part in World Car-Free Day. Sure, giving up your vehicle may not be the most convenient way to go car-free, but it is the best way to stop gas-guzzling for even one day. Is it possible to go for an entire day without needing a car? Yes! It can be done. Let's try.



VOICES AND NOTES

REFLECTIONS ON AUROVILLE

I permanently returned to India, the Ashram and Auroville in 2021 after 20 years of coming each year for six months on a ten year tourist visa and spending the other 6 months in the U.S. The years before my return were occupied with caring for Mary Helen in her long and difficult bout with cancer.

Although Mother had made me an Aurovilian in 1969, as She had made me an Ashramite in 1961, I applied to 'become' an Aurovilian through the Entry Board, respecting the processes in place. After an initial friendly meeting with the Board, to which Chali, my daughter, accompanied me, there was a subsequent meeting in which I was told that there had been 'negative feedback' that accused me of many things. I asked how many had spoken against me and the reply was 'only one'. I knew who the person was but asked politely for the name and was told 'that information is confidential', so no due process. Then came a series of questioning about what Mother had said to me. I was taken aback by a response from one of the interviewers: 'They all say that' referring to Mother and Her words to disciples. After nearly forty minutes of questions about my sincerity, commitment to Auroville, etc., I was granted the status of 'Returning Aurovilian'.

When I joined the Matrimandir Gardens I was told by one of the executives, "We don't know where to place you." And so I began to find sources and collect plants that had been named by Mother, water lilies, many different types of lotus and many new orchids. I shall dwell here a moment on the orchids. I designed, along with Paneer, one of the most courteous and helpful members of the Matrimandir team, the entry area for those going to the chamber of the Banyan tree. As many of you may know, Mother told us that orchids vibrate with the message, "Attachment for the Divine" and it is that vibration I hope would touch a few as they entered. These hundreds of varieties no longer flower because they are not fertilized in the proper way. I have studied orchids in Hawaii, Singapore and especially Thailand and was given the techniques to have orchids in flower almost constantly but the executives rejected all that I wished to share and even prohibited the completion of the area without the basic courtesy of allowing me to show how the display could be improved.

Now I come to a point on which many in Auroville will disagree, as do the executives of Matrimandir, and yet these are Mother's words to Shyamsundar for me. I had written a two page, single spaced letter to Mother on the importance of Organic gardening and immediately after he read the first sentence Mother said, "Stop, I know everything he says. Tell him he may use chemicals for the flowers." Note that Mother has always been totally against using any chemicals for the edible fruits and vegetables and She wrote to Mercier, and this is available in many journals, so I am simply paraphrasing, 'No. No we must not repeat the mistakes of the past regarding chemical sprays, fertilizers, etc., for edible foods.' Yet, with minute amounts given to orchids they would also bloom almost continuously and Mother conveyed this to me. I am well aware of the untold damage done to this earth by weed killers and powerful chemical sprays so would use chemicals only when absolutely needed as one would do with a loved one who required chemicals to save their life.

My aspiration was to arrange plants by their significances so that people might catch their vibrations and once they had crossed over the bridge, they could concentrate on the Matrimandir and Chamber. I planted Courage, Integral Courage, Tapasya, Vital Tapasya, Emotional Beauty in the Cells, Peace in the Cells and Light in the Cells. One executive made my excellent coworker, Shankar, remove Courage, Integral Courage and Tapasya. I was asked to build two gardens that would need almost no water, known as Xeriscape gardens, in which none of the plants required any water and were perfectly happy with the normal rains. This I have done.

This has been a long message so I will continue in the coming weeks.

At the Service of Truth, Narad

ON THE MATRIMANDIR GARDENS 2

Today I would like to speak about the workers of the Matrimandir and share some of my interactions with them. Perhaps only a few have become 'Aurovilians' but all whom I have come to know and many who have become friends are truly dedicated to the work of the Matrimandir. When I returned to the work at the Gardens, I began an early morning meditation for five minutes to call in the Mother's Grace and protection and I was deeply moved when many came, sometimes around 50, and they are continuing even after I resigned! When it is possible I still go and join with them again. Raja faithfully calls the time and all look up to the Matrimandir and we begin. It is only five minutes but it is a very sacred time. Occasionally visitors from outside come as well, for all are welcome, though I have never seen one of the 'Executives' join us.

Now I would like to mention those who have been very helpful to the work of the Matrimandir Gardens, and one of these is Paneer. When I first began the work of choosing a place for the display of orchids near, but not too close, to the many visitors who come to the Chamber, I consulted Paneer who recommended pipes of the correct size, then painted and installed them. Again, when I needed stainless steel labels for the water lilies and lotus it was Paneer who found the metal and had one of his workers stamp the varieties and then drill the holes in the steel plates. He also provided me with the finest stainless steel wires that would not rust.

Lastly, when I formulated new soil mixes for planting and for the aquatic plants it was Paneer who made the screen out of strong metal and painted it.

In my interactions with the people in charge of irrigation, those who dug out the old clay in the lotus garden in which I designed a new system where we plant the lotus in pots as we have done in the channel, leading to much more profuse bloom, all were helpful, as are those who prune trees for me. One of these is Marimuttu who has become highly skilled in this exacting and often dangerous work of climbing and pruning. I discuss all pruning possibilities and he carries them out perfectly with never a complaint about the challenge.

Then too, there is Shankar, who has been caring for the Gardens for many years. He has gained great knowledge of the plants and we have always worked together harmoniously. Last, and not in any way least, is my beloved friend, Selvam, who is truly the backbone of the workers, assigning work to all and seeing that everything is done properly. We have known each other for many years and there is an unbreakable bond of friendship between us.

To be Continued... Narad

SNAKES ARE IN THE HOUSE



Today, for about one hour, we've learned that we don't instantly die from a snake bite and that we must preserve these precious animal. The reason for this teaching by Rajeev was a snakebite. Happened to Tosha from Mandala Pottery, just about a week after her honeymoon. I did not attend all the commotion after the bite, but attended the presentation at Mandala. Tosha was brought to Jipmer hospital, had no major symptoms and is recovering fast. The culprit is dead, though.

The complete staff from all Dana potteries were present, when Rajeev, an expert in snake matters, explained that there are only 4 venomous snakes here in Tamil Nadu, if not even in India. 2 different Vipers, 1 Krait and of course our all-time favorite Cobra. Who doesn't live in a basket and dances to the melodies of her master. All the rest are more afraid of humans and try to avoid us as much as possible. When we look at statistics, though, there are hundreds of thousands of deaths by snake bites, in comparison 1 out of 250 in India. 1 out of 50 in the bio region. And not even this is certain, as families are reluctant to autopsies and it can't be proven, if the death might had different reasons. Rajeev told us, the first thing one has to do is: don't panic! No screaming and shouting and wailing. Keep calm, the more you are afraid, the more the fear will attack yourself, not the poison itself. Because that is very little, as the snake knows you are not food, the amount injected is less, so most likely not deadly. And there is no need to rush to hospital in minutes, symptoms, if they occur, can take hours to materialize. So, calmly let somebody accompany you to the hospital where there is anti-venom, in Pondicherry this is Jipmer. Private hospitals don't stock anti-venom. There you will be monitored and if necessary, anti-venom will be given. Because even this bares certain risks.

Ok, I won't go here into the whole presentation and the Q&As, ask Dr. Google if you are interested. There are different opinions about how to initially attend to a snake bite. Rajeev said, don't slit, suck nor bandage the area, some internet sites suggest otherwise. I rather believe the experienced expert than the quack.

I can only say thanks to Adil Writer for organizing this event, Rajeev for the insights and speedy recovery to Tosha and good luck to all the snakes, that hopefully won't be killed in the future. At least not by the people who were present today.

Submitted by Julietta



https://en.wikipedia.org/wiki/Big_Four_(Indian_snakes) https://www.deccanherald.com/science/snakebite-india-s-silent-killer-1232830.html https://indianexpress.com/article/lifestyle/health/snakebite-treatment-what-should-be-done-6012622/ https://auroville.org/page/emergency--snake-bite-what-to-do-and-whatnot-to-do

YOU ARE VERY ANGRY, YOU ARE PISSED OFF ABOUT SOMEONE ?

And what if that person could not have done otherwise ? It looks crazy ? So, what Sri Aurobindo and Mother meant by the following statements ?

"Our tasks are given, we are but instruments ; Nothing is all our own that we create..." Sri Aurobindo

"Nothing depends on human beings... The city will be built by what is invisible to you. The men who have to act as instruments will do so despite themselves. They are only puppets in the hands of larger forces. Nothing depends on human beings. Neither the planning nor the execution - nothing ! That is why one can laugh." Mother

Puppets, instruments ?

Does a tree exist independently of its context : the air, the soil, the water, the sun etc ? Do you see a limit in its context ? Or is it infinite, boundless ?

Instead of a tree, choose yourself and ask yourself that question.

How many biological, chemical processes do you control out of the billions in your body ?

Does something happen by chance outside of any context and for no reason ?

NO ! Try to find even one action today or in the past that you could have done completely by chance, out of context and without any reason (**out of causality**). You are in the hands of God.... You are a puppet, an instrument.

So, perhaps you are angry by what is manifested through this "person" (etymology of the word "person" : mask/character of a play). That person being a character played by the Divine (so controlled by larger forces). If someone's name is Toto, it would make more sense now to blame the "Totoness".

Speculating about why this person did this or that will get you nowhere...

Not being ok with what is manifested through a person is normal, and actions will be taken in response to those of a person (causes and consequences).

Realizing these aspects will lead to the end of creating optional stories, those created in addition to what is. The end of some burdens, optional sufferings. A more natural way of being, of the Divine flow ?

As long as these aspects are not investigated by going into one's experience, we will go on endlessly with our quarrels... Eric

AWAKENING SPIRIT

INTRODUCTION TO THE INTEGRAL YOGA OF SRI AUROBINDO AND THE MOTHER

Tuesday, 19th September, 9 am - 12 noon Focus: Self-realisation

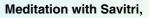
Led by Ashesh Joshi

Place: Mirabelle Education Centre, Auromodele Ph/Whatsapp: 9489147202 (Please register)

All are Welcome

AMPHITHEATRE - MATRIMANDIR

Every THURSDAY at sunset (weather permitting)



Sri Aurobindo's long mantric poem read by Mother to the incredible music of Sunil

The season changes, we follow the sun... New timing will be:

From September 21st onwards: 5.30 to 6.00 pm

Let's gather under the beautiful open space, with heavenly music in the very center of Auroville!

Reminder to all:

the Park of Unity is a place for silence, meditation and inner work, and is to be used only as such. We request everyone: please do not use cameras, I-pads, cell phones, etc. No Photos.

Dear Guests, please carry your Guest Card with you.

Access only for the Amphitheatre from 5.15 pm and for the meditation time.

Thank you,

Surya and Amphitheatre Team

CULTURAL ANNOUNCEMENT

CENTRE D'ART EXHIBITION

22ND SEPTEMBER TO 7TH OCTOBER

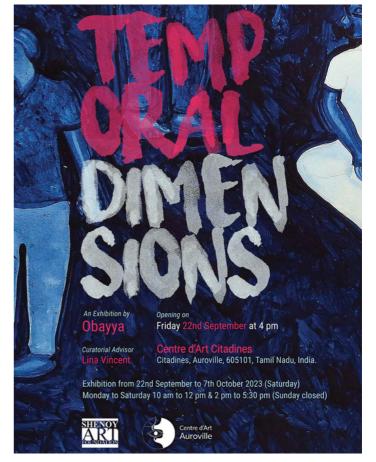
Friday 22nd September 2023 at 4 pm Opening of the exhibition "TEMPORAL DIMENSIONS"

by Obayya

Exhibition from 22nd September to 7th October 2023.

Gallery hours Monday to Saturday 10am - 12pm, 2 - 5.30 pm Centre d'Art Gallery, Citadines, Auroville.

Please Park at town hall parking.

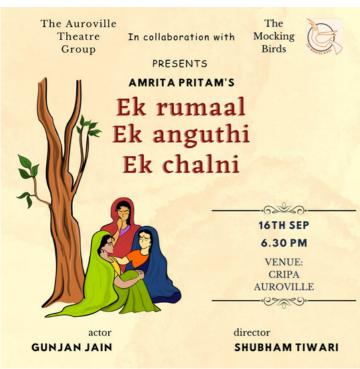






THE AUROVILLE THEATRE GROUP PRESENTS

SEPTEMBER 14TH - 6:30PM



NEW BOOK RELEASED



I received some copies of my last book published in France :

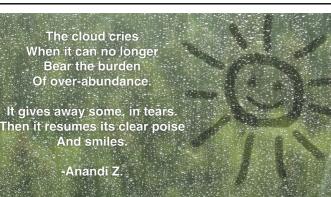
UN VOYAGEUR SANS NOM

Link of the publisher : <u>https://www.editions-</u> <u>spinelle.com/index.php/litterature/litterature-</u> <u>generale/romans/es-un-voyageur-sans-nom</u>

Together with my two other books, it can be borrowed at the LOE or the Library.

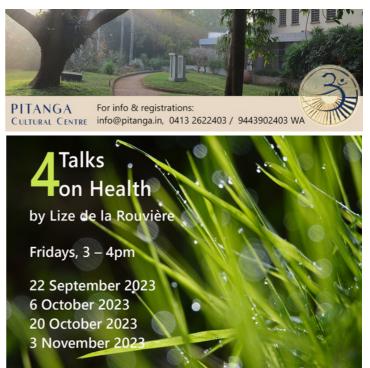
You can also contact me : WhatsApp 9655541558 Meanwhile, Bonne Aventure ! Pavitra

POETRY



HEALTH

PITANGA - 4 TALKS ON HEALTH



22 September: Reversing pre-diabetes, insulin resistance and diabetes.

Strategies to use diet, lifestyle changes and supplements to turn diabetes around and regain your health.

6 October: Prevention and reversal of cognitive decline Learn how to protect your brain from declining function and cognitive impairment.

20 October: Healthy to 100Stay mentally and physically healthy and vibrant as you age.3 November: Resilience

Tools to stay mentally, emotionally, and physically resilient through difficult times.

All are welcome. No registration is necessary.

Lize is a Functional Medicine Practitioner and volunteers at Santé Clinic and Pitanga.

The talks are organised in collaboration with Santé Clinic.

If you wish to receive our program of activities by email, please write to us: info@pitanga.in

See you at Pitanga, with a smile !

SANTÉ SERVICES IN SEPTEMBER 2023

Working Hours:

Monday - Saturday 9:00 - 12:30pm & 2:00 - 4:30pm **Tests and Sample collection:** Mon-Fri before 12:00 pm. No sample collection on Saturday.

For emergencies, contact:

Auroville Ambulance (24/7) : Phone: +(91) 9442224680 Government Ambulance (24/7) : Phone: 108

Please call Santé on (0413) 2622803 during working hours for an appointment

In Santé, we value our patient's confidentiality & make every effort to ensure their privacy.

In case of cancellation or to reschedule, it is necessary to inform us in advance.

Doctor consults with Dr.Senthil & Dr.Sana: Monday to Saturday	Nursing Care: Ezhil, Thilagam, Archana & Sandhya: Daily No appointment necessary
Ayurveda with Dr.Be & Dr.Sonia: Mon /Wed /Thurs /Fri	Pregnancy Care & Women's Wellness with Paula: Tuesday & Wednesday
Acupuncture with Andres:	Homeopathy with Michael:
Monday to Friday	Mon / Wed / Sat
Integrative Psychotherapy	Physiotherapy
with Juan Andres:	with Arun:
Monday to Friday	Monday to Saturday
Functional Medicine	Physiotherapy
with Lize:	with Rebeca:
Monday to Saturday	Mon /Wed /Fri
Bio-Well Assessment (Evaluation of your well-being) with Helena: As per availability	Physiotherapy & Massage with Galina: Monday to Friday

MORNING STAR

Morning Star is a unit of the Health and Healing Trust, made up of midwives and doulas who support pregnancy, childbirth, breastfeeding and offer women's wellness GYN care in Auroville.



We offer our services to all and invite you to participate and benefit. Our goal is to bring respectful health and maternity care to women and families in Auroville.

CONSULTATIONS

available with Consultations midwives, doulas and breastfeeding advisors. We offer consultations at Santé during pregnancy and through the child-bearing year. We provide well-woman care including Pap tests, and other screenings, menarche through menopause.

Book an appointment through Sante: 0413- 2622803

TEENS

We offer consultations for teenagers by appointment with strict privacy protocol.

Contact by email: morningstar@auroville.org.in

CLASSES

Childbirth preparation classes, including fathers, are offered throughout the year.

Location: Hall of Light, Creativity Community

Time: Wednesday evening

- · 5 pm to 6 pm Movement classes like Yoga, dance, breath work, etc
- 6 pm to 7 pm Education on various aspects of pregnancy, birth, new-born and breastfeeding

Most of the sessions are offered in English and Tamil.

Like to join the classes? Send WhatsApp message to Bala +91 9892699804

PARENT'S GROUP

Rotem is planning a support group for mothers and fathers who have had a baby in the last year.

• 10 am to 11 30 am - Wednesday mornings, Hall of Light Interested? Send message to Rotem at WhatApp +91 8056888715

If you would like to know more about our work email us at morningstar@auroville.org.in

For general administrative queries message Bala at (WA only) + 91 9892699804.

EDUCATION

NEWS FROM AUROVILLE LANGUAGE LAB



Please remember to put your mobile phones on flight mode and switch off all wireless and Bluetooth devices before you enter the Lab. We are a wireless-free space!

Looking for: If you are a true-blue Malavali and speak Malayalam with an authentic Malayalam accent, please contact by Whatsapp at +919443631861 or email us at tomatis@aurovillelanguagelab.org. We need to record some words & sentences as well as some simple daily life conversations in Malayalam for a research project.

Tomatis

There are spaces available for both language & therapeutic programmes!

Please contact 0413-3509932 or 04132622467 or email us at tomatis@aurovillelanguagelab.org to schedule your Listening Tests & Consultations.

To know more about the Tomatis Method, please have a look at the following links:

- <u>https://www.aurovillelanguagelab.org/tomatis-method.php</u>
- <u>https://www.aurovillelanguagelab.org/tomatis-kids.php</u>
- https://www.youtube.com/watch?v=wnpXprTI3m0
- https://www.youtube.com/channel/UCeTIG0ysBMlyywZNdZcAng/videos
- <u>https://www.listenwell.com/</u>

For those who slipped through the cracks, whose requests we were not able to respond to, we sincerely apologize. Please send us an email if still interested, and we'll get back to vou soon!

Current Language Courses at ALL

New: German with Ben

We are thrilled to announce that Ben has joined us as our new German teacher! A recent newcomer & native German speaker, Ben has been an online teacher for three years now, giving integration classes and language courses to immigrants from various backgrounds. He is now eager to apply his skills to an in-person classroom. Ben is a language enthusiast and takes interest in translating poetry and studying ways of integral education. Ben is offering two courses:

Beginner German: This course is now closed to new registrations.

German Conversation:

This 2-month course is for those who already know a bit of German and would like to further polish their speaking skills.

This course will start as soon as we have 4-5 registrations. Classes will take place Tuesdays & Thursdays, 4 to 5pm.

New: Spoken Tamil with Saravanan

The current course will conclude soon. We will start a new batch in September!

Saravanan has been running this interactive and practicallyoriented course for the past seven years. The class modules are based on a booklet called "Fun with Tamil", which has been put together with a lot of research and thought. By the end of this course, you would be able to converse in Tamil on day-today matters, having achieved a deeper understanding of its sounds, pronouns, conjugations, etc. This course fills quick. Register soon!

Classes will take place Tuesdays & Fridays, 9:30am to 10:30am. Course started on September 12 comprising 24 hours of teaching over three months ..

New: Beginner Hindi with Alka

We have a new Hindi teacher!

A native Hindi speaker, Alka has a passion for teaching which she has keenly pursued over the last twelve years. Her approach is to make learning easy through games, songs, poems, & other interactive modes. This three-month (24-hour) beginner course is a great introduction to the Hindi language, and intends to make learners comfortable with basic Hindi vocabulary, grammar, and everyday sentences. The course will also make use of the material put together by the Landour Language School, one of the oldest Hindi language schools of India. The course will be paced to align with each student's comfort.

• The course started on September 9. Classes will take place Saturdays, 10am to 12noon.

New: Beginner Spanish with Mila

Great news for Spanish learners!

Our long-time Spanish teacher, Mila is ready to start a new batch for Beginner Spanish. This three-month (24-hour) course is structured on the highly-acclaimed book, "Madrigal's Magic Key to Spanish: A Creative & Proven Approach." Mila has been running this course since many years. By the end of the course, students will be equipped with the Spanish alphabet, phonetics, & vocabulary. The course will also delve into verb conjugations, formation of sentences, use of adverbs & adjectives, and work on the student's listening & reading skills.

• We hope to start as soon as we have 6-7 confirmed registrations. Classes will take place twice weekly, on **Tuesdays and Thursdays, 2:30 to 3:30 pm.**

New: French with Jean-François

Jean-François offers four 2-month (16-hour) courses.

Beginner French:

This course is now closed for new registrations.

Beginner French for Teens:

This course is for students between 13 to 16 years of age. The course is based on exercises that use many media like videos, games, role-playing, etc. to make learning both fun and effective. By the end of the course, students will have an immersion in the French language and will be able to express themselves in a simple way.

• We need five confirmations to start the course. Classes will take place **Saturdays**, **11am to 12noon**.

French Conversation:

For those of you who know a bit of French, this is the perfect course to get more fluent, expand your vocabulary, and speak without inhibition in a diverse & fun group! Each lesson covers a theme of daily life (work, family, hobbies, shopping, projects, etc.) and is aimed at developing the students' ability to express themselves and interact in French. Jean-François would explore a range of topics like food, sports, travel, philosophy, news, literature, economics, social sciences, theater, and more. He will also review the grammar useful for basic conversation.

 This course started on August 3. Classes take place Mondays & Thursdays, 2:30 to 3:30pm.

Italian with Fabio

Italian Conversation:

This two-month (16-hour) course is for learners who already have a basic knowledge of Italian and would like to explore the language further & polish their speaking skills. Fabio will delve deeper into spoken grammar, phonetics, conversation, and any other topics of interest. This is mainly for those who took the Beginner course last time, but is open to all. This course will close at 4 registrations.

• This course started on September 12. Classes will take place Tuesdays & Thursdays, 2:30 to 3:30pm.

Intermediate Spanish with Susana

Our long-time teacher, Susana, is offering an Intermediate Spanish course for students who are already familiar with the various verbal modes in Spanish language (Infinitive, Indicative, Conditional, Subjunctive, and Imperative). The course will focus on polishing the conversational skills of the students and will also dive into the rules of grammar. This is a monthly course.

• Classes take place every Tuesday, 2:30pm to 4:00pm.

Beginner and Pre-Intermediate English with Rupam

Rupam continues to offer morning English classes. Her classes are a mix of discussion on current topics, and grammar as necessary. You are welcome to try out a class and see if it fits your needs. However, please note that this is not a drop in/walk in class but is meant for students committed to joining the course.

 Classes take place Tuesdays & Thursdays, 10:30am to 11:30am. Enquire now to join!

If there is a language you would like to learn, and it's not on our list, please send us a query!

To join or enquire:

Please fill out our form at <u>http://register.aurovillelanguagelab.org/</u> You may also drop us an email at <u>info@aurovillelanguagelab.org</u>, call us at **2623661** or **come visit us**!

Please Note:

Registration and contribution are essential before you join a course with us. Please see our team member at the front desk to ensure this is complete, thank you!

Current Schedule of Classes

Language	Level	Time	Day(s) Of Classes	
English	Pre-Intermediate & Intermediate	10:30 - 11:30am	Tuesday & Thursday	
0	Conversation	ТВА	ТВА	
	Beginner Started 5 August 2023	2:30- 4:30pm	Saturday	
French	Beginner for Teens To start soon	11am – 12noon		
	Conversation Started 3 August 2023	2:30 -3:30pm	Monday & Thursday	
Tamil	Spoken Beginner Started 12 September 2023	9:30 – 10:30am	Tuesday & Friday	
Sanskrit	Beginner To start September 2023	ТВА	ТВА	
Hindi	Beginner Started 9 September 2023	10am – 12noon	Saturdays	
German	A1.1 Beginner Started 11 September	9:30 – 11am	Monday & Wednesday	
German	German Conversation To start soon	4 – 5pm	Tuesday & Thursday	
Spanish	Beginner To start September 2023	2:30 – 3:30pm	Tuesday & Thursday	
	Intermediate	2:30 – 4pm	Tuesday	
Japanese	Beginner To start November 2023	ТВА	ТВА	
Italian	Beginner TBA	2:30 – 3:30pm	Monday & Wednesday	
Italian	Conversation Started 12 September 2023	2:30 – 3:30pm	Tuesday & Thursday	

The Language Lab is open: Monday – Saturday, 9am - 12pm & 2pm - 5pm

Location: International Zone, after Unity Pavilion & Pump House.

Contact: Phone: (0413) 2623 661, 2622467, +919843030355 Email: info@aurovillelanguagelab.org

TUTION GRADE 1-10

I offer Tuition from grade 1 to grade 10. Contact Ashwini 8270512606

SPOKEN ENGLISH AND HINDI

I offer Spoken English and Hindi sessions for all levels.

Contact Ashwini 8270512606

Dear Reader.

MATHEMATICS WORKSHOPS AND WEEKLY SESSIONS BY ENLIGHT ACTIVITY.



Please take a note of the regular offerings by enlight as mentioned below.

Math is a play : Weekly sessions for elementary levels, 1st and 2nd graders on visual mathematics.

These sessions offer a groundwork for middle school and high school math concepts in a playful, non-rigid way. We work together to understand these concepts through various experiences around us which later prove helpful in learning the same concept in a classroom.

These sessions are ideal for parents and children who are long term residents of Auroville.

Every Saturday 10am-12pm @ The European House Please request an appointment to take it further.

Integral Education and Mathematics : <u>An Introductory</u> workshop on Integral Education and Mathematics for short-term residents and visitors.

This two hour workshop is ideal for parents, teachers and anyone above 18 yrs who would like to learn from the writings of The Mother and Sri Aurobindo and how an understanding in mathematics can support an individual on the path shown by them.

Every Friday 4pm-6pm

To join or enquire about any of the above activities, please connect via email (<u>enlight@auroville.org.in</u>) or phone (Snehal - 9529673687)

To understand our learning approach; please click on the link to listen to our podcast with Auroville radio <u>https://www.aurovilleradio.org/interview-with-snehal-d-roy/</u>

*This event is contribution based

WORK OPPORTUNITIES

HR HUB INITIATIVE

HR Hub Initiative is a service which helps individual Aurovilians and Newcomers in search for suitable work by connecting them to Auroville units and services who are looking to fill positions and in turn to find the right individuals to step in.

We invite the Auroville Services/Units to use our service; if you are in need to find someone to fill out a work position in your unit, we can help you by screening and finding suitable applicants.

We also invite Aurovilians and newcomers that are in search of a work opportunity to write to us and apply through our service so that we can connect you with the Units/Services of Auroville in need.

At the moment we do have a number of candidates in search for suitable working opportunities. If your Unit/Service is in need of people, feel free to contact us; we might be able to connect you with Aurovilians/Newcomers who are searching for work. WORK OPPORTUNITIES AT THE DOG SHELTER

Long-Term Core Staff Member Position Available – 1/2 Maintenance Offered

The Auroville Dog Shelter is in a phase of expansion, and to match our growth, we are offering an opportunity for a dedicated dog lover to join our permanent core staff team. This role entails assuming responsibilities and necessitates your ability to work within our team.

In exchange for 25 hours of work per week (spread across 5 days), we are able to offer 1/2 maintenance to Aurovilians or Newcomers, who are willing to work hand-in-paw with us to elevate the dog shelter to new heights. Beyond caring for our cherished four-legged residents, you will share responsibilities as an integral part of our core team. This role may also involve participating in dog rescues (holding a valid driver's license is a big bonus) and assisting our veterinarian.

Given the training, dedication, and responsibilities involved, we request a commitment of a minimum of one year following a trial period. This position requires the ability to handle stress, engage in physically demanding tasks, maintain a disciplined work ethic, and, above all, you need to show a profound love for animals.

For further details and to arrange an interview, please feel free to contact Coco at (+33672046070) or Arthur at (8122225266) via WhatsApp. We look forward to welcoming you to our core staff team in the near future.

Auroville Dog Shelter is looking for an additional executive!

If you've witnessed our crazy journey through the past four months, navigating through turbulent and challenging times, facing storms and impending destruction, and never experiencing even one week without surprises, you might think we're crazy to ask you to take on this crazy, challenging responsibility without the possibility of financial compensation (unless you manage to convince Auroville for urgently needed additional maintenances)

As we embark on building an entirely new Auroville Dog Shelter, we are seeking a strong-minded and big-animalhearted individual to join our team as an additional executive. Your support will be crucial in helping us realize this significant project and build something truly remarkable for our dogs and the entire Auroville community.

Your daily presence at the shelter isn't required, but your strong connections within Auroville and knowledge of problem-solving within the sometimes confusing Auroville system will be a valuable asset. With our ongoing need for funding to constantly improve our animal care and expand our AV Community services, we would really need you to handle countless boring grant applications, oversee donation gateways to ensure our commitment to 100% transparency, and assist with organizing various tasks, be they sometimes as banal as finding firewood so we can cook our dogs their meals or even setting up and organizing major charity and fundraising events. The sky is the limit!

We need your professionalism, enthusiasm, patience, love for our dogs, and willingness to participate in our grand vision to build the best model dog shelter in India for our beloved Auroville.

If you think you've got what it takes and want to join us on this incredible journey towards a bright future for the Auroville Dog Shelter, contact us, meet the team, and let us talk!

Contact Arthur on WhatsApp 8122225266



Please contact us for more information: <u>hr.hubauroville@gmail.com</u>

CLASSES, WORKSHOPS & HEALING ARTS

ஒப்புரவே முக்கியம்' EQUITY MATTERS WORKSHOPS 15-17 & 22-24 SEPTEMBER

'Equity Matters' workshops invite us to discover our unconscious conditionings, stereotypes, reactions – whether of privilege or victimhood – to explore how narratives of superiority / inferiority and of systemic inequality are created and maintained, how to start healing the divides, and creatively work together towards embodying Auroville's great ideal of Human Unity in Diversity.

Ginn and Letlapa, whom life has placed in the forefront of South Africa's experience of Reconciliation, are longstanding friends of Auroville. This <u>short documentary</u> tells the moving story of their journey.

They are with us for **two more workshops**, from **15-17** and **22-24 Sept.** (Friday afternoon to Sunday lunch time; full attendance is required). Offered to Aurovilians, newcomers and long-term volunteers on a gift economy basis. Booking essential; please message 97877 97814. An initiative of African Pavilion / 'Wisdom of Africa'.

(Note: These workshops are not intended as a platform to discuss issues of political nature, but go deeper to our human experience.)



Feedback from a participant:

"It is an absolute privilege to learn from Ginn and Letlapa. They have brought a precious gift to Auroville and their skill in delving into deeply uncomfortable places with grace and empathy is a much needed medicine for us all."

STUDIO BASED ART THERAPY AND COUNCELING

tialovesart@gmail.com / www.createandtransform.org WA 7094007610

CREATE AND TRANSFORM

STUDIO BASED ART THERAPY AND COUNSELING

individual * group * family



Therapy can be creative and nonthreatening for help with:

- Anxiety
- Depression
- Trauma
- Life Issues

Trauma Informed Art Therapy & Counseling:

- Client Centered,
- Strength Based,
- Solution Focused,
- Incorporating CBT and a creative, eclectic tool box.

Tia Pleiman, MA, ATR, NCC, LPC tialovesart@gmail.com www.createandtransform.org WA 7094007610 Aurelec, Kuilapalayam, Auroville SENSE JOURNEY WITH LAKSHMI

Come to explore and experience this Sound journey flying into the awakening of the senses with Lakshmi

Friday, 15th at 5pm @ Creativity

Limited space

For booking contact me at: +91 84 89 76 46 02 or at: <u>lakshmiprem369@gmail.com</u>





Bansuri (Flute) Group Classes With Michael Kalabhumi Music Studio

Every Friday (Beginner: 11am-12pm, Advanced: 12pm-1pm)

Drop in is possible at any time, flutes available to borrow or buy.

Contribution:

- Aurovilians, NCs, Volunteers & Local Villagers: Free donation - Guests: 500 INR

More Info: <u>www.the-sound-of-bamboo.com</u>

To Donate: https://pay.auroville.org/divine-arts

Learn More About Divine Arts: <u>https://auroville.org/page/divine-arts</u>

Warm Regards, Dave

M: +44 (0) 7564 119 728 / E: djsevans87@gmail.com



CULTURAL CENTRE info@pitanga.in, 0413 2622403 / 9443902403 WA

Program for September 2023

CLASSES - REGISTRATION REQUIRED

Iyengar Yoga with Tatiana and Chloé

All lyengar Yoga classes are designed for healthy adults. If you have any physical problem, please talk to the teacher before the class to find out if this class is for you. We do not offer any medical yoga classes and our classes are not for people who need a therapeutic approach.

Mondays 5pm - 6.30pm with Tatiana | Level 1

A general asana practice class. Each session includes the practice of Salamba Sarvangasana (shoulderstand) or preparatory stages. Regular attendance is expected.

Tuesdays 9am –10.30am with Chloé | Yoga for the Spine | All levels

Suitable for all levels of practitioners. Special attention is paid to relaxing the back and the correct position of the spine in various types of asanas. Each practitioner should be prepared to independently use props such as chairs, rollers, bricks.

Wednesdays 5pm – 6.30pm with Tatiana | **Level 2-3** For seasoned practitioners. Classes include both asanas and pranayama. Inverted poses like Salamba Sarvangasana, Salamba Sirshasana are practiced regularly.

Saturdays 9am – 10.30am with Tatiana | Restorative Yoga | Level 2-3

Each session includes time for deep work in inversions, backbends and forward bends with support and deep relaxation on a physical and mental level. Practitioners are expected to independently choose alternative postures according to their ability and are prepared for prolonged use of inverted postures.

Saturdays 11am - 12.30pm with Tatiana | Mixed Level

An active practice class for lyengar Yoga practitioners of all levels. Suitable for beginners.

Art Therapy with Gala

Thursdays, 3 – 5pm for adults Fridays, 3 – 5pm for families

HEALING SPACE - BY APPOINTMENT

- · Acupuncture by Heidi
- Cranio Sacral Therapy by Anne H.
- · Shiatsu by Ulrike
- Thai Yoga Massage by Juan

YOUTH ACTIVITIES

These are ongoing educational programs and not available for drop-in attendance during the current school year. If a child is interested, parents need to talk to the teacher before. Please see with the teacher if the class happens during school term break 22/09 – 07/10.

Asanas for Teenagers with Lisbeth Mondays, Wednesdays | 4pm – 5pm

Yoga for children, 5 – 8 yrs., with Gala Saturdays | 9am – 10am

Yoga for children, 7 – 9 yrs., with Gala Saturdays | 10am – 11am

Energy games for children, 9 yrs. +, with Gala Saturdays | 11am - 12pm

DROP-IN CLASSES

Join without prior registration!

Mondays (holiday on 18/9)

- 7.30am 9am | Asanas with Rachel | All levels
- 8.30am 10am | Yoga Therapy with Gala | All levels

Tuesdays

4.45pm – 5.30pm | **Odissi Dance** with Rekha | Beginners (Not on 26/09)

Wednesdays

7.30am - 9am | Asanas with Rachel | All levels

8.30am – 10am | **Yoga Therapy** with Gala | All levels (Not on 27/09)

Thursdays

4.30 - 5.30pm | Aviva Exercise with Suriya | For women

Fridays

6.45am – 8am | **Pranayama** with François & Namrita | For former "The Art of Living" course participants

7.30am – 9am | Asanas with Rachel | All levels

9am – 10am | Rosa's ATB special for seniors | (Not on 29/09)

8.30am – 10am | **Yoga Therapy** with Gala | All levels (*Not on 29/09*)

3.45pm – 4.30pm | **Odissi Dance** with Rekha | Beginners (*Not on 29/09*)

4.30pm – 5.30pm | **Reading of the Life Divine** with Balvinder | All are welcome to join.

5.15pm - 6.15pm | Feldenkrais class with Shari | All levels

Saturdays

11.00am – 12.30pm | **Iyengar Yoga** with Tatiana| Mixed Level, open to beginners

If you wish to receive our program of activities by email, please write to us: info@pitanga.in

See you at Pitanga, with a smile !

Pitanga Cultural Centre 2622403 / WA 9443902403 info@pitanga.in

VIPASSANA



Every Sunday at Udavi school

All old students of Vipassana meditation as taught by S.N. Goenka (www.dhamma.org) having attended at least one 10 day course are welcome to attend a half-day Vipassana course at Udavi School in Auroville.

Date: Every Sunday

Timings: **8:30 AM – 12:30 PM** but you can also drop in and join as long as you wish.

Venue: **Udavi School** (building on the left when you are at the front entrance), near Tank in Edayanchavadi (Auroville).

No registration is required.

Contact: Sanjay Tumati, +91 8790982210 (available on WhatsApp) <u>sanjay@auraauro.com</u>





Quiet Healing Center, Auroville 605 104, Tamil Nadu, India <u>www.quiethealingcenter.info</u> / <u>quiet@auroville.org.in</u> Mobile & WhatsApp: +91 9488084966

WOGA® (Yoga in Water) Classes with Friederike & Tamara Saturday 16 September (4:30 - 6:00pm)

Yoga in water is based on classic yoga poses and stretches, modified for standing in pool water, which is waist-to-chest high. Classes are structured like their yoga equivalents on land: breathing, warm-up exercises, a series of poses, and a relaxation period. The difference is that you are in a warm water pool (35°C). The substantial decrease of gravity in warm water allows greater ease of movement, unblocks articulations, lengthens & melts muscles, and removes negative tensions, thereby preventing stress, insomnia and anxiety.

No previous experience required (also no need to be able to swim)!

Watsu® & OBA® Basic with Dariya & Daniel 19 - 24 September (1:00 - 6:00pm: 31 hours)

Watsu & OBA are aquatic bodywork modalities given in a warm water pool (ideally 35°C). **Watsu**, the part where the client's face stays always on the surface, introduces the qualities and body mechanics required to work with someone in water in order to create a profound state of both physical and mental relaxation. During the **OBA** part the receiver is also brought under water (with nose clip), which offers a unique experience.

In this course, you will practice basic techniques and qualities (grounding, presence, stillness, movement, attention) of being and moving another body in water. You will experience floating other people and being floated, on the surface and under water, thereby creating space for deep relaxation and nurturing body, mind and spirit. Participants in this course often appreciate the group space, which fosters deep, meaningful and nurturing connections.

No previous experience required! Watsu® Basic with Petra 26 - 27 September (8:45 - 6:30pm: 16 hours)

A 2-day course on the surface only. Watsu Basic introduces the qualities and body mechanics required to work with someone in water in order to create a profound state of both physical and mental relaxation.

In this course, you will practice basic techniques and qualities (grounding, presence, stillness, movement, attention) of being and moving another body in water. You will experience floating other people and being floated on the surface, thereby creating space for deep relaxation and nurturing body, mind and spirit.

Prerequisites: no previous experience required.

Watsu® 1 (Transition Flow) with Petra 29 September - 3 October (8:45 - 6:30pm: 34 hours)

A 5-day course on the surface only. Watsu 1 (Transition Flow) teaches to connect the basic movements and positions you have learned in Watsu Basic with long, gracefully flowing transitions and to adapt this work to people of different sizes, shapes, and dispositions. You will also learn about your own body mechanics and how to support and move each person as effortlessly as possible.

On land, you will be introduced to both Co-Centering and Tantsu, and explore what being held means to you and others.



Presents a

"CINE-master class" 4.30 – 7.30 pm on Sunday 17 Sept. 2023 at Aurofilm, Kalabhoomi (next to CRIPA)

If you like to discuss, share and learn more about films and Cinema, we invite you to our **Cine-Master classes!** Welcome to thischapter led by our special guest speaker **Pr.Sivakumar Mohanam** on: "**GRADUATION**" *(Bacalaureat)* by **Cristian Mungiu** (Romania, 2017)

Our guest speaker: A Filmmaker and Film teacher (LV Prasad Film & TV Institute, and Loyola College, Chennai) Professor **Sivakumar Mohanamwill** offer a presentation on award-winning Romanian film "**GRADUATION**" by director C. Mingiu's film, which will be screened and followed by an open discussion.

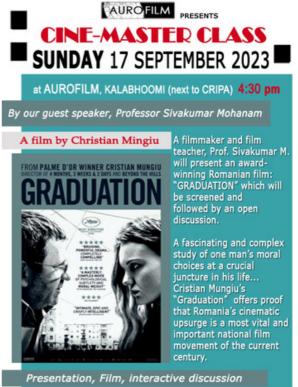
Overview:Romeo Aldea (49), a physician living in a small mountain town in Transylvania, has raised his daughter Eliza with the idea that once she turns 18, she will leave to study and live abroad. His plan is close to succeeding - Eliza has won a scholarship to study psychology in the UK. She just has to pass her final exams - a formality for such a good student. On the day before her first written exam, Eliza is assaulted in an attack that could jeopardize her entire future. Now Romeo has to make a decision. There are ways of solving the situation, but none of them using the principles he, as a father, has taught his daughter...

A fascinating and complex study of one man's moral choices at a crucial juncture in his life, Cristian Mungiu's "Graduation" is a thorough going masterpiece which also offers proof that Romania's cinematic upsurge is a most vital and important national film movement of the current century.

(Film in its original Romanian version with Engl. Subtitles, dur. 2h.08')

Christian Mingiu is the director of "4 Months, 3 Weeks and 2 Days", awarded Golden Palm and other prizes in Cannes Int. Film Festival, 2007 among other festivals)

Please note: that for this CMC, due to the length of the film, we will start at **4.30 pm** (usually we start at 5pm).



Romania 2016 - Original Romanian version, English ST - 2h08"

Prerequisites: Watsu Basic

NON VIOLENT COMMUNICATION WORKSHOP

SEPTEMBER 30TH & OCTOBER 1ST

We are happy to inform you that YouthLink is offering you a 2 days Nonviolent Communication workshop happening at Tibetan Pavillion !



Taking place on **Saturday the 30th September** and **Sunday 1st October 2023** facilitated by Stefan (CNVC-certified trainer) and Team.

The basics of Nonviolent Communication involve expressing ourselves with clarity, compassion, self-responsibility, empathy and the common good in mind, which is the exact opposite of what violent communication is.

Join the workshop to discover the tool to enable you to express your needs and feelings in a conscious way, for the person in front and for yourself!

This workshop starts from 9am to 12pm, Lunch Break (12pm to 2pm) and afternoon session from 2pm to 4:30 pm.

To register email us at <u>youthlink@auroville.org.in</u> or come to our office in Town hall between 9.30am to 12pm and 2pm to 4pm to sign up.

TAI CHI HALL @ SHARNGA

Offers regular Tai Chi Chuan classes from Mon-Sat.

Monday & Saturday:

- 7:30-8:30 Chi
- 8:30-9:30 Form
- Tuesdays Fridays:
- 7:30-8:00 Chi
- 8:00-9:00: Form



All are welcome

Contact: taichi@auroville.org.in / 0413 2623187

SERENDIPITY ACTIVITIES & THERAPIES

(Ex. Joy Community in front of Center GH) Center Field, Auroville - 605101, TN, India Mobile/Whatsapp: +91 9385623342 Email: serendipityauroville@gmail.com https://serendipity.auroville.org https://www.facebook.com/serendipityauroville





By Anjali Alloria (Expressive Arts Practitioner) WhatsApp +919560026678

t experience required. All



VÉRITÉ WORKSHOPS AND CLASSES

Pre-registration required

Please contact Verite @ 0413 2622045, 2622606, 9363624083 or programming@verite.in, www.verite.in



Prana Yoga: Tuning Life Energy – with Ananda Friday to Sunday, September 15-17 / 9 am - 4.30 pm

Prana is the universal life energy. Yoga is tuning body-mindspirit to wholeness. Prana Yoga is based on Hatha yoga, Pranayama, Meditations & Siddha. Through conscious postures, breathing, movement & stillness open the selfenhancing, transforming, healing, grounding & tuning the energy flow to detox, rejuvenate the body-mind-energy, build immunity, enhance sensitivity, perception, expand awareness, enrich self-healing, and open to higher states of consciousness.

Master Class - Mantra, breathing & Asanas for internal Organs – with Andres Friday, September 15 / 9:30am - 12:00pm (theory booklet included)

A workshop to help you understand the relationship between emotions and organs, and the effect of asanas on our internal organs through specific breathing techniques, asanas and mantras that bring equanimity to your emotions and well-being to your internal organs.

RE-CONNECT: An Expressive Arts Exploration – with Anjali

Friday&Saturday, September 15&16 / 1:30 - 4.30pm

Day 1: Re-Connect with Breath - Our breath is our constant companion, yet we forget to listen to the wisdom it has to offer. Regain a conscious connection with the breath and shape it through the arts.

Day 2: Re-Connect with Earth - "The landscapes we inhabit also inhabit us." Re-Connect with the Earth in an arts-based way to tune in to nature and receive its messages. Open to all who wish to explore through the arts. No prior art experience required. All materials will be provided. Join in to explore what needs Re-Connection within you.

Anatomy for Yoga Practitioners: The Knee – with Rebeca Saturday, September 16 – 9:30am - 12:00pm

The knee is one of the largest and most complex joints in the body that is responsible for weight-bearing and movement. We will explore through practice and an anatomical focus how to keep the knees healthy in yoga poses, how to align, strengthen and stabilize them to prevent injuries or even recover from them. Session open to all, specially designed for yoga teachers or yoga practitioners.

Sivananda Yoga Workshop – with Mani Friday, September 22 – 9:30am - 12:00pm

A classic Sivananda session, including basic pranayama (breathing) and Surya namaskar (sun salutation), designed to massage and rejuvenate the entire spine, with rhythmic alternation between effort and relaxation to balance the nervous system and prepare it for the final guided relaxation.

Introduction to Traditional Thai Yoga Massage (Nuad Boran) – with Andres Saturday, September 23 – 9:30am - 4:30pm

Introductory workshop to Thai Yoga Massage (Nuad Boran or Traditional Thai Yoga Massage Therapy). This is an ancient technique used to unblock energy stagnation and awaken our inner healer. This is achieved through both acupressure on the energy meridians (Nadis /Send Lines) and movements of the body and joints based in Yoga Asanas. The facilitator is a YACEP® (Registered continuing education provider), YACEP® is a designation for yoga teachers in the yoga community who are authorized to teach courses that qualify as Continuing Education hours for other Registered yoga teachers (who must complete a minimum of continuing education every 3 years).

CAPOEIRA- MARTIAL ART AND MUSIC WITH GINGA SAROBA

Afro-Brazilian martial art that combines elements of dance, acrobatics, music and movements. More than 500 years old, Capoeira is a constantly evolving art form, come connect and express yourself. Join us for

Adult Classes :

Monday & Thursday - 6:00 PM Deepanam School

Contact: 7598446327 Kiran for Ginga Saroba

XXY

ACTIVITIES

KARAOKE NIGHT

SEPTEMBER 20TH



Are you just a bathroom singer? Have a friend who sings to every song on the radio?

Grab your friends and come to one of the most fun events to make your evenings groovy! Join us for Karaoke Night

At Nowana (Auromodele) on Wednesday 20th September from 7:30pm to 10pm 🙂

It's a walk-in event and everyone is welcome!



JOIN THE COMMUNITY FOOD GARDEN IN SERENITY

Would you like to help us with our community food garden? Want to learn natural farming?

Here's a list of activities you could do/learn with us:

- Harvesting, watering, de-weeding, pruning/sawing branches, mulching, turning the soil,
- Turning the community's food waste into compost,
- Search for basic funding to buy garden tools and compost,
- Social media content creation.

Do any of these activities resonate with you? Or would you like to learn any of these skills with us?

Drop in every **Wednesday** from **5.15pm** till dark at **Serenity Garden**.

Contact: Rekha, 99456 11011

Laure & Rekha



ECO FEMME OPEN HOUSE



Dear friends,

Join our open house at our office in Auroshilpam every **Thursday morning at 10:30 AM till 12 AM**. Come and learn about:

- Sustainable menstrual products (cloth pads, cups and period panties),
- · Menstrual cycle awareness and,

• Our not-for-profit work.

You can also pick up discounted cloth pads, cups, period panties and cloth nappies. See you soon!

The Eco Femme Team

JOIN AUROVILLE BOTANICAL GARDEN'S GUIDED TOURS

Come and discover the beautiful gardens on Wednesdays and Fridays. We start at 9:30. Please book your walk at <u>avbgtours@gmail.com</u>



ECOLOGICAL HORTICULTURE COURSE AUROVILLE BOTANICAL GARDENS

ecologicalhorticulturecourse@gmail.com





enlight@auroville.org.in

+91 91594 68946 / +91 82700 71581



TIME TO

to beautiful places

You can definitely count on us for tourism. We will provide all kinds of services required for our tourism.

Package details:

- Travel arrangements at 2 locations.
- Accommodation.
- 1/2 tour guide.
- Private car.



Book now



Auroville One Day Tour

Imbibe the Auroville experience and journey through the cultural diversity of the international township

- · Journey of Auroville
- Village crafts
- International zone
- Forest walk
- Sustainable farming
- Drumming circle and bonfire

One Day prior booking needed *Including Lunch

ENLOGHT

+91 91594 68946 +91 82700 71581 enlight@auroville.org.in

EXPLORATIVE EDUCATIONAL EXPERIENCE Experience Auroville and travel through the cultural

consciousness of the international township











Bonfire & Drumming



Canyon Exploration





Spiritual Journey

Units and Activities

One day prior booking ENLOGHT enlight@auroville.org.in +91 91594 68946, +91 82700 71581

For inquiries Scan here



Radiating out beyond the Matrimandir Gardens are Four Zones and a Green ecosystem, each focusing on an important aspect of the township's life







Industrial Zone

ENLIGHT

enlight@auroville.org.in

+91 91594 68946 / +91 82700 71581

Green Belt





International Zone

Cultural Zone One day prior booking For inquiries Scan here



BIOREGION VILLAGE TOUR

Take a break from your city life and dig deep into the heart of rural villages around Auroville where a land of peacefulness, farming and ancient customs still exists.



Handicrafts

18





Kolam Experience



Native Lunch For inquiries



ENLIGHT Scan here One day prior booking .in +91 91594 68946, +91 82700 71581

History and Culture



RUPHAVATI JOY ACTIVITIES

BIO-REGION TEMPLE TOUR

Interested in learning more about the religious heritage in and around the bio-region?

Come take a guided tour of

temples around the bio-region.



Starting point from Solar Kitchen. Can be scheduled anytime throughout the week.

Please contact in advance for more information and booking.

SOUTH-INDIAN CUISINE - COOKING CLASS

Learn to cook some delicious delicacies of south India with Rupavathi. Monday to Saturday between 10AM and 5PM at creativity.



Please book sessions in advance.

THAI MASSAGE

Monday - Saturday between 9AM and 5PM

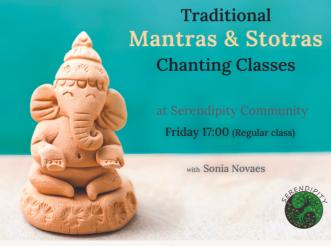
To book massage sessions or for more information, please contact personally.

TAILORING

We can tailor and customise any kinds of dresses, sari-blouses and kurtas.

For any of the above services, contact information below: Phone/WhatsApp - 8098845200 Email - <u>rupavathijoy@gmail.com</u>

CHANTING CLASS - SERENDIPITY



Email: <u>serendipityauroville@gmail.com</u> WhatsApp: +91 8940288090

FOODS, GOODS & SERVICES

AUROVILLE LIBRARY TIMINGS

Auroville Library opening timings:

Mon - Sat: 9am - 12.30pm Mon, Wed, Thurs, Fri & Sat: 2pm - 4.30pm Tues: 4pm - 6.30pm



Every Saturday between 10am -11am: Children's storytime!

OFFERING IT SERVICES

I am Ramakrishnan Aurovillian experienced in the fibre internet field (Ftth) for 8+ years and gained more knowledge in creatingon new fibre internet infrastructure and IT troubleshooting work for our Auroville community Since 2015

And I am happy to provide the below services to our Auroville community

- Internet speed; Boosting up for dual bands 2.4 GHz or 5 GHz
- Wired/wireless; Fibre ONT modems, Routers, Switches installation/repairing work
- Fibre optic cable; Joining, power loss troubleshooting, laying/pulling work inside and outside your house
- CCTV; Configuration/Installation/repairing work inside and outside your house
- Smart-TV/laptops/printers; Configuration/Installation/repairing
- Other network communications devices; Configuration/Installation/repairing

For any internet-related issues/complaints,

Please feel free to contact me: Ramakrishnan, 9943919899, <u>rkrish651@gmail.com</u>

MARC'S C.L.C - COFFEE LEARNING COMMUNITY RECURRING EVENTS AND SEPTEMBER CLOSURE

Recurring Events

Every Saturday:

- 10am 12pm: Coffee Cupping Sessions
- 3pm 5pm: Kombucha and Fermented Drinks Workshop

Every Friday:

• 3pm - 5pm: History of Indian Coffee (Tamil or English)

Monthly Classes (check on the dates)

We offer classes on:

- Foundations of Specialty Coffee, coming up in October
- · Foundations of Roasting, coming up in October
- Molecular Coffee: A Master Class, online in October

Location: CLC, on top of Marc's Cafe Store

For bookings and more info, visit our website:

Marcscoffees.com or email us at Admin@marcscoffees.com

It is imperative to book your slot at least a day ahead, either by email or phone at 0413 - 2199556, only during office hours.

September Closure

Please note that we will be **closed for 3 days in September** (25-26-27) due to our participation in the World of Coffee event in Bangalore (first time in India). We'll be **back on September 28th**.

Wish us luck as one of our in-house baristas competes in the National Barista Competition!

REPAIR OF AIR CONDITIONERS, FRIDGES, WASHING MACHINES AND APPLIANCES

Loganathan working at Mahasaraswati Shop (near PTPS, Aspiration area) is a long term Aurovilian that has gained a lot of knowhow through looking after and repairing all kinds of machines. He happily repairs your machines and appliances.

You may contact him via phone / SMS or whatsapp +91 94434 93025





GOYO - KOREAN SILENT RESTAURANT

TUESDAY & FRIDAY - 12:30PM goyo@auroville.org.in / +91 94896993809



HAIRCUTS

Hairdresser. For your and / or your child' s next haircut: inspired, striving for perfection, 11 yrs young artist Ahana looks after your and / or your child's hair and well being.

After everyone who came was happy and content, we are now requesting short and long HAIR MODELS to step forward and try something new and beautiful!

For an appointment kindly contact 9751513906 (all messenger providers, no calls) or essence.touch@yahoo.de

HEMPLANET

Discover the Magic of Hemp at Hemplanet!

Dive into a world of nourishing hemp delights at our Hemp Store. From the heartiness of hemp hearts, the richness of hemp seed oil, to the rejuvenating touch of hemp body care, we've got it all. Whether you're a hemp enthusiast or just curious, come chat with us and explore the wonders of hemp!

Hemp Food Selection:

Hemp Body Care Treasures:

- Hemp Hearts Hemp Seed Oil
- Hemp Soaps
- Hemp Shampoos
- Hemp Balms
- Hemp Granola Bars Hemp Body Butter • Hemp Pasta & more!
 - Hemp Seed Oil

Hemp Seasonings

Hemp Protein Powder

Visit Us: Mon-Sat, 10am - 4:20pm

Location: Reve Area, 1st Floor, Building 1, Auroville

Step into the Hemp Haven and embrace nature's gift!



JOIN DROPZY

Products and services from in and around Auroville.

Dropzy is a mobile app platform for Products and Services from in and around Auroville helping to deliver it at your convenience

Developed by

Dropzy is a mobile app platform for ordering from a wide range of in and around Auroville eateries, grocers, bakers, farms, etc and has partnered with ITS (Integrated Transport Service) whose delivery personnel will pick up the orders from the outlets/stores and deliver them to the customers at their convenience.

Dropzy works by providing a complete ordering and delivery solution that connects the existina neighborhood outlets/stores with the comfort and convenience of ordering from home

Find new customers, build your business and grow your sales. Increase your order volume, drive more revenue and improve profitability with help from Dropzy.

Register your Unit/Activity

Click on this link: www.dropzy.in/join-dropzy

Know more about Dropzy on www.dropzy.in

Regards, Sathish Arumugam for Dropzy

RAPID CARE SERVICES RCS

Rapid Care Services has been serving the community at its best capacity.

Over the period of 6 months, we have made a lot of improvements with our services and technicians in order to cope with quality, beauty and time, which are RAPID CARE SERVICES the 3 mandatory factors that we work on.



Rapid Care Service, as an Auroville activity, is dependent only on Aurovilians and Auroville, while we also do not take advantage of our own community in terms of rate and quality. We make sure the work is completed on an economical budget without compromising quality.

Please use Rapid Care Services to keep Auroville's economy healthy, and rotational to benefit Auroville as a whole.

List of services provided by Rapid Care Services:

- Aluminum channel work
- Welding
- Carpentry
- Masonry renovations and remodulation
- Plumbing
- Painting
- Insect Treatment
- Fencing
- Electrical
- Washing machine repair & installation,
- A/c repair and installation,
- Inverter repair and installation, •
- Dth repair and installation and
- Furniture purchase assistance

Kindly contact us and hire our services at the below mentioned contact details.

Balaji - 8270071581 ; Arun - 7639810621 rcsrapidcareservices@gmail.com rapidcare@auroville.org.in

SOLITUDE FARM - 2023





Solitude has a small farm shop which is stocked daily with fresh seasonal produce.

There are also some ayurvedic powders such as giloy or guava leaf and also chilli powder, turmeric, pickles and dried flowers. Solitude also runs a C.S.A. fruits and vegetables basket service where people sign up in advance for a basket of seasonal produce.

- Papayas
- wild salad greenssundakkai
- Assamese giant lemons
- Pineapple
- banana stem
- Plantain
- banana stern
 banana flower
 - banana flower
- BananasWild spinach

Cafe

The cafe runs from Monday to Saturday serving a local food vegan thali.

We also serve farm salads, smoothies, desserts, vegan coffee etc...

The cafe runs a lunch scheme.

Education

Solitude farm runs mini permaculture workshops during the week (Wednesdays and Fridays) and longer weekend workshops on a monthly basis. Pricing is flexible for Aurovillians.

Tour

Every Saturday we offer a free tour of the farm sharing the narrative and philosophy in practice of how a food forest can emerge through natural farming and permaculture.

Volunteers

Solitude Farm is happy to welcome volunteers. Timings 8:00 am -12:30 pm We offer breakfast, tea and lunch.

Opportunities

Solitude Farm Cafe is looking for a serious person to manage the POS and accounts, stock, excels etc for the cafe and farm. Replying to emails and calls.

Solitude Farm is looking for people to help with the educational workshops.

To find out more: email: <u>solitudepermaculture@gmail.com</u> whatsapp: 9843319260



Solitude farm & café Auroville

Solitude Farm

AIRCON CLEAN OFFERS COMPREHENSIVE AIR CONDITIONER CLEANING SERVICE KNOWN AS "JET SERVICE".



The Jet Service includes not only the filter cleaning but also indoor cooling coils, blades, and blower wheels, indoor cooler drain tray cleaning and outdoor unit with AC jet pump.

After a cleaning service your air is fresh and healthy, reducing sickness and helping you live a healthier life.

Save up to 30% power usage with a regular cleaning service.

Contact **AIRCON CLEAN** now at 9786809518 or email us at <u>airconclean.av@gmail.com</u>

Regards, Julien.

LOST AND FOUND

LOST DOG - FOUND IN CENTER FIELD ON 11.09.23



LOST DOG

this Sweet Girl was found in center field on 11 sept. She is clearly lost and missing her home. She is currently at the Auroville Dog Shelter getting treatment for her injuries. She

has a large cut on her chest, which is now stitched up. Please help us find her home, She is really missing her home! If nobody comes forward as her owner we will be taking adoption requests for a new loving home.

> OUR CONTACT DETAILS: +91 9843181598 (WhatsApp) Auroville Dog Shelter

LOOKING FOR

LOOKING FOR LONG TERM HOUSE SITTING

I'm Jeanluc, Aurovilian, visual artist and curator of the auroville 2020 film festival, of French origin, single in my sixties.



After 3 years in the forest taking care of orchards and fruits for the community, I am now looking for a long term house sitting from November onwards.

I can look after your gardens, orchards and forest.

I am careful, handy, clean and respectful of the environment. Please write me at <u>deburaud75@gmail.com</u> or text on 9585629211. Thank you.

LOOKING TO BORROW VIDEO8 AND MINI DV CAMCORDER

Hello Everyone!

I'm looking for a **video 8-camcorder/-player** to digitize 27 Video8 tapes and also a Mini DVcamcorder/-player to digitize 25 hours of Mini DV tapes. I handle the equipment carefully and I can contribute.



Thank you! Sonia 8940288090

LOOKING FOR STORAGE ROOM

Hello everyone,

I'm looking for a **small room (6+ sqm)** against a monthly contribution that I can use to store furniture which is currently not used as well as some carton boxes with household items.



Ideally in Auroville, but can be nearby around AV also. Thank you! Sonia 8940288090



AVAILABLE

SPACE FOR RENT AT AURELEC

The following office spaces with full infrastructure are available for rent inside Aurelec's premises:

- · 25 sqm. well located space on the ground floor suitable for workshop/office/storage.
- 14.56 sqm. office room, well located on the ground floor with air-conditioning.

Interested people may contact Mr. Siva at Aurelec in person, or by phone 2622 293/4 or via adps@auroville.org.in

Siva For ADPS Trust

FOOD FOR THOUGHT

LIFE IN SYNTROPY



"Life in Syntropy" is the new short film from Agenda Gotsch made specially to be presented at COP21 - Paris. This film put together some of the most remarkable experiences in Syntropic Agriculture, with brand new images and interviews."

https://youtu.be/HkZDSqyE1do

CINEMA



Presents at MULTI MEDIA CENTRE AUDITORIUM (MMC, Town Hall)

Reminder: FRIDAY 15 "THE FLORIDA PROJECT" by Sean Baker, US, 2017

And

FRIDAY 22 SEPTEMBER, 8:00 pm

Due to some technical issue, the storm & rains last Friday but also a general request, we reprogram this great movie: "ADIEU PHILIPPINE"

Directed by Jacques Rozier, France, 1961

With: Jean-Claude Aimini, Stefania Sabatini, Yveline Céry Overview: The film has been praised as one of the key films of the French New Wave. It was Rozier's first feature and it portrays French youths at the time of the Algerian War.

Synopsis: Paris, summer 1960. Michel is a young technician in the fledgling TV industry and is due for military service in two months at the time of the Algerian War. Juliette and Liliane are inseparable best friends (like the "Philippine almonds"), and aspiring actresses, who hang around outside the TV studio. Michel considers his last days of freedom before being drafted, suddenly decides to leave his job and goes on a holiday to Corsica. The girls follow him ...

Original French version with English Subtitles. Duration 1h.46'



ond THE STEP : avbus@auroville.org.in / +91 94430 74825

Auroville TO PONDICHERRY	Αυ	iroville	то	PON	IDICH	HERR
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Auroville TO PONDICHERRY							
			Trip 1	Trip 2	Trip 3		
Svaram Musica	7:00	8:50	14:50				
Vérité Guest Ho	7:02	8:52	14:52				
Town Hall - Mai	in Parking		7:06	8:56	14:56		
Solar Kitchen (I	Ex Round About)	7:10	9:00	15:00		
Certitude Entra	nce		7:12	9:02	15:02		
New Creation F	load		7:17	9:07	15:07		
SBI Bank—Kuil	apalayam		7:19	9:09	15:09		
ECR Junction—	-Aroma Guest H	ouse	7:23	9:14	15:14		
Quiet Healing C	Center—Junction	1	7:26	9:17	15:17		
Lotus Hotel—S	V Patel Salai		7:36	9:30	15:30		
Ashram Road J	unction		7:38	9:33	15:33		
Ashram Dining	Hall		7:40	9:35	15:35		
	Pondicherry T	O AUR	OVILLE				
			Trip 1	Trip 2	Trip 3		
Ashram Dining	Hall		8:00	12:15	18:10		
Ashram Road J	unction		8:02	12:17	18:12		
Lotus Hotel—S	.V Patel Salai		8:07	12:22	18:17		
Quiet Healing C	Center—Junction	1	8:17	12:32	18:27		
ECR Junction—	-Aroma Guest H	ouse	8:20	12:35	18:30		
SBI Bank—Kuilapalayam			8:25	12:40	18:35		
New Creation Road			8:27	12:42	18:37		
Certitude			8:32	12:47	18:42		
Solar Kitchen (Ex Round About)			8:34	12:50	18:44		
Town Hall - Main Parking			8:38	12:54	18:48		
Vérité Guest House - Junction			8:42	12:58	18:52		
Svaram Musical Center			8:45	13:00	18:55		
 Workers bus pass Rs.850 per month (AV Units, Services & Activities). Student bus pass Rs.1200 per month Bus pass with 10 Single trips Rs.750 Aurovilian & New Comers: Round trip without bus pass Rs.150 per passenger Oneway trip without bus pass Rs.100 per passenger Volunteers & Guests of AV: Round trip without bus pass Rs.200 per passenger One way trip without bus pass Rs.150 per passenger 							
Ambulance (24/7):							
Auroville PIMS 9442224680 0413 2656271							
Security (24/7):							
AV Safety &	Auroville	Kottakuppam Vanur Fire			ur Fire		
Security Team 9443090107	Police Station 0413 2677318	Police Station Station 0413 2236148 0413 26					
Health:							
Health Center Santé Farewell							

0413 2622123 0413 2622803

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India Emergency Response Service (24/7): 108

Mental health 24/7 support:

8903836246



Cinema Paradiso

Multimedia Center (MMC) Auditorium Film program 18 September 2023 to 24 September 2023

Cinema Paradiso-Multimedia Center is now in operation at 100% seating capacity. However, if you want to wear a mask it is your choice.

To organize the seminar/program please email us. Our projector is crawling towards the end of its life. It has served well, but it is time for us to look for a new one. For this or to support our work you could financially support us. Please find necessary details at the end of this note.

Indian and diaspora – Monday 18 September, 8:00 pm:

PONNIYIN SELVAN: PART TWO (PS2)

India, 2023, Dir. Mani Ratnam w/Vikram, Aishwarya Rai Bachchan, Jayam Ravi, and others, Action-Drama, 164mins, Tamil w/ English subtitles, Rated: NR (PG)

This is the second part of the film based on Kalki Krishnamurthy's epic novel written in 1955 by the same name. At its center is the doomed love story of price Aditya Karikalan and Nandini. This film, recaps glimpses of PS1 and starts with the teenage love story between Aditya Karikalan and Nandini. It later focuses on how Nandini is driven away from the Chola kingdom.

Potpourri – Tuesday 19 September, 8:00 pm:

• SI ON CHANTAIT

France, 2019, Dir. Fabrice Maruca, w/ Jeremy Lopez, Alice Pol, Artus and others, Comedy, 96 mins, French w/ English subtitles, Rated: NR (R)

Following the closure of their plant, in a small labor town, in the North of France, a group of friends decides to open a song delivery company called "Si On Chantait".

Interesting – Wednesday 20 September, 8:00 pm:

WHAT THE HEALTH

USA, 2017, Write-Director Kip Andersen & Keegan Kuhn, Documentary, 97mins, English, Rated: NR (PG)

From the makers of the award-winning film Cowspiracy comes yet another film that follows the exciting journey of intrepid filmmaker, Andersen, as he uncovers the impacts of highly processed industrial animal foods on our personal health and greater community and explores why leading health organizations continue to promote the industry despite countless medical studies and research showing deleterious effects of these products on our health. *While watching the film the audience may ask the question who the film may benefit.*

German – Thursday 21 September, 8:00 pm:

• DEIN HERZ TANZT (Into the beat)

ïGermany, 2020, Dir. Stefan Westerwelle w/ Alexandra Pfeider, Helen Schneider, Trystan Pütter and others, Drama, 102 mins, German w/ English subtitles, Rated: G

In collaboration with Goethe Institute/Max Mueller Bhavan. Katya, a teen ballerina discovers hip-hop by chance and is faced with an impossible choice: Does she pursue her family's legacy and her dream going to New York Ballet Academy or her newfound love. Electrifying dance sequences and heartwarming plot of father/daughter relationship and boy meets girl. Some may remember singer Helen Schneider from the 80s.

International – Saturday 22 September, 8:00 pm:

• CORSAGE

Austria, 2022, Dir. Marie Kreutzer, w/ Vicky Krieps, Floriana Teichtmeister, Katharina Lorenz and others, Biography-Drama, German-French w/ English subtitles, 114 mins, Rated: NR(R)

A fictional account of one year in the life of Empress Elisabeth of Austria. On Christmas Eve 1877, Elisabeth, once idolized for her beauty, turns 40 and is officially deemed an old woman; she starts trying to maintain her public image.

Children's Matinee - Sunday 24 September, 4:30 pm:OVER THE HEDGE

USA-Japan, 2006, Dir. Tim Johnson, Karey Kirkpatrick w/ voices Bruce Willis, Garry Shandling, Steve Carell and others, Animations-Adventure, 83 mins, English, Rated: PG

A scheming raccoon fools a mismatched family of forest creatures into helping him repay a debt of food, by invading the new suburban sprawl that popped up while they were hibernating...and learns a lesson about family himself.

CLASSIC FILM FESTIVAL@ Ciné-Club:

Ciné-Club Sunday 24 September, 8:00 pm:

• MILOU EN MAI (MAY FOOLS)

France, 1990, Dir. Louis Malle w/ Michel Piccoli, Miou- Miou, and others, Crime-Romance, 107 mins, French w/ English subtitles, Rated: R.

An eccentric French family meets in the country for the funeral of their matriarch, which takes place at the same time as the 1968 student revolts in Paris. Even with the latest updates of the riots coming in over the airwaves, the family prefers to focus on petty squabbles and personal matters rather than the current political climate.

Rating codes we often use are from Motion Picture Association of America (MPAA): G=General Audiences, PG=Parental guidance suggested, PG-13=Parents strongly cautioned, R=Restricted (equivalent to Indian rating: A i.e. for Adults), NR=Film Not rated, Rating awaited, or Rating not available.

For scheduling programs at MMC/CP venue: please email us at <u>mmcauditorium@auroville.org.in</u>. *We appreciate your continued support. Pl donate to "Cinema Paradiso" (account #105106) or set up for a monthly contribution.*

Thanking You, MMC/CP Group Account# 105106, mmcauditorium@auroville.org.in