## **Auroville NEWS & NOTES** No 982 - A weekly bulletin for residents of Auroville



## PONDERING

Auroville is meant to hasten the advent of the supramental Reality upon earth. The help of all those who find that the world is not as it ought to be is welcome.

The Mother on Auroville - page 1 https://motherandsriaurobindo.in/The-Mother/books/compilations/themother-on-auroville/



Short version: RA Content only

## HOUSE OF MOTHER'S AGENDA



Once humanity understands this simple fact, once it gives up its age-old habit of cloistering the Spirit in heaven and believing in death, believing in its laws and its smallness, then we will be saved and ready for a divine life. This is what Sri Aurobindo came to show us above all else: there is no need to fly off to heaven to find the Spirit, we are free, we are stronger than all the "laws," because God is within us. All we need to do is believe this, for faith hastens the world's fairy tale. *That was the thing that saved me all through, I mean a perfect balance. First of all I believed that nothing was impossible and at the same time I could question everything. One day, as he was again being urged to resume his political struggle, Sri Aurobindo promptly replied that what was needed was not a revolt against the British Government, which anyone could easily manage... [but] a revolt against the whole universal Nature.* 

The few disciples - there were about fifteen of them - all remember that very special, highly concentrated atmosphere prevailing during this first phase. They had dazzling experiences almost at will; divine manifestations were common, and the natural laws seemed to begin to yield. The veil between the physical world and the other planes of consciousness was growing thinner, and the beings we call gods, or the forces of the overmind, were able to manifest, bend the laws, and produce so-called miracles. Had this trend continued, Sri Aurobindo and the Mother would have been well on their way to founding a new religion, and Pondicherry to becoming one of the "holy places" where spiritual fragrances mask the more common odors. But one day, as the Mother was describing one of the latest extraordinary occurrences to Sri Aurobindo, he remarked humorously: Yes, it is very interesting, you will work miracles that will make us famous the world over; you will be able to turn earthly events topsy-turvy; indeed (Sri Aurobindo smiled), it will be a grand success. Then he added: But this is an overmental creation, not the highest truth. It is not the success we want; we want to establish the supermind on earth, create a new world. Half an hour later, narrates the Mother, everything had stopped. I did not say anything to anyone, not a word, but in half an hour I had torn down everything, severed the connection between the gods and the disciples, demolished everything. For I knew that as long as this was going on, it was so alluring (one saw astounding things all the time) that we would have been tempted to continue.... I tore down everything. From then on, we started over on a different footing.

That was the end of the first phase. Sri Aurobindo and Mother had verified the power of consciousness, and they had found that "miracles with a method," or interventions of higher powers of consciousness, merely sugar the pill without changing the essence of things. These particular "miracles" are useless from the standpoint of transforming the world. *The real thing*, as the Mother would say, is not to change Matter from the outside through fleeting "supernatural" interventions, but to change it from within, lastingly - to establish a new physical order. History is full of "holy places," and they have all failed us. We have lived long enough under the auspices of the gods and religions. I have no intention of giving my sanction to a new edition of the old fiasco, wrote Sri Aurobindo, a partial and transient spiritual opening within with no true and radical change in the law of the external nature. Levitation, the conquest of sleep, hunger and even illness barely touch the surface of the problem. These are negative efforts directed against a prevalent order, which still implies a recognition (in negative terms) of the old laws, while it is the order itself that must change. All such "miracles" are but the reverse side of our impotence. What we need is not a better world, but a new world, not a "highly concentrated" atmosphere, but a "lowly" concentrated one, as it were. Everything here below must become holy. Suddenly, on November 24, 1926, Sri Aurobindo announced that he was retiring into complete solitude. Thus would the ashram become founded officially under the Mother's direction. There was no need to tell the disciples that the yoga would henceforth take place "in the subconscient and the inconscient": They all tumbled down from their marvelous experiences... soon to confront far harsher realities. Now began the second phase of the work of transformation.

(to be continued next week)

— Satprem, The Adventure of Consciousness, Chapter 17, The Transformation <u>https://sri-</u> <u>aurobindo.co.in/workings/satprem/adventure\_of\_consciousness\_e.htm#060</u> Zech for and on behalf of Gangalakshmi (HOMA)

## NEWS & NOTES GUIDELINES

### HARD DEADLINE FOR SUBMISSIONS: TUESDAY 5PM

The content of News & Notes is a reflection of the growth process of this community towards its ideals of Harmony, Goodwill, and Truth. Editing of submissions, mainly for reasons of space and clarity, is done according to an established policy.

#### How to submit material:

- Max size of the published poster is 9cm x 9cm independently of the size you sent. The bigger posters will be reduced.
- Please AVOID CAPS letters
- Material (no pdf files, please) may be sent in English only to newsandnotes@auroville.services
- Articles for the Notes section should ideally be no longer than 500 words.
- Please do not send submissions and inquiries as a "Reply" to the digital subscription mail. There is no guarantee that anyone will see communications sent this way.
- Please try your best to send your announcements, reports, film schedules whenever they are ready. Any modifications of submitted News items must be sent to the editors before Tuesday 5pm.

## **DISCLAIMER:**

Please note that the opinions and views expressed on these pages are solely those of the respective authors or work groups and do not necessarily reflect the position of the editors or the larger Auroville community. The News & Notes aims to provide a platform for the publication of diverse perspectives and voices from multiple sources within Auroville.

While our editors strive to ensure the accuracy of the information presented, we cannot guarantee that all information is free from error or omission. Additionally, we cannot be held liable for any alleged misinformation provided or offence caused by the content published.

In the event of any dispute, we encourage readers to consult with the Auroville Council, and we reserve the right to suspend the publication of disputed material. Our commitment to providing an open and inclusive platform for dialogue and exchange of ideas remains steadfast.

## The News and Notes team newsandnotes@auroville.services

NEWS

#### LIST OF ACRONYMS:

**AVF** (Auroville Foundation), **AVFO/FO** (Auroville Foundation Office), **GB** (Governing Board), **RA** (Residents Assembly)

The following groups are divided in two categories: The groups selected by the Residents Assembly through Community decision making Processes and the groups put together by the GB and the FO (not recognised by the Residents Assembly).

## Working groups selected by the Residents Assembly:

Working Committee (WCom) Funds and Assets Management Committee (FAMC) Budget Coordination Committee (BCC) Town Development Council / L'avenir d'Auroville (TDC)

Auroville Council (AVC) Entry Service (ES)

#### FO selected groups:

Working Committee (WC) Funds and Assets management Committee (FAMC) Budget Coordination Committee (BCC / BCS) Auroville Town Development Council (ATDC)

Housing Service (HS) Land Board (LB)

## NOTE FROM THE EDITORS

#### Dear Community,

We thank everyone for embracing the new RA N&N and sending in your submissions.

We have been facing various issues with the FO N&N (delaying their publications; locking PDFs; repeated or obsolete content; content published without author's consent; unclear sourcing of content; etc...). Consequently, we have decided that from 20th July onwards, we will only publish content sent directly to us at newsandnotes@auroville.services.

#### Important:

**From 20th July onwards**, the only content that we will continue publishing from the FO N&N are announcements from the FO and their working groups, in order to honour our commitment to have all voices heard. FO Working Groups are of course invited to send their content directly to the RA N&N for publishing, if they wish for their links to be functional and if they would like to avoid any delays in publishing. All events, workshops, and other content not sent to us directly, will no longer be added to the RA N&N, for the above stated reasons.

#### Reminder:

Please do NOT write to us from an @auroville.org.in mail ID, your submissions will not reach us. If you only have an auroville.org.in mail ID, please use this <u>form</u> to send us your content.

#### Support the RA N&N:

As the News and Notes budget is still being disbursed only to the FO N&N, printing and distribution costs are currently being covered by private donations. If you wish to contribute to the RA Edition of the N&N, you can do so by donating to: "NEWSLETTER COLLECTION" FS #252150.

We look forward to continuing to serve the over 3000 readers who receive the RA Edition as well as serving the Auroville community as a whole by providing a platform for all perspectives to be shared with respect.

#### In community,

The RA Community Edition News and Notes Team

## WORKING GROUPS NEWS

### FROM THE ENTRY SERVICE

#### ES # 187 DATED: 06-07-2023

The following people have been recommended by the Entry Board to join our community. Please share your feedback within 2 weeks for potential Newcomers, Associates and Friends of Auroville and within 4 weeks for Potential Aurovilians, Returning Aurovilians, Youth and Spouse/Partner of an Aurovilian in writing to <u>auroville.entryservice@gmail.com</u>. We thank you in advance.

#### NEWCOMER ANNOUNCED:

- Sandhya GANAPATHY (Indian) staying in Savitri Bhavan Hostel and working at Udavi School
- Shalini BHATTACHARYA (Indian) staying in Citadines and working at AV Consulting
  - **Tosha PARMAR (Indian)** staying in Terrasoul community and working at Mandala pottery

#### **NEWCOMER CONFIRMED:**

- Madhuri K (Indian)
- Robin BAUMES (French)
- Sasikala SIVAKUMARAN (Indian)

#### AUROVILIAN ANNOUNCED:

 Vismai RAO (Indian) staying in Victory and working at Auroville Language Lab & MM

#### AUROVILIAN CONFIRMED:

- Sharon Sunshine (USA)
- Vincenzo CAFARELLI aka Enzo (Italian)
- Silky ARORA (Indian)
- Kavitha PRAKASH (Indian)
- Gopika DAHANUKAR (Indian)

#### SPOUSE OF AN AUROVILIAN ANNOUNCED:

 Monica Prabhu (Indian) staying in Forecomers (wife of Prabhu PONMUDI)

#### NOTE:

- The Newcomer probation year becomes effective only after the NC kit has been returned and should not exceed 18 months from the date of confirmation.
- A Newcomer becomes an Aurovilian once his/her name has been confirmed by The Admission Committee (aka the Entry Board) after following due process.
- The date of becoming Aurovilian is the date of confirmation. An Aurovilian confirmed by the Entry Board is eligible to participate in all community decision-making processes.
- A confirmed Aurovilian becomes officially a Resident of Auroville once the individual has filled in and signed the B-Form and his/her name has been entered in the Register of Residents (RoR) maintained by the Auroville Foundation Office (AVF).
- A Resident of Auroville is eligible to become an executive of a Unit or Service of Auroville and to get an ID card issued by the Auroville Foundation.
- A meeting with the Secretary of the AVF will be arranged by the Entry Secretariat according to the availability of the Secretary and not at any personal request.

#### Yours,

The Entry Board (Alain, Grace, Jayanthi, Lakshmanan, Matilde, Sara, Sonja and Swadha)

#### **Entry Service Timings:**

Monday, Wednesday, Friday, 9:30am—12:30pm Tuesday & Thursday: Newcomer kits, 2:30—4:30pm 0413 262-2707, **auroville.entryservice@gmail.com** 











## FROM THE RA TDC

#### **REPORTS AND LETTERS FROM TDC**



Dear Community,

Please find below some of the reports and letters that we have sent out over the last months, mostly regarding various noncompliance and violations of the NGT judgement by different parties.

The letters and reports are mostly addressed to the Joint Committee, the CPWD and the Auroville Foundation Office, with copies to the Central and Tamil Nadu Ministries of Environment and Climate Change.

With regard to internal projects, we have also written multiple letters to the various Aurovilians and others (e.g. Michael Bonke) that are going against our agreed-upon community processes and RAD decisions, reminding them about the NGT judgement of April 2022.

Additionally, legal notices were forwarded to Auroville services and groups, such as Water Service, Electrical Service, Road Service, Matrimandir, Land Board, and ATDC.

As a perspective, since starting this team (a little more than a year ago), we have sent and received over 1,300 emails.

in Service L'avenir d'Auroville - TDC Town Development Council Anan, Dorle, Divya L, Island, Lata, Natasha S, Tom G

#### Recent documents:

March: 2023 03 20 - Tree removal - Crown - <u>report</u> + <u>letter</u> 2023 03 28 - non-compliance NGT ruling - <u>report</u> + <u>letter</u>

April:

2023 04 04 - Darkali water catchment non-compliance NGT ruling - report + letter

#### May:

2023 05 01 - work on the crown -<u>letter</u> 2023 05 08 - report - non-compliance NGT ruling -<u>report</u> + <u>letter</u> 2023 05 08 - Construction - non-compliance with NGT ruling -<u>letter</u> 2023 05 20 - MFG re clearing - <u>letter</u> 2023 05 23 - Land Board re clearing for ring road - <u>letter</u> 2023 05 23 - Land Board re clearing for ring road - <u>letter</u> 2023 05 26 - water management - Auroville Crown - <u>letter</u> 2023 05 29 - Ring road clearing - Non Compliance with National Green Tribunal - <u>letter</u> 2023 05 31 - Damage to trees along the Crown, Auroville -<u>report</u> + <u>letter</u>

### FROM THE RA BCC

#### **OBSERVATIONS ON RECENT BUDGET CUTS**

The RA BCC has been made aware of a 100% budget cut to the Forest Group (all Maintenances and salaries) and a budget cut of over 75% to the Farm Group (all Maintenances previously allocated – whether half or full – have been reduced to a care package, which is the equivalent of a quarter Maintenance). These cuts were communicated to only a few members of either group, in <u>emails</u> signed by only two members of the FO FAMC, and implemented immediately. Maintenance support to children has been cut alongside that of their parents in the case of Forest Group, although this was not mentioned in the FO FAMC's communication. In light of these significant budgetary cuts, we would like to remind the community that the RA BCC held a community budgeting process in early 2022, to get inputs on budgetary priorities. We wish to highlight that Farms/Food and Social Support (Maintenances) were amongst the highest budgetary priority areas, to receive more financial support from the City Services budget if needed/possible. Forest was considered to be in the mid-low priority range for increased funding. At the time, Forest was receiving 5.8% of the City Services Budget, and Farms were receiving 3% (CS Report FY 2020-2021). The full report of the outcomes of the community budgeting process is available <u>here</u>.

So far, a total of 121 adult Aurovilians have seen their Maintenance support cut by the FO FAMC and BCC, amounting to 13.6% of the Aurovilians supported by a City Services Maintenance just before the RA FAMC and RA BCC were replaced by these groups (888 in total, CS Report FY 2021-2022). This is the first occasion at which Chidrens' Maintenances have been cut as well - despite the fact that the RA FAMC and RA BCC had amended the Childrens' Maintenance guidelines in October 2021, making all children eligible for this support regardless of the Maintenance status of their parents. To our knowledge, no Bridging Maintenances or gratuity settlements have been made available to the Aurovilians and employees impacted, as would have been standard procedure. Gratuity for employees of budgeted services was previously routinely paid for from the City Services Budget, which included a Gratuity budget head and a dedicated FS account to hold these funds.

We believe that the community needs to be informed of these critical developments, which have not been publicly communicated by those deciding and implementing them.

In service,

Your RA BCC Members (Aurosugan, Danny, Enrica, Hans, Mahi, Sacha, Suryamayi, Verena)

## COMMUNITY NEWS

#### REMINDER \* AN APPEAL FROM RESIDENTS OF AUROVILLE REGARDING THE EXIT PERMIT SERVED TO SATPREM MAÏNI \*

Dear Auroville residents and Well-wishers of Auroville,

We would like to thank all those who have shown their support to Satprem's visa situation and the general ongoing profoundly challenging situation in Auroville.

So far we have received a total of 2,753 signatures (Auroville Residents 905, Auroville Well-wishers Worldwide 1,848).

As the number is still constantly growing we would like to extend the submission period for two more weeks (Until 12th July).

Signatories will be kept strictly confidential, and only the appeal letter and the numbers will be shared outside of the Working Committee of the RA.

Please share this link with 6 translations with your family and friends to spread the word. https://forms.gle/kD8QmNVrQPKasAPE6

Sincerely Concerned Members of the Residents' Assembly of the Auroville Foundation

## RESIDENTS' ASSEMBLY MEETING

Dear Residents,

The Residents' Assembly Service invites you to a Residents' Assembly Meeting (RAM) to discuss two proposals of a group of concerned residents (petitioners):

- 1. Emergency RAD by the Residents' Assembly; and
- 2. Emergency powers to the Working Committee of the Residents' Assembly to select members of working groups.

(For more details, please find a link to the reference document below)

These proposals have been submitted in May 2023 and validated by RAS. They will be put out to the community for a decision, following the due process as envisioned by the <u>RAD</u> policy 2021.

**UPDATE:** The meeting was planned to take place at UP, but since Unity Pavilion cancelled the venue for the Residents' Assembly Meeting (RAM), the Residents' Assembly Service is going to hold it at Kalabhumi instead.



#### FRIDAY, JULY 7 5:00 - 7:00 PM KALABHUMI

#### TENTATIVE AGENDA

- · RAD process and context
- Presentation of first proposal
- Open discussion
- Presentation of second proposal
- Open discussion
- Closing and next steps

#### STAY ON TO CONNECT IN SOLIDARITY!

After the formal part of the meeting, stay on for juice and snacks - Potluck style, bring some finger foods if you can! Let us gather in community!

## REFERENCE DOCUMENTS AND BACKGROUND INFORMATION

RAD details by petitioners' representatives >>> (Click the link or scan the QR code)

#### We look forward to seeing you there!

~ Much love, For the Residents' Assembly Service *Giovanni, Manas, Mandakini, Robert, Sandeep, Satprem, Tatiana, Veronique* 



## COMMUNITY SHARING

#### FOREST GROUP UPDATE REPORT 3RD JULY 2023

The FG would like to inform the community that they are very disappointed and distressed at community members Chandresh and Torkil, and the GB FAMC for supporting them in their recent communication and action. After withholding the Forest Budget, which supports 60 employees from our neighbouring communities, this communication states that their budget has been suspended. It also it states that over 40 Aurovilian personal maintenances(some full/some part-time) will also be stopped at short notice. It should be noted that some of these Aurovilians have dedicated their whole working life to protecting and developing land for Auroville.

For transparency, please read carefully the mail they sent to a few members of the FG and the FG's reply.

We are really hoping for community support to ensure this callous action is reversed.

Faithfully the Forest Group

#### FG reply to email received by a few foresters:

Dear Torkil and Chandresh, and other members of the GB elected FAMC,

It is with great concern that we write this mail to you. Since mid last week (Wednesday, June 21, 2023) a few members of the Forest Group have received the mail copied below. This mail has not been received by all members on the Auroville Forest Group via mail Id (<u>forestgroup@auroville.org.in</u>).

However, the ramifications of the shocking content of this mail, along with those not receiving it and not being aware that their subsistence will be cut within a week, are very alarming.

The threat of cutting personal maintenances of 50 Aurovilians and 60 salaries of employees at such short notice will put 110 people under duress and could have extreme psychological effects.

The threat of cutting of our Forest Care budget, which solely goes to paying salaried employees wages, puts dedicated residents of our neighbouring villages, who are mostly living on the breadline, under extreme pressure to feed their families.

One wonders how two people with no financial worries could put so many people in this situation.

Also, the sudden cutting of salaries of employees may also have legal consequences, as the mail does not detail the timeline of the FAMC for forwarding the 60 employees entrenchment compensation and for 49 out of the 60 who have been employed more than 5 years, their gratuity package, all this according to the 1947 Indian labour laws.

It is also deeply concerning and surprising to read in your mail the following statement: "FAMC over the last year has tried numerous times to get into a dialogue with the green workers, but with little or no result, often not even willing to meet. The old Forest Group does not seem to have any willingness to change and be part of a fast developing Auroville according to its purpose.", as we attended a fruitful meeting with Madam Secretary and the FAMC on the 27th February at the Auditorium Bharat Nivas. A meeting in which you, Chandresh and Torkil, did not attend yourselves.

This meeting has been video recorded and starts with a powerpoint presentation called "FAMC meets the Farmers & Green buffer & Park Zone " presented by Geeta and the Madam Secretary. Approximately 80% of Forest Group members attended this meeting, a lot of information was exchanged and the movement of our present accounting to a more CAG oriented system was agreed upon and instigated.

As you have been supplied with all our accounts up to date (including full accounts FY 2022-2023 plus May 2023), you must be aware of how the forests are financed and understand the ramification of what you are proposing in your mail.

We therefore request a meeting with you ASAP, to reassure us that you will:

- Make payment of our overdue monthly City Services Forest Care budget for June 2023, so that salaries to 60 employees of Auroville can be paid.
- Make timely payment of the City Services Forest Care budget for July salaries for our 60 employees.
- Ensure that the maintenances of Aurovilians, full time or half time involved in Forest Care, are transferred to our personal Financial Service accounts at the latest on Monday, July 3, 2023, so that your Aurovilian sisters and brothers are able to provide their families with basic needs.

Looking forward to hearing from you soon. The Auroville Forest Group

## Mail received by a few foresters on Wednesday, June 21, 2023:

Dear Aurovilians,

The management of Auroville's green areas has deep historical roots, with reasons for structure and functions that might have been valid in earlier times. It has over the years become disconnected from Auroville as a City and the Master plan, and some work and management have been contrary and on a collision course with these plans and Auroville's larger purpose.

FAMC over the last year has tried numerous times to get into a dialogue with the green workers, but with little or no result, often not even willing to meet. The old Forest Group does not seem to have any willingness to change and be part of a fast developing Auroville according to its purpose.

A new Green Service has been established, but no dialogue seems possible. To get out of this impasse FAMC see no other option than to stop transfer of maintenance as well as recurrent budget from City Services from June 2023. We hope that you will come forward to collaborate with Green Service and FAMC in establishing a united green service where small individually managed steward-shipped areas are abolished, giving way for a more efficient collective management for all green areas in Auroville. We understand that this is a difficult transition. It had been overdue due for many years, which makes it even harder now. But we see it as a necessary step.

We understand that this transition can be difficult for some individuals. In case of individual financial problems you can approach City Services for temporary support.

In Her Service, Auroville will boldly spring towards future realisations, Chandresh and Torkil for FAMC

#### URGENT WARNING: CANINE DISTEMPER OUTBREAK

\*

We must alert you to the ongoing and devastating wave of canine distemper that continues to ravage dogs within Auroville and the surrounding areas. In the last few days alone, we had cases in Angiras Garden, Last School, Kuilapalayam, Alankuppam, etc.

This highly contagious viral infection spreads rapidly, similar to the flu, and is, in most cases, fatal for dogs. Our quarantine facilities and other animal care centers are full of cases.

We implore each dog lover to take immediate action to protect your pet dogs, Community dogs, and any dogs in your area. There is a highly effective vaccination available to safeguard against this deadly virus. Do not wait until it's too late. Contact your veterinarian without delay!

To address this critical situation, we have secured a stock of Dhhppi Novibac vaccination, which also provides protection against rabies. We are offering this essential vaccination for Rs. 500 per dog. Act now to ensure the well-being and safety of your beloved dogs.

Contact us for information and a vaccination appointment. <u>aurovilledogshelter@auroville.org.in</u> or <u>aurovilledogshelter@gmail.com</u>



## CULTURAL ANNOUNCEMENT

#### THE AUROVILLE THEATRE GROUP

Auroville Theatre Group in association with Urab Theatre Company presents the play "Chronicles of the Immortal Professor" July 7 & 8, 2023, 7 PM at CRIPA, Kalabhumi, Auroville.

The play is a free adaptation of "The Lesson" by Eugene lonesco. The play is performed in an expressionistic and absurdist style.

The play deals with common people in a deteriorating system that are trained to be conforming adults through the use of rewards and punishments as a means to create and shape individuals, suppressing dissent. The play is a comedic parable of the dangers inherent in indoctrination, satirising the "clean image" put forward in the society.

The central character 'Professor' represents more than what his title suggests. The absurd plot of the play focuses on a timid professor who manipulates the meaning he assigns to words to establish tyrannical dominance.

"The Chronicles of the Immortal Professor" is a solo play with a duration of 80 mins .The play is recommended for audiences above 13 years old. We have prepared an expressionistic, absurdist and comedic performance for everybody with an open mind. Entry is free for everyone.

Actor on stage - Visak Bazi Light - Ajith Chandran Music - Sarath Meraki Script, Design, Direction - Rohit Xavier



## AWAKENING SPIRIT

#### INTRODUCTION TO THE INTEGRAL YOGA OF SRI AUROBINDO AND THE MOTHER

Tuesday, 11th July, 9 am - 12 noon Focus: Intimacy with the Divine

Led by Ashesh Joshi

Place: Mirabelle Education Centre, Auromodele Ph/Whatsapp: 9489147202 (Please register)

All are Welcome

#### PITILESS

As we have come to engage in this City of Dawn, here's a sliver of guidance from Sri Aurobindo and the Mother, the Avatar founders of Auroville, for your perusal and contemplation:

https://sri-aurobindo.co.in/workings/ma/agenda 11/1970-03-14-01 e.htm \*

The "Consciousness" that the Mother speaks of is the Supramental Consciousness-Force:

"And the action of this Consciousness..."

"But this Consciousness is pitiless. ...so we may learn our lesson."

ॐ

Here's a knowledge base of most of their writings and guidance for more in-depth understanding of what on Earth is happening...

https://sri-aurobindo.co.in/

"...and meanwhile, the best course is to consecrate oneself entirely to the Divine."

"...to live in Auroville, one must be a willing servitor of the Divine Consciousness."

And so, the easiest and most joyful path for the human instrument, the Sunlit Path of Surrender: Bhakti to the Supreme Divine whom guides with the Divine Knowledge and acts through Divine Works:

The triune Bhakti-Jnana-Karma Yogas of Integral Yoga.

"The aim of human life is to discover the Divine, and to manifest it."

"The function of the psychic being is to offer all to the Divine for transformation."

\* "So then, I really saw – saw, understood – that the work of this [Supramental] Consciousness (which is pitiless, it's not concerned whether it's difficult or not, probably not even much concerned about apparent damage) is for the normal state to cease to be this thing which is so heavy, so obscure, so ugly – so low – and for the dawn to come... you know, something dawning on the horizon: a new Consciousness. That something truer and more luminous."

Zech, 2023.06.29

#### THE LIFE DIVINE - EXCERPT

"To be or become something, to bring something into being is the whole labour of the force of Nature; to know, feel, do are subordinate energies that have a value because they help the being in its partial self-realisation to express what it is and help it too in its urge to express the still more not yet realised that it has to be. But knowledge, thought, action, - whether religious, ethical, political, social, economic, utilitarian or hedonistic, whether a mental, vital or physical form or construction of existence, — cannot be the essence or object of life; they are only activities of the powers of being or the powers of its becoming, dynamic symbols of itself, creations of the embodied spirit, its means of discovering or formulating what it seeks to be. The tendency of man's physical mind is to see otherwise and to turn the true method of things upside down, because it takes as essential or fundamental the surface forces or appearances of Nature; it accepts her creation by a visible or exterior process as the essence of her action and does not see that it is only a secondary appearance and covers a greater secret process: for Nature's occult process is to reveal the being through the bringing out of its powers and forms, her external pressure is only a means of awakening the involved being to the need of this evolution, of this self-formation. When the spiritual stage of her evolution is reached, this occult process must become the whole process; to get through the veil of forces and get at their secret mainspring, which is the spirit itself, is of cardinal importance. To become ourselves is the one thing to be done; but the true ourself is that which is within us, and to exceed our outer self of body, life and mind is the condition for this highest being, which is our true and divine being, to become self-revealed and active. It is only by growing within and living within that we can find it; once that is done, to create from there the spiritual or divine mind, life, body and through this instrumentation to arrive at the creation of a world which shall be the true environment of a divine living, - this is the final object that Force of Nature has set before us. This then is the first necessity, that the individual, each individual, shall discover the spirit, the divine reality within him and express that in all his being and living. A divine life must be first and foremost an inner life; for since the outward must be the expression of what is within, there can be no divinity in the outer existence if there is not the divinisation of the inner being. The Divinity in man dwells veiled in his spiritual centre; there can be no such thing as self-exceeding for man or a higher issue or his existence if there is not in him the reality of an eternal self and spirit.

To be and to be fully is Nature's aim in us; but to be fully is to be wholly conscious of one's being: unconsciousness, half consciousness or deficient consciousness is a state of being not in possession of itself; it is existence, but not fullness of being. To be aware wholly and integrally of oneself and of all the truth of one's being is the necessary condition of true possession of existence. This self-awareness is what is meant by spiritual knowledge: the essence of spiritual knowledge is an intrinsic self existent consciousness; all its action of knowledge, indeed all its action of any kind, must be that consciousness formulating itself. All other knowledge is consciousness oblivious of itself and striving to return to its own awareness of itself and its contents; it is self-ignorance labouring to transform itself back into self-knowledge."

(The Life Divine, p.1060-61) Submitted by Soham



#### WELCOME TO THE ETERNAL GAME

Hey, I heard you won this game Where you got to make a choice To go anywhere in the multiverse. So again you are here my dear Welcome to this hologram of a planet Whom the earlier gamers call Earth. You are trying your best to remember Not easy as a human babe was your avatar Your memory replaced by this culture. It's good you are remembering more That down you went into the rabbit hole In here are magic mirrors on the wall Reflecting yourself but in different forms Morphing in wild spontaneous fashion In space-time never in one position. Some mirrors are rooted as if stuck, Some move slow, some zoom about Looking at some other mirror To run away from or devour So they can move on and evolve. Lucky you, having survived so far Looking for more answers here you are Finding yourself in this special lair Of the Dual Supramental Avatar Sri Aurobindo and the Mother. You must be blessed by a divine force. So just hang about ready for a choice As this is the only requirement here: To choose, either muddled or clear. Each choice is an action with a reaction An eternal feedback loop of motion. Remember, this is a world of mirrors Wherein you are all who you encounter Just more hastened and intense As this is the cradle of the transitionals Preparing this planet for the new species That will bring about something else A more freed and divine experience. So welcome to this City of Dawn On this Earth coming soon A Life Divine.

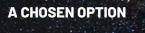
Zech, 2023.06.30



## **VOICES & NOTES**

#### OPEN LETTER TO FO FAMC AND FO WC

I am writing these lines anonymously. So far we have come in Auroville. A climate of fear and oppression is spreading. You have crossed the red line. Harmony still reigns in the powder keg. But that can change, and then what? You are enemies of the community and I cannot understand this heartless behavior. How can you betray Auroville and beat everything we've built together. Shame on you. An Aurovilian



This Universe of limitless possibilities Is based on The Play of Consciousness And of spectrumed individual choices. The Divine Supramental Manifestation Was simply a possible chosen option: A possibility that is now certain.

Zech, 2023.07.02

## TAXI SHARE



Anyone going to Chennai airport in the **late afternoon of 27th July**? Or coming from the airport to Auroville, to share a taxi? Umberto 7598331379

### EDUCATION

#### FRENCH CLASS FOR KIDS ( BEGINNER'S LEVEL )

**French class** ( beginner's level ) for kids of age group 6 to 12 years old is happening at **New Creation school** facilitated by Nivetha.

French is an International language rich in culture and a knowledge of this language is definitely beneficial.

The class takes place once a week on **Saturday evening** from **5:30pm to 6:30 pm**.

To join the class send an email to <u>nivethavishva@gmail.com</u> or contact 9843188461

#### AUROVILLE AIKIDO NEWS!



"Auroville Aikido" at Auroville Budokan, Dehashakti near Dana: Welcome if you want to watch a class before, try it out or join us right away!

- Children classes (from 8 of age): starting on July 10th with Philippe G. and Surya. Monday, Wednesday & Friday: 4.00 to 5.00 pm. Regular attendance required, as part of the school sports' program.
- Adults All levels: Tuesday, Thursday & Saturday 6 to 7.30 am with Murugan and evening on Wednesday 5.15 to 6.30 pm. Beginners most welcome, especially on the Wednesday evening and Sat. early morning classes.
  Women and young girls (with Surya) Sunday 9.15 to 10.30 am.

**Note:** Aikido is a Japanese martial art that can be for everybody –and usually gender mixed. Its regular and sincere practice makes you work on all your different levels: physical, mental, spiritual. We encourage the youth and especially girls and women to come and train with us!

**Practice clothes & other info:** to start, beginners can wear a T-shirt & long loose pants (for energy flow, avoid tight fitting clothes) then a white "keikogi" will be required (we have some). Health Fund or your own insurance necessary. Annual and/or monthly reasonable contribution required (activity under LEAD) depending on your status in Auroville. Please be on time, i.e. 10-15 min. before your class! Contact: Surya 0413-2623.813 or 8300189062, or N. Murugan 9952812843/WA – e-mail budokan@auroville.org.in or suryaniworks@gmail.com

Looking forward and in service, Surya, N. Murugan, Philippe G. and Cristo for "Auroville Aikido".

## ACTIVITIES

#### DOG WHEELCHAIR ASSEMBLY WORKSHOP



We have some fantastic news to share!

Thanks to the immense generosity of a donor, we have been able to order 14 wheelchairs for our beloved paraplegic dogs, allowing them to soon experience the freedom to run and play once again!

Assembling these specialized wheelchairs is no easy task, and we could use the support of the wonderful Auroville Community.

Therefore, we cordially invite you to join us on **Sunday**, **July 9th at 10 a.m.** for a special Dog Wheelchair Assembly Workshop. Your participation will not only be a valuable contribution but also a great opportunity to spend time together, learn about our paraplegic rehabilitation program. For our youngest dog lovers, we have lots of puppies waiting to enjoy playtime!

See you at the workshop! aurovilledogshelter@gmail.com

### FOODS, GOODS & SERVICES

#### **SOLITUDE FAM - JULY 2023**

#### Farm



Solitude has a small farm shop which is stocked daily with fresh seasonal produce.

There are also some ayurvedic powders such as giloy or guava leaf and also chilli powder, turmeric, pickles and dried flowers. Solitude also runs a C.S.A. fruits and vegetables basket service where people sign up in advance for a basket of seasonal produce.

- Soursop
- Papayas
- Assamese giant lemons
- Pineapple
- plantain
- Mangos

- Bananas
- wild spinach
- wild salad greens
- sundakkai
- banana stem
- banana flower

#### Cafe

The cafe runs from Monday to Saturday serving a local food vegan thali.

We also serve farm salads, smoothies, deserts, vegan coffee etc...

The cafe runs a lunch scheme.

#### Education

Solitude farm runs mini permaculture workshops during the week (Wednesdays and Fridays) and longer weekend workshops on a monthly basis. Pricing is flexible for Aurovillians.

#### Tour

Every Saturday we offer a free tour of the farm sharing the narrative and philosophy in practice of how a food forest can emerge through natural farming and permaculture.

#### Volunteers

Solitude Farm is happy to welcome volunteers. Timings 8:00 am -12:30 pm We offer breakfast, tea and lunch.

To find out more: email: <u>solitudepermaculture@gmail.com</u> whatsapp: 9843319260

Solitude farm & café Auroville



#### **RELAXING OIL MASSAGE**

Relaxing oil massage to reconnect body and soul. Full body, 90 minutes. On donation for aurovilians, newcomers and volunteers. Umberto 7598331379.



## LOOKING FOR

## SUITCASE FOR AIRPLANE TRAVEL

Dear community, I am looking for a suitcase for airplane travel. Please contact me if you have one to donate or sell at low cost. Thanks, Umberto 7598331379

### OLD SOLAR PANELS

Good day dear community,

With the ongoing repair and maintenance going on at the Youth Center, Mirco and Sasha would like to enquire if there is anyone out there who would would like to get rid of their old, damaged or broken solar panels in an eco friendly way? They would be incorporated into construction of walls in the tree houses to create privacy partitions. Perhaps you have some other material that can be used for that as well?

Please contact: Sasha: +919047232400 Mirco: +919944025718

Thank you in advance, and have a wonderful day. Youth Center Team

## AVAILABLE

#### HOUSESITTING OPPORTUNITY

Housesitting opportunity in the center of Auroville for 3 month starting **July 21st**. If you are interested please contact me via what's app: 944 3619 403. With care & gratitude

With care & gratitude!

## WORK OPPORTUNITIES

#### LOOKING FOR A GARDENER

We are offering a **full time work opportunity for a gardener** who has his own vehicle and a driving license. Preference is for a person below 40 years of age as the work includes climbing mango trees.

Contact for an interview: 9443413471

## **EMERGENCY NUMBERS**

#### Ambulance (24/7):

- Auroville-9442224680
- PIMS-0413 2656271

#### Security (24/7):

- Auroville Safety & Security Team—9443090107
- Auroville Police Station—0413 2677318
- Kottakuppam Police Station—0413 2236148
- Vanur Fire Station—0413 2677368

#### Health:

- Health Center-0413 2622123
- Santé—0413 2622803
- Farewell-8903836246

#### Mental health 24/7 support:

Vandrevala Foundation +91 9999666555

India Emergency Response Service (24/7): 108







## **CLASSES, WORKSHOPS & HEALING ARTS**

#### **AUROMODE YOGA SPACE**

Saturday Satsangs at Auromode Yoga space AUROMODE

Every Saturday 4 30 pm to 6 30 pm

We are happy to invite you to a captivating Satsang, where we will delve into the profound teachings of Indian and Tamil philosophy. It will be a wonderful opportunity to deepen our understanding and explore the rich wisdom that has been passed down through generations.



#### Event Highlights - This week – July 8, 2023

4:30 to 5:30pm **Lecture on Indian/Tamil Philosophy**: Bala, our inhouse Yoga teacher will share insightful teachings from Indian and Tamil philosophies. Discover the depths of ancient wisdom to gain a fresh perspective on life, spirituality, and self-realization.

5:30 to 6:30pm **Sharing Circle**: Following the lecture, we will engage in open discussions to share our thoughts, experiences, and reflections on various philosophies.

#### Event Highlights - Next week - July 15, 2023

4:30 to 6:30 – We are happy to invite Director – Dr T Ganesan from Centre of Saiva Studies, Pondicherry to give us an **introduction to SAIVA SIDDHANTHAM**, a prominent philosophical and theological tradition within Tamil culture, and the corpus of Tamil literature available for us to explore.

In English - Refreshments served - Open for all

#### **Contact Bala**

Email: balaganesh.siva@gmail.com or WA + 91 9892699804



#### VÉRITÉ WORKSHOPS

#### Pre-registration required

Please contact Verite @ 0413 2622045, 2622606, 7867805812 lor

programming@verite.in, www.verite.in



#### Restorative Yin & Yoga Nidra: Deep Relaxation for Body & Mind - with Emma Saturday, 15 July - 9:30am – 12:00pm

The workshop will be divided into two parts. The first one will include theory and practice, where we will journey through conscious relaxation, exploring a contemplative Yin Yoga practice to restore the natural condition of the deep tissues in the body while releasing tension in the physical, energetic, and mental layers. Then we shall transition into a relaxing Restorative Yoga practice which unwinds deep tension helping you to slowly let go of stress and feel more connected to your body. Finally, we shall experience Yoga Nidra — known as yogic sleep — a form of guided meditation practiced laying down, where we move into a deep state of conscious sleep, which is a deeper state of relaxation, taking us effortlessly into restful balance and harmony.

#### Yoga of Forgiveness - with Dr.Sehdev Saturday, 15 July - 2:00pm – 4:30pm

From the Darkness of Hatred & Indifference, to the Light of Forgiveness is a momentous step. From Fear & Festering Revenge, to the Courage of Being is the True Journey of the Spirit. We must let go of what ties us to the prison bars, and dream once again of Freedom. In this freedom alone lies our true Redemption.

#### Thai Yoga Therapy - with Andres at Vérité

FSometimes referred to as assisted yoga, Thai Yoga Therapy (Nuad Boran) is an ancient technique used to improve the flow of energy throughout the body. The practitioner uses acupressure, stretching, pulling and rocking techniques to relieve tension, promote relaxation and techniques to relieve tension, promote relaxation and improve flexibility and circulation. By appointment: 0413\_2622045, 2622606, 9363624083

(WhatsApp), treatments@verite.in

#### BODY IN LIGHT: AWAKEN TO THE LIGHT OF YOUR SOUL

1-Day Energy Healing workshop, in-person in Auroville. Sunday July 9th, 9am-5pm

Facilitator: Sandyra, Energy Healer & Teacher since 25 years.

Do you want to step into the harmonious frequency of the universe and restore deep inner balance? Are you ready to transform into a new, shining, powerful being? Learn:

- Fundamentals, Principles and Universal Laws of energy healing
- Dive into a powerful technique for self-healing.
- Realign to the Blueprint of your Soul, your Divine Essence -through Divine Spine Alignment.
- Step into the frequency of the universe to become a highfrequency energy vessel.

To register: email contact@auroville-jiva.com or WhatsApp +91 9626006961

## Awaken to the Light of Your Soul BODY IN LIGHT 1-DAY ENERGY HEALING WORKSHOP



### CINEMA



Presents at MULTI MEDIA CENTRE AUDITORIUM (MMC, Town Hall)

*Reminder:* **FRIDAY 7th "TURUP" (CHECKMATE)** *by* **Ektara Collective**, India, 2017

#### FRIDAY 14 JULY, 8.00 pm "SECRETS AND LIES" Directed by Mike Leigh, UK, 1996

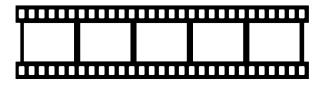
*With:* Brenda Blethyn, Marianne Jean-Baptiste, Claire Rushbrook, Timothy Spall, Phyllis Logan

Synopsis: Hortense, a well-educated black middle-class London optometrist, who was adopted as a baby has chosen to trace her family history. She discovers that her birth mother, Cynthia, is a working-class white woman with a dysfunctional family. Cynthia's brother and sister-in-law also have secrets of their own affecting their everyday family life...

Critically acclaimed, the film won the 1996 Cannes Film Festival's Palme d'Or, many other awards and recompenses including for actress Brenda Blethyn and for Best Screenplay. **Pr. Sivakumar** will introduce the film.

- The professor will also animate a "Cine-Master Class" at Aurofilm, Kalabhoomi, on Sunday 16th, 5 pm on and with the screening of the Japanese classic by Mikyo Naruse's YEARNING(1964). You will find the detailed announcement in next issue of the News and Notes.

Original English version with English subtitles - Duration: 2h.15'



## Cinema Paradiso

Multimedia Center (MMC) Auditorium Film program 10 July 202 3 to 16 July 202 3

Cinema Paradiso-Multimedia Center is now in operation at 100% seating capacity. Technically Covid protocolswere never taken off of cinema/theatre halls. Since mask is not a requirement anywhere else, we leave it to people's discretion. However, please come prepared. *To organize seminar/program please contact us via email.* 

We continue to have issues with our projector. It is time for us to look for a new one. If you are able to kindly donate at MMC's FS Account for this.

#### Indian and diaspora – Monday 10 July, 8:00 pm:

#### • 72 MILES EK PRAVAS (72 miles a journey)

India, 2013, Dir. Rajiv Patil w/ Smita Tambe, Chinmay Sant, Chinmay Kambli, and others, Biography-Drama, Marathi w/ English subtitles, Rated: U (G)

Set in 1950s and '60s based on autobiographical novel by Ashok Vhatkar, this film tells the story of Ashok, a 13yrs old boy, who runs away from his boarding school to travel from Satara to his parents home in Kolhapur that changes his entire perspective of life. On his way the seemingly helpful people change colors by hearing his last name, identifying his caste. But Radhakka, traveling with her three kids, do not hesitate to include Ashok under her wing as they take the journey as a family. Ashok grows sensitive as she shares her life's story with him.

#### Potpourri – Tuesday 11 July, 8:00 pm:

#### • MATEWAN

USA, 1987, Dir. John Sayles w/ Chris Cooper, James Earl Jones, Mary McDonnell and others, Drama-History, 135 mins, English-Italian w/ English subtitles, Rated: PG 13

Mingo County, West Virginia, 1920. Coal miners, struggling to form a union, are up against company operators and the gun thugs of the notorious Baldwin-Felts detective agency. Black and Italian miners, brought in by the company to break the strike, are caught between the two forces. UMWA organizer and dual- card Wobbly Joe Kenehan determines to bring the local, Black, and Italian groups together. While Kenehan and his story are fictional, the setting and the dramatic climax are historical.

#### Interesting – Wednesday 12 July, 8:00 pm:

#### SPIRIT - BECOMING THE WORLD'S BEST BARTENDER

USA-UK, 2023, Dir. Ross Bolidai w/ Jenna Ba, Stefano Catino, Ryan Chetiyawardana, and others, Documentary, 56mins, English-Japanese-Finish-Hindi w/subtitles for non-English dialogue, Rated: NR (PG-13)

Following three finalists in the lead-up to the World Class Bartender of the Year final, this is a story of obsession and thirst for perfection - as they challenge themselves for a title that could change their careers and lives forever. *Intriguing film*!

#### Selection – Thursday 13 July, 8:00 pm:

#### • IL PECCATO (Sin)

Russia-Italy, 2019, Writer-Dir.Andrey Konchalovskiy w/Yuliya Vysotskaya, Jakob Diehl, Adriano Chiaramida, and others, Biography-History, 134mins, Italian w/English subtitles, Rated: NR (R) Florence, early 16th century. Although widely considered a genius, sculpture-artist Michelangelo Buonarroti is reduced to poverty and depleted by his struggle to finish the ceiling of the Sistine Chapel. When his commissioner Pope Julius II dies, Michelangelo becomes obsessed with sourcing the finest marble to complete his tomb. His loyalty is tested when Leo X, of the rival Medici family, ascends to the papacy and commissions hi to do the façade of the San Lorenzo Basilica.

Forced to lie to maintain favour with both families, Michelangelo is tormented by suspicion and hallucinations, leading him to ruthlessly examine his own moral and artistic failings. The film is a gripping reflection on the agony and ecstasy of individual greatness, and the profound humanity behind the legend of the Renaissance.

#### International – Saturday 15 July, 8:00 pm: • LIVING

UK, 2022, Dir. Olivier Hermanus, w/ Bill Nighy, Aimee Lou Wood, Alex Sharp and others, Drama, English w/ English subtitles, 102 mins, Rated: PG13

Overwhelmed at work and lonely at home, a council bureaucrat's life takes a heartbreaking turn when a medical diagnosis tells him his time is short. Influenced by a local decadent and a vibrant woman, he continues to search for meaning until a simple revelation gives him a purpose to create a legacy for the next generation.

# Children's Matinee - Sunday 16 July, 4:30 pm:KUBO AND THE TWO STRINGS

UK-USA, 2016, Dir. Travis Knight w/ voices Charlize Theron, Art Parkinson, Matthew McConaughey and others, Animations-Adventure, 101 mins, English with English subtitles, Rated: PG

Kubo lives a quiet life in a small village until a spirit from the past turns re-ignites an age-old vendetta. This causes havoc as gods and monsters chase Kubo who must locate a magical suit of armor of his late father, a legendary Samurai warrior.

#### ARTHUR PENN FILM FESTIVAL @ Ciné-Club:

#### Ciné-Club Sunday 16 July, 8:00 pm:

#### BONNIE AND CLYDE

USA, 1967, Dir. Arthur Penn w/ Warren Beatty, Faye Dunaway, and others, Drama-Crime, 111 mins, English w/English subtitles, Rated: R.

Clyde Barrow recently out of prison, has turned to bank robbery. He meets Bonnie Parker and togetherthe two form the nucleus of a gang of bank robbers who terrorize the southwest in the 1920s. Based on the true story of a pair of notorious bank robbers, the film personalizes them while still showing the violencethat went along with them.

**Rating codes** we often use are from Motion Picture Association of America (MPAA): G=General Audiences, PG=Parental guidance suggested, PG-13=Parents strongly cautioned, R=Restricted (equivalent to Indian rating: A i.e. for Adults), NR=Film Not rated, Rating awaited, or Rating not available.

For scheduling programs at MMC/CP venue: please email us at <u>mmcauditorium@auroville.org.in</u>. *We appreciate your continued support. Pl donate to "Cinema Paradiso" (account #105106) or set up for a monthly contribution. We need it now more than ever.* 

Thanking You, MMC/CP Group Account# 105106, mmcauditorium@auroville.org.in

## ACTIVITIES

#### ACTIVITIES BY LAKSHMI

#### **Sound Chakras Healing**

Guided vibrational sound journey using **Chakra mantras**, **Tibetan Bowls and Tuning forks** to help reduce stress, anxiety, depression, insomnia, stimulating the natural cellular healing process, rebalancing the emotions & reconnecting with your true essence.

- Individual session,
- Couple session,
- Group sessions (max 4 people)

#### **Private Transformational Yoga Classes**

- Transformational Yoga
- Pranayama to release Fear, Anger and Anxiety
- Pranayama to achieve Peace, Calm, Quietude and Clarity
- Breathwork

Transformational yoga is inspired by Mother and Sri Aurobindo's Integral Yoga.

It is an innovative and highly effective yogic system, which synthesizes techniques of Hatha, Raja, Mantra, and Kundalini Yoga to bring about rapid transformation within the mind, body and spirit. Powerful, yet gentle, everyone can reap the benefits of this purifying yoga practice.



#### Please contact for an Appointment:

Lakshmi 8489764602 or lakshmiprem369@gmail.com

Activity offered under Abhaya, an activity of ASSA, under Artisana Trust

#### AUROVILLE LIBRARY TIMINGS

From Monday 3rd July, the Auroville Library will return to it's usual opening timings:

Mon - Sat: 9am - 12.30pm Mon, Wed, Thurs, Fri & Sat: 2pm - 4.30pm Tues: 4pm - 6.30pm

Every Saturday between 10am -11am: Children's storytime!

#### ECO FEMME OPEN HOUSE



Every Thursday morning from 10:30 AM



#### Dear friends,

Join our open house at our office in Auroshilpam every **Thursday morning at 10:30 AM till 12 AM**. Come and learn about:

- Sustainable menstrual products (cloth pads, cups and period panties),
- · Menstrual cycle awareness and,
- Our not-for-profit work.

You can also pick up discounted cloth pads, cups, period panties and cloth nappies.

See you soon!

The Eco Femme Team

#### POWER OF COLLECTIVE ASPIRATION





## A harmonious collective aspiration can change the course of circumstances.

#### Dear Community,

As we are going through a phase of intense turmoil, some of us feel the need to call for our collective prayers for protection.

Let's gather in the **gardens of the Matrimandir**, the soul of Auroville, on **Sunday evenings** at sunset time, for collective invocation.

Join a circle of prayers and chanting at the Amphitheatre from **6 to 6:30 pm**.

Come a little earlier to the stone circle for silent meditation to call the Light and Power of the Divine in Auroville.

#### All are welcome.

(Guests and volunteers, please bring your Aurocard)

#### **CHANTING CLASS - SERENDIPITY**

## Traditional Mantras & Stotras Chanting Classes

at Serendipity Community Friday 17:00 (Regular class)

with Sonia Novaes



Email: <u>serendipityauroville@gmail.com</u> WhatsApp: +91 8940288090

# CLASSES, WORKSHOPS AND HEALING ARTS



#### **ANGAM TREE: THERAPIES**

Our work in therapy and healing is focused on educating people to the importance of healthy living and conscious lifestyle. To together achieve a better and sustainable future in wellness for each individual and their communities.

#### Sound Healing Therapy

Using various musical instruments, Sound healing, Bodywork, Meditation, Visualization and Breathing one will become aware of their complete sensory perception.

When we hear the subtle cautions our life and where the body is a pathway of that inner voice, we all have the potential to heal ourselves.



#### \*Contribution based

#### Massage Therapy

Traditional body work using acupressure and deep tissue varma points healing methodologies. Naturally prepared herbal and coconut oil along with natural essential oil aroma for meditative breathing wellness. Use of sound to awaken and create a sense of peace and calm to bring about a holistic healthiness and oneness with self.



#### \*Contribution based



#### Dance Movement Therapy

Uses movement to help individuals achieve emotional, cognitive, physical, and social integration. Beneficial for both physical and mental health, dance therapy can be used for stress reduction, symptoms prevention, and mood management. In general, dance therapy promotes self-awareness, self-esteem, and a safe space for the expression of feelings.

#### \*Contribution based

You can learn more about us and register at <u>www.angamtree.com/therapies</u>

For **Angam Tree** Manager: Raja Celebration Community Mobile: +91 97513 95939 angamtree@auroville.org.in

#### VIPASSANA

#### Every Sunday at Udavi school

All old students of Vipassana meditation as taught by S.N. Goenka (www.dhamma.org) having attended at least one 10 day course are welcome to attend a half-day Vipassana course at Udavi School in Auroville.

#### Date: Every Sunday

Timings: 8:30 AM – 12:30 PM but you can also drop in and join as long as you wish.

Venue: **Udavi School** (building on the left when you are at the front entrance), near Tank in Edayanchavadi (Auroville).

No registration is required.

**Contact:** Sanjay Tumati, +91 8790982210 (available on WhatsApp) sanjay@auraauro.com

## CAPOEIRA- MARTIAL ART AND MUSIC WITH GINGA SAROBA

Afro-Brazilian martial art that combines elements of dance, acrobatics, music and movements. More than 500 years old, Capoeira is a constantly evolving art form, come connect and express yourself. Join us for

Adult Classes : Monday & Thursday - 6 PM - Deepanam School

Contact: 7598446327

Submitted by Kiran for Ginga Saroba

### FOODS, GOODS AND SERVICES

#### AIRCON CLEAN OFFERS COMPREHENSIVE AIR CONDITIONER CLEANING SERVICE KNOWN AS "JET SERVICE".



The Jet Service includes not only the filter cleaning but also indoor cooling coils, blades, and blower wheels, indoor cooler drain tray cleaning and outdoor unit with AC jet pump.

After a cleaning service your air is fresh and healthy, reducing sickness and helping you live a healthier life.

Save up to 30% power usage with a regular cleaning service.

Contact AIRCON CLEAN now at 9786809518 or email us at airconclean.av@gmail.com

Regards, Julien.







#### 150 dpi DIGITAL SOLUTIONS





Dear Residents,

150dpi has designed and developed a digital menu recently for an Auroville's Restaurant which can be read by their customers coming to dine in using a simple scan of the QR code from their mobile phone and be able to place their orders to the restaurant's staff.

Scan the QR code and experience the ease and convenience of ordering.



The digital menu also features a password protected administrator area through which you can add, edit, update your menu items along with marking items "not available" in real time and it reflects immediately on the customer menu side which is accessed by the diners.

#### Key advantages of this digital menu:

- 1. Adding items and removing them can be done instantly.
- 2. Price updates of items can be done with ease.
- 3. Mark an item "not available" for the day so the diners won't order it.
- 4. Update a particular day's special menu items.
- 5. You can share the digital menu QR code with anybody.
- 6. Payment can be done also through the same stand with payment QR code.

If you are running an eatery and feel this is something you would be looking for, please get in touch with us via email on <u>hello@150dpi.com</u> or call us on 08098144686.

We offer interested eateries a "one month free trial" of this digital menu. After which, it is a nominal yearly subscription fee that goes towards building and maintaining the software.

Sathish Arumugam For 150dpi Auroville Activity since 2010

## REPAIR OF AIR CONDITIONERS, FRIDGES, WASHING MACHINES AND APPLIANCES

Loganathan working at Mahasaraswati Shop (near PTPS, Aspiration area)

is a long term Aurovilian that has gained a lot of knowhow through looking after and repairing all kinds of machines. He happily repairs your machines and appliances.

You may contact him via phone / SMS or whatsapp +91 94434 93025



## ACCESSIBLE AV PUBLIC BUS

avbus@auroville.org.in / +91 94430 74825



#### Auroville TO PONDICHERRY

	Trip 1	Trip 2	Trip 3
Svaram Musical Center	7:00	8:50	14:50
Veite Guest house—Junction	7:02	8:52	14:52
Town Hall—Main Parking	7:06	8:56	14:56
Solar Kitchen (Round About)	7:10	9:00	15:00
Certitude Enterance	7:12	9:02	15:02
New Creation Road	7:17	9:07	15:07
SBI Bank—Kuilapalayam	7:19	9:09	15:09
ECR Junction—Aroma Guest House	7:23	9:14	15:14
Quiet Healing Center—Junction	7:26	9:17	15:17
Lotus Hotel—S.V Patel Salai	7:36	9:30	15:30
Ashram Road Junction	7:38	9:33	15:33
Ashram Dinning Hall	7:40	9:35	15:35



#### Pondicherry TO AUROVILLE

	Trip 1	Trip 2	Trip 3
Ashram Dinning Hall	8:00	12:15	18:10
Ashram Road Junction	8:02	12:17	18:12
Lotus Hotel—S.V Patel Salai	8:07	12:22	18:17
Quiet Healing Center—Junction	8:17	12:32	18:27
ECR Junction—Aroma Guest House	8:20	12:35	18:30
SBI Bank—Kuilapalayam	8:25	12:40	18:35
New Creation Road	8:27	12:42	18:37
Certitude	8:32	12:47	18:42
Solar Kitchen—Round about	8:34	12:50	18:44
Town hall Main Parking	8:38	12:54	18:48
Verite Guest House—Junction	8:42	12:58	18:52
Svaram Musical Center	8:45	13:00	18:55

· Monthly Rs. 800: Aurovilians & Newcomers, No validity

· Student Pass Rs. 1200 per month/ 24 days round trip

· Rs. 150 Round trip for Aurovilians & Newcomers

Rs. 200 Round trip for guests

Bus passes are available at Auroville Vehicle Service, Town Hall, Auroville, 0413 2623302