Cluroville NEWS & NOTES

No 976 - A weekly bulletin for residents of Auroville

27 May 2023





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PONDERING

When mind is still, then truth gets her chance to be heard in the purity of the silence.

Aurobindo Ghose, Sri Aurobindo, Sri Aurobindo Ashram (1994). "Essays divine and human with thoughts and aphorisms", Lotus Press (WI)

HOUSE OF MOTHER'S AGENDA



(Continued from last week)

This immobility within movement is the basis of all the supramental being's activities. It is the practical premise of any discipline leading to the Supermind, perhaps even the premise of any effective action in this world. We have already said that immobility—an inner immobility, that is— has the power to dissolve vibrations, and that if we are able to remain perfectly still inside, without the slightest reaction, we can even stop attacks by animals or by men. This power of immobility can only be attained after we have begun to come into contact with the great Silence behind, when we can, at will, step back and withdraw far, far away, thousands of miles away from all immediate circumstances. We must be able to be utterly outside life in order to control the inner substance of life. What is remarkable, yet quite natural after all, is that this supramental Power cannot be attained unless one is completely outside, completely seated upon that eternal Foundation, outside time and outside space, as if supreme Dynamism could come only from the supreme Immobility. However paradoxical this fact may seem, it still makes sense practically. One can understand that if the ordinary consciousness, which is upset by the slightest breeze, were to come in contact with this 'warm gold dust,' it would fall to pieces and disintegrate instantly. Only complete Immobility can bear this Movement. This is what was so striking to those who saw Sri Aurobindo: it was not only the light in his eyes (as is also the case with the Mother), but that kind of immobile immensity one felt near him, so compact, so tangible, as if one had entered a physical infinity. One then understood spontaneously, without needing further practical proof, why a cyclone could not enter his room. Whereupon this little phrase of his suddenly made perfect sense: ... the strong immobility of an immortal spirit. It is through the power of this immobility that he worked for forty years, was able to write twelve hours a night, walk eight hours a day ('to bring down light into Matter,' as he said), and fight the most strenuous battles in the Inconscient without ever feeling tired. If when thou art doing great actions and moving giant results, thou canst perceive that thou art doing nothing, then know that God has removed the seal on thy eyelids.... If when thou sittest alone, still and voiceless on the mountain-top, thou canst perceive the revolutions thou art conducting, then hast thou the divine vision and art freed from appearances. Immobility is the basis of the supramental power, but silence is the condition for its perfect operation. The supramental consciousness does not follow mental or moral criteria to determine its actions. There are no more 'dilemmas'; its actions arise naturally and spontaneously. Spontaneity is the particular mark of the Supermind: spontaneity of life, spontaneity of knowledge, spontaneity of power. In ordinary life, we try to know what is good or right, and once we think we have found it, we somehow try to implement our thought. The supramental consciousness, on the contrary, does not try to know or to decipher what it must do or not do; it is perfectly silent and still, living each second of time spontaneously, unconcerned by the future; then at each second, the exact required knowledge falls like a droplet of light in the silence of the consciousness: 'This has to be done, that has to be said, or seen, or understood.' Supramental Thought is an arrow from the Light, not a bridge to reach it. 'In the level of wideness they meet together and know perfectly,' says the Rig Veda (VII.76.5). And every time a thought or a vision flashes by the consciousness, it is no speculation about the future, but an instant action: There every thought and feeling is an act.



Satprem, The Adventure of Consciousness, Chapter 15
The Supramental Consciousness
tps://sri-aurobindo.co.in/workings/satprem/adven-ture of consciousness e.htm#053
With love and gratitude,
For and on behalf of Gangalakshmi (HOMA) Zech

HARD DEADLINE FOR SUBMISSIONS: TUESDAY 5PM

The content of News & Notes is a reflection of the growth process of this community towards its ideals of Harmony, Goodwill, and Truth. Editing of submissions, mainly for reasons of space and clarity, is done according to an established policy.

How to submit material:

- Max size of the published poster is 9cm x 9cm independently of the size you sent. The bigger posters will be reduced.
- · Please AVOID CAPS letters
- Material (no pdf files, please) may be sent in English only to newsandnotes@auroville.services
- · Articles for the Notes section should ideally be no longer than 500 words.
- Please do not send submissions and inquiries as a "Reply" to the digital subscription mail. There is no guarantee that anyone will see communications sent this way.
- Please try your best to send your announcements, reports, film schedules whenever they are ready. Any modifications of submitted News items must be sent to he editors before **Tuesday 5pm**.

DISCLAIMER:

Please note that the opinions and views expressed on these pages are solely those of the respective authors or work groups and do not necessarily reflect the position of the editors or the larger Auroville community. The News & Notes aims to provide a platform for the publication of diverse perspectives and voices from multiple sources within Auroville.

While our editors strive to ensure the accuracy of the information presented, we cannot guarantee that all information is free from error or omission. Additionally, we cannot be held liable for any alleged misinformation provided or offence caused by the content published. In the event of any dispute, we encourage readers to consult with the Auroville Council, and we reserve the right to suspend the publication of disputed material. Our commitment to providing an open and inclusive platform for dialogue and exchange of ideas remains steadfast.

The News and Notes team newsandnotes@auroville.services

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IMPORTANT NOTE FROM THE N&N EDITORS

Dear Community,

A big thank you to all of you who have started sending content to this new and inclusive 'RA Edition' of the News and Notes Community Newsletter! It's great to see so much content coming in and we hope you are enjoying the new look.

You may have noticed some delay in the delivery of the RA News and Notes in the last two weeks. This is due to the fact that in order to compile all the announcements, reports, etc, including those that are not yet sent directly to us, we have been waiting for the publication of the AVFO News and Notes and the delivery of that edition has been very late.

We would like to continue to be inclusive while at the same time releasing the new issues on a fixed day of the week so that time sensitive information is respected.

Therefore, from the 13th of June on, any submission that is not sent to us directly (newsandnotes@auroville.services) will only be published in the following week's edition (unless it is no longer relevant, such as an event that has already taken place, in which case it will not be published). We also take this opportunity to remind you that if material is not sent to us directly, any links in the text will not work.

We look forward to continuing to serve the over 3000 readers who receive the RA Edition as well as serving the Auroville community as a whole by providing a platform for all perspectives to be shared with respect.

In community,

The RA Community Edition News and Notes Team

WORKING GROUPS NEWS

FROM THE ENTRY SERVICE

ES # 182 DATED: 25-05-2023

The following people have been recommended by the Entry Board to join our community. Please share your feedback within 2 weeks for potential Newcomers, Associates and Friends of Auroville and within 4 weeks for Potential Aurovilians, Returning Aurovilians, Youth and Spouse/Partner of an Aurovilian in writing to auroville.entryservice@gmail.com. We thank you in advance.

NEWCOMER ANNOUNCED:

- MarieDoris FELIX (Mauritian) staying in Unity Pavilion staff quarters and working at Unity Pavilion
- Punithavathy VENGADESAN (Indian) staying in Protection and working at Matrimandir

AUROVILIAN ANNOUNCED:

 Shaon Sunshine (USA) staying in Invocation and working at Pitanga



 Vincenzo CAFARELLI aka Enzo (Italian) staying in Arati 2 and working at Auroville Language Lab



AUROVILIAN CONFIRMED:

- · Gijs VAN DEN BROECK (Belgian)
- Vivekan BRUNSCHWIG (French)

NOTE:

- The Newcomer probation year becomes effective only after the NC kit has been returned and should not exceed 18 months from the date of confirmation.
- A Newcomer becomes an Aurovilian once his/her name has been confirmed by The Admission Committee (aka the Entry Board) after following due process.
- The date of becoming Aurovilian is the date of confirmation.
 An Aurovilian confirmed by the Entry Board is eligible to participate in all community decision-making processes.
- A confirmed Aurovilian becomes officially a Resident of Auroville once the individual has filled in and signed the B-Form and his/her name has been entered in the Register of Residents (RoR) maintained by the Auroville Foundation Office (AVF).
- A Resident of Auroville is eligible to become an executive of a Unit or Service of Auroville and to get an ID card issued by the Auroville Foundation.
- A meeting with the Secretary of the AVF will be arranged by the Entry Secretariat according to the availability of the Secretary and not at any personal request.

Yours

The Entry Board (Alain, Grace, Jayanthi, Lakshmanan, Matilde, Sara, Sonja and Swadha)

Please Note:

The Entry Service (Secretariat and Board) will take a two week break from the 5th of June till the 18th of June.

Entry Service Timings:

Monday, Wednesday, Friday, 9:30am—12:30pm Tuesday & Thursday: Newcomer kits, 2:30—4:30pm 0413 262-2707, auroville.entryservice@gmail.com

FROM THE RA WORKING COMMITTEE

ABOUT THE RESIDENTS' ASSEMBLY SERVICE (RAS)

Dear Community,

You may have seen the Massbulletin from the group of residents illegitimately calling themselves 'the Working Committee', informing us of a new Residents' Assembly Service (RAS) that has been 'appointed' through an Office Order issued by the Office of the Secretary.

We would like to clarify that:

- The RAS is an internal facilitation body for the Residents' Assembly (RA) and therefore an Office Order to appoint new members is not applicable.
- The Office of the Secretary has no role to play in selecting or appointing members of an internal service of the Residents' Assembly, so this unilateral appointment is another encroachment on the prerogative of the RA.
- A petition has been filed and admitted for hearing in the Hon'ble Madras High Court to quash (nullify/cancel) this Office Order so the matter is now subjudice (pending before the court and awaiting a final judgement).
- New members have recently been added to the only legitimate RAS after an open call by the Auroville Council.
- After following the normal process for adding new members to the RAS, the Auroville Council announced the current membership, which is: Giovanni, Manas, Mandakini, Robert, Sandeep, Satish (until the end of this month), Satprem, Tatiana, Veronique.

It is highly regrettable that the management of ACUR has chosen to ignore the above facts and our internal processes, and has facilitated the forceful takeover of the office of the RAS by changing the locks after normal office hours and without any notice. It is one more example of the callousness of this administration and the blatant disrespect and disregard for the wider body of residents, and it is most disturbing that some Aurovilians are cooperating with these systems.

We invite and encourage all residents to continue to interact with the only legitimate RAS, which can be contacted at raservice@auroville.services or by visiting them during their open hours on Tuesday mornings in the Auroville Council room. When a new space is identified the community will be informed.

In the meantime, we invite you to express your disagreement with this action, either in person or in writing, to the AVFO, the illegitimate 'Working Committee' and ACUR management.

In community,

Your Working Committee Aravinda, Bharathy, Chali, Hemant, Mael (TOS), Sauro, Valli





ADVICE ABOUT THINGS TO DO BEFORE PASSING AWAY

From the Working Committee of the RA

(Aravinda, Bharathy, Chali, Hemant, Mael (TOS), Sauro, Valli)

In order to ease the complexities and stress on family members and friends after you pass on, here is a list of things you can do to put things in order and prepare beforehand.

1. Living Will

Write down what you want others (doctors, family, friends) to do in case you are not responsive. Plan ahead. Do you want life support? Or not?

Examples:

- Do not prolong my life using artificial life support (ventilation, heart support).
- · Administer palliative sedation only.

There are many formats for Livings Wills. We can help to write the perfect one for your wishes.

2. Farewell Form

Our Farewell Team has a form for you to fill out. Tell them what you want them to do with your physical body. Cremation or burial? What shall be done at your funeral to honor your life? https://auroville.org.in/group/farewell

https://auroville.org.in/article/85917

https://auroville.org.in/page/farewell-forms

3. Obituary

You can even write your own obituary. Mauna has been doing this beautifully for many years but you can give her bullet points of your life, or you can leave a text with a family member or friend to be shared when the time comes.

4. Testament and disposing of your assets and belonging

- If you have money in your Financial Service account, you have to specify what should happen to that. Should it go to a person or be donated to a specified project or for unspecified use in Auroville?
- If you have personal movable belongings in Auroville you should specify what should happen to them. E.g. Shall your books go to the AV library? Your clothes to the Freestore? Can your friends choose keepsakes and mementos? Who will do the clearing of your house?
- If you have a bank account in India you should indicate a nominee who can access the account(s) in your absence. If you have other assets in India you can make a testament with a local notary.
- If you have assets and belongings abroad, every country has different regulations regarding legacy. In certain situations, testaments are needed, in others not. You should find out the regulations applicable to your country with a local expert and/or the relevant diplomatic mission (consulate or embassy).

5. Digital Will

Yes, in these times you might need that. What shall happen with everything that is online, including all social media, all photos as well as all documents on your computer(s), mobile phone(s) and other devices? Bobby/Mira Computers can help either erase that data or back it up and hand it over to your family or person(s) mentioned in your will or last wishes list. This may include cancelling all subscriptions for Netflix, Amazon, Facebook, etc., and other paid or free services. A responsible/trustworthy party may keep your email ID and related passwords, SIM card unlock passcodes and phone unlock passcodes which can then be used to process the above.

6. Cleaning your personal space

If you don't want your relatives and friends to have to clean out all the plastic boxes, expired pills, heaps of paper and whatnot, you can empty your space yourself, a little at a time. Enjoy less stuff. Start to throw or give things away NOW.

But there is also a group of Aurovilians who can help you. They call themselves Clear-Busters. "Who you gonna call?" https://forall.fairuse.org/topic/1163/the-end-of-material-possessions? = 1684393544505

Things that others will need to do after your death

The Working Committee has written extensively about the administrative procedures that need to be done by the executor of your will. This can be shared with you if you wish, and your executor can ask for their help at any time.

For any questions or help you can contact Julietta (julietta.kuehle@gmail.com) who has personal experience and is offering to assist in these matters.



FROM THE RA TDC

AUROVILLE CROWN FUNDED BY THE GOI - BRIEF SUMMARY OF 11 CONTENTIOUS MONTHS

As you probably have realised, road work is presently being undertaken by the CPWD, as per the design of FO ATDC (Auroville Town Development Council appointed by the Secretary of the Auroville Foundation Office). Please find the 2-page report here. You will find below a short summary of these works, undertaken without proper township plan and Environmental Clearance, thus infringing the verdict of the NGT:

Note: From 2008 to 2012, the Road Service (RS) built one third of the Crown Road (more than 1.4km) with funds granted by the Gol (97.78 Lakhs Rs).

In May-June 2022, the current Secretary of the Auroville Foundation (AVFO), Dr Jayanti Ravi, contracted the Central Public Work Department (CPWD) to build 2.1 km of the Crown, to be paved with concrete paver blocks. Via CPWD tender, the contractor "SP & Co" delivered 2 sets of pavers (end of June and end of July 2022), which were subsequently discarded due to substandard quality, especially with regard to their strength. The new usage of all the Gol-funded blocks is still unknown.

In July 2022, the FO ATDC ordered the destruction of the Crown pavement built by the RS. To date, the contractor has dismantled all the work done by the RS, despite the pavers still being in very good condition. Questions regarding the loss of GoI funds worth ~97.78 Lakhs Rs and government clearance for this work remain unanswered.

From July to November 2022, the contractor worked on the Crown stretch near the Youth Centre, in a seemingly substandard manner, using wrong materials and questionable compression techniques.

In December 2022, several thousand pavers from the old road were used to build a new parking in front of Solar Kitchen, despite featuring neither in the Galaxy plan, nor in the CPWD contract for the Crown. Furthermore, the location and usage of the remaining (~195,000) RS pavers, hundreds of cubic metres of gravel and river sand are still unknown.

At the end of 2022, the FO ATDC changed their design yet again, and asked the CPWD to use precast reinforced concrete (RCC) slabs for the pavement. The first pieces for the double-chamber U channel were delivered on 28.01.2023, however the timeline does not seem to match due process (tender, contract allocation, precasting, delivery).

Note: These precast RCC slabs for the pavement of the Crown do not comply with any Indian standards. Furthermore, the carbon emissions from the RCC precast slabs are 952% higher than the road planned with paver blocks.

From February 2023, the contractor slowly started laying the precast RCC slabs, again in a substandard manner (levelling of slabs, gaps and broken corners, and announced timelines not respected). At this speed of work, this first phase of 2.1 km may take about 5.5 years.

Beginning of March, many trees were haphazardly cut including red sanders, which is illegal - in Darkali, up to 18.7 m apart, as the recommended trajectory of 9.1m width given by the Joint Committee, appointed by the National Green Tribunal (NGT),was not marked on the ground by the AVFO and the FO ATDC. This infringes the verdict of the NGT, which is a contempt of court. Furthermore, the total value of these trees is estimated at ~20 Lakhs Rs; the contractor who took the wood paid only 75,000 Rs.

Conclusion:

To summarise 11 months of substandard work:

- Destruction of 1,423 m of a good road built by the RS, worth ~97.78 Lakhs Rs.
- 8 different and separate sections being worked on, nothing completed.
- Only ~100 m of precast RCC slabs have been laid, in a substandard manner.
- Only 1,260 m of the subgrade and some infrastructure channels have been laid, but the work is not completed.
- There is no proper study of the Crown. The FO ATDC does not supervise the work, and there are countless issues, including:
 - 19.11 acres of private lands are on this road; part of the Crown is presently being built on a private land, without registered agreement.
 - The road section does not show any provision for the sewage lines.
 - The road has several centres and the maximum difference from a centre to the Banyan is 4.65 m.
 - The road has a radius of 692m, instead of 690m, at the Youth Centre.
 - The road section does not show any provision for stormwater management: The road has a single slope, from the Solar Kitchen to the Youth Centre. The longitudinal slope is up to 694% smaller than the minimum standard slope of 1%. The volume of stormwater channel is 3.454 times smaller than the maximum recorded rainfall (3,160 m3/h of rainfall for this 2.1 km stretch).



OBITUARY

JULES ARINDAM PASSED AWAY

This is to inform the community that on Tuesday 23 May, at 7.32 in the morning, Jules Arindam passed away at the age of 50 in Jipmer where he had been taken some days earlier.





Some of the first generation Aurovilians may remember him: Jules was born in Pondicherry in 1972 to Dawn (daughter of Dietra) and AuroArindam, who was one of the initiative takers of Auroville International. Jules was named by the Mother. He returned to be in his home Auroville in 2019.

We knew him as a musician who taught music and worked at Unity Pavilion and everywhere else, helping out with the sound equipment. Jules was dedicated and professional in his work and carried on his duties cheerfully despite the health challenges he faced due to cancer. Aurovilians and his friends have been closely following his last days, with thankfulness for his kind being and prayers in their hearts.

Our heartfelt condolences to Dawn, his mother,his family and his many friends. Jules will be dearly missed by all. OM

COMMUNITY SHARING

CANINE DISTEMPER HEALTH WARNING!

We urgently need to inform the Auroville community about a concerning rise in canine distemper cases among dogs. This viral infection used to be rare, with only one case every 3 to 4 months. Last week alone, we picked up cases near Mango Hill, the Townhall area, Aurovelo, and the beach. We have also received reports from other animal care organizations in Pondicherry, that are sounding the alarm about an explosive number of new canine distemper cases.

The canine distemper virus (CDV) causes canine distemper in dogs and puppies. It can be spread easily through airborne droplets from an infected dog who coughs, sneezes, or leaves behind nasal or eye discharge, and can infect a healthy animal up to 10 meters away. It spreads easily from one dog to another, like when people catch a cold, but unfortunately, canine distemper ends up being deadly for most dogs. Here are some symptoms to look out for:

- · Sneezing and coughing: clear nasal discharge
- Fever
- · Lethargy: lack of energy and vitality
- · Anorexia: loss of appetite Vomiting and diarrhea
- · Pus-filled bumps on the belly
- Eye problems: thick, yellow discharge, inflammation of the eye, sudden blindness
- Strange behavior: running in circles, head tilt, muscle twitches, jaw chewing, seizures, salivation, paralysis

There is no direct cure for canine distemper, only supportive therapy treatment, but there is a vaccination to protect your dog. Please contact your vet about the life-saving vaccination, which will help curb the spread of this highly contagious virus.

Your Dog Shelter Team

RAS LOST ITS OFFICE

Dear friends.



This morning we went to our office in Town Hall and discovered that the lock had been changed.

We received no prior communication from ACUR, FAMC, or AVFO.

For the time being, our open house will be on Tuesday, between 10 and 12, at the AV Council room in Town Hall.

Thanks,

RAS

Giovanni, Sathish, Tatiana Manas, Mandakini, Robert, Sandeep, Satprem, Veronique

ACTIVITIES

BOTANICAL GARDENS



Learn to identify the species of **TDEF** (*Tropical Dry evergreen Forest*) with us at the **Auroville Botanical Gardens**.

Starting from 29th May 2023.

MONDAYS AND THURSDAYS FROM 9.00 - 11.00 AM

To join, please register at: ecologicalhorticulturecourse@gmail.com

LILALOKA - GAMES, ART AND PLAY

Afternoon of games Thursdays 3 to 5.

All children 9 and above are welcome Registration required: Veronique +919488512678

Afternoon of arts and play Wednesday and Fridays 4 to 6

All children 9 and above are welcome Registration required: Olga +91 80981 67492



DOGGY BATHING DAY!





SPLISH! SPLASH! We are taking a bath!

Due to the scorching temperatures reaching a record high, and in response to numerous requests, the Auroville Dog Shelter invites all of you to join us for a refreshing doggy bathing day on the upcoming **Sunday**, **May 28th**, **at 10 a.m**.

Everyone is welcome to come and cool down and chill with our dogs and the team at the Auroville Dog Shelter. Children are always welcome!

It's also a perfect opportunity to come and visit our shelter for a tour! We have a huge variety of volunteer programs. Come and find out how you can contribute to our fascinating animal project!

For more information on volunteering, please WhatsApp Lore at (9843181598) or write to us: aurovilledogshelter@gmail.com

AWAKENING SPIRIT

INTRODUCTION TO THE INTEGRAL YOGA OF SRI AUROBINDO AND THE MOTHER

Tuesday, 30th May, 9 am - 12 noon Focus: Self-discovery

Led by Ashesh Joshi

Place: Mirabelle Education Centre, Auromodele Ph/Whatsapp: 9489147202 (Please register)

All are Welcome

HELP NEEDED

KEET ROOF REPLACEMENT

Hello dear friends,

I live in a small house with my mother and daughter. This little place is partly coverd by keet roof. I have approached housing group but they said that they don't have funds for temporary roofs. We are in urgent need to fix this roof. To do this we need 60 000 rs which is for the change of keet and replacement of the structure. Any help will be deeply appreciated. Here is my account number 2051

With warm regards, Ingrid, Milana and Shanti Schilling from Nine Palms. Thank you.

WORK OPPORTUNITIES

DOG SHELTER NEEDS SUPPORT

The Auroville Dog Shelter is looking for support for their team. If you are a dog lover, don't mind physical work, and enjoy working in a young, enthusiastic team, please contact Lore (9843181598) or write to us: aurovilledogshelter@gmail.com



AVAILABLE

WHITE LOTUS PLANTS AVAILABLE

White Lotus plants freely available this week at **Matrimandir** due to pond clearance.

Please contact Shankar in the gardens. Just bring a bag! :)

FOODS, GOODS AND SERVICES

MANDALA POTTERY



LAZY, CRAZY, HAZY SUMMER SALE!

For our Mandala Pottery stock clearance sale, we have grouped our functional & architectural ceramics into price brackets of 50/-, 100/-, 200/-, 400/- ...and more if you want that!;)

Do pass by 25th May onwards.

Sale will stay on for the next couple of weeks, except Sundays.

9 am to noon; 1 pm to 4 pm. Bring LARGE shopping bags! ;)

0413-2622685 & +918015280059 Mandala Pottery, Dana Community.

EDUCATION

EDUCATIONAL SUPPORT FUND

From Educational Support Fund, sub-unit of SAIIER formerly known as Scholarship & Educational Fund (SEF)

This is to make known that the name of the Scholarship & Educational Fund has been changed to Educational Support Fund (ESF).

The mail address to contact us and our administrative secretary is edusupport.admin@auroville.org.in.

Siggi (Werther) has taken up the administrative tasks for the FSF

Please share this information with students and their parents, especially those who have completed their schooling this year.

Thank you, Lucas (on behalf of the ESF)

TAXI SHARE



My wife Nadia Labiod will be reaching Chennai on the 30th early morning after 2 am by Indigo from Delhi, domestic terminal.

She would be interested to share a taxi either way. If interested call Frederick; 9486475457

Thanks Frederick

CLASSES, WORKSHOPS AND HEALING **ARTS**

VÉRITÉ WORKSHOP

Pre-registration required

Please contact Verite @ 0413 2622045, 2622606, 7867805812 programming@verite.in, www.verite.in



Yearnings for Peace: Peace Within, Peace Without with Dr.Sehdev

Saturday, 3 June - 2:00pm - 4:30pm

Harmony, Tranquility, Beauty & Generosity are essential expressions of Peace. Disharmony, tension, fear, and depression are various expressions of a life that is not at peace with itself. In this state of peacelessness, all our life energies are slowly dissipated. Peace Within - peace in our hearts, bodies, and minds, and Peace Without - in our families, nations, and in the world at large, are all of one piece. Through one's own life experiences and encounters, this workshop explores Peace as the most scintillating force in all its existential and spiritual manifestations.

SERENDIPITY ACTIVITIES & THERAPIES

(Ex. Joy Community in front of Center GH)

Center Field, Auroville - 605101, TN, India Mobile/Whatsapp: +91 9385623342 Email: serendipityauroville@gmail.com https://serendipity.auroville.org https://www.facebook.com/serendipityauroville



Regular Classes

Mindfulness evening Circle with Jass

Thursday at 7:30pm



Mindfulness is the art of opening up to the present moment, embracing all that is alive within us and around us. It enables us to enjoy life deeply and cope with life's challenges in a skillful way.

This is a drop-in group session.

Traditional Sanskrit Mantras with Sonia

Friday from 5 to 6pm (Regular Students)



In the recitation of Sanskrit Mantras the sound is very important and the specific pitches and strict rules of intonation and syllabic length should be learned according with the tradition of the great masters of the past, who figured out how to use the voice to calm the mind and attune the practitioner to the more subtle levels of the "sadhana" or spiritual path. Through the harmonic rhythm, repetition and participation in the singing, the mind reaches more clarity, concentration and tranquility.

Therapies

Shiatsu Massage with Sara

On appointment only (Sara +91 9443617308)



Shiatsu is a manipulative therapy developed in Japan and incorporating techniques of anma (Japanese traditional massage), acupressure, stretching, and Western massage in order to maintain physical and mental well being, treat disease, or alleviate discomfort. It involves the uses of kneading, pressing, soothing, tapping, and stretching techniques and is performed without oils through light, comfortable clothing.

AV RADIO



AurovilleRadio

The voices of Auroville

Dear Aurovilians,

Your favourite radio is always working for you. Stay tuned! Here you can listen to the stream channel (playing 24/7). Here you can see on-air schedules.

Last published podcasts:

- La Vita Divina Ep.27(Sri Aurobindo)
- The Power within Conversation with Shankerdevy of Talam team (In Tamil and English languages) (Commercial Units)
- Exploring Education in Arts, Animation and Filmmaking - Ep. 4 "How Do I Learn To Draw From Scratch?" (Cinema)
- · I just wanna write Ep.10 "Turning Pages, Turning Thoughts. Using Creative Writing to Move Past **Negative Beliefs**" (Creative Writing)
- Marlenka's weekly Offering -Ep.91 (Literature)
- série hebdomadaire de lectures Une **Gangalakshmi– 436** (Integral Yoga)

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- If you wish, make a donation to F.A. number 0867
- · As non Aurovilian you can donate, please visit this this link.

....and more! on www.aurovilleradio.org

For more information write to radio@auroville.org.in

Peace and love Regards, Wobbli

CINEMA



Presents at MULTI MEDIA CENTRE AUDITORIUM (MMC. Town Hall)

Reminder: Friday 26 MAY, "Broken Flowers" Jarmusch, United States, 2005

Note: Due to the summer break there will be No Aurofilm screenings during the month of June exception for the last Friday, June 30th. Enjoy the summer time!





Cinema Paradiso

Multimedia Center (MMC) Auditorium Film program 29 May 2023 to 04 June 2023

Cinema Paradiso-Multimedia Center is now in operation at 100% seating capacity. Technically Covid protocolswere never taken off of cinema/theatre halls. Since mask is not a requirement anywhere else, we leave it to people's discretion. However, please come prepared. *To organize seminar/program please contact us via email.*

We continue to have issues with our projector. It is time for us to look for a new one. If you are able to kindly donate at MMC's FS Account for this.

Indian – Monday 29 May, 8:00 pm:

UUNCHAI (Height)

India, 2022, Dir. Sooraj R. Barjatya w/Amitabh Bachchan, Anupam Kher, Boman Irani, and others, Adventure-Drama, 173mins, Hindi w/ English subtitles, Rated: NR (PG)

Amit, Om, Javed and Bhupen are all senior citizens now, who have been friends for over 50yrs. Bhupen, whose only family were these friends, held a dream to climb Everest with his buddies. When Bhupen suddenly passes away, Amit finds tickets Bhupen had made for this trip. He convinces Om and Javed and together they set out to spread Bhupen's ashes in the mountains. Unaware of this plan, Javed's wife Shabina accompanies them only until Kanpur to visit their daughter. However, a stranger, Mala Trivedi joins them from Lucknow who does not seem to be quite who she claims to be. The journey continues...

Potpourri – Tuesday 30 May, 8:00 pm:

• GO

Japan, 2001, Dir. Isao Yukisada w/ Yôsuke Kubozuka, Ko Shibasaki, and others, Drama, 122 mins, Japanese-Korean w/ English subtitles, Rated: PG 13

A wild - at times bloody - story about a guy from the North Korean community in Japan, who tries to find out what his roots are and where he belongs to. Sugihara speaks Japanese, he looks like an ordinary Japanese punk and has Japanese friends - but he is different. What most people don't know, there are strong reservations in Japan against the Koreans in the country, so eventually Sugihara hits some walls, especially when he falls in love with a Japanese girl and doesn't dare to tell her the truth. A much-acclaimed film, not to be missed!

Interesting - Wednesday 31 May, 8:00 pm:

• DAS LIED VON DEN ZWEI PFERDEN (The Two Horses of Genghis Khan)

Germany, 2009, Writer-Dir. Byambasuren Davaa w/Urna Chahar-Tugchi, Hicheengui Sambuu, Chimed Dolgor, and others, Documentary, Mongolian w/ English subtitles, Rated: NR (PG)

Urna, a singer, traces her way back to her roots in Outer Mongolia to keep a promise to her grand mother who had to destroy her beloved horse-head-violin during the Chinese Cultural Revolution. The ancient song of the Mongols – same as the title of this film, was engraved on the violin's neck. Only the neck survived the cultural storm. Back in Mongolia, Urna takes the broken part to Hicheengui, a renowned horse-head-violin maker, to build a new body for the old instrument. Then, Urna set out to look there for the song's missing verses.

Selection – Thursday 1 June, 8:00 pm:

• EL CIUDADANO ILUSTRE (The distinguished citizen)

Argentina-Spain, 2016, Dir. Mariano Cohn, Gaston Duprat w/ Oscar Martinez, Dady Brieva, and others, Comedy-Drama, 118 mins, Spanish w/ English subtitles, Rated: NR (R)

After refusing big and prestigious awards all over the world, Mr. Mantovani, a Nobel Prize winner in literature, accepts an invitation to visit his hometown in Argentina, which has been the inspiration for all of his books.

But turns out he had used real people as characters of his creation that earned him Nobel Prize. Expect the unexpected when you have used real people as characters in your novels. The whole system of art comes into question. Should the artist violate real people in order to make his art relevant?

International - Saturday, 3 June, 8:00 pm:

THE WHALE

USA, 2022, Dir. Darren Aronofsky w/ Brendan Fraser, Hong Chau, Sadie Sink, and others, Drama, 117 mins, English w/ English subtitles, Rated: R

In this Oscar winning film, revolves around a reclusive, morbidly obese English teacher who lives alone in the wake of a tragedy. He attempts to reconnect with his estranged teenage daughter for a chance at redemption. An emotional story of heartache, empathy, and grace. *A film to watch!*

Children's Matinee - Sunday, 4 June, 4:30 pm:

WONDER PARK

and their partners.

Spain-USA, 2019, Dir. Drown, w/ Sofia Mali, Jennifer Garner, Ken Hudson Campbell and others, Animations-Adventure, 85 mins, English-French, Rated: PG

June, an optimistic, imaginative girl, discovers an incredible amusement park called Wonderland hidden in the woods. The park is full of fantastical rides and talking, funny animals - only the park is in disarray. June soon discovers she's the only one who can fix it, so she bands together with the animals to save this magical place

WOODY ALLEN @ Ciné-Club Sunday 4 June, 8:00 pm: • MATCH POINT

USA, 2005, Dir. Woody Allen w/ Scarlett Johansson, Jonathan Rhys Meyers and others, Drama – Thriller, 124 mins, English

W/ English subtitles, Rated: R. In this dramatic thriller, at a turning point in his life, a former tennis pro falls for a femme-fatal type who happens to be dating his friend and soon-to-be brother-in-law. The two embark on an illicit affair which ultimately leads to dire consequences for them

Rating codes we often use are from Motion Picture Association of America (MPAA): G=General Audiences, PG=Parental guidance suggested, PG-13=Parents strongly cautioned, R=Restricted (equivalent to Indian rating: A i.e. for Adults), NR=Film Not rated, Rating awaited, or Rating not available.

For scheduling programs at MMC/CP venue: please email us at mmcauditorium@auroville.org.in. We appreciate your continued support. Pl donate to "Cinema Paradiso" (account #105106) or set up for a monthly contribution. We need it now more than ever.

Thanking You, MMC/CP Group Account# 105106, mmcauditorium@auroville.org.in

REGULAR ACTIVITIES, CLASSES, WORKSHOPS AND MORE

ACTIVITIES

ECO FEMME OPEN HOUSE



Dear friends,

Join our open house at our office in Auroshilpam every Thursday morning at 10:30 AM till 12 AM.

Come and learn about:

- Sustainable menstrual products (cloth pads, cups and period panties),
- · Menstrual cycle awareness and,
- · Our not-for-profit work.

You can also pick up discounted cloth pads, cups, period panties and cloth nappies.

See you soon!

The Eco Femme Team

POWER OF COLLECTIVE ASPIRATION





A harmonious collective aspiration can change the course of circumstances.

Dear Community,

As we are going through a phase of intense turmoil, some of us feel the need to call for our collective prayers for protection. Let's gather in the **gardens of the Matrimandir**, the soul of Auroville, on **Sunday evenings** at sunset time, for collective invocation.

Join a circle of prayers and chanting at the Amphitheatre from 6 to 6:30 pm.

Come a little earlier to the stone circle for silent meditation to call the Light and Power of the Divine in Auroville.

All are welcome.

(Guests and volunteers, please bring your Aurocard)

TAXI SHARE



Weekly Sri Ma Trip

Share a taxi to and from Sri Ma on Wednesdays.

Leaving Auroville at **9:30 am** and returning at **2:00 pm** Maximum 4 people, with advance notice Beginning **Wednesday May 17th**

Contact if interested via WhatsApp to 9655534514

Stay well! Isha

WORK OPPORTUNITIES

HR HUB INITIATIVE

HR Hub Initiative is a service which helps individual Aurovilians and Newcomers in search for suitable work by connecting them to Auroville units and services who are looking to fill positions and in turn to find the right individuals to step in.

We invite the Auroville Services/Units to use our service; if you are in need to find someone to fill out a work position in your unit, we can help you by screening and finding suitable applicants.

We also invite Aurovilians and newcomers that are in search of a work opportunity to write to us and apply through our service so that we can connect you with the Units/Services of Auroville in need.

At the moment we do have a number of candidates in search for suitable working opportunities. If your Unit/Service is in need of people, feel free to contact us; we might be able to connect you with Aurovilians/Newcomers who are searching for work.

Please contact us for more information: hr.hubauroville@gmail.com

HR Hub Team

CLASSES, WORKSHOPS AND HEALING ARTS

CAPOEIRA- MARTIAL ART AND MUSIC WITH GINGA SAROBA

Afro-Brazilian martial art that combines elements of dance, acrobatics, music and movements. More than 500 years old, Capoeira is a constantly evolving art form, come connect and express yourself. Join us for

Adult Classes : Monday & Thursday - 6 PM - Deepanam School

Contact: 7598446327

Submitted by Kiran for Ginga Saroba

为什了

VIPASSANA



Every Sunday at Udavi school

All old students of Vipassana meditation as taught by S.N. Goenka (www.dhamma.org) having attended at least one 10 day course are welcome to attend a half-day Vipassana course at Udavi School in Auroville.

Date: Every Sunday

Timings: 8:30 AM - 12:30 PM but you can also drop in and join

as long as you wish.

Venue: **Udavi School** (building on the left when you are at the front entrance), near Tank in Edayanchavadi (Auroville).

No registration is required.

Contact: Sanjay Tumati, +91 8790982210 (available on WhatsApp) sanjay@auraauro.com



VÉRITÉ REGULAR EVENTS - JUNE 2023

CLASSES

Contact Vérité @ 0413 2622045, WA 7867805812 or e-mail programming@verite.in



Yin Yoga - Healthy Hips - with Emma

Monday 3:30 - 4:30pm

Quiet and relaxing practice complementary to the yang practice. Yin yoga focuses on passive seated postures to mobilise and strengthen joints, ligaments and deep facia network while providing a restful context for meditation.

Deep Sound Bath - with Satyayuga

Monday 5:00 - 6:00pm

Deep Sound Bath is based on the ancient art of using vibration to awaken the inner being & align the body, heart & soul to the frequency of the universe. Sound Bath uses the unique frequencies of various instruments to promote healing on a cellular level. Some of the instruments used are Tibetan bowls, xylophone and drum along with mystic chanting.

Face & Eye Yoga - with Mamta at Vérité

• Monday 5:00 - 6:00pm

The physical & mental state of our inner world determines how we experience our outer world. Sense organs are the tools for each experience we have. Face Yoga involves simple self massage techniques & exercises to release tension in the facial area, stimulate blood circulation & improve efficiency of our sense organs. In an era of increased screen time, our eye health may be compromised, unless we actively exercise this area. Eye Yoga uses techniques such as palming, blinking, near & far viewing & candle gazing. You will also learn tips to prevent eye damage caused by screen time.

Gentle Vinyasa Yoga - with Emma

• Tuesday 10:30 - 11:30am

This Gentle Vinyasa practice explores the Range of motion of the body while working on mobility and flexibility. The class focuses on breath and mindful movements with a moderate intensity.

Holistic Hatha Yoga - with Sabrina

• Tuesday & Thursday 5:00 - 6:00pm

Come and experience a complete Hatha Yoga class, to balance the whole being! Each class includes pranayamas, mantras, mudras, asanas and meditation.

Peace with Pranayama - with Mamta

• Wednesday 5:00 - 6:00pm

Prana is the vital force or subtle bio energy which keeps us alive & functioning in the healthiest way possible. Yogic practices like Pranayama help nourish this Prana which in turn nourishes our mind & body. Pranayama is a modulation or regulation of Prana, done via controlled breathing exercises. We will the meaning of Prana & Pranayama, it's references in Yogic texts, prerequisites for Pranayama, postures, mudras & explore the interconnectedness of mind, body & breath. The session concludes with a brief relaxation in Shavasana.

Yin Yoga - Healthy Spine - with Emma

Friday 5:00 - 6:00pm

Quiet and relaxing practice complementary to the yang practice. Yin yoga focuses on passive seated postures to mobilise and strengthen joints, ligaments and deep fascia network while providing a restful context for meditation.

Mindful Flow - Awaken in Movement & Stillness - with Savitri

Saturday 5:00 - 6:00pm

A guided session in which we first ground ourselves and bring awareness to our bodies with the help of sound and music. Then we explore slow, small, movements of the body, from head to feet, bringing attention to sensation. Next, we expand outward, with intention, moving both freely and mindfully—with awareness of our sensations and surroundings, as well as of others. Finally, we bring our focus inward, shifting into stillness to heighten awareness of subtle sensations and the natural flow of our body and breath. We close with a circle for sharing and appreciation.

TREATMENTS AND THERAPIES

By Appointment: Call 0413 2622 606, WA 7867805812 or e-mail treatments@verite.in



Biodynamic Craniosacral Therapy - with Mila

This therapy uses gentle touch to the head to help release tension in the skull, spine and sacrum, freeing energy that can help re-establish integral balance, and stimulating the healing capacity of the body.

Private Yoga Sessions / Yoga Therapy - with Nadia

Yoga therapy is the specific application of sequences of posture, breathwork and meditation with the support of props, to address an individual's physical, mental, and emotional needs within a holistic and highly personalised framework. Yoga Therapy is for those who require specific guidance and modification or may not be able to follow a regular class due to special needs, pace, or recuperation requirements, typically these include back care, joint issues, energetic/hormonal imbalances, lack of mobility due to injury, injury to the nervous system, PTSD, anxiety, circulatory problems and much more.

Holistic Head and Face Massage – with Lalita

This massage uses a blend of almond and carrot oil which is soothing and fragrant. In addition to cleansing the skin, and massaging the facial muscles, this massage also gently stimulates pressure points on the head to help relieve stress and bring one to a state of relaxation.

Integrated Ayurvedic Acupressure, Deep Tissue & Heart Healing Massage - with Raja

Acupressure is the application of pressure on specific points on the body to address symptoms such as pain or digestive issues. Deep Tissue involves applying sustained pressure using slow, deep strokes to target the inner layers of your muscles and connective tissues. Heart Healing Massage helps increase relaxation, which helps reduce blood pressure and heart rate improvements in the delivery of oxygen to the heart and rest of body.

Private Yoga Sessions / Yoga Therapy - with Sabrina

Yoga is an amazing tool to relieve and strengthen the body and mind, bringing back energy and a sense of balance. Through yoga-therapy, pranayamas, mudras, mantras and asanas, Sabrina proposes to create and guide you through your own personalised sequence according to your needs.

Ayurvedic Abhyanga Massage - with Umberto

Abhyanga massage is an ancient Indian Ayurvedic oil technique for healing and detoxifying the body, mind and spirit. The Abhyanga works in a synchronized manner to restore the flow of life energy in the body. This Ayurvedic detox and stress reduction therapy is performed with coconut or sesame oils, which help to nourish your nervous system, relax the muscles, and maintain the flexibility of your joints. The session ends with a face massage and rest.

Lomi Lomi Hawaiian Massage - with Umberto

Lomi Lomi is a Hawaiian massage and includes long, fluid, rhythmic strokes over the whole body using the hands as an instrument of the heart. Energetic, emotional and muscular blockages are released allowing circulation, oxygen, life and spirit to flow through body and mind. While the whole body is accepted unconditionally, the muscles and connective tissue are stretched, stiff joints are loosened, circulation improves, skin glows, and internal organs are gently manipulated into their correct relationships. The therapist works with deep breathing and a heart-centered focus, giving balance, energy flow, and a heart-opening peace to the client.

Heart-Centered Resilience - with Susan

Learn simple, heart-focused skills to help regulate your body's response to stress. These scientifically validated tools have been proven to increase wellbeing, personal and professional performance, and quality of life. One or two 60-90 minute sessions are very useful, but for optimum learning, a series of 3 sessions is recommended.

Individual Self-work with Clay - with Megha

Clay has innate qualities that help us connect with ourselves creating a more real, tangible and physical experience of our subtler state and inner environment. While our breath becomes an intricate part as we connect with the "earth" it brings awareness, presence and balance within. Through feeling and sensing clay we will immerse into an inner journey using certain hand building techniques and the wheel.



VÉRITÉ PROGRAMS – JUNE 2023

Phone:+91 413 2622045, 2622606 Whatsapp:+91 7867805812 / 8489391876

Email: programming@verite.in Website: www.verite.in

YOGA & RE-CREATION PROGRAMS

Days	Drop-in Sessions	Timings	Presenters
Mondays	Yin Yoga - Healthy Hips	3:30pm - 4:30pm	Emma
Mondays	Deep Sound Bath	5:00pm - 6:00pm	Satyayuga
Mondays	Face & Eye Yoga	5:00pm - 6:00pm	Mamta
Tuesdays	Gentle Vinyasa Flow	10:30am - 11:30am	Emma
Tuesdays	Holistic Hatha Yoga	5:00pm - 6:00pm	Sabrina
Wednesdays	Peace with Pranayama	5:00pm - 6:00pm	Mamta
Thursdays	Holistic Hatha Yoga	5:00pm - 6:00pm	Sabrina
-ridays	Yin Yoga - Healthy Spine	5:00pm - 6:00pm	Emma
Saturdays	Mindful Flow – Awaken in Movement & Stillness	5:00pm - 6:00pm	Savitri
Day & Date	Intensives (pre-registration required)	Timings	Presenters
Saturday, 3 June	Yearnings for Peace: Peace Within, Peace Without	2:00pm - 4.30pm	Dr. Sehdev
Saturday, 10 June	Restorative Yin and Yoga Nidra	9.30am - 12:00pm	Emma
Friday, 16 June	Yogic Kriyas	9.30am - 12:30pm	Mamta
Saturday, 17 June	Balance Your Koshas through the Practice of Yoga	9.30am - 12.30pm	Sabrina
Saturday, 17 June	Astrology - Play of the Elements	10:00am - 12:00pm	Vikram
Saturday, 24 June	The Healing Power of Gayatri Mantra	9.30am - 12.00pm	Sabrina
	Therapies (by appointment only)	Therapist	
	Face and Head Massage	Lalita	
	Individual Self-Work with Clay	Megha	
	Biodynamic Cranio-sacral Therapy	Mila	
	Private Yoga Session / Yoga Therapy	Nadia	
	Integrated Ayurvedic Acupressure, Deep Tissue & He	Raja	
	Private Yoga Session	Sabrina	
	Heart-Centered Resilience	Susan	
	Lomi Lomi Massage	Umberto	
	Ayurvedic Abhyanga Massage	Umberto	

OTHER NEWS AND EVENTS

FO GROUPS

(not selected by due Residents Assembly process)

"Please note that the links in this part of the N&N do not work, due to technical complications. If you would like to publish an announcement/article/event with functional links, please send them to our new email ID: newsandnotes@auroville.services"

FROM THE FO WC

NEW RAS TEAM

Dear Community, this is to inform everyone that a new RAS team has been announced via an Office Order by the OSD, Mr Seetharaman, Auroville Foundation.

The new team members are:

- 1. Rama Narayana
- 2. Hans Van Baaren
- Eglé Borchardt
- 4. Jacques Rossier
- Sathish Aramugam

Please welcome the new members and help them with their work.

Best wishes, the Working Committee

Editor's Note. This was taken off of MassBulletin and not submitted to us by the Working Committee

HOUSING AGREEMENTS

Dear Community, as you all might be aware of, in order to apply to be a Newcomer as well as to keep the newcomer status and to finally be announced as Aurovilian, the person that is joining the community needs to be staying in Auroville premise.

It has come to our notice that there are a number of 'housing Agreements' that do not reflect the truth.

Lying about the housing agreement is not something the Entry Board can overlook.

By policy, we are requested to check whenever the Housing agreement feels dubious. The Mentors of the applying Newcomer are also asked to do their part in assuring that the Newcomer is staying in Auroville, and if s/he is not then the Mentors are asked to duly inform the Entry Board.

We are all aware that Housing is often a stumbling block in establishing oneself in Auroville; yet lying about it is not the way to go.

As for policy, whenever a Newcomer will be found staying outside of Auroville, his/her Newcomer process will be put on hold and could be canceled.

Thank you for your support.

Warmly, William for The Entry Service

AUROVILLE MATTERS

ASPIRING TO CONNECT Part 4

In this episode, let's access our weaknesses and also the threats which are likely to hamper our growth and progress as stipulated by our reverent divine parents, who have already bestowed on us a grand and enviable legacy through their long and ardent Tapasya (austerity/penance) and practical experiments by creating, first the Aurobindo Ashram at Puducherry and the second our international township, the Auroville.

As we are aware, the Mission is to establish the Essential Unity in the community. The dream, the Charter and Auroville Foundation Act are the basis of the principle of self governance and individual freedom with equanimity, harmony and unity. Immaculate planning of International Township for 50,000. A community with four zones and Matrimandir, a unique spiritual center; spread out in a 20 Sq km area with natural forests, abundance of natural resources and sea nearby. All leading from soil, to society/community, to surrender of the individuals and the groups, to soul, to finally culminate into spirituality—from psychic being to the Divine.

Weaknesses

- The first few years i.e. from 1968 to 1973 when the mother was physically present and the constructive and celebrative effects on few senior disciples, the things progressed rather effectively for the next 10 to 15 years.
- Natural Resources: Reforestation and organic farming developed in the town is unable to meet the demand of a small population like approx 3000 people. Besides, the cost of the products is also not competitive and tends on the higher side, as felt by some Aurovilleans.
- Man Made Resources: The building and institutes constructed envisaging the target town population of approx. 50,000, are obviously seen to be underutilized with the skeleton population for the last 50 years or so.
- Infrastructural Developments: Possibly for lack of finance the stipulated development could not be achieved.
- Management and Administration: It seems due to limitations in management and administrative structure, things could not progress as per the stipulated growth.

Threats

 For various reasons, as described above, the situation seems to be worsening with multiple group formations and the resulting misconceptions and misunderstandings in the community and also with the Government Administrative Body.

It may be worthwhile to narrate an episode from our scriptures, to highlight how to convert threat into an opportunity and success. (RV.I.24.1 and RV.I.30) The deeper study of such episodes may help us to introspect our situation appropriately and look for possible and potential solutions by going to the root of our problems.

Šunahśepa-ākhyāna is famous as detailed in the Aitareya Brāhmaṇa (7.3) and few other scriptures with some modifications. The story in brief:

Šunahśepa, a learned but poor Brāhmin youth was a middle son of the three children. He was sold by his father to a prince, as a sacrifice in exchange for 100 cows, in order to satisfy the hunger of his family. He was taken away by the prince to his kingdom and ceremoniously tied down to the sacrificial post to be sacrificed the next day. So the death was staring in his face and he was all alone and possibly without any support from other quarters.

In such a crisis, he deliberated with a calm mind to work out a strategy to escape from the clutches of death. He relied on his Vedic knowledge and invoked various deities with beautiful verses spread over seven sūktas (RV.I.24 to 30). With the sincere and pains-taking efforts through the night, he ultimately succeeded in pleasing Varuṇa, who granted him the freedom. Once set free, he converted this adversity into a great opportunity. He actively participated in that great sacrifice as a Rtvij (one of the 4th sacri-

ficial rituals that he offered to adopt him as his eldest son, ready to confer all his wealth, spiritual knowledge and the responsibility to manage his cult. The deities also bestowed upon him wealth and granted him as a special case, the share in the Soma-juice at sacrifices. Thus he achieved divine status.

Therefore, he may be called a 'LightHouse', which throws light all-round for long distances. Various lessons can be drawn from this wonderful episode:

a. Morals

- As an ideal son, he obeyed his father to save the family from hunger although mistreated by him.
- His 'Never say die' attitude, even in the worst crisis, is very inspiring. Self-belief, presence of mind and proper and timely use of knowledge is the best tool for retrieval.
- He achieved Rishi-hood by converting adversity into an opportunity.
- He achieved divinity by his scientific invention of pressing of Somā.

b. Social Implications

- He saved life of the king Hariścandra, as an act of great social as well as national service.
- His was perhaps the first case of adoption, as he was adopted by the great sage Viśvāmitra as his eldest son. (who already had 100 sons of his own)
- His act made everybody happy- three different families and the society at large.

c. Spiritual interpretation

- The Vedas are the life-source of culture and can help in any eventuality.
- His self-selling act was for the sake of his family and also for the society- a great benevolent act.

To have faith in universal spirituality, at the time of crisis, one has to remain calm and collected.

Therefore, it seems that our present situation is required to be examined holistically from different levels like physical, mental, vital, psychic and spiritual levels and true assessment will guide us to devise possible solutions on short term as well as on long term basis.

Dr. Vijaysinh L. Ramaiya, New Comer, Vikas Community 9974171108, vijaykunjvalsad@gmail.com

AV INTERNATIONAL

AUROVILLE INTERNATIONAL USA Accountability

Dear Friends, Auroville International USA is accountable for every dollar that we send to Auroville to be sure that it's sent for a charitable purpose that's in alignment with our mission. We are accountable to our donors and to the US Internal Revenue Service. We also comply with the Indian Foreign Contribution Regulation Act (FCRA).



In our efforts to maintain our own fiscal integrity, we are requiring that all project holders complete a short online form in order to be eligible to receive funds from AVI-USA.

Please click this link to access the form.

We also request that if the project has developed an **annual** report, you email the most recent version to info@aviusa.org.

AVI-USA sends funds to Auroville on a monthly basis, and our next funding transfer will happen on or around June 7. At that time, we will only be sending funds for projects that have completed the form. Any funds designated for a project that has not completed it will be held until the following month, or until we receive the form.

Going forward, each project will need to complete this form annually in May in order to continue receiving funds from AVI-USA.

 Feel free to reach out via <u>info@aviusa.org</u> if you have any questions.

Sent with love and appreciation for all you do to bring Auroville into being,

Matthew Andrews, Executive Director, Auroville International, USA, (+1) 413 8351280, <u>www.aviusa.org</u>

AWAKENING SPIRIT

SAVITRI BHAVAN June 2023



Exhibitions

- Meditations on Savitri: The series of 472 paintings created by the Mother with Huta from 1961-67 is now on display in the picture gallery
- Glimpses of the Mother: Photographs and texts In the Square Hall
- A new Bilingual Exhibition on 'Sri Aurobindo: A life sketch in photographs' with texts both in English and Tamil is displayed in the upper corridor

Films

- Mondays at 4pm in the Sangam Hall
- June 19: Journey to the Life Divine, Part 1—This feature-film covers the lives of Sri Aurobindo and the Mother from childhood onwards until November 1926. It shows the spiritual development and work of Sri Aurobindo and the Mother and the work they did for the new evolutionary step towards a Life-Divine for mankind and earth. Duration: 100min.
- June 26: Journey to the Life Divine, Part 2—To create a new world for a spiritual life was the Mother's dream even when she was in France. The second part of the feature-film is about how the Mother and Sri Aurobindo worked this out in the Ashram. Duration: 90min.

Full Moon Gathering

 Saturday, 3 June, 7:15—8:15pm in front of Sri Aurobindo's statue

Dream Divine Series

The new project 'The Dream Divine Series' started in the month of March 2023 is to make newcomers understand the Aims and Ideals of Auroville and learn about the Life and Works of Sri Aurobindo and The Mother and Integral Yoga.

Wednesday 4:30—5:30pm, weekly sessions. The series will include Presentations, films, talks, etc., followed by a Q&A session.

Regular Activities

- Sundays 10:30—12noon: Savitri Study Circle
- Tuesdays, Fridays, Saturdays 4—5pm: L'Agenda de Mère: listening to recordings with Gangalakshmi
- Tuesdays 4:30pm: Mudra-chi led by Anandi
- Thursdays 4—5pm: Videos of The English of Savitri led by Shraddhavan
- Saturdays 4:30—6pm: Satsang, led by Ashesh Joshi
- Exhibitions, Main Building and Office are open Monday to Saturday 9am—5pm
- Library and Digital Library is open Monday to Friday 9am—5pm

Everyone is welcome

Submitted by Dhanalakshmi for Savitri Bhavan Team

DREAM DIVINE SERIES 'Matrimandir—The Twelve Gardens'



A recorded Presentation by Marie—2011 Wednesday, 31 May, 4:30—5:30pm @ Sangam Hall, Savitri Bhavan

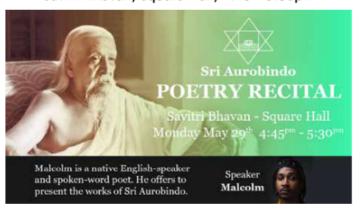
Directed especially at newcomers, Savitri Bhavan has launched a project called 'The Dream Divine Series'. The goal of the project is to make newcomers understand the Aims and Ideals of Auroville, learn about the Life and Works of Sri Aurobindo and The Mother, and the Integral Yoga.

There will be a weekly session every Wednesday 4:30—5:30pm. The series will include presentations, films, talks, etc., followed by questions and answers.

Everyone is welcome

Thank you, Dhanalakshmi, for Savitri Bhavan Team

POETRY RECITAL Savitri Bhavan, Square Hall, 4:45—5:30pm



Dear lovelies, this Monday at Savitri Bhavan, Malcolm offers to present the poetic works of Sri Aurobindo. He is a native English-speaker and spoken-word poet.

The programme will be in the Square Hall from 4:45pm until 5:30pm. All are welcome.

Musicians who play meditative music and would like to participate are encouraged to attend—I'll have my kalimba. See you there.

Peace, Love & Soul, Malcolm

SRI AUROBINDO CENTRE FOR ADVANCED RESEARCH



Sri Aurobindo Centre for Advanced Research



(SACAR), Pondicherry

Organizes a 5 day in-house immersive Retreat

Paripoornata

14-18 June

Journey towards Perfection: the four-fold development Through Self-reflective readings, Interactive sessions, Group Activities, Individual exercises, one night stay at Auroville, Nature walk and many more.

Course Fee: Towards contribution, please ask for details.

- For registration and further details contact: 9640768561
- · Last Date of Registration: 30 May, 2023

Venue: SACAR, 39 Vanniar Street, Vaithikuppam, Puducherry With many thanks, Anandi, Progress

JOURNAL, BHAVISHYATE 4 Dedicated to Sri Aurobindo

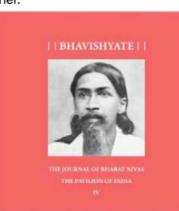
The Sri Aurobindo Centre for Studies, Bharat Nivas is glad to announce the availability of the Journal, Bhavishyate 4—Dedicated to Sri Aurobindo.



It explores, through his own words, His Action while clarifying some common misunderstandings about the work of Sri Aurobindo and The Mother.



Fergussens is synthesis of pair generalized in Pair generalized in Pair generalized in the Section of the Secti



Please note, The Journal is available both in hard copy and in digital format.

- The printed version (Hard copy) can be requested/collected against a small contribution from Sri Aurobindo Center For Studies, Bharat Nivas
- For Soft Copy (pdf version) please email your request to us at bharatnivas@auroville.org.in

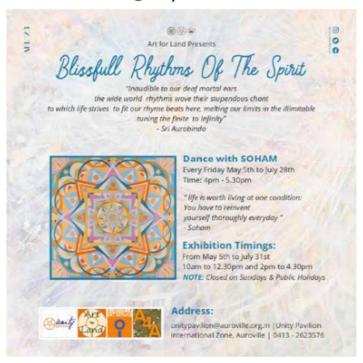
Regards, Vani, BN Culture Team

ART FOR LAND PRESENTS Blissful Rhythms of the Spirit

5 May to 31 July, 10am—12:30pm and 2—4:30pm

Dance with Soham

5 May to 31 July, Every Friday, 4—5:30pm @Unity Pavilion



NOTE: Closed on Sundays & Public Holidays

'Inaudible to our deaf mortal ears the wide world rhythms wove their stupendous chant to which life strives to fit our rhyme beats here, melting our limits in the illimitable tuning the finite to infinity' Sri Aurobindo

- Life is worth living at one condition: You have to reinvent yourself thoroughly everyday
- Lose yourself in the ineffable beauty of the stars

Soham

THE ARTS



EDUCATION

AUROVILLE LIBRARY SUMMER TIMINGS

Starting on Monday, 1 May to 30 June, our new opening times will be as follows:

1 May to 30 June Timings

- Monday—Saturday: 9am—12:30pm
- Tuesday, Thursday & Saturday: 4—6:30pm
- Monday, Wednesday & Friday afternoons closed



Katherine for Auroville Library 0413 2622 894, avlib@auroville.org.in Website: library.auroville.org.in/

AUROVILLE INSTITUTE OF APPLIED TECHNOLOGY

Auroville Institute of Applied Technology is offering Aurovilians and the youth from the Bioregion an opportunity to join a Bachelor Degree course (B.Voc.) affiliated with Pondicherry University in following subject:



- Software Development & Machine Learning
- Green Energy and Electric Systems
- Production Technology

These courses are skill oriented and not certificate oriented. You will learn from the people and practice at Auroville units. These courses are conducted in small classes (25-30) students. and are of 3 years duration. During this course, they are entitled to get a Diploma Certificate after 1 year and an advanced Diploma certificate after 2 years.

- Eligible are students who have completed +2 or equivalent courses.
- Students who have passed 10th with min. 50% marks should join 1st the ITI certificate course of 2 years duration. 10th +2 years ITI with an equivalent certificate are also eligible to join a B.Voc. course.
- Aurovilians Kids will get a 10% discount on College fees.

For more Information please contact

- 8903166923 or 0413 2980040
- or visit our campus in Irumbai.

Dr. Sanjeev Ranganathan & Lavkamad

HEALTH CARE

MAATRAM WILL STOP OCH TILL END OF JUNE

OCH (Open Consultation Hour)

For appointments please

Message or call: 90877 09434

Email: <u>maatram@auroville.org.in</u>

Website: <u>maatram.org.in</u>

Location: Mitra Youth Hostel near Town Hall.

Warmly, Megha for Maatram

ACTIVITIES

MUD 3D PRINTING WORKSHOP

3 June

Minvayu FabLab is offering a mud 3d printing workshop to those interested in sustainable building, parametric 3d modeling, earthen architecture, engineering and low cost housing.

This is a one day course suitable to anyone interested in this new and upcoming technology.

> Minvayu3d@gmail.com Thanks! Jorge



HELP NEEDED

ENLIGHT Social responsibility outreach initiatives



To provide meaningful and mutually beneficial opportunities to share knowledge, exchange ideas, consider practice, discuss challenges, generate learning and build connections.

Amantran Agaman

—which is welcome and begins as its endeavor to facilitate understanding of the bio region villages their communities and culture. By framing the experiences in a language allowing visitors and guests to understand local customs and traditions. Design and deliver peer and collaborative continuous learning relationships as part of human interactions for Inclusive Growth. Facilitators being the youth of the local villages through experience sharing and activities.

Bringing social and economic benefit in an inclusive, sustainable and people-centered way. Focused on people-centered and locally-led approaches driven by inclusivity of individuals and communities. Activities and learning being co-created, developed and delivered by, with and for the people, communities, practitioners, organizations and decision-makers.

Kalai marrum kaivinai

—is a service that has for its objective to aid and assist the underprivileged but hard-working bioregion village artisans and craftsmen in a growing technology run and industrialized world to key their arts and crafts to continue in continuity. KMK is a bridge of contact for all contributors to contribute to their upliftment and respectful livelihood. Ensuring continuity of their valuable and rich knowledge and experience as a blessing and boon from them as a community activity for the village's growth and development.

- Mentoring local village folk to build and grow their concepts and ideas, live their goals and dreams.
- Hand Holding to implement tools, technologies, procurement and marketing activities.
- Eco-system to interact with peers to share expertise and experiences together to grow opportunities.

Weaves for Dreams

—is a social initiative by women for women. A nation achieves development via women's empowerment and is possible only through associating them with self-employment, but it is not an easy task for village and tribal women. They have to depend on others for their dreams and it keeps them backward. The goal of Weaves for Dreams is to provide a platform for women to weave their own path to self-emancipation through skillfulness and working their skills to economic and financial stability.

- All of the women will have increased their basic knowledge on clothing activities like drafting, knitting, darning, cutting and stitching new garments.
- They will have gained the skill of tailoring which helped them to earn a decent amount of money for their livelihood lifelong.
- This training course will give all these women a sense of self-reliance that they shall have not to be dependent on anyone for money.

Tamizh Consciousness

— at its simplest, is sentience and awareness of internal and external existence. Tamil' means 'sweetness' and 'Culture' has been defined as 'sweetness and light'. 'Tamil' and 'Culture', therefore, make a most graceful combination both in Language and Life. Culture has been defined as a 'way of life', as 'sweetness and light', as 'activity of thought and receptiveness to beauty and humane feeling'. Imbibing Tamil tradition and culture to the youngsters, to sensitize young minds on the rich legacy left back by their ancestors.

For the future generations to take pride in its land and its rich language and culture. Be proud of displaying our cultural richness to people of other states. Share with our fellow members that Tamils were a pioneer in all the forms of sciences, be it medicine, astrology or food habits. Our past generations knew that Music has a very deep connection with sound health; they used 108 musical instruments to facilitate good health and well-being using sound as a medium.

- Creating awareness programmes official and school level programmes.
- Designing and conducting cultural programmes at community as well school level.
- Establishing cultural societies at the school level for educational development.
- Organize competitions and conscious circles of learning.

Your support and donations

— will aid in developing the local communities which is the main goal of conscious tourism.

https://auroville.org/page/donate-from-india

Kindly contact us at the following email ID before making your contributions

For Enlight Team, Arun, Anand, Balaji, enlight@auroville.org.in

Looking for an Exhibition Space

I have been working on a series of beautiful, inspiring collages, which I would like to share with the community. Kindly contact me if you can offer a free public space for an exhibition.

With gratitude, Soham

Seeking a Place to Stay in Vienna

My name is Bernardo. I'm Aurovilian. I have been living in Auroville since 2019. I'm working in Pitanga as a Thai Yoga masseur. I was also working in Auro Orchard and Evergreen Forest.

I'm a dancer and I'm going to be in Vienna Austria doing teacher training in inclusive dance and Therapeutic movement. A method of inclusive way of dance called DanceAbility, for



people with or without disabilities. After this training I want to come back to Auroville in September and start a project for the community and with local populations. To create spaces to express thought in the body in a safe space of playfulness and creativity. Oriented in performances and connecting disabilities and see them in a different way. Unify us though movement.

I'm looking for someone that lives or knows someone in Vienna, Austria. I'm.looking for a place to stay from 27 June to 28 July. I have a low budget that's why I'm reaching all of us with this message.

- My contact number: +919626384416
- soysemillaresonante@gmail.com

Hope that magic will happen ... oh it's happening right now

AVAILABLE

Vivo and Fusion Tablet Available

Used Phone Vivo Y91i (Ocean Blue, 2GB RAM, 32GB Storage), android version 8.1.0 processor 2.0 GHz Octacore with charger, case and screen guard. Few scratches, but otherwise functioning regularly. Purchased in sept 2020

Used Tablet FUSION5 4G Tablet (2GB RAM, 32GB Storage, Wi-Fi + 4G LTE + Voice Calling) (White, 10.1 Inch) 25.65 CM with charger and case and screen guard. Android version 8.1.0, Purchased on 01-08-2022



dhitika_no1@yahoo.co.in, 974231653 Anarjyoti

LOST AND FOUND

Found Two Keys

Two keys with S and heart in holder found in Certitude area.

WA 9585835386.

Thanks, Kannan



FOODS, GOODS AND SERVICES

GUEST REGISTRATION SERVICE Summer Schedule

Guest Registration Service at Town Hall will be

- open ONLY in the mornings during the month of June 9:30—12:30, Monday—Saturday
- closed in the afternoons.

Guest Registration Service Team, Visitor Center, grs@auroville.org.in,

+91 413 2622704, 2623449, Raji

LITTLE OAK BY BERNARD LEACH, the GodFather of craft potters

Note From the Editors

Founded in 1920 by Bernard Leach and Shoji Hamada, the Leach Pottery, St Ives, is among the most respected and influential potteries in the world.

The Leach Pottery is considered by many to be the birthplace of British studio pottery. One of the great figures of XX century art, Bernard Leach played a crucial pioneering role in cre-



ating an identity for artist potters across the world.

Bernard Leach has had a profound influence on the birth of ceramics in Auroville.

CAFETERIA AT VISITORS CENTRE & THE DOSA CORNER



will both be closed

Monday, 29 May—Friday, 2 June

The Cafeteria at Visitors Centre and the Dosa Corner will both be closed from Monday, 29 May to Friday, 2 June included, for repairs and maintenance as well as a welcome break. Sorry for any inconvenience caused.

Your Cafeteria and Dosa Corner team, Thanks, Nicole

SAVI HAVING SUMMER BREAK



Two weeks: 22 May—5 June

Dear Community, Savi will be having its summer break for two weeks starting from 22 May.

We'll be open from the 5 June.

Regards, the Savi team

FREE STORE SUMMER HOURS

Dear Aurovilians & NewComers,

 the Free Store will be open Monday to Saturday in the mornings only from 9am to 12:30pm, for the months of May and June 2023.

Please bring the clothes in good condition and clean. We request you to drop your things during opening hours only.

A few times we found the clothes soiled by some pets or even didn't get the dropped things at all.

Thank you for your collaboration!

Kamala & Vijaya

LATEST NEWS FROM INSIDE INDIA—TRAVEL SHOP

Due to the road construction you can only reach us via the Garden Entrance of Kalpana opposite Humanscapes

 Our e-mail address has changed to <u>travelshop@inside-india.com</u>, landline 2623030



Mr. Ganesh our Travel Consultant

- Will be at our Kalpana office from 10am—4pm Monday to Friday. Saturdays only on appointment.
- He can also be contacted anytime +91 9894598686, phone or WA
- or by email: <u>travelshop@inside-india.com</u>
- Lufthansa starts daily operation of Boeing 747-800 from Bengaluru to Frankfurt effective 2 June 2023
- Air India has direct (dream liner aircraft) flights from Delhi—Amsterdam from 11th June onward, 4 flights weekly—Monday, Wednesday, Friday, and Sunday

Flights from Chennai

- Etihad has special fare to London, Frankfurt, Milan and Amsterdam
- Air Vistara offers fare to London, Frankfurt
- Srilankan, KLM, Air France competitive fares are available to Paris
- · Qatar airways has offers to Milan
- Qatar airways pleased to announce:
 - 4 weekly flights to Nice starting from 9 May 2023.
 - 4 weekly flights to Lyon starting from 3 July 2023. Resumption of daily flights to Birmingham starting from 10 July 2023.
 - And greater connectivity with flights to Lyon via Doha.
 - They can also rediscover Birmingham in England and Nice in France as we resume flights to these amazing destinations and provide you with greater connectivity across our network. You can book by 20 April 2023 for travel until 30 November 2023 and save up to 10%* on business class and 10%* in economy class for travel to Nice.
- Sri Lankan airlines offer flights to Seoul from Chennai in Economy class, flights are weekly two days Tuesday and Sunday and weekly three days on Monday, Wednesday and Friday From Chennai to Narita also.

Keep all Covid vaccination documents as some countries are again requesting to present them. This could be even the case while returning to India. Keep in mind that one Indian state has introduced wearing masks in public spaces and Kerala is recommending it too.

Joster

POUR TOUS WATER Free Service To The Aurovilians



Dear Friends, Pour Tous Water provides free service to the Aurovilians as part of the prosperity vision (service for all).

We would like to express our gratitude to the BCC, which is supporting the budget to cover the running costs of Pour Tous Water.

The service and labor is free. If material is necessary for your work, the city service advances it, and you are paying to the collection account, which is going back to City Services only to cover the material cost.

Pour Tous Water would like to work with you in collaboration on transparency and accountability. All service transactions are through Financial Service accounts, we do not handle cash for the services and appreciate you helping us with this. Pour Tous Water keeps plumbing materials on hand for emergencies to save money on petrol and avoid time-consuming round-trips to the store.

 For plumbing and water works, please contact us at Pour Tous Water's office numbers: 2622899, 9843644308, and ptw@auroville.org.in.

> Sincerely, Grace, for Pour Tous Water

POETRY

0

The force that through the green fuse drives the flower Drives my green age; that blasts the roots of trees Is my destroyer.

And I am dumb to tell the crooked rose My youth is bent by the same wintry fever.

The force that drives the water through the rocks Drives my red blood; that dries the mouthing streams Turns mine to wax.

And I am dumb to mouth unto my veins
How at the mountain spring the same mouth sucks.

The hand that whirls the water in the pool
Stirs the quicksand; that ropes the blowing wind
Hauls my shroud sail.

And I am dumb to tell the hanging man How of my clay is made the hangman's lime.

The lips of time leech to the fountain head; Love drips and gathers, but the fallen blood

Shall calm her sores.

And I am dumb to tell a weather's wind How time has ticked a heaven round the stars.

And I am dumb to tell the lover's tomb How at my sheet goes the same crooked worm.

Dylan Thomas

00

No Bell, No Sound

Vajra and Bell:

Great Bliss and Emptiness.

Emptiness is not nothingness.

Emptiness is phenomena lacking inherent existence.

No bell, no sound.

No Source, no cosmos.

As Above, so below.

In the seeker hides the Sought.

We are That:

Satchitananda

The Great Bliss,
The Existent Consciousness-Force,
The Embodied Ananda,
The Delight of the Infinite.

Conscious now becomes the updation, Fast-forwarding the evolution, In the physical the salvation.

On Earth emerging soon:

The Divine Manifestation.

Zech, 2023.05.20

VOICES AND NOTES

ERRATA



In our Last Issue Issue #975—May 18, 2023 we published an Article by Satprem, entitled 'Progress On The Crown Road' which included the Earth Institute logo.

However Satprem did not request the Logo to be added to the article. We therefore apologize for this indiscretion

The Editors of N&N

ECOSYSTEM

In Aspiration community I lived for about 30 years, I arrived in 1991 from the Soviet Union. I had some knowhow. Once I sat in the dining room with tea. Kalyani, a French woman, passed by near to me. I raised my cup of tea and said: "A votre sante" (for your



health). She answered: "No, à ta santé". What is the difference? À votre santé is plural, polite, officiale. It is good for France. À ta santé is singular, friendly, and simple. It is better for Auroville.

Kalyani planted a tree in Aspiration between kitchen and dining room. A common name of it is Kadam, botanical name Anthocephalus cadamba. It is from Greek words: anthos—flower, kephale—head. According to the Mother, flowers of the tree have a spiritual name: Supramental Sun. In the commentary it says, we aspire that its rays may illuminate and transform us.

About three days of the year the tree produces the flowers—like the gold balls with a nice aroma. A lot of different insects gather in that time with the great musical sounds. Relations between trees and insects are win-win, useful for both sides.

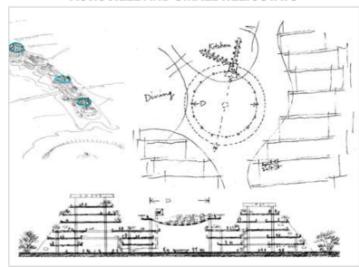


Not far from the kitchen there is another tree with common name red bead wood, botanical name is Adenanthera pavonina. Its seeds are bright red, sometimes they are numerous under trees. Children like to collect them.

Near this tree there is a house, a lady from Korea lived in it. She was a quiet positive person but one morning I was near her house and she was running to me with a loud cry: "Help! Help!" I understood that it happened something awful but in her bathroom I found a small snake, perhaps not venomous. Some people are very afraid of snakes!

Boris.

AUROVILLE AND SMALL HELIOSTATS



Cities and towns have high densities of people, associated habitats, and consumption of energies. Solar energy concentrators can deliver increased temperatures and therefore increase energy potential and applications (cooking, etc.). Towns in the sunny high-beam radiation tropics and solar concentrators can fit together but require special design, installation and care for safe operation. Small Heliostats CSP Systems on Long-Span Hanging Roofs are suggested for urban design consideration in Auroville.

Goodman, Joel H., 'Small heliostats CSP systems on long-span hanging roofs', Journal of Green Building, Vol. 14, number 2, Spring 2019, p219-242.

Dr. Gerhard Weinrebe, Schlaich Bergermann und Partner, had a July 2003 discussion with Mr. Bergermann, together with Prof. Schlaich about the small heliostats tower(s) system on long-span hanging roofs with the two-way cables shell structural system and a result was: '... a large (>200m diameter) concrete shell roof with micro-heliostats is feasible from a constructional point of view...'(Weinrebe 2003).

Weinrebe, Gerhard, Schlaich Bergermann und Partner, BI heliostats with long span hanging roof, email July 7, 2003.

loe

WHERE ARE WE?

Here is where we are:

The World of Mind (mental)

Mental and Supramental (beyond mind) consciousnesses are ways of being.

The Supramental being sees things as they are.

The mental being sees things as they "should" be, "supposed to be", imposing something unreal to the Real, creating an illusion, acting on that illusion and experiences the karmic effects of that illusory perception-action. It has been since the beginning of this particular mental spacetiming. That is why this mental world is called a falsehood. An undivine neighbourhood.

And why is it that way? It is just so. A Lila. A Play of the Supreme. A holographic multidimensional cosmic game of hide-and-seek.

But as it is based on "should", then there are limitless "coulds". Possibilities of all sorts. Endless.

And as the old one with an apex species the human is not anymore fun as it has become gruesome, another possibility is a complete reprogram: a Life Divine, which fully since nineteen-fifty-six has already begun.

Unstoppable.

"It is DONE."

And so We the exponentially increasing few, continue on to create the new: a New World based on the seeded, Supremely decreed Vision-Goal of the Double Avatar of the Future, Sri Aurobindo and the Mother:

'Man is a transitional being...'

'The whole earth must prepare itself for the advent of the new species, and Auroville wants to work consciously to hasten this advent.'

And as you can see, We are continuing with the building of a City. A City of Dawn, a cradle for the transitional beings, willing servitors of the Divine Consciousness-Force, working towards the emergence of the Supramental beingness.

And in whose womb is happening this metamorphic birthing? Within no other than Bharat the Goddess Mother.

On this seventh Bhumi, on this blessed marvelous Earth emerging soon...

A Life Divine, Zech, 2023.05.22

THE LIFE DIVINE

"Lastly, to be fully is to have the full delight of being. Being without delight of being, without an entire delight of itself and all things is something neutral or diminished; it is existence, but it is not fullness of being. This delight too must be intrinsic, self existent, automatic; it cannot be dependent on things outside itself: whatever it delights in, it makes part of itself, has the joy of it as part of its universality. All undelight, all pain and suffering are a sign of imperfection, of incompleteness; they arise from a division of being, an incompleteness of consciousness of being, an incompleteness of the force of being. To become complete in being, in consciousness of being, in force of being, in delight of being and to live in this integrated completeness is the divine living.

But, again, to be fully is to be universally. To be in the limitations of a small restricted ego is to exist, but it is an imperfect existence: in its very nature it is to live in an incomplete consciousness, an incomplete force and delight of existence. It is to be less than oneself and it brings an inevitable subjection to ignorance, weakness and suffering: or even if by some divine composition of the nature it could exclude these things, it would be to live in a limited scope of existence, a limited consciousness and power and joy of existence. All being is one and to be fully is to be all that is. To be in the being of all and to include all in one's being, to be conscious of the consciousness of all, to be integrated in force with the universal force, to carry all action and experience in oneself and feel it as one's own action and experience, to feel all selves as one's own self, to feel all delight of being as one's own delight of being is a necessary condition of the integral divine living."

Sri Aurobindo, The Life Divine, p.1061-1062 Submitted by Soham

CLASSES, WORKSHOPS AND HEALING ARTS

NEEDED SHIATSU MODELS!

4 to 11 June 2023, mainly times after 3pm, @ Budokan, Dehashakti.

Always wanted to check out Shiatsu? Shi-atsu, this therapeutic 'thumb pressure' touch which is so much more than that!

Save dates and times, connect with us before the training and we'll invite you for your special taste of Shiatsu.



Many models needed! Spread the word! Please come in comfortable and flexible clothes. Shiatsu is practiced on the mattress on the floor with a clothed body. Let us know any health issues that you are facing in case there are any.

- For any questions and registration: Ulrike Urvasi 9751513906 (WA, Signal, Telegram)
- mothersworkforTheMotherswork@gmail.com

Ulrike

QUIET HEALING CENTER



www.quiethealingcenter.info/quiet@auroville.org.in

+91 9488084966 mob. & WA

Pregnant Women Classes w/Appie & Friederike

Monday 29 May 2023, 9:30—11am

Experience the relaxing and connecting benefits of floating in warm water. You are invited to come with or without your partner or birth-attendant.

Submitted by Guy

CINEMA

REAL SITES TO CINEMATIC SPACES

- 27 & 28 May, 14:30—18:30 IST Online.
- Analyzing the mechanics of spatial constructs in cinema...
- With Deb Kamal Ganguly





This short course will look into the mechanics of creating / constructing a 'cinematic space' out of a 'real site'. Unlike studio-set films which create cinematic worlds in a completely controlled manner, in location based films / scenes, the real, regular sites can be dynamised into 'cinematic spaces' of extraordinary appeal.

There is a thrilling possibility to creatively rearrange, realign, relate the existential realities of the space to the 'cinematic affect' one wishes to arrive at.

We'll appreciate and analyze examples of remarkable spatial constructs in non-fictional as well as fictional film contexts.

To know more, please visit:

- https://filminstitute.auroville.org/2023/05/14/realsites-to-cinematic-spaces
- Or call +919969879319 WA & Telegram

Warmly, Richa, Film Institute @ Auroville

STUDY CIRCLE: SUMMER BREAK



We are taking A SUMMER BREAK. We will resume with our study circles from August 2023.



A CALL FOR SUBMISSIONS:

8th Edition of the Auroville Film Festival

The 8th Edition of the Auroville Film Festival will take place in January 2024. We are now open for submissions, films for the three local categories are

8TH F LM 24

to be entered using the form on our website https://film-festival.auroville.org/submissions-2024/:

- Films made by Aurovilians, bioregion residents or guests of Auroville
- Films made about Auroville / bioregion
- 3. Films made by students of Auroville / bioregion

Students 17yrs old and below are eligible to enter films in the students category. Films produced after August 15, 2021 are eligible for above 3 categories and the deadline for submission is September 15, 2023.

A note to prolific filmmakers: please do make a selection of the best! In this edition we have decided on screening only 30hrs of films in total (the last editions screened 50hrs!).

Entries for the international category of "Films that develop the theme of human unity" are to be submitted via https://filmfreeway.com/AurovilleFilmFestival

Films for this category need to be produced in January 2021 or later and the deadline for submission is July 31, 2023.

Please do submit your films to AVFF'24 and help spreading the word.

Submitted by AVFF team

ECO FILM CLUB

Every Friday at Sadhana Forest

Schedule of Events:

- 16:00 Free bus from Solar Kitchen to Sadhana Forest for the Tour
- 16:30 Tour of Sadhana Forest
- 18:00 Free bus from Solar Kitchen to Sadhana Forest for the Eco Film Club
- 18:30 Eco Film Club begins with 'previews' of short Sadhana Forest films
- 20:00 Dinner is served

21:15 Free bus from Sadhana Forest back to Solar Kitchen Before the movie, at exactly 16:30 you are welcome to join us for a full tour of Sadhana Forest and an update of our most recent work! After the film, you are welcome to join us for a free 100% vegan organic dinner! The bus service is operated by Sadhana Forest. For more information about the bus service please contact Sadhana Forest at 8525038274.

**Note: Families and children are welcome! Dinner for children will be served at 19:00:)

Friday, 2 June Protecting the Environment / Sustainability

2014 / 81 minutes / Susan Kucera



Explore the wisdom of the people who sustainably live off the land, as this poignant Documentary goes on a global journey to get insightful commentaries from the world's greatest scientists. Ponder what we can do to preserve our planet.

Submitted by Shek

FO N&N REGULAR ACTIVITIES, WORKSHOPS AND MORE

AWAKENING SPIRIT

AMPHITHEATRE-MATRIMANDIR

Every Thursday at sunset, 6 to 6:30pm weather permitting

Meditation with Savitri read by Mother to Sunil's music

Enjoy the beautiful open space, an immense sunset, heavenly music in the very center of Auroville!

Reminder to all

- The Park of Unity is a place for silence, meditation and inner work and is to be used only as such.
- We request everyone: please do not use cameras, Ipads, cell phones, etc. No Photos.
- Dear Guests, please carry your Guest Card with you.
 Access only for the Amphitheatre from 5.45 pm and until meditation ends.

Surya & Velmurugan

DAILY PEACE MEDITATION

- Unity Pavilion, Peace Hall
- Monday, Tuesday, Wednesday, Friday, 6 to 6:45pm
- Thursday, 5 to 5:45pm



Submitted by Arun

ACTIVITIES



SWIMMING CLASS

- Kids 6+ & Adults
- Courses from beginners to advanced level
- To book contact Mani, +91 8637633696

Submitted by Mani

TANGO DANCE CLASS

Every Monday, Cripa, 6:30pm

By apointment: Any time you can do class

Information

- Bring water bottle, socks
- Every month new batch beginner
- Minimum commitment 1month
- Listen more Tango music
- Dance Tango every day by booking for couples or Individuals
- Be on time

For bookings contact us:

+918637633696, bakisatadance@gmail.com. Mani



SALSA DANCE CLASS

- Beginner Class: Every Tuesday, 6:30pm
- · All Levels: Every Saturday, 6:30pm
- By appointment any time you can do Salsa, Bachata Kizomba
- Need To Bring: Socks, Water, Smile
- Venue: New creation Dance studio
- Register before coming: +918637633696



Mani, @bakisata_dance

FOOD FOREST TOUR



Every Sunday, 9:30—11:30, at La Ferme Community (5min from AV Bakery)

Sign up and infos: 9047421044 WA, Sarah

sarah@auroville.org.in, www.youtube.com/myfoodforest. Sara

ART WORKSHOPS BY SENIOR ARTIST ABHIJIT ROY

Every Thursday & Saturday, 2—4 pm Study Room, Sri Aurobindo Centre, Bharat Nivas

Come along and learn how to sketch paint & draw under following categories of your choice.

- Fundamentals of drawing (10 sessions)
- Duration: 2 hours
- Contribution required

For Registration please send an email to bharatnivas@au-roville.org.in



Regards, Vani, BN Cultural Team

TRIP TO THIRUVANNAMALI ORGANIZED



I am organizing a group trip to Thiruvannamali every Monday, leaving in the morning and back in the evening. If you wish to join us, please WA @ 9090819998.

Best wishes Arabinda

RUPAVATHI JOY ACTIVITIES

Bio-region Temple Tour

 Every Sunday, Wednesday and Saturday
 9am—12noon, starting from Solar Kitchen



Indian cooking

- Every Monday to Friday after 5pm at Creativity.
- Every Saturday and Sunday, 10am to 5 pm



Thai Massage

Every day at Creativity

If you want to participate, please book it in advance:

- +91 8098845200, Voice and WA
- rupavathijoy@gmail.com

Rupavathi Joy

HEALTH CARE

AURODENT DENTAL CLINIC



Dental Clinic Auromode, Auroville.

For Appointment please contact us

Email: aurodent@auroville.org.in

Phone: 0413-2622063 What's up: 9629199328

Working hours

Monday - Friday (9am - 1 pm & 2pm - 6 pm) Saturday (9am - 1pm)

Submitted by Sudha

HONORARY VOLUNTARY WORK

GAU SEVA AT SADHANA FOREST!



Your heartful service is needed at the Sadhana Forest Gaushala!

You are most welcome to join us on any day from 6am onwards, and have a vegan breakfast at 8:45am.

Breakfast is offered as a gift, and there is no need for prior booking. If you would like to contact us:

sadhanaforest@auroville.org.in, 8525038274WA or call 8122274924

Looking forward to welcoming you! The Sadhana Forest team, warmly, Shek

FOODS, GOODS AND SERVICES

AIRCON AIR CONDITIONER CLEANING



Aircon Clean offer comprehensive Air Conditioner cleaning service known as "Jet Service"

The Jet Service includes not only the filter cleaning but also indoor cooling coils, blades, and blower wheels, indoor cooler drain tray cleaning with AC jet pump.

After a cleaning service your air is fresh and healthy, reducing sickness and helping you live a healthier life. Save up to 30% power usage with a regular cleaning service.

Contact Aircon Clean now

9786809518, airconclean.av@gmail.com

Regards, Julien

150DPI DIGITAL SOLUTIONS

We are an activity registered under Kattida Kalai Trust. Our activity has been serving our community since 2006. We provide the following services:

- Website design and development
- Web and mobile applications
- · Domain and web hosting
- · Security and maintenance
- · Customised GST billing solutions
- UI and UX designs
- · Database Development and
- Management
- IT Training



For 150dpi, Sathish Arumugam, 8098144686 <u>hello@150dpi.com,</u> Surrender Community

RED DOT CAFE

Low carb office lunch. Vegan option available. Sign up for a lunch scheme, perfect for a Group lunch meeting.

- Red dot cafe at Upasana
- +91 9962197716, <u>upasanasred.cafe@gmail.com</u>



Uma

ARIMUGAM

Offers its services voluntarily in gratis (Pro Bono) for the below areas only to individuals/activities who/which do not have a qualified and experienced inhouse resource.

Focus:

- Startups: Products and Services
- Concept Note Writing, Project Proposal and Pre-defined Application Form Preparation, Financial Projections—Guidance only
- Email, Instagram, WA and LinkedIn Marketing, Business Communication and Content Writing—Guidance only

Contact Details: Surajkiran

98842 04918 Voice and WA, <u>surajkiranv@gmail.com</u>

Location: Auroville

Regards, Surajkiran

CLASSES, WORKSHOPS AND HEALING ARTS

MOTHER'S MUDRAS

Mother's Mudras in a Tai-chi Form.

 Every Tuesday at 4:30 at Savitri Bhavan.

On Sundays, after the Savitri reading, by 12, we practice also.



'A harmonious collective aspiration can change the course of circumstances'. The Mother

RELAXING OIL MASSAGE



- Relaxing oil massage to reconnect body and soul.
- · Full body, 90 minutes.

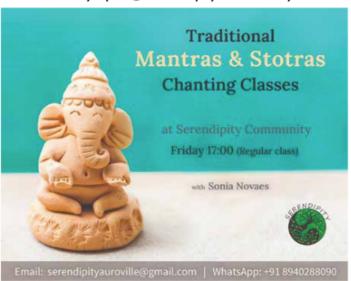
On donation for aurovilians, newcomers and volunteers.

 Someone could land me a MASSAGE TABLE to offer massages to an Aurovilian who had a stroke? For one or two months.

Best regards, Umberto, 7598331379

TRADITIONAL MANTRA& STOTRA CHANTING CLASSES

Friday 5pm @ Serendipity Community



Sincerely, Sonia, Om

1 YEAR PROGRAM IN VEDIC ASTROLOGY

I'm offering a new one-year program of Vedic astrology, designed to provide a comprehensive understanding of this ancient Indian system of astrology.

We will explore various aspects of Vedic Astrology, including the stories of the signs, mythology of the Nakshatras, using Avasthas and planetary strength, calculating and interpreting planetary periods, retreats on



the Navagrahas, and preparing for client sessions.

- Sessions will be online on Saturdays, starting from 3 June.
- Please message, if you're interested in joining. My email is <u>vikram@auroville.org.in</u> and WA +919843948288

Regards Vikram

ANGAM TREE: Holistic Wellness Initiatives

Angam Tree Wellness Hut has now with your grace grown into Angam Tree Varmam Wellness Research and Education



Centre a goal focused on Holistic Wellness. Our work in therapy and healing is focused on educating people to the importance of healthy living and conscious lifestyle. To together achieve a better and sustainable future in wellness for each individual and their communities.

Our community outreach and social responsibility work is fostering the following two initiatives:

Massage Therapist Development Program

It is a scholarship based platform for bio-region villages. Student Massage Therapists to learn more about the science and craft of therapy via research and becoming a more evidence-based practitioner.



This is an opportunity to not only create a posi-

tive change in our learning and growth as contributing individuals within our communities, but also for other us to create better outcomes in our practice and generational continuity of our knowledge and skills.

Siddha Holistic Wellness Circle



To ensure continuity of our Tree of traditional and ancient healing systems. The sharing circle is focussed on facilitating meaningful action oriented dialogue, discussions and continuous learning's on yoga, meditation, massage therapy and sound healing.

Based in the lineage of siddha varma, or the yoga of adepts using verb and verse. As siddha yoga practitioners, believe that the science and practice of yoga are more than just systems of creating optimal health in the physical body and but means to achieve absolute knowledge, indestructible body, mind and spirit.

Angam Arogyam Udyan

li is the sum total of the knowledge, skill, and practices based on the theories, beliefs, and experiences indigenous to different cultures, whether explicable or not, used in the maintenance of health as well as in the prevention, diagnosis, improvement or treatment of physical and mental illness. Approximately 50% of drugs currently used are derived from medicinal plants. More than 80% of the world population has made use of some form of traditional knowledge in health, as a form of self-care in health.

- They are more affordable than most conventional medicines.
- They are easy to obtain and don't require prescriptions.
- They strengthen the overall immune system.
- They can stabilize hormones and metabolism.
- They can be found in nature, so cost very little to harvest and produce.

Your support and donations will help young individuals to learn and develop the traditional craft of therapy. Ensuring them a means of livelihood and continuity of the healing arts generation to generation.

 You can learn more about us and our initiatives at https://angamtree.com/donate/

For Angam Tree, Raja, +91 9751395939

ACTIVITIES BY LAKSHMI

Sound Chakras Healing

Guided vibrational sound journey using (Tibetan Bowls and Tuning Forks therapy) to help to Reduce Stress, Anxiety, Depression, Insomnia, stimulating the natural cellular healing process, Rebalancing the emotions & Reconnecting with your true essence.



Benefits: Peace, Calm and Quietude, Mental clarity, Revitalizing, released, Improve sleep, Emotional and mental balance, Inner silence, Deep relaxation, Grounding,

- Individual session,
- Couple session,
- Small group (max 4 people)

Private Transformational Yoga Classes

- Transformational Yoga
- Pranayama to release Fear, Anger and Anxiety
- · Pranayama to achieve Peace, Calm, Quietude and Clarity
- Breathwork

Transformational yoga is inspired by Mother and Sri Aurobindo's Integral Yoga. is an innovative and highly effective yogic system, which synthesizes techniques of Hatha, Raja, Mantra, and Kundalini Yoga to bring about rapid transformation within the mind, body and spirit. Powerful, yet gentle, everyone can reap the benefits of this purifying yoga practice. Please contact for an Appointment:



- 8489764602 Lakshmi or
- lakshmiprem369@gmail.com

Activity offered under Abhaya, an activity of ASSA, under Artisana Trust

Lakshmi

ACCESSIBLE AV PUBLIC BUS

avbus@auroville.org.in, +91 94430 74825



Auroville TO PONDICHERRY

	Trip 1	Trip 2	Trip 3
Svaram Musical Center	7:00	8:50	14:50
Veite Guest house—Junction	7:02	8:52	14:52
Town Hall—Main Parking	7:06	8:56	14:56
Solar Kitchen (Round About)	7:10	9:00	15:00
Certitude Enterance	7:12	9:02	15:02
New Creation Road	7:17	9:07	15:07
SBI Bank—Kuilapalayam	7:19	9:09	15:09
ECR Junction—Aroma Guest House	7:23	9:14	15:14
Quiet Healing Center—Junction	7:26	9:17	15:17
Lotus Hotel—S.V Patel Salai	7:36	9:30	15:30
Ashram Road Junction	7:38	9:33	15:33
Ashram Dinning Hall	7:40	9:35	15:35



Pondicherry TO AUROVILLE

	Trip 1	Trip 2	Trip 3
Ashram Dinning Hall	8:00	12:15	18:10
Ashram Road Junction	8:02	12:17	18:12
Lotus Hotel—S.V Patel Salai	8:07	12:22	18:17
Quiet Healing Center—Junction	8:17	12:32	18:27
ECR Junction—Aroma Guest House	8:20	12:35	18:30
SBI Bank—Kuilapalayam	8:25	12:40	18:35
New Creation Road	8:27	12:42	18:37
Certitude	8:32	12:47	18:42
Solar Kitchen—Round about	8:34	12:50	18:44
Town hall Main Parking	8:38	12:54	18:48
Verite Guest House—Junction	8:42	12:58	18:52
Svaram Musical Center	8:45	13:00	18:55

- Monthly Rs.800: Aurovilians & Newcomers, No validity
- Student Pass Rs. 1200 per month/ 24 days round trip.
- Rs.150 Round trip for Aurovilians & New comers
- Rs.200 Round trip for guests.
- Bus passes are available at Auroville Vehicle Service, Town Hall, Auroville, 0413 2623302

EMERGENCY NUMBERS

Ambulance (24/7):

- Auroville—9442224680
- PIMS-0413 2656271

Security (24/7):

- Auroville Safety & Security Team—9443090107
- Auroville Police Station—0413 2677318
- Kottakuppam Police Station—0413 2236148
- Vanur Fire Station—0413 2677368

Health:

- Health Center—0413 2622123
- · Santé-0413 2622803
- Farewell—8903836246

Mental health 24/7 support:

Vandrevala Foundation +91 9999666555

India Emergency Response Service (24/7): 108



LIST OF ACRONYMS:

AVF (Auroville Foundation), **AVFO/FO** (Auroville Foundation Office), **GB** (Governing Board), **RA** (Residents Assembly)

The following groups are divided in two categories: The groups selected by the Residents Assembly through Community decision making Processes and the groups put together by the GB and the FO (not recognised by the Residents Assembly).

Working groups selected by the Residents Assembly:

Working Committee (WCom)

Funds and Assets Management Committee (FAMC)

Budget Coordination Committee (BCC)

Town Development Council / L'avenir d'Auroville (TDC)

Auroville Council (AVC)

Entry Service (ES)

FO selected groups:

Working Committee (WC)

Funds and Assets management Committee (FAMC)

Budget Coordination Committee (BCC / BCS)

Auroville Town Development Council (ATDC)

Housing Service (HS)

Land Board (LB)