

*Auroville*

# NEWS & NOTES

No 986 - A weekly bulletin for residents of Auroville

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4 August 2023

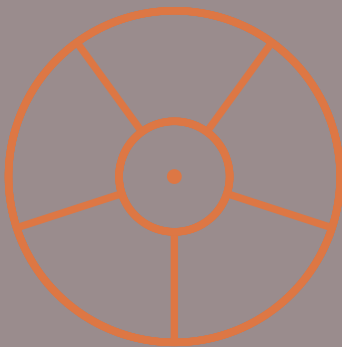
**RA EDITION**



## PONDERING

**“There is no need to build another ordinary city in Auroville; already there are so many. If people are like that, it will become an ordinary city and our money and efforts will be wasted.”**

(The Mother, 08/01/1973)



# HOUSE OF MOTHER'S AGENDA



(continued from last week)

Admittedly, Death is wise for a long part of the way, for an immortal Mr. Smith would be a total waste of immortality. All things considered, Death is a faithful guardian of the Truth. It is remarkable how everything has two faces: if we look one way, we must struggle, fight, say *No*; if we look the other way, we can only give thanks and thanks again, and say *Yes* and *Yes* again. And we must be capable of both. Thus, the battle against the "falsehoods of the body" – illness, unconsciousness, old age – can only proceed after the transformation of the higher mental and vital levels has been secured, when the rest of the being lives in Truth and is settled in Truth. It would be a great error to presume that one can undertake the supramental yoga before completing all the other steps; one must reach all the way to the top in order to be able to reach the bottom.

As silence is the basic condition for mental transformation, and peace the basic condition for vital transformation, so immobility is the basis for physical transformation – not an outer immobility but an inner one, in the cellular consciousness. By mental silence and vital peace we have been able to sort out the countless vibrations of the world, the secret stimuli that set us in motion and trigger our feelings or thoughts. Similarly, by an immobility of the physical consciousness, we begin to expose another nest of swarming vibrations and to realize what we are really made of. In cellular terms, we live in a total chaos: a maelstrom of sensations – strong, pleasant, painful, acute, with very high highs or very low lows – and if the maelstrom stops only for a second, a terrible anguish ensues, calling for more and more sensations. We feel alive only when we feel this movement. The basic task, therefore, is to bring all this chaos to a standstill – not an equanimity of the soul but an equanimity of the cells. Only then can the work of truth begin. In this cellular equanimity, our body will become like a transparent pool in which the slightest vibrations become perceptible, hence controllable. All the forces of illness, decay and falsehood, all the subconscious distortions and deformities with their horrible little denizens will begin to wiggle *visibly* in this clearing, and we will then be able to catch them in the act. In fact, the effervescence of *Agni* is due not so much to a basic cellular incapacity as to the resistance of "our" obscurities. This purifying stillness alone can clear the way and help release *Agni's* overwhelming Movement without causing the body to quake in unison, to panic and run a fever.



Once this cellular immobility has been relatively well established, we will make a first discovery. We will encounter a major obstacle, which is always also a major help in the work of transformation, since on all the planes, every opposition we meet is precisely matched to the force required to take a further step forward; it is both the dead weight and the trigger. We had already isolated, beneath our thinking mind, a "vital mind" that finds wonderful justifications for all our desires and impulses, and then a "physical mind" that repeats the same incidents a thousand times over like a broken record. But there is a deeper layer still, a mental bedrock, as it were, that Sri Aurobindo calls the *cellular mind*. This is actually a mind of the cells or of groups of cells, very similar to the physical mind in its inexhaustible capacity for repeating the same old refrains, but not limited to the brain area or to the mechanical grinding of bits of thought; it is everywhere in the body, like millions of little voices one can easily hear once the other mental layers have been clarified. It ceaselessly churns out not the debris of our conscious activities but of all our sensory impressions; all it takes is for a group of cells to be struck once by an impression (a fear, a shock, or an illness), and they will begin repeating their fear, their contraction, the particular tendency toward disorder, or the memory of their illness. It is a gregarious, absurd mental process that spreads from one cell to the next, quivering and quivering everywhere, endlessly, forever picking up the same wavelengths, the same decaying suggestions, and forever responding to the same stimuli, like a Pavlovian dog to its bell. This is the very fear of life embedded in Matter, which is related to Matter's first conscious efforts to become "alive." Yet unfortunately, the bit of initiative this cellular mind does have is always used to attract every possible disorder – through fear – and then to attract death's final unconsciousness as a relief. Yet this cellular mind, which has quite a formidable power if we begin to reflect upon it, likes ants upon an elephant, can put its absurd routine at the service of truth just as well as of falsehood. If it is once turned to a vibration of light, it will repeat that vibration, too, with the stubbornness of a mule, and most remarkably, it will repeat it day and night, nonstop. Whatever we may be doing outwardly (working, talking, or sleeping), it repeats its own vibration over and over again, automatically and independently. Hence, its great value for the transformation: it can become an extraordinary means of fixing the supramental vibration in the body. This is what Sri Aurobindo says about it: *There is too an obscure mind of the body, of the very cells, molecules, corpuscles. Haeckel, the German materialist, spoke somewhere of the will in the atom, and recent science, dealing with the incalculable individual variation in the activity of the electrons, comes near to perceiving that this is not a figure but the shadow thrown by a secret reality. This body mind is a very tangible truth; owing to its obscurity and mechanical clinging to past movements and facile oblivion and rejection of the new, we find in it one of the chief obstacles to permeation by the supermind Force and the transformation of the functioning of the body. On the other hand, once effectively converted, it will be one of the most precious instruments of the stabilisation of the supramental Light and Force in material Nature.*

(to be continued next week)

— Satprem, **The Adventure of Consciousness, Chapter 17,**  
**The Transformation**

[https://sri-aurobindo.co.in/workings/satprem/adventure\\_of\\_consciousness\\_e.htm#064](https://sri-aurobindo.co.in/workings/satprem/adventure_of_consciousness_e.htm#064)

With love and gratitude,  
Gangalakshmi (HOMA)

# NEWS & NOTES GUIDELINES

## HARD DEADLINE FOR SUBMISSIONS: TUESDAY 5PM

The content of News & Notes is a reflection of the growth process of this community towards its ideals of Harmony, Goodwill, and Truth. Editing of submissions, mainly for reasons of space and clarity, is done according to an established policy.

### How to submit material:

- Max size of the published poster is 9cm x 9cm independently of the size you sent. The bigger posters will be reduced.
- Please AVOID CAPS letters
- Material (no pdf files, please) may be sent in English only to **newsandnotes@auroville.services**
- Articles for the Notes section should ideally be no longer than 500 words.
- Please do not send submissions and inquiries as a "Reply" to the digital subscription mail. There is no guarantee that anyone will see communications sent this way.
- Please try your best to send your announcements, reports, film schedules whenever they are ready. Any modifications of submitted News items must be sent to the editors before **Tuesday 5pm.**



## DISCLAIMER:

Please note that the opinions and views expressed on these pages are solely those of the respective authors or work groups and do not necessarily reflect the position of the editors or the larger Auroville community. The News & Notes aims to provide a platform for the publication of diverse perspectives and voices from multiple sources within Auroville.

While our editors strive to ensure the accuracy of the information presented, we cannot guarantee that all information is free from error or omission. Additionally, we cannot be held liable for any alleged misinformation provided or offence caused by the content published.

In the event of any dispute, we encourage readers to consult with the Auroville Council, and we reserve the right to suspend the publication of disputed material. Our commitment to providing an open and inclusive platform for dialogue and exchange of ideas remains steadfast.

The News and Notes team  
**newsandnotes@auroville.services**

## LIST OF ACRONYMS:

**AVF** (Auroville Foundation), **AVFO/FO** (Auroville Foundation Office), **GB** (Governing Board), **RA** (Residents Assembly)

The following groups are divided in two categories: The groups selected by the Residents Assembly through Community decision making Processes and the groups put together by the GB and the FO (not recognised by the Residents Assembly).

### Working groups selected by the Residents Assembly:

Working Committee (WCom)  
Funds and Assets Management Committee (FAMC)  
Budget Coordination Committee (BCC)  
Town Development Council / L'avenir d'Auroville (TDC)

Auroville Council (AVC)  
Entry Service (ES)

### FO selected groups:

Working Committee (WC)  
Funds and Assets management Committee (FAMC)  
Budget Coordination Committee (BCC / BCS)  
Auroville Town Development Council (ATDC)

Housing Service (HS)  
Land Board (LB)

## NOTE FROM THE EDITORS

Dear Community,

We invite all those who wish for their events, workshops, and other content to be published in the RA N&N to send it to: [newsandnotes@auroville.services](mailto:newsandnotes@auroville.services).

### Reminder:

**Please do NOT write to us from an @auroville.org.in mail ID, your submissions will not reach us.** If you only have an auroville.org.in mail ID, please use this [FORM](#) to send us your content.

### Support the RA N&N:

As the News and Notes budget is still being disbursed only to the FO N&N, printing and distribution costs are currently being covered by private donations. If you wish to contribute to the RA Edition of the N&N, you can do so by donating to: "NEWSLETTER COLLECTION" **FS #252150**.

We look forward to continuing to serve the over **3000 readers** who receive the RA Edition as well as serving the Auroville community as a whole by providing a platform for all perspectives to be shared with respect.

In community,

The RA Community Edition News and Notes Team

## EMERGENCY NUMBERS



### Ambulance (24/7):

Auroville 9442224680	PIMS 0413 2656271		
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### Security (24/7):

AV Safety & Security Team 9443090107	Auroville Police Station 0413 2677318	Kottakuppam Police Station 0413 2236148	Vanur Fire Station 0413 2677368
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### Health:

Health Center 0413 2622123	Santé 0413 2622803	Farewell 8903836246	
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### Mental health 24/7 support:

Vandrevala Foundation +91 9999666555

**India Emergency Response Service (24/7): 108**

## WORKING GROUPS NEWS

### FROM THE ENTRY SERVICE

#### **ES # 191 DATED: 03-08-2023**

The following people have been recommended by the Entry Board to join our community. Please share your feedback within 2 weeks for potential Newcomers, Associates and Friends of Auroville and within 4 weeks for Potential Aurovilians, Returning Aurovilians, Youth and Spouse/Partner of an Aurovillian in writing to [auroville.entryservice@gmail.com](mailto:auroville.entryservice@gmail.com). We thank you in advance.

#### NEWCOMER ANNOUNCED:

- **Gnavalli SAMIVEL (Indian)** staying in Celebration and working at AHA kindergarten



- **Michael STEVENS (Belgian)** staying in Maison des Jeunes and working at Pakka Box (Youth Link)



- **Oleg TSYPARYNDY (Ukrainian)** staying in Auromode and working at Sanskrit Research Institute



- **Roberta ROSATO (Italian)** staying in Sunship and working at Language Lab



#### **CHILD OF NEWCOMER:**

- **Kavin (Indian)** born on 24/06/2017 (son of Gnanavalli)
- **Miliran (Indian)** born on 17/10/2020 (son of Gnanavalli)
- **Uma TSYPARYNDY (Ukrainian)** born on 13/07/2018 (daughter of Oleg)

#### **NEWCOMER CONFIRMED:**

- **Gwjwn DAIMARI (Indian)**
- **Maheshwaran RAMESH (Indian)**
- **Ramesh BALASUBRAMANIAM (Indian)**

#### **AUROVILIAN CONFIRMED:**

- **Eesha THAKER (Indian)**
- **Sophie BAPTISTE (French)**

#### **RETURNING AUROVILIAN ANNOUNCED:**

- **YUNSUNG CHO (Korean)** staying in Grace and working at Art Service

#### **NOTE:**

- The Newcomer probation year becomes effective only after the NC kit has been returned and should not exceed 18 months from the date of confirmation.
- A Newcomer becomes an Aurovilian once his/her name has been confirmed by The Admission Committee (aka the Entry Board) after following due process.
- The date of becoming Aurovilian is the date of confirmation. An Aurovilian confirmed by the Entry Board is eligible to participate in all community decision-making processes.
- A confirmed Aurovilian becomes officially a Resident of Auroville once the individual has filled in and signed the B-Form and his/her name has been entered in the Register of Residents (RoR) maintained by the Auroville Foundation Office (AVF).
- A Resident of Auroville is eligible to become an executive of a Unit or Service of Auroville and to get an ID card issued by the Auroville Foundation.
- A meeting with the Secretary of the AVF will be arranged by the Entry Secretariat according to the availability of the Secretary and not at any personal request.

Yours,

The Entry Board (Alain, Grace, Jayanthi, Lakshmanan, Matilde, Sara, Sonja and Swadha)

#### **Entry Service Timings:**

Monday, Wednesday, Friday, 9:30am—12:30pm

Tuesday & Thursday: Newcomer kits, 2:30—4:30pm

Contact: 0413 262-2707, [auroville.entryservice@gmail.com](mailto:auroville.entryservice@gmail.com)

## RESIDENTS' ASSEMBLY DECISION

**Voting on two RAD Proposals  
29 July to 13 August 2023**

Voting on two Residents' Assembly Decision (RAD) proposals for the community to approve or disapprove:

1. Emergency RAD by the Residents' Assembly ([tinyurl.com/RADProposal1](https://tinyurl.com/RADProposal1))
2. Emergency functions to the Working Committee of the Residents' Assembly to select members of working groups ([tinyurl.com/RADProposal2](https://tinyurl.com/RADProposal2))

**To vote online**, use the **personalized voting link** sent to you on email by the Residents' Assembly Service (RAS).

Not received the email or having trouble voting?

Visit the RAS on Tue 1/8, Thu 3/8, Tue 8/8 or Thu 10/8 between 10 am and 12 pm in the AV Council room at Town Hall.

**In-person voting** at Solar Kitchen on **Sunday, 13 August, 11am to 2pm.**

*RAS Members: Veronique, Tatiana, Satprem, Sandeep, Robert, Mandakini, Manas, Giovanni*

## WATCH VIDEO ON HOW TO VOTE AND WHY

<https://youtu.be/wtAaS98rgD4>



## [RESULTS AND UPDATE] AN APPEAL FROM RESIDENTS OF AUROVILLE REGARDING THE EXIT PERMIT SERVED TO SATPREM MAÏNI

Dear Auroville family near and far,

We would like to thank you for adding your name to the recent appeal letter for Satprem (Mr Serge André Marie MAÏNI).

Here are the results of the signature collection:

2,842 signatures (Auroville Residents: 931 / Well-wishers: 1,911)

Duration: 22.6.2023 - 14.7.2023 (23 days)

As promised, this record will be held by the Working Committee selected by the Residents' Assembly and all names will be kept confidential.

We take this opportunity to invite you to download and take a look at the 'Voice of Auroville' issue 1 & 2, in PDF, from these links, and find an overview of what has been happening in Auroville over the past 2 years.

[- Voice of Auroville Issue 1](#)

[- Voice of Auroville Issue 2](#)

We deeply appreciate your continued support for Auroville and its participatory governance.

With Love and Hope,

Concerned Members of the Residents' Assembly of the Auroville Foundation

## ANNOUNCEMENT FROM THE DREAMWEAVING CORE TEAM

Dear all,

as part of the transition to the collective experiment in planning and organisation that we proposed at the end of the presentation on Saturday, the "Dreamweaving Core Team" just wanted to write a final message to the community before we swap hats and join the wider initiative. The suggested Dreamcatching initiative has already kicked into gear (*see post below*), and the Self-Education Program Team and Dreamweaving Architects will hopefully be following soon with new email ids and updates as to next steps. Many of the Citizens Assembly team are still TOS, and so the team will need to regroup once everyone is back to see how and/or if they can plug-in to the process in the weeks and months to come. Last but very much not least, we would like to express our thanks to everyone who attended the presentation on Saturday, and especially those who donated and/or helped prepare the food for the gathering afterwards! Wishing us all the best in our ongoing collective planning explorations  
- David, Mona & Omar

PS: for those who weren't able to make it, the link to the presentation is here: <https://www.youtube.com/watch?v=FnA3xvh4Y24>

## FOLLOW-UP TO THE 'DREAMWEAVING CORE TEAM' PRESENTATION

Dear all,

as a follow-up to the 'Dreamweaving Core Team' presentation last Saturday 29th July in the Unity Pavilion, where we proposed a number of initiatives that could potentially begin working together to explore a more unifying action-oriented planning process for the development of Auroville, we would like to invite those who are interested in participating in the first round of dreamcatching sessions to join us at La Terrace on **Saturday 5th August at 5pm**.

This will not only give us a chance to give a short overview of the process and explain the intended direction of the first round of sessions, but also enable us to gauge the degree of interest in order to know how best to proceed.

As in the past, the dreamcatching itself will be held **once a week from 6-8 am**, this first round taking place **every Monday** on different roof tops in Auroville; with the details of further rounds to be determined by the next 'anchors' who choose to take up the role. The sessions are intended to be aspirational in nature and a means to create a quiet and safe space to bring down our collective vision for auroville.

Everyone is welcome to participate.

For those who are unable to make it in person, please write to [dreamcatchingav@gmail.com](mailto:dreamcatchingav@gmail.com) to let us know if you're interested in attending and we will write back with the relevant info.

Many thanks!

David & Mona

## UPDATE ON THE DOG SHELTER SITUATION



AUROVILLE  
DOG SHELTER

The Auroville Dog Shelter wants to inform the Auroville Community that in a successful collaboration, a solution regarding the Auroville Dog Shelter has been found. Thanks to everyone's productive ideas and input, a compromise could be worked out in which the new access road will be built without destroying any dog enclosures or important infrastructure of the shelter.



By working together with the Auroville Foundation, Animal Husbandry, and Animal Welfare Board of India, we will start the construction of the new Auroville Dog Shelter very soon. Acknowledging the deficiencies in the previous facilities managed by the former IACC, it was decided to build a completely new facility in a designated area adjacent to the Red Earth Riding School. With the help of ATDC, we have identified a suitable location and are currently in the process of preparing the layout.

This new facility will provide a dignified environment for our 300 rescue dogs to thrive. The new Auroville Dog Shelter aspires to set a benchmark as a model shelter, where both humans and dogs can heal, learn, and grow together. Mother said: „Every animal is an emanation of the Divine and should be treated with the same love, compassion, and respect as we would show to any other living being."

Thank you all for your continued support!

Auroville Dog Shelter Team Lore, Coco, Caroline, Arthur, Kiran

## HELP NEEDED

### CRP3 IS LOOKING FOR RESOURCES PERSONS

Dear Auroville community,

The CRP3C (Conflict Resolution Policy 3 Coordination) group has existed for close to two years and looks into issues falling under section 3 of the Conflict Resolution Policy (<https://auroville.org.in/page/conflict-resolution-policy-2015>).

In order to address more specifically the 'Psychological health issues' and the support these persons need, the CRP3C **is looking for additional Resources Persons that could help with the following tasks:**

- Accompany people for daily activities (walking, doing errands, sport, etc.)
- Presence and support through: talking, playing games, entertaining, etc.
- Specific support for seniors
- Healing modalities

#### **We expect the resource persons to be able to:**

- Commit for a given period of time (minimum 2 months)
- Have a capacity to listen with empathy and in certain cases will need to be in good physical condition
- Be patient and good-willed
- Be reliable

As this new kind of 'support' in Auroville would require a specific set of skills (necessary training can be provided), time and commitment, it would be seen as a full or part-time job and support in the form of maintenance can be considered.

If you have time and are interested in this kind of service and work to support community members, please send an email to [crp3.auroville@gmail.com](mailto:crp3.auroville@gmail.com)

Thank you for supporting the well-being and growth of our community,

The CRP3C Team, (Anandamayi (AVSST), Dr Saif (Mattram), Suryan & Ashwini (AVC), Chali (RA WCom), Angelo F, Dan, Mukta and Shivaya (Resource Persons), Sophie (Coordination & Admin)

## TAXI SHARE



### FROM CHENNAI AIRPORT, 8 AUGUST, 7 AM

Chennai Airport to Auroville, Leaving the airport around 6 - 7am on August 8 (Tuesday morning).

Please contact [danielrabin@yahoo.com](mailto:danielrabin@yahoo.com), Daniel

## VOICES AND NOTES

### **WELCOME TO AUROVILLE, THE CITY OF DAWN**

As we are still in a human body that has basic needs, we need work to generate wealth<sup>1</sup>, in a collective process for the collective benefit. This then creates optimum opportunities within the community for psychological and physical growth and progress through actual engagements during and in-between the working hours, such as meals, tea breaks, festivals, arts, cultural and sports events. These are already happening, we just need to establish more wealth-generating enterprises as a collective endeavour, and the most important, in the spirit of conscious evolution as willing participants in this concentrated social experiment envisioned and started by Sri Aurobindo and the Mother we call Auroville.

All Life is Yoga, all Life is Union.

We have all the guidance laid out before us, from the most basic necessary attitudes in 'To Be a True Aurovilian'<sup>2</sup>, to the most advanced yogic practices. True practices and guidance from our authentic founder Guides Sri Aurobindo and the Mother. This must not be taken as dogma or a religion, but as unifying factors in the conscious choice each of us adult participants have made, and given the chance, in joining and participating in progressively establishing this not only an intentional community with core ideals<sup>3</sup>, but a legislated collectivity under the supervision of the Government of India<sup>4</sup>, representatives of Bharat Mata the Guru of the World herself, internationally acknowledged, we call Auroville, the City of Dawn.

With this eternally shared theme of Unity in Diversity, the diversity is here, in all its dynamic aspects both horizontal in all forms and representations of human identities and archetypes, and vertical in hierarchical power: all necessary aspects of the Divine Play of the One and Its infinite many towards the clearly stated goals of a Divine Manifestation, the next upgraded mode of evolutionary existence and global governance, the Supramental<sup>5</sup> being.

The sense of the fundamental Unity that binds us all is what needs to be fully established psychologically. That our essence is oneness. That whatever we think and act, we do it to none other than our other selves. I am you, We are all you, just looking differently and performing our roles uniquely, which is superbly proper, an existential marvel, as I will immediately run away if I see everyone all looking and acting the same. With this fundamental understanding we engage, consciously, for the transmission of Jnana: the Knowledge of Oneness in diversity, in reciprocal action and experience: Karma, and in adherence to the Supreme Truth, the Divine Consciousness of Oneness in diversity: Bhakti.

Organised and spontaneous round table discussions or satsangs are required and indeed are happening through everyday informal and regular formal engagements, that is why we have so many gardens, activities, cafes, canteens and eateries, but must be made more obvious and conscious in our narratives and action, emerging from within our very souls: that underneath our ever challenging yet marvellous diversity, we are all One.

This is the Sanatana Dharma and Vasudhaiva Kutumbakam of Bharat Mata

The cry of every global revolution: Liberty, Equality, Fraternity

The Vision in Action:

Unity in Diversity

Towards a Life Divine for all...

ॐ

1. <http://www.collectedworksofsriaurobindo.com/index.php/readbook/05-Chapter4-Vol-the-mother-by-sri-aurobindo>
2. <https://auroville.org/page/a-true-aurovilian>
3. <https://auroville.org/page/core-documents>
4. <https://auroville.org/page/auroville-foundation-act%C2%A01988>
5. <https://incarnateword.in/search?query=supermind+supramental&page=1>

Zech, 2023.07.29

## **NOTE OF GRATITUDE**

Dear co-travellers on the sunlit path,

I am signing off as an officer of Auroville Foundation today being my last day of service. Auroville has made me what I am today, hoping more of inner progress and though the outer development may appear to be more of ignorance, pride or ego, still. But it has been the most valuable phase of my life, having started my career here in Auroville! It is a very enriching experience to have met many a great sadhak from the Ashram and quite a few silent, unassuming beings though very much evolved, in Auroville. I am sure many must have realised some siddhis, yet so simple and human. That's the magic of this unique place created by the Mother

Officially, I have had the privilege of working with many great personalities, fine human beings on Boards, councils, committees and groups. Also met many eminent people at Auroville or visiting, from Mother India and from different parts of the globe. But for the unfortunate event in the last part of my service, which taught me hard lessons, I joyfully learnt so much & felt humbled to come across so many sincere aspirants, great scholars and even so called politicians to be deeply spiritual and evolved in their personal lives...

Well, during my adventurous and challenging work at office, I might have behaved rudely or hurt quite a few in Auroville, knowingly or unknowingly. If I have hurt you in thought, word or action, please forgive me. I sincerely feel, we all are on the way, even though we may have had difference of opinions, arguments and even fights (though not physical 😊) ) but I have never experienced any ill-will or rancour, thanks to your goodwill and understanding.

As our lives (mine, my wife Chitra's and our daughter Devi's) are anchored in and interwoven with Auroville, we will be here around, to continue to do our best in service.

It is with an immense sense of gratitude to Sri Aurobindo and the Mother and dear Auroville, I would like to send this note from the depths of my heart, as I am not articulate enough to say or express all I wish to, for now.

Fraternally,  
Srinivasmurty,  
Promesse.

Email: [manaschitra@gmail.com](mailto:manaschitra@gmail.com)

Mobile: 9443434227

31.7.23

## POETRY



He had his hair cut  
And left some beard  
As he figured out  
How to comb it  
With his fingers.

- Anandi Z.

## AWAKENING SPIRIT

### YOU ARE ALL I

They say that when you are at the beach  
Looking at all sorts of waves  
Coming and going  
Or when you are in the forest  
Seeing all sorts of things  
Listening to all sorts of sounds  
With eyes closed  
You may hear a faint whisper  
Saying:

"You are all I"

And then the whisper becomes ever louder, like the deafening songs of the cicadas summoning for union. An inescapable call to partake in the ongoing Divine Evolution. When you reawaken to this calling, then your quest for synthesis since beginningless time has again begun.

And what they say once again rings true, that at each advancing level of the spiritual quest there is a different guru. Temporary teachers that one eventually let go. When you are ready for the next level, the next appropriate guru will appear. Remember: Nature, the Individual, and The Source are in an inseparable interplay.

My next Guru has appeared:

"We see, then, what from the psychological point of view,—and Yoga is nothing but practical psychology,—is the conception of Nature from which we have to start. It is the self-fulfilment of the Purusha through his Energy. But the movement of Nature is twofold, higher and lower, or, as we may choose to term it, divine and undivine. The distinction exists indeed for practical purposes only; for there is nothing that is not divine, and in a larger view it is as meaningless, verbally, as the distinction between natural and supernatural, for all things that are are natural. All things are in Nature and all things are in God. But, for practical purposes, there is a real distinction. The lower Nature, that which we know and are and must remain so long as the faith in us is not changed, acts through limitation and division, is of the nature of Ignorance and culminates in the life of the ego; but the higher Nature, that to which we aspire, acts by unification and transcendence of limitation, is of the nature of Knowledge and culminates in the life divine. The passage from the lower to the higher is the aim of Yoga; and this passage may effect itself by the rejection of the lower and escape into the higher,—the ordinary view-point,—or by the transformation of the lower and its elevation to the higher Nature. It is this, rather, that must be the aim of an integral Yoga."

— Sri Aurobindo . The Synthesis of Yoga

<https://incarnateword.in/cwsa/23/the-synthesis-of-the-systems>

Zech, 2017.07.25

## INTRODUCTION TO THE INTEGRAL YOGA OF SRI AUROBINDO AND THE MOTHER

Tuesday, 8th August, 9 am - 12 noon

**Focus: The Supermind**

Led by Ashesh Joshi

Place: Mirabelle Education Centre, Auromodele

Ph/Whatsapp: 9489147202 (Please register)

All are Welcome



## BRAHMANASPATI KSHETRAM



**BRAHMANASPATI KSHETRAM**  
The Mother Sri Aurobindo Centre

*To my dear little child  
live only for the Divine*

**Calendar of regular events of August 2023**

Every Thursday 6:00 - 6:30pm  
**Meditation**

Every Friday 5:30 - 6.30pm, reading  
**"The Mother's Questions & Answers- Vol-7"**  
in English

1st, Tuesday at 6:30pm full moon, reciting  
Sri Aurobindo's Gayatri Mantra for 30min

No.3/134, Kalathu Mettu Street  
Edayanchavadi, Auroville

[kshetram2014@auroville.org.in](mailto:kshetram2014@auroville.org.in)

Location



## THURSDAY MEDITATION AT THE AMPHITHEATRE

Every Thursday at sunset, 6 to 6:30pm  
weather permitting

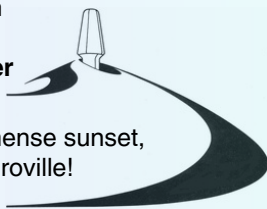
**Meditation with Savitri read by Mother  
to Sunil's music**

Enjoy the beautiful open space, an immense sunset,  
heavenly music in the very center of Auroville!

**Reminder to all**

- The Park of Unity is a place for silence, meditation and inner work and is to be used only as such.
- We request everyone: please do not use cameras, I-pads, cell phones, etc. No Photos.
- Dear Guests, please carry your Guest Card with you. Access only for the Amphitheatre from 5.45 pm and until meditation ends.

Surya & Velmurugan



## AN ATTEMPT TO SUBSTITUTE

[The Mother's Agenda, April 18, 1970](#)

Soon...

Zech, 2023.07.27

## WORK OPPORTUNITIES

### HR HUB

HR Hub Initiative is a service which helps individual Aurovilians and Newcomers who are looking for suitable work to find it, and to help Auroville units and services who are looking to fill positions to find the right individuals to step in.

### Field Officer (Full Time)

#### **Roles & Responsibilities:**

Coordinating project field work- Capacity to lead a team of volunteers/staff/teachers in pilot testing, implementing and evaluating educational programmes; Tamil communication- Manage and take responsibility for all Tamil communication (content writing, proof-reading, translation, report writing, calls and in-person meetings); Presenting, training and building capacity for teachers, partner organisation coordinators and potential future partners; External communication- Liaising with local government officials; Teaching- Teach and inspire students in Auroville and India through implementing our Programmes; Travelling to various locations within Tamil Nadu to train, launch and evaluate educational programmes.

#### **The essential skills we are looking for are:**

- Excellent Tamil communication (written and verbal).
- Good English communication.
- People skills (confidence to communicate with different stakeholders- government officials, teachers, and partner organisations).
- Willingness and ability to travel in Tamil Nadu and when needed to other states in India.
- Fluency in Word (typing Tamil script) & PowerPoint with good presentation skills.
- Someone who is organised, pays attention to detail and is able to manage their time effectively.
- Someone who enjoys working independently as well as being part of a team.

#### **It would be great to have someone with experience in the following:**

- Someone who is open to presenting our programmes and training teachers.
- Someone with experience conducting social impact evaluations (surveys, focus group discussions and interviews).
- Translation and proof reading in Tamil.
- Someone who is accurate and pays attention to details.
- Knowledge of Adobe (InDesign, Illustrator and Photoshop).

### **Construction Work - welding, electrician, carpenter, masonry (part or full time)**



A unit of Auroville is looking for someone that has a good work ethic, motivation; that has a minimum experience in the construction field and wants to improve knowledge and training with professional people.

## Project manager (Full time)

### Roles & Responsibilities:

Managing projects- Capacity to lead on different aspects throughout the entire project cycle (planning, research, development, implementation, and evaluation); Managing a team- Coordination of team members, supporting team members as needed, collaborating with Admin & HR manager regarding team members; Time management- Responsible for managing project phases/timelines and making sure that outputs and deadlines are met; Quality control- Follow up on design, content, and production to make sure high quality standards are met; Strategic planning- Participation in organisational vision, mission, goals and aims including decision making in the organisational structure and project cycles.

### The essential skills we are looking for are:

- Strong leadership skills and ability to motivate team members.
- Someone who is good at taking responsibility.
- Excellent communication (written & verbal in English) and listening skills.
- Someone who is organised, pays attention to detail and is able to manage their time effectively.
- Someone who enjoys working independently as well as being part of a team.
- Fluency in Word, Excel & PowerPoint with good presentation skills.
- Someone who is adaptable and flexible.

Please contact us for more information and if you are interested in any of this work opportunity or if you are looking for something else. You can find us at [hr.hubauroville@gmail.com](mailto:hr.hubauroville@gmail.com).

## CLASSES, WORKSHOPS & HEALING ARTS

### AUROMODE YOGA SPACE

#### **Auromode Yoga Space - Satsang Saturdays - Alchemy Unveiled: The art of making Gold**



As part of our weekly Satsang (Satsang - the company of truth), we are delighted to invite you to a circle of seekers who aspire to learn the art of making gold. We delve into the wisdom of our Saints and Gurus who have bestowed numerous ways to create, discover, and polish our inner diamonds and make gold. You are cordially invited to share your recipe for gold through poetry, prose, philosophy, or any art form.

Discussion will be in English.

Simple traditional prasadam offered.

Free and open for all.

**Date: August 5, 2023**

**Time: 4:30pm to 6:00pm**

**Venue:** Auromode Yoga Space,  
Auromode Apartments, Auroshilpam

**Contact Bala**

Email: [balaganesh.siva@gmail.com](mailto:balaganesh.siva@gmail.com) or WA + 91 9892699804



## PITANGA



2622403 / WA 9443902403 / [info@pitanga.in](mailto:info@pitanga.in)

### Pranayama Course – The Art of Living Part 1 with François & Namrita at Pitanga



**Thursday 10th – Sunday 13th August 2023**  
**6.30 – 8.30am, for 4 days**

The Art of Living Part 1, four days intensive pranayama course, combines breathing techniques, meditation and features Sudarshan Kriya, a breathing technique that uses specific rhythms of breath to detoxify every cell of the body and infuse it with energy.

- Registration required.
- Please come in loose, comfortable clothing and on empty stomach.
- Attendance on all 4 days is compulsory.

### Art Therapy in the style of Neurographica™ with Gala



Gala offers art therapy classes for children and adults with the intention of balancing the mind and stimulating creativity and imagination.

The classes are based on the Neurographica method developed by Russian psychologist Dr. Pavel Piscev. Through the process of drawing, guided by the teacher, one recognizes patterns and hidden obstacles and finds new creative solutions and organic ways to release outdated patterns in one's life.

The process of drawing helps to release tension and mental stress that is present in life.

**For adults: Thursdays | 3 – 5pm | drop-in class.**  
**Family Art: Fridays | 3 – 5pm | by reservation.**

This class is for a max. of 2 parents & 2 children.



## Shiatsu classes in pairs - in French – by Patricia

Here is an opportunity for 1 or 2 persons to join an ongoing study group: “In a spirit of openness, in a quiet and benevolent atmosphere, we will explore Shiatsu in depth in pairs.

The benefits of this practice are immediate, such as relaxation of the body, emotions, and mind.

A new energy balance is harmoniously established, uniting all the internal parts of the organism.”

Regular attendance is required.

**Mondays | 5.30pm – 7pm – starts 7th August**

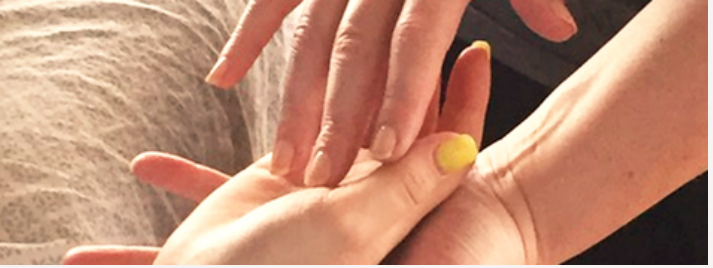
If this interests you, please register with the reception desk team.

## Feldenkrais Classes with Shari

Shari resumes her classes on  
Friday, 11th Aug – 5:15–6:45pm

## Course: Professional Training - Advanced Massage and Bodywork – Module 4

With Shari



Weekly twice, for 8 weeks (48 hrs)

**Sept 4 to Oct 25, 2023**  
**Mondays & Wednesdays**  
**10 am - 1 pm**

We will be working on all levels of therapeutic massage and bodywork including anatomy, the body/mind/spirit as the vehicle for doing bodywork, intimacy and moving deeply into the essence of healing. This will include deep listening, integration, and loving/compassionate touch.

We will explore techniques for treatment of specific conditions including the most often requested work on neck, shoulders, upper back, thoracic and lower back conditions, and contraindications.

This is the fourth in a series of 4 eight-week courses with the intention of going deeply into what it means to be a successful professional in this field.

Contribution requested.

Certificate of Completion will be offered.

The class size is limited to 8 students.

**For registration, please contact Shari:**  
**+91 95008 22629**

If you wish to receive our program of activities by email, please write to us: [info@pitanga.in](mailto:info@pitanga.in)

*See you at Pitanga, with a smile !*

Pitanga Cultural Centre  
2622403 / WA 9443902403  
[info@pitanga.in](mailto:info@pitanga.in)

# PITANGA



2622403 / WA 9443902403 / [info@pitanga.in](mailto:info@pitanga.in)

## Program for August 2023

Prior  
Registration  
required

### Iyengar Yoga with Tatiana

#### **Mondays 5.00 – 6.30pm | Level 1**

The general asana practice class is for people who do not have major physical problems. Each session includes the practice of Salamba Sarvangasana (shoulderstand) or preparatory stages. Regular attendance is expected.

#### **Tuesdays 7.30 – 9.00am | Yoga for the Spine | All levels**

The class is suitable for all levels of practitioners. In the classes, special attention is paid to relaxing the back and the correct position of the spine in various types of asanas. Please note that this is not a healing session. Each practitioner should be prepared to independently use props such as chairs, rollers, bricks.

#### **Wednesdays 5.00 – 6.30pm | Level 2-3**

The class is for seasoned practitioners. Classes are divided into weeks and include both asanas and pranayama. Inverted poses such as Salamba Sarvangasana, Salamba Sirshasana (headstand) are practiced in every class.

#### **Saturdays 9.00 – 10.30am | Restorative Yoga | Level 2-3**

Each session includes time for deep work in inversions, backbends and forward bends with support and deep relaxation on a physical and mental level. Practitioners are expected to independently choose alternative postures according to their ability and are prepared for prolonged use of inverted postures.

### **Family Art Therapy class with Gala.**

Prior  
Registration  
required

**Fridays 3 – 5pm** for a max of 2 parents & 2 children.  
By reservation only.

By  
Appointment

### **Pitanga's Healing Space**

- Acupuncture by Heidi
- Cranio Sacral Therapy by Anne H.
- Thai Yoga Massage by Juan

**Mondays**

	<b>Program &amp; facilitator</b>	<b>Level of the class</b>
7.30 – 9.00am <i>Resumes: 14 Aug.</i>	<b>Asanas</b> with Rachel	All levels
8.30 – 10.00am	<b>Yoga Therapy</b> with Gala	All levels
4.00 – 5.00pm <i>Resumes: 14 Aug.</i>	<b>Asanas for teenagers</b> with Lisbeth <i>Interested new students can give their names to the reception</i>	For teenagers

**Tuesdays**

*No drop-in class on this day.*

**Wednesdays**

7.30 – 9.00am <i>Resumes: 9 Aug.</i>	<b>Asanas</b> with Rachel	All levels
8.30 – 10.00am	<b>Yoga Therapy</b> with Gala	All levels
4.00 – 5.00pm <i>Resumes: 16 Aug.</i>	<b>Asanas for teenagers</b> with Lisbeth <i>Interested new students can give their names to the reception</i>	For teenagers

**Thursdays**

3.00 – 5.00pm	<b>Art Therapy</b> with Gala	Beginners
4.30 – 5.30pm	<b>Aviva Exercise</b> with Suriyagandhi	For women only

**Fridays**

6.45 – 8.00am	<b>Pranayama</b> with François & Namrita	For former “The Art of Living” course participants
7.30 – 9.00am <i>Resumes: 11 Aug.</i>	<b>Asanas</b> with Rachel	All levels
8.30 – 10.00am	<b>Yoga Therapy</b> with Gala	All levels
9.00 – 10.00am	<b>Rosa’s ATB special for seniors</b> with Rosa	Seniors
5.45 – 6.15pm <i>Resumes: 11 Aug</i>	<b>Feldenkrais class</b> with Shari	All levels

**Saturdays**

9.00 – 10.00am	<b>Yoga for children</b> with Gala	Children 5 – 8 yrs
10.00 – 11.00am	<b>Yoga for children</b> with Gala	Children 7 – 9 yrs
11.00am - 12.00pm	<b>Energy Games for children</b> with Gala	Children, 9 yrs+

If you wish to receive our program of activities by email, please write to us: [info@pitanga.in](mailto:info@pitanga.in)

*See you at Pitanga, with a smile !*

*Submitted by Andrea, for Pitanga.*



## VÉRITÉ PROGRAMS – AUGUST 2023

Phone: +91 413 2622045, 2622606

Whatsapp: +91 7867805812 / 8489391876

Email: programming@verite.in

Website: [www.verite.in](http://www.verite.in)

### YOGA & RE-CREATION PROGRAMS

Days	Drop-in Sessions	Timings	Presenters
Mondays	Pranayama and Meditation - Re-balance your nervous system	10:30am - 11:30am	Radhika
Mondays	Yin Yoga - Healthy Hips	3:30pm - 4:30pm	Emma
Mondays	Deep Sound Bath	5:00pm - 6:00pm	Satyayuga
Monday	Hatha Vinyasa Yoga	5:00pm - 6:00pm	Andres
Tuesdays	Sivananda Yoga	9:00am - 10:00am	Mani
Tuesdays	Gentle Vinyasa Flow	10:30am - 11:30am	Emma
Tuesdays	Face & Eye Yoga	3:30pm - 4:30pm	Mamta
Tuesdays	Vinyasa Yoga	5:00pm - 6:00pm	Rebeca
Wednesdays	Yoga for inner alignment, Asanas for grounding & centring	10:30am - 11:30am	Radhika
Wednesdays	Yin Yoga - Healthy Spine	3:30pm - 4:30pm	Emma
Wednesdays	Hatha Vinyasa Yoga	5:00pm - 6:00pm	Andres
Wednesdays	Kirtan (contributions are voluntary)	5:00pm - 6:00pm	Mamta & Savitri
Thursdays	Sivananda Yoga	9:00am - 10:00am	Mani
Thursdays	Peace with Pranayama – Nourish your prana	5:00pm - 6:00pm	Mamta
Thursdays	Vinyasa Yoga	5:00pm - 6:00pm	Rebeca
Fridays	Hatha Vinyasa Yoga	5:00pm - 6:00pm	Andres
Fridays	Free Flow Dance & Movement	5:00pm – 6:30pm	Vega
Saturdays	Mindful Flow – Awaken in Movement & Stillness	5:00pm - 6:00pm	Savitri
Day & Date	Intensives (pre-registration required)	Timings	Presenters
Saturday, 5 August	Freedom From Fear - Dr Sehdev	2:00pm - 4:30pm	Dr. Sehdev
Friday, 11 August	Understanding Pranayama & its Practice in Asanas & Meditation	9.30am - 12:00pm	Radhika
Saturday, 12 August	Healthy Spine with Yoga	9.30am - 12:00pm	Rebeca
Saturday, 12 August	Yoga of Forgiveness - Dr Sehdev	2:00pm - 4:30pm	Dr. Sehdev
Saturday, 19 August	Energy Cleanse through Yoga Kriyas	9.30am - 12:00pm	Mamta
Saturday, 19 August	Yearnings for Peace - Peace Within, Peace Without - Dr Sehdev	2:00pm - 4:30pm	Dr. Sehdev
Friday, 25 August	Restorative Yin & Yoga Nidra – Deep Relaxation for Body & Mind	9.30am - 12:00pm	Emma
Saturday, 26 August	Sivananda Yoga - Masterclass	9.30am - 12:00pm	Mani
Therapies (by appointment only)			Therapist
Private Yoga Session / Yoga Therapy			Andres
Thai Yoga Massage			Andres
Individual Self-Work with Clay			Megha
Biodynamic Cranio-sacral Therapy			Mila
Private Yoga Session / Yoga Therapy			Nadia
Integrated Craniosacral & Foot Reflexology			Radhika
Craniosacral Therapy			Radhika
Foot Reflexology			Radhika
Integrated Ayurvedic Acupressure, Deep Tissue & Heart Healing Massage			Raja

[Click here to see the full program](#)

or



Scan the code to see the full program

# VÉRITÉ REGULAR EVENTS - AUGUST 2023

## CLASSES

Contact Vérité @  
0413 2622045, WA 7867805812  
or e-mail [programming@verite.in](mailto:programming@verite.in)



### **Pranayama and Meditation Re-balance your nervous system – with Radhika**

- **Monday 10:30 – 11:30am**

You will be guided in breathwork techniques such as Suka, Nadi Shodana and Kapala Bhati as well as Meditation, all of which help to develop focus and breath awareness, enabling grounding and re-balancing of the nervous system.

### **Yin Yoga – Healthy Hips – with Emma**

- **Monday 3:30 - 4:30pm**

Quiet and relaxing practice complementary to the yang practice. Yin yoga focuses on passive seated postures to mobilise and strengthen joints, ligaments and deep fascia network while providing a restful context for meditation.

### **Deep Sound Bath – with Satyayuga**

- **Monday 5:00 - 6:00pm**

Deep Sound Bath is based on the ancient art of using vibration to awaken the inner being & align the body, heart & soul to the frequency of the universe. Sound Bath uses the unique frequencies of various instruments to promote healing on a cellular level. Some of the instruments used are Tibetan bowls, xylophone and drum along with mystic chanting.

### **Hatha Vinyasa Yoga – with Andres**

- **Monday, Wednesday & Friday 5:00 - 6:00pm**

Participants are guided towards a tension-free state of well-being, through postures (asanas), breathing techniques (pranayama), activation of the energetic centers (chakras), and relaxation techniques (yoga nidra, savasana). As a result, balance is restored in the physical, mental, and emotional being. With consistent practice, contentment (santosha), equanimity (śamatha), health, connection and well-being are established in daily life!

### **Sivananda Yoga – with Mani**

- **Tuesday & Thursday 9:00 – 10:00am**

The purpose of the practice is to remove the toxins accumulated in body and mind to clear the blockage in energy channels(nadis), Increasing the pranic energy level, Channelising the pranic energy for spiritual progress. The class starts with breathing practice followed by some basic asanas to warm up and loosen up the body and joints. Then slowly proceed to some intermediate asanas and finally concludes with guided relaxation.

### **Gentle Vinyasa Yoga – with Emma**

- **Tuesday 10:30 - 11:30am**

This Gentle Vinyasa practice explores the Range of motion of the body while working on mobility and flexibility. The class focuses on breath and mindful movements with a moderate intensity.

### **Face & Eye Yoga – with Mamta**

- **Tuesday 3:30 - 4:30pm**

The physical & mental state of our inner world determines how we experience our outer world. Sense organs are the tools for each experience we have. Face Yoga involves simple self massage techniques & exercises to release tension in the facial area, stimulate blood circulation & improve efficiency of our sense organs. In an era of increased screen time, our eye health may be compromised, unless we actively exercise this area. Eye Yoga uses techniques such as palming, blinking, near & far viewing & candle gazing. You will also learn tips to prevent eye damage caused by screen time.

### **Vinyasa Yoga – with Rebeca**

- **Tuesday & Thursday 5:00 - 6:00pm**

Teaching a non-dogmatic style of yoga fusing ancient wisdom with contemporary understanding of the body, challenging it in different ways, focusing on the development of coordination, balance, strength and flexibility. Under the view of a physiotherapist teacher, there is a main focus on individual alignment with anatomical explanations for the safe performance, considering this practice as therapeutic exercise. Absolute beginners may find these classes a bit challenging.

### **Yoga for inner alignment, Asanas for grounding & centering – with Radhika**

- **Wednesday, 10:30 – 11:30am**

This yoga is a physical practice that embraces the reality of life through attitude, alignment and action, helping us to feel more grounded and centered in our daily activities.

### **Yin Yoga – Healthy Spine – with Emma**

- **Wednesday 3:30 - 4:30pm**

Quiet and relaxing practice complementary to the yang practice. Yin yoga focuses on passive seated postures to mobilise and strengthen joints, ligaments and deep fascia network while providing a restful context for meditation.

### **Kirtan – Songs for the Soul (*contributions are voluntary*) – with Mamta & Savitri**

- **Wednesday 5:00 - 6:00pm**

Kirtan brings out our sacred vibration through uplifting rhythms into a state of divine love. This practice helps cleanse and nourish our energies and ground into our being.

### **Peace with Pranayama – with Mamta**

- **Thursday 5:00 - 6:00pm**

Prana is the vital force or subtle bio energy which keeps us alive & functioning in the healthiest way possible. Yogic practices like Pranayama help nourish this Prana which in turn nourishes our mind & body. Pranayama is a modulation or regulation of Prana, done via controlled breathing exercises. We will the meaning of Prana & Pranayama, it's references in Yogic texts, prerequisites for Pranayama, postures, mudras & explore the interconnectedness of mind, body & breath. The session concludes with a brief relaxation in Shavasana.

### **Free Flow Dance and Movement – with Vega**

**Friday 5:00 - 6.30pm**

The body can be a great guide to the soul, enabling us to connect and reveal ourselves through movement. Join us and give your body an opportunity to flow in its rhythm and express itself freely.

### **Mindful Flow – Awaken in Movement & Stillness – with Savitri**

- **Saturday 5:00 - 6:00pm**

A guided session in which we first ground ourselves and bring awareness to our bodies with the help of sound and music. Then we explore slow, small, movements of the body, from head to feet, bringing attention to sensation. Next, we expand outward, with intention, moving both freely and mindfully—with awareness of our sensations and surroundings, as well as of others. Finally, we bring our focus inward, shifting into stillness to heighten awareness of subtle sensations and the natural flow of our body and breath. We close with a circle for sharing and appreciation.

## TREATMENTS AND THERAPIES

**By Appointment:**  
Call 0413 2622 606, WA 7867805812  
or e-mail [treatments@verite.in](mailto:treatments@verite.in)



### **Private Yoga Sessions - with Andres**

Personalized sequence for specific needs or injuries. This session helps you to advance in your personal practices and learn Ashtanga Yoga.

### **Thai Yoga Therapy - with Andres**

Sometimes referred to as assisted yoga, Thai Yoga Therapy (Nuad Boran) is an ancient technique used to improve the flow of energy throughout the body. The practitioner uses acupressure, stretching, pulling and rocking techniques to relieve tension, promote relaxation and improve flexibility and circulation.

### **Individual Self-work with Clay - with Megha**

Clay has innate qualities that help us connect with ourselves creating a more real, tangible and physical experience of our subtler state and inner environment. While our breath becomes an intricate part as we connect with the “earth” it brings awareness, presence and balance within. Through feeling and sensing clay we will immerse into an inner journey using certain hand building techniques and the wheel.

### **Biodynamic Craniosacral Therapy - with Mila**

This therapy uses gentle touch to the head to help release tension in the skull, spine and sacrum, freeing energy that can help re-establish integral balance, and stimulating the healing capacity of the body.

### **Private Yoga Sessions / Yoga Therapy - with Nadia**

Yoga therapy is the specific application of sequences of posture, breathwork and meditation with the support of props, to address an individual's physical, mental, and emotional needs within a holistic and highly personalised framework. Yoga Therapy is for those who require specific guidance and modification or may not be able to follow a regular class due to special needs, pace, or recuperation requirements, typically these include back care, joint issues, energetic/hormonal imbalances, lack of mobility due to injury, injury to the nervous system, PTSD, anxiety, circulatory problems and much more.

### **Integrated Craniosacral & Foot Reflexology - with Radhika**

**Craniosacral therapy** is a safe and beneficial bodywork treatment that uses gentle pressure and movements to relieve stress and pain. It facilitates deep states of relaxation, hence enabling the body to heal and be brought back into balance and harmony. **Foot reflexology** involves applying pressure points and massage on different areas of the foot. Among many benefits, it reduces stress, improves digestion and promotes sound sleep. This **integrated therapy** provides the benefits of both craniosacral therapy and foot reflexology, easing one into a deep state of relaxation, strengthening the nervous system and accelerating the body's ability to heal and regenerate.

### **Integrated Ayurvedic Acupressure, Deep Tissue & Heart Healing Massage - with Raja**

**Acupressure** is the application of pressure on specific points on the body to address symptoms such as pain or digestive issues. **Deep Tissue** involves applying sustained pressure using slow, deep strokes to target the inner layers of your muscles and connective tissues. **Heart Healing Massage** helps increase relaxation, which helps reduce blood pressure and heart rate improvements in the delivery of oxygen to the heart and rest of body.

## VÉRITÉ WORKSHOPS AND CLASSES

### Pre-registration required

Please contact Verite @  
0413 2622045, 2622606, 7867805812  
or  
[programming@verite.in](mailto:programming@verite.in), [www.verite.in](http://www.verite.in)



### **Freedom from Fear – with Dr. Sehdev Saturday, 2 August - 2:00pm - 4:30pm**

Fear has an apocalyptic power; it can sap all energy and make everything inert and lifeless.

- Fear of Losing Face
- Fear of Loneliness
- Fear of Love & Intimacy
- Fear of Failure

How can one live with full intensity and with all ebbs and tides, without knowing what fears freeze the mighty river of one's life? Drawing from Buddhist Philosophy, existential psychotherapy and Integral Yoga, we will explore both the theoretical underpinnings of the phenomenon of fear and the practical ways of addressing it on a day-to-day basis.

### **Understanding pranayama and its practice in asanas and meditation- with Radhika Friday, 11 August, 9:30am – 12:00pm**

Pranayama is a system of breathing techniques that helps us to harness the power of our life energy. In this workshop we will focus our attention on pranayama and discover the effect of various techniques on our breath. We will explore different pranayama practices, using some of these in a sequence of asanas and maintain observation of our breath in a guided meditation.

### **Healthy Spine with Yoga – with Rebeca Saturday, 12 August, 9:30am – 12:00pm**

Yoga asana is an excellent way to maintain a healthy spine: improving posture, increasing mobility, strengthening stabilizing muscles and promoting relaxation for a more balanced state. In this workshop we will briefly understand the anatomy and movements of the spine, followed by a practical session to integrate it. The session is open for all, specially designed for yoga teachers or yoga practitioners.

### **Yoga of Forgiveness – with Dr. Sehdev Saturday, 12 August, 2:00pm – 4:30pm**

From the Darkness of Hatred & Indifference to the Light of Forgiveness is a momentous step. From Fear & Festering Revenge, to the Courage of Being is the True Journey of the Spirit. We must let go of what ties us to the prison bars, and dream once again of Freedom. In this freedom alone lies our true Redemption.



## IKEBANA CLASSES

Ikebana courses, the traditional Japanese art of floral arrangement, are about to start again.

For further information please contact:  
Valeria Raso Matsumoto on WhatsApp :  
+39 3392846127





## TAI CHI CHUAN WORKSHOP

7 AUGUST TO 26 AUGUST, 2023

### INNER WAY TAI CHI SCHOOL

TAI CHI HALL in Sharnga

Presents

THE ART OF CHI - Stevanovitch's method



From Mondays to Saturdays, 7.30 AM – 10.30 AM,  
Beginners, chi and tai chi basics, approaching the 24-posture  
form.

#### **The 3-week workshop is essentially directed towards:**

- Mastery of the body through breathing and muscular relaxation;
- Improvement of movement through balance and coordination;
- Learning to mobilize Chi. First perceiving it, then guiding it in one's body
- with the use of three factors: will, imagination and muscular activity.

Information and booking: [taichi@auroville.org.in](mailto:taichi@auroville.org.in)

Website: [taichi.auroville.org](http://taichi.auroville.org), [www.artduchi.com](http://www.artduchi.com)

## *The Sound of Bamboo*

Various Styles of the Indian Flute



### **Bansuri (Flute) Group Classes With Michael**

Kalabhumi Music Studio

**Every Friday** (Beginner: 11am-12pm, Advanced: 12pm-1pm)

Drop in is possible at any time, flutes available to borrow or buy.

#### **Contribution:**

Aurovilians, NCs, Volunteers & Local Villagers: Free donation

Guests: 500 INR

#### **More Info:**

[www.the-sound-of-bamboo.com](http://www.the-sound-of-bamboo.com)

#### **To Donate:**

<https://pay.auroville.org/divine-arts>

Learn More About Divine Arts:

<https://auroville.org/page/divine-arts>

Warm Regards,

Dave

M: +44 (0) 7564 119 728

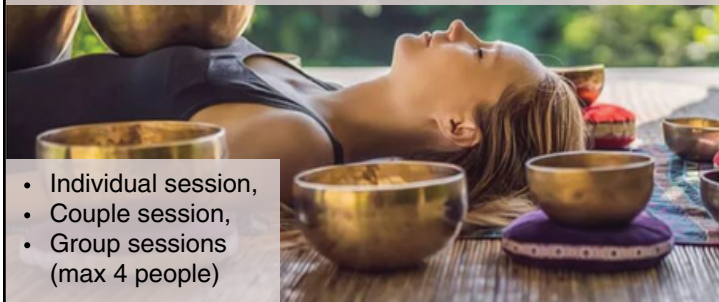
E: [djsevans87@gmail.com](mailto:djsevans87@gmail.com)

## ACTIVITIES BY LAKSHMI

### Sound Chakras Healing

Guided vibrational sound journey using **Chakra mantras, Tibetan Bowls and Tuning forks** to help reduce stress, anxiety, depression, insomnia, stimulating the natural cellular healing process, rebalancing the emotions & reconnecting with your true essence.

- Individual session,
- Couple session,
- Group sessions (max 4 people)



### Private Transformational Yoga Classes

- Transformational Yoga
- Pranayama to release Fear, Anger and Anxiety
- Pranayama to achieve Peace, Calm, Quietude and Clarity
- Breathwork

Transformational yoga is inspired by Mother and Sri Aurobindo's Integral Yoga.

It is an innovative and highly effective yogic system, which synthesizes techniques of Hatha, Raja, Mantra, and Kundalini Yoga to bring about rapid transformation within the mind, body and spirit. Powerful, yet gentle, everyone can reap the benefits of this purifying yoga practice.



#### Please contact for an Appointment:

Lakshmi 8489764602 or  
[lakshmiprem369@gmail.com](mailto:lakshmiprem369@gmail.com)

Activity offered under Abhaya, an activity of ASSA, under Artisana Trust

## CAPOEIRA- MARTIAL ART AND MUSIC WITH GINGA SAROBA

Afro-Brazilian martial art that combines elements of dance, acrobatics, music and movements. More than 500 years old, Capoeira is a constantly evolving art form, come connect and express yourself. Join us for

**Adult Classes : Monday & Thursday - 6 PM - Deepanam School**

Contact: 7598446327

Submitted by Kiran for Ginga Saroba



## TAI CHI HALL @ SHARNGA

We have regular tai chi chuan and chi classes every morning till August 5th.

### Monday & Saturday:

- 7.30-8.30 Chi
- 8.30-9.30 Tai Chi

### Tuesdays- Fridays:

- 7.30-8: Chi
- 8-9: Tai Chi



Contact: [taichi@auroville.org.in](mailto:taichi@auroville.org.in)

## VIPASSANA

Vipassana



As taught by S.N. Goenka

## Every Sunday at Udavi school

All old students of Vipassana meditation as taught by S.N. Goenka ([www.dhamma.org](http://www.dhamma.org)) having attended at least one 10 day course are welcome to attend a half-day Vipassana course at Udavi School in Auroville.

Date: **Every Sunday**

Timings: **8:30 AM – 12:30 PM** but you can also drop in and join as long as you wish.

Venue: **Udavi School** (building on the left when you are at the front entrance), near Tank in Edayanchavadi (Auroville).

No registration is required.

Contact: Sanjay Tumati, +91 8790982210

(available on WhatsApp)

[sanjay@auraauo.com](mailto:sanjay@auraauo.com)



## RELAXING OIL MASSAGE

Relaxing oil massage to reconnect body and soul. Full body, 90 minutes. On donation for aurovilians, newcomers and volunteers.

Umberto 7598331379.



## ACTIVITIES

### KUILAI CREATIVE CENTRE

An advertisement for the Kuilai Creative Centre. At the top left is the logo for Kuilai Creative Centre, which includes a green leaf icon and the text "KUILAI CREATIVE CENTRE". To the right of the logo is the text "KUILAI CREATIVE CENTRE" in large blue letters, followed by "A SUB UNIT OF SAHER - AUROVILLE" in smaller blue letters. Below this is a photograph of the center's entrance, a wooden building with a sign that reads "KUILAI CREATIVE CENTRE". To the right of the photo is a woman in a red and blue sari, with the text "Bharatha Naattiyam" written vertically next to her. Below the photo is a man in a white martial arts uniform, with the text "Kungfu" written vertically next to him. At the bottom left is a girl in a purple top and white pants, with the text "Hip Hop" written vertically next to her. At the bottom center is a boy in a dark jacket, with the text "Music Keyboard" written vertically next to him. At the bottom right is a person at a sewing machine, with the text "Tailoring" written vertically next to it. Below the tailoring image is a list of activities: "Archery", "Karate", and "Tai Chi". At the very bottom right is the text "And Sports Activities". In the center of the advertisement, there is contact information: "Kuilapalayam - Auroville Main Road", "Landmark: Next to Auroville Bakery", "Kuilapalayam, Tamilnadu 605101", "Email: [kuilaicreativecentre123@gmail.com](mailto:kuilaicreativecentre123@gmail.com)", "Mobile: + 91-8608473385, +91-9843195290", and "Website: [kuilaicreativecentre.org](http://kuilaicreativecentre.org) [aviusa.org/?form=Kuilai](http://aviusa.org/?form=Kuilai)". On the left side, there is a green box with the text "English Classes" and an illustration of a book and a pencil.

Dear Friends,

Regular Activities are offered at our Kuilai Creative Centre. For more information on the timings and to join in, please write to [kuilaicreativecentre@auroville.org.in](mailto:kuilaicreativecentre@auroville.org.in) or to our WhatsApp: 8608473385

With regards,  
Selva from KCC.

## POWER OF COLLECTIVE ASPIRATION

# Power of Collective Aspiration

Gatherings in  
Matrimandir Gardens



Sunday evenings  
6 to 6:30 pm



**A harmonious collective aspiration can change the course of circumstances.**

Dear Community,

As we are going through a phase of intense turmoil, some of us feel the need to call for our collective prayers for protection. Let's gather in the **gardens of the Matrimandir**, the soul of Auroville, on **Sunday evenings** at sunset time, for collective invocation.

Join a circle of prayers and chanting at the Amphitheatre from **6 to 6:30 pm**.

Come a little earlier to the stone circle for silent meditation to call the Light and Power of the Divine in Auroville.

**All are welcome.**

(Guests and volunteers, please bring your Aurocard)

## ECO FEMME OPEN HOUSE

### ECO FEMME OPEN HOUSE

Every Thursday morning  
from 10:30 AM



Dear friends,

Join our open house at our office in Auroshilpam every **Thursday morning at 10:30 AM till 12 AM**.

Come and learn about:

- Sustainable menstrual products (cloth pads, cups and period panties),
- Menstrual cycle awareness and,
- Our not-for-profit work.

You can also pick up discounted cloth pads, cups, period panties and cloth nappies.

See you soon!

The Eco Femme Team

## CHANTING CLASS - SERENDIPITY

### Traditional Mantras & Stotras Chanting Classes

at Serendipity Community

Friday 17:00 (Regular class)

with Sonia Novaes



Email: [serendipityauroville@gmail.com](mailto:serendipityauroville@gmail.com)

WhatsApp: +91 8940288090

## AUROKIYA INTEGRAL EYE CARE @ ARKA

SATURDAY, 5TH AUGUST 2023



Aurokiya welcomes you to the **open house** at Arka on **5th August 2023 from 9.30 am - 12.00 pm.**

Aurokiya is happy to share with you that we will function full day from 9.00 am - 5.00 pm from 1st August 2023.

The following services will be available:

1. Emergency eye care services with primary-level care
2. Complete eye testing facilities for eye problems
3. Follow-up services for surgeries and consultation from Aravind
4. Spectacles and contact lenses
5. Eye medicines (Homeopathy, allopathy, and Ayurvedic Drops)
6. Personal guided support to visit Aravind eye hospital for surgeries and procedures
7. Personalized eye exercise training, eye yoga sessions, and vision therapy sessions. Both morning and evening slots are available

You can learn more about Aurokiya by visiting our website:

[www.aurokiya.com](http://www.aurokiya.com)

Contact: [aurokiya@auroville.org.in](mailto:aurokiya@auroville.org.in); [aurokiya@gmail.com](mailto:aurokiya@gmail.com)

WA/ Mobile: 8012305151

Warmest Regards,

Aurosugan

Aurokiya team



# Aurokiya

@

## Arka's open house

# Free Eye Checkup

With

## Refreshments and Music

Date : 5th of August, 2023

Timing : 9.30 am - 12.00 pm

Place : Arka Wellness Centre

Get in touch with us for your eye care needs

[www.aurokiya.com](http://www.aurokiya.com) [aurokiya@auroville.org.in](mailto:aurokiya@auroville.org.in) +91 80123 05151

## RUPHAVATI JOY ACTIVITIES

### Bio-region Temple Tour



- Every Sunday, Tuesday and Saturday  
9 am - 12 noon
- Every Monday, Wednesday, Thursday and Friday  
5 pm - 7 pm

Starting from Solar kitchen

Contact: 8098845200

*(If you want to Participate, please book it in advance)*

## Indian cooking

Every Monday to Friday:

- Noon 12 pm to 2 pm
- Evening 5 pm to 6:30 pm

Every Saturday and Sunday:  
10 am to 5 pm

at Creativity

Contact: 8098845200

(If you want to Participate, please book it in advance)



## Tai massage everyday at Creativity

- 12 noon to 2 pm
- 5 pm to 7 pm



Contact: Cell and WhatsApp number: 8098845200

E-mail: [rupavathijoy@gmail.com](mailto:rupavathijoy@gmail.com)

(If you want to Participate, please book it in advance)

## JOIN US FOR THE AUROVILLE INTERNATIONAL YOUTH DAY FESTIVAL!

**Date:** August 12th

**Venue:** Youth Center, Auroville

Step into our Time Boulevard and embrace "Youth Throughout Generations" - reliving the music, arts, movements, and fashion that shaped history. Share stories of YOUR youth with us!

**Dresscode:** Wear your best costume from any iconic era, whether it's hippie, punk, rock n' roll, or more! Let your style reflect the spirit of generations past!

### Program for the day:

- 12:00pm - 2:00pm - Lunch
- 2:30pm - 3:30pm - Time Boulevard talks & exhibition
- 4:00pm - 5:00pm - Collective games
- 5:30pm - 6:00pm - Dad jokes competition
- 6:30pm - 7:30pm - Kid's theatre play
- 7:30pm - 8:30pm - fire show
- 9:00pm - 10:00pm - Band performance

**Note:** If you are coming from outside of Auroville, please park at visitor's center where a shuttle will take you to Youth Center.

# INTERNATIONAL YOUTH DAY FESTIVAL 2023

 Youth Center

 **12**<sup>th</sup> Aug  
12pm - 10pm

**GET IN TOUCH  
WITH YOUR  
INNER YOUTH**



## EDIBLE WEED WALKS

[edibleweedwalk@gmail.com](mailto:edibleweedwalk@gmail.com) / 9840936907



*Commelina benghalensis*

*Painted with Miracle fruit (Memecylon umbellatum)*

*I offer edible weed walks using the Edible Weeds Coloring book as guide between December and March and some special ones in August - when weeds flourish after a few summer rains.*

**Two special EDIBLE WEED WALKS** scheduled this month  
are on Saturdays: 12 and 19 August 2023  
Time: 7:30am to 8:30am (max 8:45am)  
Venue in Auroville: TBA before the walk  
to pre-registered participants only

Max number of participants/ walk: 10  
(to avoid trampling and compaction affecting the plants)

To contribute and pre-registere write to:  
[edibleweedwalk@gmail.com](mailto:edibleweedwalk@gmail.com)  
or WhatsApp: 9840936907

### MARC'S C.L.C

COFFEE LEARNING COMMUNITY



### Foundations of Speciality Coffee

**From August 21st – August 25th**

A holistic introduction to the world of speciality coffee, exploring its many aspects, rather than solely on the final product by tasting and exploring some of the best international and Indian coffees. It covers 6 modules and 1 final assessment and five days of everything about coffee!

Classes will take place from **10am - 1pm and 3pm - 5pm** at Coffee Learning Community (CLC), First floor Marc's Café

### Fermented Drinks Workshop

**Every Saturday 3pm - 5pm at Coffee Learning Community (CLC)**

Learn how to make delicious Kombucha at home following Matilde's recipes. 2-hour session for beginners that will allow you to make safe fermented drinks at home, learning the basics of fermentation techniques. You will take home 3 unique signature recipes: Tepache, Fruit Soda and Kombucha. The session will end with a tasting from the brewery, a scoby and some tea to take home and kick-start your kombucha making journey.

### Coffee Cupping Session

**Every Saturday 10am - 12pm pm at Coffee Learning Community (CLC)**

2-hour, in-depth introduction to cupping! We will learn how to use The Flavour Wheel, cup a limited selection of speciality coffees from around the world and score them, following the SCA cupping protocols.

Includes a brewing session of the class's favourite coffee, fresh beans of 100g Marc's Coffee for participants to take home.

**For enquiry please contact:**

**[contact@marcscoffees.com](mailto:contact@marcscoffees.com) / 72008 81291**

## TAEKWONDO DEMONSTRATION

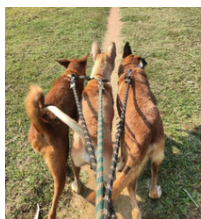
12TH AUGUST (SATURDAY) 5.30PM - 6.30PM

Karan G., an international medal list candidate is hosting a demonstration for Taekwondo before he can start offering regular classes to teach the martial arts. If you are interested in exploring this form of Korean Art, please join us at the demonstration session on **12th August (Saturday), 5.30pm** at **Dehashakti Sports ground**. After the demonstration, registration for the classes would begin. Scan the barcode in the poster for more details on Taekwondo, the instructor and the Class days/ timings.

A red poster for a Taekwondo demonstration. At the top, the word 'TAEKWONDO' is written in large white letters, with 'DEMONSTRATION' in a black box below it. In the center, a person is performing a high kick, surrounded by concentric white circles. The Korean characters '태권도' are written in large orange letters behind the person. On the left and right sides, there are white arrow-like symbols pointing upwards. At the bottom, the text reads 'OPEN FOR ALL', '12TH AUGUST, SATURDAY', '5.30 - 6.30 PM', 'DEHASHAKTI SPORTS GROUND', 'DANA COMMUNITY', 'AUROVILLE'. A QR code is located in the bottom right corner with the text 'FOR DETAILS SCAN HERE'. At the very bottom, contact information is provided: 'CONTACT | KARAN | +91-9486056419 | karan@auroville.org.in'.

Contact: Karan +91 9486056419; [karan@auroville.org.in](mailto:karan@auroville.org.in)

## DOG WALKING & WHEELCHAIR TRAINING



### DOG WALKING & WHEELCHAIR TRAINING

Join us on

**SUNDAY, AUGUST 6TH**

**10 AM - 12 PM**



AUROVILLE  
DOG SHELTER

How to find us:



Due to unforeseen circumstances, we were not able to host this event last Sunday.

We are happy to invite the Auroville Community, dog lovers, and friends next Sunday, August 6th, at 10 a.m. to an Integral Dog Training Workshop about the right way to walk a dog, hosted by our dog trainer Arthur. Let's enjoy an educational dog walk together! If you could donate a leash, our dogs would be very happy, as we don't have a lot. No registration is necessary, but please be on time.

For those who prefer a more quiet activity, join Lore and Caroline when they train our beloved paraplegic dogs how to use a wheelchair so that they can soon join our soon-to-come „Wheelchair Race“.

We are happy to welcome you again to another exciting Sunday morning.

[aurovilledogshelter@gmail.com](mailto:aurovilledogshelter@gmail.com)



## KOLAMYOGA FOUNDATION COURSE

3 Month committed learning of an integral basic understanding of all the Kolam types in how they are built, constructed, created, in how they function and why and how they are embedded in Universal principles of life force..

### Starts with Paddi Kolam in August:

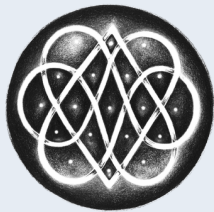
- Monday 7th from 2:30pm to 6:00pm
- Monday 14 from 2:30pm to 6:00pm
- Monday 21 from 2:30pm to 6:00pm
- Monday 28 from 2:30pm to 6:00pm

### Kodu Pulli Pooh Kolam in September:

- Monday 4th from 2:30pm to 6:00pm
- Monday 11 from 2:30pm to 6:00pm
- Monday 18 from 2:30pm to 6:00pm
- Monday 24 from 2:30pm to 6:00pm

### Sikku Nelly Kambi Kolam in October:

- Monday 9th from 2:30pm to 6:00pm
- Monday 16 from 2:30pm to 6:00pm
- Monday 23 from 2:30pm to 6:00pm
- Monday 30 from 2:30pm to 6:00pm



### **Registrations are still open!**

If these 3 months do not work for you you can sign up for the following 3 months of November/ December 2023 and January 2024..dates /days still to be fixed...with your available input!

See attached also the Announcements of loose to follow WS that can give you an idea of what the learning of KolamYoga is like.

You are expected to do lots of self practice with given assignments.

At the end if all days have been completed by you you are entitled to a KolamYoga Basic training/ Foundation course certificate making you a KolamYoga Practitioner.

Contact email: [info@kolamyoga.com](mailto:info@kolamyoga.com)

or Whatsapp +91 8072449091

Most Welcome with Grace Gitadelila



**KolamYoga**



Empower your connection with Earth by drawing  
**Muladhara Kolam.**

**Tuesday, 8th August'2023**

**2:30 - 6:00pm**

Prepay to register

Workshop fee

1500/- per person

Location:

Sharanga(right gate)



Contact e-mail:

[info@kolamyoga.com](mailto:info@kolamyoga.com)

Ph: +91-8072449091

Registered with LEAD,  
Hospitality Trust

KolamYoga

## Drawing Swadishtana Kolam

Is all about flow, flexibility and freedom of expression.

Friday, 11th August'23  
2:30 - 6:00pm

Prepay to register

Workshop fee  
1500/- per person  
Location:  
Sharanga(right gate)



Contact e-mail:  
[info@kolamyoga.com](mailto:info@kolamyoga.com)  
Ph: +91-8072449091  
Registered with LEAD,  
Hospitality Trust

## AUROVILLE BADMINTON TOURNAMENT

CLOSING CEREMONY OF SRI AUROBINDO'S 150TH BIRTHDAY ANNIVERSARY  
AUROVILLE - BIO REGION SPORTS EVENTS - 2023

# Auroville Badminton Tournament

### Categories:

Sub Junior Girls Doubles - 4th Aug  
Sub Junior Boys Doubles - 5th Aug  
Junior Girls Doubles - 6th Aug  
Junior Boys Doubles - 7th Aug  
Women's Doubles - 8th Aug  
Men's Doubles - 9th Aug  
Men's Doubles Cat - C - 10th Aug  
Super Senior Doubles(+45) - 11th Aug

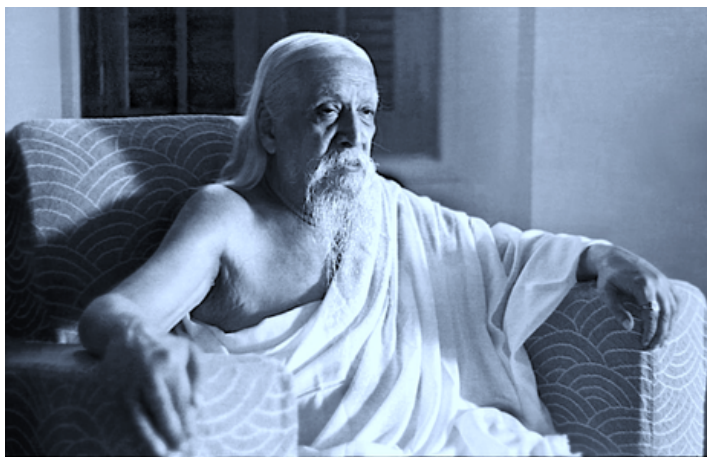


Where:  
Certitude Badminton Court

When:  
Starts from Friday 4th of August 2023

For Registration Contact  
975111 0018 / 94436 17098

## DARSHAN DAY



### Sri Aurobindo's Room Darshan on August 15, 2023

It is with lots of love in our hearts that we thank dear Mallika for having established and then maintaining this Darshan token service for Auroville for so many years.

The Sri Aurobindo Ashram has announced that Sri Aurobindo's Room will open on the 15th of August for Darshan.

Sri Aurobindo's Room Darshan is available to all.

These are the available options to have a Room Darshan on the 15th of August:

1. Early morning: You may join the general Darshan queue from 4am onwards. No tokens are required until the meditation in the Samadhi begins.
2. After the meditation: From 6.40am onwards, a token is required for entry. You can get your token at the booth near the Ashram Post Office. In this case, you will probably have to wait or come back later at the time indicated on the token.
3. If you are a resident of Auroville, you may book your token for the afternoon hours from 12pm to 4pm at Pitanga. Please read how to register below.

We are grateful to the Ashram for making the tokens available to the residents of Auroville for distribution in the community before the 15th of August.

#### **REGISTRATION of tokens** (in person only):

**Saturday, 05/08: 9am - 12pm & 3 - 4pm**

*(Please note the shorter time in the afternoon due to an event)*

**Monday, 07/08: 9am - 12pm & 3 - 5pm**

**This is a service for Aurovilians and Newcomers only.**

Please come in person to register your token and identify yourself as a resident if you are not known to the organisers.

Residents who are unable to come to Pitanga themselves can send someone with a request note stating the name(s) and number(s) of tokens required. We will do our best to meet your needs.

We remind you, dear friends, that we do not accept requests by email or telephone. (Sorry for the inconvenience).

Transport: The Darshan day is a Tuesday. Please check with the person in charge of transport whether the AV bus is available on that day.

**COLLECTION of tokens will be on:**

**Friday, 11/08: 9am - 12pm & 3 - 5pm**

**Saturday, 12/08: 9am – 12pm & 3 - 5pm**

Venue for registration and collection of tokens is:  
**Pitanga, Samasti.**

With love,  
from Pitanga's team.

## ACTIVITIES (CONTINUED)

### MYTHSINART OPEN HOUSE EVENT

15th August 2023

Mythsinart



Open House

You're warmly invited to our delightful art open house event, where creativity meets laughter, and vibrant artworks paint a smile on every visitor's face! Come explore our collections of paintings postcards and artwear.

VENUE: NEWLANDS  
TIME: 3:00 - 6:00 PM

## EDUCATION

### TUTORIAL GRADE 1-10

I offer Tuition from grade 1 to grade 10.

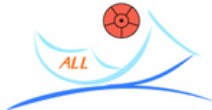
Contact Ashwini 8270512606



### SPOKEN ENGLISH AND HINDI

I offer Spoken English and Hindi sessions for all levels.

Contact Ashwini 8270512606



### NEWS FROM AUROVILLE LANGUAGE LAB

*Please remember to put your mobile phones on flight mode and switch off all wireless and Bluetooth devices before you enter the Lab. We are a wireless-free space!*

**Looking for:** If you are a true-blue Mallu (Malayali) and you speak Malayalam with a true Malayalam accent, please contact us by sending a Whatsapp message to +919443631861 or email to [tomatis@aurovillelanguagelab.org](mailto:tomatis@aurovillelanguagelab.org). This is to help with a research project.

**Looking for:** We are thankful to Verena for all her years teaching German with us, and taking on experiments like the Tomatis classroom, testing out various teaching platforms during the Covid year, and conducting online and in-person classes with the Goethe Institute material. We are now looking for a native German teacher to continue our A1.1 & 1.2 Beginner Level German courses.

### Tomatis

#### **There are spaces available for both language & therapeutic programmes!**

Please contact 0413-3509932 or email us at [tomatis@aurovillelanguagelab.org](mailto:tomatis@aurovillelanguagelab.org) to schedule your Listening Tests & Consultations.

To know more about the Tomatis Method, please have a look at the following links:

- <https://www.aurovillelanguagelab.org/tomatis-method.php>
- <https://www.aurovillelanguagelab.org/tomatis-kids.php>
- <https://www.youtube.com/watch?v=wnpXprTI3m0>
- <https://www.youtube.com/channel/UCeTIG0y-sBMlywZNdZcAng/videos>
- <https://www.listenwell.com/>

For those who slipped through the cracks, whose requests we were not able to respond to, we sincerely apologize.

Please send us an email if still interested, and we'll get back to you soon!

### Current Language Courses at ALL

#### **New: Beginner Spanish with Mila**

Great news for Spanish learners!

Our long-time Spanish teacher, Mila is ready to start a new batch for Beginner Spanish. This three-month (24-hour) course is structured on the highly-acclaimed book, "Madrigal's Magic Key to Spanish: A Creative & Proven Approach." Mila has been running this course since many years. By the end of the course, students will be equipped with the Spanish alphabet, phonetics, & vocabulary. The course will also delve into verb conjugations, formation of sentences, use of adverbs & adjectives, and work on the student's listening & reading skills.

- Course will start on **August 21** with an introductory class on **16 August**. Classes will take place twice weekly, on Mondays and **Wednesdays, 2:15 to 3:15pm**.

## New: French with Jean-François

Jean-François offers four 2-month (16-hour) courses. All his courses are open to new registrations.

### **Beginner French:**

This course is for all those wanting to join a French course but finding themselves too busy through the week! Our Beginner French Course is deliberately planned for Saturdays! The classes are highly interactive delving into French vocabulary of everyday life and the basics of grammar. By the end of the course, you would be able to make simple sentences useful for interaction, and talk about your work, hobbies, daily life, etc. in a simple way.

- This course will start on **August 5**. Classes will take place **Saturdays, 2:30pm to 4:30pm**.

### **Beginner French for Teens:**

This course is for students between 13 to 16 years of age. The course is based on exercises that use many media like videos, games, role-playing, etc. to make learning both fun and effective. By the end of the course, students will have an immersion in the French language and will be able to express themselves in a simple way.

- The course will start on **August 5**, and classes will take place **Saturdays, 11am to 12noon**.

### **French Conversation:**

For those of you who know a bit of French, this is the perfect course to get more fluent, expand your vocabulary, and speak without inhibition in a diverse & fun group! Each lesson covers a theme of daily life (work, family, hobbies, shopping, projects, etc.) and is aimed at developing the students' ability to express themselves and interact in French. Jean-François would explore a range of topics like food, sports, travel, philosophy, news, literature, economics, social sciences, theater, and more. He will also review the grammar useful for basic conversation.

- This course will start on **August 3**. Classes will take place **Mondays & Thursdays, 2:30pm to 3:30pm**.

## New: Italian with Fabio

Fabio will soon start two new Italian courses in August!

### **Beginner Italian:**

If you are a beginner with little or no knowledge of the Italian language, you are welcome to join this 3-month (24-hour) course. The course will take students through the Italian alphabet and phonetics, spoken grammar, main verbs, pronouns, sentence structure, etc. By the end of the course, learners will be able to introduce themselves & others in a simple way, exchange information about family, work, holidays, home, etc., speak about everyday activities, hobbies, etc. A range of different topics can be explored based on the interests of the students. Feel free to enquire with us and reserve your spot!

- The days & timings of this courses will be fixed at the mutual convenience of the teacher & the students.

### **Italian Conversation:**

This two-month (16-hour) course is for learners who already have a basic knowledge of Italian and would like to explore the language further & polish their speaking skills. Fabio will delve deeper into spoken grammar, phonetics, conversation, and any other topics of interest. This is mainly for those who took the Beginner course last time, but is open to all.

- This course will start **August 22**. Classes will take place **Tuesdays & Thursdays, 2:30 to 3:30pm**.

## Intermediate Spanish with Susana

Our long-time teacher, Susana, is offering an Intermediate Spanish course for students who are already familiar with the various verbal modes in Spanish language (Infinitive, Indicative, Conditional, Subjunctive, and Imperative). The course will focus on polishing the conversational skills of the students and will also dive into the rules of grammar. This is a monthly course.

- Classes take place every **Tuesday, 2:30pm to 4:00pm.**

## Beginner and Pre-Intermediate English with Rupam

Rupam continues to offer morning English classes. Her classes are a mix of discussion on current topics, and grammar as necessary. You are welcome to try out a class and see if it fits your needs. However, please note that this is not a drop in/walk in class but is meant for students committed to joining the course.

- Classes take place **Tuesdays & Thursdays, 10:30am to 11:30am.** Enquire now to join!

**If there is a language you would like to learn, and it's not on our list, please send us a query!**

### To join or enquire:

Please fill out our form at

<http://register.aurovillelanguagelab.org/>

You may also drop us an email at

[info@aurovillelanguagelab.org](mailto:info@aurovillelanguagelab.org),

call us at **2623661** or **come visit us!**

### Please Note:

Registration and contribution are essential before you join a course with us. Please see our team member at the front desk to ensure this is complete, thank you!

## **Current Schedule of Classes**

Language	Level	Time	Day(s) Of Classes
English	Pre-Intermediate & Intermediate	10:30 - 11:30am	Tuesday & Thursday
	Conversation	TBA	TBA
French	Beginner To start 5 August 2023	2:30- 4:30pm	Saturday
	Beginner for Teens To start 5 August 2023	11am – 12noon	
	Conversation Started 3 August 2023	2:30 - 3:30pm	Monday & Thursday
Tamil	Spoken Beginner, Started 6 June 2023	9:30 – 10:30am	Tuesday & Friday
Sanskrit	Beginner To start August 2023	TBA	TBA
Hindi	Beginner To start August 2023	TBA	TBA
German	A1.1 Beginner	TBA	TBA
Spanish	Beginner To start 21 August 2023	2:15 – 3:15pm	Monday & Wednesday
	Intermediate	2:30 – 4pm	Tuesday
Japanese	Beginner To start September 2023	10am – 12noon	Saturdays
Italian	Beginner To start August 2023	TBA	TBA
	Conversation To start 22 August 2023	2:30 – 3:30pm	Tuesday & Thursday

The Language Lab is open:  
Monday – Saturday, 9am - 12pm & 2pm - 5pm

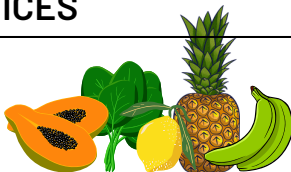
Location:  
International Zone, after Unity Pavilion & Pump House.

Contact:  
Phone: (0413) 2623 661, 2622467, +919843030355 Email:  
[info@aurovillelanguagelab.org](mailto:info@aurovillelanguagelab.org)

# FOODS, GOODS & SERVICES

## SOLITUDE FARM - 2023

### Farm



Solitude has a small farm shop which is stocked daily with fresh seasonal produce.

There are also some ayurvedic powders such as giloy or guava leaf and also chilli powder, turmeric, pickles and dried flowers. Solitude also runs a C.S.A. fruits and vegetables basket service where people sign up in advance for a basket of seasonal produce.

- Papayas
- Assamese giant lemons
- Pineapple
- Plantain
- Bananas
- Wild spinach
- wild salad greens
- sundakkai
- banana stem
- banana flower

### Cafe

The cafe runs from Monday to Saturday serving a local food vegan thali.

We also serve farm salads, smoothies, desserts, vegan coffee etc...

The cafe runs a lunch scheme.

### Education

Solitude farm runs mini permaculture workshops during the week (Wednesdays and Fridays) and longer weekend workshops on a monthly basis. Pricing is flexible for Aurovillians.

### Tour

Every Saturday we offer a free tour of the farm sharing the narrative and philosophy in practice of how a food forest can emerge through natural farming and permaculture.

### Volunteers

Solitude Farm is happy to welcome volunteers.

Timings 8:00 am -12:30 pm

We offer breakfast, tea and lunch.

### Opportunities

Solitude Farm Cafe is looking for a serious person to manage the POS and accounts, stock, excels etc for the cafe and farm. Replying to emails and calls.

Solitude Farm is looking for people to help with the educational workshops.

To find out more:

email: [solitudepermaculture@gmail.com](mailto:solitudepermaculture@gmail.com)

whatsapp: 9843319260

Solitude farm & café  
Auroville



*Solitude Farm*

## AUROVILLE LIBRARY TIMINGS

Auroville Library opening timings:

**Mon - Sat: 9am - 12.30pm**

**Mon, Wed, Thurs, Fri & Sat: 2pm - 4.30pm**

**Tues: 4pm - 6.30pm**



Every **Saturday** between 10am -11am: **Children's storytime!**



## DROPZY

Products and services  
from in and around Auroville.



150dpi has been emailing units and activities while also posting in News & Notes to reach out to us to sign up on Dropzy under your category of choice and preference. Request you to email us back with your queries and questions. As this will allow us to merge same and similar items of concern, address these queries and those unique to your units/activities.

**Workshops, Events and Classes** categories are similar to the **notice boards** found in around Auroville where units/activities affix their posters and flyers. It will aid you in increasing your target audience which today is digital in its search for information. As the **mobile phone** has become the go to media and medium to look for recreational and learning opportunities.

Do contact us on 8098144686 or [hello@150dpi.com](mailto:hello@150dpi.com) to register on Dropzy.

**Coming soon in Google Play and Apple Store.**



Sathish Arumugam  
For 150dpi

## AIRCON CLEAN OFFERS COMPREHENSIVE AIR CONDITIONER CLEANING SERVICE KNOWN AS "JET SERVICE".



The Jet Service includes not only the filter cleaning but also indoor cooling coils, blades, and blower wheels, indoor cooler drain tray cleaning and outdoor unit with AC jet pump.

After a cleaning service your air is fresh and healthy, reducing sickness and helping you live a healthier life.

Save up to 30% power usage with a regular cleaning service.

Contact **AIRCON CLEAN** now at 9786809518 or email us at [airconclean.av@gmail.com](mailto:airconclean.av@gmail.com)

Regards, Julien.

## REPAIR OF AIR CONDITIONERS, FRIDGES, WASHING MACHINES AND APPLIANCES

Loganathan working at Mahasaraswati Shop (near PTPS, Aspiration area) is a long term Aurovilian that has gained a lot of knowhow through looking after and repairing all kinds of machines. He happily repairs your machines and appliances.

You may contact him via phone / SMS or whatsapp  
+91 94434 93025



## HAIRDRESSER

For your and / or your child' s next haircut: inspired, thriving for the perfect, 11 yrs young artist Ahana takes care of your and / or your child's hair and well being.

For an appointment kindly contact 9751513906 (all messenger providers, no calls) or [essence.touch@yahoo.de](mailto:essence.touch@yahoo.de)



## LOST & FOUND

### LOST - BABY SHOE

On the road from Samasti to Kindergarten.

If found, please contact Dorothee 0413-2622238 or 8489417180, or leave it at the Kindergarten.

Thanking you



## AVAILABLE

### BED FOR SALE

We are selling without matteress a beautiful and solid wooden bed made by Prakrit Auroville, with invisible metal feet. The bed size is suitable for a 120 to 160 cm wide mattress. The bed is sold for 25,000 rupees.

Thank you for writing on What'App to 9488084684.



## ORGANIC QUALITY MILK AVAILABLE

Organic quality milk avaiable, Morning/Evening, from Sakthi Natural Garden.

For reservations contact 9585180393 Erumalai (Evergreen)



## KIDS CYCLE

Kids cycle available, age around 8-10yrs.

Contact Samata +91 94437 97601 (WA only)



## AV RADIO

Dear Aurovilians,



**AurovilleRadio**

The voices of Auroville

Your favourite radio is always working for you. Stay tuned!  
[Here](#) you can listen to the stream channel (playing 24/7).  
[Here](#) you can see on-air schedules.

### Last published podcasts:

- [Exploring Education in Arts, Animation and Film-making – Ep. 10 “What Should I Start Drawing as a Beginner?”](#) (Cinema)
- [Une série hebdomadaire de lectures par Gangalakshmi – 443](#) (Integral Yoga)
- [Marlenka’s weekly Offering -Ep.97](#) (Literature)
- [Une série hebdomadaire de lectures par Gangalakshmi – 442](#) (Integral Yoga)
- [Exploring Education in Arts, Animation and Film-making – Ep. 9 “Georges Méliès and Edwin S. Porter”](#) (Cinema)
- [Marlenka’s weekly Offering -Ep.96](#) (Literature)
- [Une série hebdomadaire de lectures par Gangalakshmi – 441](#) (Integral Yoga)
- [Exploring Education in Arts, Animation and Film-making – Ep. 8 “Animation for Television”](#) (Cinema)
- [Marlenka’s weekly Offering -Ep.95](#) (Literature)
- [Soul Tracks – Se.5 Ep.4 “Some Kinda Eastern Thing”](#) (Music)
- [Auroville Capella Choir – concert 2023](#) (Music)
- [Une série hebdomadaire de lectures par Gangalakshmi – 440](#) (Integral Yoga)
- [Soul Tracks – Se.5 Ep. 3 “The Road Less Travelled”](#) (Music)
- [Exploring Education in Arts, Animation and Film-making – Ep. 7 “How Do I Learn To Draw From Scratch? – Contd..”](#) (Cinema)
- [Marlenka’s weekly Offering -Ep.94](#) (Literature)

### Last Youtube Live Videos:

- [Dreamweavers Community Meeting](#)
- [Resident Assembly Meeting](#)

Auroville Radio Tv is maintained and supported with the help of a small town budget and voluntary donations. If you as Aurovilian wish, **make a donation to F.A. number 0867**. Thanks for your help!

....and more! on [www.aurovillerradio.org](http://www.aurovillerradio.org)

For more information write to [radio@auroville.org.in](mailto:radio@auroville.org.in)

Peace and love

Regards, AvRadio team



## LOOKING FOR

### ERGONOMIC KNEELING CHAIR



I am looking for an ergonomic kneeling chair.  
If you have one to give or sell, please message me at: [roro@auroville.community](mailto:roro@auroville.community)  
*(don't write from an av.org mail ID! It won't reach me).*

My back and I say thank you! :)

### FRENCH TEACHER

Ashwini needs a French volunteer teacher to teach her basic French language.  
Please contact 8270512606 if you can help.

bonjour  
merci

## AN UPCOMING FILM SERIES MADE IN AUROVILLE

Dear AV community,

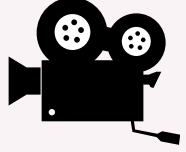
My name is Alessandra and I'm a filmmaker and photographer living in AV since 5 years. I'm now working on a new documentary series that will be featuring some of our community members and their inspiring lives. Too many stories are untold, but yet so meaningful for the present and future of humanity: stories that are destined to disappear with those who hold them in their memories.

If you know someone who has an inspiring life/vision/project etc. and is based in Auroville or in the surrounding villages, then please contact or write to me.

WhatsApp/phone: +918098362620

Email: [alessandra.silver.in@gmail.com](mailto:alessandra.silver.in@gmail.com)

Many thanks for your collaboration,  
Alessandra



## CINEMA



Presents at **MULTI MEDIA CENTRE AUDITORIUM (MMC, Town Hall)**

*Reminder:* **FRIDAY 4th**, "MY NEIGHBOR TOTORO" by Hayao Miyazaki, Japan, 1988

and

**FRIDAY 11th AUGUST, 8.00 pm**

**"SHOWING UP"**

*Directed by Kelly Reichardt, US, 2022*

*Synopsis:* Lizzy is a sculptor and arts administrator assistant for her mother at her alma mater, the Oregon College of Art and Craft. The story follows the few days that separate Lizzie from her next exhibition; she is working on clay sculptures of women in joyful or anguished movement. But she must balance her creative life with the daily dramas of family and friends... With the fourth collaboration of the actress Michelle Williams, Kelly Reichardt's latest film shows a vibrant and captivatingly funny portrait of art and craft!

*Original English version with English subtitles - Duration: 1h.47'*

## FO GROUPS NEWS

(not selected by due Residents Assembly process)

### FROM THE FO FAMC - FO N&N 985

#### **SURVEY OF THE BUILDINGS**

#### **Used for Income Generating Activities**

The Housing Service survey team has been entrusted by the FAMC with carrying out surveys of the buildings used for income generating activities in Auroville. They will contact the occupants of these buildings a couple of days before the survey is carried out. Please collaborate with them.

*Warm regards, In Her Service,  
Auroville will boldly spring towards future realizations,  
submitted by Geeta for FAMC*

## A SUMMARY OF EVENTS HAPPENING IN AUROVILLE TODAY

### RADS ON EMERGENCY POWERS AND EMERGENCY RADS



<https://youtu.be/wtAaS98rgD4>

There are currently two Residents' Assembly Decision-making processes (RADs) ongoing:

1. Proposal to give the Residents' Assembly the power to call for an Emergency RAD with 300 signatures (until now, only the Working Committee could call for an Emergency RAD). You can read the full proposal [here](#).
2. Proposal to give the RA WCom (Aravinda, Chali, Hemant, Illyabharathy, Maël, Sauro, Valli) Emergency Powers for the next 6 months to appoint people to Auroville's organisational groups as needed to ensure speedy group formation in these exceptional circumstances. You can read the full proposal [here](#).

The petitioners' representatives have shared [a message](#) urging people to vote. They note that voting is still important despite the AVFO unwillingness to recognize the RA, as it shows the AVFO, the courts, and the community that the RA is still seeking to express its voice and to use its right to self-determination as a community. It also ensures that the RA has the tools to continue its work.

#### **Residents will be able to participate and vote until Sunday 13th August 2023.** To vote, they can:

1. Check their personal email ID and open the email sent by the RAS on 29th July. It contains a personalized voting link that can be used for voting.
2. Visit the RAS (Auroville Council office, Town Hall) on Tuesday 10am - 12pm or Thursday 10am - 12pm.
3. Go to Solar Kitchen on Sunday, August 13th, 11am - 2pm.

Votes are verified by the RAS and remain strictly confidential. If you encounter any technical issue with this RAD (e.g. if you haven't received the personalized voting link), you can email [raservice@auroville.services](mailto:raservice@auroville.services).

### HON'BLE PRESIDENT OF INDIA TO VISIT AUROVILLE

Residents of Auroville have discovered through [an article](#) published in The Hindu on 28th July that the Hon'ble President of India, Ms. Droupadi Murmu, is scheduled to visit Auroville on 8th August. No information has been communicated as of yet by the AVFO or their appointees on the program of this visit. Recently, Shri Ramdas Athawale, Union Minister of State for Social Justice and Empowerment of India, also visited Auroville without any information shared with the residents. [Large signs](#) were displayed in Auroville for the occasion.

## **ANIMAL SHELTER FACED IMMINENT DESTRUCTION TO MAKE WAY FOR VIP ROAD**

On Saturday 29th July, executives of the Auroville Dog Shelter, which houses over 300 dogs, encountered a team of workers marking a proposed 'VIP access road' through the dog shelter. They were informed "to immediately vacate half of [the] enclosures of the shelter as they will be destroyed immediately." [An email](#) signed by an unidentified 'Special Officer' one hour prior stated that "this work is undertaken in connection with the visit of the Hon'ble President of India".

The immediate demolition of the structures without rehousing options for the dogs would mean that many dogs bearing contagious diseases (including rabies, CD and Parvovirus) would be released into the public. The Dog Shelter team contacted their network of shelters and animal NGOs to draw attention to the issue via social media. In [an email to the Secretary, AVFO](#), the team outlined the situation and noted that "In case you decide to violently destroy the dog shelter the entire team of the Auroville Dog Shelter has no other option than to resign as we cannot take responsibility for the unfolding disaster in the making."

In [an update to the community](#), the Dog Shelter team noted that on the same day, they met with the Secretary and found a temporary solution to redirect the road so that no infrastructure of the shelter would be destroyed in the coming weeks. It is unclear whether funds will be allocated to move the Dog Shelter completely, as the road will still run through the compound. Furthermore, the proposed 'VIP access road' is also planned to pass through Siddhartha Farm and Buddha Garden and it is unclear as of now how these two Auroville farms would be impacted by this new road.

## **AYARPADI FARM TAKEOVER**

Moorthy, who farms in the Ayarpadi Farm next to Windarra, was sent [an email by the AVFO 'FAMC' and their newly constituted "Farm Service"](#) informing him that he was to give up a plot of 5 acres of cultivated land. Their stated intention was to re-allocate the land to the volunteers who have been given farming training in the Unity Farm project (of Jothi Prasad of the AVFO 'ATDC) for the last 6 months. The unilateral imposition was met with resistance by the Farm Group, who outlined their reasoning in an open letter. They noted the following:

- The land in question is an integral part of a functioning farm - it cannot simply be taken out of the rest of the ecosystem that keeps the farm running.
- The land has been consistently producing field crops such as paddy, peanuts, ragi, and sesame, which "are all in short supply in Auroville and need skill to produce." The plot in question produces about 4 tons of grain yearly.
- The 6-month training has only given an introduction to agriculture, as it is a skilled profession. The Farm Group questions why the volunteers are not asked to join an existing farm to learn the ropes before being allocated valuable, productive farmland.
- They also question how land can be taken from a farmer without any dialogue and discussion, when Moorthy has put so much energy and time in setting up the infrastructure of the farm to make this land productive.
- Finally, they note that "There are many land plots (5-6 acres in Rajapudupakkam, 17 acres in Irumbai) in Auroville which need protection and can be made productive", and suggest allocating that land to the volunteers.

You can read the Farm Group's [full response here](#).

## **AVFO PLANS TO RESTRUCTURE AUROVILLE SCHOOLS**

[Notes from a meeting](#) held by SAIER at the end of May 2023 show that the AVFO 'FAMC' plan to reduce the budget given by BCC to Auroville schools and therefore reduce the number of employed teachers while at the same time look for ways to increase pupil numbers by opening up the Auroville schools to 'outside Auroville', presumably paying non-residents. The proposals include reducing the number of schools in Auroville overall so that there would be only one kindergarten, one middle school and one high school. Currently, there are 8 schools in Auroville, which offer a variety of approaches to integral education with different teaching styles and educational experiences suited to the varied needs of children.

Since the start of the new term in July 2023, a 6am collective yoga session for Auroville school children has been taking place at the Matrimandir, at the [suggestion of the Secretary](#). Some schools have organised class sleepovers on their campus in order to make the yoga session on time as buses were not arranged for the students, nor plans made for the hour between the end of the yoga and the start of school.

Two meetings were recently organised by the new SAIER board and the Secretary to "engage in a dialogue" with parents and teachers on the topic of education. The meetings took place at Sri Aurobindo Auditorium. A panel consisting of Margarita (AVFO 'FAMC'), Sanjeev (SAIER), Ashok C. (SAIER) and the Secretary sat on stage while residents took turns speaking their thoughts into two microphones on either side of the audience without much dialogue. Many parents and teachers expressed praise for the current education system in Auroville and the need to retain flexibility, joy and freedom in learning. Concerns were also raised regarding the proposed new direction of possible top-down imposition of restrictive systems in schools.

## **NEW APPOINTMENT TO AVFO**

A [notice](#) was posted on several websites informing that Mrs K Swarnambika, IPS, had been appointed by the Ministry of Home Affairs at a "DS/Director level" at the AVFO. Mrs K Swarnambika being an Indian Police Service officer, it is still unclear what her role and function in Auroville will be. No information was shared with the Auroville residents. Mrs K Swarnambika was previously posted in the government of Nagaland, a state in which the Chairman Shri R.N. Ravi was holding functions before his nomination as Governor of Tamil Nadu.

## **VOICE OF AUROVILLE ISSUE #2**

The second issue of 'Voice of Auroville', a bimonthly journal to inform about the unfolding situation in Auroville, has just been released. Articles include an update on recent events, history of the Darkali forest park, reflections on Auroville's organisation, extracts from the recently published 'Spirit of Auroville' and short presentations of a few Auroville services.

You can [find the Voice of Auroville #2 here](#).

## **MEETING OF TAMIL COMMUNITY**

A meeting was recently called by Tamil Aurovilians who have been working closely with the Secretary, with a purpose to unite Tamil people involved in Auroville. Reportedly, the meeting was attended by about 120 individuals, including non-Aurovilians. One of the organisers who is also a member of the AVFO 'FAMC' visited several shops of the Visitors' Center, requesting employees to attend. In the meeting, a pre-prepared questionnaire was shared with those present, asking them to highlight "[positives](#)" and "[negatives](#)" of the last 50 years. No information has been given as to how the data will be processed and used.

## UPDATE ON VISA ISSUES - NUMBERS

In a recent community meeting, a member of the RA WCom gave the following numbers in terms of visa issues experienced by residents of Auroville:

- 10 individuals have not been given a letter of recommendation and are waiting within India without a visa. Some of these letters have been pending for more than a year. These individuals include RA Working Group members.
- 8 residents are 'in exile', meaning that they are outside of the country and are not receiving their letter of recommendation. This includes a family of 4 where letters are withheld from the children, meaning that the letters given to the parents are essentially useless as they cannot leave their children (both under 5) behind.
- 80 people have received a letter of recommendation for 1 year instead of 5. Many of these letters have been marked with the notice that the person has been "obstructing the work progress as per the Master Plan." Recently this has included Frederick, one of the first Aurovilians who met the Mother and has lived continuously in Auroville since 1968.

The RA WCom continues to do its best to support those who are affected by visa issues. If you or someone in your surroundings need support with this topic, you can write to [workingcom@auroville.services](mailto:workingcom@auroville.services).

## SATPREM APPEAL LETTER - UPDATE

Last month, concerned residents wrote a letter of appeal to relevant ministries regarding the case of Satprem Maïni of the Auroville Earth Institute, who was given an Exit Visa due to his many reports on the Crown Road questioning the quality of the work being done. The letter was open for signing for 23 days and signed by 2,842 people, 931 of whom are Auroville residents. Satprem awaits news from higher authorities.

## INSPIRING WORDS

The RA WCom has shared [a massbulletin](#) in which they reaffirm their dedication to serve in their role and exhort the community to continue to stay present and active for building Mother's dream:

*"So here is our request to all: let us remain faithful, despite the waves of despair and anguish that come our way. Let us remain active and courageous, for what is really asked from us in these times of uncertainty is to fully embody the ideals for which we have dedicated our lives, the values and ideals of Auroville, so that they may continue to be manifested upon Earth. [...]"*

*Let us keep praying, let us keep acting.  
This is also our Karma yoga."*

Another document in circulation is [a statement by Satprem](#), one of Mother's closest disciples, who supported the Auroville community in its time of struggle with the Sri Aurobindo Society in the 70s. The document, from March 1977, rings true for the current situation and reminds us that all is a play of the Divine, showing in a touching way the deeper, hopeful dimension of the present crisis. Satprem ends the statement by noting that:

*"Tell yourself, understand that everything is the way to Auroville, and that even if you're chased out of Auroville, you're still on the way to Auroville [...] because no one can triumph against this living Truth, it's the only Reality among phantoms. Everything is the way to Auroville. This is the hour of the Way. You can't cheat it: you have to BE the Way. You have to let the mantra beat and beat in your heart. You have to call Mother and Mother. You have to be naked and true. You have to find that which is the very Power of the New World. Then all the ghosts will fall away. This is the very meaning of Auroville."*



## CHANGING THE NARRATIVE

In June 2023, the RA WCom shared [via massbulletin](#) their [response](#) to the AVFO 'WCom' [Annual Report](#) August 2021 - August 2022. The report contained a number of often-repeated narratives that have been spread by the supporters of the AVFO to justify the ongoing takeover of Auroville's assets. As the RA WCom notes "With the benefit of nearly 12 months of hindsight since the end date of this report, it is clear that many of these erroneous statements do not reflect the reality of the situation, however, we still continue to hear many of these narratives being repeated." The response attempted to correct the numerous errors in the report, the most common of which will be shared in upcoming editions of this News and Notes section.

The original statements from the AVFO 'WCom' are presented in italics, followed by the RA WCom responses.

### ***'Auroville must be completed quickly'***

*"Last February 2022 marked the 54th birthday of Auroville. Almost half a century later, many sporadic developments dotted the landscape here and there, but there was no city infrastructure yet. On a city scale development, there was too little and above all, an insufficient direction and focus towards a city hampered the needed development. Mother, who created Auroville as a laboratory for the development of consciousness, was in a hurry. She conveyed to those who were directly involved in the development of Auroville that Matrimandir (including the gardens) and the City should be built within a limited period to host 50.000 inhabitants, a critical number for the experiment to be attempted and necessary for an urban structure where things could play out and the evolutionary problems of a collective effort and ideal be studied as a basis of the harmony to be realized. 5 years she had in mind to complete the project, but then she consented to 10 years.."*

"The topic of town-planning in Auroville has always been a complex one, and summarizing it to "an insufficient direction and focus towards a city" doesn't honor the realities at play. Considering its financial and human resources, Auroville has achieved an impressive amount of development over the past decade. More importantly, the spirit of experimentation and the principles of sustainable living have been at the core of most developments within Auroville, leading with example towards the change the earth needs. Regarding Mother's words, She has always been very flexible in the instructions she gave about Auroville in general. As such, here are some of the quotes that are not being taken into account in the current misguided narrative:

"I know that Auroville will be. It may be in 100 years, it may be in 1000 years."

(The Mother, 21/09/1966)

"It will take a long time. Sri Aurobindo says 300 years. I am learning that impatience is no way. In 300 years Auroville will be a very nice place."

(The Mother, 31/10/1968)

"In Auroville I do not want many men. I want some people, but true people."

(The Mother, 01/10/1972)

"There is no need to build another ordinary city in Auroville; already there are so many. If people are like that, it will become an ordinary city and our money and efforts will be wasted."

(The Mother, 08/01/1973)

The Mother's ideas cannot be fixed to a number and a time-frame. She describes Auroville as a new kind of adventure. Our goodwill, and our efforts towards collaboration and synthesis are essential for this. We believe that the process in which Auroville develops is as important as the results. Following the ideals of Integral Yoga are invaluable to the development of Auroville; if development is violent, forced, and done without community process then it is opposed to the growth and success of Auroville."

To read more find the [full document here](#).

## ACCESSIBLE AUROVILLE PUBLIC BUS



[avbus@auroville.org.in](mailto:avbus@auroville.org.in) / +91 94430 74825

### Auroville TO PONDICHERRY

	Trip 1	Trip 2	Trip 3
Svaram Musical Center	7:00	8:50	14:50
Veite Guest house—Junction	7:02	8:52	14:52
Town Hall—Main Parking	7:06	8:56	14:56
Solar Kitchen (Round About)	7:10	9:00	15:00
Certitude Enterance	7:12	9:02	15:02
New Creation Road	7:17	9:07	15:07
SBI Bank—Kuilapalayam	7:19	9:09	15:09
ECR Junction—Aroma Guest House	7:23	9:14	15:14
Quiet Healing Center—Junction	7:26	9:17	15:17
Lotus Hotel—S.V Patel Salai	7:36	9:30	15:30
Ashram Road Junction	7:38	9:33	15:33
Ashram Dinning Hall	7:40	9:35	15:35

### Pondicherry TO AUROVILLE

	Trip 1	Trip 2	Trip 3
Ashram Dinning Hall	8:00	12:15	18:10
Ashram Road Junction	8:02	12:17	18:12
Lotus Hotel—S.V Patel Salai	8:07	12:22	18:17
Quiet Healing Center—Junction	8:17	12:32	18:27
ECR Junction—Aroma Guest House	8:20	12:35	18:30
SBI Bank—Kuilapalayam	8:25	12:40	18:35
New Creation Road	8:27	12:42	18:37
Certitude	8:32	12:47	18:42
Solar Kitchen—Round about	8:34	12:50	18:44
Town hall Main Parking	8:38	12:54	18:48
Verite Guest House—Junction	8:42	12:58	18:52
Svaram Musical Center	8:45	13:00	18:55

- Monthly Rs. 800: Aurovilians & Newcomers, No validity
- Student Pass Rs. 1200 per month/ 24 days round trip
- Rs. 150 Round trip for Aurovilians & Newcomers
- Rs. 200 Round trip for guests

**Bus passes** are available at  
Auroville Vehicle Service,  
Town Hall, Auroville, 0413 2623302



# Cinema Paradiso

Multimedia Center (MMC) Auditorium

Film program 07 August 2023 to 13 August 2023

Cinema Paradiso-Multimedia Center is now in operation at 100% seating capacity. Technically Covid protocols were never taken off of cinema/theatre halls. Since mask is not a requirement anywhere else, we leave it to people's discretion. However, please come prepared. *To organize seminar/program please contact us via email.*

We continue to have issues with our projector. It is time for us to look for a new one. If you are able to kindly donate at MMC's FS Account for this.

## Indian and diaspora – Monday 7 August, 8:00 pm:

### • EK JAGAH APNI (A place of our own)

India, 2022, Dir. Ektara Collective w/ Manisha Soni, Muskan, Aakash Jamra, and others, Drama, 88mins, Hindi w/ English subtitles, Rated: U (G)

Yet another much acclaimed film from the makers of "Turup"/Checkmate (which was first screened at the Cinema Paradiso, then at the Auroville Film Festival where it won the Best Film award, and recently by Aurofilm). This film, set in Bhopal, MP is a peek into the lives of the transgender community

- as they try to live their lives, work, and rent a place to live. We follow Laila and Roshni as they received a sudden eviction by their prejudiced landlord. They must put their wits together to find a new home and reclaim their place in society. In doing so, their courage, resilience and humanity shine through the difficulties they face. *This screening has been made possible via a generous sharing by the Ektara Collective. Don't miss!*

## Potpourri – Tuesday 8 August, 8:00 pm:

### • MATEWAN

USA, 1987, Dir. John Sayles w/ Chris Cooper, James Earl Jones, Mary McDonnell and others, Drama-History, 135 mins, English-Italian w/ English subtitles, Rated: PG 13

Mingo County, West Virginia, 1920. Coal miners, struggling to form a union, are up against company operators and the gun thugs of the notorious Baldwin-Felts detective agency. Black and Italian miners, brought in by the company to break the strike, are caught between the two forces. UMWA organizer and dual-card Wobbly Joe Kenehan determines to bring the local, Black, and Italian groups together. While Kenehan and his story are fictional, the setting and the dramatic climax are historical.

## Interesting – Wednesday 9 August, 8:00 pm:

### • BOB ROSS: HAPPY ACCIDENTS, BETRAYAL & GREED

USA, 2021, Dir. Joshua Rofé w/ Bob Ross Steve Ross Vicky Ross, and others, Documentary, 92mins, English w/ English subtitles, Rated: NR (PG)

Who doesn't know the happy-clouds and happy-trees of Bob Ross as he encouraged all to paint? Bob Ross brought joy to millions as the world's most famous art instructor. However, a battle for his business empire cast a shadow over his brand name.

## **German – Thursday 10 August, 8:00 pm:**

- **ÖKOZID (Ecocide)**

Germany, 2020, Dir. Andreas Veiel w/ Utsav Agrawal, Nina Kunzendorf, Ulrich Tukur and others, Drama, 90 mins, German w/ English subtitles, Rated: G

*In collaboration with Goethe Institute/Max Mueller Bhavan.* Fictional court drama, as low-key as it is spectacular, about the climate catastrophe. It is 2034, and 31 nations have filed suit against the Federal Republic of Germany, claiming damages for the consequences of climate change. Ecocide moves masterfully between the past, present and future, between docudrama and fictional documentary and deciphers how political decisions based on lobbyism in our present and recent past are robbing the world of its future opportunities.

## **International – Saturday 12 August, 8:00 pm:**

- **ARMAGEDDON TIME**

USA, 2022, Dir. James Gray w/ Anne Hathaway, Jeremy Strong, Banks Repeta and others, Drama, English w/English subtitles, 114 mins, Rated: R

A 12-year-old boy grows up in an American neighbourhood with dreams of becoming an artist. His father does not approve but he finds solace in the encouraging words of his grandfather and the friendship with his classmate keeps him happy. As time moves on in his life's journey the good, bad and indifferent experiences continue to educate and fascinate him.

## **Children's Matinee – Sunday 13 August, 4:30 pm:**

- **MARS NEED MOMS**

USA-UK, 2011, Dir. Simon Wells w/ Seth Green, Joan Cusack, Dan Fogler and others, Action-Drama, 88 mins, English, Rated: PG

On Mars, the female babies are nursed by robots while the male babies are dumped in the junkyard under the command of Supervisor. They research Earth and finds that the boy Milo is raised by his mom with love and discipline. The Martians come to Earth and abduct Mom, to use her brain to instruct the robots about how to raise children. However, Milo sneaks into the spaceship and comes to Mars. *(Some action scenes can be scary)*

## **CLASSIC FILM FESTIVAL@ Ciné-Club:**

### **Ciné-Club Sunday 13 August, 8:00 pm:**

- **EVEN DWARFS STARTED SMALL**

Germany, 1970, Dir. Werner Herzog w/ Gisela Hertwig, Helmut Döring, and others, Drama – Comedy, 136 mins, German w/ English subtitles, Rated: NR (PG)

The inhabitants of an institution in a remote country rebel against their keepers. Their acts of rebellion are by turns humorous, boring and alarming. An allegory on the problematic nature of fully liberating the human spirit, as both commendable and disturbing elements of our nature come forward. The allegory is developed in part by the fact that the film is cast entirely with dwarfs.

**Rating codes** we often use are from Motion Picture Association of America (MPAA): G=General Audiences, PG=Parental guidance suggested, PG-13=Parents strongly cautioned, R=Restricted (equivalent to Indian rating: A i.e. for Adults), NR=Film Not rated, Rating awaited, or Rating not available.

For scheduling programs at MMC/CP venue: please email us at [mmcauditorium@auroville.org.in](mailto:mmcauditorium@auroville.org.in). **We appreciate your continued support. Pl donate to "Cinema Paradiso" (account #105106) or set up for a monthly contribution. We need it now more than ever.**

Thanking You,  
MMC/CP Group Account# 105106,  
[mmcauditorium@auroville.org.in](mailto:mmcauditorium@auroville.org.in)