

Auroville

NEWS & NOTES

No 977 - A weekly bulletin for residents of Auroville

2 June 2023

RA EDITION



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PONDERING


"In the end, it's best not to worry, not to get agitated or depressed (that's the worst of all), not to get worked up or impatient or disgusted – just be calm and say, "It will come when it comes," but with an unyielding stubbornness."

(Mother's Agenda - September 5, 1962)

(Continued from last week)

Knowledge is automatically gifted with power, because it is a true knowledge, which embraces everything, and true knowledge is powerful knowledge. We do not have power because we do not see the whole, while that total vision goes well beyond our momentary reasoning, since it perceives the extension of each thing in time; neither is it an arbitrary fiat going against the normal course of things, but a luminous pressure that accelerates the movement and strives to put each thing, each force, each event, each being in direct contact with its own luminous essence, its own divine potential, and the very Goal that first set it in motion. As we have said, it is a stupendous evolutionary ferment. Perhaps something should be mentioned about how this power manifests practically, in the lives and actions of those who embody it—so far, Sri Aurobindo and the Mother. But because no explanation is ever truly satisfying unless one experiences it oneself, and because the experience will only begin to be convincing when it takes place on a more collective scale, it is perhaps wiser to remain silent. As a matter of fact, their actions often eluded even those who benefited from them directly, for the simple reason that we can only relate to a thing if we have reached the same plane. We usually see only the present moment, not the future miracle prepared by a simple gaze, the second of light that will mature for twenty years or three centuries beneath our unconscious layers before becoming “natural”. Neither you nor anyone else knows anything at all of my life, Sri Aurobindo wrote to one of his biographers, it has not been on the surface for men to see. What makes it difficult to speak of this power is that we have a wrong notion of power. When we speak of “power,” we immediately imagine something marvelous, but that is not what true Power is; neither is it the true marvel of the universe. The supramental action does not work wonders with flashes of lightning; it is as quiet as eternity, impelling the world and each thing in the world toward its own perfection through all the masks of imperfection. The true miracle is to do no violence to things, to impel them secretly, almost surreptitiously, toward their own center, so that deep within they may recognize the Face as their own face. There is but one miracle: the instant of recognition that nothing, any longer, is “other.”

The individual is the key to the supramental power. The supramental being has not only a transcendent and cosmic status but also an individual one: the triple hiatus of experience that divided the monist, the pantheist, and the individualist is healed.



His transcendent status does not abolish the world or the individual, no more than his cosmic status deprives him of the Transcendent or of his individuality, or no more than his individual status severs him from the Transcendent or the universe. He has not kicked off the ladder to reach the top, but consciously traveled all the evolutionary rungs, from top to bottom—there is no gap anywhere, no missing link; and because he has kept his individuality instead of exploding in a luminous no-man's-land, he can both ascend and descend the great Ladder of existence and use his individual being as a material bridge between the very top and the very bottom. His work on the earth is to establish a direct connection between the supreme Force and the individual, between the supreme Consciousness and Matter—to join the two Ends, as the Mother says. He is a precipitator of the Real upon earth. This is why there is hope that all the blind determinisms that presently rule the world—Death, Suffering War—can be transformed by that supreme Determinism and yield to a new, luminous evolution: It is a spiritual revolution we foresee and the material revolution is only its shadow and reflex.

Here is the text with the wrong carriage returns removed: After two months at Chandernagore, Sri Aurobindo heard the Voice again: Go to Pondicherry. A few days later, he was sailing secretly on board the Dupleix, outwitting the British police and leaving Northern India for good. I had accepted the rule of... moving only as I was moved by the Divine. The last forty years of his life, with the Mother, would be devoted to making that individual realization into an earthly one: We want to bring down the supermind as a new faculty. Just as the mind is now a permanent state of consciousness in humanity, so also we want to create a race in which the supermind will be a permanent state of consciousness. So that his intentions might not be misinterpreted, Sri Aurobindo repeatedly stressed the following: It is far from my purpose to propagate any religion, new or old, for humanity in the future. A way to be opened that is still blocked, not a religion to be founded, is my conception of the matter. We cannot say whether the supramental adventure will succeed. The Vedic rishis were unable to “unblock the way”; they could not open “the great passage” for everyone and transform their personal realization into a permanent and collective one. There must have been a reason. What remains to be seen is whether that reason still holds true today.

Satprem, *The Adventure of Consciousness*, Chapter 15
The Supramental Consciousness

https://sri-aurobindo.co.in/workings/satprem/adventure_of_consciousness_e.htm#053

With love and gratitude,

For and on behalf of Gangalakshmi (HOMA) Zech

HARD DEADLINE FOR SUBMISSIONS: **TUESDAY 5PM**

The content of News & Notes is a reflection of the growth process of this community towards its ideals of Harmony, Goodwill, and Truth. Editing of submissions, mainly for reasons of space and clarity, is done according to an established policy.

How to submit material:

- Max size of the published poster is 9cm x 9cm independently of the size you sent. The bigger posters will be reduced.
- Please AVOID CAPS letters
- Material (no pdf files, please) may be sent in English only to **newsandnotes@auroville.services**
- Articles for the Notes section should ideally be no longer than 500 words.
- Please do not send submissions and inquiries as a "Reply" to the digital subscription mail. There is no guarantee that anyone will see communications sent this way.
- Please try your best to send your announcements, reports, film schedules whenever they are ready. Any modifications of submitted News items must be sent to the editors before **Tuesday 5pm**.

DISCLAIMER:

Please note that the opinions and views expressed on these pages are solely those of the respective authors or work groups and do not necessarily reflect the position of the editors or the larger Auroville community. The News & Notes aims to provide a platform for the publication of diverse perspectives and voices from multiple sources within Auroville.

While our editors strive to ensure the accuracy of the information presented, we cannot guarantee that all information is free from error or omission. Additionally, we cannot be held liable for any alleged misinformation provided or offence caused by the content published. In the event of any dispute, we encourage readers to consult with the Auroville Council, and we reserve the right to suspend the publication of disputed material. Our commitment to providing an open and inclusive platform for dialogue and exchange of ideas remains steadfast.

The News and Notes team
newsandnotes@auroville.services

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IMPORTANT NOTE FROM THE N&N EDITORS

Dear Community,

A big thank you to all of you who have started sending content to this new and inclusive 'RA Edition' of the News and Notes Community Newsletter! It's great to see so much content coming in and we hope you are enjoying the new look.

You may have noticed some delay in the delivery of the RA News and Notes in the last two weeks. This is due to the fact that in order to compile all the announcements, reports, etc, including those that are not yet sent directly to us, we have been waiting for the publication of the AVFO News and Notes and the delivery of that edition has been very late.

We would like to continue to be inclusive while at the same time releasing the new issues on a fixed day of the week so that time sensitive information is respected.

Therefore, from the 13th of June on, any submission that is not sent to us directly (newsandnotes@auroville.services) will only be published in the following week's edition (unless it is no longer relevant, such as an event that has already taken place, in which case it will not be published). We also take this opportunity to remind you that if material is not sent to us directly, any links in the text will not work.

As the news and notes budget is still being disbursed only to the FO N&N, printing and distribution costs are currently being covered by private donations.' If you wish to contribute to the RA Edition of the N&N, you can do so by donating to: "NEWSLETTER COLLECTION" FS #252150.

We look forward to continuing to serve the over 3000 readers who receive the RA Edition as well as serving the Auroville community as a whole by providing a platform for all perspectives to be shared with respect.

In community,
The RA Community Edition News and Notes Team



LIST OF ACRONYMS:

AVF (Auroville Foundation), **AVFO/FO** (Auroville Foundation Office), **GB** (Governing Board), **RA** (Residents Assembly)

The following groups are divided in two categories: The groups selected by the Residents Assembly through Community decision making Processes and the groups put together by the GB and the FO (not recognised by the Residents Assembly).

Working groups selected by the Residents Assembly:

Working Committee (WCom)
Funds and Assets Management Committee (FAMC)
Budget Coordination Committee (BCC)
Town Development Council / L'avenir d'Auroville (TDC)

Auroville Council (AVC)
Entry Service (ES)

FO selected groups:

Working Committee (WC)
Funds and Assets management Committee (FAMC)
Budget Coordination Committee (BCC / BCS)
Auroville Town Development Council (ATDC)

Housing Service (HS)
Land Board (LB)

WORKING GROUPS NEWS

FROM THE ENTRY SERVICE

ES # 183 DATED: 01-06-2023

The following people have been recommended by the Entry Board to join our community. Please share your feedback within 2 weeks for potential Newcomers, Associates and Friends of Auroville and within 4 weeks for Potential Aurovilians, Returning Aurovilians, Youth and Spouse/Partner of an Aurovillian in writing to auroville.entryservice@gmail.com. We thank you in advance.

NEWCOMER ANNOUNCED:

- **Vishwa CHUDGAR (USA)** staying in Kalpana and working at Yuvabe



- **Chitra GANAPATHY (Indian)** staying in Savitri Bhavan Hostel and working at Savitri Bhavan



- **Kathiravan SELVAM (Indian)** staying in La Ferme and working at Auro Deniz



CHILD OF NEWCOMER:

- **Krishna CHUDGAR (USA) Born on 09/12/2014** (daughter of Vishwa CHUDGAR)

NEWCOMER CONFIRMED:

- **Punithavathy VENGADESAN (Indian)**
- **Chetana DEORAH (USA)**

AUROVILIAN ANNOUNCED:

- **Silky ARORA (Indian)** staying in Svedam and working at Svedam Moongate Guest House



- **Kavitha PRAKASH (Indian)** staying in Grace/Alipsa Farm and working at Mirra Boutique



- **Gopika DAHANUKAR (Indian)** staying in Center Field and working at Nadaka Music/Art Service



AUROVILIAN CONFIRMED:

- **Prabhu PONMUDI (Indian)**

NOT READY TO JOIN AUROVILLE:

- **Velmurugan PAZHANI aka Chinraas (Indian)**

NOTE:

- The Newcomer probation year becomes effective only after the NC kit has been returned and should not exceed 18 months from the date of confirmation.
- A Newcomer becomes an Aurovilian once his/her name has been confirmed by The Admission Committee (aka the Entry Board) after following due process.
- The date of becoming Aurovilian is the date of confirmation. An Aurovilian confirmed by the Entry Board is eligible to participate in all community decision-making processes.
- A confirmed Aurovilian becomes officially a Resident of Auroville once the individual has filled in and signed the B-Form and his/her name has been entered in the Register of Residents (RoR) maintained by the Auroville Foundation Office (AVF).
- A Resident of Auroville is eligible to become an executive of a Unit or Service of Auroville and to get an ID card issued by the Auroville Foundation.
- A meeting with the Secretary of the AVF will be arranged by the Entry Secretariat according to the availability of the Secretary and not at any personal request.

Yours,

The Entry Board (Alain, Grace, Jayanthi, Lakshmanan, Matilde, Sara, Sonja and Swadha)

Please Note:

The Entry Service (Secretariat and Board) will take a two week break from the 5th of June till the 18th of June.

Entry Service Timings:

Monday, Wednesday, Friday, 9:30am—12:30pm
Tuesday & Thursday: Newcomer kits, 2:30—4:30pm
0413 262-2707, auroville.entryservice@gmail.com

CORRECTION REGARDING FALSE HOUSING AGREEMENTS

The Entry Board wants to clarify that it is not the Housing service, but the House stewards responsibility that create and sign up Housing agreements that are not true, meaning the (pre)Newcomers are not staying in the mentioned room or the stewards are giving clearly insufficient space for a person or family to stay.

The Entry service will be checking in case of doubt and these agreements will be annulled if found untrue and the Newcomer process stopped.

Warmly,
The Entry Board

FROM THE AV COUNCIL

POLL 2023

Dear Residents,

At the last General Meeting a long list of potential Residents' Assembly Decision-Making processes (RADs) was presented to us in addition to a set of new petitions.

We are conducting the poll to ask the community which RADs they prefer be held first.

Find the list of potential RADs below. From these you can indicate the RADs in order of preference. The poll results will serve as a guide to help us navigate the order in which RADs shall be held.

In order to take part in the poll you will have to click on the link sent to your private email account. If you didn't receive it, please pass by the Auroville Council room (every day between 8am-10am) in Town Hall to fill out the printed form in person. The poll will run until Tuesday, 6th June 2023.

LIST OF PROPOSALS:

1. Auronet guidelines (WG, 2019) - The Auronet guidelines have been in effect from November 24th 2021, for a 6-month period, after which they will be reviewed, possibly amended, and then sent for an RAD process.
2. Internal Exit policy (WG, 2019) - The last draft version, incorporating two rounds of feedback, was presented by the Exit Policy Task Force in a General Meeting in March 2020, and provides a proposed internal framework for the application and implementation of the gazetted "Auroville Admission and Termination Regulations, 2019".
3. Revisions to the Entry Policy (WG, 2019) - An RAD process regarding suggested revisions to the Entry Policy 2017, was initiated on 26.07.2019. However, the required quorum of 10% participation was not achieved so the revisions have not been approved. The suggested revisions are intended to simplify language and processes, and update references to other documents and processes so they would be helpful for both the Entry Board and Entry Service to carry out their work as well as for applicants.
4. Appeal process review (WG, 2019) - The review has been pending for several years, it has now been completed and is ready to be presented for a RAD. All appeals against FAMC and ATDC have been paused by Council until the appeal review is ratified.
5. FAMC mandate review (P / WG, 2020) - A task force was formed in November 2020 as a result of "proposal C" being removed from the choices in the RAD to determine the present selection process for working groups. The proposed mandate still needs to be shared with the community for feedback. Its structure and ways of functioning have broad implications which warrant careful consideration.
6. RAS mandate review (WG, 2021) - The review of the RAS mandate has been on the Council table for some time, a subgroup was recently appointed to look into it.
7. Working Committee Emergency Powers (P, 2023) - The Residents' Assembly provides emergency powers to the RA Working Committee, selected in May 2022, to constitute/nominate groups as needed (for eg. Entry/Exit, FAMC, RAS members, etc) (for 6 months).
8. Emergency RADs (P, 2023) - The Residents' Assembly reserves the right to call an Emergency RAD with 300 signatures.
9. Multiple RADs (P, 2023) - The Residents' Assembly reserves the right to process multiple RADs simultaneously.
10. Reformulate the Master Plan (P, 2023).

Warm regards,

For the Auroville Council

Ashwini, Claudine, Philippe, Riju, Samrat, Suryan and Shiva

N&N 977 - 2 June 2023

NOTE TO THE COMMUNITY

Dear Community,

Due to the reduced capacity the RA TDC is facing at the moment, we would like to request anyone that plans to come to our usual Open House (at Kailash on Wednesdays from 10 -12am) to please make an appointment with us so that we can ensure to be there for you.

We would also like to remind people that any mails sent from an @auroville.org.in ID does not reach us, as the AVFO has blocked TDC@auroville.services from receiving all mails sent from @auroville.org.in accounts.

in Service
L'avenir d'Auroville - TDC Town Development Council
Anan, Dorle, Divya L, Island, Lata, Natasha S, Tom G

COMMUNITY NEWS**OBITUARY****PATHA OF FRATERNITY PASSED AWAY**

This is to inform the community that Aurovilian Patha (Padmanaban Erichappan) of Fraternity passed away at JIPMER at 8am in the morning of 30 May where he had been taken due to liver failure. He would have been 55 this year.



Born in Kuilapalayam, with a quick and alert nature, Patha started working at Aurolec in '91 at the age of 20 where he quickly picked up on networking and other electronic activities. He was a technical assistant to be soon promoted as service engineer, and remained working there, off and on, in various functions under various ADPS-based units. In 2018 he joined Aquadyn where he worked to date.

Patha lived in Fraternity with his wife Pushpa and their two sons Auroshakti and Aurobhakti.

With prayers for his onward journey, our warmest condolences and strength go out to Pushpa and her sons, other family members and his many Auroville friends.

OM

AWAKENING SPIRIT**INTRODUCTION TO THE INTEGRAL YOGA OF SRI AUROBINDO AND THE MOTHER**

Tuesday, 6th June, 9 am - 12 noon
Focus: Self-mastery

Led by Ashesh Joshi

Place: Mirabelle Education Centre, Auromodele
Ph/Whatsapp: 9489147202 (Please register)

All are Welcome

**WORK OPPORTUNITIES****HR HUB INITIATIVE**

HR Hub Initiative is a service which helps individual Aurovilians and Newcomers who are looking for suitable work to find it, and to help Auroville units and services who are looking to fill positions to find the right individuals to step in.

Admin Support Needed (Part-time)

Looking for someone to assist on weekly meetings and take meeting minutes, work out the minutes and send them to the members. Communication with various groups and individuals, preparing meeting agendas, gathering and consolidating data, managing the email inbox will be part of the job.

He/she should have good listening skills, ability to extract the essence out of endless discussions, working with data, proper communication with various groups and people

A half time position; but it can easily develop into full time, depending how things(in Av) and the person develop.

Good English is a must; Tamil would surely be good.

Basic computer skills in word, excel, emailing etc

Interest in farming/food is helpful, some ideas about the functioning of Auroville would be good..

A maintenance will be provided;

Training will be provided as well as a trial period of a few weeks.

Caregiver (Part-time)

Team is looking for two friendly persons to take care of senior Aurovilians. Good spoken English is important. Training will be provided. Maintenance available.

Please contact us for more information and if you are interested in any of these work opportunities or if you are looking for something else. You can find us at hr.hubauroville@gmail.com.

ENGLISH TEACHER

Looking for a volunteer (someone who is in Auroville for minimum one year) who will teach English to our project's participants every Sunday for one hour (timing flexible).

Reach for the Stars is a scholarship program, financing higher education, for young people from financially deprived backgrounds in the villages immediately surrounding Auroville. We need your help: an important activity of our program is that we meet all our participants (young women and men between 17 and 22) once a week for a mandatory English class.

The level is simple and we put an emphasis on communication and exchange.

Please contact Stephanie sb@reach-for-the-stars.org or +91 9943106616 on WhatsApp.



NOTE TO THE COMMUNITY

Dear AV Community,

We, Sofie and Ray, came to Auroville in 2016 and started our newcomers process in 2017. During this process a house in Petite Ferme was open for transfer.

I, Ray, underwent an operation in Belgium and my health condition was variable. As we hesitated to deposit such a large amount of money(37 L) Housing Service pulled us over the line by setting up an agreement which stipulated we could get back a part of the deposit within four years of becoming Aurovillians (2019), if we had to leave Auroville for health- or whatever reasons. We decided to become steward of the house in Petite Ferme Community and deposited the asked amount.

Last year we made the difficult decision to leave Auroville. Health related issues and political changing motifs in Auroville made us leave.

In a separate meeting with resident FAMC and the AVF FAMC they both told us refunding our deposit was not possible. A huge mistake of Housing Service and FAMC making up such an agreement. We also received the same message in a short mail. No official documents that proves so, no nothing...

After an exhausting period of dealing with a chaotic AV administration (we'll spare you the details) FAMC offered us a repatriation fund which is only a fraction compared with what the agreement promised us to refund. We were told a repatriation fund has nothing to do with housing fund and we should refrain from material possessions!?

In our opinion it is foul play to change an agreement one sidedly, once signed. Needless to say we feel insulted, cheated, lied to and betrayed by AVF, FAMC and Housing Service.

Mdm Secretary advised us to go to court in order to be refunded as per the agreement. Apparently Auroville is starting to sit comfortable in court!

AVF and FAMC do not take any responsibility whatsoever. They put the burden with us.

During the whole process we hardly got any support except from a few people, which we are very grateful for. Also in the beginning Housing Service, Financial Service and Working Committee stood with us but were silenced by FAMC.

It seems FAMC and AVF are the sole decision-making body in Auroville. No one has a say. No one was protesting. Every one stays quiet. Everyone seems to agree things should be handled this way. What is the next step? Doesn't look promising.

The Belgium Embassy wrote a letter to Auroville Foundation. A lawyer send a legal notice to all Aurovillian parties involved. All in vain and unanswered.

On top of it we discovered Housing Service miscalculated the total amount we deposited by more then 10 lakhs. We informed them and FAMC. The mistake has never been acknowledged and corrected. This story reads like a chain of mistakes and wrongdoing.

We still hope for a fair and internal solution and wish that Auroville may walk on an always peaceful and righteous path.

Kind regards,
Ray and Sofie

CLASSES, WORKSHOPS AND HEALING ARTS

FLOW INTO TRANSFORMATION



Is there a question that is burning inside you? The Flow Game is a powerful tool used worldwide to transform stuckness. Within every challenge, there often lies a transformative potential. Bring a challenge that's alive in your heart. Discover your way to greater flow. Join us on any of the **3 Sundays** this month: **June 4, or June 11, or June 18, from 10:30am-1:30pm**, in-person in Auroville (location will be shared after confirmation).

Registration: Max. 6 spots. WhatsApp +91 9626006961 ASAP to register.

This is an Auroville activity under Holistic, ABC Trust, hosted by Sandhya and Niharika.

VÉRITÉ WORKSHOP

Pre-registration required

Please contact Verite @
0413 2622045, 2622606, 7867805812

or
programming@verite.in, www.verite.in



Restorative Yin & Yoga Nidra: Deep Relaxation for Body & Mind - with Emma Saturday, 10 June - 9:30am – 12:00pm

The workshop will be divided into two parts. The first one will include theory and practice, where we will journey through conscious relaxation, exploring a contemplative Yin Yoga practice to restore the natural condition of the deep tissues in the body while releasing tension in the physical, energetic, and mental layers. Then we shall transition into a relaxing Restorative Yoga practice which unwinds deep tension helping you to slowly let go of stress and feel more connected to your body. Finally, we shall experience Yoga Nidra — known as yogic sleep — a form of guided meditation practiced laying down, where we move into a deep state of conscious sleep, which is a deeper state of relaxation, taking us effortlessly into restful balance and harmony.

AUROVILLE THEATRE GROUP PRESENTS - A READING OF SWEAT

Saturday June 3rd at 7:30 in Cripa

Made in Bangladesh, Vietnam, Italy, China, India...the U.S.A.” Who sews our clothes, who makes our shoes? Where do they live? How much are they paid? What would you dream of, sewing sleeves all day? Is life better in the village you left behind? We will be reading the libretto of Sweat, a full length a capella opera, featuring a kaleidoscope of characters and stories collected from factories around the world. Plunging headfirst into the ethical conundrums of the garment trade, the work offers a window into the lives of the unseen millions who work to clothe us and the high-flying designers whose fantasies feed the fashion industry.

Anna Chatterton is a librettist, playwright, and performer based in Ontario, Canada. She is a two-time finalist for the prestigious Governor General’s Literary Award for Drama. Anna has worked on many multidisciplinary projects, collaborating across disciplines with choreographers, dancers, singers, composers, new media artists, photographers, filmmakers, architects, boxers and neuroscientists. Her plays and operas have been commissioned and produced across Canada and the USA and been nominated for a Juno award and Toronto’s performing arts award, the Dora Mavor Moore Awards, winning one.

https://youtu.be/FO4h_KdTVfI SWEAT Film Trailer

*Auroville Theatre Group
presents - a reading*

OF

SWEAT

**A LIBRETTO OF STRUGGLE
AND
RESILIENCE**

BY

**CANADIAN PLAYWRIGHT
ANNA CHATTERTON**

*Saturday June 3rd
7:30 pm
CRIPA, Kalabhumi,
Auroville.*

*For more info:
Jill Navarre at 9486416173*

All are Welcome



KINISI EASY RIDER

Introducing Kinisi Easyride, a new type of electric vehicle that combines the convenience of a cycle with the comfort of a scooter. With no pedals, it's easy to use and comes equipped with a large rear carrier, a comfortable seat, and a simple interface. All you need to do is turn the key, check the battery level on the display, and you're ready to go! The vehicle has only two buttons, one for the horn and one for the headlight.

Kinisi Easyride is perfect for those who want a safe and comfortable ride. You can place your feet in the center, like on a scooter or on the side footrests, to carry anything you need on the central space. With a slow speed of 25 km/h and a range of about 30km, it's ideal for getting around Auroville.

The vehicle is low, lightweight, and narrow, making it easy for seniors to get on and off and maneuver safely around the community. If you're an elderly Aurovillian looking for a convenient and comfortable ride, Kinisi Easyride is the perfect vehicle for you!



We're happy to inform you that older people can get a few Easy Rider bikes through the KIM plan. As part of our work to make it easy for people to get around Auroville, we're putting in place e-mobility for our elders.

You may reach us at info@kinisi.in or by calling or Whatsapp at 8300460679 /8300460680 if you are considering participating in the KIM scheme and would like to use the e-cycles.

We are really thankful to you for your unwavering support in helping us arrive at the best decision for the long-term viability of the transport system in Auroville.

Team Kinisi

COMMUNITY SHARING



AUROVILLE DOG SHELTER - MONTHLY TRANSPARENCY REPORT (MAY 2023)

The Auroville Dog Shelter is committed to providing a safe and caring environment for our 300 rescue dogs and keeping the AV Community safe from infectious diseases while controlling the overall dog population.

As part of our commitment to transparency, we present our **monthly report for May 2023**

Total new admissions: 51*
Paralyzed dogs rescued: 5
Rabies suspect cases rescued: 4
Canine Distemper cases rescued: 6
Parvo cases: 0*
34 puppies and 1 paralyzed cat were dumped at the shelter!

Successful adoptions: 26
Dogs rehabilitated: 3
Vaccinations administered: 120 (Rs 360 per vaccination)
Anti-Rabies vaccinations for street dogs: 22
ABC sterilizations plus post-op: 5 (Rs. 2.300 female, Rs. 1.700 male)
Deworming: 80 adults, 150 doses for puppies
Other surgeries: 4

Veterinary Care:

All new dog admissions underwent thorough quarantine, medical check-ups, vaccinations, and necessary treatments. Additionally, our 300 resident dogs received regular veterinary care, including vaccinations, deworming, and preventive treatments.

Volunteer Program:

Our team welcomed 11 volunteers who contributed their time and efforts towards dog care, socialization, and helped us a lot. Thank you so much!

Community Outreach:

We conducted four successful Sunday morning events and were happy to meet many Aurovilians, visitors, guests, and children.

Fundraising and Donations: (all amounts in Rs)

Total donations raised: 191.922
BCC monthly funds: 50.000
TOTAL FUNDS: 241.922

Donations in kind: dog food, mattresses, clothes, toys, collars, leashes, snacks, and medical supplies

Expenditures: (all amounts in Rs)

Wages: 84.930
Electricity, Gas, Eco Service: 8.000
Office supply, Shelter upgrades 5.000
Individual feeding bowls, cooking pots 20.500
Dog catching net: 4.000
Staff rabies protection vaccination: 722
Medicines & Equipment: 48.000
Food Expenses: 60.000
Various expenses, petrol, vehicle maintenance: 10.610
TOTAL EXPENSES: 241.762

This month we fed our dogs 1.600 kg (1.6 tons!) of rice, 500 kg of chicken, 60 kg of beef, and 70 kg of pedigree, supplemented it with 20 kg of daal and 600 eggs, added 4.5 kg of turmeric powder, fed 120 puppy jelly food packages, and handfed 1 kg of Drools puppy powder for the smallest babies.

Ongoing fundraisers: BRAVECTO medicine: Rs 1.1 lakh needed (32% reached) Wheelchairs for 14 dogs: Rs 70.000 Anti-Rabies Vaccinations AV and bioregion (1.500 doses): Rs 85.000 Animal Birth Control (ABC) sterilizations, 50 street dogs for June: Rs 1 lakh The Auroville Dog Shelter remains dedicated to the welfare of rescue dogs in our community. We are grateful for the ongoing support from volunteers, donors, Aurovilians, and the community. Your contributions play a crucial role in enabling us to provide the care and attention our dogs and the AV community deserve. We have ambitious and very important fundraising goals to improve the health of our dogs and keep the number of dogs in Auroville and the whole bioregion under control. Urgently, we need funds for anti-rabies vaccinations and ask the community for support and donations. **(FS 251391)**

Thank you for your trust and support.

Sincerely,
Auroville Dog Shelter
Lore, Executive



HEALING PAWS: CANINE PHYSIOTHERAPY WORKSHOP

**HEALING PAWS:
CANINE PHYSIOTHERAPY WORKSHOP**

Join us on
SUNDAY, JUNE 4TH
10 AM - 12 PM

for a special physiotherapy workshop designed specifically for our paralyzed dogs.

How to find us:

The Auroville Dog Shelter is thrilled to invite you to a very special event!

Join us next **Sunday, June 4th, at 10 a.m.** for a special physiotherapy workshop designed specifically for our paralyzed dogs. Witness the incredible progress we have achieved through the application of these therapeutic methods, as many of our beloved paralyzed dogs have regained their ability to walk again.

After the workshop, we will provide an immersive experience by offering a comprehensive tour of our shelter. Through this tour, we aim to showcase the integral dog care system at our mission's heart. You will witness firsthand the various improvements we have already implemented in the last 6 weeks, ensuring the well-being and happiness of our 300 residents. We will share our vision for the future of the shelter, as we continuously strive to enhance the lives of these magnificent creatures.

For our youngest friends, puppies eagerly await a refreshing bath and enjoy fun playtime! Families with children are always welcome! Don't miss this incredible opportunity to witness the transformative healing power of physiotherapy in the lives of our paralyzed dogs. Let us come together to celebrate compassion, healing, and the remarkable resilience of our beloved canine companions.

In loving service,
Auroville Dog Shelter Team
aurovillegshelter@gmail.com



CONGRATULATIONS TO THE AUROVILLE FUTSAL TEAM FOR WINNING THE CHAMPIONSHIP 2023!

The Auroville football team (Auroville FC) is happy to share with the community that they won this year's Futsal Championship which took place on 26th May 2023 in Puducherry.



EDUCATION

EDUCATIONAL SUPPORT FUND

From **Educational Support Fund**, sub-unit of SAIER formerly known as **Scholarship & Educational Fund (SEF)**

This is to make known that the name of the Scholarship & Educational Fund has been changed to Educational Support Fund (ESF).

The mail address to contact us and our administrative secretary is edusupport.admin@auroville.org.in.

Please share this information with students and their parents, especially those who have completed their schooling this year.

Thank you,
Lucas (on behalf of the ESF)

CINEMA



AUROFILM IN AUROVILLE RADIO

We are happy to inform you that as part of Aurofilm's outreach program, we undertake weekly sessions in association with Auroville Radio every Tuesday at 9:30 am with a series named "Exploring Education in Arts, Animation and Film-making". We have so far conducted 4 episodes in this series, every week exploring one topic in each field. Please find the links below to listen to each of them:

- [Episode 1 - Arts - Benefits of Drawing](#)
- [Episode 2 - Animation – Introduction to Animation](#)
- [Episode 3 - Film making - Origin of Film-making](#)
- [Episode 4 - Arts - How Do I Learn To Draw From Scratch?](#)

In our next episode on Animation we will be exploring "The Studio System in Animation"

Enjoy!
Aurofilm team



Cinema Paradiso

Multimedia Center (MMC) Auditorium
Film program 05 June 2023 to 11 June 2023

Cinema Paradiso-Multimedia Center is now in operation at 100% seating capacity. Technically Covid protocols were never taken off of cinema/theatre halls. Since mask is not a requirement anywhere else, we leave it to people's discretion. However, please come prepared. *To organize seminar/program please contact us via email.*

We continue to have issues with our projector. It is time for us to look for a new one. If you are able to kindly donate at MMC's FS Account for this.

Indian - Monday 5 June, 8:00 pm:

• UUNCHAI (HEIGHT)

India, 2022, Dir. Sooraj R. Barjatya w/Amitabh Bachchan, Anupam Kher, Boman Irani, and others, Adventure-Drama, 173mins, Hindi w/ English subtitles, Rated: NR (PG)

Amit, Om, Javed and Bhupen are all senior citizens now, who have been friends for over 50yrs. Bhupen, whose only family were these friends, held a dream to climb Everest with his buddies. When Bhupen suddenly passes away, Amit finds tickets Bhupen had made for this trip. He convinces Om and Javed and together they set out to spread Bhupen's ashes in the mountains. Unaware of this plan, Javed's wife Shabina accompanies them only until Kanpur to visit their daughter. However, a stranger, Mala Trivedi joins them from Lucknow who does not seem to be quite who she claims to be. The journey continues... *Rescheduled from last week.*

Potpourri - Tuesday 6 June, 8:00 pm:

• MARCEL THE SHELL WITH SHOES ON

USA, 2021, Dir. Dean Fleischer Camp w/voices Jenny Slate, Dean Fleischer Camp, Isabella Rossellini and others, Animation-Comedy-Drama, English w/English subtitles, 90 mins, Rated: PG

Marcel is an adorable, 1-inch-tall shell who ekes out a colorful existence with his grandmother, Connie, and their pet lint, Alan. Once part of a sprawling community of shells, they now live alone as the sole survivors of a mysterious tragedy. However, when a documentary filmmaker discovers them, the short film he posts online brings Marcel millions of passionate fans, as well as unprecedented dangers and a new hope of finding his long-lost family.

Interesting - Wednesday 7 June, 8:00 pm:

• ROLLING THUNDER REVUE

USA, 2019, Dir Martin Scorsese w/Bob Dylan, Allen Ginsberg, Patti Smith, and others, Documentary-Biography, 142mins, English w/ English subtitles, Rated: NR (PG)

This is a Bob Dylan Story that captures the spirit of America in 1975, and the joyous music that Dylan performed during that year. Part documentary, part concert film, part fever dream, Rolling Thunder is a one-of-a-kind experience, from a master filmmaker.

Selection - Thursday 8 June, 8:00 pm:

• PK

India, 2014, Dir. Rajkumar Hirani w/ Aamir Khan Anushka Sharma, Sanjay Dutt and others, Comedy-Sci-Fi, 153 mins, Hindi w/ English subtitles, Rated: NR (PG)

P. K. is an alien lost on Earth, a stranger in the city, who asks questions that no one has asked before. They are innocent, child-like questions, but they bring about catastrophic answers. People who are set in their ways for generations are forced to reappraise their world when they see it from PK's innocent eyes. In the process PK makes loyal friends and powerful foes.

Mends broken lives and angers the establishment. P. K.'s childlike curiosity transforms into a spiritual odyssey for him and millions of others. The film is an ambitious and uniquely original exploration of complex philosophies. It is also a simple and humane tale of love, laughter and letting go. Finally, it is a moving saga about a friendship between strangers.

International - Saturday, 10 June, 8:00 pm:

• CARAJITA

Dominican Republic, Argentina, 2021, Dir. Ulises Porra, Silvina Schnicer w/ Cecile van Welie, Magnolia Nunez and others, Drama, 86 mins, Spanish w/ English subtitles, Rated: NR (R) Sara and her nanny Yaris have a relationship that seems to transcend their class conditions: they are the closest thing to a daughter-mother, but an accident will test their intimate loyalty and the innocent illusion that nothing can separate them.

Children's Matinee - Sunday, 11 June, 4:30 pm:

• PETER PAN

USA, 1953, Dir. Clyde Geronimi, w/ Bobby Driscoll, Kathryn Beamont, Hans Conried and others, Animations-Adventure, 77 mins, English w/English subtitles, Rated: G

An adaptation of J. M. Barrie's story about a boy who never grew up. The three children of the Darling family receive a visit from Peter Pan, who takes them to Never Land, where an ongoing war between Peter's gang of rag-tag runaways and the evil Pirate Captain Hook is taking place. Perhaps one of the greatest cartoon movies of the early production of Walt Disney.

WOODY ALLEN @ Ciné-Club Sunday 11 June, 8:00 pm:

• BLUE JASMINE

USA, 2013, Dir. Woody Allen w/ Cate Blanchett, Alec Baldwin and others, 98 mins, English w/ English subtitles, Rated: PG-13.

Jasmine French used to be on the top of the heap as a New York socialite, but now is returning to her estranged sister in San Francisco utterly ruined. As Jasmine struggles with her haunting memories of a privileged past bearing dark realities she ignored, she tries to recover in her present. In doing so, her old pretensions and new deceits begin to foul up everyone's lives, especially her own.

Rating codes we often use are from Motion Picture Association of America (MPAA): G=General Audiences, PG=Parental guidance suggested, PG-13=Parents strongly cautioned, R=Restricted (equivalent to Indian rating: A i.e. for Adults), NR=Film Not rated, Rating awaited, or Rating not available.

For scheduling programs at MMC/CP venue: please email us at mmcauditorium@auroville.org.in. **We appreciate your continued support. Pl donate to "Cinema Paradiso" (account #105106) or set up for a monthly contribution. We need it now more than ever.**

Thanking You,
MMC/CP Group Account# 105106,
mmcauditorium@auroville.org.in

REGULAR ACTIVITIES, CLASSES, WORKSHOPS AND MORE

ACTIVITIES

ECO FEMME OPEN HOUSE

ECO FEMME OPEN HOUSE

Every Thursday morning
from 10:30 AM



Dear friends,

Join our open house at our office in Auroshilpam every **Thursday morning at 10:30 AM till 12 AM.**

Come and learn about:

- Sustainable menstrual products (cloth pads, cups and period panties),
- Menstrual cycle awareness and,
- Our not-for-profit work.

You can also pick up discounted cloth pads, cups, period panties and cloth nappies.

See you soon!

The Eco Femme Team

POWER OF COLLECTIVE ASPIRATION



A harmonious collective aspiration can change the course of circumstances.

Dear Community,

As we are going through a phase of intense turmoil, some of us feel the need to call for our collective prayers for protection. Let's gather in the **gardens of the Matrimandir**, the soul of Auroville, on **Sunday evenings** at sunset time, for collective invocation.

Join a circle of prayers and chanting at the Amphitheatre from **6 to 6:30 pm.**

Come a little earlier to the stone circle for silent meditation to call the Light and Power of the Divine in Auroville.

All are welcome.

(Guests and volunteers, please bring your Aurocard)

TAXI SHARE



Weekly Sri Ma Trip

Share a taxi to and from Sri Ma on Wednesdays.

Leaving Auroville at **9:30 am** and returning at **2:00 pm**

Maximum 4 people, with advance notice

Beginning **Wednesday May 17th**

Contact if interested via WhatsApp to 9655534514

Stay well!

Isha

BOTANICAL GARDENS



Learn to identify the species of **TDEF (Tropical Dry evergreen Forest)** with us at the **Auroville Botanical Gardens.** Starting from 29th May 2023.

MONDAYS AND THURSDAYS FROM 9.00 - 11.00 AM

To join, please register at:

ecologicalhorticulturecourse@gmail.com



CLASSES, WORKSHOPS AND HEALING ARTS

CAPOEIRA- MARTIAL ART AND MUSIC WITH GINGA SAROBA

Afro-Brazilian martial art that combines elements of dance, acrobatics, music and movements. More than 500 years old, Capoeira is a constantly evolving art form, come connect and express yourself. Join us for

Adult Classes : Monday & Thursday - 6 PM - Deepanam School

Contact: 7598446327

Submitted by Kiran for Ginga Saroba



VIPASSANA

Vipassana

As taught by S.N. Goenka



Every Sunday at Udavi school

All old students of Vipassana meditation as taught by S.N. Goenka (www.dhamma.org) having attended at least one 10 day course are welcome to attend a half-day Vipassana course at Udavi School in Auroville.

Date: **Every Sunday**

Timings: **8:30 AM – 12:30 PM** but you can also drop in and join as long as you wish.

Venue: **Udavi School** (building on the left when you are at the front entrance), near Tank in Edayanchavadi (Auroville).

No registration is required.

Contact: Sanjay Tumati, +91 8790982210
(available on WhatsApp)
sanjay@aurauro.com



FO GROUPS

(not selected by due Residents Assembly process)

"Please note that the links in this part of the N&N do not work, due to technical complications. If you would like to publish an announcement/article/event with functional links, please send them to our new email ID: newsandnotes@auroville.services "

FROM THE FO ATDC

Application Announcement 01-06-2023

A. Feedback Requested

The following Building Application has been received and approved (feedback requested before the 15th of June 2023 to application-avenir@auroville.org.in):

PROJECT NAME—Jayamoorthi—BA—NO 2610 (Study room with toilet and store room)

- Applicant/s: Jayamoorthi & Premalatha
- Location/area: La Ferme / Outside Master Plan
- Area for which approval is sought: 23.15 Sq.m

Project brief: The applicant submitted an application for parking and storage space, which was approved by the application team. It was announced on the N&N on April 6, 2023 for community feedback. On May 22nd, 2023, the applicant informed ATDC that they are revising the plan and would like to remove the parking and add a study room with a toilet. As a result, ATDC approved it and asked the applicant to send the revised plan and application. The requested documents were received on May 29, 2023.

PROJECT NAME—Rajeswari—BA—NO. 2616

- Applicant/s: Rajeswari
- Location/area: Prayatna / Residential Zone
- Total built of existing building: 67.18 Sq.m

Project brief: Rain water is slashing into the living room as there is no sunshade for any of the windows. The existing building is not strong enough to add the cantilever projection sunshade. The applicant is extending the sunshade for 5 feet.

PROJECT NAME—Unity Pavilion—BA—NO 2614 (Tree House)

- Applicant/s: Jaya
- Location/area: Unity Pavilion / International Zone
- Area for which approval is sought: 20 Sq.m

Project brief: Need a small space for a tea ceremony and for a small meeting.

B. Information Only

The following Building Applications have been received and approved (information only):

PROJECT NAME—Mariappan G—BA—NO 2455

- Applicant/s: Mariappan G
- Location/area: Mango Garden / Green Belt
- Area of existing building: 112 Sq.m

Project brief: To build a rainwater harvesting tank next to the existing house. The capacity of the rainwater tank is 192 cft (5.44Cqm) / 5436 liters of maximum capacity.

Constructive feedback guidelines

So far, while giving permissions, we have asked the project team to include approval from the neighbors. This has no resonance with the ideals of Auroville where we are supposed to be headed towards a life guided by no desire, no preferences and no sense of ownership. We will no longer request this approval.

Similarly when we publish projects for approval, we will discard all personal feedback with respect to "neighbors choosing neighbors" or "neighbors choosing development guidelines".

All other feedback is welcome and will be part of the process.

Best regards, Sindhuja, L'avenir d'Auroville

COMMUNITY NEWS

AWAKENING SPIRIT

SAVITRI BHAVAN

June 2023



Exhibitions

- **Meditations on Savitri:** The series of 472 paintings created by the Mother with Huta from 1961-67 is now on display in the picture gallery
- **Glimpses of the Mother:** Photographs and texts In the Square Hall
- **A new Bilingual Exhibition on 'Sri Aurobindo: A life sketch in photographs'** with texts both in English and Tamil is displayed in the upper corridor

Films

- **Mondays at 4pm in the Sangam Hall**
 - **June 19: Journey to the Life Divine, Part 1**—This feature-film covers the lives of Sri Aurobindo and the Mother from childhood onwards until November 1926. It shows the spiritual development and work of Sri Aurobindo and the Mother and the work they did for the new evolutionary step towards a Life-Divine for mankind and earth. *Duration: 100min.*

- **June 26: Journey to the Life Divine, Part 2**—To create a new world for a spiritual life was the Mother's dream even when she was in France. The second part of the feature-film is about how the Mother and Sri Aurobindo worked this out in the Ashram. *Duration: 90min.*

Full Moon Gathering

- **Saturday, 3 June, 7:15—8:15pm**
in front of Sri Aurobindo's statue

Dream Divine Series

The new project 'The Dream Divine Series' started in the month of March 2023 is to make newcomers understand the Aims and Ideals of Auroville and learn about the Life and Works of Sri Aurobindo and The Mother and Integral Yoga.

- **Wednesday 4:30—5:30pm**, weekly sessions. The series will include Presentations, films, talks, etc., followed by a Q&A session.

Regular Activities

- Sundays 10:30—12noon: Savitri Study Circle
- Tuesdays, Fridays, Saturdays 4—5pm: L'Agenda de Mère: listening to recordings with Gangalakshmi
- Tuesdays 4:30pm: Mudra-chi led by Anandi
- Thursdays 4—5pm: Videos of The English of Savitri led by Shraddhavan
- Saturdays 4:30—6pm: Satsang, led by Ashesh Joshi
- Exhibitions, Main Building and Office are open Monday to Saturday 9am—5pm
- Library and Digital Library is open Monday to Friday 9am—5pm

Everyone is welcome

Submitted by Dhanalakshmi for Savitri Bhavan Team

DREAM DIVINE SERIES

Wednesday, 7 June, 4:30— 5:30pm

@ Sangam Hall, Savitri Bhavan

Ashesh Joshi will speak about

Sri Aurobindo's Vision and Integral Yoga

Directed especially at newcomers, Savitri Bhavan has launched a project called 'The Dream Divine Series'. The goal of the project is to make newcomers understand the Aims and Ideals of Auroville, learn about the Life and Works of Sri Aurobindo and The Mother, and the Integral Yoga.



- There will be a weekly session every Wednesday 4.30-5.30pm.

The series will include presentations, films, talks, etc., followed by questions and answers. **Everyone is welcome**

*Thank you, Dhanalakshmi,
for Savitri Bhavan Team*

BOOK RELEASE

Vol. 12 "The English of Savitri" by Shraddhavan

Sunday, 4 June, 5 pm

@ Sangam Hall, Savitri Bhavan



Shraddhavan considered "The English of Savitri" as her life's work. The last and concluding 12th volume of the series has been corrected and edited by the author herself during her lifetime.

In deep gratitude to Shraddhavan this book will be released by Dr. Alok Pandey in her honour on her birthday, which falls on 4 June.

Everyone is welcome.

- Transport will be arranged leaving from the Ashram balcony gate at 4pm

*Thank you, Dhanalakshmi
for Savitri Bhavan Team*

BRAHMANASPATI KSHETRAM

The Mother Sri Aurobindo Centre

Calendar of Regular Events for June 2023

- 3 June, Saturday, at 6:30pm, full moon, reciting Sri Aurobindo's Gayatri Mantra for 30min
- Every Thursday 6—6:30pm: Meditation



- Every Tuesday 5:30—6.30pm, reading "The Mother's Questions & Answers- Vol-7" in English by Rama Narayana

No.3/134, Kalathu Mettu Street,
Edayanchavadi, Auroville

Kshetram2014@auroville.org.in

Location



Thank you, Tixon

EDUCATION

AUROVILLE LIBRARY SUMMER TIMINGS

Starting on Monday, 1 May to 30 June, our new opening times will be as follows:

1 May to 30 June Timings

- Monday—Saturday: 9am—12:30pm
- Tuesday, Thursday & Saturday: 4—6:30pm
- Monday, Wednesday & Friday afternoons closed



Katherine for Auroville Library

0413 2622 894, avlib@auroville.org.in

Website: library.auroville.org.in/

AUROVILLE INSTITUTE OF APPLIED TECHNOLOGY

Auroville Institute of Applied Technology is offering Aurovilians and the youth from the Bioregion an opportunity to join a Bachelor Degree course (B.Voc.) affiliated with Pondicherry University in following subject:



- Software Development & Machine Learning
- Green Energy and Electric Systems
- Production Technology

These courses are skill oriented and not certificate oriented. You will learn from the people and practice at Auroville units. These courses are conducted in small classes (25-30) students. and are of 3 years duration. During this course, they are entitled to get a Diploma Certificate after 1 year and an advanced Diploma certificate after 2 years.

- Eligible are students who have completed +2 or equivalent courses.
- Students who have passed 10th with min. 50% marks should join 1st the ITI certificate course of 2 years duration. 10th +2 years ITI with an equivalent certificate are also eligible to join a B.Voc. course.
- Aurovilians Kids will get a 10% discount on College fees.

For more Information please contact

- 8903166923 or 0413 2980040 or visit our campus in Irumbai.

Dr. Sanjeev Ranganathan & Lavkamad

AUROVILLE MATTERS

LOOKING FOR NEW CONTENT

for the History section on www.auroville.org



The web team is looking for articles and stories of how our communities and units came into being and what challenges were faced.

Our History section has some interesting content but we would like to expand it to include stories of your community or unit (with photos if possible).



Currently we are interested in communities and units that began in the sixties or seventies, such as Aspiration, for example.

Please send an email to webmaster@auroville.org.in or abhaprakash@auroville.org.in if you would like to contribute a story. Any length under 1000 words is welcome!

SACRED SONG CIRCLE

with Vasudev

18 June, 6:30— 8 pm @ Harmony Hall, Bhaeat Nivas



Sacred Song Circle with Vasudev

An evening of song, heart and presence

6:30 - 8 pm, Sunday June 18
Harmony Hall
(Bharat Niwas)

Vasudev has sung mantras since 1987 as part of his devotional practice. He is sharing a few days with us in Auroville en route from his home in Ubud, Bali to his hometown, Oslo Norway.

A talented singer/musician is coming through Auroville in transit between Bali and Norway and at my request is offering a sacred song circle / kirtan on June 18 at Harmony Hall. Vasudev is a long-term sadhak and mediator who has studied with many spiritual teachers. *Thank you, Kaia*

ART FOR LAND

ART FOR LAND PRESENTS

Blissful Rhythms of the Spirit

5 May to 31 July, 10am—12:30pm and 2—4:30pm

Dance with Soham

5 May to 31 July, Every Friday, 4—5:30pm

@Unity Pavilion

Art for Land Presents

Blissfull Rhythms Of The Spirit

"Inaudible to our deaf mortal ears the wide world rhythms wove their stupendous chant to which life strives to fit our rhyme beats here, melting our limits in the illimitable tuning the finite to infinity"
- Sri Aurobindo

Dance with SOHAM
Every Friday May 5th to July 28th
Time: 4pm - 5.30pm

"Life is worth living at one condition: You have to reinvent yourself thoroughly everyday"
- Soham

Exhibition Timings:
From May 5th to July 31st
10am to 12.30pm and 2pm to 4.30pm
NOTE: Closed on Sundays & Public Holidays.

Address:
unitypavilion@auroville.org.in | Unity Pavilion
International Zone, Auroville | 0413 - 2623576

NOTE: Closed on Sundays & Public Holidays

'Inaudible to our deaf mortal ears the wide world rhythms wove their stupendous chant to which life strives to fit our rhyme beats here, melting our limits in the illimitable tuning the finite to infinity' Sri Aurobindo

- Life is worth living at one condition: You have to reinvent yourself thoroughly everyday
- Lose yourself in the ineffable beauty of the stars

Soham

HEALTH CARE

SANTÉ SERVICES IN JUNE 2023

Working Hours

- Monday—Saturday, 9—12:30pm & 2—4:30pm

Tests and Sample collection

- Monday—Friday before 12pm.
- No sample collection on Saturday.

For emergencies

- Auroville Ambulance 24/7: +91 9442224680
- Government Ambulance 24/7: 108

Appointment

- Please call Santé on 0413 2622803 during working hours for an appointment

Santé Services Schedule

Doctor consults with Dr. Senthil & Dr.Sana, Monday to Saturday	Nursing Care , Ezhil, Thilagam, Archana & Sandhya, Daily, No appointment necessary
Ayurveda with Dr. Sonia, TOS	Physiotherapy with Osnat—Tuesday & Thursday
Acupuncture with Andres—Monday To Friday	Homeopathy with Michael—Monday / Wednesday / Saturday
Integrative Psychotherapy with Juan Andres, Monday To Friday	Pregnancy Care & Women's Wellness with Paula, As Per Availability
Physiotherapy & Massage with Galina, Monday/ Tuesday/ Thursday/ Friday	Physiotherapy with Rebeca, TOS
Bio-Well Assessment (Evaluation of your well-being) with TOS	Functional Medecine with Lize, As Per Availability

- In Santé, we value our patient's confidentiality & make every effort to ensure their privacy.
- In case of cancellation or to reschedule, it is necessary to inform us in advance.

Love, Dasha

AUROKIYA FIRST YEAR ANNIVERSARY and Moving to Arka

Aurokiya is gratified in celebrating our first-year service anniversary, providing eye care to Auroville and bioregion. On this memorable occasion, we would like to thank each one of you for your support in making the dream come true. One year back we started our journey by establishing the center on May 22 and today we have grown to provide a holistic eyecare service.



We would like to share with you that Aurokiya is moving to Arka soon and will provide a complete Integral Eye Care service to Auroville. Our teleconsultation support with Aravind Eye Hospital will continue. We will have a dedicated eye exercise and vision therapy section. The work for bioregion, schools, and workplaces will continue through our outreach activities.

We require your kind support for the shifting process, arrangements, and renovation works.

Our Aurokiya Financial Service Account is 251595.

Services available at Arka from 5 June

- Emergency eye care services
- Complete eye testing facilities for all eye problems
- Follow-up services for surgeries and consultation from Aravind
- Spectacles, contact lenses, and coolers
- Eye medicines
- Personal guided support to visit Aravind eye hospital
- Eye exercise training, eye yoga sessions, and vision therapy sessions with the support of School for Perfect Eye-Sight and Natural Eye Care, USA



Thank you for your good wishes for our ongoing service. We will be happy to see you in our new location in Arka in June.

- You can learn more about Aurokiya by visiting our website: <https://www.aurokiya.com/>
- Contact:
 - aurokiya@auroville.org.in, aurokiya@gmail.com
 - WA/ Mobile: 8012305151

Warmest Regards, Aurosugan
for the whole Aurokiya team

MAATRAM WILL STOP OCH TILL END OF JUNE OCH (Open Consultation Hour)

For appointments please

- Message or call: 90877 09434
- Email: maatram@auroville.org.in
- Website: maatram.org.in
- Location: Mitra Youth Hostel near Town Hall.



Warmly,
Megha for Maatram

ANIMAL CARE

A GATHERING of the National Animal Rights Day (NARD) Sunday, 4 June @ Sri Ma Beach



**OUR PLANET.
THEIRS TOO.**

A small group of animal rights activists from Auroville and Pondicherry, are pleased to announce that the National Animal Rights Day (NARD) is going to be celebrated at

SriMa Beach. NARD is a day of remembrance, education, and celebration for animals, and our commitment to this cause is the need of the hour.

Schedule:

- **4:30pm:** A brief introduction about the event and a moment of silence to commemorate animal suffering
- **4:35pm:** Walk begins from SriMa Beach, with the intention of creating awareness among the public through outreach using posters.
- **5:35pm:** Walk ends at SriMa Beach, gathering for signing the declaration of animal rights, celebration through artistic creativity and photos with the NARD material
- **6:00pm:** Snack distribution (poiluck-style)

Park your vehicles only in the designated spot in front of the entrance to the beach

Wear a simple black shirt / top so that our outfits look well blended in with the entire theme of the event.

You are welcome to bring any plant-based snack of your choice in reusable/ biodegradable containers.

Regards, Shubh, NARD Organizer
9267914188

ACTIVITIES

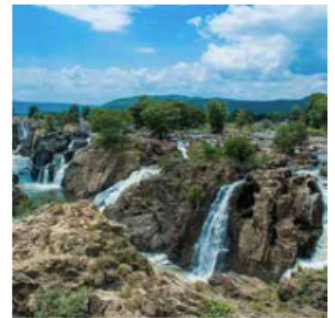
Tour To Hogenakkal Falls

I am going to arrange a tour to Hogenakkal; waterfall and lake, most likely in the first week of June.

It is around 300 kms from here, a beautiful spot for chilling and lying in a cool waterfall lake, one can search in Google.

Please contact me, if you are interested to join the tour, alone or with family. I am intending to take a tempo traveler A/C.

- Please WA @ 9090819998. Date and tour plan etc. can be discussed.



Best wishes, Arabinda

BAMBOO CENTRE Workshops June 2023

Bamboo Centre Campus Tour

Bamboo centre campus tour offers a holistic experience into the world of bamboo all in one place. Takes you from the bamboo sapling, different species, varieties of raw materials, workshops, products, food and wellness services related to bamboo is curated into an educational tour with bamboo tea and refreshments.



Training and workshop

The importance of Bamboo as an Eco-friendly raw material capable of meeting many needs and is gaining global acceptance among many people.

Being a natural gift to mankind, bamboo is very popular due to its multipurpose use, fast growth, easy propagation, soil binding properties and short gestation period.

- **Daily:** Make and Take Hands On Workshops, Experiences and Educational Tours available

One-Day Make and Take Workshops

Furniture Workshop

- 9am—12:30pm; 1:30—5pm, every day except Sunday
- Registration one day in advance.

This Immersive Learning Experience that offers the Opportunity to learn the Fundamentals of Furniture Construction and then MAKE AND TAKE the Furniture Piece Back home. This Unique Workshop will take place under the Guidance of an Expert.

Bamboo Toys

- 9am—12:30pm; 1:30—5pm, every day except Sunday
- Walk-in registration available

Come and learn to make your own Bamboo Toys at Bamboo centre and take home your own hand made Toys at the end of the workshop.

Bamboo Musical Instruments

- 9am—12:30pm; 1:30—5pm, every day except Sunday
- Walk-in registration available

We at Bamboo Centre are happy to share our vast experience and knowledge gained over 15 years. Come and learn to make your own traditional / folk instruments at our centre from professional crafts men and take home your own hand made instrument at the end of the workshop.

Bamboo Jewellery

- 9am—12:30pm;
1:30—5pm, every day except Sunday
- Walk-in registration available

Choose to craft, out of bamboo and learn to make your own Bamboo Jewellery at Bamboo Centre from professional craftsmen and take home your own handmade Jewellery at the end of the workshop.

Experimental Various Bamboo Lampshade

- 9 & 10 June, 9am—5pm

This workshop focuses on small scale lampshade making from bamboo and wood combinations.

The Bamboo Lampshade workshop will take place over 2 days, covering full day intensive sessions offered daily from 9am to 5pm.

Bamboo Nature Camp at Kolli Hill

- 29 June—2 July, 9am—5pm

This workshop focuses on construction from bamboo and various natural materials .

The Bamboo construction workshop will take place over 4 days, covering full day intensive sessions offered daily from 9am to 5pm.

For more information, special requirement, and pre-booking contact

- Preferred through Email at bamboocentre@auroville.org
- or telephone number:
+91 8300949081, 0413 2623806
- Flexible training dates offered to groups
 - Contact: Voice call and WA: 8300949081
 - bamboocentre@auroville.org

www.aurovillebamboocentre.org

Thanks and Regards,
Murugan

POETRY

THE ONLY ONE

Transcendent of Its Cosmic Play

Immanent in Universal Matter

At play as the Dynamic Individuals

On this Divine Earth emerging soon...

The Supramental Manifestation

**Zech,
2023.05.25**

BIOREGION

ENLIGHT:

Social Responsibility Outreach Initiatives

To provide meaningful and mutually beneficial opportunities to share knowledge, exchange ideas, consider practice, discuss challenges, generate learning and build connections.



Amantran Agaman



which is welcome and begin has for its endeavor to facilitate understanding of the bio region villages their communities and culture. By framing the experiences in a language allowing visitors and guests to understand local customs and traditions. Design and deliver peer and collaborative continuous learning relationships as part of human interactions for Inclusive Growth. Facilitators being the youth of the local vil-

lages through experience sharing and activities.

Bringing social and economic benefit in an inclusive, sustainable and people-centred way. Focused on people-centred and locally-led approaches driven by inclusivity of individuals and communities. Activities and learning being co-created, developed and delivered by, with and for the people, communities, practitioners, organisations and decision-makers.

Kalai marrum kaivina

is a service that has for its objective to aid and assist the underprivileged but hard-working bioregion village artisans and craftsmen in a growing technology run and industrialised world to key their arts and crafts to continue in continuity. KMK is a bridge of contact for all contributors to contribute to their upliftment and respectful livelihood. Ensuring continuity of their valuable and rich knowledge and experience as a blessing and boon from them as a community activity for the village's growth and development.



- Mentoring local village folk to build and grow their concepts and ideas, live their goals and dreams.

- Hand Holding to implement tools, technologies, procurement and marketing activities.
- Eco-system to interact with peers to share expertise and experiences together to grow opportunities.

Weaves for Dreams



is a social initiative by women for women. A nation gets developed via women empowerment is possible only through associating them to self-employment, but it is not an easy task for village and tribal women. They have to depend on others for their dreams and

it keeps them backward. The goal of **Weaves for Dreams** is to provide a platform for women to weave their own path to self-emancipation through skilling and working their skills to economic and financial stability.

- All of the women will have increased their basic knowledge on clothing activities like drafting, knitting, darning, cutting and stitching new garments.
- They will have gained the skill of tailoring which helped them to earn a decent amount of money for their livelihood lifelong.
- This training course will give all these women a sense of self-reliance that they shall have not to be dependent on anyone for money.

Tamizh Consciousness

at its simplest, is sentience and awareness of internal and external existence. Tamil' means 'sweetness' and 'Culture' has been defined as 'sweetness and light'. 'Tamil' and 'Culture', therefore, make a most graceful combination both in Language and Life. Culture has been defined as a 'way of life', as 'sweetness and light', as 'activity of thought and receptiveness to beauty and humane feeling'. Imbibing Tamil tradition and culture to the youngsters, to sensitize young minds on the rich legacy left back by their ancestors.



For the future generations to take pride in its land and its rich language and culture. Be proud of displaying our cultural richness to people of other states. Share with our fellow members that Tamils were a pioneer in all the form of sciences, be it medicine, astrology or food habits. Our past generations knew that Music has a very deep connection with sound health; they used 108 musical instruments to facilitate good health and well-being using sound as a medium.

- Creating awareness programmes official and school level programmes.
- Designing and conducting cultural programmes at community as well school level.
- Establishing cultural societies at the school level for educational development.
- Organize competitions and conscious circles of learning.

Your support and donation

will aid in developing the local communities which is the main goal of conscious tourism.

- <https://auroville.org/page/donate-from-india>

Kindly contact us at the following email ID before making your contributions:

- enlight@auroville.org.in

For Enlight Team, Arun, Anand, Balaji.

HELP NEEDED

Aspiring Newcomer Looking For House-Sitting

Hello Everyone, I am Shaheen a SAVI volunteer and I am looking for a long-term house sitting over the next few months (July Onwards) as I have to move out as soon as possible. I am pet-friendly and would also like to part-take in chores/ taking care of things. I have also begun my Newcomer process to be a part of the loving community. Any leads welcomed.



- Please do contact me over +91 8056058269 / write-withshaheen@gmail.com. *Love and Light, Shaheen*

Need a Stylus

Dear community, I am learning to draw on a tablet and PC. But I don't have a stylus. Do you have one I can borrow?

Contact : +91 81485 89246

Thank you, Mélusine, Révélation



TAXI SHARE

To Chennai Airport, 23 June, 4am

Taxi sharing available. Friday, 23 June, 4am leaving Auroville and going to Chennai Airport. Please contact Serena on 8489760966 WA. *Love and light, Serena*

To Chennai Airport, 8 June, 8pm

Auroville to Chennai Airport, Leaving Auroville between 8—9 pm, on June 8, Thursday Night. Please contact, 8447181515, kumarsehdev455@gmail.com, *Kumar*

From Chennai Airport, 19 June, 1am

Chennai Airport to Auroville, Leaving the airport between 12:45am to 1:30 am on June 19, Monday morning/ Sunday Night. Please contact 8447181515, kumarsehdev455@gmail.com, *Kumar*

FOODS, GOODS AND SERVICES

ELECTRICAL WORK

Sridhar a hard working technician who is looking for a work at house

- Electrical installations
- Electrical cable pulling
- Internet cable wiring inside your premises
- Fibre optic cable wiring inside your premises
- Ethernet cable wiring inside your premises
- Electrical appliances repairing/servicing



If you have any repairing and new wiring work needs to get completed quickly

- Please feel free to contact me: 9943919899, ramkrishna@auroville.org.in

Ramkrishna

GUEST REGISTRATION SERVICE

Summer Schedule



Guest Registration Service at Town Hall will be

- open **ONLY** in the mornings during the month of June 9:30—12:30, Monday—Saturday
- closed in the afternoons.

Guest Registration Service Team,
Visitor Center,
grs@auroville.org.in,
+91 413 2622704, 2623449, Raji

SOLITUDE FARM BASKET SERVICE

For many years Solitude Farm has run a basket service where we provide a basket of fruits and veg, and greens on a weekly basis.

In this summer season we have papayas, soursop, pineapples, jackfruit, mangos sometimes, guava, a little later there will be chikoos and there are also various vegetables such as beans and, bottle gourd, pumpkin, brinjals, capsicums, spinach and a bag of mixed greens that we use for Salad at the farm cafe.

If you have a connection to Tamil culture, there are banana flowers, sundakkai (turkey berry), banana stem, green mangoes and more. There is even a juice kit with flowers and leaves that make delicious coolers.

The produce changes through the seasons and we invite participants to come and learn from us how to use produce such as jackfruit seeds or bread fruit, green papayas etc.

- The baskets can be picked up on either Monday, Wednesday or Friday.

The pricing changes depending on how long you subscribe for. A one year subscription is much cheaper than a one month subscription. The baskets are generous in size and can weigh up to 8 kgs, the more you understand local foods, the more produce we are able to give!

If you would like to eat food that has no carbon footprint and does not harm Mother Earth, food that is equally tasty and also reflects the values of Ayurveda, often addressing problems such as Diabetes and other such diseases, then the basket service is a great local solution for sourcing organic and most importantly local produce.

- If you would like to sign up for the basket or the lunch scheme at Solitude Farm Cafe, please contact us.:

solitudepermaculture@gmail.com
9843319260 WA, Solitude farm & café
Auroville, Krishna



Solitude Farm

FREE STORE SUMMER HOURS

Dear Aurovilians & NewComers,

- the Free Store will be open **Monday to Saturday** in the mornings only from 9am to 12:30pm, for the months of **May and June 2023**.

Please bring the clothes in good condition and clean. We request you to drop your things during opening hours only. A few times we found the clothes soiled by some pets or even didn't get the dropped things at all.

Thank you for your collaboration!



Kamala & Vijaya

SAVI HAVING SUMMER BREAK



Two weeks: 22 May—5 June

Dear Community, Savi will be having its summer break for two weeks starting from 22 May.

- We'll be open from the 5 June.

Regards, the Savi team

LATEST NEWS FROM INSIDE INDIA—TRAVEL SHOP

Due to the road construction you can only reach us via the Garden Entrance of Kalpana opposite Humanscapes

- Our e-mail address has changed to travelshop@inside-india.com, landline 2623030

Mr. Ganesh our Travel Consultant

- Will be at our Kalpana office from 10am—4pm Monday to Friday. Saturdays only on appointment.
- He can also be contacted anytime: +91 9894598686, phone or WA
- or by email: travelshop@inside-india.com

- Lufthansa starts daily operation of Boeing 747-800 from Bengaluru to Frankfurt effective 2 June 2023
- Air India has direct (dream liner aircraft) flights from Delhi—Amsterdam from 11 June onward, 4 flights weekly—Monday, Wednesday, Friday, and Sunday
- Flying Emirates to Dubai gets a complimentary hotel stay. First Class and Business Class customers will get a two-night stay for 25 hours at Hotel Dubai One Central. Premium Economy and Economy Class customers will get a one night stay at Novotel Trade Center Dubai. All customers will benefit from a 24-hour check-in and check-out policy.
- Please be advised that, in accordance with travel requirements to Russia, passengers flying to Moscow will need to have a valid return ticket on Oman Air. Two separate one-way tickets on different airlines will not be eligible for return travel.



Flights from Chennai

- Etihad has special fare to London, Frankfurt, Milan and Amsterdam
- Air Vistara offers fare to London, Frankfurt
- Srilankan, KLM, Air France competitive fares are available to Paris,
- SriLanka has daily flights with special fares to Melbourne, special offers on flights to Seoul from Chennai in Economy class; flights are weekly two days Tuesday and Sunday and weekly three days on Monday, Wednesday and Friday from Chennai to Narita also.
- Qatar airways has offers to Milan Qatar airways pleased to announce:
 - 4 weekly flights to Nice starting from 9 May 2023.
 - 4 weekly flights to Lyon starting from 3 July 2023. Resumption of daily flights to Birmingham starting from 10 July 2023.

Keep all Covid vaccination documents as some countries are again requesting to present them. This could be even the case while returning to India. Keep in mind that one Indian state has introduced wearing masks in public spaces and Kerala is recommending it too.

Joster

WHAT IS HAPPENING IN AUROVILLE?

Someone asked? "Whose Auroville is it?"

The straightforward answer:

- This is the Auroville of the Supramental Avatar Sri Aurobindo and the Mother.

But to dispel the confusion, it is best to fully understand the basics.

It is now becoming common knowledge on this planet Earth that We are All One, that All are Divine as there is Only One.

The illusion of separation is only a distorted perception of a lower consciousness. Thus also distorted the actions, the effects of which are the cycles of pleasures and sufferings seldom seen as karmic. But as mentioned, based on conscious observation, more and more are waking up from this illusion.

In this Oneness it is obvious that the One expresses Itself as the multitudinous Uniques. Ones without a second. Just carefully, consciously look around. Some forms may look identical, but even each leaf in a single tree is positioned in space and time differently. Look up in a clear starry night and behold in bliss the magnitude of the Beauty and Preci-

sion, the Power and Perfection of the One Consciousness-Force upholding this limitless, vast Cosmic Universe.

This is the Lila of the One: a Divine Cosmic Play of the Infinite expressed in a hierarchy of Consciousness-Forces, multidimensional beings of all unique sorts trying their best to exert upon each other assistance, control and influence.

Within this cosmic hierarchy, the Avatar is the Direct Emanation of the Supreme Authority, manifesting as and when necessary to effect a paradigm shift in consciousness and life whenever the time is ripe.

The most recent Avatar Sri Aurobindo and the Mother were embodied in human form to show the transitional humans in this particular World of Matter-Life-Mind-Psychic how to progress towards the next stage of evolution that now includes the Supramental, the new consciousness-force that Sri Aurobindo and the Mother brought down into the Earthplay. Thus the term Supramental Avatar.

In the progressive course of individual and collective transformation during their human lifetime, the Supramental Avatar created this City of Dawn to hasten the evolutionary process by bringing in representatives of different soul archetypes in a concentrated space within Bharat the Guru of the World, a cradle for the transitional species the human beings to congregate and engage, as in a metamorphic cocoon, from which the new species the Supramental being will eventually emerge.

This City of Dawn is Auroville.

And once more as the Avatar is the direct emanation of the Supreme, here is just one of many special Revelations and Mandates direct from the Supreme on how to consciously live and evolve, how to be a True Aurovilian, as willing servitors of the Divine Consciousness:

1. The first necessity is the inner discovery in order to know what one truly is behind social, moral, cultural, racial and hereditary appearances. At the centre there is a being free, vast and knowing, who awaits our discovery and who ought to become the active centre of our being and our life in Auroville.

2. The fulfillment of one's desires bars the way to the inner discovery which can only be achieved in the peace and transparency of perfect disinterestedness. One lives in Auroville in order to be free from moral and social conventions; but this freedom must not be a new slavery to the ego, to its desires and ambitions.

3. The Aurovilian should lose the sense of personal possession. For our passage in the material world, what is indispensable to our life and to our action is put at our disposal according to the place we must occupy. The more we are consciously in contact with our inner being, the more are the exact means given to us.

4. Work, even manual work, is something indispensable for the inner discovery. If one does not work, if one does not put his consciousness into matter, the latter will never develop. To let the consciousness organise a bit of matter by means of one's body is very good. To establish order around oneself helps to bring order within oneself. One should organise one's life not according to outer and artificial rules, but according to an organised inner consciousness, for if one lets life go on without subjecting it to the control of the higher consciousness, it becomes fickle and inexpressive. It is to waste one's time in the sense that matter remains without any conscious utilisation.

5. The whole earth must prepare itself for the advent of the new species, and Auroville wants to work consciously to hasten this advent.

6. Little by little it will be revealed to us what this new species must be, and meanwhile, the best course is to consecrate oneself entirely to the Divine.

[When this was to be published at the end of 1971, Mother added:]

"The only true freedom is the one obtained by union with the Divine. One can unite with the Divine only by mastering one's ego."

And what happens from here onwards?

We have observed and experienced the hastened and intensified evolution of consciousness and life on Earth since the progressive descent of the Supramental Consciousness-Forces in 1956, 1969 and 1972. We are now in 2023 and it is very clear that this global psychophysical transformation is unstoppable.

As what has been happening since the dawn of this evolutionary universe, the contrasting cosmic players will continue their complementary play until full psychophysical Yoga, a reunion with the Supreme is effected. As initially revealed by the Supramental Avatars, we are now seeing and experiencing the transitional forms and beings constantly emerging that will eventually result in a totally new species the Supramental being that will govern this world divinely.

These ongoing transitional stages are obviously discomfuting, especially for the uninitiated.

That is why one of the Supreme Mandates is the Sunlit Path of Surrender, the easiest and most joyful in the triune legs of Bhakti-Jnana-Karma Yoga. With this Divine Love Gift we can joyfully offer for modulation the results of our unfathomable intertwined actions, conscious or otherwise, to the Supreme.

May the Divine Grace, Light and Love be with us all...

Towards a Life Divine.

Om Namō Bhagavate, Zech, 2023.05.28



The Path of Yoga

The Mother made this drawing to explain to a child the meaning of Yoga. Man is at the bottom, the Divine at the top. The wavy line is the path of the ordinary life, the straight line the path of Yoga

ASPIRING TO CONNECT

part 5

In continuation of episode of Śunahśepa Akhyān narrated in 'Aspiring to Connect-4', it will be interesting to review the modern track & field event of 'Pole Vaulting' at the level of Olympic Championship.

The life achievement and efforts put in by the great Soviet athlete Ukraine **Sergey Bubka** (1981-2001), it took him nearly 20 years to create this fantastic and so far unbroken record of achieving the height of (20 feet, 1.75 inches).



Just scan this QR Code on your Smartphone to enjoy the video of a genius track & field exponent Sergey Bubka's Gold Medal & Olympic Record—Seoul 1988 Olympics video. It may be worthwhile to repeatedly observe the video few times to understand and realize the intricacies of the event and co-related with the worldly as well as spiritual aspects inbuilt in this event.

This is one of the symbolic events chosen for our study.

If we study this video a few times and deliberate deeply on the constant, conscious, tireless efforts for a long period of time fructifies into such a fantastic achievement.

Although this act is pursued by an individual like Sergey Bubka, but it brings prestige to the nation/continent. In buildup to this achievement, besides the tremendous individual efforts, lot of other people in the community have played active role in terms of apparel, instruments, coach, other support staff etc.

This requires sincere and dedicated commitment of an individual like Sergey Bubka to practice and participate in different competitions of state and international levels to continuously progress and achieve higher goals to reach and qualify for such prestigious event like Olympic.

Continues practice of running with major steps along with the core at measured speed and finally jump at a particular point by landing the pole at a particular place, raise oneself with the other end of the pole to the height of the bar to be crossed and as shown in the video and leave the pole at right time to reach the other side and drop himself surrendering to the divine on his back on the mattress.

Looking at this event from the spirituality angle it can be said that 'Pole' is the EGO, the 'Bar' is the BORDER between the world and the Divine. Before reaching the Bar, one is required to remain attached to the earth / soil, control is vital, mental, intellectual, emotional aspects so as to reach the Bar and then raised oneself to cross the Bar and reach the other side i.e. THE DIVINE.

Dr. Vijaysinh L. Ramaiya, NewComer
Vikas, 9974171108, vijaykunjvalsad@gmail.com

SATYAYUGA

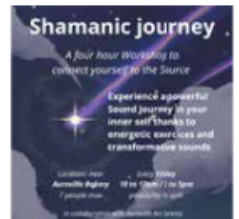
Location: near Auroville Bakery *Can move on demand*
Satyayuga - in collaboration with Auroville Art Service
WA: +91 76397 61930 - jlmalor@yahoo.fr
FB: Satyayuga Energy Vibration

Energy Vibration

- **Reiki with Kototamas:** give energy for the wellbeing and struggle against stress
- **QiGong:** work on the rejuvenation of the body & automassage and Yoga facial. 7 people max
- **Personal trainer:** using Karla Kattai, conscious muscular exercises and stretching of articulations 1 to 3 people
- **Reflexology:** Manual and natural method centered on the selfregulation of human body by pressing reflex zones & Vibrational massage with bowls
- **Nada Yoga Ananda:** Connect to your inner self through Vibrating Chants, @ 4pm for about 2hours.
 - Ecstatic Wednesday
 - Shamanic Friday
 - Sacred Sunday



- **Gongs, Tibetan Bowls & Didgeridoo meditation for Full Moon and New Moon.** Working with the energetic forces of the Moon, we will create an energetic field to power your intention. @ 7pm for around one hour
- **Tibetan bowls. Gongs. Five Elements Sound Massage.** Connect to your inner self through Sound Massage and Vibrating Chants & find peace in a Sound Cocoon
- **Shamanic journey.** A four hour Workshop to connect yourself to the Source. Experience a powerful Sound Journey in your inner self thanks to energetic exercises and transformative sounds. Every Friday, near Auroville Bakery, 10am—12noon & 3—5pm. 7 people max, possibility to split



Warmly, Satyayuga (Jean-Luc Malor)

NEEDED SHIATSU MODELS!

4 to 11 June 2023, mainly times after 3pm,
@ Budokan, Dehashakti.

Always wanted to check out Shiatsu? Shi-atsu, this therapeutic 'thumb pressure' touch which is so much more than that!

Save dates and times, connect with us before the training and we'll invite you for your special taste of Shiatsu.

Many models needed! Spread the word! Please come in comfortable and flexible clothes. Shiatsu is practiced on the mattress on the floor with a clothed body. Let us know any health issues that you are facing in case there are any.



- For any questions and registration: Ulrike Urvasi 9751513906 (WA, Signal, Telegram)
- mothersworkforTheMotherswork@gmail.com. Ulrike



ARKA

WELLNESS CENTER & MULTIPURPOSE HALL

Regular activities, June 2023

Classes

Classes	With Whom	When
Acro Yoga	Damien 9047722740	Monday: 3 —4:30pm Tuesday: 5 —6:30pm
Pilates	Teresa 7867998952	Tuesday & Thursday, 7:30—8:30am. Friday 5:30—6:30pm, Only by Appointment.
Iyengar yoga	Olesya, 9159052743	Monday, Wednesday, Saturday, 6:30—8am. Monday, Thursday, Saturday, 5—6:30pm.
Sound Chakras healing	Lakshmi, 8489764602	Only by Appointment

Treatments

Treatment	With Whom	When
Body Logic, Soft Massage And Deep Tissue Massage.	Pepe, 9943410987, by appointment (TOS)	Monday to Saturday
Cranio sacral, Lomi Lomi Kahuna massage, Barefoot body massage	Silvana, 9047654157, by appointment	Monday to Saturday
Facial, Manicure, Pedicure, Threading, Waxing, Haircuts, Haircolouring, Hennacolouring	Meha, 9443635114, by appointment,	Monday to Saturday
Tarot, Oracles and Akashic Records Reading	Valentina (TOS): 9791719387, +39346225804, WA	Monday to Friday (Morning)
Psychospiritual Introspective Tarot Reading, Deconditioning Self Inquiry. Also in French	Antarjyoti: 0413 2623767, antarcalli@yahoo.fr	Monday to Sunday

Thanks & Regards, Ramana

CINEMA

THE FRENCH PAVILION PRESENTS:

Genesis

Saturday, 3 June, 5pm, Town Hall—Cinema Paradiso

Directed by Claude Nuridsany, Marie Pérennou.

in French with English Subtitles, duration: 81min

A storyteller relates the creation of the world. A tall tale like all yarns. But this tall tale is a true tale—it is our very own story. The birth of the universe, the formation of the Earth, the appearance of life, the emergence from the waters, the colonisation of earthly paradise...a tremendous, event-filled saga unfolds before our very eyes. This “flamboyant” Genesis, both modern and timeless, is “enacted” by the direct descendants of those who were part of it—the animals. By the directors of Microcosmos.



Vivekan

STUDY CIRCLE: SUMMER BREAK

We are taking
A SUMMER BREAK.
We will resume with our
study circles
from August 2023.



A CALL FOR SUBMISSIONS:

8th Edition of the Auroville Film Festival

The 8th Edition of the Auroville Film Festival will take place in January 2024. We are now open for submissions, films for the three local categories are to be entered using the form on our website <https://film-festival.auroville.org/submissions-2024/>:

AUROVILLE 2024
8TH FILM FESTIVAL

1. Films made by Aurovilians, bioregion residents or guests of Auroville
2. Films made about Auroville / bioregion
3. Films made by students of Auroville / bioregion

Students 17yrs old and below are eligible to enter films in the students category. Films produced after August 15, 2021 are eligible for above 3 categories and the deadline for submission is September 15, 2023.

A note to prolific filmmakers: please do make a selection of the best! In this edition we have decided on screening only 30hrs of films in total (the last editions screened 50hrs!).

- Entries for the international category of “Films that develop the theme of human unity” are to be submitted via <https://filmfreeway.com/AurovilleFilmFestival>

Films for this category need to be produced in January 2021 or later and the deadline for submission is July 31, 2023.

Please do submit your films to AVFF'24 and help spreading the word.
Submitted by AVFF team

ECO FILM CLUB

Every Friday at Sadhana Forest



Schedule of Events:

- 16:00 Free bus from Solar Kitchen to Sadhana Forest for the Tour
 - 16:30 Tour of Sadhana Forest
 - 18:00 Free bus from Solar Kitchen to Sadhana Forest for the Eco Film Club
 - 18:30 Eco Film Club begins with ‘previews’ of short Sadhana Forest films
 - 20:00 Dinner is served
 - 21:15 Free bus from Sadhana Forest back to Solar Kitchen
- Before the movie, at exactly 16:30 you are welcome to join us for a full tour of Sadhana Forest and an update of our most recent work! After the film, you are welcome to join us for a free 100% vegan organic dinner! The bus service is operated by Sadhana Forest. For more information about the bus service please contact Sadhana Forest at 8525038274.
- **Note:** Families and children are welcome! Dinner for children will be served at 19:00:)

Friday, 9 June

Ecotourism: Winds of hope for the planet

2023 / 51 minutes / Planet Doc

This thought-provoking documentary will have you thinking about how we can help heal our planet. Ecotourism provides a route for ecosystems to benefit from visitors with thoughtful and kind approaches to meeting with flora and fauna of new lands. From greater Flamingos to Orangutans to humans, everyone benefits from a change in our choices.

Submitted by Shek

FO N&N REGULAR ACTIVITIES, WORKSHOPS AND MORE

AWAKENING SPIRIT

AMPHITHEATRE—MATRIMANDIR

Every Thursday at sunset, 6 to 6:30pm
weather permitting

Meditation with Savitri read by Mother to Sunil's music

Enjoy the beautiful open space, an immense sunset, heavenly music in the very center of Auroville!

Reminder to all

- The Park of Unity is a place for silence, meditation and inner work and is to be used only as such.
- We request everyone: please do not use cameras, I-pads, cell phones, etc. No Photos.
- Dear Guests, please carry your Guest Card with you. Access only for the Amphitheatre from 5.45 pm and until meditation ends.

Surya & Velmurugan

DAILY PEACE MEDITATION

- Unity Pavilion, Peace Hall
- Monday, Tuesday, Wednesday, Friday, 6 to 6:45pm
- Thursday, 5 to 5:45pm



Submitted by Arun



SALSA DANCE CLASS

- **Beginner Class:** Every Tuesday, 6:30pm
- **All Levels:** Every Saturday, 6:30pm
- **By appointment** any time you can do Salsa, Bachata Kizomba
- **Need To Bring:** Socks, Water, Smile
- **Venue:** New creation Dance studio
- **Register before coming:** +918637633696



Mani, @bakisata_dance

FOOD FOREST TOUR

FOOD FOREST TOUR

I welcome you to a tour through my permaculture garden! We will take a look at local foods and you will get an idea on how to start growing your own food.

Come and connect with nature and learn about healthy and sustainable food options

This tour includes a **MINI-RAW-FOOD-WORKSHOP** where we will harvest herbs, fruits and flowers to prepare some delicious **VEGAN ICE CREAMS** and more...

EVERY SUNDAY from 9:30 to 11:30
at La Ferme Community (5min from AV Bakery)

Sign up and info's whats app Sarah 9047421044
sarah@auroville.org.in

www.youtube.com/myfoodforest

Every Sunday, 9:30—11:30,

at La Ferme Community (5min from AV Bakery)

Sign up and info's: 9047421044 WA, Sarah
sarah@auroville.org.in, www.youtube.com/myfoodforest. Sara

ART WORKSHOPS BY SENIOR ARTIST ABHIJIT ROY

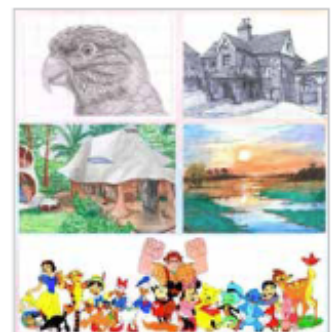
Every Thursday & Saturday, 2—4 pm

Study Room, Sri Aurobindo Centre, Bharat Nivas

Come along and learn how to sketch paint & draw under following categories of your choice.

- Fundamentals of drawing (10 sessions)
- Duration: 2 hours
- Contribution required

For Registration please send an email to bharatnivas@au-rovillle.org.in



Regards, Vani, BN Cultural Team

TRIP TO THIRUVANNAMALI ORGANIZED



I am organizing a group trip to Thiruvannamali every Monday, leaving in the morning and back in the evening. If you wish to join us, please WA @ 9090819998.

Best wishes Arabinda

ACTIVITIES



SWIMMING CLASS

- Kids 6+ & Adults
- Courses from beginners to advanced level
- To book contact Mani, +91 8637633696

Submitted by Mani

TANGO DANCE CLASS

Every Monday, Cripa, 6:30pm

- By appointment: Any time you can do class

Information

- Bring water bottle, socks
- Every month new batch beginner
- Minimum commitment 1 month
- Listen more Tango music
- Dance Tango every day by booking for couples or Individuals
- Be on time



For bookings contact us:

- +918637633696, bakisatadance@gmail.com. Mani

RUPAVATHI JOY ACTIVITIES

Bio-region Temple Tour

- Every Sunday, Wednesday and Saturday 9am—12noon, starting from Solar Kitchen



Indian cooking

- Every Monday to Friday after 5pm at Creativity.
- Every Saturday and Sunday, 10am to 5 pm



Thai Massage

- Every day at Creativity

If you want to participate, please book it in advance:

- +91 8098845200, Voice and WA
- rupavathijoy@gmail.com

Rupavathi Joy

FOODS, GOODS AND SERVICES

AIRCON AIR CONDITIONER CLEANING



Aircon Clean offer comprehensive Air Conditioner cleaning service known as "Jet Service"

The Jet Service includes not only the filter cleaning but also indoor cooling coils, blades, and blower wheels, indoor cooler drain tray cleaning with AC jet pump.

After a cleaning service your air is fresh and healthy, reducing sickness and helping you live a healthier life. Save up to 30% power usage with a regular cleaning service.

Contact Aircon Clean now

- 9786809518, airconclean.av@gmail.com

Regards, Julien

150DPI DIGITAL SOLUTIONS

We are an activity registered under Kattida Kalai Trust. Our activity has been serving our community since 2006. We provide the following services:

- Website design and development
- Web and mobile applications
- Domain and web hosting
- Security and maintenance
- Customised GST billing solutions
- UI and UX designs
- Database Development and Management
- IT Training



For 150dpi, Sathish Arumugam,
8098144686
hello@150dpi.com,
Surrender Community

HEALTH CARE

AURODENT DENTAL CLINIC



Dental Clinic
Auromode, Auroville.

For Appointment please contact us

Email: aurodent@auroville.org.in

Phone: 0413-2622063 What's up: 9629199328

Working hours

Monday – Friday (9am – 1 pm & 2pm – 6 pm) Saturday (9am – 1pm)

Submitted by Sudha

HONORARY VOLUNTARY WORK

GAU SEVA AT SADHANA FOREST!



Your heartfelt service is needed at the Sadhana Forest Gaushala!

You are most welcome to join us on any day from **6am onwards**, and have a vegan breakfast at **8:45am**.

Breakfast is offered as a gift, and there is no need for prior booking. If you would like to contact us:

sadhanaforest@auroville.org.in,
8525038274WA or call 8122274924

*Looking forward to welcoming you!
The Sadhana Forest team, warmly, Shek*

POUR TOUS WATER

Free Service To The Aurovilians



Dear Friends, Pour Tous Water provides free service to the Aurovilians as part of the prosperity vision (service for all).

We would like to express our gratitude to the BCC, which is supporting the budget to cover the running costs of Pour Tous Water.

The service and labor is free. If material is necessary for your work, the city service advances it, and you are paying to the collection account, which is going back to City Services only to cover the material cost.

Pour Tous Water would like to work with you in collaboration on transparency and accountability. All service transactions are through Financial Service accounts, we do not handle cash for the services and appreciate you helping us with this. Pour Tous Water keeps plumbing materials on hand for emergencies to save money on petrol and avoid time-consuming round-trips to the store.

- For plumbing and water works, please contact us at Pour Tous Water's office numbers: 2622899, 9843644308, and ptw@auroville.org.in.

Sincerely, Grace, for Pour Tous Water

ARIMUGAM

Offers its services voluntarily in gratis (Pro Bono) for the below areas only to individuals/activities who/which do not have a qualified and experienced in-house resource.



Focus:

- Startups: Products and Services
- Concept Note Writing, Project Proposal and Pre-defined Application Form Preparation, Financial Projections—Guidance only
- Email, Instagram, WA and LinkedIn Marketing, Business Communication and Content Writing—Guidance only

Contact Details: Surajkiran

- 98842 04918 Voice and WA, surajkiranv@gmail.com

Location: Auroville

Regards, Surajkiran

RED DOT CAFE

Low carb office lunch. Vegan option available. Sign up for a lunch scheme, perfect for a Group lunch meeting.

- Red dot cafe at Upasana
- +91 9962197716, upasanared.cafe@gmail.com



Uma

CLASSES, WORKSHOPS AND HEALING ARTS

MOTHER'S MUDRAS

Mother's Mudras in a Tai-chi Form.

- Every Tuesday at 4:30 at Savitri Bhavan.

On Sundays, after the Savitri reading, by 12, we practice also.

Everybody Welcome. Facilitator: Anandi ayūn

'A harmonious collective aspiration can change the course of circumstances'. **The Mother**



RELAXING OIL MASSAGE



- Relaxing oil massage to reconnect body and soul.
- Full body, 90 minutes.

On donation for aurovilians, newcomers and volunteers.

- *Someone could land me a MASSAGE TABLE to offer massages to an Aurovillian who had a stroke? For one or two months.*

Best regards, Umberto, 7598331379

1 YEAR PROGRAM IN VEDIC ASTROLOGY

I'm offering a new one-year program of Vedic astrology, designed to provide a comprehensive understanding of this ancient Indian system of astrology.

We will explore various aspects of Vedic Astrology, including the stories of the signs, mythology of the Nakshatras, using Avasthas and planetary strength, calculating and interpreting planetary periods, retreats on



the Navagrahas, and preparing for client sessions.

- Sessions will be online on Saturdays, starting from 3 June.
- Please message, if you're interested in joining. My email is vikram@auroville.org.in and WA +919843948288

Regards Vikram

ACTIVITIES BY LAKSHMI

Sound Chakras Healing

Guided vibrational sound journey using (Tibetan Bells and Tuning Forks therapy) to help to Reduce Stress, Anxiety, Depression, Insomnia, stimulating the natural cellular healing process, Rebalancing the emotions & Reconnecting with your true essence.



Benefits: Peace, Calm and Quietude, Mental clarity, Revitalizing, released, Improve sleep, Emotional and mental balance, Inner silence, Deep relaxation, Grounding,

- Individual session,
- Couple session,
- Small group (max 4 people)

Private Transformational Yoga Classes

- Transformational Yoga
- Pranayama to release Fear, Anger and Anxiety
- Pranayama to achieve Peace, Calm, Quietude and Clarity
- Breathwork

Transformational yoga is inspired by Mother and Sri Aurobindo's Integral Yoga. is an innovative and highly effective yogic system, which synthesizes techniques of Hatha, Raja, Mantra, and Kundalini Yoga to bring about rapid transformation within the mind, body and spirit. Powerful, yet gentle, everyone can reap the benefits of this purifying yoga practice. Please contact for an Appointment:



- 8489764602 Lakshmi or
- lakshmiprem369@gmail.com

Activity offered under Abhaya, an activity of ASSA, under Artisana Trust

Lakshmi

ANGAM TREE:

Holistic Wellness Initiatives

Angam Tree Wellness Hut has now with your grace grown into Angam Tree Varmam Wellness Research and Education



Centre a goal focused on Holistic Wellness. Our work in therapy and healing is focused on educating people to the importance of healthy living and conscious lifestyle. To together achieve a better and sustainable future in wellness for each individual and their communities.

Our community outreach and social responsibility work is fostering the following two initiatives:

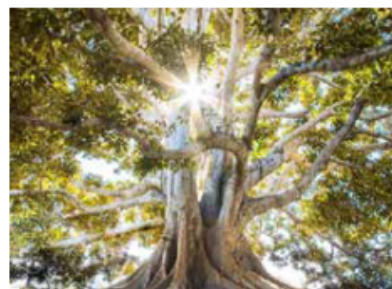
Massage Therapist Development Program

It is a scholarship based platform for bio-region villages. Student Massage Therapists to learn more about the science and craft of therapy via research and becoming a more evidence-based practitioner.

This is an opportunity to not only create a positive change in our learning and growth as contributing individuals within our communities, but also for other us to create better outcomes in our practice and generational continuity of our knowledge and skills.



Siddha Holistic Wellness Circle



To ensure continuity of our Tree of traditional and ancient healing systems. The sharing circle is focussed on facilitating meaningful action oriented dialogue, discussions and continuous learning's on yoga, meditation, massage therapy and sound healing.

Based in the lineage of siddha varma, or the yoga of adepts using verb and verse. As siddha yoga practitioners, believe that the science and practice of yoga are more than just systems of creating optimal health in the physical body and but means to achieve absolute knowledge, indestructible body, mind and spirit.

Angam Arogyam Udyan

It is the sum total of the knowledge, skill, and practices based on the theories, beliefs, and experiences indigenous to different cultures, whether explicable or not, used in the maintenance of health as well as in the prevention, diagnosis, improvement or treatment of physical and mental illness. Approximately 50% of drugs currently used are derived from medicinal plants. More than 80% of the world population has made use of some form of traditional knowledge in health, as a form of self-care in health.

- They are more affordable than most conventional medicines.
- They are easy to obtain and don't require prescriptions.
- They strengthen the overall immune system.
- They can stabilize hormones and metabolism.
- They can be found in nature, so cost very little to harvest and produce.

Your support and donations will help young individuals to learn and develop the traditional craft of therapy. Ensuring them a means of livelihood and continuity of the healing arts generation to generation.

- You can learn more about us and our initiatives at <https://angamtree.com/donate/>

For Angam Tree, Raja, +91 9751395939

EMERGENCY NUMBERS

Ambulance (24/7):

- Auroville—9442224680
- PIMS—0413 2656271

Security (24/7):

- Auroville Safety & Security Team—9443090107
- Auroville Police Station—0413 2677318
- Kottakuppam Police Station—0413 2236148
- Vanur Fire Station—0413 2677368

Health:

- Health Center—0413 2622123
- Santé—0413 2622803
- Farewell—8903836246

Mental health 24/7 support:

- Vandrevalla Foundation +91 999666555

India Emergency Response Service (24/7): 108

ACCESSIBLE AV PUBLIC BUS

avbus@auroville.org.in, +91 94430 74825



Auroville TO PONDICHERRY

	Trip 1	Trip 2	Trip 3
Svaram Musical Center	7:00	8:50	14:50
Veite Guest house—Junction	7:02	8:52	14:52
Town Hall—Main Parking	7:06	8:56	14:56
Solar Kitchen (Round About)	7:10	9:00	15:00
Certitude Entrance	7:12	9:02	15:02
New Creation Road	7:17	9:07	15:07
SBI Bank—Kuilapalayam	7:19	9:09	15:09
ECR Junction—Aroma Guest House	7:23	9:14	15:14
Quiet Healing Center—Junction	7:26	9:17	15:17
Lotus Hotel—S.V Patel Salai	7:36	9:30	15:30
Ashram Road Junction	7:38	9:33	15:33
Ashram Dinning Hall	7:40	9:35	15:35



Pondicherry TO AUROVILLE

	Trip 1	Trip 2	Trip 3
Ashram Dinning Hall	8:00	12:15	18:10
Ashram Road Junction	8:02	12:17	18:12
Lotus Hotel—S.V Patel Salai	8:07	12:22	18:17
Quiet Healing Center—Junction	8:17	12:32	18:27
ECR Junction—Aroma Guest House	8:20	12:35	18:30
SBI Bank—Kuilapalayam	8:25	12:40	18:35
New Creation Road	8:27	12:42	18:37
Certitude	8:32	12:47	18:42
Solar Kitchen—Round about	8:34	12:50	18:44
Town hall Main Parking	8:38	12:54	18:48
Verite Guest House—Junction	8:42	12:58	18:52
Svaram Musical Center	8:45	13:00	18:55

- Monthly Rs.800: Aurovilians & Newcomers, No validity
- Student Pass Rs.1200 per month/ 24 days round trip.
- Rs.150 Round trip for Aurovilians & New comers
- Rs.200 Round trip for guests.
- Bus passes are available at Auroville Vehicle Service, Town Hall, Auroville, 0413 2623302