

Auroville

# NEWS & NOTES

No 981 - A weekly bulletin for residents of Auroville

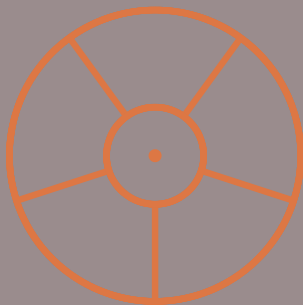
30 June 2023



## PONDERING

Let us work as we pray, for indeed work is the body's best prayer to the Divine.

*CWM, Words of The Mother - II, Page 299*



Short version:  
RA Content only

# HOUSE OF MOTHER'S AGENDA



We can distinguish three phases in this work, corresponding to Sri Aurobindo's and the Mother's own progress and discoveries; three phases that seem to go from bright to dark, from the miraculous to the significant commonplace, and from the individual cell to the earth. The first phase was devoted to testing the powers of consciousness. This is what some disciples have called the "bright period," lasting from 1920 to 1926, after which Sri Aurobindo would retire into complete solitude for twenty-four years, to concentrate exclusively on the Work. Using the new, supramental power they had discovered, Sri Aurobindo and the Mother first made several experiments on their own bodies. "Testing" is one of the key words in Sri Aurobindo's vocabulary: *I have been testing day and night for years upon years more scrupulously than any scientist his theory or his method on the physical plane.* From this huge body of experiences, which pervade Sri Aurobindo's written works and correspondence, we might draw four symbolic events illustrating the power of consciousness and Sri Aurobindo's "testing," bearing in mind that these are only instances among many others, and that neither Sri Aurobindo nor Mother attributed any special importance to them. It is through chance conversations or letters that their existence came to be known. Sri Aurobindo had just arrived in Pondicherry when he undertook a prolonged fast, "to see." Years later, when a disciple asked him whether it was possible to go without food, he was told: Yes, it is. *When I fasted for about 23 days or more.... I very nearly solved the problem. I could walk eight hours a day as usual. I continued my mental work and sadhana as usual and I found that I was not in the least weak at the end of 23 days. But the flesh began to waste away and I did not find a clue to replacing the very material reduced in the body. When I broke the fast, I did not observe the usual rule of people who observe long fasts, – by beginning with little food. I began with the same quantity I used to take before.... I tried fasting once in jail but that was for ten days when I used to sleep also once in three nights. I lost ten pounds in weight but I felt stronger at the end of ten days than I was before I began the fast... I was able to raise a pail of water above my head, a thing I could not do ordinarily.* Another experience goes back to the time of the Alipore jail: I was concentrated. And my mind was questioning: Were such siddhis [powers] possible? when I suddenly found myself raised up.... I could not have held my body like that normally even if I had wanted to and I found that the body remained suspended like that without any exertion on my part.<sup>348</sup> Another time, Sri Aurobindo had a large quantity of opium purchased from the Pondicherry bazaar, enough to overwhelm several people, and absorbed it entirely without suffering any adverse effects, just to test the control of his consciousness. We owe the fourth item to the impatience of a disciple who was complaining that he had not received an answer to his letters soon enough. *You do not realise, Sri Aurobindo replied, that I have to spend 12 hours over the ordinary correspondence. I work 3 hours in the afternoon and the whole night up to 6 in the morning over this... even the rocky heart of a disciple would be touched*

Sleep, food, gravity, cause and effect – Sri Aurobindo tested one by one all the so-called laws of nature, to find that they hold only insofar as we believe in their hold; if we change our consciousness, the "groove" also changes. All our laws are only "habits":

*Her firm and changeless habits aping Law,*

says Savitri of Nature. Indeed, there is only one true Law, that of the Spirit, which can modify all the lower habits of Nature: *The Spirit made it and the Spirit can exceed it, but we must first open the doors of our prison-house and learn to live less in Nature than in the Spirit.* Sri Aurobindo has no miraculous recipes, no magic formulas; his entire yoga rests upon a very simple double certainty: the certainty of the Spirit that is within us and the certainty of the Spirit's earthly manifestation. This is the only key, the real agency for doing his work. *In each man there is a God and to make him manifest is the aim of the divine life. That we can all do.* When a disciple argued that it was easy for exceptional beings such as Sri Aurobindo and the Mother to defy natural laws, while poor mortals had only their ordinary resources, Sri Aurobindo protested vehemently: *My sadhana is not a freak or a monstrosity or a miracle done outside the laws of Nature and the conditions of life and consciousness on earth. If I could do these things or if they could happen in my Yoga, it means that they can be done and that therefore these development and transformations are possible in the terrestrial consciousness... I had no urge towards spirituality in me, I developed spirituality. I was incapable of understanding metaphysics, I developed into a philosopher. I had no eye for painting – I developed it by Yoga. I transformed my nature from what it was to what it was not. I did it by a special manner, not by a miracle, and I did it to show what could be done and how it could be done. I did not do it out of any personal necessity of my own or by a miracle without any process. I say that if it is not so, then my Yoga is useless and my life was a mistake – a mere absurd freak of Nature without meaning or consequence.* For Sri Aurobindo, the key is to understand that the Spirit is not the opposite of life but the fulfillment of life, that the inner realization is the key to an outer realization:

*Heaven's touch fulfils but cancels not our earth.*

*(to be continued next week)*

— Satprem, *The Adventure of Consciousness*, Chapter 17,  
The Transformation

[https://sri-aurobindo.co.in/workings/satprem/adventure\\_of\\_consciousness\\_e.htm#060](https://sri-aurobindo.co.in/workings/satprem/adventure_of_consciousness_e.htm#060)

Zech for and on behalf of Gangalakshmi (HOMA)



# NEWS & NOTES GUIDELINES

## HARD DEADLINE FOR SUBMISSIONS: TUESDAY 5PM

The content of News & Notes is a reflection of the growth process of this community towards its ideals of Harmony, Goodwill, and Truth. Editing of submissions, mainly for reasons of space and clarity, is done according to an established policy.

### How to submit material:

- Max size of the published poster is 9cm x 9cm independently of the size you sent. The bigger posters will be reduced.
- Please AVOID CAPS letters
- Material (no pdf files, please) may be sent in English only to **newsandnotes@auroville.services**
- Articles for the Notes section should ideally be no longer than 500 words.
- Please do not send submissions and inquiries as a "Reply" to the digital subscription mail. There is no guarantee that anyone will see communications sent this way.
- Please try your best to send your announcements, reports, film schedules whenever they are ready. Any modifications of submitted News items must be sent to the editors before **Tuesday 5pm.**



## DISCLAIMER:

Please note that the opinions and views expressed on these pages are solely those of the respective authors or work groups and do not necessarily reflect the position of the editors or the larger Auroville community. The News & Notes aims to provide a platform for the publication of diverse perspectives and voices from multiple sources within Auroville.

While our editors strive to ensure the accuracy of the information presented, we cannot guarantee that all information is free from error or omission. Additionally, we cannot be held liable for any alleged misinformation provided or offence caused by the content published.

In the event of any dispute, we encourage readers to consult with the Auroville Council, and we reserve the right to suspend the publication of disputed material. Our commitment to providing an open and inclusive platform for dialogue and exchange of ideas remains steadfast.

The News and Notes team  
**newsandnotes@auroville.services**

## LIST OF ACRONYMS:

**AVF** (Auroville Foundation), **AVFO/FO** (Auroville Foundation Office), **GB** (Governing Board), **RA** (Residents Assembly)

The following groups are divided in two categories: The groups selected by the Residents Assembly through Community decision making Processes and the groups put together by the GB and the FO (not recognised by the Residents Assembly).

### Working groups selected by the Residents Assembly:

Working Committee (WCom)  
Funds and Assets Management Committee (FAMC)  
Budget Coordination Committee (BCC)  
Town Development Council / L'avenir d'Auroville (TDC)

Auroville Council (AVC)  
Entry Service (ES)

### FO selected groups:

Working Committee (WC)  
Funds and Assets management Committee (FAMC)  
Budget Coordination Committee (BCC / BCS)  
Auroville Town Development Council (ATDC)

Housing Service (HS)  
Land Board (LB)

## NOTE FROM THE EDITORS

Dear Community,

We thank everyone for embracing the new RA N&N and sending in your submissions.

We have been facing various issues with the FO N&N (*delaying their publications; locking PDFs; repeated or obsolete content; content published without author's consent; unclear sourcing of content; etc...*). Consequently, we have decided that from 20th July onwards, we will only publish content sent directly to us at [newsandnotes@auroville.services](mailto:newsandnotes@auroville.services).

### **Important:**

**From 20th July onwards**, the only contents that we will continue publishing from the FO N&N are announcements from the FO and their working groups, in order to honour our commitment to have all voices heard. FO Working Groups are of course invited to send their content directly to the RA N&N for publishing, if they wish for their links to be functional and if they would like to avoid any delays in publishing. All events, workshops, and other content not sent to us directly, will no longer be added to the RA N&N, for the above stated reasons.

### **Reminder:**

**Please do NOT write to us from an @auroville.org.in mail ID, your submissions will not reach us.** If you only have an auroville.org.in mail ID, please use this [form](#) to send us your content.

### **Support the RA N&N:**

As the News and Notes budget is still being disbursed only to the FO N&N, printing and distribution costs are currently being covered by private donations. If you wish to contribute to the RA Edition of the N&N, you can do so by donating to: "NEWSLETTER COLLECTION" FS #252150.

We look forward to continuing to serve the over 3000 readers who receive the RA Edition as well as serving the Auroville community as a whole by providing a platform for all perspectives to be shared with respect.

In community,

The RA Community Edition News and Notes Team

## WORKING GROUPS NEWS

### FROM THE ENTRY SERVICE

#### **ES # 186 DATED: 29-06-2023**

The following people have been recommended by the Entry Board to join our community. Please share your feedback within 2 weeks for potential Newcomers, Associates and Friends of Auroville and within 4 weeks for Potential Aurovilians, Returning Aurovilians, Youth and Spouse/Partner of an Aurovilian in writing to [auroville.entryservice@gmail.com](mailto:auroville.entryservice@gmail.com). We thank you in advance.

#### **NEWCOMER CONFIRMED:**

- **David EVANS (British)**
- **Damien SALENS (French)**
- **Soumya KANNAN (Indian)**
- **Kathiravan SELVAM (Indian)**

#### **AUROVILIAN ANNOUNCED:**

- **Eesha THAKER (Indian)** staying in Citadines and working at Matrimandir
- **Sophie BAPTISTE (French)** staying in Swayam and working at SEA & Kripa



### **AUROVILIAN CONFIRMED:**

- **Ramya AYYANARAPPAN (Indian)**

### **FRIEND OF AUROVILLE ANNOUNCED:**

- **Anand VENKATASUBRAMANIAN (Indian)** - Anand has been a donor to Matrimandir and Savitri Bhavan since 1999. He is currently associated with Purnam Center for Integrality and wants to contribute in whatever small way to The Mother's vision of Auroville.



### **LEFT ON THEIR OWN:**

- **Sathish KUMARESAN (Indian)**

### **NOTE:**

- The Newcomer probation year becomes effective only after the NC kit has been returned and should not exceed 18 months from the date of confirmation.
- A Newcomer becomes an Aurovilian once his/her name has been confirmed by The Admission Committee (aka the Entry Board) after following due process.
- The date of becoming Aurovilian is the date of confirmation. An Aurovilian confirmed by the Entry Board is eligible to participate in all community decision-making processes.
- A confirmed Aurovilian becomes officially a Resident of Auroville once the individual has filled in and signed the B-Form and his/her name has been entered in the Register of Residents (RoR) maintained by the Auroville Foundation Office (AVF).
- A Resident of Auroville is eligible to become an executive of a Unit or Service of Auroville and to get an ID card issued by the Auroville Foundation.
- A meeting with the Secretary of the AVF will be arranged by the Entry Secretariat according to the availability of the Secretary and not at any personal request.

Yours,

The Entry Board (Alain, Grace, Jayanthi, Lakshmanan, Matilde, Sara, Sonja and Swadha)

### **Entry Service Timings:**

Monday, Wednesday, Friday, 9:30am—12:30pm

Tuesday & Thursday: Newcomer kits, 2:30—4:30pm

0413 262-2707, [auroville.entryservice@gmail.com](mailto:auroville.entryservice@gmail.com)

## **FROM THE RA TDC**

### **OPEN LETTER TO MICHAEL BONKE - CLEARING WORK IN NON-COMPLIANCE WITH NGT JUDGEMENT**



Dear Community,

Please find a link below of an open letter to Micheal Bonke regarding the clearing work being done on his land in the Existence / Bliss forest area. We feel it is our duty to inform him that we have noted and documented the violations that have been executed in the Auroville project area, aka the Master plan area on his instructions. The clearing of vegetation and understory being done changes the ecology of the area and therefore cannot be undertaken until proper plans have been submitted and environmental clearance granted for the same. And therefore is not compliant with the judgement of the NGT for the Auroville project area.

[2023 06 22 - M.Bonke - open letter re clearing work.pdf](#)

in Service,

L'avenir d'Auroville - TDC Town Development Council  
Anan, Divya L, Dorle, Island, Natasha S, Tom G

## FROM THE RA WORKING COMMITTEE

### **COUNTER TO MALICIOUS 'REPORT ON SATPREM' BY ILLEGITIMATE WCOM**

Dear Community,

As you may be aware, there is a 'Report on Satprem' that has been sent to the Governing Board and International Advisory Council by the individuals illegitimately calling themselves the 'Working Committee'.

Please find attached our communication to them about this malicious report, as well as responses by Satprem to the accusations that have been levelled against him in this so-called report.

[Counter to malicious Report on Satprem by illegitimate wcom.pdf](#)

[Satprem responses to report by fake WCom.pdf](#)

In community,

Your Working Committee

Aravinda, Bharathy, Chali, Hemant, Mael (TOS), Sauro, Valli



**WORKING COMMITTEE**  
of the Residents' Assembly  
AUROVILLE FOUNDATION

### **FROM ILLIGITAMATE WCOM - FO NN 980:**

[Report on Satprem \(Serge Maini\) - FOWCom](#)

## FROM THE AV COUNCIL

### **ACCESS TO AURONET**

Dear Community,

Greetings from the Auroville Council!

In the recent past some of us residents were having difficulties in accessing the Auronet website or certain components of it. We have been informed that these blocks have also been on and off for some of the residents.

Please let us know if your Auronet access has been affected in any way, since when and for how long? For example, if you can read and publish posts, read and publish comments.

Those of you whose Auronet account is restricted in any way, kindly let us know for the record and we will attempt to follow up on this.

Please email us at [avcouncil@auroville.services](mailto:avcouncil@auroville.services)

With best wishes for your well-being,  
Auroville Council

## EMERGENCY NUMBERS

### **Ambulance (24/7):**

- Auroville—9442224680
- PIMS—0413 2656271

### **Security (24/7):**

- Auroville Safety & Security Team—9443090107
- Auroville Police Station—0413 2677318
- Kottakuppam Police Station—0413 2236148
- Vanur Fire Station—0413 2677368

### **Health:**

- Health Center—0413 2622123
- Santé—0413 2622803
- Farewell—8903836246

### **Mental health 24/7 support:**

- Vandrevala Foundation +91 9999666555

**India Emergency Response Service (24/7):** 108

# COMMUNITY NEWS

## COMMUNITY SHARING

### FOREST GROUP MEETING UPDATES - 02 JUNE 2023

**Management of Revelation Forest** - The forest group welcomed the return of Patrick to Revelation and expressed faith in his stewardship and management of Revelation Forest Park and Educative Project.

**Outer Ring Road clearing by Land Board** - Forest group categorically opposed the clearing of dense sections of the forest in Discipline, Miracle, 9 Palms, Revelation and eventually Espace by the Land Board without due process and reiterated the illegal nature of such actions. As per the NGT verdict and court orders, any clearing of vegetation, or tree cutting is prohibited without a detailed development plan for the whole of Auroville and environmental clearance after due Environmental Impact Assessment and Social Impact Assessment.

**Land Encroachment Attempt and Harassment of the Steward of Azhagu Bhoomi Forest in the Northern Green Belt area** - Balu, the steward of Azhagu Bhoomi outlined the constant attempts by a few people to harass him with physical threats and claiming ownership based on forged papers or irrelevant documents. The Forest Group exhorts all relevant bodies mandated for the protection of Auroville Lands and estates to respond proactively during such threats.

**Accounting Procedures** - The forest group also affirmed its commitment to efficient accounting and the highest transparency. Active steps are also taken to migrate to a tally-based accounting from the current Excel sheet-based accounting.

#### In the meeting

Edzard Loesing - Discipline  
Dave - Silence  
Amudha - Azhagubhoomi  
Velmurugan - Azhagubhoomi  
Balu - Azhagubhoomi  
Segar- Aranya  
Hans - Abri Forest  
Stefan - Evergreen  
Amos - Evergreen  
Ananda- 9 Palms  
Yan- Fertile Field  
Alyona - Darkali  
Vengatesh - Abri Forest  
Shanti - 9 Palms  
Jessamijn - Udumbu  
Julia - Fertile  
Wazo - Mango Field  
Lakshmi - Fertile  
Patrick - Revelation

Ana - Existence  
Jaap - Ravena  
Island - Espace  
Archana- Siddhartha Forest  
Ivana - Vikas  
Rita- Centre Field  
Mani - Samridhi  
Philippe - Anusuya  
Natasha - Evergreen  
Ancolie - Evergreen  
Ipshita - Revelation  
Arun - Revelation  
Lea - Revelation  
Mélusine - Revelation  
Abinaya - Revelation  
Pragna - Revelation  
Rahul Vijay - Revelation  
Julien - Révelation

### AUROVILLE LIBRARY TIMINGS

From Monday 3rd July, the Auroville Library will return to its usual opening timings:

**Mon - Sat: 9am - 12.30pm Mon,  
Wed, Thurs, Fri & Sat: 2pm - 4.30pm  
Tues: 4pm - 6.30pm**



Every **Saturday** between 10am -11am: **Children's storytime!**



## **REMINDER ☆☆ AN APPEAL FROM RESIDENTS OF AUROVILLE REGARDING THE EXIT PERMIT SERVED TO SATPREM MAÏNI ☆☆**

Dear Auroville residents and Well-wishers of Auroville,

We would like to thank all those who have shown their support to Satprem's visa situation and the general ongoing profoundly challenging situation in Auroville.

So far we have received a total of 2,450 signatures (Auroville Residents 843, Auroville Well-wishers Worldwide 1,607).

As the number is still constantly growing we would like to extend the submission period for two more weeks (Until 12th July).

Signatories will be kept strictly confidential, and only the appeal letter and the numbers will be shared outside of the Working Committee of the RA.

Please share this link with 6 translations with your family and friends to spread the word.

<https://forms.gle/kD8QmNVrQPKasAPE6>

Sincerely

Concerned Members of the Residents' Assembly of the Auroville Foundation

## **AURA NETWORK TO CLOSE**

Dear Community,

We are going to have to close down the the Aura Network application on your phone that about 500 of you have joined. Certainly it was an epic experiment for a new economy in the spirit of the Auroville ideals. Very simply, it was not being used. It needed a critical mass of active users for it to flourish and expand. The costs of maintaining the system, the administration and all the fees involved for a state of the art phone application, could not be justified as it was not being used. Ahead of its time? Not relevant to Aurovilians in the present state of affairs? We don't speculate.

Fortunately, the years of research and development as a case study will remain available on an Aura website accessible at [www.auranetwork.app](http://www.auranetwork.app).

The Team wants to express a deep gratitude to Professor Cho for his inspiration for a new currency for the world and his willingness to sponsor a generous grant from the Science Walden Institute in Korea. Aurovilians Hye Jeong and Dan Be managed and coordinated the project which was hosted by the Korean Pavilion. They influenced professionals from Asia, Europe and India to collaborate in creating an amazing phone app. After a bit of hesitation, most Aurovilians really embraced the app as an idea but that finally did not translate into a sustainable practice of using it. Some early technical glitches also discouraged people and the festivals and information sharing could have been more extensive. The Team is grateful for the many who shared on the market place, listed their needs, and gifted auras to their peers. Touching feedback returned to us from exchanges that happened because there was this Aura app.

The Auroville journey to go beyond debit capitalism has been unsuccessful. Money still remains temporarily a sovereign lord here as elsewhere. But the collapsing global empire is rapidly turning to digital currencies, and the consequences will soon be evident.

On August 15, 2023 the Aura App will go offline. We wish to thank all who participated and supported this Auroville experiment. While this is a sunset for the Aura, we are confident that it has nursed a greater dawn.

Sincerely

The Aura Network Team

## GRATITUDE

### Successful BRAVECTO Fundraiser



We are delighted to inform the community that we have successfully achieved our goal of raising Rs. 1.1 lakh for our BRAVECTO fundraiser and are now able to order soon a bulk shipment of this important medicine. This tremendous milestone has been made possible through the support and contributions of many dog lovers.

Since assuming responsibility for the care of 300 dogs in our shelter two months ago, we have made significant efforts to improve their well-being. Thanks to the success of this fundraiser, many dogs who were previously suffering from contagious skin-related diseases will now be successfully treated, and the tick infestation will be effectively addressed. We extend our heartfelt gratitude to all those who generously donated and played a pivotal role in the success of the fundraiser. Special thanks go to FAWP.NL for recognizing and appreciating our fundraising efforts, as they have generously granted a significant donation to the Auroville Dog Shelter. As every month, our transparency report will be published at the end of June.

Thanks to their donation, we have already been able to administer deworming treatments to all 300 dogs in our shelter. Additionally, we have been able to secure vaccinations for the entire population, ensuring the safety and security of each and every one of our beloved residents.

Important reminder: Please note that the mass outbreak of canine distemper in Auroville and the bioregion is still ongoing, and there continue to be reports of suspected rabies cases in the area. We urge all community members to remain vigilant and well-informed about the available vaccination options for both themselves and their beloved pets.

Your Dog Shelter team

+91 89394 49413 / [aurovilledogshelter@gmail.com](mailto:aurovilledogshelter@gmail.com)



## WORK OPPORTUNITIES

### JOIN OUR DEDICATED TEAM AT THE AUROVILLE DOG SHELTER!

Are you a passionate dog lover looking for a rewarding animal care job?

As we are upgrading the level of care for our dogs and have lots of new and super interesting projects in the pipeline, we are seeking individuals to support us in providing the best possible care for our dogs.

We are seeking:

- Position: Animal Caretaker Working
- Hours: 4 hours per day, 6 days a week
- Compensation: Rs. 8,000 per month
- Requirements: Love for animals and enjoying physical work
- Position: Social Media Person
- Working Hours: flexible, work from home possible
- Compensation: Rs. 8,000 per month
- Requirements: Love for animals, experience with social media marketing, skills in graphic design

If you have a genuine love for dogs and are eager to make a positive impact, we invite you to join our team!

Your Auroville Dog Shelter Team

+91 89394 49413 / [aurovilledogshelter@gmail.com](mailto:aurovilledogshelter@gmail.com)



## YOUTH LINK

### BEGINNER'S ENGLISH CLASS WORKSHOP

We are thrilled to announce that **YouthLink** will be hosting a Beginner's English Class happening at the Youth Center!

The Beginner's English class is a great starting point for individuals who are new to the language or have minimal experience with it. In these classes we will focus on developing essential language skills and create a supportive/encouraging environment, where learners can comfortably practise their English skills by slowly building their confidence.

The program is a **10 days intensive class** taking place from **10th to 21st July 2023** facilitated by Tom.

This class starts at **5pm until 6:30pm**. No class on Weekends =>

To register email us at [youthlink@auroville.org.in](mailto:youthlink@auroville.org.in) or come to our office in Town hall between 9.30am to 12pm and 2pm to 4pm to sign up.

## OBITUARY

### DAVID COMMUNITY TRIBUTE

It is with real sadness that we inform the community that David Nagel passed away in his Aurodam home.

David, (originally from Brooklyn NY), is a kind of legend in Auroville's colourful history for so many reasons, since his arrival with his brother Larry in 1976.

He had the required 'whackyness', passion and the ability to work in diverse fields that was the need and hallmark of the early pioneering years of establishing Auroville.

David turned 80 on the 24th of April, he faced certain health issues of which he didn't complain much. He was known for calling his friends regularly to chat and share information and reminisce on past events.

David ran the 'Nourishment' restaurant in Pondicherry (which later was known as La maison d'Auroville' on rue Lally Tollendal Street), a place to eat, rest and recuperate for Aurovilians completing errands before cycling back up hill to AV.

He later ran the Bharat Nivas Kitchen which provided school lunches, in fact entire generations of Auroville's children have been fed on some of David's original menu items which were taken up by the Solar Kitchen many years later, like the Monday mash potatoes, Tue pasta with white sauce, Soy balls Biryani etc, these were David creations.

There are many David tales that are part of our Auroville folklore.

David immersed himself in his love for afforestation work, which he carried out for the rest of his life, planting thousands of trees and provided seedlings from his nursery to many foresting people and places. He assisted greening efforts in many places as well as with the PHCC (Palani Hill Conservation Council), Madras Croc Bank and other places. His greening efforts are a visible legacy for the future.

Please click here to hear him speak about his work: <https://youtu.be/51npNzfj2zY&t=8m24s>

David's body remained at Farewell, where many friends from Auroville and the villages came to pay a last homage.

The cremation of his remains took place at Auroville's Cremation Grounds in the afternoon of Tuesday 27 June.

We thank David Nagle and wish him peace on his onwards journey. Farewell, dear friend. So many of us will miss you.



## **TRIBUTE TO DAVID FROM ROM WHITAKER**

What a shock! David and I are the same age and close pals for half a century or so.

When David was bitten by a Russell's viper he sent me a message saying I could keep the raincoat he left at my place in case he died. His droll sense of humour remained intact.

In the mid-1980s David was a vital part of the team which got our Irula Women's Society started on planting trees on village land near the Croc Bank. He taught us all how to raise huge nurseries of lakhs of trees and then how to plant and care for them. The Women's Society is still going strong at Thandarai, near Chengalpattu. He was a strong player in the Palni Hills Conservation Council's tree planting programs, that was a magical time!

Whenever Janaki and I visit Auroville we stop at and sometimes stay with David, have a toke and shoot the shit about our past lives. The story of his USA days and how he and Larry made a million selling waterbeds lives in my memory. Now that I live further away, near Mysore, David and I have a phone chat at least once a week, usually about how much rain we've been getting and the trees we've been planting and how they are doing. I wouldn't be such a tree-planting nutcase if it hadn't been for David. We'll really miss him!

Rom

Romulus Whitaker

Founder of the Madras Croc Bank



## **TRIBUTE FROM PHCC FOR DAVID NAGLE**

Thank you David for the love you showed to our Mother Earth. I remember visiting Auroville in 1975 -- it was so full of energy and hope -- but the land dry, dry, dry -- great expanses of overworked and naked soil, with only the tall noble lonely palmyra trees in rows with protective Govt numbers in their trunks between the sandy fields. And I was amazed, really, returning in the 1990s to bear witness to AV's transformation: -- all the greenery, the rich afforestation accomplished with such love by David and so many others there over those 20 years -- bushes and leafy trees almost burying the old palmyras you could still find hidden in there now -- with their carved out number sconces still intact from their own beginnings from yet more decades and decades before. Trees bear witness, and nurture us, we need to show them great respect and love.

Mark, current President of PHCC  
(Palni Hill Conservation Council)

## MALLIKA OF KALPANA PASSED AWAY

In the early morning of 24 June, Mallika of Kalpana, left her body at the age of 86.

Mallika (Claude Leandre) was born in French Guyana in 1936. She grew up in France, living and working there until a chance viewing of a television program featuring Auroville called her to come and join in the “adventure of consciousness”.



In 1973, Mallika made the journey to Pondicherry and Auroville with her two young children, and taught French at both Auroville and the Ashram School for over a decade.

Officially joining Auroville in 1986, Mallika pursued studies in a variety of healing arts. With her ever-deepening exploration of the Integral Yoga and her special talent for quietly working on the subtle level, Mallika’s treatments benefitted countless Aurovilians over five decades.

Her dedication to Mother and Sri Aurobindo’s concepts of integral healing also made Mallika a valuable contributor to the establishment and development of various projects in Auroville’s health and healing sector, including Vérité, Quiet and Santé.

Mallika took a keen interest in the development of Matrimandir, supporting and participating in different aspects of work there over the years. She also maintained close connections at the Ashram, and always helped coordinate the Darshan day visits and tokens for Aurovilians.

Mallika’s other great love was for her children, Pascal, Abhipsa, and Subhadre, and their families. She delighted in being able to be actively engaged with her Auroville grandchildren, Samarpan, Sushant and Saindhavi, and also devoted herself to keeping a strong energetic bond with her family outside of Auroville.

Mallika’s small physical stature belied a huge spirit, full of youthful zest, humor, intelligence and care for the world and its future. Bon voyage to a remarkable woman whose presence will be greatly missed.



# COMMUNITY INFO SHARING



AUROVILLE  
DOG SHELTER

## AUROVILLE DOG SHELTER MONTHLY TRANSPARENCY REPORT (JUNE 2023)

As part of our commitment to transparency, we are happy to present our monthly report for June.

### Overview

- New admissions: 17
- Dogs dumped at the shelter: 6
- Paralyzed dogs rescued: 0
- Rabies suspect cases rescued: 0
- Canine Distemper dogs rescued: 8
- Rescue dogs deceased: 10 (*8 Canine distemper, 1 severe animal abuse, 1 other reason*)
- Shelter dogs deceased: 7 (*1 snake bite, 3 old age - kidney and liver failure, 3 suspected rat poison*)
  
- Successful adoptions: 9 (*total 35 since April*)
- Dogs rehabilitated and released post-treatment: 2
- Vaccinations administered: 50+ (*Rs. 260 per vaccination*)
- ABC shelter dog sterilizations: 9 (*Rs. 2,300 female, Rs. 1,700 male*)
- Deworming: 287 adults, 18 puppies

### Monetary Donations

This month, our fundraising efforts have gained significant momentum, resulting in a record number of monetary donations totaling Rs. 8,02,415 for our shelter. Alongside the monthly funds from BCC of Rs. 50,000, our total donations exceed Rs. 8.5 lakh. We thank our dear friends from AVI USA and Jo Cuypers for their great support in fundraising for our shelter. This substantial funding has enabled us to purchase a wide range of equipment, medicines, vaccinations, food, and supplies for our beloved shelter residents.

We are happy to announce that our Milaap Fundraiser (Bravecto) has been a resounding success, achieving 82% of our Rs. 1.1 lakh goal with Rs. 90,000 raised from 42 donors. This remarkable outcome, coupled with the generous donation from FAWP.NL, not only allows us to procure the much-needed medicine in bulk (Rs. 1.1 lakh for shelter dogs and Rs. 20,000 for rescue dogs), but also provides sufficient funds for Simparica medicine (Rs. 50,000), deworming treatments, comprehensive dog vaccinations, and ABC sterilizations. The Bravecto order of Rs. 1.3 lakh was placed on June 27 through the AV Unity Fund.

### Donations in kind

An Amazon purchase with a value of Rs 1.8 lakh was paid by a wonderful donor with the help of our friends from AVI USA.

We have also received another amazing gift for our dogs: 14 wheelchairs for our paralyzed dogs, with a total value of Rs. 64,496. Soon, our paraplegic dogs will be trained to use their wheelchairs and will be free to race around!

Daaman Shelter in Mahabalipuram generously contributed by donating a carload of food and snacks for our shelter, among them 100 kg of Pedigree food, 14 kg of chicken snacks, 20 kg of jumbo sticks, 20 kg of bacon treats, 28 kg of puppy snacks, and many more!

We are immensely grateful for the support and love shown by numerous dog lovers who have showered our 300 residents with an abundance of gifts, treats, food, donations, and affection!

We have initiated weekly (Thursday) donation pickup drives in the Auroville area, and we have been receiving a tremendous amount of donated goods, food, firewood, and cloth from various Auroville units, services, and individuals who share our love for dogs. The outpouring of love and support we have received and continue to receive has left us truly overwhelmed. Thank you all so much for your generosity and kindness!

## **Animal Care**

This month we were able to further increase the amount and nutritional value of food for our dogs, which cost us Rs. 75,000:

- 1.600 kg of rice (1.6 tons!! Same as last month - Rs. 16,700
- 1.500 kg of chicken (+ 1.000 kg tripled!) - Rs. 40,000
- 150 kg of beef (+ 90 kg) - Rs. 18,000
- 85 kg of pedigree - donated
- 20 kg of daal - donated
- 660 eggs - Rs 3.300
- 4.0 kg of turmeric powder - donated
- supplemented with donated soybeans, butter, cheese, and vegetables

## **Expenditures**

Although we are grateful for the generous donations we have received, it is important to note that we also had significant expenditures in June. Our expenses include, among other things, a food bill of Rs. 75,000, Rs. 50,000 for standard medicines, supplements, and syrups, Rs. 1.3 lakh for various purchases (running costs, petrol, tools, dog tags, repairs, etc.), Rs. 18,700 for sterilizations, and vaccination costs of Rs. 18,000. While our team is not paying itself any wages, our local workers, veterinarian, and hired helpers received salary payments of Rs. 1 lakh.

Additionally, the overall state of the shelter infrastructure is in poor condition, as necessary upgrades have been neglected in the past. The substandard, low-quality building foundations are crumbling, roofs are leaking, gate enclosures are breaking down, even our washing machine stopped working, and the electrical system is on the verge of collapse. Therefore, a substantial investment is required to improve and upgrade the infrastructure. We have initiated the construction of a drainage system to ensure compliance with the regulations set by the Animal Welfare Board of India. This undertaking serves not only to meet the necessary requirements but also to enhance the overall hygiene standards of our facility. In order to prevent rodents from eating our food supplies, we urgently need to construct a secure food storage room.

## **Community Outreach**

Our Sunday events, which feature different activities each week, continue to be a resounding success. We are thrilled to see a consistent turnout of Aurovilians, guests, friends, visitors, and dog lovers who enthusiastically join us for our Sunday morning gatherings. In particular, Lore's Dog Physiotherapy Workshop was a tremendous hit. We are grateful for the overwhelming support and participation we have received.

## **Canine Distemper Outbreak**

We would like to address the recent challenging situation we have faced regarding the massive canine distemper (CD) outbreak in Auroville and the surrounding bioregion. This outbreak has had a devastating impact on the local street and beach dog populations, resulting in a significant loss of life.

CD is a highly infectious disease that spreads rapidly, similar to the flu, and unfortunately, the survival chances for rescued, infected dogs are extremely low, particularly when the virus has already crossed the body/brain barrier and severe symptoms are present.

When our team assumed responsibility for the shelter, we encountered a complete lack of mandatory quarantine facilities specifically designed for highly infectious diseases. To address this issue, we promptly set up makeshift enclosures outside the main area of the shelter to serve as temporary quarantine facilities. This month, our team made every effort to rescue as many dogs infected with CD as possible from the streets, aiming to prevent further transmission and combat the outbreak. However, due to the limited capacity of our quarantine enclosures and every animal care institution in the area being completely overcrowded as well, we reluctantly had to temporarily suspend rabies and CD rescues.

We understand the gravity of this situation and want to assure the community that we are actively seeking solutions to expand our capacity to handle infectious disease cases effectively. Recently, we were able to order a bigger quantity of enclosures and cages to expand the capacity of our quarantine units in the hope of restarting our rabies/CD 24-hour emergency rescue service very soon.

### **Ongoing fundraising projects**

We have started to fundraise for Phase I of our ambitious 1,000-dog ABC sterilization program covering Auroville and the entire bioregion, in which we plan to sterilize 200 dogs in the next few weeks pending AWBI approval as an organization specifically recognized for the street dog ABC program.

The total cost to sterilize approximately 160 female and 40 male dogs will be approximately Rs. 4,84,000. To reach our one-year goal of sterilizing 1,000 dogs, we require a total of Rs 25 lakh.

### **Challenges**

Unfortunately, not all we can report is positive news, as there is also a fraction of Aurovilians who seemingly feel called to continuously spread rumors and malice for weeks through an avalanche of emails, and on several fora, even spreading doubt on the legitimacy of much-needed donations coming in. This has caused hatred and even violence towards our team, and to deal with this takes away a lot of our precious time from our actual work with the dogs and our service to the Community. We invite all who want to see and verify with their own eyes all the work and improvements we have been doing, to get in touch with us, make an appointment, and we will gladly take you around the shelter to meet our team, our vet, and of course our beloved dogs.

### **Heartfelt Thanks!**

The entire team of the Auroville Dog Shelter would like to extend our sincere gratitude to all those who played a part in making this month a resounding success. We have ambitious plans for July and remain committed to enhancing the well-being of the dogs under our care and continuing to provide important services to the Auroville Community. Stay tuned for exciting updates and future endeavors.

Thank you all for your continued support!

Auroville Dog Shelter Team  
Lore, Arthur, Caroline, and Coco





## MESSAGE TO THE COMMUNITY

### ANNOUNCEMENT FROM ART SERVICES EXECUTIVES

To All Aurovilians:

Pushkar, Ramesh and Renu have been executives of AV Art Service from 2012. They were shocked to read in the News and Notes that they were dismissed and others were appointed.

This is to let the community know that till date the following documents, required by Standing Order 13 of 2022 have not been produced:

- Valid Trust resolution, signed by trustees who are running their term
- Valid FAMC resolution, signed by the authorising GB member as per section 16 of the Act

Without these documents being presented, we are shocked that access to FS accounts have been transferred and that an office space in the Town Hall has been given.

Krishna

### FROM FO NN 980:

**AUROVILLE ART SERVICE**  
**Is Pleased To Introduce Its New Team**

We are committed to carry forward the work of supporting the Auroville art community from our new space at Town Hall (next to the AV Dzines graphics section).

We extend our heartfelt welcome to all artists who wish to be part of this journey—one that we hope will be filled with new and exciting opportunities to create & collaborate!

- **Executives:** Supriya, Sowmya
- **Office bearers:** Priya (Management, PR, Social Media), Aumurto (Communication, Design), Piero (Photography/Videography, PR Content)
- **Accounting:** Prabhu (Abacus Accounting)

*PS To the artists: we will be contacting you shortly to hear your thoughts, and to get a sense of how to best proceed with everyone's cooperation*

*Thanks!*  
*Supriya and Sowmya*



## ACTIVITIES

### PUPPY BATHING DAY



**PUPPY BATHING DAY**

Join us on  
**SUNDAY, JULY 2ND**  
**10 AM - 12 PM**

Families with children are always welcome!



Sunshine and hot weather ahead: The perfect opportunity to get wet and cool down!

The Auroville Dog Shelter invites dog lovers of all ages to join us at our shelter next Sunday, July 2nd, at 10 a.m. for a fun-filled morning with our adorable puppies! Together, we will give them baths, groom them, spoil them with treats, and of course, play a lot.

An unforgettable morning not only for our dogs but also for the whole family. Arthur will be delighted to provide a guided tour of our shelter and inform you about the amazing work our team is doing. He will also give you a sneak peek into the super exciting projects we have in the pipeline!

See you next Sunday at the dog shelter!

Your Dog Shelter team

+91 89394 49413 / [aurovilledogshelter@gmail.com](mailto:aurovilledogshelter@gmail.com)

## POETRY

### SENTINELS OF THE OLD WORLD

You see them roaming about  
On the byways and main roads  
In both digital and analog  
Personifications of fear, anger and doubt  
Snuffing the waking psychic fires out  
Strutting hypocrites like high priests  
Preventing you to fully evolve.

What is this circus really all about?

Well how can you be a slave  
If you are fully awake?  
So you must be dumbed down,  
Zombified and separated  
From the Marvel of Oneness,  
This Divine Love-Consciousness-Force,  
That is Life's fundamental basis,  
As Earth's Vital-Mental Overlords  
Are still too attached and engrossed,  
Enticed with Money, Power and Sex,  
Entertainment currency of the Ignorance,  
Blissed out through their human puppets.  
And so to keep control and influence  
They set loose their army, this horde,  
To stand guard of their treasure trove,  
These grumpy goons paid in fool's gold,  
The sentinels of the old world.

But the Dual Supramental Avatar  
Have come to announce and kickstart  
The New Dawn of a Supramental World,  
One of them the Cosmic Shakti Herself,  
The Supreme Mother of this universe:

"It is high time for the Great Reverse."

And so cry, despair and fear no more,  
But instead be the Divine's Hero Warrior,  
As on this blessed Earth coming soon,  
Unstoppable, the Life Divine.

Here: Transformation and the Supramental

<https://incarnateword.in/compilations/transformation-and-the-supramental>

Zech, 2023.06.20

## AWAKENING SPIRIT

### INTRODUCTION TO THE INTEGRAL YOGA OF SRI AUROBINDO AND THE MOTHER

**Tuesday, 4th July, 9 am - 12 noon**  
**Focus: Synthesis of Yoga**

Led by Ashesh Joshi

Place: Mirabelle Education Centre, Auromodele  
Ph/Whatsapp: 9489147202 (Please register)

All are Welcome



## A FUTILE REVOLT

"You must know that this is not a simple affair at all. It is not a revolt against the British Government which any one can easily do. It is, in fact, a revolt against the whole universal nature and so one must think deeply before enrolling oneself with me."

"Naturally, what was established hangs on tight and defends itself desperately. That's the cause of this whole trouble (*swarming gesture in the earth atmosphere*)..."

— Sri Aurobindo and the Mother, Avatar founders of Auroville

Take very careful note, all you who are engaging here in their City of Dawn, within Mother India, the Guru of the World. Who or what are you revolting against?

### The Revolt is Against the Whole Universal Nature

Do not waste your precious human life in a doubtful and futile revolt. Here for proper guidance from the Masters:

#### 1923:

Here's Sri Aurobindo sharing his light and warning to a disciple:

"You have to make a choice: the individual is absolutely free in this yoga. I cannot crush your individuality. I mean, I can, but it is not allowed in this yoga. So, the working of the Higher Power depends upon the choice you make.

*Sadhaka*: But you are there to protect us.

Sri Aurobindo: Yes, I can protect you if you have the absolute faith and make the right choice. If you make the wrong choice I cannot protect you. You must know that this is not a simple affair at all. It is not a revolt against the British Government which any one can easily do. It is, in fact, a revolt against the whole universal Nature and so one must think deeply before enrolling oneself with me.

There will be tremendous forces that will attack you and you have constantly to go on making the right choice and giving consent to the working of the Higher Truth and thereby prove your strength.

If you begin this yoga the first result is likely to be a feverish internal commotion, *aśānti*, rather than *śānti*, peace, that you are in search of. And when you come to the material plane, — there especially, the odds are almost insurmountable.

I have made my watchword: Victory or Death."

[https://sri-aurobindo.co.in/workings/purani/00/evening\\_talks.htm](https://sri-aurobindo.co.in/workings/purani/00/evening_talks.htm)

#### 1970:

The Mother: It is Done

"It has to be worked out, as they say, realized in every detail, but the change **IS DONE** – the change is done. ...

The physical is **CAPABLE** of receiving the higher Light, the Truth, the true Consciousness, and of man-i-fest-ing it.

It's not easy, it calls for endurance and will, but a day will come when it will be quite natural. It's only just the open door – that's all, now we have to go on.

*(silence)*

Naturally, what was established hangs on tight and defends itself desperately. That's the cause of this whole trouble (*swarming gesture in the earth atmosphere*) – but it has lost the battle. It's over. It's over.

*(silence)*

*It has taken this Consciousness... a little more than a year to win this Victory. Naturally, as yet it's visible only to those who have the inner vision, but... it's done.*

*(long silence)*

That was the work Sri Aurobindo had given me, that was it. Now I understand.

But it's as if from every side – every side – those mental forces, mental powers were rising in protest, violent in their protest, so as to impose their old laws: “But things have always been this way!...” But it's over. They won't always be this way, that's all.

(silence)” ...

[https://sri-aurobindo.co.in/workings/ma/agenda\\_11/1970-03-14-01\\_e.htm](https://sri-aurobindo.co.in/workings/ma/agenda_11/1970-03-14-01_e.htm)

## 2023:

We the receptives continue on as Supramental warriors and torchbearers in the true understanding and application of the Transformation and the Supramental

<https://incarnateword.in/compilations/transformation-and-the-supramental>

...towards the Supramental Emergence, the Divine Manifestation.

"The whole earth must prepare itself for the advent of the new species, and Auroville wants to work consciously to hasten this advent.

Little by little it will be revealed to us what this new species must be, and meanwhile, the best course is to consecrate oneself entirely to the Divine." — To Be a True Aurovilian

<https://auroville.org/page/a-true-aurovilian>

The function of the psychic being in this bundle of We is to offer all things to the Divine for transformation.

[https://sri-aurobindo.co.in/workings/sa/22/0005\\_e.htm](https://sri-aurobindo.co.in/workings/sa/22/0005_e.htm)

Om Namo Bhagavate, Zech, 2023.06.22

## LOOKING FOR

### **TRYING TO FIND A FOSTER FAMILY FOR OUR DOG**

We are trying to find a foster family for an adult male Labrador, his name is Clifford.

We are willing to cover the costs for our dog's food and vaccination, and we are also willing to pay you for taking care of Clifford. We would need you to take care of him until we return, this would be for around 3-6 months, however it may still take a little longer before we can come back. We wish that the person who would take care of him would allow him to live indoors, definitely not keep him in a cage outside in the garden.

If you meet all these conditions and are willing to take care of him, please contact us immediately using this email address [3178685954@qq.com](mailto:3178685954@qq.com)

Thank you!

Weng Sheng

### **HOUSE SITTER FOR AUGUST AND SEPTEMBER, IN THE GREENBELT**

Looking for a dog lover that is happy to look after the dog and garden. (Aurovilian, Newcomer or SAVI volunteer)

Single person preferred, but couple possible.

Call / whatsapp 94896 01312

### **LOOKING FOR WORK**

Shankar K. from Matthur is looking for **garden or field work**. He has also experience with looking after dogs. He has worked in Auroville for 30 years. Recently he lost his workplace due to a change in management. If you are interested, please call him directly (if you speak a little Tamil) 97877 56807, or call/ whatsapp 94896 01312.

## AVAILABLE

### BIKE FOR SALE

Bajaj DOMINAR 400cc + 40k worth of equipments  
Dual ABS brake system  
No scratch, no accidents  
17600km driven, the bike is in amazing condition.  
PY registration.

Two price options:

1- Non equipped --> 1.2 lakh

2- Full equipped --> 1.4 lakh

Equipment:

New Tyres (10k)

New Chain Sproket (5000rs)

Windshield (2800rs)

Luggage System Top Rack (4000rs)

Top Case XL with back rest and lights (25000rs)

Tank Bag (2000rs)

Paddock Stand (2500rs)

Bike Cover (900rs)

Motul Chain Lub (500rs)

2nd service is done, 3rd service should be done around 20000km.

Regards,

Julien 9786809518

## VOICES & NOTES

### "A WILLING SERVITOR OF WHAT?"

This is the usual reactionary question of any ordinary human reading our Charter:

"But, to live in Auroville, one must be a willing servitor of the Divine Consciousness."

Their next questions are:

"Who or what is this 'Divine'?"

"What is 'Consciousness'?"

Before answering, to test the waters, so to speak, you can first ask them "Do you think a tree is conscious, or a stone?" and watch the reaction.

The ensuing discussion, if conducted as a spontaneous dynamic satsang, becomes very interesting and helpful in their quest to fully understand this discombobulating and intensely diverse Sangha we call Auroville, the City of Dawn.

Here's one of our Avatar founders, Sri Aurobindo, giving us a snippet of the integral understanding and guidance on what Consciousness is and Its proper application:

"Consciousness has no need of a clear individual "I" to dispose variously the centralising stress,— wherever the stress is put the "I" attaches itself to that, so that one thinks of oneself as a mental being or physical being or whatever it may be. The consciousness in me can dispose its stress in this way or the other way – it may go down into the physical and work there in the physical nature keeping all the rest behind or above for the time or it may go up into the overhead level and stand above mind, life and body seeing them as instrumental lower forms of itself or not seeing them at all and merged in the free undifferentiated Self or it may throw itself into an active dynamic cosmic consciousness and identify with that or do any number of other things without resorting to the help of this much overrated and meddlesome fly on the wheel which you call the clear individual "I". The real "I" – if you want to use that word – is not "clear individual", that is, a clear-cut limited separative ego, it is as wide as the universe and wider and can contain the universe in itself, but that is not the Ahankar, it is the Atman.

Consciousness is a fundamental thing, the fundamental thing in existence – it is the energy, the motion, the movement of consciousness that creates the universe and all that is in it – not only the macrocosm but the microcosm is nothing but consciousness arranging itself. For instance, when consciousness in its movement or rather a certain stress of movement forgets itself in the action it becomes an apparently “unconscious” energy; when it forgets itself in the form it becomes the electron, the atom, the material object. In reality it is still consciousness that works in the energy and determines the form and the evolution of form. When it wants to liberate itself, slowly, evolutionarily, out of Matter, but still in the form, it emerges as life, as animal, as man and it can go on evolving itself still farther out of its involution and become something more than mere man. If you can grasp that, then it ought not to be difficult to see further that it can subjectively formulate itself as a physical, a vital, a mental, a psychic consciousness – all these are present in man, but as they are all mixed up together in the external consciousness with their real status behind in the inner being, one can only become fully aware of them by releasing the original limiting stress of the consciousness which makes us live in our external being and become awake and centred within in the inner being. As the consciousness in us, by its external concentration or stress, has to put all these things behind – behind a wall or veil, it has to break down the wall or veil and get back in its stress into these inner parts of existence – that is what we call living within; then our external being seems to us something small and superficial, we are or can become aware of the large and rich and inexhaustible kingdom within. So also consciousness in us has drawn a lid or covering or whatever one likes to call it between the lower planes of mind, life, body supported by the psychic and the higher planes which contain the spiritual kingdoms where the self is always free and limitless, and it can break or open the lid or covering and ascend there and become the Self free and wide and luminous or else bring down the influence, reflection, finally even the presence and power of the higher consciousness into the lower nature.

Now that is what consciousness is – it is not composed of parts, it is fundamental to being and itself formulates any parts it chooses to manifest – developing them from above downward by a progressive coming down from spiritual levels towards involution in Matter or formulating them in an upward working in the front by what we call evolution. If it chooses to work in you through the sense of ego, you think that it is the clear-cut individual “I” that does everything – if it begins to release itself from that limited working, you begin to expand your sense of “I” till it bursts into infinity and no longer exists or you shed it and flower into spiritual wideness. Of course, this is not what is spoken of in modern materialistic thought as consciousness, because that thought is governed by science and sees consciousness only as a phenomenon that emerges out of inconscient Matter and consists of certain reactions of the system to outward things. But that is a phenomenon of consciousness, it is not consciousness itself, it is even only a very small part of the possible phenomenon of consciousness and can give no clue to Consciousness the Reality which is of the very essence of existence.

That is all at present. You will have to fix yourself in that – for it is fundamental – before it can be useful to go any further.”

– Letters on Yoga . Planes and Parts of the Being

[https://sri-aurobindo.co.in/workings/sa/22/0005\\_e.htm](https://sri-aurobindo.co.in/workings/sa/22/0005_e.htm)

Zech, 2023.06.25

# CLASSES, WORKSHOPS AND HEALING ARTS

## VÉRITÉ REGULAR EVENTS - JULY 2023

### CLASSES

Contact Vérité @  
0413 2622045, WA 7867805812  
or e-mail [programming@verite.in](mailto:programming@verite.in)



#### **Yin Yoga – Healthy Hips – with Emma (no class on 24 July)** • **Monday 3:30 - 4:30pm**

Quiet and relaxing practice complementary to the yang practice. Yin yoga focuses on passive seated postures to mobilise and strengthen joints, ligaments and deep fascia network while providing a restful context for meditation.

#### **Deep Sound Bath – with Satyayuga** • **Monday 5:00 - 6:00pm**

Deep Sound Bath is based on the ancient art of using vibration to awaken the inner being & align the body, heart & soul to the frequency of the universe. Sound Bath uses the unique frequencies of various instruments to promote healing on a cellular level. Some of the instruments used are Tibetan bowls, xylophone and drum along with mystic chanting.

#### **Hatha Vinyasa Yoga - with Andres** • **Monday, Wednesday & Friday 5:00 - 6:00pm**

Participants are guided towards a tension-free state of well-being, through postures (asanas), breathing techniques (pranayama), activation of the energetic centers (chakras), and relaxation techniques (yoga nidra, savasana). As a result, balance is restored in the physical, mental, and emotional being. With consistent practice, contentment (santosha), equanimity (śamatha), health, connection and well-being are established in daily life!

#### **Gentle Vinyasa Yoga – with Emma** • **Tuesday 10:30 - 11:30am**

This Gentle Vinyasa practice explores the Range of motion of the body while working on mobility and flexibility. The class focuses on breath and mindful movements with a moderate intensity.

#### **Face & Eye Yoga – with Mamta** • **Tuesday 3:30 - 4:30pm**

The physical & mental state of our inner world determines how we experience our outer world. Sense organs are the tools for each experience we have. Face Yoga involves simple self massage techniques & exercises to release tension in the facial area, stimulate blood circulation & improve efficiency of our sense organs. In an era of increased screen time, our eye health may be compromised, unless we actively exercise this area. Eye Yoga uses techniques such as palming, blinking, near & far viewing & candle gazing. You will also learn tips to prevent eye damage caused by screen time.

#### **Vinyasa Yoga – with Rebeca** • **Tuesday & Thursday 5:00 - 6:00pm**

Teaching a non-dogmatic style of yoga fusing ancient wisdom with contemporary understanding of the body, challenging it in different ways, focusing on the development of coordination, balance, strength and flexibility. Under the view of a physiotherapist teacher, there is a main focus on individual alignment with anatomical explanations for the safe performance, considering this practice as therapeutic exercise. Absolute beginners may find these classes a bit challenging.

## **Yin Yoga – Healthy Spine – with Emma (no class on 26 July)**

- **Wednesday 3:30 - 4:30pm**

Quiet and relaxing practice complementary to the yang practice. Yin yoga focuses on passive seated postures to mobilise and strengthen joints, ligaments and deep fascia network while providing a restful context for meditation.

## **Peace with Pranayama – with Mamta**

- **Thursday 5:00 - 6:00p**

Prana is the vital force or subtle bio energy which keeps us alive & functioning in the healthiest way possible. Yogic practices like Pranayama help nourish this Prana which in turn nourishes our mind & body. Pranayama is a modulation or regulation of Prana, done via controlled breathing exercises. We will the meaning of Prana & Pranayama, it's references in Yogic texts, prerequisites for Pranayama, postures, mudras & explore the interconnectedness of mind, body & breath. The session concludes with a brief relaxation in Shavasana.

## **Mindful Flow – Awaken in Movement & Stillness – with Savitri**

- **Saturday 5:00 - 6:00pm**

A guided session in which we first ground ourselves and bring awareness to our bodies with the help of sound and music. Then we explore slow, small, movements of the body, from head to feet, bringing attention to sensation. Next, we expand outward, with intention, moving both freely and mindfully—with awareness of our sensations and surroundings, as well as of others. Finally, we bring our focus inward, shifting into stillness to heighten awareness of subtle sensations and the natural flow of our body and breath. We close with a circle for sharing and appreciation.

## **TREATMENTS AND THERAPIES**

### **By Appointment:**

**Call 0413 2622 606, WA 7867805812**

**or e-mail [treatments@verite.in](mailto:treatments@verite.in)**



### **Biodynamic Craniosacral Therapy - with Mila**

This therapy uses gentle touch to the head to help release tension in the skull, spine and sacrum, freeing energy that can help re-establish integral balance, and stimulating the healing capacity of the body.

### **Private Yoga Sessions / Yoga Therapy - with Nadia**

Yoga therapy is the specific application of sequences of posture, breathwork and meditation with the support of props, to address an individual's physical, mental, and emotional needs within a holistic and highly personalised framework. Yoga Therapy is for those who require specific guidance and modification or may not be able to follow a regular class due to special needs, pace, or recuperation requirements, typically these include back care, joint issues, energetic/hormonal imbalances, lack of mobility due to injury, injury to the nervous system, PTSD, anxiety, circulatory problems and much more.

### **Integrated Ayurvedic Acupressure, Deep Tissue & Heart Healing Massage - with Raja**

Acupressure is the application of pressure on specific points on the body to address symptoms such as pain or digestive issues. Deep Tissue involves applying sustained pressure using slow, deep strokes to target the inner layers of your muscles and connective tissues. Heart Healing Massage helps increase relaxation, which helps reduce blood pressure and heart rate improvements in the delivery of oxygen to the heart and rest of body.



## Individual Self-work with Clay - with Megha

Clay has innate qualities that help us connect with ourselves creating a more real, tangible and physical experience of our subtler state and inner environment. While our breath becomes an intricate part as we connect with the “earth” it brings awareness, presence and balance within. Through feeling and sensing clay we will immerse into an inner journey using certain hand building techniques and the wheel.

## Ayurvedic Abhyanga Massage - with Umberto

Abhyanga massage is an ancient Indian Ayurvedic oil technique for healing and detoxifying the body, mind and spirit. The Abhyanga works in a synchronized manner to restore the flow of life energy in the body. This Ayurvedic detox and stress reduction therapy is performed with coconut or sesame oils, which help to nourish your nervous system, relax the muscles, and maintain the flexibility of your joints. The session ends with a face massage and rest.

## Lomi Lomi Hawaiian Massage - with Umberto

Lomi Lomi is a Hawaiian massage and includes long, fluid, rhythmic strokes over the whole body using the hands as an instrument of the heart. Energetic, emotional and muscular blockages are released allowing circulation, oxygen, life and spirit to flow through body and mind. While the whole body is accepted unconditionally, the muscles and connective tissue are stretched, stiff joints are loosened, circulation improves, skin glows, and internal organs are gently manipulated into their correct relationships. The therapist works with deep breathing and a heart-centered focus, giving balance, energy flow, and a heart-opening peace to the client.



## VÉRITÉ PROGRAMS – JULY 2023

Phone: +91 413 2622045, 2622606

Whatsapp: +91 7867805812 / 8489391876

Email: [programming@verite.in](mailto:programming@verite.in)

Website: [www.verite.in](http://www.verite.in)

### YOGA & RE-CREATION PROGRAMS

Days	Drop-in Sessions	Timings	Presenters
Mondays	Yin Yoga - Healthy Hips (no class 24 July)	3:30pm - 4:30pm	Emma
Mondays	Deep Sound Bath	5:00pm - 6:00pm	Satyayuga
Mondays	Hatha Vinyasa Yoga	5:00pm - 6:00pm	Andres
Tuesdays	Gentle Vinyasa Flow	10:30am - 11:30am	Emma
Tuesdays	Face & Eye Yoga	3:30pm - 4:30pm	Mamta
Tuesdays	Vinyasa Yoga	5:00pm - 6:00pm	Rebeca
Wednesdays	Yin Yoga - Healthy Spine (No Class 26 July)	3:30pm - 4:30pm	Emma
Wednesdays	Hatha Vinyasa Yoga	5:00pm - 6:00pm	Andres
Thursdays	Peace with Pranayama	5:00pm - 6:00pm	Mamta
Thursdays	Vinyasa Yoga	5:00pm - 6:00pm	Rebeca
Fridays	Hatha Vinyasa Yoga	5:00pm - 6:00pm	Andres
Saturdays	Mindful Flow – Awaken in Movement & Stillness	5:00pm - 6:00pm	Savitri
Day & Date	Intensives (pre-registration required)	Timings	Presenters
Friday & Saturday, 7 & 8 July	Speaking from the Heart - Based on Non-Violent Communication	Fri: 9.30am - 4.30pm Sat: 9.30am - 1.00pm	Vega
Saturday, 8 July	Freedom From Fear - Dr Sehdev	2:00pm - 4.30pm	Dr. Sehdev
Saturday, 15 July	Restorative Yin and Yoga Nidra	9.30am - 12:00pm	Emma
Saturday, 15 July	Yoga of Forgiveness - Dr Sehdev	2:00pm - 4.30pm	Dr. Sehdev
Saturday, 22 July	Energy Cleanse through Yoga Kriyas	9.30am - 12.00pm	Mamta
Saturday, 22 July	Yearnings for Peace - Peace Within, Peace Without - Dr Sehdev	2:00pm - 4.30pm	Dr. Sehdev
Therapies (by appointment only)			Therapist
Individual Self-Work with Clay			Megha
Biodynamic Cranio-sacral Therapy			Mila
Private Yoga Session / Yoga Therapy			Nadia
Integrated Ayurvedic Acupressure, Deep Tissue & Heart Healing Massage			Raja
Lomi Lomi Massage			Umberto
Ayurvedic Abhyanga Massage			Umberto

[CLICK HERE TO VIEW FULL PROGRAM](#)



## VÉRITÉ WORKSHOPS

Pre-registration required

Please contact Verite @  
0413 2622045, 2622606, 7867805812  
or  
[programming@verite.in](mailto:programming@verite.in), [www.verite.in](http://www.verite.in)



### Speaking from the Heart

Based on Non-violent Communication – with Vega

Friday, 7 July - 9:30am - 4:30pm &

Saturday, 8 July - 9:30am – 1:00pm

Learn the basics and principles of non-violent communication, a practice that helps to restore connection to and communication from the heart, which is within our nature.

### Freedom from Fear – with Dr. Sehdev

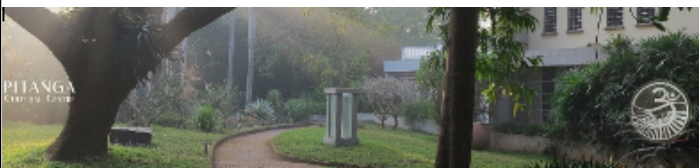
Saturday, 8 July - 2:00pm - 4:30pm

Fear has an apocalyptic power; it can sap all energy and make everything inert and lifeless.

- Fear of Losing Face
- Fear of Loneliness
- Fear of Love & Intimacy
- Fear of Failure

How can one live with full intensity and with all ebbs and tides, without knowing what fears freeze the mighty river of one's life? Drawing from Buddhist Philosophy, existential psychotherapy and Integral Yoga, we will explore both the theoretical underpinnings of the phenomenon of fear and the practical ways of addressing it on a day-to-day basis.

## PITANGA - CULTURAL CENTER



(0413) 2622403 / WA 9443902403 / [info@pitanga.in](mailto:info@pitanga.in)



Dear Friends,

The repairs and renovations at Pitanga are not yet complete and we therefore have to remain closed for a little while longer.

We hope to start the activities  
on Monday 17th July.

We will publish the programme soon.  
Meanwhile, please keep resting :-)

With love, from your Pitanga Team.



Presents at **MULTI MEDIA CENTRE AUDITORIUM (MMC, Town Hall)**

*Reminder:* **FRIDAY 30 "MARCH OF THE EMPEROR"**

**FRIDAY 7th JULY, 8.00 pm**

**"TURUP" (CHECKMATE)**

*Directed by* **Ektara Collective**, India, 2017

*With:* Moulina Midde, Sheela Rawat, Madhu Bhagat Abhinav Kumar, Syed Saim Ali

*Synopsis:* Turup is a highly acclaimed independent film, produced by a collective and financed by crowd funding. Its common thread: the chess games that punctuate the daily life of a district of Bhopal where men of different conditions, religions... challenge each other in more or less friendly games on the side of the street. Three women's stories get intertwined...

The film's soundtrack includes songs inspired by the soulful words of Kabir and the music is performed by a traditional group made up of artists from the Malwa region (Mahhya Pradesh). A little gem of a film from north India!

*Original Hindi version with English Subtitles. Duration: 1h12'*

Relatively short in duration, Turup will be preceded by a beautiful 14' short animated film "More Than I Want to Remember"

## THE FRENCH PAVILION PRESENTS:

### Lost Illusions

Directed by  
**Xavier Giannoli**

**Saturday 1st July 2023  
at 4pm**

**Town Hall - Cinema Paradiso  
in French with English Subtitles,  
duration: 2h20min**



Based on the voluminous three-volume *Lost Illusions* section of Balzac's masterpiece, *The Human Comedy*, **Xavier Giannoli's** lavish and exhilarating adaptation is brimming with energy, humor, heartbreak, fake news and a thoroughly delightful cast. Lucien, a naïve young poet from the provinces, falls in love with his patroness and follows her to Paris, only to be plunged into the venomous world of aristocratic societal codes and a cesspool of corrupt journalistic standards. Here, it seems, everything can be bought and sold — art, politics, reputations, ethics, ideals... and especially literary reviews! Leaping from the frying pan into the fire, our ambitious young hero leads us into a delicious whirlwind of treachery and rivalry, defeat and redemption. Set in 1821 and far from a stuffy period picture, ***Lost Illusions*** is a wildly entertaining ride with many a parallel to our own modern times.

*Please note: the movie will start at 4pm (instead of our regular timing of 5pm)*

# Cinema Paradiso

Multimedia Center (MMC) Auditorium

Film program 03 July 2023 to 09 July 2023

Cinema Paradiso-Multimedia Center is now in operation at 100% seating capacity. Technically Covid protocols were never taken off of cinema/theatre halls. Since mask is not a requirement anywhere else, we leave it to people's discretion. However, please come prepared. *To organize seminar/program please contact us via email.*

We continue to have issues with our projector. It is time for us to look for a new one. If you are able to kindly donate at MMC's FS Account for this.

## Indian and diaspora – Monday 3 July, 8:00 pm:

### • POLITE SOCIETY

UK, 2023, Writer-Dir. Nida Manzoor w/ Priya Kansara, Ritu Arya, Renu Brindle, and others, Action-Comedy, 104mins, English-Urdu w/ English subtitles, Rated: PG-13

A merry mash up of sisterly affection, parental disappointment, and bold action! The story follows martial artist-in-training Ria Khan who believes she must save her older sister Lena from her impending marriage. After enlisting the help of her friends, Ria attempts to pull off the most ambitious of all wedding heists in the name of independence and sisterhood.

## Potpourri – Tuesday 4 July, 8:00 pm:

### • MARCEL THE SHELL WITH SHOES ON

USA, 2021, Dir. Dean Fleischer Camp w/voices Jenny Slate, Dean Fleischer Camp, Isabella Rossellini and others, Animation-Comedy-Drama, English w/English subtitles, 90 mins, Rated: PG

Marcel is an adorable, 1-inch-tall shell who ekes out a colorful existence with his grandmother, Connie, and their pet lint, Alan. Once part of a sprawling community of shells, they now live alone as the sole survivors of a mysterious tragedy. However, when a documentary filmmaker discovers them, the short film he posts online brings Marcel millions of passionate fans, as well as unprecedented dangers and a new hope of finding his long-lost family. *Rescheduled on popular demand.*

## Interesting – Wednesday 5 July, 8:00 pm:

### • STILL: A MICHAEL J. FOX MOVIE

USA, 2023, Dir. Davis Guggenheim w/ Michael J. Fox, Tracy Pollan, Sam Fox, and others, Documentary-Biography, 95mins, English w/ English subtitles, Rated: R

A short kid from a Canadian army base becomes the international pop culture darling of the 1980s, with his iconic film 'Back to the Future'. The course of his life, however, was altered soon by a stunning diagnosis. The actor who is an incurable optimist is forced to confront an incurable disease. This film written by the actor himself – is a proof of his grit and courage.

## Selection – Thursday 6 July, 8:00 pm:

### • KÜLÖN FALKA (Wild roots)

Hungary-Slovakia, 2021, Dir. Hajni Kis w/ Gusztáv Dietz, Zorka Horváth, Kati Andai and others, Drama, 98 mins, Hungarian-English w/ English subtitles, Rated: NR (R)

A wild 12-year-old girl who has been with her grandparents decides against their advice to seek out her father, a bouncer with a temper who is just getting out of prison. An intense relationship between a rough man who is trying his best to act like a dad and his daughter.

**International – Saturday, 8 July, 8:00 pm:**

• **THE UNBEARABLE WEIGHT OF MASSIVE TALENT**

USA, 2022, Writer-Dir. Tom Gormican w/ Nicolas Cage, Pedro Pascal, Tiffany Haddish and others, Action-Comedy, 105mins, English-Spanish w/ English subtitles, Rated: R

In this story, Unfulfilled and facing financial ruin, the fictitious version of actor Nick Cage accepts a \$1 million to attend a wealthy fan's birthday party. Things take a wildly unexpected turn when a CIA operative recruits Cage for an unusual mission. Taking on the role of a lifetime, he soon finds himself channeling his most iconic characters to save himself and his loved ones.

**Children's Matinee – Sunday, 9 July, 4:30 pm:**

• **FLUSHED AWAY**

UK-USA, 2006, Dir. David Bowers, Sam Fell w/ voices Hugh Jackman, Kate Winslet, Ian McKellen and others, Animations-Adventure, 85 mins, English, Rated: PG

The story of an uptown rat that gets flushed down the toilet from his penthouse apartment, ending in the sewers of London, where he has to learn a whole new and different way of life.

**ARTHUR PENN FILM FESTIVAL @ Ciné-Club:**

Ciné-Club Sunday 9 July, 8:00 pm:

• **THE CHASE**

USA, 1966, Dir. Arthur Penn w/ Marlon Brando, Robert Redford, and others, Drama-Crime, 134 mins, English w/ English subtitles, Rated: PG.

The lives of the residents of a small Texas town are disrupted after a local man escapes from prison and returns home. Most of the action in this smoldering drama takes place over the course of a few hours on Saturday night, as hard drinking leads to mob mentality among the townspeople. It boasts a fabulous cast headed by Brando as the earnest sheriff.

**Rating codes** we often use are from Motion Picture Association of America (MPAA): G=General Audiences, PG=Parental guidance suggested, PG-13=Parents strongly cautioned, R=Restricted (equivalent to Indian rating: A i.e. for Adults), NR=Film Not rated, Rating awaited, or Rating not available.

For scheduling programs at MMC/CP venue: please email us at [mmcauditorium@auroville.org.in](mailto:mmcauditorium@auroville.org.in). ***We appreciate your continued support. Pl donate to "Cinema Paradiso" (account #105106) or set up for a monthly contribution. We need it now more than ever.***

Thanking You,  
MMC/CP Group Account# 105106,  
[mmcauditorium@auroville.org.in](mailto:mmcauditorium@auroville.org.in)

# RECURRING EVENTS & CO

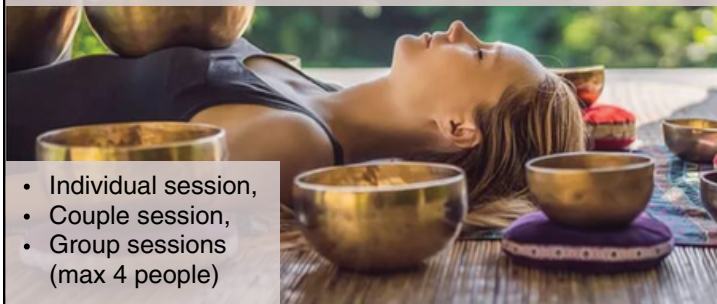
## ACTIVITIES

### ACTIVITIES BY LAKSHMI

#### Sound Chakras Healing

Guided vibrational sound journey using **Chakra mantras, Tibetan Bowls and Tuning forks** to help reduce stress, anxiety, depression, insomnia, stimulating the natural cellular healing process, rebalancing the emotions & reconnecting with your true essence.

- Individual session,
- Couple session,
- Group sessions (max 4 people)



#### Private Transformational Yoga Classes

- Transformational Yoga
- Pranayama to release Fear, Anger and Anxiety
- Pranayama to achieve Peace, Calm, Quietude and Clarity
- Breathwork

Transformational yoga is inspired by Mother and Sri Aurobindo's Integral Yoga.

It is an innovative and highly effective yogic system, which synthesizes techniques of Hatha, Raja, Mantra, and Kundalini Yoga to bring about rapid transformation within the mind, body and spirit. Powerful, yet gentle, everyone can reap the benefits of this purifying yoga practice.



#### Please contact for an Appointment:

Lakshmi 8489764602 or  
[lakshmiprem369@gmail.com](mailto:lakshmiprem369@gmail.com)

Activity offered under Abhaya, an activity of ASSA, under Artisana Trust



## ECO FEMME OPEN HOUSE

### ECO FEMME OPEN HOUSE

Every Thursday morning  
from 10:30 AM



Dear friends,

Join our open house at our office in Auroshilpam every **Thursday morning at 10:30 AM till 12 AM.**

Come and learn about:

- Sustainable menstrual products (cloth pads, cups and period panties),
- Menstrual cycle awareness and,
- Our not-for-profit work.

You can also pick up discounted cloth pads, cups, period panties and cloth nappies.

See you soon!

The Eco Femme Team

## POWER OF COLLECTIVE ASPIRATION

### Power of Collective Aspiration

Gatherings in  
Matrimandir Gardens



Sunday evenings  
6 to 6:30 pm



**A harmonious collective aspiration can change the course of circumstances.**

Dear Community,

As we are going through a phase of intense turmoil, some of us feel the need to call for our collective prayers for protection. Let's gather in the **gardens of the Matrimandir**, the soul of Auroville, on **Sunday evenings** at sunset time, for collective invocation.

Join a circle of prayers and chanting at the Amphitheatre from **6 to 6:30 pm.**

Come a little earlier to the stone circle for silent meditation to call the Light and Power of the Divine in Auroville.

**All are welcome.**

(Guests and volunteers, please bring your Aurocard)

## CHANTING CLASS - SERENDIPITY

### Traditional Mantras & Stotras Chanting Classes

at Serendipity Community

Friday 17:00 (Regular class)

with Sonia Novaes



Email: [serendipityauroville@gmail.com](mailto:serendipityauroville@gmail.com)

WhatsApp: +91 8940288090

# CLASSES, WORKSHOPS AND HEALING ARTS



**ANGAM TREE**  
WELLNESS HUT

## ANGAM TREE: THERAPIES

Our work in therapy and healing is focused on educating people to the importance of healthy living and conscious lifestyle. To together achieve a better and sustainable future in wellness for each individual and their communities.

### Sound Healing Therapy

Using various musical instruments, Sound healing, Bodywork, Meditation, Visualization and Breathing one will become aware of their complete sensory perception.

When we hear the subtle cautions our life and where the body is a pathway of that inner voice, we all have the potential to heal ourselves.



**\*Contribution based**

### Massage Therapy

Traditional body work using acupressure and deep tissue varma points healing methodologies. Naturally prepared herbal and coconut oil along with natural essential oil aroma for meditative breathing wellness. Use of sound to awaken and create a sense of peace and calm to bring about a holistic healthiness and oneness with self.



**\*Contribution based**

### Dance Movement Therapy

Uses movement to help individuals achieve emotional, cognitive, physical, and social integration. Beneficial for both physical and mental health, dance therapy can be used for stress reduction, symptoms prevention, and mood management. In general, dance therapy promotes self-awareness, self-esteem, and a safe space for the expression of feelings.



**\*Contribution based**

You can learn more about us and register at [www.angamtree.com/therapies](http://www.angamtree.com/therapies)

For **Angam Tree**

Manager: Raja

Celebration Community

Mobile: +91 97513 95939

[angamtree@auroville.org.in](mailto:angamtree@auroville.org.in)



## VIPASSANA

### Every Sunday at Udavi school



All old students of Vipassana meditation as taught by S.N. Goenka ([www.dhamma.org](http://www.dhamma.org)) having attended at least one 10 day course are welcome to attend a half-day Vipassana course at Udavi School in Auroville.

Date: **Every Sunday**

Timings: **8:30 AM – 12:30 PM** but you can also drop in and join as long as you wish.

Venue: **Udavi School** (building on the left when you are at the front entrance), near Tank in Edayanchavadi (Auroville).

No registration is required.

**Contact:** Sanjay Tumati, +91 8790982210  
(available on WhatsApp)  
[sanjay@auraauro.com](mailto:sanjay@auraauro.com)



## CAPOEIRA- MARTIAL ART AND MUSIC WITH GINGA SAROBA

Afro-Brazilian martial art that combines elements of dance, acrobatics, music and movements. More than 500 years old, Capoeira is a constantly evolving art form, come connect and express yourself. Join us for

**Adult Classes : Monday & Thursday - 6 PM - Deepanam School**

Contact: 7598446327

Submitted by Kiran for Ginga Saroba



## FOODS, GOODS AND SERVICES

### AIRCON CLEAN OFFERS COMPREHENSIVE AIR CONDITIONER CLEANING SERVICE KNOWN AS "JET SERVICE".



The Jet Service includes not only the filter cleaning but also indoor cooling coils, blades, and blower wheels, indoor cooler drain tray cleaning and outdoor unit with AC jet pump.

After a cleaning service your air is fresh and healthy, reducing sickness and helping you live a healthier life.

Save up to 30% power usage with a regular cleaning service.

Contact **AIRCON CLEAN** now at 9786809518 or email us at [airconclean.av@gmail.com](mailto:airconclean.av@gmail.com)

Regards, Julien.

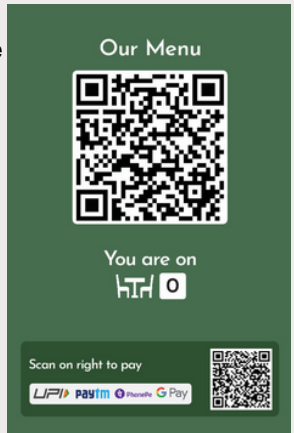
## 150 dpi DIGITAL SOLUTIONS



Dear Residents,

150dpi has designed and developed a digital menu recently for an Auroville's Restaurant which can be read by their customers coming to dine in using a simple scan of the QR code from their mobile phone and be able to place their orders to the restaurant's staff.

Scan the QR code and experience the ease and convenience of ordering.



The digital menu also features a password protected administrator area through which you can add, edit, update your menu items along with marking items "not available" in real time and it reflects immediately on the customer menu side which is accessed by the diners.

### Key advantages of this digital menu:

1. Adding items and removing them can be done instantly.
2. Price updates of items can be done with ease.
3. Mark an item "not available" for the day so the diners won't order it.
4. Update a particular day's special menu items.
5. You can share the digital menu QR code with anybody.
6. Payment can be done also through the same stand with payment QR code.

If you are running an eatery and feel this is something you would be looking for, please get in touch with us via email on [hello@150dpi.com](mailto:hello@150dpi.com) or call us on 08098144686.

We offer interested eateries a "one month free trial" of this digital menu. After which, it is a nominal yearly subscription fee that goes towards building and maintaining the software.

Sathish Arumugam  
For 150dpi  
Auroville Activity since 2010

## REPAIR OF AIR CONDITIONERS, FRIDGES, WASHING MACHINES AND APPLIANCES

Loganathan working at Mahasaraswati Shop (near PTPS, Aspiration area) is a long term Aurovilian that has gained a lot of knowhow through looking after and repairing all kinds of machines. He happily repairs your machines and appliances.

You may contact him via phone / SMS or whatsapp  
+91 94434 93025



# ACCESSIBLE AV PUBLIC BUS

avbus@auroville.org.in / +91 94430 74825



## Auroville TO PONDICHERRY

	Trip 1	Trip 2	Trip 3
Svaram Musical Center	7:00	8:50	14:50
Veite Guest house—Junction	7:02	8:52	14:52
Town Hall—Main Parking	7:06	8:56	14:56
Solar Kitchen (Round About)	7:10	9:00	15:00
Certitude Enterance	7:12	9:02	15:02
New Creation Road	7:17	9:07	15:07
SBI Bank—Kuilapalayam	7:19	9:09	15:09
ECR Junction—Aroma Guest House	7:23	9:14	15:14
Quiet Healing Center—Junction	7:26	9:17	15:17
Lotus Hotel—S.V Patel Salai	7:36	9:30	15:30
Ashram Road Junction	7:38	9:33	15:33
Ashram Dinning Hall	7:40	9:35	15:35



## Pondicherry TO AUROVILLE

	Trip 1	Trip 2	Trip 3
Ashram Dinning Hall	8:00	12:15	18:10
Ashram Road Junction	8:02	12:17	18:12
Lotus Hotel—S.V Patel Salai	8:07	12:22	18:17
Quiet Healing Center—Junction	8:17	12:32	18:27
ECR Junction—Aroma Guest House	8:20	12:35	18:30
SBI Bank—Kuilapalayam	8:25	12:40	18:35
New Creation Road	8:27	12:42	18:37
Certitude	8:32	12:47	18:42
Solar Kitchen—Round about	8:34	12:50	18:44
Town hall Main Parking	8:38	12:54	18:48
Verite Guest House—Junction	8:42	12:58	18:52
Svaram Musical Center	8:45	13:00	18:55

- Monthly Rs. 800: Aurovilians & Newcomers, No validity
- Student Pass Rs. 1200 per month/ 24 days round trip
- Rs. 150 Round trip for Aurovilians & Newcomers
- Rs. 200 Round trip for guests

Bus passes are available at Auroville Vehicle Service, Town Hall, Auroville, 0413 2623302